

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM

Organizator: PFNW
Data: 2016-08-27
Miejsce: Elbląg
Dystans: 21.1 km



Wyniki dla punktu pomiaru: 6.1 km

Klasyfikacja wg czasów netto.

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|-------------------------------|-----|---|------------------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | DZIEDIEWICZ ANDRZEJ | 560 | KS METRACO POLKOWICE | GRODNO | BLR | M 30-39 | | | 00:02:50 | 00:05:59 | 00:36:53 | 01:08:25 | 01:40:14 |
| 2 | SKIBA KRZYSZTOF | 612 | KS METRACO POLKOWICE | POLKOWICE | POL | M 50-59 | | | 00:03:18 | 00:06:41 | 00:38:03 | 01:10:05 | 01:42:45 |
| 3 | KOLASA WOJCIECH | 570 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 40-49 | | | 00:03:27 | 00:06:56 | 00:39:53 | 01:13:04 | 01:46:35 |
| 4 | KORDOWSKI PIOTR | 571 | NOWA HUTA TEAM | KRAKOW | POL | M 40-49 | | | 00:03:24 | 00:06:55 | 00:39:55 | 01:13:40 | 01:48:26 |
| 5 | TOFIL ADRIAN | 613 | | GDYNIA | POL | M 30-39 | | | 00:03:30 | 00:07:05 | 00:40:29 | 01:13:43 | 01:49:39 |
| 6 | HELWICH STEFAN | 562 | KSMETRACOPOLKOWICE | WIELEN | POL | M 60+ | | | 00:03:41 | 00:07:19 | 00:40:57 | 01:15:23 | 01:50:25 |
| 7 | BOGACKI SŁAWEK | 553 | ENERGA NW TEAM | BRZOZÓWKA KOŁO TORUNIA | POL | M 40-49 | | | 00:03:29 | 00:07:02 | 00:41:00 | 01:15:36 | 01:52:51 |
| 8 | NACZK LEONARD | 576 | | ŁĘBORK | POL | M 40-49 | | | 00:03:36 | 00:07:18 | 00:41:12 | 01:15:39 | 01:50:51 |
| 9 | WIŚNIEWSKI JACEK | 599 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | SANDOMIERZ | POL | M 50-59 | | | 00:03:47 | 00:07:24 | 00:41:32 | 01:15:36 | 01:50:27 |
| 10 | PIETRZYK JAROSŁAW | 579 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M 30-39 | | | 00:03:34 | 00:07:20 | 00:42:27 | 01:17:50 | 01:54:17 |
| 11 | ZAREMBA JAKUB | 605 | | BIĄŁOWIEŻA | POL | M 30-39 | | | 00:03:44 | 00:07:29 | 00:42:27 | 01:17:50 | 01:54:16 |
| 12 | ZAGAJA JANUSZ | 604 | WESOŁY BORSUK TEAM | POKÓJ | POL | M 60+ | | | 00:03:38 | 00:07:20 | 00:42:37 | 01:18:29 | 01:55:17 |
| 13 | STUPNOWICZ PRZEMEK | 594 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 18-29 | | | 00:03:46 | 00:07:27 | 00:42:49 | 01:17:51 | 01:52:53 |
| 14 | BIK STANISŁAW | 552 | KS METRACO POLKOWICE | LUBIN | POL | M 50-59 | | | 00:03:50 | 00:07:37 | 00:43:17 | 01:20:01 | 01:57:41 |
| 15 | WARUSZEWSKI KAROL | 598 | BIEGAJĄCY TCZEW | TCZEW | POL | M 40-49 | | | 00:03:55 | 00:07:52 | 00:43:47 | 01:19:56 | 01:56:10 |
| 16 | SZCZEBAK JACEK | 595 | UNIA MIAST | TARNÓW | POL | M 40-49 | | | 00:03:42 | 00:07:36 | 00:43:49 | 01:20:33 | 01:58:15 |
| 17 | ZACZYŃSKA ANNA | 603 | KS METRACO POLKOWICE | LUBIN | POL | K 30-39 | | | 00:03:41 | 00:07:30 | 00:43:50 | 01:20:53 | 01:57:10 |
| 18 | ŻYWICKI MARCIN | 607 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M 30-39 | | | 00:03:56 | 00:07:53 | 00:43:53 | 01:20:15 | 01:57:06 |
