

XXIX PÓLMARATON LIPCOWY OKONEK

Organizator: Burmistrz Okonka
 Data: 2016-07-17
 Miejsce: Okonek
 Dystans: 21.1 km
 Klasyfikacja wg czasów netto.


XXIX PÓLMARATON LIPCOWY OKONEK, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|----------------------|-----|---|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | HOFFMAN ALEKSANDER | 331 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M40-44 | 1 | M 1 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:25.35 | 3:40 | 16.4 |
| 2 | ZWIĄZEK PAWEŁ | 400 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | M30-39 | 1 | M 2 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:35.85 | 3:40 | 16.3 |
| 3 | GEHRKE ROBERT | 327 | PCH_RUN | CHODZIEŻ | POL | M20-29 | 1 | M 3 | 00:19:44 | 00:39:50 | 01:00:37 | 01:21:29.95 | 3:51 | 15.5 |
| 4 | OSIŃSKI RYSZARD | 370 | ACTIVE MALBORK | MALBORK | POL | M50-54 | 1 | M 4 | 00:20:07 | 00:40:44 | 01:01:52 | 01:22:50.85 | 3:55 | 15.3 |
| 5 | BŁASZCZYK ZBIGNIEW | 306 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 2 | M 5 | 00:19:44 | 00:40:19 | 01:01:54 | 01:24:39.15 | 4:00 | 15 |
| 6 | GRZONKA PIOTR | 330 | | CZARNA WODA | POL | M20-29 | 2 | M 6 | 00:21:32 | 00:43:51 | 01:05:21 | 01:26:24.05 | 4:05 | 14.7 |
| 7 | WIERZEJSKI SŁAWOMIR | 395 | KB GOCH BYTÓW | BYTÓW | POL | M45-49 | 1 | M 7 | 00:21:00 | 00:42:36 | 01:04:47 | 01:26:26.80 | 4:05 | 14.6 |
| 8 | KRÓLIKOWSKI EDWARD | 347 | KB MANIAC POZNAŃ | POZNAŃ | POL | M45-49 | 2 | M 8 | 00:21:28 | 00:43:35 | 01:05:24 | 01:26:58.65 | 4:07 | 14.6 |
| 9 | GAŁAN LESZEK | 325 | | ZŁOCIENIEC | POL | M50-54 | 2 | M 9 | 00:21:31 | 00:43:54 | 01:05:36 | 01:27:21.30 | 4:08 | 14.5 |
| 10 | KOZŁÓW WOJCIECH | 345 | LKS ZANTYR SZTUM | GDĄSK | POL | M55-59 | 1 | M 10 | 00:22:17 | 00:45:04 | 01:08:16 | 01:31:08.35 | 4:19 | 13.9 |
| 11 | MATUSIK JANUSZ | 360 | NIEZRZESZONY/TUCZNO | TUCZNO | POL | M60-64 | 1 | M 11 | 00:22:27 | 00:45:27 | 01:08:48 | 01:31:52.50 | 4:21 | 13.8 |
| 12 | BARCZAK RAFAŁ | 304 | KPP ZŁOTÓW | ZŁOTÓW | POL | M40-44 | 2 | M 12 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:26.15 | 4:22 | 13.7 |
| 13 | MROZIK DANIEL | 362 | | GÓRZNA | POL | M30-39 | 3 | M 13 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:31.50 | 4:23 | 13.7 |
| 14 | KUBIAK PIOTR | 348 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M30-39 | 4 | M 14 | 00:23:11 | 00:47:38 | 01:10:51 | 01:33:35.50 | 4:26 | 13.5 |
| 15 | ECKERT ZBIGNIEW | 320 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M45-49 | 3 | M 15 | 00:22:17 | 00:45:27 | 01:09:25 | 01:33:40.05 | 4:26 | 13.5 |
| 16 | MAJEWSKI MACIEJ | 358 | TEAM ASA | POZNAŃ | POL | M50-54 | 3 | M 16 | 00:22:29 | 00:46:05 | 01:10:28 | 01:34:01.50 | 4:27 | 13.5 |
| 17 | SKRZYPCZAK ANNA | 408 | LOKATOR NIERUCHOMOŚCI | PIŁA | POL | K40-44 | 1 | K 1 | 00:23:55 | 00:47:44 | 01:10:50 | 01:34:07.20 | 4:27 | 13.5 |
| 18 | MYSZKOWSKI JAN | 363 | | WAŁCZ | POL | M55-59 | 2 | M 17 | 00:23:01 | 00:46:55 | 01:10:51 | 01:34:09.75 | 4:27 | 13.4 |
| 19 | WIÓREK MACIEJ | 409 | RDZP SZCZECINEK | SZCZECINEK | POL | M30-39 | 5 | M 18 | 00:22:49 | 00:46:44 | 01:10:50 | 01:34:33.45 | 4:28 | 13.4 |
| 20 | JANUZIK TOMASZ | 334 | | PIŁA | POL | M30-39 | 6 | M 19 | 00:23:54 | 00:47:45 | 01:10:58 | 01:34:45.70 | 4:29 | 13.4 |
| 21 | GAŃSKA MAGDALENA | 326 | MKS FIGHTER | GOŚCICINO | POL | K40-44 | 2 | K 2 | 00:23:56 | 00:47:48 | 01:11:39 | 01:35:36.45 | 4:31 | 13.2 |
| 22 | MADAJCZAK JAROSŁAW | 357 | | TRZCIANKA | POL | M40-44 | 3 | M 20 | 00:23:08 | 00:46:57 | 01:11:02 | 01:35:46.40 | 4:32 | 13.2 |
| 23 | ORZEL PRZEMYSŁAW | 369 | | ZŁOTÓW | POL | M30-39 | 7 | M 21 | 00:22:57 | 00:47:02 | 01:11:45 | 01:36:19.50 | 4:33 | 13.1 |
| 24 | WALTER PRZEMYSŁAW | 392 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | M40-44 | 4 | M 22 | 00:24:12 | 00:47:59 | 01:12:10 | 01:36:41.15 | 4:34 | 13.1 |
| 25 | SAWICKI ELIGIUSZ | 379 | | ZŁOTÓW | POL | M50-54 | 4 | M 23 | 00:24:57 | 00:49:35 | 01:13:49 | 01:37:37.15 | 4:37 | 13 |
| 26 | NOWAK MARCIN | 365 | | PIŁA | POL | M30-39 | 8 | M 24 | 00:24:42 | 00:49:16 | 01:13:55 | 01:38:04.80 | 4:38 | 12.9 |
| 27 | CHODOR MARTYNA | 311 | TKKF KOSZALIN | OKONEK | POL | K30-39 | 1 | K 3 | 00:25:11 | 00:49:34 | 01:14:01 | 01:38:25.85 | 4:39 | 12.9 |
| 28 | AUGUSTYNIAK GRZEGORZ | 303 | WYGAN KOŁOBRZEG | KOŁOBRZEG | POL | M30-39 | 9 | M 25 | 00:24:58 | 00:49:36 | 01:14:02 | 01:38:28.05 | 4:40 | 12.9 |
| 29 | KOPER ADAM | 405 | | SKÓRKA | POL | M30-39 | 10 | M 26 | 00:24:57 | 00:49:35 | 01:14:01 | 01:38:29.35 | 4:40 | 12.9 |
| 30 | RATAJCZAK RAJMUND | 376 | | POZNAŃ | POL | M50-54 | 5 | M 27 | 00:24:55 | 00:49:35 | 01:14:02 | 01:38:38.75 | 4:40 | 12.8 |
| 31 | OCHNIO RYSZARD | 366 | POLONIA JASTROWIE BIEDRONKA BIEGA JASTROWIE | JASTROWIE | POL | M40-44 | 5 | M 28 | 00:23:55 | 00:47:48 | 01:12:57 | 01:39:04.70 | 4:41 | 12.8 |
| 32 | RUDNIK JERZY | 377 | FLORIAN CHOJNICE | CHOJNICE | POL | M60-64 | 2 | M 29 | 00:23:53 | 00:48:25 | 01:13:59 | 01:39:35.30 | 4:43 | 12.7 |
| 33 | WILCZYŃSKI JAROSŁAW | 397 | JEDNA CHWILA | WĄGROWIEC | POL | M30-39 | 11 | M 30 | 00:23:45 | 00:49:01 | 01:14:34 | 01:40:25.00 | 4:45 | 12.6 |
| 34 | CHORAŻY KAROLINA | 312 | FADOMODA TEAM | KOSZALIN | POL | K20-29 | 1 | K 4 | 00:25:41 | 00:50:23 | 01:15:20 | 01:40:25.10 | 4:45 | 12.6 |
| 35 | PIETRZAK KAMIL | 373 | ACTIVE MALBORK | SŁUPSK | POL | M30-39 | 12 | M 31 | 00:23:08 | 00:48:45 | 01:15:00 | 01:40:28.45 | 4:45 | 12.6 |
| 36 | CUBER WOJCIECH | 314 | #ZARAZQA | PODGAJE | POL | M30-39 | 13 | M 32 | 00:26:18 | 00:52:14 | 01:17:51 | 01:41:19.50 | 4:48 | 12.5 |
| 37 | GRZEGORZEWSKI RAFAŁ | 328 | BRZOZA BIEGA | NIEMCZ | POL | M40-44 | 6 | M 33 | 00:25:17 | 00:50:45 | 01:15:56 | 01:41:31.20 | 4:48 | 12.5 |
| 38 | WILKOWSKI KRZYSZTOF | 398 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M30-39 | 14 | M 34 | 00:23:55 | 00:49:14 | 01:15:24 | 01:42:09.25 | 4:50 | 12.4 |
| 39 | ZIÓŁKOWSKI WOJCIECH | 410 | GOCH BYTÓW | OKONEK | POL | M30-39 | 15 | M 35 | 00:26:21 | 00:52:17 | 01:17:53 | 01:43:00.85 | 4:52 | 12.3 |
| 40 | BOCH MARCIN | 307 | | TRZCIANKA | POL | M30-39 | 16 | M 36 | 00:23:26 | 00:48:53 | 01:15:42 | 01:43:02.90 | 4:53 | 12.3 |
| 41 | PIECHOWSKI KRZYSZTOF | 371 | LOKATOR NIERUCHOMOŚCI PIŁA | PIŁA | POL | M40-44 | 7 | M 37 | 00:26:21 | 00:52:16 | 01:17:53 | 01:43:09.10 | 4:53 | 12.3 |
| 42 | KAPUSTA LESZEK | 339 | WP | PNIEWO | POL | M30-39 | 17 | M 38 | 00:25:19 | 00:50:47 | 01:17:14 | 01:44:05.20 | 4:56 | 12.2 |
| 43 | TOMCZAK ZBIGNIEW | 389 | ALTOM GNIEZNO | GNIEZNO | POL | M60-64 | 3 | M 39 | 00:25:23 | 00:51:11 | 01:17:33 | 01:44:17.90 | 4:56 | 12.1 |
| 44 | SZUMSKI ŁUKASZ | 386 | | SŁAWA | POL | M30-39 | 18 | M 40 | 00:25:48 | 00:51:08 | 01:17:18 | 01:44:23.30 | 4:56 | 12.1 |
| 45 | PRZYBYŁO LEONARD | 404 | STALOWE ŁYDKI | GORZÓW WLKP. | POL | M40-44 | 8 | M 41 | 00:25:58 | 00:52:04 | 01:18:34 | 01:44:32.35 | 4:57 | 12.1 |

