

## ŁEMKO MARATON 48

Organizator: Fundacja Ultra  
Data: 2021-10-23  
Miejsce: Komańcza  
Dystans: 47.7 km  
Klasyfikacja wg czasów brutto.



LEMKOWYNA

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

### ŁEMKO MARATON 48, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	WILK MACIEJ	2326	RAMBO 3	BYTOM	POL	OPEN M	1	M 1	01:25:25	02:41:34	03:56:01.50	03:56:03.50	4:56	12.1
2	SZKOŁA WOJCIECH	2290	NATURAL BORN RUNNERS	POZNAŃ	POL	OPEN M	2	M 2	01:31:31	02:50:07	04:06:55.05	04:06:57.85	5:10	11.6
3	MAZAN PIOTR	2004	FINISZ RYMANÓW	KROSNO	POL	OPEN M	3	M 3	01:32:07	02:54:09	04:08:49.90	04:08:51.65	5:12	11.5
4	WASIEWICZ ADAM	2320	NIE MÓJ CYRK, NIE MOJE MAŁPY	WARSZAWA	POL	OPEN M	4	M 4	01:37:47	02:58:16	04:14:02.85	04:14:08.15	5:19	11.3
5	MATUSIAK DANIEL	2177		KRZYWIEC	POL	OPEN M	5	M 5	01:34:28	02:58:23	04:15:58.95	04:16:01.65	5:21	11.2
6	ZDUNEK MICHAŁ	2343	GMINA FRAMPOL	FRAMPOL	POL	OPEN M	6	M 6	01:32:01	02:55:07	04:18:43.05	04:18:45.30	5:25	11.1
7	KWIATKOWSKI MICHAEL	2146	LACHO TEAM	KRAKÓW	POL	OPEN M	7	M 7	01:32:42	03:00:52	04:22:02.25	04:22:03.90	5:29	10.9
8	HORZELA BŁAŻEJ	2078		CHORZÓW	POL	OPEN M	8	M 8	01:31:48	02:54:30	04:24:10.20	04:24:12.25	5:32	10.8
9	BÁLINT MARTIN	2008		POPRAD	SVK	OPEN M	9	M 9	01:36:43	03:05:34	04:31:17.00	04:31:19.80	5:41	10.5
10	KRYGIER KRZYSZTOF	2127	SPIESZSIEPOWOLI.PL	WARSZAWA	POL	OPEN M	10	M 10	01:29:03	02:53:03	04:32:10.80	04:32:12.90	5:42	10.5
11	SZCZUREK MICHAŁ	2288		BYTOM	POL	OPEN M	11	M 11	01:36:14	03:03:47	04:32:26.65	04:32:37.65	5:42	10.5
12	WILK ANTONI	2325		KROSNO	POL	OPEN M	12	M 12	01:38:23	03:07:19	04:33:10.30	04:33:13.00	5:43	10.5
13	RUSIN KRZYSZTOF	2258		JUSZCZYN	POL	OPEN M	13	M 13	01:37:07	03:09:37	04:34:48.20	04:34:55.50	5:45	10.4
14	KWIATKOWSKA KINGA	2001	SALCO GARMIN TEAM	RADKÓW	POL	OPEN K	1	K 1	01:47:43	03:19:29	04:35:23.25	04:35:25.85	5:46	10.4
15	FLOREK SEBASTIAN	2002		GABOŃ	POL	OPEN M	14	M 14	01:40:08	03:10:29	04:35:38.00	04:35:42.90	5:46	10.4
16	SNARSKI BOGDAN	2275	DREAM RUN	WARSZAWA	POL	OPEN M	15	M 15	01:42:37	03:11:56	04:36:04.70	04:36:08.00	5:47	10.4
17	CHOJNACKI WIKTOR	2030	KAMIEŃ DWERNIK TRAIL	DWERNIK	POL	OPEN M	16	M 16	01:39:23	03:12:48	04:36:24.15	04:36:27.40	5:47	10.4
18	PIETRZYK MARIUSZ	2221		KRAKÓW	POL	OPEN M	17	M 17	01:42:20	03:12:42	04:40:18.90	04:40:26.65	5:52	10.2
19	MALECKA-LEŃ PATRYCJA	2168	STAJNIA BALONA	RZESZÓW	POL	OPEN K	2	K 2	01:45:35	03:19:40	04:42:38.35	04:42:39.85	5:55	10.1
20	TOPOLSKI MARCIN	2305	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADOWNIKI	POL	OPEN M	18	M 18	01:46:50	03:18:42	04:43:42.25	04:43:47.00	5:56	10.1
21	OLENDER MARCIN	2202		OLSZTYN	POL	OPEN M	19	M 19	01:44:37	03:15:42	04:44:04.50	04:44:08.15	5:57	10.1
22	WALASIK JAROSŁAW	2314		JAWORZNO	POL	OPEN M	20	M 20	01:46:39	03:21:14	04:49:13.30	04:49:18.90	6:03	9.9
23	KLUS ANNA	2102		RZESZÓW	POL	OPEN K	3	K 3	01:48:02	03:24:55	04:49:54.85	04:50:01.50	6:04	9.9
24	SKRZYPCZYK PAULINA	2271	TEAM FRUN / 42K PRO TEAM	TYCHY	POL	OPEN K	4	K 4	01:44:40	03:21:34	04:50:50.65	04:50:53.65	6:05	9.8
25	GASPAROVIC FILIP	2058	LIPT KOKAVA	LIPTOVSKA KOKAVA	SVK	OPEN M	21	M 21	01:43:10	03:19:32	04:51:25.10	04:51:29.35	6:06	9.8
26	DOMINIAK MICHAŁ	2040	LKS OLYMP BŁONIE	OŻARÓW MAZ	POL	OPEN M	22	M 22	01:44:28	03:23:18	04:54:27.05	04:54:36.75	6:10	9.7
27	SZELC MIKOŁAJ	2289	ORT ŁOMIANKI	ŁOMIANKI	POL	OPEN M	23	M 23	01:46:58	03:24:46	04:56:15.25	04:56:34.65	6:12	9.7
28	RÓŻAŃSKI MATEUSZ	2253		KATOWICE	POL	OPEN M	24	M 24	01:47:23	03:25:18	05:01:12.35	05:01:19.70	6:18	9.5
29	GŁÓD ŁUKASZ	2062	MTB MOSIR DUKLA	KRAKÓW	POL	OPEN M	25	M 25	01:44:25	03:24:47	05:03:16.75	05:03:27.75	6:21	9.4
30	PIWOWAR DAWID	2223		KROSNO	POL	OPEN M	26	M 26	01:49:52	03:29:57	05:03:53.45	05:03:57.05	6:22	9.4
31	WITEK BOGDAN	2327	WATER TEAM	BARYCZKA	POL	OPEN M	27	M 27	01:46:33	03:28:13	05:04:14.75	05:04:18.65	6:22	9.4
32	WYSZYŃSKI ROMAN	2337		KATOWICE	POL	OPEN M	28	M 28	01:49:31	03:27:45	05:04:02.90	05:04:26.50	6:22	9.4
33	MĘDRYKOWSKI DAMIAN	2181		SANDOMIERZ	POL	OPEN M	29	M 29	01:52:50	03:34:48	05:04:59.35	05:05:03.50	6:23	9.4
34	BRZUSKA LESŁAW	2026		ŁÓDŹ	POL	OPEN M	30	M 30	01:48:45	03:33:33	05:05:54.90	05:05:59.85	6:24	9.4
35	KURASZ PIOTR	2138	47	KRAKÓW	POL	OPEN M	31	M 31	01:45:40	03:26:19	05:06:20.45	05:06:27.20	6:25	9.3
36	PAPIERZ MARTA	2213		MYŚLENICE	POL	OPEN K	5	K 5	01:49:49	03:30:56	05:06:34.00	05:06:42.35	6:25	9.3
37	BLUMENFELD JACEK	2019		ŁÓDŹ	POL	OPEN M	32	M 32	01:44:16	03:22:02	05:06:36.15	05:06:49.75	6:25	9.3
38	KOŁODZIEJSKI MICHAŁ	2109	LIPIEC RUNNING TEAM	WARSZAWA	POL	OPEN M	33	M 33	01:49:51	03:32:11	05:06:44.65	05:06:51.50	6:25	9.3
39	MORAWSKI BARTOSZ	2194	STARE BABICE BIEGAJĄ	WARSZAWA	POL	OPEN M	34	M 34	01:57:47	03:39:44	05:08:18.00	05:08:27.30	6:27	9.3
40	NIESZPOREK ADAM	2348	INTO THE WILD	SZCZECIN	POL	OPEN M	35	M 35	01:48:39	03:32:09	05:09:13.90	05:09:18.70	6:28	9.3
41	SMYK ŁUKASZ	2272		GORZKÓW	POL	OPEN M	36	M 36	01:46:45	03:27:30	05:09:23.45	05:09:33.35	6:29	9.3
42	SKOTNICZNY MICHAŁ	2270		KRAKÓW	POL	OPEN M	37	M 37	01:53:08	03:34:26	05:10:00.30	05:10:15.70	6:29	9.2
43	KURUC MARIA	2144		ŁAPSZANKA	POL	OPEN K	6	K 6	01:52:40	03:35:21	05:09:53.25	05:10:15.80	6:29	9.2
44	KOPCZYŃSKI PAWEŁ	2111		WIERZBICZANY	POL	OPEN M	38	M 38	02:02:37	03:43:25	05:10:28.50	05:11:01.70	6:30	9.2
45	PRUTA RAFAŁ	2239	FATBOYS SPRINT	WARSZAWA	POL	OPEN M	39	M 39	01:54:07	03:38:28	05:11:58.30	05:12:08.85	6:32	9.2

