

## SGS ULTRA 54KM

Organiser: Fundacja Maratony Górskie  
Date: 2022-06-25  
Place: Karlów  
Distance: 54.7 km  
Klasyfikacja wg czasów brutto.



### SGS ULTRA 54KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	BOULKHALF ABDELLATIF	554	KB WIKON NOWA SÓL	MODRZYCA	POL	M-30	1	M 1	01:10:18	02:04:23	03:00:35	03:51:04	04:29:13	05:22:26.80	05:22:34.05	5:53	10.2
2	PAWŁOWSKI MARCIN	359		WILKÓW-OSIEDLE	POL	M-40	1	M 2	01:13:28	02:07:02	03:01:50	03:52:43	04:33:57	05:27:20.40	05:27:21.90	5:59	10
3	MASIAREK MACIEJ	292		PIOTRKÓW TRYBUNALSKI	POL	M-20	1	M 3	01:10:08	02:04:52	03:01:57	03:55:04	04:34:49	05:29:16.55	05:29:19.50	6:01	10
4	NEHRING KAROL	323		SULEJÓWEK	POL	M-20	2	M 4	01:14:57	02:13:02	03:13:00	04:08:23	04:48:37	05:42:35.95	05:42:37.75	6:15	9.6
5	NICPOŃ SEBASTIAN	325	KARKONOSZ RUNNING TEAM	JELEŃIA GÓRA	POL	M-20	3	M 5	01:14:33		03:09:39	04:12:51	04:56:49	05:56:00.90	05:56:07.80	6:30	9.2
6	MAŃCZAK FILIP	289	AKTYWNI RAZEM	KICIN	POL	M-40	2	M 6	01:16:47	02:17:59	03:22:21	04:24:12	05:10:49	06:09:26.40	06:09:28.65	6:45	8.9
7	SIERADZKI KRZYSZTOF	414	PRZEDWOJEWSKI TEAM	WARSZAWA	POL	M-30	2	M 7	01:16:51	02:17:35	03:21:46	04:25:09	05:10:57	06:12:10.00	06:12:12.30	6:48	8.8
8	MATUSIAK DANIEL	294		KRZYWIEC	POL	M-30	3	M 8	01:18:16	02:20:25	03:25:17	04:24:46	05:10:53	06:15:47.25	06:15:51.75	6:52	8.7
9	SOCHA SEWERYN	431	SII RUNNING TEAM	POZNAŃ	POL	M-30	4	M 9	01:23:25	02:27:39	03:32:41	04:34:57	05:18:26	06:16:52.10	06:16:58.55	6:53	8.7
10	NIEPALA JACEK	327	OBORYGENI	OBORNIKI ŚLAŃSKIE	POL	M-30	5	M 10	01:22:41	02:28:52	03:34:19	04:35:38	05:20:31	06:23:14.10	06:23:16.50	7:00	8.6
11	TARNOWSKI MACIEJ	472	MM POWER / KOLIBER TEAM	KRAKÓW	POL	M-40	3	M 11	01:23:34	02:28:41	03:34:57	04:36:48	05:22:44	06:24:16.70	06:24:22.10	7:01	8.5
12	GRZESIEK GÓRAL	132	HEJ HEJ GURALU	KRAKÓW SWOSZOWICE	POL	M-30	6	M 12	01:20:41	02:23:46	03:31:55	04:34:45	05:23:05	06:25:32.05	06:25:37.15	7:02	8.5
13	BARTOSZEWSKI GRZEGORZ	18	TEAM RÓŻOWEJ PELERYNKI	DŁUGOŁĘKA	POL	M-40	4	M 13	01:23:24	02:28:34	03:36:01	04:42:49	05:29:40	06:31:24.35	06:31:43.75	7:09	8.4
14	ROGÓRZ PIOTR	396		WROCLAW (WROCLAW-PSIE POLE)	POL	M-40	5	M 14	01:27:48	02:34:33	03:38:33	04:45:59	05:35:53	06:35:20.65	06:35:25.75	7:13	8.3
15	RYŁKO KRZYSZTOF	406	ZADYSZKA OŚWIĘCIM/KS KANDAHAR	OŚWIĘCIM	POL	M-40	6	M 15	01:28:02	02:36:43	03:45:32	04:52:03	05:37:07	06:38:19.85	06:38:21.20	7:16	8.2
16	MIKEŠOVÁ JANA	307	SALMING CZ	NOVÁ PAKA	CZE	K-30	1	K 1	01:25:42	02:36:31	03:47:23	04:51:02	05:37:26	06:41:52.35	06:41:53.60	7:20	8.2
17	WIERZBOWY PRZEMEK	513	KOKO DŻAMBO I DO PRZODU	NAMYŚLÓW	POL	M-30	7	M 16	01:22:35	02:27:55	03:33:29	04:48:09	05:37:59	06:42:05.45	06:42:10.20	7:21	8.2
18	BUJAK KRZYSZTOF	46		KRAKOW	POL	M-30	8	M 17	01:25:23	01:47:55	03:48:49	04:55:11	05:39:44	06:42:05.90	06:42:10.40	7:21	8.2
19	TOPOLSKI MARCIN	481	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADOWNIKI	POL	M-40	7	M 18	01:27:56	02:36:07	03:45:29	04:52:03	05:39:16	06:43:37.60	06:43:45.90	7:22	8.1
20	GRZESICA PAWEŁ	131	BOŻY ULTRAS	ŁĘDZINY	POL	M-40	8	M 19	01:20:35	02:01:07	03:42:32	04:54:34	05:44:43	06:48:52.25	06:48:54.85	7:28	8
21	WIECZOREK ŁUKASZ	510		DĄBRÓWKA	POL	M-30	9	M 20	01:23:22	02:30:19	03:41:54	04:51:55	05:45:37	06:50:52.55	06:50:55.35	7:30	8
22	POLAŃSKI SŁAWOMIR	373	LACHO TEAM	KRAKÓW	POL	M-30	10	M 21	01:23:42	02:29:25	03:42:46	04:53:11	05:43:42	06:51:17.60	06:51:23.55	7:31	8
23	WŁODARCZYK JAROSŁAW	524	KARKONOSZ RUNNING TEAM	JELEŃIA GÓRA	POL	M-40	9	M 22	01:20:03	02:24:12	03:40:06	04:48:54	05:43:35	06:52:37.70	06:52:43.40	7:32	8
24	DOMAGAŁA GRZEGORZ	80		JAWOR	POL	M-30	11	M 23	01:24:34	02:34:32	03:47:38	04:57:03	05:47:43	06:55:24.85	06:55:34.20	7:35	7.9
25	CIURASZKIEWICZ ANDRZEJ	60		WROCLAW	POL	M-40	10	M 24	01:34:56	02:48:53	04:04:49	05:11:34	05:59:50	07:03:08.95	07:03:19.35	7:44	7.8
26	SKRZYNIARZ MAREK	423		KIELCE	POL	M-40	11	M 25	01:27:49	02:41:34	03:54:29	05:04:59	05:54:58	07:05:43.10	07:05:48.20	7:46	7.7
27	KRUPA MARCIN	207	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	12	M 26	01:19:00	02:25:36	03:43:51	05:06:50	06:03:20	07:10:48.80	07:10:51.10	7:52	7.6
28	JARZĘBOWICZ PAWEŁ	164	ZADYSZKA OŚWIĘCIM	ZABORZE	POL	M-40	13	M 27	01:43:20	03:00:32	04:09:06	05:19:00	06:08:50	07:12:21.30	07:12:25.40	7:54	7.6
29	WINIECKI TOMASZ	519	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M-40	14	M 28	01:27:24	02:33:51	03:44:52	04:58:55	05:56:49	07:12:57.70	07:13:02.00	7:54	7.6

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
30	DASZEWSKI FILIP	72	ICT POLAND	DĘBNO	POL	M-20	4	M 29	01:27:54	02:41:32	03:59:15	05:12:02	06:03:19	07:13:06.20	07:13:12.65	7:55	7.6
31	CARUK DAMIAN	51	PGN NIERUCHOMOŚCI	KAMIEŃ POMORSKI	POL	M-40	15	M 30	01:33:43	02:49:34	04:03:24	05:15:28	06:06:52	07:13:43.85	07:13:50.55	7:55	7.6
32	GŁOWACKI STEFAN	110		WARSAW	POL	M-40	16	M 31	01:25:14	02:38:46	03:57:05	05:10:23	06:03:25	07:15:30.80	07:15:35.55	7:57	7.5
33	GŁOWACKI ARTUR	109	KGHM ZG RUN	GŁOGÓW	POL	M-40	17	M 32	01:26:01	02:38:55	03:54:12	05:08:52	06:04:42	07:15:56.55	07:16:00.65	7:58	7.5
34	JAKOWSKI MATEUSZ	155		BARDO	POL	M-20	5	M 33	01:21:10	02:32:58	03:49:05	05:03:20	06:01:19	07:16:16.55	07:16:22.25	7:58	7.5
35	HOFMAŃSKI RAFAŁ	144		KOTLIN	POL	M-30	12	M 34	01:32:12	02:44:45	04:00:49	05:11:56	06:05:14	07:16:12.00	07:16:23.60	7:58	7.5
36	WIĘCŁAW PAWEŁ	514	WOLSKI KOLEKTYW BIEGOWY	KRAKÓW	POL	M-30	13	M 35	01:39:24	02:53:14	04:07:12	05:19:06	06:10:11	07:16:40.15	07:16:50.90	7:58	7.5
37	KOSECKI KRZYSZTOF	217	SG	ŁOSOSINA DOLNA	POL	M-30	14	M 36	01:34:33	02:50:51	04:05:51	05:16:08	06:08:05	07:17:03.80	07:17:10.40	7:59	7.5
38	KOŁECKA PATRYCJA	209	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	1	K 2	01:34:36	02:50:11	04:03:23	05:18:17	06:10:17	07:17:42.30	07:17:47.65	8:00	7.5
39	HEŁMECKI ARTUR	558		KRAKÓW	POL	M-40	18	M 37	01:32:38	02:49:05	04:04:51	05:19:20	06:09:59	07:18:45.40	07:18:52.00	8:01	7.5
40	BUDYNEK TADEUSZ	43	ALVO RACING TEAM	DABROWA	POL	M-40	19	M 38	01:35:59	03:00:45	04:09:25	05:15:07	06:06:16	07:18:52.90	07:19:08.95	8:01	7.5
41	BOROWCZYK JACEK	36	ANTEK TEAM	TOMASZÓW MAZOWIECKI	POL	M-50	1	M 39	01:34:25	02:48:41	04:03:26	05:16:05	06:07:38	07:18:55.85	07:19:38.10	8:01	7.5
42	GORCZYŃSKI NORBERT	119	KUDOWIANKA RUN	KUDOWA ZDRÓJ	POL	M-20	6	M 40	01:34:44	02:51:21	04:08:32	05:19:43	06:13:20	07:20:20.60	07:20:23.50	8:02	7.5
43	LUBAŃSKI ROBERT	268		BUKOWICE	POL	M-50	2	M 41	01:34:27	02:51:12	04:09:43	05:22:26	06:12:58	07:22:19.20	07:22:24.90	8:05	7.4
44	PAWLIK JAKUB	358	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M-30	15	M 42	01:26:47	02:38:10	03:52:01	05:05:07	06:03:48	07:22:25.60	07:22:29.10	8:05	7.4
45	ŁAMPIKA KINGA	272	NIGHT RUNNERS WROCLAW	SMOLEC	POL	K-40	2	K 3	01:38:55	02:57:00	04:13:10	05:22:14	06:12:44	07:22:42.80	07:22:50.60	8:05	7.4
46	KRYM KATARZYNA	236	HERCOG RUNNING TEAM	SMOLEC	POL	K-40	3	K 4	01:39:22	02:57:41	04:13:56	05:22:57	06:14:07	07:22:50.20	07:22:57.40	8:05	7.4
47	SUPERNAK ŁUKASZ	447	BIEGAJ Z BANANEM	ŁĄZY	POL	M-40	20	M 43	01:35:33	02:50:47	04:03:18	05:19:37	06:11:12	07:24:13.65	07:24:15.60	8:07	7.4
48	MĘDRYKOWSKI DAMIAN	300		ŁÓDŹ	POL	M-30	16	M 44	01:35:38	02:06:15	04:07:04	05:21:38	06:14:24	07:24:33.30	07:24:45.40	8:07	7.4
49	KRZESIŃSKI DARIUSZ	239	ORANGE POLSKA	WROCLAW	POL	M-40	21	M 45	01:34:59	02:50:40	04:07:01	05:21:12	06:13:54	07:24:51.20	07:25:05.70	8:07	7.4
50	WANDEL PIOTR	499	NOA	DOMASŁAW	POL	M-40	22	M 46	01:27:37	02:43:35	04:03:54	05:19:42	06:14:24	07:27:44.25	07:27:49.10	8:11	7.3
51	BROK JACEK	39		PLEWISKA	POL	M-50	3	M 47	01:34:35	02:46:16	04:04:37	05:23:13	06:16:14	07:27:41.40	07:27:50.85	8:11	7.3
52	WOŹNIAK MARIA	534	SKAWINA BIEGA	SKAWINA	POL	K-30	2	K 5	01:35:30	02:50:52	04:08:35	05:22:21	06:14:09	07:28:52.75	07:28:57.20	8:12	7.3
53	KOZIEŁ PIOTR	230	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	17	M 48	01:28:00	02:44:29	04:03:07	05:19:06	06:14:39	07:29:21.00	07:29:31.60	8:12	7.3
54	GRABOŚ NINA	127		WARSZAWA	POL	K-40	4	K 6	01:38:10	02:58:34	04:17:55	05:33:16	06:26:15	07:34:10.35	07:34:34.10	8:18	7.2
55	SWĘDZIOŁ ROBERT	451	OLKUSZBIEGA.PL	OLKUSZ	POL	M-50	4	M 49	01:34:55	02:49:02	04:03:16	05:19:01	06:18:30	07:36:05.95	07:36:12.25	8:20	7.2
56	KUTYBA MARIUSZ	255	WOLNE ŚLIMAKI	POZNAŃ	POL	M-40	23	M 50	01:33:48	02:49:41	04:07:10	05:24:17	06:23:47	07:36:39.85	07:36:46.85	8:20	7.2
57	POPRAWSKI PAWEŁ	376		MOŚCIENICA	POL	M-30	18	M 51	01:36:47	02:56:27	04:15:53	05:28:38	06:25:42	07:36:59.25	07:37:09.80	8:21	7.2
58	WASILEWSKI MARCIN	502		ZIELONA GÓRA	POL	M-30	19	M 52	01:38:14	02:53:40	04:09:51	05:22:28	06:16:55	07:37:23.15	07:37:35.95	8:21	7.2
59	KUSZKA MICHAŁ	252	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	M-40	24	M 53	01:35:10	02:50:45	04:07:52	05:26:08	06:22:55	07:37:35.70	07:37:52.70	8:21	7.2
60	ANDRUSZKIEWICZ PAWEŁ	2		JELEŃ GÓRA	POL	M-30	20	M 54	01:24:28	02:34:25	03:57:00	05:16:07	06:17:02	07:39:09.55	07:39:15.70	8:23	7.1
61	KOCEMBA KAMIL	205	KECKIE HARPAGANY	KOBIERNICE	POL	M-30	21	M 55	01:30:19	02:45:55	04:06:05	05:30:38	06:27:13	07:40:04.85	07:40:06.80	8:24	7.1
62	KRÓL MARCIN	234		OBORNIKI ŚLĄSKIE	POL	M-40	25	M 56	01:40:31	02:56:31	04:15:58	05:34:15	06:29:05	07:40:24.20	07:40:24.20	8:25	7.1
63	BŁĘDOWSKI MARIUSZ	33	COYOTE TEAM	WŁOCŁAWEK	POL	M-40	26	M 57	01:33:59	02:54:38	04:18:02	05:31:34	06:26:30	07:41:39.95	07:41:39.95	8:26	7.1
64	CHMIEL PIOTR	54	PTT DELTA	WĘGRÓW	POL	M-30	22	M 58	01:40:48	02:57:32	04:13:08	05:28:58	06:24:43	07:41:43.85	07:42:41.20	8:26	7.1
65	MIKOŁAJCZYK TOMASZ	308	EXPLORADOR	DOPIEWIEC	POL	M-40	27	M 59	01:34:55	02:57:29	04:17:26	05:40:40	06:36:01	07:42:48.35	07:42:56.05	8:27	7.1
66	PAPUGA DARIUSZ	353	ZADYSZKA OŚWIĘCIM	JAWISZOWICE	POL	M-50	5	M 60	01:34:01	02:54:56	04:13:03	05:36:44	06:29:56	07:43:56.25	07:43:58.10	8:28	7.1
67	KMICIAK PIOTR	203	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	23	M 61	01:40:38	03:07:28	04:24:00	05:40:32	06:36:17	07:42:53.45	07:43:58.60	8:27	7.1
68	KOZIEŁ KRZYSZTOF	229		BARANOWO	POL	M-40	28	M 62	01:34:00	02:50:13	04:10:25	05:34:36	06:30:01	07:44:43.25	07:44:56.00	8:29	7.1
69	CYBULSKI PIOTR	62		WĄGROWIEC	POL	M-40	29	M 63	01:45:27	03:13:09	04:31:07	05:46:28	06:35:58	07:44:31.00	07:45:12.45	8:29	7.1
70	GUZERA JUSTYNA	136	MATNER RUNNING TEAM	WROCLAW	POL	K-30	3	K 7	01:39:17	03:01:30	04:21:15	05:36:03	06:29:17	07:45:09.35	07:45:16.35	8:30	7.1
71	KOŚCIELNIAK WIOLETTA	218	RUNNERS TEAM NYSA	NYSA	POL	K-40	5	K 8	01:36:44	02:52:17	04:12:13	05:25:31	06:22:48	07:46:21.40	07:46:44.50	8:31	7
72	MARCINIAK JAKUB	290	KOZMIN BIEGA ULTRA RUNNERS	KROTOSZYN	POL	M-30	24	M 64	01:32:06	02:48:26	04:07:39	05:25:46	06:24:34	07:46:54.25	07:47:01.95	8:32	7
73	HAKKE GOSIA	140	BIEGAMDŁAZDROWIA.PL	JELEŃ GÓRA	POL	K-40	6	K 9	01:47:24	03:08:06	04:28:33	05:41:52	06:34:52	07:45:30.10	07:47:02.50	8:30	7.1

**SGS ULTRA 54KM, OPEN c.d.**

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							cat.											
74	AUGUSTYNIAK MAŁGORZATA	5		ŁÓDŹ	POL	K-40	7	K 10	01:39:00	03:00:34	04:18:49	05:37:09	06:31:15	07:47:21.20	07:47:30.20	8:32	7	
75	KRZEMIŃSKI TOMASZ	238		ŁÓDŹ	POL	M-40	30	M 65	01:35:27	02:50:49	04:10:17	05:34:36	06:32:01	07:48:32.05	07:48:54.90	8:33	7	
76	CHORAZKIEWICZ DAMIAN	55	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	M-30	25	M 66	01:38:47	02:04:23	04:19:29	05:37:27	06:34:12	07:48:52.05	07:49:01.05	8:34	7	
77	RYCHTYK DAWID	405	140MINUT.PL	WROCLAW	POL	M-40	31	M 67	01:38:50	03:01:02	04:21:50	05:41:53	06:38:57	07:50:25.10	07:50:35.95	8:35	7	
78	JAŚKIEWICZ RAFAŁ	168	COYOTE TEAM	WŁOCLAWEK	POL	M-40	32	M 68	01:38:12	03:01:09	04:19:51	05:40:24	06:36:47	07:50:48.40	07:50:56.50	8:36	7	
79	SYMULA PIOTR	452	SAN ESCOBAR	BIELSKO-BIALA	POL	M-50	6	M 69	01:36:08	02:55:09	04:18:44	05:32:17	06:26:45	07:51:39.70	07:51:59.55	8:37	7	
80	BANDUROWSKI ANDRZEJ	11	KB SPOCENI NOWA SÓL	NOWA SÓL	POL	M-50	7	M 70	01:38:05	02:58:01	04:18:50	05:36:00	06:31:48	07:52:15.40	07:52:24.80	8:38	6.9	
81	BONIKOWSKI TOMASZ	34		GRODZISK MAZ	POL	M-50	8	M 71	01:40:54	03:01:34	04:21:04	05:37:40	06:37:06	07:52:09.50	07:52:39.40	8:37	7	
82	RUSOŁ TOMASZ	403	TROPEN ULTRA	WROCLAW	POL	M-30	26	M 72	01:31:13	02:48:36	04:16:10	05:38:38	06:38:45	07:53:49.90	07:54:11.75	8:39	6.9	
83	ORTYL MAGDALENA	342	ZABIEGANI MIELEC	MIELEC	POL	K-30	4	K 11	01:47:05	03:09:25	04:28:49	05:46:31	06:42:08	07:53:52.10	07:55:01.55	8:39	6.9	
84	WOŁOZYN KONRAD	532	ADRENALINA TEAM	STEPNICA	POL	M-40	33	M 73	01:37:21	02:56:11	04:17:59	05:38:56	06:36:51	07:54:34.15	07:56:07.45	8:40	6.9	
85	NIEWIADA MACIEJ	328	EXPLORADOR	DOPIEWO	POL	M-40	34	M 74	01:34:27	02:51:27	04:16:51	05:38:58	06:38:14	07:57:04.40	07:57:13.55	8:43	6.9	
86	ŁUKOMSKI MACIEJ	275	ŁÓDZKI KLUB WYSOKOGÓRSKI/ SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	35	M 75	01:30:15	02:50:39	04:11:36	05:37:33	06:38:40	07:57:46.60	07:57:50.60	8:44	6.9	
87	GRUMBIAŃSKA PAULINA	130	LOGWIN	PRUSZKÓW	POL	K-40	8	K 12	01:37:15	03:00:22	04:24:34	05:47:48	06:44:58	07:58:48.75	07:58:55.15	8:45	6.9	
88	MIKOŁAJCZYK MIROSLAW	309	MIRAZ RACE TEAM	ZABRZE	POL	M-40	36	M 76	01:25:54	02:54:40	04:18:08	05:45:26	06:45:24	07:58:49.15	07:58:56.10	8:45	6.9	
89	KACZOR PIOTR	175	SAMOTNY WILK Z KOTOWIC	KOTOWICE	POL	M-40	37	M 77	01:38:17	02:58:10	04:18:01	05:35:30	06:35:58	07:58:37.60	07:59:02.20	8:44	6.9	
90	KACZMAREK JĘDRZEJ	173	KP PSP MILICZ	PLESZEW	POL	M-20	7	M 78	01:45:25	03:12:39	04:38:30	05:58:13	06:52:01	07:59:17.05	07:59:29.65	8:45	6.8	
91	BUCZKOWSKI KRZYSZTOF	42		POZNAŃ	POL	M-20	8	M 79	01:34:55	02:57:58	04:18:17	05:45:06	06:45:39	08:01:49.80	08:01:54.10	8:48	6.8	
92	AZAREWICZ GRZEGORZ	6		GDAŃSK	POL	M-40	38	M 80	01:47:48	03:08:37	04:29:35	05:48:33	06:47:23	08:02:41.65	08:03:02.60	8:49	6.8	
93	KANIEWSKA AGNIESZKA	185	DRUŻYNA SZPIKU	POZNAŃ	POL	K-40	9	K 13	01:47:21	03:12:45	04:33:35	05:53:17	06:50:32	08:03:46.85	08:03:51.40	8:50	6.8	
94	POCHYLSKI PRZEMYSŁAW	369	ZGRUPKA TEAM	LUBOŃ	POL	M-40	39	M 81	01:44:48	03:06:03	04:30:17	05:52:42	06:53:30	08:02:40.95	08:04:30.05	8:49	6.8	
95	ŚWIDERGOŁ PIOTR	468		KATOWICE	POL	M-30	27	M 82	01:31:42	02:50:16	04:11:34	05:37:29	06:38:45	08:04:29.40	08:04:35.65	8:51	6.8	
96	SOWA DARIUSZ	434	CZARNECKI RUN TEAM/RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M-60	1	M 83	01:47:08	03:12:11	04:29:56	05:22:05	06:50:30	08:04:17.90	08:04:41.35	8:51	6.8	
97	BEŁDOWSKI SŁAWOMIR	22	FUDU&CO.	PIOTRKÓW TRYBUNAŁSKI	POL	M-50	9	M 84	01:36:07	02:55:34	04:19:44	05:43:08	06:44:43	08:05:02.65	08:05:45.90	8:52	6.8	
98	LISIECKI TOMASZ	265		LUBOŃ	POL	M-40	40	M 85	01:33:59	02:52:28	04:26:00	05:56:22	06:54:37	08:06:43.30	08:06:59.65	8:53	6.7	
99	CHRAPLEWSKA KAROLINA	56		POZNAN	POL	K-40	10	K 14	01:49:50	03:16:24	04:42:46	05:59:54	06:54:52	08:08:40.45	08:08:49.45	8:56	6.7	
100	NOGA ADAM	331	ZADYSZKA	BIERUŃ	POL	M-50	10	M 86	01:38:45	02:57:35	04:22:29	05:47:27	06:47:11	08:09:20.65	08:09:25.40	8:56	6.7	
101	ŚWIERCZEK GRZEGORZ	469	JURA.PL	ZAWIERCIE	POL	M-50	11	M 87	01:45:16	03:11:10	04:33:09	05:58:15	06:56:39	08:09:28.35	08:09:56.40	8:56	6.7	
102	SZYDLIK ARKADIUSZ	463	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-40	41	M 88	01:35:15	02:56:36	04:19:43	05:41:53	06:49:32	08:09:42.95	08:10:06.35	8:57	6.7	
103	OLSAK ZENON	340	OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M-50	12	M 89	01:41:14	03:10:04	04:32:30	05:55:58	06:54:32	08:11:17.70	08:11:17.70	8:58	6.7	
104	RATAJCZAK MARCIN	391		KOTLIN	POL	M-40	42	M 90	01:40:58	03:00:26	04:26:55	05:53:48	06:55:08	08:11:38.25	08:11:51.85	8:59	6.7	
105	CZERWIŃSKI DOMINIK	66	ALVO RACING TEAM	KOMORNIKI	POL	M-40	43	M 91	01:36:08	03:00:46	04:24:55	05:50:44	06:50:36	08:11:39.60	08:11:53.70	8:59	6.7	
106	PIWKO MATEUSZ	368		SZCZECIN	POL	M-30	28	M 92	01:50:57	03:13:22	04:35:39	05:57:31	06:54:28	08:10:15.30	08:11:56.50	8:57	6.7	
107	CZYŚCIAK KRZYSZTOF	70	KB SOBÓTKA	ZÓRAWINA	POL	M-40	44	M 93	01:40:59	03:06:38	04:32:12	05:57:57	06:55:31	08:12:44.65	08:12:44.65	9:00	6.7	
108	GAŚCZCZAK MARIUSZ	105	KS LENIWIEC /STAJNIAK TEM	KĘPNO	POL	M-40	45	M 94	01:46:42	03:14:58	04:37:29	05:56:22	06:54:23	08:12:46.05	08:12:46.05	9:00	6.7	
109	PRZYBYŁ PIOTR	383	EASY RUNNERS	GOSTYŃ	POL	M-50	13	M 95	01:36:55	03:02:30	04:25:52	05:57:33	06:55:39	08:13:08.75	08:13:16.75	9:00	6.7	
110	WARZECHA TERESA	501	RUNNERS TEAM NYSA	PACZKÓW	POL	K-60	1	K 15	01:44:24	03:12:57	04:36:19	06:00:14	06:57:42	08:13:34.95	08:13:56.20	9:01	6.6	
111	SZYMAŃSKA AGATA	464		GDAŃSK	POL	K-30	5	K 16	01:47:24	03:12:13	04:34:18	06:01:08	06:57:33	08:13:20.70	08:13:59.70	9:01	6.7	
112	KULANTY KRZYSZTOF	245	TSUNAMI	KRZYWOPLOTY	POL	M-30	29	M 96	01:45:50	03:11:50	04:36:39	05:56:23	06:55:27	08:14:13.60	08:14:25.10	9:02	6.6	
113	DUDA DAWID	85	REHAU CROSSACTIVE	SREM	POL	M-40	46	M 97	01:34:40	02:57:57	04:22:32	05:48:07	06:50:27	08:14:13.60	08:14:25.80	9:02	6.6	
114	DYSZKIEWICZ TOMASZ	88	ULTRA KUTNO	KUTNO	POL	M-30	30	M 98	01:46:41	03:10:00	04:32:45	05:57:13	06:57:34	08:14:40.95	08:15:17.50	9:02	6.6	
115	MIERCZAK DAWID	304	PENDOLINO TEAM	KŁODZKO	POL	M-30	31	M 99	01:47:50	03:10:34	04:33:03	05:59:08	06:58:24	08:13:38.60	08:15:22.90	9:01	6.6	
116	ROŚLIICKI JAROSŁAW	400	UBEZPIECZENIA DLA AKTYWNYCH/OBORYG ENI	OZOROWICE	POL	M-40	47	M 100	01:44:55	03:16:16	04:45:14	06:03:17	06:59:31	08:15:47.50	08:15:57.55	9:03	6.6	

