

INWA NORDIC WALKING WORLD CUP - 10KM

Organizator: Polskie Zrzeszenie Nordic Walking, Urząd Gminy Kolbuszowa
Data: 2022-05-14
Miejsce: Koszalin
Dystans: 10 km
Klasyfikacja wg czasów netto.



INWA NORDIC WALKING WORLD CUP - 10KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|-----|---|----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | DZIEDIEWICZ ANDRZEJ | 41 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 1 | M 1 | | | 00:14:04 | 00:28:55 | 00:44:03 | 00:59:20.01 | 5:56 | 10.1 |
| 2 | MARCZAK TOMASZ | 53 | | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:14:18 | 00:29:35 | 00:45:17 | 01:01:06.38 | 6:06 | 9.8 |
| 3 | BARCZYK BOGDAN | 32 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | 1 | M 3 | | | 00:15:40 | 00:31:37 | 00:47:37 | 01:03:12.66 | 6:19 | 9.5 |
| 4 | JANOCHA ROBERT | 43 | MUKS PODKARPACIE JEDLICZE | KROSNO | POL | M50-59 | 2 | M 4 | | | 00:15:40 | 00:31:31 | 00:47:32 | 01:03:19.97 | 6:19 | 9.5 |
| 5 | POLKOWSKI PIOTR | 59 | | WARSZAWA | POL | M30-39 | 1 | M 5 | | | 00:15:31 | 00:31:31 | 00:47:53 | 01:04:03.15 | 6:24 | 9.4 |
| 6 | KUBISZYN MAŁGORZATA | 48 | | LUBACZÓW | POL | K30-39 | 1 | K 1 | | | 00:15:37 | 00:31:50 | 00:48:09 | 01:04:32.36 | 6:27 | 9.3 |
| 7 | ŚWIDEREK MARCIN | 72 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 2 | M 6 | | | 00:15:47 | 00:32:06 | 00:48:29 | 01:04:32.87 | 6:27 | 9.3 |
| 8 | BIELECKA ZUZANNA | 33 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K40-49 | 1 | K 2 | 1 | | 00:16:00 | 00:32:28 | 00:48:52 | 01:04:45.00 | 6:28 | 9.3 |
| 9 | KRAJEWSKA HANNA | 29 | NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND | PIŁA | POL | K18-29 | 1 | K 3 | | | 00:15:36 | 00:32:07 | 00:49:05 | 01:05:13.97 | 6:31 | 9.2 |
| 10 | CZŁAPSKI KRZYSZTOF | 38 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-59 | 3 | M 7 | | | 00:16:19 | 00:33:09 | 00:50:08 | 01:06:38.60 | 6:39 | 9 |
| 11 | KRAWCZYK MAŁGORZATA | 146 | JEST LEPIEJ CZĘSTOCHOWA | ŻEGŁCE | POL | K30-39 | 2 | K 4 | 1 | | 00:16:21 | 00:33:17 | 00:50:13 | 01:06:53.97 | 6:41 | 9 |
| 12 | SIWAK PIOTR | 30 | KGHM METRACO RUDNA | RUDNA | POL | M60-69 | 1 | M 8 | | | 00:16:28 | 00:33:12 | 00:50:15 | 01:07:41.66 | 6:46 | 8.9 |
| 13 | ŚEMETA ALGIRDAS | 64 | | VILNIUS | LTU | M60-69 | 2 | M 9 | | | 00:16:41 | 00:33:49 | 00:51:08 | 01:08:28.96 | 6:50 | 8.8 |
| 14 | JĘDRASIAK RENATA | 45 | KGHM METRACO RUDNA | LUBIN | POL | K50-59 | 1 | K 5 | | | 00:16:53 | 00:34:03 | 00:51:31 | 01:08:49.45 | 6:52 | 8.7 |
| 15 | SITTEK AGNIESZKA | 66 | | KATOWICE | POL | K40-49 | 2 | K 6 | | | 00:17:11 | 00:34:41 | 00:52:20 | 01:09:43.43 | 6:58 | 8.6 |
| 16 | ADAMCZYK ADAM | 31 | PASJA NORDIC WALKING | WARSZAWA | POL | M70+ | 1 | M 10 | | | 00:17:25 | 00:35:11 | 00:52:43 | 01:09:47.87 | 6:58 | 8.6 |
| 17 | RAJEK MAGDALENA | 63 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 3 | K 7 | | | 00:17:10 | 00:34:42 | 00:52:22 | 01:10:02.19 | 7:00 | 8.6 |
| 18 | KOŃCZEWSKA BOŻENA | 46 | NIESZCZADZKI KLUB NW | USTRZYKI DOLNE | POL | K60-69 | 1 | K 8 | 1 | | 00:17:13 | 00:35:05 | 00:53:05 | 01:10:59.30 | 7:05 | 8.5 |
| 19 | DOMARADZKI TOMASZ | 39 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 3 | M 11 | | | 00:17:53 | 00:36:06 | 00:54:24 | 01:12:10.88 | 7:13 | 8.3 |
| 20 | YAKUYSZYN BORYS | 77 | KKNW | KOLBUSZOWA | UKR | M60-69 | 3 | M 12 | | | 00:17:11 | 00:35:25 | 00:53:50 | 01:12:42.16 | 7:16 | 8.3 |
| 21 | FURMAN MARIAN | 292 | ZDROWY ODLOT NW TEAM | BIECZ | POL | M60-69 | 4 | M 13 | | | 00:17:26 | 00:35:35 | 00:54:02 | 01:12:42.29 | 7:16 | 8.3 |
| 22 | POSIKATA JOANNA | 61 | | KALINOWICE ZAMOŚĆ | POL | K40-49 | 4 | K 9 | | | 00:17:45 | 00:35:49 | 00:54:22 | 01:13:08.79 | 7:18 | 8.2 |
| 23 | KUKHAR GANNA | 49 | | CHMIELNICKI | UKR | K30-39 | 3 | K 10 | 1 | | 00:18:01 | 00:36:38 | 00:55:08 | 01:13:25.23 | 7:20 | 8.2 |
| 24 | CZAJKA URSZULA | 37 | | RUMIA | POL | K60-69 | 2 | K 11 | | | 00:17:40 | 00:36:14 | 00:55:10 | 01:14:05.49 | 7:24 | 8.1 |
| 25 | ZIELIŃSKI MARCIN | 79 | | RZESZÓW | POL | M40-49 | 4 | M 14 | | | 00:18:09 | 00:36:33 | 00:55:05 | 01:14:22.34 | 7:26 | 8.1 |
| 26 | SHVED OLENA | 65 | | CHMIELNICKI | UKR | K50-59 | 2 | K 12 | | | 00:17:57 | 00:36:39 | 00:55:22 | 01:14:28.51 | 7:26 | 8.1 |
| 27 | PONAHAJBA DOMINIKA | 60 | | MORAWICA | POL | K40-49 | 5 | K 13 | | | 00:17:51 | 00:36:48 | 00:55:44 | 01:14:38.10 | 7:27 | 8 |
