

# NIEPOKORNY MNICH - 95 KM

Organizator: Fundacja Strefa Przygód  
Data: 2022-04-23  
Miejsce: Szczawnica  
Dystans: 94.8 km  
Klasyfikacja wg czasów brutto.



## NIEPOKORNY MNICH - 95 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	GRZĄDZIEL DOMINIK	2401	ATTIQ TEAM	DZIEKANOWICE	POL	M30	1	M 1	03:08:31	05:09:47	05:58:36	08:26:22	09:44:36	10:28:18.90	10:28:23.30	6:37	9.1
2	BARAN ARTUR	2404		DOBRA	POL	M30	2	M 2	03:14:20	05:33:49	06:27:27	09:14:25	10:32:27	11:21:15.50	11:21:18.90	7:11	8.3
3	MASIAREK MACIEJ	2601		PIOTRKÓW TRYBUNALSKI	POL	M20	1	M 3	03:08:36	05:22:04	06:12:13	09:12:05	10:38:15	11:24:06.00	11:24:10.45	7:12	8.3
4	GWIZDZ MARCIN	2631		JAWORZNO	POL	M40	1	M 4	03:08:34	05:20:07	06:10:17	09:12:22	10:40:00	11:34:51.50	11:34:54.75	7:19	8.2
5	SOWA ŁUKASZ	2618		KATOWICE	POL	M40	2	M 5	03:19:24	05:34:49	06:27:24	09:30:29	10:59:41	11:51:30.00	11:51:33.70	7:30	8
6	WŁOCHAL ROBERT	2495		WAŁBRZYCH	POL	M30	3	M 6	03:24:36	05:38:45	06:33:19	09:28:15	11:06:18	11:57:31.65	11:57:35.40	7:34	7.9
7	MOCZULSKA MAŁGORZATA	2765		ŻARÓW	POL	K40	1	K 1	03:32:05	05:48:07	06:40:40	09:37:54	11:10:03	12:04:24.05	12:04:30.35	7:38	7.9
8	KITA MICHAŁ	2577	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M40	3	M 7	03:26:31	05:44:08	06:37:09	09:38:23	11:16:28	12:09:40.10	12:09:45.00	7:41	7.8
9	CZUWAJ ANDRZEJ	2472	ZADYSZKA OŚWIĘCIM	GROJEC	POL	M40	4	M 8	03:25:25	05:48:06	06:42:49	09:55:25	11:33:14	12:24:25.55	12:24:35.65	7:51	7.6
10	CIEPLIK DAWID	2471	1990	RAWICZ	POL	M30	4	M 9	03:37:54	06:00:23	06:54:31	09:58:42	11:32:48	12:30:05.75	12:30:12.15	7:54	7.6
11	WÓJCIK PAWEŁ	2753	AZS UEK KRAKOW/KROKUS PRZYSZOWA	KRAKÓW	POL	M40	5	M 10	03:33:55	05:52:00	06:44:37	10:00:13	11:41:10	12:31:32.45	12:31:32.45	7:55	7.6
12	ŚLANDA MACIEJ	2427	KS JANUSZE	GRODZISKO DOLNE	POL	M30	5	M 11	03:37:00	06:00:18	06:58:05	10:03:17	11:40:59	12:32:08.70	12:32:23.80	7:56	7.6
13	ŚCIESZKA WOJCIECH	2654	13 ELT KRAKÓW - BALICE	KRAKÓW	POL	M40	6	M 12	03:34:45	05:56:43	06:56:01	10:03:32	11:41:07	12:34:47.25	12:34:51.00	7:57	7.5
14	DUDA KONRAD	2574		KRAKÓW	POL	M30	6	M 13	03:27:27	05:49:57	06:44:14	10:03:37	11:45:59	12:39:54.25	12:40:01.95	8:00	7.5
15	BORÓWKA RYSZARD	2488		GDYNIA	POL	M40	7	M 14	03:34:54	06:01:39	06:58:31	10:05:55	11:46:06	12:41:44.00	12:41:49.10	8:02	7.5
16	PIEKIELNY MARIUSZ	2735	CZASTARY	CZASTARY	POL	M40	8	M 15	03:44:56	06:09:16	07:05:44	10:11:54	11:53:50	12:43:58.35	12:44:18.00	8:03	7.4
17	KAMERDUŁA ŁUKASZ	2655	#TEAMCZTERY	STRUŻKA	POL	M40	9	M 16	03:34:48	06:05:40	07:04:44	10:15:23	11:51:00	12:44:52.60	12:45:00.35	8:04	7.4
18	MIGDAL MICHAŁ	2425	MARKOWI BIEGACZE	MARKI	POL	M30	7	M 17	03:38:15	06:05:17	07:01:46	10:15:26	11:55:28	12:48:09.35	12:48:15.35	8:06	7.4
19	RUDNICKI DARIUSZ	2552	PROJEKT1000UP	POGÓRZE	POL	M30	8	M 18	03:37:21	06:03:08	06:58:37	10:16:47	11:54:33	12:49:22.65	12:49:28.85	8:06	7.4
20	MOSKALIK TOMASZ	2643	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M40	10	M 19	03:39:12	06:07:15	07:02:50	10:17:12	11:56:48	12:49:29.80	12:49:38.20	8:07	7.4
21	JUDA WITOLD	2621		JELENIA GÓRA	POL	M40	11	M 20	03:30:45	05:55:57	06:51:49	10:14:04	11:58:41	12:52:12.50	12:53:30.35	8:08	7.4
22	ZYCH KATARZYNA	2658	BONNIE&CLYDE	TARNÓW	POL	K40	2	K 2	03:50:10	06:16:18	07:15:36	10:23:48	11:59:23	12:54:50.85	12:55:02.15	8:10	7.3
23	KIELASZEWSKI KAROL	2441	LESZ NO LIMITS RUNNERS	LESZNO	POL	M30	9	M 21	03:43:54	06:19:33	07:22:08	10:29:51	12:04:39	12:55:33.85	12:56:04.40	8:10	7.3
24	LEMAŃSKI DAMIAN	2603		ŁÓDŹ-RABIEŃ	POL	M30	10	M 22	03:25:57	05:53:19	06:48:33	10:15:02	12:08:42	13:04:26.80	13:04:34.50	8:16	7.3
25	KLUSEK MATEUSZ	2416	SKLEP BIEGACZA KRAKÓW	KRAKÓW	POL	M30	11	M 23	03:28:28	05:50:34	06:55:28	10:16:20	12:05:42	13:07:18.10	13:07:22.35	8:18	7.2
26	CEBULA LESZEK	2729		KRAKÓW	POL	M40	12	M 24	03:47:18	06:26:30	07:23:18	10:45:39	12:19:10	13:08:26.20	13:08:38.00	8:19	7.2
27	KIK IWONA	2588	KW KRAKÓW	ZABIERZÓW	POL	K30	1	K 3	03:42:10	06:12:54	07:13:41	10:33:37	12:17:47	13:12:15.15	13:12:20.25	8:21	7.2
28	JAWORSKI ŁUKASZ	2560	ULTRAMOC(-)	WARSZAWA	POL	M40	13	M 25	03:32:37	06:04:21	07:03:16	10:32:20	12:16:45	13:13:24.90	13:13:28.55	8:22	7.2
29	ORŁÓW ŁUKASZ	2556	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	14	M 26	03:38:11	06:09:46	07:10:49	10:34:11	12:17:37	13:17:06.15	13:17:12.45	8:24	7.1
30	DZIURZYŃSKI PAWEŁ	2430	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M30	12	M 27	03:39:23	06:07:21	07:06:51	10:31:48	12:18:13	13:23:49.40	13:23:58.15	8:28	7.1
31	KOTARBA WOJCIECH	2575	BARTOSZ GORCZYCA RUNNING TEAM	KIELCE	POL	M30	13	M 28	03:45:51	06:23:30	07:23:47	10:49:25	12:33:10	13:28:37.30	13:28:51.55	8:31	7
32	BUJAK KRZYSZTOF	2507	NOWA HUTA	KRAKÓW	POL	M30	14	M 29	03:42:46	06:06:15	07:08:58	10:33:39	12:18:09	13:28:54.45	13:29:01.90	8:31	7
33	WALACIK ADAM	2475		WARSZAWA	POL	M20	2	M 30	03:43:14	06:09:13	07:13:18	10:35:08	12:27:44	13:30:23.25	13:30:50.55	8:32	7
34	JASTRZĘBSKI SZYMON	2623		WROCŁAW / JAWORZNO	POL	M30	15	M 31	03:29:56	06:04:36	07:06:23	10:41:15	12:37:52	13:36:51.60	13:36:56.00	8:36	7
35	KRZESZOWSKI MARCIN	2535	MTS	STRZEGOM	POL	M40	15	M 32	03:44:49	06:16:26	07:13:46	10:47:43	12:37:49	13:38:30.05	13:38:30.05	8:38	6.9
36	ZIMKÓWSKI MARCIN	2771	KGHM ZG RUN	GŁOGÓW	POL	M30	16	M 33	03:38:31	06:18:08	07:23:46	10:57:02	12:47:35	13:43:07.90	13:43:10.65	8:40	6.9
37	TROJNAR DAMIAN	2428	KS JANUSZE	ŁAŃCUT	POL	M30	17	M 34	03:43:36	06:15:18	07:23:31	10:56:27	12:47:23	13:44:21.70	13:44:37.90	8:41	6.9

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
38	KUC WOJCIECH	2611		KŁOBUCK	POL	M30	18	M 35	03:45:07	06:20:45	07:23:12	10:52:44	12:47:43	13:49:02.20	13:49:16.15	8:44	6.9
39	ROSOLSKI DAWID	2474		POZNAŃ	POL	M30	19	M 36	03:35:33	06:15:55	07:23:36	10:56:25	12:51:55	13:50:12.65	13:50:29.85	8:45	6.9
40	SZAFRANIEC TOMASZ	2659	MIĘDZYRZECKIE GAZELE	MIĘDZYRZECZ	POL	M40	16	M 37	03:54:31	06:30:48	07:36:01	11:03:20	12:55:24	13:50:23.65	13:50:30.35	8:45	6.8
41	ZYCH DARIUSZ	2758	4 RUN TEAM	PIŁA	POL	M50	1	M 38	03:48:11	06:22:41	07:28:11	11:01:12	12:52:17	13:54:07.70	13:54:14.75	8:47	6.8
42	DARMETKO RAFAŁ	2661		KAMINSKO	POL	M30	20	M 39	03:50:40	06:30:43	07:36:05	11:05:39	12:55:19	13:56:06.05	13:56:16.75	8:49	6.8
43	JANKOWSKI SEBASTIAN	2660		RADZYMIN	POL	M30	21	M 40	03:50:40	06:30:44	07:36:06	11:03:14	12:55:29	13:56:06.70	13:56:16.80	8:49	6.8
44	NOSALIK MAREK	2410	MTA	ŻYWIEC	POL	M50	2	M 41	03:46:16	06:26:37	07:23:34	11:06:43	12:58:17	13:58:05.35	13:58:10.75	8:50	6.8
45	GRYNAGIEL PRZEMYSŁAW	2438		OSIEK NAD WISŁĄ	POL	M40	17	M 42	03:45:54	06:07:30	07:14:20	10:45:12	12:48:27	13:59:14.05	13:59:46.90	8:51	6.8
46	MARKOWSKI MARCIN	2707	UKS KOMETA GLIWICE	GLIWICE	POL	M40	18	M 43	03:56:44	06:33:01	07:36:02	11:11:27	13:04:02	14:00:30.60	14:00:41.75	8:51	6.8
47	JANUSZEWSKI ANDRZEJ	2544	OBSTACLE CENTER TEAM	WARSZAWA	POL	M30	22	M 44	03:34:32	06:07:10	07:14:23	10:53:17	13:04:23	14:12:54.40	14:13:01.75	8:59	6.7
48	TATAREK-KONIK AGNIESZKA	2688		CZELADŹ	POL	K30	2	K 4	04:02:44	06:31:51	07:36:20	11:13:46	13:08:18	14:13:36.30	14:13:44.55	9:00	6.7
49	ADAMOWYCZ BOGUSŁAW	2610	BOJADELSKA BRAC BIEGOWA	BOJADŁA	POL	M50	3	M 45	03:52:26	06:23:54	07:30:14	11:08:32	13:06:21	14:14:28.20	14:14:34.20	9:00	6.7
50	TWARDOWSKI TOMASZ	2757		STRAŻÓW	POL	M40	19	M 46	03:35:42	06:16:50	07:23:00	11:06:38	13:10:41	14:16:40.70	14:17:08.90	9:02	6.6
51	RUTKOWSKI MICHAŁ	2640		JÓZEFÓW	POL	M30	23	M 47	03:58:03	06:37:09	07:40:41	11:15:08	13:13:39	14:19:07.25	14:19:14.05	9:03	6.6
52	GAJOS DANIEL	2671	GRUPA LUKTRANS	KRAKÓW	POL	M40	20	M 48	03:52:44	06:31:35	07:38:34	11:14:21	13:09:05	14:21:08.10	14:21:16.70	9:05	6.6
53	KARAŚ MICHAŁ	2663	PODHALE NOWY TARG	NOWY TARG	POL	M40	21	M 49	03:54:10	06:32:11	07:35:47	11:20:14	13:21:18	14:26:16.30	14:26:41.25	9:08	6.6
54	SIEPIETOWSKI PIOTR	2652	LS AIRPORT RUN	WARSZAWA	POL	M50	4	M 50	03:57:54	06:43:46	07:50:56	11:33:40	13:30:03	14:27:06.65	14:27:23.85	9:08	6.6
55	KRYGIER TOMASZ	2656	EUROCASH RUNNING TEAM	POZNAŃ	POL	M20	3	M 51	03:51:54	06:37:42	07:50:58	11:29:40	13:28:07	14:30:35.70	14:30:48.65	9:11	6.5
56	NOWAK MARIUSZ	2414		BIELSKO-BIAŁA	POL	M30	24	M 52	03:50:12	06:24:56	07:30:11	11:22:51	13:22:46	14:30:50.60	14:30:57.65	9:11	6.5
57	LUBAŃSKI ROBERT	2615		BUKOWICE	POL	M50	5	M 53	03:56:08	06:42:24	07:51:32	11:31:04	13:29:49	14:33:28.10	14:33:37.25	9:12	6.5
58	SUCH ARKADIUSZ	2570		RZESZÓW	POL	M40	22	M 54	04:27:42	06:55:23	07:52:37	11:25:09	13:27:26	14:33:31.00	14:34:01.30	9:12	6.5
59	WALASEK GRZEGORZ	2651	BIEGUSIEM.PL	RYKI	POL	M50	6	M 55	04:02:33	06:39:07	07:44:18	11:25:12	13:27:38	14:33:41.55	14:34:01.60	9:12	6.5
60	WITEK WOJCIECH	2716		ŻARNOWIEC	POL	M30	25	M 56	04:04:11	06:48:10	07:50:55	11:25:16	13:27:35	14:33:39.95	14:34:01.75	9:12	6.5
61	GOLAS GRAŻYNA	2543	DUDYCZRUN	GDYNIA	POL	K40	3	K 5	04:02:46	06:48:41	07:51:16	11:34:58	13:29:50	14:33:57.55	14:34:06.40	9:13	6.5
62	DAMPS SYLWESTER	2526		MAŁE GOWINO	POL	M40	23	M 57	04:03:03	06:48:41	07:51:16	11:34:54	13:30:13	14:33:57.20	14:34:06.45	9:13	6.5
63	TUREK ŁUKASZ	2740	LATAJĄCE HO(L)ENDRY	WARSZAWA	POL	M30	26	M 58	03:54:29	06:37:11	07:42:29	11:26:19	13:35:03	14:35:08.50	14:35:28.65	9:13	6.5
64	TRZASKA WOJCIECH	2406	FUCHS OIL TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M20	4	M 59	04:19:11	06:59:07	08:05:59	11:39:14	13:33:33	14:36:27.65	14:36:55.65	9:14	6.5
65	SIATKA KRZESIMIR	2532	LUBELSKIBIEGACZ.PL TEAM	LUBLIN	POL	M30	27	M 60	04:00:29	06:49:31	08:03:24	11:46:30	13:47:07	14:42:20.90	14:42:28.70	9:18	6.4
66	KARCZ TOMASZ	2699	TEALTREE.PL	STRZEGOM	POL	M40	24	M 61	03:52:36	06:50:48	08:04:03	11:42:31	13:39:49	14:44:56.50	14:45:03.85	9:20	6.4
67	KAPALA OSKAR	2702	AKS POLONIA WARSZAWA	PRUSZKÓW	POL	M40	25	M 62	04:03:25	06:48:57	07:55:16	11:43:48	13:48:34	14:45:04.90	14:45:14.40	9:20	6.4
68	SIATKA PIOTR	2555	LUBELSKIBIEGACZ.PL TEAM	KRAKÓW	POL	M30	28	M 63	04:00:29	06:49:31	08:03:25	11:47:16	13:47:08	14:45:13.15	14:45:21.10	9:20	6.4
69	SZAREK RAFAŁ	2459	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	26	M 64	03:49:39	06:28:48	07:36:47	11:51:43	13:41:39	14:46:24.05	14:46:39.10	9:21	6.4
70	WOSIEK PAWEŁ	2738	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	27	M 65	04:03:20	06:48:48	07:51:39	11:46:47	13:51:58	14:46:48.50	14:47:10.10	9:21	6.4
71	GRZYBOWSKI RAFAŁ	2605		WARSZAWA	POL	M40	28	M 66	04:07:03	06:49:11	07:51:37	11:51:31	13:48:39	14:46:54.20	14:47:50.15	9:21	6.4
72	NIERADA MARCIN	2500		KATOWICE	POL	M30	29	M 67	03:56:31	06:43:45	07:51:01	11:35:54	13:35:06	14:49:40.45	14:49:53.35	9:23	6.4
73	MIKULSKI GRZEGORZ	2595	BSB	CHOROSZCZ	POL	M40	29	M 68	03:55:10	06:36:48	07:48:21	13:42:44	14:49:59.00	14:49:59.00	9:23	6.4	
74	CHROBACZYŃSKI RAFAŁ	2429		ŚWINIARSKO	POL	M20	5	M 69	04:15:03	06:56:26	08:00:11	11:33:40	13:43:44	14:49:26.70	14:50:00.40	9:22	6.4
75	CENIAWSKI PIOTR	2730	CSRG	BYTOM	POL	M40	30	M 70	03:57:43	06:43:29	07:47:37	11:39:34	13:46:53	14:51:41.35	14:52:18.35	9:24	6.4
76	KOZIEŁ KRZYSZTOF	2525		BARANOWO	POL	M40	31	M 71	03:50:59	06:36:29	07:51:41	11:42:26	13:48:02	14:55:11.35	14:55:17.55	9:26	6.4
77	FOGT MACIEJ	2629	CB163	KRUSZYN	POL	M40	32	M 72	04:06:35	06:48:56	07:59:40	11:59:04	13:57:47	14:57:41.05	14:57:58.05	9:28	6.3
78	FORREITER OSKAR	2731		BOJSZOWY	POL	M20	6	M 73	03:33:40	06:04:30	07:14:29	10:55:02	13:11:16	14:58:07.40	14:58:15.05	9:28	6.3
79	SOPOTNICKI WOJCIECH	2685	MOVEON	KUNICE	POL	M40	33	M 74	04:14:49	07:03:51	08:13:21	12:02:19	13:58:54	14:59:15.45	14:59:42.15	9:29	6.3
80	BUJAK PAWEŁ	2703	BUJAK TEAM	NAŁĘCZÓW	POL	M30	30	M 75	03:58:03	06:47:20	07:55:12	11:45:06	13:50:00	15:00:41.00	15:00:50.45	9:30	6.3
81	WALASIK DAMIAN	2493	AKADEMIA WOJSK LĄDOWYCH	STRUGA	POL	M20	7	M 76	03:59:53	06:50:59	07:56:58	11:56:19	13:59:18	15:00:57.95	15:01:23.95	9:30	6.3
82	WIĄCEK ŁUKASZ	2761	IRS KRAKÓW	ZIELONKI	POL	M40	34	M 77	03:46:36	06:40:25	07:43:34	11:44:31	13:51:55	15:04:45.25	15:05:17.25	9:32	6.3
83	LISIECKI TOMASZ	2764	TRZYNASTKA PLUS	LUBOŃ	POL	M40	35	M 78	04:09:46	07:00:47	08:10:46	12:04:56	14:02:29	15:07:18.20	15:07:48.50	9:34	6.3
84	URACZ ŁUKASZ	2494	BARTOSZ GORCZYCA TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M40	36	M 79	04:11:00	06:56:35	08:02:23	11:58:46	14:04:43	15:07:23.35	15:07:59.80	9:34	6.3

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
85	KOŁODZIEJSKI JAREK	2453	NIGDY W ŻYCIU NIE BIEGNĘ HARDCORĄ ;)	POZNAŃ	POL	M40	37	M 80	04:18:05	07:08:05	08:14:16	12:02:49	14:03:26	15:08:26.55	15:08:42.50	9:34	6.3
86	BUJAK KAMIL	2704	BUJAK TEAM	NAŁĘCZÓW	POL	M30	31	M 81	03:58:03	06:47:19	07:55:11	11:58:01	14:04:34	15:08:47.30	15:08:57.45	9:35	6.3
87	SZANECKI JAKUB	2717	CIEMNA STRONA POMIDORA	RZESZÓW	POL	M40	38	M 82	04:16:38	07:02:23	08:12:28	12:02:19	14:05:04	15:09:24.40	15:09:49.85	9:35	6.3
88	MART MARIUSZ	2473	ORT ŁOMIANKI	ŁOMIANKI	POL	M50	7	M 83	04:10:31	07:00:56	08:12:37	12:04:44	14:12:07	15:12:39.25	15:12:58.25	9:37	6.2
89	BEDNARZ SEBASTIAN	2481	OTM.B	OTMUCHÓW	POL	M50	8	M 84	04:02:07	06:49:40	08:04:11	12:02:26	14:14:40	15:15:47.50	15:16:03.85	9:39	6.2
90	KWIECIEŃ MAREK	2409	MARKOWI BIEGACZE	MARKI	POL	M30	32	M 85	04:07:49	06:59:30	08:12:41	12:05:03	14:12:23	15:17:14.65	15:17:31.25	9:40	6.2
91	MAZUREK DARIUSZ	2566	RZESZOWSKIE GAZELE I GEPARDY	STALOWA WOLA	POL	M30	33	M 86	03:54:28	06:43:25	07:53:34	12:03:34	14:16:26	15:20:03.15	15:20:12.40	9:42	6.2
92	KRYM KATARZYNA	2482	NIGHT RUNNERS WROCLAW	SMOLEC	POL	K40	4	K 6	04:06:39	06:54:29	08:06:38	12:02:06	14:14:23	15:20:26.95	15:20:34.35	9:42	6.2
93	SOKOŁOWSKI TOMASZ	2458	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M30	34	M 87	04:05:41	06:53:34	08:08:26	12:04:20	14:14:39	15:20:24.50	15:20:45.10	9:42	6.2
94	SOWA DARIUSZ	2642	CZARNECKI RUN TEAM/RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M60	1	M 88	04:18:37	07:05:25	08:13:16	12:11:56	14:16:58	15:23:09.60	15:23:23.40	9:44	6.2
95	WESOŁEK MAREK	2484	SENTE	WROCLAW	POL	M40	39	M 89	04:07:15	06:50:37	07:57:13	11:58:05	14:09:32	15:23:47.70	15:23:57.55	9:44	6.2
96	WILK DAWID	2468	SOCIOS SILESIA	ZABRZE	POL	M30	35	M 90	03:47:23	06:58:42	08:11:46	12:22:34	14:26:54	15:25:20.15	15:25:30.30	9:45	6.1
97	SMÓŁKOWSKI MARCIN	2531	PROJEKT1000UP	RUMIA	POL	M30	36	M 91	04:30:32	07:26:05	08:41:12	12:26:13	14:19:02	15:26:13.30	15:26:42.35	9:46	6.1
98	KOPYRA PIOTR	2641		KIELCE	POL	M30	37	M 92	04:09:20	07:11:41	08:32:54	12:22:30	14:27:51	15:27:14.50	15:27:20.40	9:46	6.1
99	OSTANSKI ARTUR	2728	BLACK HAT ULTRA TEAM	LELYSTAD	NED	M40	40	M 93	03:55:35	06:41:16		12:02:20	14:15:03	15:27:07.05	15:27:24.80	9:46	6.1
100	NOWOROLNIK PAWEŁ	2616	PĘDZĄCE MISIE	GLIWICE/TYLMANO WA	POL	M40	41	M 94	04:11:20	07:03:27	08:17:36	12:16:18	14:29:23	15:31:20.20	15:31:36.40	9:49	6.1
101	MORAWSKI FILIP	2562	MARCINSWIERCTEAM	PUSZCZYKOWO	POL	M40	42	M 95	03:58:36	06:49:31	08:01:43	12:00:38	14:16:14	15:31:57.15	15:32:15.50	9:49	6.1
102	BIEGANOWSKI KRZYSZTOF	2770	KLUB WYSOKOGÓRSKI WARSZAWA	SMARDZEWICE	POL	M30	38	M 96	04:16:48	07:04:59	08:20:47	12:12:19	14:25:01	15:33:13.50	15:33:34.20	9:50	6.1
103	ZAJĄC ŁUKASZ	2773	PRISJAKT POLAND	KRAKÓW	POL	M30	39	M 97	04:02:32	06:53:47	08:02:08	12:06:31	14:23:44	15:35:20.45	15:35:30.05	9:51	6.1
104	JĘCEK MACIEJ	2607		ŁÓDŹ	POL	M30	40	M 98	03:54:50	06:41:31	07:45:53	11:55:39	14:12:58	15:35:00.15	15:35:32.25	9:51	6.1
105	GASIK LESZEK	2567	SŁONCA JURY	OLSZTYN JURAJSKI	POL	M40	43	M 99	04:08:35	07:04:56	08:27:28	12:43:54	14:37:13	15:38:39.15	15:38:47.30	9:54	6.1
106	HOFMAŃSKI RAFAŁ	2678		KOTLIN	POL	M30	41	M 100	04:13:12	07:02:40	08:17:37	12:22:23	14:30:13	15:38:51.95	15:39:07.00	9:54	6.1
107	PRZYSTOLIK MAGDALENA	2597	KS ADEA TEAM GLIWICE	KATOWICE	POL	K30	3	K 7	04:25:57	07:14:08	08:27:21	12:22:54	14:31:57	15:41:14.05	15:41:26.35	9:55	6
108	KAZUBOWSKA ALEKSANDRA	2710		GORZÓW WLKP	POL	K40	5	K 8	04:13:24	07:08:29	08:27:28	12:15:38	14:32:25	15:41:06.80	15:41:27.65	9:55	6
109	GÓRNY ROBERT	2443	TIM JEST TIM	OZIMEK	POL	M40	44	M 101	03:58:01	06:58:43	08:08:37	12:12:53	14:26:08	15:41:39.70	15:41:46.55	9:55	6
110	KARPIŃSKI TOMASZ	2431		RZESZÓW	POL	M40	45	M 102	04:26:43	07:13:50	08:27:03	12:22:52	14:31:54	15:41:28.25	15:41:58.05	9:55	6
111	GARUS ŁUKASZ	2657		BYTOM	POL	M40	46	M 103	04:09:35	07:08:13	08:20:06	12:29:15	14:35:46	15:43:51.40	15:44:05.15	9:57	6
112	NOWAK MARCIN	2573	KRAKOWIAK ULTRA TEAM	MOSINA	POL	M30	42	M 104	03:58:56	06:49:30	08:01:42	12:02:03	14:16:48	15:43:55.75	15:44:14.85	9:57	6
113	RAJNER KRZYSZTOF	2568	ULTRA KOSZALIN	KOSZALIN	POL	M40	47	M 105	04:24:19	07:21:55	08:33:34	12:29:05	14:37:35	15:44:10.00	15:44:39.10	9:57	6
114	GOŁAJ KAROL	2620	CHOJNIK KARKONOSKI FESTIWAL BIEGOWY	WROCLAW	POL	M30	43	M 106	04:09:19	06:57:00	08:29:34	12:29:30	14:36:38	15:47:43.10	15:47:43.10	9:59	6
115	WUJDA MARTA	2746	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:36	15:48:10.50	15:48:33.15	10:00	6
116	GÓRSKA AGNIESZKA	2763	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:30	15:48:10.35	15:48:33.15	10:00	6
117	KUŹMAK STANISŁAW	2745	ŻARY RUNNERS TEAM	ŻARY	POL	M40	48	M 107	04:11:52	07:00:51	08:12:19	12:16:35	14:28:15	15:48:13.35	15:48:35.65	10:00	6
118	KRZEMINSKI TOMASZ	2708	HOTEL ANDELS ŁÓDŹ	ŁÓDŹ	POL	M40	49	M 108	04:17:33	07:06:30	08:26:59	12:22:54	14:32:44	15:50:28.25	15:51:04.05	10:01	6
119	ŚWIDERSKI KRZYSZTOF	2412		POZNAŃ	POL	M30	44	M 109	04:05:59	07:03:40	08:15:06	12:33:45	14:45:14	15:52:20.20	15:52:29.55	10:02	6
120	JAREMA MAREK	2668		KRAKÓW	POL	M50	9	M 110	04:09:57	07:09:03	08:25:28	12:33:51	14:52:19	15:56:49.00	15:56:59.90	10:05	5.9
121	MIELCARZ MICHAŁ	2619	KREJZI TIM BŁONIE	BŁONIE	POL	M40	50	M 111	04:14:42	07:06:40	08:27:30	12:30:00	14:55:01	15:58:17.20	15:58:34.75	10:06	5.9
122	TARAS MARCIN	2698	#BIEGAMNATARCHOM INIE	WARSZAWA	POL	M40	51	M 112	04:10:44	07:01:22	08:23:08	12:41:56	14:52:02	15:58:25.65	15:59:03.25	10:06	5.9
123	KLUKOSZOWSKI MAREK	2726	DRAG85	NOWA BIALA	POL	M30	45	M 113	04:20:57	07:19:05	08:44:29	12:40:07	14:50:03	15:59:04.45	15:59:16.05	10:07	5.9
124	MUSZYŃSKI KRZYSZTOF	2490		BUKOWNO	POL	M40	52	M 114	04:04:14	06:53:57	08:04:18	12:26:01	14:51:36	15:59:35.30	15:59:56.40	10:07	5.9
125	FOGIEL-PAWŁOWSKA AGNIESZKA	2584	LOS BIEGANEROS	WROCLAW	POL	K40	8	K 11	04:16:09	07:08:39	08:28:20	12:28:32	14:44:15	16:01:02.25	16:01:13.00	10:08	5.9
126	MATUSIAK MICHAŁ	2590	ROWERY MAŁGOŚKA	CERADZ	POL	M30	46	M 115	04:19:27	07:10:47	08:27:30	12:30:49	14:45:52	16:01:02.50	16:01:20.55	10:08	5.9
127	KARCZ ANNA	2751	BIURO TŁUMACZEŃ AWK ANNA KARCZ	BYDGOSZCZ	POL	K30	4	K 12	04:08:21	07:16:23	08:32:56	12:38:16	14:53:02	16:02:43.50	16:02:58.30	10:09	5.9

