

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM

Organizator: Fundacja Maratony Górskie
Data: 2022-01-22
Miejsce: Karlów
Dystans: 21 km
Klasyfikacja wg czasów netto.



ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|----------------------------------|---------------------|------|------|--------|------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | JUREK MICHAŁ | 196 | RMT TEAM PRO | WROCŁAW | POL | M-30 | 1 | M 1 | NIE | 00:43:10 | 01:26:09 | | 02:05:40.35 | 5:59 | 10 |
| 2 | GORZELAŃCZYK JAKUB | 142 | MKS SIECHNICE | GOLĘCZEWO | POL | M-30 | 2 | M 2 | NIE | 00:43:32 | 01:27:12 | | 02:07:43.15 | 6:04 | 9.9 |
| 3 | KOŚCIUCZYK-MENDYK MICHAŁ | 229 | SPELOCLUB WROCŁAW | WROCŁAW | POL | M-30 | 3 | M 3 | TAK | 00:47:55 | 01:35:22 | | 02:17:56.15 | 6:34 | 9.1 |
| 4 | RUTKOWSKI DAWID | 431 | GRIZZLYTEAM/140MINUT.PL | LUBIN | POL | M-40 | 1 | M 4 | TAK | 00:45:55 | 01:35:22 | | 02:18:14.60 | 6:34 | 9.1 |
| 5 | BORZYSTOWSKI PATRYK | 54 | #ZALINIAMETYTEAM | NOWA SÓL | POL | M-30 | 4 | M 5 | TAK | 00:48:42 | 01:37:30 | | 02:20:11.45 | 6:40 | 9 |
| 6 | GRZESIEK GÓRAL | 154 | HEEJ HEJ GURALU | KRAKÓW SWOSZOWICE | POL | M-30 | 5 | M 6 | NIE | 00:50:01 | 01:37:53 | | 02:21:03.65 | 6:43 | 8.9 |
| 7 | ZIOBER ZBIGNIEW | 571 | EX TEAM | WROCŁAW | POL | M-30 | 6 | M 7 | NIE | 00:48:31 | 01:36:55 | | 02:23:04.55 | 6:48 | 8.8 |
| 8 | WŁODARCZYK JAROSŁAW | 541 | KARKONOSZ RUNNING TEAM | JELENIA GÓRA | POL | M-40 | 2 | M 8 | NIE | 00:48:51 | 01:38:22 | | 02:23:10.70 | 6:49 | 8.8 |
| 9 | ROSKOSZ BARTOSZ | 425 | JELCZ TRIATHLON PROJECT | MŁOSZYCE | POL | M-30 | 7 | M 9 | TAK | 00:49:29 | 01:38:35 | | 02:25:37.00 | 6:56 | 8.7 |
| 10 | POCIECHA PATRYK | 401 | | WROCŁAW | POL | M-30 | 8 | M 10 | NIE | 00:49:57 | 01:39:09 | | 02:26:06.90 | 6:57 | 8.6 |
| 11 | MAJCHRZAK MACIEJ | 301 | 140MINUT.PL | WROCŁAW | POL | M-30 | 9 | M 11 | NIE | 00:49:18 | 01:40:45 | | 02:26:20.80 | 6:58 | 8.6 |
| 12 | GRUND MAREK | 150 | MAFIA TEAM LUBLINIEC | STRZEBIŃ | POL | M-30 | 10 | M 12 | NIE | 00:49:28 | 01:40:20 | | 02:27:41.75 | 7:01 | 8.5 |
| 13 | PIĄTEK KAROLINA | 388 | | KRAKÓW | POL | K-30 | 1 | K 1 | NIE | 00:50:54 | 01:41:24 | | 02:30:08.20 | 7:08 | 8.4 |
| 14 | ŁOPATYŃSKI IREK | 291 | REMA SPORT TEAM | ŁĄDEK ZDRÓJ | POL | M-50 | 1 | M 13 | NIE | 00:50:18 | 01:41:31 | | 02:30:41.00 | 7:10 | 8.4 |
| 15 | DYDA PAWEŁ | 113 | VEGE KACAP | KAMIENNA GÓRA | POL | M-40 | 3 | M 14 | NIE | 00:49:33 | 01:39:41 | | 02:31:15.95 | 7:12 | 8.3 |
| 16 | TOKARSKI JOACHIM | 501 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 15 | NIE | 01:14:50 | | | 02:33:51.25 | 7:19 | 8.2 |
| 17 | GEZELA MARIUSZ | 134 | EUFORIA BIEGACZA TEAM | POZNAŃ | POL | M-40 | 5 | M 16 | NIE | 00:51:06 | 01:44:19 | | 02:34:12.35 | 7:20 | 8.2 |
| 18 | WRZESIŃSKI MICHAŁ | 550 | KSG DIRETA/SKLEP GÓRSKI TATERNIK | GNIEZNO | POL | M-30 | 11 | M 17 | TAK | 00:54:07 | 01:46:53 | | 02:35:14.50 | 7:23 | 8.1 |
| 19 | JABŁOŃSKI PAWEŁ | 170 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 6 | M 18 | NIE | 00:54:04 | 01:46:59 | | 02:36:06.95 | 7:26 | 8.1 |
| 20 | SAJDUDA ADAM | 436 | | WROCŁAW | POL | M-20 | 1 | M 19 | NIE | 00:51:45 | 01:45:55 | | 02:36:22.60 | 7:26 | 8.1 |
| 21 | FRANKIEWICZ ARTUR | 127 | | GLIWICE | POL | M-30 | 12 | M 20 | TAK | 00:56:14 | 01:49:41 | | 02:37:21.10 | 7:29 | 8 |
| 22 | PEONOWSKI MACIEJ | 400 | PSZCZÓLKOWSKI TEAM | WROCŁAW | POL | M-30 | 13 | M 21 | NIE | 00:54:34 | 01:48:46 | | 02:37:42.80 | 7:30 | 8 |
| 23 | BIAŁEK BEATA | 30 | KB HERMES | ŻARCZYŃ | POL | K-40 | 1 | K 2 | NIE | | 01:47:17 | | 02:37:53.25 | 7:31 | 8 |
| 24 | KRAJEWSKI WOJTEK | 238 | | KONSTANTYNÓW ŁÓDZKI | POL | M-50 | 2 | M 22 | NIE | 00:55:36 | 01:49:27 | | 02:38:11.50 | 7:31 | 8 |
| 25 | BAŁYS KATARZYNA | 17 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-30 | 2 | K 3 | NO | 00:52:49 | 01:46:20 | | 02:38:11.70 | 7:31 | 8 |
| 26 | NOWACKI MATEUSZ | 352 | PRZEDWOJEWSKI TEAM | STRONIE ŚLĄSKIE | POL | M-30 | 14 | M 23 | NIE | 00:50:28 | 01:42:43 | | 02:38:42.15 | 7:33 | 7.9 |
| 27 | DU CZMAL DOMINIKA | 109 | 140 MINUT | JELENIA GÓRA | POL | K-20 | 1 | K 4 | NIE | 00:54:13 | 01:48:18 | | 02:38:44.70 | 7:33 | 7.9 |
| 28 | MIŚTAK JOLA | 330 | | OŁAWA | POL | K-30 | 3 | K 5 | NIE | 00:57:55 | 01:50:47 | | 02:39:12.65 | 7:34 | 7.9 |
| 29 | ŁUKASIK MARCIN | 293 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 7 | M 24 | NIE | 00:55:50 | 01:48:40 | | 02:39:24.85 | 7:35 | 7.9 |
| 30 | BERNAT KATARZYNA | 28 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | K-50 | 1 | K 6 | NIE | 00:54:27 | 01:48:53 | | 02:39:27.65 | 7:35 | 7.9 |
| 31 | BOSAKIEWICZ TOMASZ | 55 | OLAWS | ZŁOTORYJA | POL | M-30 | 15 | M 25 | NIE | 00:54:23 | 01:50:08 | | 02:41:17.95 | 7:40 | 7.8 |
| 32 | KUŹMIŃSKI PIOTR | 271 | AGB TORFY | ALEKSANDRÓW ŁÓDZKI | POL | M-40 | 8 | M 26 | NIE | 00:55:59 | 01:51:22 | | 02:41:55.10 | 7:42 | 7.8 |
| 33 | KRAWCZYK ADRIANA | 242 | | CHOCIANÓW | POL | K-30 | 4 | K 7 | NIE | 00:55:13 | 01:50:57 | | 02:42:19.65 | 7:43 | 7.8 |
| 34 | MICHAŁSKI PIOTR | 324 | | WROCŁAW | POL | M-30 | 16 | M 27 | NIE | 00:56:13 | 01:50:34 | | 02:42:37.70 | 7:44 | 7.7 |
| 35 | ŚNIERZYŃSKI ROBERT | 493 | | SADKÓW | POL | M-30 | 17 | M 28 | NIE | 00:59:46 | 01:54:36 | | 02:42:45.60 | 7:45 | 7.7 |
| 36 | ORACZ MATEUSZ | 370 | BEZ LITOŚCI | ZALASEWO | POL | M-30 | 18 | M 29 | NIE | 00:56:25 | 01:53:49 | | 02:43:19.85 | 7:46 | 7.7 |
| 37 | SANKOWSKI PAWEŁ | 438 | PLACKI TEAM | WOJCIECHOWICE | POL | M-30 | 19 | M 30 | NIE | 00:56:44 | 01:52:38 | | 02:43:31.70 | 7:47 | 7.7 |
| 38 | HARĘŻLAK KRZYSZTOF | 159 | KS ULTRA TEAM ŁÓDŹ & AGB TORFY | ŁÓDŹ | POL | M-40 | 9 | M 31 | NIE | 00:56:43 | 01:51:29 | | 02:44:26.05 | 7:49 | 7.7 |
| 39 | MAJCHRZAK BARTOSZ | 300 | PKO BANK POLSKI | POZNAŃ | POL | M-30 | 20 | M 32 | NIE | 00:56:42 | 01:53:52 | | 02:45:02.50 | 7:51 | 7.6 |
| 40 | ZERZUT JAROSŁAW | 565 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 3 | M 33 | NIE | 00:57:34 | 01:54:42 | | 02:45:04.00 | 7:51 | 7.6 |
| 41 | CIEŹKI KONRAD | 89 | EVERRUN | ŁÓDŹ | POL | M-30 | 21 | M 34 | NIE | 00:58:22 | 01:54:52 | | 02:45:24.40 | 7:52 | 7.6 |
| 42 | MATUSZEWSKI MAREK | 317 | RUNNER'S POWER ŚREM | ŚREM | POL | M-50 | 4 | M 35 | NIE | 00:55:31 | 01:52:52 | | 02:45:40.70 | 7:53 | 7.6 |
| 43 | AUGUST KAJETAN | 9 | | CZELADŹ | POL | M-20 | 2 | M 36 | NIE | 00:56:39 | 01:53:27 | | 02:46:22.30 | 7:55 | 7.6 |
| 44 | HAJDA JUSTYNA | 158 | MAFIA TEAM LUBLINIEC | RADZIONKÓW | POL | K-20 | 2 | K 8 | NIE | 00:58:11 | 01:56:44 | | 02:46:24.15 | 7:55 | 7.6 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|---|-------------------|------|------|--------|------|-----------|----------|----------|----------|-------------|--------|------|
| 45 | ŁUKOMSKI MACIEJ | 294 | ŁÓDZKI KLUB WYSOKOGÓRSKI | ŁÓDŹ | POL | M-40 | 10 | M 37 | TAK | 00:56:59 | 01:54:26 | | 02:46:24.80 | 7:55 | 7.6 |
| 46 | GULCZYŃSKI TOMASZ | 156 | | ZIELONKA | POL | M-30 | 22 | M 38 | NIE | 00:56:32 | 01:53:47 | | 02:46:26.15 | 7:55 | 7.6 |
| 47 | LEŚNIAK KAROLINA | 276 | FUNTRI | WROCŁAW | POL | K-30 | 5 | K 9 | NIE | 00:58:08 | 01:55:28 | | 02:46:27.20 | 7:55 | 7.6 |
| 48 | RÓŻAŁSKI IRENEUSZ | 427 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 5 | M 39 | NIE | 00:00:37 | 01:51:52 | | 02:46:39.35 | 7:56 | 7.6 |
| 49 | ŁĄŻNIOWSKI DAWID | 288 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-30 | 23 | M 40 | NIE | 00:55:10 | 01:53:18 | | 02:46:46.90 | 7:56 | 7.6 |
| 50 | LUBAŃSKI MATEUSZ | 283 | KS BARYCZ MILICZ | DĘGÓŁĘKA | AFG | M-30 | 24 | M 41 | NIE | 00:57:01 | 01:54:22 | | 02:46:47.70 | 7:56 | 7.6 |
| 51 | MICHAŁKIEWICZ WOJCIECH | 325 | | WROCŁAW | POL | M-50 | 6 | M 42 | NIE | 00:57:10 | 01:53:27 | | 02:47:31.30 | 7:58 | 7.5 |
| 52 | SKAŁSKI RADOŚLAW | 447 | KB AKTYWNI KONIN | KONIN | POL | M-50 | 7 | M 43 | NIE | 00:55:28 | 01:50:43 | | 02:47:44.60 | 7:59 | 7.5 |
| 53 | TOŚ SEBASTIAN | 503 | | CHRZAŚTAWA WIELKA | POL | M-40 | 11 | M 44 | NIE | 00:58:14 | 01:56:14 | | 02:47:57.00 | 7:59 | 7.5 |
| 54 | PERZ EMILIA | 584 | | BUKOWIEC | POL | K-30 | 6 | K 10 | | 01:06:42 | 02:00:15 | | 02:47:57.10 | 7:59 | 7.5 |
| 55 | KRUPA MARCIN | 246 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 12 | M 45 | NIE | 00:53:14 | 01:52:59 | | 02:48:34.90 | 8:01 | 7.5 |
| 56 | SŁYSZ SZYMON | 453 | NSK RUNS | WAŁBRZYCH | POL | M-40 | 13 | M 46 | NIE | 00:53:57 | 01:51:33 | | 02:48:56.50 | 8:02 | 7.5 |
| 57 | CZERNIK JUDYTA | 94 | 42K PRO TEAM | ZABRZE | POL | K-30 | 7 | K 11 | NIE | 00:57:12 | 01:55:26 | | 02:49:04.15 | 8:03 | 7.5 |
| 58 | WINTER PIOTR | 538 | NIGHT RUNNERS | CHOMĘCICE | POL | M-30 | 25 | M 47 | NIE | 00:59:00 | 01:56:11 | | 02:49:05.05 | 8:03 | 7.5 |
| 59 | KOZAK ROBERT | 235 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-40 | 14 | M 48 | NIE | 00:47:31 | 01:34:55 | 00:30:00 | 02:49:21.45 | 6:38 | 9.9 |
| 60 | TYŚ RADEK | 515 | NOWA RUDA BIEGA | NOWA RUDA | POL | M-30 | 26 | M 49 | NIE | 00:56:39 | 01:53:36 | | 02:49:35.80 | 8:04 | 7.4 |
| 61 | SZCZEŚNIAK PIOTR | 479 | GVT | STRZELIN | POL | M-40 | 15 | M 50 | NIE | 00:48:31 | 01:40:17 | 00:20:00 | 02:49:41.20 | 7:07 | 8.4 |
| 62 | KRUŻOLEK MONIKA | 249 | TURBOPTYSIE | RADKÓW | POL | K-30 | 8 | K 12 | NIE | 00:59:42 | 01:57:23 | | 02:49:47.65 | 8:05 | 7.4 |
| 63 | SZALA KRZYSZTOF | 476 | 80DNI.PL | ŁĄŻISKA GÓRNE | POL | M-30 | 27 | M 51 | NIE | 01:00:21 | 01:58:21 | | 02:50:16.65 | 8:06 | 7.4 |
| 64 | KRAWCZYK KAROLINA | 243 | INOV-8 TEAM | WARSZAWA | POL | K-30 | 9 | K 13 | NIE | 00:58:17 | 01:56:38 | | 02:50:32.75 | 8:07 | 7.4 |
| 65 | TRZECIAKIEWICZ MIECZYŚLAW | 507 | INŻYNIERIA BIEGANIA | MYSŁOWICE | POL | M-50 | 8 | M 52 | TAK | 00:53:41 | 01:49:12 | 00:10:00 | 02:50:36.25 | 7:38 | 7.8 |
| 66 | WEINERT ARTUR | 529 | RUNNER'S POWER | ŚREM | POL | M-40 | 16 | M 53 | NIE | 00:59:11 | 01:57:01 | | 02:50:47.95 | 8:07 | 7.4 |
| 67 | KOLANKO SYLWIA | 215 | NYSA BIEGA | NYSA | POL | K-30 | 10 | K 14 | NIE | 00:58:16 | 01:56:17 | | 02:50:52.25 | 8:08 | 7.4 |
| 68 | SZOPA MAREK | 484 | TEAM KOPEĆ | GORZÓW WLKP. | POL | M-40 | 17 | M 54 | NIE | 01:01:48 | 02:00:05 | | 02:51:48.85 | 8:10 | 7.3 |
| 69 | JOŃCA MICHAŁ | 192 | | WROCŁAW | POL | M-20 | 3 | M 55 | NIE | 01:03:20 | 02:01:27 | | 02:51:58.05 | 8:11 | 7.3 |
| 70 | MAJEWSKA AGATA | 304 | | WROCŁAW | POL | K-40 | 2 | K 15 | NIE | 00:58:41 | 01:56:36 | | 02:52:26.05 | 8:12 | 7.3 |
| 71 | ANTOSIAK TOMASZ | 7 | FUNTRI | WROCŁAW | POL | M-40 | 18 | M 56 | NIE | 01:02:38 | 02:01:54 | | 02:52:27.05 | 8:12 | 7.3 |
| 72 | STANUCHIEWICZ OSKAR | 463 | | CZĘSTOCHOWA | POL | M-40 | 19 | M 57 | NIE | 00:56:18 | 01:54:48 | | 02:52:30.40 | 8:12 | 7.3 |
| 73 | ZAWOJAK ALEKSANDER | 561 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-30 | 28 | M 58 | NIE | 00:59:54 | 01:54:15 | | 02:52:51.35 | 8:13 | 7.3 |
| 74 | KRYM KATARZYNA | 250 | HERCOGRUNNINGTEAM/NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 3 | K 16 | NIE | 01:00:52 | | | 02:52:57.20 | 8:14 | 7.3 |
| 75 | CHOJNACKA MARTA | 77 | | LUBIN | POL | K-30 | 11 | K 17 | NIE | 01:01:54 | 02:01:27 | | 02:53:10.95 | 8:14 | 7.3 |
| 76 | ZIMNY TOMASZ | 570 | FARTY PUSZCZY | SZCZECIN | POL | M-60 | 1 | M 59 | NIE | 01:01:36 | 02:00:22 | | 02:53:13.85 | 8:14 | 7.3 |
| 77 | WICHA MAŁGORZATA | 535 | WKS WAWEL | KRAKÓW | POL | K-30 | 12 | K 18 | NIE | 00:59:43 | 01:58:53 | | 02:53:21.35 | 8:15 | 7.3 |
| 78 | KARASIAK PIOTR | 204 | | WROCŁAW | POL | M-30 | 29 | M 60 | NIE | 00:55:54 | 01:57:06 | | 02:53:22.45 | 8:15 | 7.3 |
| 79 | ZARODA ZBIGNIEW | 558 | ALOHA DZIKU! | KONIN | POL | M-50 | 9 | M 61 | NIE | 01:01:03 | 02:00:25 | | 02:53:50.05 | 8:16 | 7.2 |
| 80 | FERENC-SZMUC EDYTA | 119 | KUDOWIANKA RUN | LEWIN KŁODZKI | POL | K-30 | 13 | K 19 | NIE | 00:58:53 | 01:59:58 | | 02:54:08.95 | 8:17 | 7.2 |
| 81 | TUNDAK ZUZANNA | 510 | | POZNAŃ | POL | K-30 | 14 | K 20 | NIE | 00:59:43 | 01:58:17 | | 02:54:40.40 | 8:19 | 7.2 |
| 82 | ROŚLIICKI JAROSŁAW | 426 | UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI | OZOROWICE | POL | M-40 | 20 | M 62 | NIE | 00:55:27 | 01:53:10 | | 02:54:55.95 | 8:19 | 7.2 |
| 83 | ZAMBRZYCKA-ROZNER EWA | 581 | | PIASECZNO | POL | K-30 | 15 | K 21 | NIE | 01:01:31 | 02:00:52 | | 02:55:17.85 | 8:20 | 7.2 |
| 84 | MACIEJEWSKI KAROL | 297 | FUNTRI | NADOLICE WIELKIE | POL | M-40 | 21 | M 63 | NIE | 00:59:20 | 01:58:35 | | 02:55:27.05 | 8:21 | 7.2 |
| 85 | GNITECKA KATARZYNA | 139 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | K-30 | 16 | K 22 | NIE | 01:00:57 | 02:00:28 | | 02:55:34.05 | 8:21 | 7.2 |
| 86 | SZYMBORSKA MONIKA | 489 | | WARSZAWA | POL | K-40 | 4 | K 23 | NIE | 00:58:30 | 01:59:24 | | 02:55:36.85 | 8:21 | 7.2 |
| 87 | GRZESIAK GRZEGORZ | 153 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 30 | M 64 | NIE | 00:57:12 | 01:59:06 | | 02:55:37.80 | 8:21 | 7.2 |
| 88 | FEICHTINGER MAREK | 118 | | ŻORY | POL | M-40 | 22 | M 65 | TAK | 01:01:03 | 02:00:59 | | 02:55:54.20 | 8:22 | 7.2 |
| 89 | FOLCIK ZIEMOWIT | 126 | | WROCŁAW | POL | M-40 | 23 | M 66 | NIE | 01:02:04 | 02:02:41 | | 02:55:57.85 | 8:22 | 7.2 |
| 90 | LACHOWSKI ROBERT | 272 | ROSSMANN | ŁÓDŹ | POL | M-30 | 31 | M 67 | NIE | 01:01:27 | 02:01:30 | | 02:56:34.30 | 8:24 | 7.1 |
| 91 | MÓLL MATEUSZ | 335 | #SOBASTEAM | WROCŁAW | POL | M-30 | 32 | M 68 | NIE | 00:55:03 | 01:56:34 | | 02:56:41.85 | 8:24 | 7.1 |
| 92 | MRÓZ MARCIN | 339 | DZIKIE BOBRY | ZALAŚEWO | POL | M-40 | 24 | M 69 | NIE | 01:00:43 | 02:02:40 | | 02:57:28.15 | 8:27 | 7.1 |
| 93 | SZYMCZYŹYŃ TOMASZ | 491 | | WROCŁAW | POL | M-40 | 25 | M 70 | NIE | 01:05:31 | 02:03:34 | | 02:57:33.25 | 8:27 | 7.1 |
| 94 | HOSS JAN | 166 | | WARSZAWA | POL | M-40 | 26 | M 71 | | 01:03:46 | 02:05:57 | | 02:58:05.65 | 8:28 | 7.1 |
| 95 | URBAŃSKI MICHAŁ | 517 | | WROCŁAW | POL | M-30 | 33 | M 72 | NIE | 01:00:38 | 02:01:54 | | 02:58:06.80 | 8:28 | 7.1 |
| 96 | KRZYWDZIŃSKI BARTŁOMIEJ | 255 | | BOLESŁAWIEC | POL | M-40 | 27 | M 73 | NIE | 00:59:55 | 02:00:49 | | 02:58:24.20 | 8:29 | 7.1 |
| 97 | SZYMAŃSKI MARCIN | 487 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | M-40 | 28 | M 74 | NIE | 01:00:57 | 02:05:21 | | 02:58:45.00 | 8:30 | 7 |
| 98 | GAWRON TOMASZ | 131 | | LUBSKO | POL | M-40 | 29 | M 75 | TAK | 01:04:03 | 02:06:22 | | 02:59:04.60 | 8:31 | 7 |
| 99 | DZIAŁDOWSKI DAMIAN | 114 | AKADEMIA WOJSK ŁĄDOWYCH | TORUŃ | POL | M-20 | 4 | M 76 | NIE | 00:59:49 | | | 02:59:29.85 | 8:32 | 7 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------------|-----|--------------------------------------|---------------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 100 | BERNAT ARKADIUSZ | 29 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | M-50 | 10 | M 77 | NIE | 01:02:10 | 02:05:21 | | 02:59:37.95 | 8:33 | 7 |
| 101 | LESZCZYŃSKI MICHAŁ | 274 | SHT | DESZCZNO | POL | M-40 | 30 | M 78 | NIE | 01:02:36 | 02:07:28 | | 02:59:50.40 | 8:33 | 7 |
| 102 | JAKUS MICHAŁ | 176 | OTM.B | NYSA | POL | M-30 | 34 | M 79 | NIE | 00:59:51 | 02:00:24 | | 03:01:05.90 | 8:37 | 7 |
| 103 | BUDYCH AREK | 62 | | WRONKI | POL | M-40 | 31 | M 80 | NIE | 01:03:42 | 02:06:20 | | 03:01:11.50 | 8:37 | 7 |
| 104 | BIEŃ MAGDALENA | 37 | | POZNAŃ | POL | K-40 | 5 | K 24 | | 01:01:30 | 02:04:30 | | 03:01:15.80 | 8:37 | 7 |
| 105 | BIECUSZEK TOMASZ | 32 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 32 | M 81 | NIE | 00:59:52 | 02:03:13 | | 03:01:40.65 | 8:39 | 6.9 |
| 106 | CHMIELEWSKI GRZEGORZ | 75 | FUNTRI | SUCHY DWÓR/K WROCLAWIA | POL | M-40 | 33 | M 82 | | 01:05:16 | 02:05:16 | | 03:01:52.70 | 8:39 | 6.9 |
| 107 | HETMAŃCZYK JAKUB | 160 | XIN CHAO | KATOWICE | POL | M-30 | 35 | M 83 | TAK | 01:00:12 | 02:03:06 | | 03:02:07.55 | 8:40 | 6.9 |
| 108 | RATAJCZAK ŁUKASZ | 415 | NIGHT RUNNERS | MOSINA | POL | M-40 | 34 | M 84 | YES | 01:04:00 | 02:04:52 | | 03:02:15.40 | 8:40 | 6.9 |
| 109 | GÓRNY ROBERT | 148 | TIM JEST TIM | OZIMEK | POL | M-40 | 35 | M 85 | NIE | 00:59:11 | 02:01:02 | | 03:02:33.45 | 8:41 | 6.9 |
| 110 | PIECUCH KAROLINA | 391 | | KRAKÓW | POL | K-30 | 17 | K 25 | NIE | 01:03:22 | 02:06:08 | | 03:02:34.35 | 8:41 | 6.9 |
| 111 | PALACZ MARCIN | 376 | | BRZEG | POL | M-40 | 36 | M 86 | NIE | 01:01:34 | 02:05:51 | | 03:03:02.85 | 8:42 | 6.9 |
| 112 | PAWŁAK MACIEJ | 381 | 3 TEAM KONIN/MPEC - KONIN | KONIN | POL | M-50 | 11 | M 87 | NIE | 01:01:16 | 02:05:56 | | 03:03:04.50 | 8:43 | 6.9 |
| 113 | MÓLL KACPER | 337 | | WROCLAW | POL | M-20 | 5 | M 88 | NIE | 01:00:43 | 02:06:03 | | 03:03:26.70 | 8:44 | 6.9 |
| 114 | NOWAK MARCIN | 354 | TIMJESTTIM | KRASIEJÓW | POL | M-30 | 36 | M 89 | NIE | 01:04:24 | 02:06:46 | | 03:03:48.25 | 8:45 | 6.9 |
| 115 | KALINOWSKI GRZEGORZ | 583 | GUT | MISZNA MAŁA | POL | M-40 | 37 | M 90 | | 01:02:51 | 02:04:46 | | 03:03:51.35 | 8:45 | 6.9 |
| 116 | MOREVA DARIA | 334 | TRAIL RUNNING SCHOOL | WROCLAW | POL | K-30 | 18 | K 26 | NO | 01:04:30 | 02:08:12 | | 03:03:55.85 | 8:45 | 6.9 |
| 117 | MARZEC KAROLINA | 314 | DZIKIE DZIKI GORZÓW | DESZCZNO | POL | K-40 | 6 | K 27 | NIE | 01:01:46 | 01:59:55 | 00:10:00 | 03:03:56.80 | 8:16 | 7.2 |
| 118 | PIETRZYK TOMASZ | 392 | 140MINUT.PL | ŚWIDNICA | POL | M-40 | 38 | M 91 | NIE | 01:01:48 | 02:03:38 | | 03:04:01.15 | 8:45 | 6.8 |
| 119 | RELIGA ANDRZEJ | 417 | | HECZYNAROWICE | POL | M-40 | 39 | M 92 | NO | 00:59:16 | 02:03:40 | | 03:04:12.10 | 8:46 | 6.8 |
| 120 | PANZ KRZYSZTOF | 379 | | KLESZCZÓW | POL | M-30 | 37 | M 93 | TAK | 01:01:08 | 02:04:31 | | 03:04:12.95 | 8:46 | 6.8 |
| 121 | POŁCZYŃSKI PAWEŁ | 407 | STALOWA ŁYDA | CEREKWICA | POL | M-30 | 38 | M 94 | NIE | 01:01:22 | 02:04:36 | | 03:04:19.15 | 8:46 | 6.8 |
| 122 | MICHALAK PIOTR | 322 | | POZNAŃ | POL | M-40 | 40 | M 95 | NIE | 01:03:35 | 02:04:16 | | 03:04:20.75 | 8:46 | 6.8 |
| 123 | HOJAN ŁUKASZ | 164 | | CHOMECICE | POL | M-30 | 39 | M 96 | NIE | 01:05:08 | 02:08:12 | | 03:04:47.75 | 8:47 | 6.8 |
| 124 | MADERA MICHAŁ | 298 | LECIMY TUTAJ | WROCLAW | POL | M-30 | 40 | M 97 | NIE | 00:59:54 | 02:04:43 | | 03:04:49.20 | 8:48 | 6.8 |
| 125 | ZIELIŃSKI DOMINIK | 568 | | ŚREM | POL | M-30 | 41 | M 98 | NIE | 01:03:56 | 02:08:01 | | 03:04:51.05 | 8:48 | 6.8 |
| 126 | TURLEJ DARIUSZ | 513 | | WARSZAWA | POL | M-60 | 2 | M 99 | NIE | 01:04:50 | 02:08:56 | | 03:04:59.40 | 8:48 | 6.8 |
| 127 | BARAN ZENON | 18 | HOMOKOMANDO | WARSZAWA | POL | M-60 | 3 | M 100 | NIE | 01:10:47 | 02:10:51 | | 03:05:09.55 | 8:49 | 6.8 |
| 128 | ZAŁUSTOWICZ MACIEJ ZAŁUSTOWICZ | 556 | | WROCLAW | POL | M-40 | 41 | M 101 | NIE | 01:02:33 | 02:06:14 | | 03:06:12.95 | 8:52 | 6.8 |
| 129 | OLEJNIK MARCIN | 367 | CSIR AGATSU | ŻERNIKI WROCLAWSKIE | POL | M-40 | 42 | M 102 | NIE | 01:03:46 | 02:06:24 | | 03:06:15.35 | 8:52 | 6.8 |
| 130 | KŁACZYŃSKA DANUTA | 211 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 7 | K 28 | NIE | 01:01:44 | 02:01:33 | 00:10:00 | 03:06:15.85 | 8:23 | 7.1 |
| 131 | ZATON ADRIAN | 559 | | WROCLAW | POL | M-40 | 43 | M 103 | YES | 01:08:12 | 02:11:45 | | 03:07:06.50 | 8:54 | 6.7 |
| 132 | DATA MAREK | 100 | KUGUAR XTREME RUNNERS | STRONIE ŚLĄSKIE | POL | M-30 | 42 | M 104 | NIE | 01:01:14 | 02:07:39 | | 03:07:13.60 | 8:54 | 6.7 |
| 133 | STACHURSKA ILONA | 460 | KUGUAR XTREME RUNNERS | PRUSZKÓW | POL | K-30 | 19 | K 29 | NIE | 01:01:16 | 02:07:40 | | 03:07:13.75 | 8:54 | 6.7 |
| 134 | WARMUŁA PIOTR | 525 | FUNTRI | PEŁCZYCE | POL | M-40 | 44 | M 105 | NIE | 01:04:32 | 02:06:36 | | 03:07:16.20 | 8:55 | 6.7 |
| 135 | WEYNA RAFAŁ | 533 | BIAŁY DOMEK BIEGA | KICIN | POL | M-40 | 45 | M 106 | TAK | 01:02:59 | 02:07:18 | | 03:07:23.55 | 8:55 | 6.7 |
| 136 | ŁOPATYŃSKA-HUBER JULITA | 290 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-40 | 8 | K 30 | NIE | 01:02:44 | 02:07:02 | | 03:07:36.95 | 8:56 | 6.7 |
| 137 | KRYSIŃSKI MACIEJ | 251 | | DABROWA | POL | M-30 | 43 | M 107 | NIE | 01:02:28 | 02:07:15 | | 03:07:49.00 | 8:56 | 6.7 |
| 138 | KACZMAREK KAROL | 199 | ROZBIEGANY RAWICZ AKUNA RUN | RAWICZ | POL | M-40 | 46 | M 108 | NIE | 01:05:47 | 02:09:55 | | 03:08:35.25 | 8:58 | 6.7 |
| 139 | LUBIK ADAM | 285 | | POZNAŃ | POL | M-30 | 44 | M 109 | TAK | 01:05:42 | 02:12:21 | | 03:09:02.30 | 9:00 | 6.7 |
| 140 | BIAŁEK PAWEŁ | 31 | KB HERMES GRYFINO | SZCZECIN | POL | M-30 | 45 | M 110 | TAK | 01:07:05 | 02:12:52 | | 03:09:05.65 | 9:00 | 6.7 |
| 141 | DĄBKIEWICZ DOMINIKA | 101 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-40 | 9 | K 31 | NIE | 01:05:49 | 02:08:29 | | 03:09:09.30 | 9:00 | 6.7 |
| 142 | PAPROCKI MICHAŁ | 380 | | CZELADŹ | POL | M-30 | 46 | M 111 | NIE | 00:58:16 | 02:01:58 | | 03:09:26.75 | 9:01 | 6.7 |
| 143 | ŁAMPIKA KINGA | 287 | NIGHT RUNNERS WROCLAW | SMOLEC | POL | K-40 | 10 | K 32 | NIE | 01:05:26 | 02:11:24 | | 03:09:34.55 | 9:01 | 6.6 |
| 144 | PODEJMA GRZEGORZ | 403 | | SWARZĘDZ | POL | M-40 | 47 | M 112 | NIE | 01:04:11 | 02:08:49 | | 03:09:34.85 | 9:01 | 6.6 |
| 145 | GALIŃSKI KAMIL | 130 | | KRĘPICE | POL | M-30 | 47 | M 113 | NIE | 01:04:36 | 02:09:51 | | 03:09:35.25 | 9:01 | 6.6 |
| 146 | SAMBORSKI BARTOSZ | 437 | | WARSZAWA | POL | M-40 | 48 | M 114 | NIE | 01:03:35 | 02:04:50 | 00:10:00 | 03:09:37.05 | 8:33 | 7 |
| 147 | ODOLCZYK JERZY | 362 | | WARSZAWA | POL | M-60 | 4 | M 115 | NIE | 01:07:12 | 02:11:48 | | 03:09:49.45 | 9:02 | 6.6 |
| 148 | PURCZYŃSKI GRZEGORZ | 412 | | ZIELONA GÓRA | POL | M-40 | 49 | M 116 | NIE | 01:04:23 | 02:11:09 | | 03:10:18.75 | 9:03 | 6.6 |
| 149 | BOHAREWICZ PAWEŁ | 44 | BOHAR PALETY | ZIELONA GÓRA | POL | M-40 | 50 | M 117 | NIE | 01:07:53 | 02:11:07 | | 03:10:34.20 | 9:04 | 6.6 |
| 150 | GÓRNIŚWICZ ROLAND | 147 | TEAM LIVER | GDÓW | POL | M-20 | 6 | M 118 | NIE | 00:58:26 | 02:03:09 | | 03:10:52.70 | 9:05 | 6.6 |
| 151 | BIEL ŁUKASZ | 35 | | WARSZAWA | POL | M-30 | 48 | M 119 | NIE | 01:11:02 | 02:15:58 | | 03:11:49.00 | 9:08 | 6.6 |
| 152 | FLASZEWSKI ADAM | 125 | SPORTOWY KAŻMIERZ | RADZYNY | POL | M-30 | 49 | M 120 | NIE | 01:02:18 | 02:03:36 | 00:10:00 | 03:11:54.30 | 8:39 | 6.9 |
| 153 | TWARDOWSKI KRZYSZTOF | 514 | AMATOR | WROCLAW | POL | M-50 | 12 | M 121 | NIE | 01:08:24 | 02:13:15 | | 03:12:01.35 | 9:08 | 6.6 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|--|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 154 | ANDROS AGATA | 4 | BIEGNIJ OŁAWO | OŁAWA | POL | K-30 | 20 | K 33 | NIE | 01:08:06 | 02:15:25 | | 03:12:04.60 | 9:08 | 6.6 |
| 155 | BUŁAJEWSKA-OZGA KINGA | 67 | BIEGNIJ OŁAWO | OŁAWA | AFG | K-30 | 21 | K 34 | NIE | 01:08:29 | 02:15:37 | | 03:12:13.05 | 9:09 | 6.6 |
| 156 | SZNAJDER PAWEŁ | 483 | BUBBA@GUMP | WAŁBRZYCH | POL | M-40 | 51 | M 122 | NIE | 01:01:08 | 02:06:28 | | 03:12:16.40 | 9:09 | 6.6 |
| 157 | GINTER GRZEGORZ | 137 | AZS COLLEGIUM MEDICUM UJ | KRAKÓW | POL | M-30 | 50 | M 123 | NIE | 01:06:20 | 02:11:46 | | 03:12:27.70 | 9:09 | 6.5 |
| 158 | BUSZ RAFAŁ | 70 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 52 | M 124 | NIE | 01:08:13 | 02:15:33 | | 03:12:34.25 | 9:10 | 6.5 |
| 159 | KORYTEK PIOTR | 228 | ATR | WITKOWO | POL | M-40 | 53 | M 125 | NIE | 01:02:18 | 02:09:24 | | 03:12:53.30 | 9:11 | 6.5 |
| 160 | SPŁAWSKI MICHAŁ | 457 | MSERWIS.PL | WROCŁAW | POL | M-40 | 54 | M 126 | NIE | 01:04:28 | 02:13:11 | | 03:13:02.70 | 9:11 | 6.5 |
| 161 | JELONEK PIOTR | 188 | FUNTRI | ŻERNIKI WROCŁAWSKIE | POL | M-40 | 55 | M 127 | NIE | 01:07:41 | 02:13:45 | | 03:14:16.05 | 9:15 | 6.5 |
| 162 | SIKORA MICHAŁ | 444 | | PULAWY | POL | M-40 | 56 | M 128 | NIE | 01:09:31 | 02:15:45 | | 03:14:16.20 | 9:15 | 6.5 |
| 163 | BYLINA BARTOSZ | 72 | | POZNAN | POL | M-50 | 13 | M 129 | NIE | 01:04:11 | 02:10:25 | | 03:14:32.95 | 9:15 | 6.5 |
| 164 | MÖLL JANUSZ | 336 | | WROCŁAW | POL | M-50 | 14 | M 130 | NIE | 01:01:41 | 02:11:03 | | 03:14:52.85 | 9:16 | 6.5 |
| 165 | KUCZKOWSKA MARTA | 261 | EXTEAM | WROCŁAW | AFG | K-20 | 3 | K 35 | NIE | 01:04:23 | 02:12:50 | | 03:14:53.05 | 9:16 | 6.5 |
| 166 | WITEK TOMASZ | 539 | | KROTOSZYŃ | POL | M-30 | 51 | M 131 | NIE | 01:09:33 | 02:17:32 | | 03:15:21.55 | 9:18 | 6.4 |
| 167 | PONIATOWSKI SEWERYN | 409 | TROP EM ULTRA | WROCŁAW | POL | M-30 | 52 | M 132 | NIE | 01:04:04 | 02:12:47 | | 03:15:26.30 | 9:18 | 6.4 |
| 168 | ROJEWSKI PAWEŁ | 421 | EVERRUN | ŁÓDŹ | POL | M-30 | 53 | M 133 | NIE | 01:04:44 | 02:12:53 | | 03:15:38.10 | 9:18 | 6.4 |
| 169 | BABIŃSKA-POPIŁKA EWELINA | 12 | | RADKÓW | POL | K-30 | 22 | K 36 | NIE | 01:00:27 | 02:11:11 | | 03:15:49.20 | 9:19 | 6.4 |
| 170 | GOZDUR MICHAŁ | 145 | | POZNAŃ | POL | M-40 | 57 | M 134 | NIE | 01:05:12 | 02:14:21 | | 03:15:49.25 | 9:19 | 6.4 |
| 171 | KURZYŃCIEC ŁUKASZ | 269 | | WROCŁAW | POL | M-30 | 54 | M 135 | TAK | 01:10:29 | 02:18:57 | | 03:16:03.65 | 9:20 | 6.4 |
| 172 | KRAKOWSKI KRZYSZTOF | 239 | | PIŁA | POL | M-40 | 58 | M 136 | NIE | 01:04:04 | 02:13:55 | | 03:16:20.10 | 9:20 | 6.4 |
| 173 | CZUBIEL KONRAD | 96 | | POZNAŃ | POL | M-40 | 59 | M 137 | NIE | 01:04:35 | 02:11:57 | | 03:16:46.80 | 9:22 | 6.4 |
| 174 | TRZPIOLA TYCJAN | 509 | | WROCŁAW | NED | M-30 | 55 | M 138 | | 01:06:51 | 02:14:30 | | 03:17:06.85 | 9:23 | 6.4 |
| 175 | KRZESIMOWSKI DAMIAN | 253 | ROSSMANN | KIELCE | POL | M-40 | 60 | M 139 | NIE | 01:05:13 | 02:12:51 | | 03:18:12.00 | 9:26 | 6.4 |
| 176 | KUKLA SEBASTIAN | 264 | | WROCŁAW | POL | M-40 | 61 | M 140 | NIE | 01:09:41 | 02:17:51 | | 03:18:36.20 | 9:27 | 6.3 |
| 177 | MAJCHRZYCKI SŁAWOMIR | 302 | TKKF MPK POZNAŃ | KIJEWO/ŚRODA WLKP. | POL | M-30 | 56 | M 141 | NIE | 01:08:04 | 02:16:06 | | 03:18:40.65 | 9:27 | 6.3 |
| 178 | HACUŚ JACEK | 157 | | DUSZNIKI ZDRÓJ | POL | M-30 | 57 | M 142 | NIE | 01:06:17 | 02:16:08 | | 03:18:44.80 | 9:27 | 6.3 |
| 179 | BOCHNIARZ ANNA | 43 | BIEGNIJ OŁAWO | OŁAWA | POL | K-40 | 11 | K 37 | NIE | 01:09:43 | 02:18:40 | | 03:18:57.15 | 9:28 | 6.3 |
| 180 | WESOŁEK PAULA | 530 | | POZNAŃ | POL | K-30 | 23 | K 38 | NIE | 01:12:43 | 02:18:10 | | 03:19:08.85 | 9:28 | 6.3 |
| 181 | TRZECIAKIEWICZ MAREK | 506 | MLKS RADKÓW | MYSŁOWICE | POL | M-20 | 7 | M 143 | | 01:05:36 | 02:14:25 | | 03:19:18.25 | 9:29 | 6.3 |
| 182 | DUNAJ PAWEŁ | 112 | GT RAT | WROCŁAW | POL | M-40 | 62 | M 144 | TAK | 01:05:08 | 02:14:33 | | 03:19:19.10 | 9:29 | 6.3 |
