

## DWUDZIESTKA

Organizator: Fundacja Szczyt za Szczytem  
Data: 2022-02-19  
Miejsce: Karpniki  
Dystans: 21 km  
Klasyfikacja wg czasów brutto.



### DWUDZIESTKA, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                                           | M-scowość        | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------------------------------------------------|------------------|------|------|--------|------|----------|----------|-------------|-------------|--------|------|
| 1    | GORZELANCIK JAKUB      | 426 | MKS SIECHNICE                                  | GOLECZEWO        | POL  | M30  | 1      | M 1  | 00:25:08 | 00:06:00 | 01:40:38.50 | 01:40:39.35 | 4:30   | 13.3 |
| 2    | LAGNER SEBASTIAN       | 602 | PRZEDWOJEWSKI_TEAM / KBSOBÓTKA                 | SOBÓTKA          | POL  | M30  | 2      | M 2  | 00:25:10 |          | 01:40:47.10 | 01:40:47.30 | 4:47   | 12.5 |
| 3    | CZERNIAK PAWEŁ         | 243 |                                                | SOSNÓWKA         | POL  | M30  | 3      | M 3  | 00:25:29 |          | 01:46:18.30 | 01:46:19.15 | 5:03   | 11.9 |
| 4    | BONIEC RADOŚLAW        | 472 |                                                | ŻARY             | POL  | M30  | 4      | M 4  | 00:26:07 |          | 01:47:09.75 | 01:47:09.75 | 5:06   | 11.8 |
| 5    | SIERADZKI KRZYSZTOF    | 529 | PRZEDWOJEWSKI TEAM                             | WARSZAWA         | POL  | M30  | 5      | M 5  | 00:28:19 |          | 01:54:58.75 | 01:54:59.70 | 5:28   | 11   |
| 6    | KŁOSOWSKI DANIEL       | 568 | BBŻ WAŁBRZYCH                                  | WAŁBRZYCH        | POL  | M30  | 6      | M 6  | 00:28:01 |          | 01:55:19.65 | 01:55:19.65 | 5:29   | 10.9 |
| 7    | NIEPALA JACEK          | 308 |                                                | OBORNIKI ŚLĄSKIE | POL  | M30  | 7      | M 7  | 00:29:49 |          | 01:55:56.00 | 01:55:56.00 | 5:31   | 10.9 |
| 8    | ŚRODA MICHAŁ           | 467 |                                                | TRZEBNICA        | POL  | M30  | 8      | M 8  | 00:30:43 |          | 01:57:29.95 | 01:57:32.40 | 5:35   | 10.7 |
| 9    | WASZEK SŁAWOMIR        | 541 | WASZKÓWKA® - POLISH HANDCRAFTED SPIRIT         | WROCŁAW          | POL  | M40  | 1      | M 9  | 00:29:27 |          | 01:57:48.90 | 01:57:48.90 | 5:36   | 10.7 |
| 10   | KORPALSKI TOMASZ       | 672 |                                                | GDAŃSK           | POL  | M40  | 2      | M 10 | 00:29:17 |          | 01:57:49.30 | 01:57:50.40 | 5:36   | 10.7 |
| 11   | GRABOWY PAWEŁ          | 302 | ULTRA DIABŁY LUBRZA                            | ŚWIEBODZIN       | POL  | M20  | 1      | M 11 | 00:29:18 |          | 02:00:09.95 | 02:00:10.30 | 5:43   | 10.5 |
| 12   | TOMASIAK ADAM          | 673 | KB HARCOWNIK                                   | JELCZ-LASKOWICE  | POL  | M20  | 2      | M 12 | 00:29:36 |          | 02:00:22.35 | 02:00:22.35 | 5:43   | 10.5 |
| 13   | WETHACZ DARIUSZ        | 552 | ON RUNNING POLSKA/#GANG ULTRABIES              | CISNA            | POL  | M30  | 9      | M 13 | 00:29:22 |          | 02:00:32.90 | 02:00:33.85 | 5:44   | 10.5 |
| 14   | DEMBSKI PAWEŁ          | 363 | RATE MY TRAIL PRO                              | SKÓRZEWO         | POL  | M40  | 3      | M 14 | 00:29:10 |          | 02:01:07.10 | 02:01:07.90 | 5:46   | 10.4 |
| 15   | KOZAK ROBERT           | 553 |                                                | WAŁBRZYCH        | POL  | M40  | 4      | M 15 | 00:29:52 |          | 02:01:27.90 | 02:01:28.55 | 5:47   | 10.4 |
| 16   | TROJANOWSKI ARTUR      | 398 | CARBON SILESIA SPORT                           | BOBROWNIKI       | POL  | M30  | 10     | M 16 | 00:29:28 |          | 02:02:26.00 | 02:02:30.15 | 5:49   | 10.3 |
| 17   | SAJDUDA ADAM           | 413 |                                                | WROCŁAW          | POL  | M20  | 3      | M 17 | 00:31:17 |          | 02:04:09.00 | 02:04:10.90 | 5:54   | 10.1 |
| 18   | STYPEREK JAKUB         | 561 | VEGE RUNNERS                                   | PSARSKIE         | POL  | M40  | 5      | M 18 | 00:31:20 |          | 02:04:23.40 | 02:04:25.10 | 5:55   | 10.1 |
| 19   | NOWORYTA RADOŚLAW      | 319 | ULTRA DIABŁY TEAM LUBRZA                       | LUBRZA           | POL  | M40  | 6      | M 19 | 00:30:04 |          | 02:04:42.85 | 02:04:44.40 | 5:56   | 10.1 |
| 20   | BIENIAS ŁUKASZ         | 392 | BIELAWSKA AKADEMIA BIEGANIA                    | DZIERŻONIÓW      | POL  | M30  | 11     | M 20 | 00:31:36 |          | 02:06:21.40 | 02:06:26.20 | 6:01   | 10   |
| 21   | NOWAKOWSKA ANNA        | 562 | ALPIMADE TEAM                                  | INOWROCŁAW       | POL  | K30  | 1      | K 1  | 00:31:55 |          | 02:07:45.45 | 02:07:47.20 | 6:05   | 9.9  |
| 22   | DUZYMAL DOMINIKA       | 502 |                                                | JELEŃ GÓRA       | POL  | K20  | 1      | K 2  | 00:33:02 |          | 02:08:30.15 | 02:08:32.05 | 6:07   | 9.8  |
| 23   | ŻMIJEWSKI TOMASZ       | 511 |                                                | WROCŁAW          | POL  | M30  | 12     | M 21 | 00:33:06 |          | 02:08:40.15 | 02:08:41.70 | 6:07   | 9.8  |
| 24   | RĄCZKOWSKI DANIEL      | 514 | KB ZDYSZAAANI CHOICIANÓW                       | CHOICIANÓW       | POL  | M30  | 13     | M 22 | 00:32:35 |          | 02:09:07.55 | 02:09:08.80 | 6:08   | 9.8  |
| 25   | ŁUKASIEWICZ EWA        | 677 |                                                | ZŁOTORYJA        | POL  | K50  | 1      | K 3  | 00:33:32 |          | 02:09:33.35 | 02:09:36.50 | 6:10   | 9.7  |
| 26   | SZRAMOWIAT MAREK       | 483 | BRITA                                          | LWÓWEK ŚLĄSKI    | POL  | M40  | 7      | M 23 | 00:32:29 |          | 02:10:11.70 | 02:10:13.70 | 6:11   | 9.7  |
| 27   | RUBIKOWSKI JACEK       | 613 |                                                | ŻYRARDÓW         | POL  | M30  | 14     | M 24 | 00:33:08 |          | 02:10:17.90 | 02:10:18.10 | 6:12   | 9.7  |
| 28   | EICHNER TOMAS          | 639 |                                                | ŚWIERZAWA        | CZE  | M50  | 1      | M 25 | 00:34:06 |          | 02:11:07.80 | 02:11:16.70 | 6:14   | 9.6  |
| 29   | ADAMIAK JAKUB          | 557 |                                                | WROCŁAW          | POL  | M30  | 15     | M 26 | 00:35:31 |          | 02:11:20.75 | 02:11:27.95 | 6:15   | 9.6  |
| 30   | GAŁOŚZ ŁUKASZ          | 329 |                                                | OLEŚNICA         | POL  | M30  | 16     | M 27 | 00:31:09 |          | 02:12:01.35 | 02:12:05.85 | 6:17   | 9.5  |
| 31   | GRZEGORZEWSKI WOJCIECH | 424 |                                                | ŁOMIANKI         | POL  | M20  | 4      | M 28 | 00:34:29 |          | 02:12:02.75 | 02:12:10.60 | 6:17   | 9.5  |
| 32   | BOROWIAK ADAM          | 681 | _ZCHARTOWANI_                                  | WROCŁAW          | POL  | M40  | 8      | M 29 | 00:33:58 |          | 02:13:25.80 | 02:13:32.55 | 6:21   | 9.4  |
| 33   | DOMIŃSKI HENRYK        | 380 |                                                | BRZEG            | POL  | M30  | 17     | M 30 | 00:32:29 |          | 02:14:19.55 | 02:14:28.50 | 6:23   | 9.4  |
| 34   | KOSZAREK MACIEJ        | 588 |                                                | POZNAŃ           | POL  | M50  | 2      | M 31 | 00:33:19 |          | 02:14:29.45 | 02:14:31.90 | 6:24   | 9.4  |
| 35   | RYSZAWY MIKOŁAJ        | 525 |                                                | MOKRZESZÓW       | POL  | M20  | 5      | M 32 | 00:33:39 |          | 02:14:12.05 | 02:14:35.75 | 6:23   | 9.4  |
| 36   | SKRZYPCZYK PAULINA     | 632 | TEAM FRUN / 42K PRO TEAM                       | TYCHY            | POL  | K30  | 2      | K 4  | 00:33:37 |          | 02:14:50.00 | 02:14:50.00 | 6:25   | 9.3  |
| 37   | ŚNIEŻYŃSKI ROBERT      | 505 |                                                | SADKÓW           | POL  | M30  | 18     | M 33 | 00:33:21 |          | 02:15:59.10 | 02:16:01.35 | 6:28   | 9.3  |
| 38   | TELATYŃSKA SYLWIA      | 474 | STOWARZYSZENIE KLUB SPORTOWY AKTYWNE CHOSZCZNO | CHOSZCZNO        | POL  | K40  | 1      | K 5  | 00:33:27 |          | 02:16:28.65 | 02:16:29.80 | 6:29   | 9.2  |
| 39   | PIECHOWIAK BARTOSZ     | 656 | PRAWOFRANKOWICZA.PL                            | WROCŁAW          | POL  | M20  | 6      | M 34 | 00:33:25 |          | 02:17:15.25 | 02:17:22.50 | 6:32   | 9.2  |
| 40   | FIEBIG STEFAN          | 693 | WWW.FIEBIG.PL                                  | PONIEC           | POL  | M50  | 3      | M 35 | 00:35:22 |          | 02:17:53.45 | 02:18:04.50 | 6:33   | 9.1  |
| 41   | SKOWRON ŁUKASZ         | 559 |                                                | BIELAWA          | POL  | M30  | 19     | M 36 | 00:35:09 |          | 02:18:15.30 | 02:18:33.15 | 6:35   | 9.1  |
| 42   | SCHRODER PATRYK        | 538 | WSK                                            | ZIELONA GÓRA     | POL  | M40  | 9      | M 37 | 00:35:30 |          | 02:18:44.60 | 02:18:51.80 | 6:36   | 9.1  |
| 43   | MANSFELD JAROSŁAW      | 599 | AGROMEN.PL                                     | BOJANOWO         | POL  | M40  | 10     | M 38 | 00:35:07 |          | 02:19:14.90 | 02:19:25.20 | 6:37   | 9    |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                                | M-scowość             | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|-----|-------------------------------------|-----------------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 44   | GRACZ PAWEŁ                | 338 | ULTRA DIABŁY TEAM LUBRZA            | ZBĄSZYNEK             | POL  | M30  | 20     | M 39 | 00:33:43 |         | 02:19:28.45 | 02:19:31.30 | 6:38   | 9    |
| 45   | MORAWSKI FILIP             | 518 | KRAKOWIAK ULTRA TEAM                | PUSZCZYKOWO           | POL  | M40  | 11     | M 40 | 00:36:24 |         | 02:19:33.90 | 02:19:39.25 | 6:38   | 9    |
| 46   | IWASZCZYSZYN TOMASZ        | 657 | RMT TEAM & PRZYJACIELE              | WROCLAW               | POL  | M30  | 21     | M 41 | 00:35:55 |         | 02:19:56.60 | 02:20:00.30 | 6:39   | 9    |
| 47   | POSADOWSKI SZYMON          | 654 |                                     | WILKÓW                | POL  | M30  | 22     | M 42 | 00:35:47 |         | 02:21:30.55 | 02:21:34.55 | 6:44   | 8.9  |
| 48   | NOWIK KAMIL                | 382 | ULTRA DIABŁY TEAM LUBRZA            | ŚWIEBODZIN            | POL  | M40  | 12     | M 43 | 00:35:07 |         | 02:21:44.20 | 02:21:44.20 | 6:44   | 8.9  |
| 49   | SZARAPANOWSKI DAMIAN       | 333 | ULTRA DIABŁY TEAM LUBRZA            | NOWA WIOSKA           | POL  | M40  | 13     | M 44 | 00:35:38 |         | 02:21:40.90 | 02:21:44.40 | 6:44   | 8.9  |
| 50   | FEDER MARCIN               | 665 |                                     | WARSZAWA              | POL  | M40  | 14     | M 45 | 00:34:15 |         | 02:21:52.55 | 02:21:55.70 | 6:45   | 8.9  |
| 51   | NAGŁAK ŁUKASZ              | 346 | KOŹMIN BIEGA ULTRA RUNNERS          | KOŹMIN WIELKOPOLSKI   | POL  | M40  | 15     | M 46 | 00:36:01 |         | 02:22:44.10 | 02:22:47.50 | 6:47   | 8.8  |
| 52   | LANGE SZYMON               | 490 | SZYMONIX                            | ŚREM                  | POL  | M40  | 16     | M 47 | 00:35:43 |         | 02:23:01.15 | 02:23:07.60 | 6:48   | 8.8  |
| 53   | KAŁUŻNY WOJCIECH           | 667 | BIEGOWA ŚWIDNICA                    | ŚWIDNICA              | POL  | M40  | 17     | M 48 | 00:35:32 |         | 02:23:12.40 | 02:23:16.00 | 6:49   | 8.8  |
| 54   | GAWCZYŃSKI JAKUB           | 598 |                                     | POZNAŃ                | POL  | M30  | 23     | M 49 | 00:35:26 |         | 02:23:37.60 | 02:23:42.55 | 6:50   | 8.8  |
| 55   | SUCHY ROLAND               | 391 | POGOŃ BYDŁO                         | KRAPKOWICE            | POL  | M30  | 24     | M 50 | 00:37:28 |         | 02:23:25.60 | 02:23:44.90 | 6:49   | 8.8  |
| 56   | BIHUN NATALIA              | 579 | NOA RUN YOUR LIFE                   | WROCLAW               | POL  | K30  | 3      | K 6  | 00:36:38 |         | 02:23:44.70 | 02:23:46.60 | 6:50   | 8.8  |
| 57   | BIERNACKA KATARZYNA        | 678 | SBRT WROCLAW                        | SYCÓW                 | POL  | K30  | 4      | K 7  | 00:35:04 |         | 02:24:04.85 | 02:24:06.15 | 6:51   | 8.7  |
| 58   | ŁUKACKI DANIEL             | 513 |                                     | DOMASZCZYN            | POL  | M40  | 18     | M 51 | 00:36:24 |         | 02:24:10.45 | 02:24:18.50 | 6:51   | 8.7  |
| 59   | RADKOWSKA MAŁGORZATA       | 484 | TEAM PARSZCZYŃSKICH/ SŁODKIE PĄCZKI | WARSZAWA              | POL  | K30  | 5      | K 8  | 00:37:15 |         | 02:24:50.60 | 02:25:02.45 | 6:53   | 8.7  |
| 60   | KOŹBIELSKI SZYMON          | 587 |                                     | WROCLAW               | POL  | M30  | 25     | M 52 | 00:35:27 |         | 02:25:17.60 | 02:25:26.80 | 6:55   | 8.7  |
| 61   | GRAMAŁA MATEUSZ            | 315 |                                     | KRAPKOWICE            | POL  | M20  | 7      | M 53 | 00:37:31 |         | 02:25:23.70 | 02:25:41.05 | 6:55   | 8.7  |
| 62   | LAMEK ANDRZEJ              | 697 | AKTYWNY OSTRZESZÓW                  | OSTRZESZÓW            | POL  | M50  | 4      | M 54 | 00:35:55 |         | 02:25:43.30 | 02:25:55.55 | 6:56   | 8.6  |
| 63   | NIŹEWSKI PAWEŁ             | 637 | KRAKOWIAK ULTRA TEAM                | CZAPURY               | POL  | M40  | 19     | M 55 | 00:37:54 |         | 02:25:53.70 | 02:25:59.30 | 6:56   | 8.6  |
| 64   | BALCERZAK TOMASZ           | 438 |                                     | KONARZEWO             | POL  | M40  | 20     | M 56 | 00:39:39 |         | 02:25:56.40 | 02:26:05.50 | 6:56   | 8.6  |
| 65   | BOĆKO EWA                  | 383 |                                     | TRZEBNICA             | POL  | K40  | 2      | K 9  | 00:37:57 |         | 02:26:28.90 | 02:26:32.30 | 6:58   | 8.6  |
| 66   | KORONA-SIERADZKA BOGUSŁAWA | 530 |                                     | WARSZAWA              | POL  | K30  | 6      | K 10 | 00:37:32 |         | 02:26:30.50 | 02:26:35.90 | 6:58   | 8.6  |
| 67   | MĘŻYKOWSKI MICHAŁ          | 615 |                                     | WARSZAWA              | POL  | M40  | 21     | M 57 | 00:34:39 |         | 02:26:59.35 | 02:27:07.70 | 6:59   | 8.6  |
| 68   | GAŁASZEWSKI KAMIL          | 470 | 87072213150                         | SZCZECIN              | POL  | M30  | 26     | M 58 | 00:35:37 |         | 02:27:07.50 | 02:27:14.60 | 7:00   | 8.6  |
| 69   | RÓG KRZYSZTOF              | 497 | KB ZDYSZAANI CHOCIANÓW              | CHOCIANÓW             | POL  | M50  | 5      | M 59 | 00:37:33 |         | 02:27:16.60 | 02:27:24.65 | 7:00   | 8.6  |
| 70   | ŚWIERK SEWERYN             | 242 |                                     | JANOWICE WIELKIE      | POL  | M40  | 22     | M 60 | 00:35:48 |         | 02:27:38.50 | 02:27:45.30 | 7:01   | 8.5  |
| 71   | WALIGÓRA MATEUSZ           | 342 |                                     | WROCLAW               | POL  | M30  | 27     | M 61 | 00:35:32 |         | 02:27:52.25 | 02:28:02.70 | 7:02   | 8.5  |
| 72   | MECAN MAGDALENA            | 595 |                                     |                       | POL  | K30  | 7      | K 11 | 00:39:00 |         | 02:28:19.75 | 02:28:26.25 | 7:03   | 8.5  |
| 73   | ZAŁUCKI MACIEJ             | 646 |                                     | GŁOGOWO               | POL  | M50  | 6      | M 62 | 00:39:01 |         | 02:27:30.65 | 02:28:27.90 | 7:01   | 8.5  |
| 74   | PLAZA RADOSŁAW             | 495 | ULTRASEKUNDS                        | WARSZAWA              | POL  | M40  | 23     | M 63 | 00:35:41 |         | 02:28:54.05 | 02:29:00.70 | 7:05   | 8.5  |
| 75   | NASKRĘT PIOTR              | 462 | KOWARY BIEGAJĄ                      | KOWARY                | POL  | M40  | 24     | M 64 | 00:36:21 |         | 02:29:13.85 | 02:29:18.35 | 7:06   | 8.4  |
| 76   | ZAGROBELNY MICHAŁ          | 621 | KOWARY BIEGAJĄ                      | KOWARY                | POL  | M30  | 28     | M 65 | 00:36:22 |         | 02:29:14.25 | 02:29:18.55 | 7:06   | 8.4  |
| 77   | GOLA HENRYK                | 655 |                                     | SZKLARSKA PORĘBA      | POL  | M50  | 7      | M 66 | 00:35:56 |         | 02:29:54.60 | 02:29:56.35 | 7:08   | 8.4  |
| 78   | KRUŻOLEK MONIKA            | 682 |                                     | RADKÓW                | POL  | K30  | 8      | K 12 | 00:44:41 |         | 02:29:55.40 | 02:30:13.30 | 7:08   | 8.4  |
| 79   | BATOR PAULA                | 596 |                                     | JANOWICE WIELKIE      | POL  | K30  | 9      | K 13 | 00:37:59 |         | 02:30:14.40 | 02:30:14.40 | 7:09   | 8.4  |
| 80   | POZNAK ROBERT              | 503 |                                     | DOBRZEŃ WIELKI        | POL  | M50  | 8      | M 67 | 00:41:16 |         | 02:30:45.25 | 02:31:03.85 | 7:10   | 8.4  |
| 81   | UPTAS TOMASZ               | 389 | CROSS STRACENÓW TEAM                | GŁOGÓW                | POL  | M40  | 25     | M 68 | 00:37:22 |         | 02:31:01.80 | 02:31:14.40 | 7:11   | 8.3  |
| 82   | KMIECIK MARCIN             | 698 | 2REP                                | JASTRZĘBIE-ZDRÓJ      | POL  | M30  | 29     | M 69 | 00:36:27 |         | 02:31:11.95 | 02:31:19.45 | 7:11   | 8.3  |
| 83   | WEGNER ADRIAN              | 439 |                                     | POZNAŃ                | POL  | M30  | 30     | M 70 | 00:42:46 |         | 02:31:55.65 | 02:32:17.25 | 7:14   | 8.3  |
| 84   | KOZAKIEWICZ TOMEK          | 488 | CAŁE ŻYCIE NA REDUKCJI              | WROCLAW               | POL  | M30  | 31     | M 71 | 00:37:52 |         | 02:32:45.70 | 02:32:51.35 | 7:16   | 8.2  |
| 85   | FABISIAK GRZEGORZ          | 504 | RONIN CZERWIENSK                    | CZERWIENSK            | POL  | M40  | 26     | M 72 | 00:38:22 |         | 02:32:52.05 | 02:32:55.05 | 7:16   | 8.2  |
| 86   | BRODA DOMINIK              | 458 |                                     | WROCLAW               | POL  | M30  | 32     | M 73 | 00:36:16 |         | 02:32:59.20 | 02:33:02.65 | 7:17   | 8.2  |
| 87   | RAJKOWSKI PRZEMYSŁAW       | 374 | FUDU&CO SPORT TEAM                  | PIOTRKÓW TRYBUNAKLSKI | POL  | M50  | 9      | M 74 | 00:36:39 |         | 02:33:02.50 | 02:33:06.65 | 7:17   | 8.2  |
| 88   | CIEPŁY KAMIL               | 692 | GARMIN WROCLAW                      | WROCLAW               | POL  | M30  | 33     | M 75 | 00:39:08 |         | 02:32:45.80 | 02:33:10.30 | 7:16   | 8.2  |
| 89   | KACZOR MARCIN              | 658 | ADJ                                 | ŚWIĘCIECHOWA          | POL  | M40  | 27     | M 76 | 00:39:10 |         | 02:33:25.30 | 02:33:36.05 | 7:18   | 8.2  |
| 90   | JARZEMBOWSKI TOMASZ        | 327 |                                     | PLEWISKA              | POL  | M40  | 28     | M 77 | 00:45:05 |         | 02:33:06.45 | 02:33:44.55 | 7:17   | 8.2  |
| 91   | HARDEL MAREK               | 649 | JELEŃ GÓRA                          | JELEŃ GÓRA            | POL  | M30  | 34     | M 78 | 00:38:00 |         | 02:34:27.90 | 02:34:30.75 | 7:21   | 8.2  |
| 92   | ANKIEWICZ STEFAN           | 585 |                                     | WARSZAWA              | POL  | M40  | 29     | M 79 | 00:38:12 |         | 02:34:20.35 | 02:34:32.75 | 7:20   | 8.2  |
| 93   | RATAJCZAK DOROTA           | 689 |                                     | ZIELONA GÓRA          | POL  | K40  | 3      | K 14 | 00:39:10 |         | 02:34:39.90 | 02:34:39.90 | 7:21   | 8.1  |
| 94   | MARIANOWSKI KRZYSZTOF      | 663 | KWIDZYN BIEGA                       | KWIDZYN               | POL  | M40  | 30     | M 80 | 00:41:03 |         | 02:34:48.85 | 02:34:58.15 | 7:22   | 8.1  |
| 95   | ROZDOLSKI JAROSŁAW         | 594 | ARTEL                               | WROCLAW               | POL  | M30  | 35     | M 81 | 00:39:09 |         | 02:34:49.30 | 02:35:06.50 | 7:22   | 8.1  |
| 96   | WRÓBLEWSKI RADOSŁAW        | 506 | VELUX                               | GNIEZNO               | POL  | M40  | 31     | M 82 | 00:40:58 |         | 02:35:04.35 | 02:35:10.50 | 7:23   | 8.1  |
| 97   | KWIATKOWSKI PRZEMYSŁAW     | 478 |                                     | PISARZOWICE           | POL  | M30  | 36     | M 83 | 00:37:20 |         | 02:35:10.20 | 02:35:16.70 | 7:23   | 8.1  |
| 98   | STARCZEWSKA IZABELA        | 312 |                                     | SWIEBODZIN            | POL  | K50  | 2      | K 15 | 00:40:58 |         | 02:35:08.90 | 02:35:19.80 | 7:23   | 8.1  |
| 99   | DYSARZ PRZEMYSŁAW          | 660 |                                     | POZNAŃ                | POL  | M40  | 32     | M 84 | 00:43:05 |         | 02:35:26.10 | 02:35:47.40 | 7:24   | 8.1  |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                     | M-scowość         | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|--------------------------|-------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 100  | BIELAWSKI PAWEŁ         | 608 |                          | LEGNICA           | POL  | M30  | 37     | M 85  | 00:37:01 |         | 02:36:05.00 | 02:36:07.80 | 7:25   | 8.1  |
| 101  | KŁACZYŃSKA DANUTA       | 322 | FARTY PUSZCZY            | SZCZECIN          | POL  | K40  | 4      | K 16  | 00:40:58 |         | 02:36:34.30 | 02:36:52.35 | 7:27   | 8    |
| 102  | ZIMNY TOMASZ            | 422 | FARTY PUSZCZY            | SZCZECIN          | POL  | M60  | 1      | M 86  | 00:40:14 |         | 02:36:48.40 | 02:37:05.55 | 7:28   | 8    |
| 103  | MEDYŃSKI SŁAWEK         | 581 |                          | LUBAŃ             | POL  | M50  | 10     | M 87  | 00:40:31 |         | 02:37:03.60 | 02:37:34.40 | 7:28   | 8    |
| 104  | PIASKOWSKI ARTUR        | 332 |                          | JAWOR             | POL  | M40  | 33     | M 88  | 00:38:59 |         | 02:37:38.15 | 02:37:52.55 | 7:30   | 8    |
| 105  | KOZIOŁ KRZYSZTOF        | 666 |                          | WARSZAWA          | POL  | M30  | 38     | M 89  | 00:39:55 |         | 02:38:21.25 | 02:39:08.70 | 7:32   | 8    |
| 106  | NOWAKOWSKI DAMIAN       | 674 |                          | RUDA ŚLĄSKA       | POL  | M40  | 34     | M 90  | 00:41:02 |         | 02:39:22.10 | 02:39:33.45 | 7:35   | 7.9  |
| 107  | KIĆŃSKI GRZEGORZ        | 675 |                          | ŻMIGRÓD           | POL  | M40  | 35     | M 91  | 00:40:00 |         | 02:39:08.40 | 02:39:38.20 | 7:34   | 7.9  |
| 108  | OLEJNIK EGIDIUSZ        | 618 |                          | JELENIA GÓRA      | POL  | M30  | 39     | M 92  | 00:40:36 |         | 02:39:51.65 | 02:40:04.80 | 7:36   | 7.9  |
| 109  | JUREK PRZEMYSŁAW        | 614 | KS STASZEWCY             | WARSZAWA          | POL  | M40  | 36     | M 93  | 00:40:29 |         | 02:40:02.30 | 02:40:11.20 | 7:37   | 7.9  |
| 110  | MASTERNAK MARTA         | 432 |                          | PRZYTOK           | POL  | K30  | 10     | K 17  | 00:39:54 |         | 02:40:13.20 | 02:40:26.80 | 7:37   | 7.9  |
| 111  | KURZYNIEC ŁUKASZ        | 331 |                          | WROCŁAW           | POL  | M30  | 40     | M 94  | 00:40:11 |         | 02:40:40.25 | 02:40:42.85 | 7:39   | 7.8  |
| 112  | SZKÓDLIŃSKI BARTOSZ     | 442 | ODDYCHAJSWOBODNIE.PL     | POZNAŃ            | POL  | M40  | 37     | M 95  | 00:41:41 |         | 02:40:19.55 | 02:40:46.65 | 7:38   | 7.9  |
| 113  | BONIEC GABRIELA         | 583 |                          | ŻARY              | POL  | K30  | 11     | K 18  | 00:40:41 |         | 02:41:00.45 | 02:41:06.10 | 7:40   | 7.8  |
| 114  | PISARCZYK GRZEGORZ      | 455 |                          | POZNAŃ            | POL  | M30  | 41     | M 96  | 00:42:47 |         | 02:41:02.90 | 02:41:24.20 | 7:40   | 7.8  |
| 115  | CIEKAŃSKI MICHAŁ        | 690 |                          | LESZNO            | POL  | M40  | 38     | M 97  | 00:41:15 |         | 02:41:19.15 | 02:41:29.35 | 7:40   | 7.8  |
| 116  | SYDORCZYK MAGDALENA     | 336 |                          | WSCHOWA           | POL  | K40  | 5      | K 19  | 00:44:09 |         | 02:41:13.55 | 02:41:36.20 | 7:40   | 7.8  |
| 117  | WIECHETEK ARTUR         | 696 | STG WARSZAWA             | WARSZAWA          | POL  | M40  | 39     | M 98  | 00:42:35 |         | 02:41:01.15 | 02:41:40.95 | 7:40   | 7.8  |
| 118  | SZCZUCKA RÓŻA           | 528 |                          | WROCŁAW           | AFG  | K30  | 12     | K 20  | 00:42:41 |         | 02:41:31.45 | 02:41:46.95 | 7:41   | 7.8  |
| 119  | KLIŃSKI WOJCIECH        | 367 | TRAFICA                  | ŚWIEBODZIN        | POL  | M40  | 40     | M 99  | 00:39:38 |         | 02:41:40.65 | 02:41:50.45 | 7:41   | 7.8  |
| 120  | STEFAŃSKI TOMASZ        | 586 |                          | WROCŁAW           | POL  | M40  | 41     | M 100 | 00:42:49 |         | 02:41:36.75 | 02:42:04.15 | 7:41   | 7.8  |
| 121  | ŚREDNIAWA PAULINA       | 680 | _ZCHARTOWANI_            | WROCŁAW           | POL  | K30  | 13     | K 21  | 00:42:34 |         | 02:42:03.25 | 02:42:13.50 | 7:43   | 7.8  |
| 122  | KACPRZAK MICHAŁ         | 493 | MICHAŁ KACPRZAK          | WROCŁAW           | POL  | M30  | 42     | M 101 | 00:38:41 |         | 02:42:03.60 | 02:42:19.60 | 7:43   | 7.8  |
| 123  | DOMAGAŁA GRAŻYNA        | 652 |                          | WROCŁAW           | POL  | K30  | 14     | K 22  | 00:41:29 |         | 02:42:44.20 | 02:42:59.70 | 7:44   | 7.7  |
| 124  | SZKUDŁO OSKAR           | 396 | BEZ BALASTU ACTIVE TEAM  | RADWANICE         | POL  | M40  | 42     | M 102 | 00:40:51 |         | 02:43:01.35 | 02:43:03.70 | 7:45   | 7.7  |
| 125  | WEGNER PATRYCJA         | 550 |                          | POZNAŃ            | POL  | K30  | 15     | K 23  | 00:41:07 |         | 02:42:48.90 | 02:43:05.15 | 7:45   | 7.7  |
| 126  | REJMAN GRZEGORZ         | 482 | SLALOMONAMBASSADORPOLAND | WAŁBRZYCH         | POL  | M30  | 43     | M 103 | 00:40:33 |         | 02:43:16.95 | 02:43:19.15 | 7:46   | 7.7  |
| 127  | KIDAWA PIOTR            | 679 |                          | WROCŁAW           | POL  | M30  | 44     | M 104 | 00:42:33 |         | 02:43:55.75 | 02:44:08.00 | 7:48   | 7.7  |
| 128  | KOLAWA PIOTR            | 471 | TRENUJZNA.MI.PL          | KOBIERZYCE        | POL  | M40  | 43     | M 105 | 00:44:52 |         | 02:44:40.00 | 02:44:40.00 | 7:50   | 7.7  |
| 129  | ALGIERSKI PAWEŁ         | 437 |                          | ŚWIEBODZIN        | POL  | M30  | 45     | M 106 | 00:39:49 |         | 02:44:46.05 | 02:44:53.70 | 7:50   | 7.6  |
| 130  | SKOCZEK SEBASTIAN       | 640 |                          | GRUSZCZYN         | POL  | M40  | 44     | M 107 | 00:39:41 |         | 02:44:42.90 | 02:44:56.70 | 7:50   | 7.7  |
| 131  | STEFANOWSKI MARCIN      | 317 | *****                    | ŻARÓW             | POL  | M50  | 11     | M 108 | 00:43:20 |         | 02:44:42.80 | 02:45:08.85 | 7:50   | 7.7  |
| 132  | TOMASZEWSKI DAWID       | 429 | WLKP MOUNTAINS ULTRA     | KOMORNIKI         | POL  | M40  | 45     | M 109 | 00:44:25 |         | 02:44:56.05 | 02:45:42.15 | 7:51   | 7.6  |
| 133  | WRÓBEL MAŁGORZATA       | 590 | OBORYGENI                | KOMORNIKI ŚLĄSKIE | POL  | K30  | 16     | K 24  | 00:42:26 |         | 02:46:08.15 | 02:46:16.45 | 7:54   | 7.6  |
| 134  | OSICA ŁUKASZ            | 431 |                          | ŚWIĘTOCHŁOWICE    | POL  | M30  | 46     | M 110 | 00:44:06 |         | 02:46:40.15 | 02:46:54.85 | 7:56   | 7.6  |
| 135  | MADEJ ANNA              | 466 | VEGE RUNNERS             | KATOWICE          | POL  | K40  | 6      | K 25  | 00:44:08 |         | 02:46:47.80 | 02:47:01.80 | 7:56   | 7.6  |
| 136  | OLEJNICZAK MARCIN       | 427 | ZAPINDALAMY W GÓRY       | POZNAŃ            | POL  | M30  | 47     | M 111 | 00:41:46 |         | 02:46:55.90 | 02:47:14.30 | 7:56   | 7.5  |
| 137  | KASPERSKA SYLWIA        | 597 | KB ZDYSZAAANI CHOCIANÓW  | CHOCIANÓW         | POL  | K40  | 7      | K 26  | 00:40:36 |         | 02:47:13.45 | 02:47:17.75 | 7:57   | 7.5  |
| 138  | WIERTEL ŁUKASZ          | 509 |                          | KAMINOKI          | POL  | M30  | 48     | M 112 | 00:45:11 |         | 02:46:48.20 | 02:47:33.90 | 7:56   | 7.6  |
| 139  | BUGAJ ALAN              | 653 |                          | CZARNY BÓR        | POL  | M30  | 49     | M 113 | 00:44:46 |         | 02:47:18.45 | 02:47:37.95 | 7:58   | 7.5  |
| 140  | SOBCZAK MIKOŁAJ         | 328 |                          | SKÓRZEWO          | POL  | M40  | 46     | M 114 | 00:46:27 |         | 02:47:03.45 | 02:47:40.60 | 7:57   | 7.5  |
| 141  | KOZŁOWSKI WOJCIECH      | 318 |                          | LISOWICE          | POL  | M50  | 12     | M 115 | 00:41:06 |         | 02:47:50.40 | 02:47:55.80 | 7:59   | 7.5  |
| 142  | ORTYL EWELINA           | 326 |                          | LISOWICE          | POL  | K40  | 8      | K 27  | 00:41:11 |         | 02:47:56.10 | 02:47:56.10 | 7:59   | 7.5  |
| 143  | KONKOLEWSKI MACIEJ      | 425 | BROWAR FORTUNA           | NIEZDROWICE       | POL  | M40  | 47     | M 116 | 00:44:20 |         | 02:48:16.85 | 02:48:27.70 | 8:00   | 7.5  |
| 144  | POLIMIRSKI ŁUKASZ       | 662 | CZERWONY SMOK WĄGROWIEC  | POKRZYWNICA       | POL  | M50  | 13     | M 117 | 00:40:59 |         | 02:48:40.35 | 02:48:53.10 | 8:01   | 7.5  |
| 145  | GRYGLAK PATRYK          | 376 |                          | ZIELONKA          | POL  | M20  | 8      | M 118 | 00:37:31 |         | 02:48:53.25 | 02:49:13.80 | 8:02   | 7.5  |
| 146  | GRUSZCZYŃSKI PRZEMYSŁAW | 316 |                          | POZNAŃ            | POL  | M40  | 48     | M 119 | 00:46:28 |         | 02:48:51.10 | 02:49:28.45 | 8:02   | 7.5  |
| 147  | CZAJKA BOGUMIŁ          | 584 |                          | ŻARY              | POL  | M50  | 14     | M 120 | 00:44:22 |         | 02:49:32.35 | 02:49:47.15 | 8:04   | 7.4  |
| 148  | WRÓBLEWSKI WOJCIECH     | 350 |                          | WROCŁAW           | POL  | M30  | 50     | M 121 | 00:39:37 |         | 02:50:05.90 | 02:50:11.30 | 8:05   | 7.4  |
| 149  | OLIŃSKI PAWEŁ           | 351 |                          | POZNAŃ            | POL  | M30  | 51     | M 122 | 00:44:30 |         | 02:50:14.40 | 02:50:28.80 | 8:06   | 7.4  |
| 150  | NYKIEL RAFAŁ            | 401 | ULTRA DIABŁY TEAM LUBRZA | LUBRZA            | POL  | M40  | 49     | M 123 | 00:42:11 |         | 02:50:44.70 | 02:50:54.70 | 8:07   | 7.4  |
| 151  | NIMSZ KAMILA            | 341 |                          | JELCZ-LASKOWICE   | POL  | K40  | 9      | K 28  | 00:46:33 |         | 02:52:07.80 | 02:52:26.60 | 8:11   | 7.3  |
| 152  | PEŻYŃSKI PIOTR          | 491 | CHUCK ATTACK             | BYDGOSZCZ         | POL  | M40  | 50     | M 124 | 00:43:17 |         | 02:52:20.05 | 02:52:37.80 | 8:12   | 7.3  |
| 153  | BRUNKE TOMASZ           | 492 | RUN BYDGOSZCZ            | BYDGOSZCZ         | POL  | M50  | 15     | M 125 | 00:43:16 |         | 02:52:18.25 | 02:52:37.85 | 8:12   | 7.3  |
| 154  | GRABOWA PAULINA         | 311 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN        | POL  | K20  | 2      | K 29  | 00:44:13 |         | 02:52:32.15 | 02:52:41.65 | 8:12   | 7.3  |
| 155  | KRYSIEWICZ MARCIN       | 569 |                          | WARSZAWA          | POL  | M40  | 51     | M 126 | 00:44:37 |         | 02:52:20.45 | 02:52:43.80 | 8:12   | 7.3  |
| 156  | DASZYŃSKI WOJCIECH      | 622 | MUSLISTUDIO              | DŁUGOŁĘKA         | POL  | M30  | 52     | M 127 | 00:42:16 |         | 02:53:03.75 | 02:53:03.75 | 8:14   | 7.3  |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                         | M-scowość           | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|------------------------------|---------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 157  | DYŃSKI JACEK                   | 607 |                              | OPOLE               | POL  | M30  | 53     | M 128 | 00:45:08 |         | 02:52:53.55 | 02:53:13.30 | 8:13   | 7.3  |
| 158  | DZIETCZYK KAMIL                | 473 | AKTYWNE CHOSZCZCZO           | CHOSZCZCZO          | POL  | M30  | 54     | M 129 | 00:44:22 |         | 02:53:14.95 | 02:53:17.95 | 8:14   | 7.3  |
| 159  | FRYDRYCH MATEUSZ               | 418 |                              | OSIECZNICA          | POL  | M30  | 55     | M 130 | 00:39:05 |         | 02:54:10.70 | 02:54:10.70 | 8:17   | 7.2  |
| 160  | NAJDEK MICHAŁ                  | 445 |                              | SWIEBODZIN          | POL  | M30  | 56     | M 131 | 00:44:57 |         | 02:54:22.45 | 02:54:29.80 | 8:18   | 7.2  |
| 161  | ŚRODA MACIEJ                   | 461 | MACIEJ ŚRODA MSD             | WROCŁAW             | POL  | M30  | 57     | M 132 | 00:43:23 |         | 02:54:21.35 | 02:54:40.10 | 8:18   | 7.2  |
