

BIEG HERKULESA 12 KM

Organiser: ZOS Koszalin
 Date: 2016-07-23
 Place: Koszalin
 Distance: 12 km

**Results for the split 5.2 km**

Klasyfikacja wg czasów netto.

BIEG HERKULESA 12 KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	JAROSZ WIESŁAW	18	JW. 1223	KOSZALIN	POL	M40-49	00:10:02	00:20:27	00:31:13
2	BEDNARZ PAWEŁ	4	MODEST.MAN.KOSZALI(N)ACŁAW	KOSZALIN-NACŁAW	POL	M18-39	00:09:57	00:20:43	00:31:39
3	TUTUS MICHAŁ	26		KOSZALIN	POL	M18-39	00:11:13	00:22:20	00:33:28
4	SYDORUK MATEUSZ	51		PRZYSTAWY	POL	M18-39	00:11:14	00:22:28	00:34:07
5	USTIANOWSKI WOJCIECH	54	JW1223/ROZBIEGANY KOSZALIN	KOSZALIN	POL	M18-39	00:11:19	00:23:25	00:35:42
6	MOKSA DARIUSZ	64		SIANÓW	POL	M18-39	00:11:33	00:24:00	00:36:50
7	PAKOS PIOTR	39		WILKOWICE	POL	M18-39	00:11:38	00:24:04	00:36:32
8	JAKUSZCZONEK ZBIGNIEW	16		RADOS	POL	M40-49	00:11:33	00:24:35	00:37:47
9	SOBCZYK DAMIAN	47		WILKOWICE	POL	M18-39	00:11:40	00:24:39	00:38:05
10	PAKULSKI MARCIN	40		KOSZALIN	POL	M40-49	00:12:27	00:24:56	00:37:34
11	ZWOLIŃSKI JAN	61	TKKF KOSZALIN	WIERCISZEWO	POL	M40-49	00:12:24	00:25:10	00:38:01
12	SINKIEWICZ MIROSLAW	45	JW 1223	KOSZALIN	POL	M18-39	00:12:21	00:25:36	00:39:13
13	THEODOSE OLIVIER	53		MAREIL-MARLY	FRA	M40-49	00:12:18	00:25:38	00:39:21
14	PUZYREWSKI WOJCIECH	42	FORREST GUMP	KOSZALIN	POL	M18-39	00:12:31	00:26:12	00:40:21
15	SOKOŁOWSKI MACIEJ	48		KOSZALIN	POL	M18-39	00:12:30	00:26:13	00:40:20
16	WALCZAK MARCIN	55		KOSZALIN	POL	M18-39	00:12:39	00:26:15	00:39:50
17	JANKIEWICZ TOMASZ	17	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:12:49	00:26:27	00:40:16
18	BAŃKA ARKADIUSZ	2		RZECZYCA	POL	M18-39	00:12:45	00:26:34	00:40:44
19	DROŹDZ MARIUSZ	6	NIEZRZESZONY	DRAWSKO POMORSKIE	POL	M40-49	00:13:07	00:26:54	00:40:59
20	JAKIMA SZYMON	15		SŁUPSK	POL	M18-39	00:12:57	00:26:57	00:41:07
21	WOJCIECHOWSKI ADRIAN	57		KOSZALIN	POL	M18-39	00:12:48	00:26:58	00:41:56