| 19 | PLATOS SŁAWOMIR | 580 | | BĘDZIN | POL | M 30-39 | | | 00:04:00 | 00:07:56 | 00:44:14 | 01:21:23 | 01:59:43 |
| 20 | LENZ ANDRZEJ | 574 | AL TOM | GNIEZNO | POL | M 50-59 | | | 00:04:01 | 00:08:00 | 00:45:00 | 01:21:42 | 01:58:20 |
| 21 | KOWALCZYK MARIUSZ | 572 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | M 50-59 | | | 00:03:48 | 00:07:47 | 00:45:04 | 01:23:26 | 02:02:33 |
| 22 | WESOŁOWSKI WOJCIECH | 608 | NORDICK TEAM GNIEZNO | GNIEZNO | POL | M 60+ | | | 00:03:59 | 00:08:02 | 00:45:23 | 01:23:34 | 02:02:58 |
| 23 | OLSCHIMKE-MARMUROWICZ BARBARA | 578 | SILESIA NORDIC TEAM | KATOWICE | POL | K 40-49 | | | 00:04:02 | 00:08:05 | 00:45:34 | 01:24:10 | 02:02:10 |
| 24 | NOWROTEK MONIKA | 577 | WESOŁY BORSUK TEAM | CIESZYN | POL | K 18-29 | | | 00:04:05 | 00:08:08 | 00:45:36 | 01:24:12 | 02:02:11 |
| 25 | JANCZYK MAŁGORZATA | 564 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | K 30-39 | | | 00:04:03 | 00:08:06 | 00:45:37 | 01:24:12 | 02:02:19 |
| 26 | WOLNIEWICZ KATARZYNA | 601 | FABRIKANORDIKA | RUDA ŚLĄSKA | POL | K 40-49 | | | 00:04:06 | 00:08:14 | 00:46:14 | 01:24:52 | 02:04:17 |
| 27 | STĘPIEŃ LUCYNA | 591 | KS METRACO POLKOWICE | LUBIN | POL | K 50-59 | | | 00:04:06 | 00:08:12 | 00:46:18 | 01:25:43 | 02:05:03 |
| 28 | SORN ŁUKASZ | 590 | FACE NORDIC WALKING TEAM | GDYNIA | POL | M 18-29 | | | 00:04:06 | 00:08:12 | 00:46:27 | 01:26:51 | 02:05:55 |
| 29 | BORIS ANETA | 554 | EL - AKTYWNI | ELBLĄG | POL | K 30-39 | | | 00:04:06 | 00:08:12 | 00:46:31 | 01:27:40 | 02:10:07 |
| 30 | REJMAN DOROTA | 583 | FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING | TARNOBRZEG | POL | K 30-39 | | | 00:04:08 | 00:08:21 | 00:46:52 | 01:25:23 | 02:04:27 |
| 31 | TYLUTKI AGNIESZKA | 597 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY | TARNOBRZEG | POL | K 40-49 | | | 00:04:07 | 00:08:22 | 00:47:17 | 01:26:24 | 02:06:48 |
| 32 | CZYCZ EMILIA | 614 | GREEN TEAM | GÓRA ZIELONA | POL | K 60+ | | | 00:04:17 | 00:08:28 | 00:47:44 | 01:28:47 | 02:11:41 |
| 33 | SZCZODROWSKI KRZYSZTOF | 596 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M 50-59 | | | 00:04:04 | 00:08:08 | 00:47:49 | 01:29:10 | 02:11:24 |
| 34 | KOBIELA DARIA | 569 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K 18-29 | | | 00:04:11 | 00:08:29 | 00:47:51 | 01:27:57 | 02:08:42 |
| 35 | SMUS DAMIAN | 589 | UCZELNIA WARSZAWSKA | SOCHACZEW | POL | M 18-29 | | | 00:04:15 | 00:08:27 | 00:48:02 | 01:26:46 | 02:06:01 |
| 36 | KAZIMIERSKI ARTUR | 611 | KM AKTYWNI SOCHACZEW | SOCHACZEW | POL | M 40-49 | | | 00:04:15 | 00:08:28 | 00:48:02 | 01:29:19 | 02:10:35 |
| 37 | RECZULSKI MIKOŁAJ | 582 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M 18-29 | | | 00:04:07 | 00:08:13 | 00:48:05 | 01:30:10 | 02:14:15 |
| 38 | BARCIKOWSKA WIOLETTA | 551 | | ELBLĄG | POL | K 40-49 | | | 00:04:14 | 00:08:23 | 00:48:08 | 01:28:36 | 02:10:00 |