| 162  | FUŁAWKA TOMASZ                 | 352 | NOCNE WILKI JAWOR            | JAWOR               | POL  | M40  | 52     | M 133 | 00:45:11 |         | 02:54:26.15 | 02:54:46.80 | 8:18   | 7.2  |
| 163  | LITEWKA GRZEGORZ               | 344 | JTC TEAM                     | JAWOR               | POL  | M50  | 16     | M 134 | 00:45:09 |         | 02:55:17.95 | 02:55:40.00 | 8:20   | 7.2  |
| 164  | BŁĘDKOWSKA KATARZYNA           | 687 | AGROAS TEAM                  | OPOLE               | POL  | K30  | 17     | K 30  | 00:45:44 |         | 02:56:06.05 | 02:56:06.05 | 8:23   | 7.2  |
| 165  | ZABORSKA KONKOLEWSKA AGNIESZKA | 604 | BROWAR FORTUNA               | NIEZDROWICE         | POL  | K40  | 10     | K 31  | 00:44:19 |         | 02:55:55.95 | 02:56:07.50 | 8:22   | 7.2  |
| 166  | KACZMAREK MATEUSZ              | 605 |                              | ŚWIEBODZIN          | POL  | M30  | 58     | M 135 | 00:44:51 |         | 02:56:57.40 | 02:57:09.40 | 8:25   | 7.1  |
| 167  | SUCHY ARON                     | 412 | POGOŃ BYDŁO                  | KRAPKOWICE          | POL  | M30  | 59     | M 136 | 00:42:40 |         | 02:56:55.75 | 02:57:15.65 | 8:25   | 7.1  |
| 168  | JARZĄBEK MAGDALENA             | 627 |                              | WROCŁAW             | POL  | K30  | 18     | K 32  | 00:46:14 |         | 02:56:37.85 | 02:57:22.35 | 8:24   | 7.1  |
| 169  | WIECZOREK PIOTR                | 647 | CZYSTA AMATORKA              | PRUSZKÓW            | POL  | M40  | 53     | M 137 | 00:42:59 |         | 02:57:19.25 | 02:57:30.60 | 8:26   | 7.1  |
| 170  | SAMEK ALEKSANDER               | 360 |                              | ŚWIDNICA            | POL  | M40  | 54     | M 138 | 00:44:32 |         | 02:57:29.25 | 02:57:47.15 | 8:27   | 7.1  |
| 171  | SZARADOWSKI PIOTR              | 524 | 140 MINUT                    | ŚWIDNICA            | POL  | M50  | 17     | M 139 | 00:40:21 |         | 02:57:36.00 | 02:57:59.10 | 8:27   | 7.1  |
| 172  | SKOKOWSKI JACEK                | 304 | FARTY SZCZECIN               | SZCZECIN            | POL  | M50  | 18     | M 140 | 00:45:19 |         | 02:57:46.20 | 02:58:03.35 | 8:27   | 7.1  |
| 173  | JACKOWIAK SZYMON               | 610 | RUNNER'S POWER               | ŚREM                | POL  | M40  | 55     | M 141 | 00:46:27 |         | 02:58:06.95 | 02:58:12.00 | 8:28   | 7.1  |
| 174  | JACKOWIAK AGNIESZKA            | 611 |                              | ŚREM                | POL  | K30  | 19     | K 33  | 00:46:25 |         | 02:58:08.25 | 02:58:13.00 | 8:28   | 7.1  |
| 175  | IGNASZEWSKI KRZYSZTOF          | 612 | RUNNER'S POWER               | ŚREM                | POL  | M40  | 56     | M 142 | 00:46:27 |         | 02:58:09.25 | 02:58:13.55 | 8:29   | 7.1  |
| 176  | TRZEPACZ DOROTA                | 417 | KB LUPUS OLEŚNICA            | OLEŚNICA            | POL  | K40  | 11     | K 34  | 00:44:05 |         | 02:58:26.30 | 02:58:39.00 | 8:29   | 7.1  |
| 177  | JANKOWSKI MAREK                | 441 | TEAM LIPTON                  | POZNAŃ              | POL  | M40  | 57     | M 143 | 00:44:10 |         | 02:58:23.65 | 02:58:44.00 | 8:29   | 7.1  |
| 178  | SZCZĘSNY PAWEŁ                 | 436 |                              | ŚWIEBODZIN          | POL  | M30  | 60     | M 144 | 00:41:54 |         | 02:59:05.15 | 02:59:13.45 | 8:31   | 7    |
| 179  | DUDEK KRZYSZTOF                | 402 | STRZEGOMSKA DWUNASTKA        | UDANIN              | POL  | M40  | 58     | M 145 | 00:45:41 |         | 02:59:06.40 | 02:59:29.05 | 8:31   | 7    |
| 180  | GAŁKOWSKI PAWEŁ                | 469 |                              | POZNAŃ              | POL  | M40  | 59     | M 146 | 00:41:59 |         | 02:59:10.55 | 02:59:30.15 | 8:31   | 7    |
| 181  | RUDNIK JAROSŁAW                | 368 |                              | PASEK               | POL  | M40  | 60     | M 147 | 00:45:26 |         | 02:59:17.25 | 02:59:36.25 | 8:32   | 7    |
| 182  | DUBAS ANNA                     | 453 | SPRAWDZAMY-NIERUCHOMOSCI.PL  | POZNAŃ              | POL  | K30  | 20     | K 35  | 00:45:08 |         | 02:59:41.20 | 02:59:57.75 | 8:33   | 7    |
| 183  | CHRZĄSZCZ DAMIAN               | 349 |                              | LUBIN               | POL  | M40  | 61     | M 148 | 00:45:29 |         | 02:59:42.05 | 02:59:59.10 | 8:33   | 7    |
| 184  | CHRZĄSZCZ MARIUSZ              | 353 |                              | LUBIN               | POL  | M40  | 62     | M 149 | 00:45:36 |         | 02:59:47.20 | 03:00:03.45 | 8:33   | 7    |
| 185  | WALA PATRYK                    | 555 | ZAŁOGA GÓRSKA / BIEG OPOLSKI | WROCŁAW             | POL  | M30  | 61     | M 150 | 00:45:46 |         | 03:00:04.90 | 03:00:18.45 | 8:34   | 7    |
| 186  | GRELAK ADAM                    | 573 | WOLSZTYN BIEGA               | KARPICKO            | POL  | M30  | 62     | M 151 | 00:50:05 |         | 02:59:55.60 | 03:00:21.40 | 8:34   | 7    |
| 187  | WALIGÓRSKI ŁUKASZ              | 578 |                              | WOLSZTYN            | POL  | M30  | 63     | M 152 | 00:50:04 |         | 02:59:56.35 | 03:00:22.10 | 8:34   | 7    |
| 188  | DECHNIK ŁUKASZ                 | 512 |                              | WROCŁAW             | POL  | M40  | 63     | M 153 | 00:46:54 |         | 03:01:00.50 | 03:01:09.30 | 8:37   | 7    |
| 189  | ROGÓŻ ELŻBIETA                 | 638 | ULTRATRACK                   | WARSZAWA            | POL  | K40  | 12     | K 36  | 00:46:18 |         | 03:01:37.60 | 03:01:47.10 | 8:38   | 6.9  |
| 190  | LUBELCZYK GRZEGORZ             | 357 | SPELEOCLUB WROCŁAW           | MIĘKINIA            | POL  | M50  | 19     | M 154 | 00:49:22 |         | 03:01:21.30 | 03:02:01.40 | 8:38   | 6.9  |
| 191  | KUŚWIK BEATA                   | 489 | CAŁE ŻYCIE NA REDUKCJI       | WROCŁAW             | POL  | K30  | 21     | K 37  | 00:44:37 |         | 03:02:04.40 | 03:02:10.25 | 8:40   | 6.9  |
| 192  | WAWRZYŃIAK KRYSZTOF            | 634 | KB ODRA OPOLE                | OPOLE               | POL  | M20  | 9      | M 155 | 00:46:46 |         | 03:01:41.80 | 03:02:26.55 | 8:39   | 6.9  |
| 193  | BOŻEK GRZEGORZ                 | 577 | KB ZDYSZAANI CHOCIANÓW       | CHOCIANÓW           | POL  | M40  | 64     | M 156 | 00:47:18 |         | 03:02:32.25 | 03:02:51.55 | 8:41   | 6.9  |
| 194  | SWOROWSKI MACIEJ               | 400 | WOLSZTYŃSKI KLUB BIEGOWY     | WOLSZTYN            | POL  | M50  | 20     | M 157 | 00:46:34 |         | 03:02:54.25 | 03:02:58.55 | 8:42   | 6.9  |
| 195  | PLIS JORDAN                    | 337 |                              | JELENIA GÓRA        | POL  | M30  | 64     | M 158 | 00:43:31 |         | 03:02:46.10 | 03:03:00.50 | 8:42   | 6.9  |
| 196  | BRONOWSKA JUSTYNA              | 545 |                              | BYSTRA              | POL  | K40  | 13     | K 38  | 00:46:25 |         | 03:02:54.90 | 03:03:02.10 | 8:42   | 6.9  |
| 197  | CHOJNICKA MAGDALENA            | 343 |                              | POZNAŃ              | POL  | K30  | 22     | K 39  | 00:48:50 |         | 03:02:54.25 | 03:03:18.55 | 8:42   | 6.9  |
| 198  | KĄDZIOŁKA ŁUKASZ               | 480 |                              | KATOWICE            | POL  | M30  | 65     | M 159 | 00:51:39 |         | 03:03:12.00 | 03:03:38.55 | 8:43   | 6.9  |
| 199  | SOBAŃSKI BARTOSZ               | 423 |                              | POZNAŃ              | POL  | M30  | 66     | M 160 | 00:51:50 |         | 03:03:06.10 | 03:03:44.85 | 8:43   | 6.9  |
| 200  | BANDUROWSKA AGNIESZKA          | 616 | KB WIKON NOWA SÓL            | NOWA SÓL            | POL  | K40  | 14     | K 40  | 00:44:28 |         | 03:03:44.45 | 03:03:50.35 | 8:44   | 6.9  |
| 201  | JUDKIEWICZ PIOTR               | 459 |                              | WOLIN               | POL  | M50  | 21     | M 161 | 00:44:22 |         | 03:03:49.90 | 03:04:00.20 | 8:45   | 6.9  |
| 202  | JAKUBOWSKA EWELINA             | 414 | NOA                          | WROCŁAW             | POL  | K40  | 15     | K 41  | 00:49:26 |         | 03:03:46.50 | 03:04:20.75 | 8:45   | 6.9  |
| 203  | ERET MARZENA                   | 566 |                              | GUBIN               | POL  | K40  | 16     | K 42  | 00:46:28 |         | 03:04:16.25 | 03:04:21.85 | 8:46   | 6.8  |
| 204  | DRAJER SEBASTIAN               | 487 |                              | OSTRÓW WIELKOPOLSKI | POL  | M40  | 65     | M 162 | 00:44:24 |         | 03:05:05.40 | 03:05:20.85 | 8:48   | 6.8  |
| 205  | PIEKIELNA ANGELIKA             | 635 |                              | CZASTARY            | POL  | K30  | 23     | K 43  | 00:45:59 |         | 03:05:31.65 | 03:05:47.90 | 8:50   | 6.8  |
| 206  | WASILEWSKA AGATA               | 407 | AKADEMIA MISTRZÓW SPORTU     | OSÓWIEC             | POL  | K40  | 17     | K 44  | 00:46:50 |         | 03:05:32.70 | 03:06:01.40 | 8:50   | 6.8  |
| 207  | DUMINSKI TOMASZ                | 544 | PLOTERTOM RUNNER STRZEGOM    | STRZEGOM            | POL  | M40  | 66     | M 163 | 00:44:44 |         | 03:08:35.50 | 03:08:35.50 | 8:58   | 6.7  |
| 208  | SUCHY KATARZYNA                | 393 | POGOŃ BYDŁO                  | WROCŁAW             | POL  | K30  | 24     | K 45  | 00:47:00 |         | 03:08:45.25 | 03:09:04.25 | 8:59   | 6.7  |
| 209  | DZIĘGIELEWSKA DOMINIKA         | 334 |                              | BOLKÓW              | POL  | K30  | 25     | K 46  | 00:48:43 |         | 03:08:58.95 | 03:09:12.75 | 8:59   | 6.7  |
| 210  | ANDRZEJEWICZ PAWEŁ             | 593 |                              | ŻARY                | POL  | M40  | 67     | M 164 | 00:48:46 |         | 03:09:01.40 | 03:09:12.80 | 9:00   | 6.7  |
| 211  | TYLKA GOSIA                    | 403 |                              | LEGNICA             | POL  | K30  | 26     | K 47  | 00:47:23 |         | 03:09:08.45 | 03:09:25.30 | 9:00   | 6.7  |
| 212  | KACZMAREK DOROTA               | 519 | RADZIKI                      | WROCŁAW             | POL  | K40  | 18     | K 48  | 00:48:23 |         | 03:09:48.20 | 03:10:09.70 | 9:02   | 6.6  |
| 213  | KACZMAREK RADOŚLAW             | 520 | RADZIKI                      | WROCŁAW             | POL  | M50  | 22     | M 165 | 00:48:23 |         | 03:09:48.05 | 03:10:09.80 | 9:02   | 6.6  |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                              | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|-----------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 214  | KĄDZIOŁKA JAN          | 428 | K2                                | GLIWICE              | POL  | M50  | 23     | M 166 | 00:51:39 |         | 03:09:58.00 | 03:10:25.10 | 9:02   | 6.6  |
| 215  | KĘPSKI GRZEGORZ        | 676 |                                   | WROCŁAW              | POL  | M30  | 67     | M 167 | 00:47:28 |         | 03:10:37.30 | 03:10:59.35 | 9:04   | 6.6  |
| 216  | SZUMSKI ZBIGNIEW       | 335 |                                   | ŚWIEBODZIN           | POL  | M50  | 24     | M 168 | 00:50:07 |         | 03:10:42.35 | 03:11:04.40 | 9:04   | 6.6  |
| 217  | TOMYŚLAK MAGDALENA     | 457 |                                   | POZNAŃ               | POL  | K30  | 27     | K 49  | 00:46:03 |         | 03:10:50.75 | 03:11:08.20 | 9:05   | 6.6  |
| 218  | ROZWADOWSKI ROBERT     | 624 | DRUŻYNA SZPIKU                    | SUCHY LAS            | POL  | M40  | 68     | M 169 | 00:47:49 |         | 03:11:08.35 | 03:11:20.00 | 9:06   | 6.6  |
| 219  | BESZTOCHA JADWIGA      | 548 | ZEN RUNNING TEAM                  | ŁĘDZINY              | POL  | K30  | 28     | K 50  | 00:46:35 |         | 03:11:55.05 | 03:12:01.70 | 9:08   | 6.6  |
| 220  | PACIULON KRZYSZTOF     | 575 | ONE MAN RUNNING                   | KARWIANY             | POL  | M40  | 69     | M 170 | 00:46:17 |         | 03:12:01.65 | 03:12:36.85 | 9:08   | 6.6  |
| 221  | SKULIMA SZYMON         | 310 |                                   | WROCŁAW              | POL  | M20  | 10     | M 171 | 00:45:44 |         | 03:12:41.45 | 03:13:13.75 | 9:10   | 6.5  |
| 222  | BEDNAREK REMIGIUSZ     | 619 |                                   | BYDGOSZCZ            | POL  | M30  | 68     | M 172 | 00:48:15 |         | 03:13:41.65 | 03:14:15.95 | 9:13   | 6.5  |
| 223  | PTAK DOROTA            | 582 | PIĄTKOWO NA BIEGOWO               | POZNAŃ               | POL  | K50  | 3      | K 51  | 00:50:31 |         | 03:13:55.40 | 03:14:16.60 | 9:14   | 6.5  |
| 224  | MARCINIAK ANNA         | 617 |                                   | LEGNICA              | POL  | K40  | 19     | K 52  | 00:50:46 |         | 03:14:10.60 | 03:14:25.90 | 9:14   | 6.5  |
| 225  | KRAWIEC MARCIN         | 452 |                                   | GOSTYŃ               | POL  | M40  | 70     | M 173 | 00:51:45 |         | 03:14:26.75 | 03:14:58.60 | 9:15   | 6.5  |
| 226  | ZIENKIEWICZ JUSTYNA    | 669 |                                   | PIASECZNO            | POL  | K40  | 20     | K 53  | 00:57:33 |         | 03:14:50.35 | 03:15:26.60 | 9:16   | 6.5  |
| 227  | ZIENKIEWICZ AGATA      | 507 | PIASECZNO RUNNING                 | PIASECZNO            | POL  | K40  | 21     | K 54  | 00:57:34 |         | 03:14:51.30 | 03:15:26.70 | 9:16   | 6.5  |
| 228  | MECH GRZEGORZ          | 339 |                                   | LUBIN                | POL  | M40  | 71     | M 174 | 00:49:58 |         | 03:15:56.05 | 03:16:35.20 | 9:19   | 6.4  |
| 229  | PISTL JACEK            | 571 |                                   | WYSOKA               | POL  | M30  | 69     | M 175 | 00:47:16 |         | 03:16:33.20 | 03:16:55.90 | 9:21   | 6.4  |
| 230  | MAZUR KATARZYNA        | 683 | UMLAUT                            | KROSNO ODRZAŃSKIE    | POL  | K40  | 22     | K 55  | 00:50:37 |         | 03:16:57.35 | 03:17:05.75 | 9:22   | 6.4  |
| 231  | ROGOWSKI TOMASZ        | 684 | UMLAUT                            | KROSNO ODRZAŃSKIE    | POL  | M30  | 70     | M 176 | 00:50:36 |         | 03:16:56.05 | 03:17:05.95 | 9:22   | 6.4  |
| 232  | KOZICZAK KATARZYNA     | 347 |                                   | WROCŁAW              | POL  | K30  | 29     | K 56  | 00:49:39 |         | 03:16:56.85 | 03:17:11.25 | 9:22   | 6.4  |
| 233  | DOBROCHOWSKA ILONA     | 476 | STRZEGOMSKA DWUNASTKA             | STRZEGOM             | POL  | K40  | 23     | K 57  | 00:50:27 |         | 03:16:53.00 | 03:17:16.65 | 9:22   | 6.4  |
| 234  | DURA ZOFIA             | 463 |                                   | POZNAŃ               | POL  | K20  | 3      | K 58  | 00:50:45 |         | 03:17:51.15 | 03:18:04.35 | 9:25   | 6.4  |
| 235  | MIELCARZ TOMASZ        | 397 | BIEGOWE DZIKI OCR                 | ZIELONA GÓRA         | POL  | M30  | 71     | M 177 | 00:44:42 |         | 03:18:01.75 | 03:18:06.80 | 9:25   | 6.4  |
| 236  | GOLUBIŃSKI PRZEMYSŁAW  | 355 | VERGE                             | JELEŃ GÓRA           | POL  | M30  | 72     | M 178 | 00:52:43 |         | 03:17:53.80 | 03:18:41.05 | 9:25   | 6.4  |
| 237  | MECH BOGDAN            | 642 |                                   | GOWOROWO             | POL  | M50  | 25     | M 179 | 00:52:18 |         | 03:18:20.30 | 03:18:58.75 | 9:26   | 6.4  |
| 238  | KĘDZIORA ALICJA        | 626 |                                   | BOGDANIEC            | POL  | K30  | 30     | K 59  | 00:51:06 |         | 03:19:08.80 | 03:19:14.85 | 9:28   | 6.3  |
| 239  | POTERSKI MATEUSZ       | 536 |                                   | POZNAŃ               | POL  | M40  | 72     | M 180 | 00:51:11 |         | 03:19:12.75 | 03:19:18.45 | 9:29   | 6.3  |
| 240  | ŚMIECHOWSKA MAŁGORZATA | 629 | ŚDS RECZ                          | RECZ                 | POL  | K40  | 24     | K 60  | 00:49:45 |         | 03:19:42.05 | 03:19:47.05 | 9:30   | 6.3  |
| 241  | ZDYB GRZEGORZ          | 330 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY   | LEŚNÓW WIELKI        | POL  | M40  | 73     | M 181 | 00:51:23 |         | 03:19:44.95 | 03:20:29.30 | 9:30   | 6.3  |
| 242  | MORAWSKI MARCIN        | 320 | RANGER SURVIVAL CLUB              | OBORNIKI ŚLĄSKIE     | POL  | M40  | 74     | M 182 | 00:50:11 |         | 03:20:11.05 | 03:20:39.95 | 9:31   | 6.3  |
| 243  | FANAJŁO WOJTEK         | 508 |                                   | ZIELONA GÓRA         | POL  | M30  | 73     | M 183 | 00:52:34 |         | 03:20:53.25 | 03:21:06.25 | 9:33   | 6.3  |
| 244  | WIŚNIEWSKI TOMASZ      | 465 |                                   | ALEKSANDRÓW KUJAWSKI | POL  | M40  | 75     | M 184 | 00:50:36 |         | 03:21:04.70 | 03:21:17.85 | 9:34   | 6.3  |
| 245  | MISIAK ARTUR           | 564 |                                   | OSIECZNICA           | POL  | M40  | 76     | M 185 | 00:52:18 |         | 03:20:46.95 | 03:21:18.50 | 9:33   | 6.3  |
| 246  | MISIAK DOROTA          | 421 |                                   | OSIECZNICA           | POL  | K30  | 31     | K 61  | 00:52:19 |         | 03:20:47.75 | 03:21:19.10 | 9:33   | 6.3  |
| 247  | DAWIDZIAK PAWEŁ        | 371 |                                   | POZNAŃ               | POL  | M30  | 74     | M 186 | 00:51:11 |         | 03:21:35.40 | 03:21:40.50 | 9:35   | 6.3  |
| 248  | SŁOWIKOWSKI TOMASZ     | 531 |                                   | BIGUSZÓW-GORCE       | POL  | M40  | 77     | M 187 | 00:49:06 |         | 03:21:32.20 | 03:21:47.05 | 9:35   | 6.3  |
| 249  | GRABOWSKA ZUZANNA      | 523 | IZBICKO W BIEGU                   | KROŚNICA             | POL  | K20  | 4      | K 62  | 00:59:25 |         | 03:21:45.45 | 03:22:25.75 | 9:36   | 6.2  |
| 250  | SYNOWIEC-JUDA AGATA    | 373 |                                   | JELEŃ GÓRA           | POL  | K40  | 25     | K 63  | 00:52:47 |         | 03:22:15.45 | 03:22:36.15 | 9:37   | 6.2  |
| 251  | NOLBRZYK ADRIAN        | 406 |                                   | OSIECZNA             | POL  | M40  | 78     | M 188 | 00:47:32 |         | 03:22:10.70 | 03:22:37.50 | 9:37   | 6.2  |
| 252  | KOŃ ALEKSANDRA         | 345 | EKIPA LIPA                        | LIPA                 | POL  | K40  | 26     | K 64  | 00:51:08 |         | 03:23:50.15 | 03:24:04.70 | 9:42   | 6.2  |
| 253  | KRAKOWCZYK TOMASZ      | 630 |                                   | WROCŁAW              | POL  | M40  | 79     | M 189 | 00:50:24 |         | 03:25:00.75 | 03:25:07.55 | 9:45   | 6.1  |
| 254  | BORKOWSKI MARCEL       | 451 |                                   | LEGNICA              | POL  | M30  | 75     | M 190 | 00:53:42 |         | 03:25:28.70 | 03:26:08.60 | 9:47   | 6.1  |
| 255  | PAWŁAK SŁAWOMIR        | 671 | #PAWŁAKTEAM                       | KROSNO ODRZAŃSKIE    | POL  | M40  | 80     | M 191 | 00:50:41 |         | 03:25:27.30 | 03:26:08.70 | 9:47   | 6.1  |
| 256  | RAJTAR ROBERT          | 440 | BRYGADA RR                        | GORZÓW               | POL  | M40  | 81     | M 192 | 00:57:09 |         | 03:25:34.55 | 03:26:11.90 | 9:47   | 6.1  |
| 257  | WANAT KASIA            | 354 | VERGE                             | JELEŃ GÓRA           | POL  | K30  | 32     | K 65  | 00:52:44 |         | 03:26:10.75 | 03:26:57.85 | 9:49   | 6.1  |
| 258  | JAWORSKA MAGDALENA     | 570 | GB WIELKOPOLSCY BIEGACZE/TEAM KGB | POZNAŃ               | POL  | K40  | 27     | K 66  | 00:53:37 |         | 03:26:34.60 | 03:27:17.90 | 9:50   | 6.1  |
| 259  | SIWIASZCZYK TOMASZ     | 567 |                                   | POZNAŃ               | POL  | M40  | 82     | M 193 | 00:53:40 |         | 03:26:43.70 | 03:27:26.00 | 9:50   | 6.1  |
| 260  | SZERSZEŃ AGATA         | 628 | DTR BIEGA / MARIO TEAM            | WYSOKI KOŚCIÓŁ       | POL  | K30  | 33     | K 67  | 00:57:10 |         | 03:26:50.80 | 03:27:39.45 | 9:50   | 6.1  |
| 261  | FANAJŁO KASIA          | 362 | ZGZB                              | ZIELONA GÓRA         | POL  | K30  | 34     | K 68  | 00:52:35 |         | 03:28:48.95 | 03:29:02.10 | 9:56   | 6    |
| 262  | KRYSIAK ŁUKASZ         | 532 | PIĄTKOWO NA BIEGOWO               | POZNAŃ               | POL  | M40  | 83     | M 194 | 00:50:09 |         | 03:30:22.60 | 03:30:56.40 | 10:01  | 6    |
| 263  | PISZ EWELINA           | 420 | POBIEROWO BIEGA                   | POBIEROWO            | POL  | K40  | 28     | K 69  | 00:58:15 |         | 03:30:28.05 | 03:31:00.40 | 10:01  | 6    |
| 264  | MODRAK MACIEJ          | 475 | PARKRUN GRUDZIĄDZ                 | GRUDZIĄDZ            | POL  | M50  | 26     | M 195 | 00:54:00 |         | 03:30:53.30 | 03:31:23.10 | 10:02  | 6    |
| 265  | OLEŚ EWA               | 443 |                                   | JĘŻÓW SUDECKI        | POL  | K30  | 35     | K 70  | 00:54:45 |         | 03:31:51.65 | 03:32:34.25 | 10:05  | 5.9  |
| 266  | OLEŚ DANIEL            | 688 |                                   | JĘŻÓW SUDECKI        | POL  | M30  | 76     | M 196 | 00:54:45 |         | 03:31:50.65 | 03:32:34.25 | 10:05  | 5.9  |
| 267  | ŚLUSARCZYK TOMASZ      | 580 | BIEGUSY CZAPLE                    | CZAPLE               | POL  | M40  | 84     | M 197 | 00:51:55 |         | 03:32:25.75 | 03:32:40.75 | 10:06  | 5.9  |
| 268  | BURMAN BEATA           | 314 | AKTYWNI RAZEM                     | MUROWANA GOŚLINA     | POL  | K40  | 29     | K 71  | 00:51:08 |         | 03:32:26.50 | 03:32:56.50 | 10:06  | 5.9  |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                                 | M-scowość         | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|--------------------------------------|-------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 269  | PRZYBYSZEWSKA LIDIA            | 390 | ULTRA DIABŁY TEAM LUBRZA             | ŚWIEBODZIN        | POL  | K40  | 30     | K 72  | 00:54:11 |         | 03:33:14.00 | 03:33:24.45 | 10:09  | 5.9  |
| 270  | KOPYRA TOMASZ                  | 365 | #BIEGAMWOLNOALEDOKŁADNIE             | OBORNIKI ŚLĄSKIE  | POL  | M40  | 85     | M 198 | 00:56:56 |         | 03:32:48.60 | 03:33:34.80 | 10:08  | 5.9  |
| 271  | RĄCZKOWIAK MATEUSZ             | 408 | USZŁO POWIETRZE Z DĘTKI              | WROCŁAW           | POL  | M30  | 77     | M 199 | 00:51:24 |         | 03:34:11.50 | 03:34:23.65 | 10:11  | 5.9  |
| 272  | KOZŁOWSKI TOMASZ               | 576 |                                      | LESZNO            | POL  | M50  | 27     | M 200 | 00:53:04 |         | 03:34:26.30 | 03:34:54.55 | 10:12  | 5.9  |
| 273  | KOZŁOWSKA ALICJA               | 572 |                                      | LESZNO            | POL  | K50  | 4      | K 73  | 00:53:04 |         | 03:34:26.05 | 03:34:54.60 | 10:12  | 5.9  |
| 274  | WINNICKA EDYTA                 | 388 | ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI | WARSZAWA          | POL  | K30  | 36     | K 74  | 00:54:17 |         | 03:34:42.90 | 03:35:11.10 | 10:13  | 5.9  |
| 275  | BORODYN ANDRZEJ                | 303 | FARTY PUSZCZY                        | SZCZECIN          | POL  | M40  | 86     | M 201 | 00:52:09 |         | 03:34:53.10 | 03:35:26.55 | 10:13  | 5.9  |
| 276  | KOŁODZIEJ TOMASZ               | 623 |                                      | WARSZAWA          | POL  | M50  | 28     | M 202 | 00:58:14 |         | 03:35:24.95 | 03:36:02.75 | 10:15  | 5.8  |
| 277  | JÓZWIAK MIKOŁAJ                | 699 | STG WARSZAWA                         | WARSZAWA          | POL  | M30  | 78     | M 203 | 00:54:30 |         | 03:36:03.80 | 03:36:03.80 | 10:17  | 5.8  |
| 278  | JANKOWSKA MARZENA              | 449 | FU FU FU TEAM                        | GŁOGÓW            | POL  | K40  | 31     | K 75  | 00:55:58 |         | 03:36:42.75 | 03:36:52.45 | 10:19  | 5.8  |
| 279  | MALINOWSKA ZYTA                | 309 | ULTRA DIABŁY LUBRZA                  | ŚWIEBODZIN        | POL  | K40  | 32     | K 76  | 00:53:28 |         | 03:37:03.60 | 03:37:15.00 | 10:20  | 5.8  |
| 280  | PYZIO MAGDALENA                | 454 | SPRAWDZAMY NIERUCHOMOŚCI             | KOMORNIKI         | POL  | K30  | 37     | K 77  | 00:52:15 |         | 03:37:00.50 | 03:37:18.10 | 10:20  | 5.8  |
| 281  | MICHALIK IWONA                 | 592 |                                      | TRZEBNICA         | POL  | K30  | 38     | K 78  | 00:55:49 |         | 03:37:32.20 | 03:37:49.35 | 10:21  | 5.8  |
| 282  | CHWALISZ PAWEŁ                 | 700 |                                      | WROCŁAW           | POL  | M40  | 87     | M 204 | 00:53:13 |         | 03:37:51.15 | 03:38:15.95 | 10:22  | 5.8  |
| 283  | ŻAK DOMINIKA                   | 366 | FARTY PUSZCZY                        | SZCZECIN          | POL  | K30  | 39     | K 79  | 00:56:22 |         | 03:37:50.35 | 03:38:24.45 | 10:22  | 5.8  |
| 284  | FRĄCKOWIAK ELŻBIETA            | 539 |                                      | ŚREM              | POL  | K40  | 33     | K 80  | 00:55:30 |         | 03:38:35.55 | 03:38:43.65 | 10:24  | 5.8  |
| 285  | GRUDNIEWSKI JAKUB              | 668 |                                      | WROCŁAW           | POL  | M30  | 79     | M 205 | 01:02:28 |         | 03:38:02.10 | 03:38:51.40 | 10:22  | 5.8  |
| 286  | HUGETH AGNIESZKA               | 434 | BBL BOLESŁAWIEC                      | BOLESŁAWIEC       | POL  | K40  | 34     | K 81  | 00:59:23 |         | 03:38:50.30 | 03:39:21.60 | 10:25  | 5.8  |
| 287  | MAGDA IWONA                    | 496 | EKIPA ZAJĄCA                         | BOLESŁAWIEC       | POL  | K40  | 35     | K 82  | 00:59:22 |         | 03:38:50.50 | 03:39:21.85 | 10:25  | 5.8  |
| 288  | GZUŁA BEATA                    | 589 | TEAM PARSZCZYŃSKICH                  | WARSZAWA          | POL  | K40  | 36     | K 83  | 01:03:11 |         | 03:39:48.55 | 03:40:18.85 | 10:28  | 5.7  |
| 289  | BOGACKA ANETA                  | 479 | ZGZB                                 | ZIELONA GÓRA      | POL  | K30  | 40     | K 84  | 00:56:07 |         | 03:40:49.25 | 03:41:30.25 | 10:30  | 5.7  |
| 290  | GRABOWIECKA MARTA              | 485 | ZIELONA GÓRA ZACZNIJ BIEGAĆ          | ZIELONA GÓRA      | POL  | K40  | 37     | K 85  | 00:56:02 |         | 03:40:50.10 | 03:41:30.30 | 10:30  | 5.7  |
| 291  | GODYŃ SYLWIUSZ                 | 323 | DZIEWIEĆSIŁ                          | WOJCIESZÓW        | POL  | M50  | 29     | M 206 | 00:51:13 |         | 03:41:14.75 | 03:41:36.10 | 10:32  | 5.7  |
| 292  | SZYMANKIEWICZ EDYTA            | 381 | CROSS STRACENÓW TEAM                 | GŁOGÓW            | POL  | K40  | 38     | K 86  | 00:59:42 |         | 03:41:24.80 | 03:41:44.40 | 10:32  | 5.7  |
| 293  | FRĄCZAK IRENEUSZ               | 565 | KRZYWE RYJE                          | KWIELICE          | POL  | M40  | 88     | M 207 | 00:54:42 |         | 03:41:51.10 | 03:42:00.90 | 10:33  | 5.7  |
| 294  | GRZESIAK RAFAŁ                 | 563 | EMERYT                               | GŁOGÓW            | POL  | M40  | 89     | M 208 | 00:54:42 |         | 03:42:21.70 | 03:42:30.60 | 10:35  | 5.7  |
| 295  | STACHOWIAK MAGDA               | 527 | RUN TEAM RYDZYNA                     | RYDZYNA           | POL  | K30  | 41     | K 87  | 00:54:21 |         | 03:42:35.65 | 03:42:56.60 | 10:35  | 5.7  |
| 296  | MECH MARTA                     | 643 |                                      | LUBIN             | POL  | K40  | 39     | K 88  | 01:01:56 |         | 03:42:23.85 | 03:43:00.90 | 10:35  | 5.7  |
| 297  | FINKOWIAT - SZYMCZAK KATARZYNA | 307 | FARTY PUSZCZY                        | SZCZECIN          | POL  | K30  | 42     | K 89  | 00:56:24 |         | 03:42:55.35 | 03:43:27.80 | 10:36  | 5.7  |
| 298  | SCHRAPPA SEBASTIAN             | 549 | IZBICKO W BIEGU                      | IZBICKO           | POL  | M40  | 90     | M 209 | 01:00:05 |         | 03:43:21.70 | 03:44:02.40 | 10:38  | 5.6  |
| 299  | ZIEMKOWSKA MONIKA              | 301 |                                      | ŻARÓW             | POL  | K40  | 40     | K 90  | 00:57:46 |         | 03:43:55.75 | 03:44:21.90 | 10:39  | 5.6  |
| 300  | BARTKIEWICZ HALINA             | 430 | KRWIOBIEGANIE, ZGZB                  | ZIELONA GÓRA      | POL  | K40  | 41     | K 91  | 00:56:23 |         | 03:43:48.55 | 03:44:29.70 | 10:39  | 5.6  |
| 301  | ZELMANOWICZ - SZŁAPA EWA       | 558 |                                      | IZBICKO           | POL  | K40  | 42     | K 92  | 00:59:22 |         | 03:45:42.15 | 03:46:23.15 | 10:44  | 5.6  |
| 302  | WALIŃSKA AGATA                 | 456 | WWW.SPRAWDZAMY-NIERUCHOMOSC I.PL     | KOMORNIKI         | POL  | K30  | 43     | K 93  | 00:55:24 |         | 03:46:37.60 | 03:46:37.60 | 10:47  | 5.6  |
| 303  | ZAJĄC KAZIMIERZ                | 435 | BBL BOLESŁAWIEC                      | BOLESŁAWIEC       | POL  | M60  | 2      | M 210 | 00:59:23 |         | 03:47:45.80 | 03:48:18.40 | 10:50  | 5.5  |
| 304  | GÓRNA ALDONA                   | 547 | ŻÓŁWICE W BIEGU                      | ŚREM              | POL  | K40  | 43     | K 94  | 01:01:02 |         | 03:48:21.10 | 03:48:28.50 | 10:52  | 5.5  |
| 305  | LANGE HANNA                    | 546 | ŻÓŁWICE W BIEGU                      | ŚREM              | POL  | K40  | 44     | K 95  | 01:01:02 |         | 03:48:22.45 | 03:48:29.10 | 10:52  | 5.5  |
| 306  | GRELA PAWEŁ                    | 659 |                                      | OPOLE             | POL  | M30  | 80     | M 211 | 00:59:42 |         | 03:48:56.35 | 03:49:41.40 | 10:54  | 5.5  |
| 307  | WITLICKI KACPER                | 631 | KROŚNIEŃSKIE WYDARZENIA              | KROSNO ODRZAŃSKIE | POL  | M20  | 11     | M 212 | 00:52:34 |         | 03:51:27.70 | 03:52:08.70 | 11:01  | 5.4  |
| 308  | DOJS ALEKSANDRA                | 340 | NIGHT RUNNERS                        | POZNAŃ            | POL  | K40  | 45     | K 96  | 01:02:21 |         | 03:52:21.65 | 03:52:33.75 | 11:03  | 5.4  |
| 309  | MATYSIAK JAKUB                 | 620 | STG WARSZAWA                         | WARSZAWA          | POL  | M30  | 81     | M 213 | 00:58:25 |         | 03:52:35.85 | 03:53:11.35 | 11:04  | 5.4  |
| 310  | SZYMCZAK ŁUKASZ                | 313 | FARTY PUSZCZY                        | SZCZECIN          | POL  | M40  | 91     | M 214 | 00:56:24 |         | 03:53:06.90 | 03:53:39.95 | 11:06  | 5.4  |
| 311  | OCHNIO EWA                     | 359 | DALEKA DROGA                         | BOLESŁAWIEC       | POL  | K40  | 46     | K 97  | 01:03:06 |         | 03:53:34.90 | 03:54:10.40 | 11:07  | 5.4  |
| 312  | DOBROCHOWSKI MAREK             | 405 | STRZEGOMSKA DWUNASTKA                | STRZEGOM          | POL  | M40  | 92     | M 215 | 00:58:39 |         | 03:53:56.80 | 03:54:21.05 | 11:08  | 5.4  |
| 313  | KOLESIŃSKA ANNA                | 685 |                                      | SOPOT             | POL  | K30  | 44     | K 98  | 01:00:50 |         | 03:54:33.25 | 03:54:57.75 | 11:10  | 5.4  |
| 314  | WÓJCIK-RATNICKA NATALIA        | 686 |                                      | GDANSK            | POL  | K30  | 45     | K 99  | 01:00:49 |         | 03:54:39.75 | 03:55:05.00 | 11:10  | 5.4  |
| 315  | KOWALEWSKA IZABELA             | 670 | PIASECZNO RUNNING                    | PIASECZNO         | POL  | K40  | 47     | K 100 | 01:00:44 |         | 03:54:31.85 | 03:55:08.90 | 11:10  | 5.4  |
| 316  | SZERSZEŃ JANUSZ                | 448 | PIASECZNO RUNNING                    | PIASECZNO         | POL  | M40  | 93     | M 216 | 01:01:13 |         | 03:54:32.10 | 03:55:09.80 | 11:10  | 5.4  |
| 317  | SZERSZEŃ MAŁGORZATA            | 446 | PIASECZNO RUNNING                    | PIASECZNO         | POL  | K40  | 48     | K 101 | 01:00:44 |         | 03:54:33.90 | 03:55:10.00 | 11:10  | 5.4  |
| 318  | WAKOR PAWEŁ                    | 537 |                                      | WARSZAWA          | POL  | M40  | 94     | M 217 | 00:44:01 |         | 03:55:25.30 | 03:55:52.85 | 11:12  | 5.4  |
| 319  | ROSA ALEX                      | 510 |                                      | RABOWICE          | POL  | M40  | 95     | M 218 | 00:48:44 |         | 03:55:26.65 | 03:55:54.30 | 11:12  | 5.4  |
| 320  | TAŃSKI MATEUSZ                 | 533 |                                      | WARSZAWA          | POL  | M40  | 96     | M 219 | 00:55:18 |         | 03:55:42.15 | 03:56:11.00 | 11:13  | 5.3  |
| 321  | PTAK EWA                       | 241 |                                      | JANOWICE WIELKIE  | POL  | K40  | 49     | K 102 | 01:00:59 |         | 03:56:45.40 | 03:57:23.35 | 11:16  | 5.3  |
| 322  | LENDAPETRYKOWSKA MARZENA       | 633 | SURGICAL NINJA OWL                   | SZCZECIN          | POL  | K30  | 46     | K 103 | 01:02:30 |         | 03:58:26.70 | 03:58:54.90 | 11:21  | 5.3  |
| 323  | HOREŻGA DOROTA                 | 306 |                                      | BRZEG             | POL  | K30  | 47     | K 104 | 01:00:45 |         | 04:00:13.55 | 04:00:21.95 | 11:26  | 5.2  |

