

VII PÓŁMARATON GLIWICKI

Organizator: Fundacja Bieg Rzeźnika
 Data: 2021-10-17
 Miejsce: Gliwice
 Dystans: 21.1 km
 Klasyfikacja wg czasów netto.

VII PÓŁMARATON GLIWICKI, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scoowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WOLNIK MATEUSZ	578	AKTYWNI LYSKI	LYSKI	POL	M-30	1	M 1	00:09:11	00:25:38	00:42:33	00:59:11	01:15:08.95	3:33	16.9
2	DULINIEC TOMASZ	98	GNIOTPOL TEAM	KURZINIE	POL	M-40	1	M 2	00:09:16	00:25:46	00:42:43	00:59:33	01:15:29.10	3:34	16.8
3	MRACHACZ PIOTR	580	STUDIO PROJEKTOWE SPART	BYTOM	POL	M-20	1	M 3	00:09:11	00:25:53	00:43:05	00:59:55	01:15:49.85	3:35	16.7
4	TRESKA PIOTR	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	TYCHY	POL	M-30	2	M 4	00:09:30	00:26:19	00:43:32	01:00:17	01:16:25.60	3:37	16.6
5	ROZMUS NORBERT	411		ZABRZE	POL	M-30	3	M 5	00:09:40	00:27:10	00:44:47	01:01:58	01:17:50.45	3:41	16.3
6	FOLTYN JAKUB	110	WYTRZYMALI.COACH	RUDZINIEC	POL	M-20	2	M 6	00:09:39	00:27:08	00:44:46	01:01:57	01:18:53.70	3:44	16
7	HAREŹA MAREK	628		CZECHOWICE-DZIEDZICE	POL	M-30	4	M 7	00:09:41	00:27:06	00:44:49	01:02:32	01:19:14.40	3:45	16
8	IWANCA LESZEK	174		RYBNIK	POL	M-40	2	M 8	00:09:42	00:27:10	00:45:06	01:02:52	01:19:40.10	3:46	15.9
9	BARTOSIK SEBASTIAN	13	FORMA WODZISŁAW ŚLĄSKI / MOJŹYSZ TEAM	WODZISŁAW ŚLĄSKI	POL	M-30	5	M 9	00:09:39	00:27:09	00:45:04	01:02:50	01:19:50.30	3:47	15.9
10	WIKTORSKI MIESZKO	620	TRENUJNAM.I.PL	WROCŁAW	POL	M-40	3	M 10	00:09:41	00:27:06	00:45:05	01:02:52	01:20:04.30	3:47	15.8
11	KAMIŃSKI DOMINIK	203	HARPAGAN SOSNOWIEC - FICOSA	DĄBROWA GÓRNICZA	POL	M-40	4	M 11	00:09:46	00:27:42	00:45:43	01:03:36	01:20:19.15	3:48	15.8
12	DENICKI PRZEMEK	93	EX TEAM	KNURÓW	POL	M-30	6	M 12	00:10:05	00:27:58	00:45:59	01:03:52	01:20:20.70	3:48	15.8
13	SIKOŃCZYK MIŁOSZ	437	RUNNING PERFORMANCE	KRAKÓW	POL	M-20	3	M 13	00:09:30	00:27:26	00:46:04	01:04:12	01:21:28.35	3:51	15.5
14	URBAŃCZYK KAROL	496	NON STOP TRAIL	GLIWICE	POL	M-30	7	M 14	00:09:39	00:27:14	00:45:35	01:03:55	01:21:40.50	3:52	15.5
15	PRZELIORZ TOMASZ	400	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	8	M 15	00:09:59	00:28:06	00:46:41	01:04:49	01:21:51.40	3:52	15.5
16	GRYCMAN MAREK	153	LOVE THE PAIN	TURZA ŚLĄSKA	POL	M-40	5	M 16	00:09:57	00:27:53	00:46:17	01:04:31	01:22:02.70	3:53	15.4
17	BUCHTA ADAM	54		KATOWICE	POL	M-40	6	M 17	00:09:58	00:28:05	00:46:39	01:04:48	01:22:04.55	3:53	15.4
18	BUJNOWSKI ARTUR	59	TL ROW RYBNIK	KNURÓW	POL	M-30	9	M 18	00:10:04	00:27:59	00:46:18	01:04:33	01:22:12.45	3:53	15.4
19	JANCEWICZ MARCIN	178		STARE BABICE	POL	M-20	4	M 19	00:10:07	00:28:26	00:47:09	01:05:30	01:22:37.75	3:54	15.3
20	BAGSIK MATEUSZ	7		ŚWIĘTOSZOWICE	POL	M-30	10	M 20	00:10:02	00:27:58	00:47:08	01:05:52	01:23:18.00	3:56	15.2
21	GRIMAN JOANNA	149	MOJŹYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:10:03	00:28:17	00:47:24	01:06:12	01:24:05.85	3:59	15.1
22	BIEGUN MARCIN	29	AKTYWNA PSZCZYNA	BIELSKO-BIAŁA	POL	M-40	7	M 21	00:10:22	00:29:14	00:48:17	01:07:02	01:24:35.05	4:00	15
23	GRZYWACZ MARCIN	162	MKS CZECHOWICE-DZIEDZICE	CZECHOWICE-DZIEDZICE	POL	M-40	8	M 22	00:10:19	00:29:12	00:48:16	01:07:02	01:24:36.05	4:00	15
24	FURMANEK ŁUKASZ	114		WILCZA	POL	M-40	9	M 23	00:10:44	00:29:46	00:49:08	01:07:48	01:25:14.40	4:02	14.9
25	OSETEK PAWEŁ	369	RADLINIKI W BIEGU	PSZÓW	POL	M-30	11	M 24	00:09:57	00:28:15	00:47:47	01:06:47	01:25:20.85	4:02	14.8
26	GORAUS KAMIL	141	RUN RUN RUN	RUDA ŚLĄSKA	POL	M-30	12	M 25	00:10:31	00:29:20	00:48:51	01:07:50	01:25:41.25	4:03	14.8
27	JÓZEFIK DAWID	196	JKŁA JAWOR	CHRZANÓW	POL	M-30	13	M 26	00:10:33	00:29:27	00:48:51	01:07:42	01:25:46.40	4:03	14.8
28	MUSKAŁA MATEUSZ	343	AUGUSTEAM	CHORZÓW	POL	M-20	5	M 27	00:10:05	00:28:26	00:47:38	01:07:06	01:26:06.30	4:04	14.7
29	KOZIARSKI MICHAŁ	249	LKS SIERAKÓW ŚLĄSKI	SIERAKÓW ŚLĄSKI	POL	M-30	14	M 28	00:10:30	00:29:03	00:48:20	01:07:30	01:26:10.30	4:05	14.7
30	SMITH KELLI	635		KEDZIERZYN-KOZLE	POL	K-30	1	K 2	00:10:24	00:29:19	00:48:56	01:08:17	01:26:26.80	4:05	14.6
31	CHYBA SZYMON	72	KS KROTOSZ KROTOSZYN	GLIWICE	POL	M-40	10	M 29	00:10:34	00:29:25	00:49:12	01:08:17	01:26:41.80	4:06	14.6
32	CZERNY TOMASZ	88	AKTYWNE ZABRZE	ZABRZE	POL	M-40	11	M 30	00:10:29	00:29:30	00:48:55	01:08:04	01:26:43.25	4:06	14.6
33	JANOWSKA MICHALINA	182	MOJŹYSZ TEAM / JEJKOWICE BIEGAJA	JEJKOWICE	POL	K-30	2	K 3	00:10:51	00:30:05	00:49:34	01:08:33	01:27:05.55	4:07	14.5
34	ZIELIŃSKI IRENEUSZ	544	DKMS JĄSTRZĘBIE	JĄSTRZĘBIE-ZDRÓJ	POL	M-50	1	M 31	00:10:30	00:29:31	00:49:14	01:08:51	01:27:37.15	4:09	14.4
35	BOGATZKI MAREK	39		CHORZÓW	POL	M-30	15	M 32	00:10:05	00:28:35	00:48:47	01:08:28	01:27:50.70	4:09	14.4
36	SPRUTTA ROBERT	458		BYTOM	POL	M-30	16	M 33	00:10:55	00:29:52	00:49:41	01:09:11	01:28:01.15	4:10	14.4
37	KLIMA ADAM	229	RUNHOGS TYCHY	TYCHY	POL	M-30	17	M 34	00:10:30	00:29:50	00:49:48	01:09:40	01:28:28.95	4:11	14.3
38	PSZCZOŁA MARCIN	403		BĘDZIN	POL	M-40	12	M 35	00:11:00	00:31:10	00:51:13	01:10:45	01:29:06.15	4:13	14.2
39	BROL DOMINIKA	48		SIEMIANOWICE	POL	K-30	3	K 4	00:11:01	00:30:54	00:51:03	01:10:44	01:29:08.50	4:13	14.2
40	HOFFMANN NIKODEM	167		BIELSKO-BIAŁA	POL	M-30	18	M 36	00:11:20	00:31:14	00:51:14	01:10:44	01:29:18.50	4:13	14.2
41	NOWICKI SZYMON	361		ZABRZE	POL	M-30	19	M 37	00:11:00	00:30:32	00:50:42	01:10:31	01:29:19.65	4:13	14.2
42	STASIKOWSKI ŁUKASZ	463		GOKOWICE	POL	M-30	20	M 38	00:11:01	00:31:11	00:51:33	01:11:14	01:29:21.15	4:14	14.2
43	WARDZAŁA MICHAŁ	501	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	13	M 39	00:10:58	00:30:57	00:51:10	01:11:01	01:29:29.80	4:14	14.1

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
44	GOŁĄBEK RAFAŁ	137	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	14	M 40	00:11:00	00:30:58	00:51:11	01:11:02	01:29:30.25	4:14	14.1
45	BIAŁY KAMIL	28	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 41	00:11:01	00:31:09	00:51:30	01:11:12	01:29:34.80	4:14	14.1
46	GRZESIKIEWICZ MARIUSZ	157		GLIWICE	POL	M-40	15	M 42	00:11:03	00:31:11	00:51:31	01:11:14	01:29:34.95	4:14	14.1
47	STĄPOR SŁAWOMIR	465	TAURON	DABROWA GÓRNICZA	POL	M-40	16	M 43	00:11:05	00:31:13	00:51:35	01:11:17	01:29:40.85	4:14	14.1
48	KORZUSZNIK WOJCIECH	241	LUXTORPEDA CZERWIONKA	MIKOŁÓW	POL	M-30	22	M 44	00:11:03	00:31:18	00:51:38	01:11:16	01:29:43.45	4:15	14.1
49	ŻOŁĄDZ PIOTR	554	TEAM ARTIVENT	GLIWICE	POL	M-30	23	M 45	00:11:00	00:31:09	00:51:29	01:11:11	01:29:43.60	4:15	14.1
50	BAŃBOR ALEKSANDRA	11	EX TEAM	KNURÓW	POL	K-20	1	K 5	00:11:02	00:30:58	00:51:17	01:11:15	01:29:45.30	4:15	14.1
51	CHOMIK RAFAŁ	70	PACEMAKER	GLIWICE	POL	M-40	17	M 46	00:11:00	00:31:10	00:51:31	01:11:13	01:29:50.15	4:15	14.1
52	SKOCZEK JAKUB	443		OTWOCK	POL	M-30	24	M 47	00:11:12	00:31:08	00:51:28	01:11:15	01:29:58.10	4:15	14.1
53	DZIDA DOMINIK	101		RUDA ŚLĄSKA	POL	M-20	6	M 48	00:11:05	00:31:24	00:51:46	01:11:12	01:30:02.25	4:16	14.1
54	FĄŁEK ADAM	105	ŁAMIGNATY	MIKOŁÓW	POL	M-20	7	M 49	00:10:12	00:29:23	00:50:20	01:10:50	01:30:07.20	4:16	14
55	PYKA MAREK	639	CHOP ZE ŻELAZA TRI TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-40	18	M 50	00:11:01	00:31:18	01:01:46	01:30:12.75	4:16	14	
56	OCHMAN RAFAŁ	362	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	19	M 51	00:11:01	00:31:03	00:51:19	01:11:19	01:30:19.60	4:16	14
57	WIECHUŁA MARCIN	510		GLIWICE	POL	M-40	20	M 52	00:10:08	00:29:28	00:50:09	01:10:39	01:30:26.20	4:17	14
58	ŁOZIŃSKI WOJCIECH	287	PARKRUN CHRZANÓW	LIBIAŻ	POL	M-20	8	M 53	00:11:01	00:31:13	00:51:30	01:11:15	01:30:35.50	4:17	14
59	WYLEŻAŁEK ALINA	528		GLIWICE	POL	K-30	4	K 6	00:11:19	00:31:24	00:51:53	01:12:07	01:31:27.50	4:20	13.8
60	MASŁOŃ BŁAŻEJ	315		RUDNIK MAŁY	POL	M-50	2	M 54	00:11:02	00:31:10	00:51:31	01:11:34	01:31:38.70	4:20	13.8
61	PILNY KAROL	387	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-20	9	M 55	00:10:51	00:30:48	00:51:44	01:11:59	01:31:41.35	4:20	13.8
62	PASTWA PIOTR	379	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	3	M 56	00:11:09	00:30:59	00:51:20	01:11:40	01:31:45.80	4:20	13.8
63	GORCZYCKI ARKADIUSZ	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	BYTOM	POL	M-30	25	M 57	00:11:18	00:32:04	00:53:03	01:13:17	01:31:57.00	4:21	13.8
64	GARUS BARTŁOMIEJ	124	YNO 1	ORNONTOWICE	POL	M-30	26	M 58	00:11:14	00:31:16	00:51:56	01:12:27	01:32:04.80	4:21	13.8
65	BUJAK MARCIN	57		RYBNIK	POL	M-40	21	M 59	00:11:01	00:31:11	00:51:32	01:12:15	01:32:25.85	4:22	13.7
66	MAJEK KRZYSZTOF	299	AUGUSTEAM	KATOWICE	POL	M-50	4	M 60	00:11:09	00:31:31	00:52:33	01:13:18	01:32:29.60	4:22	13.7
67	KONIECZNA ANNA	236		GLIWICE	POL	K-20	2	K 7	00:11:04	00:31:37	00:52:41	01:13:21	01:32:34.95	4:23	13.7
68	TEKLA KRZYSZTOF	484		LEDZINY	POL	M-30	27	M 61	00:11:07	00:31:23	00:51:51	01:12:26	01:32:51.75	4:24	13.6
69	PACOŃ SEBASTIAN	593	DAGMA	CHORZÓW	POL	M-40	22	M 62	00:10:49	00:30:58	00:51:37	01:12:43	01:32:52.70	4:24	13.6
70	JAWOREK JACEK	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	ZABRZE	POL	M-30	28	M 63	00:11:24	00:31:56	00:52:51	01:13:24	01:32:55.90	4:24	13.6
71	WRĘCZYCKI IRENEUSZ	571		CHORZÓW	POL	M-50	5	M 64	00:11:00	00:31:11	00:51:37	01:12:40	01:33:03.35	4:24	13.6
72	WYMYSŁO ANDRZEJ	529	RADA MIASTA	PIEKARY ŚLĄSKIE	POL	M-60	1	M 65	00:11:14	00:31:34	00:52:46	01:13:28	01:33:10.80	4:24	13.6
73	MIRONOWICZ BARTŁOMIEJ	335		GLIWICE	POL	M-30	29	M 66	00:10:57	00:31:09	00:51:34	01:12:42	01:33:15.25	4:25	13.6
74	SITEK KRZYSZTOF	439		HUTA STARA A	POL	M-40	23	M 67	00:11:14	00:31:26	00:52:34	01:13:31	01:33:24.85	4:25	13.6
75	ZALEWSKI WOJCIECH	534		GLIWICE	POL	M-40	24	M 68	00:11:38	00:32:21	00:53:35	01:14:31	01:34:04.75	4:27	13.5
76	WIERZCHOWSKI JĘDRZEJ	511		SOSNOWIEC	POL	M-30	30	M 69	00:11:21	00:32:05	00:53:42	01:14:57	01:34:27.90	4:28	13.4
77	KAWELCZYK ROBERT	219	CZESTOCHOWA	POL	M-50	6	M 70	00:11:27	00:31:56	00:52:59	01:13:59	01:34:34.65	4:28	13.4
78	CZAJKOWSKI PAWEŁ	82	WIKI&MAKS	TYCHY	POL	M-40	25	M 71	00:11:37	00:32:26	00:54:03	01:14:54	01:34:39.95	4:29	13.4
79	PUC PAWEŁ	404	TRUCHTACZE GZICHÓW	BĘDZIN	POL	M-40	26	M 72	00:11:12	00:31:53	00:53:40	01:15:01	01:34:40.55	4:29	13.4
80	GRZYB DARIUSZ	158		KLEPACZKA	POL	M-50	7	M 73	00:11:01	00:31:12	00:52:42	01:14:13	01:34:42.35	4:29	13.4
81	FRANKIEWICZ ARTUR	111		GLIWICE	POL	M-30	31	M 74	00:11:01	00:31:27	00:52:42	01:13:55	01:34:42.70	4:29	13.4
82	WACŁAWSKI JACEK	640		GLIWICE	POL	M-40	27	M 75	00:11:07	00:31:34	00:52:51	01:14:07	01:34:54.90	4:29	13.3
83	RATAJCZAK ALEKSANDER	407	LECZYMY DURS	PIEKARY ŚLĄSKIE	POL	M-50	8	M 76	00:11:40	00:32:55	00:54:26	01:15:22	01:35:20.35	4:31	13.3
84	LONKA MICHAŁ	574		PIEKARYŚLĄSKIE	POL	M-40	28	M 77	00:11:44	00:32:59	00:54:34	01:15:39	01:35:24.45	4:31	13.3
85	MYNARSKI SYLWESTER	601	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	M-40	29	M 78	00:12:35	00:33:37	00:55:00	01:15:49	01:35:34.65	4:31	13.2
86	STRAMA ADAM	467		PORAJ	POL	M-40	30	M 79	00:11:29	00:32:29	00:54:06	01:15:30	01:35:35.00	4:31	13.2
87	CIEŚLAK JACEK	74		RUDA ŚLĄSKA	POL	M-40	31	M 80	00:12:04	00:33:03	00:54:40	01:15:50	01:35:36.95	4:31	13.2
88	BARAŃSKI RAFAŁ	12		PIEKARY ŚLĄSKIE	POL	M-40	32	M 81	00:11:39	00:32:55	00:54:26	01:15:22	01:35:44.00	4:32	13.2
89	MADEJSKI SYLWESTER	297		CZESCHOWICE-DZIEDZICE	POL	M-40	33	M 82	00:11:33	00:32:44	00:54:51	01:16:15	01:35:54.30	4:32	13.2
90	MARCINIAK RAFAŁ	308	8A.PL	GLIWICE	POL	M-30	32	M 83	00:12:16	00:33:46	00:54:58	01:16:00	01:35:55.60	4:32	13.2
91	PIKUŁA JACEK	386	BIEGNĘ BYLE DOBIEC	BIERUŃ	POL	M-40	34	M 84	00:13:22	00:34:47	00:55:53	01:16:26	01:36:01.50	4:33	13.2
92	GALILEJCZYK MARIUSZ	118		CHORZÓW	POL	M-20	10	M 85	00:10:57	00:30:43	00:52:37	01:14:54	01:36:05.50	4:33	13.2
93	KWIATKOWSKI GRZEGORZ	271		ŻERNICA	POL	M-40	35	M 86	00:11:11	00:31:10	00:53:05	01:15:21	01:36:19.30	4:33	13.1
94	MEKIER BARTEK	591		BYTOM	POL	M-30	33	M 87	00:12:11	00:33:48	00:55:34	01:16:51	01:36:29.45	4:34	13.1
95	KAMIŃSKI MARCIN	205		KNURÓW	POL	M-20	11	M 88					01:36:34.85	4:34	13.1
96	GĄSZCZAK MICHAŁ	127	RUNHOGS TYCHY	TYCHY	POL	M-30	34	M 89	00:11:01	00:32:19	00:54:31	01:16:15	01:36:40.60	4:34	13.1
97	KOWOLIK ŁUKASZ	247	TAURON TEAM	ZABRZE	POL	M-30	35	M 90	00:12:26	00:34:37	00:56:23	01:17:00	01:36:41.50	4:34	13.1
98	LEPIARCZYK SŁAWOMIR	280		RYBNIK	POL	M-30	36	M 91	00:11:28	00:32:00	00:53:56	01:15:38	01:36:42.80	4:34	13.1

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
99	HOLONA MACIEJ	647	FORMA WODZISŁAW	RYBNIK	POL	M-50	9	M 92	00:11:27	00:32:11	00:54:14	01:16:17	01:36:47.00	4:35	13.1
100	MIRATYŃSKI ADAM	627		GLIWICE	POL	M-40	36	M 93	00:12:18	00:33:18	00:54:48	01:16:16	01:36:49.25	4:35	13.1
101	GUZY ANDRZEJ	579		GLIWICE	POL	M-60	2	M 94	00:11:03	00:31:40	00:53:39	01:15:37	01:36:49.85	4:35	13.1
102	JASICKI KRZYSZTOF	186	RUNHOGS TYCHY	TYCHY	POL	M-40	37	M 95	00:11:00	00:32:19	00:54:33	01:16:27	01:36:52.90	4:35	13.1
103	MACHURA ARKADIUSZ	292		WOLA JEDLIŃSKA	POL	M-40	38	M 96	00:11:56	00:33:54	00:55:54	01:17:26	01:36:53.90	4:35	13.1
104	NOGA JACEK	643		TYCHY	POL	M-40	39	M 97	00:11:47	00:33:24	00:55:41	01:17:02	01:36:59.75	4:35	13.1
105	MACHOWSKI DARIUSZ	291		ŻURAWICA	POL	M-50	10	M 98	00:11:54	00:33:52	00:55:53	01:17:07	01:37:05.55	4:36	13
106	MEDES MARCIN	319		TYCHY	POL	M-30	37	M 99	00:12:11	00:33:53	00:55:50	01:17:10	01:37:21.65	4:36	13
107	CZYŻ WOJCIECH	89		GLIWICE	POL	M-40	40	M 100	00:11:41	00:33:00	00:55:01	01:16:47	01:37:29.95	4:37	13
108	KAMIŃSKI JACEK	204	ROMET FACTORY TEAM	GLIWICE	POL	M-40	41	M 101	00:11:02	00:31:14	00:53:18	01:15:55	01:37:32.75	4:37	13
109	SZYMAŃSKI PIOTR	479		BYTOM	POL	M-40	42	M 102	00:11:30	00:32:31	00:54:45	01:16:46	01:37:44.50	4:37	13
110	MARKOWSKI PRZEMYSŁAW	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	BYTOM	POL	M-30	38	M 103	00:11:54	00:33:53	00:55:53	01:17:06	01:37:51.35	4:38	12.9
111	STAŃCZYK PRZEMEK	462		GRUDYNIA WIELKA	POL	M-30	39	M 104	00:12:03	00:34:04	00:56:16	01:18:17	01:38:25.20	4:39	12.9
112	WILK PIOTR	645		GLIWICE	POL	M-40	43	M 105	00:11:57	00:33:55	00:55:55	01:17:27	01:38:26.10	4:39	12.9
113	SIEJA ZBYSZEK	434	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	11	M 106	00:11:54	00:33:10	00:55:30	01:17:31	01:38:29.20	4:40	12.9
114	SPYRA KAMIL	459	SPYROWKA	SZYMOCICE	POL	M-30	40	M 107	00:11:16	00:32:02	00:54:54	01:17:53	01:38:30.05	4:40	12.9
115	TABIŚ BARTOSZ	611		KATOWICE	POL	M-30	41	M 108	00:11:47	00:33:46	00:55:55	01:17:55	01:38:38.60	4:40	12.8
116	CZAJKA TOMASZ	80		JASTRZEBIE-ZDROJ	POL	M-40	44	M 109	00:11:55	00:33:54	00:56:15	01:18:11	01:38:39.25	4:40	12.8
117	SZEWCIK URSZULA	474	GREEN BELT RUNNER TEAM	KATOWICE	POL	K-40	2	K 8	00:11:34	00:33:18	00:55:25	01:17:33	01:38:44.25	4:40	12.8
118	DREWNIAK MARCIN	638		KATOWICE	POL	M-20	12	M 110	00:11:55	00:33:42	00:55:52	01:18:20	01:39:14.10	4:42	12.8
119	BIELA GRZEGORZ	31	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	42	M 111	00:11:26	00:32:50	00:55:37	01:17:49	01:39:17.15	4:42	12.8
120	NIŹNIKIEWICZ GRZEGORZ	352		KLESZCZÓW	POL	M-40	45	M 112	00:11:50	00:33:25	00:55:43	01:17:28	01:39:23.70	4:42	12.7
121	ZAJĄC MATEUSZ	531		GLIWICE	POL	M-40	46	M 113	00:12:18	00:34:21	00:56:56	01:18:57	01:39:24.35	4:42	12.7
122	GIESE MICHAŁ	132		GLIWICE	POL	M-40	47	M 114	00:12:10	00:34:21	00:57:00	01:18:44	01:39:26.70	4:42	12.7
123	BINIENDA AGNIESZKA	32	KOBIETY WATAHY	ZABRZE	POL	K-40	3	K 9	00:11:56	00:33:41	00:55:40	01:17:59	01:39:31.55	4:42	12.7
124	HYRKIEL PAWEŁ	172	IL GATTO RAMPANTE	RZESZOTARY	POL	M-40	48	M 115	00:11:46	00:33:33	00:55:50	01:17:53	01:39:44.35	4:43	12.7
125	MEOSSI ALESSANDRO	321	MONAR GRACZE	GLIWICE	POL	M-20	13	M 116	00:12:30	00:33:26	00:55:08	01:17:24	01:39:46.75	4:43	12.7
126	HYRA ROBERT	171	ZALEW BLACHOWNIA	BLACHOWNIA	POL	M-50	12	M 117	00:11:52	00:33:51	00:55:57	01:18:16	01:40:02.90	4:44	12.7
127	KUŹMA ANDRZEJ	269	TEAM ARTIVENT	KĘDZIERZYN-KOŹLE	POL	M-20	14	M 118	00:12:29	00:35:14	00:57:51	01:20:54	01:40:02.95	4:44	12.7
128	DABROWSKI BARTOSZ	90		GLIWICE	POL	M-30	43	M 119	00:13:07	00:35:34	00:58:21	01:20:03	01:40:03.40	4:44	12.7
129	SZOŁTYSEK ADRIAN	556		PANIÓWKI	POL	M-30	44	M 120	00:11:45	00:33:44	00:55:45	01:17:49	01:40:04.70	4:44	12.7
130	MARCZAK KRZYSZTOF	570		ŚWIĘTOCHŁOWICE	POL	M-50	13	M 121	00:12:11	00:34:00	00:56:25	01:19:05	01:40:06.05	4:44	12.6
131	DZWINCZYK ZBIGNIEW	103		RUDA ŚLĄSKA	POL	M-40	49	M 122	00:13:04	00:35:31	00:58:00	01:19:43	01:40:06.40	4:44	12.6
132	CHOJNA ZYGMUNT	69	SOCIOS SILESIA	PIEKARY ŚLĄSKIE	POL	M-60	3	M 123	00:11:32	00:33:23	00:56:07	01:18:44	01:40:10.40	4:44	12.6
133	LECHOCKA PATRYCJA	278	INŻYNIERIA BIEGANIA/ EKO-OKNA RUNNERS	PSZÓW	POL	K-30	5	K 10	00:11:56	00:33:53	00:56:13	01:18:44	01:40:11.70	4:44	12.6
134	RAWŁUSZEWICZ WALDEMAR	408		ZABRZE	POL	M-50	14	M 124	00:12:16	00:34:10	00:56:49	01:18:59	01:40:14.40	4:45	12.6
135	SKLORZ MARCIN	442		GLIWICE	POL	M-20	15	M 125	00:11:50	00:33:24	00:55:42	01:17:41	01:40:20.20	4:45	12.6
136	WARDZYK DAMIAN	502	ZŁOTA MARKA	ZABRZE	POL	M-20	16	M 126	00:12:30	00:33:32	00:54:56	01:17:36	01:40:20.90	4:45	12.6
137	ZAKRZOWSKI KRZYSZTOF	532		JAWORZNO	POL	M-30	45	M 127	00:11:49	00:33:50	00:56:19	01:18:49	01:40:21.90	4:45	12.6
138	SZCZEPANEK ŁUKASZ	473		CHORZÓW	POL	M-20	17	M 128	00:12:09	00:33:54	00:56:07	01:18:26	01:40:22.00	4:45	12.6
139	BOHM MARIUSZ	40		MYŚLOWICE	POL	M-50	15	M 129	00:12:30	00:34:50	00:57:17	01:19:26	01:40:27.65	4:45	12.6
140	RÓŻAŃSKI MICHAŁ	413		MIKOŁÓW	POL	M-30	46	M 130	00:12:18	00:34:22	00:56:55	01:19:14	01:40:38.00	4:46	12.6
141	WILK DAWID	514	PACEMAKER	ZABRZE	POL	M-30	46	M 130	00:11:54	00:33:54	00:55:54	01:17:59	01:40:38.00	4:46	12.6
142	KURCZEK TOMASZ	265	RUN FOREST RIUM!	GLIWICE	POL	M-40	50	M 132	00:12:34	00:35:06	00:57:29	01:19:50	01:40:44.90	4:46	12.6
143	SCHAB BARTŁOMIEJ	430		GLIWICE	POL	M-30	48	M 133	00:12:55	00:34:37	00:56:59	01:19:33	01:40:55.00	4:46	12.5
144	TOCZYDŁOWSKI ŁUKASZ	486	ROZBIEGANA LIGOTA	MIKOŁÓW	POL	M-40	51	M 134	00:13:07	00:34:37	00:57:00	01:19:39	01:41:01.50	4:47	12.5
145	RYCHLIK SEBASTIAN	417	LISY PUSTYNI	KLUCZE	POL	M-40	52	M 135	00:12:24	00:35:33	00:58:28	01:20:39	01:41:09.35	4:47	12.5
146	STANISZ MARCIN	460	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	49	M 136	00:12:10	00:34:14	00:56:46	01:19:35	01:41:13.55	4:47	12.5
147	JAWOREK ADAM	189		WODZISŁAW ŚLĄSKI	POL	M-30	50	M 137	00:11:00	00:31:41	00:54:23	01:17:52	01:41:19.80	4:48	12.5
148	KRZANOWSKI MARCIN	257	OASIS SPORT TEAM	ZABRZE	POL	M-30	51	M 138	00:12:17	00:34:26	00:57:12	01:19:56	01:41:21.30	4:48	12.5
149	JAGIEŁA MICHAŁ	177		PANIÓWKI	POL	M-30	52	M 139	00:12:11	00:33:56	00:56:22	01:19:08	01:41:21.75	4:48	12.5
150	ADAMCZYK DANIEL	2	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-20	18	M 140	00:12:10	00:34:13	00:56:47	01:19:36	01:41:22.60	4:48	12.5
151	KOWALCZYK JORDAN	245		ZABRZE	POL	M-30	53	M 141	00:12:39	00:35:04	00:57:43	01:20:23	01:41:24.80	4:48	12.5
152	CIEŚLIK JAROSŁAW	75		GLIWICE	POL	M-30	54	M 142	00:12:19	00:35:02	00:57:38	01:20:28	01:41:26.20	4:48	12.5
153	NAJWER TOMASZ	613		KRAPKOWICE	POL	M-40	53	M 143	00:12:14	00:34:41	00:57:30	01:20:03	01:41:34.15	4:48	12.5

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
154	DUDA JACEK	97	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	16	M 144	00:11:50	00:33:48	00:56:10	01:19:38	01:41:38.60	4:49	12.5
155	NIKODON PAWEŁ	349	NIKODON DREAM TEAM	GLIWICE	POL	M-40	54	M 145	00:11:41	00:32:56	00:55:56	01:19:39	01:41:45.30	4:49	12.4
156	KIDA MAREK	221		NOWE CHECHLO	POL	M-30	55	M 146	00:12:30	00:35:13	00:57:49	01:21:08	01:41:50.40	4:49	12.4
157	KOŚCIELNY SEBASTIAN	242	WATAHA	ZABRZE	POL	M-40	55	M 147	00:12:39	00:34:59	00:57:49	01:20:44	01:42:02.45	4:50	12.4
158	PLONKA KRZYSZTOF	392	DKMS JASTRZĘBIE	JASTRZĘBIE-ZDRÓJ	POL	M-50	17	M 148	00:12:30	00:35:02	00:57:47	01:20:38	01:42:06.45	4:50	12.4
159	IWASZKOWSKI DAWID	175		KNUROW	POL	M-30	56	M 149	00:13:18	00:35:55	00:58:19	01:20:56	01:42:09.00	4:50	12.4
160	NOREK-CISZAK BEATA	353	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	4	K 11	00:12:37	00:35:14	00:58:06	01:20:51	01:42:10.65	4:50	12.4
161	JANECZEK MAREK	179		GLIWICE	POL	M-40	56	M 150	00:12:48	00:35:40	00:58:28	01:21:02	01:42:11.10	4:50	12.4
162	MIECZNIKOWSKI JACEK	329		KATOWICE	POL	M-40	57	M 151	00:11:38	00:33:07	00:55:37	01:19:05	01:42:15.80	4:50	12.4
163	BRODACKI PAWEŁ	45		GLIWICE	POL	M-30	57	M 152	00:12:32	00:35:14	00:57:50	01:20:41	01:42:17.60	4:50	12.4
164	BUŁAWA GRZEGORZ	60	GB-ARCH	GLIWICE	POL	M-40	58	M 153	00:12:31	00:35:16	00:57:52	01:20:36	01:42:18.00	4:50	12.4
165	NOWAKOWSKI AREK	358		GLIWICE	POL	M-30	58	M 154	00:12:24	00:34:17	00:57:18	01:20:42	01:42:22.50	4:51	12.4
166	UJMA MICHAŁ	494	SII RUNNING TEAM	GLIWICE	POL	M-30	59	M 155	00:12:17	00:34:09	00:56:58	01:20:07	01:42:24.70	4:51	12.4
167	WOŁOWSKI LECH	633		KRAKÓW	POL	M-40	59	M 156	00:12:34	00:35:17	00:58:01	01:20:54	01:42:28.60	4:51	12.4
168	SARNECKI ADAM	429		UJAZD	POL	M-30	60	M 157	00:12:27	00:35:10	00:57:47	01:21:04	01:42:38.00	4:51	12.3
169	SZKLORZ SYLWESTER	581	ROZBIEGANA LIGOTA	KATOWICE	POL	M-50	18	M 158	00:13:16	00:35:20	00:58:38	01:21:30	01:42:40.25	4:51	12.3
170	TYSZKIEWICZ CUMA	492		GLIWICE	POL	M-40	60	M 159	00:12:31	00:35:12	00:57:51	01:20:39	01:42:47.15	4:52	12.3
171	BROJA RAFAŁ	47		BYTOM	POL	M-30	61	M 160	00:10:49	00:34:47	00:59:56	01:24:28	01:42:59.45	4:52	12.3
172	JAROS MARCIN	184	OPP KATOWICE	CZELADŹ	POL	M-30	62	M 161	00:13:47	00:35:58	00:58:56	01:21:01	01:43:04.00	4:53	12.3
173	TISZBIEREK MAREK	485		GLIWICE	POL	M-40	61	M 162	00:12:38	00:35:39	00:58:32	01:20:54	01:43:06.45	4:53	12.3
174	ŻMIJEWSKI DARIUSZ	551		GLIWICE	POL	M-50	19	M 163	00:12:20	00:34:18	00:57:03	01:20:26	01:43:09.25	4:53	12.3
175	PAWLACZYK LESŁAW	380	SII RUNNING TEAM	KATOWICE	POL	M-40	62	M 164	00:12:28	00:34:00	00:57:04	01:20:19	01:43:10.15	4:53	12.3
176	GAWLIK TOMASZ	126		PSZCZYNA	POL	M-40	63	M 165	00:12:57	00:35:43	00:59:07	01:21:55	01:43:11.20	4:53	12.3
177	ŁATKA ŁUKASZ	285	PACEMAKER	KATOWICE	POL	M-30	63	M 166	00:12:32	00:35:15	00:57:51		01:43:15.75	4:53	12.3
178	WILK MIROSLAW	515		ŚWIĘTOCHŁOWICE	POL	M-40	64	M 167	00:12:16	00:33:55	00:56:48	01:20:03	01:43:18.60	4:53	12.3
179	STAROSTKA JACEK	564	PKO BANK POLSKI BIEGAJMY RAZEM	KĘDZIERZYN-KOŹLE	POL	M-40	65	M 168	00:13:46	00:38:04	01:02:36	01:23:23	01:43:19.65	4:53	12.3
180	KUBIŚ MATEUSZ	261	JÓZEFINKA	WIESZOWA	POL	M-20	19	M 169	00:12:18	00:35:10	00:57:48	01:20:55	01:43:20.35	4:53	12.3
181	DZIAŁBOR ANDRZEJ	100	#BYLEDOMETY	BĘDZIN	POL	M-40	66	M 170	00:12:52	00:35:38	00:58:48	01:21:36	01:43:21.70	4:53	12.2
182	MAZUR KAMIL	567	PKO BANK POLSKI	PIEKARY ŚLĄSKIE	POL	M-30	64	M 171	00:12:33	00:35:17	00:58:15	01:21:34	01:43:22.60	4:53	12.2
183	ŻAAK MICHAŁ	549		ZABRZE	POL	M-30	65	M 172	00:12:04	00:34:26	00:57:33	01:20:56	01:43:22.80	4:53	12.2
184	CZAJKA ROMAN	79		GLIWICE	POL	M-40	67	M 173	00:12:02	00:34:23	00:57:42	01:21:13	01:43:33.45	4:54	12.2
185	POWROŻNA MARIOLA	397	NIGHT RUNNERS ŚLĄSK	KATOWICE	POL	K-40	5	K 12	00:12:32	00:34:52	00:57:48	01:20:54	01:43:33.60	4:54	12.2
186	MACYSZYN WALDEMAR	293	GLIWICE	PILCHOWICE	POL	M-50	20	M 174	00:12:16	00:34:35	00:57:37	01:21:15	01:43:42.05	4:54	12.2
187	GAJDA PATRYK	116		GDYNIA	POL	M-20	20	M 175	00:12:29	00:35:13	00:57:51	01:21:09	01:43:42.55	4:54	12.2
188	BABIUCH KAROL	6		ŁANY WIELKIE	POL	M-30	66	M 176	00:12:16	00:34:51	00:57:48	01:21:07	01:43:48.75	4:55	12.2
189	BOBROWSKA MAŁGOSIA	602	ROZWADZA PŁYWANIE	KRAPKOWICE	POL	K-40	6	K 13	00:12:32	00:35:16	00:58:08	01:21:24	01:43:51.55	4:55	12.2
190	KRUK GRZEGORZ	561	PRESS GLASS BIEGAMY I WSPIERAMY	CZEŚCICHOWA	POL	M-50	21	M 177	00:11:52	00:33:51	00:56:06	01:19:49	01:43:54.80	4:55	12.2
191	SALASOWICZ JERZY	427	BIEGAM Z ENDO	HANUSEK	POL	M-60	4	M 178	00:12:49	00:35:42	00:58:54	01:22:17	01:43:59.60	4:55	12.2
192	MERES JAREK	323		TARNOWSKIE GÓRY	POL	M-40	68	M 179	00:12:14	00:34:33	00:57:53	01:21:24	01:44:11.75	4:56	12.2
193	RUSAKOWICZ SYLWIA	415	GARAGEGYM KRAPKOWICE	KRAPKOWICE	POL	K-40	7	K 14	00:12:33	00:35:15	00:58:08	01:21:35	01:44:18.20	4:56	12.1
194	NOWACKI WOJCIECH	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	BYTOM	POL	M-30	67	M 180	00:12:33	00:35:16	00:57:52	01:21:12	01:44:25.05	4:56	12.1
195	MOSZ TOMASZ	338	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	69	M 181	00:12:55	00:35:51	00:59:37	01:22:57	01:44:28.65	4:57	12.1
196	NOWALIŃSKI GRZEGORZ	360	HOLBOX RUNNERS	KNURÓW	POL	M-30	68	M 182	00:12:57	00:36:12	00:59:48	01:22:51	01:44:37.05	4:57	12.1
197	CHLIŚTAŁA JAROSŁAW	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	GODÓW	POL	M-30	69	M 183	00:12:56	00:36:04	00:59:47	01:23:23	01:44:39.55	4:57	12.1
198	WOJTUKIEWICZ ARTUR	518	DHL RUN CLUB	GLIWICE	POL	M-40	70	M 184	00:11:58	00:33:50	00:56:22	01:20:55	01:45:01.45	4:58	12.1
199	MICHAŁAK WOJCIECH	576	KTW TEAM	WARSZAWA	POL	M-30	70	M 185	00:12:33	00:35:06	00:58:18	01:22:25	01:45:01.55	4:58	12.1
200	SALAMON EMIL	426	OPEL ACTIVE TEAM	GLIWICE	POL	M-30	71	M 186	00:12:36	00:35:18	00:58:02	01:21:34	01:45:02.30	4:58	12.1
201	BUJAK MAGDALENA	58	NIGHT RUNNERS PYSKOWICE / KP LABS	42-612	POL	K-30	6	K 15	00:12:57	00:35:23	00:58:43	01:22:14	01:45:06.30	4:58	12
202	GALL KACPER	119		KĘDZIERZYN-KOŹLE	POL	M-20	21	M 187	00:11:55	00:34:04	00:57:51	01:21:26	01:45:07.40	4:58	12
203	BRODEK ANDRZEJ	46	CERTUM	GLIWICE	POL	M-50	22	M 188	00:12:53	00:35:33	00:59:03	01:22:54	01:45:27.25	4:59	12
204	KOMÓR KINGA	235		BYTOM	POL	K-20	3	K 16	00:12:25	00:35:08	00:58:55	01:23:08	01:45:29.50	4:59	12

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
205	ODOSZEWSKI ROMAN	363	OASIS SORT TEAM	GLIWICE	POL	M-40	71	M 189	00:11:55	00:34:06	00:57:33	01:21:37	01:45:36.00	5:00	12
206	WÓJCIK RAFAŁ	525		PIEKARY ŚLĄSKIE	POL	M-40	72	M 190	00:12:52	00:36:01	00:59:48	01:23:30	01:45:54.00	5:01	12
207	DALGIEWICZ DARIUSZ	91		ŁOMIANKI	POL	M-60	5	M 191	00:13:04	00:36:20	01:00:12	01:23:50	01:45:57.55	5:01	11.9
208	SKOCZEK MICHAŁ	573	HARD BOX OTWOCK	OTWOCK	POL	M-30	72	M 192	00:13:18	00:35:52	00:59:41	01:23:48	01:46:06.05	5:01	11.9
209	MAZUR GRZEGORZ	318		PIOTRKÓW TRYBUNALSKI	POL	M-50	23	M 193	00:12:47	00:35:35	00:59:19	01:23:08	01:46:16.00	5:02	11.9
210	KASPRZAK MARTYNA	214	GREEN BELT RUNNER TEAM	CHORZÓW	POL	K-30	7	K 17	00:13:50	00:37:46	01:01:37	01:24:41	01:46:16.05	5:02	11.9
211	NITARSKI PATRYK	350		GLIWICE	POL	M-40	73	M 194	00:12:11	00:34:21	00:58:04	01:22:41	01:46:22.50	5:02	11.9
212	RÓWNICKI MARCIN	412	#BYLEDOMETRY	BĘDZIN	POL	M-30	73	M 195	00:12:35	00:35:36	00:59:13	01:23:10	01:46:28.55	5:02	11.9
213	CZAPLA ARKADIUSZ	83	FAT MAMAS SPORT	BYTOM	POL	M-50	24	M 196	00:14:02	00:37:18	01:01:00	01:24:28	01:46:32.60	5:02	11.9
214	PIZNAL KAMIL	391		KĘTY	POL	M-30	74	M 197	00:12:34	00:35:21	00:59:18	01:23:24	01:46:35.00	5:03	11.9
215	NIESZWIC TERENCJUSZ	348		GLIWICE	POL	M-20	22	M 198	00:12:52	00:35:33	00:59:00	01:23:03	01:46:35.30	5:03	11.9
216	MARCELA MARCIN	307		TARNOWSKIE GÓRY	POL	M-40	74	M 199	00:14:03	00:37:18	01:01:01	01:24:29	01:46:42.75	5:03	11.9
217	KAWA MARIUSZ	217		SOSNOWIEC	POL	M-40	75	M 200	00:11:55	00:34:03	00:57:41	01:22:06	01:46:46.20	5:03	11.9
218	KĘDZIORA ŁUKASZ	220	NIEZRZESZONY	PIEKARY ŚLĄSKIE	POL	M-40	76	M 201	00:13:38	00:36:54	01:00:48	01:24:22	01:46:49.90	5:03	11.9
219	NAWROCKI PAWEŁ	344		RYBNIK	POL	M-50	25	M 202	00:12:15	00:34:41	00:59:02	01:23:21	01:46:50.45	5:03	11.9
220	KULCZYK ADAM	264	SG SQUAD	ZABRZE	POL	M-40	77	M 203	00:13:18	00:36:41	01:00:26	01:24:24	01:46:57.85	5:04	11.8
221	ORDOŃ BARTŁOMIEJ	367		RYBNIK	POL	M-30	75	M 204	00:12:33	00:35:28	00:59:26	01:23:53	01:47:04.70	5:04	11.8
222	BERGER JUREK	25		DĄBROWA GÓRNICZA	POL	M-50	26	M 205	00:12:40	00:36:03	01:00:52	01:24:23	01:47:06.05	5:04	11.8
223	BIELAK MICHAŁ	566	PKO BANK POLSKI	BYTOM	POL	M-30	76	M 206	00:12:47	00:35:32	00:59:38	01:23:27	01:47:07.05	5:04	11.8
224	WAWRZYŃIAK MARIUSZ	505		CZERWIONKA-LESZCZYNY	POL	M-40	78	M 207	00:13:59	00:37:13	01:01:01	01:24:40	01:47:15.85	5:04	11.8
225	PACZKA MICHAŁ	374	GLIWICE	GLIWICE	POL	M-50	27	M 208	00:13:53	00:37:16	01:01:12	01:25:27	01:47:17.45	5:05	11.8
226	KIEŁBASA ARTUR	223		LESZCZYNY	POL	M-40	79	M 209	00:14:00	00:37:13	01:01:00	01:24:40	01:47:17.60	5:05	11.8
227	OZYP MARIUSZ	372		GLIWICE	POL	M-30	77	M 210	00:13:10	00:36:58	01:01:06	01:25:01	01:47:20.35	5:05	11.8
228	SIDORSKI ROBERT	433	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	80	M 211	00:12:46	00:35:49	00:59:56	01:24:30	01:47:20.65	5:05	11.8
229	URBASIK MARIUSZ	497	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-50	28	M 212	00:12:41	00:36:13	01:00:46	01:24:47	01:47:21.05	5:05	11.8
230	MARCINIAK KRZYSZTOF	310	KS PEREŁECZKI	RACIBÓRZ	POL	M-30	78	M 213	00:13:30	00:37:50	01:01:59	01:25:40	01:47:23.25	5:05	11.8
231	MAJEWSKI ANTONI	300		BYTOM	POL	M-20	23	M 214	00:12:49	00:36:48	01:01:53	01:26:11	01:47:28.25	5:05	11.8
232	MICHAŁSKI ŁUKASZ	327		CZĘSTOCHOWA	POL	M-30	79	M 215	00:12:53	00:36:00	00:59:51	01:23:58	01:47:32.55	5:05	11.8
233	CETERA ŁUKASZ	64	#HUTATEAM	GLIWICEGLIWICE	POL	M-30	80	M 216	00:13:26	00:37:16	01:00:51	01:24:44	01:47:37.35	5:06	11.8
234	RUTKOWSKI MICHAŁ	416		GLIWICE	POL	M-30	81	M 217	00:13:29	00:38:04	01:02:32	01:26:21	01:47:44.45	5:06	11.8
235	KLAPETEK JACEK	227	HURAGAN LIGOTA	KATOWICE	POL	M-50	29	M 218	00:13:15	00:35:58	00:59:37	01:24:02	01:47:55.35	5:06	11.7
236	WIETRZYCKI MARIUSZ	512		GLIWICE	POL	M-30	82	M 219	00:13:03	00:35:19	00:59:21	01:23:13	01:47:57.25	5:06	11.7
237	KOPEL TOMASZ	562		GLIWICE	POL	M-40	81	M 220	00:13:38	00:36:53	01:00:52	01:25:02	01:47:58.50	5:07	11.7
238	DZIWAŁ DARIUSZ	102	TIMOTHY	KATOWICE	POL	M-30	83	M 221	00:12:39	00:35:40	00:59:54	01:24:34	01:48:03.85	5:07	11.7
239	JANIKOWSKI MICHAŁ	181		KATOWICE	POL	M-40	82	M 222	00:12:55	00:36:08	01:00:19	01:24:37	01:48:15.80	5:07	11.7
240	KANIA MICHAŁ	208		WARSZAWA	POL	M-40	83	M 223	00:12:32	00:35:16	00:59:05	01:23:50	01:48:16.75	5:07	11.7
241	KRAJEWSKI RADOŚLAW	251		GLIWICE	POL	M-30	84	M 224	00:12:57	00:36:04	01:00:17	01:25:09	01:48:21.30	5:08	11.7
242	KANDEFER MICHAŁ	207		SIEMIANOWICE ŚLĄSKIE	POL	M-30	85	M 225	00:13:09	00:36:54	01:01:32	01:25:26	01:48:27.50	5:08	11.7
243	DOBOSZ KRZYSZTOF	95	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	30	M 226	00:13:21	00:37:51	01:02:32	01:26:55	01:48:49.15	5:09	11.6
244	PURCZYŃSKI JAN	405	RYBNIK	RYBNIK	POL	M-50	31	M 227	00:13:40	00:37:40	01:02:24	01:26:42	01:48:55.45	5:09	11.6
245	BATKO JANUSZ	17		GLIWICE	POL	M-40	84	M 228	00:13:07	00:37:27	01:02:10	01:26:28	01:48:56.50	5:09	11.6
246	FILIPCZYK PRZEMYSŁAW	109		KATOWICE	POL	M-40	85	M 229	00:13:39	00:37:54	01:02:29	01:26:48	01:49:02.50	5:10	11.6
247	KACZOR RAFAŁ	568	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	86	M 230	00:13:21	00:37:53	01:02:36	01:26:55	01:49:06.10	5:10	11.6
248	BAK-CESARZ DAMIAN	19		GLIWICE	POL	M-40	87	M 231	00:14:19	00:39:57	01:05:01	01:28:58	01:49:08.00	5:10	11.6
249	OLEŚ-ZDECHLIK BEATA	365		ŚWIĘTOCHŁOWICE	POL	K-30	8	K 18	00:13:11	00:36:55	01:01:43	01:26:13	01:49:11.45	5:10	11.6
250	ZAMORA MAREK	535		PIEKARY ŚL.	POL	M-50	32	M 232	00:13:50	00:38:14	01:02:58	01:27:11	01:49:13.30	5:10	11.6
251	MOCEK ROMAN	337		CHUDÓW	POL	M-60	6	M 233	00:14:06	00:38:01	01:02:14	01:26:19	01:49:14.55	5:10	11.6
252	DREWUSZEWSKI MACIEJ	615	4M	PEŁAWNIOWICE	POL	M-40	88	M 234	00:13:17	00:37:36	01:02:34	01:26:46	01:49:22.65	5:10	11.6
253	SACHNIK MAREK	425	DYNAMIK SILESIA	GLIWICE	POL	M-20	24	M 235	00:12:41	00:35:40	01:00:21	01:25:05	01:49:24.30	5:11	11.6
254	PISZCZ MAREK	390	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	89	M 236	00:12:47	00:36:10	01:00:52	01:26:01	01:49:25.70	5:11	11.6
255	GRONDYS ANDRZEJ	152	ZATYRANI GMINA PILCHOWICE	ŻERNICA	POL	M-40	90	M 237	00:12:45	00:36:10	01:00:58	01:25:43	01:49:26.05	5:11	11.6
256	BLASZKE BEATA	34	PACEMAKER	GLIWICE	POL	K-40	8	K 19	00:13:22	00:37:58	01:02:37	01:27:01	01:49:30.60	5:11	11.6
257	WAWRZAK RYSZARD	504	PACEMAKER	GLIWICE	POL	M-40	91	M 238	00:13:27	00:37:58	01:02:42	01:27:09	01:49:30.70	5:11	11.6
258	GRZEGORCZYK WOJCIECH	154	#HUTATEAM	RUDA ŚLĄSKA	POL	M-40	92	M 239	00:15:18	00:40:23	01:05:54	01:28:25	01:49:33.75	5:11	11.6
259	BORYCZKA SZYMON	595		MIEDZYRZECZE	POL	M-40	93	M 240	00:13:42	00:37:32	01:01:56	01:25:59	01:49:37.40	5:11	11.5
260	STELMASZCZYK KONRAD	616		PANIÓWKI	POL	M-20	25	M 241	00:14:02	00:37:19	01:01:44	01:26:01	01:49:38.35	5:11	11.5
261	SEMİK JAKUB	432		GLIWICE	POL	M-30	86	M 242	00:13:25	00:37:43	01:02:42	01:27:11	01:49:44.45	5:12	11.5

