

II LETNI BIEG MTS HAMER - MIASTKO - 10KM

Organizator: Miasteczkie Towarzystwo Sportowe HAMER w Miastku

Data: 2016-07-17

Miejsce: Miastko

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 30 miejsc wg czasu brutto



II LETNI BIEG MTS HAMER - MIASTKO - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.7km	3.8km	6.9km	Netto	Brutto	min/km	km/h
1	KUJAWSKI ŁUKASZ	77		ŻUKOWO	POL	M-20	1	M 1	00:02:22	00:12:20	00:22:24	00:31:46.00	00:31:47.15	3:10	18.9
2	VERKHAVODKIN HENADZ	165	GRODNOOBLSPORT	GRODNO		M-30	1	M 2	00:02:23	00:12:20	00:22:25	00:32:26.00	00:32:27.25	3:14	18.5
3	POBŁOCKI PIOTR	125	UKS EKONOMIK-MARATOŃCZYK LĘBORK	LĘBORK	POL	M-50	1	M 3	00:02:25	00:12:53	00:23:09	00:33:49.70	00:33:51.55	3:23	17.7
4	WIRKUS ŁUKASZ	170	ULKS TALEX BORZYTUCHOM	LIPNICA	POL	M-20	2	M 4	00:02:22	00:12:38	00:23:16	00:34:16.25	00:34:17.60	3:25	17.5
5	MATRYNYCZ VITALII	185	FINISZ KALISZ	OSTRÓW WLKP.	UKR	M-20	3	M 5	00:02:26	00:12:47	00:23:23	00:34:25.00	00:34:26.50	3:26	17.4
6	STACHOWSKI RAFAŁ	144	AZS-AWF KATOWICE	MIASTECZKO KRAJEŃSKIE	POL	M-20	4	M 6	00:02:26	00:12:59	00:23:39	00:34:31.00	00:34:32.45	3:27	17.4
7	RUDNIK KRZYSZTOF	132	NIGHT RUNNERS SŁUPSK	KRĘPA SŁUPSKA	POL	M-30	2	M 7	00:02:29	00:13:39	00:24:52	00:35:46.80	00:35:48.85	3:34	16.8
8	WENT JAKUB	168		ŁĘBA	POL	M-30	3	M 8	00:02:32	00:13:47	00:25:10	00:36:04.80	00:36:06.75	3:36	16.6
9	MIELEWCZYK ŁUKASZ	100	LKB BRACI PETK LĘBORK	CHARBROWO	POL	M-20	5	M 9	00:02:29	00:13:40	00:25:06	00:36:26.65	00:36:28.60	3:38	16.5
10	GAWRON PIOTR	32	POLITECHNIKA KOSZALIŃSKA	BOROWY MŁYN	POL	M-20	6	M 10	00:02:26	00:13:22	00:24:42	00:36:29.95	00:36:31.70	3:39	16.4
11	KAPERNA MONIKA	57	AZS-AWF KATOWICE	PIŁA	POL	K-20	1	K 1	00:02:33	00:13:48	00:25:10	00:36:39.70	00:36:41.60	3:40	16.4
12	MAŃSKI PATRYK	91	ULKS TALEX BORYSŁAW BORZYTUCHOM	CHOTKOWO	POL	M-20	7	M 11	00:02:33	00:13:47	00:25:19	00:37:12.60	00:37:14.45	3:43	16.1
13	MASŁOWSKI MATEUSZ	95	7 BRYGADA OBRONY WYBRZEŻA	SŁUPSK	POL	M-30	4	M 12	00:02:32	00:14:04	00:25:58	00:37:55.70	00:37:57.90	3:47	15.8
14	KUZUBOVA TATYANA	184	ACE MAT		UKR	K-20	2	K 2	00:02:41	00:14:24	00:26:03	00:38:03.55	00:38:05.20	3:48	15.8
15	PAWŁOWSKA MARLENA	45		CZŁUCHÓW	POL	K-40	1	K 3	00:02:35	00:14:23	00:26:24	00:38:13.80	00:38:15.65	3:49	15.7
16	SZOPIŃSKI DARIUSZ	156	URZĄD GMINY PRZECHLEWO	PRZECHLEWO	POL	M-30	5	M 13	00:02:27	00:13:54	00:26:03	00:38:19.60	00:38:21.75	3:49	15.7
17	KRYCZKA STANISŁAW	71	MTS HAMER MIASTKO	MIASTKO	POL	M-40	1	M 14	00:02:34	00:14:22	00:26:30	00:38:35.20	00:38:38.20	3:51	15.6
18	KUŁAKOWSKI ARTUR	81	FLORIAN CHOJNICE	CHOJNICE	POL	M-30	6	M 15	00:02:40	00:14:22	00:26:22	00:38:35.15	00:38:40.10	3:51	15.5
19	WILCZEWSKI KRZYSZTOF	196	MKS ŚWIĘC SŁAWNO	TYCHOWO	POL	M-30	7	M 16	00:02:48	00:14:44	00:26:49	00:38:37.05	00:38:41.05	3:51	15.5
20	POBŁOCKA KAMILA	124	UKS EKONOMIK-MARATOŃCZYK LĘBORK	LĘBORK	POL	K-20	3	K 4	00:02:34	00:14:24	00:26:31	00:38:40.25	00:38:42.30	3:52	15.5