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
46	MAGDA ŁUKASZ	2163	3 XL	GUZÓW	POL	OPEN M	40	M 40	01:52:52	03:35:30	05:13:53.45	05:13:59.30	6:34	9.1
47	KOLIMAGA KAMIL	2107	ICEKURP #MORSY ŁYSE	ŁYSE	POL	OPEN M	41	M 41	01:53:32	03:39:50	05:14:46.95	05:15:01.15	6:35	9.1
48	ODOLAK PIOTR	2201	STANWEX II	SULEJÓWEK	POL	OPEN M	42	M 42	01:52:51	03:37:11	05:14:38.05	05:15:04.35	6:35	9.1
49	FILIPUK TOMASZ	2049	POWIAT ŚWIDNICKI	ŚWIDNIK	POL	OPEN M	43	M 43	01:53:13	03:40:16	05:14:52.40	05:15:11.95	6:36	9.1
50	URMANOWSKI DANIEL	2309	DREAM RUN	WARSZAWA	POL	OPEN M	44	M 44	01:42:28	03:29:26	05:15:16.40	05:15:20.10	6:36	9.1
51	GNIEWEK JUSTYNA	2063		RZESZÓW	POL	OPEN K	7	K 7	01:53:50	03:40:56	05:15:18.95	05:15:32.35	6:36	9.1
52	SWIANIEWICZ STANISŁAW	2285		CHOTOMÓW	POL	OPEN M	45	M 45	01:47:01	03:35:14	05:16:23.80	05:16:34.40	6:37	9
53	ZAJĄC MATEUSZ	2339		GLIWICE	POL	OPEN M	46	M 46	01:50:05	03:38:21	05:16:42.70	05:16:54.70	6:38	9
54	ZIELIŃSKI MATEUSZ	2344		KRAKÓW	POL	OPEN M	47	M 47	01:52:43	03:36:55	05:17:31.80	05:17:43.30	6:39	9
55	BARCIKOWSKI JĘDRZEJ	2010	S.S.O.C.	WARSZAWA	POL	OPEN M	48	M 48	01:54:00	03:41:04	05:17:48.60	05:18:01.75	6:39	9
56	KURASZKIEWICZ ROBERT	2139		ROP CZYCE	POL	OPEN M	49	M 49	01:50:20	03:37:53	05:18:08.85	05:18:12.75	6:40	9
57	PŁONKA RAFAŁ	2228	RUNNERSTOGETHER	KORCZYNA	POL	OPEN M	50	M 50	01:51:10		05:18:48.80	05:18:52.20	6:41	9
58	PIECZONKA PAWEŁ	2219	PIĘKNE I BRODACZE	RZESZÓW	POL	OPEN M	51	M 51	01:53:21		05:19:18.25	05:19:37.20	6:41	9
59	SMYK MAŁGORZATA	2273		GORKÓW	POL	OPEN K	8	K 8	01:51:51	03:39:09	05:21:45.00	05:21:54.85	6:44	8.9
60	NIEMIRO DOMINIKA	2199	JAGODOWO-KALINOWY TEAM	POLICE	POL	OPEN K	9	K 9	01:58:44	03:48:00	05:22:13.70	05:22:26.45	6:45	8.9
61	MATUŁA NATALIA	2176	TRIO	OSWIECIM	POL	OPEN K	10	K 10	02:03:47	03:51:02	05:22:48.75	05:22:51.50	6:46	8.9
62	BIERNAT MATEUSZ	2017		KATOWICE	POL	OPEN M	52	M 52	02:03:37	03:49:50	05:22:40.10	05:22:57.40	6:45	8.9
63	KACZMAREK TOMASZ	2090		ŚWIĘTOCHŁOWICE	POL	OPEN M	53	M 53	01:58:59	03:47:12	05:22:52.40	05:23:12.90	6:46	8.9
64	KOZŁOWSKI MICHAŁ	2122	MATNER RUNNING TEAM	KATOWICE	POL	OPEN M	54	M 54	01:51:40	03:41:43	05:23:11.30	05:23:15.50	6:46	8.9
65	CZEMERYŚ PIOTR	2035	RUCH IZBICA	SIENNICA NADOLNA	POL	OPEN M	55	M 55	01:49:35	03:39:05	05:23:55.40	05:24:05.40	6:47	8.8
66	NIEMCZYK DOMINIK	2198	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	OPEN M	56	M 56	02:01:19	03:50:53	05:24:58.65	05:25:14.25	6:48	8.8
67	TOMECKA ALEKSANDRA	2304	LPP TEAM	KRAKÓW	POL	OPEN K	11	K 11	01:58:59	03:49:20	05:26:03.25	05:26:12.95	6:50	8.8
68	BANIAK ERYK	2009		WIELICZKA	POL	OPEN M	57	M 57	01:52:27	03:45:25	05:27:09.55	05:27:12.35	6:51	8.7
69	MAŃKOWSKA ANNA	2170		OLSZTYN	POL	OPEN K	12	K 12	02:01:36	03:50:14	05:26:59.25	05:27:14.40	6:51	8.8
70	KRAWCZYK DARIUSZ	2124		PORAŻ	POL	OPEN M	58	M 58	01:53:11	03:44:28	05:27:48.55	05:28:17.40	6:52	8.7
71	PŁAZA PIOTR	2227		KROSNO	POL	OPEN M	59	M 59	02:00:13	03:51:08	05:29:02.95	05:29:14.75	6:53	8.7
72	LIPIŃSKI OSKAR	2154		WARSZAWA	POL	OPEN M	60	M 60	01:55:18	03:44:50	05:29:23.35	05:29:48.95	6:54	8.7
73	SIKORA JACEK	2266	SAMOTNY WILK	CZUDEC	POL	OPEN M	61	M 61	01:59:20	03:51:04	05:30:23.40	05:30:30.90	6:55	8.7
74	FORNAL BRYGIDA	2050	#ZALINIAMIETYTEAM	IWLA	POL	OPEN K	13	K 13	02:00:10	03:51:00	05:31:39.95	05:31:55.90	6:57	8.6
75	KOCIK MARCIN	2106	FATBOYS SPRINT	WILKSZYN	POL	OPEN M	62	M 62	01:54:57	03:45:13	05:32:19.10	05:32:29.45	6:58	8.6
76	PAŁYSA ROBERT	2211	STANWEX II	JÓZEFÓW	POL	OPEN M	63	M 63	01:52:42	03:47:12	05:32:23.25	05:32:50.65	6:58	8.6
77	KACPERSKI OLAF	2089		WARSZAWA	POL	OPEN M	64	M 64	01:58:51	03:50:32	05:33:43.50	05:33:48.40	6:59	8.6
78	SAJDA IGOR	2262	MELVIT RUN	WARSZAWA	POL	OPEN M	65	M 65	01:54:09	03:46:28	05:34:00.90	05:34:06.75	7:00	8.6
79	MUNIAK KAMIL	2197		KRAKÓW	POL	OPEN M	66	M 66	02:00:13	03:53:51	05:33:55.80	05:34:11.20	7:00	8.6
80	WOŹNIAK ARTUR	2335		TYCHY	POL	OPEN M	67	M 67	01:57:16	03:48:02	05:34:01.80	05:34:20.10	7:00	8.6
81	PISZCZEK JAKUB	2222		WARSZAWA	POL	OPEN M	68	M 68	01:49:22	03:47:40	05:34:41.05	05:34:52.25	7:00	8.6
82	POPŁAWSKI PIOTR	2235	PGB SPORTOWA PACZKA	ŁOSICE	POL	OPEN M	69	M 69	02:06:40		05:34:37.40	05:34:58.65	7:00	8.6
83	KAMIŃSKI ARTUR	2092	PERSONALTRIATHLON.PL	OLSZTYN	POL	OPEN M	70	M 70	02:04:55	04:00:39	05:35:19.45	05:35:45.85	7:01	8.5
84	ŁUCJANEK JUSTYNA	2158	KAJA TEAM	WARSZAWA	POL	OPEN K	14	K 14	02:02:55	03:55:46	05:35:49.75	05:35:58.70	7:02	8.5
85	TURSKA AGNIESZKA	2307	DUDYCZ RUN	GDAŃSK	POL	OPEN K	15	K 15	02:01:09	03:54:05	05:36:39.25	05:36:42.40	7:03	8.5
86	MIERZWIICKI KRZYSZTOF	2189		WARSZAWA	POL	OPEN M	71	M 71	01:53:17	03:44:15	05:36:54.40	05:36:56.65	7:03	8.5
87	CZELEJ RAFAŁ	2034	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	OPEN M	72	M 72	02:00:10	03:52:50	05:37:21.20	05:37:42.00	7:04	8.5
88	MARUT ARTUR	2174	FITNESS FREAKS	STAŁOWA WOLA	POL	OPEN M	73	M 73	01:58:26	03:49:51	05:37:28.95	05:37:57.90	7:04	8.5
89	MACHAJ WOJCIECH	2161	PGB SPORTOWA PACZKA	LUBARTÓW	POL	OPEN M	74	M 74	02:03:30	03:57:28	05:37:57.80	05:38:07.70	7:05	8.5
90	SZAFRANIEC MONIKA	2286		KRAKÓW	POL	OPEN K	16	K 16	02:07:45	03:59:43	05:38:16.55	05:38:46.20	7:05	8.5
91	WADZIŃSKI KAMIL	2311	SOLIN TEAM	WARSZAWA	POL	OPEN M	75	M 75	01:55:16	03:50:18	05:39:26.85	05:39:34.15	7:06	8.4
92	GRYMULSKI ŁUKASZ	2069	TRIATHLON LUBLIN TEAM	LUBLIN	POL	OPEN M	76	M 76	01:59:18	03:50:04	05:39:40.80	05:40:11.00	7:07	8.4
93	RATAJ TOMASZ	2247		LUSÓWKO	POL	OPEN M	77	M 77	02:01:18	04:00:14	05:41:43.80	05:42:09.85	7:09	8.4
94	ZBORALSKI MICHAŁ	2342		POZNAŃ	POL	OPEN M	78	M 78	02:01:22	04:02:10	05:42:04.85	05:42:30.90	7:10	8.4
95	RYBKA SŁAWEK	2259	PĘDZĄCE ŚLIMAKI	DĘBICA	POL	OPEN M	79	M 79	01:58:11	03:54:39	05:42:23.85	05:42:47.25	7:10	8.4
96	KUREK MARIUSZ	2142	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN M	80	M 80	01:58:17	03:54:50	05:42:24.40	05:42:47.45	7:10	8.4
97	KRUKOWSKI ŁUKASZ	2126	MKS SIECHNICE	GROBLICE	POL	OPEN M	81	M 81	02:00:04	03:56:18	05:42:58.05	05:43:06.10	7:11	8.3
98	SUDOMIR PAWEŁ	2282		WARSZAWA	POL	OPEN M	82	M 82	01:54:51	03:50:18	05:43:57.25	05:44:02.50	7:12	8.3
99	PAŁUBSKI ANDRZEJ	2209		CZAJOWICE	POL	OPEN M	83	M 83	02:02:52	04:00:11	05:44:22.35	05:44:37.45	7:13	8.3
100	SZYMANIAK EMIL	2296		KRAKÓW	POL	OPEN M	84	M 84	02:04:08	04:05:41	05:44:46.35	05:44:50.35	7:13	8.3
101	KOCHANOWSKA MICHALINA	2105	KRISS KROSS COACHING	STAWIGUDA	POL	OPEN K	17	K 17	02:08:41	04:00:44	05:44:48.10	05:45:04.75	7:13	8.3
102	DOMAZET RAFAEL	2039	#ZPOGARDADLASMIERCI	WARSZAWA	POL	OPEN M	85	M 85	03:32:38	04:03:38	05:45:19.70	05:45:52.00	7:14	8.3

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
103	BUCHAŁA BARTEK	2027		ZABRZE	POL	OPEN M	86	M 86	02:04:49	04:02:45	05:46:35.60	05:47:08.40	7:15	8.3
104	JĘCZKOWSKI DARIUSZ	2085		RYMANÓW	POL	OPEN M	87	M 87	02:01:40	03:57:26	05:46:59.35	05:47:18.75	7:16	8.2
105	ZAJĄCZKOWSKI PAWEŁ	2340	POWER TRAINING	WARSZAWA	POL	OPEN M	88	M 88	01:59:53	04:03:21	05:47:26.95	05:47:31.10	7:17	8.2
106	SINCUK PATRYCJA	2267	MIRAZ RACE TEAM	TCZEW	POL	OPEN K	18	K 18	02:05:01	04:08:12	05:47:48.00	05:47:55.70	7:17	8.2
107	KULER BARTOSZ	2134	PGB SPORTOWA PACZKA	KRAKÓW	POL	OPEN M	89	M 89	02:00:18	03:56:29	05:48:18.40	05:48:39.60	7:18	8.2
108	BIEŃ MAGDALENA	2360		POZNAŃ	POL	OPEN K	19	K 19	02:00:40	04:01:51	05:49:10.50	05:49:14.80	7:19	8.2
109	KUCHARSKI PAWEŁ	2131	PLANETA NISKO	NISKO	POL	OPEN M	90	M 90	02:10:20	04:08:12	05:48:48.60	05:49:18.70	7:18	8.2
110	RUDNIK SŁAWOMIR	2255		BIAŁYSTOK	POL	OPEN M	91	M 91	02:09:03	04:05:08	05:50:28.00	05:50:44.85	7:20	8.2
111	PRZEŹDZIECKA KATARZYNA	2240	SMASHING PÄPKINS	WARSZAWA	POL	OPEN K	20	K 20	02:08:12	04:10:02	05:51:38.00	05:52:01.65	7:22	8.1
112	WYPIJEWSKI IGOR	2336		SZCZECIN	POL	OPEN M	92	M 92	02:05:06	04:03:42	05:51:53.70	05:52:06.30	7:22	8.1
113	JACHYMSKI IGNACY	2080	AKG ŁÓDŹ	ŁÓDŹ	POL	OPEN M	93	M 93	02:03:31	04:06:24	05:52:31.10	05:52:38.85	7:23	8.1
114	FIGIEL BARTOSZ	2048		DĄBROWA GÓRNICZA	POL	OPEN M	94	M 94	01:58:38	04:02:54	05:52:24.45	05:52:44.40	7:23	8.1
115	MICHNIEWICZ ADRIAN	2186	SK MALINOVO	MALINOVO	SVK	OPEN M	95	M 95	02:03:13	04:03:26	05:52:44.60	05:53:01.30	7:23	8.1
116	FURTEK IWONA	2053		KRAKÓW	POL	OPEN K	21	K 21	02:01:39	04:02:56	05:54:12.20	05:54:17.95	7:25	8.1
117	WALKOWIAK MATEUSZ	2317	BRONOWICE TEŹ BIEGAJĄ	GARZYN	POL	OPEN M	96	M 96	01:57:06	03:57:13	05:54:23.55	05:54:37.10	7:25	8.1
118	KOZIOŁ KRZYSZTOF	2120		WARSZAWA	POL	OPEN M	97	M 97	02:02:45	04:05:26	05:54:17.35	05:54:42.00	7:25	8.1
119	LEŚNIAK MARCIN	2152	STANWEX II	SULEJÓWEK	POL	OPEN M	98	M 98	02:04:24	04:07:33	05:54:56.00	05:55:18.50	7:26	8.1
120	MĘKARSKI SŁAWOMIR	2182	WANDA PANFIL TEAM	TOMASZÓW MAZOWIECKI	POL	OPEN M	99	M 99	02:08:05	04:09:02	05:55:00.40	05:55:20.30	7:26	8.1
121	HOŁÓWKA SŁAWOMIR	2076		KRAKÓW	POL	OPEN M	100	M 100	02:01:44	04:05:13	05:55:48.05	05:55:54.35	7:27	8
122	SKONECZNY ARTUR	2269		TOMASZÓW MAZOWIECKI	POL	OPEN M	101	M 101	02:09:05	04:08:14	05:55:58.80	05:56:11.80	7:27	8
123	SIDDONS JONATHAN	2265		KONSTANCIN-JEZIORNA	POL	OPEN M	102	M 102	02:09:41	04:10:19	05:56:09.10	05:56:36.75	7:27	8
124	JĘDRZEJCZYK AGNIESZKA	2350	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	OPEN K	22	K 22	02:11:48	04:13:59	05:56:37.20	05:56:47.75	7:28	8
125	KUŁAKOWSKA MONIKA	2136		DĄBROWA GÓRNICZA	POL	OPEN K	23	K 23	02:09:10	04:13:04	05:57:29.05	05:57:55.55	7:29	8
126	PIELECHA RAFAŁ	2220	FITNESS FREAKS	ZACZERNIE	POL	OPEN M	103	M 103	02:07:52	04:05:00	05:57:48.60	05:58:17.60	7:30	8
127	POGODA KAMIL	2232	ACCENTURE RUNNERS CLUB	ŁÓDŹ	POL	OPEN M	104	M 104	02:09:15	04:12:12	05:58:04.35	05:58:21.20	7:30	8
128	KUŚ GABRIELA	2145	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	24	K 24	02:08:37	04:11:54	05:58:56.05	05:59:12.55	7:31	8
129	JONCZYK ERWIN	2087	STANWEX II	SULEJÓWEK	POL	OPEN M	105	M 105	02:15:08	04:14:10	05:59:34.00	06:00:00.60	7:32	8
130	KOWALCZYK ANIA	2116	AVANTURA.COM.PL	WARSZAWA	POL	OPEN K	25	K 25	02:14:19	04:17:45	06:01:05.35	06:01:22.35	7:34	7.9
131	WNUK-SCARDACCIONE AGNIESZKA	2332	ZNOWU W BIEGU	KRAKOW	POL	OPEN K	26	K 26	02:09:17	04:13:15	06:01:10.45	06:01:31.05	7:34	7.9
132	ŁUSZCZ PAWEŁ	2160	GAMONIUSZE	DĘBICA	POL	OPEN M	106	M 106	02:08:09	04:17:21	06:02:08.60	06:02:30.25	7:35	7.9
133	NOWAK KRZYSZTOF	2200		WARSZAWA	POL	OPEN M	107	M 107	02:06:44	04:11:21	06:03:36.55	06:03:48.05	7:37	7.9
134	ŁUKASIK MAREK	2159		WARSZAWA	POL	OPEN M	108	M 108	02:12:10	04:18:21	06:04:12.95	06:04:25.95	7:38	7.9
135	CZAJ ARTUR	2033		DĄBROWA GÓRNICZA	POL	OPEN M	109	M 109	02:09:21	04:17:27	06:04:49.60	06:05:18.70	7:38	7.8
136	DYREK ADAM	2044		SKAWINA	POL	OPEN M	110	M 110	01:57:49	03:59:31	06:05:58.55	06:06:15.55	7:40	7.8
137	GRADKOWSKA GOSIA	2066		BRWINÓW	POL	OPEN K	27	K 27	02:03:57	04:11:16	06:06:17.90	06:06:42.90	7:40	7.8
138	WIERZBICKI DANIEL WIERZBICKI	2324	TERESIN TEAM	TERESIN	POL	OPEN M	111	M 111	02:10:12	04:15:28	06:06:38.70	06:07:08.80	7:41	7.8
139	BARĆ PIOTR	2011	PLANETA NISKO	WOLINA	POL	OPEN M	112	M 112	02:10:18	04:12:21	06:06:51.15	06:07:21.65	7:41	7.8
140	ZIÓŁKOWSKA-WNUK MONIKA	2345		ŁAZY	POL	OPEN K	28	K 28	02:11:56	04:18:40	06:07:38.40	06:08:00.95	7:42	7.8
141	WNUK TOMASZ	2331	BREMBO	ŁAZY	POL	OPEN M	113	M 113	02:11:56	04:18:59	06:07:38.05	06:08:01.10	7:42	7.8
142	RAJCZONEK RAFAŁ	2244	NO FUTURE	WARSZAWA	POL	OPEN M	114	M 114	02:10:51	04:17:55	06:08:36.15	06:08:53.45	7:43	7.8
143	PAKULSKA DOROTA	2208		SUCHY LAS	POL	OPEN K	29	K 29	02:20:02	04:24:19	06:08:50.00	06:09:02.10	7:43	7.8
144	PAWŁOWSKI PAWEŁ	2216		KRAKÓW	POL	OPEN M	115	M 115	02:07:38	04:16:51	06:08:44.95	06:09:08.85	7:43	7.8
145	MIELNIK MICHAŁ	2188	MAXSTONE	KROSNO	POL	OPEN M	116	M 116	01:56:59	04:07:30	06:09:54.85	06:10:02.10	7:45	7.7
146	ORZECHOWSKI TOMASZ	2204	BIEGAMBOLUBIĘ	ŁANCUT	POL	OPEN M	117	M 117	02:13:57	04:23:01	06:11:40.55	06:11:58.45	7:47	7.7
147	KUDRYCKI JAKUB	2132		BILCZA	POL	OPEN M	118	M 118	02:04:48	04:16:36	06:12:08.90	06:12:25.20	7:48	7.7
148	BODZIAKOWSKI BARTOSZ	2023	LKS MAKÓW	MARKI	POL	OPEN M	119	M 119	02:16:44	04:17:07	06:12:12.50	06:12:34.70	7:48	7.7
149	WANTUCH TOMASZ	2319	TRNW	WARSZAWA	POL	OPEN M	120	M 120	02:16:43	04:17:11	06:12:17.30	06:12:38.90	7:48	7.7
150	KARDASZEWSKI TOMASZ	2096		WARSZAWA	POL	OPEN M	121	M 121	02:09:53	04:17:29	06:12:56.55	06:13:06.50	7:49	7.7
151	GIEL JAROSŁAW	2060	NKB CHYŻY	NOWY TOMYŚL	POL	OPEN M	122	M 122	02:09:18	04:19:20	06:13:11.95	06:13:18.35	7:49	7.7
152	MIKSA SŁAWOMIR	2190		ŁÓDŹ	POL	OPEN M	123	M 123	02:14:13	04:23:51	06:13:24.50	06:13:49.40	7:49	7.7
153	JĘDRZEJCZAK ANNA	2086	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	30	K 30	02:15:12	04:20:23	06:13:38.50	06:13:55.35	7:49	7.7
154	MACHALSKI MATEUSZ	2162	ASP WARSZAWA	WARSAW	POL	OPEN M	124	M 124	02:08:36	04:16:51	06:13:23.00	06:13:55.65	7:49	7.7
155	SARNOWSKA KAROLINA	2264	PRORUNNING PROMOTION	WARSZAWA	POL	OPEN K	31	K 31	02:11:40	04:28:46	06:13:58.00	06:14:08.55	7:50	7.7
156	MORDAŚ MAGDALENA	2195	KW WARSZAWA	WARSZAWA	POL	OPEN K	32	K 32	02:09:32	04:17:59	06:14:35.00	06:14:43.65	7:51	7.6
157	MATUKIN-SZUMLIŃSKA ALEKSANDRA	2175		KRAKÓW	POL	OPEN K	33	K 33	02:16:47	04:21:22	06:14:45.45	06:14:58.95	7:51	7.6
158	STYRNA BARTOSZ	2281		KRAKÓW	POL	OPEN M	125	M 125	02:03:39	04:13:52	06:14:58.45	06:15:03.15	7:51	7.6
159	SMYKA MICHAŁ	2274		CIECIERZYN	POL	OPEN M	126	M 126	02:14:25	04:20:06	06:15:13.95	06:15:39.00	7:51	7.6