22	SOMINKA ANDRZEJ	49	SSB (SOBIESAMBIEGAM)	DARŁOWO	POL	M40-49	00:13:16	00:27:03	00:40:45
23	HAJDUK JAN	14	STRONG HOUSE CZELADŹ	SOSNOWIEC	POL	M18-39	00:13:14	00:27:04	00:41:09
24	KUŹMA JAROSŁAW	28		KOSZALIN	POL	M18-39	00:13:16	00:27:10	00:41:00
25	NOGA BARTŁOMIEJ	34		ZGIERZ	POL	M18-39	00:13:10	00:27:12	00:41:33
26	CYBULSKI ROBERT	5	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:13:10	00:27:25	00:42:17
27	RATAJEWSKI ARKADIUSZ	43		ŚWIDWIN	POL	M18-39	00:13:10	00:27:28	00:42:13
28	KUŁAKOWSKI DAWID	62	TKKF KOSZALIN	KOSZALIN	POL	M18-39	00:13:35	00:28:27	00:42:36
29	MISZCZYK JAN	33		KOSZALIN	POL	M18-39	00:13:22	00:28:36	00:43:41
30	KAMIŃSKI KAMIL	22		KOSZALIN	POL	M18-39	00:13:28	00:29:17	00:45:18
31	BARAN JACEK	3	CROSSFIT GDYNIA	GDYNIA	POL	M18-39	00:13:11	00:29:21	00:44:44
32	GAWROŃSKI PAWEŁ	11	OGIEŃ W SZOPIE	KOSZALIN	POL	M18-39	00:13:51	00:29:36	00:45:12
33	HOŁUBASZ PAWEŁ	7		LĘBORK	POL	M18-39	00:13:56	00:29:39	00:45:26
34	WOJANOWSKI ZBIGNIEW	63		GRUDZIĄDZ	POL	M50-59	00:14:59	00:30:53	00:46:57
35	WIRKUS PIOTR	56	BIGYELLOWFOOT ADVENTURE TEAM	GDYNIA	POL	M18-39	00:14:35	00:30:53	00:47:08
36	KARNICKI ZYGMUNT	23	TKKF KOSZALIN	KOSZALIN	POL	M60+	00:15:10	00:31:10	00:47:25
37	OGRODOWICZ JACEK	35	ALE ... O CO BIEGA ?	SZCZECIN	POL	M50-59	00:14:58	00:31:16	00:47:30
38	MAZUREK BARBARA	32	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:15:14	00:31:18	00:47:29
39	WOLF WERONIKA	58	TKKF KOSZALIN	SIANÓW	POL	K35-49	00:15:38	00:31:35	00:47:32
40	PACAN MIRA	38	ŚWIAT PŁYTEK U KRYSPIŃA	BYTÓW	POL	K18-34	00:15:34	00:31:36	00:47:30
41	KRZEWIŃSKA MONIKA	27		KOSZALIN	POL	K18-34	00:15:38	00:31:43	00:47:56
42	PIOR TOMASZ	41		KONIKOWO	POL	M18-39	00:15:10	00:32:15	00:49:57
43	VON BARDELEBEN AGNIESZKA	59	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:16:15	00:33:18	00:50:49
44	STYCZYŃSKI RAFAŁ	50	POLSKA	KOŁOBRZEG	POL	M18-39	00:15:55	00:33:34	00:50:49
45	JAWORSKI SZYMON	20		KOŁOBRZEG	POL	M18-39	00:15:59	00:33:35	00:50:51

