

V MISTRZOSTWA MIASTA SŁAWNO W BIEGU NA 5 KM

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2016-08-24
Miejsce: Sławno
Dystans: 5 km
Klasyfikacja wg czasów brutto.



V MISTRZOSTWA MIASTA SŁAWNO W BIEGU NA 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	3km	3.4km	3.8km	4.2km	4.6km	Netto	Brutto	min/km	km/h
1	KOZAK ARKADIUSZ	170	TKKF KOSZALIN	BONIN	POL	M-OPEN	1	M 1	00:11:11	00:12:38	00:14:08	00:15:37	00:17:04	00:18:14.80	00:18:14.80	3:38	16.5
2	LEŚNIEWSKI KONRAD	172		ROSTOMINO	POL	M-OPEN	2	M 2	00:11:10	00:12:38	00:14:07	00:15:36	00:17:04	00:18:25.55	00:18:25.55	3:41	16.3
3	WILCZEWSKI MARIUSZ	169	MKS ŚWIĘC SŁAWNO	SŁAWSKO	POL	M-OPEN	3	M 3	00:11:10	00:12:38	00:14:07	00:15:37	00:17:05	00:18:27.55	00:18:27.55	3:41	16.3
4	GARSKI KRYSPIŃ	199		BYTÓW	POL	M-OPEN	4	M 4	00:11:20	00:12:51	00:14:24	00:15:57	00:17:31	00:18:56.30	00:18:56.30	3:47	15.8
5	GAŁKOWSKI DARIUSZ	204		SŁAWSKO	POL	M-OPEN	5	M 5	00:11:18	00:12:52	00:14:26	00:16:02	00:17:38	00:19:08.80	00:19:08.80	3:49	15.7
6	WILCZEWSKI KRZYSZTOF	180		TYCHOWO	POL	M-OPEN	6	M 6	00:11:45	00:13:19	00:14:52	00:16:25	00:17:53	00:19:08.90	00:19:08.90	3:49	15.7
7	KRUKOWSKI BŁAŻEJ	203		SŁAWNO	POL	M-SŁAWNO	1	M 7	00:11:46	00:13:19	00:14:52	00:16:25	00:17:55	00:19:23.15	00:19:23.15	3:52	15.5
8	CHUDY HENRYK	187		SŁAWNO	POL	M-MASTERS	1	M 8	00:11:32	00:13:06	00:14:41	00:16:17	00:17:54	00:19:29.05	00:19:29.05	3:53	15.4
9	NOWAK TOMASZ	188		SŁAWNO	POL	M-SŁAWNO	2	M 9	00:11:45	00:13:19	00:14:53	00:16:32	00:18:13	00:19:40.45	00:19:40.45	3:56	15.3
10	POWARZYŃSKI KRZYSZTOF	207		MALECHOWO	POL	M-OPEN	7	M 10	00:11:36	00:13:11	00:14:49	00:16:27	00:18:06	00:19:43.30	00:19:43.30	3:56	15.2
11	ANTOSIK GRZEGORZ	181		POSTOMINO	POL	M-OPEN	8	M 11	00:11:57	00:13:32	00:15:08	00:16:42	00:18:13	00:19:44.55	00:19:44.55	3:56	15.2
12	WÓJCIK DAMIAN	182		DARŁOWO	POL	M-OPEN	9	M 12	00:12:03	00:13:42	00:15:23	00:17:05	00:18:46	00:20:17.85	00:20:17.85	4:03	14.8
13	BIERNAT KAMIL	168		SŁAWNO	POL	M-SŁAWNO	3	M 13	00:12:00	00:13:41	00:15:24	00:17:06	00:18:46	00:20:18.35	00:20:18.35	4:03	14.8
14	BRZOZOWSKI PIOTR	196		SŁAWNO	POL	M-SŁAWNO	4	M 14	00:12:26	00:14:11	00:15:58	00:17:46	00:19:33	00:21:10.30	00:21:10.30	4:14	14.2
