

## CZTERDZIESTKA

Organizator: Fundacja Szczyt za Szczytem

Data: 2022-02-19

Miejsce: Karpniki

Dystans: 43.5 km

### Wyniki dla punktu pomiaru: 5 km

Klasyfikacja wg czasów brutto.

## CZTERDZIESTKA, OPEN

| M-ce | Nazwisko i imię       | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 1    | MALYGA GRZEGORZ       | 43  | RMT TEAM PRO                | WROCLAW             | POL  | M30  | 00:29:22 | 02:22:01 |
| 2    | KARWACZYŃSKI ROGER    | 86  |                             | JELEŃIA GÓRA        | POL  | M30  | 00:29:26 | 02:17:58 |
| 3    | BRÝDL PAVEL           | 249 | SPA SCALIANO - KUDOWA ZDROJ | TRUTNOV             | CZE  | M40  | 00:29:28 | 02:18:00 |
| 4    | KONIECZNY SZYMON      | 153 |                             | CHOSZCZNO           | POL  | M30  | 00:30:01 | 02:23:51 |
| 5    | ADAMCZYK MACIEJ       | 158 | SKS OBORNIKI                | OBORNIKI            | POL  | M40  | 00:30:04 | 02:22:14 |
| 6    | WANDEL PIOTR          | 139 | HAPPY RUNNERS               | DOMASLAW            | POL  | M40  | 00:33:21 | 03:19:49 |
| 7    | MUCHACZOW JACEK       | 238 | DRAXLMAIER                  | JELEŃIA GÓRA        | POL  | M40  | 00:33:36 | 02:28:23 |
| 8    | SZULC TOMASZ          | 189 |                             | ZŁOCIEŃEC           | POL  | M30  | 00:34:11 | 02:41:53 |
| 9    | OLCZYK GRZEGORZ       | 236 | DRAXLMAIER                  | JELEŃIA GÓRA        | POL  | M30  | 00:34:25 | 02:28:23 |
| 10   | PAWLIK FILIP          | 63  |                             | POZNAŃ              | POL  | M30  | 00:34:27 | 02:32:09 |
| 11   | LITWIN MICHAŁ         | 145 | LITEWIN                     | PASIKUROWICE        | POL  | M40  | 00:34:51 | 02:40:20 |
| 12   | KARPOWICZ RAFAL       | 186 |                             | WROCLAW             | POL  | M40  | 00:34:56 | 02:45:27 |
| 13   | WALASIK JAROSLAW      | 152 | 42K AKADEMIA BIEGANIA       | JAWORZNO            | POL  | M50  | 00:35:05 | 02:39:45 |
| 14   | BRĄCZKOWSKI DAMIAN    | 147 |                             | POZNAŃ              | POL  | M20  | 00:35:05 | 02:42:30 |
| 15   | WOJCIECHOWSKI ANDRZEJ | 76  | WOLSZTYŃSKI KLUB BIEGOWY    | WOLSZTYN            | POL  | M50  | 00:35:41 | 02:37:52 |
| 16   | ZERZUT JAROSLAW       | 5   | FARTY PUSZCZY               | SZCZECIN            | POL  | M50  | 00:36:04 | 02:50:35 |
| 17   | JAKS GRZEGORZ         | 159 | ALPIMADE TEAM               | INOWROCLAW          | POL  | M40  | 00:36:16 | 02:49:06 |
| 18   | PURA ROBERT           | 171 |                             | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:36:16 | 02:35:45 |
| 19   | FOLCIK ZIEMOWIT       | 103 | NIGHT RUNNERS WROCLAW       | WROCLAW             | POL  | M40  | 00:36:21 | 02:38:08 |
| 20   | TURBAK PAWEŁ          | 220 | KS TEAM BARYŁA              | SULECIN             | POL  | M20  | 00:36:34 | 02:41:49 |
| 21   | DROBNIK BŁAŻEJ        | 170 | OPALENICKI KLUB BIEGACZA    | OPALENICA           | POL  | M30  | 00:36:35 | 02:35:35 |
| 22   | STANKIEWICZ PAWEŁ     | 2   | AKTYWNI RAZEM               | POTASZE             | POL  | M40  | 00:36:48 | 02:32:18 |
| 23   | NOWICKI MARCIN        | 135 | GOZTRI                      | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:37:01 | 02:34:28 |
| 24   | MARCINIAK JAKUB       | 10  | KOZMIN BIEGA ULTRA RUNNERS  | KROTOSZYN           | POL  | M30  | 00:37:09 | 02:41:23 |
| 25   | HIBNER JACEK          | 217 |                             | ŁÓDŹ                | POL  | M50  | 00:37:13 | 02:35:32 |
| 26   | PIERZCHALSKI DAWID    | 122 |                             | BIAŁE BLOTA         | POL  | M40  | 00:37:18 | 02:50:17 |
| 27   | MINDYKOWSKI ZBIGNIEW  | 120 |                             | BYDGOSZCZ           | POL  | M40  | 00:37:19 | 02:50:27 |
| 28   | MROWCA PAWEŁ          | 36  |                             | LUBAŃ               | POL  | M30  | 00:37:15 | 02:41:22 |
| 29   | JAKUBOWSKI ANDRZEJ    | 69  |                             | ŻMIGRÓD             | POL  | M30  | 00:37:18 | 02:38:00 |
| 30   | BURZEC TOMASZ         | 223 | HFB                         | WROCLAW             | POL  | M40  | 00:37:32 | 02:40:46 |
| 31   | ANTCZAK ADRIAN        | 134 | IZERY BOGATYNIA             | BOGATYNIA           | POL  | M40  | 00:37:48 | 02:26:47 |
| 32   | KARP PAWEŁ            | 215 | ACCENTURE                   | WARSZAWA            | POL  | M30  | 00:37:41 | 02:41:10 |
| 33   | SZUKAŁA PIOTR         | 202 | VEGE RUNNERS                | POZNAŃ              | POL  | M30  | 00:37:50 | 02:35:21 |
| 34   | GAŁECKI ROBERT        | 232 | HFB                         | KIEŁCZÓW            | POL  | M30  | 00:37:37 | 02:40:44 |
| 35   | KRÓL HUBERT           | 206 | WWW.TRENERTRIATHLONU.PL     | KOŁO                | POL  | M30  | 00:37:51 | 02:44:43 |
| 36   | KULLING HUBERT        | 160 |                             | KIEŁCZÓW            | POL  | M40  | 00:37:39 | 02:40:51 |
| 37   | MICHAŁOWSKI MARCIN    | 198 |                             | ŚWIĘTOSZÓW          | POL  | M40  | 00:37:52 | 02:41:50 |
| 38   | KUBIAK MARCIN         | 45  | ZOMBIE TEAM                 | ZIELONA GÓRA        | POL  | M50  | 00:37:54 | 02:54:36 |
| 39   | WOŻNY TOMASZ          | 25  | BŁĘKITNI LUBIĘCIN           | LUBIĘCIN            | POL  | M30  | 00:37:55 | 02:54:38 |
| 40   | KUSAL TOMASZ          | 207 |                             | OPOLE               | POL  | M20  | 00:38:02 | 02:32:31 |
| 41   | NOSKI MARIUSZ         | 105 |                             | BIELAWA             | POL  | M40  | 00:37:53 | 02:37:31 |
| 42   | PRĄDZYŃSKI MARCIN     | 57  | AKADEMIAMISTRZOWSPORTU      | BYDGOSZCZ           | POL  | M40  | 00:38:12 | 02:37:49 |
| 43   | GARCZYK RAFAŁ         | 131 |                             | LUSÓWKO             | POL  | M40  | 00:38:20 | 02:26:19 |
| 44   | PŁONOWSKI MACIEJ      | 74  | PSZCZÓŁKOWSKI TEAM          | WROCLAW             | POL  | M30  | 00:35:12 | 02:34:11 |
| 45   | ROZDOLSKI PAWEŁ       | 175 |                             | JELCZ LASKOWICE     | POL  | M40  | 00:38:11 | 02:42:50 |

**CZTERDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                         | M-scowość            | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|------------------------------|----------------------|------|------|----------|----------|
| 46   | NECKAR MICHAŁ         | 162 | HWBC                         | WROCLAW              | POL  | M40  | 00:38:13 | 02:41:54 |
| 47   | JANKOWSKI RAFAŁ       | 221 |                              | SMOLEC               | POL  | M40  | 00:38:30 | 02:48:17 |
| 48   | ADAMUS RAFAŁ          | 219 |                              | ŚWIDNICA             | POL  | M30  | 00:38:30 | 02:42:53 |
| 49   | SZKODA KASIA          | 6   | TATERNIKTEAM                 | ZALASEWO             | POL  | K30  | 00:38:29 | 02:33:43 |
| 50   | KOPCZYŃSKI ŁUKASZ     | 40  | K-TEAM                       | WROCLAW              | POL  | M40  | 00:38:47 | 02:42:18 |
| 51   | KLYSZCZ MICHAŁ        | 20  | IZBICKO W BIEGU              | OTMICE               | POL  | M20  | 00:38:57 | 02:49:21 |
| 52   | POLACZEK DANIEL       | 7   | IZBICKO W BIEGU              | OTMICE               | POL  | M20  | 00:39:08 | 02:51:47 |
| 53   | POPRAWSKI MATEUSZ     | 128 | KILIŃSKIEGO TEAM             | BOJANOWO             | POL  | M30  | 00:39:13 | 03:08:35 |
| 54   | MRÓZ MARCIN           | 104 | STR POZNAŃ / DZIKIE BOBRY    | ZALASEWO             | POL  | M40  | 00:39:22 | 02:36:27 |
| 55   | WELNIAK PRZEMYSŁAW    | 22  | MOGILNO TEAM                 | ZALASEWO             | POL  | M40  | 00:39:23 | 02:33:42 |
| 56   | NAPIERAŁA TOMASZ      | 54  |                              | SUCHY LAS            | POL  | M40  | 00:39:30 | 02:37:44 |
| 57   | NOWAK KRZYSZTOF       | 214 |                              | WARSZAWA             | POL  | M40  | 00:39:45 | 02:52:48 |
| 58   | GRABOWSKI DAMIAN      | 24  |                              | POZNAŃ               | POL  | M30  | 00:39:48 | 02:48:36 |
| 59   | WIERZBA JACEK         | 174 |                              | ŻMIGRÓD              | POL  | M40  | 00:39:40 | 02:50:56 |
| 60   | BALTRUSAITIS ZYDRUNAS | 90  | NA, PAGAUKI                  | VILNIUS              | LTU  | M40  | 00:39:57 | 02:43:19 |
| 61   | BANDUROWSKI ANDRZEJ   | 191 | KB SPOCENI NOWA SÓL          | NOWA SÓL             | POL  | M50  | 00:40:01 | 02:36:13 |
| 62   | POPKO ŁUKASZ          | 72  |                              | LUBAŃ                | POL  | M30  | 00:40:07 | 02:46:37 |
| 63   | ŚWITAŁA MARCIN        | 194 |                              | KATOWICE             | POL  | M50  | 00:40:14 | 02:39:21 |
| 64   | KAZUBOWSKA OLA        | 233 |                              | GORZÓW WLKP.         | POL  | K40  | 00:40:16 | 02:36:04 |
| 65   | JANKOWSKI MARCIN      | 91  | FU FU FU TEAM                | GŁOGÓW               | POL  | M40  | 00:40:16 | 02:30:11 |
| 66   | FEDUNIK KAROL         | 75  | BIEGNIJ OŁAWO                | OŁAWA                | POL  | M30  | 00:40:33 | 02:21:49 |
| 67   | PARUCKI MICHAŁ        | 250 |                              | POZNAŃ               | POL  | M40  | 00:40:58 | 03:02:13 |
| 68   | TOMCZAK DARIUSZ       | 51  |                              | GOSTYŃ               | POL  | M30  | 00:40:56 | 02:51:49 |
| 69   | LATANOWICZ BERNARD    | 182 |                              | POZNAŃ               | POL  | M30  | 00:41:14 | 03:05:16 |
| 70   | JURDZIAK JAKUB        | 181 |                              | WROCLAW              | POL  | M30  | 00:41:01 | 03:03:01 |
| 71   | PATYK SŁAWOMIR        | 137 |                              | CZĘSTOCHOWA          | POL  | M40  | 00:41:20 | 02:53:43 |
| 72   | STRAUCHOLD ANNA       | 140 | HAPPY RUNNERS WROCLAW        | KAMIENIEC WROCLAWSKI | POL  | K50  | 00:41:29 | 02:53:33 |
| 73   | KANDULSKI JAKUB       | 156 | OPALENICKI KLUB BIEGACZA     | OPALENICA            | POL  | M40  | 00:41:27 | 02:56:33 |
| 74   | BANASIAK MARCIN       | 112 | FUJITSU RUNNING TEAM         | ŁÓDŹ                 | POL  | M40  | 00:41:33 | 02:39:06 |
| 75   | KICKA MATEUSZ         | 218 | ULTRA-TRAIL® MAŁOPOLSKA TEAM | KRAKÓW               | POL  | M30  | 00:42:16 | 02:41:08 |
| 76   | FRYSIAK ARTUR         | 99  | WIELUŃ ULTRA                 | WIELUŃ               | POL  | M50  | 00:42:27 | 02:55:09 |
| 77   | POLAK JACEK           | 87  | BIEGUSIEM.PL                 | PIASECZNO            | POL  | M40  | 00:42:23 | 02:59:40 |
| 78   | SOBOLEWSKI DARIUSZ    | 31  | BOREL MARATHON TEAM          | KOŹUCHÓW             | POL  | M30  | 00:42:44 | 02:52:17 |
| 79   | GÓRALSKI PIOTR        | 67  |                              | PIASKI               | POL  | M40  | 00:43:04 | 03:08:21 |
| 80   | BARTKOWIAK RAFAŁ      | 1   |                              | BYDGOSZCZ            | POL  | M40  | 00:43:02 | 03:02:25 |
| 81   | PETRYKOWSKI KAROL     | 200 | HASAJTO! SEKCJA GÓRSKA       | SZCZECIN             | POL  | M30  | 00:42:55 | 03:01:31 |
| 82   | SYCHOWSKI DAWID       | 38  |                              | TOMASZÓW             | POL  | M30  | 00:43:17 | 03:02:46 |
| 83   | WOJCISZYŃSKI TOMASZ   | 237 |                              | BACZYNA              | POL  | M40  | 00:43:13 | 03:00:59 |
| 84   | ŻABIEREK TOMASZ       | 235 |                              | GORZÓW WLKP.         | POL  | M40  | 00:43:23 | 02:50:16 |
| 85   | RESPONDEK ANNA        | 82  |                              | ZIELONA GÓRA         | POL  | K30  | 00:43:27 | 02:51:42 |
| 86   | BELKIEWICZ RAFAŁ      | 3   | KABATY ULTRA                 | WARSZAWA             | POL  | M40  | 00:43:38 | 03:06:51 |
| 87   | SUDUŁ JAROSŁAW        | 166 | WIERZBICKI RUNNING PROJECT   | GORZÓW WIELKOPOLSKI  | POL  | M50  | 00:43:37 | 03:06:43 |
| 88   | GLÓRA ALEKSANDRA      | 247 |                              | ŻARY                 | POL  | K40  | 00:43:28 | 02:58:54 |
| 89   | SROKA MARCIN          | 129 | ST RUNNERS                   | PLEWISKA             | POL  | M40  | 00:43:46 | 03:00:36 |
| 90   | KUCZYŃSKI ADAM        | 19  | VIKING                       | KUDOWA ZDRÓJ         | POL  | M30  | 00:43:34 | 03:08:55 |
| 91   | STĘŻYCKI MARIUSZ      | 30  | ŻARY RUNNERS TEAM            | ŻARY                 | POL  | M40  | 00:43:32 | 02:59:15 |
| 92   | ANDRZEJCZAK PAWEŁ     | 83  |                              | KALISZ               | POL  | M40  | 00:43:53 | 03:06:58 |
| 93   | BORDYCH JACEK         | 33  | BOREL MARATHON TEAM          | KOŹUCHÓW             | POL  | M50  | 00:43:43 | 02:52:16 |
| 94   | ZIEMKIEWICZ JAREK     | 65  | 2 KROKI DO METY              | LUBIN                | POL  | M40  | 00:43:41 | 02:53:24 |
| 95   | SZYRNER SZYMON        | 102 | KS KROTOSZ KROTOSZYN         | ZDUNY                | POL  | M40  | 00:43:56 | 03:06:45 |
| 96   | MIKOŁAJCZAK ARKADIUSZ | 165 |                              | JAROCIN              | POL  | M30  | 00:43:46 | 03:01:30 |
| 97   | WROE AGNIESZKA        | 125 |                              | POZNAŃ               | POL  | K40  | 00:44:01 | 03:01:39 |
| 98   | ŚWIERZOWSKA MAGDALENA | 138 | FIZJOTERAPIA BIEGACZA        | POZNAŃ               | POL  | K40  | 00:43:59 | 03:02:14 |
| 99   | KUBIAK KAROLINA       | 234 |                              | WEJHEROWO            | POL  | K40  | 00:43:57 | 03:08:47 |
| 100  | MARCINIAK MACIEJ      | 58  | JESTEM OD ROMKA              | SZRENIAWA            | POL  | M40  | 00:43:59 | 03:02:13 |
| 101  | KUREK TOMASZ          | 79  | OPALENICKI KLUB BIEGACZA     | OPALENICA            | POL  | M40  | 00:44:04 | 02:52:31 |
| 102  | STYK MAREK            | 124 |                              | ZIELONA GÓRA         | POL  | M30  | 00:43:47 | 02:59:38 |

**CZTERDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                           | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|--------------------------|-----|--------------------------------|---------------------|------|------|----------|----------|
| 103  | KRUPIANIK TOMASZ         | 78  |                                | WROCLAW             | POL  | M30  | 00:44:11 | 02:54:12 |
| 104  | GRACZYK MARCIN           | 49  |                                | TULCE               | POL  | M40  | 00:44:08 | 02:56:35 |
| 105  | ANTKIEWICZ KAMIL         | 172 |                                | KOZIEGŁOWY          | POL  | M30  | 00:44:10 | 03:02:10 |
| 106  | TRZPIOLA TYCJAN          | 29  |                                | WROCLAW             | POL  | M30  | 00:44:18 | 03:06:05 |
| 107  | GAWRONSKI HUBERT         | 71  | HUGO                           | KOSTRZYN            | POL  | M40  | 00:44:20 | 02:52:56 |
| 108  | ULATOWSKI ANDRZEJ        | 144 | RUNBEARDRUN                    | TORUŃ               | POL  | M50  | 00:44:31 | 02:57:44 |
| 109  | WAJDA MACIEJ             | 17  | SPELEOCLUB WROCLAW             | WROCLAW             | POL  | M30  | 00:44:28 | 03:00:02 |
| 110  | POLIWKA ADAM             | 123 | INSTALL GROUP ADAM POLIWKA     | RUDNA               | POL  | M30  | 00:44:54 | 03:18:02 |
| 111  | KASPERSKA BARBARA        | 157 | BBL GORZÓW                     | GORZÓW WLKP.        | POL  | K40  | 00:45:06 | 03:02:10 |
| 112  | KOŁODZIEJ MARIUSZ        | 50  | FUNTRI                         | LEGNICA             | POL  | M40  | 00:45:07 | 03:10:16 |
| 113  | STELMACH KRZYSZTOF       | 97  |                                | WIELUŃ              | POL  | M40  | 00:45:14 | 02:59:23 |
| 114  | CWOJDZIŃSKI PIOTR        | 121 | NO PROBLAMA TEAM/NIGHT RUNNERS | POZNAŃ              | POL  | M40  | 00:45:38 | 03:06:42 |
| 115  | ADAMCZEWSKI JAKUB        | 95  | NIGHT RUNNERS                  | POZNAŃ              | POL  | M30  | 00:45:38 | 03:06:40 |
| 116  | PARWA MICHAŁ             | 110 | MAGAZYN NA SZCZYCIE            | DZIEKANOWICE        | POL  | M30  | 00:45:52 | 02:59:39 |
| 117  | SARKA BARTŁOMIEJ         | 213 |                                | RABKA-ZDRÓJ         | POL  | M30  | 00:45:51 | 02:50:54 |
| 118  | KOWALSKI ANDRZEJ         | 224 |                                | WROCLAW             | POL  | M60  | 00:45:48 | 02:54:01 |
| 119  | HALINIAK MAREK           | 133 | NKB CHYŻY NOWY TOMYŚL          | NOWY TOMYŚL         | POL  | M40  | 00:46:08 | 03:08:58 |
| 120  | SADŁO DANIEL             | 28  | SOLANKOWA TEAM                 | JELENIA GÓRA        | POL  | M30  | 00:46:04 | 02:57:38 |
| 121  | KISIEL KRZYSZTOF         | 118 | CYKLO KWIDZYN                  | KWIDZYN             | POL  | M40  | 00:46:21 | 03:02:17 |
| 122  | IWACHÓW SŁAWOMIR         | 117 | KKM MXTECH KWIDZYN             | KWIDZYN             | POL  | M40  | 00:46:22 | 03:06:04 |
| 123  | WAŚCIŃSKI ROMAN          | 126 | PĘDZI - PARA                   | GOŁASZYN            | POL  | M50  | 00:46:47 | 03:08:30 |
| 124  | MAŚNICA-SZYMAŃSKA JOANNA | 61  | WOLSZTYŃSKI KLUB BIEGOWY       | WOLSZTYN            | POL  | K40  | 00:47:07 | 03:10:03 |
| 125  | SWOROWSKA IZABELA        | 59  | WOLSZTYŃSKI KLUB BIEGOWY       | WOLSZTYN            | POL  | K50  | 00:47:06 | 03:09:59 |
| 126  | WALIGÓRSKI RYSZARD       | 164 | WOLSZTYŃSKI KLUB BIEGOWY       | WOLSZTYN            | POL  | M60  | 00:47:06 | 03:09:22 |
| 127  | WIKLIŃSKI JAROSŁAW       | 47  | CZYSTA AMATORKA                | MARKI               | POL  | M40  | 00:47:05 | 03:02:30 |
| 128  | ORŁOWSKI BARTOSZ         | 173 |                                | PIELGRZYMKI         | POL  | M30  | 00:47:16 | 02:54:17 |
| 129  | SERAFIN MICHAŁ           | 163 | HWBC                           | WROCLAW             | POL  | M40  | 00:47:23 | 03:09:02 |
| 130  | JEZIORNY RYSZARD         | 167 | WIELUŃ BIEGA                   | WIELUŃ              | POL  | M50  | 00:47:19 | 03:06:41 |
| 131  | KAJA ROBERT              | 98  | WIELUŃ BIEGA                   | WIELUN              | POL  | M50  | 00:47:20 | 03:06:41 |
| 132  | DOKOWICZ JAREK           | 132 | TEAM BEROTU                    | NOWY TOMYŚL         | POL  | M40  | 00:47:33 | 03:08:59 |
| 133  | DOŁĘGOWSKI MAREK         | 44  |                                | KOŁCZEWO            | POL  | M50  | 00:47:32 | 03:08:28 |
| 134  | GAŁKA JACEK              | 66  | VEGE RUNNERS                   | ŻMIGRÓD             | POL  | M40  | 00:47:34 | 03:04:34 |
| 135  | SLY SYLWESTER            | 185 | BIEGAMYRAZEM.PL                | MŁKÓW/GDYŃIA        | POL  | M40  | 00:47:40 | 03:01:50 |
| 136  | SZYMCZAK PAWEŁ           | 178 |                                | WROCLAW             | POL  | M40  | 00:47:42 | 03:16:51 |
| 137  | PAWLIKOWSKA MONIKA       | 107 |                                | WROCLAW             | POL  | K40  | 00:47:46 | 03:00:20 |
| 138  | STELMACH PIOTR           | 108 | VEGE RUNNERS                   | POZNAŃ              | POL  | M40  | 00:48:19 | 03:02:23 |
| 139  | HAJNCE LECH              | 229 |                                | RAWICZ              | POL  | M30  | 00:48:02 | 03:04:30 |
| 140  | KRÓLICKI ZBIGNIEW        | 201 |                                | LUTOMIA DOLNA       | POL  | M40  | 00:48:26 | 03:11:05 |
| 141  | ROMANIUK BARTOSZ         | 151 |                                | WROCLAW             | POL  | M30  | 00:48:49 | 02:58:01 |
| 142  | SURDAK PIOTR             | 9   |                                | SZCZECIN            | POL  | M40  | 00:48:52 | 03:02:39 |
| 143  | ŻYGIĘŁO MONIKA           | 8   | CHOSZCZEŃSKA 10                | CHOSZCZNO           | POL  | K40  | 00:48:53 | 03:02:41 |
| 144  | ROŻKO SEBASTIAN          | 130 |                                | GRYFINO             | POL  | M30  | 00:49:00 | 03:03:52 |
| 145  | LEBODA KATARZYNA         | 84  | WILD DOGS TEAM                 | KATOWICE            | POL  | K30  | 00:49:01 | 03:24:23 |
| 146  | KWIASOWSKA ALEKSANDRA    | 100 | 690202689                      | ŁÓDŹ                | POL  | K30  | 00:49:02 | 03:24:24 |
| 147  | PTAK ADAM                | 169 | PIĄTKOWO NA BIEGOWO            | POZNAŃ              | POL  | M50  | 00:49:10 | 02:57:43 |
| 148  | URBANIAK PIOTR           | 190 |                                | PSARSKIE            | POL  | M40  | 00:49:13 | 02:57:44 |
| 149  | SZELAĞ PIOTR             | 195 | TURBO JEZE TEAM                | WARSZAWA            | POL  | M40  | 00:49:26 | 03:12:37 |
| 150  | WÓJCIK MONIKA            | 114 |                                | WARSZAWA            | POL  | K40  | 00:49:45 | 03:06:55 |
| 151  | MARCINKOWSKI JACEK       | 136 |                                | ŚWIESZYNO           | POL  | M50  | 00:49:28 | 02:58:53 |
| 152  | NOWAK SEBASTIAN          | 225 |                                | ŚWIĘTA KATARZYNA    | POL  | M40  | 00:49:34 | 02:54:34 |
| 153  | JANCZAK PIOTR            | 226 | ŻERNIKI WROCLAWSKIE            | ŻERNIKI WROCLAWSKIE | POL  | M40  | 00:49:35 | 02:54:33 |
| 154  | CIĘŻKOWSKI MICHAŁ        | 197 |                                | NOWA WIEŚ KRÓLEWSKA | POL  | M40  | 00:49:54 | 03:03:41 |
| 155  | ZDROJEWSKA MAGDALENA     | 179 |                                | KARCZEWKO           | POL  | K40  | 00:50:04 | 03:00:24 |
| 156  | SUROWIEC ROBERT          | 56  |                                | GORZÓW WIELKOPOLSKI | POL  | M50  | 00:50:04 | 02:56:32 |
| 157  | LISOWSKI DARIUSZ         | 23  | POBIEROWO BIEGA                | ŚWIERZNO            | POL  | M40  | 00:50:05 | 02:53:36 |
| 158  | GAJDOWSKI PRZEMYSŁAW     | 89  |                                | WROCLAW             | POL  | M30  | 00:50:29 | 03:20:04 |
| 159  | ŻESŁAWSKI ŁUKASZ         | 113 |                                | BYTOM               | POL  | M40  | 00:50:50 | 03:03:40 |

**CZTERDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-------------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 160  | ŁOPOKA PRZEMEK          | 204 | ABY DO METY                 | ZIĘBICE             | POL  | M20  | 00:51:05 | 02:54:23 |
| 161  | KUCHMECKI MACIEJ        | 73  |                             | POZNAŃ              | POL  | M30  | 00:51:58 | 03:07:17 |
| 162  | KOPCZYŃSKA MARTA        | 96  | KWIATY U BEATY              | SWARZĘDZ            | POL  | K30  | 00:51:58 | 03:07:14 |
| 163  | KRZYSZTOFIK JAROMIR     | 150 | WIKING                      | PLEWISKA            | POL  | M50  | 00:52:01 | 02:59:18 |
| 164  | BARTKOWIAK TOMASZ       | 26  |                             | LUBOŃ               | POL  | M30  | 00:53:04 | 03:21:23 |
| 165  | SPYCHAŁA JAKUB          | 37  |                             | WIRY                | POL  | M40  | 00:53:04 | 03:21:22 |
| 166  | PRUSIEWICZ BEATA        | 12  |                             | OSTRÓW WIELKOPOLSKI | POL  | K50  | 00:53:20 | 03:14:55 |
| 167  | GAWLIK SYLWIA           | 222 |                             | LUBLIN              | POL  | K40  | 00:53:34 | 03:15:29 |
| 168  | OSTACH DARIA            | 11  |                             | OSTRÓW WIELKOPOLSKI | POL  | K40  | 00:53:59 | 03:14:51 |
| 169  | KOCOŃ MARIUSZ           | 239 |                             | OPOLE               | POL  | M50  | 00:54:00 | 03:08:12 |
| 170  | WŁODARCZYK ANNA         | 116 |                             | WARSZAWA            | POL  | K40  | 00:54:30 | 03:29:28 |
| 171  | WITKOWSKI MARCIN        | 208 | ZASZYCI                     | WARSZAWA            | POL  | M50  | 00:54:48 | 03:10:06 |
| 172  | RZECZYŃSKA ANNA         | 188 |                             | GORZÓW WIELKOPOLSKI | POL  | K40  | 00:55:00 | 03:30:29 |
| 173  | OLECHNOWICZ MAGDA       | 187 |                             | GORZÓW WLKP         | POL  | K40  | 00:55:03 | 03:09:40 |
| 174  | KARAŚ ANNA              | 209 |                             | WROCŁAW             | POL  | K40  | 00:54:52 | 03:23:13 |
| 175  | PEKAŁA DAWID            | 115 | DZIKI Z AFRYKI              | ZIELONA GÓRA        | POL  | M40  | 00:54:53 | 03:23:11 |
| 176  | SZYSZKOWSKI WŁODZIMIERZ | 81  | DUKE NUKEM PRINCE OF WARSAW | WARSZAWA            | POL  | M50  | 00:56:52 | 03:19:00 |
| 177  | HAUSMAN MAGDALENA       | 210 | PARKRUN GRUDZIĄDZ           | GRUDZIĄDZ           | POL  | K40  | 00:57:00 | 03:40:55 |
| 178  | SIKORSKI GRZEGORZ       | 155 |                             | BORYSŁAWICE ZAMKOWE | POL  | M50  | 00:57:00 | 03:12:53 |
| 179  | MALICKA MAŁGORZATA      | 42  |                             | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 180  | ZASADA IWONA            | 41  |                             | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 181  | KRZYŻYK AGNIESZKA       | 146 | TRIO FORTIS                 | ZIELONA GÓRA        | POL  | K40  | 00:57:22 | 03:19:03 |
| 182  | SUWAJ ROMAN             | 46  | ZOMBIE                      | ZIELONA GÓRA        | POL  | M60  | 00:57:26 | 03:19:02 |
| 183  | WITKOWSKA BEATA         | 168 |                             | GDAŃSK              | POL  | K40  | 00:57:18 | 03:20:44 |
| 184  | POLAŃSKI PAWEŁ          | 180 | #KASZANIENAMOKA             | GDAŃSK              | POL  | M30  | 00:57:19 | 03:20:39 |
| 185  | CZUBA MICHAŁ            | 227 |                             | LIGOTA ZAMECKA      | POL  | M30  | 00:57:59 | 03:34:29 |
| 186  | KWASIK MAREK            | 228 |                             | LIGOTA ZAMECKA      | POL  | M40  | 00:58:00 | 03:34:31 |
| 187  | SADŁO JAROSŁAW          | 248 |                             | JELENIA GÓRA        | POL  | M30  | 00:58:04 | 03:47:15 |
| 188  | KOCHAŃSKI TOMASZ        | 211 |                             | GRUDZIĄDZ           | POL  | M30  | 00:58:11 | 03:40:47 |
| 189  | KAZUBOWSKA MAŁGORZATA   | 176 |                             | GORZÓW WLKP.        | POL  | K40  | 00:58:50 | 03:55:18 |
| 190  | WAŚCIŃSKA EDYTA         | 127 | PĘDZI - PARA                | GOŁASZYN            | POL  | K50  | 00:59:13 | 03:34:22 |
| 191  | KOSECKA JUSTYNA         | 4   |                             | BYDGOSZCZ           | POL  | K40  | 00:59:50 | 03:22:22 |
| 192  | CHRZANOWSKA AGNIESZKA   | 109 |                             | SZCZECIN            | POL  | K40  | 01:05:55 | 03:19:18 |
| 193  | ŚWIĄTEK MONIKA          | 111 |                             | WARSZAWA            | POL  | K20  | 01:09:14 | 04:04:30 |
| 194  | SZOKALAK MILENA         | 141 |                             | SIEMIEŃ             | POL  | K20  | 01:09:16 | 04:04:46 |
|      | STACHOWIAK ADAM         | 196 | LESZ NO LIMITS RUNNERS      | DĄBCZE              | POL  | M30  | 00:31:49 | 02:28:21 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MAŃCZAK FILIP           | 14  | AKTYWNI RAZEM               | KICIN               | POL  | M40  | 00:33:20 | DNF      |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MARGOL PAWEŁ            | 177 |                             | WROCŁAW             | POL  | M30  | 00:39:48 | 02:38:45 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MARCZAK TOMASZ          | 48  | CZYSTA AMATORKA             | WARSZAWA            | POL  | M40  | 00:39:39 | 02:44:05 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | ŻAK PIOTR               | 18  | FARTY PUSZCZY               | SZCZECIN            | POL  | M30  | DNF      | DNF      |

**CZTERDZIESTKA, OPEN Kobiety**

| M-ce | Nazwisko i imię       | Nr  | Klub                  | M-scowość            | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|-----------------------|----------------------|------|------|----------|----------|
| 1    | SZKODA KASIA          | 6   | TATERNIKTEAM          | ZALASEWO             | POL  | K30  | 00:38:29 | 02:33:43 |
| 2    | KAZUBOWSKA OLA        | 233 |                       | GORZÓW WLKP.         | POL  | K40  | 00:40:16 | 02:36:04 |
| 3    | STRAUCHOLD ANNA       | 140 | HAPPY RUNNERS WROCŁAW | KAMIENIEC WROCŁAWSKI | POL  | K50  | 00:41:29 | 02:53:33 |
| 4    | RESPONDEK ANNA        | 82  |                       | ZIELONA GÓRA         | POL  | K30  | 00:43:27 | 02:51:42 |
| 5    | GLÓRA ALEKSANDRA      | 247 |                       | ŻARY                 | POL  | K40  | 00:43:28 | 02:58:54 |
| 6    | WROE AGNIESZKA        | 125 |                       | POZNAŃ               | POL  | K40  | 00:44:01 | 03:01:39 |
| 7    | ŚWIERZOWSKA MAGDALENA | 138 | FIZJOTERAPIA BIEGACZA | POZNAŃ               | POL  | K40  | 00:43:59 | 03:02:14 |
| 8    | KUBIAK KAROLINA       | 234 |                       | WEJHEROWO            | POL  | K40  | 00:43:57 | 03:08:47 |

**CZTERDZIESTKA, OPEN Kobiety c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                     | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|--------------------------|-----|--------------------------|---------------------|------|------|----------|----------|
| 9    | KASPERSKA BARBARA        | 157 | BBL GORZÓW               | GORZÓW WLKP.        | POL  | K40  | 00:45:06 | 03:02:10 |
| 10   | MAŚNICA-SZYMAŃSKA JOANNA | 61  | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN            | POL  | K40  | 00:47:07 | 03:10:03 |
| 11   | SWOROWSKA IZABELA        | 59  | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN            | POL  | K50  | 00:47:06 | 03:09:59 |
| 12   | PAWLIKOWSKA MONIKA       | 107 |                          | WROCLAW             | POL  | K40  | 00:47:46 | 03:00:20 |
| 13   | ŻYGIĘŁO MONIKA           | 8   | CHOSZCZEŃSKA 10          | CHOSZCZNO           | POL  | K40  | 00:48:53 | 03:02:41 |
| 14   | LEBODA KATARZYNA         | 84  | WILD DOGS TEAM           | KATOWICE            | POL  | K30  | 00:49:01 | 03:24:23 |
| 15   | KWIASOWSKA ALEKSANDRA    | 100 | 690202689                | ŁÓDŹ                | POL  | K30  | 00:49:02 | 03:24:24 |
| 16   | WÓJCIK MONIKA            | 114 |                          | WARSZAWA            | POL  | K40  | 00:49:45 | 03:06:55 |
| 17   | ZDROJEWSKA MAGDALENA     | 179 |                          | KARCZEWKO           | POL  | K40  | 00:50:04 | 03:00:24 |
| 18   | KOPCZYŃSKA MARTA         | 96  | KWIATY U BEATY           | SWARZĘDZ            | POL  | K30  | 00:51:58 | 03:07:14 |
| 19   | PRUSIEWICZ BEATA         | 12  |                          | OSTRÓW WIELKOPOLSKI | POL  | K50  | 00:53:20 | 03:14:55 |
| 20   | GAWLIK SYLWIA            | 222 |                          | LUBLIN              | POL  | K40  | 00:53:34 | 03:15:29 |
| 21   | OSTACH DARIA             | 11  |                          | OSTRÓW WIELKOPOLSKI | POL  | K40  | 00:53:59 | 03:14:51 |
| 22   | WŁODARCZYK ANNA          | 116 |                          | WARSZAWA            | POL  | K40  | 00:54:30 | 03:29:28 |
| 23   | RZECZYŃSKA ANNA          | 188 |                          | GORZÓW WIELKOPOLSKI | POL  | K40  | 00:55:00 | 03:30:29 |
| 24   | OLECHNOWICZ MAGDA        | 187 |                          | GORZÓW WLKP         | POL  | K40  | 00:55:03 | 03:09:40 |
| 25   | KARAŚ ANNA               | 209 |                          | WROCLAW             | POL  | K40  | 00:54:52 | 03:23:13 |
| 26   | HAUSMAN MAGDALENA        | 210 | PARKRUN GRUDZIĄDZ        | GRUDZIĄDZ           | POL  | K40  | 00:57:00 | 03:40:55 |
| 27   | MALICKA MAŁGORZATA       | 42  |                          | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 28   | ZASADA IWONA             | 41  |                          | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 29   | KRZYŻYK AGNIESZKA        | 146 | TRIO FORTIS              | ZIELONA GÓRA        | POL  | K40  | 00:57:22 | 03:19:03 |
| 30   | WITKOWSKA BEATA          | 168 |                          | GDAŃSK              | POL  | K40  | 00:57:18 | 03:20:44 |
| 31   | KAZUBOWSKA MAŁGORZATA    | 176 |                          | GORZÓW WLKP.        | POL  | K40  | 00:58:50 | 03:55:18 |
| 32   | WAŚCIŃSKA EDYTA          | 127 | PĘDZI - PARA             | GOŁĄSZYN            | POL  | K50  | 00:59:13 | 03:34:22 |
| 33   | KOSECKA JUSTYNA          | 4   |                          | BYDGOSZCZ           | POL  | K40  | 00:59:50 | 03:22:22 |
| 34   | CHRZANOWSKA AGNIESZKA    | 109 |                          | SZCZECIN            | POL  | K40  | 01:05:55 | 03:19:18 |
| 35   | ŚWIĄTEK MONIKA           | 111 |                          | WARSZAWA            | POL  | K20  | 01:09:14 | 04:04:30 |
| 36   | SZOKALAK MILENA          | 141 |                          | SIEMIĘŃ             | POL  | K20  | 01:09:16 | 04:04:46 |

