

SZEŚCZDZIESIĄTKA

Organizator: Fundacja Szczyt za Szczytem
Data: 2022-02-19
Miejsce: Karpniki
Dystans: 60.5 km
Klasyfikacja wg czasów brutto.



SZEŚCZDZIESIĄTKA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	SADOWSKI PAWEŁ	844	DRÄXLMAIER.	JANOWICE WIELKIE	POL	M30	1	M 1	02:31:44	03:21:12	04:15:01	04:22:20	06:14:10	06:35:45.50	06:35:53.00	6:32	9.2
2	JUDA WITOLD	839		JELENIA GÓRA	POL	M40	1	M 2	02:36:57	03:29:32	04:24:17	04:32:07	06:28:01	06:48:09.60	06:48:11.60	6:44	8.9
3	GADZIMSKI MICHAŁ	837		JELENIA GÓRA	POL	M40	2	M 3	02:36:45	03:31:09	04:27:52	04:36:28	06:42:12	07:02:02.95	07:02:05.00	6:58	8.6
4	BIELAWA RAFAŁ	850	INOV8TEAMPOLSKA	WROCŁAW	POL	M40	3	M 4	02:37:09	03:31:48	04:26:43	04:34:55	06:42:46	07:02:54.35	07:02:58.75	6:59	8.6
5	KLINCEWICZ CEZARY	840		WROCŁAW	POL	M40	4	M 5	02:40:04	03:37:13	04:33:17	04:40:52	06:43:00	07:03:38.10	07:03:40.80	7:00	8.6
6	PIOTROWSKI MAREK	751	SKLEP BIEGACZA / RUNNING TEAM / KILOMETRY POMOCY	WROCŁAW	POL	M30	2	M 6	02:39:56	03:37:07	04:33:33	04:43:59	06:50:56	07:13:42.00	07:13:45.45	7:10	8.4
7	ŁYJAK BŁAŻEJ	796	RATEMYTRAIL	WROCŁAW	POL	M40	5	M 7		03:33:29	04:32:21	04:42:22	06:50:56	07:13:41.95	07:13:53.40	7:10	8.4
8	PIEKIELNY MARIUSZ	816		CZASTARY	POL	M40	6	M 8	02:42:46	03:40:43	04:38:56	04:48:29	06:53:37	07:17:00.80	07:17:00.80	7:13	8.3
9	BODANKA PIOTR	805	APAMA ACOUSTIC PROJECT	NIEZSANICE	POL	M40	7	M 9	02:42:53	03:40:34	04:37:46	04:45:02	06:58:40	07:20:32.35	07:20:35.80	7:16	8.2
10	EICHNER DOMINIK	820		HORNÍ DOMASLAVICE	CZE	M20	1	M 10	02:50:06	03:47:37	04:47:53	04:57:36	07:01:16	07:23:40.50	07:23:43.00	7:20	8.2
11	WIECZORKIEWICZ ZBIGNIEW	759		JELENIA GÓRA	POL	M30	3	M 11	02:50:02	03:47:30	04:50:05	04:59:46	07:15:41	07:40:19.50	07:40:21.40	7:36	7.9
12	FAJKS MARCIN	744	BIEGOWYWIRUS	BEZRZECZE	POL	M40	8	M 12	02:45:07	03:46:02	04:53:38	05:03:40	07:22:35	07:46:38.40	07:46:41.65	7:42	7.8
13	FARGANUS ROBERT	703	ZABIEGANI Z LEŚNEJ	LEŚNA	POL	M40	9	M 13		03:48:41	04:57:45	05:10:14	07:24:37	07:50:21.45	07:50:26.70	7:46	7.7
14	NOWAK MARCIN	808		MOSINA	POL	M30	4	M 14		04:08:08	05:06:40	05:17:44	07:30:37	07:54:38.60	07:54:51.70	7:50	7.6
15	ZDĄBŁARZ MARCIN	766		POGORZYCE	POL	M30	5	M 15	03:05:05	04:08:33	05:07:33	05:17:50	07:29:46	07:54:45.55	07:54:51.80	7:50	7.6
16	BIAŁEK MARCIN	712	SWEETTRAVEL	BIELAWA	POL	M30	6	M 16		04:10:28	05:15:54	05:28:50	07:32:08	07:56:30.25	07:56:52.60	7:52	7.6
17	KOŚCIELNIAK WIOLETTA	702	RUNNERS TEAM NYSA	NYSA	POL	K40	1	K 1		04:08:29	05:10:45	05:20:23	07:39:48	08:05:14.30	08:05:20.80	8:01	7.5
18	ZIMKOWSKI MARCIN	775	KGHM ZG RUN	GŁOGÓW	POL	M30	7	M 17		04:03:36	05:10:12	05:20:23	07:45:41	08:07:22.90	08:07:25.20	8:03	7.4
19	STEFANIAK ŁUKASZ	765		SZCZECIN	POL	M40	10	M 18		04:03:57	05:13:08	05:23:57	07:45:33	08:08:43.85	08:08:47.90	8:04	7.4
20	PODBIELSKI KRYSZTIAN	714	KAJA TEAM	WARSZAWA	POL	M40	11	M 19		04:10:33	05:18:45	05:29:35	07:45:50	08:10:35.00	08:10:43.65	8:06	7.4
21	SZCZĘSNY MACIEJ	842		SZCZECIN	POL	M40	12	M 20		04:05:12	05:11:16	05:21:33	07:54:28	08:17:16.70	08:17:25.10	8:13	7.3
22	BEGASIEWICZ MONIKA	846	MKL SZCZECIN	SZCZECIN	POL	K40	2	K 2		04:12:03	05:20:39	05:31:27	07:54:40	08:22:25.10	08:22:28.95	8:18	7.2
23	ŻAK ROBERT	782	TYGRIS & BIEDRONKA	MOHELNICE - ŹJEZD	CZE	M40	13	M 21		04:18:19	05:26:38	05:39:56	08:01:06	08:22:59.65	08:23:05.10	8:18	7.2
24	PACZUSKI MICHAŁ	813		ŁÓDŹ	POL	M40	14	M 22	03:12:12	04:15:40	05:22:40	05:33:27	07:58:14	08:25:45.75	08:25:52.90	8:21	7.2
25	STACHURA DAMIAN	758		LUBIN	POL	M30	8	M 23	02:51:40	03:56:33	05:09:42	05:21:00	08:01:21	08:27:42.30	08:27:47.85	8:23	7.1
26	LIPOWICZ ŁUKASZ	705		SZCZYTNIKI	POL	M40	15	M 24		04:16:16	05:22:59	05:34:40	08:05:13	08:31:25.70	08:31:31.25	8:27	7.1
27	ŻYŻA PIOTR	717	ATLETICS TEAM PRUSICE	SKOKOWA	POL	M40	16	M 25		04:12:18	05:24:35	05:35:35	08:08:44	08:35:30.85	08:35:37.40	8:31	7
28	STĘPAK WŁODZIMIERZ	803		RUDZICA	POL	M50	1	M 26	03:12:41	04:20:01	05:28:51	05:40:52	08:09:57	08:36:03.70	08:36:22.80	8:31	7
29	SZELUK GRZEGORZ	737	DZIEWIĘĆ SIŁ	WOJCIESZÓW	POL	M40	17	M 27		04:21:32	05:32:44	05:45:27	08:18:39	08:43:09.85	08:43:16.00	8:38	6.9
30	DARMETKO RAFAŁ	781		KAMIŃSKO	POL	M30	9	M 28		04:14:58	05:26:26	05:40:08	08:26:57	08:44:06.90	08:44:14.20	8:39	6.9
31	MENDYKA ŁUKASZ	819	KB AKTYWNI ŚRODA WLKP.	ŚRODA WLKP.	POL	M30	10	M 29		04:35:38	05:44:52	05:56:51	08:22:55	08:44:31.55	08:44:40.25	8:40	6.9
32	DUBINSKAS ARUNAS	823		VILNIUS	LITU	M40	18	M 30		04:23:49	05:34:02	05:47:38	08:26:11	08:44:49.55	08:45:09.00	8:40	6.9
33	JANCZ TOMASZ	753		JELENIA GÓRA	POL	M50	2	M 31		04:20:26	05:30:24	05:42:57	08:22:04	08:46:20.75	08:46:29.25	8:41	6.9
34	CALICKI ŁUKASZ	831	147ULTRA, NCDC	SZCZECIN	POL	M40	19	M 32	03:13:12	04:21:02	05:31:30	05:44:10	08:26:17	08:47:30.90	08:47:35.25	8:43	6.9
35	SKOWRON RADOSŁAW	743	WARCZĄC ODBYTEM	BALICE	POL	M40	20	M 33		04:30:19	05:41:00	05:53:19	08:21:18	08:47:48.75	08:48:07.15	8:43	6.9
36	SKORUPIŃSKI PIOTR	728		BOLESŁAWIEC	POL	M40	21	M 34		04:23:47	05:35:19	05:47:26	08:27:53	08:48:48.30	08:48:55.70	8:44	6.9
37	BURMAN MICHAŁ	704	AKTYWNI RAZEM	MUROWANA GOŚLINA	POL	M40	22	M 35	03:11:18	04:21:59	05:35:10	05:47:53	08:27:36	08:50:19.80	08:50:24.95	8:45	6.8

SZEŚCZDZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
38	KRÓL MARCIN	801		OBORNIKI ŚLĄSKIE	POL	M40	23	M 36		04:39:37	05:48:33	06:02:13	08:31:51	08:58:55.75	08:59:16.65	8:54	6.7
39	KASZKOWIAK BOGUMIL	800	WRONKI	WRONKI	POL	M40	24	M 37		04:46:03	05:58:19	06:10:24	08:46:18	09:11:37.40	09:11:49.45	9:07	6.6
40	DREGER DARIUSZ	792		WOJCIESZYCE	POL	M50	3	M 38		04:34:14	05:49:22	06:05:23	08:43:11	09:12:36.70	09:12:53.25	9:08	6.6
41	SPECHT MIKOŁAJ	833		WARSZAWA	POL	M40	25	M 39		04:27:33	05:43:43	05:59:55	08:41:39	09:12:56.35	09:13:01.35	9:08	6.6
42	ZAJĄC SEBASTIAN	788	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	26	M 40		04:43:57	06:02:18	06:17:50	08:52:39	09:14:12.35	09:14:25.00	9:09	6.5
43	SZEWCZENKO AGNIESZKA	730	KLUB BIEGACZA BOLESŁAWIEC	BOLESŁAWIEC	POL	K30	1	K 3		04:38:00	05:55:41	06:08:48	08:45:27	09:14:41.10	09:14:45.60	9:10	6.5
44	CEBULA GRZEGORZ	760		IWINY	POL	M50	4	M 41		04:37:40	05:55:33	06:08:48	08:45:50	09:14:40.90	09:14:45.75	9:10	6.5
45	DEINIUK ROMAN	755		WARSZAWA	POL	M30	11	M 42		04:48:13	06:02:28	06:16:10	08:51:11	09:14:47.95	09:15:02.40	9:10	6.5
46	OLESZEK MAGDALENA	721		CZELADŹ	POL	K30	2	K 4		04:41:42	05:53:31	06:05:52	08:50:47	09:21:09.35	09:21:12.50	9:16	6.5
47	RAJKOWSKI TOMASZ	749	FC EIRE DIVISION	ZGIERZ	POL	M30	12	M 43		04:48:37	06:01:29	06:19:01	08:53:48	09:22:36.80	09:22:44.70	9:17	6.5
48	HETMAN ŁUKASZ	780		BARLINEK	POL	M40	27	M 44		04:34:02	06:07:08	06:22:08	08:52:24	09:22:56.40	09:23:04.40	9:18	6.4
49	JERKA MAREK	858			POL	M40	28	M 45		04:35:13	05:54:55	06:05:25	08:51:38	09:22:54.45	09:23:14.50	9:18	6.4
50	GAŁKA GRZEGORZ	748		WROCŁAW	POL	M40	29	M 46		04:36:07	05:53:14	06:07:15	08:57:59	09:28:56.70	09:29:14.25	9:24	6.4
51	PAŻUCHA WOJCIECH	827		LUSÓWKO	POL	M40	30	M 47		04:45:06	05:57:55	06:12:43	09:01:57	09:34:18.30	09:34:41.10	9:29	6.3
52	WOJCIECHOWSKI DARIUSZ	826	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	31	M 48		04:44:32	05:57:52	06:12:41	09:01:53	09:34:19.50	09:34:41.40	9:29	6.3
53	GRUBICH DAMIAN	732	PARKRUN GRUDZIĄDZ	GRUDZIĄDZ	POL	M40	32	M 49		04:46:33	06:07:09	06:20:08	09:05:52	09:36:39.65	09:36:54.70	9:31	6.3
54	DAWIDZIAK ARKADIUSZ	794	GARMIN WROCŁAW	OLEŚNICA	POL	M30	13	M 50		04:54:14	06:10:06	06:24:54	09:12:41	09:37:11.55	09:37:18.10	9:32	6.3
55	KACZOROWSKI MICHAŁ	757	KWIDZYN BIEGA	KWIDZYN	POL	M30	14	M 51		04:59:12	06:14:02	06:35:47	09:10:56	09:37:33.85	09:37:54.60	9:32	6.3
56	WARZECHA TERESA	731	RANNERS TEAM NYSA	PACZKÓW	POL	K60	1	K 5		04:47:04	06:05:25	06:20:24	09:10:06	09:40:13.65	09:40:21.50	9:35	6.3
57	GOSTYŃSKI KRZYSZTOF	741	RUCZAJ ULTRA TEAM	KRAKÓW	POL	M40	33	M 52		05:03:31	06:19:06	06:29:02	09:18:08	09:41:52.80	09:42:17.10	9:37	6.2
58	GIBAŁA MARCIN	774	BIEGAM I POMAGAM	MIELEC	POL	M50	5	M 53		04:42:46	06:04:04	06:22:25	09:12:16	09:42:13.05	09:42:26.25	9:37	6.2
59	JARUS ANDRZEJ	722	POLISH WINGS	GALLSPACH	AUT	M40	34	M 54		04:43:38	05:57:46	06:11:41	09:09:50	09:44:51.20	09:45:00.95	9:40	6.2
60	TEJWAN LESZEK	799	STG WARSZAWA	WARSZAWA	POL	M40	35	M 55		04:56:29	06:15:37	06:32:54	09:24:41	09:47:03.25	09:47:29.00	9:42	6.2
61	PIETRUCHA JAKUB	809		WARSZAWA	POL	M30	15	M 55		04:56:59	06:15:58	06:32:54	09:22:41	09:47:04.60	09:47:29.00	9:42	6.2
62	BEDNAREK ANNA	776	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	K30	3	K 6		04:56:57	06:15:21	06:32:55	09:22:27	09:47:05.35	09:47:29.25	9:42	6.2
63	KOCEMBA KAMIL	742	KĘCKIE HARPAGANY	KOBIERNICE	POL	M30	16	M 57		04:59:27	06:27:13	06:50:23	09:21:30	09:47:28.85	09:47:38.40	9:42	6.2
64	KRZYWDZIŃSKI BARTŁOMIEJ	711		BOLESŁAWIEC	POL	M40	36	M 58		05:01:15	06:18:44	06:34:19	09:21:00	09:48:50.55	09:49:01.90	9:43	6.2
65	WOŁOZYŃ MARIUSZ	708	FUNDACJA PRZEJŚCIE KOTLINY	JELEŃ GÓRA	POL	M50	6	M 59		04:58:36	06:21:12	06:36:49		09:49:59.60	09:50:08.60	9:45	6.2
66	PATYK MIREK	770		WIŚNIOWA	POL	M40	37	M 60		04:45:22	06:07:20	06:31:09	09:24:35	09:51:25.60	09:51:39.10	9:46	6.1
67	PIEKARSKI ŁUKASZ	754		KOŚCIELNA WIEŚ	POL	M30	17	M 61		04:39:20	06:06:51	06:26:04	09:21:49	09:54:40.20	09:54:58.40	9:49	6.1
68	SPYCHALSKI ZBIGNIEW	762	TKKF KOLEJARZ BYDGOSZCZ	BARCIN	POL	M60	1	M 62		04:38:13	06:07:03	06:26:04	09:22:19	09:54:40.05	09:54:58.45	9:49	6.1
69	KONOPSKI PIOTR	834		GDAŃSK	POL	M30	18	M 63		04:58:32	06:13:46	06:35:46	09:25:34	09:55:33.65	09:55:55.15	9:50	6.1
70	MILEWICZ DANIEL	814		BOLESŁAWIEC	POL	M30	19	M 64		05:05:30	06:22:59	06:34:20	09:25:25	09:57:10.75	09:57:21.80	9:52	6.1
71	PROKOPIUK GRZEGORZ	747	SZWAGRY DWA	WARSZAWA	POL	M40	38	M 65		04:57:43	06:17:05	06:34:52	09:26:35	10:01:36.30	10:01:46.50	9:56	6
72	ZADROŻNY PIOTR	829		BRZEZINY	POL	M30	20	M 66		05:03:00	06:21:24	06:39:22	09:37:20	10:03:46.15	10:04:20.05	9:58	6
73	GARSTKA ZBIGNIEW	768		WRONKI	POL	M40	39	M 67		04:56:09	06:20:31	06:36:01	09:35:31	10:04:18.60	10:04:32.60	9:59	6
74	LIS PAWEŁ	851		MIEROSZÓW	POL	M40	40	M 68		04:54:46	06:19:42	06:38:12	09:38:05	10:06:04.00	10:06:30.85	10:01	6
75	POTOCKI MACIEJ	802	ORANGE POLSKA	BIERNATKI	POL	M50	7	M 69		05:09:31	06:28:27	06:45:52	09:37:30	10:07:10.90	10:07:21.80	10:02	6
76	NARECKI JAROSŁAW	710		KRUSZYN	POL	M50	8	M 70		05:10:09	06:27:20	06:42:37	09:36:17	10:08:22.05	10:08:36.35	10:03	6
77	DEC MIROŚLAW	787	TRUCHT TEAM OPOLE	OPOLE	POL	M40	41	M 71		05:08:18	06:24:50	06:41:51	09:37:05	10:08:31.90	10:08:53.95	10:03	6
78	MATYSIAK MARCIN	789	ULTRAWYRYP.PL	WARSZAWA	POL	M40	42	M 72		05:01:37	06:24:35	06:44:53	09:39:10	10:09:01.80	10:09:16.75	10:03	6
79	SZCZUREK MARIUSZ	783	AGROAS TEAM	GRODKÓW	POL	M40	43	M 73		04:59:55	06:18:43	06:29:40	09:36:51	10:10:01.30	10:10:07.15	10:04	6
80	FLASIŃSKI MICHAŁ	798		GLIWICE	POL	M30	21	M 74		05:06:11	06:24:03	06:41:46	09:41:43	10:14:49.15	10:15:06.25	10:09	5.9
81	BOMBA ALINA	734		WROCŁAW	POL	K30	4	K 7		05:08:17	06:25:15	06:41:49	09:42:41	10:16:26.15	10:16:38.25	10:11	5.9
82	KŁOSEK JACEK	836	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M30	22	M 75		05:15:52	06:36:56	06:51:22	09:46:37	10:17:26.40	10:17:43.95	10:12	5.9
83	BOROWIAK PIOTR	838		BYTOM	POL	M40	44	M 76		05:15:22	06:37:01	06:51:28	09:47:19	10:17:26.25	10:17:44.05	10:12	5.9
84	SKORUPIŃSKA KATARZYNA	806		BOLESŁAWIEC	POL	K40	3	K 8		05:06:58	06:25:40	06:42:22	09:46:30	10:19:42.15	10:19:48.70	10:14	5.9
85	POMASKI PAWEŁ	735	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M50	9	M 77		05:18:52	06:45:31	07:00:33	09:51:42	10:19:57.05	10:20:07.60	10:14	5.9

SZEŚCZDZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
86	GRAU JOANNA	750	KWIDZYN BIEGA	KWIDZYN	POL	K40	4	K 9		05:28:56	06:46:40	07:01:51	09:52:01	10:19:49.70	10:20:09.45	10:14	5.9
87	ZIÓLEK RAFAŁ	824		POZNAŃ	POL	M30	23	M 78		05:00:09	06:22:31	06:41:48	09:45:46	10:20:09.70	10:20:27.90	10:15	5.9
88	ŁĄBĘDZKI MARIUSZ	701	STARGARD JA SIĘ NIE ŚCIGAM	STARGARD	POL	M40	45	M 79		05:07:55	06:23:44	06:41:30	09:43:25	10:19:19.75	10:20:31.35	10:14	5.9
89	GAJEWSKI SEBASTIAN	740		STARGARD	POL	M30	24	M 80		05:08:18	06:23:51	06:41:31	09:44:24	10:19:20.35	10:20:31.50	10:14	5.9
90	OCHOTA RAFAŁ	720		STARGARD	POL	M40	46	M 81		05:12:49	06:33:54	06:51:33	09:49:34	10:20:48.40	10:22:54.20	10:15	5.8
91	WYSOCCAŃSKI ADRIAN	830	PIETRZYKOWICE	PIETRZYKOWICE	POL	M40	47	M 82		05:35:21	07:06:21	07:27:54	09:58:20	10:25:14.55	10:25:21.65	10:20	5.8
92	GOLBIAK WOJCIECH	849			POL	M40	48	M 83		04:41:17	06:04:59	06:57:40	09:54:01	10:27:12.20	10:27:21.75	10:22	5.8
93	KROCZYŃSKI SŁAWOMIR	772		KOŁOBRZEG	POL	M60	2	M 84		05:17:49	06:36:41	06:54:25	09:55:01	10:28:20.65	10:28:24.90	10:23	5.8
94	FICNER IWONA	791	FSD RUN DREZDENKO	STARE KUROWO	POL	K40	5	K 10		05:18:27	06:36:46	06:53:36	09:55:16	10:28:21.35	10:28:25.20	10:23	5.8
95	RECZUCH ANDRZEJ	771	DYWIZJON 102	WROCŁAW	POL	M40	49	M 85		05:02:34	06:24:18	06:38:32	09:57:00	10:36:01.55	10:36:17.20	10:30	5.7
96	MICHALSKI DARIUSZ	785	BIEGACZE JUNIORA-RUNNERS TEAM	KOZIEGŁOWY	POL	M30	25	M 86		05:07:52	06:32:45	06:53:10	10:05:20	10:39:12.35	10:39:23.85	10:33	5.7
97	WOJCIECHOWSKI PAWEŁ	769	BIEGACZE JUNIORA_RUNNERS TEAM	KICIN	POL	M40	50	M 86		05:07:44	06:32:42	06:53:10	10:05:37	10:39:12.65	10:39:23.85	10:33	5.7
98	WIŚNIEWSKI ARTUR	821		POZNAŃ	POL	M40	51	M 88		05:19:46	06:49:04	07:03:19	10:05:50	10:42:05.80	10:42:27.30	10:36	5.7
99	NOWACKI ADAM	786	STG WARSZAWA	WARSZAWA-WESOŁA	POL	M20	2	M 89		05:10:08	06:35:22	06:56:04	10:07:39	10:42:31.80	10:42:39.95	10:37	5.6
100	KOWALCZYK PAWEŁ	733	KĘCKIE HARPAGANY	KĘTY	POL	M40	52	M 90		04:58:19	06:26:30	06:50:29	10:10:42	10:45:58.95	10:46:01.35	10:40	5.6
101	GAŁEK WOJCIECH	706	RAPI POLSKA / NO PAIN NO GAIN	WROCŁAW	POL	M40	53	M 91		05:35:46	07:07:10	07:27:40	10:22:07	10:58:32.10	10:58:39.50	10:53	5.5
102	WREMBEL PRZEMYSŁAW	793		NOWA WIEŚ	POL	M40	54	M 92		05:21:20	06:50:12	07:09:58	10:24:00	10:58:29.05	10:58:42.10	10:53	5.5
103	CZURŃSKA WIOLKA	727	POKOCHAJ BIEGANIE	GDYNIA	POL	K40	6	K 11		05:39:13	06:58:45	07:12:40	10:27:34	11:02:51.35	11:03:01.55	10:57	5.5
104	WOŻNA MAGDALENA	845	STOWARZYSZENIE NOWE GRANICE	ZIELONA GÓRA	POL	K40	7	K 12		05:37:25	07:03:15	07:23:28	10:29:45	11:07:38.05	11:07:50.35	11:02	5.4
105	BEM PIOTR	725		WROCŁAW	POL	M40	55	M 93		05:16:53	06:48:54	07:09:42	10:32:28	11:11:25.10	11:11:33.10	11:05	5.4
106	KATA WIEŚŁAW	709		LUBIN	POL	M50	10	M 94		05:10:39	06:37:17	07:09:35	10:33:28	11:11:20.05	11:11:36.30	11:05	5.4
107	LASKOWSKI TOMASZ	779	PIĘKNI I BESTIĘ	STARGARD	POL	M30	26	M 95		05:14:38	06:47:21	07:13:14	10:39:41	11:12:03.30	11:12:12.25	11:06	5.4
108	GORZOCH JUSTYNA	795	KW WARSZAWA	WARSZAWA	POL	K30	5	K 13		05:38:03	07:06:58	07:25:27	10:37:29	11:16:15.80	11:16:44.40	11:10	5.4
109	GROCHOWSKI WOJCIECH	832	KLUB WYSOKOGÓRSKI WARSZAWA	WARSZAWA	POL	M40	56	M 96		05:40:25	07:16:14	07:35:00	10:38:56	11:16:19.20	11:16:46.95	11:10	5.4
110	KUDELSKI IRENEUSZ	843	ROZBIEGANI CHOJNÓW	OSETNICA	POL	M50	11	M 97		05:18:20	06:58:31	07:16:10	10:40:51	11:19:49.55	11:20:10.10	11:14	5.3
111	KRUZEL RAFAŁ	807	BIEGOWE MISIE	LEGNICA	POL	M50	12	M 98		05:36:49	07:12:37	07:29:25	10:42:54	11:20:51.65	11:21:01.80	11:15	5.3
112	NÓZKA ANDRZEJ	859	ULTRA BEER RUNNERS		POL	M40	57	M 99		05:37:50	07:07:44	07:25:47	10:47:38	11:24:14.35	11:24:31.75	11:18	5.3
113	KONKEL MARCIN	718		WARSZAWA	POL	M40	58	M 100		05:40:51	07:09:24	07:34:32	10:50:49	11:28:36.40	11:29:09.30	11:22	5.3
114	POBŁOCKI JAN	848			POL	M60	3	M 101		06:00:26	07:28:27	07:44:55	10:55:34	11:35:24.95	11:35:41.25	11:29	5.2
115	MELNYK IVAN	818		WROCŁAW	UKR	M30	27	M 102		05:53:52	07:23:59	07:47:48	11:00:10	11:35:39.35	11:35:58.80	11:29	5.2
116	TREGUB IGOR	817		WROCŁAW	POL	M30	28	M 103		05:54:25	07:23:56	07:47:48	10:59:16	11:35:40.20	11:35:59.10	11:29	5.2
117	PAJDOWSKI ANDRZEJ	822		POLKOWICE	POL	M50	13	M 104		06:08:08	07:44:00	08:00:34	11:15:40	11:45:44.70	11:46:08.00	11:39	5.1
118	PLEWIŃSKA OLIWIA	790	DREAM TEAM	TARNOWSKIE GÓRY	POL	K30	6	K 14		05:54:47	07:30:37	07:50:56	11:19:16	11:53:12.70	11:53:21.70	11:47	5.1
119	FILIPIAK SEBASTIAN	707	EKIPA LIPA	LIPA	POL	M40	59	M 105		05:49:28	07:25:42	07:49:19	11:23:49	12:05:20.15	12:05:49.85	11:59	5
120	GÓRCZYŃSKI RAFAŁ	716		NOWY TOMYŚL	POL	M40	60	M 106		05:49:40	07:25:59	07:49:56	11:24:00	12:05:33.25	12:05:58.20	11:59	5
121	MARCINIAK MACIEJ	784	MM PROJEKT	ŻARY	POL	M40	61	M 107		05:20:33	07:07:30	07:34:04	11:19:52	12:07:37.55	12:07:47.30	12:01	5
122	FURTAK KRZYSZTOF	777	KTOŚ MUSI BYĆ OSTATNI	LUBIN	POL	M60	4	M 108		06:05:59	07:43:36	08:02:52	11:37:02	12:25:00.30	12:25:14.50	12:18	4.9
123	JESCHKA JERRY	860		KASSEL		M50	14	M 109		06:11:02	07:48:33	08:17:12	11:45:17	12:25:30.85	12:26:13.10	12:19	4.9
124	GUZEK AGNIESZKA	764		ZIELONKA	POL	K40	8	K 15		06:15:26	08:00:33	08:19:43	12:00:28	12:36:01.00	12:36:17.30	12:29	4.8
125	KASPERKIEWICZ FILIP	736		WROCŁAW	POL	M40	62	M 110		06:15:38	08:05:26	08:32:22	11:59:52	12:36:53.55	12:37:16.65	12:30	4.8
126	MASZEWSKA-WACH MARIOLA	797		RAWA MAZOWIECKA	POL	K40	9	K 16		06:26:56	08:14:52	08:32:58	12:10:11	12:47:38.35	12:48:03.20	12:41	4.7
127	DZISZKIEWICZ GRZEGORZ	841		BIEŁSKO BIAŁA	POL	M40	63	M 111		06:25:13	08:14:43	08:33:00	12:10:18	12:47:39.30	12:48:03.20	12:41	4.7
128	SEMENIUK KONRAD	729	RZEPIŃCY BIEGACZE	RZEPIN	POL	M30	29	M 112		07:01:58	08:55:07	09:13:40	12:16:20	12:57:22.10	12:57:38.50	12:50	4.7
129	JĘDROWSKI RYSZARD	726	ULTRA RZEPIN	RZEPIN	POL	M40	64	M 113		07:01:57	08:55:07	09:18:04	13:42:03	14:35:13.40	14:35:34.00	14:27	4.1

SZEŚCZDZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
130	CIEŚLAK ŁUKASZ	752	CIEŚLAK TEAM	OŚNO LUBUSKIE	POL	M40	65	M 114		07:02:52	08:56:08	09:18:17	13:42:21	14:35:29.30	14:35:44.85	14:28	4.1
131	SYPNIEWSKA HANNA	847		SPARTANIE DZIECIOM	POL	K60	2	K 17		07:41:45	09:43:21	10:02:46	14:10:24	14:47:25.55	14:47:42.00	14:40	4.1
	MIECHUR BOGUMIŁ	804	RUNEXTREME	JELENIA GÓRA	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KINCEL KRZYSZTOF	815		POŁUPIN	POL	M50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SZEŚCZDZIESIĄTKA, OPEN Kobiety

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	KOŚCIELNIAK WIOLETTA	702	RUNNERS TEAM NYSA	NYSA	POL	K40	1	K 1		04:08:29	05:10:45	05:20:23	07:39:48	08:05:14.30	08:05:20.80	8:01	7.5
2	BEGASIEWICZ MONIKA	846	MKL SZCZECIN	SZCZECIN	POL	K40	2	K 2		04:12:03	05:20:39	05:31:27	07:54:40	08:22:25.10	08:22:28.95	8:18	7.2
3	SZEWCZENKO AGNIESZKA	730	KLUB BIEGACZA BOLESŁAWIEC	BOLESŁAWIEC	POL	K30	1	K 3		04:38:00	05:55:41	06:08:48	08:45:27	09:14:41.10	09:14:45.60	9:10	6.5
4	OLESZEK MAGDALENA	721		CZELADŹ	POL	K30	2	K 4		04:41:42	05:53:31	06:05:52	08:50:47	09:21:09.35	09:21:12.50	9:16	6.5
5	WARZECHA TERESA	731	RANNERS TEAM NYSA	PACZKÓW	POL	K60	1	K 5		04:47:04	06:05:25	06:20:24	09:10:06	09:40:13.65	09:40:21.50	9:35	6.3
6	BEDNAREK ANNA	776	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	K30	3	K 6		04:56:57	06:15:21	06:32:55	09:22:27	09:47:05.35	09:47:29.25	9:42	6.2
7	BOMBA ALINA	734		WROCLAW	POL	K30	4	K 7		05:08:17	06:25:15	06:41:49	09:42:41	10:16:26.15	10:16:38.25	10:11	5.9
8	SKORUPIŃSKA KATARZYNA	806		BOLESŁAWIEC	POL	K40	3	K 8		05:06:58	06:25:40	06:42:22	09:46:30	10:19:42.15	10:19:48.70	10:14	5.9
9	GRAU JOANNA	750	KWIDZYN BIEGA	KWIDZYN	POL	K40	4	K 9		05:28:56	06:46:40	07:01:51	09:52:01	10:19:49.70	10:20:09.45	10:14	5.9
10	FICNER IWONA	791	FSD RUN DREZDENKO	STARE KUROWO	POL	K40	5	K 10		05:18:27	06:36:46	06:53:36	09:55:16	10:28:21.35	10:28:25.20	10:23	5.8
11	CZURYŃSKA WIOLKA	727	POKOCHAJ BIEGANIE	GDYNIA	POL	K40	6	K 11		05:39:13	06:58:45	07:12:40	10:27:34	11:02:51.35	11:03:01.55	10:57	5.5
12	WOŹNA MAGDALENA	845	STOWARZYSZENIE NOWE GRANICE	ZIELONA GÓRA	POL	K40	7	K 12		05:37:25	07:03:15	07:23:28	10:29:45	11:07:38.05	11:07:50.35	11:02	5.4
13	GORZOCH JUSTYNA	795	KW WARSZAWA	WARSZAWA	POL	K30	5	K 13		05:38:03	07:06:58	07:25:27	10:37:29	11:16:15.80	11:16:44.40	11:10	5.4
14	PLEWIŃSKA OLIWIA	790	DREAM TEAM	TARNOWSKIE GÓRY	POL	K30	6	K 14		05:54:47	07:30:37	07:50:56	11:19:16	11:53:12.70	11:53:21.70	11:47	5.1
15	GUZEK AGNIESZKA	764		ZIELONKA	POL	K40	8	K 15		06:15:26	08:00:33	08:19:43	12:00:28	12:36:01.00	12:36:17.30	12:29	4.8
16	MASZEWSKA-WACH MARIOLA	797		RAWA MAZOWIECKA	POL	K40	9	K 16		06:26:56	08:14:52	08:32:58	12:10:11	12:47:38.35	12:48:03.20	12:41	4.7
17	SYPNIEWSKA HANNA	847		SPARTANIE DZIECIOM	POL	K60	2	K 17		07:41:45	09:43:21	10:02:46	14:10:24	14:47:25.55	14:47:42.00	14:40	4.1