| 39 | BUCZKOWSKA WIESŁAWA | 555 | | GDYNIA | POL | K 60+ | | | 00:04:13 | 00:08:32 | 00:48:18 | 01:30:02 | 02:12:43 |
| 40 | KANIEWSKA BEATA | 567 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K 40-49 | | | 00:04:13 | 00:08:28 | 00:48:37 | 01:29:02 | 02:10:07 |
| 41 | RUSZKOWSKA BOŻENA | 587 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄG | POL | K 60+ | | | 00:04:14 | 00:08:29 | 00:48:41 | 01:29:09 | 02:10:44 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|--------------------------------|-----|---------------------------------------|--------------|------|---------|-------------|--------------|------------|----------|----------|----------|----------|
| 42 | KACHEL ANNA | 566 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄG | POL | K 50-59 | | | 00:04:13 | 00:08:28 | 00:48:42 | 01:29:11 | 02:10:44 |
| 43 | PYZIK-KAPSZEWICZ ANGELIKA | 581 | | SZTUM | POL | K 18-29 | | | 00:04:10 | 00:08:25 | 00:48:54 | 01:29:57 | 02:15:00 |
| 44 | WITKOWSKA MARIA | 600 | UNIA MIAST | KATOWICE | POL | K 60+ | | | 00:04:18 | 00:08:36 | 00:49:06 | 01:29:33 | 02:10:57 |
| 45 | LISIKIEWICZ AGNIESZKA | 575 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K 40-49 | | | 00:04:16 | 00:08:37 | 00:49:10 | 01:29:28 | 02:09:53 |
| 46 | ROSADZIŃSKA NATALIA | 584 | | LESZNO | POL | K 18-29 | | | 00:04:22 | 00:08:44 | 00:49:13 | 01:29:57 | 02:13:17 |
| 47 | HENRYK JERZY | 563 | | ELBLĄG | POL | M 60+ | | | 00:04:19 | 00:08:48 | 00:49:19 | 01:30:20 | 02:11:24 |
| 48 | CICHOŃ ANETA | 556 | FABRIKANORDIKA | RUDA ŚLĄSKA | POL | K 30-39 | | | 00:04:13 | 00:08:40 | 00:49:20 | 01:36:05 | |
| 49 | DEMCZUK ANDRZEJ | 558 | KLUB SPORTOWY TADEUSZA | ELBLĄG | POL | M 30-39 | | | 00:04:19 | 00:08:41 | 00:49:28 | 01:31:24 | 02:15:05 |
| 50 | ROSOLEK ELŻBIETA | 585 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K 50-59 | | | 00:04:20 | 00:08:56 | 00:50:54 | 01:30:12 | 02:10:02 |
| 51 | SŁABOŃ-SIKORA ANETA | 588 | DĄBROWA NORDIC TEAM | SOSNOWIEC | POL | K 30-39 | | | 00:04:24 | 00:08:58 | 00:51:18 | 01:34:12 | 02:20:03 |
| 52 | STĘPKOWSKI ANDRZEJ | 610 | | ELBLĄG | POL | M 50-59 | | | 00:04:25 | 00:08:59 | 00:51:25 | 01:34:47 | 02:18:29 |
| 53 | GRABOWSKA KATARZYNA | 561 | PASJA NORDIC WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:33 | 00:09:14 | 00:51:31 | 01:34:19 | 02:18:18 |
| 54 | MODZELEWSKA ANNA | 609 | PASJA NORDICK WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:31 | 00:08:57 | 00:51:33 | 01:35:14 | 02:20:53 |
| 55 | STRZELECKI SEBASTIAN 'KASZANA' | 593 | SAILING TEAM FERAJNA | PIŁA | POL | M 40-49 | | | 00:04:27 | 00:09:00 | 00:51:37 | 01:34:39 | 02:18:45 |
| 56 | DRÓŻDŻ PAWEŁ | 559 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 50-59 | | | 00:04:29 | 00:09:03 | 00:51:59 | 01:34:38 | 02:19:52 |
| 57 | KUCYPERA DAGMARA | 573 | DĄBROWA NORDIC TEAM | BĘDZIN | POL | K 40-49 | | | 00:04:30 | 00:09:12 | 00:52:20 | 01:36:43 | 02:23:04 |