XXIX PÓLMARATON LIPCOWY OKONEK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|--------------------------|-----|---------------------------|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 46 | DUDZIAK PIOTR | 319 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-44 | 9 | M 42 | 00:27:13 | 00:53:32 | 01:17:29 | 01:45:01.25 | 4:58 | 12.1 |
| 47 | JAROSZEWSKA JUSTYNA | 335 | 4RUNTEAM | PIŁA | POL | K30-39 | 2 | K 5 | 00:26:00 | 00:52:06 | 01:18:36 | 01:45:03.90 | 4:58 | 12.1 |
| 48 | OKOŁOTOWICZ SEBASTIAN | 406 | | SŁUPSK | POL | M30-39 | 19 | M 43 | 00:24:45 | 00:49:32 | 01:14:18 | 01:45:25.90 | 4:59 | 12 |
| 49 | ŚWIETLIK TOMASZ | 388 | | KOSZALIN | POL | M55-59 | 3 | M 44 | 00:25:40 | 00:51:06 | 01:18:33 | 01:46:37.95 | 5:03 | 11.9 |
| 50 | WALTER JOANNA | 393 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | K40-44 | 3 | K 6 | 00:27:13 | 00:54:21 | 01:20:54 | 01:46:38.85 | 5:03 | 11.9 |
| 51 | LASAOTA MIROSLAW | 353 | | WAŁCZ | POL | M60-64 | 4 | M 45 | 00:25:17 | 00:51:05 | 01:18:32 | 01:46:48.80 | 5:03 | 11.9 |
| 52 | KOLENDO ARKADIUSZ | 342 | ROGOZIŃSKI KLUB BIEGACZA | RYCZYWÓŁ | POL | M30-39 | 20 | M 46 | 00:26:40 | 00:52:27 | 01:19:56 | 01:47:26.35 | 5:05 | 11.8 |
| 53 | OKONEK KAZIMIERZ | 367 | | GORZÓW WLKP. | POL | M65-69 | 1 | M 47 | 00:25:17 | 00:51:49 | 01:18:38 | 01:47:50.80 | 5:06 | 11.7 |
| 54 | PIKULIK JAROSŁAW | 374 | LZS 'JEDNOŚĆ' ŁOBŻENICA | TRZEBOŃ | POL | M20-29 | 3 | M 48 | 00:23:53 | 00:47:45 | 01:15:39 | 01:48:43.15 | 5:09 | 11.6 |
| 55 | FIŁONOWICZ MONIKA | 322 | | SZCZECINEK | POL | K30-39 | 3 | K 7 | 00:25:16 | 00:51:21 | 01:19:37 | 01:48:57.35 | 5:09 | 11.6 |
| 56 | BOCHEŃSKI WOJCIECH | 407 | | WARSZAWA | POL | M40-44 | 10 | M 49 | 00:27:26 | 00:54:49 | 01:22:18 | 01:49:08.85 | 5:10 | 11.6 |
| 57 | HETEL ADAM | 403 | | BYDGOSZCZ | POL | M30-39 | 21 | M 50 | 00:26:55 | 00:54:24 | 01:21:55 | 01:49:46.15 | 5:12 | 11.5 |
| 58 | GAJEK ARTUR | 324 | KORZYBSKIE REKINY | KĘPICE | POL | M40-44 | 11 | M 51 | 00:26:14 | 00:53:08 | 01:21:14 | 01:49:50.35 | 5:12 | 11.5 |
| 59 | KOZŁOWIECKI WALDEMAR | 344 | TKKF KOSZALIN | KOSZALIN | POL | M65-69 | 2 | M 52 | 00:26:45 | 00:54:21 | 01:21:51 | 01:49:56.85 | 5:12 | 11.5 |
| 60 | WALIŃSKA AGNIESZKA | 391 | WOLNA JAK PTAK | SŁUPSK | POL | K40-44 | 4 | K 8 | 00:27:05 | 00:54:23 | 01:21:46 | 01:50:18.80 | 5:13 | 11.5 |
| 61 | BRYSZEWSKA ALICJA | 402 | | SZCZECINEK | POL | K30-39 | 4 | K 9 | 00:28:44 | 00:56:09 | 01:23:05 | 01:50:41.65 | 5:14 | 11.4 |
| 62 | WIĘZIK HENRYK | 396 | | WAŁCZ | POL | M70+ | 1 | M 53 | 00:26:55 | 00:54:14 | 01:21:45 | 01:50:48.05 | 5:15 | 11.4 |
| 63 | FISCHER ŁUKASZ | 323 | KOCHAM GABRYSLIA I SANDRĘ | SZCZECINEK | POL | M20-29 | 4 | M 54 | 00:26:25 | 00:53:54 | 01:22:12 | 01:52:18.10 | 5:19 | 11.3 |
| 64 | DRACZYŃSKI ZYGMUNT | 318 | LŁKB TRUCHT | ŁOBEZ | POL | M65-69 | 3 | M 55 | 00:27:27 | 00:54:50 | 01:22:56 | 01:53:00.50 | 5:21 | 11.2 |
| 65 | NAPIERAŁA BOGUMIŁ | 364 | KORA KOSZALIN | ROGOWO | POL | M50-54 | 6 | M 56 | 00:25:48 | 00:53:36 | 01:22:22 | 01:53:20.35 | 5:22 | 11.2 |
| 66 | CZARNECKI MIROSLAW | 315 | | ZŁOTÓW | POL | M50-54 | 7 | M 57 | 00:25:58 | 00:54:02 | 01:23:29 | 01:53:40.20 | 5:23 | 11.1 |
| 67 | DORSZEWSKI PRZEMYSŁAW | 317 | KS. ALBISIA | PIŁA | POL | M30-39 | 22 | M 58 | 00:26:53 | 00:54:15 | 01:22:36 | 01:54:15.55 | 5:24 | 11.1 |
| 68 | KOŁODZIEJCZAK GRZEGORZ | 343 | PARKRUN SZCZECINEK | TUROWO | POL | M40-44 | 12 | M 59 | 00:29:55 | 00:59:21 | 01:27:53 | 01:55:49.90 | 5:29 | 10.9 |
| 69 | SIKORSKI WITOLD | 380 | KB RUN 42 | ROSNOWO | POL | M55-59 | 4 | M 60 | 00:25:20 | 00:51:53 | 01:27:20 | 01:56:19.90 | 5:30 | 10.9 |
| 70 | LASOTA JAKUB | 354 | | OKONEK | POL | M30-39 | 23 | M 61 | 00:29:22 | 00:58:44 | 01:27:47 | 01:56:40.25 | 5:31 | 10.9 |
| 71 | STANASIUK EDYTA | 382 | FIZJOBIEGACZE SZCZECIN | OKONEK | POL | K30-39 | 5 | K 10 | 00:29:22 | 00:58:44 | 01:27:48 | 01:56:40.35 | 5:31 | 10.9 |
| 72 | LAJTER JERZY | 352 | 4 RUN TEAM PIŁA | PIŁA | POL | M65-69 | 4 | M 62 | 00:28:44 | 00:58:24 | 01:26:27 | 01:56:45.05 | 5:31 | 10.8 |
| 73 | IDZIAK PAWEŁ | 333 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 24 | M 63 | 00:29:59 | 00:59:43 | 01:29:37 | 01:57:57.75 | 5:35 | 10.7 |
| 74 | STURMOWSKI ADAM | 383 | | KRAJENKA | POL | M30-39 | 25 | M 64 | 00:26:56 | 00:55:26 | 01:25:55 | 01:58:13.50 | 5:36 | 10.7 |
| 75 | WIATR TOMASZ | 394 | | WAŁCZ | POL | M40-44 | 13 | M 65 | 00:27:56 | 00:56:42 | 01:26:43 | 01:58:32.50 | 5:37 | 10.7 |
| 76 | SZULC EDYTA | 384 | | WARSZAWA | POL | K40-44 | 5 | K 11 | 00:29:20 | 00:58:52 | 01:28:43 | 01:59:36.25 | 5:40 | 10.6 |
| 77 | KĄŁUŻNY PAWEŁ | 338 | | SZCZECINEK | POL | M30-39 | 26 | M 66 | 00:27:38 | 00:58:02 | 01:28:58 | 02:01:02.80 | 5:44 | 10.5 |
| 78 | MANKOWSKA JANINA | 359 | | JASTROWIE | POL | K50-54 | 1 | K 12 | 00:29:45 | 01:00:26 | 01:32:07 | 02:03:29.85 | 5:51 | 10.3 |
| 79 | KARNICKI ZYGMUNT | 340 | TKKF KOSZALIN | KOSZALIN | POL | M60-64 | 5 | M 67 | 00:29:07 | 01:00:11 | 01:31:44 | 02:03:40.80 | 5:51 | 10.2 |
| 80 | RYMER ADAM | 378 | | BORÓWNO | POL | M30-39 | 27 | M 68 | 00:29:59 | 01:00:26 | 01:31:52 | 02:03:41.10 | 5:51 | 10.2 |
| 81 | SZUMSKA LIDIA | 385 | | SŁAWA | POL | K40-44 | 6 | K 13 | 00:28:46 | 00:58:26 | 01:31:46 | 02:05:57.25 | 5:58 | 10.1 |
| 82 | ANDRUSZKIEWICZ GRZEGORZ | 302 | PARKRUN SZCZECINEK | SZCZECINEK | POL | M30-39 | 28 | M 69 | 00:29:23 | 00:59:03 | 01:32:19 | 02:08:35.20 | 6:05 | 9.8 |
| 83 | MICHALAK MARCIN | 361 | | GDYNIA | POL | M30-39 | 29 | M 70 | 00:27:06 | 00:58:25 | 01:31:25 | 02:11:20.50 | 6:13 | 9.6 |
| 84 | LASOTA IRENA | 355 | | WAŁCZ | POL | K65-69 | 1 | K 14 | 00:30:00 | 01:01:54 | 01:35:58 | 02:13:22.00 | 6:19 | 9.5 |
| 85 | OKONEK IZABELA | 368 | | GORZÓW WLKP. | POL | K45-49 | 1 | K 15 | 00:36:02 | 01:15:52 | 01:56:39 | 02:41:32.00 | 7:39 | 7.8 |
| 86 | CHROŚCICKA-MICHALAK ANNA | 313 | PARKRUN GDYNIA | GDYNIA | POL | K30-39 | 6 | K 16 | 00:36:04 | 01:18:26 | 02:00:42 | 02:49:07.90 | 8:00 | 7.5 |