**CZTERDZIESTKA, OPEN Mężczyźni**

| M-ce | Nazwisko i imię       | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 1    | MAŁYGA GRZEGORZ       | 43  | RMT TEAM PRO                | WROCLAW             | POL  | M30  | 00:29:22 | 02:22:01 |
| 2    | KARWACZYŃSKI ROGER    | 86  |                             | JELENIA GÓRA        | POL  | M30  | 00:29:26 | 02:17:58 |
| 3    | BRÝDL PAVEL           | 249 | SPA SCALIANO - KUDOWA ZDROJ | TRUTNOV             | CZE  | M40  | 00:29:28 | 02:18:00 |
| 4    | KONIECZNY SZYMON      | 153 |                             | CHOSZCZNO           | POL  | M30  | 00:30:01 | 02:23:51 |
| 5    | ADAMCZYK MACIEJ       | 158 | SKS OBORNIKI                | OBORNIKI            | POL  | M40  | 00:30:04 | 02:22:14 |
| 6    | WANDEL PIOTR          | 139 | HAPPY RUNNERS               | DOMASŁAW            | POL  | M40  | 00:33:21 | 03:19:49 |
| 7    | MUCHACZOW JACEK       | 238 | DRÅXLMAIER                  | JELENIA GÓRA        | POL  | M40  | 00:33:36 | 02:28:23 |
| 8    | SZULC TOMASZ          | 189 |                             | ZŁOCIENIEC          | POL  | M30  | 00:34:11 | 02:41:53 |
| 9    | OLCZYK GRZEGORZ       | 236 | DRÅXLMAIER                  | JELENIA GÓRA        | POL  | M30  | 00:34:25 | 02:28:23 |
| 10   | PAWLIK FILIP          | 63  |                             | POZNAŃ              | POL  | M30  | 00:34:27 | 02:32:09 |
| 11   | LITWIN MICHAŁ         | 145 | LITEWIN                     | PASIKUROWICE        | POL  | M40  | 00:34:51 | 02:40:20 |
| 12   | KARPOWICZ RAFAL       | 186 |                             | WROCLAW             | POL  | M40  | 00:34:56 | 02:45:27 |
| 13   | WALASIK JAROSŁAW      | 152 | 42K AKADEMIA BIEGANIA       | JAWORZNO            | POL  | M50  | 00:35:05 | 02:39:45 |
| 14   | BRĄCZKOWSKI DAMIAN    | 147 |                             | POZNAŃ              | POL  | M20  | 00:35:05 | 02:42:30 |
| 15   | WOJCIECHOWSKI ANDRZEJ | 76  | WOLSZTYŃSKI KLUB BIEGOWY    | WOLSZTYN            | POL  | M50  | 00:35:41 | 02:37:52 |
| 16   | ZERZUT JAROSŁAW       | 5   | FARTY PUSZCZY               | SZCZECIN            | POL  | M50  | 00:36:04 | 02:50:35 |
| 17   | JAKŚ GRZEGORZ         | 159 | ALPIMADE TEAM               | INOWROCLAW          | POL  | M40  | 00:36:16 | 02:49:06 |
| 18   | PURA ROBERT           | 171 |                             | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:36:16 | 02:35:45 |
| 19   | FOLCIK ZIEMOWIT       | 103 | NIGHT RUNNERS WROCLAW       | WROCLAW             | POL  | M40  | 00:36:21 | 02:38:08 |
| 20   | TURBAK PAWEŁ          | 220 | KS TEAM BARYŁA              | SULECIN             | POL  | M20  | 00:36:34 | 02:41:49 |
| 21   | DROBNIK BŁAŻEJ        | 170 | OPALENICKI KLUB BIEGACZA    | OPALENICA           | POL  | M30  | 00:36:35 | 02:35:35 |
| 22   | STANKIEWICZ PAWEŁ     | 2   | AKTYWNI RAZEM               | POTASZE             | POL  | M40  | 00:36:48 | 02:32:18 |
| 23   | NOWICKI MARCIN        | 135 | GO2TRI                      | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:37:01 | 02:34:28 |
| 24   | MARCINIAK JAKUB       | 10  | KOŹMIN BIEGA ULTRA RUNNERS  | KROTOSZYN           | POL  | M30  | 00:37:09 | 02:41:23 |

**CZTERDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                         | M-scowość       | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|------------------------------|-----------------|------|------|----------|----------|
| 25   | HIBNER JACEK          | 217 |                              | ŁÓDŹ            | POL  | M50  | 00:37:13 | 02:35:32 |
| 26   | PIERZCHALSKI DAWID    | 122 |                              | BIAŁE BLOTA     | POL  | M40  | 00:37:18 | 02:50:17 |
| 27   | MINDYKOWSKI ZBIGNIEW  | 120 |                              | BYDGOSZCZ       | POL  | M40  | 00:37:19 | 02:50:27 |
| 28   | MROWCA PAWEŁ          | 36  |                              | LUBAŃ           | POL  | M30  | 00:37:15 | 02:41:22 |
| 29   | JAKUBOWSKI ANDRZEJ    | 69  |                              | ŻMIGRÓD         | POL  | M30  | 00:37:18 | 02:38:00 |
| 30   | BURZEC TOMASZ         | 223 | HFB                          | WROCLAW         | POL  | M40  | 00:37:32 | 02:40:46 |
| 31   | ANTCZAK ADRIAN        | 134 | IZERY BOGATYNIA              | BOGATYNIA       | POL  | M40  | 00:37:48 | 02:26:47 |
| 32   | KARP PAWEŁ            | 215 | ACCENTURE                    | WARSZAWA        | POL  | M30  | 00:37:41 | 02:41:10 |
| 33   | SZUKAŁA PIOTR         | 202 | VEGE RUNNERS                 | POZNAŃ          | POL  | M30  | 00:37:50 | 02:35:21 |
| 34   | GAŁECKI ROBERT        | 232 | HFB                          | KIEŁCZÓW        | POL  | M30  | 00:37:37 | 02:40:44 |
| 35   | KRÓL HUBERT           | 206 | WWW.TRENERTRIATHLONU.PL      | KOŁO            | POL  | M30  | 00:37:51 | 02:44:43 |
| 36   | KULLING HUBERT        | 160 |                              | KIEŁCZÓW        | POL  | M40  | 00:37:39 | 02:40:51 |
| 37   | MICHAŁOWSKI MARCIN    | 198 |                              | ŚWIĘTOSZÓW      | POL  | M40  | 00:37:52 | 02:41:50 |
| 38   | KUBIAK MARCIN         | 45  | ZOMBIE TEAM                  | ZIELONA GÓRA    | POL  | M50  | 00:37:54 | 02:54:36 |
| 39   | WOŹNY TOMASZ          | 25  | BŁĘKITNI LUBIĘCIN            | LUBIĘCIN        | POL  | M30  | 00:37:55 | 02:54:38 |
| 40   | KUSAL TOMASZ          | 207 |                              | OPOLE           | POL  | M20  | 00:38:02 | 02:32:31 |
| 41   | NOSKI MARIUSZ         | 105 |                              | BIELAWA         | POL  | M40  | 00:37:53 | 02:37:31 |
| 42   | PRADZYŃSKI MARCIN     | 57  | AKADEMIAMISTRZOWSPORTU       | BYDGOSZCZ       | POL  | M40  | 00:38:12 | 02:37:49 |
| 43   | GARCZYK RAFAŁ         | 131 |                              | LUSÓWKO         | POL  | M40  | 00:38:20 | 02:26:19 |
| 44   | PEONOWSKI MACIEJ      | 74  | PSZCZÓŁKOWSKI TEAM           | WROCLAW         | POL  | M30  | 00:35:12 | 02:34:11 |
| 45   | ROZDOLSKI PAWEŁ       | 175 |                              | JELCZ LASKOWICE | POL  | M40  | 00:38:11 | 02:42:50 |
| 46   | NECKAR MICHAŁ         | 162 | HWBC                         | WROCLAW         | POL  | M40  | 00:38:13 | 02:41:54 |
| 47   | JANKOWSKI RAFAŁ       | 221 |                              | SMOLEC          | POL  | M40  | 00:38:30 | 02:48:17 |
| 48   | ADAMUS RAFAŁ          | 219 |                              | ŚWIDNICA        | POL  | M30  | 00:38:30 | 02:42:53 |
| 49   | KOPCZYŃSKI ŁUKASZ     | 40  | K-TEAM                       | WROCLAW         | POL  | M40  | 00:38:47 | 02:42:18 |
| 50   | KLYSZCZ MICHAŁ        | 20  | IZBICKO W BIEGU              | OTMICE          | POL  | M20  | 00:38:57 | 02:49:21 |
| 51   | POLACZEK DANIEL       | 7   | IZBICKO W BIEGU              | OTMICE          | POL  | M20  | 00:39:08 | 02:51:47 |
| 52   | POPRAWSKI MATEUSZ     | 128 | KLIŃSKIEGO TEAM              | BOJANOWO        | POL  | M30  | 00:39:13 | 03:08:35 |
| 53   | MRÓZ MARCIN           | 104 | STR POZNAŃ / DZIKIE BOBRY    | ZALASEWO        | POL  | M40  | 00:39:22 | 02:36:27 |
| 54   | WEŁNIAK PRZEMYSŁAW    | 22  | MOGILNO TEAM                 | ZALASEWO        | POL  | M40  | 00:39:23 | 02:33:42 |
| 55   | NAPIERAŁA TOMASZ      | 54  |                              | SUCHY LAS       | POL  | M40  | 00:39:30 | 02:37:44 |
| 56   | NOWAK KRZYSZTOF       | 214 |                              | WARSZAWA        | POL  | M40  | 00:39:45 | 02:52:48 |
| 57   | GRABOWSKI DAMIAN      | 24  |                              | POZNAŃ          | POL  | M30  | 00:39:48 | 02:48:36 |
| 58   | WIERZBA JACEK         | 174 |                              | ŻMIGRÓD         | POL  | M40  | 00:39:40 | 02:50:56 |
| 59   | BALTRUSAITIS ZYDRUNAS | 90  | NA, PAGAIKI                  | VILNIUS         | LTU  | M40  | 00:39:57 | 02:43:19 |
| 60   | BANDUROWSKI ANDRZEJ   | 191 | KB SPOCENI NOWA SÓL          | NOWA SÓL        | POL  | M50  | 00:40:01 | 02:36:13 |
| 61   | POPKO ŁUKASZ          | 72  |                              | LUBAŃ           | POL  | M30  | 00:40:07 | 02:46:37 |
| 62   | ŚWITAŁA MARCIN        | 194 |                              | KATOWICE        | POL  | M50  | 00:40:14 | 02:39:21 |
| 63   | JANKOWSKI MARCIN      | 91  | FU FU FU TEAM                | GŁOGÓW          | POL  | M40  | 00:40:16 | 02:30:11 |
| 64   | FEDUNIK KAROL         | 75  | BIEGNIJ OŁAWO                | OŁAWA           | POL  | M30  | 00:40:33 | 02:21:49 |
| 65   | PARUCKI MICHAŁ        | 250 |                              | POZNAŃ          | POL  | M40  | 00:40:58 | 03:02:13 |
| 66   | TOMCZAK DARIUSZ       | 51  |                              | GOSTYŃ          | POL  | M30  | 00:40:56 | 02:51:49 |
| 67   | LATANOWICZ BERNARD    | 182 |                              | POZNAŃ          | POL  | M30  | 00:41:14 | 03:05:16 |
| 68   | JURDZIAK JAKUB        | 181 |                              | WROCLAW         | POL  | M30  | 00:41:01 | 03:03:01 |
| 69   | PATYK SŁAWOMIR        | 137 |                              | CZĘSTOCHOWA     | POL  | M40  | 00:41:20 | 02:53:43 |
| 70   | KANDULSKI JAKUB       | 156 | OPALENICKI KLUB BIEGACZA     | OPALENICA       | POL  | M40  | 00:41:27 | 02:56:33 |
| 71   | BANASIAK MARCIN       | 112 | FUJITSU RUNNING TEAM         | ŁÓDŹ            | POL  | M40  | 00:41:33 | 02:39:06 |
| 72   | KICKA MATEUSZ         | 218 | ULTRA-TRAIL® MAŁOPOLSKA TEAM | KRAKÓW          | POL  | M30  | 00:42:16 | 02:41:08 |
| 73   | FRYSIAK ARTUR         | 99  | WIELUŃ ULTRA                 | WIELUŃ          | POL  | M50  | 00:42:27 | 02:55:09 |
| 74   | POLAK JACEK           | 87  | BIEGUSIEM.PL                 | PIASECZNO       | POL  | M40  | 00:42:23 | 02:59:40 |
| 75   | SOBOLEWSKI DARIUSZ    | 31  | BOREL MARATHON TEAM          | KOZUCHÓW        | POL  | M30  | 00:42:44 | 02:52:17 |
| 76   | GÓRALSKI PIOTR        | 67  |                              | PIASKI          | POL  | M40  | 00:43:04 | 03:08:21 |
| 77   | BARTKOWIAK RAFAŁ      | 1   |                              | BYDGOSZCZ       | POL  | M40  | 00:43:02 | 03:02:25 |
| 78   | PETRYKOWSKI KAROL     | 200 | HASAJTO! SEKCJA GÓRSKA       | SZCZECIN        | POL  | M30  | 00:42:55 | 03:01:31 |
| 79   | SYCHOWSKI DAWID       | 38  |                              | TOMASZÓW        | POL  | M30  | 00:43:17 | 03:02:46 |
| 80   | WOJCIEŚZYŃSKI TOMASZ  | 237 |                              | BACZYNA         | POL  | M40  | 00:43:13 | 03:00:59 |
| 81   | ŻABIEREK TOMASZ       | 235 |                              | GORZÓW WLKP.    | POL  | M40  | 00:43:23 | 02:50:16 |

**CZTERDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                           | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|--------------------------------|---------------------|------|------|----------|----------|
| 82   | BELKIEWICZ RAFAŁ      | 3   | KABATY ULTRA                   | WARSZAWA            | POL  | M40  | 00:43:38 | 03:06:51 |
| 83   | SUDŹŁ JAROSŁAW        | 166 | WIERZBICKI RUNNING PROJECT     | GORZÓW WIELKOPOLSKI | POL  | M50  | 00:43:37 | 03:06:43 |
| 84   | SROKA MARCIN          | 129 | ST RUNNERS                     | PLEWISKA            | POL  | M40  | 00:43:46 | 03:00:36 |
| 85   | KUCZYŃSKI ADAM        | 19  | VIKING                         | KUDOWA ZDRÓJ        | POL  | M30  | 00:43:34 | 03:08:55 |
| 86   | STĘŻYCKI MARIUSZ      | 30  | ŻARY RUNNERS TEAM              | ŻARY                | POL  | M40  | 00:43:32 | 02:59:15 |
| 87   | ANDRZEJCZAK PAWEŁ     | 83  |                                | KALISZ              | POL  | M40  | 00:43:53 | 03:06:58 |
| 88   | BORDYCH JACEK         | 33  | BOREL MARATHON TEAM            | KOŹUCHÓW            | POL  | M50  | 00:43:43 | 02:52:16 |
| 89   | ZIEMKIEWICZ JAREK     | 65  | 2 KROKI DO METY                | LUBIN               | POL  | M40  | 00:43:41 | 02:53:24 |
| 90   | SZYRNER SZYMON        | 102 | KS KROTOSZ KROTOSZYN           | ZDUNY               | POL  | M40  | 00:43:56 | 03:06:45 |
| 91   | MIKOŁAJCZAK ARKADIUSZ | 165 |                                | JAROCIN             | POL  | M30  | 00:43:46 | 03:01:30 |
| 92   | MARCINIAK MACIEJ      | 58  | JESTEM OD ROMKA                | SZRENIAWA           | POL  | M40  | 00:43:59 | 03:02:13 |
| 93   | KUREK TOMASZ          | 79  | OPALENICKI KLUB BIEGACZA       | SZPACENICA          | POL  | M40  | 00:44:04 | 02:52:31 |
| 94   | STYK MAREK            | 124 |                                | ZIEŁONA GÓRA        | POL  | M30  | 00:43:47 | 02:59:38 |
| 95   | KRUPIANIK TOMASZ      | 78  |                                | WROCLAW             | POL  | M30  | 00:44:11 | 02:54:12 |
| 96   | GRACZYK MARCIN        | 49  |                                | TULCE               | POL  | M40  | 00:44:08 | 02:56:35 |
| 97   | ANTKIEWICZ KAMIL      | 172 |                                | KOZIEGŁOWY          | POL  | M30  | 00:44:10 | 03:02:10 |
| 98   | TRZPIOLA TYCJAN       | 29  |                                | WROCLAW             | POL  | M30  | 00:44:18 | 03:06:05 |
| 99   | GAWRONSKI HUBERT      | 71  | HUGO                           | KOSTRZYN            | POL  | M40  | 00:44:20 | 02:52:56 |
| 100  | ULATOWSKI ANDRZEJ     | 144 | RUNBEARDRUN                    | TORUŃ               | POL  | M50  | 00:44:31 | 02:57:44 |
| 101  | WAJDA MACIEJ          | 17  | SPELEOCLUB WROCLAW             | WROCLAW             | POL  | M30  | 00:44:28 | 03:00:02 |
| 102  | POLIWKA ADAM          | 123 | INSTALL GROUP ADAM POLIWKA     | RUDNA               | POL  | M30  | 00:44:54 | 03:18:02 |
| 103  | KOŁODZIEJ MARIUSZ     | 50  | FUNTRI                         | LEGNICA             | POL  | M40  | 00:45:07 | 03:10:16 |
| 104  | STELMACH KRZYSZTOF    | 97  |                                | WIELUŃ              | POL  | M40  | 00:45:14 | 02:59:23 |
| 105  | CWOJDZIŃSKI PIOTR     | 121 | NO PROBLAMA TEAM/NIGHT RUNNERS | POZNAŃ              | POL  | M40  | 00:45:38 | 03:06:42 |
| 106  | ADAMCZEWSKI JAKUB     | 95  | NIGHT RUNNERS                  | POZNAŃ              | POL  | M30  | 00:45:38 | 03:06:40 |
| 107  | PARWA MICHAŁ          | 110 | MAGAZYN NA SZCZYCIE            | DZIEKANOWICE        | POL  | M30  | 00:45:52 | 02:59:39 |
| 108  | SARKA BARTŁOMIEJ      | 213 |                                | RABKA-ZDRÓJ         | POL  | M30  | 00:45:51 | 02:50:54 |
| 109  | KOWALSKI ANDRZEJ      | 224 |                                | WROCLAW             | POL  | M60  | 00:45:48 | 02:54:01 |
| 110  | HALINIAK MAREK        | 133 | NKB CHYŻY NOWY TOMYŚL          | NOWY TOMYŚL         | POL  | M40  | 00:46:08 | 03:08:58 |
| 111  | SADŁO DANIEL          | 28  | SOLANKOWA TEAM                 | JELEŃ GÓRA          | POL  | M30  | 00:46:04 | 02:57:38 |
| 112  | KISIEL KRZYSZTOF      | 118 | CYKLO KWIDZYN                  | KWIDZYN             | POL  | M40  | 00:46:21 | 03:02:17 |
| 113  | IWACHÓW SŁAWOMIR      | 117 | KM MXTECH KWIDZYN              | KWIDZYN             | POL  | M40  | 00:46:22 | 03:06:04 |
| 114  | WAŚCIŃSKI ROMAN       | 126 | PĘDZI - PARA                   | GWAŚZYN             | POL  | M50  | 00:46:47 | 03:08:30 |
| 115  | WALIGÓRSKI RYSZARD    | 164 | WOLSZTYŃSKI KLUB BIEGOWY       | WOLSZTYN            | POL  | M60  | 00:47:06 | 03:09:22 |
| 116  | WIKLIŃSKI JAROSŁAW    | 47  | CZYSTA AMATORKA                | MARKI               | POL  | M40  | 00:47:05 | 03:02:30 |
| 117  | ORŁOWSKI BARTOSZ      | 173 |                                | PIELGRZYMKI         | POL  | M30  | 00:47:16 | 02:54:17 |
| 118  | SERAFIN MICHAŁ        | 163 | HWBC                           | WROCLAW             | POL  | M40  | 00:47:23 | 03:09:02 |
| 119  | JEZIORNY RYSZARD      | 167 | WIELUŃ BIEGA                   | WIELUŃ              | POL  | M50  | 00:47:19 | 03:06:41 |
| 120  | KAJA ROBERT           | 98  | WIELUŃ BIEGA                   | WIELUŃ              | POL  | M50  | 00:47:20 | 03:06:41 |
| 121  | DOKOWICZ JAREK        | 132 | TEAM BEROTU                    | NOWY TOMYŚL         | POL  | M40  | 00:47:33 | 03:08:59 |
| 122  | DOŁĘGOWSKI MAREK      | 44  |                                | KOŁCZEWO            | POL  | M50  | 00:47:32 | 03:08:28 |
| 123  | GAŁKA JACEK           | 66  | VEGE RUNNERS                   | ŻMIGRÓD             | POL  | M40  | 00:47:34 | 03:04:34 |
| 124  | SLY SYLWESTER         | 185 | BIEGAMYRAZEM.PL                | MIŁKÓW/GDYŃIA       | POL  | M40  | 00:47:40 | 03:01:50 |
| 125  | SZYMCZAK PAWEŁ        | 178 |                                | WROCLAW             | POL  | M40  | 00:47:42 | 03:16:51 |
| 126  | STELMACH PIOTR        | 108 | VEGE RUNNERS                   | POZNAŃ              | POL  | M40  | 00:48:19 | 03:02:23 |
| 127  | HAJNCE LECH           | 229 |                                | RAWICZ              | POL  | M30  | 00:48:02 | 03:04:30 |
| 128  | KRÓLICKI ZBIGNIEW     | 201 |                                | LUTOMIA DOLNA       | POL  | M40  | 00:48:26 | 03:11:05 |
| 129  | ROMANIUK BARTOSZ      | 151 |                                | WROCLAW             | POL  | M30  | 00:48:49 | 02:58:01 |
| 130  | SURDACKI PIOTR        | 9   |                                | SZCZECIN            | POL  | M40  | 00:48:52 | 03:02:39 |
| 131  | ROŻKO SEBASTIAN       | 130 |                                | GRYFINO             | POL  | M30  | 00:49:00 | 03:03:52 |
| 132  | PTAK ADAM             | 169 | PIĄTKOWO NA BIEGOWO            | POZNAŃ              | POL  | M50  | 00:49:10 | 02:57:43 |
| 133  | URBANIAK PIOTR        | 190 |                                | PSARSKIE            | POL  | M40  | 00:49:13 | 02:57:44 |
| 134  | SZELAĞ PIOTR          | 195 | TURBO JEZE TEAM                | WARSZAWA            | POL  | M40  | 00:49:26 | 03:12:37 |
| 135  | MARCINKOWSKI JACEK    | 136 |                                | ŚWIESZYNO           | POL  | M50  | 00:49:28 | 02:58:53 |
| 136  | NOWAK SEBASTIAN       | 225 |                                | ŚWIĘTA KATARZYNA    | POL  | M40  | 00:49:34 | 02:54:34 |
| 137  | JANCZAK PIOTR         | 226 |                                | ŻERNIKI WROCLAWSKIE | POL  | M40  | 00:49:35 | 02:54:33 |
| 138  | CIĘŻKOWSKI MICHAŁ     | 197 |                                | NOWA WIEŚ KRÓLEWSKA | POL  | M40  | 00:49:54 | 03:03:41 |

**CZTERDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-------------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 139  | SUROWIEC ROBERT         | 56  |                             | GORZÓW WIELKOPOLSKI | POL  | M50  | 00:50:04 | 02:56:32 |
| 140  | LISOWSKI DARIUSZ        | 23  | POBIEROWO BIEGA             | ŚWIERZNO            | POL  | M40  | 00:50:05 | 02:53:36 |
| 141  | GAJDOWSKI PRZEMYSŁAW    | 89  |                             | WROCŁAW             | POL  | M30  | 00:50:29 | 03:20:04 |
| 142  | ŻESŁAWSKI ŁUKASZ        | 113 |                             | BYTOM               | POL  | M40  | 00:50:50 | 03:03:40 |
| 143  | ŁOPOKA PRZEMEK          | 204 | ABY DO METY                 | ZIĘBICE             | POL  | M20  | 00:51:05 | 02:54:23 |
| 144  | KUCHMECKI MACIEJ        | 73  |                             | POZNAŃ              | POL  | M30  | 00:51:58 | 03:07:17 |
| 145  | KRZYSZTOFIK JAROMIR     | 150 | WIKING                      | PLEWISKA            | POL  | M50  | 00:52:01 | 02:59:18 |
| 146  | BARTKOWIAK TOMASZ       | 26  |                             | LUBOŃ               | POL  | M30  | 00:53:04 | 03:21:23 |
| 147  | SPYCHAŁA JAKUB          | 37  |                             | WIRY                | POL  | M40  | 00:53:04 | 03:21:22 |
| 148  | KOCOŃ MARIUSZ           | 239 |                             | OPOLE               | POL  | M50  | 00:54:00 | 03:08:12 |
| 149  | WITKOWSKI MARCIN        | 208 | ZASZYCI                     | WARSZAWA            | POL  | M50  | 00:54:48 | 03:10:06 |
| 150  | PĘKAŁA DAWID            | 115 | DZIKI Z AFRYKI              | ZIELONA GÓRA        | POL  | M40  | 00:54:53 | 03:23:11 |
| 151  | SZYSZKOWSKI WŁODZIMIERZ | 81  | DUKE NUKEM PRINCE OF WARSAW | WARSZAWA            | POL  | M50  | 00:56:52 | 03:19:00 |
| 152  | SIKORSKI GRZEGORZ       | 155 |                             | BORYSŁAWICE ZAMKOWE | POL  | M50  | 00:57:00 | 03:12:53 |
| 153  | SUWAJ ROMAN             | 46  | ZOMBIE                      | ZIELONA GÓRA        | POL  | M60  | 00:57:26 | 03:19:02 |
| 154  | POLAŃSKI PAWEŁ          | 180 | #KASZANIENAMOKA             | GDAŃSK              | POL  | M30  | 00:57:19 | 03:20:39 |
| 155  | CZUBA MICHAŁ            | 227 |                             | LIGOTA ZAMECKA      | POL  | M30  | 00:57:59 | 03:34:29 |
| 156  | KWASIK MAREK            | 228 |                             | LIGOTA ZAMECKA      | POL  | M40  | 00:58:00 | 03:34:31 |
| 157  | SADŁO JAROSŁAW          | 248 |                             | JELEŃ GÓRA          | POL  | M30  | 00:58:04 | 03:47:15 |
| 158  | KOCHAŃSKI TOMASZ        | 211 |                             | GRUDZIĄDZ           | POL  | M30  | 00:58:11 | 03:40:47 |
|      | STACHOWIAK ADAM         | 196 | LESZ NO LIMITS RUNNERS      | DAŃCZE              | POL  | M30  | 00:31:49 | 02:28:21 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MANCZAK FILIP           | 14  | AKTYWNI RAZEM               | KICIN               | POL  | M40  | 00:33:20 | 02:28:21 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MARGOL PAWEŁ            | 177 |                             | WROCŁAW             | POL  | M30  | 00:39:48 | 02:38:45 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | MARCZAK TOMASZ          | 48  | CZYSTA AMATORKA             | WARSZAWA            | POL  | M40  | 00:39:39 | 02:44:05 |
|      |                         |     |                             |                     |      |      | DNF      | DNF      |
|      | ŻAK PIOTR               | 18  | FARTY PUSZCZY               | SZCZECIN            | POL  | M30  | DNF      | DNF      |

**CZTERDZIESTKA, K20**

| M-ce | Nazwisko i imię | Nr  | Klub | M-scowość | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------|-----|------|-----------|------|------|----------|----------|
| 1    | ŚWIĄTEK MONIKA  | 111 |      | WARSZAWA  | POL  | K20  | 01:09:14 | 04:04:30 |
| 2    | SZOKALAK MILENA | 141 |      | SIEMIEŃ   | POL  | K20  | 01:09:16 | 04:04:46 |

**CZTERDZIESTKA, M20**

| M-ce | Nazwisko i imię    | Nr  | Klub            | M-scowość | Kraj | Kat. | 5km      | 19.5km   |
|------|--------------------|-----|-----------------|-----------|------|------|----------|----------|
| 1    | BRĄCZKOWSKI DAMIAN | 147 |                 | POZNAŃ    | POL  | M20  | 00:35:05 | 02:42:30 |
| 2    | TURBAK PAWEŁ       | 220 | KS TEAM BARYŁA  | SULECIN   | POL  | M20  | 00:36:34 | 02:41:49 |
| 3    | KUSAL TOMASZ       | 207 |                 | OPOLE     | POL  | M20  | 00:38:02 | 02:32:31 |
| 4    | KLYSZCZ MICHAŁ     | 20  | IZBICKO W BIEGU | OTMICE    | POL  | M20  | 00:38:57 | 02:49:21 |
| 5    | POLACZEK DANIEL    | 7   | IZBICKO W BIEGU | OTMICE    | POL  | M20  | 00:39:08 | 02:51:47 |
| 6    | ŁOPOKA PRZEMEK     | 204 | ABY DO METY     | ZIĘBICE   | POL  | M20  | 00:51:05 | 02:54:23 |

**CZTERDZIESTKA, K30**

| M-ce | Nazwisko i imię  | Nr | Klub           | M-scowość    | Kraj | Kat. | 5km      | 19.5km   |
|------|------------------|----|----------------|--------------|------|------|----------|----------|
| 1    | SZKODA KASIA     | 6  | TATERNIKTEAM   | ZALASEWO     | POL  | K30  | 00:38:29 | 02:33:43 |
| 2    | RESPONDEK ANNA   | 82 |                | ZIELONA GÓRA | POL  | K30  | 00:43:27 | 02:51:42 |
| 3    | LEBODA KATARZYNA | 84 | WILD DOGS TEAM | KATOWICE     | POL  | K30  | 00:49:01 | 03:24:23 |



**CZTERDZIESTKA, K30 c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub           | M-scowość | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|----------------|-----------|------|------|----------|----------|
| 4    | KWIASOWSKA ALEKSANDRA | 100 | 690202689      | ŁÓDŹ      | POL  | K30  | 00:49:02 | 03:24:24 |
| 5    | KOPCZYŃSKA MARTA      | 96  | KWIATY U BEATY | SWARZĘDZ  | POL  | K30  | 00:51:58 | 03:07:14 |

**CZTERDZIESTKA, M30**

| M-ce | Nazwisko i imię       | Nr  | Klub                         | M-scowość      | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|------------------------------|----------------|------|------|----------|----------|
| 1    | MAŁYGA GRZEGORZ       | 43  | RMT TEAM PRO                 | WROCLAW        | POL  | M30  | 00:29:22 | 02:22:01 |
| 2    | KARWACZYŃSKI ROGER    | 86  |                              | JELENIA GÓRA   | POL  | M30  | 00:29:26 | 02:17:58 |
| 3    | KONIECZNY SZYMON      | 153 |                              | CHOSZCZNO      | POL  | M30  | 00:30:01 | 02:23:51 |
| 4    | SZULC TOMASZ          | 189 |                              | ZŁOCENIEC      | POL  | M30  | 00:34:11 | 02:41:53 |
| 5    | OLCZYK GRZEGORZ       | 236 | DRĄXLMAIER                   | JELENIA GÓRA   | POL  | M30  | 00:34:25 | 02:28:23 |
| 6    | PAWLIK FILIP          | 63  |                              | POZNAŃ         | POL  | M30  | 00:34:27 | 02:32:09 |
| 7    | DROBNIK BŁAŻEJ        | 170 | OPALENICKI KLUB BIEGACZA     | OPALENICA      | POL  | M30  | 00:36:35 | 02:35:35 |
| 8    | MARCINIAK JAKUB       | 10  | KOŹMIN BIEGA ULTRA RUNNERS   | KROTOSZYN      | POL  | M30  | 00:37:09 | 02:41:23 |
| 9    | MROWCA PAWEŁ          | 36  |                              | LUBAŃ          | POL  | M30  | 00:37:15 | 02:41:22 |
| 10   | JAKUBOWSKI ANDRZEJ    | 69  |                              | ŻMIGRÓD        | POL  | M30  | 00:37:18 | 02:38:00 |
| 11   | KARP PAWEŁ            | 215 | ACCENTURE                    | WARSZAWA       | POL  | M30  | 00:37:41 | 02:41:10 |
| 12   | SZUKAŁA PIOTR         | 202 | VEGE RUNNERS                 | POZNAŃ         | POL  | M30  | 00:37:50 | 02:35:21 |
| 13   | GAŁECKI ROBERT        | 232 | HFB                          | KIEŁCZÓW       | POL  | M30  | 00:37:37 | 02:40:44 |
| 14   | KRÓL HUBERT           | 206 | WWW.TRENERTRIATHLONU.PL      | KOŁO           | POL  | M30  | 00:37:51 | 02:44:43 |
| 15   | WOŹNY TOMASZ          | 25  | BŁĘKITNI LUBIECIN            | LUBIECIN       | POL  | M30  | 00:37:55 | 02:54:38 |
| 16   | PEŁONOWSKI MACIEJ     | 74  | PSZCZÓŁKOWSKI TEAM           | WROCLAW        | POL  | M30  | 00:35:12 | 02:34:11 |
| 17   | ADAMUS RAFAŁ          | 219 |                              | ŚWIDNICA       | POL  | M30  | 00:38:30 | 02:42:53 |
| 18   | POPRAWSKI MATEUSZ     | 128 | KILIŃSKIEGO TEAM             | BOJANOWO       | POL  | M30  | 00:39:13 | 03:08:35 |
| 19   | GRABOWSKI DAMIAN      | 24  |                              | POZNAŃ         | POL  | M30  | 00:39:48 | 02:48:36 |
| 20   | POPKO ŁUKASZ          | 72  |                              | LUBAŃ          | POL  | M30  | 00:40:07 | 02:46:37 |
| 21   | FEDUNIK KAROL         | 75  | BIEGNIJ OŁAWO                | OŁAWA          | POL  | M30  | 00:40:33 | 02:21:49 |
| 22   | TOMCZAK DARIUSZ       | 51  |                              | GOSTYŃ         | POL  | M30  | 00:40:56 | 02:51:49 |
| 23   | LATANOWICZ BERNARD    | 182 |                              | POZNAŃ         | POL  | M30  | 00:41:14 | 03:05:16 |
| 24   | JURDZIAK JAKUB        | 181 |                              | WROCLAW        | POL  | M30  | 00:41:01 | 03:03:01 |
| 25   | KICKA MATEUSZ         | 218 | ULTRA-TRAIL® MAŁOPOLSKA TEAM | KRAKÓW         | POL  | M30  | 00:42:16 | 02:41:08 |
| 26   | SOBOLEWSKI DARIUSZ    | 31  | BOREL MARATHON TEAM          | KOŹUCHÓW       | POL  | M30  | 00:42:44 | 02:52:17 |
| 27   | PETRYKOWSKI KAROL     | 200 | HASAJTO! SEKCJA GÓRSKA       | SZCZECIN       | POL  | M30  | 00:42:55 | 03:01:31 |
| 28   | SYCHOWSKI DAWID       | 38  |                              | TOMASZÓW       | POL  | M30  | 00:43:17 | 03:02:46 |
| 29   | KUCZYŃSKI ADAM        | 19  | VIKING                       | KUDOWA ZDRÓJ   | POL  | M30  | 00:43:34 | 03:08:55 |
| 30   | MIKOŁAJCZAK ARKADIUSZ | 165 |                              | JAROCIN        | POL  | M30  | 00:43:46 | 03:01:30 |
| 31   | STYK MAREK            | 124 |                              | ZIELONA GÓRA   | POL  | M30  | 00:43:47 | 02:59:38 |
| 32   | KRUPIANIK TOMASZ      | 78  |                              | WROCLAW        | POL  | M30  | 00:44:11 | 02:54:12 |
| 33   | ANTKIEWICZ KAMIL      | 172 |                              | KOZIEGŁOWY     | POL  | M30  | 00:44:10 | 03:02:10 |
| 34   | TRZPIOLA TYCJAN       | 29  |                              | WROCLAW        | POL  | M30  | 00:44:18 | 03:06:05 |
| 35   | WAJDA MACIEJ          | 17  | SPELEOCLUB WROCLAW           | WROCLAW        | POL  | M30  | 00:44:28 | 03:00:02 |
| 36   | POLIWKA ADAM          | 123 | INSTALL GROUP ADAM POLIWKA   | RUDNA          | POL  | M30  | 00:44:54 | 03:18:02 |
| 37   | ADAMCZEWSKI JAKUB     | 95  | NIGHT RUNNERS                | POZNAŃ         | POL  | M30  | 00:45:38 | 03:06:40 |
| 38   | PARWA MICHAŁ          | 110 | MAGAZYN NA SZCZYCIE          | DZIEKANOWICE   | POL  | M30  | 00:45:52 | 02:59:39 |
| 39   | SARKA BARTŁOMIEJ      | 213 |                              | RABKA-ZDRÓJ    | POL  | M30  | 00:45:51 | 02:50:54 |
| 40   | SADŁO DANIEL          | 28  | SOLANKOWA TEAM               | JELENIA GÓRA   | POL  | M30  | 00:46:04 | 02:57:38 |
| 41   | ORŁOWSKI BARTOSZ      | 173 |                              | PIELGRZYMKI    | POL  | M30  | 00:47:16 | 02:54:17 |
| 42   | HAJNCE LECH           | 229 |                              | RAWICZ         | POL  | M30  | 00:48:02 | 03:04:30 |
| 43   | ROMANIUK BARTOSZ      | 151 |                              | WROCLAW        | POL  | M30  | 00:48:49 | 02:58:01 |
| 44   | ROŹKO SEBASTIAN       | 130 |                              | GRYFINO        | POL  | M30  | 00:49:00 | 03:03:52 |
| 45   | GAJDOWSKI PRZEMYSŁAW  | 89  |                              | WROCLAW        | POL  | M30  | 00:50:29 | 03:20:04 |
| 46   | KUCHMECKI MACIEJ      | 73  |                              | POZNAŃ         | POL  | M30  | 00:51:58 | 03:07:17 |
| 47   | BARTKOWIAK TOMASZ     | 26  |                              | LUBOŃ          | POL  | M30  | 00:53:04 | 03:21:23 |
| 48   | POLAŃSKI PAWEŁ        | 180 | #KASZANIENAMOKA              | GDAŃSK         | POL  | M30  | 00:57:19 | 03:20:39 |
| 49   | CZUBA MICHAŁ          | 227 |                              | LIGOTA ZAMECKA | POL  | M30  | 00:57:59 | 03:34:29 |
| 50   | SADŁO JAROSŁAW        | 248 |                              | JELENIA GÓRA   | POL  | M30  | 00:58:04 | 03:47:15 |

