

WIELKA PREHYBA - 43 KM

Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 43.5 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



BIEGI W SZCZAWNICY

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

WIELKA PREHYBA - 43 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
1	RZESZÓTKO MARCIN	1201	BUFF THE NORTH FACE	ZAKOPANE	POL	M30	1	M 1	TAK	01:14:24	01:57:27	02:52:38	03:26:09.85	03:26:10.55	4:44	12.7
2	WITEK ANDRZEJ	1203	140MINUT.PL	WROCŁAW	POL	M30	2	M 2	TAK	01:18:15	02:02:49	02:58:54	03:34:11.65	03:34:13.10	4:55	12.2
3	SZCZEŚNIEWSKI MIŁOSZ	1825	HOKA GARMIN TEAM	DĄBCZE	POL	M30	3	M 3	TAK	01:19:14	02:03:38	03:01:32	03:36:57.80	03:36:59.05	4:59	12
4	SKUPIEŃ TOMASZ	1211	LACKORONA	POL	M30	4	M 4	TAK	01:21:46	02:06:39	03:05:55	03:41:37.55	03:41:38.95	5:05	11.8	
5	MILEWSKI DOMINIK	1207	RYKOWISKO TEAM	PŁOCK	POL	M20	1	M 5	TAK	01:22:02	02:07:40	03:06:46	03:43:10.95	03:43:12.20	5:07	11.7
6	WOŁĄKIEWICZ PIOTR	1794	RMT TEAM PRO	BIELSKO-BIAŁA	POL	M20	2	M 6	TAK	01:18:21	02:05:38	03:08:01	03:44:52.90	03:44:54.65	5:10	11.6
7	LEŚNIAK KAMIL	1205	HOKA GARMIN TEAM	TORUŃ	POL	M20	3	M 7	TAK	01:18:18	02:04:18	03:06:19	03:47:34.00	03:47:35.25	5:13	11.5
8	DOMBROWSKI MACIEJ	1215	ON RUNNING	DRAGANOWA	POL	M30	5	M 8	TAK	01:23:57	02:11:53	03:13:52	03:50:48.80	03:50:50.35	5:18	11.3
9	PARIS NICOLA	1597	LA RECASTELLO	KRAKOW	ITA	M30	6	M 9		01:25:25	02:16:06	03:21:42	04:01:38.30	04:01:40.90	5:33	10.8
10	KSIĄŻKIEWICZ PIOTR	1643	CITY TRAIL TEAM / MKS UNIA HRUBIESZÓW	WĄGROWIEC	POL	M30	7	M 10	TAK	01:27:13	02:17:08	03:23:24	04:03:01.80	04:03:03.85	5:35	10.7
11	GUTT PIOTR	1222		PORONIN	POL	M20	4	M 11		01:26:08	02:15:52	03:20:45	04:04:20.80	04:04:22.75	5:37	10.7
12	KANTOR MARTYNA	1204	SALOMON SUUNTO TEAM	KRAKOW	POL	K30	1	K 1	TAK	01:28:52	02:21:14	03:27:52	04:05:45.80	04:05:48.15	5:38	10.6
13	KOCZWARA TOMEK	1893	MARCIN ŚWIERC TEAM	RADOMYŚL WIELKI	POL	M40	1	M 12	TAK	01:25:54	02:16:46	03:22:48	04:05:49.65	04:05:56.60	5:39	10.6
14	CHOROŚ PIOTR	1891	STAY INSANE	NIEMCE	POL	M40	2	M 13		01:30:51	02:21:08	03:26:50	04:07:05.95	04:07:09.95	5:40	10.6
15	KOREK MICHAŁ	1264	MARCINŚWIERCTEAM	SOSNOWIEC	POL	M40	3	M 14		01:30:09	02:21:07	03:27:07	04:07:38.75	04:07:42.55	5:41	10.5
16	NICPOŃ SEBASTIAN	1894	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M20	5	M 15	TAK	01:27:04	02:18:17	03:29:15	04:08:21.65	04:08:24.25	5:42	10.5
17	WITOWSKA MIROŚŁAWA	1212	HOKA GARMIN TEAM	ZAKOPANE	POL	K30	2	K 2	TAK	01:30:09	02:25:51	03:29:54	04:09:27.85	04:09:30.95	5:44	10.5
18	MAZAN PIOTR	1446	FINISZ RYMANÓW	KROSNO	POL	M40	4	M 16		01:31:43	02:23:01	03:29:30	04:11:08.15	04:11:10.70	5:46	10.4
19	WĄCHAŁA ŁUKASZ	1223		GOŁKOWICE GÓRNE	POL	M20	6	M 17		01:31:28	02:23:33	03:30:08	04:12:20.55	04:12:24.60	5:48	10.3
20	WILK KATARZYNA	1208		PLEŚNA	POL	K30	3	K 3	TAK	01:32:38	02:25:39	03:35:20	04:13:32.15	04:13:34.95	5:49	10.3
21	KĄZMIERCZYK BARTOSZ	1634	LKS ŻELAZNY OPOCZNO RUNNING TEAM	OPOCZNO	POL	M20	7	M 18	TAK	01:27:10	02:19:14	03:30:25	04:14:10.60	04:14:13.85	5:50	10.3
22	LAGNER SEBASTIAN	1637	KB SOBÓTKA/ PRZEDWOJEWSKI TEAM	SOBÓTKA	POL	M30	8	M 19		01:25:26	02:17:15	03:27:49	04:14:50.75	04:14:54.65	5:51	10.2
23	SOLIŃSKA KATARZYNA	1206	ON RUNNING POLSKA	KRAKÓW	POL	K30	4	K 4	TAK	01:32:58	02:26:03	03:36:13	04:17:47.55	04:17:50.85	5:55	10.1
24	RUTKOWSKI DAWID	1733	GRIZZLYTEAM/140MINUT.P L	LUBIN	POL	M40	5	M 20		01:33:35	02:28:31	03:41:27	04:21:35.00	04:21:36.55	6:00	10
25	GALAS KAROL	1685	GORLICE	GORLICE	POL	M30	9	M 21		01:29:13	02:21:51	03:38:10	04:21:40.95	04:21:46.20	6:00	10
26	PIĄTEK MATEUSZ	1599	RMT TEAM	BUKOWNO	POL	M30	10	M 22		01:35:17	02:28:57	03:40:33	04:22:26.10	04:22:30.15	6:01	9.9
27	KOBYLECKI MICHAŁ	1700	PROCOM SYSTEM TEAM	WROCŁAW	POL	M20	8	M 23		01:30:45	02:25:50	03:41:57	04:23:38.00	04:23:39.85	6:03	9.9
28	SOBCZAK HENRYK	1708	-	NOWY TARG	POL	M30	11	M 24		01:36:14	02:29:03	03:42:56	04:24:06.40	04:24:08.10	6:04	9.9
29	TRACZ PAULINA	1202		RZESZÓW	POL	K30	5	K 5	TAK	01:32:59	02:28:12	03:41:52	04:24:33.45	04:24:36.00	6:04	9.9
30	LISAK KRZYSZTOF	1892		OTWOCK	POL	M30	12	M 25	TAK	01:32:23	02:25:46	03:39:34	04:26:58.90	04:27:01.20	6:08	9.8
31	CEBERAK BARTOSZ	1388		RZESZÓW	POL	M30	13	M 26		01:25:31	02:17:19	03:38:59	04:28:28.40	04:28:31.20	6:10	9.7
32	MATUSIAK DANIEL	1272		KRZYWIEC	POL	M30	14	M 27		01:31:51	02:27:01	03:43:03	04:29:08.25	04:29:24.20	6:11	9.7
33	FLOREK SEBASTIAN	1224	PRZEHYBA TRAIL	GABOŃ	POL	M30	15	M 28		01:35:34	02:32:49	03:46:11	04:30:01.30	04:30:05.65	6:12	9.7
34	SOLARSKI SERGIUSZ	1739	1981	WAŁBRZYCH	POL	M40	6	M 29		01:37:57	02:34:08	03:48:59	04:30:58.75	04:31:02.90	6:13	9.6
35	PIECHA ARTUR	1367	SKY RUNNING TEAM	RYBNIK	POL	M40	7	M 30		01:37:05	02:34:02	03:48:52	04:31:13.80	04:31:16.90	6:14	9.6
36	GOŁĄB MAREK	1325	STAY INSANE	LUBLIN	POL	M30	16	M 31		01:37:15	02:33:59	03:49:08	04:31:50.00	04:31:52.65	6:14	9.6
37	POŻAK GRZEGORZ	1486	STAY INSANE	LUBARTÓW	POL	M40	8	M 32		01:43:29	02:40:59	03:55:21	04:38:13.05	04:38:23.80	6:23	9.4
38	ZAJĄC ROBERT	1327	ORANGE POLSKA	ZĄBKI	POL	M40	9	M 33		01:39:26	02:36:59	03:54:26	04:39:02.80	04:39:02.80	6:24	9.4
39	WIECZOREK NINA	1803	MKS SIECHNICE	OLEŚNICA	POL	K20	1	K 6	TAK	01:41:32	02:40:45	03:57:41	04:40:32.65	04:40:46.85	6:26	9.3

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
40	STANKIEWICZ TOMASZ	1275	PLANYBIEGOWE.PL	SREBRNA GÓRA	POL	M30	17	M 34	TAK	01:38:22	02:34:17	03:54:23	04:40:50.45	04:40:54.75	6:27	9.3
41	BYRSA SYLWIA	1849		ROKÓW	POL	K20	2	K 7		01:40:08	02:40:44	03:56:15	04:40:59.70	04:41:03.25	6:27	9.3
42	STACHOWIAK ŁUKASZ	1226	STR POZNAŃ / CITY TRAIL TEAM	POZNAŃ	POL	M30	18	M 35		01:37:06	02:34:51	03:55:59	04:41:44.15	04:41:47.40	6:28	9.3
43	SENDOR PIOTR	1829		KRAKÓW	POL	M40	10	M 36		01:40:06	02:39:30	03:56:22	04:42:44.05	04:42:47.90	6:29	9.2
44	RUDNIK TOMASZ	1514		WIELICZKA	POL	M40	11	M 37		01:42:03	02:39:16	03:58:16	04:42:43.00	04:42:54.65	6:29	9.2
45	WOJTAS MACIEJ	1402		KRAKÓW	POL	M40	12	M 38		01:35:41	02:33:00	03:56:16	04:43:00.25	04:43:04.40	6:30	9.2
46	BARAN PIOTR	1309	TRAIL IS OUR WAY	NOWY SĄCZ	POL	M40	13	M 39		01:40:00	02:39:15	03:58:19	04:43:04.30	04:43:07.70	6:30	9.2
47	MAMAŁA JUSTYNA	1216	PAMTRANS	KRAKÓW	POL	K30	6	K 8		01:43:40	02:43:14	03:58:51	04:44:29.80	04:44:32.90	6:32	9.2
48	KACZMAREK TOMASZ	1287	NIEPOŁOMICE BIEGAJĄ	WIELICZKA	POL	M40	14	M 40		01:41:44	02:40:17	03:59:01	04:45:23.45	04:45:31.20	6:33	9.1
49	SZCZEPANIAK DAMIAN	1676	DAMIAN	KAMIENICA	POL	M40	15	M 41		01:40:37	02:39:56	04:01:53	04:46:07.75	04:46:12.35	6:34	9.1
50	CZARNY JAROSŁAW	1587		WROCŁAW	POL	M30	19	M 42		01:42:20	02:39:31	03:58:22	04:46:39.10	04:46:44.65	6:35	9.1
51	ŁABUZ MAŁGORZATA	1588		WROCŁAW	POL	K30	7	K 9		01:42:53	02:42:10	04:01:53	04:47:33.10	04:47:38.35	6:36	9.1
52	STAŃCO PAWEŁ	1846	PRZEDWOJEWSKI TEAM	ZWARDÓŃ	POL	M30	20	M 43		01:34:18	02:30:33	03:57:14	04:47:36.65	04:47:44.15	6:36	9.1
53	ŻURAWSKI SŁAWOMIR	1292	1979	WARSZAWA	POL	M40	16	M 44		01:42:06	02:41:35	04:03:01	04:47:56.20	04:47:59.65	6:37	9.1
54	ZABEL ROBERT	1230	WKS WAWEL KRAKÓW	POZNAŃ	POL	M40	17	M 45		01:40:44	02:39:53	04:02:00	04:48:16.30	04:48:20.00	6:37	9.1
55	GEZELA MARIUSZ	1511	EUFORIA BIEGACZA TEAM	POZNAŃ	POL	M40	18	M 46		01:40:50	02:40:04	04:02:10	04:50:03.90	04:50:08.25	6:40	9
56	DESSAUER WIOLETTA	1372	STAY INSANE	LUBARTÓW	POL	K40	1	K 10		01:43:40	02:43:25	04:03:19	04:50:02.45	04:50:13.90	6:40	9
57	RANOSZ PIOTR	1884		MŁYŃNE	POL	M40	19	M 47		01:43:31	02:43:36	04:04:33	04:51:22.55	04:51:29.65	6:41	9
58	SZKOŁA PAWEŁ	1640		BOCHNIA	POL	M30	21	M 48		01:40:31	02:39:40	04:00:02	04:51:41.60	04:51:44.70	6:42	8.9
59	MORAWIEC PIOTR	1301		KRAKÓW	POL	M20	9	M 49		01:44:26	02:45:23	04:05:12	04:51:39.30	04:51:56.25	6:42	8.9
60	BRZOZA ADAM	1538	BIEGAMZAPARATEM.PL	ZAKOPANE	POL	M50	1	M 50		01:43:25	02:43:05	04:06:22	04:52:37.80	04:52:43.35	6:43	8.9
61	MAKARSKI KRZYSZTOF	1777	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	M40	20	M 51		01:42:19	02:41:42	04:06:09	04:53:01.80	04:53:10.90	6:44	8.9
62	SENDEK SYLWIA	1766	INFINITY-GYM	KOSZYCE	POL	K30	8	K 11	TAK	01:47:58	02:49:04	04:08:38	04:54:55.35	04:54:59.75	6:46	8.8
63	SKOWRON MICHAŁ	1811	BIEGAM_BO_MAM_DZIECI	KRAKÓW	POL	M30	22	M 52		01:46:10	02:49:37	04:09:48	04:54:56.10	04:55:18.80	6:46	8.8
64	KOWALCZYK MATEUSZ	1719	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	STUDZIAN	POL	M30	23	M 53		01:42:44	02:43:06	04:09:48	04:55:36.95	04:55:39.90	6:47	8.8
65	STASZCZAK ŁUKASZ	1619	TRI TEAM LUBAŃ	LUBAŃ	POL	M40	21	M 54		01:36:31	02:39:06	04:03:39	04:55:51.60	04:56:00.55	6:48	8.8
66	LACHOR KRZYSZTOF	1743	RUNNING TEAM NASTOPY.PL	KŁODNE	POL	M20	10	M 55		01:40:51	02:40:06	04:09:32	04:58:42.65	04:58:47.90	6:52	8.7
67	KRZYSZTOŃ MARCIN	1740	GMP LASY - KRAŚNIK	LASY	POL	M30	24	M 56		01:43:44	02:44:45	04:09:37	04:58:51.50	04:58:57.95	6:52	8.7
68	MAJKUT ANDRZEJ	1842	KS HARPAGAN TARNOBREZEG	CHMIELÓW	POL	M40	22	M 57	TAK	01:45:47	02:48:07	04:11:43	05:00:36.55	05:00:41.80	6:54	8.7
69	BIENIAS ŁUKASZ	1902	BLACKHATULTRA	DZIERŻONIÓW	POL	M30	25	M 58		01:46:22	02:50:46	04:16:00	05:01:58.15	05:02:34.00	6:56	8.6
70	SZCZYGIEL ŁUKASZ	1789		ŚLESZOWICE	POL	M30	26	M 59		01:43:27	02:41:03	04:09:55	05:02:34.80	05:02:47.15	6:57	8.6
71	WÓJCIK ŁUKASZ	1251	SZYBCIEJ NIE DAM RADY	LUBLIN	POL	M30	27	M 60		01:44:10	02:47:37	04:13:57	05:03:14.65	05:03:27.25	6:58	8.6
72	BISKUPSKI PIOTR	1863		POZNAŃ	POL	M40	23	M 61		01:43:58	02:45:42	04:14:30	05:03:27.25	05:03:34.10	6:58	8.6
73	ZYGMUNT TOMASZ	1644		GIEDLAROWA	POL	M20	11	M 62		01:40:18	02:41:46	04:18:08	05:04:42.25	05:04:47.70	7:00	8.6
74	DUDEK WOJCIECH	1725	WOJCIECH DUDEK	WADOWICE GORNE	POL	M30	28	M 63		01:40:40	02:44:46	04:14:34	05:04:39.25	05:04:49.50	7:00	8.6
75	PASEK TOMASZ	1427	EKOMOTEL&PARKPINOKIO	WIELICZKA	POL	M40	24	M 64		01:42:33	02:45:58	04:15:35	05:05:41.35	05:05:45.05	7:01	8.5
76	DYGACZ AGNIESZKA	1834	LHOTSE TEAM/42K PRO TEAM	CHORZÓW	POL	K30	9	K 12	TAK	01:42:35	02:44:40	04:11:40	05:05:52.45	05:05:54.65	7:01	8.5
77	PIĄTEK JOANNA	1598		KATOWICE	POL	K30	10	K 13		01:48:53	02:52:11	04:17:23	05:06:12.10	05:06:17.95	7:02	8.5
78	MALECKA-LEŃ PATRYCJA	1562	STAJNIA BALONA	RZESZÓW	POL	K40	2	K 14	TAK	01:48:22	02:53:23	04:17:44	05:06:45.30	05:06:47.90	7:03	8.5
79	GARGAS EWA	1628	PRZEDWOJEWSKI_TEAM	ISLEWORTH	GBR	K30	11	K 15		01:49:02	02:50:10	04:18:29	05:07:40.75	05:07:47.35	7:04	8.5
80	ROŚŁON PIOTR	1265		WARSZAWA	POL	M40	25	M 65		01:44:00	02:49:44	04:20:51	05:10:09.95	05:10:15.80	7:07	8.4
81	LASOCKI MARCIN	1721	12TRI.PL / TEAM ZABIEGANEDNI	WARSZAWA	POL	M40	26	M 66		01:40:24	02:45:56	04:16:11	05:10:01.25	05:10:28.85	7:07	8.4
82	GRUPA JAROSŁAW	1501	SZWLA STARGARD	STARGARD	POL	M40	27	M 67		01:46:30	02:53:38	04:21:21	05:11:39.25	05:11:39.25	7:09	8.4
83	STEPANIUK ADAM	1276	BIEGAMY DZISIAJ? WIERZBICA	WIERZBICA-OSIEDL E	POL	M40	28	M 68		01:47:44	02:52:27	04:21:24	05:12:13.75	05:12:28.05	7:10	8.4
84	STASZELIS KRZYSZTOF	1848	POCO LOCO ADVENTURE	POZNAŃ	POL	M30	29	M 69		01:45:24	02:50:52	04:22:42	05:13:22.90	05:13:30.15	7:12	8.3
85	LASOTA ROBERT	1871	DOM I LAS 7	RZESZOW	POL	M40	29	M 70		01:37:52	02:41:55	04:21:00	05:13:56.60	05:13:58.55	7:13	8.3
86	MILANOWSKA-ZABEL KAJA	1340	#CODEAGAINSTCANCER	MYSLENICE	POL	K30	12	K 16		01:51:37	02:55:52	04:20:42	05:14:19.00	05:14:23.30	7:13	8.3

