

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA**

Organizator: Polskie Zrzeszenie Nordic Walking, Urząd Gminy Kolbuszowa  
 Data: 2022-05-14  
 Miejsce: Kolbuszowa  
 Dystans: 21 km  
 Klasyfikacja wg czasów netto.

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN**

| M-ce | Nazwisko i imię      | Nr | Klub  | M-sc owoś ć           | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|----------------------|----|---|-----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ     | 24 | K.B. ATHLETIC ZRECIN                        | WIDAC Z               | POL  | M21-39 | 1      | M 1  |             |              | 00:52:49 | 01:08:48 | 01:24:43 | 01:40:51 | 01:57:11 | 02:13:04.04 | 6:18   | 9.5  |
| 2    | ROMANOWSKI DANIEL    | 17 | KATOWICKI NORDIC WALKING / LUKI TEAM POLSKA | RYBNIK                | POL  | M21-39 | 2      | M 2  |             |              | 00:52:50 | 01:08:48 | 01:24:43 | 01:40:52 | 01:57:11 | 02:13:08.10 | 6:18   | 9.5  |
| 3    | HAŁAS MARCIN         | 5  |   | CZECHOWICE -DZIEDZICE | POL  | M21-39 | 3      | M 3  |             |              | 00:58:27 | 01:15:17 | 01:32:02 | 01:48:35 | 02:05:08 | 02:21:45.54 | 6:43   | 8.9  |
| 4    | SŁUPIANEK PAWEŁ      | 19 | KATOWICKI NORDIC WALKING                    | KATOWICE              | POL  | M40-59 | 1      | M 4  |             |              | 00:56:34 | 01:13:16 | 01:30:15 | 01:47:21 | 02:04:43 | 02:22:10.71 | 6:44   | 8.9  |
| 5    | FRAĆKOWIAK KRZYSZTOF | 2  | ŚWIADOMI SIEDLCE                            | SIEDLCE               | POL  | M40-59 | 2      | M 5  |             |              | 00:58:53 | 01:15:57 | 01:32:49 | 01:49:55 | 02:07:16 | 02:24:29.48 | 6:50   | 8.8  |
| 6    | GRATKA MIROSŁAW      | 4  |   | KOJSZÓWKA             | POL  | M40-59 | 3      | M 6  |             |              | 00:56:50 | 01:13:54 | 01:31:09 | 01:48:47 | 02:06:45 | 02:24:53.06 | 6:51   | 8.7  |
| 7    | RACIBORSKA EWA       | 15 | ESJA TEAM                                   | WARSZAWA              | POL  | K40-59 | 1      | K 1  |             |              | 00:59:03 | 01:16:27 | 01:33:51 | 01:51:25 | 02:09:02 | 02:26:09.81 | 6:55   | 8.7  |
| 8    | ZYCH WITOLD          | 25 |   | ROGI                  | POL  | M40-59 | 4      | M 7  |             |              | 00:58:51 | 01:16:03 | 01:33:07 | 01:50:26 | 02:08:12 | 02:26:32.44 | 6:56   | 8.6  |
| 9    | KLIMCZAK ADAM        | 6  | GOSADI NORDIC TEAM                          | WARSZAWA              | POL  | M40-59 | 5      | M 8  |             |              | 00:59:03 | 01:16:39 | 01:34:34 | 01:52:46 | 02:11:10 | 02:29:31.59 | 7:05   | 8.5  |
| 10   | KOŁODZIEJ JOANNA     | 7  | MALINOWE GWIAZDY                            | RUDA ŚLĄSKA           | POL  | K40-59 | 2      | K 2  |             |              | 00:59:22 | 01:16:58 | 01:34:49 | 01:53:06 | 02:11:26 | 02:29:32.50 | 7:05   | 8.5  |
| 11   | OLSZAŃSKI KAROL      | 13 | FEAR THE RETURN                             | KRAKÓW                | POL  | M40-59 | 6      | M 9  | 1           |              | 00:58:28 | 01:15:51 | 01:33:39 | 01:51:56 | 02:10:45 | 02:30:47.87 | 7:08   | 8.4  |
| 12   | RAKOWIECKI ZBIGNIEW  | 16 | POLIPACK TEAM                               | GDAŃSK                | POL  | M60-69 | 1      | M 10 |             |              | 01:01:41 | 01:19:52 | 01:38:40 | 01:57:16 | 02:11:44 | 02:32:19.16 | 7:13   | 8.3  |
| 13   | WINCZEWSKI PIOTR     | 23 | AZYMUT PABIANICE                            | PABIANICE             | POL  | M40-59 | 7      | M 11 |             |              | 01:00:36 | 01:18:50 | 01:37:34 | 01:56:15 | 02:15:28 | 02:34:31.28 | 7:19   | 8.2  |
| 14   | KUŁAKOWSKA HALINA    | 9  | KATOWICKI NORDIC WALKING                    | OLKUSZ                | POL  | K40-59 | 3      | K 3  |             |              | 01:03:38 | 01:22:26 | 01:41:34 | 02:00:51 | 02:20:12 | 02:39:44.17 | 7:34   | 7.9  |
| 15   | CZMOCH MARIAN        | 1  | PUKS JEDYNKA                                | ŁOSICE                | POL  | M70+   | 1      | M 12 |             |              | 01:03:27 | 01:22:25 | 01:41:47 | 02:01:12 | 02:20:33 | 02:40:10.28 | 7:35   | 7.9  |