| 28 | WITALEC ANNA | 75 | | BOGUCHWAŁA | POL | K30-39 | 4 | K 14 | 1 | | 00:18:09 | 00:37:06 | 00:56:12 | 01:14:38.86 | 7:27 | 8 |
| 29 | TOPOLEWICZ GRZEGORZ | 74 | | KOLBUSZOWA | POL | M40-49 | 5 | M 15 | | | 00:18:45 | 00:37:36 | 00:56:21 | 01:14:46.10 | 7:28 | 8 |
| 30 | SZCZĘŚNIAK ZBIGNIEW | 68 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 5 | M 16 | | | 00:18:01 | 00:36:51 | 00:56:02 | 01:14:54.63 | 7:29 | 8 |
| 31 | SZUKAŁA RAFAL | 69 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 6 | M 17 | | | 00:18:28 | 00:37:16 | 00:56:17 | 01:15:06.27 | 7:30 | 8 |
| 32 | ŁOSKA ROMUALD | 51 | | KATOWICE | POL | M60-69 | 6 | M 18 | | | 00:18:00 | 00:36:42 | 00:55:52 | 01:15:35.85 | 7:33 | 7.9 |
| 33 | ZAWADZKI ZYGMUNT | 78 | CIDRY LOTAJOM | BYTOM | POL | M60-69 | 7 | M 19 | | | 00:18:40 | 00:37:33 | 00:56:42 | 01:16:23.23 | 7:38 | 7.9 |
| 34 | MUSIAŁ OLA | 80 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 6 | K 15 | | | 00:18:24 | 00:37:43 | 00:57:17 | 01:17:20.41 | 7:44 | 7.8 |
| 35 | WYSOCKI ANDRZEJ | 76 | | SKÓRZEC | POL | M40-49 | 7 | M 20 | | | 00:18:40 | 00:37:55 | 00:57:26 | 01:17:25.28 | 7:44 | 7.8 |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|---------------------|-----|----------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 36 | STUDNICKI RYSZARD | 228 | KKNW KOLBUSZOWA | KOLBUSZOWA | POL | M70+ | 2 | M 21 | | | 00:27:09 | 00:31:46 | 00:43:38 | 01:17:44.09 | 7:46 | 7.7 |
| 37 | KORPOK ALEKSANDRA | 47 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | K40-49 | 7 | K 16 | | | 00:19:06 | 00:39:06 | 00:58:38 | 01:17:56.39 | 7:47 | 7.7 |
| 38 | MULARSKA MARIA | 56 | - | STRÓŻE | POL | K50-59 | 3 | K 17 | | | 00:19:43 | 00:39:37 | 00:59:27 | 01:19:03.34 | 7:54 | 7.6 |
| 39 | SONDEJ WIESŁAW | 67 | | RZESZÓW | POL | M60-69 | 8 | M 22 | | | 00:19:13 | 00:39:11 | 00:59:18 | 01:19:26.93 | 7:56 | 7.6 |
| 40 | TOMCZYK EDWARD | 73 | MARSZ PO ZDROWIE | POZNAŃ | POL | M70+ | 3 | M 23 | | | 00:18:06 | 00:37:23 | 00:58:00 | 01:20:20.44 | 8:02 | 7.5 |
| 41 | CECERSKI JOACHIM | 35 | | KATOWICE | POL | M18-29 | 2 | M 24 | | | 00:20:20 | 00:40:29 | 01:00:29 | 01:20:38.10 | 8:03 | 7.4 |
| 42 | SIMKO ZBIGNIEW | 28 | KLUB NW WŁÓCZYKIJE LEŻAJSK | NOWA SARZYNA | POL | M70+ | 4 | M 25 | | | 00:19:37 | 00:40:12 | 01:01:01 | 01:22:00.80 | 8:12 | 7.3 |
| 43 | ŚLĘZAK JAKUB | 71 | | KATOWICE | POL | M18-29 | 3 | M 26 | | | 00:20:19 | 00:40:28 | 01:00:43 | 01:22:04.72 | 8:12 | 7.3 |
| 44 | TOPÓR MAŁGORZATA | 293 | ZDROWY ODLOT NW TEAM | BIECZ | POL | K60-69 | 3 | K 18 | | | 00:20:09 | 00:41:10 | 01:02:33 | 01:24:11.07 | 8:25 | 7.1 |
| 45 | PREDKO GRAŻYNA | 62 | | TARNOBRZEG | POL | K40-49 | 8 | K 19 | | | 00:20:32 | 00:41:50 | 01:02:45 | 01:24:36.43 | 8:27 | 7.1 |
| 46 | MICEK MAGDALENA | 54 | BEZ KLUBU | KOLBUSZOWA | POL | K40-49 | 9 | K 20 | | | 00:20:40 | 00:42:06 | 01:03:35 | 01:25:20.91 | 8:32 | 7 |
| 47 | PAWIŁOWSKA BOŻENA | 57 | SST LUBCZA | RACŁAWÓWKA | POL | K60-69 | 4 | K 21 | | | 00:21:06 | 00:43:00 | 01:04:53 | 01:27:36.47 | 8:45 | 6.8 |
| 48 | JAŻWA MAGDALENA | 44 | | KOLBUSZOWA | POL | K50-59 | 4 | K 22 | | | 00:22:00 | 00:44:55 | 01:07:41 | 01:29:35.85 | 8:57 | 6.7 |
| 49 | PAWIŁOWSKI HENRYK | 58 | SST LUBCZA | RACŁAWÓWKA | POL | M60-69 | 9 | M 27 | | | 00:23:16 | 00:45:06 | 01:06:58 | 01:29:46.56 | 8:58 | 6.7 |
| 50 | GAWROŃSKA AGNIESZKA | 42 | | KOLBUSZOWA | POL | K40-49 | 10 | K 23 | | | 00:22:21 | 00:45:19 | 01:08:04 | 01:30:03.43 | 9:00 | 6.7 |
| 51 | CECERSKA JULIA | 34 | | KATOWICE | POL | K18-29 | 2 | K 24 | | | 00:22:08 | 00:45:56 | 01:08:17 | 01:31:50.77 | 9:11 | 6.5 |
| 52 | ŚLĘZAK MARTA | 70 | | KATOWICE | POL | K18-29 | 3 | K 25 | | | 00:22:10 | 00:45:58 | 01:08:19 | 01:31:51.24 | 9:11 | 6.5 |
| 53 | MAŁKOWSKA ZOFIA | 52 | | WARSZAWA | POL | K70+ | 1 | K 26 | | | 00:21:45 | 00:44:50 | 01:08:13 | 01:31:54.95 | 9:11 | 6.5 |
| 54 | OWCZAREK HENRYKA | 186 | MARSZ PO ZDROWIE | POZNAŃ | POL | K70+ | 2 | K 27 | | | 00:24:19 | 00:49:02 | 01:14:10 | 01:38:56.43 | 9:53 | 6.1 |