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Polski																
87	BŁĄDEK SŁAWOMIR	1412		WITKOWO DRUGIE	POL	M30	30	M 71		01:45:34	02:51:41	04:24:49	05:14:33.95	05:14:38.75	7:13	8.3
88	SZCZESZEK ŁUKASZ	1716	RYCERZE HARDCORU	POZNAŃ	POL	M40	30	M 72		01:47:45	02:51:37	04:24:36	05:16:14.90	05:16:23.40	7:16	8.3
89	WALDOWSKI ARKADIUSZ	1476		CHORZÓW	POL	M30	31	M 73		01:45:14	02:47:43	04:21:30	05:16:03.95	05:16:30.00	7:15	8.3
90	DĄBROWSKI MICHAŁ	1559	CINCLUS	ŚWIĘTOCHŁOWICE	POL	M50	2	M 74		01:47:34	02:57:26	04:27:10	05:15:40.20	05:16:33.15	7:15	8.3
91	PAPIERZ MARTA	1448		MYSLENICE	POL	K20	3	K 17		01:51:17	02:57:37	04:25:42	05:16:29.40	05:16:35.00	7:16	8.2
92	UMANA DIEGO	1343	CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA	BARILOCHE	ARG	M40	31	M 75		01:42:21	02:46:14	04:24:01	05:17:10.45	05:17:12.65	7:17	8.2
93	MATYJASZCZYK KAMIL	1237		ŁĘCZNA	POL	M30	32	M 76		01:42:08	02:50:31	04:28:44	05:17:34.40	05:17:42.45	7:18	8.2
94	WÓJCIK ROBERT	1835	42K PRO TEAM	TYCHY	POL	M30	33	M 77		01:43:28	02:50:40	04:24:01	05:19:01.90	05:19:04.70	7:20	8.2
95	WASIEWICZ ADAM	1678	NIE MÓJ CYRK, MOJE MAŁPY	WARSZAWA	POL	M30	34	M 78		01:51:20	02:56:15	04:28:37	05:19:06.60	05:19:15.25	7:20	8.2
96	MATUSZ KRYSZTIAN	1346		ROKIETNICA	POL	M20	12	M 79		01:45:36	02:53:56	04:29:20	05:19:31.25	05:19:36.50	7:20	8.2
97	OGŁUSZKA MICHAŁ	1856	SAFEPRO USŁUGI BHP	RZESZÓW	POL	M30	35	M 80		01:48:19	02:54:01	04:30:41	05:21:53.65	05:21:57.05	7:23	8.1
98	DOLCZEWSKI DARIUSZ	1705	NAPRZÓD MŁOCINY BAT	WARSZAWA	POL	M40	32	M 81		01:45:50	02:51:12	04:29:32	05:22:40.60	05:22:54.80	7:25	8.1
99	MALISZEWSKA JUSTYNA	1596	MOTOMROKO	LUBLIN	POL	K20	4	K 18		01:45:28	02:50:48	04:27:52	05:23:00.00	05:23:14.50	7:25	8.1
100	BOHUN DAWID	1666		DAWID	POL	M40	33	M 82		01:53:05	02:59:50	04:31:09	05:23:13.50	05:23:28.95	7:25	8.1
101	KRZEMIŃSKI MARCIN	1785	SPRINT GORZYCE	GORZYCE	POL	M40	34	M 83		01:48:32	02:54:29	04:27:13	05:23:51.15	05:24:39.95	7:26	8.1
102	DOMIN TOMASZ	1415	SEVENCOINS.PL	KRAKÓW	POL	M40	35	M 84		01:55:12	03:03:07	04:33:18	05:24:33.15	05:25:10.60	7:27	8
103	BOROWICZ MONIKA	1220	CKS BUDOWLANI / ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K40	3	K 19	TAK	01:48:52	03:00:18	04:33:23	05:25:42.55	05:25:47.80	7:29	8
104	CHMIELEWSKI DARIUSZ	1253	DLA MARTY	MUROWANA GOŚLINA	POL	M50	3	M 85		01:53:57	03:00:02	04:33:05	05:26:17.10	05:26:37.95	7:30	8
105	KĄZMIERCZAK PIOTR	1633		WARSZAWA	POL	M30	36	M 86		01:48:23	02:53:03	04:32:12	05:26:58.95	05:27:08.85	7:30	8
106	KOŁEK SZYMON	1718		NOWY SĄCZ	POL	M50	4	M 87		01:55:24	03:04:34	04:34:45	05:26:46.80	05:27:11.60	7:30	8
107	PEŁA RADOSŁAW	1249	ULTRASEKUNDA	WARSZAWA	POL	M40	36	M 88		01:47:38	02:54:57	04:33:10	05:27:15.90	05:27:37.95	7:31	8
108	WAŁASZCZYK SŁAWOMIR	1815	POLWAX RACING TEAM	JASŁO	POL	M30	37	M 89		01:52:52	03:00:37	04:33:17	05:27:26.45	05:27:39.10	7:31	8
109	ŻARNOWSKI GRZEGORZ	1734	GREGZARNOWSKI.PL	ZAGÓRZYCE DWORSKIE	POL	M40	37	M 90		01:57:49	03:04:24	04:35:31	05:27:29.80	05:27:54.05	7:31	8
110	MUCHA PIOTR	1233	PM KANCELARIA	KRAKÓW	POL	M40	38	M 91		01:52:48	02:56:45	04:32:47	05:27:28.40	05:28:01.95	7:31	8
111	ZYS MARCIN	1581		KRAKÓW	POL	M40	39	M 92		01:50:49	02:58:05	04:33:41	05:29:39.00	05:29:54.25	7:34	7.9
112	SKRZYPIŃ TOMASZ	1444		JASIEŃNICA	POL	M30	38	M 93		01:45:18	02:53:16	04:32:40	05:29:40.15	05:29:54.30	7:34	7.9
113	ŚLUGOCKI MATEUSZ	1352		NYSA	POL	M30	39	M 94		01:54:18	03:01:49	04:35:27	05:29:52.30	05:30:20.25	7:34	7.9
114	NAGY BÉLA	1869	ÓLOMLÁBÚAK	TELKI	HUN	M40	40	M 95		01:57:18	03:08:27	04:37:32	05:30:11.30	05:30:22.35	7:35	7.9
115	KOLASA PRZEMYSŁAW	1626		WADOWICE	POL	M30	40	M 96		01:52:56	03:01:48	04:40:50	05:31:05.55	05:31:23.10	7:36	7.9
116	FUKS SZYMON	1376	MCBIEGACZE	WARSZAWA	POL	M40	41	M 97		01:50:22	02:57:49	04:40:19	05:31:31.35	05:31:40.25	7:37	7.9
117	KALISZUK PRZEMYSŁAW	1322		LUBLIN	POL	M30	41	M 98		01:53:01	03:01:33	04:39:06	05:31:53.55	05:32:18.85	7:37	7.9
118	POŁUBOK KAJETAN	1673		TYCHY	POL	M40	42	M 99		01:54:25	03:01:46	04:40:40	05:33:28.40	05:33:58.45	7:39	7.8
119	BANASIAK MARCIN	1583	FUJITSU RUNNING TEAM	ŁÓDŹ	POL	M40	43	M 100		01:46:11	02:51:49	04:37:14	05:34:08.95	05:35:00.65	7:40	7.8
120	MAGDA KATARZYNA	1461		RZESZÓW	POL	K40	4	K 20		01:55:35	03:04:38	04:41:17	05:35:22.10	05:35:29.00	7:42	7.8
121	KACZMAREK MACIEJ	1722	MEISSNER KOZIOŁ KACZMAREK & PARTNER SP.K.	BARANOWO	POL	M30	42	M 101		01:56:53	03:03:20	04:40:25	05:34:43.20	05:35:48.45	7:41	7.8
122	WŁOCH SŁAWOMIR	1504		KROSNO	POL	M50	5	M 102		01:57:00	03:06:47	04:43:06	05:35:55.60	05:36:03.50	7:43	7.8
123	WOŁOŻYŃ PIOTR	1859	A NA CO TO KOMU POTRZEBNE	WARSZAWA	POL	M40	44	M 103		01:57:06	03:07:53	04:46:19	05:35:52.40	05:36:06.20	7:43	7.8
124	ORŁOWSKI JAKU	1750		GÓRA KALWARIA	POL	M30	43	M 104		01:48:24	03:03:43	04:44:57	05:35:40.15	05:36:14.20	7:42	7.8
125	ANTCZAK JOLANTA	1537	SPORTOWE PUŁAWY	PULAWY	POL	K30	13	K 21		01:58:49	03:10:02	04:43:58	05:36:30.90	05:36:38.30	7:44	7.8
126	MRÓWKA MICHAŁ	1229	OBOZY GÓRSKIE	ŁÓDŹ	POL	M30	44	M 105		01:56:22	03:08:03	04:46:18	05:36:37.85	05:36:44.15	7:44	7.8
127	KOWALSKA KATARZYNA	1612	POLSKA	KRAKÓW	POL	K40	5	K 22		01:59:14	03:10:30	04:46:03	05:36:45.90	05:37:22.75	7:44	7.8
128	ESZNER AGNIESZKA	1717		POZNAŃ	POL	K40	6	K 23		01:56:38	03:08:33	04:42:59	05:37:08.80	05:37:30.55	7:45	7.7
129	LIPSKI MICHAŁ	1258	STARY CZŁOWIEK KOJOT	KONSTANCIN-JEZIO RNA	POL	M30	45	M 106		01:54:39	03:02:05	04:41:54	05:37:34.35	05:37:51.95	7:45	7.7
130	NIEDŹWIEDZ TOMASZ	1738	SOBASTEAM	ŚWIDNIK	POL	M40	45	M 107		01:51:29	03:02:27	04:42:06	05:37:59.00	05:38:03.60	7:46	7.7
131	STASIAK BARTOSZ	1600	DRUŻYNA SZPIKU	POZNAŃ	POL	M30	46	M 108		01:56:17	03:02:56	04:44:48	05:37:31.90	05:38:16.30	7:45	7.7
132	PEŁA DARIUSZ	1690		ŁUBIANKA	POL	M30	47	M 109		01:59:19	03:12:24	04:45:16	05:39:05.10	05:39:26.45	7:47	7.7