| 183 | ANTECKI JACEK | 6 | | ŁÓDŹ | POL | M-40 | 63 | M 145 | NIE | 01:05:28 | 02:15:00 | | 03:19:19.35 | 9:29 | 6.3 |
| 184 | CHUDY TOBIASZ | 83 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 58 | M 146 | NIE | 01:09:22 | 02:21:26 | | 03:19:19.40 | 9:29 | 6.3 |
| 185 | PILARSKI JACEK | 394 | AKTYWNI KONIN | KONIN | POL | M-50 | 15 | M 147 | NIE | 01:08:44 | 02:18:30 | | 03:19:59.65 | 9:31 | 6.3 |
| 186 | GRZEGORCZYK WOJCIECH | 152 | KONDYCJA | WARSZAWA | POL | M-50 | 16 | M 148 | NIE | 01:09:47 | 02:18:04 | | 03:20:08.10 | 9:31 | 6.3 |
| 187 | ZDUŃCZYK PAULINA | 563 | | ŁÓDŹ | POL | K-30 | 24 | K 39 | NIE | 01:11:13 | 02:18:48 | | 03:21:22.35 | 9:35 | 6.3 |
| 188 | PAKULSKA-TOMZA DOROTA | 375 | | SUCHY LAS | POL | K-40 | 12 | K 40 | NIE | 01:09:47 | 02:18:07 | | 03:21:51.65 | 9:36 | 6.2 |
| 189 | NAPIERAŁA KATARZYNA | 343 | | SUCHY LAS | POL | K-40 | 13 | K 41 | NIE | 01:13:28 | 02:20:57 | | 03:21:51.80 | 9:36 | 6.2 |
| 190 | SOKOŁOWSKI MARCIN | 454 | | OPOLE | POL | M-30 | 59 | M 149 | NIE | 01:08:21 | 02:23:20 | | 03:21:54.40 | 9:36 | 6.2 |
| 191 | SIEJAK WOJCIECH | 441 | | MIECZEWO | POL | M-20 | 8 | M 150 | NIE | 01:07:07 | 02:14:48 | | 03:21:54.70 | 9:36 | 6.2 |
| 192 | ŻAK PIOTR | 573 | FARTY PUSZCZY | SZCZECIN | POL | M-30 | 60 | M 151 | NIE | 01:13:39 | 02:20:48 | | 03:21:57.40 | 9:37 | 6.2 |
| 193 | ŚWIĄTEK ŁUKASZ | 496 | GVT | WYSOKA | POL | M-30 | 61 | M 152 | NIE | 01:11:06 | 02:22:39 | | 03:22:03.10 | 9:37 | 6.2 |
| 194 | KOCJAN PAWEŁ | 214 | KIDS RUN | POZNAŃ | POL | M-40 | 64 | M 153 | NIE | 01:07:33 | 02:21:32 | | 03:22:10.65 | 9:37 | 6.2 |
| 195 | KOWANSKI JACEK | 232 | | PLESZEW | POL | M-30 | 62 | M 154 | NIE | 01:07:32 | 02:15:31 | | 03:22:16.20 | 9:37 | 6.2 |
| 196 | ADACH DARIUSZ | 1 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | ZĄBKOWICE ŚLĄSKIE | POL | M-40 | 65 | M 155 | NIE | 01:06:35 | 02:14:52 | | 03:23:07.00 | 9:40 | 6.2 |
| 197 | JADACH GRZEGORZ | 171 | NOA | WROCŁAW | POL | M-40 | 66 | M 156 | NIE | 01:08:45 | 02:20:21 | | 03:23:15.25 | 9:40 | 6.2 |
| 198 | PAWŁAK MATEUSZ | 382 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 63 | M 157 | NIE | 01:10:05 | 02:18:36 | | 03:23:20.65 | 9:40 | 6.2 |
| 199 | DUDEK DAWID | 110 | | STRONIE ŚLĄSKIE | POL | M-20 | 9 | M 158 | NIE | 01:05:04 | 02:19:10 | | 03:24:01.35 | 9:42 | 6.2 |
| 200 | WESOŁEK DANIEL | 531 | | POZNAŃ | POL | M-30 | 64 | M 159 | NIE | 01:02:25 | 02:14:36 | | 03:24:28.60 | 9:44 | 6.2 |
| 201 | WINCZURA LESZEK | 537 | | GDAŃSK | POL | M-40 | 67 | M 160 | NIE | 01:11:37 | 02:21:35 | | 03:24:33.25 | 9:44 | 6.2 |
| 202 | STEC ADAM | 468 | FCMISIEŃCZCE | WYSOKA | POL | M-40 | 68 | M 161 | NIE | 01:07:48 | 02:19:28 | | 03:24:40.45 | 9:44 | 6.2 |
| 203 | GUJSKI MARCIN | 155 | TRIPAKA | MIŃSK MAZOWIECKI | POL | M-40 | 69 | M 162 | NIE | 01:13:03 | 02:23:00 | | 03:24:43.25 | 9:44 | 6.2 |
| 204 | STASZEWSKI DARIUSZ | 466 | 7.BKPOW | TOMASZÓW MAZOWIECKI | POL | M-30 | 65 | M 163 | NIE | 01:09:32 | 02:20:25 | | 03:24:44.00 | 9:44 | 6.2 |
| 205 | ŚWIATOWIEC ANNA | 495 | | KRAKÓW | POL | K-50 | 2 | K 42 | NIE | 01:09:40 | 02:22:16 | | 03:24:48.15 | 9:45 | 6.2 |
| 206 | JASIŃSKA MAGDALENA | 182 | RĄCZE RACICZKI | WARSZAWA | POL | K-40 | 14 | K 43 | NIE | 01:10:51 | 02:20:42 | | 03:24:58.65 | 9:45 | 6.1 |
| 207 | PRZYBYSZ ARTUR | 411 | BIEGAJ PO ENDORFINY | KAMIONKI | POL | M-20 | 10 | M 164 | NIE | 01:10:21 | 02:20:30 | | 03:25:07.45 | 9:46 | 6.1 |
| 208 | LUBELCZYK GRZEGORZ | 284 | SPELEOCLUB WROCŁAW | MIĘKINIA | POL | M-50 | 17 | M 165 | TAK | 01:10:01 | 02:22:29 | | 03:25:08.50 | 9:46 | 6.1 |
| 209 | ŻYLAK MAREK | 576 | | WROCŁAW | POL | M-30 | 66 | M 166 | NO | 01:09:31 | 02:17:32 | | 03:25:16.15 | 9:46 | 6.1 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|--|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 210 | FILIPIAK SEBASTIAN | 122 | EKIPA LIPA | LIPA | POL | M-40 | 70 | M 167 | NIE | 01:12:53 | 02:25:17 | | 03:25:33.95 | 9:47 | 6.1 |
| 211 | SZYSZKO STANISŁAW | 492 | 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ | PIŁA | POL | M-30 | 67 | M 168 | NIE | 01:10:35 | 02:24:58 | | 03:25:34.00 | 9:47 | 6.1 |
| 212 | SOWIŃSKI ROBERT | 456 | GVT | BORÓW | POL | M-40 | 71 | M 169 | NIE | 01:10:26 | 02:22:41 | | 03:26:07.95 | 9:48 | 6.1 |
| 213 | POCIĘGIEL MICHAŁ | 402 | SKAWINA BIEGA | RADZISZÓW | POL | M-40 | 72 | M 170 | NIE | 01:13:29 | 02:22:11 | | 03:26:12.65 | 9:49 | 6.1 |
| 214 | DREAS JAKUB | 108 | WĘDZIKOWSKI TEAM / DZIKIE BOBRY | RYBITWY | POL | M-30 | 68 | M 171 | NIE | 01:13:41 | 02:25:59 | | 03:26:15.10 | 9:49 | 6.1 |
| 215 | KOMADA WOJCIECH | 218 | | ŚWIDNICA | POL | M-40 | 73 | M 172 | NIE | 01:12:15 | 02:25:35 | | 03:26:50.50 | 9:50 | 6.1 |
| 216 | SIWEK GRZEGORZ | 446 | LANRUNS | LANCKORONA | POL | M-40 | 74 | M 173 | NIE | 01:11:19 | 02:21:19 | | 03:26:51.25 | 9:51 | 6.1 |
| 217 | SKOKOWSKI JACEK | 448 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 18 | M 174 | NIE | 01:11:47 | 02:23:42 | | 03:27:04.25 | 9:51 | 6.1 |
| 218 | KARATKÓW EWA | 205 | | RADKÓW | POL | K-40 | 15 | K 44 | NIE | 01:08:59 | 02:22:21 | | 03:27:10.20 | 9:51 | 6.1 |
| 219 | BAJZERT FILIP | 13 | | PRZYKONA | POL | M-40 | 75 | M 175 | NIE | 01:10:10 | 02:24:39 | | 03:27:19.85 | 9:52 | 6.1 |
| 220 | DIUWE MARZENA | 103 | PASTERKA PANY | ŚWIDNICA | POL | K-30 | 25 | K 45 | NIE | 01:13:26 | 02:24:15 | | 03:27:34.45 | 9:53 | 6.1 |
| 221 | ODOLCZYK JOANNA | 363 | | WARSZAWA | POL | K-50 | 3 | K 46 | NIE | 01:13:30 | 02:23:21 | | 03:27:50.15 | 9:53 | 6.1 |
| 222 | JANOWICZ WOJTEK | 179 | | KŁODZKO | POL | M-30 | 69 | M 176 | NIE | 01:09:54 | 02:20:31 | | 03:27:51.00 | 9:53 | 6.1 |
| 223 | JĄGODZIŃSKI PAWEŁ | 172 | VIKMED 3TEAM KONIN | KONIN | POL | M-40 | 76 | M 177 | NIE | 01:09:04 | 02:25:50 | | 03:28:04.40 | 9:54 | 6.1 |
| 224 | KOZŁOWSKI WOJCIECH | 236 | | LISOWICE | POL | M-50 | 19 | M 178 | NIE | 01:09:43 | 02:21:13 | | 03:28:05.60 | 9:54 | 6.1 |
| 225 | ORTYL EWELINA | 371 | | LISOWICE | POL | K-40 | 16 | K 47 | NIE | 01:09:47 | 02:21:18 | | 03:28:06.80 | 9:54 | 6.1 |
| 226 | PERZ MARZENNA | 387 | | BUKOWIEC | POL | K-50 | 4 | K 48 | NIE | 01:16:56 | 02:27:54 | | 03:28:11.15 | 9:54 | 6.1 |
| 227 | ROZNER ARTUR | 582 | | PIASECZNO | POL | M-40 | 77 | M 179 | NIE | 01:09:58 | 02:22:05 | | 03:28:31.20 | 9:55 | 6 |
| 228 | BIEL TOMASZ | 36 | | KATOWICE | POL | M-40 | 78 | M 180 | NIE | 01:10:46 | 02:21:43 | | 03:28:36.45 | 9:56 | 6 |
| 229 | ŻAK DOMINIKA | 572 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 26 | K 49 | NIE | 01:13:34 | 02:24:43 | | 03:29:04.60 | 9:57 | 6 |
| 230 | WOSZCZAK ZBIGNIEW | 547 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | M-50 | 20 | M 181 | NIE | 01:16:01 | 02:28:13 | | 03:29:38.85 | 9:58 | 6 |
| 231 | ROBAKOWSKA JOANNA | 419 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-30 | 27 | K 50 | NIE | 01:13:43 | 02:29:25 | | 03:29:44.50 | 9:59 | 6 |
| 232 | ZIELENKIEWICZ MARCIN | 567 | FUNTRI | WROCŁAW | POL | M-40 | 79 | M 182 | NIE | 01:10:12 | 02:22:16 | | 03:29:47.10 | 9:59 | 6 |
| 233 | KUBICKA MAGDALENA | 256 | | FLORENTYNÓW | POL | K-40 | 17 | K 51 | NIE | 01:11:20 | 02:23:39 | | 03:29:53.50 | 9:59 | 6 |
| 234 | SYPIŃSKI KRYSZTOF | 474 | | POZNAŃ | POL | M-40 | 80 | M 183 | | 01:09:01 | 02:25:09 | | 03:30:06.05 | 10:00 | 6 |
| 235 | JANOWSKI MICHAŁ | 180 | | POZNAŃ | POL | M-30 | 70 | M 184 | NIE | 01:02:41 | 02:16:22 | | 03:30:25.20 | 10:01 | 6 |
| 236 | CHUDY ARIEL | 84 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 71 | M 185 | NIE | 01:09:26 | 02:21:33 | | 03:30:53.25 | 10:02 | 6 |
| 237 | WOLFF MARIA | 546 | | SUCHY LAS | POL | K-30 | 28 | K 52 | NIE | 01:10:10 | 02:25:50 | | 03:30:56.25 | 10:02 | 6 |
| 238 | MŁYNARCZYK KRZYSZTOF | 331 | | WARSZAWA | POL | M-40 | 81 | M 186 | NIE | 01:11:14 | 02:24:06 | | 03:31:05.90 | 10:03 | 6 |
| 239 | TRZEPACZ DOROTA | 508 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 18 | K 53 | NIE | 01:09:15 | 02:25:54 | | 03:31:13.20 | 10:03 | 6 |
| 240 | NOWAK JAROSŁAW | 356 | | ŁOMNICA | POL | M-50 | 21 | M 187 | NIE | 01:11:43 | 02:24:55 | | 03:31:28.45 | 10:04 | 6 |
| 241 | KACZMAREK MIROSLAW | 200 | RUNNER'S POWER ŚREM | ŚREM | POL | M-30 | 72 | M 188 | NIE | 01:14:05 | 02:27:01 | | 03:31:55.55 | 10:05 | 5.9 |
| 242 | MATUSZEWSKI MAŁGORZATA | 318 | RUNNER'S POWER ŚREM | ŚREM | POL | K-40 | 19 | K 54 | NIE | 01:14:04 | 02:27:01 | | 03:31:56.00 | 10:05 | 5.9 |
| 243 | ŁĘKAWA SEBASTIAN | 289 | 140MINUT.PL | WROCŁAW | POL | M-40 | 82 | M 189 | NO | 01:13:06 | 02:25:42 | | 03:32:16.85 | 10:06 | 5.9 |
| 244 | ROLIŃSKI RADOSŁAW | 422 | | OLEŚNICA | POL | M-50 | 22 | M 190 | NIE | 01:13:08 | 02:25:42 | | 03:32:45.60 | 10:07 | 5.9 |
| 245 | GERUS ANNA | 133 | | WARSZAWA | POL | K-20 | 4 | K 55 | NIE | 01:11:16 | 02:30:32 | | 03:32:59.40 | 10:08 | 5.9 |
| 246 | WOSZCZAK JOLANTA | 548 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | K-50 | 5 | K 56 | NIE | 01:17:39 | 02:28:23 | | 03:33:13.55 | 10:09 | 5.9 |
| 247 | ŻYCHSKA ANNA | 575 | | POZNAŃ | POL | K-30 | 29 | K 57 | NIE | 01:12:09 | 02:25:00 | | 03:33:29.25 | 10:09 | 5.9 |
| 248 | POMIANOWSKI SZYMON | 408 | KURACJUSZE | WROCŁAW | POL | M-30 | 73 | M 191 | NIE | 01:08:35 | 02:30:27 | | 03:33:30.15 | 10:10 | 5.9 |
| 249 | PILZ-JEDRZEJCZYK DOMINIKA | 395 | | ZIELONA GORA | POL | K-30 | 30 | K 58 | NIE | 01:13:39 | 02:27:07 | | 03:33:47.00 | 10:10 | 5.9 |
| 250 | CHRZANOWSKA AGNIESZKA | 79 | | SZCZECIN | POL | K-40 | 20 | K 59 | NIE | 01:16:45 | 02:31:19 | | 03:34:58.75 | 10:14 | 5.9 |
| 251 | ANDRYSZCZAK ŁUKASZ | 5 | BMW KLUB POZNAŃ | PIĘCZKOWO | POL | M-30 | 74 | M 192 | NIE | 01:14:46 | 02:30:58 | | 03:35:01.55 | 10:14 | 5.9 |
| 252 | KRUSZEWSKI JACEK | 247 | MARKOWI BIEGACZE | MARKI | POL | M-40 | 83 | M 193 | NO | 01:12:35 | 02:27:51 | | 03:35:06.60 | 10:14 | 5.9 |
| 253 | FIGUŁA SŁAWOMIR | 120 | | KRZĘCIN | POL | M-40 | 84 | M 194 | NIE | 01:11:10 | 02:25:59 | | 03:36:13.10 | 10:17 | 5.8 |
| 254 | KACZOREK ROBERT | 201 | | WARSZAWA | POL | M-40 | 85 | M 195 | TAK | 01:08:17 | 02:24:51 | | 03:36:23.05 | 10:18 | 5.8 |
| 255 | TAMULONEK GRZEGORZ | 498 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 86 | M 196 | NIE | 01:17:25 | 02:35:09 | | 03:36:37.15 | 10:18 | 5.8 |
| 256 | SZAL MAŁGORZATA | 475 | TENIS CENTRUM AS | POLANICA- ZDRÓJ | POL | K-30 | 31 | K 60 | NIE | 01:13:14 | 02:35:42 | | 03:36:56.20 | 10:19 | 5.8 |
| 257 | TARNOŃSKI MACIEJ | 499 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | M-30 | 75 | M 197 | NIE | 01:16:57 | 02:33:11 | | 03:37:21.85 | 10:21 | 5.8 |
| 258 | JĘDRZEJCZYK ŁUKASZ | 191 | | ZIELONA GORA | POL | M-30 | 76 | M 198 | NIE | 01:12:29 | 02:27:08 | | 03:37:35.95 | 10:21 | 5.8 |
| 259 | JAMROZ BARTOSZ | 177 | | CHOJNÓW | POL | M-30 | 77 | M 199 | NIE | 01:12:07 | 02:27:54 | | 03:37:37.25 | 10:21 | 5.8 |
| 260 | GAJDA SEBASTIAN | 129 | | SZCZECIN | POL | M-40 | 87 | M 200 | NIE | 01:18:16 | 02:32:26 | | 03:37:54.90 | 10:22 | 5.8 |
| 261 | NOWAK DOROTA | 357 | | SZCZECIN | AFG | K-30 | 32 | K 61 | NIE | 01:18:15 | 02:32:25 | | 03:37:55.25 | 10:22 | 5.8 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 262 | KAWA KRZYSZTOF | 206 | | POZNAŃ | POL | M-30 | 78 | M 201 | NIE | 01:11:09 | 02:26:16 | | 03:38:29.20 | 10:24 | 5.8 |
| 263 | ZDYB GRZEGORZ | 564 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY | LEŚNIOWE WIELKI | POL | M-40 | 88 | M 202 | NIE | 01:17:25 | 02:30:56 | | 03:38:35.65 | 10:24 | 5.8 |
| 264 | KRAWCZYK ANNA | 244 | NIGHT RUNNERS | GORZYCE WIELKIE | POL | K-40 | 21 | K 62 | NIE | 01:13:45 | 02:29:17 | | 03:38:55.20 | 10:25 | 5.8 |
| 265 | KAMIŃSKI PAWEŁ | 203 | | MUROWANIEC | POL | M-50 | 23 | M 203 | NIE | 01:13:30 | 02:28:25 | | 03:39:01.00 | 10:25 | 5.8 |
| 266 | GRUSZKA KATARZYNA | 151 | | POZNAŃ | POL | K-30 | 33 | K 63 | NIE | 01:11:28 | 02:33:24 | | 03:39:09.80 | 10:26 | 5.7 |
| 267 | ŚWIĄTEK JULIA | 497 | IMMABEE / KS GVT | CHYBY | POL | K-40 | 22 | K 64 | NIE | 01:11:26 | 02:33:23 | | 03:39:10.70 | 10:26 | 5.7 |
| 268 | CHRAPLEWSKA KAROLINA | 78 | CHATABIEGACZA K34 | POZNAŃ | POL | K-40 | 23 | K 65 | | 01:13:39 | 02:24:08 | 00:10:00 | 03:39:29.05 | 9:58 | 6 |
| 269 | BUSS JAKUB | 68 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-50 | 24 | M 204 | NIE | 01:18:24 | 02:40:38 | | 03:39:43.05 | 10:27 | 5.7 |
| 270 | KRUZEL RAFAŁ | 248 | | LEGNICA | POL | M-40 | 89 | M 205 | NIE | 01:17:26 | 02:36:15 | | 03:40:32.55 | 10:30 | 5.7 |
| 271 | FRĄCZEK IWONA | 128 | FUNTRI | WROCŁAW | POL | K-40 | 24 | K 66 | NIE | 01:15:48 | 02:32:10 | | 03:41:13.10 | 10:32 | 5.7 |
| 272 | NOWAK KATARZYNA | 355 | TIM JEST TIM | OZIMEK | POL | K-30 | 34 | K 67 | NIE | 01:18:26 | 02:40:26 | | 03:41:20.45 | 10:32 | 5.7 |
| 273 | NIEDOBA BARBARA | 347 | TIM JEST TIM | OZIMEK | POL | K-40 | 25 | K 68 | NIE | 01:18:19 | 02:40:19 | | 03:41:46.85 | 10:33 | 5.7 |
| 274 | STANISZEWSKA-DUDA KATARZYNA | 462 | TIM JEST TIM | OZIMEK | POL | K-40 | 26 | K 69 | NIE | 01:18:00 | 02:40:20 | | 03:41:49.50 | 10:33 | 5.7 |
| 275 | KOPKA TOMASZ | 227 | AGB TORFY | KOLONIA BRUŻYCA | POL | M-50 | 25 | M 206 | NIE | 01:19:16 | 02:34:48 | | 03:42:14.25 | 10:34 | 5.7 |
| 276 | JANOTA MICHAŁ | 178 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 90 | M 207 | NIE | 01:14:10 | 02:30:35 | | 03:42:18.20 | 10:35 | 5.7 |
| 277 | KOPKA ELŻBIETA | 226 | AGB TORFY | KOLONIA BRUŻYCA | POL | K-40 | 27 | K 70 | NIE | 01:19:51 | 02:34:57 | | 03:42:18.25 | 10:35 | 5.7 |
| 278 | RYZNER NATALIA | 434 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | K-30 | 35 | K 71 | NIE | 01:14:14 | 02:30:37 | | 03:42:21.05 | 10:35 | 5.7 |
| 279 | SKORUPA TOMASZ | 450 | AGB TORFY | ŁÓDŹ | POL | M-40 | 91 | M 208 | NIE | 01:19:17 | 02:33:06 | | 03:42:35.75 | 10:35 | 5.7 |
| 280 | SZULECKA KAMILA | 485 | | ŁÓDŹ | POL | K-40 | 28 | K 72 | NIE | 01:19:17 | 02:33:08 | | 03:42:35.95 | 10:35 | 5.7 |
| 281 | BIEDZIAK-ŁUCZAK URSZULA | 33 | RUN4ENERGY | PLEWISKA | POL | K-30 | 36 | K 73 | NIE | 01:15:38 | 02:34:45 | | 03:42:40.15 | 10:36 | 5.7 |
| 282 | ŁUCZAK MARCIN | 292 | RUN4ENERGY | PLEWISKA | POL | M-40 | 92 | M 209 | NIE | 01:15:36 | 02:34:47 | | 03:42:41.40 | 10:36 | 5.7 |
| 283 | STRUSIŃSKA KATARZYNA | 471 | | MIŃSK MAZOWIECKI | POL | K-40 | 29 | K 74 | NIE | 01:18:39 | 02:35:12 | | 03:43:25.00 | 10:38 | 5.6 |
| 284 | SZCZUKA JOANNA | 481 | | WIRY | POL | K-20 | 5 | K 75 | NIE | 01:16:47 | 02:33:19 | | 03:43:26.60 | 10:38 | 5.6 |
| 285 | WALIGÓRA ALEKSANDRA | 520 | NIAGARA FITNESS KLUB | RAKONIEWICE | POL | K-30 | 37 | K 76 | NIE | 01:20:45 | 02:40:00 | | 03:43:58.20 | 10:39 | 5.6 |
| 286 | MATYLA ROMAN | 319 | FUNTRI | WROCŁAW | POL | M-30 | 79 | M 210 | NIE | 01:10:45 | 02:28:27 | | 03:44:13.90 | 10:40 | 5.6 |
| 287 | KOLEJ MONIKA | 217 | DZIKIE DZIKI GORZÓW | GORZÓW WLKP . | POL | K-40 | 30 | K 77 | NIE | 01:17:17 | 02:37:10 | | 03:45:56.90 | 10:45 | 5.6 |
| 288 | MROZIK MARIUSZ | 338 | | SZCZECINEK | POL | M-40 | 93 | M 211 | NIE | 01:17:02 | 02:37:12 | | 03:45:57.30 | 10:45 | 5.6 |
| 289 | BARAN PAULINA | 19 | NIE W SZCZEPIONKĘ TEAM | PIASECZNO | POL | K-30 | 38 | K 78 | NIE | 01:21:44 | 02:38:02 | | 03:46:02.10 | 10:45 | 5.6 |
| 290 | KULAS KATARZYNA | 266 | | POZNAŃ | POL | K-30 | 39 | K 79 | NIE | 01:16:50 | 02:34:05 | | 03:46:30.20 | 10:47 | 5.6 |
| 291 | POŁCZYŃSKI MACIEJ | 406 | STALOWA ŁYDA | POZNAŃ | POL | M-40 | 94 | M 212 | NIE | 01:15:44 | 02:34:20 | | 03:46:46.35 | 10:47 | 5.6 |
| 292 | KOŃ ALEKSANDRA | 224 | EKIPA LIPA | LIPA | POL | K-40 | 31 | K 80 | NIE | 01:13:40 | 02:34:56 | | 03:46:54.20 | 10:48 | 5.6 |
| 293 | WĘŻYK KAMILA | 534 | | BEDOŃ PRZYKOŚCIELNY | POL | K-30 | 40 | K 81 | NIE | 01:21:42 | 02:40:14 | | 03:47:02.70 | 10:48 | 5.5 |
| 294 | CZECH DOROTA | 92 | ASICS FRONTRUNNER POLAND | WROCŁAW | POL | K-40 | 32 | K 82 | NIE | 01:19:09 | 02:36:52 | | 03:47:03.00 | 10:48 | 5.5 |
| 295 | MICHAŁKIEWICZ MAREK | 326 | | POZNAŃ | POL | M-40 | 95 | M 213 | NIE | 01:17:53 | 02:38:35 | | 03:47:10.95 | 10:49 | 5.5 |
| 296 | KOLAŚNIEWSKI MAREK | 216 | | POZNAŃ | POL | M-40 | 96 | M 214 | TAK | 01:16:55 | 02:38:23 | | 03:47:13.90 | 10:49 | 5.5 |
| 297 | SZATAN JOWITA | 478 | KOTWICA BRZEG | BRZEG | POL | K-30 | 41 | K 83 | NIE | 01:17:52 | 02:39:05 | | 03:47:44.45 | 10:50 | 5.5 |
| 298 | SZYMAŃSKI ROBERT | 488 | | GORZÓW WIELKOPOLSKI | POL | M-40 | 97 | M 215 | NIE | 01:13:23 | 02:35:56 | | 03:48:21.45 | 10:52 | 5.5 |
| 299 | CHOŁUJ MAŁGORZATA | 76 | | SZCZODRE | POL | K-50 | 6 | K 84 | NIE | 01:18:51 | 02:37:05 | | 03:48:32.10 | 10:52 | 5.5 |
| 300 | PIECUCH MAŁGORZATA | 390 | | PRZEWORSK | POL | K-60 | 1 | K 85 | NIE | 01:21:12 | 02:39:23 | | 03:48:47.00 | 10:53 | 5.5 |
| 301 | KONOPACKI GRZEGORZ | 222 | RÓŻOWE LANDRYNY | BYSTRZYCA KŁODZKA | POL | M-40 | 98 | M 216 | NIE | 01:15:13 | 02:32:36 | | 03:49:48.95 | 10:56 | 5.5 |
| 302 | WARA-WĄSOWSKI MACIEJ | 523 | | ŁÓDŹ | POL | M-50 | 26 | M 217 | NIE | 01:17:03 | 02:35:56 | | 03:49:51.80 | 10:56 | 5.5 |
| 303 | JAROSŁAWSKI MARIUSZ | 181 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 27 | M 218 | TAK | 01:14:05 | 02:37:12 | | 03:50:27.05 | 10:58 | 5.5 |
| 304 | CZERNIK RAFAŁ | 93 | | ZABRZE | POL | M-40 | 99 | M 219 | NIE | 01:22:02 | 02:41:34 | | 03:51:08.10 | 11:00 | 5.5 |
| 305 | DATA IZA | 99 | KUGUAR XTREME RUNNERS | STRONIE ŚL. | POL | K-50 | 7 | K 86 | NIE | 01:18:09 | 02:37:28 | | 03:51:17.25 | 11:00 | 5.4 |
| 306 | DATA DARIUSZ | 98 | KUGUAR XTREME RUNNERS | KLETNO | POL | M-50 | 28 | M 220 | TAK | 01:18:12 | 02:37:27 | | 03:51:17.40 | 11:00 | 5.4 |
| 307 | BARANOWSKI SZYMON | 20 | | POZNAŃ | POL | M-30 | 80 | M 221 | TAK | 01:20:26 | 02:39:18 | | 03:51:25.95 | 11:01 | 5.4 |
| 308 | ROGUT KATARZYNA | 420 | AGB TORFY | RĄBIEŃ AB | POL | K-50 | 8 | K 87 | NIE | 01:20:00 | 02:41:01 | | 03:51:28.40 | 11:01 | 5.4 |
| 309 | BIEL MARIUSZ | 34 | | WARSZAWA | POL | M-40 | 100 | M 222 | NIE | 01:14:56 | 02:37:20 | | 03:51:30.00 | 11:01 | 5.4 |
| 310 | MATUSIAK MATEUSZ | 316 | | ZIELONA GÓRA | POL | M-20 | 11 | M 223 | NIE | 01:23:08 | | | 03:51:35.00 | 11:01 | 5.4 |
| 311 | SZCZOTKA KATARZYNA | 480 | | POZNAŃ | POL | K-20 | 6 | K 88 | TAK | 01:20:35 | 02:39:16 | | 03:51:36.45 | 11:01 | 5.4 |
| 312 | MORAWSKI MARCIN | 333 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-40 | 101 | M 224 | NIE | 01:18:22 | 02:40:22 | | 03:51:47.80 | 11:02 | 5.4 |
| 313 | CHRZĄSZCZ MARIUSZ | 81 | | MIROSZOWICE | POL | M-40 | 102 | M 225 | NIE | 01:29:25 | 02:46:22 | | 03:51:55.50 | 11:02 | 5.4 |
| 314 | CHRZĄSZCZ DAMIAN | 80 | VEGE RUNNERS | LUBIN | POL | M-40 | 103 | M 226 | NIE | 01:29:28 | 02:45:37 | | 03:51:55.95 | 11:02 | 5.4 |
| 315 | ŻYLIŃSKA URSZULA | 578 | | WARSZAWA | POL | K-40 | 33 | K 89 | NIE | 01:23:22 | 02:41:30 | | 03:52:20.35 | 11:03 | 5.4 |
| 316 | FARION MARZENA | 115 | | STRZEGOM | POL | K-40 | 34 | K 90 | NIE | 01:12:01 | 02:35:52 | | 03:52:29.25 | 11:04 | 5.4 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-------------------------------|-----|----------------------|-----------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 317 | RADECKI ADAM | 413 | | STRZEGOM | POL | M-40 | 104 | M 227 | NIE | 01:11:58 | 02:35:52 | | 03:52:30.70 | 11:04 | 5.4 |
| 318 | ZIMINSKA JOANNA | 569 | HAPPYRUNNERS | ŁÓDŹ | POL | K-50 | 9 | K 91 | NIE | 01:20:06 | 02:41:03 | | 03:53:20.20 | 11:06 | 5.4 |
| 319 | GÓRCZYŃSKI RAFAŁ | 146 | | PRZYŁĘK | POL | M-40 | 105 | M 228 | NIE | 01:19:28 | 02:40:46 | | 03:54:01.60 | 11:08 | 5.4 |
| 320 | KRAJEWSKA MAGDALENA | 237 | AGB | KONSTANTYNÓW ŁÓDZKI | POL | K-50 | 10 | K 92 | NIE | 01:20:14 | 02:41:04 | | 03:54:36.50 | 11:10 | 5.4 |
| 321 | MUSIAL RADOSŁAW MUSIAL | 340 | | WROCLAW | POL | M-40 | 106 | M 229 | NO | 01:20:12 | 02:39:11 | | 03:55:03.60 | 11:11 | 5.4 |
| 322 | STAMM TOMASZ | 461 | | POZNAŃ | POL | M-50 | 29 | M 230 | NIE | 01:19:34 | 02:41:00 | | 03:55:13.15 | 11:12 | 5.4 |
| 323 | MAKOWSKI TOMASZ | 306 | NIGHT RUNNERS | POZNAŃ | POL | M-30 | 81 | M 231 | NIE | 01:19:02 | 02:34:13 | | 03:55:46.30 | 11:13 | 5.3 |
| 324 | KURZAWIAK WOJCIECH | 268 | ZGORMYSYNY | KARŁÓW | POL | M-40 | 107 | M 232 | TAK | 01:20:39 | 02:42:16 | | 03:56:21.60 | 11:15 | 5.3 |
| 325 | DŁUGOSZ MAREK | 104 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | M-50 | 30 | M 233 | NIE | 01:21:01 | 02:46:49 | | 03:56:34.15 | 11:15 | 5.3 |
| 326 | AUGUSTOWSKA IZABELA | 10 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | K-40 | 35 | K 93 | NIE | 01:21:16 | 02:46:48 | | 03:56:34.55 | 11:15 | 5.3 |
| 327 | JURASZ ALEKSANDRA | 194 | | KAMIENIEC ZĄBKOWICKI | POL | K-30 | 42 | K 94 | NIE | 01:18:52 | 02:38:58 | | 03:56:58.45 | 11:17 | 5.3 |
| 328 | PAŁUCKA MARTA | 378 | PROJEKT ULTRA | ZALASEWO | POL | K-30 | 43 | K 95 | NIE | 01:24:20 | 02:44:51 | | 03:57:48.75 | 11:19 | 5.3 |
| 329 | ŁACHACZ ROBERT | 286 | | SZCZYTNO | POL | M-40 | 108 | M 234 | NIE | 01:19:14 | 02:44:33 | | 03:58:07.10 | 11:20 | 5.3 |
| 330 | SOROKA MONIKA | 455 | PASTERKA PANY | PASTERKA | POL | K-40 | 36 | K 96 | NIE | 01:15:41 | 02:37:11 | | 03:58:12.85 | 11:20 | 5.3 |
| 331 | GIBOWSKI LUKASZ | 135 | | TRZEBNICA | POL | M-40 | 109 | M 235 | NIE | 01:16:20 | 02:45:25 | | 03:58:45.70 | 11:22 | 5.3 |
| 332 | KOT TOMASZ | 230 | | WARSZAWA | POL | M-40 | 110 | M 236 | NIE | 01:22:43 | 02:45:27 | | 03:59:13.60 | 11:23 | 5.3 |
| 333 | ROMAN PAWEŁ | 423 | | MIŃSK MAZOWIECKI | POL | M-40 | 111 | M 237 | NIE | 01:13:27 | 02:35:13 | | 03:59:24.35 | 11:24 | 5.3 |
| 334 | NEUMANN BEATA | 346 | CENTRUM ŁAKOWA 1 | RADKÓW | POL | K-50 | 11 | K 97 | NIE | 01:24:06 | 02:47:59 | | 03:59:50.75 | 11:25 | 5.3 |
| 335 | CZERWONKA ZBIGNIEW | 95 | ESKADRA ŁÓDŹ | ŁÓDŹ | POL | M-30 | 82 | M 238 | NO | 01:22:32 | 02:50:42 | | 04:01:22.80 | 11:29 | 5.2 |
| 336 | WILKIN MIROSLAW | 536 | FUNTRI | ŻARY | POL | M-50 | 31 | M 239 | NIE | 01:22:25 | 02:46:13 | | 04:01:42.25 | 11:30 | 5.2 |
| 337 | LIS MIROSLAW | 281 | | CEREKWICA | POL | M-40 | 112 | M 240 | NIE | 01:16:52 | 02:45:30 | | 04:01:43.05 | 11:30 | 5.2 |
| 338 | SIEPIELSKI DAMIAN | 442 | | NOWA WOLA | POL | M-30 | 83 | M 241 | NIE | 01:11:26 | 02:35:32 | 00:20:00 | 04:02:13.35 | 10:34 | 5.7 |
| 339 | NOWAK FILIP | 359 | | OSTRÓW WIELKOPOLSKI | POL | M-40 | 113 | M 242 | NIE | 01:24:29 | 02:47:48 | | 04:02:23.50 | 11:32 | 5.2 |
| 340 | GOSK URSZULA | 144 | | OPOLE | POL | K-30 | 44 | K 98 | NIE | 01:22:44 | 02:47:29 | | 04:02:42.60 | 11:33 | 5.2 |
| 341 | CHWASTYK EWA | 85 | | CHRZĄSZCZYCE | POL | K-30 | 45 | K 99 | NIE | 01:22:42 | 02:47:29 | | 04:02:42.70 | 11:33 | 5.2 |
| 342 | BUSS KONRAD | 69 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 84 | M 243 | NIE | 01:20:06 | 02:42:51 | | 04:03:21.35 | 11:35 | 5.2 |
| 343 | MAKOWSKI DARIUSZ | 305 | KM TEAM | CHOJNA | POL | M-50 | 32 | M 244 | NIE | 01:18:48 | 02:45:59 | | 04:03:38.20 | 11:36 | 5.2 |
| 344 | KRAWIEC PIOTR | 245 | KOTWICA BRZEG | ŻŁOBIŻNA | POL | M-40 | 114 | M 245 | NIE | 01:18:07 | 02:43:58 | | 04:04:02.35 | 11:37 | 5.2 |
| 345 | RYPYŃSKA MAGDALENA | 433 | | TRZEBNICA | POL | K-40 | 37 | K 100 | NIE | 01:25:02 | 02:51:39 | | 04:04:32.40 | 11:38 | 5.2 |
| 346 | MORAWSKA ANNA | 332 | | WARSZAWA | POL | K-60 | 2 | K 101 | NIE | 01:21:23 | 02:47:42 | | 04:05:42.30 | 11:42 | 5.1 |
| 347 | FINKOWIAT - SZYMCAK KATARZYNA | 123 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 46 | K 102 | NIE | 01:29:09 | 02:54:46 | | 04:06:51.40 | 11:45 | 5.1 |
| 348 | KACIUPA AGNIESZKA | 198 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 38 | K 103 | NIE | 01:27:57 | 02:54:49 | | 04:06:51.65 | 11:45 | 5.1 |
| 349 | BORODYN ANDRZEJ | 49 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 115 | M 246 | NIE | 01:23:08 | 02:51:29 | | 04:07:09.35 | 11:46 | 5.1 |
| 350 | JEDYNAK-DOROSZ IZABELA | 187 | KB MANIAC POZNAŃ | TULCE | POL | K-40 | 39 | K 104 | NIE | 01:27:11 | 02:54:04 | | 04:07:16.70 | 11:46 | 5.1 |
| 351 | ŁUSIAK KASIA | 295 | | SMOLEC | POL | K-30 | 47 | K 105 | NIE | 01:25:59 | 03:00:06 | | 04:07:41.70 | 11:47 | 5.1 |
| 352 | MAZUR MAREK | 320 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 33 | M 247 | NIE | 01:29:14 | | | 04:07:49.00 | 11:48 | 5.1 |
| 353 | JAŚKIEWICZ KATARZYNA | 183 | | SZCZECIN | POL | K-40 | 40 | K 106 | NIE | 01:25:58 | 02:55:14 | | 04:08:01.00 | 11:48 | 5.1 |
| 354 | BOROŃ IZABELA | 51 | | NOWA IWICZNA | POL | K-40 | 41 | K 107 | NIE | 01:27:17 | 02:51:56 | | 04:08:15.40 | 11:49 | 5.1 |
| 355 | BYKS TOMASZ | 71 | | POZNAŃ | POL | M-30 | 85 | M 248 | NIE | 01:20:44 | 02:50:27 | | 04:09:05.70 | 11:51 | 5.1 |
| 356 | ROSA ALEKSANDER | 424 | | RABOWICE | POL | M-40 | 116 | M 249 | NIE | 01:22:28 | 02:50:27 | | 04:09:05.80 | 11:51 | 5.1 |
| 357 | HORBACZ-ROSA HANNA | 165 | | RABOWICE | POL | K-30 | 48 | K 108 | NIE | 01:20:57 | 02:50:30 | | 04:09:10.25 | 11:51 | 5.1 |
| 358 | BOSY JOANNA | 56 | | WROCLAW | POL | K-30 | 49 | K 109 | NIE | 01:25:47 | 02:56:03 | | 04:09:21.40 | 11:52 | 5.1 |
| 359 | BOROŃ RYSZARD | 50 | | NOWA IWICZNA | POL | M-60 | 5 | M 250 | NIE | 01:27:35 | 02:51:59 | | 04:09:39.60 | 11:53 | 5 |
| 360 | KUMOR WERONIKA | 267 | EVERRUN | ŁÓDŹ | POL | K-40 | 42 | K 110 | NIE | 01:27:20 | 02:52:58 | | 04:09:42.95 | 11:53 | 5 |
| 361 | ŻUROWSKI MIKOŁAJ ŻUROWSKI | 574 | GVT | WROCLAW | POL | M-20 | 12 | M 251 | NO | 01:23:26 | 02:50:43 | | 04:09:46.25 | 11:53 | 5 |
| 362 | KONKIEWICZ KATARZYNA | 221 | NIAGARA | GRODZISK WIELKOPOLSKI | POL | K-40 | 43 | K 111 | NIE | 01:32:15 | 02:57:25 | | 04:10:23.15 | 11:55 | 5 |
| 363 | CHUDAŃSKI JAKUB | 82 | | KNURÓW | POL | M-30 | 86 | M 252 | NIE | 01:21:55 | 02:53:00 | | 04:10:31.55 | 11:55 | 5 |
| 364 | SAWICZ PIOTR | 439 | | WROCLAW | POL | M-30 | 87 | M 253 | NIE | 01:52:08 | 03:05:03 | | 04:11:34.05 | 11:58 | 5 |
| 365 | HOFFMANN GRZEGORZ | 162 | KOŚCIAN TEAM | CZEMPIŃ | POL | M-40 | 117 | M 254 | NIE | 01:24:13 | 02:57:59 | | 04:11:51.85 | 11:59 | 5 |
| 366 | BARTKIEWICZ LECH | 22 | | ZIELONA GÓRA | POL | M-40 | 118 | M 255 | NIE | 01:21:25 | 02:50:37 | | 04:12:03.45 | 12:00 | 5 |
| 367 | NIEDZIELA KRZYSZTOF | 348 | GOSTYŃ | GOSTYŃ | POL | M-40 | 119 | M 256 | NIE | 01:28:14 | 02:58:48 | | 04:12:04.90 | 12:00 | 5 |
| 368 | NIEDZIELA DANUTA | 349 | GOSTYŃ | GOSTYŃ | POL | K-40 | 44 | K 112 | NIE | 01:28:12 | 02:58:51 | | 04:12:04.90 | 12:00 | 5 |
