

NORDIC WALKING - 5 KM

Organizator: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
 Data: 2021-09-26
 Miejsce: Wolin
 Dystans: 5 km
 Klasyfikacja wg czasów netto.


NORDIC WALKING - 5 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|-----------------------------|-----|---------------------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DOŁĘGOWSKI MAREK | 235 | BKS MANIAK WOLIN | KOŁCZEWO | POL | M50-59 | 1 | M 1 | TAK | 00:31:43.05 | 6:20 | 9.5 |
| 2 | MASŁYK MAŁGORZATA | 277 | | PYRZYCE | POL | K50-59 | 1 | K 1 | | 00:33:26.70 | 6:41 | 9 |
| 3 | GŁADZIK ALEKSANDER | 243 | KOMPAS TEAM | SZCZECIN | POL | M30-39 | 1 | M 2 | | 00:33:38.60 | 6:43 | 8.9 |
| 4 | RUDAWSKI MACIEJ | 304 | MARSZ PO ZDROWIE | TRZCIEL | POL | M30-39 | 2 | M 3 | | 00:35:01.20 | 7:00 | 8.6 |
| 5 | ZIÓŁKOWSKA SYLWIA | 339 | PUSZCZYK BUKOWY | SZCZECIN | POL | K40-49 | 1 | K 2 | | 00:35:12.05 | 7:02 | 8.5 |
| 6 | STASIAK PRZEMYSŁAW | 314 | SPEEDSKI | SZCZECIN | POL | M30-39 | 3 | M 4 | | 00:35:16.25 | 7:03 | 8.5 |
| 7 | STACHOWICZ-HAWRYLAK SYLWIA | 313 | BIEG KORCZAKA | SZCZECIN | POL | K40-49 | 2 | K 3 | | 00:35:33.20 | 7:06 | 8.4 |
| 8 | CIEMNY TADEUSZ | 225 | | ŚWINOUJŚCIE | POL | M60+ | 1 | M 5 | | 00:35:51.25 | 7:10 | 8.4 |
| 9 | KLABAN TETIANA | 262 | KOMPAS TEAM | POLICE | POL | K40-49 | 3 | K 4 | | 00:36:06.00 | 7:13 | 8.3 |
| 10 | PIEKARSKI KAMIL | 298 | | DĘBNO | POL | M30-39 | 4 | M 6 | | 00:36:24.65 | 7:16 | 8.2 |
| 11 | WOŁK BEATA | 333 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA | POL | K40-49 | 4 | K 5 | | 00:36:29.70 | 7:17 | 8.2 |
| 12 | KUPNIEWSKA ALEKSANDRA | 267 | LOVELASY | POLICE | POL | K30-39 | 1 | K 6 | | 00:36:51.05 | 7:22 | 8.1 |
| 13 | MISIEWICZ BOŻENA | 286 | | CHOJNA | POL | K60+ | 1 | K 7 | | 00:36:51.90 | 7:22 | 8.1 |
| 14 | WIERCHANOWSKI BOGDAN | 328 | | GOLCZEWO | POL | M60+ | 2 | M 7 | | 00:36:53.80 | 7:22 | 8.1 |
| 15 | LEBIODA ALICJA | 268 | SPEEDSKI | SZCZECIN | POL | K40-49 | 5 | K 8 | | 00:37:01.30 | 7:24 | 8.1 |
| 16 | LEDZION ROBERT | 270 | | SZCZECIN | POL | M50-59 | 2 | M 8 | | 00:37:16.05 | 7:27 | 8.1 |
| 17 | PARCHIMOWICZ JANUSZ | 295 | | SZCZECIN | POL | M60+ | 3 | M 9 | | 00:37:28.55 | 7:29 | 8 |
| 18 | KOWALSKA JOANNA | 264 | --- | GRYFINO | POL | K30-39 | 2 | K 9 | | 00:37:49.05 | 7:33 | 7.9 |
| 19 | DAJLID MARTYNA | 232 | | KOŁCZEWO | POL | K16-29 | 1 | K 10 | TAK | 00:37:49.60 | 7:33 | 7.9 |
| 20 | GÓRSKA DOROTA | 246 | | BEZRZECZE | POL | K50-59 | 2 | K 11 | | 00:37:59.55 | 7:35 | 7.9 |
| 21 | GÓRSKA AGNIESZKA | 245 | SZALONE WILCZYCE | SZCZECIN | POL | K40-49 | 6 | K 12 | | 00:38:13.15 | 7:38 | 7.8 |
| 22 | OLEJNIK MARZENA | 292 | NIEZRZESZONA | SZCZECIN | POL | K50-59 | 3 | K 13 | | 00:38:32.10 | 7:42 | 7.8 |
| 23 | WALUKIEWICZ MAGDALENA | 327 | NZ | SZCZECIN | POL | K40-49 | 7 | K 14 | | 00:38:51.35 | 7:46 | 7.7 |
| 24 | ŁUCZKA JOANNA | 273 | | SZCZECIN | POL | K40-49 | 8 | K 15 | | 00:38:55.70 | 7:47 | 7.7 |
| 25 | MAZUREK MACIEJ | 279 | | KAMIEŃ POMORSKI | POL | M40-49 | 1 | M 10 | | 00:39:00.40 | 7:48 | 7.7 |
| 26 | BATOROWICZ MARIOLA | 217 | | WOLIN | POL | K40-49 | 9 | K 16 | TAK | 00:39:08.60 | 7:49 | 7.7 |
| 27 | GŁADZIK ANNA | 244 | KOMPAS TEAM | SZCZECIN | POL | K30-39 | 3 | K 17 | | 00:39:08.80 | 7:49 | 7.7 |
| 28 | DEMKOWICZ EDYTA | 234 | WEGAS | WOLIN | POL | K50-59 | 4 | K 18 | TAK | 00:39:10.35 | 7:50 | 7.7 |
| 29 | MARTYNA EWA | 276 | | ŚWINOUJŚCIE | POL | K60+ | 2 | K 19 | | 00:39:10.70 | 7:50 | 7.7 |
| 30 | BARBAROWICZ ŁUCJA | 214 | | RUNOWO | POL | K60+ | 3 | K 20 | | 00:39:52.25 | 7:58 | 7.5 |
| 31 | SEŃ AGATA | 309 | | SZCZECIN | POL | K30-39 | 4 | K 21 | | 00:40:07.25 | 8:01 | 7.5 |
| 32 | GRZYBOWSKA EWA | 250 | WOLIN | WOLIN | POL | K50-59 | 5 | K 22 | TAK | 00:40:13.15 | 8:02 | 7.5 |
| 33 | MICHALSKA ANNA | 281 | WOLIN | KOŁCZEWO | POL | K40-49 | 10 | K 23 | TAK | 00:40:13.25 | 8:02 | 7.5 |
| 34 | JAROSZ-SZYDŁOWSKA AGNIESZKA | 256 | ROZBIEGANE POBIEROWO | POBIEROWO | POL | K40-49 | 11 | K 24 | | 00:40:18.45 | 8:03 | 7.4 |
| 35 | MICHALSKA ANETA | 280 | KOMPAS TEAM | POLICE | POL | K40-49 | 12 | K 25 | | 00:40:19.85 | 8:03 | 7.4 |
| 36 | DZIEMIDOWICZ JADWIGA | 237 | WEGAS WOLIN | WOLIN | POL | K30-39 | 5 | K 26 | TAK | 00:40:20.90 | 8:04 | 7.4 |
| 37 | DZIEMIDOWICZ ARKADIUSZ | 238 | WEGAS WOLIN | WOLIN | POL | M40-49 | 2 | M 11 | TAK | 00:40:22.75 | 8:04 | 7.4 |
| 38 | BARYŁA DOROTA | 216 | | WOLIN | POL | K50-59 | 6 | K 27 | TAK | 00:40:25.20 | 8:05 | 7.4 |
| 39 | PODHAJNA AGNIESZKA | 300 | | SZCZECIN | POL | K40-49 | 13 | K 28 | | 00:40:29.00 | 8:05 | 7.4 |
| 40 | CZYŻAK ANETTA | 231 | | WOLIN | POL | K50-59 | 7 | K 29 | TAK | 00:40:30.45 | 8:06 | 7.4 |
| 41 | KULAS ZOFIA | 266 | | ŚWINOUJŚCIE | POL | K60+ | 4 | K 30 | | 00:40:42.00 | 8:08 | 7.4 |
| 42 | CETERA JANUSZ | 221 | | DZIWNÓWEK | POL | M60+ | 4 | M 12 | | 00:40:56.35 | 8:11 | 7.3 |
| 43 | TARNOWSKI DARIUSZ | 325 | WOLIN | WOLIN | POL | M60+ | 5 | M 13 | TAK | 00:41:00.05 | 8:12 | 7.3 |
| 44 | WOŹNIEWSKA GRAŻYNA | 334 | SZALONE WILCZYCE | POLICE | POL | K50-59 | 8 | K 31 | | 00:41:03.85 | 8:12 | 7.3 |
| 45 | WUJDA ANNA | 335 | | DĘBNO | POL | K40-49 | 14 | K 32 | | 00:41:23.35 | 8:16 | 7.2 |
| 46 | SZCZYPEK SŁAWOMIR | 323 | | MOSTY-OSIEDLE | POL | M40-49 | 3 | M 14 | | 00:41:24.15 | 8:16 | 7.2 |