**DWUDZIESTKA, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                          | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|-------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 324  | FRĄCKOWIAK JACEK        | 498 |                               | KRZYŻANOWO 13        | POL  | M40  | 97     | M 220 | 00:59:04 |         | 04:03:26.25 | 04:03:34.25 | 11:35  | 5.2  |
| 325  | KATA WIOLETTA           | 419 |                               | OSIECZNICA           | POL  | K50  | 5      | K 105 | 01:00:55 |         | 04:03:27.55 | 04:03:58.95 | 11:35  | 5.2  |
| 326  | MYSZYWODA MONIKA        | 410 |                               | WROCŁAW              | POL  | K30  | 48     | K 106 | 01:02:31 |         | 04:04:27.70 | 04:04:52.20 | 11:38  | 5.2  |
| 327  | GMEREK PAWEŁ            | 522 |                               | WOLSZTYN             | POL  | M40  | 98     | M 221 | 01:02:41 |         | 04:05:15.05 | 04:05:49.30 | 11:40  | 5.1  |
| 328  | KLIKS ADAM              | 521 |                               | WOLSZTYN             | POL  | M50  | 30     | M 222 | 01:02:41 |         | 04:05:15.55 | 04:05:49.90 | 11:40  | 5.1  |
| 329  | WOŚKO GABRIELA          | 694 | STG WARSZAWA                  | WARSZAWA             | POL  | K30  | 49     | K 107 | 01:04:50 |         | 04:07:16.10 | 04:07:48.85 | 11:46  | 5.1  |
| 330  | PISTL ANNA              | 305 |                               | WYSOKA               | POL  | K30  | 50     | K 108 | 01:00:33 |         | 04:10:08.60 | 04:10:31.70 | 11:54  | 5    |
| 331  | SYPKO-KUBICKA KATARZYNA | 378 | DOBRA FORMA/ KOZŁOWICKI CROSS | KLUCZBORK            | POL  | K40  | 50     | K 109 | 01:02:56 |         | 04:10:37.45 | 04:11:00.70 | 11:56  | 5    |
| 332  | KUBICKI MARIUSZ         | 377 | DOBRA FORMA, KOZŁOWICKI CROSS | KLUCZBORK            | POL  | M40  | 99     | M 223 | 01:02:53 |         | 04:10:37.95 | 04:11:01.00 | 11:56  | 5    |
| 333  | ZIAJA ALEKSANDRA        | 386 |                               | WARSZAWA             | POL  | K30  | 51     | K 110 | 01:02:16 |         | 04:10:55.70 | 04:11:25.40 | 11:56  | 5    |
| 334  | DUDEK MARIOLA           | 404 | STRZEGOMSKA DWUNASTKA         | JAROSŁAW             | POL  | K40  | 51     | K 111 | 01:03:46 |         | 04:15:59.55 | 04:16:23.45 | 12:11  | 4.9  |
| 335  | WILK KAROL              | 516 |                               | LAMKI                | POL  | M40  | 100    | M 224 | 01:01:03 |         | 04:17:47.25 | 04:18:02.55 | 12:16  | 4.9  |
| 336  | WIŚNIEWSKA DOROTA       | 464 |                               | ALEKSANDRÓW KUJAWSKI | POL  | K40  | 52     | K 112 | 01:05:19 |         | 04:18:32.05 | 04:18:46.20 | 12:18  | 4.9  |
| 337  | MATUSZ MAGDALENA        | 356 | POBIEROWO BIEGA               | POBIEROWO            | POL  | K30  | 52     | K 113 | 01:03:41 |         | 04:20:04.70 | 04:20:36.55 | 12:23  | 4.8  |
| 338  | POŁOMSKA KAMILA         | 348 |                               | ŁÓDŹ                 | POL  | K30  | 53     | K 114 | 01:03:43 |         | 04:20:27.55 | 04:20:58.15 | 12:24  | 4.8  |
| 339  | GÓRECKA KAROLINA        | 358 | POBIEROWO BIEGA               | SZCZECIN             | POL  | K30  | 54     | K 115 | 01:03:41 |         | 04:21:32.65 | 04:22:05.30 | 12:27  | 4.8  |
| 340  | MUCHA-KRUCZYŃSKI WACŁAW | 664 | MUKK ENPI                     | OSTRZESZÓW           | POL  | M60  | 3      | M 225 | 01:06:02 |         | 04:27:02.00 | 04:27:38.10 | 12:42  | 4.7  |
| 341  | SREBRO MICHAŁ           | 387 |                               | POZNAŃ               | POL  | M50  | 31     | M 226 | 01:04:12 |         | 04:32:12.50 | 04:32:29.50 | 12:57  | 4.6  |
| 342  | ŁADONSKA AGATA          | 415 |                               | WROCŁAW              | POL  | K30  | 55     | K 116 | 01:02:59 |         | 04:39:08.45 | 04:39:50.55 | 13:17  | 4.5  |
| 343  | SREBRO KACPER ANTONI    | 384 |                               | POZNAŃ               | POL  | M20  | 12     | M 227 | 00:49:35 |         | 04:49:03.05 | 04:49:19.15 | 13:45  | 4.4  |
|      | ŻEŚLAWSKA WIOLA         | 477 |                               | BYTOM                | POL  | K40  |        |       | 03:10:06 |         | DNF         | DNF         | -      | -    |
|      |                         |     |                               |                      |      |      |        |       | DNF      |         |             |             |        |      |
|      | NOWAK DOMINIK           | 661 | CZERWONY SMOK WĄGROWIEC       | WĄGROWIEC            | POL  | M30  |        |       | DNF      |         | DNF         | DNF         | -      | -    |

**DWUDZIESTKA, OPEN Kobiety**

| M-ce | Nazwisko i imię            | Nr  | Klub                                           | M-scowość        | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|-----|------------------------------------------------|------------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 1    | NOWAKOWSKA ANNA            | 562 | ALPIMADE TEAM                                  | INOWROCŁAW       | POL  | K30  | 1      | K 1  | 00:31:55 |         | 02:07:45.45 | 02:07:47.20 | 6:05   | 9.9  |
| 2    | DU CZMAL DOMINIKA          | 502 |                                                | JELEŃ GÓRA       | POL  | K20  | 1      | K 2  | 00:33:02 |         | 02:08:30.15 | 02:08:32.05 | 6:07   | 9.8  |
| 3    | ŁUKASIEWICZ EWA            | 677 |                                                | ZŁOTORYJA        | POL  | K50  | 1      | K 3  | 00:33:32 |         | 02:09:33.35 | 02:09:36.50 | 6:10   | 9.7  |
| 4    | SKRZYPCZYK PAULINA         | 632 | TEAM FRUN / 42K PRO TEAM                       | TYCHY            | POL  | K30  | 2      | K 4  | 00:33:37 |         | 02:14:50.00 | 02:14:50.00 | 6:25   | 9.3  |
| 5    | TELATYŃSKA SYLWIA          | 474 | STOWARZYSZENIE KLUB SPORTOWY AKTYWNE CHOSZCZNO | CHOSZCZNO        | POL  | K40  | 1      | K 5  | 00:33:27 |         | 02:16:28.65 | 02:16:29.80 | 6:29   | 9.2  |
| 6    | BIHUN NATALIA              | 579 | NOA RUN YOUR LIFE                              | WROCŁAW          | POL  | K30  | 3      | K 6  | 00:36:38 |         | 02:23:44.70 | 02:23:46.60 | 6:50   | 8.8  |
| 7    | BIERNACKA KATARZYNA        | 678 | SBRT WROCŁAW                                   | SYCÓW            | POL  | K30  | 4      | K 7  | 00:35:04 |         | 02:24:04.85 | 02:24:06.15 | 6:51   | 8.7  |
| 8    | RADKOWSKA MAŁGORZATA       | 484 | TEAM PARSZCZYŃSKICH/ SŁODKIE PAĆZKI            | WARSZAWA         | POL  | K30  | 5      | K 8  | 00:37:15 |         | 02:24:50.60 | 02:25:02.45 | 6:53   | 8.7  |
| 9    | BOĆKO EWA                  | 383 |                                                | TRZEBNICA        | POL  | K40  | 2      | K 9  | 00:37:57 |         | 02:26:28.90 | 02:26:32.30 | 6:58   | 8.6  |
| 10   | KORONA-SIERADZKA BOGUSŁAWA | 530 |                                                | WARSZAWA         | POL  | K30  | 6      | K 10 | 00:37:32 |         | 02:26:30.50 | 02:26:35.90 | 6:58   | 8.6  |
| 11   | MECAN MAGDALENA            | 595 |                                                |                  | POL  | K30  | 7      | K 11 | 00:39:00 |         | 02:28:19.75 | 02:28:26.25 | 7:03   | 8.5  |
| 12   | KRUŻOŁEK MONIKA            | 682 |                                                | RADKÓW           | POL  | K30  | 8      | K 12 | 00:44:41 |         | 02:29:55.40 | 02:30:13.30 | 7:08   | 8.4  |
| 13   | BATOR PAULA                | 596 |                                                | JANOWICE WIELKIE | POL  | K30  | 9      | K 13 | 00:37:59 |         | 02:30:14.40 | 02:30:14.40 | 7:09   | 8.4  |
| 14   | RATAJCZAK DOROTA           | 689 |                                                | ZIELONA GÓRA     | POL  | K40  | 3      | K 14 | 00:39:10 |         | 02:34:39.90 | 02:34:39.90 | 7:21   | 8.1  |
| 15   | STARCZEWSKA IZABELA        | 312 |                                                | SWIEBODZIN       | POL  | K50  | 2      | K 15 | 00:40:58 |         | 02:35:08.90 | 02:35:19.80 | 7:23   | 8.1  |
| 16   | KŁACZYŃSKA DANUTA          | 322 | FARTY PUSZCZY                                  | SZCZECIN         | POL  | K40  | 4      | K 16 | 00:40:58 |         | 02:36:34.30 | 02:36:52.35 | 7:27   | 8    |
| 17   | MASTERNAK MARTA            | 432 |                                                | PRZYTOK          | POL  | K30  | 10     | K 17 | 00:39:54 |         | 02:40:13.20 | 02:40:26.80 | 7:37   | 7.9  |
| 18   | BONIEC GABRIELA            | 583 |                                                | ŻARY             | POL  | K30  | 11     | K 18 | 00:40:41 |         | 02:41:00.45 | 02:41:06.10 | 7:40   | 7.8  |
| 19   | SYDORCZYK MAGDALENA        | 336 |                                                | WSCHOWA          | POL  | K40  | 5      | K 19 | 00:44:09 |         | 02:41:13.55 | 02:41:36.20 | 7:40   | 7.8  |
| 20   | SZCZUCKA RÓŻA              | 528 |                                                | WROCŁAW          | AFG  | K30  | 12     | K 20 | 00:42:41 |         | 02:41:31.45 | 02:41:46.95 | 7:41   | 7.8  |
| 21   | SREDNIAWA PAULINA          | 680 | _ZCHARTOWANI_                                  | WROCŁAW          | POL  | K30  | 13     | K 21 | 00:42:34 |         | 02:42:03.25 | 02:42:13.50 | 7:43   | 7.8  |
| 22   | DOMAGAŁA GRAŻYNA           | 652 |                                                | WROCŁAW          | POL  | K30  | 14     | K 22 | 00:41:29 |         | 02:42:44.20 | 02:42:59.70 | 7:44   | 7.7  |
| 23   | WEGNER PATRYCJA            | 550 |                                                | POZNAŃ           | POL  | K30  | 15     | K 23 | 00:41:07 |         | 02:42:48.90 | 02:43:05.15 | 7:45   | 7.7  |
| 24   | WRÓBEL MAŁGORZATA          | 590 | OBORYGENI                                      | OBORNIKI ŚLĄSKIE | POL  | K30  | 16     | K 24 | 00:42:26 |         | 02:46:08.15 | 02:46:16.45 | 7:54   | 7.6  |
| 25   | MADEJ ANNA                 | 466 | VEGE RUNNERS                                   | KATOWICE         | POL  | K40  | 6      | K 25 | 00:44:08 |         | 02:46:47.80 | 02:47:01.80 | 7:56   | 7.6  |
| 26   | KASPERSKA SYLWIA           | 597 | KB ZDYSSZAAANI CHOCIANÓW                       | CHOCIANÓW        | POL  | K40  | 7      | K 26 | 00:40:36 |         | 02:47:13.45 | 02:47:17.75 | 7:57   | 7.5  |
| 27   | ORTYL EWELINA              | 326 |                                                | LISOWICE         | POL  | K40  | 8      | K 27 | 00:41:11 |         | 02:47:56.10 | 02:47:56.10 | 7:59   | 7.5  |