XXIX PÓLMARATON LIPCOWY OKONEK, K-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|---------------------|-----|---------------------------|------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | SKRZYPCZAK ANNA | 408 | LOKATOR NIERUCHOMOŚCI | PIŁA | POL | K40-44 | 1 | K 1 | 00:23:55 | 00:47:44 | 01:10:50 | 01:34:07.20 | 4:27 | 13.5 |
| 2 | GAŃSKA MAGDALENA | 326 | MKS FIGHTER | GOŚCICINO | POL | K40-44 | 2 | K 2 | 00:23:56 | 00:47:48 | 01:11:39 | 01:35:36.45 | 4:31 | 13.2 |
| 3 | CHODOR MARTYNA | 311 | TKKF KOSZALIN | OKONEK | POL | K30-39 | 1 | K 3 | 00:25:11 | 00:49:34 | 01:14:01 | 01:38:25.85 | 4:39 | 12.9 |
| 4 | CHORAŻY KAROLINA | 312 | FADOMODA TEAM | KOSZALIN | POL | K20-29 | 1 | K 4 | 00:25:41 | 00:50:23 | 01:15:20 | 01:40:25.10 | 4:45 | 12.6 |
| 5 | JAROSZEWSKA JUSTYNA | 335 | 4RUNTEAM | PIŁA | POL | K30-39 | 2 | K 5 | 00:26:00 | 00:52:06 | 01:18:36 | 01:45:03.90 | 4:58 | 12.1 |
| 6 | WALTER JOANNA | 393 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | K40-44 | 3 | K 6 | 00:27:13 | 00:54:21 | 01:20:54 | 01:46:38.85 | 5:03 | 11.9 |
| 7 | FIŁONOWICZ MONIKA | 322 | | SZCZECINEK | POL | K30-39 | 3 | K 7 | 00:25:16 | 00:51:21 | 01:19:37 | 01:48:57.35 | 5:09 | 11.6 |
| 8 | WALIŃSKA AGNIESZKA | 391 | WOLNA JAK PTAK | SŁUPSK | POL | K40-44 | 4 | K 8 | 00:27:05 | 00:54:23 | 01:21:46 | 01:50:18.80 | 5:13 | 11.5 |
| 9 | BRYSZEWSKA ALICJA | 402 | | SZCZECINEK | POL | K30-39 | 4 | K 9 | 00:28:44 | 00:56:09 | 01:23:05 | 01:50:41.65 | 5:14 | 11.4 |
| 10 | STANASIUK EDYTA | 382 | FIZJOBIEGACZE SZCZECIN | OKONEK | POL | K30-39 | 5 | K 10 | 00:29:22 | 00:58:44 | 01:27:48 | 01:56:40.35 | 5:31 | 10.9 |
| 11 | SZULC EDYTA | 384 | | WARSZAWA | POL | K40-44 | 5 | K 11 | 00:29:20 | 00:58:52 | 01:28:43 | 01:59:36.25 | 5:40 | 10.6 |