| 16   | SŁOWIŃSKA ALICJA     | 18 | ŚWIADOMI SIEDLCE                            | SIEDLCE               | POL  | K40-59 | 4      | K 4  |             |              | 01:03:41 | 01:22:28 | 01:41:38 | 02:01:08 | 02:20:45 | 02:40:32.20 | 7:36   | 7.9  |
| 17   | SZCZYGIEL ADRIANA    | 20 |   | BIELSKO-BIAŁA         | POL  | K40-59 | 5      | K 5  |             |              | 01:05:17 | 01:24:29 | 01:43:45 | 02:03:09 | 02:22:17 | 02:41:13.23 | 7:38   | 7.9  |
| 18   | MOCZARSKI MIROSŁAW   | 11 | NW WŁÓCZYKJE                                | LEŻAJSK               | POL  | M60-69 | 2      | M 13 | 1           |              | 01:05:15 | 01:24:37 | 01:44:32 | 02:04:37 | 02:24:55 | 02:45:31.82 | 7:50   | 7.6  |
| 19   | KRAWIEC JACEK        | 8  | JACK NORDIC TEAM ELBLĄG                     | ELBLĄG                | POL  | M40-59 | 8      | M 14 |             |              | 01:05:01 | 01:24:39 | 01:44:20 | 02:04:30 | 02:24:59 | 02:46:14.59 | 7:52   | 7.6  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                       | M-sc owość      | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-----------------------|-----|----------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 20   | TOMCZYK ANDRZEJ       | 300 | TG SOKÓŁ ZAKOPANE          | TARNO BRZEG     | POL  | M40-59 | 9      | M 15 |             |              | 01:05:39 | 01:25:19 | 01:45:24 | 02:05:32 | 02:25:56 | 02:47:51.37 | 7:57   | 7.5  |
| 21   | WIŚNIEWSKI ROMAN      | 26  |                            | TWAR DORZE CZNA | POL  | M60-69 | 3      | M 16 |             |              | 01:05:40 | 01:25:21 | 01:45:36 | 02:06:13 | 02:27:29 | 02:48:11.37 | 7:58   | 7.5  |
| 22   | POSTEK DANUTA         | 14  | MARSZ PO ZDROWIE           | POZNAŃ          | POL  | K40-59 | 6      | K 6  |             |              | 01:06:26 | 01:26:41 | 01:47:28 | 02:08:03 | 02:29:20 | 02:50:51.54 | 8:05   | 7.4  |
| 23   | GARBUZ AGNIESZKA      | 3   |                            | BRZESZCZE       | POL  | K40-59 | 7      | K 7  |             |              | 01:08:02 | 01:28:23 | 01:49:01 | 02:09:24 | 02:30:10 | 02:50:57.55 | 8:06   | 7.4  |
| 24   | TROJAN ELŻBIETA       | 21  | KLUB NW WŁÓCZYKIJE LEŻAJSK | LEŻAJSK         | POL  | K40-59 | 8      | K 8  | 1           |              | 01:08:23 | 01:28:47 | 01:49:16 | 02:09:51 | 02:30:44 | 02:51:52.58 | 8:08   | 7.4  |
| 25   | GUTOWSKI MACIEJ       | 298 |                            | LEAJSK          | POL  | M21-39 | 4      | M 17 |             |              | 01:07:19 | 01:27:06 | 01:47:51 | 02:09:58 | 02:31:28 | 02:53:02.98 | 8:12   | 7.3  |
| 26   | PERKUSYEWSKA KATARZNA | 299 | POLSKA                     | ZĄBKI           | POL  | K21-39 | 1      | K 9  | 1           |              | 01:09:08 | 01:29:42 | 01:50:47 | 02:12:21 | 02:34:56 | 02:58:22.35 | 8:27   | 7.1  |
| 27   | OLSZAŃSKA JOLKA       | 12  | FEAR THE RETURN            | KRAKÓW          | POL  | K40-59 | 9      | K 10 | 2           |              | 01:09:49 | 01:31:08 | 01:52:41 | 02:14:42 | 02:36:59 | 02:59:32.27 | 8:30   | 7.1  |
| 28   | KUŹMA ELŻBIETA        | 10  | KLUB NW 'WŁÓCZYKIJE'       | LEŻAJSK         | POL  | K60-69 | 1      | K 11 |             |              | 01:10:11 | 01:31:42 | 01:53:21 | 02:15:31 | 02:38:10 | 03:01:12.03 | 8:35   | 7    |
| 29   | CHOLEWKA JOLANTA      | 36  | MARSZ PO ZDROWIE           | KOSTRZYŃ WŁKP   | POL  | K60-69 | 2      | K 12 |             |              | 01:14:18 | 01:37:02 | 02:00:27 | 02:24:25 | 02:48:59 | 03:14:18.74 | 9:12   | 6.5  |
| 30   | PERKUSZEWSKI KAROL    | 296 |                            | ZĄBKI           | POL  | M40-59 | 10     | M 18 | 1           |              | 01:17:01 | 01:39:25 | 02:02:57 | 02:27:36 | 02:52:34 | 03:18:21.53 | 9:24   | 6.4  |
| 31   | WEEDMAN DOUGLAS       | 22  | NORDIC WALKING NEBRASKA    | OMAHA           | USA  | M70+   | 2      | M 19 |             |              | 01:24:27 | 01:50:34 | 02:17:19 | 02:44:54 | 03:12:15 | 03:41:46.91 | 10:30  | 5.7  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN -K**