| 369 | KUCHARSKI ADAM | 258 | | WARSZAWA | POL | M-40 | 120 | M 257 | NIE | 01:27:13 | 02:55:25 | | 04:12:23.75 | 12:01 | 5 |
| 370 | JĘDRZEJCZAK ANNA | 190 | | WARSZAWA | POL | K-50 | 12 | K 113 | NIE | 01:27:13 | 02:55:23 | | 04:12:24.20 | 12:01 | 5 |
| 371 | KLUK AGNIESZKA | 210 | | SMOLEC | POL | K-40 | 45 | K 114 | NIE | 01:27:51 | 03:00:03 | | 04:13:17.80 | 12:03 | 5 |
| 372 | STASZCZUK JAROSŁAW | 465 | | BRZEG | POL | M-50 | 34 | M 258 | NIE | 01:26:02 | 02:57:09 | | 04:13:34.70 | 12:04 | 5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-------------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 373 | WOJDAŁOWICZ EWA | 579 | | SZCZECIN | POL | K-40 | 46 | K 115 | NIE | 01:28:02 | 02:54:58 | | 04:13:53.75 | 12:05 | 5 |
| 374 | SZYMCZAK ŁUKASZ | 490 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 121 | M 259 | NIE | 01:29:55 | 02:54:18 | | 04:14:44.45 | 12:07 | 4.9 |
| 375 | BEDNARSKA-KOZIOŁ DANUTA | 26 | WKURW-TEAM | ZIELĘCICE | POL | K-40 | 47 | K 116 | NIE | 01:25:45 | 02:59:11 | | 04:14:53.20 | 12:08 | 4.9 |
| 376 | MAJEROWSKA MAGDALENA | 303 | | NOWE TŁOKI | POL | K-30 | 50 | K 117 | NIE | 01:29:38 | 03:00:07 | | 04:15:19.15 | 12:09 | 4.9 |
| 377 | JKIMKO MONIKA | 173 | EKIPA LIPA | LIPA | POL | K-40 | 48 | K 118 | NIE | 01:24:57 | 02:57:44 | | 04:15:21.30 | 12:09 | 4.9 |
| 378 | JAKÓBCZYK EWELINA | 175 | | GORZÓW WLKP. | POL | K-30 | 51 | K 119 | NIE | 01:23:53 | 02:54:47 | | 04:15:36.20 | 12:10 | 4.9 |
| 379 | PIKUŁA SEBASTIAN | 393 | | GORZÓW WLKP. | POL | M-40 | 122 | M 260 | NIE | 01:23:53 | 02:54:46 | | 04:15:41.65 | 12:10 | 4.9 |
| 380 | TUREK KAROLINA | 511 | BIAŁY DOMEK BIEGA | CZERWONAK | POL | K-40 | 49 | K 120 | NIE | 01:29:25 | 03:00:37 | | 04:16:53.85 | 12:13 | 4.9 |
| 381 | WEYNA ANNA | 532 | BIAŁY DOMEK BIEGA | KICIN | POL | K-40 | 50 | K 121 | NIE | 01:29:25 | 03:00:45 | | 04:16:54.50 | 12:14 | 4.9 |
| 382 | MASALSKA ANNA | 315 | | SUWAŁKI | POL | K-40 | 51 | K 122 | NIE | 01:25:24 | 02:56:03 | | 04:17:29.95 | 12:15 | 4.9 |
| 383 | BRZEZIŃSKI ANDRZEJ | 60 | LANRUNS | OLKUSZ | POL | M-60 | 6 | M 261 | NIE | 01:21:12 | 02:58:23 | | 04:17:41.25 | 12:16 | 4.9 |
| 384 | OGÓRKIEWICZ SYLWIA | 364 | | POZNAŃ | POL | K-40 | 52 | K 123 | NIE | 01:31:49 | 03:00:33 | | 04:17:51.35 | 12:16 | 4.9 |
| 385 | NATKANIEC GRAZYNA | 345 | | LIPA | POL | K-50 | 13 | K 124 | NIE | 01:27:21 | 03:00:54 | | 04:18:56.05 | 12:19 | 4.9 |
| 386 | MARCINIAK AGATA | 310 | ŁODZIANKA TEAM | ŁÓDŹ | POL | K-40 | 53 | K 125 | | 01:36:54 | 03:06:56 | | 04:20:06.90 | 12:23 | 4.8 |
| 387 | SKWARNECKI DAMIAN | 451 | ŁODZIANKA TEAM | ŁÓDŹ | POL | M-40 | 123 | M 262 | | 01:36:39 | 03:06:57 | | 04:20:07.05 | 12:23 | 4.8 |
| 388 | MIECHOWIECKA MAJA | 327 | | TORUŃ | POL | K-30 | 52 | K 126 | NIE | 01:25:51 | 02:58:30 | | 04:20:40.25 | 12:24 | 4.8 |
| 389 | STRAMEK LUKASZ | 470 | | TORUŃ | POL | M-30 | 88 | M 263 | NO | 01:25:48 | 02:58:21 | | 04:20:40.50 | 12:24 | 4.8 |
| 390 | JAWORSKI JAROSŁAW | 184 | LOVELY MOUNTAINS WINTER RUNNING | WROCŁAW | POL | M-30 | 89 | M 264 | NIE | 01:28:12 | 03:01:28 | | 04:23:19.85 | 12:32 | 4.8 |
| 391 | WARKOCZYŃSKI MARCIN | 524 | DLA MOJEJ PEREŁKI | SZCZECIN | POL | M-40 | 124 | M 265 | NIE | 01:28:37 | 02:54:18 | | 04:23:40.10 | 12:33 | 4.8 |
| 392 | WOJCIECHOWSKI ANDRZEJ | 545 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | KALISZ | POL | M-40 | 125 | M 266 | NIE | 01:29:00 | 03:00:23 | | 04:23:48.65 | 12:33 | 4.8 |
| 393 | LENERT KSENIA | 273 | | BYTOM | POL | K-30 | 53 | K 127 | NIE | 01:31:35 | 03:03:02 | | 04:24:25.10 | 12:35 | 4.8 |
| 394 | KOWAŃSKI TOMASZ | 234 | | PLESZEW | POL | M-40 | 126 | M 267 | NIE | 01:32:04 | 03:09:17 | | 04:24:38.40 | 12:36 | 4.8 |
| 395 | SZARPAK ANNA | 477 | | PLESZEW | POL | K-40 | 54 | K 128 | NIE | 01:32:25 | 03:09:21 | | 04:25:33.00 | 12:38 | 4.7 |
| 396 | CHEŁCHOWSKA KATARZYNA | 74 | | RADKÓW | GBR | K-30 | 54 | K 129 | NO | 01:31:19 | 03:04:39 | | 04:25:58.05 | 12:39 | 4.7 |
| 397 | KOWAŃSKA ALEKSANDRA | 233 | | PLESZEW | POL | K-40 | 55 | K 130 | NIE | 01:32:50 | 03:09:25 | | 04:28:10.70 | 12:46 | 4.7 |
| 398 | PERKA BARBARA | 386 | | PROSZKÓW | POL | K-50 | 14 | K 131 | NIE | 01:32:59 | 03:08:37 | | 04:29:31.05 | 12:50 | 4.7 |
| 399 | STYPUŁA MICHAŁ | 472 | TE CONNECTIVITY | KRZYSZTOFORZYCE | POL | M-30 | 90 | M 268 | NIE | 01:33:31 | 03:12:57 | | 04:29:33.60 | 12:50 | 4.7 |
| 400 | ADAMSKI ADAM | 3 | | BIERUTÓW | POL | M-60 | 7 | M 269 | NIE | 01:16:55 | 03:10:33 | | 04:31:33.55 | 12:55 | 4.6 |
| 401 | MALINOWSKI PRZEMEK | 308 | | RYBNIK | POL | M-50 | 35 | M 270 | NIE | 01:29:08 | 03:08:55 | | 04:33:09.50 | 13:00 | 4.6 |
| 402 | KRZYWAK ANNA | 254 | | GORZÓW WIELKOPOLSKI | POL | K-40 | 56 | K 132 | NIE | 01:30:14 | 03:13:36 | | 04:33:43.65 | 13:02 | 4.6 |
| 403 | TOKARZ ROBERT | 502 | | TARNÓW | POL | M-50 | 36 | M 271 | NO | 01:35:48 | 03:09:30 | | 04:35:17.70 | 13:06 | 4.6 |
| 404 | PAWŁOWSKA BASIA | 383 | | GDYŃA | POL | K-30 | 55 | K 133 | NIE | 01:34:17 | 03:15:10 | | 04:37:02.45 | 13:11 | 4.5 |
| 405 | NORKOWSKA ALEKSANDRA | 351 | ORANGE POLSKA | WARSZAWA | POL | K-40 | 57 | K 134 | NIE | 01:39:58 | 03:19:51 | | 04:40:02.70 | 13:20 | 4.5 |
| 406 | TURKIEWICZ DAWID | 512 | WOLIBÓRZ W BIEGU | WOLIBÓRZ | POL | M-30 | 91 | M 272 | NIE | 01:31:56 | 03:12:02 | | 04:40:15.30 | 13:20 | 4.5 |
| 407 | ARMATYS GRZEGORZ | 8 | ORANGE POLSKA | DĄBROWA GÓRNICZA | POL | M-50 | 37 | M 273 | | 01:39:57 | 03:19:42 | | 04:41:02.70 | 13:22 | 4.5 |
| 408 | KALBARCZYK BEATA | 202 | ORANGE POLSKA | OTWOCK | POL | K-50 | 15 | K 135 | NIE | 01:40:02 | 03:19:46 | | 04:41:08.80 | 13:23 | 4.5 |
| 409 | GINTER KATARZYNA | 138 | | KRAKÓW | POL | K-30 | 56 | K 136 | NIE | 01:37:49 | 03:19:08 | | 04:43:12.70 | 13:29 | 4.4 |
| 410 | WYSOCKI GRZEGORZ | 553 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | M-40 | 127 | M 274 | NIE | 01:44:16 | 03:26:43 | | 04:43:23.85 | 13:29 | 4.4 |
| 411 | WAWRZYNIUK MAŁGORZATA | 528 | | TUREK | POL | K-50 | 16 | K 137 | NIE | 01:43:20 | 03:24:04 | | 04:45:22.95 | 13:35 | 4.4 |
| 412 | PEPŁOWSKA SYLWIA | 385 | | WARSZAWA | POL | K-40 | 58 | K 138 | NO | 01:43:04 | 03:23:27 | | 04:46:43.10 | 13:39 | 4.4 |
| 413 | CISŁAK ANNA | 91 | | STARA IWICZNA | POL | K-30 | 57 | K 139 | NIE | 01:43:01 | 03:23:29 | | 04:46:44.15 | 13:39 | 4.4 |
| 414 | ZAJĄC ANDRZEJ | 555 | DRUŻYNA SZPIKU | CZŁUCHÓW | POL | M-40 | 128 | M 275 | NIE | 01:34:17 | 03:24:32 | | 04:47:58.70 | 13:42 | 4.4 |
| 415 | ZAJĄC KRZYSZTOF | 554 | BEZULTRADZIKI/WKURW_TEAM | POZNAŃ | POL | M-40 | 129 | M 276 | NIE | 01:34:14 | 03:24:30 | | 04:47:59.40 | 13:42 | 4.4 |
| 416 | BAJZERT MAGDALENA | 14 | | PRZYKONA | POL | K-40 | 59 | K 140 | NIE | 01:42:20 | 03:24:03 | | 04:49:25.55 | 13:46 | 4.4 |
| 417 | OLEK-WYSOCKA MONIKA | 368 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | K-40 | 60 | K 141 | NIE | 01:45:28 | 03:27:11 | | 04:50:58.80 | 13:51 | 4.3 |
| 418 | FAFARA AGNIESZKA | 116 | BIEGNIĘTE LASKI | ŁÓDŹ | POL | K-40 | 61 | K 142 | NIE | 01:37:26 | 03:21:35 | | 04:51:18.40 | 13:52 | 4.3 |
| 419 | OCHOCKA EWA | 361 | | ŁÓDŹ | POL | K-40 | 62 | K 143 | NIE | 01:37:37 | 03:21:36 | | 04:51:18.70 | 13:52 | 4.3 |
| 420 | KUDEŁKA JANUSZ | 262 | | PRĄDOCIN | POL | M-50 | 38 | M 277 | NIE | 01:42:47 | 03:23:48 | | 04:52:46.50 | 13:56 | 4.3 |
| 421 | BABIŃSKA MALWINA | 11 | | RADKÓW | POL | K-30 | 58 | K 144 | NIE | 01:41:51 | 03:29:06 | | 04:57:58.40 | 14:11 | 4.2 |
| 422 | BOROŃ-KOSIG MAGDA | 52 | | KIELCZÓW | POL | K-40 | 63 | K 145 | NIE | 01:39:51 | 03:23:33 | | 05:01:22.75 | 14:21 | 4.2 |
| 423 | KĘPSKI GRZEGORZ | 207 | | WROCŁAW | POL | M-30 | 92 | M 278 | NIE | 01:54:19 | 03:40:56 | | 05:08:26.05 | 14:41 | 4.1 |
| 424 | MYSZYWODA MONIKA | 342 | | WROCŁAW | POL | K-30 | 59 | K 146 | NIE | 01:54:59 | 03:40:08 | | 05:13:39.15 | 14:56 | 4 |
| 425 | LEŚNA MONIKA | 275 | | RAWICZ | POL | K-30 | 60 | K 147 | NIE | 01:52:32 | 03:38:31 | | | 15:36 | 3.8 |
| 426 | WŁODARCZYK MAŁGORZATA | 542 | COLOR TREND ORZECHOWO | ORZECHOWO | POL | K-40 | 64 | K 148 | NIE | 01:48:41 | 03:43:23 | | | 15:57 | 3.8 |
| 427 | WŁODARCZYK MICHAŁ | 543 | BMW | PLEWISKA | POL | M-20 | 13 | M 279 | NIE | 01:48:43 | 03:43:26 | | | 15:57 | 3.8 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 428 | BAKA ELZBIETA | 15 | LADIESLOSTGAŚBAGAŚ | WARSZAWA | POL | K-40 | 65 | K 149 | NIE | 00:58:12 | | | | 8:18 | 7.2 |
| 429 | BARTOSIK KAMILA | 23 | NIGHT RUNNERS WROCLAW | SMOLEC | POL | K-40 | 66 | K 150 | NO | 00:59:51 | | | | 8:33 | 7 |
| 430 | WŁODARCZYK KRZYSZTOF | 540 | 3TEAM MPEC KONIN | KONIN | POL | M-40 | 130 | M 280 | NIE | 01:14:57 | | | | 10:42 | 5.6 |
| 431 | UPTAS TOMASZ | 516 | CROSS STRACEŃCÓW TEAM | GŁOGÓW | POL | M-40 | 131 | M 281 | NIE | 01:25:01 | | | | 12:08 | 4.9 |
| 0 | JUREK MICHAŁ | 196 | RMT TEAM PRO | WROCLAW | POL | M-30 | 1 | M 1 | NIE | 00:43:10 | 01:26:09 | | 02:05:40.35 | 5:59 | 10 |
| 1 | GORZELAŃCZYK JAKUB | 142 | MKS SIECHNICE | GOLECZEWO | POL | M-30 | 2 | M 2 | NIE | 00:43:32 | 01:27:12 | | 02:07:43.15 | 6:04 | 9.9 |
| 2 | KOŚCIUCZYK-MENDYK MICHAŁ | 229 | SPELOCLUB WROCLAW | WROCLAW | POL | M-30 | 3 | M 3 | TAK | 00:47:55 | 01:35:22 | | 02:17:56.15 | 6:34 | 9.1 |
| 3 | RUTKOWSKI DAWID | 431 | GRIZZLYTEAM/140MINUT.PL | LUBIN | POL | M-40 | 1 | M 4 | TAK | 00:45:55 | 01:35:22 | | 02:18:14.60 | 6:34 | 9.1 |
| 4 | BORZYSTOWSKI PATRYK | 54 | #ZALINIAMIETYTEAM | NOWA SÓL | POL | M-30 | 4 | M 5 | TAK | 00:48:42 | 01:37:30 | | 02:20:11.45 | 6:40 | 9 |
| 5 | GRZESIEK GÓRAL | 154 | HEJ HEJ GURALU | KRAKÓW SWOSZOWICE | POL | M-30 | 5 | M 6 | NIE | 00:50:01 | 01:37:53 | | 02:21:03.65 | 6:43 | 8.9 |
| 6 | ZIOBER ZBIGNIEW | 571 | EX TEAM | WROCLAW | POL | M-30 | 6 | M 7 | NIE | 00:48:31 | 01:36:55 | | 02:23:04.55 | 6:48 | 8.8 |
| 7 | WŁODARCZYK JAROSŁAW | 541 | KARKONOSZ RUNNING TEAM | JELENIA GÓRA | POL | M-40 | 2 | M 8 | NIE | 00:48:51 | 01:38:22 | | 02:23:10.70 | 6:49 | 8.8 |
| 8 | ROSKOSZ BARTOSZ | 425 | JELCZ TRIATHLON PROJECT | MŁOSZYCE | POL | M-30 | 7 | M 9 | TAK | 00:49:29 | 01:38:35 | | 02:25:37.00 | 6:56 | 8.7 |
| 9 | POCIECHA PATRYK | 401 | | WROCLAW | POL | M-30 | 8 | M 10 | NIE | 00:49:57 | 01:39:09 | | 02:26:06.90 | 6:57 | 8.6 |
| 10 | MAJCHRZAK MACIEJ | 301 | 140MINUT.PL | WROCLAW | POL | M-30 | 9 | M 11 | NIE | 00:49:18 | 01:40:45 | | 02:26:20.80 | 6:58 | 8.6 |
| 11 | GRUND MAREK | 150 | MAFIA TEAM LUBLINIEC | STRZEBIŃ | POL | M-30 | 10 | M 12 | NIE | 00:49:28 | 01:40:20 | | 02:27:41.75 | 7:01 | 8.5 |
| 12 | PIĄTEK KAROLINA | 388 | | KRAKÓW | POL | K-30 | 1 | K 1 | NIE | 00:50:54 | 01:41:24 | | 02:30:08.20 | 7:08 | 8.4 |
| 13 | ŁOPATYŃSKI IREK | 291 | REMA SPORT TEAM | ŁĄDEK ZDRÓJ | POL | M-50 | 1 | M 13 | NIE | 00:50:18 | 01:41:31 | | 02:30:41.00 | 7:10 | 8.4 |
| 14 | DYDA PAWEŁ | 113 | VEGE KACAP | KAMIENNA GÓRA | POL | M-40 | 3 | M 14 | NIE | 00:49:33 | 01:39:41 | | 02:31:15.95 | 7:12 | 8.3 |
| 15 | TOKARSKI JOACHIM | 501 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 15 | NIE | 01:14:50 | | | 02:33:51.25 | 7:19 | 8.2 |
| 16 | GEZELA MARIUSZ | 134 | EUFORIA BIEGACZA TEAM | POZNAŃ | POL | M-40 | 5 | M 16 | NIE | 00:51:06 | 01:44:19 | | 02:34:12.35 | 7:20 | 8.2 |
| 17 | WRZESIŃSKI MICHAŁ | 550 | KSG DIRETA/SKLEP GÓRSKI TATERNIK | GNIEZNO | POL | M-30 | 11 | M 17 | TAK | 00:54:07 | 01:46:53 | | 02:35:14.50 | 7:23 | 8.1 |
| 18 | JABŁOŃSKI PAWEŁ | 170 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 6 | M 18 | NIE | 00:54:04 | 01:46:59 | | 02:36:06.95 | 7:26 | 8.1 |
| 19 | SAJDUDA ADAM | 436 | | WROCLAW | POL | M-20 | 1 | M 19 | NIE | 00:51:45 | 01:45:55 | | 02:36:22.60 | 7:26 | 8.1 |
| 20 | FRANKIEWICZ ARTUR | 127 | | GLIWICE | POL | M-30 | 12 | M 20 | TAK | 00:56:14 | 01:49:41 | | 02:37:21.10 | 7:29 | 8 |
| 21 | PEONOWSKI MACIEJ | 400 | PSZCZÓŁKOWSKI TEAM | WROCLAW | POL | M-30 | 13 | M 21 | NIE | 00:54:34 | 01:48:46 | | 02:37:42.80 | 7:30 | 8 |
| 22 | BIAŁEK BEATA | 30 | KB HERMES | ŻARCZYŃ | POL | K-40 | 1 | K 2 | NIE | | 01:47:17 | | 02:37:53.25 | 7:31 | 8 |
| 23 | KRAJEWSKI WOJTEK | 238 | | KONSTANTYNÓW ŁÓDZKI | POL | M-50 | 2 | M 22 | NIE | 00:55:36 | 01:49:27 | | 02:38:11.50 | 7:31 | 8 |
| 24 | BAŁYS KATARZYNA | 17 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-30 | 2 | K 3 | NO | 00:52:49 | 01:46:20 | | 02:38:11.70 | 7:31 | 8 |
| 25 | NOWACKI MATEUSZ | 352 | PRZEDWOJEWSKI TEAM | STRONIE ŚLĄSKIE | POL | M-30 | 14 | M 23 | NIE | 00:50:28 | 01:42:43 | | 02:38:42.15 | 7:33 | 7.9 |
| 26 | DU CZMAŁ DOMINIKA | 109 | 140 MINUT | JELENIA GÓRA | POL | K-20 | 1 | K 4 | NIE | 00:54:13 | 01:48:18 | | 02:38:44.70 | 7:33 | 7.9 |
| 27 | MISTAK JOLA | 330 | | OŁAWA | POL | K-30 | 3 | K 5 | NIE | 00:57:55 | 01:50:47 | | 02:39:12.65 | 7:34 | 7.9 |
| 28 | ŁUKASIK MARCIN | 293 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 7 | M 24 | NIE | 00:55:50 | 01:48:40 | | 02:39:24.85 | 7:35 | 7.9 |
| 29 | BERNAT KATARZYNA | 28 | BIEGOWA SWIDNICA | ŚWIDNICA | POL | K-50 | 1 | K 6 | NIE | 00:54:27 | 01:48:53 | | 02:39:27.65 | 7:35 | 7.9 |
| 30 | BOSAKIEWICZ TOMASZ | 55 | OLAWS | ZŁOTORYJA | POL | M-30 | 15 | M 25 | NIE | 00:54:23 | 01:50:08 | | 02:41:17.95 | 7:40 | 7.8 |
| 31 | KUŹMIŃSKI PIOTR | 271 | AGB TORFY | ALEKSANDRÓW ŁÓDZKI | POL | M-40 | 8 | M 26 | NIE | 00:55:59 | 01:51:22 | | 02:41:55.10 | 7:42 | 7.8 |
| 32 | KRAWCZYK ADRIANA | 242 | | CHOCIANÓW | POL | K-30 | 4 | K 7 | NIE | 00:55:13 | 01:50:57 | | 02:42:19.65 | 7:43 | 7.8 |
| 33 | MICHAŁSKI PIOTR | 324 | | WROCLAW | POL | M-30 | 16 | M 27 | NIE | 00:56:13 | 01:50:34 | | 02:42:37.70 | 7:44 | 7.7 |
| 34 | ŚNIEŻYŃSKI ROBERT | 493 | | SADKÓW | POL | M-30 | 17 | M 28 | NIE | 00:59:46 | 01:54:36 | | 02:42:45.60 | 7:45 | 7.7 |
| 35 | ORACZ MATEUSZ | 370 | BEZ LITOŚCI | ZALASEWO | POL | M-30 | 18 | M 29 | NIE | 00:56:25 | 01:53:49 | | 02:43:19.85 | 7:46 | 7.7 |
| 36 | SANKOWSKI PAWEŁ | 438 | PLACKI TEAM | WOJCIECHOWICE | POL | M-30 | 19 | M 30 | NIE | 00:56:44 | 01:52:38 | | 02:43:31.70 | 7:47 | 7.7 |
| 37 | HAREŹŁAK KRZYSZTOF | 159 | KS ULTRA TEAM ŁÓDŹ & AGB TORFY | ŁÓDŹ | POL | M-40 | 9 | M 31 | NIE | 00:56:43 | 01:51:29 | | 02:44:26.05 | 7:49 | 7.7 |
| 38 | MAJCHRZAK BARTOSZ | 300 | PKO BANK POLSKI | POZNAŃ | POL | M-30 | 20 | M 32 | NIE | 00:56:42 | 01:53:52 | | 02:45:02.50 | 7:51 | 7.6 |
| 39 | ZERZUT JAROSŁAW | 565 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 3 | M 33 | NIE | 00:57:34 | 01:54:42 | | 02:45:04.00 | 7:51 | 7.6 |
| 40 | CIĘŻKI KONRAD | 89 | EVERRUN | ŁÓDŹ | POL | M-30 | 21 | M 34 | NIE | 00:58:22 | 01:54:52 | | 02:45:24.40 | 7:52 | 7.6 |
| 41 | MATUSZEWSKI MAREK | 317 | RUNNER'S POWER ŚREM | ŚREM | POL | M-50 | 4 | M 35 | NIE | 00:55:31 | 01:52:52 | | 02:45:40.70 | 7:53 | 7.6 |
| 42 | AUGUST KAJETAN | 9 | | CZELADŹ | POL | M-20 | 2 | M 36 | NIE | 00:56:39 | 01:53:27 | | 02:46:22.30 | 7:55 | 7.6 |
| 43 | HAJDA JUSTYNA | 158 | MAFIA TEAM LUBLINIEC | RADZIONKÓW | POL | K-20 | 2 | K 8 | NIE | 00:58:11 | 01:56:44 | | 02:46:24.15 | 7:55 | 7.6 |
| 44 | ŁUKOMSKI MACIEJ | 294 | ŁÓDZKI KLUB WYSOKOGÓRSKI | ŁÓDŹ | POL | M-40 | 10 | M 37 | TAK | 00:56:59 | 01:54:26 | | 02:46:24.80 | 7:55 | 7.6 |
| 45 | GULCZYŃSKI TOMASZ | 156 | | ZIELONKA | POL | M-30 | 22 | M 38 | NIE | 00:56:32 | 01:53:47 | | 02:46:26.15 | 7:55 | 7.6 |
| 46 | LEŚNIAK KAROLINA | 276 | FUNTRI | WROCLAW | POL | K-30 | 5 | K 9 | NIE | 00:58:08 | 01:55:28 | | 02:46:27.20 | 7:55 | 7.6 |
| 47 | RÓŻAŁSKI IRENEUSZ | 427 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 5 | M 39 | NIE | 00:00:37 | 01:51:52 | | 02:46:39.35 | 7:56 | 7.6 |
| 48 | ŁĄŻNIOWSKI DAWID | 288 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-30 | 23 | M 40 | NIE | 00:55:10 | 01:53:18 | | 02:46:46.90 | 7:56 | 7.6 |
| 49 | LUBAŃSKI MATEUSZ | 283 | KS BARYCZ MILICZ | DŁUGOLEKA | AFG | M-30 | 24 | M 41 | NIE | 00:57:01 | 01:54:22 | | 02:46:47.70 | 7:56 | 7.6 |
| 50 | MICHAŁKIEWICZ WOJCIECH | 325 | | WROCLAW | POL | M-50 | 6 | M 42 | NIE | 00:57:10 | 01:53:27 | | 02:47:31.30 | 7:58 | 7.5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|---|------------------------|------|------|--------|------|-----------|----------|----------|----------|-------------|--------|------|
| 51 | SKALSKI RADOSŁAW | 447 | KB AKTYWNI KONIN | KONIN | POL | M-50 | 7 | M 43 | NIE | 00:55:28 | 01:50:43 | | 02:47:44.60 | 7:59 | 7.5 |
| 52 | TOŚ SEBASTIAN | 503 | | CHRZAŚTAWA WIELKA | POL | M-40 | 11 | M 44 | NIE | 00:58:14 | 01:56:14 | | 02:47:57.00 | 7:59 | 7.5 |
| 53 | PERZ EMILIA | 584 | | BUKOWIEC | | K-30 | 6 | K 10 | | 01:06:42 | 02:00:15 | | 02:47:57.10 | 7:59 | 7.5 |
| 54 | KRUPA MARCIN | 246 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 12 | M 45 | NIE | 00:53:14 | 01:52:59 | | 02:48:34.90 | 8:01 | 7.5 |
| 55 | SŁYSZ SZYMON | 453 | NSK RUNS | WAŁBRZYCH | POL | M-40 | 13 | M 46 | NIE | 00:53:57 | 01:51:33 | | 02:48:56.50 | 8:02 | 7.5 |
| 56 | CZERNIK JUDYTA | 94 | 42K PRO TEAM | ZABRZE | POL | K-30 | 7 | K 11 | NIE | 00:57:12 | 01:55:26 | | 02:49:04.15 | 8:03 | 7.5 |
| 57 | WINTER PIOTR | 538 | NIGHT RUNNERS | CHOMĘCICE | POL | M-30 | 25 | M 47 | NIE | 00:59:00 | 01:56:11 | | 02:49:05.05 | 8:03 | 7.5 |
| 58 | KOZAK ROBERT | 235 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-40 | 14 | M 48 | NIE | 00:47:31 | 01:34:55 | 00:30:00 | 02:49:21.45 | 6:38 | 9 |
| 59 | TYŚ RADEK | 515 | NOWA RUDA BIEGA | NOWA RUDA | POL | M-30 | 26 | M 49 | NIE | 00:56:39 | 01:53:36 | | 02:49:35.80 | 8:04 | 7.4 |
| 60 | SZCZĘŚNIAK PIOTR | 479 | GVT | STRZELIN | POL | M-40 | 15 | M 50 | NIE | 00:48:31 | 01:40:17 | 00:20:00 | 02:49:41.20 | 7:07 | 8.4 |
| 61 | KRUŻOLEK MONIKA | 249 | TURBOPTYSIE | RADKÓW | POL | K-30 | 8 | K 12 | NIE | 00:59:42 | 01:57:23 | | 02:49:47.65 | 8:05 | 7.4 |
| 62 | SZALA KRZYSZTOF | 476 | 80DNI.PL | ŁAZISKA GÓRNE | POL | M-30 | 27 | M 51 | NIE | 01:00:21 | 01:58:21 | | 02:50:16.65 | 8:06 | 7.4 |
| 63 | KRAWCZYK KAROLINA | 243 | INOV-8 TEAM | WARSZAWA | POL | K-30 | 9 | K 13 | NIE | 00:58:17 | 01:56:38 | | 02:50:32.75 | 8:07 | 7.4 |
| 64 | TRZECIAKIEWICZ MIECZYŚLAW | 507 | INŻYNIERIA BIEGANIA | MYSŁOWICE | POL | M-50 | 8 | M 52 | TAK | 00:53:41 | 01:49:12 | 00:10:00 | 02:50:36.25 | 7:38 | 7.8 |
| 65 | WEINERT ARTUR | 529 | RUNNER'S POWER | ŚREM | POL | M-40 | 16 | M 53 | NIE | 00:59:11 | 01:57:01 | | 02:50:47.95 | 8:07 | 7.4 |
| 66 | KOLANKO SYLWIA | 215 | NYSA BIEGA | NYSA | POL | K-30 | 10 | K 14 | NIE | 00:58:16 | 01:56:17 | | 02:50:52.25 | 8:08 | 7.4 |
| 67 | SZOPA MAREK | 484 | TEAM KOPEĆ | GORZÓW WLKP. | POL | M-40 | 17 | M 54 | NIE | 01:01:48 | 02:00:05 | | 02:51:48.85 | 8:10 | 7.3 |
| 68 | JOŃCA MICHAŁ | 192 | | WROCŁAW | POL | M-20 | 3 | M 55 | NIE | 01:03:20 | 02:01:27 | | 02:51:58.05 | 8:11 | 7.3 |
| 69 | MAJEWSKA AGATA | 304 | | WROCŁAW | POL | K-40 | 2 | K 15 | NIE | 00:58:41 | 01:56:36 | | 02:52:26.05 | 8:12 | 7.3 |
| 70 | ANTOSIAK TOMASZ | 7 | FUNTRI | WROCŁAW | POL | M-40 | 18 | M 56 | NIE | 01:02:38 | 02:01:54 | | 02:52:27.05 | 8:12 | 7.3 |
| 71 | STANUCHIEWICZ OSKAR | 463 | | CZĘSTOCHOWA | POL | M-40 | 19 | M 57 | NIE | 00:56:18 | 01:54:48 | | 02:52:30.40 | 8:12 | 7.3 |
| 72 | ZAWOJAK ALEKSANDER | 561 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-30 | 28 | M 58 | NIE | 00:59:54 | 01:54:15 | | 02:52:51.35 | 8:13 | 7.3 |
| 73 | KRYM KATARZYNA | 250 | HERCOGRUNNINGTEAM/NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 3 | K 16 | NIE | 01:00:52 | | | 02:52:57.20 | 8:14 | 7.3 |
| 74 | CHOJNACKA MARTA | 77 | | LUBIN | POL | K-30 | 11 | K 17 | NIE | 01:01:54 | 02:01:27 | | 02:53:10.95 | 8:14 | 7.3 |
| 75 | ZIMNY TOMASZ | 570 | FARTY PUSZCZY | SZCZECIN | POL | M-60 | 1 | M 59 | NIE | 01:01:36 | 02:00:22 | | 02:53:13.85 | 8:14 | 7.3 |
| 76 | WICHA MAŁGORZATA | 535 | WKS WAWEL | KRAKÓW | POL | K-30 | 12 | K 18 | NIE | 00:59:43 | 01:58:53 | | 02:53:21.35 | 8:15 | 7.3 |
| 77 | KARASIAK PIOTR | 204 | | WROCŁAW | POL | M-30 | 29 | M 60 | NIE | 00:55:54 | 01:57:06 | | 02:53:22.45 | 8:15 | 7.3 |
| 78 | ZARODA ZBIGNIEW | 558 | ALOHA DZIKU! | KONIN | POL | M-50 | 9 | M 61 | NIE | 01:01:03 | 02:00:25 | | 02:53:50.05 | 8:16 | 7.2 |
| 79 | FERENC-SZMUC EDYTA | 119 | KUDOWIANKA RUN | LEWIN KŁODZKI | POL | K-30 | 13 | K 19 | NIE | 00:58:53 | 01:59:58 | | 02:54:08.95 | 8:17 | 7.2 |
| 80 | TUNDAK ZUZANNA | 510 | | POZNAŃ | POL | K-30 | 14 | K 20 | NIE | 00:59:43 | 01:58:17 | | 02:54:40.40 | 8:19 | 7.2 |
| 81 | ROŚLICKI JAROSŁAW | 426 | UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI | OZOROWICE | POL | M-40 | 20 | M 62 | NIE | 00:55:27 | 01:53:10 | | 02:54:55.95 | 8:19 | 7.2 |
| 82 | ZAMBRZYCKA-ROZNER EWA | 581 | | PIASECZNO | POL | K-30 | 15 | K 21 | NIE | 01:01:31 | 02:00:52 | | 02:55:17.85 | 8:20 | 7.2 |
| 83 | MACIEJEWSKI KAROL | 297 | FUNTRI | NADOLICE WIELKIE | POL | M-40 | 21 | M 63 | NIE | 00:59:20 | 01:58:35 | | 02:55:27.05 | 8:21 | 7.2 |
| 84 | GNITECKA KATARZYNA | 139 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | K-30 | 16 | K 22 | NIE | 01:00:57 | 02:00:28 | | 02:55:34.05 | 8:21 | 7.2 |
| 85 | SZYMBORSKA MONIKA | 489 | | WARSZAWA | POL | K-40 | 4 | K 23 | NIE | 00:58:30 | 01:59:24 | | 02:55:36.85 | 8:21 | 7.2 |
| 86 | GRZESIAK GRZEGORZ | 153 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 30 | M 64 | NIE | 00:57:12 | 01:59:06 | | 02:55:37.80 | 8:21 | 7.2 |
| 87 | FEICHTINGER MAREK | 118 | | ŻORY | POL | M-40 | 22 | M 65 | TAK | 01:01:03 | 02:00:59 | | 02:55:54.20 | 8:22 | 7.2 |
| 88 | FOLCIK ZIEMOWIT | 126 | | WROCŁAW | POL | M-40 | 23 | M 66 | NIE | 01:02:04 | 02:02:41 | | 02:55:57.85 | 8:22 | 7.2 |
| 89 | LACHOWSKI ROBERT | 272 | ROSSMANN | ŁÓDŹ | POL | M-30 | 31 | M 67 | NIE | 01:01:27 | 02:01:30 | | 02:56:34.30 | 8:24 | 7.1 |
| 90 | MÓLL MATEUSZ | 335 | #SOBASTEAM | WROCŁAW | POL | M-30 | 32 | M 68 | NIE | 00:55:03 | 01:56:34 | | 02:56:41.85 | 8:24 | 7.1 |
| 91 | MRÓZ MARCIN | 339 | DZIKIE BOBRY | ZALASEWO | POL | M-40 | 24 | M 69 | NIE | 01:00:43 | 02:02:40 | | 02:57:28.15 | 8:27 | 7.1 |
| 92 | SZYMCZYŹYŃ TOMASZ | 491 | | WROCŁAW | POL | M-40 | 25 | M 70 | NIE | 01:05:31 | 02:03:34 | | 02:57:33.25 | 8:27 | 7.1 |
| 93 | HOSS JAN | 166 | | WARSZAWA | POL | M-40 | 26 | M 71 | | 01:03:46 | 02:05:57 | | 02:58:05.65 | 8:28 | 7.1 |
| 94 | URBAŃSKI MICHAŁ | 517 | | WROCŁAW | POL | M-30 | 33 | M 72 | NIE | 01:00:38 | 02:01:54 | | 02:58:06.80 | 8:28 | 7.1 |
| 95 | KRZYWDZIŃSKI BARTŁOMIEJ | 255 | | BOLESŁAWIEC | POL | M-40 | 27 | M 73 | NIE | 00:59:55 | 02:00:49 | | 02:58:24.20 | 8:29 | 7.1 |
| 96 | SZYMAŃSKI MARCIN | 487 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | M-40 | 28 | M 74 | NIE | 01:00:57 | 02:05:21 | | 02:58:45.00 | 8:30 | 7 |
| 97 | GAWRON TOMASZ | 131 | | LUBSKO | POL | M-40 | 29 | M 75 | TAK | 01:04:03 | 02:06:22 | | 02:59:04.60 | 8:31 | 7 |
| 98 | DZIAŁDOWSKI DAMIAN | 114 | AKADEMIA WOJSK ŁĄDOWYCH | TORUŃ | POL | M-20 | 4 | M 76 | NIE | 00:59:49 | | | 02:59:29.85 | 8:32 | 7 |
| 99 | BERNAT ARKADIUSZ | 29 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | M-50 | 10 | M 77 | NIE | 01:02:10 | 02:05:21 | | 02:59:37.95 | 8:33 | 7 |
| 100 | LESZCZYŃSKI MICHAŁ | 274 | SHT | DESZCZNO | POL | M-40 | 30 | M 78 | NIE | 01:02:36 | 02:07:28 | | 02:59:50.40 | 8:33 | 7 |
| 101 | JAKUS MICHAŁ | 176 | OTM.B | NYSA | POL | M-30 | 34 | M 79 | NIE | 00:59:51 | 02:00:24 | | 03:01:05.90 | 8:37 | 7 |
| 102 | BUDYCH AREK | 62 | | WRONKI | POL | M-40 | 31 | M 80 | NIE | 01:03:42 | 02:06:20 | | 03:01:11.50 | 8:37 | 7 |
| 103 | BIEŃ MAGDALENA | 37 | | POZNAŃ | POL | K-40 | 5 | K 24 | | 01:01:30 | 02:04:30 | | 03:01:15.80 | 8:37 | 7 |
| 104 | BIECUSZEK TOMASZ | 32 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 32 | M 81 | NIE | 00:59:52 | 02:03:13 | | 03:01:40.65 | 8:39 | 6.9 |
| 105 | CHMIELEWSKI GRZEGORZ | 75 | FUNTRI | SUCHY DWÓR/K WROCŁAWIA | POL | M-40 | 33 | M 82 | | 01:05:16 | 02:05:16 | | 03:01:52.70 | 8:39 | 6.9 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------------|-----|--------------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 106 | HETMAŃCZYK JAKUB | 160 | XIN CHAO | KATOWICE | POL | M-30 | 35 | M 83 | TAK | 01:00:12 | 02:03:06 | | 03:02:07.55 | 8:40 | 6.9 |
| 107 | RATAJCZAK LUKASZ | 415 | NIGHT RUNNERS | MOSINA | POL | M-40 | 34 | M 84 | YES | 01:04:00 | 02:04:52 | | 03:02:15.40 | 8:40 | 6.9 |
| 108 | GÓRNY ROBERT | 148 | TIM JEST TIM | OZIMEK | POL | M-40 | 35 | M 85 | NIE | 00:59:11 | 02:01:02 | | 03:02:33.45 | 8:41 | 6.9 |
| 109 | PIECUCH KAROLINA | 391 | | KRAKÓW | POL | K-30 | 17 | K 25 | NIE | 01:03:22 | 02:06:08 | | 03:02:34.35 | 8:41 | 6.9 |
| 110 | PALACZ MARCIN | 376 | | BRZEG | POL | M-40 | 36 | M 86 | NIE | 01:01:34 | 02:05:51 | | 03:03:02.85 | 8:42 | 6.9 |
| 111 | PAWLAK MACIEJ | 381 | 3 TEAM KONIN/MPEC - KONIN | KONIN | POL | M-50 | 11 | M 87 | NIE | 01:01:16 | 02:05:56 | | 03:03:04.50 | 8:43 | 6.9 |
| 112 | MÓLL KACPER | 337 | | WROCŁAW | POL | M-20 | 5 | M 88 | NIE | 01:00:43 | 02:06:03 | | 03:03:26.70 | 8:44 | 6.9 |
| 113 | NOWAK MARCIN | 354 | TIMJESTTIM | KRASIEJÓW | POL | M-30 | 36 | M 89 | NIE | 01:04:24 | 02:06:46 | | 03:03:48.25 | 8:45 | 6.9 |
| 114 | KALINOWSKI GRZEGORZ | 583 | GUT | MISZNA MAŁA | POL | M-40 | 37 | M 90 | | 01:02:51 | 02:04:46 | | 03:03:51.35 | 8:45 | 6.9 |
| 115 | MOREVA DARIA | 334 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K-30 | 18 | K 26 | NO | 01:04:30 | 02:08:12 | | 03:03:55.85 | 8:45 | 6.9 |
| 116 | MARZEC KAROLINA | 314 | DZIKIE DZIKI GORZÓW | DESZCZNO | POL | K-40 | 6 | K 27 | NIE | 01:01:46 | 01:59:55 | 00:10:00 | 03:03:56.80 | 8:16 | 7.2 |
| 117 | PIETRZYK TOMASZ | 392 | 140MINUT.PL | ŚWIDNICA | POL | M-40 | 38 | M 91 | NIE | 01:01:48 | 02:03:38 | | 03:04:01.15 | 8:45 | 6.8 |
| 118 | RELIGA ANDRZEJ | 417 | | HECZARNAROWICE | POL | M-40 | 39 | M 92 | NO | 00:59:16 | 02:03:40 | | 03:04:12.10 | 8:46 | 6.8 |
| 119 | PANZ KRZYSZTOF | 379 | | KLESZCZÓW | POL | M-30 | 37 | M 93 | TAK | 01:01:08 | 02:04:31 | | 03:04:12.95 | 8:46 | 6.8 |
| 120 | POŁCZYŃSKI PAWEŁ | 407 | STALOWA ŁYDA | CEREKWICA | POL | M-30 | 38 | M 94 | NIE | 01:01:22 | 02:04:36 | | 03:04:19.15 | 8:46 | 6.8 |
| 121 | MICHALAK PIOTR | 322 | | POZNAŃ | POL | M-40 | 40 | M 95 | NIE | 01:03:35 | 02:04:16 | | 03:04:20.75 | 8:46 | 6.8 |