NORDIC WALKING - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|--------------------------|-----|-----------------------|----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 47 | SULEJA JOANNA | 320 | STARGARD | STARGARD | POL | K60+ | 5 | K 33 | | 00:41:37.20 | 8:19 | 7.2 |
| 48 | JASIŃSKA RENATA | 257 | | WOLIN | POL | K50-59 | 9 | K 34 | TAK | 00:41:44.40 | 8:20 | 7.2 |
| 49 | PIEKARSKA KATARZYNA | 297 | | SKARBIMIERZYCE | POL | K30-39 | 6 | K 35 | | 00:42:01.35 | 8:24 | 7.1 |
| 50 | GRUDZIŃSKA ALICJA | 247 | | WOLIN | POL | K60+ | 6 | K 36 | TAK | 00:42:02.20 | 8:24 | 7.1 |
| 51 | FALEŃSKI RAFAŁ | 239 | | SZCZECIN | POL | M40-49 | 4 | M 15 | | 00:42:12.20 | 8:26 | 7.1 |
| 52 | NARUK REGINA | 289 | | WOLIN | POL | K50-59 | 10 | K 37 | TAK | 00:42:21.45 | 8:28 | 7.1 |
| 53 | WOJTYSIAK DOROTA | 331 | | SKOSZEWO | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 54 | MIĘTKIEWICZ MONIKA | 283 | | WOLIN | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 55 | ARSZELEWSKA EWELINA | 212 | | SKOSZEWO | POL | K16-29 | 2 | K 40 | TAK | 00:42:24.60 | 8:28 | 7.1 |
| 56 | PRZYŁUSKA MIROSLAWA | 342 | RAZ SZCZECIN | SZCZECIN | POL | K60+ | 7 | K 41 | | 00:42:26.50 | 8:29 | 7.1 |
| 57 | PODZIELNA ALEKSANDRA | 301 | | DOBRA | POL | K40-49 | 15 | K 42 | | 00:42:29.70 | 8:29 | 7.1 |
| 58 | STASIAK IWONA | 315 | | SZCZECIN | POL | K60+ | 8 | K 43 | | 00:42:41.20 | 8:32 | 7 |
| 59 | KĘSKA-PLĄSEK MAŁGORZATA | 260 | LOVELASY | POLICE | POL | K40-49 | 16 | K 44 | | 00:42:42.45 | 8:32 | 7 |
| 60 | NIEZGODA ADAM | 290 | KOMPAS TEAM | POLICE | POL | M40-49 | 5 | M 16 | | 00:42:43.00 | 8:32 | 7 |
| 61 | LINHARD BOŻENA | 271 | | SIERAKOWO | POL | K60+ | 9 | K 45 | | 00:42:50.55 | 8:34 | 7 |
| 62 | SIKORA MAGDALENA | 310 | | POLICE | POL | K40-49 | 17 | K 46 | | 00:42:57.35 | 8:35 | 7 |
| 63 | PAKOS AGNIESZKA | 294 | | WOLIN | POL | K40-49 | 18 | K 47 | TAK | 00:43:10.05 | 8:38 | 6.9 |
| 64 | KIERZYŃSKA MAGDALENA | 261 | | WOLIN | POL | K40-49 | 19 | K 48 | TAK | 00:43:23.95 | 8:40 | 6.9 |
| 65 | SAJEWICZ ARIADNA | 308 | | PRZECLAW | POL | K16-29 | 3 | K 49 | | 00:43:38.25 | 8:43 | 6.9 |
| 66 | PIĄTEK WLADYSŁAWA | 296 | | STARGARD | POL | K60+ | 10 | K 50 | | 00:43:46.20 | 8:45 | 6.9 |
| 67 | CIELUCH BOGUSŁAWA | 224 | | SULIKOWO | POL | K50-59 | 11 | K 51 | | 00:43:49.65 | 8:45 | 6.8 |
| 68 | JUDKIEWICZ HALINA | 258 | | WOLIN | POL | K50-59 | 12 | K 52 | TAK | 00:43:52.35 | 8:46 | 6.8 |
| 69 | JABLONSKI ROMUALD | 251 | | WOLIN | POL | M60+ | 6 | M 17 | TAK | 00:44:06.95 | 8:49 | 6.8 |
| 70 | PACEK MAŁGORZATA | 293 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 20 | K 53 | | 00:44:09.90 | 8:49 | 6.8 |
| 71 | MIKLAS ALEKSANDRA | 284 | | PRZECLAW | POL | K30-39 | 9 | K 54 | | 00:44:10.10 | 8:50 | 6.8 |
| 72 | SOŁTYS IWONA -FRANKA | 312 | | DOBRA | POL | K50-59 | 13 | K 55 | | 00:44:14.45 | 8:50 | 6.8 |
| 73 | DAMAS EDYTA | 233 | ENDORFINA | NOWOGARD | POL | K40-49 | 21 | K 56 | | 00:44:34.55 | 8:54 | 6.7 |
| 74 | MIKOŁAJCZYK MARLENA | 285 | ENDORFINA | NOWOGARD | POL | K40-49 | 22 | K 57 | | 00:44:35.20 | 8:55 | 6.7 |
| 75 | WOLSKA-RAJCHEL MARIA | 332 | | POLICE | POL | K30-39 | 10 | K 58 | | 00:44:35.35 | 8:55 | 6.7 |
| 76 | KRAJEWSKA BEATA | 346 | BIEGACZE ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 23 | K 59 | | 00:44:37.20 | 8:55 | 6.7 |
| 77 | KUBISIAK MARTA | 265 | | WOLIN | POL | K30-39 | 11 | K 60 | TAK | 00:44:40.95 | 8:56 | 6.7 |
| 78 | CZAJKOWSKA IRENA | 229 | AGATEAMMTB | BRZEZNO | POL | K60+ | 11 | K 61 | | 00:44:46.05 | 8:57 | 6.7 |
| 79 | DROZDEK JOANNA | 236 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 24 | K 62 | | 00:44:55.35 | 8:59 | 6.7 |
| 80 | KOŁYSZKO IWONA | 263 | | ŚWINOUJŚCIE | POL | K50-59 | 14 | K 63 | | 00:45:03.95 | 9:00 | 6.7 |
| 81 | ZUŻEWICZ MAŁGORZATA | 340 | | WOLIN | POL | K40-49 | 25 | K 64 | TAK | 00:45:15.35 | 9:03 | 6.6 |
| 82 | ZELEK GRAŻYNA | 338 | | WOLIN | POL | K60+ | 12 | K 65 | TAK | 00:45:17.70 | 9:03 | 6.6 |
| 83 | GRYTA DARIUSZ | 249 | | MIĘDZYDZROJE | POL | M60+ | 7 | M 18 | | 00:45:20.95 | 9:04 | 6.6 |
| 84 | GRYTA JANINA | 248 | BIEGACZE ŚWINOUJŚCIE | MIĘDZYDZROJE | POL | K50-59 | 15 | K 66 | | 00:45:21.45 | 9:04 | 6.6 |
| 85 | FRANKÓW CZESŁAW | 241 | AGATEAM MTB | DĘBNO LUBUSKIE | POL | M60+ | 8 | M 19 | | 00:45:48.45 | 9:09 | 6.6 |
| 86 | CZAJKOWSKI TADEUSZ | 230 | AGATEAM MTB | BRZEZNO | POL | M60+ | 9 | M 20 | | 00:45:50.50 | 9:10 | 6.5 |
| 87 | PIETAŚ SŁAWA | 299 | SZALONE WILCZYCE | POLICE | POL | K60+ | 13 | K 67 | | 00:45:54.45 | 9:10 | 6.5 |
| 88 | FIREK MONIKA | 240 | | WOLIN | POL | K30-39 | 12 | K 68 | TAK | 00:46:09.35 | 9:13 | 6.5 |
| 89 | JAMROŻEK JULITA | 252 | | WOLIN | POL | K30-39 | 13 | K 69 | TAK | 00:46:21.75 | 9:16 | 6.5 |
| 90 | JANECKA RENATA | 254 | WOLIN | WOLIN | POL | K50-59 | 16 | K 70 | TAK | 00:46:22.60 | 9:16 | 6.5 |
| 91 | SZAŁAŃSKA ILONA | 322 | | SIBIN | POL | K30-39 | 14 | K 71 | | 00:46:24.00 | 9:16 | 6.5 |
| 92 | ROLIŃSKA OLGA | 302 | | WOLIN | POL | K16-29 | 4 | K 72 | TAK | 00:46:36.00 | 9:19 | 6.4 |
| 93 | JAMROŻEK PAWEŁ | 253 | | WOLIN | POL | M30-39 | 5 | M 21 | TAK | 00:46:48.55 | 9:21 | 6.4 |
| 94 | ZYGMUNT MAJA | 341 | | ŚWINOUJŚCIE | POL | K16-29 | 5 | K 73 | | 00:46:49.30 | 9:21 | 6.4 |
| 95 | MATLAKIEWICZ-KUŁAK MARTA | 278 | | MIERZYN | POL | K40-49 | 26 | K 74 | | 00:46:53.05 | 9:22 | 6.4 |
| 96 | CIEŚLAK ADAM | 227 | LEGANDARY POWER SZEWC | GRYFINO | POL | M50-59 | 3 | M 22 | | 00:46:53.20 | 9:22 | 6.4 |
| 97 | CIEŚLAK HELENA | 228 | LEGANDARY POWER SZEWC | GRYFINO | POL | K50-59 | 17 | K 75 | | 00:46:53.65 | 9:22 | 6.4 |
| 98 | DUBAJ ANNA | 343 | SZALONE WILCZYCE | SZCZECIN | POL | K30-39 | 15 | K 76 | | 00:46:56.05 | 9:23 | 6.4 |
| 99 | AUGUSTAJTYS MAGDALENA | 213 | | GOGOLICE | POL | K40-49 | 27 | K 77 | TAK | 00:46:57.15 | 9:23 | 6.4 |
| 100 | MISZTAL JAN | 287 | WOLIN | WOLIN | POL | M60+ | 10 | M 23 | TAK | 00:46:59.00 | 9:23 | 6.4 |
| 101 | TARWID BOŻENA | 326 | KIJKI NA SZLAKACH | SZCZECIN | POL | K50-59 | 18 | K 78 | | 00:47:37.40 | 9:31 | 6.3 |
| 102 | GĘBKA-ZYLA MAGDALENA | 242 | MAGDALENA GĘBKA-ZYŁA | SZCZECIN | POL | K40-49 | 28 | K 79 | | 00:48:03.55 | 9:36 | 6.2 |
| 103 | WIŚNIEWSKA ELŻBIETA | 329 | | SIBIN | POL | K50-59 | 19 | K 80 | | 00:48:03.80 | 9:36 | 6.2 |