| M-ce | Nazwisko i imię   | Nr | Klub                       | M-sco wość    | Kraj | Kat.   | M. kat | K/M | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-------------------|----|----------------------------|---------------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | RACIBORSKA EWA    | 15 | ESJA TEAM                  | WARSZAWA      | POL  | K40-59 | 1      | K 1 |             |              | 00:59:03 | 01:16:27 | 01:33:51 | 01:51:25 | 02:09:02 | 02:26:09.81 | 6:55   | 8.7  |
| 2    | KOŁODZIEJ JOANNA  | 7  | MALINOWE GWIAZDY           | RUDA ŚLĄSKA   | POL  | K40-59 | 2      | K 2 |             |              | 00:59:22 | 01:16:58 | 01:34:49 | 01:53:06 | 02:11:26 | 02:29:32.50 | 7:05   | 8.5  |
| 3    | KUŁAKOWSKA HALINA | 9  | KATOWICKI NORDIC WALKING   | OLKUSZ        | POL  | K40-59 | 3      | K 3 |             |              | 01:03:38 | 01:22:26 | 01:41:34 | 02:00:51 | 02:20:12 | 02:39:44.17 | 7:34   | 7.9  |
| 4    | SŁOWIŃSKA ALICJA  | 18 | ŚWIADOMI SIEDLCE           | SIEDLCE       | POL  | K40-59 | 4      | K 4 |             |              | 01:03:41 | 01:22:28 | 01:41:38 | 02:01:08 | 02:20:45 | 02:40:32.20 | 7:36   | 7.9  |
| 5    | SZCZYGIEL ADRIANA | 20 |                            | BIELSKO-BIAŁA | POL  | K40-59 | 5      | K 5 |             |              | 01:05:17 | 01:24:29 | 01:43:45 | 02:03:09 | 02:22:17 | 02:41:13.23 | 7:38   | 7.9  |
| 6    | POSTEK DANUTA     | 14 | MARSZ PO ZDROWIE           | POZNAŃ        | POL  | K40-59 | 6      | K 6 |             |              | 01:06:26 | 01:26:41 | 01:47:28 | 02:08:03 | 02:29:20 | 02:50:51.54 | 8:05   | 7.4  |
| 7    | GARBUZ AGNIESZKA  | 3  |                            | BRZESZCZE     | POL  | K40-59 | 7      | K 7 |             |              | 01:08:02 | 01:28:23 | 01:49:01 | 02:09:24 | 02:30:10 | 02:50:57.55 | 8:06   | 7.4  |
| 8    | TROJAN ELŻBIETA   | 21 | KLUB NW WŁÓCZYKIJE LEŻAJSK | LEŻAJSK       | POL  | K40-59 | 8      | K 8 | 1           |              | 01:08:23 | 01:28:47 | 01:49:16 | 02:09:51 | 02:30:44 | 02:51:52.58 | 8:08   | 7.4  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN -K c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                 | M-sco wość    | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-----------------------|-----|----------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 9    | PERKUSYEWSKA KATARZNA | 299 | POLSKA               | ZĄBKI         | POL  | K21-39 | 1      | K 9  | 1           |              | 01:09:08 | 01:29:42 | 01:50:47 | 02:12:21 | 02:34:56 | 02:58:22.35 | 8:27   | 7.1  |
| 10   | OLSZAŃSKA JOLKA       | 12  | FEAR THE RETURN      | KRAKÓW        | POL  | K40-59 | 9      | K 10 | 2           |              | 01:09:49 | 01:31:08 | 01:52:41 | 02:14:42 | 02:36:59 | 02:59:32.27 | 8:30   | 7.1  |
| 11   | KUŹMA ELŻBIETA        | 10  | KLUB NW 'WŁÓCZYKIJE' | LEŻAJSK       | POL  | K60-69 | 1      | K 11 |             |              | 01:10:11 | 01:31:42 | 01:53:21 | 02:15:31 | 02:38:10 | 03:01:12.03 | 8:35   | 7    |
| 12   | CHOLEWKA JOLANTA      | 36  | MARSZ PO ZDROWIE     | KOSTRZYŃ Wlkp | POL  | K60-69 | 2      | K 12 |             |              | 01:14:18 | 01:37:02 | 02:00:27 | 02:24:25 | 02:48:59 | 03:14:18.74 | 9:12   | 6.5  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN -M**

