

ZABIEGANA MAMA 2021

Organizator: Fundacja Run Vegan
Data: 2021-09-19
Miejsce: Warszawa
Dystans: 3 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 50 miejsc wg czasu brutto



ZABIEGANA MAMA 2021, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
1	MARSZAŁ MARIUSZ	71	PRL TRANSPORT	WARSZAWA	POL	M OPEN	1	M 1	00:03:21	00:06:50	00:10:19.78	00:10:21.50	3:26	17.4
2	HILDEBRAND MARCIN	33	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M OPEN	2	M 2	00:03:22	00:06:53	00:10:26.20	00:10:28.08	3:28	17.3
3	KLECZEWSKI PIOTR	52	UKS FILIPIDES	WARSZAWA	POL	M OPEN	3	M 3	00:03:22	00:06:57	00:10:35.98	00:10:37.75	3:31	17
4	ZARODKIEWICZ DAWID	154		WARSZAWA	POL	M OPEN	4	M 4	00:03:38	00:07:19	00:11:08.45	00:11:10.66	3:42	16.2
5	ZIELAK DARIUSZ	159		WARSZAWA	POL	M OPEN	5	M 5	00:03:47	00:07:43	00:11:41.91	00:11:50.47	3:53	15.4
6	KOTOWSKI SYLWESTER	53		WARSZAWA	POL	M OPEN	6	M 6	00:03:38	00:07:52	00:12:01.63	00:12:03.47	4:00	15
7	BUJNOWSKA MAŁGORZATA	13		WARSZAWA	POL	K OPEN	1	K 1	00:03:47	00:08:02	00:12:11.46	00:12:13.05	4:03	14.8
8	SZEWCZYK MARTA	209	GRAŻYNIKI OCR	WARSZAWA	POL	K OPEN	2	K 2	00:03:52	00:08:06	00:12:20.29	00:12:22.44	4:06	14.6
9	SKAWSKI JAN	299		WARSZAWA	POL	M OPEN	7	M 7	00:04:10	00:08:19	00:12:26.72	00:12:30.53	4:08	14.5
10	WALECKA WIKTORIA	203	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K OPEN	3	K 3	00:04:01	00:08:21	00:12:36.73	00:12:38.98	4:12	14.3
11	KOWALIKOWSKA RENATA	206	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K OPEN	4	K 4	00:04:01	00:08:22	00:12:39.69	00:12:41.72	4:13	14.2
12	ŁUKOMSKI WOJCIECH	67	JÓZEFÓW	WARSZAWA	POL	M OPEN	8	M 8	00:04:03	00:08:25	00:12:39.29	00:12:49.29	4:13	14.2
13	MIĄSKO WOJCIECH	73	12TRI.PL	WARSZAWA	POL	M OPEN	9	M 9	00:04:01	00:08:22	00:12:46.36	00:12:49.88	4:15	14.1
14	HRYCAJ KAROLINA	216		WARSZAWA	POL	K OPEN	5	K 5	00:04:04	00:08:25	00:12:53.34	00:12:56.01	4:17	14
15	ŁUKOMSKI FRANCISZEK	294	JÓZEFÓW	WARSZAWA	POL	M OPEN	10	M 10	00:04:18	00:08:50	00:13:02.41	00:13:12.62	4:20	13.8
16	SZCZERBA ŁUKASZ	121	W POGONI ZA DUCHEM	WARSZAWA	POL	M OPEN	11	M 11	00:04:16	00:08:47	00:13:08.51	00:13:16.81	4:22	13.7
17	CHRAPEK KRZYSZTOF	15		WARSZAWA	POL	M OPEN	12	M 12	00:04:47	00:09:21	00:13:13.32	00:13:18.94	4:24	13.6