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
133	URYGA JAKUB	1782	DEUTSCHE BANK MARATHON TEAM	KRAKÓW	POL	M40	46	M 110		01:54:29	03:04:11	04:42:46	05:39:13.65	05:39:30.40	7:47	7.7
134	SWORSKI ROMAN	1494	TRENUJSKUTECZNIE.COM / VEGAN & VEGE RUNNERS	ŁÓDŹ	POL	M30	48	M 111		01:47:30	02:55:22	04:47:46	05:40:51.05	05:41:07.00	7:50	7.7
135	GALA GRZEGORZ	1683	SCHENKER TECHNOLOGY CENTER RUNNERS	SOCHACZEW	POL	M40	47	M 112		01:52:19	03:02:56	04:46:20	05:40:59.70	05:41:22.05	7:50	7.7
136	WINTER PIOTR	1482	NIGHT RUNNERS	POZNAŃ	POL	M30	49	M 113		01:50:06	02:58:56	04:41:44	05:41:31.45	05:41:36.05	7:51	7.6
137	JANOWICZ RAFAŁ	1832	MIĘKKI ŻELEK	WARSZAWA	POL	M40	48	M 114		01:56:57	03:09:36	04:49:19	05:41:55.25	05:42:11.80	7:51	7.6
138	KWIATKOWSKI PRZEMYSŁAW	1256	PISARZOWICE	PISARZOWICE	POL	M30	50	M 115		01:56:16	03:04:10	04:50:46	05:43:04.65	05:43:10.20	7:53	7.6
139	NAGY SZILVIA	1870	ÓLOMLÁBÚAK	TELKI	HUN	K40	7	K 24		02:02:58	03:16:17	04:48:32	05:43:11.55	05:43:11.55	7:53	7.6
140	GRANOPS MACIEJ	1707	LUBOŃ	LUBOŃ	POL	M40	49	M 116		01:59:29	03:12:18	04:49:37	05:43:00.50	05:43:23.85	7:53	7.6
141	SZADKOWSKI DENIS	1658	CHORZÓW	CHORZÓW	POL	M20	13	M 117		01:59:16	03:10:19	04:46:12	05:43:21.80	05:43:28.25	7:53	7.6
142	ZAJĄC GRZEGORZ	1516	LUBELSKI WĘGIEL BOGDANKA	ŁĘCZNA	POL	M40	50	M 118		01:51:08	03:03:00	04:45:29	05:43:25.25	05:43:38.50	7:53	7.6
143	ZIEMBA MICHAŁ	1774	ZIOMKI	RZESZÓW	POL	M30	51	M 119		01:57:28	03:10:08	04:47:59	05:43:36.80	05:43:41.40	7:53	7.6
144	KUNZ TOMASZ	1433		KRAKÓW	POL	M50	6	M 120		02:00:02	03:10:43	04:49:05	05:43:34.20	05:43:48.30	7:53	7.6
145	BYDOŃ AGNIESZKA	1751	#ADAMCZERWIŃSKITEAM	KOKOTÓW	POL	K40	8	K 25		01:58:51	03:12:03	04:46:41	05:44:31.80	05:44:38.90	7:55	7.6
146	CHMIEL JOANNA	1544		KRAKÓW	POL	K30	14	K 26		02:00:10	03:16:02	04:52:52	05:44:49.05	05:45:02.90	7:55	7.6
147	BORDA-SIECZKOWSKI JAROSŁAW	1670		JASŁO	POL	M40	51	M 121		01:59:58	03:11:13	04:49:04	05:45:40.35	05:45:53.85	7:56	7.6
148	GOTFRYD ADAM	1660		JASŁO	POL	M40	52	M 122		02:00:39	03:12:55	04:54:52	05:45:39.80	05:45:54.05	7:56	7.6
149	BOHDANOWICZ KRYSZTOF	1831	1980	ŁÓDŹ	POL	M40	53	M 123		01:58:31	03:11:16	04:49:35	05:45:55.35	05:46:18.10	7:57	7.5
150	SMACZNY BARTŁOMIEJ	1528	WTM	MIELEC	POL	M30	52	M 124		01:56:13	03:08:49	04:49:16	05:46:43.35	05:47:07.40	7:58	7.5
151	KMITA KRZYSZTOF	1753		KRAKÓW	POL	M30	53	M 125		01:56:56	03:11:48	04:52:33	05:47:33.55	05:48:02.15	7:59	7.5
152	MRUGAŁA MONIKA	1390	TRAIL IS OUR WAY TEAM	WĘGRY K. OPOLA	POL	K40	9	K 27		01:56:55	03:10:47	04:51:18	05:47:46.75	05:48:19.60	7:59	7.5
153	KOZERA KATARZYNA	1595	BUSHIDO	WARSZAWA	POL	K30	15	K 28		02:01:02	03:16:11	04:54:10	05:48:29.05	05:49:01.50	8:00	7.5
154	BIENIEK RAFAŁ	1906		TULCE	POL	M40	54	M 126		01:58:24	03:12:53	04:57:39	05:49:03.35	05:49:12.45	8:01	7.5
155	MAZURKIEWICZ JAROSŁAW	1878	KS GRUCHA	OZORKÓW	POL	M30	54	M 127		01:53:01	03:03:43	04:53:48	05:49:09.85	05:49:20.10	8:01	7.5
156	RUSIN KRZYSZTOF	1796		JUSZCZYN	POL	M20	14	M 128		01:47:34	02:56:58	04:53:11	05:49:38.80	05:49:43.75	8:02	7.5
157	MANDZIUK GRZEGORZ	1471	ORT ŁOMIANKI	ŁOMIANKI	POL	M30	55	M 129		01:53:33	03:05:33	04:53:43	05:49:47.30	05:49:47.30	8:02	7.5
158	OSTROWSKI ARTUR	1361	SKS	WARSZAWA	POL	M50	7	M 130		02:32:07		04:40:41	05:49:25.85	05:50:28.90	8:01	7.5
159	KUCZYŃSKI MARCIN	1356	SKS	WARSZAWA	POL	M40	55	M 131		02:32:08		04:40:42	05:49:28.80	05:50:30.40	8:02	7.5
160	WERENKOWICZ-WRONA ILONA	1655	LKB RUDNIK	PAWŁÓW	POL	K40	10	K 29		02:00:38	03:12:07	04:54:17	05:50:24.55	05:50:41.25	8:03	7.4
161	BIHUN NATALIA	1737	NOA	WROCŁAW	POL	K30	16	K 30		02:02:34	03:13:37	04:54:12	05:50:59.55	05:51:03.45	8:04	7.4
162	RYMAR ALAN	1468	WARDIA NAFTY	KROSNO	POL	M20	15	M 132		01:56:52	03:08:39	04:51:41	05:50:56.25	05:51:16.05	8:04	7.4
163	SMOLIŃSKI PIOTR	1347		WARSZAWA	POL	M30	56	M 133		02:03:47	03:18:34	04:58:30	05:52:09.90	05:52:26.75	8:05	7.4
164	PUŁA WALDEMAR	1407	STAY INSANE	LUBLIN	POL	M40	56	M 134		01:59:57	03:10:46	04:56:43	05:52:04.50	05:52:29.20	8:05	7.4
165	FILIPIUK TOMEK	1677	POWIAT ŚWIDNICKI	ŚWIDNIK	POL	M30	57	M 135		01:53:22	03:04:54	04:51:32	05:52:23.20	05:52:36.40	8:06	7.4
166	BOSS OSKAR	1903	NATIONALE-NEDERLANDE N RUNNING TEAM	WARSZAWA	POL	M20	16	M 136		01:53:00	03:06:53	04:56:35	05:52:42.75	05:52:49.50	8:06	7.4
167	KARP PAWEŁ	1712		KRYG	POL	M30	58	M 137		01:47:40	02:55:42	04:54:05	05:52:42.85	05:53:00.50	8:06	7.4
168	SZCZEPAŃSKI GRZEGORZ	1905		RZESZÓW	POL	M40	57	M 138		02:01:55	03:16:08	04:57:39	05:52:34.15	05:53:18.10	8:06	7.4
169	SIVULKA MARTIN	1647	MARAS TEAM	KAMIENKA	SVK	M40	58	M 139		02:06:07	03:18:50	05:02:12	05:54:10.45	05:54:21.65	8:08	7.4
170	PROKULEWICZ TOMASZ	1867		WIELICZKA	POL	M40	59	M 140		01:56:02	03:10:17	04:57:56	05:54:09.00	05:54:24.55	8:08	7.4
171	PLAZIAK-KOWALSKA MAGDALENA	1618	2K	LIBERTOW	POL	K30	17	K 31		02:00:40	03:15:32	04:55:10	05:54:10.95	05:54:40.35	8:08	7.4
172	DZIERŻAK ELŻBIETA	1795	WWW.TRENINGFIZJOTERAPIA.PL	GŁOGÓW MAŁOPOLSKI	POL	K40	11	K 32		02:06:12	03:21:44	04:59:52	05:54:42.30	05:54:52.35	8:09	7.4
173	MALINOWSKI MAREK	1558		KRAKÓW	POL	M40	60	M 141		02:06:02	03:20:35	04:59:50	05:54:45.20	05:55:00.20	8:09	7.4
174	GŁOWACKI KRZYSZTOF	1813	WIDZEW RUNNING TEAM	ŁÓDŹ	POL	M30	59	M 142		01:58:31	03:12:14	04:57:53	05:54:37.60	05:55:00.30	8:09	7.4
175	KOMAR ANNA	1399		BRZEZINKA ŚREDZKA	POL	K30	18	K 33		02:03:09	03:18:56	04:57:46	05:55:01.10	05:55:14.05	8:09	7.4
176	RATAJ ARTUR	1545	KATOWICE	MYSŁOWICE	POL	M40	61	M 143		01:57:04	03:11:11	04:58:56	05:56:06.30	05:56:11.55	8:11	7.3
177	PRZYBYŚLAWSKI DARIUSZ	1883		PSZÓW	POL	M20	17	M 144		01:59:14	03:18:18	05:01:59	05:55:31.90	05:56:12.15	8:10	7.3
178	MYŚLIWIEC PRZEMYSŁAW	1852		ZIMNA WODA	POL	M50	8	M 145		02:00:27	03:16:14	04:54:58	05:55:59.15	05:56:12.85	8:11	7.3
179	KLUS ANNA	1333	TRAIL IS OUR WAY TEAM	RZESZÓW	POL	K30	19	K 34		02:03:47	03:17:36	05:00:56	05:55:39.25	05:56:13.15	8:10	7.3

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
180	SOBCZAK ALEKSANDRA	1784		WARSZAWA	POL	K30	20	K 35		02:04:53	03:20:55	05:02:13	05:56:42.10	05:56:54.40	8:12	7.3
181	WIADERNA NINA	1659		WARSZAWA	POL	K30	21	K 36		02:05:06	03:18:52	04:59:41	05:56:18.90	05:57:01.05	8:11	7.3
182	KIJAK BARTOSZ	1263		SOSNOWIEC	POL	M40	62	M 146		01:55:45	03:08:18	04:56:52	05:56:21.60	05:57:10.90	8:11	7.3
183	ILKOVIC MATUS	1682		MALY LIPNIK	SVK	M30	60	M 147		02:00:29	03:15:56	05:03:17	05:57:24.55	05:57:42.95	8:12	7.3
184	ZAJĄC MATEUSZ	1819		GLIWICE	POL	M40	63	M 148		02:00:08	03:15:54	05:02:14	05:57:39.45	05:58:01.00	8:13	7.3
185	SZYMULA JANUSZ	1396		KRAKÓW	POL	M40	64	M 149		02:01:23	03:16:37	05:03:47	05:58:33.90	05:59:03.35	8:14	7.3
186	WNEK MAREK	1280		KRAKÓW	POL	M30	61	M 150		01:59:24	03:17:41	05:00:17	05:59:16.40	05:59:42.35	8:15	7.3
187	JĘDRASZEK ALICJA	1585		PABIANICE	POL	K40	12	K 37		02:08:26	03:24:01	05:04:14	05:59:23.60	05:59:58.50	8:15	7.3
188	ŁATWIŃSKI ŁUKASZ	1826	MOCNA GRUPA CEZARA	WROCLAW	POL	M30	62	M 151		02:05:29	03:18:34	05:02:14	05:59:45.85	06:00:00.65	8:16	7.3
189	ŚWIĄTKOWSKI MACIEJ	1288		BYDGOSZCZ	POL	M30	63	M 152		01:59:42	03:16:02	05:04:32	05:59:57.50	06:00:13.50	8:16	7.3
190	KOSMAŁA PRZEMEK	1247	MARCINSWIERCTEAM	KRAKÓW	POL	M40	65	M 153		01:56:48	03:12:17	04:58:44	05:59:52.20	06:00:31.70	8:16	7.3
191	KUCIŃSKI TOMASZ	2772	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M40	66	M 154		02:06:19	03:31:15	05:08:06	06:02:02.00	06:02:30.35	8:19	7.2
192	PLUDOWSKI BARTOSZ	1850	CHODZIESKIE TOWARZYSTWO ROWEROWE	CHODZIEŻ	POL	M30	64	M 155		02:05:07	03:19:17	05:06:50	06:02:10.55	06:02:36.40	8:19	7.2
193	SPYTKOWSKA KATARZYNA	1702		KRAKÓW	POL	K20	5	K 38		02:05:10	03:19:23	05:06:56	06:02:16.95	06:02:36.75	8:19	7.2
194	SPYTKOWSKI PATRYK	1703		KRAKÓW	POL	M30	65	M 156		02:05:09	03:19:17	05:06:50	06:02:11.90	06:02:37.10	8:19	7.2
195	NOWAK KRZYSZTOF	1684		KALISZ	POL	M30	66	M 157		01:59:59	03:19:53	05:09:04	06:02:42.55	06:03:04.00	8:20	7.2
196	MAŚLANY MARIUSZ	1487	ELEKTROMETAL ENERGETYKA	WARSZAWA	POL	M50	9	M 158		02:02:31	03:20:17	05:05:20	06:03:00.65	06:03:10.45	8:20	7.2
197	KARWACKI GRZEGORZ	1329	1972	WAŁBRZYCH	POL	M50	10	M 159		02:04:09	03:19:44	05:04:34	06:03:25.70	06:03:54.70	8:21	7.2
198	MOLASY DOROTA	1714	AKTYWNI Z MOKAMI	NOWA WIEŚ MALBORSKA	POL	K30	22	K 39		02:08:06	03:27:00	05:08:55	06:03:48.65	06:04:18.85	8:21	7.2
199	RADECKI WOJCIECH	1664	NIEPOŁOMICE BIEGAJĄ	SUŁKÓW	POL	M50	11	M 160		02:09:36	03:25:21	05:07:22	06:04:03.55	06:04:21.95	8:22	7.2
200	WILAMOWSKI BARTŁOMIEJ	1241	RYKOWISKO TEAM	PLOCK	POL	M30	67	M 161		02:09:24	03:26:13	05:09:02	06:04:20.00	06:04:30.75	8:22	7.2
201	SŁOMKOWSKI MATEUSZ	1669		GDAŃSK	POL	M30	68	M 162		02:05:13	03:18:02	05:05:20	06:04:30.15	06:04:52.65	8:22	7.2
202	RATKA ADRIANA	1621		KACZORY	POL	K30	23	K 40		02:08:50	03:26:37	05:06:32	06:04:24.00	06:05:09.95	8:22	7.2
203	PAŁYSA ROBERT	1900	STANWEX II	JÓZEFÓW	POL	M20	18	M 163		02:06:03	03:21:57	05:06:05	06:04:15.15	06:05:10.55	8:22	7.2
204	TOMASZEWSKI TOMASZ	1895		WARSZAWA	POL	M40	67	M 164		02:09:16	03:23:27	05:07:05	06:04:28.55	06:05:19.85	8:22	7.2
205	SZYMULA MARIUSZ	1416	SZYMULA RUNNERS	KRAKOW	POL	M40	68	M 165		02:01:23	03:16:59	05:07:05	06:04:52.30	06:05:22.45	8:23	7.2
206	GACHOWSKI ŁUKASZ	1521		WROCLAW	POL	M40	69	M 166		01:58:46	03:16:04	05:04:52	06:05:08.90	06:05:24.90	8:23	7.1
207	ŚLAŃSKI BARTOSZ	1742	PRZEDWOJEWSKI TEAM	ŁÓDŹ	POL	M30	69	M 167		02:08:57	03:24:55	05:10:07	06:05:15.35	06:05:45.85	8:23	7.1
208	KUJAWSKA-FREJLICH JOANNA	1404		GDYŃIA	POL	K30	24	K 41		02:09:06	03:26:22	05:13:43	06:05:38.65	06:05:59.25	8:24	7.1
209	RAMOTOWSKI MARCIN	1822		WARSZAWA	POL	M40	70	M 168		02:02:53	03:17:44	05:04:10	06:05:37.35	06:06:02.35	8:24	7.1
210	TRZÓSŁO TOMASZ	1293	TOMASZ TRZÓSŁO	KRAKÓW	POL	M30	70	M 169		02:07:15	03:22:17	05:06:24	06:06:19.15	06:06:56.30	8:25	7.1
211	BODZIOCH GRZEGORZ	1252	GORLICKA GRUPA BIEGOWA	GORLICE	POL	M40	71	M 170		02:07:42	03:25:02	05:12:05	06:06:52.05	06:07:09.85	8:26	7.1
212	MĄCZKA MARTYNA	1865	VEGERUNNERS	KRAKOW	POL	K30	25	K 42		02:03:50	03:16:15	05:04:00	06:06:51.90	06:07:15.55	8:26	7.1
213	KLÓDKIEWICZ MARCIN	1747		LESZNO	POL	M30	71	M 171		02:06:05	03:24:02	05:08:13	06:06:45.85	06:07:23.80	8:25	7.1
214	BURDA JAROSŁAW	1769	RAKOŃ WARRIORS	KRAKÓW	POL	M30	72	M 172		02:14:13	03:31:18	05:11:16	06:06:26.70	06:07:29.95	8:25	7.1
215	GATKOWSKI DARIUSZ	1492	SKPB WARSZAWA	WARSZAWA	POL	M40	72	M 173		02:13:21	03:27:47	05:12:46	06:07:38.05	06:08:13.65	8:27	7.1
216	JANCAK KONRAD	1549		KALISZ	POL	M30	73	M 174		02:03:02	03:19:18	05:09:03	06:07:54.00	06:08:15.45	8:27	7.1
217	KLIMEK PRZEMYSŁAW	1749	KLUB BIEGACZA AZS UEK	KRAKÓW	POL	M40	73	M 175		01:59:35	03:18:11	05:10:44	06:07:32.90	06:08:23.70	8:26	7.1
218	BRZUSZKIEWICZ MICHAŁ	1757	DREAM RUN	WARSZAWA	POL	M30	74	M 176		01:55:51	03:15:03	05:08:13	06:08:25.85	06:08:33.10	8:28	7.1
219	WIERZCHOŃ MICHAŁ	1761	MR. DOC	ŁÓDŹ	POL	M40	74	M 177		02:00:43	03:21:21	05:11:03	06:08:06.40	06:08:34.70	8:27	7.1
220	DOREŃDA MARTA	1351		GDAŃSK	POL	K30	26	K 43		02:09:58	03:27:24	05:12:21	06:09:00.15	06:09:40.90	8:28	7.1
221	SOWA-LEWANDOWSKA KATARZYNA	1354	UKS LIDER	WIELICZKA	POL	K30	27	K 44	TAK	02:09:28	03:25:02	05:10:21	06:08:48.55	06:09:25.80	8:28	7.1
222	SOWIŃSKA-JANECZEK JOANNA	1240	SIERCZA/TECHNIKAM/4F	TUREK	POL	K30	28	K 45		02:05:58	03:24:49	05:11:15	06:08:58.20	06:09:28.00	8:28	7.1
223	PYCHA PIOTR	1760	FROGPROJECT PIOTR PYCHA	RADZYMIN	POL	M30	75	M 178		06:10:00.00	06:10:00.00	06:10:00.00	06:10:00.00	06:10:00.00	8:30	7.1
224	MOCZYŃSKI MACIEJ	1898		BEŁCHATÓW	POL	M40	75	M 179		02:11:29	03:31:58	05:16:14	06:09:10.45	06:10:04.45	8:29	7.1
225	KOŁBA PAWEŁ	1255	KUSY BUKOWNO	BUKOWNO	POL	M30	76	M 180		02:09:35	03:32:33	05:14:41	06:09:05.20	06:10:17.15	8:29	7.1
226	SZEPCYŃSKA ANNA	1772	ŻARY RUUNERS TEAM	ŻARY	POL	K40	13	K 46		02:06:05	03:26:30	05:15:03	06:09:43.95	06:10:21.10	8:29	7.1
227	ŁUCJANEK JUSTYNA	1326	KAJA TEAM	WARSZAWA	POL	K40	14	K 47		02:13:04	03:32:28	05:16:59	06:12:02.75	06:12:10.25	8:33	7