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
							cat.										
117	MALINOWSKI MAREK	285		KRAKÓW	POL	M-40	48	M 101	01:50:58	03:15:05	04:39:03	06:01:11	06:58:19	08:14:59.00	08:15:58.30	9:02	6.6
118	PILAREK WOJCIECH	367		WROCLAW	POL	M-30	32	M 102	01:44:50	03:03:34	04:27:45	05:58:40	07:04:02	08:15:01.65	08:16:36.30	9:02	6.6
119	SOBCZAK ALEKSANDRA	429		WARSZAWA	POL	K-30	6	K 17	01:37:44	02:59:36	04:24:35	05:54:20	06:56:02	08:17:18.85	08:17:26.40	9:05	6.6
120	SOBOCINSKI KAROL	430		POZNAŃ	POL	M-30	33	M 103	01:38:43	03:05:37	04:32:42	06:02:47	07:01:44	08:18:10.30	08:18:18.70	9:06	6.6
121	KORZYCKI TADEUSZ	216		SOŚNÓWKA	POL	M-60	2	M 104	01:45:56	03:10:30	04:32:46	05:56:50	06:58:33	08:18:01.60	08:18:27.00	9:06	6.6
122	GŁOWACKA EDYTA	108	#SOBASTEAM	WILKSZYŃ	POL	K-40	11	K 18	01:45:43	03:16:45	04:43:41	06:05:16	07:00:01	08:18:16.75	08:18:28.65	9:06	6.6
123	CHEJDYS KRYSZTIAN	53		GLIWICE	POL	M-30	34	M 105	01:53:41	03:15:58	04:38:19	05:35:51	06:58:02	08:16:48.10	08:18:38.50	9:04	6.6
124	BULIKOWSKI TOMASZ	47		SZCZECIN	POL	M-40	49	M 106	01:34:46	02:50:04	04:36:19	05:59:22	06:57:27	08:19:20.90	08:20:04.35	9:07	6.6
125	CAJLER DARIUSZ	50		KOMPRACHCICE	POL	M-40	50	M 107	01:46:13	03:14:03	04:38:53	06:07:00	07:04:28	08:19:54.60	08:20:14.80	9:08	6.6
126	POTAŚ AGNIESZKA	378	BIEGOWA KUŹNIA	KOMPRACHCICE	POL	K-30	7	K 19	01:46:55	03:14:09	04:38:51	06:06:57	07:04:26	08:20:11.60	08:20:31.95	9:08	6.6
127	MAJCHRZAK TYMOTEUZ	280	ZAPIERDALACZE	KATOWICE	POL	M-40	51	M 108	01:42:41	03:10:15	04:28:26	05:56:54	06:57:45	08:20:32.95	08:20:58.25	9:09	6.6
128	WOWK ROBERT	533	SKL	STARGARD	POL	M-40	52	M 109	01:38:07	03:08:45	04:38:25	06:10:02	07:06:28	08:21:00.80	08:21:05.35	9:09	6.6
129	BIELECKI ROBERT	30	KEEN ON RUNNING	BIAŁA PODLASKA	POL	M-50	14	M 110	01:44:51	03:13:38	04:40:32	06:04:30	07:04:40	08:21:41.95	08:21:45.55	9:10	6.5
130	JASIAK KAROL	166	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	M-30	35	M 111	01:45:37	03:12:24	04:35:57	05:58:24	06:58:40	08:21:52.40	08:22:32.20	9:10	6.5
131	ZYDRÓN TYMOTEUZ	551	VISEGRAD MARATON RYTRO	KRAKÓW	POL	M-40	53	M 112	01:43:21	03:08:11	04:36:44	06:02:01	07:00:43	08:23:47.00	08:24:00.90	9:12	6.5
132	JANIEC ROBERT	159	RATOWNIK GÓRNICZY	CZELADŹ	POL	M-40	54	M 113	01:42:06	03:10:05	04:32:36	05:59:19	07:02:33	08:22:34.20	08:24:04.85	9:11	6.5
133	JAMROZIAK GRZEGORZ	157	AARSLEFF.BIZ RUNNING TEAM	KAMIEN POMORSKI	POL	M-40	55	M 114	01:45:12	03:10:18	04:36:07	06:00:23	07:01:52	08:23:58.75	08:24:16.65	9:12	6.5
134	FUKS SZYMON	101	MCBIEGACZE	WARSZAWA	POL	M-40	56	M 115	01:35:45	02:59:52	04:25:03	05:53:09	06:59:33	08:24:59.45	08:25:08.30	9:13	6.5
135	KOWALCZYK PAWEŁ	220	KEĆKIE HARPAGANY	KĘPY	POL	M-40	57	M 116	01:35:03	03:01:26	04:28:25	06:00:09	07:02:40	08:25:32.40	08:25:34.05	9:14	6.5
136	WOJNAROWSKI DAMIAN	527	KS LENIWIEC	KĘPNO	POL	M-20	9	M 117	01:45:58	03:15:03	04:46:19	06:11:34	07:08:43	08:25:04.30	08:25:51.55	9:14	6.5
137	WITKOWSKI WOJCIECH	521		NIEMODLIN	POL	M-30	36	M 118	01:39:23	03:03:02	04:27:41	06:07:11	07:09:22	08:25:56.45	08:26:22.90	9:14	6.5
138	MARKOWSKI MAREK	559	KS LENIWIEC	KĘPNO	POL	M-40	58	M 119	01:45:29	03:12:20	04:37:55	06:07:11	07:09:34	08:26:46.75	08:27:07.40	9:15	6.5
139	LIPIŃSKI OSKAR	263		WARSZAWA	POL	M-30	37	M 120	01:43:50	03:09:02	04:31:11	05:59:12	07:02:24	08:26:13.75	08:27:38.00	9:15	6.5
140	SYPNIEWSKI KRYSZTIAN	453		POZNAŃ	POL	M-40	59	M 121	01:42:35	03:10:11	04:36:55	06:03:35	07:08:06	08:26:32.80	08:27:39.10	9:15	6.5
141	TOMASZEK SEBASTIAN	478		BRZEZINKA ŚREDZKA	POL	M-40	60	M 122	01:37:45	03:00:24	04:28:56	05:59:47	07:03:51	08:28:22.95	08:28:28.90	9:17	6.5
142	KARWACKI GRZEGORZ	191	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M-50	15	M 123	01:45:19	03:06:55	04:33:16	06:00:44	07:03:23	08:28:12.95	08:28:33.35	9:17	6.5
143	WALCZAK ŁUKASZ	497	BYLE DO PRZODUQ	KONIN	POL	M-30	38	M 124	01:46:14	03:13:28	04:38:41	06:05:06	07:03:14	08:27:02.40	08:28:33.85	9:16	6.5
144	KUSTRZA TOMASZ	251		STARGARD	POL	M-40	61	M 125	01:36:59	03:02:36	04:27:06	06:00:30	07:07:03	08:28:29.55	08:28:34.75	9:17	6.5
145	WIŚNIEWSKI WOJCIECH	520		BYDGOSZCZ	POL	M-40	62	M 126	01:42:48	03:10:52	04:38:17	06:02:54	07:02:33	08:28:32.20	08:28:36.65	9:17	6.5
146	KOWALSKI ANDRZEJ	224		WROCLAW	POL	M-60	3	M 127	01:44:46	03:10:46	04:36:29	06:07:44	07:09:08	08:27:43.70	08:28:39.90	9:16	6.5
147	ZACHARYASZ MIŁOSZ	540	#KOCHAMMONICZKE	POZNAŃ, POW. POZNAŃ	POL	M-20	10	M 128	01:43:45	03:07:48	04:36:33	06:04:53	07:12:11	08:26:38.20	08:28:48.50	9:15	6.5
148	BLACHNIO JAKUB	31	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	39	M 129	01:38:09	03:02:45	04:35:49	06:04:07	07:05:55	08:29:52.20	08:29:52.20	9:19	6.4
149	STRAUCHOLD ANNA	442	NOA	KAMIENIEC WROCLAWSKI	POL	K-50	1	K 20	01:45:15	03:13:36	04:43:32	06:08:58	07:09:25	08:30:20.65	08:30:37.30	9:19	6.4
150	JACHYMEK BARTŁOMIEJ	150	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M-40	63	M 130	01:45:07	03:13:51	04:41:23	06:04:55	07:07:17	08:30:56.20	08:31:16.10	9:20	6.4
151	LUBAŃSKI MATEUSZ	269	KS BARYCZ MILICZ	DŁUGOŁĘKA	POL	M-30	40	M 131	01:46:20	03:17:44	04:45:25	06:15:13	07:15:41	08:31:03.40	08:31:21.95	9:20	6.4
152	SIKORSKI DARIUSZ	417	INSERT TEAM	DZIERŻONIÓW	POL	M-40	64	M 132	01:47:55	03:21:55	04:43:07	06:11:21	07:11:44	08:29:56.20	08:31:35.10	9:19	6.4
153	BABIARZ ANDRZEJ	7	A NA CO TO KOMU POTRZEBNE	ZIELONKA	POL	M-40	65	M 133	01:40:38	03:08:56	04:42:59	06:14:09	07:14:52	08:32:19.95	08:32:28.95	9:21	6.4
154	MOSZKOWSKI BOGDAN	318		KOBIERZYCE	POL	M-50	16	M 134	01:49:17	03:19:16	04:47:55	06:11:43	07:14:29	08:30:44.30	08:32:46.80	9:20	6.4
155	GRABKOWSKI RAFAŁ	126	DOGOŃ GRODZISK MAZOWIECKI	ODRANO-WOLA	POL	M-40	66	M 135	01:40:54	03:06:16	04:35:52	06:03:59	07:05:46	08:32:44.05	08:32:52.45	9:22	6.4
156	URBAŃSKI MICHAŁ	491	LADEK-ZDRÓJ RUNNERS	WROCLAW	POL	M-30	41	M 136	01:57:02	03:26:26	04:51:19	06:13:04	07:11:57	08:31:29.90	08:32:54.00	9:21	6.4
157	KURZAWIAK GRZEGORZ	250	KUDOWIANKA RUN	KARŁÓW	POL	M-40	67	M 137	01:36:52	02:58:39	04:24:47	05:53:56	07:01:49	08:32:55.35	08:32:55.35	9:22	6.4
158	POKRYWKA ARKADIUSZ	372		DĄBRÓWKA	POL	M-40	68	M 138	01:46:55	03:14:37	04:38:28	06:08:05	07:12:21	08:33:13.95	08:34:01.95	9:22	6.4
159	RYCHEL-MANTUR DOMINIKA	404		KATOWICE	POL	K-30	8	K 21	01:49:56	03:25:34	04:49:57	06:16:30	07:13:04	08:33:17.30	08:34:43.85	9:23	6.4
160	KOZAR MARCIN	226	BRAK	TOMASZÓW MAZOWIECKI	POL	M-40	69	M 139	01:38:59	03:08:16	04:34:34	06:04:03	07:09:38	08:34:37.60	08:34:55.80	9:24	6.4

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
161	KEJNA MACIEK	193		TOMASZÓW MAZOWIECKI	POL	M-40	70	M 140	01:38:53	03:08:10	04:34:30	06:04:02	07:09:33	08:34:35.90	08:34:57.50	9:24	6.4
162	JARUS ANDRZEJ	160	POLISH WINGS	GALLSPACH	AUT	M-40	71	M 141	01:46:23	03:13:34	04:42:21	06:08:40	07:09:29	08:35:01.10	08:35:07.05	9:24	6.4
163	JARZĘBOWICZ ADAM	165	YAZOMBS	KATOWICE	POL	M-40	72	M 142	01:43:15	03:14:51	04:40:46	06:07:24	07:11:15	08:35:09.35	08:35:15.80	9:25	6.4
164	NAPIERAŁA MARCIN	322		KOZIEGŁOWY	POL	M-40	73	M 143	01:46:26	03:17:18	04:49:07	06:17:28	07:19:20	08:35:07.15	08:35:35.95	9:25	6.4
165	PAPROCKI KRZYSZTOF	352		POLKOWICE	POL	M-40	74	M 144	01:45:21	03:13:19	04:44:53	06:12:14	07:14:10	08:35:32.90	08:35:40.90	9:25	6.4
166	KUBIAK KAROLINA	241		WEJHEROWO	POL	K-40	12	K 22	01:51:48	03:21:12	04:56:52	06:18:35	07:21:40	08:35:49.40	08:36:03.20	9:25	6.4
167	WALCZAK DARIUSZ	495	OLKUSZBIEGA	BOLESŁAW	POL	M-50	17	M 145	01:49:29	03:20:07	04:51:32	06:16:52	07:15:13	08:36:04.60	08:36:04.60	9:26	6.4
168	PIETRZAK SŁAWOMIR	366		PLESZEW	POL	M-40	75	M 146	01:48:04	03:16:25	04:43:09	06:06:30	07:08:28	08:35:38.15	08:36:05.35	9:25	6.4
169	ZAWISZ MARIUSZ	545	RADLINIOKI W BIEGU	GASZOWICE	POL	M-30	42	M 147	01:48:43	03:16:45	04:46:27	06:11:33	07:14:41	08:35:24.45	08:36:07.45	9:25	6.4
170	PUDELKO ROMAN	387		CHRÓŚCINA	POL	M-30	43	M 148	01:46:44	03:17:26	04:45:31	06:10:54	07:13:05	08:39:08.30	08:39:20.50	9:29	6.3
171	SŁOWIK GRZEGORZ	427	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	M-40	76	M 149	01:46:01	03:13:05	04:40:10	06:15:05	07:18:05	08:39:04.00	08:39:21.65	9:29	6.3
172	KORBUT RADOSŁAW	214		SIEDLCE	POL	M-40	77	M 150	01:46:31	03:17:33	04:50:24	06:16:37	07:17:55	08:39:35.50	08:39:44.50	9:29	6.3
173	KOŁODZIEJ ADRIAN	210	GRUPA BIEGOWA "BEZ GRANIC"	STRZEGOM	POL	M-40	78	M 151	01:46:04	03:08:55	04:34:36	06:09:12	07:13:28	08:39:11.60	08:39:53.05	9:29	6.3
174	SZYRNER SZYMON	467	KS KROTOSZ KROTOSZYN	ZDUNY	POL	M-40	79	M 152	01:45:42	03:16:42	04:43:52	06:13:56	07:15:30	08:40:08.40	08:40:12.00	9:30	6.3
175	WIERZBIŃSKI KAROL	512	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	M-40	80	M 153	01:54:19	03:24:45	04:53:44	06:22:33	07:24:41	08:39:30.20	08:40:41.05	9:29	6.3
176	KŁOSEK JACEK	201	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M-30	44	M 154	02:03:38	03:30:33	05:02:18	06:19:48	07:21:02	08:39:35.65	08:40:47.45	9:29	6.3
177	RAJTAR ZBIGNIEW	389	RONTIL-COMPASS	KRAKÓW	POL	M-60	4	M 155	01:45:34	03:18:16	04:49:01	06:17:08	07:19:14	08:41:24.20	08:41:32.80	9:31	6.3
178	KADŁUBOWSKI PIOTR	178	RUN100LOVE / KOTWICA BRZEG	BRZEG	POL	M-40	81	M 156	01:38:36	03:03:23	04:36:50	06:09:48	07:21:08	08:42:23.90	08:42:27.80	9:32	6.3
179	NOWAK ŁUKASZ	336	MARTYNA KANTOR RUNNING TEAM	POZNAŃ	POL	M-40	82	M 157	01:49:27	03:23:22	04:55:21	06:22:53	07:22:32	08:42:14.85	08:42:32.40	9:32	6.3
180	ANISZEWSKI BARTŁOMIEJ	3	ROSSMANN	ŁÓDŹ	POL	M-30	45	M 158	01:48:28	03:13:39	04:43:22	06:14:46	07:18:53	08:42:32.60	08:42:58.20	9:33	6.3
181	SUCHANEK RADOSŁAW	444		KŁOBUCK	POL	M-50	18	M 159	01:46:34	03:16:15	04:46:24	06:13:26	07:16:25	08:43:02.95	08:43:17.80	9:33	6.3
182	GOSTYŃSKI KRZYSZTOF	121	RU CZAJ ULTRA TEAM	KRAKÓW	POL	M-40	83	M 160	01:43:34	03:10:27	04:50:39	06:23:56	07:26:16	08:42:23.70	08:43:18.90	9:32	6.3
183	WOJTKOWIAK RENATA	530	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	13	K 23	01:54:18	03:30:17	05:01:14	06:27:41	07:26:03	08:43:22.90	08:43:44.50	9:34	6.3
184	WOJTKOWIAK STEFAN	531	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40	84	M 161	01:54:13	03:30:15	05:01:13	06:27:40	07:26:02	08:43:22.95	08:43:45.20	9:34	6.3
185	RZEPKA REMIGIUSZ	407	GREENBUD	MIKOŁÓW	POL	M-50	19	M 162	01:48:22	03:10:34	04:42:54	06:09:16	07:14:21	08:42:50.85	08:44:18.25	9:33	6.3
186	WIZA TOMASZ	523		POZNAŃ	POL	M-40	85	M 163	01:56:41	03:34:13	05:01:34	06:31:04	07:29:39	08:44:24.60	08:44:24.60	9:35	6.3
187	WOJNO ARKADIUSZ	529	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	46	M 164	01:42:44	03:15:26	04:51:08	06:20:31	07:24:30	08:44:23.00	08:45:16.20	9:35	6.3
188	SZMAGAJ MARCIN	460	SKL	STARGARD	POL	M-50	20	M 165	01:45:11	03:18:59	04:47:33	06:17:03	07:19:10	08:45:15.90	08:45:21.55	9:36	6.2
189	BIECHOŃSKI JAROSŁAW	28		POZNAŃ	POL	M-40	86	M 166	01:47:20	03:15:51	04:44:10	06:16:57	07:20:44	08:45:05.50	08:45:25.90	9:35	6.3
190	KOWALSKA JUSTYNA	223	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	K-40	14	K 24	01:55:01	03:31:24	05:00:54	06:28:51	07:25:35	08:44:06.00	08:45:26.70	9:34	6.3
191	WIZA ANNA	522		SWARZĘDZ	POL	K-40	15	K 25	01:55:51	03:33:35	05:01:03	06:30:33	07:29:10	08:45:44.20	08:46:15.55	9:36	6.2
192	ABUCEWICZ MAREK	1	SILESIA MARATON CLUB /WATAHA ŁĄCZY NAS BIEGANIE	SZTUM	POL	M-40	87	M 167	01:37:09	01:51:51	04:22:46	05:56:15	07:05:29	08:46:21.40	08:46:21.40	9:37	6.2
193	GAJEWSKI JACEK	103	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-40	88	M 168	01:49:03	03:24:32	04:52:57	06:22:44	07:26:35	08:45:39.90	08:46:22.55	9:36	6.2
194	FLORCZAK SYLWIA	96	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	16	K 26	01:54:41	03:28:47	04:56:34	06:26:01	07:25:39	08:45:37.65	08:46:24.60	9:36	6.2
195	WOŹNIAK ŁUKASZ	535	PORANNY PATROL	KRAKÓW	POL	M-40	89	M 169	01:48:59	03:38:04	05:11:30	06:38:20	07:33:51	08:45:57.55	08:46:53.45	9:36	6.2
196	HALADYN ŁUKASZ	141		OSTRZESZÓW	POL	M-40	90	M 170	01:41:06	03:04:31	04:33:46	06:11:36	07:18:20	08:47:11.30	08:47:28.60	9:38	6.2
197	KLUZ ANNA	200	FANTASTIC TEAM	USTROŃ	POL	K-40	17	K 27	02:01:57	03:39:03	05:14:14	06:36:16	07:31:16	08:46:57.80	08:47:30.45	9:38	6.2
198	WELTER PRZEMYSŁAW	507	KB SZAMOTUŁY	SZAMOTUŁY	POL	M-30	47	M 171	01:33:59	03:02:10	04:35:20	06:18:35	07:26:15	08:47:29.35	08:47:34.25	9:38	6.2
199	SZCZEPAŃSKI MARCIN	459	BEAUTY SPORT RUN	ŁÓDŹ	POL	M-40	91	M 172	01:47:12	03:19:00	04:46:27	06:26:37	07:28:46	08:47:27.45	08:48:05.95	9:38	6.2
200	SZAREK RAFAŁ	456	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	92	M 173	01:34:17	02:59:38	04:27:53	06:08:21	07:21:57	08:48:17.30	08:48:33.40	9:39	6.2
201	CIERCZEK RAFAŁ	58		ROGÓW SOBÓCKI	POL	M-30	48	M 174	01:46:29	03:11:41	04:39:49	06:14:30	07:21:53	08:48:45.55	08:49:13.95	9:39	6.2
202	PARA JAKUB	354	LESZ NO LIMITS RUNNERS	LESZNO	POL	M-40	93	M 175	01:49:30	03:24:25	04:53:57	06:24:49	07:30:48	08:50:03.10	08:50:29.00	9:41	6.2

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h	cat.
203	SOKOŁOWSKI TOMASZ	433	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M-30	49	M 176	01:43:14	03:10:15	04:37:34	06:04:25	07:13:16	08:50:01.15	08:50:29.65	9:41	6.2	
204	HREK MARTA	145		KYIV	UKR	K-40	18	K 28	01:46:39	03:22:24	04:54:55	06:25:58	07:27:38	08:50:21.70	08:50:32.85	9:41	6.2	
205	JARZĄBEK MICHAŁ	163		WROCŁAW	POL	M-30	50	M 177	01:51:12	03:16:21	04:47:54	06:20:45	07:25:11	08:49:53.35	08:51:01.70	9:41	6.2	
206	CZOSKA PRZEMYSŁAW	67	JARBUD	GDYNIA	POL	M-30	51	M 178	01:58:55	03:35:15	05:09:16	06:39:33	07:38:36	08:49:49.80	08:51:05.35	9:41	6.2	
207	GACEK MICHAŁ	102	NOA	WROCŁAW	POL	M-30	52	M 179	01:45:41	03:13:01	04:41:34	06:12:20	07:17:37	08:51:16.05	08:51:26.60	9:42	6.2	
208	WÓJCIO HUBERT	536		SZCZAWNICA	POL	M-40	94	M 180	01:56:38	03:28:19	04:56:14	06:19:43	07:25:16	08:50:50.95	08:52:00.10	9:42	6.2	
209	JASTRZĄBEK AGNIESZKA	167		ŁÓDŹ	POL	K-30	9	K 29	01:59:13	03:31:08	05:00:53	06:33:30	07:32:30	08:51:37.75	08:52:13.70	9:43	6.2	
210	ZAKRZEWSKI MACIEJ	544	DROGA DO ULTRA	KOWAL	POL	M-30	53	M 181	01:40:22	03:07:22	04:32:47	06:11:12	07:16:53	08:53:09.90	08:54:16.15	9:44	6.2	
211	MIĄSKO WOJCIECH	302	12TRI.PL	WARSZAWA	POL	M-50	21	M 182	01:50:02	03:18:38	04:53:04	06:27:09	07:28:19	08:52:17.00	08:54:23.00	9:43	6.2	
212	GOCAŁ MAREK	114		LODZ	POL	M-50	22	M 183	01:51:16	03:29:29	04:56:49	06:27:24	07:30:35	08:54:26.05	08:55:02.30	9:46	6.1	
213	WINIAREK LESZEK	517	TEAM DKMS	WARSZAWA	POL	M-40	95	M 184	01:39:05	03:07:48	04:38:58	06:18:59	07:29:54	08:54:47.20	08:55:09.05	9:46	6.1	
214	NIEMIEC BARTŁOMIEJ	326		BAKÓWO	POL	M-30	54	M 185	01:41:00	03:09:15	04:37:20	06:12:58	07:24:15	08:54:54.10	08:55:13.20	9:46	6.1	
215	SALIŃSKI BARTOSZ	409	AUGUSTEAM/WKURW_TEAM	KATOWICE	POL	M-30	55	M 186	01:53:28	03:28:43	04:59:51	06:31:24	07:30:27	08:54:33.25	08:55:24.15	9:46	6.1	
216	ŁOWICKA MAJA	274	AKTYWNI RAZEM	KOZIEGŁOWY	POL	K-20	1	K 30	01:51:47	03:28:02	05:00:02	06:28:53	07:32:30	08:56:06.80	08:56:36.20	9:48	6.1	
217	GMITEREK TOMASZ	113	BIŁGORAJ ULTRA TRAIL	LUBLIN	POL	M-50	23	M 187	01:53:28	03:30:58	05:01:03	06:33:00	07:37:22	08:56:14.80	08:56:45.00	9:48	6.1	
218	FARION MARZENA	93		STRZEGOM	POL	K-40	19	K 31	01:46:48	03:19:19	04:54:55	06:26:19	07:29:12	08:56:53.35	08:57:27.20	9:48	6.1	
219	GOS PIOTR	120	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	M-40	96	M 188	01:51:33	03:27:53	05:06:51	06:38:27	07:37:20	08:57:59.50	08:58:08.05	9:50	6.1	
220	ŻYŁOWSKI TOMASZ	553		WARSZAWA	POL	M-40	97	M 189	01:51:46	03:25:40	04:54:16	06:27:17	07:31:33	08:58:04.40	08:58:23.60	9:50	6.1	
221	KRZYŻYŃSKA SYLWIA	240	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZ	POL	K-40	20	K 32	01:59:20	03:10:40	05:04:20	06:32:20	07:35:18	08:59:15.30	08:59:33.30	9:51	6.1	
222	KÓZKA PRZEMO	231		SKÓRZEWO	POL	M-40	98	M 190	01:50:04	03:19:45	04:58:51	06:30:17	07:33:33	09:00:01.15	09:01:48.60	9:52	6.1	
223	PARZONKA PAWEŁ	356	KS LENIWIEC	KĘPNO	POL	M-40	99	M 191	01:45:55	03:13:35	04:46:52	06:17:36	07:37:23	09:02:14.10	09:03:06.10	9:54	6.1	
224	TOMCZYK RAFAŁ	480		PODDĘBICE	POL	M-30	56	M 192	01:46:18	03:20:09	04:51:42	06:22:35	07:33:58	09:02:26.65	09:03:13.95	9:54	6.1	
225	O REGAN MARK	347		KRAKOW	POL	M-40	100	M 193	01:59:46	03:32:09	04:59:37	06:23:29	07:31:58	09:02:46.85	09:04:47.15	9:55	6	
226	PIETROWSKI MARIUSZ	364		POZNAŃ	POL	M-60	5	M 194	01:55:36	03:24:36	05:03:55	06:34:37	07:40:29	09:03:33.55	09:05:18.55	9:56	6	
227	WAJDA MACIEJ	493	SPELEOCLUB WROCŁAW	WROCŁAW	POL	M-30	57	M 195	01:48:17	03:23:02	04:53:16	06:25:49	07:31:19	09:04:00.50	09:05:46.30	9:56	6	
228	JARUZEL ROBERT	161	SZWLA STARGARD	STARGARD	POL	M-40	101	M 196	01:45:15	03:19:05	04:47:38	06:24:56	07:37:01	09:05:54.30	09:05:58.10	9:58	6	
229	GAWROŃSKI ADRIAN	104	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-40	102	M 197	01:45:27	03:14:57	04:54:06	06:28:49	07:32:22	09:04:34.25	09:05:59.10	9:57	6	
230	MANEL MARIUSZ	288	DRUŻYNA SZPIKU	KAKOLEWO	POL	M-40	103	M 198	01:44:49	03:17:32	04:53:47	06:35:23	07:42:54	09:05:02.45	09:06:00.60	9:57	6	
231	TURLEJ WOJCIECH	485		SRODA ŚLĄSKA	POL	M-40	104	M 199	01:54:41	03:32:51	05:04:50	06:35:22	07:41:28	09:04:49.00	09:06:35.45	9:57	6	
232	SKRĘTEK MONIKA	422	BIEGAMDLAZDROWIA.PL	JELEŃ GÓRA	POL	K-50	2	K 33	02:00:32	03:40:29	05:09:56	06:43:04	07:44:22	09:05:05.25	09:06:46.50	9:57	6	
233	LISZKA PIOTR	266		BYTOM	POL	M-60	6	M 200	02:05:51	03:45:59	05:13:24	06:41:16	07:40:25	09:06:52.00	09:07:13.00	9:59	6	
234	OLEKSZYK JOANNA	339	DECARUN	SZYSZKÓW	POL	K-30	10	K 34	02:03:33	03:37:48	05:11:01	06:37:26	07:42:42	09:05:43.50	09:07:13.60	9:58	6	
235	MOLIŃSKA MARLENA	314		WROCŁAW	POL	K-50	3	K 35	01:57:38	03:32:22	05:02:51	06:32:20	07:35:39	09:05:16.80	09:07:14.20	9:58	6	
236	LENART JOANNA	260	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	K-50	4	K 36	01:59:47	03:34:51	05:09:30	06:38:16	07:38:09	09:07:20.75	09:07:46.30	10:00	6	
237	LENART ARTUR	259	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	M-50	24	M 201	01:59:45	03:34:50	05:09:27	06:38:15	07:38:07	09:07:20.50	09:07:47.55	10:00	6	
238	NOWAK KRZYSZTOF	335		WARSZAWA	POL	M-40	105	M 202	01:46:03	03:34:22	05:13:33	06:46:32	07:46:50	09:09:01.50	09:09:24.15	10:02	6	
239	BARAN STANISŁAW	13	SAINT GOBAIN SQUAD	CIEŚLIN	POL	M-50	25	M 203	01:57:01	03:29:05	04:59:35	06:36:23	07:42:43	09:08:39.90	09:09:28.55	10:01	6	
240	DOMIŃCZYK RAFAŁ	81	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M-40	106	M 204	01:56:53	03:29:06	04:59:37	06:36:24	07:42:43	09:08:41.45	09:09:28.70	10:01	6	
241	ŻYGIĘŁO MONIKA	552	CH10	CHOSZCZNO	POL	K-40	21	K 37	02:03:10	03:42:02	05:13:13	06:42:19	07:46:18	09:08:23.70	09:09:54.70	10:01	6	
242	SURDACKI PIOTR	448		SZCZECIN	POL	M-40	107	M 205	02:03:05	03:41:49	05:13:11	06:42:17	07:46:36	09:08:22.60	09:09:55.10	10:01	6	
243	WRÓBEL MATEUSZ	537	IRON HOUSE TRIATHLON WŁOCŁAWEK	FABIANKI	POL	M-30	58	M 206	02:05:04	03:51:52	05:35:37	06:48:46	07:43:51	09:09:16.55	09:10:09.75	10:02	6	
244	NĘDZUSIAK DARIUSZ	324		ALEKSANDRÓW KUJAWSKI	POL	M-60	7	M 207	01:59:54	03:33:37	05:02:22	06:36:10	07:42:22	09:10:05.15	09:11:07.50	10:03	6	
245	KONARSKI MACIEJ	211	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M-40	108	M 208	01:58:56	03:37:39	05:11:56	06:44:13	07:47:23	09:10:58.55	09:11:08.50	10:04	6	
246	MAŁKOWSKI BOGDAN	287	SPARTANIE DZIECIOM	MURÓW	POL	M-50	26	M 209	01:50:37	03:32:52	05:05:28	06:41:28	07:46:08	09:10:34.00	09:11:53.65	10:03	6	
247	KILIŃSKI JACEK	196		OSTROWY NAD OKSZA	POL	M-50	27	M 210	01:38:06	03:12:38	04:54:20	06:34:29	07:41:25	09:13:29.20	09:13:32.20	10:07	5.9	