| M-ce | Nazwisko i imię      | Nr  | Klub  | M-sco wość            | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|----------------------|-----|---|-----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ     | 24  | K.B. ATHLETIC ZRECIN                        | WIDACZ                | POL  | M21-39 | 1      | M 1  |             |              | 00:52:49 | 01:08:48 | 01:24:43 | 01:40:51 | 01:57:11 | 02:13:04.04 | 6:18   | 9.5  |
| 2    | ROMANOWSKI DANIEL    | 17  | KATOWICKI NORDIC WALKING / LUKI TEAM POLSKA | RYBNIK                | POL  | M21-39 | 2      | M 2  |             |              | 00:52:50 | 01:08:48 | 01:24:43 | 01:40:52 | 01:57:11 | 02:13:08.10 | 6:18   | 9.5  |
| 3    | HAŁAS MARCIN         | 5   |   | CZECHOWICE -DZIEDZICE | POL  | M21-39 | 3      | M 3  |             |              | 00:58:27 | 01:15:17 | 01:32:02 | 01:48:35 | 02:05:08 | 02:21:45.54 | 6:43   | 8.9  |
| 4    | SŁUPIANEK PAWEŁ      | 19  | KATOWICKI NORDIC WALKING                    | KATOWICE              | POL  | M40-59 | 1      | M 4  |             |              | 00:56:34 | 01:13:16 | 01:30:15 | 01:47:21 | 02:04:43 | 02:22:10.71 | 6:44   | 8.9  |
| 5    | FRAÇKOWIAK KRZYSZTOF | 2   | SWIADOMI SIEDLCE                            | SIEDLCE               | POL  | M40-59 | 2      | M 5  |             |              | 00:58:53 | 01:15:57 | 01:32:49 | 01:49:55 | 02:07:16 | 02:24:29.48 | 6:50   | 8.8  |
| 6    | GRATKA MIROSŁAW      | 4   |   | KOJSZÓWKA             | POL  | M40-59 | 3      | M 6  |             |              | 00:56:50 | 01:13:54 | 01:31:09 | 01:48:47 | 02:06:45 | 02:24:53.06 | 6:51   | 8.7  |
| 7    | ZYCH WITOLD          | 25  |   | ROGI                  | POL  | M40-59 | 4      | M 7  |             |              | 00:58:51 | 01:16:03 | 01:33:07 | 01:50:26 | 02:08:12 | 02:26:32.44 | 6:56   | 8.6  |
| 8    | KLIMCZAK ADAM        | 6   | GOSADI NORDIC TEAM                          | WARSZAWA              | POL  | M40-59 | 5      | M 8  |             |              | 00:59:03 | 01:16:39 | 01:34:34 | 01:52:46 | 02:11:10 | 02:29:31.59 | 7:05   | 8.5  |
| 9    | OLSZAŃSKI KAROL      | 13  | FEAR THE RETURN                             | KRAKÓW                | POL  | M40-59 | 6      | M 9  | 1           |              | 00:58:28 | 01:15:51 | 01:33:39 | 01:51:56 | 02:10:45 | 02:30:47.87 | 7:08   | 8.4  |
| 10   | RAKOWIECKI ZBIGNIEW  | 16  | POLIPACK TEAM GWE                           | GDAŃSK                | POL  | M60-69 | 1      | M 10 |             |              | 01:01:41 | 01:19:52 | 01:38:40 | 01:57:16 | 02:11:44 | 02:32:19.16 | 7:13   | 8.3  |
| 11   | WINCZEWSKI PIOTR     | 23  | AZYMUT PABIANICE                            | PABIANICE             | POL  | M40-59 | 7      | M 11 |             |              | 01:00:36 | 01:18:50 | 01:37:34 | 01:56:15 | 02:15:28 | 02:34:31.28 | 7:19   | 8.2  |
| 12   | CZMOCH MARIAN        | 1   | PUKS JEDYNKA                                | ŁOSICE                | POL  | M70+   | 1      | M 12 |             |              | 01:03:27 | 01:22:25 | 01:41:47 | 02:01:12 | 02:20:33 | 02:40:10.28 | 7:35   | 7.9  |
| 13   | MOCZARSKI MIROSŁAW   | 11  | NW WŁÓCZYKIJE LEŻAJSK                       | LEŻAJSK               | POL  | M60-69 | 2      | M 13 | 1           |              | 01:05:15 | 01:24:37 | 01:44:32 | 02:04:37 | 02:24:55 | 02:45:31.82 | 7:50   | 7.6  |
| 14   | KRAWIEC JACEK        | 8   | JACK NORDIC TEAM ELBLĄG                     | ELBLĄG                | POL  | M40-59 | 8      | M 14 |             |              | 01:05:01 | 01:24:39 | 01:44:20 | 02:04:30 | 02:24:59 | 02:46:14.59 | 7:52   | 7.6  |
| 15   | TOMCZYK ANDRZEJ      | 300 | TG SOKÓŁ ZAKOPANE                           | TARNOBRZEG            | POL  | M40-59 | 9      | M 15 |             |              | 01:05:39 | 01:25:19 | 01:45:24 | 02:05:32 | 02:25:56 | 02:47:51.37 | 7:57   | 7.5  |
| 16   | WIŚNIEWSKI ROMAN     | 26  |   | TWARZYMORZE           | POL  | M60-69 | 3      | M 16 |             |              | 01:05:40 | 01:25:21 | 01:45:36 | 02:06:13 | 02:27:29 | 02:48:11.37 | 7:58   | 7.5  |
| 17   | GUTOWSKI MACIEJ      | 298 |   | LEAJSK                | POL  | M21-39 | 4      | M 17 |             |              | 01:07:19 | 01:27:06 | 01:47:51 | 02:09:58 | 02:31:28 | 02:53:02.98 | 8:12   | 7.3  |
| 18   | PERKUSZEWSKI KAROL   | 296 |   | ZĄBKI                 | POL  | M40-59 | 10     | M 18 | 1           |              | 01:17:01 | 01:39:25 | 02:02:57 | 02:27:36 | 02:52:34 | 03:18:21.53 | 9:24   | 6.4  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, OPEN -M c.d.**

