

# ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM

Organizator: Fundacja Maratony Górskie  
Data: 2022-01-22  
Miejsce: Karlów  
Dystans: 21 km  
Klasyfikacja wg czasów netto.



## ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN

| M-ce | Nazwisko i imię          | Nr  | Klub                             | M-scowość           | Kraj | Kat. | M. kat | K/M  | Alpinista | 7km      | 14km        | Netto       | min/km | km/h |
|------|--------------------------|-----|----------------------------------|---------------------|------|------|--------|------|-----------|----------|-------------|-------------|--------|------|
| 1    | JUREK MICHAŁ             | 196 | RMT TEAM PRO                     | WROCŁAW             | POL  | M-30 | 1      | M 1  | NIE       | 00:43:10 | 01:26:09    | 02:05:40.35 | 5:59   | 10   |
| 2    | GORZELAŃCZYK JAKUB       | 142 | MKS SIECHNICE                    | GOŁĘCZEWO           | POL  | M-30 | 2      | M 2  | NIE       | 00:43:32 | 01:27:12    | 02:07:43.15 | 6:04   | 9.9  |
| 3    | KOŚCIUCZYK-MENDYK MICHAŁ | 229 | SPELOCLUB WROCŁAW                | WROCŁAW             | POL  | M-30 | 3      | M 3  | TAK       | 00:47:55 | 01:35:22    | 02:17:56.15 | 6:34   | 9.1  |
| 4    | RUTKOWSKI DAWID          | 431 | GRIZZLYTEAM/140MINUT.PL          | LUBIN               | POL  | M-40 | 1      | M 4  | TAK       | 00:45:55 | 01:35:22    | 02:18:14.60 | 6:34   | 9.1  |
| 5    | BORZYSTOWSKI PATRYK      | 54  | #ZALINIAMETYTEAM                 | NOWA SÓL            | POL  | M-30 | 4      | M 5  | TAK       | 00:48:42 | 01:37:30    | 02:20:11.45 | 6:40   | 9    |
| 6    | GRZESIEK GÓRAL           | 154 | HEEJ HEJ GURALU                  | KRAKÓW SWOSZOWICE   | POL  | M-30 | 5      | M 6  | NIE       | 00:50:01 | 01:37:53    | 02:21:03.65 | 6:43   | 8.9  |
| 7    | ZIOBER ZBIGNIEW          | 571 | EX TEAM                          | WROCŁAW             | POL  | M-30 | 6      | M 7  | NIE       | 00:48:31 | 01:36:55    | 02:23:04.55 | 6:48   | 8.8  |
| 8    | WŁODARCZYK JAROSŁAW      | 541 | KARKONOSZ RUNNING TEAM           | JELEŃ GÓRA          | POL  | M-40 | 2      | M 8  | NIE       | 00:48:51 | 01:38:22    | 02:23:10.70 | 6:49   | 8.8  |
| 9    | ROSKOSZ BARTOSZ          | 425 | JELCZ TRIATHLON PROJECT          | MIEOSZYCE           | POL  | M-30 | 7      | M 9  | TAK       | 00:49:29 | 01:38:35    | 02:25:37.00 | 6:56   | 8.7  |
| 10   | POCIECHA PATRYK          | 401 |                                  | WROCŁAW             | POL  | M-30 | 8      | M 10 | NIE       | 00:49:57 | 01:39:09    | 02:26:06.90 | 6:57   | 8.6  |
| 11   | MAJCHRZAK MACIEJ         | 301 | 140MINUT.PL                      | WROCŁAW             | POL  | M-30 | 9      | M 11 | NIE       | 00:49:18 | 01:40:45    | 02:26:20.80 | 6:58   | 8.6  |
| 12   | GRUND MAREK              | 150 | MAFIA TEAM LUBLINIEC             | STRZEBIŃ            | POL  | M-30 | 10     | M 12 | NIE       | 00:49:28 | 01:40:20    | 02:27:41.75 | 7:01   | 8.5  |
| 13   | PIĄTEK KAROLINA          | 388 |                                  | KRAKÓW              | POL  | K-30 | 1      | K 1  | NIE       | 00:50:54 | 01:41:24    | 02:30:08.20 | 7:08   | 8.4  |
| 14   | ŁOPATYŃSKI IREK          | 291 | REMA SPORT TEAM                  | ŁĄDEK ZDRÓJ         | POL  | M-50 | 1      | M 13 | NIE       | 00:50:18 | 01:41:31    | 02:30:41.00 | 7:10   | 8.4  |
| 15   | DYDA PAWEŁ               | 113 | VEGE KACAP                       | KAMIENNA GÓRA       | POL  | M-40 | 3      | M 14 | NIE       | 00:49:33 | 01:39:41    | 02:31:15.95 | 7:12   | 8.3  |
| 16   | TOKARSKI JOACHIM         | 501 | KUDOWIANKA RUN                   | KUDOWA-ZDRÓJ        | POL  | M-40 | 4      | M 15 | NIE       | 01:14:50 |             | 02:33:51.25 | 7:19   | 8.2  |
| 17   | GEZELA MARIUSZ           | 134 | EUFORIA BIEGACZA TEAM            | POZNAŃ              | POL  | M-40 | 5      | M 16 | NIE       | 00:51:06 | 01:44:19    | 02:34:12.35 | 7:20   | 8.2  |
| 18   | WRZESIŃSKI MICHAŁ        | 550 | KSG DIRETA/SKLEP GÓRSKI TATERNIK | GNIEZNO             | POL  | M-30 | 11     | M 17 | TAK       | 00:54:07 | 01:46:53    | 02:35:14.50 | 7:23   | 8.1  |
| 19   | JABŁOŃSKI PAWEŁ          | 170 | KUDOWIANKA RUN                   | KUDOWA-ZDRÓJ        | POL  | M-40 | 6      | M 18 | NIE       | 00:54:04 | 01:46:59    | 02:36:06.95 | 7:26   | 8.1  |
| 20   | SAJDUDA ADAM             | 436 |                                  | WROCŁAW             | POL  | M-20 | 1      | M 19 | NIE       | 00:51:45 | 01:45:55    | 02:36:22.60 | 7:26   | 8.1  |
| 21   | FRANKIEWICZ ARTUR        | 127 |                                  | GLIWICE             | POL  | M-30 | 12     | M 20 | TAK       | 00:56:14 | 01:49:41    | 02:37:21.10 | 7:29   | 8    |
| 22   | PLONOWSKI MACIEJ         | 400 | PSZCZÓŁKOWSKI TEAM               | WROCŁAW             | POL  | M-30 | 13     | M 21 | NIE       | 00:54:34 | 01:48:46    | 02:37:42.80 | 7:30   | 8    |
| 23   | BIAŁEK BEATA             | 30  | KB HERMES                        | ŻARCZYŃ             | POL  | K-40 | 1      | K 2  | NIE       | 01:47:17 | 02:37:53.25 | 7:31        | 8      |      |
| 24   | KRAJEWSKI WOJTEK         | 238 |                                  | KONSTANTYNÓW ŁÓDZKI | POL  | M-50 | 2      | M 22 | NIE       | 00:55:36 | 01:49:27    | 02:38:11.50 | 7:31   | 8    |
| 25   | BAŁYS KATARZYNA          | 17  | HERCOG RUNNING TEAM              | STRONIE ŚLĄSKIE     | POL  | K-30 | 2      | K 3  | NO        | 00:52:49 | 01:46:20    | 02:38:11.70 | 7:31   | 8    |
| 26   | NOWACKI MATEUSZ          | 352 | PRZEDWOJEWSKI TEAM               | STRONIE ŚLĄSKIE     | POL  | M-30 | 14     | M 23 | NIE       | 00:50:28 | 01:42:43    | 02:38:42.15 | 7:33   | 7.9  |
| 27   | DU CZMAL DOMINIKA        | 109 | 140 MINUT                        | JELEŃ GÓRA          | POL  | K-20 | 1      | K 4  | NIE       | 00:54:13 | 01:48:18    | 02:38:44.70 | 7:33   | 7.9  |
| 28   | MIŚTAK JOLA              | 330 |                                  | OŁAWA               | POL  | K-30 | 3      | K 5  | NIE       | 00:57:55 | 01:50:47    | 02:39:12.65 | 7:34   | 7.9  |
| 29   | ŁUKASIK MARCIN           | 293 | BIEGNIJ OŁAWO                    | OŁAWA               | POL  | M-40 | 7      | M 24 | NIE       | 00:55:50 | 01:48:40    | 02:39:24.85 | 7:35   | 7.9  |
| 30   | BERNAT KATARZYNA         | 28  | BIEGOWA ŚWIDNICA                 | ŚWIDNICA            | POL  | K-50 | 1      | K 6  | NIE       | 00:54:27 | 01:48:53    | 02:39:27.65 | 7:35   | 7.9  |
| 31   | BOSAKIEWICZ TOMASZ       | 55  | OLAWS                            | ZŁOTORYJA           | POL  | M-30 | 15     | M 25 | NIE       | 00:54:23 | 01:50:08    | 02:41:17.95 | 7:40   | 7.8  |
| 32   | KUŹMIŃSKI PIOTR          | 271 | AGB TORFY                        | ALEKSANDRÓW ŁÓDZKI  | POL  | M-40 | 8      | M 26 | NIE       | 00:55:59 | 01:51:22    | 02:41:55.10 | 7:42   | 7.8  |
| 33   | KRAWCZYK ADRIANA         | 242 |                                  | CHOCIANÓW           | POL  | K-30 | 4      | K 7  | NIE       | 00:55:13 | 01:50:57    | 02:42:19.65 | 7:43   | 7.8  |
| 34   | MICHAŁSKI PIOTR          | 324 |                                  | WROCŁAW             | POL  | M-30 | 16     | M 27 | NIE       | 00:56:13 | 01:50:34    | 02:42:37.70 | 7:44   | 7.7  |
| 35   | ŚNIEŻYŃSKI ROBERT        | 493 |                                  | SADKÓW              | POL  | M-30 | 17     | M 28 | NIE       | 00:59:46 | 01:54:36    | 02:42:45.60 | 7:45   | 7.7  |
| 36   | ORACZ MATEUSZ            | 370 | BEZ LITOŚCI                      | ZALASEWO            | POL  | M-30 | 18     | M 29 | NIE       | 00:56:25 | 01:53:49    | 02:43:19.85 | 7:46   | 7.7  |
| 37   | SANKOWSKI PAWEŁ          | 438 | PLACKI TEAM                      | WOJCIECHOWICE       | POL  | M-30 | 19     | M 30 | NIE       | 00:56:44 | 01:52:38    | 02:43:31.70 | 7:47   | 7.7  |
| 38   | HARĘŻLAK KRZYSZTOF       | 159 | KS ULTRA TEAM ŁÓDŹ & AGB TORFY   | ŁÓDŹ                | POL  | M-40 | 9      | M 31 | NIE       | 00:56:43 | 01:51:29    | 02:44:26.05 | 7:49   | 7.7  |
| 39   | MAJCHRZAK BARTOSZ        | 300 | PKO BANK POLSKI                  | POZNAŃ              | POL  | M-30 | 20     | M 32 | NIE       | 00:56:42 | 01:53:52    | 02:45:02.50 | 7:51   | 7.6  |
| 40   | ZERZUT JAROSŁAW          | 565 | FARTY PUSZCZY                    | SZCZECIN            | POL  | M-50 | 3      | M 33 | NIE       | 00:57:34 | 01:54:42    | 02:45:04.00 | 7:51   | 7.6  |
| 41   | CIĘŻKI KONRAD            | 89  | EVERRUN                          | ŁÓDŹ                | POL  | M-30 | 21     | M 34 | NIE       | 00:58:22 | 01:54:52    | 02:45:24.40 | 7:52   | 7.6  |
| 42   | MATUSZEWSKI MAREK        | 317 | RUNNER'S POWER ŚREM              | ŚREM                | POL  | M-50 | 4      | M 35 | NIE       | 00:55:31 | 01:52:52    | 02:45:40.70 | 7:53   | 7.6  |
| 43   | AUGUST KAJETAN           | 9   |                                  | CZELADŹ             | POL  | M-20 | 2      | M 36 | NIE       | 00:56:39 | 01:53:27    | 02:46:22.30 | 7:55   | 7.6  |
| 44   | HAJDA JUSTYNA            | 158 | MAFIA TEAM LUBLINIEC             | RADZIONKÓW          | POL  | K-20 | 2      | K 8  | NIE       | 00:58:11 | 01:56:44    | 02:46:24.15 | 7:55   | 7.6  |
| 45   | ŁUKOMSKI MACIEJ          | 294 | ŁÓDZKI KLUB WYSOKOGÓRSKI         | ŁÓDŹ                | POL  | M-40 | 10     | M 37 | TAK       | 00:56:59 | 01:54:26    | 02:46:24.80 | 7:55   | 7.6  |
| 46   | GULCZYŃSKI TOMASZ        | 156 |                                  | ZIELONKA            | POL  | M-30 | 22     | M 38 | NIE       | 00:56:32 | 01:53:47    | 02:46:26.15 | 7:55   | 7.6  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr  | Klub                                    | M-scowość         | Kraj | Kat. | M. kat | K/M  | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|---------------------------|-----|---|-------------------|------|------|--------|------|-----------|----------|----------|-------------|--------|------|
| 47   | LEŚNIAK KAROLINA          | 276 | FUNTRI                                  | WROCŁAW           | POL  | K-30 | 5      | K 9  | NIE       | 00:58:08 | 01:55:28 | 02:46:27.20 | 7:55   | 7.6  |
| 48   | RÓŻAŁSKI IRENEUSZ         | 427 | BIEGNIJ OŁAWO                           | OŁAWA             | POL  | M-50 | 5      | M 39 | NIE       | 00:00:37 | 01:51:52 | 02:46:39.35 | 7:56   | 7.6  |
| 49   | ŁĄŻNIEWSKI DAWID          | 288 | KUDOWIANKA RUN                          | KUDOWA ZDRÓJ      | POL  | M-30 | 23     | M 40 | NIE       | 00:55:10 | 01:53:18 | 02:46:46.90 | 7:56   | 7.6  |