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
							<b>cat.</b>										
248	STRZYŻEWSKI PAWEŁ	443	SZCZYT ZA SZCZYTEM	WARSZAWA	POL	M-40	109	M 211	01:55:58	03:29:50	05:01:26	06:38:06	07:45:58	09:12:54.95	09:14:12.75	10:06	5.9
249	MARKOWSKA EWA	291	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	22	K 38	01:58:53	03:29:32	05:00:34	06:35:45	07:43:31	09:13:54.40	09:14:33.90	10:07	5.9
250	KACZOR MARCIN	174	ADJ	ŚWIĘCIECHOWA	POL	M-40	110	M 212	01:48:02	03:22:09	04:51:12	06:30:22	07:39:35	09:14:01.55	09:15:10.65	10:07	5.9
251	MATYSZKOWICZ JANUSZ	295	GONIMY	KĘTY	POL	M-60	8	M 213	01:55:40	03:30:26	05:05:50	06:40:34	07:47:21	09:14:54.95	09:15:24.60	10:08	5.9
252	MEDEJSZO MARIUSZ	298	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	POL	M-40	111	M 214	01:56:09	03:40:53	05:06:57	06:46:56	07:51:04	09:15:29.15	09:15:36.20	10:09	5.9
253	SZWEDKA PIOTR	462	PRZEMYSKI KLUB BIEGACZA	GDYNIA	POL	M-50	28	M 215	01:40:59	03:09:14	04:37:18	06:30:12	07:43:20	09:16:09.55	09:16:26.35	10:10	5.9
254	SKRZYPCZAK HUBERT DANIEL	424	RUNNINGPOWERPLAY	PRUSZKÓW	POL	M-40	112	M 216	02:00:46	03:43:19	05:19:30	06:51:41	08:00:51	09:15:35.95	09:16:40.20	10:09	5.9
255	DZIEMBA WOJCIECH	90	INŻYNIERIA BIEGANIA	KATOWICE	POL	M-30	59	M 217	02:01:33	03:37:52	05:11:56	06:44:27	07:50:24	09:16:27.65	09:17:01.10	10:10	5.9
256	JARUZEL EWA	162	SZWLASTARGARD	STARGARD	POL	K-40	23	K 39	01:48:15	03:46:44	05:21:52	06:53:15	07:54:42	09:17:16.00	09:17:20.20	10:11	5.9
257	WAŚOWICZ PAWEŁ	505	FIZJOTERAPIA WAŚOWICZ	KALWARIA ZEBRZYDOWSKA	POL	M-20	11	M 218	01:56:44	03:35:50	05:05:17	06:37:15	07:44:58	09:14:54.10	09:17:22.10	10:08	5.9
258	MIERZEJEWSKI ROBERT	305	CENTRUM SZKOLENIA WOJSK ŁĄDOWYCH	SKÓRZEWO	POL	M-40	113	M 219	01:54:41	03:28:11	05:05:32	06:41:12	07:50:40	09:17:44.15	09:18:07.25	10:11	5.9
259	JAKUBIEC TOMASZ "GÓRAL"	156	DOGOŃ GRODZISK MAZOWIECKI	CHRZANÓW MAŁY	POL	M-30	60	M 220	01:53:38	03:35:38	05:08:28	06:45:15	07:49:25	09:18:04.10	09:18:34.60	10:12	5.9
260	BÓBSKI MICHAŁ	37		LUBLIN	POL	M-30	61	M 221	01:57:10	03:35:21	05:06:18	06:38:12	07:45:59	09:18:24.75	09:19:51.95	10:12	5.9
261	DESSELBERGER ANDRZEJ	76	ENERGY TRI	WŁOCŁAWEK	POL	M-50	29	M 222	01:57:23	03:31:36	05:10:10	06:43:20	07:52:55	09:19:35.25	09:20:14.15	10:13	5.9
262	JOWSA PAWEŁ	169		POZNAŃ	POL	M-30	62	M 223	02:00:48	03:09:50	05:09:03	06:43:46	07:49:09	09:19:09.10	09:20:59.80	10:13	5.9
263	OSAKOWICZ MATEUSZ OSAKOWICZ	344		WARSZAWA	POL	M-40	114	M 224	01:45:53	03:18:20	04:56:20	06:37:21	07:46:41	09:19:33.75	09:21:10.70	10:13	5.9
264	MAZUR EMILIUSZ	296		DARŁOWO	POL	M-40	115	M 225	01:46:41	03:26:04	05:01:30	06:36:11	07:41:30	09:22:55.20	09:23:23.90	10:17	5.8
265	BARCZAK TOMASZ	16	RUN TEAM MILEJÓW	MILEJÓW	POL	M-40	116	M 226	01:42:44	03:23:34	05:08:21	06:44:48	07:49:52	09:22:59.50	09:23:24.40	10:17	5.8
266	SŁABOŃ MARIUSZ	426	KIWK-A BIEGA	WOLBROM	POL	M-40	117	M 227	01:56:29	03:27:48	05:02:33	06:39:57	07:51:29	09:22:17.95	09:23:25.55	10:16	5.8
267	KUSZTELSKA LUCYNA	253	WLKP MOUNTAINS ULTRA	MOSINA	POL	K-40	24	K 40	01:54:03	03:35:05	05:06:52	06:44:46	07:49:03	09:22:53.80	09:23:45.10	10:17	5.8
268	SZYMCZAK MARCIN	465		MOSINA	POL	M-40	118	M 228	01:53:33	03:28:21	05:06:52	06:44:47	07:49:04	09:23:06.75	09:23:57.95	10:17	5.8
269	ROLIŃSKI RADOŚŁAW	397		OLEŚNICA	POL	M-50	30	M 229	02:05:56	03:33:58	05:22:25	06:35:10	07:49:37	09:25:04.20	09:25:38.35	10:19	5.8
270	MAKARENKOV SERGIJ	283	DOGOŃ GRODZISK MAZOWIECKI	MILANÓWEK	POL	M-30	63	M 230	01:53:57	03:35:49	05:16:34	06:52:01	07:58:05	09:26:23.45	09:26:38.30	10:21	5.8
271	INDRASZAK ADAM	147	SILESIA MARATHON CLUB	KATOWICE	POL	M-50	31	M 231	01:55:27	03:38:14	05:11:59	06:44:36	07:51:39	09:26:07.45	09:26:47.35	10:20	5.8
272	ČERVENÝ DAVID	52		STÁRKOV	CZE	M-40	119	M 232	01:51:39	03:31:58	05:08:48	06:47:28	07:54:06	09:26:45.80	09:27:10.30	10:21	5.8
273	CIOCZEK KONRAD	59		WROCŁAW	POL	M-30	64	M 233	02:01:07	03:35:03	05:11:10	06:48:06	07:56:54	09:25:08.60	09:27:18.60	10:19	5.8
274	KOWALEWSKI JAROSŁAW	221	PROJEKT1000UP	GDYNIA	POL	M-50	32	M 234	01:46:24	03:27:43	05:10:01	06:52:39	08:01:09	09:27:35.50	09:27:45.55	10:22	5.8
275	TOMASZEWSKA EWA	479	OPOLE	OPOLE	POL	K-40	25	K 41	02:01:21	03:47:34	05:21:31	06:55:34	08:04:38	09:27:46.35	09:28:04.60	10:22	5.8
276	CZURYŃSKA WIOLKA	69	TRENUJĘ Z WIOLKĄ	GDYNIA	POL	K-40	26	K 42	01:50:42	03:32:25	05:11:03	06:51:45	08:00:46	09:27:59.65	09:29:27.25	10:23	5.8
277	KLIMKOWSKI TOMASZ	198		BYTOM	POL	M-40	120	M 235	01:42:45	03:39:11	05:11:36	06:57:42	07:58:40	09:29:18.15	09:29:43.80	10:24	5.8
278	JACHYMSKI JACEK	151	AKADEMICKI KLUB GÓRSKI W ŁÓDZI	ŁÓDŹ	POL	M-60	9	M 236	02:04:13	03:41:33	05:17:11	05:19:10	08:00:54	09:30:54.00	09:30:54.00	10:26	5.7
279	SIKORSKA AGNIESZKA	416		POGÓRZE	POL	K-40	27	K 43	01:59:19	03:35:17	05:09:25	06:43:48	07:55:56	09:31:59.30	09:33:12.65	10:27	5.7
280	KOZDRÓJ WIOLETTA	227	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K-40	28	K 44	02:00:25	03:43:24	05:24:15	07:02:24	08:05:49	09:33:26.40	09:33:36.50	10:28	5.7
281	ZAGRAJEK KAMIL	541	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	65	M 237	02:00:34	03:43:23	05:24:16	07:02:23	08:05:58	09:33:25.55	09:33:37.05	10:28	5.7
282	DZICZEK IRENEUSZ	89	RAZ SZCZECIN	SZCZECIN	POL	M-50	33	M 238	01:49:31	03:31:59	05:12:28	06:53:07	08:03:17	09:33:31.80	09:33:37.65	10:29	5.7
283	ROGOWSKI TOMASZ	394	UMLAUT	KROSNO	POL	M-30	66	M 239	01:54:43	03:33:50	05:11:36	06:48:09	08:00:00	09:32:10.35	09:33:40.40	10:27	5.7
284	UGOREK JAROSŁAW	490		GORZÓW WLKP.	POL	M-40	121	M 240	01:51:35	03:27:08	05:00:49	06:50:15	08:05:06	09:35:53.85	09:35:56.50	10:31	5.7
285	POPPEK DOROTA	375	FANTASTIC TEAM	USTROŃ	POL	K-40	29	K 45	02:02:01	03:39:03	05:17:18	06:53:36	08:01:56	09:35:34.95	09:36:08.40	10:31	5.7
286	LASKOWSKI TOMASZ	257		KRAKÓW	POL	M-50	34	M 241	01:52:41	03:20:38	04:49:02	06:38:52	08:03:12	09:34:26.20	09:36:26.70	10:30	5.7
287	TOCZEWSKA ANNA	476	KS STASZEWSCY	WARSZAWA	POL	K-50	5	K 46	02:02:35	03:45:06	05:25:45	07:05:53	08:14:05	09:36:12.40	09:36:38.90	10:32	5.7
288	ZIOBROWSKI MATEUSZ	550	BIEGOSTACJA ULTRATE AM	ZIELONA GÓRA	POL	M-30	67	M 242	01:47:50	03:17:36	04:52:46	06:36:04	07:57:16	09:38:25.25	09:38:40.55	10:34	5.7
289	RUDOL MAGDALENA	555	PRONATURA	PRĄDOCIN	POL	K-40	30	K 47	01:59:36	03:43:14	05:16:54	06:54:42	07:59:43	09:37:26.70	09:38:44.00	10:33	5.7

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
290	RUDOL SEBASTIANA	402	PRONATURA	PRĄDOCIN	POL	M-40	122	M 243	01:59:36	03:43:19	05:16:53	06:54:43	07:59:46	09:37:29.60	09:38:45.30	10:33	5.7
291	PODEMSKA-REJDYCH DOMINIKA	370	AC PAJACE	TYCHY	POL	K-30	11	K 48	02:01:20	03:40:22	05:12:19	06:52:25	08:02:53	09:37:54.20	09:38:45.80	10:33	5.7
292	JÓZEFczyk JUSTYNA	170		POZNAŃ	POL	K-40	31	K 49	02:05:31	04:00:40	05:39:01	07:16:05	08:17:10	09:39:16.85	09:39:45.20	10:35	5.7
293	BALCERZAK MARIUSZ	9	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	123	M 244	01:55:38	03:37:03	05:10:50	06:54:22	08:04:33	09:39:10.15	09:40:43.35	10:35	5.7
294	MAJEWSKI MACIEJ	281		POZNAŃ	POL	M-50	35	M 245	02:03:32	03:46:08	05:22:28	06:56:31	08:03:02	09:41:29.80	09:41:40.05	10:37	5.6
295	CZAPIGA ROBERT	63	ZAWSZE Z GŁOWA...	WROCŁAW	POL	M-50	36	M 246	02:00:49	03:40:41	05:19:48	06:56:56	08:04:54	09:40:10.95	09:41:46.20	10:36	5.7
296	PAUL VIOLETTA	357	BP RUNNING TEAM GLIWICE	GLIWICE	POL	K-40	32	K 50	01:58:51	03:40:38	05:16:24	06:56:09	08:05:20	09:41:21.10	09:41:51.95	10:37	5.6
297	BIECUSZEK TOMASZ	29	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	124	M 247	01:46:30	03:32:18	05:14:32	07:06:21	08:15:59	09:42:00.15	09:42:03.10	10:38	5.6
298	TURLEJ DARIUSZ	484	BEZ KONDYCJI	WARSZAWA	POL	M-60	10	M 248	02:01:15	03:42:20	05:17:13	06:56:22	08:08:01	09:40:15.20	09:42:57.50	10:36	5.7
299	KROPIAK KATARZYNA	233	VEGE RUNNERS	WARSZAWA	POL	K-30	12	K 51	02:02:52	03:41:36	05:23:47	07:04:54	08:14:34	09:42:59.50	09:43:11.90	10:39	5.6
300	JAGIEŁO JOANNA	152	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	33	K 52	01:55:00	03:40:12	05:20:35	07:05:49	08:16:15	09:43:44.55	09:44:08.70	10:40	5.6
301	IZDEBSKA ANNA	148		DĄBROWA GÓRNICZA	POL	K-20	2	K 53	02:10:28	03:59:53	05:42:38	07:08:13	08:13:43	09:42:57.65	09:44:12.90	10:39	5.6
302	PRUCHNIEWSKA AGNIESZKA	380		ROKIETNICA	POL	K-40	34	K 54	01:55:09	03:37:32	05:26:00	07:08:06	08:16:04	09:44:12.15	09:44:35.55	10:40	5.6
303	STANKIEWICZ ANNA	437	DOGOŃ GRODZISK MAZOWIECKI	CZARNY LAS	POL	K-30	13	K 55	01:55:48	03:41:17	05:17:57	06:51:03	08:06:22	09:44:13.25	09:44:51.15	10:40	5.6
304	STOKŁOSA PIOTR	441	BIKESTATS.PL	KONRADÓW	POL	M-30	68	M 249	02:04:34	03:39:08	05:18:45	07:00:18	08:11:31	09:43:18.65	09:45:12.35	10:39	5.6
305	DRANICKI ŁUKASZ	83		BYDGOSZCZ	POL	M-40	125	M 250	01:54:51	03:38:54	05:17:33	07:00:19	08:13:11	09:46:24.75	09:46:24.75	10:43	5.6
306	MONIAKOWSKI ADAM	315	BUTTONTEAM	ŻARY	POL	M-50	37	M 251	02:02:13	03:40:10	05:21:00	06:59:28	08:11:00	09:47:22.30	09:48:54.60	10:44	5.6
307	SERAFIN EWELINA	412		RADKÓW	POL	K-40	35	K 56	01:51:34	03:12:51	05:02:42	06:47:34	08:09:19	09:48:58.40	09:49:36.50	10:46	5.6
308	FAJNAS KATARZYNA	92	DOGOŃ GRODZISK MAZOWIECKI / DANFOSS	MUSZYŁY	POL	K-40	36	K 57	01:57:00	03:38:45	05:24:12	07:02:42	08:11:38	09:50:20.05	09:50:31.35	10:47	5.6
309	WOJCIESZAK KLAUDIA	526	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K-40	37	K 58	01:53:53	03:35:44	05:13:59	06:58:07	08:11:36	09:50:18.30	09:50:32.10	10:47	5.6
310	KACZOREK ROBERT	176		WARSZAWA	POL	M-40	126	M 252	01:45:30	03:17:30	04:57:08	06:42:32	08:07:13	09:50:23.05	09:50:36.40	10:47	5.6
311	NIEZNAJ BEATA	330	ZABIĘGANI MIELEC	MIELEC	POL	K-30	14	K 59	02:03:53	03:51:17	05:33:04	07:08:15	08:18:33	09:49:43.90	09:50:50.10	10:46	5.6
312	KOPYCZYNSKA ALEKSANDRA	213		ZIELECICE	POL	K-40	38	K 60	02:01:55	03:42:40	05:29:03	07:06:07	08:15:28	09:49:45.95	09:50:54.90	10:46	5.6
313	KIELASZEWSKI KAROL	194	LESZNO LIMITS RUNNERS	LESZNO	POL	M-30	69	M 253	02:03:46	03:51:25	05:33:01	07:09:19	08:19:19	09:49:46.45	09:50:57.10	10:46	5.6
314	DOŁĘGA ANNA	79	ZABIĘGANA MAMA	BIAŁYSTOK	POL	K-40	39	K 61	02:04:41	03:52:22	05:36:17	07:12:10	08:19:28	09:51:06.50	09:51:26.00	10:48	5.6
315	PYZIK TOMASZ	388	DRUŻYNA MOJACUKRZYCA.PL	GLIWICE	POL	M-40	127	M 254	01:55:36	03:41:40	05:18:19	07:04:09	08:15:59	09:52:15.00	09:52:38.90	10:49	5.5
316	BĘBEN ROBERT	23	OSTROBIEC	OSTROWIEC SWIETOKRZYSKI	POL	M-50	38	M 255	02:19:57	04:05:57	05:42:22	07:14:26	08:18:59	09:51:37.20	09:52:58.80	10:48	5.5
317	KAMIŃSKI MARCIN	182	WTORKOWY TRENING	GRUDZIADZ	POL	M-40	128	M 256	01:48:07	03:27:36	05:05:35	06:53:18	08:14:25	09:52:42.20	09:52:59.20	10:50	5.5
318	ŚWIETEK TOMASZ	471		STANISŁAWICE	POL	M-40	129	M 257	01:57:35	03:32:35	05:05:16	06:53:51	08:13:43	09:52:00.10	09:52:59.35	10:49	5.5
319	PROCHNO PIOTR	379	TRAIL IS OUR WAY	WŁOCŁAWEK	POL	M-30	70	M 258	01:57:58	03:35:43	05:06:11	06:47:07	08:12:07	09:52:26.55	09:53:16.30	10:49	5.5
320	LUTOWSKI WOJCIECH	271		BYDGOSZCZ	POL	M-30	71	M 259	01:39:31	03:21:16	05:08:33	06:59:17	08:17:41	09:54:20.75	09:54:21.80	10:51	5.5
321	CZUBA ROBERT	68	ORANGE POLSKA	PUSZCZYKOWO	POL	M-50	39	M 260	02:00:32	03:48:21	05:26:51	07:06:56	08:17:39	09:54:18.60	09:54:29.35	10:51	5.5
322	RUDAWSKA KAROLINA	401		OLKUSZ	POL	K-30	15	K 62	02:11:00	04:02:32	05:42:49	07:14:59	08:21:51	09:53:22.80	09:54:31.15	10:50	5.5
323	GŁOWACKA RENATA	107	PANTERA	PIOTRKÓW TRYBUNALSKI	POL	K-50	6	K 63	02:02:22	03:50:46	05:32:54	07:12:05	08:22:45	09:53:55.95	09:54:37.10	10:51	5.5
324	KOCZOROWSKI MARCIN	208	TEAM ZABIĘGANEDNI	RADIÓWEK	POL	M-40	130	M 261	02:01:22	03:48:44	05:30:30	07:09:12	08:20:32	09:56:34.60	09:57:07.80	10:54	5.5
325	KOCZOROWSKA ANNA	206	TEAM ZABIĘGANEDNI	RADIÓWEK	POL	K-40	40	K 64	02:01:32	03:48:41	05:30:33	07:09:14	08:20:35	09:56:36.65	09:57:08.30	10:54	5.5
326	TOKARZ ROBERT	477		TARNÓW	POL	M-50	40	M 262	01:49:45	03:32:10	05:11:41	07:02:13	08:18:20	09:57:04.55	09:59:43.90	10:54	5.5
327	KARPIŃSKI RAFAŁ	189		KIELCE	POL	M-40	131	M 263	02:01:03	03:40:25	05:18:12	07:07:09	08:21:53	09:58:15.20	10:00:11.25	10:56	5.5
328	KALISZEWICZ PIOTR	181	MALINY KALINY CHWARSZCZANY	CHWARSZCZANY	POL	M-40	132	M 264	02:05:11	03:57:12	05:35:00	07:16:31	08:26:25	09:58:47.60	10:00:23.30	10:56	5.5
329	KADZIDŁOWSKA ALEKSANDRA	179	EVERRUN	ŁÓDŹ	POL	K-40	41	K 65	02:04:36	03:52:57	05:37:19	07:21:17	08:29:30	09:59:47.85	10:00:24.40	10:57	5.5
330	BĘŁCH MICHAŁ	20	DECARUN	WIDACZ	POL	M-30	72	M 265	02:03:37	03:37:52	05:17:36	06:58:45	08:12:46	09:59:19.95	10:00:50.50	10:57	5.5
331	KALISZEWICZ EWA	180		CHWARSZCZANY	POL	K-40	42	K 66	02:18:40	04:14:33	05:43:57	07:17:08	08:26:24	10:00:12.90	10:01:49.65	10:58	5.5
332	BARCIK MACIEJ	15		BIELSKO-BIAŁA	POL	M-40	133	M 266	01:59:20	03:45:33	05:33:54	07:17:22	08:29:54	10:00:52.05	10:01:50.50	10:59	5.5



