

SIEDEMDZIESIĄT Z HAKIEM

Organizator: FUNDACJA PROFIT MARATON
 Data: 2021-09-04
 Miejsce: Sobieszów
 Dystans: 71 km
 Klasyfikacja wg czasów netto.



SIEDEMDZIESIĄT Z HAKIEM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	DURKOWSKI MARCIN	1282	TOPO ATHLETIC POLAND	OBORNIKI ŚLĄSKIE	POL	M30	1	M 1	00:54:34	03:44:23	06:54:58	07:38:49.40	6:27	9.3
2	SADOWSKI PAWEŁ	1263	DRÄXLMAIER	JANOWICE WIELKIE	POL	M30	2	M 2	00:54:35	03:45:05	06:57:19	07:44:36.25	6:32	9.2
3	GORZELAŃCZYK JAKUB	1279	MKS SIECHNICE	GOLĘCZEWO	POL	M30	3	M 3	00:54:37	03:49:25	07:09:41	07:55:53.85	6:42	9
4	OTRĘBA MACIEJ	1288		WROCŁAW	POL	M30	4	M 4	00:54:38	03:58:48	07:19:17	08:07:36.80	6:52	8.7
5	WOLEK SZYMON	1251		TYCHY	POL	M30	5	M 5	00:54:33	03:59:15	07:25:01	08:11:55.30	6:55	8.7
6	SMOLIŃSKI MARCIN	1202	BIEGIEM PO MARZENIA TEAM/RUNPROGRESSTEAM	WROCŁAW	POL	M30	6	M 6	00:58:03	03:59:06	07:35:52	08:26:30.45	7:08	8.4
7	DEMBSKI PAWEŁ	1184	PRZEDWOJEWSKI TEAM/RATE MY TRAIL PRO	SKÓRZEWO	POL	M30	7	M 7	00:57:31	04:11:55	08:02:35	09:00:37.80	7:36	7.9
8	WIECZORKIEWICZ ZBIGNIEW	1257		JELEŃ GÓRA	POL	M30	8	M 8	01:05:34	04:32:35	08:16:54	09:08:37.10	7:43	7.8
9	DAJEK ŁUKASZ	1286	JEDZIBIEGAJ.PL	ŻYRARDÓW	POL	M30	9	M 9	01:00:53	04:22:06	08:19:04	09:11:50.85	7:46	7.7
10	KRÓLEWICZ MICHAŁ	1287		SIECHNICE	POL	M30	10	M 10	01:03:02	04:17:29	08:15:47	09:14:15.20	7:48	7.7
11	FLOREK KATARZYNA	1177		WROCŁAW	POL	K30	1	K 1	01:02:05	04:25:03	08:21:53	09:15:28.65	7:49	7.7
12	SKURATKO ADRIAN	1185	RONAL POLSKA RUN	WAŁBRZYCH	POL	M30	11	M 11	01:02:33	04:25:32	08:28:44	09:23:31.75	7:56	7.6
13	ROSOLSKI DAWID	1291		KOŚCIAN	POL	M30	12	M 12	01:02:13	04:26:07	08:28:46	09:24:08.90	7:56	7.6
14	MIŚTAK JOLA	1196		OŁAWA	POL	K30	2	K 2	01:03:38	04:31:30	08:31:58	09:24:53.80	7:57	7.5
15	GREIVELDINGER GILLES	1278	ŚWIAT BIEGACZA FEHLAU RUN TEAM	KORNIK	POL	M50	1	M 13	00:58:46	04:19:49	08:40:34	09:32:19.15	8:03	7.4
16	BORUCKI JAKUB	1252	140MINUT.PL	KATOWICE	POL	M30	13	M 14	01:03:26	04:39:49	08:41:13	09:33:27.60	8:04	7.4
17	ŁABUZ SYLWESTER	1103	SOWIODZIKI	DZIERŻONIÓW	POL	M30	14	M 15	01:01:54	04:41:34	08:46:15	09:35:13.70	8:06	7.4
18	GRABOŚ NINA	1260		WARSZAWA	POL	K40	1	K 3	01:04:32	04:49:16	08:46:05	09:39:15.55	8:09	7.4
19	DASZEWSKI FILIP	1211	FOXY FIT	DĘBNO	POL	M18	1	M 16	01:00:52	04:24:33	08:42:46	09:40:09.60	8:10	7.3
20	WRÓBEL DAMIAN	1199		WROCŁAW	POL	M30	15	M 17	00:57:03	04:31:27	08:45:08	09:46:43.10	8:15	7.3
21	BEDNARCZYK MAGDALENA	1235	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K30	3	K 4	01:02:35	04:33:21	08:48:28	09:48:26.55	8:17	7.2
22	MOJEK MICHAŁ	1229		KARPACZ	POL	M40	1	M 18	01:04:42	04:37:24	08:50:22	09:49:17.20	8:17	7.2
23	WOJTASZEK JACEK	1168		PIECHOWICE	POL	M40	2	M 19	01:03:07	04:33:00	09:00:28	09:55:53.30	8:23	7.1
24	ANDRUSZKIEWICZ PAWEŁ	1262		JELEŃ GÓRA	POL	M30	16	M 20	01:03:40	04:35:04	08:51:04	09:59:06.85	8:26	7.1
25	RÓŻAŃSKI MATEUSZ	1152		KATOWICE	POL	M40	3	M 21	01:03:17	04:42:13	08:56:32	09:59:19.80	8:26	7.1
26	OSTAPSKI KAMIL	1289	VEGE RUNNERS	WROCŁAW	POL	M30	17	M 22	01:07:12	05:03:39	09:15:21	10:03:38.95	8:30	7.1
27	WŁODARCZYK JAROSŁAW	1164	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M40	4	M 23	00:58:46	04:31:23	08:53:21	10:05:21.50	8:31	7
28	SUPRYN RAFAŁ	1243		WARSZAWA	POL	M40	5	M 24	01:04:51	04:48:58	09:12:18	10:11:52.40	8:37	7
29	KAPŁOWSKI JERZY	1176		WAŁBRZYCH	POL	M40	6	M 25	01:13:42	05:09:16	09:14:57	10:18:34.10	8:42	6.9
30	PAPROCKI KRZYSZTOF	1271		POLKOWICE	POL	M40	7	M 26	01:07:11	05:06:49	09:23:25	10:19:08.90	8:43	6.9
31	CHOJNACKI LESZEK	1205		WARSZAWA	POL	M40	8	M 27	01:11:06	05:00:44	09:19:18	10:25:56.65	8:48	6.8
32	SCHWITALLA ADRIAN	1206		SIECHNICE	POL	M40	9	M 28	01:05:13	05:01:47	09:32:36	10:31:47.10	8:53	6.7
33	BEKAS MARCIN	1246		KRAKÓW	POL	M40	10	M 29	01:05:53	05:01:40	09:34:13	10:43:14.35	9:03	6.6
34	KOZŁOWSKI LESZEK	1204	LESZ NO LIMITS RUNNERS	LESZNO	POL	M40	11	M 30	01:06:52	05:02:24	09:37:46	10:47:48.15	9:07	6.6
35	SIOMA KONRAD	1167		KRZYSZKOWO	POL	M30	18	M 31	01:05:36	04:57:14	09:38:01	10:48:40.60	9:08	6.6
36	JAN CZ TOMASZ	1225		JELEŃ GÓRA	POL	M40	12	M 32	01:06:29	04:58:11	09:41:22	10:49:15.05	9:08	6.6
37	GURGACZ TOMASZ	1174		BYTOM ODRZANSKI	POL	M40	13	M 33	01:11:56	05:10:28	09:49:17	10:51:16.80	9:10	6.5
38	DYSARZ PRZEMYSŁAW	1212		POZNAŃ	POL	M40	14	M 34	01:12:28	05:10:19	09:47:30	10:52:05.45	9:11	6.5
39	KOMAR ANIA	1160		BRZEZINKA ŚREDZKA	POL	K40	2	K 5	01:11:06	05:02:25	09:43:32	10:53:07.40	9:11	6.5
40	KANIA MARCIN	1272	GŁOWĄ DO CZOŁA	GLIWICE	POL	M18	2	M 35	01:05:53	05:03:01	09:59:22	11:06:14.55	9:23	6.4
41	GUZERA JUSTYNA	1250	MATNER RUNNING TEAM	WROCŁAW	POL	K30	4	K 6	01:08:38	05:07:51	10:01:50	11:12:39.40	9:28	6.3
42	PIECUCH MARCIN	1242		KRAKÓW	POL	M30	19	M 36	01:05:52	05:23:29	10:09:59	11:15:47.35	9:31	6.3
43	GALA GRZEGORZ	1276	SCHENKER TECHNOLOGY CENTER RUNNERS	SOCHACZEWO	POL	M40	15	M 37	01:17:28	05:54:13	10:24:07	11:15:51.45	9:31	6.3