BIEG HERKULESA 12 KM, K-OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	MAZUREK BARBARA	32	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:15:14	00:31:18	00:47:29
2	WOLF WERONIKA	58	TKKF KOSZALIN	SIANÓW	POL	K35-49	00:15:38	00:31:35	00:47:32
3	PACAN MIRA	38	ŚWIAT PLYTEK U KRYSPIANA	BYTÓW	POL	K18-34	00:15:34	00:31:36	00:47:30
4	KRZEWIŃSKA MONIKA	27		KOSZALIN	POL	K18-34	00:15:38	00:31:43	00:47:56
5	VON BARDELEBEN AGNIESZKA	59	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:16:15	00:33:18	00:50:49

BIEG HERKULESA 12 KM, M-OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	JAROSZ WIESŁAW	18	JW. 1223	KOSZALIN	POL	M40-49	00:10:02	00:20:27	00:31:13
2	BEDNARZ PAWEŁ	4	MODEST.MAN.KOSZALI(N)AĆŁAW	KOSZALIN-NACŁAW	POL	M18-39	00:09:57	00:20:43	00:31:39
3	TUTUS MICHAŁ	26		KOSZALIN	POL	M18-39	00:11:13	00:22:20	00:33:28
4	SYDORUK MATEUSZ	51		PRZYSTAWY	POL	M18-39	00:11:14	00:22:28	00:34:07
5	USTIANOWSKI WOJCIECH	54	JW1223/ROZBIEGANY KOSZALIN	KOSZALIN	POL	M18-39	00:11:19	00:23:25	00:35:42
6	MOKSA DARIUSZ	64		SIANÓW	POL	M18-39	00:11:33	00:24:00	00:36:50
7	PAKOS PIOTR	39		WILKOWICE	POL	M18-39	00:11:38	00:24:04	00:36:32
8	JAKUSZCZONEK ZBIGNIEW	16		RADOS	POL	M40-49	00:11:33	00:24:35	00:37:47
9	SOBCZYK DAMIAN	47		WILKOWICE	POL	M18-39	00:11:40	00:24:39	00:38:05
10	PAKULSKI MARCIN	40		KOSZALIN	POL	M40-49	00:12:27	00:24:56	00:37:34
11	ZWOLIŃSKI JAN	61	TKKF KOSZALIN	WIERCISZEWO	POL	M40-49	00:12:24	00:25:10	00:38:01
12	SINKIEWICZ MIROSŁAW	45	JW 1223	KOSZALIN	POL	M18-39	00:12:21	00:25:36	00:39:13
13	THEODOSE OLIVIER	53		MAREIL-MARLY	FRA	M40-49	00:12:18	00:25:38	00:39:21
14	PUZYREWSKI WOJCIECH	42	FORREST GUMP	KOSZALIN	POL	M18-39	00:12:31	00:26:12	00:40:21
15	SOKOŁOWSKI MACIEJ	48		KOSZALIN	POL	M18-39	00:12:30	00:26:13	00:40:20
16	WALCZAK MARCIN	55		KOSZALIN	POL	M18-39	00:12:39	00:26:15	00:39:50
17	JANKIEWICZ TOMASZ	17	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:12:49	00:26:27	00:40:16
18	BAŃKA ARKADIUSZ	2		RZECZYCA	POL	M18-39	00:12:45	00:26:34	00:40:44
19	DROŹDŹ MARIUSZ	6	NIEZRZESZONY	DRAWSKO POMORSKIE	POL	M40-49	00:13:07	00:26:54	00:40:59
20	JAKIMA SZYMON	15		SŁUPSK	POL	M18-39	00:12:57	00:26:57	00:41:07
21	WOJCIECHOWSKI ADRIAN	57		KOSZALIN	POL	M18-39	00:12:48	00:26:58	00:41:56
22	SOMINKA ANDRZEJ	49	SSB (SOBIESAMBIEGAM)	DARŁOWO	POL	M40-49	00:13:16	00:27:03	00:40:45
23	HAJDUK JAN	14	STRONG HOUSE CZELADŹ	SOSNOWIEC	POL	M18-39	00:13:14	00:27:04	00:41:09
24	KUŹMA JAROSŁAW	28		KOSZALIN	POL	M18-39	00:13:16	00:27:10	00:41:00
25	NOGA BARTŁOMIEJ	34		ZGIERZ	POL	M18-39	00:13:10	00:27:12	00:41:33
26	CYBULSKI ROBERT	5	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:13:10	00:27:25	00:42:17
27	RATAJEWSKI ARKADIUSZ	43		ŚWIDWIN	POL	M18-39	00:13:10	00:27:28	00:42:13
28	KUŁAKOWSKI DAWID	62	TKKF KOSZALIN	KOSZALIN	POL	M18-39	00:13:35	00:28:27	00:42:36
29	MISZCZYK JAN	33		KOSZALIN	POL	M18-39	00:13:22	00:28:36	00:43:41
30	KAMIŃSKI KAMIL	22		KOSZALIN	POL	M18-39	00:13:28	00:29:17	00:45:18
31	BARAN JACEK	3	CROSSFIT GDYNIA	GDYNIA	POL	M18-39	00:13:11	00:29:21	00:44:44
32	GAWROŃSKI PAWEŁ	11	OGIEŃ W SZOPIE	KOSZALIN	POL	M18-39	00:13:51	00:29:36	00:45:12
33	HOŁUBASZ PAWEŁ	7		LĘBORK	POL	M18-39	00:13:56	00:29:39	00:45:26
34	WOJANOWSKI ZBIGNIEW	63		GRUDZIĄDZ	POL	M50-59	00:14:59	00:30:53	00:46:57
35	WIRKUS PIOTR	56	BIGYELLOWFOOT ADVENTURE TEAM	GDYNIA	POL	M18-39	00:14:35	00:30:53	00:47:08
36	KARNICKI ZYGMUNT	23	TKKF KOSZALIN	KOSZALIN	POL	M60+	00:15:10	00:31:10	00:47:25
37	OGRODOWICZ JACEK	35	ALE ... O CO BIEGA ?	SZCZECIN	POL	M50-59	00:14:58	00:31:16	00:47:30
38	PIOR TOMASZ	41		KONIKOWO	POL	M18-39	00:15:10	00:32:15	00:49:57
39	STYCZYŃSKI RAFAŁ	50	POLSKA	KOŁOBRZEG	POL	M18-39	00:15:55	00:33:34	00:50:49
40	JAWORSKI SZYMON	20		KOŁOBRZEG	POL	M18-39	00:15:59	00:33:35	00:50:51

