

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2022-04-30
 Miejsce: Koszalin
 Dystans: 15.9 km
 Klasyfikacja wg czasów netto.



XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|----------------------------------|-----|-------------------------------------|------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | WICENBACH ARKADIUSZ | 137 | KINGA W DRODZE | PRUSZCZ GDAŃSKI | POL | M30-39 | 1 | M 1 | 00:23:11 | 00:47:42 | 01:13:21.65 | 4:36 | 13 |
| 2 | WALCZAK PAWEŁ | 132 | | KOSZALIN | POL | M30-39 | 2 | M 2 | 00:23:30 | 00:47:20 | 01:14:11.15 | 4:39 | 12.9 |
| 3 | HUBERT ŁUKASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 1 | M 3 | 00:23:44 | 00:49:13 | 01:15:10.40 | 4:43 | 12.7 |
| 4 | WOJTALIK ŁUKASZ | 144 | | POŁCZYŃ ZDRÓJ | POL | M30-39 | 3 | M 4 | 00:24:40 | 00:50:48 | 01:17:08.45 | 4:51 | 12.4 |
| 5 | KASZTELAN ULA | 53 | TKKF KOSZALIN | KOSZALIN | POL | K30-39 | 1 | K 1 | 00:26:30 | 00:53:08 | 01:20:50.10 | 5:05 | 11.8 |
| 6 | WOJNIUSZ ADRIAN | 143 | FEIFER TEAM | DARŁOWO | POL | M40-49 | 2 | M 5 | 00:26:25 | 00:53:17 | 01:21:08.70 | 5:06 | 11.8 |
| 7 | ZWOLIŃSKI JAN | 146 | TKKF KOSZALIN | WIERCISZEWO | POL | M50-59 | 1 | M 6 | 00:26:23 | 00:53:41 | 01:21:14.85 | 5:06 | 11.7 |
| 8 | OSTROWSKI MARCIN | 92 | PZU SPORT TEAM | WARSZAWA | POL | M30-39 | 4 | M 7 | 00:26:42 | 00:54:46 | 01:22:44.75 | 5:12 | 11.5 |
| 9 | STERNIK TOMASZ | 116 | | BIĄŁOGARD | POL | M40-49 | 3 | M 8 | 00:26:31 | 00:54:35 | 01:23:29.40 | 5:15 | 11.4 |
| 10 | PICK TOMASZ | 99 | BIEGOLAS KOSZALIN / KORONA SZCZECIN | KOSZALIN | POL | M50-59 | 2 | M 9 | 00:27:53 | 00:56:36 | 01:24:08.15 | 5:17 | 11.3 |
| 11 | GAWEŁ MARCIN | 29 | | KOSZALIN | POL | M18-29 | 1 | M 10 | 00:26:48 | 00:54:58 | 01:24:38.60 | 5:19 | 11.3 |
| 12 | SMAGOWSKI WOJTEK | 112 | OSP RĄBINO | RĄBINO | POL | M40-49 | 4 | M 11 | 00:27:43 | 00:57:08 | 01:24:53.50 | 5:20 | 11.2 |
| 13 | BIEDRZYCKI KRZYSZTOF | 5 | | KOŁOBRZEG | POL | M50-59 | 3 | M 12 | 00:27:20 | 00:56:01 | 01:25:46.15 | 5:23 | 11.1 |
| 14 | SZYMAŃSKI PIOTR | 128 | | POŁCZYŃ ZDRÓJ | POL | M30-39 | 5 | M 13 | 00:28:21 | 00:57:28 | 01:26:47.15 | 5:27 | 11 |
| 15 | MAZUR EMILIUŠ | 82 | GROOT | DARŁOWO | POL | M40-49 | 5 | M 14 | 00:28:11 | 00:57:42 | 01:27:44.60 | 5:31 | 10.9 |
| 16 | RAKOWSKI ŁUKASZ | 104 | ZADYSZKA BARWICE | BARWICE | POL | M30-39 | 6 | M 15 | 00:28:05 | 00:57:48 | 01:27:51.40 | 5:31 | 10.9 |
| 17 | IWANIEC DARIUSZ | 48 | TKKF KOSZALIN | SIERAKOWO | POL | M40-49 | 6 | M 16 | 00:28:42 | 00:58:40 | 01:27:59.40 | 5:32 | 10.8 |
| 18 | KIEŁCZYŃSKI DAWID | 57 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M30-39 | 7 | M 17 | 00:28:34 | 00:58:40 | 01:28:11.95 | 5:32 | 10.8 |
| 19 | HONKOWICZ MARCIN | 45 | | SWINOUJSCIE | POL | M18-29 | 2 | M 18 | 00:28:52 | 00:59:23 | 01:28:56.65 | 5:35 | 10.7 |
| 20 | KRUKOWSKI ADAM | 64 | | DRZONOWO | POL | M30-39 | 8 | M 19 | 00:28:54 | 00:58:41 | 01:29:11.70 | 5:36 | 10.7 |
| 21 | PAKULSKI MARCIN | 95 | | KOSZALIN | POL | M40-49 | 7 | M 20 | 00:29:13 | 00:59:07 | 01:29:20.80 | 5:37 | 10.7 |
| 22 | WILKOWSKI KRZYSZTOF | 139 | FOR-REST-RUN | KOSZALIN | POL | M40-49 | 8 | M 21 | 00:29:09 | 00:59:22 | 01:29:23.05 | 5:37 | 10.7 |
| 23 | KWAPISZ ALICJA | 67 | TUPTAŃAKO | KOSZALIN | POL | K18-29 | 1 | K 2 | 00:28:23 | 00:58:56 | 01:29:41.55 | 5:38 | 10.6 |
| 24 | LEŚNIEWSKI-PARFIANOWICZ GRZEGORZ | 70 | LEŚNE WILCZE JEDNOROŻCE | ZŁOCIEŃCIEC | POL | M30-39 | 9 | M 22 | 00:27:51 | 00:58:33 | 01:30:05.05 | 5:39 | 10.6 |
| 25 | MARCINKOWSKI ZBIGNIEW | 78 | KARLINOBIEGAJ! | KARLINO | POL | M50-59 | 4 | M 23 | 00:28:39 | 00:59:05 | 01:30:26.60 | 5:41 | 10.5 |
| 26 | STWORA ROBERT | 117 | DEL ZUW KOSZALIN | KOSZALIN | POL | M30-39 | 10 | M 24 | 00:30:56 | 01:01:46 | 01:31:50.45 | 5:46 | 10.4 |