| DNC | DRYNDA FRANCISZEK | 40 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | M70+ | DNC | DNC | | | 00:22:33 | 00:47:58 | 01:14:51 | 17184:00.0 | 0:00 | 0 |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN -K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|---------------------|-----|---|-------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | KUBISZYN MAŁGORZATA | 48 | | LUBACZÓW | POL | K30-39 | 1 | K 1 | | | 00:15:37 | 00:31:50 | 00:48:09 | 01:04:32.36 | 6:27 | 9.3 |
| 2 | BIELECKA ZUZANNA | 33 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K40-49 | 1 | K 2 | 1 | | 00:16:00 | 00:32:28 | 00:48:52 | 01:04:45.00 | 6:28 | 9.3 |
| 3 | KRAJEWSKA HANNA | 29 | NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND | PIŁA | POL | K18-29 | 1 | K 3 | | | 00:15:36 | 00:32:07 | 00:49:05 | 01:05:13.97 | 6:31 | 9.2 |
| 4 | KRAWCZYK MAŁGORZATA | 146 | JEST LEPIEJ CZĘSTOCHOWA | ŻEGLCE | POL | K30-39 | 2 | K 4 | 1 | | 00:16:21 | 00:33:17 | 00:50:13 | 01:06:53.97 | 6:41 | 9 |
| 5 | JĘDRASIAK RENATA | 45 | KGHM METRACO RUDNA | LUBIN | POL | K50-59 | 1 | K 5 | | | 00:16:53 | 00:34:03 | 00:51:31 | 01:08:49.45 | 6:52 | 8.7 |
| 6 | SITTEK AGNIESZKA | 66 | | KATOWICE | POL | K40-49 | 2 | K 6 | | | 00:17:11 | 00:34:41 | 00:52:20 | 01:09:43.43 | 6:58 | 8.6 |
| 7 | RAJEK MAGDALENA | 63 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 3 | K 7 | | | 00:17:10 | 00:34:42 | 00:52:22 | 01:10:02.19 | 7:00 | 8.6 |
| 8 | KOŃCZEWSKA BOŻENA | 46 | NIESZCZADZKI KLUB NW | USTRZYKI DOLNE | POL | K60-69 | 1 | K 8 | 1 | | 00:17:13 | 00:35:05 | 00:53:05 | 01:10:59.30 | 7:05 | 8.5 |
| 9 | POSIKATA JOANNA | 61 | | KALINOWICE ZAMOŚĆ | POL | K40-49 | 4 | K 9 | | | 00:17:45 | 00:35:49 | 00:54:22 | 01:13:08.79 | 7:18 | 8.2 |
| 10 | KUKHAR GANNA | 49 | | CHMIELNICKI | UKR | K30-39 | 3 | K 10 | 1 | | 00:18:01 | 00:36:38 | 00:55:08 | 01:13:25.23 | 7:20 | 8.2 |
| 11 | CZAJKA URSZULA | 37 | | RUMIA | POL | K60-69 | 2 | K 11 | | | 00:17:40 | 00:36:14 | 00:55:10 | 01:14:05.49 | 7:24 | 8.1 |
| 12 | SHVED OLENA | 65 | | CHMIELNICKI | UKR | K50-59 | 2 | K 12 | | | 00:17:57 | 00:36:39 | 00:55:22 | 01:14:28.51 | 7:26 | 8.1 |
| 13 | PONAHAJBA DOMINIKA | 60 | | MORAWICA | POL | K40-49 | 5 | K 13 | | | 00:17:51 | 00:36:48 | 00:55:44 | 01:14:38.10 | 7:27 | 8 |
| 14 | WITALEC ANNA | 75 | | BOGUCHWAŁA | POL | K30-39 | 4 | K 14 | 1 | | 00:18:09 | 00:37:06 | 00:56:12 | 01:14:38.86 | 7:27 | 8 |
| 15 | MUSIAŁ OLA | 80 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 6 | K 15 | | | 00:18:24 | 00:37:43 | 00:57:17 | 01:17:20.41 | 7:44 | 7.8 |
| 16 | KORPOK ALEKSANDRA | 47 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | K40-49 | 7 | K 16 | | | 00:19:06 | 00:39:06 | 00:58:38 | 01:17:56.39 | 7:47 | 7.7 |
| 17 | MULARSKA MARIA | 56 | - | STRÓŻE | POL | K50-59 | 3 | K 17 | | | 00:19:43 | 00:39:37 | 00:59:27 | 01:19:03.34 | 7:54 | 7.6 |
| 18 | TOPÓR MAŁGORZATA | 293 | ZDROWY ODLOT NW TEAM | BIECZ | POL | K60-69 | 3 | K 18 | | | 00:20:09 | 00:41:10 | 01:02:33 | 01:24:11.07 | 8:25 | 7.1 |
| 19 | PREDKO GRAŻYNA | 62 | | TARNOBRZEG | POL | K40-49 | 8 | K 19 | | | 00:20:32 | 00:41:50 | 01:02:45 | 01:24:36.43 | 8:27 | 7.1 |
| 20 | MICEK MAGDALENA | 54 | BEZ KLUBU | KOLBUSZOWA | POL | K40-49 | 9 | K 20 | | | 00:20:40 | 00:42:06 | 01:03:35 | 01:25:20.91 | 8:32 | 7 |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN -K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|-----|------------------|------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 21 | PAWIŁOWSKA BOŻENA | 57 | SST LUBCZA | RACŁAWÓWKA | POL | K60-69 | 4 | K 21 | | | 00:21:06 | 00:43:00 | 01:04:53 | 01:27:36.47 | 8:45 | 6.8 |
| 22 | JAŻWA MAGDALENA | 44 | | KOLBUSZOWA | POL | K50-59 | 4 | K 22 | | | 00:22:00 | 00:44:55 | 01:07:41 | 01:29:35.85 | 8:57 | 6.7 |
| 23 | GAWROŃSKA AGNIESZKA | 42 | | KOLBUSZOWA | POL | K40-49 | 10 | K 23 | | | 00:22:21 | 00:45:19 | 01:08:04 | 01:30:03.43 | 9:00 | 6.7 |
| 24 | CECERSKA JULIA | 34 | | KATOWICE | POL | K18-29 | 2 | K 24 | | | 00:22:08 | 00:45:56 | 01:08:17 | 01:31:50.77 | 9:11 | 6.5 |
| 25 | ŚLĘZAK MARTA | 70 | | KATOWICE | POL | K18-29 | 3 | K 25 | | | 00:22:10 | 00:45:58 | 01:08:19 | 01:31:51.24 | 9:11 | 6.5 |
| 26 | MAŁKOWSKA ZOFIA | 52 | | WARSZAWA | POL | K70+ | 1 | K 26 | | | 00:21:45 | 00:44:50 | 01:08:13 | 01:31:54.95 | 9:11 | 6.5 |