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
160	WITKOWSKI ROBERT	2329		GDAŃSK	POL	OPEN M	127	M 127	02:17:36	04:30:40	06:17:24.15	06:17:42.60	7:54	7.6
161	POLAK ANDRZEJ	2233		KRAKÓW	POL	OPEN M	128	M 128	02:09:35	04:24:27	06:17:52.85	06:18:18.35	7:55	7.6
162	TOMCZYK GRZEGORZ	2303	PALARNIA KAWY GREGORIO	STRZYŻÓW	POL	OPEN M	129	M 129	02:17:57	04:25:19	06:18:50.85	06:19:05.65	7:56	7.6
163	WALCZAK AGNIESZKA	2315	OLKUSZBIEGA	BOLESŁAW	POL	OPEN K	34	K 34	02:20:20	04:30:00	06:19:08.20	06:19:38.00	7:56	7.5
164	GAC KAROLINA	2056		ZAKLICZYN	POL	OPEN K	35	K 35	02:18:00	04:23:36	06:19:14.50	06:19:48.35	7:57	7.5
165	KAWKA MICHAŁ	2099		ZAKLICZYN	POL	OPEN M	130	M 130	02:15:54	04:24:15	06:19:15.05	06:19:48.35	7:57	7.5
166	PYSZYŃSKI MARIUSZ	2347		WARSZAWA	POL	OPEN M	131	M 131	02:01:27	04:10:55	06:20:19.90	06:20:31.15	7:58	7.5
167	FRAŃSKI ŁUKASZ	2051	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	OPEN M	132	M 132	02:07:08	04:21:18	06:20:33.70	06:20:38.80	7:58	7.5
168	BRONOWICKI RYSZARD	2025	NKB CHYŻY NOWY TOMYŚL	STARY TOMYŚL	POL	OPEN M	133	M 133	02:16:04	04:28:23	06:21:40.60	06:21:47.00	8:00	7.5
169	BAŚ TOMASZ	2012	PZU SPORT TEAM/STOKOWCZYKI TEAM	KRAKÓW	POL	OPEN M	134	M 134	02:19:12	04:29:42	06:22:33.55	06:22:39.75	8:01	7.5
170	PLUTA SYLWESTER	2225	BRAK	WARSZAWA	POL	OPEN M	135	M 135	02:14:03	04:29:57	06:22:33.80	06:22:48.05	8:01	7.5
171	WITKOWSKA BEATA	2328	#KASZANIANAMOKA	GDAŃSK	POL	OPEN K	36	K 36	02:29:57	04:40:24	06:23:39.20	06:23:54.95	8:02	7.5
172	DOMURAT MARIAN	2041	STRĄCZEK WIATROPĘDNY	OLMONTY	POL	OPEN M	136	M 136	02:11:28	04:24:41	06:24:17.25	06:24:44.65	8:03	7.4
173	SZULC EDYTA	2294	ADIDAS RUNNERS	WARSZAWA	POL	OPEN K	37	K 37	02:13:52	04:26:50	06:24:42.50	06:25:07.30	8:03	7.4
174	SZKUTNIK JAKUB	2292		ZAKOPANE	POL	OPEN M	137	M 137	02:07:22	04:18:55	06:24:53.65	06:25:09.40	8:04	7.4
175	BLICHAZ ARTUR	2018		OŁPINY	POL	OPEN M	138	M 138	02:12:39	04:20:04	06:24:53.15	06:25:17.00	8:04	7.4
176	GURBIEL MATEUSZ	2071		KRAKÓW	POL	OPEN M	139	M 139	02:08:37	04:20:09	06:24:56.85	06:25:17.50	8:04	7.4
177	SULEK TOMEK	2283		WARSZAWA	POL	OPEN M	140	M 140	02:10:54	04:20:00	06:25:23.45	06:25:31.70	8:04	7.4
178	PAWLIK ŚLAWSKA JADWIGA	2215	POSKAJUN TEAM	JASŁO	POL	OPEN K	38	K 38	02:22:00	04:31:17	06:25:21.10	06:25:49.55	8:04	7.4
179	MOKRZYCKI PATRYK	2193	SAINT-GOBAIN SQUAD	KNURÓW	POL	OPEN M	141	M 141	02:04:55	04:21:02	06:25:23.95	06:25:54.00	8:04	7.4
180	GAWRYLCZYK ANDRZEJ	2059		MARKI	POL	OPEN M	142	M 142	02:06:59	04:22:53	06:25:54.80	06:26:04.15	8:05	7.4
181	OSTATEK ŁUKASZ	2206		ZÜRICH	SUI	OPEN M	143	M 143	02:08:19	04:25:53	06:25:53.10	06:26:18.50	8:05	7.4
182	MICHALSKA BOGNA	2185		GLIWICE	POL	OPEN K	39	K 39	02:21:50	04:32:30	06:27:01.05	06:27:14.35	8:06	7.4
183	JEMIOŁA PAULINA	2084	POMUSZ	CZUDEC	POL	OPEN K	40	K 40	02:22:01	04:30:58	06:27:36.10	06:27:58.00	8:07	7.4
184	RAPIOR MACIEJ	2246	SZYNSZYL TEAM	NOWINKI	POL	OPEN M	144	M 144	04:20:03	06:28:20.00	06:28:20.00	06:28:20.00	8:08	7.4
185	RUCIŃSKI ADAM	2254		WARSZAWA	POL	OPEN M	145	M 145	02:20:46	04:31:48	06:28:36.60	06:28:55.80	8:08	7.4
186	HILLER ARTUR	2075		WIELICZKA	POL	OPEN M	146	M 146	02:11:43	04:27:31	06:29:58.70	06:30:17.70	8:10	7.3
187	KOWALCZUK PAWEŁ	2115		ROPCZYCE	POL	OPEN M	147	M 147	02:24:18	04:39:48	06:33:15.85	06:33:23.40	8:14	7.3
188	GABRYEL ANNA	2055		TUCZNO	POL	OPEN K	41	K 41	02:13:34	04:32:52	06:34:07.80	06:34:16.15	8:15	7.3
189	DYRCZ DAWID	2043	PMKW	KRAKÓW	POL	OPEN M	148	M 148	02:20:39	04:32:37	06:34:54.50	06:35:10.65	8:16	7.2
190	MRYCZKO ROMAN	2196	AKTYWNY DYNÓW	DYNÓW	POL	OPEN M	149	M 149	02:12:59	04:29:23	06:35:04.70	06:35:17.00	8:16	7.2
191	BIALIK SZYMON	2015	TOKENOMIC	WARSZAWA	POL	OPEN M	150	M 150	02:05:45	04:12:25	06:35:15.45	06:35:27.50	8:17	7.2
192	MISZAŁSKI HENRYK	2192		SULEKÓW	POL	OPEN M	151	M 151	02:20:03	04:34:30	06:35:37.80	06:35:52.65	8:17	7.2
193	WĘGRZYNEK MIRKA	2322		WARSZAWA	POL	OPEN K	42	K 42	02:25:17	04:36:16	06:36:02.60	06:36:17.55	8:18	7.2
194	JANOWSKA ULA	2081		GRUDZIĄDZ	POL	OPEN K	43	K 43	02:23:17	04:40:01	06:36:09.45	06:36:36.20	8:18	7.2
195	KRÓLICKI DARIUSZ	2125	FINISZ RYMANÓW	RYMANÓW	POL	OPEN M	152	M 152	02:16:01	04:36:27	06:36:59.00	06:37:14.50	8:19	7.2
196	ROSA ALEX	2252		RABOWICE	POL	OPEN M	153	M 153	02:16:59	04:33:45	06:38:08.35	06:38:25.05	8:20	7.2
197	KOZŁOWSKI TOMASZ	2121		KATOWICE	POL	OPEN M	154	M 154	02:15:03	04:35:05	06:40:12.85	06:40:24.95	8:23	7.2
198	HYDZIK ŁUKASZ	2079		KOSTAROWCE	POL	OPEN M	155	M 155	02:07:43	04:17:58	06:40:42.45	06:40:48.80	8:24	7.1
199	ULANOWSKI OWCA	2308	X-TEAM SPECIAL FORCES	LUBLIN	POL	OPEN M	156	M 156	02:14:47	04:42:23	06:41:12.20	06:41:34.75	8:24	7.1
200	WYDRA MARIUSZ	2349	STARE BABICE BIEGAJĄ	STARE BABICE	POL	OPEN M	157	M 157	02:14:18	04:38:01	06:42:22.65	06:42:31.95	8:26	7.1
201	KLESZNO ZBIGNIEW	2101	RAJSPOK	OPOLE	POL	OPEN M	158	M 158	02:21:47	04:38:21	06:42:26.10	06:42:37.50	8:26	7.1
202	STAŃCZAK MACIEJ	2278		WARSZAWA	POL	OPEN M	159	M 159	02:19:34	04:42:30	06:43:13.00	06:43:13.00	8:27	7.1
203	ŚLIWA JUSTYNA	2300		KRAKÓW	POL	OPEN K	44	K 44	02:19:13	04:39:55	06:42:46.40	06:43:13.95	8:26	7.1
204	KURBIEL SYLWIA	2140	BIEGAMBOLUBIĘ	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	45	K 45	02:22:55	04:46:41	06:43:10.25	06:43:27.40	8:27	7.1
205	RUPIK JAKUB	2256		WROCŁAW	POL	OPEN M	160	M 160	02:12:25	04:22:59	06:43:28.95	06:43:43.90	8:27	7.1
206	RUPIK MARIA	2257		WROCŁAW	POL	OPEN K	46	K 46	02:12:20	04:22:56	06:43:29.05	06:43:43.90	8:27	7.1
207	PLUCIENNICZAK BARBARA	2229		LATCHORZEW	POL	OPEN K	47	K 47	02:27:33	04:42:49	06:44:36.00	06:44:39.70	8:28	7.1
208	FUS WOJCIECH	2054	ASSECO ACTIVE TEAM	RZESZOW	POL	OPEN M	161	M 161	02:21:57	04:43:27	06:45:25.45	06:45:40.20	8:29	7.1
209	MARJAŃSKI TOMASZ	2172	KS PIDRINA GDYNIA	GDYNIA	POL	OPEN M	162	M 162	02:24:07	04:39:26	06:45:40.55	06:45:53.00	8:30	7.1
210	CIEŚLIK ZDZISŁAW	2032	TEAM RUN GOŁAŃCZ	GOŁAŃCZ	POL	OPEN M	163	M 163	02:30:42	04:41:25	06:45:47.40	06:46:02.30	8:30	7.1
211	KŁOPOTEK NINA	2103	EXTREME FAMILY	BARTKOWO	POL	OPEN K	48	K 48	02:27:55	04:48:09	06:45:48.00	06:46:12.00	8:30	7.1
212	KŁOPOTEK MARCIN	2104	EXTREME FAMILY	BARTKOWO	POL	OPEN M	164	M 164	02:27:55	04:48:23	06:45:47.85	06:46:12.00	8:30	7.1
213	KULIŃSKA JUSTYNA	2135		KAMIEŃ POMORSKI	POL	OPEN K	49	K 49	02:18:19	04:41:08	06:47:02.10	06:47:19.35	8:31	7
214	LORYŚ ADAM	2155		NISKO	POL	OPEN M	165	M 165	02:21:06	04:52:49	06:47:35.30	06:47:58.35	8:32	7
215	KOSZAŁKA MARCIN	2113		KRAKÓW	POL	OPEN M	166	M 166	02:21:06	04:57:39	06:48:32.00	06:48:55.65	8:33	7