XXIX PÓLMARATON LIPCOWY OKONEK, K-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|--------------------------|-----|----------------|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 12 | MANKOWSKA JANINA | 359 | | JASTROWIE | POL | K50-54 | 1 | K 12 | 00:29:45 | 01:00:26 | 01:32:07 | 02:03:29.85 | 5:51 | 10.3 |
| 13 | SZUMSKA LIDIA | 385 | | SŁAWA | POL | K40-44 | 6 | K 13 | 00:28:46 | 00:58:26 | 01:31:46 | 02:05:57.25 | 5:58 | 10.1 |
| 14 | LASOTA IRENA | 355 | | WAŁCZ | POL | K65-69 | 1 | K 14 | 00:30:00 | 01:01:54 | 01:35:58 | 02:13:22.00 | 6:19 | 9.5 |
| 15 | OKONEK IZABELA | 368 | | GORZÓW WLKP. | POL | K45-49 | 1 | K 15 | 00:36:02 | 01:15:52 | 01:56:39 | 02:41:32.00 | 7:39 | 7.8 |
| 16 | CHROŚCICKA-MICHALAK ANNA | 313 | PARKRUN GDYNIA | GDYNIA | POL | K30-39 | 6 | K 16 | 00:36:04 | 01:18:26 | 02:00:42 | 02:49:07.90 | 8:00 | 7.5 |

XXIX PÓLMARATON LIPCOWY OKONEK, M-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|----------------------|-----|---|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | HOFFMAN ALEKSANDER | 331 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M40-44 | 1 | M 1 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:25.35 | 3:40 | 16.4 |
| 2 | ZWIĄZEK PAWEŁ | 400 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | M30-39 | 1 | M 2 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:35.85 | 3:40 | 16.3 |
| 3 | GEHRKE ROBERT | 327 | PCH_RUN | CHODZIEŻ | POL | M20-29 | 1 | M 3 | 00:19:44 | 00:39:50 | 01:00:37 | 01:21:29.95 | 3:51 | 15.5 |
| 4 | OSIŃSKI RYSZARD | 370 | ACTIVE MALBORK | MALBORK | POL | M50-54 | 1 | M 4 | 00:20:07 | 00:40:44 | 01:01:52 | 01:22:50.85 | 3:55 | 15.3 |
| 5 | BŁASZCZYK ZBIGNIEW | 306 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 2 | M 5 | 00:19:44 | 00:40:19 | 01:01:54 | 01:24:39.15 | 4:00 | 15 |
| 6 | GRZONKA PIOTR | 330 | | CZARNA WODA | POL | M20-29 | 2 | M 6 | 00:21:32 | 00:43:51 | 01:05:21 | 01:26:24.05 | 4:05 | 14.7 |
| 7 | WIERZEJSKI SŁAWOMIR | 395 | KB GOCH BYTÓW | BYTÓW | POL | M45-49 | 1 | M 7 | 00:21:00 | 00:42:36 | 01:04:47 | 01:26:26.80 | 4:05 | 14.6 |
| 8 | KRÓLIKOWSKI EDWARD | 347 | KB MANIAC POZNAŃ | POZNAŃ | POL | M45-49 | 2 | M 8 | 00:21:28 | 00:43:35 | 01:05:24 | 01:26:58.65 | 4:07 | 14.6 |
| 9 | GAŁAN LESZEK | 325 | | ZŁOCENIEC | POL | M50-54 | 2 | M 9 | 00:21:31 | 00:43:54 | 01:05:36 | 01:27:21.30 | 4:08 | 14.5 |
| 10 | KOZŁÓW WOJCIECH | 345 | LKS ZANTYR SZTUM | GDAŃSK | POL | M55-59 | 1 | M 10 | 00:22:17 | 00:45:04 | 01:08:16 | 01:31:08.35 | 4:19 | 13.9 |
| 11 | MATUSIK JANUSZ | 360 | NIEZRZESZONY/TUCZNO | TUCZNO | POL | M60-64 | 1 | M 11 | 00:22:27 | 00:45:27 | 01:08:48 | 01:31:52.50 | 4:21 | 13.8 |
| 12 | BARCZAK RAFAŁ | 304 | KPP ZŁOTÓW | ZŁOTÓW | POL | M40-44 | 2 | M 12 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:26.15 | 4:22 | 13.7 |
| 13 | MROZIK DANIEL | 362 | | GÓRZNA | POL | M30-39 | 3 | M 13 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:31.50 | 4:23 | 13.7 |
| 14 | KUBIAK PIOTR | 348 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M30-39 | 4 | M 14 | 00:23:11 | 00:47:38 | 01:10:51 | 01:33:35.50 | 4:26 | 13.5 |
| 15 | ECKERT ZBIGNIEW | 320 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M45-49 | 3 | M 15 | 00:22:17 | 00:45:27 | 01:09:25 | 01:33:40.05 | 4:26 | 13.5 |
| 16 | MAJEWSKI MACIEJ | 358 | TEAM ASA | POZNAŃ | POL | M50-54 | 3 | M 16 | 00:22:29 | 00:46:05 | 01:10:28 | 01:34:01.50 | 4:27 | 13.5 |
| 17 | MYSZKOWSKI JAN | 363 | | WAŁCZ | POL | M55-59 | 2 | M 17 | 00:23:01 | 00:46:55 | 01:10:51 | 01:34:09.75 | 4:27 | 13.4 |
| 18 | WIÓREK MACIEJ | 409 | RDZP SZCZECINEK | SZCZECINEK | POL | M30-39 | 5 | M 18 | 00:22:49 | 00:46:44 | 01:10:50 | 01:34:33.45 | 4:28 | 13.4 |
| 19 | JANUZIK TOMASZ | 334 | | PIŁA | POL | M30-39 | 6 | M 19 | 00:23:54 | 00:47:45 | 01:10:58 | 01:34:45.70 | 4:29 | 13.4 |
| 20 | MADAJCZAK JAROSŁAW | 357 | | TRZCIANKA | POL | M40-44 | 3 | M 20 | 00:23:08 | 00:46:57 | 01:11:02 | 01:35:46.40 | 4:32 | 13.2 |
| 21 | ORZEL PRZEMYSŁAW | 369 | | ZŁOTÓW | POL | M30-39 | 7 | M 21 | 00:22:57 | 00:47:02 | 01:11:45 | 01:36:19.50 | 4:33 | 13.1 |
| 22 | WALTER PRZEMYSŁAW | 392 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | M40-44 | 4 | M 22 | 00:24:12 | 00:47:59 | 01:12:10 | 01:36:41.15 | 4:34 | 13.1 |
| 23 | SAWICKI ELIGIUSZ | 379 | | ZŁOTÓW | POL | M50-54 | 4 | M 23 | 00:24:57 | 00:49:35 | 01:13:49 | 01:37:37.15 | 4:37 | 13 |
| 24 | NOWAK MARCIN | 365 | | PIŁA | POL | M30-39 | 8 | M 24 | 00:24:42 | 00:49:16 | 01:13:55 | 01:38:04.80 | 4:38 | 12.9 |
| 25 | AUGUSTYŃIAK GRZEGORZ | 303 | WYGAN KOŁOBRZEG | KOŁOBRZEG | POL | M30-39 | 9 | M 25 | 00:24:58 | 00:49:36 | 01:14:02 | 01:38:28.05 | 4:40 | 12.9 |
| 26 | KOPER ADAM | 405 | | SKÓRKA | POL | M30-39 | 10 | M 26 | 00:24:57 | 00:49:35 | 01:14:01 | 01:38:29.35 | 4:40 | 12.9 |
| 27 | RATAJCZAK RAJMUND | 376 | | POZNAŃ | POL | M50-54 | 5 | M 27 | 00:24:55 | 00:49:35 | 01:14:02 | 01:38:38.75 | 4:40 | 12.8 |
| 28 | OCHNIO RYSZARD | 366 | POLONIA JASTROWIE BIEDRONKA BIEGA JASTROWIE | JASTROWIE | POL | M40-44 | 5 | M 28 | 00:23:55 | 00:47:48 | 01:12:57 | 01:39:04.70 | 4:41 | 12.8 |
| 29 | RUDNIK JERZY | 377 | FLORIAN CHOJNICE | CHOJNICE | POL | M60-64 | 2 | M 29 | 00:23:53 | 00:48:25 | 01:13:59 | 01:39:35.30 | 4:43 | 12.7 |
| 30 | WILCZYŃSKI JAROSŁAW | 397 | JEDNA CHWILA | WĄGROWIEC | POL | M30-39 | 11 | M 30 | 00:23:45 | 00:49:01 | 01:14:34 | 01:40:25.00 | 4:45 | 12.6 |
| 31 | PIETRZAK KAMIL | 373 | ACTIVE MALBORK | SŁUPSK | POL | M30-39 | 12 | M 31 | 00:23:08 | 00:48:45 | 01:15:00 | 01:40:28.45 | 4:45 | 12.6 |
| 32 | CUBER WOJCIECH | 314 | #ZARAZQA | PODGAJE | POL | M30-39 | 13 | M 32 | 00:26:18 | 00:52:14 | 01:17:51 | 01:41:19.50 | 4:48 | 12.5 |
| 33 | GRZEGORZEWSKI RAFAŁ | 328 | BRZOZA BIEGA | NIEMCZ | POL | M40-44 | 6 | M 33 | 00:25:17 | 00:50:45 | 01:15:56 | 01:41:31.20 | 4:48 | 12.5 |
| 34 | WILKOWSKI KRZYSZTOF | 398 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M30-39 | 14 | M 34 | 00:23:55 | 00:49:14 | 01:15:24 | 01:42:09.25 | 4:50 | 12.4 |
| 35 | ZIÓLKOWSKI WOJCIECH | 410 | GOCH BYTÓW | OKONEK | POL | M30-39 | 15 | M 35 | 00:26:21 | 00:52:17 | 01:17:53 | 01:43:00.85 | 4:52 | 12.3 |
| 36 | BOCH MARCIN | 307 | | TRZCIANKA | POL | M30-39 | 16 | M 36 | 00:23:26 | 00:48:53 | 01:15:42 | 01:43:02.90 | 4:53 | 12.3 |
| 37 | PIECHOWSKI KRZYSZTOF | 371 | LOKATOR NIERUCHOMOŚCI PIŁA | PIŁA | POL | M40-44 | 7 | M 37 | 00:26:21 | 00:52:16 | 01:17:53 | 01:43:09.10 | 4:53 | 12.3 |
| 38 | KAPUSTA LESZEK | 339 | WP | PNIEWO | POL | M30-39 | 17 | M 38 | 00:25:19 | 00:50:47 | 01:17:14 | 01:44:05.20 | 4:56 | 12.2 |
| 39 | TOMCZAK ZBIGNIEW | 389 | ALTOM GNIEZNO | GNIEZNO | POL | M60-64 | 3 | M 39 | 00:25:23 | 00:51:11 | 01:17:33 | 01:44:17.90 | 4:56 | 12.1 |
| 40 | SZUMSKI ŁUKASZ | 386 | | SŁAWA | POL | M30-39 | 18 | M 40 | 00:25:48 | 00:51:08 | 01:17:18 | 01:44:23.30 | 4:56 | 12.1 |
| 41 | PRZYBYŁO LEONARD | 404 | STALOWE ŁYDKI | GORZÓW WLKP. | POL | M40-44 | 8 | M 41 | 00:25:58 | 00:52:04 | 01:18:34 | 01:44:32.35 | 4:57 | 12.1 |
| 42 | DUDZIAK PIOTR | 319 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-44 | 9 | M 42 | 00:27:13 | 00:53:32 | 01:17:29 | 01:45:01.25 | 4:58 | 12.1 |
| 43 | OKŁOTOWICZ SEBASTIAN | 406 | | SŁUPSK | POL | M30-39 | 19 | M 43 | 00:24:45 | 00:49:32 | 01:14:18 | 01:45:25.90 | 4:59 | 12 |
| 44 | ŚWIETLIK TOMASZ | 388 | | KOSZALIN | POL | M55-59 | 3 | M 44 | 00:25:40 | 00:51:06 | 01:18:33 | 01:46:37.95 | 5:03 | 11.9 |
| 45 | LASAOTA MIROSLAW | 353 | | WAŁCZ | POL | M60-64 | 4 | M 45 | 00:25:17 | 00:51:05 | 01:18:32 | 01:46:48.80 | 5:03 | 11.9 |
| 46 | KOLENDO ARKADIUSZ | 342 | ROGOZIŃSKI KLUB BIEGACZA | RYCZYWÓŁ | POL | M30-39 | 20 | M 46 | 00:26:40 | 00:52:27 | 01:19:56 | 01:47:26.35 | 5:05 | 11.8 |