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
44	BORDYCH ANDRZEJ	1201	BOREL MARATHON TEAM	KOŻUCHÓW	POL	M40	16	M 38	01:08:52	05:12:01	10:07:49	11:17:33.80	9:32	6.3
45	KALEMBA KAMIL	1166		BRZEG DOLNY	POL	M30	20	M 39	01:03:56	05:03:35	10:03:01	11:17:47.50	9:32	6.3
46	KONIECZNA PAULINA	1274	CH10	CHOSZCZNO	POL	K30	5	K 7	01:09:55	05:18:55	10:07:59	11:18:00.30	9:32	6.3
47	TENDAJ MAREK	1207		JELENIA GÓRA	POL	M30	21	M 40	01:02:57	05:07:45	10:07:08	11:19:42.35	9:34	6.3
48	SAJDUDA ADAM	1195		WROCŁAW	POL	M18	3	M 41	01:11:09	05:04:08	10:10:13	11:22:11.40	9:36	6.2
49	PIETRZAK JACEK	1181	WAKA/JAWAKA	ŁÓDŹ	POL	M40	17	M 42	01:16:53	05:32:51	10:17:30	11:22:28.30	9:36	6.2
50	ŁASZCZYK NADIA	1198		REDA	POL	K30	6	K 8	01:21:32	05:48:06	10:25:32	11:25:35.10	9:39	6.2
51	SOBOLEWSKI DARIUSZ	1159	BOREL MARATHON TEAM	KOŻUCHÓW	POL	M30	22	M 43	01:08:51	05:12:00	10:17:20	11:26:35.70	9:40	6.2
52	SZCZERBAKOWICZ KAMIL	1108		NADOLICE WIELKIE	POL	M30	23	M 44	01:12:34	05:14:42	10:20:21	11:27:58.45	9:41	6.2
53	PIWKO MATEUSZ	1220		SZCZECIN	POL	M30	24	M 45	01:25:53	05:41:28	10:40:14	11:45:11.05	9:55	6
54	KINCEL KRZYSZTOF	1259		POŁUPIN	POL	M50	2	M 46	01:15:38	05:37:31	10:37:36	11:45:30.80	9:56	6
55	GAWLIK MARCIN	1219	MKS SIECHNICE	SIECHNICE	POL	M40	18	M 47	01:15:43	05:26:26	10:38:22	11:48:59.70	9:59	6
56	FRYBEL DAMIAN	1270	WOLSZTYŃSKA AKADEMIA BEGOWA	OBRA	POL	M40	19	M 48	01:11:13	05:40:07	10:38:57	11:50:33.10	10:00	6
57	KŁYSZCZ MICHAŁ	1193	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 49	01:08:29	05:19:48	10:41:50	11:58:51.05	10:07	5.9
58	STALA-KONDRAKIEWICZ KATARZYNA	1189	KB HARCOWNIK JELCZ-LASKOWICE	MŁOSZYCE	POL	K30	7	K 9	01:15:34	05:46:44	10:48:06	12:04:17.45	10:12	5.9
59	PIOTROWSKI MICHAŁ	1161	#ŻEBERKATEAM	WROCŁAW	POL	M40	20	M 50	01:09:44	05:28:10	11:02:09	12:10:21.00	10:17	5.8
60	HELMECKI DARIUSZ	1284		WILCZYCE	POL	M50	3	M 51	01:28:48	05:45:25	11:04:20	12:10:58.10	10:17	5.8
61	TASZAREK JAKUB	1107		MROWINO	POL	M40	21	M 52	01:09:57	05:42:26	11:06:04	12:11:44.50	10:18	5.8
62	KIEDOWSKI ARTUR	1208		WROCŁAW	POL	M40	22	M 53	01:30:39	05:59:47	11:06:04	12:12:49.80	10:19	5.8
63	OSZCZĘDA KRZYSZTOF	1215		ŻORY	POL	M40	23	M 54	01:15:53	05:53:59	11:07:09	12:14:27.25	10:20	5.8
64	TYCZYŃSKI SŁAWOMIR	1217	FILGROSOIL	LESZNO	POL	M40	24	M 55	01:12:32	05:55:18	11:11:03	12:17:56.80	10:23	5.8
65	NAGŁAK ŁUKASZ	1157	KOŹMIN BIEGA ULTRA RUNNERS	KOŹMIN WIELKOPOLSKI	POL	M30	25	M 56	01:16:35	05:55:59	11:18:02	12:24:25.00	10:29	5.7
66	QUIRINI EWA	1258		WARSZAWA	POL	K30	8	K 10	01:23:33	06:05:19	11:18:16	12:26:34.20	10:30	5.7
67	POLĄNSKI PAWEŁ	1178	#KASZANIENAMOKA	GDAŃSK	POL	M30	26	M 57	01:22:43	05:59:34	11:17:03	12:30:12.20	10:33	5.7
68	GRABOWICZ PAWEŁ	1241		SIEKIERKI WIELKIE	POL	M40	25	M 58	01:22:41	05:53:23	11:22:33	12:30:26.05	10:34	5.7
69	BOMBA ALINA	1165		WROCŁAW	POL	K30	9	K 11	01:13:57	05:50:20	11:27:44	12:37:38.50	10:40	5.6
70	TOMASZEK SEBASTIAN	1104		BRZEZIŃKA ŚREDZKA	POL	M40	26	M 59	01:15:25	05:52:52	11:23:38	12:40:21.50	10:42	5.6
71	KALINA ANNA	1290		WROCŁAW	POL	K18	1	K 12	01:23:49	05:58:34	11:26:50	12:41:20.30	10:43	5.6
72	TYLMAN PIOTR	1183	RUNDORFINA	CZAPLINEK	POL	M30	27	M 60	01:10:54	05:42:29	11:26:42	12:42:55.50	10:44	5.6
73	LEBODA KATARZYNA	1151	WILD DOGS TEAM	KATOWICE	POL	K30	10	K 13	01:15:29	05:45:52	11:31:18	12:43:34.05	10:45	5.6
74	CHOROSTKOWSKI BARTOSZ	1172	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	M30	28	M 61	01:13:24	05:42:45	11:34:32	12:51:43.80	10:52	5.5
75	SZARADOWSKI PIOTR	1256	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	27	M 62	01:21:22	05:58:03	11:37:56	12:54:43.85	10:54	5.5
76	MEDEJSZO MARIUSZ	1261		NOWA SÓL	POL	M40	28	M 63	01:10:11	06:04:03	11:40:22	12:54:44.90	10:54	5.5
77	BUDYCH-GÓRZNA MAGDALENA	1105		GOWARZEWO	POL	K40	3	K 14	01:12:16	05:58:50	11:37:03	12:57:25.90	10:56	5.5
78	BRONIEWSKI PIOTR	1182		KUNOWICE	POL	M30	29	M 64	01:16:24	05:46:05	11:41:22	12:59:18.65	10:58	5.5
79	JASINIAK BARTOSZ	1190		SŁUBICE	POL	M30	30	M 65	01:16:24	05:46:10	11:41:23	12:59:19.00	10:58	5.5
80	MODLISZEWSKI DARIUSZ	1226	ORANGE POLSKA	SUCHY LAS	POL	M40	29	M 66	01:11:54	05:59:38	11:46:52	12:59:19.15	10:58	5.5
81	MATYSZKOWICZ JANUSZ	1233	GONIMY	KĘTY	POL	M60	1	M 67	01:19:25	06:22:45	11:46:31	13:00:05.95	10:59	5.5
82	PIENIĘŻNY MAREK	1179	KOŹMIN BIEGA	KOŹMIN WIELKOPOLSKI	POL	M30	31	M 68	01:16:37	05:56:32	11:40:39	13:00:23.25	10:59	5.5
83	PARZONKA PAWEŁ	1265	KS LENIWIEC	KĘPNO	POL	M40	30	M 69	01:16:35	05:53:38	11:42:46	13:03:14.90	11:01	5.4
84	GĄSZCZAK MARIUSZ	1170	KS LENIWIEC	KĘPNO	POL	M40	31	M 70	01:16:37	05:55:29	11:42:49	13:03:16.85	11:01	5.4
85	ROGÓRZ ANDRZEJ	1173	STOLFORM	WROCŁAW	POL	M40	32	M 71	01:16:47	06:03:58	11:46:48	13:03:23.75	11:02	5.4
86	ANTKIEWICZ KAMIL	1203		KOZIEGŁOWY	POL	M30	32	M 72	01:15:41	05:51:54	11:46:54	13:04:09.05	11:02	5.4
87	PUSZCZYKOWSKI GRZEGORZ	1154		INOWŁÓDZ	POL	M50	4	M 73	01:15:48	05:57:15	11:50:07	13:06:01.30	11:04	5.4
88	PORAJ PAWEŁ	1269		CZĘSTOCHOWA	POL	M30	33	M 74	01:28:16	06:26:06	11:50:05	13:06:07.05	11:04	5.4
89	KOZŁOWSKI WOJCIECH	1171		LISÓWICE	POL	M50	5	M 75	01:11:03	05:37:38	11:28:43	13:10:07.25	11:07	5.4
90	DE ROSIER MAREK	1267		GDYNIA	POL	M18	5	M 76	01:17:18	06:13:19	11:50:07	13:10:44.20	11:08	5.4
91	SKORUPIŃSKA KATARZYNA	1101	SKORUPKI	BOLESŁAWIEC	POL	K40	4	K 15	01:13:48	05:58:35	11:50:10	13:13:07.30	11:10	5.4
92	KOKOSZKA MARCIN	1237	ONE ON ONE TEAM	ZGIERZ	POL	M40	33	M 77	01:20:22	06:16:13	12:00:59	13:14:42.75	11:11	5.4
93	KOZIOŁ ARTUR	1253		KRAKÓW	POL	M40	34	M 78	01:19:52	06:30:12	12:05:39	13:16:35.95	11:13	5.3
94	MILCZAREK DOMINIK	1275		KOZŁÓW BISKUPI	POL	M40	35	M 79	01:17:30	05:56:07	11:46:54	13:19:47.75	11:15	5.3
95	NAPIERAŁA KATARZYNA	1236		SUCHY LAS	POL	K40	5	K 16	01:23:22	06:22:56	12:26:20	13:33:12.30	11:27	5.2
96	WINCZURA LESZEK	1231		GDAŃSK	POL	M40	36	M 80	01:29:20	06:47:47	12:25:24	13:34:13.20	11:28	5.2
97	DAWIDOWICZ MARCIN	1222		OŁAWA	POL	M30	34	M 81	01:15:54	06:07:58	12:15:57	13:36:27.75	11:29	5.2
98	KNARA ADA	1221	TRI MISSION	OŁAWA	POL	K30	11	K 17	01:15:56	06:08:16	12:16:34	13:36:28.20	11:29	5.2
99	ROLLA DORIAN	1268		WARZYMICE	POL	M40	37	M 82	01:17:47	06:10:33	12:11:34	13:37:26.90	11:30	5.2
100	ŁUSZCZ JANUSZ	1238	TŁUSTE KOTY	WROCŁAW	POL	M50	6	M 83	01:13:32	06:04:21	12:20:09	13:45:29.80	11:37	5.2

