

## SIEDEMDZIESIĄT Z HAKIEM

Organizator: FUNDACJA PROFIT MARATON  
Data: 2021-09-04  
Miejsce: Sobieszów  
Dystans: 71 km  
Klasyfikacja wg czasów netto.



## SIEDEMDZIESIĄT Z HAKIEM, OPEN

| M-ce | Nazwisko i imię         | Nr   | Klub  | M-scowość         | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------|------|---|-------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | DURKOWSKI MARCIN        | 1282 | TOPO ATHLETIC POLAND                        | OBORNIKI ŚLĄSKIE  | POL  | M30  | 1      | M 1  | 00:54:34 | 03:44:23 | 06:54:58 | 07:38:49.40 | 6:27   | 9.3  |
| 2    | SADOWSKI PAWEŁ          | 1263 | DRÄXLMAIER                                  | JANOWICE WIELKIE  | POL  | M30  | 2      | M 2  | 00:54:35 | 03:45:05 | 06:57:19 | 07:44:36.25 | 6:32   | 9.2  |
| 3    | GORZELAŃCZYK JAKUB      | 1279 | MKS SIECHNICE                               | GOLĘCZEWO         | POL  | M30  | 3      | M 3  | 00:54:37 | 03:49:25 | 07:09:41 | 07:55:53.85 | 6:42   | 9    |
| 4    | OTRĘBA MACIEJ           | 1288 |   | WROCŁAW           | POL  | M30  | 4      | M 4  | 00:54:38 | 03:58:48 | 07:19:17 | 08:07:36.80 | 6:52   | 8.7  |
| 5    | WOLEK SZYMON            | 1251 |   | TYCHY             | POL  | M30  | 5      | M 5  | 00:54:33 | 03:59:15 | 07:25:01 | 08:11:55.30 | 6:55   | 8.7  |
| 6    | SMOLIŃSKI MARCIN        | 1202 | BIEGIEM PO MARZENIA<br>TEAM/RUNPROGRESSTEAM | WROCŁAW           | POL  | M30  | 6      | M 6  | 00:58:03 | 03:59:06 | 07:35:52 | 08:26:30.45 | 7:08   | 8.4  |
| 7    | DEMBSKI PAWEŁ           | 1184 | PRZEDWOJEWSKI TEAM/RATE MY TRAIL<br>PRO     | SKÓRZEWO          | POL  | M30  | 7      | M 7  | 00:57:31 | 04:11:55 | 08:02:35 | 09:00:37.80 | 7:36   | 7.9  |
| 8    | WIECZORKIEWICZ ZBIGNIEW | 1257 |   | JELEŃ GÓRA        | POL  | M30  | 8      | M 8  | 01:05:34 | 04:32:35 | 08:16:54 | 09:08:37.10 | 7:43   | 7.8  |
| 9    | DAJEK ŁUKASZ            | 1286 | JEDZIBIEGAJ.PL                              | ŻYRARDÓW          | POL  | M30  | 9      | M 9  | 01:00:53 | 04:22:06 | 08:19:04 | 09:11:50.85 | 7:46   | 7.7  |
| 10   | KRÓLEWICZ MICHAŁ        | 1287 |   | SIECHNICE         | POL  | M30  | 10     | M 10 | 01:03:02 | 04:17:29 | 08:15:47 | 09:14:15.20 | 7:48   | 7.7  |
| 11   | FLOREK KATARZYNA        | 1177 |   | WROCŁAW           | POL  | K30  | 1      | K 1  | 01:02:05 | 04:25:03 | 08:21:53 | 09:15:28.65 | 7:49   | 7.7  |
| 12   | SKURATKO ADRIAN         | 1185 | RONAL POLSKA RUN                            | WAŁBRZYCH         | POL  | M30  | 11     | M 11 | 01:02:33 | 04:25:32 | 08:28:44 | 09:23:31.75 | 7:56   | 7.6  |
| 13   | ROSOLSKI DAWID          | 1291 |   | KOŚCIAN           | POL  | M30  | 12     | M 12 | 01:02:13 | 04:26:07 | 08:28:46 | 09:24:08.90 | 7:56   | 7.6  |
| 14   | MIŚTAK JOLA             | 1196 |   | OŁAWA             | POL  | K30  | 2      | K 2  | 01:03:38 | 04:31:30 | 08:31:58 | 09:24:53.80 | 7:57   | 7.5  |
| 15   | GREIVELDINGER GILLES    | 1278 | ŚWIAT BIEGACZA FEHLAU RUN TEAM              | KORNIK            | POL  | M50  | 1      | M 13 | 00:58:46 | 04:19:49 | 08:40:34 | 09:32:19.15 | 8:03   | 7.4  |
| 16   | BORUCKI JAKUB           | 1252 | 140MINUT.PL                                 | KATOWICE          | POL  | M30  | 13     | M 14 | 01:03:26 | 04:39:49 | 08:41:13 | 09:33:27.60 | 8:04   | 7.4  |
| 17   | ŁABUZ SYLWESTER         | 1103 | SOWIODZIKI                                  | DZIERŻONIÓW       | POL  | M30  | 14     | M 15 | 01:01:54 | 04:41:34 | 08:46:15 | 09:35:13.70 | 8:06   | 7.4  |
| 18   | GRABOŚ NINA             | 1260 |   | WARSZAWA          | POL  | K40  | 1      | K 3  | 01:04:32 | 04:49:16 | 08:46:05 | 09:39:15.55 | 8:09   | 7.4  |
| 19   | DASZEWSKI FILIP         | 1211 | FOXY FIT                                    | DĘBNO             | POL  | M18  | 1      | M 16 | 01:00:52 | 04:24:33 | 08:42:46 | 09:40:09.60 | 8:10   | 7.3  |
| 20   | WRÓBEL DAMIAN           | 1199 |   | WROCŁAW           | POL  | M30  | 15     | M 17 | 00:57:03 | 04:31:27 | 08:45:08 | 09:46:43.10 | 8:15   | 7.3  |
| 21   | BEDNARCZYK MAGDALENA    | 1235 | STRZEGOMSKA DWUNASTKA                       | STRZEGOM          | POL  | K30  | 3      | K 4  | 01:02:35 | 04:33:21 | 08:48:28 | 09:48:26.55 | 8:17   | 7.2  |
| 22   | MOJEK MICHAŁ            | 1229 |   | KARPACZ           | POL  | M40  | 1      | M 18 | 01:04:42 | 04:37:24 | 08:50:22 | 09:49:17.20 | 8:17   | 7.2  |
| 23   | WOJTASZEK JACEK         | 1168 |   | PIECHOWICE        | POL  | M40  | 2      | M 19 | 01:03:07 | 04:33:00 | 09:00:28 | 09:55:53.30 | 8:23   | 7.1  |
| 24   | ANDRUSZKIEWICZ PAWEŁ    | 1262 |   | JELEŃ GÓRA        | POL  | M30  | 16     | M 20 | 01:03:40 | 04:35:04 | 08:51:04 | 09:59:06.85 | 8:26   | 7.1  |
| 25   | RÓŻAŃSKI MATEUSZ        | 1152 |   | KATOWICE          | POL  | M40  | 3      | M 21 | 01:03:17 | 04:42:13 | 08:56:32 | 09:59:19.80 | 8:26   | 7.1  |
| 26   | OSTAPSKI KAMIL          | 1289 | VEGE RUNNERS                                | WROCŁAW           | POL  | M30  | 17     | M 22 | 01:07:12 | 05:03:39 | 09:15:21 | 10:03:38.95 | 8:30   | 7.1  |
| 27   | WŁODARCZYK JAROSŁAW     | 1164 | KARKONOSZ RUNNING TEAM                      | JELEŃ GÓRA        | POL  | M40  | 4      | M 23 | 00:58:46 | 04:31:23 | 08:53:21 | 10:05:21.50 | 8:31   | 7    |
| 28   | SUPRYN RAFAŁ            | 1243 |   | WARSZAWA          | POL  | M40  | 5      | M 24 | 01:04:51 | 04:48:58 | 09:12:18 | 10:11:52.40 | 8:37   | 7    |
| 29   | KAPŁOWSKI JERZY         | 1176 |   | WAŁBRZYCH         | POL  | M40  | 6      | M 25 | 01:13:42 | 05:09:16 | 09:14:57 | 10:18:34.10 | 8:42   | 6.9  |
| 30   | PAPROCKI KRZYSZTOF      | 1271 |   | POLKOWICE         | POL  | M40  | 7      | M 26 | 01:07:11 | 05:06:49 | 09:23:25 | 10:19:08.90 | 8:43   | 6.9  |
| 31   | CHOJNACKI LESZEK        | 1205 |   | WARSZAWA          | POL  | M40  | 8      | M 27 | 01:11:06 | 05:00:44 | 09:19:18 | 10:25:56.65 | 8:48   | 6.8  |
| 32   | SCHWITALLA ADRIAN       | 1206 |   | SIECHNICE         | POL  | M40  | 9      | M 28 | 01:05:13 | 05:01:47 | 09:32:36 | 10:31:47.10 | 8:53   | 6.7  |
| 33   | BEKAS MARCIN            | 1246 |   | KRAKÓW            | POL  | M40  | 10     | M 29 | 01:05:53 | 05:01:40 | 09:34:13 | 10:43:14.35 | 9:03   | 6.6  |
| 34   | KOZŁOWSKI LESZEK        | 1204 | LESZ NO LIMITS RUNNERS                      | LESZNO            | POL  | M40  | 11     | M 30 | 01:06:52 | 05:02:24 | 09:37:46 | 10:47:48.15 | 9:07   | 6.6  |
| 35   | SIOMA KONRAD            | 1167 |   | KRZYSZKOWO        | POL  | M30  | 18     | M 31 | 01:05:36 | 04:57:14 | 09:38:01 | 10:48:40.60 | 9:08   | 6.6  |
| 36   | JAN CZY TOMASZ          | 1225 |   | JELEŃ GÓRA        | POL  | M40  | 12     | M 32 | 01:06:29 | 04:58:11 | 09:41:22 | 10:49:15.05 | 9:08   | 6.6  |
| 37   | GURGACZ TOMASZ          | 1174 |   | BYTOM ODRZANSKI   | POL  | M40  | 13     | M 33 | 01:11:56 | 05:10:28 | 09:49:17 | 10:51:16.80 | 9:10   | 6.5  |
| 38   | DYSARZ PRZEMYSŁAW       | 1212 |   | POZNAŃ            | POL  | M40  | 14     | M 34 | 01:12:28 | 05:10:19 | 09:47:30 | 10:52:05.45 | 9:11   | 6.5  |
| 39   | KOMAR ANIA              | 1160 |   | BRZEZINKA ŚREDZKA | POL  | K40  | 2      | K 5  | 01:11:06 | 05:02:25 | 09:43:32 | 10:53:07.40 | 9:11   | 6.5  |
| 40   | KANIA MARCIN            | 1272 | GŁOWĄ DO CZOŁA                              | GLIWICE           | POL  | M18  | 2      | M 35 | 01:05:53 | 05:03:01 | 09:59:22 | 11:06:14.55 | 9:23   | 6.4  |
| 41   | GUZERA JUSTYNA          | 1250 | MATNER RUNNING TEAM                         | WROCŁAW           | POL  | K30  | 4      | K 6  | 01:08:38 | 05:07:51 | 10:01:50 | 11:12:39.40 | 9:28   | 6.3  |
| 42   | PIECUCH MARCIN          | 1242 |   | KRAKÓW            | POL  | M30  | 19     | M 36 | 01:05:52 | 05:23:29 | 10:09:59 | 11:15:47.35 | 9:31   | 6.3  |
| 43   | GALA GRZEGORZ           | 1276 | SCHENKER TECHNOLOGY CENTER<br>RUNNERS       | SOCHACZEWO        | POL  | M40  | 15     | M 37 | 01:17:28 | 05:54:13 | 10:24:07 | 11:15:51.45 | 9:31   | 6.3  |

## SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.

| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość           | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------------------|---------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 44   | BORDYCH ANDRZEJ               | 1201 | BOREL MARATHON TEAM          | KOŻUCHÓW            | POL  | M40  | 16     | M 38 | 01:08:52 | 05:12:01 | 10:07:49 | 11:17:33.80 | 9:32   | 6.3  |
| 45   | KALEMBA KAMIL                 | 1166 |                              | BRZEG DOLNY         | POL  | M30  | 20     | M 39 | 01:03:56 | 05:03:35 | 10:03:01 | 11:17:47.50 | 9:32   | 6.3  |
| 46   | KONIECZNA PAULINA             | 1274 | CH10                         | CHOSZCZNO           | POL  | K30  | 5      | K 7  | 01:09:55 | 05:18:55 | 10:07:59 | 11:18:00.30 | 9:32   | 6.3  |
| 47   | TENDAJ MAREK                  | 1207 |                              | JELENIA GÓRA        | POL  | M30  | 21     | M 40 | 01:02:57 | 05:07:45 | 10:07:08 | 11:19:42.35 | 9:34   | 6.3  |
| 48   | SAJDUDA ADAM                  | 1195 |                              | WROCŁAW             | POL  | M18  | 3      | M 41 | 01:11:09 | 05:04:08 | 10:10:13 | 11:22:11.40 | 9:36   | 6.2  |
| 49   | PIETRZAK JACEK                | 1181 | WAKA/JAWAKA                  | ŁÓDŹ                | POL  | M40  | 17     | M 42 | 01:16:53 | 05:32:51 | 10:17:30 | 11:22:28.30 | 9:36   | 6.2  |
| 50   | ŁASZCZYK NADIA                | 1198 |                              | REDA                | POL  | K30  | 6      | K 8  | 01:21:32 | 05:48:06 | 10:25:32 | 11:25:35.10 | 9:39   | 6.2  |
| 51   | SOBOLEWSKI DARIUSZ            | 1159 | BOREL MARATHON TEAM          | KOŻUCHÓW            | POL  | M30  | 22     | M 43 | 01:08:51 | 05:12:00 | 10:17:20 | 11:26:35.70 | 9:40   | 6.2  |
| 52   | SZCZERBAKOWICZ KAMIL          | 1108 |                              | NADOLICE WIELKIE    | POL  | M30  | 23     | M 44 | 01:12:34 | 05:14:42 | 10:20:21 | 11:27:58.45 | 9:41   | 6.2  |
| 53   | PIWKO MATEUSZ                 | 1220 |                              | SZCZECIN            | POL  | M30  | 24     | M 45 | 01:25:53 | 05:41:28 | 10:40:14 | 11:45:11.05 | 9:55   | 6    |
| 54   | KINCEL KRZYSZTOF              | 1259 |                              | POŁUPIN             | POL  | M50  | 2      | M 46 | 01:15:38 | 05:37:31 | 10:37:36 | 11:45:30.80 | 9:56   | 6    |
| 55   | GAWLIK MARCIN                 | 1219 | MKS SIECHNICE                | SIECHNICE           | POL  | M40  | 18     | M 47 | 01:15:43 | 05:26:26 | 10:38:22 | 11:48:59.70 | 9:59   | 6    |
| 56   | FRYBEL DAMIAN                 | 1270 | WOLSZTYŃSKA AKADEMIA BEGOWA  | OBRA                | POL  | M40  | 19     | M 48 | 01:11:13 | 05:40:07 | 10:38:57 | 11:50:33.10 | 10:00  | 6    |
| 57   | KŁYSZCZ MICHAŁ                | 1193 | IZBICKO W BIEGU              | OTMICE              | POL  | M18  | 4      | M 49 | 01:08:29 | 05:19:48 | 10:41:50 | 11:58:51.05 | 10:07  | 5.9  |
| 58   | STALA-KONDRAKIEWICZ KATARZYNA | 1189 | KB HARCOWNIK JELCZ-LASKOWICE | MŁOSZYCE            | POL  | K30  | 7      | K 9  | 01:15:34 | 05:46:44 | 10:48:06 | 12:04:17.45 | 10:12  | 5.9  |
| 59   | PIOTROWSKI MICHAŁ             | 1161 | #ŻEBERKATEAM                 | WROCŁAW             | POL  | M40  | 20     | M 50 | 01:09:44 | 05:28:10 | 11:02:09 | 12:10:21.00 | 10:17  | 5.8  |
| 60   | HELMECKI DARIUSZ              | 1284 |                              | WILCZYCE            | POL  | M50  | 3      | M 51 | 01:28:48 | 05:45:25 | 11:04:20 | 12:10:58.10 | 10:17  | 5.8  |
| 61   | TASZAREK JAKUB                | 1107 |                              | MROWINO             | POL  | M40  | 21     | M 52 | 01:09:57 | 05:42:26 | 11:06:04 | 12:11:44.50 | 10:18  | 5.8  |
| 62   | KIEDOWSKI ARTUR               | 1208 |                              | WROCŁAW             | POL  | M40  | 22     | M 53 | 01:30:39 | 05:59:47 | 11:06:04 | 12:12:49.80 | 10:19  | 5.8  |
| 63   | OSZCZĘDA KRZYSZTOF            | 1215 |                              | ŻORY                | POL  | M40  | 23     | M 54 | 01:15:53 | 05:53:59 | 11:07:09 | 12:14:27.25 | 10:20  | 5.8  |
| 64   | TYCZYŃSKI SŁAWOMIR            | 1217 | FILGROSOIL                   | LESZNO              | POL  | M40  | 24     | M 55 | 01:12:32 | 05:55:18 | 11:11:03 | 12:17:56.80 | 10:23  | 5.8  |
| 65   | NAGLAK ŁUKASZ                 | 1157 | KOŹMIN BIEGA ULTRA RUNNERS   | KOŹMIN WIELKOPOLSKI | POL  | M30  | 25     | M 56 | 01:16:35 | 05:55:59 | 11:18:02 | 12:24:25.00 | 10:29  | 5.7  |
| 66   | QUIRINI EWA                   | 1258 |                              | WARSZAWA            | POL  | K30  | 8      | K 10 | 01:23:33 | 06:05:19 | 11:18:16 | 12:26:34.20 | 10:30  | 5.7  |
| 67   | POLĄNSKI PAWEŁ                | 1178 | #KASZANIENAMOKA              | GDAŃSK              | POL  | M30  | 26     | M 57 | 01:22:43 | 05:59:34 | 11:17:03 | 12:30:12.20 | 10:33  | 5.7  |
| 68   | GRABOWICZ PAWEŁ               | 1241 |                              | SIEKIERKI WIELKIE   | POL  | M40  | 25     | M 58 | 01:22:41 | 05:53:23 | 11:22:33 | 12:30:26.05 | 10:34  | 5.7  |
| 69   | BOMBA ALINA                   | 1165 |                              | WROCŁAW             | POL  | K30  | 9      | K 11 | 01:13:57 | 05:50:20 | 11:27:44 | 12:37:38.50 | 10:40  | 5.6  |
| 70   | TOMASZEK SEBASTIAN            | 1104 |                              | BRZEZIŃKA ŚREDZKA   | POL  | M40  | 26     | M 59 | 01:15:25 | 05:52:52 | 11:23:38 | 12:40:21.50 | 10:42  | 5.6  |
| 71   | KALINA ANNA                   | 1290 |                              | WROCŁAW             | POL  | K18  | 1      | K 12 | 01:23:49 | 05:58:34 | 11:26:50 | 12:41:20.30 | 10:43  | 5.6  |
| 72   | TYLMAN PIOTR                  | 1183 | RUNDORFINA                   | CZAPLINEK           | POL  | M30  | 27     | M 60 | 01:10:54 | 05:42:29 | 11:26:42 | 12:42:55.50 | 10:44  | 5.6  |
| 73   | LEBODA KATARZYNA              | 1151 | WILD DOGS TEAM               | KATOWICE            | POL  | K30  | 10     | K 13 | 01:15:29 | 05:45:52 | 11:31:18 | 12:43:34.05 | 10:45  | 5.6  |
| 74   | CHOROSTKOWSKI BARTOSZ         | 1172 | CHATA BIEGACZA K34 ZAKOPANE  | WROCŁAW             | POL  | M30  | 28     | M 61 | 01:13:24 | 05:42:45 | 11:34:32 | 12:51:43.80 | 10:52  | 5.5  |
| 75   | SZARADOWSKI PIOTR             | 1256 | BIEGOWA ŚWIDNICA             | ŚWIDNICA            | POL  | M40  | 27     | M 62 | 01:21:22 | 05:58:03 | 11:37:56 | 12:54:43.85 | 10:54  | 5.5  |
| 76   | MEDEJSZO MARIUSZ              | 1261 |                              | NOWA SÓL            | POL  | M40  | 28     | M 63 | 01:10:11 | 06:04:03 | 11:40:22 | 12:54:44.90 | 10:54  | 5.5  |
| 77   | BUDYCH-GÓRZNA MAGDALENA       | 1105 |                              | GOWARZEWO           | POL  | K40  | 3      | K 14 | 01:12:16 | 05:58:50 | 11:37:03 | 12:57:25.90 | 10:56  | 5.5  |
| 78   | BRONIEWSKI PIOTR              | 1182 |                              | KUNOWICE            | POL  | M30  | 29     | M 64 | 01:16:24 | 05:46:05 | 11:41:22 | 12:59:18.65 | 10:58  | 5.5  |
| 79   | JASINIAK BARTOSZ              | 1190 |                              | SŁUBICE             | POL  | M30  | 30     | M 65 | 01:16:24 | 05:46:10 | 11:41:23 | 12:59:19.00 | 10:58  | 5.5  |
| 80   | MODLISZEWSKI DARIUSZ          | 1226 | ORANGE POLSKA                | SUCHY LAS           | POL  | M40  | 29     | M 66 | 01:11:54 | 05:59:38 | 11:46:52 | 12:59:19.15 | 10:58  | 5.5  |
| 81   | MATYSZKOWICZ JANUSZ           | 1233 | GONIMY                       | KĘTY                | POL  | M60  | 1      | M 67 | 01:19:25 | 06:22:45 | 11:46:31 | 13:00:05.95 | 10:59  | 5.5  |
| 82   | PIENIĘŻNY MAREK               | 1179 | KOŹMIN BIEGA                 | KOŹMIN WIELKOPOLSKI | POL  | M30  | 31     | M 68 | 01:16:37 | 05:56:32 | 11:40:39 | 13:00:23.25 | 10:59  | 5.5  |
| 83   | PARZONKA PAWEŁ                | 1265 | KS LENIWIEC                  | KĘPNO               | POL  | M40  | 30     | M 69 | 01:16:35 | 05:53:38 | 11:42:46 | 13:03:14.90 | 11:01  | 5.4  |
| 84   | GĄSZCZAK MARIUSZ              | 1170 | KS LENIWIEC                  | KĘPNO               | POL  | M40  | 31     | M 70 | 01:16:37 | 05:55:29 | 11:42:49 | 13:03:16.85 | 11:01  | 5.4  |
| 85   | ROGÓRZ ANDRZEJ                | 1173 | STOLFORM                     | WROCŁAW             | POL  | M40  | 32     | M 71 | 01:16:47 | 06:03:58 | 11:46:48 | 13:03:23.75 | 11:02  | 5.4  |
| 86   | ANTKIEWICZ KAMIL              | 1203 |                              | KOZIEGŁOWY          | POL  | M30  | 32     | M 72 | 01:15:41 | 05:51:54 | 11:46:54 | 13:04:09.05 | 11:02  | 5.4  |
| 87   | PUSZCZYKOWSKI GRZEGORZ        | 1154 |                              | INOWŁÓDZ            | POL  | M50  | 4      | M 73 | 01:15:48 | 05:57:15 | 11:50:07 | 13:06:01.30 | 11:04  | 5.4  |
| 88   | PORAJ PAWEŁ                   | 1269 |                              | CZĘSTOCHOWA         | POL  | M30  | 33     | M 74 | 01:28:16 | 06:26:06 | 11:50:05 | 13:06:07.05 | 11:04  | 5.4  |
| 89   | KOZŁOWSKI WOJCIECH            | 1171 |                              | LISÓWICE            | POL  | M50  | 5      | M 75 | 01:11:03 | 05:37:38 | 11:28:43 | 13:10:07.25 | 11:07  | 5.4  |
| 90   | DE ROSIER MAREK               | 1267 |                              | GDYNIA              | POL  | M18  | 5      | M 76 | 01:17:18 | 06:13:19 | 11:50:07 | 13:10:44.20 | 11:08  | 5.4  |
| 91   | SKORUPIŃSKA KATARZYNA         | 1101 | SKORUPKI                     | BOLESŁAWIEC         | POL  | K40  | 4      | K 15 | 01:13:48 | 05:58:35 | 11:50:10 | 13:13:07.30 | 11:10  | 5.4  |
| 92   | KOKOSZKA MARCIN               | 1237 | ONE ON ONE TEAM              | ZGIERZ              | POL  | M40  | 33     | M 77 | 01:20:22 | 06:16:13 | 12:00:59 | 13:14:42.75 | 11:11  | 5.4  |
| 93   | KOZIOŁ ARTUR                  | 1253 |                              | KRAKÓW              | POL  | M40  | 34     | M 78 | 01:19:52 | 06:30:12 | 12:05:39 | 13:16:35.95 | 11:13  | 5.3  |
| 94   | MILCZAREK DOMINIK             | 1275 |                              | KOZŁÓW BISKUPI      | POL  | M40  | 35     | M 79 | 01:17:30 | 05:56:07 | 11:46:54 | 13:19:47.75 | 11:15  | 5.3  |
| 95   | NAPIERAŁA KATARZYNA           | 1236 |                              | SUCHY LAS           | POL  | K40  | 5      | K 16 | 01:23:22 | 06:22:56 | 12:26:20 | 13:33:12.30 | 11:27  | 5.2  |
| 96   | WINCZURA LESZEK               | 1231 |                              | GDAŃSK              | POL  | M40  | 36     | M 80 | 01:29:20 | 06:47:47 | 12:25:24 | 13:34:13.20 | 11:28  | 5.2  |
| 97   | DAWIDOWICZ MARCIN             | 1222 |                              | OŁAWA               | POL  | M30  | 34     | M 81 | 01:15:54 | 06:07:58 | 12:15:57 | 13:36:27.75 | 11:29  | 5.2  |
| 98   | KNARA ADA                     | 1221 | TRI MISSION                  | OŁAWA               | POL  | K30  | 11     | K 17 | 01:15:56 | 06:08:16 | 12:16:34 | 13:36:28.20 | 11:29  | 5.2  |
| 99   | ROLLA DORIAN                  | 1268 |                              | WARZYMICE           | POL  | M40  | 37     | M 82 | 01:17:47 | 06:10:33 | 12:11:34 | 13:37:26.90 | 11:30  | 5.2  |
| 100  | ŁUSZCZ JANUSZ                 | 1238 | TŁUSTE KOTY                  | WROCŁAW             | POL  | M50  | 6      | M 83 | 01:13:32 | 06:04:21 | 12:20:09 | 13:45:29.80 | 11:37  | 5.2  |

**SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.**

| M-ce | Nazwisko i imię               | Nr   | Klub             | M-scowość       | Kraj | Kat. | M. kat | K/M   | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------|-----------------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 101  | ROZWADOWSKI ROBERT            | 1156 | DRUŻYNA SZPIKU   | SUCHY LAS       | POL  | M40  | 38     | M 84  | 01:20:12 | 06:17:34 | 12:33:57 | 13:58:58.65 | 11:48  | 5.1  |
| 102  | RYBCZYŃSKI PRZEMEK            | 1234 |                  | KRAKÓW          | POL  | M50  | 7      | M 85  | 01:17:16 | 06:33:36 | 12:46:41 | 14:06:39.45 | 11:55  | 5    |
| 103  | GŁADYSZ ROBERT                | 1266 | SCE24.PL         | BIELAWA         | POL  | M40  | 39     | M 86  | 01:17:18 | 06:33:38 | 12:46:49 | 14:06:40.20 | 11:55  | 5    |
| 104  | GENDVILAITE SONATA            | 1249 | #UNBREAKABLE     | VILNIUS         | LTU  | K40  | 6      | K 18  | 01:27:02 | 06:43:58 | 12:48:29 | 14:07:05.95 | 11:55  | 5    |
| 105  | HEŁMECKI MARCIN               | 1283 |                  | WILCZYCE        | POL  | M18  | 6      | M 87  | 01:28:18 | 06:24:04 | 12:40:36 | 14:07:27.75 | 11:56  | 5    |
| 106  | DRAŃKO PIOTR                  | 1188 |                  | KRAKÓW          | POL  | M30  | 35     | M 88  | 01:09:52 | 06:05:08 | 12:48:07 | 14:08:24.75 | 11:56  | 5    |
| 107  | MOLINSKA MARLENA              | 1285 |                  | WROCŁAW         | POL  | K40  | 7      | K 19  | 01:17:37 | 06:34:16 | 12:59:28 | 14:24:09.55 | 12:10  | 4.9  |
| 108  | ZACHEJA JACEK                 | 1227 |                  | LESZNO          | POL  | M40  | 40     | M 89  | 01:17:36 | 06:14:00 | 12:50:53 | 14:25:56.95 | 12:11  | 4.9  |
| 109  | KOŁBUC RAFAŁ                  | 1169 |                  | WROCŁAW         | POL  | M30  | 36     | M 90  | 01:27:42 | 06:46:28 | 13:17:02 | 14:53:43.35 | 12:35  | 4.8  |
| 110  | RZEMIŃSKI ROBERT              | 1106 |                  | JELENIA GÓRA    | POL  | M50  | 8      | M 91  | 01:21:45 | 06:37:43 | 13:30:39 | 15:00:13.90 | 12:40  | 4.7  |
| 111  | DEKIERT AGNIESZKA             | 1216 |                  | LUBIN           | POL  | K40  | 8      | K 20  | 01:23:57 | 06:54:15 | 13:29:52 | 15:02:34.65 | 12:42  | 4.7  |
| 112  | OCHNIO EWA                    | 1228 | DALEKA DROGA     | BOLESŁAWIEC     | POL  | K40  | 9      | K 21  | 01:30:11 | 06:50:56 | 13:37:04 | 15:07:26.00 | 12:46  | 4.7  |
| 113  | NOWAKOWSKI MIROSŁAW           | 1162 |                  | WIELEŃ          | POL  | M50  | 9      | M 92  | 01:28:56 | 06:55:18 | 13:37:32 | 15:07:27.50 | 12:46  | 4.7  |
| 114  | NOWAKOWSKI SŁAWOMIR           | 1239 |                  | HIPOLITÓW       | POL  | M40  | 41     | M 93  | 01:23:11 | 07:07:27 | 13:43:22 | 15:08:50.25 | 12:48  | 4.7  |
| 115  | PASIEKA TOMASZ                | 1194 |                  | MROCZA          | POL  | M40  | 42     | M 94  | 01:26:40 | 06:53:57 | 13:47:37 | 15:14:40.85 | 12:52  | 4.7  |
| 116  | ZYCH MARCIN                   | 1102 |                  | ŻARY            | POL  | M40  | 43     | M 95  | 01:16:00 | 06:07:58 | 13:36:06 | 15:15:51.10 | 12:53  | 4.7  |
| 117  | HOWIL WALDEMAR                | 1248 |                  | GRYFINO         | POL  | M40  | 44     | M 96  | 01:28:02 | 06:51:00 | 13:47:11 | 15:17:16.75 | 12:55  | 4.6  |
| 118  | KLUZA-HOWIL LILA              | 1247 | BIEGOWE KAIZEN   | GRYFINO         | POL  | K40  | 10     | K 22  | 01:28:04 | 06:50:51 | 13:47:06 | 15:17:17.60 | 12:55  | 4.6  |
| 119  | SZAJEK ARKADIUSZ              | 1254 | ARVATO S.C. REP  | POZNAŃ          | POL  | M30  | 37     | M 97  | 01:31:55 | 06:52:24 | 13:33:01 | 15:22:16.85 | 12:59  | 4.6  |
| 120  | KOZUBSKI MACIEJ               | 1244 | ARVATO S.C. REP  | ROKIETNICA      | POL  | M30  | 38     | M 98  | 01:31:55 | 06:50:54 | 13:32:08 | 15:22:17.60 | 12:59  | 4.6  |
| 121  | SZULC ADAM                    | 1232 | RADA PUCHACZY    | STRZEBIELINO    | POL  | M40  | 45     | M 99  | 01:28:21 | 06:47:48 | 13:48:02 | 15:23:09.80 | 13:00  | 4.6  |
| 122  | KŁÓSKA KATARZYNA              | 1281 | OSK RADAR        | PIECHOWICE      | POL  | K30  | 12     | K 23  | 01:18:48 | 06:41:41 | 13:35:45 | 15:23:18.85 | 13:00  | 4.6  |
| 123  | SYPIŃSKI KRYSZTOF             | 1158 |                  | POZNAŃ          | POL  | M40  | 46     | M 100 | 01:18:26 | 06:49:56 | 13:50:44 | 15:28:11.60 | 13:04  | 4.6  |
| 124  | STRZELECKI KRZYSZTOF          | 1192 |                  | WROCŁAW         | POL  | M40  | 47     | M 101 | 01:23:49 | 07:03:08 | 14:34:27 | 16:17:15.10 | 13:45  | 4.4  |
| 125  | MARCINIAK-HENC ANETA          | 1213 |                  | POZNAŃ          | POL  | K40  | 11     | K 24  | 01:28:14 | 07:28:47 | 14:43:29 | 16:29:41.00 | 13:56  | 4.3  |
| 126  | PLASZCZYK BARTŁOMIEJ          | 1218 |                  | GŁOGÓW          | POL  | M30  | 39     | M 102 | 01:26:55 | 07:22:57 | 14:43:39 | 16:29:50.35 | 13:56  | 4.3  |
| 127  | GARBACZ MAREK                 | 1191 |                  | OŁAWA           | POL  | M40  | 48     | M 103 | 01:23:46 | 07:06:16 | 14:59:05 | 16:45:25.80 | 14:09  | 4.2  |
| 128  | KAWAŁKO RYSZARD               | 1292 | WOLNY RYŚ *****  | LEGNICA         | POL  | M50  | 10     | M 104 | 01:25:08 | 08:04:46 | 15:09:28 | 16:45:58.35 | 14:10  | 4.2  |
|      | DZIĘCZKOWSKA-NIKLEWICZ JOANNA | 1175 | ROKIETNICA BIEGA | MROWINO         | POL  | K40  |        |       | 01:08:42 | 05:19:18 | DNF      | DNF         | -      | -    |
|      |                               |      |                  |                 |      |      |        |       | DNF      | DNF      |          |             |        |      |
|      | OLSZEWSKI MICHAŁ              | 1299 | MSPORTTEAM       | POLKOWICE       | POL  | M40  |        |       | 01:17:44 | 06:25:09 | DNF      | DNF         | -      | -    |
|      |                               |      |                  |                 |      |      |        |       | DNF      | DNF      |          |             |        |      |
|      | DĄBROWSKI MARCIN              | 1245 |                  | SIENIAWA ŻARSKA | POL  | M40  |        |       | 01:15:33 | 06:41:31 | DNF      | DNF         | -      | -    |
|      |                               |      |                  |                 |      |      |        |       | DNF      | DNF      |          |             |        |      |
|      | STOŁOWSKI ROBERT              | 1155 | AMICA            | WIELEŃ          | POL  | M40  |        |       | 01:28:58 | DNF      | DNF      | DNF         | -      | -    |
|      |                               |      |                  |                 |      |      |        |       | DNF      |          |          |             |        |      |

**SIEDEMDZIESIĄT Z HAKIEM, K-Open**

| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość          | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------------------|--------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | FŁOREK KATARZYNA              | 1177 |                              | WROCŁAW            | POL  | K30  | 1      | K 1  | 01:02:05 | 04:25:03 | 08:21:53 | 09:15:28.65 | 7:49   | 7.7  |
| 2    | MIASTAK JOLA                  | 1196 |                              | OŁAWA              | POL  | K30  | 2      | K 2  | 01:03:38 | 04:31:30 | 08:31:58 | 09:24:53.80 | 7:57   | 7.5  |
| 3    | GRABOŚ NINA                   | 1260 |                              | WARSZAWA           | POL  | K40  | 1      | K 3  | 01:04:32 | 04:49:16 | 08:46:05 | 09:39:15.55 | 8:09   | 7.4  |
| 4    | BEDNARCZYK MAGDALENA          | 1235 | STRZEGOMSKA DWUNASTKA        | STRZEGOM           | POL  | K30  | 3      | K 4  | 01:02:35 | 04:33:21 | 08:48:28 | 09:48:26.55 | 8:17   | 7.2  |
| 5    | KOMAR ANIA                    | 1160 |                              | BRZEZIŃSKA ŚRĘDZKA | POL  | K40  | 2      | K 5  | 01:11:06 | 05:02:25 | 09:43:32 | 10:53:07.40 | 9:11   | 6.5  |
| 6    | GUZERA JUSTYNA                | 1250 | MATNER RUNNING TEAM          | WROCŁAW            | POL  | K30  | 4      | K 6  | 01:08:38 | 05:07:51 | 10:01:50 | 11:12:39.40 | 9:28   | 6.3  |
| 7    | KONIECZNA PAULINA             | 1274 | CH10                         | CHOSZCZNO          | POL  | K30  | 5      | K 7  | 01:09:55 | 05:18:55 | 10:07:59 | 11:18:00.30 | 9:32   | 6.3  |
| 8    | ŁASZCZYK NADIA                | 1198 |                              | REDA               | POL  | K30  | 6      | K 8  | 01:21:32 | 05:48:06 | 10:25:32 | 11:25:35.10 | 9:39   | 6.2  |
| 9    | STALA-KONDRAKIEWICZ KATARZYNA | 1189 | KB HARCOWNIK JELCZ-LASKOWICE | MIŁOSZYCE          | POL  | K30  | 7      | K 9  | 01:15:34 | 05:46:44 | 10:48:06 | 12:04:17.45 | 10:12  | 5.9  |
| 10   | QUIRINI EWA                   | 1258 |                              | WARSZAWA           | POL  | K30  | 8      | K 10 | 01:23:33 | 06:05:19 | 11:18:16 | 12:26:34.20 | 10:30  | 5.7  |
| 11   | BOMBA ALINA                   | 1165 |                              | WROCŁAW            | POL  | K30  | 9      | K 11 | 01:13:57 | 05:50:20 | 11:27:44 | 12:37:38.50 | 10:40  | 5.6  |
| 12   | KALINA ANNA                   | 1290 |                              | WROCŁAW            | POL  | K18  | 1      | K 12 | 01:23:49 | 05:58:34 | 11:26:50 | 12:41:20.30 | 10:43  | 5.6  |
| 13   | LEBODA KATARZYNA              | 1151 | WILD DOGS TEAM               | KATOWICE           | POL  | K30  | 10     | K 13 | 01:15:29 | 05:45:52 | 11:31:18 | 12:43:34.05 | 10:45  | 5.6  |
| 14   | BUDYCH-GÓRZNA MAGDALENA       | 1105 |                              | GOWARZEWO          | POL  | K40  | 3      | K 14 | 01:12:16 | 05:58:50 | 11:37:03 | 12:57:25.90 | 10:56  | 5.5  |
| 15   | SKORUPIŃSKA KATARZYNA         | 1101 | SKORUPKI                     | BOLESŁAWIEC        | POL  | K40  | 4      | K 15 | 01:13:48 | 05:58:35 | 11:50:10 | 13:13:07.30 | 11:10  | 5.4  |
| 16   | NAPIERAŁA KATARZYNA           | 1236 |                              | SUCHY LAS          | POL  | K40  | 5      | K 16 | 01:23:22 | 06:22:56 | 12:26:20 | 13:33:12.30 | 11:27  | 5.2  |