BIEG HERKULESA 12 KM, M18-39

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	BEDNARZ PAWEŁ	4	MODEST.MAN.KOSZALI(N)AŁAW	KOSZALIN-NACŁAW	POL	M18-39	00:09:57	00:20:43	00:31:39
2	TUTUS MICHAŁ	26		KOSZALIN	POL	M18-39	00:11:13	00:22:20	00:33:28
3	SYDORUK MATEUSZ	51		PRZYSTAWY	POL	M18-39	00:11:14	00:22:28	00:34:07
4	USTIANOWSKI WOJCIECH	54	JW1223/ROZBIEGANY KOSZALIN	KOSZALIN	POL	M18-39	00:11:19	00:23:25	00:35:42
5	MOKSA DARIUSZ	64		SIANÓW	POL	M18-39	00:11:33	00:24:00	00:36:50
6	PAKOS PIOTR	39		WILKOWICE	POL	M18-39	00:11:38	00:24:04	00:36:32
7	SOBCZYK DAMIAN	47		WILKOWICE	POL	M18-39	00:11:40	00:24:39	00:38:05
8	SINKIEWICZ MIROSLAW	45	JW 1223	KOSZALIN	POL	M18-39	00:12:21	00:25:36	00:39:13
9	PUZYREWSKI WOJCIECH	42	FORREST GUMP	KOSZALIN	POL	M18-39	00:12:31	00:26:12	00:40:21
10	SOKOŁOWSKI MACIEJ	48		KOSZALIN	POL	M18-39	00:12:30	00:26:13	00:40:20
11	WALCZAK MARCIN	55		KOSZALIN	POL	M18-39	00:12:39	00:26:15	00:39:50
12	BAŃKA ARKADIUSZ	2		RZECZYCA	POL	M18-39	00:12:45	00:26:34	00:40:44
13	JAKIMA SZYMON	15		SŁUPSK	POL	M18-39	00:12:57	00:26:57	00:41:07
14	WOJCIECHOWSKI ADRIAN	57		KOSZALIN	POL	M18-39	00:12:48	00:26:58	00:41:56
15	HAJDUK JAN	14	STRONG HOUSE CZELADŹ	SOSNOWIEC	POL	M18-39	00:13:14	00:27:04	00:41:09
16	KUŹMA JAROSŁAW	28		KOSZALIN	POL	M18-39	00:13:16	00:27:10	00:41:00
17	NOGA BARTŁOMIEJ	34		ZGIERZ	POL	M18-39	00:13:10	00:27:12	00:41:33
18	RATAJEWSKI ARKADIUSZ	43		ŚWIDWIN	POL	M18-39	00:13:10	00:27:28	00:42:13
19	KUŁAKOWSKI DAWID	62	TKKF KOSZALIN	KOSZALIN	POL	M18-39	00:13:35	00:28:27	00:42:36
20	MISZCZYK JAN	33		KOSZALIN	POL	M18-39	00:13:22	00:28:36	00:43:41
21	KAMIŃSKI KAMIL	22		KOSZALIN	POL	M18-39	00:13:28	00:29:17	00:45:18
22	BARAN JACEK	3	CROSSFIT GDYNIA	GDYNIA	POL	M18-39	00:13:11	00:29:21	00:44:44
23	GAWROŃSKI PAWEŁ	11	OGIEŃ W SZOPIE	KOSZALIN	POL	M18-39	00:13:51	00:29:36	00:45:12
24	HOŁUBASZ PAWEŁ	7		LĘBORK	POL	M18-39	00:13:56	00:29:39	00:45:26
25	WIRKUS PIOTR	56	BIGYELLOWFOOT ADVENTURE TEAM	GDYNIA	POL	M18-39	00:14:35	00:30:53	00:47:08
26	PIOR TOMASZ	41		KONIKOWO	POL	M18-39	00:15:10	00:32:15	00:49:57
27	STYCZYŃSKI RAFAŁ	50	POLSKA	KOŁOBRZEG	POL	M18-39	00:15:55	00:33:34	00:50:49
28	JAWORSKI SZYMON	20		KOŁOBRZEG	POL	M18-39	00:15:59	00:33:35	00:50:51