18	APANOWICZ ANGELIKA	2	EKOBIEGI	WARSZAWA	POL	K OPEN	6	K 6	00:04:19	00:08:43	00:13:13.81	00:13:20.63	4:24	13.6
19	REWERA ROBERT	101		WARSZAWA	POL	M OPEN	13	M 13	00:04:28	00:09:04	00:13:33.14	00:13:37.54	4:31	13.3
20	TRUSZKOWSKA MARTA	127	BESTIE OCR LEGIONOWO	WARSZAWA	POL	K OPEN	7	K 7	00:04:25	00:09:06	00:13:42.31	00:13:44.87	4:34	13.1
21	CHRAPEK ADAM	16		WARSZAWA	POL	M OPEN	14	M 14	00:04:24	00:09:17	00:14:18.17	00:14:23.60	4:46	12.6
22	FIDOR NATALIA	196		WARSZAWA	POL	K OPEN	8	K 8	00:05:02	00:10:08	00:14:46.40	00:14:52.07	4:55	12.2
23	LEWTAK ADAM	61		WARSZAWA	POL	M OPEN	15	M 15	00:04:43	00:09:44	00:14:57.85	00:15:05.62	4:59	12
24	NABORCZYK TOMASZ	220	MIŃSK MAZOWIECKI	WARSZAWA	POL	M OPEN	16	M 16	00:05:05	00:10:11	00:15:02.14	00:15:11.82	5:00	12
25	FABCZAK KACZYŃSKA WIOLETTA	21		WARSZAWA	POL	K OPEN	9	K 9	00:04:44	00:10:05	00:15:15.30	00:15:18.63	5:05	11.8
26	SYPNIEWSKI PIOTR	204	TKKF BŁYSKAWICA	WARSZAWA	POL	M OPEN	17	M 17	00:04:56	00:10:12	00:15:07.71	00:15:26.31	5:02	11.9
27	PULAWSKI PAWEŁ	98	WOŁOMIN	WOŁOMIN	POL	M OPEN	18	M 18	00:05:03	00:10:25	00:15:40.60	00:15:46.66	5:13	11.5
28	JAWORSKA KAROLINA	41		WARSZAWA	POL	K OPEN	11	K 10	00:05:18	00:10:42	00:15:42.68	00:15:46.67	5:14	11.5
29	AKONOM WERONIKA	1	PRUSZKÓW	WARSZAWA	POL	K OPEN	10	K 11	00:04:50	00:10:21	00:15:39.51	00:15:47.19	5:13	11.5
30	NIEPIELSKA MAGDA	83		WARSZAWA	POL	K OPEN	12	K 12	00:04:52	00:10:26	00:15:45.66	00:15:48.07	5:15	11.4
31	SOBOLEWSKA IZABELA	117	BE DIET CATERING	WARSZAWA	POL	K OPEN	13	K 13	00:05:24	00:10:52	00:15:45.77	00:15:48.49	5:15	11.4
32	GETKA-KACZOR JOANNA	194		WARSZAWA	POL	K OPEN	14	K 14	00:05:29	00:10:51	00:15:50.27	00:15:53.68	5:16	11.4
33	ZIEMAK RADOSŁAW	213	CHOTOMOW	CHOTOMOW	POL	M OPEN	19	M 19	00:05:07	00:10:32	00:15:49.29	00:15:55.11	5:16	11.4
34	LEWTAK PIOTR	62		WARSZAWA	POL	M OPEN	20	M 20	00:05:14	00:10:47	00:15:51.78	00:15:58.56	5:17	11.4
35	ŁUKOMSKA TERESA	65	JÓZEFÓW	WARSZAWA	POL	K OPEN	15	K 15	00:04:56	00:10:30	00:16:00.60	00:16:08.53	5:20	11.3
36	WILCZYŃSKA MARTA	279		WARSZAWA	POL	K OPEN	16	K 16	00:05:10	00:10:39	00:16:06.88	00:16:09.76	5:22	11.2
37	POGODZIŃSKA MARTA	92		WARSZAWA	POL	K OPEN	18	K 17	00:05:04	00:10:33	00:16:09.06	00:16:12.10	5:23	11.1
38	SKOWROŃSKI WOJCIECH	202		WARSZAWA	POL	M OPEN	21	M 21	00:05:20	00:10:52	00:16:07.93	00:16:15.69	5:22	11.2