**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
333	DYR DOROTA	87		GDAŃSK	POL	K-40	43	K 67	01:59:42	04:01:46	05:41:48	07:21:31	08:32:04	10:01:52.85	10:02:13.50	11:00	5.5
334	KUNKEL ANNA	249	PGB SPORTOWA PACZKA	GDAŃSK	POL	K-40	44	K 68	01:59:52	04:01:38	05:41:45	07:21:31	08:32:08	10:01:54.25	10:02:13.65	11:00	5.5
335	DALECKA DOROTA	71		GDYNIA	POL	K-40	45	K 69	01:59:28	04:01:47	05:41:43	07:21:31	08:32:07	10:01:55.45	10:02:14.00	11:00	5.5
336	CZEKAŁSKA MAGDALENA	64	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	K-40	46	K 70	02:00:10	03:46:03	05:30:24	07:16:38	08:29:29	10:01:41.05	10:02:18.85	10:59	5.5
337	WIERZBIŃSKA EDYTA	511	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	K-40	47	K 71	02:04:47	03:56:24	05:35:39	07:23:41	08:32:08	10:04:28.40	10:05:47.50	11:03	5.4
338	SZYŃKLEWSKI MACIEJ	466	QUAY POZNAŃ	POZNAŃ	POL	M-50	41	M 267	01:31:09	02:00:13	05:28:28	07:11:00	08:28:34	10:06:17.30	10:06:55.05	11:05	5.4
339	TEODOREK MARCELI	474	ORANGE POLSKA	WARSZAWA (BEMOWO)	POL	M-40	134	M 268	02:04:36	03:56:20	05:35:29	07:23:40	08:32:00	10:05:52.20	10:07:20.40	11:04	5.4
340	TREGUB IGOR	482		WROCLAW	POL	M-30	73	M 269	02:05:03	04:06:57	05:48:53	07:28:25	08:40:30	10:06:35.05	10:08:16.10	11:05	5.4
341	MELNYK IVAN	299	KUKURUDZA	OLOMOUC	UKR	M-30	74	M 270	02:05:17	04:07:23	05:48:54	07:28:45	08:40:32	10:06:36.10	10:08:16.60	11:05	5.4
342	WALCZAK AGNIESZKA	496	PKO BP SA	BOLESŁAW	POL	K-40	48	K 72	01:55:55	03:41:53	05:33:55	07:19:16	08:34:50	10:09:55.15	10:10:02.65	11:09	5.4
343	KANIA MACIEJ	184		WARSZAWA	POL	M-40	135	M 271	01:47:00	03:31:07	05:23:44	07:09:31	08:23:16	10:10:44.30	10:10:47.20	11:09	5.4
344	BARCZAK KATARZYNA	17	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	49	K 73	02:03:12	03:54:08	05:38:07	07:24:30	08:35:08	10:11:16.00	10:11:41.90	11:10	5.4
345	BUJAK ŁUKASZ	45	#BIEGAMBOMAMŻONE	WROCLAW	POL	M-30	75	M 272	02:04:49	03:46:44	05:25:24	07:08:27	08:28:39	10:10:38.40	10:12:21.80	11:09	5.4
346	TEKLIŃSKI DAWID	473	WTORKOWY TRENING	GRUDZIĄDZ	POL	M-30	76	M 273	01:53:45	03:31:48	05:20:29	07:02:25	08:25:58	10:12:32.30	10:12:47.45	11:11	5.4
347	TYŃSKA - SITEK ALEKSANDRA	489	DROGA DO ULTRA	ŁÓDŹ	POL	K-40	50	K 74	02:07:00	03:57:12	05:37:09	07:20:35	08:34:08	10:11:56.25	10:13:14.65	11:11	5.4
348	GUZIK DANIEL	137		GRABOWA	POL	M-40	136	M 274	02:00:13	03:57:00	05:40:10	07:28:31	08:44:08	10:12:27.55	10:13:20.30	11:11	5.4
349	SKRZYPIŃSKI ARKADIUSZ	425	PSI PATROL	LESZNO	POL	M-40	137	M 275	02:00:14	03:47:25	05:25:57	07:19:32	08:37:07	10:12:43.70	10:13:41.75	11:12	5.4
350	PIDANTY GRZEGORZ	361	ZHR STRZEGOM	STRZEGOM	POL	M-40	138	M 276	02:02:19	03:53:30	05:40:45	07:24:11	08:36:59	10:12:22.80	10:13:43.50	11:11	5.4
351	GUZEK MARIUSZ	135	LOSBIEGANEROSKUTN O	KUTNO	POL	M-40	139	M 277	01:52:01	03:35:13	05:25:38	07:14:39	08:31:07	10:13:33.45	10:14:02.95	11:12	5.3
352	ZIELIŃSKI ADAM	548	DROGA DO ULTRA / EVERRUN	ŁÓDŹ	POL	M-40	140	M 278	01:56:14	03:44:18	05:23:39	07:16:00	08:33:46	10:13:03.90	10:14:32.40	11:12	5.4
353	DIUWE MARZENA	77	PASTERKA PANY	PASTERKA	POL	K-30	16	K 75	02:02:46	03:47:02	05:34:03	07:18:43	08:34:58	10:14:40.60	10:14:52.70	11:14	5.3
354	BUDZIŃSKI KRZYSZTOF	44	STOWARZYSZENIE SPORTOWE FENIKS	OPOLE	POL	M-50	42	M 279	02:01:02	03:45:49	05:30:01	07:18:32	08:31:50	10:14:31.20	10:16:04.40	11:14	5.3
355	BALCERZAK KRYSIA	10	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	51	K 76	02:22:23	04:15:49	05:57:04	07:29:30	08:40:51	10:16:40.25	10:18:08.75	11:16	5.3
356	SIWEK GRZEGORZ	420	LANRUNS	LANCKORONA	POL	M-40	141	M 280	01:57:17	03:42:42	05:20:59	07:16:51	08:33:10	10:15:53.85	10:18:22.05	11:15	5.3
357	KULAK PAWEŁ	244		PRUSZKÓW	POL	M-40	142	M 281	02:02:48	03:54:56	05:41:10	07:26:25	08:39:38	10:19:43.05	10:20:00.65	11:19	5.3
358	WICHEREK MACIEJ	509	ITMBW	KRAKÓW	POL	M-50	43	M 282	02:00:01	04:08:02	05:43:00	07:39:41	09:01:00	10:19:37.65	10:20:41.30	11:19	5.3
359	KRAWIETZ TOMASZ	232	IZERSKI NIEDŹWIEDŹ FESTIVAL INDUSTRIAL	SZKLARSKA PORĘBA	POL	M-40	143	M 283	02:05:01	03:56:56	05:44:43	07:27:15	08:44:49	10:22:44.20	10:23:56.20	11:23	5.3
360	MALEŃCZYK JACEK	284		PYSKOWICE	POL	M-40	144	M 284	02:01:18	03:54:12	05:41:07	07:24:23	08:43:06	10:22:14.75	10:24:06.50	11:22	5.3
361	LEWANDOWSKI ARTUR	556	*****	WŁOCŁAWEK	POL	M-50	44	M 285	02:01:38	03:46:20	05:37:09	07:22:33	08:49:33	10:23:04.55	10:24:15.70	11:23	5.3
362	DUBOVYI PAVLO	84	ENDURANCE SCHOOL	GDAŃSK	POL	M-40	145	M 286	02:01:26	03:40:47	05:22:25	07:13:41	08:38:02	10:24:56.05	10:25:37.25	11:25	5.3
363	DUTKOWIAK ALEKSANDRA	86	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	52	K 77	02:06:02	03:13:06	05:39:49	07:26:53	08:41:25	10:25:47.95	10:25:47.95	11:26	5.2
364	FELKEL EWA	94	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	53	K 78	02:05:16	04:00:46	05:39:02	07:26:42	08:40:58	10:25:20.85	10:25:48.70	11:25	5.2
365	CZERŃIAK AGNIESZKA	65	PIĄTKOWO NA BIEGOWO - POZNAŃ	POZNAŃ	POL	K-40	54	K 79	02:05:40	04:00:39	05:39:24	07:26:29	08:41:05	10:25:24.05	10:25:48.95	11:25	5.2
366	NALEWAJKO JACEK	321	#BIEGAJLESZNO	LESZNO	POL	M-40	146	M 287	01:57:57	03:39:28	05:24:17	07:17:30	08:41:40	10:26:08.85	10:26:43.00	11:26	5.2
367	KOWALSKI KRZYSZTOF	225	STS BIEGATON	MIKOŁÓW	POL	M-40	147	M 288	02:04:51	03:59:10	05:42:40	07:28:34	08:43:38	10:26:44.85	10:26:59.80	11:27	5.2
368	MACEK MARCIN	276	DOGOŃ GRODZISK MAZOWIECKI	KSIĄŻENICE	POL	M-40	148	M 289	02:00:30	03:43:24	05:25:23	07:14:57	08:35:55	10:26:55.70	10:27:07.15	11:27	5.2
369	JAGIEŁŁO KONRAD	153	RAN TEAM MILEJÓW	MILEJÓW	POL	M-40	149	M 290	01:40:39	03:07:04	05:40:34	07:30:35	08:48:41	10:28:39.85	10:29:21.40	11:29	5.2
370	WINIECKA EWA	518	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K-40	55	K 80	02:05:22	03:51:55	05:35:59	07:20:51	08:42:41	10:28:47.10	10:29:27.90	11:29	5.2
371	DOJS ALEKSANDRA	78	NIGHT RUNNERS	POZNAŃ	POL	K-40	56	K 81	02:21:59	04:09:05	05:48:30	07:38:12	08:53:40	10:31:01.60	10:31:53.80	11:32	5.2
372	LEŚNIEWSKI SŁAWOMIR	261	PARKRUN SŁODOWO, WŁOCŁAWEK	WŁOCŁAWEK	POL	M-50	45	M 291	01:55:21	03:41:19	05:31:09	07:24:15	08:52:14	10:32:11.10	10:32:39.25	11:33	5.2
373	SZATKOWSKA KASIA	457	DOGOŃ GRODZISK MAZOWIECKI	CHYLICE	POL	K-40	57	K 82	02:04:36	04:00:15	05:48:07	07:36:29	08:51:50	10:32:32.00	10:32:51.10	11:33	5.2

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h	
							cat.											
374	WOJNO MAŁGORZATA	528	DROGA DO ULTRA	ŁÓDŹ	POL	K-30	17	K 83	02:10:07	04:01:32	05:50:04	07:32:29	08:46:54	10:32:06.35	10:33:30.10	11:33	5.2	
375	FRANKIEWICZ JAKUB	98		KRAKÓW	POL	M-40	150	M 292	02:00:16	03:42:57	05:22:23	07:32:49	08:52:39	10:32:45.15	10:33:31.55	11:34	5.2	
376	HAIDA MARCIN	139		ŚWIĘTOCHŁOWICE	POL	M-40	151	M 293	01:59:18	03:38:41	05:26:40	07:19:13	08:40:28	10:32:16.90	10:33:57.45	11:33	5.2	
377	GONCIARZ ANDRZEJ	118		LGOTA	POL	M-60	11	M 294	01:57:56	03:38:45	05:24:59	07:35:54	08:54:27	10:32:56.20	10:34:28.70	11:34	5.2	
378	PANEK AGATA	351	GRUPA JURA.PL	ZAWIERCIE	POL	K-40	58	K 84	02:10:49	03:56:51	05:41:16	07:34:29	08:54:53	10:34:08.80	10:35:08.40	11:35	5.2	
379	SOCHACKI MARIUSZ	432	GRUPA JURA.PL	LGOTA MUROWANA	POL	M-40	152	M 295	02:10:52	03:56:53	05:41:42	07:34:32	08:54:55	10:34:09.70	10:35:08.60	11:35	5.2	
380	JUSZCZAK MICHAŁ	171	WRODZINIESIŁA	GORZÓW WIELKOPOLSKI	POL	M-30	77	M 296	02:07:08	04:09:01	05:47:54	07:37:14	08:53:45	10:35:20.20	10:35:23.10	11:36	5.2	
381	JUSZCZAK NATALIA	172	WRODZINIESIŁA	GORZÓW WIELKOPOLSKI	POL	K-40	59	K 85	02:09:56	04:08:59	05:47:49	07:36:54	08:53:33	10:35:20.00	10:35:23.50	11:36	5.2	
382	MIGDAŁ ADRIAN	306		KŁAJ	POL	M-40	153	M 297	02:05:36	03:56:04	05:46:32	07:32:46	08:52:36	10:36:16.65	10:37:05.00	11:37	5.2	
383	JAMRÓZ MARIOLA	158		KIELCE	POL	K-50	7	K 86	02:09:20	03:58:59	05:48:10	07:36:02	08:51:47	10:37:03.40	10:37:26.15	11:38	5.2	
384	SUCHENIA DANIEL	445	KAT CROSS	WAŁBRZYCH	POL	M-50	46	M 298	02:03:36	03:48:15	05:35:30	07:29:21	08:51:42	10:36:24.80	10:37:26.70	11:38	5.2	
385	GOLEK SEWERYN GOLEK	115		LONDON	GBR	M-40	154	M 299	01:53:31	03:34:16	05:20:20	07:13:01	08:43:37	10:38:59.50	10:40:57.55	11:40	5.1	
386	ŚWIERCZEWSKI KRZYSZTOF	470	BIEGOWA KUŹNIA	SOSNOWIEC	POL	M-40	155	M 300	02:00:41	03:52:26	05:40:02	07:35:52	08:58:57	10:43:03.25	10:43:17.85	11:45	5.1	
387	MIREK WALDEMAR	312		KUŹNIA RACIBORSKA	POL	M-60	12	M 301	02:04:39	03:52:41	05:41:45	07:29:13	08:54:57	10:42:33.60	10:43:19.10	11:44	5.1	
388	MODERSKI MATEUSZ	313		LEGNICA	POL	M-40	156	M 302	02:02:43	03:54:15	05:37:48	07:28:23	08:55:12	10:42:03.95	10:43:19.40	11:44	5.1	
389	PUCHAŁA MARIUSZ	386	NAPRZÓD MŁOCINY	WARSZAWA	POL	M-40	157	M 303	02:03:02	03:57:58	05:50:19	07:48:34	09:04:53	10:44:03.55	10:44:56.50	11:46	5.1	
390	SZABLA MAGDALENA	454		GRABOWA	POL	K-40	60	K 87	02:11:19	04:03:26	05:49:02	07:48:16	09:08:33	10:49:52.25	10:50:36.80	11:52	5.1	
391	MĘTLAK MAŁGORZATA	301		ZAWIERCIE	POL	K-20	3	K 88	02:11:20	04:03:24	05:49:01	07:48:21	09:08:32	10:49:53.05	10:50:39.05	11:52	5.1	
392	SZABLA MARCIN	455	SAINT GOBAIN SQUAD	GRABOWA	POL	M-40	158	M 304	02:11:05	04:03:24	05:47:43	07:48:33	09:09:30	10:49:50.35	10:50:39.20	11:52	5.1	
393	OKULICZ ANITA	338	MUD FOXES	BYDGOSZCZ	POL	K-30	18	K 89	02:42:20	04:31:29	06:07:39	07:53:51	09:08:56	10:50:46.70	10:51:07.50	11:53	5	
394	KNUROWSKI MARCIN	204		PRZEDMOŚCIE	POL	M-50	47	M 305	01:45:52	02:04:54	05:48:55	07:49:42	09:12:41	10:51:41.20	10:53:26.60	11:54	5	
395	IGRAS MIECZYŚLAW	146	RUNNERSTEAMNYSA	NYSA	POL	M-60	13	M 306	02:05:07	03:53:51	05:38:19	07:31:47	09:03:48	10:55:12.20	10:55:45.25	11:58	5	
396	SERAFIN ROBERT	411		RADKÓW	POL	M-50	48	M 307	01:54:15	03:42:44	05:46:19	07:37:43	09:03:44	10:56:42.30	10:57:21.10	12:00	5	
397	WARA-WAŚOWSKI MACIEJ	500	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-50	49	M 308	02:04:37	04:00:20	05:56:38	07:55:07	09:17:03	10:57:01.90	10:57:46.15	12:00	5	
LIM	GÓRNIK JAROSŁAW	123	JARBUD	POGÓRZE	POL	M-40	LIM	LIM	02:19:15	04:15:20	06:05:54	07:53:28	09:16:45	11:01:35.10	11:02:48.40	0:00	5	
LIM	JAGODZIŃSKA PAULINA	154	ZABIEGANI MIELEC	MIELEC	POL	K-40	LIM	LIM	02:16:55	04:16:09	06:01:34	07:56:47	09:16:33	11:03:30.25	11:04:46.65	0:00	4.9	
LIM	SULIGA WIOLETTA	446	AUGUSTEAM	SOSNOWIEC	POL	K-40	LIM	LIM	02:22:08	04:21:25	06:08:13	07:57:56	09:17:23	11:03:57.45	11:04:46.80	0:00	4.9	
LIM	NIEWIADOMSKI MAREK	329		KRAPKOWICE	POL	M-30	LIM	LIM	02:10:56	04:13:18	06:03:16	07:59:57	09:24:51	11:04:23.55	11:05:54.70	0:00	4.9	
LIM	KLIMOWSKI DANIEL	199	FANTASTIC TEAM	PIERŚCIE	POL	M-40	LIM	LIM	02:03:01	03:55:45	05:52:32	07:56:51	09:26:44	11:19:43.25	11:20:19.20	0:00	4.8	
LIM	MICHNIEWSKI PIOTR	303	GIT EKIPA!	ZAWIERCIE	POL	M-30	LIM	LIM	02:05:11	03:56:52	05:53:37	07:58:13	09:36:26	11:20:13.20	11:21:16.95	0:00	4.8	
LIM	KOTLIĆKA BEATA	219	FUDU	BUJNY	POL	K-40	LIM	LIM	02:25:38	04:29:42	06:15:06	08:14:47	09:37:24	11:28:50.20	11:29:29.50	0:00	4.8	
LIM	BEŁDOWSKA BEATA	21	FUDU& CO.SPORT.TEAM	PIOTRKÓW TRYBUNALSKI	POL	K-50	LIM	LIM	02:25:40	04:29:47	06:15:34	08:15:23	09:37:24	11:31:21.10	11:31:59.00	0:00	4.7	
LIM	TWARDZIK WOJCIECH	486	FANTASTIC TEAM	ISTEBNA 686/9	POL	M-30	LIM	LIM	02:02:56	03:55:48	05:52:43	07:53:55	09:22:45	11:40:10.75	11:40:44.35	0:00	4.7	
	SIŁAKOWSKI ARIEL	418	WTORKOWY TRENING	TORUŃ	POL	M-30			01:37:30	02:16:52	06:12:46	08:16:51	DNF	DNF	DNF	DNF	-	-
	GOLEK ROBERT	116	FORZA ŁĘKAWICA	ŁĘKAWICA	POL	M-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BORKOWSKI KRZYSZTOF	35		WROCŁAW	POL	M-50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RAKOCZY KRZYSZTOF	390		BOCHNIA	POL	M-30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GRADKOWSKA MAŁGORZATA	128		BRWINÓW	POL	K-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KARASEK GRZEGORZ	187		NIEGOWONICE	POL	M-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KARASEK MAGDALENA	186		NIEGOWONICE	POL	K-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZPAŁA JAKUB	461	BUTTONS TEAM	ŻAGAŃ	POL	M-20			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	COLAUTTI ENRICO	61	BAD ORGANIZER TEAM	WARSZAWA	POL	M-50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
	MIŁKOWSKI MARCIN	310		SOCHACZEW	POL	M-40			02:34:49 DNF	04:35:38 DNF	DNF	08:02:44 DNF	DNF	DNF	DNF	-	-
	FRIEZE KRZYSZTOF	100	ORANGE POLSKA	ŁÓDŹ	POL	M-40			02:22:53 DNF	04:24:17 DNF	06:23:09 DNF	08:08:08 DNF	DNF	DNF	DNF	-	-
	FRIEZE TATIANA	99	ULTRALANSIARA	ŁÓDŹ	POL	K-40			02:23:04 DNF	04:24:29 DNF	06:23:06 DNF	08:09:29 DNF	DNF	DNF	DNF	-	-
	PIECUCH MAŁGORZATA	363		PRZEWORSK	POL	K-60			02:22:29 DNF	04:23:43 DNF	06:21:03 DNF	08:16:06 DNF	DNF	DNF	DNF	-	-
	WILK MACIEJ	516	RAMBO 3	BYTOM	POL	M-40			01:10:22 DNF	02:04:51 DNF	03:04:37 DNF	DNF	DNF	DNF	DNF	-	-
	KITA MICHAŁ	197	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M-40			01:22:34 DNF	01:49:46 DNF	03:56:32 DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK PATRYK	494		KONIN	POL	M-30			01:24:24 DNF	02:38:54 DNF	03:57:57 DNF	DNF	DNF	DNF	DNF	-	-
	DĄBROWSKI MICHAŁ	75	CINCLUS	ŚWIĘTOCHŁOWICE	POL	M-50			01:39:10 DNF	03:10:29 DNF	04:50:02 DNF	DNF	DNF	DNF	DNF	-	-
	GRZYMSKI JERZY	133	SG	LIPNIK	POL	M-50			01:52:31 DNF	03:35:02 DNF	05:20:34 DNF	DNF	DNF	DNF	DNF	-	-
	PAŁCZYŃSKI PAWEŁ	349		GRZĘDZICE	POL	M-40			01:40:52 DNF	03:21:07 DNF	05:21:22 DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH KAROLINA	362		KRAKÓW	POL	K-30			01:48:39 DNF	03:30:08 DNF	05:41:13 DNF	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI PAWEŁ	183		MUROWANIEC	POL	M-50			02:00:57 DNF	03:50:10 DNF	05:43:57 DNF	DNF	DNF	DNF	DNF	-	-
	BARAŃSKI PIOTR	14		JÓZEFOSŁAW	POL	M-40			01:55:40 DNF	02:13:07 DNF	05:45:10 DNF	DNF	DNF	DNF	DNF	-	-
	GÓRSKI MARCIN	124		WARSZAWA	POL	M-40			02:03:18 DNF	03:57:15 DNF	05:47:24 DNF	DNF	DNF	DNF	DNF	-	-
	KRYSIAK ŁUKASZ	237	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40			02:05:20 DNF	03:59:20 DNF	05:54:44 DNF	DNF	DNF	DNF	DNF	-	-
	TRZCINA AGATA	483		ŚWIDNICA	POL	K-40			02:13:34 DNF	04:07:05 DNF	05:57:25 DNF	DNF	DNF	DNF	DNF	-	-
	PRZESPOLEWSKI RAFAŁ	381	LUDZIE Z WIOCHY	STUDZIENIEC	POL	M-40			02:18:08 DNF	04:14:42 DNF	05:59:00 DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARCIN	333	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40			02:09:23 DNF	04:15:23 DNF	05:59:58 DNF	DNF	DNF	DNF	DNF	-	-
	POPEK MACIEJ	374	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M-40			02:12:05 DNF	04:06:11 DNF	06:02:47 DNF	DNF	DNF	DNF	DNF	-	-
	SIKORA MICHAŁ	415	PASTERKA PANY	PUŁAWY	POL	M-40			02:04:13 DNF	04:03:18 DNF	06:10:28 DNF	DNF	DNF	DNF	DNF	-	-
	KÜCHLER PAWEŁ	242	JARBUD	GDYNIA	POL	M-20			02:18:59 DNF	04:15:03 DNF	06:16:24 DNF	DNF	DNF	DNF	DNF	-	-
	HOFFMANN GRZEGORZ	143	KOŚCIAN TEAM	CZEMPIŃ	POL	M-40			01:55:47 DNF	02:11:25 DNF	06:20:08 DNF	DNF	DNF	DNF	DNF	-	-
	PRZEWŁOKA WOJCIECH	382	SAINT GOBAIN SQUAD	KOLBARK	POL	M-40			02:02:15 DNF	03:54:57 DNF	06:21:52 DNF	DNF	DNF	DNF	DNF	-	-
	BIAŁECKA SYLWIA	24	EVERRUN	ŁÓDŹ	POL	K-40			02:25:21 DNF	04:29:15 DNF	06:24:00 DNF	DNF	DNF	DNF	DNF	-	-
	JABŁOŃSKI ARTUR	557	DREAM RUN / NATIONALE-NEDERLANDEN	WARSZAWA	POL	M-40			01:11:27 DNF	02:14:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LEWICKA BOŻENA	262	GONIMY	KĘTY	POL	K-60			02:32:08 DNF	03:10:13 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZDEBSKI DAMIAN	547		BRZEG	POL	M-20			01:43:31 DNF	03:23:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
	PARANDYK KRYSZTIAN	355	MCBIEGACZE	STARA WIEŚ	POL	M-30			02:02:48 DNF	03:58:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUMELA MICHAŁ	247		ŻÓŁWIN	POL	M-40			02:16:35 DNF	04:20:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SIEKIERSKI TOMASZ	413	PRONATURA BYDGOSZCZ	SOLEC KUJAWSKI	POL	M-40			02:25:02 DNF	04:24:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WYSZKOWSKA MARZENA	539		TYCHY	POL	K-30			02:27:45 DNF	04:25:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALEK PIOTR	498	VELO ŁOSIE NA SZOSIE	WARSZAWA	POL	M-50			02:12:07 DNF	04:27:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROMANOWICZ KATARZYNA	399	PODKOWA BIEGA	BRWINÓW	POL	K-40			02:33:46 DNF	04:33:42 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRUSZKA STANISŁAW	235		WŁOCŁAWEK	POL	M-40			02:23:30 DNF	04:35:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DONAJ ADAM	82		KOŚCIAN	POL	M-40			02:29:23 DNF	04:36:51 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	542	DRUŻYNA SZPIKU	CZŁUCHÓW	POL	M-40			02:29:10 DNF	04:38:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WEBER AGATA	506	VELO ŁOSIE NA SZOSIE	WARSZAWA (WESOŁA)	POL	K-40			02:40:03 DNF	04:43:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KADECKI MAREK	177		KARGOSZYN	POL	M-40			02:39:59 DNF	04:43:36 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MASTALERSKI DARIUSZ	293		GRODZISK MAZOWIECKI	POL	M-40			02:38:01 DNF	04:47:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ORACKA AGNIESZKA	341	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	GRODZISK MAZOWIECKI	POL	K-40			02:38:11 DNF	04:47:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKA BEATA	278	BYLEDOPRZODUQ	KONIN	POL	K-30			02:37:03 DNF	04:48:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUJAWIŃSKI KRZYSZTOF	243		KALISZ	POL	M-40			02:34:55 DNF	04:51:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KMERA RAFAŁ	202	BIG YELLOW FOOT	GDAŃSK	POL	M-40			02:43:26 DNF	04:51:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	543	BEZULTRADZIKI/WKUR W_TEAM	POZNAŃ	POL	M-40			02:37:45 DNF	04:52:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PAŁASZYŃSKA BEATA	348	MUD FOXES	BYDGOSZCZ	POL	K-30			02:44:30 DNF	04:54:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SAJDUDA ADAM	408		WROCLAW	POL	M-20			01:28:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GŁUSZCZAK JERZY	111		ŁÓDŹ	POL	M-60			02:29:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
0	BOULKHALF ABDELLATIF	554	KB WIKON NOWA SÓL	MODRZYCA	POL	M-30	1	M 1	01:10:18	02:04:23	03:00:35	03:51:04	04:29:13	05:22:26.80	05:22:34.05	5:53	10.2
1	PAWŁOWSKI MARCIN	359		WILKÓW-OSIEDLE	POL	M-40	1	M 2	01:13:28	02:07:02	03:01:50	03:52:43	04:33:57	05:27:20.40	05:27:21.90	5:59	10
2	MASIAREK MACIEJ	292		PIOTRKÓW TRYBUNALSKI	POL	M-20	1	M 3	01:10:08	02:04:52	03:01:57	03:55:04	04:34:49	05:29:16.55	05:29:19.50	6:01	10
3	NEHRING KAROL	323		SULEJÓWEK	POL	M-20	2	M 4	01:14:57	02:13:02	03:13:00	04:08:23	04:48:37	05:42:35.95	05:42:37.75	6:15	9.6
4	NICPOŃ SEBASTIAN	325	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M-20	3	M 5	01:14:33		03:09:39	04:12:51	04:56:49	05:56:00.90	05:56:07.80	6:30	9.2
5	MAŃCZAK FILIP	289	AKTYWNI RAZEM	KICIN	POL	M-40	2	M 6	01:16:47	02:17:59	03:22:21	04:24:12	05:10:49	06:09:26.40	06:09:28.65	6:45	8.9
6	SIERADZKI KRZYSZTOF	414	PRZEDWOJEWSKI TEAM	WARSZAWA	POL	M-30	2	M 7	01:16:51	02:17:35	03:21:46	04:25:09	05:10:57	06:12:10.00	06:12:12.30	6:48	8.8
7	MATUSIAK DANIEL	294		KRZYWIEC	POL	M-30	3	M 8	01:18:16	02:20:25	03:25:17	04:24:46	05:10:53	06:15:47.25	06:15:51.75	6:52	8.7
8	SOCHA SEWERYN	431	SII RUNNING TEAM	POZNAŃ	POL	M-30	4	M 9	01:23:25	02:27:39	03:32:41	04:34:57	05:18:26	06:16:52.10	06:16:58.55	6:53	8.7
9	NIEPALA JACEK	327	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	M-30	5	M 10	01:22:41	02:28:52	03:34:19	04:35:38	05:20:31	06:23:14.10	06:23:16.50	7:00	8.6
10	TARNOWSKI MACIEJ	472	MM POWER / KOLIBER TEAM	KRAKÓW	POL	M-40	3	M 11	01:23:34	02:28:41	03:34:57	04:36:48	05:22:44	06:24:16.70	06:24:22.10	7:01	8.5