| 122 | HOJAN LUKASZ | 164 | | CHOMECICE | POL | M-30 | 39 | M 96 | NIE | 01:05:08 | 02:08:12 | | 03:04:47.75 | 8:47 | 6.8 |
| 123 | MADERA MICHAŁ | 298 | LECIMY TUTAJ | WROCŁAW | POL | M-30 | 40 | M 97 | NIE | 00:59:54 | 02:04:43 | | 03:04:49.20 | 8:48 | 6.8 |
| 124 | ZIELIŃSKI DOMINIK | 568 | | ŚREM | POL | M-30 | 41 | M 98 | NIE | 01:03:56 | 02:08:01 | | 03:04:51.05 | 8:48 | 6.8 |
| 125 | TURLEJ DARIUSZ | 513 | | WARSZAWA | POL | M-60 | 2 | M 99 | NIE | 01:04:50 | 02:08:56 | | 03:04:59.40 | 8:48 | 6.8 |
| 126 | BARAN ZENON | 18 | HOMOKOMANDO | WARSZAWA | POL | M-60 | 3 | M 100 | NIE | 01:10:47 | 02:10:51 | | 03:05:09.55 | 8:49 | 6.8 |
| 127 | ZĄŁUSTOWICZ MACIEJ ZĄŁUSTOWICZ | 556 | | WROCŁAW | POL | M-40 | 41 | M 101 | NIE | 01:02:33 | 02:06:14 | | 03:06:12.95 | 8:52 | 6.8 |
| 128 | OLEJNIK MARCIN | 367 | CSIR AGATSU | ŻERNIKI WROCŁAWSKIE | POL | M-40 | 42 | M 102 | NIE | 01:03:46 | 02:06:24 | | 03:06:15.35 | 8:52 | 6.8 |
| 129 | KŁACZYŃSKA DANUTA | 211 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 7 | K 28 | NIE | 01:01:44 | 02:01:33 | 00:10:00 | 03:06:15.85 | 8:23 | 7.1 |
| 130 | ZATOŃ ADRIAN | 559 | | WROCŁAW | POL | M-40 | 43 | M 103 | YES | 01:08:12 | 02:11:45 | | 03:07:06.50 | 8:54 | 6.7 |
| 131 | DATA MAREK | 100 | KUGUAR XTREME RUNNERS | STRONIE ŚLĄSKIE | POL | M-30 | 42 | M 104 | NIE | 01:01:14 | 02:07:39 | | 03:07:13.60 | 8:54 | 6.7 |
| 132 | STACHURSKA ILONA | 460 | KUGUAR XTREME RUNNERS | PRUSZKÓW | POL | K-30 | 19 | K 29 | NIE | 01:01:16 | 02:07:40 | | 03:07:13.75 | 8:54 | 6.7 |
| 133 | WARMUŁA PIOTR | 525 | FUNTRI | PEŁCZYCE | POL | M-40 | 44 | M 105 | NIE | 01:04:32 | 02:06:36 | | 03:07:16.20 | 8:55 | 6.7 |
| 134 | WEYNA RAFAŁ | 533 | BIAŁY DOMEK BIEGA | KICIN | POL | M-40 | 45 | M 106 | TAK | 01:02:59 | 02:07:18 | | 03:07:23.55 | 8:55 | 6.7 |
| 135 | ŁOPATYŃSKA-HUBER JULITA | 290 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-40 | 8 | K 30 | NIE | 01:02:44 | 02:07:02 | | 03:07:36.95 | 8:56 | 6.7 |
| 136 | KRYSIŃSKI MACIEJ | 251 | | DABROWA | POL | M-30 | 43 | M 107 | NIE | 01:02:28 | 02:07:15 | | 03:07:49.00 | 8:56 | 6.7 |
| 137 | KACZMAREK KAROL | 199 | ROZBIEGANY RAWICZ AKUNA RUN | RAWICZ | POL | M-40 | 46 | M 108 | NIE | 01:05:47 | 02:09:55 | | 03:08:35.25 | 8:58 | 6.7 |
| 138 | LUBIK ADAM | 285 | | POZNAŃ | POL | M-30 | 44 | M 109 | TAK | 01:05:42 | 02:12:21 | | 03:09:02.30 | 9:00 | 6.7 |
| 139 | BIAŁEK PAWEŁ | 31 | KB HERMES GRZYFINO | SZCZECIN | POL | M-30 | 45 | M 110 | TAK | 01:07:05 | 02:12:52 | | 03:09:05.65 | 9:00 | 6.7 |
| 140 | DĄBKIEWICZ DOMINIKA | 101 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-40 | 9 | K 31 | NIE | 01:05:49 | 02:08:29 | | 03:09:09.30 | 9:00 | 6.7 |
| 141 | PAPROCKI MICHAŁ | 380 | | CZELADŹ | POL | M-30 | 46 | M 111 | NIE | 00:58:16 | 02:01:58 | | 03:09:26.75 | 9:01 | 6.7 |
| 142 | ŁAMPIKA KINGA | 287 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 10 | K 32 | NIE | 01:05:26 | 02:11:24 | | 03:09:34.55 | 9:01 | 6.6 |
| 143 | PODEJMA GRZEGORZ | 403 | | SWARZĘDZ | POL | M-40 | 47 | M 112 | NIE | 01:04:11 | 02:08:49 | | 03:09:34.85 | 9:01 | 6.6 |
| 144 | GALIŃSKI KAMIL | 130 | | KRĘPICE | POL | M-30 | 47 | M 113 | NIE | 01:04:36 | 02:09:51 | | 03:09:35.25 | 9:01 | 6.6 |
| 145 | SAMBORSKI BARTOSZ | 437 | | WARSZAWA | POL | M-40 | 48 | M 114 | NIE | 01:03:35 | 02:04:50 | 00:10:00 | 03:09:37.05 | 8:33 | 7 |
| 146 | ODOLCZYK JERZY | 362 | | WARSZAWA | POL | M-60 | 4 | M 115 | NIE | 01:07:12 | 02:11:48 | | 03:09:49.45 | 9:02 | 6.6 |
| 147 | PURCZYŃSKI GRZEGORZ | 412 | | ZIELONA GÓRA | POL | M-40 | 49 | M 116 | NIE | 01:04:23 | 02:11:09 | | 03:10:18.75 | 9:03 | 6.6 |
| 148 | BOHAREWICZ PAWEŁ | 44 | BOHAR PALETY | ZIELONA GÓRA | POL | M-40 | 50 | M 117 | NIE | 01:07:53 | 02:11:07 | | 03:10:34.20 | 9:04 | 6.6 |
| 149 | GÓRNIŚIEWICZ ROLAND | 147 | TEAM LIVER | GDÓW | POL | M-20 | 6 | M 118 | NIE | 00:58:26 | 02:03:09 | | 03:10:52.70 | 9:05 | 6.6 |
| 150 | BIEL ŁUKASZ | 35 | | WARSZAWA | POL | M-30 | 48 | M 119 | NIE | 01:11:02 | 02:15:58 | | 03:11:49.00 | 9:08 | 6.6 |
| 151 | FLASZEWSKI ADAM | 125 | SPORTOWY KAŻMIERZ | RADZYNY | POL | M-30 | 49 | M 120 | NIE | 01:02:18 | 02:03:36 | 00:10:00 | 03:11:54.30 | 8:39 | 6.9 |
| 152 | TWARDOWSKI KRZYSZTOF | 514 | AMATOR | WROCŁAW | POL | M-50 | 12 | M 121 | NIE | 01:08:24 | 02:13:15 | | 03:12:01.35 | 9:08 | 6.6 |
| 153 | ANDROS AGATA | 4 | BIEGNIJ OŁAWO | OŁAWA | POL | K-30 | 20 | K 33 | NIE | 01:08:06 | 02:15:25 | | 03:12:04.60 | 9:08 | 6.6 |
| 154 | BUŁAJEWSKA-OZGA KINGA | 67 | BIEGNIJ OŁAWO | OŁAWA | AFG | K-30 | 21 | K 34 | NIE | 01:08:29 | 02:15:37 | | 03:12:13.05 | 9:09 | 6.6 |
| 155 | SZNAJDER PAWEŁ | 483 | BUBBA@GUMP | WAŁBRZYCH | POL | M-40 | 51 | M 122 | NIE | 01:01:08 | 02:06:28 | | 03:12:16.40 | 9:09 | 6.6 |
| 156 | GINTER GRZEGORZ | 137 | AZS COLLEGIUM MEDICUM UJ | KRAKÓW | POL | M-30 | 50 | M 123 | NIE | 01:06:20 | 02:11:46 | | 03:12:27.70 | 9:09 | 6.5 |
| 157 | BUSZ RAFAŁ | 70 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 52 | M 124 | NIE | 01:08:13 | 02:15:33 | | 03:12:34.25 | 9:10 | 6.5 |
| 158 | KORYTEK PIOTR | 228 | ATR | WITKOWO | POL | M-40 | 53 | M 125 | NIE | 01:02:18 | 02:09:24 | | 03:12:53.30 | 9:11 | 6.5 |
| 159 | SPŁAWSKI MICHAŁ | 457 | MSERWIS.PL | WROCŁAW | POL | M-40 | 54 | M 126 | NIE | 01:04:28 | 02:13:11 | | 03:13:02.70 | 9:11 | 6.5 |
| 160 | JELONEK PIOTR | 188 | FUNTRI | ŻERNIKI WROCŁAWSKIE | POL | M-40 | 55 | M 127 | NIE | 01:07:41 | 02:13:45 | | 03:14:16.05 | 9:15 | 6.5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|---|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 161 | SIKORA MICHAŁ | 444 | | PUŁAWY | POL | M-40 | 56 | M 128 | NIE | 01:09:31 | 02:15:45 | | 03:14:16.20 | 9:15 | 6.5 |
| 162 | BYLINA BARTOSZ | 72 | | POZNAN | POL | M-50 | 13 | M 129 | NIE | 01:04:11 | 02:10:25 | | 03:14:32.95 | 9:15 | 6.5 |
| 163 | MÓLL JANUSZ | 336 | | WROCŁAW | POL | M-50 | 14 | M 130 | NIE | 01:01:41 | 02:11:03 | | 03:14:52.85 | 9:16 | 6.5 |
| 164 | KUCZKOWSKA MARTA | 261 | EXTEAM | WROCŁAW | AFG | K-20 | 3 | K 35 | NIE | 01:04:23 | 02:12:50 | | 03:14:53.05 | 9:16 | 6.5 |
| 165 | WITEK TOMASZ | 539 | | KROTOSZYN | POL | M-30 | 51 | M 131 | NIE | 01:09:33 | 02:17:32 | | 03:15:21.55 | 9:18 | 6.4 |
| 166 | PONIATOWSKI SEWERYN | 409 | TROPEM ULTRA | WROCŁAW | POL | M-30 | 52 | M 132 | NIE | 01:04:04 | 02:12:47 | | 03:15:26.30 | 9:18 | 6.4 |
| 167 | ROJEWSKI PAWEŁ | 421 | EVERRUN | ŁÓDŹ | POL | M-30 | 53 | M 133 | NIE | 01:04:44 | 02:12:53 | | 03:15:38.10 | 9:18 | 6.4 |
| 168 | BABIŃSKA-POPIĘKA EWELINA | 12 | | RADKÓW | POL | K-30 | 22 | K 36 | NIE | 01:00:27 | 02:11:11 | | 03:15:49.20 | 9:19 | 6.4 |
| 169 | GOZDUR MICHAŁ | 145 | | POZNAŃ | POL | M-40 | 57 | M 134 | NIE | 01:05:12 | 02:14:21 | | 03:15:49.25 | 9:19 | 6.4 |
| 170 | KURZYNIC ŁUKASZ | 269 | | WROCŁAW | POL | M-30 | 54 | M 135 | TAK | 01:10:29 | 02:18:57 | | 03:16:03.65 | 9:20 | 6.4 |
| 171 | KRAKOWSKI KRZYSZTOF | 239 | | PIŁA | POL | M-40 | 58 | M 136 | NIE | 01:04:04 | 02:13:55 | | 03:16:20.10 | 9:20 | 6.4 |
| 172 | CZUBIEL KONRAD | 96 | | POZNAŃ | POL | M-40 | 59 | M 137 | NIE | 01:04:35 | 02:11:57 | | 03:16:46.80 | 9:22 | 6.4 |
| 173 | TRZPIOLA TYCJAN | 509 | | WROCŁAW | NED | M-30 | 55 | M 138 | | 01:06:51 | 02:14:30 | | 03:17:06.85 | 9:23 | 6.4 |
| 174 | KRZESIMOWSKI DAMIAN | 253 | ROSSMANN | KIELCE | POL | M-40 | 60 | M 139 | NIE | 01:05:13 | 02:12:51 | | 03:18:12.00 | 9:26 | 6.4 |
| 175 | KUKLA SEBASTIAN | 264 | | WROCŁAW | POL | M-40 | 61 | M 140 | NIE | 01:09:41 | 02:17:51 | | 03:18:36.20 | 9:27 | 6.3 |
| 176 | MAJCHRZYCKI SŁAWOMIR | 302 | TKKF MPK POZNAŃ | KJJEWO/ŚRODA WLKP. | POL | M-30 | 56 | M 141 | NIE | 01:08:04 | 02:16:06 | | 03:18:40.65 | 9:27 | 6.3 |
| 177 | HACUŚ JACEK | 157 | | DUSZNIKI ZDRÓJ | POL | M-30 | 57 | M 142 | NIE | 01:06:17 | 02:16:08 | | 03:18:44.80 | 9:27 | 6.3 |
| 178 | BOCHNIARZ ANNA | 43 | BIEGNIJ OŁAWO | OŁAWA | POL | K-40 | 11 | K 37 | NIE | 01:09:43 | 02:18:40 | | 03:18:57.15 | 9:28 | 6.3 |
| 179 | WESOŁEK PAULA | 530 | | POZNAŃ | POL | K-30 | 23 | K 38 | NIE | 01:12:43 | 02:18:10 | | 03:19:08.85 | 9:28 | 6.3 |
| 180 | TRZECIAKIEWICZ MAREK | 506 | MLKS RADKÓW | MYSŁOWICE | POL | M-20 | 7 | M 143 | | 01:05:36 | 02:14:25 | | 03:19:18.25 | 9:29 | 6.3 |
| 181 | DUNAJ PAWEŁ | 112 | GT RAT | WROCŁAW | POL | M-40 | 62 | M 144 | TAK | 01:05:08 | 02:14:33 | | 03:19:19.10 | 9:29 | 6.3 |
| 182 | ANTECKI JACEK | 6 | | ŁÓDŹ | POL | M-40 | 63 | M 145 | NIE | 01:05:28 | 02:15:00 | | 03:19:19.35 | 9:29 | 6.3 |
| 183 | CHUDY TOBIASZ | 83 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 58 | M 146 | NIE | 01:09:22 | 02:21:26 | | 03:19:19.40 | 9:29 | 6.3 |
| 184 | PILARSKI JACEK | 394 | AKTYWNI KONIN | KONIN | POL | M-50 | 15 | M 147 | NIE | 01:08:44 | 02:18:30 | | 03:19:59.65 | 9:31 | 6.3 |
| 185 | GRZEGORCZYK WOJCIECH | 152 | KONDYCJA | WARSZAWA | POL | M-50 | 16 | M 148 | NIE | 01:09:47 | 02:18:04 | | 03:20:08.10 | 9:31 | 6.3 |
| 186 | ZDUŃCZYK PAULINA | 563 | | ŁÓDŹ | POL | K-30 | 24 | K 39 | NIE | 01:11:13 | 02:18:48 | | 03:21:22.35 | 9:35 | 6.3 |
| 187 | PAKUŁSKA-TOMZA DOROTA | 375 | | SUCHY LAS | POL | K-40 | 12 | K 40 | NIE | 01:09:47 | 02:18:07 | | 03:21:51.65 | 9:36 | 6.2 |
| 188 | NAPIERAŁA KATARZYNA | 343 | | SUCHY LAS | POL | K-40 | 13 | K 41 | NIE | 01:13:28 | 02:20:57 | | 03:21:51.80 | 9:36 | 6.2 |
| 189 | SOKOŁOWSKI MARCIN | 454 | | OPOLE | POL | M-30 | 59 | M 149 | NIE | 01:08:21 | 02:23:20 | | 03:21:54.40 | 9:36 | 6.2 |
| 190 | SIEJAK WOJCIECH | 441 | | MIECZEWO | POL | M-20 | 8 | M 150 | NIE | 01:07:07 | 02:14:48 | | 03:21:54.70 | 9:36 | 6.2 |
| 191 | ŻAK PIOTR | 573 | FARTY PUSZCZY | SZCZECIN | POL | M-30 | 60 | M 151 | NIE | 01:13:39 | 02:20:48 | | 03:21:57.40 | 9:37 | 6.2 |
| 192 | ŚWIĄTEK ŁUKASZ | 496 | GVT | WYSOKA | POL | M-30 | 61 | M 152 | NIE | 01:11:06 | 02:22:39 | | 03:22:03.10 | 9:37 | 6.2 |
| 193 | KOCHAN PAWEŁ | 214 | KIDS RUN | POZNAŃ | POL | M-40 | 64 | M 153 | NIE | 01:07:33 | 02:21:32 | | 03:22:10.65 | 9:37 | 6.2 |
| 194 | KOWANSKI JACEK | 232 | | PLESZEW | POL | M-30 | 62 | M 154 | NIE | 01:07:32 | 02:15:31 | | 03:22:16.20 | 9:37 | 6.2 |
| 195 | ADACH DARIUSZ | 1 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | ZĄBKOWICE ŚLĄSKIE | POL | M-40 | 65 | M 155 | NIE | 01:06:35 | 02:14:52 | | 03:23:07.00 | 9:40 | 6.2 |
| 196 | JADACH GRZEGORZ | 171 | NOA | WROCŁAW | POL | M-40 | 66 | M 156 | NIE | 01:08:45 | 02:20:21 | | 03:23:15.25 | 9:40 | 6.2 |
| 197 | PAWLAK MATEUSZ | 382 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 63 | M 157 | NIE | 01:10:05 | 02:18:36 | | 03:23:20.65 | 9:40 | 6.2 |
| 198 | DUDEK DAWID | 110 | | STRONIE ŚLĄSKIE | POL | M-20 | 9 | M 158 | NIE | 01:05:04 | 02:19:10 | | 03:24:01.35 | 9:42 | 6.2 |
| 199 | WESOŁEK DANIEL | 531 | | POZNAŃ | POL | M-30 | 64 | M 159 | NIE | 01:02:25 | 02:14:36 | | 03:24:28.60 | 9:44 | 6.2 |
| 200 | WINCZURA LESZEK | 537 | | GDAŃSK | POL | M-40 | 67 | M 160 | NIE | 01:11:37 | 02:21:35 | | 03:24:33.25 | 9:44 | 6.2 |
| 201 | STEC ADAM | 468 | FCMISIENIECHCE | WYSOKA | POL | M-40 | 68 | M 161 | NIE | 01:07:48 | 02:19:28 | | 03:24:40.45 | 9:44 | 6.2 |
| 202 | GUJSKI MARCIN | 155 | TRIPAKA | MIŃSK MAZOWIECKI | POL | M-40 | 69 | M 162 | NIE | 01:13:03 | 02:23:00 | | 03:24:43.25 | 9:44 | 6.2 |
| 203 | STASZEWSKI DARIUSZ | 466 | 7.BKPOW | TOMASZÓW MAZOWIECKI | POL | M-30 | 65 | M 163 | NIE | 01:09:32 | 02:20:25 | | 03:24:44.00 | 9:44 | 6.2 |
| 204 | ŚWIATOWIEC ANNA | 495 | | KRAKÓW | POL | K-50 | 2 | K 42 | NIE | 01:09:40 | 02:22:16 | | 03:24:48.15 | 9:45 | 6.2 |
| 205 | JASIŃSKA MAGDALENA | 182 | RĄCZE PACICZKI | WARSZAWA | POL | K-40 | 14 | K 43 | NIE | 01:10:51 | 02:20:42 | | 03:24:58.65 | 9:45 | 6.1 |
| 206 | PRZYBYSZ ARTUR | 411 | BIEGAJ PO ENDORFINY | KAMIONKA | POL | M-20 | 10 | M 164 | NIE | 01:10:21 | 02:20:30 | | 03:25:07.45 | 9:46 | 6.1 |
| 207 | LUBELCZYK GRZEGORZ | 284 | SPELEOCLUB WROCŁAW | MIĘKINIA | POL | M-50 | 17 | M 165 | TAK | 01:10:01 | 02:22:29 | | 03:25:08.50 | 9:46 | 6.1 |
| 208 | ŻYŁAK MAREK | 576 | | WROCŁAW | POL | M-30 | 66 | M 166 | NO | 01:09:31 | 02:17:32 | | 03:25:16.15 | 9:46 | 6.1 |
| 209 | FILIPIAK SEBASTIAN | 122 | EKIPA LIPA | LIPA | POL | M-40 | 70 | M 167 | NIE | 01:12:53 | 02:25:17 | | 03:25:33.95 | 9:47 | 6.1 |
| 210 | SZYSZKO STANISŁAW | 492 | 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ | PIŁA | POL | M-30 | 67 | M 168 | NIE | 01:10:35 | 02:24:58 | | 03:25:34.00 | 9:47 | 6.1 |
| 211 | SOWIŃSKI ROBERT | 456 | GVT | BORÓW | POL | M-40 | 71 | M 169 | NIE | 01:10:26 | 02:22:41 | | 03:26:07.95 | 9:48 | 6.1 |
| 212 | POCIĘGIEL MICHAŁ | 402 | SKAWINA BIEGA | RADZISZÓW | POL | M-40 | 72 | M 170 | NIE | 01:13:29 | 02:22:11 | | 03:26:12.65 | 9:49 | 6.1 |
| 213 | DREAS JAKUB | 108 | WĘDZIKOWSKI TEAM / DZIKIE BOBRY | RYBITWY | POL | M-30 | 68 | M 171 | NIE | 01:13:41 | 02:25:59 | | 03:26:15.10 | 9:49 | 6.1 |
| 214 | KOMADA WOJCIECH | 218 | | ŚWIDNICA | POL | M-40 | 73 | M 172 | NIE | 01:12:15 | 02:25:35 | | 03:26:50.50 | 9:50 | 6.1 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 215 | SIWEK GRZEGORZ | 446 | LANRUNS | LANCKORONA | POL | M-40 | 74 | M 173 | NIE | 01:11:19 | 02:21:19 | | 03:26:51.25 | 9:51 | 6.1 |
| 216 | SKOKOWSKI JACEK | 448 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 18 | M 174 | NIE | 01:11:47 | 02:23:42 | | 03:27:04.25 | 9:51 | 6.1 |
| 217 | KARATKÓW EWA | 205 | | RADKÓW | POL | K-40 | 15 | K 44 | NIE | 01:08:59 | 02:22:21 | | 03:27:10.20 | 9:51 | 6.1 |
| 218 | BAJZERT FILIP | 13 | | PRZYKONA | POL | M-40 | 75 | M 175 | NIE | 01:10:10 | 02:24:39 | | 03:27:19.85 | 9:52 | 6.1 |
| 219 | DIUWE MARZENA | 103 | PASTERKA PANY | ŚWIDNICA | POL | K-30 | 25 | K 45 | NIE | 01:13:26 | 02:24:15 | | 03:27:34.45 | 9:53 | 6.1 |
| 220 | ODOLCZYK JOANNA | 363 | | WARSZAWA | POL | K-50 | 3 | K 46 | NIE | 01:13:30 | 02:23:21 | | 03:27:50.15 | 9:53 | 6.1 |
| 221 | JANOWICZ WOJTEK | 179 | | KŁODZKO | POL | M-30 | 69 | M 176 | NIE | 01:09:54 | 02:20:31 | | 03:27:51.00 | 9:53 | 6.1 |
| 222 | JAGODZIŃSKI PAWEŁ | 172 | VIKMED 3TEAM KONIN | KONIN | POL | M-40 | 76 | M 177 | NIE | 01:09:04 | 02:25:50 | | 03:28:04.40 | 9:54 | 6.1 |
| 223 | KOZŁOWSKI WOJCIECH | 236 | | LISOWICE | POL | M-50 | 19 | M 178 | NIE | 01:09:43 | 02:21:13 | | 03:28:05.60 | 9:54 | 6.1 |
| 224 | ORTYL EWELINA | 371 | | LISOWICE | POL | K-40 | 16 | K 47 | NIE | 01:09:47 | 02:21:18 | | 03:28:06.80 | 9:54 | 6.1 |
| 225 | PERZ MARZENNA | 387 | | BUKOWIEC | POL | K-50 | 4 | K 48 | NIE | 01:16:56 | 02:27:54 | | 03:28:11.15 | 9:54 | 6.1 |
| 226 | ROZNER ARTUR | 582 | | PIASECZNO | POL | M-40 | 77 | M 179 | NIE | 01:09:58 | 02:22:05 | | 03:28:31.20 | 9:55 | 6 |
| 227 | BIEL TOMASZ | 36 | | KATOWICE | POL | M-40 | 78 | M 180 | NIE | 01:10:46 | 02:21:43 | | 03:28:36.45 | 9:56 | 6 |
| 228 | ŻAK DOMINIKA | 572 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 26 | K 49 | NIE | 01:13:34 | 02:24:43 | | 03:29:04.60 | 9:57 | 6 |
| 229 | WOSZCZAK ZBIGNIEW | 547 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | M-50 | 20 | M 181 | NIE | 01:16:01 | 02:28:13 | | 03:29:38.85 | 9:58 | 6 |
| 230 | ROBAKOWSKA JOANNA | 419 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-30 | 27 | K 50 | NIE | 01:13:43 | 02:29:25 | | 03:29:44.50 | 9:59 | 6 |
| 231 | ZIELENKIEWICZ MARCIN | 567 | FUNTRI | WROCŁAW | POL | M-40 | 79 | M 182 | NIE | 01:10:12 | 02:22:16 | | 03:29:47.10 | 9:59 | 6 |
| 232 | KUBICKA MAGDALENA | 256 | | FLORENTYNÓW | POL | K-40 | 17 | K 51 | NIE | 01:11:20 | 02:23:39 | | 03:29:53.50 | 9:59 | 6 |
| 233 | SYPIŃSKI KRYSZTOF | 474 | | POZNAŃ | POL | M-40 | 80 | M 183 | | 01:09:01 | 02:25:09 | | 03:30:06.05 | 10:00 | 6 |
| 234 | JANOWSKI MICHAŁ | 180 | | POZNAŃ | POL | M-30 | 70 | M 184 | NIE | 01:02:41 | 02:16:22 | | 03:30:25.20 | 10:01 | 6 |
| 235 | CHUDY ARIEL | 84 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 71 | M 185 | NIE | 01:09:26 | 02:21:33 | | 03:30:53.25 | 10:02 | 6 |
| 236 | WOLFF MARIA | 546 | | SUCHY LAS | POL | K-30 | 28 | K 52 | NIE | 01:10:10 | 02:25:50 | | 03:30:56.25 | 10:02 | 6 |
| 237 | MŁYNARCZYK KRZYSZTOF | 331 | | WARSZAWA | POL | M-40 | 81 | M 186 | NIE | 01:11:14 | 02:24:06 | | 03:31:05.90 | 10:03 | 6 |
| 238 | TRZEPACZ DOROTA | 508 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 18 | K 53 | NIE | 01:09:15 | 02:25:54 | | 03:31:13.20 | 10:03 | 6 |
| 239 | NOWAK JAROSŁAW | 356 | | ŁOMNICA | POL | M-50 | 21 | M 187 | NIE | 01:11:43 | 02:24:55 | | 03:31:28.45 | 10:04 | 6 |
| 240 | KACZMAREK MIROSŁAW | 200 | RUNNER'S POWER ŚREM | ŚREM | POL | M-30 | 72 | M 188 | NIE | 01:14:05 | 02:27:01 | | 03:31:55.55 | 10:05 | 5.9 |
| 241 | MATUSZEWSKI MAŁGORZATA | 318 | RUNNER'S POWER ŚREM | ŚREM | POL | K-40 | 19 | K 54 | NIE | 01:14:04 | 02:27:01 | | 03:31:56.00 | 10:05 | 5.9 |
| 242 | ŁĘKAWA SEBASTIAN | 289 | 140MINUT.PL | WROCŁAW | POL | M-40 | 82 | M 189 | NO | 01:13:06 | 02:25:42 | | 03:32:16.85 | 10:06 | 5.9 |
| 243 | ROLIŃSKI RADOŚLAW | 422 | | OLEŚNICA | POL | M-50 | 22 | M 190 | NIE | 01:13:08 | 02:25:42 | | 03:32:45.60 | 10:07 | 5.9 |
| 244 | GERUS ANNA | 133 | | WARSZAWA | POL | K-20 | 4 | K 55 | NIE | 01:11:16 | 02:30:32 | | 03:32:59.40 | 10:08 | 5.9 |
| 245 | WOSZCZAK JOLANTA | 548 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | K-50 | 5 | K 56 | NIE | 01:17:39 | 02:28:23 | | 03:33:13.55 | 10:09 | 5.9 |
| 246 | ŻYCHSKA ANNA | 575 | | POZNAŃ | POL | K-30 | 29 | K 57 | NIE | 01:12:09 | 02:25:00 | | 03:33:29.25 | 10:09 | 5.9 |
| 247 | POMIANOWSKI SZYMON | 408 | KURACJUSZE | WROCŁAW | POL | M-30 | 73 | M 191 | NIE | 01:08:35 | 02:30:27 | | 03:33:30.15 | 10:10 | 5.9 |
| 248 | PILZ-JEDRZEJCZYK DOMINIKA | 395 | | ZIELONA GORA | POL | K-30 | 30 | K 58 | NIE | 01:13:39 | 02:27:07 | | 03:33:47.00 | 10:10 | 5.9 |
| 249 | CHRZANOWSKA AGNIESZKA | 79 | | SZCZECIN | POL | K-40 | 20 | K 59 | NIE | 01:16:45 | 02:31:19 | | 03:34:58.75 | 10:14 | 5.9 |
| 250 | ANDRYSZCZAK ŁUKASZ | 5 | BMW KLUB POZNAŃ | PIĘCZKOWO | POL | M-30 | 74 | M 192 | NIE | 01:14:46 | 02:30:58 | | 03:35:01.55 | 10:14 | 5.9 |
| 251 | KRUSZEWSKI JACEK | 247 | MARKOWI BIEGACZE | MARKI | POL | M-40 | 83 | M 193 | NO | 01:12:35 | 02:27:51 | | 03:35:06.60 | 10:14 | 5.9 |
| 252 | FIGUŁA SŁAWOMIR | 120 | | KRZĘCIN | POL | M-40 | 84 | M 194 | NIE | 01:11:10 | 02:25:59 | | 03:36:13.10 | 10:17 | 5.8 |
| 253 | KACZÓREK ROBERT | 201 | | WARSZAWA | POL | M-40 | 85 | M 195 | TAK | 01:08:17 | 02:24:51 | | 03:36:23.05 | 10:18 | 5.8 |
| 254 | TAMULONEK GRZEGORZ | 498 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 86 | M 196 | NIE | 01:17:25 | 02:35:09 | | 03:36:37.15 | 10:18 | 5.8 |
| 255 | SZAL MAŁGORZATA | 475 | TENIS CENTRUM AS | POLANICA- ZDRÓJ | POL | K-30 | 31 | K 60 | NIE | 01:13:14 | 02:35:42 | | 03:36:56.20 | 10:19 | 5.8 |
| 256 | TARNOWSKI MACIEJ | 499 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | M-30 | 75 | M 197 | NIE | 01:16:57 | 02:33:11 | | 03:37:21.85 | 10:21 | 5.8 |
| 257 | JĘDRZEJCZYK ŁUKASZ | 191 | | ZIELONA GORA | POL | M-30 | 76 | M 198 | NIE | 01:12:29 | 02:27:08 | | 03:37:35.95 | 10:21 | 5.8 |
| 258 | JAMROZ BARTOSZ | 177 | | CHOJNÓW | POL | M-30 | 77 | M 199 | NIE | 01:12:07 | 02:27:54 | | 03:37:37.25 | 10:21 | 5.8 |
| 259 | GAJDA SEBASTIAN | 129 | | SZCZECIN | POL | M-40 | 87 | M 200 | NIE | 01:18:16 | 02:32:26 | | 03:37:54.90 | 10:22 | 5.8 |
| 260 | NOWAK DOROTA | 357 | | SZCZECIN | AFG | K-30 | 32 | K 61 | NIE | 01:18:15 | 02:32:25 | | 03:37:55.25 | 10:22 | 5.8 |
| 261 | KAWA KRZYSZTOF | 206 | | POZNAŃ | POL | M-30 | 78 | M 201 | NIE | 01:11:09 | 02:26:16 | | 03:38:29.20 | 10:24 | 5.8 |
| 262 | ZDYB GRZEGORZ | 564 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY | LEŚNÓW WIELKI | POL | M-40 | 88 | M 202 | NIE | 01:17:25 | 02:30:56 | | 03:38:35.65 | 10:24 | 5.8 |
| 263 | KRAWCZYK ANNA | 244 | NIGHT RUNNERS | GORZYCE WIELKIE | POL | K-40 | 21 | K 62 | NIE | 01:13:45 | 02:29:17 | | 03:38:55.20 | 10:25 | 5.8 |
| 264 | KAMIŃSKI PAWEŁ | 203 | | MUROWANIEC | POL | M-50 | 23 | M 203 | NIE | 01:13:30 | 02:28:25 | | 03:39:01.00 | 10:25 | 5.8 |
| 265 | GRUSZKA KATARZYNA | 151 | | POZNAŃ | POL | K-30 | 33 | K 63 | NIE | 01:11:28 | 02:33:24 | | 03:39:09.80 | 10:26 | 5.7 |
| 266 | ŚWIĄTEK JULIA | 497 | IMMABEE / KS GVT | CHYBY | POL | K-40 | 22 | K 64 | NIE | 01:11:26 | 02:33:23 | | 03:39:10.70 | 10:26 | 5.7 |
| 267 | CHRAPLEWSKA KAROLINA | 78 | CHATABIEGACZA K34 | POZNAŃ | POL | K-40 | 23 | K 65 | | 01:13:39 | 02:24:08 | 00:10:00 | 03:39:29.05 | 9:58 | 6 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------|-----|--------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 268 | BUSS JAKUB | 68 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-50 | 24 | M 204 | NIE | 01:18:24 | 02:40:38 | | 03:39:43.05 | 10:27 | 5.7 |
| 269 | KRUZEL RAFAŁ | 248 | | LEGNICA | POL | M-40 | 89 | M 205 | NIE | 01:17:26 | 02:36:15 | | 03:40:32.55 | 10:30 | 5.7 |
| 270 | FRĄCZEK IWONA | 128 | FUNTRI | WROCŁAW | POL | K-40 | 24 | K 66 | NIE | 01:15:48 | 02:32:10 | | 03:41:13.10 | 10:32 | 5.7 |
| 271 | NOWAK KATARZYNA | 355 | TIM JEST TIM | OZIMEK | POL | K-30 | 34 | K 67 | NIE | 01:18:26 | 02:40:26 | | 03:41:20.45 | 10:32 | 5.7 |
| 272 | NIEDOBA BARBARA | 347 | TIM JEST TIM | OZIMEK | POL | K-40 | 25 | K 68 | NIE | 01:18:19 | 02:40:19 | | 03:41:46.85 | 10:33 | 5.7 |
| 273 | STANISZEWSKA-DUDA KATARZYNA | 462 | TIM JEST TIM | OZIMEK | POL | K-40 | 26 | K 69 | NIE | 01:18:00 | 02:40:20 | | 03:41:49.50 | 10:33 | 5.7 |
| 274 | KOPKA TOMASZ | 227 | AGB TORFY | KOLONIA BRUŻYCA | POL | M-50 | 25 | M 206 | NIE | 01:19:16 | 02:34:48 | | 03:42:14.25 | 10:34 | 5.7 |
| 275 | JANOTA MICHAŁ | 178 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 90 | M 207 | NIE | 01:14:10 | 02:30:35 | | 03:42:18.20 | 10:35 | 5.7 |
| 276 | KOPKA ELŻBIETA | 226 | AGB TORFY | KOLONIA BRUŻYCA | POL | K-40 | 27 | K 70 | NIE | 01:19:51 | 02:34:57 | | 03:42:18.25 | 10:35 | 5.7 |
| 277 | RYZNER NATALIA | 434 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | K-30 | 35 | K 71 | NIE | 01:14:14 | 02:30:37 | | 03:42:21.05 | 10:35 | 5.7 |
| 278 | SKORUPA TOMASZ | 450 | AGB TORFY | ŁÓDŹ | POL | M-40 | 91 | M 208 | NIE | 01:19:17 | 02:33:06 | | 03:42:35.75 | 10:35 | 5.7 |
| 279 | SZULECKA KAMILA | 485 | | ŁÓDŹ | POL | K-40 | 28 | K 72 | NIE | 01:19:17 | 02:33:08 | | 03:42:35.95 | 10:35 | 5.7 |
| 280 | BIEDZIAK-ŁUCZAK URSZULA | 33 | RUN4ENERGY | PLEWISKA | POL | K-30 | 36 | K 73 | NIE | 01:15:38 | 02:34:45 | | 03:42:40.15 | 10:36 | 5.7 |
| 281 | ŁUCZAK MARCIN | 292 | RUN4ENERGY | PLEWISKA | POL | M-40 | 92 | M 209 | NIE | 01:15:36 | 02:34:47 | | 03:42:41.40 | 10:36 | 5.7 |
| 282 | STRUSIŃSKA KATARZYNA | 471 | | MIŃSK MAZOWIECKI | POL | K-40 | 29 | K 74 | NIE | 01:18:39 | 02:35:12 | | 03:43:25.00 | 10:38 | 5.6 |
| 283 | SZCZUKA JOANNA | 481 | | WIRY | POL | K-20 | 5 | K 75 | NIE | 01:16:47 | 02:33:19 | | 03:43:26.60 | 10:38 | 5.6 |
| 284 | WALIGÓRA ALEKSANDRA | 520 | NIAGARA FITNESS KLUB | RAKONIEWICE | POL | K-30 | 37 | K 76 | NIE | 01:20:45 | 02:40:00 | | 03:43:58.20 | 10:39 | 5.6 |
| 285 | MATYLA ROMAN | 319 | FUNTRI | WROCŁAW | POL | M-30 | 79 | M 210 | NIE | 01:10:45 | 02:28:27 | | 03:44:13.90 | 10:40 | 5.6 |
| 286 | KOLEJ MONIKA | 217 | DZIKIE DZIKI GORZOW | GORZOW WLKP . | POL | K-40 | 30 | K 77 | NIE | 01:17:17 | 02:37:10 | | 03:45:56.90 | 10:45 | 5.6 |
| 287 | MROZIK MARIUSZ | 338 | | SZCZECINEK | POL | M-40 | 93 | M 211 | NIE | 01:17:02 | 02:37:12 | | 03:45:57.30 | 10:45 | 5.6 |
| 288 | BARAN PAULINA | 19 | NIE W SZCZEPIONKĘ TEAM | PIASECZNO | POL | K-30 | 38 | K 78 | NIE | 01:21:44 | 02:38:02 | | 03:46:02.10 | 10:45 | 5.6 |
| 289 | KULAS KATARZYNA | 266 | | POZNAŃ | POL | K-30 | 39 | K 79 | NIE | 01:16:50 | 02:34:05 | | 03:46:30.20 | 10:47 | 5.6 |
| 290 | POŁCZYŃSKI MACIEJ | 406 | STALOWA ŁYDA | POZNAŃ | POL | M-40 | 94 | M 212 | NIE | 01:15:44 | 02:34:20 | | 03:46:46.35 | 10:47 | 5.6 |
| 291 | KOŃ ALEKSANDRA | 224 | EKIPA LIPA | LIPA | POL | K-40 | 31 | K 80 | NIE | 01:13:40 | 02:34:56 | | 03:46:54.20 | 10:48 | 5.6 |
| 292 | WEŻYK KAMILA | 534 | | BEDOŃ PRZYKOŚCIELNY | POL | K-30 | 40 | K 81 | NIE | 01:21:42 | 02:40:14 | | 03:47:02.70 | 10:48 | 5.5 |
| 293 | CZECH DOROTA | 92 | ASICS FRONTRUNNER POLAND | WROCŁAW | POL | K-40 | 32 | K 82 | NIE | 01:19:09 | 02:36:52 | | 03:47:03.00 | 10:48 | 5.5 |
| 294 | MICHAŁKIEWICZ MAREK | 326 | | POZNAŃ | POL | M-40 | 95 | M 213 | NIE | 01:17:53 | 02:38:35 | | 03:47:10.95 | 10:49 | 5.5 |
| 295 | KOLAŚNIEWSKI MAREK | 216 | | POZNAŃ | POL | M-40 | 96 | M 214 | TAK | 01:16:55 | 02:38:23 | | 03:47:13.90 | 10:49 | 5.5 |
| 296 | SZATAN JOWITA | 478 | KOTWICA BRZEG | BRZEG | POL | K-30 | 41 | K 83 | NIE | 01:17:52 | 02:39:05 | | 03:47:44.45 | 10:50 | 5.5 |
| 297 | SZYMAŃSKI ROBERT | 488 | | GORZÓW WIELKOPOLSKI | POL | M-40 | 97 | M 215 | NIE | 01:13:23 | 02:35:56 | | 03:48:21.45 | 10:52 | 5.5 |
| 298 | CHOŁUJ MAŁGORZATA | 76 | | SZCZODRE | POL | K-50 | 6 | K 84 | NIE | 01:18:51 | 02:37:05 | | 03:48:32.10 | 10:52 | 5.5 |
| 299 | PIECUCH MAŁGORZATA | 390 | | PRZEWORSK | POL | K-60 | 1 | K 85 | NIE | 01:21:12 | 02:39:23 | | 03:48:47.00 | 10:53 | 5.5 |
| 300 | KONOPACKI GRZEGORZ | 222 | RÓŻOWE LANDRYNY | BYSTRZYCA KŁODZKA | POL | M-40 | 98 | M 216 | NIE | 01:15:13 | 02:32:36 | | 03:49:48.95 | 10:56 | 5.5 |
| 301 | WARA-WAŚOWSKI MACIEJ | 523 | | ŁÓDŹ | POL | M-50 | 26 | M 217 | NIE | 01:17:03 | 02:35:56 | | 03:49:51.80 | 10:56 | 5.5 |
| 302 | JAROSŁAWSKI MARIUSZ | 181 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 27 | M 218 | TAK | 01:14:05 | 02:37:12 | | 03:50:27.05 | 10:58 | 5.5 |
| 303 | CZERNIK RAFAŁ | 93 | | ZABRZE | POL | M-40 | 99 | M 219 | NIE | 01:22:02 | 02:41:34 | | 03:51:08.10 | 11:00 | 5.5 |
| 304 | DATA IZA | 99 | KUGUAR XTREME RUNNERS | STRONIE ŚL. | POL | K-50 | 7 | K 86 | NIE | 01:18:09 | 02:37:28 | | 03:51:17.25 | 11:00 | 5.4 |
| 305 | DATA DARIUSZ | 98 | KUGUAR XTREME RUNNERS | KLETNO | POL | M-50 | 28 | M 220 | TAK | 01:18:12 | 02:37:27 | | 03:51:17.40 | 11:00 | 5.4 |
| 306 | BARANOWSKI SZYMON | 20 | | POZNAŃ | POL | M-30 | 80 | M 221 | TAK | 01:20:26 | 02:39:18 | | 03:51:25.95 | 11:01 | 5.4 |
| 307 | ROGUT KATARZYNA | 420 | AGB TORFY | RĄBIEŃ AB | POL | K-50 | 8 | K 87 | NIE | 01:20:00 | 02:41:01 | | 03:51:28.40 | 11:01 | 5.4 |