**SIEDEMDZIESIĄT Z HAKIEM, K-Open c.d.**

| M-ce | Nazwisko i imię               | Nr   | Klub             | M-scowość   | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------|-------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 17   | KNARA ADA                     | 1221 | TRI MISSION      | OŁAWA       | POL  | K30  | 11     | K 17 | 01:15:56 | 06:08:16 | 12:16:34 | 13:36:28.20 | 11:29  | 5.2  |
| 18   | GENDVILAITE SONATA            | 1249 | #UNBREAKABLE     | VILNIUS     | LTU  | K40  | 6      | K 18 | 01:27:02 | 06:43:58 | 12:48:29 | 14:07:05.95 | 11:55  | 5    |
| 19   | MOLINSKA MARLENA              | 1285 |                  | WROCŁAW     | POL  | K40  | 7      | K 19 | 01:17:37 | 06:34:16 | 12:59:28 | 14:24:09.55 | 12:10  | 4.9  |
| 20   | DEKIERT AGNIESZKA             | 1216 |                  | LUBIN       | POL  | K40  | 8      | K 20 | 01:23:57 | 06:54:15 | 13:29:52 | 15:02:34.65 | 12:42  | 4.7  |
| 21   | OCHNIO EWA                    | 1228 | DALEKA DROGA     | BOLESŁAWIEC | POL  | K40  | 9      | K 21 | 01:30:11 | 06:50:56 | 13:37:04 | 15:07:26.00 | 12:46  | 4.7  |
| 22   | KLUZA-HOWIL LILA              | 1247 | BIEGOWE KAIZEN   | GRYFINO     | POL  | K40  | 10     | K 22 | 01:28:04 | 06:50:51 | 13:47:06 | 15:17:17.60 | 12:55  | 4.6  |
| 23   | KLÓSKA KATARZYNA              | 1281 | OSK RADAR        | PIECHOWICE  | POL  | K30  | 12     | K 23 | 01:18:48 | 06:41:41 | 13:35:45 | 15:23:18.85 | 13:00  | 4.6  |
| 24   | MARCINIAK-HENC ANETA          | 1213 |                  | POZNAŃ      | POL  | K40  | 11     | K 24 | 01:28:14 | 07:28:47 | 14:43:29 | 16:29:41.00 | 13:56  | 4.3  |
|      | DZIĘCZKOWSKA-NIKLEWICZ JOANNA | 1175 | ROKIETNICA BIEGA | MROWINO     | POL  | K40  |        |      | 01:08:42 | 05:19:18 | DNF      | DNF         | -      | -    |
|      |                               |      |                  |             |      |      |        |      | DNF      | DNF      |          |             |        |      |

**SIEDEMDZIESIĄT Z HAKIEM, M-Open**

| M-ce | Nazwisko i imię         | Nr   | Klub  | M-scowość        | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------|------|---|------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | DURKOWSKI MARCIN        | 1282 | TOPO ATHLETIC POLAND                        | OBORNIKI ŚLĄSKIE | POL  | M30  | 1      | M 1  | 00:54:34 | 03:44:23 | 06:54:58 | 07:38:49.40 | 6:27   | 9.3  |
| 2    | SADOWSKI PAWEŁ          | 1263 | DRÄXLMAIER                                  | JANOWICE WIELKIE | POL  | M30  | 2      | M 2  | 00:54:35 | 03:45:05 | 06:57:19 | 07:44:36.25 | 6:32   | 9.2  |
| 3    | GORZELAŃCZYK JAKUB      | 1279 | MKS SIECHNICE                               | GOLECZEWO        | POL  | M30  | 3      | M 3  | 00:54:37 | 03:49:25 | 07:09:41 | 07:55:53.85 | 6:42   | 9    |
| 4    | OTRĘBA MACIEJ           | 1288 |   | WROCŁAW          | POL  | M30  | 4      | M 4  | 00:54:38 | 03:58:48 | 07:19:17 | 08:07:36.80 | 6:52   | 8.7  |
| 5    | WOLEK SZYMON            | 1251 |   | TYCHY            | POL  | M30  | 5      | M 5  | 00:54:33 | 03:59:15 | 07:25:01 | 08:11:55.30 | 6:55   | 8.7  |
| 6    | SMOLIŃSKI MARCIN        | 1202 | BIEGIEM PO MARZENIA<br>TEAM/RUNPROGRESSTEAM | WROCŁAW          | POL  | M30  | 6      | M 6  | 00:58:03 | 03:59:06 | 07:35:52 | 08:26:30.45 | 7:08   | 8.4  |
| 7    | DEMBSKI PAWEŁ           | 1184 | PRZEDWOJEWSKI TEAM/RATE MY TRAIL<br>PRO     | SKÓRZEWO         | POL  | M30  | 7      | M 7  | 00:57:31 | 04:11:55 | 08:02:35 | 09:00:37.80 | 7:36   | 7.9  |
| 8    | WIECZORKIEWICZ ZBIGNIEW | 1257 |   | JELEŃ GÓRA       | POL  | M30  | 8      | M 8  | 01:05:34 | 04:32:35 | 08:16:54 | 09:08:37.10 | 7:43   | 7.8  |
| 9    | DAJEK ŁUKASZ            | 1286 | JEDZIBIEGAJ.PL                              | ŻYRARDÓW         | POL  | M30  | 9      | M 9  | 01:00:53 | 04:22:06 | 08:19:04 | 09:11:50.85 | 7:46   | 7.7  |
| 10   | KRÓLEWICZ MICHAŁ        | 1287 |   | SIECHNICE        | POL  | M30  | 10     | M 10 | 01:03:02 | 04:17:29 | 08:15:47 | 09:14:15.20 | 7:48   | 7.7  |
| 11   | SKURATKO ADRIAN         | 1185 | RONAL POLSKA RUN                            | WAŁBRZYCH        | POL  | M30  | 11     | M 11 | 01:02:33 | 04:25:32 | 08:28:44 | 09:23:31.75 | 7:56   | 7.6  |
| 12   | ROSOLSKI DAWID          | 1291 |   | KOŚCIAN          | POL  | M30  | 12     | M 12 | 01:02:13 | 04:26:07 | 08:28:46 | 09:24:08.90 | 7:56   | 7.6  |
| 13   | GREIVELDINGER GILLES    | 1278 | ŚWIAT BIEGACZA FEHLAU RUN TEAM              | KORNIK           | POL  | M50  | 1      | M 13 | 00:58:46 | 04:19:49 | 08:40:34 | 09:32:19.15 | 8:03   | 7.4  |
| 14   | BORUCKI JAKUB           | 1252 | 140MINUT.PL                                 | KATOWICE         | POL  | M30  | 13     | M 14 | 01:03:26 | 04:39:49 | 08:41:13 | 09:33:27.60 | 8:04   | 7.4  |
| 15   | ŁABUZ SYLWESTER         | 1103 |   | DZIERŻONIÓW      | POL  | M30  | 14     | M 15 | 01:01:54 | 04:41:34 | 08:46:15 | 09:35:13.70 | 8:06   | 7.4  |
| 16   | DASZEWSKI FILIP         | 1211 | FOXY FIT                                    | DĘBNO            | POL  | M18  | 1      | M 16 | 01:00:52 | 04:24:33 | 08:42:46 | 09:40:09.60 | 8:10   | 7.3  |
| 17   | WRÓBEL DAMIAN           | 1199 |   | WROCŁAW          | POL  | M30  | 15     | M 17 | 00:57:03 | 04:31:27 | 08:45:08 | 09:46:43.10 | 8:15   | 7.3  |
| 18   | MOJEK MICHAŁ            | 1229 |   | KARPACZ          | POL  | M40  | 1      | M 18 | 01:04:42 | 04:37:24 | 08:50:22 | 09:49:17.20 | 8:17   | 7.2  |
| 19   | WOJTASZEK JACEK         | 1168 |   | PIECHOWICE       | POL  | M40  | 2      | M 19 | 01:03:07 | 04:33:00 | 09:00:28 | 09:55:53.30 | 8:23   | 7.1  |
| 20   | ANDRUSZKIEWICZ PAWEŁ    | 1262 |   | JELEŃ GÓRA       | POL  | M30  | 16     | M 20 | 01:03:40 | 04:35:04 | 08:51:04 | 09:59:06.85 | 8:26   | 7.1  |
| 21   | RÓŻAŃSKI MATEUSZ        | 1152 |   | KATOWICE         | POL  | M40  | 3      | M 21 | 01:03:17 | 04:42:13 | 08:56:32 | 09:59:19.80 | 8:26   | 7.1  |
| 22   | OSTAPSKI KAMIL          | 1289 | VEGE RUNNERS                                | WROCŁAW          | POL  | M30  | 17     | M 22 | 01:07:12 | 05:03:39 | 09:15:21 | 10:03:38.95 | 8:30   | 7.1  |
| 23   | WŁÓDARCZYK JAROSŁAW     | 1164 | KARKONOSZ RUNNING TEAM                      | JELEŃ GÓRA       | POL  | M40  | 4      | M 23 | 00:58:46 | 04:31:23 | 08:53:21 | 10:05:21.50 | 8:31   | 7    |
| 24   | SUPRYN RAFAŁ            | 1243 |   | WARSZAWA         | POL  | M40  | 5      | M 24 | 01:04:51 | 04:48:58 | 09:12:18 | 10:11:52.40 | 8:37   | 7    |
| 25   | KAPŁOWSKI JERZY         | 1176 |   | WAŁBRZYCH        | POL  | M40  | 6      | M 25 | 01:13:42 | 05:09:16 | 09:14:57 | 10:18:34.10 | 8:42   | 6.9  |
| 26   | PAPROCKI KRZYSZTOF      | 1271 |   | POLKOWICE        | POL  | M40  | 7      | M 26 | 01:07:11 | 05:06:49 | 09:23:25 | 10:19:08.90 | 8:43   | 6.9  |
| 27   | CHOJNACKI LESZEK        | 1205 |   | WARSZAWA         | POL  | M40  | 8      | M 27 | 01:11:06 | 05:00:44 | 09:19:18 | 10:25:56.65 | 8:48   | 6.8  |
| 28   | SCHWITALLA ADRIAN       | 1206 |   | SIECHNICE        | POL  | M40  | 9      | M 28 | 01:05:13 | 05:01:47 | 09:32:36 | 10:31:47.10 | 8:53   | 6.7  |
| 29   | BEKAS MARCIN            | 1246 |   | KRAKÓW           | POL  | M40  | 10     | M 29 | 01:05:53 | 05:01:40 | 09:34:13 | 10:43:14.35 | 9:03   | 6.6  |
| 30   | KOZŁOWSKI LESZEK        | 1204 | LESZ NO LIMITS RUNNERS                      | LESZNO           | POL  | M40  | 11     | M 30 | 01:06:52 | 05:02:24 | 09:37:46 | 10:47:48.15 | 9:07   | 6.6  |
| 31   | SIOMA KONRAD            | 1167 |   | KRZYSZKOWO       | POL  | M30  | 18     | M 31 | 01:05:36 | 04:57:14 | 09:38:01 | 10:48:40.60 | 9:08   | 6.6  |
| 32   | JAN CZ TOMASZ           | 1225 |   | JELEŃ GÓRA       | POL  | M40  | 12     | M 32 | 01:06:29 | 04:58:11 | 09:41:22 | 10:49:15.05 | 9:08   | 6.6  |
| 33   | GURGACZ TOMASZ          | 1174 |   | BYTOM ODRZANSKI  | POL  | M40  | 13     | M 33 | 01:11:56 | 05:10:28 | 09:49:17 | 10:51:16.80 | 9:10   | 6.5  |
| 34   | DYSARZ PRZEMYSŁAW       | 1212 |   | POZNAŃ           | POL  | M40  | 14     | M 34 | 01:12:28 | 05:10:19 | 09:47:30 | 10:52:05.45 | 9:11   | 6.5  |
| 35   | KANIA MARCIN            | 1272 | GŁOWĄ DO CZOŁA                              | GLIWICE          | POL  | M18  | 2      | M 35 | 01:05:53 | 05:03:01 | 09:59:22 | 11:06:14.55 | 9:23   | 6.4  |
| 36   | PIECUCH MARCIN          | 1242 |   | KRAKÓW           | POL  | M30  | 19     | M 36 | 01:05:52 | 05:23:29 | 10:09:59 | 11:15:47.35 | 9:31   | 6.3  |
| 37   | GALA GRZEGORZ           | 1276 | SCHENKER TECHNOLOGY CENTER<br>RUNNERS       | SOCHACZEW        | POL  | M40  | 15     | M 37 | 01:17:28 | 05:54:13 | 10:24:07 | 11:15:51.45 | 9:31   | 6.3  |
| 38   | BORDYCH ANDRZEJ         | 1201 | BOREL MARATHON TEAM                         | KOŻUCHÓW         | POL  | M40  | 16     | M 38 | 01:08:52 | 05:12:01 | 10:07:49 | 11:17:33.80 | 9:32   | 6.3  |
| 39   | KALEMBA KAMIL           | 1166 |   | BRZEG DOLNY      | POL  | M30  | 20     | M 39 | 01:03:56 | 05:03:35 | 10:03:01 | 11:17:47.50 | 9:32   | 6.3  |

## SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

| M-ce | Nazwisko i imię        | Nr   | Klub                        | M-scowość           | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|------------------------|------|-----------------------------|---------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 40   | TENDAJ MAREK           | 1207 |                             | JELEŃ GÓRA          | POL  | M30  | 21     | M 40 | 01:02:57 | 05:07:45 | 10:07:08 | 11:19:42.35 | 9:34   | 6.3  |
| 41   | SAJDUDA ADAM           | 1195 |                             | WROCŁAW             | POL  | M18  | 3      | M 41 | 01:11:09 | 05:04:08 | 10:10:13 | 11:22:11.40 | 9:36   | 6.2  |
| 42   | PIETRZAK JACEK         | 1181 | WAKA/JAWAKA                 | ŁÓDŹ                | POL  | M40  | 17     | M 42 | 01:16:53 | 05:32:51 | 10:17:30 | 11:22:28.30 | 9:36   | 6.2  |
| 43   | SOBOLEWSKI DARIUSZ     | 1159 | BOREL MARATHON TEAM         | KOZUCHÓW            | POL  | M30  | 22     | M 43 | 01:08:51 | 05:12:00 | 10:17:20 | 11:26:35.70 | 9:40   | 6.2  |
| 44   | SZCZERBAKOWICZ KAMIL   | 1108 |                             | NADOLICE WIELKIE    | POL  | M30  | 23     | M 44 | 01:12:34 | 05:14:42 | 10:20:21 | 11:27:58.45 | 9:41   | 6.2  |
| 45   | PIWKO MATEUSZ          | 1220 |                             | SZCZECIN            | POL  | M30  | 24     | M 45 | 01:25:53 | 05:41:28 | 10:40:14 | 11:45:11.05 | 9:55   | 6    |
| 46   | KINCEL KRZYSZTOF       | 1259 |                             | POŁUPIN             | POL  | M50  | 2      | M 46 | 01:15:38 | 05:37:31 | 10:37:36 | 11:45:30.80 | 9:56   | 6    |
| 47   | GAWLIK MARCIN          | 1219 | MKS SIECHNICE               | SIECHNICE           | POL  | M40  | 18     | M 47 | 01:15:43 | 05:26:26 | 10:38:22 | 11:48:59.70 | 9:59   | 6    |
| 48   | FRYBEL DAMIAN          | 1270 | WOLSZTYŃSKA AKADEMIA BEGOWA | OBRA                | POL  | M40  | 19     | M 48 | 01:11:13 | 05:40:07 | 10:38:57 | 11:50:33.10 | 10:00  | 6    |
| 49   | KLISZCZ MICHAŁ         | 1193 | IZBICKO W BIEGU             | OTMICE              | POL  | M18  | 4      | M 49 | 01:08:29 | 05:19:48 | 10:41:50 | 11:58:51.05 | 10:07  | 5.9  |
| 50   | PIOTROWSKI MICHAŁ      | 1161 | #ZEBERKATEAM                | WROCŁAW             | POL  | M40  | 20     | M 50 | 01:09:44 | 05:28:10 | 11:02:09 | 12:10:21.00 | 10:17  | 5.8  |
| 51   | HELMECKI DARIUSZ       | 1284 |                             | WILCZYCE            | POL  | M50  | 3      | M 51 | 01:28:48 | 05:45:25 | 11:04:20 | 12:10:58.10 | 10:17  | 5.8  |
| 52   | TASZAREK JAKUB         | 1107 |                             | MROWINO             | POL  | M40  | 21     | M 52 | 01:09:57 | 05:42:26 | 11:06:04 | 12:11:44.50 | 10:18  | 5.8  |
| 53   | KIEDOWSKI ARTUR        | 1208 |                             | WROCŁAW             | POL  | M40  | 22     | M 53 | 01:30:39 | 05:59:47 | 11:06:04 | 12:12:49.80 | 10:19  | 5.8  |
| 54   | OSZCZĘDA KRZYSZTOF     | 1215 |                             | ŻORY                | POL  | M40  | 23     | M 54 | 01:15:53 | 05:53:59 | 11:07:09 | 12:14:27.25 | 10:20  | 5.8  |
| 55   | TYCZYŃSKI SŁAWOMIR     | 1217 | FILGROSOIL                  | LESZNO              | POL  | M40  | 24     | M 55 | 01:12:32 | 05:55:18 | 11:11:03 | 12:17:56.80 | 10:23  | 5.8  |
| 56   | NAGŁAK ŁUKASZ          | 1157 | KOŹMIN BIEGA ULTRA RUNNERS  | KOŹMIN WIELKOPOLSKI | POL  | M30  | 25     | M 56 | 01:16:35 | 05:55:59 | 11:18:02 | 12:24:25.00 | 10:29  | 5.7  |
| 57   | POLAŃSKI PAWEŁ         | 1178 | #KASZANIENAMOKA             | GDAŃSK              | POL  | M30  | 26     | M 57 | 01:22:43 | 05:59:34 | 11:17:03 | 12:30:12.20 | 10:33  | 5.7  |
| 58   | GRABOWICZ PAWEŁ        | 1241 |                             | SIEKIERKI WIELKIE   | POL  | M40  | 25     | M 58 | 01:22:41 | 05:53:23 | 11:22:33 | 12:30:26.05 | 10:34  | 5.7  |
| 59   | TOMASZEK SEBASTIAN     | 1104 |                             | BRZEZIŃKA ŚREDZKA   | POL  | M40  | 26     | M 59 | 01:15:25 | 05:52:52 | 11:23:38 | 12:40:21.50 | 10:42  | 5.6  |
| 60   | TYLMAN PIOTR           | 1183 | RUNDORFINA                  | CZAPLINEK           | POL  | M30  | 27     | M 60 | 01:10:54 | 05:42:29 | 11:26:42 | 12:42:55.50 | 10:44  | 5.6  |
| 61   | CHOROSTKOWSKI BARTOSZ  | 1172 | CHATA BIEGACZA K34 ZAKOPANE | WROCŁAW             | POL  | M30  | 28     | M 61 | 01:13:24 | 05:42:45 | 11:34:32 | 12:51:43.80 | 10:52  | 5.5  |
| 62   | SZARADOWSKI PIOTR      | 1256 | BIEGOWA ŚWIDNICA            | ŚWIDNICA            | POL  | M40  | 27     | M 62 | 01:21:22 | 05:58:03 | 11:37:56 | 12:54:43.85 | 10:54  | 5.5  |
| 63   | MEDEJSZO MARIUSZ       | 1261 |                             | NOWA SÓL            | POL  | M40  | 28     | M 63 | 01:10:11 | 06:04:03 | 11:40:22 | 12:54:44.90 | 10:54  | 5.5  |
| 64   | BRONIEWSKI PIOTR       | 1182 |                             | KUNOWICE            | POL  | M30  | 29     | M 64 | 01:16:24 | 05:46:05 | 11:41:22 | 12:59:18.65 | 10:58  | 5.5  |
| 65   | JASINIAK BARTOSZ       | 1190 |                             | SŁUBICE             | POL  | M30  | 30     | M 65 | 01:16:24 | 05:46:10 | 11:41:23 | 12:59:19.00 | 10:58  | 5.5  |
| 66   | MODLISZEWSKI DARIUSZ   | 1226 | ORANGE POLSKA               | SUCHY LAS           | POL  | M40  | 29     | M 66 | 01:11:54 | 05:59:38 | 11:46:52 | 12:59:19.15 | 10:58  | 5.5  |
| 67   | MATYSZKOWICZ JANUSZ    | 1233 | GONIMY                      | KĘTY                | POL  | M60  | 1      | M 67 | 01:19:25 | 06:22:45 | 11:46:31 | 13:00:05.95 | 10:59  | 5.5  |
| 68   | PIENIĘŻNY MAREK        | 1179 | KOŹMIN BIEGA                | KOŹMIN WIELKOPOLSKI | POL  | M30  | 31     | M 68 | 01:16:37 | 05:56:32 | 11:40:39 | 13:00:23.25 | 10:59  | 5.5  |
| 69   | PARZONKA PAWEŁ         | 1265 | KS LENIWIEC                 | KĘPNO               | POL  | M40  | 30     | M 69 | 01:16:35 | 05:53:38 | 11:42:46 | 13:03:14.90 | 11:01  | 5.4  |
| 70   | GAŚCZAK MARIUSZ        | 1170 | KS LENIWIEC                 | KĘPNO               | POL  | M40  | 31     | M 70 | 01:16:37 | 05:55:29 | 11:42:49 | 13:03:16.85 | 11:01  | 5.4  |
| 71   | ROGÓRZ ANDRZEJ         | 1173 | STOLFORM                    | WROCŁAW             | POL  | M40  | 32     | M 71 | 01:16:47 | 06:03:58 | 11:46:48 | 13:03:23.75 | 11:02  | 5.4  |
| 72   | ANTKIEWICZ KAMIL       | 1203 |                             | KOZIEGŁÓWY          | POL  | M30  | 32     | M 72 | 01:15:41 | 05:51:54 | 11:46:54 | 13:04:09.05 | 11:02  | 5.4  |
| 73   | PUSZCZYKOWSKI GRZEGORZ | 1154 |                             | INOWŁÓDZ            | POL  | M50  | 4      | M 73 | 01:15:48 | 05:57:15 | 11:50:07 | 13:06:01.30 | 11:04  | 5.4  |
| 74   | PORAJ PAWEŁ            | 1269 |                             | CZĘSTOCHOWA         | POL  | M30  | 33     | M 74 | 01:28:16 | 06:26:06 | 11:50:05 | 13:06:07.05 | 11:04  | 5.4  |
| 75   | KOZŁOWSKI WOJCIECH     | 1171 |                             | LISOWICE            | POL  | M50  | 5      | M 75 | 01:11:03 | 05:37:38 | 11:28:43 | 13:10:07.25 | 11:07  | 5.4  |
| 76   | DE ROSIER MAREK        | 1267 |                             | GDYNIA              | POL  | M18  | 5      | M 76 | 01:17:18 | 06:13:19 | 11:50:07 | 13:10:44.20 | 11:08  | 5.4  |
| 77   | KOKOSZKA MARCIN        | 1237 | ONE ON ONE TEAM             | ZGIERZ              | POL  | M40  | 33     | M 77 | 01:20:22 | 06:16:13 | 12:00:59 | 13:14:42.75 | 11:11  | 5.4  |
| 78   | KOZIOŁ ARTUR           | 1253 |                             | KRAKÓW              | POL  | M40  | 34     | M 78 | 01:19:52 | 06:30:12 | 12:05:39 | 13:16:35.95 | 11:13  | 5.3  |
| 79   | MILCZAREK DOMINIK      | 1275 |                             | KOZŁÓW BISKUPI      | POL  | M40  | 35     | M 79 | 01:17:30 | 05:56:07 | 11:46:54 | 13:19:47.75 | 11:15  | 5.3  |
| 80   | WINCZURA LESZEK        | 1231 |                             | GDAŃSK              | POL  | M40  | 36     | M 80 | 01:29:20 | 06:47:47 | 12:25:24 | 13:34:13.20 | 11:28  | 5.2  |
| 81   | DAWIDOWICZ MARCIN      | 1222 |                             | OŁAWA               | POL  | M30  | 34     | M 81 | 01:15:54 | 06:07:58 | 12:15:57 | 13:36:27.75 | 11:29  | 5.2  |
| 82   | ROLLA DORIAN           | 1268 |                             | WARZYMICE           | POL  | M40  | 37     | M 82 | 01:17:47 | 06:10:33 | 12:11:34 | 13:37:26.90 | 11:30  | 5.2  |
| 83   | ŁUSZCZ JANUSZ          | 1238 | TŁUSTE KOTY                 | WROCŁAW             | POL  | M50  | 6      | M 83 | 01:13:32 | 06:04:21 | 12:20:09 | 13:45:29.80 | 11:37  | 5.2  |
| 84   | ROZWADOWSKI ROBERT     | 1156 | DRUŻYNA SZPIKU              | SUCHY LAS           | POL  | M40  | 38     | M 84 | 01:20:12 | 06:17:34 | 12:33:57 | 13:58:58.65 | 11:48  | 5.1  |
| 85   | RYBCZYŃSKI PRZEMEK     | 1234 |                             | KRAKÓW              | POL  | M50  | 7      | M 85 | 01:17:16 | 06:33:36 | 12:46:41 | 14:06:39.45 | 11:55  | 5    |
| 86   | GŁADYSZ ROBERT         | 1266 | SCE24.PL                    | BIELAWA             | POL  | M40  | 39     | M 86 | 01:17:18 | 06:33:38 | 12:46:49 | 14:06:40.20 | 11:55  | 5    |
| 87   | HEŁMECKI MARCIN        | 1283 |                             | WILCZYCE            | POL  | M18  | 6      | M 87 | 01:28:18 | 06:24:04 | 12:40:36 | 14:07:27.75 | 11:56  | 5    |
| 88   | DRAŃKO PIOTR           | 1188 |                             | KRAKÓW              | POL  | M30  | 35     | M 88 | 01:09:52 | 06:05:08 | 12:48:07 | 14:08:24.75 | 11:56  | 5    |
| 89   | ZACHEJA JACEK          | 1227 |                             | LESZNO              | POL  | M40  | 40     | M 89 | 01:17:36 | 06:14:00 | 12:50:53 | 14:25:56.95 | 12:11  | 4.9  |
| 90   | KOŁBUC RAFAŁ           | 1169 |                             | WROCŁAW             | POL  | M30  | 36     | M 90 | 01:27:42 | 06:46:28 | 13:17:02 | 14:53:43.35 | 12:35  | 4.8  |
| 91   | RZEMIŃSKI ROBERT       | 1106 |                             | JELEŃ GÓRA          | POL  | M50  | 8      | M 91 | 01:21:45 | 06:37:43 | 13:30:39 | 15:00:13.90 | 12:40  | 4.7  |
| 92   | NOWAKOWSKI MIROSŁAW    | 1162 |                             | WIELEŃ              | POL  | M50  | 9      | M 92 | 01:28:56 | 06:55:18 | 13:37:32 | 15:07:27.50 | 12:46  | 4.7  |
| 93   | NOWAKOWSKI SŁAWOMIR    | 1239 |                             | HIPOLITÓW           | POL  | M40  | 41     | M 93 | 01:23:11 | 07:07:27 | 13:43:22 | 15:08:50.25 | 12:48  | 4.7  |
| 94   | PASIEKA TOMASZ         | 1194 |                             | MROCZA              | POL  | M40  | 42     | M 94 | 01:26:40 | 06:53:57 | 13:47:37 | 15:14:40.85 | 12:52  | 4.7  |
| 95   | ZYCH MARCIN            | 1102 |                             | ŻARY                | POL  | M40  | 43     | M 95 | 01:16:00 | 06:07:58 | 13:36:06 | 15:15:51.10 | 12:53  | 4.7  |
| 96   | HOWIL WALDEMAR         | 1248 |                             | GRYFINO             | POL  | M40  | 44     | M 96 | 01:28:02 | 06:51:00 | 13:47:11 | 15:17:16.75 | 12:55  | 4.6  |

**SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.**

| M-ce | Nazwisko i imię      | Nr   | Klub            | M-scowość       | Kraj | Kat. | M. kat | K/M   | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|----------------------|------|-----------------|-----------------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 97   | SZAJEK ARKADIUSZ     | 1254 | ARVATO S.C. REP | POZNAŃ          | POL  | M30  | 37     | M 97  | 01:31:55 | 06:52:24 | 13:33:01 | 15:22:16.85 | 12:59  | 4.6  |
| 98   | KOZUBSKI MACIEJ      | 1244 | ARVATO S.C. REP | ROKIETNICA      | POL  | M30  | 38     | M 98  | 01:31:55 | 06:50:54 | 13:32:08 | 15:22:17.60 | 12:59  | 4.6  |
| 99   | SZULC ADAM           | 1232 | RADA PUCHACZY   | STRZEBIELINO    | POL  | M40  | 45     | M 99  | 01:28:21 | 06:47:48 | 13:48:02 | 15:23:09.80 | 13:00  | 4.6  |
| 100  | SYPNIEWSKI KRYSZTIAN | 1158 |                 | POZNAŃ          | POL  | M40  | 46     | M 100 | 01:18:26 | 06:49:56 | 13:50:44 | 15:28:11.60 | 13:04  | 4.6  |
| 101  | STRZELECKI KRZYSZTOF | 1192 |                 | WROCLAW         | POL  | M40  | 47     | M 101 | 01:23:49 | 07:03:08 | 14:34:27 | 16:17:15.10 | 13:45  | 4.4  |
| 102  | PLASZCZYK BARTŁOMIEJ | 1218 |                 | GŁOGÓW          | POL  | M30  | 39     | M 102 | 01:26:55 | 07:22:57 | 14:43:39 | 16:29:50.35 | 13:56  | 4.3  |
| 103  | GARBACZ MAREK        | 1191 |                 | OŁAWA           | POL  | M40  | 48     | M 103 | 01:23:46 | 07:06:16 | 14:59:05 | 16:45:25.80 | 14:09  | 4.2  |
| 104  | KAWAŁKO RYSZARD      | 1292 | WOLNY RYŚ ***** | LEGNICA         | POL  | M50  | 10     | M 104 | 01:25:08 | 08:04:46 | 15:09:28 | 16:45:58.35 | 14:10  | 4.2  |
|      | OLSZEWSKI MICHAŁ     | 1299 | MSPORTTEAM      | POLKOWICE       | POL  | M40  |        |       | 01:17:44 | 06:25:09 | DNF      | DNF         | -      | -    |
|      |                      |      |                 |                 |      |      |        |       | DNF      | DNF      |          |             |        |      |
|      | DĄBROWSKI MARCIN     | 1245 |                 | SIENIAWA ŻARSKA | POL  | M40  |        |       | 01:15:33 | 06:41:31 | DNF      | DNF         | -      | -    |
|      |                      |      |                 |                 |      |      |        |       | DNF      | DNF      |          |             |        |      |
|      | STOŁOWSKI ROBERT     | 1155 | AMICA           | WIELEŃ          | POL  | M40  |        |       | 01:28:58 | DNF      | DNF      | DNF         | -      | -    |
|      |                      |      |                 |                 |      |      |        |       | DNF      |          |          |             |        |      |

**SIEDEMDZIESIĄT Z HAKIEM, K18**

| M-ce | Nazwisko i imię | Nr   | Klub | M-scowość | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-----------------|------|------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | KALINA ANNA     | 1290 |      | WROCLAW   | POL  | K18  | 1      | K 12 | 01:23:49 | 05:58:34 | 11:26:50 | 12:41:20.30 | 10:43  | 5.6  |

**SIEDEMDZIESIĄT Z HAKIEM, M18**

| M-ce | Nazwisko i imię | Nr   | Klub            | M-scowość | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-----------------|------|-----------------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | DASZEWSKI FILIP | 1211 | FOXY FIT        | DĘBNO     | POL  | M18  | 1      | M 16 | 01:00:52 | 04:24:33 | 08:42:46 | 09:40:09.60 | 8:10   | 7.3  |
| 2    | KANIA MARCIN    | 1272 | GŁOWĄ DO CZOŁA  | GLIWICE   | POL  | M18  | 2      | M 35 | 01:05:53 | 05:03:01 | 09:59:22 | 11:06:14.55 | 9:23   | 6.4  |
| 3    | SAJDUDA ADAM    | 1195 |                 | WROCLAW   | POL  | M18  | 3      | M 41 | 01:11:09 | 05:04:08 | 10:10:13 | 11:22:11.40 | 9:36   | 6.2  |
| 4    | KLYSZCZ MICHAŁ  | 1193 | IZBICKO W BIEGU | OTMICE    | POL  | M18  | 4      | M 49 | 01:08:29 | 05:19:48 | 10:41:50 | 11:58:51.05 | 10:07  | 5.9  |
| 5    | DE ROSIER MAREK | 1267 |                 | GDYNIA    | POL  | M18  | 5      | M 76 | 01:17:18 | 06:13:19 | 11:50:07 | 13:10:44.20 | 11:08  | 5.4  |
| 6    | HEŁMECKI MARCIN | 1283 |                 | WILCZYCE  | POL  | M18  | 6      | M 87 | 01:28:18 | 06:24:04 | 12:40:36 | 14:07:27.75 | 11:56  | 5    |

**SIEDEMDZIESIĄT Z HAKIEM, K30**

| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość  | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------------------|------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | FLOREK KATARZYNA              | 1177 |                              | WROCLAW    | POL  | K30  | 1      | K 1  | 01:02:05 | 04:25:03 | 08:21:53 | 09:15:28.65 | 7:49   | 7.7  |
| 2    | MIŚTAK JOLA                   | 1196 |                              | OŁAWA      | POL  | K30  | 2      | K 2  | 01:03:38 | 04:31:30 | 08:31:58 | 09:24:53.80 | 7:57   | 7.5  |
| 3    | BEDNARCZYK MAGDALENA          | 1235 | STRZEGOMSKA DWUNASTKA        | STRZEGOM   | POL  | K30  | 3      | K 4  | 01:02:35 | 04:33:21 | 08:48:28 | 09:48:26.55 | 8:17   | 7.2  |
| 4    | GUZERA JUSTYNA                | 1250 | MATNER RUNNING TEAM          | WROCLAW    | POL  | K30  | 4      | K 6  | 01:08:38 | 05:07:51 | 10:01:50 | 11:12:39.40 | 9:28   | 6.3  |
| 5    | KONIECZNA PAULINA             | 1274 | CH10                         | CHOSZCZNO  | POL  | K30  | 5      | K 7  | 01:09:55 | 05:18:55 | 10:07:59 | 11:18:00.30 | 9:32   | 6.3  |
| 6    | ŁASZCZYK NADIA                | 1198 |                              | REDA       | POL  | K30  | 6      | K 8  | 01:21:32 | 05:48:06 | 10:25:32 | 11:25:35.10 | 9:39   | 6.2  |
| 7    | STALA-KONDRAKIEWICZ KATARZYNA | 1189 | KB HARCOWNIK JELCZ-LASKOWICE | MIŁOSZYCE  | POL  | K30  | 7      | K 9  | 01:15:34 | 05:46:44 | 10:48:06 | 12:04:17.45 | 10:12  | 5.9  |
| 8    | QUIRINI EWA                   | 1258 |                              | WARSZAWA   | POL  | K30  | 8      | K 10 | 01:23:33 | 06:05:19 | 11:18:16 | 12:26:34.20 | 10:30  | 5.7  |
| 9    | BOMBA ALINA                   | 1165 |                              | WROCLAW    | POL  | K30  | 9      | K 11 | 01:13:57 | 05:50:20 | 11:27:44 | 12:37:38.50 | 10:40  | 5.6  |
| 10   | LEBODA KATARZYNA              | 1151 | WILD DOGS TEAM               | KATOWICE   | POL  | K30  | 10     | K 13 | 01:15:29 | 05:45:52 | 11:31:18 | 12:43:34.05 | 10:45  | 5.6  |
| 11   | KNARA ADA                     | 1221 | TRI MISSION                  | OŁAWA      | POL  | K30  | 11     | K 17 | 01:15:56 | 06:08:16 | 12:16:34 | 13:36:28.20 | 11:29  | 5.2  |
| 12   | KŁÓSKA KATARZYNA              | 1281 | OSK RADAR                    | PIECHOWICE | POL  | K30  | 12     | K 23 | 01:18:48 | 06:41:41 | 13:35:45 | 15:23:18.85 | 13:00  | 4.6  |

**SIEDEMDZIESIĄT Z HAKIEM, M30**

| M-ce | Nazwisko i imię  | Nr   | Klub                 | M-scowość        | Kraj | Kat. | M. kat | K/M | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|------------------|------|----------------------|------------------|------|------|--------|-----|----------|----------|----------|-------------|--------|------|
| 1    | DURKOWSKI MARCIN | 1282 | TOPO ATHLETIC POLAND | OBORNIKI ŚLĄSKIE | POL  | M30  | 1      | M 1 | 00:54:34 | 03:44:23 | 06:54:58 | 07:38:49.40 | 6:27   | 9.3  |
| 2    | SADOWSKI PAWEŁ   | 1263 | DRÄXLMAIER           | JANOWICE WIELKIE | POL  | M30  | 2      | M 2 | 00:54:35 | 03:45:05 | 06:57:19 | 07:44:36.25 | 6:32   | 9.2  |