| 27 | URBAŃSKI TOMASZ | 131 | BIĄŁOGARD BIEGA | BIĄŁOGARD | POL | M50-59 | 5 | M 25 | 00:31:19 | 01:01:48 | 01:31:58.30 | 5:47 | 10.4 |
| 28 | CHUDY HENRYK | 113 | | SŁAWSKO | POL | M60-69 | 1 | M 26 | 00:29:58 | 01:01:15 | 01:32:23.35 | 5:48 | 10.3 |
| 29 | SPOLSKA WERONIKA | 114 | SOBASTEAM | ŚWIESZYNO | POL | K18-29 | 2 | K 3 | 00:28:44 | 01:00:01 | 01:33:05.90 | 5:51 | 10.2 |
| 30 | DZIADEK KRZYSZTOF | 24 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 11 | M 27 | 00:29:15 | 01:01:20 | 01:33:08.90 | 5:51 | 10.2 |
| 31 | OLEARCZYK ARKADIUSZ | 89 | | BOBOLICE | POL | M50-59 | 6 | M 28 | 00:29:12 | 01:00:40 | 01:33:16.25 | 5:51 | 10.2 |
| 32 | CIESIELSKI MARCIN | 15 | | KOSZALIN | POL | M30-39 | 12 | M 29 | 00:29:59 | 01:01:01 | 01:33:58.65 | 5:54 | 10.2 |
| 33 | DRESZLER WIESŁAW | 21 | | SKOWARCZ | POL | M50-59 | 7 | M 30 | 00:30:10 | 01:02:07 | 01:34:01.90 | 5:54 | 10.1 |
| 34 | SZUBERT MARCIN | 126 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | M40-49 | 9 | M 31 | 00:30:50 | 01:02:18 | 01:34:22.75 | 5:56 | 10.1 |
| 35 | TYLMAN PIOTR | 130 | RUNDORFINA | CZAPLINEK | POL | M40-49 | 10 | M 32 | 00:29:26 | 01:01:12 | 01:34:30.00 | 5:56 | 10.1 |
| 36 | SEROWSKI ŁUKASZ | 109 | BIEGOLAS KOSZALIN | DRZEWIANY | POL | M30-39 | 13 | M 33 | 00:29:55 | 01:01:37 | 01:34:35.20 | 5:56 | 10.1 |
| 37 | KROCZYŃSKI SŁAWOMIR | 103 | BIEGOLAS | KOŁOBRZEG | POL | M60-69 | 2 | M 34 | 00:30:51 | 01:02:57 | 01:34:53.10 | 5:58 | 10.1 |
| 38 | SZAFRAŃSKI GRZEGORZ | 122 | MLUKS TRZEBIATÓW | MIROŚLAWICE | POL | M40-49 | 11 | M 35 | 00:30:29 | 01:02:30 | 01:36:16.75 | 6:03 | 9.9 |
| 39 | GAŁAN LESZEK | 26 | | ZŁOCIEŃCIEC | POL | M50-59 | 8 | M 36 | 00:30:53 | 01:03:37 | 01:36:43.55 | 6:04 | 9.9 |
| 40 | SCHWARZ LUDWIK | 108 | | KOSZALIN | POL | M50-59 | 9 | M 37 | 00:32:39 | 01:05:12 | 01:38:12.20 | 6:10 | 9.7 |
| 41 | SKOWYRSKI JANUSZ | 110 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 3 | M 38 | 00:32:18 | 01:05:52 | 01:39:40.85 | 6:16 | 9.6 |
| 42 | ZAWISKA BARTŁOMIEJ | 145 | | KOSZALIN | POL | M30-39 | 14 | M 39 | 00:31:58 | 01:05:59 | 01:39:43.15 | 6:16 | 9.6 |
| 43 | KOŁODZIEJCZAK GRZEGORZ | 59 | | SZCZECINEK | POL | M40-49 | 12 | M 40 | 00:33:49 | 01:07:22 | 01:39:45.00 | 6:16 | 9.6 |
| 44 | LEONIAK ŁUCJA | 69 | TSUNAMI SZCZECINEK | SZCZECINEK | POL | K40-49 | 1 | K 4 | 00:33:30 | 01:07:36 | 01:40:47.75 | 6:20 | 9.5 |
| 45 | WIDAK MATEUSZ | 138 | | KOSZALIN | POL | M30-39 | 15 | M 41 | 00:32:02 | 01:06:12 | 01:41:25.45 | 6:22 | 9.4 |
| 46 | KUBIAK KAROLINA | 147 | | WEJHEROWO | POL | K40-49 | 2 | K 5 | 00:32:54 | 01:07:14 | 01:41:55.05 | 6:24 | 9.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|------------------------|-----|----------------------------------|--------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 47 | MARCINKOWSKI JACEK | 79 | SSK ORZEŁ ŚWIESZYNO | ŚWOESZYNO | POL | M50-59 | 10 | M 42 | 00:31:32 | 01:06:27 | 01:42:01.40 | 6:24 | 9.4 |
| 48 | HAJDUK MACIEJ | 40 | NIEBKO TERROR | SZCZECIN | POL | M40-49 | 13 | M 43 | 00:31:45 | 01:05:59 | 01:42:03.40 | 6:25 | 9.3 |
| 49 | GIEDROWICZ ALEKSANDRA | 30 | | KOSZALIN | POL | K30-39 | 2 | K 6 | 00:32:39 | 01:07:17 | 01:42:47.25 | 6:27 | 9.3 |
| 50 | KATA MARCIN | 55 | DZIKIE ŻÓŁWIE | NOWE BIELICE | POL | M30-39 | 16 | M 44 | 00:31:42 | 01:06:12 | 01:43:11.80 | 6:29 | 9.2 |
| 51 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLAS KOSZALIN | BOBOLICE | POL | M50-59 | 11 | M 45 | 00:32:34 | 01:08:19 | 01:45:50.35 | 6:39 | 9 |
| 52 | KOWALCZYK PIOTR | 60 | FOR-REST-RUN | KOSZALIN | POL | M30-39 | 17 | M 46 | 00:33:25 | 01:09:09 | 01:45:57.50 | 6:39 | 9 |
| 53 | DRULIK-HOŁUB MARTA | 22 | | KOSZALIN | POL | K40-49 | 3 | K 7 | 00:33:39 | 01:09:17 | 01:46:05.35 | 6:40 | 9 |
| 54 | SZUBERT AGNIESZKA | 127 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | K40-49 | 4 | K 8 | 00:35:01 | 01:11:00 | 01:46:55.05 | 6:43 | 8.9 |