| 58 | ROZMUS JOLANTA | 586 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | K 60+ | | | 00:04:32 | 00:09:10 | 00:52:38 | 01:37:50 | 02:24:01 |
| 59 | ZAWADZKA MARIA | 606 | KS METRACO POLKOWICE | LUBIN | POL | K 60+ | | | 00:04:34 | 00:09:13 | 00:52:40 | 01:36:35 | 02:23:08 |
| 60 | JÓŹWIK KATARZYNA | 565 | PASJA NORDICK WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:35 | 00:09:18 | 00:53:13 | 01:37:43 | 02:24:07 |
| 61 | CIESIELSKI JERZY | 557 | EPOKA NORDICA | ŁÓDŹ | POL | M 60+ | | | 00:05:05 | 00:10:13 | 00:59:51 | 01:51:32 | 02:46:58 |
| DQ | KARASIEWICZ IRENA | 568 | FACE NORDIC WALKINGTEAM | BRANIEWO | POL | K 50-59 | | | 1 00:04:13 | 00:08:22 | 00:47:22 | 01:27:22 | 02:07:36 |
| | | | | | | | | | DQ | DQ | DQ | DQ | DQ |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|---------------------------|-----|-----------------------|-----------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | NOWROTEK MONIKA | 577 | WESOŁY BORSUK TEAM | CIESZYN | POL | K 18-29 | | | 00:04:05 | 00:08:08 | 00:45:36 | 01:24:12 | 02:02:11 |
| 2 | KOBIELA DARIA | 569 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K 18-29 | | | 00:04:11 | 00:08:29 | 00:47:51 | 01:27:57 | 02:08:42 |
| 3 | PYZIK-KAPSZEWICZ ANGELIKA | 581 | | SZTUM | POL | K 18-29 | | | 00:04:10 | 00:08:25 | 00:48:54 | 01:29:57 | 02:15:00 |
| 4 | ROSADZIŃSKA NATALIA | 584 | | LESZNO | POL | K 18-29 | | | 00:04:22 | 00:08:44 | 00:49:13 | 01:29:57 | 02:13:17 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|--------------------|-----|--------------------------------|-------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | STUPNOWICZ PRZEMEK | 594 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 18-29 | | | 00:03:46 | 00:07:27 | 00:42:49 | 01:17:51 | 01:52:53 |
| 2 | SORN ŁUKASZ | 590 | FACE NORDIC WALKING TEAM | GDYŃIA | POL | M 18-29 | | | 00:04:06 | 00:08:12 | 00:46:27 | 01:26:51 | 02:05:55 |
| 3 | SMUS DAMIAN | 589 | UCZELNIA WARSZAWSKA | SOCHACZEW | POL | M 18-29 | | | 00:04:15 | 00:08:27 | 00:48:02 | 01:26:46 | 02:06:01 |
| 4 | RECZULSKI MIKOŁAJ | 582 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M 18-29 | | | 00:04:07 | 00:08:13 | 00:48:05 | 01:30:10 | 02:14:15 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|---------------------|-----|---|-------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | ZACZYŃSKA ANNA | 603 | KS METRACO POLKOWICE | LUBIN | POL | K 30-39 | | | 00:03:41 | 00:07:30 | 00:43:50 | 01:20:53 | 01:57:10 |
| 2 | JANCZYK MAŁGORZATA | 564 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | K 30-39 | | | 00:04:03 | 00:08:06 | 00:45:37 | 01:24:12 | 02:02:19 |
| 3 | BORIS ANETA | 554 | EL - AKTYWNI | ELBLĄG | POL | K 30-39 | | | 00:04:06 | 00:08:12 | 00:46:31 | 01:27:40 | 02:10:07 |
| 4 | REJMAN DOROTA | 583 | FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING | TARNOBRZEG | POL | K 30-39 | | | 00:04:08 | 00:08:21 | 00:46:52 | 01:25:23 | 02:04:27 |