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
128	KACZMAREK JĘDRZEJ	2719	KP PSP MILICZ	PLESZEW	POL	M20	8	M 116	04:23:39	07:21:42	08:41:44	12:41:52	14:47:32	16:02:35.05	16:03:08.80	10:09	5.9
129	SZWAJKA ANETA	2742		STALOWA WOLA	POL	K50	1	K 13	04:18:05	07:19:30	08:28:26	12:41:48	14:49:21	16:03:05.00	16:03:17.85	10:09	5.9
130	MAĆKOWIAK TOMASZ	2723	CB163	BYDGOSZCZ	POL	M40	53	M 117	04:08:21	07:16:21	08:33:03	12:38:39	14:52:58	16:03:04.40	16:03:19.10	10:09	5.9
131	EFEMBERG JOANNA	2743	STAJNIA BALONA	SZCZECIN	POL	K40	9	K 14	04:29:32	07:33:56	08:48:27	12:44:11	14:56:18	16:02:55.35	16:03:20.45	10:09	5.9
132	OSICA ŁUKASZ	2676		ŚWIĘTOCHŁOWICE	POL	M30	47	M 118	04:36:27	07:26:31	08:32:34	12:46:57	14:58:04	16:03:29.60	16:04:09.85	10:09	5.9
133	BIĘDOWSKI MARIUSZ	2407	COYOTE TEAM	WŁOCŁAWEK	POL	M40	54	M 119	04:20:51	07:26:03	08:43:47	12:45:58	14:53:40	16:05:06.05	16:05:25.35	10:10	5.9
134	POGOCKI PIOTR	2591		KNURÓW	POL	M40	55	M 120	04:08:57	07:21:55	08:49:27	12:50:11	14:58:03	16:06:23.95	16:06:37.45	10:11	5.9
135	ŚLIWA GRZEGORZ	2419	AZS AWF KRAKÓW MASTERS	KRAKÓW	POL	M30	48	M 121	04:24:02	07:04:27	08:16:57	12:19:48	14:43:24	16:08:06.20	16:08:10.20	10:12	5.9
136	PAWLIK JAKUB	2417	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	49	M 122	04:24:01	07:04:26	08:16:34	12:23:27	14:43:18	16:08:06.25	16:08:10.25	10:12	5.9
137	MIGACZ DAWID	2424	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	50	M 123	04:24:03	07:04:30	08:16:33	12:23:30	14:42:46	16:08:06.90	16:08:10.75	10:12	5.9
138	SÓJKA PAWEŁ	2666		WARSZAWA	POL	M60	2	M 124	04:20:15	07:15:03	08:20:20	12:38:09	14:48:23	16:08:57.45	16:09:39.25	10:13	5.9
139	MROZIAK MACIEK	2549	RUNPASSION. PL TEAM	GDYNIA	POL	M50	10	M 125	04:26:14	07:22:29	08:50:04	12:40:48	14:59:47	16:10:08.80	16:10:39.45	10:14	5.9
140	LESIAK FILIP	2747	TRAI IS OUR WAY/ SKAWINA BIEGA	SKAWINA	POL	M40	56	M 126	04:16:51	07:16:28	08:26:59	12:45:42	14:59:53	16:10:39.70	16:10:39.70	10:14	5.9
141	TRZASKA MARCIN	2748	WATAHA	KRAKÓW	POL	M30	51	M 127	04:39:01	07:43:32	09:00:34	12:58:44	15:03:46	16:10:48.55	16:11:15.75	10:14	5.9
142	WALKOWIAK DARIUSZ	2545		ŁÓDŹ	POL	M40	57	M 128	04:20:15	07:20:16	08:33:59	12:44:47	15:01:36	16:11:20.95	16:11:32.95	10:14	5.9
143	NOWAK KRZYSZTOF	2727	#ADAMCZERWIŃSKITE AM	KRAKÓW	POL	M30	52	M 129	04:15:53	07:16:00	08:35:40	13:03:34	15:10:26	16:11:27.80	16:11:51.80	10:14	5.9
144	SWĘDZIÓŁ ROBERT	2625	OLKUSZBIEGA.PL	OLKUSZ	POL	M50	11	M 130	04:09:16	07:01:05	08:21:48	12:31:01	15:01:22	16:13:20.35	16:13:25.90	10:16	5.8
145	WIKTOROWICZ TOMASZ	2476	WIKTOROWICZ	WARSZAWA	POL	M40	58	M 131	04:09:51	07:07:24	08:16:36	12:28:28	15:09:23	16:15:55.20	16:16:14.15	10:17	5.8
146	DZIERŻEŃSKA MONIKA	2744	STAJNIA BALONA	GDAŃSK	POL	K40	10	K 15	04:32:18	07:37:25	08:56:11	12:56:21	15:09:40	16:17:25.00	16:17:49.30	10:18	5.8
147	MICHAŁOWSKI MARCIN	2518	MARCINŚWIERCTEAM	ŚWIETOSZÓW	POL	M40	59	M 132	04:03:39	06:54:20	08:02:09	12:11:31	14:32:25	16:18:04.85	16:18:11.55	10:19	5.8
148	NIEDZIELSKI ROBERT	2686	ACAR TEAM/VEGE RUNNERS	KRAKÓW	POL	M40	60	M 133	04:05:02	07:05:13	08:22:51	12:39:06	14:55:51	16:21:10.15	16:21:13.35	10:20	5.8
149	ZIĘBA MARCIN	2504	RUNPROGRESS TEAM	KRAKÓW	POL	M40	61	M 134	04:19:30	07:16:01	08:36:05	13:12:40	15:23:16	16:22:47.65	16:23:00.20	10:22	5.8
150	ADAMSKI KRZYSZTOF	2725		PRZYSZOWICE	POL	M30	53	M 135	04:12:54	07:27:08	08:40:59	13:08:42	15:21:27	16:26:55.95	16:27:32.00	10:24	5.8
151	KORNATOWSKI ANDRZEJ	2524	DYSTANS LESZNO	LESZNO	POL	M40	62	M 136	04:14:49	07:22:28	08:35:20	12:58:06	15:17:36	16:27:36.95	16:27:54.85	10:25	5.8
152	LANGE BEATA	2633	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	K40	11	K 16	04:24:52	07:20:38	08:39:36	12:46:28	15:04:53	16:29:32.10	16:29:51.05	10:26	5.7
153	OLESZEK MAGDALENA	2530	...	CZELADŹ	POL	K30	5	K 17	04:17:31	07:20:36	08:39:30	12:44:37	15:05:08	16:29:37.75	16:29:51.20	10:26	5.7
154	ODOLCZYK JERZY	2691	BUTALIONY	WARSZAWA	POL	M60	3	M 137	04:33:52	07:38:19	08:54:12	12:55:04	15:16:37	16:29:44.40	16:30:30.95	10:26	5.7
155	WESOŁOWSKI KRZYSZTOF	2413	LASKOWE LUDKI	KRAKÓW	POL	M30	54	M 138	04:08:21	07:03:45	08:15:58	12:46:25	15:16:29	16:34:33.70	16:34:43.55	10:29	5.7
156	ŁUKOMSKI MACIEJ	2469	ŁÓDZKI KLUB WYSOKOGÓRSKI/SZAK ALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	63	M 139	04:08:44	07:09:11	08:28:42	12:56:22	15:29:01	16:37:03.90	16:37:14.30	10:31	5.7
157	CHUCHAŁA PAWEŁ	2508	MARKÓWI BIEGACZE	MARKI	POL	M40	64	M 140	04:18:07	07:22:58	08:40:17	13:09:29	15:26:52	16:37:28.20	16:37:46.70	10:31	5.7
158	KRÓL MACIEJ	2754	WIRAN TEAM	REDA	POL	M40	65	M 141	04:26:47	07:26:47	08:40:27	12:57:14	15:23:33	16:40:20.55	16:40:25.75	10:33	5.7
159	CHWIEJ MARCIN	2593	BIEGACZE ŚWINOUJŚCIE	ŚWINOUJŚCIE	POL	M40	66	M 142	04:18:19	07:23:11	08:44:39	13:02:48	15:26:58	16:41:20.35	16:41:27.45	10:33	5.7
160	CHRZĄŚCIK ANNA	2664	PŁOMYK OLKUSZ	KRZESZOWICE	POL	K40	12	K 18	04:26:57	07:31:06	08:49:25	12:57:53	15:24:38	16:41:18.20	16:41:43.70	10:33	5.7
161	STELMACH DAMIAN	2580	DOGOŃ GM/ GÓRAL Z MAZUR RUNNING TEAM	BRWINÓW	POL	M40	67	M 143	04:10:46	07:11:07	08:36:27	13:05:54	15:23:27	16:42:11.80	16:42:41.15	10:34	5.7
162	BALCERZAK MARIUSZ	2485	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	68	M 144	04:29:00	07:34:12	08:51:52	13:02:44	15:28:25	16:43:10.55	16:43:45.55	10:34	5.7
163	WOŹNIAK MARCIN	2706		GDAŃSK	POL	M40	69	M 145	04:00:47	06:49:59	08:12:06	12:47:31	15:17:11	16:44:47.15	16:45:19.95	10:35	5.7
164	WYSZYŃSKI ARTUR	2635	LISKI	SOSNOWIEC	POL	M30	55	M 146	04:30:52	07:39:05	09:05:06	13:20:15	15:39:45	16:48:37.70	16:48:47.80	10:38	5.6
165	BOROWSKA KAROLINA	2701	MONIA GYM/PUSZCZYK BUKOWY	PUCICE	POL	K30	6	K 19	04:19:09	07:30:57	08:54:53	13:12:17	15:34:31	16:49:48.75	16:50:05.85	10:39	5.6
166	ZABRZEWSKI PATRYK	2449	KLUB BIEGACZA FARTLEK	ZORY	POL	M40	70	M 147	04:15:18	07:10:44	08:33:51	12:57:51	15:36:02	16:54:26.70	16:54:45.80	10:42	5.6

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
167	ULAS MACIEJ	2637		BOCHNIA	POL	M40	71	M 148	04:30:46	07:45:29	09:06:45	13:22:08	15:42:07	16:54:56.45	16:55:19.10	10:42	5.6
168	GARSTKA ZBIGNIEW	2673		WRONKI	POL	M40	72	M 149	04:42:19	07:56:47	09:17:17	13:29:15	15:49:28	16:56:02.20	16:56:28.80	10:43	5.6
169	PIECZARA BŁAŻEJ	2582		JAWORZNO	POL	M40	73	M 150	03:59:05	07:04:50	08:32:49	13:02:51	15:36:41	16:58:30.35	16:58:35.95	10:44	5.6
170	CZERWIK MONIKA	2517	#RÓBSWOJE	CZARNA WIEŚ	POL	K30	7	K 20	04:16:09	07:16:10	08:40:09	12:59:23	15:35:30	16:58:30.75	16:58:45.50	10:44	5.6
171	MAJ GRZEGORZ	2455		KRAKÓW	POL	M30	56	M 151	04:25:22	07:29:22	08:51:48	13:16:04	15:39:02	16:59:27.65	16:59:51.95	10:45	5.6
172	JOVANOVIĆ-DOBRZYŃSKA MARTA	2718		KRAKÓW	POL	K20	1	K 21	04:30:14	07:37:05	08:48:53	13:12:11	15:41:23	16:59:40.35	16:59:53.50	10:45	5.6
173	JOVANOVIĆ MARKO	2690		ALEKSINAC	SRB	M30	57	M 152	04:30:05	07:37:06	08:48:53	13:12:24	15:41:23	16:59:41.20	16:59:53.60	10:45	5.6
174	POPLAWSKI PIOTR	2628	PGB SPORTOWA PACZKA	ŁOSICE	POL	M40	74	M 153	04:27:53	07:34:08	08:56:31	13:12:15	15:39:29	16:59:53.10	17:00:17.00	10:45	5.6
175	TURLEJ DARIUSZ	2627	KONDYCJA	WARSZAWA	POL	M60	4	M 154	04:38:55	07:47:39	09:14:25	13:27:08	15:48:32	17:01:07.50	17:01:38.90	10:46	5.6
176	POLNIK RAFAŁ	2465	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M30	58	M 155	04:37:57	07:42:54	09:14:26	13:36:09	15:56:22	17:03:56.55	17:04:00.95	10:48	5.6
177	NOGA KRYSZTIAN	2447	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M40	75	M 156	04:37:56	07:42:55	09:14:25	13:36:10	15:56:06	17:03:55.85	17:04:01.10	10:48	5.6
178	WĄTROBA TOMASZ	2608	JJW17	WARSZAWA	POL	M30	59	M 157	04:20:10	07:22:05	08:57:36	13:29:11	15:49:05	17:04:09.25	17:04:45.15	10:48	5.6
179	URBASEK LUKASZ	2667		GLIWICE	POL	M40	76	M 158	04:54:32	08:01:48	09:27:17	13:42:45	15:59:47	17:04:50.15	17:05:18.60	10:48	5.6
180	WOJCIECHOWSKI DARIUSZ	2496	KRAKOWIAK TEAM / I-SPORT	KROSNO	POL	M40	77	M 159	04:13:06	07:19:43	08:38:11	13:09:37	15:43:29	17:05:52.50	17:06:14.60	10:49	5.5
181	PAŻUCHA WOJTEK	2646		LUSÓWKO	POL	M40	78	M 160	04:13:07	07:19:43	08:38:12	13:09:37	15:43:31	17:05:53.00	17:06:14.70	10:49	5.5
182	SADY SEBASTIAN	2689	OBY2	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	79	M 161	04:26:28	07:32:20	08:49:31	13:16:50	15:47:55	17:07:40.40	17:07:59.75	10:50	5.5
183	TOMCZAK DARIUSZ	2705		GOSTYŃ	POL	M30	60	M 162	04:33:49	07:35:51	08:49:36	13:17:08	15:46:28	17:07:42.75	17:08:10.40	10:50	5.5
184	DEJA DARIUSZ	2510	KEYSHO	GRODKÓW	POL	M40	80	M 163	04:32:44	07:47:38	09:12:43	13:32:32	15:49:44	17:08:10.25	17:08:24.45	10:50	5.5
185	STROJEK GRZEGORZ	2650		PRZEMKÓW	POL	M40	81	M 164	04:20:35	07:35:24	08:48:59	13:15:00	15:40:21	17:09:19.15	17:09:35.05	10:51	5.5
186	JANOWSKI KRZYSZTOF	2722	CB 163	KRUSZYN	POL	M30	61	M 165	04:33:40	07:37:51	08:59:49	13:22:45	15:52:07	17:10:09.45	17:10:26.75	10:51	5.5
187	MILEWSKI MACIEK	2513	SAMOTNY WILK	LEGIONOWO	POL	M40	82	M 166	05:03:42	08:23:49	09:44:23	13:53:35	16:02:30	17:13:39.75	17:14:17.95	10:54	5.5
188	JABŁOŃSKI JAKUB	2596	PRO366	POZNAŃ	POL	M40	83	M 167	04:31:42	07:32:23	08:55:14	13:29:45	15:54:08	17:19:34.85	17:19:40.35	10:57	5.5
189	FILIPEK PRZEMYSŁAW	2479	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	84	M 168	04:30:03	07:30:39	08:51:59	13:25:07	15:55:02	17:19:24.25	17:19:40.45	10:57	5.5
190	MAJEWSKI RADOŚLAW	2456	NIGHT RUNNERS / PRO366	POZNAŃ	POL	M40	85	M 169	04:31:42	07:32:23	08:55:11	13:29:40	15:54:08	17:19:35.35	17:19:40.55	10:57	5.5
191	WOŹNIAK MICHAŁ	2592	RUNNER_ULTRA	PODOLSZE	POL	M30	62	M 170	04:19:30	07:34:56	09:00:46	13:25:31	15:50:47	17:19:47.15	17:19:53.25	10:58	5.5
192	MRÓZ MARCIN	2554	DZIKIE BOBRY	ZALASEWO	POL	M40	86	M 171	04:13:26	07:22:59	08:57:56	13:26:54	15:54:46	17:20:00.20	17:20:18.70	10:58	5.5
193	KRZYŻAN JAKUB	2523	KW KRAKÓW	JERZMANOWICE	POL	M40	87	M 172	04:20:42	07:24:13	08:43:00	13:11:42	15:49:11	17:21:06.50	17:21:16.80	10:58	5.5
194	OLECHNOWICZ ROBERT	2557	HUCISKO FERAL CATS	DĄBROWA GÓRNICZA	POL	M30	63	M 173	04:48:31	08:04:51	09:20:47	13:26:30	15:56:34	17:21:51.40	17:22:08.40	10:59	5.5
195	GOLON MARLENA	2565	RUN PASJA	SICIENKO	POL	K40	13	K 22	04:51:29	08:10:36	09:28:54	13:32:18	15:55:26	17:23:32.85	17:24:01.00	11:00	5.5
196	SIEROCIUK ADRIAN	2617		WROCŁAW	POL	M20	9	M 174	04:27:52	07:32:17	09:06:45	13:33:23	16:01:04	17:24:59.45	17:25:19.75	11:01	5.4
197	MATYSIAK LUKASZ	2675		UJAZD	POL	M40	88	M 175	04:32:31	07:39:05	08:57:41	13:18:38	15:50:59	17:24:43.65	17:25:19.85	11:01	5.4
198	SPECJALSKI PRZEMYSŁAW	2529		GDAŃSK	POL	M50	12	M 176	04:48:52	08:06:56	09:27:53	13:52:39	16:14:15	17:26:25.30	17:26:58.35	11:02	5.4
199	SWOBODA JAROSŁAW	2634	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M40	89	M 177	04:24:51	07:24:55	08:44:15	13:06:44	15:46:47	17:27:07.50	17:27:27.55	11:02	5.4
200	ŻARNIEWSKI WOJCIECH	2467	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	M40	90	M 178	04:23:30	07:30:07	08:46:50	13:28:59	15:49:01	17:27:43.90	17:28:18.05	11:03	5.4
201	TOCHA ZBIGNIEW	2550		SKÓRCZ	POL	M60	5	M 179	04:17:16	07:30:44	08:51:28	13:28:58	15:48:58	17:27:44.15	17:28:18.15	11:03	5.4
202	RATAJCZAK JOANNA	2462	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:06	07:42:30	09:04:58	13:33:28	16:09:24	17:28:03.10	17:28:19.75	11:03	5.4
203	PTASZYŃSKA ELIZA	2448	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:05	07:42:30	09:04:58	13:33:28	16:09:23	17:28:02.00	17:28:19.75	11:03	5.4
204	KAZEKO IVAN	2415		MUENCHEN	GER	M40	91	M 180	04:32:07	07:44:42	09:19:36	13:40:44	16:14:09	17:28:50.60	17:29:14.20	11:03	5.4
205	KOWALCZYK ALEKSANDER	2502		DZIERAŻNIA	POL	M40	92	M 181	05:02:42	08:20:38	09:59:19	13:56:34	16:15:01	17:30:05.55	17:30:39.50	11:04	5.4
206	PASZKIEL ARTUR	2711	LUDZ	SZCZECINEK	POL	M50	13	M 182	04:39:15	07:43:19	09:25:27	13:32:59	16:02:09	17:30:26.90	17:31:05.45	11:04	5.4
207	KOZERA WALDEMAR	2598	OMA	KRAKÓW	POL	M40	93	M 183	04:40:33	07:46:46	09:10:59	13:35:08	16:11:17	17:31:19.85	17:31:27.65	11:05	5.4
208	KULANTY KRZYSZTOF	2460	KRZYSZTOFKULANTY@ INTERIA.EU	KRZYWOPŁOTY	POL	M30	64	M 184	04:37:21	07:44:27	09:12:20	13:35:06	16:10:42	17:31:07.40	17:31:32.80	11:05	5.4
209	SOWA MARIUSZ	2509	ŻARY RUNNERS TEAM	LIPINKI ŁUŻ.	POL	M40	94	M 185	04:40:05	08:01:04	09:23:52	13:35:26	16:04:50	17:31:02.65	17:31:36.10	11:05	5.4