39	MROZIK MAŁGORZATA	79	SOSNOWIEC	SOSNOWIEC	POL	K OPEN	17	K 18	00:05:21	00:10:52	00:16:08.42	00:16:15.78	5:22	11.2
40	RACHWAŁSKA JOANNA	208	W-WA	WARSZAWA	POL	K OPEN	19	K 19	00:05:17	00:10:51	00:16:16.88	00:16:24.14	5:25	11.1
41	RUTKOWSKA MAJA	109	TEAM ZABIEGANEDNI	WARSZAWA	POL	K OPEN	20	K 20	00:05:06	00:10:48	00:16:25.23	00:16:29.87	5:28	11
42	NOWAK EDYTA	298		WARSZAWA	POL	K OPEN	21	K 21	00:05:23	00:11:04	00:16:26.24	00:16:30.59	5:28	11
43	LEWTAK EWA	60		WARSZAWA	POL	K OPEN	22	K 22	00:05:23	00:10:55	00:16:36.72	00:16:44.57	5:32	10.8
44	BRZĘCZEK IZABELA	210	JÓZEFOSŁAW	WARSZAWA	POL	K OPEN	25	K 23	00:05:21	00:11:00	00:16:41.64	00:16:48.00	5:33	10.8
45	ROSZKOWSKA AGNIESZKA	207		WARSZAWA	POL	K OPEN	24	K 24	00:05:36	00:11:09	00:16:38.94	00:16:48.38	5:32	10.8
46	MACIEJEWSKI TOMASZ	68	PEĆICE MAŁE	PEĆICE MAŁE	POL	M OPEN	22	M 22	00:05:34	00:11:09	00:16:41.59	00:16:51.38	5:33	10.8

ZABIEGANA MAMA 2021, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
47	ZIELAK ALDONA	158		WARSZAWA	POL	K OPEN	23	K 25	00:05:33	00:11:17	00:16:38.45	00:16:52.94	5:32	10.8
48	LEŚNIEWSKA ARLETA	56		ŁÓDŹ	POL	K OPEN	26	K 26	00:05:34	00:11:16	00:16:48.52	00:16:55.70	5:36	10.7
49	LEWANDOWSKA MONIKA	57		WARSZAWA	POL	K OPEN	27	K 27	00:05:33	00:11:15	00:16:49.01	00:16:55.71	5:36	10.7
50	HULANICKI ANDRZEJ	35	GOGGLE TEAM	WARSZAWA	POL	M OPEN	23	M 23	00:05:24	00:11:10	00:16:57.41	00:17:02.42	5:39	10.6
51	GÓJSKA KINGA	29		WARSZAWA	POL	K OPEN	28	K 28	00:05:32	00:11:22	00:16:56.97	00:17:08.79	5:38	10.6
52	HULANICKA IRINA	34	GOGGLE TEAM	WARSZAWA	POL	K OPEN	29	K 29	00:05:39	00:11:26	00:16:58.75	00:17:03.34	5:39	10.6
53	WITOSZEK MALGORZATA	147		PRZEGĘDZA	POL	K OPEN	30	K 30	00:05:21	00:11:13	00:17:02.57	00:17:07.98	5:40	10.6
54	SĘPKOWSKA KAROLINA	113		WARSZAWA	POL	K OPEN	31	K 31	00:05:24	00:11:08	00:17:03.87	00:17:07.05	5:41	10.6
55	MARCZAK GRAŻYNA	70	LECZO TEAM	WARSZAWA	POL	K OPEN	32	K 32	00:05:40	00:11:30	00:17:10.52	00:17:14.50	5:43	10.5
56	MALASIEWICZ ANGELIKA	69		WARSZAWA	POL	K OPEN	33	K 33	00:05:27	00:11:23	00:17:16.49	00:17:23.95	5:45	10.4
57	BARNAS ILONA	7	PRETTYFITTYTEAM	WARSZAWA	POL	K OPEN	34	K 34	00:05:42	00:11:40	00:17:18.78	00:17:30.13	5:46	10.4