BIEG HERKULESA 12 KM, K18-34

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	PACAN MIRA	38	ŚWIAT PŁYTEK U KRYPINA	BYTÓW	POL	K18-34	00:15:34	00:31:36	00:47:30
2	KRZEWIŃSKA MONIKA	27		KOSZALIN	POL	K18-34	00:15:38	00:31:43	00:47:56

BIEG HERKULESA 12 KM, K35-49

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	MAZUREK BARBARA	32	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:15:14	00:31:18	00:47:29
2	WOLF WERONIKA	58	TKKF KOSZALIN	SIANÓW	POL	K35-49	00:15:38	00:31:35	00:47:32
3	VON BARDELEBEN AGNIESZKA	59	BABECZKI KOSZALIN	KOSZALIN	POL	K35-49	00:16:15	00:33:18	00:50:49

BIEG HERKULESA 12 KM, M40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	JAROSZ WIESŁAW	18	JW. 1223	KOSZALIN	POL	M40-49	00:10:02	00:20:27	00:31:13
2	JAKUSZCZONEK ZBIGNIEW	16		RADOS	POL	M40-49	00:11:33	00:24:35	00:37:47
3	PAKUŁSKI MARCIN	40		KOSZALIN	POL	M40-49	00:12:27	00:24:56	00:37:34
4	ZWOLIŃSKI JAN	61	TKKF KOSZALIN	WIERCISZEWO	POL	M40-49	00:12:24	00:25:10	00:38:01
5	THEODOSE OLIVIER	53		MAREIL-MARLY	FRA	M40-49	00:12:18	00:25:38	00:39:21
6	JANKIEWICZ TOMASZ	17	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:12:49	00:26:27	00:40:16
7	DROŹDŹ MARIUSZ	6	NIEZRZESZONY	DRAWSKO POMORSKIE	POL	M40-49	00:13:07	00:26:54	00:40:59

BIEG HERKULESA 12 KM, M40-49 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
8	SOMINKA ANDRZEJ	49	SSB (SOBIESAMBIEGAM)	DARŁOWO	POL	M40-49	00:13:16	00:27:03	00:40:45
9	CYBULSKI ROBERT	5	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	00:13:10	00:27:25	00:42:17

BIEG HERKULESA 12 KM, M50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	WOJANOWSKI ZBIGNIEW	63		GRUDZIĄDZ	POL	M50-59	00:14:59	00:30:53	00:46:57
2	OGRODOWICZ JACEK	35	ALE ... O CO BIEGA ?	SZCZECIN	POL	M50-59	00:14:58	00:31:16	00:47:30

BIEG HERKULESA 12 KM, M60+

POS	Name and surname	No.	Club	City	NAT	Cat.	2.6km	5.2km	7.8km
1	KARNICKI ZYGMUNT	23	TKKF KOSZALIN	KOSZALIN	POL	M60+	00:15:10	00:31:10	00:47:25