XXIX PÓLMARATON LIPCOWY OKONEK, M-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-------------------------|-----|---------------------------|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 47 | OKONEK KAZIMIERZ | 367 | | GORZÓW WLKP. | POL | M65-69 | 1 | M 47 | 00:25:17 | 00:51:49 | 01:18:38 | 01:47:50.80 | 5:06 | 11.7 |
| 48 | PIKULIK JAROSŁAW | 374 | LZS 'JEDNOŚĆ' ŁOBŻENICA | TRZEBOŃ | POL | M20-29 | 3 | M 48 | 00:23:53 | 00:47:45 | 01:15:39 | 01:48:43.15 | 5:09 | 11.6 |
| 49 | BOCHEŃSKI WOJCIECH | 407 | | WARSZAWA | POL | M40-44 | 10 | M 49 | 00:27:26 | 00:54:49 | 01:22:18 | 01:49:08.85 | 5:10 | 11.6 |
| 50 | HETEL ADAM | 403 | | BYDGOSZCZ | POL | M30-39 | 21 | M 50 | 00:26:55 | 00:54:24 | 01:21:55 | 01:49:46.15 | 5:12 | 11.5 |
| 51 | GAJEK ARTUR | 324 | KORZYBSKIE REKINY | KĘPICE | POL | M40-44 | 11 | M 51 | 00:26:14 | 00:53:08 | 01:21:14 | 01:49:50.35 | 5:12 | 11.5 |
| 52 | KOZŁOWIECKI WALDEMAR | 344 | TKKF KOSZALIN | KOSZALIN | POL | M65-69 | 2 | M 52 | 00:26:45 | 00:54:21 | 01:21:51 | 01:49:56.85 | 5:12 | 11.5 |
| 53 | WIĘZIK HENRYK | 396 | | WAŁCZ | POL | M70+ | 1 | M 53 | 00:26:55 | 00:54:14 | 01:21:45 | 01:50:48.05 | 5:15 | 11.4 |
| 54 | FISCHER ŁUKASZ | 323 | KOCHAM GABRYSLIA I SANDRĘ | SZCZECINEK | POL | M20-29 | 4 | M 54 | 00:26:25 | 00:53:54 | 01:22:12 | 01:52:18.10 | 5:19 | 11.3 |
| 55 | DRACZYŃSKI ZYGMUNT | 318 | LŁKB TRUCHT | ŁOBEZ | POL | M65-69 | 3 | M 55 | 00:27:27 | 00:54:50 | 01:22:56 | 01:53:00.50 | 5:21 | 11.2 |
| 56 | NAPIERAŁA BOGUMIŁ | 364 | KORA KOSZALIN | ROGOWO | POL | M50-54 | 6 | M 56 | 00:25:48 | 00:53:36 | 01:22:22 | 01:53:20.35 | 5:22 | 11.2 |
| 57 | CZARNECKI MIROSLAW | 315 | | ZŁOTÓW | POL | M50-54 | 7 | M 57 | 00:25:58 | 00:54:02 | 01:23:29 | 01:53:40.20 | 5:23 | 11.1 |
| 58 | DORSZEWSKI PRZEMYSŁAW | 317 | KS. ALBISIA | PIŁA | POL | M30-39 | 22 | M 58 | 00:26:53 | 00:54:15 | 01:22:36 | 01:54:15.55 | 5:24 | 11.1 |
| 59 | KOŁODZIEJCZAK GRZEGORZ | 343 | PARKRUN SZCZECINEK | TUROWO | POL | M40-44 | 12 | M 59 | 00:29:55 | 00:59:21 | 01:27:53 | 01:55:49.90 | 5:29 | 10.9 |
| 60 | SIKORSKI WITOLD | 380 | KB RUN 42 | ROSNOWO | POL | M55-59 | 4 | M 60 | 00:25:20 | 00:51:53 | 01:27:20 | 01:56:19.90 | 5:30 | 10.9 |
| 61 | LASOTA JAKUB | 354 | | OKONEK | POL | M30-39 | 23 | M 61 | 00:29:22 | 00:58:44 | 01:27:47 | 01:56:40.25 | 5:31 | 10.9 |
| 62 | LAJTER JERZY | 352 | 4 RUN TEAM PIŁA | PIŁA | POL | M65-69 | 4 | M 62 | 00:28:44 | 00:58:24 | 01:26:27 | 01:56:45.05 | 5:31 | 10.8 |
| 63 | IDZIAK PAWEŁ | 333 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 24 | M 63 | 00:29:59 | 00:59:43 | 01:29:37 | 01:57:57.75 | 5:35 | 10.7 |
| 64 | STURMOWSKI ADAM | 383 | | KRAJENKA | POL | M30-39 | 25 | M 64 | 00:26:56 | 00:55:26 | 01:25:55 | 01:58:13.50 | 5:36 | 10.7 |
| 65 | WIATR TOMASZ | 394 | | WAŁCZ | POL | M40-44 | 13 | M 65 | 00:27:56 | 00:56:42 | 01:26:43 | 01:58:32.50 | 5:37 | 10.7 |
| 66 | KAŁUŻNY PAWEŁ | 338 | | SZCZECINEK | POL | M30-39 | 26 | M 66 | 00:27:38 | 00:58:02 | 01:28:58 | 02:01:02.80 | 5:44 | 10.5 |
| 67 | KARNICKI ZYGMUNT | 340 | TKKF KOSZALIN | KOSZALIN | POL | M60-64 | 5 | M 67 | 00:29:07 | 01:00:11 | 01:31:44 | 02:03:40.80 | 5:51 | 10.2 |
| 68 | RYMER ADAM | 378 | | BORÓWNO | POL | M30-39 | 27 | M 68 | 00:29:59 | 01:00:26 | 01:31:52 | 02:03:41.10 | 5:51 | 10.2 |
| 69 | ANDRUSZKIEWICZ GRZEGORZ | 302 | PARKRUN SZCZECINEK | SZCZECINEK | POL | M30-39 | 28 | M 69 | 00:29:23 | 00:59:03 | 01:32:19 | 02:08:35.20 | 6:05 | 9.8 |
| 70 | MICHALAK MARCIN | 361 | | GDYNIA | POL | M30-39 | 29 | M 70 | 00:27:06 | 00:58:25 | 01:31:25 | 02:11:20.50 | 6:13 | 9.6 |