| 50   | LUBAŃSKI MATEUSZ          | 283 | KS BARYCZ MILICZ                        | DĘGOLĘKA          | AFG  | M-30 | 24     | M 41 | NIE       | 00:57:01 | 01:54:22 | 02:46:47.70 | 7:56   | 7.6  |
| 51   | MICHAŁKIEWICZ WOJCIECH    | 325 |   | WROCŁAW           | POL  | M-50 | 6      | M 42 | NIE       | 00:57:10 | 01:53:27 | 02:47:31.30 | 7:58   | 7.5  |
| 52   | SKAŁSKI RADOŚLAW          | 447 | KB AKTYWNI KONIN                        | KONIN             | POL  | M-50 | 7      | M 43 | NIE       | 00:55:28 | 01:50:43 | 02:47:44.60 | 7:59   | 7.5  |
| 53   | TOŚ SEBASTIAN             | 503 |   | CHRZĄSTAWA WIELKA | POL  | M-40 | 11     | M 44 | NIE       | 00:58:14 | 01:56:14 | 02:47:57.00 | 7:59   | 7.5  |
| 54   | PERZ EMILIA               | 584 |   | BUKOWIEC          |      | K-30 | 6      | K 10 |           | 01:06:42 | 02:00:15 | 02:47:57.10 | 7:59   | 7.5  |
| 55   | KRUPA MARCIN              | 246 | AKTYWNA NOWA RUDA                       | NOWA RUDA         | POL  | M-40 | 12     | M 45 | NIE       | 00:53:14 | 01:52:59 | 02:48:34.90 | 8:01   | 7.5  |
| 56   | SŁYSZ SZYMON              | 453 | NSK RUNS                                | WAŁBRZYCH         | POL  | M-40 | 13     | M 46 | NIE       | 00:53:57 | 01:51:33 | 02:48:56.50 | 8:02   | 7.5  |
| 57   | CZERNIK JUDYTA            | 94  | 42K PRO TEAM                            | ZABRZE            | POL  | K-30 | 7      | K 11 | NIE       | 00:57:12 | 01:55:26 | 02:49:04.15 | 8:03   | 7.5  |
| 58   | WINTER PIOTR              | 538 | NIGHT RUNNERS                           | CHOMĘCICE         | POL  | M-30 | 25     | M 47 | NIE       | 00:59:00 | 01:56:11 | 02:49:05.05 | 8:03   | 7.5  |
| 59   | KOZAK ROBERT              | 235 | RONAL POLSKA RUN                        | WAŁBRZYCH         | POL  | M-40 | 14     | M 48 | NIE       | 00:47:31 | 01:34:55 | 02:49:21.45 | 6:38   | 9    |
| 60   | TYŚ RADEK                 | 515 | NOWA RUDA BIEGA                         | NOWA RUDA         | POL  | M-30 | 26     | M 49 | NIE       | 00:56:39 | 01:53:36 | 02:49:35.80 | 8:04   | 7.4  |
| 61   | SZCZĘŚNIAK PIOTR          | 479 | GVT                                     | STRZELIN          | POL  | M-40 | 15     | M 50 | NIE       | 00:48:31 | 01:40:17 | 02:49:41.20 | 7:07   | 8.4  |
| 62   | KRUŻOŁEK MONIKA           | 249 | TURBOPTYSIE                             | RADKÓW            | POL  | K-30 | 8      | K 12 | NIE       | 00:59:42 | 01:57:23 | 02:49:47.65 | 8:05   | 7.4  |
| 63   | SZALA KRZYSZTOF           | 476 | 80DNI.PL                                | ŁAZISKA GÓRNE     | POL  | M-30 | 27     | M 51 | NIE       | 01:00:21 | 01:58:21 | 02:50:16.65 | 8:06   | 7.4  |
| 64   | KRAWCZYK KAROLINA         | 243 | INOV-8 TEAM                             | WARSZAWA          | POL  | K-30 | 9      | K 13 | NIE       | 00:58:17 | 01:56:38 | 02:50:32.75 | 8:07   | 7.4  |
| 65   | TRZECIAKIEWICZ MIECZYSLAW | 507 | INŻYNIERIA BIEGANIA                     | MYSŁOWICE         | POL  | M-50 | 8      | M 52 | TAK       | 00:53:41 | 01:49:12 | 02:50:36.25 | 7:38   | 7.8  |
| 66   | WEINERT ARTUR             | 529 | RUNNER'S POWER                          | ŚREM              | POL  | M-40 | 16     | M 53 | NIE       | 00:59:11 | 01:57:01 | 02:50:47.95 | 8:07   | 7.4  |
| 67   | KOLANKO SYLWIA            | 215 | NYSA BIEGA                              | NYSA              | POL  | K-30 | 10     | K 14 | NIE       | 00:58:16 | 01:56:17 | 02:50:52.25 | 8:08   | 7.4  |
| 68   | SZOPA MAREK               | 484 | TEAM KOPEĆ                              | GORZÓW WLKP.      | POL  | M-40 | 17     | M 54 | NIE       | 01:01:48 | 02:00:05 | 02:51:48.85 | 8:10   | 7.3  |
| 69   | JONCA MICHAŁ              | 192 |   | WROCŁAW           | POL  | M-20 | 3      | M 55 | NIE       | 01:03:20 | 02:01:27 | 02:51:58.05 | 8:11   | 7.3  |
| 70   | MAJEWSKA AGATA            | 304 |   | WROCŁAW           | POL  | K-40 | 2      | K 15 | NIE       | 00:58:41 | 01:56:36 | 02:52:26.05 | 8:12   | 7.3  |
| 71   | ANTOSIAK TOMASZ           | 7   | FUNTRI                                  | WROCŁAW           | POL  | M-40 | 18     | M 56 | NIE       | 01:02:38 | 02:01:54 | 02:52:27.05 | 8:12   | 7.3  |
| 72   | STANUCHIEWICZ OSKAR       | 463 |   | CZEŚTOCHOWA       | POL  | M-40 | 19     | M 57 | NIE       | 00:56:18 | 01:54:48 | 02:52:30.40 | 8:12   | 7.3  |
| 73   | ZAWOJAK ALEKSANDER        | 561 | RONAL POLSKA RUN                        | WAŁBRZYCH         | POL  | M-30 | 28     | M 58 | NIE       | 00:59:54 | 01:54:15 | 02:52:51.35 | 8:13   | 7.3  |
| 74   | KRYM KATARZYNA            | 250 | HERCOGRUNNINGTEAM/NIGHT RUNNERS WROCŁAW | SMOLEC            | POL  | K-40 | 3      | K 16 | NIE       | 01:00:52 |          | 02:52:57.20 | 8:14   | 7.3  |
| 75   | CHOJNACKA MARTA           | 77  |   | LUBIN             | POL  | K-30 | 11     | K 17 | NIE       | 01:01:54 | 02:01:27 | 02:53:10.95 | 8:14   | 7.3  |
| 76   | ZIMNY TOMASZ              | 570 | FARTY PUSZCZY                           | SZCZECIN          | POL  | M-60 | 1      | M 59 | NIE       | 01:01:36 | 02:00:22 | 02:53:13.85 | 8:14   | 7.3  |
| 77   | WICHA MAŁGORZATA          | 535 | WKS WAWEL                               | KRAKÓW            | POL  | K-30 | 12     | K 18 | NIE       | 00:59:43 | 01:58:53 | 02:53:21.35 | 8:15   | 7.3  |
| 78   | KARASIAK PIOTR            | 204 |   | WROCŁAW           | POL  | M-30 | 29     | M 60 | NIE       | 00:55:54 | 01:57:06 | 02:53:22.45 | 8:15   | 7.3  |
| 79   | ZARODA ZBIGNIEW           | 558 | ALOHA DZIKU!                            | KONIN             | POL  | M-50 | 9      | M 61 | NIE       | 01:01:03 | 02:00:25 | 02:53:50.05 | 8:16   | 7.2  |
| 80   | FERENC-SZMUC EDYTA        | 119 | KUDOWIANKA RUN                          | LEWIN KŁODZKI     | POL  | K-30 | 13     | K 19 | NIE       | 00:58:53 | 01:59:58 | 02:54:08.95 | 8:17   | 7.2  |
| 81   | TUNDAK ZUZANNA            | 510 |   | POZNAŃ            | POL  | K-30 | 14     | K 20 | NIE       | 00:59:43 | 01:58:17 | 02:54:40.40 | 8:19   | 7.2  |
| 82   | ROŚLICKI JAROSŁAW         | 426 | UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI   | OZOROWICE         | POL  | M-40 | 20     | M 62 | NIE       | 00:55:27 | 01:53:10 | 02:54:55.95 | 8:19   | 7.2  |
| 83   | ZAMBRZYCKA-ROZNER EWA     | 581 |   | PIASECZNO         | POL  | K-30 | 15     | K 21 | NIE       | 01:01:31 | 02:00:52 | 02:55:17.85 | 8:20   | 7.2  |
| 84   | MACIEJEWSKI KAROL         | 297 | FUNTRI                                  | NADOLICE WIELKIE  | POL  | M-40 | 21     | M 63 | NIE       | 00:59:20 | 01:58:35 | 02:55:27.05 | 8:21   | 7.2  |
| 85   | GNITECKA KATARZYNA        | 139 | KUDOWIANKA RUN                          | KUDOWA ZDRÓJ      | POL  | K-30 | 16     | K 22 | NIE       | 01:00:57 | 02:00:28 | 02:55:34.05 | 8:21   | 7.2  |
| 86   | SZYMBORSKA MONIKA         | 489 |   | WARSZAWA          | POL  | K-40 | 4      | K 23 | NIE       | 00:58:30 | 01:59:24 | 02:55:36.85 | 8:21   | 7.2  |
| 87   | GRZESIAK GRZEGORZ         | 153 | BIEGNIJ OŁAWO                           | OŁAWA             | POL  | M-30 | 30     | M 64 | NIE       | 00:57:12 | 01:59:06 | 02:55:37.80 | 8:21   | 7.2  |
| 88   | FEICHTINGER MAREK         | 118 |   | ŻORY              | POL  | M-40 | 22     | M 65 | TAK       | 01:01:03 | 02:00:59 | 02:55:54.20 | 8:22   | 7.2  |
| 89   | FOLCIK ZIEMOWIT           | 126 |   | WROCŁAW           | POL  | M-40 | 23     | M 66 | NIE       | 01:02:04 | 02:02:41 | 02:55:57.85 | 8:22   | 7.2  |
| 90   | LACHOWSKI ROBERT          | 272 | ROSSMANN                                | ŁÓDŹ              | POL  | M-30 | 31     | M 67 | NIE       | 01:01:27 | 02:01:30 | 02:56:34.30 | 8:24   | 7.1  |
| 91   | MÓLL MATEUSZ              | 335 | #SOBASTEAM                              | WROCŁAW           | POL  | M-30 | 32     | M 68 | NIE       | 00:55:03 | 01:56:34 | 02:56:41.85 | 8:24   | 7.1  |
| 92   | MRÓZ MARCIN               | 339 | DZIKIE BOBRY                            | ZALASEWO          | POL  | M-40 | 24     | M 69 | NIE       | 01:00:43 | 02:02:40 | 02:57:28.15 | 8:27   | 7.1  |
| 93   | SZYMCZYSZYN TOMASZ        | 491 |   | WROCŁAW           | POL  | M-40 | 25     | M 70 | NIE       | 01:05:31 | 02:03:34 | 02:57:33.25 | 8:27   | 7.1  |
| 94   | HOSS JAN                  | 166 |   | WARSZAWA          | POL  | M-40 | 26     | M 71 |           | 01:03:46 | 02:05:57 | 02:58:05.65 | 8:28   | 7.1  |
| 95   | URBAŃSKI MICHAŁ           | 517 |   | WROCŁAW           | POL  | M-30 | 33     | M 72 | NIE       | 01:00:38 | 02:01:54 | 02:58:06.80 | 8:28   | 7.1  |
| 96   | KRZYWDZIŃSKI BARTŁOMIEJ   | 255 |   | BOLESŁAWIEC       | POL  | M-40 | 27     | M 73 | NIE       | 00:59:55 | 02:00:49 | 02:58:24.20 | 8:29   | 7.1  |
| 97   | SZYMAŃSKI MARCIN          | 487 | BIEGNIJ OŁAWO                           | GODZIKOWICE       | POL  | M-40 | 28     | M 74 | NIE       | 01:00:57 | 02:05:21 | 02:58:45.00 | 8:30   | 7    |
| 98   | GAWRON TOMASZ             | 131 |   | LUBSKO            | POL  | M-40 | 29     | M 75 | TAK       | 01:04:03 | 02:06:22 | 02:59:04.60 | 8:31   | 7    |
| 99   | DZIAŁDOWSKI DAMIAN        | 114 | AKADEMIA WOJSK ŁĄDOWYCH                 | TORUŃ             | POL  | M-20 | 4      | M 76 | NIE       | 00:59:49 |          | 02:59:29.85 | 8:32   | 7    |
| 100  | BERNAT ARKADIUSZ          | 29  | BIEGOWA ŚWIDNICA                        | ŚWIDNICA          | POL  | M-50 | 10     | M 77 | NIE       | 01:02:10 | 02:05:21 | 02:59:37.95 | 8:33   | 7    |
| 101  | LESZCZYŃSKI MICHAŁ        | 274 | SHT                                     | DESZCZNO          | POL  | M-40 | 30     | M 78 | NIE       | 01:02:36 | 02:07:28 | 02:59:50.40 | 8:33   | 7    |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                              | M-scowość              | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|--------------------------------|-----|-----------------------------------|------------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 102  | JAKUS MICHAŁ                   | 176 | OTM.B                             | NYSA                   | POL  | M-30 | 34     | M 79  | NIE       | 00:59:51 | 02:00:24 | 03:01:05.90 | 8:37   | 7    |
| 103  | BUDYCH AREK                    | 62  | WRONKI                            | WRONKI                 | POL  | M-40 | 31     | M 80  | NIE       | 01:03:42 | 02:06:20 | 03:01:11.50 | 8:37   | 7    |
| 104  | BIEŃ MAGDALENA                 | 37  | POZNAŃ                            | POZNAŃ                 | POL  | K-40 | 5      | K 24  |           | 01:01:30 | 02:04:30 | 03:01:15.80 | 8:37   | 7    |
| 105  | BIECUSZEK TOMASZ               | 32  | AKTYWNA NOWA RUDA                 | NOWA RUDA              | POL  | M-40 | 32     | M 81  | NIE       | 00:59:52 | 02:03:13 | 03:01:40.65 | 8:39   | 6.9  |