58	BIELONKO KATARZYNA	8		WARSZAWA	POL	K OPEN	35	K 35	00:05:26	00:11:18	00:17:22.21	00:17:27.52	5:47	10.4
59	WRÓBEL JOANNA	215		WARSZAWA	POL	K OPEN	36	K 36	00:05:11	00:11:08	00:17:23.63	00:17:28.15	5:47	10.4
60	CIEŚLIKOWSKI AGATA	185		MARKI	POL	K OPEN	37	K 37	00:05:20	00:11:26	00:17:23.86	00:17:27.17	5:47	10.4
61	ZIÓŁKOWSKA JUSTYNA	161		WARSZAWA	POL	K OPEN	38	K 38	00:05:38	00:11:33	00:17:26.72	00:17:31.42	5:48	10.3
62	MATYSIAK AGNIESZKA	72		WARSZAWA	POL	K OPEN	39	K 39	00:05:23	00:11:24	00:17:29.97	00:17:32.28	5:49	10.3
63	ŁĄCKA ILONA	291	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K OPEN	40	K 40	00:05:43	00:11:38	00:17:36.13	00:17:43.54	5:52	10.2
64	TRZCIŃSKA-CHRAPEK AGNIESZKA	134		WARSZAWA	POL	K OPEN	41	K 41	00:05:37	00:11:33	00:17:40.42	00:17:48.82	5:53	10.2
65	SZUL MAŁGORZATA	123		JÓZEFOSŁAW	POL	K OPEN	42	K 42	00:05:56	00:11:56	00:17:46.73	00:17:55.18	5:55	10.1
66	NAUMOSKA ANNA	82		WARSZAWA (BIELANY)	POL	K OPEN	43	K 43	00:05:28	00:11:31	00:17:47.66	00:17:53.39	5:55	10.1
67	DĘBSKA MARLENA	221		NOWA SUCHA	POL	K OPEN	44	K 44	00:05:22	00:11:34	00:17:53.18	00:17:56.06	5:57	10.1
68	POTAPCZUK-RUTKOWSKA LUIZA	94	CHODAGANG	IZABELIN	POL	K OPEN	45	K 45	00:05:31	00:11:49	00:17:54.74	00:17:58.64	5:58	10.1
69	PEJŚ WIKTORIA	88		RADOM	POL	K OPEN	46	K 46	00:05:42	00:11:50	00:17:55.02	00:18:00.44	5:58	10
70	PAŹDZIERSKA PATRYCJA	87		LUBLIN	POL	K OPEN	47	K 47	00:05:39	00:11:58	00:18:05.89	00:18:10.27	6:01	10
71	DYBIEC AGATA	19		BIENIEWICE	POL	K OPEN	48	K 48	00:05:35	00:11:56	00:18:10.10	00:18:17.12	6:03	9.9
72	WĘGRZYŃSKI MONIKA	141	MW KANAŁ	WARSZAWA	POL	K OPEN	49	K 49	00:06:15	00:12:43	00:18:24.68	00:18:37.54	6:08	9.8
73	PULIKOWSKA ANNA	97		WARSZAWA	POL	K OPEN	50	K 50	00:05:48	00:12:08	00:18:32.09	00:18:38.27	6:10	9.7
74	RAFALSKA MARTA	99		WARSZAWA	POL	K OPEN	51	K 51	00:05:49	00:12:21	00:18:34.98	00:18:39.96	6:11	9.7
75	FIOŁEK EWELINA	22		WARSZAWA	POL	K OPEN	52	K 52	00:05:38	00:11:56	00:18:51.76	00:18:56.80	6:17	9.5
76	KOWALSKA IZABELA	54		WARSZAWA	POL	K OPEN	53	K 53	00:06:18	00:12:39	00:18:53.36	00:19:01.21	6:17	9.5
77	STASIOWSKA KAMILA	118	TOSIA TEAM	ŁÓDŹ (ŁÓDŹ-BALUTY)	POL	K OPEN	54	K 54	00:06:01	00:12:25	00:18:56.31	00:19:05.14	6:18	9.5
78	WIŚNIEWSKA BEATA	145		STARA WIEŚ	POL	K OPEN	55	K 55	00:06:04	00:12:48	00:19:08.73	00:19:14.72	6:22	9.4