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
210	SĄDEL BOGDAN	2464	ULTRA BEER RUNNERS	ZIELONA GÓRA	POL	M40	95	M 186	04:55:31	08:05:44	09:23:58	13:36:34	16:03:12	17:31:03.95	17:31:36.35	11:05	5.4
211	KROK JACEK	2563	ULTRASY!	LUBARTÓW	POL	M40	96	M 187	04:32:40	07:48:16	09:14:09	13:35:22	16:03:44	17:32:41.85	17:33:13.40	11:06	5.4
212	KOWALIK ARTUR	2408		JAWORZNO	POL	M30	65	M 188	04:25:48	07:29:58	08:58:05	13:34:29	16:04:23	17:33:13.25	17:33:39.05	11:06	5.4
213	SZCZEPAŃSKA EDYTA	2492		KOCMYRZÓW	POL	K30	8	K 25	04:30:28	08:08:20	09:48:26	14:01:29	16:16:46	17:34:05.80	17:34:15.60	11:07	5.4
214	LEWANDOWSKI LESZEK	2454	POWSTAŃCY Z KANAPY	BRZEZINA	POL	M40	97	M 189	04:54:23	08:12:32	09:28:03	13:46:26	16:08:18	17:33:59.15	17:34:33.85	11:07	5.4
215	KOZAR MARCIN	2622		TOMASZÓW MAZOWIECKI	POL	M40	98	M 190	04:43:40	07:37:40	09:01:10	13:26:07	16:13:30	17:34:58.20	17:35:21.95	11:07	5.4
216	KEJNA MACIEJ	2630		TOMASZÓW MAZOWIECKI	POL	M40	99	M 191	04:43:39	07:41:58	09:01:09	13:25:59	16:13:29	17:34:57.60	17:35:22.15	11:07	5.4
217	KOBYŁKA MAREK	2501	SUPERMARATON KALISZ	KALISZ	POL	M50	14	M 192	04:39:30	07:55:15	09:26:41	13:49:51	16:18:48	17:35:17.15	17:35:47.25	11:07	5.4
218	GAWRON TOMASZ	2440		LUBSKO	POL	M40	100	M 193	04:35:56	07:45:06	09:12:00	13:34:06	16:07:53	17:35:38.60	17:36:13.05	11:08	5.4
219	NAPIERAŁA KATARZYNA	2446		SUCHY LAS	POL	K40	16	K 26	04:55:34	08:18:57	09:43:47	13:51:55	16:19:36	17:39:34.30	17:39:46.55	11:10	5.4
220	KUNDYS KAROLINA	2578	#WAWRZYTEAM	WARSZAWA	POL	K30	9	K 27	05:38:58	09:34:03	09:34:03	13:57:25	16:18:05	17:42:10.75	17:42:47.75	11:12	5.4
221	GRZYBOWSKA KAROLINA	2709	GRANDAUTO	CZERMIN	POL	K40	17	K 28	04:43:30	07:55:58	09:14:13	13:38:11	16:07:57	17:42:26.00	17:42:55.65	11:12	5.4
222	PODLASZEWSKI JACEK	2527	SPC	TORUŃ	POL	M50	15	M 194	04:49:48	08:24:07	09:48:19	14:07:21	16:26:37	17:43:03.45	17:43:20.15	11:12	5.4
223	PTAK ADAM	2721	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M50	16	M 195	04:29:09	07:34:17	09:04:05	13:33:56	16:17:03	17:43:02.80	17:43:21.35	11:12	5.4
224	GRINIG ARKADIUSZ	2499		WODZISŁAW ŚLĄSKI	POL	M40	101	M 196	04:37:24	07:47:58	09:14:14	13:48:40	16:19:07	17:42:49.95	17:43:27.55	11:12	5.4
225	KOWALCZYK EWELINA	2445	LUCKY LUZERS	LUBOŃ	POL	K40	18	K 29	04:46:22	08:02:44	09:26:52	13:59:36	16:23:00	17:43:41.25	17:44:12.45	11:13	5.3
226	BEDNARCZYK BOGUSŁAW	2662	PRO-RUN WROCŁAW	WROCŁAW	POL	M50	17	M 197	04:46:22	08:02:54	09:37:10	13:59:12	16:23:04	17:43:44.40	17:44:13.90	11:13	5.3
227	KOLECKI JAKUB	2420	KOLETZKY FUN	RADOM	POL	M40	102	M 198	05:15:38	08:27:36	09:49:36	14:07:09	16:24:51	17:43:41.80	17:44:27.05	11:13	5.3
228	KUNKEL ANNA	2515	PGB SPORTOWA PACZKA	GDAŃSK	POL	K40	19	K 30	04:51:29	08:13:05	09:37:14	13:54:54	16:21:28	17:44:09.35	17:44:33.85	11:13	5.3
229	HIRT TOMASZ	2609	CB 163	BYDGOSZCZ	POL	M40	103	M 199	05:22:13	08:23:50	09:41:14	13:50:31	16:19:01	17:44:48.50	17:45:04.40	11:13	5.3
230	GRZEGORCZYK WOJCIECH	2444	KONDYCJA	WARSZAWA	POL	M50	18	M 200	04:45:10	08:02:39	09:29:35	13:57:40	16:24:14	17:46:24.15	17:46:55.05	11:14	5.3
231	MENDYKA ŁUKASZ	2732	KB AKTYWNI ŚRODA WLKP.	ŚRODA WIELKOPOLSKA	POL	M30	66	M 201	04:38:15	07:56:49	09:14:16	13:44:16	16:24:22	17:46:40.10	17:46:55.15	11:15	5.3
232	GLÓRA ALEKSANDRA	2491	ŻARY RUNNERS TEAM	ŻARY	POL	K40	20	K 31	04:55:03	08:07:39	09:36:29	13:54:36	16:21:36	17:46:23.40	17:46:55.20	11:14	5.3
233	URBAN DANIEL	2512	SENTE RUNNING TEAM	DOBRYKOWICE	POL	M40	104	M 202	05:02:26	08:26:51	09:44:58	14:04:35	16:24:29	17:47:26.45	17:47:37.95	11:15	5.3
234	KANIA PAWEŁ	2756	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M50	19	M 203	05:01:49	08:22:12	09:51:55	14:07:40	16:28:15	17:47:05.85	17:47:45.00	11:15	5.3
235	DUCH EMIL	2697	JB WARSAW	WARSZAWA	POL	M30	67	M 204	04:51:24	08:14:04	09:42:54	14:02:38	16:34:31	17:47:27.70	17:48:02.55	11:15	5.3
236	PISAREK KAROL	2696	JB WARSAW	WARSZAWA	POL	M30	68	M 205	04:51:24	08:14:06	09:42:54	14:02:34	16:34:33	17:47:27.65	17:48:02.70	11:15	5.3
237	OSOWSKI WOJTEK	2538	ZACHELMIE	WARSZAWA	POL	M50	20	M 206	04:52:30	08:09:13	09:26:58	14:00:15	16:26:46	17:49:02.35	17:49:27.95	11:16	5.3
238	JAKUBCZYK RAFAŁ	2470	TRIBOYS	LUBOŃ	POL	M40	105	M 207	04:47:41	08:17:51	09:43:00	14:11:40	16:33:07	17:50:02.50	17:50:23.00	11:17	5.3
239	WOJTAKOWSKA JOANNA	2741	TIME4RUNNING	TOMASZÓW MAZ.	POL	K40	21	K 32	05:02:11	08:09:31	09:37:44	13:58:55	16:26:38	17:50:34.75	17:50:57.75	11:17	5.3
240	ISKRA ARKADIUSZ	2511	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	106	M 208	04:39:58	08:03:09	09:42:24	14:17:02	16:37:54	17:50:47.60	17:51:24.00	11:17	5.3
241	BIAŁEK OLAF	2694	MEGATEL.COM.PL	KRAKÓW	POL	M50	21	M 209	05:00:57	08:17:40	09:42:04	14:04:21	16:26:38	17:51:02.95	17:51:30.15	11:17	5.3
242	MAKOWSKI ŁUKASZ	2483		GORLICE	POL	M40	107	M 210	04:47:02	08:04:03	09:28:50	14:02:30	16:34:47	17:52:56.40	17:53:23.40	11:19	5.3
243	NIEDZIELA MARCIN	2636	FAT MAMA'S SPORT CLUB	BYTOM	POL	M40	108	M 211	04:47:54	08:12:22	09:38:01	13:57:40	16:38:48	17:53:56.25	17:54:09.40	11:19	5.3
244	MARCELA MARCIN	2606	FAT MAMA'S SPORT CLUB	TARNOWSKIE GÓRY	POL	M40	109	M 212	04:47:54	08:12:25	09:38:02	13:52:32	16:38:28	17:53:56.45	17:54:09.60	11:19	5.3
245	WROE AGNIESZKA	2533	BIEDRAGA@GMAIL.COM	POZNAŃ	POL	K40	22	K 33	05:01:43	08:17:21	09:45:17	14:16:46	16:39:37	17:56:36.00	17:57:15.45	11:21	5.3
246	KRZCZUK BENEDYKT	2489		TYCHY	POL	M50	22	M 213	04:57:49	08:20:07	09:46:49	14:17:08	16:40:48	17:58:25.60	17:58:34.00	11:22	5.3
247	KWIATEK AGNIESZKA	2681		ORZESZE	POL	K30	10	K 34	04:30:59	07:57:47	10:11:08	14:38:07	16:48:52	17:58:19.75	17:58:44.80	11:22	5.3
248	KOWALCZYK ROBERT	2687	ŁĘCZNA BIEGA	ŁĘCZNA	POL	M40	110	M 214	04:41:39	08:05:22	09:29:06	14:09:46	16:40:42	17:58:05.10	17:58:45.55	11:22	5.3
249	KOŁCZ SARA	2506	PODIUM	RZESZÓW	POL	K30	11	K 35	05:11:27	08:38:32	10:05:50	14:16:10	16:44:29	17:58:39.75	17:59:18.15	11:22	5.3
250	CHRZUSZCZ ANNA	2713	ANNA CHRZUSZCZ	GORZÓW WIELKOPOLSKI	POL	K30	12	K 36	04:49:21	08:10:42	09:30:17	14:01:04	16:42:12	18:00:56.70	18:01:23.80	11:24	5.3
251	KASPERSKA BARBARA	2736	BBL GORZÓW	GORZÓW WLKP.	POL	K40	23	K 36	04:39:14	07:57:11	09:21:49	14:01:05	16:42:12	18:00:57.40	18:01:23.80	11:24	5.3
252	SZKOŁA-ŚNIEZEK AGNIESZKA	2536	PRZYSZŁAM POPATRZĘC	KRAKÓW	POL	K30	13	K 38	04:45:49	08:00:33	09:36:03	14:04:27	16:40:57	18:01:32.40	18:01:47.05	11:24	5.3

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h	
253	SZYMANKIEWICZ KALINA	2604		GDYNIA	POL	K50	2	K 39	04:55:47	08:19:44	09:45:12	14:08:07	16:35:29	18:10:46.95	18:11:16.00	11:30	5.2	
254	DOŁĘGA ANNA	2540	ZABIEGANA MAMA	BIALYSTOK	POL	K40	24	K 40	05:12:09	08:36:39	10:06:46	14:34:07	16:53:41	18:12:01.90	18:12:29.75	11:31	5.2	
255	WOLANIN TOMASZ	2670		SZCZECINEK	POL	M50	23	M 215	04:44:25	08:07:15	09:29:22	14:16:12	16:46:43	18:14:54.90	18:15:33.75	11:32	5.2	
256	MARGAS GRZEGORZ	2752	MEERCATEAM	PROSZOWICE	POL	M50	24	M 216	04:55:09	08:22:18	09:49:09	14:15:40	16:43:59	18:18:37.15	18:19:06.80	11:35	5.2	
257	DAWID MIROSLAW	2539	BIEGNĘ ZA WODZEM	KLUCZBORK	POL	M50	25	M 217	05:01:02	08:37:12	10:01:44	14:38:40	16:59:44	18:20:14.15	18:20:25.35	11:36	5.2	
258	TALMA PAWEŁ	2599	ULTRAS!	LUBARTÓW	POL	M40	111	M 218	04:55:06	08:17:34	09:42:44	14:36:36	17:03:49	18:30:28.10	18:30:58.35	11:42	5.1	
259	WYDRA MARIUSZ	2680	STARE BABICE BIEGAJA	STARE BABICE	POL	M50	26	M 219	04:46:10	08:08:49	09:45:25	14:38:42	17:03:57	18:30:27.55	18:30:58.50	11:42	5.1	
260	ŁUKASZEK ARTUR	2505		LUBARTÓW	POL	M50	27	M 220	04:40:12	08:00:05		14:46:03	17:03:52	18:30:26.25	18:30:58.85	11:42	5.1	
261	MARCINIAK MACIEJ	2548	MM-PROJEKT	ŻARY	POL	M40	112	M 221	04:48:31	08:15:06	09:44:06	14:13:33	17:00:15	18:42:51.50	18:43:17.25	11:50	5.1	
262	FIJAŁKOWSKI WOJCIECH	2579	MONAR-GRACZE	WROCŁAW	POL	M60	6	M 222	04:56:43	08:38:36	10:02:27	14:38:28	17:16:14	18:47:36.55	18:47:58.40	11:53	5	
263	KOWALSKI ANDRZEJ	2734		WROCŁAW	POL	M60	7	M 223	04:49:05	08:08:57	10:13:30	14:50:41	17:22:43	18:47:58.50	18:48:36.55	11:53	5	
264	ZYGMUNT PAWEŁ	2497		GIEDLAROWA	POL	M40	113	M 224	05:06:17	08:29:18	10:01:21	14:34:19	17:17:08	19:09:13.10	19:09:33.35	12:07	4.9	
265	KITLAS DARIUSZ	2769	BSB	SOCHONIE	POL	M50	28	M 225	05:08:53	08:28:04	10:01:20	14:43:03	17:17:17	19:09:12.00	19:09:33.70	12:07	4.9	
266	PISARCZYK GRZEGORZ	2674		POZNAŃ	POL	M30	69	M 226	04:46:03	08:02:49	09:50:54	14:56:20	17:42:08	19:32:49.20	19:33:08.00	12:22	4.8	
267	DOMINCZYK RAFAŁ	2762	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M40	114	M 227	05:23:54	09:03:51	10:47:08					11:59	5	
268	WRÓBLEWSKA KATARZYNA	2750	GIT EKIPA!	ZAWIERCIE	POL	K30	14	K 41	05:23:59	09:03:52	10:47:09					11:59	5	
269	GUZIK DANIEL	2775		OPEN MĘZCZYŹNI	POL	K40	1	M 228	05:24:49	09:03:52	10:47:09					11:59	5	
	ULASZEWSKA AGNIESZKA	2677	BRAK	TOMASZÓW MAZOWIECKI	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	
	GRZESIAK MATEUSZ	2714	KLUB AA	KĘPNO	POL	M30			04:59:01 DNF	08:25:58 DNF	09:53:25 DNF	14:59:45 DNF	DNF	DNF	DNF	DNF	-	-
	SEDLAK MICHAŁ	2403	MARCIN ŚWIERC TEAM	GIERASZOWICE	POL	M40			03:08:25 DNF	05:20:54 DNF	06:10:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MOSIOŁEK MONIKA	2528	NAPRZÓD MŁOCINYBIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	SKARŻYSKO-KAMI ENNA	POL	K30			03:59:40 DNF	06:53:17 DNF	08:12:51 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	URBANIK ŁUKASZ	2768	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40			04:36:58 DNF	07:55:56 DNF	09:21:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	POTEMPSKI PAWEŁ	2632	ZABIEGANI PO USZY	WARSZAWA	POL	M40			04:52:35 DNF	08:17:54 DNF	09:45:26 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LEŚNIAK MARCIN	2442	STANWEX II	SULEJÓWEK	POL	M30			04:55:20 DNF	08:20:12 DNF	09:48:00 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAWADA MATEUSZ	2435	ZARAŻENI BÓLEM	WARSZAWA	POL	M30			04:55:21 DNF	08:20:22 DNF	09:48:00 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	COP ANNA	2452	SUMT / DAV SEKCJA KATOWICKA	KATOWICE	POL	K40			04:46:32 DNF	08:19:51 DNF	09:52:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROLLA DORIAN	2486		WARZYMICE	POL	M40			04:49:08 DNF	08:15:33 DNF	09:54:27 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KAŁA JACEK	2749	BP RUNNING TEAM	GLIWICE	POL	M40			05:04:15 DNF	08:29:27 DNF	10:06:39 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWICKI MAREK	2537	PORANNI BIEGACZE	DOBRYKOWICE	POL	M50			05:03:59 DNF	08:44:16 DNF	10:08:26 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BEDNARSKA JOANNA	2715	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ PURA VIDA TEAM	KIELCE	POL	K40			05:12:14 DNF	08:46:27 DNF	10:09:16 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NAPIERAŁA MARCIN	2426	PIĄTKOWO NA BIEGOWO / BIEGAJĄCE KREJZOLE	KOZIEGŁOWY	POL	M40			05:06:40 DNF	08:29:10 DNF	10:11:15 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SKOMORUCHA PAWEŁ	2547	KUŹNIA TRIATHLONU	WARSZAWA	POL	M40			04:55:39 DNF	08:29:40 DNF	10:11:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIETRUSZCZAK AGNIESZKA	2602		TOMASZÓW MAZOWIECKI	POL	K50			05:02:01 DNF	08:37:54 DNF	10:11:26 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SAMULSKI KRZYSZTOF	2737		BIELSKO BIAŁA	POL	M30			04:48:06 DNF	08:26:22 DNF	10:21:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KWIATEK WERONIKA	2755		BIELSKO-BIAŁA	POL	K30			04:48:05 DNF	08:20:46 DNF	10:21:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
	ZIELIŃSKI DARIUSZ	2477	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			04:41:40 DNF	08:05:35 DNF	10:22:00 DNF	DNF	DNF	DNF	DNF	-	-
	KRZYŻIŃSKA SYLWIA	2759	WIEJSKA GRUPA BIEGOWA	GRODZISK MAZ	POL	K40			05:06:40 DNF	08:41:58 DNF	10:23:35 DNF	DNF	DNF	DNF	DNF	-	-
	KONARSKI MACIEJ	2767	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M40			05:06:36 DNF	08:42:56 DNF	10:24:09 DNF	DNF	DNF	DNF	DNF	-	-
	OSTROUCH TYMON	2712	PARKRUN	GORZÓW WLKP.	POL	M30			05:07:10 DNF	08:45:55 DNF	10:41:33 DNF	DNF	DNF	DNF	DNF	-	-
	KULDANEK MARCIN	2576	DOGOŃ GRODZISK MAZOWIECKI	STANISŁAWÓW	POL	M40			05:08:53 DNF	08:47:44 DNF	10:45:09 DNF	DNF	DNF	DNF	DNF	-	-
	MISIURA ADAM	2682	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M30			05:12:09 DNF	09:07:15 DNF	11:10:05 DNF	DNF	DNF	DNF	DNF	-	-
	KOŁODZIEJCZYK MACIEJ	2432	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			05:10:28 DNF	08:54:47 DNF	11:25:15 DNF	DNF	DNF	DNF	DNF	-	-
	KRYSTJAŃCZUK KAROL	2684	ŁĘCZNA BIEGA	LUDWIN	POL	M40			05:00:42 DNF	08:53:37 DNF	11:25:20 DNF	DNF	DNF	DNF	DNF	-	-
	JACHYMSKI JACEK	2733	AKG ŁÓDŹ	ŁÓDŹ	POL	M60			DNF	10:27:57 DNF	12:08:57 DNF	DNF	DNF	DNF	DNF	-	-
	CŁAPIŃSKI JANUSZ	2522	BARTOSZ GORCZYCA TEAM	ŁÓDŹ	POL	M30			03:32:21 DNF	06:24:06 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TYSZKA DARIUSZ	2613	AKS POLONIA WARSZAWA	WARSZAWA	POL	M40			04:21:08 DNF	07:25:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARIUSZ	2571	HIRSCHVOGEL	GLIWICE	POL	M40			04:24:23 DNF	07:31:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BIELECKI SŁAWOMIR	2519		KRAKÓW	POL	M50			04:59:19 DNF	08:28:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DALEWSKI RAFAŁ	2693		WARSZAWA	POL	M40			05:36:38 DNF	09:13:14 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MICHNIEWSKI PIOTR	2774			POL	OPEN MĘŻCZYŃNI			05:24:02 DNF	10:09:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SUSKI MARCIN	2669	LEPIEBIEGAC.PL	GORLICE	POL	M30			03:54:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZADŁOWSKI DARIUSZ	2421	DRIM TIM	CIECHOCINEK	POL	M40			04:08:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIELOCH TAMARA	2695		PODKOWA LEŚNA	POL	K40			04:11:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	UGOREK JAROSŁAW	2700		GORZÓW WLKP.	POL	M40			04:19:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROSZKOWSKI MARCIN	2672	ZABIEGANI PO USZY	WARSZAWA	POL	M50			04:53:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STĘŻYCKI MARIUSZ	2561	ŻARY RUNNERS TEAM	ŻARY	POL	M40			04:55:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STAWSKI DARIUSZ	2503	KS ULTRA TEAM ŁÓDŹ	ŁÓDŹ	POL	M60			04:55:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WNUK KRYSZTIAN	2558		RADOM	POL	M40			05:22:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZETRZELEWSKA-LALIK EWA	2645	ICEVEGA TEAM	JERZMANOWICE	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	2564	GRUPALUKTRANS.PL	PROSZOWICE	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SCOLAS ETIENNE	2739	ICEVEGA TEAM	LIEGE	BEL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PRZYSIWEK PATRYK	2466		POZNAŃ	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN Kobiety**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	MOCZULSKA MAŁGORZATA	2765		ŻARÓW	POL	K40	1	K 1	03:32:05	05:48:07	06:40:40	09:37:54	11:10:03	12:04:24.05	12:04:30.35	7:38	7.9
2	ZYCH KATARZYNA	2658	BONNIE&CLYDE	TARNÓW	POL	K40	2	K 2	03:50:10	06:16:18	07:15:36	10:23:48	11:59:23	12:54:50.85	12:55:02.15	8:10	7.3