SZEŚCZDZIESIĄTKA, OPEN Mężczyźni

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	SADOWSKI PAWEŁ	844	DRÄXLMAIER.	JANOWICE WIELKIE	POL	M30	1	M 1	02:31:44	03:21:12	04:15:01	04:22:20	06:14:10	06:35:45.50	06:35:53.00	6:32	9.2
2	JUDA WITOLD	839		JELENIA GÓRA	POL	M40	1	M 2	02:36:57	03:29:32	04:24:17	04:32:07	06:28:01	06:48:09.60	06:48:11.60	6:44	8.9
3	GADZIMSKI MICHAŁ	837		JELENIA GÓRA	POL	M40	2	M 3	02:36:45	03:31:09	04:27:52	04:36:28	06:42:12	07:02:02.95	07:02:05.00	6:58	8.6
4	BIELAWA RAFAŁ	850	INOVBTEAMPOLSKA	WROCLAW	POL	M40	3	M 4	02:37:09	03:31:48	04:26:43	04:34:55	06:42:46	07:02:54.35	07:02:58.75	6:59	8.6
5	KLINCEWICZ CEZARY	840		WROCLAW	POL	M40	4	M 5	02:40:04	03:37:13	04:33:17	04:40:52	06:43:00	07:03:38.10	07:03:40.80	7:00	8.6
6	PIOTROWSKI MAREK	751	SKLEP BIEGACZA RUNNING TEAM / KILOMETRY POMOCY	WROCLAW	POL	M30	2	M 6	02:39:56	03:37:07	04:33:33	04:43:59	06:50:56	07:13:42.00	07:13:45.45	7:10	8.4
7	ŁYJAK BŁAŻEJ	796	RATEMYTRAIL	WROCLAW	POL	M40	5	M 7		03:33:29	04:32:21	04:42:22	06:50:56	07:13:41.95	07:13:53.40	7:10	8.4
8	PIEKIELNY MARIUSZ	816		CZASTARY	POL	M40	6	M 8	02:42:46	03:40:43	04:38:56	04:48:29	06:53:37	07:17:00.80	07:17:00.80	7:13	8.3
9	BODANKA PIOTR	805	APAMA ACOUSTIC PROJECT	NIEZSANICE	POL	M40	7	M 9	02:42:53	03:40:34	04:37:46	04:45:02	06:58:40	07:20:32.35	07:20:35.80	7:16	8.2
10	EICHNER DOMINIK	820		HORNÍ DOMASLAVICE	CZE	M20	1	M 10	02:50:06	03:47:37	04:47:53	04:57:36	07:01:16	07:23:40.50	07:23:43.00	7:20	8.2
11	WIECZORKIEWICZ ZBIGNIEW	759		JELENIA GÓRA	POL	M30	3	M 11	02:50:02	03:47:30	04:50:05	04:59:46	07:15:41	07:40:19.50	07:40:21.40	7:36	7.9
12	FAJKS MARCIN	744	BIEGOWYWIRUS	BEZRZECZE	POL	M40	8	M 12	02:45:07	03:46:02	04:53:38	05:03:40	07:22:35	07:46:38.40	07:46:41.65	7:42	7.8
13	FARGANUS ROBERT	703	ZABIEGANI Z LEŚNEJ	LEŚNA	POL	M40	9	M 13		03:48:41	04:57:45	05:10:14	07:24:37	07:50:21.45	07:50:26.70	7:46	7.7

SZEŚCZDZIESIĄTKA, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
14	NOWAK MARCIN	808		MOSINA	POL	M30	4	M 14		04:08:08	05:06:40	05:17:44	07:30:37	07:54:38.60	07:54:51.70	7:50	7.6
15	ZDĄBLARZ MARCIN	766		POGORZYCE	POL	M30	5	M 15	03:05:05	04:08:33	05:07:33	05:17:50	07:29:46	07:54:45.55	07:54:51.80	7:50	7.6
16	BIAŁEK MARCIN	712	SWEETTRAVEL	BIELAWA	POL	M30	6	M 16		04:10:28	05:15:54	05:28:50	07:32:08	07:56:30.25	07:56:52.60	7:52	7.6
17	ZIMKOWSKI MARCIN	775	KGHM ZG RUN	GŁOGÓW	POL	M30	7	M 17		04:03:36	05:10:12	05:20:23	07:45:41	08:07:22.90	08:07:25.20	8:03	7.4
18	STEFANIAK ŁUKASZ	765		SZCZECIN	POL	M40	10	M 18		04:03:57	05:13:08	05:23:57	07:45:33	08:08:43.85	08:08:47.90	8:04	7.4
19	PODBIELSKI KRYSZTIAN	714	KAJA TEAM	WARSZAWA	POL	M40	11	M 19		04:10:33	05:18:45	05:29:35	07:45:50	08:10:35.00	08:10:43.65	8:06	7.4
20	SZCZĘSNY MACIEJ	842		SZCZECIN	POL	M40	12	M 20		04:05:12	05:11:16	05:21:33	07:54:28	08:17:16.70	08:17:25.10	8:13	7.3
21	ŻAK ROBERT	782	TYGRIS & BIEDRONKA	MOHELNICE - ÚJEZD	CZE	M40	13	M 21		04:18:19	05:26:38	05:39:56	08:01:06	08:22:59.65	08:23:05.10	8:18	7.2
22	PACZUSKI MICHAŁ	813		LODZ	POL	M40	14	M 22	03:12:12	04:15:40	05:22:40	05:33:27	07:58:14	08:25:45.75	08:25:52.90	8:21	7.2
23	STACHURA DAMIAN	758		LUBIN	POL	M30	8	M 23	02:51:40	03:56:33	05:09:42	05:21:00	08:01:21	08:27:42.30	08:27:47.85	8:23	7.1
24	LIPOWICZ ŁUKASZ	705		SZCZYTNIKI	POL	M40	15	M 24		04:16:16	05:22:59	05:34:40	08:05:13	08:31:25.70	08:31:31.25	8:27	7.1
25	ŻYŻA PIOTR	717	ATHLETICS TEAM PRUSICE	SKOKOWA	POL	M40	16	M 25		04:12:18	05:24:35	05:35:35	08:08:44	08:35:30.85	08:35:37.40	8:31	7
26	STĘPAK WŁODZIMIERZ	803		RUDZICA	POL	M50	1	M 26	03:12:41	04:20:01	05:28:51	05:40:52	08:09:57	08:36:03.70	08:36:22.80	8:31	7
27	SZELUK GRZEGORZ	737	DZIEWIĘĆ SIŁ	WOJCIESZÓW	POL	M40	17	M 27		04:21:32	05:32:44	05:45:27	08:18:39	08:43:09.85	08:43:16.00	8:38	6.9
28	DARMETKO RAFAŁ	781		KAMIŃSKO	POL	M30	9	M 28		04:14:58	05:26:26	05:40:08	08:26:57	08:44:06.90	08:44:14.20	8:39	6.9
29	MENDYKA ŁUKASZ	819	KB AKTYWNI ŚRODA WLKP.	ŚRODA WLKP.	POL	M30	10	M 29		04:35:38	05:44:52	05:56:51	08:22:55	08:44:31.55	08:44:40.25	8:40	6.9
30	DUBINSKAS ARUNAS	823		VILNIUS	LTU	M40	18	M 30		04:23:49	05:34:02	05:47:38	08:26:11	08:44:49.55	08:45:09.00	8:40	6.9
31	JAN CZ TOMASZ	753		JELENIA GÓRA	POL	M50	2	M 31		04:20:26	05:30:24	05:42:57	08:22:04	08:46:20.75	08:46:29.25	8:41	6.9
32	CALICKI ŁUKASZ	831	147ULTRA, NCDC	SZCZECIN	POL	M40	19	M 32	03:13:12	04:21:02	05:31:30	05:44:10	08:26:17	08:47:30.90	08:47:35.25	8:43	6.9
33	SKOWRON RADOSŁAW	743	WARCZĄC ODBYTEM	BALICE	POL	M40	20	M 33		04:30:19	05:41:00	05:53:19	08:21:18	08:47:48.75	08:48:07.15	8:43	6.9
34	SKORUPIŃSKI PIOTR	728		BOLESŁAWIEC	POL	M40	21	M 34		04:23:47	05:35:19	05:47:26	08:27:53	08:48:48.30	08:48:55.70	8:44	6.9
35	BURMAN MICHAŁ	704	AKTYWNI RAZEM	MUROWANA GOŚLINA	POL	M40	22	M 35	03:11:18	04:21:59	05:35:10	05:47:53	08:27:36	08:50:19.80	08:50:24.95	8:45	6.8
36	KRÓL MARCIN	801		OBORNIKI ŚLĄSKIE	POL	M40	23	M 36		04:39:37	05:48:33	06:02:13	08:31:51	08:58:55.75	08:59:16.65	8:54	6.7
37	KASZKOWIAK BOGUMIL	800	WRONKI	WRONKI	POL	M40	24	M 37		04:46:03	05:58:19	06:10:24	08:46:18	09:11:37.40	09:11:49.45	9:07	6.6
38	DREGER DARIUSZ	792		WOJCIESZYCE	POL	M50	3	M 38		04:34:14	05:49:22	06:05:23	08:43:11	09:12:36.70	09:12:53.25	9:08	6.6
39	SPECHT MIKOŁAJ	833		WARSZAWA	POL	M40	25	M 39		04:27:33	05:43:43	05:59:55	08:41:39	09:12:56.35	09:13:01.35	9:08	6.6
40	ZAJĄC SEBASTIAN	788	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	26	M 40		04:43:57	06:02:18	06:17:50	08:52:39	09:14:12.35	09:14:25.00	9:09	6.5
41	CEBULA GRZEGORZ	760		IWINY	POL	M50	4	M 41		04:37:40	05:55:33	06:08:48	08:45:50	09:14:40.90	09:14:45.75	9:10	6.5
42	DEINIUK ROMAN	755		WARSZAWA	POL	M30	11	M 42		04:48:13	06:02:28	06:16:10	08:51:11	09:14:47.95	09:15:02.40	9:10	6.5
43	RAJKOWSKI TOMASZ	749	FC EIRE DIVISION	ZGIERZ	POL	M30	12	M 43		04:48:37	06:01:29	06:19:01	08:53:48	09:22:36.80	09:22:44.70	9:17	6.5
44	HETMAN ŁUKASZ	780		BARLINEK	POL	M40	27	M 44		04:34:02		06:07:08	08:52:24	09:22:56.40	09:23:04.40	9:18	6.4
45	JERKA MAREK	858			POL	M40	28	M 45		04:35:13	05:54:55	06:05:25	08:51:38	09:22:54.45	09:23:14.50	9:18	6.4
46	GAŁKA GRZEGORZ	748		WROCŁAW	POL	M40	29	M 46		04:36:07	05:53:14	06:07:15	08:57:59	09:28:56.70	09:29:14.25	9:24	6.4
47	PAŻUCHA WOJCIECH	827		LUSÓWKO	POL	M40	30	M 47		04:45:06	05:57:55	06:12:43	09:01:57	09:34:18.30	09:34:41.10	9:29	6.3
48	WOJCIECHOWSKI DARIUSZ	826	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	31	M 48		04:44:32	05:57:52	06:12:41	09:01:53	09:34:19.50	09:34:41.40	9:29	6.3
49	GRUBICH DAMIAN	732	PARKRUN GRUDZIĄDZ	GRUDZIĄDZ	POL	M40	32	M 49		04:46:33	06:07:09	06:20:08	09:05:52	09:36:39.65	09:36:54.70	9:31	6.3
50	DAWIDZIAK ARKADIUSZ	794	GARMIN WROCŁAW	OLEŚNICA	POL	M30	13	M 50		04:54:14	06:10:06	06:24:54	09:12:41	09:37:11.55	09:37:18.10	9:32	6.3
51	KACZOROWSKI MICHAŁ	757	KWIDZYN BIEGA	KWIDZYN	POL	M30	14	M 51		04:59:12	06:14:02	06:35:47	09:10:56	09:37:33.85	09:37:54.60	9:32	6.3
52	GOSTYŃSKI KRZYSZTOF	741	RUCZAJ ULTRA TEAM	KRAKÓW	POL	M40	33	M 52		05:03:31	06:19:06	06:29:02	09:18:08	09:41:52.80	09:42:17.10	9:37	6.2
53	GIBAŁA MARCIN	774	BIEGAM I POMAGAM	MIELEC	POL	M50	5	M 53		04:42:46	06:04:04	06:22:25	09:12:16	09:42:13.05	09:42:26.25	9:37	6.2
54	JARUS ANDRZEJ	722	POLISH WINGS	GALLSPACH	AUT	M40	34	M 54		04:43:38	05:57:46	06:11:41	09:09:50	09:44:51.20	09:45:00.95	9:40	6.2
55	PIETRUCHA JAKUB	809		WARSZAWA	POL	M30	15	M 55		04:56:59	06:15:58	06:32:54	09:22:41	09:47:04.60	09:47:29.00	9:42	6.2
56	TEJWAN LESZEK	799	STG WARSZAWA	WARSZAWA	POL	M40	35	M 55		04:56:29	06:15:37	06:32:54	09:24:41	09:47:03.25	09:47:29.00	9:42	6.2
57	KOCEMBA KAMIL	742	KĘCKIE HARPAGANY	KOBIERNICE	POL	M30	16	M 57		04:59:27	06:27:13	06:50:23	09:21:30	09:47:28.85	09:47:38.40	9:42	6.2
58	KRZYWDZIŃSKI BARTŁOMIEJ	711		BOLESŁAWIEC	POL	M40	36	M 58		05:01:15	06:18:44	06:34:19	09:21:00	09:48:50.55	09:49:01.90	9:43	6.2
59	WOŁOŻYŃ MARIUSZ	708	FUNDACJA PRZEJŚCIE KOTLINY	JELENIA GÓRA	POL	M50	6	M 59		04:58:36	06:21:12	06:36:49		09:49:59.60	09:50:08.60	9:45	6.2
60	PATYK MIREK	770		WIŚNIOWA	POL	M40	37	M 60		04:45:22	06:07:20	06:31:09	09:24:35	09:51:25.60	09:51:39.10	9:46	6.1
61	PIEKARSKI ŁUKASZ	754		KOŚCIELNA WIEŚ	POL	M30	17	M 61		04:39:20	06:06:51	06:26:04	09:21:49	09:54:40.20	09:54:58.40	9:49	6.1
62	SPYCHALSKI ZBIGNIEW	762	TKKF KOLEJARZ BYDGOSZCZ	BARCIN	POL	M60	1	M 62		04:38:13	06:07:03	06:26:04	09:22:19	09:54:40.05	09:54:58.45	9:49	6.1