XXIX PÓLMARATON LIPCOWY OKONEK, K20-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------|-----|---------------|-----------|------|--------|--------|-----|----------|----------|----------|-------------|--------|------|
| 1 | CHORAŻY KAROLINA | 312 | FADOMODA TEAM | KOSZALIN | POL | K20-29 | 1 | K 4 | 00:25:41 | 00:50:23 | 01:15:20 | 01:40:25.10 | 4:45 | 12.6 |

XXIX PÓLMARATON LIPCOWY OKONEK, M20-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------|-----|---------------------------|-------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | GEHRKE ROBERT | 327 | PCH_RUN | CHODZIEŻ | POL | M20-29 | 1 | M 3 | 00:19:44 | 00:39:50 | 01:00:37 | 01:21:29.95 | 3:51 | 15.5 |
| 2 | GRZONKA PIOTR | 330 | | CZARNA WODA | POL | M20-29 | 2 | M 6 | 00:21:32 | 00:43:51 | 01:05:21 | 01:26:24.05 | 4:05 | 14.7 |
| 3 | PIKULIK JAROSŁAW | 374 | LZS 'JEDNOŚĆ' ŁOBŻENICA | TRZEBOŃ | POL | M20-29 | 3 | M 48 | 00:23:53 | 00:47:45 | 01:15:39 | 01:48:43.15 | 5:09 | 11.6 |
| 4 | FISCHER ŁUKASZ | 323 | KOCHAM GABRYSLIA I SANDRĘ | SZCZECINEK | POL | M20-29 | 4 | M 54 | 00:26:25 | 00:53:54 | 01:22:12 | 01:52:18.10 | 5:19 | 11.3 |

XXIX PÓLMARATON LIPCOWY OKONEK, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|--------------------------|-----|------------------------|------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | CHODOR MARTYNA | 311 | TKKF KOSZALIN | OKONEK | POL | K30-39 | 1 | K 3 | 00:25:11 | 00:49:34 | 01:14:01 | 01:38:25.85 | 4:39 | 12.9 |
| 2 | JAROSZEWSKA JUSTYNA | 335 | 4RUNTEAM | PIŁA | POL | K30-39 | 2 | K 5 | 00:26:00 | 00:52:06 | 01:18:36 | 01:45:03.90 | 4:58 | 12.1 |
| 3 | FIŁONOWICZ MONIKA | 322 | | SZCZECINEK | POL | K30-39 | 3 | K 7 | 00:25:16 | 00:51:21 | 01:19:37 | 01:48:57.35 | 5:09 | 11.6 |
| 4 | BRYSZEWSKA ALICJA | 402 | | SZCZECINEK | POL | K30-39 | 4 | K 9 | 00:28:44 | 00:56:09 | 01:23:05 | 01:50:41.65 | 5:14 | 11.4 |
| 5 | STANASIUK EDYTA | 382 | FIZJOBIEGACZE SZCZECIN | OKONEK | POL | K30-39 | 5 | K 10 | 00:29:22 | 00:58:44 | 01:27:48 | 01:56:40.35 | 5:31 | 10.9 |
| 6 | CHROŚCICKA-MICHALAK ANNA | 313 | PARKRUN GDYNIA | GDYNIA | POL | K30-39 | 6 | K 16 | 00:36:04 | 01:18:26 | 02:00:42 | 02:49:07.90 | 8:00 | 7.5 |