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
216	WAGNER GRZEGORZ	2312		RUDA ŚLĄSKA	POL	OPEN M	167	M 167	02:19:41	04:56:40	06:49:39.45	06:50:02.20	8:35	7
217	JURYŚ SŁAWOMIR	2088	JSYSTEM	KROSNO	POL	OPEN M	168	M 168	02:25:11	04:43:19	06:49:51.05	06:50:22.70	8:35	7
218	RĘKOSIEWICZ-TOKARZ MONIKA	2251	GLOGOVIA GŁOGÓW MAŁOPOLSKI	GŁOGÓW MAŁOPOLSKI	POL	OPEN K	50	K 50	02:30:34	04:50:55	06:50:36.55	06:51:05.70	8:36	7
219	SUSZ ARTUR	2284	PORANNY PATROL	KRAKÓW	POL	OPEN M	169	M 169	02:22:28	04:44:17	06:51:32.45	06:52:00.95	8:37	7
220	ORNATOWSKI DARIUSZ	2203		KRAKÓW	POL	OPEN M	170	M 170	02:22:27	04:44:12	06:51:31.60	06:52:01.15	8:37	7
221	MICHTA BARTŁOMIĘJ	2187		GDAŃSK	POL	OPEN M	171	M 171	02:30:14	04:52:14	06:51:36.05	06:52:02.05	8:37	7
222	JARECKA KATARZYNA	2083	+48533799977	WARSZAWA	POL	OPEN K	51	K 51	02:25:21	04:45:13	06:52:49.45	06:53:03.55	8:39	6.9
223	BIELKA MARCIN	2346		SOSNOWIEC	POL	OPEN M	172	M 172	02:21:26	04:49:19	06:56:16.45	06:56:24.00	8:43	6.9
224	BĘBEN MARTA	2013		WIELICZKA	POL	OPEN K	52	K 52	02:23:18	04:53:04	06:56:00.80	06:56:28.85	8:43	6.9
225	WAJDA ANDRZEJ	2313		RZESZÓW	POL	OPEN M	173	M 173	02:23:08	04:44:46	06:57:29.05	06:57:59.85	8:45	6.9
226	WITORZENC IZABELA	2330		LODZ	POL	OPEN K	53	K 53	02:19:05	04:43:17	06:58:30.80	06:58:46.30	8:46	6.8
227	SADOWSKA JUSTYNA	2260		SULEJÓWEK	POL	OPEN K	54	K 54	02:31:00	04:52:46	06:59:58.55	07:00:17.60	8:48	6.8
228	RATASZEWSKI MAREK	2249	NEW BALANCE RUN TEAM	KLAUDYN	POL	OPEN M	174	M 174	02:17:11	04:39:26	07:02:29.30	07:02:49.20	8:51	6.8
229	KARCZEWSKI MACIEJ	2095		GDAŃSK	POL	OPEN M	175	M 175	02:21:40	04:54:42	07:02:30.20	07:02:57.45	8:51	6.8
230	DYMIŃSKI PAWEŁ	2042		ROPCZYCE	POL	OPEN M	176	M 176	02:21:05	04:43:51	07:02:49.85	07:03:20.05	8:51	6.8
231	MAĆCZNIK ANDRZEJ	2179		GDAŃSK	POL	OPEN M	177	M 177	02:21:40	04:52:29	07:03:43.70	07:04:11.00	8:52	6.8
232	STOPA MARCIN	2280		BOGUCHWAŁA	POL	OPEN M	178	M 178	02:17:53	04:43:36	07:04:17.25	07:04:38.10	8:53	6.7
233	MALCZEWSKA-CHAŁADAJ KARINA	2167		SIERADZ	POL	OPEN K	55	K 55	02:36:19	04:57:03	07:05:29.70	07:05:53.20	8:55	6.7
234	MICHAŁECKI ŁUKASZ	2183	NMG	KATOWICE	POL	OPEN M	179	M 179	02:20:20	04:57:26	07:05:52.60	07:06:15.65	8:55	6.7
235	PRUCNAL PAWEŁ	2238		WARSZAWA	POL	OPEN M	180	M 180	02:33:33	03:40:19	07:06:42.90	07:07:08.90	8:56	6.7
236	HETEL ADAM	2073		BYDGOSZCZ	POL	OPEN M	181	M 181	02:33:33	04:56:35	07:06:44.85	07:07:09.15	8:56	6.7
237	SOCHA JACEK	2276		JASŁO	POL	OPEN M	182	M 182	02:30:03	04:51:38	07:06:48.55	07:07:19.55	8:56	6.7
238	PLATEK DOMINIK	2226		WROCŁAW	POL	OPEN M	183	M 183	02:16:35	04:41:26	07:07:44.40	07:08:02.55	8:58	6.7
239	PYTLEWSKI ŁUKASZ	2241		WARSZAWA	POL	OPEN M	184	M 184	02:24:24	04:44:42	07:08:06.50	07:08:31.85	8:58	6.7
240	CEGLEWSKA IZABELA	2029	ROZBISURMANIONE KARPIDŁA BIEGAJĄ	POZNAŃ	POL	OPEN K	56	K 56	02:22:25	05:00:55	07:09:18.70	07:09:32.55	9:00	6.7
241	FIGIEL NATASZA	2047	SKPG KRAKÓW	KRAKÓW	POL	OPEN K	57	K 57	02:16:12	04:46:56	07:09:14.85	07:09:45.75	8:59	6.7
242	LEPIARZ BEATA	2151	W KOBIECIE SIŁA	KRAKÓW	POL	OPEN K	58	K 58	02:26:48	05:02:14	07:11:50.60	07:12:15.10	9:03	6.6
243	GRĘBOWSKA DAGMARA	2067	W KOBIECIE SIŁA	ŁÓDŹ	POL	OPEN K	58	K 58	02:27:19	05:02:12	07:11:50.85	07:12:15.10	9:03	6.6
244	KRYJAK TOMASZ	2128		KRAKÓW	POL	OPEN M	185	M 185	02:35:18	05:03:35	07:11:46.40	07:12:17.80	9:03	6.6
245	MAŁEK KRZYSZTOF	2169		RZESZÓW	POL	OPEN M	186	M 186	02:21:07	04:54:00	07:13:11.45	07:13:35.10	9:04	6.6
246	GŁAZ MAREK	2061		STAŁOWA WOLA	POL	OPEN M	187	M 187	02:21:47	04:57:56	07:13:15.80	07:13:38.95	9:04	6.6
247	LENKIEWICZ ALEKSANDER	2150	WKURW_TEAM	WARSZAWA	POL	OPEN M	188	M 188	02:31:21	04:57:36	07:13:37.60	07:14:08.35	9:05	6.6
248	SZYMAŃSKI HENRYK	2297		WROCŁAW	POL	OPEN M	189	M 189	02:38:48	05:04:13	07:14:06.20	07:14:24.35	9:06	6.6
249	GÓRSKA YVONNE	2065		ŁOMIANKI	POL	OPEN K	60	K 60	02:37:25	05:09:47	07:14:29.70	07:14:48.45	9:06	6.6
250	SANIAK PRZEMYSŁAW	2263		LUBLIN	POL	OPEN M	190	M 190	02:32:05	05:05:45	07:16:57.55	07:17:18.20	9:09	6.5
251	STEFAŃCZYK MONIKA	2279	LES FEMMES COURANT DANS LES FORETS	KRAKÓW	POL	OPEN K	61	K 61	02:39:42	03:46:16	07:19:49.40	07:20:17.15	9:13	6.5
252	TOKARSKI JACEK	2302		LUBLIN	POL	OPEN M	191	M 191	02:30:53	05:05:32	07:28:26.35	07:28:46.65	9:24	6.4
253	CZESAK MARCIN	2036	RWM TEAM	KRAKÓW	POL	OPEN M	192	M 192	02:34:24	05:07:05	07:28:41.55	07:29:10.70	9:24	6.4
254	KARPIŃSKA KAROLINA	2098	NOWA HUTA TEAM	KRAKÓW	POL	OPEN K	62	K 62	02:36:35	05:13:39	07:29:12.15	07:29:32.80	9:25	6.4
255	SZALAJ PAWEŁ	2287	BCD RUNNING TEAM	DWORP	BEL	OPEN M	193	M 193	02:22:29	05:00:35	07:29:19.20	07:29:37.20	9:25	6.4
256	FIEDORCZUK ŁUKASZ	2046	HDD WINNICZKI	WARSZAWA	POL	OPEN M	194	M 194	02:20:26	04:58:19	07:30:32.50	07:30:50.10	9:26	6.4
257	MARKIEWICZ JAREK	2173	TRIWAWA	WARSZAWA	POL	OPEN M	195	M 195	02:38:52	05:06:30	07:31:03.40	07:31:24.40	9:27	6.3
258	DZIAMSKI MARCIN	2045	TRIWAWA	WARSZAWA	POL	OPEN M	196	M 196	02:38:52	05:07:56	07:31:03.45	07:31:24.60	9:27	6.3
259	KOWALIK KRZYSZTOF	2118		LUBLIN	POL	OPEN M	197	M 197	02:34:41	05:08:10	07:31:46.90	07:32:06.35	9:28	6.3
260	KUROWSKI MATEUSZ	2143		ZIELONKA	POL	OPEN M	198	M 198	02:20:44	05:01:04	07:31:55.00	07:32:13.65	9:28	6.3
261	KSIĄŻEK JOANNA	2129		WARSZAWA	POL	OPEN K	63	K 63	02:32:18	05:11:26	07:32:38.50	07:32:49.90	9:29	6.3
262	RAJEWSKI ROBERT	2245		ZĄBKI	POL	OPEN M	199	M 199	02:32:21	05:10:47	07:32:38.95	07:32:49.95	9:29	6.3
263	RAFAŁ MILEWSKI	2243		JOZEFOSLAW, POLEN	POL	OPEN M	200	M 200	02:33:31	05:13:02	07:33:00.85	07:33:07.80	9:29	6.3
264	TALAGA BARTOSZ	2301	MARATONKA GRAJEWO	WARSZAWA	POL	OPEN M	201	M 201	02:34:03	05:23:23	07:33:41.95	07:34:26.20	9:30	6.3
265	WOŁOWIEC KRZYSZTOF	2334	LABORATORYJNIE.PL	KIELCE	POL	OPEN M	202	M 202	02:33:04	05:15:18	07:35:08.10	07:35:25.70	9:32	6.3
266	SZUMLAŃSKA PAULINA	2295		BIADOLINY RADŁOWSKIE	POL	OPEN K	64	K 64	02:41:41	05:17:06	07:35:51.40	07:36:11.25	9:33	6.3
267	STACHAŃCZYK WOJCIECH	2277	MATNER RUNNING TEAM	WROCŁAW	POL	OPEN M	203	M 203	02:39:19	05:25:19	07:40:31.75	07:40:50.10	9:39	6.2
268	LENART RAFAŁ	2149		GRÓJEC	POL	OPEN M	204	M 204	02:39:53	05:15:42	07:41:35.45	07:41:57.40	9:40	6.2
269	LENART WIOLETA	2148		GRÓJEC	POL	OPEN K	65	K 65	02:40:01	05:15:50	07:41:34.90	07:41:57.45	9:40	6.2
270	ADAMCZYK MARCIN	2007		GOŁUSKI	POL	OPEN M	205	M 205	02:49:03	05:27:27	07:43:29.60	07:43:42.80	9:42	6.2

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
271	ADAMCZYK ANIA	2006		GOŁUSKI	POL	OPEN K	66	K 66	02:49:27	05:27:46	07:43:30.00	07:43:43.30	9:43	6.2
272	HOROWSKA KAROLINA	2316	RUNHOGS TYCHY	TYCHY	POL	OPEN K	67	K 67	02:49:46	05:28:31	07:45:18.45	07:45:40.25	9:45	6.2
273	MAGOCZY ADAM	2164		KRAKÓW	POL	OPEN M	206	M 206	02:51:06	05:31:17	07:47:54.10	07:48:21.10	9:48	6.1
274	MAGOCZY JUSTYNA	2165		KRAKÓW	POL	OPEN K	68	K 68	02:51:07	05:31:26	07:47:54.40	07:48:21.35	9:48	6.1
275	SZTĘGIERKA AGATA	2293		BIELSKO-BIAŁA	POL	OPEN K	69	K 69	02:50:23	05:38:02	07:49:16.65	07:49:44.35	9:50	6.1
276	LATAŁA WOJCIECH	2147	LEŚNE GRUBASY	KRAKÓW	POL	OPEN M	207	M 207	02:51:17	05:31:05	07:50:10.90	07:50:39.40	9:51	6.1
277	KARCZ BARTŁOMIEJ	2094		ŁÓDŹ	POL	OPEN M	208	M 208	02:44:16	05:26:11	07:53:19.05	07:53:50.95	9:55	6
278	GALESKI STANISŁAW	2057		01187	GER	OPEN M	209	M 209	02:44:18	05:26:15	08:00:03.30	08:00:35.70	10:03	6
279	VU DOA	2310	TOKENOMIC	WARSAW	POL	OPEN M	210	M 210	02:38:21	05:32:36	08:27:54.40	08:28:07.55	10:38	5.6
	HETMAŃCZYK JAKUB	2074		KATOWICE	POL	OPEN M			01:53:06	03:57:00	DNF	DNF	-	-
	OSYSZKO IZABELA	2207		KOBYLE	POL	OPEN K			DNF	DNF	DNF	DNF	-	-
	MAKÓWKA JUSTYNA	2166	LASKOWE LUDKI	KRAKÓW	POL	OPEN K			01:55:12	DNF	DNF	DNF	-	-
	JANUSZEWSKI MACIEJ	2082		SKAWINA	POL	OPEN M			01:56:34	DNF	DNF	DNF	-	-
	KARAŚ AGNIESZKA	2093	STARE BABICE BIEGAJĄ	STARE BABICE	POL	OPEN K			DNF	DNF	DNF	DNF	-	-