| 27 | OWCZAREK HENRYKA | 186 | MARSZ PO ZDROWIE | POZNAŃ | POL | K70+ | 2 | K 27 | | | 00:24:19 | 00:49:02 | 01:14:10 | 01:38:56.43 | 9:53 | 6.1 |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN -M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|-----|-------------------------------|--------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | DZIEDIEWICZ ANDRZEJ | 41 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 1 | M 1 | | | 00:14:04 | 00:28:55 | 00:44:03 | 00:59:20.01 | 5:56 | 10.1 |
| 2 | MARCZAK TOMASZ | 53 | | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:14:18 | 00:29:35 | 00:45:17 | 01:01:06.38 | 6:06 | 9.8 |
| 3 | BARCZYK BOGDAN | 32 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | 1 | M 3 | | | 00:15:40 | 00:31:37 | 00:47:37 | 01:03:12.66 | 6:19 | 9.5 |
| 4 | JANOCHA ROBERT | 43 | MUKS PODKARPACIE JEDLICZE | KROSNO | POL | M50-59 | 2 | M 4 | | | 00:15:40 | 00:31:31 | 00:47:32 | 01:03:19.97 | 6:19 | 9.5 |
| 5 | POLKOWSKI PIOTR | 59 | | WARSZAWA | POL | M30-39 | 1 | M 5 | | | 00:15:31 | 00:31:31 | 00:47:53 | 01:04:03.15 | 6:24 | 9.4 |
| 6 | ŚWIDEREK MARCIN | 72 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 2 | M 6 | | | 00:15:47 | 00:32:06 | 00:48:29 | 01:04:32.87 | 6:27 | 9.3 |
| 7 | CZŁAPSKI KRZYSZTOF | 38 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-59 | 3 | M 7 | | | 00:16:19 | 00:33:09 | 00:50:08 | 01:06:38.60 | 6:39 | 9 |
| 8 | SIWAK PIOTR | 30 | KGHM METRACO RUDNA | RUDNA | POL | M60-69 | 1 | M 8 | | | 00:16:28 | 00:33:12 | 00:50:15 | 01:07:41.66 | 6:46 | 8.9 |
| 9 | ŚEMETA ALGIRDAS | 64 | | VILNIUS | LTU | M60-69 | 2 | M 9 | | | 00:16:41 | 00:33:49 | 00:51:08 | 01:08:28.96 | 6:50 | 8.8 |
| 10 | ADAMCZYK ADAM | 31 | PASJA NORDIC WALKING | WARSZAWA | POL | M70+ | 1 | M 10 | | | 00:17:25 | 00:35:11 | 00:52:43 | 01:09:47.87 | 6:58 | 8.6 |
| 11 | DOMARADZKI TOMASZ | 39 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 3 | M 11 | | | 00:17:53 | 00:36:06 | 00:54:24 | 01:12:10.88 | 7:13 | 8.3 |
| 12 | YAKUYSZYN BORYS | 77 | KKNW | KOLBUSZOWA | UKR | M60-69 | 3 | M 12 | | | 00:17:11 | 00:35:25 | 00:53:50 | 01:12:42.16 | 7:16 | 8.3 |
| 13 | FURMAN MARIAN | 292 | ZDROWY ODLOT NW TEAM | BIECZ | POL | M60-69 | 4 | M 13 | | | 00:17:26 | 00:35:35 | 00:54:02 | 01:12:42.29 | 7:16 | 8.3 |
| 14 | ZIELIŃSKI MARCIN | 79 | | RZESZÓW | POL | M40-49 | 4 | M 14 | | | 00:18:09 | 00:36:33 | 00:55:05 | 01:14:22.34 | 7:26 | 8.1 |
| 15 | TOPOLEWICZ GRZEGORZ | 74 | | KOLBUSZOWA | POL | M40-49 | 5 | M 15 | | | 00:18:45 | 00:37:36 | 00:56:21 | 01:14:46.10 | 7:28 | 8 |
| 16 | SZCZĘŚNIAK ZBIGNIEW | 68 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 5 | M 16 | | | 00:18:01 | 00:36:51 | 00:56:02 | 01:14:54.63 | 7:29 | 8 |
| 17 | SZUKAŁA RAFAL | 69 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 6 | M 17 | | | 00:18:28 | 00:37:16 | 00:56:17 | 01:15:06.27 | 7:30 | 8 |
| 18 | ŁOSKA ROMUALD | 51 | | KATOWICE | POL | M60-69 | 6 | M 18 | | | 00:18:00 | 00:36:42 | 00:55:52 | 01:15:35.85 | 7:33 | 7.9 |
| 19 | ZAWADZKI ZYGMUNT | 78 | CIDRY LOTAJOM | BYTOM | POL | M60-69 | 7 | M 19 | | | 00:18:40 | 00:37:33 | 00:56:42 | 01:16:23.23 | 7:38 | 7.9 |
| 20 | WYSOCKI ANDRZEJ | 76 | | SKÓRZEC | POL | M40-49 | 7 | M 20 | | | 00:18:40 | 00:37:55 | 00:57:26 | 01:17:25.28 | 7:44 | 7.8 |
| 21 | STUDNICKI RYSZARD | 228 | KKNW KOLBUSZOWA | KOLBUSZOWA | POL | M70+ | 2 | M 21 | | | 00:27:09 | 00:31:46 | 00:43:38 | 01:17:44.09 | 7:46 | 7.7 |
| 22 | SONDEJ WIESŁAW | 67 | | RZESZÓW | POL | M60-69 | 8 | M 22 | | | 00:19:13 | 00:39:11 | 00:59:18 | 01:19:26.93 | 7:56 | 7.6 |
| 23 | TOMCZYK EDWARD | 73 | MARSZ PO ZDROWIE | POZNAŃ | POL | M70+ | 3 | M 23 | | | 00:18:06 | 00:37:23 | 00:58:00 | 01:20:20.44 | 8:02 | 7.5 |
| 24 | CECERSKI JOACHIM | 35 | | KATOWICE | POL | M18-29 | 2 | M 24 | | | 00:20:20 | 00:40:29 | 01:00:29 | 01:20:38.10 | 8:03 | 7.4 |
| 25 | SIMKO ZBIGNIEW | 28 | KLUB NW WŁÓCZYKIJE LEŻAJSK | NOWA SARZYNA | POL | M70+ | 4 | M 25 | | | 00:19:37 | 00:40:12 | 01:01:01 | 01:22:00.80 | 8:12 | 7.3 |
| 26 | ŚLĘZAK JAKUB | 71 | | KATOWICE | POL | M18-29 | 3 | M 26 | | | 00:20:19 | 00:40:28 | 01:00:43 | 01:22:04.72 | 8:12 | 7.3 |
| 27 | PAWIŁOWSKI HENRYK | 58 | SST LUBCZA | RACŁAWÓWKA | POL | M60-69 | 9 | M 27 | | | 00:23:16 | 00:45:06 | 01:06:58 | 01:29:46.56 | 8:58 | 6.7 |
| DNC | DRYNDA FRANCISZEK | 40 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | M70+ | | DNC | | | 00:22:33 | 00:47:58 | 01:14:51 | 17184:00:0 | 0:00 | 0 |