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
228	DZIOB GRZEGORZ	1460	NIEPOŁOMICIE BIEGAJĄ	MAŁA WIEŚ	POL	M30	77	M 181		02:00:28	03:17:16	05:07:06	06:11:56.50	06:12:14.60	8:33	7
229	KUŚPIT PRZEMEK	1631		WARSZAWA	POL	M30	78	M 182		02:07:18	03:26:51	05:14:02	06:11:56.65	06:12:15.35	8:33	7
230	HERSZFELD KAROL	1228	ŚWIŃSKIE CYCE	WARSZAWA	POL	M30	79	M 183		02:04:02	03:22:16	05:10:36	06:12:07.45	06:12:41.25	8:33	7
231	MAĆKOWIAK KRZYSZTOF	1897	MAĆKOWIAK TEAM	PSARSKIE	POL	M40	76	M 184		02:01:56	03:20:49	05:10:18	06:12:21.35	06:12:44.20	8:33	7
232	DĄBROWSKI ANDRZEJ	1786		ŁOMIANKI	POL	M30	80	M 185		02:04:03	03:18:02	05:08:27	06:12:42.15	06:13:25.00	8:34	7
233	MUDY-MADER JUSTYNA	1763	KKS VICTORIA STALOWA WOLA	BEND	USA	K30	29	K 48		02:12:28	03:28:01	05:13:37	06:13:49.95	06:14:10.40	8:35	7
234	PAĆKO MICHAŁ	1577	SPARTA LUBLIN	LUBLIN	POL	M30	81	M 186		02:09:29	03:24:59	05:11:05	06:13:41.70	06:14:11.85	8:35	7
235	SUCHANEK RADOSŁAW	1450		KŁOBUCK	POL	M50	12	M 187		02:05:34	03:24:00	05:12:40	06:14:10.75	06:14:16.35	8:36	7
236	OCHOCKI MATEUSZ	1413	POZYTYWNE ZABIEGANI KLESZCZÓW	KLESZCZÓW	POL	M40	77	M 188		01:57:07	03:16:10	05:13:45	06:14:10.95	06:14:18.65	8:36	7
237	SZYMANIAK EMIL	1479		KRAKÓW	POL	M30	82	M 189		02:03:19	03:24:46	05:13:05	06:14:14.25	06:14:24.90	8:36	7
238	MIERZEJEWSKI KRZYSZTOF	1840	ICEFLOWER.PL	NOWY TARG	POL	M40	78	M 190		02:17:10	03:35:48	05:18:09	06:14:03.00	06:14:26.35	8:35	7
239	ADAMUS JAKUB	1235		CZĘSTOCHOWA	POL	M30	83	M 191		02:06:40	03:23:07	05:12:08	06:14:29.40	06:14:53.80	8:36	7
240	WOCHOWSKI TOMASZ	1605		PŁOCK	POL	M30	84	M 192		02:17:09	03:33:33	05:18:29	06:14:41.95	06:15:20.30	8:36	7
241	KOŁTUNIAK HUBERT	1656	DRUŻYNA STASIA	GOLENIÓW	POL	M40	79	M 193		02:06:32	03:23:25	05:09:45	06:15:43.70	06:16:50.80	8:38	6.9
242	FORMA BARTOSZ	1641	INFINITY GYM	PROSZOWICE	POL	M40	80	M 194		02:01:46	03:17:57	05:08:45	06:16:41.30	06:16:56.45	8:39	6.9
243	DROZD MACIEJ	1847	DREAM RUN	WARSZAWA	POL	M40	81	M 195		02:06:36	03:25:33	05:15:24	06:16:56.90	06:17:05.65	8:39	6.9
244	KUNYSZ MATEUSZ	1820	BORGWARNER RUNNING TEAM	RZESZÓW	POL	M30	85	M 196		02:06:41	03:24:28	05:18:33	06:16:51.95	06:17:11.15	8:39	6.9
245	MADEJ ANNA	1401	VEGE RUNNERS	KATOWICE	POL	K40	15	K 49		02:08:50	03:27:10	05:15:09	06:16:36.10	06:17:11.35	8:39	6.9
246	LENKOWSKA ADRIANNA	1771	RANOCONCEPT	POZNAŃ	POL	K20	6	K 50		02:11:35	03:34:56	05:18:02	06:17:08.25	06:17:16.55	8:40	6.9
247	WAROWNY PIOTR	2439	BIEGUSIEM.PL	RYKI	POL	M40	82	M 197		02:04:11	03:22:39	05:15:17	06:17:21.65	06:17:27.80	8:40	6.9
248	PAPRZYCKI ROMUALD	1735	NORBULLO TEAM BIEGA NATURALNIE	WARSZAWA	POL	M50	13	M 198		02:09:22	03:29:15	05:17:39	06:17:29.00	06:17:37.15	8:40	6.9
249	GAŚIOROWSKI MICHAŁ	1443	OGARY DOLORES	BŁONIE	POL	M40	83	M 199		02:08:17	03:24:50	05:11:11	06:16:52.75	06:17:52.75	8:39	6.9
250	NOWAK BARTŁOMIJ	1441	GANG ULTRABIESA	ZIELONKI	POL	M30	86	M 200		02:04:27	03:20:28	05:14:39	06:17:45.00	06:18:00.85	8:41	6.9
251	DZIKOWSKI MICHAŁ	1582		WARSZAWA	POL	M20	19	M 201		01:50:25	03:15:52	05:14:16	06:17:55.50	06:18:14.85	8:41	6.9
252	RYBAK ŁUKASZ	1671		ZABAWA	POL	M40	84	M 202		02:01:20	03:20:26	05:15:28	06:18:13.45	06:18:28.00	8:41	6.9
253	LIPKA SEBASTIAN	1509	ZABIEGANI-TATA	OGRODZIENIEC	POL	M40	85	M 203		01:59:11	03:28:12	05:21:34	06:18:15.95	06:18:43.85	8:41	6.9
254	MANCZENKO EUGENIUSZ	1775	MARKOWI BIEGACZE	WARSZAWA	POL	M40	86	M 204		02:02:46	03:24:54	05:18:14	06:18:22.15	06:19:04.30	8:41	6.9
255	KACPRZYK KATARZYNA	1336	SPRINTEX TEAM	JAWORZNO	POL	K30	30	K 51		02:10:06	03:28:49	05:21:55	06:19:12.30	06:19:31.75	8:43	6.9
256	JURCZAK ANNA	1687		BYDGOSZCZ	POL	K20	7	K 52		02:04:41	03:26:18	05:22:14	06:18:59.70	06:19:34.90	8:42	6.9
257	PIĘTA SEBASTIAN	1686		BYDGOSZCZ	POL	M20	20	M 205		02:04:40	03:26:28	05:22:15	06:19:00.15	06:19:35.45	8:42	6.9
258	RADZIWIW WOJCIECH	1507	OSTRÓDA RUNNERS	OSTRÓDA	POL	M30	87	M 206		02:15:03	03:37:50	05:23:15	06:19:08.85	06:20:01.20	8:42	6.9
259	SITEK ARKADIUSZ	1381	AKTYWNI WĘGRÓW	WĘGRÓW	POL	M40	87	M 207		02:03:38	03:27:13	05:16:34	06:19:32.60	06:20:09.85	8:43	6.9
260	KOEHLER OLA	1816		KRAKÓW	POL	K30	31	K 53		02:05:56	03:23:39	05:15:18	06:20:00.55	06:20:12.10	8:44	6.9
261	ŻACZEK ŁUKASZ	1360	JZDL	OSTROWIEC ŚW.	POL	M30	88	M 208		02:01:18	03:19:18	05:22:25	06:19:50.40	06:20:32.05	8:43	6.9
262	WINIAREK LESZEK	1812	#TEAMDKMS	WARSZAWA	POL	M40	88	M 209		02:08:40	03:30:49	05:21:06	06:20:22.40	06:20:39.40	8:44	6.9
263	MURAWSKI MICHAŁ	1314		WARSZAWA	POL	M40	89	M 210		02:04:23	03:24:03	05:17:07	06:20:51.65	06:21:13.60	8:45	6.9
264	GRADKOWSKA GOSIA	1246		BRWINÓW	POL	K40	16	K 54		02:05:53	03:29:01	05:23:12	06:20:26.15	06:21:18.00	8:44	6.9
265	CYRULIK JUSTYNA	1244	KRAKOWSKI KLUB OYAMA	KRAKÓW	POL	K30	32	K 55		02:14:50	03:34:35	05:23:43	06:21:30.35	06:21:57.15	8:46	6.8
266	KRZYSZTOŃ GRZEGORZ	1320	GMP LAS Y KRAŚNIK	WARSZAWA	POL	M30	89	M 211		02:15:56	03:36:16	05:24:48	06:21:28.30	06:21:57.30	8:46	6.8
267	PAWLAK MILENA	1281		PRZECLAW	POL	K30	33	K 56		02:10:27	03:36:21	05:26:00	06:22:12.00	06:22:50.35	8:47	6.8
268	PAWLAK AGNIESZKA	1394		OBORNIKI	POL	K30	34	K 57		02:10:28	03:36:23	05:26:00	06:22:12.65	06:22:50.40	8:47	6.8
269	GRZYBEK SŁAWOMIR	1730	BARTOSZ GORCZYCA RUNNING TEAM	KATOWICE	POL	M30	90	M 212		02:08:42	03:29:51	05:22:23	06:23:22.25	06:23:26.25	8:48	6.8
270	KOPEĆ RENATA	1505	B	WARSZAWA	POL	K40	17	K 58		02:19:28	03:40:36	05:26:07	06:22:44.25	06:23:26.90	8:47	6.8
271	WNUK TOMASZ	1604	NAPRZÓD MŁOCINY	WARSZAWA	POL	M40	90	M 213		02:02:50	03:23:02	05:22:09	06:23:27.60	06:23:40.85	8:48	6.8
272	WARDEGA PRZEMEK	1799	MYHIVE	WARSZAWA	POL	M40	90	M 213		02:02:50	03:22:47	05:22:00	06:23:30.65	06:23:40.85	8:48	6.8
273	OCHREMIAK MICHAŁ	1355	MOKOBIEGACZE	WARSZAWA	POL	M30	91	M 215		02:02:57	03:22:03	05:23:00	06:23:19.75	06:23:42.90	8:48	6.8
274	LEWNIOWSKI BŁAŻEJ	1862		KRAKÓW	POL	M40	92	M 216		02:08:55	03:29:05	05:23:37	06:22:48.80	06:23:46.05	8:48	6.8
275	LITKA ANDRZEJ	1311	W KÓŁKO BIEGAMY	MŁAWA	POL	M40	93	M 217		01:58:23	03:16:21	05:14:31	06:23:08.65	06:23:48.45	8:48	6.8
276	WŁAZŁOWSKI RADOSŁAW	1791		DĄŃSK	POL	M40	94	M 218		02:09:19	03:28:22	05:22:57	06:23:43.25	06:24:40.25	8:49	6.8
277	BARDAN MICHAŁ	1681	BBKS ŁAWECZKA WILANÓW	WARSZAWA	POL	M40	95	M 219		02:09:26	03:27:44	05:19:36	06:24:03.45	06:24:47.30	8:49	6.8