**CZTERDZIESTKA, M30 c.d.**

| M-ce | Nazwisko i imię  | Nr  | Klub                   | M-scowość | Kraj | Kat. | 5km      | 19.5km   |
|------|------------------|-----|------------------------|-----------|------|------|----------|----------|
| 51   | KOCHAŃSKI TOMASZ | 211 |                        | GRUDZIĄDZ | POL  | M30  | 00:58:11 | 03:40:47 |
|      | STACHOWIAK ADAM  | 196 | LESZ NO LIMITS RUNNERS | DĄBCZE    | POL  | M30  | 00:31:49 | 02:28:21 |
|      | MARGOL PAWEŁ     | 177 |                        | WROCLAW   | POL  | M30  | 00:39:48 | 02:38:45 |
|      | ŻAK PIOTR        | 18  | FARTY PUSZCZY          | SZCZECIN  | POL  | M30  | DNF      | DNF      |

**CZTERDZIESTKA, K40**

| M-ce | Nazwisko i imię          | Nr  | Klub                     | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|--------------------------|-----|--------------------------|---------------------|------|------|----------|----------|
| 1    | KAZUBOWSKA OLA           | 233 |                          | GORZÓW WLKP.        | POL  | K40  | 00:40:16 | 02:36:04 |
| 2    | GLÓRA ALEKSANDRA         | 247 |                          | ŻARY                | POL  | K40  | 00:43:28 | 02:58:54 |
| 3    | WROE AGNIESZKA           | 125 |                          | POZNAN              | POL  | K40  | 00:44:01 | 03:01:39 |
| 4    | ŚWIERZOWSKA MAGDALENA    | 138 | FIZJOTERAPIA BIEGACZA    | POZNAŃ              | POL  | K40  | 00:43:59 | 03:02:14 |
| 5    | KUBIAK KAROLINA          | 234 |                          | WEJHEROWO           | POL  | K40  | 00:43:57 | 03:08:47 |
| 6    | KASPERSKA BARBARA        | 157 | BBL GORZÓW               | GORZÓW WLKP.        | POL  | K40  | 00:45:06 | 03:02:10 |
| 7    | MAŚNICA-SZYMAŃSKA JOANNA | 61  | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN            | POL  | K40  | 00:47:07 | 03:10:03 |
| 8    | PAWLIKOWSKA MONIKA       | 107 |                          | WROCLAW             | POL  | K40  | 00:47:46 | 03:00:20 |
| 9    | ŻYGIĘŁO MONIKA           | 8   | CHOSZCZEŃSKA 10          | CHOSZCZNO           | POL  | K40  | 00:48:53 | 03:02:41 |
| 10   | WÓJCIK MONIKA            | 114 |                          | WARSZAWA            | POL  | K40  | 00:49:45 | 03:06:55 |
| 11   | ZDROJEWSKA MAGDALENA     | 179 |                          | KARCZEWKO           | POL  | K40  | 00:50:04 | 03:00:24 |
| 12   | GAWLIK SYLWIA            | 222 |                          | LUBLIN              | POL  | K40  | 00:53:34 | 03:15:29 |
| 13   | OSTACH DARIA             | 11  |                          | OSTRÓW WIELKOPOLSKI | POL  | K40  | 00:53:59 | 03:14:51 |
| 14   | WŁODARCZYK ANNA          | 116 |                          | WARSZAWA            | POL  | K40  | 00:54:30 | 03:29:28 |
| 15   | RZECZYŃSKA ANNA          | 188 |                          | GORZÓW WIELKOPOLSKI | POL  | K40  | 00:55:00 | 03:30:29 |
| 16   | OLECHNOWICZ MAGDA        | 187 |                          | GORZÓW WLKP         | POL  | K40  | 00:55:03 | 03:09:40 |
| 17   | KARAŚ ANNA               | 209 |                          | WROCLAW             | POL  | K40  | 00:54:52 | 03:23:13 |
| 18   | HAUSMAN MAGDALENA        | 210 | PARKRUN GRUDZIĄDZ        | GRUDZIĄDZ           | POL  | K40  | 00:57:00 | 03:40:55 |
| 19   | MALICKA MAŁGORZATA       | 42  |                          | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 20   | ZASADA IWONA             | 41  |                          | ZIELONA GÓRA        | POL  | K40  | 00:57:21 | 03:19:08 |
| 21   | KRZYŻYK AGNIESZKA        | 146 | TRIO FORTIS              | ZIELONA GÓRA        | POL  | K40  | 00:57:22 | 03:19:03 |
| 22   | WITKOWSKA BEATA          | 168 |                          | GDAŃSK              | POL  | K40  | 00:57:18 | 03:20:44 |
| 23   | KAZUBOWSKA MAŁGORZATA    | 176 |                          | GORZÓW WLKP.        | POL  | K40  | 00:58:50 | 03:55:18 |
| 24   | KOSECKA JUSTYNA          | 4   |                          | BYDGOSZCZ           | POL  | K40  | 00:59:50 | 03:22:22 |
| 25   | CHRZANOWSKA AGNIESZKA    | 109 |                          | SZCZECIN            | POL  | K40  | 01:05:55 | 03:19:18 |

**CZTERDZIESTKA, M40**

| M-ce | Nazwisko i imię      | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|----------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 1    | BRYDL PAVEL          | 249 | SPA SCALIANO - KUDOWA ZDROJ | TRUTNOV             | CZE  | M40  | 00:29:28 | 02:18:00 |
| 2    | ADAMCZYK MACIEJ      | 158 | SKS OBORNIKI                | OBORNIKI            | POL  | M40  | 00:30:04 | 02:22:14 |
| 3    | WANDEL PIOTR         | 139 | HAPPY RUNNERS               | DOMAŚLAW            | POL  | M40  | 00:33:21 | 03:19:49 |
| 4    | MUCHACZOW JACEK      | 238 | DRÄXLMAIER                  | JELEŃSKA GÓRA       | POL  | M40  | 00:33:36 | 02:28:23 |
| 5    | LITWIN MICHAŁ        | 145 | LITEWIN                     | PASIKUROWICE        | POL  | M40  | 00:34:51 | 02:40:20 |
| 6    | KARPOWICZ RAFAL      | 186 |                             | WROCLAW             | POL  | M40  | 00:34:56 | 02:45:27 |
| 7    | JAKŚ GRZEGORZ        | 159 | ALPIMADE TEAM               | INOWROCLAW          | POL  | M40  | 00:36:16 | 02:49:06 |
| 8    | PURA ROBERT          | 171 |                             | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:36:16 | 02:35:45 |
| 9    | FOLCIK ZIEMOWIT      | 103 | NIGHT RUNNERS WROCLAW       | WROCLAW             | POL  | M40  | 00:36:21 | 02:38:08 |
| 10   | STANKIEWICZ PAWEŁ    | 2   | AKTYWNI RAZEM               | POTASZE             | POL  | M40  | 00:36:48 | 02:32:18 |
| 11   | NOWICKI MARCIN       | 135 | GO2TRI                      | GORZÓW WIELKOPOLSKI | POL  | M40  | 00:37:01 | 02:34:28 |
| 12   | PIERZCHALSKI DAWID   | 122 |                             | BIAŁE BŁOTA         | POL  | M40  | 00:37:18 | 02:50:17 |
| 13   | MINDYKOWSKI ZBIGNIEW | 120 |                             | BYDGOSZCZ           | POL  | M40  | 00:37:19 | 02:50:27 |
| 14   | BURZEC TOMASZ        | 223 | HFB                         | WROCLAW             | POL  | M40  | 00:37:32 | 02:40:46 |
| 15   | ANTCZAK ADRIAN       | 134 | IZERY BOGATYNIA             | BOGATYNIA           | POL  | M40  | 00:37:48 | 02:26:47 |