| 308 | BIEL MARIUSZ | 34 | | WARSZAWA | POL | M-40 | 100 | M 222 | NIE | 01:14:56 | 02:37:20 | | 03:51:30.00 | 11:01 | 5.4 |
| 309 | MATUSIAK MATEUSZ | 316 | | ZIELONA GÓRA | POL | M-20 | 11 | M 223 | NIE | 01:23:08 | | | 03:51:35.00 | 11:01 | 5.4 |
| 310 | SZCZOTKA KATARZYNA | 480 | | POZNAŃ | POL | K-20 | 6 | K 88 | TAK | 01:20:35 | 02:39:16 | | 03:51:36.45 | 11:01 | 5.4 |
| 311 | MORAWSKI MARCIN | 333 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-40 | 101 | M 224 | NIE | 01:18:22 | 02:40:22 | | 03:51:47.80 | 11:02 | 5.4 |
| 312 | CHRZĄSZCZ MARIUSZ | 81 | | MIROSZOWICE | POL | M-40 | 102 | M 225 | NIE | 01:29:25 | 02:46:22 | | 03:51:55.50 | 11:02 | 5.4 |
| 313 | CHRZĄSZCZ DAMIAN | 80 | VEGE RUNNERS | LUBIN | POL | M-40 | 103 | M 226 | NIE | 01:29:28 | 02:45:37 | | 03:51:55.95 | 11:02 | 5.4 |
| 314 | ŻYLIŃSKA URSZULA | 578 | | WARSZAWA | POL | K-40 | 33 | K 89 | NIE | 01:23:22 | 02:41:30 | | 03:52:20.35 | 11:03 | 5.4 |
| 315 | FARION MARZENA | 115 | | STRZEGOM | POL | K-40 | 34 | K 90 | NIE | 01:12:01 | 02:35:52 | | 03:52:29.25 | 11:04 | 5.4 |
| 316 | RADECKI ADAM | 413 | | STRZEGOM | POL | M-40 | 104 | M 227 | NIE | 01:11:58 | 02:35:52 | | 03:52:30.70 | 11:04 | 5.4 |
| 317 | ZIMINSKA JOANNA | 569 | HAPPYRUNNERS | ŁÓDŹ | POL | K-50 | 9 | K 91 | NIE | 01:20:06 | 02:41:03 | | 03:53:20.20 | 11:06 | 5.4 |
| 318 | GÓRCZYŃSKI RAFAŁ | 146 | | PRZYŁĘK | POL | M-40 | 105 | M 228 | NIE | 01:19:28 | 02:40:46 | | 03:54:01.60 | 11:08 | 5.4 |
| 319 | KRAJEWSKA MAGDALENA | 237 | AGB | KONSTANTYNÓW ŁÓDZKI | POL | K-50 | 10 | K 92 | NIE | 01:20:14 | 02:41:04 | | 03:54:36.50 | 11:10 | 5.4 |
| 320 | MUSIAL RADOSŁAW MUSIAL | 340 | | WROCŁAW | POL | M-40 | 106 | M 229 | NO | 01:20:12 | 02:39:11 | | 03:55:03.60 | 11:11 | 5.4 |
| 321 | STAMM TOMASZ | 461 | | POZNAŃ | POL | M-50 | 29 | M 230 | NIE | 01:19:34 | 02:41:00 | | 03:55:13.15 | 11:12 | 5.4 |
| 322 | MAKOWSKI TOMASZ | 306 | NIGHT RUNNERS | POZNAŃ | POL | M-30 | 81 | M 231 | NIE | 01:19:02 | 02:34:13 | | 03:55:46.30 | 11:13 | 5.3 |
| 323 | KURZAWIAK WOJCIECH | 268 | ZGORMYSYNY | KARŁÓW | POL | M-40 | 107 | M 232 | TAK | 01:20:39 | 02:42:16 | | 03:56:21.60 | 11:15 | 5.3 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------------|-----|----------------------|-----------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 324 | DŁUGOSZ MAREK | 104 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | M-50 | 30 | M 233 | NIE | 01:21:01 | 02:46:49 | | 03:56:34.15 | 11:15 | 5.3 |
| 325 | AUGUSTOWSKA IZABELA | 10 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | K-40 | 35 | K 93 | NIE | 01:21:16 | 02:46:48 | | 03:56:34.55 | 11:15 | 5.3 |
| 326 | JURASZ ALEKSANDRA | 194 | | KAMIENIEC ZĄBKOWICKI | POL | K-30 | 42 | K 94 | NIE | 01:18:52 | 02:38:58 | | 03:56:58.45 | 11:17 | 5.3 |
| 327 | PAŁUCKA MARTA | 378 | PROJEKT ULTRA | ZALASEWO | POL | K-30 | 43 | K 95 | NIE | 01:24:20 | 02:44:51 | | 03:57:48.75 | 11:19 | 5.3 |
| 328 | ŁACHACZ ROBERT | 286 | | SZCZYTNO | POL | M-40 | 108 | M 234 | NIE | 01:19:14 | 02:44:33 | | 03:58:07.10 | 11:20 | 5.3 |
| 329 | SOROKA MONIKA | 455 | PASTERKA PANY | PASTERKA | POL | K-40 | 36 | K 96 | NIE | 01:15:41 | 02:37:11 | | 03:58:12.85 | 11:20 | 5.3 |
| 330 | GIBOWSKI LUKASZ | 135 | | TRZEBNICA | POL | M-40 | 109 | M 235 | NIE | 01:16:20 | 02:45:25 | | 03:58:45.70 | 11:22 | 5.3 |
| 331 | KOT TOMASZ | 230 | | WARSZAWA | POL | M-40 | 110 | M 236 | NIE | 01:22:43 | 02:45:27 | | 03:59:13.60 | 11:23 | 5.3 |
| 332 | ROMAN PAWEŁ | 423 | | MIŃSK MAZOWIECKI | POL | M-40 | 111 | M 237 | NIE | 01:13:27 | 02:35:13 | | 03:59:24.35 | 11:24 | 5.3 |
| 333 | NEUMANN BEATA | 346 | CENTRUM ŁAKOWA 1 | RADKÓW | POL | K-50 | 11 | K 97 | NIE | 01:24:06 | 02:47:59 | | 03:59:50.75 | 11:25 | 5.3 |
| 334 | CZERWONKA ZBIGNIEW | 95 | ESKADRA ŁÓDŹ | ŁÓDŹ | POL | M-30 | 82 | M 238 | NO | 01:22:32 | 02:50:42 | | 04:01:22.80 | 11:29 | 5.2 |
| 335 | WILKIN MIROSLAW | 536 | FUNTRI | ŻARY | POL | M-50 | 31 | M 239 | NIE | 01:22:25 | 02:46:13 | | 04:01:42.25 | 11:30 | 5.2 |
| 336 | LIS MIROSLAW | 281 | | CEREKWICA | POL | M-40 | 112 | M 240 | NIE | 01:16:52 | 02:45:30 | | 04:01:43.05 | 11:30 | 5.2 |
| 337 | SIEPIELSKI DAMIAN | 442 | | NOWA WOLA | POL | M-30 | 83 | M 241 | NIE | 01:11:26 | 02:35:32 | 00:20:00 | 04:02:13.35 | 10:34 | 5.7 |
| 338 | NOWAK FILIP | 359 | | OSTRÓW WIELKOPOLSKI | POL | M-40 | 113 | M 242 | NIE | 01:24:29 | 02:47:48 | | 04:02:23.50 | 11:32 | 5.2 |
| 339 | GOSK URSZULA | 144 | | OPOLE | POL | K-30 | 44 | K 98 | NIE | 01:22:44 | 02:47:29 | | 04:02:42.60 | 11:33 | 5.2 |
| 340 | CHWASTYK EWA | 85 | | CHRZAŚCZYCE | POL | K-30 | 45 | K 99 | NIE | 01:22:42 | 02:47:29 | | 04:02:42.70 | 11:33 | 5.2 |
| 341 | BUSS KONRAD | 69 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 84 | M 243 | NIE | 01:20:06 | 02:42:51 | | 04:03:21.35 | 11:35 | 5.2 |
| 342 | MAKOWSKI DARIUSZ | 305 | KM TEAM | KHOJNA | POL | M-50 | 32 | M 244 | NIE | 01:18:48 | 02:45:59 | | 04:03:38.20 | 11:36 | 5.2 |
| 343 | KRAWIEC PIOTR | 245 | KOTWICA BRZEG | ŻŁOBIZNA | POL | M-40 | 114 | M 245 | NIE | 01:18:07 | 02:43:58 | | 04:04:02.35 | 11:37 | 5.2 |
| 344 | RYPİŃSKA MAGDALENA | 433 | | TRZEBNICA | POL | K-40 | 37 | K 100 | NIE | 01:25:02 | 02:51:39 | | 04:04:32.40 | 11:38 | 5.2 |
| 345 | MORAWSKA ANNA | 332 | | WARSZAWA | POL | K-60 | 2 | K 101 | NIE | 01:21:23 | 02:47:42 | | 04:05:42.30 | 11:42 | 5.1 |
| 346 | FINKOWIAT - SZYMCZAK KATARZYNA | 123 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 46 | K 102 | NIE | 01:29:09 | 02:54:46 | | 04:06:51.40 | 11:45 | 5.1 |
| 347 | KACIUPA AGNIESZKA | 198 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 38 | K 103 | NIE | 01:27:57 | 02:54:49 | | 04:06:51.65 | 11:45 | 5.1 |
| 348 | BORODYN ANDRZEJ | 49 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 115 | M 246 | NIE | 01:23:08 | 02:51:29 | | 04:07:09.35 | 11:46 | 5.1 |
| 349 | JEDYNAK-DOBROSZ IZABELA | 187 | KB MANIAC POZNAŃ | TULCE | POL | K-40 | 39 | K 104 | NIE | 01:27:11 | 02:54:04 | | 04:07:16.70 | 11:46 | 5.1 |
| 350 | ŁUSIAK KASIA | 295 | | SMOLEC | POL | K-30 | 47 | K 105 | NIE | 01:25:59 | 03:00:06 | | 04:07:41.70 | 11:47 | 5.1 |
| 351 | MAZUR MAREK | 320 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 33 | M 247 | NIE | 01:29:14 | | | 04:07:49.00 | 11:48 | 5.1 |
| 352 | JAŚKIEWICZ KATARZYNA | 183 | | SZCZECIN | POL | K-40 | 40 | K 106 | NIE | 01:25:58 | 02:55:14 | | 04:08:01.00 | 11:48 | 5.1 |
| 353 | BOROŃ IZABELA | 51 | | NOWA IWICZNA | POL | K-40 | 41 | K 107 | NIE | 01:27:17 | 02:51:56 | | 04:08:15.40 | 11:49 | 5.1 |
| 354 | BYKS TOMASZ | 71 | | POZNAŃ | POL | M-30 | 85 | M 248 | NIE | 01:20:44 | 02:50:27 | | 04:09:05.70 | 11:51 | 5.1 |
| 355 | ROSA ALEKSANDER | 424 | | RABOWICE | POL | M-40 | 116 | M 249 | NIE | 01:22:28 | 02:50:27 | | 04:09:05.80 | 11:51 | 5.1 |
| 356 | HORBACZ-ROSA HANNA | 165 | | RABOWICE | POL | K-30 | 48 | K 108 | NIE | 01:20:57 | 02:50:30 | | 04:09:10.25 | 11:51 | 5.1 |
| 357 | BOSY JOANNA | 56 | | WROCŁAW | POL | K-30 | 49 | K 109 | NIE | 01:25:47 | 02:56:03 | | 04:09:21.40 | 11:52 | 5.1 |
| 358 | BOROŃ RYSZARD | 50 | | NOWA IWICZNA | POL | M-60 | 5 | M 250 | NIE | 01:27:35 | 02:51:59 | | 04:09:39.60 | 11:53 | 5 |
| 359 | KUMOR WERONIKA | 267 | EVERRUN | ŁÓDŹ | POL | K-40 | 42 | K 110 | NIE | 01:27:20 | 02:52:58 | | 04:09:42.95 | 11:53 | 5 |
| 360 | ŻUROWSKI MIKOŁAJ ŻUROWSKI | 574 | GVT | WROCŁAW | POL | M-20 | 12 | M 251 | NO | 01:23:26 | 02:50:43 | | 04:09:46.25 | 11:53 | 5 |
| 361 | KONKIEWICZ KATARZYNA | 221 | NIAGARA | GRODZISK WIELKOPOLSKI | POL | K-40 | 43 | K 111 | NIE | 01:32:15 | 02:57:25 | | 04:10:23.15 | 11:55 | 5 |
| 362 | CHUDAŃSKI JAKUB | 82 | | KNURÓW | POL | M-30 | 86 | M 252 | NIE | 01:21:55 | 02:53:00 | | 04:10:31.55 | 11:55 | 5 |
| 363 | SAWICZ PIOTR | 439 | | WROCŁAW | POL | M-30 | 87 | M 253 | NIE | 01:52:08 | 03:05:03 | | 04:11:34.05 | 11:58 | 5 |
| 364 | HOFFMANN GRZEGORZ | 162 | KOŚCIAN TEAM | CZEMPIŃ | POL | M-40 | 117 | M 254 | NIE | 01:24:13 | 02:57:59 | | 04:11:51.85 | 11:59 | 5 |
| 365 | BARTKIEWICZ LECH | 22 | | ZIELONA GÓRA | POL | M-40 | 118 | M 255 | NIE | 01:21:25 | 02:50:37 | | 04:12:03.45 | 12:00 | 5 |
| 366 | NIEDZIELA KRZYSZTOF | 348 | GOSTYŃ | GOSTYŃ | POL | M-40 | 119 | M 256 | NIE | 01:28:14 | 02:58:48 | | 04:12:04.90 | 12:00 | 5 |
| 367 | NIEDZIELA DANUTA | 349 | GOSTYŃ | GOSTYŃ | POL | K-40 | 44 | K 112 | NIE | 01:28:12 | 02:58:51 | | 04:12:04.90 | 12:00 | 5 |
| 368 | KUCHARSKI ADAM | 258 | | WARSZAWA | POL | M-40 | 120 | M 257 | NIE | 01:27:13 | 02:55:25 | | 04:12:23.75 | 12:01 | 5 |
| 369 | JĘDRZEJCZAK ANNA | 190 | | WARSZAWA | POL | K-50 | 12 | K 113 | NIE | 01:27:13 | 02:55:23 | | 04:12:24.20 | 12:01 | 5 |
| 370 | KLUK AGNIESZKA | 210 | | SMOLEC | POL | K-40 | 45 | K 114 | NIE | 01:27:51 | 03:00:03 | | 04:13:17.80 | 12:03 | 5 |
| 371 | STASZCZUK JAROSŁAW | 465 | | BRZEG | POL | M-50 | 34 | M 258 | NIE | 01:26:02 | 02:57:09 | | 04:13:34.70 | 12:04 | 5 |
| 372 | WOJDAŁOWICZ EWA | 579 | | SZCZECIN | POL | K-40 | 46 | K 115 | NIE | 01:28:02 | 02:54:58 | | 04:13:53.75 | 12:05 | 5 |
| 373 | SZYMCZAK ŁUKASZ | 490 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 121 | M 259 | NIE | 01:29:55 | 02:54:18 | | 04:14:44.45 | 12:07 | 4.9 |
| 374 | BEDNARSKA-KOZIOŁ DANUTA | 26 | WKURW-TEAM | ZIELĘCICE | POL | K-40 | 47 | K 116 | NIE | 01:25:45 | 02:59:11 | | 04:14:53.20 | 12:08 | 4.9 |
| 375 | MAJEROWSKA MAGDALENA | 303 | | NOWE TŁOKI | POL | K-30 | 50 | K 117 | NIE | 01:29:38 | 03:00:07 | | 04:15:19.15 | 12:09 | 4.9 |
| 376 | JAKIMKO MONIKA | 173 | EKIPA LIPA | LIPA | POL | K-40 | 48 | K 118 | NIE | 01:24:57 | 02:57:44 | | 04:15:21.30 | 12:09 | 4.9 |
| 377 | JAKÓBCZYK EWELINA | 175 | | GORZÓW WLKP. | POL | K-30 | 51 | K 119 | NIE | 01:23:53 | 02:54:47 | | 04:15:36.20 | 12:10 | 4.9 |
| 378 | PIKUŁA SEBASTIAN | 393 | | GORZÓW WLKP. | POL | M-40 | 122 | M 260 | NIE | 01:23:53 | 02:54:46 | | 04:15:41.65 | 12:10 | 4.9 |
| 379 | TUREK KAROLINA | 511 | BIAŁY DOMEK BIEGA | CZERWONAK | POL | K-40 | 49 | K 120 | NIE | 01:29:25 | 03:00:37 | | 04:16:53.85 | 12:13 | 4.9 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 380 | WEYNA ANNA | 532 | BIAŁY DOMEK BIEGA | KICIN | POL | K-40 | 50 | K 121 | NIE | 01:29:25 | 03:00:45 | | 04:16:54.50 | 12:14 | 4.9 |
| 381 | MASALSKA ANNA | 315 | | SUWAŁKI | POL | K-40 | 51 | K 122 | NIE | 01:25:24 | 02:56:03 | | 04:17:29.95 | 12:15 | 4.9 |
| 382 | BRZEZIŃSKI ANDRZEJ | 60 | LANRUNS | OLKUSZ | POL | M-60 | 6 | M 261 | NIE | 01:21:12 | 02:58:23 | | 04:17:41.25 | 12:16 | 4.9 |
| 383 | OGÓRKIEWICZ SYLWIA | 364 | | POZNAŃ | POL | K-40 | 52 | K 123 | NIE | 01:31:49 | 03:00:33 | | 04:17:51.35 | 12:16 | 4.9 |
| 384 | NATKANIEC GRAZYNA | 345 | | LIPA | POL | K-50 | 13 | K 124 | NIE | 01:27:21 | 03:00:54 | | 04:18:56.05 | 12:19 | 4.9 |
| 385 | MARCINIAK AGATA | 310 | ŁODZIANKA TEAM | ŁÓDŹ | POL | K-40 | 53 | K 125 | | 01:36:54 | 03:06:56 | | 04:20:06.90 | 12:23 | 4.8 |
| 386 | SKWARNECKI DAMIAN | 451 | ŁODZIANKA TEAM | ŁÓDŹ | POL | M-40 | 123 | M 262 | | 01:36:39 | 03:06:57 | | 04:20:07.05 | 12:23 | 4.8 |
| 387 | MIECHOWIECKA MAJA | 327 | | TORUŃ | POL | K-30 | 52 | K 126 | NIE | 01:25:51 | 02:58:30 | | 04:20:40.25 | 12:24 | 4.8 |
| 388 | STRAMEK LUKASZ | 470 | | TORUN | POL | M-30 | 88 | M 263 | NO | 01:25:48 | 02:58:21 | | 04:20:40.50 | 12:24 | 4.8 |
| 389 | JAWORSKI JAROSŁAW | 184 | LOVELY MOUNTAINS WINTER RUNNING | WROCŁAW | POL | M-30 | 89 | M 264 | NIE | 01:28:12 | 03:01:28 | | 04:23:19.85 | 12:32 | 4.8 |
| 390 | WARKOCZYŃSKI MARCIN | 524 | DLA MOJEJ PEREŁKI | SZCZECIN | POL | M-40 | 124 | M 265 | NIE | 01:28:37 | 02:54:18 | | 04:23:40.10 | 12:33 | 4.8 |
| 391 | WOJCIECHOWSKI ANDRZEJ | 545 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | KALISZ | POL | M-40 | 125 | M 266 | NIE | 01:29:00 | 03:00:23 | | 04:23:48.65 | 12:33 | 4.8 |
| 392 | LENERT KSENIA | 273 | | BYTOM | POL | K-30 | 53 | K 127 | NIE | 01:31:35 | 03:03:02 | | 04:24:25.10 | 12:35 | 4.8 |
| 393 | KOWAŃSKI TOMASZ | 234 | | PLESZEW | POL | M-40 | 126 | M 267 | NIE | 01:32:04 | 03:09:17 | | 04:24:38.40 | 12:36 | 4.8 |
| 394 | SZARPAK ANNA | 477 | | PLESZEW | POL | K-40 | 54 | K 128 | NIE | 01:32:25 | 03:09:21 | | 04:25:33.00 | 12:38 | 4.7 |
| 395 | CHEŁCHOWSKA KATARZYNA | 74 | | RADKÓW | GBR | K-30 | 54 | K 129 | NO | 01:31:19 | 03:04:39 | | 04:25:58.05 | 12:39 | 4.7 |
| 396 | KOWAŃSKA ALEKSANDRA | 233 | | PLESZEW | POL | K-40 | 55 | K 130 | NIE | 01:32:50 | 03:09:25 | | 04:28:10.70 | 12:46 | 4.7 |
| 397 | PERKA BARBARA | 386 | | PROSZKÓW | POL | K-50 | 14 | K 131 | NIE | 01:32:59 | 03:08:37 | | 04:29:31.05 | 12:50 | 4.7 |
| 398 | STYPUŁA MICHAŁ | 472 | TE CONNECTIVITY | KRZYSZTOFORZYCE | POL | M-30 | 90 | M 268 | NIE | 01:33:31 | 03:12:57 | | 04:29:33.60 | 12:50 | 4.7 |
| 399 | ADAMSKI ADAM | 3 | | BIERUTÓW | POL | M-60 | 7 | M 269 | NIE | 01:16:55 | 03:10:33 | | 04:31:33.55 | 12:55 | 4.6 |
| 400 | MALINOWSKI PRZEMEK | 308 | | M | POL | M-50 | 35 | M 270 | NIE | 01:29:08 | 03:08:55 | | 04:33:09.50 | 13:00 | 4.6 |
| 401 | KRZYWAK ANNA | 254 | | GORZÓW WIELKOPOLSKI | POL | K-40 | 56 | K 132 | NIE | 01:30:14 | 03:13:36 | | 04:33:43.65 | 13:02 | 4.6 |
| 402 | TOKARZ ROBERT | 502 | | TARNÓW | POL | M-50 | 36 | M 271 | NO | 01:35:48 | 03:09:30 | | 04:35:17.70 | 13:06 | 4.6 |
| 403 | PAWŁOWSKA BASIA | 383 | | GDYNIA | POL | K-30 | 55 | K 133 | NIE | 01:34:17 | 03:15:10 | | 04:37:02.45 | 13:11 | 4.5 |
| 404 | NORKOWSKA ALEKSANDRA | 351 | ORANGE POLSKA | WARSZAWA | POL | K-40 | 57 | K 134 | NIE | 01:39:58 | 03:19:51 | | 04:40:02.70 | 13:20 | 4.5 |
| 405 | TURKIEWICZ DAWID | 512 | WOLIBÓRZ W BIEGU | WOLIBÓRZ | POL | M-30 | 91 | M 272 | NIE | 01:31:56 | 03:12:02 | | 04:40:15.30 | 13:20 | 4.5 |
| 406 | ARMATYS GRZEGORZ | 8 | ORANGE POLSKA | DĄBROWA GÓRNICZA | POL | M-50 | 37 | M 273 | | 01:39:57 | 03:19:42 | | 04:41:02.70 | 13:22 | 4.5 |
| 407 | KALBARCZYK BEATA | 202 | ORANGE POLSKA | OTWOCK | POL | K-50 | 15 | K 135 | NIE | 01:40:02 | 03:19:46 | | 04:41:08.80 | 13:23 | 4.5 |
| 408 | GINTER KATARZYNA | 138 | | KRAKÓW | POL | K-30 | 56 | K 136 | NIE | 01:37:49 | 03:19:08 | | 04:43:12.70 | 13:29 | 4.4 |
| 409 | WYSOCKI GRZEGORZ | 553 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | M-40 | 127 | M 274 | NIE | 01:44:16 | 03:26:43 | | 04:43:23.85 | 13:29 | 4.4 |
| 410 | WAWRZYNIAK MAŁGORZATA | 528 | | TUREK | POL | K-50 | 16 | K 137 | NIE | 01:43:20 | 03:24:04 | | 04:45:22.95 | 13:35 | 4.4 |
| 411 | PEPŁOWSKA SYLWIA | 385 | | WARSAW | POL | K-40 | 58 | K 138 | NO | 01:43:04 | 03:23:27 | | 04:46:43.10 | 13:39 | 4.4 |
| 412 | CISŁAK ANNA | 91 | | STARA IWICZNA | POL | K-30 | 57 | K 139 | NIE | 01:43:01 | 03:23:29 | | 04:46:44.15 | 13:39 | 4.4 |
| 413 | ZAJĄC ANDRZEJ | 555 | DRUŻYNA SZPIKU | CZŁUCHÓW | POL | M-40 | 128 | M 275 | NIE | 01:34:17 | 03:24:32 | | 04:47:58.70 | 13:42 | 4.4 |
| 414 | ZAJĄC KRZYSZTOF | 554 | BEZULTRADZIKI/WKURW_TEAM | POZNAŃ | POL | M-40 | 129 | M 276 | NIE | 01:34:14 | 03:24:30 | | 04:47:59.40 | 13:42 | 4.4 |
| 415 | BAJZERT MAGDALENA | 14 | | PRZYKONA | POL | K-40 | 59 | K 140 | NIE | 01:42:20 | 03:24:03 | | 04:49:25.55 | 13:46 | 4.4 |
| 416 | OLEK-WYSOCKA MONIKA | 368 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | K-40 | 60 | K 141 | NIE | 01:45:28 | 03:27:11 | | 04:50:58.80 | 13:51 | 4.3 |
| 417 | FAFARA AGNIESZKA | 116 | BIEGNIĘTE LASKI | ŁÓDŹ | POL | K-40 | 61 | K 142 | NIE | 01:37:26 | 03:21:35 | | 04:51:18.40 | 13:52 | 4.3 |
| 418 | OCHOCKA EWA | 361 | | ŁÓDŹ | POL | K-40 | 62 | K 143 | NIE | 01:37:37 | 03:21:36 | | 04:51:18.70 | 13:52 | 4.3 |
| 419 | KUDEŁKA JANUSZ | 262 | | PRĄDOCIN | POL | M-50 | 38 | M 277 | NIE | 01:42:47 | 03:23:48 | | 04:52:46.50 | 13:56 | 4.3 |
| 420 | BABIŃSKA MALWINA | 11 | | RADKÓW | POL | K-30 | 58 | K 144 | NIE | 01:41:51 | 03:29:06 | | 04:57:58.40 | 14:11 | 4.2 |
| 421 | BOROŃ-KOSIK MAGDA | 52 | | KIEŁCZÓW | POL | K-40 | 63 | K 145 | NIE | 01:39:51 | 03:23:33 | | 05:01:22.75 | 14:21 | 4.2 |
| 422 | KĘPSKI GRZEGORZ | 207 | | WROCŁAW | POL | M-30 | 92 | M 278 | NIE | 01:54:19 | 03:40:56 | | 05:08:26.05 | 14:41 | 4.1 |
| 423 | MYSZYWODA MONIKA | 342 | | WROCŁAW | POL | K-30 | 59 | K 146 | NIE | 01:54:59 | 03:40:08 | | 05:13:39.15 | 14:56 | 4 |
| 424 | LEŚNA MONIKA | 275 | | RAWICZ | POL | K-30 | 60 | K 147 | NIE | 01:52:32 | 03:38:31 | | 05:15:36 | 15:36 | 3.8 |
| 425 | WŁODARCZYK MAŁGORZATA | 542 | COLOR TREND ORZECHOWO | ORZECHOWO | POL | K-40 | 64 | K 148 | NIE | 01:48:41 | 03:43:23 | | 05:15:57 | 15:57 | 3.8 |
| 426 | WŁODARCZYK MICHAŁ | 543 | BMW | PLEWISKA | POL | M-20 | 13 | M 279 | NIE | 01:48:43 | 03:43:26 | | 05:15:57 | 15:57 | 3.8 |
| 427 | BAKA ELŻBIETA | 15 | LADIESLOSTGAŚBAGAŚ | WARSZAWA | POL | K-40 | 65 | K 149 | NIE | 00:58:12 | | | | 8:18 | 7.2 |
| 428 | BARTOSIK KAMILA | 23 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 66 | K 150 | NO | 00:59:51 | | | | 8:33 | 7 |
| 429 | WŁODARCZYK KRZYSZTOF | 540 | 3TEAM MPEC KONIN | KONIN | POL | M-40 | 130 | M 280 | NIE | 01:14:57 | | | | 10:42 | 5.6 |
| 430 | UPTAS TOMASZ | 516 | CROSS STRACENĆÓW TEAM | GŁOGÓW | POL | M-40 | 131 | M 281 | NIE | 01:25:01 | | | | 12:08 | 4.9 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN KOBIECI

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|---|---------------------|------|------|--------|------|-----------|----------|----------|----------|-------------|--------|------|
| 1 | PIĄTEK KAROLINA | 388 | | KRAKÓW | POL | K-30 | 1 | K 1 | NIE | 00:50:54 | 01:41:24 | | 02:30:08.20 | 7:08 | 8.4 |
| 2 | BIAŁEK BEATA | 30 | KB HERMES | ŻARCZYŃ | POL | K-40 | 1 | K 2 | NIE | | 01:47:17 | | 02:37:53.25 | 7:31 | 8 |
| 3 | BĄŁYS KATARZYNA | 17 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-30 | 2 | K 3 | NO | 00:52:49 | 01:46:20 | | 02:38:11.70 | 7:31 | 8 |
| 4 | DU CZMAL DOMINIKA | 109 | 140 MINUT | JELENIA GÓRA | POL | K-20 | 1 | K 4 | NIE | 00:54:13 | 01:48:18 | | 02:38:44.70 | 7:33 | 7.9 |
| 5 | MISTAK JOLA | 330 | | OŁAWA | POL | K-30 | 3 | K 5 | NIE | 00:57:55 | 01:50:47 | | 02:39:12.65 | 7:34 | 7.9 |
| 6 | BERNAT KATARZYNA | 28 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | K-50 | 1 | K 6 | NIE | 00:54:27 | 01:48:53 | | 02:39:27.65 | 7:35 | 7.9 |
| 7 | KRAWCZYK ADRIANA | 242 | | CHOCIANÓW | POL | K-30 | 4 | K 7 | NIE | 00:55:13 | 01:50:57 | | 02:42:19.65 | 7:43 | 7.8 |
| 8 | HAJDA JUSTYNA | 158 | MAFIA TEAM LUBLINIEC | RADZIONÓW | POL | K-20 | 2 | K 8 | NIE | 00:58:11 | 01:56:44 | | 02:46:24.15 | 7:55 | 7.6 |
| 9 | LEŚNIAK KAROLINA | 276 | FUNTRI | WROCŁAW | POL | K-30 | 5 | K 9 | NIE | 00:58:08 | 01:55:28 | | 02:46:27.20 | 7:55 | 7.6 |
| 10 | PERZ EMILIA | 584 | | BUKOWIEC | | K-30 | 6 | K 10 | | 01:06:42 | 02:00:15 | | 02:47:57.10 | 7:59 | 7.5 |
| 11 | CZERNIK JUDYTA | 94 | 42K PRO TEAM | ZABRZE | POL | K-30 | 7 | K 11 | NIE | 00:57:12 | 01:55:26 | | 02:49:04.15 | 8:03 | 7.5 |
| 12 | KRUŻOŁEK MONIKA | 249 | TURBOPTYSIE | RADKÓW | POL | K-30 | 8 | K 12 | NIE | 00:59:42 | 01:57:23 | | 02:49:47.65 | 8:05 | 7.4 |
| 13 | KRAWCZYK KAROLINA | 243 | INOV-8 TEAM | WARSZAWA | POL | K-30 | 9 | K 13 | NIE | 00:58:17 | 01:56:38 | | 02:50:32.75 | 8:07 | 7.4 |
| 14 | KOLANKO SYLWIA | 215 | NYSA BIEGA | NYSA | POL | K-30 | 10 | K 14 | NIE | 00:58:16 | 01:56:17 | | 02:50:52.25 | 8:08 | 7.4 |
| 15 | MAJEWSKA AGATA | 304 | | WROCŁAW | POL | K-40 | 2 | K 15 | NIE | 00:58:41 | 01:56:36 | | 02:52:26.05 | 8:12 | 7.3 |
| 16 | KRYM KATARZYNA | 250 | HERCOGRUNNINGTEAM/NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 3 | K 16 | NIE | 01:00:52 | | | 02:52:57.20 | 8:14 | 7.3 |
| 17 | CHOJNACKA MARTA | 77 | | LUBIN | POL | K-30 | 11 | K 17 | NIE | 01:01:54 | 02:01:27 | | 02:53:10.95 | 8:14 | 7.3 |
| 18 | WICHA MAŁGORZATA | 535 | WKS WAWEL | KRAKÓW | POL | K-30 | 12 | K 18 | NIE | 00:59:43 | 01:58:53 | | 02:53:21.35 | 8:15 | 7.3 |
| 19 | FERENC-SZMUC EDYTA | 119 | KUDOWIANKA RUN | LEWIN KŁODZKI | POL | K-30 | 13 | K 19 | NIE | 00:58:53 | 01:59:58 | | 02:54:08.95 | 8:17 | 7.2 |
| 20 | TUNDAK ZUZANNA | 510 | | POZNAŃ | POL | K-30 | 14 | K 20 | NIE | 00:59:43 | 01:58:17 | | 02:54:40.40 | 8:19 | 7.2 |
| 21 | ZAMBRZYCKA-ROZNER EWA | 581 | | PIASECZNO | POL | K-30 | 15 | K 21 | NIE | 01:01:31 | 02:00:52 | | 02:55:17.85 | 8:20 | 7.2 |
| 22 | GNITECKA KATARZYNA | 139 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | K-30 | 16 | K 22 | NIE | 01:00:57 | 02:00:28 | | 02:55:34.05 | 8:21 | 7.2 |
| 23 | SZYMBORSKA MONIKA | 489 | | WARSZAWA | POL | K-40 | 4 | K 23 | NIE | 00:58:30 | 01:59:24 | | 02:55:36.85 | 8:21 | 7.2 |
| 24 | BIEŃ MAGDALENA | 37 | | POZNAŃ | POL | K-40 | 5 | K 24 | | 01:01:30 | 02:04:30 | | 03:01:15.80 | 8:37 | 7 |
| 25 | PIECUCH KAROLINA | 391 | | KRAKÓW | POL | K-30 | 17 | K 25 | NIE | 01:03:22 | 02:06:08 | | 03:02:34.35 | 8:41 | 6.9 |
| 26 | MOREVA DARIA | 334 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K-30 | 18 | K 26 | NO | 01:04:30 | 02:08:12 | | 03:03:55.85 | 8:45 | 6.9 |
| 27 | MARZEC KAROLINA | 314 | DZIKIE DZIKI GORZÓW | DESZCZNO | POL | K-40 | 6 | K 27 | NIE | 01:01:46 | 01:59:55 | 00:10:00 | 03:03:56.80 | 8:16 | 7.2 |
| 28 | KŁACZYŃSKA DANUTA | 211 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 7 | K 28 | NIE | 01:01:44 | 02:01:33 | 00:10:00 | 03:06:15.85 | 8:23 | 7.1 |
| 29 | STACHURSKA IŁONA | 460 | KUGUAR XTREME RUNNERS | PRUSZKÓW | POL | K-30 | 19 | K 29 | NIE | 01:01:16 | 02:07:40 | | 03:07:13.75 | 8:54 | 6.7 |
| 30 | ŁOPATYŃSKA-HUBER JULITA | 290 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-40 | 8 | K 30 | NIE | 01:02:44 | 02:07:02 | | 03:07:36.95 | 8:56 | 6.7 |
| 31 | DĄBKIEWICZ DOMINIKA | 101 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-40 | 9 | K 31 | NIE | 01:05:49 | 02:08:29 | | 03:09:09.30 | 9:00 | 6.7 |
| 32 | ŁAMPIKA KINGA | 287 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 10 | K 32 | NIE | 01:05:26 | 02:11:24 | | 03:09:34.55 | 9:01 | 6.6 |
| 33 | ANDROS AGATA | 4 | BIEGNIJ OŁAWO | OŁAWA | POL | K-30 | 20 | K 33 | NIE | 01:08:06 | 02:15:25 | | 03:12:04.60 | 9:08 | 6.6 |
| 34 | BUŁAJEWSKA-OZGA KINGA | 67 | BIEGNIJ OŁAWO | OŁAWA | AFG | K-30 | 21 | K 34 | NIE | 01:08:29 | 02:15:37 | | 03:12:13.05 | 9:09 | 6.6 |
| 35 | KUCZKOWSKA MARTA | 261 | EXTEAM | WROCŁAW | AFG | K-20 | 3 | K 35 | NIE | 01:04:23 | 02:12:50 | | 03:14:53.05 | 9:16 | 6.5 |
| 36 | BABIŃSKA-POPIŁKA EWELINA | 12 | | RADKÓW | POL | K-30 | 22 | K 36 | NIE | 01:00:27 | 02:11:11 | | 03:15:49.20 | 9:19 | 6.4 |
| 37 | BOCHNIARZ ANNA | 43 | BIEGNIJ OŁAWO | OŁAWA | POL | K-40 | 11 | K 37 | NIE | 01:09:43 | 02:18:40 | | 03:18:57.15 | 9:28 | 6.3 |
| 38 | WESOŁEK PAULA | 530 | | POZNAŃ | POL | K-30 | 23 | K 38 | NIE | 01:12:43 | 02:18:10 | | 03:19:08.85 | 9:28 | 6.3 |
| 39 | ZDUŃCZYK PAULINA | 563 | | ŁÓDŹ | POL | K-30 | 24 | K 39 | NIE | 01:11:13 | 02:18:48 | | 03:21:22.35 | 9:35 | 6.3 |
| 40 | PAKULSKA-TOMZA DOROTA | 375 | | SUCHY LAS | POL | K-40 | 12 | K 40 | NIE | 01:09:47 | 02:18:07 | | 03:21:51.65 | 9:36 | 6.2 |
| 41 | NAPIERAŁA KATARZYNA | 343 | | SUCHY LAS | POL | K-40 | 13 | K 41 | NIE | 01:13:28 | 02:20:57 | | 03:21:51.80 | 9:36 | 6.2 |
| 42 | ŚWIATOWIEC ANNA | 495 | | KRAKÓW | POL | K-50 | 2 | K 42 | NIE | 01:09:40 | 02:22:16 | | 03:24:48.15 | 9:45 | 6.2 |
| 43 | JASIŃSKA MAGDALENA | 182 | RĄCZE RACICZKI | WARSZAWA | POL | K-40 | 14 | K 43 | NIE | 01:10:51 | 02:20:42 | | 03:24:58.65 | 9:45 | 6.1 |
| 44 | KARATKÓW EWA | 205 | | RADKÓW | POL | K-40 | 15 | K 44 | NIE | 01:08:59 | 02:22:21 | | 03:27:10.20 | 9:51 | 6.1 |
| 45 | DIUWE MARZENA | 103 | PASTERKA PANY | ŚWIDNICA | POL | K-30 | 25 | K 45 | NIE | 01:13:26 | 02:24:15 | | 03:27:34.45 | 9:53 | 6.1 |
| 46 | ODOLCZYK JOANNA | 363 | | WARSZAWA | POL | K-50 | 3 | K 46 | NIE | 01:13:30 | 02:23:21 | | 03:27:50.15 | 9:53 | 6.1 |
| 47 | ORTYL EWELINA | 371 | | LISOWICE | POL | K-40 | 16 | K 47 | NIE | 01:09:47 | 02:21:18 | | 03:28:06.80 | 9:54 | 6.1 |
| 48 | PERZ MARZENNA | 387 | | BUKOWIEC | POL | K-50 | 4 | K 48 | NIE | 01:16:56 | 02:27:54 | | 03:28:11.15 | 9:54 | 6.1 |
| 49 | ŻAK DOMINIKA | 572 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 26 | K 49 | NIE | 01:13:34 | 02:24:43 | | 03:29:04.60 | 9:57 | 6 |
| 50 | ROBAKOWSKA JOANNA | 419 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-30 | 27 | K 50 | NIE | 01:13:43 | 02:29:25 | | 03:29:44.50 | 9:59 | 6 |
| 51 | KUBICKA MAGDALENA | 256 | | FLORENTYNÓW | POL | K-40 | 17 | K 51 | NIE | 01:11:20 | 02:23:39 | | 03:29:53.50 | 9:59 | 6 |
| 52 | WOLFF MARIA | 546 | | SUCHY LAS | POL | K-30 | 28 | K 52 | NIE | 01:10:10 | 02:25:50 | | 03:30:56.25 | 10:02 | 6 |
| 53 | TRZEPACZ DOROTA | 508 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 18 | K 53 | NIE | 01:09:15 | 02:25:54 | | 03:31:13.20 | 10:03 | 6 |
| 54 | MATUSZEWSKI MAŁGORZATA | 318 | RUNNER'S POWER ŚREM | ŚREM | POL | K-40 | 19 | K 54 | NIE | 01:14:04 | 02:27:01 | | 03:31:56.00 | 10:05 | 5.9 |

ZIMOWY PÓŁMARATON GÓR STOŁOWYCH 21 KM, OPEN KOBIEC c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------------|-----|----------------------------------|----------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 55 | GERUS ANNA | 133 | | WARSZAWA | POL | K-20 | 4 | K 55 | NIE | 01:11:16 | 02:30:32 | | 03:32:59.40 | 10:08 | 5.9 |
| 56 | WOSZCZAK JOLANTA | 548 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIŃ | POL | K-50 | 5 | K 56 | NIE | 01:17:39 | 02:28:23 | | 03:33:13.55 | 10:09 | 5.9 |
| 57 | ŻYCHSKA ANNA | 575 | | POZNAŃ | POL | K-30 | 29 | K 57 | NIE | 01:12:09 | 02:25:00 | | 03:33:29.25 | 10:09 | 5.9 |
| 58 | PILZ-JEDRZEJCZYK DOMINIKA | 395 | | ZIELONA GORA | POL | K-30 | 30 | K 58 | NIE | 01:13:39 | 02:27:07 | | 03:33:47.00 | 10:10 | 5.9 |
| 59 | CHRZANOWSKA AGNIESZKA | 79 | | SZCZECIN | POL | K-40 | 20 | K 59 | NIE | 01:16:45 | 02:31:19 | | 03:34:58.75 | 10:14 | 5.9 |
| 60 | SZAL MAŁGORZATA | 475 | TENIS CENTRUM AS | POLANICA- ZDRÓJ | POL | K-30 | 31 | K 60 | NIE | 01:13:14 | 02:35:42 | | 03:36:56.20 | 10:19 | 5.8 |
| 61 | NOWAK DOROTA | 357 | | SZCZECIN | AFG | K-30 | 32 | K 61 | NIE | 01:18:15 | 02:32:25 | | 03:37:55.25 | 10:22 | 5.8 |
| 62 | KRAWCZYK ANNA | 244 | NIGHT RUNNERS | GORZYCE WIELKIE | POL | K-40 | 21 | K 62 | NIE | 01:13:45 | 02:29:17 | | 03:38:55.20 | 10:25 | 5.8 |