| 5 | CICHOŃ ANETA | 556 | FABRIKANORDIKA | RUDA ŚLĄSKA | POL | K 30-39 | | | 00:04:13 | 00:08:40 | 00:49:20 | 01:36:05 | |
| 6 | SŁABOŃ-SIKORA ANETA | 588 | DĄBROWA NORDIC TEAM | SOSNOWIEC | POL | K 30-39 | | | 00:04:24 | 00:08:58 | 00:51:18 | 01:34:12 | 02:20:03 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|---------------------|-----|--------------------------------|-------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | DZIEDIEWICZ ANDRZEJ | 560 | KS METRACO POLKOWICE | GRODNO | BLR | M 30-39 | | | 00:02:50 | 00:05:59 | 00:36:53 | 01:08:25 | 01:40:14 |
| 2 | TOFIL ADRIAN | 613 | | GDYNIA | POL | M 30-39 | | | 00:03:30 | 00:07:05 | 00:40:29 | 01:13:43 | 01:49:39 |
| 3 | PIETRZYK JAROSŁAW | 579 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M 30-39 | | | 00:03:34 | 00:07:20 | 00:42:27 | 01:17:50 | 01:54:17 |
| 4 | ZAREMBA JAKUB | 605 | | BIAŁOWIEŻA | POL | M 30-39 | | | 00:03:44 | 00:07:29 | 00:42:27 | 01:17:50 | 01:54:16 |
| 5 | ŻYWICKI MARCIN | 607 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M 30-39 | | | 00:03:56 | 00:07:53 | 00:43:53 | 01:20:15 | 01:57:06 |
| 6 | PLATOS SŁAWOMIR | 580 | | BĘDZIN | POL | M 30-39 | | | 00:04:00 | 00:07:56 | 00:44:14 | 01:21:23 | 01:59:43 |
| 7 | DEM CZUK ANDRZEJ | 558 | KLUB SPORTOWY TADEUSZA | ELBLĄG | POL | M 30-39 | | | 00:04:19 | 00:08:41 | 00:49:28 | 01:31:24 | 02:15:05 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|------------------------------|-----|--|--------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | OLSCHIMKE-MARUROWICZ BARBARA | 578 | SILESIA NORDIC TEAM | KATOWICE | POL | K 40-49 | | | 00:04:02 | 00:08:05 | 00:45:34 | 01:24:10 | 02:02:10 |
| 2 | WOLNIEWICZ KATARZYNA | 601 | FABRIKANORDIKA | RUDA ŚLĄSKA | POL | K 40-49 | | | 00:04:06 | 00:08:14 | 00:46:14 | 01:24:52 | 02:04:17 |
| 3 | TYLUTKI AGNIESZKA | 597 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY | TARNOBRZEG | POL | K 40-49 | | | 00:04:07 | 00:08:22 | 00:47:17 | 01:26:24 | 02:06:48 |
| 4 | BARCIKOWSKA WIOLETTA | 551 | | ELBLĄG | POL | K 40-49 | | | 00:04:14 | 00:08:23 | 00:48:08 | 01:28:36 | 02:10:00 |
| 5 | KANIEWSKA BEATA | 567 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K 40-49 | | | 00:04:13 | 00:08:28 | 00:48:37 | 01:29:02 | 02:10:07 |
| 6 | LISIKIEWICZ AGNIESZKA | 575 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K 40-49 | | | 00:04:16 | 00:08:37 | 00:49:10 | 01:29:28 | 02:09:53 |
| 7 | GRABOWSKA KATARZYNA | 561 | PASJA NORDIC WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:33 | 00:09:14 | 00:51:31 | 01:34:19 | 02:18:18 |
| 8 | MODZELEWSKA ANNA | 609 | PASJA NORDICK WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:31 | 00:08:57 | 00:51:33 | 01:35:14 | 02:20:53 |
| 9 | KUCYPERA DAGMARA | 573 | DĄBROWA NORDIC TEAM | BĘDZIN | POL | K 40-49 | | | 00:04:30 | 00:09:12 | 00:52:20 | 01:36:43 | 02:23:04 |