XXIX PÓLMARATON LIPCOWY OKONEK, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-------------------------|-----|---------------------------------|------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | ZWIĄZEK PAWEŁ | 400 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | M30-39 | 1 | M 2 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:35.85 | 3:40 | 16.3 |
| 2 | BŁASZCZYK ZBIGNIEW | 306 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 2 | M 5 | 00:19:44 | 00:40:19 | 01:01:54 | 01:24:39.15 | 4:00 | 15 |
| 3 | MROZIK DANIEL | 362 | | GÓRZNA | POL | M30-39 | 3 | M 13 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:31.50 | 4:23 | 13.7 |
| 4 | KUBIAK PIOTR | 348 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M30-39 | 4 | M 14 | 00:23:11 | 00:47:38 | 01:10:51 | 01:33:35.50 | 4:26 | 13.5 |
| 5 | WIÓREK MACIEJ | 409 | RDZP SZCZECINEK | SZCZECINEK | POL | M30-39 | 5 | M 18 | 00:22:49 | 00:46:44 | 01:10:50 | 01:34:33.45 | 4:28 | 13.4 |
| 6 | JANUZEK TOMASZ | 334 | | PIŁA | POL | M30-39 | 6 | M 19 | 00:23:54 | 00:47:45 | 01:10:58 | 01:34:45.70 | 4:29 | 13.4 |
| 7 | ORZEL PRZEMYSŁAW | 369 | | ZŁOTÓW | POL | M30-39 | 7 | M 21 | 00:22:57 | 00:47:02 | 01:11:45 | 01:36:19.50 | 4:33 | 13.1 |
| 8 | NOWAK MARCIN | 365 | | PIŁA | POL | M30-39 | 8 | M 24 | 00:24:42 | 00:49:16 | 01:13:55 | 01:38:04.80 | 4:38 | 12.9 |
| 9 | AUGUSTYNIAK GRZEGORZ | 303 | WYGAN KOŁOBRZEG | KOŁOBRZEG | POL | M30-39 | 9 | M 25 | 00:24:58 | 00:49:36 | 01:14:02 | 01:38:28.05 | 4:40 | 12.9 |
| 10 | KOPER ADAM | 405 | | SKÓRKA | POL | M30-39 | 10 | M 26 | 00:24:57 | 00:49:35 | 01:14:01 | 01:38:29.35 | 4:40 | 12.9 |
| 11 | WILCZYŃSKI JAROSŁAW | 397 | JEDNA CHWILA | WĄGROWIEC | POL | M30-39 | 11 | M 30 | 00:23:45 | 00:49:01 | 01:14:34 | 01:40:25.00 | 4:45 | 12.6 |
| 12 | PIETRZAK KAMIL | 373 | ACTIVE MALBORK | SŁUPSK | POL | M30-39 | 12 | M 31 | 00:23:08 | 00:48:45 | 01:15:00 | 01:40:28.45 | 4:45 | 12.6 |
| 13 | CUBER WOJCIECH | 314 | #ZARAZQA | PODGAJE | POL | M30-39 | 13 | M 32 | 00:26:18 | 00:52:14 | 01:17:51 | 01:41:19.50 | 4:48 | 12.5 |
| 14 | WILKOWSKI KRZYSZTOF | 398 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M30-39 | 14 | M 34 | 00:23:55 | 00:49:14 | 01:15:24 | 01:42:09.25 | 4:50 | 12.4 |
| 15 | ZIÓLKOWSKI WOJCIECH | 410 | GOCH BYTÓW | OKONEK | POL | M30-39 | 15 | M 35 | 00:26:21 | 00:52:17 | 01:17:53 | 01:43:00.85 | 4:52 | 12.3 |
| 16 | BOCH MARCIN | 307 | | TRZCIANKA | POL | M30-39 | 16 | M 36 | 00:23:26 | 00:48:53 | 01:15:42 | 01:43:02.90 | 4:53 | 12.3 |
| 17 | KAPUSTA LESZEK | 339 | WP | PNIEWO | POL | M30-39 | 17 | M 38 | 00:25:19 | 00:50:47 | 01:17:14 | 01:44:05.20 | 4:56 | 12.2 |
| 18 | SZUMSKI ŁUKASZ | 386 | | SŁAWA | POL | M30-39 | 18 | M 40 | 00:25:48 | 00:51:08 | 01:17:18 | 01:44:23.30 | 4:56 | 12.1 |
| 19 | OKOŁOTOWICZ SEBASTIAN | 406 | | SŁUPSK | POL | M30-39 | 19 | M 43 | 00:24:45 | 00:49:32 | 01:14:18 | 01:45:25.90 | 4:59 | 12 |
| 20 | KOLENDO ARKADIUSZ | 342 | ROGOZIŃSKI KLUB BIEGACZA | RYCZYWÓŁ | POL | M30-39 | 20 | M 46 | 00:26:40 | 00:52:27 | 01:19:56 | 01:47:26.35 | 5:05 | 11.8 |
| 21 | HETEL ADAM | 403 | | BYDGOSZCZ | POL | M30-39 | 21 | M 50 | 00:26:55 | 00:54:24 | 01:21:55 | 01:49:46.15 | 5:12 | 11.5 |
| 22 | DORSZEWSKI PRZEMYSŁAW | 317 | KS. ALBISIA | PIŁA | POL | M30-39 | 22 | M 58 | 00:26:53 | 00:54:15 | 01:22:36 | 01:54:15.55 | 5:24 | 11.1 |
| 23 | LASOTA JAKUB | 354 | | OKONEK | POL | M30-39 | 23 | M 61 | 00:29:22 | 00:58:44 | 01:27:47 | 01:56:40.25 | 5:31 | 10.9 |
| 24 | IDZIAK PAWEŁ | 333 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M30-39 | 24 | M 63 | 00:29:59 | 00:59:43 | 01:29:37 | 01:57:57.75 | 5:35 | 10.7 |
| 25 | STURMOWSKI ADAM | 383 | | KRAJENKA | POL | M30-39 | 25 | M 64 | 00:26:56 | 00:55:26 | 01:25:55 | 01:58:13.50 | 5:36 | 10.7 |
| 26 | KĄLŹNY PAWEŁ | 338 | | SZCZECINEK | POL | M30-39 | 26 | M 66 | 00:27:38 | 00:58:02 | 01:28:58 | 02:01:02.80 | 5:44 | 10.5 |
| 27 | RYMER ADAM | 378 | | BORÓWNO | POL | M30-39 | 27 | M 68 | 00:29:59 | 01:00:26 | 01:31:52 | 02:03:41.10 | 5:51 | 10.2 |
| 28 | ANDRUSZKIEWICZ GRZEGORZ | 302 | PARKRUN SZCZECINEK | SZCZECINEK | POL | M30-39 | 28 | M 69 | 00:29:23 | 00:59:03 | 01:32:19 | 02:08:35.20 | 6:05 | 9.8 |
| 29 | MICHALAK MARCIN | 361 | | GDYNIA | POL | M30-39 | 29 | M 70 | 00:27:06 | 00:58:25 | 01:31:25 | 02:11:20.50 | 6:13 | 9.6 |

XXIX PÓLMARATON LIPCOWY OKONEK, K40-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|--------------------|-----|---------------------------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | SKRZYPCZAK ANNA | 408 | LOKATOR NIERUCHOMOŚCI | PIŁA | POL | K40-44 | 1 | K 1 | 00:23:55 | 00:47:44 | 01:10:50 | 01:34:07.20 | 4:27 | 13.5 |
| 2 | GAŃSKA MAGDALENA | 326 | MKS FIGHTER | GOŚCICINO | POL | K40-44 | 2 | K 2 | 00:23:56 | 00:47:48 | 01:11:39 | 01:35:36.45 | 4:31 | 13.2 |
| 3 | WALTER JOANNA | 393 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | K40-44 | 3 | K 6 | 00:27:13 | 00:54:21 | 01:20:54 | 01:46:38.85 | 5:03 | 11.9 |
| 4 | WALIŃSKA AGNIESZKA | 391 | WOLNA JAK PTAK | SŁUPSK | POL | K40-44 | 4 | K 8 | 00:27:05 | 00:54:23 | 01:21:46 | 01:50:18.80 | 5:13 | 11.5 |
| 5 | SZULC EDYTA | 384 | | WARSZAWA | POL | K40-44 | 5 | K 11 | 00:29:20 | 00:58:52 | 01:28:43 | 01:59:36.25 | 5:40 | 10.6 |
| 6 | SZUMSKA LIDIA | 385 | | SŁAWA | POL | K40-44 | 6 | K 13 | 00:28:46 | 00:58:26 | 01:31:46 | 02:05:57.25 | 5:58 | 10.1 |

XXIX PÓLMARATON LIPCOWY OKONEK, M40-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|----------------------|-----|---|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | HOFFMAN ALEKSANDER | 331 | PRECON POLSKA-JASTROWIE | JASTROWIE | POL | M40-44 | 1 | M 1 | 00:19:14 | 00:38:25 | 00:58:03 | 01:17:25.35 | 3:40 | 16.4 |
| 2 | BARCZAK RAFAŁ | 304 | KPP ZŁOTÓW | ZŁOTÓW | POL | M40-44 | 2 | M 12 | 00:22:28 | 00:45:25 | 01:08:48 | 01:32:26.15 | 4:22 | 13.7 |
| 3 | MADAJCZAK JAROSŁAW | 357 | | TRZCIANKA | POL | M40-44 | 3 | M 20 | 00:23:08 | 00:46:57 | 01:11:02 | 01:35:46.40 | 4:32 | 13.2 |
| 4 | WALTER PRZEMYSŁAW | 392 | KB 'DZIESIĄTKA' BIAŁOGARD | BIAŁOGARD | POL | M40-44 | 4 | M 22 | 00:24:12 | 00:47:59 | 01:12:10 | 01:36:41.15 | 4:34 | 13.1 |
| 5 | OCHNIO RYSZARD | 366 | POLONIA JASTROWIE BIEDRONKA BIEGA JASTROWIE | JASTROWIE | POL | M40-44 | 5 | M 28 | 00:23:55 | 00:47:48 | 01:12:57 | 01:39:04.70 | 4:41 | 12.8 |
| 6 | GRZEGORZEWSKI RAFAŁ | 328 | BRZOZA BIEGA | NIEMCZ | POL | M40-44 | 6 | M 33 | 00:25:17 | 00:50:45 | 01:15:56 | 01:41:31.20 | 4:48 | 12.5 |
| 7 | PIECHOWSKI KRZYSZTOF | 371 | LOKATOR NIERUCHOMOŚCI PIŁA | PIŁA | POL | M40-44 | 7 | M 37 | 00:26:21 | 00:52:16 | 01:17:53 | 01:43:09.10 | 4:53 | 12.3 |
| 8 | PRZYBYŁO LEONARD | 404 | STALOWE ŁYDKI | GORZÓW WLKP. | POL | M40-44 | 8 | M 41 | 00:25:58 | 00:52:04 | 01:18:34 | 01:44:32.35 | 4:57 | 12.1 |
| 9 | DUDZIAK PIOTR | 319 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-44 | 9 | M 42 | 00:27:13 | 00:53:32 | 01:17:29 | 01:45:01.25 | 4:58 | 12.1 |
| 10 | BOCHEŃSKI WOJCIECH | 407 | | WARSZAWA | POL | M40-44 | 10 | M 49 | 00:27:26 | 00:54:49 | 01:22:18 | 01:49:08.85 | 5:10 | 11.6 |

