

BIEG NIEPODLEGŁOŚCI ULICAMI ZBUCZYNA | 5KM

Organizator: Stowarzyszenie na rzecz Zespołu Szkół im. Jana Pawła II w Zbuczynie "Optymizm"

Data: 2021-11-11

Miejsce: Zbuczyn

Dystans: 5 km

Klasyfikacja wg czasów brutto.

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE**B4SPORT**
INTELIĞENTNE ZAWODY SPORTOWE**BIEG NIEPODLEGŁOŚCI ULICAMI ZBUCZYNA | 5KM, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|-----|------------------------------------|---------------------|------|---------------|--------|------|-------------|-------------|--------|------|
| 1 | MĘYNARZ KAMIL | 2 | SKB KRAŚNIK/ TEAM 7:30 | ŁĘCZNOWOLA | POL | OPEN MĘŻCZYZN | 1 | M 1 | 00:15:57.45 | 00:15:59.25 | 3:11 | 18.8 |
| 2 | GOLEC RAFAŁ | 11 | ZBUCKI RUCH & KAPS SKÓRZEC& IWONEX | KRZESK KRÓLOWA NIWA | POL | OPEN MĘŻCZYZN | 2 | M 2 | 00:18:02.90 | 00:18:05.10 | 3:36 | 16.6 |
| 3 | CHOMKA BARTOSZ | 39 | WEKTRA ZBUCZYŃ | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 3 | M 3 | 00:19:17.20 | 00:19:19.75 | 3:51 | 15.6 |
| 4 | KOKOSZKA WOJCIECH | 90 | SLOW JOGGING SIEDLCE | SIEDLCE | POL | OPEN MĘŻCZYZN | 4 | M 4 | 00:20:07.70 | 00:20:11.35 | 4:01 | 14.9 |
| 5 | KAMUT HUBERT | 102 | YULO RUN TEAM SIEDLCE | SIEDLCE | POL | OPEN MĘŻCZYZN | 5 | M 5 | 00:20:10.35 | 00:20:14.05 | 4:02 | 14.9 |
| 6 | IWAŃCZUK EMIL | 76 | OSP DZIEWULE | DZIEWULE | POL | OPEN MĘŻCZYZN | 6 | M 6 | 00:20:30.05 | 00:20:32.30 | 4:06 | 14.6 |
| 7 | IWAŃCZUK KACPER | 58 | SGSP | DZIEWULE | POL | OPEN MĘŻCZYZN | 7 | M 7 | 00:21:13.85 | 00:21:15.50 | 4:14 | 14.1 |
| 8 | STAŃCZUK LESZEK | 12 | YULO RUN TEAM SIEDLCE | CHODÓW | POL | OPEN MĘŻCZYZN | 8 | M 8 | 00:21:13.80 | 00:21:18.55 | 4:14 | 14.1 |
| 9 | STEFANIUK ROMAN | 84 | SKÓRZEC BIEGA . | SIEDLCE | POL | OPEN MĘŻCZYZN | 9 | M 9 | 00:21:19.35 | 00:21:24.45 | 4:15 | 14.1 |
| 10 | KMIECIK ARKADIUSZ | 33 | | WARSZAWA | POL | OPEN MĘŻCZYZN | 10 | M 10 | 00:21:24.40 | 00:21:28.40 | 4:16 | 14 |
| 11 | HAPUNOWICZ JOANNA | 32 | | ZBUCZYŃ | POL | OPEN KOBIET | 1 | K 1 | 00:21:34.90 | 00:21:36.95 | 4:18 | 13.9 |
| 12 | WISZNIEWSKA HANNA | 53 | | BORKI-SOŁDY | POL | OPEN KOBIET | 2 | K 2 | 00:21:53.25 | 00:21:56.65 | 4:22 | 13.7 |
| 13 | JASIŃSKI GRZEGORZ | 88 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 11 | M 11 | 00:22:04.30 | 00:22:09.75 | 4:24 | 13.6 |
| 14 | MICHAŁOWSKI GRZEGORZ | 66 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 12 | M 12 | 00:22:14.20 | 00:22:17.75 | 4:26 | 13.5 |