| 63 | GRUSZKA KATARZYNA | 151 | | POZNAŃ | POL | K-30 | 33 | K 63 | NIE | 01:11:28 | 02:33:24 | | 03:39:09.80 | 10:26 | 5.7 |
| 64 | ŚWIĄTEK JULIA | 497 | IMMABEE / KS GVT | CHYBY | POL | K-40 | 22 | K 64 | NIE | 01:11:26 | 02:33:23 | | 03:39:10.70 | 10:26 | 5.7 |
| 65 | CHRAPLEWSKA KAROLINA | 78 | CHATABIEGACZA K34 | POZNAŃ | POL | K-40 | 23 | K 65 | | 01:13:39 | 02:24:08 | 00:10:00 | 03:39:29.05 | 9:58 | 6 |
| 66 | FRAŃCZEK IWONA | 128 | FUNTRI | WROCŁAW | POL | K-40 | 24 | K 66 | NIE | 01:15:48 | 02:32:10 | | 03:41:13.10 | 10:32 | 5.7 |
| 67 | NOWAK KATARZYNA | 355 | TIM JEST TIM | OZIMEK | POL | K-30 | 34 | K 67 | NIE | 01:18:26 | 02:40:26 | | 03:41:20.45 | 10:32 | 5.7 |
| 68 | NIEDOBA BARBARA | 347 | TIM JEST TIM | OZIMEK | POL | K-40 | 25 | K 68 | NIE | 01:18:19 | 02:40:19 | | 03:41:46.85 | 10:33 | 5.7 |
| 69 | STANISZEWSKA-DUDA KATARZYNA | 462 | TIM JEST TIM | OZIMEK | POL | K-40 | 26 | K 69 | NIE | 01:18:00 | 02:40:20 | | 03:41:49.50 | 10:33 | 5.7 |
| 70 | KOPKA ELZBIETA | 226 | AGB TORFY | KOLONIA BRUŻYCA | POL | K-40 | 27 | K 70 | NIE | 01:19:51 | 02:34:57 | | 03:42:18.25 | 10:35 | 5.7 |
| 71 | RYZNER NATALIA | 434 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | K-30 | 35 | K 71 | NIE | 01:14:14 | 02:30:37 | | 03:42:21.05 | 10:35 | 5.7 |
| 72 | SZULECKA KAMILA | 485 | | ŁÓDŹ | POL | K-40 | 28 | K 72 | NIE | 01:19:17 | 02:33:08 | | 03:42:35.95 | 10:35 | 5.7 |
| 73 | BIEDZIAK-ŁUCZAK URSZULA | 33 | RUN4ENERGY | PLEWISKA | POL | K-30 | 36 | K 73 | NIE | 01:15:38 | 02:34:45 | | 03:42:40.15 | 10:36 | 5.7 |
| 74 | STRUSIŃSKA KATARZYNA | 471 | | MIŃSK MAZOWIECKI | POL | K-40 | 29 | K 74 | NIE | 01:18:39 | 02:35:12 | | 03:43:25.00 | 10:38 | 5.6 |
| 75 | SZCZUKA JOANNA | 481 | | WIRY | POL | K-20 | 5 | K 75 | NIE | 01:16:47 | 02:33:19 | | 03:43:26.60 | 10:38 | 5.6 |
| 76 | WALIGÓRA ALEKSANDRA | 520 | NIAGARA FITNESS KLUB | RAKONIEWICE | POL | K-30 | 37 | K 76 | NIE | 01:20:45 | 02:40:00 | | 03:43:58.20 | 10:39 | 5.6 |
| 77 | KOLEJ MONIKA | 217 | DZIKIE DZIKI GORZOW | GORZOW WLKP . | POL | K-40 | 30 | K 77 | NIE | 01:17:17 | 02:37:10 | | 03:45:56.90 | 10:45 | 5.6 |
| 78 | BARAN PAULINA | 19 | NIE W SZCZEPIONKĘ TEAM | PIASECZNO | POL | K-30 | 38 | K 78 | NIE | 01:21:44 | 02:38:02 | | 03:46:02.10 | 10:45 | 5.6 |
| 79 | KULAS KATARZYNA | 266 | | POZNAŃ | POL | K-30 | 39 | K 79 | NIE | 01:16:50 | 02:34:05 | | 03:46:30.20 | 10:47 | 5.6 |
| 80 | KOŃ ALEKSANDRA | 224 | EKIPA LIPA | LIPA | POL | K-40 | 31 | K 80 | NIE | 01:13:40 | 02:34:56 | | 03:46:54.20 | 10:48 | 5.6 |
| 81 | WĘŻYK KAMILA | 534 | | BEDOŃ PRZYKOŚCIELNY | POL | K-30 | 40 | K 81 | NIE | 01:21:42 | 02:40:14 | | 03:47:02.70 | 10:48 | 5.5 |
| 82 | CZECH DOROTA | 92 | ASICS FRONTRUNNER POLAND | WROCŁAW | POL | K-40 | 32 | K 82 | NIE | 01:19:09 | 02:36:52 | | 03:47:03.00 | 10:48 | 5.5 |
| 83 | SZATAN JOWITA | 478 | KOTWICA BRZEG | BRZEG | POL | K-30 | 41 | K 83 | NIE | 01:17:52 | 02:39:05 | | 03:47:44.45 | 10:50 | 5.5 |
| 84 | CHOŁUJ MAŁGORZATA | 76 | | SZCZODRE | POL | K-50 | 6 | K 84 | NIE | 01:18:51 | 02:37:05 | | 03:48:32.10 | 10:52 | 5.5 |
| 85 | PIECUCH MAŁGORZATA | 390 | | PRZEWORSK | POL | K-60 | 1 | K 85 | NIE | 01:21:12 | 02:39:23 | | 03:48:47.00 | 10:53 | 5.5 |
| 86 | DATA IZA | 99 | KUGUAR XTREME RUNNERS | STRONIE ŚL. | POL | K-50 | 7 | K 86 | NIE | 01:18:09 | 02:37:28 | | 03:51:17.25 | 11:00 | 5.4 |
| 87 | ROGUT KATARZYNA | 420 | AGB TORFY | RĄBIEŃ AB | POL | K-50 | 8 | K 87 | NIE | 01:20:00 | 02:41:01 | | 03:51:28.40 | 11:01 | 5.4 |
| 88 | SZCZOTKA KATARZYNA | 480 | | POZNAŃ | POL | K-20 | 6 | K 88 | TAK | 01:20:35 | 02:39:16 | | 03:51:36.45 | 11:01 | 5.4 |
| 89 | ŻYLIŃSKA URSZULA | 578 | | WARSZAWA | POL | K-40 | 33 | K 89 | NIE | 01:23:22 | 02:41:30 | | 03:52:20.35 | 11:03 | 5.4 |
| 90 | FARION MARZENA | 115 | | STRZEGOM | POL | K-40 | 34 | K 90 | NIE | 01:12:01 | 02:35:52 | | 03:52:29.25 | 11:04 | 5.4 |
| 91 | ZIMIŃSKA JOANNA | 569 | HAPPYRUNNERS | ŁÓDŹ | POL | K-50 | 9 | K 91 | NIE | 01:20:06 | 02:41:03 | | 03:53:20.20 | 11:06 | 5.4 |
| 92 | KRAJEWSKA MAGDALENA | 237 | AGB | KONSTANTYNÓW ŁÓDZKI | POL | K-50 | 10 | K 92 | NIE | 01:20:14 | 02:41:04 | | 03:54:36.50 | 11:10 | 5.4 |
| 93 | AUGUSTOWSKA IZABELA | 10 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | K-40 | 35 | K 93 | NIE | 01:21:16 | 02:46:48 | | 03:56:34.55 | 11:15 | 5.3 |
| 94 | JURASZ ALEKSANDRA | 194 | | KAMIENIEC ZĄBKOWICKI | POL | K-30 | 42 | K 94 | NIE | 01:18:52 | 02:38:58 | | 03:56:58.45 | 11:17 | 5.3 |
| 95 | PAŁUCKA MARTA | 378 | PROJEKT ULTRA | ZALASEWO | POL | K-30 | 43 | K 95 | NIE | 01:24:20 | 02:44:51 | | 03:57:48.75 | 11:19 | 5.3 |
| 96 | SOROKA MONIKA | 455 | PASTERKA PANY | PASTERKA | POL | K-40 | 36 | K 96 | NIE | 01:15:41 | 02:37:11 | | 03:58:12.85 | 11:20 | 5.3 |
| 97 | NEUMANN BEATA | 346 | CENTRUM ŁAKOWA 1 | RADKÓW | POL | K-50 | 11 | K 97 | NIE | 01:24:06 | 02:47:59 | | 03:59:50.75 | 11:25 | 5.3 |
| 98 | GOSK URSZULA | 144 | | OPOLE | POL | K-30 | 44 | K 98 | NIE | 01:22:44 | 02:47:29 | | 04:02:42.60 | 11:33 | 5.2 |
| 99 | CHWASTYK EWA | 85 | | CHRZAŚCZYCE | POL | K-30 | 45 | K 99 | NIE | 01:22:42 | 02:47:29 | | 04:02:42.70 | 11:33 | 5.2 |
| 100 | RYPIŃSKA MAGDALENA | 433 | | TRZEBNICA | POL | K-40 | 37 | K 100 | NIE | 01:25:02 | 02:51:39 | | 04:04:32.40 | 11:38 | 5.2 |
| 101 | MORAWSKA ANNA | 332 | | WARSZAWA | POL | K-60 | 2 | K 101 | NIE | 01:21:23 | 02:47:42 | | 04:05:42.30 | 11:42 | 5.1 |
| 102 | FINKOWIAT - SZYM CZAK KATARZYNA | 123 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 46 | K 102 | NIE | 01:29:09 | 02:54:46 | | 04:06:51.40 | 11:45 | 5.1 |
| 103 | KACIUPA AGNIESZKA | 198 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 38 | K 103 | NIE | 01:27:57 | 02:54:49 | | 04:06:51.65 | 11:45 | 5.1 |
| 104 | JEDYNAK-DOROSZ IZABELA | 187 | KB MANIAC POZNAŃ | TULCE | POL | K-40 | 39 | K 104 | NIE | 01:27:11 | 02:54:04 | | 04:07:16.70 | 11:46 | 5.1 |
| 105 | ŁUSIAK KASIA | 295 | | SMOLEC | POL | K-30 | 47 | K 105 | NIE | 01:25:59 | 03:00:06 | | 04:07:41.70 | 11:47 | 5.1 |
| 106 | JAŚKIEWICZ KATARZYNA | 183 | | SZCZECIN | POL | K-40 | 40 | K 106 | NIE | 01:25:58 | 02:55:14 | | 04:08:01.00 | 11:48 | 5.1 |
| 107 | BOROŃ IZABELA | 51 | | NOWA IWICZNA | POL | K-40 | 41 | K 107 | NIE | 01:27:17 | 02:51:56 | | 04:08:15.40 | 11:49 | 5.1 |
| 108 | HORBACZ-ROSA HANNA | 165 | | RABOWICE | POL | K-30 | 48 | K 108 | NIE | 01:20:57 | 02:50:30 | | 04:09:10.25 | 11:51 | 5.1 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN KOBIEC c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-------------------------|-----|-----------------------|-----------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 109 | BOSY JOANNA | 56 | | WROCŁAW | POL | K-30 | 49 | K 109 | NIE | 01:25:47 | 02:56:03 | | 04:09:21.40 | 11:52 | 5.1 |
| 110 | KUMOR WERONIKA | 267 | EVERRUN | ŁÓDŹ | POL | K-40 | 42 | K 110 | NIE | 01:27:20 | 02:52:58 | | 04:09:42.95 | 11:53 | 5 |
| 111 | KONKIEWICZ KATARZYNA | 221 | NIAGARA | GRODZISK WIELKOPOLSKI | POL | K-40 | 43 | K 111 | NIE | 01:32:15 | 02:57:25 | | 04:10:23.15 | 11:55 | 5 |
| 112 | NIEDZIELA DANUTA | 349 | GOSTYŃ | GOSTYŃ | POL | K-40 | 44 | K 112 | NIE | 01:28:12 | 02:58:51 | | 04:12:04.90 | 12:00 | 5 |
| 113 | JĘDRZEJCZAK ANNA | 190 | | WARSZAWA | POL | K-50 | 12 | K 113 | NIE | 01:27:13 | 02:55:23 | | 04:12:24.20 | 12:01 | 5 |
| 114 | KLUK AGNIESZKA | 210 | | SMOLEC | POL | K-40 | 45 | K 114 | NIE | 01:27:51 | 03:00:03 | | 04:13:17.80 | 12:03 | 5 |
| 115 | WOJDAŁOWICZ EWA | 579 | | SZCZECIN | POL | K-40 | 46 | K 115 | NIE | 01:28:02 | 02:54:58 | | 04:13:53.75 | 12:05 | 5 |
| 116 | BEDNARSKA-KOZIOŁ DANUTA | 26 | WKURW-TEAM | ZIELĘCICE | POL | K-40 | 47 | K 116 | NIE | 01:25:45 | 02:59:11 | | 04:14:53.20 | 12:08 | 4.9 |
| 117 | MAJEROWSKA MAGDALENA | 303 | | NOWE TŁOKI | POL | K-30 | 50 | K 117 | NIE | 01:29:38 | 03:00:07 | | 04:15:19.15 | 12:09 | 4.9 |
| 118 | JAKIMKO MONIKA | 173 | EKIPA LIPA | LIPA | POL | K-40 | 48 | K 118 | NIE | 01:24:57 | 02:57:44 | | 04:15:21.30 | 12:09 | 4.9 |
| 119 | JAKÓBCZYK EWELINA | 175 | | GORZÓW WLKP. | POL | K-30 | 51 | K 119 | NIE | 01:23:53 | 02:54:47 | | 04:15:36.20 | 12:10 | 4.9 |
| 120 | TUREK KAROLINA | 511 | BIAŁY DOMEK BIEGA | CZERWONAK | POL | K-40 | 49 | K 120 | NIE | 01:29:25 | 03:00:37 | | 04:16:53.85 | 12:13 | 4.9 |
| 121 | WEYNA ANNA | 532 | BIAŁY DOMEK BIEGA | KICIN | POL | K-40 | 50 | K 121 | NIE | 01:29:25 | 03:00:45 | | 04:16:54.50 | 12:14 | 4.9 |
| 122 | MASALSKA ANNA | 315 | | SUWAŁKI | POL | K-40 | 51 | K 122 | NIE | 01:25:24 | 02:56:03 | | 04:17:29.95 | 12:15 | 4.9 |
| 123 | OGÓRKIEWICZ SYLWIA | 364 | | POZNAŃ | POL | K-40 | 52 | K 123 | NIE | 01:31:49 | 03:00:33 | | 04:17:51.35 | 12:16 | 4.9 |
| 124 | NATKANIEC GRAZYNA | 345 | | LIPA | POL | K-50 | 13 | K 124 | NIE | 01:27:21 | 03:00:54 | | 04:18:56.05 | 12:19 | 4.9 |
| 125 | MARCINIAK AGATA | 310 | ŁÓDZIANKA TEAM | ŁÓDŹ | POL | K-40 | 53 | K 125 | | 01:36:54 | 03:06:56 | | 04:20:06.90 | 12:23 | 4.8 |
| 126 | MIECHOWIECKA MAJA | 327 | | TORUŃ | POL | K-30 | 52 | K 126 | NIE | 01:25:51 | 02:58:30 | | 04:20:40.25 | 12:24 | 4.8 |
| 127 | LENERT KSENIA | 273 | | BYTOM | POL | K-30 | 53 | K 127 | NIE | 01:31:35 | 03:03:02 | | 04:24:25.10 | 12:35 | 4.8 |
| 128 | SZARPAK ANNA | 477 | | PLESZEW | POL | K-40 | 54 | K 128 | NIE | 01:32:25 | 03:09:21 | | 04:25:33.00 | 12:38 | 4.7 |
| 129 | CHEŁCHOWSKA KATARZYNA | 74 | | RADKÓW | GBR | K-30 | 54 | K 129 | NO | 01:31:19 | 03:04:39 | | 04:25:58.05 | 12:39 | 4.7 |
| 130 | KOWAŃSKA ALEKSANDRA | 233 | | PLESZEW | POL | K-40 | 55 | K 130 | NIE | 01:32:50 | 03:09:25 | | 04:28:10.70 | 12:46 | 4.7 |
| 131 | PERKA BARBARA | 386 | | PROSZKÓW | POL | K-50 | 14 | K 131 | NIE | 01:32:59 | 03:08:37 | | 04:29:31.05 | 12:50 | 4.7 |
| 132 | KRZYWAK ANNA | 254 | | GORZÓW WIELKOPOLSKI | POL | K-40 | 56 | K 132 | NIE | 01:30:14 | 03:13:36 | | 04:33:43.65 | 13:02 | 4.6 |
| 133 | PAWŁOWSKA BASIA | 383 | | GDYNIA | POL | K-30 | 55 | K 133 | NIE | 01:34:17 | 03:15:10 | | 04:37:02.45 | 13:11 | 4.5 |
| 134 | NORKOWSKA ALEKSANDRA | 351 | ORANGE POLSKA | WARSZAWA | POL | K-40 | 57 | K 134 | NIE | 01:39:58 | 03:19:51 | | 04:40:02.70 | 13:20 | 4.5 |
| 135 | KALBARCZYK BEATA | 202 | ORANGE POLSKA | OTWOCK | POL | K-50 | 15 | K 135 | NIE | 01:40:02 | 03:19:46 | | 04:41:08.80 | 13:23 | 4.5 |
| 136 | GINTER KATARZYNA | 138 | | KRAKÓW | POL | K-30 | 56 | K 136 | NIE | 01:37:49 | 03:19:08 | | 04:43:12.70 | 13:29 | 4.4 |
| 137 | WAWRZYNIUK MAŁGORZATA | 528 | | TUREK | POL | K-50 | 16 | K 137 | NIE | 01:43:20 | 03:24:04 | | 04:45:22.95 | 13:35 | 4.4 |
| 138 | PEPŁOWSKA SYLWIA | 385 | | WARSAW | POL | K-40 | 58 | K 138 | NO | 01:43:04 | 03:23:27 | | 04:46:43.10 | 13:39 | 4.4 |
| 139 | CISŁAK ANNA | 91 | | STARA IWICZNA | POL | K-30 | 57 | K 139 | NIE | 01:43:01 | 03:23:29 | | 04:46:44.15 | 13:39 | 4.4 |
| 140 | BAJZERT MAGDALENA | 14 | | PRZYKONA | POL | K-40 | 59 | K 140 | NIE | 01:42:20 | 03:24:03 | | 04:49:25.55 | 13:46 | 4.4 |
| 141 | OLEK-WYSOCKA MONIKA | 368 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | K-40 | 60 | K 141 | NIE | 01:45:28 | 03:27:11 | | 04:50:58.80 | 13:51 | 4.3 |
| 142 | FAFARA AGNIESZKA | 116 | BIEGNIĘTE LASKI | ŁÓDŹ | POL | K-40 | 61 | K 142 | NIE | 01:37:26 | 03:21:35 | | 04:51:18.40 | 13:52 | 4.3 |
| 143 | OCHOCKA EWA | 361 | | ŁÓDŹ | POL | K-40 | 62 | K 143 | NIE | 01:37:37 | 03:21:36 | | 04:51:18.70 | 13:52 | 4.3 |
| 144 | BABIŃSKA MALWINA | 11 | | RADKÓW | POL | K-30 | 58 | K 144 | NIE | 01:41:51 | 03:29:06 | | 04:57:58.40 | 14:11 | 4.2 |
| 145 | BOROŃ-KOSIK MAGDA | 52 | | KIEŁCZÓW | POL | K-40 | 63 | K 145 | NIE | 01:39:51 | 03:23:33 | | 05:01:22.75 | 14:21 | 4.2 |
| 146 | MYSZYWODA MONIKA | 342 | | WROCŁAW | POL | K-30 | 59 | K 146 | NIE | 01:54:59 | 03:40:08 | | 05:13:39.15 | 14:56 | 4 |
| 147 | LEŚNA MONIKA | 275 | | RAWICZ | POL | K-30 | 60 | K 147 | NIE | 01:52:32 | 03:38:31 | | | 15:36 | 3.8 |
| 148 | WŁODARCZYK MAŁGORZATA | 542 | COLOR TREND ORZECHOWO | ORZECHOWO | POL | K-40 | 64 | K 148 | NIE | 01:48:41 | 03:43:23 | | | 15:57 | 3.8 |
| 149 | BAKA ELZBIETA | 15 | LADIESŁOSTGAŚBAGAS | WARSZAWA | POL | K-40 | 65 | K 149 | NIE | 00:58:12 | | | | 8:18 | 7.2 |
| 150 | BARTOSIK KAMILA | 23 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 66 | K 150 | NO | 00:59:51 | | | | 8:33 | 7 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------|-----|----------------------|---------------|------|------|--------|------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | DUCZMAŁ DOMINIKA | 109 | 140 MINUT | JELEŃSKA GÓRA | POL | K-20 | 1 | K 4 | NIE | 00:54:13 | 01:48:18 | | 02:38:44.70 | 7:33 | 7.9 |
| 2 | HAJDA JUSTYNA | 158 | MAFIA TEAM LUBLINIEC | RADZIONKÓW | POL | K-20 | 2 | K 8 | NIE | 00:58:11 | 01:56:44 | | 02:46:24.15 | 7:55 | 7.6 |
| 3 | KUCZKOWSKA MARTA | 261 | EXTEAM | WROCŁAW | AFG | K-20 | 3 | K 35 | NIE | 01:04:23 | 02:12:50 | | 03:14:53.05 | 9:16 | 6.5 |
| 4 | GERUS ANNA | 133 | | WARSZAWA | POL | K-20 | 4 | K 55 | NIE | 01:11:16 | 02:30:32 | | 03:32:59.40 | 10:08 | 5.9 |
| 5 | SZCZUKA JOANNA | 481 | | WIRY | POL | K-20 | 5 | K 75 | NIE | 01:16:47 | 02:33:19 | | 03:43:26.60 | 10:38 | 5.6 |
| 6 | SZCZOTKA KATARZYNA | 480 | | POZNAŃ | POL | K-20 | 6 | K 88 | TAK | 01:20:35 | 02:39:16 | | 03:51:36.45 | 11:01 | 5.4 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|-------------------------|-----------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | SAJDUDA ADAM | 436 | | WROCŁAW | POL | M-20 | 1 | M 19 | NIE | 00:51:45 | 01:45:55 | | 02:36:22.60 | 7:26 | 8.1 |
| 2 | AUGUST KAJETAN | 9 | | CZELADŹ | POL | M-20 | 2 | M 36 | NIE | 00:56:39 | 01:53:27 | | 02:46:22.30 | 7:55 | 7.6 |
| 3 | JOŃCA MICHAŁ | 192 | | WROCŁAW | POL | M-20 | 3 | M 55 | NIE | 01:03:20 | 02:01:27 | | 02:51:58.05 | 8:11 | 7.3 |
| 4 | DZIAŁDOWSKI DAMIAN | 114 | AKADEMIA WOJSK ŁĄDOWYCH | TORUŃ | POL | M-20 | 4 | M 76 | NIE | 00:59:49 | | | 02:59:29.85 | 8:32 | 7 |
| 5 | MÓLL KACPER | 337 | | WROCŁAW | POL | M-20 | 5 | M 88 | NIE | 01:00:43 | 02:06:03 | | 03:03:26.70 | 8:44 | 6.9 |
| 6 | GÓRNIŚIEWICZ ROLAND | 147 | TEAM LIVER | GDÓW | POL | M-20 | 6 | M 118 | NIE | 00:58:26 | 02:03:09 | | 03:10:52.70 | 9:05 | 6.6 |
| 7 | TRZECIAKIEWICZ MAREK | 506 | MLKS RADKÓW | MYSŁOWICE | POL | M-20 | 7 | M 143 | | 01:05:36 | 02:14:25 | | 03:19:18.25 | 9:29 | 6.3 |
| 8 | SIEJAK WOJCIECH | 441 | | MIECZEWO | POL | M-20 | 8 | M 150 | NIE | 01:07:07 | 02:14:48 | | 03:21:54.70 | 9:36 | 6.2 |
| 9 | DUDEK DAWID | 110 | | STRONIE ŚLĄSKIE | POL | M-20 | 9 | M 158 | NIE | 01:05:04 | 02:19:10 | | 03:24:01.35 | 9:42 | 6.2 |
| 10 | PRZYBYSZ ARTUR | 411 | BIEGAJ PO ENDORFINY | KAMIONKI | POL | M-20 | 10 | M 164 | NIE | 01:10:21 | 02:20:30 | | 03:25:07.45 | 9:46 | 6.1 |
| 11 | MATUSIAK MATEUSZ | 316 | | ZIELONA GÓRA | POL | M-20 | 11 | M 223 | NIE | 01:23:08 | | | 03:51:35.00 | 11:01 | 5.4 |
| 12 | ŻUROWSKI MIKOŁAJ ŻUROWSKI | 574 | GVT | WROCŁAW | POL | M-20 | 12 | M 251 | NO | 01:23:26 | 02:50:43 | | 04:09:46.25 | 11:53 | 5 |
| 13 | WŁODARCZYK MICHAŁ | 543 | BMW | PLEWISKA | POL | M-20 | 13 | M 279 | NIE | 01:48:43 | 03:43:26 | | | 15:57 | 3.8 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, Alpinista - Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------|-----|------|-----------|------|------|--------|------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | SZCZOTKA KATARZYNA | 480 | | POZNAŃ | POL | K-20 | 6 | K 88 | TAK | 01:20:35 | 02:39:16 | | 03:51:36.45 | 11:01 | 5.4 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, Alpinista - Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|----------------------------------|-----------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 1 | KOŚCIUCZYK-MENDYK MICHAŁ | 229 | SPELOCLUB WROCŁAW | WROCŁAW | POL | M-30 | 3 | M 3 | TAK | 00:47:55 | 01:35:22 | | 02:17:56.15 | 6:34 | 9.1 |
| 2 | RUTKOWSKI DAWID | 431 | GRIZZLYTEAM/140MINUT.PL | LUBIN | POL | M-40 | 1 | M 4 | TAK | 00:45:55 | 01:35:22 | | 02:18:14.60 | 6:34 | 9.1 |
| 3 | BORZYSTOWSKI PATRYK | 54 | #ZALINIAMETYTEAM | NOWA SÓL | POL | M-30 | 4 | M 5 | TAK | 00:48:42 | 01:37:30 | | 02:20:11.45 | 6:40 | 9 |
| 4 | ROSKOSZ BARTOSZ | 425 | JELCZ TRIATHLON PROJECT | MŁOSZYCE | POL | M-30 | 7 | M 9 | TAK | 00:49:29 | 01:38:35 | | 02:25:37.00 | 6:56 | 8.7 |
| 5 | WRZESIŃSKI MICHAŁ | 550 | KSG DIRETA/SKLEP GÓRSKI TATERNIK | GNIEZNO | POL | M-30 | 11 | M 17 | TAK | 00:54:07 | 01:46:53 | | 02:35:14.50 | 7:23 | 8.1 |
| 6 | FRANKIEWICZ ARTUR | 127 | | GLIWICE | POL | M-30 | 12 | M 20 | TAK | 00:56:14 | 01:49:41 | | 02:37:21.10 | 7:29 | 8 |
| 7 | ŁUKOMSKI MACIEJ | 294 | ŁÓDZKI KLUB WYSOKOGÓRSKI | ŁÓDŹ | POL | M-40 | 10 | M 37 | TAK | 00:56:59 | 01:54:26 | | 02:46:24.80 | 7:55 | 7.6 |
| 8 | TRZECIAKIEWICZ MIECZYŚLAW | 507 | INŻYNIERIA BIEGANIA | MYSŁOWICE | POL | M-50 | 8 | M 52 | TAK | 00:53:41 | 01:49:12 | 00:10:00 | 02:50:36.25 | 7:38 | 7.8 |
| 9 | FEICHTINGER MAREK | 118 | | ŻORY | POL | M-40 | 22 | M 65 | TAK | 01:01:03 | 02:00:59 | | 02:55:54.20 | 8:22 | 7.2 |
| 10 | GAWRON TOMASZ | 131 | | LUBSKO | POL | M-40 | 29 | M 75 | TAK | 01:04:03 | 02:06:22 | | 02:59:04.60 | 8:31 | 7 |
| 11 | HETMAŃCZYK JAKUB | 160 | XIN CHAO | KATOWICE | POL | M-30 | 35 | M 83 | TAK | 01:00:12 | 02:03:06 | | 03:02:07.55 | 8:40 | 6.9 |
| 12 | PANZ KRZYSZTOF | 379 | | KLESZCZÓW | POL | M-30 | 37 | M 93 | TAK | 01:01:08 | 02:04:31 | | 03:04:12.95 | 8:46 | 6.8 |
| 13 | WEYNA RAFAŁ | 533 | BIAŁY DOMEK BIEGA | KICIN | POL | M-40 | 45 | M 106 | TAK | 01:02:59 | 02:07:18 | | 03:07:23.55 | 8:55 | 6.7 |
| 14 | LUBIK ADAM | 285 | | POZNAŃ | POL | M-30 | 44 | M 109 | TAK | 01:05:42 | 02:12:21 | | 03:09:02.30 | 9:00 | 6.7 |
| 15 | BIAŁEK PAWEŁ | 31 | KB HERMES GRYFINO | SZCZECIN | POL | M-30 | 45 | M 110 | TAK | 01:07:05 | 02:12:52 | | 03:09:05.65 | 9:00 | 6.7 |
| 16 | KURZYNIC ŁUKASZ | 269 | | WROCŁAW | POL | M-30 | 54 | M 135 | TAK | 01:10:29 | 02:18:57 | | 03:16:03.65 | 9:20 | 6.4 |
| 17 | DUNAJ PAWEŁ | 112 | GT RAT | WROCŁAW | POL | M-40 | 62 | M 144 | TAK | 01:05:08 | 02:14:33 | | 03:19:19.10 | 9:29 | 6.3 |
| 18 | LUBELCZYK GRZEGORZ | 284 | SPELEOCLUB WROCŁAW | MIĘKINIA | POL | M-50 | 17 | M 165 | TAK | 01:10:01 | 02:22:29 | | 03:25:08.50 | 9:46 | 6.1 |
| 19 | KACZOREK ROBERT | 201 | | WARSZAWA | POL | M-40 | 85 | M 195 | TAK | 01:08:17 | 02:24:51 | | 03:36:23.05 | 10:18 | 5.8 |
| 20 | KOLAŚNIEWSKI MAREK | 216 | | POZNAŃ | POL | M-40 | 96 | M 214 | TAK | 01:16:55 | 02:38:23 | | 03:47:13.90 | 10:49 | 5.5 |
| 21 | JAROSŁAWSKI MARIUSZ | 181 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 27 | M 218 | TAK | 01:14:05 | 02:37:12 | | 03:50:27.05 | 10:58 | 5.5 |
| 22 | DATA DARIUSZ | 98 | KUGUAR XTREME RUNNERS | KLETNO | POL | M-50 | 28 | M 220 | TAK | 01:18:12 | 02:37:27 | | 03:51:17.40 | 11:00 | 5.4 |
| 23 | BARANOWSKI SZYMON | 20 | | POZNAŃ | POL | M-30 | 80 | M 221 | TAK | 01:20:26 | 02:39:18 | | 03:51:25.95 | 11:01 | 5.4 |
| 24 | KURZAWIAK WOJCIECH | 268 | ZGORMYSYNY | KARŁÓW | POL | M-40 | 107 | M 232 | TAK | 01:20:39 | 02:42:16 | | 03:56:21.60 | 11:15 | 5.3 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------------|-----|--------------------------------------|----------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | PIĄTEK KAROLINA | 388 | | KRAKÓW | POL | K-30 | 1 | K 1 | NIE | 00:50:54 | 01:41:24 | | 02:30:08.20 | 7:08 | 8.4 |
| 2 | BAŁYS KATARZYNA | 17 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-30 | 2 | K 3 | NO | 00:52:49 | 01:46:20 | | 02:38:11.70 | 7:31 | 8 |
| 3 | MIŚTAK JOLA | 330 | | OŁAWA | POL | K-30 | 3 | K 5 | NIE | 00:57:55 | 01:50:47 | | 02:39:12.65 | 7:34 | 7.9 |
| 4 | KRAWCZYK ADRIANA | 242 | | CHOCIANOW | POL | K-30 | 4 | K 7 | NIE | 00:55:13 | 01:50:57 | | 02:42:19.65 | 7:43 | 7.8 |
| 5 | LEŚNIAK KAROLINA | 276 | FUNTRI | WROCŁAW | POL | K-30 | 5 | K 9 | NIE | 00:58:08 | 01:55:28 | | 02:46:27.20 | 7:55 | 7.6 |
| 6 | PERZ EMILIA | 584 | | BUKOWIEC | | K-30 | 6 | K 10 | | 01:06:42 | 02:00:15 | | 02:47:57.10 | 7:59 | 7.5 |
| 7 | CZERNIK JUDYTA | 94 | 42K PRO TEAM | ZABRZE | POL | K-30 | 7 | K 11 | NIE | 00:57:12 | 01:55:26 | | 02:49:04.15 | 8:03 | 7.5 |
| 8 | KRUŻOLEK MONIKA | 249 | TURBOPTYSIE | RADKÓW | POL | K-30 | 8 | K 12 | NIE | 00:59:42 | 01:57:23 | | 02:49:47.65 | 8:05 | 7.4 |
| 9 | KRAWCZYK KAROLINA | 243 | INOV-8 TEAM | WARSZAWA | POL | K-30 | 9 | K 13 | NIE | 00:58:17 | 01:56:38 | | 02:50:32.75 | 8:07 | 7.4 |
| 10 | KOLANKO SYLWIA | 215 | NYSA BIEGA | NYSA | POL | K-30 | 10 | K 14 | NIE | 00:58:16 | 01:56:17 | | 02:50:52.25 | 8:08 | 7.4 |
| 11 | CHOJNACKA MARTA | 77 | | LUBIN | POL | K-30 | 11 | K 17 | NIE | 01:01:54 | 02:01:27 | | 02:53:10.95 | 8:14 | 7.3 |
| 12 | WICHA MAŁGORZATA | 535 | WKS WAWEL | KRAKÓW | POL | K-30 | 12 | K 18 | NIE | 00:59:43 | 01:58:53 | | 02:53:21.35 | 8:15 | 7.3 |
| 13 | FERENC-SZMUC EDYTA | 119 | KUDOWIANKA RUN | LEWIN KŁODZKI | POL | K-30 | 13 | K 19 | NIE | 00:58:53 | 01:59:58 | | 02:54:08.95 | 8:17 | 7.2 |
| 14 | TUNDAK ZUZANNA | 510 | | POZNAŃ | POL | K-30 | 14 | K 20 | NIE | 00:59:43 | 01:58:17 | | 02:54:40.40 | 8:19 | 7.2 |
| 15 | ZAMBRZYCKA-ROZNER EWA | 581 | | PIASECZNO | POL | K-30 | 15 | K 21 | NIE | 01:01:31 | 02:00:52 | | 02:55:17.85 | 8:20 | 7.2 |
| 16 | GNITECKA KATARZYNA | 139 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | K-30 | 16 | K 22 | NIE | 01:00:57 | 02:00:28 | | 02:55:34.05 | 8:21 | 7.2 |
| 17 | PIECUCH KAROLINA | 391 | | KRAKÓW | POL | K-30 | 17 | K 25 | NIE | 01:03:22 | 02:06:08 | | 03:02:34.35 | 8:41 | 6.9 |
| 18 | MOREVA DARIA | 334 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K-30 | 18 | K 26 | NO | 01:04:30 | 02:08:12 | | 03:03:55.85 | 8:45 | 6.9 |
| 19 | STACHURSKA ILONA | 460 | KUGUAR XTREME RUNNERS | PRUSZKÓW | POL | K-30 | 19 | K 29 | NIE | 01:01:16 | 02:07:40 | | 03:07:13.75 | 8:54 | 6.7 |
| 20 | ANDROS AGATA | 4 | BIEGNIJ OŁAWO | OŁAWA | POL | K-30 | 20 | K 33 | NIE | 01:08:06 | 02:15:25 | | 03:12:04.60 | 9:08 | 6.6 |
| 21 | BUŁAJEWSKA-OZGA KINGA | 67 | BIEGNIJ OŁAWO | OŁAWA | AFG | K-30 | 21 | K 34 | NIE | 01:08:29 | 02:15:37 | | 03:12:13.05 | 9:09 | 6.6 |
| 22 | BABIŃSKA-POPIĘKA EWELINA | 12 | | RADKÓW | POL | K-30 | 22 | K 36 | NIE | 01:00:27 | 02:11:11 | | 03:15:49.20 | 9:19 | 6.4 |
| 23 | WESOŁEK PAULA | 530 | | POZNAŃ | POL | K-30 | 23 | K 38 | NIE | 01:12:43 | 02:18:10 | | 03:19:08.85 | 9:28 | 6.3 |
| 24 | ZDUŃCZYK PAULINA | 563 | | ŁÓDŹ | POL | K-30 | 24 | K 39 | NIE | 01:11:13 | 02:18:48 | | 03:21:22.35 | 9:35 | 6.3 |
| 25 | DIUWE MARZENA | 103 | PASTERKA PANY | ŚWIDNICA | POL | K-30 | 25 | K 45 | NIE | 01:13:26 | 02:24:15 | | 03:27:34.45 | 9:53 | 6.1 |
| 26 | ŻAK DOMINIKA | 572 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 26 | K 49 | NIE | 01:13:34 | 02:24:43 | | 03:29:04.60 | 9:57 | 6 |
| 27 | ROBAKOWSKA JOANNA | 419 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-30 | 27 | K 50 | NIE | 01:13:43 | 02:29:25 | | 03:29:44.50 | 9:59 | 6 |
| 28 | WOLFF MARIA | 546 | | SUCHY LAS | POL | K-30 | 28 | K 52 | NIE | 01:10:10 | 02:25:50 | | 03:30:56.25 | 10:02 | 6 |
| 29 | ŻYCHSKA ANNA | 575 | | POZNAŃ | POL | K-30 | 29 | K 57 | NIE | 01:12:09 | 02:25:00 | | 03:33:29.25 | 10:09 | 5.9 |
| 30 | PILZ-JEDRZEJCZYK DOMINIKA | 395 | | ZIELONA GORA | POL | K-30 | 30 | K 58 | NIE | 01:13:39 | 02:27:07 | | 03:33:47.00 | 10:10 | 5.9 |
| 31 | SZAŁ MAŁGORZATA | 475 | TENIS CENTRUM AS | POLANICA- ZDRÓJ | POL | K-30 | 31 | K 60 | NIE | 01:13:14 | 02:35:42 | | 03:36:56.20 | 10:19 | 5.8 |
| 32 | NOWAK DOROTA | 357 | | SZCZECIN | AFG | K-30 | 32 | K 61 | NIE | 01:18:15 | 02:32:25 | | 03:37:55.25 | 10:22 | 5.8 |
| 33 | GRUSZKA KATARZYNA | 151 | | POZNAŃ | POL | K-30 | 33 | K 63 | NIE | 01:11:28 | 02:33:24 | | 03:39:09.80 | 10:26 | 5.7 |
| 34 | NOWAK KATARZYNA | 355 | TIM JEST TIM | OZIMEK | POL | K-30 | 34 | K 67 | NIE | 01:18:26 | 02:40:26 | | 03:41:20.45 | 10:32 | 5.7 |
| 35 | RYZNER NATALIA | 434 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | K-30 | 35 | K 71 | NIE | 01:14:14 | 02:30:37 | | 03:42:21.05 | 10:35 | 5.7 |
| 36 | BIEDZIAK-LUCZAK URSZULA | 33 | RUN4ENERGY | PLEWISKA | POL | K-30 | 36 | K 73 | NIE | 01:15:38 | 02:34:45 | | 03:42:40.15 | 10:36 | 5.7 |
| 37 | WALIGÓRA ALEKSANDRA | 520 | NIAGARA FITNESS KLUB | RAKONIEWICE | POL | K-30 | 37 | K 76 | NIE | 01:20:45 | 02:40:00 | | 03:43:58.20 | 10:39 | 5.6 |
| 38 | BARAN PAULINA | 19 | NIE W SZCZEPIONKĘ TEAM | PIASECZNO | POL | K-30 | 38 | K 78 | NIE | 01:21:44 | 02:38:02 | | 03:46:02.10 | 10:45 | 5.6 |
| 39 | KULAS KATARZYNA | 266 | | POZNAŃ | POL | K-30 | 39 | K 79 | NIE | 01:16:50 | 02:34:05 | | 03:46:30.20 | 10:47 | 5.6 |
| 40 | WĘŻYK KAMILA | 534 | | BEDOŃ PRZYKOŚCIELNY | POL | K-30 | 40 | K 81 | NIE | 01:21:42 | 02:40:14 | | 03:47:02.70 | 10:48 | 5.5 |
| 41 | SZATAN JOWITA | 478 | KOTWICA BRZEG | BRZEG | POL | K-30 | 41 | K 83 | NIE | 01:17:52 | 02:39:05 | | 03:47:44.45 | 10:50 | 5.5 |
| 42 | JURASZ ALEKSANDRA | 194 | | KAMIENIEC ZĄBKOWICKI | POL | K-30 | 42 | K 94 | NIE | 01:18:52 | 02:38:58 | | 03:56:58.45 | 11:17 | 5.3 |
| 43 | PAŁUCKA MARTA | 378 | PROJEKT ULTRA | ZALASEWO | POL | K-30 | 43 | K 95 | NIE | 01:24:20 | 02:44:51 | | 03:57:48.75 | 11:19 | 5.3 |
| 44 | GOSK URSZULA | 144 | | OPOLE | POL | K-30 | 44 | K 98 | NIE | 01:22:44 | 02:47:29 | | 04:02:42.60 | 11:33 | 5.2 |
| 45 | CHWASTYK EWA | 85 | | CHRZAŚCZYCE | POL | K-30 | 45 | K 99 | NIE | 01:22:42 | 02:47:29 | | 04:02:42.70 | 11:33 | 5.2 |
| 46 | FINKOWIAT - SZYMCZAK KATARZYNA | 123 | FARTY PUSZCZY | SZCZECIN | POL | K-30 | 46 | K 102 | NIE | 01:29:09 | 02:54:46 | | 04:06:51.40 | 11:45 | 5.1 |
| 47 | ŁUSIAK KASIA | 295 | | SMOLEC | POL | K-30 | 47 | K 105 | NIE | 01:25:59 | 03:00:06 | | 04:07:41.70 | 11:47 | 5.1 |
| 48 | HORBACZ-ROSA HANNA | 165 | | RABOWICE | POL | K-30 | 48 | K 108 | NIE | 01:20:57 | 02:50:30 | | 04:09:10.25 | 11:51 | 5.1 |
| 49 | BOSY JOANNA | 56 | | WROCŁAW | POL | K-30 | 49 | K 109 | NIE | 01:25:47 | 02:56:03 | | 04:09:21.40 | 11:52 | 5.1 |
| 50 | MAJEROWSKA MAGDALENA | 303 | | NOWE TŁOKI | POL | K-30 | 50 | K 117 | NIE | 01:29:38 | 03:00:07 | | 04:15:19.15 | 12:09 | 4.9 |