| 55 | GRABOWSKA-LESISZ ANETA | 34 | COLD WOMAN | KOSZALIN | POL | K40-49 | 5 | K 9 | 00:33:57 | 01:10:45 | 01:48:02.50 | 6:47 | 8.8 |
| 56 | RETERSKI DAMIAN | 105 | | KOSZALIN | POL | M18-29 | 3 | M 47 | 00:32:34 | 01:08:31 | 01:50:14.35 | 6:55 | 8.7 |
| 57 | DIDLUCH JACEK | 19 | KARLINOBIEGAJ | POBŁOCIE WIELKIE | POL | M40-49 | 14 | M 48 | 00:34:02 | 01:12:26 | 01:51:15.70 | 6:59 | 8.6 |
| 58 | GARNCAREK PAWEŁ | 28 | | ŚWIESZYNO | POL | M40-49 | 15 | M 49 | 00:35:53 | 01:13:36 | 01:51:57.55 | 7:02 | 8.5 |
| 59 | GDANIEC RADEK | 38 | TRIATHLON TKKF KOSZALIN | KRETOMINO | POL | M50-59 | 12 | M 50 | 00:35:29 | 01:14:17 | 01:52:25.45 | 7:04 | 8.5 |
| 60 | OKOŁOTOWICZ SEBASTIAN | 88 | | SŁUPSK | POL | M30-39 | 18 | M 51 | 00:31:32 | 01:08:22 | 01:53:26.80 | 7:08 | 8.4 |
| 61 | MAJEWSKA DOROTA | 75 | BIEGOLAS | REDLINO | POL | K50-59 | 1 | K 10 | 00:37:09 | 01:16:43 | 01:57:52.45 | 7:24 | 8.1 |
| 62 | SUCHODOLSKA ALEKSANDRA | 119 | DZIKIE ŻÓŁWIE | ROSNOWO | POL | K30-39 | 3 | K 11 | 00:38:27 | 01:18:41 | 01:59:05.90 | 7:29 | 8 |
| 63 | ROMANOWICZ MONIKA | 106 | DZIKIE ŻÓŁWIE | KOSZALIN | POL | K30-39 | 4 | K 12 | 00:37:42 | 01:18:49 | 01:59:46.10 | 7:31 | 8 |
| 64 | SZCZUBLEWSKI MARTIN | 123 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | M18-29 | 4 | M 52 | 00:34:32 | 01:17:03 | 02:00:14.95 | 7:33 | 7.9 |
| 65 | BORUC BARBARA | 12 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | K50-59 | 2 | K 13 | 00:38:46 | 01:19:23 | 02:00:40.90 | 7:35 | 7.9 |
| 66 | JUSZCZAK KRZYSZTOF | 50 | | KOSZALIN | POL | M60-69 | 4 | M 53 | 00:38:28 | 01:19:29 | 02:02:58.10 | 7:44 | 7.8 |
| 67 | SAWICKA - WERS URSZULA | 107 | | KOŁOBRZEG DRZONOWO | POL | K30-39 | 5 | K 14 | 00:39:19 | 01:20:33 | 02:04:19.35 | 7:49 | 7.7 |
| 68 | HONKOWICZ MAGDALENA | 46 | | SWINUJSCIE | POL | K18-29 | 3 | K 15 | 00:38:34 | 01:20:56 | 02:06:04.80 | 7:55 | 7.6 |
| 69 | MACKOJĆ AGNIESZKA | 74 | | GRYFICE | POL | K50-59 | 3 | K 16 | 00:39:55 | 01:23:09 | 02:08:49.30 | 8:06 | 7.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|------------------------|-----|----------------------------------|--------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | KASZTELAN ULA | 53 | TKKF KOSZALIN | KOSZALIN | POL | K30-39 | 1 | K 1 | 00:26:30 | 00:53:08 | 01:20:50.10 | 5:05 | 11.8 |
| 2 | KWAPISZ ALICJA | 67 | TUPTAŃAKO | KOSZALIN | POL | K18-29 | 1 | K 2 | 00:28:23 | 00:58:56 | 01:29:41.55 | 5:38 | 10.6 |
| 3 | SPOLSKA WERONIKA | 114 | SOBASTEAM | ŚWIESZYNO | POL | K18-29 | 2 | K 3 | 00:28:44 | 01:00:01 | 01:33:05.90 | 5:51 | 10.2 |
| 4 | LEONIAK ŁUCJA | 69 | TSUNAMI SZCZECINEK | SZCZECINEK | POL | K40-49 | 1 | K 4 | 00:33:30 | 01:07:36 | 01:40:47.75 | 6:20 | 9.5 |
| 5 | KUBIAK KAROLINA | 147 | | WEJHEROWO | POL | K40-49 | 2 | K 5 | 00:32:54 | 01:07:14 | 01:41:55.05 | 6:24 | 9.4 |
| 6 | GIEDROWICZ ALEKSANDRA | 30 | | KOSZALIN | POL | K30-39 | 2 | K 6 | 00:32:39 | 01:07:17 | 01:42:47.25 | 6:27 | 9.3 |
| 7 | DRULIK-HOŁUB MARTA | 22 | | KOSZALIN | POL | K40-49 | 3 | K 7 | 00:33:39 | 01:09:17 | 01:46:05.35 | 6:40 | 9 |
| 8 | SZUBERT AGNIESZKA | 127 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | K40-49 | 4 | K 8 | 00:35:01 | 01:11:00 | 01:46:55.05 | 6:43 | 8.9 |
| 9 | GRABOWSKA-LESISZ ANETA | 34 | COLD WOMAN | KOSZALIN | POL | K40-49 | 5 | K 9 | 00:33:57 | 01:10:45 | 01:48:02.50 | 6:47 | 8.8 |
| 10 | MAJEWSKA DOROTA | 75 | BIEGOLAS | REDLINO | POL | K50-59 | 1 | K 10 | 00:37:09 | 01:16:43 | 01:57:52.45 | 7:24 | 8.1 |
| 11 | SUCHODOLSKA ALEKSANDRA | 119 | DZIKIE ŻÓŁWIE | ROSNOWO | POL | K30-39 | 3 | K 11 | 00:38:27 | 01:18:41 | 01:59:05.90 | 7:29 | 8 |
| 12 | ROMANOWICZ MONIKA | 106 | DZIKIE ŻÓŁWIE | KOSZALIN | POL | K30-39 | 4 | K 12 | 00:37:42 | 01:18:49 | 01:59:46.10 | 7:31 | 8 |
| 13 | BORUC BARBARA | 12 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | K50-59 | 2 | K 13 | 00:38:46 | 01:19:23 | 02:00:40.90 | 7:35 | 7.9 |