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
278	BIEŃ MAGDALENA	1896		POZNAŃ	POL	K40	18	K 59		02:08:57	03:30:37	05:24:51	06:24:43.05	06:24:54.60	8:50	6.8
279	LABISKO PAWEŁ	1332	KUSY BUKOWNO	BUKOWNO	POL	M40	96	M 220		02:09:39	03:38:28	05:26:04	06:23:59.95	06:25:11.75	8:49	6.8
280	GETTLICH PIOTR	1300	SKS	WARSZAWA	POL	M40	97	M 221		02:06:04	03:29:20	05:22:25	06:24:40.80	06:25:34.05	8:50	6.8
281	CZYCZ MATEUSZ	1245	CARPATHIAN RUNNERS	RZESZÓW	POL	M30	92	M 222		02:09:30	03:29:09	05:24:51	06:25:29.00	06:25:46.30	8:51	6.8
282	KUTRZYK PRZEMYSŁAW	1459		SOSNOWIEC	POL	M40	98	M 223		02:13:37	03:33:37	05:25:55	06:25:47.25	06:26:03.90	8:52	6.8
283	KARDASZEWSKI TOMASZ	1515		WARSZAWA	POL	M40	99	M 224		02:14:51	03:34:49	05:24:02	06:26:40.40	06:26:50.65	8:53	6.8
284	SOBCZAK MAGDALENA	1788	WYBIEGAJ SIEBIE	WIELISZEW	POL	K30	35	K 60		02:06:18	03:25:00	05:26:16	06:26:50.15	06:27:11.60	8:53	6.7
285	MILEWSKI MATEUSZ	1866		MROZY	POL	M30	93	M 225		02:09:00	03:31:18	05:23:52	06:27:54.15	06:28:21.90	8:55	6.7
286	RZEPNIEWSKI ŁUKASZ	1748		WARSZAWA	POL	M40	100	M 226		02:10:29	03:31:08	05:22:34	06:27:56.10	06:28:34.55	8:55	6.7
287	GRZYB KRZYSZTOF	1279	KLUB BIEGACZA RTV EURO AGD/SMASHING PPKINS	POZNAŃ	POL	M40	101	M 227		02:12:49	03:33:52	05:26:11	06:28:19.55	06:28:40.50	8:55	6.7
288	TYLIBA IRENEUSZ	1851	JURA TEAM	PRZEGINIA	POL	M40	102	M 228		02:07:40	03:28:54	05:25:49	06:28:58.40	06:29:04.40	8:56	6.7
289	BOCZKOWSKA JUSTYNA	1547		ZAKOPANE	POL	K50	1	K 61		02:12:52	03:35:19	05:24:39	06:28:40.05	06:29:11.40	8:56	6.7
290	TUSZYŃSKI MATEUSZ	1519		SIEMIANOWICE ŚLĄSKIE	POL	M20	21	M 229		02:09:02	03:32:40	05:26:50	06:29:38.50	06:29:53.30	8:57	6.7
291	PROKOPCZUK ŁUKASZ	1837		RADZYŃ PODLASKI	POL	M40	103	M 230		02:10:50	03:33:11	05:28:40	06:29:44.05	06:30:25.70	8:57	6.7
292	PINKOWSKI ARTUR	1330	4RUN TEAM PIŁA	PIŁA	POL	M40	104	M 231		02:12:28	03:30:11	05:25:52	06:29:59.85	06:30:27.40	8:57	6.7
293	ZAJĄC DARIA	1776	DREAM RUN	WARSZAWA	POL	K20	8	K 62		02:10:48	03:43:25	05:32:23	06:31:34.60	06:31:39.55	9:00	6.7
294	FELIGA PRZEMYSŁAW	1546		MIKOŁÓW	POL	M40	105	M 232		02:09:28	03:27:08	05:27:14	06:31:49.65	06:32:26.15	9:00	6.7
295	GRYNFELDER RAFAŁ	1879	SKYWALKPROJECT.PL	WARSZAWA	POL	M40	106	M 233		02:05:56	03:28:25	05:27:16	06:32:46.70	06:33:00.55	9:01	6.6
296	SZOSTAK ROBERT	1589	TEAM ZABIEGANEDNI	WARSZAWA	POL	M50	14	M 234		02:08:42	03:32:13	05:28:27	06:33:40.90	06:34:01.50	9:02	6.6
297	AUGUST KAJETAN	1308		KATOWICE	POL	M20	22	M 235		02:05:16	03:32:44	05:39:03	06:33:57.80	06:34:10.40	9:03	6.6
298	BAJOREK NORBERT	1770	FITNESS FREAKS	RZESZÓW	POL	M40	107	M 236		02:20:34	03:47:05	05:35:39	06:34:50.65	06:34:55.90	9:04	6.6
299	SKOWRON MAGDALENA	1560		BALICE	POL	K40	19	K 63		02:11:58	03:35:09	05:30:04	06:34:10.90	06:35:05.40	9:03	6.6
300	MOSIO GRZEGORZ	1636		ŻELICHÓW	POL	M40	108	M 237		02:07:48	03:26:26	05:25:58	06:34:24.25	06:35:10.90	9:04	6.6
301	GAFFKE KRZYSZTOF	1299	EDYTA LEWANDOWSKA TEAM	CZARNÓWKO	POL	M30	94	M 238		02:15:29	03:36:53	05:32:49	06:34:51.50	06:35:22.75	9:04	6.6
302	BANACH JAN	1335	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M30	95	M 239		02:02:19	03:20:22	05:28:07	06:35:18.55	06:35:35.50	9:05	6.6
303	LUBOWIECKA KATARZYNA	1341		WARSZAWA	POL	K50	2	K 64		02:15:02	03:37:16	05:30:41	06:35:41.05	06:35:50.85	9:05	6.6
304	MIĄSKO WOJCIECH	1232	12TRI.PL	WARSZAWA	POL	M50	15	M 240		02:14:46	03:33:18	05:30:25	06:35:32.55	06:36:09.30	9:05	6.6
305	BOCHENEK MICHAŁ	1502	INFINITY GYM	PROSZOWICE	POL	M30	96	M 241		02:12:53	03:34:46	05:33:52	06:37:14.15	06:37:29.50	9:07	6.6
306	SYCHOWSKI DAWID	1790		TOMASZÓW BOLESŁAWIECKI	POL	M30	97	M 242		02:08:08	03:34:13	05:30:15	06:37:24.20	06:38:22.75	9:08	6.6
307	JAMRÓZ WOJCIECH	1337		GLIWICE	POL	M40	109	M 243		02:10:31	03:33:15	05:34:51	06:37:45.15	06:38:43.10	9:08	6.6
308	PASZKIEWICZ MACIEJ	1858		MUROWANA GOŚLINA	POL	M60	1	M 244		02:16:57	03:39:20	05:31:42	06:38:58.20	06:39:06.95	9:10	6.5
309	DYREK MATEUSZ	2195		MSZANA GÓRNA	POL	M40	110	M 245		02:08:48	03:32:01	05:35:57	06:39:19.70	06:39:31.15	9:10	6.5
310	POPRAWSKI MATEUSZ	1383	KILIŃSKIEGO TEAM	BOJANOWO	POL	M30	98	M 246		02:12:43	03:42:30	05:34:49	06:39:18.50	06:39:52.50	9:10	6.5
311	KRYGIER PRZEMYSŁAW	1398	KILIŃSKIEGO TEAM	BOJANOWO	POL	M30	99	M 247		02:12:47	03:42:36	05:34:53	06:39:20.35	06:39:52.65	9:10	6.5
312	KOSMOWSKI WIESŁAW	1527	MORACZEWO	MORACZEWO	POL	M30	100	M 248		02:12:49	03:42:35	05:34:54	06:39:21.90	06:39:52.85	9:10	6.5
313	ŁUKOWIAK KAROL	1475	KILIŃSKIEGO TEAM	BOJANOWO	POL	M40	111	M 249		02:12:42	03:42:29	05:35:01	06:39:20.35	06:39:53.10	9:10	6.5
314	BĘBEN ROBERT	1317	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M50	16	M 250		02:12:03	03:47:23	05:40:15	06:39:25.15	06:40:27.70	9:10	6.5
315	KRYSTYAN TOMASZ	1400		KRAKÓW	POL	M40	112	M 251		02:12:19	03:36:36	05:35:01	06:40:21.15	06:40:54.55	9:12	6.5
316	SZROT ROBERT	1417		WARSZAWA	POL	M40	113	M 252		02:10:06	03:40:01	05:41:47	06:41:03.95	06:41:09.90	9:13	6.5
317	SARNA PAWEŁ	1456		SKÓRZEWO	POL	M30	101	M 253		02:10:06	03:40:04	05:41:48	06:41:05.35	06:41:10.05	9:13	6.5
318	SKŁODOWSKI PIOTR	1762		RADZYMIN	POL	M30	102	M 254		02:06:00	03:27:26	05:27:22	06:41:35.00	06:41:35.00	9:13	6.5
319	DROSIO KLAUDIA	1271	KASZANKI	WARSZAWA	POL	K30	36	K 65		02:17:08	03:43:48	05:42:29	06:41:22.00	06:41:48.35	9:13	6.5
320	STASZEWSKI PIOTR	1844		POTASZE	POL	M50	17	M 255		02:16:28	03:40:47	05:36:52	06:40:48.90	06:41:49.65	9:12	6.5
321	KOSZCZUK ŁUKASZ	1296	NATIONALE-NEDERLANDE N RUNNING TEAM	WARSZAWA	POL	M30	103	M 256		02:11:54	03:39:11	05:38:04	06:41:46.75	06:41:56.90	9:14	6.5
322	GROMEK EDYTA	1307	SZYBCIEJ NIE DAM RADY	LUBLIN	POL	K30	37	K 66		02:18:22	03:43:52	05:38:49	06:41:26.45	06:41:56.90	9:13	6.5
323	PIOTROWICZ MAŁGORZATA	1485	INFINITY-GYM	PROSZOWICE	POL	K30	38	K 67		02:16:50	03:41:47	05:36:27	06:41:48.00	06:42:02.40	9:14	6.5
324	SADOWSKI CEZARY	1532		WARSZAWA	POL	M40	114	M 257		02:11:45	03:35:09	05:37:11	06:41:18.55	06:42:17.45	9:13	6.5
325	HAŁABUZ WOJCIECH	1483	ŚWIŃSKIE CYCE	WARSZAWA	POL	M30	104	M 258		02:15:12	03:35:51	05:37:31	06:41:12.60	06:42:18.70	9:13	6.5
326	JAWORSKI PIOTR	1881	MARKOWI BIEGACZE	WARSZAWA	POL	M40	115	M 259		02:08:25	03:39:28	05:36:21	06:42:16.30	06:42:22.65	9:14	6.5

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
327	KUŚ GABRIELA	1470	KB MCKIS JAWORZNO	JAWORZNO	POL	K40	20	K 68		02:18:36	03:42:27	05:40:14	06:42:23.45	06:42:33.65	9:15	6.5
328	KONKOLEWSKI MACIEJ	1805	BROWAR FORTUNA	NIEZDROWICE	POL	M40	116	M 260		02:14:09	03:41:10	05:38:32	06:42:16.40	06:42:57.00	9:14	6.5
329	OLEJNIK EGIDIUSZ	1665		JELEŃ GÓRA	POL	M30	105	M 261		02:11:31	03:34:24	05:34:45	06:43:00.70	06:43:30.25	9:15	6.5
330	KOŚCIUCZUK ŁUKASZ	1860	FUNDACJA RAK'N'ROLL	WARSZAWA	POL	M40	117	M 262		02:10:53	03:35:11	05:35:11	06:42:45.00	06:43:32.90	9:15	6.5
331	TARADAJ PAULINA	1689	LACHO TEAM	KRAKÓW	POL	K30	39	K 69		02:21:12	03:48:58	05:42:23	06:43:30.40	06:44:09.05	9:16	6.5
332	MATRAS DAWID	1603		LIMANOWA	POL	M20	23	M 263		02:08:22	03:30:07	05:36:58	06:44:26.65	06:44:38.60	9:17	6.5
333	KLIMEK PAWEŁ	1651	PLANEKO	SZCZECIN	POL	M30	106	M 264		02:06:08	03:37:45	05:41:07	06:44:37.50	06:45:30.20	9:18	6.5
334	KALBARCZYK JAKUB	1864		KRAKÓW	POL	OPEN MĘŻCZYŃNI	1	M 265		02:24:40	03:49:13	05:42:00	06:44:40.50	06:45:38.35	9:18	6.4
335	MALINOWSKI TOMASZ	1525	UKS LIDER SIERCZA	KRAKÓW	POL	M30	107	M 266	TAK	02:09:37	03:28:49	05:45:18	06:45:26.70	06:45:47.45	9:19	6.4
336	DROŹDZIEL MARIUSZ	1901		WARSZAWA	POL	M40	118	M 267		02:07:14	03:38:55	05:46:39	06:45:55.25	06:46:23.50	9:19	6.4
337	MILIK DAGMARA	1889		CHORZÓW	POL	K30	40	K 70		02:10:05	03:36:50	05:41:13	06:45:45.95	06:46:26.75	9:19	6.4
338	KACZMAREK KATARZYNA	1304	#ADAMCZERWINSKITEAM	SUŁKÓW	POL	K40	21	K 71		02:21:20	03:47:49	05:45:12	06:46:55.60	06:47:06.05	9:21	6.4
339	SZYMANEK ANNA	1496	NAPRZÓD MŁOCINY	WARSZAWA	POL	K40	22	K 72		02:15:17	03:53:47	05:47:46	06:47:12.50	06:47:25.25	9:21	6.4
340	GAWĘŁ PIOTR	1231		ŁOMIANKI	POL	M40	119	M 268		02:16:17	03:40:47	05:39:25	06:46:23.40	06:47:25.65	9:20	6.4
341	KWIATKOWSKI MICHAŁ	1520	ŚWIŃSKIE CYCE	WARSZAWA	POL	M30	108	M 269		02:12:11	03:35:14	05:37:31	06:46:42.75	06:47:48.60	9:20	6.4
342	SOKOŁOWSKI KRZYSZTOF	1234	TEAM KRASUS / BSB	BIAŁYSTOK	POL	M40	120	M 270		02:14:53	03:39:40	05:39:47	06:48:10.15	06:48:32.50	9:22	6.4
343	WASIEWICZ JOLANTA	1576		WARSZAWA	POL	K30	41	K 73		02:22:10	03:48:24	05:41:20	06:49:10.15	06:49:17.85	9:24	6.4
344	SIUDY PRZEMYSŁAW	1285		SOSNOWIEC	POL	M40	121	M 271		02:15:08	03:40:00	05:44:52	06:48:33.70	06:49:22.20	9:23	6.4
345	PRĘGOWSKI MICHAŁ	1463	STARE BABICE BIEGAJĄ / VEGE RUNNERS	KLAUDYN	POL	M40	122	M 272		02:09:16	03:42:20	05:42:09	06:49:49.75	06:50:09.40	9:25	6.4
346	FRANUSIAK MAREK	1540		CZESTOCHOWA	POL	M30	109	M 273		02:16:03	03:35:07	05:42:09	06:49:40.75	06:50:09.55	9:25	6.4
347	ZBOROWSKI KAZIMIERZ	1473	VEGE RUNNERS	KRYNICA-ZDRÓJ	POL	M50	18	M 274		02:22:10	03:53:07	05:47:44	06:49:40.40	06:50:11.20	9:25	6.4
348	FRAŃSKI ŁUKASZ	1624	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	M40	123	M 275		02:11:22	03:42:41	05:48:00	06:50:10.25	06:50:50.05	9:25	6.4
349	KORDOWICZ ŁUKASZ	2329	BUT BIŁGORAJ ULTRA TRAIL	BIŁGORAJ	POL	M40	124	M 276		02:15:11	03:41:25	05:46:55	06:50:25.00	06:50:55.75	9:26	6.4
350	PERENC MICHAŁ	1321	CARPATHIAN RUNNERS	RZESZÓW	POL	M30	110	M 277		02:14:07	03:41:16	05:45:41	06:51:42.65	06:51:58.20	9:27	6.3
351	LASOTA ARKADIUSZ	1257		SOSNOWIEC	POL	M50	19	M 278		02:15:47	03:45:14	05:48:02	06:51:33.25	06:52:02.25	9:27	6.3
352	ODOLCZYK JOANNA	1907		WARSZAWA	POL	K50	3	K 74		02:22:35	03:48:24	05:47:51	06:51:16.90	06:52:10.25	9:27	6.3
353	DĄBROWSKI ŁUKASZ	1510	SPORTOWE ŻULE	WARSZAWA	POL	M40	125	M 279		02:15:55	03:41:01	05:46:26	06:51:28.60	06:52:16.85	9:27	6.3
354	KACZMAREK ŁUKASZ	1781	IWWT ŁUKASZ KACZMAREK	CZARNOCIN	POL	M30	111	M 280		02:12:27	03:36:57	05:46:28	06:53:34.90	06:53:59.90	9:30	6.3
355	GÓRNICKI TOMASZ	1630	X@X	WARSZAWA	POL	M40	126	M 281		02:19:01	03:44:42	05:49:22	06:54:10.50	06:54:28.10	9:31	6.3
356	JĘDRUŚ JAKUB	1480	CHSBD W RUCHU""	KATOWICE	POL	M30	112	M 282		02:17:47	03:44:58	05:42:41	06:54:53.70	06:54:59.85	9:32	6.3
357	JAKUBISIAK RENATA	1752	BIEGAM NA TARCHOMINIE (BIAŁOLEKA)	WARSZAWA	POL	K40	23	K 75		02:04:11	03:39:29	05:50:02	06:55:02.65	06:55:09.90	9:32	6.3
358	ŻUROWSKI ŁUKASZ	1601	BBKS ŁAWECZKA WILANÓW	WARSZAWA	POL	M40	127	M 283		02:17:05	03:46:57	05:49:25	06:54:35.40	06:55:20.00	9:31	6.3
359	BUSZEK TOMASZ	1371		DEBICA	POL	M30	113	M 284		02:32:50	04:07:20	05:54:01	06:54:41.90	06:55:25.05	9:31	6.3
360	WAWRZYŃIAK IŁONA	1680		WARSZAWA	POL	K30	42	K 76		02:18:08	03:51:29	05:52:01	06:55:16.55	06:55:25.60	9:32	6.3
361	TOMKIEWICZ PRZEMYSŁAW	1353		WARSZAWA	POL	M50	20	M 285		02:12:33	03:41:38	05:46:19	06:55:22.00	06:55:31.60	9:32	6.3
362	KRAWCZYK WOJCIECH	1855	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	WARSZAWA	POL	M50	21	M 286		02:09:47	03:41:47	05:53:25	06:55:33.90	06:55:40.45	9:33	6.3
363	CHRAMEGA DAREK	1882		TARNÓW	POL	M40	128	M 287		02:24:48	03:58:02	05:52:27	06:54:56.35	06:55:45.50	9:32	6.3
364	WILMAN ANDRZEJ	1650		ŁÓDŹ	POL	M30	114	M 288		02:20:18	03:50:39	05:52:48	06:54:49.15	06:55:49.95	9:32	6.3
365	KUŁAKOWSKA MONIKA	1474	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	K30	43	K 77		02:20:28	03:53:49	05:57:37	06:55:53.15	06:56:29.20	9:33	6.3
366	PITERA PAWEŁ	1608		WARSZAWA	POL	M30	115	M 289		02:25:44	04:03:38	05:54:58	06:56:06.65	06:56:39.75	9:33	6.3
367	ZABORSKA-KONKOLEWSKA AGNIESZKA	1806	BROWAR FORTUNA	NIEZDROWICE	POL	K40	24	K 78		02:14:31	03:47:21	05:51:40	06:56:09.65	06:56:51.40	9:34	6.3
368	OCHREMIAK JĘDRZEJ	1418	MOKOBIEGACZE	WARSZAWA	POL	M30	116	M 290		02:09:29	03:38:29	05:50:00	06:57:23.95	06:57:48.00	9:35	6.3
369	ŻAK KRZYSZTOF	1779	KLUB BIEGACZA AZS UEK	KRAKÓW	POL	M40	129	M 291		02:18:50	03:47:16	05:48:08	06:57:25.35	06:58:00.35	9:35	6.3
370	MLAK DARIUSZ	1715		TARNOWSKIE GORY	POL	M40	130	M 292		02:08:41	03:41:15	05:51:28	06:57:32.30	06:58:15.15	9:35	6.3
371	WOJEWODA MICHAŁ	1809	KAZIKI	WARSZAWA	POL	M40	131	M 293		02:22:21	03:54:30	05:53:41	06:59:28.95	06:59:42.15	9:38	6.2
372	KNAPIŃSKA MONIKA	1405		PIŁA	POL	K30	44	K 79		02:16:31	03:51:55	05:51:58	06:59:38.70	07:00:05.65	9:38	6.2
373	BUGAŁA ROBERT	1493	SOLID HOUSE	LUBLIN	POL	M50	22	M 294		02:17:42	03:50:35	05:56:05	06:59:43.95	07:00:10.20	9:38	6.2