VII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
262	MACHEJ MARIUS	290		SKOCZÓW	POL	M-50	33	M 243	00:13:43	00:37:13	01:01:02	01:25:34	01:49:46.45	5:12	11.5
263	JANOWSKA KAROLINA	183	KB ORLY Z KNUROW	KNUROW	POL	K-20	4	K 20	00:12:19	00:35:08	01:00:03	01:25:22	01:49:52.60	5:12	11.5
264	KARWOT PIOTR	210	TEAM REDYNA	DEBIEŃSKO	POL	M-30	87	M 244	00:13:20	00:37:52	01:02:37	01:27:01	01:49:57.50	5:12	11.5
265	ROSADA ZDZISŁAW	594	BIEGAJ Z KS SOŚNICA	GLIWICE	POL	M-60	7	M 245	00:13:27	00:37:55	01:02:34	01:26:56	01:50:14.45	5:13	11.5
266	RYŚ KAMIL	421	HUTATEAM	GLIWICE	POL	M-30	88	M 246	00:13:58	00:38:03	01:02:42	01:26:58	01:50:17.05	5:13	11.5
267	RYZYŃSKI WOJCIECH	423	CLONMEL AC	CLONMEL	IRL	M-40	94	M 247	00:13:50	00:38:29	01:03:47	01:27:51	01:50:17.75	5:13	11.5
268	RYŚ DARIUSZ	420	HUTATEAM	GLIWICE	POL	M-40	95	M 248	00:13:13	00:37:30	01:02:47	01:27:38	01:50:19.00	5:13	11.5
269	ANTOSZ WOJCIECH	5		MIZERÓW	POL	M-30	89	M 249	00:13:23	00:37:56	01:02:39	01:27:02	01:50:23.80	5:13	11.5
270	WRÓBLEWSKA EWA	526		GLIWICE	POL	K-50	1	K 21	00:13:45	00:37:34	01:02:06	01:27:04	01:50:37.35	5:14	11.4
271	ŁOZIŃSKI JERZY	288	PARKRUN CHRZANÓW	LIBIĄŻ	POL	M-40	96	M 250	00:12:51	00:36:06	01:00:45	01:26:24	01:50:42.90	5:14	11.4
272	KŁYSZ BARTEK	231	SEGIECKI NINJA	BYTOM	POL	M-30	90	M 251	00:13:10	00:35:36	00:59:51	01:24:30	01:50:47.30	5:15	11.4
273	GĘBCZYŃSKI PAWEŁ	128	GO4IT	GLIWICE	POL	M-40	97	M 252	00:13:19	00:37:37	01:02:40	01:27:23	01:50:52.75	5:15	11.4
274	PALKA DOMINIK	377		CHRZANÓW	POL	M-40	98	M 253	00:14:23	00:38:57	01:03:26	01:27:46	01:50:54.00	5:15	11.4
275	MUSIL MIKE	341	ENDURANCE TEAM	BYTOM	POL	M-50	34	M 254	00:13:24	00:37:43	01:02:43	01:27:16	01:51:03.30	5:15	11.4
276	KOBIERSKI SZYMON	610	EMPI	RUDA ŚLĄSKA	POL	M-40	99	M 255	00:13:17	00:37:50	01:02:17	01:26:58	01:51:03.50	5:15	11.4
277	HRYNISZYN MARIUSZ	170		ZABRZE	POL	M-30	91	M 256	00:14:26	00:38:39	01:03:38	01:28:15	01:51:07.95	5:15	11.4
278	GAŁECZKA MICHAŁ	120		GLIWICE	POL	M-30	92	M 257	00:13:37	00:38:28	01:03:39	01:28:37	01:51:10.85	5:16	11.4
279	ZALESKI ARKADIUSZ	533		GLIWICE	POL	M-50	35	M 258	00:13:00	00:37:01	01:01:56	01:26:49	01:51:11.05	5:16	11.4
280	GROCHOT ARKADIUSZ	150		KRAKOW	POL	M-20	26	M 259	00:12:29	00:35:32	01:00:26	01:26:11	01:51:13.80	5:16	11.4
281	LUBICKI WOJCIECH	283	DBS	ZABRZE, POW. ZABRZE	POL	M-50	36	M 260	00:13:23	00:37:58	01:02:39	01:27:10	01:51:14.45	5:16	11.4
282	ŻABICKI MARIUSZ	550	X-REHAB GLIWICKIE CENTRUM REHABILITACJI	GLIWICE	POL	M-40	100	M 261	00:12:58	00:36:59	01:01:53	01:26:59	01:51:15.70	5:16	11.4
283	BELICA DANIEL	23		ZABRZE	POL	M-30	93	M 262	00:13:59	00:38:05	01:02:54	01:27:42	01:51:25.60	5:16	11.4
284	GOMOLA ZBIGNIEW	140	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	37	M 263	00:14:07	00:39:18	01:04:50	01:29:41	01:51:28.35	5:16	11.4
285	PIETRZYK ALEKSANDRA	384	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	9	K 22	00:13:19	00:37:11	01:01:55	01:26:54	01:51:29.15	5:17	11.4
286	JOŃSKI TOMASZ	194		ŁAŃCUT	POL	M-20	27	M 264	00:13:59	00:39:23	01:04:42	01:29:21	01:51:29.85	5:17	11.4
287	SZKLARSKI PRZEMYSŁAW	641	LET'S WOD	RADZIONKÓW	POL	M-40	101	M 265	00:12:46	00:37:15	01:02:24	01:27:01	01:51:30.30	5:17	11.4
288	PANZ KRZYSZTOF	623		KLESZCZÓW	POL	M-30	94	M 266	00:12:35	00:36:09	01:00:54	01:26:16	01:51:33.30	5:17	11.3
289	BIAŁAS KRZYSZTOF	26	ŁAMIGNATY	ORNONTOWICE	POL	M-40	102	M 267	00:14:07	00:39:19	01:04:50	01:29:43	01:51:42.95	5:17	11.3
290	NIŻNIKIEWICZ ELŻBIETA	351		KLESZCZÓW	POL	K-40	10	K 23	00:13:27	00:38:00	01:03:12	01:28:12	01:51:43.45	5:17	11.3
291	BROZYNA MAGDALENA	621	CO JA TU ROBIE?	GLIWICE	POL	K-30	9	K 24	00:13:57	00:37:21	01:01:32	01:26:40	01:51:46.00	5:17	11.3
292	GRACH ALEKSANDRA	148		44-105	POL	K-40	11	K 25	00:13:23	00:37:56	01:02:56	01:28:09	01:51:54.50	5:18	11.3
293	LEWANDOWSKI HENRYK	281		GLIWICE	POL	M-40	103	M 268	00:13:06	00:37:45	01:02:29	01:27:10	01:51:57.30	5:18	11.3
294	SULKOWSKI ARKADIUSZ	559		KNUROW	POL	M-40	104	M 269	00:14:19	00:37:31	01:02:07	01:27:22	01:51:59.00	5:18	11.3
295	CZARDYBON LAURA	84		SOŚNICOWICE	POL	K-40	12	K 26	00:13:33	00:38:02	01:03:21	01:28:11	01:52:01.30	5:18	11.3
296	DOMAŃSKI MARCIN	96	RUNNINGFISH74	GLIWICE	POL	M-40	105	M 270	00:14:33	00:39:06	01:04:17	01:28:53	01:52:02.60	5:18	11.3
297	KUTRZYK PRZEMYSŁAW	267		SOSNOWIEC	POL	M-40	106	M 271	00:13:35	00:38:16	01:03:25	01:28:25	01:52:09.30	5:18	11.3
298	PISULA BEATA	389		BYTOM	POL	K-50	2	K 27	00:13:42	00:37:48	01:02:40	01:28:02	01:52:10.15	5:18	11.3
299	RYSZCZYK ADAM	419	RUN2BFREE	RYBNIK	POL	M-40	107	M 272	00:14:20	00:38:19	01:03:30	01:28:13	01:52:13.45	5:19	11.3
300	GRZELCZAK SŁAWEK	156		WARSZAWA	POL	M-40	108	M 273	00:11:54	00:34:00	00:58:58	01:27:08	01:52:13.75	5:19	11.3
301	KASZUBSKI ANDRZEJ	216		ZABRZE	POL	M-40	109	M 274	00:13:26	00:37:40	01:02:13	01:27:00	01:52:14.05	5:19	11.3
302	SMUDA ANDRZEJ	451	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	110	M 275	00:14:09	00:38:54	01:03:35	01:28:07	01:52:17.15	5:19	11.3
303	BURY ANDRZEJ	61	TEAM BLACHOWNIA	BLACHOWNIA	POL	M-60	8	M 276	00:13:15	00:37:49	01:02:37	01:27:56	01:52:21.25	5:19	11.3
304	MICHAŁAK GRZEGORZ	324	TOTALNY AMATOR	ZABRZE	POL	M-40	111	M 277	00:13:32	00:37:52	01:02:59	01:28:15	01:52:26.65	5:19	11.3
305	KLUBA ŁUKASZ	230	NGB KŁOBUCK	WILKOWIECKO	POL	M-30	95	M 278	00:13:22	00:37:49	01:02:34	01:27:59	01:52:41.20	5:20	11.2
306	SPIECHOWICZ ANDRZEJ	457	KMP ZABRZE	ZABRZE	POL	M-30	96	M 279	00:12:37	00:35:33	01:01:08	01:27:36	01:52:54.85	5:21	11.2
307	KOCUR ROBERT	232		TACISZÓW	POL	M-50	38	M 280	00:13:42	00:38:17	01:03:49	01:29:42	01:53:00.10	5:21	11.2
308	KAMSKA MAŁGORZATA	206	GAMBAZ TEAM	GLIWICE	POL	K-30	10	K 28	00:13:49	00:37:54	01:03:20	01:28:49	01:53:11.00	5:21	11.2
309	BRZozowski JAN	51	NIE ZRZESZONY	MIKOŁÓW	POL	M-60	9	M 281	00:13:22	00:37:49	01:02:50	01:28:33	01:53:13.90	5:21	11.2
310	CIUMAN PIOTR	78	PHD RUNNERS	GLIWICE	POL	M-30	97	M 282	00:13:22	00:37:38	01:02:19	01:27:54	01:53:14.60	5:21	11.2
311	KONIORCZYK MACIEJ	237		ZABRZE	POL	M-30	98	M 283	00:14:14	00:39:22	01:04:27	01:29:09	01:53:15.30	5:22	11.2
312	CABAŃSKA DOROTA	62		ŁOMIANKI	POL	K-40	13	K 29	00:13:38	00:37:47	01:03:01	01:28:38	01:53:17.80	5:22	11.2
313	BUCHAL GRZEGORZ	52	TRIDIVISION	ZERNICA	POL	M-50	39	M 284	00:14:04	00:39:23	01:04:59	01:30:01	01:53:23.55	5:22	11.2
314	NOWAKOWSKI DOMINIK	359		GLIWICE	POL	M-20	28	M 285	00:13:00	00:36:26	01:02:21	01:28:58	01:53:24.40	5:22	11.2
315	GOŁKOWSKI RADOSŁAW	139		ZAWIERCIE	POL	M-30	99	M 286	00:12:52	00:37:28	01:02:55	01:29:03	01:53:33.05	5:22	11.1
316	CISZEWSKI KRZYSZTOF	77		SOŚNICOWICE	POL	M-30	100	M 287	00:13:20	00:38:03	01:03:35	01:29:20	01:53:36.65	5:23	11.1
317	PRENZENA PAWEŁ	398		ZABRZE	POL	M-30	101	M 288	00:12:35	00:35:58	01:01:56	01:27:51	01:53:46.85	5:23	11.1

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
318	HOLECZEK MARCIN	168	BORN TU BI LOTĄĆ	CHORZÓW	POL	M-40	112	M 289	00:14:09	00:40:00	01:05:28	01:30:28	01:53:48.45	5:23	11.1
319	STALICA WOJCIECH	569		CZĘSTOCHOWA	POL	M-50	40	M 290	00:13:47	00:38:41	01:04:21	01:29:34	01:53:55.00	5:23	11.1
320	GOŹDZIŃSKA MAGDALENA	143		GLIWICE	POL	K-40	14	K 30	00:13:28	00:37:57	01:02:45	01:27:55	01:54:02.65	5:24	11.1
321	ZACHARIASZ AGNIESZKA	530		GRÓDKÓW	POL	K-30	11	K 31	00:13:28	00:38:05	01:02:57	01:28:49	01:54:03.65	5:24	11.1
322	ZASIEK AMADEUSZ	538		RUDA ŚLĄSKA	POL	M-30	102	M 291	00:14:34	00:41:04	01:07:04	01:32:10	01:54:28.40	5:25	11.1
323	KOPRUCKI ŁUKASZ	239		GLIWICE	POL	M-30	103	M 292	00:15:06	00:42:02	01:08:36	01:33:27	01:54:34.50	5:25	11.1
324	SEKIENDA GRZEGORZ	431		WILCZA	POL	M-40	113	M 293	00:13:03	00:37:31	01:02:19	01:27:31	01:54:34.60	5:25	11.1
325	RYZIŃSKA ANETA	422		GLIWICE	POL	K-40	15	K 32	00:13:51	00:38:30	01:04:09	01:29:44	01:54:35.15	5:25	11
326	MIKOS WOJCIECH	331		TOSZEK	POL	M-20	29	M 294	00:12:41	00:37:46	01:04:09	01:31:05	01:54:36.10	5:25	11
327	WÓJCIK TOMASZ	563	FDG SA	GLIWICE	POL	M-30	104	M 295	01:05:34	01:30:37			01:54:37.60	5:25	11
328	SKOTNICKI PAWEŁ	447		GLIWICE	POL	M-30	105	M 296	00:12:24	00:35:15	01:00:31	01:27:03	01:54:44.70	5:26	11
329	SKOP MICHAŁ	637		ZABRZE	POL	M-50	41	M 297	00:14:54	00:38:39	01:03:08	01:28:04	01:54:45.45	5:26	11
330	NOWAK KATARZYNA	356		ŻARKI	POL	K-20	5	K 33	00:14:29	00:39:11	01:04:43	01:30:46	01:54:50.60	5:26	11
331	MAJOR STEFAN	301		ŻARKI	POL	M-60	10	M 298	00:14:28	00:39:03	01:04:41	01:30:41	01:54:50.65	5:26	11
332	CADER WOJCIECH	63	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	42	M 299	00:14:23	00:39:19	01:04:51	01:30:44	01:54:57.40	5:26	11
333	SZCZABEL KRYSZTIAN	472		GLIWICE	POL	M-30	106	M 300	00:11:53	00:36:09	01:02:05	01:27:14	01:55:00.20	5:27	11
334	GARBACZ DAMIAN	122		SOŚNICOWICE	POL	M-30	107	M 301	00:13:20	00:37:52	01:03:36	01:29:36	01:55:01.60	5:27	11
335	JURASZCZYK JAN	197	#HUTATEAM	PYSKOWICE	POL	M-30	108	M 302	00:15:18	00:40:24	01:05:57	01:32:12	01:55:05.70	5:27	11
336	MICHAŁSKI MAREK	326		GLIWICE	POL	M-40	114	M 303	00:13:14	00:38:14	01:03:46	01:30:39	01:55:10.40	5:27	11
337	MARCINIAK PAULINA	309		GLIWICE	POL	K-30	12	K 34	00:14:21	00:39:26	01:04:56	01:30:28	01:55:10.55	5:27	11
338	KASPRZAK MICHAŁ	213		GLIWICE	POL	M-20	30	M 304	00:12:42	00:37:47	01:04:09	01:31:06	01:55:18.75	5:27	11
339	KORDYŚ ADAM	240	KLUB BIEGOWY SZUSZARNIA	RUDA ŚLĄSKA	POL	M-30	109	M 305	00:14:08	00:39:29	01:05:21	01:31:16	01:55:25.55	5:28	11
340	MUSIAŁ BOZENA	340		ZABRZE	POL	K-40	16	K 35	00:14:06	00:39:28	01:05:20	01:31:14	01:55:25.65	5:28	11
341	OZDARSKI KRZYSZTOF	371	OPEL ACTIVE TEAM	RUDA ŚLĄSKA	POL	M-50	43	M 306	00:14:07	00:39:29	01:05:21	01:31:15	01:55:25.95	5:28	11
342	JAWORSKI JAKUB	191		GLIWICE	POL	M-20	31	M 307	00:14:05	00:39:13	01:04:43	01:30:33	01:55:34.10	5:28	11
343	BELUCH WITOLD	24		GLIWICE	POL	M-50	44	M 308	00:14:09	00:39:09	01:04:53	01:30:54	01:55:36.20	5:28	11
344	PIKOŃ KRZYSZTOF	644	JALSALMER	GLIWICE	POL	M-50	45	M 309	00:12:39	00:36:42	01:02:39	01:29:14	01:55:37.50	5:28	10.9
345	WOLIŃSKI PIOTR	520	JSB	KNURÓW	POL	M-40	115	M 310	00:13:50	00:38:49	01:04:30	01:30:52	01:55:50.65	5:29	10.9
346	BEDNARZ KRZYSZTOF	22		WROCŁAW	POL	M-30	110	M 311	00:12:35	00:36:05	01:01:47	01:28:18	01:55:52.00	5:29	10.9
347	SNACHOWSKI KAMIL	452	NEXTEER RUNNERS GLIWICE	GLIWICE	POL	M-30	111	M 312	00:15:05	00:39:29	01:04:03	01:30:18	01:55:54.45	5:29	10.9
348	RYBACKI MARCIN	617		GLIWICE	POL	M-30	112	M 313	00:15:06	00:39:30	01:04:04	01:30:18	01:55:55.60	5:29	10.9
349	MRZYGŁÓD ROBERT	339		KATOWICE	POL	M-30	113	M 314	00:13:40	00:38:47	01:04:34	01:30:58	01:55:56.00	5:29	10.9
350	KOC DANIEL	560		NIEWIESZE	POL	M-20	32	M 315	00:14:46	00:39:55	01:05:34	01:31:53	01:55:58.65	5:29	10.9
351	FĄŁEK KRZYSZTOF	106	ŁAMIGNATY	MIKOŁÓW	POL	M-40	116	M 316	00:14:08	00:39:19	01:04:51	01:30:49	01:56:00.95	5:29	10.9
352	KWAPIEŃ ALEKSANDER	598		GLIWICE	POL	M-30	114	M 317	00:15:06	00:41:16	01:07:01	01:32:38	01:56:01.00	5:29	10.9
353	SKUPIEŃ IZA	449	ALBATROSY	WARSZAWA	POL	K-40	17	K 36	00:14:57	00:42:09	01:08:21	01:32:56	01:56:01.05	5:29	10.9
354	MICHAŁOWSKI RAFAŁ	626		GLIWICE	POL	M-30	115	M 318	00:14:20	00:39:42	01:05:23	01:31:01	01:56:02.00	5:29	10.9
355	CHROBASIK MONIKA	71		SIEMIANOWICE ŚLĄSKIE	POL	K-40	18	K 37	00:13:58	00:39:09	01:04:57	01:31:10	01:56:08.85	5:30	10.9
356	LEDWOŃ ANETA	279		GLIWICE	POL	K-40	19	K 38	00:13:29	00:38:43	01:05:16	01:31:17	01:56:10.00	5:30	10.9
357	KRZYWICKI JAN	260		GLIWICE	POL	M-60	11	M 319	00:14:08	00:39:23	01:05:33	01:31:38	01:56:11.60	5:30	10.9
358	SIEKIERKA JANUSZ	435		SŁUPSKO	POL	M-40	117	M 320	00:14:18	00:39:52	01:06:18	01:32:21	01:56:14.00	5:30	10.9
359	KOZIĘLSKA MAGDALENA	250		WARSZAWA	POL	K-20	6	K 39	00:14:12	00:40:07	01:06:26	01:32:21	01:56:14.20	5:30	10.9
360	SIEKIERKA KAROLINA	436		SŁUPSKO	POL	K-40	20	K 40	00:14:18	00:39:53	01:06:20	01:32:21	01:56:15.20	5:30	10.9
361	GÓRECKI RYSZARD	558	NIEZRZESZONY	GLIWICE	POL	M-50	46	M 321	00:14:28	00:39:35	01:05:59	01:31:17	01:56:23.05	5:30	10.9
362	GÓRECKI JANUSZ	144		GLIWICE	POL	M-50	47	M 322	00:14:02	00:39:06	01:04:48	01:30:49	01:56:24.70	5:30	10.9
363	CIOK ANNA	76		GLIWICE	POL	K-40	21	K 41	00:14:12	00:39:22	01:05:06	01:31:35	01:56:29.95	5:31	10.9
364	ŁAZARZ GRZEGORZ	622		GLIWICE	POL	M-40	118	M 323	00:13:42	00:39:18	01:05:47	01:32:07	01:56:30.00	5:31	10.9
365	GAWEŁ KRZYSZTOF	125		MIKOŁÓW	POL	M-50	48	M 323	01:05:12				01:56:30.00	5:31	10.9
366	GAJEWSKI JACEK	117	KURCZAK I AGATKA	GLIWICE	POL	M-50	49	M 325	00:14:03	00:39:21	01:05:39	01:31:49	01:56:31.70	5:31	10.9
367	ZBYTNIIEWSKI PAWEŁ	541	MORSY	BIELSKO BIAŁA	POL	M-40	119	M 326	00:14:28	00:39:03	01:04:52	01:31:14	01:56:35.35	5:31	10.9
368	RZESZOWSKI ARKADIUSZ	424		RACIBÓRZ	POL	M-40	120	M 327	00:14:35	00:40:20	01:06:55	01:32:33	01:56:40.25	5:31	10.9
369	TYROL TOMASZ	491		CHORZÓW	POL	M-40	121	M 328	00:14:47	00:40:18	01:05:28	01:30:42	01:56:41.35	5:31	10.8
370	KOSIŃSKI MARCIN	596		DĄBROWA GÓRNICZA	POL	M-30	116	M 329	00:13:08	00:37:45	01:04:19	01:31:25	01:56:45.90	5:31	10.8
371	PALMOWSKA AGNIESZKA	378	PHD RUNNERS	GLIWICE	POL	K-30	13	K 42	00:14:16	00:40:02	01:06:52	01:32:57	01:56:48.50	5:32	10.8
372	IGNACZAK ROBERT	173		GLIWICE	POL	M-40	122	M 330	00:14:19	00:40:00	01:06:56	01:32:57	01:56:48.95	5:32	10.8
373	PIĘTA KRZYSZTOF	385	BIEG BIELAWA	SOSNOWIEC	POL	M-60	12	M 331	00:13:32	00:38:10	01:04:18	01:30:46	01:56:54.50	5:32	10.8
374	MUSIOŁ HELENA	342		RYBNIK	POL	K-40	22	K 43	00:13:55	00:39:26	01:06:05	01:32:02	01:57:05.00	5:32	10.8

VII PÓLMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
375	SOBIECH SEBASTIAN	608		PIEKARY ŚLĄSKIE	POL	M-20	33	M 332	00:14:53	00:41:14	01:07:50	01:33:22	01:57:06.70	5:32	10.8
376	BASIAGA ANITA	609		KATOWICE	POL	K-20	7	K 44	00:14:53	00:41:15	01:07:49	01:33:22	01:57:08.65	5:33	10.8
377	KWIATKOWSKA KATARZYNA	270		ŻERNICA	POL	K-40	23	K 45	00:13:48	00:38:57	01:05:19	01:31:56	01:57:13.50	5:33	10.8
378	BAJKACZ TOMASZ	8		GLIWICE	POL	M-20	34	M 333	00:14:32	00:40:51	01:07:19	01:33:16	01:57:19.15	5:33	10.8
379	SZELAĞ MONIKA	632		GLIWICE	POL	K-20	8	K 46	00:15:34	00:42:05	01:07:56	01:32:40	01:57:26.30	5:33	10.8
380	DROZD KRYSZTIAN	584		JÓZEFÓW	POL	M-40	123	M 334	00:14:25	00:39:56	01:06:32	01:32:37	01:57:32.30	5:34	10.8
381	ZWIERZYŃSKI PIOTR	547	UNATCO	RYBNIK	POL	M-50	50	M 335	00:14:51	00:40:59	01:07:22	01:34:26	01:57:43.70	5:34	10.8
382	KWAPIEN PAWEŁ	588		GLIWICE	POL	M-40	124	M 336	00:15:06	00:41:16	01:07:01	01:32:42	01:57:45.70	5:34	10.8
383	TEICHMANN NORBERT	483		GLIWICE	POL	M-60	13	M 337	00:14:59	00:40:58	01:08:24	01:34:39	01:57:55.80	5:35	10.7
384	BAJKACZ KRZYSZTOF	9		GLIWICE	POL	M-30	117	M 338	00:14:31	00:40:50	01:07:18	01:33:14	01:58:11.40	5:36	10.7
385	ORLIK JERZY	368		GLIWICE	POL	M-60	14	M 339	00:14:17	00:39:51	01:06:22	01:32:45	01:58:12.70	5:36	10.7
386	KRAJEWSKI MICHAŁ	252		GLIWICE	POL	M-40	125	M 340	00:14:57	00:42:10	01:08:56	01:34:41	01:58:15.60	5:36	10.7
387	POPIEL-KRUK ALEKSANDRA	396		GLIWICE	POL	K-40	24	K 47	00:14:56	00:42:09	01:08:57	01:34:43	01:58:18.15	5:36	10.7
388	PATEROK MARCIN	634		RUDA ŚLĄSKA	POL	M-40	126	M 341	00:14:56	00:39:53	01:06:55	01:34:02	01:58:20.45	5:36	10.7
389	REWIUK-KOCUR ANNA	409		GLIWICE	POL	K-40	25	K 48	00:14:28	00:39:28	01:05:57	01:32:21	01:58:22.55	5:36	10.7
390	KISIEL TOMASZ	226		WRZOSOWA	POL	M-50	51	M 342	00:14:14	00:39:51	01:06:33	01:33:09	01:58:23.90	5:36	10.7
391	PODSTUFKA SZYMON	393		GLIWICE	POL	M-20	35	M 343	00:14:42	00:41:00	01:07:42	01:33:56	01:58:32.05	5:37	10.7
392	CZERNEK MAREK	87	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	127	M 344	00:14:11	00:39:54	01:06:42	01:33:06	01:58:32.95	5:37	10.7
393	MAGNER BARTŁOMIEJ	298	BB	GLIWICE	POL	M-40	128	M 345	00:14:56	00:39:54	01:06:55	01:34:03	01:58:33.05	5:37	10.7
394	SMARUJ PIOTR	450		GLIWICE	POL	M-30	118	M 346	00:14:59	00:40:37	01:07:08	01:33:43	01:58:36.75	5:37	10.7
395	STRZELCZYK GRAŻYNA	469		GLIWICE	POL	K-40	26	K 49	00:14:21	00:39:24	01:06:16	01:33:14	01:58:43.90	5:37	10.7
396	OŚIŃSKI PAWEŁ	370	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	129	M 347	00:14:12	00:40:17	01:07:29	01:33:34	01:58:50.70	5:37	10.7
397	ROWIŃSKA EWA	410		KRAKÓW	POL	K-30	14	K 50	00:14:32	00:39:53	01:06:35	01:33:07	01:59:00.55	5:38	10.6
398	MIKUŁA LESZEK	333		GLIWICE	POL	M-40	130	M 348	00:13:44	00:38:50	01:05:23	01:32:15	01:59:02.60	5:38	10.6
399	KUBICA GERARD	607		GLIWICE	POL	M-50	52	M 349	00:13:00	00:37:50	01:03:54	01:31:28	01:59:06.95	5:38	10.6
400	PIKUL PRZEMYSŁAW	67		ZABRZE	POL	M-30	119	M 350	00:14:40	00:41:34	01:07:56	01:34:06	01:59:07.00	5:38	10.6
401	KOCUR ALEKSANDER	233		GLIWICE	POL	M-40	131	M 351	00:14:22	00:40:17	01:06:05	01:32:52	01:59:09.30	5:38	10.6
402	WÓJCIK RAFAŁ	523		GLIWICE	POL	M-40	132	M 352	00:14:30	00:40:45	01:07:39	01:34:16	01:59:12.60	5:38	10.6
403	MADEJSKI SEBASTIAN	296	BORN TU BI LOTAĆ	CHORZÓW	POL	M-40	133	M 353	00:14:50	00:41:38	01:08:24	01:34:39	01:59:21.10	5:39	10.6
404	KULCZYK ANNA	263		ZABRZE	POL	K-30	15	K 51	00:13:57	00:39:22	01:06:07	01:33:23	01:59:24.90	5:39	10.6
405	POKRYSZKA BARTOSZ	395		SOSNOWIEC	POL	M-30	120	M 354	00:13:21	00:38:22	01:04:26	01:31:23	01:59:31.45	5:39	10.6
406	SIKORA MICHAŁ	438		GLIWICE	POL	M-40	134	M 355	00:14:30	00:40:54	01:07:49	01:34:17	01:59:34.45	5:40	10.6
407	RYNIO JESSICA	418		KRAPKOWICE	POL	K-20	9	K 52	00:13:59	00:40:05	01:07:05	01:34:00	01:59:37.00	5:40	10.6
408	KIERA SZYMON	224	TS RUNNERS	CHORZÓW	POL	M-40	135	M 356	00:14:30	00:40:09	01:06:53	01:33:41	01:59:40.95	5:40	10.6
409	KAIM RAFAŁ	199		PSARY	POL	M-20	36	M 357	00:15:15	00:41:23	01:08:13	01:35:05	01:59:43.15	5:40	10.6
410	MIECZNIKOWSKA AGNIESZKA	328		KATOWICE	POL	K-40	27	K 53	00:14:08	00:40:00	01:07:08	01:34:12	01:59:43.70	5:40	10.6
411	BASZUN MICHAŁ	15		GLIWICE	POL	M-40	136	M 358	00:14:46	00:41:57	01:08:45	01:35:28	01:59:49.95	5:40	10.6
412	WIEKIERA ADAM	624		GLIWICE	POL	M-30	121	M 359	00:14:54	00:41:29	01:08:02	01:34:44	01:59:51.90	5:40	10.6
413	JARUGA DAMIAN	185		RYBNIK	POL	M-30	122	M 360	00:14:01	00:39:43	01:07:19	01:33:57	01:59:54.25	5:40	10.6
414	JABŁOŃSKI ŁUKASZ	176		TYCHY	POL	M-30	123	M 361	00:14:02	00:40:03	01:07:08	01:34:22	01:59:58.40	5:41	10.6
415	GRZYWACZ SEBASTIAN	161		RACHOWICE	POL	M-40	137	M 362	00:14:53	00:41:15	01:08:04	01:34:31	02:00:05.30	5:41	10.5
416	AKSAMIT WITOLD	3	BLEES	GLIWICE	POL	M-30	124	M 363	00:14:18	00:40:45	01:07:44	01:34:27	02:00:07.40	5:41	10.5
417	MATULICZ DAMIAN	316		GLIWICE	POL	M-40	138	M 364	00:14:34	00:40:45	01:07:33	01:34:27	02:00:09.45	5:41	10.5
418	KASPEREK MAGDALENA	211		ZABRZE	POL	K-40	28	K 54	00:14:04	00:40:06	01:07:10	01:34:24	02:00:20.50	5:42	10.5
419	SKOREK-BILCZYŃSKA PATRYCJA	446		SIEMIANOWICE ŚLĄSKIE	POL	K-40	29	K 55	00:14:32	00:40:16	01:07:27	01:34:52	02:00:21.55	5:42	10.5
420	MARKOWSKI KAMIL	312		GLIWICE	POL	M-40	139	M 365	00:14:57	00:42:11	01:08:57	01:35:41	02:00:23.65	5:42	10.5
421	MIKUŁA WOJCIECH	332		CHORZÓW	POL	M-30	125	M 366	00:13:54	00:39:56	01:07:16	01:35:02	02:00:23.80	5:42	10.5
422	KRZYSZKOWSKA AGNIESZKA	258		GLIWICE	POL	K-40	30	K 56	00:14:22	00:40:27	01:07:18	01:34:29	02:00:26.75	5:42	10.5
423	LAUBACH ANNA	276	RAAN	KNURÓW	POL	M-30	126	M 367	00:15:54	00:43:29	01:10:53	01:36:43	02:00:26.95	5:42	10.5
424	LAUBACH RADOŚLAW	277	RAAN	KNURÓW	POL	M-30	127	M 368	00:15:54	00:43:29	01:10:54	01:36:44	02:00:27.15	5:42	10.5
425	KAŁAMARZ MARIUSZ	201		GLIWICE	POL	M-40	140	M 369	00:14:35	00:40:29	01:06:34	01:33:40	02:00:43.15	5:43	10.5
426	KREMPA SŁAWOMIR	254		BYTOM	POL	M-30	128	M 370	00:14:14	00:40:00	01:06:22	01:33:51	02:00:46.40	5:43	10.5
427	LASKOWSKA KATARZYNA	273	PACEMAKER	GLIWICE	POL	K-40	31	K 57	00:14:56	00:42:09	01:08:56	01:35:40	02:00:48.85	5:43	10.5
428	MATYSZCZAK KRZYSZTOF	604	TEAM WAŚACZA	KŁOBUCK	POL	M-20	37	M 371	00:13:17	00:37:49	01:03:59	01:32:30	02:00:52.90	5:43	10.5
429	ŚCIBISZ MARTA	480	TKKF SATURN CZELADZ	CZELADZ	POL	K-40	32	K 58	00:14:19	00:40:17	01:07:40	01:34:47	02:00:59.70	5:44	10.5
430	MALCZYK RADOŚLAW	302		BIELSKO - BIAŁA	POL	M-30	129	M 372	00:14:47	00:39:41	01:06:42	01:34:53	02:01:21.00	5:45	10.4
431	STRZODKA ADAM	471		ZABRZE	POL	M-30	130	M 373	00:15:23	00:42:13	01:09:05	01:36:01	02:01:22.30	5:45	10.4

VII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
432	GLIŃSKI MICHAŁ	135		ZABRZE	POL	M-30	131	M 374	00:15:22	00:42:13	01:09:03	01:36:01	02:01:32.55	5:45	10.4
433	CZAJKA EDWARD	81	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-50	53	M 375	00:15:37	00:42:07	01:10:04	01:37:25	02:01:43.50	5:46	10.4
434	KOPPEL BARTŁOMIEJ	238		GLIWICE	POL	M-30	132	M 376	00:15:01	00:41:51	01:08:39	01:35:24	02:01:53.65	5:46	10.4
435	TŁON MARCIN	597		GLIWICE	POL	M-20	38	M 377	00:16:38	00:45:34	01:14:29	01:40:49	02:02:12.10	5:47	10.4
436	STAŃCO JAKUB	614		GLIWICE	POL	M-20	39	M 378	00:15:30	00:42:19	01:08:59	01:35:53	02:02:32.30	5:48	10.3
437	TROCHIMCZYK MARCIN	489		WARSZAWA	POL	M-30	133	M 379	00:14:32	00:41:05	01:08:23	01:35:39	02:02:32.40	5:48	10.3
438	MICHALSKA BOGNA	325		GLIWICE	POL	K-30	16	K 59	00:15:39	00:42:36	01:10:18	01:37:57	02:02:32.85	5:48	10.3
439	ZARZYCKI ROBERT	537		GLIWICE	POL	M-30	134	M 380	00:12:46	00:36:35	01:02:23	01:32:00	02:02:37.80	5:48	10.3
440	SAWICKA ANNA	589		GLIWICE	POL	K-20	10	K 60	00:15:31	00:42:06	01:09:37	01:37:29	02:02:39.20	5:48	10.3
441	JĘDRZEJEWSKA BEATA	193	MIRAZ RACE TEAM	BYTOM	POL	K-40	33	K 61	00:14:07	00:40:19	01:07:49	01:35:55	02:02:39.45	5:48	10.3
442	GAPIŃSKI ROBERT	121		RUDA ŚLĄSKA	POL	M-20	40	M 381	00:14:44	00:41:29	01:08:58	01:36:25	02:02:48.60	5:49	10.3
443	BRZOZOWSKA KATARZYNA	592		KNURÓW	POL	K-40	34	K 62	00:16:47	00:44:32	01:12:00	01:38:38	02:02:52.85	5:49	10.3
444	SZYMURA JACEK	590		KNURÓW	POL	M-40	141	M 382	00:14:28	00:40:23	01:08:09	01:36:14	02:03:16.85	5:50	10.3
445	PIETRZAK MARCIN	383		GLIWICE	POL	M-40	142	M 383	00:14:56	00:42:09	01:08:56	01:35:40	02:03:21.50	5:50	10.3
446	GRZYBOWSKI DAMIAN	159		PYSKOWICE	POL	M-30	135	M 384	00:13:20	00:38:27	01:05:00	01:33:28	02:03:28.00	5:51	10.3
447	GABOR ROBERT	115		CHORZÓW	POL	M-30	136	M 385	00:14:46	00:40:51	01:08:36	01:36:07	02:03:32.20	5:51	10.2
448	WYCISK DAGMARA	527		GLIWICE	POL	K-30	17	K 63	00:14:47	00:41:52	01:09:11	01:37:09	02:03:36.20	5:51	10.2
449	JURETKO AGATA	198		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 64	00:14:25	00:40:27	01:07:07	01:35:26	02:03:36.65	5:51	10.2
450	JANIEC WITOLD	180		ZWONOWICE	POL	M-50	54	M 386	00:14:52	00:40:58	01:07:22	01:34:27	02:03:46.00	5:51	10.2
451	ŁOSEK ADAM	286		WARSZAWA	POL	M-30	137	M 387	00:14:32	00:41:05	01:08:23	01:35:39	02:03:59.60	5:52	10.2
452	MYNARSKA LIGIA	600	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	K-40	35	K 65	00:15:24	00:42:05	01:09:21	01:37:19	02:04:03.75	5:52	10.2
453	JANUSZ AGNIESZKA	583	TAURON TEAM	KATOWICE	POL	K-40	36	K 66	00:15:01	00:41:58	01:09:23	01:37:56	02:04:06.25	5:52	10.2
454	KUCHARCZYK TOMASZ	582		ZABORZE	POL	M-50	55	M 388	00:15:01	00:41:58	01:09:24	01:37:57	02:04:07.50	5:52	10.2
455	ZAWISZA BEATA	540		ŚWIĘTOCHŁOWICE	POL	K-50	3	K 67	00:14:55	00:41:58	01:09:27	01:37:16	02:04:20.25	5:53	10.2
456	DĄBROWSKI MARCIN	92	TEAM KORNEL	GLIWICE	POL	M-40	143	M 389	00:15:38	00:42:00	01:09:31	01:37:25	02:04:21.40	5:53	10.2
457	MAJEWSKA GIZELA	577	NRP	PYSKOWICE	POL	K-50	4	K 68	00:14:45	00:41:11	01:08:44	01:37:02	02:04:35.80	5:54	10.2
458	BRZEZINA ARKADIUSZ	50	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	144	M 390	00:15:25	00:42:23	01:10:18	01:38:12	02:04:56.75	5:55	10.1
459	FEDEROWICZ PIOTR	107		SOSNOWIEC	POL	M-50	56	M 391	00:15:06	00:42:11	01:09:41	01:38:06	02:04:59.45	5:55	10.1
460	BAK KRZYSZTOF	18	SILESIA MARATHON CLUB	MYŚŁOWICE	POL	M-40	145	M 392	00:14:39	00:42:09	01:10:58	01:39:04	02:05:00.45	5:55	10.1
461	MERDA WIKTORIA	322		CHRZANÓW	POL	K-20	12	K 69	00:14:58	00:42:31	01:10:51	01:38:49	02:05:03.05	5:55	10.1
462	MISZTAŁ RAFAŁ	336	LOS PANTALONES ROJOS	CHRZANÓW	POL	M-50	57	M 393	00:14:59	00:42:31	01:10:50	01:38:49	02:05:03.30	5:55	10.1
463	NIESPOREK MARIAN	347	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-60	15	M 394	00:15:36	00:41:59	01:09:45	01:37:42	02:05:13.50	5:56	10.1
464	SZYMAŃSKA MAGDALENA	599		RUDA ŚLĄSKA	POL	K-30	18	K 70	00:14:58	00:41:54	01:10:00	01:37:57	02:05:18.50	5:56	10.1
465	MARMURA MAREK	313	SILESIA MARATON CLUB	CHORZÓW	POL	M-40	146	M 395	00:15:33	00:42:02	01:09:34	01:37:58	02:05:22.15	5:56	10.1
466	OSTROWSKI ZYGMUNT	557		TYCHY	POL	M-60	16	M 396	00:15:08	00:42:51	01:10:37	01:38:31	02:05:25.65	5:56	10.1
467	ŻMUDA MARCIN	552		GLIWICE	POL	M-20	41	M 397	00:15:51	00:44:00	01:12:27	01:40:04	02:05:25.80	5:56	10.1
468	ŻMUDA KRZYSZTOF	553		DĄBROWA GÓRNICZA	POL	M-20	42	M 398	00:15:51	00:44:01	01:12:27	01:40:04	02:05:27.00	5:56	10.1
469	BARWICKA-BŁASZCZYK JOANNA	14		SIEMIANOWICE ŚL	POL	K-40	37	K 71	00:15:10	00:42:40	01:10:52	01:38:44	02:05:28.80	5:56	10.1
470	JORDANEK MARCIN	195		PISARZOWICE	POL	M-30	138	M 399	00:15:02	00:41:58	01:09:12	01:37:38	02:05:43.90	5:57	10.1
471	NOWAK SEBASTIAN	357	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	M-40	147	M 400	00:16:30	00:45:25	01:14:06	01:41:00	02:06:03.45	5:58	10
472	BIAŁASIK MONIKA	27		KOZŁÓW	POL	K-30	19	K 72	00:15:36	00:44:03	01:12:34	01:41:08	02:06:11.40	5:58	10
473	SZPYRKA TOMASZ	476		RUDA ŚLĄSKA	POL	M-30	139	M 401	00:15:46	00:44:14	01:12:36	01:40:16	02:06:11.50	5:58	10
474	WOŹNIAK PAWEŁ	522	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	148	M 402	00:15:51	00:44:27	01:14:13	01:41:51	02:06:19.45	5:59	10
475	MANKA ZOFIA	305		GASZOWICE	POL	K-20	13	K 73	00:15:53	00:44:31	01:14:16	01:41:53	02:06:21.15	5:59	10
476	TYRKA ANNA	490		PANIÓWKI	POL	K-40	38	K 74	00:15:37	00:43:58	01:12:19	01:40:08	02:06:22.30	5:59	10
477	WACHOWSKI DAMIAN	499		BYTOM	POL	M-40	149	M 403	00:15:18	00:41:52	01:09:14	01:37:43	02:06:25.60	5:59	10
478	KROTOS KRZYSZTOF	255	OQS	GLIWICE	POL	M-40	150	M 404	00:14:29	00:41:13	01:09:16	01:38:11	02:06:29.30	5:59	10
479	KRAŃSKA SANDRA	253		WIELICZKA	POL	K-30	20	K 75	00:14:45	00:42:12	01:10:04	01:38:27	02:06:32.80	5:59	10
480	BUGAJ KATARZYNA	56	LAKE RUNNERS	TYCHY	POL	K-40	39	K 76	00:15:36	00:42:56	01:11:35	01:40:18	02:06:40.30	6:00	10
481	KIDABIONEK OLGA	222		NOWE CHECHŁO	POL	K-30	21	K 77	00:15:04	00:42:09	01:10:34	01:39:15	02:06:46.10	6:00	10
482	URBANEK MARTIN	495	ISTA BIEGAMY	SIERAKOWICE	POL	M-30	140	M 405	00:14:17	00:41:05	01:09:13	01:38:06	02:06:46.85	6:00	10
483	KOSIAK MACIEJ	612		GLIWICE	POL	M-40	151	M 406	00:15:04	00:41:13	01:08:54	01:38:14	02:06:52.85	6:00	10
484	LATA MONIKA	275		GRACZE	POL	K-40	40	K 78	00:16:22	00:44:11	01:12:28	01:40:50	02:06:56.50	6:00	10
485	KOWALCZYK TOMASZ	244	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	141	M 407	00:15:24	00:42:23	01:09:52	01:37:48	02:07:04.75	6:01	10
486	GĘBCZYŃSKI OLIWIER	129	GO4IT	GLIWICE	POL	M-20	43	M 408	00:15:20	00:42:41	01:10:44	01:39:02	02:07:05.55	6:01	10