SZEŚCZDZIESIĄTKA, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
63	KONOPSKI PIOTR	834		GDAŃSK	POL	M30	18	M 63	04:58:32	06:13:46	06:35:46	06:35:46	09:25:34	09:55:33.65	09:55:55.15	9:50	6.1
64	MILEWICZ DANIEL	814		BOLESŁAWIEC	POL	M30	19	M 64	05:05:30	06:22:59	06:34:20	06:34:20	09:57:10.75	09:57:21.80	9:52	6.1	
65	PROKOPIUK GRZEGORZ	747	SZWAGRY DWA	WARSZAWA	POL	M40	38	M 65	04:57:43	06:17:05	06:34:52	06:34:52	09:26:35	10:01:36.30	10:01:46.50	9:56	6
66	ZADROŻNY PIOTR	829		BRZEZINY	POL	M30	20	M 66	05:03:00	06:21:24	06:39:22	06:39:22	09:37:20	10:03:46.15	10:04:20.05	9:58	6
67	GARSTKA ZBIGNIEW	768		WRONKI	POL	M40	39	M 67	04:56:09	06:20:31	06:36:01	06:36:01	09:35:31	10:04:18.60	10:04:32.60	9:59	6
68	LIS PAWEŁ	851		MIEROSZÓW	POL	M40	40	M 68	04:54:46	06:19:42	06:38:12	06:38:12	09:38:05	10:06:04.00	10:06:30.85	10:01	6
69	POTOCKI MACIEJ	802	ORANGE POLSKA	BIERNATKI	POL	M50	7	M 69	05:09:31	06:28:27	06:45:52	06:45:52	09:37:30	10:07:10.90	10:07:21.80	10:02	6
70	NARECKI JAROSŁAW	710		KRUSZYN	POL	M50	8	M 70	05:10:09	06:27:20	06:42:37	06:42:37	09:36:17	10:08:22.05	10:08:36.35	10:03	6
71	DEC MIROSŁAW	787	TRUCHT TEAM OPOLE	OPOLE	POL	M40	41	M 71	05:08:18	06:24:50	06:41:51	06:41:51	09:37:05	10:08:31.90	10:08:53.95	10:03	6
72	MATYSIAK MARCIN	789	ULTRAWYRYPA.PL	WARSZAWA	POL	M40	42	M 72	05:01:37	06:24:35	06:44:53	06:44:53	09:39:10	10:09:01.80	10:09:16.75	10:03	6
73	SZCZUREK MARIUSZ	783	AGROAS TEAM	GRODKÓW	POL	M40	43	M 73	04:59:55	06:18:43	06:29:40	06:29:40	09:36:51	10:10:01.30	10:10:07.15	10:04	6
74	FLASIŃSKI MICHAŁ	798		GLIWICE	POL	M30	21	M 74	05:06:11	06:24:03	06:41:46	06:41:46	09:41:43	10:14:49.15	10:15:06.25	10:09	5.9
75	KŁOSEK JACEK	836	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M30	22	M 75	05:15:52	06:36:56	06:51:22	06:51:22	09:46:37	10:17:26.40	10:17:43.95	10:12	5.9
76	BOROWIAK PIOTR	838		BYTOM	POL	M40	44	M 76	05:15:22	06:37:01	06:51:28	06:51:28	09:47:19	10:17:26.25	10:17:44.05	10:12	5.9
77	POMASKI PAWEŁ	735	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M50	9	M 77	05:18:52	06:45:31	07:00:33	07:00:33	09:51:42	10:19:57.05	10:20:07.60	10:14	5.9
78	ZIÓŁEK RAFAŁ	824		POZNAŃ	POL	M30	23	M 78	05:00:09	06:22:31	06:41:48	06:41:48	09:45:46	10:20:09.70	10:20:27.90	10:15	5.9
79	ŁABĘDZKI MARIUSZ	701	STARGARD JA SIĘ NIE ŚCIGAM	STARGARD	POL	M40	45	M 79	05:07:55	06:23:44	06:41:30	06:41:30	09:43:25	10:19:19.75	10:20:31.35	10:14	5.9
80	GAJEWSKI SEBASTIAN	740		STARGARD	POL	M30	24	M 80	05:08:18	06:23:51	06:41:31	06:41:31	09:44:24	10:19:20.35	10:20:31.50	10:14	5.9
81	OCHOTA RAFAŁ	720		STARGARD	POL	M40	46	M 81	05:12:49	06:33:54	06:51:33	06:51:33	09:49:34	10:20:48.40	10:22:54.20	10:15	5.8
82	WYSOCZAŃSKI ADRIAN	830	PIETRZYKOWICE	PIETRZYKOWICE	POL	M40	47	M 82	05:35:21	07:06:21	07:27:54	07:27:54	09:58:20	10:25:14.55	10:25:21.65	10:20	5.8
83	GOLBIAK WOJCIECH	849			POL	M40	48	M 83	04:41:17	06:04:59	06:57:40	06:57:40	09:54:01	10:27:12.20	10:27:21.75	10:22	5.8
84	KROCZYŃSKI SŁAWOMIR	772		KOŁOBRZEG	POL	M60	2	M 84	05:17:49	06:36:41	06:54:25	06:54:25	09:55:01	10:28:20.65	10:28:24.90	10:23	5.8
85	RECZUCH ANDRZEJ	771	DYWIZJON 102	WROCŁAW	POL	M40	49	M 85	05:02:34	06:24:18	06:38:32	06:38:32	09:57:00	10:36:01.55	10:36:17.20	10:30	5.7
86	MICHAŁSKI DARIUSZ	785	BIEGACZE JUNIORA-RUNNERS TEAM	KOZIEGŁOWY	POL	M30	25	M 86	05:07:52	06:32:45	06:53:10	06:53:10	10:05:20	10:39:12.35	10:39:23.85	10:33	5.7
87	WOJCIECHOWSKI PAWEŁ	769	BIEGACZE JUNIORA_RUNNERS TEAM	KICIN	POL	M40	50	M 86	05:07:44	06:32:42	06:53:10	06:53:10	10:05:37	10:39:12.65	10:39:23.85	10:33	5.7
88	WIŚNIEWSKI ARTUR	821		POZNAŃ	POL	M40	51	M 88	05:19:46	06:49:04	07:03:19	07:03:19	10:05:50	10:42:05.80	10:42:27.30	10:36	5.7
89	NOWACKI ADAM	786	STG WARSZAWA	WARSZAWA-WESOŁA	POL	M20	2	M 89	05:10:08	06:35:22	06:56:04	06:56:04	10:07:39	10:42:31.80	10:42:39.95	10:37	5.6
90	KOWALCZYK PAWEŁ	733	KĘCKIE HARPAGANY	KĘTY	POL	M40	52	M 90	04:58:19	06:26:30	06:50:29	06:50:29	10:10:42	10:45:58.95	10:46:01.35	10:40	5.6
91	GAŁEK WOJCIECH	706	RAPI POLSKA / NO PAIN NO GAIN	WROCŁAW	POL	M40	53	M 91	05:35:46	07:07:10	07:27:40	07:27:40	10:22:07	10:58:32.10	10:58:39.50	10:53	5.5
92	WREMBEL PRZEMYSŁAW	793		NOWA WIEŚ	POL	M40	54	M 92	05:21:20	06:50:12	07:09:58	07:09:58	10:24:00	10:58:29.05	10:58:42.10	10:53	5.5
93	BEM PIOTR	725		WROCŁAW	POL	M40	55	M 93	05:16:53	06:48:54	07:09:42	07:09:42	10:32:28	11:11:25.10	11:11:33.10	11:05	5.4
94	KATA WIESŁAW	709		LUBIN	POL	M50	10	M 94	05:10:39	06:37:17	07:09:35	07:09:35	10:33:28	11:11:20.05	11:11:36.30	11:05	5.4
95	LASKOWSKI TOMASZ	779	PIĘKNI I BESTIĘ	STARGARD	POL	M30	26	M 95	05:14:38	06:47:21	07:13:14	07:13:14	10:39:41	11:12:03.30	11:12:12.25	11:06	5.4
96	GROCHOWSKI WOJCIECH	832	KLUB WYSOKOGÓRSKI WARSZAWA	WARSZAWA	POL	M40	56	M 96	05:40:25	07:16:14	07:35:00	07:35:00	10:38:56	11:16:19.20	11:16:46.95	11:10	5.4
97	KUDELSKI IRENEUSZ	843	ROZBIEGANI CHOJNÓW	OSETNICA	POL	M50	11	M 97	05:18:20	06:58:31	07:16:10	07:16:10	10:40:51	11:19:49.55	11:20:10.10	11:14	5.3
98	KRUZEL RAFAŁ	807	BIEGOWE MISIE	LEGNICA	POL	M50	12	M 98	05:36:49	07:12:37	07:29:25	07:29:25	10:42:54	11:20:51.65	11:21:01.80	11:15	5.3
99	NÓŻKA ANDRZEJ	859	ULTRA BEER RUNNERS		POL	M40	57	M 99	05:37:50	07:07:44	07:25:47	07:25:47	10:47:38	11:24:14.35	11:24:31.75	11:18	5.3
100	KONKEL MARCIN	718		WARSZAWA	POL	M40	58	M 100	05:40:51	07:09:24	07:34:32	07:34:32	10:50:49	11:28:36.40	11:29:09.30	11:22	5.3
101	POBŁOCKI JAN	848			POL	M60	3	M 101	06:00:26	07:28:27	07:44:55	07:44:55	10:55:34	11:35:24.95	11:35:41.25	11:29	5.2
102	MELNYK IVAN	818		WROCŁAW	UKR	M30	27	M 102	05:53:52	07:23:59	07:47:48	07:47:48	11:00:10	11:35:39.35	11:35:58.80	11:29	5.2
103	TREGUB IGOR	817		WROCŁAW	POL	M30	28	M 103	05:54:25	07:23:56	07:47:48	07:47:48	10:59:16	11:35:40.20	11:35:59.10	11:29	5.2
104	PAJDOWSKI ANDRZEJ	822		POLKOWICE	POL	M50	13	M 104	06:08:08	07:44:00	08:00:34	08:00:34	11:15:40	11:45:44.70	11:46:08.00	11:39	5.1
105	FILIPIAK SEBASTIAN	707	EKIPA LIPA	LIPA	POL	M40	59	M 105	05:49:28	07:25:42	07:49:19	07:49:19	11:23:49	12:05:20.15	12:05:49.85	11:59	5
106	GÓRCZYŃSKI RAFAŁ	716		NOWY TOMYŚL	POL	M40	60	M 106	05:49:40	07:25:59	07:49:56	07:49:56	11:24:00	12:05:33.25	12:05:58.20	11:59	5
107	MARCINIAK MACIEJ	784	MM PROJEKT	ŻARY	POL	M40	61	M 107	05:20:33	07:07:30	07:34:04	07:34:04	11:19:52	12:07:37.55	12:07:47.30	12:01	5
108	FURTAŁ KRZYSZTOF	777	KTOŚ MUSI BYĆ OSTATNI	LUBIN	POL	M60	4	M 108	06:05:59	07:43:36	08:02:52	08:02:52	11:37:02	12:25:00.30	12:25:14.50	12:18	4.9