**CZTERDZIESTKA, M40 c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                           | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------------|-----|--------------------------------|---------------------|------|------|----------|----------|
| 16   | KULLING HUBERT        | 160 |                                | KIEŁCZÓW            | POL  | M40  | 00:37:39 | 02:40:51 |
| 17   | MICHAŁOWSKI MARCIN    | 198 |                                | ŚWIĘTOSZÓW          | POL  | M40  | 00:37:52 | 02:41:50 |
| 18   | NOSKI MARIUSZ         | 105 |                                | BIELAWA             | POL  | M40  | 00:37:53 | 02:37:31 |
| 19   | PRADZYŃSKI MARCIN     | 57  | AKADEMIAMISTRZOWSPORTU         | BYDGOSZCZ           | POL  | M40  | 00:38:12 | 02:37:49 |
| 20   | GARCZYK RAFAŁ         | 131 |                                | LUSÓWKO             | POL  | M40  | 00:38:20 | 02:26:19 |
| 21   | ROZDOLSKI PAWEŁ       | 175 |                                | JELCZ LASKOWICE     | POL  | M40  | 00:38:11 | 02:42:50 |
| 22   | NECKAR MICHAŁ         | 162 | HWBC                           | WROCLAW             | POL  | M40  | 00:38:13 | 02:41:54 |
| 23   | JANKOWSKI RAFAŁ       | 221 |                                | SMOLEC              | POL  | M40  | 00:38:30 | 02:48:17 |
| 24   | KOPCZYŃSKI ŁUKASZ     | 40  | K-TEAM                         | WROCLAW             | POL  | M40  | 00:38:47 | 02:42:18 |
| 25   | MRÓZ MARCIN           | 104 | STR POZNAŃ / DZIKIE BOBRY      | ZALASEWO            | POL  | M40  | 00:39:22 | 02:36:27 |
| 26   | WEŁNIAK PRZEMYSŁAW    | 22  | MOGILNO TEAM                   | ZALASEWO            | POL  | M40  | 00:39:23 | 02:33:42 |
| 27   | NAPIERAŁA TOMASZ      | 54  |                                | SUCHY LAS           | POL  | M40  | 00:39:30 | 02:37:44 |
| 28   | NOWAK KRZYSZTOF       | 214 |                                | WARSZAWA            | POL  | M40  | 00:39:45 | 02:52:48 |
| 29   | WIERZBA JACEK         | 174 |                                | ŻMIGRÓD             | POL  | M40  | 00:39:40 | 02:50:56 |
| 30   | BALTRUSAITIS ZYDRUNAS | 90  | NA, PAGAUKI                    | VILNIUS             | LTU  | M40  | 00:39:57 | 02:43:19 |
| 31   | JANKOWSKI MARCIN      | 91  | FU FU FU TEAM                  | GŁOGÓW              | POL  | M40  | 00:40:16 | 02:30:11 |
| 32   | PARUCKI MICHAŁ        | 250 |                                | POZNAŃ              | POL  | M40  | 00:40:58 | 03:02:13 |
| 33   | PATYK SŁAWOMIR        | 137 |                                | CZĘSTOCHOWA         | POL  | M40  | 00:41:20 | 02:53:43 |
| 34   | KANDULSKI JAKUB       | 156 | OPALENICKI KLUB BIEGACZA       | OPALENICA           | POL  | M40  | 00:41:27 | 02:56:33 |
| 35   | BANAŚIAK MARCIN       | 112 | FUJITSU RUNNING TEAM           | ŁÓDŹ                | POL  | M40  | 00:41:33 | 02:39:06 |
| 36   | POLAK JACEK           | 87  | BIEGUSIEM.PL                   | PIASECZNO           | POL  | M40  | 00:42:23 | 02:59:40 |
| 37   | GÓRALSKI PIOTR        | 67  |                                | PIASKI              | POL  | M40  | 00:43:04 | 03:08:21 |
| 38   | BARTKOWIAK RAFAŁ      | 1   |                                | BYDGOSZCZ           | POL  | M40  | 00:43:02 | 03:02:25 |
| 39   | WOJCIEŻYŃSKI TOMASZ   | 237 |                                | BACZYNA             | POL  | M40  | 00:43:13 | 03:00:59 |
| 40   | ŻABIEREK TOMASZ       | 235 |                                | GORZÓW WLKP.        | POL  | M40  | 00:43:23 | 02:50:16 |
| 41   | BELKIEWICZ RAFAŁ      | 3   | KABATY ULTRA                   | WARSZAWA            | POL  | M40  | 00:43:38 | 03:06:51 |
| 42   | SROKA MARCIN          | 129 | ST RUNNERS                     | PLEWISKA            | POL  | M40  | 00:43:46 | 03:00:36 |
| 43   | STĘŻYCKI MARIUSZ      | 30  | ŻARY RUNNERS TEAM              | ŻARY                | POL  | M40  | 00:43:32 | 02:59:15 |
| 44   | ANDRZEJCZAK PAWEŁ     | 83  |                                | KALISZ              | POL  | M40  | 00:43:53 | 03:06:58 |
| 45   | ZIEMKIEWICZ JAREK     | 65  | 2 KROKI DO METY                | LUBIN               | POL  | M40  | 00:43:41 | 02:53:24 |
| 46   | SZYRNER SZYMON        | 102 | KS KROTOSZ KROTOSZYN           | ZDUNY               | POL  | M40  | 00:43:56 | 03:06:45 |
| 47   | MARCINIAK MACIEJ      | 58  | JESTEM OD ROMKA                | SZRENIAWA           | POL  | M40  | 00:43:59 | 03:02:13 |
| 48   | KUREK TOMASZ          | 79  | OPALENICKI KLUB BIEGACZA       | OPALENICA           | POL  | M40  | 00:44:04 | 02:52:31 |
| 49   | GRACZYK MARCIN        | 49  |                                | TULCE               | POL  | M40  | 00:44:08 | 02:56:35 |
| 50   | GAWRONSKI HUBERT      | 71  | HUGO                           | KOSTRZYN            | POL  | M40  | 00:44:20 | 02:52:56 |
| 51   | KOŁODZIEJ MARIUSZ     | 50  | FUNTRI                         | LEGNICA             | POL  | M40  | 00:45:07 | 03:10:16 |
| 52   | STELMACH KRZYSZTOF    | 97  |                                | WIELUŃ              | POL  | M40  | 00:45:14 | 02:59:23 |
| 53   | CWOJDZIŃSKI PIOTR     | 121 | NO PROBLAMA TEAM/NIGHT RUNNERS | POZNAŃ              | POL  | M40  | 00:45:38 | 03:06:42 |
| 54   | HALINIAK MAREK        | 133 | NKB CHYŻY NOWY TOMYŚL          | NOWY TOMYŚL         | POL  | M40  | 00:46:08 | 03:08:58 |
| 55   | KISIEL KRZYSZTOF      | 118 | CYKLO KWIDZYN                  | KWIDZYN             | POL  | M40  | 00:46:21 | 03:02:17 |
| 56   | IWACHÓW SŁAWOMIR      | 117 | KKM MXTECH KWIDZYN             | KWIDZYN             | POL  | M40  | 00:46:22 | 03:06:04 |
| 57   | WIKLIŃSKI JAROSŁAW    | 47  | CZYSTA AMATORKA                | MARKI               | POL  | M40  | 00:47:05 | 03:02:30 |
| 58   | SERAFIN MICHAŁ        | 163 | HWBC                           | WROCLAW             | POL  | M40  | 00:47:23 | 03:09:02 |
| 59   | DOKOWICZ JAREK        | 132 | TEAM BEROTU                    | NOWY TOMYŚL         | POL  | M40  | 00:47:33 | 03:08:59 |
| 60   | GAŁKA JACEK           | 66  | VEGE RUNNERS                   | ŻMIGRÓD             | POL  | M40  | 00:47:34 | 03:04:34 |
| 61   | SLY SYLWESTER         | 185 | BIEGAMYRAZEM.PL                | MIEKÓW/GDYNIA       | POL  | M40  | 00:47:40 | 03:01:50 |
| 62   | SZYMCZAK PAWEŁ        | 178 |                                | WROCLAW             | POL  | M40  | 00:47:42 | 03:16:51 |
| 63   | STELMACH PIOTR        | 108 | VEGE RUNNERS                   | POZNAŃ              | POL  | M40  | 00:48:19 | 03:02:23 |
| 64   | KRÓLICKI ZBIGNIEW     | 201 |                                | LUTOMIA DOLNA       | POL  | M40  | 00:48:26 | 03:11:05 |
| 65   | SURDAK PIOTR          | 9   |                                | SZCZECIN            | POL  | M40  | 00:48:52 | 03:02:39 |
| 66   | URBANIAK PIOTR        | 190 |                                | PSARSKIE            | POL  | M40  | 00:49:13 | 02:57:44 |
| 67   | SZELAĞ PIOTR          | 195 | TURBO JEZE TEAM                | WARSZAWA            | POL  | M40  | 00:49:26 | 03:12:37 |
| 68   | NOWAK SEBASTIAN       | 225 |                                | ŚWIĘTA KATARZYNA    | POL  | M40  | 00:49:34 | 02:54:34 |
| 69   | JANCZAK PIOTR         | 226 |                                | ŻERNIKI WROCLAWSKIE | POL  | M40  | 00:49:35 | 02:54:33 |
| 70   | CIĘŻKOWSKI MICHAŁ     | 197 |                                | NOWA WIEŚ KRÓLEWSKA | POL  | M40  | 00:49:54 | 03:03:41 |
| 71   | LISOWSKI DARIUSZ      | 23  | POBIEROWO BIEGA                | ŚWIERZNO            | POL  | M40  | 00:50:05 | 02:53:36 |
| 72   | ŻEŚLAWSKI ŁUKASZ      | 113 |                                | BYTOM               | POL  | M40  | 00:50:50 | 03:03:40 |

**CZTERDZIESTKA, M40 c.d.**

| M-ce | Nazwisko i imię | Nr  | Klub            | M-scowość      | Kraj | Kat. | 5km      | 19.5km   |
|------|-----------------|-----|-----------------|----------------|------|------|----------|----------|
| 73   | SPYCHAŁA JAKUB  | 37  |                 | WIRY           | POL  | M40  | 00:53:04 | 03:21:22 |
| 74   | PEKAŁA DAWID    | 115 | DZIKI Z AFRYKI  | ZIELONA GÓRA   | POL  | M40  | 00:54:53 | 03:23:11 |
| 75   | KWASIK MAREK    | 228 |                 | LIGOTA ZAMECKA | POL  | M40  | 00:58:00 | 03:34:31 |
|      | MANCZAK FILIP   | 14  | AKTYWNI RAZEM   | KICIN          | POL  | M40  | 00:33:20 | DNF      |
|      | MARCZAK TOMASZ  | 48  | CZYSTA AMATORKA | WARSZAWA       | POL  | M40  | 00:39:39 | 02:44:05 |
|      |                 |     |                 |                |      |      | DNF      | DNF      |

**CZTERDZIESTKA, K50**

| M-ce | Nazwisko i imię   | Nr  | Klub                     | M-scowość            | Kraj | Kat. | 5km      | 19.5km   |
|------|-------------------|-----|--------------------------|----------------------|------|------|----------|----------|
| 1    | STRAUCHOLD ANNA   | 140 | HAPPY RUNNERS WROCŁAW    | KAMIENIEC WROCŁAWSKI | POL  | K50  | 00:41:29 | 02:53:33 |
| 2    | SWOROWSKA IZABELA | 59  | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN             | POL  | K50  | 00:47:06 | 03:09:59 |
| 3    | PRUSIEWICZ BEATA  | 12  |                          | OSTRÓW WIELKOPOLSKI  | POL  | K50  | 00:53:20 | 03:14:55 |
| 4    | WAŚCIŃSKA EDYTA   | 127 | PĘDZI - PARA             | GOŁASZYN             | POL  | K50  | 00:59:13 | 03:34:22 |

**CZTERDZIESTKA, M50**

| M-ce | Nazwisko i imię         | Nr  | Klub                        | M-scowość           | Kraj | Kat. | 5km      | 19.5km   |
|------|-------------------------|-----|-----------------------------|---------------------|------|------|----------|----------|
| 1    | WALASIK JAROSŁAW        | 152 | 42K AKADEMIA BIEGANIA       | JAWORZNO            | POL  | M50  | 00:35:05 | 02:39:45 |
| 2    | WOJCIECHOWSKI ANDRZEJ   | 76  | WOLSZTYŃSKI KLUB BIEGOWY    | WOLSZTYN            | POL  | M50  | 00:35:41 | 02:37:52 |
| 3    | ZERZUT JAROSŁAW         | 5   | FARTY PUSZCZY               | SZCZECIN            | POL  | M50  | 00:36:04 | 02:50:35 |
| 4    | HIBNER JACEK            | 217 |                             | ŁÓDŹ                | POL  | M50  | 00:37:13 | 02:35:32 |
| 5    | KUBIAK MARCIN           | 45  | ZOMBIE TEAM                 | ZIELONA GÓRA        | POL  | M50  | 00:37:54 | 02:54:36 |
| 6    | BANDUROWSKI ANDRZEJ     | 191 | KB SPOCENI NOWA SÓL         | NOWA SÓL            | POL  | M50  | 00:40:01 | 02:36:13 |
| 7    | ŚWITAŁA MARCIN          | 194 |                             | KATOWICE            | POL  | M50  | 00:40:14 | 02:39:21 |
| 8    | FRYSIAK ARTUR           | 99  | WIELUŃ ULTRA                | WIELUŃ              | POL  | M50  | 00:42:27 | 02:55:09 |
| 9    | SUDUŁ JAROSŁAW          | 166 | WIERZBICKI RUNNING PROJECT  | GORZÓW WIELKOPOLSKI | POL  | M50  | 00:43:37 | 03:06:43 |
| 10   | BORDYCH JACEK           | 33  | BOREL MARATHON TEAM         | KOŹUCHÓW            | POL  | M50  | 00:43:43 | 02:52:16 |
| 11   | ULATOWSKI ANDRZEJ       | 144 | RUNBEARDRUN                 | TORUŃ               | POL  | M50  | 00:44:31 | 02:57:44 |
| 12   | WAŚCIŃSKI ROMAN         | 126 | PĘDZI - PARA                | GOŁASZYN            | POL  | M50  | 00:46:47 | 03:08:30 |
| 13   | JEZIORNY RYSZARD        | 167 | WIELUŃ BIEGA                | WIELUŃ              | POL  | M50  | 00:47:19 | 03:06:41 |
| 14   | KAJA ROBERT             | 98  | WIELUŃ BIEGA                | WIELUŃ              | POL  | M50  | 00:47:20 | 03:06:41 |
| 15   | DOŁĘGOWSKI MAREK        | 44  |                             | KOŁCZEWO            | POL  | M50  | 00:47:32 | 03:08:28 |
| 16   | PTAK ADAM               | 169 | PIĄTKOWO NA BIEGOWO         | POZNAŃ              | POL  | M50  | 00:49:10 | 02:57:43 |
| 17   | MARCINKOWSKI JACEK      | 136 |                             | ŚWIESZYNO           | POL  | M50  | 00:49:28 | 02:58:53 |
| 18   | SUROWIEC ROBERT         | 56  |                             | GORZÓW WIELKOPOLSKI | POL  | M50  | 00:50:04 | 02:56:32 |
| 19   | KRZYSZTOFIK JAROMIR     | 150 | WIKING                      | PLEWISKA            | POL  | M50  | 00:52:01 | 02:59:18 |
| 20   | KOCOŃ MARIUSZ           | 239 |                             | OPOLE               | POL  | M50  | 00:54:00 | 03:08:12 |
| 21   | WITKOWSKI MARCIN        | 208 | ZASZYCI                     | WARSZAWA            | POL  | M50  | 00:54:48 | 03:10:06 |
| 22   | SZYSZKOWSKI WŁODZIMIERZ | 81  | DUKE NUKEM PRINCE OF WARSAW | WARSZAWA            | POL  | M50  | 00:56:52 | 03:19:00 |
| 23   | SIKORSKI GRZEGORZ       | 155 |                             | BORYSŁAWICE ZAMKOWE | POL  | M50  | 00:57:00 | 03:12:53 |

**CZTERDZIESTKA, M60**

| M-ce | Nazwisko i imię    | Nr  | Klub                     | M-scowość    | Kraj | Kat. | 5km      | 19.5km   |
|------|--------------------|-----|--------------------------|--------------|------|------|----------|----------|
| 1    | KOWALSKI ANDRZEJ   | 224 |                          | WROCŁAW      | POL  | M60  | 00:45:48 | 02:54:01 |
| 2    | WALIGÓRSKI RYSZARD | 164 | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN     | POL  | M60  | 00:47:06 | 03:09:22 |
| 3    | SUWAJ ROMAN        | 46  | ZOMBIE                   | ZIELONA GÓRA | POL  | M60  | 00:57:26 | 03:19:02 |