21	BEDNARZ JAKUB	6	MTS HAMER MIASTKO	MIASTKO	POL	M-20	8	M 17	00:02:34	00:14:23	00:26:36	00:38:40.25	00:38:43.40	3:52	15.5
22	WILCZEWSKI MARIUSZ	197	MKS ŚWIĘC SŁAWNO	SŁAWNO	POL	M-30	8	M 18	00:02:48	00:14:44	00:26:49	00:38:44.45	00:38:48.95	3:52	15.5
23	HERMAN ARKADIUSZ	62		SŁUPSK	POL	M-40	2	M 19	00:02:36	00:14:25	00:26:36	00:38:58.45	00:39:01.10	3:53	15.4
24	PAZDA-POZORSKA GOSIUNIA	114	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K-30	1	K 5	00:02:35	00:14:24	00:26:37	00:39:24.15	00:39:26.00	3:56	15.2
25	JASKULSKI KAZIMIERZ	50	AKADEMIA BIEGANIA GRUDZIĄDZ	GRUDZIĄDZ	POL	M-50	2	M 20	00:02:40	00:14:41	00:27:10	00:39:26.90	00:39:29.25	3:56	15.2
26	GRZESIK EUGENIUSZ	37	TKKF KOSZALIN	KOSZALIN	POL	M-50	3	M 21	00:02:35	00:14:40	00:27:09	00:39:36.25	00:39:38.90	3:57	15.2
27	GOSTKOWSKI ŁUKASZ	198	KB GOCH BYTÓW	BYTÓW	POL	M-20	9	M 22	00:02:39	00:14:25	00:26:52	00:39:38.45	00:39:42.55	3:57	15.1
28	CZAPIEWSKA MONIKA	21	UKS OLIMPIJCZYK SKORZEWO	SKORZEWO	POL	K-20	4	K 6	00:02:48	00:15:44	00:28:29	00:40:11.15	00:40:12.65	4:01	14.9
29	RYCHTER ANTONINA	134	MKL SZCZECINEK	MIEKOWO	POL	K-30	2	K 7	00:02:47	00:15:13	00:27:52	00:40:15.10	00:40:17.65	4:01	14.9
30	JURA KRZYSZTOF	54	MTS HAMER MIASTKO	MIASTKO	POL	M-40	3	M 23	00:02:35	00:14:40	00:27:46	00:40:21.80	00:40:25.25	4:02	14.9
31	PANCEWICZ PIOTR	111	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M-30	9	M 24	00:02:51	00:15:17	00:28:07	00:40:38.05	00:40:40.90	4:03	14.8
32	FERENC RAFAŁ	27		MIASTKO	POL	M-30	10	M 25	00:02:33	00:14:48	00:27:44	00:40:51.75	00:40:55.80	4:05	14.7
33	GARSKI KRYSPIŃ	31	ŚWIAT PŁYTEK U KRYPINA	BYTÓW	POL	M-40	4	M 26	00:02:50	00:15:23	00:28:15	00:41:03.75	00:41:08.70	4:06	14.6
34	HINC WALDEMAR	40	ZACISZE PRZECHLEWO	PRZECHLEWO	POL	M-50	4	M 27	00:02:47	00:15:14	00:28:09	00:41:12.30	00:41:15.30	4:07	14.6
35	DIADCZYK KRZYSZTOF	199	FLORIAN CHOJNICE	CHOJNICE	POL	M-50	5	M 28	00:02:38	00:15:19	00:28:12	00:41:17.05	00:41:29.05	4:07	14.5
36	ŁAGUTKO KAMILA	86		DARŁOWO	POL	K-30	3	K 8	00:02:50	00:15:15	00:28:12	00:41:17.95	00:41:22.75	4:07	14.5
37	ŻUCHOWSKI MACIEJ	182	KPPSP BYTÓW	TRZEBIELINO	POL	M-30	11	M 29	00:02:42	00:15:07	00:28:14	00:41:36.65	00:41:40.35	4:09	14.4
38	SIEMIĄTKOWSKI ROBERT	137	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M-30	12	M 30	00:02:48	00:15:24	00:28:48	00:41:44.25	00:41:49.55	4:10	14.4
39	CZACH SEBASTIAN	20	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M-20	10	M 31	00:02:48	00:15:24	00:28:47	00:41:44.35	00:41:49.85	4:10	14.4
40	BORKOWSKI TOMASZ	13		TUCHOLA	POL	M-40	5	M 32	00:02:47	00:15:13	00:28:19	00:41:50.10	00:41:52.90	4:11	14.3
41	JABŁOŃSKI KRZYSZTOF	43	MTS HAMER MIASTKO	MIASTKO	POL	M-30	13	M 33	00:02:48	00:15:24	00:28:41	00:42:02.90	00:42:07.75	4:12	14.3
42	SZABAŁOWSKA MAŁGORZATA	147	MKL SZCZECINEK	SZCZECINEK	POL	K-20	5	K 9	00:02:46	00:15:17	00:28:38	00:42:04.20	00:42:08.40	4:12	14.3
43	FELSKA ANNA	26	MŻS WOŁCZA MAŁA	WOŁCZA MAŁA	POL	K-40	2	K 10	00:02:53	00:16:11	00:29:24	00:42:13.20	00:42:16.55	4:13	14.2