VII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
487	CIEŚLA ARKADIUSZ	73	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	152	M 409	00:13:45	00:37:44	01:04:18	01:34:19	02:07:06.45	6:01	10
488	BOBKOWSKI MACIEJ	37	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-40	153	M 410	00:15:52	00:43:20	01:11:14	01:39:42	02:07:21.80	6:02	9.9
489	DYGOŃ MAŁGORZATA	99	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	41	K 79	00:15:23	00:43:02	01:11:55	01:40:22	02:07:31.30	6:02	9.9
490	STAWSKA JOANNA	464	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	5	K 80	00:15:23	00:43:04	01:11:57	01:40:22	02:07:32.25	6:02	9.9
491	FRUK KAMIL	585		GLIWICE	POL	M-30	142	M 411	00:16:19	00:46:25	01:16:35	01:44:06	02:07:41.55	6:03	9.9
492	ZWOLIŃSKA KATARZYNA	642	HURAGAN LIGOTA	KATOWICE	POL	K-40	42	K 81	00:16:46	00:43:57	01:12:43	01:41:19	02:07:50.60	6:03	9.9
493	GOŁĘBIOWSKI KAZIMIERZ	138	KEMPER TEAM	GLIWICE	POL	M-40	154	M 412	00:15:35	00:43:11	01:12:36	01:40:53	02:07:57.60	6:03	9.9
494	BRUDKOWSKI TOMASZ	49	MOKA	GLIWICE	POL	M-30	143	M 413	00:15:38	00:44:28	01:12:11	01:40:17	02:08:10.05	6:04	9.9
495	LINDENBERG JAROSŁAW	587		GLIWICE	POL	M-30	144	M 414	00:15:36	00:44:10	01:12:40	01:41:14	02:08:19.10	6:04	9.9
496	PIŁAT JAROSŁAW	388	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	155	M 415	00:15:47	00:44:22	01:12:53	01:41:28	02:08:33.60	6:05	9.8
497	MACZUGA BARTŁOMIEJ	294	PACEMAKER	GLIWICE	POL	M-30	145	M 416	00:15:48	00:44:23	01:12:54	01:41:30	02:08:33.65	6:05	9.8
498	ŁATAK - SKRABUT BASIA	284	PACEMAKER	GLIWICE	POL	K-40	43	K 82	00:15:49	00:44:23	01:12:54	01:41:29	02:08:34.05	6:05	9.8
499	KILAR-HOSZOWSKA SABINA	225	MEDUZY	TARNOWSKIE GÓRY	POL	K-30	22	K 83	00:15:32	00:43:25	01:12:14	01:41:10	02:08:40.55	6:05	9.8
500	JEZIOR BARTOSZ	192		GLIWICE	POL	M-30	146	M 417	00:14:31	00:41:37	01:10:14	01:38:55	02:08:40.55	6:05	9.8
501	MARYNIAK- KOLINSKI MARIOLA	314		STADE	GER	K-40	44	K 84	00:14:59	00:43:02	01:12:07	01:40:52	02:09:14.05	6:07	9.8
502	WÓJCIK JÓZEFA	524	GCE GLIWICE	GLIWICE	POL	K-50	6	K 85	00:15:03	00:42:15	01:11:19	01:40:57	02:09:25.15	6:08	9.8
503	WHITE ASHLEY	508	KLUB BIEGACZA FARTLEK	JASTRZĘBIE-ZDRÓJ	USA	K-40	45	K 86	00:15:42	00:44:23	01:13:49	01:42:41	02:09:43.75	6:08	9.8
504	SAPA LUCJAN	428		KRAKÓW	POL	M-50	58	M 418	00:15:15	00:42:53	01:11:43	01:41:09	02:09:55.80	6:09	9.7
505	KALINOWSKI KRZYSZTOF	200	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	156	M 419	00:15:05	00:42:15	01:10:25	01:40:48	02:10:04.65	6:09	9.7
506	BUFNAŁ KRZYSZTOF	55		GLIWICE	POL	M-40	157	M 420	00:15:11	00:42:14	01:10:32	01:40:10	02:10:06.90	6:09	9.7
507	GIERAS MIROSLAW	131		GLIWICE	POL	M-40	158	M 421	00:15:37	00:44:03	01:12:53	01:41:41	02:10:10.90	6:10	9.7
508	SEREDA MACIEJ	575		PRZEWORSK	POL	M-20	44	M 422	00:15:48	00:44:17	01:13:21	01:41:25	02:10:13.95	6:10	9.7
509	ŻYGŁOWICZ SYLWIA	555		MYSŁOWICE	POL	K-30	23	K 87	00:15:47	00:44:11	01:13:04	01:43:13	02:11:03.50	6:12	9.7
510	CETERA KAMILA	65		GLIWICE	POL	K-40	46	K 88	00:15:49	00:44:24	01:13:08	01:42:04	02:11:12.50	6:13	9.6
511	GLADKOWSKA MALGORZATA	134		GLIWICE	POL	K-30	24	K 89	00:14:54	00:42:30	01:12:10	01:43:07	02:11:14.20	6:13	9.6
512	METERA KAMIL	586	SPARTAN KNURÓW	GLIWICE	POL	M-30	147	M 423	00:15:33	00:42:08	01:11:02	01:42:09	02:11:30.95	6:13	9.6
513	DESZCZYŃSKI ŁUKASZ	94		MYSŁOWICE	POL	M-30	148	M 424	00:14:39	00:41:21	01:11:06	01:41:59	02:11:42.50	6:14	9.6
514	ONOPIUK NATALIA	366		KOZŁÓW	POL	K-30	25	K 90	00:15:35	00:44:04	01:12:35	01:42:03	02:11:46.60	6:14	9.6
515	WOSIAK KATARZYNA	521		GLIWICE	POL	K-30	26	K 91	00:14:45	00:41:34	01:10:17	01:40:51	02:11:51.35	6:14	9.6
516	WILCZEK MAŁGORZATA	513		GLIWICE	POL	K-30	27	K 92	00:15:57	00:44:30	01:14:24	01:44:16	02:11:53.50	6:15	9.6
517	BAJOR AGNIESZKA	10		KRAKÓW	POL	K-30	28	K 93	00:15:41	00:43:56	01:12:49	01:42:19	02:12:19.10	6:16	9.6
518	SZYMALA PIOTR	478		ZAWIERCIE	POL	M-20	45	M 425	00:15:37	00:44:12	01:13:50	01:43:33	02:12:32.90	6:16	9.6
519	ZMARZLY WIKTOR	546		DĄBROWA GÓRNICZA	POL	M-40	159	M 426	00:15:12	00:42:46	01:13:02	01:43:51	02:12:38.90	6:17	9.5
520	BUCHAŁ KATARZYNA	53		ZERNICA	POL	K-50	7	K 94	00:15:44	00:44:23	01:14:30	01:44:28	02:13:04.15	6:18	9.5
521	MAĆKOWIAK MIROSLAW	295	NIEZRZESZONY	KNURÓW	POL	M-60	17	M 427	00:15:35	00:43:50	01:13:06	01:43:30	02:13:16.55	6:18	9.5
522	OGAZA MAŁGORZATA	364		KOZŁÓW	POL	K-40	47	K 95	00:15:38	00:44:05	01:13:49	01:44:20	02:13:26.45	6:19	9.5
523	GIBAS DAWID	130	SOCIOS SILESIA	GLIWICE	POL	M-40	160	M 428	00:14:48	00:42:56	01:13:38	01:44:18	02:13:40.30	6:20	9.5
524	SKOPOWSKA KLAUDIA	445	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	K-50	8	K 96	00:16:04	00:44:55	01:14:42	01:44:21	02:13:47.50	6:20	9.5
525	STRZELECKI RAFAŁ	470	SOCIOS SILESIA	GLIWICE	POL	M-30	149	M 429	00:15:23	00:41:46	01:09:15	01:39:48	02:13:48.00	6:20	9.5
526	MENDLA ANNA	320		CZERWIONKA-LESZCZYNY	POL	K-30	29	K 97	00:15:12	00:43:26	01:13:12	01:43:43	02:13:58.00	6:20	9.5
527	ANTCZAK KRZYSZTOF	4		BYTOM	POL	M-40	161	M 430	00:15:58	00:44:50	01:14:57	01:45:21	02:13:58.45	6:20	9.5
528	STANKIEWICZ JAKUB	461		GLIWICE	POL	M-20	46	M 431	00:17:22	00:47:57	01:18:24	01:48:11	02:14:14.70	6:21	9.4
529	BATEJKO BEATA	16	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-40	48	K 98	00:15:46	00:44:48	01:14:28	01:44:32	02:14:16.00	6:21	9.4
530	WLACH ANNA	516	PACEMAKER	GLIWICE	POL	K-40	49	K 99	00:15:48	00:44:50	01:14:39	01:44:33	02:14:20.25	6:21	9.4
531	FRUK NATALIA	113		GLIWICE	POL	K-30	30	K 100	00:16:19	00:46:24	01:16:34	01:46:37	02:14:24.10	6:22	9.4
532	ZARYCHTA ŁUKASZ	536	FAT MAMA'S SPORT KLUB	BYTOM	POL	M-40	162	M 432	00:14:53	00:42:07	01:11:03	01:42:57	02:14:27.40	6:22	9.4
533	ZAWIŁA AGNIESZKA	539		KATOWICE	POL	K-30	31	K 101	00:16:14	00:44:30	01:14:16	01:44:28	02:14:34.65	6:22	9.4
534	GUZGAN WOJCIECH	164		KATOWICE	POL	M-40	163	M 433	00:15:04	00:41:33	01:08:54	01:39:01	02:14:35.45	6:22	9.4
535	LISZKA ELA	282	PACEMAKER	JEJKOWICE	POL	K-40	50	K 102	00:15:49	00:44:50	01:14:40	01:44:41	02:14:43.50	6:23	9.4
536	SUSEL ALEK	646		RUDA ŚLĄSKA	POL	M-30	150	M 434	00:17:09	00:42:55	01:15:17	01:42:35	02:14:45.00	6:23	9.4
537	HEINRICH ŻANETA	165		KOZŁÓW	POL	K-20	14	K 103	00:15:36	00:44:06	01:13:19	01:44:22	02:14:48.75	6:23	9.4
538	RAKOWSKI MICHAŁ	406		TYCHY	POL	M-20	47	M 435	00:13:16	00:36:55	01:02:36	01:34:03	02:14:51.95	6:23	9.4
539	PACUŁA PIOTR	373	AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM	GLIWICE	POL	M-60	18	M 436	00:13:43	00:38:13	01:03:39	01:37:26	02:14:53.30	6:23	9.4
540	PIĄTY KAMIL	381		MIKOŁÓW	POL	M-40	164	M 437	00:14:52	00:42:06	01:09:45	01:42:23	02:15:00.55	6:23	9.4

VII PÓŁMARATON GLIWICKI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
541	LATA PIOTR	274		GRACZE	POL	M-40	165	M 438	00:16:22	00:45:41	01:16:05	01:46:38	02:15:19.15	6:24	9.4
542	ZIAJA ROBERT	543	ROBERT ALKOHOLIK	SIEMIANOWICE ŚLĄSKIE	POL	M-40	166	M 439	00:15:45	00:44:22	01:13:09	01:44:08	02:15:34.15	6:25	9.3
543	KRZYWDA TOMASZ	259		ŚWIĘTOCHŁOWICE	POL	M-50	59	M 440	00:15:45	00:44:23	01:13:10	01:44:11	02:15:35.10	6:25	9.3
544	GROMADZKA JUSTYNA	151	KOBIETY WATAHY	BYTOM	POL	K-30	32	K 104	00:14:55	00:42:59	01:12:54	01:44:08	02:15:41.90	6:25	9.3
545	KLEPCZYŃSKA SABINA	228		RYBNIK	POL	K-40	51	K 105	00:15:48	00:44:50	01:14:39	01:45:28	02:15:55.25	6:26	9.3
546	KUZMYŃSKA KATERYNA	619		GLIWICE	POL	K-30	33	K 106	00:15:11	00:43:31	01:14:22	01:46:19	02:16:57.70	6:29	9.2
547	WOJDANOWSKA MAŁGORZATA	517	LECZYMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	34	K 107	00:15:38	00:43:33	01:14:53	01:47:39	02:17:22.85	6:30	9.2
548	KOKOT JUSTYNA	572		RUDA ŚLĄSKA	POL	K-40	52	K 108	00:15:46	00:44:42	01:15:36	01:47:05	02:17:48.65	6:31	9.2
549	KACZKIEWICZ DAMIAN	630	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	167	M 441	00:15:36	00:44:30	01:14:23	01:46:23	02:17:50.15	6:31	9.2
550	GUŚCIORA MACIEJ	163		GLIWICE	POL	M-20	48	M 442	00:14:53	00:43:57	01:14:08	01:46:24	02:18:02.25	6:32	9.2
551	BŁAUT-KUBANEK ANNA	35		RUDA ŚLĄSKA	POL	K-40	53	K 109	00:15:46	00:44:25	01:14:44	01:46:13	02:18:05.35	6:32	9.2
552	KOZACZKA WŁODZIMIERZ	248		GLIWICE	POL	M-40	168	M 443	00:16:09	00:44:47	01:14:24	01:44:56	02:18:08.55	6:32	9.2
553	WOLIŃSKI JÓZEF	519		GLIWICE	POL	M-50	60	M 444	00:16:43	00:46:21	01:17:09	01:48:03	02:18:34.50	6:34	9.1
554	BŁAUT JERZY	36	IX LO	CZĘSTOCHOWA	POL	M-50	61	M 445	00:15:24	00:43:40	01:14:25	01:46:23	02:18:57.05	6:35	9.1
555	GARBACZ ASIA	123		GLIWICE	POL	K-30	35	K 110	00:15:50	00:45:13	01:16:32	01:48:29	02:19:22.85	6:36	9.1
556	WACŁAWIK LESZEK	500		OSTRAVA	CZE	M-30	151	M 446	00:16:02	00:45:34	01:16:47	01:48:49	02:19:32.75	6:36	9.1
557	WDZIĘKOŃSKI RAFAŁ	506		BYTOM	POL	M-40	169	M 447	00:15:33	00:44:17	01:14:23	01:47:44	02:19:36.20	6:36	9.1
558	NIEDBALSKA SANDRA	345		MŁOSZOWA	POL	K-30	36	K 111	00:15:50	00:45:25	01:17:04	01:49:02	02:19:56.50	6:37	9
559	SOBIERAJ WOJCIECH	454	VIASAT MONITORING	IMIELIN	POL	M-40	170	M 448	00:15:47	00:44:26	01:14:38	01:46:18	02:20:30.65	6:39	9
560	UH KUBA	493		BĘDZIN	POL	M-30	152	M 449	00:15:51	00:44:28	01:14:34	01:48:02	02:21:49.45	6:43	8.9
561	SKOCZYŁAS TOMASZ	444	WOLNOBIEGACZE	MIASTECZKO ŚLĄSKIE	POL	M-50	62	M 450	00:15:50	00:44:52	01:15:53	01:48:39	02:21:51.05	6:43	8.9
562	CHAFFARI MESSAOUD	66		GLIWICE	POL	M-20	49	M 451	00:15:12	00:42:13	01:11:10	01:46:38	02:22:23.20	6:44	8.9
563	PIECHOWICZ-KUROWSKA AGATA	382		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:45	01:21:30	01:53:24	02:23:09.40	6:47	8.8
564	ŚWIDEREK ALEKSANDRA	481		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.40	6:47	8.8
565	KARNIA AGNIESZKA	209		GLIWICE	POL	K-30	39	K 114	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.65	6:47	8.8
566	SKRZĄTEK KATARZYNA	448		GLIWICE	POL	K-20	15	K 115	00:16:02	00:45:28	01:17:45	01:51:36	02:23:14.50	6:47	8.8
567	CIEŚLIK JAKUB	603		ŁĄCZANY	POL	M-30	153	M 452	00:15:49	00:44:07	01:14:01	01:47:36	02:23:49.90	6:48	8.8
568	ZIAJKA KAMIL	631		KATOWICE	POL	M-20	50	M 453	00:15:34	00:42:05	01:08:26	01:45:16	02:24:50.85	6:51	8.7
569	PALAK RAFAŁ	375		GLIWICE	POL	M-30	154	M 454	01:21:53	01:54:29			02:25:05.60	6:52	8.7
570	SITKO DAGMARA	440		JĄSTRZĘBIE-ZDRÓJ	POL	K-30	40	K 116	00:17:24	00:49:48	01:22:54	01:56:19	02:26:18.65	6:56	8.7
571	KASPEREK IRENEUSZ	212		ZABRZE	POL	M-40	171	M 455	00:17:30	00:49:54	01:22:59	01:56:25	02:26:21.15	6:56	8.7
572	HEINE ANDRZEJ	565	PKO BANK POLSKI	RYBNIK	POL	M-40	172	M 456	00:13:05	00:46:37	01:24:23	01:57:29	02:26:30.35	6:56	8.6
573	MIGDAŁ IWONA	330	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	54	K 117	00:16:36	00:47:30	01:20:33	01:54:27	02:26:38.10	6:56	8.6
574	WACŁAWEK TOMEK	399	TEAM TOMSON	GLIWICE	POL	M-20	51	M 457	00:15:52	00:46:01	01:18:21	01:52:22	02:26:41.65	6:57	8.6
575	BIEGUN KRZYSZTOF	30		ŻYWIEC	POL	M-50	63	M 458	00:16:40	00:47:04	01:20:25	01:54:15	02:27:19.40	6:58	8.6
576	BEDNAREK KRZYSZTOF	20		ŚWIĘTOCHŁOWICE	POL	M-30	155	M 459	00:16:25	00:46:14	01:17:52	01:52:32	02:27:39.60	6:59	8.6
577	CIUK IWONA	618	BIEGAJ Z TRENERAMI!	GLIWICE	POL	K-50	9	K 118	00:16:41	00:47:57	01:21:19	01:55:00	02:27:52.80	7:00	8.6
578	JASIŃSKA KLAUDIA	187	AKTYWNI SUCHA GÓRA	BYTOM	POL	K-40	55	K 119	00:16:48	00:47:24	01:20:24	01:54:17	02:28:21.90	7:01	8.5
579	ZEMŁA PIOTR	542		GLIWICE	POL	M-50	64	M 460	00:16:23	00:47:36	01:20:43	01:54:56	02:28:24.75	7:01	8.5
580	POGORZELSKA-KLIKS AGATA	394		SOSNOWIEC	POL	K-40	56	K 120	00:17:28	00:49:53	01:23:13	01:56:32	02:28:49.80	7:03	8.5
581	JUNGA JOANNA	629		GLIWICE	POL	K-20	16	K 121	00:17:47	00:50:27	01:23:09	01:57:10	02:29:06.95	7:03	8.5
582	SZEWCIK ZBIGNIEW	475		ZABRZE	POL	M-30	156	M 461	00:16:03	00:45:58	01:18:26	01:52:35	02:31:45.65	7:11	8.3
583	KRUKOWSKA MONIKA	256		SOSNOWIEC	POL	K-30	41	K 122	00:16:47	00:49:08	01:24:33	01:58:12	02:33:49.40	7:17	8.2
584	FABRY RAFAŁ	104		GLIWICE	POL	M-40	173	M 462	00:16:53	00:49:26	01:23:50	02:00:20	02:34:46.35	7:20	8.2
585	MAŁOTA BARTŁOMEJ	304		SIEWIERZ	POL	M-30	157	M 463	00:16:47	00:49:07	01:24:34		02:35:15.70	7:21	8.2
586	BRODA ZUZANNA	43		TYCHY	POL	K-20	17	K 123	00:18:46	00:50:49	01:28:05	02:01:35	02:37:29.80	7:27	8
587	KUZIA BOGUSŁAW	268		MYSŁOWICE	POL	M-50	65	M 464	00:17:28	00:50:06	01:24:35	02:00:59	02:37:33.10	7:28	8
588	BRODA HANNA	44	#FLOWBEZBARIER	KATOWICE	POL	K-30	42	K 124	00:21:04	00:53:48	01:29:54	02:06:09	02:44:13.15	7:46	7.7
589	KASPRZYK AGNIESZKA	215		GLIWICE	POL	K-30	43	K 125	00:17:37	00:52:58	01:28:11	02:06:26	02:47:23.75	7:55	7.6
590	GŁĄB MARIOLA	136		GLIWICE	POL	K-30	44	K 126	00:17:46	00:52:47	01:31:03	02:10:47	02:48:56.15	8:00	7.5
591	WĘGIEL KACPER	507	KB ORŁY Z KNUROWA	MIKOŁÓW	POL	M-20	52	M 465	00:18:30	00:54:07	01:34:20	02:13:40	02:50:54.40	8:05	7.4
592	BEDNAREK MARTIN	21	STARY HANGAR	STANICA	POL	M-20	53	M 466	00:10:34	00:32:01				4:26	13.5
593	KOŁODZIEJCZYK MONIKA	234	JURA TEAM	PRZEGINIA	POL	K-30	45	K 127	00:13:57	00:38:13				5:18	11.3
594	SITKO GRZEGORZ	441		CHORZÓW	POL	M-30	158	M 467	00:15:23	00:44:08				6:07	9.8
595	GÓRKA GRZEGORZ	145		BYTOM	POL	M-50	66	M 468	00:18:48	00:56:33				7:51	7.6
596	GRABA KATARZYNA	146	TURBORÓWKA	MIKOŁÓW	POL	K-20	18	K 128	01:17:01					30:48	1.9

VII PÓLMARATON GLIWICKI, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	GRIMAN JOANNA	149	MOJYZYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:10:03	00:28:17	00:47:24	01:06:12	01:24:05.85	3:59	15.1
2	SMITH KELLI	635		KEDZIERZYN-KOZLE	POL	K-30	1	K 2	00:10:24	00:29:19	00:48:56	01:08:17	01:26:26.80	4:05	14.6
3	JANOWSKA MICHALINA	182	MOJYZYSZ TEAM / JEJKOWICE BIEGAJA	JEJKOWICE	POL	K-30	2	K 3	00:10:51	00:30:05	00:49:34	01:08:33	01:27:05.55	4:07	14.5
4	BROL DOMINIKA	48		SIEMIANOWICE	POL	K-30	3	K 4	00:11:01	00:30:54	00:51:03	01:10:44	01:29:08.50	4:13	14.2
5	BAÑBOR ALEKSANDRA	11	EX TEAM	KNURÓW	POL	K-20	1	K 5	00:11:02	00:30:58	00:51:17	01:11:15	01:29:45.30	4:15	14.1
6	WYLEŻAŁEK ALINA	528		GLIWICE	POL	K-30	4	K 6	00:11:19	00:31:24	00:51:53	01:12:07	01:31:27.50	4:20	13.8
7	KONIECZNA ANNA	236		GLIWICE	POL	K-20	2	K 7	00:11:04	00:31:37	00:52:41	01:13:21	01:32:34.95	4:23	13.7
8	SZEWCZYK URSZULA	474	GREEN BELT RUNNER TEAM	KATOWICE	POL	K-40	2	K 8	00:11:34	00:33:18	00:55:25	01:17:33	01:38:44.25	4:40	12.8
9	BINIENDA AGNIESZKA	32	KOBIETY WATAHY	ZABRZE	POL	K-40	3	K 9	00:11:56	00:33:41	00:55:40	01:17:59	01:39:31.55	4:42	12.7
10	LECHOCKA PATRYCJA	278	INŻYNIERIA BIEGANIA/ EKO-OKNA RUNNERS	PSZÓW	POL	K-30	5	K 10	00:11:56	00:33:53	00:56:13	01:18:44	01:40:11.70	4:44	12.6
11	NOREK-CISZAK BEATA	353	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	4	K 11	00:12:37	00:35:14	00:58:06	01:20:51	01:42:10.65	4:50	12.4
12	POWROŻNA MARIOLA	397	NIGHT RUNNERS ŚLĄSK	KATOWICE	POL	K-40	5	K 12	00:12:32	00:34:52	00:57:48	01:20:54	01:43:33.60	4:54	12.2
13	BOBROWSKA MAŁGOSIA	602	ROZWADZA PŁYWANIE	KRAPKOWICE	POL	K-40	6	K 13	00:12:32	00:35:16	00:58:08	01:21:24	01:43:51.55	4:55	12.2
14	RUSAKOWICZ SYLWIA	415	GARAGEGYM KRAPKOWICE	KRAPKOWICE	POL	K-40	7	K 14	00:12:33	00:35:15	00:58:08	01:21:35	01:44:18.20	4:56	12.1
15	BUJAK MAGDALENA	58	NIGHT RUNNERS PYSKOWICE / KP LABS	42-612	POL	K-30	6	K 15	00:12:57	00:35:23	00:58:43	01:22:14	01:45:06.30	4:58	12
16	KOMÓR KINGA	235		BYTOM	POL	K-20	3	K 16	00:12:25	00:35:08	00:58:55	01:23:08	01:45:29.50	4:59	12
17	KASPRZAK MARTYNA	214	GREEN BELT RUNNER TEAM	CHORZÓW	POL	K-30	7	K 17	00:13:50	00:37:46	01:01:37	01:24:41	01:46:16.05	5:02	11.9
18	OLEŚ-ZDECHLIK BEATA	365		ŚWIĘTOCHŁOWICE	POL	K-30	8	K 18	00:13:11	00:36:55	01:01:43	01:26:13	01:49:11.45	5:10	11.6
19	BLASZKE BEATA	34	PACEMAKER	GLIWICE	POL	K-40	8	K 19	00:13:22	00:37:58	01:02:37	01:27:01	01:49:30.60	5:11	11.6
20	JANOWSKA KAROLINA	183	KB ORLY Z KNUROW	KNURÓW	POL	K-20	4	K 20	00:12:19	00:35:08	01:00:03	01:25:22	01:49:52.60	5:12	11.5
21	WRÓBLEWSKA EWA	526		GLIWICE	POL	K-50	1	K 21	00:13:45	00:37:34	01:02:06	01:27:04	01:50:37.35	5:14	11.4
22	PIETRZYK ALEKSANDRA	384	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	9	K 22	00:13:19	00:37:11	01:01:55	01:26:54	01:51:29.15	5:17	11.4
23	NIŹNIKIEWICZ ELŻBIETA	351		KLESZCZÓW	POL	K-40	10	K 23	00:13:27	00:38:00	01:03:12	01:28:12	01:51:43.45	5:17	11.3
24	BROZYNA MAGDALENA	621	CO JA TU ROBIĘ?	GLIWICE	POL	K-30	9	K 24	00:13:57	00:37:21	01:01:32	01:26:40	01:51:46.00	5:17	11.3
25	GRACH ALEKSANDRA	148		44-105	POL	K-40	11	K 25	00:13:23	00:37:56	01:02:56	01:28:09	01:51:54.50	5:18	11.3
26	CZARDYBON LAURA	84		SOŚNICOWICE	POL	K-40	12	K 26	00:13:33	00:38:02	01:03:21	01:28:11	01:52:01.30	5:18	11.3
27	PISULA BEATA	389		BYTOM	POL	K-50	2	K 27	00:13:42	00:37:48	01:02:40	01:28:02	01:52:10.15	5:18	11.3
28	KAMSKA MAŁGORZATA	206	GAMBAZ TEAM	GLIWICE	POL	K-30	10	K 28	00:13:49	00:37:54	01:03:20	01:28:49	01:53:11.00	5:21	11.2
29	CABAŃSKA DOROTA	62		ŁOMIAŃKI	POL	K-40	13	K 29	00:13:38	00:37:47	01:03:01	01:28:38	01:53:17.80	5:22	11.2
30	GOŹDZIŃSKA MAGDALENA	143		GLIWICE	POL	K-40	14	K 30	00:13:28	00:37:57	01:02:45	01:27:55	01:54:02.65	5:24	11.1
31	ZACHARIASZ AGNIESZKA	530		GRÓDKÓW	POL	K-30	11	K 31	00:13:28	00:38:05	01:02:57	01:28:49	01:54:03.65	5:24	11.1
32	RYZYŃSKA ANETA	422		GLIWICE	POL	K-40	15	K 32	00:13:51	00:38:30	01:04:09	01:29:44	01:54:35.15	5:25	11
33	NOWAK KATARZYNA	356		ŻARKI	POL	K-20	5	K 33	00:14:29	00:39:11	01:04:43	01:30:46	01:54:50.60	5:26	11
34	MARCINIAK PAULINA	309		GLIWICE	POL	K-30	12	K 34	00:14:21	00:39:26	01:04:56	01:30:28	01:55:10.55	5:27	11
35	MUSIAŁ BOZENA	340		ZABRZE	POL	K-40	16	K 35	00:14:06	00:39:28	01:05:20	01:31:14	01:55:25.65	5:28	11
36	SKUPIEŃ IZA	449	ALBATROSY	WARSZAWA	POL	K-40	17	K 36	00:14:57	00:42:09	01:08:21	01:32:56	01:56:01.05	5:29	10.9
37	CHROBASIK MONIKA	71		SIEMIANOWICE ŚLĄSKIE	POL	K-40	18	K 37	00:13:58	00:39:09	01:04:57	01:31:10	01:56:08.85	5:30	10.9
38	LEDWOŃ ANETA	279		GLIWICE	POL	K-40	19	K 38	00:13:29	00:38:43	01:05:16	01:31:17	01:56:10.00	5:30	10.9
39	KOZIĘLSKA MAGDALENA	250		WARSZAWA	POL	K-20	6	K 39	00:14:12	00:40:07	01:06:26	01:32:21	01:56:14.20	5:30	10.9
40	SIEKIERKA KAROLINA	436		SŁUPSKO	POL	K-40	20	K 40	00:14:18	00:39:53	01:06:20	01:32:21	01:56:15.20	5:30	10.9
41	CIOK ANNA	76		GLIWICE	POL	K-40	21	K 41	00:14:12	00:39:22	01:05:06	01:31:35	01:56:29.95	5:31	10.9
42	PALMOWSKA AGNIESZKA	378	PHD RUNNERS	GLIWICE	POL	K-30	13	K 42	00:14:16	00:40:02	01:06:52	01:32:57	01:56:48.50	5:32	10.8
43	MUSIOŁ HELENA	342		RYBNIK	POL	K-40	22	K 43	00:13:55	00:39:26	01:06:05	01:32:02	01:57:05.00	5:32	10.8
44	BASIAGA ANITA	609		KATOWICE	POL	K-20	7	K 44	00:14:53	00:41:15	01:07:49	01:33:22	01:57:08.65	5:33	10.8
45	KWIATKOWSKA KATARZYNA	270		ŻERNICA	POL	K-40	23	K 45	00:13:48	00:38:57	01:05:19	01:31:56	01:57:13.50	5:33	10.8
46	SZELAĞ MONIKA	632		GLIWICE	POL	K-20	8	K 46	00:15:34	00:42:05	01:07:56	01:32:40	01:57:26.30	5:33	10.8
47	POPIEL-KRUK ALEKSANDRA	396		GLIWICE	POL	K-40	24	K 47	00:14:56	00:42:09	01:08:57	01:34:43	01:58:18.15	5:36	10.7
48	REWIUK-KOCUR ANNA	409		GLIWICE	POL	K-40	25	K 48	00:14:28	00:39:28	01:05:57	01:32:21	01:58:22.55	5:36	10.7
49	STRZELCZYK GRAŻYNA	469		GLIWICE	POL	K-40	26	K 49	00:14:21	00:39:24	01:06:16	01:33:14	01:58:43.90	5:37	10.7
50	ROWIŃSKA EWA	410		KRAKÓW	POL	K-30	14	K 50	00:14:32	00:39:53	01:06:35	01:33:07	01:59:00.55	5:38	10.6
51	KULCZYK ANNA	263		ZABRZE	POL	K-30	15	K 51	00:13:57	00:39:22	01:06:07	01:33:23	01:59:24.90	5:39	10.6
52	RYNIO JESSICA	418		KRAPKOWICE	POL	K-20	9	K 52	00:13:59	00:40:05	01:07:05	01:34:00	01:59:37.00	5:40	10.6
53	MIECZNIKOWSKA AGNIESZKA	328		KATOWICE	POL	K-40	27	K 53	00:14:08	00:40:00	01:07:08	01:34:12	01:59:43.70	5:40	10.6
54	KASPEREK MAGDALENA	211		ZABRZE	POL	K-40	28	K 54	00:14:04	00:40:06	01:07:10	01:34:24	02:00:20.50	5:42	10.5

VII PÓŁMARATON GLIWICKI, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
55	SKOREK-BILCZYŃSKA PATRYCJA	446		SIEMIANOWICE ŚLĄSKIE	POL	K-40	29	K 55	00:14:32	00:40:16	01:07:27	01:34:52	02:00:21.55	5:42	10.5
56	KRZYSZKOWSKA AGNIESZKA	258		GLIWICE	POL	K-40	30	K 56	00:14:22	00:40:27	01:07:18	01:34:29	02:00:26.75	5:42	10.5
57	LASKOWSKA KATARZYNA	273	PACEMAKER	GLIWICE	POL	K-40	31	K 57	00:14:56	00:42:09	01:08:56	01:35:40	02:00:48.85	5:43	10.5
58	ŚCIBISZ MARTA	480	TKKF SATURN CZELADZ	CZELADZ	POL	K-40	32	K 58	00:14:19	00:40:17	01:07:40	01:34:47	02:00:59.70	5:44	10.5
59	MICHALSKA BOGNA	325		GLIWICE	POL	K-30	16	K 59	00:15:39	00:42:36	01:10:18	01:37:57	02:02:32.85	5:48	10.3
60	SAWICKA ANNA	589		GLIWICE	POL	K-20	10	K 60	00:15:31	00:42:06	01:09:37	01:37:29	02:02:39.20	5:48	10.3
61	JĘDRZEJEWSKA BEATA	193	MIRAZ RACE TEAM	BYTOM	POL	K-40	33	K 61	00:14:07	00:40:19	01:07:49	01:35:55	02:02:39.45	5:48	10.3
62	BRZOZOWSKA KATARZYNA	592		KNURÓW	POL	K-40	34	K 62	00:16:47	00:44:32	01:12:00	01:38:38	02:02:52.85	5:49	10.3
63	WYCISK DAGMARA	527		GLIWICE	POL	K-30	17	K 63	00:14:47	00:41:52	01:09:11	01:37:09	02:03:36.20	5:51	10.2
64	JURETKO AGATA	198		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 64	00:14:25	00:40:27	01:07:07	01:35:26	02:03:36.65	5:51	10.2
65	MYNARSKA LIGIA	600	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	K-40	35	K 65	00:15:24	00:42:05	01:09:21	01:37:19	02:04:03.75	5:52	10.2
66	JANUSZ AGNIESZKA	583	TAURON TEAM	KATOWICE	POL	K-40	36	K 66	00:15:01	00:41:58	01:09:23	01:37:56	02:04:06.25	5:52	10.2
67	ZAWISZA BEATA	540		ŚWIĘTOCHŁOWICE	POL	K-50	3	K 67	00:14:55	00:41:58	01:09:27	01:37:16	02:04:20.25	5:53	10.2
68	MAJEWSKA GIZELA	577	NRP	PYSKOWICE	POL	K-50	4	K 68	00:14:45	00:41:11	01:08:44	01:37:02	02:04:35.80	5:54	10.2
69	MERDA WIKTORIA	322		CHRZANÓW	POL	K-20	12	K 69	00:14:58	00:42:31	01:10:51	01:38:49	02:05:03.05	5:55	10.1
70	SZYMAŃSKA MAGDALENA	599		RUDA ŚLĄSKA	POL	K-30	18	K 70	00:14:58	00:41:54	01:10:00	01:37:57	02:05:18.50	5:56	10.1
71	BARWICKA-BŁASZCZYK JOANNA	14		SIEMIANOWICE ŚL	POL	K-40	37	K 71	00:15:10	00:42:40	01:10:52	01:38:44	02:05:28.80	5:56	10.1
72	BIAŁASIK MONIKA	27		KOZŁÓW	POL	K-30	19	K 72	00:15:36	00:44:03	01:12:34	01:41:08	02:06:11.40	5:58	10
73	MAŃKA ZOFIA	305		GASZOWICE	POL	K-20	13	K 73	00:15:53	00:44:31	01:14:16	01:41:53	02:06:21.15	5:59	10
74	TYRKA ANNA	490		PANIÓWKI	POL	K-40	38	K 74	00:15:37	00:43:58	01:12:19	01:40:08	02:06:22.30	5:59	10
75	KRAŃSKA SANDRA	253		WIELICZKA	POL	K-30	20	K 75	00:14:45	00:42:12	01:10:04	01:38:27	02:06:32.80	5:59	10
76	BUGAJ KATARZYNA	56	LAKE RUNNERS	TYCHY	POL	K-40	39	K 76	00:15:36	00:42:56	01:11:35	01:40:18	02:06:40.30	6:00	10
77	KIDABIONEK OLGA	222		NOWE CHECHŁO	POL	K-30	21	K 77	00:15:04	00:42:09	01:10:34	01:39:15	02:06:46.10	6:00	10
78	LATA MONIKA	275		GRACZE	POL	K-40	40	K 78	00:16:22	00:44:11	01:12:28	01:40:50	02:06:56.50	6:00	10
79	DYGOŃ MAŁGORZATA	99	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	41	K 79	00:15:23	00:43:02	01:11:55	01:40:22	02:07:31.30	6:02	9.9
80	STAWSKA JOANNA	464	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	5	K 80	00:15:23	00:43:04	01:11:57	01:40:22	02:07:32.25	6:02	9.9
81	ZWOLIŃSKA KATARZYNA	642	HURAGAN LIGOTA	KATOWICE	POL	K-40	42	K 81	00:16:46	00:43:57	01:12:43	01:41:19	02:07:50.60	6:03	9.9
82	ŁATAK - SKRABUT BASIA	284	PACEMAKER	GLIWICE	POL	K-40	43	K 82	00:15:49	00:44:23	01:12:54	01:41:29	02:08:34.05	6:05	9.8
83	KILAR-HOSZOWSKA SABINA	225	MEDUZY	TARNOWSKIE GÓRY	POL	K-30	22	K 83	00:15:32	00:43:25	01:12:14	01:41:10	02:08:40.55	6:05	9.8
84	MARYŃIAK - KOLINSKI MARIOLA	314		STADE	GER	K-40	44	K 84	00:14:59	00:43:02	01:12:07	01:40:52	02:09:14.05	6:07	9.8
85	WÓJCIK JÓZEFA	524	GCE GLIWICE	GLIWICE	POL	K-50	6	K 85	00:15:03	00:42:15	01:11:19	01:40:57	02:09:25.15	6:08	9.8
86	WHITE ASHLEY	508	KLUB BIEGACZA FARTLEK	JASTRZĘBIE-ZDRÓJ	USA	K-40	45	K 86	00:15:42	00:44:23	01:13:49	01:42:41	02:09:43.75	6:08	9.8
87	ŻYGLÓWICZ SYLWIA	555		MYŚŁOWICE	POL	K-30	23	K 87	00:15:47	00:44:11	01:13:04	01:43:13	02:11:03.50	6:12	9.7
88	CETERA KAMILA	65		GLIWICE	POL	K-40	46	K 88	00:15:49	00:44:24	01:13:08	01:42:04	02:11:12.50	6:13	9.6
89	GLADKOWSKA MALGORZATA	134		GLIWICE	POL	K-30	24	K 89	00:14:54	00:42:30	01:12:10	01:43:07	02:11:14.20	6:13	9.6
90	ONOPIUK NATALIA	366		KOZŁÓW	POL	K-30	25	K 90	00:15:35	00:44:04	01:12:35	01:42:03	02:11:46.60	6:14	9.6
91	WOSIAK KATARZYNA	521		GLIWICE	POL	K-30	26	K 91	00:14:45	00:41:34	01:10:17	01:40:51	02:11:51.35	6:14	9.6
92	WILCZEK MAŁGORZATA	513		GLIWICE	POL	K-30	27	K 92	00:15:57	00:44:30	01:14:24	01:44:16	02:11:53.50	6:15	9.6
93	BAJOR AGNIESZKA	10		KRAKÓW	POL	K-30	28	K 93	00:15:41	00:43:56	01:12:49	01:42:19	02:12:19.10	6:16	9.6
94	BUCHAL KATARZYNA	53		ZERNICA	POL	K-50	7	K 94	00:15:44	00:44:23	01:14:30	01:44:28	02:13:04.15	6:18	9.5
95	OGAZA MAŁGORZATA	364		KOZŁÓW	POL	K-40	47	K 95	00:15:38	00:44:05	01:13:49	01:44:20	02:13:26.45	6:19	9.5
96	SKOPOWSKA KLAUDIA	445	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	K-50	8	K 96	00:16:04	00:44:55	01:14:42	01:44:21	02:13:47.50	6:20	9.5
97	MENDLA ANNA	320		CZERWIONKA-LESZCZYNY	POL	K-30	29	K 97	00:15:12	00:43:26	01:13:12	01:43:43	02:13:58.00	6:20	9.5
98	BATEJKO BEATA	16	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-40	48	K 98	00:15:46	00:44:48	01:14:28	01:44:32	02:14:16.00	6:21	9.4
99	WLACH ANNA	516	PACEMAKER	GLIWICE	POL	K-40	49	K 99	00:15:48	00:44:50	01:14:39	01:44:33	02:14:20.25	6:21	9.4
100	FRUK NATALIA	113		GLIWICE	POL	K-30	30	K 100	00:16:19	00:46:24	01:16:34	01:46:37	02:14:24.10	6:22	9.4
101	ZAWIŁA AGNIESZKA	539		KATOWICE	POL	K-30	31	K 101	00:16:14	00:44:30	01:14:16	01:44:28	02:14:34.65	6:22	9.4
102	LISZKA ELA	282	PACEMAKER	JEJKOWICE	POL	K-40	50	K 102	00:15:49	00:44:50	01:14:40	01:44:41	02:14:43.50	6:23	9.4
103	HEINRICH ŻANETA	165		KOZŁÓW	POL	K-20	14	K 103	00:15:36	00:44:06	01:13:19	01:44:22	02:14:48.75	6:23	9.4
104	GROMADZKA JUSTYNA	151	KOBIETY WATAHY	BYTOM	POL	K-30	32	K 104	00:14:55	00:42:59	01:12:54	01:44:08	02:15:41.90	6:25	9.3
105	KLEPCZYŃSKA SABINA	228		RYBNIK	POL	K-40	51	K 105	00:15:48	00:44:50	01:14:39	01:45:28	02:15:55.25	6:26	9.3
106	KUZMYŃSKA KATERYNA	619		GLIWICE	POL	K-30	33	K 106	00:15:11	00:43:31	01:14:22	01:46:19	02:16:57.70	6:29	9.2
107	WOJDANOWSKA MAŁGORZATA	517	LECZYMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	34	K 107	00:15:38	00:43:33	01:14:53	01:47:39	02:17:22.85	6:30	9.2
108	KOKOT JUSTYNA	572		RUDA ŚLĄSKA	POL	K-40	52	K 108	00:15:46	00:44:42	01:15:36	01:47:05	02:17:48.65	6:31	9.2
109	BLAUT-KUBANEK ANNA	35		RUDA ŚLĄSKA	POL	K-40	53	K 109	00:15:46	00:44:25	01:14:44	01:46:13	02:18:05.35	6:32	9.2
110	GARBACZ ASIA	123		GLIWICE	POL	K-30	35	K 110	00:15:50	00:45:13	01:16:32	01:48:29	02:19:22.85	6:36	9.1

VII PÓLMARATON GLIWICKI, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
111	NIEDBALSKA SANDRA	345		MŁOSZOWA	POL	K-30	36	K 111	00:15:50	00:45:25	01:17:04	01:49:02	02:19:56.50	6:37	9
112	ŚWIDEREK ALEKSANDRA	481		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.40	6:47	8.8
113	PIECHOWICZ-KUROWSKA AGATA	382		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:45	01:21:30	01:53:24	02:23:09.40	6:47	8.8
114	KARNIA AGNIESZKA	209		GLIWICE	POL	K-30	39	K 114	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.65	6:47	8.8
115	SKRZĄTEK KATARZYNA	448		GLIWICE	POL	K-20	15	K 115	00:16:02	00:45:28	01:17:45	01:51:36	02:23:14.50	6:47	8.8
116	SITKO DAGMARA	440		JASTRZĘBIE-ZDRÓJ	POL	K-30	40	K 116	00:17:24	00:49:48	01:22:54	01:56:19	02:26:18.65	6:56	8.7
117	MIGDAŁ IWONA	330	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	54	K 117	00:16:36	00:47:30	01:20:33	01:54:27	02:26:38.10	6:56	8.6
118	CIUK IWONA	618	BIEGAJ Z TRENERAMI!	GLIWICE	POL	K-50	9	K 118	00:16:41	00:47:57	01:21:19	01:55:00	02:27:52.80	7:00	8.6
119	JASIŃSKA KLAUDIA	187	AKTYWNI SUCHA GÓRA	BYTOM	POL	K-40	55	K 119	00:16:48	00:47:24	01:20:24	01:54:17	02:28:21.90	7:01	8.5
120	POGORZELSKA-KLIKS AGATA	394		SOSNOWIEC	POL	K-40	56	K 120	00:17:28	00:49:53	01:23:13	01:56:32	02:28:49.80	7:03	8.5
121	JUNGA JOANNA	629		GLIWICE	POL	K-20	16	K 121	00:17:47	00:50:27	01:23:09	01:57:10	02:29:06.95	7:03	8.5
122	KRUKOWSKA MONIKA	256		SOSNOWIEC	POL	K-30	41	K 122	00:16:47	00:49:08	01:24:33	01:58:12	02:33:49.40	7:17	8.2
123	BRODA ZUZANNA	43		TYCHY	POL	K-20	17	K 123	00:18:46	00:50:49	01:28:05	02:01:35	02:37:29.80	7:27	8
124	BRODA HANNA	44	#FLOWBEZBARIER	KATOWICE	POL	K-30	42	K 124	00:21:04	00:53:48	01:29:54	02:06:09	02:44:13.15	7:46	7.7
125	KASPRZYK AGNIESZKA	215		GLIWICE	POL	K-30	43	K 125	00:17:37	00:52:58	01:28:11	02:06:26	02:47:23.75	7:55	7.6
126	GŁĄB MARIOLA	136		GLIWICE	POL	K-30	44	K 126	00:17:46	00:52:47	01:31:03	02:10:47	02:48:56.15	8:00	7.5
127	KOŁODZIEJCZYK MONIKA	234	JURA TEAM	PRZEGINIA	POL	K-30	45	K 127	00:13:57	00:38:13				5:18	11.3
128	GRABA KATARZYNA	146	TURBORÓWKA	MIKOŁÓW	POL	K-20	18	K 128	01:17:01					30:48	1.9

VII PÓLMARATON GLIWICKI, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WOLNIK MATEUSZ	578	AKTYWNI LYSKI	LYSKI	POL	M-30	1	M 1	00:09:11	00:25:38	00:42:33	00:59:11	01:15:08.95	3:33	16.9
2	DULINIEC TOMASZ	98	GNIOTPOL TEAM	KURZNIĘ	POL	M-40	1	M 2	00:09:16	00:25:46	00:42:43	00:59:33	01:15:29.10	3:34	16.8
3	MRACHACZ PIOTR	580	STUDIO PROJEKTOWE SPART	BYTOM	POL	M-20	1	M 3	00:09:11	00:25:53	00:43:05	00:59:55	01:15:49.85	3:35	16.7
4	TRESKA PIOTR	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	TYCHY	POL	M-30	2	M 4	00:09:30	00:26:19	00:43:32	01:00:17	01:16:25.60	3:37	16.6
5	ROZMUS NORBERT	411		ZABRZE	POL	M-30	3	M 5	00:09:40	00:27:10	00:44:47	01:01:58	01:17:50.45	3:41	16.3
6	FOLTYN JAKUB	110	WYTRZYMALI.COACH	RUDZINIEC	POL	M-20	2	M 6	00:09:39	00:27:08	00:44:46	01:01:57	01:18:53.70	3:44	16
7	HARĘŻA MAREK	628		CZECHOWICE-DZIEDZICE	POL	M-30	4	M 7	00:09:41	00:27:06	00:44:49	01:02:32	01:19:14.40	3:45	16
8	IWANCA LESZEK	174		RYBNIK	POL	M-40	2	M 8	00:09:42	00:27:10	00:45:06	01:02:52	01:19:40.10	3:46	15.9
9	BARTOSIK SEBASTIAN	13	FORMA WODZISŁAW ŚLĄSKI / MOJŹYSZ TEAM	WODZISŁAW ŚLĄSKI	POL	M-30	5	M 9	00:09:39	00:27:09	00:45:04	01:02:50	01:19:50.30	3:47	15.9
10	WIKTORSKI MIESZKO	620	TRENUJZNA.MI.PL	WROCŁAW	POL	M-40	3	M 10	00:09:41	00:27:06	00:45:05	01:02:52	01:20:04.30	3:47	15.8
11	KAMIŃSKI DOMINIK	203	HARPAGAN SOSNOWIEC - FICOSA	DĄBROWA GÓRNICZA	POL	M-40	4	M 11	00:09:46	00:27:42	00:45:43	01:03:36	01:20:19.15	3:48	15.8
12	DENICKI PRZEMEK	93	EX TEAM	KNURÓW	POL	M-30	6	M 12	00:10:05	00:27:58	00:45:59	01:03:52	01:20:20.70	3:48	15.8
13	SIKOŃCZYK MIŁOSZ	437	RUNNING PERFORMANCE	KRAKÓW	POL	M-20	3	M 13	00:09:30	00:27:26	00:46:04	01:04:12	01:21:28.35	3:51	15.5
14	URBAŃCZYK KAROL	496	NON STOP TRAIL	GLIWICE	POL	M-30	7	M 14	00:09:39	00:27:14	00:45:35	01:03:55	01:21:40.50	3:52	15.5
15	PRZELIÓRZ TOMASZ	400	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	8	M 15	00:09:59	00:28:06	00:46:41	01:04:49	01:21:51.40	3:52	15.5
16	GRYCMAN MAREK	153	LOVE THE PAIN	TURZA ŚLĄSKA	POL	M-40	5	M 16	00:09:57	00:27:53	00:46:17	01:04:31	01:22:02.70	3:53	15.4
17	BUCHTA ADAM	54		KATOWICE	POL	M-40	6	M 17	00:09:58	00:28:05	00:46:39	01:04:48	01:22:04.55	3:53	15.4
18	BUJNOWSKI ARTUR	59	TL ROW RYBNIK	KNURÓW	POL	M-30	9	M 18	00:10:04	00:27:59	00:46:18	01:04:33	01:22:12.45	3:53	15.4
19	JANCEWICZ MARCIN	178		STARE BABICE	POL	M-20	4	M 19	00:10:07	00:28:26	00:47:09	01:05:30	01:22:37.75	3:54	15.3
20	BAGSIK MATEUSZ	7		ŚWIĘTOSZOWICE	POL	M-30	10	M 20	00:10:02	00:27:58	00:47:08	01:05:52	01:23:18.00	3:56	15.2
21	BIEGUN MARCIN	29	AKTYWNA PSZCZYNA	BIELSKO-BIAŁA	POL	M-40	7	M 21	00:10:22	00:29:14	00:48:17	01:07:02	01:24:35.05	4:00	15
22	GRZYWACZ MARCIN	162	MKS CZECHOWICE-DZIEDZICE	CZECHOWICE-DZIEDZICE	POL	M-40	8	M 22	00:10:19	00:29:12	00:48:16	01:07:02	01:24:36.05	4:00	15
23	FURMANEK ŁUKASZ	114		WILCZA	POL	M-40	9	M 23	00:10:44	00:29:46	00:49:08	01:07:48	01:25:14.40	4:02	14.9
24	OSETEK PAWEŁ	369	RADLINIOKI W BIEGU	PSZÓW	POL	M-30	11	M 24	00:09:57	00:28:15	00:47:47	01:06:47	01:25:20.85	4:02	14.8
25	GORAUS KAMIL	141	RUN RUN RUN	RUDA ŚLĄSKA	POL	M-30	12	M 25	00:10:31	00:29:20	00:48:51	01:07:50	01:25:41.25	4:03	14.8
26	JÓZEFIK DAWID	196	JKŁA JAWOR	CHRZANÓW	POL	M-30	13	M 26	00:10:33	00:29:27	00:48:51	01:07:42	01:25:46.40	4:03	14.8
27	MUSKAŁA MATEUSZ	343	AUGUSTEAM	CHORZÓW	POL	M-20	5	M 27	00:10:05	00:28:26	00:47:38	01:07:06	01:26:06.30	4:04	14.7
28	KOZIARSKI MICHAŁ	249	LKS SIERAKÓW ŚLĄSKI	SIERAKÓW ŚLĄSKI	POL	M-30	14	M 28	00:10:30	00:29:03	00:48:20	01:07:30	01:26:10.30	4:05	14.7
29	CHYBA SZYMON	72	KS KROTOSZ KROTOSZYN	GLIWICE	POL	M-40	10	M 29	00:10:34	00:29:25	00:49:12	01:08:17	01:26:41.80	4:06	14.6
30	CZERNY TOMASZ	88	AKTYWNE ZABRZE	ZABRZE	POL	M-40	11	M 30	00:10:29	00:29:30	00:48:55	01:08:04	01:26:43.25	4:06	14.6
31	ZIELIŃSKI IRENEUSZ	544	DKMS JASTRZĘBIE	JASTRZĘBIE-ZDRÓJ	POL	M-50	1	M 31	00:10:30	00:29:31	00:49:14	01:08:51	01:27:37.15	4:09	14.4
32	BOGATZKI MAREK	39		CHORZÓW	POL	M-30	15	M 32	00:10:05	00:28:35	00:48:47	01:08:28	01:27:50.70	4:09	14.4