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
374	CHOMA MAREK	1568	PĘDZACE LENIWCE	REPKI	POL	M40	132	M 295		02:13:55	03:41:11	05:50:11	07:00:23.60	07:01:15.40	9:39	6.2
375	HOLIK IWONA	1557		BIECZ	POL	K40	25	K 80		02:23:21	03:56:13	05:57:11	07:01:27.20	07:01:55.15	9:41	6.2
376	ARTUR BORYCKI ARTUR	1420		DĄBROWA TARNOWSKA	POL	M40	133	M 296		02:17:20	03:44:26	05:53:30	07:01:25.90	07:01:57.75	9:41	6.2
377	DYŁĄG KATARZYNA	1773	GGB	BIECZ	POL	K40	26	K 81		02:23:25	03:56:18	05:57:31	07:01:41.60	07:02:08.45	9:41	6.2
378	CISZEWSKI KRZYSZTOF	1622		SOŚNICOWICE	POL	M30	117	M 297		02:19:24	03:47:15	05:54:34	07:01:33.75	07:02:12.35	9:41	6.2
379	ZAWISZA ŁUKASZ	1451		IWONICZ	POL	M30	118	M 298		02:18:32	03:49:14	05:57:25	07:02:12.25	07:02:19.15	9:42	6.2
380	ROŻYK MAGDALENA	1823	BIEGAMYRAZEM.PL	GDYNIA	POL	K40	27	K 82		02:36:25	04:11:14	06:00:56	07:02:13.70	07:02:40.85	9:42	6.2
381	WÓJCICKI MARCIN	1387	ŁĘCZNA BIEGA / SOLET RUNNING TEAM	ŁĘCZNA	POL	M40	134	M 299		02:09:41	03:43:40	05:55:30	07:02:26.80	07:02:51.80	9:42	6.2
382	MOSOŃ KAMIL	1454		TARGOWISKA	POL	M20	24	M 300		02:20:02	03:47:29	05:52:43	07:02:33.40	07:02:53.95	9:42	6.2
383	KOZON KRZYSZTOF	1728		WARSZAWA	POL	M40	135	M 301		02:18:00	03:54:03	05:57:32	07:02:35.90	07:02:59.20	9:42	6.2
384	WAŚKO RAFAŁ	1554		KRAKÓW	POL	M30	119	M 302		02:28:22	03:56:14	05:59:17	07:02:26.20	07:03:06.60	9:42	6.2
385	STRADOMSKI ROMAN	1551	TRI MAMA	GDAŃSK	POL	M50	23	M 303		02:23:13	03:53:22	05:55:30	07:02:12.00	07:03:11.25	9:42	6.2
386	BORKOWSKI ANDRZEJ	1639		ORZESZE	POL	M50	24	M 304		02:10:14	03:49:55	06:01:39	07:03:09.75	07:03:14.40	9:43	6.2
387	RELUGA MAGDALENA	1358		WARSZAWA	POL	K20	9	K 83		02:28:15	04:01:49	05:57:58	07:03:01.20	07:03:21.15	9:43	6.2
388	CZECH MICHAŁ	1556		SIEMIANOWICE ŚLĄSKIE	POL	M40	136	M 305		02:16:44	03:48:24	05:53:17	07:03:30.70	07:03:45.00	9:44	6.2
389	GAŁECKI PIOTR	1339		WARSZAWA	POL	M40	137	M 306		02:22:48	03:52:55	06:01:23	07:03:24.00	07:03:54.45	9:44	6.2
390	PASIEKA AGNIESZKA	1732		KROSNO	POL	K40	28	K 84		02:23:58	03:56:38	05:58:25	07:04:01.30	07:04:25.10	9:44	6.2
391	WITUSIK DOROTA	1457		JASŁO	POL	K40	29	K 85		02:23:57	03:56:40	05:58:24	07:04:00.50	07:04:25.35	9:44	6.2
392	RAKOWSKI MATEUSZ	1403		GLIWICE	POL	M30	120	M 307		02:08:20	03:33:59	05:41:04	07:03:42.45	07:04:34.05	9:44	6.2
393	RZYSZKIEWICZ TOMASZ	1620	PĘDZĄCE LENIWCE	SOKOŁÓW PODLASKI	POL	M40	138	M 308		02:13:55	03:42:02	05:50:09	07:04:27.30	07:05:19.45	9:45	6.1
394	DREWNIK ROBERT	1593	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M30	121	M 309		02:18:44	03:50:12	05:55:40	07:06:03.65	07:07:03.70	9:47	6.1
395	NOWAK KAROL	1594		KIELCE	POL	M40	139	M 310		02:25:25	03:59:03	06:00:18	07:06:17.55	07:07:13.65	9:47	6.1
396	KĘDZIORA ALEKSANDRA	1449	GT RAT	WROCŁAW	POL	K40	30	K 86		02:28:35	04:00:37	06:00:21	07:06:42.00	07:07:14.45	9:48	6.1
397	SZCZYGIELSKI TOMASZ	1414	BIEGUSIEM.PL	RYKI	POL	M40	140	M 311		02:17:19	03:56:39	06:07:07	07:08:39.30	07:08:47.45	9:51	6.1
398	CHARKOT SŁAWOMIR	1674	BIEGUSIEM.PL	KRASNYSTAW	POL	M40	141	M 312		02:17:16	03:56:35	06:07:03	07:08:35.65	07:08:47.60	9:51	6.1
399	SZMYTKOWSKI KRZYSZTOF	1282	MIA SAN MIA	LEGIONOWO	POL	M50	25	M 313		02:16:10	03:46:33	05:59:28	07:08:21.05	07:09:11.45	9:50	6.1
400	MICHALSKI DAMIAN	1693	ALIOR RUNNING TEAM	WARSZAWA	POL	M40	142	M 314		02:17:02	04:00:24	06:02:12	07:09:14.65	07:09:23.85	9:52	6.1
401	OLCZYK ANDRZEJ	1313		PRZEDBÓRZ	POL	M50	26	M 315		02:22:21	03:54:29	05:59:41	07:09:16.35	07:09:35.65	9:52	6.1
402	REDA SŁAWOMIR	1876	TEAM ZABIEGANEDNI	WARSZAWA	POL	M60	2	M 316		02:22:08	03:52:55	06:00:07	07:08:54.15	07:09:43.45	9:51	6.1
403	SZELAĞIEWICZ AREK	1462		SZCZECIN	POL	M40	143	M 317		02:23:10	03:53:24	05:58:47	07:09:21.80	07:09:59.15	9:52	6.1
404	KOPYRA TOMASZ	1429	#BIEGAMWOLNOALEDOKŁ ADNIE	OBORNIKI SLASKIE	POL	M40	144	M 318		02:25:25	03:58:25	05:59:36	07:09:09.85	07:10:09.30	9:51	6.1
405	KOZIELEC TOMASZ	1305	PĘDZĄCE MISIE	GLIWICE/KLESZCZÓ W	POL	M40	145	M 319		02:23:02	03:57:41	06:01:44	07:09:16.35	07:10:11.20	9:52	6.1
406	PISZCZ MAREK	1359	OPEL ACTIVE TEAM	GLIWICE	POL	M40	145	M 319		02:22:55	03:57:39	06:01:44	07:09:16.40	07:10:11.20	9:52	6.1
407	PUDEŁKO DARIUSZ	1886	OPEL ACTIV TEAM	GLIWICE	POL	M50	27	M 321		02:15:08	03:48:33	06:04:30	07:09:39.95	07:10:13.10	9:52	6.1
408	KISIEL KRZYSZTOF	2283		KWIDZYN	POL	M40	147	M 322		02:25:53	04:02:37	06:07:08	07:10:14.70	07:10:41.35	9:53	6.1
409	GRAU JOANNA	2134	KWIDZYN BIEGA	KWIDZYN	POL	K40	31	K 87		02:26:54	04:02:51	06:07:11	07:10:17.25	07:10:41.45	9:53	6.1
410	OBŁUDKA ADAM	1610	BEERSPIRIT	ZĄBKI	POL	M40	148	M 323		02:28:31	04:01:09	06:05:26	07:10:50.30	07:11:20.00	9:54	6.1
411	MAJDA MACIEJ	1839	BRYGADA BESKIDÓW	NOWY SĄCZ	POL	M30	122	M 324		02:17:26	03:51:44	05:57:00	07:11:00.60	07:11:23.65	9:54	6.1
412	KOWALSKI SZYMON	1688	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40	149	M 325		02:18:39	04:00:50	06:02:12	07:11:54.00	07:12:03.90	9:55	6
413	DUDEK MACIEJ	1428		PIASECZNO	POL	M30	123	M 326		02:16:03	03:51:14	06:03:52	07:12:17.70	07:12:17.70	9:56	6
414	OGŁUSZKA ELŻBIETA	1857	SAFEPRO USŁUGI BHP	RZESZÓW	POL	K30	45	K 88		02:18:39	03:57:40	06:02:25	07:12:19.15	07:12:28.85	9:56	6
415	CIEKIEWICZ TOMASZ	1874		CIESZANÓW	POL	M30	124	M 327		02:16:44	03:49:39	06:00:38	07:12:07.25	07:12:32.05	9:56	6
416	LUBINA CEZARY	1875		BIELANY WROCŁAWSKIE	POL	M30	125	M 328		02:23:41	03:55:03	06:04:01	07:13:09.05	07:13:09.05	9:57	6
417	WÓJCIO HUBERT	1807	ULTRASZSZZCZAWNICY	SZCZAWNICA	POL	M40	150	M 329		02:23:52	03:54:15	06:04:46	07:12:21.05	07:13:13.60	9:56	6
418	MACIEJEWSKI ŁUKASZ	1590		KALISZ	POL	M30	126	M 330		02:23:24	03:54:20	06:00:00	07:12:31.30	07:13:21.10	9:56	6
419	MILARSKI ANDRZEJ	1385	SKAWINA BIEGA	SKAWINA	POL	M50	28	M 331		02:23:43	03:56:31	06:06:22	07:13:06.30	07:13:42.20	9:57	6
420	OLESIAK ARKADIUSZ	1830	BIEGAM NA TARCHOMINIE / PKO BP	WARSZAWA	POL	M50	29	M 332		02:24:20	04:01:24	06:03:27	07:13:55.30	07:14:01.90	9:58	6
421	MALEC DAWID	1503	MUAY RUNNING TEAM	KRAKÓW	POL	M30	127	M 333		02:10:37	03:39:27	05:58:17	07:14:01.75	07:14:39.70	9:58	6

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
422	CYGAN LUKASZ	1270	KLUB SPORTOWY HAJIME	KRAKOW	POL	M30	128	M 334		02:23:42	03:57:22	06:07:34	07:14:55.45	07:15:55.75	9:59	6
423	JACHYMEK ROBERT	1695	TEAM ZABIEGANEDNI	WARSZAWA	POL	M40	151	M 335		02:19:09	03:47:21	06:01:03	07:16:09.55	07:16:31.60	10:01	6
424	GRABARCZYK ILONA	1365	UKS FILIPIDES TERESIN	WARSZAWA	POL	K40	32	K 89	TAK	02:23:26	03:49:58	05:59:42	07:15:41.50	07:16:31.60	10:00	6
425	WOJEWÓDZKA ANNA	2247	WOJEWÓDZCY TEAM	WARSZAWA	POL	K30	46	K 90		02:21:28	04:00:58	06:09:05	07:16:20.10	07:17:02.35	10:01	6
426	KAMIŃSKA SYLWIA	1764		ŻYRARDÓW	POL	K30	47	K 91		02:22:32	03:54:10	06:12:01	07:17:10.20	07:17:28.65	10:02	6
427	JĘDRZEJCZAK ANNA	1539	KB MCKIS JAWORZNO	JAWORZNO	POL	K50	4	K 92		02:26:35	04:00:18	06:08:39	07:17:18.25	07:17:29.05	10:03	6
428	BIENIAS PIOTR	1877		WARSZAWA	POL	M50	30	M 336		02:24:20	03:58:23	06:07:50	07:17:21.95	07:18:26.35	10:03	6
429	TOKARSKA BOŻENA	1853	#ADAMCZERWIŃSKITEAM	ZABAWA	POL	K40	33	K 93		02:32:35	04:05:49	06:12:06	07:18:15.85	07:18:27.65	10:04	6
430	RAFA JOANNA	1756		OPOLE	POL	K40	34	K 94		02:25:58	04:01:04	06:06:34	07:17:34.35	07:18:30.20	10:03	6
431	SZNAJDER JAKUB	1348		RZESZÓW	POL	M40	152	M 337		02:25:16	04:01:32	06:09:09	07:17:34.85	07:18:31.15	10:03	6
432	COLAUTTI ENRICO	1373	BAD ORGANIZER TEAM	WARSZAWA	POL	M50	31	M 338		02:21:05	03:50:52	06:08:26	07:20:18.35	07:20:29.15	10:07	5.9
433	MACHTAŁOWICZ SZYMON	1499		ŁÓDŹ	POL	M30	129	M 339		02:21:27	03:54:43	06:17:54	07:20:24.60	07:20:35.85	10:07	5.9
434	PASTUSZKA MAREK	1411		ŁÓDŹ	POL	M30	130	M 340		02:31:54	04:06:20	06:12:52	07:20:13.50	07:20:45.15	10:07	5.9
435	OLCZYK JOANNA	1410		ŁÓDŹ	POL	K30	48	K 95		02:31:55	04:06:21	06:12:17	07:20:13.65	07:20:45.20	10:07	5.9
436	MUCHA MAREK	1818	APOSTLES OF STARS	KRAKÓW	POL	M30	131	M 341		02:24:05	03:57:08	06:03:33	07:20:01.95	07:20:58.60	10:06	5.9
437	BARTOSIAK ADRIANNA	1391		SWARZĘDZ	POL	K20	10	K 96		02:15:26	03:53:29	06:20:02	07:21:17.00	07:21:33.55	10:08	5.9
438	BEDNARZ KAROLINA	1758	RAKOŃ WARRIORS	KRAKÓW	POL	K30	49	K 97		02:27:05	04:04:03	06:14:07	07:20:31.55	07:21:35.05	10:07	5.9
439	MOTYKA MARCIN	1759	RAKOŃ WARRIORS	KRAKÓW	POL	M40	153	M 342		02:27:04	04:04:03	06:14:20	07:20:31.55	07:21:35.30	10:07	5.9
440	RUTKOWSKI MATEUSZ	1362	WAKACYJNA DEMOLKA	SKIERNIEWICE	POL	M30	132	M 343		02:22:02	04:00:47	06:12:55	07:21:37.10	07:21:54.15	10:09	5.9
441	MAZUREK ŁUKASZ	1802	ABM RUNNERS	ŁĘCZNA	POL	M30	133	M 344		02:21:20	03:59:20	06:10:22	07:22:09.80	07:23:01.35	10:09	5.9
442	STĘPIEŃ KRZYSZTOF	1250		WARSZAWA	POL	M40	154	M 345		02:28:01	04:02:24	06:12:57	07:23:13.55	07:23:37.95	10:11	5.9
443	NIEZNAJ BEATA	1434		MIELEC	POL	K30	50	K 98		02:26:02	04:03:06	06:15:59	07:23:33.45	07:23:45.80	10:11	5.9
444	KULA PIOTR	1303	PRZEBIEGŁY ANALITYK	WARSZAWA	POL	M40	155	M 346		02:16:43	03:48:22	06:11:32	07:22:50.45	07:24:25.60	10:10	5.9
445	WIKLIŃSKI JAROSŁAW	1821	CZYSTA AMATORKA	MARKI	POL	M40	156	M 347		02:19:28	03:49:52	06:00:19	07:25:10.85	07:26:04.00	10:14	5.9
446	JÓZEFczyk JUSTYNA	1445		POZNAŃ	POL	K40	35	K 99		02:28:56	04:12:14	06:18:06	07:26:24.85	07:26:59.30	10:15	5.8
447	DUTKOWIAK ALEKSANDRA	1350	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K40	35	K 99		02:28:59	04:12:03	06:18:04	07:26:27.35	07:26:59.30	10:15	5.8
448	WYPIJEWSKI IGOR	1535		SZCZECIN	POL	M40	157	M 348		02:24:19	04:02:29	06:10:13	07:26:24.35	07:27:11.30	10:15	5.8
449	TUROSZ ZBIGNIEW	1754		LEŻAJSK	POL	M60	3	M 349		02:20:47	03:58:12	06:11:58	07:27:00.05	07:27:30.35	10:16	5.8
450	TKACZ PRZEMYSŁAW	1378	PRZEMYSKI KLUB BIEGACZA	KRAKÓW	POL	M40	158	M 350		02:23:48	03:53:21	06:14:27	07:26:52.70	07:27:33.75	10:16	5.8
451	DYREK MARCIN	1364		MSZANA GÓRNA	POL	M30	134	M 351		02:28:10	04:05:05	06:14:28	07:27:57.05	07:28:08.70	10:17	5.8
452	OPALA KRZYSZTOF	1800	AUTISM FATHER	PIOTRKÓW TRYBUNALSKI	POL	M40	159	M 352		02:29:14	04:16:54	06:18:10	07:27:33.30	07:28:16.25	10:17	5.8
453	BUSK JAKUB	1571	NOEV SP. Z O.O.	WARSZAWA	POL	K30	51	K 101		02:25:37	04:01:31	06:12:32	07:28:42.05	07:29:26.50	10:18	5.8
454	GULA TOMEK	1767	GBY	WARSZAWA	POL	M30	135	M 353		02:31:34	04:06:15	06:18:15	07:29:03.55	07:29:39.50	10:19	5.8
455	PRĘDKI MIROSLAW	1534		JASŁO	POL	M40	160	M 354		02:35:37	04:18:18	06:22:44	07:28:51.80	07:30:01.90	10:19	5.8
456	LESZCZYŃSKI PAWEŁ	1663	LASY WAWERSKIE	WARSZAWA	POL	M60	4	M 355		02:23:50	03:56:32	06:06:02	07:29:10.70	07:30:19.25	10:19	5.8
457	SZYMAŃSKI CEZARY	1575		OTWOCK	POL	M30	136	M 356		02:26:29	04:00:00	06:11:47	07:30:02.05	07:31:00.90	10:20	5.8
458	NIEDZIAŁKOWSKI JAN	2586		POZNAŃ	POL	M30	137	M 357		02:15:24	03:53:41	06:31:19	07:30:50.95	07:31:06.65	10:21	5.8
459	SZCZODRZYŃSKA KASIA	1266		POZNAŃ	POL	K40	37	K 102		02:29:52	04:11:00	06:23:21	07:30:52.25	07:31:12.20	10:21	5.8
460	KRZAN TOMASZ	1542	PRZEWORSK KRZAN	PRZEWORSK	POL	M40	161	M 358		02:21:23	04:04:00	06:20:58	07:32:59.80	07:33:34.45	10:24	5.8
461	WOJDA DARIUSZ	1277	POLISH WINGS	JÓZEFÓW	POL	M40	162	M 359		02:25:45	04:04:09	06:24:36	07:33:03.20	07:33:35.20	10:24	5.8
462	JARUS ANDRZEJ	1357	POLISH WINGS	GALLSPACH	AUT	M40	163	M 360		02:21:24	04:03:36	06:22:12	07:33:01.60	07:33:35.60	10:24	5.8
463	DRABIK PAWEŁ	1814		PRZEWORSK	POL	M40	164	M 361		02:22:52	04:04:24	06:20:59	07:33:02.95	07:33:37.25	10:24	5.8
464	ZAWIŚLAK KAZIMIERZ	1607	POLISH WINGS	TOMASZÓW LUBELSKI	POL	M40	165	M 362		02:25:47	04:04:26	06:22:38	07:33:05.05	07:33:37.65	10:24	5.8
465	BŁOŃSKI PIOTR	1421	POLISH WINGS	SMOLEC	POL	M50	32	M 363		02:25:47	04:04:03	06:22:13	07:33:05.80	07:33:37.75	10:24	5.8
466	OSTASZEWSKI MARIUSZ	2277		WARSZAWA	POL	M40	166	M 364		02:22:12	04:01:53	06:18:30	07:33:25.45	07:33:52.70	10:25	5.8
467	PEĆIAK KATARZYNA	1469		KRAKÓW	POL	K30	52	K 103		02:26:57	04:01:53	06:18:35	07:34:14.55	07:34:26.70	10:26	5.7
468	PABIAŃCZYK MAŁGORZATA	1315		KRAKÓW	POL	K40	38	K 104		02:33:12	04:08:13	06:22:54	07:34:07.75	07:34:43.25	10:26	5.7
469	SKWIERCZYŃSKI SYLWESTER	1632		WARSZAWA	POL	M20	25	M 365		02:33:11	04:07:04	06:21:46	07:35:20.00	07:36:14.85	10:28	5.7
470	CERANEK PIOTR	1393	PAN	POZNAŃ	POL	M20	26	M 366		02:15:38	03:53:58	06:31:35	07:38:09.25	07:38:09.25	10:31	5.7
471	JAKÓBczyk SYLWIA	1386		LUBLIN	POL	K40	39	K 105		02:24:50	04:05:04	06:23:50	07:37:29.40	07:38:11.10	10:31	5.7
472	CHODUN MAREK	1344		LUBLIN	POL	M40	167	M 367		02:28:43	04:10:10	06:23:48	07:39:12.75	07:39:54.90	10:33	5.7
473	CHODUN AGNIESZKA	1345		LUBLIN	POL	K40	40	K 106		02:28:44	04:10:16	06:23:49	07:39:13.90	07:39:55.05	10:33	5.7
474	NIEZGODA MARTA	1710		SZCZAWNICA	POL	K20	11	K 107		02:34:18	04:10:36	06:29:17	07:40:00.45	07:40:08.95	10:34	5.7