15	SKIERKA GRZEGORZ	193		KWASOWO	POL	M-OPEN	10	M 15	00:12:34	00:14:12	00:15:58	00:17:46	00:19:32	00:21:10.50	00:21:10.50	4:14	14.2
16	KORAB SZYMON	174		KĘPICE	POL	M-OPEN	11	M 16	00:12:10	00:13:58	00:15:50	00:17:42	00:19:33	00:21:21.45	00:21:21.45	4:16	14.1
17	KAMELSKI PIOTR	206		SŁAWNO	POL	M-SŁAWNO	5	M 17	00:12:47	00:14:31	00:16:18	00:18:03	00:19:49	00:21:29.50	00:21:29.50	4:17	14
18	STRZELECKI ZBIGNIEW	175		KORZYBIE	POL	M-MASTERS	2	M 18	00:13:03	00:14:44	00:16:27	00:18:10	00:19:53	00:21:33.25	00:21:33.25	4:18	13.9
19	BRESZKA TOMASZ	184		DARŁOWO	POL	M-OPEN	12	M 19	00:12:48	00:14:35	00:16:23	00:18:12	00:20:01	00:21:43.80	00:21:43.80	4:20	13.8
20	MICHAŁAK WOJCIECH	165		SŁAWNO	POL	M-SŁAWNO	6	M 20	00:13:09	00:14:59	00:16:50	00:18:38	00:20:27	00:22:04.10	00:22:04.10	4:24	13.6
21	RÓG BARTOSZ	179		SŁAWNO	POL	M-SŁAWNO	7	M 21	00:12:35	00:14:23	00:16:17	00:18:13	00:20:08	00:22:05.00	00:22:05.00	4:25	13.6
22	ZIENTARSKA JOANNA	198		BYTÓW	POL	K-OPEN	1	K 1	00:13:14	00:15:04	00:16:57	00:18:51	00:20:47	00:22:38.25	00:22:38.25	4:31	13.3
23	GOSTOMCZYN KRZYSZTOF	189		SŁAWNO	POL	M-SŁAWNO	8	M 22	00:13:17	00:15:12	00:17:08	00:19:05	00:21:04	00:22:46.25	00:22:46.25	4:33	13.2
24	WÓJCIK GRZEGORZ	190		SŁAWNO	POL	M-SŁAWNO	9	M 23	00:13:52	00:15:45	00:17:39	00:19:30	00:21:19	00:22:55.30	00:22:55.30	4:35	13.1
25	GAJEK ARTUR	173		KĘPICE	POL	M-OPEN	13	M 24	00:13:31	00:15:24	00:17:15	00:19:10	00:21:07	00:22:59.25	00:22:59.25	4:35	13.1
26	PAKMUR MICHAŁ	167		SŁAWNO	POL	M-SŁAWNO	10	M 25	00:14:00	00:16:00	00:18:00	00:20:01	00:22:03	00:23:58.20	00:23:58.20	4:47	12.5
27	ANTOSIK GRAŻYNA	176		SŁAWNO	POL	K-OPEN	2	K 2	00:14:10	00:16:11	00:18:11	00:20:10	00:22:08	00:23:59.60	00:23:59.60	4:47	12.5
28	ANTOSIK JACEK	205		SŁAWNO	POL	M-SŁAWNO	11	M 26	00:14:11	00:16:11	00:18:12	00:20:12	00:22:13	00:24:08.00	00:24:08.00	4:49	12.4
29	KOWALCZYK KRZYSZTOF	164		SŁAWNO	POL	M-MASTERS	3	M 27	00:14:10	00:16:10	00:18:13	00:20:17	00:22:19	00:24:08.05	00:24:08.05	4:49	12.4
30	ROMAN SYLWIA	202		SŁAWNO	POL	K-SŁAWNO	1	K 3	00:14:25	00:16:23	00:18:22	00:20:22	00:22:23	00:24:11.65	00:24:11.65	4:50	12.4