**ŁEMKO MARATON 48, Open K**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	KWIATKOWSKA KINGA	2001	SALCO GARMIN TEAM	RADKÓW	POL	OPEN K	1	K 1	01:47:43	03:19:29	04:35:23.25	04:35:25.85	5:46	10.4
2	MAŁECKA-LEŃ PATRYCJA	2168	STAJNIA BALONA	RZESZÓW	POL	OPEN K	2	K 2	01:45:35	03:19:40	04:42:38.35	04:42:39.85	5:55	10.1
3	KLUS ANNA	2102		RZESZÓW	POL	OPEN K	3	K 3	01:48:02	03:24:55	04:49:54.85	04:50:01.50	6:04	9.9
4	SKRZYPCZYK PAULINA	2271	TEAM FRUN / 42K PRO TEAM	TYCHY	POL	OPEN K	4	K 4	01:44:40	03:21:34	04:50:50.65	04:50:53.65	6:05	9.8
5	PAPIERZ MARTA	2213		MYŚLENICE	POL	OPEN K	5	K 5	01:49:49	03:30:56	05:06:34.00	05:06:42.35	6:25	9.3
6	KURUC MARIA	2144		ŁAPSZANKA	POL	OPEN K	6	K 6	01:52:40	03:35:21	05:09:53.25	05:10:15.80	6:29	9.2
7	GNIEWEK JUSTYNA	2063		RZESZÓW	POL	OPEN K	7	K 7	01:53:50	03:40:56	05:15:18.95	05:15:32.35	6:36	9.1
8	SMYK MAŁGORZATA	2273		GORZKÓW	POL	OPEN K	8	K 8	01:51:51	03:39:09	05:21:45.00	05:21:54.85	6:44	8.9
9	NIEMIRO DOMINIKA	2199	JAGODOWO-KALINOWY TEAM	POLICE	POL	OPEN K	9	K 9	01:58:44	03:48:00	05:22:13.70	05:22:26.45	6:45	8.9
10	MATUŁA NATALIA	2176	TRIO	OSWIECIM	POL	OPEN K	10	K 10	02:03:47	03:51:02	05:22:48.75	05:22:51.50	6:46	8.9
11	TOMECKA ALEKSANDRA	2304	LPP TEAM	KRAKÓW	POL	OPEN K	11	K 11	01:58:59	03:49:20	05:26:03.25	05:26:12.95	6:50	8.8
12	MAŃKOWSKA ANNA	2170		OLSZTYN	POL	OPEN K	12	K 12	02:01:36	03:50:14	05:26:59.25	05:27:14.40	6:51	8.8
13	FORNAL BRYGIDA	2050	#ZALINIAMIETEAM	IWLA	POL	OPEN K	13	K 13	02:00:10	03:51:00	05:31:39.95	05:31:55.90	6:57	8.6
14	ŁUCJANEK JUSTYNA	2158	KAJA TEAM	WARSAWA	POL	OPEN K	14	K 14	02:02:55	03:55:46	05:35:49.75	05:35:58.70	7:02	8.5
15	TURSKA AGNIESZKA	2307	DUDYCZ RUN	GDAŃSK	POL	OPEN K	15	K 15	02:01:09	03:54:05	05:36:39.25	05:36:42.40	7:03	8.5
16	SZAFRANIEC MONIKA	2286		KRAKÓW	POL	OPEN K	16	K 16	02:07:45	03:59:43	05:38:16.55	05:38:46.20	7:05	8.5
17	KOCHANOWSKA MICHALINA	2105	KRISS KROSS COACHING	STAWIGUDA	POL	OPEN K	17	K 17	02:08:41	04:00:44	05:44:48.10	05:45:04.75	7:13	8.3
18	SIŃCZUK PATRYCJA	2267	MIRAZ RACE TEAM	TCZEW	POL	OPEN K	18	K 18	02:05:01	04:08:12	05:47:48.00	05:47:55.70	7:17	8.2
19	BIEŃ MAGDALENA	2360		POZNAŃ	POL	OPEN K	19	K 19	02:00:40	04:01:51	05:49:10.50	05:49:14.80	7:19	8.2
20	PRZEŹDZIECKA KATARZYNA	2240	SMASHING PÄPKINS	WARSAWA	POL	OPEN K	20	K 20	02:08:12	04:10:02	05:51:38.00	05:52:01.65	7:22	8.1
21	FURTEK IWONA	2053		KRAKÓW	POL	OPEN K	21	K 21	02:01:39	04:02:56	05:54:12.20	05:54:17.95	7:25	8.1
22	JĘDRZEJCZYK AGNIESZKA	2350	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	OPEN K	22	K 22	02:11:48	04:13:59	05:56:37.20	05:56:47.75	7:28	8
23	KUŁAKOWSKA MONIKA	2136		DĄBROWA GÓRNICZA	POL	OPEN K	23	K 23	02:09:10	04:13:04	05:57:29.05	05:57:55.55	7:29	8
24	KUŚ GABRIELA	2145	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	24	K 24	02:08:37	04:11:54	05:58:56.05	05:59:12.55	7:31	8
25	KOWALCZYK ANIA	2116	AVANTURA.COM.PL	WARSAWA	POL	OPEN K	25	K 25	02:14:19	04:17:45	06:01:05.35	06:01:22.35	7:34	7.9
26	WNUK-SCARDACCIONE AGNIESZKA	2332	ZNOWU W BIEGU	KRAKOW	POL	OPEN K	26	K 26	02:09:17	04:13:15	06:01:10.45	06:01:31.05	7:34	7.9
27	GRADKOWSKA GOSIA	2066		BRWINÓW	POL	OPEN K	27	K 27	02:03:57	04:11:16	06:06:17.90	06:06:42.90	7:40	7.8
28	ZIÓŁKOWSKA-WNUK MONIKA	2345		ŁAZY	POL	OPEN K	28	K 28	02:11:56	04:18:40	06:07:38.40	06:08:00.95	7:42	7.8
29	PAKULSKA DOROTA	2208		SUCHY LAS	POL	OPEN K	29	K 29	02:20:02	04:24:19	06:08:50.00	06:09:02.10	7:43	7.8
30	JĘDRZEJCZAK ANNA	2086	KB MCKIS JAWORZNO	JAWORZNO	POL	OPEN K	30	K 30	02:15:12	04:20:23	06:13:38.50	06:13:55.35	7:49	7.7
31	SARNOWSKA KAROLINA	2264	PRORUNNING PROMOTION	WARSAWA	POL	OPEN K	31	K 31	02:11:40	04:28:46	06:13:58.00	06:14:08.55	7:50	7.7
32	MORDAS MAGDALENA	2195	KW WARSAWA	WARSAWA	POL	OPEN K	32	K 32	02:09:32	04:17:59	06:14:35.00	06:14:43.65	7:51	7.6
33	MATUKIN-SZUMLIŃSKA ALEKSANDRA	2175		KRAKÓW	POL	OPEN K	33	K 33	02:16:47	04:21:22	06:14:45.45	06:14:58.95	7:51	7.6
34	WALCZAK AGNIESZKA	2315	OLKUSZBIEGA	BOLESŁAW	POL	OPEN K	34	K 34	02:20:20	04:30:00	06:19:08.20	06:19:38.00	7:56	7.5

## ŁEMKO MARATON 48, Open K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
35	GAC KAROLINA	2056		ZAKLICZYN	POL	OPEN K	35	K 35	02:18:00	04:23:36	06:19:14.50	06:19:48.35	7:57	7.5
36	WITKOWSKA BEATA	2328	#KASZANIENAMOKA	GDAŃSK	POL	OPEN K	36	K 36	02:29:57	04:40:24	06:23:39.20	06:23:54.95	8:02	7.5
37	SZULC EDYTA	2294	ADIDAS RUNNERS	WARSZAWA	POL	OPEN K	37	K 37	02:13:52	04:26:50	06:24:42.50	06:25:07.30	8:03	7.4
38	PAWLIK ŚLĄWSKA JADWIGA	2215	POSMAKUJ RUN TEAM	JASŁO	POL	OPEN K	38	K 38	02:22:00	04:31:17	06:25:21.10	06:25:49.55	8:04	7.4
39	MICHALSKA BOGNA	2185		GLIWICE	POL	OPEN K	39	K 39	02:21:50	04:32:30	06:27:01.05	06:27:14.35	8:06	7.4
40	JEMIOŁA PAULINA	2084	POMUSZ	CZUDEC	POL	OPEN K	40	K 40	02:22:01	04:30:58	06:27:36.10	06:27:58.00	8:07	7.4
41	GABRYEL ANNA	2055		TUCZNO	POL	OPEN K	41	K 41	02:13:34	04:32:52	06:34:07.80	06:34:16.15	8:15	7.3
42	WĘGRZYNEK MIRKA	2322		WARSZAWA	POL	OPEN K	42	K 42	02:25:17	04:36:16	06:36:02.60	06:36:17.55	8:18	7.2
43	JANOWSKA ULA	2081		GRUDZIĄDZ	POL	OPEN K	43	K 43	02:23:17	04:40:01	06:36:09.45	06:36:36.20	8:18	7.2
44	ŚLIWA JUSTYNA	2300		KRAKÓW	POL	OPEN K	44	K 44	02:19:13	04:39:55	06:42:46.40	06:43:13.95	8:26	7.1
45	KURBIEL SYLWIA	2140	BIEGAMBOLUBIĘ	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	45	K 45	02:22:55	04:46:41	06:43:10.25	06:43:27.40	8:27	7.1
46	RUPIK MARIA	2257		WROCŁAW	POL	OPEN K	46	K 46	02:12:20	04:22:56	06:43:29.05	06:43:43.90	8:27	7.1
47	PLUCIENNICZAK BARBARA	2229		LATCHORZEW	POL	OPEN K	47	K 47	02:27:33	04:42:49	06:44:36.00	06:44:39.70	8:28	7.1
48	KŁOPOTEK NINA	2103	EXTREME FAMILY	BARTKÓWO	POL	OPEN K	48	K 48	02:27:55	04:48:09	06:45:48.00	06:46:12.00	8:30	7.1
49	KULIŃSKA JUSTYNA	2135		KAMIEŃ POMORSKI	POL	OPEN K	49	K 49	02:18:19	04:41:08	06:47:02.10	06:47:19.35	8:31	7
50	REŃKOSIEWICZ-TOKARZ MONIKA	2251	GLOGOVIA GŁOGÓW MAŁOPOLSKI	GŁOGÓW MAŁOPOLSKI	POL	OPEN K	50	K 50	02:30:34	04:50:55	06:50:36.55	06:51:05.70	8:36	7
51	JARECKA KATARZYNA	2083	+48533799977	WARSZAWA	POL	OPEN K	51	K 51	02:25:21	04:45:13	06:52:49.45	06:53:03.55	8:39	6.9
52	BĘBEN MARTA	2013		WIELICZKA	POL	OPEN K	52	K 52	02:23:18	04:53:04	06:56:00.80	06:56:28.85	8:43	6.9
53	WITORZENC IZABELA	2330		LODZ	POL	OPEN K	53	K 53	02:19:05	04:43:17	06:58:30.80	06:58:46.30	8:46	6.8
54	SADOWSKA JUSTYNA	2260		SULEJÓWEK	POL	OPEN K	54	K 54	02:31:00	04:52:46	06:59:58.55	07:00:17.60	8:48	6.8
55	MALCZEWSKA-CHAŁADAJ KARINA	2167		SIERADZ	POL	OPEN K	55	K 55	02:36:19	04:57:03	07:05:29.70	07:05:53.20	8:55	6.7
56	CEGLEWSKA IZABELA	2029	ROZBISURMANIONE KARPIDŁA BIEGAJĄ	POZNAŃ	POL	OPEN K	56	K 56	02:22:25	05:00:55	07:09:18.70	07:09:32.55	9:00	6.7
57	FIGIEL NATASZA	2047	SKPG KRAKÓW	KRAKÓW	POL	OPEN K	57	K 57	02:16:12	04:46:56	07:09:14.85	07:09:45.75	8:59	6.7
58	GRĘBOWSKA DAGMARA	2067	W KOBIECIE SIŁA	ŁÓDŹ	POL	OPEN K	58	K 58	02:27:19	05:02:12	07:11:50.85	07:12:15.10	9:03	6.6
59	LEPIARZ BEATA	2151	W KOBIECIE SIŁA	KRAKÓW	POL	OPEN K	58	K 58	02:26:48	05:02:14	07:11:50.60	07:12:15.10	9:03	6.6
60	GÓRSKA YVONNE	2065		ŁOMIANKI	POL	OPEN K	60	K 60	02:37:25	05:09:47	07:14:29.70	07:14:48.45	9:06	6.6
61	STEFAŃCZYK MONIKA	2279	LES FEMMES COURANT DANS LES FORETS	KRAKÓW	POL	OPEN K	61	K 61	02:39:42	03:46:16	07:19:49.40	07:20:17.15	9:13	6.5
62	KARPIŃSKA KAROLINA	2098	NOWA HUTA TEAM	KRAKÓW	POL	OPEN K	62	K 62	02:36:35	05:13:39	07:29:12.15	07:29:32.80	9:25	6.4
63	KSIĄŻEK JOANNA	2129		WARSZAWA	POL	OPEN K	63	K 63	02:32:18	05:11:26	07:32:38.50	07:32:49.90	9:29	6.3
64	SZUMLAŃSKA PAULINA	2295		BIADOLINY RADŁOWSKIE	POL	OPEN K	64	K 64	02:41:41	05:17:06	07:35:51.40	07:36:11.25	9:33	6.3
65	LENART WIOLETA	2148		GRÓJEC	POL	OPEN K	65	K 65	02:40:01	05:15:50	07:41:34.90	07:41:57.45	9:40	6.2
66	ADAMCZYK ANIA	2006		GOŁUSKI	POL	OPEN K	66	K 66	02:49:27	05:27:46	07:43:30.00	07:43:43.30	9:43	6.2
67	HOROWSKA KAROLINA	2316	RUNHOGS TYCHY	TYCHY	POL	OPEN K	67	K 67	02:49:46	05:28:31	07:45:18.45	07:45:40.25	9:45	6.2
68	MAGOCZY JUSTYNA	2165		KRAKÓW	POL	OPEN K	68	K 68	02:51:07	05:31:26	07:47:54.40	07:48:21.35	9:48	6.1
69	SZTĘGIERKA AGATA	2293		BIELSKO-BIAŁA	POL	OPEN K	69	K 69	02:50:23	05:38:02	07:49:16.65	07:49:44.35	9:50	6.1
	OSYSZKO IZABELA	2207		KOBYLE	POL	OPEN K			02:10:56	04:12:21	DNF	DNF	-	-
	MAKÓWKA JUSTYNA	2166	LASKOWE LUDKI	KRAKÓW	POL	OPEN K			01:55:12	DNF	DNF	DNF	-	-
	KARAŚ AGNIESZKA	2093	STARE BABICE BIEGAJĄ	STARE BABICE	POL	OPEN K			DNF	DNF	DNF	DNF	-	-