| 14 | SAWICKA - WERS URSZULA | 107 | | KOŁOBRZEG DRZONOWO | POL | K30-39 | 5 | K 14 | 00:39:19 | 01:20:33 | 02:04:19.35 | 7:49 | 7.7 |
| 15 | HONKOWICZ MAGDALENA | 46 | | SWINUJSCIE | POL | K18-29 | 3 | K 15 | 00:38:34 | 01:20:56 | 02:06:04.80 | 7:55 | 7.6 |
| 16 | MACKOJĆ AGNIESZKA | 74 | | GRYFICE | POL | K50-59 | 3 | K 16 | 00:39:55 | 01:23:09 | 02:08:49.30 | 8:06 | 7.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|---------------------|-----|----------------|-----------------|------|--------|--------|-----|----------|----------|-------------|--------|------|
| 1 | WICENBACH ARKADIUSZ | 137 | KINGA W DRODZE | PRUSZCZ GDĄŃSKI | POL | M30-39 | 1 | M 1 | 00:23:11 | 00:47:42 | 01:13:21.65 | 4:36 | 13 |
| 2 | WALCZAK PAWEŁ | 132 | | KOSZALIN | POL | M30-39 | 2 | M 2 | 00:23:30 | 00:47:20 | 01:14:11.15 | 4:39 | 12.9 |
| 3 | HUBERT ŁUKASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 1 | M 3 | 00:23:44 | 00:49:13 | 01:15:10.40 | 4:43 | 12.7 |
| 4 | WOJTALIK ŁUKASZ | 144 | | POŁCZYN ZDRÓJ | POL | M30-39 | 3 | M 4 | 00:24:40 | 00:50:48 | 01:17:08.45 | 4:51 | 12.4 |
| 5 | WOJNIUSZ ADRIAN | 143 | FEIFER TEAM | DARŁOWO | POL | M40-49 | 2 | M 5 | 00:26:25 | 00:53:17 | 01:21:08.70 | 5:06 | 11.8 |
| 6 | ZWOLIŃSKI JAN | 146 | TKKF KOSZALIN | WIERCISZEWO | POL | M50-59 | 1 | M 6 | 00:26:23 | 00:53:41 | 01:21:14.85 | 5:06 | 11.7 |
| 7 | OSTROWSKI MARCIN | 92 | PZU SPORT TEAM | WARSZAWA | POL | M30-39 | 4 | M 7 | 00:26:42 | 00:54:46 | 01:22:44.75 | 5:12 | 11.5 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|---------------------------------|-----|-------------------------------------|------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 8 | STERNIK TOMASZ | 116 | | BIAŁOGARD | POL | M40-49 | 3 | M 8 | 00:26:31 | 00:54:35 | 01:23:29.40 | 5:15 | 11.4 |
| 9 | PICK TOMASZ | 99 | BIEGOLAS KOSZALIN / KORONA SZCZECIN | KOSZALIN | POL | M50-59 | 2 | M 9 | 00:27:53 | 00:56:36 | 01:24:08.15 | 5:17 | 11.3 |
| 10 | GAWEŁ MARCIN | 29 | | KOSZALIN | POL | M18-29 | 1 | M 10 | 00:26:48 | 00:54:58 | 01:24:38.60 | 5:19 | 11.3 |
| 11 | SMAGOWSKI WOJTEK | 112 | OSP RĄBINO | RĄBINO | POL | M40-49 | 4 | M 11 | 00:27:43 | 00:57:08 | 01:24:53.50 | 5:20 | 11.2 |
| 12 | BIEDRZYCKI KRZYSZTOF | 5 | | KOŁOBRZEG | POL | M50-59 | 3 | M 12 | 00:27:20 | 00:56:01 | 01:25:46.15 | 5:23 | 11.1 |
| 13 | SZYMAŃSKI PIOTR | 128 | | POŁCZYŃ ZDRÓJ | POL | M30-39 | 5 | M 13 | 00:28:21 | 00:57:28 | 01:26:47.15 | 5:27 | 11 |
| 14 | MAZUR EMILIUSZ | 82 | GROOT | DARŁOWO | POL | M40-49 | 5 | M 14 | 00:28:11 | 00:57:42 | 01:27:44.60 | 5:31 | 10.9 |
| 15 | RAKOWSKI ŁUKASZ | 104 | ZADYSZKA BARWICE | BARWICE | POL | M30-39 | 6 | M 15 | 00:28:05 | 00:57:48 | 01:27:51.40 | 5:31 | 10.9 |
| 16 | IWANIEC DARIUSZ | 48 | TKKF KOSZALIN | SIERAKOWO | POL | M40-49 | 6 | M 16 | 00:28:42 | 00:58:40 | 01:27:59.40 | 5:32 | 10.8 |
| 17 | KIĘLCZYŃSKI DAWID | 57 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M30-39 | 7 | M 17 | 00:28:34 | 00:58:40 | 01:28:11.95 | 5:32 | 10.8 |
| 18 | HONKOWICZ MARCIN | 45 | | SWINOUJSKIE | POL | M18-29 | 2 | M 18 | 00:28:52 | 00:59:23 | 01:28:56.65 | 5:35 | 10.7 |
| 19 | KRUKOWSKI ADAM | 64 | | DRZONOWO | POL | M30-39 | 8 | M 19 | 00:28:54 | 00:58:41 | 01:29:11.70 | 5:36 | 10.7 |
| 20 | PAKUŁSKI MARCIN | 95 | | KOSZALIN | POL | M40-49 | 7 | M 20 | 00:29:13 | 00:59:07 | 01:29:20.80 | 5:37 | 10.7 |
| 21 | WILKOWSKI KRZYSZTOF | 139 | FOR-REST-RUN | KOSZALIN | POL | M40-49 | 8 | M 21 | 00:29:09 | 00:59:22 | 01:29:23.05 | 5:37 | 10.7 |
| 22 | LEŚNIEWSKI-PARFIAŃCZAK GRZEGORZ | 70 | LEŚNE WILCZE JEDNOROŻCE | ZŁOCIEŃC | POL | M30-39 | 9 | M 22 | 00:27:51 | 00:58:33 | 01:30:05.05 | 5:39 | 10.6 |
| 23 | MARCINKOWSKI ZBIGNIEW | 78 | KARLINOBIEGAJ! | KARLINO | POL | M50-59 | 4 | M 23 | 00:28:39 | 00:59:05 | 01:30:26.60 | 5:41 | 10.5 |