INWA NORDIC WALKING WORLD CUP - 10KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------|----|---|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | KRAJEWSKA HANNA | 29 | NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND | PIŁA | POL | K18-29 | 1 | K 3 | | | 00:15:36 | 00:32:07 | 00:49:05 | 01:05:13.97 | 6:31 | 9.2 |
| 2 | CECERSKA JULIA | 34 | | KATOWICE | POL | K18-29 | 2 | K 24 | | | 00:22:08 | 00:45:56 | 01:08:17 | 01:31:50.77 | 9:11 | 6.5 |

INWA NORDIC WALKING WORLD CUP - 10KM, K18-29 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------|----|------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 3 | SŁĘZAK MARTA | 70 | | KATOWICE | POL | K18-29 | 3 | K 25 | | | 00:22:10 | 00:45:58 | 01:08:19 | 01:31:51.24 | 9:11 | 6.5 |

INWA NORDIC WALKING WORLD CUP - 10KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------|----|------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | MARCZAK TOMASZ | 53 | | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:14:18 | 00:29:35 | 00:45:17 | 01:01:06.38 | 6:06 | 9.8 |
| 2 | CECERSKI JOACHIM | 35 | | KATOWICE | POL | M18-29 | 2 | M 24 | | | 00:20:20 | 00:40:29 | 01:00:29 | 01:20:38.10 | 8:03 | 7.4 |
| 3 | SŁĘZAK JAKUB | 71 | | KATOWICE | POL | M18-29 | 3 | M 26 | | | 00:20:19 | 00:40:28 | 01:00:43 | 01:22:04.72 | 8:12 | 7.3 |