| 106  | CHMIELEWSKI GRZEGORZ           | 75  | FUNTRI                            | SUCHY DWÓR/K WROCŁAWIA | POL  | M-40 | 33     | M 82  |           | 01:05:16 | 02:05:16 | 03:01:52.70 | 8:39   | 6.9  |
| 107  | HETMAŃCZYK JAKUB               | 160 | XIN CHAO                          | KATOWICE               | POL  | M-30 | 35     | M 83  | TAK       | 01:00:12 | 02:03:06 | 03:02:07.55 | 8:40   | 6.9  |
| 108  | RATAJCZAK ŁUKASZ               | 415 | NIGHT RUNNERS                     | MOSINA                 | POL  | M-40 | 34     | M 84  | YES       | 01:04:00 | 02:04:52 | 03:02:15.40 | 8:40   | 6.9  |
| 109  | GÓRNY ROBERT                   | 148 | TIM JEST TIM                      | OZIMEK                 | POL  | M-40 | 35     | M 85  | NIE       | 00:59:11 | 02:01:02 | 03:02:33.45 | 8:41   | 6.9  |
| 110  | PIECUCH KAROLINA               | 391 | KRAKÓW                            | KRAKÓW                 | POL  | K-30 | 17     | K 25  | NIE       | 01:03:22 | 02:06:08 | 03:02:34.35 | 8:41   | 6.9  |
| 111  | PALACZ MARCIN                  | 376 | BRZEG                             | BRZEG                  | POL  | M-40 | 36     | M 86  | NIE       | 01:01:34 | 02:05:51 | 03:03:02.85 | 8:42   | 6.9  |
| 112  | PAWLAK MACIEJ                  | 381 | 3 TEAM KONIN/MPEC - KONIN         | KONIN                  | POL  | M-50 | 11     | M 87  | NIE       | 01:01:16 | 02:05:56 | 03:03:04.50 | 8:43   | 6.9  |
| 113  | MÓLL KACPER                    | 337 | WROCŁAW                           | WROCŁAW                | POL  | M-20 | 5      | M 88  | NIE       | 01:00:43 | 02:06:03 | 03:03:26.70 | 8:44   | 6.9  |
| 114  | NOWAK MARCIN                   | 354 | TIMJESTTIM                        | KRASIEJÓW              | POL  | M-30 | 36     | M 89  | NIE       | 01:04:24 | 02:06:46 | 03:03:48.25 | 8:45   | 6.9  |
| 115  | KALINOWSKI GRZEGORZ            | 583 | GUT                               | MISZNA MAŁA            | POL  | M-40 | 37     | M 90  |           | 01:02:51 | 02:04:46 | 03:03:51.35 | 8:45   | 6.9  |
| 116  | MOREVA DARIA                   | 334 | TRAIL RUNNING SCHOOL              | WROCŁAW                | POL  | K-30 | 18     | K 26  | NO        | 01:04:30 | 02:08:12 | 03:03:55.85 | 8:45   | 6.9  |
| 117  | MARZEC KAROLINA                | 314 | DZIKIE DZIKI GORZÓW               | DESZCZNO               | POL  | K-40 | 6      | K 27  | NIE       | 01:01:46 | 01:59:55 | 03:03:56.80 | 8:46   | 7.2  |
| 118  | PIETRZYK TOMASZ                | 392 | 140MINUT.PL                       | ŚWIDNICA               | POL  | M-40 | 38     | M 91  | NIE       | 01:01:48 | 02:03:38 | 03:04:01.15 | 8:45   | 6.8  |
| 119  | RELIGA ANDRZEJ                 | 417 | HECZARNOWICE                      | HECZARNOWICE           | POL  | M-40 | 39     | M 92  | NO        | 00:59:16 | 02:03:40 | 03:04:12.10 | 8:46   | 6.8  |
| 120  | PANZ KRZYSZTOF                 | 379 | KLESZCZÓW                         | KLESZCZÓW              | POL  | M-30 | 37     | M 93  | TAK       | 01:01:08 | 02:04:31 | 03:04:12.95 | 8:46   | 6.8  |
| 121  | POŁCZYŃSKI PAWEŁ               | 407 | STALOWA ŁYDA                      | CEREKWICA              | POL  | M-30 | 38     | M 94  | NIE       | 01:01:22 | 02:04:36 | 03:04:19.15 | 8:46   | 6.8  |
| 122  | MICHAŁAK PIOTR                 | 322 | POZNAŃ                            | POZNAŃ                 | POL  | M-40 | 40     | M 95  | NIE       | 01:03:35 | 02:04:16 | 03:04:20.75 | 8:46   | 6.8  |
| 123  | HOJAN ŁUKASZ                   | 164 | CHOMECICE                         | CHOMECICE              | POL  | M-30 | 39     | M 96  | NIE       | 01:05:08 | 02:08:12 | 03:04:47.75 | 8:47   | 6.8  |
| 124  | MADERA MICHAŁ                  | 298 | LECIMY TUTAJ                      | WROCŁAW                | POL  | M-30 | 40     | M 97  | NIE       | 00:59:54 | 02:04:43 | 03:04:49.20 | 8:48   | 6.8  |
| 125  | ZIELIŃSKI DOMINIK              | 568 | ŚREM                              | ŚREM                   | POL  | M-30 | 41     | M 98  | NIE       | 01:03:56 | 02:08:01 | 03:04:51.05 | 8:48   | 6.8  |
| 126  | TURLEJ DARIUSZ                 | 513 | WARSZAWA                          | WARSZAWA               | POL  | M-60 | 2      | M 99  | NIE       | 01:04:50 | 02:08:56 | 03:04:59.40 | 8:48   | 6.8  |
| 127  | BARAN ZENON                    | 18  | HOMOKOMANDO                       | WARSZAWA               | POL  | M-60 | 3      | M 100 | NIE       | 01:10:47 | 02:10:51 | 03:05:09.55 | 8:49   | 6.8  |
| 128  | ZAŁUSTOWICZ MACIEJ ZAŁUSTOWICZ | 556 | WROCŁAW                           | WROCŁAW                | POL  | M-40 | 41     | M 101 | NIE       | 01:02:33 | 02:06:14 | 03:06:12.95 | 8:52   | 6.8  |
| 129  | OLEJNIK MARCIN                 | 367 | CSIR AGATSU                       | ŻERNIKI WROCŁAWSKIE    | POL  | M-40 | 42     | M 102 | NIE       | 01:03:46 | 02:06:24 | 03:06:15.35 | 8:52   | 6.8  |
| 130  | KŁACZYŃSKA DANUTA              | 211 | FARTY PUSZCZY                     | SZCZECIN               | POL  | K-40 | 7      | K 28  | NIE       | 01:01:44 | 02:01:33 | 03:06:15.85 | 8:53   | 7.1  |
| 131  | ZATOŃ ADRIAN                   | 559 | WROCŁAW                           | WROCŁAW                | POL  | M-40 | 43     | M 103 | YES       | 01:08:12 | 02:11:45 | 03:07:06.50 | 8:54   | 6.7  |
| 132  | DATA MAREK                     | 100 | KUGUAR XTREME RUNNERS             | STRONIE ŚLĄSKIE        | POL  | M-30 | 42     | M 104 | NIE       | 01:01:14 | 02:07:39 | 03:07:13.60 | 8:54   | 6.7  |
| 133  | STACHURSKA ILONA               | 460 | KUGUAR XTREME RUNNERS             | PRUSZKÓW               | POL  | K-30 | 19     | K 29  | NIE       | 01:01:16 | 02:07:40 | 03:07:13.75 | 8:54   | 6.7  |
| 134  | WARMUŁA PIOTR                  | 525 | FUNTRI                            | PEŁCZYCE               | POL  | M-40 | 44     | M 105 | NIE       | 01:04:32 | 02:06:36 | 03:07:16.20 | 8:55   | 6.7  |
| 135  | WEYNA RAFAŁ                    | 533 | BIAŁY DOMEK BIEGA                 | KICIN                  | POL  | M-40 | 45     | M 106 | TAK       | 01:02:59 | 02:07:18 | 03:07:23.55 | 8:55   | 6.7  |
| 136  | ŁOPATYŃSKA-HUBER JULITA        | 290 | KUDOWIANKA RUN                    | KUDOWA-ZDRÓJ           | POL  | K-40 | 8      | K 30  | NIE       | 01:02:44 | 02:07:02 | 03:07:36.95 | 8:56   | 6.7  |
| 137  | KRYSIŃSKI MACIEJ               | 251 | DABROWA                           | DABROWA                | POL  | M-30 | 43     | M 107 | NIE       | 01:02:28 | 02:07:15 | 03:07:49.00 | 8:56   | 6.7  |
| 138  | KACZMAREK KAROL                | 199 | ROZBIEGANY RAWICZ AKUNA RUN       | RAWICZ                 | POL  | M-40 | 46     | M 108 | NIE       | 01:05:47 | 02:09:55 | 03:08:35.25 | 8:58   | 6.7  |
| 139  | LUBIK ADAM                     | 285 | POZNAŃ                            | POZNAŃ                 | POL  | M-30 | 44     | M 109 | TAK       | 01:05:42 | 02:12:21 | 03:09:02.30 | 9:00   | 6.7  |
| 140  | BIAŁEK PAWEŁ                   | 31  | KB HERMES GRYFINO                 | SZCZECIN               | POL  | M-30 | 45     | M 110 | TAK       | 01:07:05 | 02:12:52 | 03:09:05.65 | 9:00   | 6.7  |
| 141  | DĄBKIEWICZ DOMINIKA            | 101 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI    | POL  | K-40 | 9      | K 31  | NIE       | 01:05:49 | 02:08:29 | 03:09:09.30 | 9:00   | 6.7  |
| 142  | PAPROCKI MICHAŁ                | 380 | CZELADŹ                           | CZELADŹ                | POL  | M-30 | 46     | M 111 | NIE       | 00:58:16 | 02:01:58 | 03:09:26.75 | 9:01   | 6.7  |
| 143  | ŁAMPIKA KINGA                  | 287 | NIGHT RUNNERS WROCŁAW             | SMOLEC                 | POL  | K-40 | 10     | K 32  | NIE       | 01:05:26 | 02:11:24 | 03:09:34.55 | 9:01   | 6.6  |
| 144  | PODEJMA GRZEGORZ               | 403 | SWARZĘDZ                          | SWARZĘDZ               | POL  | M-40 | 47     | M 112 | NIE       | 01:04:11 | 02:08:49 | 03:09:34.85 | 9:01   | 6.6  |
| 145  | GALIŃSKI KAMIL                 | 130 | KRĘPICE                           | KRĘPICE                | POL  | M-30 | 47     | M 113 | NIE       | 01:04:36 | 02:09:51 | 03:09:35.25 | 9:01   | 6.6  |
| 146  | SAMBORSKI BARTOSZ              | 437 | WARSZAWA                          | WARSZAWA               | POL  | M-40 | 48     | M 114 | NIE       | 01:03:35 | 02:04:50 | 03:09:37.05 | 8:33   | 7    |
| 147  | ODOLCZYK JERZY                 | 362 | WARSZAWA                          | WARSZAWA               | POL  | M-60 | 4      | M 115 | NIE       | 01:07:12 | 02:11:48 | 03:09:49.45 | 9:02   | 6.6  |
| 148  | PURCZYŃSKI GRZEGORZ            | 412 | ZIELONA GÓRA                      | ZIELONA GÓRA           | POL  | M-40 | 49     | M 116 | NIE       | 01:04:23 | 02:11:09 | 03:10:18.75 | 9:03   | 6.6  |
| 149  | BOHAREWICZ PAWEŁ               | 44  | BOHAR PALETY                      | ZIELONA GÓRA           | POL  | M-40 | 50     | M 117 | NIE       | 01:07:53 | 02:11:07 | 03:10:34.20 | 9:04   | 6.6  |
| 150  | GÓRNIŚWIEWICZ ROLAND           | 147 | TEAM LIVER                        | GDÓW                   | POL  | M-20 | 6      | M 118 | NIE       | 00:58:26 | 02:03:09 | 03:10:52.70 | 9:05   | 6.6  |
| 151  | BIEL ŁUKASZ                    | 35  | WARSZAWA                          | WARSZAWA               | POL  | M-30 | 48     | M 119 | NIE       | 01:11:02 | 02:15:58 | 03:11:49.00 | 9:08   | 6.6  |
| 152  | FLASZEWSKI ADAM                | 125 | SPORTOWY KAŻMIERZ                 | RADZYNY                | POL  | M-30 | 49     | M 120 | NIE       | 01:02:18 | 02:03:36 | 03:11:54.30 | 8:39   | 6.9  |
| 153  | TWARDOWSKI KRZYSZTOF           | 514 | AMATOR                            | WROCŁAW                | POL  | M-50 | 12     | M 121 | NIE       | 01:08:24 | 02:13:15 | 03:12:01.35 | 9:08   | 6.6  |
| 154  | ANDROS AGATA                   | 4   | BIEGNIJ OŁAWO                     | OŁAWA                  | POL  | K-30 | 20     | K 33  | NIE       | 01:08:06 | 02:15:25 | 03:12:04.60 | 9:08   | 6.6  |
| 155  | BUŁAJEWSKA-OZGA KINGA          | 67  | BIEGNIJ OŁAWO                     | OŁAWA                  | AFG  | K-30 | 21     | K 34  | NIE       | 01:08:29 | 02:15:37 | 03:12:13.05 | 9:09   | 6.6  |
| 156  | SZNAJDER PAWEŁ                 | 483 | BUBBA@GUMP                        | WAŁBRZYCH              | POL  | M-40 | 51     | M 122 | NIE       | 01:01:08 | 02:06:28 | 03:12:16.40 | 9:09   | 6.6  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub   | M-scowość           | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|--------------------------|-----|--|---------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 157  | GINTER GRZEGORZ          | 137 | AZS COLLEGIUM MEDICUM UJ                     | KRAKÓW              | POL  | M-30 | 50     | M 123 | NIE       | 01:06:20 | 02:11:46 | 03:12:27.70 | 9:09   | 6.5  |