VII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
33	SPRUTTA ROBERT	458		BYTOM	POL	M-30	16	M 33	00:10:55	00:29:52	00:49:41	01:09:11	01:28:01.15	4:10	14.4
34	KLIMA ADAM	229	RUNHOGS TYCHY	TYCHY	POL	M-30	17	M 34	00:10:30	00:29:50	00:49:48	01:09:40	01:28:28.95	4:11	14.3
35	PSZCZOŁA MARCIN	403		BĘDZIN	POL	M-40	12	M 35	00:11:00	00:31:10	00:51:13	01:10:45	01:29:06.15	4:13	14.2
36	HOFFMANN NIKODEM	167		BIELSKO-BIAŁA	POL	M-30	18	M 36	00:11:20	00:31:14	00:51:14	01:10:44	01:29:18.50	4:13	14.2
37	NOWICKI SZYMON	361		ZABRZE	POL	M-30	19	M 37	00:11:00	00:30:32	00:50:42	01:10:31	01:29:19.65	4:13	14.2
38	STASIKOWSKI ŁUKASZ	463		GOŁKOWICE	POL	M-30	20	M 38	00:11:01	00:31:11	00:51:33	01:11:14	01:29:21.15	4:14	14.2
39	WARDZAŁA MICHAŁ	501	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	13	M 39	00:10:58	00:30:57	00:51:10	01:11:01	01:29:29.80	4:14	14.1
40	GOŁĄBEK RAFAŁ	137	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	14	M 40	00:11:00	00:30:58	00:51:11	01:11:02	01:29:30.25	4:14	14.1
41	BIĄŁY KAMIL	28	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 41	00:11:01	00:31:09	00:51:30	01:11:12	01:29:34.80	4:14	14.1
42	GRZESIKIEWICZ MARIUSZ	157		GLIWICE	POL	M-40	15	M 42	00:11:03	00:31:11	00:51:31	01:11:14	01:29:34.95	4:14	14.1
43	STAPOR SŁAWOMIR	465	TAURON	DABROWA GÓRNICZA	POL	M-40	16	M 43	00:11:05	00:31:13	00:51:35	01:11:17	01:29:40.85	4:14	14.1
44	KORZUSZNIK WOJCIECH	241	LUXTORPEDA CZERWIONKA	MIKOŁÓW	POL	M-30	22	M 44	00:11:03	00:31:18	00:51:38	01:11:16	01:29:43.45	4:15	14.1
45	ŻOŁĄDZ PIOTR	554	TEAM ARTIVENT	GLIWICE	POL	M-30	23	M 45	00:11:00	00:31:09	00:51:29	01:11:11	01:29:43.60	4:15	14.1
46	CHOMIK RAFAŁ	70	PACEMAKER	GLIWICE	POL	M-40	17	M 46	00:11:00	00:31:10	00:51:31	01:11:13	01:29:50.15	4:15	14.1
47	SKOCZEK JAKUB	443		OTWOCK	POL	M-30	24	M 47	00:11:12	00:31:08	00:51:28	01:11:15	01:29:58.10	4:15	14.1
48	DZIDA DOMINIK	101		RUDA ŚLĄSKA	POL	M-20	6	M 48	00:11:05	00:31:24	00:51:46	01:11:12	01:30:02.25	4:16	14.1
49	FAŁEK ADAM	105	ŁAMIGNATY	MIKOŁÓW	POL	M-20	7	M 49	00:10:12	00:29:23	00:50:20	01:10:50	01:30:07.20	4:16	14
50	PYKA MAREK	639	CHOP ZE ŻELAZA TRI TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-40	18	M 50	00:11:01	00:31:18	01:01:46		01:30:12.75	4:16	14
51	OCHMAN RAFAŁ	362	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	19	M 51	00:11:01	00:31:03	00:51:19	01:11:19	01:30:19.60	4:16	14
52	WIECHUŁA MARCIN	510		GLIWICE	POL	M-40	20	M 52	00:10:08	00:29:28	00:50:09	01:10:39	01:30:26.20	4:17	14
53	ŁOZIŃSKI WOJCIECH	287	PARKRUN CHRZANÓW	LIBIAŻ	POL	M-20	8	M 53	00:11:01	00:31:13	00:51:30	01:11:15	01:30:35.50	4:17	14
54	MASŁOŃ BŁAŻEJ	315		RUDNIK MAŁY	POL	M-50	2	M 54	00:11:02	00:31:10	00:51:31	01:11:34	01:31:38.70	4:20	13.8
55	PILNY KAROL	387	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-20	9	M 55	00:10:51	00:30:48	00:51:44	01:11:59	01:31:41.35	4:20	13.8
56	PASTWA PIOTR	379	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	3	M 56	00:11:09	00:30:59	00:51:20	01:11:40	01:31:45.80	4:20	13.8
57	GORCZYCKI ARKADIUSZ	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	BYTOM	POL	M-30	25	M 57	00:11:18	00:32:04	00:53:03	01:13:17	01:31:57.00	4:21	13.8
58	GARUS BARTŁOMIEJ	124	YNO 1	ORNONTOWICE	POL	M-30	26	M 58	00:11:14	00:31:16	00:51:56	01:12:27	01:32:04.80	4:21	13.8
59	BUJAK MARCIN	57		RYBNIK	POL	M-40	21	M 59	00:11:01	00:31:11	00:51:32	01:12:15	01:32:25.85	4:22	13.7
60	MAJEK KRZYSZTOF	299	AUGUSTEAM	KATOWICE	POL	M-50	4	M 60	00:11:09	00:31:31	00:52:33	01:13:18	01:32:29.60	4:22	13.7
61	TEKLA KRZYSZTOF	484		LEDZINY	POL	M-30	27	M 61	00:11:07	00:31:23	00:51:51	01:12:26	01:32:51.75	4:24	13.6
62	PACOŃ SEBASTIAN	593	DAGMA	CHORZÓW	POL	M-40	22	M 62	00:10:49	00:30:58	00:51:37	01:12:43	01:32:52.70	4:24	13.6
63	JAWOREK JACEK	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	ZABRZE	POL	M-30	28	M 63	00:11:24	00:31:56	00:52:51	01:13:24	01:32:55.90	4:24	13.6
64	WRĘCZYCKI IRENEUSZ	571		CHORZÓW	POL	M-50	5	M 64	00:11:00	00:31:11	00:51:37	01:12:40	01:33:03.35	4:24	13.6
65	WYMYŚŁO ANDRZEJ	529	RADA MIASTA	PIEKARY ŚLĄSKIE	POL	M-60	1	M 65	00:11:14	00:31:34	00:52:46	01:13:28	01:33:10.80	4:24	13.6
66	MIRONOWICZ BARTLOMIEJ	335		GLIWICE	POL	M-30	29	M 66	00:10:57	00:31:09	00:51:34	01:12:42	01:33:15.25	4:25	13.6
67	SITEK KRZYSZTOF	439		HUTA STARA A	POL	M-40	23	M 67	00:11:14	00:31:26	00:52:34	01:13:31	01:33:24.85	4:25	13.6
68	ZALEWSKI WOJCIECH	534		GLIWICE	POL	M-40	24	M 68	00:11:38	00:32:21	00:53:35	01:14:31	01:34:04.75	4:27	13.5
69	WIERZCHOWSKI JĘDRZEJ	511		SOSNOWIEC	POL	M-30	30	M 69	00:11:21	00:32:05	00:53:42	01:14:57	01:34:27.90	4:28	13.4
70	KAWELCZYK ROBERT	219	CZESTOCHOWA	POL	M-50	6	M 70	00:11:27	00:31:56	00:52:59	01:13:59	01:34:34.65	4:28	13.4
71	CZAJKOWSKI PAWEŁ	82	WIKI&MAKS	TYCHY	POL	M-40	25	M 71	00:11:37	00:32:26	00:54:03	01:14:54	01:34:39.95	4:29	13.4
72	PUC PAWEŁ	404	TRUCHTACZE GZICHÓW	BĘDZIN	POL	M-40	26	M 72	00:11:12	00:31:53	00:53:40	01:15:01	01:34:40.55	4:29	13.4
73	GRZYB DARIUSZ	158		KLEPACZKA	POL	M-50	7	M 73	00:11:01	00:31:12	00:52:42	01:14:13	01:34:42.35	4:29	13.4
74	FRANKIEWICZ ARTUR	111		GLIWICE	POL	M-30	31	M 74	00:11:01	00:31:27	00:52:42	01:13:55	01:34:42.70	4:29	13.4
75	WACŁAWSKI JACEK	640		GLIWICE	POL	M-40	27	M 75	00:11:07	00:31:34	00:52:51	01:14:07	01:34:54.90	4:29	13.3
76	RATAJCZAK ALEKSANDER	407	LECZYMY DURS	PIEKARY ŚLĄSKIE	POL	M-50	8	M 76	00:11:40	00:32:55	00:54:26	01:15:22	01:35:20.35	4:31	13.3
77	LONKA MICHAŁ	574		PIEKARY ŚLĄSKIE	POL	M-40	28	M 77	00:11:44	00:32:59	00:54:34	01:15:39	01:35:24.45	4:31	13.3
78	MYNARSKI SYLWESTER	601	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	M-40	29	M 78	00:12:35	00:33:37	00:55:00	01:15:49	01:35:34.65	4:31	13.2
79	STRAMA ADAM	467		PORAJ	POL	M-40	30	M 79	00:11:29	00:32:29	00:54:06	01:15:30	01:35:35.00	4:31	13.2
80	CIEŚLAK JACEK	74		RUDA ŚLĄSKA	POL	M-40	31	M 80	00:12:04	00:33:03	00:54:40	01:15:50	01:35:36.95	4:31	13.2
81	BARAŃSKI RAFAŁ	12		PIEKARY ŚLĄSKIE	POL	M-40	32	M 81	00:11:39	00:32:55	00:54:26	01:15:22	01:35:44.00	4:32	13.2
82	MADEJSKI SYLWESTER	297		CZECHOWICE-DZIEDZICE	POL	M-40	33	M 82	00:11:33	00:32:44	00:54:51	01:16:15	01:35:54.30	4:32	13.2
83	MARCINIAK RAFAŁ	308	8A.PL	GLIWICE	POL	M-30	32	M 83	00:12:16	00:33:46	00:54:58	01:16:00	01:35:55.60	4:32	13.2
84	PIKUŁA JACEK	386	BIEGNĘ BYLE DOBIEĆ	BIERUŃ	POL	M-40	34	M 84	00:13:22	00:34:47	00:55:53	01:16:26	01:36:01.50	4:33	13.2
85	GALILEJCZYK MARIUSZ	118		CHORZÓW	POL	M-20	10	M 85	00:10:57	00:30:43	00:52:37	01:14:54	01:36:05.50	4:33	13.2
86	KWIATKOWSKI GRZEGORZ	271		ŻERNICA	POL	M-40	35	M 86	00:11:11	00:31:10	00:53:05	01:15:21	01:36:19.30	4:33	13.1
87	MEKIER BARTEK	591		BYTOM	POL	M-30	33	M 87	00:12:11	00:33:48	00:55:34	01:16:51	01:36:29.45	4:34	13.1

VII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
88	KAMIŃSKI MARCIN	205		KNURÓW	POL	M-20	11	M 88					01:36:34.85	4:34	13.1
89	GAŚCZAK MICHAŁ	127	RUNHOGS TYCHY	TYCHY	POL	M-30	34	M 89	00:11:01	00:32:19	00:54:31	01:16:15	01:36:40.60	4:34	13.1
90	KOWOLIK ŁUKASZ	247	TAURON TEAM	ZABRZE	POL	M-30	35	M 90	00:12:26	00:34:37	00:56:23	01:17:00	01:36:41.50	4:34	13.1
91	LEPIARCZYK SŁAWOMIR	280		RYBNIK	POL	M-30	36	M 91	00:11:28	00:32:00	00:53:56	01:15:38	01:36:42.80	4:34	13.1
92	HOLONA MACIEJ	647	FORMA WODZISŁAW	RYBNIK	POL	M-50	9	M 92	00:11:27	00:32:11	00:54:14	01:16:17	01:36:47.00	4:35	13.1
93	MIRATYŃSKI ADAM	627		GLIWICE	POL	M-40	36	M 93	00:12:18	00:33:18	00:54:48	01:16:16	01:36:49.25	4:35	13.1
94	GUZY ANDRZEJ	579		GLIWICE	POL	M-60	2	M 94	00:11:03	00:31:40	00:53:39	01:15:37	01:36:49.85	4:35	13.1
95	JASICKI KRZYSZTOF	186	RUNHOGS TYCHY	TYCHY	POL	M-40	37	M 95	00:11:00	00:32:19	00:54:33	01:16:27	01:36:52.90	4:35	13.1
96	MACHURA ARKADIUSZ	292		WOLA JEDLIŃSKA	POL	M-40	38	M 96	00:11:56	00:33:54	00:55:54	01:17:26	01:36:53.90	4:35	13.1
97	NOGA JACEK	643		TYCHY	POL	M-40	39	M 97	00:11:47	00:33:24	00:55:41	01:17:02	01:36:59.75	4:35	13.1
98	MACHOWSKI DARIUSZ	291		ŻURAWICA	POL	M-50	10	M 98	00:11:54	00:33:52	00:55:53	01:17:07	01:37:05.55	4:36	13
99	MEDES MARCIN	319		TYCHY	POL	M-30	37	M 99	00:12:11	00:33:53	00:55:50	01:17:10	01:37:21.65	4:36	13
100	CYZY WOJCIECH	89		GLIWICE	POL	M-40	40	M 100	00:11:41	00:33:00	00:55:01	01:16:47	01:37:29.95	4:37	13
101	KAMIŃSKI JACEK	204	ROMET FACTORY TEAM	GLIWICE	POL	M-40	41	M 101	00:11:02	00:31:14	00:53:18	01:15:55	01:37:32.75	4:37	13
102	SZYMAŃSKI PIOTR	479		BYTOM	POL	M-40	42	M 102	00:11:30	00:32:31	00:54:45	01:16:46	01:37:44.50	4:37	13
103	MARKOWSKI PRZEMYSŁAW	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	BYTOM	POL	M-30	38	M 103	00:11:54	00:33:53	00:55:53	01:17:06	01:37:51.35	4:38	12.9
104	STAŃCZYK PRZEMEK	462		GRUDYNIA WIELKA	POL	M-30	39	M 104	00:12:03	00:34:04	00:56:16	01:18:17	01:38:25.20	4:39	12.9
105	WILK PIOTR	645		GLIWICE	POL	M-40	43	M 105	00:11:57	00:33:55	00:55:55	01:17:27	01:38:26.10	4:39	12.9
106	SIEJA ZBYSZEK	434	LECZYM DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	11	M 106	00:11:54	00:33:10	00:55:30	01:17:31	01:38:29.20	4:40	12.9
107	SPYRA KAMIL	459	SPYROWKA	SZYMOCICE	POL	M-30	40	M 107	00:11:16	00:32:02	00:54:54	01:17:53	01:38:30.05	4:40	12.9
108	TABIŚ BARTOSZ	611		KATOWICE	POL	M-30	41	M 108	00:11:47	00:33:46	00:55:55	01:17:55	01:38:38.60	4:40	12.8
109	CZAJKA TOMASZ	80		JASTRZEBIE-ZDRÓJ	POL	M-40	44	M 109	00:11:55	00:33:54	00:56:15	01:18:11	01:38:39.25	4:40	12.8
110	DREWNIAK MARCIN	638		KATOWICE	POL	M-20	12	M 110	00:11:55	00:33:42	00:55:52	01:18:20	01:39:14.10	4:42	12.8
111	BIELA GRZEGORZ	31	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	42	M 111	00:11:26	00:32:50	00:55:37	01:17:49	01:39:17.15	4:42	12.8
112	NIŹNIKIEWICZ GRZEGORZ	352		KLESZCZÓW	POL	M-40	45	M 112	00:11:50	00:33:25	00:55:43	01:17:28	01:39:23.70	4:42	12.7
113	ZAJĄC MATEUSZ	531		GLIWICE	POL	M-40	46	M 113	00:12:18	00:34:21	00:56:56	01:18:57	01:39:24.35	4:42	12.7
114	GIESE MICHAŁ	132		GLIWICE	POL	M-40	47	M 114	00:12:10	00:34:21	00:57:00	01:18:44	01:39:26.70	4:42	12.7
115	HYRKIEL PAWEŁ	172	IL GATTO RAMPANTE	RZESZOTARY	POL	M-40	48	M 115	00:11:46	00:33:33	00:55:50	01:17:53	01:39:44.35	4:43	12.7
116	MEOSSI ALESSANDRO	321	MONAR GRACZE	GLIWICE	POL	M-20	13	M 116	00:12:30	00:33:26	00:55:08	01:17:24	01:39:46.75	4:43	12.7
117	HYRA ROBERT	171	ZALEW BLACHOWNIA	BLACHOWNIA	POL	M-50	12	M 117	00:11:52	00:33:51	00:55:57	01:18:16	01:40:02.90	4:44	12.7
118	KUŹMA ANDRZEJ	269	TEAM ARTIVENT	KĘDZIERZYN-KOŹLE	POL	M-20	14	M 118	00:12:29	00:35:14	00:57:51	01:20:54	01:40:02.95	4:44	12.7
119	DĄBROWSKI BARTOSZ	90		GLIWICE	POL	M-30	43	M 119	00:13:07	00:35:34	00:58:21	01:20:03	01:40:03.40	4:44	12.7
120	SZOŁTYSEK ADRIAN	556		PANIÓWKI	POL	M-30	44	M 120	00:11:45	00:33:44	00:55:45	01:17:49	01:40:04.70	4:44	12.7
121	MARCZAK KRZYSZTOF	570		ŚWIĘTOCHŁOWICE	POL	M-50	13	M 121	00:12:11	00:34:00	00:56:25	01:19:05	01:40:06.05	4:44	12.6
122	DZWINCZYK ZBIGNIEW	103		RUDA ŚLĄSKA	POL	M-40	49	M 122	00:13:04	00:35:31	00:58:00	01:19:43	01:40:06.40	4:44	12.6
123	CHOJNA ZYGMUNT	69	SOCIOS SILESIA	PIEKARY ŚLĄSKIE	POL	M-60	3	M 123	00:11:32	00:33:23	00:56:07	01:18:44	01:40:10.40	4:44	12.6
124	RAWŁUSZEWICZ WALDEMAR	408		ZABRZE	POL	M-50	14	M 124	00:12:16	00:34:10	00:56:49	01:18:59	01:40:14.40	4:45	12.6
125	SKLORZ MARCIN	442		GLIWICE	POL	M-20	15	M 125	00:11:50	00:33:24	00:55:42	01:17:41	01:40:20.20	4:45	12.6
126	WARDZYK DAMIAN	502	ZŁOTA MARKA	ZABRZE	POL	M-20	16	M 126	00:12:30	00:33:32	00:54:56	01:17:36	01:40:20.90	4:45	12.6
127	ZAKRZOWSKI KRZYSZTOF	532		JAWORZNO	POL	M-30	45	M 127	00:11:49	00:33:50	00:56:19	01:18:49	01:40:21.90	4:45	12.6
128	SZCZEPANEK ŁUKASZ	473		CHORZÓW	POL	M-20	17	M 128	00:12:09	00:33:54	00:56:07	01:18:26	01:40:22.00	4:45	12.6
129	BOHM MARIUSZ	40		MYŚLOWICE	POL	M-50	15	M 129	00:12:30	00:34:50	00:57:17	01:19:26	01:40:27.65	4:45	12.6
130	RÓŻAŃSKI MICHAŁ	413		MIKOŁÓW	POL	M-30	46	M 130	00:12:18	00:34:22	00:56:55	01:19:14	01:40:38.00	4:46	12.6
131	WILK DAWID	514	PACEMAKER	ZABRZE	POL	M-30	46	M 130	00:11:54	00:33:54	00:55:54	01:17:59	01:40:38.00	4:46	12.6
132	KURCZEK TOMASZ	265	RUN FOREST RIUM!	GLIWICE	POL	M-40	50	M 132	00:12:34	00:35:06	00:57:29	01:19:50	01:40:44.90	4:46	12.6
133	SCHAB BARTŁOMIEJ	430		GLIWICE	POL	M-30	48	M 133	00:12:55	00:34:37	00:56:59	01:19:33	01:40:55.00	4:46	12.5
134	TOCZYDŁOWSKI ŁUKASZ	486	ROZBIEGANA LIGOTA	MIKOŁÓW	POL	M-40	51	M 134	00:13:07	00:34:37	00:57:00	01:19:39	01:41:01.50	4:47	12.5
135	RYCHLIK SEBASTIAN	417	LISY PUSTYNI	KLUCZE	POL	M-40	52	M 135	00:12:24	00:35:33	00:58:28	01:20:39	01:41:09.35	4:47	12.5
136	STANISZ MARCIN	460	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	49	M 136	00:12:10	00:34:14	00:56:46	01:19:35	01:41:13.55	4:47	12.5
137	JAWOREK ADAM	189		WODZISŁAW ŚLĄSKI	POL	M-30	50	M 137	00:11:00	00:31:41	00:54:23	01:17:52	01:41:19.80	4:48	12.5
138	KRZANOWSKI MARCIN	257	OASIS SPORT TEAM	ZABRZE	POL	M-30	51	M 138	00:12:17	00:34:26	00:57:12	01:19:56	01:41:21.30	4:48	12.5
139	JAGIEŁA MICHAŁ	177		PANIÓWKI	POL	M-30	52	M 139	00:12:11	00:33:56	00:56:22	01:19:08	01:41:21.75	4:48	12.5
140	ADAMCZYK DANIEL	2	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-20	18	M 140	00:12:10	00:34:13	00:56:47	01:19:36	01:41:22.60	4:48	12.5
141	KOWALCZYK JORDAN	245		ZABRZE	POL	M-30	53	M 141	00:12:39	00:35:04	00:57:43	01:20:23	01:41:24.80	4:48	12.5
142	CIEŚLIK JAROSŁAW	75		GLIWICE	POL	M-30	54	M 142	00:12:19	00:35:02	00:57:38	01:20:28	01:41:26.20	4:48	12.5
143	NAJWER TOMASZ	613		KRAPKOWICE	POL	M-40	53	M 143	00:12:14	00:34:41	00:57:30	01:20:03	01:41:34.15	4:48	12.5

VII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
144	DUDA JACEK	97	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	16	M 144	00:11:50	00:33:48	00:56:10	01:19:38	01:41:38.60	4:49	12.5
145	NIKODON PAWEŁ	349	NIKODON DREAM TEAM	GLIWICE	POL	M-40	54	M 145	00:11:41	00:32:56	00:55:56	01:19:39	01:41:45.30	4:49	12.4
146	KIDA MAREK	221		NOWE CHECHLO	POL	M-30	55	M 146	00:12:30	00:35:13	00:57:49	01:21:08	01:41:50.40	4:49	12.4
147	KOŚCIELNY SEBASTIAN	242	WATAHA	ZABRZE	POL	M-40	55	M 147	00:12:39	00:34:59	00:57:49	01:20:44	01:42:02.45	4:50	12.4
148	PLONKA KRZYSZTOF	392	DKMS JASTRZĘBIE	JASTRZĘBIE-ZDRÓJ	POL	M-50	17	M 148	00:12:30	00:35:02	00:57:47	01:20:38	01:42:06.45	4:50	12.4
149	IWASZKOWSKI DAWID	175		KNUROW	POL	M-30	56	M 149	00:13:18	00:35:55	00:58:19	01:20:56	01:42:09.00	4:50	12.4
150	JANECZEK MAREK	179		GLIWICE	POL	M-40	56	M 150	00:12:48	00:35:40	00:58:28	01:21:02	01:42:11.10	4:50	12.4
151	MIECZNIKOWSKI JACEK	329		KATOWICE	POL	M-40	57	M 151	00:11:38	00:33:07	00:55:37	01:19:05	01:42:15.80	4:50	12.4
152	BRODACKI PAWEŁ	45		GLIWICE	POL	M-30	57	M 152	00:12:32	00:35:14	00:57:50	01:20:41	01:42:17.60	4:50	12.4
153	BUŁAWA GRZEGORZ	60	GB-ARCH	GLIWICE	POL	M-40	58	M 153	00:12:31	00:35:16	00:57:52	01:20:36	01:42:18.00	4:50	12.4
154	NOWAKOWSKI AREK	358		GLIWICE	POL	M-30	58	M 154	00:12:24	00:34:17	00:57:18	01:20:42	01:42:22.50	4:51	12.4
155	UJMA MICHAŁ	494	SII RUNNING TEAM	GLIWICE	POL	M-30	59	M 155	00:12:17	00:34:09	00:56:58	01:20:07	01:42:24.70	4:51	12.4
156	WOŁOWSKI LECH	633		KRAKÓW	POL	M-40	59	M 156	00:12:34	00:35:17	00:58:01	01:20:54	01:42:28.60	4:51	12.4
157	SARNECKI ADAM	429		UJAZD	POL	M-30	60	M 157	00:12:27	00:35:10	00:57:47	01:21:04	01:42:38.00	4:51	12.3
158	SZKLORZ SYLWESTER	581	ROZBIEGANA LIGOTA	KATOWICE	POL	M-50	18	M 158	00:13:16	00:35:20	00:58:38	01:21:30	01:42:40.25	4:51	12.3
159	TYSZKIEWICZ CUMA	492		GLIWICE	POL	M-40	60	M 159	00:12:31	00:35:12	00:57:51	01:20:39	01:42:47.15	4:52	12.3
160	BROJA RAFAŁ	47		BYTOM	POL	M-30	61	M 160	00:10:49	00:34:47	00:59:56	01:24:28	01:42:59.45	4:52	12.3
161	JAROS MARCIN	184	OPP KATOWICE	CZELADŹ	POL	M-30	62	M 161	00:13:47	00:35:58	00:58:56	01:21:01	01:43:04.00	4:53	12.3
162	TISZBIEREK MAREK	485		GLIWICE	POL	M-40	61	M 162	00:12:38	00:35:39	00:58:32	01:20:54	01:43:06.45	4:53	12.3
163	ŻMIJEWSKI DARIUSZ	551		GLIWICE	POL	M-50	19	M 163	00:12:20	00:34:18	00:57:03	01:20:26	01:43:09.25	4:53	12.3
164	PAWLACZYK LESŁAW	380	SII RUNNING TEAM	KATOWICE	POL	M-40	62	M 164	00:12:28	00:34:00	00:57:04	01:20:19	01:43:10.15	4:53	12.3
165	GAWLIK TOMASZ	126		PSZCZYNA	POL	M-40	63	M 165	00:12:57	00:35:43	00:59:07	01:21:55	01:43:11.20	4:53	12.3
166	ŁATKA ŁUKASZ	285	PACEMAKER	KATOWICE	POL	M-30	63	M 166	00:12:32	00:35:15	00:57:51		01:43:15.75	4:53	12.3
167	WILK MIROSLAW	515		ŚWIĘTOCHŁOWICE	POL	M-40	64	M 167	00:12:16	00:33:55	00:56:48	01:20:03	01:43:18.60	4:53	12.3
168	STAROSTKA JACEK	564	PKO BANK POLSKI BIEGAJMY RAZEM	KĘDZIERZYN-KOŹLE	POL	M-40	65	M 168	00:13:46	00:38:04	01:02:36	01:23:23	01:43:19.65	4:53	12.3
169	KUBIŚ MATEUSZ	261	JÓZEFINKA	WIESZOWA	POL	M-20	19	M 169	00:12:18	00:35:10	00:57:48	01:20:55	01:43:20.35	4:53	12.3
170	DZIABOR ANDRZEJ	100	#BYLEDOMETRY	BĘDZIN	POL	M-40	66	M 170	00:12:52	00:35:38	00:58:48	01:21:36	01:43:21.70	4:53	12.2
171	MAZUR KAMIL	567	PKO BANK POLSKI	PIEKARY ŚLĄSKIE	POL	M-30	64	M 171	00:12:33	00:35:17	00:58:15	01:21:34	01:43:22.60	4:53	12.2
172	ŻAAK MICHAŁ	549		ZABRZE	POL	M-30	65	M 172	00:12:04	00:34:26	00:57:33	01:20:56	01:43:22.80	4:53	12.2
173	CZAJKA ROMAN	79		GLIWICE	POL	M-40	67	M 173	00:12:02	00:34:23	00:57:42	01:21:13	01:43:33.45	4:54	12.2
174	MACYSZYN WALDEMAR	293	GLIWICE	PILCHOWICE	POL	M-50	20	M 174	00:12:16	00:34:35	00:57:37	01:21:15	01:43:42.05	4:54	12.2
175	GAJDA PATRYK	116		GDYNIA	POL	M-20	20	M 175	00:12:29	00:35:13	00:57:51	01:21:09	01:43:42.55	4:54	12.2
176	BABIUCH KAROL	6		ŁANY WIELKIE	POL	M-30	66	M 176	00:12:16	00:34:51	00:57:48	01:21:07	01:43:48.75	4:55	12.2
177	KRUK GRZEGORZ	561	PRESS GLASS BIEGAMY I WSPIERAMY	CZĘSTOCHOWA	POL	M-50	21	M 177	00:11:52	00:33:51	00:56:06	01:19:49	01:43:54.80	4:55	12.2
178	SALASOWICZ JERZY	427	BIEGAM Z ENDO	HANUSEK	POL	M-60	4	M 178	00:12:49	00:35:42	00:58:54	01:22:17	01:43:59.60	4:55	12.2
179	MERES JAREK	323		TARNOWSKIE GÓRY	POL	M-40	68	M 179	00:12:14	00:34:33	00:57:53	01:21:24	01:44:11.75	4:56	12.2
180	NOWACKI WOJCIECH	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	BYTOM	POL	M-30	67	M 180	00:12:33	00:35:16	00:57:52	01:21:12	01:44:25.05	4:56	12.1
181	MOSZ TOMASZ	338	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	69	M 181	00:12:55	00:35:51	00:59:37	01:22:57	01:44:28.65	4:57	12.1
182	NOWALIŃSKI GRZEGORZ	360	HOLBOX RUNNERS	KNURÓW	POL	M-30	68	M 182	00:12:57	00:36:12	00:59:48	01:22:51	01:44:37.05	4:57	12.1
183	CHLIŚTAŁA JAROSŁAW	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	GODÓW	POL	M-30	69	M 183	00:12:56	00:36:04	00:59:47	01:23:23	01:44:39.55	4:57	12.1
184	WOJTUKIEWICZ ARTUR	518	DHL RUN CLUB	GLIWICE	POL	M-40	70	M 184	00:11:58	00:33:50	00:56:22	01:20:55	01:45:01.45	4:58	12.1
185	MICHALAK WOJCIECH	576	KTW TEAM	WARSZAWA	POL	M-30	70	M 185	00:12:33	00:35:06	00:58:18	01:22:25	01:45:01.55	4:58	12.1
186	SALAMON EMIL	426	OPEL ACTIVE TEAM	GLIWICE	POL	M-30	71	M 186	00:12:36	00:35:18	00:58:02	01:21:34	01:45:02.30	4:58	12.1
187	GALL KACPER	119		KĘDZIERZYN-KOŹLE	POL	M-20	21	M 187	00:11:55	00:34:04	00:57:51	01:21:26	01:45:07.40	4:58	12
188	BRODEK ANDRZEJ	46	CERTUM	GLIWICE	POL	M-50	22	M 188	00:12:53	00:35:33	00:59:03	01:22:54	01:45:27.25	4:59	12
189	ODOSZEWSKI ROMAN	363	OASIS SORT TEAM	GLIWICE	POL	M-40	71	M 189	00:11:55	00:34:06	00:57:33	01:21:37	01:45:36.00	5:00	12
190	WÓJCIK RAFAŁ	525		PIEKARY ŚLĄSKIE	POL	M-40	72	M 190	00:12:52	00:36:01	00:59:48	01:23:30	01:45:54.00	5:01	12
191	DALGIEWICZ DARIUSZ	91		ŁOMIANKI	POL	M-60	5	M 191	00:13:04	00:36:20	01:00:12	01:23:50	01:45:57.55	5:01	11.9
192	SKOCZEK MICHAŁ	573	HARD BOX OTWOCK	OTWOCK	POL	M-30	72	M 192	00:13:18	00:35:52	00:59:41	01:23:48	01:46:06.05	5:01	11.9
193	MAZUR GRZEGORZ	318		PIOTRKÓW TRYBUNALSKI	POL	M-50	23	M 193	00:12:47	00:35:35	00:59:19	01:23:08	01:46:16.00	5:02	11.9
194	NITARSKI PATRYK	350		GLIWICE	POL	M-40	73	M 194	00:12:11	00:34:21	00:58:04	01:22:41	01:46:22.50	5:02	11.9
195	RÓWNICKI MARCIN	412	#BYLEDOMETRY	BĘDZIN	POL	M-30	73	M 195	00:12:35	00:35:36	00:59:13	01:23:10	01:46:28.55	5:02	11.9

VII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
196	CZAPLA ARKADIUSZ	83	FAT MAMAS SPORT	BYTOM	POL	M-50	24	M 196	00:14:02	00:37:18	01:01:00	01:24:28	01:46:32.60	5:02	11.9
197	PIZNAL KAMIL	391		KĘTY	POL	M-30	74	M 197	00:12:34	00:35:21	00:59:18	01:23:24	01:46:35.00	5:03	11.9
198	NIESZWIC TERCJUSZ	348		GLIWICE	POL	M-20	22	M 198	00:12:52	00:35:33	00:59:00	01:23:03	01:46:35.30	5:03	11.9
199	MARCELA MARCIN	307		TARNOWSKIE GÓRY	POL	M-40	74	M 199	00:14:03	00:37:18	01:01:01	01:24:29	01:46:42.75	5:03	11.9
200	KAWA MARIUSZ	217		SOSNOWIEC	POL	M-40	75	M 200	00:11:55	00:34:03	00:57:41	01:22:06	01:46:46.20	5:03	11.9
201	KĘDZIORA ŁUKASZ	220	NIEZRZESZONY	PIEKARY ŚLĄSKIE	POL	M-40	76	M 201	00:13:38	00:36:54	01:00:48	01:24:22	01:46:49.90	5:03	11.9
202	NAWROCKI PAWEŁ	344		RYBNIK	POL	M-50	25	M 202	00:12:15	00:34:41	00:59:02	01:23:21	01:46:50.45	5:03	11.9
203	KULCZYK ADAM	264	SG SQUAD	ZABRZE	POL	M-40	77	M 203	00:13:18	00:36:41	01:00:26	01:24:24	01:46:57.85	5:04	11.8
204	ORDOŃ BARTŁOMIEJ	367		RYBNIK	POL	M-30	75	M 204	00:12:33	00:35:28	00:59:26	01:23:53	01:47:04.70	5:04	11.8
205	BERGER JUREK	25		DĄBROWA GÓRNICZA	POL	M-50	26	M 205	00:12:40	00:36:03	01:00:52	01:24:23	01:47:06.05	5:04	11.8
206	BIELAK MICHAŁ	566	PKO BANK POLSKI	BYTOM	POL	M-30	76	M 206	00:12:47	00:35:32	00:59:38	01:23:27	01:47:07.05	5:04	11.8
207	WAWRZYŃIAK MARIUSZ	505		CZERWIONKA-LESZCZYNY	POL	M-40	78	M 207	00:13:59	00:37:13	01:01:01	01:24:40	01:47:15.85	5:04	11.8
208	PACZKA MICHAŁ	374	GLIWICE	GLIWICE	POL	M-50	27	M 208	00:13:53	00:37:16	01:01:12	01:25:27	01:47:17.45	5:05	11.8
209	KIEŁBASA ARTUR	223		LESZCZYNY	POL	M-40	79	M 209	00:14:00	00:37:13	01:01:00	01:24:40	01:47:17.60	5:05	11.8
210	OZYP MARIUSZ	372		GLIWICE	POL	M-30	77	M 210	00:13:10	00:36:58	01:01:06	01:25:01	01:47:20.35	5:05	11.8
211	SIDORSKI ROBERT	433	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	80	M 211	00:12:46	00:35:49	00:59:56	01:24:30	01:47:20.65	5:05	11.8
212	URBASIK MARIUSZ	497	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-50	28	M 212	00:12:41	00:36:13	01:00:46	01:24:47	01:47:21.05	5:05	11.8
213	MARCINIAK KRZYSZTOF	310	KS PEREŁECZKI	RACIBÓRZ	POL	M-30	78	M 213	00:13:30	00:37:50	01:01:59	01:25:40	01:47:23.25	5:05	11.8
214	MAJEWSKI ANTONI	300		BYTOM	POL	M-20	23	M 214	00:12:49	00:36:48	01:01:53	01:26:11	01:47:28.25	5:05	11.8
215	MICHAŁSKI ŁUKASZ	327		CZĘSTOCHOWA	POL	M-30	79	M 215	00:12:53	00:36:00	00:59:51	01:23:58	01:47:32.55	5:05	11.8
216	CETERA ŁUKASZ	64	#HUTATEAM	GLIWICEGLIWICE	POL	M-30	80	M 216	00:13:26	00:37:16	01:00:51	01:24:44	01:47:37.35	5:06	11.8
217	RUTKOWSKI MICHAŁ	416		GLIWICE	POL	M-30	81	M 217	00:13:29	00:38:04	01:02:32	01:26:21	01:47:44.45	5:06	11.8
218	KLAPETEK JACEK	227	HURAGAN LIGOTA	KATOWICE	POL	M-50	29	M 218	00:13:15	00:35:58	00:59:37	01:24:02	01:47:55.35	5:06	11.7
219	WIETRZYCKI MARIUSZ	512		GLIWICE	POL	M-30	82	M 219	00:13:03	00:35:19	00:59:21	01:23:13	01:47:57.25	5:06	11.7
220	KOPEL TOMASZ	562		GLIWICE	POL	M-40	81	M 220	00:13:38	00:36:53	01:00:52	01:25:02	01:47:58.50	5:07	11.7
221	DZIWAŁ DARIUSZ	102	TIMOTHY	KATOWICE	POL	M-30	83	M 221	00:12:39	00:35:40	00:59:54	01:24:34	01:48:03.85	5:07	11.7
222	JANIKOWSKI MICHAŁ	181		KATOWICE	POL	M-40	82	M 222	00:12:55	00:36:08	01:00:19	01:24:37	01:48:15.80	5:07	11.7
223	KANIA MICHAŁ	208		WARSZAWA	POL	M-40	83	M 223	00:12:32	00:35:16	00:59:05	01:23:50	01:48:16.75	5:07	11.7
224	KRAJEWSKI RADOSŁAW	251		GLIWICE	POL	M-30	84	M 224	00:12:57	00:36:04	01:00:17	01:25:09	01:48:21.30	5:08	11.7
225	KANDEFER MICHAŁ	207		SIEMIANOWICE ŚLĄSKIE	POL	M-30	85	M 225	00:13:09	00:36:54	01:01:32	01:25:26	01:48:27.50	5:08	11.7
226	DOBOSZ KRZYSZTOF	95	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	30	M 226	00:13:21	00:37:51	01:02:32	01:26:55	01:48:49.15	5:09	11.6
227	PURCZYŃSKI JAN	405	RYBNIK	RYBNIK	POL	M-50	31	M 227	00:13:40	00:37:40	01:02:24	01:26:42	01:48:55.45	5:09	11.6
228	BATKO JANUSZ	17		GLIWICE	POL	M-40	84	M 228	00:13:07	00:37:27	01:02:10	01:26:28	01:48:56.50	5:09	11.6
229	FILIPCZYK PRZEMYSŁAW	109		KATOWICE	POL	M-40	85	M 229	00:13:39	00:37:54	01:02:29	01:26:48	01:49:02.50	5:10	11.6
230	KACZOR RAFAŁ	568	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	86	M 230	00:13:21	00:37:53	01:02:36	01:26:55	01:49:06.10	5:10	11.6
231	BAK-CESARZ DAMIAN	19		GLIWICE	POL	M-40	87	M 231	00:14:19	00:39:57	01:05:01	01:28:58	01:49:08.00	5:10	11.6
232	ZAMORA MAREK	535		PIEKARY ŚL.	POL	M-50	32	M 232	00:13:50	00:38:14	01:02:58	01:27:11	01:49:13.30	5:10	11.6
233	MOCEK ROMAN	337		CHUDÓW	POL	M-60	6	M 233	00:14:06	00:38:01	01:02:14	01:26:19	01:49:14.55	5:10	11.6
234	DREWUSZEWSKI MACIEJ	615	4M	PLAWNIOWICE	POL	M-40	88	M 234	00:13:17	00:37:36	01:02:34	01:26:46	01:49:22.65	5:10	11.6
235	SACHNIK MAREK	425	DYNAMIK SILESIA	GLIWICE	POL	M-20	24	M 235	00:12:41	00:35:40	01:00:21	01:25:05	01:49:24.30	5:11	11.6
236	PISZCZ MAREK	390	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	89	M 236	00:12:47	00:36:10	01:00:52	01:26:01	01:49:25.70	5:11	11.6
237	GRONDYS ANDRZEJ	152	ZATYRANI GMINA PILCHOWICE	ŻERNICA	POL	M-40	90	M 237	00:12:45	00:36:10	01:00:58	01:25:43	01:49:26.05	5:11	11.6
238	WAWRZAK RYSZARD	504	PACEMAKER	GLIWICE	POL	M-40	91	M 238	00:13:27	00:37:58	01:02:42	01:27:09	01:49:30.70	5:11	11.6
239	GRZEGORCZYK WOJCIECH	154	#HUTATEAM	RUEDA ŚLĄSKA	POL	M-40	92	M 239	00:15:18	00:40:23	01:05:54	01:28:25	01:49:33.75	5:11	11.6
240	BORYCZKA SZYMON	595		MIEDZYRZECZE	POL	M-40	93	M 240	00:13:42	00:37:32	01:01:56	01:25:59	01:49:37.40	5:11	11.5
241	STELMASZCZYK KONRAD	616		PANIÓWKI	POL	M-20	25	M 241	00:14:02	00:37:19	01:01:44	01:26:01	01:49:38.35	5:11	11.5
242	SEMIK JAKUB	432		GLIWICE	POL	M-30	86	M 242	00:13:25	00:37:43	01:02:42	01:27:11	01:49:44.45	5:12	11.5
243	MACHEJ MARIUSZ	290		SKOCZÓW	POL	M-50	33	M 243	00:13:43	00:37:13	01:01:02	01:25:34	01:49:46.45	5:12	11.5
244	KARWOT PIOTR	210	TEAM REDYNA	DEBIEŃSKO	POL	M-30	87	M 244	00:13:20	00:37:52	01:02:37	01:27:01	01:49:57.50	5:12	11.5
245	ROSADA ZDZISŁAW	594	BIEGAJ Z KS SOŚNICA	GLIWICE	POL	M-60	7	M 245	00:13:27	00:37:55	01:02:34	01:26:56	01:50:14.45	5:13	11.5
246	RYŚ KAMIL	421	HUTATEAM	GLIWICE	POL	M-30	88	M 246	00:13:58	00:38:03	01:02:42	01:26:58	01:50:17.05	5:13	11.5
247	RYZIŃSKI WOJCIECH	423	CLONMEL AC	CLONMEL	IRL	M-40	94	M 247	00:13:50	00:38:29	01:03:47	01:27:51	01:50:17.75	5:13	11.5
248	RYŚ DARIUSZ	420	HUTATEAM	GLIWICE	POL	M-40	95	M 248	00:13:13	00:37:30	01:02:47	01:27:08	01:50:19.00	5:13	11.5
249	ANTOSZ WOJCIECH	5		MIZERÓW	POL	M-30	89	M 249	00:13:23	00:37:56	01:02:39	01:27:02	01:50:23.80	5:13	11.5
250	ŁOZIŃSKI JERZY	288	PARKRUN CHRZANÓW	LIBIAŻ	POL	M-40	96	M 250	00:12:51	00:36:06	01:00:45	01:26:24	01:50:42.90	5:14	11.4
251	KŁYSZ BARTEK	231	SEGIECKI NINJA	BYTOM	POL	M-30	90	M 251	00:13:10	00:35:36	00:59:51	01:24:30	01:50:47.30	5:15	11.4
252	GĘBCZYŃSKI PAWEŁ	128	GO4IT	GLIWICE	POL	M-40	97	M 252	00:13:19	00:37:37	01:02:40	01:27:23	01:50:52.75	5:15	11.4