**NIEPOKORNY MNICH - 95 KM, OPEN Kobiety c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
3	KIK IWONA	2588	KW KRAKÓW	ZABIERZÓW	POL	K30	1	K 3	03:42:10	06:12:54	07:13:41	10:33:37	12:17:47	13:12:15.15	13:12:20.25	8:21	7.2
4	TATAREK-KONIK AGNIESZKA	2688		CZELADŹ	POL	K30	2	K 4	04:02:44	06:31:51	07:36:20	11:13:46	13:08:18	14:13:36.30	14:13:44.55	9:00	6.7
5	GOLAS GRAŻYNA	2543	DUDYCZRUN	GDYNIA	POL	K40	3	K 5	04:02:46	06:48:41	07:51:16	11:34:58	13:29:50	14:33:57.55	14:34:06.40	9:13	6.5
6	KRYM KATARZYNA	2482	NIGHT RUNNERS	SMOLEC	POL	K40	4	K 6	04:06:39	06:54:29	08:06:38	12:02:06	14:14:23	15:20:26.95	15:20:34.35	9:42	6.2
7	PRZYSTOLIK MAGDALENA	2597	KS ADEA TEAM GLIWICE	KATOWICE	POL	K30	3	K 7	04:25:57	07:14:08	08:27:21	12:22:54	14:31:57	15:41:14.05	15:41:26.35	9:55	6
8	KAZUBOWSKA ALEKSANDRA	2710		GORZÓW WLKP	POL	K40	5	K 8	04:13:24	07:08:29	08:27:28	12:15:38	14:32:25	15:41:06.80	15:41:27.65	9:55	6
9	GÓRSKA AGNIESZKA	2763	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:30	15:48:10.35	15:48:33.15	10:00	6
10	WUJDA MARTA	2746	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:36	15:48:10.50	15:48:33.15	10:00	6
11	FOGIEL-PAWŁOWSKA AGNIESZKA	2584	LOS BIEGANEROS	WROCLAW	POL	K40	8	K 11	04:16:09	07:08:39	08:28:20	12:28:32	14:44:15	16:01:02.25	16:01:13.00	10:08	5.9
12	KARCZ ANNA	2751	BIURO TŁUMACZEŃ AWK ANNA KARCZ	BYDGOSZCZ	POL	K30	4	K 12	04:08:21	07:16:23	08:32:56	12:38:16	14:53:02	16:02:43.50	16:02:58.30	10:09	5.9
13	SZWAJKA ANETA	2742		STALOWA WOLA	POL	K50	1	K 13	04:18:05	07:19:30	08:28:26	12:41:48	14:49:21	16:03:05.00	16:03:17.85	10:09	5.9
14	EFEMBERG JOANNA	2743	STAJNIA BALONA	SZCZECIN	POL	K40	9	K 14	04:29:32	07:33:56	08:48:27	12:44:11	14:56:18	16:02:55.35	16:03:20.45	10:09	5.9
15	DZIERŻEŃSKA MONIKA	2744	STAJNIA BALONA	GDAŃSK	POL	K40	10	K 15	04:32:18	07:37:25	08:56:11	12:56:21	15:09:40	16:17:25.00	16:17:49.30	10:18	5.8
16	LANGE BEATA	2633	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	K40	11	K 16	04:24:52	07:20:38	08:39:36	12:46:28	15:04:53	16:29:32.10	16:29:51.05	10:26	5.7
17	OLESEK MAGDALENA	2530	...	CZELADŹ	POL	K30	5	K 17	04:17:31	07:20:36	08:39:30	12:44:37	15:05:08	16:29:37.75	16:29:51.20	10:26	5.7
18	CHRZAŚCIK ANNA	2664	PŁOMYK OLKUSZ	KRZESZOWICE	POL	K40	12	K 18	04:26:57	07:31:06	08:49:25	12:57:53	15:24:38	16:41:18.20	16:41:43.70	10:33	5.7
19	BOROWSKA KAROLINA	2701	MONIA GYM/PUSZCZYK BUKOWY	PUCICE	POL	K30	6	K 19	04:19:09	07:30:57	08:54:53	13:12:17	15:34:31	16:49:48.75	16:50:05.85	10:39	5.6
20	CZERWIK MONIKA	2517	#RÓBSWOJE	CZARNA WIEŚ	POL	K30	7	K 20	04:16:09	07:16:10	08:40:09	12:59:23	15:35:30	16:58:30.75	16:58:45.50	10:44	5.6
21	JOVANOVIĆ-DOBRYŃSKA MARTA	2718		KRAKÓW	POL	K20	1	K 21	04:30:14	07:37:05	08:48:53	13:12:11	15:41:23	16:59:40.35	16:59:53.50	10:45	5.6
22	GOLON MARLENA	2565	RUN PASJA	SICIENKO	POL	K40	13	K 22	04:51:29	08:10:36	09:28:54	13:32:18	15:55:26	17:23:32.85	17:24:01.00	11:00	5.5
23	RATAJCZAK JOANNA	2462	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:06	07:42:30	09:04:58	13:33:28	16:09:24	17:28:03.10	17:28:19.75	11:03	5.4
24	PTASZYŃSKA ELIZA	2448	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:05	07:42:30	09:04:58	13:33:28	16:09:23	17:28:02.00	17:28:19.75	11:03	5.4
25	SZCZEPAŃSKA EDYTA	2492		KOCMYRZÓW	POL	K30	8	K 25	04:30:28	08:08:20	09:48:26	14:01:29	16:16:46	17:34:05.80	17:34:15.60	11:07	5.4
26	NAPIERAŁA KATARZYNA	2446		SUCHY LAS	POL	K40	16	K 26	04:55:34	08:18:57	09:43:47	13:51:55	16:19:36	17:39:34.30	17:39:46.55	11:10	5.4
27	KUNDYS KAROLINA	2578	#WAWRZYTEAM	WARSZAWA	POL	K30	9	K 27	05:38:58		09:34:03	13:57:25	16:18:05	17:42:10.75	17:42:47.75	11:12	5.4
28	GRZYBOWSKA KAROLINA	2709	GRANDAUTO	CZERMIN	POL	K40	17	K 28	04:43:30	07:55:58	09:14:13	13:38:11	16:07:57	17:42:26.00	17:42:55.65	11:12	5.4
29	KOWALCZYK EWELINA	2445	LUCKY LUZERS	LUBOŃ	POL	K40	18	K 29	04:46:22	08:02:44	09:26:52	13:59:36	16:23:00	17:43:41.25	17:44:12.45	11:13	5.3
30	KUNKEL ANNA	2515	PGB SPORTOWA PACZKA	GDAŃSK	POL	K40	19	K 30	04:51:29	08:13:05	09:37:14	13:54:54	16:21:28	17:44:09.35	17:44:33.85	11:13	5.3
31	GLÓRA ALEKSANDRA	2491	ŻARY RUNNERS TEAM	ŻARY	POL	K40	20	K 31	04:55:03	08:07:39	09:36:29	13:54:36	16:21:36	17:46:23.40	17:46:55.20	11:14	5.3
32	WOJTAKOWSKA JOANNA	2741	TIME4RUNNING	TOMASZÓW MAZ.	POL	K40	21	K 32	05:02:11	08:09:31	09:37:44	13:58:55	16:26:38	17:50:34.75	17:50:57.75	11:17	5.3
33	WROE AGNIESZKA	2533	BIEDRAGA@GMAIL.CO M	POZNAŃ	POL	K40	22	K 33	05:01:43	08:17:21	09:45:17	14:16:46	16:39:37	17:56:36.00	17:57:15.45	11:21	5.3
34	KWIATEK AGNIESZKA	2681		ORZESZE	POL	K30	10	K 34	04:30:59	07:57:47	10:11:08	14:38:07	16:48:52	17:58:19.75	17:58:44.80	11:22	5.3
35	KOŁCZ SARA	2506	PODIUM	RZESZÓW	POL	K30	11	K 35	05:11:27	08:38:32	10:05:50	14:16:10	16:44:29	17:58:39.75	17:59:18.15	11:22	5.3
36	CHRZUSZCZ ANNA	2713	ANNA CHRZUSZCZ	GORZÓW	POL	K30	12	K 36	04:49:21	08:10:42	09:30:17	14:01:04	16:42:12	18:00:56.70	18:01:23.80	11:24	5.3
37	KASPERSKA BARBARA	2736	BBL GORZÓW	GORZÓW WLKP.	POL	K40	23	K 36	04:39:14	07:57:11	09:21:49	14:01:05	16:42:12	18:00:57.40	18:01:23.80	11:24	5.3
38	SZKOŁA-SNIEZEK AGNIESZKA	2536	PRZYSZŁAM POPATRZEĆ	KRAKÓW	POL	K30	13	K 38	04:45:49	08:00:33	09:36:03	14:04:27	16:40:57	18:01:32.40	18:01:47.05	11:24	5.3
39	SZYMANKIEWICZ KALINA	2604		GDYNIA	POL	K50	2	K 39	04:55:47	08:19:44	09:45:12	14:08:07	16:35:29	18:10:46.95	18:11:16.00	11:30	5.2
40	DOŁĘGA ANNA	2540	ZABIEGANA MAMA	BIALYSTOK	POL	K40	24	K 40	05:12:09	08:36:39	10:06:46	14:34:07	16:53:41	18:12:01.90	18:12:29.75	11:31	5.2
41	WRÓBLEWSKA KATARZYNA	2750	GIT EKIPA!	ZAWIERCIE	POL	K30	14	K 41	05:23:59	09:03:52	10:47:09					11:59	5
	ULASZEWSKA AGNIESZKA	2677	BRAK	TOMASZÓW MAZOWIECKI	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MOSIOŁEK MONIKA	2528	NAPRZÓD MŁOCINYBIEGNĘ,ŻEBY BARTEK MÓGŁ BIEGAĆ	SKARŻYSKO-KAMI ENNA	POL	K30			03:59:40 DNF	06:53:17 DNF	08:12:51 DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN Kobiety c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
	COP ANNA	2452	SUMT / DAV SEKCJA KATOWICKA	KATOWICE	POL	K40			04:46:32 DNF	08:19:51 DNF	09:52:01 DNF	DNF	DNF	DNF	DNF	-	-
	BEDNARSKA JOANNA	2715	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ PURA VIDA TEAM	KIELCE	POL	K40			05:12:14 DNF	08:46:27 DNF	10:09:16 DNF	DNF	DNF	DNF	DNF	-	-
	PIETRUSZCZAK AGNIESZKA	2602		TOMASZÓW MAZOWIECKI	POL	K50			05:02:01 DNF	08:37:54 DNF	10:11:26 DNF	DNF	DNF	DNF	DNF	-	-
	KWIATEK WERONIKA	2755		BIELSKO-BIAŁA	POL	K30			04:48:05 DNF	08:20:46 DNF	10:21:46 DNF	DNF	DNF	DNF	DNF	-	-
	KRZYŻIŃSKA SYLWIA	2759	WIEJSKA GRUPA BIEGOWA	GRODZISK MAZ	POL	K40			05:06:40 DNF	08:41:58 DNF	10:23:35 DNF	DNF	DNF	DNF	DNF	-	-
	MIELOCH TAMARA	2695		PODKOWA LEŚNA	POL	K40			04:11:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZETRZELEWSKA-LALIK EWA	2645	ICEVEGA TEAM	JERZMANOWICE	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	GRZĄDZIEL DOMINIK	2401	ATTIQ TEAM	DZIEKANOWICE	POL	M30	1	M 1	03:08:31	05:09:47	05:58:36	08:26:22	09:44:36	10:28:18.90	10:28:23.30	6:37	9.1
2	BARAN ARTUR	2404		DOBRA	POL	M30	2	M 2	03:14:20	05:33:49	06:27:27	09:14:25	10:32:27	11:21:15.50	11:21:18.90	7:11	8.3
3	MASIAREK MACIEJ	2601		PIOTRKÓW TRYBUNALSKI	POL	M20	1	M 3	03:08:36	05:22:04	06:12:13	09:12:05	10:38:15	11:24:06.00	11:24:10.45	7:12	8.3
4	GWIŹDŹ MARCIN	2631		JAWORZNO	POL	M40	1	M 4	03:08:34	05:20:07	06:10:17	09:12:22	10:40:00	11:34:51.50	11:34:54.75	7:19	8.2
5	SOWA ŁUKASZ	2618		KATOWICE	POL	M40	2	M 5	03:19:24	05:34:49	06:27:24	09:30:29	10:59:41	11:51:30.00	11:51:33.70	7:30	8
6	WŁOCHAŁ ROBERT	2495		WAŁBRZYCH	POL	M30	3	M 6	03:24:36	05:38:45	06:33:19	09:28:15	11:06:18	11:57:31.65	11:57:35.40	7:34	7.9
7	KITA MICHAŁ	2577	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M40	3	M 7	03:26:31	05:44:08	06:37:09	09:38:23	11:16:28	12:09:40.10	12:09:45.00	7:41	7.8
8	CZUWAJ ANDRZEJ	2472	ZADYSZKA OŚWIĘCIM	GROJEC	POL	M40	4	M 8	03:25:25	05:48:06	06:42:49	09:55:25	11:33:14	12:24:25.55	12:24:35.65	7:51	7.6
9	CIEPLIK DAWID	2471	1990	RAWICZ	POL	M30	4	M 9	03:37:54	06:00:23	06:54:31	09:58:42	11:32:48	12:30:05.75	12:30:12.15	7:54	7.6
10	WÓJCİK PAWEŁ	2753	AZS UEK KRAKOW/KROKUS PRZYSZOWA	KRAKÓW	POL	M40	5	M 10	03:33:55	05:52:00	06:44:37	10:00:13	11:41:10	12:31:32.45	12:31:32.45	7:55	7.6
11	ŚLANDA MACIEJ	2427	KS JANUSZE	GRODZISKO DOLNE	POL	M30	5	M 11	03:37:00	06:00:18	06:58:05	10:03:17	11:40:59	12:32:08.70	12:32:23.80	7:56	7.6
12	ŚCIESZKA WOJCIECH	2654	13 ELT KRAKÓW - BALICE	KRAKÓW	POL	M40	6	M 12	03:34:45	05:56:43	06:56:01	10:03:32	11:41:07	12:34:47.25	12:34:51.00	7:57	7.5
13	DUDA KONRAD	2574		KRAKÓW	POL	M30	6	M 13	03:27:27	05:49:57	06:44:14	10:03:37	11:45:59	12:39:54.25	12:40:01.95	8:00	7.5
14	BORÓWKA RYSZARD	2488		GDYNIA	POL	M40	7	M 14	03:34:54	06:01:39	06:58:31	10:05:55	11:46:06	12:41:44.00	12:41:49.10	8:02	7.5
15	PIEKIELNY MARIUSZ	2735	CZASTARY	CZASTARY	POL	M40	8	M 15	03:44:56	06:09:16	07:05:44	10:11:54	11:53:50	12:43:58.35	12:44:18.00	8:03	7.4
16	KAMERDUŁA ŁUKASZ	2655	#TEAMCZTERY	STRUŻKA	POL	M40	9	M 16	03:34:48	06:05:40	07:04:44	10:15:23	11:51:00	12:44:52.60	12:45:00.35	8:04	7.4
17	MIGDAL MICHAŁ	2425	MARKOWI BIEGACZE	MARKI	POL	M30	7	M 17	03:38:15	06:05:17	07:01:46	10:15:26	11:55:28	12:48:09.35	12:48:15.35	8:06	7.4
18	RUDNICKI DARIUSZ	2552	PROJEKT1000UP	POGÓRZE	POL	M30	8	M 18	03:37:21	06:03:08	06:58:37	10:16:47	11:54:33	12:49:22.65	12:49:28.85	8:06	7.4
19	MOSKALIK TOMASZ	2643	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M40	10	M 19	03:39:12	06:07:15	07:02:50	10:17:12	11:56:48	12:49:29.80	12:49:38.20	8:07	7.4
20	JUDA WITOLD	2621		JELENIA GÓRA	POL	M40	11	M 20	03:30:45	05:55:57	06:51:49	10:14:04	11:58:41	12:52:12.50	12:53:30.35	8:08	7.4
21	KIELASZEWSKI KAROL	2441	LESZ NO LIMITS RUNNERS	LESZNO	POL	M30	9	M 21	03:43:54	06:19:33	07:22:08	10:29:51	12:04:39	12:55:33.85	12:56:04.40	8:10	7.3
22	LEMAŃSKI DAMIAN	2603		ŁÓDŹ-RĄBIEŃ	POL	M30	10	M 22	03:25:57	05:53:19	06:48:33	10:15:02	12:08:42	13:04:26.80	13:04:34.50	8:16	7.3
23	KLUSEK MATEUSZ	2416	SKLEP BIEGACZA KRAKÓW	KRAKÓW	POL	M30	11	M 23	03:28:28	05:50:34	06:55:28	10:16:20	12:05:42	13:07:18.10	13:07:22.35	8:18	7.2
24	CEBULA LESZEK	2729		KRAKÓW	POL	M40	12	M 24	03:47:18	06:26:30	07:23:18	10:45:39	12:19:10	13:08:26.20	13:08:38.00	8:19	7.2
25	JAWORSKI ŁUKASZ	2560	ULTRAMOC:-)	WARSZAWA	POL	M40	13	M 25	03:32:37	06:04:21	07:03:16	10:32:20	12:16:45	13:13:24.90	13:13:28.55	8:22	7.2
26	ORŁÓW ŁUKASZ	2556	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	14	M 26	03:38:11	06:09:46	07:10:49	10:34:11	12:17:37	13:17:06.15	13:17:12.45	8:24	7.1
27	DZIURZYŃSKI PAWEŁ	2430	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M30	12	M 27	03:39:23	06:07:21	07:06:51	10:31:48	12:18:13	13:23:49.40	13:23:58.15	8:28	7.1
28	KOTARBA WOJCIECH	2575	BARTOSZ GORCZYCA RUNNING TEAM	KIELCE	POL	M30	13	M 28	03:45:51	06:23:30	07:23:47	10:49:25	12:33:10	13:28:37.30	13:28:51.55	8:31	7
29	BUJAK KRZYSZTOF	2507	NOWA HUTA	KRAKÓW	POL	M30	14	M 29	03:42:46	06:06:15	07:08:58	10:33:39	12:18:09	13:28:54.45	13:29:01.90	8:31	7
30	WALACIK ADAM	2475		WARSZAWA	POL	M20	2	M 30	03:43:14	06:09:13	07:13:18	10:35:08	12:27:44	13:30:23.25	13:30:50.55	8:32	7

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
31	JASTRZĘBSKI SZYMON	2623		WROCŁAW / JAWORZNO	POL	M30	15	M 31	03:29:56	06:04:36	07:06:23	10:41:15	12:37:52	13:36:51.60	13:36:56.00	8:36	7
32	KRZESZOWSKI MARCIN	2535	MTS	STRZEGOM	POL	M40	15	M 32	03:44:49	06:16:26	07:13:46	10:47:43	12:37:49	13:38:30.05	13:38:30.05	8:38	6.9
33	ZIMKOWSKI MARCIN	2771	KGHM ZG RUN	GŁOGÓW	POL	M30	16	M 33	03:38:31	06:18:08	07:23:46	10:57:02	12:47:35	13:43:07.90	13:43:10.65	8:40	6.9
34	TROJNAR DAMIAN	2428	KS JANUSZE	ŁAŃCUT	POL	M30	17	M 34	03:43:36	06:15:18	07:23:31	10:56:27	12:47:23	13:44:21.70	13:44:37.90	8:41	6.9
35	KUC WOJCIECH	2611		KŁOBUCK	POL	M30	18	M 35	03:45:07	06:20:45	07:23:12	10:52:44	12:47:43	13:49:02.20	13:49:16.15	8:44	6.9
36	ROSOLSKI DAWID	2474		POZNAŃ	POL	M30	19	M 36	03:35:33	06:15:55	07:23:36	10:56:25	12:51:55	13:50:12.65	13:50:29.85	8:45	6.9
37	SZAFRANIEC TOMASZ	2659	MIĘDZYRZECKIE GAZELE	MIĘDZYRZECZ	POL	M40	16	M 37	03:54:31	06:30:48	07:36:01	11:03:20	12:55:24	13:50:23.65	13:50:30.35	8:45	6.8
38	ZYCH DARIUSZ	2758	4 RUN TEAM	PIŁA	POL	M50	1	M 38	03:48:11	06:22:41	07:28:11	11:01:12	12:52:17	13:54:07.70	13:54:14.75	8:47	6.8
39	DARMETKO RAFAŁ	2661		KAMINSKO	POL	M30	20	M 39	03:50:40	06:30:43	07:36:05	11:05:39	12:55:19	13:56:06.05	13:56:16.75	8:49	6.8
40	JANKOWSKI SEBASTIAN	2660		RADZYMIN	POL	M30	21	M 40	03:50:40	06:30:44	07:36:06	11:03:14	12:55:29	13:56:06.70	13:56:16.80	8:49	6.8
41	NOSALIK MAREK	2410	MTA	ŻYWIEC	POL	M50	2	M 41	03:46:16	06:26:37	07:23:34	11:06:43	12:58:17	13:58:05.35	13:58:10.75	8:50	6.8
42	GRYNAGIEL PRZEMYSŁAW	2438		OSIEK NAD WISŁĄ	POL	M40	17	M 42	03:45:54	06:07:30	07:14:20	10:45:12	12:48:27	13:59:14.05	13:59:46.90	8:51	6.8
43	MARKOWSKI MARCIN	2707	UKS KOMETA GLIWICE	GLIWICE	POL	M40	18	M 43	03:56:44	06:33:01	07:36:02	11:11:27	13:04:02	14:00:30.60	14:00:41.75	8:51	6.8
44	JANUSZEWSKI ANDRZEJ	2544	OBSTACLE CENTER TEAM	WARSZAWA	POL	M30	22	M 44	03:34:32	06:07:10	07:14:23	10:53:17	13:04:23	14:12:54.40	14:13:01.75	8:59	6.7
45	ADAMOWYCZ BOGUSŁAW	2610	BOJADELSKA BRAC BIEGOWA	BOJADLA	POL	M50	3	M 45	03:52:26	06:23:54	07:30:14	11:08:32	13:06:21	14:14:28.20	14:14:34.20	9:00	6.7
46	TWARDOWSKI TOMASZ	2757		STRAŻÓW	POL	M40	19	M 46	03:35:42	06:16:50	07:23:00	11:06:38	13:10:41	14:16:40.70	14:17:08.90	9:02	6.6
47	RUTKOWSKI MICHAŁ	2640		JÓZEFÓW	POL	M30	23	M 47	03:58:03	06:37:09	07:40:41	11:15:08	13:13:39	14:19:07.25	14:19:14.05	9:03	6.6
48	GAJOS DANIEL	2671	GRUPA LUKTRANS	KRAKÓW	POL	M40	20	M 48	03:52:44	06:31:35	07:38:34	11:14:21	13:09:05	14:21:08.10	14:21:16.70	9:05	6.6
49	KARAS MICHAŁ	2663	PODHALE NOWY TARG	NOWY TARG	POL	M40	21	M 49	03:54:10	06:32:11	07:35:47	11:20:14	13:21:18	14:26:16.30	14:26:41.25	9:08	6.6
50	SIEPIETOWSKI PIOTR	2652	LS AIRPORT RUN	WARSZAWA	POL	M50	4	M 50	03:57:54	06:43:46	07:50:56	11:33:40	13:30:03	14:27:06.65	14:27:23.85	9:08	6.6
51	KRYGIER TOMASZ	2656	EUROCASH RUNNING TEAM	POZNAŃ	POL	M20	3	M 51	03:51:54	06:37:42	07:50:58	11:29:40	13:28:07	14:30:35.70	14:30:48.65	9:11	6.5
52	NOWAK MARIUSZ	2414		BIELSKO-BIAŁA	POL	M30	24	M 52	03:50:12	06:24:56	07:30:11	11:22:51	13:22:46	14:30:50.60	14:30:57.65	9:11	6.5
53	LUBAŃSKI ROBERT	2615		BUKOWICE	POL	M50	5	M 53	03:56:08	06:42:24	07:51:32	11:31:04	13:29:49	14:33:28.10	14:33:37.25	9:12	6.5
54	SUCH ARKADIUSZ	2570		RZESZÓW	POL	M40	22	M 54	04:27:42	06:55:23	07:52:37	11:25:09	13:27:26	14:33:31.00	14:34:01.30	9:12	6.5
55	WALASEK GRZEGORZ	2651	BIEGUSIEM.PL	RYKI	POL	M50	6	M 55	04:02:33	06:39:07	07:44:18	11:25:12	13:27:38	14:33:41.55	14:34:01.60	9:12	6.5
56	WITEK WOJCIECH	2716		ŻARNOWIEC	POL	M30	25	M 56	04:04:11	06:48:10	07:50:55	11:25:16	13:27:35	14:33:39.95	14:34:01.75	9:12	6.5
57	DAMPS SYLWESTER	2526		MAŁE GOWINO	POL	M40	23	M 57	04:03:03	06:48:41	07:51:16	11:34:54	13:30:13	14:33:57.20	14:34:06.45	9:13	6.5
58	TUREK ŁUKASZ	2740	LATAJĄCE HO(L)ENDRY	WARSZAWA	POL	M30	26	M 58	03:54:29	06:37:11	07:42:29	11:26:19	13:35:03	14:35:08.50	14:35:28.65	9:13	6.5
59	TRZASKA WOJCIECH	2406	FUCHS OIL TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M20	4	M 59	04:19:11	06:59:07	08:05:59	11:39:14	13:33:33	14:36:27.65	14:36:55.65	9:14	6.5
60	SIATKA KRZESIMIR	2532	LUBELSKIBIEGACZ.PL TEAM	LUBLIN	POL	M30	27	M 60	04:00:29	06:49:31	08:03:24	11:46:30	13:47:07	14:42:20.90	14:42:28.70	9:18	6.4
61	KARCZ TOMASZ	2699	TEALTREE.PL	STRZEGOM	POL	M40	24	M 61	03:52:36	06:50:48	08:04:03	11:42:31	13:39:49	14:44:56.50	14:45:03.85	9:20	6.4
62	KAPALA OSKAR	2702	AKS POLONIA WARSZAWA	PRUSZKÓW	POL	M40	25	M 62	04:03:25	06:48:57	07:55:16	11:43:48	13:48:34	14:45:04.90	14:45:14.40	9:20	6.4
63	SIATKA PIOTR	2555	LUBELSKIBIEGACZ.PL TEAM	KRAKÓW	POL	M30	28	M 63	04:00:29	06:49:31	08:03:25	11:47:16	13:47:08	14:45:13.15	14:45:21.10	9:20	6.4
64	SZAREK RAFAŁ	2459	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	26	M 64	03:49:39	06:28:48	07:36:47	11:51:43	13:41:39	14:46:24.05	14:46:39.10	9:21	6.4
65	WOSIEK PAWEŁ	2738	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	27	M 65	04:03:20	06:48:48	07:51:39	11:46:47	13:51:58	14:46:48.50	14:47:10.10	9:21	6.4
66	GRZYBOWSKI RAFAŁ	2605		WARSZAWA	POL	M40	28	M 66	04:07:03	06:49:11	07:51:37	11:51:31	13:48:39	14:46:54.20	14:47:50.15	9:21	6.4
67	NIERADA MARCIN	2500		KATOWICE	POL	M30	29	M 67	03:56:31	06:43:45	07:51:01	11:35:54	13:35:06	14:49:40.45	14:49:53.35	9:23	6.4
68	MIKULSKI GRZEGORZ	2595	BSB	CHOROSZCZ	POL	M40	29	M 68	03:55:10	06:36:48	07:48:21		13:42:44	14:49:59.00	14:49:59.00	9:23	6.4
69	CHROBACZYŃSKI RAFAŁ	2429		ŚWINIARSKO	POL	M20	5	M 69	04:15:03	06:56:26	08:00:11	11:33:40	13:43:44	14:49:26.70	14:50:00.40	9:22	6.4
70	CIENIAWSKI PIOTR	2730	CSRG	BYTOM	POL	M40	30	M 70	03:57:43	06:43:29	07:47:37	11:39:34	13:46:53	14:51:41.35	14:52:18.35	9:24	6.4
71	KOZIEŁ KRZYSZTOF	2525		BARANOWO	POL	M40	31	M 71	03:50:59	06:36:29	07:51:41	11:42:26	13:48:02	14:55:11.35	14:55:17.55	9:26	6.4
72	FOGT MACIEJ	2629	CB163	KRUSZYN	POL	M40	32	M 72	04:06:35	06:48:56	07:59:40	11:59:04	13:57:47	14:57:41.05	14:57:58.05	9:28	6.3
73	FORREITER OSKAR	2731		BOJSZOWY	POL	M20	6	M 73	03:33:40	06:04:30	07:14:29	10:55:02	13:11:16	14:58:07.40	14:58:15.05	9:28	6.3
74	SOPOTNICKI WOJCIECH	2685	MOVEON	KUNICE	POL	M40	33	M 74	04:14:49	07:03:51	08:13:21	12:02:19	13:58:54	14:59:15.45	14:59:42.15	9:29	6.3
75	BUJAK PAWEŁ	2703	BUJAK TEAM	NAŁĘCZÓW	POL	M30	30	M 75	03:58:03	06:47:20	07:55:12	11:45:06	13:50:00	15:00:41.00	15:00:50.45	9:30	6.3
76	WALASIK DAMIAN	2493	AKADEMIA WOJSK LĄDOWYCH	STRUGA	POL	M20	7	M 76	03:59:53	06:50:59	07:56:58	11:56:19	13:59:18	15:00:57.95	15:01:23.95	9:30	6.3

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
77	WIĄCEK ŁUKASZ	2761	IRS KRAKÓW	ZIELONKI	POL	M40	34	M 77	03:46:36	06:40:25	07:43:34	11:44:31	13:51:55	15:04:45.25	15:05:17.25	9:32	6.3
78	LISIECKI TOMASZ	2764	TRZYNASTKA PLUS	LUBOŃ	POL	M40	35	M 78	04:09:46	07:00:47	08:10:46	12:04:56	14:02:29	15:07:18.20	15:07:48.50	9:34	6.3
79	URACZ ŁUKASZ	2494	BARTOSZ GORCZYCA TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M40	36	M 79	04:11:00	06:56:35	08:02:23	11:58:46	14:04:43	15:07:23.35	15:07:59.80	9:34	6.3
80	KOŁODZIEJSKI JAREK	2453	NIGDY W ŻYCIU NIE BIEGNĘ HARDCORĄ ;)	POZNAŃ	POL	M40	37	M 80	04:18:05	07:08:05	08:14:16	12:02:49	14:03:26	15:08:26.55	15:08:42.50	9:34	6.3
81	BUJAK KAMIL	2704	BUJAK TEAM	NAŁĘCZÓW	POL	M30	31	M 81	03:58:03	06:47:19	07:55:11	11:58:01	14:04:34	15:08:47.30	15:08:57.45	9:35	6.3
82	SZANECKI JAKUB	2717	CIEMNA STRONA POMIDORA	RZESZÓW	POL	M40	38	M 82	04:16:38	07:02:23	08:12:28	12:02:19	14:05:04	15:09:24.40	15:09:49.85	9:35	6.3
83	MART MARIUSZ	2473	ORT ŁOMIANKI	ŁOMIANKI	POL	M50	7	M 83	04:10:31	07:00:56	08:12:37	12:04:44	14:12:07	15:12:39.25	15:12:58.25	9:37	6.2
84	BEDNARZ SEBASTIAN	2481	OTM.B	OTMUCHÓW	POL	M50	8	M 84	04:02:07	06:49:40	08:04:11	12:02:26	14:14:40	15:15:47.50	15:16:03.85	9:39	6.2
85	KWIECIEŃ MAREK	2409	MARKOWI BIEGACZE	MARKI	POL	M30	32	M 85	04:07:49	06:59:30	08:12:41	12:05:03	14:12:23	15:17:14.65	15:17:31.25	9:40	6.2
86	MAZUREK DARIUSZ	2566	RZESZOWSKIE GAZELE I GEPARDY	STAŁOWA WOLA	POL	M30	33	M 86	03:54:28	06:43:25	07:53:34	12:03:34	14:16:26	15:20:03.15	15:20:12.40	9:42	6.2
87	SOKOŁOWSKI TOMASZ	2458	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M30	34	M 87	04:05:41	06:53:34	08:08:26	12:04:20	14:14:39	15:20:24.50	15:20:45.10	9:42	6.2
88	SOWA DARIUSZ	2642	CZARNECKI RUN TEAM/RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M60	1	M 88	04:18:37	07:05:25	08:13:16	12:11:56	14:16:58	15:23:09.60	15:23:23.40	9:44	6.2
89	WESOŁEK MAREK	2484	SENTE	WROCŁAW	POL	M40	39	M 89	04:07:15	06:50:37	07:57:13	11:58:05	14:09:32	15:23:47.70	15:23:57.55	9:44	6.2
90	WILK DAWID	2468	SOCIOS SILESIA	ZABRZE	POL	M30	35	M 90	03:47:23	06:58:42	08:11:46	12:22:34	14:26:54	15:25:20.15	15:25:30.30	9:45	6.1
91	SMÓŁKOWSKI MARCIN	2531	PROJEKT1000UP	RUMIA	POL	M30	36	M 91	04:30:32	07:26:05	08:41:12	12:26:13	14:19:02	15:26:13.30	15:26:42.35	9:46	6.1
92	KOPYRA PIOTR	2641		KIELCE	POL	M30	37	M 92	04:09:20	07:11:41	08:32:54	12:22:30	14:27:51	15:27:14.50	15:27:20.40	9:46	6.1
93	OSTANSKI ARTUR	2728	BLACK HAT ULTRA TEAM	LELYSTAD	NED	M40	40	M 93	03:55:35	06:41:16		12:02:20	14:15:03	15:27:07.05	15:27:24.80	9:46	6.1
94	NOWOROLNIK PAWEŁ	2616	PĘDZĄCE MISIE	GLIWICE/TYLMANO WA	POL	M40	41	M 94	04:11:20	07:03:27	08:17:36	12:16:18	14:29:23	15:31:20.20	15:31:36.40	9:49	6.1
95	MORAWSKI FILIP	2562	MARCINSWIERCTEAM	PUSZCZYKOWO	POL	M40	42	M 95	03:58:36	06:49:31	08:01:43	12:00:38	14:16:14	15:31:57.15	15:32:15.50	9:49	6.1
96	BIEGANOWSKI KRZYSZTOF	2770	KLUB WYSOKOGÓRSKI WARSZAWA	SMARDZEWICE	POL	M30	38	M 96	04:16:48	07:04:59	08:20:47	12:12:19	14:25:01	15:33:13.50	15:33:34.20	9:50	6.1
97	ZAJĄC ŁUKASZ	2773	PRISJAKT POLAND	KRAKÓW	POL	M30	39	M 97	04:02:32	06:53:47	08:02:08	12:06:31	14:23:44	15:35:20.45	15:35:30.05	9:51	6.1
98	JĘCEK MACIEJ	2607		ŁÓDŹ	POL	M30	40	M 98	03:54:50	06:41:31	07:45:53	11:55:39	14:12:58	15:35:00.15	15:35:32.25	9:51	6.1
99	GASIK LESZEK	2567	ŚLONCA JURY	OLSZTYN JURAJSKI	POL	M40	43	M 99	04:08:35	07:04:56	08:27:28	12:43:54	14:37:13	15:38:39.15	15:38:47.30	9:54	6.1
100	HOFMAŃSKI RAFAŁ	2678		KOTLIN	POL	M30	41	M 100	04:13:12	07:02:40	08:17:37	12:22:23	14:30:13	15:38:51.95	15:39:07.00	9:54	6.1
101	GÓRNY ROBERT	2443	TIM JEST TIM	OZIMEK	POL	M40	44	M 101	03:58:01	06:58:43	08:08:37	12:12:53	14:26:08	15:41:39.70	15:41:46.55	9:55	6
102	KARPIŃSKI TOMASZ	2431		RZESZÓW	POL	M40	45	M 102	04:26:43	07:13:50	08:27:03	12:22:52	14:31:54	15:41:28.25	15:41:58.05	9:55	6
103	GARUS ŁUKASZ	2657		BYTOM	POL	M40	46	M 103	04:09:35	07:08:13	08:20:06	12:29:15	14:35:46	15:43:51.40	15:44:05.15	9:57	6
104	NOWAK MARCIN	2573	KRAKOWIAK ULTRA TEAM	MOSINA	POL	M30	42	M 104	03:58:56	06:49:30	08:01:42	12:02:03	14:16:48	15:43:55.75	15:44:14.85	9:57	6
105	RAJNER KRZYSZTOF	2568	ULTRA KOSZALIN	KOSZALIN	POL	M40	47	M 105	04:24:19	07:21:55	08:33:34	12:29:05	14:37:35	15:44:10.00	15:44:39.10	9:57	6
106	GOŁAJ KAROL	2620	CHOJNIK KARKONOSKI FESTIWAL BIEGOWY	WROCŁAW	POL	M30	43	M 106	04:09:19	06:57:00	08:29:34	12:29:30	14:36:38	15:47:43.10	15:47:43.10	9:59	6
107	KUŹMIAK STANISŁAW	2745	ŻARY RUNNERS TEAM	ŻARY	POL	M40	48	M 107	04:11:52	07:00:51	08:12:19	12:16:35	14:28:15	15:48:13.35	15:48:35.65	10:00	6
108	KRZEMIŃSKI TOMASZ	2708	HOTEL ANDELS ŁÓDŹ	ŁÓDŹ	POL	M40	49	M 108	04:17:33	07:06:30	08:26:59	12:22:54	14:32:44	15:50:28.25	15:51:04.05	10:01	6
109	ŚWIDERSKI KRZYSZTOF	2412		POZNAŃ	POL	M30	44	M 109	04:05:59	07:03:40	08:15:06	12:33:45	14:45:14	15:52:20.20	15:52:29.55	10:02	6
110	JAREMA MAREK	2668		KRAKÓW	POL	M50	9	M 110	04:09:57	07:09:03	08:25:28	12:33:51	14:52:19	15:56:49.00	15:56:59.90	10:05	5.9
111	MIELCARZ MICHAŁ	2619	KREJZI TIM BŁONIE	BŁONIE	POL	M40	50	M 111	04:14:42	07:06:40	08:27:30	12:30:00	14:55:01	15:58:17.20	15:58:34.75	10:06	5.9
112	TARAS MARCIN	2698	#BIEGAMNATARCHOM INIE	WARSZAWA	POL	M40	51	M 112	04:10:44	07:01:22	08:23:08	12:41:56	14:52:02	15:58:25.65	15:59:03.25	10:06	5.9
113	KLUKOSZOWSKI MAREK	2726	DRAG85	NOWA BIALA	POL	M30	45	M 113	04:20:57	07:19:05	08:44:29	12:40:07	14:50:03	15:59:04.45	15:59:16.05	10:07	5.9
114	MUSZYŃSKI KRZYSZTOF	2490		BUKOWNO	POL	M40	52	M 114	04:04:14	06:53:57	08:04:18	12:26:01	14:51:36	15:59:35.30	15:59:56.40	10:07	5.9
115	MATUSIAK MICHAŁ	2590	ROWERY MAŁGOŚKA	CERADZ KOŚCIELNY	POL	M30	46	M 115	04:19:27	07:10:47	08:27:30	12:30:49	14:45:52	16:01:02.50	16:01:20.55	10:08	5.9
116	KACZMAREK JĘDRZEJ	2719	KP PSP MILICZ	PLESZEW	POL	M20	8	M 116	04:23:39	07:21:42	08:41:44	12:41:52	14:47:32	16:02:35.05	16:03:08.80	10:09	5.9
117	MAĆKOWIAK TOMASZ	2723	CB163	BYDGOSZCZ	POL	M40	53	M 117	04:08:21	07:16:21	08:33:03	12:38:39	14:52:58	16:03:04.40	16:03:19.10	10:09	5.9
118	OSICA ŁUKASZ	2676		ŚWIĘTOCHŁOWICE	POL	M30	47	M 118	04:36:27	07:26:31	08:32:34	12:46:57	14:58:04	16:03:29.60	16:04:09.85	10:09	5.9
119	BŁĘDOWSKI MARIUSZ	2407	COYOTE TEAM	WŁOCŁAWEK	POL	M40	54	M 119	04:20:51	07:26:03	08:43:47	12:45:58	14:53:40	16:05:06.05	16:05:25.35	10:10	5.9
120	POGOCKI PIOTR	2591		KNURÓW	POL	M40	55	M 120	04:08:57	07:21:55	08:49:27	12:50:11	14:58:03	16:06:23.95	16:06:37.45	10:11	5.9