| 24 | STWORA ROBERT | 117 | DEL ZUW KOSZALIN | KOSZALIN | POL | M30-39 | 10 | M 24 | 00:30:56 | 01:01:46 | 01:31:50.45 | 5:46 | 10.4 |
| 25 | URBAŃSKI TOMASZ | 131 | BIAŁOGARD BIEGA | BIAŁOGARD | POL | M50-59 | 5 | M 25 | 00:31:19 | 01:01:48 | 01:31:58.30 | 5:47 | 10.4 |
| 26 | CHUDY HENRYK | 113 | | SŁAWSKO | POL | M60-69 | 1 | M 26 | 00:29:58 | 01:01:15 | 01:32:23.35 | 5:48 | 10.3 |
| 27 | DZIADEK KRZYSZTOF | 24 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 11 | M 27 | 00:29:15 | 01:01:20 | 01:33:08.90 | 5:51 | 10.2 |
| 28 | OLEARCYK ARKADIUSZ | 89 | | BOBOLICE | POL | M50-59 | 6 | M 28 | 00:29:12 | 01:00:40 | 01:33:16.25 | 5:51 | 10.2 |
| 29 | CIESIELSKI MARCIN | 15 | | KOSZALIN | POL | M30-39 | 12 | M 29 | 00:29:59 | 01:01:01 | 01:33:58.65 | 5:54 | 10.2 |
| 30 | DRESZLER WIESŁAW | 21 | | SKOWARCZ | POL | M50-59 | 7 | M 30 | 00:30:10 | 01:02:07 | 01:34:01.90 | 5:54 | 10.1 |
| 31 | SZUBERT MARCIN | 126 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | M40-49 | 9 | M 31 | 00:30:50 | 01:02:18 | 01:34:22.75 | 5:56 | 10.1 |
| 32 | TYLMAN PIOTR | 130 | RUNDORFINA | CZAPLINEK | POL | M40-49 | 10 | M 32 | 00:29:26 | 01:01:12 | 01:34:30.00 | 5:56 | 10.1 |
| 33 | SEROWSKI ŁUKASZ | 109 | BIEGOLAS KOSZALIN | DRZEWIANY | POL | M30-39 | 13 | M 33 | 00:29:55 | 01:01:37 | 01:34:35.20 | 5:56 | 10.1 |
| 34 | KROCZYŃSKI SŁAWOMIR | 103 | BIEGOLAS | KOŁOBRZEG | POL | M60-69 | 2 | M 34 | 00:30:51 | 01:02:57 | 01:34:53.10 | 5:58 | 10.1 |
| 35 | SZAFRAŃSKI GRZEGORZ | 122 | MLUKS TRZEBIATÓW | MIROŚLAWICE | POL | M40-49 | 11 | M 35 | 00:30:29 | 01:02:30 | 01:36:16.75 | 6:03 | 9.9 |
| 36 | GAŁAN LESZEK | 26 | | ZŁOCIEŃC | POL | M50-59 | 8 | M 36 | 00:30:53 | 01:03:37 | 01:36:43.55 | 6:04 | 9.9 |
| 37 | SCHWARZ LUDWIK | 108 | | KOSZALIN | POL | M50-59 | 9 | M 37 | 00:32:39 | 01:05:12 | 01:38:12.20 | 6:10 | 9.7 |
| 38 | SKOWYRSKI JANUSZ | 110 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 3 | M 38 | 00:32:18 | 01:05:52 | 01:39:40.85 | 6:16 | 9.6 |
| 39 | ZAWISKA BARTŁOMIJEJ | 145 | | KOSZALIN | POL | M30-39 | 14 | M 39 | 00:31:58 | 01:05:59 | 01:39:43.15 | 6:16 | 9.6 |
| 40 | KOŁODZIEJCZAK GRZEGORZ | 59 | | SZCZECINEK | POL | M40-49 | 12 | M 40 | 00:33:49 | 01:07:22 | 01:39:45.00 | 6:16 | 9.6 |
| 41 | WIDAK MATEUSZ | 138 | | KOSZALIN | POL | M30-39 | 15 | M 41 | 00:32:02 | 01:06:12 | 01:41:25.45 | 6:22 | 9.4 |
| 42 | MARCINKOWSKI JACEK | 79 | SSK ORZEŁ ŚWIESZYNO | ŚWIESZYNO | POL | M50-59 | 10 | M 42 | 00:31:32 | 01:06:27 | 01:42:01.40 | 6:24 | 9.4 |
| 43 | HAJDUK MACIEJ | 40 | NIEBKO TERROR | SZCZECIN | POL | M40-49 | 13 | M 43 | 00:31:45 | 01:05:59 | 01:42:03.40 | 6:25 | 9.3 |
| 44 | KATA MARCIN | 55 | DZIKIE ŻÓŁWIE | NOWE BIELICE | POL | M30-39 | 16 | M 44 | 00:31:42 | 01:06:12 | 01:43:11.80 | 6:29 | 9.2 |
| 45 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLAS KOSZALIN | BOBOLICE | POL | M50-59 | 11 | M 45 | 00:32:34 | 01:08:19 | 01:45:50.35 | 6:39 | 9 |
| 46 | KOWALCZYK PIOTR | 60 | FOR-REST-RUN | KOSZALIN | POL | M30-39 | 17 | M 46 | 00:33:25 | 01:09:09 | 01:45:57.50 | 6:39 | 9 |
| 47 | RETERSKI DAMIAN | 105 | | KOSZALIN | POL | M18-29 | 3 | M 47 | 00:32:34 | 01:08:31 | 01:50:14.35 | 6:55 | 8.7 |
| 48 | DIDŁUCH JACEK | 19 | KARLINOBIEGAJ | POBŁOCIE WIELKIE | POL | M40-49 | 14 | M 48 | 00:34:02 | 01:12:26 | 01:51:15.70 | 6:59 | 8.6 |
| 49 | GARNCAREK PAWEŁ | 28 | | ŚWIESZYNO | POL | M40-49 | 15 | M 49 | 00:35:53 | 01:13:36 | 01:51:57.55 | 7:02 | 8.5 |
| 50 | GUDANIEC RADEK | 38 | TRIATHLON TKKF KOSZALIN | KRETOMINO | POL | M50-59 | 12 | M 50 | 00:35:29 | 01:14:17 | 01:52:25.45 | 7:04 | 8.5 |
| 51 | OKOŁOTOWICZ SEBASTIAN | 88 | | SŁUPSK | POL | M30-39 | 18 | M 51 | 00:31:32 | 01:08:22 | 01:53:26.80 | 7:08 | 8.4 |