79	JANUSZEWSKA ALEKSANDRA	40		WARSZAWA	POL	K OPEN	56	K 56	00:06:00	00:12:50	00:19:09.11	00:19:14.96	6:23	9.4
80	CIEŚLIKOWSKA GRAŻYNA	186		WARSZAWA	POL	K OPEN	57	K 57	00:06:01	00:13:01	00:19:40.64	00:19:43.52	6:33	9.2
81	ZWOLIŃSKA MAŁGORZATA	164		IZABELA	POL	K OPEN	58	K 58	00:06:25	00:13:21	00:19:58.39	00:20:12.34	6:39	9
82	MARCHEWA MARZENA	212		WARSZAWA	POL	K OPEN	59	K 59	00:05:50	00:12:52	00:20:41.71	00:20:49.59	6:53	8.7
83	TRYBALSKA MAGDALENA	130		WARSZAWA	POL	K OPEN	60	K 60	00:06:43	00:13:55	00:20:43.73	00:20:54.20	6:54	8.7
84	MITUNIEWICZ NATALIA	76		WARSZAWA	POL	K OPEN	61	K 61	00:06:29	00:13:46	00:20:48.06	00:23:05.30	6:56	8.7
85	GOŁĘBIEWSKA OLA	175		OLSZTYN	POL	K OPEN	62	K 62	00:06:47	00:13:46	00:20:59.31	00:21:05.81	6:59	8.6
86	TRYBALSKA KAROLIA	129		WARSZAWA	POL	K OPEN	63	K 63	00:06:49	00:14:05	00:21:04.22	00:21:15.07	7:01	8.5
87	TRYBALSKA JOLA	128		WARSZAWA	POL	K OPEN	64	K 64	00:06:49	00:14:05	00:21:04.40	00:21:15.03	7:01	8.5
88	ZWOLIŃSKA WERONIKA	165		IZABELA	POL	K OPEN	65	K 65	00:06:16	00:13:24	00:21:32.28	00:21:56.46	7:10	8.4
89	ZWOLIŃSKI ANTONI	166		IZABELA	POL	M OPEN	24	M 24	00:06:27	00:13:23	00:21:46.01	00:21:58.27	7:15	8.3
90	PIOTROWSKA NATALIA	90		KAZIMIERZ DOLNY	POL	K OPEN	66	K 66	00:06:46	00:14:32	00:21:54.13	00:22:00.81	7:18	8.2
91	UNIWERSAŁ ANNA	137		GARWOLIN	POL	K OPEN	67	K 67	00:06:43	00:14:29	00:21:58.88	00:22:07.77	7:19	8.2
92	PAŁĘGA MARLENA	86		KONSTANCJIN JEZIORNA	POL	K OPEN	68	K 68	00:06:44	00:14:29	00:21:59.01	00:22:07.89	7:19	8.2
93	KONARZEWSKA BASIA	193		WARSZAWA	POL	K OPEN	69	K 69	00:07:09	00:14:39	00:22:03.49	00:22:12.35	7:21	8.2
94	SASIMOWSKA ZOFIA	172		WARSZAWA	POL	K OPEN	70	K 70	00:04:55	00:09:24			4:42	12.8
95	ŁUKOMSKI JAN	66		JÓZEFÓW	POL	M OPEN	25	M 25	00:04:42	00:09:29			4:44	12.7
96	BUGALSKA KATARZYNA	12		WARSZAWA	POL	K OPEN	71	K 71	00:05:30	00:12:04			6:02	9.9
97	SZEW CZYK BEATA	122		WARSZAWA	POL	K OPEN	72	K 72	00:06:36	00:13:01			6:30	9.2
98	IDZIKOWSKA EWA	211		ZĄBKI	POL	K OPEN	73	K 73	00:05:07	00:15:15			7:37	7.9
99	TRYBALSKI PIOTR	131		WARSZAWA	POL	M OPEN	26	M 26	00:06:49	00:21:04			10:32	5.7
100	ZWOLIŃSKI MAREK	167		IZABELA	POL	M OPEN	27	M 27	00:06:16	00:21:34			10:47	5.6
101	SOSIMOWSKA ANTONINA	283		WARSZAWA	POL	K OPEN	74	K 74						