II LETNI BIEG MTS HAMER - MIASTKO - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.7km	3.8km	6.9km	Netto	Brutto	min/km	km/h
44	WNUK STANISŁAW	193	MARATOŃCZYK WIELKI KLINCZ	WIELKI KLINCZ	POL	M-50	6	M 34	00:02:46	00:15:40	00:28:55	00:42:16.00	00:42:21.70	4:13	14.2
45	BONISŁAWSKI JAROSŁAW	10	WWW.FADOMODA.PL	SŁAWNO	POL	M-30	14	M 35	00:03:04	00:16:22	00:29:32	00:42:31.35	00:42:48.55	4:15	14.1
46	GIERLACH JACEK	34	STOPA SŁUPSK	SŁUPSK	POL	M-20	11	M 36	00:02:57	00:15:49	00:29:15	00:42:34.60	00:42:42.60	4:15	14.1
47	SAJKO BARTOSZ	88		DARŁOWO	POL	M-30	15	M 37	00:02:47	00:15:23	00:28:58	00:42:37.45	00:42:43.70	4:15	14.1
48	SKIERKA GRZEGORZ	195	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M-30	16	M 38	00:03:14	00:16:27	00:29:45	00:42:48.55	00:43:02.00	4:16	14
49	WANTOCH REKOWSKI ZBIGNIEW	166	JRG MIASTKO	BOROWY MŁYN	POL	M-40	6	M 39	00:02:42	00:15:29	00:29:14	00:42:50.00	00:42:52.65	4:17	14
50	SMOLARZ ANGELIKA	65		KRAJENKA	POL	K-20	6	K 11	00:02:41	00:15:29	00:29:07	00:42:53.20	00:42:55.55	4:17	14
51	MATYJASEK ZBIGNIEW	96	TKKF KOSZALIN	KOSZALIN	POL	M-40	7	M 40	00:02:38	00:15:24	00:29:31	00:43:16.65	00:43:20.35	4:19	13.9
52	KROPIDŁOWSKI ZDZIŚŁAW	69	MTS HAMER MIASTKO	MIASTKO	POL	M-40	8	M 41	00:02:50	00:16:02	00:29:39	00:43:20.45	00:43:24.05	4:20	13.8
53	KULPACZYŃSKI PATRYK	78	GOGGLE PAE TEAM	GDAŃSK	POL	M-30	17	M 42	00:02:59	00:16:11	00:29:45	00:43:25.75	00:43:35.30	4:20	13.8
54	OLEŚZEK JERZY	107		GRABNO	POL	M-40	9	M 43	00:02:48	00:16:04	00:29:48	00:43:27.45	00:43:31.40	4:20	13.8
55	GRABOWSKI ANDRZEJ	177	ŚWIAT PŁYTEK U KRYSPIŃNA	NOŻYNO	POL	M-40	10	M 44	00:02:58	00:16:15	00:30:00	00:43:35.15	00:43:41.30	4:21	13.8
56	ZYLICZ PAWEŁ	183	STOPA SŁUPSK	SŁUPSK	POL	M-20	12	M 45	00:02:58	00:16:22	00:30:08	00:43:45.20	00:43:50.70	4:22	13.7
57	ZAWADZKI DAMIAN	176	KB WYGAN KOŁOBRZEG	ZIELENIEWO	POL	M-30	18	M 46	00:02:53	00:16:05	00:29:57	00:43:47.10	00:43:54.35	4:22	13.7
58	KŁACZYŃSKA DANUTA	60		SZCZECIN	POL	K-40	3	K 12	00:02:42	00:15:37	00:29:49	00:43:52.00	00:43:55.30	4:23	13.7
59	KORDECKI ROBERT	194	MARATOŃCZYK WIELKI KLINCZ	WIELKI KLINCZ	POL	M-20	13	M 47	00:02:45	00:15:35	00:29:16	00:44:14.50	00:44:18.40	4:25	13.6
60	CZAJA ANDRZEJ	38	UKS EKONOMIK-MARATOŃCZYK LĘBORK	ŁĘCZYCE	POL	M-50	7	M 48	00:03:06	00:16:28	00:30:18	00:44:29.85	00:44:38.95	4:26	13.5
61	STOLTMAN MAREK	155		ZADRY	POL	M-20	14	M 49	00:02:55	00:16:26	00:30:40	00:44:46.00	00:44:55.10	4:28	13.4
62	DWULIT DARIUSZ	23	MTS HAMER MIASTKO	MIASTKO	POL	M-40	11	M 50	00:02:56	00:16:31	00:30:37	00:44:49.20	00:45:03.85	4:28	13.4
63	JAMNIAK BARTOSZ	44	MTS HAMER MIASTKO	MIASTKO	POL	M-20	15	M 51	00:02:34	00:16:10	00:30:36	00:44:54.00	00:44:57.60	4:29	13.4
64	RUSZCZYŃSKI ŁUKASZ	133	RWT BYDGOSZCZ/ WŁ SŁUPSK	SŁUPSK	POL	M-30	19	M 52	00:02:58	00:16:39	00:30:44	00:44:55.05	00:45:00.60	4:29	13.4
65	JANKIEWICZ TOMASZ	46	MTS HAMER MIASTKO	MIASTKO	POL	M-40	12	M 53	00:02:52	00:16:38	00:30:48	00:44:58.20	00:45:03.20	4:29	13.3