XXIX PÓLMARATON LIPCOWY OKONEK, M40-44 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------------|-----|--------------------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 11 | GAJEK ARTUR | 324 | KORZYBSKIE REKINY | KĘPICE | POL | M40-44 | 11 | M 51 | 00:26:14 | 00:53:08 | 01:21:14 | 01:49:50.35 | 5:12 | 11.5 |
| 12 | KOŁODZIEJCZAK GRZEGORZ | 343 | PARKRUN SZCZECINEK | TUROWO | POL | M40-44 | 12 | M 59 | 00:29:55 | 00:59:21 | 01:27:53 | 01:55:49.90 | 5:29 | 10.9 |
| 13 | WIATR TOMASZ | 394 | | WAŁCZ | POL | M40-44 | 13 | M 65 | 00:27:56 | 00:56:42 | 01:26:43 | 01:58:32.50 | 5:37 | 10.7 |

XXIX PÓLMARATON LIPCOWY OKONEK, K45-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-----------------|-----|------|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | OKONEK IZABELA | 368 | | GORZÓW WLKP. | POL | K45-49 | 1 | K 15 | 00:36:02 | 01:15:52 | 01:56:39 | 02:41:32.00 | 7:39 | 7.8 |

XXIX PÓLMARATON LIPCOWY OKONEK, M45-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|---------------------|-----|-------------------------|------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | WIERZEJSKI SŁAWOMIR | 395 | KB GOCH BYTÓW | BYTÓW | POL | M45-49 | 1 | M 7 | 00:21:00 | 00:42:36 | 01:04:47 | 01:26:26.80 | 4:05 | 14.6 |
| 2 | KRÓLIKOWSKI EDWARD | 347 | KB MANIAC POZNAŃ | POZNAŃ | POL | M45-49 | 2 | M 8 | 00:21:28 | 00:43:35 | 01:05:24 | 01:26:58.65 | 4:07 | 14.6 |
| 3 | ECKERT ZBIGNIEW | 320 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M45-49 | 3 | M 15 | 00:22:17 | 00:45:27 | 01:09:25 | 01:33:40.05 | 4:26 | 13.5 |

XXIX PÓLMARATON LIPCOWY OKONEK, K50-54

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------|-----|------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | MAŃKOWSKA JANINA | 359 | | JASTROWIE | POL | K50-54 | 1 | K 12 | 00:29:45 | 01:00:26 | 01:32:07 | 02:03:29.85 | 5:51 | 10.3 |

XXIX PÓLMARATON LIPCOWY OKONEK, M50-54

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|--------------------|-----|----------------|------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | OSIŃSKI RYSZARD | 370 | ACTIVE MALBORK | MALBORK | POL | M50-54 | 1 | M 4 | 00:20:07 | 00:40:44 | 01:01:52 | 01:22:50.85 | 3:55 | 15.3 |
| 2 | GAŁAN LESZEK | 325 | | ZŁOCIENIEC | POL | M50-54 | 2 | M 9 | 00:21:31 | 00:43:54 | 01:05:36 | 01:27:21.30 | 4:08 | 14.5 |
| 3 | MAJEWSKI MACIEJ | 358 | TEAM ASA | POZNAŃ | POL | M50-54 | 3 | M 16 | 00:22:29 | 00:46:05 | 01:10:28 | 01:34:01.50 | 4:27 | 13.5 |
| 4 | SAWICKI ELIGIUSZ | 379 | | ZŁOTÓW | POL | M50-54 | 4 | M 23 | 00:24:57 | 00:49:35 | 01:13:49 | 01:37:37.15 | 4:37 | 13 |
| 5 | RATAJCZAK RAJMUND | 376 | | POZNAŃ | POL | M50-54 | 5 | M 27 | 00:24:55 | 00:49:35 | 01:14:02 | 01:38:38.75 | 4:40 | 12.8 |
| 6 | NAPIERAŁA BOGUMIŁ | 364 | KORA KOSZALIN | ROGOWO | POL | M50-54 | 6 | M 56 | 00:25:48 | 00:53:36 | 01:22:22 | 01:53:20.35 | 5:22 | 11.2 |
| 7 | CZARNECKI MIROSLAW | 315 | | ZŁOTÓW | POL | M50-54 | 7 | M 57 | 00:25:58 | 00:54:02 | 01:23:29 | 01:53:40.20 | 5:23 | 11.1 |

XXIX PÓLMARATON LIPCOWY OKONEK, M55-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-----------------|-----|------------------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | KOZŁÓW WOJCIECH | 345 | LKS ZANTYR SZTUM | GDĄSK | POL | M55-59 | 1 | M 10 | 00:22:17 | 00:45:04 | 01:08:16 | 01:31:08.35 | 4:19 | 13.9 |
| 2 | MYSZKOWSKI JAN | 363 | | WAŁCZ | POL | M55-59 | 2 | M 17 | 00:23:01 | 00:46:55 | 01:10:51 | 01:34:09.75 | 4:27 | 13.4 |
| 3 | ŚWIETLIK TOMASZ | 388 | | KOSZALIN | POL | M55-59 | 3 | M 44 | 00:25:40 | 00:51:06 | 01:18:33 | 01:46:37.95 | 5:03 | 11.9 |
| 4 | SIKORSKI WITOLD | 380 | KB RUN 42 | ROSNOWO | POL | M55-59 | 4 | M 60 | 00:25:20 | 00:51:53 | 01:27:20 | 01:56:19.90 | 5:30 | 10.9 |

XXIX PÓLMARATON LIPCOWY OKONEK, M60-64

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------|-----|---------------------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | MATUSIK JANUSZ | 360 | NIEZRZESZONY/TUCZNO | TUCZNO | POL | M60-64 | 1 | M 11 | 00:22:27 | 00:45:27 | 01:08:48 | 01:31:52.50 | 4:21 | 13.8 |
| 2 | RUDNIK JERZY | 377 | FLORIAN CHOJNICE | CHOJNICE | POL | M60-64 | 2 | M 29 | 00:23:53 | 00:48:25 | 01:13:59 | 01:39:35.30 | 4:43 | 12.7 |
| 3 | TOMCZAK ZBIGNIEW | 389 | ALTOM GNIEZNO | GNIEZNO | POL | M60-64 | 3 | M 39 | 00:25:23 | 00:51:11 | 01:17:33 | 01:44:17.90 | 4:56 | 12.1 |
| 4 | LASAOTA MIROSLAW | 353 | | WAŁCZ | POL | M60-64 | 4 | M 45 | 00:25:17 | 00:51:05 | 01:18:32 | 01:46:48.80 | 5:03 | 11.9 |

XXIX PÓŁMARATON LIPCOWY OKONEK, M60-64 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|------------------|-----|---------------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 5 | KARNICKI ZYGMUNT | 340 | TKKF KOSZALIN | KOSZALIN | POL | M60-64 | 5 | M 67 | 00:29:07 | 01:00:11 | 01:31:44 | 02:03:40.80 | 5:51 | 10.2 |

XXIX PÓŁMARATON LIPCOWY OKONEK, K65-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-----------------|-----|------|-----------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | LASOTA IRENA | 355 | | WAŁCZ | POL | K65-69 | 1 | K 14 | 00:30:00 | 01:01:54 | 01:35:58 | 02:13:22.00 | 6:19 | 9.5 |

XXIX PÓŁMARATON LIPCOWY OKONEK, M65-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|----------------------|-----|-----------------|--------------|------|--------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | OKONEK KAZIMIERZ | 367 | | GORZÓW WLKP. | POL | M65-69 | 1 | M 47 | 00:25:17 | 00:51:49 | 01:18:38 | 01:47:50.80 | 5:06 | 11.7 |
| 2 | KOZŁOWIECKI WALDEMAR | 344 | TKKF KOSZALIN | KOSZALIN | POL | M65-69 | 2 | M 52 | 00:26:45 | 00:54:21 | 01:21:51 | 01:49:56.85 | 5:12 | 11.5 |
| 3 | DRACZYŃSKI ZYGMUNT | 318 | LŁKB TRUCHT | ŁOBEZ | POL | M65-69 | 3 | M 55 | 00:27:27 | 00:54:50 | 01:22:56 | 01:53:00.50 | 5:21 | 11.2 |
| 4 | LAJTER JERZY | 352 | 4 RUN TEAM PIŁA | PIŁA | POL | M65-69 | 4 | M 62 | 00:28:44 | 00:58:24 | 01:26:27 | 01:56:45.05 | 5:31 | 10.8 |

XXIX PÓŁMARATON LIPCOWY OKONEK, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | 15.9km | Netto | min/km | km/h |
|------|-----------------|-----|------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1 | WIĘZIK HENRYK | 396 | | WAŁCZ | POL | M70+ | 1 | M 53 | 00:26:55 | 00:54:14 | 01:21:45 | 01:50:48.05 | 5:15 | 11.4 |