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101	ROZWADOWSKI ROBERT	1156	DRUŻYNA SZPIKU	SUCHY LAS	POL	M40	38	M 84	01:20:12	06:17:34	12:33:57	13:58:58.65	11:48	5.1
102	RYBCZYŃSKI PRZEMEK	1234		KRAKÓW	POL	M50	7	M 85	01:17:16	06:33:36	12:46:41	14:06:39.45	11:55	5
103	GŁADYSZ ROBERT	1266	SCE24.PL	BIELAWA	POL	M40	39	M 86	01:17:18	06:33:38	12:46:49	14:06:40.20	11:55	5
104	GENDVILAITE SONATA	1249	#UNBREAKABLE	VILNIUS	LTU	K40	6	K 18	01:27:02	06:43:58	12:48:29	14:07:05.95	11:55	5
105	HEŁMECKI MARCIN	1283		WILCZYCE	POL	M18	6	M 87	01:28:18	06:24:04	12:40:36	14:07:27.75	11:56	5
106	DRAŃKO PIOTR	1188		KRAKÓW	POL	M30	35	M 88	01:09:52	06:05:08	12:48:07	14:08:24.75	11:56	5
107	MOLINSKA MARLENA	1285		WROCŁAW	POL	K40	7	K 19	01:17:37	06:34:16	12:59:28	14:24:09.55	12:10	4.9
108	ZACHEJA JACEK	1227		LESZNO	POL	M40	40	M 89	01:17:36	06:14:00	12:50:53	14:25:56.95	12:11	4.9
109	KOŁBUC RAFAŁ	1169		WROCŁAW	POL	M30	36	M 90	01:27:42	06:46:28	13:17:02	14:53:43.35	12:35	4.8
110	RZEMIŃSKI ROBERT	1106		JELENIA GÓRA	POL	M50	8	M 91	01:21:45	06:37:43	13:30:39	15:00:13.90	12:40	4.7
111	DEKIERT AGNIESZKA	1216		LUBIN	POL	K40	8	K 20	01:23:57	06:54:15	13:29:52	15:02:34.65	12:42	4.7
112	OCHNIO EWA	1228	DALEKA DROGA	BOLESŁAWIEC	POL	K40	9	K 21	01:30:11	06:50:56	13:37:04	15:07:26.00	12:46	4.7
113	NOWAKOWSKI MIROSŁAW	1162		WIELEŃ	POL	M50	9	M 92	01:28:56	06:55:18	13:37:32	15:07:27.50	12:46	4.7
114	NOWAKOWSKI SŁAWOMIR	1239		HIPOLITÓW	POL	M40	41	M 93	01:23:11	07:07:27	13:43:22	15:08:50.25	12:48	4.7
115	PASIEKA TOMASZ	1194		MROCZA	POL	M40	42	M 94	01:26:40	06:53:57	13:47:37	15:14:40.85	12:52	4.7
116	ZYCH MARCIN	1102		ŻARY	POL	M40	43	M 95	01:16:00	06:07:58	13:36:06	15:15:51.10	12:53	4.7
117	HOWIL WALDEMAR	1248		GRYFINO	POL	M40	44	M 96	01:28:02	06:51:00	13:47:11	15:17:16.75	12:55	4.6
118	KLUZA-HOWIL LILA	1247	BIEGOWE KAIZEN	GRYFINO	POL	K40	10	K 22	01:28:04	06:50:51	13:47:06	15:17:17.60	12:55	4.6
119	SZAJEK ARKADIUSZ	1254	ARVATO S.C. REP	POZNAŃ	POL	M30	37	M 97	01:31:55	06:52:24	13:33:01	15:22:16.85	12:59	4.6
120	KOZUBSKI MACIEJ	1244	ARVATO S.C. REP	ROKIETNICA	POL	M30	38	M 98	01:31:55	06:50:54	13:32:08	15:22:17.60	12:59	4.6
121	SZULC ADAM	1232	RADA PUCHACZY	STRZEBIELINO	POL	M40	45	M 99	01:28:21	06:47:48	13:48:02	15:23:09.80	13:00	4.6
122	KŁÓSKA KATARZYNA	1281	OSK RADAR	PIECHOWICE	POL	K30	12	K 23	01:18:48	06:41:41	13:35:45	15:23:18.85	13:00	4.6
123	SYPIŃSKI KRYSZTOF	1158		POZNAŃ	POL	M40	46	M 100	01:18:26	06:49:56	13:50:44	15:28:11.60	13:04	4.6
124	STRZELECKI KRZYSZTOF	1192		WROCŁAW	POL	M40	47	M 101	01:23:49	07:03:08	14:34:27	16:17:15.10	13:45	4.4
125	MARCINIAK-HENC ANETA	1213		POZNAŃ	POL	K40	11	K 24	01:28:14	07:28:47	14:43:29	16:29:41.00	13:56	4.3
126	PLASZCZYK BARTŁOMIEJ	1218		GŁOGÓW	POL	M30	39	M 102	01:26:55	07:22:57	14:43:39	16:29:50.35	13:56	4.3
127	GARBACZ MAREK	1191		OŁAWA	POL	M40	48	M 103	01:23:46	07:06:16	14:59:05	16:45:25.80	14:09	4.2
128	KAWAŁKO RYSZARD	1292	WOLNY RYŚ *****	LEGNICA	POL	M50	10	M 104	01:25:08	08:04:46	15:09:28	16:45:58.35	14:10	4.2
	DZIĘCZKOWSKA-NIKLEWICZ JOANNA	1175	ROKIETNICA BIEGA	MROWINO	POL	K40			01:08:42	05:19:18	DNF	DNF	-	-
									DNF	DNF				
	OLSZEWSKI MICHAŁ	1299	MSPORTTEAM	POLKOWICE	POL	M40			01:17:44	06:25:09	DNF	DNF	-	-
									DNF	DNF				
	DĄBROWSKI MARCIN	1245		SIENIAWA ŻARSKA	POL	M40			01:15:33	06:41:31	DNF	DNF	-	-
									DNF	DNF				
	STOŁOWSKI ROBERT	1155	AMICA	WIELEŃ	POL	M40			01:28:58	DNF	DNF	DNF	-	-
									DNF					

SIEDEMDZIESIĄT Z HAKIEM, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	FŁOREK KATARZYNA	1177		WROCŁAW	POL	K30	1	K 1	01:02:05	04:25:03	08:21:53	09:15:28.65	7:49	7.7
2	MIASTAK JOLA	1196		OŁAWA	POL	K30	2	K 2	01:03:38	04:31:30	08:31:58	09:24:53.80	7:57	7.5
3	GRABOŚ NINA	1260		WARSZAWA	POL	K40	1	K 3	01:04:32	04:49:16	08:46:05	09:39:15.55	8:09	7.4
4	BEDNARCZYK MAGDALENA	1235	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K30	3	K 4	01:02:35	04:33:21	08:48:28	09:48:26.55	8:17	7.2
5	KOMAR ANIA	1160		BRZEZIŃKA ŚREDZKA	POL	K40	2	K 5	01:11:06	05:02:25	09:43:32	10:53:07.40	9:11	6.5
6	GUZERA JUSTYNA	1250	MATNER RUNNING TEAM	WROCŁAW	POL	K30	4	K 6	01:08:38	05:07:51	10:01:50	11:12:39.40	9:28	6.3
7	KONIECZNA PAULINA	1274	CH10	CHOSZCZNO	POL	K30	5	K 7	01:09:55	05:18:55	10:07:59	11:18:00.30	9:32	6.3
8	ŁASZCZYK NADIA	1198		REDA	POL	K30	6	K 8	01:21:32	05:48:06	10:25:32	11:25:35.10	9:39	6.2
9	STALA-KONDRAKIEWICZ KATARZYNA	1189	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOSZYCE	POL	K30	7	K 9	01:15:34	05:46:44	10:48:06	12:04:17.45	10:12	5.9
10	QUIRINI EWA	1258		WARSZAWA	POL	K30	8	K 10	01:23:33	06:05:19	11:18:16	12:26:34.20	10:30	5.7
11	BOMBA ALINA	1165		WROCŁAW	POL	K30	9	K 11	01:13:57	05:50:20	11:27:44	12:37:38.50	10:40	5.6
12	KALINA ANNA	1290		WROCŁAW	POL	K18	1	K 12	01:23:49	05:58:34	11:26:50	12:41:20.30	10:43	5.6
13	LEBODA KATARZYNA	1151	WILD DOGS TEAM	KATOWICE	POL	K30	10	K 13	01:15:29	05:45:52	11:31:18	12:43:34.05	10:45	5.6
14	BUDYCH-GÓRZNA MAGDALENA	1105		GOWARZEWO	POL	K40	3	K 14	01:12:16	05:58:50	11:37:03	12:57:25.90	10:56	5.5
15	SKORUPIŃSKA KATARZYNA	1101	SKORUPKI	BOLESŁAWIEC	POL	K40	4	K 15	01:13:48	05:58:35	11:50:10	13:13:07.30	11:10	5.4
16	NAPIERAŁA KATARZYNA	1236		SUCHY LAS	POL	K40	5	K 16	01:23:22	06:22:56	12:26:20	13:33:12.30	11:27	5.2