66	PEKAŁA PIOTR	118	SOSW KOSZALIN	KOSZALIN	POL	M-40	13	M 54	00:03:03	00:16:29	00:30:52	00:44:59.70	00:45:10.85	4:29	13.3
67	MAZUR EMILIUSZ	97		DARŁOWO	POL	M-40	14	M 55	00:02:51	00:16:00	00:29:59	00:45:13.20	00:45:17.70	4:31	13.3
68	KUBIŃSKI RAFAŁ	73	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-50	8	M 56	00:02:45	00:16:24	00:30:34	00:45:14.80	00:45:17.90	4:31	13.3
69	PŁCZYŃSKI ZBIGNIEW	120	NIEZRZESZONY	SŁUPSK	POL	M-50	9	M 57	00:03:02	00:16:31	00:30:55	00:45:31.30	00:45:37.10	4:33	13.2
70	JASKULSKA MIRELA	49	AKADEMIA BIEGANIA GRUDZIĄDZ	GRUDZIĄDZ	POL	K-50	1	K 13	00:03:14	00:17:20	00:31:36	00:46:00.85	00:46:11.50	4:36	13
71	JURA MICHAŁ	56	MTS HAMER MIASTKO	MIASTKO	POL	M-20	16	M 58	00:03:00	00:17:27	00:32:13	00:46:01.65	00:46:07.10	4:36	13
72	SPALIK MICHAŁ	143	MTS HAMER MIASTKO	MIASTKO	POL	M-20	17	M 59	00:02:34	00:16:10	00:31:25	00:46:03.35	00:46:07.00	4:36	13
73	MAJEWSKI ANDRZEJ	89	MTS HAMER MIASTKO	MIASTKO	POL	M-40	15	M 60	00:03:17	00:17:28	00:31:54	00:46:04.95	00:46:20.15	4:36	13
74	CAŁKA MAGDALENA	17	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K-20	7	K 14	00:03:02	00:16:48	00:31:35	00:46:28.85	00:46:35.65	4:38	12.9
75	POBŁOCKA BOŻENA	123	UKS EKONOMIK-MARATOŃCZYK LĘBORK	LĘBORK	POL	K-40	4	K 15	00:03:15	00:17:27	00:32:02	00:46:33.00	00:46:35.65	4:39	12.9
76	SZEWCIUK ANDRZEJ	154	STOPA SŁUPSK	SŁUPSK	POL	M-60	1	M 61	00:03:15	00:17:20	00:31:56	00:46:34.75	00:46:42.75	4:39	12.9
77	SPALIK MARIUSZ	142	MTS HAMER MIASTKO	MIASTKO	POL	M-40	16	M 62	00:02:44	00:16:40	00:31:24	00:46:35.90	00:46:39.05	4:39	12.9
78	KRZEWIŃSKA MAŁGORZATA	72	TKKF KOSZALIN	KOSZALIN	POL	K-50	2	K 16	00:03:13	00:17:44	00:32:36	00:47:23.10	00:47:29.15	4:44	12.7
79	ŚWIĄTEK-BRZEZIŃSKI HUBERT	173	MTS HAMER MIASTKO	MIASTKO	POL	M-20	18	M 63	00:03:00	00:17:28	00:32:39	00:47:35.60	00:47:40.75	4:45	12.6
80	SKOWYRSKI JANUSZ	138	TKKF KOSZALIN ROWERIA KOSZALIN	BIESIEKIERZ	POL	M-50	10	M 64	00:03:13	00:17:39	00:32:31	00:47:38.00	00:47:48.00	4:45	12.6
81	WIERZBICKI SYLWESTER	169	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M-30	20	M 65	00:03:08	00:17:29	00:32:31	00:47:42.35	00:47:51.35	4:46	12.6
82	PETA ANDRZEJ	116	MTS HAMER MIASTKO	MIASTKO	POL	M-40	17	M 66	00:02:57	00:17:18	00:32:18	00:47:42.95	00:47:47.35	4:46	12.6
83	BOHDAN JAKUB	9	MTS HAMER MIASTKO	MIASTKO	POL	M-20	19	M 67	00:02:59	00:17:25	00:32:15	00:48:03.15	00:48:09.20	4:48	12.5
84	FRONTCZAK IZABELA	29	TKKF KOSZALIN	SZCZECINEK	POL	K-20	8	K 17	00:03:13	00:17:44	00:32:50	00:48:03.70	00:48:09.70	4:48	12.5
85	SZYMAŃSKI MATEUSZ	158		MIASTKO	POL	M-30	21	M 68	00:03:25	00:18:21	00:33:19	00:48:05.15	00:48:14.40	4:48	12.5
86	PRUS MIKOŁAJ	63		SŁUPSK	POL	M-20	20	M 69	00:02:51	00:17:36	00:33:23	00:48:05.40	00:48:08.70	4:48	12.5
87	WOWK ADRIAN	186		WAŁDOWO	POL	M-20	21	M 70	00:03:15	00:17:38	00:32:59	00:48:07.55	00:48:14.70	4:48	12.5
88	KOWALCZYK GRZEGORZ	66	BIEG NAJLEPSZYM SPOSOBEM JEST PORUSZANIA	LUBLIN	POL	M-40	18	M 71	00:03:02	00:17:20	00:32:48	00:48:12.20	00:48:18.35	4:49	12.4