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
11	GRZESIEK GÓRAL	132	HEJ HEJ GURALU	KRAKÓW SWOSZOWICE	POL	M-30	6	M 12	01:20:41	02:23:46	03:31:55	04:34:45	05:23:05	06:25:32.05	06:25:37.15	7:02	8.5
12	BARTOSZEWSKI GRZEGORZ	18	TEAM RÓŻOWEJ PELERYNKI	DŁUGOŁĘKA	POL	M-40	4	M 13	01:23:24	02:28:34	03:36:01	04:42:49	05:29:40	06:31:24.35	06:31:43.75	7:09	8.4
13	ROGÓRZ PIOTR	396		WROCLAW (WROCLAW-PSIE POLE)	POL	M-40	5	M 14	01:27:48	02:34:33	03:38:33	04:45:59	05:35:53	06:35:20.65	06:35:25.75	7:13	8.3
14	RYŁKO KRZYSZTOF	406	ZADYSZKA OŚWIĘCIM/KS KANDAHAR	OŚWIĘCIM	POL	M-40	6	M 15	01:28:02	02:36:43	03:45:32	04:52:03	05:37:07	06:38:19.85	06:38:21.20	7:16	8.2
15	MIKEŠOVÁ JANA	307	SALMING CZ	NOVÁ PAKA	CZE	K-30	1	K 1	01:25:42	02:36:31	03:47:23	04:51:02	05:37:26	06:41:52.35	06:41:53.60	7:20	8.2
16	WIERZBOWY PRZEMEK	513	KOKO DŻAMBO I DO PRZODU	NAMYŚLÓW	POL	M-30	7	M 16	01:22:35	02:27:55	03:33:29	04:48:09	05:37:59	06:42:05.45	06:42:10.20	7:21	8.2
17	BUJAK KRZYSZTOF	46		KRAKOW	POL	M-30	8	M 17	01:25:23	01:47:55	03:48:49	04:55:11	05:39:44	06:42:05.90	06:42:10.40	7:21	8.2
18	TOPOLSKI MARCIN	481	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADOWNIKI	POL	M-40	7	M 18	01:27:56	02:36:07	03:45:29	04:52:03	05:39:16	06:43:37.60	06:43:45.90	7:22	8.1
19	GRZESICA PAWEŁ	131	BOŻY ULTRAS	ŁĘDZINY	POL	M-40	8	M 19	01:20:35	02:01:07	03:42:32	04:54:34	05:44:43	06:48:52.25	06:48:54.85	7:28	8
20	WIECZOREK ŁUKASZ	510		DĄBRÓWKA	POL	M-30	9	M 20	01:23:22	02:30:19	03:41:54	04:51:55	05:45:37	06:50:52.55	06:50:55.35	7:30	8
21	POLAŃSKI SŁAWOMIR	373	LACHO TEAM	KRAKÓW	POL	M-30	10	M 21	01:23:42	02:29:25	03:42:46	04:53:11	05:43:42	06:51:17.60	06:51:23.55	7:31	8
22	WŁODARCZYK JAROSŁAW	524	KARKONOSZ RUNNING TEAM	JELENIA GÓRA	POL	M-40	9	M 22	01:20:03	02:24:12	03:40:06	04:48:54	05:43:35	06:52:37.70	06:52:43.40	7:32	8
23	DOMAGAŁA GRZEGORZ	80		JAWOR	POL	M-30	11	M 23	01:24:34	02:34:32	03:47:38	04:57:03	05:47:43	06:55:24.85	06:55:34.20	7:35	7.9
24	CIURASZKIEWICZ ANDRZEJ	60		WROCLAW	POL	M-40	10	M 24	01:34:56	02:48:53	04:04:49	05:11:34	05:59:50	07:03:08.95	07:03:19.35	7:44	7.8
25	SKRZYNIARZ MAREK	423		KIELCE	POL	M-40	11	M 25	01:27:49	02:41:34	03:54:29	05:04:59	05:54:58	07:05:43.10	07:05:48.20	7:46	7.7
26	KRUPA MARCIN	207	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	12	M 26	01:19:00	02:25:36	03:43:51	05:06:50	06:03:20	07:10:48.80	07:10:51.10	7:52	7.6
27	JARZĘBOWICZ PAWEŁ	164	ZADYSZKA OŚWIĘCIM	ZABORZE	POL	M-40	13	M 27	01:43:20	03:00:32	04:09:06	05:19:00	06:08:50	07:12:21.30	07:12:25.40	7:54	7.6
28	WINIECKI TOMASZ	519	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	M-40	14	M 28	01:27:24	02:33:51	03:44:52	04:58:55	05:56:49	07:12:57.70	07:13:02.00	7:54	7.6
29	DASZEWSKI FILIP	72	ICT POLAND	DĘBNO	POL	M-20	4	M 29	01:27:54	02:41:32	03:59:15	05:12:02	06:03:19	07:13:06.20	07:13:12.65	7:55	7.6
30	CARUK DAMIAN	51	PGN NIERUCHOMOŚCI POMORSKI	KAMIEŃ	POL	M-40	15	M 30	01:33:43	02:49:34	04:03:24	05:15:28	06:06:52	07:13:43.85	07:13:50.55	7:55	7.6
31	GŁOWACKI STEFAN	110		WARSAW	POL	M-40	16	M 31	01:25:14	02:38:46	03:57:05	05:10:23	06:03:25	07:15:30.80	07:15:35.55	7:57	7.5
32	GŁOWACKI ARTUR	109	KGHM ZG RUN	GŁOGÓW	POL	M-40	17	M 32	01:26:01	02:38:55	03:54:12	05:08:52	06:04:42	07:15:56.55	07:16:00.65	7:58	7.5
33	JAKOWSKI MATEUSZ	155		BARDO	POL	M-20	5	M 33	01:21:10	02:32:58	03:49:05	05:03:20	06:01:19	07:16:16.55	07:16:22.25	7:58	7.5
34	HOFMAŃSKI RAFAŁ	144		KOTLIN	POL	M-30	12	M 34	01:32:12	02:44:45	04:00:49	05:11:56	06:05:14	07:16:12.00	07:16:23.60	7:58	7.5
35	WIĘCŁAW PAWEŁ	514	WOLSKI KOLEKTYW BIEGOWY	KRAKÓW	POL	M-30	13	M 35	01:39:24	02:53:14	04:07:12	05:19:06	06:10:11	07:16:40.15	07:16:50.90	7:58	7.5
36	KOSECKI KRZYSZTOF	217	SG	ŁOSOSINA DOLNA	POL	M-30	14	M 36	01:34:33	02:50:51	04:05:51	05:16:08	06:08:05	07:17:03.80	07:17:10.40	7:59	7.5
37	KOŁECKA PATRYCJA	209	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	1	K 2	01:34:36	02:50:11	04:03:23	05:18:17	06:10:17	07:17:42.30	07:17:47.65	8:00	7.5
38	HEŁMECKI ARTUR	558		KRAKÓW	POL	M-40	18	M 37	01:32:38	02:49:05	04:04:51	05:19:20	06:09:59	07:18:45.40	07:18:52.00	8:01	7.5
39	BUDYNEK TADEUSZ	43	ALVO RACING TEAM	DABROWA	POL	M-40	19	M 38	01:35:59	03:00:45	04:09:25	05:15:07	06:06:16	07:18:52.90	07:19:08.95	8:01	7.5
40	BOROWCZYK JACEK	36	ANTEK TEAM	TOMASZÓW MAZOWIECKI	POL	M-50	1	M 39	01:34:25	02:48:41	04:03:26	05:16:05	06:07:38	07:18:55.85	07:19:38.10	8:01	7.5
41	GORCZYŃSKI NORBERT	119	KUDOWIANKA RUN	KUDOWA ZDRÓJ	POL	M-20	6	M 40	01:34:44	02:51:21	04:08:32	05:19:43	06:13:20	07:20:20.60	07:20:23.50	8:02	7.5
42	LUBAŃSKI ROBERT	268		BUKOWICE	POL	M-50	2	M 41	01:34:27	02:51:12	04:09:43	05:22:26	06:12:58	07:22:19.20	07:22:24.90	8:05	7.4
43	PAWLIK JAKUB	358	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M-30	15	M 42	01:26:47	02:38:10	03:52:01	05:05:07	06:03:48	07:22:25.60	07:22:29.10	8:05	7.4
44	ŁAMPIKA KINGA	272	NIGHT RUNNERS WROCLAW	SMOLEC	POL	K-40	2	K 3	01:38:55	02:57:00	04:13:10	05:22:14	06:12:44	07:22:42.80	07:22:50.60	8:05	7.4
45	KRYM KATARZYNA	236	HERCOG RUNNING TEAM	SMOLEC	POL	K-40	3	K 4	01:39:22	02:57:41	04:13:56	05:22:57	06:14:07	07:22:50.20	07:22:57.40	8:05	7.4
46	SUPERNAK ŁUKASZ	447	BIEGAJ Z BANANEM	ŁAZY	POL	M-40	20	M 43	01:35:33	02:50:47	04:03:18	05:19:37	06:11:12	07:24:13.65	07:24:15.60	8:07	7.4
47	MĘDRYKOWSKI DAMIAN	300		ŁÓDŹ	POL	M-30	16	M 44	01:35:38	02:06:15	04:07:04	05:21:38	06:14:24	07:24:33.30	07:24:45.40	8:07	7.4

## SGS ULTRA 54KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
48	KRZESINSKI DARIUSZ	239	ORANGE POLSKA	WROCLAW	POL	M-40	21	M 45	01:34:59	02:50:40	04:07:01	05:21:12	06:13:54	07:24:51.20	07:25:05.70	8:07	7.4
49	WANDEL PIOTR	499	NOA	DOMASLAW	POL	M-40	22	M 46	01:27:37	02:43:35	04:03:54	05:19:42	06:14:24	07:27:44.25	07:27:49.10	8:11	7.3
50	BROK JACEK	39		PLEWISKA	POL	M-50	3	M 47	01:34:35	02:46:16	04:04:37	05:23:13	06:16:14	07:27:41.40	07:27:50.85	8:11	7.3
51	WOŻNIAK MARIA	534	SKAWINA BIEGA	SKAWINA	POL	K-30	2	K 5	01:35:30	02:50:52	04:08:35	05:22:21	06:14:09	07:28:52.75	07:28:57.20	8:12	7.3
52	KOZIEŁ PIOTR	230	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	17	M 48	01:28:00	02:44:29	04:03:07	05:19:06	06:14:39	07:29:21.00	07:29:31.60	8:12	7.3
53	GRABOŚ NINA	127		WARSZAWA	POL	K-40	4	K 6	01:38:10	02:58:34	04:17:55	05:33:16	06:26:15	07:34:10.35	07:34:34.10	8:18	7.2
54	SWĘDZIOŁ ROBERT	451	OLKUSZBIEGA.PL	OLKUSZ	POL	M-50	4	M 49	01:34:55	02:49:02	04:03:16	05:19:01	06:18:30	07:36:05.95	07:36:12.25	8:20	7.2
55	KUTYBA MARIUSZ	255	WOLNE ŚLIMAKI	POZNAŃ	POL	M-40	23	M 50	01:33:48	02:49:41	04:07:10	05:24:17	06:23:47	07:36:39.85	07:36:46.85	8:20	7.2
56	POPRAWSKI PAWEŁ	376		MOŚCIENICA	POL	M-30	18	M 51	01:36:47	02:56:27	04:15:53	05:28:38	06:25:42	07:36:59.25	07:37:09.80	8:21	7.2
57	WASILEWSKI MARCIN	502		ZIELONA GÓRA	POL	M-30	19	M 52	01:38:14	02:53:40	04:09:51	05:22:28	06:16:55	07:37:23.15	07:37:35.95	8:21	7.2
58	KUSZKA MICHAŁ	252	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	M-40	24	M 53	01:35:10	02:50:45	04:07:52	05:26:08	06:22:55	07:37:35.70	07:37:52.70	8:21	7.2
59	ANDRUSZKIEWICZ PAWEŁ	2		JELENIA GÓRA	POL	M-30	20	M 54	01:24:28	02:34:25	03:57:00	05:16:07	06:17:02	07:39:09.55	07:39:15.70	8:23	7.1
60	KOCEMBA KAMIL	205	KĘCKIE HARPAGANY	KOBIERNICE	POL	M-30	21	M 55	01:30:19	02:45:55	04:06:05	05:30:38	06:27:13	07:40:04.85	07:40:06.80	8:24	7.1
61	KRÓL MARCIN	234		OBORNIKI ŚLĄSKIE	POL	M-40	25	M 56	01:40:31	02:56:31	04:15:58	05:34:15	06:29:05	07:40:24.20	07:40:24.20	8:25	7.1
62	BŁĘDOWSKI MARIUSZ	33	COYOTE TEAM	WŁOCLAWEK	POL	M-40	26	M 57	01:33:59	02:54:38	04:18:02	05:31:34	06:26:30	07:41:39.95	07:41:39.95	8:26	7.1
63	CHMIEL PIOTR	54	PTT DELTA	WĘGRÓW	POL	M-30	22	M 58	01:40:48	02:57:32	04:13:08	05:28:58	06:24:43	07:41:43.85	07:42:41.20	8:26	7.1
64	MIKOŁAJCZYK TOMASZ	308	EXPLORADOR	DOIEWIEC	POL	M-40	27	M 59	01:34:55	02:57:29	04:17:26	05:40:40	06:36:01	07:42:48.35	07:42:56.05	8:27	7.1
65	PAPUGA DARIUSZ	353	ZADYSZKA OŚWIĘCIM	JAWISZOWICE	POL	M-50	5	M 60	01:34:01	02:54:56	04:13:03	05:36:44	06:29:56	07:43:56.25	07:43:58.10	8:28	7.1
66	KMIECIAK PIOTR	203	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	23	M 61	01:40:38	03:07:28	04:24:00	05:40:32	06:36:17	07:42:53.45	07:43:58.60	8:27	7.1
67	KOZIEŁ KRZYSZTOF	229		BARANOWO	POL	M-40	28	M 62	01:34:00	02:50:13	04:10:25	05:34:36	06:30:01	07:44:43.25	07:44:56.00	8:29	7.1
68	CYBULSKI PIOTR	62		WĄGROWIEC	POL	M-40	29	M 63	01:45:27	03:13:09	04:31:07	05:46:28	06:35:58	07:44:31.00	07:45:12.45	8:29	7.1
69	GUZERA JUSTYNA	136	MATNER RUNNING TEAM	WROCLAW	POL	K-30	3	K 7	01:39:17	03:01:30	04:21:15	05:36:03	06:29:17	07:45:09.35	07:45:16.35	8:30	7.1
70	KOŚCIELNIAK WIOLETTA	218	RUNNERS TEAM NYSA	NYSA	POL	K-40	5	K 8	01:36:44	02:52:17	04:12:13	05:25:31	06:22:48	07:46:21.40	07:46:44.50	8:31	7
71	MARCINIAK JAKUB	290	KOŹMIN BIEGA ULTRA RUNNERS	KROTOSZYN	POL	M-30	24	M 64	01:32:06	02:48:26	04:07:39	05:25:46	06:24:34	07:46:54.25	07:47:01.95	8:32	7
72	HAKKE GOSIA	140	BIEGAMDLAZDROWIA.PL	JELENIA GÓRA	POL	K-40	6	K 9	01:47:24	03:08:06	04:28:33	05:41:52	06:34:52	07:45:30.10	07:47:02.50	8:30	7.1
73	AUGUSTYNIAK MAŁGORZATA	5		ŁÓDŹ	POL	K-40	7	K 10	01:39:00	03:00:34	04:18:49	05:37:09	06:31:15	07:47:21.20	07:47:30.20	8:32	7
74	KRZEMIŃSKI TOMASZ	238		ŁÓDŹ	POL	M-40	30	M 65	01:35:27	02:50:49	04:10:17	05:34:36	06:32:01	07:48:32.05	07:48:54.90	8:33	7
75	CHORAZKIEWICZ DAMIAN	55	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	M-30	25	M 66	01:38:47	02:04:23	04:19:29	05:37:27	06:34:12	07:48:52.05	07:49:01.05	8:34	7
76	RYCHTYK DAWID	405	140MINUT.PL	WROCLAW	POL	M-40	31	M 67	01:38:50	03:01:02	04:21:50	05:41:53	06:38:57	07:50:25.10	07:50:35.95	8:35	7
77	JAŚKIEWICZ RAFAŁ	168	COYOTE TEAM	WŁOCLAWEK	POL	M-40	32	M 68	01:38:12	03:01:09	04:19:51	05:40:24	06:36:47	07:50:48.40	07:50:56.50	8:36	7
78	SYMULA PIOTR	452	SAN ESCOBAR	BIELSKO-BIALA	POL	M-50	6	M 69	01:36:08	02:55:09	04:18:44	05:32:17	06:26:45	07:51:39.70	07:51:59.55	8:37	7
79	BANDUROWSKI ANDRZEJ	11	KB SPOCENI NOWA SÓL	NOWA SÓL	POL	M-50	7	M 70	01:38:05	02:58:01	04:18:50	05:36:00	06:31:48	07:52:15.40	07:52:24.80	8:38	6.9
80	BONIKOWSKI TOMASZ	34		GRODZISK MAZ	POL	M-50	8	M 71	01:40:54	03:01:34	04:21:04	05:37:40	06:37:06	07:52:09.50	07:52:39.40	8:37	7
81	RUSOŁ TOMASZ	403	TROPEM ULTRA	WROCLAW	POL	M-30	26	M 72	01:31:13	02:48:36	04:16:10	05:38:38	06:38:45	07:53:49.90	07:54:11.75	8:39	6.9
82	ORTYL MAGDALENA	342	ZABIEGANI MIELEC	MIELEC	POL	K-30	4	K 11	01:47:05	03:09:25	04:28:49	05:46:31	06:42:08	07:53:52.10	07:55:01.55	8:39	6.9
83	WOŁOŻYŃ KONRAD	532	ADRENALINA TEAM	STEPNICA	POL	M-40	33	M 73	01:37:21	02:56:11	04:17:59	05:38:56	06:36:51	07:54:34.15	07:56:07.45	8:40	6.9
84	NIEWIADA MACIEJ	328	EXPLORADOR	DOPIEWO	POL	M-40	34	M 74	01:34:27	02:51:27	04:16:51	05:38:58	06:38:14	07:57:04.40	07:57:13.55	8:43	6.9
85	ŁUKOMSKI MACIEJ	275	ŁÓDZKI KLUB WYSOKOGÓRSKI/ SZAKALÉ BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	35	M 75	01:30:15	02:50:39	04:11:36	05:37:33	06:38:40	07:57:46.60	07:57:50.60	8:44	6.9
86	GRUMBANIAN PAULINA	130	LOGWIN	PRUSZKÓW	POL	K-40	8	K 12	01:37:15	03:00:22	04:24:34	05:47:48	06:44:58	07:58:48.75	07:58:55.15	8:45	6.9
87	MIKOŁAJCZYK MIROSLAW	309	MIRAZ RACE TEAM	ZABRZE	POL	M-40	36	M 76	01:25:54	02:54:40	04:18:08	05:45:26	06:45:24	07:58:49.15	07:58:56.10	8:45	6.9
88	KACZOR PIOTR	175	SAMOTNY WILK Z KOTOWIC	KOTOWICE	POL	M-40	37	M 77	01:38:17	02:58:10	04:18:01	05:35:30	06:35:58	07:58:37.60	07:59:02.20	8:44	6.9
89	KACZMAREK JĘDRZEJ	173	KP PSP MILICZ	PLESZEW	POL	M-20	7	M 78	01:45:25	03:12:39	04:38:30	05:58:13	06:52:01	07:59:17.05	07:59:29.65	8:45	6.8
90	BUCZKOWSKI KRZYSZTOF	42		POZNAŃ	POL	M-20	8	M 79	01:34:55	02:57:58	04:18:17	05:45:06	06:45:39	08:01:49.80	08:01:54.10	8:48	6.8
91	AZAREWICZ GRZEGORZ	6		GDAŃSK	POL	M-40	38	M 80	01:47:48	03:08:37	04:29:35	05:48:33	06:47:23	08:02:41.65	08:03:02.60	8:49	6.8
92	KANIEWSKA AGNIESZKA	185	DRUŻYNA SZPIKU	POZNAŃ	POL	K-40	9	K 13	01:47:21	03:12:45	04:33:35	05:53:17	06:50:32	08:03:46.85	08:03:51.40	8:50	6.8
93	POCHYLSKI PRZEMYSŁAW	369	ZGRUPKA TEAM	LUBOŃ	POL	M-40	39	M 81	01:44:48	03:06:03	04:30:17	05:52:42	06:53:30	08:02:40.95	08:04:30.05	8:49	6.8
94	ŚWIDERGOŁ PIOTR	468		KATOWICE	POL	M-30	27	M 82	01:31:42	02:50:16	04:11:34	05:37:29	06:38:45	08:04:29.40	08:04:35.65	8:51	6.8



## SGS ULTRA 54KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
141	KARWACKI GRZEGORZ	191	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M-50	15	M 123	01:45:19	03:06:55	04:33:16	06:00:44	07:03:23	08:28:12.95	08:28:33.35	9:17	6.5
142	WALCZAK ŁUKASZ	497	BYLE DO PRZODUQ	KONIN	POL	M-30	38	M 124	01:46:14	03:13:28	04:38:41	06:05:06	07:03:14	08:27:02.40	08:28:33.85	9:16	6.5
143	KUSTRA TOMASZ	251		STARGARD	POL	M-40	61	M 125	01:36:59	03:02:36	04:27:06	06:00:30	07:07:03	08:28:29.55	08:28:34.75	9:17	6.5
144	WIŚNIEWSKI WOJCIECH	520		BYDGOSZCZ	POL	M-40	62	M 126	01:42:48	03:10:52	04:38:17	06:02:54	07:02:33	08:28:32.20	08:28:36.65	9:17	6.5
145	KOWALSKI ANDRZEJ	224		WROCLAW	POL	M-60	3	M 127	01:44:46	03:10:46	04:36:29	06:07:44	07:09:08	08:27:43.70	08:28:39.90	9:16	6.5
146	ZACHARYASZ MIŁOSZ	540	#KOCHAMMONICZKE	POZNAŃ, POW. POZNAŃ	POL	M-20	10	M 128	01:43:45	03:07:48	04:36:33	06:04:53	07:12:11	08:26:38.20	08:28:48.50	9:15	6.5
147	BLACHNIO JAKUB	31	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	39	M 129	01:38:09	03:02:45	04:35:49	06:04:07	07:05:55	08:29:52.20	08:29:52.20	9:19	6.4
148	STRAUCHOLD ANNA	442	NOA	KAMIENIEC WROCLAWSKI	POL	K-50	1	K 20	01:45:15	03:13:36	04:43:32	06:08:58	07:09:25	08:30:20.65	08:30:37.30	9:19	6.4
149	JACHYMEK BARTŁOMIEJ	150	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M-40	63	M 130	01:45:07	03:13:51	04:41:23	06:04:55	07:07:17	08:30:56.20	08:31:16.10	9:20	6.4
150	LUBAŃSKI MATEUSZ	269	KS BARYCZ MILICZ	DŁUGOŁĘKA	POL	M-30	40	M 131	01:46:20	03:17:44	04:45:25	06:15:13	07:15:41	08:31:03.40	08:31:21.95	9:20	6.4
151	SIKORSKI DARIUSZ	417	INSERT TEAM	DZIERŻONIÓW	POL	M-40	64	M 132	01:47:55	03:21:55	04:43:07	06:11:21	07:11:44	08:29:56.20	08:31:35.10	9:19	6.4
152	BABIARZ ANDRZEJ	7	A NA CO TO KOMU POTRZEBNE	ZIELONKA	POL	M-40	65	M 133	01:40:38	03:08:56	04:42:59	06:14:09	07:14:52	08:32:19.95	08:32:28.95	9:21	6.4
153	MOSZKOWSKI BOGDAN	318		KOBIERZYCE	POL	M-50	16	M 134	01:49:17	03:19:16	04:47:55	06:11:43	07:14:29	08:30:44.30	08:32:46.80	9:20	6.4
154	GRABKOWSKI RAFAŁ	126	DOGOŃ GRODZISK MAZOWIECKI	ODRANO-WOLA	POL	M-40	66	M 135	01:40:54	03:06:16	04:35:52	06:03:59	07:05:46	08:32:44.05	08:32:52.45	9:22	6.4
155	URBAŃSKI MICHAŁ	491	ŁĄDEK-ZDRÓJ RUNNERS	WROCLAW	POL	M-30	41	M 136	01:57:02	03:26:26	04:51:19	06:13:04	07:11:57	08:31:29.90	08:32:54.00	9:21	6.4
156	KURZAWIAK GRZEGORZ	250	KUDOWIANKA RUN	KARŁÓW	POL	M-40	67	M 137	01:36:52	02:58:39	04:24:47	05:53:56	07:01:49	08:32:55.35	08:32:55.35	9:22	6.4
157	POKRYWKA ARKADIUSZ	372		DĄBRÓWKA	POL	M-40	68	M 138	01:46:55	03:14:37	04:38:28	06:08:05	07:12:21	08:33:13.95	08:34:01.95	9:22	6.4
158	RYCHEL-MANTUR DOMINIKA	404		KATOWICE	POL	K-30	8	K 21	01:49:56	03:25:34	04:49:57	06:16:30	07:13:04	08:33:17.30	08:34:43.85	9:23	6.4
159	KOZAR MARCIN	226	BRAK	TOMASZÓW MAZOWIECKI	POL	M-40	69	M 139	01:38:59	03:08:16	04:34:34	06:04:03	07:09:38	08:34:37.60	08:34:55.80	9:24	6.4
160	KEJNA MACIEK	193		TOMASZÓW MAZOWIECKI	POL	M-40	70	M 140	01:38:53	03:08:10	04:34:30	06:04:02	07:09:33	08:34:35.90	08:34:57.50	9:24	6.4
161	JARUS ANDRZEJ	160	POLISH WINGS	GALLSPACH	AUT	M-40	71	M 141	01:46:23	03:13:34	04:42:21	06:08:40	07:09:29	08:35:01.10	08:35:07.05	9:24	6.4
162	JARZĘBOWICZ ADAM	165	YAZOMBS	KATOWICE	POL	M-40	72	M 142	01:43:15	03:14:51	04:40:46	06:07:24	07:11:15	08:35:09.35	08:35:15.80	9:25	6.4
163	NAPIERAŁA MARCIN	322		KOZIEGŁOWY	POL	M-40	73	M 143	01:46:26	03:17:18	04:49:07	06:17:28	07:19:20	08:35:07.15	08:35:35.95	9:25	6.4
164	PAPROCKI KRZYSZTOF	352		POLKOWICE	POL	M-40	74	M 144	01:45:21	03:13:19	04:44:53	06:12:14	07:14:10	08:35:32.90	08:35:40.90	9:25	6.4
165	KUBIAK KAROLINA	241		WEJHEROWO	POL	K-40	12	K 22	01:51:48	03:21:12	04:56:52	06:18:35	07:21:40	08:35:49.40	08:36:03.20	9:25	6.4
166	WALCZAK DARIUSZ	495	OLKUSZBIEGA	BOLESŁAW	POL	M-50	17	M 145	01:49:29	03:20:07	04:51:32	06:16:52	07:15:13	08:36:04.60	08:36:04.60	9:26	6.4
167	PIETRZAK SŁAWOMIR	366		PLESZEW	POL	M-40	75	M 146	01:48:04	03:16:25	04:43:09	06:06:30	07:08:28	08:35:38.15	08:36:05.35	9:25	6.4
168	ZAWISZ MARIUSZ	545	RADLINIOKI W BIEGU	GASZOWICE	POL	M-30	42	M 147	01:48:43	03:16:45	04:46:27	06:11:33	07:14:41	08:35:24.45	08:36:07.45	9:25	6.4
169	PUDELKO ROMAN	387		CHRÓSCINA	POL	M-30	43	M 148	01:46:44	03:17:26	04:45:31	06:10:54	07:13:05	08:39:08.30	08:39:20.50	9:29	6.3
170	SŁOWIK GRZEGORZ	427	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	M-40	76	M 149	01:46:01	03:13:05	04:40:10	06:15:05	07:18:05	08:39:04.00	08:39:21.65	9:29	6.3
171	KORBUT RADOSŁAW	214		SIEDLCE	POL	M-40	77	M 150	01:46:31	03:17:33	04:50:24	06:16:37	07:17:55	08:39:35.50	08:39:44.50	9:29	6.3
172	KOŁODZIEJ ADRIAN	210	GRUPA BIEGOWA "BEZ GRANIC"	STRZEGOM	POL	M-40	78	M 151	01:46:04	03:08:55	04:34:36	06:09:12	07:13:28	08:39:11.60	08:39:53.05	9:29	6.3
173	SZYRNER SZYMON	467	KS KROTOSZ KROTOSZYN	ZDUNY	POL	M-40	79	M 152	01:45:42	03:16:42	04:43:52	06:13:56	07:15:30	08:40:08.40	08:40:12.00	9:30	6.3
174	WIERZBIŃSKI KAROL	512	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	M-40	80	M 153	01:54:19	03:24:45	04:53:44	06:22:33	07:24:41	08:39:30.20	08:40:41.05	9:29	6.3
175	KŁOSEK JACEK	201	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M-30	44	M 154	02:03:38	03:30:33	05:02:18	06:19:48	07:21:02	08:39:35.65	08:40:47.45	9:29	6.3
176	RAJTAR ZBIGNIEW	389	RONTIL-COMPASS	KRAKÓW	POL	M-60	4	M 155	01:45:34	03:18:16	04:49:01	06:17:08	07:19:14	08:41:24.20	08:41:32.80	9:31	6.3
177	KADŁUBOWSKI PIOTR	178	RUN100LOVE / KOTWICA BRZEG	BRZEG	POL	M-40	81	M 156	01:38:36	03:03:23	04:36:50	06:09:48	07:21:08	08:42:23.90	08:42:27.80	9:32	6.3
178	NOWAK ŁUKASZ	336	MARTYNA KANTOR RUNNING TEAM	POZNAŃ	POL	M-40	82	M 157	01:49:27	03:23:22	04:55:21	06:22:53	07:22:32	08:42:14.85	08:42:32.40	9:32	6.3
179	ANISZEWSKI BARTŁOMIEJ	3	ROSSMANN	ŁÓDŹ	POL	M-30	45	M 158	01:48:28	03:13:39	04:43:22	06:14:46	07:18:53	08:42:32.60	08:42:58.20	9:33	6.3
180	SUCHANEK RADOSŁAW	444		KŁOBUCK	POL	M-50	18	M 159	01:46:34	03:16:15	04:46:24	06:13:26	07:16:25	08:43:02.95	08:43:17.80	9:33	6.3