SIEDEMDZIESIĄT Z HAKIEM, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
17	KNARA ADA	1221	TRI MISSION	OŁAWA	POL	K30	11	K 17	01:15:56	06:08:16	12:16:34	13:36:28.20	11:29	5.2
18	GENDVILAITE SONATA	1249	#UNBREAKABLE	VILNIUS	LTU	K40	6	K 18	01:27:02	06:43:58	12:48:29	14:07:05.95	11:55	5
19	MOLINSKA MARLENA	1285		WROCŁAW	POL	K40	7	K 19	01:17:37	06:34:16	12:59:28	14:24:09.55	12:10	4.9
20	DEKIERT AGNIESZKA	1216		LUBIN	POL	K40	8	K 20	01:23:57	06:54:15	13:29:52	15:02:34.65	12:42	4.7
21	OCHNIO EWA	1228	DALEKA DROGA	BOLESŁAWIEC	POL	K40	9	K 21	01:30:11	06:50:56	13:37:04	15:07:26.00	12:46	4.7
22	KLUZA-HOWIL LILA	1247	BIEGOWE KAIZEN	GRYFINO	POL	K40	10	K 22	01:28:04	06:50:51	13:47:06	15:17:17.60	12:55	4.6
23	KLÓSKA KATARZYNA	1281	OSK RADAR	PIECHOWICE	POL	K30	12	K 23	01:18:48	06:41:41	13:35:45	15:23:18.85	13:00	4.6
24	MARCINIAK-HENC ANETA	1213		POZNAŃ	POL	K40	11	K 24	01:28:14	07:28:47	14:43:29	16:29:41.00	13:56	4.3
	DZIĘCZKOWSKA-NIKLEWICZ JOANNA	1175	ROKIETNICA BIEGA	MROWINO	POL	K40			01:08:42	05:19:18	DNF	DNF	-	-
									DNF	DNF				

SIEDEMDZIESIĄT Z HAKIEM, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	DURKOWSKI MARCIN	1282	TOPO ATHLETIC POLAND	OBORNIKI ŚLĄSKIE	POL	M30	1	M 1	00:54:34	03:44:23	06:54:58	07:38:49.40	6:27	9.3
2	SADOWSKI PAWEŁ	1263	DRÄXLMAIER	JANOWICE WIELKIE	POL	M30	2	M 2	00:54:35	03:45:05	06:57:19	07:44:36.25	6:32	9.2
3	GORZELAŃCZYK JAKUB	1279	MKS SIECHNICE	GOLECZEWO	POL	M30	3	M 3	00:54:37	03:49:25	07:09:41	07:55:53.85	6:42	9
4	OTRĘBA MACIEJ	1288		WROCŁAW	POL	M30	4	M 4	00:54:38	03:58:48	07:19:17	08:07:36.80	6:52	8.7
5	WOLEK SZYMON	1251		TYCHY	POL	M30	5	M 5	00:54:33	03:59:15	07:25:01	08:11:55.30	6:55	8.7
6	SMOLIŃSKI MARCIN	1202	BIEGIEM PO MARZENIA TEAM/RUNPROGRESSTEAM	WROCŁAW	POL	M30	6	M 6	00:58:03	03:59:06	07:35:52	08:26:30.45	7:08	8.4
7	DEMBSKI PAWEŁ	1184	PRZEDWOJEWSKI TEAM/RATE MY TRAIL PRO	SKÓRZEWO	POL	M30	7	M 7	00:57:31	04:11:55	08:02:35	09:00:37.80	7:36	7.9
8	WIECZORKIEWICZ ZBIGNIEW	1257		JELEŃ GÓRA	POL	M30	8	M 8	01:05:34	04:32:35	08:16:54	09:08:37.10	7:43	7.8
9	DAJEK ŁUKASZ	1286	JEDZIBIEGAJ.PL	ŻYRARDÓW	POL	M30	9	M 9	01:00:53	04:22:06	08:19:04	09:11:50.85	7:46	7.7
10	KRÓLEWICZ MICHAŁ	1287		SIECHNICE	POL	M30	10	M 10	01:03:02	04:17:29	08:15:47	09:14:15.20	7:48	7.7
11	SKURATKO ADRIAN	1185	RONAL POLSKA RUN	WAŁBRZYCH	POL	M30	11	M 11	01:02:33	04:25:32	08:28:44	09:23:31.75	7:56	7.6
12	ROSOLSKI DAWID	1291		KOŚCIAN	POL	M30	12	M 12	01:02:13	04:26:07	08:28:46	09:24:08.90	7:56	7.6
13	GREIVELDINGER GILLES	1278	ŚWIAT BIEGACZA FEHLAU RUN TEAM	KORNIK	POL	M50	1	M 13	00:58:46	04:19:49	08:40:34	09:32:19.15	8:03	7.4
14	BORUCKI JAKUB	1252	140MINUT.PL	KATOWICE	POL	M30	13	M 14	01:03:26	04:39:49	08:41:13	09:33:27.60	8:04	7.4
15	ŁABUZ SYLWESTER	1103		DZIERŻONIÓW	POL	M30	14	M 15	01:01:54	04:41:34	08:46:15	09:35:13.70	8:06	7.4
16	DASZEWSKI FILIP	1211	FOXY FIT	DĘBNO	POL	M18	1	M 16	01:00:52	04:24:33	08:42:46	09:40:09.60	8:10	7.3
17	WRÓBEL DAMIAN	1199		WROCŁAW	POL	M30	15	M 17	00:57:03	04:31:27	08:45:08	09:46:43.10	8:15	7.3
18	MOJEK MICHAŁ	1229		KARPACZ	POL	M40	1	M 18	01:04:42	04:37:24	08:50:22	09:49:17.20	8:17	7.2
19	WOJTASZEK JACEK	1168		PIECHOWICE	POL	M40	2	M 19	01:03:07	04:33:00	09:00:28	09:55:53.30	8:23	7.1
20	ANDRUSZKIEWICZ PAWEŁ	1262		JELEŃ GÓRA	POL	M30	16	M 20	01:03:40	04:35:04	08:51:04	09:59:06.85	8:26	7.1
21	RÓŻAŃSKI MATEUSZ	1152		KATOWICE	POL	M40	3	M 21	01:03:17	04:42:13	08:56:32	09:59:19.80	8:26	7.1
22	OSTAPSKI KAMIL	1289	VEGE RUNNERS	WROCŁAW	POL	M30	17	M 22	01:07:12	05:03:39	09:15:21	10:03:38.95	8:30	7.1
23	WŁÓDARCZYK JAROSŁAW	1164	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M40	4	M 23	00:58:46	04:31:23	08:53:21	10:05:21.50	8:31	7
24	SUPRYN RAFAŁ	1243		WARSZAWA	POL	M40	5	M 24	01:04:51	04:48:58	09:12:18	10:11:52.40	8:37	7
25	KAPŁOWSKI JERZY	1176		WAŁBRZYCH	POL	M40	6	M 25	01:13:42	05:09:16	09:14:57	10:18:34.10	8:42	6.9
26	PAPROCKI KRZYSZTOF	1271		POLKOWICE	POL	M40	7	M 26	01:07:11	05:06:49	09:23:25	10:19:08.90	8:43	6.9
27	CHOJNACKI LESZEK	1205		WARSZAWA	POL	M40	8	M 27	01:11:06	05:00:44	09:19:18	10:25:56.65	8:48	6.8
28	SCHWITALLA ADRIAN	1206		SIECHNICE	POL	M40	9	M 28	01:05:13	05:01:47	09:32:36	10:31:47.10	8:53	6.7
29	BEKAS MARCIN	1246		KRAKÓW	POL	M40	10	M 29	01:05:53	05:01:40	09:34:13	10:43:14.35	9:03	6.6
30	KOZŁOWSKI LESZEK	1204	LESZ NO LIMITS RUNNERS	LESZNO	POL	M40	11	M 30	01:06:52	05:02:24	09:37:46	10:47:48.15	9:07	6.6
31	SIOMA KONRAD	1167		KRZYSZKOWO	POL	M30	18	M 31	01:05:36	04:57:14	09:38:01	10:48:40.60	9:08	6.6
32	JAN CZ TOMASZ	1225		JELEŃ GÓRA	POL	M40	12	M 32	01:06:29	04:58:11	09:41:22	10:49:15.05	9:08	6.6
33	GURGACZ TOMASZ	1174		BYTOM ODRZANSKI	POL	M40	13	M 33	01:11:56	05:10:28	09:49:17	10:51:16.80	9:10	6.5
34	DYSARZ PRZEMYSŁAW	1212		POZNAŃ	POL	M40	14	M 34	01:12:28	05:10:19	09:47:30	10:52:05.45	9:11	6.5
35	KANIA MARCIN	1272	GŁOWĄ DO CZOŁA	GLIWICE	POL	M18	2	M 35	01:05:53	05:03:01	09:59:22	11:06:14.55	9:23	6.4
36	PIECUCH MARCIN	1242		KRAKÓW	POL	M30	19	M 36	01:05:52	05:23:29	10:09:59	11:15:47.35	9:31	6.3
37	GALA GRZEGORZ	1276	SCHENKER TECHNOLOGY CENTER RUNNERS	SOCHACZEW	POL	M40	15	M 37	01:17:28	05:54:13	10:24:07	11:15:51.45	9:31	6.3
38	BORDYCH ANDRZEJ	1201	BOREL MARATHON TEAM	KOŻUCHÓW	POL	M40	16	M 38	01:08:52	05:12:01	10:07:49	11:17:33.80	9:32	6.3
39	KALEMBA KAMIL	1166		BRZEG DOLNY	POL	M30	20	M 39	01:03:56	05:03:35	10:03:01	11:17:47.50	9:32	6.3