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
475	KADZIDŁOWSKA ALEKSANDRA	1368		ŁÓDŹ	POL	K40	41	K 108		02:30:00	04:15:29	06:29:42	07:40:10.05	07:40:24.95	10:34	5.7
476	HÓLUJ ANDRZEJ	1657		KRAKÓW	POL	M50	33	M 368		02:20:19	04:03:04	06:24:47	07:39:52.00	07:40:55.10	10:34	5.7
477	SZTYLKO MICHAŁ	1548		WARSZAWA	POL	M40	168	M 369		02:21:54	04:02:30	06:30:09	07:40:40.00	07:41:05.40	10:35	5.7
478	IDZIKOWSKA-ŚLEDŹ MARTA	1290	NAPRZÓD MŁOCINY	WARSZAWA	POL	K40	42	K 109		02:17:38	03:57:32	06:30:58	07:42:45.60	07:42:58.50	10:38	5.6
479	GAWRYLUK-KORCZAK ELIZA	1430		JÓZEFOSŁAW	POL	K30	53	K 110		02:17:41	03:57:34	06:31:00	07:42:45.25	07:42:58.75	10:38	5.6
480	BARTEL ROBERT	1755	STARE BABICE BIEGAJĄ	LIPKÓW	POL	M40	169	M 370		02:22:11	04:02:32	06:36:51	07:43:12.45	07:43:34.10	10:38	5.6
481	NAWROT WALDEK	1424	J U V E R U N	KRAKÓW	POL	M40	170	M 371		02:23:04	04:05:26	06:26:02	07:44:07.30	07:44:46.05	10:40	5.6
482	STACHYRA BARTŁOMIEJ	1273		LUBLIN	POL	M20	27	M 372		02:24:15	04:01:26	06:33:49	07:44:28.55	07:45:26.70	10:40	5.6
483	KRAJEWSKI PRZEMYSŁAW	1692	12TRI.PL	WARSZAWA	POL	M40	171	M 373		02:36:47	04:18:55	06:37:38	07:45:01.50	07:45:35.20	10:41	5.6
484	BUGAJNY DAMIAN	1654	SUPERMARATON KALISZ	KALISZ	POL	M40	172	M 374		02:23:23	03:57:51	06:31:27	07:44:47.70	07:45:37.95	10:41	5.6
485	DRABIŃSKI ADRIAN	1609	BEERSPIRIT	WARSZAWA	POL	M40	173	M 375		02:28:32	04:01:09	06:24:42	07:45:18.25	07:45:47.65	10:41	5.6
486	STRZELECKI KRZYSZTOF	1555		WROCLAW	POL	M50	34	M 376		02:26:13	04:10:44	06:33:22	07:44:56.30	07:45:54.45	10:41	5.6
487	MOTYLEWSKI TOMASZ	1342	SKS	WARSZAWA	POL	M30	138	M 377		02:23:22	04:06:14	06:30:28	07:45:04.70	07:45:58.25	10:41	5.6
488	WINNICKA EDYTA	1294	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	WARSZAWA	POL	K30	54	K 111		02:36:33	04:14:53	06:29:55	07:46:33.45	07:47:29.90	10:43	5.6
489	DOROSZ ROBERT	1615	TEAM ZABIEGANEDNI	LIPOWO	POL	M40	174	M 378		02:24:18	04:10:17	06:35:32	07:47:32.65	07:47:52.40	10:44	5.6
490	SZYDŁOWSKA - DOROSZ PATRYCJA	1616	TEAM ZABIEGANEDNI	LIPOWO	POL	K40	43	K 112		02:24:17	04:10:22	06:35:37	07:47:31.15	07:47:52.70	10:44	5.6
491	LEWTAK MARCIN	1331	9-TKA RUMMING TEAM	ZBĘDOWICE	POL	M40	175	M 379		02:32:50	04:18:56	06:30:44	07:47:32.35	07:47:55.65	10:44	5.6
492	CIOSEK MAŁGORZATA	1243		WARSZAWA	POL	K40	44	K 113		02:37:00	04:19:34	06:32:59	07:47:08.90	07:47:56.25	10:44	5.6
493	STRAŻYC IWONA	1262	9-TKA RUNNING TEAM	PULAWY	POL	K30	55	K 114		02:32:49	04:18:58	06:30:43	07:47:42.30	07:48:06.95	10:45	5.6
494	KARASEK MARIUSZ	1310		LUBLIN	POL	M50	35	M 380		02:24:14	04:01:25	06:33:50	07:47:15.65	07:48:14.25	10:44	5.6
495	PLATEK DOMINIK	1675		WROCLAW	POL	M40	176	M 381		02:22:39	04:01:44	06:28:10	07:47:19.90	07:48:19.30	10:44	5.6
496	GARBACZ MAREK	1447	LEŚNE DZIADY	OŁAWA	POL	M50	36	M 382		02:26:14	04:10:43	06:33:22	07:47:45.30	07:48:43.15	10:45	5.6
497	LACHCİK IWONA	1580		TOMASZÓW MAZOWIECKI	POL	K30	56	K 115		02:33:58	04:18:29	06:35:23	07:49:50.35	07:50:30.90	10:48	5.6
498	WÓJCİK KAROLINA	1672		KRAKÓW	POL	K30	57	K 116		02:36:21	04:11:08	06:30:01	07:52:44.70	07:52:44.70	10:52	5.5
499	WRONA ANNA	1517	META NADARZYN	BRWINÓW	POL	K40	45	K 117		02:34:31	04:18:45	06:40:19	07:52:03.75	07:52:59.45	10:51	5.5
500	JOŃCZYK-ZIĘBA EWA	1489	MOGEBOCHCE Z METANADARZYN	NADARZYN	POL	K50	5	K 118		02:34:32	04:18:44	06:40:19	07:52:04.15	07:52:59.55	10:51	5.5
501	KILIAN MARIUSZ	1745	MOUNTKILLER	BIALYSTOK	POL	M50	37	M 383		02:22:42	04:03:12	06:35:43	07:53:28.55	07:53:45.80	10:53	5.5
502	BARTEK JAWORSKI	1793		PŁOCK	POL	M40	177	M 384		02:32:09	04:14:06	06:37:42	07:53:03.25	07:53:49.85	10:52	5.5
503	SURANSKY TOMAS	1792		MOHELNICE	CZE	M40	177	M 384		02:30:47	04:14:02	06:38:14	07:53:03.65	07:53:49.85	10:52	5.5
504	ZAK ROBERT	2130		MOHELNICE	CZE	M40	179	M 386		02:30:49	04:14:08	06:37:42	07:53:04.80	07:53:49.95	10:52	5.5
505	WITOWSKA ALEKSANDRA	1627	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	K30	58	K 119		02:37:45	04:20:16	06:35:09	07:53:14.45	07:54:02.40	10:52	5.5
506	MARCINIAK ANDRZEJ	1284	W KÓŁKO BIEGAMY	MŁAWA	POL	M40	180	M 387		02:29:01	04:15:34	06:55:16	07:54:11.30	07:54:51.10	10:54	5.5
507	WIERZBICKI MICHAŁ	1464	STOWARZYSZENIE MORSY SWARZĘDZ	SWARZĘDZ	POL	M40	181	M 388		02:41:43	04:24:59	06:45:43	07:54:52.45	07:55:43.85	10:54	5.5
508	BALCERZAK KRYSIA	1324	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	46	K 120		02:31:23	04:16:26	06:43:23	07:55:51.00	07:56:05.80	10:56	5.5
509	SOCIŃSKI ARTUR	1423	ARP RUN TEAM	WARSZAWA	POL	M40	182	M 389		02:32:28	04:14:47	06:39:58	07:56:24.55	07:56:50.35	10:57	5.5
510	KIERSZNIKIEWICZ ŁUKASZ	1435		WEJHEROWO	POL	M40	183	M 390		02:34:57	04:23:31	06:44:11	07:57:06.90	07:58:04.75	10:58	5.5
511	CIESZYŃSKI MARIUSZ	1377	BEAUTY-STUDIO LOĘBORK	LĘBORK	POL	M40	183	M 390		02:35:04	04:23:30	06:43:54	07:57:07.20	07:58:04.75	10:58	5.5
512	SZYMEROWSKI ŁUKASZ	1289		WEJHEROWO	POL	M40	185	M 392		02:35:00	04:23:07	06:43:55	07:57:07.40	07:58:04.95	10:58	5.5
513	MORAWSKA ANNA	1397		WARSZAWA	POL	K60	1	K 121		02:39:39	04:20:00	06:41:43	07:57:26.35	07:58:20.10	10:58	5.5
514	PTAK DOROTA	1667	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K50	6	K 122		02:37:21	04:15:56	06:44:25	07:58:08.45	07:58:43.05	10:59	5.5
515	DUPERAS ARKADIUSZ	1286		PIOTRKÓW TRYBUNALSKI	POL	M40	186	M 393		02:33:49	04:17:44	06:42:40	07:57:58.60	07:58:45.25	10:59	5.5
516	PROKOPCZUK ANNA	1838		RADZYŃ PODLASKI	POL	K40	47	K 123		02:34:10	04:16:13	06:48:38	07:58:23.25	07:59:03.65	10:59	5.5
517	ROMANOWSKA MONIKA	1836		RADZYŃ PODLASKI	POL	K30	59	K 123		02:34:09	04:16:18	06:48:37	07:58:24.45	07:59:03.65	10:59	5.5
518	DRAB MONIKA	1841		RADOM	POL	K40	48	K 125		02:34:13	04:16:24	06:48:43	07:58:25.45	07:59:03.75	10:59	5.5
519	KARPIŃSKI JAROSŁAW	1783		WYSZKÓW	POL	M30	139	M 394		02:20:28	04:05:44	06:39:10	07:58:47.75	07:59:28.55	11:00	5.5
520	SZTURC KLAUDIA	1500	KB MCKIS JAWORZNO	JAWORZNO	POL	K30	60	K 126		02:40:36	04:24:10	06:47:18	07:59:27.15	07:59:36.15	11:01	5.4
521	SYNOWIEC-JUDA AGATA	1467		JELENIA GÓRA	POL	K40	49	K 127		02:42:36	04:26:41	06:45:53	08:00:18.00	08:00:26.15	11:02	5.4
522	TURCZYŃSKA MONIKA	1579	12TRI.PL	WARSZAWA	POL	K40	50	K 128		02:37:23	04:19:13	06:37:40	07:59:56.30	08:00:31.30	11:01	5.4