**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
181	GOSTYŃSKI KRZYSZTOF	121	RUCZAJ ULTRA TEAM	KRAKÓW	POL	M-40	83	M 160	01:43:34	03:10:27	04:50:39	06:23:56	07:26:16	08:42:23.70	08:43:18.90	9:32	6.3
182	WOJTKOWIAK RENATA	530	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	13	K 23	01:54:18	03:30:17	05:01:14	06:27:41	07:26:03	08:43:22.90	08:43:44.50	9:34	6.3
183	WOJTKOWIAK STEFAN	531	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40	84	M 161	01:54:13	03:30:15	05:01:13	06:27:40	07:26:02	08:43:22.95	08:43:45.20	9:34	6.3
184	RZEPKA REMIGIUSZ	407	GREENBUD	MIKOŁÓW	POL	M-50	19	M 162	01:48:22	03:10:34	04:42:54	06:09:16	07:14:21	08:42:50.85	08:44:18.25	9:33	6.3
185	WIZA TOMASZ	523		POZNAŃ	POL	M-40	85	M 163	01:56:41	03:34:13	05:01:34	06:31:04	07:29:39	08:44:24.60	08:44:24.60	9:35	6.3
186	WOJNO ARKADIUSZ	529	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	46	M 164	01:42:44	03:15:26	04:51:08	06:20:31	07:24:30	08:44:23.00	08:45:16.20	9:35	6.3
187	SZMAGAJ MARCIN	460	SKL	STARGARD	POL	M-50	20	M 165	01:45:11	03:18:59	04:47:33	06:17:03	07:19:10	08:45:15.90	08:45:21.55	9:36	6.2
188	BIECHONSKI JAROSŁAW	28		POZNAŃ	POL	M-40	86	M 166	01:47:20	03:15:51	04:44:10	06:16:57	07:20:44	08:45:05.50	08:45:25.90	9:35	6.3
189	KOWALSKA JUSTYNA	223	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	K-40	14	K 24	01:55:01	03:31:24	05:00:54	06:28:51	07:25:35	08:44:06.00	08:45:26.70	9:34	6.3
190	WIZA ANNA	522		SWARZĘDZ	POL	K-40	15	K 25	01:55:51	03:33:35	05:01:03	06:30:33	07:29:10	08:45:44.20	08:46:15.55	9:36	6.2
191	ABUCEWICZ MAREK	1	SILESIA MARATON CLUB /WATAHA ŁĄCZY NAS BIEGANIE	SZTUM	POL	M-40	87	M 167	01:37:09	01:51:51	04:22:46	05:56:15	07:05:29	08:46:21.40	08:46:21.40	9:37	6.2
192	GAJEWSKI JACEK	103	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-40	88	M 168	01:49:03	03:24:32	04:52:57	06:22:44	07:26:35	08:45:39.90	08:46:22.55	9:36	6.2
193	FLORCZAK SYLWIA	96	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	16	K 26	01:54:41	03:28:47	04:56:34	06:26:01	07:25:39	08:45:37.65	08:46:24.60	9:36	6.2
194	WOŹNIAK ŁUKASZ	535	PORANNY PATROL	KRAKÓW	POL	M-40	89	M 169	01:48:59	03:38:04	05:11:30	06:38:20	07:33:51	08:45:57.55	08:46:53.45	9:36	6.2
195	HALADYN ŁUKASZ	141		OSTRZESZÓW	POL	M-40	90	M 170	01:41:06	03:04:31	04:33:46	06:11:36	07:18:20	08:47:11.30	08:47:28.60	9:38	6.2
196	KLUZ ANNA	200	FANTASTIC TEAM	USTROŃ	POL	K-40	17	K 27	02:01:57	03:39:03	05:14:14	06:36:16	07:31:16	08:46:57.80	08:47:30.45	9:38	6.2
197	WELTER PRZEMYSŁAW	507	KB SZAMOTUŁY	SZAMOTUŁY	POL	M-30	47	M 171	01:33:59	03:02:10	04:35:20	06:18:35	07:26:15	08:47:29.35	08:47:34.25	9:38	6.2
198	SZCZEPAŃSKI MARCIN	459	BEAUTY SPORT RUN	ŁÓDŹ	POL	M-40	91	M 172	01:47:12	03:19:00	04:46:27	06:26:37	07:28:46	08:47:27.45	08:48:05.95	9:38	6.2
199	SZAREK RAFAŁ	456	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	92	M 173	01:34:17	02:59:38	04:27:53	06:08:21	07:21:57	08:48:17.30	08:48:33.40	9:39	6.2
200	CIERCZEK RAFAŁ	58		ROGÓW SOBÓCKI	POL	M-30	48	M 174	01:46:29	03:11:41	04:39:49	06:14:30	07:21:53	08:48:45.55	08:49:13.95	9:39	6.2
201	PARA JAKUB	354	LESZ NO LIMITS RUNNERS	LESZÓW	POL	M-40	93	M 175	01:49:30	03:24:25	04:53:57	06:24:49	07:30:48	08:50:03.10	08:50:29.00	9:41	6.2
202	SOKOŁOWSKI TOMASZ	433	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M-30	49	M 176	01:43:14	03:10:15	04:37:34	06:04:25	07:13:16	08:50:01.15	08:50:29.65	9:41	6.2
203	HREK MARTA	145		KYIV	UKR	K-40	18	K 28	01:46:39	03:22:24	04:54:55	06:25:58	07:27:38	08:50:21.70	08:50:32.85	9:41	6.2
204	JARZĄBEK MICHAŁ	163		WROCŁAW	POL	M-30	50	M 177	01:51:12	03:16:21	04:47:54	06:20:45	07:25:11	08:49:53.35	08:51:01.70	9:41	6.2
205	CZOSKA PRZEMYSŁAW	67	JARBUD	GDYNIA	POL	M-30	51	M 178	01:58:55	03:35:15	05:09:16	06:39:33	07:38:36	08:49:49.80	08:51:05.35	9:41	6.2
206	GĄCEK MICHAŁ	102	NOA	WROCŁAW	POL	M-30	52	M 179	01:45:41	03:13:01	04:41:34	06:12:20	07:17:37	08:51:16.05	08:51:26.60	9:42	6.2
207	WÓJCIO HUBERT	536		SZCZAWNICA	POL	M-40	94	M 180	01:56:38	03:28:19	04:56:14	06:19:43	07:25:16	08:50:50.95	08:52:00.10	9:42	6.2
208	JĄSTRZĄBEK AGNIESZKA	167		ŁÓDŹ	POL	K-30	9	K 29	01:59:13	03:31:08	05:00:53	06:33:30	07:32:30	08:51:37.75	08:52:13.70	9:43	6.2
209	ZAKRZEWSKI MACIEJ	544	DROGA DO ULTRA	KOWAL	POL	M-30	53	M 181	01:40:22	03:07:22	04:32:47	06:11:12	07:16:53	08:53:09.90	08:54:16.15	9:44	6.2
210	MIĄSKO WOJCIECH	302	12TRI.PL	WARSZAWA	POL	M-50	21	M 182	01:50:02	03:18:38	04:53:04	06:27:09	07:28:19	08:52:17.00	08:54:23.00	9:43	6.2
211	GOCAŁ MAREK	114		LODZ	POL	M-50	22	M 183	01:51:16	03:29:29	04:56:49	06:27:24	07:30:35	08:54:26.05	08:55:02.30	9:46	6.1
212	WINIAREK LESZEK	517	TEAM DKMS	WARSZAWA	POL	M-40	95	M 184	01:39:05	03:07:48	04:38:58	06:18:59	07:29:54	08:54:47.20	08:55:09.05	9:46	6.1
213	NIEMIEC BARTŁOMIEJ	326		BAKOWO	POL	M-30	54	M 185	01:41:00	03:09:15	04:37:20	06:12:58	07:24:15	08:54:54.10	08:55:13.20	9:46	6.1
214	SALIŃSKI BARTOSZ	409	AUGUSTEAM/WKURW_TEAM	KATOWICE	POL	M-30	55	M 186	01:53:28	03:28:43	04:59:51	06:31:24	07:30:27	08:54:33.25	08:55:24.15	9:46	6.1
215	ŁOWICKA MAJA	274	AKTYWNI RAZEM	KOZIEGŁOWY	POL	K-20	1	K 30	01:51:47	03:28:02	05:00:02	06:28:53	07:32:30	08:56:06.80	08:56:36.20	9:48	6.1
216	GMITEREK TOMASZ	113	BIŁGORAJ ULTRA TRAIL	LUBLIN	POL	M-50	23	M 187	01:53:28	03:30:58	05:01:03	06:33:00	07:37:22	08:56:14.80	08:56:45.00	9:48	6.1
217	FARION MARZENA	93		STRZEGOM	POL	K-40	19	K 31	01:46:48	03:19:19	04:54:55	06:26:19	07:29:12	08:56:53.35	08:57:27.20	9:48	6.1
218	GOS PIOTR	120	NARAMOWICE BIEGAJA	POZNAŃ	POL	M-40	96	M 188	01:51:33	03:27:53	05:06:51	06:38:27	07:37:20	08:57:59.50	08:58:08.05	9:50	6.1
219	ŻYŁOWSKI TOMASZ	553		WARSZAWA	POL	M-40	97	M 189	01:51:46	03:25:40	04:54:16	06:27:17	07:31:33	08:58:04.40	08:58:23.60	9:50	6.1
220	KRZYŻIŃSKA SYLWIA	240	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZ	POL	K-40	20	K 32	01:59:20	03:10:40	05:04:20	06:32:20	07:35:18	08:59:15.30	08:59:33.30	9:51	6.1
221	KÓZKA PRZEMO	231		SKÓRZEWO	POL	M-40	98	M 190	01:50:04	03:19:45	04:58:51	06:30:17	07:33:33	09:00:01.15	09:01:48.60	9:52	6.1
222	PARZONKA PAWEŁ	356	KS LENIWIEC	KĘPNO	POL	M-40	99	M 191	01:45:55	03:13:35	04:46:52	06:17:36	07:37:23	09:02:14.10	09:03:06.10	9:54	6.1
223	TOMCZYK RAFAŁ	480		PODDĘBICE	POL	M-30	56	M 192	01:46:18	03:20:09	04:51:42	06:22:35	07:33:58	09:02:26.65	09:03:13.95	9:54	6.1
224	O REGAN MARK	347		KRAKÓW	POL	M-40	100	M 193	01:59:46	03:32:09	04:59:37	06:23:29	07:31:58	09:02:46.85	09:04:47.15	9:55	6
225	PIETROWSKI MARIUSZ	364		POZNAŃ	POL	M-60	5	M 194	01:55:36	03:24:36	05:03:55	06:34:37	07:40:29	09:03:33.55	09:05:18.55	9:56	6
226	WAJDA MACIEJ	493	SPELEOCLUB WROCŁAW	WROCŁAW	POL	M-30	57	M 195	01:48:17	03:23:02	04:53:16	06:25:49	07:31:19	09:04:00.50	09:05:46.30	9:56	6
227	JARUZEL ROBERT	161	SZWLA STARGARD	STARGARD	POL	M-40	101	M 196	01:45:15	03:19:05	04:47:38	06:24:56	07:37:01	09:05:54.30	09:05:58.10	9:58	6

## SGS ULTRA 54KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
228	GAWROŃSKI ADRIAN	104	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-40	102	M 197	01:45:27	03:14:57	04:54:06	06:28:49	07:32:22	09:04:34.25	09:05:59.10	9:57	6
229	MANEL MARIUSZ	288	DRUŻYNA SZPIKU	KĄKOLEWO	POL	M-40	103	M 198	01:44:49	03:17:32	04:53:47	06:35:23	07:42:54	09:05:02.45	09:06:00.60	9:57	6
230	TURLEJ WOJCIECH	485		ŚRODA ŚLĄSKA	POL	M-40	104	M 199	01:54:41	03:32:51	05:04:50	06:35:22	07:41:28	09:04:49.00	09:06:35.45	9:57	6
231	SKRĘTEK MONIKA	422	BIEGAMDLAZDROWIA. PL	JELEŃ GÓRA	POL	K-50	2	K 33	02:00:32	03:40:29	05:09:56	06:43:04	07:44:22	09:05:05.25	09:06:46.50	9:57	6
232	LISZKA PIOTR	266		BYTOM	POL	M-60	6	M 200	02:05:51	03:45:59	05:13:24	06:41:16	07:40:25	09:06:52.00	09:07:13.00	9:59	6
233	OLEKSZYK JOANNA	339	DECARUN	SZYSZKÓW	POL	K-30	10	K 34	02:03:33	03:37:48	05:11:01	06:37:26	07:42:42	09:05:43.50	09:07:13.60	9:58	6
234	MOLIŃSKA MARLENA	314		WROCLAW	POL	K-50	3	K 35	01:57:38	03:32:22	05:02:51	06:32:20	07:35:39	09:05:16.80	09:07:14.20	9:58	6
235	LENART JOANNA	260	ZADYSZKA OŚWIĘCIM	CHEŁMEK	POL	K-50	4	K 36	01:59:47	03:34:51	05:09:30	06:38:16	07:38:09	09:07:20.75	09:07:46.30	10:00	6
236	LENART ARTUR	259	ZADYSZKA OŚWIĘCIM	CHEŁMEK	POL	M-50	24	M 201	01:59:45	03:34:50	05:09:27	06:38:15	07:38:07	09:07:20.50	09:07:47.55	10:00	6
237	NOWAK KRZYSZTOF	335		WARSZAWA	POL	M-40	105	M 202	01:46:03	03:34:22	05:13:33	06:46:32	07:46:50	09:09:01.50	09:09:24.15	10:02	6
238	BARAN STANISŁAW	13	SAINT GOBAIN SQUAD	CIEŚLIN	POL	M-50	25	M 203	01:57:01	03:29:05	04:59:35	06:36:23	07:42:43	09:08:39.90	09:09:28.55	10:01	6
239	DOMIŃCZYK RAFAŁ	81	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M-40	106	M 204	01:56:53	03:29:06	04:59:37	06:36:24	07:42:43	09:08:41.45	09:09:28.70	10:01	6
240	ŻYGIĘŁO MONIKA	552	CH10	CHOSZCZCZNO	POL	K-40	21	K 37	02:03:10	03:42:02	05:13:13	06:42:19	07:46:18	09:08:23.70	09:09:54.70	10:01	6
241	SURDAK PIOTR	448		SZCZECIN	POL	M-40	107	M 205	02:03:05	03:41:49	05:13:11	06:42:17	07:46:36	09:08:22.60	09:09:55.10	10:01	6
242	WRÓBEL MATEUSZ	537	IRON HOUSE TRIATHLON WŁOCŁAWEK	FABIANKI	POL	M-30	58	M 206	02:05:04	03:51:52	05:35:37	06:48:46	07:43:51	09:09:16.55	09:10:09.75	10:02	6
243	NĘDZUSIAK DARIUSZ	324		ALEKSANDRÓW KUJAWSKI	POL	M-60	7	M 207	01:59:54	03:33:37	05:02:22	06:36:10	07:42:22	09:10:05.15	09:11:07.50	10:03	6
244	KONARSKI MACIEJ	211	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M-40	108	M 208	01:58:56	03:37:39	05:11:56	06:44:13	07:47:23	09:10:58.55	09:11:08.50	10:04	6
245	MAŁKOWSKI BOGDAN	287	SPARTANIE DZIECIOM	MURÓW	POL	M-50	26	M 209	01:50:37	03:32:52	05:05:28	06:41:28	07:46:08	09:10:34.00	09:11:53.65	10:03	6
246	KILIŃSKI JACEK	196		OSTROWY NAD OKSZĄ	POL	M-50	27	M 210	01:38:06	03:12:38	04:54:20	06:34:29	07:41:25	09:13:29.20	09:13:32.20	10:07	5.9
247	STRZYŻEWSKI PAWEŁ	443	SZCZYT ZA SZCZYTEM	WARSZAWA	POL	M-40	109	M 211	01:55:58	03:29:50	05:01:26	06:38:06	07:45:58	09:12:54.95	09:14:12.75	10:06	5.9
248	MARKOWSKA EWA	291	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	22	K 38	01:58:53	03:29:32	05:00:34	06:35:45	07:43:31	09:13:54.40	09:14:33.90	10:07	5.9
249	KACZOR MARCIN	174	ADJ	ŚWIĘCIECHOWA	POL	M-40	110	M 212	01:48:02	03:22:09	04:51:12	06:30:22	07:39:35	09:14:01.55	09:15:10.65	10:07	5.9
250	MATYSZKOWICZ JANUSZ	295	GONIMY	KĘTY	POL	M-60	8	M 213	01:55:40	03:30:26	05:05:50	06:40:34	07:47:21	09:14:54.95	09:15:24.60	10:08	5.9
251	MEDEJSZO MARIUSZ	298	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	POL	M-40	111	M 214	01:56:09	03:40:53	05:06:57	06:46:56	07:51:04	09:15:29.15	09:15:36.20	10:09	5.9
252	SZWEDKA PIOTR	462	PRZEMYSKI KLUB BIEGACZA	GDYNIA	POL	M-50	28	M 215	01:40:59	03:09:14	04:37:18	06:30:12	07:43:20	09:16:09.55	09:16:26.35	10:10	5.9
253	SKRZYPCZAK HUBERT DANIEL	424	RUNNINGPOWERPLAY	PRUSZKÓW	POL	M-40	112	M 216	02:00:46	03:43:19	05:19:30	06:51:41	08:00:51	09:15:35.95	09:16:40.20	10:09	5.9
254	DZIEMBA WOJCIECH	90	INŻYNIERIA BIEGANIA	KATOWICE	POL	M-30	59	M 217	02:01:33	03:37:52	05:11:56	06:44:27	07:50:24	09:16:27.65	09:17:01.10	10:10	5.9
255	JARUZEL EWA	162	SZWLASTARGARD	STARGARD	POL	K-40	23	K 39	01:48:15	03:46:44	05:21:52	06:53:15	07:54:42	09:17:16.00	09:17:20.20	10:11	5.9
256	WĄSOWICZ PAWEŁ	505	FIZJOTERAPIA WĄSOWICZ	KALWARIA ZEBRZYDOWSKA	POL	M-20	11	M 218	01:56:44	03:35:50	05:05:17	06:37:15	07:44:58	09:14:54.10	09:17:22.10	10:08	5.9
257	MIERZEJEWSKI ROBERT	305	CENTRUM SZKOLENIA WOJSK ŁĄDOWYCH	SKÓRZEWO	POL	M-40	113	M 219	01:54:41	03:28:11	05:05:32	06:41:12	07:50:40	09:17:44.15	09:18:07.25	10:11	5.9
258	JAKUBIEC TOMASZ "GÓRAL"	156	DOGOŃ GRODZISK MAZOWIECKI	CHRZANÓW MAŁY	POL	M-30	60	M 220	01:53:38	03:35:38	05:08:28	06:45:15	07:49:25	09:18:04.10	09:18:34.60	10:12	5.9
259	BÓBSKI MICHAŁ	37		LUBLIN	POL	M-30	61	M 221	01:57:10	03:35:21	05:06:18	06:38:12	07:45:59	09:18:24.75	09:19:51.95	10:12	5.9
260	DESSELBERGER ANDRZEJ	76	ENERGY TRI	WŁOCŁAWEK	POL	M-50	29	M 222	01:57:23	03:31:36	05:10:10	06:43:20	07:52:55	09:19:35.25	09:20:14.15	10:13	5.9
261	JOWSA PAWEŁ	169		POZNAŃ	POL	M-30	62	M 223	02:00:48	03:09:50	05:09:03	06:43:46	07:49:09	09:19:09.10	09:20:59.80	10:13	5.9
262	OSAKOWICZ MATEUSZ OSAKOWICZ	344		WARSZAWA	POL	M-40	114	M 224	01:45:53	03:18:20	04:56:20	06:37:21	07:46:41	09:19:33.75	09:21:10.70	10:13	5.9
263	MAZUR EMILIUSZ	296		DARŁOWO	POL	M-40	115	M 225	01:46:41	03:26:04	05:01:30	06:36:11	07:41:30	09:22:55.20	09:23:23.90	10:17	5.8
264	BARCZAK TOMASZ	16	RUN TEAM MILEJÓW	MILEJÓW	POL	M-40	116	M 226	01:42:44	03:23:34	05:08:21	06:44:48	07:49:52	09:22:59.50	09:23:24.40	10:17	5.8
265	ŚLABOŃ MARIUSZ	426	KIWK-A BIEGA	WOLBROM	POL	M-40	117	M 227	01:56:29	03:27:48	05:02:33	06:39:57	07:51:29	09:22:17.95	09:23:25.55	10:16	5.8
266	KUSZTLESKA LUCYNA	253	WLKP MOUNTAINS ULTRA	MOSINA	POL	K-40	24	K 40	01:54:03	03:35:05	05:06:52	06:44:46	07:49:03	09:22:53.80	09:23:45.10	10:17	5.8
267	SZYMCZAK MARCIN	465		MOSINA	POL	M-40	118	M 228	01:53:33	03:28:21	05:06:52	06:44:47	07:49:04	09:23:06.75	09:23:57.95	10:17	5.8
268	ROLIŃSKI RADOSŁAW	397		OLEŚNICA	POL	M-50	30	M 229	02:05:56	03:33:58	05:22:25	06:35:10	07:49:37	09:25:04.20	09:25:38.35	10:19	5.8
269	MAKARENKOV SERGII	283	DOGOŃ GRODZISK MAZOWIECKI	MILANÓWEK	POL	M-30	63	M 230	01:53:57	03:35:49	05:16:34	06:52:01	07:58:05	09:26:23.45	09:26:38.30	10:21	5.8