NORDIC WALKING - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------------|-----|------------------------------------|---------------|------|--------|--------|------|-------------|-------------|--------|------|
| 104 | JANOWSKA-PASZKOWSKA JOANNA | 255 | MUFFINKOWE MORSY | SZCZECIN | POL | K30-39 | 16 | K 81 | | 00:48:09.40 | 9:37 | 6.2 |
| 105 | BOJANOWSKA-GUZ IZABELA | 344 | | SŁUPSK | POL | K40-49 | 29 | K 82 | | 00:49:14.05 | 9:50 | 6.1 |
| 106 | MURAWSKI SŁAWOMIR | 288 | | ŚWINOUJŚCIE | POL | M40-49 | 6 | M 24 | | 00:49:32.75 | 9:54 | 6.1 |
| 107 | RYBAK CZESŁAWA | 305 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | K60+ | 14 | K 83 | | 00:49:57.35 | 9:59 | 6 |
| 108 | NIKIEL IRENA | 291 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | K60+ | 15 | K 84 | | 00:49:57.80 | 9:59 | 6 |
| 109 | BARYŁA PIOTR | 215 | | WOLIN | POL | M50-59 | 4 | M 25 | TAK | 00:50:26.45 | 10:05 | 5.9 |
| 110 | CIESIELSKA AGNIESZKA | 226 | | ŚWINOUJŚCIE | POL | K40-49 | 30 | K 85 | | 00:51:16.70 | 10:15 | 5.9 |
| 111 | AGATOWSKA JOANNA | 211 | ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 31 | K 86 | | 00:51:17.75 | 10:15 | 5.8 |
| 112 | SAJEWICZ MAGDALENA | 307 | | PRZECLAW | POL | K30-39 | 17 | K 87 | | 00:52:34.80 | 10:30 | 5.7 |
| 113 | SAJEWICZ PIOTR | 345 | | PRZECLAW | POL | M40-49 | 7 | M 26 | | 00:52:36.20 | 10:31 | 5.7 |
| 114 | ZALEWSKA JOANNA | 337 | FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI | STRZELCE KRAJ | POL | K50-59 | 20 | K 88 | | 00:52:39.20 | 10:31 | 5.7 |
| 115 | WOJTOWICZ SYLWIA | 330 | WOLIN | WOLIN | POL | K40-49 | 32 | K 89 | TAK | 00:52:40.80 | 10:32 | 5.7 |
| 116 | TARNOWSKA MARIA | 324 | WOLIN | WOLIN | POL | K60+ | 16 | K 90 | TAK | 00:52:41.70 | 10:32 | 5.7 |
| 117 | STRAMA DARIA | 319 | WOLIN | WOLIN | POL | K16-29 | 6 | K 91 | TAK | 00:52:42.50 | 10:32 | 5.7 |
| 118 | MIERZICKA DOROTA | 282 | | WOLIN | POL | K60+ | 17 | K 92 | TAK | 00:52:42.55 | 10:32 | 5.7 |
| 119 | LEDZION DAGMARA | 269 | | SZCZECIN | POL | K40-49 | 33 | K 93 | | 00:52:43.40 | 10:32 | 5.7 |
| 120 | STEFANIAK ELA | 316 | ATOMÓWKI | KARSIBÓR | POL | K50-59 | 21 | K 94 | | 00:53:26.30 | 10:41 | 5.6 |
| 121 | CHARÓW KATARZYNA | 222 | ATOMÓWKI | KODRĄBEK | POL | K30-39 | 18 | K 95 | TAK | 00:53:26.45 | 10:41 | 5.6 |
| 122 | STEFANICKI MAREK | 318 | | ŚWINOUJŚCIE | POL | M60+ | 11 | M 27 | | 00:54:54.00 | 10:58 | 5.5 |
| 123 | SAJEWICZ BOŻENA | 306 | | PRZECLAW | POL | K60+ | 18 | K 96 | | 00:55:01.50 | 11:00 | 5.5 |
| 124 | SIWIECKI SEBASTIAN | 311 | | SZCZECIN | POL | M30-39 | 6 | M 28 | | 00:55:30.35 | 11:06 | 5.4 |
| 125 | BIAŁOSKÓRSKA ZUZANNA | 218 | | SZCZECIN | POL | K30-39 | 19 | K 97 | | 00:55:30.70 | 11:06 | 5.4 |
| 126 | ŁUKASZEWICZ MARIA | 274 | | WOLIN | POL | K50-59 | 22 | K 98 | TAK | 00:55:30.80 | 11:06 | 5.4 |
| | SZAJA BEATA | 321 | ATOMÓWKI | ŚWINOUJŚCIE | POL | K50-59 | | | | DNF | - | - |

NORDIC WALKING - 5 KM, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|-----------------------------|-----|---------------------------|-------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | MASŁYK MAŁGORZATA | 277 | | PYRZYCE | POL | K50-59 | 1 | K 1 | | 00:33:26.70 | 6:41 | 9 |
| 2 | ZIÓŁKOWSKA SYLWIA | 339 | PUSZCZYK BUKOWY | SZCZECIN | POL | K40-49 | 1 | K 2 | | 00:35:12.05 | 7:02 | 8.5 |
| 3 | STACHOWICZ-HAWRYŁAK SYLWIA | 313 | BIEG KORCZAKA | SZCZECIN | POL | K40-49 | 2 | K 3 | | 00:35:33.20 | 7:06 | 8.4 |
| 4 | KLABAN TETIANA | 262 | KOMPAS TEAM | POLICE | POL | K40-49 | 3 | K 4 | | 00:36:06.00 | 7:13 | 8.3 |
| 5 | WOŁK BEATA | 333 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA | POL | K40-49 | 4 | K 5 | | 00:36:29.70 | 7:17 | 8.2 |
| 6 | KUPNIEWSKA ALEKSANDRA | 267 | LOVELASY | POLICE | POL | K30-39 | 1 | K 6 | | 00:36:51.05 | 7:22 | 8.1 |
| 7 | MISIEWICZ BOŻENA | 286 | | CHOJNA | POL | K60+ | 1 | K 7 | | 00:36:51.90 | 7:22 | 8.1 |
| 8 | LEBIODA ALICJA | 268 | SPEEDSKI | SZCZECIN | POL | K40-49 | 5 | K 8 | | 00:37:01.30 | 7:24 | 8.1 |
| 9 | KOWALSKA JOANNA | 264 | --- | GRYFINO | POL | K30-39 | 2 | K 9 | | 00:37:49.05 | 7:33 | 7.9 |
| 10 | DAJLID MARTYNA | 232 | | KOŁCZEWO | POL | K16-29 | 1 | K 10 | TAK | 00:37:49.60 | 7:33 | 7.9 |
| 11 | GÓRSKA DOROTA | 246 | | BEZRZECZE | POL | K50-59 | 2 | K 11 | | 00:37:59.55 | 7:35 | 7.9 |
| 12 | GÓRSKA AGNIESZKA | 245 | SZALONE WILCZYCE | SZCZECIN | POL | K40-49 | 6 | K 12 | | 00:38:13.15 | 7:38 | 7.8 |
| 13 | OLEJNIK MARZENA | 292 | NIEZRZESZONA | SZCZECIN | POL | K50-59 | 3 | K 13 | | 00:38:32.10 | 7:42 | 7.8 |
| 14 | WALUKIEWICZ MAGDALENA | 327 | NZ | SZCZECIN | POL | K40-49 | 7 | K 14 | | 00:38:51.35 | 7:46 | 7.7 |
| 15 | ŁUCZKA JOANNA | 273 | | SZCZECIN | POL | K40-49 | 8 | K 15 | | 00:38:55.70 | 7:47 | 7.7 |
| 16 | BATOROWICZ MARIOLA | 217 | | WOLIN | POL | K40-49 | 9 | K 16 | TAK | 00:39:08.60 | 7:49 | 7.7 |
| 17 | GŁADZIK ANNA | 244 | KOMPAS TEAM | SZCZECIN | POL | K30-39 | 3 | K 17 | | 00:39:08.80 | 7:49 | 7.7 |
| 18 | DEMKOWICZ EDYTA | 234 | WEGAS | WOLIN | POL | K50-59 | 4 | K 18 | TAK | 00:39:10.35 | 7:50 | 7.7 |
| 19 | MARTYNA EWA | 276 | | ŚWINOUJŚCIE | POL | K60+ | 2 | K 19 | | 00:39:10.70 | 7:50 | 7.7 |
| 20 | BARBAROWICZ ŁUCJA | 214 | | RUNOWO | POL | K60+ | 3 | K 20 | | 00:39:52.25 | 7:58 | 7.5 |
| 21 | SEŃ AGATA | 309 | | SZCZECIN | POL | K30-39 | 4 | K 21 | | 00:40:07.25 | 8:01 | 7.5 |
| 22 | GRZYBOWSKA EWA | 250 | WOLIN | WOLIN | POL | K50-59 | 5 | K 22 | TAK | 00:40:13.15 | 8:02 | 7.5 |
| 23 | MICHALSKA ANNA | 281 | WOLIN | KOŁCZEWO | POL | K40-49 | 10 | K 23 | TAK | 00:40:13.25 | 8:02 | 7.5 |
| 24 | JAROSZ-SZYDŁOWSKA AGNIESZKA | 256 | ROZBIEGANE POBIEROWO | POBIEROWO | POL | K40-49 | 11 | K 24 | | 00:40:18.45 | 8:03 | 7.4 |
| 25 | MICHALSKA ANETA | 280 | KOMPAS TEAM | POLICE | POL | K40-49 | 12 | K 25 | | 00:40:19.85 | 8:03 | 7.4 |
| 26 | DZIEMIDOWICZ JADWIGA | 237 | WEGAS WOLIN | WOLIN | POL | K30-39 | 5 | K 26 | TAK | 00:40:20.90 | 8:04 | 7.4 |
| 27 | BARYŁA DOROTA | 216 | | WOLIN | POL | K50-59 | 6 | K 27 | TAK | 00:40:25.20 | 8:05 | 7.4 |
| 28 | PODHAJNA AGNIESZKA | 300 | | SZCZECIN | POL | K40-49 | 13 | K 28 | | 00:40:29.00 | 8:05 | 7.4 |