| M-ce | Nazwisko i imię | Nr | Klub                    | M-sco wość | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-----------------|----|-------------------------|------------|------|------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 19   | WEEDMAN DOUGLAS | 22 | NORDIC WALKING NEBRASKA | OMAH A     | USA  | M70+ | 2      | M 19 |             |              | 01:24:27 | 01:50:34 | 02:17:19 | 02:44:54 | 03:12:15 | 03:41:46.91 | 10:30  | 5.7  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, K21-39**

| M-ce | Nazwisko i imię        | Nr  | Klub   | M-sco wość | Kraj | Kat.   | M. kat | K/M | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|------------------------|-----|--------|------------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | PERKUSYIEWSKA KATARZNA | 299 | POLSKA | ZĄBKI      | POL  | K21-39 | 1      | K 9 | 1           |              | 01:09:08 | 01:29:42 | 01:50:47 | 02:12:21 | 02:34:56 | 02:58:22.35 | 8:27   | 7.1  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, M21-39**

| M-ce | Nazwisko i imię   | Nr  | Klub  | M-sco wość              | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-------------------|-----|---|-------------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ  | 24  | K.B. ATHLETIC ZRECIN                        | WIDAC Z                 | POL  | M21-39 | 1      | M 1  |             |              | 00:52:49 | 01:08:48 | 01:24:43 | 01:40:51 | 01:57:11 | 02:13:04.04 | 6:18   | 9.5  |
| 2    | ROMANOWSKI DANIEL | 17  | KATOWICKI NORDIC WALKING / LUKI TEAM POLSKA | RYBNI K                 | POL  | M21-39 | 2      | M 2  |             |              | 00:52:50 | 01:08:48 | 01:24:43 | 01:40:52 | 01:57:11 | 02:13:08.10 | 6:18   | 9.5  |
| 3    | HAŁAS MARCIN      | 5   |   | CZECH OWICE -DZIED ZICE | POL  | M21-39 | 3      | M 3  |             |              | 00:58:27 | 01:15:17 | 01:32:02 | 01:48:35 | 02:05:08 | 02:21:45.54 | 6:43   | 8.9  |
| 4    | GUTOWSKI MACIEJ   | 298 |   | LEAJSK                  | POL  | M21-39 | 4      | M 17 |             |              | 01:07:19 | 01:27:06 | 01:47:51 | 02:09:58 | 02:31:28 | 02:53:02.98 | 8:12   | 7.3  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, K40-59**