SZEŚCDZIESIĄTKA, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
109	JESCHKA JERRY	860		KASSEL		M50	14	M 109		06:11:02	07:48:33	08:17:12	11:45:17	12:25:30.85	12:26:13.10	12:19	4.9
110	KASPERKIEWICZ FILIP	736		WROCŁAW	POL	M40	62	M 110		06:15:38	08:05:26	08:32:22	11:59:52	12:36:53.55	12:37:16.65	12:30	4.8
111	DZISZKIEWICZ GRZEGORZ	841		BIELSKO BIAŁA	POL	M40	63	M 111		06:25:13	08:14:43	08:33:00	12:10:18	12:47:39.30	12:48:03.20	12:41	4.7
112	SEMENIUK KONRAD	729	RZEPIŃSCY BIEGACZE	RZEPIN	POL	M30	29	M 112		07:01:58	08:55:07	09:13:40	12:16:20	12:57:22.10	12:57:38.50	12:50	4.7
113	JĘDROWSKI RYSZARD	726		ULTRA RZEPIN	POL	M40	64	M 113		07:01:57	08:55:07	09:18:04	13:42:03	14:35:13.40	14:35:34.00	14:27	4.1
114	CIEŚLAK ŁUKASZ	752		CIEŚLAK TEAM	POL	M40	65	M 114		07:02:52	08:56:08	09:18:17	13:42:21	14:35:29.30	14:35:44.85	14:28	4.1
	MIECHUR BOGUMIŁ	804		RUNEXTREME	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KINCEL KRZYSZTOF	815		POŁUPIN	POL	M50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SZEŚCDZIESIĄTKA, M20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	EICHNER DOMINIK	820		HORNÍ DOMASLAVICE	CZE	M20	1	M 10	02:50:06	03:47:37	04:47:53	04:57:36	07:01:16	07:23:40.50	07:23:43.00	7:20	8.2
2	NOWACKI ADAM	786	STG WARSZAWA	WARSZAWA-WESO ŁA	POL	M20	2	M 89		05:10:08	06:35:22	06:56:04	10:07:39	10:42:31.80	10:42:39.95	10:37	5.6

SZEŚCDZIESIĄTKA, K30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	SZEWCZENKO AGNIESZKA	730	KLUB BIEGACZA BOLESŁAWIEC	BOLESŁAWIEC	POL	K30	1	K 3		04:38:00	05:55:41	06:08:48	08:45:27	09:14:41.10	09:14:45.60	9:10	6.5
2	OLESZEK MAGDALENA	721		CZELADŹ	POL	K30	2	K 4		04:41:42	05:53:31	06:05:52	08:50:47	09:21:09.35	09:21:12.50	9:16	6.5
3	BEDNAREK ANNA	776	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	K30	3	K 6		04:56:57	06:15:21	06:32:55	09:22:27	09:47:05.35	09:47:29.25	9:42	6.2
4	BOMBA ALINA	734		WROCŁAW	POL	K30	4	K 7		05:08:17	06:25:15	06:41:49	09:42:41	10:16:26.15	10:16:38.25	10:11	5.9
5	GORZOCH JUSTYNA	795	KW WARSZAWA	WARSZAWA	POL	K30	5	K 13		05:38:03	07:06:58	07:25:27	10:37:29	11:16:15.80	11:16:44.40	11:10	5.4
6	PLEWIŃSKA OLIVIA	790	DREAM TEAM	TARNOWSKIE GÓRY	POL	K30	6	K 14		05:54:47	07:30:37	07:50:56	11:19:16	11:53:12.70	11:53:21.70	11:47	5.1

SZEŚCDZIESIĄTKA, M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	SADOWSKI PAWEŁ	844	DRÄXLMAIER.	JANOWICE WIELKIE	POL	M30	1	M 1	02:31:44	03:21:12	04:15:01	04:22:20	06:14:10	06:35:45.50	06:35:53.00	6:32	9.2
2	PIOTROWSKI MAREK	751	SKLEP BIEGACZA RUNNING TEAM / KILOMETRY POMOCY	WROCŁAW	POL	M30	2	M 6	02:39:56	03:37:07	04:33:33	04:43:59	06:50:56	07:13:42.00	07:13:45.45	7:10	8.4
3	WIECZORKIEWICZ ZBIGNIEW	759		JELEŃ GÓRA	POL	M30	3	M 11	02:50:02	03:47:30	04:50:05	04:59:46	07:15:41	07:40:19.50	07:40:21.40	7:36	7.9
4	NOWAK MARCIN	808		MOSINA	POL	M30	4	M 14		04:08:08	05:06:40	05:17:44	07:30:37	07:54:38.60	07:54:51.70	7:50	7.6
5	ZDĄBŁARZ MARCIN	766		POGORZYCE	POL	M30	5	M 15	03:05:05	04:08:33	05:07:33	05:17:50	07:29:46	07:54:45.55	07:54:51.80	7:50	7.6
6	BIAŁEK MARCIN	712	SWEETTRAVEL	BIELAWA	POL	M30	6	M 16		04:10:28	05:15:54	05:28:50	07:32:08	07:56:30.25	07:56:52.60	7:52	7.6
7	ZIMKOWSKI MARCIN	775	KGHM ZG RUN	GŁOGÓW	POL	M30	7	M 17		04:03:36	05:10:12	05:20:23	07:45:41	08:07:22.90	08:07:25.20	8:03	7.4
8	STACHURA DAMIAN	758		LUBIN	POL	M30	8	M 23	02:51:40	03:56:33	05:09:42	05:21:00	08:01:21	08:27:42.30	08:27:47.85	8:23	7.1
9	DARMETKO RAFAŁ	781		KAMIŃSKO	POL	M30	9	M 28		04:14:58	05:26:26	05:40:08	08:26:57	08:44:06.90	08:44:14.20	8:39	6.9
10	MENDYKA ŁUKASZ	819	KB AKTYWNI ŚRODA WLKP.	ŚRODA WLKP.	POL	M30	10	M 29		04:35:38	05:44:52	05:56:51	08:22:55	08:44:31.55	08:44:40.25	8:40	6.9
11	DEINIUK ROMAN	755		WARSZAWA	POL	M30	11	M 42		04:48:13	06:02:28	06:16:10	08:51:11	09:14:47.95	09:15:02.40	9:10	6.5
12	RAJKOWSKI TOMASZ	749	FC EIRE DIVISION	ZGIERZ	POL	M30	12	M 43		04:48:37	06:01:29	06:19:01	08:53:48	09:22:36.80	09:22:44.70	9:17	6.5
13	DAWIDZIAK ARKADIUSZ	794	GARMIN WROCŁAW	OLEŚNICA	POL	M30	13	M 50		04:54:14	06:10:06	06:24:54	09:12:41	09:37:11.55	09:37:18.10	9:32	6.3
14	KACZOROWSKI MICHAŁ	757	KWIDZYN BIEGA	KWIDZYN	POL	M30	14	M 51		04:59:12	06:14:02	06:35:47	09:10:56	09:37:33.85	09:37:54.60	9:32	6.3
15	PIETRUCHA JAKUB	809		WARSZAWA	POL	M30	15	M 55		04:56:59	06:15:58	06:32:54	09:22:41	09:47:04.60	09:47:29.00	9:42	6.2

SZEŚCZDZIESIĄTKA, M30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
16	KOCEMBA KAMIL	742	KECKIE HARPAGANY	KOBIERNICE	POL	M30	16	M 57		04:59:27	06:27:13	06:50:23	09:21:30	09:47:28.85	09:47:38.40	9:42	6.2
17	PIEKARSKI ŁUKASZ	754		KOŚCIELNA WIEŚ	POL	M30	17	M 61		04:39:20	06:06:51	06:26:04	09:21:49	09:54:40.20	09:54:58.40	9:49	6.1
18	KONOPSKI PIOTR	834		GDAŃSK	POL	M30	18	M 63		04:58:32	06:13:46	06:35:46	09:25:34	09:55:33.65	09:55:55.15	9:50	6.1
19	MILEWICZ DANIEL	814		BOLESŁAWIEC	POL	M30	19	M 64		05:05:30	06:22:59	06:34:20	09:25:25	09:57:10.75	09:57:21.80	9:52	6.1
20	ZADROŻNY PIOTR	829		BRZEZINY	POL	M30	20	M 66		05:03:00	06:21:24	06:39:22	09:37:20	10:03:46.15	10:04:20.05	9:58	6
21	FLASIŃSKI MICHAŁ	798		GLIWICE	POL	M30	21	M 74		05:06:11	06:24:03	06:41:46	09:41:43	10:14:49.15	10:15:06.25	10:09	5.9
22	KŁOSEK JACEK	836	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M30	22	M 75		05:15:52	06:36:56	06:51:22	09:46:37	10:17:26.40	10:17:43.95	10:12	5.9
23	ZIÓŁEK RAFAŁ	824		POZNAŃ	POL	M30	23	M 78		05:00:09	06:22:31	06:41:48	09:45:46	10:20:09.70	10:20:27.90	10:15	5.9
24	GAJEWSKI SEBASTIAN	740		STARGARD	POL	M30	24	M 80		05:08:18	06:23:51	06:41:31	09:44:24	10:19:20.35	10:20:31.50	10:14	5.9
25	MICHAŁSKI DARIUSZ	785	BIEGACZE JUNIORA-RUNNERS TEAM	KOZIEGŁOWY	POL	M30	25	M 86		05:07:52	06:32:45	06:53:10	10:05:20	10:39:12.35	10:39:23.85	10:33	5.7
26	LASKOWSKI TOMASZ	779	PIĘKNI I BESTIĘ	STARGARD	POL	M30	26	M 95		05:14:38	06:47:21	07:13:14	10:39:41	11:12:03.30	11:12:12.25	11:06	5.4
27	MELNYK IVAN	818		WROCŁAW	UKR	M30	27	M 102		05:53:52	07:23:59	07:47:48	11:00:10	11:35:39.35	11:35:58.80	11:29	5.2
28	TREGUB IGOR	817		WROCŁAW	POL	M30	28	M 103		05:54:25	07:23:56	07:47:48	10:59:16	11:35:40.20	11:35:59.10	11:29	5.2
29	SEMENIUK KONRAD	729	RZEPIŃSCY BIEGACZE	RZEPIN	POL	M30	29	M 112		07:01:58	08:55:07	09:13:40	12:16:20	12:57:22.10	12:57:38.50	12:50	4.7