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
40	TENDAJ MAREK	1207		JELEŃ GÓRA	POL	M30	21	M 40	01:02:57	05:07:45	10:07:08	11:19:42.35	9:34	6.3
41	SAJDUDA ADAM	1195		WROCŁAW	POL	M18	3	M 41	01:11:09	05:04:08	10:10:13	11:22:11.40	9:36	6.2
42	PIETRZAK JACEK	1181	WAKA/JAWAKA	ŁÓDŹ	POL	M40	17	M 42	01:16:53	05:32:51	10:17:30	11:22:28.30	9:36	6.2
43	SOBOLEWSKI DARIUSZ	1159	BOREL MARATHON TEAM	KOZUCHÓW	POL	M30	22	M 43	01:08:51	05:12:00	10:17:20	11:26:35.70	9:40	6.2
44	SZCZERBAKOWICZ KAMIL	1108		NADOLICE WIELKIE	POL	M30	23	M 44	01:12:34	05:14:42	10:20:21	11:27:58.45	9:41	6.2
45	PIWKO MATEUSZ	1220		SZCZECIN	POL	M30	24	M 45	01:25:53	05:41:28	10:40:14	11:45:11.05	9:55	6
46	KINCEL KRZYSZTOF	1259		POŁUPIN	POL	M50	2	M 46	01:15:38	05:37:31	10:37:36	11:45:30.80	9:56	6
47	GAWLIK MARCIN	1219	MKS SIECHNICE	SIECHNICE	POL	M40	18	M 47	01:15:43	05:26:26	10:38:22	11:48:59.70	9:59	6
48	FRYBEL DAMIAN	1270	WOLSZTYŃSKA AKADEMIA BEGOWA	OBRA	POL	M40	19	M 48	01:11:13	05:40:07	10:38:57	11:50:33.10	10:00	6
49	KLISZCZ MICHAŁ	1193	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 49	01:08:29	05:19:48	10:41:50	11:58:51.05	10:07	5.9
50	PIOTROWSKI MICHAŁ	1161	#ŻEBERKATEAM	WROCŁAW	POL	M40	20	M 50	01:09:44	05:28:10	11:02:09	12:10:21.00	10:17	5.8
51	HELMECKI DARIUSZ	1284		WILCZYCE	POL	M50	3	M 51	01:28:48	05:45:25	11:04:20	12:10:58.10	10:17	5.8
52	TASZAREK JAKUB	1107		MROWINO	POL	M40	21	M 52	01:09:57	05:42:26	11:06:04	12:11:44.50	10:18	5.8
53	KIEDOWSKI ARTUR	1208		WROCŁAW	POL	M40	22	M 53	01:30:39	05:59:47	11:06:04	12:12:49.80	10:19	5.8
54	OSZCZĘDA KRZYSZTOF	1215		ŻORY	POL	M40	23	M 54	01:15:53	05:53:59	11:07:09	12:14:27.25	10:20	5.8
55	TYCZYŃSKI SŁAWOMIR	1217	FILGROSOIL	LESZNO	POL	M40	24	M 55	01:12:32	05:55:18	11:11:03	12:17:56.80	10:23	5.8
56	NAGŁAK ŁUKASZ	1157	KOŹMIN BIEGA ULTRA RUNNERS	KOŹMIN WIELKOPOLSKI	POL	M30	25	M 56	01:16:35	05:55:59	11:18:02	12:24:25.00	10:29	5.7
57	POLAŃSKI PAWEŁ	1178	#KASZANIENAMOKA	GDAŃSK	POL	M30	26	M 57	01:22:43	05:59:34	11:17:03	12:30:12.20	10:33	5.7
58	GRABOWICZ PAWEŁ	1241		SIEKIERKI WIELKIE	POL	M40	25	M 58	01:22:41	05:53:23	11:22:33	12:30:26.05	10:34	5.7
59	TOMASZEK SEBASTIAN	1104		BRZEZIŃKA ŚREDZKA	POL	M40	26	M 59	01:15:25	05:52:52	11:23:38	12:40:21.50	10:42	5.6
60	TYLMAN PIOTR	1183	RUNDORFINA	CZAPLINEK	POL	M30	27	M 60	01:10:54	05:42:29	11:26:42	12:42:55.50	10:44	5.6
61	CHOROSTKOWSKI BARTOSZ	1172	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	M30	28	M 61	01:13:24	05:42:45	11:34:32	12:51:43.80	10:52	5.5
62	SZARADOWSKI PIOTR	1256	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	27	M 62	01:21:22	05:58:03	11:37:56	12:54:43.85	10:54	5.5
63	MEDEJSZO MARIUSZ	1261		NOWA SÓL	POL	M40	28	M 63	01:10:11	06:04:03	11:40:22	12:54:44.90	10:54	5.5
64	BRONIEWSKI PIOTR	1182		KUNOWICE	POL	M30	29	M 64	01:16:24	05:46:05	11:41:22	12:59:18.65	10:58	5.5
65	JASINIAK BARTOSZ	1190		SŁUBICE	POL	M30	30	M 65	01:16:24	05:46:10	11:41:23	12:59:19.00	10:58	5.5
66	MODLISZEWSKI DARIUSZ	1226	ORANGE POLSKA	SUCHY LAS	POL	M40	29	M 66	01:11:54	05:59:38	11:46:52	12:59:19.15	10:58	5.5
67	MATYSZKOWICZ JANUSZ	1233	GONIMY	KĘTY	POL	M60	1	M 67	01:19:25	06:22:45	11:46:31	13:00:05.95	10:59	5.5
68	PIENIĘŻNY MAREK	1179	KOŹMIN BIEGA	KOŹMIN WIELKOPOLSKI	POL	M30	31	M 68	01:16:37	05:56:32	11:40:39	13:00:23.25	10:59	5.5
69	PARZONKA PAWEŁ	1265	KS LENIWIEC	KĘPNO	POL	M40	30	M 69	01:16:35	05:53:38	11:42:46	13:03:14.90	11:01	5.4
70	GAŚCZAK MARIUSZ	1170	KS LENIWIEC	KĘPNO	POL	M40	31	M 70	01:16:37	05:55:29	11:42:49	13:03:16.85	11:01	5.4
71	ROGÓRZ ANDRZEJ	1173	STOLFORM	WROCŁAW	POL	M40	32	M 71	01:16:47	06:03:58	11:46:48	13:03:23.75	11:02	5.4
72	ANTKIEWICZ KAMIL	1203		KOZIEGŁOWY	POL	M30	32	M 72	01:15:41	05:51:54	11:46:54	13:04:09.05	11:02	5.4
73	PUSZCZYKOWSKI GRZEGORZ	1154		INOWŁÓDZ	POL	M50	4	M 73	01:15:48	05:57:15	11:50:07	13:06:01.30	11:04	5.4
74	PORAJ PAWEŁ	1269		CZĘSTOCHOWA	POL	M30	33	M 74	01:28:16	06:26:06	11:50:05	13:06:07.05	11:04	5.4
75	KOZŁOWSKI WOJCIECH	1171		LISOWICE	POL	M50	5	M 75	01:11:03	05:37:38	11:28:43	13:10:07.25	11:07	5.4
76	DE ROSIER MAREK	1267		GDYNIA	POL	M18	5	M 76	01:17:18	06:13:19	11:50:07	13:10:44.20	11:08	5.4
77	KOKOSZKA MARCIN	1237	ONE ON ONE TEAM	ZGIERZ	POL	M40	33	M 77	01:20:22	06:16:13	12:00:59	13:14:42.75	11:11	5.4
78	KOZIOŁ ARTUR	1253		KRAKÓW	POL	M40	34	M 78	01:19:52	06:30:12	12:05:39	13:16:35.95	11:13	5.3
79	MILCZAREK DOMINIK	1275		KOZŁÓW BISKUPI	POL	M40	35	M 79	01:17:30	05:56:07	11:46:54	13:19:47.75	11:15	5.3
80	WINCZURA LESZEK	1231		GDAŃSK	POL	M40	36	M 80	01:29:20	06:47:47	12:25:24	13:34:13.20	11:28	5.2
81	DAWIDOWICZ MARCIN	1222		OŁAWA	POL	M30	34	M 81	01:15:54	06:07:58	12:15:57	13:36:27.75	11:29	5.2
82	ROLLA DORIAN	1268		WARZYMICE	POL	M40	37	M 82	01:17:47	06:10:33	12:11:34	13:37:26.90	11:30	5.2
83	ŁUSZCZ JANUSZ	1238	TŁUSTE KOTY	WROCŁAW	POL	M50	6	M 83	01:13:32	06:04:21	12:20:09	13:45:29.80	11:37	5.2
84	ROZWADOWSKI ROBERT	1156	DRUŻYNA SZPIKU	SUCHY LAS	POL	M40	38	M 84	01:20:12	06:17:34	12:33:57	13:58:58.65	11:48	5.1
85	RYBCZYŃSKI PRZEMEK	1234		KRAKÓW	POL	M50	7	M 85	01:17:16	06:33:36	12:46:41	14:06:39.45	11:55	5
86	GŁADYSZ ROBERT	1266	SCE24.PL	BIELAWA	POL	M40	39	M 86	01:17:18	06:33:38	12:46:49	14:06:40.20	11:55	5
87	HEŁMECKI MARCIN	1283		WILCZYCE	POL	M18	6	M 87	01:28:18	06:24:04	12:40:36	14:07:27.75	11:56	5
88	DRAŃKO PIOTR	1188		KRAKÓW	POL	M30	35	M 88	01:09:52	06:05:08	12:48:07	14:08:24.75	11:56	5
89	ZACHEJA JACEK	1227		LESZNO	POL	M40	40	M 89	01:17:36	06:14:00	12:50:53	14:25:56.95	12:11	4.9
90	KOŁBUC RAFAŁ	1169		WROCŁAW	POL	M30	36	M 90	01:27:42	06:46:28	13:17:02	14:53:43.35	12:35	4.8
91	RZEMIŃSKI ROBERT	1106		JELEŃ GÓRA	POL	M50	8	M 91	01:21:45	06:37:43	13:30:39	15:00:13.90	12:40	4.7
92	NOWAKOWSKI MIROSŁAW	1162		WIELEŃ	POL	M50	9	M 92	01:28:56	06:55:18	13:37:32	15:07:27.50	12:46	4.7
93	NOWAKOWSKI SŁAWOMIR	1239		HIPOLITÓW	POL	M40	41	M 93	01:23:11	07:07:27	13:43:22	15:08:50.25	12:48	4.7
94	PASIEKA TOMASZ	1194		MROCZA	POL	M40	42	M 94	01:26:40	06:53:57	13:47:37	15:14:40.85	12:52	4.7
95	ZYCH MARCIN	1102		ŻARY	POL	M40	43	M 95	01:16:00	06:07:58	13:36:06	15:15:51.10	12:53	4.7
96	HOWIL WALDEMAR	1248		GRYFINO	POL	M40	44	M 96	01:28:02	06:51:00	13:47:11	15:17:16.75	12:55	4.6