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
121	ŚLIWA GRZEGORZ	2419	AZS AWF KRAKÓW MASTERS	KRAKÓW	POL	M30	48	M 121	04:24:02	07:04:27	08:16:57	12:19:48	14:43:24	16:08:06.20	16:08:10.20	10:12	5.9
122	PAWLIK JAKUB	2417	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	49	M 122	04:24:01	07:04:26	08:16:34	12:23:27	14:43:18	16:08:06.25	16:08:10.25	10:12	5.9
123	MIGACZ DAWID	2424	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	50	M 123	04:24:03	07:04:30	08:16:33	12:23:30	14:42:46	16:08:06.90	16:08:10.75	10:12	5.9
124	SÓJKA PAWEŁ	2666		WARSZAWA	POL	M60	2	M 124	04:20:15	07:15:03	08:20:20	12:38:09	14:48:23	16:08:57.45	16:09:39.25	10:13	5.9
125	MROZIAK MACIEK	2549	RUNPASSION. PL TEAM	GDYNIA	POL	M50	10	M 125	04:26:14	07:22:29	08:50:04	12:40:48	14:59:47	16:10:08.80	16:10:39.45	10:14	5.9
126	LESIAK FILIP	2747	TRAI IS OUR WAY/ SKAWINA BIEGA	SKAWINA	POL	M40	56	M 126	04:16:51	07:16:28	08:26:59	12:45:42	14:59:53	16:10:39.70	16:10:39.70	10:14	5.9
127	TRZASKA MARCIN	2748	WATAHA	KRAKÓW	POL	M30	51	M 127	04:39:01	07:43:32	09:00:34	12:58:44	15:03:46	16:10:48.55	16:11:15.75	10:14	5.9
128	WALKOWIAK DARIUSZ	2545	ŁÓDŹ	ŁÓDŹ	POL	M40	57	M 128	08:33:59	07:20:16	08:33:59	12:44:47	15:01:36	16:11:20.95	16:11:32.95	10:14	5.9
129	NOWAK KRZYSZTOF	2727	#ADAMCZERWIŃSKITE AM	KRAKÓW	POL	M30	52	M 129	04:15:53	07:16:00	08:35:40	13:03:34	15:10:26	16:11:27.80	16:11:51.80	10:14	5.9
130	SWĘDZIÓŁ ROBERT	2625	OLKUSZBIEGA.PL	OLKUSZ	POL	M50	11	M 130	04:09:16	07:01:05	08:21:48	12:31:01	15:01:22	16:13:20.35	16:13:25.90	10:16	5.8
131	WIKTOROWICZ TOMASZ	2476	WIKTOROWICZ	WARSZAWA	POL	M40	58	M 131	04:09:51	07:07:24	08:16:36	12:28:28	15:09:23	16:15:55.20	16:16:14.15	10:17	5.8
132	MICHAŁOWSKI MARCIN	2518	MARCINŚWIERCTEAM	SWIETOSZOW	POL	M40	59	M 132	04:03:39	06:54:20	08:02:09	12:11:31	14:32:25	16:18:04.85	16:18:11.55	10:19	5.8
133	NIEDZIELSKI ROBERT	2686	ACAR TEAM/VEGE RUNNERS	KRAKÓW	POL	M40	60	M 133	04:05:02	07:05:13	08:22:51	12:39:06	14:55:51	16:21:10.15	16:21:13.35	10:20	5.8
134	ZIĘBA MARCIN	2504	RUNPROGRESS TEAM	KRAKÓW	POL	M40	61	M 134	04:19:30	07:16:01	08:36:05	13:12:40	15:23:16	16:22:47.65	16:23:00.20	10:22	5.8
135	ADAMSKI KRZYSZTOF	2725	PRZYSZOWICE	PRZYSZOWICE	POL	M30	53	M 135	04:12:54	07:27:08	08:40:59	13:08:42	15:21:27	16:26:55.95	16:27:32.00	10:24	5.8
136	KORNATOWSKI ANDRZEJ	2524	DYSTANS LESZNO	LESZNO	POL	M40	62	M 136	04:14:49	07:22:28	08:35:20	12:58:06	15:17:36	16:27:36.95	16:27:54.85	10:25	5.8
137	ODOLCZYK JERZY	2691	BUTALIONY	WARSZAWA	POL	M60	3	M 137	04:33:52	07:38:19	08:54:12	12:55:04	15:16:37	16:29:44.40	16:30:30.95	10:26	5.7
138	WESOŁOWSKI KRZYSZTOF	2413	LASKOWE LUDKI	KRAKÓW	POL	M30	54	M 138	04:08:21	07:03:45	08:15:58	12:46:25	15:16:29	16:34:33.70	16:34:43.55	10:29	5.7
139	ŁUKOMSKI MACIEJ	2469	WYSOKOGÓRSKI/SZAK ALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	63	M 139	04:08:44	07:09:11	08:28:42	12:56:22	15:29:01	16:37:03.90	16:37:14.30	10:31	5.7
140	CHUCHAŁA PAWEŁ	2508	MARKOWI BIEGACZE	MARKI	POL	M40	64	M 140	04:18:07	07:22:58	08:40:17	13:09:29	15:26:52	16:37:28.20	16:37:46.70	10:31	5.7
141	KRÓL MACIEJ	2754	WIRAN TEAM	REDA	POL	M40	65	M 141	07:26:47	07:26:47	08:40:27	12:57:14	15:23:33	16:40:20.55	16:40:25.75	10:33	5.7
142	CHWIEJ MARCIN	2593	BIEGACZE ŚWINOUJŚCIE	ŚWINOUJŚCIE	POL	M40	66	M 142	04:18:19	07:23:11	08:44:39	13:02:48	15:26:58	16:41:20.35	16:41:27.45	10:33	5.7
143	STELMACH DAMIAN	2580	DOGOŃ GM/ GÓRAL Z MAZUR RUNNING TEAM	BRWINÓW	POL	M40	67	M 143	04:10:46	07:11:07	08:36:27	13:05:54	15:23:27	16:42:11.80	16:42:41.15	10:34	5.7
144	BALCERZAK MARIUSZ	2485	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	68	M 144	04:29:00	07:34:12	08:51:52	13:02:44	15:28:25	16:43:10.55	16:43:45.55	10:34	5.7
145	WOŹNIAK MARCIN	2706		GDAŃSK	POL	M40	69	M 145	04:00:47	06:49:59	08:12:06	12:47:31	15:17:11	16:44:47.15	16:45:19.95	10:35	5.7
146	WYSZYŃSKI ARTUR	2635	LISKI	SOSNOWIEC	POL	M30	55	M 146	04:30:52	07:39:05	09:05:06	13:20:15	15:39:45	16:48:37.70	16:48:47.80	10:38	5.6
147	ZABRZEWSKI PATRYK	2449	KLUB BIEGACZA FARTLEK	ŻORY	POL	M40	70	M 147	04:15:18	07:10:44	08:33:51	12:57:51	15:36:02	16:54:26.70	16:54:45.80	10:42	5.6
148	ULAS MACIEJ	2637		BOCHNIA	POL	M40	71	M 148	04:30:46	07:45:29	09:06:45	13:22:08	15:42:07	16:54:56.45	16:55:19.10	10:42	5.6
149	GARSTKA ZBIGNIEW	2673		WRONKI	POL	M40	72	M 149	04:42:19	07:56:47	09:17:17	13:29:15	15:49:28	16:56:02.20	16:56:28.80	10:43	5.6
150	PIECZARA BŁAŻEJ	2582		JAWORZNO	POL	M40	73	M 150	03:59:05	07:04:50	08:32:49	13:02:51	15:36:41	16:58:30.35	16:58:35.95	10:44	5.6
151	MAJ GRZEGORZ	2455		KRAKÓW	POL	M30	56	M 151	04:25:22	07:29:22	08:51:48	13:16:04	15:39:02	16:59:27.65	16:59:51.95	10:45	5.6
152	JOVANOVIĆ MARKO	2690		ALEKSINAC	SRB	M30	57	M 152	04:30:05	07:37:06	08:48:53	13:12:24	15:41:23	16:59:41.20	16:59:53.60	10:45	5.6
153	POPLAWSKI PIOTR	2628	PGB SPORTOWA PACZKA	ŁOSICE	POL	M40	74	M 153	04:27:53	07:34:08	08:56:31	13:12:15	15:39:29	16:59:53.10	17:00:17.00	10:45	5.6
154	TURLEJ DARIUSZ	2627	KONDYCJA	WARSZAWA	POL	M60	4	M 154	04:38:55	07:47:39	09:14:25	13:27:08	15:48:32	17:01:07.50	17:01:38.90	10:46	5.6
155	POLNIK RAFAŁ	2465	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M30	58	M 155	04:37:57	07:42:54	09:14:26	13:36:09	15:56:22	17:03:56.55	17:04:00.95	10:48	5.6
156	NOGA KRYSZTIAN	2447	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M40	75	M 156	04:37:56	07:42:55	09:14:25	13:36:10	15:56:06	17:03:55.85	17:04:01.10	10:48	5.6
157	WĄTROBA TOMASZ	2608	JJW17	WARSZAWA	POL	M30	59	M 157	04:20:10	07:22:05	08:57:36	13:29:11	15:49:05	17:04:09.25	17:04:45.15	10:48	5.6
158	URBASEK ŁUKASZ	2667		GLIWICE	POL	M40	76	M 158	04:54:32	08:01:48	09:27:17	13:42:45	15:59:47	17:04:50.15	17:05:18.60	10:48	5.6
159	WOJCIECHOWSKI DARIUSZ	2496	KRAKOWIAK TEAM / I-SPORT	KROSNO	POL	M40	77	M 159	04:13:06	07:19:43	08:38:11	13:09:37	15:43:29	17:05:52.50	17:06:14.60	10:49	5.5
160	PAŻUCHA WOJTEK	2646		LUSÓWKO	POL	M40	78	M 160	04:13:07	07:19:43	08:38:12	13:09:37	15:43:31	17:05:53.00	17:06:14.70	10:49	5.5

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
161	SADY SEBASTIAN	2689	OBY2	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	79	M 161	04:26:28	07:32:20	08:49:31	13:16:50	15:47:55	17:07:40.40	17:07:59.75	10:50	5.5
162	TOMCZAK DARIUSZ	2705		GOSTYŃ	POL	M30	60	M 162	04:33:49	07:35:51	08:49:36	13:17:08	15:46:28	17:07:42.75	17:08:10.40	10:50	5.5
163	DEJA DARIUSZ	2510	KEYSHO	GRODKÓW	POL	M40	80	M 163	04:32:44	07:47:38	09:12:43	13:32:32	15:49:44	17:08:10.25	17:08:24.45	10:50	5.5
164	STROJEK GRZEGORZ	2650		PRZEMKÓW	POL	M40	81	M 164	04:20:35	07:35:24	08:48:59	13:15:00	15:40:21	17:09:19.15	17:09:35.05	10:51	5.5
165	JANOWSKI KRZYSZTOF	2722	CB 163	KRUSZYN	POL	M30	61	M 165	04:33:40	07:37:51	08:59:49	13:22:45	15:52:07	17:10:09.45	17:10:26.75	10:51	5.5
166	MILEWSKI MACIEK	2513	SAMOTNY WILK	LEGIONOWO	POL	M40	82	M 166	05:03:42	08:23:49	09:44:23	13:53:35	16:02:30	17:13:39.75	17:14:17.95	10:54	5.5
167	JABŁOŃSKI JAKUB	2596	PRO366	POZNAŃ	POL	M40	83	M 167	04:31:42	07:32:23	08:55:14	13:29:45	15:54:08	17:19:34.85	17:19:40.35	10:57	5.5
168	FILIPEK PRZEMYSŁAW	2479	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	84	M 168	04:30:03	07:30:39	08:51:59	13:25:07	15:55:02	17:19:24.25	17:19:40.45	10:57	5.5
169	MAJEWSKI RADOŚLAW	2456	NIGHT RUNNERS / PRO366	POZNAŃ	POL	M40	85	M 169	04:31:42	07:32:23	08:55:11	13:29:40	15:54:08	17:19:35.35	17:19:40.55	10:57	5.5
170	WOŹNIAK MICHAŁ	2592	RUNNER_ULTRA	PODOLSZE	POL	M30	62	M 170	04:19:30	07:34:56	09:00:46	13:25:31	15:50:47	17:19:47.15	17:19:53.25	10:58	5.5
171	MRÓZ MARCIN	2554	DZIKIE BOBRY	ZALASEWO	POL	M40	86	M 171	04:13:26	07:22:59	08:57:56	13:26:54	15:54:46	17:20:00.20	17:20:18.70	10:58	5.5
172	KRZYŻAN JAKUB	2523	KW KRAKÓW	JERZMANOWICE	POL	M40	87	M 172	04:20:42	07:24:13	08:43:00	13:11:42	15:49:11	17:21:06.50	17:21:16.80	10:58	5.5
173	OLECHNOWICZ ROBERT	2557	HUCISKO FERAL CATS	DĄBROWA GÓRNICZA	POL	M30	63	M 173	04:48:31	08:04:51	09:20:47	13:26:30	15:56:34	17:21:51.40	17:22:08.40	10:59	5.5
174	SIEROCIUK ADRIAN	2617		WROCŁAW	POL	M20	9	M 174	04:27:52	07:32:17	09:06:45	13:33:23	16:01:04	17:24:59.45	17:25:19.75	11:01	5.4
175	MATYSIAK ŁUKASZ	2675		UJAZD	POL	M40	88	M 175	04:32:31	07:39:05	08:57:41	13:18:38	15:50:59	17:24:43.65	17:25:19.85	11:01	5.4
176	SPECJALSKI PRZEMYSŁAW	2529		GDAŃSK	POL	M50	12	M 176	04:48:52	08:06:56	09:27:53	13:52:39	16:14:15	17:26:25.30	17:26:58.35	11:02	5.4
177	SWOBODA JAROSŁAW	2634	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M40	89	M 177	04:24:51	07:24:55	08:44:15	13:06:44	15:46:47	17:27:07.50	17:27:27.55	11:02	5.4
178	ŻARNIEWSKI WOJCIECH	2467	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	M40	90	M 178	04:23:30	07:30:07	08:46:50	13:28:59	15:49:01	17:27:43.90	17:28:18.05	11:03	5.4
179	TOCHA ZBIGNIEW	2550		SKÓRCZ	POL	M60	5	M 179	04:17:16	07:30:44	08:51:28	13:28:58	15:48:58	17:27:44.15	17:28:18.15	11:03	5.4
180	KAZEKO IVAN	2415		MUENCHEN	GER	M40	91	M 180	04:32:07	07:44:42	09:19:36	13:40:44	16:14:09	17:28:50.60	17:29:14.20	11:03	5.4
181	KOWALCZYK ALEKSANDER	2502		DZIERAŻNIA	POL	M40	92	M 181	05:02:42	08:20:38	09:59:19	13:56:34	16:15:01	17:30:05.55	17:30:39.50	11:04	5.4
182	PASZKIEL ARTUR	2711	LUDZ	SZCZECINEK	POL	M50	13	M 182	04:39:15	07:43:19	09:25:27	13:32:59	16:02:09	17:30:26.90	17:31:05.45	11:04	5.4
183	KOZERA WALDEMAR	2598	OMA	KRAKÓW	POL	M40	93	M 183	04:40:33	07:46:46	09:10:59	13:35:08	16:11:17	17:31:19.85	17:31:27.65	11:05	5.4
184	KULANTY KRZYSZTOF	2460	KRZYSZTOFKULANTY@ INTERIA.EU	KRZYWOPLOTY	POL	M30	64	M 184	04:37:21	07:44:27	09:12:20	13:35:06	16:10:42	17:31:07.40	17:31:32.80	11:05	5.4
185	SOWA MARIUSZ	2509	ŻARY RUNNERS TEAM	LIPINKI ŁUŻ.	POL	M40	94	M 185	04:40:05	08:01:04	09:23:52	13:35:26	16:04:50	17:31:02.65	17:31:36.10	11:05	5.4
186	SĄDEL BOGDAN	2464	ULTRA BEER RUNNERS	ZIELONA GÓRA	POL	M40	95	M 186	04:55:31	08:05:44	09:23:58	13:36:34	16:03:12	17:31:03.95	17:31:36.35	11:05	5.4
187	KROK JACEK	2563	ULTRASY!	LUBARTÓW	POL	M40	96	M 187	04:32:40	07:48:16	09:14:09	13:35:22	16:03:44	17:32:41.85	17:33:13.40	11:06	5.4
188	KOWALIK ARTUR	2408		JAWORZNO	POL	M30	65	M 188	04:25:48	07:29:58	08:58:05	13:34:29	16:04:23	17:33:13.25	17:33:39.05	11:06	5.4
189	LEWANDOWSKI LESZEK	2454	POWSTAŃCY Z KANAPY	BRZEZINA	POL	M40	97	M 189	04:54:23	08:12:32	09:28:03	13:46:26	16:08:18	17:33:59.15	17:34:33.85	11:07	5.4
190	KOZAR MARCIN	2622		TOMASZÓW MAZOWIECKI	POL	M40	98	M 190	04:43:40	07:37:40	09:01:10	13:26:07	16:13:30	17:34:58.20	17:35:21.95	11:07	5.4
191	KEJNA MACIEJ	2630		TOMASZÓW MAZOWIECKI	POL	M40	99	M 191	04:43:39	07:41:58	09:01:09	13:25:59	16:13:29	17:34:57.60	17:35:22.15	11:07	5.4
192	KOBYŁKA MAREK	2501	SUPERMARATON KALISZ	KALISZ	POL	M50	14	M 192	04:39:30	07:55:15	09:26:41	13:49:51	16:18:48	17:35:17.15	17:35:47.25	11:07	5.4
193	GAWRON TOMASZ	2440		LUBSKO	POL	M40	100	M 193	04:35:56	07:45:06	09:12:00	13:34:06	16:07:53	17:35:38.60	17:36:13.05	11:08	5.4
194	PODLASZEWSKI JACEK	2527	SPC	TORUŃ	POL	M50	15	M 194	04:49:48	08:24:07	09:48:19	14:07:21	16:26:37	17:43:03.45	17:43:20.15	11:12	5.4
195	PTAK ADAM	2721	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M50	16	M 195	04:29:09	07:34:17	09:04:05	13:33:56	16:17:03	17:43:02.80	17:43:21.35	11:12	5.4
196	GRINIG ARKADIUSZ	2499		WODZISŁAW ŚLĄSKI	POL	M40	101	M 196	04:37:24	07:47:58	09:14:14	13:48:40	16:19:07	17:42:49.95	17:43:27.55	11:12	5.4
197	BEDNARCZYK BOGUSŁAW	2662	PRO-RUN WROCŁAW	WROCŁAW	POL	M50	17	M 197	04:46:22	08:02:54	09:37:10	13:59:12	16:23:04	17:43:44.40	17:44:13.90	11:13	5.3
198	KOLECKI JAKUB	2420	KOLETZKY FUN	RADOM	POL	M40	102	M 198	05:15:38	08:27:36	09:49:36	14:07:09	16:24:51	17:43:41.80	17:44:27.05	11:13	5.3
199	HIRT TOMASZ	2609	CB 163	BYDGOSZCZ	POL	M40	103	M 199	05:22:13	08:23:50	09:41:14	13:50:31	16:19:01	17:44:48.50	17:45:04.40	11:13	5.3
200	GRZEGORCZYK WOJCIECH	2444	KONDYCJA	WARSZAWA	POL	M50	18	M 200	04:45:10	08:02:39	09:29:35	13:57:40	16:24:14	17:46:24.15	17:46:55.05	11:14	5.3
201	MENDYKA ŁUKASZ	2732	KB AKTYWNI ŚRODA WLKP.	ŚRODA	POL	M30	66	M 201	04:38:15	07:56:49	09:14:16	13:44:16	16:24:22	17:46:40.10	17:46:55.15	11:15	5.3
202	URBAN DANIEL	2512	SENTE RUNNING TEAM	DOBRYKOWICE	POL	M40	104	M 202	05:02:26	08:26:51	09:44:58	14:04:35	16:24:29	17:47:26.45	17:47:37.95	11:15	5.3