SZEŚCZDZIESIĄTKA, K40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	KOŚCIELNIAK WIOLETTA	702	RUNNERS TEAM NYSA	NYSA	POL	K40	1	K 1		04:08:29	05:10:45	05:20:23	07:39:48	08:05:14.30	08:05:20.80	8:01	7.5
2	BEGASIEWICZ MONIKA	846	MKL SZCZECIN	SZCZECIN	POL	K40	2	K 2		04:12:03	05:20:39	05:31:27	07:54:40	08:22:25.10	08:22:28.95	8:18	7.2
3	SKORUPIŃSKA KATARZYNA	806		BOLESŁAWIEC	POL	K40	3	K 8		05:06:58	06:25:40	06:42:22	09:46:30	10:19:42.15	10:19:48.70	10:14	5.9
4	GRAU JOANNA	750	KWIDZYN BIEGA	KWIDZYN	POL	K40	4	K 9		05:28:56	06:46:40	07:01:51	09:52:01	10:19:49.70	10:20:09.45	10:14	5.9
5	FICNER IWONA	791	FSD RUN DREZDENKO	STARE KUROWO	POL	K40	5	K 10		05:18:27	06:36:46	06:53:36	09:55:16	10:28:21.35	10:28:25.20	10:23	5.8
6	CZURYŃSKA WIOŁKA	727	POKOCHAJ BIEGANIE	GDYNIA	POL	K40	6	K 11		05:39:13	06:58:45	07:12:40	10:27:34	11:02:51.35	11:03:01.55	10:57	5.5
7	WOŻNA MAGDALENA	845	STOWARZYSZENIE NOWE GRANICE	ZIELONA GÓRA	POL	K40	7	K 12		05:37:25	07:03:15	07:23:28	10:29:45	11:07:38.05	11:07:50.35	11:02	5.4
8	GUZEK AGNIESZKA	764		ZIELONKA	POL	K40	8	K 15		06:15:26	08:00:33	08:19:43	12:00:28	12:36:01.00	12:36:17.30	12:29	4.8
9	MASZEWSKA-WACH MARIOLA	797		RAWA MAZOWIECKA	POL	K40	9	K 16		06:26:56	08:14:52	08:32:58	12:10:11	12:47:38.35	12:48:03.20	12:41	4.7

SZEŚCZDZIESIĄTKA, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	JUDA WITOLD	839		JELEŃSKA GÓRA	POL	M40	1	M 2	02:36:57	03:29:32	04:24:17	04:32:07	06:28:01	06:48:09.60	06:48:11.60	6:44	8.9
2	GADZIŃSKI MICHAŁ	837		JELEŃSKA GÓRA	POL	M40	2	M 3	02:36:45	03:31:09	04:27:52	04:36:28	06:42:12	07:02:02.95	07:02:05.00	6:58	8.6
3	BIELAWA RAFAŁ	850	INOV8TEAMPOLSKA	WROCŁAW	POL	M40	3	M 4	02:37:09	03:31:48	04:26:43	04:34:55	06:42:46	07:02:54.35	07:02:58.75	6:59	8.6
4	KLINCEWICZ CEZARY	840		WROCŁAW	POL	M40	4	M 5	02:40:04	03:37:13	04:33:17	04:40:52	06:43:00	07:03:38.10	07:03:40.80	7:00	8.6
5	ŁYJAK BŁAŻEJ	796	RATEMYTRAIL	WROCŁAW	POL	M40	5	M 7		03:33:29	04:32:21	04:42:22	06:50:56	07:13:41.95	07:13:53.40	7:10	8.4
6	PIEKIELNY MARIUSZ	816		CZASTARY	POL	M40	6	M 8	02:42:46	03:40:43	04:38:56	04:48:29	06:53:37	07:17:00.80	07:17:00.80	7:13	8.3
7	BODANKA PIOTR	805	APAMA ACOUSTIC PROJECT	NIEZNAŃCICE	POL	M40	7	M 9	02:42:53	03:40:34	04:37:46	04:45:02	06:58:40	07:20:32.35	07:20:35.80	7:16	8.2
8	FAJKS MARCIN	744	BIEGOWYWIRUS	BEZRZECZE	POL	M40	8	M 12	02:45:07	03:46:02	04:53:38	05:03:40	07:22:35	07:46:38.40	07:46:41.65	7:42	7.8
9	FARGANUS ROBERT	703	ZABIĘGANI Z LEŚNEJ	LEŚNA	POL	M40	9	M 13		03:48:41	04:57:45	05:10:14	07:24:37	07:50:21.45	07:50:26.70	7:46	7.7
10	STEFANIAK ŁUKASZ	765		SZCZECIN	POL	M40	10	M 18	04:03:57	05:13:08	05:23:57	07:45:33	08:08:43.85	08:08:47.90	8:04	7.4	
11	PODBIELSKI KRYSZTOF	714	KAJA TEAM	WARSZAWA	POL	M40	11	M 19	04:10:33	05:18:45	05:29:35	07:45:50	08:10:35.00	08:10:43.65	8:06	7.4	
12	SZCZĘSNY MACIEJ	842		SZCZECIN	POL	M40	12	M 20	04:05:12	05:11:16	05:21:33	07:54:28	08:17:16.70	08:17:25.10	8:13	7.3	
13	ŻAK ROBERT	782	TYGRIS & BIEDRONKA	MOHELNICE - ŹJEZD	CZE	M40	13	M 21	04:18:19	05:26:38	05:39:56	08:01:06	08:22:59.65	08:23:05.10	8:18	7.2	
14	PACZUSKI MICHAŁ	813		LODZ	POL	M40	14	M 22	03:12:12	04:15:40	05:22:40	05:33:27	07:58:14	08:25:45.75	08:25:52.90	8:21	7.2
15	LIPOWICZ ŁUKASZ	705		SZCZYTNIKI	POL	M40	15	M 24	04:16:16	05:22:59	05:34:40	08:05:13	08:31:25.70	08:31:31.25	8:27	7.1	
16	ŻYŻA PIOTR	717	ATHLETICS TEAM PRUSICE	SKOKOWA	POL	M40	16	M 25	04:12:18	05:24:35	05:35:35	08:08:44	08:35:30.85	08:35:37.40	8:31	7	