INWA NORDIC WALKING WORLD CUP - 10KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|-----|-------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | KUBISZYN MAŁGORZATA | 48 | | LUBACZÓW | POL | K30-39 | 1 | K 1 | | | 00:15:37 | 00:31:50 | 00:48:09 | 01:04:32.36 | 6:27 | 9.3 |
| 2 | KRAWCZYK MAŁGORZATA | 146 | JEST LEPIEJ CZĘSTOCHOWA | ŻEGLCE | POL | K30-39 | 2 | K 4 | 1 | | 00:16:21 | 00:33:17 | 00:50:13 | 01:06:53.97 | 6:41 | 9 |
| 3 | KUKHAR GANNA | 49 | | CHMIELNICKI | UKR | K30-39 | 3 | K 10 | 1 | | 00:18:01 | 00:36:38 | 00:55:08 | 01:13:25.23 | 7:20 | 8.2 |
| 4 | WITALEC ANNA | 75 | | BOGUCHWAŁA | POL | K30-39 | 4 | K 14 | 1 | | 00:18:09 | 00:37:06 | 00:56:12 | 01:14:38.86 | 7:27 | 8 |

INWA NORDIC WALKING WORLD CUP - 10KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------|----|------|-----------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | POLKOWSKI PIOTR | 59 | | WARSZAWA | POL | M30-39 | 1 | M 5 | | | 00:15:31 | 00:31:31 | 00:47:53 | 01:04:03.15 | 6:24 | 9.4 |

INWA NORDIC WALKING WORLD CUP - 10KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|----|----------------------------|----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | BIELECKA ZUZANNA | 33 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K40-49 | 1 | K 2 | 1 | | 00:16:00 | 00:32:28 | 00:48:52 | 01:04:45.00 | 6:28 | 9.3 |
| 2 | SITTEK AGNIESZKA | 66 | | KATOWICE | POL | K40-49 | 2 | K 6 | | | 00:17:11 | 00:34:41 | 00:52:20 | 01:09:43.43 | 6:58 | 8.6 |
| 3 | RAJEK MAGDALENA | 63 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 3 | K 7 | | | 00:17:10 | 00:34:42 | 00:52:22 | 01:10:02.19 | 7:00 | 8.6 |
| 4 | POSIKATA JOANNA | 61 | | KALINOWICE ZAMOŚĆ | POL | K40-49 | 4 | K 9 | | | 00:17:45 | 00:35:49 | 00:54:22 | 01:13:08.79 | 7:18 | 8.2 |
| 5 | PONAHAJBA DOMINIKA | 60 | | MORAWICA | POL | K40-49 | 5 | K 13 | | | 00:17:51 | 00:36:48 | 00:55:44 | 01:14:38.10 | 7:27 | 8 |
| 6 | MUSIAŁ OLA | 80 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 6 | K 15 | | | 00:18:24 | 00:37:43 | 00:57:17 | 01:17:20.41 | 7:44 | 7.8 |
| 7 | KORPOK ALEKSANDRA | 47 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | K40-49 | 7 | K 16 | | | 00:19:06 | 00:39:06 | 00:58:38 | 01:17:56.39 | 7:47 | 7.7 |
| 8 | PREDKO GRAŻYNA | 62 | | TARNOBRZEG | POL | K40-49 | 8 | K 19 | | | 00:20:32 | 00:41:50 | 01:02:45 | 01:24:36.43 | 8:27 | 7.1 |
| 9 | MICEK MAGDALENA | 54 | BEZ KLUBU | KOLBUSZOWA | POL | K40-49 | 9 | K 20 | | | 00:20:40 | 00:42:06 | 01:03:35 | 01:25:20.91 | 8:32 | 7 |
| 10 | GAWROŃSKA AGNIESZKA | 42 | | KOLBUSZOWA | POL | K40-49 | 10 | K 23 | | | 00:22:21 | 00:45:19 | 01:08:04 | 01:30:03.43 | 9:00 | 6.7 |