NORDIC WALKING - 5 KM, K-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------------|-----|----------------------------|----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 29 | CZYŻAK ANETTA | 231 | | WOLIN | POL | K50-59 | 7 | K 29 | TAK | 00:40:30.45 | 8:06 | 7.4 |
| 30 | KULAS ZOFIA | 266 | | ŚWINOUJŚCIE | POL | K60+ | 4 | K 30 | | 00:40:42.00 | 8:08 | 7.4 |
| 31 | WOŹNIEWSKA GRAŻYNA | 334 | SZALONE WILCZYCE | POLICE | POL | K50-59 | 8 | K 31 | | 00:41:03.85 | 8:12 | 7.3 |
| 32 | WUJDA ANNA | 335 | | DĘBNO | POL | K40-49 | 14 | K 32 | | 00:41:23.35 | 8:16 | 7.2 |
| 33 | SULEJA JOANNA | 320 | STARGARD | STARGARD | POL | K60+ | 5 | K 33 | | 00:41:37.20 | 8:19 | 7.2 |
| 34 | JASIŃSKA RENATA | 257 | | WOLIN | POL | K50-59 | 9 | K 34 | TAK | 00:41:44.40 | 8:20 | 7.2 |
| 35 | PIEKARSKA KATARZYNA | 297 | | SKARBIMIERZYCE | POL | K30-39 | 6 | K 35 | | 00:42:01.35 | 8:24 | 7.1 |
| 36 | GRUDZIŃSKA ALICJA | 247 | | WOLIN | POL | K60+ | 6 | K 36 | TAK | 00:42:02.20 | 8:24 | 7.1 |
| 37 | NARUK REGINA | 289 | | WOLIN | POL | K50-59 | 10 | K 37 | TAK | 00:42:21.45 | 8:28 | 7.1 |
| 38 | MIĘTKIEWICZ MONIKA | 283 | | WOLIN | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 39 | WOJTYSIAK DOROTA | 331 | | SKOSZEWO | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 40 | ARSZELEWSKA EWELINA | 212 | | SKOSZEWO | POL | K16-29 | 2 | K 40 | TAK | 00:42:24.60 | 8:28 | 7.1 |
| 41 | PRZYŁUSKA MIROSLAWA | 342 | RAZ SZCZECIN | SZCZECIN | POL | K60+ | 7 | K 41 | | 00:42:26.50 | 8:29 | 7.1 |
| 42 | PODZIELNA ALEKSANDRA | 301 | | DOBRA | POL | K40-49 | 15 | K 42 | | 00:42:29.70 | 8:29 | 7.1 |
| 43 | STASIAK IWONA | 315 | | SZCZECIN | POL | K60+ | 8 | K 43 | | 00:42:41.20 | 8:32 | 7 |
| 44 | KĘSKA-PLĄSEK MAŁGORZATA | 260 | LOVELASY | POLICE | POL | K40-49 | 16 | K 44 | | 00:42:42.45 | 8:32 | 7 |
| 45 | LINHARD BOŻENA | 271 | | SIERAKOWO | POL | K60+ | 9 | K 45 | | 00:42:50.55 | 8:34 | 7 |
| 46 | SIKORA MAGDALENA | 310 | | POLICE | POL | K40-49 | 17 | K 46 | | 00:42:57.35 | 8:35 | 7 |
| 47 | PAKOS AGNIESZKA | 294 | | WOLIN | POL | K40-49 | 18 | K 47 | TAK | 00:43:10.05 | 8:38 | 6.9 |
| 48 | KIERZYŃKOWSKA MAGDALENA | 261 | | WOLIN | POL | K40-49 | 19 | K 48 | TAK | 00:43:23.95 | 8:40 | 6.9 |
| 49 | SAJEWICZ ARIADNA | 308 | | PRZECŁAW | POL | K16-29 | 3 | K 49 | | 00:43:38.25 | 8:43 | 6.9 |
| 50 | PIĄTEK WLADYSŁAWA | 296 | | STARGARD | POL | K60+ | 10 | K 50 | | 00:43:46.20 | 8:45 | 6.9 |
| 51 | CIELUCH BOGUŚŁAWA | 224 | | SULIKOWO | POL | K50-59 | 11 | K 51 | | 00:43:49.65 | 8:45 | 6.8 |
| 52 | JUDKIEWICZ HALINA | 258 | | WOLIN | POL | K50-59 | 12 | K 52 | TAK | 00:43:52.35 | 8:46 | 6.8 |
| 53 | PACEK MAŁGORZATA | 293 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 20 | K 53 | | 00:44:09.90 | 8:49 | 6.8 |
| 54 | MIKLAS ALEKSANDRA | 284 | | PRZECŁAW | POL | K30-39 | 9 | K 54 | | 00:44:10.10 | 8:50 | 6.8 |
| 55 | SOŁTYS IWONA -FRANKA | 312 | | DOBRA | POL | K50-59 | 13 | K 55 | | 00:44:14.45 | 8:50 | 6.8 |
| 56 | DAMAS EDYTA | 233 | ENDORFINA | NOWOGARD | POL | K40-49 | 21 | K 56 | | 00:44:34.55 | 8:54 | 6.7 |
| 57 | MIKOŁAJCZYK MARLENA | 285 | ENDORFINA | NOWOGARD | POL | K40-49 | 22 | K 57 | | 00:44:35.20 | 8:55 | 6.7 |
| 58 | WOLSKA-RAJCHEL MARIA | 332 | | POLICE | POL | K30-39 | 10 | K 58 | | 00:44:35.35 | 8:55 | 6.7 |
| 59 | KRAJEWSKA BEATA | 346 | BIEGACZE ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 23 | K 59 | | 00:44:37.20 | 8:55 | 6.7 |
| 60 | KUBISIAK MARTA | 265 | | WOLIN | POL | K30-39 | 11 | K 60 | TAK | 00:44:40.95 | 8:56 | 6.7 |
| 61 | CZAJKOWSKA IRENA | 229 | AGATEAMMTB | BRZEZNO | POL | K60+ | 11 | K 61 | | 00:44:46.05 | 8:57 | 6.7 |
| 62 | DROZDEK JOANNA | 236 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 24 | K 62 | | 00:44:55.35 | 8:59 | 6.7 |
| 63 | KOŁYSZKO IWONA | 263 | | ŚWINOUJŚCIE | POL | K50-59 | 14 | K 63 | | 00:45:03.95 | 9:00 | 6.7 |
| 64 | ZUŻEWICZ MAŁGORZATA | 340 | | WOLIN | POL | K40-49 | 25 | K 64 | TAK | 00:45:15.35 | 9:03 | 6.6 |
| 65 | ZELEK GRAŻYNA | 338 | | WOLIN | POL | K60+ | 12 | K 65 | TAK | 00:45:17.70 | 9:03 | 6.6 |
| 66 | GRYTA JANINA | 248 | BIEGACZE ŚWINOUJŚCIE | MIĘDZYDZROJE | POL | K50-59 | 15 | K 66 | | 00:45:21.45 | 9:04 | 6.6 |
| 67 | PIETAŚ SŁAWA | 299 | SZALONE WILCZYCE | POLICE | POL | K60+ | 13 | K 67 | | 00:45:54.45 | 9:10 | 6.5 |
| 68 | FIREK MONIKA | 240 | | WOLIN | POL | K30-39 | 12 | K 68 | TAK | 00:46:09.35 | 9:13 | 6.5 |
| 69 | JAMROŻEK JULITA | 252 | | WOLIN | POL | K30-39 | 13 | K 69 | TAK | 00:46:21.75 | 9:16 | 6.5 |
| 70 | JANECKA RENATA | 254 | WOLIN | WOLIN | POL | K50-59 | 16 | K 70 | TAK | 00:46:22.60 | 9:16 | 6.5 |
| 71 | SZAŁAŃSKA ILONA | 322 | | SIBIN | POL | K30-39 | 14 | K 71 | | 00:46:24.00 | 9:16 | 6.5 |
| 72 | ROLIŃSKA OLGA | 302 | | WOLIN | POL | K16-29 | 4 | K 72 | TAK | 00:46:36.00 | 9:19 | 6.4 |
| 73 | ZYGMUNT MAJA | 341 | | ŚWINOUJŚCIE | POL | K16-29 | 5 | K 73 | | 00:46:49.30 | 9:21 | 6.4 |
| 74 | MATLAKIEWICZ-KUŁAK MARTA | 278 | | MIERZYN | POL | K40-49 | 26 | K 74 | | 00:46:53.05 | 9:22 | 6.4 |
| 75 | CIEŚLAK HELENA | 228 | LEGANDARY POWER SZEWC | GRYFINO | POL | K50-59 | 17 | K 75 | | 00:46:53.65 | 9:22 | 6.4 |
| 76 | DUBAJ ANNA | 343 | SZALONE WILCZYCE | SZCZECIN | POL | K30-39 | 15 | K 76 | | 00:46:56.05 | 9:23 | 6.4 |
| 77 | AUGUSTAJTYS MAGDALENA | 213 | | GOGOLICE | POL | K40-49 | 27 | K 77 | TAK | 00:46:57.15 | 9:23 | 6.4 |
| 78 | TARWID BOŻENA | 326 | KIJKI NA SZLAKACH | SZCZECIN | POL | K50-59 | 18 | K 78 | | 00:47:37.40 | 9:31 | 6.3 |
| 79 | GEBKA-ZYLA MAGDALENA | 242 | MAGDALENA GĘBKA-ZYŁA | SZCZECIN | POL | K40-49 | 28 | K 79 | | 00:48:03.55 | 9:36 | 6.2 |
| 80 | WIŚNIEWSKA ELŻBIETA | 329 | | SIBIN | POL | K50-59 | 19 | K 80 | | 00:48:03.80 | 9:36 | 6.2 |
| 81 | JANOWSKA-PASZKOWSKA JOANNA | 255 | MUFFINKOWE MORSY | SZCZECIN | POL | K30-39 | 16 | K 81 | | 00:48:09.40 | 9:37 | 6.2 |
| 82 | BOJANOWSKA-GUZ IZABELA | 344 | | SŁUPSK | POL | K40-49 | 29 | K 82 | | 00:49:14.05 | 9:50 | 6.1 |
| 83 | RYBAK CZESŁAWA | 305 | STARGARD JA SIĘ NIE SCIGAM | STARGARD | POL | K60+ | 14 | K 83 | | 00:49:57.35 | 9:59 | 6 |
| 84 | NIKIEL IRENA | 291 | STARGARD JA SIĘ NIE SCIGAM | STARGARD | POL | K60+ | 15 | K 84 | | 00:49:57.80 | 9:59 | 6 |
| 85 | CIESIELSKA AGNIESZKA | 226 | | ŚWINOUJŚCIE | POL | K40-49 | 30 | K 85 | | 00:51:16.70 | 10:15 | 5.9 |