| 158  | BUSZ RAFAŁ               | 70  | BIEGNIJ OŁAWO                                | OŁAWA               | POL  | M-40 | 52     | M 124 | NIE       | 01:08:13 | 02:15:33 | 03:12:34.25 | 9:10   | 6.5  |
| 159  | KORYTEK PIOTR            | 228 | ATR  | WITKOWO             | POL  | M-40 | 53     | M 125 | NIE       | 01:02:18 | 02:09:24 | 03:12:53.30 | 9:11   | 6.5  |
| 160  | SPLAWSKI MICHAŁ          | 457 | MSERWIS.PL                                   | WROCŁAW             | POL  | M-40 | 54     | M 126 | NIE       | 01:04:28 | 02:13:11 | 03:13:02.70 | 9:11   | 6.5  |
| 161  | JELONEK PIOTR            | 188 | FUNTRI                                       | ŻERNIKI WROCŁAWSKIE | POL  | M-40 | 55     | M 127 | NIE       | 01:07:41 | 02:13:45 | 03:14:16.05 | 9:15   | 6.5  |
| 162  | SIKORA MICHAŁ            | 444 |  | PULAWY              | POL  | M-40 | 56     | M 128 | NIE       | 01:09:31 | 02:15:45 | 03:14:16.20 | 9:15   | 6.5  |
| 163  | BYLINA BARTOSZ           | 72  |  | POZNAŃ              | POL  | M-50 | 13     | M 129 | NIE       | 01:04:11 | 02:10:25 | 03:14:32.95 | 9:15   | 6.5  |
| 164  | MÓLL JANUSZ              | 336 |  | WROCŁAW             | POL  | M-50 | 14     | M 130 | NIE       | 01:01:41 | 02:11:03 | 03:14:52.85 | 9:16   | 6.5  |
| 165  | KUCZKOWSKA MARTA         | 261 | EXTEAM                                       | WROCŁAW             | AFG  | K-20 | 3      | K 35  | NIE       | 01:04:23 | 02:12:50 | 03:14:53.05 | 9:16   | 6.5  |
| 166  | WITEK TOMASZ             | 539 |  | KROTOSZYN           | POL  | M-30 | 51     | M 131 | NIE       | 01:09:33 | 02:17:32 | 03:15:21.55 | 9:18   | 6.4  |
| 167  | PONIATOWSKI SEWERYN      | 409 | TROPEM ULTRA                                 | WROCŁAW             | POL  | M-30 | 52     | M 132 | NIE       | 01:04:04 | 02:12:47 | 03:15:26.30 | 9:18   | 6.4  |
| 168  | ROJEWSKI PAWEŁ           | 421 | EVERRUN                                      | ŁÓDŹ                | POL  | M-30 | 53     | M 133 | NIE       | 01:04:44 | 02:12:53 | 03:15:38.10 | 9:18   | 6.4  |
| 169  | BABIŃSKA-POPIŁKA EWELINA | 12  |  | RADKÓW              | POL  | K-30 | 22     | K 36  | NIE       | 01:00:27 | 02:11:11 | 03:15:49.20 | 9:19   | 6.4  |
| 170  | GOZDUR MICHAŁ            | 145 |  | POZNAŃ              | POL  | M-40 | 57     | M 134 | NIE       | 01:05:12 | 02:14:21 | 03:15:49.25 | 9:19   | 6.4  |
| 171  | KURZYŃCIEC ŁUKASZ        | 269 |  | WROCŁAW             | POL  | M-30 | 54     | M 135 | TAK       | 01:10:29 | 02:18:57 | 03:16:03.65 | 9:20   | 6.4  |
| 172  | KRAKOWSKI KRZYSZTOF      | 239 |  | PIŁA                | POL  | M-40 | 58     | M 136 | NIE       | 01:04:04 | 02:13:55 | 03:16:20.10 | 9:20   | 6.4  |
| 173  | CZUBIEL KONRAD           | 96  |  | POZNAŃ              | POL  | M-40 | 59     | M 137 | NIE       | 01:04:35 | 02:11:57 | 03:16:46.80 | 9:22   | 6.4  |
| 174  | TRZPIOLA TYCJAN          | 509 |  | WROCŁAW             | NED  | M-30 | 55     | M 138 |           | 01:06:51 | 02:14:30 | 03:17:06.85 | 9:23   | 6.4  |
| 175  | KRZESIMOWSKI DAMIAN      | 253 | ROSSMANN                                     | KIELCE              | POL  | M-40 | 60     | M 139 | NIE       | 01:05:13 | 02:12:51 | 03:18:12.00 | 9:26   | 6.4  |
| 176  | KUKLA SEBASTIAN          | 264 |  | WROCŁAW             | POL  | M-40 | 61     | M 140 | NIE       | 01:09:41 | 02:17:51 | 03:18:36.20 | 9:27   | 6.3  |
| 177  | MAJCHRZYCKI SŁAWOMIR     | 302 | TKKF MPK POZNAŃ                              | KJJEWO/ŚRODA WLKP.  | POL  | M-30 | 56     | M 141 | NIE       | 01:08:04 | 02:16:06 | 03:18:40.65 | 9:27   | 6.3  |
| 178  | HACUŚ JACEK              | 157 |  | DUSZNIKI ZDRÓJ      | POL  | M-30 | 57     | M 142 | NIE       | 01:06:17 | 02:16:08 | 03:18:44.80 | 9:27   | 6.3  |
| 179  | BOCHNIARZ ANNA           | 43  | BIEGNIJ OŁAWO                                | OŁAWA               | POL  | K-40 | 11     | K 37  | NIE       | 01:09:43 | 02:18:40 | 03:18:57.15 | 9:28   | 6.3  |
| 180  | WESOŁEK PAULA            | 530 |  | POZNAŃ              | POL  | K-30 | 23     | K 38  | NIE       | 01:12:43 | 02:18:10 | 03:19:08.85 | 9:28   | 6.3  |
| 181  | TRZECIAKIEWICZ MAREK     | 506 | MLKS RADKÓW                                  | MYSŁOWICE           | POL  | M-20 | 7      | M 143 |           | 01:05:36 | 02:14:25 | 03:19:18.25 | 9:29   | 6.3  |
| 182  | DUNAJ PAWEŁ              | 112 | GT RAT                                       | WROCŁAW             | POL  | M-40 | 62     | M 144 | TAK       | 01:05:08 | 02:14:33 | 03:19:19.10 | 9:29   | 6.3  |
| 183  | ANTECKI JACEK            | 6   |  | ŁÓDŹ                | POL  | M-40 | 63     | M 145 | NIE       | 01:05:28 | 02:15:00 | 03:19:19.35 | 9:29   | 6.3  |
| 184  | CHUDY TOBIASZ            | 83  | RUN TEAM RYDZYNA                             | RYDZYNA             | POL  | M-30 | 58     | M 146 | NIE       | 01:09:22 | 02:21:26 | 03:19:19.40 | 9:29   | 6.3  |
| 185  | PILARSKI JACEK           | 394 | AKTYWNI KONIN                                | KONIN               | POL  | M-50 | 15     | M 147 | NIE       | 01:08:44 | 02:18:30 | 03:19:59.65 | 9:31   | 6.3  |
| 186  | GRZEGORCZYK WOJCIECH     | 152 | KONDYCJA                                     | WARSZAWA            | POL  | M-50 | 16     | M 148 | NIE       | 01:09:47 | 02:18:04 | 03:20:08.10 | 9:31   | 6.3  |
| 187  | ZDUŃCZYK PAULINA         | 563 |  | ŁÓDŹ                | POL  | K-30 | 24     | K 39  | NIE       | 01:11:13 | 02:18:48 | 03:21:22.35 | 9:35   | 6.3  |
| 188  | PAKULSKA-TOMZA DOROTA    | 375 |  | SUCHY LAS           | POL  | K-40 | 12     | K 40  | NIE       | 01:09:47 | 02:18:07 | 03:21:51.65 | 9:36   | 6.2  |
| 189  | NAPIERAŁA KATARZYNA      | 343 |  | SUCHY LAS           | POL  | K-40 | 13     | K 41  | NIE       | 01:13:28 | 02:20:57 | 03:21:51.80 | 9:36   | 6.2  |
| 190  | SOKOŁOWSKI MARCIN        | 454 |  | OPOLE               | POL  | M-30 | 59     | M 149 | NIE       | 01:08:21 | 02:23:20 | 03:21:54.40 | 9:36   | 6.2  |
| 191  | SIEJAK WOJCIECH          | 441 |  | MIECZEWO            | POL  | M-20 | 8      | M 150 | NIE       | 01:07:07 | 02:14:48 | 03:21:54.70 | 9:36   | 6.2  |
| 192  | ŻAK PIOTR                | 573 | FARTY PUSZCZY                                | SZCZECIN            | POL  | M-30 | 60     | M 151 | NIE       | 01:13:39 | 02:20:48 | 03:21:57.40 | 9:37   | 6.2  |
| 193  | ŚWIĄTEK ŁUKASZ           | 496 | GVT  | WYSOKA              | POL  | M-30 | 61     | M 152 | NIE       | 01:11:06 | 02:22:39 | 03:22:03.10 | 9:37   | 6.2  |
| 194  | KOCJAN PAWEŁ             | 214 | KIDS RUN                                     | POZNAŃ              | POL  | M-40 | 64     | M 153 | NIE       | 01:07:33 | 02:21:32 | 03:22:10.65 | 9:37   | 6.2  |
| 195  | KOWANSKI JACEK           | 232 |  | PLESZEW             | POL  | M-30 | 62     | M 154 | NIE       | 01:07:32 | 02:15:31 | 03:22:16.20 | 9:37   | 6.2  |
| 196  | ADACH DARIUSZ            | 1   | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN        | ZĄBKOWICE ŚLĄSKIE   | POL  | M-40 | 65     | M 155 | NIE       | 01:06:35 | 02:14:52 | 03:23:07.00 | 9:40   | 6.2  |
| 197  | JADACH GRZEGORZ          | 171 | NOA  | WROCŁAW             | POL  | M-40 | 66     | M 156 | NIE       | 01:08:45 | 02:20:21 | 03:23:15.25 | 9:40   | 6.2  |
| 198  | PAWLAK MATEUSZ           | 382 | BIEGNIJ OŁAWO                                | OŁAWA               | POL  | M-30 | 63     | M 157 | NIE       | 01:10:05 | 02:18:36 | 03:23:20.65 | 9:40   | 6.2  |
| 199  | DUDEK DAWID              | 110 |  | STRONIE ŚLĄSKIE     | POL  | M-20 | 9      | M 158 | NIE       | 01:05:04 | 02:19:10 | 03:24:01.35 | 9:42   | 6.2  |
| 200  | WESOŁEK DANIEL           | 531 |  | POZNAŃ              | POL  | M-30 | 64     | M 159 | NIE       | 01:02:25 | 02:14:36 | 03:24:28.60 | 9:44   | 6.2  |
| 201  | WINCZURA LESZEK          | 537 |  | GDAŃSK              | POL  | M-40 | 67     | M 160 | NIE       | 01:11:37 | 02:21:35 | 03:24:33.25 | 9:44   | 6.2  |
| 202  | STEC ADAM                | 468 | FCMISIENIECHCE                               | WYSOKA              | POL  | M-40 | 68     | M 161 | NIE       | 01:07:48 | 02:19:28 | 03:24:40.45 | 9:44   | 6.2  |
| 203  | GUJSKI MARCIN            | 155 | TRIPAKA                                      | MIŃSK MAZOWIECKI    | POL  | M-40 | 69     | M 162 | NIE       | 01:13:03 | 02:23:00 | 03:24:43.25 | 9:44   | 6.2  |
| 204  | STASZEWSKI DARIUSZ       | 466 | 7.BKPOW                                      | TOMASZÓW MAZOWIECKI | POL  | M-30 | 65     | M 163 | NIE       | 01:09:32 | 02:20:25 | 03:24:44.00 | 9:44   | 6.2  |
| 205  | ŚWIATOWIEC ANNA          | 495 |  | KRAKÓW              | POL  | K-50 | 2      | K 42  | NIE       | 01:09:40 | 02:22:16 | 03:24:48.15 | 9:45   | 6.2  |
| 206  | JASIŃSKA MAGDALENA       | 182 | RĄCZE RACICZKI                               | WARSZAWA            | POL  | K-40 | 14     | K 43  | NIE       | 01:10:51 | 02:20:42 | 03:24:58.65 | 9:45   | 6.1  |
| 207  | PRZYBYSZ ARTUR           | 411 | BIEGAJ PO ENDORFINY                          | KAMIONKI            | POL  | M-20 | 10     | M 164 | NIE       | 01:10:21 | 02:20:30 | 03:25:07.45 | 9:46   | 6.1  |
| 208  | LUBELCZYK GRZEGORZ       | 284 | SPELEOCLUB WROCŁAW                           | MIEKINIA            | POL  | M-50 | 17     | M 165 | TAK       | 01:10:01 | 02:22:29 | 03:25:08.50 | 9:46   | 6.1  |
| 209  | ŻYŁAK MAREK              | 576 |  | WROCŁAW             | POL  | M-30 | 66     | M 166 | NO        | 01:09:31 | 02:17:32 | 03:25:16.15 | 9:46   | 6.1  |
| 210  | FILIPIAK SEBASTIAN       | 122 | EKIPA LIPA                                   | LIPA                | POL  | M-40 | 70     | M 167 | NIE       | 01:12:53 | 02:25:17 | 03:25:33.95 | 9:47   | 6.1  |
| 211  | SZYSZKO STANISŁAW        | 492 | 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ | PIŁA                | POL  | M-30 | 67     | M 168 | NIE       | 01:10:35 | 02:24:58 | 03:25:34.00 | 9:47   | 6.1  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr  | Klub                              | M-scowość           | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|---------------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 212  | SOWIŃSKI ROBERT           | 456 | GVT                               | BORÓW               | POL  | M-40 | 71     | M 169 | NIE       | 01:10:26 | 02:22:41 | 03:26:07.95 | 9:48   | 6.1  |
| 213  | POCIEGIEL MICHAŁ          | 402 | SKAWINA BIEGA                     | RADZISZÓW           | POL  | M-40 | 72     | M 170 | NIE       | 01:13:29 | 02:22:11 | 03:26:12.65 | 9:49   | 6.1  |