**DWUDZIESTKA, OPEN Kobiety c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                                 | M-scowość         | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|--------------------------------------|-------------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 28   | NIMSZ KAMILA                   | 341 |                                      | JELCZ-LASKOWICE   | POL  | K40  | 9      | K 28 | 00:46:33 |         | 02:52:07.80 | 02:52:26.60 | 8:11   | 7.3  |
| 29   | GRABOWA PAULINA                | 311 | ULTRA DIABŁY TEAM LUBRZA             | ŚWIEBODZIN        | POL  | K20  | 2      | K 29 | 00:44:13 |         | 02:52:32.15 | 02:52:41.65 | 8:12   | 7.3  |
| 30   | BŁĘDKOWSKA KATARZYNA           | 687 | AGROAS TEAM                          | OPOLE             | POL  | K30  | 17     | K 30 | 00:45:44 |         | 02:56:06.05 | 02:56:06.05 | 8:23   | 7.2  |
| 31   | ZABORSKA KONKOLEWSKA AGNIESZKA | 604 | BROWAR FORTUNA                       | NIEZDROWICE       | POL  | K40  | 10     | K 31 | 00:44:19 |         | 02:55:55.95 | 02:56:07.50 | 8:22   | 7.2  |
| 32   | JARZĄBEK MAGDALENA             | 627 |                                      | WROCŁAW           | POL  | K30  | 18     | K 32 | 00:46:14 |         | 02:56:37.85 | 02:57:22.35 | 8:24   | 7.1  |
| 33   | JACKOWIAK AGNIESZKA            | 611 |                                      | ŚREM              | POL  | K30  | 19     | K 33 | 00:46:25 |         | 02:58:08.25 | 02:58:13.00 | 8:28   | 7.1  |
| 34   | TRZEPACZ DOROTA                | 417 | KB LUPUS OLEŚNICA                    | OLEŚNICA          | POL  | K40  | 11     | K 34 | 00:44:05 |         | 02:58:26.30 | 02:58:39.00 | 8:29   | 7.1  |
| 35   | DUBAS ANNA                     | 453 | SPRAWDZAMY-NIERUCHOMOSCI.PL          | POZNAŃ            | POL  | K30  | 20     | K 35 | 00:45:08 |         | 02:59:41.20 | 02:59:57.75 | 8:33   | 7    |
| 36   | ROGÓŻ ELŻBIETA                 | 638 |                                      | WARSZAWA          | POL  | K40  | 12     | K 36 | 00:46:18 |         | 03:01:37.60 | 03:01:47.10 | 8:38   | 6.9  |
| 37   | KUŚWIK BEATA                   | 489 | CAŁE ŻYCIE NA REDUKCJI               | WROCŁAW           | POL  | K30  | 21     | K 37 | 00:44:37 |         | 03:02:04.40 | 03:02:10.25 | 8:40   | 6.9  |
| 38   | BRONOWSKA JUSTYNA              | 545 |                                      | BYSTRA            | POL  | K40  | 13     | K 38 | 00:46:25 |         | 03:02:54.90 | 03:03:02.10 | 8:42   | 6.9  |
| 39   | CHOJNICKA MAGDALENA            | 343 |                                      | POZNAŃ            | POL  | K30  | 22     | K 39 | 00:48:50 |         | 03:02:54.25 | 03:03:18.55 | 8:42   | 6.9  |
| 40   | BANDUROWSKA AGNIESZKA          | 616 | KB WIKON NOWA SÓL                    | NOWA SÓL          | POL  | K40  | 14     | K 40 | 00:44:28 |         | 03:03:44.45 | 03:03:50.35 | 8:44   | 6.9  |
| 41   | JAKUBOWSKA EWELINA             | 414 | NOA                                  | WROCŁAW           | POL  | K40  | 15     | K 41 | 00:49:26 |         | 03:03:46.50 | 03:04:20.75 | 8:45   | 6.9  |
| 42   | ERET MARZENA                   | 566 |                                      | GUBIN             | POL  | K40  | 16     | K 42 | 00:46:28 |         | 03:04:16.25 | 03:04:21.85 | 8:46   | 6.8  |
| 43   | PIEKIELNA ANGELIKA             | 635 |                                      | CZASTARY          | POL  | K30  | 23     | K 43 | 00:45:59 |         | 03:05:31.65 | 03:05:47.90 | 8:50   | 6.8  |
| 44   | WASILEWSKA AGATA               | 407 | AKADEMIA MISTRZÓW SPORTU             | OSÓWIEC           | POL  | K40  | 17     | K 44 | 00:46:50 |         | 03:05:32.70 | 03:06:01.40 | 8:50   | 6.8  |
| 45   | SUCHY KATARZYNA                | 393 | POGOŃ BYDŁO                          | WROCŁAW           | POL  | K30  | 24     | K 45 | 00:47:00 |         | 03:08:45.25 | 03:09:04.25 | 8:59   | 6.7  |
| 46   | DZIĘGIELEWSKA DOMINIKA         | 334 |                                      | BOLKÓW            | POL  | K30  | 25     | K 46 | 00:48:43 |         | 03:08:58.95 | 03:09:12.75 | 8:59   | 6.7  |
| 47   | TYLKA GOSIA                    | 403 |                                      | LEGNICA           | POL  | K30  | 26     | K 47 | 00:47:23 |         | 03:09:08.45 | 03:09:25.30 | 9:00   | 6.7  |
| 48   | KACZMAREK DOROTA               | 519 | RADZIKI                              | WROCŁAW           | POL  | K40  | 18     | K 48 | 00:48:23 |         | 03:09:48.20 | 03:10:09.70 | 9:02   | 6.6  |
| 49   | TOMYŚLAK MAGDALENA             | 457 |                                      | POZNAŃ            | POL  | K30  | 27     | K 49 | 00:46:03 |         | 03:10:50.75 | 03:11:08.20 | 9:05   | 6.6  |
| 50   | BESZTOCHA JADWIGA              | 548 | ZEN RUNNING TEAM                     | ŁĘDZINY           | POL  | K30  | 28     | K 50 | 00:46:35 |         | 03:11:55.05 | 03:12:01.70 | 9:08   | 6.6  |
| 51   | PTAK DOROTA                    | 582 | PIĄTKOWO NA BIEGOWO                  | POZNAŃ            | POL  | K50  | 3      | K 51 | 00:50:31 |         | 03:13:55.40 | 03:14:16.60 | 9:14   | 6.5  |
| 52   | MARCINIAK ANNA                 | 617 |                                      | LEGNICA           | POL  | K40  | 19     | K 52 | 00:50:46 |         | 03:14:10.60 | 03:14:25.90 | 9:14   | 6.5  |
| 53   | ZIENKIEWICZ JUSTYNA            | 669 |                                      | PIASECZNO         | POL  | K40  | 20     | K 53 | 00:57:33 |         | 03:14:50.35 | 03:15:26.60 | 9:16   | 6.5  |
| 54   | ZIENKIEWICZ AGATA              | 507 | PIASECZNO RUNNING                    | PIASECZNO         | POL  | K40  | 21     | K 54 | 00:57:34 |         | 03:14:51.30 | 03:15:26.70 | 9:16   | 6.5  |
| 55   | MAZUR KATARZYNA                | 683 | UMLAUT                               | KROSNO ODRZAŃSKIE | POL  | K40  | 22     | K 55 | 00:50:37 |         | 03:16:57.35 | 03:17:05.75 | 9:22   | 6.4  |
| 56   | KOZICZAK KATARZYNA             | 347 |                                      | WROCŁAW           | POL  | K30  | 29     | K 56 | 00:49:39 |         | 03:16:56.85 | 03:17:11.25 | 9:22   | 6.4  |
| 57   | DOBROCHOWSKA ILONA             | 476 | STRZEGOMSKA DWUNASTKA                | STRZEGOM          | POL  | K40  | 23     | K 57 | 00:50:27 |         | 03:16:53.00 | 03:17:16.65 | 9:22   | 6.4  |
| 58   | DURA ZOFIA                     | 463 |                                      | POZNAŃ            | POL  | K20  | 3      | K 58 | 00:50:45 |         | 03:17:51.15 | 03:18:04.35 | 9:25   | 6.4  |
| 59   | KĘDZIORA ALICJA                | 626 |                                      | BOGDANIEC         | POL  | K30  | 30     | K 59 | 00:51:06 |         | 03:19:08.80 | 03:19:14.85 | 9:28   | 6.3  |
| 60   | ŚMIECHOWSKA MAŁGORZATA         | 629 | ŚDS RECZ                             | RECZ              | POL  | K40  | 24     | K 60 | 00:49:45 |         | 03:19:42.05 | 03:19:47.05 | 9:30   | 6.3  |
| 61   | MISIAK DOROTA                  | 421 |                                      | OSIECZNICA        | POL  | K30  | 31     | K 61 | 00:52:19 |         | 03:20:47.75 | 03:21:19.10 | 9:33   | 6.3  |
| 62   | GRABOWSKA ZUZANNA              | 523 | IZBICKO W BIEGU                      | KROŚNICA          | POL  | K20  | 4      | K 62 | 00:59:25 |         | 03:21:45.45 | 03:22:25.75 | 9:36   | 6.2  |
| 63   | SYNOWIEC-JUDA AGATA            | 373 |                                      | JELEŃ GÓRA        | POL  | K40  | 25     | K 63 | 00:52:47 |         | 03:22:15.45 | 03:22:36.15 | 9:37   | 6.2  |
| 64   | KOŃ ALEKSANDRA                 | 345 | EKIPA LIPA                           | LIPA              | POL  | K40  | 26     | K 64 | 00:51:08 |         | 03:23:50.15 | 03:24:04.70 | 9:42   | 6.2  |
| 65   | WANAT KASIA                    | 354 | VERGE                                | JELEŃ GÓRA        | POL  | K30  | 32     | K 65 | 00:52:44 |         | 03:26:10.75 | 03:26:57.85 | 9:49   | 6.1  |
| 66   | JAWORSKA MAGDALENA             | 570 | GB WIELKOPOLSCY BIEGACZE/TEAM KGB    | POZNAŃ            | POL  | K40  | 27     | K 66 | 00:53:37 |         | 03:26:34.60 | 03:27:17.90 | 9:50   | 6.1  |
| 67   | SZERSZEŃ AGATA                 | 628 | DTR BIEGA / MARIO TEAM               | WYSOKI KOŚCIÓŁ    | POL  | K30  | 33     | K 67 | 00:57:10 |         | 03:26:50.80 | 03:27:39.45 | 9:50   | 6.1  |
| 68   | FANAŁO KASIA                   | 362 | ZGZB                                 | ZIELONA GÓRA      | POL  | K30  | 34     | K 68 | 00:52:35 |         | 03:28:48.95 | 03:29:02.10 | 9:56   | 6    |
| 69   | PISZ EWELINA                   | 420 | POBIEROWO BIEGA                      | POBIEROWO         | POL  | K40  | 28     | K 69 | 00:58:15 |         | 03:30:28.05 | 03:31:00.40 | 10:01  | 6    |
| 70   | OLEŚ EWA                       | 443 |                                      | JEŻÓW SUDECKI     | POL  | K30  | 35     | K 70 | 00:54:45 |         | 03:31:51.65 | 03:32:34.25 | 10:05  | 5.9  |
| 71   | BURMAN BEATA                   | 314 | AKTYWNI RAZEM                        | MUROWANA GOŚLINA  | POL  | K40  | 29     | K 71 | 00:51:08 |         | 03:32:26.50 | 03:32:56.50 | 10:06  | 5.9  |
| 72   | PRZYBYSZEWSKA LIDIA            | 390 | ULTRA DIABŁY TEAM LUBRZA             | ŚWIEBODZIN        | POL  | K40  | 30     | K 72 | 00:54:11 |         | 03:33:14.00 | 03:33:24.45 | 10:09  | 5.9  |
| 73   | KOZŁOWSKA ALICJA               | 572 |                                      | LESZNO            | POL  | K50  | 4      | K 73 | 00:53:04 |         | 03:34:26.05 | 03:34:54.60 | 10:12  | 5.9  |
| 74   | WINNICKA EDYTA                 | 388 | ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI | WARSZAWA          | POL  | K30  | 36     | K 74 | 00:54:17 |         | 03:34:42.90 | 03:35:11.10 | 10:13  | 5.9  |
| 75   | JANKOWSKA MARZENA              | 449 | FU FU FU TEAM                        | GŁOGÓW            | POL  | K40  | 31     | K 75 | 00:55:58 |         | 03:36:42.75 | 03:36:52.45 | 10:19  | 5.8  |
| 76   | MALINOWSKA ZYTA                | 309 | ULTRA DIABŁY LUBRZA                  | ŚWIEBODZIN        | POL  | K40  | 32     | K 76 | 00:53:28 |         | 03:37:03.60 | 03:37:15.00 | 10:20  | 5.8  |
| 77   | PYZIO MAGDALENA                | 454 | SPRAWDZAMY NIERUCHOMOŚCI             | KOMORNIKI         | POL  | K30  | 37     | K 77 | 00:52:15 |         | 03:37:00.50 | 03:37:18.10 | 10:20  | 5.8  |
| 78   | MICHALIK IWONA                 | 592 |                                      | TRZEBNICA         | POL  | K30  | 38     | K 78 | 00:55:49 |         | 03:37:32.20 | 03:37:49.35 | 10:21  | 5.8  |
| 79   | ŻAK DOMINIKA                   | 366 | FARTY PUSZCZY                        | SZCZECIN          | POL  | K30  | 39     | K 79 | 00:56:22 |         | 03:37:50.35 | 03:38:24.45 | 10:22  | 5.8  |
| 80   | FRĄCKOWIAK ELŻBIETA            | 539 |                                      | ŚREM              | POL  | K40  | 33     | K 80 | 00:55:30 |         | 03:38:35.55 | 03:38:43.65 | 10:24  | 5.8  |
| 81   | HUGETH AGNIESZKA               | 434 | BBL BOLESŁAWIEC                      | BOLESŁAWIEC       | POL  | K40  | 34     | K 81 | 00:59:23 |         | 03:38:50.30 | 03:39:21.60 | 10:25  | 5.8  |
| 82   | MAGDA IWONA                    | 496 | EKIPA ZAJĄCA                         | BOLESŁAWIEC       | POL  | K40  | 35     | K 82 | 00:59:22 |         | 03:38:50.50 | 03:39:21.85 | 10:25  | 5.8  |



**DWUDZIESTKA, OPEN Kobiety c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                             | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|----------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 83   | GZULA BEATA                    | 589 | TEAM PARSZCZYNSKICH              | WARSZAWA             | POL  | K40  | 36     | K 83  | 01:03:11 |         | 03:39:48.55 | 03:40:18.85 | 10:28  | 5.7  |
| 84   | BOGACKA ANETA                  | 479 | ZGZB                             | ZIELONA GÓRA         | POL  | K30  | 40     | K 84  | 00:56:07 |         | 03:40:49.25 | 03:41:30.25 | 10:30  | 5.7  |
| 85   | GRABOWIECKA MARTA              | 485 | ZIELONA GÓRA ZACZNIJ BIEGAĆ      | ZIELONA GÓRA         | POL  | K40  | 37     | K 85  | 00:56:02 |         | 03:40:50.10 | 03:41:30.30 | 10:30  | 5.7  |
| 86   | SZYMANKIEWICZ EDYTA            | 381 | CROSS STRACENCÓW TEAM            | GŁOGÓW               | POL  | K40  | 38     | K 86  | 00:59:42 |         | 03:41:24.80 | 03:41:44.40 | 10:32  | 5.7  |
| 87   | STACHOWIAK MAGDA               | 527 | RUN TEAM RYDZYNA                 | RYDZYNA              | POL  | K30  | 41     | K 87  | 00:54:21 |         | 03:42:35.65 | 03:42:56.60 | 10:35  | 5.7  |
| 88   | MECH MARTA                     | 643 |                                  | LUBIN                | POL  | K40  | 39     | K 88  | 01:01:56 |         | 03:42:23.85 | 03:43:00.90 | 10:35  | 5.7  |
| 89   | FINKOWIAT - SZYMCZAK KATARZYNA | 307 | FARTY PUSZCZY                    | SZCZECIN             | POL  | K30  | 42     | K 89  | 00:56:24 |         | 03:42:55.35 | 03:43:27.80 | 10:36  | 5.7  |
| 90   | ZIEMKOWSKA MONIKA              | 301 |                                  | ŻARÓW                | POL  | K40  | 40     | K 90  | 00:57:46 |         | 03:43:55.75 | 03:44:21.90 | 10:39  | 5.6  |
| 91   | BARTKIEWICZ HALINA             | 430 | KRWIOBIEGANIE, ZGZB              | ZIELONA GÓRA         | POL  | K40  | 41     | K 91  | 00:56:23 |         | 03:43:48.55 | 03:44:29.70 | 10:39  | 5.6  |
| 92   | ZELMANOWICZ - SZŁAPA EWA       | 558 |                                  | IZBICKO              | POL  | K40  | 42     | K 92  | 00:59:22 |         | 03:45:42.15 | 03:46:23.15 | 10:44  | 5.6  |
| 93   | WALIŃSKA AGATA                 | 456 | WWW.SPRAWDZAMY-NIERUCHOMOSC I.PL | KOMORNIKI            | POL  | K30  | 43     | K 93  | 00:55:24 |         | 03:46:37.60 | 03:46:37.60 | 10:47  | 5.6  |
| 94   | GÓRNA ALDONA                   | 547 | ŻÓŁWICE W BIEGU                  | ŚREM                 | POL  | K40  | 43     | K 94  | 01:01:02 |         | 03:48:21.10 | 03:48:28.50 | 10:52  | 5.5  |
| 95   | LANGE HANNA                    | 546 | ŻÓŁWICE W BIEGU                  | ŚREM                 | POL  | K40  | 44     | K 95  | 01:01:02 |         | 03:48:22.45 | 03:48:29.10 | 10:52  | 5.5  |
| 96   | DOJS ALEKSANDRA                | 340 | NIGHT RUNNERS                    | POZNAŃ               | POL  | K40  | 45     | K 96  | 01:02:21 |         | 03:52:21.65 | 03:52:33.75 | 11:03  | 5.4  |
| 97   | OCHNIO EWA                     | 359 | DALEKA DROGA                     | BOLESŁAWIEC          | POL  | K40  | 46     | K 97  | 01:03:06 |         | 03:53:34.90 | 03:54:10.40 | 11:07  | 5.4  |
| 98   | KOLESIŃSKA ANNA                | 685 |                                  | SOPOT                | POL  | K30  | 44     | K 98  | 01:00:50 |         | 03:54:33.25 | 03:54:57.75 | 11:10  | 5.4  |
| 99   | WÓJCIK-RATNICKA NATALIA        | 686 |                                  | GDANSK               | POL  | K30  | 45     | K 99  | 01:00:49 |         | 03:54:39.75 | 03:55:05.00 | 11:10  | 5.4  |
| 100  | KOWALEWSKA IZABELA             | 670 | PIASECZNO RUNNING                | PIASECZNO            | POL  | K40  | 47     | K 100 | 01:00:44 |         | 03:54:31.85 | 03:55:08.90 | 11:10  | 5.4  |
| 101  | SZERSZEŃ MAŁGORZATA            | 446 | PIASECZNO RUNNING                | PIASECZNO            | POL  | K40  | 48     | K 101 | 01:00:44 |         | 03:54:33.90 | 03:55:10.00 | 11:10  | 5.4  |
| 102  | PTAK EWA                       | 241 |                                  | JANOWICE WIELKIE     | POL  | K40  | 49     | K 102 | 01:00:59 |         | 03:56:45.40 | 03:57:23.35 | 11:16  | 5.3  |
| 103  | LENDAPETRYKOWSKA MARZENA       | 633 | SURGICAL NINJA OWL               | SZCZECIN             | POL  | K30  | 46     | K 103 | 01:02:30 |         | 03:58:26.70 | 03:58:54.90 | 11:21  | 5.3  |
| 104  | HORĘŻGA DOROTA                 | 306 |                                  | BRZEG                | POL  | K30  | 47     | K 104 | 01:00:45 |         | 04:00:13.55 | 04:00:21.95 | 11:26  | 5.2  |
| 105  | KATA WIOLETTA                  | 419 |                                  | OSIECZNICA           | POL  | K50  | 5      | K 105 | 01:00:55 |         | 04:03:27.55 | 04:03:58.95 | 11:35  | 5.2  |
| 106  | MYSZYWODA MONIKA               | 410 |                                  | WROCŁAW              | POL  | K30  | 48     | K 106 | 01:02:31 |         | 04:04:27.70 | 04:04:52.20 | 11:38  | 5.2  |
| 107  | WOŚKO GABRIELA                 | 694 | STG WARSZAWA                     | WARSZAWA             | POL  | K30  | 49     | K 107 | 01:04:50 |         | 04:07:16.10 | 04:07:48.85 | 11:46  | 5.1  |
| 108  | PISTL ANNA                     | 305 |                                  | WYSOKA               | POL  | K30  | 50     | K 108 | 01:00:33 |         | 04:10:08.60 | 04:10:31.70 | 11:54  | 5    |
| 109  | SYPKO-KUBICKA KATARZYNA        | 378 | DOBRA FORMA/ KOZŁOWICKI CROSS    | KLUCZBORK            | POL  | K40  | 50     | K 109 | 01:02:56 |         | 04:10:37.45 | 04:11:00.70 | 11:56  | 5    |
| 110  | ZIAJA ALEKSANDRA               | 386 |                                  | WARSZAWA             | POL  | K30  | 51     | K 110 | 01:02:16 |         | 04:10:55.70 | 04:11:25.40 | 11:56  | 5    |
| 111  | DUDEK MARIOLA                  | 404 | STRZEGOMSKA DWUNASTKA            | JAROSŁAW             | POL  | K40  | 51     | K 111 | 01:03:46 |         | 04:15:59.55 | 04:16:23.45 | 12:11  | 4.9  |
| 112  | WIŚNIEWSKA DOROTA              | 464 |                                  | ALEKSANDRÓW KUJAWSKI | POL  | K40  | 52     | K 112 | 01:05:19 |         | 04:18:32.05 | 04:18:46.20 | 12:18  | 4.9  |
| 113  | MATUSZ MAGDALENA               | 356 | POBIEROWO BIEGA                  | POBIEROWO            | POL  | K30  | 52     | K 113 | 01:03:41 |         | 04:20:04.70 | 04:20:36.55 | 12:23  | 4.8  |
| 114  | POŁOMSKA KAMILA                | 348 |                                  | ŁÓDŹ                 | POL  | K30  | 53     | K 114 | 01:03:43 |         | 04:20:27.55 | 04:20:58.15 | 12:24  | 4.8  |
| 115  | GÓRECKA KAROLINA               | 358 | POBIEROWO BIEGA                  | SZCZECIN             | POL  | K30  | 54     | K 115 | 01:03:41 |         | 04:21:32.65 | 04:22:05.30 | 12:27  | 4.8  |
| 116  | ŁADOŃSKA AGATA                 | 415 |                                  | WROCŁAW              | POL  | K30  | 55     | K 116 | 01:02:59 |         | 04:39:08.45 | 04:39:50.55 | 13:17  | 4.5  |
|      | ŻESŁAWSKA WIOLA                | 477 |                                  | BYTOM                | POL  | K40  |        |       | 03:10:06 |         | DNF         | DNF         | -      | -    |

**DWUDZIESTKA, OPEN Mężczyźni**

| M-ce | Nazwisko i imię     | Nr  | Klub                                   | M-scowość        | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|----------------------------------------|------------------|------|------|--------|------|----------|----------|-------------|-------------|--------|------|
| 1    | GORZELANCIK JAKUB   | 426 | MKS SIECHNICE                          | GOLĘCZEWO        | POL  | M30  | 1      | M 1  | 00:25:08 | 00:06:00 | 01:40:38.50 | 01:40:39.35 | 4:30   | 13.3 |
| 2    | LAGNER SEBASTIAN    | 602 | PRZEDWOJEWSKI_TEAM / KBSOBÓTKA         | SOBÓTKA          | POL  | M30  | 2      | M 2  | 00:25:10 |          | 01:40:47.10 | 01:40:47.30 | 4:47   | 12.5 |
| 3    | CZERNAK PAWEŁ       | 243 |                                        | SOSNÓWKA         | POL  | M30  | 3      | M 3  | 00:25:29 |          | 01:46:18.30 | 01:46:19.15 | 5:03   | 11.9 |
| 4    | BONIEC RADOSŁAW     | 472 |                                        | ŻARY             | POL  | M30  | 4      | M 4  | 00:26:07 |          | 01:47:09.75 | 01:47:09.75 | 5:06   | 11.8 |
| 5    | SIERADZKI KRZYSZTOF | 529 | PRZEDWOJEWSKI TEAM                     | WARSZAWA         | POL  | M30  | 5      | M 5  | 00:28:19 |          | 01:54:58.75 | 01:54:59.70 | 5:28   | 11   |
| 6    | KŁOSOWSKI DANIEL    | 568 | BBŻ WAŁBRZYCH                          | WAŁBRZYCH        | POL  | M30  | 6      | M 6  | 00:28:01 |          | 01:55:19.65 | 01:55:19.65 | 5:29   | 10.9 |
| 7    | NIEPAŁA JACEK       | 308 |                                        | OBORNIKI ŚLĄSKIE | POL  | M30  | 7      | M 7  | 00:29:49 |          | 01:55:56.00 | 01:55:56.00 | 5:31   | 10.9 |
| 8    | ŚRODA MICHAŁ        | 467 |                                        | TRZEBNICA        | POL  | M30  | 8      | M 8  | 00:30:43 |          | 01:57:29.95 | 01:57:32.40 | 5:35   | 10.7 |
| 9    | WASZEK SŁAWOMIR     | 541 | WASZKÓWKA® - POLISH HANDCRAFTED SPIRIT | WROCŁAW          | POL  | M40  | 1      | M 9  | 00:29:27 |          | 01:57:48.90 | 01:57:48.90 | 5:36   | 10.7 |
| 10   | KORPAŁSKI TOMASZ    | 672 |                                        | GDĄŃSK           | POL  | M40  | 2      | M 10 | 00:29:17 |          | 01:57:49.30 | 01:57:50.40 | 5:36   | 10.7 |
| 11   | GRABOWY PAWEŁ       | 302 | ULTRA DIABŁY LUBRZA                    | ŚWIEBODZIN       | POL  | M20  | 1      | M 11 | 00:29:18 |          | 02:00:09.95 | 02:00:10.30 | 5:43   | 10.5 |
| 12   | TOMASIAK ADAM       | 673 | KB HARCOWNIK                           | JELCZ-LASKOWICE  | POL  | M20  | 2      | M 12 | 00:29:36 |          | 02:00:22.35 | 02:00:22.35 | 5:43   | 10.5 |
| 13   | WETHACZ DARIUSZ     | 552 | ON RUNNING POLSKA/#GANG ULTRABIES      | CISNA            | POL  | M30  | 9      | M 13 | 00:29:22 |          | 02:00:32.90 | 02:00:33.85 | 5:44   | 10.5 |

**DWUDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                        | M-scowość           | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|-----------------------------|---------------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 14   | DEMBSKI PAWEŁ          | 363 | RATE MY TRAIL PRO           | SKÓRZEWO            | POL  | M40  | 3      | M 14 | 00:29:10 |         | 02:01:07.10 | 02:01:07.90 | 5:46   | 10.4 |
| 15   | KOZAK ROBERT           | 553 |                             | WAŁBRZYCH           | POL  | M40  | 4      | M 15 | 00:29:52 |         | 02:01:27.90 | 02:01:28.55 | 5:47   | 10.4 |
| 16   | TROJANOWSKI ARTUR      | 398 | CARBON SILESIA SPORT        | BOBROWNIKI          | POL  | M30  | 10     | M 16 | 00:29:28 |         | 02:02:26.00 | 02:02:30.15 | 5:49   | 10.3 |
| 17   | SAJDUDA ADAM           | 413 |                             | WROCŁAW             | POL  | M20  | 3      | M 17 | 00:31:17 |         | 02:04:09.00 | 02:04:10.90 | 5:54   | 10.1 |
| 18   | STYPEREK JAKUB         | 561 | VEGE RUNNERS                | PSARSKIE            | POL  | M40  | 5      | M 18 | 00:31:20 |         | 02:04:23.40 | 02:04:25.10 | 5:55   | 10.1 |
| 19   | NOWORYTA RADOSŁAW      | 319 | ULTRA DIABŁY TEAM LUBRZA    | LUBRZA              | POL  | M40  | 6      | M 19 | 00:30:04 |         | 02:04:42.85 | 02:04:44.40 | 5:56   | 10.1 |
| 20   | BIENIAS ŁUKASZ         | 392 | BIELAWSKA AKADEMIA BIEGANIA | DZIERŻONIÓW         | POL  | M30  | 11     | M 20 | 00:31:36 |         | 02:06:21.40 | 02:06:26.20 | 6:01   | 10   |
| 21   | ŻMIJEWSKI TOMASZ       | 511 |                             | WROCŁAW             | POL  | M30  | 12     | M 21 | 00:33:06 |         | 02:08:40.15 | 02:08:41.70 | 6:07   | 9.8  |
| 22   | RĄCZKOWSKI DANIEL      | 514 | KB ZDYSZAAANI CHOCIANÓW     | CHOCIANÓW           | POL  | M30  | 13     | M 22 | 00:32:35 |         | 02:09:07.55 | 02:09:08.80 | 6:08   | 9.8  |
| 23   | SZRAMOWIAT MAREK       | 483 | BRITA                       | LWÓWEK ŚLĄSKI       | POL  | M40  | 7      | M 23 | 00:32:29 |         | 02:10:11.70 | 02:10:13.70 | 6:11   | 9.7  |
| 24   | RUBIKOWSKI JACEK       | 613 |                             | ŻYRARDÓW            | POL  | M30  | 14     | M 24 | 00:33:08 |         | 02:10:17.90 | 02:10:18.10 | 6:12   | 9.7  |
| 25   | EICHNER TOMAS          | 639 |                             | ŚWIERZAWA           | CZE  | M50  | 1      | M 25 | 00:34:06 |         | 02:11:07.80 | 02:11:16.70 | 6:14   | 9.6  |
| 26   | ADAMIAK JAKUB          | 557 |                             | WROCŁAW             | POL  | M30  | 15     | M 26 | 00:35:31 |         | 02:11:20.75 | 02:11:27.95 | 6:15   | 9.6  |
| 27   | GAŁOSZ ŁUKASZ          | 329 |                             | OLEŚNICA            | POL  | M30  | 16     | M 27 | 00:31:09 |         | 02:12:01.35 | 02:12:05.85 | 6:17   | 9.5  |
| 28   | GRZEGORZEWSKI WOJCIECH | 424 |                             | ŁOMIANKI            | POL  | M20  | 4      | M 28 | 00:34:29 |         | 02:12:02.75 | 02:12:10.60 | 6:17   | 9.5  |
| 29   | BOROWIAK ADAM          | 681 | _ZCHARTOWANI_               | WROCŁAW             | POL  | M40  | 8      | M 29 | 00:33:58 |         | 02:13:25.80 | 02:13:32.55 | 6:21   | 9.4  |
| 30   | DOMIŃSKI HENRYK        | 380 |                             | BRZEG               | POL  | M30  | 17     | M 30 | 00:32:29 |         | 02:14:19.55 | 02:14:28.50 | 6:23   | 9.4  |
| 31   | KOSZAREK MACIEJ        | 588 |                             | POZNAŃ              | POL  | M50  | 2      | M 31 | 00:33:19 |         | 02:14:29.45 | 02:14:31.90 | 6:24   | 9.4  |
| 32   | RYSZAWY MIKOŁAJ        | 525 |                             | MOKRZESZÓW          | POL  | M20  | 5      | M 32 | 00:33:39 |         | 02:14:12.05 | 02:14:35.75 | 6:23   | 9.4  |
| 33   | ŚNIERZYŃSKI ROBERT     | 505 |                             | SADKÓW              | POL  | M30  | 18     | M 33 | 00:33:21 |         | 02:15:59.10 | 02:16:01.35 | 6:28   | 9.3  |
| 34   | PIECHOWIAK BARTOSZ     | 656 | PRAWOFRANKOWICZA.PL         | WROCŁAW             | POL  | M20  | 6      | M 34 | 00:33:25 |         | 02:17:15.25 | 02:17:22.50 | 6:32   | 9.2  |
| 35   | FIEBIG STEFAN          | 693 | WWW.FIEBIG.PL               | PONIEC              | POL  | M50  | 3      | M 35 | 00:35:22 |         | 02:17:53.45 | 02:18:04.50 | 6:33   | 9.1  |
| 36   | SKOWRON ŁUKASZ         | 559 |                             | BIELAWA             | POL  | M30  | 19     | M 36 | 00:35:09 |         | 02:18:15.30 | 02:18:33.15 | 6:35   | 9.1  |
| 37   | SCHRODER PATRYK        | 538 | WSK                         | ZIELONA GÓRA        | POL  | M40  | 9      | M 37 | 00:35:30 |         | 02:18:44.60 | 02:18:51.80 | 6:36   | 9.1  |
| 38   | MANSFELD JAROSŁAW      | 599 | AGROMEN.PL                  | BOJANOWO            | POL  | M40  | 10     | M 38 | 00:35:07 |         | 02:19:14.90 | 02:19:25.20 | 6:37   | 9    |
| 39   | GRACZ PAWEŁ            | 338 | ULTRA DIABŁY TEAM LUBRZA    | ZBĄSZYNEK           | POL  | M30  | 20     | M 39 | 00:33:43 |         | 02:19:28.45 | 02:19:31.30 | 6:38   | 9    |
| 40   | MORAWSKI FILIP         | 518 | KRAKOWIAK ULTRA TEAM        | PUSZCZYKOWO         | POL  | M40  | 11     | M 40 | 00:36:24 |         | 02:19:33.90 | 02:19:39.25 | 6:38   | 9    |
| 41   | IWASZCZYSZYN TOMASZ    | 657 | RMT TEAM & PRZYJACIELE      | WROCŁAW             | POL  | M30  | 21     | M 41 | 00:35:55 |         | 02:19:56.60 | 02:20:00.30 | 6:39   | 9    |
| 42   | POSADOWSKI SZYMON      | 654 |                             | WILKÓW              | POL  | M30  | 22     | M 42 | 00:35:47 |         | 02:21:30.55 | 02:21:34.55 | 6:44   | 8.9  |
| 43   | NOWIK KAMIL            | 382 | ULTRA DIABŁY TEAM LUBRZA    | ŚWIEBODZIN          | POL  | M40  | 12     | M 43 | 00:35:07 |         | 02:21:44.20 | 02:21:44.20 | 6:44   | 8.9  |
| 44   | SZARAPANOWSKI DAMIAN   | 333 | ULTRA DIABŁY TEAM LUBRZA    | NOWA WIOSKA         | POL  | M40  | 13     | M 44 | 00:35:38 |         | 02:21:40.90 | 02:21:44.40 | 6:44   | 8.9  |
| 45   | FEDER MARCIN           | 665 |                             | WARSZAWA            | POL  | M40  | 14     | M 45 | 00:34:15 |         | 02:21:52.55 | 02:21:55.70 | 6:45   | 8.9  |
| 46   | NAGLAK ŁUKASZ          | 346 | KOŹMIN BIEGA ULTRA RUNNERS  | KOŹMIN WIELKOPOLSKI | POL  | M40  | 15     | M 46 | 00:36:01 |         | 02:22:44.10 | 02:22:47.50 | 6:47   | 8.8  |
| 47   | LANGE SZYMON           | 490 | SZYMONIX                    | ŚREM                | POL  | M40  | 16     | M 47 | 00:35:43 |         | 02:23:01.15 | 02:23:07.60 | 6:48   | 8.8  |
| 48   | KAŁUŻNY WOJCIECH       | 667 | BIEGOWA ŚWIDNICA            | ŚWIDNICA            | POL  | M40  | 17     | M 48 | 00:35:32 |         | 02:23:12.40 | 02:23:16.00 | 6:49   | 8.8  |
| 49   | GAWCZYŃSKI JAKUB       | 598 |                             | POZNAŃ              | POL  | M30  | 23     | M 49 | 00:35:26 |         | 02:23:37.60 | 02:23:42.55 | 6:50   | 8.8  |
| 50   | SUCHY ROLAND           | 391 | POGOŃ BYDŁO                 | KRAPKOWICE          | POL  | M30  | 24     | M 50 | 00:37:28 |         | 02:23:25.60 | 02:23:44.90 | 6:49   | 8.8  |
| 51   | ŁUKACKI DANIEL         | 513 |                             | DOMASZCZYN          | POL  | M40  | 18     | M 51 | 00:36:24 |         | 02:24:10.45 | 02:24:18.50 | 6:51   | 8.7  |
| 52   | KOŹBIELSKI SZYMON      | 587 |                             | WROCŁAW             | POL  | M30  | 25     | M 52 | 00:35:27 |         | 02:25:17.60 | 02:25:26.80 | 6:55   | 8.7  |
| 53   | GRAMALA MATEUSZ        | 315 |                             | KRAPKOWICE          | POL  | M20  | 7      | M 53 | 00:37:31 |         | 02:25:23.70 | 02:25:41.05 | 6:55   | 8.7  |
| 54   | LAMEK ANDRZEJ          | 697 | AKTYWNY OSTRZESZÓW          | OSTRZESZÓW          | POL  | M50  | 4      | M 54 | 00:35:55 |         | 02:25:43.30 | 02:25:55.55 | 6:56   | 8.6  |
| 55   | NIŻEWSKI PAWEŁ         | 637 | KRAKOWIAK ULTRA TEAM        | CZAPURY             | POL  | M40  | 19     | M 55 | 00:37:54 |         | 02:25:53.70 | 02:25:59.30 | 6:56   | 8.6  |
| 56   | BALCERZAK TOMASZ       | 438 |                             | KONARZEWO           | POL  | M40  | 20     | M 56 | 00:39:39 |         | 02:25:56.40 | 02:26:05.50 | 6:56   | 8.6  |
| 57   | MĘŻYKOWSKI MICHAŁ      | 615 |                             | WARSZAWA            | POL  | M40  | 21     | M 57 | 00:34:39 |         | 02:26:59.35 | 02:27:07.70 | 6:59   | 8.6  |
| 58   | GAŁASZEWSKI KAMIL      | 470 | 87072213150                 | SZCZECIN            | POL  | M30  | 26     | M 58 | 00:35:37 |         | 02:27:07.50 | 02:27:14.60 | 7:00   | 8.6  |
| 59   | RÓG KRZYSZTOF          | 497 | KB ZDYSZAAANI CHOCIANÓW     | CHOCIANÓW           | POL  | M50  | 5      | M 59 | 00:37:33 |         | 02:27:16.60 | 02:27:24.65 | 7:00   | 8.6  |
| 60   | ŚWIERK SEWERYN         | 242 |                             | JANOWICE WIELKIE    | POL  | M40  | 22     | M 60 | 00:35:48 |         | 02:27:38.50 | 02:27:45.30 | 7:01   | 8.5  |
| 61   | WALIGÓRA MATEUSZ       | 342 |                             | WROCŁAW             | POL  | M30  | 27     | M 61 | 00:35:32 |         | 02:27:52.25 | 02:28:02.70 | 7:02   | 8.5  |
| 62   | ZAŁUCKI MACIEJ         | 646 |                             | GŁOGOWO             | POL  | M50  | 6      | M 62 | 00:39:01 |         | 02:27:30.65 | 02:28:27.90 | 7:01   | 8.5  |
| 63   | PLAZA RADOSŁAW         | 495 | ULTRASEKUNDS                | WARSZAWA            | POL  | M40  | 23     | M 63 | 00:35:41 |         | 02:28:54.05 | 02:29:00.70 | 7:05   | 8.5  |
| 64   | NASKRĘT PIOTR          | 462 | KOWARY BIEGAJĄ              | KOWARY              | POL  | M40  | 24     | M 64 | 00:36:21 |         | 02:29:13.85 | 02:29:18.35 | 7:06   | 8.4  |
| 65   | ZAGROBELNY MICHAŁ      | 621 | KOWARY BIEGAJĄ              | KOWARY              | POL  | M30  | 28     | M 65 | 00:36:22 |         | 02:29:14.25 | 02:29:18.55 | 7:06   | 8.4  |
| 66   | GOLA HENRYK            | 655 |                             | SZKLARSKA PORĘBA    | POL  | M50  | 7      | M 66 | 00:35:56 |         | 02:29:54.60 | 02:29:56.35 | 7:08   | 8.4  |
| 67   | POZNIAK ROBERT         | 503 |                             | DOBRZEŃ WIELKI      | POL  | M50  | 8      | M 67 | 00:41:16 |         | 02:30:45.25 | 02:31:03.85 | 7:10   | 8.4  |
| 68   | UPTAS TOMASZ           | 389 | CROSS STRACEŃCÓW TEAM       | GŁOGÓW              | POL  | M40  | 25     | M 68 | 00:37:22 |         | 02:31:01.80 | 02:31:14.40 | 7:11   | 8.3  |
| 69   | KMIECIK MARCIN         | 698 | 2REP                        | JĄSTRZĘBIE-ZDRÓJ    | POL  | M30  | 29     | M 69 | 00:36:27 |         | 02:31:11.95 | 02:31:19.45 | 7:11   | 8.3  |
| 70   | WEGNER ADRIAN          | 439 |                             | POZNAŃ              | POL  | M30  | 30     | M 70 | 00:42:46 |         | 02:31:55.65 | 02:32:17.25 | 7:14   | 8.3  |

**DWUDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                     | M-scowość             | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|--------------------------|-----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 71   | KOZAKIEWICZ TOMEK       | 488 | CAŁE ŻYCIE NA REDUKCJI   | WROCŁAW               | POL  | M30  | 31     | M 71  | 00:37:52 |         | 02:32:45.70 | 02:32:51.35 | 7:16   | 8.2  |
| 72   | FABISIAK GRZEGORZ       | 504 | RONIN CZERWIENSK         | CZERWIENSK            | POL  | M40  | 26     | M 72  | 00:38:22 |         | 02:32:52.05 | 02:32:55.05 | 7:16   | 8.2  |
| 73   | BRODA DOMINIK           | 458 |                          | WROCŁAW               | POL  | M30  | 32     | M 73  | 00:36:16 |         | 02:32:59.20 | 02:33:02.65 | 7:17   | 8.2  |
| 74   | RAJKOWSKI PRZEMYSŁAW    | 374 | FUDU&CO SPORT TEAM       | PIOTRKÓW TRYBUNAKLSKI | POL  | M50  | 9      | M 74  | 00:36:39 |         | 02:33:02.50 | 02:33:06.65 | 7:17   | 8.2  |
| 75   | CIĘPLY KAMIL            | 692 | GARMIN WROCŁAW           | WROCŁAW               | POL  | M30  | 33     | M 75  | 00:39:08 |         | 02:32:45.80 | 02:33:10.30 | 7:16   | 8.2  |
| 76   | KACZOR MARCIN           | 658 | ADJ                      | ŚWIĘCIECHOWA          | POL  | M40  | 27     | M 76  | 00:39:10 |         | 02:33:25.30 | 02:33:36.05 | 7:18   | 8.2  |
| 77   | JARZEMBOWSKI TOMASZ     | 327 |                          | PLEWISKA              | POL  | M40  | 28     | M 77  | 00:45:05 |         | 02:33:06.45 | 02:33:44.55 | 7:17   | 8.2  |
| 78   | HARDEL MAREK            | 649 | JELENIA GÓRA             | JELENIA GÓRA          | POL  | M30  | 34     | M 78  | 00:38:00 |         | 02:34:27.90 | 02:34:30.75 | 7:21   | 8.2  |
| 79   | ANKIEWICZ STEFAN        | 585 |                          | WARSZAWA              | POL  | M40  | 29     | M 79  | 00:38:12 |         | 02:34:20.35 | 02:34:32.75 | 7:20   | 8.2  |
| 80   | MARIANOWSKI KRZYSZTOF   | 663 | KWIDZYN BIEGA            | KWIDZYN               | POL  | M40  | 30     | M 80  | 00:41:03 |         | 02:34:48.85 | 02:34:58.15 | 7:22   | 8.1  |
| 81   | ROZDOLSKI JAROSŁAW      | 594 | ARTEL                    | WROCŁAW               | POL  | M30  | 35     | M 81  | 00:39:09 |         | 02:34:49.30 | 02:35:06.50 | 7:22   | 8.1  |
| 82   | WRÓBLEWSKI RADOŚLAW     | 506 | VELUX                    | GNIEZNO               | POL  | M40  | 31     | M 82  | 00:40:58 |         | 02:35:04.35 | 02:35:10.50 | 7:23   | 8.1  |
| 83   | KWIATKOWSKI PRZEMYSŁAW  | 478 |                          | PISARZOWICE           | POL  | M30  | 36     | M 83  | 00:37:20 |         | 02:35:10.20 | 02:35:16.70 | 7:23   | 8.1  |
| 84   | DYSARZ PRZEMYSŁAW       | 660 |                          | POZNAŃ                | POL  | M40  | 32     | M 84  | 00:43:05 |         | 02:35:26.10 | 02:35:47.40 | 7:24   | 8.1  |
| 85   | BIELAWSKI PAWEŁ         | 608 |                          | LEGNICA               | POL  | M30  | 37     | M 85  | 00:37:01 |         | 02:36:05.00 | 02:36:07.80 | 7:25   | 8.1  |
| 86   | ZIMNY TOMASZ            | 422 | FARTY PUSZCZY            | SZCZECIN              | POL  | M60  | 1      | M 86  | 00:40:14 |         | 02:36:48.40 | 02:37:05.55 | 7:28   | 8    |
| 87   | MEDYNSKI SŁAWEK         | 581 |                          | LUBAŃ                 | POL  | M50  | 10     | M 87  | 00:40:31 |         | 02:37:03.60 | 02:37:34.40 | 7:28   | 8    |
| 88   | PIASKOWSKI ARTUR        | 332 |                          | JAWOR                 | POL  | M40  | 33     | M 88  | 00:38:59 |         | 02:37:38.15 | 02:37:52.55 | 7:30   | 8    |
| 89   | KOZIOŁ KRZYSZTOF        | 666 |                          | WARSZAWA              | POL  | M30  | 38     | M 89  | 00:39:55 |         | 02:38:21.25 | 02:39:08.70 | 7:32   | 8    |
| 90   | NOWAKOWSKI DAMIAN       | 674 |                          | RUDA ŚLĄSKA           | POL  | M40  | 34     | M 90  | 00:41:02 |         | 02:39:22.10 | 02:39:33.45 | 7:35   | 7.9  |
| 91   | KICIŃSKI GRZEGORZ       | 675 |                          | ŻMIGRÓD               | POL  | M40  | 35     | M 91  | 00:40:00 |         | 02:39:08.40 | 02:39:38.20 | 7:34   | 7.9  |
| 92   | OLEJNIK EGIDIUSZ        | 618 |                          | JELENIA GÓRA          | POL  | M30  | 39     | M 92  | 00:40:36 |         | 02:39:51.65 | 02:40:04.80 | 7:36   | 7.9  |
| 93   | JUREK PRZEMYSŁAW        | 614 | KS STASZEWSKY            | WARSZAWA              | POL  | M40  | 36     | M 93  | 00:40:29 |         | 02:40:02.30 | 02:40:11.20 | 7:37   | 7.9  |
| 94   | KURZYNIC ŁUKASZ         | 331 |                          | WROCŁAW               | POL  | M30  | 40     | M 94  | 00:40:11 |         | 02:40:40.25 | 02:40:42.85 | 7:39   | 7.8  |
| 95   | SZKÓDLIŃSKI BARTOSZ     | 442 | ODDYCHAJSWOBODNIE.PL     | POZNAŃ                | POL  | M40  | 37     | M 95  | 00:41:41 |         | 02:40:19.55 | 02:40:46.65 | 7:38   | 7.9  |
| 96   | PISARCZYK GRZEGORZ      | 455 |                          | POZNAŃ                | POL  | M30  | 41     | M 96  | 00:42:47 |         | 02:41:02.90 | 02:41:24.20 | 7:40   | 7.8  |
| 97   | CIEKAŃSKI MICHAŁ        | 690 |                          | LESZNO                | POL  | M40  | 38     | M 97  | 00:41:15 |         | 02:41:19.15 | 02:41:29.35 | 7:40   | 7.8  |
| 98   | WIECHETEK ARTUR         | 696 | STG WARSZAWA             | WARSZAWA              | POL  | M40  | 39     | M 98  | 00:42:35 |         | 02:41:01.15 | 02:41:40.95 | 7:40   | 7.8  |
| 99   | KLIŃSKI WOJCIECH        | 367 | TRAFICA                  | ŚWIEBODZIN            | POL  | M40  | 40     | M 99  | 00:39:38 |         | 02:41:40.65 | 02:41:50.45 | 7:41   | 7.8  |
| 100  | STEFAŃSKI TOMASZ        | 586 |                          | WROCŁAW               | POL  | M40  | 41     | M 100 | 00:42:49 |         | 02:41:36.75 | 02:42:04.15 | 7:41   | 7.8  |
| 101  | KACPRZAK MICHAŁ         | 493 | MICHAŁ KACPRZAK          | WROCŁAW               | POL  | M30  | 42     | M 101 | 00:38:41 |         | 02:42:03.60 | 02:42:19.60 | 7:43   | 7.8  |
| 102  | SZKUDŁO OSKAR           | 396 | BEZ BALASTU ACTIVE TEAM  | RADWANICE             | POL  | M40  | 42     | M 102 | 00:40:51 |         | 02:43:01.35 | 02:43:03.70 | 7:45   | 7.7  |
| 103  | REJMAN GRZEGORZ         | 482 | SLALOMONAMBASSADORPOLAND | WAŁBRZYCH             | POL  | M30  | 43     | M 103 | 00:40:33 |         | 02:43:16.95 | 02:43:19.15 | 7:46   | 7.7  |
| 104  | KIDAWA PIOTR            | 679 |                          | WROCŁAW               | POL  | M30  | 44     | M 104 | 00:42:33 |         | 02:43:55.75 | 02:44:08.00 | 7:48   | 7.7  |
| 105  | KOLAWA PIOTR            | 471 | TRENUJZAMI.PL            | KOBIERZYCE            | POL  | M40  | 43     | M 105 | 00:44:52 |         | 02:44:40.00 | 02:44:40.00 | 7:50   | 7.7  |
| 106  | ALGIERSKI PAWEŁ         | 437 |                          | ŚWIEBODZIN            | POL  | M30  | 45     | M 106 | 00:39:49 |         | 02:44:46.05 | 02:44:53.70 | 7:50   | 7.6  |
| 107  | SKOCZEK SEBASTIAN       | 640 |                          | GRUSZCZYN             | POL  | M40  | 44     | M 107 | 00:39:41 |         | 02:44:42.90 | 02:44:56.70 | 7:50   | 7.7  |
| 108  | STEFANOWSKI MARCIN      | 317 | ****.***                 | ŻARÓW                 | POL  | M50  | 11     | M 108 | 00:43:20 |         | 02:44:42.80 | 02:45:08.85 | 7:50   | 7.7  |
| 109  | TOMASZEWSKI DAWID       | 429 | WLKP MOUNTAINS ULTRA     | KOMORNIKI             | POL  | M40  | 45     | M 109 | 00:44:25 |         | 02:44:56.05 | 02:45:42.15 | 7:51   | 7.6  |
| 110  | OSICA ŁUKASZ            | 431 |                          | ŚWIĘTOCHŁOWICE        | POL  | M30  | 46     | M 110 | 00:44:06 |         | 02:46:40.15 | 02:46:54.85 | 7:56   | 7.6  |
| 111  | OLEJNICZAK MARCIN       | 427 | ZAPINDALAMY W GÓRY       | POZNAŃ                | POL  | M30  | 47     | M 111 | 00:41:46 |         | 02:46:55.90 | 02:47:14.30 | 7:56   | 7.5  |
| 112  | WIERTEL ŁUKASZ          | 509 |                          | KAMINOKI              | POL  | M30  | 48     | M 112 | 00:45:11 |         | 02:46:48.20 | 02:47:33.90 | 7:56   | 7.6  |
| 113  | BUGAJ ALAN              | 653 |                          | CZARNY BÓR            | POL  | M30  | 49     | M 113 | 00:44:46 |         | 02:47:18.45 | 02:47:37.95 | 7:58   | 7.5  |
| 114  | SOBCZAK MIKOŁAJ         | 328 |                          | SKÓRZEWO              | POL  | M40  | 46     | M 114 | 00:46:27 |         | 02:47:03.45 | 02:47:40.60 | 7:57   | 7.5  |
| 115  | KOZŁOWSKI WOJCIECH      | 318 |                          | LISOWICE              | POL  | M50  | 12     | M 115 | 00:41:06 |         | 02:47:50.40 | 02:47:55.80 | 7:59   | 7.5  |
| 116  | KONKOLEWSKI MACIEJ      | 425 | BROWAR FORTUNA           | NIEZDROWICE           | POL  | M40  | 47     | M 116 | 00:44:20 |         | 02:48:16.85 | 02:48:27.70 | 8:00   | 7.5  |
| 117  | POLIMIRSKI ŁUKASZ       | 662 | CZERWONY SMOK WĄGROWIEC  | POKRZYWNICA           | POL  | M50  | 13     | M 117 | 00:40:59 |         | 02:48:40.35 | 02:48:53.10 | 8:01   | 7.5  |
| 118  | GRYGLAK PATRYK          | 376 |                          | ZIELONKA              | POL  | M20  | 8      | M 118 | 00:37:31 |         | 02:48:53.25 | 02:49:13.80 | 8:02   | 7.5  |
| 119  | GRUSZCZYŃSKI PRZEMYSŁAW | 316 |                          | POZNAŃ                | POL  | M40  | 48     | M 119 | 00:46:28 |         | 02:48:51.10 | 02:49:28.45 | 8:02   | 7.5  |
| 120  | CZAJKA BOGUMIŁ          | 584 |                          | ŻARY                  | POL  | M50  | 14     | M 120 | 00:44:22 |         | 02:49:32.35 | 02:49:47.15 | 8:04   | 7.4  |
| 121  | WRÓBLEWSKI WOJCIECH     | 350 |                          | WROCŁAW               | POL  | M30  | 50     | M 121 | 00:39:37 |         | 02:50:05.90 | 02:50:11.30 | 8:05   | 7.4  |
| 122  | OLIŃSKI PAWEŁ           | 351 |                          | POZNAŃ                | POL  | M30  | 51     | M 122 | 00:44:30 |         | 02:50:14.40 | 02:50:28.80 | 8:06   | 7.4  |
| 123  | NYKIEL RAFAŁ            | 401 | ULTRA DIABŁY TEAM LUBRZA | LUBRZA                | POL  | M40  | 49     | M 123 | 00:42:11 |         | 02:50:44.70 | 02:50:54.70 | 8:07   | 7.4  |
| 124  | PĘZYŃSKI PIOTR          | 491 | CHUCK ATTACK             | BYDGOSZCZ             | POL  | M40  | 50     | M 124 | 00:43:17 |         | 02:52:20.05 | 02:52:37.80 | 8:12   | 7.3  |
| 125  | BRUNKE TOMASZ           | 492 | RUN BYDGOSZCZ            | BYDGOSZCZ             | POL  | M50  | 15     | M 125 | 00:43:16 |         | 02:52:18.25 | 02:52:37.85 | 8:12   | 7.3  |
| 126  | KRYSIEWICZ MARCIN       | 569 |                          | WARSZAWA              | POL  | M40  | 51     | M 126 | 00:44:37 |         | 02:52:20.45 | 02:52:43.80 | 8:12   | 7.3  |
| 127  | DASZYŃSKI WOJCIECH      | 622 | MUSLISTUDIO              | DŁUGOLEKA             | POL  | M30  | 52     | M 127 | 00:42:16 |         | 02:53:03.75 | 02:53:03.75 | 8:14   | 7.3  |

**DWUDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                            | M-scowość           | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|---------------------------------|---------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 128  | DYŃSKI JACEK          | 607 |                                 | OPOLE               | POL  | M30  | 53     | M 128 | 00:45:08 |         | 02:52:53.55 | 02:53:13.30 | 8:13   | 7.3  |
| 129  | DZIETCZYK KAMIL       | 473 | AKTYWNE CHOSZCZCZO              | CHOSZCZCZO          | POL  | M30  | 54     | M 129 | 00:44:22 |         | 02:53:14.95 | 02:53:17.95 | 8:14   | 7.3  |
| 130  | FRYDRYCH MATEUSZ      | 418 |                                 | OSIECZNICA          | POL  | M30  | 55     | M 130 | 00:39:05 |         | 02:54:10.70 | 02:54:10.70 | 8:17   | 7.2  |
| 131  | NAJDEK MICHAŁ         | 445 |                                 | SWIEBODZIN          | POL  | M30  | 56     | M 131 | 00:44:57 |         | 02:54:22.45 | 02:54:29.80 | 8:18   | 7.2  |
| 132  | ŚRODA MACIEJ          | 461 | MACIEJ ŚRODA MSD                | WROCŁAW             | POL  | M30  | 57     | M 132 | 00:43:23 |         | 02:54:21.35 | 02:54:40.10 | 8:18   | 7.2  |
| 133  | FUŁAWKA TOMASZ        | 352 | NOCNE WILKI JAWOR               | JAWOR               | POL  | M40  | 52     | M 133 | 00:45:11 |         | 02:54:26.15 | 02:54:46.80 | 8:18   | 7.2  |
| 134  | LITEWKA GRZEGORZ      | 344 | JTC TEAM                        | JAWOR               | POL  | M50  | 16     | M 134 | 00:45:09 |         | 02:55:17.95 | 02:55:40.00 | 8:20   | 7.2  |
| 135  | KACZMAREK MATEUSZ     | 605 |                                 | ŚWIEBODZIN          | POL  | M30  | 58     | M 135 | 00:44:51 |         | 02:56:57.40 | 02:57:09.40 | 8:25   | 7.1  |
| 136  | SUCHY ARON            | 412 | POGOŃ BYDŁO                     | KRAPKOWICE          | POL  | M30  | 59     | M 136 | 00:42:40 |         | 02:56:55.75 | 02:57:15.65 | 8:25   | 7.1  |
| 137  | WIECZOREK PIOTR       | 647 | CZYSTA AMATORKA                 | PRUSZKÓW            | POL  | M40  | 53     | M 137 | 00:42:59 |         | 02:57:19.25 | 02:57:30.60 | 8:26   | 7.1  |
| 138  | SAMEK ALEKSANDER      | 360 |                                 | ŚWIDNICA            | POL  | M40  | 54     | M 138 | 00:44:32 |         | 02:57:29.25 | 02:57:47.15 | 8:27   | 7.1  |
| 139  | SZARADOWSKI PIOTR     | 524 | 140 MINUT                       | ŚWIDNICA            | POL  | M50  | 17     | M 139 | 00:40:21 |         | 02:57:36.00 | 02:57:59.10 | 8:27   | 7.1  |
| 140  | SKOKOWSKI JACEK       | 304 | FARTY SZCZECIN                  | SZCZECIN            | POL  | M50  | 18     | M 140 | 00:45:19 |         | 02:57:46.20 | 02:58:03.35 | 8:27   | 7.1  |
| 141  | JACKOWIAK SZYMON      | 610 | RUNNER'S POWER                  | ŚREM                | POL  | M40  | 55     | M 141 | 00:46:27 |         | 02:58:06.95 | 02:58:12.00 | 8:28   | 7.1  |
| 142  | IGNASZEWSKI KRZYSZTOF | 612 | RUNNER'S POWER                  | ŚREM                | POL  | M40  | 56     | M 142 | 00:46:27 |         | 02:58:09.25 | 02:58:13.55 | 8:29   | 7.1  |
| 143  | JANKOWSKI MAREK       | 441 | TEAM LIPTON                     | POZNAŃ              | POL  | M40  | 57     | M 143 | 00:44:10 |         | 02:58:23.65 | 02:58:44.00 | 8:29   | 7.1  |
| 144  | SZCZĘSNY PAWEŁ        | 436 |                                 | ŚWIEBODZIN          | POL  | M30  | 60     | M 144 | 00:41:54 |         | 02:59:05.15 | 02:59:13.45 | 8:31   | 7    |
| 145  | DUDEK KRZYSZTOF       | 402 | STRZEGOMSKA DWUNASTKA           | UDANIN              | POL  | M40  | 58     | M 145 | 00:45:41 |         | 02:59:06.40 | 02:59:29.05 | 8:31   | 7    |
| 146  | GAŁKOWSKI PAWEŁ       | 469 |                                 | POZNAŃ              | POL  | M40  | 59     | M 146 | 00:41:59 |         | 02:59:10.55 | 02:59:30.15 | 8:31   | 7    |
| 147  | RUDNIK JAROSŁAW       | 368 |                                 | PASEK               | POL  | M40  | 60     | M 147 | 00:45:26 |         | 02:59:17.25 | 02:59:36.25 | 8:32   | 7    |
| 148  | CHRZĄSZCZ DAMIAN      | 349 |                                 | LUBIN               | POL  | M40  | 61     | M 148 | 00:45:29 |         | 02:59:42.05 | 02:59:59.10 | 8:33   | 7    |
| 149  | CHRZĄSZCZ MARIUSZ     | 353 |                                 | LUBIN               | POL  | M40  | 62     | M 149 | 00:45:36 |         | 02:59:47.20 | 03:00:03.45 | 8:33   | 7    |
| 150  | WALA PATRYK           | 555 | ZAŁOGA GÓRSKA / BIEG OPOLSKI    | WROCŁAW             | POL  | M30  | 61     | M 150 | 00:45:46 |         | 03:00:04.90 | 03:00:18.45 | 8:34   | 7    |
| 151  | GRELAK ADAM           | 573 | WOLSZTYN BIEGA                  | KARPICKO            | POL  | M30  | 62     | M 151 | 00:50:05 |         | 02:59:55.60 | 03:00:21.40 | 8:34   | 7    |
| 152  | WALIGÓRSKI ŁUKASZ     | 578 |                                 | WOLSZTYN            | POL  | M30  | 63     | M 152 | 00:50:04 |         | 02:59:56.35 | 03:00:22.10 | 8:34   | 7    |
| 153  | DECHNIK ŁUKASZ        | 512 |                                 | WROCŁAW             | POL  | M40  | 63     | M 153 | 00:46:54 |         | 03:01:00.50 | 03:01:09.30 | 8:37   | 7    |
| 154  | LUBELCZYK GRZEGORZ    | 357 | SPELEOCLUB WROCŁAW              | MIĘKINIA            | POL  | M50  | 19     | M 154 | 00:49:22 |         | 03:01:21.30 | 03:02:01.40 | 8:38   | 6.9  |
| 155  | WAWRZYŃIAK KRYSZTYAN  | 634 | KB ODRA OPOLE                   | OPOLE               | POL  | M20  | 9      | M 155 | 00:46:46 |         | 03:01:41.80 | 03:02:26.55 | 8:39   | 6.9  |
| 156  | BOŻEK GRZEGORZ        | 577 | KB ZDYSZAAANI CHOCIANÓW         | CHOCIANÓW           | POL  | M40  | 64     | M 156 | 00:47:18 |         | 03:02:32.25 | 03:02:51.55 | 8:41   | 6.9  |
| 157  | SWOROWSKI MACIEJ      | 400 | WOLSZTYŃSKI KLUB BIEGOWY        | WOLSZTYN            | POL  | M50  | 20     | M 157 | 00:46:34 |         | 03:02:54.25 | 03:02:58.55 | 8:42   | 6.9  |
| 158  | PLIS JORDAN           | 337 |                                 | JELENIA GÓRA        | POL  | M30  | 64     | M 158 | 00:43:31 |         | 03:02:46.10 | 03:03:00.50 | 8:42   | 6.9  |
| 159  | KĄDZIOŁKA ŁUKASZ      | 480 |                                 | KATOWICE            | POL  | M30  | 65     | M 159 | 00:51:39 |         | 03:03:12.00 | 03:03:38.55 | 8:43   | 6.9  |
| 160  | SOBAŃSKI BARTOSZ      | 423 |                                 | POZNAŃ              | POL  | M30  | 66     | M 160 | 00:51:50 |         | 03:03:06.10 | 03:03:44.85 | 8:43   | 6.9  |
| 161  | JUDKIEWICZ PIOTR      | 459 |                                 | WOLIN               | POL  | M50  | 21     | M 161 | 00:44:22 |         | 03:03:49.90 | 03:04:00.20 | 8:45   | 6.9  |
| 162  | DRAJER SEBASTIAN      | 487 |                                 | OSTRÓW WIELKOPOLSKI | POL  | M40  | 65     | M 162 | 00:44:24 |         | 03:05:05.40 | 03:05:20.85 | 8:48   | 6.8  |
| 163  | DUMIŃSKI TOMASZ       | 544 | PLOTERTOM RUNNER STRZEGOM       | STRZEGOM            | POL  | M40  | 66     | M 163 | 00:44:44 |         | 03:08:35.50 | 03:08:35.50 | 8:58   | 6.7  |
| 164  | ANDRZEJEWICZ PAWEŁ    | 593 |                                 | ŻARY                | POL  | M40  | 67     | M 164 | 00:48:46 |         | 03:09:01.40 | 03:09:12.80 | 9:00   | 6.7  |
| 165  | KACZMAREK RADOŚLAW    | 520 | RADZIKI                         | WROCŁAW             | POL  | M50  | 22     | M 165 | 00:48:23 |         | 03:09:48.05 | 03:10:09.80 | 9:02   | 6.6  |
| 166  | KĄDZIOŁKA JAN         | 428 | K2                              | GLIWICE             | POL  | M50  | 23     | M 166 | 00:51:39 |         | 03:09:58.00 | 03:10:25.10 | 9:02   | 6.6  |
| 167  | KĘPSKI GRZEGORZ       | 676 |                                 | WROCŁAW             | POL  | M30  | 67     | M 167 | 00:47:28 |         | 03:10:37.30 | 03:10:59.35 | 9:04   | 6.6  |
| 168  | SZUMSKI ZBIGNIEW      | 335 |                                 | ŚWIEBODZIN          | POL  | M50  | 24     | M 168 | 00:50:07 |         | 03:10:42.35 | 03:11:04.40 | 9:04   | 6.6  |
| 169  | ROZWADOWSKI ROBERT    | 624 | DRUŻYNA SZPIKU                  | SUCHY LAS           | POL  | M40  | 68     | M 169 | 00:47:49 |         | 03:11:08.35 | 03:11:20.00 | 9:06   | 6.6  |
| 170  | PACIULON KRZYSZTOF    | 575 | ONE MAN RUNNING                 | KARWIANY            | POL  | M40  | 69     | M 170 | 00:46:17 |         | 03:12:01.65 | 03:12:36.85 | 9:08   | 6.6  |
| 171  | SKULIMA SZYMON        | 310 |                                 | WROCŁAW             | POL  | M20  | 10     | M 171 | 00:45:44 |         | 03:12:41.45 | 03:13:13.75 | 9:10   | 6.5  |
| 172  | BEDNAREK REMIGIUSZ    | 619 |                                 | BYDGOSZCZ           | POL  | M30  | 68     | M 172 | 00:48:15 |         | 03:13:41.65 | 03:14:15.95 | 9:13   | 6.5  |
| 173  | KRAWIEC MARCIN        | 452 |                                 | GOSTYŃ              | POL  | M40  | 70     | M 173 | 00:51:45 |         | 03:14:26.75 | 03:14:58.60 | 9:15   | 6.5  |
| 174  | MECH GRZEGORZ         | 339 |                                 | LUBIN               | POL  | M40  | 71     | M 174 | 00:49:58 |         | 03:15:56.05 | 03:16:35.20 | 9:19   | 6.4  |
| 175  | PISTL JACEK           | 571 |                                 | WYSOKA              | POL  | M30  | 69     | M 175 | 00:47:16 |         | 03:16:33.20 | 03:16:55.90 | 9:21   | 6.4  |
| 176  | ROGOWSKI TOMASZ       | 684 | UMLAUT                          | KROSNO ODRZAŃSKIE   | POL  | M30  | 70     | M 176 | 00:50:36 |         | 03:16:56.05 | 03:17:05.95 | 9:22   | 6.4  |
| 177  | MIELCARZ TOMASZ       | 397 | BIEGOWE DZIKI OCR               | ZIELONA GÓRA        | POL  | M30  | 71     | M 177 | 00:44:42 |         | 03:18:01.75 | 03:18:06.80 | 9:25   | 6.4  |
| 178  | GOLUBIŃSKI PRZEMYSŁAW | 355 | VERGE                           | JELENIA GÓRA        | POL  | M30  | 72     | M 178 | 00:52:43 |         | 03:17:53.80 | 03:18:41.05 | 9:25   | 6.4  |
| 179  | MECH BOGDAN           | 642 |                                 | GOWOROWO            | POL  | M50  | 25     | M 179 | 00:52:18 |         | 03:18:20.30 | 03:18:58.75 | 9:26   | 6.4  |
| 180  | POTERSKI MATEUSZ      | 536 |                                 | POZNAŃ              | POL  | M40  | 72     | M 180 | 00:51:11 |         | 03:19:12.75 | 03:19:18.45 | 9:29   | 6.3  |
| 181  | ZDYB GRZEGORZ         | 330 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY | LEŚNÓW WIELKI       | POL  | M40  | 73     | M 181 | 00:51:23 |         | 03:19:44.95 | 03:20:29.30 | 9:30   | 6.3  |
| 182  | MORAWSKI MARCIN       | 320 | RANGER SURVIVAL CLUB            | OBORNIKI ŚLĄSKIE    | POL  | M40  | 74     | M 182 | 00:50:11 |         | 03:20:11.05 | 03:20:39.95 | 9:31   | 6.3  |
| 183  | FANAJŁO WOJTEK        | 508 |                                 | ZIELONA GÓRA        | POL  | M30  | 73     | M 183 | 00:52:34 |         | 03:20:53.25 | 03:21:06.25 | 9:33   | 6.3  |