NORDIC WALKING - 5 KM, K-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------|-----|------------------------------------|---------------|------|--------|--------|------|-------------|-------------|--------|------|
| 86 | AGATOWSKA JOANNA | 211 | ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 31 | K 86 | | 00:51:17.75 | 10:15 | 5.8 |
| 87 | SAJEWICZ MAGDALENA | 307 | | PRZECŁAW | POL | K30-39 | 17 | K 87 | | 00:52:34.80 | 10:30 | 5.7 |
| 88 | ZALEWSKA JOANNA | 337 | FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI | STRZELCE KRAJ | POL | K50-59 | 20 | K 88 | | 00:52:39.20 | 10:31 | 5.7 |
| 89 | WOJTOWICZ SYLWIA | 330 | WOLIN | WOLIN | POL | K40-49 | 32 | K 89 | TAK | 00:52:40.80 | 10:32 | 5.7 |
| 90 | TARNOWSKA MARIA | 324 | WOLIN | WOLIN | POL | K60+ | 16 | K 90 | TAK | 00:52:41.70 | 10:32 | 5.7 |
| 91 | STRAMA DARIA | 319 | WOLIN | WOLIN | POL | K16-29 | 6 | K 91 | TAK | 00:52:42.50 | 10:32 | 5.7 |
| 92 | MIERZICKA DOROTA | 282 | | WOLIN | POL | K60+ | 17 | K 92 | TAK | 00:52:42.55 | 10:32 | 5.7 |
| 93 | LEDZION DAGMARA | 269 | | SZCZECIN | POL | K40-49 | 33 | K 93 | | 00:52:43.40 | 10:32 | 5.7 |
| 94 | STEFANIAK ELA | 316 | ATOMÓWKI | KARSIBÓR | POL | K50-59 | 21 | K 94 | | 00:53:26.30 | 10:41 | 5.6 |
| 95 | CHARÓW KATARZYNA | 222 | ATOMÓWKI | KODRĄBEK | POL | K30-39 | 18 | K 95 | TAK | 00:53:26.45 | 10:41 | 5.6 |
| 96 | SAJEWICZ BOŻENA | 306 | | PRZECŁAW | POL | K60+ | 18 | K 96 | | 00:55:01.50 | 11:00 | 5.5 |
| 97 | BIAŁOSKÓRSKA ZUZANNA | 218 | | SZCZECIN | POL | K30-39 | 19 | K 97 | | 00:55:30.70 | 11:06 | 5.4 |
| 98 | ŁUKASZEWICZ MARIA | 274 | | WOLIN | POL | K50-59 | 22 | K 98 | TAK | 00:55:30.80 | 11:06 | 5.4 |
| | SZAJA BEATA | 321 | ATOMÓWKI | ŚWINOUJŚCIE | POL | K50-59 | | | | DNF | - | - |

NORDIC WALKING - 5 KM, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|------------------------|-----|-----------------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DOŁĘGOWSKI MAREK | 235 | BKS MANIAK WOLIN | KOŁCZEWO | POL | M50-59 | 1 | M 1 | TAK | 00:31:43.05 | 6:20 | 9.5 |
| 2 | GŁADZIK ALEKSANDER | 243 | KOMPAS TEAM | SZCZECIN | POL | M30-39 | 1 | M 2 | | 00:33:38.60 | 6:43 | 8.9 |
| 3 | RUDAWSKI MACIEJ | 304 | MARSZ PO ZDROWIE | TRZCIEL | POL | M30-39 | 2 | M 3 | | 00:35:01.20 | 7:00 | 8.6 |
| 4 | STASIAK PRZEMYSŁAW | 314 | SPEEDSKI | SZCZECIN | POL | M30-39 | 3 | M 4 | | 00:35:16.25 | 7:03 | 8.5 |
| 5 | CIEMNY TADEUSZ | 225 | | ŚWINOUJŚCIE | POL | M60+ | 1 | M 5 | | 00:35:51.25 | 7:10 | 8.4 |
| 6 | PIEKARSKI KAMIL | 298 | | DĘBNO | POL | M30-39 | 4 | M 6 | | 00:36:24.65 | 7:16 | 8.2 |
| 7 | WIERCHANOWSKI BOGDAN | 328 | | GOLCZEWO | POL | M60+ | 2 | M 7 | | 00:36:53.80 | 7:22 | 8.1 |
| 8 | LEDZION ROBERT | 270 | | SZCZECIN | POL | M50-59 | 2 | M 8 | | 00:37:16.05 | 7:27 | 8.1 |
| 9 | PARCHIMOWICZ JANUSZ | 295 | | SZCZECIN | POL | M60+ | 3 | M 9 | | 00:37:28.55 | 7:29 | 8 |
| 10 | MAZUREK MACIEJ | 279 | | KAMIEŃ POMORSKI | POL | M40-49 | 1 | M 10 | | 00:39:00.40 | 7:48 | 7.7 |
| 11 | DZIEMIDOWICZ ARKADIUSZ | 238 | WEGAS WOLIN | WOLIN | POL | M40-49 | 2 | M 11 | TAK | 00:40:22.75 | 8:04 | 7.4 |
| 12 | CETERA JANUSZ | 221 | | DZIWNÓWEK | POL | M60+ | 4 | M 12 | | 00:40:56.35 | 8:11 | 7.3 |
| 13 | TARNOWSKI DARIUSZ | 325 | WOLIN | WOLIN | POL | M60+ | 5 | M 13 | TAK | 00:41:00.05 | 8:12 | 7.3 |
| 14 | SZCZYPEK SŁAWOMIR | 323 | | MOSTY-OSIEDLE | POL | M40-49 | 3 | M 14 | | 00:41:24.15 | 8:16 | 7.2 |
| 15 | FALENSKI RAFAŁ | 239 | | SZCZECIN | POL | M40-49 | 4 | M 15 | | 00:42:12.20 | 8:26 | 7.1 |
| 16 | NIEZGODA ADAM | 290 | KOMPAS TEAM | POLICE | POL | M40-49 | 5 | M 16 | | 00:42:43.00 | 8:32 | 7 |
| 17 | JABLONSKI ROMUALD | 251 | | WOLIN | POL | M60+ | 6 | M 17 | TAK | 00:44:06.95 | 8:49 | 6.8 |
| 18 | GRYTA DARIUSZ | 249 | | MIĘDZYZDROJE | POL | M60+ | 7 | M 18 | | 00:45:20.95 | 9:04 | 6.6 |
| 19 | FRANKÓW CZESŁAW | 241 | AGATEAM MTB | DĘBNO LUBUSKIE | POL | M60+ | 8 | M 19 | | 00:45:48.45 | 9:09 | 6.6 |
| 20 | CZAJKOWSKI TADEUSZ | 230 | AGATEAM MTB | BRZEZNO | POL | M60+ | 9 | M 20 | | 00:45:50.50 | 9:10 | 6.5 |
| 21 | JAMRÓZEK PAWEŁ | 253 | | WOLIN | POL | M30-39 | 5 | M 21 | TAK | 00:46:48.55 | 9:21 | 6.4 |
| 22 | CIEŚLAK ADAM | 227 | LEGENDARY POWER SZEWC | GRYFINO | POL | M50-59 | 3 | M 22 | | 00:46:53.20 | 9:22 | 6.4 |
| 23 | MISZTAŁ JAN | 287 | WOLIN | WOLIN | POL | M60+ | 10 | M 23 | TAK | 00:46:59.00 | 9:23 | 6.4 |
| 24 | MURAWSKI SŁAWOMIR | 288 | | ŚWINOUJŚCIE | POL | M40-49 | 6 | M 24 | | 00:49:32.75 | 9:54 | 6.1 |
| 25 | BARYŁA PIOTR | 215 | | WOLIN | POL | M50-59 | 4 | M 25 | TAK | 00:50:26.45 | 10:05 | 5.9 |
| 26 | SAJEWICZ PIOTR | 345 | | PRZECŁAW | POL | M40-49 | 7 | M 26 | | 00:52:36.20 | 10:31 | 5.7 |
| 27 | STEFANICKI MAREK | 318 | | ŚWINOUJŚCIE | POL | M60+ | 11 | M 27 | | 00:54:54.00 | 10:58 | 5.5 |
| 28 | SIWIECKI SEBASTIAN | 311 | | SZCZECIN | POL | M30-39 | 6 | M 28 | | 00:55:30.35 | 11:06 | 5.4 |

NORDIC WALKING - 5 KM, K-Gmina

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|--------------------|-----|-------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DAJLID MARTYNA | 232 | | KOŁCZEWO | POL | K16-29 | 1 | K 10 | TAK | 00:37:49.60 | 7:33 | 7.9 |
| 2 | BATOROWICZ MARIOLA | 217 | | WOLIN | POL | K40-49 | 9 | K 16 | TAK | 00:39:08.60 | 7:49 | 7.7 |
| 3 | DEMKOWICZ EDYTA | 234 | WEGAS | WOLIN | POL | K50-59 | 4 | K 18 | TAK | 00:39:10.35 | 7:50 | 7.7 |
| 4 | GRZYBOWSKA EWA | 250 | WOLIN | WOLIN | POL | K50-59 | 5 | K 22 | TAK | 00:40:13.15 | 8:02 | 7.5 |