| 52 | SZCZUBLEWSKI MARTIN | 123 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | M18-29 | 4 | M 52 | 00:34:32 | 01:17:03 | 02:00:14.95 | 7:33 | 7.9 |
| 53 | JUSZCZAK KRZYSZTOF | 50 | | KOSZALIN | POL | M60-69 | 4 | M 53 | 00:38:28 | 01:19:29 | 02:02:58.10 | 7:44 | 7.8 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|---------------------|-----|-----------|-------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | KWAPISZ ALICJA | 67 | TUPTAŃAKO | KOSZALIN | POL | K18-29 | 1 | K 2 | 00:28:23 | 00:58:56 | 01:29:41.55 | 5:38 | 10.6 |
| 2 | SPOLSKA WERONIKA | 114 | SOBASTEAM | ŚWIESZYNO | POL | K18-29 | 2 | K 3 | 00:28:44 | 01:00:01 | 01:33:05.90 | 5:51 | 10.2 |
| 3 | HONKOWICZ MAGDALENA | 46 | | SWINOUJSKIE | POL | K18-29 | 3 | K 15 | 00:38:34 | 01:20:56 | 02:06:04.80 | 7:55 | 7.6 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|---------------------|-----|-----------------|------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | GAWĘŁ MARCIN | 29 | | KOSZALIN | POL | M18-29 | 1 | M 10 | 00:26:48 | 00:54:58 | 01:24:38.60 | 5:19 | 11.3 |
| 2 | HONKOWICZ MARCIN | 45 | | SWINOUJSIE | POL | M18-29 | 2 | M 18 | 00:28:52 | 00:59:23 | 01:28:56.65 | 5:35 | 10.7 |
| 3 | RETERSKI DAMIAN | 105 | | KOSZALIN | POL | M18-29 | 3 | M 47 | 00:32:34 | 01:08:31 | 01:50:14.35 | 6:55 | 8.7 |
| 4 | SZCZUBLEWSKI MARTIN | 123 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | M18-29 | 4 | M 52 | 00:34:32 | 01:17:03 | 02:00:14.95 | 7:33 | 7.9 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|------------------------|-----|---------------|--------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | KASZTELAN ULA | 53 | TKKF KOSZALIN | KOSZALIN | POL | K30-39 | 1 | K 1 | 00:26:30 | 00:53:08 | 01:20:50.10 | 5:05 | 11.8 |
| 2 | GIEDROWICZ ALEKSANDRA | 30 | | KOSZALIN | POL | K30-39 | 2 | K 6 | 00:32:39 | 01:07:17 | 01:42:47.25 | 6:27 | 9.3 |
| 3 | SUCHODOLSKA ALEKSANDRA | 119 | DZIKIE ŻÓŁWIE | ROSNOWO | POL | K30-39 | 3 | K 11 | 00:38:27 | 01:18:41 | 01:59:05.90 | 7:29 | 8 |
| 4 | ROMANOWICZ MONIKA | 106 | DZIKIE ŻÓŁWIE | KOSZALIN | POL | K30-39 | 4 | K 12 | 00:37:42 | 01:18:49 | 01:59:46.10 | 7:31 | 8 |
| 5 | SAWICKA - WERS URSZULA | 107 | | KOŁOBRZEG DRZONOWO | POL | K30-39 | 5 | K 14 | 00:39:19 | 01:20:33 | 02:04:19.35 | 7:49 | 7.7 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|----------------------------------|-----|-------------------------|-----------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | WICENBACH ARKADIUSZ | 137 | KINGA W DRODZE | PRUSZCZ GDAŃSKI | POL | M30-39 | 1 | M 1 | 00:23:11 | 00:47:42 | 01:13:21.65 | 4:36 | 13 |
| 2 | WALCZAK PAWEŁ | 132 | | KOSZALIN | POL | M30-39 | 2 | M 2 | 00:23:30 | 00:47:20 | 01:14:11.15 | 4:39 | 12.9 |
| 3 | WOJTALIK ŁUKASZ | 144 | | POŁCZYN ZDRÓJ | POL | M30-39 | 3 | M 4 | 00:24:40 | 00:50:48 | 01:17:08.45 | 4:51 | 12.4 |
| 4 | OSTROWSKI MARCIN | 92 | PZU SPORT TEAM | WARSZAWA | POL | M30-39 | 4 | M 7 | 00:26:42 | 00:54:46 | 01:22:44.75 | 5:12 | 11.5 |
| 5 | SZYMAŃSKI PIOTR | 128 | | POŁCZYN ZDRÓJ | POL | M30-39 | 5 | M 13 | 00:28:21 | 00:57:28 | 01:26:47.15 | 5:27 | 11 |
| 6 | RAKOWSKI ŁUKASZ | 104 | ZADYSZKA BARWICE | BARWICE | POL | M30-39 | 6 | M 15 | 00:28:05 | 00:57:48 | 01:27:51.40 | 5:31 | 10.9 |
| 7 | KIEŁCZYŃSKI DAWID | 57 | TEAM DAVE BUKÓWKA | BUKÓWKA | POL | M30-39 | 7 | M 17 | 00:28:34 | 00:58:40 | 01:28:11.95 | 5:32 | 10.8 |
| 8 | KRUKOWSKI ADAM | 64 | | DRZONOWO | POL | M30-39 | 8 | M 19 | 00:28:54 | 00:58:41 | 01:29:11.70 | 5:36 | 10.7 |
| 9 | LEŚNIEWSKI-PARFIANOWICZ GRZEGORZ | 70 | LEŚNE WILCZE JEDNOROŻCE | ZŁOCZENIEC | POL | M30-39 | 9 | M 22 | 00:27:51 | 00:58:33 | 01:30:05.05 | 5:39 | 10.6 |
| 10 | STWORA ROBERT | 117 | DEL ZUW KOSZALIN | KOSZALIN | POL | M30-39 | 10 | M 24 | 00:30:56 | 01:01:46 | 01:31:50.45 | 5:46 | 10.4 |
| 11 | DZIADEK KRZYSZTOF | 24 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 11 | M 27 | 00:29:15 | 01:01:20 | 01:33:08.90 | 5:51 | 10.2 |