| M-ce | Nazwisko i imię   | Nr | Klub                      | M-sco wość      | Kraj | Kat.   | M. kat | K/M | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-------------------|----|---------------------------|-----------------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | RACIBORSKA EWA    | 15 | ESJA TEAM                 | WARS ZAWA       | POL  | K40-59 | 1      | K 1 |             |              | 00:59:03 | 01:16:27 | 01:33:51 | 01:51:25 | 02:09:02 | 02:26:09.81 | 6:55   | 8.7  |
| 2    | KOŁODZIEJ JOANNA  | 7  | MALINOWE GWIAZDY          | RUDA ŚLĄSK A    | POL  | K40-59 | 2      | K 2 |             |              | 00:59:22 | 01:16:58 | 01:34:49 | 01:53:06 | 02:11:26 | 02:29:32.50 | 7:05   | 8.5  |
| 3    | KUŁAKOWSKA HALINA | 9  | KATOWICKI NORDIC WALKING  | OLKUS Z         | POL  | K40-59 | 3      | K 3 |             |              | 01:03:38 | 01:22:26 | 01:41:34 | 02:00:51 | 02:20:12 | 02:39:44.17 | 7:34   | 7.9  |
| 4    | SŁOWIŃSKA ALICJA  | 18 | ŚWIADOMI SIEDLCE          | SIEDLC E        | POL  | K40-59 | 4      | K 4 |             |              | 01:03:41 | 01:22:28 | 01:41:38 | 02:01:08 | 02:20:45 | 02:40:32.20 | 7:36   | 7.9  |
| 5    | SZCZYGIEL ADRIANA | 20 |                           | BIELSK O-BIAŁ A | POL  | K40-59 | 5      | K 5 |             |              | 01:05:17 | 01:24:29 | 01:43:45 | 02:03:09 | 02:22:17 | 02:41:13.23 | 7:38   | 7.9  |
| 6    | POSTEK DANUTA     | 14 | MARSZ PO ZDROWIE          | POZNA Ń         | POL  | K40-59 | 6      | K 6 |             |              | 01:06:26 | 01:26:41 | 01:47:28 | 02:08:03 | 02:29:20 | 02:50:51.54 | 8:05   | 7.4  |
| 7    | GARBUSZ AGNIESZKA | 3  |                           | BRZES ZCZE      | POL  | K40-59 | 7      | K 7 |             |              | 01:08:02 | 01:28:23 | 01:49:01 | 02:09:24 | 02:30:10 | 02:50:57.55 | 8:06   | 7.4  |
| 8    | TROJAN ELŻBIETA   | 21 | KLUB NW WŁÓCZYKIE LEŻAJSK | LEŻAJS K        | POL  | K40-59 | 8      | K 8 | 1           |              | 01:08:23 | 01:28:47 | 01:49:16 | 02:09:51 | 02:30:44 | 02:51:52.58 | 8:08   | 7.4  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, K40-59 c.d.**

| M-ce | Nazwisko i imię | Nr | Klub            | M-sco wość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-----------------|----|-----------------|------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 9    | OLSZAŃSKA JOLKA | 12 | FEAR THE RETURN | KRAKÓW     | POL  | K40-59 | 9      | K 10 | 2           |              | 01:09:49 | 01:31:08 | 01:52:41 | 02:14:42 | 02:36:59 | 02:59:32.27 | 8:30   | 7.1  