89	SURDACKI PIOTR	151	MONIA TEAM	GRYFINO	POL	M-40	19	M 72	00:03:16	00:18:08	00:33:15	00:48:16.10	00:48:23.05	4:49	12.4
90	OTOKA KASIA	109	MONIA TEAM	SZCZECIN	POL	K-30	4	K 18	00:03:16	00:18:08	00:33:14	00:48:16.25	00:48:22.65	4:49	12.4
91	GABRYEL WOJCIECH	30	-)	TUCHOLA	POL	M-40	20	M 73	00:03:09	00:17:36	00:32:48	00:48:17.30	00:48:29.15	4:49	12.4
92	KRUPKA PIOTR	70	TEAM OPTIM	MIASTKO	POL	M-30	22	M 74	00:03:16	00:18:16	00:33:13	00:48:17.60	00:48:30.75	4:49	12.4
93	PATUREJ-KRUPKA ANNA PAULINA	113	TEAM OPTIM	MIASTKO	POL	K-30	5	K 19	00:03:17	00:18:17	00:33:14	00:48:18.15	00:48:30.90	4:49	12.4
94	GOLUŃSKA RENATA	35		MIASTKO	POL	K-30	6	K 20	00:03:17	00:18:01	00:33:29	00:48:19.20	00:48:26.15	4:50	12.4
95	SZABLA EWELINA	153	MTS HAMER MIASTKO	MIASTKO	POL	K-30	7	K 21	00:03:02	00:17:37	00:33:00	00:48:20.85	00:48:24.60	4:50	12.4
96	DORAWA WOJCIECH	51		MIASTKO	POL	M-20	22	M 75	00:03:09	00:17:19	00:32:46	00:48:30.60	00:48:40.45	4:51	12.4

II LETNI BIEG MTS HAMER - MIASTKO - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.7km	3.8km	6.9km	Netto	Brutto	min/km	km/h
97	POZORSKI KRZYSZTOF	127	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-30	23	M 76	00:03:10	00:17:40	00:33:01	00:48:30.85	00:48:37.20	4:51	12.4
98	MICERSKI TOMASZ	99	TKKF KOSZALIN	KOSZALIN	POL	M-40	21	M 77	00:03:14	00:17:56	00:33:15	00:48:33.35	00:48:42.90	4:51	12.4
99	FILIPÓW TADEUSZ	28	NIEZRZESZONY	LEBORK	POL	M-60	2	M 78	00:03:07	00:17:31	00:32:46	00:48:51.90	00:48:56.70	4:53	12.3
100	TUROWSKI WOJCIECH	164	USTKA	USTKA	POL	M-40	22	M 79	00:02:58	00:17:32	00:33:14	00:48:57.05	00:49:01.30	4:53	12.3
101	JĘDRASZKO MAGDA	53	MTS HAMER MIASTKO	PASIEKA	POL	K-30	8	K 22	00:03:13	00:18:00	00:33:28	00:49:00.90	00:49:09.70	4:54	12.2
102	ZIENTARSKA JOANNA	180	ŚWIAT PŁYTEK U KRYSPIŃNA	BYTÓW	POL	K-40	5	K 23	00:03:37	00:18:17	00:33:34	00:49:10.70	00:49:18.75	4:55	12.2
103	SULL KACPER	150	NIGHT RUNNERS SŁUPSK	WODNICA	POL	M-20	23	M 80	00:03:13	00:17:34	00:33:31	00:49:17.10	00:49:25.05	4:55	12.2
104	MALEK ANDRZEJ	90	POZYTYWNA ENDORFINA	KOŚCIERZYNA	POL	M-60	3	M 81	00:03:19	00:18:03	00:33:29	00:49:25.40	00:49:32.95	4:56	12.1
105	ZBLEWSKI PATRYK	178	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-30	24	M 82	00:03:14	00:18:08	00:33:52	00:49:27.30	00:49:33.85	4:56	12.1
106	KUCHARSKI PRZEMYSŁAW	74	MIASTKO	MIASTKO	POL	M-30	25	M 83	00:03:22	00:18:22	00:33:39	00:49:28.90	00:49:39.20	4:56	12.1
107	KRAŚIŃSKI WITOLD	67	JW 1223 - 3.DPLOT	KOSZALIN	POL	M-40	23	M 84	00:03:16	00:17:53	00:33:36	00:49:38.85	00:49:48.10	4:57	12.1
108	ŁASZCZ DARIUSZ	87	REKOWO	REKOWO	POL	M-50	11	M 85	00:03:46	00:19:13	00:34:31	00:49:40.65	00:49:53.90	4:58	12.1
109	IWASZKO KRZYSZTOF	42	MTS HAMER MIASTKO	MIASTKO	POL	M-30	26	M 86	00:03:37	00:18:59	00:34:04	00:49:49.15	00:50:04.70	4:58	12
110	BOGUSZ MARIETTA	200	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K-20	9	K 24	00:03:16	00:18:04	00:34:02	00:50:12.80	00:50:15.80	5:01	12