| 214  | DREAS JAKUB               | 108 | WĘDZIKOWSKI TEAM / DZIKIE BOBRY   | RYBITWY             | POL  | M-30 | 68     | M 171 | NIE       | 01:13:41 | 02:25:59 | 03:26:15.10 | 9:49   | 6.1  |
| 215  | KOMADA WOJCIECH           | 218 |                                   | ŚWIDNICA            | POL  | M-40 | 73     | M 172 | NIE       | 01:12:15 | 02:25:35 | 03:26:50.50 | 9:50   | 6.1  |
| 216  | SIWEK GRZEGORZ            | 446 | LANRUNS                           | LANCKORONA          | POL  | M-40 | 74     | M 173 | NIE       | 01:11:19 | 02:21:19 | 03:26:51.25 | 9:51   | 6.1  |
| 217  | SKOKOWSKI JACEK           | 448 | FARTY PUSZCZY                     | SZCZECIN            | POL  | M-50 | 18     | M 174 | NIE       | 01:11:47 | 02:23:42 | 03:27:04.25 | 9:51   | 6.1  |
| 218  | KARATKÓW EWA              | 205 |                                   | RADKÓW              | POL  | K-40 | 15     | K 44  | NIE       | 01:08:59 | 02:22:21 | 03:27:10.20 | 9:51   | 6.1  |
| 219  | BAJZERT FILIP             | 13  |                                   | PRZYKONA            | POL  | M-40 | 75     | M 175 | NIE       | 01:10:10 | 02:24:39 | 03:27:19.85 | 9:52   | 6.1  |
| 220  | DIUWE MARZENA             | 103 | PASTERKA PANY                     | ŚWIDNICA            | POL  | K-30 | 25     | K 45  | NIE       | 01:13:26 | 02:24:15 | 03:27:34.45 | 9:53   | 6.1  |
| 221  | ODOLCZYK JOANNA           | 363 |                                   | WARSZAWA            | POL  | K-50 | 3      | K 46  | NIE       | 01:13:30 | 02:23:21 | 03:27:50.15 | 9:53   | 6.1  |
| 222  | JANOWICZ WOJTEK           | 179 |                                   | KŁODZKO             | POL  | M-30 | 69     | M 176 | NIE       | 01:09:54 | 02:20:31 | 03:27:51.00 | 9:53   | 6.1  |
| 223  | JAGODZIŃSKI PAWEŁ         | 172 | VIKMED 3TEAM KONIN                | KONIN               | POL  | M-40 | 76     | M 177 | NIE       | 01:09:04 | 02:25:50 | 03:28:04.40 | 9:54   | 6.1  |
| 224  | KOZŁOWSKI WOJCIECH        | 236 |                                   | LISOWICE            | POL  | M-50 | 19     | M 178 | NIE       | 01:09:43 | 02:21:13 | 03:28:05.60 | 9:54   | 6.1  |
| 225  | ORTYL EWELINA             | 371 |                                   | LISOWICE            | POL  | K-40 | 16     | K 47  | NIE       | 01:09:47 | 02:21:18 | 03:28:06.80 | 9:54   | 6.1  |
| 226  | PERZ MARZENA              | 387 |                                   | BUKOWIEC            | POL  | K-50 | 4      | K 48  | NIE       | 01:16:56 | 02:27:54 | 03:28:11.15 | 9:54   | 6.1  |
| 227  | ROZNER ARTUR              | 582 |                                   | PIASECZNO           | POL  | M-40 | 77     | M 179 | NIE       | 01:09:58 | 02:22:05 | 03:28:31.20 | 9:55   | 6    |
| 228  | BIEL TOMASZ               | 36  |                                   | KATOWICE            | POL  | M-40 | 78     | M 180 | NIE       | 01:10:46 | 02:21:43 | 03:28:36.45 | 9:56   | 6    |
| 229  | ŻAK DOMINIKA              | 572 | FARTY PUSZCZY                     | SZCZECIN            | POL  | K-30 | 26     | K 49  | NIE       | 01:13:34 | 02:24:43 | 03:29:04.60 | 9:57   | 6    |
| 230  | WOSZCZAK ZBIGNIEW         | 547 | STRZELIŃSKI KLUB BIEGACZA GRANIT  | STRZELIN            | POL  | M-50 | 20     | M 181 | NIE       | 01:16:01 | 02:28:13 | 03:29:38.85 | 9:58   | 6    |
| 231  | ROBAKOWSKA JOANNA         | 419 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | OSTRÓW WIELKOPOLSKI | POL  | K-30 | 27     | K 50  | NIE       | 01:13:43 | 02:29:25 | 03:29:44.50 | 9:59   | 6    |
| 232  | ZIENKIEWICZ MARCIN        | 567 | FUNTRI                            | WROCŁAW             | POL  | M-40 | 79     | M 182 | NIE       | 01:10:12 | 02:22:16 | 03:29:47.10 | 9:59   | 6    |
| 233  | KUBICKA MAGDALENA         | 256 |                                   | FLORENTYNÓW         | POL  | K-40 | 17     | K 51  | NIE       | 01:11:20 | 02:23:39 | 03:29:53.50 | 9:59   | 6    |
| 234  | SYPIŃSKI KRYSZTOF         | 474 |                                   | POZNAŃ              | POL  | M-40 | 80     | M 183 |           | 01:09:01 | 02:25:09 | 03:30:06.05 | 10:00  | 6    |
| 235  | JANOWSKI MICHAŁ           | 180 |                                   | POZNAŃ              | POL  | M-30 | 70     | M 184 | NIE       | 01:02:41 | 02:16:22 | 03:30:25.20 | 10:01  | 6    |
| 236  | CHUDY ARIEL               | 84  | RUN TEAM RYDZYNA                  | RYDZYNA             | POL  | M-30 | 71     | M 185 | NIE       | 01:09:26 | 02:21:33 | 03:30:53.25 | 10:02  | 6    |
| 237  | WOLFF MARIA               | 546 |                                   | SUCHY LAS           | POL  | K-30 | 28     | K 52  | NIE       | 01:10:10 | 02:25:50 | 03:30:56.25 | 10:02  | 6    |
| 238  | MŁYNARCZYK KRZYSZTOF      | 331 |                                   | WARSZAWA            | POL  | M-40 | 81     | M 186 | NIE       | 01:11:14 | 02:24:06 | 03:31:05.90 | 10:03  | 6    |
| 239  | TRZEPACZ DOROTA           | 508 | KB LUPUS OLEŚNICA                 | OLEŚNICA            | POL  | K-40 | 18     | K 53  | NIE       | 01:09:15 | 02:25:54 | 03:31:13.20 | 10:03  | 6    |
| 240  | NOWAK JAROSŁAW            | 356 |                                   | ŁOMNICA             | POL  | M-50 | 21     | M 187 | NIE       | 01:11:43 | 02:24:55 | 03:31:28.45 | 10:04  | 6    |
| 241  | KACZMAREK MIROSLAW        | 200 | RUNNER'S POWER ŚREM               | ŚREM                | POL  | M-30 | 72     | M 188 | NIE       | 01:14:05 | 02:27:01 | 03:31:55.55 | 10:05  | 5.9  |
| 242  | MATUSZEWSKI MAŁGORZATA    | 318 | RUNNER'S POWER ŚREM               | ŚREM                | POL  | K-40 | 19     | K 54  | NIE       | 01:14:04 | 02:27:01 | 03:31:56.00 | 10:05  | 5.9  |
| 243  | ŁĘKAWA SEBASTIAN          | 289 | 140MINUT.PL                       | WROCŁAW             | POL  | M-40 | 82     | M 189 | NO        | 01:13:06 | 02:25:42 | 03:32:16.85 | 10:06  | 5.9  |
| 244  | ROLIŃSKI RADOŚLAW         | 422 |                                   | OLEŚNICA            | POL  | M-50 | 22     | M 190 | NIE       | 01:13:08 | 02:25:42 | 03:32:45.60 | 10:07  | 5.9  |
| 245  | GERUS ANNA                | 133 |                                   | WARSZAWA            | POL  | K-20 | 4      | K 55  | NIE       | 01:11:16 | 02:30:32 | 03:32:59.40 | 10:08  | 5.9  |
| 246  | WOSZCZAK JOLANTA          | 548 | STRZELIŃSKI KLUB BIEGACZA GRANIT  | STRZELIN            | POL  | K-50 | 5      | K 56  | NIE       | 01:17:39 | 02:28:23 | 03:33:13.55 | 10:09  | 5.9  |
| 247  | ŻYCHSKA ANNA              | 575 |                                   | POZNAŃ              | POL  | K-30 | 29     | K 57  | NIE       | 01:12:09 | 02:25:00 | 03:33:29.25 | 10:09  | 5.9  |
| 248  | POMIANOWSKI SZYMON        | 408 | KURACJUSZE                        | WROCŁAW             | POL  | M-30 | 73     | M 191 | NIE       | 01:08:35 | 02:30:27 | 03:33:30.15 | 10:10  | 5.9  |
| 249  | PILZ-JEDRZEJCZYK DOMINIKA | 395 |                                   | ZIELONA GÓRA        | POL  | K-30 | 30     | K 58  | NIE       | 01:13:39 | 02:27:07 | 03:33:47.00 | 10:10  | 5.9  |
| 250  | CHRZANOWSKA AGNIESZKA     | 79  |                                   | SZCZECIN            | POL  | K-40 | 20     | K 59  | NIE       | 01:16:45 | 02:31:19 | 03:34:58.75 | 10:14  | 5.9  |
| 251  | ANDRYSZCZAK ŁUKASZ        | 5   | BMW KLUB POZNAŃ                   | PIĘCZKOWO           | POL  | M-30 | 74     | M 192 | NIE       | 01:14:46 | 02:30:58 | 03:35:01.55 | 10:14  | 5.9  |
| 252  | KRUSZEWSKI JACEK          | 247 | MARKOWI BIEGACZE                  | MARKI               | POL  | M-40 | 83     | M 193 | NO        | 01:12:35 | 02:27:51 | 03:35:06.60 | 10:14  | 5.9  |
| 253  | FIGUŁA SŁAWOMIR           | 120 |                                   | KRZĘCIN             | POL  | M-40 | 84     | M 194 | NIE       | 01:11:10 | 02:25:59 | 03:36:13.10 | 10:17  | 5.8  |
| 254  | KACZOREK ROBERT           | 201 |                                   | WARSZAWA            | POL  | M-40 | 85     | M 195 | TAK       | 01:08:17 | 02:24:51 | 03:36:23.05 | 10:18  | 5.8  |
| 255  | TAMULONEK GRZEGORZ        | 498 | FARTY PUSZCZY                     | SZCZECIN            | POL  | M-40 | 86     | M 196 | NIE       | 01:17:25 | 02:35:09 | 03:36:37.15 | 10:18  | 5.8  |
| 256  | SZAŁ MAŁGORZATA           | 475 | TENIS CENTRUM AS                  | POLANICA- ZDRÓJ     | POL  | K-30 | 31     | K 60  | NIE       | 01:13:14 | 02:35:42 | 03:36:56.20 | 10:19  | 5.8  |
| 257  | TARNOWSKI MACIEJ          | 499 | NIGHT RUNNERS WROCŁAW             | WROCŁAW             | POL  | M-30 | 75     | M 197 | NIE       | 01:16:57 | 02:33:11 | 03:37:21.85 | 10:21  | 5.8  |
| 258  | JĘDRZEJCZYK ŁUKASZ        | 191 |                                   | ZIELONA GÓRA        | POL  | M-30 | 76     | M 198 | NIE       | 01:12:29 | 02:27:08 | 03:37:35.95 | 10:21  | 5.8  |
| 259  | JAMROZ BARTOSZ            | 177 |                                   | CHOJNÓW             | POL  | M-30 | 77     | M 199 | NIE       | 01:12:07 | 02:27:54 | 03:37:37.25 | 10:21  | 5.8  |
| 260  | GAJDA SEBASTIAN           | 129 |                                   | SZCZECIN            | POL  | M-40 | 87     | M 200 | NIE       | 01:18:16 | 02:32:26 | 03:37:54.90 | 10:22  | 5.8  |
| 261  | NOWAK DOROTA              | 357 |                                   | SZCZECIN            | AFG  | K-30 | 32     | K 61  | NIE       | 01:18:15 | 02:32:25 | 03:37:55.25 | 10:22  | 5.8  |
| 262  | KAWA KRZYSZTOF            | 206 |                                   | POZNAŃ              | POL  | M-30 | 78     | M 201 | NIE       | 01:11:09 | 02:26:16 | 03:38:29.20 | 10:24  | 5.8  |
| 263  | ZDYB GRZEGORZ             | 564 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY   | LEŚNIOŃ WIELKI      | POL  | M-40 | 88     | M 202 | NIE       | 01:17:25 | 02:30:56 | 03:38:35.65 | 10:24  | 5.8  |
| 264  | KRAWCZYK ANNA             | 244 | NIGHT RUNNERS                     | GORZYCE WIELKIE     | POL  | K-40 | 21     | K 62  | NIE       | 01:13:45 | 02:29:17 | 03:38:55.20 | 10:25  | 5.8  |
| 265  | KAMIŃSKI PAWEŁ            | 203 |                                   | MUROWANIEC          | POL  | M-50 | 23     | M 203 | NIE       | 01:13:30 | 02:28:25 | 03:39:01.00 | 10:25  | 5.8  |
| 266  | GRUSZKA KATARZYNA         | 151 |                                   | POZNAŃ              | POL  | K-30 | 33     | K 63  | NIE       | 01:11:28 | 02:33:24 | 03:39:09.80 | 10:26  | 5.7  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                     | M-scowość           | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 267  | ŚWIĄTEK JULIA               | 497 | IMMABEE / KS GVT         | CHYBY               | POL  | K-40 | 22     | K 64  | NIE       | 01:11:26 | 02:33:23 | 03:39:10.70 | 10:26  | 5.7  |