**DWUDZIESTKA, OPEN Mężczyźni c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                          | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|-------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 184  | WIŚNIEWSKI TOMASZ       | 465 |                               | ALEKSANDRÓW KUJAWSKI | POL  | M40  | 75     | M 184 | 00:50:36 |         | 03:21:04.70 | 03:21:17.85 | 9:34   | 6.3  |
| 185  | MISIAK ARTUR            | 564 |                               | OSIECZNICA           | POL  | M40  | 76     | M 185 | 00:52:18 |         | 03:20:46.95 | 03:21:18.50 | 9:33   | 6.3  |
| 186  | DAWIDZIAK PAWEŁ         | 371 |                               | POZNAŃ               | POL  | M30  | 74     | M 186 | 00:51:11 |         | 03:21:35.40 | 03:21:40.50 | 9:35   | 6.3  |
| 187  | SŁOWIKOWSKI TOMASZ      | 531 |                               | BIGUSZÓW-GORCE       | POL  | M40  | 77     | M 187 | 00:49:06 |         | 03:21:32.20 | 03:21:47.05 | 9:35   | 6.3  |
| 188  | NOLBRZYK ADRIAN         | 406 |                               | OSIECZNA             | POL  | M40  | 78     | M 188 | 00:47:32 |         | 03:22:10.70 | 03:22:37.50 | 9:37   | 6.2  |
| 189  | KRAKOWCZYK TOMASZ       | 630 |                               | WROCŁAW              | POL  | M40  | 79     | M 189 | 00:50:24 |         | 03:25:00.75 | 03:25:07.55 | 9:45   | 6.1  |
| 190  | BORKOWSKI MARCEL        | 451 |                               | LEGNICA              | POL  | M30  | 75     | M 190 | 00:53:42 |         | 03:25:28.70 | 03:26:08.60 | 9:47   | 6.1  |
| 191  | PAWLAK SŁAWOMIR         | 671 | #PAWLAKTEAM                   | KROSNO ODRZAŃSKIE    | POL  | M40  | 80     | M 191 | 00:50:41 |         | 03:25:27.30 | 03:26:08.70 | 9:47   | 6.1  |
| 192  | RAJTAR ROBERT           | 440 | BRYGADA RR                    | GORZÓW               | POL  | M40  | 81     | M 192 | 00:57:09 |         | 03:25:34.55 | 03:26:11.90 | 9:47   | 6.1  |
| 193  | SIWIASZCZYK TOMASZ      | 567 |                               | POZNAŃ               | POL  | M40  | 82     | M 193 | 00:53:40 |         | 03:26:43.70 | 03:27:26.00 | 9:50   | 6.1  |
| 194  | KRYSIAK ŁUKASZ          | 532 | PIĄTKOWO NA BIEGOWO           | POZNAŃ               | POL  | M40  | 83     | M 194 | 00:50:09 |         | 03:30:22.60 | 03:30:56.40 | 10:01  | 6    |
| 195  | MODRAK MACIEJ           | 475 | PARKRUN GRUDZIĄDZ             | GRUDZIĄDZ            | POL  | M50  | 26     | M 195 | 00:54:00 |         | 03:30:53.30 | 03:31:23.10 | 10:02  | 6    |
| 196  | OLEŚ DANIEL             | 688 |                               | JEŻÓW SUDECKI        | POL  | M30  | 76     | M 196 | 00:54:45 |         | 03:31:50.65 | 03:32:34.25 | 10:05  | 5.9  |
| 197  | ŚLUSARCZYK TOMASZ       | 580 | BIEGUSY CZAPLE                | CZAPLE               | POL  | M40  | 84     | M 197 | 00:51:55 |         | 03:32:25.75 | 03:32:40.75 | 10:06  | 5.9  |
| 198  | KOPYRA TOMASZ           | 365 | #BIEGAMWOLNOALEDOKŁADNIE      | OBORNIKI ŚLĄSKIE     | POL  | M40  | 85     | M 198 | 00:56:56 |         | 03:32:48.60 | 03:33:34.80 | 10:08  | 5.9  |
| 199  | RĄCZKOWIAK MATEUSZ      | 408 | USZŁO POWIETRZE Z DĘTKI       | WROCŁAW              | POL  | M30  | 77     | M 199 | 00:51:24 |         | 03:34:11.50 | 03:34:23.65 | 10:11  | 5.9  |
| 200  | KOZŁOWSKI TOMASZ        | 576 |                               | LESZNO               | POL  | M50  | 27     | M 200 | 00:53:04 |         | 03:34:26.30 | 03:34:54.55 | 10:12  | 5.9  |
| 201  | BORODYN ANDRZEJ         | 303 | FARTY PUSZCZY                 | SZCZECIN             | POL  | M40  | 86     | M 201 | 00:52:09 |         | 03:34:53.10 | 03:35:26.55 | 10:13  | 5.9  |
| 202  | KOŁODZIEJ TOMASZ        | 623 |                               | WARSZAWA             | POL  | M50  | 28     | M 202 | 00:58:14 |         | 03:35:24.95 | 03:36:02.75 | 10:15  | 5.8  |
| 203  | JÓZWIAK MIKOŁAJ         | 699 | STG WARSZAWA                  | WARSZAWA             | POL  | M30  | 78     | M 203 | 00:54:30 |         | 03:36:03.80 | 03:36:03.80 | 10:17  | 5.8  |
| 204  | CHWALISZ PAWEŁ          | 700 |                               | WROCŁAW              | POL  | M40  | 87     | M 204 | 00:53:13 |         | 03:37:51.15 | 03:38:15.95 | 10:22  | 5.8  |
| 205  | GRUDNIEWSKI JAKUB       | 668 |                               | WROCŁAW              | POL  | M30  | 79     | M 205 | 01:02:28 |         | 03:38:02.10 | 03:38:51.40 | 10:22  | 5.8  |
| 206  | GODYŃ SYLWIUSZ          | 323 | DZIEWIEĆSIŁ                   | WOJCIESZÓW           | POL  | M50  | 29     | M 206 | 00:51:13 |         | 03:41:14.75 | 03:41:36.10 | 10:32  | 5.7  |
| 207  | FRĄTCZAK IRENEUSZ       | 565 | KRZYWE RYJE                   | KWIELICE             | POL  | M40  | 88     | M 207 | 00:54:42 |         | 03:41:51.10 | 03:42:00.90 | 10:33  | 5.7  |
| 208  | GRZESIAK RAFAŁ          | 563 | EMERYT                        | GŁOGÓW               | POL  | M40  | 89     | M 208 | 00:54:42 |         | 03:42:21.70 | 03:42:30.60 | 10:35  | 5.7  |
| 209  | SCHRAPPA SEBASTIAN      | 549 | IZBICKO W BIEGU               | IZBICKO              | POL  | M40  | 90     | M 209 | 01:00:05 |         | 03:43:21.70 | 03:44:02.40 | 10:38  | 5.6  |
| 210  | ZAJĄC KAZIMIERZ         | 435 | BBL BOLESŁAWIEC               | BOLESŁAWIEC          | POL  | M60  | 2      | M 210 | 00:59:23 |         | 03:47:45.80 | 03:48:18.40 | 10:50  | 5.5  |
| 211  | GRELA PAWEŁ             | 659 |                               | OPOLE                | POL  | M30  | 80     | M 211 | 00:59:42 |         | 03:48:56.35 | 03:49:41.40 | 10:54  | 5.5  |
| 212  | WITLICKI KACPER         | 631 | KROŚNIEŃSKIE WYDARZENIA       | KROSNO ODRZAŃSKIE    | POL  | M20  | 11     | M 212 | 00:52:34 |         | 03:51:27.70 | 03:52:08.70 | 11:01  | 5.4  |
| 213  | MATYSIAK JAKUB          | 620 | STG WARSZAWA                  | WARSZAWA             | POL  | M30  | 81     | M 213 | 00:58:25 |         | 03:52:35.85 | 03:53:11.35 | 11:04  | 5.4  |
| 214  | SZYMCZAK ŁUKASZ         | 313 | FARTY PUSZCZY                 | SZCZECIN             | POL  | M40  | 91     | M 214 | 00:56:24 |         | 03:53:06.90 | 03:53:39.95 | 11:06  | 5.4  |
| 215  | DOBROCHOWSKI MAREK      | 405 | STRZEGOMSKA DWUNASTKA         | STRZEGOM             | POL  | M40  | 92     | M 215 | 00:58:39 |         | 03:53:56.80 | 03:54:21.05 | 11:08  | 5.4  |
| 216  | SZERSZEŃ JANUSZ         | 448 | PIASECZNO RUNNING             | PIASECZNO            | POL  | M40  | 93     | M 216 | 01:01:13 |         | 03:54:32.10 | 03:55:09.80 | 11:10  | 5.4  |
| 217  | WAKOR PAWEŁ             | 537 |                               | WARSZAWA             | POL  | M40  | 94     | M 217 | 00:44:01 |         | 03:55:25.30 | 03:55:52.85 | 11:12  | 5.4  |
| 218  | ROSA ALEX               | 510 |                               | RABOWICE             | POL  | M40  | 95     | M 218 | 00:48:44 |         | 03:55:26.65 | 03:55:54.30 | 11:12  | 5.4  |
| 219  | TAŃSKI MATEUSZ          | 533 |                               | WARSZAWA             | POL  | M40  | 96     | M 219 | 00:55:18 |         | 03:55:42.15 | 03:56:11.00 | 11:13  | 5.3  |
| 220  | FRĄCKOWIAK JACEK        | 498 |                               | KRZYŻANOWO 13        | POL  | M40  | 97     | M 220 | 00:59:04 |         | 04:03:26.25 | 04:03:34.25 | 11:35  | 5.2  |
| 221  | GMEREK PAWEŁ            | 522 |                               | WOLSZTYN             | POL  | M40  | 98     | M 221 | 01:02:41 |         | 04:05:15.05 | 04:05:49.30 | 11:40  | 5.1  |
| 222  | KLIKS ADAM              | 521 |                               | WOLSZTYN             | POL  | M50  | 30     | M 222 | 01:02:41 |         | 04:05:15.55 | 04:05:49.90 | 11:40  | 5.1  |
| 223  | KUBICKI MARIUSZ         | 377 | DOBRA FORMA, KOZŁOWICKI CROSS | KLUCZBORK            | POL  | M40  | 99     | M 223 | 01:02:53 |         | 04:10:37.95 | 04:11:01.00 | 11:56  | 5    |
| 224  | WILK KAROL              | 516 |                               | LAMKI                | POL  | M40  | 100    | M 224 | 01:01:03 |         | 04:17:47.25 | 04:18:02.55 | 12:16  | 4.9  |
| 225  | MUCHA-KRUCZYŃSKI WACŁAW | 664 | MUKK ENPI                     | OSTRZESZÓW           | POL  | M60  | 3      | M 225 | 01:06:02 |         | 04:27:02.00 | 04:27:38.10 | 12:42  | 4.7  |
| 226  | SREBRO MICHAŁ           | 387 |                               | POZNAŃ               | POL  | M50  | 31     | M 226 | 01:04:12 |         | 04:32:12.50 | 04:32:29.50 | 12:57  | 4.6  |
| 227  | SREBRO KACPER ANTONI    | 384 |                               | POZNAŃ               | POL  | M20  | 12     | M 227 | 00:49:35 |         | 04:49:03.05 | 04:49:19.15 | 13:45  | 4.4  |
|      | NOWAK DOMINIK           | 661 | CZERWONY SMOK WĄGROWIEC       | WĄGROWIEC            | POL  | M30  |        |       | DNF      |         | DNF         | DNF         | -      | -    |

**DWUDZIESTKA, K20**

| M-ce | Nazwisko i imię   | Nr  | Klub                     | M-scowość    | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|--------------------------|--------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 1    | DU CZMAL DOMINIKA | 502 |                          | JELENIA GÓRA | POL  | K20  | 1      | K 2  | 00:33:02 |         | 02:08:30.15 | 02:08:32.05 | 6:07   | 9.8  |
| 2    | GRABOWA PAULINA   | 311 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN   | POL  | K20  | 2      | K 29 | 00:44:13 |         | 02:52:32.15 | 02:52:41.65 | 8:12   | 7.3  |
| 3    | DURA ZOFIA        | 463 |                          | POZNAŃ       | POL  | K20  | 3      | K 58 | 00:50:45 |         | 03:17:51.15 | 03:18:04.35 | 9:25   | 6.4  |
| 4    | GRABOWSKA ZUZANNA | 523 | IZBICKO W BIEGU          | KROŚNICA     | POL  | K20  | 4      | K 62 | 00:59:25 |         | 03:21:45.45 | 03:22:25.75 | 9:36   | 6.2  |

## DWUDZIESTKA, M20

| M-ce | Nazwisko i imię        | Nr  | Klub                    | M-scowość         | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|-------------------------|-------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 1    | GRABOWY PAWEŁ          | 302 | ULTRA DIABŁY LUBRZA     | ŚWIEBODZIN        | POL  | M20  | 1      | M 11  | 00:29:18 |         | 02:00:09.95 | 02:00:10.30 | 5:43   | 10.5 |
| 2    | TOMASIAK ADAM          | 673 | KB HARCOWNIK            | JELCZ-LASKOWICE   | POL  | M20  | 2      | M 12  | 00:29:36 |         | 02:00:22.35 | 02:00:22.35 | 5:43   | 10.5 |
| 3    | SAJDUDA ADAM           | 413 |                         | WROCLAW           | POL  | M20  | 3      | M 17  | 00:31:17 |         | 02:04:09.00 | 02:04:10.90 | 5:54   | 10.1 |
| 4    | GRZEGORZEWSKI WOJCIECH | 424 |                         | ŁOMIANKI          | POL  | M20  | 4      | M 28  | 00:34:29 |         | 02:12:02.75 | 02:12:10.60 | 6:17   | 9.5  |
| 5    | RYSZAWY MIKOŁAJ        | 525 |                         | MOKRZESZÓW        | POL  | M20  | 5      | M 32  | 00:33:39 |         | 02:14:12.05 | 02:14:35.75 | 6:23   | 9.4  |
| 6    | PIECHOWIAK BARTOSZ     | 656 | PRAWOFRANKOWICZA.PL     | WROCLAW           | POL  | M20  | 6      | M 34  | 00:33:25 |         | 02:17:15.25 | 02:17:22.50 | 6:32   | 9.2  |
| 7    | GRAMALA MATEUSZ        | 315 |                         | KRAPKOWICE        | POL  | M20  | 7      | M 53  | 00:37:31 |         | 02:25:23.70 | 02:25:41.05 | 6:55   | 8.7  |
| 8    | GRYGLAK PATRYK         | 376 |                         | ZIELONKA          | POL  | M20  | 8      | M 118 | 00:37:31 |         | 02:48:53.25 | 02:49:13.80 | 8:02   | 7.5  |
| 9    | WAWRZYŃIAK KRYSZTIAN   | 634 | KB ODRA OPOLE           | OPOLE             | POL  | M20  | 9      | M 155 | 00:46:46 |         | 03:01:41.80 | 03:02:26.55 | 8:39   | 6.9  |
| 10   | SKULIMA SZYMON         | 310 |                         | WROCLAW           | POL  | M20  | 10     | M 171 | 00:45:44 |         | 03:12:41.45 | 03:13:13.75 | 9:10   | 6.5  |
| 11   | WITLICKI KACPER        | 631 | KROŚNIEŃSKIE WYDARZENIA | KROSNO ODRZAŃSKIE | POL  | M20  | 11     | M 212 | 00:52:34 |         | 03:51:27.70 | 03:52:08.70 | 11:01  | 5.4  |
| 12   | SREBRO KACPER ANTONI   | 384 |                         | POZNAŃ            | POL  | M20  | 12     | M 227 | 00:49:35 |         | 04:49:03.05 | 04:49:19.15 | 13:45  | 4.4  |

## DWUDZIESTKA, K30

| M-ce | Nazwisko i imię            | Nr  | Klub                                 | M-scowość        | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|-----|--------------------------------------|------------------|------|------|--------|------|----------|---------|-------------|-------------|--------|------|
| 1    | NOWAKOWSKA ANNA            | 562 | ALPIMADE TEAM                        | INOWROCLAW       | POL  | K30  | 1      | K 1  | 00:31:55 |         | 02:07:45.45 | 02:07:47.20 | 6:05   | 9.9  |
| 2    | SKRZYPCZYK PAULINA         | 632 | TEAM FRUN / 42K PRO TEAM             | TYCHY            | POL  | K30  | 2      | K 4  | 00:33:37 |         | 02:14:50.00 | 02:14:50.00 | 6:25   | 9.3  |
| 3    | BIHUN NATALIA              | 579 | NOA RUN YOUR LIFE                    | WROCLAW          | POL  | K30  | 3      | K 6  | 00:36:38 |         | 02:23:44.70 | 02:23:46.60 | 6:50   | 8.8  |
| 4    | BIERNACKA KATARZYNA        | 678 | SBRT WROCLAW                         | SYCÓW            | POL  | K30  | 4      | K 7  | 00:35:04 |         | 02:24:04.85 | 02:24:06.15 | 6:51   | 8.7  |
| 5    | RADKOWSKA MAŁGORZATA       | 484 | TEAM PARSZCZYŃSKICH/ SŁODKIE PĄCZKI  | WARSZAWA         | POL  | K30  | 5      | K 8  | 00:37:15 |         | 02:24:50.60 | 02:25:02.45 | 6:53   | 8.7  |
| 6    | KORONA-SIERADZKA BOGUSŁAWA | 530 |                                      | WARSZAWA         | POL  | K30  | 6      | K 10 | 00:37:32 |         | 02:26:30.50 | 02:26:35.90 | 6:58   | 8.6  |
| 7    | MECAN MAGDALENA            | 595 |                                      | WARSZAWA         | POL  | K30  | 7      | K 11 | 00:39:00 |         | 02:28:19.75 | 02:28:26.25 | 7:03   | 8.5  |
| 8    | KRUŻOLEK MONIKA            | 682 |                                      | RADKÓW           | POL  | K30  | 8      | K 12 | 00:44:41 |         | 02:29:55.40 | 02:30:13.30 | 7:08   | 8.4  |
| 9    | BATOR PAULA                | 596 |                                      | JANOWICE WIELKIE | POL  | K30  | 9      | K 13 | 00:37:59 |         | 02:30:14.40 | 02:30:14.40 | 7:09   | 8.4  |
| 10   | MASTERNAK MARTA            | 432 |                                      | PRZYTOK          | POL  | K30  | 10     | K 17 | 00:39:54 |         | 02:40:13.20 | 02:40:26.80 | 7:37   | 7.9  |
| 11   | BONIEC GABRIELA            | 583 |                                      | ŻARY             | POL  | K30  | 11     | K 18 | 00:40:41 |         | 02:41:00.45 | 02:41:06.10 | 7:40   | 7.8  |
| 12   | SZCZUCKA RÓŻA              | 528 |                                      | WROCLAW          | AFG  | K30  | 12     | K 20 | 00:42:41 |         | 02:41:31.45 | 02:41:46.95 | 7:41   | 7.8  |
| 13   | ŚREDNIAWA PAULINA          | 680 | _ZCHARTOWANI_                        | WROCLAW          | POL  | K30  | 13     | K 21 | 00:42:34 |         | 02:42:03.25 | 02:42:13.50 | 7:43   | 7.8  |
| 14   | DOMAGAŁA GRAZYNA           | 652 |                                      | WROCLAW          | POL  | K30  | 14     | K 22 | 00:41:29 |         | 02:42:44.20 | 02:42:59.70 | 7:44   | 7.7  |
| 15   | WEGNER PATRYCJA            | 550 |                                      | POZNAŃ           | POL  | K30  | 15     | K 23 | 00:41:07 |         | 02:42:48.90 | 02:43:05.15 | 7:45   | 7.7  |
| 16   | WRÓBEL MAŁGORZATA          | 590 | OBORYGENI                            | OBORNIKI ŚLĄSKIE | POL  | K30  | 16     | K 24 | 00:42:26 |         | 02:46:08.15 | 02:46:16.45 | 7:54   | 7.6  |
| 17   | BŁĘDKOWSKA KATARZYNA       | 687 | AGROAS TEAM                          | OPOLE            | POL  | K30  | 17     | K 30 | 00:45:44 |         | 02:56:06.05 | 02:56:06.05 | 8:23   | 7.2  |
| 18   | JARZĄBEK MAGDALENA         | 627 |                                      | WROCLAW          | POL  | K30  | 18     | K 32 | 00:46:14 |         | 02:56:37.85 | 02:57:22.35 | 8:24   | 7.1  |
| 19   | JACKOWIAK AGNIESZKA        | 611 |                                      | ŚREM             | POL  | K30  | 19     | K 33 | 00:46:25 |         | 02:58:08.25 | 02:58:13.00 | 8:28   | 7.1  |
| 20   | DUBAS ANNA                 | 453 | SPRAWDZAMY-NIERUCHOMOSCI.PL          | POZNAŃ           | POL  | K30  | 20     | K 35 | 00:45:08 |         | 02:59:41.20 | 02:59:57.75 | 8:33   | 7    |
| 21   | KUŚWIK BEATA               | 489 | CAŁE ŻYCIE NA REDUKCJI               | WROCLAW          | POL  | K30  | 21     | K 37 | 00:44:37 |         | 03:02:04.40 | 03:02:10.25 | 8:40   | 6.9  |
| 22   | CHOJNICKA MAGDALENA        | 343 |                                      | POZNAŃ           | POL  | K30  | 22     | K 39 | 00:48:50 |         | 03:02:54.25 | 03:03:18.55 | 8:42   | 6.9  |
| 23   | PIEKIELNA ANGELIKA         | 635 |                                      | CZASTARY         | POL  | K30  | 23     | K 43 | 00:45:59 |         | 03:05:31.65 | 03:05:47.90 | 8:50   | 6.8  |
| 24   | SUCHY KATARZYNA            | 393 | POGOŃ BYDŁO                          | WROCLAW          | POL  | K30  | 24     | K 45 | 00:47:00 |         | 03:08:45.25 | 03:09:04.25 | 8:59   | 6.7  |
| 25   | DZIĘGIELEWSKA DOMINIKA     | 334 |                                      | BOLKÓW           | POL  | K30  | 25     | K 46 | 00:48:43 |         | 03:08:58.95 | 03:09:12.75 | 8:59   | 6.7  |
| 26   | TYLKA GOSIA                | 403 |                                      | LEGNICA          | POL  | K30  | 26     | K 47 | 00:47:23 |         | 03:09:08.45 | 03:09:25.30 | 9:00   | 6.7  |
| 27   | TOMYŚLAK MAGDALENA         | 457 |                                      | POZNAŃ           | POL  | K30  | 27     | K 49 | 00:46:03 |         | 03:10:50.75 | 03:11:08.20 | 9:05   | 6.6  |
| 28   | BESZTOCHA JADWIGA          | 548 | ZEN RUNNING TEAM                     | ŁĘDZINY          | POL  | K30  | 28     | K 50 | 00:46:35 |         | 03:11:55.05 | 03:12:01.70 | 9:08   | 6.6  |
| 29   | KOZICZAK KATARZYNA         | 347 |                                      | WROCLAW          | POL  | K30  | 29     | K 56 | 00:49:39 |         | 03:16:56.85 | 03:17:11.25 | 9:22   | 6.4  |
| 30   | KĘDZIORA ALICJA            | 626 |                                      | BOGDANIEC        | POL  | K30  | 30     | K 59 | 00:51:06 |         | 03:19:08.80 | 03:19:14.85 | 9:28   | 6.3  |
| 31   | MISIAK DOROTA              | 421 |                                      | OSIECZNICA       | POL  | K30  | 31     | K 61 | 00:52:19 |         | 03:20:47.75 | 03:21:19.10 | 9:33   | 6.3  |
| 32   | WANAT KASIA                | 354 | VERGE                                | JELENIA GÓRA     | POL  | K30  | 32     | K 65 | 00:52:44 |         | 03:26:10.75 | 03:26:57.85 | 9:49   | 6.1  |
| 33   | SZERSZEŃ AGATA             | 628 | DTR BIEGA / MARIO TEAM               | WYSOKI KOŚCIÓŁ   | POL  | K30  | 33     | K 67 | 00:57:10 |         | 03:26:50.80 | 03:27:39.45 | 9:50   | 6.1  |
| 34   | FANAJŁO KASIA              | 362 | ZGZB                                 | ZIELONA GÓRA     | POL  | K30  | 34     | K 68 | 00:52:35 |         | 03:28:48.95 | 03:29:02.10 | 9:56   | 6    |
| 35   | OLEŚ EWA                   | 443 |                                      | JEŻÓW SUDECKI    | POL  | K30  | 35     | K 70 | 00:54:45 |         | 03:31:51.65 | 03:32:34.25 | 10:05  | 5.9  |
| 36   | WINNICKA EDYTA             | 388 | ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI | WARSZAWA         | POL  | K30  | 36     | K 74 | 00:54:17 |         | 03:34:42.90 | 03:35:11.10 | 10:13  | 5.9  |
| 37   | PYZIO MAGDALENA            | 454 | SPRAWDZAMY NIERUCHOMOŚCI             | KOMORNIKI        | POL  | K30  | 37     | K 77 | 00:52:15 |         | 03:37:00.50 | 03:37:18.10 | 10:20  | 5.8  |
| 38   | MICHALIK IWONA             | 592 |                                      | TRZEBNICA        | POL  | K30  | 38     | K 78 | 00:55:49 |         | 03:37:32.20 | 03:37:49.35 | 10:21  | 5.8  |

**DWUDZIESTKA, K30 c.d.**

| M-ce | Nazwisko i imię               | Nr  | Klub                             | M-scowość    | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|-----|----------------------------------|--------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 39   | ŻAK DOMINIKA                  | 366 | FARTY PUSZCZY                    | SZCZECIN     | POL  | K30  | 39     | K 79  | 00:56:22 |         | 03:37:50.35 | 03:38:24.45 | 10:22  | 5.8  |
| 40   | BOGACKA ANETA                 | 479 | ZGZB                             | ZIELONA GÓRA | POL  | K30  | 40     | K 84  | 00:56:07 |         | 03:40:49.25 | 03:41:30.25 | 10:30  | 5.7  |
| 41   | STACHOWIAK MAGDA              | 527 | RUN TEAM RYDZYNA                 | RYDZYNA      | POL  | K30  | 41     | K 87  | 00:54:21 |         | 03:42:35.65 | 03:42:56.60 | 10:35  | 5.7  |
| 42   | FINKOWIAT - SZYMCAK KATARZYNA | 307 | FARTY PUSZCZY                    | SZCZECIN     | POL  | K30  | 42     | K 89  | 00:56:24 |         | 03:42:55.35 | 03:43:27.80 | 10:36  | 5.7  |
| 43   | WALIŃSKA AGATA                | 456 | WWW.SPRAWDZAMY-NIERUCHOMOSC.I.PL | KOMORNIKI    | POL  | K30  | 43     | K 93  | 00:55:24 |         | 03:46:37.60 | 03:46:37.60 | 10:47  | 5.6  |
| 44   | KOLESIŃSKA ANNA               | 685 |                                  | SOPOT        | POL  | K30  | 44     | K 98  | 01:00:50 |         | 03:54:33.25 | 03:54:57.75 | 11:10  | 5.4  |
| 45   | WÓJCIK-RATNICKA NATALIA       | 686 |                                  | GDANSK       | POL  | K30  | 45     | K 99  | 01:00:49 |         | 03:54:39.75 | 03:55:05.00 | 11:10  | 5.4  |
| 46   | LENDAPETRYKOWSKA MARZENA      | 633 | SURGICAL NINJA OWL               | SZCZECIN     | POL  | K30  | 46     | K 103 | 01:02:30 |         | 03:58:26.70 | 03:58:54.90 | 11:21  | 5.3  |
| 47   | HOREŻGA DOROTA                | 306 |                                  | BRZEG        | POL  | K30  | 47     | K 104 | 01:00:45 |         | 04:00:13.55 | 04:00:21.95 | 11:26  | 5.2  |
| 48   | MYSZYWODA MONIKA              | 410 |                                  | WROCLAW      | POL  | K30  | 48     | K 106 | 01:02:31 |         | 04:04:27.70 | 04:04:52.20 | 11:38  | 5.2  |
| 49   | WOŚKO GABRIELA                | 694 | STG WARSZAWA                     | WARSZAWA     | POL  | K30  | 49     | K 107 | 01:04:50 |         | 04:07:16.10 | 04:07:48.85 | 11:46  | 5.1  |
| 50   | PISTL ANNA                    | 305 |                                  | WYSOKA       | POL  | K30  | 50     | K 108 | 01:00:33 |         | 04:10:08.60 | 04:10:31.70 | 11:54  | 5    |
| 51   | ZIAJA ALEKSANDRA              | 386 |                                  | WARSZAWA     | POL  | K30  | 51     | K 110 | 01:02:16 |         | 04:10:55.70 | 04:11:25.40 | 11:56  | 5    |
| 52   | MATUSZ MAGDALENA              | 356 | POBIEROWO BIEGA                  | POBIEROWO    | POL  | K30  | 52     | K 113 | 01:03:41 |         | 04:20:04.70 | 04:20:36.55 | 12:23  | 4.8  |
| 53   | POŁOMSKA KAMILA               | 348 |                                  | ŁÓDŹ         | POL  | K30  | 53     | K 114 | 01:03:43 |         | 04:20:27.55 | 04:20:58.15 | 12:24  | 4.8  |
| 54   | GÓRECKA KAROLINA              | 358 | POBIEROWO BIEGA                  | SZCZECIN     | POL  | K30  | 54     | K 115 | 01:03:41 |         | 04:21:32.65 | 04:22:05.30 | 12:27  | 4.8  |
| 55   | ŁADONSKA AGATA                | 415 |                                  | WROCLAW      | POL  | K30  | 55     | K 116 | 01:02:59 |         | 04:39:08.45 | 04:39:50.55 | 13:17  | 4.5  |

**DWUDZIESTKA, M30**

| M-ce | Nazwisko i imię     | Nr  | Klub                              | M-scowość        | Kraj | Kat. | M. kat | K/M  | 5km      | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|-----------------------------------|------------------|------|------|--------|------|----------|----------|-------------|-------------|--------|------|
| 1    | GORZELAŃCZYK JAKUB  | 426 | MKS SIECHNICE                     | GOLECZEWO        | POL  | M30  | 1      | M 1  | 00:25:08 | 00:06:00 | 01:40:38.50 | 01:40:39.35 | 4:30   | 13.3 |
| 2    | LAGNER SEBASTIAN    | 602 | PRZEDWOJEWSKI_TEAM / KBSOBÓTKA    | SOBÓTKA          | POL  | M30  | 2      | M 2  | 00:25:10 |          | 01:40:47.10 | 01:40:47.30 | 4:47   | 12.5 |
| 3    | CZERNIAK PAWEŁ      | 243 |                                   | SOSNÓWKA         | POL  | M30  | 3      | M 3  | 00:25:29 |          | 01:46:18.30 | 01:46:19.15 | 5:03   | 11.9 |
| 4    | BONIEC RADOŚLAW     | 472 |                                   | ŻARY             | POL  | M30  | 4      | M 4  | 00:26:07 |          | 01:47:09.75 | 01:47:09.75 | 5:06   | 11.8 |
| 5    | SIERADZKI KRZYSZTOF | 529 | PRZEDWOJEWSKI TEAM                | WARSZAWA         | POL  | M30  | 5      | M 5  | 00:28:19 |          | 01:54:58.75 | 01:54:59.70 | 5:28   | 11   |
| 6    | KŁOSOWSKI DANIEL    | 568 | BBŻ WAŁBRZYCH                     | WAŁBRZYCH        | POL  | M30  | 6      | M 6  | 00:28:01 |          | 01:55:19.65 | 01:55:19.65 | 5:29   | 10.9 |
| 7    | NIEPALA JACEK       | 308 |                                   | OBORNIKI ŚLĄSKIE | POL  | M30  | 7      | M 7  | 00:29:49 |          | 01:55:56.00 | 01:55:56.00 | 5:31   | 10.9 |
| 8    | ŚRODA MICHAŁ        | 467 |                                   | TRZEBNICA        | POL  | M30  | 8      | M 8  | 00:30:43 |          | 01:57:29.95 | 01:57:32.40 | 5:35   | 10.7 |
| 9    | WETHACZ DARIUSZ     | 552 | ON RUNNING POLSKA/#GANG ULTRABIES | CISNA            | POL  | M30  | 9      | M 13 | 00:29:22 |          | 02:00:32.90 | 02:00:33.85 | 5:44   | 10.5 |
| 10   | TROJANOWSKI ARTUR   | 398 | CARBON SILESIA SPORT              | BOBROWNIKI       | POL  | M30  | 10     | M 16 | 00:29:28 |          | 02:02:26.00 | 02:02:30.15 | 5:49   | 10.3 |
| 11   | BIENIAS ŁUKASZ      | 392 | BIELAWSKA AKADEMIA BIEGANIA       | DZIERŻONIÓW      | POL  | M30  | 11     | M 20 | 00:31:36 |          | 02:06:21.40 | 02:06:26.20 | 6:01   | 10   |
| 12   | ŻMIJEWSKI TOMASZ    | 511 |                                   | WROCLAW          | POL  | M30  | 12     | M 21 | 00:33:06 |          | 02:08:40.15 | 02:08:41.70 | 6:07   | 9.8  |
| 13   | RĄCZKOWSKI DANIEL   | 514 | KB ZDYSZAAANI CHOCIANÓW           | CHOCIANÓW        | POL  | M30  | 13     | M 22 | 00:32:35 |          | 02:09:07.55 | 02:09:08.80 | 6:08   | 9.8  |
| 14   | RUBIKOWSKI JACEK    | 613 |                                   | ŻYRARDÓW         | POL  | M30  | 14     | M 24 | 00:33:08 |          | 02:10:17.90 | 02:10:18.10 | 6:12   | 9.7  |
| 15   | ADAMIAK JAKUB       | 557 |                                   | WROCLAW          | POL  | M30  | 15     | M 26 | 00:35:31 |          | 02:11:20.75 | 02:11:27.95 | 6:15   | 9.6  |
| 16   | GAŁOSZ ŁUKASZ       | 329 |                                   | OLEŚNICA         | POL  | M30  | 16     | M 27 | 00:31:09 |          | 02:12:01.35 | 02:12:05.85 | 6:17   | 9.5  |
| 17   | DOMIŃSKI HENRYK     | 380 |                                   | BRZEG            | POL  | M30  | 17     | M 30 | 00:32:29 |          | 02:14:19.55 | 02:14:28.50 | 6:23   | 9.4  |
| 18   | ŚNIEŻYŃSKI ROBERT   | 505 |                                   | SADKÓW           | POL  | M30  | 18     | M 33 | 00:33:21 |          | 02:15:59.10 | 02:16:01.35 | 6:28   | 9.3  |
| 19   | SKOWRON ŁUKASZ      | 559 |                                   | BIELAWA          | POL  | M30  | 19     | M 36 | 00:35:09 |          | 02:18:15.30 | 02:18:33.15 | 6:35   | 9.1  |
| 20   | GRACZ PAWEŁ         | 338 | ULTRA DIABŁY TEAM LUBRZA          | ZBĄSZYNEK        | POL  | M30  | 20     | M 39 | 00:33:43 |          | 02:19:28.45 | 02:19:31.30 | 6:38   | 9    |
| 21   | IWASZCZYSZYN TOMASZ | 657 | RMT TEAM & PRZYJACIELE            | WROCLAW          | POL  | M30  | 21     | M 41 | 00:35:55 |          | 02:19:56.60 | 02:20:00.30 | 6:39   | 9    |
| 22   | POSADOWSKI SZYMON   | 654 |                                   | WILKÓW           | POL  | M30  | 22     | M 42 | 00:35:47 |          | 02:21:30.55 | 02:21:34.55 | 6:44   | 8.9  |
| 23   | GAWCZYŃSKI JAKUB    | 598 |                                   | POZNAŃ           | POL  | M30  | 23     | M 49 | 00:35:26 |          | 02:23:37.60 | 02:23:42.55 | 6:50   | 8.8  |
| 24   | SUCHY ROLAND        | 391 | POGOŃ BYDŁO                       | KRAPKOWICE       | POL  | M30  | 24     | M 50 | 00:37:28 |          | 02:23:25.60 | 02:23:44.90 | 6:49   | 8.8  |
| 25   | KOŹBIELSKI SZYMON   | 587 |                                   | WROCLAW          | POL  | M30  | 25     | M 52 | 00:35:27 |          | 02:25:17.60 | 02:25:26.80 | 6:55   | 8.7  |
| 26   | GAŁASZEWSKI KAMIL   | 470 | 87072213150                       | SZCZECIN         | POL  | M30  | 26     | M 58 | 00:35:37 |          | 02:27:07.50 | 02:27:14.60 | 7:00   | 8.6  |
| 27   | WALIGÓRA MATEUSZ    | 342 |                                   | WROCLAW          | POL  | M30  | 27     | M 61 | 00:35:32 |          | 02:27:52.25 | 02:28:02.70 | 7:02   | 8.5  |
| 28   | ZAGROBELNY MICHAŁ   | 621 | KOWARY BIEGAJA                    | KOWARY           | POL  | M30  | 28     | M 65 | 00:36:22 |          | 02:29:14.25 | 02:29:18.55 | 7:06   | 8.4  |
| 29   | KMIECIK MARCIN      | 698 | 2REP                              | JASTRZĘBIE-ZDRÓJ | POL  | M30  | 29     | M 69 | 00:36:27 |          | 02:31:11.95 | 02:31:19.45 | 7:11   | 8.3  |
| 30   | WEGNER ADRIAN       | 439 |                                   | POZNAŃ           | POL  | M30  | 30     | M 70 | 00:42:46 |          | 02:31:55.65 | 02:32:17.25 | 7:14   | 8.3  |
| 31   | KOZAKIEWICZ TOMEK   | 488 | CAŁE ŻYCIE NA REDUKCJI            | WROCLAW          | POL  | M30  | 31     | M 71 | 00:37:52 |          | 02:32:45.70 | 02:32:51.35 | 7:16   | 8.2  |
| 32   | BRODA DOMINIK       | 458 |                                   | WROCLAW          | POL  | M30  | 32     | M 73 | 00:36:16 |          | 02:32:59.20 | 02:33:02.65 | 7:17   | 8.2  |
| 33   | CIEPŁY KAMIL        | 692 | GARMIN WROCLAW                    | WROCLAW          | POL  | M30  | 33     | M 75 | 00:39:08 |          | 02:32:45.80 | 02:33:10.30 | 7:16   | 8.2  |