111	MROCZEK PRZEMYSŁAW	79	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-40	24	M 87	00:03:18	00:18:04	00:34:03	00:50:13.15	00:50:15.80	5:01	11.9
112	WIRSKA KAROLINA	172	BRAK	BYTÓW	POL	K-30	9	K 25	00:03:21	00:18:41	00:34:25	00:50:18.55	00:50:23.70	5:01	11.9
113	KARGUL JACEK	59	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-30	27	M 88	00:03:12	00:18:03	00:34:00	00:50:19.85	00:50:27.10	5:02	11.9
114	WENCLAWSKI MICHAŁ	167	ARAGORTEAM	SŁUPSK	POL	M-20	24	M 89	00:03:12	00:17:57	00:34:12	00:50:36.25	00:50:44.15	5:03	11.9
115	ZMIENKO HUBERT	181	CHOJNICE	CHOJNICE	POL	M-30	28	M 90	00:03:11	00:18:10	00:34:33	00:51:12.05	00:51:22.35	5:07	11.7
116	KUŁAKOWSKI DAWID	80	TKKF KOSZALIN	KOSZALIN	POL	M-30	29	M 91	00:03:14	00:18:07	00:34:22	00:51:24.15	00:51:33.25	5:08	11.7
117	ŻWIROWSKI ANDRZEJ	39	MIASTKO	MIASTKO	POL	M-30	30	M 92	00:03:17	00:18:37	00:34:43	00:51:27.40	00:51:33.85	5:08	11.7
118	ŁASZCZ ADAM	83	MIASTKO	MIASTKO	POL	M-50	12	M 93	00:03:47	00:19:27	00:35:38	00:51:31.50	00:51:44.10	5:09	11.6
119	ANDRZEJCZAK SŁAWOMIR	2	GRZESŁAW USTKA	LEĐOWO-OSIEDLE	POL	M-40	25	M 94	00:03:12	00:18:13	00:34:31	00:51:40.80	00:51:49.90	5:10	11.6
120	SZABAŁOWSKA ADRIANNA	1	SZCZECINEK	SZCZECINEK	POL	K-20	10	K 26	00:03:33	00:19:22	00:35:43	00:51:49.95	00:51:58.45	5:11	11.6
121	BRUDKA JACEK	76	KOSZALIN	KOSZALIN	POL	M-30	31	M 95	00:03:15	00:18:35	00:35:05	00:52:02.50	00:52:14.65	5:12	11.5
122	HAŁAS PIOTR	58	SŁUPSK	SŁUPSK	POL	M-30	32	M 96	00:03:16	00:18:31	00:35:23	00:52:26.25	00:52:32.70	5:14	11.4
123	KUCHENBEKIER ARKADIUSZ	75	MIASTKO	MIASTKO	POL	M-40	26	M 97	00:03:35	00:19:19	00:36:02	00:52:36.05	00:52:49.95	5:15	11.4
124	CYBULSKI ROBERT	19	MTS HAMER MIASTKO	MIASTKO	POL	M-40	27	M 98	00:03:18	00:19:07	00:35:48	00:52:37.65	00:52:42.95	5:15	11.4
125	MARCULA AGATA	92	MIASTKO	MIASTKO	POL	K-30	10	K 27	00:03:26	00:18:51	00:35:29	00:52:38.45	00:52:50.30	5:15	11.4
126	BORDUN BASIA	11	NEKO	BIAŁY BÓR	POL	K-20	11	K 28	00:03:31	00:19:17	00:36:04	00:52:57.65	00:53:05.55	5:17	11.3
127	DZIERŻEŃSKA MONIKA	188	GDAŃSK	GDAŃSK	POL	K-40	6	K 29	00:03:16	00:18:48	00:35:52	00:53:00.85	00:53:14.25	5:18	11.3
128	WOŹNIAK GRZEGORZ	174	GRZESŁAW USTKA	USTKA	POL	M-40	28	M 99	00:03:25	00:18:48	00:35:37	00:53:23.50	00:53:32.00	5:20	11.2
129	HASULAK ŁUKASZ	61	MTS HAMER MIASTKO	MIASTKO	POL	M-30	33	M 100	00:03:28	00:18:52	00:35:30	00:53:46.80	00:53:57.55	5:22	11.2
130	PIETRZYCKI ANDRZEJ	119	NIEZRZESZONY	SŁUPSK	POL	M-60	4	M 101	00:03:53	00:21:07	00:38:16	00:53:48.30	00:54:02.75	5:22	11.2
131	SOROKA TOMASZ	140	NIGHT RUNNERS SŁUPSK / BBL SŁUPSK	SŁUPSK	POL	M-30	34	M 102	00:03:17	00:19:13	00:36:35	00:53:50.50	00:53:53.50	5:23	11.1
132	SZABAŁOWSKI MAREK	148	SZCZECINEK	SZCZECINEK	POL	M-40	29	M 103	00:03:36	00:19:54	00:36:52	00:53:50.60	00:53:54.80	5:23	11.1
133	KUPREWICZ GRZEGORZ	82	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-30	35	M 104	00:03:15	00:19:48	00:37:39	00:54:22.65	00:54:33.10	5:26	11