NORDIC WALKING - 5 KM, K-Gmina c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|-------------------------|-----|-------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 5 | MICHALSKA ANNA | 281 | WOLIN | KOŁCZEWO | POL | K40-49 | 10 | K 23 | TAK | 00:40:13.25 | 8:02 | 7.5 |
| 6 | DZIEMIDOWICZ JADWIGA | 237 | WEGAS WOLIN | WOLIN | POL | K30-39 | 5 | K 26 | TAK | 00:40:20.90 | 8:04 | 7.4 |
| 7 | BARYŁA DOROTA | 216 | | WOLIN | POL | K50-59 | 6 | K 27 | TAK | 00:40:25.20 | 8:05 | 7.4 |
| 8 | CZYŻAK ANETTA | 231 | | WOLIN | POL | K50-59 | 7 | K 29 | TAK | 00:40:30.45 | 8:06 | 7.4 |
| 9 | JASIŃSKA RENATA | 257 | | WOLIN | POL | K50-59 | 9 | K 34 | TAK | 00:41:44.40 | 8:20 | 7.2 |
| 10 | GRUDZIŃSKA ALICJA | 247 | | WOLIN | POL | K60+ | 6 | K 36 | TAK | 00:42:02.20 | 8:24 | 7.1 |
| 11 | NARUK REGINA | 289 | | WOLIN | POL | K50-59 | 10 | K 37 | TAK | 00:42:21.45 | 8:28 | 7.1 |
| 12 | MIĘTKIEWICZ MONIKA | 283 | | WOLIN | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 13 | WOJTYSIAK DOROTA | 331 | | SKOSZEWO | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 14 | ARSZELEWSKA EWELINA | 212 | | SKOSZEWO | POL | K16-29 | 2 | K 40 | TAK | 00:42:24.60 | 8:28 | 7.1 |
| 15 | PAKOS AGNIESZKA | 294 | | WOLIN | POL | K40-49 | 18 | K 47 | TAK | 00:43:10.05 | 8:38 | 6.9 |
| 16 | KIERZYŃKOWSKA MAGDALENA | 261 | | WOLIN | POL | K40-49 | 19 | K 48 | TAK | 00:43:23.95 | 8:40 | 6.9 |
| 17 | JUDKIEWICZ HALINA | 258 | | WOLIN | POL | K50-59 | 12 | K 52 | TAK | 00:43:52.35 | 8:46 | 6.8 |
| 18 | KUBISIAK MARTA | 265 | | WOLIN | POL | K30-39 | 11 | K 60 | TAK | 00:44:40.95 | 8:56 | 6.7 |
| 19 | ZUŻEWICZ MAŁGORZATA | 340 | | WOLIN | POL | K40-49 | 25 | K 64 | TAK | 00:45:15.35 | 9:03 | 6.6 |
| 20 | ZELEK GRAŻYNA | 338 | | WOLIN | POL | K60+ | 12 | K 65 | TAK | 00:45:17.70 | 9:03 | 6.6 |
| 21 | FIREK MONIKA | 240 | | WOLIN | POL | K30-39 | 12 | K 68 | TAK | 00:46:09.35 | 9:13 | 6.5 |
| 22 | JAMRÓZEK JULITA | 252 | | WOLIN | POL | K30-39 | 13 | K 69 | TAK | 00:46:21.75 | 9:16 | 6.5 |
| 23 | JANECKA RENATA | 254 | WOLIN | WOLIN | POL | K50-59 | 16 | K 70 | TAK | 00:46:22.60 | 9:16 | 6.5 |
| 24 | ROLIŃSKA OLGA | 302 | | WOLIN | POL | K16-29 | 4 | K 72 | TAK | 00:46:36.00 | 9:19 | 6.4 |
| 25 | AUGUSTAJTYS MAGDALENA | 213 | | GOGOLICE | POL | K40-49 | 27 | K 77 | TAK | 00:46:57.15 | 9:23 | 6.4 |
| 26 | WOJTOWICZ SYLWIA | 330 | WOLIN | WOLIN | POL | K40-49 | 32 | K 89 | TAK | 00:52:40.80 | 10:32 | 5.7 |
| 27 | TARNOWSKA MARIA | 324 | WOLIN | WOLIN | POL | K60+ | 16 | K 90 | TAK | 00:52:41.70 | 10:32 | 5.7 |
| 28 | STRAMA DARIA | 319 | WOLIN | WOLIN | POL | K16-29 | 6 | K 91 | TAK | 00:52:42.50 | 10:32 | 5.7 |
| 29 | MIERZICKA DOROTA | 282 | | WOLIN | POL | K60+ | 17 | K 92 | TAK | 00:52:42.55 | 10:32 | 5.7 |
| 30 | CHARÓW KATARZYNA | 222 | ATOMÓWKI | KODRĄBEK | POL | K30-39 | 18 | K 95 | TAK | 00:53:26.45 | 10:41 | 5.6 |
| 31 | ŁUKASZEWICZ MARIA | 274 | | WOLIN | POL | K50-59 | 22 | K 98 | TAK | 00:55:30.80 | 11:06 | 5.4 |

NORDIC WALKING - 5 KM, M-Gmina

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|------------------------|-----|------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DOŁĘGOWSKI MAREK | 235 | BKS MANIAK WOLIN | KOŁCZEWO | POL | M50-59 | 1 | M 1 | TAK | 00:31:43.05 | 6:20 | 9.5 |
| 2 | DZIEMIDOWICZ ARKADIUSZ | 238 | WEGAS WOLIN | WOLIN | POL | M40-49 | 2 | M 11 | TAK | 00:40:22.75 | 8:04 | 7.4 |
| 3 | TARNOWSKI DARIUSZ | 325 | WOLIN | WOLIN | POL | M60+ | 5 | M 13 | TAK | 00:41:00.05 | 8:12 | 7.3 |
| 4 | JABLONSKI ROMUALD | 251 | | WOLIN | POL | M60+ | 6 | M 17 | TAK | 00:44:06.95 | 8:49 | 6.8 |
| 5 | JAMRÓZEK PAWEŁ | 253 | | WOLIN | POL | M30-39 | 5 | M 21 | TAK | 00:46:48.55 | 9:21 | 6.4 |
| 6 | MISZTAL JAN | 287 | WOLIN | WOLIN | POL | M60+ | 10 | M 23 | TAK | 00:46:59.00 | 9:23 | 6.4 |
| 7 | BARYŁA PIOTR | 215 | | WOLIN | POL | M50-59 | 4 | M 25 | TAK | 00:50:26.45 | 10:05 | 5.9 |

NORDIC WALKING - 5 KM, K16-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|---------------------|-----|-------|-------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DAJLID MARTYNA | 232 | | KOŁCZEWO | POL | K16-29 | 1 | K 10 | TAK | 00:37:49.60 | 7:33 | 7.9 |
| 2 | ARSZELEWSKA EWELINA | 212 | | SKOSZEWO | POL | K16-29 | 2 | K 40 | TAK | 00:42:24.60 | 8:28 | 7.1 |
| 3 | SAJEWICZ ARIADNA | 308 | | PRZECLAW | POL | K16-29 | 3 | K 49 | | 00:43:38.25 | 8:43 | 6.9 |
| 4 | ROLIŃSKA OLGA | 302 | | WOLIN | POL | K16-29 | 4 | K 72 | TAK | 00:46:36.00 | 9:19 | 6.4 |
| 5 | ZYGMUNT MAJA | 341 | | ŚWINOUJŚCIE | POL | K16-29 | 5 | K 73 | | 00:46:49.30 | 9:21 | 6.4 |
| 6 | STRAMA DARIA | 319 | WOLIN | WOLIN | POL | K16-29 | 6 | K 91 | TAK | 00:52:42.50 | 10:32 | 5.7 |

NORDIC WALKING - 5 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------------|-----|------------------|----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KUPNIEWSKA ALEKSANDRA | 267 | LOVELASY | POLICE | POL | K30-39 | 1 | K 6 | | 00:36:51.05 | 7:22 | 8.1 |
| 2 | KOWALSKA JOANNA | 264 | --- | GRYFINO | POL | K30-39 | 2 | K 9 | | 00:37:49.05 | 7:33 | 7.9 |
| 3 | GŁADZIK ANNA | 244 | KOMPAS TEAM | SZCZECIN | POL | K30-39 | 3 | K 17 | | 00:39:08.80 | 7:49 | 7.7 |
| 4 | SEŃ AGATA | 309 | | SZCZECIN | POL | K30-39 | 4 | K 21 | | 00:40:07.25 | 8:01 | 7.5 |
| 5 | DZIEMIDOWICZ JADWIGA | 237 | WEGAS WOLIN | WOLIN | POL | K30-39 | 5 | K 26 | TAK | 00:40:20.90 | 8:04 | 7.4 |
| 6 | PIEKARSKA KATARZYNA | 297 | | SKARBIMIERZYCE | POL | K30-39 | 6 | K 35 | | 00:42:01.35 | 8:24 | 7.1 |
| 7 | MIĘTKIEWICZ MONIKA | 283 | | WOLIN | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 8 | WOJTYSIAK DOROTA | 331 | | SKOSZEWO | POL | K30-39 | 7 | K 38 | TAK | 00:42:23.75 | 8:28 | 7.1 |
| 9 | MIKLAS ALEKSANDRA | 284 | | PRZECLAW | POL | K30-39 | 9 | K 54 | | 00:44:10.10 | 8:50 | 6.8 |
| 10 | WOLSKA-RAJCHEL MARIA | 332 | | POLICE | POL | K30-39 | 10 | K 58 | | 00:44:35.35 | 8:55 | 6.7 |
| 11 | KUBISIAK MARTA | 265 | | WOLIN | POL | K30-39 | 11 | K 60 | TAK | 00:44:40.95 | 8:56 | 6.7 |
| 12 | FIREK MONIKA | 240 | | WOLIN | POL | K30-39 | 12 | K 68 | TAK | 00:46:09.35 | 9:13 | 6.5 |
| 13 | JAMROŻEK JULITA | 252 | | WOLIN | POL | K30-39 | 13 | K 69 | TAK | 00:46:21.75 | 9:16 | 6.5 |
| 14 | SZAŁAŃSKA ILONA | 322 | | SIBIN | POL | K30-39 | 14 | K 71 | | 00:46:24.00 | 9:16 | 6.5 |
| 15 | DUBAJ ANNA | 343 | SZALONE WILCZYCE | SZCZECIN | POL | K30-39 | 15 | K 76 | | 00:46:56.05 | 9:23 | 6.4 |
| 16 | JANOWSKA-PASZKOWSKA JOANNA | 255 | MUFFINKOWE MORSY | SZCZECIN | POL | K30-39 | 16 | K 81 | | 00:48:09.40 | 9:37 | 6.2 |
| 17 | SAJEWICZ MAGDALENA | 307 | | PRZECLAW | POL | K30-39 | 17 | K 87 | | 00:52:34.80 | 10:30 | 5.7 |
| 18 | CHARÓW KATARZYNA | 222 | ATOMÓWKI | KODRĄBEK | POL | K30-39 | 18 | K 95 | TAK | 00:53:26.45 | 10:41 | 5.6 |
| 19 | BIĄŁOSKÓRSKA ZUZANNA | 218 | | SZCZECIN | POL | K30-39 | 19 | K 97 | | 00:55:30.70 | 11:06 | 5.4 |