| 51 | JAKÓBCZYK EWELINA | 175 | | GORZÓW WLKP. | POL | K-30 | 51 | K 119 | NIE | 01:23:53 | 02:54:47 | | 04:15:36.20 | 12:10 | 4.9 |
| 52 | MIECHOWIECKA MAJA | 327 | | TORUŃ | POL | K-30 | 52 | K 126 | NIE | 01:25:51 | 02:58:30 | | 04:20:40.25 | 12:24 | 4.8 |
| 53 | LENERT KSENIA | 273 | | BYTOM | POL | K-30 | 53 | K 127 | NIE | 01:31:35 | 03:03:02 | | 04:24:25.10 | 12:35 | 4.8 |
| 54 | CHEŁCHOWSKA KATARZYNA | 74 | | RADKÓW | GBR | K-30 | 54 | K 129 | NO | 01:31:19 | 03:04:39 | | 04:25:58.05 | 12:39 | 4.7 |
| 55 | PAWŁOWSKA BASIA | 383 | | GDYNIA | POL | K-30 | 55 | K 133 | NIE | 01:34:17 | 03:15:10 | | 04:37:02.45 | 13:11 | 4.5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|------------------|-----|------|--------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 56 | GINTER KATARZYNA | 138 | | KRAKÓW | POL | K-30 | 56 | K 136 | NIE | 01:37:49 | 03:19:08 | | 04:43:12.70 | 13:29 | 4.4 |
| 57 | CISŁAK ANNA | 91 | | STARA WICZNA | POL | K-30 | 57 | K 139 | NIE | 01:43:01 | 03:23:29 | | 04:46:44.15 | 13:39 | 4.4 |
| 58 | BABIŃSKA MALWINA | 11 | | RADKÓW | POL | K-30 | 58 | K 144 | NIE | 01:41:51 | 03:29:06 | | 04:57:58.40 | 14:11 | 4.2 |
| 59 | MYSZYWODA MONIKA | 342 | | WROCŁAW | POL | K-30 | 59 | K 146 | NIE | 01:54:59 | 03:40:08 | | 05:13:39.15 | 14:56 | 4 |
| 60 | LEŚNA MONIKA | 275 | | RAWICZ | POL | K-30 | 60 | K 147 | NIE | 01:52:32 | 03:38:31 | | | 15:36 | 3.8 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------|-----|-------------------------------------|-------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | JUREK MICHAŁ | 196 | RMT TEAM PRO | WROCŁAW | POL | M-30 | 1 | M 1 | NIE | 00:43:10 | 01:26:09 | | 02:05:40.35 | 5:59 | 10 |
| 2 | GORZELAŃCZYK JAKUB | 142 | MKS SIECHNICE | GOLECZEWÓ | POL | M-30 | 2 | M 2 | NIE | 00:43:32 | 01:27:12 | | 02:07:43.15 | 6:04 | 9.9 |
| 3 | KOŚCIUCZYK-MENDYK MICHAŁ | 229 | SPELOCLUB WROCŁAW | WROCŁAW | POL | M-30 | 3 | M 3 | TAK | 00:47:55 | 01:35:22 | | 02:17:56.15 | 6:34 | 9.1 |
| 4 | BORZYSTOWSKI PATRYK | 54 | #ZALINIAMETYTEAM | NOWA SÓL | POL | M-30 | 4 | M 5 | TAK | 00:48:42 | 01:37:30 | | 02:20:11.45 | 6:40 | 9 |
| 5 | GRZESIEK GÓRAL | 154 | HEJ HEJ GURALU | KRAKÓW SWOSZOWICE | POL | M-30 | 5 | M 6 | NIE | 00:50:01 | 01:37:53 | | 02:21:03.65 | 6:43 | 8.9 |
| 6 | ZIOBER ZBIGNIEW | 571 | EX TEAM | WROCŁAW | POL | M-30 | 6 | M 7 | NIE | 00:48:31 | 01:36:55 | | 02:23:04.55 | 6:48 | 8.8 |
| 7 | ROSKOSZ BARTOSZ | 425 | JELCZ TRIATHLON PROJECT | MIŁOSZYCE | POL | M-30 | 7 | M 9 | TAK | 00:49:29 | 01:38:35 | | 02:25:37.00 | 6:56 | 8.7 |
| 8 | POCIECHA PATRYK | 401 | | WROCŁAW | POL | M-30 | 8 | M 10 | NIE | 00:49:57 | 01:39:09 | | 02:26:06.90 | 6:57 | 8.6 |
| 9 | MAJCHRZAK MACIEJ | 301 | 140MINUT.PL | WROCŁAW | POL | M-30 | 9 | M 11 | NIE | 00:49:18 | 01:40:45 | | 02:26:20.80 | 6:58 | 8.6 |
| 10 | GRUND MAREK | 150 | MAFIA TEAM LUBLINIEC | STRZEBIŃ | POL | M-30 | 10 | M 12 | NIE | 00:49:28 | 01:40:20 | | 02:27:41.75 | 7:01 | 8.5 |
| 11 | WRZESIŃSKI MICHAŁ | 550 | KSG DIRETA/SKLEP GÓRSKI TATERNIK | GNIEZNO | POL | M-30 | 11 | M 17 | TAK | 00:54:07 | 01:46:53 | | 02:35:14.50 | 7:23 | 8.1 |
| 12 | FRANKIEWICZ ARTUR | 127 | | GLIWICE | POL | M-30 | 12 | M 20 | TAK | 00:56:14 | 01:49:41 | | 02:37:21.10 | 7:29 | 8 |
| 13 | PLONOWSKI MACIEJ | 400 | PSZCZÓLKOWSKI TEAM | WROCŁAW | POL | M-30 | 13 | M 21 | NIE | 00:54:34 | 01:48:46 | | 02:37:42.80 | 7:30 | 8 |
| 14 | NOWACKI MATEUSZ | 352 | PRZEDWOJEWSKI TEAM | STRONIE ŚLĄSKIE | POL | M-30 | 14 | M 23 | NIE | 00:50:28 | 01:42:43 | | 02:38:42.15 | 7:33 | 7.9 |
| 15 | BOSAKIEWICZ TOMASZ | 55 | OLAWS | ZŁOTORYJA | POL | M-30 | 15 | M 25 | NIE | 00:54:23 | 01:50:08 | | 02:41:17.95 | 7:40 | 7.8 |
| 16 | MICHAŁSKI PIOTR | 324 | | WROCŁAW | POL | M-30 | 16 | M 27 | NIE | 00:56:13 | 01:50:34 | | 02:42:37.70 | 7:44 | 7.7 |
| 17 | ŚNIEŻYŃSKI ROBERT | 493 | | SADKÓW | POL | M-30 | 17 | M 28 | NIE | 00:59:46 | 01:54:36 | | 02:42:45.60 | 7:45 | 7.7 |
| 18 | ORACZ MATEUSZ | 370 | BEZ LITOŚCI | ZALASEWO | POL | M-30 | 18 | M 29 | NIE | 00:56:25 | 01:53:49 | | 02:43:19.85 | 7:46 | 7.7 |
| 19 | SANKOWSKI PAWEŁ | 438 | PLACKI TEAM | WOJCIECHOWICE | POL | M-30 | 19 | M 30 | NIE | 00:56:44 | 01:52:38 | | 02:43:31.70 | 7:47 | 7.7 |
| 20 | MAJCHRZAK BARTOSZ | 300 | PKO BANK POLSKI | POZNAŃ | POL | M-30 | 20 | M 32 | NIE | 00:56:42 | 01:53:52 | | 02:45:02.50 | 7:51 | 7.6 |
| 21 | CIĘŻKI KONRAD | 89 | EVERRUN | ŁÓDŹ | POL | M-30 | 21 | M 34 | NIE | 00:58:22 | 01:54:52 | | 02:45:24.40 | 7:52 | 7.6 |
| 22 | GULCZYŃSKI TOMASZ | 156 | | ZIELONKA | POL | M-30 | 22 | M 38 | NIE | 00:56:32 | 01:53:47 | | 02:46:26.15 | 7:55 | 7.6 |
| 23 | ŁĄŻNIOWSKI DAWID | 288 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-30 | 23 | M 40 | NIE | 00:55:10 | 01:53:18 | | 02:46:46.90 | 7:56 | 7.6 |
| 24 | LUBAŃSKI MATEUSZ | 283 | KS BARYCZ MILICZ | DŁUGOLEKA | AFG | M-30 | 24 | M 41 | NIE | 00:57:01 | 01:54:22 | | 02:46:47.70 | 7:56 | 7.6 |
| 25 | WINTER PIOTR | 538 | NIGHT RUNNERS | CHOMĘCICE | POL | M-30 | 25 | M 47 | NIE | 00:59:00 | 01:56:11 | | 02:49:05.05 | 8:03 | 7.5 |
| 26 | TYŚ RADEK | 515 | NOWA RUDA BIEGA | NOWA RUDA | POL | M-30 | 26 | M 49 | NIE | 00:56:39 | 01:53:36 | | 02:49:35.80 | 8:04 | 7.4 |
| 27 | SZALA KRZYSZTOF | 476 | 80DNI.PL | ŁAZISKA GÓRNE | POL | M-30 | 27 | M 51 | NIE | 01:00:21 | 01:58:21 | | 02:50:16.65 | 8:06 | 7.4 |
| 28 | ZAWOJAK ALEKSANDER | 561 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-30 | 28 | M 58 | NIE | 00:59:54 | 01:54:15 | | 02:52:51.35 | 8:13 | 7.3 |
| 29 | KARASIAK PIOTR | 204 | | WROCŁAW | POL | M-30 | 29 | M 60 | NIE | 00:55:54 | 01:57:06 | | 02:53:22.45 | 8:15 | 7.3 |
| 30 | GRZESIAK GRZEGORZ | 153 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 30 | M 64 | NIE | 00:57:12 | 01:59:06 | | 02:55:37.80 | 8:21 | 7.2 |
| 31 | LACHOWSKI ROBERT | 272 | ROSSMANN | ŁÓDŹ | POL | M-30 | 31 | M 67 | NIE | 01:01:27 | 02:01:30 | | 02:56:34.30 | 8:24 | 7.1 |
| 32 | MÓLL MATEUSZ | 335 | #SOBASTEAM | WROCŁAW | POL | M-30 | 32 | M 68 | NIE | 00:55:03 | 01:56:34 | | 02:56:41.85 | 8:24 | 7.1 |
| 33 | URBAŃSKI MICHAŁ | 517 | | WROCŁAW | POL | M-30 | 33 | M 72 | NIE | 01:00:38 | 02:01:54 | | 02:58:06.80 | 8:28 | 7.1 |
| 34 | JAKUS MICHAŁ | 176 | OTM.B | NYSA | POL | M-30 | 34 | M 79 | NIE | 00:59:51 | 02:00:24 | | 03:01:05.90 | 8:37 | 7 |
| 35 | HETMAŃCZYK JAKUB | 160 | XIN CHAO | KATOWICE | POL | M-30 | 35 | M 83 | TAK | 01:00:12 | 02:03:06 | | 03:02:07.55 | 8:40 | 6.9 |
| 36 | NOWAK MARCIN | 354 | TIMJESTTIM | KRASIEJÓW | POL | M-30 | 36 | M 89 | NIE | 01:04:24 | 02:06:46 | | 03:03:48.25 | 8:45 | 6.9 |
| 37 | PANZ KRZYSZTOF | 379 | | KLESZCZÓW | POL | M-30 | 37 | M 93 | TAK | 01:01:08 | 02:04:31 | | 03:04:12.95 | 8:46 | 6.8 |
| 38 | POŁCZYŃSKI PAWEŁ | 407 | STALOWA ŁYDA | CEREKWICA | POL | M-30 | 38 | M 94 | NIE | 01:01:22 | 02:04:36 | | 03:04:19.15 | 8:46 | 6.8 |
| 39 | HOJAN LUKASZ | 164 | | CHOMECICE | POL | M-30 | 39 | M 96 | NIE | 01:05:08 | 02:08:12 | | 03:04:47.75 | 8:47 | 6.8 |
| 40 | MADERA MICHAŁ | 298 | LECIMY TUTAJ | WROCŁAW | POL | M-30 | 40 | M 97 | NIE | 00:59:54 | 02:04:43 | | 03:04:49.20 | 8:48 | 6.8 |
| 41 | ZIELIŃSKI DOMINIK | 568 | | ŚREM | POL | M-30 | 41 | M 98 | NIE | 01:03:56 | 02:08:01 | | 03:04:51.05 | 8:48 | 6.8 |
| 42 | DATA MAREK | 100 | KUGUAR XTREME RUNNERS | STRONIE ŚLĄSKIE | POL | M-30 | 42 | M 104 | NIE | 01:01:14 | 02:07:39 | | 03:07:13.60 | 8:54 | 6.7 |
| 43 | KRYSIŃSKI MACIEJ | 251 | | DABROWA | POL | M-30 | 43 | M 107 | NIE | 01:02:28 | 02:07:15 | | 03:07:49.00 | 8:56 | 6.7 |
| 44 | LUBIK ADAM | 285 | | POZNAŃ | POL | M-30 | 44 | M 109 | TAK | 01:05:42 | 02:12:21 | | 03:09:02.30 | 9:00 | 6.7 |
| 45 | BIAŁEK PAWEŁ | 31 | KB HERMES GRYFINO | SZCZECIN | POL | M-30 | 45 | M 110 | TAK | 01:07:05 | 02:12:52 | | 03:09:05.65 | 9:00 | 6.7 |
| 46 | PAPROCKI MICHAŁ | 380 | | CZELADŹ | POL | M-30 | 46 | M 111 | NIE | 00:58:16 | 02:01:58 | | 03:09:26.75 | 9:01 | 6.7 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|----------------------|-----|--|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 47 | GALIŃSKI KAMIL | 130 | | KRĘPICE | POL | M-30 | 47 | M 113 | NIE | 01:04:36 | 02:09:51 | | 03:09:35.25 | 9:01 | 6.6 |
| 48 | BIEL ŁUKASZ | 35 | | WARSZAWA | POL | M-30 | 48 | M 119 | NIE | 01:11:02 | 02:15:58 | | 03:11:49.00 | 9:08 | 6.6 |
| 49 | FLASZEWSKI ADAM | 125 | SPORTOWY KAŻMIERZ | RADZYNY | POL | M-30 | 49 | M 120 | NIE | 01:02:18 | 02:03:36 | 00:10:00 | 03:11:54.30 | 8:39 | 6.9 |
| 50 | GINTER GRZEGORZ | 137 | AZS COLLEGIUM MEDICUM UJ | KRAKÓW | POL | M-30 | 50 | M 123 | NIE | 01:06:20 | 02:11:46 | | 03:12:27.70 | 9:09 | 6.5 |
| 51 | WITEK TOMASZ | 539 | | KROTOSZYN | POL | M-30 | 51 | M 131 | NIE | 01:09:33 | 02:17:32 | | 03:15:21.55 | 9:18 | 6.4 |
| 52 | PONIATOWSKI SEWERYN | 409 | TROPEM ULTRA | WROCŁAW | POL | M-30 | 52 | M 132 | NIE | 01:04:04 | 02:12:47 | | 03:15:26.30 | 9:18 | 6.4 |
| 53 | ROJEWSKI PAWEŁ | 421 | EVERRUN | ŁÓDŹ | POL | M-30 | 53 | M 133 | NIE | 01:04:44 | 02:12:53 | | 03:15:38.10 | 9:18 | 6.4 |
| 54 | KURZYNIC ŁUKASZ | 269 | | WROCŁAW | POL | M-30 | 54 | M 135 | TAK | 01:10:29 | 02:18:57 | | 03:16:03.65 | 9:20 | 6.4 |
| 55 | TRZPIOLA TYCJAN | 509 | | WROCŁAW | NED | M-30 | 55 | M 138 | | 01:06:51 | 02:14:30 | | 03:17:06.85 | 9:23 | 6.4 |
| 56 | MAJCHRZYCKI SŁAWOMIR | 302 | TKKF MPK POZNAŃ | KIJEWO/ŚRODA WLKP. | POL | M-30 | 56 | M 141 | NIE | 01:08:04 | 02:16:06 | | 03:18:40.65 | 9:27 | 6.3 |
| 57 | HACUŚ JACEK | 157 | | DUSZNIKI ZDRÓJ | POL | M-30 | 57 | M 142 | NIE | 01:06:17 | 02:16:08 | | 03:18:44.80 | 9:27 | 6.3 |
| 58 | CHUDY TOBIASZ | 83 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 58 | M 146 | NIE | 01:09:22 | 02:21:26 | | 03:19:19.40 | 9:29 | 6.3 |
| 59 | SOKOŁOWSKI MARCIN | 454 | | OPOLE | POL | M-30 | 59 | M 149 | NIE | 01:08:21 | 02:23:20 | | 03:21:54.40 | 9:36 | 6.2 |
| 60 | ŻAK PIOTR | 573 | FARTY PUSZCZY | SZCZECIN | POL | M-30 | 60 | M 151 | NIE | 01:13:39 | 02:20:48 | | 03:21:57.40 | 9:37 | 6.2 |
| 61 | ŚWIĄTEK ŁUKASZ | 496 | GVT | WYSOKA | POL | M-30 | 61 | M 152 | NIE | 01:11:06 | 02:22:39 | | 03:22:03.10 | 9:37 | 6.2 |
| 62 | KOWANSKI JACEK | 232 | | PLESZEW | POL | M-30 | 62 | M 154 | NIE | 01:07:32 | 02:15:31 | | 03:22:16.20 | 9:37 | 6.2 |
| 63 | PAWLAK MATEUSZ | 382 | BIEGNIJ OŁAWO | OŁAWA | POL | M-30 | 63 | M 157 | NIE | 01:10:05 | 02:18:36 | | 03:23:20.65 | 9:40 | 6.2 |
| 64 | WESOŁEK DANIEL | 531 | | POZNAŃ | POL | M-30 | 64 | M 159 | NIE | 01:02:25 | 02:14:36 | | 03:24:28.60 | 9:44 | 6.2 |
| 65 | STASZEWSKI DARIUSZ | 466 | 7.BKPOW | TOMASZÓW MAZOWIECKI | POL | M-30 | 65 | M 163 | NIE | 01:09:32 | 02:20:25 | | 03:24:44.00 | 9:44 | 6.2 |
| 66 | ŻYŁAK MAREK | 576 | | WROCŁAW | POL | M-30 | 66 | M 166 | NO | 01:09:31 | 02:17:32 | | 03:25:16.15 | 9:46 | 6.1 |
| 67 | SZYSZKO STANISŁAW | 492 | 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ | PIŁA | POL | M-30 | 67 | M 168 | NIE | 01:10:35 | 02:24:58 | | 03:25:34.00 | 9:47 | 6.1 |
| 68 | DREAS JAKUB | 108 | WĘDZIKOWSKI TEAM / DZIKIE BOBRY | RYBITWY | POL | M-30 | 68 | M 171 | NIE | 01:13:41 | 02:25:59 | | 03:26:15.10 | 9:49 | 6.1 |
| 69 | JANOWICZ WOJTEK | 179 | | KŁODZKO | POL | M-30 | 69 | M 176 | NIE | 01:09:54 | 02:20:31 | | 03:27:51.00 | 9:53 | 6.1 |
| 70 | JANOWSKI MICHAŁ | 180 | | POZNAŃ | POL | M-30 | 70 | M 184 | NIE | 01:02:41 | 02:16:22 | | 03:30:25.20 | 10:01 | 6 |
| 71 | CHUDY ARIEL | 84 | RUN TEAM RYDZYNA | RYDZYNA | POL | M-30 | 71 | M 185 | NIE | 01:09:26 | 02:21:33 | | 03:30:53.25 | 10:02 | 6 |
| 72 | KACZMAREK MIROSŁAW | 200 | RUNNER'S POWER ŚREM | ŚREM | POL | M-30 | 72 | M 188 | NIE | 01:14:05 | 02:27:01 | | 03:31:55.55 | 10:05 | 5.9 |
| 73 | POMIANOWSKI SZYMON | 408 | KURACJUSZE | WROCŁAW | POL | M-30 | 73 | M 191 | NIE | 01:08:35 | 02:30:27 | | 03:33:30.15 | 10:10 | 5.9 |
| 74 | ANDRYSZCZAK ŁUKASZ | 5 | BMW KLUB POZNAŃ | PIĘCZKOWO | POL | M-30 | 74 | M 192 | NIE | 01:14:46 | 02:30:58 | | 03:35:01.55 | 10:14 | 5.9 |
| 75 | TARNOWSKI MACIEJ | 499 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | M-30 | 75 | M 197 | NIE | 01:16:57 | 02:33:11 | | 03:37:21.85 | 10:21 | 5.8 |
| 76 | JĘDRZEJCZYK ŁUKASZ | 191 | | ZIELONA GORA | POL | M-30 | 76 | M 198 | NIE | 01:12:29 | 02:27:08 | | 03:37:35.95 | 10:21 | 5.8 |
| 77 | JAMROZ BARTOSZ | 177 | | CHOJNÓW | POL | M-30 | 77 | M 199 | NIE | 01:12:07 | 02:27:54 | | 03:37:37.25 | 10:21 | 5.8 |
| 78 | KAWA KRZYSZTOF | 206 | | POZNAŃ | POL | M-30 | 78 | M 201 | NIE | 01:11:09 | 02:26:16 | | 03:38:29.20 | 10:24 | 5.8 |
| 79 | MATYLA ROMAN | 319 | FUNTRI | WROCŁAW | POL | M-30 | 79 | M 210 | NIE | 01:10:45 | 02:28:27 | | 03:44:13.90 | 10:40 | 5.6 |
| 80 | BARANOWSKI SZYMON | 20 | | POZNAŃ | POL | M-30 | 80 | M 221 | TAK | 01:20:26 | 02:39:18 | | 03:51:25.95 | 11:01 | 5.4 |
| 81 | MAKOWSKI TOMASZ | 306 | NIGHT RUNNERS | POZNAŃ | POL | M-30 | 81 | M 231 | NIE | 01:19:02 | 02:34:13 | | 03:55:46.30 | 11:13 | 5.3 |
| 82 | CZERWONKA ZBIGNIEW | 95 | ESKADRA ŁÓDŹ | ŁÓDŹ | POL | M-30 | 82 | M 238 | NO | 01:22:32 | 02:50:42 | | 04:01:22.80 | 11:29 | 5.2 |
| 83 | SIEPIELSKI DAMIAN | 442 | | NOWA WOLA | POL | M-30 | 83 | M 241 | NIE | 01:11:26 | 02:35:32 | 00:20:00 | 04:02:13.35 | 10:34 | 5.7 |
| 84 | BUSS KONRAD | 69 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 84 | M 243 | NIE | 01:20:06 | 02:42:51 | | 04:03:21.35 | 11:35 | 5.2 |
| 85 | BYKS TOMASZ | 71 | | POZNAŃ | POL | M-30 | 85 | M 248 | NIE | 01:20:44 | 02:50:27 | | 04:09:05.70 | 11:51 | 5.1 |
| 86 | CHUDAŃSKI JAKUB | 82 | | KNURÓW | POL | M-30 | 86 | M 252 | NIE | 01:21:55 | 02:53:00 | | 04:10:31.55 | 11:55 | 5 |
| 87 | SAWICZ PIOTR | 439 | | WROCŁAW | POL | M-30 | 87 | M 253 | NIE | 01:52:08 | 03:05:03 | | 04:11:34.05 | 11:58 | 5 |
| 88 | STRAMEK ŁUKASZ | 470 | | TORUN | POL | M-30 | 88 | M 263 | NO | 01:25:48 | 02:58:21 | | 04:20:40.50 | 12:24 | 4.8 |
| 89 | JAWORSKI JAROSŁAW | 184 | LOVELY MOUNTAINS WINTER RUNNING | WROCŁAW | POL | M-30 | 89 | M 264 | NIE | 01:28:12 | 03:01:28 | | 04:23:19.85 | 12:32 | 4.8 |
| 90 | STYPUŁA MICHAŁ | 472 | TE CONNECTIVITY | KRZYSZTOFORZYCE | POL | M-30 | 90 | M 268 | NIE | 01:33:31 | 03:12:57 | | 04:29:33.60 | 12:50 | 4.7 |
| 91 | TURKIEWICZ DAWID | 512 | WOLIBÓRZ W BIEGU | WOLIBÓRZ | POL | M-30 | 91 | M 272 | NIE | 01:31:56 | 03:12:02 | | 04:40:15.30 | 13:20 | 4.5 |
| 92 | KĘPSKI GRZEGORZ | 207 | | WROCŁAW | POL | M-30 | 92 | M 278 | NIE | 01:54:19 | 03:40:56 | | 05:08:26.05 | 14:41 | 4.1 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------|-----|---|-----------|------|------|--------|------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | BIAŁEK BEATA | 30 | KB HERMES | ŻARCZYŃ | POL | K-40 | 1 | K 2 | NIE | | 01:47:17 | | 02:37:53.25 | 7:31 | 8 |
| 2 | MAJEWSKA AGATA | 304 | | WROCŁAW | POL | K-40 | 2 | K 15 | NIE | 00:58:41 | 01:56:36 | | 02:52:26.05 | 8:12 | 7.3 |
| 3 | KRYM KATARZYNA | 250 | HERCOGRUNNINGTEAM/NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 3 | K 16 | NIE | 01:00:52 | | | 02:52:57.20 | 8:14 | 7.3 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------------|-----|-----------------------------------|-----------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 4 | SZYMORSKA MONIKA | 489 | | WARSZAWA | POL | K-40 | 4 | K 23 | NIE | 00:58:30 | 01:59:24 | | 02:55:36.85 | 8:21 | 7.2 |
| 5 | BIEN MAGDALENA | 37 | | POZNAŃ | POL | K-40 | 5 | K 24 | | 01:01:30 | 02:04:30 | | 03:01:15.80 | 8:37 | 7 |
| 6 | MARZEC KAROLINA | 314 | DZIKIE DZIKI GORZÓW | DESZCZNO | POL | K-40 | 6 | K 27 | NIE | 01:01:46 | 01:59:55 | 00:10:00 | 03:03:56.80 | 8:16 | 7.2 |
| 7 | KŁACZYŃSKA DANUTA | 211 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 7 | K 28 | NIE | 01:01:44 | 02:01:33 | 00:10:00 | 03:06:15.85 | 8:23 | 7.1 |
| 8 | ŁOPATYŃSKA-HUBER JULITA | 290 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-40 | 8 | K 30 | NIE | 01:02:44 | 02:07:02 | | 03:07:36.95 | 8:56 | 6.7 |
| 9 | DĄBKIEWICZ DOMINIKA | 101 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL | K-40 | 9 | K 31 | NIE | 01:05:49 | 02:08:29 | | 03:09:09.30 | 9:00 | 6.7 |
| 10 | ŁAMPIKA KINGA | 287 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 10 | K 32 | NIE | 01:05:26 | 02:11:24 | | 03:09:34.55 | 9:01 | 6.6 |
| 11 | BOCHNIARZ ANNA | 43 | BIEGNIJ OŁAWO | OŁAWA | POL | K-40 | 11 | K 37 | NIE | 01:09:43 | 02:18:40 | | 03:18:57.15 | 9:28 | 6.3 |
| 12 | PAKUŁSKA-TOMZA DOROTA | 375 | | SUCHY LAS | POL | K-40 | 12 | K 40 | NIE | 01:09:47 | 02:18:07 | | 03:21:51.65 | 9:36 | 6.2 |
| 13 | NAPIERAŁA KATARZYNA | 343 | | SUCHY LAS | POL | K-40 | 13 | K 41 | NIE | 01:13:28 | 02:20:57 | | 03:21:51.80 | 9:36 | 6.2 |
| 14 | JASIŃSKA MAGDALENA | 182 | RĄCZE RACICZKI | WARSZAWA | POL | K-40 | 14 | K 43 | NIE | 01:10:51 | 02:20:42 | | 03:24:58.65 | 9:45 | 6.1 |
| 15 | KARATKÓW EWA | 205 | | RADKÓW | POL | K-40 | 15 | K 44 | NIE | 01:08:59 | 02:22:21 | | 03:27:10.20 | 9:51 | 6.1 |
| 16 | ORTYL EWELINA | 371 | | LISOWICE | POL | K-40 | 16 | K 47 | NIE | 01:09:47 | 02:21:18 | | 03:28:06.80 | 9:54 | 6.1 |
| 17 | KUBICKA MAGDALENA | 256 | | FLORENTYNÓW | POL | K-40 | 17 | K 51 | NIE | 01:11:20 | 02:23:39 | | 03:29:53.50 | 9:59 | 6 |
| 18 | TRZEPACZ DOROTA | 508 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 18 | K 53 | NIE | 01:09:15 | 02:25:54 | | 03:31:13.20 | 10:03 | 6 |
| 19 | MATUSZEWSKI MAŁGORZATA | 318 | RUNNER'S POWER ŚREM | ŚREM | POL | K-40 | 19 | K 54 | NIE | 01:14:04 | 02:27:01 | | 03:31:56.00 | 10:05 | 5.9 |
| 20 | CHRZANOWSKA AGNIESZKA | 79 | | SZCZECIN | POL | K-40 | 20 | K 59 | NIE | 01:16:45 | 02:31:19 | | 03:34:58.75 | 10:14 | 5.9 |
| 21 | KRAWCZYK ANNA | 244 | NIGHT RUNNERS | GORZYCE WIELKIE | POL | K-40 | 21 | K 62 | NIE | 01:13:45 | 02:29:17 | | 03:38:55.20 | 10:25 | 5.8 |
| 22 | ŚWIĄTEK JULIA | 497 | IMMABEE / KS GVT | CHYBY | POL | K-40 | 22 | K 64 | NIE | 01:11:26 | 02:33:23 | | 03:39:10.70 | 10:26 | 5.7 |
| 23 | CHRAPLEWSKA KAROLINA | 78 | CHATABIEGACZA K34 | POZNAŃ | POL | K-40 | 23 | K 65 | | 01:13:39 | 02:24:08 | 00:10:00 | 03:39:29.05 | 9:58 | 6 |
| 24 | FRĄCZEK IWONA | 128 | FUNTRI | WROCŁAW | POL | K-40 | 24 | K 66 | NIE | 01:15:48 | 02:32:10 | | 03:41:13.10 | 10:32 | 5.7 |
| 25 | NIEDOBA BARBARA | 347 | TIM JEST TIM | OZIMEK | POL | K-40 | 25 | K 68 | NIE | 01:18:19 | 02:40:19 | | 03:41:46.85 | 10:33 | 5.7 |
| 26 | STANISZEWSKA-DUDA KATARZYNA | 462 | TIM JEST TIM | OZIMEK | POL | K-40 | 26 | K 69 | NIE | 01:18:00 | 02:40:20 | | 03:41:49.50 | 10:33 | 5.7 |
| 27 | KOPKA ELŻBIETA | 226 | AGB TORFY | KOLONIA BRUŻYCA | POL | K-40 | 27 | K 70 | NIE | 01:19:51 | 02:34:57 | | 03:42:18.25 | 10:35 | 5.7 |
| 28 | SZULECKA KAMILA | 485 | | ŁÓDŹ | POL | K-40 | 28 | K 72 | NIE | 01:19:17 | 02:33:08 | | 03:42:35.95 | 10:35 | 5.7 |
| 29 | STRUSIŃSKA KATARZYNA | 471 | | MIŃSK MAZOWIECKI | POL | K-40 | 29 | K 74 | NIE | 01:18:39 | 02:35:12 | | 03:43:25.00 | 10:38 | 5.6 |
| 30 | KOLEJ MONIKA | 217 | DZIKIE DZIKI GORZÓW | GORZÓW WLKP . | POL | K-40 | 30 | K 77 | NIE | 01:17:17 | 02:37:10 | | 03:45:56.90 | 10:45 | 5.6 |
| 31 | KOŃ ALEKSANDRA | 224 | EKIPA LIPA | LIPA | POL | K-40 | 31 | K 80 | NIE | 01:13:40 | 02:34:56 | | 03:46:54.20 | 10:48 | 5.6 |
| 32 | CZECH DOROTA | 92 | ASICS FRONTRUNNER POLAND | WROCŁAW | POL | K-40 | 32 | K 82 | NIE | 01:19:09 | 02:36:52 | | 03:47:03.00 | 10:48 | 5.5 |
| 33 | ŻYLIŃSKA URSZULA | 578 | | WARSZAWA | POL | K-40 | 33 | K 89 | NIE | 01:23:22 | 02:41:30 | | 03:52:20.35 | 11:03 | 5.4 |
| 34 | FARION MARZENA | 115 | | STRZEGOM | POL | K-40 | 34 | K 90 | NIE | 01:12:01 | 02:35:52 | | 03:52:29.25 | 11:04 | 5.4 |
| 35 | AUGUSTOWSKA IZABELA | 10 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | K-40 | 35 | K 93 | NIE | 01:21:16 | 02:46:48 | | 03:56:34.55 | 11:15 | 5.3 |
| 36 | SOROKA MONIKA | 455 | PASTERKA PANY | PASTERKA | POL | K-40 | 36 | K 96 | NIE | 01:15:41 | 02:37:11 | | 03:58:12.85 | 11:20 | 5.3 |
| 37 | RYPIŃSKA MAGDALENA | 433 | | TRZEBNICA | POL | K-40 | 37 | K 100 | NIE | 01:25:02 | 02:51:39 | | 04:04:32.40 | 11:38 | 5.2 |
| 38 | KACIUPA AGNIESZKA | 198 | FARTY PUSZCZY | SZCZECIN | POL | K-40 | 38 | K 103 | NIE | 01:27:57 | 02:54:49 | | 04:06:51.65 | 11:45 | 5.1 |
| 39 | JEDYNAK-DOROSZ IZABELA | 187 | KB MANIAC POZNAŃ | TULCE | POL | K-40 | 39 | K 104 | NIE | 01:27:11 | 02:54:04 | | 04:07:16.70 | 11:46 | 5.1 |
| 40 | JAŚKIEWICZ KATARZYNA | 183 | | SZCZECIN | POL | K-40 | 40 | K 106 | NIE | 01:25:58 | 02:55:14 | | 04:08:01.00 | 11:48 | 5.1 |
| 41 | BOROŃ IZABELA | 51 | | NOWA IWICZNA | POL | K-40 | 41 | K 107 | NIE | 01:27:17 | 02:51:56 | | 04:08:15.40 | 11:49 | 5.1 |
| 42 | KUMOR WERONIKA | 267 | EVERRUN | ŁÓDŹ | POL | K-40 | 42 | K 110 | NIE | 01:27:20 | 02:52:58 | | 04:09:42.95 | 11:53 | 5 |
| 43 | KONKIEWICZ KATARZYNA | 221 | NIAGARA | GRODZISK WIELKOPOLSKI | POL | K-40 | 43 | K 111 | NIE | 01:32:15 | 02:57:25 | | 04:10:23.15 | 11:55 | 5 |
| 44 | NIEDZIELA DANUTA | 349 | GOSTYŃ | GOSTYŃ | POL | K-40 | 44 | K 112 | NIE | 01:28:12 | 02:58:51 | | 04:12:04.90 | 12:00 | 5 |
| 45 | KLUK AGNIESZKA | 210 | | SMOLEC | POL | K-40 | 45 | K 114 | NIE | 01:27:51 | 03:00:03 | | 04:13:17.80 | 12:03 | 5 |
| 46 | WOJDAŁOWICZ EWA | 579 | | SZCZECIN | POL | K-40 | 46 | K 115 | NIE | 01:28:02 | 02:54:58 | | 04:13:53.75 | 12:05 | 5 |
| 47 | BEDNARSKA-KOZIOŁ DANUTA | 26 | WKURW-TEAM | ZIELĘCICE | POL | K-40 | 47 | K 116 | NIE | 01:25:45 | 02:59:11 | | 04:14:53.20 | 12:08 | 4.9 |
| 48 | JAKIMKO MONIKA | 173 | EKIPA LIPA | LIPA | POL | K-40 | 48 | K 118 | NIE | 01:24:57 | 02:57:44 | | 04:15:21.30 | 12:09 | 4.9 |
| 49 | TUREK KAROLINA | 511 | BIAŁY DOMEK BIEGA | CZERWONAK | POL | K-40 | 49 | K 120 | NIE | 01:29:25 | 03:00:37 | | 04:16:53.85 | 12:13 | 4.9 |
| 50 | WEYNA ANNA | 532 | BIAŁY DOMEK BIEGA | KICIN | POL | K-40 | 50 | K 121 | NIE | 01:29:25 | 03:00:45 | | 04:16:54.50 | 12:14 | 4.9 |
| 51 | MASALSKA ANNA | 315 | | SUWAŁKI | POL | K-40 | 51 | K 122 | NIE | 01:25:24 | 02:56:03 | | 04:17:29.95 | 12:15 | 4.9 |
| 52 | OGÓRKIEWICZ SYLWIA | 364 | | POZNAŃ | POL | K-40 | 52 | K 123 | NIE | 01:31:49 | 03:00:33 | | 04:17:51.35 | 12:16 | 4.9 |
| 53 | MARCINIAK AGATA | 310 | ŁÓDZIANKA TEAM | ŁÓDŹ | POL | K-40 | 53 | K 125 | | 01:36:54 | 03:06:56 | | 04:20:06.90 | 12:23 | 4.8 |
| 54 | SZARPAK ANNA | 477 | | PLESZEW | POL | K-40 | 54 | K 128 | NIE | 01:32:25 | 03:09:21 | | 04:25:33.00 | 12:38 | 4.7 |
| 55 | KOWAŃSKA ALEKSANDRA | 233 | | PLESZEW | POL | K-40 | 55 | K 130 | NIE | 01:32:50 | 03:09:25 | | 04:28:10.70 | 12:46 | 4.7 |
| 56 | KRZYWAK ANNA | 254 | | GORZÓW WIELKOPOLSKI | POL | K-40 | 56 | K 132 | NIE | 01:30:14 | 03:13:36 | | 04:33:43.65 | 13:02 | 4.6 |
| 57 | NORKOWSKA ALEKSANDRA | 351 | ORANGE POLSKA | WARSZAWA | POL | K-40 | 57 | K 134 | NIE | 01:39:58 | 03:19:51 | | 04:40:02.70 | 13:20 | 4.5 |
| 58 | PEPŁOWSKA SYLWIA | 385 | | WARSAW | POL | K-40 | 58 | K 138 | NO | 01:43:04 | 03:23:27 | | 04:46:43.10 | 13:39 | 4.4 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------|-----|-----------------------|-------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 59 | BAJZERT MAGDALENA | 14 | | PRZYKONA | POL | K-40 | 59 | K 140 | NIE | 01:42:20 | 03:24:03 | | 04:49:25.55 | 13:46 | 4.4 |
| 60 | OLEK-WYSOCKA MONIKA | 368 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | K-40 | 60 | K 141 | NIE | 01:45:28 | 03:27:11 | | 04:50:58.80 | 13:51 | 4.3 |
| 61 | FAFARA AGNIESZKA | 116 | BIEGNIĘTE LASKI | ŁÓDŹ | POL | K-40 | 61 | K 142 | NIE | 01:37:26 | 03:21:35 | | 04:51:18.40 | 13:52 | 4.3 |
| 62 | OCHOCKA EWA | 361 | | ŁÓDŹ | POL | K-40 | 62 | K 143 | NIE | 01:37:37 | 03:21:36 | | 04:51:18.70 | 13:52 | 4.3 |
| 63 | BOROŃ-KOSIK MAGDA | 52 | | KIELCZÓW | POL | K-40 | 63 | K 145 | NIE | 01:39:51 | 03:23:33 | | 05:01:22.75 | 14:21 | 4.2 |
| 64 | WŁODARCZYK MAŁGORZATA | 542 | COLOR TREND ORZECHOWO | ORZECHOWO | POL | K-40 | 64 | K 148 | NIE | 01:48:41 | 03:43:23 | | | 15:57 | 3.8 |
| 65 | BAKA ELZBIETA | 15 | LADIESLOSTGAŚBAGAŚ | WARSZAWA | POL | K-40 | 65 | K 149 | NIE | 00:58:12 | | | | 8:18 | 7.2 |
| 66 | BARTOSIK KAMILA | 23 | NIGHT RUNNERS WROCŁAW | SMOLEC | POL | K-40 | 66 | K 150 | NO | 00:59:51 | | | | 8:33 | 7 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------------------|-----|---------------------------------------|------------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 1 | RUTKOWSKI DAWID | 431 | GRIZZLYTEAM/140MINUT.PL | LUBIN | POL | M-40 | 1 | M 4 | TAK | 00:45:55 | 01:35:22 | | 02:18:14.60 | 6:34 | 9.1 |
| 2 | WŁODARCZYK JAROSŁAW | 541 | KARKONOSZ RUNNING TEAM | JELEŃ GÓRA | POL | M-40 | 2 | M 8 | NIE | 00:48:51 | 01:38:22 | | 02:23:10.70 | 6:49 | 8.8 |
| 3 | DYDA PAWEŁ | 113 | VEGE KACAP | KAMIENNA GÓRA | POL | M-40 | 3 | M 14 | NIE | 00:49:33 | 01:39:41 | | 02:31:15.95 | 7:12 | 8.3 |
| 4 | TOKARSKI JOACHIM | 501 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 15 | NIE | 01:14:50 | | | 02:33:51.25 | 7:19 | 8.2 |
| 5 | GEZELA MARIUSZ | 134 | EUFORIA BIEGACZA TEAM | POZNAŃ | POL | M-40 | 5 | M 16 | NIE | 00:51:06 | 01:44:19 | | 02:34:12.35 | 7:20 | 8.2 |
| 6 | JABŁOŃSKI PAWEŁ | 170 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 6 | M 18 | NIE | 00:54:04 | 01:46:59 | | 02:36:06.95 | 7:26 | 8.1 |
| 7 | ŁUKASIK MARCIN | 293 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 7 | M 24 | NIE | 00:55:50 | 01:48:40 | | 02:39:24.85 | 7:35 | 7.9 |
| 8 | KUŹMIŃSKI PIOTR | 271 | AGB TORFY | ALEKSANDRÓW ŁÓDZKI | POL | M-40 | 8 | M 26 | NIE | 00:55:59 | 01:51:22 | | 02:41:55.10 | 7:42 | 7.8 |
| 9 | HARĘŻLAK KRZYSZTOF | 159 | KS ULTRA TEAM ŁÓDŹ & AGB TORFY | ŁÓDŹ | POL | M-40 | 9 | M 31 | NIE | 00:56:43 | 01:51:29 | | 02:44:26.05 | 7:49 | 7.7 |
| 10 | ŁUKOMSKI MACIEJ | 294 | ŁÓDZKI KLUB WYSOKOGÓRSKI | ŁÓDŹ | POL | M-40 | 10 | M 37 | TAK | 00:56:59 | 01:54:26 | | 02:46:24.80 | 7:55 | 7.6 |
| 11 | TOŚ SEBASTIAN | 503 | | CHRZAŚTAWA WIELKA | POL | M-40 | 11 | M 44 | NIE | 00:58:14 | 01:56:14 | | 02:47:57.00 | 7:59 | 7.5 |
| 12 | KRUPA MARCIN | 246 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 12 | M 45 | NIE | 00:53:14 | 01:52:59 | | 02:48:34.90 | 8:01 | 7.5 |
| 13 | SŁYSZ SZYMON | 453 | NSK RUNS | WAŁBRZYCH | POL | M-40 | 13 | M 46 | NIE | 00:53:57 | 01:51:33 | | 02:48:56.50 | 8:02 | 7.5 |