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
203	KANIA PAWEŁ	2756	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M50	19	M 203	05:01:49	08:22:12	09:51:55	14:07:40	16:28:15	17:47:05.85	17:47:45.00	11:15	5.3
204	DUCH EMIL	2697	JB WARSAW	WARSZAWA	POL	M30	67	M 204	04:51:24	08:14:04	09:42:54	14:02:38	16:34:31	17:47:27.70	17:48:02.55	11:15	5.3
205	PISAREK KAROL	2696	JB WARSAW	WARSZAWA	POL	M30	68	M 205	04:51:24	08:14:06	09:42:54	14:02:34	16:34:33	17:47:27.65	17:48:02.70	11:15	5.3
206	OSOWSKI WOJTEK	2538	ZACHELMIE	ZACHELMIE	POL	M50	20	M 206	04:52:30	08:09:13	09:26:58	14:00:15	16:26:46	17:49:02.35	17:49:27.95	11:16	5.3
207	JAKUBCZYK RAFAŁ	2470	TRIBOYS	LUBOŃ	POL	M40	105	M 207	04:47:41	08:17:51	09:43:00	14:11:40	16:33:07	17:50:02.50	17:50:23.00	11:17	5.3
208	ISKRA ARKADIUSZ	2511	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	106	M 208	04:39:58	08:03:09	09:42:24	14:17:02	16:37:54	17:50:47.60	17:51:24.00	11:17	5.3
209	BIAŁEK OLAF	2694	MEGATEL.COM.PL	KRAKÓW	POL	M50	21	M 209	05:00:57	08:17:40	09:42:04	14:04:21	16:26:38	17:51:02.95	17:51:30.15	11:17	5.3
210	MAKOWSKI ŁUKASZ	2483		GORLICE	POL	M40	107	M 210	04:47:02	08:04:03	09:28:50	14:02:30	16:34:47	17:52:56.40	17:53:23.40	11:19	5.3
211	NIEDZIELA MARCIN	2636	FAT MAMA'S SPORT CLUB	BYTOM	POL	M40	108	M 211	04:47:54	08:12:22	09:38:01	13:57:40	16:38:48	17:53:56.25	17:54:09.40	11:19	5.3
212	MARCELA MARCIN	2606	FAT MAMA'S SPORT CLUB	TARNOWSKIE GÓRY	POL	M40	109	M 212	04:47:54	08:12:25	09:38:02	13:52:32	16:38:28	17:53:56.45	17:54:09.60	11:19	5.3
213	KRZCZUK BENEDYKT	2489		TYCHY	POL	M50	22	M 213	04:57:49	08:20:07	09:46:49	14:17:08	16:40:48	17:58:25.60	17:58:34.00	11:22	5.3
214	KOWALCZYK ROBERT	2687	ŁĘCZNA BIEGA	ŁĘCZNA	POL	M40	110	M 214	04:41:39	08:05:22	09:29:06	14:09:46	16:40:42	17:58:05.10	17:58:45.55	11:22	5.3
215	WOLANIN TOMASZ	2670		SZCZECINEK	POL	M50	23	M 215	04:44:25	08:07:15	09:29:22	14:16:12	16:46:43	18:14:54.90	18:15:33.75	11:32	5.2
216	MARGAS GRZEGORZ	2752	MEERCATEAM	PROSZOWICE	POL	M50	24	M 216	04:55:09	08:22:18	09:49:09	14:15:40	16:43:59	18:18:37.15	18:19:06.80	11:35	5.2
217	DAWID MIROSLAW	2539	BIEGNĘ ZA WODZEM	KLUCZBORK	POL	M50	25	M 217	05:01:02	08:37:12	10:01:44	14:38:40	16:59:44	18:20:14.15	18:20:25.35	11:36	5.2
218	TALMA PAWEŁ	2599	ULTRASY!	LUBARTÓW	POL	M40	111	M 218	04:55:06	08:17:34	09:42:44	14:36:36	17:03:49	18:30:28.10	18:30:58.35	11:42	5.1
219	WYDRA MARIUSZ	2680	STARE BABICE BIEGAJĄ	STARE BABICE	POL	M50	26	M 219	04:46:10	08:08:49	09:45:25	14:38:42	17:03:57	18:30:27.55	18:30:58.50	11:42	5.1
220	ŁUKASZEK ARTUR	2505		LUBARTÓW	POL	M50	27	M 220	04:40:12	08:00:05		14:46:03	17:03:52	18:30:26.25	18:30:58.85	11:42	5.1
221	MARCINIAK MACIEJ	2548	MM-PROJEKT	ŻARY	POL	M40	112	M 221	04:48:31	08:15:06	09:44:06	14:13:33	17:00:15	18:42:51.50	18:43:17.25	11:50	5.1
222	FIJAŁKOWSKI WOJCIECH	2579	MONAR-GRACZE	WROCLAW	POL	M60	6	M 222	04:56:43	08:38:36	10:02:27	14:38:28	17:16:14	18:47:36.55	18:47:58.40	11:53	5
223	KOWALSKI ANDRZEJ	2734		WROCLAW	POL	M60	7	M 223	04:49:05	08:08:57	10:13:30	14:50:41	17:22:43	18:47:58.50	18:48:36.55	11:53	5
224	ZYGMUNT PAWEŁ	2497		GIEDLAROWA	POL	M40	113	M 224	05:06:17	08:29:18	10:01:21	14:34:19	17:17:08	19:09:13.10	19:09:33.35	12:07	4.9
225	KITLAS DARIUSZ	2769	BSB	SOCHONIE	POL	M50	28	M 225	05:08:53	08:28:04	10:01:20	14:43:03	17:17:17	19:09:12.00	19:09:33.70	12:07	4.9
226	PISARCZYK GRZEGORZ	2674		POZNAŃ	POL	M30	69	M 226	04:46:03	08:02:49	09:50:54	14:56:20	17:42:08	19:32:49.20	19:33:08.00	12:22	4.8
227	DOMIŃCZYK RAFAŁ	2762	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M40	114	M 227	05:23:54	09:03:51	10:47:08					11:59	5
228	GUZIK DANIEL	2775			POL	OPEN MĘŻCZYŹNI	1	M 228	05:24:49	09:03:52	10:47:09					11:59	5
	GRZESIAK MATEUSZ	2714	KLUB AA	KĘPNO	POL	M30			04:59:01	08:25:58	09:53:25	14:59:45	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SEDLAK MICHAŁ	2403	MARCIN ŚWIERC TEAM	GIERASZOWICE	POL	M40			03:08:25	05:20:54	06:10:59	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	URBANIK ŁUKASZ	2768	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40			04:36:58	07:55:56	09:21:47	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	POTEMPSKI PAWEŁ	2632	ZABIEGANI PO USZY	WARSZAWA	POL	M40			04:52:35	08:17:54	09:45:26	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LEŚNIAK MARCIN	2442	STANWEX II	SULEJÓWEK	POL	M30			04:55:20	08:20:12	09:48:00	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAWADA MATEUSZ	2435	ZARAŻENI BÓLEM	WARSZAWA	POL	M30			04:55:21	08:20:22	09:48:00	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROLLA DORIAN	2486		WARZYMICE	POL	M40			04:49:08	08:15:33	09:54:27	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KAŁA JACEK	2749	BP RUNNING TEAM	GLIWICE	POL	M40			05:04:15	08:29:27	10:06:39	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWICKI MAREK	2537	PORANNI BIEGACZE	DOBRYKOWICE	POL	M50			05:03:59	08:44:16	10:08:26	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NAPIERAŁA MARCIN	2426	PIĄTKOWO NA BIEGOWO / BIEGAJĄCE KREJZOLE	KOZIEGŁOWY	POL	M40			05:06:40	08:29:10	10:11:15	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SKOMORUCHA PAWEŁ	2547	KUŹNIA TRIATHLONU	WARSZAWA	POL	M40			04:55:39	08:29:40	10:11:23	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SAMULSKI KRZYSZTOF	2737		BIELSKO BIAŁA	POL	M30			04:48:06	08:26:22	10:21:44	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIELIŃSKI DARIUSZ	2477	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			04:41:40	08:05:35	10:22:00	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
	KONARSKI MACIEJ	2767	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M40			05:06:36 DNF	08:42:56 DNF	10:24:09 DNF	DNF	DNF	DNF	DNF	-	-
	OSTROUCH TYMON	2712	PARKRUN	GORZÓW WLKP.	POL	M30			05:07:10 DNF	08:45:55 DNF	10:41:33 DNF	DNF	DNF	DNF	DNF	-	-
	KULDANEK MARCIN	2576	DOGOŃ GRODZISK MAZOWIECKI	STANISŁAWÓW	POL	M40			05:08:53 DNF	08:47:44 DNF	10:45:09 DNF	DNF	DNF	DNF	DNF	-	-
	MISIURA ADAM	2682	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M30			05:12:09 DNF	09:07:15 DNF	11:10:05 DNF	DNF	DNF	DNF	DNF	-	-
	KOŁODZIEJCZYK MACIEJ	2432	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			05:10:28 DNF	08:54:47 DNF	11:25:15 DNF	DNF	DNF	DNF	DNF	-	-
	KRYSTJAŃCZUK KAROL	2684	ŁĘCZNA BIEGA	LUDWIN	POL	M40			05:00:42 DNF	08:53:37 DNF	11:25:20 DNF	DNF	DNF	DNF	DNF	-	-
	JACHYMSKI JACEK	2733	AKG ŁÓDŹ	ŁÓDŹ	POL	M60			DNF	10:27:57 DNF	12:08:57 DNF	DNF	DNF	DNF	DNF	-	-
	CŁAPIŃSKI JANUSZ	2522	BARTOSZ GORCZYCA TEAM	ŁÓDŹ	POL	M30			03:32:21 DNF	06:24:06 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TYSZKA DARIUSZ	2613	AKS POLONIA WARSZAWA	WARSZAWA	POL	M40			04:21:08 DNF	07:25:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARIUSZ	2571	HIRSCHVOGEL	GLIWICE	POL	M40			04:24:23 DNF	07:31:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BIELECKI SŁAWOMIR	2519		KRAKÓW	POL	M50			04:59:19 DNF	08:28:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DALEWSKI RAFAŁ	2693		WARSZAWA	POL	M40			05:36:38 DNF	09:13:14 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MICHNIEWSKI PIOTR	2774			POL	OPEN MĘŻCZYŹNI			05:24:02 DNF	10:09:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SUSKI MARCIN	2669	LEPIEBIEGAC.PL	GORLICE	POL	M30			03:54:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZADŁOWSKI DARIUSZ	2421	DRIM TIM	CIECHOCINEK	POL	M40			04:08:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	UGOREK JAROSŁAW	2700		GORZÓW WLKP.	POL	M40			04:19:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROSZKOWSKI MARCIN	2672	ZABIEGANI PO USZY	WARSZAWA	POL	M50			04:53:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STĘŻYCKI MARIUSZ	2561	ŻARY RUNNERS TEAM	ŻARY	POL	M40			04:55:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STAWSKI DARIUSZ	2503	KS ULTRA TEAM ŁÓDŹ	ŁÓDŹ	POL	M60			04:55:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WNUK KRYSZTIAN	2558		RADOM	POL	M40			05:22:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	2564	GRUPALUKTRANS.PL	PROSZOWICE	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SCOLAS ETIENNE	2739	ICEVEGA TEAM	LIEGE	BEL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PRZYSIWEK PATRYK	2466		POZNAŃ	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, K20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	JOVANOVIC-DOBRZYŃSKA MARTA	2718		KRAKÓW	POL	K20	1	K 21	04:30:14	07:37:05	08:48:53	13:12:11	15:41:23	16:59:40.35	16:59:53.50	10:45	5.6

**NIEPOKORNY MNICH - 95 KM, M20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	MASIAREK MACIEJ	2601		PIOTRKÓW TRYBUNALSKI	POL	M20	1	M 3	03:08:36	05:22:04	06:12:13	09:12:05	10:38:15	11:24:06.00	11:24:10.45	7:12	8.3



**NIEPOKORNY MNICH - 95 KM, M20 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
2	WALACIK ADAM	2475		WARSZAWA	POL	M20	2	M 30	03:43:14	06:09:13	07:13:18	10:35:08	12:27:44	13:30:23.25	13:30:50.55	8:32	7
3	KRYGIER TOMASZ	2656	EUROCASH RUNNING TEAM	POZNAŃ	POL	M20	3	M 51	03:51:54	06:37:42	07:50:58	11:29:40	13:28:07	14:30:35.70	14:30:48.65	9:11	6.5
4	TRZASKA WOJCIECH	2406	FUCHS OIL TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M20	4	M 59	04:19:11	06:59:07	08:05:59	11:39:14	13:33:33	14:36:27.65	14:36:55.65	9:14	6.5
5	CHROBACZYŃSKI RAFAŁ	2429		ŚWINIARSKO	POL	M20	5	M 69	04:15:03	06:56:26	08:00:11	11:33:40	13:43:44	14:49:26.70	14:50:00.40	9:22	6.4
6	FORREITER OSKAR	2731		BOJSZOWY	POL	M20	6	M 73	03:33:40	06:04:30	07:14:29	10:55:02	13:11:16	14:58:07.40	14:58:15.05	9:28	6.3
7	WALASIK DAMIAN	2493	AKADEMIA WOJSK LĄDOWYCH	STRUGA	POL	M20	7	M 76	03:59:53	06:50:59	07:56:58	11:56:19	13:59:18	15:00:57.95	15:01:23.95	9:30	6.3
8	KACZMAREK JĘDRZEJ	2719	KP PSP MILICZ	PLESZEW	POL	M20	8	M 116	04:23:39	07:21:42	08:41:44	12:41:52	14:47:32	16:02:35.05	16:03:08.80	10:09	5.9
9	SIEROCIUK ADRIAN	2617		WROCŁAW	POL	M20	9	M 174	04:27:52	07:32:17	09:06:45	13:33:23	16:01:04	17:24:59.45	17:25:19.75	11:01	5.4

**NIEPOKORNY MNICH - 95 KM, K30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	KIK IWONA	2588	KW KRAKÓW	ZABIERZÓW	POL	K30	1	K 3	03:42:10	06:12:54	07:13:41	10:33:37	12:17:47	13:12:15.15	13:12:20.25	8:21	7.2
2	TATAREK-KONIK AGNIESZKA	2688		CZELADŹ	POL	K30	2	K 4	04:02:44	06:31:51	07:36:20	11:13:46	13:08:18	14:13:36.30	14:13:44.55	9:00	6.7
3	PRZYSTOLIK MAGDALENA	2597	KS ADEA TEAM GLIWICE	KATOWICE	POL	K30	3	K 7	04:25:57	07:14:08	08:27:21	12:22:54	14:31:57	15:41:14.05	15:41:26.35	9:55	6
4	KARCZ ANNA	2751	BIURO TŁUMACZEŃ AWK ANNA KARCZ	BYDGOSZCZ	POL	K30	4	K 12	04:08:21	07:16:23	08:32:56	12:38:16	14:53:02	16:02:43.50	16:02:58.30	10:09	5.9
5	OLESZEK MAGDALENA	2530	...	CZELADŹ	POL	K30	5	K 17	04:17:31	07:20:36	08:39:30	12:44:37	15:05:08	16:29:37.75	16:29:51.20	10:26	5.7
6	BOROWSKA KAROLINA	2701	MONIA GYM/PUSZCZYK BUKOWY	PUCICE	POL	K30	6	K 19	04:19:09	07:30:57	08:54:53	13:12:17	15:34:31	16:49:48.75	16:50:05.85	10:39	5.6
7	CZERWIK MONIKA	2517	#RÓBSWOJE	CZARNA WIEŚ	POL	K30	7	K 20	04:16:09	07:16:10	08:40:09	12:59:23	15:35:30	16:58:30.75	16:58:45.50	10:44	5.6
8	SZCZEPAŃSKA EDYTA	2492		KOCMYRZÓW	POL	K30	8	K 25	04:30:28	08:08:20	09:48:26	14:01:29	16:16:46	17:34:05.80	17:34:15.60	11:07	5.4
9	KUNDYS KAROLINA	2578	#WAWRZYTEAM	WARSZAWA	POL	K30	9	K 27	05:38:58		09:34:03	13:57:25	16:18:05	17:42:10.75	17:42:47.75	11:12	5.4
10	KWIATEK AGNIESZKA	2681		ORZESZE	POL	K30	10	K 34	04:30:59	07:57:47	10:11:08	14:38:07	16:48:52	17:58:19.75	17:58:44.80	11:22	5.3
11	KOŁCZ SARA	2506	PODIUM	RZESZÓW	POL	K30	11	K 35	05:11:27	08:38:32	10:05:50	14:16:10	16:44:29	17:58:39.75	17:59:18.15	11:22	5.3
12	CHRZUSZCZ ANNA	2713	ANNA CHRZUSZCZ	GORZÓW WIELKOPOLSKI	POL	K30	12	K 36	04:49:21	08:10:42	09:30:17	14:01:04	16:42:12	18:00:56.70	18:01:23.80	11:24	5.3
13	SZKOŁA-ŚNIEŻEK AGNIESZKA	2536	PRZYSZŁAM POPATRZEĆ	KRAKÓW	POL	K30	13	K 38	04:45:49	08:00:33	09:36:03	14:04:27	16:40:57	18:01:32.40	18:01:47.05	11:24	5.3
14	WRÓBLEWSKA KATARZYNA	2750	GIT EKIPA!	ZAWIERCIE	POL	K30	14	K 41	05:23:59	09:03:52	10:47:09					11:59	5
	MOSIOŁEK MONIKA	2528	NAPRZÓD MŁOCINYBIEGNĘŻEBY BARTEK MÓGŁ BIEGAĆ	SKARŻYSKO-KAMI ENNA	POL	K30			03:59:40	06:53:17	08:12:51	DNF	DNF	DNF	DNF	-	-
	KWIATEK WERONIKA	2755		BIELSKO-BIAŁA	POL	K30			04:48:05	08:20:46	10:21:46	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, M30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	GRZĄDZIEL DOMINIK	2401	ATTIQ TEAM	DZIEKANOWICE	POL	M30	1	M 1	03:08:31	05:09:47	05:58:36	08:26:22	09:44:36	10:28:18.90	10:28:23.30	6:37	9.1
2	BARAN ARTUR	2404		DOBRA	POL	M30	2	M 2	03:14:20	05:33:49	06:27:27	09:14:25	10:32:27	11:21:15.50	11:21:18.90	7:11	8.3
3	WŁOCHAL ROBERT	2495		WAŁBRZYCH	POL	M30	3	M 6	03:24:36	05:38:45	06:33:19	09:28:15	11:06:18	11:57:31.65	11:57:35.40	7:34	7.9
4	CIEPLIK DAWID	2471	1990	RAWICZ	POL	M30	4	M 9	03:37:54	06:00:23	06:54:31	09:58:42	11:32:48	12:30:05.75	12:30:12.15	7:54	7.6
5	ŚLANDA MACIEJ	2427	KS JANUSZE	GRODZISKO DOLNE	POL	M30	5	M 11	03:37:00	06:00:18	06:58:05	10:03:17	11:40:59	12:32:08.70	12:32:23.80	7:56	7.6
6	DUDA KONRAD	2574		KRAKÓW	POL	M30	6	M 13	03:27:27	05:49:57	06:44:14	10:03:37	11:45:59	12:39:54.25	12:40:01.95	8:00	7.5
7	MIGDAL MICHAŁ	2425	MARKOWI BIEGACZE	MARKI	POL	M30	7	M 17	03:38:15	06:05:17	07:01:46	10:15:26	11:55:28	12:48:09.35	12:48:15.35	8:06	7.4
8	RUDNICKI DARIUSZ	2552	PROJEKT1000UP	POGÓRZE	POL	M30	8	M 18	03:37:21	06:03:08	06:58:37	10:16:47	11:54:33	12:49:22.65	12:49:28.85	8:06	7.4
9	KIELASZEWSKI KAROL	2441	LESZ NO LIMITS RUNNERS	LESZNO	POL	M30	9	M 21	03:43:54	06:19:33	07:22:08	10:29:51	12:04:39	12:55:33.85	12:56:04.40	8:10	7.3

**NIEPOKORNY MNICH - 95 KM, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
10	LEMAŃSKI DAMIAN	2603		ŁÓDŹ-RABIEŃ	POL	M30	10	M 22	03:25:57	05:53:19	06:48:33	10:15:02	12:08:42	13:04:26.80	13:04:34.50	8:16	7.3
11	KLUSEK MATEUSZ	2416	SKLEP BIEGACZA KRAKÓW	KRAKÓW	POL	M30	11	M 23	03:28:28	05:50:34	06:55:28	10:16:20	12:05:42	13:07:18.10	13:07:22.35	8:18	7.2
12	DZIURZYŃSKI PAWEŁ	2430	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M30	12	M 27	03:39:23	06:07:21	07:06:51	10:31:48	12:18:13	13:23:49.40	13:23:58.15	8:28	7.1
13	KOTARBA WOJCIECH	2575	BARTOSZ GORCZYCA RUNNING TEAM	KIELCE	POL	M30	13	M 28	03:45:51	06:23:30	07:23:47	10:49:25	12:33:10	13:28:37.30	13:28:51.55	8:31	7
14	BUJAK KRZYSZTOF	2507	NOWA HUTA	KRAKÓW	POL	M30	14	M 29	03:42:46	06:06:15	07:08:58	10:33:39	12:18:09	13:28:54.45	13:29:01.90	8:31	7
15	JASTRZĘBSKI SZYMON	2623		WROCŁAW / JAWORZNO	POL	M30	15	M 31	03:29:56	06:04:36	07:06:23	10:41:15	12:37:52	13:36:51.60	13:36:56.00	8:36	7
16	ZIMKOWSKI MARCIN	2771	KGHM ZG RUN	GŁOGÓW	POL	M30	16	M 33	03:38:31	06:18:08	07:23:46	10:57:02	12:47:35	13:43:07.90	13:43:10.65	8:40	6.9
17	TROJNAR DAMIAN	2428	KS JANUSZE	ŁAŃCUT	POL	M30	17	M 34	03:43:36	06:15:18	07:23:31	10:56:27	12:47:23	13:44:21.70	13:44:37.90	8:41	6.9
18	KUC WOJCIECH	2611		KŁOBUCK	POL	M30	18	M 35	03:45:07	06:20:45	07:23:12	10:52:44	12:47:43	13:49:02.20	13:49:16.15	8:44	6.9
19	ROSOLSKI DAWID	2474		POZNAŃ	POL	M30	19	M 36	03:35:33	06:15:55	07:23:36	10:56:25	12:51:55	13:50:12.65	13:50:29.85	8:45	6.9
20	DARMETKO RAFAŁ	2661		KAMINSKO	POL	M30	20	M 39	03:50:40	06:30:43	07:36:05	11:05:39	12:55:19	13:56:06.05	13:56:16.75	8:49	6.8
21	JANKOWSKI SEBASTIAN	2660		RADZYMIN	POL	M30	21	M 40	03:50:40	06:30:44	07:36:06	11:03:14	12:55:29	13:56:06.70	13:56:16.80	8:49	6.8
22	JANUSZEWSKI ANDRZEJ	2544	OBSTACLE CENTER TEAM	WARSZAWA	POL	M30	22	M 44	03:34:32	06:07:10	07:14:23	10:53:17	13:04:23	14:12:54.40	14:13:01.75	8:59	6.7
23	RUTKOWSKI MICHAŁ	2640		JÓZEFÓW	POL	M30	23	M 47	03:58:03	06:37:09	07:40:41	11:15:08	13:13:39	14:19:07.25	14:19:14.05	9:03	6.6
24	NOWAK MARIUSZ	2414		BIELSKO-BIAŁA	POL	M30	24	M 52	03:50:12	06:24:56	07:30:11	11:22:51	13:22:46	14:30:50.60	14:30:57.65	9:11	6.5
25	WITEK WOJCIECH	2716		ZARNOWIEC	POL	M30	25	M 56	04:04:11	06:48:10	07:50:55	11:25:16	13:27:35	14:33:39.95	14:34:01.75	9:12	6.5
26	TUREK ŁUKASZ	2740	LATAJĄCE HO(L)ENDRY	WARSZAWA	POL	M30	26	M 58	03:54:29	06:37:11	07:42:29	11:26:19	13:35:03	14:35:08.50	14:35:28.65	9:13	6.5
27	SIATKA KRZESIMIR	2532	LUBELSKIBIEGACZ.PL TEAM	LUBLIN	POL	M30	27	M 60	04:00:29	06:49:31	08:03:24	11:46:30	13:47:07	14:42:20.90	14:42:28.70	9:18	6.4
28	SIATKA PIOTR	2555	LUBELSKIBIEGACZ.PL TEAM	KRAKÓW	POL	M30	28	M 63	04:00:29	06:49:31	08:03:25	11:47:16	13:47:08	14:45:13.15	14:45:21.10	9:20	6.4
29	NIERADA MARCIN	2500		KATOWICE	POL	M30	29	M 67	03:56:31	06:43:45	07:51:01	11:35:54	13:35:06	14:49:40.45	14:49:53.35	9:23	6.4
30	BUJAK PAWEŁ	2703	BUJAK TEAM	NAŁĘCZÓW	POL	M30	30	M 75	03:58:03	06:47:20	07:55:12	11:45:06	13:50:00	15:00:41.00	15:00:50.45	9:30	6.3
31	BUJAK KAMIL	2704	BUJAK TEAM	NAŁĘCZÓW	POL	M30	31	M 81	03:58:03	06:47:19	07:55:11	11:58:01	14:04:34	15:08:47.30	15:08:57.45	9:35	6.3
32	KWIECIEŃ MAREK	2409	MARKOWI BIEGACZE	MARKI	POL	M30	32	M 85	04:07:49	06:59:30	08:12:41	12:05:03	14:12:23	15:17:14.65	15:17:31.25	9:40	6.2
33	MAZUREK DARIUSZ	2566	RZESZOWSKIE GAZELE I GEPARDY	STALOWA WOLA	POL	M30	33	M 86	03:54:28	06:43:25	07:53:34	12:03:34	14:16:26	15:20:03.15	15:20:12.40	9:42	6.2
34	SOKOŁOWSKI TOMASZ	2458	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M30	34	M 87	04:05:41	06:53:34	08:08:26	12:04:20	14:14:39	15:20:24.50	15:20:45.10	9:42	6.2
35	WILK DAWID	2468	SOCIOS SILESIA	ZABRZE	POL	M30	35	M 90	03:47:23	06:58:42	08:11:46	12:22:34	14:26:54	15:25:20.15	15:25:30.30	9:45	6.1
36	SMÓŁKOWSKI MARCIN	2531	PROJEKT1000UP	RUMIA	POL	M30	36	M 91	04:30:32	07:26:05	08:41:12	12:26:13	14:19:02	15:26:13.30	15:26:42.35	9:46	6.1
37	KOPYRA PIOTR	2641		KIELCE	POL	M30	37	M 92	04:09:20	07:11:41	08:32:54	12:22:30	14:27:51	15:27:14.50	15:27:20.40	9:46	6.1
38	BIEGANOWSKI KRZYSZTOF	2770	KLUB WYSOKOGÓRSKI WARSZAWA	SMARDZEWICE	POL	M30	38	M 96	04:16:48	07:04:59	08:20:47	12:12:19	14:25:01	15:33:13.50	15:33:34.20	9:50	6.1
39	ZAJĄC ŁUKASZ	2773	PRISJAKT POLAND	KRAKÓW	POL	M30	39	M 97	04:02:32	06:53:47	08:02:08	12:06:31	14:23:44	15:35:20.45	15:35:30.05	9:51	6.1
40	JĘCEK MACIEJ	2607		ŁÓDŹ	POL	M30	40	M 98	03:54:50	06:41:31	07:45:53	11:55:39	14:12:58	15:35:00.15	15:35:32.25	9:51	6.1
41	HOFMAŃSKI RAFAŁ	2678		KOTLIN	POL	M30	41	M 100	04:13:12	07:02:40	08:17:37	12:22:23	14:30:13	15:38:51.95	15:39:07.00	9:54	6.1
42	NOWAK MARCIN	2573	KRAKOWIAK ULTRA TEAM	MOSINA	POL	M30	42	M 104	03:58:56	06:49:30	08:01:42	12:02:03	14:16:48	15:43:55.75	15:44:14.85	9:57	6
43	GOŁAJ KAROL	2620	CHOJNIK KARKONOSKI FESTIWAL BIEGOWY	WROCŁAW	POL	M30	43	M 106	04:09:19	06:57:00	08:29:34	12:29:30	14:36:38	15:47:43.10	15:47:43.10	9:59	6
44	ŚWIDERSKI KRZYSZTOF	2412		POZNAŃ	POL	M30	44	M 109	04:05:59	07:03:40	08:15:06	12:33:45	14:45:14	15:52:20.20	15:52:29.55	10:02	6
45	KLUKOSZOWSKI MAREK	2726	DRAG85	NOWA BIAŁA	POL	M30	45	M 113	04:20:57	07:19:05	08:44:29	12:40:07	14:50:03	15:59:04.45	15:59:16.05	10:07	5.9
46	MATUSIAK MICHAŁ	2590	ROWERY MAŁGOŚKA KOŚCIELNY	CERADZ	POL	M30	46	M 115	04:19:27	07:10:47	08:27:30	12:30:49	14:45:52	16:01:02.50	16:01:20.55	10:08	5.9
47	OSICA ŁUKASZ	2676		ŚWIĘTOCHŁOWICE	POL	M30	47	M 118	04:36:27	07:26:31	08:32:34	12:46:57	14:58:04	16:03:29.60	16:04:09.85	10:09	5.9
48	ŚLIWA GRZEGORZ	2419	AZS AWF KRAKÓW MASTERS	KRAKÓW	POL	M30	48	M 121	04:24:02	07:04:27	08:16:57	12:19:48	14:43:24	16:08:06.20	16:08:10.20	10:12	5.9
49	PAWLIK JAKUB	2417	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	49	M 122	04:24:01	07:04:26	08:16:34	12:23:27	14:43:18	16:08:06.25	16:08:10.25	10:12	5.9
50	MIGACZ DAWID	2424	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M30	50	M 123	04:24:03	07:04:30	08:16:33	12:23:30	14:42:46	16:08:06.90	16:08:10.75	10:12	5.9
51	TRZASKA MARCIN	2748	WATAHA	KRAKÓW	POL	M30	51	M 127	04:39:01	07:43:32	09:00:34	12:58:44	15:03:46	16:10:48.55	16:11:15.75	10:14	5.9
52	NOWAK KRZYSZTOF	2727	#ADAMCZERWIŃSKITE AM	KRAKÓW	POL	M30	52	M 129	04:15:53	07:16:00	08:35:40	13:03:34	15:10:26	16:11:27.80	16:11:51.80	10:14	5.9