| 10 | JÓŻWIK KATARZYNA | 565 | PASJA NORDICK WALKING | WARSZAWA | POL | K 40-49 | | | 00:04:35 | 00:09:18 | 00:53:13 | 01:37:43 | 02:24:07 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|--------------------------------|-----|----------------------|------------------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KOLASA WOJCIECH | 570 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 40-49 | | | 00:03:27 | 00:06:56 | 00:39:53 | 01:13:04 | 01:46:35 |
| 2 | KORDOWSKI PIOTR | 571 | NOWA HUTA TEAM | KRAKOW | POL | M 40-49 | | | 00:03:24 | 00:06:55 | 00:39:55 | 01:13:40 | 01:48:26 |
| 3 | BOGACKI SŁAWEK | 553 | ENERGA NW TEAM | BRZOZÓWKA KOŁO TORUNIA | POL | M 40-49 | | | 00:03:29 | 00:07:02 | 00:41:00 | 01:15:36 | 01:52:51 |
| 4 | NACZK LEONARD | 576 | | LEBORK | POL | M 40-49 | | | 00:03:36 | 00:07:18 | 00:41:12 | 01:15:39 | 01:50:51 |
| 5 | WARUSZEWSKI KAROL | 598 | BIEGAJĄCY TCZEW | TCZEW | POL | M 40-49 | | | 00:03:55 | 00:07:52 | 00:43:47 | 01:19:56 | 01:56:10 |
| 6 | SZCZEBAK JACEK | 595 | UNIA MIAST | TARNÓW | POL | M 40-49 | | | 00:03:42 | 00:07:36 | 00:43:49 | 01:20:33 | 01:58:15 |
| 7 | KAZIMIERSKI ARTUR | 611 | KM AKTYWNI SOCHACZEW | SOCHACZEW | POL | M 40-49 | | | 00:04:15 | 00:08:28 | 00:48:02 | 01:29:19 | 02:10:35 |
| 8 | STRZELECKI SEBASTIAN 'KASZANA' | 593 | SAILING TEAM FERAJNA | PIŁA | POL | M 40-49 | | | 00:04:27 | 00:09:00 | 00:51:37 | 01:34:39 | 02:18:45 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km | |
|------|-------------------|-----|---------------------------------------|--------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|----------|
| 1 | STĘPIEŃ LUCYNA | 591 | KS METRACO POLKOWICE | LUBIN | POL | K 50-59 | | | 00:04:06 | 00:08:12 | 00:46:18 | 01:25:43 | 02:05:03 | |
| 2 | KACHEL ANNA | 566 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄG | POL | K 50-59 | | | 00:04:13 | 00:08:28 | 00:48:42 | 01:29:11 | 02:10:44 | |
| 3 | ROSOŁEK ELŻBIETA | 585 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K 50-59 | | | 00:04:20 | 00:08:56 | 00:50:54 | 01:30:12 | 02:10:02 | |
| DQ | KARASIEWICZ IRENA | 568 | FACE NORDIC WALKINGTEAM | BRANIEWO | POL | K 50-59 | | | 1 | 00:04:13 | 00:08:22 | 00:47:22 | 01:27:22 | 02:07:36 |
| | | | | | | | | | DQ | DQ | DQ | DQ | DQ | |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|------------------|-----|---|------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | SKIBA KRZYSZTOF | 612 | KS METRACO POLKOWICE | POLKOWICE | POL | M 50-59 | | | 00:03:18 | 00:06:41 | 00:38:03 | 01:10:05 | 01:42:45 |
| 2 | WIŚNIEWSKI JACEK | 599 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | SANDOMIERZ | POL | M 50-59 | | | 00:03:47 | 00:07:24 | 00:41:32 | 01:15:36 | 01:50:27 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 50-59 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|------------------------|-----|--------------------------|--------------|------|---------|-------------|--------------|----------|----------|----------|----------|----------|