NORDIC WALKING - 5 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|--------------------|-----|------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | GŁADZIK ALEKSANDER | 243 | KOMPAS TEAM | SZCZECIN | POL | M30-39 | 1 | M 2 | | 00:33:38.60 | 6:43 | 8.9 |
| 2 | RUDAWSKI MACIEJ | 304 | MARSZ PO ZDROWIE | TRZCIEL | POL | M30-39 | 2 | M 3 | | 00:35:01.20 | 7:00 | 8.6 |
| 3 | STASIAK PRZEMYSŁAW | 314 | SPEEDSKI | SZCZECIN | POL | M30-39 | 3 | M 4 | | 00:35:16.25 | 7:03 | 8.5 |
| 4 | PIEKARSKI KAMIL | 298 | | DĘBNO | POL | M30-39 | 4 | M 6 | | 00:36:24.65 | 7:16 | 8.2 |
| 5 | JAMROŻEK PAWEŁ | 253 | | WOLIN | POL | M30-39 | 5 | M 21 | TAK | 00:46:48.55 | 9:21 | 6.4 |
| 6 | SIWIECKI SEBASTIAN | 311 | | SZCZECIN | POL | M30-39 | 6 | M 28 | | 00:55:30.35 | 11:06 | 5.4 |

NORDIC WALKING - 5 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|-----------------------------|-----|---------------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | ZIÓŁKOWSKA SYLWIA | 339 | PUSZCZYK BUKOWY | SZCZECIN | POL | K40-49 | 1 | K 2 | | 00:35:12.05 | 7:02 | 8.5 |
| 2 | STACHOWICZ-HAWRYŁAK SYLWIA | 313 | BIEG KORCZAKA | SZCZECIN | POL | K40-49 | 2 | K 3 | | 00:35:33.20 | 7:06 | 8.4 |
| 3 | KLABAN TETIANA | 262 | KOMPAS TEAM | POLICE | POL | K40-49 | 3 | K 4 | | 00:36:06.00 | 7:13 | 8.3 |
| 4 | WOŁK BEATA | 333 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA | POL | K40-49 | 4 | K 5 | | 00:36:29.70 | 7:17 | 8.2 |
| 5 | LEBIODA ALICJA | 268 | SPEEDSKI | SZCZECIN | POL | K40-49 | 5 | K 8 | | 00:37:01.30 | 7:24 | 8.1 |
| 6 | GÓRSKA AGNIESZKA | 245 | SZALONE WILCZYCE | SZCZECIN | POL | K40-49 | 6 | K 12 | | 00:38:13.15 | 7:38 | 7.8 |
| 7 | WALUKIEWICZ MAGDALENA | 327 | NZ | SZCZECIN | POL | K40-49 | 7 | K 14 | | 00:38:51.35 | 7:46 | 7.7 |
| 8 | ŁUCZKA JOANNA | 273 | | SZCZECIN | POL | K40-49 | 8 | K 15 | | 00:38:55.70 | 7:47 | 7.7 |
| 9 | BATOROWICZ MARIOLA | 217 | | WOLIN | POL | K40-49 | 9 | K 16 | TAK | 00:39:08.60 | 7:49 | 7.7 |
| 10 | MICHALSKA ANNA | 281 | WOLIN | KOŁCZEWO | POL | K40-49 | 10 | K 23 | TAK | 00:40:13.25 | 8:02 | 7.5 |
| 11 | JAROSZ-SZYDŁOWSKA AGNIESZKA | 256 | ROZBIEGANE POBIEROWO | POBIEROWO | POL | K40-49 | 11 | K 24 | | 00:40:18.45 | 8:03 | 7.4 |
| 12 | MICHALSKA ANETA | 280 | KOMPAS TEAM | POLICE | POL | K40-49 | 12 | K 25 | | 00:40:19.85 | 8:03 | 7.4 |
| 13 | PODHAJNA AGNIESZKA | 300 | | SZCZECIN | POL | K40-49 | 13 | K 28 | | 00:40:29.00 | 8:05 | 7.4 |
| 14 | WUJDA ANNA | 335 | | DĘBNO | POL | K40-49 | 14 | K 32 | | 00:41:23.35 | 8:16 | 7.2 |
| 15 | PODZIELNA ALEKSANDRA | 301 | | DOBRA | POL | K40-49 | 15 | K 42 | | 00:42:29.70 | 8:29 | 7.1 |
| 16 | KĘSKA-PLĄSEK MAŁGORZATA | 260 | LOVELASY | POLICE | POL | K40-49 | 16 | K 44 | | 00:42:42.45 | 8:32 | 7 |
| 17 | SIKORA MAGDALENA | 310 | | POLICE | POL | K40-49 | 17 | K 46 | | 00:42:57.35 | 8:35 | 7 |
| 18 | PAKOS AGNIESZKA | 294 | | WOLIN | POL | K40-49 | 18 | K 47 | TAK | 00:43:10.05 | 8:38 | 6.9 |
| 19 | KIERZYŃKOWSKA MAGDALENA | 261 | | WOLIN | POL | K40-49 | 19 | K 48 | TAK | 00:43:23.95 | 8:40 | 6.9 |
| 20 | PACEK MAŁGORZATA | 293 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 20 | K 53 | | 00:44:09.90 | 8:49 | 6.8 |
| 21 | DAMAS EDYTA | 233 | ENDORFINA | NOWOGARD | POL | K40-49 | 21 | K 56 | | 00:44:34.55 | 8:54 | 6.7 |

NORDIC WALKING - 5 KM, K40-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|--------------------------|-----|----------------------|-------------|------|--------|--------|------|-------------|-------------|--------|------|
| 22 | MIKOŁAJCZYK MARLENA | 285 | ENDORFINA | NOWOGARD | POL | K40-49 | 22 | K 57 | | 00:44:35.20 | 8:55 | 6.7 |
| 23 | KRAJEWSKA BEATA | 346 | BIEGACZE ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 23 | K 59 | | 00:44:37.20 | 8:55 | 6.7 |
| 24 | DROZDEK JOANNA | 236 | KOMPAS TEAM | SZCZECIN | POL | K40-49 | 24 | K 62 | | 00:44:55.35 | 8:59 | 6.7 |
| 25 | ZUŻEWICZ MAŁGORZATA | 340 | | WOLIN | POL | K40-49 | 25 | K 64 | TAK | 00:45:15.35 | 9:03 | 6.6 |
| 26 | MATLAKIEWICZ-KUŁAK MARTA | 278 | | MIERZYN | POL | K40-49 | 26 | K 74 | | 00:46:53.05 | 9:22 | 6.4 |
| 27 | AUGUSTAJTYS MAGDALENA | 213 | | GOGOLICE | POL | K40-49 | 27 | K 77 | TAK | 00:46:57.15 | 9:23 | 6.4 |
| 28 | GEBKA-ZYLA MAGDALENA | 242 | MAGDALENA GĘBKA-ZYŁA | SZCZECIN | POL | K40-49 | 28 | K 79 | | 00:48:03.55 | 9:36 | 6.2 |
| 29 | BOJANOWSKA-GUZ IZABELA | 344 | | SŁUPSK | POL | K40-49 | 29 | K 82 | | 00:49:14.05 | 9:50 | 6.1 |
| 30 | CIESIELSKA AGNIESZKA | 226 | | ŚWINOUJŚCIE | POL | K40-49 | 30 | K 85 | | 00:51:16.70 | 10:15 | 5.9 |
| 31 | AGATOWSKA JOANNA | 211 | ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | K40-49 | 31 | K 86 | | 00:51:17.75 | 10:15 | 5.8 |
| 32 | WOJTOWICZ SYLWIA | 330 | WOLIN | WOLIN | POL | K40-49 | 32 | K 89 | TAK | 00:52:40.80 | 10:32 | 5.7 |
| 33 | LEDZION DAGMARA | 269 | | SZCZECIN | POL | K40-49 | 33 | K 93 | | 00:52:43.40 | 10:32 | 5.7 |

NORDIC WALKING - 5 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|------------------------|-----|-------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | MAZUREK MACIEJ | 279 | | KAMIEŃ POMORSKI | POL | M40-49 | 1 | M 10 | | 00:39:00.40 | 7:48 | 7.7 |
| 2 | DZIEMIDOWICZ ARKADIUSZ | 238 | WEGAS WOLIN | WOLIN | POL | M40-49 | 2 | M 11 | TAK | 00:40:22.75 | 8:04 | 7.4 |
| 3 | SZCZYPEK SŁAWOMIR | 323 | | MOSTY-OSIEDLE | POL | M40-49 | 3 | M 14 | | 00:41:24.15 | 8:16 | 7.2 |
| 4 | FALENSKI RAFAŁ | 239 | | SZCZECIN | POL | M40-49 | 4 | M 15 | | 00:42:12.20 | 8:26 | 7.1 |
| 5 | NIEZGODA ADAM | 290 | KOMPAS TEAM | POLICE | POL | M40-49 | 5 | M 16 | | 00:42:43.00 | 8:32 | 7 |
| 6 | MURAWSKI SŁAWOMIR | 288 | | ŚWINOUJŚCIE | POL | M40-49 | 6 | M 24 | | 00:49:32.75 | 9:54 | 6.1 |
| 7 | SAJEWICZ PIOTR | 345 | | PRZECLAW | POL | M40-49 | 7 | M 26 | | 00:52:36.20 | 10:31 | 5.7 |