**NIEPOKORNY MNICH - 95 KM, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
53	ADAMSKI KRZYSZTOF	2725		PRZYSZOWICE	POL	M30	53	M 135	04:12:54	07:27:08	08:40:59	13:08:42	15:21:27	16:26:55.95	16:27:32.00	10:24	5.8
54	WESOŁOWSKI KRZYSZTOF	2413	LASKOWE LUDKI	KRAKÓW	POL	M30	54	M 138	04:08:21	07:03:45	08:15:58	12:46:25	15:16:29	16:34:33.70	16:34:43.55	10:29	5.7
55	WYSZYŃSKI ARTUR	2635	LISKI	SOSNOWIEC	POL	M30	55	M 146	04:30:52	07:39:05	09:05:06	13:20:15	15:39:45	16:48:37.70	16:48:47.80	10:38	5.6
56	MAJ GRZEGORZ	2455		KRAKÓW	POL	M30	56	M 151	04:25:22	07:29:22	08:51:48	13:16:04	15:39:02	16:59:27.65	16:59:51.95	10:45	5.6
57	JOVANOVIĆ MARKO	2690		ALEKSINAC	SRB	M30	57	M 152	04:30:05	07:37:06	08:48:53	13:12:24	15:41:23	16:59:41.20	16:59:53.60	10:45	5.6
58	POLNIK RAFAŁ	2465	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M30	58	M 155	04:37:57	07:42:54	09:14:26	13:36:09	15:56:22	17:03:56.55	17:04:00.95	10:48	5.6
59	WĄTROBA TOMASZ	2608	JJW17	WARSZAWA	POL	M30	59	M 157	04:20:10	07:22:05	08:57:36	13:29:11	15:49:05	17:04:09.25	17:04:45.15	10:48	5.6
60	TOMCZAK DARIUSZ	2705		GOSTYŃ	POL	M30	60	M 162	04:33:49	07:35:51	08:49:36	13:17:08	15:46:28	17:07:42.75	17:08:10.40	10:50	5.5
61	JANOWSKI KRZYSZTOF	2722	CB 163	KRUSZYN	POL	M30	61	M 165	04:33:40	07:37:51	08:59:49	13:22:45	15:52:07	17:10:09.45	17:10:26.75	10:51	5.5
62	WOŹNIAK MICHAŁ	2592	RUNNER_ULTRA	PODOLSZE	POL	M30	62	M 170	04:19:30	07:34:56	09:00:46	13:25:31	15:50:47	17:19:47.15	17:19:53.25	10:58	5.5
63	OLECHNOWICZ ROBERT	2557	HUCISKO FERAL CATS	DĄBROWA GÓRNICZA	POL	M30	63	M 173	04:48:31	08:04:51	09:20:47	13:26:30	15:56:34	17:21:51.40	17:22:08.40	10:59	5.5
64	KULANTY KRZYSZTOF	2460	KRZYSZTOFKULANTY@INTERIA.EU	KRZYWOPLOTY	POL	M30	64	M 184	04:37:21	07:44:27	09:12:20	13:35:06	16:10:42	17:31:07.40	17:31:32.80	11:05	5.4
65	KOWALIK ARTUR	2408		JAWORZNO	POL	M30	65	M 188	04:25:48	07:29:58	08:58:05	13:34:29	16:04:23	17:33:13.25	17:33:39.05	11:06	5.4
66	MENDYKA ŁUKASZ	2732	KB AKTYWNI ŚRODA WLKP.	ŚRODA WIELKOPOLSKA	POL	M30	66	M 201	04:38:15	07:56:49	09:14:16	13:44:16	16:24:22	17:46:40.10	17:46:55.15	11:15	5.3
67	DUCH EMIL	2697	JB WARSAW	WARSZAWA	POL	M30	67	M 204	04:51:24	08:14:04	09:42:54	14:02:38	16:34:31	17:47:27.70	17:48:02.55	11:15	5.3
68	PISAREK KAROL	2696	JB WARSAW	WARSZAWA	POL	M30	68	M 205	04:51:24	08:14:06	09:42:54	14:02:34	16:34:33	17:47:27.65	17:48:02.70	11:15	5.3
69	PISARCZYK GRZEGORZ	2674		POZNAŃ	POL	M30	69	M 226	04:46:03	08:02:49	09:50:54	14:56:20	17:42:08	19:32:49.20	19:33:08.00	12:22	4.8
	GRZESIAK MATEUSZ	2714	KLUB AA	KĘPNO	POL	M30			04:59:01	08:25:58	09:53:25	14:59:45	DNF	DNF	DNF	-	-
	LEŚNIAK MARCIN	2442	STANWEX II	SULEJÓWEK	POL	M30			04:55:20	08:20:12	09:48:00	DNF	DNF	DNF	DNF	-	-
	ZAWADA MATEUSZ	2435	ZARAŻENI BÓLEM	WARSZAWA	POL	M30			04:55:21	08:20:22	09:48:00	DNF	DNF	DNF	DNF	-	-
	SAMULSKI KRZYSZTOF	2737		BIELSKO BIAŁA	POL	M30			04:48:06	08:26:22	10:21:44	DNF	DNF	DNF	DNF	-	-
	OSTROUCH TYMON	2712	PARKRUN	GORZÓW WLKP.	POL	M30			05:07:10	08:45:55	10:41:33	DNF	DNF	DNF	DNF	-	-
	MISIURA ADAM	2682	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M30			05:12:09	09:07:15	11:10:05	DNF	DNF	DNF	DNF	-	-
	CLAPIŃSKI JANUSZ	2522	BARTOSZ GORCZYCA TEAM	ŁÓDŹ	POL	M30			03:32:21	06:24:06	DNF	DNF	DNF	DNF	DNF	-	-
	SUSKI MARCIN	2669	LEPIEBIEGAC.PL	GORLICE	POL	M30			03:54:31	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	2564	GRUPALUKTRANS.PL	PROSZOWICE	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PRZYSIWEK PATRYK	2466		POZNAŃ	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, K40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	MOCZULSKA MAŁGORZATA	2765		ŻARÓW	POL	K40	1	K 1	03:32:05	05:48:07	06:40:40	09:37:54	11:10:03	12:04:24.05	12:04:30.35	7:38	7.9
2	ZYCH KATARZYNA	2658	BONNIE&CLYDE	TARNÓW	POL	K40	2	K 2	03:50:10	06:16:18	07:15:36	10:23:48	11:59:23	12:54:50.85	12:55:02.15	8:10	7.3
3	GOLAS GRAŻYNA	2543	DUDYCZRUN	GDYNIA	POL	K40	3	K 5	04:02:46	06:48:41	07:51:16	11:34:58	13:29:50	14:33:57.55	14:34:06.40	9:13	6.5
4	KRYM KATARZYNA	2482	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	K40	4	K 6	04:06:39	06:54:29	08:06:38	12:02:06	14:14:23	15:20:26.95	15:20:34.35	9:42	6.2
5	KAZUBOWSKA ALEKSANDRA	2710		GORZÓW WLKP	POL	K40	5	K 8	04:13:24	07:08:29	08:27:28	12:15:38	14:32:25	15:41:06.80	15:41:27.65	9:55	6
6	GÓRSKA AGNIESZKA	2763	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:30	15:48:10.35	15:48:33.15	10:00	6
7	WUJDA MARTA	2746	ŻARY RUNNERS TEAM	ŻARY	POL	K40	6	K 9	04:11:54	07:00:51	08:12:20	12:16:36	14:28:36	15:48:10.50	15:48:33.15	10:00	6
8	FOGIEL-PAWŁOWSKA AGNIESZKA	2584	LOS BIEGANEROS	WROCŁAW	POL	K40	8	K 11	04:16:09	07:08:39	08:28:20	12:28:32	14:44:15	16:01:02.25	16:01:13.00	10:08	5.9
9	EFEMBERG JOANNA	2743	STAJNIA BALONA	SZCZECIN	POL	K40	9	K 14	04:29:32	07:33:56	08:48:27	12:44:11	14:56:18	16:02:55.35	16:03:20.45	10:09	5.9
10	DZIERŻEŃSKA MONIKA	2744	STAJNIA BALONA	GDAŃSK	POL	K40	10	K 15	04:32:18	07:37:25	08:56:11	12:56:21	15:09:40	16:17:25.00	16:17:49.30	10:18	5.8
11	LANGE BEATA	2633	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	K40	11	K 16	04:24:52	07:20:38	08:39:36	12:46:28	15:04:53	16:29:32.10	16:29:51.05	10:26	5.7

**NIEPOKORNY MNICH - 95 KM, K40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
12	CHRZĄSIK ANNA	2664	PŁOMYK OLKUSZ	KRZESZOWICE	POL	K40	12	K 18	04:26:57	07:31:06	08:49:25	12:57:53	15:24:38	16:41:18.20	16:41:43.70	10:33	5.7
13	GOLON MARLENA	2565	RUN PASJA	SICIENKO	POL	K40	13	K 22	04:51:29	08:10:36	09:28:54	13:32:18	15:55:26	17:23:32.85	17:24:01.00	11:00	5.5
14	RATAJCZAK JOANNA	2462	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:06	07:42:30	09:04:58	13:33:28	16:09:24	17:28:03.10	17:28:19.75	11:03	5.4
15	PTASZYŃSKA ELIZA	2448	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	14	K 23	04:37:05	07:42:30	09:04:58	13:33:28	16:09:23	17:28:02.00	17:28:19.75	11:03	5.4
16	NAPIERAŁA KATARZYNA	2446		SUCHY LAS	POL	K40	16	K 26	04:55:34	08:18:57	09:43:47	13:51:55	16:19:36	17:39:34.30	17:39:46.55	11:10	5.4
17	GRZYBOWSKA KAROLINA	2709	GRANDAUTO	CZERMIN	POL	K40	17	K 28	04:43:30	07:55:58	09:14:13	13:38:11	16:07:57	17:42:26.00	17:42:55.65	11:12	5.4
18	KOWALCZYK EWELINA	2445	LUCKY LUZERS	LUBOŃ	POL	K40	18	K 29	04:46:22	08:02:44	09:26:52	13:59:36	16:23:00	17:43:41.25	17:44:12.45	11:13	5.3
19	KUNKEL ANNA	2515	PGB SPORTOWA PACZKA	GDAŃSK	POL	K40	19	K 30	04:51:29	08:13:05	09:37:14	13:54:54	16:21:28	17:44:09.35	17:44:33.85	11:13	5.3
20	GLÓRA ALEKSANDRA	2491	ŻARY RUNNERS TEAM	ŻARY	POL	K40	20	K 31	04:55:03	08:07:39	09:36:29	13:54:36	16:21:36	17:46:23.40	17:46:55.20	11:14	5.3
21	WOJTAKOWSKA JOANNA	2741	TIME4RUNNING	TOMASZÓW MAZ.	POL	K40	21	K 32	05:02:11	08:09:31	09:37:44	13:58:55	16:26:38	17:50:34.75	17:50:57.75	11:17	5.3
22	WROE AGNIESZKA	2533	BIEDRAGA@GMAIL.COM	POZNAN	POL	K40	22	K 33	05:01:43	08:17:21	09:45:17	14:16:46	16:39:37	17:56:36.00	17:57:15.45	11:21	5.3
23	KASPERSKA BARBARA	2736	BBL GORZÓW	GORZÓW WLKP.	POL	K40	23	K 36	04:39:14	07:57:11	09:21:49	14:01:05	16:42:12	18:00:57.40	18:01:23.80	11:24	5.3
24	DOŁĘGA ANNA	2540	ZABIEGANA MAMA	BIALYSTOK	POL	K40	24	K 40	05:12:09	08:36:39	10:06:46	14:34:07	16:53:41	18:12:01.90	18:12:29.75	11:31	5.2
	ULASZEWSKA AGNIESZKA	2677	BRAK	TOMASZÓW MAZOWIECKI	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	COP ANNA	2452	SUMT / DAV SEKCJA KATOWICKA	KATOWICE	POL	K40			04:46:32	08:19:51	09:52:01	DNF	DNF	DNF	DNF	-	-
	BEDNARSKA JOANNA	2715	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ PURA VIDA TEAM	KIELCE	POL	K40			05:12:14	08:46:27	10:09:16	DNF	DNF	DNF	DNF	-	-
	KRZYŻIŃSKA SYLWIA	2759	WIEJSKA GRUPA BIEGOWA	GRODZISK MAZ	POL	K40			05:06:40	08:41:58	10:23:35	DNF	DNF	DNF	DNF	-	-
	MIELOCH TAMARA	2695		PODKOWA LEŚNA	POL	K40			04:11:54	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZETRZELEWSKA-LALIK EWA	2645	ICEVEGA TEAM	JERZMANOWICE	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, M40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	GWIZDŃ MARCIN	2631		JAWORZNO	POL	M40	1	M 4	03:08:34	05:20:07	06:10:17	09:12:22	10:40:00	11:34:51.50	11:34:54.75	7:19	8.2
2	SOWA ŁUKASZ	2618		KATOWICE	POL	M40	2	M 5	03:19:24	05:34:49	06:27:24	09:30:29	10:59:41	11:51:30.00	11:51:33.70	7:30	8
3	KITA MICHAŁ	2577	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M40	3	M 7	03:26:31	05:44:08	06:37:09	09:38:23	11:16:28	12:09:40.10	12:09:45.00	7:41	7.8
4	CZUWAJ ANDRZEJ	2472	ZADYSZKA OŚWIĘCIM	GROJEC	POL	M40	4	M 8	03:25:25	05:48:06	06:42:49	09:55:25	11:33:14	12:24:25.55	12:24:35.65	7:51	7.6
5	WÓJCIC PAWEŁ	2753	AZS UEK KRAKOW/KROKUS PRZYSZOWA	KRAKÓW	POL	M40	5	M 10	03:33:55	05:52:00	06:44:37	10:00:13	11:41:10	12:31:32.45	12:31:32.45	7:55	7.6
6	ŚCIESZKA WOJCIECH	2654	13 ELT KRAKÓW - BALICE	KRAKÓW	POL	M40	6	M 12	03:34:45	05:56:43	06:56:01	10:03:32	11:41:07	12:34:47.25	12:34:51.00	7:57	7.5
7	BORÓWKA RYSZARD	2488		GDYNIA	POL	M40	7	M 14	03:34:54	06:01:39	06:58:31	10:05:55	11:46:06	12:41:44.00	12:41:49.10	8:02	7.5
8	PIEKIELNY MARIUSZ	2735	CZASTARY	CZASTARY	POL	M40	8	M 15	03:44:56	06:09:16	07:05:44	10:11:54	11:53:50	12:43:58.35	12:44:18.00	8:03	7.4
9	KAMERDUŁA ŁUKASZ	2655	#TEAMCZTERY	STRUŻKA	POL	M40	9	M 16	03:34:48	06:05:40	07:04:44	10:15:23	11:51:00	12:44:52.60	12:45:00.35	8:04	7.4
10	MOSKALIK TOMASZ	2643	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M40	10	M 19	03:39:12	06:07:15	07:02:50	10:17:12	11:56:48	12:49:29.80	12:49:38.20	8:07	7.4
11	JUDA WITOLD	2621		JELEŃ GÓRA	POL	M40	11	M 20	03:30:45	05:55:57	06:51:49	10:14:04	11:58:41	12:52:12.50	12:53:30.35	8:08	7.4
12	CEBULA LESZEK	2729		KRAKÓW	POL	M40	12	M 24	03:47:18	06:26:30	07:23:18	10:45:39	12:19:10	13:08:26.20	13:08:38.00	8:19	7.2
13	JAWORSKI ŁUKASZ	2560	ULTRAMOC(-)	WARSZAWA	POL	M40	13	M 25	03:32:37	06:04:21	07:03:16	10:32:20	12:16:45	13:13:24.90	13:13:28.55	8:22	7.2
14	ORŁÓW ŁUKASZ	2556	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	14	M 26	03:38:11	06:09:46	07:10:49	10:34:11	12:17:37	13:17:06.15	13:17:12.45	8:24	7.1
15	KRZESZOWSKI MARCIN	2535	MTS	STRZEGOM	POL	M40	15	M 32	03:44:49	06:16:26	07:13:46	10:47:43	12:37:49	13:38:30.05	13:38:30.05	8:38	6.9
16	SZAFRANIEC TOMASZ	2659	MIĘDZYRZECKIE GAZELE	MIĘDZYRZECZ	POL	M40	16	M 37	03:54:31	06:30:48	07:36:01	11:03:20	12:55:24	13:50:23.65	13:50:30.35	8:45	6.8
17	GRYNAGIEL PRZEMYSŁAW	2438		OSIEK NAD WISŁĄ	POL	M40	17	M 42	03:45:54	06:07:30	07:14:20	10:45:12	12:48:27	13:59:14.05	13:59:46.90	8:51	6.8
18	MARKOWSKI MARCIN	2707	UKS KOMETA GLIWICE	GLIWICE	POL	M40	18	M 43	03:56:44	06:33:01	07:36:02	11:11:27	13:04:02	14:00:30.60	14:00:41.75	8:51	6.8
19	TWARDOWSKI TOMASZ	2757		STRAŻÓW	POL	M40	19	M 46	03:35:42	06:16:50	07:23:00	11:06:38	13:10:41	14:16:40.70	14:17:08.90	9:02	6.6

**NIEPOKORNY MNICH - 95 KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
20	GAJOS DANIEL	2671	GRUPA LUKTRANS	KRAKÓW	POL	M40	20	M 48	03:52:44	06:31:35	07:38:34	11:14:21	13:09:05	14:21:08.10	14:21:16.70	9:05	6.6
21	KARAŚ MICHAŁ	2663	PODHALE NOWY TARG	NOWY TARG	POL	M40	21	M 49	03:54:10	06:32:11	07:35:47	11:20:14	13:21:18	14:26:16.30	14:26:41.25	9:08	6.6
22	SUCH ARKADIUSZ	2570		RZESZÓW	POL	M40	22	M 54	04:27:42	06:55:23	07:52:37	11:25:09	13:27:26	14:33:31.00	14:34:01.30	9:12	6.5
23	DAMPS SYLWESTER	2526		MAŁE GOWINO	POL	M40	23	M 57	04:03:03	06:48:41	07:51:16	11:34:54	13:30:13	14:33:57.20	14:34:06.45	9:13	6.5
24	KARCZ TOMASZ	2699	TEALTREE.PL	STRZEGOM	POL	M40	24	M 61	03:52:36	06:50:48	08:04:03	11:42:31	13:39:49	14:44:56.50	14:45:03.85	9:20	6.4
25	KAPALA OSKAR	2702	AKS POLONIA WARSZAWA	PRUSZKÓW	POL	M40	25	M 62	04:03:25	06:48:57	07:55:16	11:43:48	13:48:34	14:45:04.90	14:45:14.40	9:20	6.4
26	SZAREK RAFAŁ	2459	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	26	M 64	03:49:39	06:28:48	07:36:47	11:51:43	13:41:39	14:46:24.05	14:46:39.10	9:21	6.4
27	WOSIEK PAWEŁ	2738	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	27	M 65	04:03:20	06:48:48	07:51:39	11:46:47	13:51:58	14:46:48.50	14:47:10.10	9:21	6.4
28	GRZYBOWSKI RAFAŁ	2605		WARSZAWA	POL	M40	28	M 66	04:07:03	06:49:11	07:51:37	11:51:31	13:48:39	14:46:54.20	14:47:50.15	9:21	6.4
29	MIKULSKI GRZEGORZ	2595	BSB	CHOROSZCZ	POL	M40	29	M 68	03:55:10	06:36:48	07:48:21	11:51:31	13:42:44	14:49:59.00	14:49:59.00	9:23	6.4
30	CIENIAWSKI PIOTR	2730	CSRG	BYTOM	POL	M40	30	M 70	03:57:43	06:43:29	07:47:37	11:39:34	13:46:53	14:51:41.35	14:52:18.35	9:24	6.4
31	KOZIEŁ KRZYSZTOF	2525		BARANOWO	POL	M40	31	M 71	03:50:59	06:36:29	07:51:41	11:42:26	13:48:02	14:55:11.35	14:55:17.55	9:26	6.4
32	FOGT MACIEJ	2629	CB163	KRUSZYN	POL	M40	32	M 72	04:06:35	06:48:56	07:59:40	11:59:04	13:57:47	14:57:41.05	14:57:58.05	9:28	6.3
33	SOPOTNICKI WOJCIECH	2685	MOVEON	KUNICE	POL	M40	33	M 74	04:14:49	07:03:51	08:13:21	12:02:19	13:58:54	14:59:15.45	14:59:42.15	9:29	6.3
34	WIĄCEK ŁUKASZ	2761	IRS KRAKÓW	ZIELONKI	POL	M40	34	M 77	03:46:36	06:40:25	07:43:34	11:44:31	13:51:55	15:04:45.25	15:05:17.25	9:32	6.3
35	LISIECKI TOMASZ	2764	TRZYNASTKA PLUS	LUBOŃ	POL	M40	35	M 78	04:09:46	07:00:47	08:10:46	12:04:56	14:02:29	15:07:18.20	15:07:48.50	9:34	6.3
36	URACZ ŁUKASZ	2494	BARTOSZ GORCZYCA TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M40	36	M 79	04:11:00	06:56:35	08:02:23	11:58:46	14:04:43	15:07:23.35	15:07:59.80	9:34	6.3
37	KOŁODZIJSKI JAREK	2453	NIGDY W ŻYCIU NIE BIEGNĘ HARDCORA ;)	POZNAŃ	POL	M40	37	M 80	04:18:05	07:08:05	08:14:16	12:02:49	14:03:26	15:08:26.55	15:08:42.50	9:34	6.3
38	SZANECKI JAKUB	2717	CIEMNA STRONA POMIDORA	RZESZÓW	POL	M40	38	M 82	04:16:38	07:02:23	08:12:28	12:02:19	14:05:04	15:09:24.40	15:09:49.85	9:35	6.3
39	WESOŁEK MAREK	2484	SENTE	WROCŁAW	POL	M40	39	M 89	04:07:15	06:50:37	07:57:13	11:58:05	14:09:32	15:23:47.70	15:23:57.55	9:44	6.2
40	OSTANSKI ARTUR	2728	BLACK HAT ULTRA TEAM	LELYSTAD	NED	M40	40	M 93	03:55:35	06:41:16		12:02:20	14:15:03	15:27:07.05	15:27:24.80	9:46	6.1
41	NOWOROLNIK PAWEŁ	2616	PĘDZĄCE MISIE	GLIWICE/TYLMANO WA	POL	M40	41	M 94	04:11:20	07:03:27	08:17:36	12:16:18	14:29:23	15:31:20.20	15:31:36.40	9:49	6.1
42	MORAWSKI FILIP	2562	MARCINSWIERCTEAM	PUSZCZYKOWO	POL	M40	42	M 95	03:58:36	06:49:31	08:01:43	12:00:38	14:16:14	15:31:57.15	15:32:15.50	9:49	6.1
43	GASIK LESZEK	2567	SŁONCA JURY	OLSZTYN JURAJSKI	POL	M40	43	M 99	04:08:35	07:04:56	08:27:28	12:43:54	14:37:13	15:38:39.15	15:38:47.30	9:54	6.1
44	GÓRNY ROBERT	2443	TIM JEST TIM	OZIMEK	POL	M40	44	M 101	03:58:01	06:58:43	08:08:37	12:12:53	14:26:08	15:41:39.70	15:41:46.55	9:55	6
45	KARPIŃSKI TOMASZ	2431		RZESZÓW	POL	M40	45	M 102	04:26:43	07:13:50	08:27:03	12:22:52	14:31:54	15:41:28.25	15:41:58.05	9:55	6
46	GARUS ŁUKASZ	2657		BYTOM	POL	M40	46	M 103	04:09:35	07:08:13	08:20:06	12:29:15	14:35:46	15:43:51.40	15:44:05.15	9:57	6
47	RAJNER KRZYSZTOF	2568	ULTRA KOSZALIN	KOSZALIN	POL	M40	47	M 105	04:24:19	07:21:55	08:33:34	12:29:05	14:37:35	15:44:10.00	15:44:39.10	9:57	6
48	KUŹMIAK STANISŁAW	2745	ŻARY RUNNERS TEAM	ŻARY	POL	M40	48	M 107	04:11:52	07:00:51	08:12:19	12:16:35	14:28:15	15:48:13.35	15:48:35.65	10:00	6
49	KRZEMIŃSKI TOMASZ	2708	HOTEL ANDELS	ŁÓDŹ	POL	M40	49	M 108	04:17:33	07:06:30	08:26:59	12:22:54	14:32:44	15:50:28.25	15:51:04.05	10:01	6
50	MIELCARZ MICHAŁ	2619	KREJZI TIM BŁONIE	BŁONIE	POL	M40	50	M 111	04:14:42	07:06:40	08:27:30	12:30:00	14:55:01	15:58:17.20	15:58:34.75	10:06	5.9
51	TARAS MARCIN	2698	#BIEGAMNATARCHOM INIE	WARSZAWA	POL	M40	51	M 112	04:10:44	07:01:22	08:23:08	12:41:56	14:52:02	15:58:25.65	15:59:03.25	10:06	5.9
52	MUSZYŃSKI KRZYSZTOF	2490		BUKOWNO	POL	M40	52	M 114	04:04:14	06:53:57	08:04:18	12:26:01	14:51:36	15:59:35.30	15:59:56.40	10:07	5.9
53	MAĆKOWIAK TOMASZ	2723	CB163	BYDGOSZCZ	POL	M40	53	M 117	04:08:21	07:16:21	08:33:03	12:38:39	14:52:58	16:03:04.40	16:03:19.10	10:09	5.9
54	BŁĘDOWSKI MARIUSZ	2407	COYOTE TEAM	WŁOCŁAWEK	POL	M40	54	M 119	04:20:51	07:26:03	08:43:47	12:45:58	14:53:40	16:05:06.05	16:05:25.35	10:10	5.9
55	POGOCKI PIOTR	2591		KNURÓW	POL	M40	55	M 120	04:08:57	07:21:55	08:49:27	12:50:11	14:58:03	16:06:23.95	16:06:37.45	10:11	5.9
56	LESIAK FILIP	2747	TRAI IS OUR WAY/ SKAWINA BIEGA	SKAWINA	POL	M40	56	M 126	04:16:51	07:16:28	08:26:59	12:45:42	14:59:53	16:10:39.70	16:10:39.70	10:14	5.9
57	WALKOWIAK DARIUSZ	2545		ŁÓDŹ	POL	M40	57	M 128		07:20:16	08:33:59	12:44:47	15:01:36	16:11:20.95	16:11:32.95	10:14	5.9
58	WIKTOROWICZ TOMASZ	2476	WIKTOROWICZ	WARSZAWA	POL	M40	58	M 131	04:09:51	07:07:24	08:16:36	12:28:28	15:09:23	16:15:55.20	16:16:14.15	10:17	5.8
59	MICHAŁOWSKI MARCIN	2518	MARCINŚWIERCTEAM	ŚWIETOSZÓW	POL	M40	59	M 132	04:03:39	06:54:20	08:02:09	12:11:31	14:32:25	16:18:04.85	16:18:11.55	10:19	5.8
60	NIEDZIEMSKI ROBERT	2686	ACAR TEAM/VEGE RUNNERS	KRAKÓW	POL	M40	60	M 133	04:05:02	07:05:13	08:22:51	12:39:06	14:55:51	16:21:10.15	16:21:13.35	10:20	5.8
61	ZIĘBA MARCIN	2504	RUNPROGRESS TEAM	KRAKÓW	POL	M40	61	M 134	04:19:30	07:16:01	08:36:05	13:12:40	15:23:16	16:22:47.65	16:23:00.20	10:22	5.8
62	KORNATOWSKI ANDRZEJ	2524	DYSTANS LESZNO	LESZNO	POL	M40	62	M 136	04:14:49	07:22:28	08:35:20	12:58:06	15:17:36	16:27:36.95	16:27:54.85	10:25	5.8
63	ŁUKOMSKI MACIEJ	2469	ŁÓDZKI KLUB WYSOKOGÓRSKI/SZAK ALE BALUT ŁÓDŹ	ŁÓDŹ	POL	M40	63	M 139	04:08:44	07:09:11	08:28:42	12:56:22	15:29:01	16:37:03.90	16:37:14.30	10:31	5.7
64	CHUCHAŁA PAWEŁ	2508	MARKOWI BIEGACZE	MARKI	POL	M40	64	M 140	04:18:07	07:22:58	08:40:17	13:09:29	15:26:52	16:37:28.20	16:37:46.70	10:31	5.7