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, M40-59**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-sco wość  | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|----------------------|-----|--------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | SŁUPIANEK PAWEŁ      | 19  | KATOWICKI NORDIC WALKING | KATO WICE   | POL  | M40-59 | 1      | M 4  |             |              | 00:56:34 | 01:13:16 | 01:30:15 | 01:47:21 | 02:04:43 | 02:22:10.71 | 6:44   | 8.9  |
| 2    | FRAĆKOWIAK KRZYSZTOF | 2   | ŚWIADOMI SIEDLCE         | SIEDLCE     | POL  | M40-59 | 2      | M 5  |             |              | 00:58:53 | 01:15:57 | 01:32:49 | 01:49:55 | 02:07:16 | 02:24:29.48 | 6:50   | 8.8  |
| 3    | GRATKA MIROSLAW      | 4   |                          | KOJSZÓWKA   | POL  | M40-59 | 3      | M 6  |             |              | 00:56:50 | 01:13:54 | 01:31:09 | 01:48:47 | 02:06:45 | 02:24:53.06 | 6:51   | 8.7  |
| 4    | ZYCH WITOLD          | 25  |                          | ROGI        | POL  | M40-59 | 4      | M 7  |             |              | 00:58:51 | 01:16:03 | 01:33:07 | 01:50:26 | 02:08:12 | 02:26:32.44 | 6:56   | 8.6  |
| 5    | KLIMCZAK ADAM        | 6   | GOSADI NORDIC TEAM       | WARSZAWA    | POL  | M40-59 | 5      | M 8  |             |              | 00:59:03 | 01:16:39 | 01:34:34 | 01:52:46 | 02:11:10 | 02:29:31.59 | 7:05   | 8.5  |
| 6    | OLSZAŃSKI KAROL      | 13  | FEAR THE RETURN          | KRAKÓW      | POL  | M40-59 | 6      | M 9  | 1           |              | 00:58:28 | 01:15:51 | 01:33:39 | 01:51:56 | 02:10:45 | 02:30:47.87 | 7:08   | 8.4  |
| 7    | WINCZEWSKI PIOTR     | 23  | AZYMUT PABIANICE         | PABIA NICE  | POL  | M40-59 | 7      | M 11 |             |              | 01:00:36 | 01:18:50 | 01:37:34 | 01:56:15 | 02:15:28 | 02:34:31.28 | 7:19   | 8.2  |
| 8    | KRAWIEC JACEK        | 8   | JACK NORDIC TEAM ELBLĄG  | ELBLĄG      | POL  | M40-59 | 8      | M 14 |             |              | 01:05:01 | 01:24:39 | 01:44:20 | 02:04:30 | 02:24:59 | 02:46:14.59 | 7:52   | 7.6  |
| 9    | TOMCZYK ANDRZEJ      | 300 | TG SOKÓŁ ZAKOPANE        | TARNO BRZEG | POL  | M40-59 | 9      | M 15 |             |              | 01:05:39 | 01:25:19 | 01:45:24 | 02:05:32 | 02:25:56 | 02:47:51.37 | 7:57   | 7.5  |
| 10   | PERKUSZEWSKI KAROL   | 296 |                          | ZĄBKI       | POL  | M40-59 | 10     | M 18 | 1           |              | 01:17:01 | 01:39:25 | 02:02:57 | 02:27:36 | 02:52:34 | 03:18:21.53 | 9:24   | 6.4  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, K60-69**