| 14 | KOZAK ROBERT | 235 | RONAL POLSKA RUN | WAŁBRZYCH | POL | M-40 | 14 | M 48 | NIE | 00:47:31 | 01:34:55 | 00:30:00 | 02:49:21.45 | 6:38 | 9 |
| 15 | SZCZĘŚNIAK PIOTR | 479 | GVT | STRZELIN | POL | M-40 | 15 | M 50 | NIE | 00:48:31 | 01:40:17 | 00:20:00 | 02:49:41.20 | 7:07 | 8.4 |
| 16 | WEINERT ARTUR | 529 | RUNNER'S POWER | ŚREM | POL | M-40 | 16 | M 53 | NIE | 00:59:11 | 01:57:01 | | 02:50:47.95 | 8:07 | 7.4 |
| 17 | SZOPA MAREK | 484 | TEAM KOPEĆ | GORZÓW WLKP. | POL | M-40 | 17 | M 54 | NIE | 01:01:48 | 02:00:05 | | 02:51:48.85 | 8:10 | 7.3 |
| 18 | ANTOSIAK TOMASZ | 7 | FUNTRI | WROCŁAW | POL | M-40 | 18 | M 56 | NIE | 01:02:38 | 02:01:54 | | 02:52:27.05 | 8:12 | 7.3 |
| 19 | STANUCHIEWICZ OSKAR | 463 | | CZĘSTOCHOWA | POL | M-40 | 19 | M 57 | NIE | 00:56:18 | 01:54:48 | | 02:52:30.40 | 8:12 | 7.3 |
| 20 | ROŚLIŃSKI JAROSŁAW | 426 | UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI | OZOROWICE | POL | M-40 | 20 | M 62 | NIE | 00:55:27 | 01:53:10 | | 02:54:55.95 | 8:19 | 7.2 |
| 21 | MACIEJEWSKI KAROL | 297 | FUNTRI | NADOLICE WIELKIE | POL | M-40 | 21 | M 63 | NIE | 00:59:20 | 01:58:35 | | 02:55:27.05 | 8:21 | 7.2 |
| 22 | FEICHTINGER MAREK | 118 | | ŻORY | POL | M-40 | 22 | M 65 | TAK | 01:01:03 | 02:00:59 | | 02:55:54.20 | 8:22 | 7.2 |
| 23 | FOLCIK ZIEMOWIT | 126 | | WROCŁAW | POL | M-40 | 23 | M 66 | NIE | 01:02:04 | 02:02:41 | | 02:55:57.85 | 8:22 | 7.2 |
| 24 | MRÓZ MARCIN | 339 | DZIKIE BOBRY | ZALASEWO | POL | M-40 | 24 | M 69 | NIE | 01:00:43 | 02:02:40 | | 02:57:28.15 | 8:27 | 7.1 |
| 25 | SZYMCZYSZYN TOMASZ | 491 | | WROCŁAW | POL | M-40 | 25 | M 70 | NIE | 01:05:31 | 02:03:34 | | 02:57:33.25 | 8:27 | 7.1 |
| 26 | HOSS JAN | 166 | | WARSZAWA | POL | M-40 | 26 | M 71 | NIE | 01:03:46 | 02:05:57 | | 02:58:05.65 | 8:28 | 7.1 |
| 27 | KRZYWDZIŃSKI BARTŁOMIEJ | 255 | | BOLESŁAWIEC | POL | M-40 | 27 | M 73 | NIE | 00:59:55 | 02:00:49 | | 02:58:24.20 | 8:29 | 7.1 |
| 28 | SZYMAŃSKI MARCIN | 487 | BIEGNIJ OŁAWO | GODZIKOWICE | POL | M-40 | 28 | M 74 | NIE | 01:00:57 | 02:05:21 | | 02:58:45.00 | 8:30 | 7 |
| 29 | GAWRON TOMASZ | 131 | | LUBSKO | POL | M-40 | 29 | M 75 | TAK | 01:04:03 | 02:06:22 | | 02:59:04.60 | 8:31 | 7 |
| 30 | LESZCZYŃSKI MICHAŁ | 274 | SHT | DESZCZNO | POL | M-40 | 30 | M 78 | NIE | 01:02:36 | 02:07:28 | | 02:59:50.40 | 8:33 | 7 |
| 31 | BUDYCH AREK | 62 | | WRONKI | POL | M-40 | 31 | M 80 | NIE | 01:03:42 | 02:06:20 | | 03:01:11.50 | 8:37 | 7 |
| 32 | BIECUSZEK TOMASZ | 32 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 32 | M 81 | NIE | 00:59:52 | 02:03:13 | | 03:01:40.65 | 8:39 | 6.9 |
| 33 | CHMIELEWSKI GRZEGORZ | 75 | FUNTRI | SUCHY DWÓR/K WROCŁAWIA | POL | M-40 | 33 | M 82 | | 01:05:16 | 02:05:16 | | 03:01:52.70 | 8:39 | 6.9 |
| 34 | RATAJCZAK ŁUKASZ | 415 | NIGHT RUNNERS | MOSINA | POL | M-40 | 34 | M 84 | YES | 01:04:00 | 02:04:52 | | 03:02:15.40 | 8:40 | 6.9 |
| 35 | GÓRNY ROBERT | 148 | TIM JEST TIM | OZIMEK | POL | M-40 | 35 | M 85 | NIE | 00:59:11 | 02:01:02 | | 03:02:33.45 | 8:41 | 6.9 |
| 36 | PALACZ MARCIN | 376 | | BRZEG | POL | M-40 | 36 | M 86 | NIE | 01:01:34 | 02:05:51 | | 03:03:02.85 | 8:42 | 6.9 |
| 37 | KALINOWSKI GRZEGORZ | 583 | GUT | MISZNA MAŁA | POL | M-40 | 37 | M 90 | | 01:02:51 | 02:04:46 | | 03:03:51.35 | 8:45 | 6.9 |
| 38 | PIETRZYK TOMASZ | 392 | 140MINUT.PL | ŚWIDNICA | POL | M-40 | 38 | M 91 | NIE | 01:01:48 | 02:03:38 | | 03:04:01.15 | 8:45 | 6.8 |
| 39 | RELIGA ANDRZEJ | 417 | | HECZARNOWICE | POL | M-40 | 39 | M 92 | NO | 00:59:16 | 02:03:40 | | 03:04:12.10 | 8:46 | 6.8 |
| 40 | MICHAŁAK PIOTR | 322 | | POZNAŃ | POL | M-40 | 40 | M 95 | NIE | 01:03:35 | 02:04:16 | | 03:04:20.75 | 8:46 | 6.8 |
| 41 | ZAŁUSTOWICZ MACIEJ ZAŁUSTOWICZ | 556 | | WROCŁAW | POL | M-40 | 41 | M 101 | NIE | 01:02:33 | 02:06:14 | | 03:06:12.95 | 8:52 | 6.8 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|----------------------|-----|---------------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 42 | OLEJNIK MARCIN | 367 | CSIR AGATSU | ŻERNIKI WROCŁAWSKIE | POL | M-40 | 42 | M 102 | NIE | 01:03:46 | 02:06:24 | | 03:06:15.35 | 8:52 | 6.8 |
| 43 | ZATON ADRIAN | 559 | | WROCŁAW | POL | M-40 | 43 | M 103 | YES | 01:08:12 | 02:11:45 | | 03:07:06.50 | 8:54 | 6.7 |
| 44 | WARMUŁA PIOTR | 525 | FUNTRI | PEŁCZYCE | POL | M-40 | 44 | M 105 | NIE | 01:04:32 | 02:06:36 | | 03:07:16.20 | 8:55 | 6.7 |
| 45 | WEYNA RAFAŁ | 533 | BIAŁY DOMEK BIEGA | KICIN | POL | M-40 | 45 | M 106 | TAK | 01:02:59 | 02:07:18 | | 03:07:23.55 | 8:55 | 6.7 |
| 46 | KACZMAREK KAROL | 199 | ROZBIEGANY RAWICZ AKUNA RUN | RAWICZ | POL | M-40 | 46 | M 108 | NIE | 01:05:47 | 02:09:55 | | 03:08:35.25 | 8:58 | 6.7 |
| 47 | PODEJMA GRZEGORZ | 403 | | SWARZĘDZ | POL | M-40 | 47 | M 112 | NIE | 01:04:11 | 02:08:49 | | 03:09:34.85 | 9:01 | 6.6 |
| 48 | SAMBORSKI BARTOSZ | 437 | | WARSZAWA | POL | M-40 | 48 | M 114 | NIE | 01:03:35 | 02:04:50 | 00:10:00 | 03:09:37.05 | 8:33 | 7 |
| 49 | PURCZYŃSKI GRZEGORZ | 412 | | ZIELONA GÓRA | POL | M-40 | 49 | M 116 | NIE | 01:04:23 | 02:11:09 | | 03:10:18.75 | 9:03 | 6.6 |
| 50 | BOHAREWICZ PAWEŁ | 44 | BOHAR PALETY | ZIELONA GÓRA | POL | M-40 | 50 | M 117 | NIE | 01:07:53 | 02:11:07 | | 03:10:34.20 | 9:04 | 6.6 |
| 51 | SZNAJDER PAWEŁ | 483 | BUBBA@GUMP | WAŁBRZYCH | POL | M-40 | 51 | M 122 | NIE | 01:01:08 | 02:06:28 | | 03:12:16.40 | 9:09 | 6.6 |
| 52 | BUSZ RAFAŁ | 70 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 52 | M 124 | NIE | 01:08:13 | 02:15:33 | | 03:12:34.25 | 9:10 | 6.5 |
| 53 | KORYTEK PIOTR | 228 | ATR | WITKOWO | POL | M-40 | 53 | M 125 | NIE | 01:02:18 | 02:09:24 | | 03:12:53.30 | 9:11 | 6.5 |
| 54 | SPLAWSKI MICHAŁ | 457 | MSEKOWIS.PL | WROCŁAW | POL | M-40 | 54 | M 126 | NIE | 01:04:28 | 02:13:11 | | 03:13:02.70 | 9:11 | 6.5 |
| 55 | JELONEK PIOTR | 188 | FUNTRI | ŻERNIKI WROCŁAWSKIE | POL | M-40 | 55 | M 127 | NIE | 01:07:41 | 02:13:45 | | 03:14:16.05 | 9:15 | 6.5 |
| 56 | SIKORA MICHAŁ | 444 | | PUŁAWY | POL | M-40 | 56 | M 128 | NIE | 01:09:31 | 02:15:45 | | 03:14:16.20 | 9:15 | 6.5 |
| 57 | GOZDUR MICHAŁ | 145 | | POZNAŃ | POL | M-40 | 57 | M 134 | NIE | 01:05:12 | 02:14:21 | | 03:15:49.25 | 9:19 | 6.4 |
| 58 | KRAKOWSKI KRZYSZTOF | 239 | | PIŁA | POL | M-40 | 58 | M 136 | NIE | 01:04:04 | 02:13:55 | | 03:16:20.10 | 9:20 | 6.4 |
| 59 | CZUBIEL KONRAD | 96 | | POZNAŃ | POL | M-40 | 59 | M 137 | NIE | 01:04:35 | 02:11:57 | | 03:16:46.80 | 9:22 | 6.4 |
| 60 | KRZESIMOWSKI DAMIAN | 253 | ROSSMANN | KIELCE | POL | M-40 | 60 | M 139 | NIE | 01:05:13 | 02:12:51 | | 03:18:12.00 | 9:26 | 6.4 |
| 61 | KUKŁA SEBASTIAN | 264 | | WROCŁAW | POL | M-40 | 61 | M 140 | NIE | 01:09:41 | 02:17:51 | | 03:18:36.20 | 9:27 | 6.3 |
| 62 | DUNAJ PAWEŁ | 112 | GT RAT | WROCŁAW | POL | M-40 | 62 | M 144 | TAK | 01:05:08 | 02:14:33 | | 03:19:19.10 | 9:29 | 6.3 |
| 63 | ANTECKI JACEK | 6 | | ŁÓDŹ | POL | M-40 | 63 | M 145 | NIE | 01:05:28 | 02:15:00 | | 03:19:19.35 | 9:29 | 6.3 |
| 64 | KOCJAN PAWEŁ | 214 | KIDS RUN | POZNAŃ | POL | M-40 | 64 | M 153 | NIE | 01:07:33 | 02:21:32 | | 03:22:10.65 | 9:37 | 6.2 |
| 65 | ADACH DARIUSZ | 1 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | ZĄBKOWICE ŚLĄSKIE | POL | M-40 | 65 | M 155 | NIE | 01:06:35 | 02:14:52 | | 03:23:07.00 | 9:40 | 6.2 |
| 66 | JADACH GRZEGORZ | 171 | NOA | WROCŁAW | POL | M-40 | 66 | M 156 | NIE | 01:08:45 | 02:20:21 | | 03:23:15.25 | 9:40 | 6.2 |
| 67 | WINCZURA LESZEK | 537 | | GDAŃSK | POL | M-40 | 67 | M 160 | NIE | 01:11:37 | 02:21:35 | | 03:24:33.25 | 9:44 | 6.2 |
| 68 | STEC ADAM | 468 | FCMISIENIECHCE | WYSOKA | POL | M-40 | 68 | M 161 | NIE | 01:07:48 | 02:19:28 | | 03:24:40.45 | 9:44 | 6.2 |
| 69 | GUJSKI MARCIN | 155 | TRIPAKA | MIŃSK MAZOWIECKI | POL | M-40 | 69 | M 162 | NIE | 01:13:03 | 02:23:00 | | 03:24:43.25 | 9:44 | 6.2 |
| 70 | FILIPIAK SEBASTIAN | 122 | EKIPA LIPA | LIPA | POL | M-40 | 70 | M 167 | NIE | 01:12:53 | 02:25:17 | | 03:25:33.95 | 9:47 | 6.1 |
| 71 | SOWIŃSKI ROBERT | 456 | GVT | BORÓW | POL | M-40 | 71 | M 169 | NIE | 01:10:26 | 02:22:41 | | 03:26:07.95 | 9:48 | 6.1 |
| 72 | POCIEGIEL MICHAŁ | 402 | SKAWINA BIEGA | RADZISZÓW | POL | M-40 | 72 | M 170 | NIE | 01:13:29 | 02:22:11 | | 03:26:12.65 | 9:49 | 6.1 |
| 73 | KOMADA WOJCIECH | 218 | | ŚWIDNICA | POL | M-40 | 73 | M 172 | NIE | 01:12:15 | 02:25:35 | | 03:26:50.50 | 9:50 | 6.1 |
| 74 | SIWEK GRZEGORZ | 446 | LANRUNS | LANCKORONA | POL | M-40 | 74 | M 173 | NIE | 01:11:19 | 02:21:19 | | 03:26:51.25 | 9:51 | 6.1 |
| 75 | BAJZERT FILIP | 13 | | PRZYKONA | POL | M-40 | 75 | M 175 | NIE | 01:10:10 | 02:24:39 | | 03:27:19.85 | 9:52 | 6.1 |
| 76 | JAGODZIŃSKI PAWEŁ | 172 | VIKMED 3TEAM KONIN | KONIN | POL | M-40 | 76 | M 177 | NIE | 01:09:04 | 02:25:50 | | 03:28:04.40 | 9:54 | 6.1 |
| 77 | ROZNER ARTUR | 582 | | PIASECZNO | POL | M-40 | 77 | M 179 | NIE | 01:09:58 | 02:22:05 | | 03:28:31.20 | 9:55 | 6 |
| 78 | BIEL TOMASZ | 36 | | KATOWICE | POL | M-40 | 78 | M 180 | NIE | 01:10:46 | 02:21:43 | | 03:28:36.45 | 9:56 | 6 |
| 79 | ZIELENKIEWICZ MARCIN | 567 | FUNTRI | WROCŁAW | POL | M-40 | 79 | M 182 | NIE | 01:10:12 | 02:22:16 | | 03:29:47.10 | 9:59 | 6 |
| 80 | SYPIEWSKI KRYSZTOF | 474 | | POZNAŃ | POL | M-40 | 80 | M 183 | NIE | 01:09:01 | 02:25:09 | | 03:30:06.05 | 10:00 | 6 |
| 81 | MŁYNARCZYK KRZYSZTOF | 331 | | WARSZAWA | POL | M-40 | 81 | M 186 | NIE | 01:11:14 | 02:24:06 | | 03:31:05.90 | 10:03 | 6 |
| 82 | ŁĘKAWA SEBASTIAN | 289 | 140MINUT.PL | WROCŁAW | POL | M-40 | 82 | M 189 | NO | 01:13:06 | 02:25:42 | | 03:32:16.85 | 10:06 | 5.9 |
| 83 | KRUSZEWSKI JACEK | 247 | MARKOWI BIEGACZE | MARKI | POL | M-40 | 83 | M 193 | NO | 01:12:35 | 02:27:51 | | 03:35:06.60 | 10:14 | 5.9 |
| 84 | FIGUŁA SŁAWOMIR | 120 | | KRZĘCIN | POL | M-40 | 84 | M 194 | NIE | 01:11:10 | 02:25:59 | | 03:36:13.10 | 10:17 | 5.8 |
| 85 | KACZOREK ROBERT | 201 | | WARSZAWA | POL | M-40 | 85 | M 195 | TAK | 01:08:17 | 02:24:51 | | 03:36:23.05 | 10:18 | 5.8 |
| 86 | TAMULONEK GRZEGORZ | 498 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 86 | M 196 | NIE | 01:17:25 | 02:35:09 | | 03:36:37.15 | 10:18 | 5.8 |
| 87 | GAJDA SEBASTIAN | 129 | | SZCZECIN | POL | M-40 | 87 | M 200 | NIE | 01:18:16 | 02:32:26 | | 03:37:54.90 | 10:22 | 5.8 |
| 88 | ZDYB GRZEGORZ | 564 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY | LEŚNÓW WIELKI | POL | M-40 | 88 | M 202 | NIE | 01:17:25 | 02:30:56 | | 03:38:35.65 | 10:24 | 5.8 |
| 89 | KRUZEL RAFAŁ | 248 | | LEGNICA | POL | M-40 | 89 | M 205 | NIE | 01:17:26 | 02:36:15 | | 03:40:32.55 | 10:30 | 5.7 |
| 90 | JANOTA MICHAŁ | 178 | BIEGNIJ OŁAWO | OŁAWA | POL | M-40 | 90 | M 207 | NIE | 01:14:10 | 02:30:35 | | 03:42:18.20 | 10:35 | 5.7 |
| 91 | SKORUPA TOMASZ | 450 | AGB TORFY | ŁÓDŹ | POL | M-40 | 91 | M 208 | NIE | 01:19:17 | 02:33:06 | | 03:42:35.75 | 10:35 | 5.7 |
| 92 | ŁUCZAK MARCIN | 292 | RUN4ENERGY | PLEWISKA | POL | M-40 | 92 | M 209 | NIE | 01:15:36 | 02:34:47 | | 03:42:41.40 | 10:36 | 5.7 |
| 93 | MROZIK MARIUSZ | 338 | | SZCZECINEK | POL | M-40 | 93 | M 211 | NIE | 01:17:02 | 02:37:12 | | 03:45:57.30 | 10:45 | 5.6 |
| 94 | POŁCZYŃSKI MACIEJ | 406 | STALOWA ŁYDA | POZNAŃ | POL | M-40 | 94 | M 212 | NIE | 01:15:44 | 02:34:20 | | 03:46:46.35 | 10:47 | 5.6 |
| 95 | MICHAŁKIEWICZ MAREK | 326 | | POZNAŃ | POL | M-40 | 95 | M 213 | NIE | 01:17:53 | 02:38:35 | | 03:47:10.95 | 10:49 | 5.5 |
| 96 | KOLAŚNIEWSKI MAREK | 216 | | POZNAŃ | POL | M-40 | 96 | M 214 | TAK | 01:16:55 | 02:38:23 | | 03:47:13.90 | 10:49 | 5.5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|------------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 97 | SZYMAŃSKI ROBERT | 488 | | GORZÓW WIELKOPOLSKI | POL | M-40 | 97 | M 215 | NIE | 01:13:23 | 02:35:56 | | 03:48:21.45 | 10:52 | 5.5 |
| 98 | KONOPACKI GRZEGORZ | 222 | RÓŻOWE LANDRYNY | BYSTRZYCA KŁODZKA | POL | M-40 | 98 | M 216 | NIE | 01:15:13 | 02:32:36 | | 03:49:48.95 | 10:56 | 5.5 |
| 99 | CZERNIK RAFAŁ | 93 | | ZABRZE | POL | M-40 | 99 | M 219 | NIE | 01:22:02 | 02:41:34 | | 03:51:08.10 | 11:00 | 5.5 |
| 100 | BIEL MARIUSZ | 34 | | WARSZAWA | POL | M-40 | 100 | M 222 | NIE | 01:14:56 | 02:37:20 | | 03:51:30.00 | 11:01 | 5.4 |
| 101 | MORAWSKI MARCIN | 333 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-40 | 101 | M 224 | NIE | 01:18:22 | 02:40:22 | | 03:51:47.80 | 11:02 | 5.4 |
| 102 | CHRZĄSZCZ MARIUSZ | 81 | | MIROSZOWICE | POL | M-40 | 102 | M 225 | NIE | 01:29:25 | 02:46:22 | | 03:51:55.50 | 11:02 | 5.4 |
| 103 | CHRZĄSZCZ DAMIAN | 80 | VEGE RUNNERS | LUBIN | POL | M-40 | 103 | M 226 | NIE | 01:29:28 | 02:45:37 | | 03:51:55.95 | 11:02 | 5.4 |
| 104 | RADECKI ADAM | 413 | | STRZEGOM | POL | M-40 | 104 | M 227 | NIE | 01:11:58 | 02:35:52 | | 03:52:30.70 | 11:04 | 5.4 |
| 105 | GÓRCZYŃSKI RAFAŁ | 146 | | PRZYŁĘK | POL | M-40 | 105 | M 228 | NIE | 01:19:28 | 02:40:46 | | 03:54:01.60 | 11:08 | 5.4 |
| 106 | MUSIAŁ RADOSŁAW MUSIAŁ | 340 | | WROCLAW | POL | M-40 | 106 | M 229 | NO | 01:20:12 | 02:39:11 | | 03:55:03.60 | 11:11 | 5.4 |
| 107 | KURZAWIAK WOJCIECH | 268 | ZGORMYSYNY | KARŁÓW | POL | M-40 | 107 | M 232 | TAK | 01:20:39 | 02:42:16 | | 03:56:21.60 | 11:15 | 5.3 |
| 108 | ŁACHACZ ROBERT | 286 | | SZCZYTNO | POL | M-40 | 108 | M 234 | NIE | 01:19:14 | 02:44:33 | | 03:58:07.10 | 11:20 | 5.3 |
| 109 | GIBOWSKI LUKASZ | 135 | | TRZEBNICA | POL | M-40 | 109 | M 235 | NIE | 01:16:20 | 02:45:25 | | 03:58:45.70 | 11:22 | 5.3 |
| 110 | KOT TOMASZ | 230 | | WARSZAWA | POL | M-40 | 110 | M 236 | NIE | 01:22:43 | 02:45:27 | | 03:59:13.60 | 11:23 | 5.3 |
| 111 | ROMAN PAWEŁ | 423 | | MIŃSK MAZOWIECKI | POL | M-40 | 111 | M 237 | NIE | 01:13:27 | 02:35:13 | | 03:59:24.35 | 11:24 | 5.3 |
| 112 | LIS MIROSLAW | 281 | | CEREKWICA | POL | M-40 | 112 | M 240 | NIE | 01:16:52 | 02:45:30 | | 04:01:43.05 | 11:30 | 5.2 |
| 113 | NOWAK FILIP | 359 | | OSTRÓW WIELKOPOLSKI | POL | M-40 | 113 | M 242 | NIE | 01:24:29 | 02:47:48 | | 04:02:23.50 | 11:32 | 5.2 |
| 114 | KRAWIEC PIOTR | 245 | KOTWICA BRZEG | ŻŁOBIZNA | POL | M-40 | 114 | M 245 | NIE | 01:18:07 | 02:43:58 | | 04:04:02.35 | 11:37 | 5.2 |
| 115 | BORODYN ANDRZEJ | 49 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 115 | M 246 | NIE | 01:23:08 | 02:51:29 | | 04:07:09.35 | 11:46 | 5.1 |
| 116 | ROSA ALEKSANDER | 424 | | RABOWICE | POL | M-40 | 116 | M 249 | NIE | 01:22:28 | 02:50:27 | | 04:09:05.80 | 11:51 | 5.1 |
| 117 | HOFFMANN GRZEGORZ | 162 | KOŚCIAN TEAM | CZEMPIŃ | POL | M-40 | 117 | M 254 | NIE | 01:24:13 | 02:57:59 | | 04:11:51.85 | 11:59 | 5 |
| 118 | BARTKIEWICZ LECH | 22 | | ZIELONA GÓRA | POL | M-40 | 118 | M 255 | NIE | 01:21:25 | 02:50:37 | | 04:12:03.45 | 12:00 | 5 |
| 119 | NIEDZIELA KRZYSZTOF | 348 | GOSTYŃ | GOSTYŃ | POL | M-40 | 119 | M 256 | NIE | 01:28:14 | 02:58:48 | | 04:12:04.90 | 12:00 | 5 |
| 120 | KUCHARSKI ADAM | 258 | | WARSZAWA | POL | M-40 | 120 | M 257 | NIE | 01:27:13 | 02:55:25 | | 04:12:23.75 | 12:01 | 5 |
| 121 | SZYMCZAK ŁUKASZ | 490 | FARTY PUSZCZY | SZCZECIN | POL | M-40 | 121 | M 259 | NIE | 01:29:55 | 02:54:18 | | 04:14:44.45 | 12:07 | 4.9 |
| 122 | PIKUŁA SEBASTIAN | 393 | | GORZÓW WLKP. | POL | M-40 | 122 | M 260 | NIE | 01:23:53 | 02:54:46 | | 04:15:41.65 | 12:10 | 4.9 |
| 123 | SKWARNECKI DAMIAN | 451 | ŁODZIANKA TEAM | ŁÓDŹ | POL | M-40 | 123 | M 262 | | 01:36:39 | 03:06:57 | | 04:20:07.05 | 12:23 | 4.8 |
| 124 | WARKOCZYŃSKI MARCIN | 524 | DLA MOJEJ PEREŁKI | SZCZECIN | POL | M-40 | 124 | M 265 | NIE | 01:28:37 | 02:54:18 | | 04:23:40.10 | 12:33 | 4.8 |
| 125 | WOJCIECHOWSKI ANDRZEJ | 545 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | KALISZ | POL | M-40 | 125 | M 266 | NIE | 01:29:00 | 03:00:23 | | 04:23:48.65 | 12:33 | 4.8 |
| 126 | KOWAŃSKI TOMASZ | 234 | | PLESZEW | POL | M-40 | 126 | M 267 | NIE | 01:32:04 | 03:09:17 | | 04:24:38.40 | 12:36 | 4.8 |
| 127 | WYSOCKI GRZEGORZ | 553 | KUGUAR XTREME RUNNERS | WŁADYSŁAWÓW | POL | M-40 | 127 | M 274 | NIE | 01:44:16 | 03:26:43 | | 04:43:23.85 | 13:29 | 4.4 |
| 128 | ZAJĄC ANDRZEJ | 555 | DRUŻYNA SZPIKU | CZŁUCHÓW | POL | M-40 | 128 | M 275 | NIE | 01:34:17 | 03:24:32 | | 04:47:58.70 | 13:42 | 4.4 |
| 129 | ZAJĄC KRZYSZTOF | 554 | BEZULTRADZIKI/WKURW_TEAM | POZNAŃ | POL | M-40 | 129 | M 276 | NIE | 01:34:14 | 03:24:30 | | 04:47:59.40 | 13:42 | 4.4 |
| 130 | WŁODARCZYK KRZYSZTOF | 540 | 3TEAM MPEC KONIN | KONIN | POL | M-40 | 130 | M 280 | NIE | 01:14:57 | | | | 10:42 | 5.6 |
| 131 | UPTAS TOMASZ | 516 | CROSS STRACEŃCÓW TEAM | GŁOGÓW | POL | M-40 | 131 | M 281 | NIE | 01:25:01 | | | | 12:08 | 4.9 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------|-----|----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | BERNAT KATARZYNA | 28 | BIEGOWA SWIDNICA | ŚWIDNICA | POL | K-50 | 1 | K 6 | NIE | 00:54:27 | 01:48:53 | | 02:39:27.65 | 7:35 | 7.9 |
| 2 | ŚWIATOWIEC ANNA | 495 | | KRAKÓW | POL | K-50 | 2 | K 42 | NIE | 01:09:40 | 02:22:16 | | 03:24:48.15 | 9:45 | 6.2 |
| 3 | ODOLCZYK JOANNA | 363 | | WARSZAWA | POL | K-50 | 3 | K 46 | NIE | 01:13:30 | 02:23:21 | | 03:27:50.15 | 9:53 | 6.1 |
| 4 | PERZ MARZENNA | 387 | | BUKOWIEC | POL | K-50 | 4 | K 48 | NIE | 01:16:56 | 02:27:54 | | 03:28:11.15 | 9:54 | 6.1 |
| 5 | WOSZCZAK JOLANTA | 548 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | K-50 | 5 | K 56 | NIE | 01:17:39 | 02:28:23 | | 03:33:13.55 | 10:09 | 5.9 |
| 6 | CHOŁUJ MAŁGORZATA | 76 | | SZCZODRE | POL | K-50 | 6 | K 84 | NIE | 01:18:51 | 02:37:05 | | 03:48:32.10 | 10:52 | 5.5 |
| 7 | DATA IZA | 99 | KUGUAR XTREME RUNNERS | STRONIE ŚL. | POL | K-50 | 7 | K 86 | NIE | 01:18:09 | 02:37:28 | | 03:51:17.25 | 11:00 | 5.4 |
| 8 | ROGUT KATARZYNA | 420 | AGB TORFY | RĄBIEŃ AB | POL | K-50 | 8 | K 87 | NIE | 01:20:00 | 02:41:01 | | 03:51:28.40 | 11:01 | 5.4 |
| 9 | ZIMINSKA JOANNA | 569 | HAPPYRUNNERS | ŁÓDŹ | POL | K-50 | 9 | K 91 | NIE | 01:20:06 | 02:41:03 | | 03:53:20.20 | 11:06 | 5.4 |
| 10 | KRAJEWSKA MAGDALENA | 237 | AGB | KONSTANTYNÓW ŁÓDZKI | POL | K-50 | 10 | K 92 | NIE | 01:20:14 | 02:41:04 | | 03:54:36.50 | 11:10 | 5.4 |
| 11 | NEUMANN BEATA | 346 | CENTRUM ŁAKOWA 1 | RADKÓW | POL | K-50 | 11 | K 97 | NIE | 01:24:06 | 02:47:59 | | 03:59:50.75 | 11:25 | 5.3 |
| 12 | JĘDRZEJCZAK ANNA | 190 | | WARSZAWA | POL | K-50 | 12 | K 113 | NIE | 01:27:13 | 02:55:23 | | 04:12:24.20 | 12:01 | 5 |
| 13 | NATKANIEC GRAZYNA | 345 | | LIPA | POL | K-50 | 13 | K 124 | NIE | 01:27:21 | 03:00:54 | | 04:18:56.05 | 12:19 | 4.9 |
| 14 | PERKA BARBARA | 386 | | PROSKÓW | POL | K-50 | 14 | K 131 | NIE | 01:32:59 | 03:08:37 | | 04:29:31.05 | 12:50 | 4.7 |
| 15 | KALBARCZYK BEATA | 202 | ORANGE POLSKA | OTWOCK | POL | K-50 | 15 | K 135 | NIE | 01:40:02 | 03:19:46 | | 04:41:08.80 | 13:23 | 4.5 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-50 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|-----------------------|-----|------|-----------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 16 | WAWRZYNIUK MAŁGORZATA | 528 | | TUREK | POL | K-50 | 16 | K 137 | NIE | 01:43:20 | 03:24:04 | | 04:45:22.95 | 13:35 | 4.4 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|---------------------------|-----|----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|----------|-------------|--------|------|
| 1 | ŁOPATYNSKI IREK | 291 | REMA SPORT TEAM | ŁADEK ZDRÓJ | POL | M-50 | 1 | M 13 | NIE | 00:50:18 | 01:41:31 | | 02:30:41.00 | 7:10 | 8.4 |
| 2 | KRAJEWSKI WOJTEK | 238 | | KONSTANTYNÓW ŁÓDZKI | POL | M-50 | 2 | M 22 | NIE | 00:55:36 | 01:49:27 | | 02:38:11.50 | 7:31 | 8 |
| 3 | ZERZUT JAROSŁAW | 565 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 3 | M 33 | NIE | 00:57:34 | 01:54:42 | | 02:45:04.00 | 7:51 | 7.6 |
| 4 | MATUSZEWSKI MAREK | 317 | RUNNER'S POWER ŚREM | ŚREM | POL | M-50 | 4 | M 35 | NIE | 00:55:31 | 01:52:52 | | 02:45:40.70 | 7:53 | 7.6 |
| 5 | RÓŻAŁSKI IRENEUSZ | 427 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 5 | M 39 | NIE | 00:00:37 | 01:51:52 | | 02:46:39.35 | 7:56 | 7.6 |
| 6 | MICHAŁKIEWICZ WOJCIECH | 325 | | WROCŁAW | POL | M-50 | 6 | M 42 | NIE | 00:57:10 | 01:53:27 | | 02:47:31.30 | 7:58 | 7.5 |
| 7 | SKAŁSKI RADOŚLAW | 447 | KB AKTYWNI KONIN | KONIN | POL | M-50 | 7 | M 43 | NIE | 00:55:28 | 01:50:43 | | 02:47:44.60 | 7:59 | 7.5 |
| 8 | TRZECIAKIEWICZ MIECZYŚLAW | 507 | INŻYNIERIA BIEGANIA | MYSŁOWICE | POL | M-50 | 8 | M 52 | TAK | 00:53:41 | 01:49:12 | 00:10:00 | 02:50:36.25 | 7:38 | 7.8 |
| 9 | ZARODA ZBIGNIEW | 558 | ALOHA DZIKU! | KONIN | POL | M-50 | 9 | M 61 | NIE | 01:01:03 | 02:00:25 | | 02:53:50.05 | 8:16 | 7.2 |
| 10 | BERNAT ARKADIUSZ | 29 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | M-50 | 10 | M 77 | NIE | 01:02:10 | 02:05:21 | | 02:59:37.95 | 8:33 | 7 |
| 11 | PAWLAK MACIEJ | 381 | 3 TEAM KONIN/MPEC - KONIN | KONIN | POL | M-50 | 11 | M 87 | NIE | 01:01:16 | 02:05:56 | | 03:03:04.50 | 8:43 | 6.9 |
| 12 | TWARDOWSKI KRZYSZTOF | 514 | AMATOR | WROCŁAW | POL | M-50 | 12 | M 121 | NIE | 01:08:24 | 02:13:15 | | 03:12:01.35 | 9:08 | 6.6 |
| 13 | BYLINA BARTOSZ | 72 | | POZNAŃ | POL | M-50 | 13 | M 129 | NIE | 01:04:11 | 02:10:25 | | 03:14:32.95 | 9:15 | 6.5 |
| 14 | MÓLL JANUSZ | 336 | | WROCŁAW | POL | M-50 | 14 | M 130 | NIE | 01:01:41 | 02:11:03 | | 03:14:52.85 | 9:16 | 6.5 |
| 15 | PILARSKI JACEK | 394 | AKTYWNI KONIN | KONIN | POL | M-50 | 15 | M 147 | NIE | 01:08:44 | 02:18:30 | | 03:19:59.65 | 9:31 | 6.3 |
| 16 | GRZEGORCZYK WOJCIECH | 152 | KONDYCJA | WARSZAWA | POL | M-50 | 16 | M 148 | NIE | 01:09:47 | 02:18:04 | | 03:20:08.10 | 9:31 | 6.3 |
| 17 | LUBELCZYK GRZEGORZ | 284 | SPELEOCLUB WROCŁAW | MIĘKINIA | POL | M-50 | 17 | M 165 | TAK | 01:10:01 | 02:22:29 | | 03:25:08.50 | 9:46 | 6.1 |
| 18 | SKOKOWSKI JACEK | 448 | FARTY PUSZCZY | SZCZECIN | POL | M-50 | 18 | M 174 | NIE | 01:11:47 | 02:23:42 | | 03:27:04.25 | 9:51 | 6.1 |
| 19 | KOZŁOWSKI WOJCIECH | 236 | | LISOWICE | POL | M-50 | 19 | M 178 | NIE | 01:09:43 | 02:21:13 | | 03:28:05.60 | 9:54 | 6.1 |
| 20 | WOSZCZAK ZBIGNIEW | 547 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN | POL | M-50 | 20 | M 181 | NIE | 01:16:01 | 02:28:13 | | 03:29:38.85 | 9:58 | 6 |
| 21 | NOWAK JAROSŁAW | 356 | | ŁOMNICA | POL | M-50 | 21 | M 187 | NIE | 01:11:43 | 02:24:55 | | 03:31:28.45 | 10:04 | 6 |
| 22 | ROLIŃSKI RADOŚLAW | 422 | | OLEŚNICA | POL | M-50 | 22 | M 190 | NIE | 01:13:08 | 02:25:42 | | 03:32:45.60 | 10:07 | 5.9 |
| 23 | KAMIŃSKI PAWEŁ | 203 | | MUROWANIEC | POL | M-50 | 23 | M 203 | NIE | 01:13:30 | 02:28:25 | | 03:39:01.00 | 10:25 | 5.8 |
| 24 | BUSS JAKUB | 68 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-50 | 24 | M 204 | NIE | 01:18:24 | 02:40:38 | | 03:39:43.05 | 10:27 | 5.7 |
| 25 | KOPKA TOMASZ | 227 | AGB TORFY | KOLONIA BRUŻYCA | POL | M-50 | 25 | M 206 | NIE | 01:19:16 | 02:34:48 | | 03:42:14.25 | 10:34 | 5.7 |
| 26 | WARA-WAŚOWSKI MACIEJ | 523 | | ŁÓDŹ | POL | M-50 | 26 | M 217 | NIE | 01:17:03 | 02:35:56 | | 03:49:51.80 | 10:56 | 5.5 |
| 27 | JAROSŁAWSKI MARIUSZ | 181 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 27 | M 218 | TAK | 01:14:05 | 02:37:12 | | 03:50:27.05 | 10:58 | 5.5 |
| 28 | DATA DARIUSZ | 98 | KUGUAR XTREME RUNNERS | KLETNO | POL | M-50 | 28 | M 220 | TAK | 01:18:12 | 02:37:27 | | 03:51:17.40 | 11:00 | 5.4 |
| 29 | STAMM TOMASZ | 461 | | POZNAŃ | POL | M-50 | 29 | M 230 | NIE | 01:19:34 | 02:41:00 | | 03:55:13.15 | 11:12 | 5.4 |
| 30 | DŁUGOSZ MAREK | 104 | KB GEOTERMIA UNIEJÓW | WARTKOWICE | POL | M-50 | 30 | M 233 | NIE | 01:21:01 | 02:46:49 | | 03:56:34.15 | 11:15 | 5.3 |
| 31 | WILKIN MIROSLAW | 536 | FUNTRI | ŻARY | POL | M-50 | 31 | M 239 | NIE | 01:22:25 | 02:46:13 | | 04:01:42.25 | 11:30 | 5.2 |
| 32 | MAKOWSKI DARIUSZ | 305 | KM TEAM | CHOJNA | POL | M-50 | 32 | M 244 | NIE | 01:18:48 | 02:45:59 | | 04:03:38.20 | 11:36 | 5.2 |
| 33 | MAZUR MAREK | 320 | BIEGNIJ OŁAWO | OŁAWA | POL | M-50 | 33 | M 247 | NIE | 01:29:14 | | | 04:07:49.00 | 11:48 | 5.1 |
| 34 | STASZCZUK JAROSŁAW | 465 | | BRZEG | POL | M-50 | 34 | M 258 | NIE | 01:26:02 | 02:57:09 | | 04:13:34.70 | 12:04 | 5 |
| 35 | MALINOWSKI PRZEMEK | 308 | | RYBNIK | POL | M-50 | 35 | M 270 | NIE | 01:29:08 | 03:08:55 | | 04:33:09.50 | 13:00 | 4.6 |
| 36 | TOKARZ ROBERT | 502 | | TARNÓW | POL | M-50 | 36 | M 271 | NO | 01:35:48 | 03:09:30 | | 04:35:17.70 | 13:06 | 4.6 |
| 37 | ARMATYS GRZEGORZ | 8 | ORANGE POLSKA | DĄBROWA GÓRNICZA | POL | M-50 | 37 | M 273 | | 01:39:57 | 03:19:42 | | 04:41:02.70 | 13:22 | 4.5 |
| 38 | KUDEŁKA JANUSZ | 262 | | PRĄDOCIN | POL | M-50 | 38 | M 277 | NIE | 01:42:47 | 03:23:48 | | 04:52:46.50 | 13:56 | 4.3 |

ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, K-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------|-----|------|-----------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | PIECUCH MAŁGORZATA | 390 | | PRZEWORSK | POL | K-60 | 1 | K 85 | NIE | 01:21:12 | 02:39:23 | | 03:48:47.00 | 10:53 | 5.5 |
| 2 | MORAWSKA ANNA | 332 | | WARSZAWA | POL | K-60 | 2 | K 101 | NIE | 01:21:23 | 02:47:42 | | 04:05:42.30 | 11:42 | 5.1 |

ZIMOWY PÓŁMARATON GÓR STOŁOWYCH 21 KM, M-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Alpinista | 7km | 14km | Kar/Bon | Netto | min/km | km/h |
|------|--------------------|-----|---------------|--------------|------|------|--------|-------|-----------|----------|----------|---------|-------------|--------|------|
| 1 | ZIMNY TOMASZ | 570 | FARTY PUSZCZY | SZCZECIN | POL | M-60 | 1 | M 59 | NIE | 01:01:36 | 02:00:22 | | 02:53:13.85 | 8:14 | 7.3 |
| 2 | TURLEJ DARIUSZ | 513 | | WARSZAWA | POL | M-60 | 2 | M 99 | NIE | 01:04:50 | 02:08:56 | | 03:04:59.40 | 8:48 | 6.8 |
| 3 | BARAN ZENON | 18 | HOMOKOMANDO | WARSZAWA | POL | M-60 | 3 | M 100 | NIE | 01:10:47 | 02:10:51 | | 03:05:09.55 | 8:49 | 6.8 |
| 4 | ODOLCZYK JERZY | 362 | | WARSZAWA | POL | M-60 | 4 | M 115 | NIE | 01:07:12 | 02:11:48 | | 03:09:49.45 | 9:02 | 6.6 |
| 5 | BOROŃ RYSZARD | 50 | | NOWA IWICZNA | POL | M-60 | 5 | M 250 | NIE | 01:27:35 | 02:51:59 | | 04:09:39.60 | 11:53 | 5 |
| 6 | BRZEZIŃSKI ANDRZEJ | 60 | LANRUNS | OLKUSZ | POL | M-60 | 6 | M 261 | NIE | 01:21:12 | 02:58:23 | | 04:17:41.25 | 12:16 | 4.9 |
| 7 | ADAMSKI ADAM | 3 | | BIERUTÓW | POL | M-60 | 7 | M 269 | NIE | 01:16:55 | 03:10:33 | | 04:31:33.55 | 12:55 | 4.6 |