VII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
253	PALKA DOMINIK	377		CHRZANÓW	POL	M-40	98	M 253	00:14:23	00:38:57	01:03:26	01:27:46	01:50:54.00	5:15	11.4
254	MUSIL MIKE	341	ENDURANCE TEAM	BYTOM	POL	M-50	34	M 254	00:13:24	00:37:43	01:02:43	01:27:16	01:51:03.30	5:15	11.4
255	KOBIERSKI SZYMON	610	EMPI	RUDA ŚLĄSKA	POL	M-40	99	M 255	00:13:17	00:37:50	01:02:17	01:26:58	01:51:03.50	5:15	11.4
256	HRYNISZYN MARIUSZ	170		ZABRZE	POL	M-30	91	M 256	00:14:26	00:38:39	01:03:38	01:28:15	01:51:07.95	5:15	11.4
257	GAŁĘCZKA MICHAŁ	120		GLIWICE	POL	M-30	92	M 257	00:13:37	00:38:28	01:03:39	01:28:37	01:51:10.85	5:16	11.4
258	ZALESKI ARKADIUSZ	533		GLIWICE	POL	M-50	35	M 258	00:13:00	00:37:01	01:01:56	01:26:49	01:51:11.05	5:16	11.4
259	GROCHOT ARKADIUSZ	150		KRAKOW	POL	M-20	26	M 259	00:12:29	00:35:32	01:00:26	01:26:11	01:51:13.80	5:16	11.4
260	LUBICKI WOJCIECH	283	DBS	ZABRZE, POW. ZABRZE	POL	M-50	36	M 260	00:13:23	00:37:58	01:02:39	01:27:10	01:51:14.45	5:16	11.4
261	ŻABICKI MARIUSZ	550	X-REHAB GLIWICKIE CENTRUM REHABILITACJI	GLIWICE	POL	M-40	100	M 261	00:12:58	00:36:59	01:01:53	01:26:59	01:51:15.70	5:16	11.4
262	BELICA DANIEL	23		ZABRZE	POL	M-30	93	M 262	00:13:59	00:38:05	01:02:54	01:27:42	01:51:25.60	5:16	11.4
263	GOMOLA ZBIGNIEW	140	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	37	M 263	00:14:07	00:39:18	01:04:50	01:29:41	01:51:28.35	5:16	11.4
264	JOŃSKI TOMASZ	194		ŁAŃCUT	POL	M-20	27	M 264	00:13:59	00:39:23	01:04:42	01:29:21	01:51:29.85	5:17	11.4
265	SZKLARSKI PRZEMYSŁAW	641	LET'S WOD	RADZIONKÓW	POL	M-40	101	M 265	00:12:46	00:37:15	01:02:24	01:27:01	01:51:30.30	5:17	11.4
266	PANZ KRZYSZTOF	623		KLESZCZÓW	POL	M-30	94	M 266	00:12:35	00:36:09	01:00:54	01:26:16	01:51:33.30	5:17	11.3
267	BIAŁAS KRZYSZTOF	26	ŁAMIGNATY	ORNONTOWICE	POL	M-40	102	M 267	00:14:07	00:39:19	01:04:50	01:29:43	01:51:42.95	5:17	11.3
268	LEWANDOWSKI HENRYK	281		GLIWICE	POL	M-40	103	M 268	00:13:06	00:37:45	01:02:29	01:27:10	01:51:57.30	5:18	11.3
269	SULKOWSKI ARKADIUSZ	559		KNURÓW	POL	M-40	104	M 269	00:14:19	00:37:31	01:02:07	01:27:22	01:51:59.00	5:18	11.3
270	DOMAŃSKI MARCIN	96	RUNNINGFISH74	GLIWICE	POL	M-40	105	M 270	00:14:33	00:39:06	01:04:17	01:28:53	01:52:02.60	5:18	11.3
271	KUTRZYK PRZEMYSŁAW	267		SOSNOWIEC	POL	M-40	106	M 271	00:13:35	00:38:16	01:03:25	01:28:25	01:52:09.30	5:18	11.3
272	RYSZCZYK ADAM	419	RUN2BFREE	RYBNIK	POL	M-40	107	M 272	00:14:20	00:38:19	01:03:30	01:28:13	01:52:13.45	5:19	11.3
273	GRZELCZAK SŁAWEK	156		WARSZAWA	POL	M-40	108	M 273	00:11:54	00:34:00	00:58:58	01:27:08	01:52:13.75	5:19	11.3
274	KASZUBSKI ANDRZEJ	216		ZABRZE	POL	M-40	109	M 274	00:13:26	00:37:40	01:02:13	01:27:00	01:52:14.05	5:19	11.3
275	SMUDA ANDRZEJ	451	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	110	M 275	00:14:09	00:38:54	01:03:35	01:28:07	01:52:17.15	5:19	11.3
276	BURY ANDRZEJ	61	TEAM BLACHOWNIA	BLACHOWNIA	POL	M-60	8	M 276	00:13:15	00:37:49	01:02:37	01:27:56	01:52:21.25	5:19	11.3
277	MICHAŁAK GRZEGORZ	324	TOTALNY AMATOR	ZABRZE	POL	M-40	111	M 277	00:13:32	00:37:52	01:02:59	01:28:15	01:52:26.65	5:19	11.3
278	KLUBA ŁUKASZ	230	NGB KŁOBUCK	WILKOWIECKO	POL	M-30	95	M 278	00:13:22	00:37:49	01:02:34	01:27:59	01:52:41.20	5:20	11.2
279	SPIECHOWICZ ANDRZEJ	457	KMP ZABRZE	ZABRZE	POL	M-30	96	M 279	00:12:37	00:35:33	01:01:08	01:27:36	01:52:54.85	5:21	11.2
280	KOCUR ROBERT	232		TACISZÓW	POL	M-50	38	M 280	00:13:42	00:38:17	01:03:49	01:29:42	01:53:00.10	5:21	11.2
281	BRZozowski JAN	51	NIE ZRZESZONY	MIKOŁÓW	POL	M-60	9	M 281	00:13:22	00:37:49	01:02:50	01:28:33	01:53:13.90	5:21	11.2
282	CIUMAN PIOTR	78	PHD RUNNERS	GLIWICE	POL	M-30	97	M 282	00:13:22	00:37:38	01:02:19	01:27:54	01:53:14.60	5:21	11.2
283	KONIORCZYK MACIEJ	237		ZABRZE	POL	M-30	98	M 283	00:14:14	00:39:22	01:04:27	01:29:09	01:53:15.30	5:22	11.2
284	BUCHAL GRZEGORZ	52	TRIDIVISION	ZERNICA	POL	M-50	39	M 284	00:14:04	00:39:23	01:04:59	01:30:01	01:53:23.55	5:22	11.2
285	NOWAKOWSKI DOMINIK	359		GLIWICE	POL	M-20	28	M 285	00:13:00	00:36:26	01:02:21	01:28:58	01:53:24.40	5:22	11.2
286	GOŁKOWSKI RADOŚLAW	139		ZAWIERCIE	POL	M-30	99	M 286	00:12:52	00:37:28	01:02:55	01:29:03	01:53:33.05	5:22	11.1
287	CISZEWSKI KRZYSZTOF	77		SOŚNICOWICE	POL	M-30	100	M 287	00:13:20	00:38:03	01:03:35	01:29:20	01:53:36.65	5:23	11.1
288	PRENZENA PAWEŁ	398		ZABRZE	POL	M-30	101	M 288	00:12:35	00:35:58	01:01:56	01:27:51	01:53:46.85	5:23	11.1
289	HOLECZEK MARCIN	168	BORN TU BI LOTAC	CHORZÓW	POL	M-40	112	M 289	00:14:09	00:40:00	01:05:28	01:30:28	01:53:48.45	5:23	11.1
290	STALICA WOJCIECH	569		CZĘSTOCHOWA	POL	M-50	40	M 290	00:13:47	00:38:41	01:04:21	01:29:34	01:53:55.00	5:23	11.1
291	ZASIEK AMADEUSZ	538		RUDA ŚLĄSKA	POL	M-30	102	M 291	00:14:34	00:41:04	01:07:04	01:32:10	01:54:28.40	5:25	11.1
292	KOPRUCKI ŁUKASZ	239		GLIWICE	POL	M-30	103	M 292	00:15:06	00:42:02	01:08:36	01:33:27	01:54:34.50	5:25	11.1
293	SEKIENDA GRZEGORZ	431		WILCZA	POL	M-40	113	M 293	00:13:03	00:37:31	01:02:19	01:27:31	01:54:34.60	5:25	11.1
294	MIKOS WOJCIECH	331		TOSZEK	POL	M-20	29	M 294	00:12:41	00:37:46	01:04:09	01:31:05	01:54:36.10	5:25	11
295	WÓJCIK TOMASZ	563	FDG SA	GLIWICE	POL	M-30	104	M 295	01:05:34	01:30:37			01:54:37.60	5:25	11
296	SKOTNICKI PAWEŁ	447		GLIWICE	POL	M-30	105	M 296	00:12:24	00:35:15	01:00:31	01:27:03	01:54:44.70	5:26	11
297	SKOP MICHAŁ	637		ZABRZE	POL	M-50	41	M 297	00:14:54	00:38:39	01:03:08	01:28:04	01:54:45.45	5:26	11
298	MAJOR STEFAN	301		ŻARKI	POL	M-60	10	M 298	00:14:28	00:39:03	01:04:41	01:30:41	01:54:50.65	5:26	11
299	CADER WOJCIECH	63	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	42	M 299	00:14:23	00:39:19	01:04:51	01:30:44	01:54:57.40	5:26	11
300	SZCZABEL KRYSZTIAN	472		GLIWICE	POL	M-30	106	M 300	00:11:53	00:36:09	01:02:05	01:27:14	01:55:00.20	5:27	11
301	GARBACZ DAMIAN	122		SOŚNICOWICE	POL	M-30	107	M 301	00:13:20	00:37:52	01:03:36	01:29:36	01:55:01.60	5:27	11
302	JURASZCZYK JAN	197	#HUTATEAM	PYSKOWICE	POL	M-30	108	M 302	00:15:18	00:40:24	01:05:57	01:32:12	01:55:05.70	5:27	11
303	MICHAŁSKI MAREK	326		GLIWICE	POL	M-40	114	M 303	00:13:14	00:38:14	01:03:46	01:30:39	01:55:10.40	5:27	11
304	KASPRZAK MICHAŁ	213		GLIWICE	POL	M-20	30	M 304	00:12:42	00:37:47	01:04:09	01:31:06	01:55:18.75	5:27	11
305	KORDYŚ ADAM	240	KLUB BIEGOWY SZUSZARNIA	RUDA ŚLĄSKA	POL	M-30	109	M 305	00:14:08	00:39:29	01:05:21	01:31:16	01:55:25.55	5:28	11
306	OZDARSKI KRZYSZTOF	371	OPEL ACTIVE TEAM	RUDA ŚLĄSKA	POL	M-50	43	M 306	00:14:07	00:39:29	01:05:21	01:31:15	01:55:25.95	5:28	11
307	JAWORSKI JAKUB	191		GLIWICE	POL	M-20	31	M 307	00:14:05	00:39:13	01:04:43	01:30:33	01:55:34.10	5:28	11
308	BELUCH WITOLD	24		GLIWICE	POL	M-50	44	M 308	00:14:09	00:39:09	01:04:53	01:30:54	01:55:36.20	5:28	11

VII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
309	PIKOŃ KRZYSZTOF	644	JALSALMER	GLIWICE	POL	M-50	45	M 309	00:12:39	00:36:42	01:02:39	01:29:14	01:55:37.50	5:28	10.9
310	WOLIŃSKI PIOTR	520	JSB	KNURÓW	POL	M-40	115	M 310	00:13:50	00:38:49	01:04:30	01:30:52	01:55:50.65	5:29	10.9
311	BEDNARZ KRZYSZTOF	22		WROCŁAW	POL	M-30	110	M 311	00:12:35	00:36:05	01:01:47	01:28:18	01:55:52.00	5:29	10.9
312	SNACHOWSKI KAMIL	452	NEXTEER RUNNERS GLIWICE	GLIWICE	POL	M-30	111	M 312	00:15:05	00:39:29	01:04:03	01:30:18	01:55:54.45	5:29	10.9
313	RYBACKI MARCIN	617		GLIWICE	POL	M-30	112	M 313	00:15:06	00:39:30	01:04:04	01:30:18	01:55:55.60	5:29	10.9
314	MRZYGLÓD ROBERT	339		KATOWICE	POL	M-30	113	M 314	00:13:40	00:38:47	01:04:34	01:30:58	01:55:56.00	5:29	10.9
315	KOC DANIEL	560		NIEWIESZE	POL	M-20	32	M 315	00:14:46	00:39:55	01:05:34	01:31:53	01:55:58.65	5:29	10.9
316	FAŁEK KRZYSZTOF	106	ŁAMIGNATY	MIKOŁÓW	POL	M-40	116	M 316	00:14:08	00:39:19	01:04:51	01:30:49	01:56:00.95	5:29	10.9
317	KWAPIEŃ ALEKSANDER	598		GLIWICE	POL	M-30	114	M 317	00:15:06	00:41:16	01:07:01	01:32:38	01:56:01.00	5:29	10.9
318	MICHAŁOWSKI RAFAŁ	626		GLIWICE	POL	M-30	115	M 318	00:14:20	00:39:42	01:05:23	01:31:01	01:56:02.00	5:29	10.9
319	KRZYWICKI JAN	260		GLIWICE	POL	M-60	11	M 319	00:14:08	00:39:23	01:05:33	01:31:38	01:56:11.60	5:30	10.9
320	SIEKIERKA JANUSZ	435		SŁUPSKO	POL	M-40	117	M 320	00:14:18	00:39:52	01:06:18	01:32:21	01:56:14.00	5:30	10.9
321	GÓRECKI RYSZARD	558	NIEZRZESZONY	GLIWICE	POL	M-50	46	M 321	00:14:28	00:39:35	01:05:59	01:31:17	01:56:23.05	5:30	10.9
322	GÓRECKI JANUSZ	144		GLIWICE	POL	M-50	47	M 322	00:14:02	00:39:06	01:04:48	01:30:49	01:56:24.70	5:30	10.9
323	GAWEŁ KRZYSZTOF	125		MIKOŁÓW	POL	M-50	48	M 323	01:05:12				01:56:30.00	5:31	10.9
324	ŁAZARZ GRZEGORZ	622		GLIWICE	POL	M-40	118	M 323	00:13:42	00:39:18	01:05:47	01:32:07	01:56:30.00	5:31	10.9
325	GAJEWSKI JACEK	117	KURCZAK I AGATKA	GLIWICE	POL	M-50	49	M 325	00:14:03	00:39:21	01:05:39	01:31:49	01:56:31.70	5:31	10.9
326	ZBYTŃIEWSKI PAWEŁ	541	MORSY	BIELSKO BIAŁA	POL	M-40	119	M 326	00:14:28	00:39:03	01:04:52	01:31:14	01:56:35.35	5:31	10.9
327	RZESZOWSKI ARKADIUSZ	424		RACIBÓRZ	POL	M-40	120	M 327	00:14:35	00:40:20	01:06:55	01:32:33	01:56:40.25	5:31	10.9
328	TYROL TOMASZ	491		CHORZÓW	POL	M-40	121	M 328	00:14:47	00:40:18	01:05:28	01:30:42	01:56:41.35	5:31	10.8
329	KOSIŃSKI MARCIN	596		DĄBROWA GÓRNICZA	POL	M-30	116	M 329	00:13:08	00:37:45	01:04:19	01:31:25	01:56:45.90	5:31	10.8
330	IGNACZAK ROBERT	173		GLIWICE	POL	M-40	122	M 330	00:14:19	00:40:00	01:06:56	01:32:57	01:56:48.95	5:32	10.8
331	PIĘTA KRZYSZTOF	385	BIEG BIELAWA	SOSNOWIEC	POL	M-60	12	M 331	00:13:32	00:38:10	01:04:18	01:30:46	01:56:54.50	5:32	10.8
332	SOBIECH SEBASTIAN	608		PIEKARY ŚLĄSKIE	POL	M-20	33	M 332	00:14:53	00:41:14	01:07:50	01:33:22	01:57:06.70	5:32	10.8
333	BAJKACZ TOMASZ	8		GLIWICE	POL	M-20	34	M 333	00:14:32	00:40:51	01:07:19	01:33:16	01:57:19.15	5:33	10.8
334	DROZD KRYSZTIAN	584		JÓZEFÓW	POL	M-40	123	M 334	00:14:25	00:39:56	01:06:32	01:32:37	01:57:32.30	5:34	10.8
335	ZWIERZYŃSKI PIOTR	547	UNATCO	RYBNIK	POL	M-50	50	M 335	00:14:51	00:40:59	01:07:22	01:34:26	01:57:43.70	5:34	10.8
336	KWAPIEŃ PAWEŁ	588		GLIWICE	POL	M-40	124	M 336	00:15:06	00:41:16	01:07:01	01:32:42	01:57:45.70	5:34	10.8
337	TEICHMANN NORBERT	483		GLIWICE	POL	M-60	13	M 337	00:14:59	00:40:58	01:08:24	01:34:39	01:57:55.80	5:35	10.7
338	BAJKACZ KRZYSZTOF	9		GLIWICE	POL	M-30	117	M 338	00:14:31	00:40:50	01:07:18	01:33:14	01:58:11.40	5:36	10.7
339	ORLIK JERZY	368		GLIWICE	POL	M-60	14	M 339	00:14:17	00:39:51	01:06:22	01:32:45	01:58:12.70	5:36	10.7
340	KRAJEWSKI MICHAŁ	252		GLIWICE	POL	M-40	125	M 340	00:14:57	00:42:10	01:08:56	01:34:41	01:58:15.60	5:36	10.7
341	PATEROK MARCIN	634		RUDA ŚLĄSKA	POL	M-40	126	M 341	00:14:56	00:39:53	01:06:55	01:34:02	01:58:20.45	5:36	10.7
342	KISIEL TOMASZ	226		WRZOSOWA	POL	M-50	51	M 342	00:14:14	00:39:51	01:06:33	01:33:09	01:58:23.90	5:36	10.7
343	PODSTUFKA SZYMON	393		GLIWICE	POL	M-20	35	M 343	00:14:42	00:41:00	01:07:42	01:33:56	01:58:32.05	5:37	10.7
344	CZERNEK MAREK	87	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	127	M 344	00:14:11	00:39:54	01:06:42	01:33:06	01:58:32.95	5:37	10.7
345	MAGNER BARTŁOMIEJ	298	BB	GLIWICE	POL	M-40	128	M 345	00:14:56	00:39:54	01:06:55	01:34:03	01:58:33.05	5:37	10.7
346	SMARUJ PIOTR	450		GLIWICE	POL	M-30	118	M 346	00:14:59	00:40:37	01:07:08	01:33:43	01:58:36.75	5:37	10.7
347	OŚIŃSKI PAWEŁ	370	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	129	M 347	00:14:12	00:40:17	01:07:29	01:33:34	01:58:50.70	5:37	10.7
348	MIKUŁA LESZEK	333		GLIWICE	POL	M-40	130	M 348	00:13:44	00:38:50	01:05:23	01:32:15	01:59:02.60	5:38	10.6
349	KUBICA GERARD	607		GLIWICE	POL	M-50	52	M 349	00:13:00	00:37:50	01:03:54	01:31:28	01:59:06.95	5:38	10.6
350	PIKUL PRZEMYSŁAW	67		ZABRZE	POL	M-30	119	M 350	00:14:40	00:41:34	01:07:56	01:34:06	01:59:07.00	5:38	10.6
351	KOCUR ALEKSANDER	233		GLIWICE	POL	M-40	131	M 351	00:14:22	00:40:17	01:06:05	01:32:52	01:59:09.30	5:38	10.6
352	WÓJCIK RAFAŁ	523		GLIWICE	POL	M-40	132	M 352	00:14:30	00:40:45	01:07:39	01:34:16	01:59:12.60	5:38	10.6
353	MADEJSKI SEBASTIAN	296	BORN TU BI LOTAC	CHORZÓW	POL	M-40	133	M 353	00:14:50	00:41:38	01:08:24	01:34:39	01:59:21.10	5:39	10.6
354	POKRYSZKA BARTOSZ	395		SOSNOWIEC	POL	M-30	120	M 354	00:13:21	00:38:22	01:04:26	01:31:23	01:59:31.45	5:39	10.6
355	SIKORA MICHAŁ	438		POL	M-40		134	M 355	00:14:30	00:40:54	01:07:49	01:34:17	01:59:34.45	5:40	10.6
356	KIERA SZYMON	224	TS RUNNERS	CHORZÓW	POL	M-40	135	M 356	00:14:30	00:40:09	01:06:53	01:33:41	01:59:40.95	5:40	10.6
357	KAIM RAFAŁ	199		PSARY	POL	M-20	36	M 357	00:15:15	00:41:23	01:08:13	01:35:05	01:59:43.15	5:40	10.6
358	BASZUN MICHAŁ	15		GLIWICE	POL	M-40	136	M 358	00:14:46	00:41:57	01:08:45	01:35:28	01:59:49.95	5:40	10.6
359	WIEKIERA ADAM	624		GLIWICE	POL	M-30	121	M 359	00:14:54	00:41:29	01:08:02	01:34:44	01:59:51.90	5:40	10.6
360	JARUGA DAMIAN	185		RYBNIK	POL	M-30	122	M 360	00:14:01	00:39:43	01:07:19	01:33:57	01:59:54.25	5:40	10.6
361	JABŁOŃSKI ŁUKASZ	176		TYCHY	POL	M-30	123	M 361	00:14:02	00:40:03	01:07:08	01:34:22	01:59:58.40	5:41	10.6
362	GRZYWACZ SEBASTIAN	161		RACHOWICE	POL	M-40	137	M 362	00:14:53	00:41:15	01:08:04	01:34:31	02:00:05.30	5:41	10.5
363	AKSAMIT WITOLD	3	BLEES	GLIWICE	POL	M-30	124	M 363	00:14:18	00:40:45	01:07:44	01:34:27	02:00:07.40	5:41	10.5
364	MATULICZ DAMIAN	316		GLIWICE	POL	M-40	138	M 364	00:14:34	00:40:45	01:07:33	01:34:27	02:00:09.45	5:41	10.5
365	MARKOWSKI KAMIL	312		GLIWICE	POL	M-40	139	M 365	00:14:57	00:42:11	01:08:57	01:35:41	02:00:23.65	5:42	10.5

VII PÓŁMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
366	MIKULA WOJCIECH	332		CHORZÓW	POL	M-30	125	M 366	00:13:54	00:39:56	01:07:16	01:35:02	02:00:23.80	5:42	10.5
367	LAUBACH ANNA	276	RAAN	KNURÓW	POL	M-30	126	M 367	00:15:54	00:43:29	01:10:53	01:36:43	02:00:26.95	5:42	10.5
368	LAUBACH RADOSŁAW	277	RAAN	KNURÓW	POL	M-30	127	M 368	00:15:54	00:43:29	01:10:54	01:36:44	02:00:27.15	5:42	10.5
369	KĄŁAMARZ MARIUSZ	201		GLIWICE	POL	M-40	140	M 369	00:14:35	00:40:29	01:06:34	01:33:40	02:00:43.15	5:43	10.5
370	KREMPA SŁAWOMIR	254		BYTOM	POL	M-30	128	M 370	00:14:14	00:40:00	01:06:22	01:33:51	02:00:46.40	5:43	10.5
371	MĄTYSZCZAK KRZYSZTOF	604	TEAM WĄSACZA	KŁOBUCK	POL	M-20	37	M 371	00:13:17	00:37:49	01:03:59	01:32:30	02:00:52.90	5:43	10.5
372	MALCZYK RADOSŁAW	302		BIELSKO - BIAŁA	POL	M-30	129	M 372	00:14:47	00:39:41	01:06:42	01:34:53	02:01:21.00	5:45	10.4
373	STRZODKA ADAM	471		ZABRZE	POL	M-30	130	M 373	00:15:23	00:42:13	01:09:05	01:36:01	02:01:22.30	5:45	10.4
374	GLIŃSKI MICHAŁ	135		ZABRZE	POL	M-30	131	M 374	00:15:22	00:42:13	01:09:03	01:36:01	02:01:32.55	5:45	10.4
375	CZAJKA EDWARD	81	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-50	53	M 375	00:15:37	00:42:07	01:10:04	01:37:25	02:01:43.50	5:46	10.4
376	KOPPEL BARTŁOMIEJ	238		GLIWICE	POL	M-30	132	M 376	00:15:01	00:41:51	01:08:39	01:35:24	02:01:53.65	5:46	10.4
377	TLON MARCIN	597		GLIWICE	POL	M-20	38	M 377	00:16:38	00:45:34	01:14:29	01:40:49	02:02:12.10	5:47	10.4
378	STAŃCO JAKUB	614		GLIWICE	POL	M-20	39	M 378	00:15:30	00:42:19	01:08:59	01:35:53	02:02:32.30	5:48	10.3
379	TROCHIMCZYK MARCIN	489		WARSZAWA	POL	M-30	133	M 379	00:14:32	00:41:05	01:08:23	01:35:39	02:02:32.40	5:48	10.3
380	ZARZYCKI ROBERT	537		GLIWICE	POL	M-30	134	M 380	00:12:46	00:36:35	01:02:23	01:32:00	02:02:37.80	5:48	10.3
381	GAPIŃSKI ROBERT	121		RUDA ŚLĄSKA	POL	M-20	40	M 381	00:14:44	00:41:29	01:08:58	01:36:25	02:02:48.60	5:49	10.3
382	SZYMURA JACEK	590		KNURÓW	POL	M-40	141	M 382	00:14:28	00:40:23	01:08:09	01:36:14	02:03:16.85	5:50	10.3
383	PIETRZAK MARCIN	383		GLIWICE	POL	M-40	142	M 383	00:14:56	00:42:09	01:08:56	01:35:40	02:03:21.50	5:50	10.3
384	GRZYBOWSKI DAMIAN	159		PYSKOWICE	POL	M-30	135	M 384	00:13:20	00:38:27	01:05:00	01:33:28	02:03:28.00	5:51	10.3
385	GABOR ROBERT	115		CHORZÓW	POL	M-30	136	M 385	00:14:46	00:40:51	01:08:36	01:36:07	02:03:32.20	5:51	10.2
386	JANIEC WITOLD	180		ZWONOWICE	POL	M-50	54	M 386	00:14:52	00:40:58	01:07:22	01:34:27	02:03:46.00	5:51	10.2
387	ŁOSEK ADAM	286		WARSZAWA	POL	M-30	137	M 387	00:14:32	00:41:05	01:08:23	01:35:39	02:03:59.60	5:52	10.2
388	KUCHARCZYK TOMASZ	582		ZABORZE	POL	M-50	55	M 388	00:15:01	00:41:58	01:09:24	01:37:57	02:04:07.50	5:52	10.2
389	DĄBROWSKI MARCIN	92	TEAM KORNEL	GLIWICE	POL	M-40	143	M 389	00:15:38	00:42:00	01:09:31	01:37:25	02:04:21.40	5:53	10.2
390	BRZEZINA ARKADIUSZ	50	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	144	M 390	00:15:25	00:42:23	01:10:18	01:38:12	02:04:56.75	5:55	10.1
391	FEDEROWICZ PIOTR	107		SOSNOWIEC	POL	M-50	56	M 391	00:15:06	00:42:11	01:09:41	01:38:06	02:04:59.45	5:55	10.1
392	BAK KRZYSZTOF	18	SILESIA MARATHON CLUB	MYŚŁOWICE	POL	M-40	145	M 392	00:14:39	00:42:09	01:10:58	01:39:04	02:05:00.45	5:55	10.1
393	MISZTAŁ RAFAŁ	336	LOS PANTALONES ROJOS	CHRZANÓW	POL	M-50	57	M 393	00:14:59	00:42:31	01:10:50	01:38:49	02:05:03.30	5:55	10.1
394	NIESPOREK MARIAN	347	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-60	15	M 394	00:15:36	00:41:59	01:09:45	01:37:42	02:05:13.50	5:56	10.1
395	MARMURA MAREK	313	SILESIA MARATON CLUB	CHORZÓW	POL	M-40	146	M 395	00:15:33	00:42:02	01:09:34	01:37:58	02:05:22.15	5:56	10.1
396	OSTROWSKI ZYGMUNT	557		TORZYŃ	POL	M-60	16	M 396	00:15:08	00:42:51	01:10:37	01:38:31	02:05:25.65	5:56	10.1
397	ŻMUDA MARCIN	552		GLIWICE	POL	M-20	41	M 397	00:15:51	00:44:00	01:12:27	01:40:04	02:05:25.80	5:56	10.1
398	ŻMUDA KRZYSZTOF	553		DĄBROWA GÓRNICZA	POL	M-20	42	M 398	00:15:51	00:44:01	01:12:27	01:40:04	02:05:27.00	5:56	10.1
399	JORDANEK MARCIN	195		PISARZOWICE	POL	M-30	138	M 399	00:15:02	00:41:58	01:09:12	01:37:38	02:05:43.90	5:57	10.1
400	NOWAK SEBASTIAN	357	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	M-40	147	M 400	00:16:30	00:45:25	01:14:06	01:41:00	02:06:03.45	5:58	10
401	SZPYRKA TOMASZ	476		RUDA ŚLĄSKA	POL	M-30	139	M 401	00:15:46	00:44:14	01:12:36	01:40:16	02:06:11.50	5:58	10
402	WOŹNIAK PAWEŁ	522	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	148	M 402	00:15:51	00:44:27	01:14:13	01:41:51	02:06:19.45	5:59	10
403	WACHOWSKI DAMIAN	499		BYTOM	POL	M-40	149	M 403	00:15:18	00:41:52	01:09:14	01:37:43	02:06:25.60	5:59	10
404	KROTOS KRZYSZTOF	255	OQS	GLIWICE	POL	M-40	150	M 404	00:14:29	00:41:13	01:09:16	01:38:11	02:06:29.30	5:59	10
405	URBANEK MARTIN	495	ISTA BIEGAMY	SIERAKOWICE	POL	M-30	140	M 405	00:14:17	00:41:05	01:09:13	01:38:06	02:06:46.85	6:00	10
406	KOSIAK MACIEJ	612		GLIWICE	POL	M-40	151	M 406	00:15:04	00:41:13	01:08:54	01:38:14	02:06:52.85	6:00	10
407	KOWALCZYK TOMASZ	244	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	141	M 407	00:15:24	00:42:23	01:09:52	01:37:48	02:07:04.75	6:01	10
408	GĘBCZYŃSKI OLIWIER	129	GO4IT	GLIWICE	POL	M-20	43	M 408	00:15:20	00:42:41	01:10:44	01:39:02	02:07:05.55	6:01	10
409	CIEŚLA ARKADIUSZ	73	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	152	M 409	00:13:45	00:37:44	01:04:18	01:34:19	02:07:06.45	6:01	10
410	BOBKOWSKI MACIEJ	37	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-40	153	M 410	00:15:52	00:43:20	01:11:14	01:39:42	02:07:21.80	6:02	9.9
411	FRUK KAMIL	585		GLIWICE	POL	M-30	142	M 411	00:16:19	00:46:25	01:16:35	01:44:06	02:07:41.55	6:03	9.9
412	GOŁĘBIOWSKI KAZIMIERZ	138	KEMPER TEAM	GLIWICE	POL	M-40	154	M 412	00:15:35	00:43:11	01:12:36	01:40:53	02:07:57.60	6:03	9.9
413	BRUDKOWSKI TOMASZ	49	MOKA	GLIWICE	POL	M-30	143	M 413	00:15:38	00:44:28	01:12:11	01:40:17	02:08:10.05	6:04	9.9
414	LINDENBERG JAROSŁAW	587		GLIWICE	POL	M-30	144	M 414	00:15:36	00:44:10	01:12:40	01:41:14	02:08:19.10	6:04	9.9
415	PIŁAT JAROSŁAW	388	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	155	M 415	00:15:47	00:44:22	01:12:53	01:41:28	02:08:33.60	6:05	9.8
416	MACZUGA BARTŁOMIEJ	294	PACEMAKER	GLIWICE	POL	M-30	145	M 416	00:15:48	00:44:23	01:12:54	01:41:30	02:08:33.65	6:05	9.8
417	JEZIOR BARTOSZ	192		GLIWICE	POL	M-30	146	M 417	00:14:31	00:41:37	01:10:14	01:38:55	02:08:40.55	6:05	9.8
418	SAPA LUCJAN	428		KRAKÓW	POL	M-50	58	M 418	00:15:15	00:42:53	01:11:43	01:41:09	02:09:55.80	6:09	9.7
419	KALINOWSKI KRZYSZTOF	200	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	156	M 419	00:15:05	00:42:15	01:10:25	01:40:48	02:10:04.65	6:09	9.7

VII PÓLMARATON GLIWICKI, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
420	BUFNAL KRZYSZTOF	55		GLIWICE	POL	M-40	157	M 420	00:15:11	00:42:14	01:10:32	01:40:10	02:10:06.90	6:09	9.7
421	GIERAS MIROSŁAW	131		GLIWICE	POL	M-40	158	M 421	00:15:37	00:44:03	01:12:53	01:41:41	02:10:10.90	6:10	9.7
422	SEREDA MACIEJ	575		PRZEWORSK	POL	M-20	44	M 422	00:15:48	00:44:17	01:13:21	01:41:25	02:10:13.95	6:10	9.7
423	METERA KAMIL	586	SPARTAN KNURÓW	GLIWICE	POL	M-30	147	M 423	00:15:33	00:42:08	01:11:02	01:42:09	02:11:30.95	6:13	9.6
424	DESZCZYŃSKI ŁUKASZ	94		MYSŁOWICE	POL	M-30	148	M 424	00:14:39	00:41:21	01:11:06	01:41:59	02:11:42.50	6:14	9.6
425	SZYMALA PIOTR	478		ZAWIERCIE	POL	M-20	45	M 425	00:15:37	00:44:12	01:13:50	01:43:33	02:12:32.90	6:16	9.6
426	ZMARZLY WIKTOR	546		DĄBROWA GÓRNICZA	POL	M-40	159	M 426	00:15:12	00:42:46	01:13:02	01:43:51	02:12:38.90	6:17	9.5
427	MAĆKOWIAK MIROSŁAW	295	NIEZRZESZONY	KNURÓW	POL	M-60	17	M 427	00:15:35	00:43:50	01:13:06	01:43:30	02:13:16.55	6:18	9.5
428	GIBAS DAWID	130	SOCIOS SILESIA	GLIWICE	POL	M-40	160	M 428	00:14:48	00:42:56	01:13:38	01:44:18	02:13:40.30	6:20	9.5
429	STRZELECKI RAFAŁ	470	SOCIOS SILESIA	GLIWICE	POL	M-30	149	M 429	00:15:23	00:41:46	01:09:15	01:39:48	02:13:48.00	6:20	9.5
430	ANTCZAK KRZYSZTOF	4		BYTOM	POL	M-40	161	M 430	00:15:58	00:44:50	01:14:57	01:45:21	02:13:58.45	6:20	9.5
431	STANKIEWICZ JAKUB	461		GLIWICE	POL	M-20	46	M 431	00:17:22	00:47:57	01:18:24	01:48:11	02:14:14.70	6:21	9.4
432	ZARYCHTA ŁUKASZ	536	FAT MAMA'S SPORT KLUB	BYTOM	POL	M-40	162	M 432	00:14:53	00:42:07	01:11:03	01:42:57	02:14:27.40	6:22	9.4
433	GUZGAN WOJCIECH	164		KATOWICE	POL	M-40	163	M 433	00:15:04	00:41:33	01:08:54	01:39:01	02:14:35.45	6:22	9.4
434	SUSEL ALEK	646		RUDA ŚLĄSKA	POL	M-30	150	M 434	00:17:09	00:42:55	01:15:17	01:42:35	02:14:45.00	6:23	9.4
435	RAKOWSKI MICHAŁ	406		TYCHY	POL	M-20	47	M 435	00:13:16	00:36:55	01:02:36	01:34:03	02:14:51.95	6:23	9.4
436	PACUŁA PIOTR	373	AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM	GLIWICE	POL	M-60	18	M 436	00:13:43	00:38:13	01:03:39	01:37:26	02:14:53.30	6:23	9.4
437	PIĄTY KAMIL	381		MIKOŁÓW	POL	M-40	164	M 437	00:14:52	00:42:06	01:09:45	01:42:23	02:15:00.55	6:23	9.4
438	LATA PIOTR	274		GRACZE	POL	M-40	165	M 438	00:16:22	00:45:41	01:16:05	01:46:38	02:15:19.15	6:24	9.4
439	ZIAJA ROBERT	543	ROBERT ALKOHOLIK	SIEMIANOWICE ŚLĄSKIE	POL	M-40	166	M 439	00:15:45	00:44:22	01:13:09	01:44:08	02:15:34.15	6:25	9.3
440	KRZYWDA TOMASZ	259		ŚWIĘTOCHŁOWICE	POL	M-50	59	M 440	00:15:45	00:44:23	01:13:10	01:44:11	02:15:35.10	6:25	9.3
441	KACZKIEWICZ DAMIAN	630	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	167	M 441	00:15:36	00:44:30	01:14:23	01:46:23	02:17:50.15	6:31	9.2
442	GUŚCIORA MACIEJ	163		GLIWICE	POL	M-20	48	M 442	00:14:53	00:43:57	01:14:08	01:46:24	02:18:02.25	6:32	9.2
443	KOZACZKA WŁODZIMIERZ	248		GLIWICE	POL	M-40	168	M 443	00:16:09	00:44:47	01:14:24	01:44:56	02:18:08.55	6:32	9.2
444	WOLIŃSKI JÓZEF	519		GLIWICE	POL	M-50	60	M 444	00:16:43	00:46:21	01:17:09	01:48:03	02:18:34.50	6:34	9.1
445	BŁAUT JERZY	36	IX LO	CZĘSTOCHOWA	POL	M-50	61	M 445	00:15:24	00:43:40	01:14:25	01:46:23	02:18:57.05	6:35	9.1
446	WACŁAWIK LESZEK	500		OSTRAVA	CZE	M-30	151	M 446	00:16:02	00:45:34	01:16:47	01:48:49	02:19:32.75	6:36	9.1
447	WDZIEKOŃSKI RAFAŁ	506		BYTOM	POL	M-40	169	M 447	00:15:33	00:44:17	01:14:23	01:47:44	02:19:36.20	6:36	9.1
448	SOBIERAJ WOJCIECH	454	VIASAT MONITORING	IMIELIN	POL	M-40	170	M 448	00:15:47	00:44:26	01:14:38	01:46:18	02:20:30.65	6:39	9
449	UH KUBA	493		BĘDZIN	POL	M-30	152	M 449	00:15:51	00:44:28	01:14:34	01:48:02	02:21:49.45	6:43	8.9
450	SKOCZYŁAS TOMASZ	444	WOLNOBIEGACZE	MIASTECZKO ŚLĄSKIE	POL	M-50	62	M 450	00:15:50	00:44:52	01:15:53	01:48:39	02:21:51.05	6:43	8.9
451	CHAFFARI MESSAOUD	66		GLIWICE	POL	M-20	49	M 451	00:15:12	00:42:13	01:11:10	01:46:38	02:22:23.20	6:44	8.9
452	CIEŚLIK JAKUB	603		ŁĄCZANY	POL	M-30	153	M 452	00:15:49	00:44:07	01:14:01	01:47:36	02:23:49.90	6:48	8.8
453	ZIAJKA KAMIL	631		KATOWICE	POL	M-20	50	M 453	00:15:34	00:42:05	01:08:26	01:45:16	02:24:50.85	6:51	8.7
454	PALAK RAFAŁ	375		GLIWICE	POL	M-30	154	M 454	01:21:53	01:54:29			02:25:05.60	6:52	8.7
455	KASPEREK IRENEUSZ	212		ZABRZE	POL	M-40	171	M 455	00:17:30	00:49:54	01:22:59	01:56:25	02:26:21.15	6:56	8.7
456	HEINE ANDRZEJ	565	PKO BANK POLSKI	RYBNIK	POL	M-40	172	M 456	00:13:05	00:46:37	01:24:23	01:57:29	02:26:30.35	6:56	8.6
457	WACŁAWEK TOMEK	399	TEAM TOMSON	GLIWICE	POL	M-20	51	M 457	00:15:52	00:46:01	01:18:21	01:52:22	02:26:41.65	6:57	8.6
458	BIEGUN KRZYSZTOF	30		ŻYWIĘC	POL	M-50	63	M 458	00:16:40	00:47:04	01:20:25	01:54:15	02:27:19.40	6:58	8.6
459	BEDNAREK KRZYSZTOF	20		ŚWIĘTOCHŁOWICE	POL	M-30	155	M 459	00:16:25	00:46:14	01:17:52	01:52:32	02:27:39.60	6:59	8.6
460	ZEMŁA PIOTR	542		GLIWICE	POL	M-50	64	M 460	00:16:23	00:47:36	01:20:43	01:54:56	02:28:24.75	7:01	8.5
461	SZEWczyk ZBIGNIEW	475		ZABRZE	POL	M-30	156	M 461	00:16:03	00:45:58	01:18:26	01:52:35	02:31:45.65	7:11	8.3
462	FABRY RAFAŁ	104		GLIWICE	POL	M-40	173	M 462	00:16:53	00:49:26	01:23:50	02:00:20	02:34:46.35	7:20	8.2
463	MAŁOTA BARTŁOMEJ	304		SIEWIERZ	POL	M-30	157	M 463	00:16:47	00:49:07	01:24:34		02:35:15.70	7:21	8.2
464	KUZIA BOGUSŁAW	268		MYSŁOWICE	POL	M-50	65	M 464	00:17:28	00:50:06	01:24:35	02:00:59	02:37:33.10	7:28	8
465	WĘGIEL KACPER	507	KB ORŁY Z KNUROWA	MIKOŁÓW	POL	M-20	52	M 465	00:18:30	00:54:07	01:34:20	02:13:40	02:50:54.40	8:05	7.4
466	BEDNAREK MARTIN	21	STARY HANGAR	STANICA	POL	M-20	53	M 466	00:10:34	00:32:01				4:26	13.5
467	SITKO GRZEGORZ	441		CHORZÓW	POL	M-30	158	M 467	00:15:23	00:44:08				6:07	9.8
468	GÓRKA GRZEGORZ	145		BYTOM	POL	M-50	66	M 468	00:18:48	00:56:33				7:51	7.6

VII PÓLMARATON GLIWICKI, Mieszkancki Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WYLEŻAŁEK ALINA	528		GLIWICE	POL	K-30	4	K 6	00:11:19	00:31:24	00:51:53	01:12:07	01:31:27.50	4:20	13.8
2	KONIECZNA ANNA	236		GLIWICE	POL	K-20	2	K 7	00:11:04	00:31:37	00:52:41	01:13:21	01:32:34.95	4:23	13.7

VII PÓŁMARATON GLIWICKI, Mieszkańki Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
3	BLASZKE BEATA	34	PACEMAKER	GLIWICE	POL	K-40	8	K 19	00:13:22	00:37:58	01:02:37	01:27:01	01:49:30.60	5:11	11.6
4	WRÓBLEWSKA EWA	526		GLIWICE	POL	K-50	1	K 21	00:13:45	00:37:34	01:02:06	01:27:04	01:50:37.35	5:14	11.4
5	BROZYNA MAGDALENA	621	CO JA TU ROBIE?	GLIWICE	POL	K-30	9	K 24	00:13:57	00:37:21	01:01:32	01:26:40	01:51:46.00	5:17	11.3
6	GRACH ALEKSANDRA	148		44-105	POL	K-40	11	K 25	00:13:23	00:37:56	01:02:56	01:28:09	01:51:54.50	5:18	11.3
7	ZCARDYBON LAURA	84		SOŚNICOWICE	POL	K-40	12	K 26	00:13:33	00:38:02	01:03:21	01:28:11	01:52:01.30	5:18	11.3
8	KAMSKA MAŁGORZATA	206	GAMBAZ TEAM	GLIWICE	POL	K-30	10	K 28	00:13:49	00:37:54	01:03:20	01:28:49	01:53:11.00	5:21	11.2
9	GOŹDZIŃSKA MAGDALENA	143		GLIWICE	POL	K-40	14	K 30	00:13:28	00:37:57	01:02:45	01:27:55	01:54:02.65	5:24	11.1
10	RYZIŃSKA ANETA	422		GLIWICE	POL	K-40	15	K 32	00:13:51	00:38:30	01:04:09	01:29:44	01:54:35.15	5:25	11
11	MARCINIAK PAULINA	309		GLIWICE	POL	K-30	12	K 34	00:14:21	00:39:26	01:04:56	01:30:28	01:55:10.55	5:27	11
12	LEDWOŃ ANETA	279		GLIWICE	POL	K-40	19	K 38	00:13:29	00:38:43	01:05:16	01:31:17	01:56:10.00	5:30	10.9
13	CIOK ANNA	76		GLIWICE	POL	K-40	21	K 41	00:14:12	00:39:22	01:05:06	01:31:35	01:56:29.95	5:31	10.9
14	PALMOWSKA AGNIESZKA	378	PHD RUNNERS	GLIWICE	POL	K-30	13	K 42	00:14:16	00:40:02	01:06:52	01:32:57	01:56:48.50	5:32	10.8
15	SZELAĞ MONIKA	632		GLIWICE	POL	K-20	8	K 46	00:15:34	00:42:05	01:07:56	01:32:40	01:57:26.30	5:33	10.8
16	POPIEL-KRUK ALEKSANDRA	396		GLIWICE	POL	K-40	24	K 47	00:14:56	00:42:09	01:08:57	01:34:43	01:58:18.15	5:36	10.7
17	REWIUK-KOCUR ANNA	409		GLIWICE	POL	K-40	25	K 48	00:14:28	00:39:28	01:05:57	01:32:21	01:58:22.55	5:36	10.7
18	STRZELCZYK GRAŻYNA	469		GLIWICE	POL	K-40	26	K 49	00:14:21	00:39:24	01:06:16	01:33:14	01:58:43.90	5:37	10.7
19	KRZYSZKOWSKA AGNIESZKA	258		GLIWICE	POL	K-40	30	K 56	00:14:22	00:40:27	01:07:18	01:34:29	02:00:26.75	5:42	10.5
20	LASKOWSKA KATARZYNA	273	PACEMAKER	GLIWICE	POL	K-40	31	K 57	00:14:56	00:42:09	01:08:56	01:35:40	02:00:48.85	5:43	10.5
21	MICHALSKA BOGNA	325		GLIWICE	POL	K-30	16	K 59	00:15:39	00:42:36	01:10:18	01:37:57	02:02:32.85	5:48	10.3
22	SAWICKA ANNA	589		GLIWICE	POL	K-20	10	K 60	00:15:31	00:42:06	01:09:37	01:37:29	02:02:39.20	5:48	10.3
23	WYCISK DAGMARA	527		GLIWICE	POL	K-30	17	K 63	00:14:47	00:41:52	01:09:11	01:37:09	02:03:36.20	5:51	10.2
24	DYGOŃ MAŁGORZATA	99	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-40	41	K 79	00:15:23	00:43:02	01:11:55	01:40:22	02:07:31.30	6:02	9.9
25	STAWSKA JOANNA	464	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	5	K 80	00:15:23	00:43:04	01:11:57	01:40:22	02:07:32.25	6:02	9.9
26	ŁATAK - SKRABUT BASIA	284	PACEMAKER	GLIWICE	POL	K-40	43	K 82	00:15:49	00:44:23	01:12:54	01:41:29	02:08:34.05	6:05	9.8
27	WÓJCIK JÓZEFA	524	GCE GLIWICE	GLIWICE	POL	K-50	6	K 85	00:15:03	00:42:15	01:11:19	01:40:57	02:09:25.15	6:08	9.8
28	CETERA KAMILA	65		GLIWICE	POL	K-40	46	K 88	00:15:49	00:44:24	01:13:08	01:42:04	02:11:12.50	6:13	9.6
29	GLADKOWSKA MALGORZATA	134		GLIWICE	POL	K-30	24	K 89	00:14:54	00:42:30	01:12:10	01:43:07	02:11:14.20	6:13	9.6
30	WOSIAK KATARZYNA	521		GLIWICE	POL	K-30	26	K 91	00:14:45	00:41:34	01:10:17	01:40:51	02:11:51.35	6:14	9.6
31	WILCZEK MAŁGORZATA	513		GLIWICE	POL	K-30	27	K 92	00:15:57	00:44:30	01:14:24	01:44:16	02:11:53.50	6:15	9.6
32	FRUK NATALIA	113		GLIWICE	POL	K-30	30	K 100	00:16:19	00:46:24	01:16:34	01:46:37	02:14:24.10	6:22	9.4
33	KUZMYNSKA KATERYNA	619		GLIWICE	POL	K-30	33	K 106	00:15:11	00:43:31	01:14:22	01:46:19	02:16:57.70	6:29	9.2
34	GARBACZ ASIA	123		GLIWICE	POL	K-30	35	K 110	00:15:50	00:45:13	01:16:32	01:48:29	02:19:22.85	6:36	9.1
35	ŚWIDEREK ALEKSANDRA	481		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.40	6:47	8.8
36	PIECHOWICZ-KUROWSKA AGATA	382		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:45	01:21:30	01:53:24	02:23:09.40	6:47	8.8
37	KARNIA AGNIESZKA	209		GLIWICE	POL	K-30	39	K 114	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.65	6:47	8.8
38	SKRZĄTEK KATARZYNA	448		GLIWICE	POL	K-20	15	K 115	00:16:02	00:45:28	01:17:45	01:51:36	02:23:14.50	6:47	8.8
39	SITKO DAGMARA	440		JASTRZĘBIE-ZDRÓJ	POL	K-30	40	K 116	00:17:24	00:49:48	01:22:54	01:56:19	02:26:18.65	6:56	8.7
40	MIGDAŁ IWONA	330	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	54	K 117	00:16:36	00:47:30	01:20:33	01:54:27	02:26:38.10	6:56	8.6
41	CIUK IWONA	618	BIEGAJ Z TRENERAMI!	GLIWICE	POL	K-50	9	K 118	00:16:41	00:47:57	01:21:19	01:55:00	02:27:52.80	7:00	8.6
42	JUNGA JOANNA	629		GLIWICE	POL	K-20	16	K 121	00:17:47	00:50:27	01:23:09	01:57:10	02:29:06.95	7:03	8.5
43	KASPRZYK AGNIESZKA	215		GLIWICE	POL	K-30	43	K 125	00:17:37	00:52:58	01:28:11	02:06:26	02:47:23.75	7:55	7.6
44	GŁĄB MARIOLA	136		GLIWICE	POL	K-30	44	K 126	00:17:46	00:52:47	01:31:03	02:10:47	02:48:56.15	8:00	7.5

VII PÓŁMARATON GLIWICKI, Niepełnosprawni K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	BAŃBOR ALEKSANDRA	11	EX TEAM	KNURÓW	POL	K-20	1	K 5	00:11:02	00:30:58	00:51:17	01:11:15	01:29:45.30	4:15	14.1
2	TYRKA ANNA	490		PANIÓWKI	POL	K-40	38	K 74	00:15:37	00:43:58	01:12:19	01:40:08	02:06:22.30	5:59	10
3	SKRZĄTEK KATARZYNA	448		GLIWICE	POL	K-20	15	K 115	00:16:02	00:45:28	01:17:45	01:51:36	02:23:14.50	6:47	8.8
4	BRODA ZUZANNA	43		TYCHY	POL	K-20	17	K 123	00:18:46	00:50:49	01:28:05	02:01:35	02:37:29.80	7:27	8
5	BRODA HANNA	44	#FLOWBEZBARIER	KATOWICE	POL	K-30	42	K 124	00:21:04	00:53:48	01:29:54	02:06:09	02:44:13.15	7:46	7.7
6	GRABA KATARZYNA	146	TURBORÓWKA	MIKOŁÓW	POL	K-20	18	K 128	01:17:01					30:48	1.9