## ŁEMKO MARATON 48, Open M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	WILK MACIEJ	2326	RAMBO 3	BYTOM	POL	OPEN M	1	M 1	01:25:25	02:41:34	03:56:01.50	03:56:03.50	4:56	12.1
2	SZKOŁA WOJCIECH	2290	NATURAL BORN RUNNERS	POZNAŃ	POL	OPEN M	2	M 2	01:31:31	02:50:07	04:06:55.05	04:06:57.85	5:10	11.6
3	MAZAN PIOTR	2004	FINISZ RYMAŃÓW	KROSNO	POL	OPEN M	3	M 3	01:32:07	02:54:09	04:08:49.90	04:08:51.65	5:12	11.5
4	WASIEWICZ ADAM	2320	NIE MÓJ CYRK, NIE MOJE MAŁPY	WARSZAWA	POL	OPEN M	4	M 4	01:37:47	02:58:16	04:14:02.85	04:14:08.15	5:19	11.3
5	MATUSIAK DANIEL	2177		KRZYWIEC	POL	OPEN M	5	M 5	01:34:28	02:58:23	04:15:58.95	04:16:01.65	5:21	11.2
6	ZDUNEK MICHAŁ	2343	GMINA FRAMPOL	FRAMPOL	POL	OPEN M	6	M 6	01:32:01	02:55:07	04:18:43.05	04:18:45.30	5:25	11.1
7	KWIATKOWSKI MICHAEL	2146	LACHO TEAM	KRAKÓW	POL	OPEN M	7	M 7	01:32:42	03:00:52	04:22:02.25	04:22:03.90	5:29	10.9
8	HORZELA BŁAŻEJ	2078		CHORZÓW	POL	OPEN M	8	M 8	01:31:48	02:54:30	04:24:10.20	04:24:12.25	5:32	10.8
9	BÁLINT MARTIN	2008		POPRAD	SVK	OPEN M	9	M 9	01:36:43	03:05:34	04:31:17.00	04:31:19.80	5:41	10.5
10	KRYGIER KRZYSZTOF	2127	SPIESZSIEPOWOLI.PL	WARSZAWA	POL	OPEN M	10	M 10	01:29:03	02:53:03	04:32:10.80	04:32:12.90	5:42	10.5

**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
11	SZCZUREK MICHAŁ	2288		BYTOM	POL	OPEN M	11	M 11	01:36:14	03:03:47	04:32:26.65	04:32:37.65	5:42	10.5
12	WILK ANTONI	2325		KROSNO	POL	OPEN M	12	M 12	01:38:23	03:07:19	04:33:10.30	04:33:13.00	5:43	10.5
13	RUSIN KRZYSZTOF	2258		JUSZCZYN	POL	OPEN M	13	M 13	01:37:07	03:09:37	04:34:48.20	04:34:55.50	5:45	10.4
14	FLOREK SEBASTIAN	2002		GABOŃ	POL	OPEN M	14	M 14	01:40:08	03:10:29	04:35:38.00	04:35:42.90	5:46	10.4
15	SNARSKI BOGDAN	2275	DREAM RUN	WARSZAWA	POL	OPEN M	15	M 15	01:42:37	03:11:56	04:36:04.70	04:36:08.00	5:47	10.4
16	CHOJNACKI WIKTOR	2030	KAMIEŃ DWERNIK TRAIL	DWERNIK	POL	OPEN M	16	M 16	01:39:23	03:12:48	04:36:24.15	04:36:27.40	5:47	10.4
17	PIETRZYK MARIUSZ	2221		KRAKÓW	POL	OPEN M	17	M 17	01:42:20	03:12:42	04:40:18.90	04:40:26.65	5:52	10.2
18	TOPOLSKI MARCIN	2305	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADOWNIKI	POL	OPEN M	18	M 18	01:46:50	03:18:42	04:43:42.25	04:43:47.00	5:56	10.1
19	OLENDER MARCIN	2202		OLSZTYN	POL	OPEN M	19	M 19	01:44:37	03:15:42	04:44:04.50	04:44:08.15	5:57	10.1
20	WALASIK JAROSŁAW	2314		JAWORZNO	POL	OPEN M	20	M 20	01:46:39	03:21:14	04:49:13.30	04:49:18.90	6:03	9.9
21	GASPAROVIC FILIP	2058	LIPT KOKAVA	LIPTOVSKA KOKAVA	SVK	OPEN M	21	M 21	01:43:10	03:19:32	04:51:25.10	04:51:29.35	6:06	9.8
22	DOMINIAK MICHAŁ	2040	LKS OLYMP BŁONIE	OŻARÓW MAZ	POL	OPEN M	22	M 22	01:44:28	03:23:18	04:54:27.05	04:54:36.75	6:10	9.7
23	SZELC MIKOŁAJ	2289	ORT ŁOMIANKI	ŁOMIANKI	POL	OPEN M	23	M 23	01:46:58	03:24:46	04:56:15.25	04:56:34.65	6:12	9.7
24	RÓŻAŃSKI MATEUSZ	2253		KATOWICE	POL	OPEN M	24	M 24	01:47:23	03:25:18	05:01:12.35	05:01:19.70	6:18	9.5
25	GŁÓD ŁUKASZ	2062	MTB MOSIR DUKLA	KRAKÓW	POL	OPEN M	25	M 25	01:44:25	03:24:47	05:03:16.75	05:03:27.75	6:21	9.4
26	PIWOWAR DAWID	2223		KROSNO	POL	OPEN M	26	M 26	01:49:52	03:29:57	05:03:53.45	05:03:57.05	6:22	9.4
27	WITEK BOGDAN	2327	WATER TEAM	BARYCZKA	POL	OPEN M	27	M 27	01:46:33	03:28:13	05:04:14.75	05:04:18.65	6:22	9.4
28	WYSZYŃSKI ROMAN	2337		KATOWICE	POL	OPEN M	28	M 28	01:49:31	03:27:45	05:04:02.90	05:04:26.50	6:22	9.4
29	MĘDRYKOWSKI DAMIAN	2181		SANDOMIERZ	POL	OPEN M	29	M 29	01:52:50	03:34:48	05:04:59.35	05:05:03.50	6:23	9.4
30	BRZUSKA LESŁAW	2026		ŁÓDŹ	POL	OPEN M	30	M 30	01:48:45	03:33:33	05:05:54.90	05:05:59.85	6:24	9.4
31	KURASZ PIOTR	2138	47	KRAKÓW	POL	OPEN M	31	M 31	01:45:40	03:26:19	05:06:20.45	05:06:27.20	6:25	9.3
32	BLUMENFELD JACEK	2019		ŁÓDŹ	POL	OPEN M	32	M 32	01:44:16	03:22:02	05:06:36.15	05:06:49.75	6:25	9.3
33	KOŁODZIEJSKI MICHAŁ	2109	LIPIEC RUNNING TEAM	WARSZAWA	POL	OPEN M	33	M 33	01:49:51	03:32:11	05:06:44.65	05:06:51.50	6:25	9.3
34	MORAWSKI BARTOSZ	2194	STARE BABICE BIEGAJĄ	WARSZAWA	POL	OPEN M	34	M 34	01:57:47	03:39:44	05:08:18.00	05:08:27.30	6:27	9.3
35	NIESZPOREK ADAM	2348	INTO THE WILD	SZCZECIN	POL	OPEN M	35	M 35	01:48:39	03:32:09	05:09:13.90	05:09:18.70	6:28	9.3
36	SMYK ŁUKASZ	2272		GORKÓW	POL	OPEN M	36	M 36	01:46:45	03:27:30	05:09:23.45	05:09:33.35	6:29	9.3
37	SKOTNICZNY MICHAŁ	2270		KRAKÓW	POL	OPEN M	37	M 37	01:53:08	03:34:26	05:10:00.30	05:10:15.70	6:29	9.2
38	KOPCZYŃSKI PAWEŁ	2111		WIERZBICZANY	POL	OPEN M	38	M 38	02:02:37	03:43:25	05:10:28.50	05:11:01.70	6:30	9.2
39	PRUTA RAFAŁ	2239	FATBOYS SPRINT	WARSZAWA	POL	OPEN M	39	M 39	01:54:07	03:38:28	05:11:58.30	05:12:08.85	6:32	9.2
40	MAGDA ŁUKASZ	2163	3 XL	GUZÓW	POL	OPEN M	40	M 40	01:52:52	03:35:30	05:13:53.45	05:13:59.30	6:34	9.1
41	KOLIMAGA KAMIL	2107	ICEKURP #MORSY ŁYSE	ŁYSE	POL	OPEN M	41	M 41	01:53:32	03:39:50	05:14:46.95	05:15:01.15	6:35	9.1
42	ODOLAK PIOTR	2201	STANWEX II	SULEJÓWEK	POL	OPEN M	42	M 42	01:52:51	03:37:11	05:14:38.05	05:15:04.35	6:35	9.1
43	FILIPIUK TOMASZ	2049	POWIAT ŚWIDNICKI	ŚWIDNIK	POL	OPEN M	43	M 43	01:53:13	03:40:16	05:14:52.40	05:15:11.95	6:36	9.1
44	URMANOWSKI DANIEL	2309	DREAM RUN	WARSZAWA	POL	OPEN M	44	M 44	01:42:28	03:29:26	05:15:16.40	05:15:20.10	6:36	9.1
45	SWIANIEWICZ STANISŁAW	2285		CHOTOMÓW	POL	OPEN M	45	M 45	01:47:01	03:35:14	05:16:23.80	05:16:34.40	6:37	9
46	ZAJĄC MATEUSZ	2339		GLIWICE	POL	OPEN M	46	M 46	01:50:05	03:38:21	05:16:42.70	05:16:54.70	6:38	9
47	ZIELIŃSKI MATEUSZ	2344		KRAKÓW	POL	OPEN M	47	M 47	01:52:43	03:36:55	05:17:31.80	05:17:43.30	6:39	9
48	BARCIKOWSKI JĘDRZEJ	2010	S.S.O.C.	WARSZAWA	POL	OPEN M	48	M 48	01:54:00	03:41:04	05:17:48.60	05:18:01.75	6:39	9
49	KURASZKIEWICZ ROBERT	2139		ROPczyce	POL	OPEN M	49	M 49	01:50:20	03:37:53	05:18:08.85	05:18:12.75	6:40	9
50	PEONKA RAFAŁ	2228	RUNNERSTOGETHER	KORCZYNA	POL	OPEN M	50	M 50	01:51:10		05:18:48.80	05:18:52.20	6:41	9
51	PIECZONKA PAWEŁ	2219	PIĘKNE I BRODACZE	RZESZÓW	POL	OPEN M	51	M 51	01:53:21		05:19:18.25	05:19:37.20	6:41	9
52	BIERNAT MATEUSZ	2017		KATOWICE	POL	OPEN M	52	M 52	02:03:37	03:49:50	05:22:40.10	05:22:57.40	6:45	8.9
53	KACZMAREK TOMASZ	2090		ŚWIĘTOCHŁOWICE	POL	OPEN M	53	M 53	01:58:59	03:47:12	05:22:52.40	05:23:12.90	6:46	8.9
54	KOZŁOWSKI MICHAŁ	2122	MATNER RUNNING TEAM	KATOWICE	POL	OPEN M	54	M 54	01:51:40	03:41:43	05:23:11.30	05:23:15.50	6:46	8.9
55	CZEMERYS PIOTR	2035	RUCH IZBICA	SIENNICA NADOLNA	POL	OPEN M	55	M 55	01:49:35	03:39:05	05:23:55.40	05:24:05.40	6:47	8.8
56	NIEMCZYK DOMINIK	2198	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	OPEN M	56	M 56	02:01:19	03:50:53	05:24:58.65	05:25:14.25	6:48	8.8
57	BANIAK ERYK	2009		WIELICZKA	POL	OPEN M	57	M 57	01:52:27	03:45:25	05:27:09.55	05:27:12.35	6:51	8.7
58	KRAWCZYK DARIUSZ	2124		PORAŻ	POL	OPEN M	58	M 58	01:53:11	03:44:28	05:27:48.55	05:28:17.40	6:52	8.7
59	PLAZA PIOTR	2227		KROSNO	POL	OPEN M	59	M 59	02:00:13	03:51:08	05:29:02.95	05:29:14.75	6:53	8.7
60	LIPiŃSKI OSKAR	2154		WARSZAWA	POL	OPEN M	60	M 60	01:55:18	03:44:50	05:29:23.35	05:29:48.95	6:54	8.7
61	SIKORA JACEK	2266	SAMOTNY WILK	CZUDEc	POL	OPEN M	61	M 61	01:59:20	03:51:04	05:30:23.40	05:30:30.90	6:55	8.7
62	KOCIK MARCIN	2106	FATBOYS SPRINT	WILKszYN	POL	OPEN M	62	M 62	01:54:57	03:45:13	05:32:19.10	05:32:29.45	6:58	8.6
63	PAŁYSA ROBERT	2211	STANWEX II	JÓZEFÓW	POL	OPEN M	63	M 63	01:52:42	03:47:12	05:32:23.25	05:32:50.65	6:58	8.6
64	KACPErSKI OLAF	2089		WARSZAWA	POL	OPEN M	64	M 64	01:58:51	03:50:32	05:33:43.50	05:33:48.40	6:59	8.6
65	SAJDA IGOR	2262	MELVIT RUN	WARSZAWA	POL	OPEN M	65	M 65	01:54:09	03:46:28	05:34:00.90	05:34:06.75	7:00	8.6
66	MUNIAK KAMIL	2197		KRAKÓW	POL	OPEN M	66	M 66	02:00:13	03:53:51	05:33:55.80	05:34:11.20	7:00	8.6