| 3 | BIK STANISŁAW | 552 | KS METRACO POLKOWICE | LUBIN | POL | M 50-59 | | | 00:03:50 | 00:07:37 | 00:43:17 | 01:20:01 | 01:57:41 |
| 4 | LENZ ANDRZEJ | 574 | ALTOM | GNIEZNO | POL | M 50-59 | | | 00:04:01 | 00:08:00 | 00:45:00 | 01:21:42 | 01:58:20 |
| 5 | KOWALCZYK MARIUSZ | 572 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | M 50-59 | | | 00:03:48 | 00:07:47 | 00:45:04 | 01:23:26 | 02:02:33 |
| 6 | SZCZODROWSKI KRZYSZTOF | 596 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M 50-59 | | | 00:04:04 | 00:08:08 | 00:47:49 | 01:29:10 | 02:11:24 |
| 7 | STĘPKOWSKI ANDRZEJ | 610 | | ELBLĄG | POL | M 50-59 | | | 00:04:25 | 00:08:59 | 00:51:25 | 01:34:47 | 02:18:29 |
| 8 | DRÓDZ PAWEŁ | 559 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | POL | M 50-59 | | | 00:04:29 | 00:09:03 | 00:51:59 | 01:34:38 | 02:19:52 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|---------------------|-----|---------------------------------------|--------------|------|-------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | CZYCZ EMILIA | 614 | GREN TEAM | GÓRA ZIELONA | POL | K 60+ | | | 00:04:17 | 00:08:28 | 00:47:44 | 01:28:47 | 02:11:41 |
| 2 | BUCZKOWSKA WIESŁAWA | 555 | | GDYNIA | POL | K 60+ | | | 00:04:13 | 00:08:32 | 00:48:18 | 01:30:02 | 02:12:43 |
| 3 | RUSZKOWSKA BOŻENA | 587 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄG | POL | K 60+ | | | 00:04:14 | 00:08:29 | 00:48:41 | 01:29:09 | 02:10:44 |
| 4 | WITKOWSKA MARIA | 600 | UNIA MIAST | KATOWICE | POL | K 60+ | | | 00:04:18 | 00:08:36 | 00:49:06 | 01:29:33 | 02:10:57 |
| 5 | ROZMUS JOLANTA | 586 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | K 60+ | | | 00:04:32 | 00:09:10 | 00:52:38 | 01:37:50 | 02:24:01 |
| 6 | ZAWADZKA MARIA | 606 | KS METRACO POLKOWICE | LUBIN | POL | K 60+ | | | 00:04:34 | 00:09:13 | 00:52:40 | 01:36:35 | 02:23:08 |

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 0.55km | 1.1km | 6.1km | 11.1km | 16.1km |
|------|---------------------|-----|----------------------|-----------|------|-------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | HELWICH STEFAN | 562 | KSMETRACOPOLKOWICE | WIELEN | POL | M 60+ | | | 00:03:41 | 00:07:19 | 00:40:57 | 01:15:23 | 01:50:25 |
| 2 | ZAGAJA JANUSZ | 604 | WESOŁY BORSUK TEAM | POKÓJ | POL | M 60+ | | | 00:03:38 | 00:07:20 | 00:42:37 | 01:18:29 | 01:55:17 |
| 3 | WESOŁOWSKI WOJCIECH | 608 | NORDICK TEAM GNIEZNO | GNIEZNO | POL | M 60+ | | | 00:03:59 | 00:08:02 | 00:45:23 | 01:23:34 | 02:02:58 |
| 4 | HENRYK JERZY | 563 | | ELBLĄG | POL | M 60+ | | | 00:04:19 | 00:08:48 | 00:49:19 | 01:30:20 | 02:11:24 |
| 5 | CIESIELSKI JERZY | 557 | EPOKA NORDICA | ŁÓDŹ | POL | M 60+ | | | 00:05:05 | 00:10:13 | 00:59:51 | 01:51:32 | 02:46:58 |