**DWUDZIESTKA, M30 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                         | M-scowość         | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------------------------------|-------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 34   | HARDEL MAREK           | 649 | JELEŃ GÓRA                   | JELEŃ GÓRA        | POL  | M30  | 34     | M 78  | 00:38:00 |         | 02:34:27.90 | 02:34:30.75 | 7:21   | 8.2  |
| 35   | ROZDOLSKI JAROSŁAW     | 594 | ARTEL                        | WROCLAW           | POL  | M30  | 35     | M 81  | 00:39:09 |         | 02:34:49.30 | 02:35:06.50 | 7:22   | 8.1  |
| 36   | KWIATKOWSKI PRZEMYSŁAW | 478 |                              | PISARZOWICE       | POL  | M30  | 36     | M 83  | 00:37:20 |         | 02:35:10.20 | 02:35:16.70 | 7:23   | 8.1  |
| 37   | BIELAWSKI PAWEŁ        | 608 |                              | LEGNICA           | POL  | M30  | 37     | M 85  | 00:37:01 |         | 02:36:05.00 | 02:36:07.80 | 7:25   | 8.1  |
| 38   | KOZIOŁ KRZYSZTOF       | 666 |                              | WARSZAWA          | POL  | M30  | 38     | M 89  | 00:39:55 |         | 02:38:21.25 | 02:39:08.70 | 7:32   | 8    |
| 39   | OLEJNIK EGIDIUSZ       | 618 |                              | JELEŃ GÓRA        | POL  | M30  | 39     | M 92  | 00:40:36 |         | 02:39:51.65 | 02:40:04.80 | 7:36   | 7.9  |
| 40   | KURZYŃCZAK ŁUKASZ      | 331 |                              | WROCLAW           | POL  | M30  | 40     | M 94  | 00:40:11 |         | 02:40:40.25 | 02:40:42.85 | 7:39   | 7.8  |
| 41   | PISARCZYK GRZEGORZ     | 455 |                              | POZNAŃ            | POL  | M30  | 41     | M 96  | 00:42:47 |         | 02:41:02.90 | 02:41:24.20 | 7:40   | 7.8  |
| 42   | KACPRZAK MICHAŁ        | 493 | MICHAŁ KACPRZAK              | WROCLAW           | POL  | M30  | 42     | M 101 | 00:38:41 |         | 02:42:03.60 | 02:42:19.60 | 7:43   | 7.8  |
| 43   | REJMAN GRZEGORZ        | 482 | SLALOMONAMBASSADORPOLAND     | WAŁBRZYCH         | POL  | M30  | 43     | M 103 | 00:40:33 |         | 02:43:16.95 | 02:43:19.15 | 7:46   | 7.7  |
| 44   | KIDAWA PIOTR           | 679 |                              | WROCLAW           | POL  | M30  | 44     | M 104 | 00:42:33 |         | 02:43:55.75 | 02:44:08.00 | 7:48   | 7.7  |
| 45   | ALGIERSKI PAWEŁ        | 437 |                              | ŚWIEBODZIN        | POL  | M30  | 45     | M 106 | 00:39:49 |         | 02:44:46.05 | 02:44:53.70 | 7:50   | 7.6  |
| 46   | OSICA ŁUKASZ           | 431 |                              | ŚWIĘTOCHŁOWICE    | POL  | M30  | 46     | M 110 | 00:44:06 |         | 02:46:40.15 | 02:46:54.85 | 7:56   | 7.6  |
| 47   | OLEJNICZAK MARCIN      | 427 | ZAPINDALAMY W GÓRY           | POZNAŃ            | POL  | M30  | 47     | M 111 | 00:41:46 |         | 02:46:55.90 | 02:47:14.30 | 7:56   | 7.5  |
| 48   | WIERTEL ŁUKASZ         | 509 |                              | KAMINOKI          | POL  | M30  | 48     | M 112 | 00:45:11 |         | 02:46:48.20 | 02:47:33.90 | 7:56   | 7.6  |
| 49   | BUGAJ ALAN             | 653 |                              | CZARNY BÓR        | POL  | M30  | 49     | M 113 | 00:44:46 |         | 02:47:18.45 | 02:47:37.95 | 7:58   | 7.5  |
| 50   | WRÓBLEWSKI WOJCIECH    | 350 |                              | WROCLAW           | POL  | M30  | 50     | M 121 | 00:39:37 |         | 02:50:05.90 | 02:50:11.30 | 8:05   | 7.4  |
| 51   | OLIŃSKI PAWEŁ          | 351 |                              | POZNAŃ            | POL  | M30  | 51     | M 122 | 00:44:30 |         | 02:50:14.40 | 02:50:28.80 | 8:06   | 7.4  |
| 52   | DASZYŃSKI WOJCIECH     | 622 | MUSLISTUDIO                  | DŁUGOLEKA         | POL  | M30  | 52     | M 127 | 00:42:16 |         | 02:53:03.75 | 02:53:03.75 | 8:14   | 7.3  |
| 53   | DYŃSKI JACEK           | 607 |                              | OPOLE             | POL  | M30  | 53     | M 128 | 00:45:08 |         | 02:52:53.55 | 02:53:13.30 | 8:13   | 7.3  |
| 54   | DZIETCZYK KAMIL        | 473 | AKTYWNE CHOSZCZCZO           | CHOSZCZCZO        | POL  | M30  | 54     | M 129 | 00:44:22 |         | 02:53:14.95 | 02:53:17.95 | 8:14   | 7.3  |
| 55   | FRYDRYCH MATEUSZ       | 418 |                              | OSIECZNICA        | POL  | M30  | 55     | M 130 | 00:39:05 |         | 02:54:10.70 | 02:54:10.70 | 8:17   | 7.2  |
| 56   | NAJDEK MICHAŁ          | 445 |                              | SWIEBODZIN        | POL  | M30  | 56     | M 131 | 00:44:57 |         | 02:54:22.45 | 02:54:29.80 | 8:18   | 7.2  |
| 57   | ŚRODA MACIEJ           | 461 | MACIEJ ŚRODA MSD             | WROCLAW           | POL  | M30  | 57     | M 132 | 00:43:23 |         | 02:54:21.35 | 02:54:40.10 | 8:18   | 7.2  |
| 58   | KACZMAREK MATEUSZ      | 605 |                              | ŚWIEBODZIN        | POL  | M30  | 58     | M 135 | 00:44:51 |         | 02:56:57.40 | 02:57:09.40 | 8:25   | 7.1  |
| 59   | SUCHY ARON             | 412 | POGOŃ BYDŁO                  | KRAPKOWICE        | POL  | M30  | 59     | M 136 | 00:42:40 |         | 02:56:55.75 | 02:57:15.65 | 8:25   | 7.1  |
| 60   | SZCZESNY PAWEŁ         | 436 |                              | ŚWIEBODZIN        | POL  | M30  | 60     | M 144 | 00:41:54 |         | 02:59:05.15 | 02:59:13.45 | 8:31   | 7    |
| 61   | WALA PATRYK            | 555 | ZAŁOGA GÓRSKA / BIEG OPOLSKI | WROCLAW           | POL  | M30  | 61     | M 150 | 00:45:46 |         | 03:00:04.90 | 03:00:18.45 | 8:34   | 7    |
| 62   | GRELAK ADAM            | 573 | WOLSZTYN BIEGA               | KARPICKO          | POL  | M30  | 62     | M 151 | 00:50:05 |         | 02:59:55.60 | 03:00:21.40 | 8:34   | 7    |
| 63   | WALIGÓRSKI ŁUKASZ      | 578 |                              | WOLSZTYN          | POL  | M30  | 63     | M 152 | 00:50:04 |         | 02:59:56.35 | 03:00:22.10 | 8:34   | 7    |
| 64   | PLIS JORDAN            | 337 |                              | JELEŃ GÓRA        | POL  | M30  | 64     | M 158 | 00:43:31 |         | 03:02:46.10 | 03:03:00.50 | 8:42   | 6.9  |
| 65   | KĄDZIOŁKA ŁUKASZ       | 480 |                              | KATOWICE          | POL  | M30  | 65     | M 159 | 00:51:39 |         | 03:03:12.00 | 03:03:38.55 | 8:43   | 6.9  |
| 66   | SOBAŃSKI BARTOSZ       | 423 |                              | POZNAŃ            | POL  | M30  | 66     | M 160 | 00:51:50 |         | 03:03:06.10 | 03:03:44.85 | 8:43   | 6.9  |
| 67   | KĘPSKI GRZEGORZ        | 676 |                              | WROCLAW           | POL  | M30  | 67     | M 167 | 00:47:28 |         | 03:10:37.30 | 03:10:59.35 | 9:04   | 6.6  |
| 68   | BEDNAREK REMIGIUSZ     | 619 |                              | BYDGOSZCZ         | POL  | M30  | 68     | M 172 | 00:48:15 |         | 03:13:41.65 | 03:14:15.95 | 9:13   | 6.5  |
| 69   | PISTL JACEK            | 571 |                              | WYSOKA            | POL  | M30  | 69     | M 175 | 00:47:16 |         | 03:16:33.20 | 03:16:55.90 | 9:21   | 6.4  |
| 70   | ROGOWSKI TOMASZ        | 684 | UMLAUT                       | KROSNO ODRZAŃSKIE | POL  | M30  | 70     | M 176 | 00:50:36 |         | 03:16:56.05 | 03:17:05.95 | 9:22   | 6.4  |
| 71   | MIELCARZ TOMASZ        | 397 | BIEGOWE DZIKI OCR            | ZIELONA GÓRA      | POL  | M30  | 71     | M 177 | 00:44:42 |         | 03:18:01.75 | 03:18:06.80 | 9:25   | 6.4  |
| 72   | GOLUBIŃSKI PRZEMYSŁAW  | 355 | VERGE                        | JELEŃ GÓRA        | POL  | M30  | 72     | M 178 | 00:52:43 |         | 03:17:53.80 | 03:18:41.05 | 9:25   | 6.4  |
| 73   | FANAJŁO WOJTEK         | 508 |                              | ZIELONA GÓRA      | POL  | M30  | 73     | M 183 | 00:52:34 |         | 03:20:53.25 | 03:21:06.25 | 9:33   | 6.3  |
| 74   | DAWIDZIAK PAWEŁ        | 371 |                              | POZNAŃ            | POL  | M30  | 74     | M 186 | 00:51:11 |         | 03:21:35.40 | 03:21:40.50 | 9:35   | 6.3  |
| 75   | BORKOWSKI MARCEL       | 451 |                              | LEGNICA           | POL  | M30  | 75     | M 190 | 00:53:42 |         | 03:25:28.70 | 03:26:08.60 | 9:47   | 6.1  |
| 76   | OLEŚ DANIEL            | 688 |                              | JĘŻÓW SUDECKI     | POL  | M30  | 76     | M 196 | 00:54:45 |         | 03:31:50.65 | 03:32:34.25 | 10:05  | 5.9  |
| 77   | RĄCZKOWIAK MATEUSZ     | 408 | USZŁO POWIETRZE Z DĘTKI      | WROCLAW           | POL  | M30  | 77     | M 199 | 00:51:24 |         | 03:34:11.50 | 03:34:23.65 | 10:11  | 5.9  |
| 78   | JÓZWIAK MIKOŁAJ        | 699 | STG WARSZAWA                 | WARSZAWA          | POL  | M30  | 78     | M 203 | 00:54:30 |         | 03:36:03.80 | 03:36:03.80 | 10:17  | 5.8  |
| 79   | GRUDNIEWSKI JAKUB      | 668 |                              | WROCLAW           | POL  | M30  | 79     | M 205 | 01:02:28 |         | 03:38:02.10 | 03:38:51.40 | 10:22  | 5.8  |
| 80   | GRELA PAWEŁ            | 659 |                              | OPOLE             | POL  | M30  | 80     | M 211 | 00:59:42 |         | 03:48:56.35 | 03:49:41.40 | 10:54  | 5.5  |
| 81   | MATYSIAK JAKUB         | 620 | STG WARSZAWA                 | WARSZAWA          | POL  | M30  | 81     | M 213 | 00:58:25 |         | 03:52:35.85 | 03:53:11.35 | 11:04  | 5.4  |
|      | NOWAK DOMINIK          | 661 | CZERWONY SMOK WĄGROWIEC      | WĄGROWIEC         | POL  | M30  |        |       | DNF      |         | DNF         | DNF         | -      | -    |

**DWUDZIESTKA, K40**

| M-ce | Nazwisko i imię   | Nr  | Klub                                            | M-scowość  | Kraj | Kat. | M. kat | K/M | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|-------------------------------------------------|------------|------|------|--------|-----|----------|---------|-------------|-------------|--------|------|
| 1    | TELATYŃSKA SYLWIA | 474 | STOWARZYSZENIE KLUB SPORTOWY AKTYWNE CHOSZCZCZO | CHOSZCZCZO | POL  | K40  | 1      | K 5 | 00:33:27 |         | 02:16:28.65 | 02:16:29.80 | 6:29   | 9.2  |
| 2    | BOĆKO EWA         | 383 |                                                 | TRZEBNICA  | POL  | K40  | 2      | K 9 | 00:37:57 |         | 02:26:28.90 | 02:26:32.30 | 6:58   | 8.6  |



**DWUDZIESTKA, K40 c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                              | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|-----------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 3    | RATAJCZAK DOROTA               | 689 |                                   | ZIELONA GÓRA         | POL  | K40  | 3      | K 14  | 00:39:10 |         | 02:34:39.90 | 02:34:39.90 | 7:21   | 8.1  |
| 4    | KŁACZYŃSKA DANUTA              | 322 | FARTY PUSZCZY                     | SZCZECIN             | POL  | K40  | 4      | K 16  | 00:40:58 |         | 02:36:34.30 | 02:36:52.35 | 7:27   | 8    |
| 5    | SYDORCZYK MAGDALENA            | 336 |                                   | WSCHOWA              | POL  | K40  | 5      | K 19  | 00:44:09 |         | 02:41:13.55 | 02:41:36.20 | 7:40   | 7.8  |
| 6    | MADEJ ANNA                     | 466 | VEGE RUNNERS                      | KATOWICE             | POL  | K40  | 6      | K 25  | 00:44:08 |         | 02:46:47.80 | 02:47:01.80 | 7:56   | 7.6  |
| 7    | KASPERSKA SYLWIA               | 597 | KB ZDYSZAAANI CHOCIANÓW           | CHOCIANÓW            | POL  | K40  | 7      | K 26  | 00:40:36 |         | 02:47:13.45 | 02:47:17.75 | 7:57   | 7.5  |
| 8    | ORTYL EWELINA                  | 326 |                                   | LISOWICE             | POL  | K40  | 8      | K 27  | 00:41:11 |         | 02:47:56.10 | 02:47:56.10 | 7:59   | 7.5  |
| 9    | NIMSZ KAMILA                   | 341 |                                   | JELCZ-LASKOWICE      | POL  | K40  | 9      | K 28  | 00:46:33 |         | 02:52:07.80 | 02:52:26.60 | 8:11   | 7.3  |
| 10   | ZABORSKA KONKOLEWSKA AGNIESZKA | 604 | BROWAR FORTUNA                    | NIEZDROWICE          | POL  | K40  | 10     | K 31  | 00:44:19 |         | 02:55:55.95 | 02:56:07.50 | 8:22   | 7.2  |
| 11   | TRZEPACZ DOROTA                | 417 | KB LUPUS OLEŚNICA                 | OLEŚNICA             | POL  | K40  | 11     | K 34  | 00:44:05 |         | 02:58:26.30 | 02:58:39.00 | 8:29   | 7.1  |
| 12   | ROGÓZ ELŻBIETA                 | 638 | ULTRATRACK                        | WARSZAWA             | POL  | K40  | 12     | K 36  | 00:46:18 |         | 03:01:37.60 | 03:01:47.10 | 8:38   | 6.9  |
| 13   | BRONOWSKA JUSTYNA              | 545 |                                   | BYSTRA               | POL  | K40  | 13     | K 38  | 00:46:25 |         | 03:02:54.90 | 03:03:02.10 | 8:42   | 6.9  |
| 14   | BANDUROWSKA AGNIESZKA          | 616 | KB WIKON NOWA SÓL                 | NOWA SÓL             | POL  | K40  | 14     | K 40  | 00:44:28 |         | 03:03:44.45 | 03:03:50.35 | 8:44   | 6.9  |
| 15   | JAKUBOWSKA EWELINA             | 414 | NOA                               | WROCŁAW              | POL  | K40  | 15     | K 41  | 00:49:26 |         | 03:03:46.50 | 03:04:20.75 | 8:45   | 6.9  |
| 16   | ERET MARZENA                   | 566 |                                   | GUBIN                | POL  | K40  | 16     | K 42  | 00:46:28 |         | 03:04:16.25 | 03:04:21.85 | 8:46   | 6.8  |
| 17   | WASILEWSKA AGATA               | 407 | AKADEMIA MISTRZÓW SPORTU          | OSÓWIEC              | POL  | K40  | 17     | K 44  | 00:46:50 |         | 03:05:32.70 | 03:06:01.40 | 8:50   | 6.8  |
| 18   | KACZMAREK DOROTA               | 519 | RADZIKI                           | WROCŁAW              | POL  | K40  | 18     | K 48  | 00:48:23 |         | 03:09:48.20 | 03:10:09.70 | 9:02   | 6.6  |
| 19   | MARCINIAK ANNA                 | 617 |                                   | LEGNICA              | POL  | K40  | 19     | K 52  | 00:50:46 |         | 03:14:10.60 | 03:14:25.90 | 9:14   | 6.5  |
| 20   | ZIENKIEWICZ JUSTYNA            | 669 |                                   | PIASECZNO            | POL  | K40  | 20     | K 53  | 00:57:33 |         | 03:14:50.35 | 03:15:26.60 | 9:16   | 6.5  |
| 21   | ZIENKIEWICZ AGATA              | 507 | PIASECZNO RUNNING                 | PIASECZNO            | POL  | K40  | 21     | K 54  | 00:57:34 |         | 03:14:51.30 | 03:15:26.70 | 9:16   | 6.5  |
| 22   | MAZUR KATARZYNA                | 683 | UMLAUT                            | KROSNO ODRZAŃSKIE    | POL  | K40  | 22     | K 55  | 00:50:37 |         | 03:16:57.35 | 03:17:05.75 | 9:22   | 6.4  |
| 23   | DOBROCHOWSKA ILONA             | 476 | STRZEGOMSKA DWUNASTKA             | STRZEGOM             | POL  | K40  | 23     | K 57  | 00:50:27 |         | 03:16:53.00 | 03:17:16.65 | 9:22   | 6.4  |
| 24   | ŚMIECHOWSKA MAŁGORZATA         | 629 | ŚDS RECZ                          | RECZ                 | POL  | K40  | 24     | K 60  | 00:49:45 |         | 03:19:42.05 | 03:19:47.05 | 9:30   | 6.3  |
| 25   | SYNOWIEC-JUDA AGATA            | 373 |                                   | JELEŃNIA GÓRA        | POL  | K40  | 25     | K 63  | 00:52:47 |         | 03:22:15.45 | 03:22:36.15 | 9:37   | 6.2  |
| 26   | KOŃ ALEKSANDRA                 | 345 | EKIPA LIPA                        | LIPA                 | POL  | K40  | 26     | K 64  | 00:51:08 |         | 03:23:50.15 | 03:24:04.70 | 9:42   | 6.2  |
| 27   | JAWORSKA MAGDALENA             | 570 | GB WIELKOPOLSCY BIEGACZE/TEAM KGB | POZNAŃ               | POL  | K40  | 27     | K 66  | 00:53:37 |         | 03:26:34.60 | 03:27:17.90 | 9:50   | 6.1  |
| 28   | PISZ EWELINA                   | 420 | POBIEROWO BIEGA                   | POBIEROWO            | POL  | K40  | 28     | K 69  | 00:58:15 |         | 03:30:28.05 | 03:31:00.40 | 10:01  | 6    |
| 29   | BURMAN BEATA                   | 314 | AKTYWNI RAZEM                     | MUROWANA GOŚLINA     | POL  | K40  | 29     | K 71  | 00:51:08 |         | 03:32:26.50 | 03:32:56.50 | 10:06  | 5.9  |
| 30   | PRZYBYSZEWSKA LIDIA            | 390 | ULTRA DIABŁY TEAM LUBRZA          | ŚWIEBODZIN           | POL  | K40  | 30     | K 72  | 00:54:11 |         | 03:33:14.00 | 03:33:24.45 | 10:09  | 5.9  |
| 31   | JANKOWSKA MARZENA              | 449 | FU FU FU TEAM                     | GŁOGÓW               | POL  | K40  | 31     | K 75  | 00:55:58 |         | 03:36:42.75 | 03:36:52.45 | 10:19  | 5.8  |
| 32   | MALINOWSKA ZYTA                | 309 | ULTRA DIABŁY LUBRZA               | ŚWIEBODZIN           | POL  | K40  | 32     | K 76  | 00:53:28 |         | 03:37:03.60 | 03:37:15.00 | 10:20  | 5.8  |
| 33   | FRĄCKOWIAK ELŻBIETA            | 539 |                                   | ŚREM                 | POL  | K40  | 33     | K 80  | 00:55:30 |         | 03:38:35.55 | 03:38:43.65 | 10:24  | 5.8  |
| 34   | HUGETH AGNIESZKA               | 434 | BBL BOLESŁAWIEC                   | BOLESŁAWIEC          | POL  | K40  | 34     | K 81  | 00:59:23 |         | 03:38:50.30 | 03:39:21.60 | 10:25  | 5.8  |
| 35   | MAGDA IWONA                    | 496 | EKIPA ZAJĄCA                      | BOLESŁAWIEC          | POL  | K40  | 35     | K 82  | 00:59:22 |         | 03:38:50.50 | 03:39:21.85 | 10:25  | 5.8  |
| 36   | GZUŁA BEATA                    | 589 | TEAM PARSZCZYŃSKICH               | WARSZAWA             | POL  | K40  | 36     | K 83  | 01:03:11 |         | 03:39:48.55 | 03:40:18.85 | 10:28  | 5.7  |
| 37   | GRABOWIECKA MARTA              | 485 | ZIELONA GÓRA ZACZNIJ BIEGAĆ       | ZIELONA GÓRA         | POL  | K40  | 37     | K 85  | 00:56:02 |         | 03:40:50.10 | 03:41:30.30 | 10:30  | 5.7  |
| 38   | SZYMANKIEWICZ EDYTA            | 381 | CROSS STRACENICÓW TEAM            | GŁOGÓW               | POL  | K40  | 38     | K 86  | 00:59:42 |         | 03:41:24.80 | 03:41:44.40 | 10:32  | 5.7  |
| 39   | MECH MARTA                     | 643 |                                   | LUBIN                | POL  | K40  | 39     | K 88  | 01:01:56 |         | 03:42:23.85 | 03:43:00.90 | 10:35  | 5.7  |
| 40   | ZIEMKOWSKA MONIKA              | 301 |                                   | ŻARÓW                | POL  | K40  | 40     | K 90  | 00:57:46 |         | 03:43:55.75 | 03:44:21.90 | 10:39  | 5.6  |
| 41   | BARTKIEWICZ HALINA             | 430 | KRWIOBIEGANIE, ZGZB               | ZIELONA GÓRA         | POL  | K40  | 41     | K 91  | 00:56:23 |         | 03:43:48.55 | 03:44:29.70 | 10:39  | 5.6  |
| 42   | ZELMANOWICZ - SZŁAPA EWA       | 558 |                                   | IZBICKO              | POL  | K40  | 42     | K 92  | 00:59:22 |         | 03:45:42.15 | 03:46:23.15 | 10:44  | 5.6  |
| 43   | GÓRNA ALDONA                   | 547 | ŻÓŁWICE W BIEGU                   | ŚREM                 | POL  | K40  | 43     | K 94  | 01:01:02 |         | 03:48:21.10 | 03:48:28.50 | 10:52  | 5.5  |
| 44   | LANGE HANNA                    | 546 | ŻÓŁWICE W BIEGU                   | ŚREM                 | POL  | K40  | 44     | K 95  | 01:01:02 |         | 03:48:22.45 | 03:48:29.10 | 10:52  | 5.5  |
| 45   | DOJS ALEKSANDRA                | 340 | NIGHT RUNNERS                     | POZNAŃ               | POL  | K40  | 45     | K 96  | 01:02:21 |         | 03:52:21.65 | 03:52:33.75 | 11:03  | 5.4  |
| 46   | OCHNIO EWA                     | 359 | DALEKA DROGA                      | BOLESŁAWIEC          | POL  | K40  | 46     | K 97  | 01:03:06 |         | 03:53:34.90 | 03:54:10.40 | 11:07  | 5.4  |
| 47   | KOWALEWSKA IZABELA             | 670 | PIASECZNO RUNNING                 | PIASECZNO            | POL  | K40  | 47     | K 100 | 01:00:44 |         | 03:54:31.85 | 03:55:08.90 | 11:10  | 5.4  |
| 48   | SZERSZEŃ MAŁGORZATA            | 446 | PIASECZNO RUNNING                 | PIASECZNO            | POL  | K40  | 48     | K 101 | 01:00:44 |         | 03:54:33.90 | 03:55:10.00 | 11:10  | 5.4  |
| 49   | PTAK EWA                       | 241 |                                   | JANOWICE WIELKIE     | POL  | K40  | 49     | K 102 | 01:00:59 |         | 03:56:45.40 | 03:57:23.35 | 11:16  | 5.3  |
| 50   | SYPKO-KUBICKA KATARZYNA        | 378 | DOBRA FORMA/ KOZŁOWICKI CROSS     | KLUCZBORK            | POL  | K40  | 50     | K 109 | 01:02:56 |         | 04:10:37.45 | 04:11:00.70 | 11:56  | 5    |
| 51   | DUDEK MARIOLA                  | 404 | STRZEGOMSKA DWUNASTKA             | JAROSŁAW             | POL  | K40  | 51     | K 111 | 01:03:46 |         | 04:15:59.55 | 04:16:23.45 | 12:11  | 4.9  |
| 52   | WIŚNIEWSKA DOROTA              | 464 |                                   | ALEKSANDRÓW KUJAWSKI | POL  | K40  | 52     | K 112 | 01:05:19 |         | 04:18:32.05 | 04:18:46.20 | 12:18  | 4.9  |
|      | ŻEŚLAWSKA WIOLA                | 477 |                                   | BYTOM                | POL  | K40  |        |       | 03:10:06 |         | DNF         | DNF         | -      | -    |
|      |                                |     |                                   |                      |      |      |        |       | DNF      |         |             |             |        |      |