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
270	INDRASZAK ADAM	147	SILESIA MARATHON CLUB	KATOWICE	POL	M-50	31	M 231	01:55:27	03:38:14	05:11:59	06:44:36	07:51:39	09:26:07.45	09:26:47.35	10:20	5.8
271	ČERVENÝ DAVID	52		STÁRKOV	CZE	M-40	119	M 232	01:51:39	03:31:58	05:08:48	06:47:28	07:54:06	09:26:45.80	09:27:10.30	10:21	5.8
272	CIOCZEK KONRAD	59		WROCLAW	POL	M-30	64	M 233	02:01:07	03:35:03	05:11:10	06:48:06	07:56:54	09:25:08.60	09:27:18.60	10:19	5.8
273	KOWALEWSKI JAROSLAW	221	PROJEKT1000UP	GDYNIA	POL	M-50	32	M 234	01:46:24	03:27:43	05:10:01	06:52:39	08:01:09	09:27:35.50	09:27:45.55	10:22	5.8
274	TOMASZEWSKA EWA	479		OPOLE	POL	K-40	25	K 41	02:01:21	03:47:34	05:21:31	06:55:34	08:04:38	09:27:46.35	09:28:04.60	10:22	5.8
275	CZURYŃSKA WIOLKA	69	TRENUJĘ Z WIOLKĄ	GDYNIA	POL	K-40	26	K 42	01:50:42	03:32:25	05:11:03	06:51:45	08:00:46	09:27:59.65	09:29:27.25	10:23	5.8
276	KLIMKOWSKI TOMASZ	198		BYTOM	POL	M-40	120	M 235	01:42:45	03:39:11	05:11:36	06:57:42	07:58:40	09:29:18.15	09:29:43.80	10:24	5.8
277	JACHYMSKI JACEK	151	AKADEMICKI KLUB GÓRSKI W ŁODZI	ŁÓDŹ	POL	M-60	9	M 236	02:04:13	03:41:33	05:17:11	05:19:10	08:00:54	09:30:54.00	09:30:54.00	10:26	5.7
278	SIKORSKA AGNIESZKA	416		POGÓRZE	POL	K-40	27	K 43	01:59:19	03:35:17	05:09:25	06:43:48	07:55:56	09:31:59.30	09:33:12.65	10:27	5.7
279	KOZDRÓJ WIOLETTA	227	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K-40	28	K 44	02:00:25	03:43:24	05:24:15	07:02:24	08:05:49	09:33:26.40	09:33:36.50	10:28	5.7
280	ZAGRAJEK KAMIL	541	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	65	M 237	02:00:34	03:43:23	05:24:16	07:02:23	08:05:58	09:33:25.55	09:33:37.05	10:28	5.7
281	DZICZEK IRENEUSZ	89	RAZ SZCZECIN	SZCZECIN	POL	M-50	33	M 238	01:49:31	03:31:59	05:12:28	06:53:07	08:03:17	09:33:31.80	09:33:37.65	10:29	5.7
282	ROGOWSKI TOMASZ	394	UMLAUT	KROSNO	POL	M-30	66	M 239	01:54:43	03:33:50	05:11:36	06:48:09	08:00:00	09:32:10.35	09:33:40.40	10:27	5.7
283	UGOREK JAROSLAW	490		GORZÓW WLKP.	POL	M-40	121	M 240	01:51:35	03:27:08	05:00:49	06:50:15	08:05:06	09:35:53.85	09:35:56.50	10:31	5.7
284	POPPEK DOROTA	375	FANTASTIC TEAM	USTRON	POL	K-40	29	K 45	02:02:01	03:39:03	05:17:18	06:53:36	08:01:56	09:35:34.95	09:36:08.40	10:31	5.7
285	LASKOWSKI TOMASZ	257		KRAKÓW	POL	M-50	34	M 241	01:52:41	03:20:38	04:49:02	06:38:52	08:03:12	09:34:26.20	09:36:26.70	10:30	5.7
286	TOCZEWSKA ANNA	476	KS STASZEWCY	WARSZAWA	POL	K-50	5	K 46	02:02:35	03:45:06	05:25:45	07:05:53	08:14:05	09:36:12.40	09:36:38.90	10:32	5.7
287	ZIOBROWSKI MATEUSZ	550	BIEGOSTACJA ULTRATE AM	ZIELONA GÓRA	POL	M-30	67	M 242	01:47:50	03:17:36	04:52:46	06:36:04	07:57:16	09:38:25.25	09:38:40.55	10:34	5.7
288	RUDOL MAGDALENA	555	PRONATURA	PRĄDOCIN	POL	K-40	30	K 47	01:59:36	03:43:14	05:16:54	06:54:42	07:59:43	09:37:26.70	09:38:44.00	10:33	5.7
289	RUDOL SEBASTIANA	402	PRONATURA	PRĄDOCIN	POL	M-40	122	M 243	01:59:36	03:43:19	05:16:53	06:54:43	07:59:46	09:37:29.60	09:38:45.30	10:33	5.7
290	PODEMSKA-REJDYCH DOMINIKA	370	AC PAJACE	TYCHY	POL	K-30	11	K 48	02:01:20	03:40:22	05:12:19	06:52:25	08:02:53	09:37:54.20	09:38:45.80	10:33	5.7
291	JÓZEFczyk JUSTYNA	170		POZNAŃ	POL	K-40	31	K 49	02:05:31	04:00:40	05:39:01	07:16:05	08:17:10	09:39:16.85	09:39:45.20	10:35	5.7
292	BALCERZAK MARIUSZ	9	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	123	M 244	01:55:38	03:37:03	05:10:50	06:54:22	08:04:33	09:39:10.15	09:40:43.35	10:35	5.7
293	MAJEWSKI MACIEJ	281		POZNAŃ	POL	M-50	35	M 245	02:03:32	03:46:08	05:22:28	06:56:31	08:03:02	09:41:29.80	09:41:40.05	10:37	5.6
294	CZAPIGA ROBERT	63	ZAWSZE Z GŁOWĄ...	WROCLAW	POL	M-50	36	M 246	02:00:49	03:40:41	05:19:48	06:56:56	08:04:54	09:40:10.95	09:41:46.20	10:36	5.7
295	PAUL WIOLETTA	357	BP RUNNING TEAM GLIWICE	GLIWICE	POL	K-40	32	K 50	01:58:51	03:40:38	05:16:24	06:56:09	08:05:20	09:41:21.10	09:41:51.95	10:37	5.6
296	BIECUSZEK TOMASZ	29	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	124	M 247	01:46:30	03:32:18	05:14:32	07:06:21	08:15:59	09:42:00.15	09:42:03.10	10:38	5.6
297	TURLEJ DARIUSZ	484	BEZ KONDYCJI	WARSZAWA	POL	M-60	10	M 248	02:01:15	03:42:20	05:17:13	06:56:22	08:08:01	09:40:15.20	09:42:57.50	10:36	5.7
298	KROPIAK KATARZYNA	233	VEGE RUNNERS	WARSZAWA	POL	K-30	12	K 51	02:02:52	03:41:36	05:23:47	07:04:54	08:14:34	09:42:59.50	09:43:11.90	10:39	5.6
299	JAGIEŁŁO JOANNA	152	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	33	K 52	01:55:00	03:40:12	05:20:35	07:05:49	08:16:15	09:43:44.55	09:44:08.70	10:40	5.6
300	IZDEBSKA ANNA	148		DĄBROWA GÓRNICZA	POL	K-20	2	K 53	02:10:28	03:59:53	05:42:38	07:08:13	08:13:43	09:42:57.65	09:44:12.90	10:39	5.6
301	PRUCHNIEWSKA AGNIESZKA	380		ROKIETNICA	POL	K-40	34	K 54	01:55:09	03:37:32	05:26:00	07:08:06	08:16:04	09:44:12.15	09:44:35.55	10:40	5.6
302	STANKIEWICZ ANNA	437	DOGOŃ GRODZISK MAZOWIECKI	CZARNY LAS	POL	K-30	13	K 55	01:55:48	03:41:17	05:17:57	06:51:03	08:06:22	09:44:13.25	09:44:51.15	10:40	5.6
303	STOKŁOSA PIOTR	441	BIKESTATS.PL	KONRADÓW	POL	M-30	68	M 249	02:04:34	03:39:08	05:18:45	07:00:18	08:11:31	09:43:18.65	09:45:12.35	10:39	5.6
304	DRANICKI ŁUKASZ	83		BYDGOSZCZ	POL	M-40	125	M 250	01:54:51	03:38:54	05:17:33	07:00:19	08:13:11	09:46:24.75	09:46:24.75	10:43	5.6
305	MONIAKOWSKI ADAM	315	BUTTONTEAM	ŻARY	POL	M-50	37	M 251	02:02:13	03:40:10	05:21:00	06:59:28	08:11:00	09:47:22.30	09:48:54.60	10:44	5.6
306	SERAFIN EVELINA	412		RADKÓW	POL	K-40	35	K 56	01:51:34	03:12:51	05:02:42	06:47:34	08:09:19	09:48:58.40	09:49:36.50	10:46	5.6
307	FAJNAS KATARZYNA	92	DOGOŃ GRODZISK MAZOWIECKI / DANFOSS	MUSZĘŁY	POL	K-40	36	K 57	01:57:00	03:38:45	05:24:12	07:02:42	08:11:38	09:50:20.05	09:50:31.35	10:47	5.6
308	WOJCIESZAK KLAUDIA	526	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K-40	37	K 58	01:53:53	03:35:44	05:13:59	06:58:07	08:11:36	09:50:18.30	09:50:32.10	10:47	5.6
309	KACZOREK ROBERT	176		WARSZAWA	POL	M-40	126	M 252	01:45:30	03:17:30	04:57:08	06:42:32	08:07:13	09:50:23.05	09:50:36.40	10:47	5.6
310	NIEZNAJ BEATA	330	ZABIEGANI MIELEC	MIELEC	POL	K-30	14	K 59	02:03:53	03:51:17	05:33:04	07:08:15	08:18:33	09:49:43.90	09:50:50.10	10:46	5.6
311	KOPYCZYŃSKA ALEKSANDRA	213		ZIELECICE	POL	K-40	38	K 60	02:01:55	03:42:40	05:29:03	07:06:07	08:15:28	09:49:45.95	09:50:54.90	10:46	5.6
312	KIELASZEWSKI KAROL	194	LESZNO LIMITS RUNNERS	LESZNO	POL	M-30	69	M 253	02:03:46	03:51:25	05:33:01	07:09:19	08:19:19	09:49:46.45	09:50:57.10	10:46	5.6

## SGS ULTRA 54KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
313	DOŁĘGA ANNA	79	ZABIEGANA MAMA	BIALYSTOK	POL	K-40	39	K 61	02:04:41	03:52:22	05:36:17	07:12:10	08:19:28	09:51:06.50	09:51:26.00	10:48	5.6
314	PYZIK TOMASZ	388	DRUŻYNA MOJACUKRZYCA.PL	GLIWICE	POL	M-40	127	M 254	01:55:36	03:41:40	05:18:19	07:04:09	08:15:59	09:52:15.00	09:52:38.90	10:49	5.5
315	BĘBEN ROBERT	23	OSTROBIEC	OSTROWIEC SWIETOKRZYSKI	POL	M-50	38	M 255	02:19:57	04:05:57	05:42:22	07:14:26	08:18:59	09:51:37.20	09:52:58.80	10:48	5.5
316	KAMIŃSKI MARCIN	182	WTORKOWY TRENING	GRUDZIĄDZ	POL	M-40	128	M 256	01:48:07	03:27:36	05:05:35	06:53:18	08:14:25	09:52:42.20	09:52:59.20	10:50	5.5
317	ŚWIETEK TOMASZ	471		STANISŁAWICE	POL	M-40	129	M 257	01:57:35	03:32:35	05:05:16	06:53:51	08:13:43	09:52:00.10	09:52:59.35	10:49	5.5
318	PROCHNO PIOTR	379	TRAIL IS OUR WAY	WŁOCŁAWEK	POL	M-30	70	M 258	01:57:58	03:35:43	05:06:11	06:47:07	08:12:07	09:52:26.55	09:53:16.30	10:49	5.5
319	LUTOWSKI WOJCIECH	271		BYDGOSZCZ	POL	M-30	71	M 259	01:39:31	03:21:16	05:08:33	06:59:17	08:17:41	09:54:20.75	09:54:21.80	10:51	5.5
320	CZUBA ROBERT	68	ORANGE POLSKA	PUSZCZYKOWO	POL	M-50	39	M 260	02:00:32	03:48:21	05:26:51	07:06:56	08:17:39	09:54:18.60	09:54:29.35	10:51	5.5
321	RUDAWSKA KAROLINA	401		OLKUSZ	POL	K-30	15	K 62	02:11:00	04:02:32	05:42:49	07:14:59	08:21:51	09:53:22.80	09:54:31.15	10:50	5.5
322	GŁOWACKA RENATA	107	PANTERA	PIOTRKÓW TRYBUNALSKI	POL	K-50	6	K 63	02:02:22	03:50:46	05:32:54	07:12:05	08:22:45	09:53:55.95	09:54:37.10	10:51	5.5
323	KOCZOROWSKI MARCIN	208	TEAM ZABIEGANEDNI	RADIÓWEK	POL	M-40	130	M 261	02:01:22	03:48:44	05:30:30	07:09:12	08:20:32	09:56:34.60	09:57:07.80	10:54	5.5
324	KOCZOROWSKA ANNA	206	TEAM ZABIEGANEDNI	RADIÓWEK	POL	K-40	40	K 64	02:01:32	03:48:41	05:30:33	07:09:14	08:20:35	09:56:36.65	09:57:08.30	10:54	5.5
325	TOKARZ ROBERT	477		TARNÓW	POL	M-50	40	M 262	01:49:45	03:32:10	05:11:41	07:02:13	08:18:20	09:57:04.55	09:59:43.90	10:54	5.5
326	KARPIŃSKI RAFAŁ	189		KIELCE	POL	M-40	131	M 263	02:01:03	03:40:25	05:18:12	07:07:09	08:21:53	09:58:15.20	10:00:11.25	10:56	5.5
327	KALISZEWICZ PIOTR	181	MALINY KALINY CHWARSZCZANY	CHWARSZCZANY	POL	M-40	132	M 264	02:05:11	03:57:12	05:35:00	07:16:31	08:26:25	09:58:47.60	10:00:23.30	10:56	5.5
328	KADZIDLŌWSKA ALEKSANDRA	179	EVERRUN	ŁÓDŹ	POL	K-40	41	K 65	02:04:36	03:52:57	05:37:19	07:21:17	08:29:30	09:59:47.85	10:00:24.40	10:57	5.5
329	BEŁCH MICHAŁ	20	DECARUN	WIDACZ	POL	M-30	72	M 265	02:03:37	03:37:52	05:17:36	06:58:45	08:12:46	09:59:19.95	10:00:50.50	10:57	5.5
330	KALISZEWICZ EWA	180		CHWARSZCZANY	POL	K-40	42	K 66	02:18:40	04:14:33	05:43:57	07:17:08	08:26:24	10:00:12.90	10:01:49.65	10:58	5.5
331	BARCIK MACIEJ	15		BIELSKO-BIAŁA	POL	M-40	133	M 266	01:59:20	03:45:33	05:33:54	07:17:22	08:29:54	10:00:52.05	10:01:50.50	10:59	5.5
332	DYR DOROTA	87		GDAŃSK	POL	K-40	43	K 67	01:59:42	04:01:46	05:41:48	07:21:31	08:32:04	10:01:52.85	10:02:13.50	11:00	5.5
333	KUNKEL ANNA	249	PGB SPORTOWA PACZKA	GDAŃSK	POL	K-40	44	K 68	01:59:52	04:01:38	05:41:45	07:21:31	08:32:08	10:01:54.25	10:02:13.65	11:00	5.5
334	DALECKA DOROTA	71		GDYNIA	POL	K-40	45	K 69	01:59:28	04:01:47	05:41:43	07:21:31	08:32:07	10:01:55.45	10:02:14.00	11:00	5.5
335	CZEKAŁSKA MAGDALENA	64	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	K-40	46	K 70	02:00:10	03:46:03	05:30:24	07:16:38	08:29:29	10:01:41.05	10:02:18.85	10:59	5.5
336	WIERZBIŃSKA EDYTA	511	ULTRADZICZKI I ULTRALISZCZKI	PIASECZNO	POL	K-40	47	K 71	02:04:47	03:56:24	05:35:39	07:23:41	08:32:08	10:04:28.40	10:05:47.50	11:03	5.4
337	SZYNKLEWSKI MACIEJ	466	QUAY POZNAŃ	POZNAŃ	POL	M-50	41	M 267	01:31:09	02:00:13	05:28:28	07:11:00	08:28:34	10:06:17.30	10:06:55.05	11:05	5.4
338	TEODOREK MARCELI	474	ORANGE POLSKA	WARSZAWA (BEMOWO)	POL	M-40	134	M 268	02:04:36	03:56:20	05:35:29	07:23:40	08:32:00	10:05:52.20	10:07:20.40	11:04	5.4
339	TREGUB IGOR	482		WROCLAW	POL	M-30	73	M 269	02:05:03	04:06:57	05:48:53	07:28:25	08:40:30	10:06:35.05	10:08:16.10	11:05	5.4
340	MELNYK IVAN	299	KUKURUDZA	OLOMOUK	UKR	M-30	74	M 270	02:05:17	04:07:23	05:48:54	07:28:45	08:40:32	10:06:36.10	10:08:16.60	11:05	5.4
341	WALCZAK AGNIESZKA	496	PKO BP SA	BOLESŁAW	POL	K-40	48	K 72	01:55:55	03:41:53	05:33:55	07:19:16	08:34:50	10:09:55.15	10:10:02.65	11:09	5.4
342	KANIA MACIEJ	184		WARSZAWA	POL	M-40	135	M 271	01:47:00	03:31:07	05:23:44	07:09:31	08:23:16	10:04:44.30	10:10:47.20	11:09	5.4
343	BARCZAK KATARZYNA	17	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	49	K 73	02:03:12	03:54:08	05:38:07	07:24:30	08:35:08	10:11:16.00	10:11:41.90	11:10	5.4
344	BUJAK ŁUKASZ	45	#BIEGAMBOMAMŻONE	WROCLAW	POL	M-30	75	M 272	02:04:49	03:46:44	05:25:24	07:08:27	08:28:39	10:10:38.40	10:12:21.80	11:09	5.4
345	TEKLIŃSKI DAWID	473	WTORKOWY TRENING	GRUDZIĄDZ	POL	M-30	76	M 273	01:53:45	03:31:48	05:20:29	07:02:25	08:25:58	10:12:32.30	10:12:47.45	11:11	5.4
346	TYŃSKA - SITEK ALEKSANDRA	489	DROGA DO ULTRA	ŁÓDŹ	POL	K-40	50	K 74	02:07:00	03:57:12	05:37:09	07:20:35	08:34:08	10:11:56.25	10:13:14.65	11:11	5.4
347	GUZIK DANIEL	137		GRABOWA	POL	M-40	136	M 274	02:00:13	03:57:00	05:40:10	07:28:31	08:44:08	10:12:27.55	10:13:20.30	11:11	5.4
348	SKRZYPIŃSKI ARKADIUSZ	425	PSI PATROL	LESZNO	POL	M-40	137	M 275	02:00:14	03:47:25	05:25:57	07:19:32	08:37:07	10:12:43.70	10:13:41.75	11:12	5.4
349	PIDANTY GRZEGORZ	361	ZHR STRZEGOM	STRZEGOM	POL	M-40	138	M 276	02:02:19	03:53:30	05:40:45	07:24:11	08:36:59	10:12:22.80	10:13:43.50	11:11	5.4
350	GUZEK MARIUSZ	135	LOSBIEGANEROSKUTN O	KUTNO	POL	M-40	139	M 277	01:52:01	03:35:13	05:25:38	07:14:39	08:31:07	10:13:33.45	10:14:02.95	11:12	5.3
351	ZIELIŃSKI ADAM	548	DROGA DO ULTRA / EVERRUN	ŁÓDŹ	POL	M-40	140	M 278	01:56:14	03:44:18	05:23:39	07:16:00	08:33:46	10:13:03.90	10:14:32.40	11:12	5.4
352	DIUWE MARZENA	77	PASTERKA PANY	PASTERKA	POL	K-30	16	K 75	02:02:46	03:47:02	05:34:03	07:18:43	08:34:58	10:14:40.60	10:14:52.70	11:14	5.3
353	BUDZIŃSKI KRZYSZTOF	44	STOWARZYSZENIE SPORTOWE FENIKS	OPOLE	POL	M-50	42	M 279	02:01:02	03:45:49	05:30:01	07:18:32	08:31:50	10:14:31.20	10:16:04.40	11:14	5.3
354	BALCERZAK KRYSIA	10	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	51	K 76	02:22:23	04:15:49	05:57:04	07:29:30	08:40:51	10:16:40.25	10:18:08.75	11:16	5.3
355	SIWEK GRZEGORZ	420	LANRUNS	LANCKORONA	POL	M-40	141	M 280	01:57:17	03:42:42	05:20:59	07:16:51	08:33:10	10:15:53.85	10:18:22.05	11:15	5.3
356	KULAK PAWEŁ	244		PRUSZKÓW	POL	M-40	142	M 281	02:02:48	03:54:56	05:41:10	07:26:25	08:39:38	10:19:43.05	10:20:00.65	11:19	5.3
357	WICHEREK MACIEJ	509	ITMBW	KRAKÓW	POL	M-50	43	M 282	02:00:01	04:08:02	05:43:00	07:39:41	09:01:00	10:19:37.65	10:20:41.30	11:19	5.3
358	KRAWIECZ TOMASZ	232	IZERSKI NIEDŹWIEDŹ FESTIVAL INDUSTRIAL	SZKLARSKA PORĘBA	POL	M-40	143	M 283	02:05:01	03:56:56	05:44:43	07:27:15	08:44:49	10:22:44.20	10:23:56.20	11:23	5.3

## SGS ULTRA 54KM, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
359	MALENCZYK JACEK	284		PYSKOWICE	POL	M-40	144	M 284	02:01:18	03:54:12	05:41:07	07:24:23	08:43:06	10:22:14.75	10:24:06.50	11:22	5.3
360	LEWANDOWSKI ARTUR	556	***** ***	WŁOCŁAWEK	POL	M-50	44	M 285	02:01:38	03:46:20	05:37:09	07:22:33	08:49:33	10:23:04.55	10:24:15.70	11:23	5.3
361	DUBOVIY PAVLO	84	ENDURANCE SCHOOL	GDAŃSK	POL	M-40	145	M 286	02:01:26	03:40:47	05:22:25	07:13:41	08:38:02	10:24:56.05	10:25:37.25	11:25	5.3
362	DUTKOWIAK ALEKSANDRA	86	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	52	K 77	02:06:02	03:13:06	05:39:49	07:26:53	08:41:25	10:25:47.95	10:25:47.95	11:26	5.2
363	FELKEL EWA	94	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	53	K 78	02:05:16	04:00:46	05:39:02	07:26:42	08:40:58	10:25:20.85	10:25:48.70	11:25	5.2
364	CZERNAK AGNIESZKA	65	PIĄTKOWO NA BIEGOWO - POZNAŃ	POZNAŃ	POL	K-40	54	K 79	02:05:40	04:00:39	05:39:24	07:26:29	08:41:05	10:25:24.05	10:25:48.95	11:25	5.2
365	NALEWAJKO JACEK	321	#BIEGAJLESZNO	LESZNO	POL	M-40	146	M 287	01:57:57	03:39:28	05:24:17	07:17:30	08:41:40	10:26:08.85	10:26:43.00	11:26	5.2
366	KOWALSKI KRZYSZTOF	225	STS BIEGATON	MIKOŁÓW	POL	M-40	147	M 288	02:04:51	03:59:10	05:42:40	07:28:34	08:43:38	10:26:44.85	10:26:59.80	11:27	5.2
367	MACEK MARCIN	276	DOGOŃ GRODZISK MAZOWIECKI	KSIAŻENICE	POL	M-40	148	M 289	02:00:30	03:43:24	05:25:23	07:14:57	08:35:55	10:26:55.70	10:27:07.15	11:27	5.2
368	JAGIEŁŁO KONRAD	153	RAN TEAM MILEJÓW	MILEJÓW	POL	M-40	149	M 290	01:40:39	03:07:04	05:40:34	07:30:35	08:48:41	10:28:39.85	10:29:21.40	11:29	5.2
369	WINIECKA EWA	518	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K-40	55	K 80	02:05:22	03:51:55	05:35:59	07:20:51	08:42:41	10:28:47.10	10:29:27.90	11:29	5.2
370	DOJS ALEKSANDRA	78	NIGHT RUNNERS	POZNAŃ	POL	K-40	56	K 81	02:21:59	04:09:05	05:48:30	07:38:12	08:53:40	10:31:01.60	10:31:53.80	11:32	5.2
371	LEŚNIEWSKI SŁAWOMIR	261	PARKRUN SŁODOWO, WŁOCŁAWEK	WŁOCŁAWEK	POL	M-50	45	M 291	01:55:21	03:41:19	05:31:09	07:24:15	08:52:14	10:32:11.10	10:32:39.25	11:33	5.2
372	SZATKOWSKA KASIA	457	DOGOŃ GRODZISK MAZOWIECKI	CHYLICE	POL	K-40	57	K 82	02:04:36	04:00:15	05:48:07	07:36:29	08:51:50	10:32:32.00	10:32:51.10	11:33	5.2
373	WOJNO MAŁGORZATA	528	DROGA DO ULTRA	ŁÓDŹ	POL	K-30	17	K 83	02:10:07	04:01:32	05:50:04	07:32:29	08:46:54	10:32:06.35	10:33:30.10	11:33	5.2
374	FRANKIEWICZ JAKUB	98		KRAKÓW	POL	M-40	150	M 292	02:00:16	03:42:57	05:22:23	07:32:49	08:52:39	10:32:45.15	10:33:31.55	11:34	5.2
375	Haida MARCIN	139		ŚWIĘTOCHŁOWICE	POL	M-40	151	M 293	01:59:18	03:38:41	05:26:40	07:19:13	08:40:28	10:32:16.90	10:33:57.45	11:33	5.2
376	GONCIARZ ANDRZEJ	118		LGOTA	POL	M-60	11	M 294	01:57:56	03:38:45	05:24:59	07:35:54	08:54:27	10:32:56.20	10:34:28.70	11:34	5.2
377	PAŃEK AGATA	351	GRUPA JURA.PL	ZAWIERCIE	POL	K-40	58	K 84	02:10:49	03:56:51	05:41:16	07:34:29	08:54:53	10:34:08.80	10:35:08.40	11:35	5.2
378	SOCHACKI MARIUSZ	432	GRUPA JURA.PL MUROWANA GORZÓW	LGOTA	POL	M-40	152	M 295	02:10:52	03:56:53	05:41:42	07:34:32	08:54:55	10:34:09.70	10:35:08.60	11:35	5.2
379	JUSZCZAK MICHAŁ	171	WRODZINIEŚIŁA GORZÓW WIELKOPOLSKI	GORZÓW	POL	M-30	77	M 296	02:07:08	04:09:01	05:47:54	07:37:14	08:53:45	10:35:20.20	10:35:23.10	11:36	5.2
380	JUSZCZAK NATALIA	172	WRODZINIEŚIŁA GORZÓW WIELKOPOLSKI	GORZÓW	POL	K-40	59	K 85	02:09:56	04:08:59	05:47:49	07:36:54	08:53:33	10:35:20.00	10:35:23.50	11:36	5.2
381	MIGDAŁ ADRIAN	306		KŁAJ	POL	M-40	153	M 297	02:05:36	03:56:04	05:46:32	07:32:46	08:52:36	10:36:16.65	10:37:05.00	11:37	5.2
382	JAMRÓŻ MARIOLA	158		KIELCE	POL	K-50	7	K 86	02:09:20	03:58:59	05:48:10	07:36:02	08:51:47	10:37:03.40	10:37:26.15	11:38	5.2
383	SUCHENIA DANIEL	445	KAT CROSS	WAŁBRZYCH	POL	M-50	46	M 298	02:03:36	03:48:15	05:35:30	07:29:21	08:51:42	10:36:24.80	10:37:26.70	11:38	5.2
384	GOLEK SEWERYN GOLEK	115		LONDON	GBR	M-40	154	M 299	01:53:31	03:34:16	05:20:20	07:13:01	08:43:37	10:38:59.50	10:40:57.55	11:40	5.1
385	ŚWIERCZEWSKI KRZYSZTOF	470	BIEGOWA KUŹNIA	SOSNOWIEC	POL	M-40	155	M 300	02:00:41	03:52:26	05:40:02	07:35:52	08:58:57	10:43:03.25	10:43:17.85	11:45	5.1
386	MIREK WALDEMAR	312	KUŹNIA RACIBORSKA	KUŹNIA	POL	M-60	12	M 301	02:04:39	03:52:41	05:41:45	07:29:13	08:54:57	10:42:33.60	10:43:19.10	11:44	5.1
387	MODERSKI MATEUSZ	313		LEGNICA	POL	M-40	156	M 302	02:02:43	03:54:15	05:37:48	07:28:23	08:55:12	10:42:03.95	10:43:19.40	11:44	5.1
388	PUCHAŁA MARIUSZ	386	NAPRZÓD MŁOCINY	WARSZAWA	POL	M-40	157	M 303	02:03:02	03:57:58	05:50:19	07:48:34	09:04:53	10:44:03.55	10:44:56.50	11:46	5.1
389	SZABLA MAGDALENA	454		GRABOWA	POL	K-40	60	K 87	02:11:19	04:03:26	05:49:02	07:48:16	09:08:33	10:49:52.25	10:50:36.80	11:52	5.1
390	MĘTLAK MAŁGORZATA	301		ZAWIERCIE	POL	K-20	3	K 88	02:11:20	04:03:24	05:49:01	07:48:21	09:08:32	10:49:53.05	10:50:39.05	11:52	5.1
391	SZABLA MARCIN	455	SAINT GOBAIN SQUAD	GRABOWA	POL	M-40	158	M 304	02:11:05	04:03:24	05:47:43	07:48:33	09:09:30	10:49:50.35	10:50:39.20	11:52	5.1
392	OKULICZ ANITA	338	MUD FOXES	BYDGOSZCZ	POL	K-30	18	K 89	02:42:20	04:31:29	06:07:39	07:53:51	09:08:56	10:50:46.70	10:51:07.50	11:53	5
393	KNUROWSKI MARCIN	204		PRZEMOŚCIE	POL	M-50	47	M 305	01:45:52	02:04:54	05:48:55	07:49:42	09:12:41	10:51:41.20	10:53:26.60	11:54	5
394	IGRAS MIECZYŚLAW	146	RUNNERSTEAMNYSYA	NYSYA	POL	M-60	13	M 306	02:05:07	03:53:51	05:38:19	07:31:47	09:03:48	10:55:12.20	10:55:45.25	11:58	5
395	SERAFIN ROBERT	411		RADKÓW	POL	M-50	48	M 307	01:54:15	03:42:44	05:46:19	07:37:43	09:03:44	10:56:42.30	10:57:21.10	12:00	5
396	WARA-WAŚOWSKI MACIEJ	500	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-50	49	M 308	02:04:37	04:00:20	05:56:38	07:55:07	09:17:03	10:57:01.90	10:57:46.15	12:00	5
LIM	GÓRNIK JAROSŁAW	123	JARBUD	POGÓRZE	POL	M-40	LIM	LIM	02:19:15	04:15:20	06:05:54	07:53:28	09:16:45	11:01:35.10	11:02:48.40	0:00	5
LIM	JAGODZIŃSKA PAULINA	154	ZABIEGANI MIELEC	MIELEC	POL	K-40	LIM	LIM	02:16:55	04:16:09	06:01:34	07:56:47	09:16:33	11:03:30.25	11:04:46.65	0:00	4.9
LIM	SULIGA WIOLETTA	446	AUGUSTEAM	SOSNOWIEC	POL	K-40	LIM	LIM	02:22:08	04:21:25	06:08:13	07:57:56	09:17:23	11:03:57.45	11:04:46.80	0:00	4.9
LIM	NIEWIADOMSKI MAREK	329		KRAPKOWICE	POL	M-30	LIM	LIM	02:10:56	04:13:18	06:03:16	07:59:57	09:24:51	11:04:23.55	11:05:54.70	0:00	4.9
LIM	KLIMOWSKI DANIEL	199	FANTASTIC TEAM	PIERŚCIEC	POL	M-40	LIM	LIM	02:03:01	03:55:45	05:52:32	07:56:51	09:26:44	11:19:43.25	11:20:19.20	0:00	4.8
LIM	MICHNIEWSKI PIOTR	303	GIT EKIPA!	ZAWIERCIE	POL	M-30	LIM	LIM	02:05:11	03:56:52	05:53:37	07:58:13	09:36:26	11:20:13.20	11:21:16.95	0:00	4.8
LIM	KOTLIĆKA BEATA	219	FUDU	BUJNY	POL	K-40	LIM	LIM	02:25:38	04:29:42	06:15:06	08:14:47	09:37:24	11:28:50.20	11:29:29.50	0:00	4.8