| 15 | DĄBROWSKI MARIUSZ | 67 | KAPS | SKÓRZEC | POL | OPEN MĘŻCZYZN | 13 | M 13 | 00:22:15.10 | 00:22:18.75 | 4:27 | 13.5 |
| 16 | DOBROWOLSKI SEBASTIAN | 17 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 14 | M 14 | 00:22:21.60 | 00:22:27.05 | 4:28 | 13.4 |
| 17 | TUREK MICHAŁ | 85 | MX CZERNIEJEW | SKÓRZEC | POL | OPEN MĘŻCZYZN | 15 | M 15 | 00:22:30.10 | 00:22:33.85 | 4:30 | 13.3 |
| 18 | DZIEWULSKI ROBERT | 6 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 16 | M 16 | 00:22:40.70 | 00:22:46.55 | 4:32 | 13.2 |
| 19 | KRZYŻYŃSKA IZA | 34 | KAPS | SKÓRZEC | POL | OPEN KOBIET | 3 | K 3 | 00:22:47.30 | 00:22:50.95 | 4:33 | 13.2 |
| 20 | PERKA PRZEMYSŁAW | 43 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 17 | M 17 | 00:23:08.60 | 00:23:14.95 | 4:37 | 13 |
| 21 | JASZCZUK MATEUSZ | 104 | | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 18 | M 18 | 00:23:13.10 | 00:23:20.90 | 4:38 | 12.9 |
| 22 | DĄBROWSKA ANETA | 68 | KAPS | SKÓRZEC | POL | OPEN KOBIET | 4 | K 4 | 00:23:23.65 | 00:23:27.30 | 4:40 | 12.8 |
| 23 | NOWOSIELSKI RADOMIR | 78 | | CIELEMĘC | POL | OPEN MĘŻCZYZN | 19 | M 19 | 00:23:24.55 | 00:23:32.75 | 4:40 | 12.8 |
| 24 | NOWOSIELSKA WIOLETA | 79 | YULO RUN TEAM SIEDLCE | ŁUGI-RĘTKI | POL | OPEN KOBIET | 5 | K 5 | 00:23:38.35 | 00:23:41.50 | 4:43 | 12.7 |
| 25 | KĘDZIERSKI WOJCIECH | 51 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 20 | M 20 | 00:23:50.20 | 00:23:53.20 | 4:46 | 12.6 |
| 26 | CHOMKA ŁUKASZ | 89 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 21 | M 21 | 00:24:05.90 | 00:24:14.55 | 4:49 | 12.5 |
| 27 | ZDANOWSKI ADAM | 101 | | TRZEBIESZÓW | POL | OPEN MĘŻCZYZN | 22 | M 22 | 00:24:13.20 | 00:24:17.15 | 4:50 | 12.4 |
| 28 | BOBRYK MAGDALENA | 13 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN KOBIET | 6 | K 6 | 00:24:22.10 | 00:24:25.25 | 4:52 | 12.3 |
| 29 | JURCZYŚZYN KRYSZTIAN | 4 | ZBUCKI RUCH | SIEDLCE | POL | OPEN MĘŻCZYZN | 23 | M 23 | 00:24:18.10 | 00:24:25.35 | 4:51 | 12.3 |
| 30 | ŻÓŁKOWSKA AGNIESZKA | 10 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN KOBIET | 7 | K 7 | 00:24:33.75 | 00:24:37.40 | 4:54 | 12.2 |
| 31 | RZAŻEWSKA JOANNA | 45 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN KOBIET | 8 | K 8 | 00:24:45.95 | 00:24:49.10 | 4:57 | 12.1 |
| 32 | KARCZEWSKA AGNIESZKA | 48 | | DZIEWULE 50848714 | POL | OPEN KOBIET | 9 | K 9 | 00:24:54.20 | 00:24:57.55 | 4:58 | 12 |