INWA NORDIC WALKING WORLD CUP - 10KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|---------------------|----|--------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | DZIEDIEWICZ ANDRZEJ | 41 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 1 | M 1 | | | 00:14:04 | 00:28:55 | 00:44:03 | 00:59:20.01 | 5:56 | 10.1 |
| 2 | ŚWIDEREK MARCIN | 72 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M40-49 | 2 | M 6 | | | 00:15:47 | 00:32:06 | 00:48:29 | 01:04:32.87 | 6:27 | 9.3 |
| 3 | DOMARADZKI TOMASZ | 39 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 3 | M 11 | | | 00:17:53 | 00:36:06 | 00:54:24 | 01:12:10.88 | 7:13 | 8.3 |

INWA NORDIC WALKING WORLD CUP - 10KM, M40-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|---------------------|----|--------------------|------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 4 | ZIELIŃSKI MARCIN | 79 | | RZESZÓW | POL | M40-49 | 4 | M 14 | | | 00:18:09 | 00:36:33 | 00:55:05 | 01:14:22.34 | 7:26 | 8.1 |
| 5 | TOPOLEWICZ GRZEGORZ | 74 | | KOLBUSZOWA | POL | M40-49 | 5 | M 15 | | | 00:18:45 | 00:37:36 | 00:56:21 | 01:14:46.10 | 7:28 | 8 |
| 6 | SZUKAŁA RAFAL | 69 | ACTIVE TEAM KOZŁÓW | KOZŁÓW | POL | M40-49 | 6 | M 17 | | | 00:18:28 | 00:37:16 | 00:56:17 | 01:15:06.27 | 7:30 | 8 |
| 7 | WYSOCKI ANDRZEJ | 76 | | SKÓRZEC | POL | M40-49 | 7 | M 20 | | | 00:18:40 | 00:37:55 | 00:57:26 | 01:17:25.28 | 7:44 | 7.8 |

INWA NORDIC WALKING WORLD CUP - 10KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------|----|--------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | JĘDRASIAK RENATA | 45 | KGHM METRACO RUDNA | LUBIN | POL | K50-59 | 1 | K 5 | | | 00:16:53 | 00:34:03 | 00:51:31 | 01:08:49.45 | 6:52 | 8.7 |
| 2 | SHVED OLENA | 65 | | CHMIELNICKI | UKR | K50-59 | 2 | K 12 | | | 00:17:57 | 00:36:39 | 00:55:22 | 01:14:28.51 | 7:26 | 8.1 |
| 3 | MULARSKA MARIA | 56 | - | STRÓŻE | POL | K50-59 | 3 | K 17 | | | 00:19:43 | 00:39:37 | 00:59:27 | 01:19:03.34 | 7:54 | 7.6 |
| 4 | JAŻWA MAGDALENA | 44 | | KOLBUSZOWA | POL | K50-59 | 4 | K 22 | | | 00:22:00 | 00:44:55 | 01:07:41 | 01:29:35.85 | 8:57 | 6.7 |

INWA NORDIC WALKING WORLD CUP - 10KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------|----|---------------------------|-------------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | BARCZYK BOGDAN | 32 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | 1 | M 3 | | | 00:15:40 | 00:31:37 | 00:47:37 | 01:03:12.66 | 6:19 | 9.5 |
| 2 | JANOCHA ROBERT | 43 | MUKS PODKARPACIE JEDLICZE | KROSNO | POL | M50-59 | 2 | M 4 | | | 00:15:40 | 00:31:31 | 00:47:32 | 01:03:19.97 | 6:19 | 9.5 |
| 3 | CZŁAPSKI KRZYSZTOF | 38 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-59 | 3 | M 7 | | | 00:16:19 | 00:33:09 | 00:50:08 | 01:06:38.60 | 6:39 | 9 |

INWA NORDIC WALKING WORLD CUP - 10KM, K60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-------------------|-----|----------------------|----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | KOŃCZEWSKA BOŻENA | 46 | NIESZCZADZKI KLUB NW | USTRZYKI DOLNE | POL | K60-69 | 1 | K 8 | 1 | | 00:17:13 | 00:35:05 | 00:53:05 | 01:10:59.30 | 7:05 | 8.5 |
| 2 | CZAJKA URSZULA | 37 | | RUMIA | POL | K60-69 | 2 | K 11 | | | 00:17:40 | 00:36:14 | 00:55:10 | 01:14:05.49 | 7:24 | 8.1 |
| 3 | TOPÓR MAŁGORZATA | 293 | ZDROWY ODLOT NW TEAM | BIECZ | POL | K60-69 | 3 | K 18 | | | 00:20:09 | 00:41:10 | 01:02:33 | 01:24:11.07 | 8:25 | 7.1 |
| 4 | PAWIŁOWSKA BOŻENA | 57 | SST LUBCZA | RACŁAWÓWKA | POL | K60-69 | 4 | K 21 | | | 00:21:06 | 00:43:00 | 01:04:53 | 01:27:36.47 | 8:45 | 6.8 |