VII PÓŁMARATON GLIWICKI, Mieszkańcy Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	URBAŃCZYK KAROL	496	NON STOP TRAIL	GLIWICE	POL	M-30	7	M 14	00:09:39	00:27:14	00:45:35	01:03:55	01:21:40.50	3:52	15.5
2	CHYBA SZYMON	72	KS KROTOSZ KROTOSZYN	GLIWICE	POL	M-40	10	M 29	00:10:34	00:29:25	00:49:12	01:08:17	01:26:41.80	4:06	14.6
3	GRZESIKIEWICZ MARIUSZ	157		GLIWICE	POL	M-40	15	M 42	00:11:03	00:31:11	00:51:31	01:11:14	01:29:34.95	4:14	14.1
4	ŻOŁĄDZ PIOTR	554	TEAM ARTIVENT	GLIWICE	POL	M-30	23	M 45	00:11:00	00:31:09	00:51:29	01:11:11	01:29:43.60	4:15	14.1
5	CHOMIK RAFAŁ	70	PACEMAKER	GLIWICE	POL	M-40	17	M 46	00:11:00	00:31:10	00:51:31	01:11:13	01:29:50.15	4:15	14.1
6	OCHMAN RAFAŁ	362	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	19	M 51	00:11:01	00:31:03	00:51:19	01:11:19	01:30:19.60	4:16	14
7	WIECHUŁA MARCIN	510		GLIWICE	POL	M-40	20	M 52	00:10:08	00:29:28	00:50:09	01:10:39	01:30:26.20	4:17	14
8	PASTWA PIOTR	379	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	3	M 56	00:11:09	00:30:59	00:51:20	01:11:40	01:31:45.80	4:20	13.8
9	MIRONOWICZ BARTŁOMIEJ	335		GLIWICE	POL	M-30	29	M 66	00:10:57	00:31:09	00:51:34	01:12:42	01:33:15.25	4:25	13.6
10	ZALEWSKI WOJCIECH	534		GLIWICE	POL	M-40	24	M 68	00:11:38	00:32:21	00:53:35	01:14:31	01:34:04.75	4:27	13.5
11	FRANKIEWICZ ARTUR	111		GLIWICE	POL	M-30	31	M 74	00:11:01	00:31:27	00:52:42	01:13:55	01:34:42.70	4:29	13.4
12	MARCINIAK RAFAŁ	308	8A.PL	GLIWICE	POL	M-30	32	M 83	00:12:16	00:33:46	00:54:58	01:16:00	01:35:55.60	4:32	13.2
13	MIRATYŃSKI ADAM	627		GLIWICE	POL	M-40	36	M 93	00:12:18	00:33:18	00:54:48	01:16:16	01:36:49.25	4:35	13.1
14	GUZY ANDRZEJ	579		GLIWICE	POL	M-60	2	M 94	00:11:03	00:31:40	00:53:39	01:15:37	01:36:49.85	4:35	13.1
15	CZYŻ WOJCIECH	89		GLIWICE	POL	M-40	40	M 100	00:11:41	00:33:00	00:55:01	01:16:47	01:37:29.95	4:37	13
16	KAMIŃSKI JACEK	204	ROMET FACTORY TEAM	GLIWICE	POL	M-40	41	M 101	00:11:02	00:31:14	00:53:18	01:15:55	01:37:32.75	4:37	13
17	WILK PIOTR	645		GLIWICE	POL	M-40	43	M 105	00:11:57	00:33:55	00:55:55	01:17:27	01:38:26.10	4:39	12.9
18	NIŻNIKIEWICZ GRZEGORZ	352		KLESZCZÓW	POL	M-40	45	M 112	00:11:50	00:33:25	00:55:43	01:17:28	01:39:23.70	4:42	12.7
19	ZAJĄC MATEUSZ	531		GLIWICE	POL	M-40	46	M 113	00:12:18	00:34:21	00:56:56	01:18:57	01:39:24.35	4:42	12.7
20	GIESE MICHAŁ	132		GLIWICE	POL	M-40	47	M 114	00:12:10	00:34:21	00:57:00	01:18:44	01:39:26.70	4:42	12.7
21	MEOSI ALESSANDRO	321	MONAR GRACZE	GLIWICE	POL	M-20	13	M 116	00:12:30	00:33:26	00:55:08	01:17:24	01:39:46.75	4:43	12.7
22	DABROWSKI BARTOSZ	90		GLIWICE	POL	M-30	43	M 119	00:13:07	00:35:34	00:58:21	01:20:03	01:40:03.40	4:44	12.7
23	SKLORZ MARCIN	442		GLIWICE	POL	M-20	15	M 125	00:11:50	00:33:24	00:55:42	01:17:41	01:40:20.20	4:45	12.6
24	KURCZEK TOMASZ	265	RUN FOREST RIUM!	GLIWICE	POL	M-40	50	M 132	00:12:34	00:35:06	00:57:29	01:19:50	01:40:44.90	4:46	12.6
25	SCHAB BARTŁOMIEJ	430		GLIWICE	POL	M-30	48	M 133	00:12:55	00:34:37	00:56:59	01:19:33	01:40:55.00	4:46	12.5
26	CIEŚLIK JAROSŁAW	75		GLIWICE	POL	M-30	54	M 142	00:12:19	00:35:02	00:57:38	01:20:28	01:41:26.20	4:48	12.5
27	NIKODON PAWEŁ	349	NIKODON DREAM TEAM	GLIWICE	POL	M-40	54	M 145	00:11:41	00:32:56	00:55:56	01:19:39	01:41:45.30	4:49	12.4
28	JANECZEK MAREK	179		GLIWICE	POL	M-40	56	M 150	00:12:48	00:35:40	00:58:28	01:21:02	01:42:11.10	4:50	12.4
29	BRODAK PAWEŁ	45		GLIWICE	POL	M-30	57	M 152	00:12:32	00:35:14	00:57:50	01:20:41	01:42:17.60	4:50	12.4
30	BUŁAWA GRZEGORZ	60	GB-ARCH	GLIWICE	POL	M-40	58	M 153	00:12:31	00:35:16	00:57:52	01:20:36	01:42:18.00	4:50	12.4
31	NOWAKOWSKI AREK	358		GLIWICE	POL	M-30	58	M 154	00:12:24	00:34:17	00:57:18	01:20:42	01:42:22.50	4:51	12.4
32	UJMA MICHAŁ	494	SII RUNNING TEAM	GLIWICE	POL	M-30	59	M 155	00:12:17	00:34:09	00:56:58	01:20:07	01:42:24.70	4:51	12.4
33	TYSZKIEWICZ CUMA	492		GLIWICE	POL	M-40	60	M 159	00:12:31	00:35:12	00:57:51	01:20:39	01:42:47.15	4:52	12.3
34	TISZBIEREK MAREK	485		GLIWICE	POL	M-40	61	M 162	00:12:38	00:35:39	00:58:32	01:20:54	01:43:06.45	4:53	12.3
35	ŻMIJEWSKI DARIUSZ	551		GLIWICE	POL	M-50	19	M 163	00:12:20	00:34:18	00:57:03	01:20:26	01:43:09.25	4:53	12.3
36	CZAJKA ROMAN	79		GLIWICE	POL	M-40	67	M 173	00:12:02	00:34:23	00:57:42	01:21:13	01:43:33.45	4:54	12.2
37	MACYSZYN WALDEMAR	293	GLIWICE	PILCHOWICE	POL	M-50	20	M 174	00:12:16	00:34:35	00:57:37	01:21:15	01:43:42.05	4:54	12.2
38	WOJTUKIEWICZ ARTUR	518	DHL RUN CLUB	GLIWICE	POL	M-40	70	M 184	00:11:58	00:33:50	00:56:22	01:20:55	01:45:01.45	4:58	12.1
39	SALAMON EMIL	426	OPEL ACTIVE TEAM	GLIWICE	POL	M-30	71	M 186	00:12:36	00:35:18	00:58:02	01:21:34	01:45:02.30	4:58	12.1
40	BRODEK ANDRZEJ	46	CERTUM	GLIWICE	POL	M-50	22	M 188	00:12:53	00:35:33	00:59:03	01:22:54	01:45:27.25	4:59	12
41	ODOSZEWSKI ROMAN	363	OASIS SORT TEAM	GLIWICE	POL	M-40	71	M 189	00:11:55	00:34:06	00:57:33	01:21:37	01:45:36.00	5:00	12
42	NITARSKI PATRYK	350		GLIWICE	POL	M-40	73	M 194	00:12:11	00:34:21	00:58:04	01:22:41	01:46:22.50	5:02	11.9
43	NIESZWIC TERENCJUSZ	348		GLIWICE	POL	M-20	22	M 198	00:12:52	00:35:33	00:59:00	01:23:03	01:46:35.30	5:03	11.9
44	PACZKA MICHAŁ	374	GLIWICE	GLIWICE	POL	M-50	27	M 208	00:13:53	00:37:16	01:01:12	01:25:27	01:47:17.45	5:05	11.8
45	OZYP MARIUSZ	372		GLIWICE	POL	M-30	77	M 210	00:13:10	00:36:58	01:01:06	01:25:01	01:47:20.35	5:05	11.8
46	SIDORSKI ROBERT	433	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	80	M 211	00:12:46	00:35:49	00:59:56	01:24:30	01:47:20.65	5:05	11.8
47	CETERA ŁUKASZ	64	#HUTATEAM	GLIWICEGLIWICE	POL	M-30	80	M 216	00:13:26	00:37:16	01:00:51	01:24:44	01:47:37.35	5:06	11.8
48	RUTKOWSKI MICHAŁ	416		GLIWICE	POL	M-30	81	M 217	00:13:29	00:38:04	01:02:32	01:26:21	01:47:44.45	5:06	11.8
49	WIETRZYCKI MARIUSZ	512		GLIWICE	POL	M-30	82	M 219	00:13:03	00:35:19	00:59:21	01:23:13	01:47:57.25	5:06	11.7
50	KOPEL TOMASZ	562		GLIWICE	POL	M-40	81	M 220	00:13:38	00:36:53	01:00:52	01:25:02	01:47:58.50	5:07	11.7
51	KRAJEWSKI RADOŚLAW	251		GLIWICE	POL	M-30	84	M 224	00:12:57	00:36:04	01:00:17	01:25:09	01:48:21.30	5:08	11.7
52	DOBOSZ KRZYSZTOF	95	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	30	M 226	00:13:21	00:37:51	01:02:32	01:26:55	01:48:49.15	5:09	11.6
53	BATKO JANUSZ	17		GLIWICE	POL	M-40	84	M 228	00:13:07	00:37:27	01:02:10	01:26:28	01:48:56.50	5:09	11.6
54	BAK-CESARZ DAMIAN	19		GLIWICE	POL	M-40	87	M 231	00:14:19	00:39:57	01:05:01	01:28:58	01:49:08.00	5:10	11.6
55	SACHNIK MAREK	425	DYNAMIK SILESIA	GLIWICE	POL	M-20	24	M 235	00:12:41	00:35:40	01:00:21	01:25:05	01:49:24.30	5:11	11.6
56	PISZCZ MAREK	390	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	89	M 236	00:12:47	00:36:10	01:00:52	01:26:01	01:49:25.70	5:11	11.6
57	WAWRZAK RYSZARD	504	PACEMAKER	GLIWICE	POL	M-40	91	M 238	00:13:27	00:37:58	01:02:42	01:27:09	01:49:30.70	5:11	11.6

VII PÓŁMARATON GLIWICKI, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
58	SEMIK JAKUB	432		GLIWICE	POL	M-30	86	M 242	00:13:25	00:37:43	01:02:42	01:27:11	01:49:44.45	5:12	11.5
59	ROSADA ZDZISŁAW	594	BIEGAJ Z KS SOŚNICA	GLIWICE	POL	M-60	7	M 245	00:13:27	00:37:55	01:02:34	01:26:56	01:50:14.45	5:13	11.5
60	RYŚ KAMIL	421	HUTATEAM	GLIWICE	POL	M-30	88	M 246	00:13:58	00:38:03	01:02:42	01:26:58	01:50:17.05	5:13	11.5
61	RYŚ DARIUSZ	420	HUTATEAM	GLIWICE	POL	M-40	95	M 248	00:13:13	00:37:30	01:02:47	01:27:38	01:50:19.00	5:13	11.5
62	GĘBCZYŃSKI PAWEŁ	128	GO4IT	GLIWICE	POL	M-40	97	M 252	00:13:19	00:37:37	01:02:40	01:27:23	01:50:52.75	5:15	11.4
63	GAŁĘCZKA MICHAŁ	120		GLIWICE	POL	M-30	92	M 257	00:13:37	00:38:28	01:03:39	01:28:37	01:51:10.85	5:16	11.4
64	ZALESKI ARKADIUSZ	533		GLIWICE	POL	M-50	35	M 258	00:13:00	00:37:01	01:01:56	01:26:49	01:51:11.05	5:16	11.4
65	ŻABICKI MARIUSZ	550	X-REHAB GLIWICKIE CENTRUM REHABILITACJI	GLIWICE	POL	M-40	100	M 261	00:12:58	00:36:59	01:01:53	01:26:59	01:51:15.70	5:16	11.4
66	LEWANDOWSKI HENRYK	281		GLIWICE	POL	M-40	103	M 268	00:13:06	00:37:45	01:02:29	01:27:10	01:51:57.30	5:18	11.3
67	DOMAŃSKI MARCIN	96	RUNNINGFISH74	GLIWICE	POL	M-40	105	M 270	00:14:33	00:39:06	01:04:17	01:28:53	01:52:02.60	5:18	11.3
68	SMUDA ANDRZEJ	451	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	110	M 275	00:14:09	00:38:54	01:03:35	01:28:07	01:52:17.15	5:19	11.3
69	CIUMAN PIOTR	78	PHD RUNNERS	GLIWICE	POL	M-30	97	M 282	00:13:22	00:37:38	01:02:19	01:27:54	01:53:14.60	5:21	11.2
70	NOWAKOWSKI DOMINIK	359		GLIWICE	POL	M-20	28	M 285	00:13:00	00:36:26	01:02:21	01:28:58	01:53:24.40	5:22	11.2
71	KOPRUCKI ŁUKASZ	239		GLIWICE	POL	M-30	103	M 292	00:15:06	00:42:02	01:08:36	01:33:27	01:54:34.50	5:25	11.1
72	WÓJCIK TOMASZ	563	FDG SA	GLIWICE	POL	M-30	104	M 295	01:05:34	01:30:37			01:54:37.60	5:25	11
73	SKOTNICKI PAWEŁ	447		GLIWICE	POL	M-30	105	M 296	00:12:24	00:35:15	01:00:31	01:27:03	01:54:44.70	5:26	11
74	SZCZABEL KRYSZTIAN	472		GLIWICE	POL	M-30	106	M 300	00:11:53	00:36:09	01:02:05	01:27:14	01:55:00.20	5:27	11
75	MICHALSKI MAREK	326		GLIWICE	POL	M-40	114	M 303	00:13:14	00:38:14	01:03:46	01:30:39	01:55:10.40	5:27	11
76	KASPRZAK MICHAŁ	213		GLIWICE	POL	M-20	30	M 304	00:12:42	00:37:47	01:04:09	01:31:06	01:55:18.75	5:27	11
77	JAWORSKI JAKUB	191		GLIWICE	POL	M-20	31	M 307	00:14:05	00:39:13	01:04:43	01:30:33	01:55:34.10	5:28	11
78	BELUCH WITOLD	24		GLIWICE	POL	M-50	44	M 308	00:14:09	00:39:09	01:04:53	01:30:54	01:55:36.20	5:28	11
79	PIKOŃ KRZYSZTOF	644	JALSALMER	GLIWICE	POL	M-50	45	M 309	00:12:39	00:36:42	01:02:39	01:29:14	01:55:37.50	5:28	10.9
80	SNACHOWSKI KAMIL	452	NEXTEER RUNNERS GLIWICE	GLIWICE	POL	M-30	111	M 312	00:15:05	00:39:29	01:04:03	01:30:18	01:55:54.45	5:29	10.9
81	RYBACKI MARCIN	617		GLIWICE	POL	M-30	112	M 313	00:15:06	00:39:30	01:04:04	01:30:18	01:55:55.60	5:29	10.9
82	MICHAŁOWSKI RAFAŁ	626		GLIWICE	POL	M-30	115	M 318	00:14:20	00:39:42	01:05:23	01:31:01	01:56:02.00	5:29	10.9
83	KRZYWICKI JAN	260		GLIWICE	POL	M-60	11	M 319	00:14:08	00:39:23	01:05:33	01:31:38	01:56:11.60	5:30	10.9
84	GÓRECKI RYSZARD	558	NIEZRZESZONY	GLIWICE	POL	M-50	46	M 321	00:14:28	00:39:35	01:05:59	01:31:17	01:56:23.05	5:30	10.9
85	GÓRECKI JANUSZ	144		GLIWICE	POL	M-50	47	M 322	00:14:02	00:39:06	01:04:48	01:30:49	01:56:24.70	5:30	10.9
86	ŁAZARZ GRZEGORZ	622		GLIWICE	POL	M-40	118	M 323	00:13:42	00:39:18	01:05:47	01:32:07	01:56:30.00	5:31	10.9
87	GAJEWSKI JACEK	117	KURCZAK I AGATKA	GLIWICE	POL	M-50	49	M 325	00:14:03	00:39:21	01:05:39	01:31:49	01:56:31.70	5:31	10.9
88	IGNACZAK ROBERT	173		GLIWICE	POL	M-40	122	M 330	00:14:19	00:40:00	01:06:56	01:32:57	01:56:48.95	5:32	10.8
89	BAJKACZ TOMASZ	8		GLIWICE	POL	M-20	34	M 333	00:14:32	00:40:51	01:07:19	01:33:16	01:57:19.15	5:33	10.8
90	KWAPIEŃ PAWEŁ	588		GLIWICE	POL	M-40	124	M 336	00:15:06	00:41:16	01:07:01	01:32:42	01:57:45.70	5:34	10.8
91	BAJKACZ KRZYSZTOF	9		GLIWICE	POL	M-30	117	M 338	00:14:31	00:40:50	01:07:18	01:33:14	01:58:11.40	5:36	10.7
92	ORLIK JERZY	368		GLIWICE	POL	M-60	14	M 339	00:14:17	00:39:51	01:06:22	01:32:45	01:58:12.70	5:36	10.7
93	KRAJEWSKI MICHAŁ	252		GLIWICE	POL	M-40	125	M 340	00:14:57	00:42:10	01:08:56	01:34:41	01:58:15.60	5:36	10.7
94	PODSTUFKA SZYMON	393		GLIWICE	POL	M-20	35	M 343	00:14:42	00:41:00	01:07:42	01:33:56	01:58:32.05	5:37	10.7
95	SMARUJ PIOTR	450		GLIWICE	POL	M-30	118	M 346	00:14:59	00:40:37	01:07:08	01:33:43	01:58:36.75	5:37	10.7
96	OSIŃSKI PAWEŁ	370	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	129	M 347	00:14:12	00:40:17	01:07:29	01:33:34	01:58:50.70	5:37	10.7
97	MIKUŁA LESZEK	333		GLIWICE	POL	M-40	130	M 348	00:13:44	00:38:50	01:05:23	01:32:15	01:59:02.60	5:38	10.6
98	KUBICA GERARD	607		GLIWICE	POL	M-50	52	M 349	00:13:00	00:37:50	01:03:54	01:31:28	01:59:06.95	5:38	10.6
99	KOCUR ALEKSANDER	233		GLIWICE	POL	M-40	131	M 351	00:14:22	00:40:17	01:06:05	01:32:52	01:59:09.30	5:38	10.6
100	WÓJCIK RAFAŁ	523		GLIWICE	POL	M-40	132	M 352	00:14:30	00:40:45	01:07:39	01:34:16	01:59:12.60	5:38	10.6
101	SIKORA MICHAŁ	438		GLIWICE	POL	M-40	134	M 355	00:14:30	00:40:54	01:07:49	01:34:17	01:59:34.45	5:40	10.6
102	BASZUN MICHAŁ	15		GLIWICE	POL	M-40	136	M 358	00:14:46	00:41:57	01:08:45	01:35:28	01:59:49.95	5:40	10.6
103	WIEKIERA ADAM	624		GLIWICE	POL	M-30	121	M 359	00:14:54	00:41:29	01:08:02	01:34:44	01:59:51.90	5:40	10.6
104	GRZYWACZ SEBASTIAN	161		RACHOWICE	POL	M-40	137	M 362	00:14:53	00:41:15	01:08:04	01:34:31	02:00:05.30	5:41	10.5
105	AKSAMIT WITOLD	3	BLEES	GLIWICE	POL	M-30	124	M 363	00:14:18	00:40:45	01:07:44	01:34:27	02:00:07.40	5:41	10.5
106	MATULICZ DAMIAN	316		GLIWICE	POL	M-40	138	M 364	00:14:34	00:40:45	01:07:33	01:34:27	02:00:09.45	5:41	10.5
107	MARKOWSKI KAMIL	312		GLIWICE	POL	M-40	139	M 365	00:14:57	00:42:11	01:08:57	01:35:41	02:00:23.65	5:42	10.5
108	KALAMARZ MARIUSZ	201		GLIWICE	POL	M-40	140	M 369	00:14:35	00:40:29	01:06:34	01:33:40	02:00:43.15	5:43	10.5
109	KOPPEL BARTŁOMIEJ	238		GLIWICE	POL	M-30	132	M 376	00:15:01	00:41:51	01:08:39	01:35:24	02:01:53.65	5:46	10.4
110	TŁON MARCIN	597		GLIWICE	POL	M-20	38	M 377	00:16:38	00:45:34	01:14:29	01:40:49	02:02:12.10	5:47	10.4
111	STAŃCO JAKUB	614		GLIWICE	POL	M-20	39	M 378	00:15:30	00:42:19	01:08:59	01:35:53	02:02:32.30	5:48	10.3
112	ZARZYCKI ROBERT	537		GLIWICE	POL	M-30	134	M 380	00:12:46	00:36:35	01:02:23	01:32:00	02:02:37.80	5:48	10.3
113	SZYMURA JACEK	590		KNURÓW	POL	M-40	141	M 382	00:14:28	00:40:23	01:08:09	01:36:14	02:03:16.85	5:50	10.3

VII PÓLMARATON GLIWICKI, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
114	PIETRZAK MARCIN	383		GLIWICE	POL	M-40	142	M 383	00:14:56	00:42:09	01:08:56	01:35:40	02:03:21.50	5:50	10.3
115	GRZYBOWSKI DAMIAN	159		PYSKOWICE	POL	M-30	135	M 384	00:13:20	00:38:27	01:05:00	01:33:28	02:03:28.00	5:51	10.3
116	DĄBROWSKI MARCIN	92	TEAM KORNEL	GLIWICE	POL	M-40	143	M 389	00:15:38	00:42:00	01:09:31	01:37:25	02:04:21.40	5:53	10.2
117	ŻMUDA MARCIN	552		GLIWICE	POL	M-20	41	M 397	00:15:51	00:44:00	01:12:27	01:40:04	02:05:25.80	5:56	10.1
118	KROTOS KRZYSZTOF	255	OQS	GLIWICE	POL	M-40	150	M 404	00:14:29	00:41:13	01:09:16	01:38:11	02:06:29.30	5:59	10
119	KOSIAK MACIEJ	612		GLIWICE	POL	M-40	151	M 406	00:15:04	00:41:13	01:08:54	01:38:14	02:06:52.85	6:00	10
120	KOWALCZYK TOMASZ	244	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	141	M 407	00:15:24	00:42:23	01:09:52	01:37:48	02:07:04.75	6:01	10
121	GĘBCZYŃSKI OLIWIER	129	GO4IT	GLIWICE	POL	M-20	43	M 408	00:15:20	00:42:41	01:10:44	01:39:02	02:07:05.55	6:01	10
122	FRUK KAMIL	585		GLIWICE	POL	M-30	142	M 411	00:16:19	00:46:25	01:16:35	01:44:06	02:07:41.55	6:03	9.9
123	GOŁĘBIEWSKI KAZIMIERZ	138	KEMPER TEAM	GLIWICE	POL	M-40	154	M 412	00:15:35	00:43:11	01:12:36	01:40:53	02:07:57.60	6:03	9.9
124	BRUDKOWSKI TOMASZ	49	MOKA	GLIWICE	POL	M-30	143	M 413	00:15:38	00:44:28	01:12:11	01:40:17	02:08:10.05	6:04	9.9
125	LINDENBERG JAROSŁAW	587		GLIWICE	POL	M-30	144	M 414	00:15:36	00:44:10	01:12:40	01:41:14	02:08:19.10	6:04	9.9
126	MACZUGA BARTŁOMIEJ	294	PACEMAKER	GLIWICE	POL	M-30	145	M 416	00:15:48	00:44:23	01:12:54	01:41:30	02:08:33.65	6:05	9.8
127	JEZIOR BARTOSZ	192		GLIWICE	POL	M-30	146	M 417	00:14:31	00:41:37	01:10:14	01:38:55	02:08:40.55	6:05	9.8
128	BUFNAŁ KRZYSZTOF	55		GLIWICE	POL	M-40	157	M 420	00:15:11	00:42:14	01:10:32	01:40:10	02:10:06.90	6:09	9.7
129	METERA KAMIL	586	SPARTAN KNURÓW	GLIWICE	POL	M-30	147	M 423	00:15:33	00:42:08	01:11:02	01:42:09	02:11:30.95	6:13	9.6
130	GIBAS DAWID	130	SOCIOS SILESIA	GLIWICE	POL	M-40	160	M 428	00:14:48	00:42:56	01:13:38	01:44:18	02:13:40.30	6:20	9.5
131	STRZELECKI RAFAŁ	470	SOCIOS SILESIA	GLIWICE	POL	M-30	149	M 429	00:15:23	00:41:46	01:09:15	01:39:48	02:13:48.00	6:20	9.5
132	STANKIEWICZ JAKUB	461		GLIWICE	POL	M-20	46	M 431	00:17:22	00:47:57	01:18:24	01:48:11	02:14:14.70	6:21	9.4
133	PACUŁA PIOTR	373	AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM	GLIWICE	POL	M-60	18	M 436	00:13:43	00:38:13	01:03:39	01:37:26	02:14:53.30	6:23	9.4
134	KACZKIEWICZ DAMIAN	630	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	167	M 441	00:15:36	00:44:30	01:14:23	01:46:23	02:17:50.15	6:31	9.2
135	KOZACZKA WŁODZIMIERZ	248		GLIWICE	POL	M-40	168	M 443	00:16:09	00:44:47	01:14:24	01:44:56	02:18:08.55	6:32	9.2
136	WOLIŃSKI JÓZEF	519		GLIWICE	POL	M-50	60	M 444	00:16:43	00:46:21	01:17:09	01:48:03	02:18:34.50	6:34	9.1
137	CHAFFARI MESSAOUD	66		GLIWICE	POL	M-20	49	M 451	00:15:12	00:42:13	01:11:10	01:46:38	02:22:23.20	6:44	8.9
138	PALAK RAFAŁ	375		GLIWICE	POL	M-30	154	M 454	01:21:53	01:54:29		02:25:05.60	6:52	8.7	
139	WACŁAWEK TOMEK	399	TEAM TOMSON	GLIWICE	POL	M-20	51	M 457	00:15:52	00:46:01	01:18:21	01:52:22	02:26:41.65	6:57	8.6
140	ZEMŁA PIOTR	542		GLIWICE	POL	M-50	64	M 460	00:16:23	00:47:36	01:20:43	01:54:56	02:28:24.75	7:01	8.5
141	FABRY RAFAŁ	104		GLIWICE	POL	M-40	173	M 462	00:16:53	00:49:26	01:23:50	02:00:20	02:34:46.35	7:20	8.2
142	BEDNAREK MARTIN	21	STARY HANGAR	STANICA	POL	M-20	53	M 466	00:10:34	00:32:01				4:26	13.5

VII PÓLMARATON GLIWICKI, Niepełnosprawni M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WILK DAWID	514	PACEMAKER	ZABRZE	POL	M-30	46	M 130	00:11:54	00:33:54	00:55:54	01:17:59	01:40:38.00	4:46	12.6
2	TEICHMANN NORBERT	483		GLIWICE	POL	M-60	13	M 337	00:14:59	00:40:58	01:08:24	01:34:39	01:57:55.80	5:35	10.7
3	SUSEL ALEK	646		RUDA ŚLĄSKA	POL	M-30	150	M 434	00:17:09	00:42:55	01:15:17	01:42:35	02:14:45.00	6:23	9.4
4	WĘGIEL KACPER	507	KB ORŁY Z KNUROWA	MIKOŁÓW	POL	M-20	52	M 465	00:18:30	00:54:07	01:34:20	02:13:40	02:50:54.40	8:05	7.4

VII PÓLMARATON GLIWICKI, K-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	BAŃBOR ALEKSANDRA	11	EX TEAM	KNURÓW	POL	K-20	1	K 5	00:11:02	00:30:58	00:51:17	01:11:15	01:29:45.30	4:15	14.1
2	KONIECZNA ANNA	236		GLIWICE	POL	K-20	2	K 7	00:11:04	00:31:37	00:52:41	01:13:21	01:32:34.95	4:23	13.7
3	KOMÓR KINGA	235		BYTOM	POL	K-20	3	K 16	00:12:25	00:35:08	00:58:55	01:23:08	01:45:29.50	4:59	12
4	JANOWSKA KAROLINA	183	KB ORŁY Z KNUROW	KNURÓW	POL	K-20	4	K 20	00:12:19	00:35:08	01:00:03	01:25:22	01:49:52.60	5:12	11.5
5	NOWAK KATARZYNA	356		ŻARKI	POL	K-20	5	K 33	00:14:29	00:39:11	01:04:43	01:30:46	01:54:50.60	5:26	11
6	KOZIĘLSKA MAGDALENA	250		WARSZAWA	POL	K-20	6	K 39	00:14:12	00:40:07	01:06:26	01:32:21	01:56:14.20	5:30	10.9
7	BASIAGA ANITA	609		KATOWICE	POL	K-20	7	K 44	00:14:53	00:41:15	01:07:49	01:33:22	01:57:08.65	5:33	10.8
8	SZELĄG MONIKA	632		GLIWICE	POL	K-20	8	K 46	00:15:34	00:42:05	01:07:56	01:32:40	01:57:26.30	5:33	10.8
9	RYNIO JESSICA	418		KRAPKOWICE	POL	K-20	9	K 52	00:13:59	00:40:05	01:07:05	01:34:00	01:59:37.00	5:40	10.6
10	SAWICKA ANNA	589		GLIWICE	POL	K-20	10	K 60	00:15:31	00:42:06	01:09:37	01:37:29	02:02:39.20	5:48	10.3
11	JURETKO AGATA	198		ŚWIĘTOCHŁOWICE	POL	K-20	11	K 64	00:14:25	00:40:27	01:07:07	01:35:26	02:03:36.65	5:51	10.2
12	MERDA WIKTORIA	322		CHRZANÓW	POL	K-20	12	K 69	00:14:58	00:42:31	01:10:51	01:38:49	02:05:03.05	5:55	10.1

VII PÓLMARATON GLIWICKI, K-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
13	MANKA ZOFIA	305		GASZOWICE	POL	K-20	13	K 73	00:15:53	00:44:31	01:14:16	01:41:53	02:06:21.15	5:59	10
14	HEINRICH ZANETA	165		KOZŁÓW	POL	K-20	14	K 103	00:15:36	00:44:06	01:13:19	01:44:22	02:14:48.75	6:23	9.4
15	SKRZĄTEK KATARZYNA	448		GLIWICE	POL	K-20	15	K 115	00:16:02	00:45:28	01:17:45	01:51:36	02:23:14.50	6:47	8.8
16	JUNGA JOANNA	629		GLIWICE	POL	K-20	16	K 121	00:17:47	00:50:27	01:23:09	01:57:10	02:29:06.95	7:03	8.5
17	BRODA ZUZANNA	43		TYCHY	POL	K-20	17	K 123	00:18:46	00:50:49	01:28:05	02:01:35	02:37:29.80	7:27	8
18	GRABA KATARZYNA	146	TURBORÓWKA	MIKOŁÓW	POL	K-20	18	K 128	01:17:01					30:48	1.9

VII PÓLMARATON GLIWICKI, M-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	MRACHACZ PIOTR	580	STUDIO PROJEKTOWE SPART	BYTOM	POL	M-20	1	M 3	00:09:11	00:25:53	00:43:05	00:59:55	01:15:49.85	3:35	16.7
2	FOLTYN JAKUB	110	WYTRZYMAŁI.COACH	RUDZINIEC	POL	M-20	2	M 6	00:09:39	00:27:08	00:44:46	01:01:57	01:18:53.70	3:44	16
3	SIKOŃCZYK MIŁOSZ	437	RUNNING PERFORMANCE	KRAKÓW	POL	M-20	3	M 13	00:09:30	00:27:26	00:46:04	01:04:12	01:21:28.35	3:51	15.5
4	JANCEWICZ MARCIN	178		STARE BABICE	POL	M-20	4	M 19	00:10:07	00:28:26	00:47:09	01:05:30	01:22:37.75	3:54	15.3
5	MUSKAŁA MATEUSZ	343	AUGUSTEAM	CHORZÓW	POL	M-20	5	M 27	00:10:05	00:28:26	00:47:38	01:07:06	01:26:06.30	4:04	14.7
6	DZIDA DOMINIK	101		RUDA ŚLĄSKA	POL	M-20	6	M 48	00:11:05	00:31:24	00:51:46	01:11:12	01:30:02.25	4:16	14.1
7	FAŁEK ADAM	105	ŁAMIGNATY	MIKOŁÓW	POL	M-20	7	M 49	00:10:12	00:29:23	00:50:20	01:10:50	01:30:07.20	4:16	14
8	ŁOZIŃSKI WOJCIECH	287	PARKRUN CHRZANÓW	LIBIĄŻ	POL	M-20	8	M 53	00:11:01	00:31:13	00:51:30	01:11:15	01:30:35.50	4:17	14
9	PILNY KAROL	387	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-20	9	M 55	00:10:51	00:30:48	00:51:44	01:11:59	01:31:41.35	4:20	13.8
10	GALILEJCZYK MARIUSZ	118		CHORZÓW	POL	M-20	10	M 85	00:10:57	00:30:43	00:52:37	01:14:54	01:36:05.50	4:33	13.2
11	KAMIŃSKI MARCIN	205		KNURÓW	POL	M-20	11	M 88					01:36:34.85	4:34	13.1
12	DREWNIAK MARCIN	638		KATOWICE	POL	M-20	12	M 110	00:11:55	00:33:42	00:55:52	01:18:20	01:39:14.10	4:42	12.8
13	MEOSI ALESSANDRO	321	MONAR GRACZE	GLIWICE	POL	M-20	13	M 116	00:12:30	00:33:26	00:55:08	01:17:24	01:39:46.75	4:43	12.7
14	KUŹMA ANDRZEJ	269	TEAM ARTIVENT	KĘDZIERZYN-KOŹLE	POL	M-20	14	M 118	00:12:29	00:35:14	00:57:51	01:20:54	01:40:02.95	4:44	12.7
15	SKLORZ MARCIN	442		GLIWICE	POL	M-20	15	M 125	00:11:50	00:33:24	00:55:42	01:17:41	01:40:20.20	4:45	12.6
16	WARDZYK DAMIAN	502	ZŁOTA MARKA	ZABRZE	POL	M-20	16	M 126	00:12:30	00:33:32	00:54:56	01:17:36	01:40:20.90	4:45	12.6
17	SZCZEPANEK ŁUKASZ	473		CHORZÓW	POL	M-20	17	M 128	00:12:09	00:33:54	00:56:07	01:18:26	01:40:22.00	4:45	12.6
18	ADAMCZYK DANIEL	2	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-20	18	M 140	00:12:10	00:34:13	00:56:47	01:19:36	01:41:22.60	4:48	12.5
19	KUBIŚ MATEUSZ	261	JÓZEFINKA	WIESZOWA	POL	M-20	19	M 169	00:12:18	00:35:10	00:57:48	01:20:55	01:43:20.35	4:53	12.3
20	GAJDA PATRYK	116		GDYNIA	POL	M-20	20	M 175	00:12:29	00:35:13	00:57:51	01:21:09	01:43:42.55	4:54	12.2
21	GALL KACPER	119		KĘDZIERZYN-KOŹLE	POL	M-20	21	M 187	00:11:55	00:34:04	00:57:51	01:21:26	01:45:07.40	4:58	12
22	NIESZWIC TERENCEJUSZ	348		GLIWICE	POL	M-20	22	M 198	00:12:52	00:35:33	00:59:00	01:23:03	01:46:35.30	5:03	11.9
23	MAJEWSKI ANTONI	300		BYTOM	POL	M-20	23	M 214	00:12:49	00:36:48	01:01:53	01:26:11	01:47:28.25	5:05	11.8
24	SACHNIK MAREK	425	DYNAMIK SILESIA	GLIWICE	POL	M-20	24	M 235	00:12:41	00:35:40	01:00:21	01:25:05	01:49:24.30	5:11	11.6
25	STELMASZCZYK KONRAD	616		PANIÓWKI	POL	M-20	25	M 241	00:14:02	00:37:19	01:01:44	01:26:01	01:49:38.35	5:11	11.5
26	GROCHOT ARKADIUSZ	150		KRAKÓW	POL	M-20	26	M 259	00:12:29	00:35:32	01:00:26	01:26:11	01:51:13.80	5:16	11.4
27	JOŃSKI TOMASZ	194		ŁAŃCUT	POL	M-20	27	M 264	00:13:59	00:39:23	01:04:42	01:29:21	01:51:29.85	5:17	11.4
28	NOWAKOWSKI DOMINIK	359		GLIWICE	POL	M-20	28	M 285	00:13:00	00:36:26	01:02:21	01:28:58	01:53:24.40	5:22	11.2
29	MIKOS WOJCIECH	331		TOSZEK	POL	M-20	29	M 294	00:12:41	00:37:46	01:04:09	01:31:05	01:54:36.10	5:25	11
30	KASPRZAK MICHAŁ	213		GLIWICE	POL	M-20	30	M 304	00:12:42	00:37:47	01:04:09	01:31:06	01:55:18.75	5:27	11
31	JAWORSKI JAKUB	191		GLIWICE	POL	M-20	31	M 307	00:14:05	00:39:13	01:04:43	01:30:33	01:55:34.10	5:28	11
32	KOC DANIEL	560		NIEWIESZE	POL	M-20	32	M 315	00:14:46	00:39:55	01:05:34	01:31:53	01:55:58.65	5:29	10.9
33	SOBIECH SEBASTIAN	608		PIEKARY ŚLĄSKIE	POL	M-20	33	M 332	00:14:53	00:41:14	01:07:50	01:33:22	01:57:06.70	5:32	10.8
34	BAJKACZ TOMASZ	8		GLIWICE	POL	M-20	34	M 333	00:14:32	00:40:51	01:07:19	01:33:16	01:57:19.15	5:33	10.8
35	PODSTUFKA SZYMON	393		GLIWICE	POL	M-20	35	M 343	00:14:42	00:41:00	01:07:42	01:33:56	01:58:32.05	5:37	10.7
36	KAIM RAFAŁ	199		PSARY	POL	M-20	36	M 357	00:15:15	00:41:23	01:08:13	01:35:05	01:59:43.15	5:40	10.6
37	MATYSZCZAK KRZYSZTOF	604	TEAM WĄSACZA	KŁOBUCK	POL	M-20	37	M 371	00:13:17	00:37:49	01:03:59	01:32:30	02:00:52.90	5:43	10.5
38	TŁON MARCIN	597		GLIWICE	POL	M-20	38	M 377	00:16:38	00:45:34	01:14:29	01:40:49	02:02:12.10	5:47	10.4
39	STAŃCO JAKUB	614		GLIWICE	POL	M-20	39	M 378	00:15:30	00:42:19	01:08:59	01:35:53	02:02:32.30	5:48	10.3
40	GAPIŃSKI ROBERT	121		RUDA ŚLĄSKA	POL	M-20	40	M 381	00:14:44	00:41:29	01:08:58	01:36:25	02:02:48.60	5:49	10.3
41	ŻMUDA MARCIN	552		GLIWICE	POL	M-20	41	M 397	00:15:51	00:44:00	01:12:27	01:40:04	02:05:25.80	5:56	10.1
42	ŻMUDA KRZYSZTOF	553		DĄBROWA GÓRNICZA	POL	M-20	42	M 398	00:15:51	00:44:01	01:12:27	01:40:04	02:05:27.00	5:56	10.1
43	GĘBCZYŃSKI OLIWIER	129	GO4IT	GLIWICE	POL	M-20	43	M 408	00:15:20	00:42:41	01:10:44	01:39:02	02:07:05.55	6:01	10
44	SEREDA MACIEJ	575		PRZEWORSK	POL	M-20	44	M 422	00:15:48	00:44:17	01:13:21	01:41:25	02:10:13.95	6:10	9.7
45	SZYMALA PIOTR	478		ZAWIERCIE	POL	M-20	45	M 425	00:15:37	00:44:12	01:13:50	01:43:33	02:12:32.90	6:16	9.6
46	STANKIEWICZ JAKUB	461		GLIWICE	POL	M-20	46	M 431	00:17:22	00:47:57	01:18:24	01:48:11	02:14:14.70	6:21	9.4

VII PÓLMARATON GLIWICKI, M-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
47	RAKOWSKI MICHAŁ	406		TYCHY	POL	M-20	47	M 435	00:13:16	00:36:55	01:02:36	01:34:03	02:14:51.95	6:23	9.4
48	GUŚCIORA MACIEJ	163		GLIWICE	POL	M-20	48	M 442	00:14:53	00:43:57	01:14:08	01:46:24	02:18:02.25	6:32	9.2
49	CHAFFARI MESSAOUD	66		GLIWICE	POL	M-20	49	M 451	00:15:12	00:42:13	01:11:10	01:46:38	02:22:23.20	6:44	8.9
50	ZIAJKA KAMIL	631		KATOWICE	POL	M-20	50	M 453	00:15:34	00:42:05	01:08:26	01:45:16	02:24:50.85	6:51	8.7
51	WAĆLAWEK TOMEK	399	TEAM TOMSON	GLIWICE	POL	M-20	51	M 457	00:15:52	00:46:01	01:18:21	01:52:22	02:26:41.65	6:57	8.6
52	WĘGIEL KACPER	507	KB ORŁY Z KNUROWA	MIKOŁÓW	POL	M-20	52	M 465	00:18:30	00:54:07	01:34:20	02:13:40	02:50:54.40	8:05	7.4
53	BEDNAREK MARTIN	21	STARY HANGAR	STANICA	POL	M-20	53	M 466	00:10:34	00:32:01				4:26	13.5

VII PÓLMARATON GLIWICKI, K-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	SMITH KELLI	635		KEDZIERZYN-KOZLE	POL	K-30	1	K 2	00:10:24	00:29:19	00:48:56	01:08:17	01:26:26.80	4:05	14.6
2	JANOWSKA MICHALINA	182	MOJYZYSZ TEAM / JEJKOWICE BIEGAJA	JEJKOWICE	POL	K-30	2	K 3	00:10:51	00:30:05	00:49:34	01:08:33	01:27:05.55	4:07	14.5
3	BROL DOMINIKA	48		SIEMIANOWICE	POL	K-30	3	K 4	00:11:01	00:30:54	00:51:03	01:10:44	01:29:08.50	4:13	14.2
4	WYLEŻAŁEK ALINA	528		GLIWICE	POL	K-30	4	K 6	00:11:19	00:31:24	00:51:53	01:12:07	01:31:27.50	4:20	13.8
5	LECHOCKA PATRYCJA	278	INŻYNIERIA BIEGANIA/ EKO-OKNA RUNNERS	PSZÓW	POL	K-30	5	K 10	00:11:56	00:33:53	00:56:13	01:18:44	01:40:11.70	4:44	12.6
6	BUJAK MAGDALENA	58	NIGHT RUNNERS PYSKOWICE / KP LABS	42-612	POL	K-30	6	K 15	00:12:57	00:35:23	00:58:43	01:22:14	01:45:06.30	4:58	12
7	KASPRZAK MARTYNA	214	GREEN BELT RUNNER TEAM	CHORZÓW	POL	K-30	7	K 17	00:13:50	00:37:46	01:01:37	01:24:41	01:46:16.05	5:02	11.9
8	OLEŚ-ZDECHLIK BEATA	365		ŚWIĘTOCHŁOWICE	POL	K-30	8	K 18	00:13:11	00:36:55	01:01:43	01:26:13	01:49:11.45	5:10	11.6
9	BROZYNA MAGDALENA	621	CO JA TU ROBIE?	GLIWICE	POL	K-30	9	K 24	00:13:57	00:37:21	01:01:32	01:26:40	01:51:46.00	5:17	11.3
10	KAMSKA MAŁGORZATA	206	GAMBAZ TEAM	GLIWICE	POL	K-30	10	K 28	00:13:49	00:37:54	01:03:20	01:28:49	01:53:11.00	5:21	11.2
11	ZACHARIASZ AGNIESZKA	530		GRÓDKÓW	POL	K-30	11	K 31	00:13:28	00:38:05	01:02:57	01:28:49	01:54:03.65	5:24	11.1
12	MARCINIAK PAULINA	309		GLIWICE	POL	K-30	12	K 34	00:14:21	00:39:26	01:04:56	01:30:28	01:55:10.55	5:27	11
13	PALMOWSKA AGNIESZKA	378	PHD RUNNERS	GLIWICE	POL	K-30	13	K 42	00:14:16	00:40:02	01:06:52	01:32:57	01:56:48.50	5:32	10.8
14	ROWIŃSKA EWA	410		KRAKÓW	POL	K-30	14	K 50	00:14:32	00:39:53	01:06:35	01:33:07	01:59:00.55	5:38	10.6
15	KULCZYK ANNA	263		ZABRZE	POL	K-30	15	K 51	00:13:57	00:39:22	01:06:07	01:33:23	01:59:24.90	5:39	10.6
16	MICHALSKA BOGNA	325		GLIWICE	POL	K-30	16	K 59	00:15:39	00:42:36	01:10:18	01:37:57	02:02:32.85	5:48	10.3
17	WYCISK DAGMARA	527		GLIWICE	POL	K-30	17	K 63	00:14:47	00:41:52	01:09:11	01:37:09	02:03:36.20	5:51	10.2
18	SZYMAŃSKA MAGDALENA	599		RUDA ŚLĄSKA	POL	K-30	18	K 70	00:14:58	00:41:54	01:10:00	01:37:57	02:05:18.50	5:56	10.1
19	BIAŁASIK MONIKA	27		KOZŁÓW	POL	K-30	19	K 72	00:15:36	00:44:03	01:12:34	01:41:08	02:06:11.40	5:58	10
20	KRAŃSKA SANDRA	253		WIELICZKA	POL	K-30	20	K 75	00:14:45	00:42:12	01:10:04	01:38:27	02:06:32.80	5:59	10
21	KIDABIONEK OLGA	222		NOWE CHECHŁO	POL	K-30	21	K 77	00:15:04	00:42:09	01:10:34	01:39:15	02:06:46.10	6:00	10
22	KILAR-HOSZOWSKA SABINA	225	MEDUZY	TARNOWSKIE GÓRY	POL	K-30	22	K 83	00:15:32	00:43:25	01:12:14	01:41:10	02:08:40.55	6:05	9.8
23	ŻYGŁOWICZ SYLWIA	555		MYSŁOWICE	POL	K-30	23	K 87	00:15:47	00:44:11	01:13:04	01:43:13	02:11:03.50	6:12	9.7
24	GLADKOWSKA MAŁGORZATA	134		GLIWICE	POL	K-30	24	K 89	00:14:54	00:42:30	01:12:10	01:43:07	02:11:14.20	6:13	9.6
25	ONOPIUK NATALIA	366		KOZŁÓW	POL	K-30	25	K 90	00:15:35	00:44:04	01:12:35	01:42:03	02:11:46.60	6:14	9.6
26	WOSIAK KATARZYNA	521		GLIWICE	POL	K-30	26	K 91	00:14:45	00:41:34	01:10:17	01:40:51	02:11:51.35	6:14	9.6
27	WILCZEK MAŁGORZATA	513		GLIWICE	POL	K-30	27	K 92	00:15:57	00:44:30	01:14:24	01:44:16	02:11:53.50	6:15	9.6
28	BAJOR AGNIESZKA	10		KRAKÓW	POL	K-30	28	K 93	00:15:41	00:43:56	01:12:49	01:42:19	02:12:19.10	6:16	9.6
29	MENDLA ANNA	320		CZERWIONKA-LESZCZYNY	POL	K-30	29	K 97	00:15:12	00:43:26	01:13:12	01:43:43	02:13:58.00	6:20	9.5
30	FRUK NATALIA	113		GLIWICE	POL	K-30	30	K 100	00:16:19	00:46:24	01:16:34	01:46:37	02:14:24.10	6:22	9.4
31	ZAWIŁA AGNIESZKA	539		KATOWICE	POL	K-30	31	K 101	00:16:14	00:44:30	01:14:16	01:44:28	02:14:34.65	6:22	9.4
32	GROMADZKA JUSTYNA	151	KOBIETY WATAHY	BYTOM	POL	K-30	32	K 104	00:14:55	00:42:59	01:12:54	01:44:08	02:15:41.90	6:25	9.3
33	KUZMYŃSKA KATERYNA	619		GLIWICE	POL	K-30	33	K 106	00:15:11	00:43:31	01:14:22	01:46:19	02:16:57.70	6:29	9.2
34	WOJDANOWSKA MAŁGORZATA	517	LECZYMY DURŚ	TARNOWSKIE GÓRY	POL	K-30	34	K 107	00:15:38	00:43:33	01:14:53	01:47:39	02:17:22.85	6:30	9.2
35	GARBACZ ASIA	123		GLIWICE	POL	K-30	35	K 110	00:15:50	00:45:13	01:16:32	01:48:29	02:19:22.85	6:36	9.1
36	NIEDBALSKA SANDRA	345		MŁOSZOWA	POL	K-30	36	K 111	00:15:50	00:45:25	01:17:04	01:49:02	02:19:56.50	6:37	9
37	ŚWIDEREK ALEKSANDRA	481		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.40	6:47	8.8
38	PIECHOWICZ-KUROWSKA AGATA	382		GLIWICE	POL	K-30	37	K 112	00:17:28	00:48:45	01:21:30	01:53:24	02:23:09.40	6:47	8.8
39	KARNIA AGNIESZKA	209		GLIWICE	POL	K-30	39	K 114	00:17:28	00:48:44	01:21:29	01:53:24	02:23:09.65	6:47	8.8
40	SITKO DAGMARA	440		JASTRZĘBIE-ZDRÓJ	POL	K-30	40	K 116	00:17:24	00:49:48	01:22:54	01:56:19	02:26:18.65	6:56	8.7
41	KRUKOWSKA MONIKA	256		SOSNOWIEC	POL	K-30	41	K 122	00:16:47	00:49:08	01:24:33	01:58:12	02:33:49.40	7:17	8.2
42	BRODA HANNA	44	#FLOWBEZBARIER	KATOWICE	POL	K-30	42	K 124	00:21:04	00:53:48	01:29:54	02:06:09	02:44:13.15	7:46	7.7