| 33 | BORUTA JAROSŁAW | 95 | | SIEDLCE | POL | OPEN MĘŻCZYZN | 24 | M 24 | 00:24:57.10 | 00:25:01.70 | 4:59 | 12 |
| 34 | JASZCZUK TOMASZ | 47 | | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 25 | M 25 | 00:25:02.10 | 00:25:09.85 | 5:00 | 12 |
| 35 | MARKIEWICZ MARIUSZ | 24 | STRAŻ ZBUCZYŃ | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 26 | M 26 | 00:25:05.45 | 00:25:10.75 | 5:01 | 12 |
| 36 | WIERZEJSKI PATRYK | 20 | | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 27 | M 27 | 00:25:03.85 | 00:25:10.85 | 5:00 | 12 |
| 37 | CABAJ TOMASZ | 22 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 28 | M 28 | 00:25:06.85 | 00:25:12.70 | 5:01 | 12 |
| 38 | GORGOL EMILIA | 81 | | PIETRUSY | POL | OPEN KOBIET | 10 | K 10 | 00:25:09.10 | 00:25:14.15 | 5:01 | 11.9 |
| 39 | KUBAK WOJCIECH | 3 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 29 | M 29 | 00:25:41.70 | 00:25:45.70 | 5:08 | 11.7 |
| 40 | SOLNICA ALICJA | 40 | KAPS | KOTUŃ | POL | OPEN KOBIET | 11 | K 11 | 00:25:54.05 | 00:25:57.55 | 5:10 | 11.6 |
| 41 | BASZKIEWICZ PAWEŁ | 9 | ZBUCKI Y | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 30 | M 30 | 00:26:06.65 | 00:26:11.50 | 5:13 | 11.5 |
| 42 | SZCZĄCHOR MARCIN | 25 | | ZBUCZYŃ | POL | OPEN MĘŻCZYZN | 31 | M 31 | 00:26:08.70 | 00:26:14.35 | 5:13 | 11.5 |
| 43 | ZDANOWSKA KATARZYNA | 72 | KAPS | DĄBRÓWKA ŁUG | POL | OPEN KOBIET | 12 | K 12 | 00:26:18.50 | 00:26:23.45 | 5:15 | 11.4 |
| 44 | BASZKIEWICZ MONIKA | 8 | ZBUCKI RUCH | ZBUCZYŃ | POL | OPEN KOBIET | 13 | K 13 | 00:26:39.90 | 00:26:44.80 | 5:19 | 11.3 |
| 45 | JASZCZUK ANNA | 100 | | ZBUCZYŃ | POL | OPEN KOBIET | 14 | K 14 | 00:27:02.70 | 00:27:11.60 | 5:24 | 11.1 |
| 46 | GIERSZEWSKI MARIUSZ | 73 | | KOTUŃ | POL | OPEN MĘŻCZYZN | 32 | M 32 | 00:27:13.35 | 00:27:19.90 | 5:26 | 11 |

BIEG NIEPODLEGŁOŚCI ULICAMI ZBUCZYNA | 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|--------------------------------|-----------------|------|---------------|--------|------|-------------|-------------|--------|------|
| 47 | ŁAWECKA MARZENA | 74 | | ZBUCZYN | POL | OPEN KOBIEC | 15 | K 15 | 00:27:28.80 | 00:27:32.30 | 5:29 | 10.9 |
| 48 | WIERZEJSKI KAMIL | 30 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 33 | M 33 | 00:27:50.75 | 00:27:56.05 | 5:34 | 10.8 |
| 49 | KĘDZIECSKI JACEK | 50 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN MĘŻCZYZN | 34 | M 34 | 00:28:21.25 | 00:28:27.80 | 5:40 | 10.6 |