## SIEDEMDZIESIĄT Z HAKIEM, M30 c.d.

| M-ce | Nazwisko i imię         | Nr   | Klub  | M-scowość           | Kraj | Kat. | M. kat | K/M   | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------|------|---|---------------------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 3    | GORZELAŃCZYK JAKUB      | 1279 | MKS SIECHNICE                               | GOLĘCZEWO           | POL  | M30  | 3      | M 3   | 00:54:37 | 03:49:25 | 07:09:41 | 07:55:53.85 | 6:42   | 9    |
| 4    | OTRĘBA MACIEJ           | 1288 |   | WROCLAW             | POL  | M30  | 4      | M 4   | 00:54:38 | 03:58:48 | 07:19:17 | 08:07:36.80 | 6:52   | 8.7  |
| 5    | WOLEK SZYMON            | 1251 |   | TYCHY               | POL  | M30  | 5      | M 5   | 00:54:33 | 03:59:15 | 07:25:01 | 08:11:55.30 | 6:55   | 8.7  |
| 6    | SMOLIŃSKI MARCIN        | 1202 | BIEGIEM PO MARZENIA<br>TEAM/RUNPROGRESSTEAM | WROCLAW             | POL  | M30  | 6      | M 6   | 00:58:03 | 03:59:06 | 07:35:52 | 08:26:30.45 | 7:08   | 8.4  |
| 7    | DEMBSKI PAWEŁ           | 1184 | PRZEDWOJEWSKI TEAM/RATE MY TRAIL<br>PRO     | SKÓRZEWO            | POL  | M30  | 7      | M 7   | 00:57:31 | 04:11:55 | 08:02:35 | 09:00:37.80 | 7:36   | 7.9  |
| 8    | WIECZORKIEWICZ ZBIGNIEW | 1257 |   | JELEŃ GÓRA          | POL  | M30  | 8      | M 8   | 01:05:34 | 04:32:35 | 08:16:54 | 09:08:37.10 | 7:43   | 7.8  |
| 9    | DAJEK ŁUKASZ            | 1286 | JEDZIBIEGAJ.PL                              | ŻYRARDÓW            | POL  | M30  | 9      | M 9   | 01:00:53 | 04:22:06 | 08:19:04 | 09:11:50.85 | 7:46   | 7.7  |
| 10   | KRÓLEWICZ MICHAŁ        | 1287 |   | SIECHNICE           | POL  | M30  | 10     | M 10  | 01:03:02 | 04:17:29 | 08:15:47 | 09:14:15.20 | 7:48   | 7.7  |
| 11   | SKURATKO ADRIAN         | 1185 | RONAL POLSKA RUN                            | WAŁBRZYCH           | POL  | M30  | 11     | M 11  | 01:02:33 | 04:25:32 | 08:28:44 | 09:23:31.75 | 7:56   | 7.6  |
| 12   | ROSOLSKI DAWID          | 1291 |   | KOŚCIAN             | POL  | M30  | 12     | M 12  | 01:02:13 | 04:26:07 | 08:28:46 | 09:24:08.90 | 7:56   | 7.6  |
| 13   | BORUCKI JAKUB           | 1252 | 140MINUT.PL                                 | KATOWICE            | POL  | M30  | 13     | M 14  | 01:03:26 | 04:39:49 | 08:41:13 | 09:33:27.60 | 8:04   | 7.4  |
| 14   | ŁABUZ SYLWESTER         | 1103 | SOWIODZIKI                                  | DZIERŻONIÓW         | POL  | M30  | 14     | M 15  | 01:01:54 | 04:41:34 | 08:46:15 | 09:35:13.70 | 8:06   | 7.4  |
| 15   | WRÓBEL DAMIAN           | 1199 |   | WROCLAW             | POL  | M30  | 15     | M 17  | 00:57:03 | 04:31:27 | 08:45:08 | 09:46:43.10 | 8:15   | 7.3  |
| 16   | ANDRUSZKIEWICZ PAWEŁ    | 1262 |   | JELEŃ GÓRA          | POL  | M30  | 16     | M 20  | 01:03:40 | 04:35:04 | 08:51:04 | 09:59:06.85 | 8:26   | 7.1  |
| 17   | OSTAPSKI KAMIL          | 1289 | VEGE RUNNERS                                | WROCLAW             | POL  | M30  | 17     | M 22  | 01:07:12 | 05:03:39 | 09:15:21 | 10:03:38.95 | 8:30   | 7.1  |
| 18   | SIOMA KONRAD            | 1167 |   | KRZYSZKOWO          | POL  | M30  | 18     | M 31  | 01:05:36 | 04:57:14 | 09:38:01 | 10:48:40.60 | 9:08   | 6.6  |
| 19   | PIECUCH MARCIN          | 1242 |   | KRAKÓW              | POL  | M30  | 19     | M 36  | 01:05:52 | 05:23:29 | 10:09:59 | 11:15:47.35 | 9:31   | 6.3  |
| 20   | KALEMBA KAMIL           | 1166 |   | BRZEG DOLNY         | POL  | M30  | 20     | M 39  | 01:03:56 | 05:03:35 | 10:03:01 | 11:17:47.50 | 9:32   | 6.3  |
| 21   | TENDAJ MAREK            | 1207 |   | JELEŃ GÓRA          | POL  | M30  | 21     | M 40  | 01:02:57 | 05:07:45 | 10:07:08 | 11:19:42.35 | 9:34   | 6.3  |
| 22   | SOBOLEWSKI DARIUSZ      | 1159 | BOREL MARATHON TEAM                         | KOZUCHÓW            | POL  | M30  | 22     | M 43  | 01:08:51 | 05:12:00 | 10:17:20 | 11:26:35.70 | 9:40   | 6.2  |
| 23   | SZCZERBAKOWICZ KAMIL    | 1108 |   | NADOLICE WIELKIE    | POL  | M30  | 23     | M 44  | 01:12:34 | 05:14:42 | 10:20:21 | 11:27:58.45 | 9:41   | 6.2  |
| 24   | PIWKO MATEUSZ           | 1220 |   | SZCZECIN            | POL  | M30  | 24     | M 45  | 01:25:53 | 05:41:28 | 10:40:14 | 11:45:11.05 | 9:55   | 6    |
| 25   | NAGŁAK ŁUKASZ           | 1157 | KOZMIN BIEGA ULTRA RUNNERS                  | KOZMIN WIELKOPOLSKI | POL  | M30  | 25     | M 56  | 01:16:35 | 05:55:59 | 11:18:02 | 12:24:25.00 | 10:29  | 5.7  |
| 26   | POLAŃSKI PAWEŁ          | 1178 | #KASZANIANAMOKA                             | GDAŃSK              | POL  | M30  | 26     | M 57  | 01:22:43 | 05:59:34 | 11:17:03 | 12:30:12.20 | 10:33  | 5.7  |
| 27   | TYLMAN PIOTR            | 1183 | RUNDORFINA                                  | CZAPLINEK           | POL  | M30  | 27     | M 60  | 01:10:54 | 05:42:29 | 11:26:42 | 12:42:55.50 | 10:44  | 5.6  |
| 28   | CHOROSTKOWSKI BARTOSZ   | 1172 | CHATA BIEGACZA K34 ZAKOPANE                 | WROCLAW             | POL  | M30  | 28     | M 61  | 01:13:24 | 05:42:45 | 11:34:32 | 12:51:43.80 | 10:52  | 5.5  |
| 29   | BRONIEWSKI PIOTR        | 1182 |   | KUNOWICE            | POL  | M30  | 29     | M 64  | 01:16:24 | 05:46:05 | 11:41:22 | 12:59:18.65 | 10:58  | 5.5  |
| 30   | JASINIAK BARTOSZ        | 1190 |   | SŁUBICE             | POL  | M30  | 30     | M 65  | 01:16:24 | 05:46:10 | 11:41:23 | 12:59:19.00 | 10:58  | 5.5  |
| 31   | PIENIĘŻNY MAREK         | 1179 | KOZMIN BIEGA                                | KOZMIN WIELKOPOLSKI | POL  | M30  | 31     | M 68  | 01:16:37 | 05:56:32 | 11:40:39 | 13:00:23.25 | 10:59  | 5.5  |
| 32   | ANTKIEWICZ KAMIL        | 1203 |   | KOZIEGŁOWY          | POL  | M30  | 32     | M 72  | 01:15:41 | 05:51:54 | 11:46:54 | 13:04:09.05 | 11:02  | 5.4  |
| 33   | PORAJ PAWEŁ             | 1269 |   | CZĘSTOCHOWA         | POL  | M30  | 33     | M 74  | 01:28:16 | 06:26:06 | 11:50:05 | 13:06:07.05 | 11:04  | 5.4  |
| 34   | DAWIDOWICZ MARCIN       | 1222 |   | OŁAWA               | POL  | M30  | 34     | M 81  | 01:15:54 | 06:07:58 | 12:15:57 | 13:36:27.75 | 11:29  | 5.2  |
| 35   | DRAŃKO PIOTR            | 1188 |   | KRAKÓW              | POL  | M30  | 35     | M 88  | 01:09:52 | 06:05:08 | 12:48:07 | 14:08:24.75 | 11:56  | 5    |
| 36   | KOŁBUC RAFAŁ            | 1169 |   | WROCLAW             | POL  | M30  | 36     | M 90  | 01:27:42 | 06:46:28 | 13:17:02 | 14:53:43.35 | 12:35  | 4.8  |
| 37   | SZAJEK ARKADIUSZ        | 1254 | ARVATO S.C. REP                             | POZNAŃ              | POL  | M30  | 37     | M 97  | 01:31:55 | 06:52:24 | 13:33:01 | 15:22:16.85 | 12:59  | 4.6  |
| 38   | KOZUBSKI MACIEJ         | 1244 | ARVATO S.C. REP                             | ROKIETNICA          | POL  | M30  | 38     | M 98  | 01:31:55 | 06:50:54 | 13:32:08 | 15:22:17.60 | 12:59  | 4.6  |
| 39   | PLASZCZYK BARTŁOMIEJ    | 1218 |   | GŁOGÓW              | POL  | M30  | 39     | M 102 | 01:26:55 | 07:22:57 | 14:43:39 | 16:29:50.35 | 13:56  | 4.3  |

## SIEDEMDZIESIĄT Z HAKIEM, K40

| M-ce | Nazwisko i imię               | Nr   | Klub             | M-scowość         | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|-------------------------------|------|------------------|-------------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | GRABOŚ NINA                   | 1260 |                  | WARSZAWA          | POL  | K40  | 1      | K 3  | 01:04:32 | 04:49:16 | 08:46:05 | 09:39:15.55 | 8:09   | 7.4  |
| 2    | KOMAR ANIA                    | 1160 |                  | BRZEZINKA ŚREDZKA | POL  | K40  | 2      | K 5  | 01:11:06 | 05:02:25 | 09:43:32 | 10:53:07.40 | 9:11   | 6.5  |
| 3    | BUDYCH-GÓRZNA MAGDALENA       | 1105 |                  | GOWARZEWO         | POL  | K40  | 3      | K 14 | 01:12:16 | 05:58:50 | 11:37:03 | 12:57:25.90 | 10:56  | 5.5  |
| 4    | SKORUPIŃSKA KATARZYNA         | 1101 | SKORUPKI         | BOLESŁAWIEC       | POL  | K40  | 4      | K 15 | 01:13:48 | 05:58:35 | 11:50:10 | 13:13:07.30 | 11:10  | 5.4  |
| 5    | NAPIERAŁA KATARZYNA           | 1236 |                  | SUCHY LAS         | POL  | K40  | 5      | K 16 | 01:23:22 | 06:22:56 | 12:26:20 | 13:33:12.30 | 11:27  | 5.2  |
| 6    | GENDVILAITE SONATA            | 1249 | #UNBREAKABLE     | VILNIUS           | LTU  | K40  | 6      | K 18 | 01:27:02 | 06:43:58 | 12:48:29 | 14:07:05.95 | 11:55  | 5    |
| 7    | MOLINSKA MARLENA              | 1285 |                  | WROCLAW           | POL  | K40  | 7      | K 19 | 01:17:37 | 06:34:16 | 12:59:28 | 14:24:09.55 | 12:10  | 4.9  |
| 8    | DEKIERT AGNIESZKA             | 1216 |                  | LUBIN             | POL  | K40  | 8      | K 20 | 01:23:57 | 06:54:15 | 13:29:52 | 15:02:34.65 | 12:42  | 4.7  |
| 9    | OCHNIO EWA                    | 1228 | DALEKA DROGA     | BOLESŁAWIEC       | POL  | K40  | 9      | K 21 | 01:30:11 | 06:50:56 | 13:37:04 | 15:07:26.00 | 12:46  | 4.7  |
| 10   | KLUZA-HOWIL LILA              | 1247 | BIEGOWE KAIZEN   | GRYFINO           | POL  | K40  | 10     | K 22 | 01:28:04 | 06:50:51 | 13:47:06 | 15:17:17.60 | 12:55  | 4.6  |
| 11   | MARCINIAK-HENC ANETA          | 1213 |                  | POZNAŃ            | POL  | K40  | 11     | K 24 | 01:28:14 | 07:28:47 | 14:43:29 | 16:29:41.00 | 13:56  | 4.3  |
|      | DZIĘCZKOWSKA-NIKLEWICZ JOANNA | 1175 | ROKIETNICA BIEGA | MROWINO           | POL  | K40  |        |      | 01:08:42 | 05:19:18 | DNF      | DNF         | -      | -    |
|      |                               |      |                  |                   |      |      |        |      | DNF      | DNF      |          |             |        |      |