**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
67	WOŹNIAK ARTUR	2335		TYCHY	POL	OPEN M	67	M 67	01:57:16	03:48:02	05:34:01.80	05:34:20.10	7:00	8.6
68	PISZCZEK JAKUB	2222		WARSZAWA	POL	OPEN M	68	M 68	01:49:22	03:47:40	05:34:41.05	05:34:52.25	7:00	8.6
69	POPLAWSKI PIOTR	2235	PGB SPORTOWA PACZKA	ŁOSICE	POL	OPEN M	69	M 69	02:06:40		05:34:37.40	05:34:58.65	7:00	8.6
70	KAMIŃSKI ARTUR	2092	PERSONALTRIATHLON.PL	OLSZTYN	POL	OPEN M	70	M 70	02:04:55	04:00:39	05:35:19.45	05:35:45.85	7:01	8.5
71	MIERZWICKI KRZYSZTOF	2189		WARSZAWA	POL	OPEN M	71	M 71	01:53:17	03:44:15	05:36:54.40	05:36:56.65	7:03	8.5
72	CZELEJ RAFAŁ	2034	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	OPEN M	72	M 72	02:00:10	03:52:50	05:37:21.20	05:37:42.00	7:04	8.5
73	MARUT ARTUR	2174	FITNESS FREAKS	STALOWA WOLA	POL	OPEN M	73	M 73	01:58:26	03:49:51	05:37:28.95	05:37:57.90	7:04	8.5
74	MACHAJ WOJCIECH	2161	PGB SPORTOWA PACZKA	LUBARTÓW	POL	OPEN M	74	M 74	02:03:30	03:57:28	05:37:57.80	05:38:07.70	7:05	8.5
75	WADZIŃSKI KAMIL	2311	SOLIN TEAM	WARSZAWA	POL	OPEN M	75	M 75	01:55:16	03:50:18	05:39:26.85	05:39:34.15	7:06	8.4
76	GRYMULSKI ŁUKASZ	2069	TRIATHLON LUBLIN TEAM	LUBLIN	POL	OPEN M	76	M 76	01:59:18	03:50:04	05:39:40.80	05:40:11.00	7:07	8.4
77	RATAJ TOMASZ	2247		LUSÓWKO	POL	OPEN M	77	M 77	02:01:18	04:00:14	05:41:43.80	05:42:09.85	7:09	8.4
78	ZBORALSKI MICHAŁ	2342		POZNAŃ	POL	OPEN M	78	M 78	02:01:22	04:02:10	05:42:04.85	05:42:30.90	7:10	8.4
79	RYBKA SŁAWEK	2259	PĘDZĄCE ŚLIMAKI	DĘBICA	POL	OPEN M	79	M 79	01:58:11	03:54:39	05:42:23.85	05:42:47.25	7:10	8.4
80	KUREK MARIUSZ	2142	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN M	80	M 80	01:58:17	03:54:50	05:42:24.40	05:42:47.45	7:10	8.4
81	KRUKOWSKI ŁUKASZ	2126	MKS SIECHNICE	GROBLICE	POL	OPEN M	81	M 81	02:00:04	03:56:18	05:42:58.05	05:43:06.10	7:11	8.3
82	SUDOMIR PAWEŁ	2282		WARSZAWA	POL	OPEN M	82	M 82	01:54:51	03:50:18	05:43:57.25	05:44:02.50	7:12	8.3
83	PAŁUBSKI ANDRZEJ	2209		CZAJOWICE	POL	OPEN M	83	M 83	02:02:52	04:00:11	05:44:22.35	05:44:37.45	7:13	8.3
84	SZYMANIAK EMIL	2296		KRAKÓW	POL	OPEN M	84	M 84	02:04:08	04:05:41	05:44:46.35	05:44:50.35	7:13	8.3
85	DOMAZET RAFAEL	2039	#ZPOGARDADLAMIERCY	WARSZAWA	POL	OPEN M	85	M 85	03:32:38	04:03:38	05:45:19.70	05:45:52.00	7:14	8.3
86	BUCHAŁA BARTEK	2027		ZABRZE	POL	OPEN M	86	M 86	02:04:49	04:02:45	05:46:35.60	05:47:08.40	7:15	8.3
87	JĘCZKOWSKI DARIUSZ	2085		RYMANÓW	POL	OPEN M	87	M 87	02:01:40	03:57:26	05:46:59.35	05:47:18.75	7:16	8.2
88	ZAJĄCZKOWSKI PAWEŁ	2340	POWER TRAINING	WARSZAWA	POL	OPEN M	88	M 88	01:59:53	04:03:21	05:47:26.95	05:47:31.10	7:17	8.2
89	KULER BARTOSZ	2134	PGB SPORTOWA PACZKA	KRAKÓW	POL	OPEN M	89	M 89	02:00:18	03:56:29	05:48:18.40	05:48:39.60	7:18	8.2
90	KUCHARSKI PAWEŁ	2131	PLANETA NISKO	NISKO	POL	OPEN M	90	M 90	02:10:20	04:08:12	05:48:48.60	05:49:18.70	7:18	8.2
91	RUDNIK SŁAWOMIR	2255		BIAŁYSTOK	POL	OPEN M	91	M 91	02:09:03	04:05:08	05:50:28.00	05:50:44.85	7:20	8.2
92	WYPIJEWSKI IGOR	2336		SZCZECIN	POL	OPEN M	92	M 92	02:05:06	04:03:42	05:51:53.70	05:52:06.30	7:22	8.1
93	JACHYMSKI IGNACY	2080	AKG ŁÓDŹ	ŁÓDŹ	POL	OPEN M	93	M 93	02:03:31	04:06:24	05:52:31.10	05:52:38.85	7:23	8.1
94	FIGIEL BARTOSZ	2048		DĄBROWA GÓRNICZA	POL	OPEN M	94	M 94	01:58:38	04:02:54	05:52:24.45	05:52:44.40	7:23	8.1
95	MICHNIEWICZ ADRIAN	2186	SK MALINOVO	MALINOVO	SVK	OPEN M	95	M 95	02:03:13	04:03:26	05:52:44.60	05:53:01.30	7:23	8.1
96	WALKOWIAK MATEUSZ	2317	BRONOWICE TEŻ BIEGAJĄ	GARZYN	POL	OPEN M	96	M 96	01:57:06	03:57:13	05:54:23.55	05:54:37.10	7:25	8.1
97	KOZIOŁ KRZYSZTOF	2120		WARSZAWA	POL	OPEN M	97	M 97	02:02:45	04:05:26	05:54:17.35	05:54:42.00	7:25	8.1
98	LEŚNIAK MARCIN	2152	STANWEX II	SULEJÓWEK	POL	OPEN M	98	M 98	02:04:24	04:07:33	05:54:56.00	05:55:18.50	7:26	8.1
99	MĘKARSKI SŁAWOMIR	2182	WANDA PANFIL TEAM	TOMASZÓW MAZOWIECKI	POL	OPEN M	99	M 99	02:08:05	04:09:02	05:55:00.40	05:55:20.30	7:26	8.1
100	HOŁÓWKA SŁAWOMIR	2076		KRAKÓW	POL	OPEN M	100	M 100	02:01:44	04:05:13	05:55:48.05	05:55:54.35	7:27	8
101	SKONECZNY ARTUR	2269		TOMASZÓW MAZOWIECKI	POL	OPEN M	101	M 101	02:09:05	04:08:14	05:55:58.80	05:56:11.80	7:27	8
102	SIDDONS JONATHAN	2265		KONSTANCJA-JEZIORNA	POL	OPEN M	102	M 102	02:09:41	04:10:19	05:56:09.10	05:56:36.75	7:27	8
103	PIELECHA RAFAŁ	2220	FITNESS FREAKS	ZACZERNIE	POL	OPEN M	103	M 103	02:07:52	04:05:00	05:57:48.60	05:58:17.60	7:30	8
104	POGODA KAMIL	2232	ACCENTURE RUNNERS CLUB	ŁÓDŹ	POL	OPEN M	104	M 104	02:09:15	04:12:12	05:58:04.35	05:58:21.20	7:30	8
105	JONCZYK ERWIN	2087	STANWEX II	SULEJÓWEK	POL	OPEN M	105	M 105	02:15:08	04:14:10	05:59:34.00	06:00:00.60	7:32	8
106	ŁUSZCZ PAWEŁ	2160	GAMONIUSZE	DĘBICA	POL	OPEN M	106	M 106	02:08:09	04:17:21	06:02:08.60	06:02:30.25	7:35	7.9
107	NOWAK KRZYSZTOF	2200		WARSZAWA	POL	OPEN M	107	M 107	02:06:44	04:11:21	06:03:36.55	06:03:48.05	7:37	7.9
108	ŁUKASIK MAREK	2159		WARSZAWA	POL	OPEN M	108	M 108	02:12:10	04:18:21	06:04:12.95	06:04:25.95	7:38	7.9
109	CZAJ ARTUR	2033		DĄBROWA GÓRNICZA	POL	OPEN M	109	M 109	02:09:21	04:17:27	06:04:49.60	06:05:18.70	7:38	7.8
110	DYREK ADAM	2044		SKAWINA	POL	OPEN M	110	M 110	01:57:49	03:59:31	06:05:58.55	06:06:15.55	7:40	7.8
111	WIERZBICKI DANIEL WIERZBICKI	2324	TERESIN TEAM	TERESIN	POL	OPEN M	111	M 111	02:10:12	04:15:28	06:06:38.70	06:07:08.80	7:41	7.8
112	BARC PIOTR	2011	PLANETA NISKO	WOLINA	POL	OPEN M	112	M 112	02:10:18	04:12:21	06:06:51.15	06:07:21.65	7:41	7.8
113	WNUK TOMASZ	2331	BREMBO	ŁĄZY	POL	OPEN M	113	M 113	02:11:56	04:18:59	06:07:38.05	06:08:01.10	7:42	7.8
114	RAJCZONEK RAFAŁ	2244	NO FUTURE	WARSZAWA	POL	OPEN M	114	M 114	02:10:51	04:17:55	06:08:36.15	06:08:53.45	7:43	7.8
115	PAWŁOWSKI PAWEŁ	2216		KRAKÓW	POL	OPEN M	115	M 115	02:07:38	04:16:51	06:08:44.95	06:09:08.85	7:43	7.8
116	MIELNIK MICHAŁ	2188	MAXSTONE	KROSNO	POL	OPEN M	116	M 116	01:56:59	04:07:30	06:09:54.85	06:10:02.10	7:45	7.7
117	ORZECZOWSKI TOMASZ	2204	BIEGAMBOLUBIĘ	ŁANCUT	POL	OPEN M	117	M 117	02:13:57	04:23:01	06:11:40.55	06:11:58.45	7:47	7.7
118	KUDRYCKI JAKUB	2132		BILCZA	POL	OPEN M	118	M 118	02:04:48	04:16:36	06:12:08.90	06:12:25.20	7:48	7.7
119	BODZIAKOWSKI BARTOSZ	2023	LKS MAKÓW	MARKI	POL	OPEN M	119	M 119	02:16:44	04:17:07	06:12:12.50	06:12:34.70	7:48	7.7
120	WANTUCH TOMASZ	2319	TRNW	WARSZAWA	POL	OPEN M	120	M 120	02:16:43	04:17:11	06:12:17.30	06:12:38.90	7:48	7.7
121	KARDASZEWSKI TOMASZ	2096		WARSZAWA	POL	OPEN M	121	M 121	02:09:53	04:17:29	06:12:56.55	06:13:06.50	7:49	7.7
122	GIEL JAROSŁAW	2060	NKB CHYŻY	NOWY TOMYŚL	POL	OPEN M	122	M 122	02:09:18	04:19:20	06:13:11.95	06:13:18.35	7:49	7.7
123	MIKSA SŁAWOMIR	2190		ŁÓDŹ	POL	OPEN M	123	M 123	02:14:13	04:23:51	06:13:24.50	06:13:49.40	7:49	7.7