| 50 | KĘDZIECZKA ASIA | 52 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN KOBIEC | 16 | K 16 | 00:28:21.25 | 00:28:27.95 | 5:40 | 10.6 |
| 51 | POGONOWSKA MARCIN | 23 | ZBUDZKI RUCH | ZBUCZYN | POL | OPEN MĘŻCZYZN | 35 | M 35 | 00:28:20.95 | 00:28:28.10 | 5:40 | 10.6 |
| 52 | POGONOWSKA ANNA | 16 | ZBUDZKI RUCH | ZBUCZYN | POL | OPEN KOBIEC | 17 | K 17 | 00:28:22.90 | 00:28:28.15 | 5:40 | 10.6 |
| 53 | BRODOWSKI MARCIN | 61 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 36 | M 36 | 00:28:22.25 | 00:28:29.70 | 5:40 | 10.6 |
| 54 | JASZCZUK ALEKSANDRA | 98 | | ZBUCZYN | POL | OPEN KOBIEC | 18 | K 18 | 00:28:32.10 | 00:28:41.15 | 5:42 | 10.5 |
| 55 | IZDEBSKI BARTEK | 99 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 37 | M 37 | 00:28:33.40 | 00:28:42.35 | 5:42 | 10.5 |
| 56 | MROCEK KATARZYNA | 106 | | ZBUCZYN | POL | OPEN KOBIEC | 19 | K 19 | 00:28:55.60 | 00:29:06.00 | 5:47 | 10.4 |
| 57 | BIADUŃ KAROL | 59 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 38 | M 38 | 00:29:26.15 | 00:29:31.10 | 5:53 | 10.2 |
| 58 | PROTASIUK AGNIESZKA | 80 | | ZBUCZYN | POL | OPEN KOBIEC | 20 | K 20 | 00:29:46.35 | 00:29:52.75 | 5:57 | 10.1 |
| 59 | PROCHENKA KAROL | 46 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN MĘŻCZYZN | 39 | M 39 | 00:29:42.25 | 00:29:52.85 | 5:56 | 10.1 |
| 60 | BIARDZKI BARTEK | 15 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN MĘŻCZYZN | 40 | M 40 | 00:29:55.90 | 00:30:06.50 | 5:59 | 10 |
| 61 | KRUPSKI GRZEGORZ | 63 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 41 | M 41 | 00:30:00.45 | 00:30:10.10 | 6:00 | 10 |
| 62 | GROCHOWSKA MAŁEK BOZENA | 77 | | MIĘDZYRZEC PODL | POL | OPEN KOBIEC | 21 | K 21 | 00:30:13.60 | 00:30:18.15 | 6:02 | 9.9 |
| 63 | JASTRZĘBSKA HANNA | 64 | | SIEDLCE | POL | OPEN KOBIEC | 22 | K 22 | 00:30:57.05 | 00:31:05.10 | 6:11 | 9.7 |
| 64 | BOGDAŃSKI PAWEŁ | 29 | | OTWOCK | POL | OPEN MĘŻCZYZN | 42 | M 42 | 00:30:58.95 | 00:31:07.20 | 6:11 | 9.7 |
| 65 | MALISZKIEWICZ GRZEGORZ | 38 | OSP | MOKOBODY | POL | OPEN MĘŻCZYZN | 43 | M 43 | 00:31:12.00 | 00:31:21.30 | 6:14 | 9.6 |
| 66 | MIKOŁAJCZUK MARTYNA | 27 | | ZBUCZYN | POL | OPEN KOBIEC | 23 | K 23 | 00:31:28.45 | 00:31:34.00 | 6:17 | 9.5 |
| 67 | ZAMYŁKO KAMIL | 105 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 44 | M 44 | 00:31:47.15 | 00:31:50.10 | 6:21 | 9.4 |