**NIEPOKORNY MNICH - 95 KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
65	KRÓL MACIEJ	2754	WIRAN TEAM	REDA	POL	M40	65	M 141									
66	CHWIEJ MARCIN	2593	BIEGACZE ŚWINOUJŚCIE	ŚWINOUJŚCIE	POL	M40	66	M 142	04:18:19	07:23:11	08:44:39	13:02:48	15:26:58	16:41:20.35	16:41:27.45	10:33	5.7
67	STELMACH DAMIAN	2580	DOGOŃ GM/ GÓRAL Z MAZUR RUNNING TEAM	BRWINÓW	POL	M40	67	M 143	04:10:46	07:11:07	08:36:27	13:05:54	15:23:27	16:42:11.80	16:42:41.15	10:34	5.7
68	BALCERZAK MARIUSZ	2485	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	68	M 144	04:29:00	07:34:12	08:51:52	13:02:44	15:28:25	16:43:10.55	16:43:45.55	10:34	5.7
69	WOŹNIAK MARCIN	2706		GDAŃSK	POL	M40	69	M 145	04:00:47	06:49:59	08:12:06	12:47:31	15:17:11	16:44:47.15	16:45:19.95	10:35	5.7
70	ZABRZEWSKI PATRYK	2449	KLUB BIEGACZA FARTLEK	ŻORY	POL	M40	70	M 147	04:15:18	07:10:44	08:33:51	12:57:51	15:36:02	16:54:26.70	16:54:45.80	10:42	5.6
71	ULAS MACIEJ	2637		BOCHNIA	POL	M40	71	M 148	04:30:46	07:45:29	09:06:45	13:22:08	15:42:07	16:54:56.45	16:55:19.10	10:42	5.6
72	GARSTKA ZBIGNIEW	2673		WRONKI	POL	M40	72	M 149	04:42:19	07:56:47	09:17:17	13:29:15	15:49:28	16:56:02.20	16:56:28.80	10:43	5.6
73	PIECZARA BŁAŻEJ	2582		JAWORZNO	POL	M40	73	M 150	03:59:05	07:04:50	08:32:49	13:02:51	15:36:41	16:58:30.35	16:58:35.95	10:44	5.6
74	POPŁAWSKI PIOTR	2628	PGB SPORTOWA PACZKA	ŁOSICE	POL	M40	74	M 153	04:27:53	07:34:08	08:56:31	13:12:15	15:39:29	16:59:53.10	17:00:17.00	10:45	5.6
75	NOGA KRYSZTIAN	2447	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M40	75	M 156	04:37:56	07:42:55	09:14:25	13:36:10	15:56:06	17:03:55.85	17:04:01.10	10:48	5.6
76	URBASEK ŁUKASZ	2667		GLIWICE	POL	M40	76	M 158	04:54:32	08:01:48	09:27:17	13:42:45	15:59:47	17:04:50.15	17:05:18.60	10:48	5.6
77	WOJCIECHOWSKI DARIUSZ	2496	KRAKOWIAK TEAM / I-SPORT	KROSNO	POL	M40	77	M 159	04:13:06	07:19:43	08:38:11	13:09:37	15:43:29	17:05:52.50	17:06:14.60	10:49	5.5
78	PAŹUCHA WOJTEK	2646		LUSÓWKO	POL	M40	78	M 160	04:13:07	07:19:43	08:38:12	13:09:37	15:43:31	17:05:53.00	17:06:14.70	10:49	5.5
79	SADY SEBASTIAN	2689	OBY2	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	79	M 161	04:26:28	07:32:20	08:49:31	13:16:50	15:47:55	17:07:40.40	17:07:59.75	10:50	5.5
80	DEJA DARIUSZ	2510	KEYSHO	GRODKÓW	POL	M40	80	M 163	04:32:44	07:47:38	09:12:43	13:32:32	15:49:44	17:08:10.25	17:08:24.45	10:50	5.5
81	STROJEK GRZEGORZ	2650		PRZEMKÓW	POL	M40	81	M 164	04:20:35	07:35:24	08:48:59	13:15:00	15:40:21	17:09:19.15	17:09:35.05	10:51	5.5
82	MILEWSKI MACIEK	2513	SAMOTNY WILK	LEGIONOWO	POL	M40	82	M 166	05:03:42	08:23:49	09:44:23	13:53:35	16:02:30	17:13:39.75	17:14:17.95	10:54	5.5
83	JABŁOŃSKI JAKUB	2596	PRO366	POZNAŃ	POL	M40	83	M 167	04:31:42	07:32:23	08:55:14	13:29:45	15:54:08	17:19:34.85	17:19:40.35	10:57	5.5
84	FILIPEK PRZEMYSŁAW	2479	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	84	M 168	04:30:03	07:30:39	08:51:59	13:25:07	15:55:02	17:19:24.25	17:19:40.45	10:57	5.5
85	MAJEWSKI RADOSŁAW	2456	NIGHT RUNNERS / PRO366	POZNAŃ	POL	M40	85	M 169	04:31:42	07:32:23	08:55:11	13:29:40	15:54:08	17:19:35.35	17:19:40.55	10:57	5.5
86	MRÓZ MARCIN	2554	DZIKIE BOBRY	ZALASEWO	POL	M40	86	M 171	04:13:26	07:22:59	08:57:56	13:26:54	15:54:46	17:20:00.20	17:20:18.70	10:58	5.5
87	KRZYŻAN JAKUB	2523	KW KRAKÓW	JERZMANOWICE	POL	M40	87	M 172	04:20:42	07:24:13	08:43:00	13:11:42	15:49:11	17:21:06.50	17:21:16.80	10:58	5.5
88	MATYSIAK ŁUKASZ	2675		UJAZD	POL	M40	88	M 175	04:32:31	07:39:05	08:57:41	13:18:38	15:50:59	17:24:43.65	17:25:19.85	11:01	5.4
89	SWOBODA JAROSŁAW	2634	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	M40	89	M 177	04:24:51	07:24:55	08:44:15	13:06:44	15:46:47	17:27:07.50	17:27:27.55	11:02	5.4
90	ŻARNIEWSKI WOJCIECH	2467	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	M40	90	M 178	04:23:30	07:30:07	08:46:50	13:28:59	15:49:01	17:27:43.90	17:28:18.05	11:03	5.4
91	KAZEKO IVAN	2415		MUENCHEN	GER	M40	91	M 180	04:32:07	07:44:42	09:19:36	13:40:44	16:14:09	17:28:50.60	17:29:14.20	11:03	5.4
92	KOWALCZYK ALEKSANDER	2502		DZIERAŻNIA	POL	M40	92	M 181	05:02:42	08:20:38	09:59:19	13:56:34	16:15:01	17:30:05.55	17:30:39.50	11:04	5.4
93	KOZERA WALDEMAR	2598	OMA	KRAKÓW	POL	M40	93	M 183	04:40:33	07:46:46	09:10:59	13:35:08	16:11:17	17:31:19.85	17:31:27.65	11:05	5.4
94	SOWA MARIUSZ	2509	ŻARY RUNNERS TEAM	LIPINKI ŁUŻ.	POL	M40	94	M 185	04:40:05	08:01:04	09:23:52	13:35:26	16:04:50	17:31:02.65	17:31:36.10	11:05	5.4
95	SĄDEL BOGDAN	2464	ULTRA BEER RUNNERS	ZIELONA GÓRA	POL	M40	95	M 186	04:55:31	08:05:44	09:23:58	13:36:34	16:03:12	17:31:03.95	17:31:36.35	11:05	5.4
96	KROK JACEK	2563	ULTRAS!	LUBARTÓW	POL	M40	96	M 187	04:32:40	07:48:16	09:14:09	13:35:22	16:03:44	17:32:41.85	17:33:13.40	11:06	5.4
97	LEWANDOWSKI LESZEK	2454	POWSTAŃCY Z KANAPY	BRZEZINA	POL	M40	97	M 189	04:54:23	08:12:32	09:28:03	13:46:26	16:08:18	17:33:59.15	17:34:33.85	11:07	5.4
98	KOZAR MARCIN	2622		TOMASZÓW MAZOWIECKI	POL	M40	98	M 190	04:43:40	07:37:40	09:01:10	13:26:07	16:13:30	17:34:58.20	17:35:21.95	11:07	5.4
99	KEJNA MACIEJ	2630		TOMASZÓW MAZOWIECKI	POL	M40	99	M 191	04:43:39	07:41:58	09:01:09	13:25:59	16:13:29	17:34:57.60	17:35:22.15	11:07	5.4
100	GAWRON TOMASZ	2440		LUBSKO	POL	M40	100	M 193	04:35:56	07:45:06	09:12:00	13:34:06	16:07:53	17:35:38.60	17:36:13.05	11:08	5.4
101	GRINIG ARKADIUSZ	2499		WODZISŁAW ŚLĄSKI	POL	M40	101	M 196	04:37:24	07:47:58	09:14:14	13:48:40	16:19:07	17:42:49.95	17:43:27.55	11:12	5.4
102	KOLECKI JAKUB	2420	KOLETZKY FUN	RADOM	POL	M40	102	M 198	05:15:38	08:27:36	09:49:36	14:07:09	16:24:51	17:43:41.80	17:44:27.05	11:13	5.3
103	HIRT TOMASZ	2609	CB 163	BYDGOSZCZ	POL	M40	103	M 199	05:22:13	08:23:50	09:41:14	13:50:31	16:19:01	17:44:48.50	17:45:04.40	11:13	5.3

**NIEPOKORNY MNICH - 95 KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
104	URBAN DANIEL	2512	SENTE RUNNING TEAM	DOBRZYKOWICE	POL	M40	104	M 202	05:02:26	08:26:51	09:44:58	14:04:35	16:24:29	17:47:26.45	17:47:37.95	11:15	5.3
105	JAKUBCZYK RAFAŁ	2470	TRIBOYS	LUBOŃ	POL	M40	105	M 207	04:47:41	08:17:51	09:43:00	14:11:40	16:33:07	17:50:02.50	17:50:23.00	11:17	5.3
106	ISKRA ARKADIUSZ	2511	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40	106	M 208	04:39:58	08:03:09	09:42:24	14:17:02	16:37:54	17:50:47.60	17:51:24.00	11:17	5.3
107	MAKOWSKI ŁUKASZ	2483		GORLICE	POL	M40	107	M 210	04:47:02	08:04:03	09:28:50	14:02:30	16:34:47	17:52:56.40	17:53:23.40	11:19	5.3
108	NIEDZIELA MARCIN	2636	FAT MAMA'S SPORT CLUB	BYTOM	POL	M40	108	M 211	04:47:54	08:12:22	09:38:01	13:57:40	16:38:48	17:53:56.25	17:54:09.40	11:19	5.3
109	MARCELA MARCIN	2606	FAT MAMA'S SPORT CLUB	TARNOWSKIE GÓRY	POL	M40	109	M 212	04:47:54	08:12:25	09:38:02	13:52:32	16:38:28	17:53:56.45	17:54:09.60	11:19	5.3
110	KOWALCZYK ROBERT	2687	ŁĘCZNA BIEGA	ŁĘCZNA	POL	M40	110	M 214	04:41:39	08:05:22	09:29:06	14:09:46	16:40:42	17:58:05.10	17:58:45.55	11:22	5.3
111	TALMA PAWEŁ	2599	ULTRASY!	LUBARTÓW	POL	M40	111	M 218	04:55:06	08:17:34	09:42:44	14:36:36	17:03:49	18:30:28.10	18:30:58.35	11:42	5.1
112	MARCINIAK MACIEJ	2548	MM-PROJEKT	ŻARY	POL	M40	112	M 221	04:48:31	08:15:06	09:44:06	14:13:33	17:00:15	18:42:51.50	18:43:17.25	11:50	5.1
113	ZYGMUNT PAWEŁ	2497		GIEDLAROWA	POL	M40	113	M 224	05:06:17	08:29:18	10:01:21	14:34:19	17:17:08	19:09:13.10	19:09:33.35	12:07	4.9
114	DOMIŃCZYK RAFAŁ	2762	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M40	114	M 227	05:23:54	09:03:51	10:47:08					11:59	5
	SEDLAK MICHAŁ	2403	MARCIN ŚWIERC TEAM	GIERASZOWICE	POL	M40			03:08:25	05:20:54	06:10:59	DNF	DNF	DNF	DNF	-	-
	URBANIK ŁUKASZ	2768	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	POTEMPSKI PAWEŁ	2632	ZABIEGANI PO USZY	WARSZAWA	POL	M40			04:52:35	08:17:54	09:45:26	DNF	DNF	DNF	DNF	-	-
	ROLLA DORIAN	2486		WARZYMICE	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KAŁA JACEK	2749	BP RUNNING TEAM	GLIWICE	POL	M40			05:04:15	08:29:27	10:06:39	DNF	DNF	DNF	DNF	-	-
	NAPIERAŁA MARCIN	2426	PIĄTKOWO NA BIEGOWO / BIEGAJĄCE KREJZOLE	KOZIEGŁOWY	POL	M40			05:06:40	08:29:10	10:11:15	DNF	DNF	DNF	DNF	-	-
	SKOMORUCHA PAWEŁ	2547	KUŹNIA TRIATHLONU	WARSZAWA	POL	M40			04:55:39	08:29:40	10:11:23	DNF	DNF	DNF	DNF	-	-
	ZIELIŃSKI DARIUSZ	2477	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			04:41:40	08:05:35	10:22:00	DNF	DNF	DNF	DNF	-	-
	KONARSKI MACIEJ	2767	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M40			05:06:36	08:42:56	10:24:09	DNF	DNF	DNF	DNF	-	-
	KULDANEK MARCIN	2576	DOGOŃ GRODZISK MAZOWIECKI	STANISŁAWÓW	POL	M40			05:08:53	08:47:44	10:45:09	DNF	DNF	DNF	DNF	-	-
	KOŁODZIEJCZYK MACIEJ	2432	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40			05:10:28	08:54:47	11:25:15	DNF	DNF	DNF	DNF	-	-
	KRYSTJAŃCZUK KAROL	2684	ŁĘCZNA BIEGA	LUDWIN	POL	M40			05:00:42	08:53:37	11:25:20	DNF	DNF	DNF	DNF	-	-
	TYSZKA DARIUSZ	2613	AKS POLONIA WARSZAWA	WARSZAWA	POL	M40			04:21:08	07:25:19	DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARIUSZ	2571	HIRSCHVOGEL	GLIWICE	POL	M40			04:24:23	07:31:01	DNF	DNF	DNF	DNF	DNF	-	-
	DALEWSKI RAFAŁ	2693		WARSZAWA	POL	M40			05:36:38	09:13:14	DNF	DNF	DNF	DNF	DNF	-	-
	SZADŁOWSKI DARIUSZ	2421	DRIM TIM	CIECHOCINEK	POL	M40			04:08:04	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	UGOREK JAROSŁAW	2700		GORZÓW WLKP.	POL	M40			04:19:25	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STĘŻYCKI MARIUSZ	2561	ŻARY RUNNERS TEAM	ŻARY	POL	M40			04:55:20	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WNUK KRYSZTIAN	2558		RADOM	POL	M40			05:22:56	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SCOLAS ETIENNE	2739	ICEVEGA TEAM	LIEGE	BEL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, K50**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	SZWAJKA ANETA	2742		STALOWA WOLA	POL	K50	1	K 13	04:18:05	07:19:30	08:28:26	12:41:48	14:49:21	16:03:05.00	16:03:17.85	10:09	5.9
2	SZYMANIEWICZ KALINA PIETRUSZCZAK AGNIESZKA	2604 2602		GDYNIA TOMASZÓW MAZOWIECKI	POL	K50	2	K 39	04:55:47	08:19:44	09:45:12	14:08:07	16:35:29	18:10:46.95	18:11:16.00	11:30	5.2
									05:02:01	08:37:54	10:11:26	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF						

**NIEPOKORNY MNICH - 95 KM, M50**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	ZYCH DARIUSZ	2758	4 RUN TEAM	PIŁA	POL	M50	1	M 38	03:48:11	06:22:41	07:28:11	11:01:12	12:52:17	13:54:07.70	13:54:14.75	8:47	6.8
2	NOSALIK MAREK	2410	MTA	ŻYWIEC	POL	M50	2	M 41	03:46:16	06:26:37	07:23:34	11:06:43	12:58:17	13:58:05.35	13:58:10.75	8:50	6.8
3	ADAMOWYCZ BOGUSŁAW	2610	BOJADELSKA BRAĆ BIEGOWA	BOJADŁA	POL	M50	3	M 45	03:52:26	06:23:54	07:30:14	11:08:32	13:06:21	14:14:28.20	14:14:34.20	9:00	6.7
4	SIEPIETOWSKI PIOTR	2652	LS AIRPORT RUN	WARSZAWA	POL	M50	4	M 50	03:57:54	06:43:46	07:50:56	11:33:40	13:30:03	14:27:06.65	14:27:23.85	9:08	6.6
5	LUBAŃSKI ROBERT	2615		BUKOWICE	POL	M50	5	M 53	03:56:08	06:42:24	07:51:32	11:31:04	13:29:49	14:33:28.10	14:33:37.25	9:12	6.5
6	WALASEK GRZEGORZ	2651	BIEGUSIEM.PL	RYKI	POL	M50	6	M 55	04:02:33	06:39:07	07:44:18	11:25:12	13:27:38	14:33:41.55	14:34:01.60	9:12	6.5
7	MART MARIUSZ	2473	ORT ŁOMIANKI	ŁOMIANKI	POL	M50	7	M 83	04:10:31	07:00:56	08:12:37	12:04:44	14:12:07	15:12:39.25	15:12:58.25	9:37	6.2
8	BEDNARZ SEBASTIAN	2481	OTM.B	OTMUCHÓW	POL	M50	8	M 84	04:02:07	06:49:40	08:04:11	12:02:26	14:14:40	15:15:47.50	15:16:03.85	9:39	6.2
9	JAREMA MAREK	2668		KRAKÓW	POL	M50	9	M 110	04:09:57	07:09:03	08:25:28	12:33:51	14:52:19	15:56:49.00	15:56:59.90	10:05	5.9
10	MROZIAK MACIEK	2549	RUNPASSION. PL TEAM	GDYNIA	POL	M50	10	M 125	04:26:14	07:22:29	08:50:04	12:40:48	14:59:47	16:10:08.80	16:10:39.45	10:14	5.9
11	SWĘDZIÓŁ ROBERT	2625	OLKUSZBIEGA.PL	OLKUSZ	POL	M50	11	M 130	04:09:16	07:01:05	08:21:48	12:31:01	15:01:22	16:13:20.35	16:13:25.90	10:16	5.8
12	SPECJALSKI PRZEMYSŁAW	2529		GDAŃSK	POL	M50	12	M 176	04:48:52	08:06:56	09:27:53	13:52:39	16:14:15	17:26:25.30	17:26:58.35	11:02	5.4
13	PASZKIEL ARTUR	2711	LUDZ	SZCZECINEK	POL	M50	13	M 182	04:39:15	07:43:19	09:25:27	13:32:59	16:02:09	17:30:26.90	17:31:05.45	11:04	5.4
14	KOBYŁKA MAREK	2501	SUPERMARATON KALISZ	KALISZ	POL	M50	14	M 192	04:39:30	07:55:15	09:26:41	13:49:51	16:18:48	17:35:17.15	17:35:47.25	11:07	5.4
15	PODLASZEWSKI JACEK	2527	SPC	TORUŃ	POL	M50	15	M 194	04:49:48	08:24:07	09:48:19	14:07:21	16:26:37	17:43:03.45	17:43:20.15	11:12	5.4
16	PTAK ADAM	2721	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M50	16	M 195	04:29:09	07:34:17	09:04:05	13:33:56	16:17:03	17:43:02.80	17:43:21.35	11:12	5.4
17	BEDNARCZYK BOGUSŁAW	2662	PRO-RUN WROCŁAW	WROCŁAW	POL	M50	17	M 197	04:46:22	08:02:54	09:37:10	13:59:12	16:23:04	17:43:44.40	17:44:13.90	11:13	5.3
18	GRZEGORCZYK WOJCIECH	2444	KONDYCJA	WARSZAWA	POL	M50	18	M 200	04:45:10	08:02:39	09:29:35	13:57:40	16:24:14	17:46:24.15	17:46:55.05	11:14	5.3
19	KANIA PAWEŁ	2756	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M50	19	M 203	05:01:49	08:22:12	09:51:55	14:07:40	16:28:15	17:47:05.85	17:47:45.00	11:15	5.3
20	OSOWSKI WOJTEK	2538		ZACHEŁMIE	POL	M50	20	M 206	04:52:30	08:09:13	09:26:58	14:00:15	16:26:46	17:49:02.35	17:49:27.95	11:16	5.3
21	BIAŁEK OLAF	2694	MEGATEL.COM.PL	KRAKÓW	POL	M50	21	M 209	05:00:57	08:17:40	09:42:04	14:04:21	16:26:38	17:51:02.95	17:51:30.15	11:17	5.3
22	KRZCZUK BENEDYKT	2489		TYCHY	POL	M50	22	M 213	04:57:49	08:20:07	09:46:49	14:17:08	16:40:48	17:58:25.60	17:58:34.00	11:22	5.3
23	WOLANIN TOMASZ	2670		SZCZECINEK	POL	M50	23	M 215	04:44:25	08:07:15	09:29:22	14:16:12	16:46:43	18:14:54.90	18:15:33.75	11:32	5.2
24	MARGAS GRZEGORZ	2752	MEERCATEAM	PROSZOWICE	POL	M50	24	M 216	04:55:09	08:22:18	09:49:09	14:15:40	16:43:59	18:18:37.15	18:19:06.80	11:35	5.2
25	DAWID MIROSLAW	2539	BIEGNĘ ZA WODZEM	KLUCZBORK	POL	M50	25	M 217	05:01:02	08:37:12	10:01:44	14:38:40	16:59:44	18:20:14.15	18:20:25.35	11:36	5.2
26	WYDRA MARIUSZ	2680	STARE BABICE BIEGAJĄ	STARE BABICE	POL	M50	26	M 219	04:46:10	08:08:49	09:45:25	14:38:42	17:03:57	18:30:27.55	18:30:58.50	11:42	5.1
27	ŁUKASZEK ARTUR	2505		LUBARTÓW	POL	M50	27	M 220	04:40:12	08:00:05		14:46:03	17:03:52	18:30:26.25	18:30:58.85	11:42	5.1
28	KITLAS DARIUSZ NOWICKI MAREK	2769 2537	BSB PORANNI BIEGACZE	SOCHONIE DOBRYKOWICE	POL	M50	28	M 225	05:08:53	08:28:04	10:01:20	14:43:03	17:17:17	19:09:12.00	19:09:33.70	12:07	4.9
									05:03:59	08:44:16	10:08:26	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF						
									04:59:19	08:28:34	DNF	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF						
									04:53:37	DNF	DNF	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF						

**NIEPOKORNY MNICH - 95 KM, M60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
1	SOWA DARIUSZ	2642	CZARNECKI RUN TEAM/RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M60	1	M 88	04:18:37	07:05:25	08:13:16	12:11:56	14:16:58	15:23:09.60	15:23:23.40	9:44	6.2



**NIEPOKORNY MNICH - 95 KM, M60 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	28.7km	45.2km	54km	75.7km	87.1km	Netto	Brutto	min/km	km/h
2	SÓJKA PAWEŁ	2666		WARSZAWA	POL	M60	2	M 124	04:20:15	07:15:03	08:20:20	12:38:09	14:48:23	16:08:57.45	16:09:39.25	10:13	5.9
3	ODOLCZYK JERZY	2691	BUTALIONY	WARSZAWA	POL	M60	3	M 137	04:33:52	07:38:19	08:54:12	12:55:04	15:16:37	16:29:44.40	16:30:30.95	10:26	5.7
4	TURLEJ DARIUSZ	2627	KONDYCJA	WARSZAWA	POL	M60	4	M 154	04:38:55	07:47:39	09:14:25	13:27:08	15:48:32	17:01:07.50	17:01:38.90	10:46	5.6
5	TOCHA ZBIGNIEW	2550		SKÓRCZ	POL	M60	5	M 179	04:17:16	07:30:44	08:51:28	13:28:58	15:48:58	17:27:44.15	17:28:18.15	11:03	5.4
6	FIJAŁKOWSKI WOJCIECH	2579	MONAR-GRACZE	WROCŁAW	POL	M60	6	M 222	04:56:43	08:38:36	10:02:27	14:38:28	17:16:14	18:47:36.55	18:47:58.40	11:53	5
7	KOWALSKI ANDRZEJ	2734		WROCŁAW	POL	M60	7	M 223	04:49:05	08:08:57	10:13:30	14:50:41	17:22:43	18:47:58.50	18:48:36.55	11:53	5
	JACHYMSKI JACEK	2733	AKG ŁÓDŹ	ŁÓDŹ	POL	M60			DNF	10:27:57	12:08:57	DNF	DNF	DNF	DNF	-	-
	STAWSKI DARIUSZ	2503	KS ULTRA TEAM ŁÓDŹ	ŁÓDŹ	POL	M60			04:55:40	DNF	DNF	DNF	DNF	DNF	DNF	-	-
									DNF								