## SIEDEMDZIESIĄT Z HAKIEM, M40

| M-ce | Nazwisko i imię      | Nr   | Klub                               | M-scowość         | Kraj | Kat. | M. kat | K/M   | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|----------------------|------|------------------------------------|-------------------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 1    | MOJEK MICHAŁ         | 1229 |                                    | KARPACZ           | POL  | M40  | 1      | M 18  | 01:04:42 | 04:37:24 | 08:50:22 | 09:49:17.20 | 8:17   | 7.2  |
| 2    | WOJTASZEK JACEK      | 1168 |                                    | PIECHOWICE        | POL  | M40  | 2      | M 19  | 01:03:07 | 04:33:00 | 09:00:28 | 09:55:53.30 | 8:23   | 7.1  |
| 3    | RÓŻAŃSKI MATEUSZ     | 1152 |                                    | KATOWICE          | POL  | M40  | 3      | M 21  | 01:03:17 | 04:42:13 | 08:56:32 | 09:59:19.80 | 8:26   | 7.1  |
| 4    | WŁODARCZYK JAROSŁAW  | 1164 | KARKONOSZ RUNNING TEAM             | JELEŃ GÓRA        | POL  | M40  | 4      | M 23  | 00:58:46 | 04:31:23 | 08:53:21 | 10:05:21.50 | 8:31   | 7    |
| 5    | SUPRYN RAFAŁ         | 1243 |                                    | WARSZAWA          | POL  | M40  | 5      | M 24  | 01:04:51 | 04:48:58 | 09:12:18 | 10:11:52.40 | 8:37   | 7    |
| 6    | KAPŁOWSKI JERZY      | 1176 |                                    | WAŁBRZYCH         | POL  | M40  | 6      | M 25  | 01:13:42 | 05:09:16 | 09:14:57 | 10:18:34.10 | 8:42   | 6.9  |
| 7    | PAPROCKI KRZYSZTOF   | 1271 |                                    | POLKOWICE         | POL  | M40  | 7      | M 26  | 01:07:11 | 05:06:49 | 09:23:25 | 10:19:08.90 | 8:43   | 6.9  |
| 8    | CHOJNACKI LESZEK     | 1205 |                                    | WARSZAWA          | POL  | M40  | 8      | M 27  | 01:11:06 | 05:00:44 | 09:19:18 | 10:25:56.65 | 8:48   | 6.8  |
| 9    | SCHWITALLA ADRIAN    | 1206 |                                    | SIECHNICE         | POL  | M40  | 9      | M 28  | 01:05:13 | 05:01:47 | 09:32:36 | 10:31:47.10 | 8:53   | 6.7  |
| 10   | BEKAS MARCIN         | 1246 |                                    | KRAKÓW            | POL  | M40  | 10     | M 29  | 01:05:53 | 05:01:40 | 09:34:13 | 10:43:14.35 | 9:03   | 6.6  |
| 11   | KOZŁOWSKI LESZEK     | 1204 | LESZ NO LIMITS RUNNERS             | LESZNO            | POL  | M40  | 11     | M 30  | 01:06:52 | 05:02:24 | 09:37:46 | 10:47:48.15 | 9:07   | 6.6  |
| 12   | JANCZ TOMASZ         | 1225 |                                    | JELEŃ GÓRA        | POL  | M40  | 12     | M 32  | 01:06:29 | 04:58:11 | 09:41:22 | 10:49:15.05 | 9:08   | 6.6  |
| 13   | GURGACZ TOMASZ       | 1174 |                                    | BYTOM ODRZAŃSKI   | POL  | M40  | 13     | M 33  | 01:11:56 | 05:10:28 | 09:49:17 | 10:51:16.80 | 9:10   | 6.5  |
| 14   | DYSARZ PRZEMYSŁAW    | 1212 |                                    | POZNAŃ            | POL  | M40  | 14     | M 34  | 01:12:28 | 05:10:19 | 09:47:30 | 10:52:05.45 | 9:11   | 6.5  |
| 15   | GALA GRZEGORZ        | 1276 | SCHENKER TECHNOLOGY CENTER RUNNERS | SOCHACZEW         | POL  | M40  | 15     | M 37  | 01:17:28 | 05:54:13 | 10:24:07 | 11:15:51.45 | 9:31   | 6.3  |
| 16   | BORDYCH ANDRZEJ      | 1201 | BOREL MARATHON TEAM                | KOZUCHÓW          | POL  | M40  | 16     | M 38  | 01:08:52 | 05:12:01 | 10:07:49 | 11:17:33.80 | 9:32   | 6.3  |
| 17   | PIETRZAK JACEK       | 1181 | WAKAJAWAKA                         | ŁÓDŹ              | POL  | M40  | 17     | M 42  | 01:16:53 | 05:32:51 | 10:17:30 | 11:22:28.30 | 9:36   | 6.2  |
| 18   | GAWLIK MARCIN        | 1219 | MKS SIECHNICE                      | SIECHNICE         | POL  | M40  | 18     | M 47  | 01:15:43 | 05:26:26 | 10:38:22 | 11:48:59.70 | 9:59   | 6    |
| 19   | FRYBEL DAMIAN        | 1270 | WOLSZTYŃSKA AKADEMIA BEGOWA        | OBRA              | POL  | M40  | 19     | M 48  | 01:11:13 | 05:40:07 | 10:38:57 | 11:50:33.10 | 10:00  | 6    |
| 20   | PIOTROWSKI MICHAŁ    | 1161 | #ŻEBERKATEAM                       | WROCŁAW           | POL  | M40  | 20     | M 50  | 01:09:44 | 05:28:10 | 11:02:09 | 12:10:21.00 | 10:17  | 5.8  |
| 21   | TASZAREK JAKUB       | 1107 |                                    | MROWINO           | POL  | M40  | 21     | M 52  | 01:09:57 | 05:42:26 | 11:06:04 | 12:11:44.50 | 10:18  | 5.8  |
| 22   | KIEDOWSKI ARTUR      | 1208 |                                    | WROCŁAW           | POL  | M40  | 22     | M 53  | 01:30:39 | 05:59:47 | 11:06:04 | 12:12:49.80 | 10:19  | 5.8  |
| 23   | OSZCZĘDA KRZYSZTOF   | 1215 |                                    | ŻORY              | POL  | M40  | 23     | M 54  | 01:15:53 | 05:53:59 | 11:07:09 | 12:14:27.25 | 10:20  | 5.8  |
| 24   | TYCZYŃSKI SŁAWOMIR   | 1217 | FILGROSOIL                         | LESZNO            | POL  | M40  | 24     | M 55  | 01:12:32 | 05:55:18 | 11:11:03 | 12:17:56.80 | 10:23  | 5.8  |
| 25   | GRABOWICZ PAWEŁ      | 1241 |                                    | SIEKIERKI WIELKIE | POL  | M40  | 25     | M 58  | 01:22:41 | 05:53:23 | 11:22:33 | 12:30:26.05 | 10:34  | 5.7  |
| 26   | TOMASZEK SEBASTIAN   | 1104 |                                    | BRZEZINKA ŚREDZKA | POL  | M40  | 26     | M 59  | 01:15:25 | 05:52:52 | 11:23:38 | 12:40:21.50 | 10:42  | 5.6  |
| 27   | SZARADOWSKI PIOTR    | 1256 | BIEGOWA ŚWIDNICA                   | ŚWIDNICA          | POL  | M40  | 27     | M 62  | 01:21:22 | 05:58:03 | 11:37:56 | 12:54:43.85 | 10:54  | 5.5  |
| 28   | MEDEJSZO MARIUSZ     | 1261 |                                    | NOWA SÓL          | POL  | M40  | 28     | M 63  | 01:10:11 | 06:04:03 | 11:40:22 | 12:54:44.90 | 10:54  | 5.5  |
| 29   | MODLISZEWSKI DARIUSZ | 1226 | ORANGE POLSKA                      | SUCHY LAS         | POL  | M40  | 29     | M 66  | 01:11:54 | 05:59:38 | 11:46:52 | 12:59:19.15 | 10:58  | 5.5  |
| 30   | PARZONKA PAWEŁ       | 1265 | KS LENIWIEC                        | KĘPNO             | POL  | M40  | 30     | M 69  | 01:16:35 | 05:53:38 | 11:42:46 | 13:03:14.90 | 11:01  | 5.4  |
| 31   | GAŚCZAK MARIUSZ      | 1170 | KS LENIWIEC                        | KĘPNO             | POL  | M40  | 31     | M 70  | 01:16:37 | 05:55:29 | 11:42:49 | 13:03:16.85 | 11:01  | 5.4  |
| 32   | ROGÓRZ ANDRZEJ       | 1173 | STOLFORM                           | WROCŁAW           | POL  | M40  | 32     | M 71  | 01:16:47 | 06:03:58 | 11:46:48 | 13:03:23.75 | 11:02  | 5.4  |
| 33   | KOKOSZKA MARCIN      | 1237 | ONE ON ONE TEAM                    | ZGIERZ            | POL  | M40  | 33     | M 77  | 01:20:22 | 06:16:13 | 12:00:59 | 13:14:42.75 | 11:11  | 5.4  |
| 34   | KOZIOŁ ARTUR         | 1253 |                                    | KRAKÓW            | POL  | M40  | 34     | M 78  | 01:19:52 | 06:30:12 | 12:05:39 | 13:16:35.95 | 11:13  | 5.3  |
| 35   | MILCZAREK DOMINIK    | 1275 |                                    | KOZŁÓW BISKUPI    | POL  | M40  | 35     | M 79  | 01:17:30 | 05:56:07 | 11:46:54 | 13:19:47.75 | 11:15  | 5.3  |
| 36   | WINCZURA LESZEK      | 1231 |                                    | GDAŃSK            | POL  | M40  | 36     | M 80  | 01:29:20 | 06:47:47 | 12:25:24 | 13:34:13.20 | 11:28  | 5.2  |
| 37   | ROLLA DORIAN         | 1268 |                                    | WARZYMICE         | POL  | M40  | 37     | M 82  | 01:17:47 | 06:10:33 | 12:11:34 | 13:37:26.90 | 11:30  | 5.2  |
| 38   | ROZWADOWSKI ROBERT   | 1156 | DRUŻYNA SZPIKU                     | SUCHY LAS         | POL  | M40  | 38     | M 84  | 01:20:12 | 06:17:34 | 12:33:57 | 13:58:58.65 | 11:48  | 5.1  |
| 39   | GŁADYSZ ROBERT       | 1266 | SCE24.PL                           | BIELAWA           | POL  | M40  | 39     | M 86  | 01:17:18 | 06:33:38 | 12:46:49 | 14:06:40.20 | 11:55  | 5    |
| 40   | ZACHEJA JACEK        | 1227 |                                    | LESZNO            | POL  | M40  | 40     | M 89  | 01:17:36 | 06:14:00 | 12:50:53 | 14:25:56.95 | 12:11  | 4.9  |
| 41   | NOWAKOWSKI SŁAWOMIR  | 1239 |                                    | HIPOLITÓW         | POL  | M40  | 41     | M 93  | 01:23:11 | 07:07:27 | 13:43:22 | 15:08:50.25 | 12:48  | 4.7  |
| 42   | PASIEKA TOMASZ       | 1194 |                                    | MROCZA            | POL  | M40  | 42     | M 94  | 01:26:40 | 06:53:57 | 13:47:37 | 15:14:40.85 | 12:52  | 4.7  |
| 43   | ZYCH MARCIN          | 1102 |                                    | ŻARY              | POL  | M40  | 43     | M 95  | 01:16:00 | 06:07:58 | 13:36:06 | 15:15:51.10 | 12:53  | 4.7  |
| 44   | HOWIL WALDEMAR       | 1248 |                                    | GRYFINO           | POL  | M40  | 44     | M 96  | 01:28:02 | 06:51:00 | 13:47:11 | 15:17:16.75 | 12:55  | 4.6  |
| 45   | SZULC ADAM           | 1232 | RADA PUCHACZY                      | STRZEBIELINO      | POL  | M40  | 45     | M 99  | 01:28:21 | 06:47:48 | 13:48:02 | 15:23:09.80 | 13:00  | 4.6  |
| 46   | SYPNIEWSKI KRYSZTOF  | 1158 |                                    | POZNAŃ            | POL  | M40  | 46     | M 100 | 01:18:26 | 06:49:56 | 13:50:44 | 15:28:11.60 | 13:04  | 4.6  |
| 47   | STRZELECKI KRZYSZTOF | 1192 |                                    | WROCŁAW           | POL  | M40  | 47     | M 101 | 01:23:49 | 07:03:08 | 14:34:27 | 16:17:15.10 | 13:45  | 4.4  |
| 48   | GARBACZ MAREK        | 1191 |                                    | OŁAWA             | POL  | M40  | 48     | M 103 | 01:23:46 | 07:06:16 | 14:59:05 | 16:45:25.80 | 14:09  | 4.2  |
|      | OLSZEWSKI MICHAŁ     | 1299 | MSPORTTEAM                         | POLKOWICE         | POL  | M40  |        |       | 01:17:44 | 06:25:09 | DNF      | DNF         | -      | -    |
|      |                      |      |                                    |                   |      |      |        |       | DNF      | DNF      | DNF      | DNF         | -      | -    |
|      | DĄBROWSKI MARCIN     | 1245 |                                    | SIENIAWA ŻARSKA   | POL  | M40  |        |       | 01:15:33 | 06:41:31 | DNF      | DNF         | -      | -    |
|      |                      |      |                                    |                   |      |      |        |       | DNF      | DNF      | DNF      | DNF         | -      | -    |
|      | STOŁOWSKI ROBERT     | 1155 | AMICA                              | WIELEŃ            | POL  | M40  |        |       | 01:28:58 | DNF      | DNF      | DNF         | -      | -    |
|      |                      |      |                                    |                   |      |      |        |       | DNF      | DNF      | DNF      | DNF         | -      | -    |



**SIEDEMDZIESIĄT Z HAKIEM, M50**

| M-ce | Nazwisko i imię        | Nr   | Klub                           | M-scowość    | Kraj | Kat. | M. kat | K/M   | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|------------------------|------|--------------------------------|--------------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 1    | GREIVELDINGER GILLES   | 1278 | ŚWIAT BIEGACZA FEHLAU RUN TEAM | KORNIK       | POL  | M50  | 1      | M 13  | 00:58:46 | 04:19:49 | 08:40:34 | 09:32:19.15 | 8:03   | 7.4  |
| 2    | KINCEL KRZYSZTOF       | 1259 |                                | POŁUPIN      | POL  | M50  | 2      | M 46  | 01:15:38 | 05:37:31 | 10:37:36 | 11:45:30.80 | 9:56   | 6    |
| 3    | HELMECKI DARIUSZ       | 1284 |                                | WILCZYCE     | POL  | M50  | 3      | M 51  | 01:28:48 | 05:45:25 | 11:04:20 | 12:10:58.10 | 10:17  | 5.8  |
| 4    | PUSZCZYKOWSKI GRZEGORZ | 1154 |                                | INOWŁÓDZ     | POL  | M50  | 4      | M 73  | 01:15:48 | 05:57:15 | 11:50:07 | 13:06:01.30 | 11:04  | 5.4  |
| 5    | KOZŁOWSKI WOJCIECH     | 1171 |                                | LISOWICE     | POL  | M50  | 5      | M 75  | 01:11:03 | 05:37:38 | 11:28:43 | 13:10:07.25 | 11:07  | 5.4  |
| 6    | ŁUSZCZ JANUSZ          | 1238 | TŁUSTE KOTY                    | WROCŁAW      | POL  | M50  | 6      | M 83  | 01:13:32 | 06:04:21 | 12:20:09 | 13:45:29.80 | 11:37  | 5.2  |
| 7    | RYBCZYŃSKI PRZEMEK     | 1234 |                                | KRAKÓW       | POL  | M50  | 7      | M 85  | 01:17:16 | 06:33:36 | 12:46:41 | 14:06:39.45 | 11:55  | 5    |
| 8    | RZEMIŃSKI ROBERT       | 1106 |                                | JELENIA GÓRA | POL  | M50  | 8      | M 91  | 01:21:45 | 06:37:43 | 13:30:39 | 15:00:13.90 | 12:40  | 4.7  |
| 9    | NOWAKOWSKI MIROŚLAW    | 1162 |                                | WIELEŃ       | POL  | M50  | 9      | M 92  | 01:28:56 | 06:55:18 | 13:37:32 | 15:07:27.50 | 12:46  | 4.7  |
| 10   | KAWAŁKO RYSZARD        | 1292 | WOLNY RYŚ *****                | LEGNICA      | POL  | M50  | 10     | M 104 | 01:25:08 | 08:04:46 | 15:09:28 | 16:45:58.35 | 14:10  | 4.2  |

**SIEDEMDZIESIĄT Z HAKIEM, M60**

| M-ce | Nazwisko i imię     | Nr   | Klub   | M-scowość | Kraj | Kat. | M. kat | K/M  | 10km     | 38km     | 64km     | Netto       | min/km | km/h |
|------|---------------------|------|--------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | MATYSZKOWICZ JANUSZ | 1233 | GONIMY | KĘTY      | POL  | M60  | 1      | M 67 | 01:19:25 | 06:22:45 | 11:46:31 | 13:00:05.95 | 10:59  | 5.5  |