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
97	SZAJEK ARKADIUSZ	1254	ARVATO S.C. REP	POZNAŃ	POL	M30	37	M 97	01:31:55	06:52:24	13:33:01	15:22:16.85	12:59	4.6
98	KOZUBSKI MACIEJ	1244	ARVATO S.C. REP	ROKIETNICA	POL	M30	38	M 98	01:31:55	06:50:54	13:32:08	15:22:17.60	12:59	4.6
99	SZULC ADAM	1232	RADA PUCHACZY	STRZEBIELINO	POL	M40	45	M 99	01:28:21	06:47:48	13:48:02	15:23:09.80	13:00	4.6
100	SYPNIEWSKI KRYSZTIAN	1158		POZNAŃ	POL	M40	46	M 100	01:18:26	06:49:56	13:50:44	15:28:11.60	13:04	4.6
101	STRZELECKI KRZYSZTOF	1192		WROCLAW	POL	M40	47	M 101	01:23:49	07:03:08	14:34:27	16:17:15.10	13:45	4.4
102	PLASZCZYK BARTŁOMIEJ	1218		GŁOGÓW	POL	M30	39	M 102	01:26:55	07:22:57	14:43:39	16:29:50.35	13:56	4.3
103	GARBACZ MAREK	1191		OŁAWA	POL	M40	48	M 103	01:23:46	07:06:16	14:59:05	16:45:25.80	14:09	4.2
104	KAWAŁKO RYSZARD	1292	WOLNY RYŚ *****	LEGNICA	POL	M50	10	M 104	01:25:08	08:04:46	15:09:28	16:45:58.35	14:10	4.2
	OLSZEWSKI MICHAŁ	1299	MSPORTTEAM	POLKOWICE	POL	M40			01:17:44	06:25:09	DNF	DNF	-	-
									DNF	DNF				
	DĄBROWSKI MARCIN	1245		SIENIAWA ŻARSKA	POL	M40			01:15:33	06:41:31	DNF	DNF	-	-
									DNF	DNF				
	STOŁOWSKI ROBERT	1155	AMICA	WIELEŃ	POL	M40			01:28:58	DNF	DNF	DNF	-	-
									DNF					

SIEDEMDZIESIĄT Z HAKIEM, K18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	KALINA ANNA	1290		WROCLAW	POL	K18	1	K 12	01:23:49	05:58:34	11:26:50	12:41:20.30	10:43	5.6

SIEDEMDZIESIĄT Z HAKIEM, M18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	DASZEWSKI FILIP	1211	FOXY FIT	DĘBNO	POL	M18	1	M 16	01:00:52	04:24:33	08:42:46	09:40:09.60	8:10	7.3
2	KANIA MARCIN	1272	GŁOWĄ DO CZOŁA	GLIWICE	POL	M18	2	M 35	01:05:53	05:03:01	09:59:22	11:06:14.55	9:23	6.4
3	SAJDUDA ADAM	1195		WROCLAW	POL	M18	3	M 41	01:11:09	05:04:08	10:10:13	11:22:11.40	9:36	6.2
4	KLYSZCZ MICHAŁ	1193	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 49	01:08:29	05:19:48	10:41:50	11:58:51.05	10:07	5.9
5	DE ROSIER MAREK	1267		GDYNIA	POL	M18	5	M 76	01:17:18	06:13:19	11:50:07	13:10:44.20	11:08	5.4
6	HEŁMECKI MARCIN	1283		WILCZYCE	POL	M18	6	M 87	01:28:18	06:24:04	12:40:36	14:07:27.75	11:56	5

SIEDEMDZIESIĄT Z HAKIEM, K30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	FLOREK KATARZYNA	1177		WROCLAW	POL	K30	1	K 1	01:02:05	04:25:03	08:21:53	09:15:28.65	7:49	7.7
2	MIŚTAK JOLA	1196		OŁAWA	POL	K30	2	K 2	01:03:38	04:31:30	08:31:58	09:24:53.80	7:57	7.5
3	BEDNARCZYK MAGDALENA	1235	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K30	3	K 4	01:02:35	04:33:21	08:48:28	09:48:26.55	8:17	7.2
4	GUZERA JUSTYNA	1250	MATNER RUNNING TEAM	WROCLAW	POL	K30	4	K 6	01:08:38	05:07:51	10:01:50	11:12:39.40	9:28	6.3
5	KONIECZNA PAULINA	1274	CH10	CHOSZCZNO	POL	K30	5	K 7	01:09:55	05:18:55	10:07:59	11:18:00.30	9:32	6.3
6	ŁASZCZYK NADIA	1198		REDA	POL	K30	6	K 8	01:21:32	05:48:06	10:25:32	11:25:35.10	9:39	6.2
7	STALA-KONDRAKIEWICZ KATARZYNA	1189	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOSZYCE	POL	K30	7	K 9	01:15:34	05:46:44	10:48:06	12:04:17.45	10:12	5.9
8	QUIRINI EWA	1258		WARSZAWA	POL	K30	8	K 10	01:23:33	06:05:19	11:18:16	12:26:34.20	10:30	5.7
9	BOMBA ALINA	1165		WROCLAW	POL	K30	9	K 11	01:13:57	05:50:20	11:27:44	12:37:38.50	10:40	5.6
10	LEBODA KATARZYNA	1151	WILD DOGS TEAM	KATOWICE	POL	K30	10	K 13	01:15:29	05:45:52	11:31:18	12:43:34.05	10:45	5.6
11	KNARA ADA	1221	TRI MISSION	OŁAWA	POL	K30	11	K 17	01:15:56	06:08:16	12:16:34	13:36:28.20	11:29	5.2
12	KŁÓSKA KATARZYNA	1281	OSK RADAR	PIECHOWICE	POL	K30	12	K 23	01:18:48	06:41:41	13:35:45	15:23:18.85	13:00	4.6

SIEDEMDZIESIĄT Z HAKIEM, M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	DURKOWSKI MARCIN	1282	TOPO ATHLETIC POLAND	OBORNIKI ŚLĄSKIE	POL	M30	1	M 1	00:54:34	03:44:23	06:54:58	07:38:49.40	6:27	9.3
2	SADOWSKI PAWEŁ	1263	DRÄXLMAIER	JANOWICE WIELKIE	POL	M30	2	M 2	00:54:35	03:45:05	06:57:19	07:44:36.25	6:32	9.2