| 268  | CHRAPLEWSKA KAROLINA        | 78  | CHATABIEGACZA K34        | POZNAŃ              | POL  | K-40 | 23     | K 65  |           | 01:13:39 | 02:24:08 | 03:39:29.05 | 9:58   | 6    |
| 269  | BUSS JAKUB                  | 68  | KUDOWIANA RUN            | KUDOWA-ZDRÓJ        | POL  | M-50 | 24     | M 204 | NIE       | 01:18:24 | 02:40:38 | 03:39:43.05 | 10:27  | 5.7  |
| 270  | KRUZEL RAFAŁ                | 248 |                          | LEGNICA             | POL  | M-40 | 89     | M 205 | NIE       | 01:17:26 | 02:36:15 | 03:40:32.55 | 10:30  | 5.7  |
| 271  | FRAĆZEK IWONA               | 128 | FUNTRI                   | WROCŁAW             | POL  | K-40 | 24     | K 66  | NIE       | 01:15:48 | 02:32:10 | 03:41:13.10 | 10:32  | 5.7  |
| 272  | NOWAK KATARZYNA             | 355 | TIM JEST TIM             | OZIMEK              | POL  | K-30 | 34     | K 67  | NIE       | 01:18:26 | 02:40:26 | 03:41:20.45 | 10:32  | 5.7  |
| 273  | NIEDOBA BARBARA             | 347 | TIM JEST TIM             | OZIMEK              | POL  | K-40 | 25     | K 68  | NIE       | 01:18:19 | 02:40:19 | 03:41:46.85 | 10:33  | 5.7  |
| 274  | STANISZEWSKA-DUDA KATARZYNA | 462 | TIM JEST TIM             | OZIMEK              | POL  | K-40 | 26     | K 69  | NIE       | 01:18:00 | 02:40:20 | 03:41:49.50 | 10:33  | 5.7  |
| 275  | KOPKA TOMASZ                | 227 | AGB TORFY                | KOLONIA BRUŻYCA     | POL  | M-50 | 25     | M 206 | NIE       | 01:19:16 | 02:34:48 | 03:42:14.25 | 10:34  | 5.7  |
| 276  | JANOTA MICHAŁ               | 178 | BIEGNIJ OŁAWO            | OŁAWA               | POL  | M-40 | 90     | M 207 | NIE       | 01:14:10 | 02:30:35 | 03:42:18.20 | 10:35  | 5.7  |
| 277  | KOPKA ELŻBIETA              | 226 | AGB TORFY                | KOLONIA BRUŻYCA     | POL  | K-40 | 27     | K 70  | NIE       | 01:19:51 | 02:34:57 | 03:42:18.25 | 10:35  | 5.7  |
| 278  | RYZNER NATALIA              | 434 | BIEGNIJ OŁAWO            | GODZIKOWICE         | POL  | K-30 | 35     | K 71  | NIE       | 01:14:14 | 02:30:37 | 03:42:21.05 | 10:35  | 5.7  |
| 279  | SKORUPA TOMASZ              | 450 | AGB TORFY                | ŁÓDŹ                | POL  | M-40 | 91     | M 208 | NIE       | 01:19:17 | 02:33:06 | 03:42:35.75 | 10:35  | 5.7  |
| 280  | SZULECKA KAMILA             | 485 |                          | ŁÓDŹ                | POL  | K-40 | 28     | K 72  | NIE       | 01:19:17 | 02:33:08 | 03:42:35.95 | 10:35  | 5.7  |
| 281  | BIEDZIAK-ŁUCZAK URSZULA     | 33  | RUN4ENERGY               | PLEWISKA            | POL  | K-30 | 36     | K 73  | NIE       | 01:15:38 | 02:34:45 | 03:42:40.15 | 10:36  | 5.7  |
| 282  | ŁUCZAK MARCIN               | 292 | RUN4ENERGY               | PLEWISKA            | POL  | M-40 | 92     | M 209 | NIE       | 01:15:36 | 02:34:47 | 03:42:41.40 | 10:36  | 5.7  |
| 283  | STRUSIŃSKA KATARZYNA        | 471 |                          | MIŃSK MAZOWIECKI    | POL  | K-40 | 29     | K 74  | NIE       | 01:18:39 | 02:35:12 | 03:43:25.00 | 10:38  | 5.6  |
| 284  | SZCZUKA JOANNA              | 481 |                          | WIRY                | POL  | K-20 | 5      | K 75  | NIE       | 01:16:47 | 02:33:19 | 03:43:26.60 | 10:38  | 5.6  |
| 285  | WALIGÓRA ALEKSANDRA         | 520 | NIAGARA FITNESS KLUB     | RAKONIEWICE         | POL  | K-30 | 37     | K 76  | NIE       | 01:20:45 | 02:40:00 | 03:43:58.20 | 10:39  | 5.6  |
| 286  | MATYLA ROMAN                | 319 | FUNTRI                   | WROCŁAW             | POL  | M-30 | 79     | M 210 | NIE       | 01:10:45 | 02:28:27 | 03:44:13.90 | 10:40  | 5.6  |
| 287  | KOLEJ MONIKA                | 217 | DZIKIE DZIKI GORZOW      | GORZOW WLKP .       | POL  | K-40 | 30     | K 77  | NIE       | 01:17:17 | 02:37:10 | 03:45:56.90 | 10:45  | 5.6  |
| 288  | MROZIK MARIUSZ              | 338 |                          | SZCZECINEK          | POL  | M-40 | 93     | M 211 | NIE       | 01:17:02 | 02:37:12 | 03:45:57.30 | 10:45  | 5.6  |
| 289  | BARAN PAULINA               | 19  | NIE W SZCZEPIONKĘ TEAM   | PIASECZNO           | POL  | K-30 | 38     | K 78  | NIE       | 01:21:44 | 02:38:02 | 03:46:02.10 | 10:45  | 5.6  |
| 290  | KULAS KATARZYNA             | 266 |                          | POZNAŃ              | POL  | K-30 | 39     | K 79  | NIE       | 01:16:50 | 02:34:05 | 03:46:30.20 | 10:47  | 5.6  |
| 291  | POŁCZYŃSKI MACIEJ           | 406 | STALOWA ŁYDA             | POZNAŃ              | POL  | M-40 | 94     | M 212 | NIE       | 01:15:44 | 02:34:20 | 03:46:46.35 | 10:47  | 5.6  |
| 292  | KOŃ ALEKSANDRA              | 224 | EKIPA LIPA               | LIPA                | POL  | K-40 | 31     | K 80  | NIE       | 01:13:40 | 02:34:56 | 03:46:54.20 | 10:48  | 5.6  |
| 293  | WĘZYK KAMILA                | 534 |                          | BEDOŃ PRZYKOŚCIELNY | POL  | K-30 | 40     | K 81  | NIE       | 01:21:42 | 02:40:14 | 03:47:02.70 | 10:48  | 5.5  |
| 294  | CZECH DOROTA                | 92  | ASICS FRONTRUNNER POLAND | WROCŁAW             | POL  | K-40 | 32     | K 82  | NIE       | 01:19:09 | 02:36:52 | 03:47:03.00 | 10:48  | 5.5  |
| 295  | MICHAŁKIEWICZ MAREK         | 326 |                          | POZNAŃ              | POL  | M-40 | 95     | M 213 | NIE       | 01:17:53 | 02:38:35 | 03:47:10.95 | 10:49  | 5.5  |
| 296  | KOLAŚNIEWSKI MAREK          | 216 |                          | POZNAŃ              | POL  | M-40 | 96     | M 214 | TAK       | 01:16:55 | 02:38:23 | 03:47:13.90 | 10:49  | 5.5  |
| 297  | SZATAN JOWITA               | 478 | KOTWICA BRZEG            | BRZEG               | POL  | K-30 | 41     | K 83  | NIE       | 01:17:52 | 02:39:05 | 03:47:44.45 | 10:50  | 5.5  |
| 298  | SZYMAŃSKI ROBERT            | 488 |                          | GORZÓW WIELKOPOLSKI | POL  | M-40 | 97     | M 215 | NIE       | 01:13:23 | 02:35:56 | 03:48:21.45 | 10:52  | 5.5  |
| 299  | CHOŁUJ MAŁGORZATA           | 76  |                          | SZCZODRE            | POL  | K-50 | 6      | K 84  | NIE       | 01:18:51 | 02:37:05 | 03:48:32.10 | 10:52  | 5.5  |
| 300  | PIECUCH MAŁGORZATA          | 390 |                          | PRZEWORSK           | POL  | K-60 | 1      | K 85  | NIE       | 01:21:12 | 02:39:23 | 03:48:47.00 | 10:53  | 5.5  |
| 301  | KONOPACKI GRZEGORZ          | 222 | RÓŻOWE LANDRYNY          | BYSTRZYCA KŁODZKA   | POL  | M-40 | 98     | M 216 | NIE       | 01:15:13 | 02:32:36 | 03:49:48.95 | 10:56  | 5.5  |
| 302  | WARA-WĄSOWSKI MACIEJ        | 523 |                          | ŁÓDŹ                | POL  | M-50 | 26     | M 217 | NIE       | 01:17:03 | 02:35:56 | 03:49:51.80 | 10:56  | 5.5  |
| 303  | JAROSŁAWSKI MARIUSZ         | 181 | BIEGNIJ OŁAWO            | OŁAWA               | POL  | M-50 | 27     | M 218 | TAK       | 01:14:05 | 02:37:12 | 03:50:27.05 | 10:58  | 5.5  |
| 304  | CZERNIK RAFAŁ               | 93  |                          | ZABRZE              | POL  | M-40 | 99     | M 219 | NIE       | 01:22:02 | 02:41:34 | 03:51:08.10 | 11:00  | 5.5  |
| 305  | DATA IZA                    | 99  | KUGUAR XTREME RUNNERS    | STRONIE ŚL.         | POL  | K-50 | 7      | K 86  | NIE       | 01:18:09 | 02:37:28 | 03:51:17.25 | 11:00  | 5.4  |
| 306  | DATA DARIUSZ                | 98  | KUGUAR XTREME RUNNERS    | KLETNO              | POL  | M-50 | 28     | M 220 | TAK       | 01:18:12 | 02:37:27 | 03:51:17.40 | 11:00  | 5.4  |
| 307  | BARANOWSKI SZYMON           | 20  |                          | POZNAŃ              | POL  | M-30 | 80     | M 221 | TAK       | 01:20:26 | 02:39:18 | 03:51:25.95 | 11:01  | 5.4  |
| 308  | ROGUT KATARZYNA             | 420 | AGB TORFY                | RABIEŃ AB           | POL  | K-50 | 8      | K 87  | NIE       | 01:20:00 | 02:41:01 | 03:51:28.40 | 11:01  | 5.4  |
| 309  | BIEL MARIUSZ                | 34  |                          | WARSZAWA            | POL  | M-40 | 100    | M 222 | NIE       | 01:14:56 | 02:37:20 | 03:51:30.00 | 11:01  | 5.4  |
| 310  | MATUSIAK MATEUSZ            | 316 |                          | ZIELONA GÓRA        | POL  | M-20 | 11     | M 223 | NIE       | 01:23:08 |          | 03:51:35.00 | 11:01  | 5.4  |
| 311  | SZCZOTKA KATARZYNA          | 480 |                          | POZNAŃ              | POL  | K-20 | 6      | K 88  | TAK       | 01:20:35 | 02:39:16 | 03:51:36.45 | 11:01  | 5.4  |
| 312  | MORAWSKI MARCIN             | 333 | RANGER SURVIVAL CLUB     | OBORNIKI ŚLĄSKIE    | POL  | M-40 | 101    | M 224 | NIE       | 01:18:22 | 02:40:22 | 03:51:47.80 | 11:02  | 5.4  |
| 313  | CHRZĄSZCZ MARIUSZ           | 81  |                          | MIROSZOWICE         | POL  | M-40 | 102    | M 225 | NIE       | 01:29:25 | 02:46:22 | 03:51:55.50 | 11:02  | 5.4  |
| 314  | CHRZĄSZCZ DAMIAN            | 80  | VEGE RUNNERS             | LUBIN               | POL  | M-40 | 103    | M 226 | NIE       | 01:29:28 | 02:45:37 | 03:51:55.95 | 11:02  | 5.4  |
| 315  | ŻYLIŃSKA URSZULA            | 578 |                          | WARSZAWA            | POL  | K-40 | 33     | K 89  | NIE       | 01:23:22 | 02:41:30 | 03:52:20.35 | 11:03  | 5.4  |
| 316  | FARION MARZENA              | 115 |                          | STRZEGOM            | POL  | K-40 | 34     | K 90  | NIE       | 01:12:01 | 02:35:52 | 03:52:29.25 | 11:04  | 5.4  |
| 317  | RADECKI ADAM                | 413 |                          | STRZEGOM            | POL  | M-40 | 104    | M 227 | NIE       | 01:11:58 | 02:35:52 | 03:52:30.70 | 11:04  | 5.4  |
| 318  | ZIMINSKA JOANNA             | 569 | HAPPYRUNNERS             | ŁÓDŹ                | POL  | K-50 | 9      | K 91  | NIE       | 01:20:06 | 02:41:03 | 03:53:20.20 | 11:06  | 5.4  |
| 319  | GÓRCZYŃSKI RAFAŁ            | 146 |                          | PRZYŁĘK             | POL  | M-40 | 105    | M 228 | NIE       | 01:19:28 | 02:40:46 | 03:54:01.60 | 11:08  | 5.4  |
| 320  | KRAJEWSKA MAGDALENA         | 237 | AGB                      | KONSTANTYNÓW ŁÓDZKI | POL  | K-50 | 10     | K 92  | NIE       | 01:20:14 | 02:41:04 | 03:54:36.50 | 11:10  | 5.4  |
| 321  | MUSIAL RADOSŁAW MUSIAL      | 340 |                          | WROCŁAW             | POL  | M-40 | 106    | M 229 | NO        | 01:20:12 | 02:39:11 | 03:55:03.60 | 11:11  | 5.4  |
| 322  | STAMM TOMASZ                | 461 |                          | POZNAŃ              | POL  | M-50 | 29     | M 230 | NIE       | 01:19:34 | 02:41:00 | 03:55:13.15 | 11:12  | 5.4  |