| M-ce | Nazwisko i imię  | Nr | Klub                | M-sco wość    | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|------------------|----|---------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | KUŻMA ELŻBIETA   | 10 | KLUB NW 'WŁÓCZYKJE' | LEŻAJSK       | POL  | K60-69 | 1      | K 11 |             |              | 01:10:11 | 01:31:42 | 01:53:21 | 02:15:31 | 02:38:10 | 03:01:12.03 | 8:35   | 7    |
| 2    | CHOLEWKA JOLANTA | 36 | MARSZ PO ZDROWIE    | KOSTRZYŃ WŁKP | POL  | K60-69 | 2      | K 12 |             |              | 01:14:18 | 01:37:02 | 02:00:27 | 02:24:25 | 02:48:59 | 03:14:18.74 | 9:12   | 6.5  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, M60-69**

| M-ce | Nazwisko i imię     | Nr | Klub                 | M-sco wość      | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|---------------------|----|----------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | RAKOWIECKI ZBIGNIEW | 16 | POLIPACK TEAM GWE    | GDAŃSK          | POL  | M60-69 | 1      | M 10 |             |              | 01:01:41 | 01:19:52 | 01:38:40 | 01:57:16 | 02:11:44 | 02:32:19.16 | 7:13   | 8.3  |
| 2    | MOCZARSKI MIROSLAW  | 11 | NW WŁÓCZYKJE LEŻAJSK | LEŻAJSK         | POL  | M60-69 | 2      | M 13 | 1           |              | 01:05:15 | 01:24:37 | 01:44:32 | 02:04:37 | 02:24:55 | 02:45:31.82 | 7:50   | 7.6  |
| 3    | WIŚNIEWSKI ROMAN    | 26 |                      | TWAR DORZE CZNA | POL  | M60-69 | 3      | M 16 |             |              | 01:05:40 | 01:25:21 | 01:45:36 | 02:06:13 | 02:27:29 | 02:48:11.37 | 7:58   | 7.5  |

**INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA, M70+**

| M-ce | Nazwisko i imię | Nr | Klub                    | M-sco wość | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   | Netto       | min/km | km/h |
|------|-----------------|----|-------------------------|------------|------|------|--------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | CZMOCH MARIAN   | 1  | PUKS JEDYNKA            | ŁOSICE     | POL  | M70+ | 1      | M 12 |             |              | 01:03:27 | 01:22:25 | 01:41:47 | 02:01:12 | 02:20:33 | 02:40:10.28 | 7:35   | 7.9  |
| 2    | WEEDMAN DOUGLAS | 22 | NORDIC WALKING NEBRASKA | OMAHA      | USA  | M70+ | 2      | M 19 |             |              | 01:24:27 | 01:50:34 | 02:17:19 | 02:44:54 | 03:12:15 | 03:41:46.91 | 10:30  | 5.7  |