NORDIC WALKING - 5 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------|-----|------------------------------------|---------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | MASŁYK MAŁGORZATA | 277 | | PYRZYCE | POL | K50-59 | 1 | K 1 | | 00:33:26.70 | 6:41 | 9 |
| 2 | GÓRSKA DOROTA | 246 | | BEZRZECZE | POL | K50-59 | 2 | K 11 | | 00:37:59.55 | 7:35 | 7.9 |
| 3 | OLEJNIK MARZENA | 292 | NIEZRZESZONA | SZCZECIN | POL | K50-59 | 3 | K 13 | | 00:38:32.10 | 7:42 | 7.8 |
| 4 | DEMKOWICZ EDYTA | 234 | WEGAS | WOLIN | POL | K50-59 | 4 | K 18 | TAK | 00:39:10.35 | 7:50 | 7.7 |
| 5 | GRZYBOWSKA EWA | 250 | WOLIN | WOLIN | POL | K50-59 | 5 | K 22 | TAK | 00:40:13.15 | 8:02 | 7.5 |
| 6 | BARYŁA DOROTA | 216 | | WOLIN | POL | K50-59 | 6 | K 27 | TAK | 00:40:25.20 | 8:05 | 7.4 |
| 7 | CZYŻAK ANETTA | 231 | | WOLIN | POL | K50-59 | 7 | K 29 | TAK | 00:40:30.45 | 8:06 | 7.4 |
| 8 | WOŹNIEWSKA GRAŻYNA | 334 | SZALONE WILCZYCE | POLICE | POL | K50-59 | 8 | K 31 | | 00:41:03.85 | 8:12 | 7.3 |
| 9 | JASIŃSKA RENATA | 257 | | WOLIN | POL | K50-59 | 9 | K 34 | TAK | 00:41:44.40 | 8:20 | 7.2 |
| 10 | NARUK REGINA | 289 | | WOLIN | POL | K50-59 | 10 | K 37 | TAK | 00:42:21.45 | 8:28 | 7.1 |
| 11 | CIELUCH BOGUSŁAWA | 224 | | SULIKOWO | POL | K50-59 | 11 | K 51 | | 00:43:49.65 | 8:45 | 6.8 |
| 12 | JUDKIEWICZ HALINA | 258 | | WOLIN | POL | K50-59 | 12 | K 52 | TAK | 00:43:52.35 | 8:46 | 6.8 |
| 13 | SOŁTYS IWONA -FRANKA | 312 | | DOBRA | POL | K50-59 | 13 | K 55 | | 00:44:14.45 | 8:50 | 6.8 |
| 14 | KOŁYSZKO IWONA | 263 | | ŚWINOUJŚCIE | POL | K50-59 | 14 | K 63 | | 00:45:03.95 | 9:00 | 6.7 |
| 15 | GRYTA JANINA | 248 | BIEGACZE ŚWINOUJŚCIE | MIĘDZYDRÓJE | POL | K50-59 | 15 | K 66 | | 00:45:21.45 | 9:04 | 6.6 |
| 16 | JANECKA RENATA | 254 | WOLIN | WOLIN | POL | K50-59 | 16 | K 70 | TAK | 00:46:22.60 | 9:16 | 6.5 |
| 17 | CIEŚLAK HELENA | 228 | LEGANDARY POWER SZEWC | GRYFINO | POL | K50-59 | 17 | K 75 | | 00:46:53.65 | 9:22 | 6.4 |
| 18 | TARWID BOŻENA | 326 | KIJKI NA SZLAKACH | SZCZECIN | POL | K50-59 | 18 | K 78 | | 00:47:37.40 | 9:31 | 6.3 |
| 19 | WIŚNIEWSKA ELŻBIETA | 329 | | SIBIN | POL | K50-59 | 19 | K 80 | | 00:48:03.80 | 9:36 | 6.2 |
| 20 | ZALEWSKA JOANNA | 337 | FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI | STRZELCE KRAJ | POL | K50-59 | 20 | K 88 | | 00:52:39.20 | 10:31 | 5.7 |
| 21 | STEFANIAK ELA | 316 | ATOMÓWKI | KARSIBÓR | POL | K50-59 | 21 | K 94 | | 00:53:26.30 | 10:41 | 5.6 |
| 22 | ŁUKASZEWICZ MARIA | 274 | | WOLIN | POL | K50-59 | 22 | K 98 | TAK | 00:55:30.80 | 11:06 | 5.4 |
| | SZAJA BEATA | 321 | ATOMÓWKI | ŚWINOUJŚCIE | POL | K50-59 | | | | DNF | - | - |

NORDIC WALKING - 5 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|------------------|-----|-----------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | DOŁĘGOWSKI MAREK | 235 | BKS MANIAK WOLIN | KOŁCZEWO | POL | M50-59 | 1 | M 1 | TAK | 00:31:43.05 | 6:20 | 9.5 |
| 2 | LEDZION ROBERT | 270 | | SZCZECIN | POL | M50-59 | 2 | M 8 | | 00:37:16.05 | 7:27 | 8.1 |
| 3 | CIEŚLAK ADAM | 227 | LEGENDARY POWER SZEWC | GRYFINO | POL | M50-59 | 3 | M 22 | | 00:46:53.20 | 9:22 | 6.4 |
| 4 | BARYŁA PIOTR | 215 | | WOLIN | POL | M50-59 | 4 | M 25 | TAK | 00:50:26.45 | 10:05 | 5.9 |

NORDIC WALKING - 5 KM, K60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|---------------------|-----|----------------------------|-------------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | MISIEWICZ BOŻENA | 286 | | CHOJNA | POL | K60+ | 1 | K 7 | | 00:36:51.90 | 7:22 | 8.1 |
| 2 | MARTYNA EWA | 276 | | ŚWINOUJŚCIE | POL | K60+ | 2 | K 19 | | 00:39:10.70 | 7:50 | 7.7 |
| 3 | BARBAROWICZ ŁUCJA | 214 | | RUNOWO | POL | K60+ | 3 | K 20 | | 00:39:52.25 | 7:58 | 7.5 |
| 4 | KULAS ZOFIA | 266 | | ŚWINOUJŚCIE | POL | K60+ | 4 | K 30 | | 00:40:42.00 | 8:08 | 7.4 |
| 5 | SULEJA JOANNA | 320 | STARGARD | STARGARD | POL | K60+ | 5 | K 33 | | 00:41:37.20 | 8:19 | 7.2 |
| 6 | GRUDZIŃSKA ALICJA | 247 | | WOLIN | POL | K60+ | 6 | K 36 | TAK | 00:42:02.20 | 8:24 | 7.1 |
| 7 | PRZYŁUSKA MIROŚLAWA | 342 | RAZ SZCZECIN | SZCZECIN | POL | K60+ | 7 | K 41 | | 00:42:26.50 | 8:29 | 7.1 |
| 8 | STASIAK IWONA | 315 | | SZCZECIN | POL | K60+ | 8 | K 43 | | 00:42:41.20 | 8:32 | 7 |
| 9 | LINHARD BOŻENA | 271 | | SIERAKOWO | POL | K60+ | 9 | K 45 | | 00:42:50.55 | 8:34 | 7 |
| 10 | PIĄTEK WLADYSŁAWA | 296 | | STARGARD | POL | K60+ | 10 | K 50 | | 00:43:46.20 | 8:45 | 6.9 |
| 11 | CZAJKOWSKA IRENA | 229 | AGATEAMMTB | BRZEZNO | POL | K60+ | 11 | K 61 | | 00:44:46.05 | 8:57 | 6.7 |
| 12 | ZELEK GRAŻYNA | 338 | | WOLIN | POL | K60+ | 12 | K 65 | TAK | 00:45:17.70 | 9:03 | 6.6 |
| 13 | PIETAŚ SŁAWA | 299 | SZALONE WILCZYCE | POLICE | POL | K60+ | 13 | K 67 | | 00:45:54.45 | 9:10 | 6.5 |
| 14 | RYBAK CZESŁAWA | 305 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | K60+ | 14 | K 83 | | 00:49:57.35 | 9:59 | 6 |
| 15 | NIKIEL IRENA | 291 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | K60+ | 15 | K 84 | | 00:49:57.80 | 9:59 | 6 |
| 16 | TARNOWSKA MARIA | 324 | WOLIN | WOLIN | POL | K60+ | 16 | K 90 | TAK | 00:52:41.70 | 10:32 | 5.7 |
| 17 | MIERZICKA DOROTA | 282 | | WOLIN | POL | K60+ | 17 | K 92 | TAK | 00:52:42.55 | 10:32 | 5.7 |
| 18 | SAJEWICZ BOŻENA | 306 | | PRZECŁAW | POL | K60+ | 18 | K 96 | | 00:55:01.50 | 11:00 | 5.5 |

NORDIC WALKING - 5 KM, M60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Gmina Wolin | Netto | min/km | km/h |
|------|----------------------|-----|-------------|----------------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | CIEMNY TADEUSZ | 225 | | ŚWINOUJŚCIE | POL | M60+ | 1 | M 5 | | 00:35:51.25 | 7:10 | 8.4 |
| 2 | WIERCHANOWSKI BOGDAN | 328 | | GOLCZEWO | POL | M60+ | 2 | M 7 | | 00:36:53.80 | 7:22 | 8.1 |
| 3 | PARCHIMOWICZ JANUSZ | 295 | | SZCZECIN | POL | M60+ | 3 | M 9 | | 00:37:28.55 | 7:29 | 8 |
| 4 | CETERA JANUSZ | 221 | | DZIWNÓWEK | POL | M60+ | 4 | M 12 | | 00:40:56.35 | 8:11 | 7.3 |
| 5 | TARNOWSKI DARIUSZ | 325 | WOLIN | WOLIN | POL | M60+ | 5 | M 13 | TAK | 00:41:00.05 | 8:12 | 7.3 |
| 6 | JABLONSKI ROMUALD | 251 | | WOLIN | POL | M60+ | 6 | M 17 | TAK | 00:44:06.95 | 8:49 | 6.8 |
| 7 | GRYTA DARIUSZ | 249 | | MIĘDZYDROJE | POL | M60+ | 7 | M 18 | | 00:45:20.95 | 9:04 | 6.6 |
| 8 | FRANKÓW CZESŁAW | 241 | AGATEAM MTB | DEBNO LUBUSKIE | POL | M60+ | 8 | M 19 | | 00:45:48.45 | 9:09 | 6.6 |
| 9 | CZAJKOWSKI TADEUSZ | 230 | AGATEAM MTB | BRZEZNO | POL | M60+ | 9 | M 20 | | 00:45:50.50 | 9:10 | 6.5 |
| 10 | MISZTAL JAN | 287 | WOLIN | WOLIN | POL | M60+ | 10 | M 23 | TAK | 00:46:59.00 | 9:23 | 6.4 |
| 11 | STEFANICKI MAREK | 318 | | ŚWINOUJŚCIE | POL | M60+ | 11 | M 27 | | 00:54:54.00 | 10:58 | 5.5 |