**DWUDZIESTKA, M40**

| M-ce | Nazwisko i imię         | Nr  | Klub                                   | M-scowość           | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|----------------------------------------|---------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 1    | WASZEK SŁAWOMIR         | 541 | WASZKÓWKA® - POLISH HANDCRAFTED SPIRIT | WROCŁAW             | POL  | M40  | 1      | M 9   | 00:29:27 |         | 01:57:48.90 | 01:57:48.90 | 5:36   | 10.7 |
| 2    | KORPALSKI TOMASZ        | 672 |                                        | GDAŃSK              | POL  | M40  | 2      | M 10  | 00:29:17 |         | 01:57:49.30 | 01:57:50.40 | 5:36   | 10.7 |
| 3    | DEMBSKI PAWEŁ           | 363 | RATE MY TRAIL PRO                      | SKÓRZEWO            | POL  | M40  | 3      | M 14  | 00:29:10 |         | 02:01:07.10 | 02:01:07.90 | 5:46   | 10.4 |
| 4    | KOZAK ROBERT            | 553 |                                        | WAŁBRZYCH           | POL  | M40  | 4      | M 15  | 00:29:52 |         | 02:01:27.90 | 02:01:28.55 | 5:47   | 10.4 |
| 5    | STYPEREK JAKUB          | 561 | VEGE RUNNERS                           | PSARSKIE            | POL  | M40  | 5      | M 18  | 00:31:20 |         | 02:04:23.40 | 02:04:25.10 | 5:55   | 10.1 |
| 6    | NOWORYTA RADOŚLAW       | 319 | ULTRA DIABŁY TEAM LUBRZA               | LUBRZA              | POL  | M40  | 6      | M 19  | 00:30:04 |         | 02:04:42.85 | 02:04:44.40 | 5:56   | 10.1 |
| 7    | SZRAMOWIAT MAREK        | 483 | BRITA                                  | LWÓWEK ŚLĄSKI       | POL  | M40  | 7      | M 23  | 00:32:29 |         | 02:10:11.70 | 02:10:13.70 | 6:11   | 9.7  |
| 8    | BOROWIAK ADAM           | 681 | _ZCHARTOWANI_                          | WROCŁAW             | POL  | M40  | 8      | M 29  | 00:33:58 |         | 02:13:25.80 | 02:13:32.55 | 6:21   | 9.4  |
| 9    | SCHRODER PATRYK         | 538 | WSK                                    | ZIELONA GÓRA        | POL  | M40  | 9      | M 37  | 00:35:30 |         | 02:18:44.60 | 02:18:51.80 | 6:36   | 9.1  |
| 10   | MANSFELD JAROSŁAW       | 599 | AGROMEN.PL                             | BOJANOWO            | POL  | M40  | 10     | M 38  | 00:35:07 |         | 02:19:14.90 | 02:19:25.20 | 6:37   | 9    |
| 11   | MORAWSKI FILIP          | 518 | KRAKOWIAK ULTRA TEAM                   | PUSZCZYKOWO         | POL  | M40  | 11     | M 40  | 00:36:24 |         | 02:19:33.90 | 02:19:39.25 | 6:38   | 9    |
| 12   | NOWIK KAMIL             | 382 | ULTRA DIABŁY TEAM LUBRZA               | ŚWIEBODZIN          | POL  | M40  | 12     | M 43  | 00:35:07 |         | 02:21:44.20 | 02:21:44.20 | 6:44   | 8.9  |
| 13   | SZARAPANOWSKI DAMIAN    | 333 | ULTRA DIABŁY TEAM LUBRZA               | NOWA WIOSKA         | POL  | M40  | 13     | M 44  | 00:35:38 |         | 02:21:40.90 | 02:21:44.40 | 6:44   | 8.9  |
| 14   | FEDER MARCIN            | 665 |                                        | WARSZAWA            | POL  | M40  | 14     | M 45  | 00:34:15 |         | 02:21:52.55 | 02:21:55.70 | 6:45   | 8.9  |
| 15   | NAGŁAK ŁUKASZ           | 346 | KOŹMIN BIEGA ULTRA RUNNERS             | KOŹMIN WIELKOPOLSKI | POL  | M40  | 15     | M 46  | 00:36:01 |         | 02:22:44.10 | 02:22:47.50 | 6:47   | 8.8  |
| 16   | LANGE SZYMON            | 490 | SZYMONIX                               | ŚREM                | POL  | M40  | 16     | M 47  | 00:35:43 |         | 02:23:01.15 | 02:23:07.60 | 6:48   | 8.8  |
| 17   | KAŁUŻNY WOJCIECH        | 667 | BIEGOWA ŚWIDNICA                       | ŚWIDNICA            | POL  | M40  | 17     | M 48  | 00:35:32 |         | 02:23:12.40 | 02:23:16.00 | 6:49   | 8.8  |
| 18   | ŁUKACKI DANIEL          | 513 |                                        | DOMASZCZYN          | POL  | M40  | 18     | M 51  | 00:36:24 |         | 02:24:10.45 | 02:24:18.50 | 6:51   | 8.7  |
| 19   | NIŻEWSKI PAWEŁ          | 637 | KRAKOWIAK ULTRA TEAM                   | CZAPURY             | POL  | M40  | 19     | M 55  | 00:37:54 |         | 02:25:53.70 | 02:25:59.30 | 6:56   | 8.6  |
| 20   | BALCERZAK TOMASZ        | 438 |                                        | KONARZEWO           | POL  | M40  | 20     | M 56  | 00:39:39 |         | 02:25:56.40 | 02:26:05.50 | 6:56   | 8.6  |
| 21   | MĘŻYKOWSKI MICHAŁ       | 615 |                                        | WARSZAWA            | POL  | M40  | 21     | M 57  | 00:34:39 |         | 02:26:59.35 | 02:27:07.70 | 6:59   | 8.6  |
| 22   | ŚWIERK SEWERYN          | 242 |                                        | JANOWICE WIELKIE    | POL  | M40  | 22     | M 60  | 00:35:48 |         | 02:27:38.50 | 02:27:45.30 | 7:01   | 8.5  |
| 23   | PLAZA RADOŚLAW          | 495 | ULTRASEKUNDS                           | WARSZAWA            | POL  | M40  | 23     | M 63  | 00:35:41 |         | 02:28:54.05 | 02:29:00.70 | 7:05   | 8.5  |
| 24   | NASKRĘT PIOTR           | 462 | KOWARY BIEGAJĄ                         | KOWARY              | POL  | M40  | 24     | M 64  | 00:36:21 |         | 02:29:13.85 | 02:29:18.35 | 7:06   | 8.4  |
| 25   | UPTAS TOMASZ            | 389 | CROSS STRACENCÓW TEAM                  | GŁOGÓW              | POL  | M40  | 25     | M 68  | 00:37:22 |         | 02:31:01.80 | 02:31:14.40 | 7:11   | 8.3  |
| 26   | FABIŚIAK GRZEGORZ       | 504 | RONIN CZERWIENSK                       | CZERWIENSK          | POL  | M40  | 26     | M 72  | 00:38:22 |         | 02:32:52.05 | 02:32:55.05 | 7:16   | 8.2  |
| 27   | KACZOR MARCIN           | 658 | ADJ                                    | ŚWIĘCIECHOWA        | POL  | M40  | 27     | M 76  | 00:39:10 |         | 02:33:25.30 | 02:33:36.05 | 7:18   | 8.2  |
| 28   | JARZEMBOWSKI TOMASZ     | 327 |                                        | PLEWISKA            | POL  | M40  | 28     | M 77  | 00:45:05 |         | 02:33:06.45 | 02:33:44.55 | 7:17   | 8.2  |
| 29   | ANKIEWICZ STEFAN        | 585 |                                        | WARSZAWA            | POL  | M40  | 29     | M 79  | 00:38:12 |         | 02:34:20.35 | 02:34:32.75 | 7:20   | 8.2  |
| 30   | MARIANOWSKI KRZYSZTOF   | 663 | KWIDZYN BIEGA                          | KWIDZYN             | POL  | M40  | 30     | M 80  | 00:41:03 |         | 02:34:48.85 | 02:34:58.15 | 7:22   | 8.1  |
| 31   | WRÓBLEWSKI RADOŚLAW     | 506 | VELUX                                  | GNIEZNO             | POL  | M40  | 31     | M 82  | 00:40:58 |         | 02:35:04.35 | 02:35:10.50 | 7:23   | 8.1  |
| 32   | DYSARZ PRZEMYSŁAW       | 660 |                                        | POZNAŃ              | POL  | M40  | 32     | M 84  | 00:43:05 |         | 02:35:26.10 | 02:35:47.40 | 7:24   | 8.1  |
| 33   | PIASKOWSKI ARTUR        | 332 |                                        | JAWOR               | POL  | M40  | 33     | M 88  | 00:38:59 |         | 02:37:38.15 | 02:37:52.55 | 7:30   | 8    |
| 34   | NOWAKOWSKI DAMIAN       | 674 |                                        | RUDA ŚLĄSKA         | POL  | M40  | 34     | M 90  | 00:41:02 |         | 02:39:22.10 | 02:39:33.45 | 7:35   | 7.9  |
| 35   | KICIŃSKI GRZEGORZ       | 675 |                                        | ŻMIGRÓD             | POL  | M40  | 35     | M 91  | 00:40:00 |         | 02:39:08.40 | 02:39:38.20 | 7:34   | 7.9  |
| 36   | JUREK PRZEMYSŁAW        | 614 | KS STASZEWCY                           | WARSZAWA            | POL  | M40  | 36     | M 93  | 00:40:29 |         | 02:40:02.30 | 02:40:11.20 | 7:37   | 7.9  |
| 37   | SZKÓDLIŃSKI BARTOSZ     | 442 | ODDYCHAJSWOBODNIE.PL                   | POZNAŃ              | POL  | M40  | 37     | M 95  | 00:41:41 |         | 02:40:19.55 | 02:40:46.65 | 7:38   | 7.9  |
| 38   | CIEKAŃSKI MICHAŁ        | 690 |                                        | LESZNO              | POL  | M40  | 38     | M 97  | 00:41:15 |         | 02:41:19.15 | 02:41:29.35 | 7:40   | 7.8  |
| 39   | WIECHETEK ARTUR         | 696 | STG WARSZAWA                           | WARSZAWA            | POL  | M40  | 39     | M 98  | 00:42:35 |         | 02:41:01.15 | 02:41:40.95 | 7:40   | 7.8  |
| 40   | KLIŃSKI WOJCIECH        | 367 | TRAFICA                                | ŚWIEBODZIN          | POL  | M40  | 40     | M 99  | 00:39:38 |         | 02:41:40.65 | 02:41:50.45 | 7:41   | 7.8  |
| 41   | STEFAŃSKI TOMASZ        | 586 |                                        | WROCŁAW             | POL  | M40  | 41     | M 100 | 00:42:49 |         | 02:41:36.75 | 02:42:04.15 | 7:41   | 7.8  |
| 42   | SZKUDŁO OSKAR           | 396 | BEZ BALASTU ACTIVE TEAM                | RADWANICE           | POL  | M40  | 42     | M 102 | 00:40:51 |         | 02:43:01.35 | 02:43:03.70 | 7:45   | 7.7  |
| 43   | KOLAWA PIOTR            | 471 | TRENUJZNAMI.PL                         | KOBIERZYCE          | POL  | M40  | 43     | M 105 | 00:44:52 |         | 02:44:40.00 | 02:44:40.00 | 7:50   | 7.7  |
| 44   | SKOCZEK SEBASTIAN       | 640 |                                        | GRUSZCZYN           | POL  | M40  | 44     | M 107 | 00:39:41 |         | 02:44:42.90 | 02:44:56.70 | 7:50   | 7.7  |
| 45   | TOMASZEWSKI DAWID       | 429 | WLKP MOUNTAINS ULTRA                   | KOMORNIKI           | POL  | M40  | 45     | M 109 | 00:44:25 |         | 02:44:56.05 | 02:45:42.15 | 7:51   | 7.6  |
| 46   | SOBCZAK MIKOŁAJ         | 328 |                                        | SKÓRZEWO            | POL  | M40  | 46     | M 114 | 00:46:27 |         | 02:47:03.45 | 02:47:40.60 | 7:57   | 7.5  |
| 47   | KONKOLEWSKI MACIEJ      | 425 | BROWAR FORTUNA                         | NIEZDROWICE         | POL  | M40  | 47     | M 116 | 00:44:20 |         | 02:48:16.85 | 02:48:27.70 | 8:00   | 7.5  |
| 48   | GRUSZCZYŃSKI PRZEMYSŁAW | 316 |                                        | POZNAŃ              | POL  | M40  | 48     | M 119 | 00:46:28 |         | 02:48:51.10 | 02:49:28.45 | 8:02   | 7.5  |
| 49   | NYKIEL RAFAŁ            | 401 | ULTRA DIABŁY TEAM LUBRZA               | LUBRZA              | POL  | M40  | 49     | M 123 | 00:42:11 |         | 02:50:44.70 | 02:50:54.70 | 8:07   | 7.4  |
| 50   | PEŻYŃSKI PIOTR          | 491 | CHUCK ATTACK                           | BYDGOSZCZ           | POL  | M40  | 50     | M 124 | 00:43:17 |         | 02:52:20.05 | 02:52:37.80 | 8:12   | 7.3  |
| 51   | KRYSIEWICZ MARCIN       | 569 |                                        | WARSZAWA            | POL  | M40  | 51     | M 126 | 00:44:37 |         | 02:52:20.45 | 02:52:43.80 | 8:12   | 7.3  |
| 52   | FUŁAWKA TOMASZ          | 352 | NOCNE WILKI JAWOR                      | JAWOR               | POL  | M40  | 52     | M 133 | 00:45:11 |         | 02:54:26.15 | 02:54:46.80 | 8:18   | 7.2  |
| 53   | WIECZOREK PIOTR         | 647 | CZYSTA AMATORKA                        | PRUSZKÓW            | POL  | M40  | 53     | M 137 | 00:42:59 |         | 02:57:19.25 | 02:57:30.60 | 8:26   | 7.1  |
| 54   | SAMEK ALEKSANDER        | 360 |                                        | ŚWIDNICA            | POL  | M40  | 54     | M 138 | 00:44:32 |         | 02:57:29.25 | 02:57:47.15 | 8:27   | 7.1  |
| 55   | JACKOWIAK SZYMON        | 610 | RUNNER'S POWER                         | ŚREM                | POL  | M40  | 55     | M 141 | 00:46:27 |         | 02:58:06.95 | 02:58:12.00 | 8:28   | 7.1  |
| 56   | IGNASZEWSKI KRZYSZTOF   | 612 | RUNNER'S POWER                         | ŚREM                | POL  | M40  | 56     | M 142 | 00:46:27 |         | 02:58:09.25 | 02:58:13.55 | 8:29   | 7.1  |

**DWUDZIESTKA, M40 c.d.**

| M-ce | Nazwisko i imię    | Nr  | Klub                            | M-scowość            | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------|-----|---------------------------------|----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 57   | JANKOWSKI MAREK    | 441 | TEAM LIPTON                     | POZNAŃ               | POL  | M40  | 57     | M 143 | 00:44:10 |         | 02:58:23.65 | 02:58:44.00 | 8:29   | 7.1  |
| 58   | DUDEK KRZYSZTOF    | 402 | STRZEGOMSKA DWUNASTKA           | UDANIN               | POL  | M40  | 58     | M 145 | 00:45:41 |         | 02:59:06.40 | 02:59:29.05 | 8:31   | 7    |
| 59   | GAŁKOWSKI PAWEŁ    | 469 |                                 | POZNAŃ               | POL  | M40  | 59     | M 146 | 00:41:59 |         | 02:59:10.55 | 02:59:30.15 | 8:31   | 7    |
| 60   | RUDNIK JAROSŁAW    | 368 |                                 | PASEK                | POL  | M40  | 60     | M 147 | 00:45:26 |         | 02:59:17.25 | 02:59:36.25 | 8:32   | 7    |
| 61   | CHRZĄSZCZ DAMIAN   | 349 |                                 | LUBIN                | POL  | M40  | 61     | M 148 | 00:45:29 |         | 02:59:42.05 | 02:59:59.10 | 8:33   | 7    |
| 62   | CHRZĄSZCZ MARIUSZ  | 353 |                                 | LUBIN                | POL  | M40  | 62     | M 149 | 00:45:36 |         | 02:59:47.20 | 03:00:03.45 | 8:33   | 7    |
| 63   | DECHNIK ŁUKASZ     | 512 |                                 | WROCŁAW              | POL  | M40  | 63     | M 153 | 00:46:54 |         | 03:01:00.50 | 03:01:09.30 | 8:37   | 7    |
| 64   | BOŻEK GRZEGORZ     | 577 | KB ZDYSZAAANI CHOCIANÓW         | CHOCIANÓW            | POL  | M40  | 64     | M 156 | 00:47:18 |         | 03:02:32.25 | 03:02:51.55 | 8:41   | 6.9  |
| 65   | DRAJER SEBASTIAN   | 487 |                                 | OSTRÓW WIELKOPOLSKI  | POL  | M40  | 65     | M 162 | 00:44:24 |         | 03:05:05.40 | 03:05:20.85 | 8:48   | 6.8  |
| 66   | DUMIŃSKI TOMASZ    | 544 | PLOTERTOM RUNNER STRZEGOM       | STRZEGOM             | POL  | M40  | 66     | M 163 | 00:44:44 |         | 03:08:35.50 | 03:08:35.50 | 8:58   | 6.7  |
| 67   | ANDRZEJEWICZ PAWEŁ | 593 |                                 | ŻARY                 | POL  | M40  | 67     | M 164 | 00:48:46 |         | 03:09:01.40 | 03:09:12.80 | 9:00   | 6.7  |
| 68   | ROZWADOWSKI ROBERT | 624 | DRUŻYNA SZPIKU                  | SUCHY LAS            | POL  | M40  | 68     | M 169 | 00:47:49 |         | 03:11:08.35 | 03:11:20.00 | 9:06   | 6.6  |
| 69   | PACIULON KRZYSZTOF | 575 | ONE MAN RUNNING                 | KARWIANY             | POL  | M40  | 69     | M 170 | 00:46:17 |         | 03:12:01.65 | 03:12:36.85 | 9:08   | 6.6  |
| 70   | KRAWIEC MARCIN     | 452 |                                 | GOSTYŃ               | POL  | M40  | 70     | M 173 | 00:51:45 |         | 03:14:26.75 | 03:14:58.60 | 9:15   | 6.5  |
| 71   | MECH GRZEGORZ      | 339 |                                 | LUBIN                | POL  | M40  | 71     | M 174 | 00:49:58 |         | 03:15:56.05 | 03:16:35.20 | 9:19   | 6.4  |
| 72   | POTERSKI MATEUSZ   | 536 |                                 | POZNAŃ               | POL  | M40  | 72     | M 180 | 00:51:11 |         | 03:19:12.75 | 03:19:18.45 | 9:29   | 6.3  |
| 73   | ZDYB GRZEGORZ      | 330 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY | LEŚNIOŃ WIELKI       | POL  | M40  | 73     | M 181 | 00:51:23 |         | 03:19:44.95 | 03:20:29.30 | 9:30   | 6.3  |
| 74   | MORAWSKI MARCIN    | 320 | RANGER SURVIVAL CLUB            | OBORNIKI ŚLĄSKIE     | POL  | M40  | 74     | M 182 | 00:50:11 |         | 03:20:11.05 | 03:20:39.95 | 9:31   | 6.3  |
| 75   | WIŚNIEWSKI TOMASZ  | 465 |                                 | ALEKSANDRÓW KUJAWSKI | POL  | M40  | 75     | M 184 | 00:50:36 |         | 03:21:04.70 | 03:21:17.85 | 9:34   | 6.3  |
| 76   | MISIAK ARTUR       | 564 |                                 | OSIECZNICA           | POL  | M40  | 76     | M 185 | 00:52:18 |         | 03:20:46.95 | 03:21:18.50 | 9:33   | 6.3  |
| 77   | SŁOWIKOWSKI TOMASZ | 531 |                                 | BIGUSZÓW-GORCE       | POL  | M40  | 77     | M 187 | 00:49:06 |         | 03:21:32.20 | 03:21:47.05 | 9:35   | 6.3  |
| 78   | NOLBRZYK ADRIAN    | 406 |                                 | OSIECZNA             | POL  | M40  | 78     | M 188 | 00:47:32 |         | 03:22:10.70 | 03:22:37.50 | 9:37   | 6.2  |
| 79   | KRAKOWCZYK TOMASZ  | 630 |                                 | WROCŁAW              | POL  | M40  | 79     | M 189 | 00:50:24 |         | 03:25:00.75 | 03:25:07.55 | 9:45   | 6.1  |
| 80   | PAWLAK SŁAWOMIR    | 671 | #PAWLAKTEAM                     | KROSNO ODRZAŃSKIE    | POL  | M40  | 80     | M 191 | 00:50:41 |         | 03:25:27.30 | 03:26:08.70 | 9:47   | 6.1  |
| 81   | RAJTAR ROBERT      | 440 | BRYGADA RR                      | GORZÓW               | POL  | M40  | 81     | M 192 | 00:57:09 |         | 03:25:34.55 | 03:26:11.90 | 9:47   | 6.1  |
| 82   | SIWIĄSZCZYK TOMASZ | 567 |                                 | POZNAŃ               | POL  | M40  | 82     | M 193 | 00:53:40 |         | 03:26:43.70 | 03:27:26.00 | 9:50   | 6.1  |
| 83   | KRYSIĄK ŁUKASZ     | 532 | PIĄTKOWO NA BIEGOWO             | POZNAŃ               | POL  | M40  | 83     | M 194 | 00:50:09 |         | 03:30:22.60 | 03:30:56.40 | 10:01  | 6    |
| 84   | ŚLUSARCZYK TOMASZ  | 580 | BIEGUSY CZAPLE                  | CZAPLE               | POL  | M40  | 84     | M 197 | 00:51:55 |         | 03:32:25.75 | 03:32:40.75 | 10:06  | 5.9  |
| 85   | KOPYRA TOMASZ      | 365 | #BIEGAMWOLNOALEDOKŁADNIE        | OBORNIKI ŚLĄSKIE     | POL  | M40  | 85     | M 198 | 00:56:56 |         | 03:32:48.60 | 03:33:34.80 | 10:08  | 5.9  |
| 86   | BORODYN ANDRZEJ    | 303 | FARTY PUSZCZY                   | SZCZECIN             | POL  | M40  | 86     | M 201 | 00:52:09 |         | 03:34:53.10 | 03:35:26.55 | 10:13  | 5.9  |
| 87   | CHWALISZ PAWEŁ     | 700 |                                 | WROCŁAW              | POL  | M40  | 87     | M 204 | 00:53:13 |         | 03:37:51.15 | 03:38:15.95 | 10:22  | 5.8  |
| 88   | FRĄTCZAK IRENEUSZ  | 565 | KRZYWE RYJE                     | KWIELICE             | POL  | M40  | 88     | M 207 | 00:54:42 |         | 03:41:51.10 | 03:42:00.90 | 10:33  | 5.7  |
| 89   | GRZESIAK RAFAŁ     | 563 | EMERYT                          | GŁOGÓW               | POL  | M40  | 89     | M 208 | 00:54:42 |         | 03:42:21.70 | 03:42:30.60 | 10:35  | 5.7  |
| 90   | SCHRAPP SEBASTIAN  | 549 | IZBICKO W BIEGU                 | IZBICKO              | POL  | M40  | 90     | M 209 | 01:00:05 |         | 03:43:21.70 | 03:44:02.40 | 10:38  | 5.6  |
| 91   | SZYMCAK ŁUKASZ     | 313 | FARTY PUSZCZY                   | SZCZECIN             | POL  | M40  | 91     | M 214 | 00:56:24 |         | 03:53:06.90 | 03:53:39.95 | 11:06  | 5.4  |
| 92   | DOBROCHOWSKI MAREK | 405 | STRZEGOMSKA DWUNASTKA           | STRZEGOM             | POL  | M40  | 92     | M 215 | 00:58:39 |         | 03:53:56.80 | 03:54:21.05 | 11:08  | 5.4  |
| 93   | SZERSZEŃ JANUSZ    | 448 | PIASECZNO RUNNING               | PIASECZNO            | POL  | M40  | 93     | M 216 | 01:01:13 |         | 03:54:32.10 | 03:55:09.80 | 11:10  | 5.4  |
| 94   | WAKOR PAWEŁ        | 537 |                                 | WARSZAWA             | POL  | M40  | 94     | M 217 | 00:44:01 |         | 03:55:25.30 | 03:55:52.85 | 11:12  | 5.4  |
| 95   | ROSA ALEX          | 510 |                                 | RABOWICE             | POL  | M40  | 95     | M 218 | 00:48:44 |         | 03:55:26.65 | 03:55:54.30 | 11:12  | 5.4  |
| 96   | TAŃSKI MATEUSZ     | 533 |                                 | WARSZAWA             | POL  | M40  | 96     | M 219 | 00:55:18 |         | 03:55:42.15 | 03:56:11.00 | 11:13  | 5.3  |
| 97   | FRĄCZKOWIAK JACEK  | 498 |                                 | KRZYŻANOWO 13        | POL  | M40  | 97     | M 220 | 00:59:04 |         | 04:03:26.25 | 04:03:34.25 | 11:35  | 5.2  |
| 98   | GMEREK PAWEŁ       | 522 |                                 | WOLSZTYN             | POL  | M40  | 98     | M 221 | 01:02:41 |         | 04:05:15.05 | 04:05:49.30 | 11:40  | 5.1  |
| 99   | KUBICKI MARIUSZ    | 377 | DOBRA FORMA, KOZŁOWICKI CROSS   | KLUZBORK             | POL  | M40  | 99     | M 223 | 01:02:53 |         | 04:10:37.95 | 04:11:01.00 | 11:56  | 5    |
| 100  | WILK KAROL         | 516 |                                 | LAMKI                | POL  | M40  | 100    | M 224 | 01:01:03 |         | 04:17:47.25 | 04:18:02.55 | 12:16  | 4.9  |

**DWUDZIESTKA, K50**

| M-ce | Nazwisko i imię     | Nr  | Klub                | M-scowość  | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---------------------|------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 1    | ŁUKASIEWICZ EWA     | 677 |                     | ZŁOTORYJA  | POL  | K50  | 1      | K 3   | 00:33:32 |         | 02:09:33.35 | 02:09:36.50 | 6:10   | 9.7  |
| 2    | STARCZEWSKA IZABELA | 312 |                     | SWIEBODZIN | POL  | K50  | 2      | K 15  | 00:40:58 |         | 02:35:08.90 | 02:35:19.80 | 7:23   | 8.1  |
| 3    | PTAK DOROTA         | 582 | PIĄTKOWO NA BIEGOWO | POZNAŃ     | POL  | K50  | 3      | K 51  | 00:50:31 |         | 03:13:55.40 | 03:14:16.60 | 9:14   | 6.5  |
| 4    | KOZŁOWSKA ALICJA    | 572 |                     | LESZNO     | POL  | K50  | 4      | K 73  | 00:53:04 |         | 03:34:26.05 | 03:34:54.60 | 10:12  | 5.9  |
| 5    | KATA WIOLETTA       | 419 |                     | OSIECZNICA | POL  | K50  | 5      | K 105 | 01:00:55 |         | 04:03:27.55 | 04:03:58.95 | 11:35  | 5.2  |

**DWUDZIESTKA, M50**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość             | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--------------------------|-----------------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 1    | EICHNER TOMAS        | 639 |                          | ŚWIERZAWA             | CZE  | M50  | 1      | M 25  | 00:34:06 |         | 02:11:07.80 | 02:11:16.70 | 6:14   | 9.6  |
| 2    | KOSZAREK MACIEJ      | 588 |                          | POZNAŃ                | POL  | M50  | 2      | M 31  | 00:33:19 |         | 02:14:29.45 | 02:14:31.90 | 6:24   | 9.4  |
| 3    | FIEBIG STEFAN        | 693 | WWW.FIEBIG.PL            | PONIEC                | POL  | M50  | 3      | M 35  | 00:35:22 |         | 02:17:53.45 | 02:18:04.50 | 6:33   | 9.1  |
| 4    | LAMEK ANDRZEJ        | 697 | AKTYWNY OSTRZESZÓW       | OSTRZESZÓW            | POL  | M50  | 4      | M 54  | 00:35:55 |         | 02:25:43.30 | 02:25:55.55 | 6:56   | 8.6  |
| 5    | RÓG KRZYSZTOF        | 497 | KB ZDYSZAAANI CHOĆCIANÓW | CHOĆCIANÓW            | POL  | M50  | 5      | M 59  | 00:37:33 |         | 02:27:16.60 | 02:27:24.65 | 7:00   | 8.6  |
| 6    | ZAŁUCKI MACIEJ       | 646 |                          | GŁOGOWO               | POL  | M50  | 6      | M 62  | 00:39:01 |         | 02:27:30.65 | 02:28:27.90 | 7:01   | 8.5  |
| 7    | GOLA HENRYK          | 655 |                          | SZKLARSKA PORĘBA      | POL  | M50  | 7      | M 66  | 00:35:56 |         | 02:29:54.60 | 02:29:56.35 | 7:08   | 8.4  |
| 8    | POZNIAK ROBERT       | 503 |                          | DOBRZEŃ WIELKI        | POL  | M50  | 8      | M 67  | 00:41:16 |         | 02:30:45.25 | 02:31:03.85 | 7:10   | 8.4  |
| 9    | RAJKOWSKI PRZEMYSŁAW | 374 | FUDU&CO SPORT TEAM       | PIOTRKÓW TRYBUNAKLSKI | POL  | M50  | 9      | M 74  | 00:36:39 |         | 02:33:02.50 | 02:33:06.65 | 7:17   | 8.2  |
| 10   | MEDYNSKI SŁAWEK      | 581 |                          | LUBAŃ                 | POL  | M50  | 10     | M 87  | 00:40:31 |         | 02:37:03.60 | 02:37:34.40 | 7:28   | 8    |
| 11   | STEFANOWSKI MARCIN   | 317 | *****                    | ŻARÓW                 | POL  | M50  | 11     | M 108 | 00:43:20 |         | 02:44:42.80 | 02:45:08.85 | 7:50   | 7.7  |
| 12   | KOZŁOWSKI WOJCIECH   | 318 |                          | LISOWICE              | POL  | M50  | 12     | M 115 | 00:41:06 |         | 02:47:50.40 | 02:47:55.80 | 7:59   | 7.5  |
| 13   | POLIMIRSKI ŁUKASZ    | 662 | CZERWONY SMOK WĄGROWIEC  | POKRZYWNICA           | POL  | M50  | 13     | M 117 | 00:40:59 |         | 02:48:40.35 | 02:48:53.10 | 8:01   | 7.5  |
| 14   | CZAJKA BOGUMIŁ       | 584 |                          | ŻARY                  | POL  | M50  | 14     | M 120 | 00:44:22 |         | 02:49:32.35 | 02:49:47.15 | 8:04   | 7.4  |
| 15   | BRUNKE TOMASZ        | 492 | RUN BYDGOSZCZ            | BYDGOSZCZ             | POL  | M50  | 15     | M 125 | 00:43:16 |         | 02:52:18.25 | 02:52:37.85 | 8:12   | 7.3  |
| 16   | LITEWKA GRZEGORZ     | 344 | JTC TEAM                 | JAWOR                 | POL  | M50  | 16     | M 134 | 00:45:09 |         | 02:55:17.95 | 02:55:40.00 | 8:20   | 7.2  |
| 17   | SZARADOWSKI PIOTR    | 524 | 140 MINUT                | ŚWIDNICA              | POL  | M50  | 17     | M 139 | 00:40:21 |         | 02:57:36.00 | 02:57:59.10 | 8:27   | 7.1  |
| 18   | SKOKOWSKI JACEK      | 304 | FARTY SZCZECIN           | SZCZECIN              | POL  | M50  | 18     | M 140 | 00:45:19 |         | 02:57:46.20 | 02:58:03.35 | 8:27   | 7.1  |
| 19   | LUBELCZYK GRZEGORZ   | 357 | SPELEOCLUB WROCŁAW       | MIĘKINIA              | POL  | M50  | 19     | M 154 | 00:49:22 |         | 03:01:21.30 | 03:02:01.40 | 8:38   | 6.9  |
| 20   | SWOROWSKI MACIEJ     | 400 | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN              | POL  | M50  | 20     | M 157 | 00:46:34 |         | 03:02:54.25 | 03:02:58.55 | 8:42   | 6.9  |
| 21   | JUDKIEWICZ PIOTR     | 459 |                          | WOLIN                 | POL  | M50  | 21     | M 161 | 00:44:22 |         | 03:03:49.90 | 03:04:00.20 | 8:45   | 6.9  |
| 22   | KACZMAREK RADOSŁAW   | 520 | RADZIKI                  | WROCŁAW               | POL  | M50  | 22     | M 165 | 00:48:23 |         | 03:09:48.05 | 03:10:09.80 | 9:02   | 6.6  |
| 23   | KĄDZIOŁKA JAN        | 428 | K2                       | GLIWICE               | POL  | M50  | 23     | M 166 | 00:51:39 |         | 03:09:58.00 | 03:10:25.10 | 9:02   | 6.6  |
| 24   | SZUMSKI ZBIGNIEW     | 335 |                          | ŚWIEBODZIN            | POL  | M50  | 24     | M 168 | 00:50:07 |         | 03:10:42.35 | 03:11:04.40 | 9:04   | 6.6  |
| 25   | MECH BOGDAN          | 642 |                          | GOWOROWO              | POL  | M50  | 25     | M 179 | 00:52:18 |         | 03:18:20.30 | 03:18:58.75 | 9:26   | 6.4  |
| 26   | MODRAK MACIEJ        | 475 | PARKRUN GRUDZIĄDZ        | GRUDZIĄDZ             | POL  | M50  | 26     | M 195 | 00:54:00 |         | 03:30:53.30 | 03:31:23.10 | 10:02  | 6    |
| 27   | KOZŁOWSKI TOMASZ     | 576 |                          | LESZNO                | POL  | M50  | 27     | M 200 | 00:53:04 |         | 03:34:26.30 | 03:34:54.55 | 10:12  | 5.9  |
| 28   | KOŁODZIEJ TOMASZ     | 623 |                          | WARSZAWA              | POL  | M50  | 28     | M 202 | 00:58:14 |         | 03:35:24.95 | 03:36:02.75 | 10:15  | 5.8  |
| 29   | GODYŃ SYLWIUSZ       | 323 | DZIEWIEĆSIŁ              | WOJCIESZÓW            | POL  | M50  | 29     | M 206 | 00:51:13 |         | 03:41:14.75 | 03:41:36.10 | 10:32  | 5.7  |
| 30   | KLIKS ADAM           | 521 |                          | WOLSZTYN              | POL  | M50  | 30     | M 222 | 01:02:41 |         | 04:05:15.55 | 04:05:49.90 | 11:40  | 5.1  |
| 31   | SREBRO MICHAŁ        | 387 |                          | POZNAŃ                | POL  | M50  | 31     | M 226 | 01:04:12 |         | 04:32:12.50 | 04:32:29.50 | 12:57  | 4.6  |

**DWUDZIESTKA, M60**

| M-ce | Nazwisko i imię         | Nr  | Klub            | M-scowość   | Kraj | Kat. | M. kat | K/M   | 5km      | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|-----------------|-------------|------|------|--------|-------|----------|---------|-------------|-------------|--------|------|
| 1    | ZIMNY TOMASZ            | 422 | FARTY PUSZCZY   | SZCZECIN    | POL  | M60  | 1      | M 86  | 00:40:14 |         | 02:36:48.40 | 02:37:05.55 | 7:28   | 8    |
| 2    | ZAJĄC KAZIMIERZ         | 435 | BBL BOLESŁAWIEC | BOLESŁAWIEC | POL  | M60  | 2      | M 210 | 00:59:23 |         | 03:47:45.80 | 03:48:18.40 | 10:50  | 5.5  |
| 3    | MUCHA-KRUCZYŃSKI WACŁAW | 664 | MUKK ENPI       | OSTRZESZÓW  | POL  | M60  | 3      | M 225 | 01:06:02 |         | 04:27:02.00 | 04:27:38.10 | 12:42  | 4.7  |