**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
124	MACHALSKI MATEUSZ	2162	ASP WARSZAWA	WARSAW	POL	OPEN M	124	M 124	02:08:36	04:16:51	06:13:23.00	06:13:55.65	7:49	7.7
125	STYRNA BARTOSZ	2281		KRAKÓW	POL	OPEN M	125	M 125	02:03:39	04:13:52	06:14:58.45	06:15:03.15	7:51	7.6
126	SMYKA MICHAŁ	2274		CIECIERZYN	POL	OPEN M	126	M 126	02:14:25	04:20:06	06:15:13.95	06:15:39.00	7:51	7.6
127	WITKOWSKI ROBERT	2329		GDAŃSK	POL	OPEN M	127	M 127	02:17:36	04:30:40	06:17:24.15	06:17:42.60	7:54	7.6
128	POLAK ANDRZEJ	2233		KRAKÓW	POL	OPEN M	128	M 128	02:09:35	04:24:27	06:17:52.85	06:18:18.35	7:55	7.6
129	TOMCZYK GRZEGORZ	2303	PALARNIA KAWY GREGORIO	STRZYŻÓW	POL	OPEN M	129	M 129	02:17:57	04:25:19	06:18:50.85	06:19:05.65	7:56	7.6
130	KAWKA MICHAŁ	2099		ZAKLICZYN	POL	OPEN M	130	M 130	02:15:54	04:24:15	06:19:15.05	06:19:48.35	7:57	7.5
131	PYSZYŃSKI MARIUSZ	2347		WARSZAWA	POL	OPEN M	131	M 131	02:01:27	04:10:55	06:20:19.90	06:20:31.15	7:58	7.5
132	FRAŃSKI ŁUKASZ	2051	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	OPEN M	132	M 132	02:07:08	04:21:18	06:20:33.70	06:20:38.80	7:58	7.5
133	BRONOWICKI RYSZARD	2025	NKB CHYŻY NOWY TOMYŚL	STARY TOMYŚL	POL	OPEN M	133	M 133	02:16:04	04:28:23	06:21:40.60	06:21:47.00	8:00	7.5
134	BAŚ TOMASZ	2012	PZU SPORT TEAM/STOKOWCZYKI TEAM	KRAKÓW	POL	OPEN M	134	M 134	02:19:12	04:29:42	06:22:33.55	06:22:39.75	8:01	7.5
135	PLUTA SYLWESTER	2225	BRAK	WARSZAWA	POL	OPEN M	135	M 135	02:14:03	04:29:57	06:22:33.80	06:22:48.05	8:01	7.5
136	DOMURAT MARIAN	2041	STRĄCZEK WIATROPĘDNY	OLMONTY	POL	OPEN M	136	M 136	02:11:28	04:24:41	06:24:17.25	06:24:44.65	8:03	7.4
137	SZKUTNIK JAKUB	2292		ZAKOPANE	POL	OPEN M	137	M 137	02:07:22	04:18:55	06:24:53.65	06:25:09.40	8:04	7.4
138	BLICHAZ ARTUR	2018		OLPINY	POL	OPEN M	138	M 138	02:12:39	04:20:04	06:24:53.15	06:25:17.00	8:04	7.4
139	GURBIEL MATEUSZ	2071		KRAKÓW	POL	OPEN M	139	M 139	02:08:37	04:20:09	06:24:56.85	06:25:17.50	8:04	7.4
140	SUŁEK TOMEK	2283		WARSZAWA	POL	OPEN M	140	M 140	02:10:54	04:20:00	06:25:23.45	06:25:31.70	8:04	7.4
141	MOKRZYCKI PATRYK	2193	SAINT-GOBAIN SQUAD	KNURÓW	POL	OPEN M	141	M 141	02:04:55	04:21:02	06:25:23.95	06:25:54.00	8:04	7.4
142	GAWRYŁCZYK ANDRZEJ	2059		MARKI	POL	OPEN M	142	M 142	02:06:59	04:22:53	06:25:54.80	06:26:04.15	8:05	7.4
143	OSTATEK ŁUKASZ	2206		ZÜRICH	SUI	OPEN M	143	M 143	02:08:19	04:28:10	06:25:53.10	06:26:18.50	8:05	7.4
144	RAPIOR MACIEJ	2246	SZYNSZYL TEAM	NOWINKI	POL	OPEN M	144	M 144		04:20:03	06:28:20.00	06:28:20.00	8:08	7.4
145	RUCIŃSKI ADAM	2254		WARSZAWA	POL	OPEN M	145	M 145	02:20:46	04:31:48	06:28:36.60	06:28:55.80	8:08	7.4
146	HILLER ARTUR	2075		WIELICZKA	POL	OPEN M	146	M 146	02:11:43	04:27:31	06:29:58.70	06:30:17.70	8:10	7.3
147	KOWALCZUK PAWEŁ	2115		ROPCZYCE	POL	OPEN M	147	M 147	02:24:18	04:39:48	06:33:15.85	06:33:23.40	8:14	7.3
148	DYRCZ DAWID	2043	PMKW	KRAKÓW	POL	OPEN M	148	M 148	02:20:39	04:32:37	06:34:54.50	06:35:10.65	8:16	7.2
149	MRYCZKO ROMAN	2196	AKTYWNY DYNÓW	DYNÓW	POL	OPEN M	149	M 149	02:12:59	04:29:23	06:35:04.70	06:35:17.00	8:16	7.2
150	BIALIK SZYMON	2015	TOKENOMIC	WARSZAWA	POL	OPEN M	150	M 150	02:05:45	04:12:25	06:35:15.45	06:35:27.50	8:17	7.2
151	MISZAŁSKI HENRYK	2192		SUŁKÓW	POL	OPEN M	151	M 151	02:20:03	04:34:30	06:35:37.80	06:35:52.65	8:17	7.2
152	KRÓLICKI DARIUSZ	2125	FINISZ RYMANÓW	RYMANÓW	POL	OPEN M	152	M 152	02:16:01	04:36:27	06:36:59.00	06:37:14.50	8:19	7.2
153	ROSA ALEX	2252		RABOWICE	POL	OPEN M	153	M 153	02:16:59	04:33:45	06:38:08.35	06:38:25.05	8:20	7.2
154	KOZŁOWSKI TOMASZ	2121		KATOWICE	POL	OPEN M	154	M 154	02:15:03	04:35:05	06:40:12.85	06:40:24.95	8:23	7.2
155	HYDZIK ŁUKASZ	2079		KOSTAROWCE	POL	OPEN M	155	M 155	02:07:43	04:17:58	06:40:42.45	06:40:48.80	8:24	7.1
156	ULANOWSKI OWCA	2308	X-TEAM SPECIAL FORCES	LUBLIN	POL	OPEN M	156	M 156	02:14:47	04:42:23	06:41:12.20	06:41:34.75	8:24	7.1
157	WYDRA MARIUSZ	2349	STARE BABICE BIEGAJĄ	STARE BABICE	POL	OPEN M	157	M 157	02:14:18	04:38:01	06:42:22.65	06:42:31.95	8:26	7.1
158	KLESZNO ZBIGNIEW	2101	RAJSPOK	OPOLE	POL	OPEN M	158	M 158	02:21:47	04:38:21	06:42:26.10	06:42:37.50	8:26	7.1
159	STAŃCZAK MACIEJ	2278		WARSZAWA	POL	OPEN M	159	M 159	02:19:34	04:42:30	06:43:13.00	06:43:13.00	8:27	7.1
160	RUPIK JAKUB	2256		WROCLAW	POL	OPEN M	160	M 160	02:12:25	04:22:59	06:43:28.95	06:43:43.90	8:27	7.1
161	FUS WOJCIECH	2054	ASSECO ACTIVE TEAM	RZESZOW	POL	OPEN M	161	M 161	02:21:57	04:43:27	06:45:25.45	06:45:40.20	8:29	7.1
162	MARJAŃSKI TOMASZ	2172	KS PIDRINA GDYNIA	GDYNIA	POL	OPEN M	162	M 162	02:24:07	04:39:26	06:45:40.55	06:45:53.00	8:30	7.1
163	CIEŚLIK ZDZISŁAW	2032	TEAM RUN GOŁAŃCZ	GOŁAŃCZ	POL	OPEN M	163	M 163	02:30:42	04:41:25	06:45:47.40	06:46:02.30	8:30	7.1
164	KŁOPOTEK MARCIN	2104	EXTREME FAMILY	BARTKOWO	POL	OPEN M	164	M 164	02:27:55	04:48:23	06:45:47.85	06:46:12.00	8:30	7.1
165	LORYŚ ADAM	2155		NISKO	POL	OPEN M	165	M 165	02:21:06	04:52:49	06:47:35.30	06:47:58.35	8:32	7
166	KOSZAŁKA MARCIN	2113		KRAKÓW	POL	OPEN M	166	M 166	02:21:06	04:57:39	06:48:32.00	06:48:55.65	8:33	7
167	WAGNER GRZEGORZ	2312		RUDA ŚLĄSKA	POL	OPEN M	167	M 167	02:19:41	04:56:40	06:49:39.45	06:50:02.20	8:35	7
168	JURYŚ SŁAWOMIR	2088	JSYSTEM	KROSNO	POL	OPEN M	168	M 168	02:25:11	04:43:19	06:49:51.05	06:50:22.70	8:35	7
169	SUSZ ARTUR	2284	PORANNY PATROL	KRAKÓW	POL	OPEN M	169	M 169	02:22:28	04:44:17	06:51:32.45	06:52:00.95	8:37	7
170	ORNATOWSKI DARIUSZ	2203		KRAKÓW	POL	OPEN M	170	M 170	02:22:27	04:44:12	06:51:31.60	06:52:01.15	8:37	7
171	MICHTA BARTŁOMIEJ	2187		GDAŃSK	POL	OPEN M	171	M 171	02:30:14	04:52:14	06:51:36.05	06:52:02.05	8:37	7
172	BIELKA MARCIN	2346		SOSNOWIEC	POL	OPEN M	172	M 172	02:21:26	04:49:19	06:56:16.45	06:56:24.00	8:43	6.9
173	WAJDA ANDRZEJ	2313		RZESZÓW	POL	OPEN M	173	M 173	02:23:08	04:44:46	06:57:29.05	06:57:59.85	8:45	6.9
174	RATASZEWSKI MAREK	2249	NEW BALANCE RUN TEAM	KLAUDYN	POL	OPEN M	174	M 174	02:17:11	04:39:26	07:02:29.30	07:02:49.20	8:51	6.8
175	KARCZEWSKI MACIEJ	2095		GDAŃSK	POL	OPEN M	175	M 175	02:21:40	04:54:42	07:02:30.20	07:02:57.45	8:51	6.8
176	DYMIŃSKI PAWEŁ	2042		ROPCZYCE	POL	OPEN M	176	M 176	02:21:05	04:43:51	07:02:49.85	07:03:20.05	8:51	6.8
177	MAĆCZYK ANDRZEJ	2179		GDAŃSK	POL	OPEN M	177	M 177	02:21:40	04:52:29	07:03:43.70	07:04:11.00	8:52	6.8
178	STOPA MARCIN	2280		BOGUCHWAŁA	POL	OPEN M	178	M 178	02:17:53	04:43:36	07:04:17.25	07:04:38.10	8:53	6.7
179	MICHALECKI ŁUKASZ	2183	NMG	KATOWICE	POL	OPEN M	179	M 179	02:20:20	04:57:26	07:05:52.60	07:06:15.65	8:55	6.7

**ŁEMKO MARATON 48, Open M c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
180	PRUCNAL PAWEŁ	2238		WARSZAWA	POL	OPEN M	180	M 180	02:33:33	03:40:19	07:06:42.90	07:07:08.90	8:56	6.7
181	HETEL ADAM	2073		BYDGOSZCZ	POL	OPEN M	181	M 181	02:33:33	04:56:35	07:06:44.85	07:07:09.15	8:56	6.7
182	SOCHA JACEK	2276		JASŁO	POL	OPEN M	182	M 182	02:30:03	04:51:38	07:06:48.55	07:07:19.55	8:56	6.7
183	PEATEK DOMINIK	2226		WROCŁAW	POL	OPEN M	183	M 183	02:16:35	04:41:26	07:07:44.40	07:08:02.55	8:58	6.7
184	PYTLEWSKI ŁUKASZ	2241		WARSZAWA	POL	OPEN M	184	M 184	02:24:24	04:44:42	07:08:06.50	07:08:31.85	8:58	6.7
185	KRYJAK TOMASZ	2128		KRAKÓW	POL	OPEN M	185	M 185	02:35:18	05:03:35	07:11:46.40	07:12:17.80	9:03	6.6
186	MAŁEK KRZYSZTOF	2169		RZESZÓW	POL	OPEN M	186	M 186	02:21:07	04:54:00	07:13:11.45	07:13:35.10	9:04	6.6
187	GŁAZ MAREK	2061		STAŁOWA WOLA	POL	OPEN M	187	M 187	02:21:47	04:57:56	07:13:15.80	07:13:38.95	9:04	6.6
188	LENKIEWICZ ALEKSANDER	2150	WKURW_TEAM	WARSZAWA	POL	OPEN M	188	M 188	02:31:21	04:57:36	07:13:37.60	07:14:08.35	9:05	6.6
189	SZYMAŃSKI HENRYK	2297		WROCŁAW	POL	OPEN M	189	M 189	02:38:48	05:04:13	07:14:06.20	07:14:24.35	9:06	6.6
190	SANIAK PRZEMYSŁAW	2263		LUBLIN	POL	OPEN M	190	M 190	02:32:05	05:05:45	07:16:57.55	07:17:18.20	9:09	6.5
191	TOKARSKI JACEK	2302		LUBLIN	POL	OPEN M	191	M 191	02:30:53	05:05:32	07:28:26.35	07:28:46.65	9:24	6.4
192	CZESAK MARCIN	2036	RWM TEAM	KRAKÓW	POL	OPEN M	192	M 192	02:34:24	05:07:05	07:28:41.55	07:29:10.70	9:24	6.4
193	SZALAŁ PAWEŁ	2287	BCD RUNNING TEAM	DWORP	BEL	OPEN M	193	M 193	02:22:29	05:00:35	07:29:19.20	07:29:37.20	9:25	6.4
194	FIEDORCZUK ŁUKASZ	2046	HDD WINNICZKI	WARSZAWA	POL	OPEN M	194	M 194	02:20:26	04:58:19	07:30:32.50	07:30:50.10	9:26	6.4
195	MARKIEWICZ JAREK	2173	TRIWAWA	WARSZAWA	POL	OPEN M	195	M 195	02:38:52	05:06:30	07:31:03.40	07:31:24.40	9:27	6.3
196	DZIAMSKI MARCIN	2045	TRIWAWA	WARSZAWA	POL	OPEN M	196	M 196	02:38:52	05:07:56	07:31:03.45	07:31:24.60	9:27	6.3
197	KOWALIK KRZYSZTOF	2118		LUBLIN	POL	OPEN M	197	M 197	02:34:41	05:08:10	07:31:46.90	07:32:06.35	9:28	6.3
198	KUROWSKI MATEUSZ	2143		ZIELONKA	POL	OPEN M	198	M 198	02:20:44	05:01:04	07:31:55.00	07:32:13.65	9:28	6.3
199	RAJEWSKI ROBERT	2245		ZĄBKI	POL	OPEN M	199	M 199	02:32:21	05:10:47	07:32:38.95	07:32:49.95	9:29	6.3
200	RAFAL MILEWSKI	2243		JOZEFOSLAW, POLEN	POL	OPEN M	200	M 200	02:33:31	05:13:02	07:33:00.85	07:33:07.80	9:29	6.3
201	TALAGA BARTOSZ	2301	MARATONKA GRAJEWO	WARSZAWA	POL	OPEN M	201	M 201	02:34:03	05:23:23	07:33:41.95	07:34:26.20	9:30	6.3
202	WOŁOWIEC KRZYSZTOF	2334	LABORATORYJNIE.PL	KIELCE	POL	OPEN M	202	M 202	02:33:04	05:15:18	07:35:08.10	07:35:25.70	9:32	6.3
203	STACHAŃCZYK WOJCIECH	2277	MATNER RUNNING TEAM	WROCŁAW	POL	OPEN M	203	M 203	02:39:19	05:25:19	07:40:31.75	07:40:50.10	9:39	6.2
204	LENART RAFAŁ	2149		GRÓJEC	POL	OPEN M	204	M 204	02:39:53	05:15:42	07:41:35.45	07:41:57.40	9:40	6.2
205	ADAMCZYK MARCIN	2007		GOŁUSKI	POL	OPEN M	205	M 205	02:49:03	05:27:27	07:43:29.60	07:43:42.80	9:42	6.2
206	MAGOCZY ADAM	2164		KRAKÓW	POL	OPEN M	206	M 206	02:51:06	05:31:17	07:47:54.10	07:48:21.10	9:48	6.1
207	LATAŁA WOJCIECH	2147	LEŚNE GRUBASY	KRAKÓW	POL	OPEN M	207	M 207	02:51:17	05:31:05	07:50:10.90	07:50:39.40	9:51	6.1
208	KARCZ BARTŁOMIEJ	2094		ŁÓDŹ	POL	OPEN M	208	M 208	02:44:16	05:26:11	07:53:19.05	07:53:50.95	9:55	6
209	GALESKI STANISLAW	2057		01187	GER	OPEN M	209	M 209	02:44:18	05:26:15	08:00:03.30	08:00:35.70	10:03	6
210	VU DOA	2310	TOKENOMIC	WARSAW	POL	OPEN M	210	M 210	02:38:21	05:32:36	08:27:54.40	08:28:07.55	10:38	5.6
	HETMAŃCZYK JAKUB	2074		KATOWICE	POL	OPEN M			01:53:06	03:57:00	DNF	DNF	-	-
	JANUSZEWSKI MACIEJ	2082		SKAWINA	POL	OPEN M			01:56:34	DNF	DNF	DNF	-	-
									DNF					