SIEDEMDZIESIĄT Z HAKIEM, M30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
3	GORZELAŃCZYK JAKUB	1279	MKS SIECHNICE	GOLĘCZEWO	POL	M30	3	M 3	00:54:37	03:49:25	07:09:41	07:55:53.85	6:42	9
4	OTRĘBA MACIEJ	1288		WROCLAW	POL	M30	4	M 4	00:54:38	03:58:48	07:19:17	08:07:36.80	6:52	8.7
5	WOLEK SZYMON	1251		TYCHY	POL	M30	5	M 5	00:54:33	03:59:15	07:25:01	08:11:55.30	6:55	8.7
6	SMOLIŃSKI MARCIN	1202	BIEGIEM PO MARZENIA TEAM/RUNPROGRESSTEAM	WROCLAW	POL	M30	6	M 6	00:58:03	03:59:06	07:35:52	08:26:30.45	7:08	8.4
7	DEMBSKI PAWEŁ	1184	PRZEDWOJEWSKI TEAM/RATE MY TRAIL PRO	SKÓRZEWO	POL	M30	7	M 7	00:57:31	04:11:55	08:02:35	09:00:37.80	7:36	7.9
8	WIECZORKIEWICZ ZBIGNIEW	1257		JELEŃ GÓRA	POL	M30	8	M 8	01:05:34	04:32:35	08:16:54	09:08:37.10	7:43	7.8
9	DAJEK ŁUKASZ	1286	JEDZIBIEGAJ.PL	ŻYRARDÓW	POL	M30	9	M 9	01:00:53	04:22:06	08:19:04	09:11:50.85	7:46	7.7
10	KRÓLEWICZ MICHAŁ	1287		SIECHNICE	POL	M30	10	M 10	01:03:02	04:17:29	08:15:47	09:14:15.20	7:48	7.7
11	SKURATKO ADRIAN	1185	RONAL POLSKA RUN	WAŁBRZYCH	POL	M30	11	M 11	01:02:33	04:25:32	08:28:44	09:23:31.75	7:56	7.6
12	ROSOLSKI DAWID	1291		KOŚCIAN	POL	M30	12	M 12	01:02:13	04:26:07	08:28:46	09:24:08.90	7:56	7.6
13	BORUCKI JAKUB	1252	140MINUT.PL	KATOWICE	POL	M30	13	M 14	01:03:26	04:39:49	08:41:13	09:33:27.60	8:04	7.4
14	ŁABUZ SYLWESTER	1103	SOWIODZIKI	DZIERŻONIÓW	POL	M30	14	M 15	01:01:54	04:41:34	08:46:15	09:35:13.70	8:06	7.4
15	WRÓBEL DAMIAN	1199		WROCLAW	POL	M30	15	M 17	00:57:03	04:31:27	08:45:08	09:46:43.10	8:15	7.3
16	ANDRUSZKIEWICZ PAWEŁ	1262		JELEŃ GÓRA	POL	M30	16	M 20	01:03:40	04:35:04	08:51:04	09:59:06.85	8:26	7.1
17	OSTAPSKI KAMIL	1289	VEGE RUNNERS	WROCLAW	POL	M30	17	M 22	01:07:12	05:03:39	09:15:21	10:03:38.95	8:30	7.1
18	SIOMA KONRAD	1167		KRZYSZKOWO	POL	M30	18	M 31	01:05:36	04:57:14	09:38:01	10:48:40.60	9:08	6.6
19	PIECUCH MARCIN	1242		KRAKÓW	POL	M30	19	M 36	01:05:52	05:23:29	10:09:59	11:15:47.35	9:31	6.3
20	KALEMBA KAMIL	1166		BRZEG DOLNY	POL	M30	20	M 39	01:03:56	05:03:35	10:03:01	11:17:47.50	9:32	6.3
21	TENDAJ MAREK	1207		JELEŃ GÓRA	POL	M30	21	M 40	01:02:57	05:07:45	10:07:08	11:19:42.35	9:34	6.3
22	SOBOLEWSKI DARIUSZ	1159	BOREL MARATHON TEAM	KOZUCHÓW	POL	M30	22	M 43	01:08:51	05:12:00	10:17:20	11:26:35.70	9:40	6.2
23	SZCZERBAKOWICZ KAMIL	1108		NADOLICE WIELKIE	POL	M30	23	M 44	01:12:34	05:14:42	10:20:21	11:27:58.45	9:41	6.2
24	PIWKO MATEUSZ	1220		SZCZECIN	POL	M30	24	M 45	01:25:53	05:41:28	10:40:14	11:45:11.05	9:55	6
25	NAGŁAK ŁUKASZ	1157	KOZMIN BIEGA ULTRA RUNNERS	KOZMIN WIELKOPOLSKI	POL	M30	25	M 56	01:16:35	05:55:59	11:18:02	12:24:25.00	10:29	5.7
26	POLAŃSKI PAWEŁ	1178	#KASZANIANAMOKA	GDAŃSK	POL	M30	26	M 57	01:22:43	05:59:34	11:17:03	12:30:12.20	10:33	5.7
27	TYLMAN PIOTR	1183	RUNDORFINA	CZAPLINEK	POL	M30	27	M 60	01:10:54	05:42:29	11:26:42	12:42:55.50	10:44	5.6
28	CHOROSTKOWSKI BARTOSZ	1172	CHATA BIEGACZA K34 ZAKOPANE	WROCLAW	POL	M30	28	M 61	01:13:24	05:42:45	11:34:32	12:51:43.80	10:52	5.5
29	BRONIEWSKI PIOTR	1182		KUNOWICE	POL	M30	29	M 64	01:16:24	05:46:05	11:41:22	12:59:18.65	10:58	5.5
30	JASINIAK BARTOSZ	1190		SŁUBICE	POL	M30	30	M 65	01:16:24	05:46:10	11:41:23	12:59:19.00	10:58	5.5
31	PIENIĘŻNY MAREK	1179	KOZMIN BIEGA	KOZMIN WIELKOPOLSKI	POL	M30	31	M 68	01:16:37	05:56:32	11:40:39	13:00:23.25	10:59	5.5
32	ANTKIEWICZ KAMIL	1203		KOZIEGŁOWY	POL	M30	32	M 72	01:15:41	05:51:54	11:46:54	13:04:09.05	11:02	5.4
33	PORAJ PAWEŁ	1269		CZĘSTOCHOWA	POL	M30	33	M 74	01:28:16	06:26:06	11:50:05	13:06:07.05	11:04	5.4
34	DAWIDOWICZ MARCIN	1222		OŁAWA	POL	M30	34	M 81	01:15:54	06:07:58	12:15:57	13:36:27.75	11:29	5.2
35	DRAŃKO PIOTR	1188		KRAKÓW	POL	M30	35	M 88	01:09:52	06:05:08	12:48:07	14:08:24.75	11:56	5
36	KOŁBUC RAFAŁ	1169		WROCLAW	POL	M30	36	M 90	01:27:42	06:46:28	13:17:02	14:53:43.35	12:35	4.8
37	SZAJEK ARKADIUSZ	1254	ARVATO S.C. REP	POZNAŃ	POL	M30	37	M 97	01:31:55	06:52:24	13:33:01	15:22:16.85	12:59	4.6
38	KOZUBSKI MACIEJ	1244	ARVATO S.C. REP	ROKIETNICA	POL	M30	38	M 98	01:31:55	06:50:54	13:32:08	15:22:17.60	12:59	4.6
39	PLASZCZYK BARTŁOMIEJ	1218		GŁOGÓW	POL	M30	39	M 102	01:26:55	07:22:57	14:43:39	16:29:50.35	13:56	4.3

SIEDEMDZIESIĄT Z HAKIEM, K40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	GRABOŚ NINA	1260		WARSZAWA	POL	K40	1	K 3	01:04:32	04:49:16	08:46:05	09:39:15.55	8:09	7.4
2	KOMAR ANIA	1160		BRZEZINKA ŚREDZKA	POL	K40	2	K 5	01:11:06	05:02:25	09:43:32	10:53:07.40	9:11	6.5
3	BUDYCH-GÓRZNA MAGDALENA	1105		GOWARZEWO	POL	K40	3	K 14	01:12:16	05:58:50	11:37:03	12:57:25.90	10:56	5.5
4	SKORUPIŃSKA KATARZYNA	1101	SKORUPKI	BOLESŁAWIEC	POL	K40	4	K 15	01:13:48	05:58:35	11:50:10	13:13:07.30	11:10	5.4
5	NAPIERAŁA KATARZYNA	1236		SUCHY LAS	POL	K40	5	K 16	01:23:22	06:22:56	12:26:20	13:33:12.30	11:27	5.2
6	GENDVILAITE SONATA	1249	#UNBREAKABLE	VILNIUS	LTU	K40	6	K 18	01:27:02	06:43:58	12:48:29	14:07:05.95	11:55	5
7	MOLINSKA MARLENA	1285		WROCLAW	POL	K40	7	K 19	01:17:37	06:34:16	12:59:28	14:24:09.55	12:10	4.9
8	DEKIERT AGNIESZKA	1216		LUBIN	POL	K40	8	K 20	01:23:57	06:54:15	13:29:52	15:02:34.65	12:42	4.7
9	OCHNIO EWA	1228	DALEKA DROGA	BOLESŁAWIEC	POL	K40	9	K 21	01:30:11	06:50:56	13:37:04	15:07:26.00	12:46	4.7
10	KLUZA-HOWIL LILA	1247	BIEGOWE KAIZEN	GRYFINO	POL	K40	10	K 22	01:28:04	06:50:51	13:47:06	15:17:17.60	12:55	4.6
11	MARCINIAK-HENC ANETA	1213		POZNAŃ	POL	K40	11	K 24	01:28:14	07:28:47	14:43:29	16:29:41.00	13:56	4.3
	DZIĘCZKOWSKA-NIKLEWICZ JOANNA	1175	ROKIETNICA BIEGA	MROWINO	POL	K40			01:08:42	05:19:18	DNF	DNF	-	-
									DNF	DNF				