134	TURCZYN GRZEGORZ	162	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-40	30	M 105	00:03:38	00:19:50	00:37:01	00:54:22.80	00:54:36.00	5:26	11
135	HRYHOROWICZ JOANNA	41	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K-30	11	K 30	00:03:38	00:19:52	00:37:02	00:54:22.85	00:54:36.25	5:26	11
136	GREBIENIK ANDRZEJ	36	SŁUPSK	SŁUPSK	POL	M-40	31	M 106	00:03:40	00:19:37	00:37:08	00:54:56.10	00:55:07.35	5:29	10.9
137	SŁOMSKI ZENON	139	KORZYBSKIE REKINY	KORZYBIE	POL	M-60	5	M 107	00:03:43	00:19:59	00:36:55	00:54:58.60	00:55:07.40	5:29	10.9
138	JURA KAZIMIERZ	55	MTS HAMER MIASTKO	MIASTKO	POL	M-60	6	M 108	00:03:41	00:20:13	00:37:47	00:54:58.90	00:55:13.85	5:29	10.9
139	MUSZYŃSKI JACEK	102	KB GOCH BYTÓW	BYTÓW	POL	M-60	7	M 109	00:03:40	00:20:10	00:37:39	00:55:02.20	00:55:16.50	5:30	10.9
140	PETA RENATA	115	MTS HAMER MIASTKO	MIASTKO	POL	K-30	12	K 31	00:03:27	00:20:15	00:37:58	00:55:02.50	00:55:12.65	5:30	10.9
141	BUTKIEWICZ WOJCIECH	16	MIASTKO	MIASTKO	POL	M-50	13	M 110	00:03:23	00:19:46	00:37:13	00:55:11.70	00:55:18.95	5:31	10.9
142	GAŚSIOR PAWEŁ	33	ROZBIEGANY SUSZ	SUSZ	POL	M-30	36	M 111	00:03:42	00:20:31	00:38:20	00:55:27.85	00:55:36.70	5:32	10.8
143	DYRCZ MARIKA	24	MKS ŚWIĘC SŁAWNO	SŁAWNO	POL	K-30	13	K 32	00:03:57	00:20:48	00:38:33	00:56:13.75	00:56:28.05	5:37	10.7
144	MARCZAK ANDRZEJ	94	AMATOR	ŻELKOWO	POL	M-50	14	M 112	00:03:39	00:20:50	00:38:23	00:56:17.80	00:56:25.80	5:37	10.7
145	PACAN MIRA	110	ŚWIAT PŁYTEK U KRYSPIŃNA	BYTÓW	POL	K-20	12	K 33	00:03:53	00:21:23	00:39:30	00:57:12.25	00:57:20.50	5:43	10.5
146	JANKOWSKA MONIKA	191	FOLLOW ME SZCZECINEK	SZCZECINEK	POL	K-20	13	K 34	00:03:42	00:21:00	00:39:33	00:57:27.65	00:57:35.30	5:44	10.4
147	PARWANICKI WIKTOR	112	'TUPOT' USTKA	WLYNKOWKO	POL	M-60	8	M 113	00:03:57	00:20:55	00:38:56	00:57:37.05	00:57:51.85	5:45	10.4
148	SŁEDŹ ANDRZEJ	160	WŁ SŁUPSK	SŁUPSK	POL	M-40	32	M 114	00:03:22	00:20:06	00:38:54	00:57:47.15	00:57:53.10	5:46	10.4
149	BĄCZYK ADAM	5	MONIA TEAM	SZCZECIN	POL	M-30	37	M 115	00:03:46	00:21:29	00:39:53	00:57:58.40	00:58:11.50	5:47	10.4
150	BĄCZYK MONIKA	4	MONIA TEAM	SZCZECIN	POL	K-30	14	K 35	00:03:47	00:21:29	00:39:54	00:57:58.75	00:58:11.65	5:47	10.3
151	POZORSKI ZBIGNIEW	128	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M-60	9	M 116	00:03:43	00:20:49	00:39:19	00:58:16.05	00:58:23.10	5:49	10.3
152	SZABAT DARIA	152	SŁUPSK	SŁUPSK	POL	K-20	14	K 36	00:03:55	00:21:25	00:39:22	00:58:17.90	00:58:33.25	5:49	10.3

II LETNI BIEG MTS HAMER - MIASTKO - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.7km	3.8km	6.9km	Netto	Brutto	min/km	km/h
153	SZYCA KAROLINA	157		MIASTKO	POL	K-20	15	K 37	00:03:18	00:19:07	00:37:18	00:58:28.10	00:58:34.45	5:50	10.3
154	ZIĘBA PAWEŁ	179	TKKF KOSZALIN	KOSZALIN	POL	M-40	33	M 117	00:03:16	00:20:46	00:41:00	00:58:48.35	00:58:58.10	5:52	10.2
155	WOLSKA ANNA	22	ŚWIAT PŁYTEK U KRYSPIŃ	NOŻYNO	POL	K-30	15	K 38	00:03:55	00:21:33	00:40:09	00:58:50.10	00:59:02.25	5:53	10.2