VII PÓŁMARATON GLIWICKI, K-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
43	KASPRZYK AGNIESZKA	215		GLIWICE	POL	K-30	43	K 125	00:17:37	00:52:58	01:28:11	02:06:26	02:47:23.75	7:55	7.6
44	GŁĄB MARIOLA	136		GLIWICE	POL	K-30	44	K 126	00:17:46	00:52:47	01:31:03	02:10:47	02:48:56.15	8:00	7.5
45	KOŁODZIEJCZYK MONIKA	234	JURA TEAM	PRZEGINIA	POL	K-30	45	K 127	00:13:57	00:38:13				5:18	11.3

VII PÓŁMARATON GLIWICKI, M-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WOLNIK MATEUSZ	578	AKTYWNI LYSKI	LYSKI	POL	M-30	1	M 1	00:09:11	00:25:38	00:42:33	00:59:11	01:15:08.95	3:33	16.9
2	TRESKA PIOTR	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	TYCHY	POL	M-30	2	M 4	00:09:30	00:26:19	00:43:32	01:00:17	01:16:25.60	3:37	16.6
3	ROZMUS NORBERT	411		ZABRZE	POL	M-30	3	M 5	00:09:40	00:27:10	00:44:47	01:01:58	01:17:50.45	3:41	16.3
4	HAREŻA MAREK	628		CZECHOWICE-DZIEDZICE	POL	M-30	4	M 7	00:09:41	00:27:06	00:44:49	01:02:32	01:19:14.40	3:45	16
5	BARTOSIK SEBASTIAN	13	FORMA WODZISŁAW ŚLĄSKI / MOJŹYSZ TEAM	WODZISŁAW ŚLĄSKI	POL	M-30	5	M 9	00:09:39	00:27:09	00:45:04	01:02:50	01:19:50.30	3:47	15.9
6	DENICKI PRZEMEK	93	EX TEAM	KNURÓW	POL	M-30	6	M 12	00:10:05	00:27:58	00:45:59	01:03:52	01:20:20.70	3:48	15.8
7	URBAŃCZYK KAROL	496	NON STOP TRAIL	GLIWICE	POL	M-30	7	M 14	00:09:39	00:27:14	00:45:35	01:03:55	01:21:40.50	3:52	15.5
8	PRZELIORZ TOMASZ	400	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-30	8	M 15	00:09:59	00:28:06	00:46:41	01:04:49	01:21:51.40	3:52	15.5
9	BUJNOWSKI ARTUR	59	TL ROW RYBNIK	KNURÓW	POL	M-30	9	M 18	00:10:04	00:27:59	00:46:18	01:04:33	01:22:12.45	3:53	15.4
10	BAGSIK MATEUSZ	7		ŚWIĘTOSZOWICE	POL	M-30	10	M 20	00:10:02	00:27:58	00:47:08	01:05:52	01:23:18.00	3:56	15.2
11	OSETEK PAWEŁ	369	RADLINIOKI W BIEGU	PSZÓW	POL	M-30	11	M 24	00:09:57	00:28:15	00:47:47	01:06:47	01:25:20.85	4:02	14.8
12	GORAUS KAMIL	141	RUN RUN RUN	RUDA ŚLĄSKA	POL	M-30	12	M 25	00:10:31	00:29:20	00:48:51	01:07:50	01:25:41.25	4:03	14.8
13	JÓZEFIK DAWID	196	JKŁA JAWOR	CHRZANÓW	POL	M-30	13	M 26	00:10:33	00:29:27	00:48:51	01:07:42	01:25:46.40	4:03	14.8
14	KOZIARSKI MICHAŁ	249	LKS SIERAKÓW ŚLĄSKI	SIERAKÓW ŚLĄSKI	POL	M-30	14	M 28	00:10:30	00:29:03	00:48:20	01:07:30	01:26:10.30	4:05	14.7
15	BOGATZKI MAREK	39		CHORZÓW	POL	M-30	15	M 32	00:10:05	00:28:35	00:48:47	01:08:28	01:27:50.70	4:09	14.4
16	SPRUTTA ROBERT	458		BYTOM	POL	M-30	16	M 33	00:10:55	00:29:52	00:49:41	01:09:11	01:28:01.15	4:10	14.4
17	KLIMA ADAM	229	RUNHOGS TYCHY	TYCHY	POL	M-30	17	M 34	00:10:30	00:29:50	00:49:48	01:09:40	01:28:28.95	4:11	14.3
18	HOFFMANN NIKODEM	167		BIELSKO-BIAŁA	POL	M-30	18	M 36	00:11:20	00:31:14	00:51:14	01:10:44	01:29:18.50	4:13	14.2
19	NOWICKI SZYMON	361		ZABRZE	POL	M-30	19	M 37	00:11:00	00:30:32	00:50:42	01:10:31	01:29:19.65	4:13	14.2
20	STASIKOWSKI ŁUKASZ	463		GOŁKOWICE	POL	M-30	20	M 38	00:11:01	00:31:11	00:51:33	01:11:14	01:29:21.15	4:14	14.2
21	BIALY KAMIL	28	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-30	21	M 41	00:11:01	00:31:09	00:51:30	01:11:12	01:29:34.80	4:14	14.1
22	KORZUSZNIK WOJCIECH	241	LUXTORPEDA CZERWIONKA	MIKOŁÓW	POL	M-30	22	M 44	00:11:03	00:31:18	00:51:38	01:11:16	01:29:43.45	4:15	14.1
23	ŻOŁĄDZ PIOTR	554	TEAM ARTIVENT	GLIWICE	POL	M-30	23	M 45	00:11:00	00:31:09	00:51:29	01:11:11	01:29:43.60	4:15	14.1
24	SKOCZEK JAKUB	443		OTWOCK	POL	M-30	24	M 47	00:11:12	00:31:08	00:51:28	01:11:15	01:29:58.10	4:15	14.1
25	GORCZYCKI ARKADIUSZ	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	BYTOM	POL	M-30	25	M 57	00:11:18	00:32:04	00:53:03	01:13:17	01:31:57.00	4:21	13.8
26	GARUS BARTŁOMIEJ	124	YNO 1	ORNONTOWICE	POL	M-30	26	M 58	00:11:14	00:31:16	00:51:56	01:12:27	01:32:04.80	4:21	13.8
27	TEKLA KRZYSZTOF	484		ŁĘDZINY	POL	M-30	27	M 61	00:11:07	00:31:23	00:51:51	01:12:26	01:32:51.75	4:24	13.6
28	JAWOREK JACEK	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	ZABRZE	POL	M-30	28	M 63	00:11:24	00:31:56	00:52:51	01:13:24	01:32:55.90	4:24	13.6
29	MIRONOWICZ BARTŁOMIEJ	335		GLIWICE	POL	M-30	29	M 66	00:10:57	00:31:09	00:51:34	01:12:42	01:33:15.25	4:25	13.6
30	WIERZCHOWSKI JĘDRZEJ	511		SOSNOWIEC	POL	M-30	30	M 69	00:11:21	00:32:05	00:53:42	01:14:57	01:34:27.90	4:28	13.4
31	FRANKIEWICZ ARTUR	111		GLIWICE	POL	M-30	31	M 74	00:11:01	00:31:27	00:52:42	01:13:55	01:34:42.70	4:29	13.4
32	MARCINIAK RAFAŁ	308	8A.PL	GLIWICE	POL	M-30	32	M 83	00:12:16	00:33:46	00:54:58	01:16:00	01:35:55.60	4:32	13.2
33	MEKIER BARTEK	591		BYTOM	POL	M-30	33	M 87	00:12:11	00:33:48	00:55:34	01:16:51	01:36:29.45	4:34	13.1
34	GĄSZCZAK MICHAŁ	127	RUNHOGS TYCHY	TYCHY	POL	M-30	34	M 89	00:11:01	00:32:19	00:54:31	01:16:15	01:36:40.60	4:34	13.1
35	KOWOLIK ŁUKASZ	247	TAURON TEAM	ZABRZE	POL	M-30	35	M 90	00:12:26	00:34:37	00:56:23	01:17:00	01:36:41.50	4:34	13.1
36	LEPIARCZYK SŁAWOMIR	280		RYBNIK	POL	M-30	36	M 91	00:11:28	00:32:00	00:53:56	01:15:38	01:36:42.80	4:34	13.1
37	MEDES MARCIN	319		TYCHY	POL	M-30	37	M 99	00:12:11	00:33:53	00:55:50	01:17:10	01:37:21.65	4:36	13
38	MARKOWSKI PRZEMYSŁAW	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	BYTOM	POL	M-30	38	M 103	00:11:54	00:33:53	00:55:53	01:17:06	01:37:51.35	4:38	12.9
39	STAŃCZYK PRZEMEK	462		GRUDYNIA WIELKA	POL	M-30	39	M 104	00:12:03	00:34:04	00:56:16	01:18:17	01:38:25.20	4:39	12.9
40	SPYRA KAMIL	459	SPYROWKA	SZYMOCICE	POL	M-30	40	M 107	00:11:16	00:32:02	00:54:54	01:17:53	01:38:30.05	4:40	12.9
41	TABIŚ BARTOSZ	611		KATOWICE	POL	M-30	41	M 108	00:11:47	00:33:46	00:55:55	01:17:55	01:38:38.60	4:40	12.8
42	BIELA GRZEGORZ	31	NIGHT RUNNERS PYSKOWICE	ZAWADA	POL	M-30	42	M 111	00:11:26	00:32:50	00:55:37	01:17:49	01:39:17.15	4:42	12.8
43	DABROWSKI BARTOSZ	90		GLIWICE	POL	M-30	43	M 119	00:13:07	00:35:34	00:58:21	01:20:03	01:40:03.40	4:44	12.7
44	SZOŁTYSEK ADRIAN	556		PANIÓWKI	POL	M-30	44	M 120	00:11:45	00:33:44	00:55:45	01:17:49	01:40:04.70	4:44	12.7

VII PÓLMARATON GLIWICKI, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
45	ZAKRZOWSKI KRZYSZTOF	532		JAWORZNO	POL	M-30	45	M 127	00:11:49	00:33:50	00:56:19	01:18:49	01:40:21.90	4:45	12.6
46	RÓŻAŃSKI MICHAŁ	413		MIKOŁÓW	POL	M-30	46	M 130	00:12:18	00:34:22	00:56:55	01:19:14	01:40:38.00	4:46	12.6
47	WILK DAWID	514	PACEMAKER	ZABRZE	POL	M-30	46	M 130	00:11:54	00:33:54	00:55:54	01:17:59	01:40:38.00	4:46	12.6
48	SCHAB BARTŁOMIEJ	430		GLIWICE	POL	M-30	48	M 133	00:12:55	00:34:37	00:56:59	01:19:33	01:40:55.00	4:46	12.5
49	STANISZ MARCIN	460	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-30	49	M 136	00:12:10	00:34:14	00:56:46	01:19:35	01:41:13.55	4:47	12.5
50	JAWOREK ADAM	189		WODZISŁAW ŚLĄSKI	POL	M-30	50	M 137	00:11:00	00:31:41	00:54:23	01:17:52	01:41:19.80	4:48	12.5
51	KRZANOWSKI MARCIN	257	OASIS SPORT TEAM	ZABRZE	POL	M-30	51	M 138	00:12:17	00:34:26	00:57:12	01:19:56	01:41:21.30	4:48	12.5
52	JAGIEŁA MICHAŁ	177		PANIÓWKI	POL	M-30	52	M 139	00:12:11	00:33:56	00:56:22	01:19:08	01:41:21.75	4:48	12.5
53	KOWALCZYK JORDAN	245		ZABRZE	POL	M-30	53	M 141	00:12:39	00:35:04	00:57:43	01:20:23	01:41:24.80	4:48	12.5
54	CIEŚLIK JAROSŁAW	75		GLIWICE	POL	M-30	54	M 142	00:12:19	00:35:02	00:57:38	01:20:28	01:41:26.20	4:48	12.5
55	KIDA MAREK	221		NOWE CHECHLO	POL	M-30	55	M 146	00:12:30	00:35:13	00:57:49	01:21:08	01:41:50.40	4:49	12.4
56	IWASZKOWSKI DAWID	175		KNUROW	POL	M-30	56	M 149	00:13:18	00:35:55	00:58:19	01:20:56	01:42:09.00	4:50	12.4
57	BRODACKI PAWEŁ	45		GLIWICE	POL	M-30	57	M 152	00:12:32	00:35:14	00:57:50	01:20:41	01:42:17.60	4:50	12.4
58	NOWAKOWSKI AREK	358		GLIWICE	POL	M-30	58	M 154	00:12:24	00:34:17	00:57:18	01:20:42	01:42:22.50	4:51	12.4
59	UJMA MICHAŁ	494	SII RUNNING TEAM	GLIWICE	POL	M-30	59	M 155	00:12:17	00:34:09	00:56:58	01:20:07	01:42:24.70	4:51	12.4
60	SARNECKI ADAM	429		UJAZD	POL	M-30	60	M 157	00:12:27	00:35:10	00:57:47	01:21:04	01:42:38.00	4:51	12.3
61	BROJA RAFAŁ	47		BYTOM	POL	M-30	61	M 160	00:10:49	00:34:47	00:59:56	01:24:28	01:42:59.45	4:52	12.3
62	JAROS MARCIN	184	OPP KATOWICE	CZELADŹ	POL	M-30	62	M 161	00:13:47	00:35:58	00:58:56	01:21:01	01:43:04.00	4:53	12.3
63	ŁATKA ŁUKASZ	285	PACEMAKER	KATOWICE	POL	M-30	63	M 166	00:12:32	00:35:15	00:57:51		01:43:15.75	4:53	12.3
64	MAZUR KAMIL	567	PKO BANK POLSKI	PIEKARY ŚLĄSKIE	POL	M-30	64	M 171	00:12:33	00:35:17	00:58:15	01:21:34	01:43:22.60	4:53	12.2
65	ŻAAK MICHAŁ	549		ZABRZE	POL	M-30	65	M 172	00:12:04	00:34:26	00:57:33	01:20:56	01:43:22.80	4:53	12.2
66	BABIUCH KAROL	6		ŁANY WIELKIE	POL	M-30	66	M 176	00:12:16	00:34:51	00:57:48	01:21:07	01:43:48.75	4:55	12.2
67	NOWACKI WOJCIECH	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	BYTOM	POL	M-30	67	M 180	00:12:33	00:35:16	00:57:52	01:21:12	01:44:25.05	4:56	12.1
68	NOWALIŃSKI GRZEGORZ	360	HOLBOX RUNNERS	KNURÓW	POL	M-30	68	M 182	00:12:57	00:36:12	00:59:48	01:22:51	01:44:37.05	4:57	12.1
69	CHLISTAŁA JAROSŁAW	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	GODÓW	POL	M-30	69	M 183	00:12:56	00:36:04	00:59:47	01:23:23	01:44:39.55	4:57	12.1
70	MICHALAK WOJCIECH	576	KTW TEAM	WARSZAWA	POL	M-30	70	M 185	00:12:33	00:35:06	00:58:18	01:22:25	01:45:01.55	4:58	12.1
71	SALAMON EMIL	426	OPEL ACTIVE TEAM	GLIWICE	POL	M-30	71	M 186	00:12:36	00:35:18	00:58:02	01:21:34	01:45:02.30	4:58	12.1
72	SKOCZEK MICHAŁ	573	HARD BOX OTWOCK	OTWOCK	POL	M-30	72	M 192	00:13:18	00:35:52	00:59:41	01:23:48	01:46:06.05	5:01	11.9
73	RÓWNICKI MARCIN	412	#BYLEDOMETRY	BĘDZIN	POL	M-30	73	M 195	00:12:35	00:35:36	00:59:13	01:23:10	01:46:28.55	5:02	11.9
74	PIZNAŁ KAMIL	391		KĘTY	POL	M-30	74	M 197	00:12:34	00:35:21	00:59:18	01:23:24	01:46:35.00	5:03	11.9
75	ORDOŃ BARTŁOMIEJ	367		RYBNIK	POL	M-30	75	M 204	00:12:33	00:35:28	00:59:26	01:23:53	01:47:04.70	5:04	11.8
76	BIELAK MICHAŁ	566	PKO BANK POLSKI	BYTOM	POL	M-30	76	M 206	00:12:47	00:35:32	00:59:38	01:23:27	01:47:07.05	5:04	11.8
77	OZYP MARIUSZ	372		GLIWICE	POL	M-30	77	M 210	00:13:10	00:36:58	01:01:06	01:25:01	01:47:20.35	5:05	11.8
78	MARCINIAK KRZYSZTOF	310	KS PEREŁECZKI	RACIBÓRZ	POL	M-30	78	M 213	00:13:30	00:37:50	01:01:59	01:25:40	01:47:23.25	5:05	11.8
79	MICHAŁSKI ŁUKASZ	327		CZĘSTOCHOWA	POL	M-30	79	M 215	00:12:53	00:36:00	00:59:51	01:23:58	01:47:32.55	5:05	11.8
80	CETERA ŁUKASZ	64	#HUTATEAM	GLIWICEGLIWICE	POL	M-30	80	M 216	00:13:26	00:37:16	01:00:51	01:24:44	01:47:37.35	5:06	11.8
81	RUTKOWSKI MICHAŁ	416		GLIWICE	POL	M-30	81	M 217	00:13:29	00:38:04	01:02:32	01:26:21	01:47:44.45	5:06	11.8
82	WIETRZYCKI MARIUSZ	512		GLIWICE	POL	M-30	82	M 219	00:13:03	00:35:19	00:59:21	01:23:13	01:47:57.25	5:06	11.7
83	DZIWAŁ DARIUSZ	102	TIMOTHY	KATOWICE	POL	M-30	83	M 221	00:12:39	00:35:40	00:59:54	01:24:34	01:48:03.85	5:07	11.7
84	KRAJEWSKI RADOŚLAW	251		GLIWICE	POL	M-30	84	M 224	00:12:57	00:36:04	01:00:17	01:25:09	01:48:21.30	5:08	11.7
85	KANDEFER MICHAŁ	207		SIEMIANOWICE ŚLĄSKIE	POL	M-30	85	M 225	00:13:09	00:36:54	01:01:32	01:25:26	01:48:27.50	5:08	11.7
86	SEMIK JAKUB	432		GLIWICE	POL	M-30	86	M 242	00:13:25	00:37:43	01:02:42	01:27:11	01:49:44.45	5:12	11.5
87	KARWOT PIOTR	210	TEAM REDYNA	DĘBIEŃSKO	POL	M-30	87	M 244	00:13:20	00:37:52	01:02:37	01:27:01	01:49:57.50	5:12	11.5
88	RYS KAMIL	421	HUTATEAM	GLIWICE	POL	M-30	88	M 246	00:13:58	00:38:03	01:02:42	01:26:58	01:50:17.05	5:13	11.5
89	ANTOSZ WOJCIECH	5		MIZERÓW	POL	M-30	89	M 249	00:13:23	00:37:56	01:02:39	01:27:02	01:50:23.80	5:13	11.5
90	KŁYSZ BARTEK	231	SEGIECKI NINJA	BYTOM	POL	M-30	90	M 251	00:13:10	00:35:36	00:59:51	01:24:30	01:50:47.30	5:15	11.4
91	HRYNISZYN MARIUSZ	170		ZABRZE	POL	M-30	91	M 256	00:14:26	00:38:39	01:03:38	01:28:15	01:51:07.95	5:15	11.4
92	GAŁECZKA MICHAŁ	120		GLIWICE	POL	M-30	92	M 257	00:13:37	00:38:28	01:03:39	01:28:37	01:51:10.85	5:16	11.4
93	BELICA DANIEL	23		ZABRZE	POL	M-30	93	M 262	00:13:59	00:38:05	01:02:54	01:27:42	01:51:25.60	5:16	11.4
94	PANZ KRZYSZTOF	623		KLESZCZÓW	POL	M-30	94	M 266	00:12:35	00:36:09	01:00:54	01:26:16	01:51:33.30	5:17	11.3
95	KLUBA ŁUKASZ	230	NGB KŁOBUCK	WILKOWIECKO	POL	M-30	95	M 278	00:13:22	00:37:49	01:02:34	01:27:59	01:52:41.20	5:20	11.2
96	SPIECHOWICZ ANDRZEJ	457	KMP ZABRZE	ZABRZE	POL	M-30	96	M 279	00:12:37	00:35:33	01:01:08	01:27:36	01:52:54.85	5:21	11.2
97	CIUMAN PIOTR	78	PHD RUNNERS	GLIWICE	POL	M-30	97	M 282	00:13:22	00:37:38	01:02:19	01:27:54	01:53:14.60	5:21	11.2
98	KONIORCZYK MACIEJ	237		ZABRZE	POL	M-30	98	M 283	00:14:14	00:39:22	01:04:27	01:29:09	01:53:15.30	5:22	11.2
99	GOŁKOWSKI RADOŚLAW	139		ZAWIERCIE	POL	M-30	99	M 286	00:12:52	00:37:28	01:02:55	01:29:03	01:53:33.05	5:22	11.1

VII PÓŁMARATON GLIWICKI, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
100	CISZEWSKI KRZYSZTOF	77		SOŚNICOWICE	POL	M-30	100	M 287	00:13:20	00:38:03	01:03:35	01:29:20	01:53:36.65	5:23	11.1
101	PRENZENA PAWEŁ	398		ZABRZE	POL	M-30	101	M 288	00:12:35	00:35:58	01:01:56	01:27:51	01:53:46.85	5:23	11.1
102	ZASIEK AMADEUSZ	538		RUDA ŚLĄSKA	POL	M-30	102	M 291	00:14:34	00:41:04	01:07:04	01:32:10	01:54:28.40	5:25	11.1
103	KOPRUCKI ŁUKASZ	239		GLIWICE	POL	M-30	103	M 292	00:15:06	00:42:02	01:08:36	01:33:27	01:54:34.50	5:25	11.1
104	WÓJCIK TOMASZ	563	FDG SA	GLIWICE	POL	M-30	104	M 295	01:05:34	01:30:37			01:54:37.60	5:25	11
105	SKOTNICKI PAWEŁ	447		GLIWICE	POL	M-30	105	M 296	00:12:24	00:35:15	01:00:31	01:27:03	01:54:44.70	5:26	11
106	SZCZABEL KRYSZTIAN	472		GLIWICE	POL	M-30	106	M 300	00:11:53	00:36:09	01:02:05	01:27:14	01:55:00.20	5:27	11
107	GARBACZ DAMIAN	122		SOŚNICOWICE	POL	M-30	107	M 301	00:13:20	00:37:52	01:03:36	01:29:36	01:55:01.60	5:27	11
108	JURASZCZYK JAN	197	#HUTATEAM	PYSKOWICE	POL	M-30	108	M 302	00:15:18	00:40:24	01:05:57	01:32:12	01:55:05.70	5:27	11
109	KORDYŚ ADAM	240	KLUB BIEGOWY SZUSZARNIA	RUDA ŚLĄSKA	POL	M-30	109	M 305	00:14:08	00:39:29	01:05:21	01:31:16	01:55:25.55	5:28	11
110	BEDNARZ KRZYSZTOF	22		WROCLAW	POL	M-30	110	M 311	00:12:35	00:36:05	01:01:47	01:28:18	01:55:52.00	5:29	10.9
111	SNACHOWSKI KAMIL	452	NEXTEER RUNNERS GLIWICE	GLIWICE	POL	M-30	111	M 312	00:15:05	00:39:29	01:04:03	01:30:18	01:55:54.45	5:29	10.9
112	RYBACKI MARCIN	617		GLIWICE	POL	M-30	112	M 313	00:15:06	00:39:30	01:04:04	01:30:18	01:55:55.60	5:29	10.9
113	MRZYGLÓD ROBERT	339		KATOWICE	POL	M-30	113	M 314	00:13:40	00:38:47	01:04:34	01:30:58	01:55:56.00	5:29	10.9
114	KWAPIEŃ ALEKSANDER	598		GLIWICE	POL	M-30	114	M 317	00:15:06	00:41:16	01:07:01	01:32:38	01:56:01.00	5:29	10.9
115	MICHAŁOWSKI RAFAŁ	626		GLIWICE	POL	M-30	115	M 318	00:14:20	00:39:42	01:05:23	01:31:01	01:56:02.00	5:29	10.9
116	KOSIŃSKI MARCIN	596		DĄBROWA GÓRNICZA	POL	M-30	116	M 329	00:13:08	00:37:45	01:04:19	01:31:25	01:56:45.90	5:31	10.8
117	BAJKACZ KRZYSZTOF	9		GLIWICE	POL	M-30	117	M 338	00:14:31	00:40:50	01:07:18	01:33:14	01:58:11.40	5:36	10.7
118	SMARUJ PIOTR	450		GLIWICE	POL	M-30	118	M 346	00:14:59	00:40:37	01:07:08	01:33:43	01:58:36.75	5:37	10.7
119	PIKUL PRZEMYSŁAW	67		ZABRZE	POL	M-30	119	M 350	00:14:40	00:41:34	01:07:56	01:34:06	01:59:07.00	5:38	10.6
120	POKRYSZKA BARTOSZ	395		SOSNOWIEC	POL	M-30	120	M 354	00:13:21	00:38:22	01:04:26	01:31:23	01:59:31.45	5:39	10.6
121	WIEKIERA ADAM	624		GLIWICE	POL	M-30	121	M 359	00:14:54	00:41:29	01:08:02	01:34:44	01:59:51.90	5:40	10.6
122	JARUGA DAMIAN	185		RYBNIK	POL	M-30	122	M 360	00:14:01	00:39:43	01:07:19	01:33:57	01:59:54.25	5:40	10.6
123	JABŁOŃSKI ŁUKASZ	176		TYCHY	POL	M-30	123	M 361	00:14:02	00:40:03	01:07:08	01:34:22	01:59:58.40	5:41	10.6
124	AKSAMIT WITOLD	3	BLEES	GLIWICE	POL	M-30	124	M 363	00:14:18	00:40:45	01:07:44	01:34:27	02:00:07.40	5:41	10.5
125	MIKULA WOJCIECH	332		CHORZÓW	POL	M-30	125	M 366	00:13:54	00:39:56	01:07:16	01:35:02	02:00:23.80	5:42	10.5
126	LAUBACH ANNA	276	RAAN	KNURÓW	POL	M-30	126	M 367	00:15:54	00:43:29	01:10:53	01:36:43	02:00:26.95	5:42	10.5
127	LAUBACH RADOŚLAW	277	RAAN	KNURÓW	POL	M-30	127	M 368	00:15:54	00:43:29	01:10:54	01:36:44	02:00:27.15	5:42	10.5
128	KREMPA SŁAWOMIR	254		BYTOM	POL	M-30	128	M 370	00:14:14	00:40:00	01:06:22	01:33:51	02:00:46.40	5:43	10.5
129	MALCZYK RADOŚLAW	302		BIELSKO - BIAŁA	POL	M-30	129	M 372	00:14:47	00:39:41	01:06:42	01:34:53	02:01:21.00	5:45	10.4
130	STRZODKA ADAM	471		ZABRZE	POL	M-30	130	M 373	00:15:23	00:42:13	01:09:05	01:36:01	02:01:22.30	5:45	10.4
131	GLIŃSKI MICHAŁ	135		ZABRZE	POL	M-30	131	M 374	00:15:22	00:42:13	01:09:03	01:36:01	02:01:32.55	5:45	10.4
132	KOPPEL BARTŁOMIEJ	238		GLIWICE	POL	M-30	132	M 376	00:15:01	00:41:51	01:08:39	01:35:24	02:01:53.65	5:46	10.4
133	TROCHIMCZYK MARCIN	489		WARSZAWA	POL	M-30	133	M 379	00:14:32	00:41:05	01:08:23	01:35:39	02:02:32.40	5:48	10.3
134	ZARZYCKI ROBERT	537		GLIWICE	POL	M-30	134	M 380	00:12:46	00:36:35	01:02:23	01:32:00	02:02:37.80	5:48	10.3
135	GRZYBOWSKI DAMIAN	159		PYSKOWICE	POL	M-30	135	M 384	00:13:20	00:38:27	01:05:00	01:33:28	02:03:28.00	5:51	10.3
136	GABOR ROBERT	115		CHORZÓW	POL	M-30	136	M 385	00:14:46	00:40:51	01:08:36	01:36:07	02:03:32.20	5:51	10.2
137	ŁOSEK ADAM	286		WARSZAWA	POL	M-30	137	M 387	00:14:32	00:41:05	01:08:23	01:35:39	02:03:59.60	5:52	10.2
138	JORDANEK MARCIN	195		PISARZOWICE	POL	M-30	138	M 399	00:15:02	00:41:58	01:09:12	01:37:38	02:05:43.90	5:57	10.1
139	SZPYRKA TOMASZ	476		RUDA ŚLĄSKA	POL	M-30	139	M 401	00:15:46	00:44:14	01:12:36	01:40:16	02:06:11.50	5:58	10
140	URBANEK MARTIN	495	ISTA BIEGAMY	SIERAKOWICE	POL	M-30	140	M 405	00:14:17	00:41:05	01:09:13	01:38:06	02:06:46.85	6:00	10
141	KOWALCZYK TOMASZ	244	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	141	M 407	00:15:24	00:42:23	01:09:52	01:37:48	02:07:04.75	6:01	10
142	FRUK KAMIL	585		GLIWICE	POL	M-30	142	M 411	00:16:19	00:46:25	01:16:35	01:44:06	02:07:41.55	6:03	9.9
143	BRUDKOWSKI TOMASZ	49	MOKA	GLIWICE	POL	M-30	143	M 413	00:15:38	00:44:28	01:12:11	01:40:17	02:08:10.05	6:04	9.9
144	LINDENBERG JAROSŁAW	587		GLIWICE	POL	M-30	144	M 414	00:15:36	00:44:10	01:12:40	01:41:14	02:08:19.10	6:04	9.9
145	MACZUGA BARTŁOMIEJ	294	PACEMAKER	GLIWICE	POL	M-30	145	M 416	00:15:48	00:44:23	01:12:54	01:41:30	02:08:33.65	6:05	9.8
146	JEZIOR BARTOSZ	192		GLIWICE	POL	M-30	146	M 417	00:14:31	00:41:37	01:10:14	01:38:55	02:08:40.55	6:05	9.8
147	METERA KAMIL	586	SPARTAN KNURÓW	GLIWICE	POL	M-30	147	M 423	00:15:33	00:42:08	01:11:02	01:42:09	02:11:30.95	6:13	9.6
148	DESZCZYŃSKI ŁUKASZ	94		MYSŁOWICE	POL	M-30	148	M 424	00:14:39	00:41:21	01:11:06	01:41:59	02:11:42.50	6:14	9.6
149	STRZELECKI RAFAŁ	470	SOCIOS SILESIA	GLIWICE	POL	M-30	149	M 429	00:15:23	00:41:46	01:09:15	01:39:48	02:13:48.00	6:20	9.5
150	SUSEL ALEK	646		RUDA ŚLĄSKA	POL	M-30	150	M 434	00:17:09	00:42:55	01:15:17	01:42:35	02:14:45.00	6:23	9.4
151	WACŁAWIK LESZEK	500		OSTRAVA	CZE	M-30	151	M 446	00:16:02	00:45:34	01:16:47	01:48:49	02:19:32.75	6:36	9.1
152	UH KUBA	493		BĘDZIN	POL	M-30	152	M 449	00:15:51	00:44:28	01:14:34	01:48:02	02:21:49.45	6:43	8.9
153	CIEŚLIK JAKUB	603		ŁĄCZANY	POL	M-30	153	M 452	00:15:49	00:44:07	01:14:01	01:47:36	02:23:49.90	6:48	8.8
154	PALAK RAFAŁ	375		GLIWICE	POL	M-30	154	M 454	01:21:53	01:54:29			02:25:05.60	6:52	8.7
155	BEDNAREK KRZYSZTOF	20		ŚWIĘTOCHŁOWICE	POL	M-30	155	M 459	00:16:25	00:46:14	01:17:52	01:52:32	02:27:39.60	6:59	8.6
156	SZEWczyk ZBIGNIEW	475		ZABRZE	POL	M-30	156	M 461	00:16:03	00:45:58	01:18:26	01:52:35	02:31:45.65	7:11	8.3

VII PÓLMARATON GLIWICKI, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
157	MAŁOTA BARTŁOMIEJ	304		SIEWIERZ	POL	M-30	157	M 463	00:16:47	00:49:07	01:24:34		02:35:15.70	7:21	8.2
158	SITKO GRZEGORZ	441		CHORZÓW	POL	M-30	158	M 467	00:15:23	00:44:08				6:07	9.8

VII PÓLMARATON GLIWICKI, K-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	GRIMAN JOANNA	149	MOJYZYSZ TEAM/ERIGO	RYBNIK	POL	K-40	1	K 1	00:10:03	00:28:17	00:47:24	01:06:12	01:24:05.85	3:59	15.1
2	SZEWczyk URSZULA	474	GREEN BELT RUNNER TEAM	KATOWICE	POL	K-40	2	K 8	00:11:34	00:33:18	00:55:25	01:17:33	01:38:44.25	4:40	12.8
3	BINIENDA AGNIESZKA	32	KOBIETY WATAHY	ZABRZE	POL	K-40	3	K 9	00:11:56	00:33:41	00:55:40	01:17:59	01:39:31.55	4:42	12.7
4	NOREK-CISZAK BEATA	353	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	4	K 11	00:12:37	00:35:14	00:58:06	01:20:51	01:42:10.65	4:50	12.4
5	POWROŻNA MARIOLA	397	NIGHT RUNNERS ŚLĄSK	KATOWICE	POL	K-40	5	K 12	00:12:32	00:34:52	00:57:48	01:20:54	01:43:33.60	4:54	12.2
6	BOBROWSKA MAŁGOSIA	602	ROZWADZA PŁYWANIE	KRAPKOWICE	POL	K-40	6	K 13	00:12:32	00:35:16	00:58:08	01:21:24	01:43:51.55	4:55	12.2
7	RUSAKOWICZ SYLWIA	415	GARAGEGYM KRAPKOWICE	KRAPKOWICE	POL	K-40	7	K 14	00:12:33	00:35:15	00:58:08	01:21:35	01:44:18.20	4:56	12.1
8	BLASZKE BEATA	34	PACEMAKER	GLIWICE	POL	K-40	8	K 19	00:13:22	00:37:58	01:02:37	01:27:01	01:49:30.60	5:11	11.6
9	PIETRZYK ALEKSANDRA	384	LAKE RUNNERS TYCHY	TYCHY	POL	K-40	9	K 22	00:13:19	00:37:11	01:01:55	01:26:54	01:51:29.15	5:17	11.4
10	NIŻNIKIEWICZ ELŻBIETA	351		KLESZCZÓW	POL	K-40	10	K 23	00:13:27	00:38:00	01:03:12	01:28:12	01:51:43.45	5:17	11.3
11	GRACH ALEKSANDRA	148		44-105	POL	K-40	11	K 25	00:13:23	00:37:56	01:02:56	01:28:09	01:51:54.50	5:18	11.3
12	CZARDYBON LAURA	84		SOŚNICOWICE	POL	K-40	12	K 26	00:13:33	00:38:02	01:03:21	01:28:11	01:52:01.30	5:18	11.3
13	CABAŃSKA DOROTA	62		ŁOMIANKI	POL	K-40	13	K 29	00:13:38	00:37:47	01:03:01	01:28:38	01:53:17.80	5:22	11.2
14	GOZDZIŃSKA MAGDALENA	143		GLIWICE	POL	K-40	14	K 30	00:13:28	00:37:57	01:02:45	01:27:55	01:54:02.65	5:24	11.1
15	RYZIŃSKA ANETA	422		GLIWICE	POL	K-40	15	K 32	00:13:51	00:38:30	01:04:09	01:29:44	01:54:35.15	5:25	11
16	MUSIAŁ BOZENA	340		ZABRZE	POL	K-40	16	K 35	00:14:06	00:39:28	01:05:20	01:31:14	01:55:25.65	5:28	11
17	SKUPIEŃ IZA	449	ALBATROSY	WARSZAWA	POL	K-40	17	K 36	00:14:57	00:42:09	01:08:21	01:32:56	01:56:01.05	5:29	10.9
18	CHROBASIK MONIKA	71		SIEMIANOWICE ŚLĄSKIE	POL	K-40	18	K 37	00:13:58	00:39:09	01:04:57	01:31:10	01:56:08.85	5:30	10.9
19	LEDWON ANETA	279		GLIWICE	POL	K-40	19	K 38	00:13:29	00:38:43	01:05:16	01:31:17	01:56:10.00	5:30	10.9
20	SIEKIERKA KAROLINA	436		SŁUPSKO	POL	K-40	20	K 40	00:14:18	00:39:53	01:06:20	01:32:21	01:56:15.20	5:30	10.9
21	CIOK ANNA	76		GLIWICE	POL	K-40	21	K 41	00:14:12	00:39:22	01:05:06	01:31:35	01:56:29.95	5:31	10.9
22	MUSIOŁ HELENA	342		RYBNIK	POL	K-40	22	K 43	00:13:55	00:39:26	01:06:05	01:32:02	01:57:05.00	5:32	10.8
23	KWIATKOWSKA KATARZYNA	270		ŻERNICA	POL	K-40	23	K 45	00:13:48	00:38:57	01:05:19	01:31:56	01:57:13.50	5:33	10.8
24	POPIEL-KRUK ALEKSANDRA	396		GLIWICE	POL	K-40	24	K 47	00:14:56	00:42:09	01:08:57	01:34:43	01:58:18.15	5:36	10.7
25	REWIUK-KOCUR ANNA	409		GLIWICE	POL	K-40	25	K 48	00:14:28	00:39:28	01:05:57	01:32:21	01:58:22.55	5:36	10.7
26	STRZELCZYK GRAŻYNA	469		GLIWICE	POL	K-40	26	K 49	00:14:21	00:39:24	01:06:16	01:33:14	01:58:43.90	5:37	10.7
27	MIECZNIKOWSKA AGNIESZKA	328		KATOWICE	POL	K-40	27	K 53	00:14:08	00:40:00	01:07:08	01:34:12	01:59:43.70	5:40	10.6
28	KASPEREK MAGDALENA	211		ZABRZE	POL	K-40	28	K 54	00:14:04	00:40:06	01:07:10	01:34:24	02:00:20.50	5:42	10.5
29	SKOREK-BILCZYŃSKA PATRYCJA	446		SIEMIANOWICE ŚLĄSKIE	POL	K-40	29	K 55	00:14:32	00:40:16	01:07:27	01:34:52	02:00:21.55	5:42	10.5
30	KRZYSZKOWSKA AGNIESZKA	258		GLIWICE	POL	K-40	30	K 56	00:14:22	00:40:27	01:07:18	01:34:29	02:00:26.75	5:42	10.5
31	LASKOWSKA KATARZYNA	273	PACEMAKER	GLIWICE	POL	K-40	31	K 57	00:14:56	00:42:09	01:08:56	01:35:40	02:00:48.85	5:43	10.5
32	ŚCIBISZ MARTA	480	TKKF SATURN CZELADZ	CZELADZ	POL	K-40	32	K 58	00:14:19	00:40:17	01:07:40	01:34:47	02:00:59.70	5:44	10.5
33	JĘDRZEJEWSKA BEATA	193	MIRAZ RACE TEAM	BYTOM	POL	K-40	33	K 61	00:14:07	00:40:19	01:07:49	01:35:55	02:02:39.45	5:48	10.3
34	BRZOZOWSKA KATARZYNA	592		KNURÓW	POL	K-40	34	K 62	00:16:47	00:44:32	01:12:00	01:38:38	02:02:52.85	5:49	10.3
35	MYNARSKA LIGIA	600	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	K-40	35	K 65	00:15:24	00:42:05	01:09:21	01:37:19	02:04:03.75	5:52	10.2
36	JANUSZ AGNIESZKA	583	TAURON TEAM	KATOWICE	POL	K-40	36	K 66	00:15:01	00:41:58	01:09:23	01:37:56	02:04:06.25	5:52	10.2
37	BARWICKA-BŁASZCZYK JOANNA	14		SIEMIANOWICE ŚL	POL	K-40	37	K 71	00:15:10	00:42:40	01:10:52	01:38:44	02:05:28.80	5:56	10.1
38	TYRKA ANNA	490		PANIÓWKI	POL	K-40	38	K 74	00:15:37	00:43:58	01:12:19	01:40:08	02:06:22.30	5:59	10
39	BUGAJ KATARZYNA	56	LAKE RUNNERS	TYCHY	POL	K-40	39	K 76	00:15:36	00:42:56	01:11:35	01:40:18	02:06:40.30	6:00	10
40	LATA MONIKA	275		GRACZE	POL	K-40	40	K 78	00:16:22	00:44:11	01:12:28	01:40:50	02:06:56.50	6:00	10
41	DYGOŃ MAŁGORZATA	99	BIEGĄ Z TRENERAMI	GLIWICE	POL	K-40	41	K 79	00:15:23	00:43:02	01:11:55	01:40:22	02:07:31.30	6:02	9.9
42	ZWOLIŃSKA KATARZYNA	642	HURAGAN LIGOTA	KATOWICE	POL	K-40	42	K 81	00:16:46	00:43:57	01:12:43	01:41:19	02:07:50.60	6:03	9.9
43	ŁATAK - SKRABUT BASIA	284	PACEMAKER	GLIWICE	POL	K-40	43	K 82	00:15:49	00:44:23	01:12:54	01:41:29	02:08:34.05	6:05	9.8
44	MARYNIAK - KOLINSKI MARIOLA	314		STADE	GER	K-40	44	K 84	00:14:59	00:43:02	01:12:07	01:40:52	02:09:14.05	6:07	9.8
45	WHITE ASHLEY	508	KLUB BIEGACZA FARTLEK	JASTRZĘBIE-ZDRÓJ	USA	K-40	45	K 86	00:15:42	00:44:23	01:13:49	01:42:41	02:09:43.75	6:08	9.8
46	CETERA KAMILA	65		GLIWICE	POL	K-40	46	K 88	00:15:49	00:44:24	01:13:08	01:42:04	02:11:12.50	6:13	9.6
47	OGAZA MAŁGORZATA	364		KOZŁÓW	POL	K-40	47	K 95	00:15:38	00:44:05	01:13:49	01:44:20	02:13:26.45	6:19	9.5
48	BATEJKO BEATA	16	SPORT WSPIERAMY NAUKOWO	CHORZÓW	POL	K-40	48	K 98	00:15:46	00:44:48	01:14:28	01:44:32	02:14:16.00	6:21	9.4
49	WLACH ANNA	516	PACEMAKER	GLIWICE	POL	K-40	49	K 99	00:15:48	00:44:50	01:14:39	01:44:33	02:14:20.25	6:21	9.4
50	LISZKA ELA	282	PACEMAKER	JEJKOWICE	POL	K-40	50	K 102	00:15:49	00:44:50	01:14:40	01:44:41	02:14:43.50	6:23	9.4

VII PÓLMARATON GLIWICKI, K-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
51	KLEPCZYŃSKA SABINA	228		RYBNIK	POL	K-40	51	K 105	00:15:48	00:44:50	01:14:39	01:45:28	02:15:55.25	6:26	9.3
52	KOKOT JUSTYNA	572		RUDA ŚLĄSKA	POL	K-40	52	K 108	00:15:46	00:44:42	01:15:36	01:47:05	02:17:48.65	6:31	9.2
53	BLAUT-KUBANEK ANNA	35		RUDA ŚLĄSKA	POL	K-40	53	K 109	00:15:46	00:44:25	01:14:44	01:46:13	02:18:05.35	6:32	9.2
54	MIGDAŁ IWONA	330	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	54	K 117	00:16:36	00:47:30	01:20:33	01:54:27	02:26:38.10	6:56	8.6
55	JASIŃSKA KLAUDIA	187	AKTYWNI SUCHA GÓRA	BYTOM	POL	K-40	55	K 119	00:16:48	00:47:24	01:20:24	01:54:17	02:28:21.90	7:01	8.5
56	POGORZELSKA-KLIKS AGATA	394		SOSNOWIEC	POL	K-40	56	K 120	00:17:28	00:49:53	01:23:13	01:56:32	02:28:49.80	7:03	8.5

VII PÓLMARATON GLIWICKI, M-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	DULINIEC TOMASZ	98	GNIOTPOL TEAM	KURZNIĘ	POL	M-40	1	M 2	00:09:16	00:25:46	00:42:43	00:59:33	01:15:29.10	3:34	16.8
2	IWANCA LESZEK	174		RYBNIK	POL	M-40	2	M 8	00:09:42	00:27:10	00:45:06	01:02:52	01:19:40.10	3:46	15.9
3	WIKTORSKI MIESZKO	620	TRENUJZNA.MI.PL	WROCLAW	POL	M-40	3	M 10	00:09:41	00:27:06	00:45:05	01:02:52	01:20:04.30	3:47	15.8
4	KAMIŃSKI DOMINIK	203	HARPAGAN SOSNOWIEC - FICOSA	DĄBROWA GÓRNICZA	POL	M-40	4	M 11	00:09:46	00:27:42	00:45:43	01:03:36	01:20:19.15	3:48	15.8
5	GRYCMAN MAREK	153	LOVE THE PAIN	TURZA ŚLĄSKA	POL	M-40	5	M 16	00:09:57	00:27:53	00:46:17	01:04:31	01:22:02.70	3:53	15.4
6	BUCHTA ADAM	54		KATOWICE	POL	M-40	6	M 17	00:09:58	00:28:05	00:46:39	01:04:48	01:22:04.55	3:53	15.4
7	BIEGUN MARCIN	29	AKTYWNA PSZCZYNA	BIELSKO-BIAŁA	POL	M-40	7	M 21	00:10:22	00:29:14	00:48:17	01:07:02	01:24:35.05	4:00	15
8	GRZYWACZ MARCIN	162	MKS CZECHOWICE-DZIEDZICE	CZECHOWICE-DZIEDZICE	POL	M-40	8	M 22	00:10:19	00:29:12	00:48:16	01:07:02	01:24:36.05	4:00	15
9	FURMANEK ŁUKASZ	114		WILCZA	POL	M-40	9	M 23	00:10:44	00:29:46	00:49:08	01:07:48	01:25:14.40	4:02	14.9
10	CHYBA SZYMON	72	KS KROTOSZ KROTOSZYŃ	GLIWICE	POL	M-40	10	M 29	00:10:34	00:29:25	00:49:12	01:08:17	01:26:41.80	4:06	14.6
11	CZERNY TOMASZ	88	AKTYWNE ZABRZE	ZABRZE	POL	M-40	11	M 30	00:10:29	00:29:30	00:48:55	01:08:04	01:26:43.25	4:06	14.6
12	PSZCZOŁA MARCIN	403		BĘDZIN	POL	M-40	12	M 35	00:11:00	00:31:10	00:51:13	01:10:45	01:29:06.15	4:13	14.2
13	WARDZAŁA MICHAŁ	501	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	13	M 39	00:10:58	00:30:57	00:51:10	01:11:01	01:29:29.80	4:14	14.1
14	GOLĄBEK RAFAŁ	137	MARATON TEAM WIELICZKA	WIELICZKA	POL	M-40	14	M 40	00:11:00	00:30:58	00:51:11	01:11:02	01:29:30.25	4:14	14.1
15	GRZESIKIEWICZ MARIUSZ	157		GLIWICE	POL	M-40	15	M 42	00:11:03	00:31:11	00:51:31	01:11:14	01:29:34.95	4:14	14.1
16	STĄPOR SŁAWOMIR	465	TAURON	DABROWA GÓRNICZA	POL	M-40	16	M 43	00:11:05	00:31:13	00:51:35	01:11:17	01:29:40.85	4:14	14.1
17	CHOMIK RAFAŁ	70	PACEMAKER	GLIWICE	POL	M-40	17	M 46	00:11:00	00:31:10	00:51:31	01:11:13	01:29:50.15	4:15	14.1
18	PYKA MAREK	639	CHOP ZE ŻELAZA TRI TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M-40	18	M 50	00:11:01	00:31:18	01:01:46		01:30:12.75	4:16	14
19	OCHMAN RAFAŁ	362	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	19	M 51	00:11:01	00:31:03	00:51:19	01:11:19	01:30:19.60	4:16	14
20	WIECHUŁA MARCIN	510		GLIWICE	POL	M-40	20	M 52	00:10:08	00:29:28	00:50:09	01:10:39	01:30:26.20	4:17	14
21	BUJAK MARCIN	57		RYBNIK	POL	M-40	21	M 59	00:11:01	00:31:11	00:51:32	01:12:15	01:32:25.85	4:22	13.7
22	PACON SEBASTIAN	593	DAGMA	CHORZÓW	POL	M-40	22	M 62	00:10:49	00:30:58	00:51:37	01:12:43	01:32:52.70	4:24	13.6
23	SITEK KRZYSZTOF	439		HUTA STARA A	POL	M-40	23	M 67	00:11:14	00:31:26	00:52:34	01:13:31	01:33:24.85	4:25	13.6
24	ZALEWSKI WOJCIECH	534		GLIWICE	POL	M-40	24	M 68	00:11:38	00:32:21	00:53:35	01:14:31	01:34:04.75	4:27	13.5
25	CZAJKOWSKI PAWEŁ	82	WIKI&MAKS	TYCHY	POL	M-40	25	M 71	00:11:37	00:32:26	00:54:03	01:14:54	01:34:39.95	4:29	13.4
26	PUC PAWEŁ	404	TRUCHTACZE GZICHÓW	BĘDZIN	POL	M-40	26	M 72	00:11:12	00:31:53	00:53:40	01:15:01	01:34:40.55	4:29	13.4
27	WACŁAWSKI JACEK	640		GLIWICE	POL	M-40	27	M 75	00:11:07	00:31:34	00:52:51	01:14:07	01:34:54.90	4:29	13.3
28	LONKA MICHAŁ	574		PIEKARYŚLĄSKIE	POL	M-40	28	M 77	00:11:44	00:32:59	00:54:34	01:15:39	01:35:24.45	4:31	13.3
29	MYNARSKI SYLWESTER	601	DALEKO JESZCZE?	BIELSKO-BIAŁA	POL	M-40	29	M 78	00:12:35	00:33:37	00:55:00	01:15:49	01:35:34.65	4:31	13.2
30	STRAMA ADAM	467		PORAJ	POL	M-40	30	M 79	00:11:29	00:32:29	00:54:06	01:15:30	01:35:35.00	4:31	13.2
31	CIEŚLAK JACEK	74		RUDA ŚLĄSKA	POL	M-40	31	M 80	00:12:04	00:33:03	00:54:40	01:15:50	01:35:36.95	4:31	13.2
32	BARAŃSKI RAFAŁ	12		PIEKARY ŚLĄSKIE	POL	M-40	32	M 81	00:11:39	00:32:55	00:54:26	01:15:22	01:35:44.00	4:32	13.2
33	MADEJSKI SYLWESTER	297		CZECHOWICE-DZIEDZICE	POL	M-40	33	M 82	00:11:33	00:32:44	00:54:51	01:16:15	01:35:54.30	4:32	13.2
34	PIKUŁA JACEK	386	BIEGNĘ BYLE DOBIEĆ	BIERUŃ	POL	M-40	34	M 84	00:13:22	00:34:47	00:55:53	01:16:26	01:36:01.50	4:33	13.2
35	KWIATKOWSKI GRZEGORZ	271		ŻERNICA	POL	M-40	35	M 86	00:11:11	00:31:10	00:53:05	01:15:21	01:36:19.30	4:33	13.1
36	MIRATYŃSKI ADAM	627		GLIWICE	POL	M-40	36	M 93	00:12:18	00:33:18	00:54:48	01:16:16	01:36:49.25	4:35	13.1
37	JASICKI KRZYSZTOF	186	RUNHOGS TYCHY	TYCHY	POL	M-40	37	M 95	00:11:00	00:32:19	00:54:33	01:16:27	01:36:52.90	4:35	13.1
38	MACHURA ARKADIUSZ	292		WOLA JEDLIŃSKA	POL	M-40	38	M 96	00:11:56	00:33:54	00:55:54	01:17:26	01:36:53.90	4:35	13.1
39	NOGA JACEK	643		TYCHY	POL	M-40	39	M 97	00:11:47	00:33:24	00:55:41	01:17:02	01:36:59.75	4:35	13.1
40	CZYŻ WOJCIECH	89		GLIWICE	POL	M-40	40	M 100	00:11:41	00:33:00	00:55:01	01:16:47	01:37:29.95	4:37	13
41	KAMIŃSKI JACEK	204	ROMET FACTORY TEAM	GLIWICE	POL	M-40	41	M 101	00:11:02	00:31:14	00:53:18	01:15:55	01:37:32.75	4:37	13
42	SZYMAŃSKI PIOTR	479		BYTOM	POL	M-40	42	M 102	00:11:30	00:32:31	00:54:45	01:16:46	01:37:44.50	4:37	13
43	WILK PIOTR	645		GLIWICE	POL	M-40	43	M 105	00:11:57	00:33:55	00:55:55	01:17:27	01:38:26.10	4:39	12.9
44	CZAJKA TOMASZ	80		JASTRZEBIE-ZDROJ	POL	M-40	44	M 109	00:11:55	00:33:54	00:56:15	01:18:11	01:38:39.25	4:40	12.8
45	NIŻNIKIEWICZ GRZEGORZ	352		KLESZCZÓW	POL	M-40	45	M 112	00:11:50	00:33:25	00:55:43	01:17:28	01:39:23.70	4:42	12.7
46	ZAJĄC MATEUSZ	531		GLIWICE	POL	M-40	46	M 113	00:12:18	00:34:21	00:56:56	01:18:57	01:39:24.35	4:42	12.7