SZEŚCZDZIESIĄTKA, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
17	SZELUK GRZEGORZ	737	DZIEWIĘĆ SIŁ	WOJCIESZÓW	POL	M40	17	M 27		04:21:32	05:32:44	05:45:27	08:18:39	08:43:09.85	08:43:16.00	8:38	6.9
18	DUBINKAS ARUNAS	823		VILNIUS	LTU	M40	18	M 30		04:23:49	05:34:02	05:47:38	08:26:11	08:44:49.55	08:45:09.00	8:40	6.9
19	CALICKI ŁUKASZ	831	147ULTRA, NCDC	SZCZECIN	POL	M40	19	M 32	03:13:12	04:21:02	05:31:30	05:44:10	08:26:17	08:47:30.90	08:47:35.25	8:43	6.9
20	SKOWRON RADOŚLAW	743	WARCZĄC ODBYTEM	BALICE	POL	M40	20	M 33		04:30:19	05:41:00	05:53:19	08:21:18	08:47:48.75	08:48:07.15	8:43	6.9
21	SKORUPIŃSKI PIOTR	728		BOLESŁAWIEC	POL	M40	21	M 34		04:23:47	05:35:19	05:47:26	08:27:53	08:48:48.30	08:48:55.70	8:44	6.9
22	BURMAN MICHAŁ	704	AKTYWNI RAZEM	MUROWANA GOŚLINA	POL	M40	22	M 35	03:11:18	04:21:59	05:35:10	05:47:53	08:27:36	08:50:19.80	08:50:24.95	8:45	6.8
23	KRÓL MARCIN	801		OBORNIKI ŚLĄSKIE	POL	M40	23	M 36		04:39:37	05:48:33	06:02:13	08:31:51	08:58:55.75	08:59:16.65	8:54	6.7
24	KASZKOWIAK BOGUMIL	800	WRONKI	WRONKI	POL	M40	24	M 37		04:46:03	05:58:19	06:10:24	08:46:18	09:11:37.40	09:11:49.45	9:07	6.6
25	SPECHT MIKOŁAJ	833		WARSZAWA	POL	M40	25	M 39		04:27:33	05:43:43	05:59:55	08:41:39	09:12:56.35	09:13:01.35	9:08	6.6
26	ZAJĄC SEBASTIAN	788	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	M40	26	M 40		04:43:57	06:02:18	06:17:50	08:52:39	09:14:12.35	09:14:25.00	9:09	6.5
27	HETMAN ŁUKASZ	780		BARLINEK	POL	M40	27	M 44		04:34:02		06:07:08	08:52:24	09:22:56.40	09:23:04.40	9:18	6.4
28	JERKA MAREK	858			POL	M40	28	M 45		04:35:13	05:54:55	06:05:25	08:51:38	09:22:54.45	09:23:14.50	9:18	6.4
29	GAŁKA GRZEGORZ	748		WROCŁAW	POL	M40	29	M 46		04:36:07	05:53:14	06:07:15	08:57:59	09:28:56.70	09:29:14.25	9:24	6.4
30	PAŻUCHA WOJCIECH	827		LUSÓWKO	POL	M40	30	M 47		04:45:06	05:57:55	06:12:43	09:01:57	09:34:18.30	09:34:41.10	9:29	6.3
31	WOJCIECHOWSKI DARIUSZ	826	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	31	M 48		04:44:32	05:57:52	06:12:41	09:01:53	09:34:19.50	09:34:41.40	9:29	6.3
32	GRUBICH DAMIAN	732	PARKRUN GRUDZIĄDZ	GRUDZIĄDZ	POL	M40	32	M 49		04:46:33	06:07:09	06:20:08	09:05:52	09:36:39.65	09:36:54.70	9:31	6.3
33	GOSTYŃSKI KRZYSZTOF	741	RU CZAJ ULTRA TEAM	KRAKÓW	POL	M40	33	M 52		05:03:31	06:19:06	06:29:02	09:18:08	09:41:52.80	09:42:17.10	9:37	6.2
34	JARUS ANDRZEJ	722	POLISH WINGS	GALLSPACH	AUT	M40	34	M 54		04:43:38	05:57:46	06:11:41	09:09:50	09:44:51.20	09:45:00.95	9:40	6.2
35	TEJWAN LESZEK	799	STG WARSZAWA	WARSZAWA	POL	M40	35	M 55		04:56:29	06:15:37	06:32:54	09:24:41	09:47:03.25	09:47:29.00	9:42	6.2
36	KRZYWDZIŃSKI BARTŁOMIEJ	711		BOLESŁAWIEC	POL	M40	36	M 58		05:01:15	06:18:44	06:34:19	09:21:00	09:48:50.55	09:49:01.90	9:43	6.2
37	PATYK MIREK	770		WIŚNIOWA	POL	M40	37	M 60		04:45:22	06:07:20	06:31:09	09:24:35	09:51:25.60	09:51:39.10	9:46	6.1
38	PROKOPIUK GRZEGORZ	747	SZWAGRY DWA	WARSZAWA	POL	M40	38	M 65		04:57:43	06:17:05	06:34:52	09:26:35	10:01:36.30	10:01:46.50	9:56	6
39	GARSTKA ZBIGNIEW	768		WRONKI	POL	M40	39	M 67		04:56:09	06:20:31	06:36:01	09:35:31	10:04:18.60	10:04:32.60	9:59	6
40	LIS PAWEŁ	851		MIEROSZÓW	POL	M40	40	M 68		04:54:46	06:19:42	06:38:12	09:38:05	10:06:04.00	10:06:30.85	10:01	6
41	DEC MIROŚLAW	787	TRUCHT TEAM OPOLE	OPOLE	POL	M40	41	M 71		05:08:18	06:24:50	06:41:51	09:37:05	10:08:31.90	10:08:53.95	10:03	6
42	MATYSIAK MARCIN	789	ULTRAWYRPA.PL	WARSZAWA	POL	M40	42	M 72		05:01:37	06:24:35	06:44:53	09:39:10	10:09:01.80	10:09:16.75	10:03	6
43	SZCZUREK MARIUSZ	783	AGROAS TEAM	GRODKÓW	POL	M40	43	M 73		04:59:55	06:18:43	06:29:40	09:36:51	10:10:01.30	10:10:07.15	10:04	6
44	BOROWIAK PIOTR	838		BYTOM	POL	M40	44	M 76		05:15:22	06:37:01	06:51:28	09:47:19	10:17:26.25	10:17:44.05	10:12	5.9
45	ŁABĘDZKI MARIUSZ	701	STARGARD JA SIĘ NIE ŚCIGAM	STARGARD	POL	M40	45	M 79		05:07:55	06:23:44	06:41:30	09:43:25	10:19:19.75	10:20:31.35	10:14	5.9
46	OCHOTA RAFAŁ	720		STARGARD	POL	M40	46	M 81		05:12:49	06:33:54	06:51:33	09:49:34	10:20:48.40	10:22:54.20	10:15	5.8
47	WYSOCHAŃSKI ADRIAN	830	PIETRZYKOWICE	PIETRZYKOWICE	POL	M40	47	M 82		05:35:21	07:06:21	07:27:54	09:58:20	10:25:14.55	10:25:21.65	10:20	5.8
48	GOLBIAK WOJCIECH	849			POL	M40	48	M 83		04:41:17	06:04:59	06:57:40	09:54:01	10:27:12.20	10:27:21.75	10:22	5.8
49	RECZUCH ANDRZEJ	771	DYWIZJON 102	WROCŁAW	POL	M40	49	M 85		05:02:34	06:24:18	06:38:32	09:57:00	10:36:01.55	10:36:17.20	10:30	5.7
50	WOJCIECHOWSKI PAWEŁ	769	BIEGACZE JUNIORA_RUNNERS TEAM	KICIN	POL	M40	50	M 86		05:07:44	06:32:42	06:53:10	10:05:37	10:39:12.65	10:39:23.85	10:33	5.7
51	WIŚNIEWSKI ARTUR	821		POZNAŃ	POL	M40	51	M 88		05:19:46	06:49:04	07:03:19	10:05:50	10:42:05.80	10:42:27.30	10:36	5.7
52	KOWALCZYK PAWEŁ	733	KĘCKIE HARPAGANY	KĘTY	POL	M40	52	M 90		04:58:19	06:26:30	06:50:29	10:10:42	10:45:58.95	10:46:01.35	10:40	5.6
53	GAŁEK WOJCIECH	706	RAPI POLSKA / NO PAIN NO GAIN	WROCŁAW	POL	M40	53	M 91		05:35:46	07:07:10	07:27:40	10:22:07	10:58:32.10	10:58:39.50	10:53	5.5
54	WREMBEL PRZEMYSŁAW	793		NOWA WIEŚ	POL	M40	54	M 92		05:21:20	06:50:12	07:09:58	10:24:00	10:58:29.05	10:58:42.10	10:53	5.5
55	BEM PIOTR	725		WROCŁAW	POL	M40	55	M 93		05:16:53	06:48:54	07:09:42	10:32:28	11:11:25.10	11:11:33.10	11:05	5.4
56	GROCHOWSKI WOJCIECH	832	KLUB WYSOKOGÓRSKI WARSZAWA	WARSZAWA	POL	M40	56	M 96		05:40:25	07:16:14	07:35:00	10:38:56	11:16:19.20	11:16:46.95	11:10	5.4
57	NÓŻKA ANDRZEJ	859	ULTRA BEER RUNNERS		POL	M40	57	M 99		05:37:50	07:07:44	07:25:47	10:47:38	11:24:14.35	11:24:31.75	11:18	5.3
58	KONKEL MARCIN	718		WARSZAWA	POL	M40	58	M 100		05:40:51	07:09:24	07:34:32	10:50:49	11:28:36.40	11:29:09.30	11:22	5.3
59	FILIPIAK SEBASTIAN	707	EKIPA LIPA	LIPA	POL	M40	59	M 105		05:49:28	07:25:42	07:49:19	11:23:49	12:05:20.15	12:05:49.85	11:59	5
60	GÓRCZYŃSKI RAFAŁ	716		NOWY TOMYŚL	POL	M40	60	M 106		05:49:40	07:25:59	07:49:56	11:24:00	12:05:33.25	12:05:58.20	11:59	5
61	MARCINIAK MACIEJ	784	MM PROJEKT	ŻARY	POL	M40	61	M 107		05:20:33	07:07:30	07:34:04	11:19:52	12:07:37.55	12:07:47.30	12:01	5
62	KASPERKIEWICZ FILIP	736		WROCŁAW	POL	M40	62	M 110		06:15:38	08:05:26	08:32:22	11:59:52	12:36:53.55	12:37:16.65	12:30	4.8
63	DZISZKIEWICZ GRZEGORZ	841		BIEFSKO BIAŁA	POL	M40	63	M 111		06:25:13	08:14:43	08:33:00	12:10:18	12:47:39.30	12:48:03.20	12:41	4.7
64	JĘDROWSKI RYSZARD	726	ULTRA RZEPIN	RZEPIN	POL	M40	64	M 113		07:01:57	08:55:07	09:18:04	13:42:03	14:35:13.40	14:35:34.00	14:27	4.1

SZEŚCDZIESIĄTKA, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
65	CIEŚLAK ŁUKASZ	752	CIEŚLAK TEAM	OŚNO LUBUSKIE	POL	M40	65	M 114		07:02:52	08:56:08	09:18:17	13:42:21	14:35:29.30	14:35:44.85	14:28	4.1
	MIECHUR BOGUMIŁ	804	RUNEXTREME	JELEŃ GÓRA	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SZEŚCDZIESIĄTKA, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	STEPAK WŁODZIMIERZ	803		RUDZICA	POL	M50	1	M 26	03:12:41	04:20:01	05:28:51	05:40:52	08:09:57	08:36:03.70	08:36:22.80	8:31	7
2	JAN CZ TOMASZ	753		JELEŃ GÓRA	POL	M50	2	M 31		04:20:26	05:30:24	05:42:57	08:22:04	08:46:20.75	08:46:29.25	8:41	6.9
3	DREGER DARIUSZ	792		WOJCIESZYCE	POL	M50	3	M 38		04:34:14	05:49:22	06:05:23	08:43:11	09:12:36.70	09:12:53.25	9:08	6.6
4	CEBULA GRZEGORZ	760		IWINY	POL	M50	4	M 41		04:37:40	05:55:33	06:08:48	08:45:50	09:14:40.90	09:14:45.75	9:10	6.5
5	GIBAŁA MARCIN	774	BIEGAM I POMAGAM	MIELEC	POL	M50	5	M 53		04:42:46	06:04:04	06:22:25	09:12:16	09:42:13.05	09:42:26.25	9:37	6.2
6	WOŁOŻYŃ MARIUSZ	708	FUNDACJA PRZEJŚCIE KOTLINY	JELEŃ GÓRA	POL	M50	6	M 59		04:58:36	06:21:12	06:36:49		09:49:59.60	09:50:08.60	9:45	6.2
7	POTOCKI MACIEJ	802	ORANGE POLSKA	BIERNATKI	POL	M50	7	M 69		05:09:31	06:28:27	06:45:52	09:37:30	10:07:10.90	10:07:21.80	10:02	6
8	NARECKI JAROSŁAW	710		KRUSZYN	POL	M50	8	M 70		05:10:09	06:27:20	06:42:37	09:36:17	10:08:22.05	10:08:36.35	10:03	6
9	POMASKI PAWEŁ	735	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M50	9	M 77		05:18:52	06:45:31	07:00:33	09:51:42	10:19:57.05	10:20:07.60	10:14	5.9
10	KATA WIESŁAW	709		LUBIN	POL	M50	10	M 94		05:10:39	06:37:17	07:09:35	10:33:28	11:11:20.05	11:11:36.30	11:05	5.4
11	KUDELSKI IRENEUSZ	843	ROZBIEGANI CHOJNÓW	OSETNICA	POL	M50	11	M 97		05:18:20	06:58:31	07:16:10	10:40:51	11:19:49.55	11:20:10.10	11:14	5.3
12	KRUZEL RAFAŁ	807	BIEGOWE MISIE	LEGNICA	POL	M50	12	M 98		05:36:49	07:12:37	07:29:25	10:42:54	11:20:51.65	11:21:01.80	11:15	5.3
13	PAJDOWSKI ANDRZEJ	822		POLKOWICE	POL	M50	13	M 104		06:08:08	07:44:00	08:00:34	11:15:40	11:45:44.70	11:46:08.00	11:39	5.1
14	JESCHKA JERRY	860		KASSEL	M50	M50	14	M 109		06:11:02	07:48:33	08:17:12	11:45:17	12:25:30.85	12:26:13.10	12:19	4.9
	KINCEL KRZYSZTOF	815		POŁUPIN	POL	M50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SZEŚCDZIESIĄTKA, K60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	WARZECHA TERESA	731	RANNERS TEAM NYSA	PACZKÓW	POL	K60	1	K 5		04:47:04	06:05:25	06:20:24	09:10:06	09:40:13.65	09:40:21.50	9:35	6.3
2	SYPIEWSKA HANNA	847		SPARTANIE DZIECIOM	POL	K60	2	K 17		07:41:45	09:43:21	10:02:46	14:10:24	14:47:25.55	14:47:42.00	14:40	4.1

SZEŚCDZIESIĄTKA, M60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	22.5km	29km	36km	38km	56km	Netto	Brutto	min/km	km/h
1	SPYCHALSKI ZBIGNIEW	762	TKKF KOLEJARZ BYDGOSZCZ	BARCIN	POL	M60	1	M 62		04:38:13	06:07:03	06:26:04	09:22:19	09:54:40.05	09:54:58.45	9:49	6.1
2	KROCZYŃSKI SŁAWOMIR	772		KOŁOBRZEG	POL	M60	2	M 84		05:17:49	06:36:41	06:54:25	09:55:01	10:28:20.65	10:28:24.90	10:23	5.8
3	POBŁOCKI JAN	848			POL	M60	3	M 101		06:00:26	07:28:27	07:44:55	10:55:34	11:35:24.95	11:35:41.25	11:29	5.2
4	FURTAK KRZYSZTOF	777	KTOŚ MUSI BYĆ OSTATNI	LUBIN	POL	M60	4	M 108		06:05:59	07:43:36	08:02:52	11:37:02	12:25:00.30	12:25:14.50	12:18	4.9