SIEDEMDZIESIĄT Z HAKIEM, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	MOJEK MICHAŁ	1229		KARPACZ	POL	M40	1	M 18	01:04:42	04:37:24	08:50:22	09:49:17.20	8:17	7.2
2	WOJTASZEK JACEK	1168		PIECHOWICE	POL	M40	2	M 19	01:03:07	04:33:00	09:00:28	09:55:53.30	8:23	7.1
3	RÓŻAŃSKI MATEUSZ	1152		KATOWICE	POL	M40	3	M 21	01:03:17	04:42:13	08:56:32	09:59:19.80	8:26	7.1
4	WŁODARCZYK JAROSŁAW	1164	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M40	4	M 23	00:58:46	04:31:23	08:53:21	10:05:21.50	8:31	7
5	SUPRYN RAFAŁ	1243		WARSZAWA	POL	M40	5	M 24	01:04:51	04:48:58	09:12:18	10:11:52.40	8:37	7
6	KAPŁOWSKI JERZY	1176		WAŁBRZYCH	POL	M40	6	M 25	01:13:42	05:09:16	09:14:57	10:18:34.10	8:42	6.9
7	PAPROCKI KRZYSZTOF	1271		POLKOWICE	POL	M40	7	M 26	01:07:11	05:06:49	09:23:25	10:19:08.90	8:43	6.9
8	CHOJNACKI LESZEK	1205		WARSZAWA	POL	M40	8	M 27	01:11:06	05:00:44	09:19:18	10:25:56.65	8:48	6.8
9	SCHWITALLA ADRIAN	1206		SIECHNICE	POL	M40	9	M 28	01:05:13	05:01:47	09:32:36	10:31:47.10	8:53	6.7
10	BEKAS MARCIN	1246		KRAKÓW	POL	M40	10	M 29	01:05:53	05:01:40	09:34:13	10:43:14.35	9:03	6.6
11	KOZŁOWSKI LESZEK	1204	LESZ NO LIMITS RUNNERS	LESZNO	POL	M40	11	M 30	01:06:52	05:02:24	09:37:46	10:47:48.15	9:07	6.6
12	JANCZ TOMASZ	1225		JELEŃ GÓRA	POL	M40	12	M 32	01:06:29	04:58:11	09:41:22	10:49:15.05	9:08	6.6
13	GURGACZ TOMASZ	1174		BYTOM ODRZANSKI	POL	M40	13	M 33	01:11:56	05:10:28	09:49:17	10:51:16.80	9:10	6.5
14	DYSARZ PRZEMYSŁAW	1212		POZNAŃ	POL	M40	14	M 34	01:12:28	05:10:19	09:47:30	10:52:05.45	9:11	6.5
15	GALA GRZEGORZ	1276	SCHENKER TECHNOLOGY CENTER RUNNERS	SOCHACZEW	POL	M40	15	M 37	01:17:28	05:54:13	10:24:07	11:15:51.45	9:31	6.3
16	BORDYCH ANDRZEJ	1201	BOREL MARATHON TEAM	KOZUCHÓW	POL	M40	16	M 38	01:08:52	05:12:01	10:07:49	11:17:33.80	9:32	6.3
17	PIETRZAK JACEK	1181	WAKAJAWAKA	ŁÓDŹ	POL	M40	17	M 42	01:16:53	05:32:51	10:17:30	11:22:28.30	9:36	6.2
18	GAWLIK MARCIN	1219	MKS SIECHNICE	SIECHNICE	POL	M40	18	M 47	01:15:43	05:26:26	10:38:22	11:48:59.70	9:59	6
19	FRYBEL DAMIAN	1270	WOLSZTYŃSKA AKADEMIA BEGOWA	OBRA	POL	M40	19	M 48	01:11:13	05:40:07	10:38:57	11:50:33.10	10:00	6
20	PIOTROWSKI MICHAŁ	1161	#ŻEBERKATEAM	WROCŁAW	POL	M40	20	M 50	01:09:44	05:28:10	11:02:09	12:10:21.00	10:17	5.8
21	TASZAREK JAKUB	1107		MROWINO	POL	M40	21	M 52	01:09:57	05:42:26	11:06:04	12:11:44.50	10:18	5.8
22	KIEDOWSKI ARTUR	1208		WROCŁAW	POL	M40	22	M 53	01:30:39	05:59:47	11:06:04	12:12:49.80	10:19	5.8
23	OSZCZĘDA KRZYSZTOF	1215		ŻORY	POL	M40	23	M 54	01:15:53	05:53:59	11:07:09	12:14:27.25	10:20	5.8
24	TYCZYŃSKI SŁAWOMIR	1217	FILGROSOIL	LESZNO	POL	M40	24	M 55	01:12:32	05:55:18	11:11:03	12:17:56.80	10:23	5.8
25	GRABOWICZ PAWEŁ	1241		SIEKIERKI WIELKIE	POL	M40	25	M 58	01:22:41	05:53:23	11:22:33	12:30:26.05	10:34	5.7
26	TOMASZEK SEBASTIAN	1104		BRZEZINKA ŚREDZKA	POL	M40	26	M 59	01:15:25	05:52:52	11:23:38	12:40:21.50	10:42	5.6
27	SZARADOWSKI PIOTR	1256	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	27	M 62	01:21:22	05:58:03	11:37:56	12:54:43.85	10:54	5.5
28	MEDEJSZO MARIUSZ	1261		NOWA SÓL	POL	M40	28	M 63	01:10:11	06:04:03	11:40:22	12:54:44.90	10:54	5.5
29	MODLISZEWSKI DARIUSZ	1226	ORANGE POLSKA	SUCHY LAS	POL	M40	29	M 66	01:11:54	05:59:38	11:46:52	12:59:19.15	10:58	5.5
30	PARZONKA PAWEŁ	1265	KS LENIWIEC	KĘPNO	POL	M40	30	M 69	01:16:35	05:53:38	11:42:46	13:03:14.90	11:01	5.4
31	GAŚCZAK MARIUSZ	1170	KS LENIWIEC	KĘPNO	POL	M40	31	M 70	01:16:37	05:55:29	11:42:49	13:03:16.85	11:01	5.4
32	ROGÓRZ ANDRZEJ	1173	STOLFORM	WROCŁAW	POL	M40	32	M 71	01:16:47	06:03:58	11:46:48	13:03:23.75	11:02	5.4
33	KOKOSZKA MARCIN	1237	ONE ON ONE TEAM	ZGIERZ	POL	M40	33	M 77	01:20:22	06:16:13	12:00:59	13:14:42.75	11:11	5.4
34	KOZIOŁ ARTUR	1253		KRAKÓW	POL	M40	34	M 78	01:19:52	06:30:12	12:05:39	13:16:35.95	11:13	5.3
35	MILCZAREK DOMINIK	1275		KOZŁÓW BISKUPI	POL	M40	35	M 79	01:17:30	05:56:07	11:46:54	13:19:47.75	11:15	5.3
36	WINCZURA LESZEK	1231		GDAŃSK	POL	M40	36	M 80	01:29:20	06:47:47	12:25:24	13:34:13.20	11:28	5.2
37	ROLLA DORIAN	1268		WARZYMICE	POL	M40	37	M 82	01:17:47	06:10:33	12:11:34	13:37:26.90	11:30	5.2
38	ROZWADOWSKI ROBERT	1156	DRUŻYNA SZPIKU	SUCHY LAS	POL	M40	38	M 84	01:20:12	06:17:34	12:33:57	13:58:58.65	11:48	5.1
39	GŁADYSZ ROBERT	1266	SCE24.PL	BIELAWA	POL	M40	39	M 86	01:17:18	06:33:38	12:46:49	14:06:40.20	11:55	5
40	ZACHEJA JACEK	1227		LESZNO	POL	M40	40	M 89	01:17:36	06:14:00	12:50:53	14:25:56.95	12:11	4.9
41	NOWAKOWSKI SŁAWOMIR	1239		HIPOLITÓW	POL	M40	41	M 93	01:23:11	07:07:27	13:43:22	15:08:50.25	12:48	4.7
42	PASIEKA TOMASZ	1194		MROCZA	POL	M40	42	M 94	01:26:40	06:53:57	13:47:37	15:14:40.85	12:52	4.7
43	ZYCH MARCIN	1102		ŻARY	POL	M40	43	M 95	01:16:00	06:07:58	13:36:06	15:15:51.10	12:53	4.7
44	HOWIL WALDEMAR	1248		GRYFINO	POL	M40	44	M 96	01:28:02	06:51:00	13:47:11	15:17:16.75	12:55	4.6
45	SZULC ADAM	1232	RADA PUCHACZY	STRZEBIELINO	POL	M40	45	M 99	01:28:21	06:47:48	13:48:02	15:23:09.80	13:00	4.6
46	SYPNIEWSKI KRYSZTOF	1158		POZNAŃ	POL	M40	46	M 100	01:18:26	06:49:56	13:50:44	15:28:11.60	13:04	4.6
47	STRZELECKI KRZYSZTOF	1192		WROCŁAW	POL	M40	47	M 101	01:23:49	07:03:08	14:34:27	16:17:15.10	13:45	4.4
48	GARBACZ MAREK	1191		OŁAWA	POL	M40	48	M 103	01:23:46	07:06:16	14:59:05	16:45:25.80	14:09	4.2
	OLSZEWSKI MICHAŁ	1299	MSPORTTEAM	POLKOWICE	POL	M40			01:17:44	06:25:09	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	DĄBROWSKI MARCIN	1245		SIENIAWA ŻARSKA	POL	M40			01:15:33	06:41:31	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	STOŁOWSKI ROBERT	1155	AMICA	WIELEŃ	POL	M40			01:28:58	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	-	-

SIEDEMDZIESIĄT Z HAKIEM, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	GREIVELDINGER GILLES	1278	ŚWIAT BIEGACZA FEHLAU RUN TEAM	KORNIK	POL	M50	1	M 13	00:58:46	04:19:49	08:40:34	09:32:19.15	8:03	7.4
2	KINCEL KRZYSZTOF	1259		POŁUPIN	POL	M50	2	M 46	01:15:38	05:37:31	10:37:36	11:45:30.80	9:56	6
3	HELMECKI DARIUSZ	1284		WILCZYCE	POL	M50	3	M 51	01:28:48	05:45:25	11:04:20	12:10:58.10	10:17	5.8
4	PUSZCZYKOWSKI GRZEGORZ	1154		INOWŁÓDZ	POL	M50	4	M 73	01:15:48	05:57:15	11:50:07	13:06:01.30	11:04	5.4
5	KOZŁOWSKI WOJCIECH	1171		LISOWICE	POL	M50	5	M 75	01:11:03	05:37:38	11:28:43	13:10:07.25	11:07	5.4
6	ŁUSZCZ JANUSZ	1238	TŁUSTE KOTY	WROCŁAW	POL	M50	6	M 83	01:13:32	06:04:21	12:20:09	13:45:29.80	11:37	5.2
7	RYBCZYŃSKI PRZEMEK	1234		KRAKÓW	POL	M50	7	M 85	01:17:16	06:33:36	12:46:41	14:06:39.45	11:55	5
8	RZEMIŃSKI ROBERT	1106		JELENIA GÓRA	POL	M50	8	M 91	01:21:45	06:37:43	13:30:39	15:00:13.90	12:40	4.7
9	NOWAKOWSKI MIROŚLAW	1162		WIELEŃ	POL	M50	9	M 92	01:28:56	06:55:18	13:37:32	15:07:27.50	12:46	4.7
10	KAWAŁKO RYSZARD	1292	WOLNY RYŚ *****	LEGNICA	POL	M50	10	M 104	01:25:08	08:04:46	15:09:28	16:45:58.35	14:10	4.2

SIEDEMDZIESIĄT Z HAKIEM, M60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	38km	64km	Netto	min/km	km/h
1	MATYSZKOWICZ JANUSZ	1233	GONIMY	KĘTY	POL	M60	1	M 67	01:19:25	06:22:45	11:46:31	13:00:05.95	10:59	5.5