VII PÓLMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
47	GIESE MICHAŁ	132		GLIWICE	POL	M-40	47	M 114	00:12:10	00:34:21	00:57:00	01:18:44	01:39:26.70	4:42	12.7
48	HYRKIEL PAWEŁ	172	IL GATTO RAMPANTE	RZESZOTARY	POL	M-40	48	M 115	00:11:46	00:33:33	00:55:50	01:17:53	01:39:44.35	4:43	12.7
49	DZWINCZYK ZBIGNIEW	103		RUDA ŚLĄSKA	POL	M-40	49	M 122	00:13:04	00:35:31	00:58:00	01:19:43	01:40:06.40	4:44	12.6
50	KURCZEK TOMASZ	265	RUN FOREST RIUM!	GLIWICE	POL	M-40	50	M 132	00:12:34	00:35:06	00:57:29	01:19:50	01:40:44.90	4:46	12.6
51	TOCZYDŁOWSKI ŁUKASZ	486	ROZBIEGANA LIGOTA	MIKOŁÓW	POL	M-40	51	M 134	00:13:07	00:34:37	00:57:00	01:19:39	01:41:01.50	4:47	12.5
52	RYCHLIK SEBASTIAN	417	LISY PUSTYNI	KLUCZE	POL	M-40	52	M 135	00:12:24	00:35:33	00:58:28	01:20:39	01:41:09.35	4:47	12.5
53	NAJWER TOMASZ	613		KRAPKOWICE	POL	M-40	53	M 143	00:12:14	00:34:41	00:57:30	01:20:03	01:41:34.15	4:48	12.5
54	NIKODON PAWEŁ	349	NIKODON DREAM TEAM	GLIWICE	POL	M-40	54	M 145	00:11:41	00:32:56	00:55:56	01:19:39	01:41:45.30	4:49	12.4
55	KOŚCIELNY SEBASTIAN	242	WATAHA	ZABRZE	POL	M-40	55	M 147	00:12:39	00:34:59	00:57:49	01:20:44	01:42:02.45	4:50	12.4
56	JANECZEK MAREK	179		GLIWICE	POL	M-40	56	M 150	00:12:48	00:35:40	00:58:28	01:21:02	01:42:11.10	4:50	12.4
57	MIECZNIKOWSKI JACEK	329		KATOWICE	POL	M-40	57	M 151	00:11:38	00:33:07	00:55:37	01:19:05	01:42:15.80	4:50	12.4
58	BULAWA GRZEGORZ	60	GB-ARCH	GLIWICE	POL	M-40	58	M 153	00:12:31	00:35:16	00:57:52	01:20:36	01:42:18.00	4:50	12.4
59	WOŁOWSKI LECH	633		KRAKÓW	POL	M-40	59	M 156	00:12:34	00:35:17	00:58:01	01:20:54	01:42:28.60	4:51	12.4
60	TYSZKIEWICZ CUMA	492		GLIWICE	POL	M-40	60	M 159	00:12:31	00:35:12	00:57:51	01:20:39	01:42:47.15	4:52	12.3
61	TISZBIEREK MAREK	485		GLIWICE	POL	M-40	61	M 162	00:12:38	00:35:39	00:58:32	01:20:54	01:43:06.45	4:53	12.3
62	PAWLACZYK LESŁAW	380	SII RUNNING TEAM	KATOWICE	POL	M-40	62	M 164	00:12:28	00:34:00	00:57:04	01:20:19	01:43:10.15	4:53	12.3
63	GAWLIK TOMASZ	126		PSZCZYNA	POL	M-40	63	M 165	00:12:57	00:35:43	00:59:07	01:21:55	01:43:11.20	4:53	12.3
64	WILK MIROSLAW	515		ŚWIĘTOCHŁOWICE	POL	M-40	64	M 167	00:12:16	00:33:55	00:56:48	01:20:03	01:43:18.60	4:53	12.3
65	STAROSTKA JACEK	564	PKO BANK POLSKI BIEGAJMY RAZEM	KĘDZIERZYN-KOŹLE	POL	M-40	65	M 168	00:13:46	00:38:04	01:02:36	01:23:23	01:43:19.65	4:53	12.3
66	DZIABOR ANDRZEJ	100	#BYLEDOMETRY	BĘDZIN	POL	M-40	66	M 170	00:12:52	00:35:38	00:58:48	01:21:36	01:43:21.70	4:53	12.2
67	CZAJKA ROMAN	79		GLIWICE	POL	M-40	67	M 173	00:12:02	00:34:23	00:57:42	01:21:13	01:43:33.45	4:54	12.2
68	MERES JAREK	323		TARNOWSKIE GÓRY	POL	M-40	68	M 179	00:12:14	00:34:33	00:57:53	01:21:24	01:44:11.75	4:56	12.2
69	MOSZ TOMASZ	338	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	69	M 181	00:12:55	00:35:51	00:59:37	01:22:57	01:44:28.65	4:57	12.1
70	WOJTUKIEWICZ ARTUR	518	DHL RUN CLUB	GLIWICE	POL	M-40	70	M 184	00:11:58	00:33:50	00:56:22	01:20:55	01:45:01.45	4:58	12.1
71	ODOSZEWSKI ROMAN	363	OASIS SORT TEAM	GLIWICE	POL	M-40	71	M 189	00:11:55	00:34:06	00:57:33	01:21:37	01:45:36.00	5:00	12
72	WÓJCIK RAFAŁ	525		PIEKARY ŚLĄSKIE	POL	M-40	72	M 190	00:12:52	00:36:01	00:59:48	01:23:30	01:45:54.00	5:01	12
73	NITARSKI PATRYK	350		GLIWICE	POL	M-40	73	M 194	00:12:11	00:34:21	00:58:04	01:22:41	01:46:22.50	5:02	11.9
74	MARCELA MARCIN	307		TARNOWSKIE GÓRY	POL	M-40	74	M 199	00:14:03	00:37:18	01:01:01	01:24:29	01:46:42.75	5:03	11.9
75	KAWA MARIUSZ	217		SOSNOWIEC	POL	M-40	75	M 200	00:11:55	00:34:03	00:57:41	01:22:06	01:46:46.20	5:03	11.9
76	KĘDZIORA ŁUKASZ	220	NIEZRZESZONY	PIEKARY ŚLĄSKIE	POL	M-40	76	M 201	00:13:38	00:36:54	01:00:48	01:24:22	01:46:49.90	5:03	11.9
77	KULCZYK ADAM	264	SG SQUAD	ZABRZE	POL	M-40	77	M 203	00:13:18	00:36:41	01:00:26	01:24:24	01:46:57.85	5:04	11.8
78	WAWRZYŃIAK MARIUSZ	505		CZERWIONKA-LESZCZYNY	POL	M-40	78	M 207	00:13:59	00:37:13	01:01:01	01:24:40	01:47:15.85	5:04	11.8
79	KIELBASA ARTUR	223		LESZCZYNY	POL	M-40	79	M 209	00:14:00	00:37:13	01:01:00	01:24:40	01:47:17.60	5:05	11.8
80	SIDORSKI ROBERT	433	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	80	M 211	00:12:46	00:35:49	00:59:56	01:24:30	01:47:20.65	5:05	11.8
81	KOPEL TOMASZ	562		GLIWICE	POL	M-40	81	M 220	00:13:38	00:36:53	01:00:52	01:25:02	01:47:58.50	5:07	11.7
82	JANIKOWSKI MICHAŁ	181		KATOWICE	POL	M-40	82	M 222	00:12:55	00:36:08	01:00:19	01:24:37	01:48:15.80	5:07	11.7
83	KANIA MICHAŁ	208		WARSZAWA	POL	M-40	83	M 223	00:12:32	00:35:16	00:59:05	01:23:50	01:48:16.75	5:07	11.7
84	BATKO JANUSZ	17		GLIWICE	POL	M-40	84	M 228	00:13:07	00:37:27	01:02:10	01:26:28	01:48:56.50	5:09	11.6
85	FILIPCZYK PRZEMYSŁAW	109		KATOWICE	POL	M-40	85	M 229	00:13:39	00:37:54	01:02:29	01:26:48	01:49:02.50	5:10	11.6
86	KACZOR RAFAŁ	568	PKO BANK POLSKI	SOSNOWIEC	POL	M-40	86	M 230	00:13:21	00:37:53	01:02:36	01:26:55	01:49:06.10	5:10	11.6
87	BAK-CESARZ DAMIAN	19		GLIWICE	POL	M-40	87	M 231	00:14:19	00:39:57	01:05:01	01:28:58	01:49:08.00	5:10	11.6
88	DREWUSZEWSKI MACIEJ	615	4M	PŁAWNIOWICE	POL	M-40	88	M 234	00:13:17	00:37:36	01:02:34	01:26:46	01:49:22.65	5:10	11.6
89	PISZCZ MAREK	390	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	89	M 236	00:12:47	00:36:10	01:00:52	01:26:01	01:49:25.70	5:11	11.6
90	GRONDYS ANDRZEJ	152	ZATYRANI GMINA PILCHOWICE	ŻERNICA	POL	M-40	90	M 237	00:12:45	00:36:10	01:00:58	01:25:43	01:49:26.05	5:11	11.6
91	WAWRZAK RYSZARD	504	PACEMAKER	GLIWICE	POL	M-40	91	M 238	00:13:27	00:37:58	01:02:42	01:27:09	01:49:30.70	5:11	11.6
92	GRZEGORCZYK WOJCIECH	154	#HUTATEAM	RUDA ŚLĄSKA	POL	M-40	92	M 239	00:15:18	00:40:23	01:05:54	01:28:25	01:49:33.75	5:11	11.6
93	BORYCZKA SZYMON	595		MIEDZYRZECZE	POL	M-40	93	M 240	00:13:42	00:37:32	01:01:56	01:25:59	01:49:37.40	5:11	11.5
94	RYZIŃSKI WOJCIECH	423	CLONMEL AC	CLONMEL	IRL	M-40	94	M 247	00:13:50	00:38:29	01:03:47	01:27:51	01:50:17.75	5:13	11.5
95	RYŚ DARIUSZ	420	HUTATEAM	GLIWICE	POL	M-40	95	M 248	00:13:13	00:37:30	01:02:47	01:27:38	01:50:19.00	5:13	11.5
96	ŁOZIŃSKI JERZY	288	PARKRUN CHRZANÓW	LIBIAŻ	POL	M-40	96	M 250	00:12:51	00:36:06	01:00:45	01:26:24	01:50:42.90	5:14	11.4
97	GĘBCZYŃSKI PAWEŁ	128	GO4IT	GLIWICE	POL	M-40	97	M 252	00:13:19	00:37:37	01:02:40	01:27:23	01:50:52.75	5:15	11.4
98	PALKA DOMINIK	377		CHRZANÓW	POL	M-40	98	M 253	00:14:23	00:38:57	01:03:26	01:27:46	01:50:54.00	5:15	11.4
99	KOBIERSKI SZYMON	610	EMPI	RUDA ŚLĄSKA	POL	M-40	99	M 255	00:13:17	00:37:50	01:02:17	01:26:58	01:51:03.50	5:15	11.4
100	ŻABICKI MARIUSZ	550	X-REHAB GLIWICKIE CENTRUM REHABILITACJI	GLIWICE	POL	M-40	100	M 261	00:12:58	00:36:59	01:01:53	01:26:59	01:51:15.70	5:16	11.4
101	SZKLARSKI PRZEMYSŁAW	641	LET'S WOD	RADZIONKÓW	POL	M-40	101	M 265	00:12:46	00:37:15	01:02:24	01:27:01	01:51:30.30	5:17	11.4

VII PÓŁMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
102	BIAŁAS KRZYSZTOF	26	ŁAMIGNATY	ORNONTOWICE	POL	M-40	102	M 267	00:14:07	00:39:19	01:04:50	01:29:43	01:51:42.95	5:17	11.3
103	LEWANDOWSKI HENRYK	281		GLIWICE	POL	M-40	103	M 268	00:13:06	00:37:45	01:02:29	01:27:10	01:51:57.30	5:18	11.3
104	SULKOWSKI ARKADIUSZ	559		KNURÓW	POL	M-40	104	M 269	00:14:19	00:37:31	01:02:07	01:27:22	01:51:59.00	5:18	11.3
105	DOMAŃSKI MARCIN	96	RUNNINGFISH74	GLIWICE	POL	M-40	105	M 270	00:14:33	00:39:06	01:04:17	01:28:53	01:52:02.60	5:18	11.3
106	KUTRZYK PRZEMYSŁAW	267		SOSNOWIEC	POL	M-40	106	M 271	00:13:35	00:38:16	01:03:25	01:28:25	01:52:09.30	5:18	11.3
107	RYSZCZYK ADAM	419	RUN2BFREE	RYBNIK	POL	M-40	107	M 272	00:14:20	00:38:19	01:03:30	01:28:13	01:52:13.45	5:19	11.3
108	GRZELCZAK SŁAWEK	156		WARSZAWA	POL	M-40	108	M 273	00:11:54	00:34:00	00:58:58	01:27:08	01:52:13.75	5:19	11.3
109	KASZUBSKI ANDRZEJ	216		ZABRZE	POL	M-40	109	M 274	00:13:26	00:37:40	01:02:13	01:27:00	01:52:14.05	5:19	11.3
110	SMUDA ANDRZEJ	451	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-40	110	M 275	00:14:09	00:38:54	01:03:35	01:28:07	01:52:17.15	5:19	11.3
111	MICHAŁAK GRZEGORZ	324	TOTALNY AMATOR	ZABRZE	POL	M-40	111	M 277	00:13:32	00:37:52	01:02:59	01:28:15	01:52:26.65	5:19	11.3
112	HOLECZEK MARCIN	168	BORN TU BI LOTAC	CHORZÓW	POL	M-40	112	M 289	00:14:09	00:40:00	01:05:28	01:30:28	01:53:48.45	5:23	11.1
113	SEKIENDA GRZEGORZ	431		WILCZA	POL	M-40	113	M 293	00:13:03	00:37:31	01:02:19	01:27:31	01:54:34.60	5:25	11.1
114	MICHAŁSKI MAREK	326		GLIWICE	POL	M-40	114	M 303	00:13:14	00:38:14	01:03:46	01:30:39	01:55:10.40	5:27	11
115	WOLIŃSKI PIOTR	520	JSB	KNURÓW	POL	M-40	115	M 310	00:13:50	00:38:49	01:04:30	01:30:52	01:55:50.65	5:29	10.9
116	FAŁEK KRZYSZTOF	106	ŁAMIGNATY	MIKOŁÓW	POL	M-40	116	M 316	00:14:08	00:39:19	01:04:51	01:30:49	01:56:00.95	5:29	10.9
117	SIEKIERKA JANUSZ	435		SŁUPSKO	POL	M-40	117	M 320	00:14:18	00:39:52	01:06:18	01:32:21	01:56:14.00	5:30	10.9
118	ŁAZARZ GRZEGORZ	622		GLIWICE	POL	M-40	118	M 323	00:13:42	00:39:18	01:05:47	01:32:07	01:56:30.00	5:31	10.9
119	ZBYTŃIEWSKI PAWEŁ	541	MORSY	BIELSKO BIAŁA	POL	M-40	119	M 326	00:14:28	00:39:03	01:04:52	01:31:14	01:56:35.35	5:31	10.9
120	RZESZOWSKI ARKADIUSZ	424		RACIBÓRZ	POL	M-40	120	M 327	00:14:35	00:40:20	01:06:55	01:32:33	01:56:40.25	5:31	10.9
121	TYROL TOMASZ	491		CHORZÓW	POL	M-40	121	M 328	00:14:47	00:40:18	01:05:28	01:30:42	01:56:41.35	5:31	10.8
122	IGNACZAK ROBERT	173		GLIWICE	POL	M-40	122	M 330	00:14:19	00:40:00	01:06:56	01:32:57	01:56:48.95	5:32	10.8
123	DROZD KRYSZTIAN	584		JÓZEFÓW	POL	M-40	123	M 334	00:14:25	00:39:56	01:06:32	01:32:37	01:57:32.30	5:34	10.8
124	KWAPIEN PAWEŁ	588		GLIWICE	POL	M-40	124	M 336	00:15:06	00:41:16	01:07:01	01:32:42	01:57:45.70	5:34	10.8
125	KRAJEWSKI MICHAŁ	252		GLIWICE	POL	M-40	125	M 340	00:14:57	00:42:10	01:08:56	01:34:41	01:58:15.60	5:36	10.7
126	PATEROK MARCIN	634		RUDA ŚLĄSKA	POL	M-40	126	M 341	00:14:56	00:39:53	01:06:55	01:34:02	01:58:20.45	5:36	10.7
127	CZERNEK MAREK	87	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	127	M 344	00:14:11	00:39:54	01:06:42	01:33:06	01:58:32.95	5:37	10.7
128	MAGNER BARTŁOMIEJ	298	BB	GLIWICE	POL	M-40	128	M 345	00:14:56	00:39:54	01:06:55	01:34:03	01:58:33.05	5:37	10.7
129	OŚIŃSKI PAWEŁ	370	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-40	129	M 347	00:14:12	00:40:17	01:07:29	01:33:34	01:58:50.70	5:37	10.7
130	MIKUŁA LESZEK	333		GLIWICE	POL	M-40	130	M 348	00:13:44	00:38:50	01:05:23	01:32:15	01:59:02.60	5:38	10.6
131	KOCUR ALEKSANDER	233		GLIWICE	POL	M-40	131	M 351	00:14:22	00:40:17	01:06:05	01:32:52	01:59:09.30	5:38	10.6
132	WÓJCIK RAFAŁ	523		GLIWICE	POL	M-40	132	M 352	00:14:30	00:40:45	01:07:39	01:34:16	01:59:12.60	5:38	10.6
133	MADEJSKI SEBASTIAN	296	BORN TU BI LOTAC	CHORZÓW	POL	M-40	133	M 353	00:14:50	00:41:38	01:08:24	01:34:39	01:59:21.10	5:39	10.6
134	SIKORA MICHAŁ	438		GLIWICE	POL	M-40	134	M 355	00:14:30	00:40:54	01:07:49	01:34:17	01:59:34.45	5:40	10.6
135	KIERA SZYMON	224	TS RUNNERS	CHORZÓW	POL	M-40	135	M 356	00:14:30	00:40:09	01:06:53	01:33:41	01:59:40.95	5:40	10.6
136	BASZUN MICHAŁ	15		GLIWICE	POL	M-40	136	M 358	00:14:46	00:41:57	01:08:45	01:35:28	01:59:49.95	5:40	10.6
137	GRZYWACZ SEBASTIAN	161		RACHOWICE	POL	M-40	137	M 362	00:14:53	00:41:15	01:08:04	01:34:31	02:00:05.30	5:41	10.5
138	MATULICZ DAMIAN	316		GLIWICE	POL	M-40	138	M 364	00:14:34	00:40:45	01:07:33	01:34:27	02:00:09.45	5:41	10.5
139	MARKOWSKI KAMIL	312		GLIWICE	POL	M-40	139	M 365	00:14:57	00:42:11	01:08:57	01:35:41	02:00:23.65	5:42	10.5
140	KAŁAMARZ MARIUSZ	201		GLIWICE	POL	M-40	140	M 369	00:14:35	00:40:29	01:06:34	01:33:40	02:00:43.15	5:43	10.5
141	SZYMURA JACEK	590		KNURÓW	POL	M-40	141	M 382	00:14:28	00:40:23	01:08:09	01:36:14	02:03:16.85	5:50	10.3
142	PIETRZAK MARCIN	383		GLIWICE	POL	M-40	142	M 383	00:14:56	00:42:09	01:08:56	01:35:40	02:03:21.50	5:50	10.3
143	DĄBROWSKI MARCIN	92	TEAM KORNEL	GLIWICE	POL	M-40	143	M 389	00:15:38	00:42:00	01:09:31	01:37:25	02:04:21.40	5:53	10.2
144	BRZEZINA ARKADIUSZ	50	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	144	M 390	00:15:25	00:42:23	01:10:18	01:38:12	02:04:56.75	5:55	10.1
145	BAK KRZYSZTOF	18	SILESIA MARATHON CLUB	MYŚŁOWICE	POL	M-40	145	M 392	00:14:39	00:42:09	01:10:58	01:39:04	02:05:00.45	5:55	10.1
146	MARMURA MAREK	313	SILESIA MARATON CLUB	CHORZÓW	POL	M-40	146	M 395	00:15:33	00:42:02	01:09:34	01:37:58	02:05:22.15	5:56	10.1
147	NOWAK SEBASTIAN	357	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	M-40	147	M 400	00:16:30	00:45:25	01:14:06	01:41:00	02:06:03.45	5:58	10
148	WOŹNIAK PAWEŁ	522	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	M-40	148	M 402	00:15:51	00:44:27	01:14:13	01:41:51	02:06:19.45	5:59	10
149	WACHOWSKI DAMIAN	499		BYTOM	POL	M-40	149	M 403	00:15:18	00:41:52	01:09:14	01:37:43	02:06:25.60	5:59	10
150	KROTOS KRZYSZTOF	255	OQS	GLIWICE	POL	M-40	150	M 404	00:14:29	00:41:13	01:09:16	01:38:11	02:06:29.30	5:59	10
151	KOSIAK MACIEJ	612		GLIWICE	POL	M-40	151	M 406	00:15:04	00:41:13	01:08:54	01:38:14	02:06:52.85	6:00	10
152	CIEŚLA ARKADIUSZ	73	BIEGAMY Z SERCEM	KATOWICE	POL	M-40	152	M 409	00:13:45	00:37:44	01:04:18	01:34:19	02:07:06.45	6:01	10
153	BOBKOWSKI MACIEJ	37	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	M-40	153	M 410	00:15:52	00:43:20	01:11:14	01:39:42	02:07:21.80	6:02	9.9
154	GOŁĘBIOWSKI KAZIMIERZ	138	KEMPER TEAM	GLIWICE	POL	M-40	154	M 412	00:15:35	00:43:11	01:12:36	01:40:53	02:07:57.60	6:03	9.9
155	PIŁAT JAROSŁAW	388	PACEMAKER	RUDA ŚLĄSKA	POL	M-40	155	M 415	00:15:47	00:44:22	01:12:53	01:41:28	02:08:33.60	6:05	9.8
156	KALINOWSKI KRZYSZTOF	200	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	156	M 419	00:15:05	00:42:15	01:10:25	01:40:48	02:10:04.65	6:09	9.7

VII PÓLMARATON GLIWICKI, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
157	BUFNAŁ KRZYSZTOF	55		GLIWICE	POL	M-40	157	M 420	00:15:11	00:42:14	01:10:32	01:40:10	02:10:06.90	6:09	9.7
158	GIERAS MIROSLAW	131		GLIWICE	POL	M-40	158	M 421	00:15:37	00:44:03	01:12:53	01:41:41	02:10:10.90	6:10	9.7
159	ZMARZLY WIKTOR	546		DĄBROWA GÓRNICZA	POL	M-40	159	M 426	00:15:12	00:42:46	01:13:02	01:43:51	02:12:38.90	6:17	9.5
160	GIBAS DAWID	130	SOCIOS SILESIA	GLIWICE	POL	M-40	160	M 428	00:14:48	00:42:56	01:13:38	01:44:18	02:13:40.30	6:20	9.5
161	ANTCZAK KRZYSZTOF	4		BYTOM	POL	M-40	161	M 430	00:15:58	00:44:50	01:14:57	01:45:21	02:13:58.45	6:20	9.5
162	ZARYCHTA ŁUKASZ	536	FAT MAMA'S SPORT KLUB	BYTOM	POL	M-40	162	M 432	00:14:53	00:42:07	01:11:03	01:42:57	02:14:27.40	6:22	9.4
163	GUZGAN WOJCIECH	164		KATOWICE	POL	M-40	163	M 433	00:15:04	00:41:33	01:08:54	01:39:01	02:14:35.45	6:22	9.4
164	PIĄTY KAMIL	381		MIKOŁÓW	POL	M-40	164	M 437	00:14:52	00:42:06	01:09:45	01:42:23	02:15:00.55	6:23	9.4
165	LATA PIOTR	274		GRACZE	POL	M-40	165	M 438	00:16:22	00:45:41	01:16:05	01:46:38	02:15:19.15	6:24	9.4
166	ZIAJA ROBERT	543	ROBERT ALKOHOLIK	SIEMIANOWICE ŚLĄSKIE	POL	M-40	166	M 439	00:15:45	00:44:22	01:13:09	01:44:08	02:15:34.15	6:25	9.3
167	KACZKIEWICZ DAMIAN	630	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	167	M 441	00:15:36	00:44:30	01:14:23	01:46:23	02:17:50.15	6:31	9.2
168	KOZACZKA WŁODZIMIERZ	248		GLIWICE	POL	M-40	168	M 443	00:16:09	00:44:47	01:14:24	01:44:56	02:18:08.55	6:32	9.2
169	WDZIEKOŃSKI RAFAŁ	506		BYTOM	POL	M-40	169	M 447	00:15:33	00:44:17	01:14:23	01:47:44	02:19:36.20	6:36	9.1
170	SOBIERAJ WOJCIECH	454	VIASAT MONITORING	IMIELIN	POL	M-40	170	M 448	00:15:47	00:44:26	01:14:38	01:46:18	02:20:30.65	6:39	9
171	KASPEREK IRENEUSZ	212		ZABRZE	POL	M-40	171	M 455	00:17:30	00:49:54	01:22:59	01:56:25	02:26:21.15	6:56	8.7
172	HEINE ANDRZEJ	565	PKO BANK POLSKI	RYBNIK	POL	M-40	172	M 456	00:13:05	00:46:37	01:24:23	01:57:29	02:26:30.35	6:56	8.6
173	FABRY RAFAŁ	104		GLIWICE	POL	M-40	173	M 462	00:16:53	00:49:26	01:23:50	02:00:20	02:34:46.35	7:20	8.2

VII PÓLMARATON GLIWICKI, K-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WRÓBLEWSKA EWA	526		GLIWICE	POL	K-50	1	K 21	00:13:45	00:37:34	01:02:06	01:27:04	01:50:37.35	5:14	11.4
2	PISULA BEATA	389		BYTOM	POL	K-50	2	K 27	00:13:42	00:37:48	01:02:40	01:28:02	01:52:10.15	5:18	11.3
3	ZAWISZA BEATA	540		ŚWIĘTOCHŁOWICE	POL	K-50	3	K 67	00:14:55	00:41:58	01:09:27	01:37:16	02:04:20.25	5:53	10.2
4	MAJEWSKA GIZELA	577	NRP	PYSKOWICE	POL	K-50	4	K 68	00:14:45	00:41:11	01:08:44	01:37:02	02:04:35.80	5:54	10.2
5	STAWSKA JOANNA	464	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-50	5	K 80	00:15:23	00:43:04	01:11:57	01:40:22	02:07:32.25	6:02	9.9
6	WÓJCIK JÓZEFA	524	GCE GLIWICE	GLIWICE	POL	K-50	6	K 85	00:15:03	00:42:15	01:11:19	01:40:57	02:09:25.15	6:08	9.8
7	BUCHAL KATARZYNA	53		ZERNICA	POL	K-50	7	K 94	00:15:44	00:44:23	01:14:30	01:44:28	02:13:04.15	6:18	9.5
8	SKOPOWSKA KLAUDIA	445	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	K-50	8	K 96	00:16:04	00:44:55	01:14:42	01:44:21	02:13:47.50	6:20	9.5
9	CIUK IWONA	618	BIEGAJ Z TRENERAMI!	GLIWICE	POL	K-50	9	K 118	00:16:41	00:47:57	01:21:19	01:55:00	02:27:52.80	7:00	8.6

VII PÓLMARATON GLIWICKI, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	ZIELIŃSKI IRENEUSZ	544	DKMS JASTRZĘBIE	JASTRZĘBIE-ZDRÓJ	POL	M-50	1	M 31	00:10:30	00:29:31	00:49:14	01:08:51	01:27:37.15	4:09	14.4
2	MASŁOŃ BŁAŻEJ	315		RUDNIK MAŁY	POL	M-50	2	M 54	00:11:02	00:31:10	00:51:31	01:11:34	01:31:38.70	4:20	13.8
3	PASTWA PIOTR	379	BIEGAJ Z TRENERAMI	GLIWICE	POL	M-50	3	M 56	00:11:09	00:30:59	00:51:20	01:11:40	01:31:45.80	4:20	13.8
4	MAJEK KRZYSZTOF	299	AUGUSTEAM	KATOWICE	POL	M-50	4	M 60	00:11:09	00:31:31	00:52:33	01:13:18	01:32:29.60	4:22	13.7
5	WRĘCZYCKI IRENEUSZ	571		CHORZÓW	POL	M-50	5	M 64	00:11:00	00:31:11	00:51:37	01:12:40	01:33:03.35	4:24	13.6
6	KAWELCZYK ROBERT	219	CZESTOCHOWA	POL	M-50	6	M 70	00:11:27	00:31:56	00:52:59	01:13:59	01:34:34.65	4:28	13.4
7	GRZYB DARIUSZ	158		KLEPACZKA	POL	M-50	7	M 73	00:11:01	00:31:12	00:52:42	01:14:13	01:34:42.35	4:29	13.4
8	RATAJCZAK ALEKSANDER	407	LECZYMY DURS	PIEKARY ŚLĄSKIE	POL	M-50	8	M 76	00:11:40	00:32:55	00:54:26	01:15:22	01:35:20.35	4:31	13.3
9	HOLONA MACIEJ	647	FORMA WODZISŁAW	RYBNIK	POL	M-50	9	M 92	00:11:27	00:32:11	00:54:14	01:16:17	01:36:47.00	4:35	13.1
10	MACHOWSKI DARIUSZ	291		ŻURAWICA	POL	M-50	10	M 98	00:11:54	00:33:52	00:55:53	01:17:07	01:37:05.55	4:36	13
11	SIEJA ZBYSZEK	434	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-50	11	M 106	00:11:54	00:33:10	00:55:30	01:17:31	01:38:29.20	4:40	12.9
12	HYRA ROBERT	171	ZALEW BLACHOWNIA	BLACHOWNIA	POL	M-50	12	M 117	00:11:52	00:33:51	00:55:57	01:18:16	01:40:02.90	4:44	12.7
13	MARCZAK KRZYSZTOF	570		ŚWIĘTOCHŁOWICE	POL	M-50	13	M 121	00:12:11	00:34:00	00:56:25	01:19:05	01:40:06.05	4:44	12.6
14	RAWŁUSZEWICZ WALDEMAR	408		ZABRZE	POL	M-50	14	M 124	00:12:16	00:34:10	00:56:49	01:18:59	01:40:14.40	4:45	12.6
15	BOHM MARIUSZ	40		MYSŁOWICE	POL	M-50	15	M 129	00:12:30	00:34:50	00:57:17	01:19:26	01:40:27.65	4:45	12.6
16	DUDA JACEK	97	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	M-50	16	M 144	00:11:50	00:33:48	00:56:10	01:19:38	01:41:38.60	4:49	12.5
17	PŁONKA KRZYSZTOF	392	DKMS JASTRZĘBIE	JASTRZĘBIE-ZDRÓJ	POL	M-50	17	M 148	00:12:30	00:35:02	00:57:47	01:20:38	01:42:06.45	4:50	12.4
18	SZKLORZ SYLWESTER	581	ROZBIEGANA LIGOTA	KATOWICE	POL	M-50	18	M 158	00:13:16	00:35:20	00:58:38	01:21:30	01:42:40.25	4:51	12.3

VII PÓLMARATON GLIWICKI, M-50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
19	ZMIJEWSKI DARIUSZ	551		GLIWICE	POL	M-50	19	M 163	00:12:20	00:34:18	00:57:03	01:20:26	01:43:09.25	4:53	12.3
20	MACYSZYN WALDEMAR	293	GLIWICE	PILCHOWICE	POL	M-50	20	M 174	00:12:16	00:34:35	00:57:37	01:21:15	01:43:42.05	4:54	12.2
21	KRUK GRZEGORZ	561	PRESS GLASS BIEGAMY I WSPIERAMY	CZĘSTOCHOWA	POL	M-50	21	M 177	00:11:52	00:33:51	00:56:06	01:19:49	01:43:54.80	4:55	12.2
22	BRODEK ANDRZEJ	46	CERTUM	GLIWICE	POL	M-50	22	M 188	00:12:53	00:35:33	00:59:03	01:22:54	01:45:27.25	4:59	12
23	MAZUR GRZEGORZ	318		PIOTRKÓW TRYBUNALSKI	POL	M-50	23	M 193	00:12:47	00:35:35	00:59:19	01:23:08	01:46:16.00	5:02	11.9
24	CZAPLA ARKADIUSZ	83	FAT MAMAS SPORT	BYTOM	POL	M-50	24	M 196	00:14:02	00:37:18	01:01:00	01:24:28	01:46:32.60	5:02	11.9
25	NAWROCKI PAWEŁ	344		RYBNIK	POL	M-50	25	M 202	00:12:15	00:34:41	00:59:02	01:23:21	01:46:50.45	5:03	11.9
26	BERGER JUREK	25		DĄBROWA GÓRNICZA	POL	M-50	26	M 205	00:12:40	00:36:03	01:00:52	01:24:23	01:47:06.05	5:04	11.8
27	PACZKA MICHAŁ	374	GLIWICE	GLIWICE	POL	M-50	27	M 208	00:13:53	00:37:16	01:01:12	01:25:27	01:47:17.45	5:05	11.8
28	URBASIK MARIUSZ	497	AKTYWNI RYDUŁTOWY	RYDUŁTOWY	POL	M-50	28	M 212	00:12:41	00:36:13	01:00:46	01:24:47	01:47:21.05	5:05	11.8
29	KLAPETEK JACEK	227	HURAGAN LYGOTA	KATOWICE	POL	M-50	29	M 218	00:13:15	00:35:58	00:59:37	01:24:02	01:47:55.35	5:06	11.7
30	DOBOSZ KRZYSZTOF	95	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-50	30	M 226	00:13:21	00:37:51	01:02:32	01:26:55	01:48:49.15	5:09	11.6
31	PURCZYŃSKI JAN	405	RYBNIK	RYBNIK	POL	M-50	31	M 227	00:13:40	00:37:40	01:02:24	01:26:42	01:48:55.45	5:09	11.6
32	ZAMORA MAREK	535		PIEKARY ŚL.	POL	M-50	32	M 232	00:13:50	00:38:14	01:02:58	01:27:11	01:49:13.30	5:10	11.6
33	MACHEJ MARIUS	290		SKOCZÓW	POL	M-50	33	M 243	00:13:43	00:37:13	01:01:02	01:25:34	01:49:46.45	5:12	11.5
34	MUSIL MIKE	341	ENDURANCE TEAM	BYTOM	POL	M-50	34	M 254	00:13:24	00:37:43	01:02:43	01:27:16	01:51:03.30	5:15	11.4
35	ZALESKI ARKADIUSZ	533		GLIWICE	POL	M-50	35	M 258	00:13:00	00:37:01	01:01:56	01:26:49	01:51:11.05	5:16	11.4
36	LUBICKI WOJCIECH	283	DBS	ZABRZE, POW. ZABRZE	POL	M-50	36	M 260	00:13:23	00:37:58	01:02:39	01:27:10	01:51:14.45	5:16	11.4
37	GOMOLA ZBIGNIEW	140	ŁAMIGNATY	RUDA ŚLĄSKA	POL	M-50	37	M 263	00:14:07	00:39:18	01:04:50	01:29:41	01:51:28.35	5:16	11.4
38	KOCUR ROBERT	232		TACISZÓW	POL	M-50	38	M 280	00:13:42	00:38:17	01:03:49	01:29:42	01:53:00.10	5:21	11.2
39	BUCHAL GRZEGORZ	52	TRIDIVISION	ZERNICA	POL	M-50	39	M 284	00:14:04	00:39:23	01:04:59	01:30:01	01:53:23.55	5:22	11.2
40	STALICA WOJCIECH	569		CZĘSTOCHOWA	POL	M-50	40	M 290	00:13:47	00:38:41	01:04:21	01:29:34	01:53:55.00	5:23	11.1
41	SKOP MICHAŁ	637		ZABRZE	POL	M-50	41	M 297	00:14:54	00:38:39	01:03:08	01:28:04	01:54:45.45	5:26	11
42	CADER WOJCIECH	63	LATAJĄCY KLIMZOWIEC	CHORZÓW	POL	M-50	42	M 299	00:14:23	00:39:19	01:04:51	01:30:44	01:54:57.40	5:26	11
43	OZDARSKI KRZYSZTOF	371	OPEL ACTIVE TEAM	RUDA ŚLĄSKA	POL	M-50	43	M 306	00:14:07	00:39:29	01:05:21	01:31:15	01:55:25.95	5:28	11
44	BELUCH WITOLD	24		GLIWICE	POL	M-50	44	M 308	00:14:09	00:39:09	01:04:53	01:30:54	01:55:36.20	5:28	11
45	PIKOŃ KRZYSZTOF	644	JALSALMER	GLIWICE	POL	M-50	45	M 309	00:12:39	00:36:42	01:02:39	01:29:14	01:55:37.50	5:28	10.9
46	GÓRECKI RYSZARD	558	NIEZRZESZONY	GLIWICE	POL	M-50	46	M 321	00:14:28	00:39:35	01:05:59	01:31:17	01:56:23.05	5:30	10.9
47	GÓRECKI JANUSZ	144		GLIWICE	POL	M-50	47	M 322	00:14:02	00:39:06	01:04:48	01:30:49	01:56:24.70	5:30	10.9
48	GAWEŁ KRZYSZTOF	125		MIKOŁÓW	POL	M-50	48	M 323	01:05:12				01:56:30.00	5:31	10.9
49	GAJEWSKI JACEK	117	KURCZAK I AGATKA	GLIWICE	POL	M-50	49	M 325	00:14:03	00:39:21	01:05:39	01:31:49	01:56:31.70	5:31	10.9
50	ZWIERZYŃSKI PIOTR	547	UNATCO	RYBNIK	POL	M-50	50	M 335	00:14:51	00:40:59	01:07:22	01:34:26	01:57:43.70	5:34	10.8
51	KISIEL TOMASZ	226		WRZOSOWA	POL	M-50	51	M 342	00:14:14	00:39:51	01:06:33	01:33:09	01:58:23.90	5:36	10.7
52	KUBICA GERARD	607		GLIWICE	POL	M-50	52	M 349	00:13:00	00:37:50	01:03:54	01:31:28	01:59:06.95	5:38	10.6
53	CZAJKA EDWARD	81	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-50	53	M 375	00:15:37	00:42:07	01:10:04	01:37:25	02:01:43.50	5:46	10.4
54	JANIEC WITOLD	180		ZWONOWICE	POL	M-50	54	M 386	00:14:52	00:40:58	01:07:22	01:34:27	02:03:46.00	5:51	10.2
55	KUCHARCZYK TOMASZ	582		ZABORZE	POL	M-50	55	M 388	00:15:01	00:41:58	01:09:24	01:37:57	02:04:07.50	5:52	10.2
56	FEDEROWICZ PIOTR	107		SOSNOWIEC	POL	M-50	56	M 391	00:15:06	00:42:11	01:09:41	01:38:06	02:04:59.45	5:55	10.1
57	MISZTAŁ RAFAŁ	336	LOS PANTALONES ROJOS	CHRZANÓW	POL	M-50	57	M 393	00:14:59	00:42:31	01:10:50	01:38:49	02:05:03.30	5:55	10.1
58	SAPA LUCJAN	428		KRAKÓW	POL	M-50	58	M 418	00:15:15	00:42:53	01:11:43	01:41:09	02:09:55.80	6:09	9.7
59	KRZYWDA TOMASZ	259		ŚWIĘTOCHŁOWICE	POL	M-50	59	M 440	00:15:45	00:44:23	01:13:10	01:44:11	02:15:35.10	6:25	9.3
60	WOLIŃSKI JÓZEF	519		GLIWICE	POL	M-50	60	M 444	00:16:43	00:46:21	01:17:09	01:48:03	02:18:34.50	6:34	9.1
61	BŁAUT JERZY	36	IX LO	CZĘSTOCHOWA	POL	M-50	61	M 445	00:15:24	00:43:40	01:14:25	01:46:23	02:18:57.05	6:35	9.1
62	SKOCZYŁAS TOMASZ	444	WOLNOBIEGACZE	MIASTECZKO ŚLĄSKIE	POL	M-50	62	M 450	00:15:50	00:44:52	01:15:53	01:48:39	02:21:51.05	6:43	8.9
63	BIEGUN KRZYSZTOF	30		ŻYWIEC	POL	M-50	63	M 458	00:16:40	00:47:04	01:20:25	01:54:15	02:27:19.40	6:58	8.6
64	ZEMŁA PIOTR	542		GLIWICE	POL	M-50	64	M 460	00:16:23	00:47:36	01:20:43	01:54:56	02:28:24.75	7:01	8.5
65	KUZIA BOGUSŁAW	268		MYSŁOWICE	POL	M-50	65	M 464	00:17:28	00:50:06	01:24:35	02:00:59	02:37:33.10	7:28	8
66	GÓRKA GRZEGORZ	145		BYTOM	POL	M-50	66	M 468	00:18:48	00:56:33				7:51	7.6

VII PÓLMARATON GLIWICKI, M-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
1	WYMYSŁO ANDRZEJ	529	RADA MIASTA	PIEKARY ŚLĄSKIE	POL	M-60	1	M 65	00:11:14	00:31:34	00:52:46	01:13:28	01:33:10.80	4:24	13.6
2	GUZY ANDRZEJ	579		GLIWICE	POL	M-60	2	M 94	00:11:03	00:31:40	00:53:39	01:15:37	01:36:49.85	4:35	13.1

VII PÓŁMARATON GLIWICKI, M-60 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	7.2km	11.9km	16.6km	Netto	min/km	km/h
3	CHOJNA ZYGMUNT	69	SOCIOS SILESIA	PIEKARY ŚLĄSKIE	POL	M-60	3	M 123	00:11:32	00:33:23	00:56:07	01:18:44	01:40:10.40	4:44	12.6
4	SALASOWICZ JERZY	427	BIEGAM Z ENDO	HANUSEK	POL	M-60	4	M 178	00:12:49	00:35:42	00:58:54	01:22:17	01:43:59.60	4:55	12.2
5	DALGIEWICZ DARIUSZ	91		ŁOMIANKI	POL	M-60	5	M 191	00:13:04	00:36:20	01:00:12	01:23:50	01:45:57.55	5:01	11.9
6	MOCEK ROMAN	337		CHUDÓW	POL	M-60	6	M 233	00:14:06	00:38:01	01:02:14	01:26:19	01:49:14.55	5:10	11.6
7	ROSADA ZDZISŁAW	594	BIEGAJ Z KS SOŚNICA	GLIWICE	POL	M-60	7	M 245	00:13:27	00:37:55	01:02:34	01:26:56	01:50:14.45	5:13	11.5
8	BURY ANDRZEJ	61	TEAM BLACHOWNIA	BLACHOWNIA	POL	M-60	8	M 276	00:13:15	00:37:49	01:02:37	01:27:56	01:52:21.25	5:19	11.3
9	BRZozowski JAN	51	NIE ZRZESZONY	MIKOŁÓW	POL	M-60	9	M 281	00:13:22	00:37:49	01:02:50	01:28:33	01:53:13.90	5:21	11.2
10	MAJOR STEFAN	301		ŻARKI	POL	M-60	10	M 298	00:14:28	00:39:03	01:04:41	01:30:41	01:54:50.65	5:26	11
11	KRZYWICKI JAN	260		GLIWICE	POL	M-60	11	M 319	00:14:08	00:39:23	01:05:33	01:31:38	01:56:11.60	5:30	10.9
12	PIĘTA KRZYSZTOF	385	BIEG BIELAWA	SOSNOWIEC	POL	M-60	12	M 331	00:13:32	00:38:10	01:04:18	01:30:46	01:56:54.50	5:32	10.8
13	TEICHMANN NORBERT	483		GLIWICE	POL	M-60	13	M 337	00:14:59	00:40:58	01:08:24	01:34:39	01:57:55.80	5:35	10.7
14	ORLIK JERZY	368		GLIWICE	POL	M-60	14	M 339	00:14:17	00:39:51	01:06:22	01:32:45	01:58:12.70	5:36	10.7
15	NIESPOREK MARIAN	347	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-60	15	M 394	00:15:36	00:41:59	01:09:45	01:37:42	02:05:13.50	5:56	10.1
16	OSTROWSKI ZYGMUNT	557		TYCHY	POL	M-60	16	M 396	00:15:08	00:42:51	01:10:37	01:38:31	02:05:25.65	5:56	10.1
17	MAĆKOWIAK MIROSŁAW	295	NIEZRZESZONY	KNURÓW	POL	M-60	17	M 427	00:15:35	00:43:50	01:13:06	01:43:30	02:13:16.55	6:18	9.5
18	PACUŁA PIOTR	373	AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM	GLIWICE	POL	M-60	18	M 436	00:13:43	00:38:13	01:03:39	01:37:26	02:14:53.30	6:23	9.4