| 12 | CIESIELSKI MARCIN | 15 | | KOSZALIN | POL | M30-39 | 12 | M 29 | 00:29:59 | 01:01:01 | 01:33:58.65 | 5:54 | 10.2 |
| 13 | SEROWSKI ŁUKASZ | 109 | BIEGOLAS KOSZALIN | DRZEWIANY | POL | M30-39 | 13 | M 33 | 00:29:55 | 01:01:37 | 01:34:35.20 | 5:56 | 10.1 |
| 14 | ZAWISKA BARTŁOMIEJ | 145 | | KOSZALIN | POL | M30-39 | 14 | M 39 | 00:31:58 | 01:05:59 | 01:39:43.15 | 6:16 | 9.6 |
| 15 | WIDAK MATEUSZ | 138 | | KOSZALIN | POL | M30-39 | 15 | M 41 | 00:32:02 | 01:06:12 | 01:41:25.45 | 6:22 | 9.4 |
| 16 | KATA MARCIN | 55 | DZIKIE ŻÓŁWIE | NOWE BIELICE | POL | M30-39 | 16 | M 44 | 00:31:42 | 01:06:12 | 01:43:11.80 | 6:29 | 9.2 |
| 17 | KOWALCZYK PIOTR | 60 | FOR-REST-RUN | KOSZALIN | POL | M30-39 | 17 | M 46 | 00:33:25 | 01:09:09 | 01:45:57.50 | 6:39 | 9 |
| 18 | OKOŁOTOWICZ SEBASTIAN | 88 | | SŁUPSK | POL | M30-39 | 18 | M 51 | 00:31:32 | 01:08:22 | 01:53:26.80 | 7:08 | 8.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|------------------------|-----|--------------------|------------------|------|--------|--------|-----|----------|----------|-------------|--------|------|
| 1 | LEONIAK ŁUCJA | 69 | TSUNAMI SZCZECINEK | SZCZECINEK | POL | K40-49 | 1 | K 4 | 00:33:30 | 01:07:36 | 01:40:47.75 | 6:20 | 9.5 |
| 2 | KUBIAK KAROLINA | 147 | | WEJHEROWO | POL | K40-49 | 2 | K 5 | 00:32:54 | 01:07:14 | 01:41:55.05 | 6:24 | 9.4 |
| 3 | DRULIK-HOŁUB MARTA | 22 | | KOSZALIN | POL | K40-49 | 3 | K 7 | 00:33:39 | 01:09:17 | 01:46:05.35 | 6:40 | 9 |
| 4 | SZUBERT AGNIESZKA | 127 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | K40-49 | 4 | K 8 | 00:35:01 | 01:11:00 | 01:46:55.05 | 6:43 | 8.9 |
| 5 | GRABOWSKA-LESISZ ANETA | 34 | COLD WOMAN | KOSZALIN | POL | K40-49 | 5 | K 9 | 00:33:57 | 01:10:45 | 01:48:02.50 | 6:47 | 8.8 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|-----------------|-----|---------------|-----------|------|--------|--------|-----|----------|----------|-------------|--------|------|
| 1 | HUBERT ŁUKASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 1 | M 3 | 00:23:44 | 00:49:13 | 01:15:10.40 | 4:43 | 12.7 |
| 2 | WOJNIUSZ ADRIAN | 143 | FEIFER TEAM | DARŁOWO | POL | M40-49 | 2 | M 5 | 00:26:25 | 00:53:17 | 01:21:08.70 | 5:06 | 11.8 |
| 3 | STERNIK TOMASZ | 116 | | BIAŁOGARD | POL | M40-49 | 3 | M 8 | 00:26:31 | 00:54:35 | 01:23:29.40 | 5:15 | 11.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M40-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|------------------------|-----|------------------|------------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 4 | SMAGOWSKI WOJTEK | 112 | OSP RAJINO | RAJINO | POL | M40-49 | 4 | M 11 | 00:27:43 | 00:57:08 | 01:24:53.50 | 5:20 | 11.2 |
| 5 | MAZUR EMILIJUSZ | 82 | GROOT | DARŁOWO | POL | M40-49 | 5 | M 14 | 00:28:11 | 00:57:42 | 01:27:44.60 | 5:31 | 10.9 |
| 6 | IWANIEC DARIUSZ | 48 | TKKF KOSZALIN | SIERAKOWO | POL | M40-49 | 6 | M 16 | 00:28:42 | 00:58:40 | 01:27:59.40 | 5:32 | 10.8 |
| 7 | PAKUŁSKI MARCIN | 95 | | KOSZALIN | POL | M40-49 | 7 | M 20 | 00:29:13 | 00:59:07 | 01:29:20.80 | 5:37 | 10.7 |
| 8 | WILKOWSKI KRZYSZTOF | 139 | FOR-REST-RUN | KOSZALIN | POL | M40-49 | 8 | M 21 | 00:29:09 | 00:59:22 | 01:29:23.05 | 5:37 | 10.7 |
| 9 | SZUBERT MARCIN | 126 | KOŁOBRZEG BIEGA | USTRONIE MORSKIE | POL | M40-49 | 9 | M 31 | 00:30:50 | 01:02:18 | 01:34:22.75 | 5:56 | 10.1 |
| 10 | TYLMAN PIOTR | 130 | RUNDORFINA | CZAPLINEK | POL | M40-49 | 10 | M 32 | 00:29:26 | 01:01:12 | 01:34:30.00 | 5:56 | 10.1 |
| 11 | SZAFRAŃSKI GRZEGORZ | 122 | MLUKS TRZEBIATÓW | MIROSLAWICE | POL | M40-49 | 11 | M 35 | 00:30:29 | 01:02:30 | 01:36:16.75 | 6:03 | 9.9 |
| 12 | KOŁODZIEJCZAK GRZEGORZ | 59 | | SZCZECINEK | POL | M40-49 | 12 | M 40 | 00:33:49 | 01:07:22 | 01:39:45.00 | 6:16 | 9.6 |