156	JANKOWSKA JUSTYNA	48		SŁUPSK	POL	K-30	16	K 39	00:03:36	00:21:10	00:40:11	00:59:04.50	00:59:14.40	5:54	10.2
157	BRZozowska MAGDALENA	14		SŁUPSK	POL	K-20	16	K 40	00:03:36	00:21:07	00:39:49	00:59:15.55	00:59:20.50	5:55	10.1
158	JANKIEWICZ HELENA	47	MTS HAMER MIASTKO	MIASTKO	POL	K-30	17	K 41	00:03:55	00:22:45	00:41:40	00:59:23.05	00:59:33.05	5:56	10.1
159	LIŚNIEWSKI ANDRZEJ	85	WKB META LUBLINIEC	CHOJNICE	POL	M-40	34	M 118	00:03:53	00:21:29	00:40:17	00:59:36.20	00:59:50.10	5:57	10.1
160	SZYSZKOWSKI TOMASZ	159		KOSZALIN	POL	M-30	38	M 119	00:03:35	00:21:52	00:41:18	00:59:40.70	00:59:52.30	5:58	10.1
161	STANKOWIAK MAGDALENA	145		MIASTKO	POL	K-40	7	K 42	00:03:20	00:21:07	00:40:30	00:59:42.35	00:59:48.45	5:58	10.1
162	KUCHENBEKIER ILONA	189		MIASTKO	POL	K-30	18	K 43	00:03:53	00:21:32	00:40:22	00:59:48.90	01:00:02.80	5:58	10
163	MARCZAK MAŁGORZATA	93	AMATOR	ŻELKOWO	POL	K-50	3	K 44	00:03:44	00:21:25	00:40:48	01:00:01.10	01:00:08.50	6:00	10
164	ZALEWSKI GRZEGORZ	175		USTKA	POL	M-30	39	M 120	00:03:41	00:21:02	00:40:22	01:00:29.60	01:00:38.40	6:03	9.9
165	GRELA MACIEJ	192	FOLLOW ME SZCZECINEK	SZCZECINEK	POL	M-20	25	M 121	00:03:35	00:21:20	00:40:53	01:00:48.40	01:00:55.50	6:04	9.9
166	BASARAB ADAM	3		SŁUPSK	POL	M-20	26	M 122	00:03:45	00:21:10	00:41:07	01:00:59.95	01:01:11.40	6:06	9.8
167	BUDZYŃSKA ELŻBIETA	15	BBL SŁUPSK	SŁUPSK	POL	K-50	4	K 45	00:04:00	00:22:38	00:42:12	01:01:58.55	01:02:07.95	6:11	9.7
168	CYBULSKA ELŻBIETA	18		MIASTKO	POL	K-50	5	K 46	00:04:02	00:22:34	00:42:07	01:02:06.50	01:02:10.15	6:12	9.7
169	TUROWSKA KATARZYNA	163	PGB SPORTOWA PACZKA	USTKA	POL	K-50	6	K 47	00:03:54	00:22:09	00:41:25	01:02:34.40	01:02:45.85	6:15	9.6
170	SETNIK MONIKA	136		SŁUPSK	POL	K-40	8	K 48	00:03:55	00:21:40	00:42:15	01:03:12.65	01:03:27.65	6:19	9.5
171	SULL AGNIESZKA	149	NIGHT RUNNERS SŁUPSK	WODNICA	POL	K-40	9	K 49	00:03:47	00:22:14	00:42:30	01:04:36.70	01:04:49.35	6:27	9.3
172	JĘDRASZKO ŁUKASZ	52		PASIEKA	POL	M-30	40	M 123	00:03:46	00:22:58	00:44:34	01:06:33.85	01:06:43.70	6:39	9
173	WIRKUS-LASKOWSKA MAGDA	171		MIASTKO	POL	K-30	19	K 50	00:03:52	00:22:40	00:45:09	01:08:26.85	01:08:40.55	6:50	8.8
174	NAPIĘTEK ELŻBIETA	25	ŚWIAT PŁYTEK U KRYSPIŃ	BYTÓW	POL	K-60	1	K 51	00:04:06	00:26:11	00:49:29	01:13:17.40	01:13:31.60	7:19	8.2
	PLISKOWSKA ANNA	187		MIASTKO	POL	K-30			00:03:27	00:19:09	00:36:10	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	-	-
	POBŁOCKA KATARZYNA	8	UKS EKONOMIK-MARATOŃCZYK LĘBORK	LĘBORK	POL	K-20			00:03:07	00:17:27	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	-	-
	TRZASKA KATARZYNA	64		KOSZALIN	POL	K-20			00:03:29	00:25:56	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	-	-
	BORDUN MICHAŁ	12	NEKO	MIASTKO	POL	M-30			00:03:30	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	-	-
	KŁOSIŃSKI STANISŁAW	190			POL	M-50			00:04:34	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	-	-
	MALINOWSKI MARIUSZ	104		MIASTKO	POL	M-40			DNF	DNF	DNF	DNF	DNF	-	-