INWA NORDIC WALKING WORLD CUP - 10KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|---------------------|-----|-------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | SIWAK PIOTR | 30 | KGHM METRACO RUDNA | RUDNA | POL | M60-69 | 1 | M 8 | | | 00:16:28 | 00:33:12 | 00:50:15 | 01:07:41.66 | 6:46 | 8.9 |
| 2 | ŠEMETA ALGIRDAS | 64 | | VILNIUS | LTU | M60-69 | 2 | M 9 | | | 00:16:41 | 00:33:49 | 00:51:08 | 01:08:28.96 | 6:50 | 8.8 |
| 3 | YAKUUSHYN BORYS | 77 | KKNW | KOLBUSZOWA | UKR | M60-69 | 3 | M 12 | | | 00:17:11 | 00:35:25 | 00:53:50 | 01:12:42.16 | 7:16 | 8.3 |
| 4 | FURMAN MARIAN | 292 | ZDROWY ODLOT NW TEAM | BIECZ | POL | M60-69 | 4 | M 13 | | | 00:17:26 | 00:35:35 | 00:54:02 | 01:12:42.29 | 7:16 | 8.3 |
| 5 | SZCZĘŚNIAK ZBIGNIEW | 68 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 5 | M 16 | | | 00:18:01 | 00:36:51 | 00:56:02 | 01:14:54.63 | 7:29 | 8 |
| 6 | ŁOSKA ROMUALD | 51 | | KATOWICE | POL | M60-69 | 6 | M 18 | | | 00:18:00 | 00:36:42 | 00:55:52 | 01:15:35.85 | 7:33 | 7.9 |
| 7 | ZAWADZKI ZYGMUNT | 78 | CIDRY LOTAJOM | BYTOM | POL | M60-69 | 7 | M 19 | | | 00:18:40 | 00:37:33 | 00:56:42 | 01:16:23.23 | 7:38 | 7.9 |
| 8 | SONDEJ WIESŁAW | 67 | | RZESZÓW | POL | M60-69 | 8 | M 22 | | | 00:19:13 | 00:39:11 | 00:59:18 | 01:19:26.93 | 7:56 | 7.6 |
| 9 | PAWIŁOWSKI HENRYK | 58 | SST LUBCZA | RACŁAWÓWKA | POL | M60-69 | 9 | M 27 | | | 00:23:16 | 00:45:06 | 01:06:58 | 01:29:46.56 | 8:58 | 6.7 |

INWA NORDIC WALKING WORLD CUP - 10KM, K70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------|-----|------------------|-----------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | MAŁKOWSKA ZOFIA | 52 | | WARSZAWA | POL | K70+ | 1 | K 26 | | | 00:21:45 | 00:44:50 | 01:08:13 | 01:31:54.95 | 9:11 | 6.5 |
| 2 | OWCZAREK HENRYKA | 186 | MARSZ PO ZDROWIE | POZNAŃ | POL | K70+ | 2 | K 27 | | | 00:24:19 | 00:49:02 | 01:14:10 | 01:38:56.43 | 9:53 | 6.1 |

INWA NORDIC WALKING WORLD CUP - 10KM, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-------------------|-----|-------------------------------|--------------------|------|------|--------|------|-------------|--------------|----------|----------|----------|-----------------|--------|------|
| 1 | ADAMCZYK ADAM | 31 | PASJA NORDIC WALKING | WARSZAWA | POL | M70+ | 1 | M 10 | | | 00:17:25 | 00:35:11 | 00:52:43 | 01:09:47.87 | 6:58 | 8.6 |
| 2 | STUDNICKI RYSZARD | 228 | KKNW KOLBUSZOWA | KOLBUSZOWA | POL | M70+ | 2 | M 21 | | | 00:27:09 | 00:31:46 | 00:43:38 | 01:17:44.09 | 7:46 | 7.7 |
| 3 | TOMCZYK EDWARD | 73 | MARSZ PO ZDROWIE | POZNAŃ | POL | M70+ | 3 | M 23 | | | 00:18:06 | 00:37:23 | 00:58:00 | 01:20:20.44 | 8:02 | 7.5 |
| 4 | SIMKO ZBIGNIEW | 28 | KLUB NW WŁÓCZYKIJE LEŻAJSK | NOWA SARZYNA | POL | M70+ | 4 | M 25 | | | 00:19:37 | 00:40:12 | 01:01:01 | 01:22:00.80 | 8:12 | 7.3 |
| DNC | DRYNDĄ FRANCISZEK | 40 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | M70+ | DNC | DNC | | | 00:22:33 | 00:47:58 | 01:14:51 | 17184:00:0 0 | 0:00 | 0 |

INWA NORDIC WALKING WORLD CUP - 10KM, Drużynowa

| Miejsce | Drużyna | Zawodnicy klasyfikowani | Czas | Czas drużyny |
|---------|-------------------------|--|--|--------------|
| 1 | NORDIC TEAM CZĘSTOCHOWA | BOGDAN BARCZYKMAGDALENA RAJEKZBIGNIEW SZCZĘŚNIAKOŁA MUSIAŁ | 01:03:12.6601:10:02.1901:14:54.6301:17:20.41 | 04:45:28 |