| 323  | MAKOWSKI TOMASZ             | 306 | NIGHT RUNNERS            | POZNAŃ              | POL  | M-30 | 81     | M 231 | NIE       | 01:19:02 | 02:34:13 | 03:55:46.30 | 11:13  | 5.3  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                 | M-sconość             | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|--------------------------------|-----|----------------------|-----------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 324  | KURZAWIAK WOJCIECH             | 268 | ZGORMYSYNY           | KARŁÓW                | POL  | M-40 | 107    | M 232 | TAK       | 01:20:39 | 02:42:16 | 03:56:21.60 | 11:15  | 5.3  |
| 325  | DŁUGOSZ MAREK                  | 104 | KB GEOTERMIA UNIEJÓW | WARTKOWICE            | POL  | M-50 | 30     | M 233 | NIE       | 01:21:01 | 02:46:49 | 03:56:34.15 | 11:15  | 5.3  |
| 326  | AUGUSTOWSKA IZABELA            | 10  | KB GEOTERMIA UNIEJÓW | WARTKOWICE            | POL  | K-40 | 35     | K 93  | NIE       | 01:21:16 | 02:46:48 | 03:56:34.55 | 11:15  | 5.3  |
| 327  | JURASZ ALEKSANDRA              | 194 |                      | KAMIENIEC ZĄBKOWICKI  | POL  | K-30 | 42     | K 94  | NIE       | 01:18:52 | 02:38:58 | 03:56:58.45 | 11:17  | 5.3  |
| 328  | PAŁUCKA MARTA                  | 378 | PROJEKT ULTRA        | ZALASEWO              | POL  | K-30 | 43     | K 95  | NIE       | 01:24:20 | 02:44:51 | 03:57:48.75 | 11:19  | 5.3  |
| 329  | ŁACHACZ ROBERT                 | 286 |                      | SZCZYTNO              | POL  | M-40 | 108    | M 234 | NIE       | 01:19:14 | 02:44:33 | 03:58:07.10 | 11:20  | 5.3  |
| 330  | SOROKA MONIKA                  | 455 | PASTERKA PANY        | PASTERKA              | POL  | K-40 | 36     | K 96  | NIE       | 01:15:41 | 02:37:11 | 03:58:12.85 | 11:20  | 5.3  |
| 331  | GIBOWSKI LUKASZ                | 135 |                      | TRZEBNICA             | POL  | M-40 | 109    | M 235 | NIE       | 01:16:20 | 02:45:25 | 03:58:45.70 | 11:22  | 5.3  |
| 332  | KOT TOMASZ                     | 230 |                      | WARSZAWA              | POL  | M-40 | 110    | M 236 | NIE       | 01:22:43 | 02:45:27 | 03:59:13.60 | 11:23  | 5.3  |
| 333  | ROMAN PAWEŁ                    | 423 |                      | MIŃSK MAZOWIECKI      | POL  | M-40 | 111    | M 237 | NIE       | 01:13:27 | 02:35:13 | 03:59:24.35 | 11:24  | 5.3  |
| 334  | NEUMANN BEATA                  | 346 | CENTRUM ŁĄKOWA 1     | RADKÓW                | POL  | K-50 | 11     | K 97  | NIE       | 01:24:06 | 02:47:59 | 03:59:50.75 | 11:25  | 5.3  |
| 335  | CZERWONKA ZBIGNIEW             | 95  | ESKADRA ŁÓDŹ         | ŁÓDŹ                  | POL  | M-30 | 82     | M 238 | NO        | 01:22:32 | 02:50:42 | 04:01:22.80 | 11:29  | 5.2  |
| 336  | WILKIN MIROSLAW                | 536 | FUNTRI               | ŻARY                  | POL  | M-50 | 31     | M 239 | NIE       | 01:22:25 | 02:46:13 | 04:01:42.25 | 11:30  | 5.2  |
| 337  | LIS MIROSLAW                   | 281 |                      | CEREKWICA             | POL  | M-40 | 112    | M 240 | NIE       | 01:16:52 | 02:45:30 | 04:01:43.05 | 11:30  | 5.2  |
| 338  | SIEPIELSKI DAMIAN              | 442 |                      | NOWA WOLA             | POL  | M-30 | 83     | M 241 | NIE       | 01:11:26 | 02:35:32 | 04:02:13.35 | 10:34  | 5.7  |
| 339  | NOWAK FILIP                    | 359 |                      | OSTRÓW WIELKOPOLSKI   | POL  | M-40 | 113    | M 242 | NIE       | 01:24:29 | 02:47:48 | 04:02:23.50 | 11:32  | 5.2  |
| 340  | GOSK URSZULA                   | 144 |                      | OPOLE                 | POL  | K-30 | 44     | K 98  | NIE       | 01:22:44 | 02:47:29 | 04:02:42.60 | 11:33  | 5.2  |
| 341  | CHWASTYK EWA                   | 85  |                      | CHRZĄSZCZYCE          | POL  | K-30 | 45     | K 99  | NIE       | 01:22:42 | 02:47:29 | 04:02:42.70 | 11:33  | 5.2  |
| 342  | BUSS KONRAD                    | 69  | KUDOWIANKA RUN       | KUDOWA-ZDRÓJ          | POL  | M-30 | 84     | M 243 | NIE       | 01:20:06 | 02:42:51 | 04:03:21.35 | 11:35  | 5.2  |
| 343  | MAKOWSKI DARIUSZ               | 305 | KM TEAM              | CHOJNA                | POL  | M-50 | 32     | M 244 | NIE       | 01:18:48 | 02:45:59 | 04:03:38.20 | 11:36  | 5.2  |
| 344  | KRAWIEC PIOTR                  | 245 | KOTWICA BRZEG        | ŻŁOBIZNA              | POL  | M-40 | 114    | M 245 | NIE       | 01:18:07 | 02:43:58 | 04:04:02.35 | 11:37  | 5.2  |
| 345  | RYPYŃSKA MAGDALENA             | 433 |                      | TRZEBNICA             | POL  | K-40 | 37     | K 100 | NIE       | 01:25:02 | 02:51:39 | 04:04:32.40 | 11:38  | 5.2  |
| 346  | MORAWSKA ANNA                  | 332 |                      | WARSZAWA              | POL  | K-60 | 2      | K 101 | NIE       | 01:21:23 | 02:47:42 | 04:05:42.30 | 11:42  | 5.1  |
| 347  | FINKOWIAT - SZYMCZAK KATARZYNA | 123 | FARTY PUSZCZY        | SZCZECIN              | POL  | K-30 | 46     | K 102 | NIE       | 01:29:09 | 02:54:46 | 04:06:51.40 | 11:45  | 5.1  |
| 348  | KACIUPA AGNIESZKA              | 198 | FARTY PUSZCZY        | SZCZECIN              | POL  | K-40 | 38     | K 103 | NIE       | 01:27:57 | 02:54:49 | 04:06:51.65 | 11:45  | 5.1  |
| 349  | BORODYN ANDRZEJ                | 49  | FARTY PUSZCZY        | SZCZECIN              | POL  | M-40 | 115    | M 246 | NIE       | 01:23:08 | 02:51:29 | 04:07:09.35 | 11:46  | 5.1  |
| 350  | JEDYNAK-DOROSZ IZABELA         | 187 | KB MANIAC POZNAŃ     | TULCE                 | POL  | K-40 | 39     | K 104 | NIE       | 01:27:11 | 02:54:04 | 04:07:16.70 | 11:46  | 5.1  |
| 351  | ŁUSIAK KASIA                   | 295 |                      | SMOLEC                | POL  | K-30 | 47     | K 105 | NIE       | 01:25:59 | 03:00:06 | 04:07:41.70 | 11:47  | 5.1  |
| 352  | MAZUR MAREK                    | 320 | BIEGNIJ OŁAWO        | OŁAWA                 | POL  | M-50 | 33     | M 247 | NIE       | 01:29:14 |          | 04:07:49.00 | 11:48  | 5.1  |
| 353  | JAŚKIEWICZ KATARZYNA           | 183 |                      | SZCZECIN              | POL  | K-40 | 40     | K 106 | NIE       | 01:25:58 | 02:55:14 | 04:08:01.00 | 11:48  | 5.1  |
| 354  | BOROŃ IZABELA                  | 51  |                      | NOWA IWICZNA          | POL  | K-40 | 41     | K 107 | NIE       | 01:27:17 | 02:51:56 | 04:08:15.40 | 11:49  | 5.1  |
| 355  | BYKS TOMASZ                    | 71  |                      | POZNAŃ                | POL  | M-30 | 85     | M 248 | NIE       | 01:20:44 | 02:50:27 | 04:09:05.70 | 11:51  | 5.1  |
| 356  | ROSA ALEKSANDER                | 424 |                      | RABOWICE              | POL  | M-40 | 116    | M 249 | NIE       | 01:22:28 | 02:50:27 | 04:09:05.80 | 11:51  | 5.1  |
| 357  | HORBACZ-ROSA HANNA             | 165 |                      | RABOWICE              | POL  | K-30 | 48     | K 108 | NIE       | 01:20:57 | 02:50:30 | 04:09:10.25 | 11:51  | 5.1  |
| 358  | BOSY JOANNA                    | 56  |                      | WROCŁAW               | POL  | K-30 | 49     | K 109 | NIE       | 01:25:47 | 02:56:03 | 04:09:21.40 | 11:52  | 5.1  |
| 359  | BOROŃ RYSZARD                  | 50  |                      | NOWA IWICZNA          | POL  | M-60 | 5      | M 250 | NIE       | 01:27:35 | 02:51:59 | 04:09:39.60 | 11:53  | 5    |
| 360  | KUMOR WERONIKA                 | 267 | EVERRUN              | ŁÓDŹ                  | POL  | K-40 | 42     | K 110 | NIE       | 01:27:20 | 02:52:58 | 04:09:42.95 | 11:53  | 5    |
| 361  | ŻUROWSKI MIKOŁAJ ŻUROWSKI      | 574 | GVT                  | WROCŁAW               | POL  | M-20 | 12     | M 251 | NO        | 01:23:26 | 02:50:43 | 04:09:46.25 | 11:53  | 5    |
| 362  | KONKIEWICZ KATARZYNA           | 221 | NIAGARA              | GRODZISK WIELKOPOLSKI | POL  | K-40 | 43     | K 111 | NIE       | 01:32:15 | 02:57:25 | 04:10:23.15 | 11:55  | 5    |
| 363  | CHUDAŃSKI JAKUB                | 82  |                      | KNURÓW                | POL  | M-30 | 86     | M 252 | NIE       | 01:21:55 | 02:53:00 | 04:10:31.55 | 11:55  | 5    |
| 364  | SAWICZ PIOTR                   | 439 |                      | WROCŁAW               | POL  | M-30 | 87     | M 253 | NIE       | 01:52:08 | 03:05:03 | 04:11:34.05 | 11:58  | 5    |
| 365  | HOFFMANN GRZEGORZ              | 162 | KOŚCIAN TEAM         | CZEMPIŃ               | POL  | M-40 | 117    | M 254 | NIE       | 01:24:13 | 02:57:59 | 04:11:51.85 | 11:59  | 5    |
| 366  | BARTKIEWICZ LECH               | 22  |                      | ZIELONA GÓRA          | POL  | M-40 | 118    | M 255 | NIE       | 01:21:25 | 02:50:37 | 04:12:03.45 | 12:00  | 5    |
| 367  | NIEDZIELA KRZYSZTOF            | 348 | GOSTYŃ               | GOSTYŃ                | POL  | M-40 | 119    | M 256 | NIE       | 01:28:14 | 02:58:48 | 04:12:04.90 | 12:00  | 5    |
| 368  | NIEDZIELA DANUTA               | 349 | GOSTYŃ               | GOSTYŃ                | POL  | K-40 | 44     | K 112 | NIE       | 01:28:12 | 02:58:51 | 04:12:04.90 | 12:00  | 5    |
| 369  | KUCHARSKI ADAM                 | 258 |                      | WARSZAWA              | POL  | M-40 | 120    | M 257 | NIE       | 01:27:13 | 02:55:25 | 04:12:23.75 | 12:01  | 5    |
| 370  | JĘDRZEJCZAK ANNA               | 190 |                      | WARSZAWA              | POL  | K-50 | 12     | K 113 | NIE       | 01:27:13 | 02:55:23 | 04:12:24.20 | 12:01  | 5    |
| 371  | KLUK AGNIESZKA                 | 210 |                      | SMOLEC                | POL  | K-40 | 45     | K 114 | NIE       | 01:27:51 | 03:00:03 | 04:13:17.80 | 12:03  | 5    |
| 372  | STASZCZUK JAROSŁAW             | 465 |                      | BRZEG                 | POL  | M-50 | 34     | M 258 | NIE       | 01:26:02 | 02:57:09 | 04:13:34.70 | 12:04  | 5    |
| 373  | WOJDAŁOWICZ EWA                | 579 |                      | SZCZECIN              | POL  | K-40 | 46     | K 115 | NIE       | 01:28:02 | 02:54:58 | 04:13:53.75 | 12:05  | 5    |
| 374  | SZYMCZAK ŁUKASZ                | 490 | FARTY PUSZCZY        | SZCZECIN              | POL  | M-40 | 121    | M 259 | NIE       | 01:29:55 | 02:54:18 | 04:14:44.45 | 12:07  | 4.9  |
| 375  | BEDNARSKA-KOZIOŁ DANUTA        | 26  | WKURW-TEAM           | ZIELEŃCICE            | POL  | K-40 | 47     | K 116 | NIE       | 01:25:45 | 02:59:11 | 04:14:53.20 | 12:08  | 4.9  |
| 376  | MAJEROWSKA MAGDALENA           | 303 |                      | NOWE TŁOKI            | POL  | K-30 | 50     | K 117 | NIE       | 01:29:38 | 03:00:07 | 04:15:19.15 | 12:09  | 4.9  |
| 377  | JAKIMKO MONIKA                 | 173 | EKIPA LIPA           | LIPA                  | POL  | K-40 | 48     | K 118 | NIE       | 01:24:57 | 02:57:44 | 04:15:21.30 | 12:09  | 4.9  |