| 13 | HAJDUK MACIEJ | 40 | NIEBKO TERROR | SZCZECIN | POL | M40-49 | 13 | M 43 | 00:31:45 | 01:05:59 | 01:42:03.40 | 6:25 | 9.3 |
| 14 | DIDŁUCH JACEK | 19 | KARLINOBIEGAJ | POBŁOCIE WIELKIE | POL | M40-49 | 14 | M 48 | 00:34:02 | 01:12:26 | 01:51:15.70 | 6:59 | 8.6 |
| 15 | GARNCAREK PAWEŁ | 28 | | ŚWIESZYNO | POL | M40-49 | 15 | M 49 | 00:35:53 | 01:13:36 | 01:51:57.55 | 7:02 | 8.5 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|-------------------|----|----------------------------------|------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | MAJEWSKA DOROTA | 75 | BIEGOLAS | REDLINO | POL | K50-59 | 1 | K 10 | 00:37:09 | 01:16:43 | 01:57:52.45 | 7:24 | 8.1 |
| 2 | BORUC BARBARA | 12 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | K50-59 | 2 | K 13 | 00:38:46 | 01:19:23 | 02:00:40.90 | 7:35 | 7.9 |
| 3 | MACKOJC AGNIESZKA | 74 | | GRYFICE | POL | K50-59 | 3 | K 16 | 00:39:55 | 01:23:09 | 02:08:49.30 | 8:06 | 7.4 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|-----------------------|-----|-------------------------------------|-------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | ZWOLIŃSKI JAN | 146 | TKKF KOSZALIN | WIERCISZEWO | POL | M50-59 | 1 | M 6 | 00:26:23 | 00:53:41 | 01:21:14.85 | 5:06 | 11.7 |
| 2 | PICK TOMASZ | 99 | BIEGOLAS KOSZALIN / KORONA SZCZECIN | KOSZALIN | POL | M50-59 | 2 | M 9 | 00:27:53 | 00:56:36 | 01:24:08.15 | 5:17 | 11.3 |
| 3 | BIEDRZYCKI KRZYSZTOF | 5 | | KOŁOBRZEG | POL | M50-59 | 3 | M 12 | 00:27:20 | 00:56:01 | 01:25:46.15 | 5:23 | 11.1 |
| 4 | MARCINKOWSKI ZBIGNIEW | 78 | KARLINOBIEGAJ! | KARLINO | POL | M50-59 | 4 | M 23 | 00:28:39 | 00:59:05 | 01:30:26.60 | 5:41 | 10.5 |
| 5 | URBAŃSKI TOMASZ | 131 | BIAŁOGARD BIEGA | BIAŁOGARD | POL | M50-59 | 5 | M 25 | 00:31:19 | 01:01:48 | 01:31:58.30 | 5:47 | 10.4 |
| 6 | OLEARCZYK ARKADIUSZ | 89 | | BOBOLICE | POL | M50-59 | 6 | M 28 | 00:29:12 | 01:00:40 | 01:33:16.25 | 5:51 | 10.2 |
| 7 | DRESZLER WIESŁAW | 21 | | SKOWARCZ | POL | M50-59 | 7 | M 30 | 00:30:10 | 01:02:07 | 01:34:01.90 | 5:54 | 10.1 |
| 8 | GAŁAN LESZEK | 26 | | ZŁOCENIEC | POL | M50-59 | 8 | M 36 | 00:30:53 | 01:03:37 | 01:36:43.55 | 6:04 | 9.9 |
| 9 | SCHWARZ LUDWIK | 108 | | KOSZALIN | POL | M50-59 | 9 | M 37 | 00:32:39 | 01:05:12 | 01:38:12.20 | 6:10 | 9.7 |
| 10 | MARCINKOWSKI JACEK | 79 | SSK ORZEŁ ŚWIESZYNO | ŚWOESZYNO | POL | M50-59 | 10 | M 42 | 00:31:32 | 01:06:27 | 01:42:01.40 | 6:24 | 9.4 |
| 11 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLAS KOSZALIN | BOBOLICE | POL | M50-59 | 11 | M 45 | 00:32:34 | 01:08:19 | 01:45:50.35 | 6:39 | 9 |
| 12 | GUDANIEC RADEK | 38 | TRIATHLON TKKF KOSZALIN | KRETOMINO | POL | M50-59 | 12 | M 50 | 00:35:29 | 01:14:17 | 01:52:25.45 | 7:04 | 8.5 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 5.3km | 10.6km | Netto | min/km | km/h |
|------|---------------------|-----|---------------|---------------|------|--------|--------|------|----------|----------|-------------|--------|------|
| 1 | CHUDY HENRYK | 113 | | SŁAWSKO | POL | M60-69 | 1 | M 26 | 00:29:58 | 01:01:15 | 01:32:23.35 | 5:48 | 10.3 |
| 2 | KROCZYŃSKI SŁAWOMIR | 103 | BIEGOLAS | KOŁOBRZEG | POL | M60-69 | 2 | M 34 | 00:30:51 | 01:02:57 | 01:34:53.10 | 5:58 | 10.1 |
| 3 | SKOWYRSKI JANUSZ | 110 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 3 | M 38 | 00:32:18 | 01:05:52 | 01:39:40.85 | 6:16 | 9.6 |
| 4 | JUSZCZAK KRZYSZTOF | 50 | | KOSZALIN | POL | M60-69 | 4 | M 53 | 00:38:28 | 01:19:29 | 02:02:58.10 | 7:44 | 7.8 |

XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM, Drużynowa

| Miejsce | Drużyna | Zawodnicy klasyfikowani | Czas | Czas drużyny |
|---------|---------------|--|--|--------------|
| 1 | TKKF KOSZALIN | ŁUKASZ HUBERTULA KASZTELANJAN ZWOLIŃSKIDARIUSZ IWANIEC | 01:15:10.4001:20:50.1001:21:14.8501:27:59.40 | 05:25:13 |