| 68 | KONOPKA LUIZA | 56 | | ZBUCZYN | POL | OPEN KOBIEC | 24 | K 24 | 00:33:16.95 | 00:33:28.00 | 6:39 | 9 |
| 69 | MAKARUK MACIEJ | 55 | | STRZAŁA | POL | OPEN MĘŻCZYZN | 45 | M 45 | 00:33:17.00 | 00:33:28.20 | 6:39 | 9 |
| 70 | DZIEWULSKA MARTA | 37 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN KOBIEC | 25 | K 25 | 00:33:44.20 | 00:33:51.85 | 6:44 | 8.9 |
| 71 | LPIŃSKA JOLANTA | 96 | | MODRZEW | POL | OPEN KOBIEC | 25 | K 25 | 00:33:44.25 | 00:33:51.85 | 6:44 | 8.9 |
| 72 | BOGUSZ ANNA | 93 | | ZBUCZYN | POL | OPEN KOBIEC | 27 | K 27 | 00:34:02.95 | 00:34:13.05 | 6:48 | 8.8 |
| 73 | BOGUSZ TADEUSZ | 94 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 46 | M 46 | 00:34:03.45 | 00:34:13.70 | 6:48 | 8.8 |
| 74 | BEDNARZAK TADEUSZ | 14 | YULO RUN TEAM SIEDLCE | SIEDLCE | POL | OPEN MĘŻCZYZN | 47 | M 47 | 00:35:17.50 | 00:35:27.00 | 7:03 | 8.5 |
| 75 | KOWALCZUK ADAM | 71 | NOWI | SIEDLCE | POL | OPEN MĘŻCZYZN | 48 | M 48 | 00:36:01.85 | 00:36:14.65 | 7:12 | 8.3 |
| 76 | SZYMAŃSKA ZUZANNA | 69 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN KOBIEC | 28 | K 28 | 00:36:17.45 | 00:36:24.45 | 7:15 | 8.3 |
| 77 | SZYMAŃSKI MAREK | 70 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN MĘŻCZYZN | 49 | M 49 | 00:36:17.40 | 00:36:24.75 | 7:15 | 8.3 |
| 78 | BIADUŃ-WYSOKIŃSKA NATALIA | 107 | | TĘCZKI | POL | OPEN KOBIEC | 29 | K 29 | 00:36:18.85 | 00:36:26.10 | 7:15 | 8.3 |
| 79 | KOMOROWSKA AGNIESZKA | 49 | | UJRZANÓW | POL | OPEN KOBIEC | 30 | K 30 | 00:37:55.70 | 00:38:04.20 | 7:35 | 7.9 |
| 80 | SZCZEŚNIAK WOJCIECH | 97 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 50 | M 50 | 00:36:24.75 | 00:38:07.75 | 7:16 | 8.2 |
| 81 | PERKA DOROTA | 5 | ZBUCCI RUCH | ZBUCZYN | POL | OPEN KOBIEC | 31 | K 31 | 00:38:28.50 | 00:38:38.55 | 7:41 | 7.8 |
| 82 | PILICH NATALIA | 21 | KLUB AKTYWNYCH PARKRUN SKÓRZEC | KAMIEŃC | POL | OPEN KOBIEC | 32 | K 32 | 00:39:10.35 | 00:39:24.00 | 7:50 | 7.7 |
| 83 | BORKOWSKI LESZEK | 7 | NOWI SIEDLCE - NW WSCHÓD | GRABIANÓW | POL | OPEN MĘŻCZYZN | 51 | M 51 | 00:39:10.10 | 00:39:25.30 | 7:50 | 7.7 |
| 84 | WYSOCKA MAGDALENA | 41 | KAPS | SKÓRZEC | POL | OPEN KOBIEC | 33 | K 33 | 00:39:12.70 | 00:39:25.45 | 7:50 | 7.7 |
| 85 | ZDANOWSKA MONIKA | 26 | | SIEDLCE | POL | OPEN KOBIEC | 34 | K 34 | 00:40:45.50 | 00:40:53.75 | 8:09 | 7.4 |
| 86 | BUDZISZEWSKI MATEUSZ | 92 | | ZBUCZYN | POL | OPEN MĘŻCZYZN | 52 | M 52 | | | | |