31	LASKA AGNIESZKA	209		SŁAWNO	POL	K-MASTERS	1	K 4	00:14:36	00:16:36	00:18:40	00:20:41	00:22:40	00:24:38.15	00:24:38.15	4:55	12.2
32	NIECKARZ MONIKA	178		SŁAWNO	POL	K-SŁAWNO	2	K 5	00:14:39	00:16:43	00:18:48	00:20:56	00:23:00	00:24:42.90	00:24:42.90	4:56	12.1
33	KONKEL JOANNA	201		SŁAWNO	POL	K-MASTERS	2	K 6	00:15:16	00:17:20	00:19:24	00:21:27	00:23:30	00:25:27.20	00:25:27.20	5:05	11.8
34	BIERNAT KAROLINA	186		SŁAWNO	POL	K-SŁAWNO	3	K 7	00:14:56	00:17:06	00:19:22	00:21:37	00:23:44	00:25:41.65	00:25:41.65	5:08	11.7
35	NIECKARZ KRZYSZTOF	177		SŁAWNO	POL	M-SŁAWNO	12	M 28	00:14:39	00:16:40	00:18:42	00:20:44	00:22:36	00:25:56.55	00:25:56.55	5:11	11.6
36	TWOREK JÓZEF	191		SŁAWNO	POL	M-MASTERS	4	M 29	00:15:28	00:17:38	00:19:48	00:21:57	00:24:07	00:26:08.30	00:26:08.30	5:13	11.5
37	KARLIŃSKI GRZEGORZ	200		SŁAWNO	POL	M-SŁAWNO	13	M 30	00:15:38	00:17:49	00:19:59	00:22:09	00:24:19	00:26:09.95	00:26:09.95	5:13	11.5
38	MUSZYŃSKI JACEK	195		SŁUPSK	POL	M-MASTERS	5	M 31	00:15:27	00:17:38	00:19:47	00:21:58	00:24:07	00:26:14.55	00:26:14.55	5:14	11.4
39	BIERNAT KRZYSZTOF	166		SŁAWNO	POL	M-SŁAWNO	14	M 32	00:15:06	00:17:18	00:19:33	00:21:47	00:24:04	00:26:17.15	00:26:17.15	5:15	11.4
40	SKIERKA ANNA	192		KWASOWO	POL	K-OPEN	3	K 8	00:15:48	00:18:01	00:20:15	00:22:25	00:24:27	00:26:21.55	00:26:21.55	5:16	11.4
41	WIECZOREK JACEK	171		SŁAWNO	POL	M-SŁAWNO	15	M 33	00:15:35	00:17:49	00:20:00	00:22:12	00:24:24	00:26:38.80	00:26:38.80	5:19	11.3
42	KURCZYK ELŻBIETA	208		SŁAWNO	POL	K-MASTERS	3	K 9	00:16:17	00:18:32	00:20:54	00:23:13	00:25:34	00:27:39.20	00:27:39.20	5:31	10.8
43	BRESZKA PAWEŁ	185		DARŁOWO	POL	M-OPEN	14	M 34	00:16:54	00:19:09	00:21:24	00:23:36	00:25:48	00:27:53.35	00:27:53.35	5:34	10.8
44	BRESZKA MONIKA	183		DARŁOWO	POL	K-OPEN	4	K 10	00:17:19	00:19:39	00:22:01	00:24:23	00:26:46	00:29:08.55	00:29:08.55	5:49	10.3
45	RUBACHA AGATA	194		SŁAWNO	POL	K-SŁAWNO	4	K 11	00:17:28	00:20:02	00:22:37	00:25:11	00:27:40	00:30:04.85	00:30:04.85	6:00	10
46	SOLAK HALINA	197		BYTÓW	POL	K-MASTERS	4	K 12	00:21:56	00:25:02	00:28:12	00:31:18	00:34:27	00:37:57.35	00:37:57.35	7:35	7.9