| 378  | JAKÓBCZYK EWELINA              | 175 |                      | GORZÓW WLKP.          | POL  | K-30 | 51     | K 119 | NIE       | 01:23:53 | 02:54:47 | 04:15:36.20 | 12:10  | 4.9  |
| 379  | PIKUŁA SEBASTIAN               | 393 |                      | GORZÓW WLKP.          | POL  | M-40 | 122    | M 260 | NIE       | 01:23:53 | 02:54:46 | 04:15:41.65 | 12:10  | 4.9  |
| 380  | TUREK KAROLINA                 | 511 | BIAŁY DOMEK BIEGA    | CZERWONAK             | POL  | K-40 | 49     | K 120 | NIE       | 01:29:25 | 03:00:37 | 04:16:53.85 | 12:13  | 4.9  |

**ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                              | M-sconość           | Kraj | Kat. | M. kat | K/M   | Alpinista | 7km      | 14km     | Netto       | min/km | km/h |
|------|-----------------------|-----|-----------------------------------|---------------------|------|------|--------|-------|-----------|----------|----------|-------------|--------|------|
| 381  | WEYNA ANNA            | 532 | BIAŁY DOMEK BIEGA                 | KICIN               | POL  | K-40 | 50     | K 121 | NIE       | 01:29:25 | 03:00:45 | 04:16:54.50 | 12:14  | 4.9  |
| 382  | MASALSKA ANNA         | 315 |                                   | SUWAŁKI             | POL  | K-40 | 51     | K 122 | NIE       | 01:25:24 | 02:56:03 | 04:17:29.95 | 12:15  | 4.9  |
| 383  | BRZEZIŃSKI ANDRZEJ    | 60  | LANRUNS                           | OLKUSZ              | POL  | M-60 | 6      | M 261 | NIE       | 01:21:12 | 02:58:23 | 04:17:41.25 | 12:16  | 4.9  |
| 384  | OGÓRKIEWICZ SYLWIA    | 364 |                                   | POZNAŃ              | POL  | K-40 | 52     | K 123 | NIE       | 01:31:49 | 03:00:33 | 04:17:51.35 | 12:16  | 4.9  |
| 385  | NATKANIEC GRAZYNA     | 345 |                                   | LIPA                | POL  | K-50 | 13     | K 124 | NIE       | 01:27:21 | 03:00:54 | 04:18:56.05 | 12:19  | 4.9  |
| 386  | MARCINIAK AGATA       | 310 | ŁODZIANKA TEAM                    | ŁÓDŹ                | POL  | K-40 | 53     | K 125 |           | 01:36:54 | 03:06:56 | 04:20:06.90 | 12:23  | 4.8  |
| 387  | SKWARNECKI DAMIAN     | 451 | ŁODZIANKA TEAM                    | ŁÓDŹ                | POL  | M-40 | 123    | M 262 |           | 01:36:39 | 03:06:57 | 04:20:07.05 | 12:23  | 4.8  |
| 388  | MIECHOWIECKA MAJA     | 327 |                                   | TORUŃ               | POL  | K-30 | 52     | K 126 | NIE       | 01:25:51 | 02:58:30 | 04:20:40.25 | 12:24  | 4.8  |
| 389  | STRAMEK LUKASZ        | 470 |                                   | TORUN               | POL  | M-30 | 88     | M 263 | NO        | 01:25:48 | 02:58:21 | 04:20:40.50 | 12:24  | 4.8  |
| 390  | JAWORSKI JAROSŁAW     | 184 | LOVELY MOUNTAINS WINTER RUNNING   | WROCŁAW             | POL  | M-30 | 89     | M 264 | NIE       | 01:28:12 | 03:01:28 | 04:23:19.85 | 12:32  | 4.8  |
| 391  | WARKOCZYŃSKI MARCIN   | 524 | DLA MOJEJ PEREŁKI                 | SZCZECIN            | POL  | M-40 | 124    | M 265 | NIE       | 01:28:37 | 02:54:18 | 04:23:40.10 | 12:33  | 4.8  |
| 392  | WOJCIECHOWSKI ANDRZEJ | 545 | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | KALISZ              | POL  | M-40 | 125    | M 266 | NIE       | 01:29:00 | 03:00:23 | 04:23:48.65 | 12:33  | 4.8  |
| 393  | LENERT KSENIA         | 273 |                                   | BYTOM               | POL  | K-30 | 53     | K 127 | NIE       | 01:31:35 | 03:03:02 | 04:24:25.10 | 12:35  | 4.8  |
| 394  | KOWAŃSKI TOMASZ       | 234 |                                   | PLESZEW             | POL  | M-40 | 126    | M 267 | NIE       | 01:32:04 | 03:09:17 | 04:24:38.40 | 12:36  | 4.8  |
| 395  | SZARPAK ANNA          | 477 |                                   | PLESZEW             | POL  | K-40 | 54     | K 128 | NIE       | 01:32:25 | 03:09:21 | 04:25:33.00 | 12:38  | 4.7  |
| 396  | CHEŁCHOWSKA KATARZYNA | 74  |                                   | RADKÓW              | GBR  | K-30 | 54     | K 129 | NO        | 01:31:19 | 03:04:39 | 04:25:58.05 | 12:39  | 4.7  |
| 397  | KOWAŃSKA ALEKSANDRA   | 233 |                                   | PLESZEW             | POL  | K-40 | 55     | K 130 | NIE       | 01:32:50 | 03:09:25 | 04:28:10.70 | 12:46  | 4.7  |
| 398  | PERKA BARBARA         | 386 |                                   | PROSZKÓW            | POL  | K-50 | 14     | K 131 | NIE       | 01:32:59 | 03:08:37 | 04:29:31.05 | 12:50  | 4.7  |
| 399  | STYPUŁA MICHAŁ        | 472 | TE CONNECTIVITY                   | KRZYSZTOFORZYCE     | POL  | M-30 | 90     | M 268 | NIE       | 01:33:31 | 03:12:57 | 04:29:33.60 | 12:50  | 4.7  |
| 400  | ADAMSKI ADAM          | 3   |                                   | BIERUTÓW            | POL  | M-60 | 7      | M 269 | NIE       | 01:16:55 | 03:10:33 | 04:31:33.55 | 12:55  | 4.6  |
| 401  | MALINOWSKI PRZEMEK    | 308 |                                   | RYBNIK              | POL  | M-50 | 35     | M 270 | NIE       | 01:29:08 | 03:08:55 | 04:33:09.50 | 13:00  | 4.6  |
| 402  | KRZYWAK ANNA          | 254 |                                   | GORZÓW WIELKOPOLSKI | POL  | K-40 | 56     | K 132 | NIE       | 01:30:14 | 03:13:36 | 04:33:43.65 | 13:02  | 4.6  |
| 403  | TOKARZ ROBERT         | 502 |                                   | TARNÓW              | POL  | M-50 | 36     | M 271 | NO        | 01:35:48 | 03:09:30 | 04:35:17.70 | 13:06  | 4.6  |
| 404  | PAWŁOWSKA BASIA       | 383 |                                   | GDYNIA              | POL  | K-30 | 55     | K 133 | NIE       | 01:34:17 | 03:15:10 | 04:37:02.45 | 13:11  | 4.5  |
| 405  | NORKOWSKA ALEKSANDRA  | 351 | ORANGE POLSKA                     | WARSZAWA            | POL  | K-40 | 57     | K 134 | NIE       | 01:39:58 | 03:19:51 | 04:40:02.70 | 13:20  | 4.5  |
| 406  | TURKIEWICZ DAWID      | 512 | WOLIBÓRZ W BIEGU                  | WOLIBÓRZ            | POL  | M-30 | 91     | M 272 | NIE       | 01:31:56 | 03:12:02 | 04:40:15.30 | 13:20  | 4.5  |
| 407  | ARMATYS GRZEGORZ      | 8   | ORANGE POLSKA                     | DĄBROWA GÓRNICZA    | POL  | M-50 | 37     | M 273 |           | 01:39:57 | 03:19:42 | 04:41:02.70 | 13:22  | 4.5  |
| 408  | KALBARCZYK BEATA      | 202 | ORANGE POLSKA                     | OTWOCK              | POL  | K-50 | 15     | K 135 | NIE       | 01:40:02 | 03:19:46 | 04:41:08.80 | 13:23  | 4.5  |
| 409  | GINTER KATARZYNA      | 138 |                                   | KRAKÓW              | POL  | K-30 | 56     | K 136 | NIE       | 01:37:49 | 03:19:08 | 04:43:12.70 | 13:29  | 4.4  |
| 410  | WYSOCKI GRZEGORZ      | 553 | KUGUAR XTREME RUNNERS             | WŁADYSŁAWÓW         | POL  | M-40 | 127    | M 274 | NIE       | 01:44:16 | 03:26:43 | 04:43:23.85 | 13:29  | 4.4  |
| 411  | WAWRZYNIUK MAŁGORZATA | 528 |                                   | TUREK               | POL  | K-50 | 16     | K 137 | NIE       | 01:43:20 | 03:24:04 | 04:45:22.95 | 13:35  | 4.4  |
| 412  | PEPŁOWSKA SYLWIA      | 385 |                                   | WARSAW              | POL  | K-40 | 58     | K 138 | NO        | 01:43:04 | 03:23:27 | 04:46:43.10 | 13:39  | 4.4  |
| 413  | CISŁAK ANNA           | 91  |                                   | STARA IWICZNA       | POL  | K-30 | 57     | K 139 | NIE       | 01:43:01 | 03:23:29 | 04:46:44.15 | 13:39  | 4.4  |
| 414  | ZAJĄC ANDRZEJ         | 555 | DRUŻYNA SZPIKU                    | CZŁUCHÓW            | POL  | M-40 | 128    | M 275 | NIE       | 01:34:17 | 03:24:32 | 04:47:58.70 | 13:42  | 4.4  |
| 415  | ZAJĄC KRZYSZTOF       | 554 | BEZULTRADZIKI/WKURW_TEAM          | POZNAŃ              | POL  | M-40 | 129    | M 276 | NIE       | 01:34:14 | 03:24:30 | 04:47:59.40 | 13:42  | 4.4  |
| 416  | BAJZERT MAGDALENA     | 14  |                                   | PRZYKONA            | POL  | K-40 | 59     | K 140 | NIE       | 01:42:20 | 03:24:03 | 04:49:25.55 | 13:46  | 4.4  |
| 417  | OLEK-WYSOCKA MONIKA   | 368 | KUGUAR XTREME RUNNERS             | WŁADYSŁAWÓW         | POL  | K-40 | 60     | K 141 | NIE       | 01:45:28 | 03:27:11 | 04:50:58.80 | 13:51  | 4.3  |
| 418  | FAFARA AGNIESZKA      | 116 | BIEGNIĘTE LASKI                   | ŁÓDŹ                | POL  | K-40 | 61     | K 142 | NIE       | 01:37:26 | 03:21:35 | 04:51:18.40 | 13:52  | 4.3  |
| 419  | OCHOCKA EWA           | 361 |                                   | ŁÓDŹ                | POL  | K-40 | 62     | K 143 | NIE       | 01:37:37 | 03:21:36 | 04:51:18.70 | 13:52  | 4.3  |
| 420  | KUDEŁKA JANUSZ        | 262 |                                   | PRĄDOCIN            | POL  | M-50 | 38     | M 277 | NIE       | 01:42:47 | 03:23:48 | 04:52:46.50 | 13:56  | 4.3  |
| 421  | BABIŃSKA MALWINA      | 11  |                                   | RADKÓW              | POL  | K-30 | 58     | K 144 | NIE       | 01:41:51 | 03:29:06 | 04:57:58.40 | 14:11  | 4.2  |
| 422  | BOROŃ-KOSIK MAGDA     | 52  |                                   | KIEŁCZÓW            | POL  | K-40 | 63     | K 145 | NIE       | 01:39:51 | 03:23:33 | 05:01:22.75 | 14:21  | 4.2  |
| 423  | KĘPSKI GRZEGORZ       | 207 |                                   | WROCŁAW             | POL  | M-30 | 92     | M 278 | NIE       | 01:54:19 | 03:40:56 | 05:08:26.05 | 14:41  | 4.1  |
| 424  | MYSZYWODA MONIKA      | 342 |                                   | WROCŁAW             | POL  | K-30 | 59     | K 146 | NIE       | 01:54:59 | 03:40:08 | 05:13:39.15 | 14:56  | 4    |
| 425  | LEŚNA MONIKA          | 275 |                                   | RAWICZ              | POL  | K-30 | 60     | K 147 | NIE       | 01:52:32 | 03:38:31 |             | 15:36  | 3.8  |
| 426  | WŁODARCZYK MAŁGORZATA | 542 | COLOR TREND ORZECHOWO             | ORZECHOWO           | POL  | K-40 | 64     | K 148 | NIE       | 01:48:41 | 03:43:23 |             | 15:57  | 3.8  |
| 427  | WŁODARCZYK MICHAŁ     | 543 | BMW                               | PLEWISKA            | POL  | M-20 | 13     | M 279 | NIE       | 01:48:43 | 03:43:26 |             | 15:57  | 3.8  |
| 428  | BAKA ELZBIETA         | 15  | LADIESLOSTGASBAGAS                | WARSZAWA            | POL  | K-40 | 65     | K 149 | NIE       | 00:58:12 |          |             | 8:18   | 7.2  |
| 429  | BARTOSIK KAMILA       | 23  | NIGHT RUNNERS WROCŁAW             | SMOLEC              | POL  | K-40 | 66     | K 150 | NO        | 00:59:51 |          |             | 8:33   | 7    |
| 430  | WŁODARCZYK KRZYSZTOF  | 540 | 3TEAM MPEC KONIN                  | KONIN               | POL  | M-40 | 130    | M 280 | NIE       | 01:14:57 |          |             | 10:42  | 5.6  |
| 431  | UPTAS TOMASZ          | 516 | CROSS STRACEŃCÓW TEAM             | GŁOGÓW              | POL  | M-40 | 131    | M 281 | NIE       | 01:25:01 |          |             | 12:08  | 4.9  |