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h
Polski																
523	LEWANDOWSKA MARTA	1573		KRAKÓW	POL	K30	61	K 129		02:38:33	04:27:25	06:52:01	08:00:15.30	08:00:52.15	11:02	5.4
524	HUBNER ILONA	1274		WARSZAWA	POL	K40	51	K 130		02:42:07	04:33:17	06:50:47	08:00:16.15	08:01:03.80	11:02	5.4
525	MICHALECKI ŁUKASZ	1614	NMG	KATOWICE	POL	M40	187	M 395		02:26:31	04:01:46	06:36:08	08:00:46.85	08:01:23.35	11:03	5.4
526	CZERWIŃSKI KRZYSZTOF	1566	POLKRYŚ TEAM	OSNO	POL	M20	28	M 396		02:35:45	04:24:42	06:34:37	08:02:16.10	08:02:35.45	11:05	5.4
527	TATUŚKO TOMASZ	1508		KRAKÓW	POL	M50	38	M 397		02:36:33	04:18:14	06:40:02	08:04:37.55	08:05:27.45	11:08	5.4
528	KLIMASZYK ŁUKASZ	1729		POZNAŃ	POL	M20	29	M 398		02:33:27	04:18:08	06:40:49	08:04:47.75	08:05:35.50	11:08	5.4
529	DY CZKOWSKI ADADM	1408		WARSZAWA	POL	M20	30	M 399		02:39:37	04:19:19	06:47:01	08:05:45.35	08:06:35.30	11:10	5.4
530	DY CZKOWSKI ANDRZEJ	1236	TYGRYSKI KUBUSIA PUCHATKA	WARSZAWA	POL	M60	5	M 400		02:39:44	04:19:40	06:47:06	08:05:46.60	08:06:35.60	11:10	5.4
531	NAWROT MAGDALENA	1422	J U V E R U N	KRAKÓW	POL	K40	52	K 131		02:48:05	04:27:19	06:50:14	08:06:25.10	08:07:03.25	11:10	5.4
532	TOMANEK RENATA	1426		STARACHOWICE	POL	K40	53	K 132		02:46:49	04:33:17	06:50:21	08:06:42.15	08:07:19.65	11:11	5.4
533	WŁODARCZYK JAN	1431	AKTYWNI KOCIEWIACY	SKORCZ	POL	M60	6	M 401		02:42:08	04:26:16	06:49:45	08:06:54.50	08:07:50.05	11:11	5.4
534	MZYK FABIAN	1649	STS BIEGATON	ORZESZE	POL	M40	188	M 402		02:37:21	04:23:56	06:45:16	08:08:15.80	08:08:22.95	11:13	5.3
535	TOMASZEWSKI ADRIAN	1746		PODDEBICE	POL	M30	140	M 403		02:33:39	04:22:53	06:47:49	08:08:28.65	08:09:05.45	11:13	5.3
536	SOWIŃSKI ZBIGNIEW	1513	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	M60	7	M 404		02:42:21	04:29:49	06:50:45	08:10:00.50	08:10:56.50	11:15	5.3
537	HUNIA KONRAD	1298		DĘBICA	POL	M30	141	M 405		02:32:48	04:17:32	06:45:22	08:11:10.90	08:11:55.00	11:17	5.3
538	WRÓBEL-GŁOWACKA HONORATA	1606	ACTIVE JURA	KROCZYCE	POL	K40	54	K 133		02:43:39	04:39:04	06:59:35	08:11:18.80	08:12:13.05	11:17	5.3
539	GŁOWACKI MARIUSZ	2230	ACTIVE JURA	KROCZYCE	POL	M40	189	M 406		02:43:40	04:39:06	06:59:34	08:11:19.10	08:12:13.05	11:17	5.3
540	KUJAWA AGATA	1699		BARCZYGLÓW	POL	K30	62	K 134		02:31:56	04:26:42	06:58:01	08:11:43.60	08:12:15.95	11:18	5.3
541	ŚWIĘTONIOWSKA JUSTYNA	1563	PODIUM	RZESZÓW	POL	K40	55	K 135		02:46:15	04:36:34	06:58:21	08:11:28.85	08:12:16.10	11:17	5.3
542	FOTYGA AGNIESZKA	1369	OSTROBIEC	OSTROWIEC ŚW.	POL	K50	7	K 136		02:28:53	04:19:57	06:49:51	08:11:43.90	08:12:48.25	11:18	5.3
543	PIECUCH MAŁGORZATA	1269		PRZEWORSK	POL	K60	2	K 137		02:45:57	04:36:07	06:58:18	08:12:20.35	08:12:49.15	11:19	5.3
544	RATAJCZAK KRZYSZTOF	1741		INOWROCLAW	POL	M40	190	M 407		02:21:48	04:09:48	06:41:31	08:12:15.50	08:12:50.10	11:18	5.3
545	TUREK PAWEŁ	1419	PRINCES	NOWA IWICZNA	POL	M50	39	M 408		02:42:58	04:32:10	06:56:54	08:13:45.85	08:14:33.75	11:21	5.3
546	SOKULSKI MARCIN	1334	KASZANKI	WARSZAWA	POL	M40	191	M 409		02:35:17	04:25:37	06:53:57	08:14:41.40	08:15:07.75	11:22	5.3
547	PASTUSZAK EWA	1512	ŁĘCZNA BIEGA	ŁĘCZNA	POL	K40	56	K 138		02:23:45	04:16:02	06:57:19	08:15:36.65	08:15:58.70	11:23	5.3
548	PASTUSZAK TOMASZ	1481	ŁĘCZNA BIEGA	ŁĘCZNA	POL	M40	192	M 410		02:23:41	04:15:58	06:57:14	08:15:32.75	08:15:58.80	11:23	5.3
549	NOWAK KATARZYNA	1697	KB WARTKO	GOLINA	POL	K40	57	K 139		02:32:02	04:27:09	06:57:59	08:16:45.45	08:17:18.55	11:25	5.3
550	RUSEK JAROSŁAW	1569		MOGILANY	POL	M40	193	M 411		02:32:23	04:15:57	06:46:30	08:09:53.95	08:17:37.10	11:15	5.3
551	RUBASZKO MICHAŁ	1625		WARSZAWA	POL	M40	193	M 411		02:32:50	04:16:24	06:46:57	08:10:21.10	08:17:37.10	11:16	5.3
552	WAGNER GRZEGORZ	1652		RUDA ŚLĄSKA	POL	M30	142	M 413		02:23:34	03:59:58	06:32:47	08:17:27.35	08:18:06.25	11:26	5.2
553	NARTOWSKI JAN	1406	MORT!	JÓZEFOSŁAW	POL	M60	8	M 414		02:33:40	04:21:07	06:55:03	08:18:02.95	08:18:52.40	11:26	5.2
554	WIEDRO MAŁGORZATA	1861	WKURW-TEAM/BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	ZAGNAŃSK	POL	K40	58	K 140		02:45:08	04:35:16	07:05:54	08:20:19.95	08:20:33.90	11:30	5.2
555	JAGODZIŃSKA PAULINA	1409	ZABIEGANI MIELEC/WKURW_TEAM	MIELEC	POL	K40	59	K 141		02:42:31	04:36:59	07:05:54	08:23:15.75	08:23:37.35	11:34	5.2
556	SKRZYPEK ROBERT	1553	BIEGNIJ Z PROSERVICE	PIASECZNO	POL	M50	40	M 415		02:31:12	04:22:14	07:03:22	08:22:52.55	08:23:47.10	11:33	5.2
557	KOZIEŁ TADEUSZ	1319	SZCZĘŚCIARZ BIEGA	RZESZÓW	POL	M30	143	M 416		02:40:21	04:35:44	07:07:14	08:23:40.70	08:24:26.15	11:34	5.2
558	ZASŁONKA PAWEŁ	1338		WARSZAWA	POL	M30	144	M 417		02:40:22	04:36:49	07:07:14	08:23:40.10	08:24:26.40	11:34	5.2
559	CZERWIEC ARTUR	1885	VEGERUNERS	RADOM	POL	M40	195	M 418		02:41:31	04:27:40	07:02:07	08:25:04.70	08:25:37.15	11:36	5.2
560	JUDA JAROSŁAW	1306		TORUŃ	POL	M50	41	M 419		02:50:40	04:37:39	07:08:34	08:25:29.10	08:27:14.35	11:37	5.2
561	FORYS ADAM	1261	PATO BIEGI	SOCHACZEW	POL	M20	31	M 420		02:36:47	04:28:55	07:07:36	08:27:11.15	08:27:30.30	11:39	5.1
562	DŁUGOŁĘCKA OLGA	1260		WARSZAWA	POL	K20	12	K 142		02:36:49	04:28:55	07:07:36	08:27:11.50	08:27:30.40	11:39	5.1
563	ŁASKAWSKA JUSTYNA	1880		WARSZAWA	POL	K40	60	K 143		02:50:44	04:40:49	07:10:28	08:26:45.15	08:27:52.50	11:38	5.2
564	FURMAN AGNIESZKA	1392	OCHAJORUN & FRIENDS	KRAKÓW	POL	K30	63	K 144		02:39:53	04:32:38	07:05:04	08:27:33.70	08:28:13.05	11:40	5.1
565	ŻOŁYŃIAK SZYMON	1873		SIERADZ	POL	M40	196	M 421		02:50:43	04:40:50	07:10:30	08:27:09.60	08:28:16.90	11:39	5.1
566	DROZD KRYSZTYAN	1810		JOZEFOW	POL	M40	197	M 422		02:48:53	04:36:07	07:10:37	08:28:54.25	08:29:56.35	11:41	5.1
567	KOSMAŁA BARTOSZ	1453	KOSMAŁA TEAM	KRAKÓW	POL	M40	198	M 423		02:38:39	04:29:16	07:09:46	08:31:35.00	08:32:32.15	11:45	5.1
568	NAWROT AGNIESZKA	1389	ROZBIEGANY SULEJÓWEK	SULEJÓWEK	POL	K40	61	K 145		02:29:01	04:15:33	07:09:06	08:32:09.95	08:32:49.15	11:46	5.1
569	KOŁACZEK SYLWIA	1602		WROCLAW	POL	K40	62	K 146		02:48:45	04:35:23	07:09:36	08:32:17.00	08:32:51.30	11:46	5.1
570	TOKARZEWSKI DARIUSZ	1586		OTWOCK	POL	M50	42	M 424		02:49:03	04:37:31	07:15:15	08:32:02.85	08:33:09.45	11:46	5.1
571	KOWALCZYK KATARZYNA	1442	DROGA DO ULTRA	ŁÓDŹ	POL	K40	63	K 147		02:48:49	04:35:08	07:09:18	08:34:17.20	08:35:11.10	11:49	5.1
572	PRZEWŁOKA WOJCIECH	1828	SAINT-GOBAIN SQUAD	KOLBARK	POL	M40	199	M 425		02:32:21	04:22:06	07:05:24	08:34:46.70	08:35:40.25	11:50	5.1
573	KOWALSKI ANDRZEJ	1529		WARSZAWA	POL	M40	200	M 426		02:53:56	04:42:41	07:10:56	08:35:07.25	08:35:59.60	11:50	5.1

WIELKA PREHYBA - 43 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Mistrzostwa	14.4km	24.3km	35.7km	Netto	Brutto	min/km	km/h	
Polski																	
574	MODELSKA MAŁGORZATA	1798	AZS AWF MASTERS	KRAKOW	POL	K30	64	K 148		02:54:18	04:42:21	07:16:11	08:35:57.70	08:36:15.30	11:51	5.1	
575	PIOTROWSKA KAMILA	1452		WROCLAW	POL	K30	65	K 149		02:42:11	04:39:42	07:17:44	08:35:47.00	08:36:21.60	11:51	5.1	
576	JEZIERSKA KARINA	1578	12TRI.PL/TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	64	K 150		02:58:22	04:53:17	07:20:10	08:36:53.65	08:37:29.60	11:52	5	
577	JUREK MAGDALENA	1611		MIERZYN	POL	K50	8	K 151		02:50:50	04:48:46	07:21:27	08:36:31.20	08:37:33.60	11:52	5.1	
578	PUCHAŁA MARIUSZ	1259	NAPRZÓD MŁOCINY	WARSZAWA	POL	M40	201	M 427		02:38:12	04:32:59	07:12:25	08:38:03.35	08:38:16.85	11:54	5	
579	BOGDAŁ EWELINA	1278		KRAKÓW	POL	K30	66	K 152		02:47:27	04:41:16	07:17:25	08:40:03.60	08:40:22.05	11:57	5	
580	RUTKOWSKI JANUSZ	1564	LESZNO TEAM	LESZNO	POL	M50	43	M 428		02:46:10	04:37:35	07:21:41	08:41:28.40	08:42:18.45	11:59	5	
581	KOBIERSKI RADOSŁAW	2113		HALINÓW	POL	M50	44	M 429		02:37:34	04:29:40	07:14:27	08:42:43.70	08:43:23.65	12:00	5	
582	TOKARSKI RAFAŁ	1854		KRAKÓW	POL	M40	202	M 430		02:45:25	04:36:43	07:18:16	08:43:32.75	08:43:45.05	12:02	5	
583	BRZOZOWSKI ANDRZEJ	1297	WKZ	ZAMOŚĆ	POL	M60	9	M 431		02:49:44	04:52:36	07:19:46	08:43:30.90	08:44:19.35	12:02	5	
584	TARNOWSKI MAREK	1824	CITYZEN ATHLETICS	ZAKOPANE	POL	M50	45	M 432		02:49:10	04:50:13	07:19:31	08:44:49.15	08:45:14.25	12:03	5	
585	MILCARZ ANDRZEJ	1465	FESTINA LENTE	MŁOSZYCE	POL	M60	10	M 433		02:24:57	04:31:46	07:22:07	08:46:53.85	08:48:05.15	12:06	5	
586	FRYŚ-RZEZAK JUSTYNA	1787	WYBIEGAJ SIEBIE	WUELISZEW	POL	K40	65	K 153		02:52:10	04:50:05	07:30:22	08:48:14.55	08:48:35.30	12:08	4.9	
587	SZCZAPA KAROL	1691	12TRI	WARSZAWA	POL	M30	145	M 434		02:58:22	04:58:54	07:27:16	08:50:20.70	08:50:56.75	12:11	4.9	
588	PAZDERSKA-KIPIEL AGNIESZKA	1765	LACHO TEAM/EVIL TEAM	OSIECZANY	POL	K30	67	K 154		03:02:52	05:01:25	07:26:43	08:50:52.15	08:51:37.45	12:12	4.9	
589	CHRÓŚCIAK PAWEŁ	1366		WARSZAWA	POL	M40	203	M 435		02:58:53	05:01:12	07:30:00	08:51:58.90	08:51:58.90	12:13	4.9	
590	DUNAJ DOMINIKA	1843	DOMINIKA DUNAJ	JELEŃ GÓRA	POL	K30	68	K 155		02:51:47	04:49:07	07:27:39	08:55:02.55	08:55:50.15	12:17	4.9	
591	LOSOR ANDRZEJ	1817		PRÓSZKÓW	POL	M40	204	M 436		02:58:36	05:05:00	07:42:43	09:04:19.40	09:04:50.95	12:30	4.8	
592	CIBOROWSKA HANNA	1283	META NADARZYN	NADARZYN	POL	K60	3	K 156		03:06:08	05:05:25	07:40:11	09:10:55.05	09:11:51.35	12:39	4.7	
593	DOMINIAK-LESZCZYŃSKA ELŻBIETA	1661	LASY WAWERSKIE	WARSZAWA	POL	K60	4	K 157		03:05:49	05:07:49	07:52:23	09:22:16.00	09:23:24.60	12:55	4.6	
594	BIAŁOBRZECKI PIOTR	1845	CITYZEN ATHLETICS	POZNAN	POL	M30	146	M 437		03:08:51	05:21:12	08:07:05	09:41:07.25	09:41:33.00	13:21	4.5	
595	SROKA TYMOTEUZ	1572		WRZEŚNIA	POL	M20	32	M 438		03:02:44	05:16:04	08:09:31	09:58:16.75	09:59:00.85	13:45	4.4	
596	JURECKI JAKUB	1638		KATOWICE	POL	M20	32	M 438		02:58:29	05:15:42	08:13:29	09:58:15.95	09:59:00.85	13:45	4.4	
597	DOBRYŃSKI MAREK	1380	RUN FORREST	LEGIONOWO	POL	M40	205	M 440		02:54:20	05:01:49	08:29:05	10:11:57.75	10:12:08.95	14:04	4.3	
598	BIAŁOKOS ANNA	1561		WARSZAWA	POL	OPEN KOBIETY	1	K 158		03:46:34	05:51:36	08:39:17	10:15:29.20	10:15:57.40	14:08	4.2	
599	PERKOWSKI TOMASZ	1523	EUROCASH	WARSZAWA	POL	M40	206	M 441		03:46:19	05:51:31	08:40:11	10:15:30.00	10:15:57.60	14:08	4.2	
600	MORACZEWSKA ALEKSANDRA	1526	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	K40	66	K 159		03:02:37	05:15:15	08:43:57	10:25:54.55	10:26:55.95	14:23	4.2	
601	WISNIEWSKI PAWEŁ	1522	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M50	46	M 442		03:02:38	05:15:32	08:42:33	10:25:54.25	10:26:56.10	14:23	4.2	
602	MATUSZEWSKI DARIUSZ	1291	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50	47	M 443		03:01:59	05:16:59	08:42:33	10:26:02.95	10:27:05.05	14:23	4.2	
	BEDNAREK ADRIAN	1213	ADRIANBEDNAREK.PL	BYDGOSZCZ	POL	M30			TAK	01:20:47 DNF	02:10:54 DNF	DNF	DNF	DNF	-	-	
	GABRYŚ RAFAŁ	1648	MKL BRYGADA BESKIDÓW NOWY SĄCZ	SZCZAWA	POL	M30			TAK	01:23:02 DNF	02:12:14 DNF	DNF	DNF	DNF	-	-	
	ŻYDEK PIOTR	1438	CHSBD W RUCHU	CHORZÓW	POL	M20				02:39:40 DNF	DNF	DNF	DNF	DNF	-	-	
	ZAJĄC ANDRZEJ	1440	DRUŻYNA SZPIKU	CZŁUCHÓW	POL	M40				03:19:23 DNF	DNF	DNF	DNF	DNF	-	-	
	ZAJĄC KRZYSZTOF	1439	WKURW_TEAM/BEZULTRA DZIKI/ZAJĄCE HASAJĄCE	POZNAŃ	POL	M40				03:19:23 DNF	DNF	DNF	DNF	DNF	-	-	
	MARCINKOWSKA JADWIGA	1302		ROZGARTY	POL	K50				DNF	DNF	DNF	DNF	DNF	-	-	
	BADOWSKI ALEKSANDER	1696	MARCIN ŚWIERC TEAM	WARSZAWA	POL	M30			TAK	DNF	DNF	DNF	DNF	DNF	-	-	
	LEBODA KATARZYNA	1248	WILD DOGS TEAM	KATOWICE	POL	K30				DNF	DNF	DNF	DNF	DNF	-	-	