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
LIM	BEŁDOWSKA BEATA	21	FUDU& CO.SPORT.TEAM	PIOTRKÓW TRYBUNALSKI	POL	K-50	LIM	LIM	02:25:40	04:29:47	06:15:34	08:15:23	09:37:24	11:31:21.10	11:31:59.00	0:00	4.7
LIM	TWARDZIK WOJCIECH	486	FANTASTIC TEAM	ISTEBNA 686/9	POL	M-30	LIM	LIM	02:02:56	03:55:48	05:52:43	07:53:55	09:22:45	11:40:10.75	11:40:44.35	0:00	4.7
	SIŁAKOWSKI ARIEL	418	WTORKOWY TRENING	TORUŃ	POL	M-30			01:37:30	02:16:52	06:12:46	08:16:51	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOŁEK ROBERT	116	FORZA ŁĘKAWICA	ŁĘKAWICA	POL	M-40			01:30:48	02:45:29	04:06:19	05:28:01	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BORKOWSKI KRZYSZTOF	35		WROCŁAW	POL	M-50			01:40:36	03:05:38	04:43:52	06:36:21	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RAKOCZY KRZYSZTOF	390		BOCHNIA	POL	M-30			01:50:54	03:18:09	04:53:47	06:44:50	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GRADKOWSKA MAŁGORZATA	128		BRWINÓW	POL	K-40			02:33:48	04:20:51	05:56:08	07:26:48	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KARASEK GRZEGORZ	187		NIEGOWONICE	POL	M-40			02:11:14	04:01:55	05:52:57	07:48:25	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KARASEK MAGDALENA	186		NIEGOWONICE	POL	K-40			02:11:42	04:03:29	05:49:04	07:48:30	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZPAŁA JAKUB	461	BUTTONS TEAM	ŻAGAŃ	POL	M-20			01:57:12	03:49:59	05:54:55	07:56:01	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	COLAUTTI ENRICO	61	BAD ORGANIZER TEAM	WARSZAWA	POL	M-50			02:03:35	03:52:53	DNF	08:02:07	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIŁKOWSKI MARCIN	310		SOCHACZEW	POL	M-40			02:34:49	04:35:38	DNF	08:02:44	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FRIEZE KRZYSZTOF	100	ORANGE POLSKA	ŁÓDŹ	POL	M-40			02:22:53	04:24:17	06:23:09	08:08:08	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FRIEZE TATIANA	99	ULTRALANSIARA	ŁÓDŹ	POL	K-40			02:23:04	04:24:29	06:23:06	08:09:29	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH MAŁGORZATA	363		PRZEWORSK	POL	K-60			02:22:29	04:23:43	06:21:03	08:16:06	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WILK MACIEJ	516	RAMBO 3	BYTOM	POL	M-40			01:10:22	02:04:51	03:04:37	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KITA MICHAŁ	197	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M-40			01:22:34	01:49:46	03:56:32	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK PATRYK	494		KONIN	POL	M-30			01:24:24	02:38:54	03:57:57	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DĄBROWSKI MICHAŁ	75	CINCLUS	ŚWIĘTOCHŁOWICE	POL	M-50			01:39:10	03:10:29	04:50:02	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GRZYMSKI JERZY	133	SG	LIPNIK	POL	M-50			01:52:31	03:35:02	05:20:34	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PAŁCZYŃSKI PAWEŁ	349		GRZĘDZICE	POL	M-40			01:40:52	03:21:07	05:21:22	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH KAROLINA	362		KRAKÓW	POL	K-30			01:48:39	03:30:08	05:41:13	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI PAWEŁ	183		MUROWANIEC	POL	M-50			02:00:57	03:50:10	05:43:57	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BARAŃSKI PIOTR	14		JÓZEFOSŁAW	POL	M-40			01:55:40	02:13:07	05:45:10	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GÓRSKI MARCIN	124		WARSZAWA	POL	M-40			02:03:18	03:57:15	05:47:24	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRYSIAK ŁUKASZ	237	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40			02:05:20	03:59:20	05:54:44	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZCINA AGATA	483		ŚWIDNICA	POL	K-40			02:13:34	04:07:05	05:57:25	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PRZESPOLEWSKI RAFAŁ	381	LUDZIE Z WIOCHY	STUDZIENIEC	POL	M-40			02:18:08	04:14:42	05:59:00	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARCIN	333	SZAKALE BAŁUT	ŁÓDŹ	POL	M-40			02:09:23	04:15:23	05:59:58	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
	POPEK MACIEJ	374	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M-40			02:12:05 DNF	04:06:11 DNF	06:02:47 DNF	DNF	DNF	DNF	DNF	-	-
	SIKORA MICHAŁ	415	PASTERKA PANY	PUŁAWY	POL	M-40			02:04:13 DNF	04:03:18 DNF	06:10:28 DNF	DNF	DNF	DNF	DNF	-	-
	KÜCHLER PAWEŁ	242	JARBUD	GDYNIA	POL	M-20			02:18:59 DNF	04:15:03 DNF	06:16:24 DNF	DNF	DNF	DNF	DNF	-	-
	HOFFMANN GRZEGORZ	143	KOŚCIAN TEAM	CZEMPIŃ	POL	M-40			01:55:47 DNF	02:11:25 DNF	06:20:08 DNF	DNF	DNF	DNF	DNF	-	-
	PRZEWŁOKA WOJCIECH	382	SAINT GOBAIN SQUAD	KOLBARK	POL	M-40			02:02:15 DNF	03:54:57 DNF	06:21:52 DNF	DNF	DNF	DNF	DNF	-	-
	BIAŁECKA SYLWIA	24	EVERRUN	ŁÓDŹ	POL	K-40			02:25:21 DNF	04:29:15 DNF	06:24:00 DNF	DNF	DNF	DNF	DNF	-	-
	JABŁOŃSKI ARTUR	557	DREAM RUN / NATIONALE-NEDERLANDEN	WARSZAWA	POL	M-40			01:11:27 DNF	02:14:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LEWICKA BOŻENA	262	GONIMY	KĘTY	POL	K-60			02:32:08 DNF	03:10:13 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZDEBSKI DAMIAN	547		BRZEG	POL	M-20			01:43:31 DNF	03:23:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PARANDYK KRYSZTIAN	355	MCBIEGACZE	STARA WIEŚ	POL	M-30			02:02:48 DNF	03:58:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUMELA MICHAŁ	247		ŻÓŁWIN	POL	M-40			02:16:35 DNF	04:20:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SIEKIERSKI TOMASZ	413	PRONATURA BYDGOSZCZ	SOLEC KUJAWSKI	POL	M-40			02:25:02 DNF	04:24:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WYSZKOWSKA MARZENA	539		TYCHY	POL	K-30			02:27:45 DNF	04:25:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WAŁEK PIOTR	498	VELO ŁOSIE NA SZOSIE	WARSZAWA	POL	M-50			02:12:07 DNF	04:27:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ROMANOWICZ KATARZYNA	399	PODKOWA BIEGA	BRWINÓW	POL	K-40			02:33:46 DNF	04:33:42 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRUSZKA STANISŁAW	235		WŁOCŁAWEK	POL	M-40			02:23:30 DNF	04:35:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DONAJ ADAM	82		KOŚCIAN	POL	M-40			02:29:23 DNF	04:36:51 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	542	DRUŻYNA SZPIKU	CZŁUCHÓW	POL	M-40			02:29:10 DNF	04:38:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WEBER AGATA	506	VELO ŁOSIE NA SZOSIE	WARSZAWA (WESOŁA)	POL	K-40			02:40:03 DNF	04:43:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KADECKI MAREK	177		KARGOSZYN	POL	M-40			02:39:59 DNF	04:43:36 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MASTALERSKI DARIUSZ	293		GRODZISK MAZOWIECKI	POL	M-40			02:38:01 DNF	04:47:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ORACKA AGNIESZKA	341	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	GRODZISK MAZOWIECKI	POL	K-40			02:38:11 DNF	04:47:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKA BEATA	278	BYLEDOPRZODUQ	KONIN	POL	K-30			02:37:03 DNF	04:48:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUJAWIŃSKI KRZYSZTOF	243		KALISZ	POL	M-40			02:34:55 DNF	04:51:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KMERA RAFAŁ	202	BIG YELLOW FOOT	GDAŃSK	POL	M-40			02:43:26 DNF	04:51:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	543	BEZULTRADZIKI/WKUR W_TEAM	POZNAŃ	POL	M-40			02:37:45 DNF	04:52:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PAŁASZYŃSKA BEATA	348	MUD FOXES	BYDGOSZCZ	POL	K-30			02:44:30 DNF	04:54:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
	SAJDUDA ADAM	408		WROCLAW	POL	M-20			01:28:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GŁUSZCZAK JERZY	111		ŁÓDŹ	POL	M-60			02:29:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, OPEN KOBIEC**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	307	SALMING CZ	NOVÁ PAKA	CZE	K-30	1	K 1	01:25:42	02:36:31	03:47:23	04:51:02	05:37:26	06:41:52.35	06:41:53.60	7:20	8.2
2	KOŁECKA PATRYCJA	209	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	1	K 2	01:34:36	02:50:11	04:03:23	05:18:17	06:10:17	07:17:42.30	07:17:47.65	8:00	7.5
3	ŁAMPIKA KINGA	272	NIGHT RUNNERS WROCLAW	SMOLEC	POL	K-40	2	K 3	01:38:55	02:57:00	04:13:10	05:22:14	06:12:44	07:22:42.80	07:22:50.60	8:05	7.4
4	KRYM KATARZYNA	236	HERCOG RUNNING TEAM	SMOLEC	POL	K-40	3	K 4	01:39:22	02:57:41	04:13:56	05:22:57	06:14:07	07:22:50.20	07:22:57.40	8:05	7.4
5	WOŹNIAK MARIA	534	SKAWINA BIEGA	SKAWINA	POL	K-30	2	K 5	01:35:30	02:50:52	04:08:35	05:22:21	06:14:09	07:28:52.75	07:28:57.20	8:12	7.3
6	GRABOŚ NINA	127		WARSZAWA	POL	K-40	4	K 6	01:38:10	02:58:34	04:17:55	05:33:16	06:26:15	07:34:10.35	07:34:34.10	8:18	7.2
7	GUZERA JUSTYNA	136	MATNER RUNNING TEAM	WROCLAW	POL	K-30	3	K 7	01:39:17	03:01:30	04:21:15	05:36:03	06:29:17	07:45:09.35	07:45:16.35	8:30	7.1
8	KOŚCIELNIAK WIOLETTA	218	RUNNERS TEAM NYSA	NYSA	POL	K-40	5	K 8	01:36:44	02:52:17	04:12:13	05:25:31	06:22:48	07:46:21.40	07:46:44.50	8:31	7
9	HAKKE GOSIA	140	BIEGAMDŁAZDROWIA. PL	JELEŃ GÓRA	POL	K-40	6	K 9	01:47:24	03:08:06	04:28:33	05:41:52	06:34:52	07:45:30.10	07:47:02.50	8:30	7.1
10	AUGUSTYŃIAK MAŁGORZATA	5		ŁÓDŹ	POL	K-40	7	K 10	01:39:00	03:00:34	04:18:49	05:37:09	06:31:15	07:47:21.20	07:47:30.20	8:32	7
11	ORTYL MAGDALENA	342	ZABIEGANI MIELEC	MIELEC	POL	K-30	4	K 11	01:47:05	03:09:25	04:28:49	05:46:31	06:42:08	07:53:52.10	07:55:01.55	8:39	6.9
12	GRUMBANIN PAULINA	130	LOGWIN	PRUSZKÓW	POL	K-40	8	K 12	01:37:15	03:00:22	04:24:34	05:47:48	06:44:58	07:58:48.75	07:58:55.15	8:45	6.9
13	KANIEWSKA AGNIESZKA	185	DRUŻYNA SZPIKU	POZNAŃ	POL	K-40	9	K 13	01:47:21	03:12:45	04:33:35	05:53:17	06:50:32	08:03:46.85	08:03:51.40	8:50	6.8
14	CHRAPLEWSKA KAROLINA	56		POZNAŃ	POL	K-40	10	K 14	01:49:50	03:16:24	04:42:46	05:59:54	06:54:52	08:08:40.45	08:08:49.45	8:56	6.7
15	WARZECHA TERESA	501	RUNNERS TEAM NYSA	PACZKÓW	POL	K-60	1	K 15	01:44:24	03:12:57	04:36:19	06:00:14	06:57:42	08:13:34.95	08:13:56.20	9:01	6.6
16	SZYMAŃSKA AGATA	464		GDAŃSK	POL	K-30	5	K 16	01:47:24	03:12:13	04:34:18	06:01:08	06:57:33	08:13:20.70	08:13:59.70	9:01	6.7
17	SOBCZAK ALEKSANDRA	429		WARSZAWA	POL	K-30	6	K 17	01:37:44	02:59:36	04:24:35	05:54:20	06:56:02	08:17:18.85	08:17:26.40	9:05	6.6
18	GŁOWACKA EDYTA	108	#SOBASTEAM	WILKSZYN	POL	K-40	11	K 18	01:45:43	03:16:45	04:43:41	06:05:16	07:00:01	08:18:16.75	08:18:28.65	9:06	6.6
19	POTAŚ AGNIESZKA	378	BIEGOWA KUŹNIA	KOMPRACHCICE	POL	K-30	7	K 19	01:46:55	03:14:09	04:38:51	06:06:57	07:04:26	08:20:11.60	08:20:31.95	9:08	6.6
20	STRAUCHOLD ANNA	442	NOA	KAMIENIEC WROCLAWSKI	POL	K-50	1	K 20	01:45:15	03:13:36	04:43:32	06:08:58	07:09:25	08:30:20.65	08:30:37.30	9:19	6.4
21	RYCHEL-MANTUR DOMINIKA	404		KATOWICE	POL	K-30	8	K 21	01:49:56	03:25:34	04:49:57	06:16:30	07:13:04	08:33:17.30	08:34:43.85	9:23	6.4
22	KUBIAK KAROLINA	241		WEJHEROWO	POL	K-40	12	K 22	01:51:48	03:21:12	04:56:52	06:18:35	07:21:40	08:35:49.40	08:36:03.20	9:25	6.4
23	WOJTKOWIAK RENATA	530	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	13	K 23	01:54:18	03:30:17	05:01:14	06:27:41	07:26:03	08:43:22.90	08:43:44.50	9:34	6.3
24	KOWALSKA JUSTYNA	223	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	K-40	14	K 24	01:55:01	03:31:24	05:00:54	06:28:51	07:25:35	08:44:06.00	08:45:26.70	9:34	6.3
25	WIZA ANNA	522		SWARZĘDZ	POL	K-40	15	K 25	01:55:51	03:33:35	05:01:03	06:30:33	07:29:10	08:45:44.20	08:46:15.55	9:36	6.2
26	FLORCZAK SYLWIA	96	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	16	K 26	01:54:41	03:28:47	04:56:34	06:26:01	07:25:39	08:45:37.65	08:46:24.60	9:36	6.2
27	KLUZ ANNA	200	FANTASTIC TEAM	USTROŃ	POL	K-40	17	K 27	02:01:57	03:39:03	05:14:14	06:36:16	07:31:16	08:46:57.80	08:47:30.45	9:38	6.2
28	HREK MARTA	145		KYIV	UKR	K-40	18	K 28	01:46:39	03:22:24	04:54:55	06:25:58	07:27:38	08:50:21.70	08:50:32.85	9:41	6.2
29	JASTRZĄBEK AGNIESZKA	167		ŁÓDŹ	POL	K-30	9	K 29	01:59:13	03:31:08	05:00:53	06:33:30	07:32:30	08:51:37.75	08:52:13.70	9:43	6.2
30	ŁOWICKA MAJA	274	AKTYWNI RAZEM	KOZIEGŁOWY	POL	K-20	1	K 30	01:51:47	03:28:02	05:00:02	06:28:53	07:32:30	08:56:06.80	08:56:36.20	9:48	6.1
31	FARION MARZENA	93		STRZEGOM	POL	K-40	19	K 31	01:46:48	03:19:19	04:54:55	06:26:19	07:29:12	08:56:53.35	08:57:27.20	9:48	6.1
32	KRZYŻIŃSKA SYLWIA	240	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZ	POL	K-40	20	K 32	01:59:20	03:10:40	05:04:20	06:32:20	07:35:18	08:59:15.30	08:59:33.30	9:51	6.1
33	SKRĘTEK MONIKA	422	BIEGAMDŁAZDROWIA. PL	JELEŃ GÓRA	POL	K-50	2	K 33	02:00:32	03:40:29	05:09:56	06:43:04	07:44:22	09:05:05.25	09:06:46.50	9:57	6
34	OLEKSZYK JOANNA	339	DECARUN	SZYSZKÓW	POL	K-30	10	K 34	02:03:33	03:37:48	05:11:01	06:37:26	07:42:42	09:05:43.50	09:07:13.60	9:58	6
35	MOLIŃSKA MARLENA	314		WROCLAW	POL	K-50	3	K 35	01:57:38	03:32:22	05:02:51	06:32:20	07:35:39	09:05:16.80	09:07:14.20	9:58	6
36	LENART JOANNA	260	ZADYSZKA OŚWIĘCIM	CHEŁMEK	POL	K-50	4	K 36	01:59:47	03:34:51	05:09:30	06:38:16	07:38:09	09:07:20.75	09:07:46.30	10:00	6
37	ŻYGLIO MONIKA	552	CH10	CHOSZCZNO	POL	K-40	21	K 37	02:03:10	03:42:02	05:13:13	06:42:19	07:46:18	09:08:23.70	09:09:54.70	10:01	6
38	MARKOWSKA EWA	291	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	22	K 38	01:58:53	03:29:32	05:00:34	06:35:45	07:43:31	09:13:54.40	09:14:33.90	10:07	5.9



## SGS ULTRA 54KM, OPEN KOBIEC c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
39	JARUZEL EWA	162	SZWLASTARGARD	STARGARD	POL	K-40	23	K 39	01:48:15	03:46:44	05:21:52	06:53:15	07:54:42	09:17:16.00	09:17:20.20	10:11	5.9
40	KUSZTELSKA LUCYNA	253	WLKP MOUNTAINS ULTRA	MOSINA	POL	K-40	24	K 40	01:54:03	03:35:05	05:06:52	06:44:46	07:49:03	09:22:53.80	09:23:45.10	10:17	5.8
41	TOMASZEWSKA EWA	479		OPOLE	POL	K-40	25	K 41	02:01:21	03:47:34	05:21:31	06:55:34	08:04:38	09:27:46.35	09:28:04.60	10:22	5.8
42	CZURYŃSKA WIOŁKA	69	TRENUJĘ Z WIOŁKĄ	GDYNIA	POL	K-40	26	K 42	01:50:42	03:32:25	05:11:03	06:51:45	08:00:46	09:27:59.65	09:29:27.25	10:23	5.8
43	SIKORSKA AGNIESZKA	416		POGÓRZE	POL	K-40	27	K 43	01:59:19	03:35:17	05:09:25	06:43:48	07:55:56	09:31:59.30	09:33:12.65	10:27	5.7
44	KOZDRŃÓJ WIOLETTA	227	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K-40	28	K 44	02:00:25	03:43:24	05:24:15	07:02:24	08:05:49	09:33:26.40	09:33:36.50	10:28	5.7
45	POPPEK DOROTA	375	FANTASTIC TEAM	USTROŃ	POL	K-40	29	K 45	02:02:01	03:39:03	05:17:18	06:53:36	08:01:56	09:35:34.95	09:36:08.40	10:31	5.7
46	TOCZEWSKA ANNA	476	KS STASZEWSKY	WARSZAWA	POL	K-50	5	K 46	02:02:35	03:45:06	05:25:45	07:05:53	08:14:05	09:36:12.40	09:36:38.90	10:32	5.7
47	RUDOL MAGDALENA	555	PRONATURA	PRĄDOCIN	POL	K-40	30	K 47	01:59:36	03:43:14	05:16:54	06:54:42	07:59:43	09:37:26.70	09:38:44.00	10:33	5.7
48	PODEMSKA-REJDYCH DOMINIKA	370	AC PAJACE	TYCHY	POL	K-30	11	K 48	02:01:20	03:40:22	05:12:19	06:52:25	08:02:53	09:37:54.20	09:38:45.80	10:33	5.7
49	JÓZEFczyk JUSTYNA	170		POZNAŃ	POL	K-40	31	K 49	02:05:31	04:00:40	05:39:01	07:16:05	08:17:10	09:39:16.85	09:39:45.20	10:35	5.7
50	PAUL VIOLETTA	357	BP RUNNING TEAM GLIWICE	GLIWICE	POL	K-40	32	K 50	01:58:51	03:40:38	05:16:24	06:56:09	08:05:20	09:41:21.10	09:41:51.95	10:37	5.6
51	KROPIAK KATARZYNA	233	VEGE RUNNERS	WARSZAWA	POL	K-30	12	K 51	02:02:52	03:41:36	05:23:47	07:04:54	08:14:34	09:42:59.50	09:43:11.90	10:39	5.6
52	JAGIEŁŁO JOANNA	152	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	33	K 52	01:55:00	03:40:12	05:20:35	07:05:49	08:16:15	09:43:44.55	09:44:08.70	10:40	5.6
53	IZDEBSKA ANNA	148		DĄBROWA GÓRNICZA	POL	K-20	2	K 53	02:10:28	03:59:53	05:42:38	07:08:13	08:13:43	09:42:57.65	09:44:12.90	10:39	5.6
54	PRUCHNIEWSKA AGNIESZKA	380		ROKIETNICA	POL	K-40	34	K 54	01:55:09	03:37:32	05:26:00	07:08:06	08:16:04	09:44:12.15	09:44:35.55	10:40	5.6
55	STANKIEWICZ ANNA	437	DOGOŃ GRODZISK MAZOWIECKI	CZARNY LAS	POL	K-30	13	K 55	01:55:48	03:41:17	05:17:57	06:51:03	08:06:22	09:44:13.25	09:44:51.15	10:40	5.6
56	SERAFIN EWELINA	412		RADKÓW	POL	K-40	35	K 56	01:51:34	03:12:51	05:02:42	06:47:34	08:09:19	09:48:58.40	09:49:36.50	10:46	5.6
57	FAJNAS KATARZYNA	92	DOGOŃ GRODZISK MAZOWIECKI / DANFOSS	MUSUŁY	POL	K-40	36	K 57	01:57:00	03:38:45	05:24:12	07:02:42	08:11:38	09:50:20.05	09:50:31.35	10:47	5.6
58	WOJCIESZAK KLAUDIA	526	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K-40	37	K 58	01:53:53	03:35:44	05:13:59	06:58:07	08:11:36	09:50:18.30	09:50:32.10	10:47	5.6
59	NIEZNAJ BEATA	330	ZABIEGANI MIELEC	MIELEC	POL	K-30	14	K 59	02:03:53	03:51:17	05:33:04	07:08:15	08:18:33	09:49:43.90	09:50:50.10	10:46	5.6
60	KOPYCZYŃSKA ALEKSANDRA	213		ZIELECICE	POL	K-40	38	K 60	02:01:55	03:42:40	05:29:03	07:06:07	08:15:28	09:49:45.95	09:50:54.90	10:46	5.6
61	DOŁĘGA ANNA	79	ZABIEGANA MAMA	BIĄŁYSTOK	POL	K-40	39	K 61	02:04:41	03:52:22	05:36:17	07:12:10	08:19:28	09:51:06.50	09:51:26.00	10:48	5.6
62	RUDAWSKA KAROLINA	401		OLKUSZ	POL	K-30	15	K 62	02:11:00	04:02:32	05:42:49	07:14:59	08:21:51	09:53:22.80	09:54:31.15	10:50	5.5
63	GŁOWACKA RENATA	107	PANTERA	PIOTRKÓW TRYBUNALSKI	POL	K-50	6	K 63	02:02:22	03:50:46	05:32:54	07:12:05	08:22:45	09:53:55.95	09:54:37.10	10:51	5.5
64	KOCZOROWSKA ANNA	206	TEAM ZABIEGANEDNI	RADIÓWEK	POL	K-40	40	K 64	02:01:32	03:48:41	05:30:33	07:09:14	08:20:35	09:56:36.65	09:57:08.30	10:54	5.5
65	KADZIDŁOWSKA ALEKSANDRA	179	EVERRUN	ŁÓDŹ	POL	K-40	41	K 65	02:04:36	03:52:57	05:37:19	07:21:17	08:29:30	09:59:47.85	10:00:24.40	10:57	5.5
66	KALISZEWICZ EWA	180		CHWARSZCZANY	POL	K-40	42	K 66	02:18:40	04:14:33	05:43:57	07:17:08	08:26:24	10:00:12.90	10:01:49.65	10:58	5.5
67	DYR DOROTA	87		GDAŃSK	POL	K-40	43	K 67	01:59:42	04:01:46	05:41:48	07:21:31	08:32:04	10:01:52.85	10:02:13.50	11:00	5.5
68	KUNKEL ANNA	249	PGB SPORTOWA PACZKA	GDAŃSK	POL	K-40	44	K 68	01:59:52	04:01:38	05:41:45	07:21:31	08:32:08	10:01:54.25	10:02:13.65	11:00	5.5
69	DALECKA DOROTA	71		GDYNIA	POL	K-40	45	K 69	01:59:28	04:01:47	05:41:43	07:21:31	08:32:07	10:01:55.45	10:02:14.00	11:00	5.5
70	CZEKAŁSKA MAGDALENA	64	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	K-40	46	K 70	02:00:10	03:46:03	05:30:24	07:16:38	08:29:29	10:01:41.05	10:02:18.85	10:59	5.5
71	WIERZBIŃSKA EDYTA	511	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	K-40	47	K 71	02:04:47	03:56:24	05:35:39	07:23:41	08:32:08	10:04:28.40	10:05:47.50	11:03	5.4
72	WALCZAK AGNIESZKA	496	PKO BP SA	BOLESŁAW	POL	K-40	48	K 72	01:55:55	03:41:53	05:33:55	07:19:16	08:34:50	10:09:55.15	10:10:02.65	11:09	5.4
73	BARCZAK KATARZYNA	17	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	49	K 73	02:03:12	03:54:08	05:38:07	07:24:30	08:35:08	10:11:16.00	10:11:41.90	11:10	5.4
74	TYŃSKA - SITEK ALEKSANDRA	489	DROGA DO ULTRA	ŁÓDŹ	POL	K-40	50	K 74	02:07:00	03:57:12	05:37:09	07:20:35	08:34:08	10:11:56.25	10:13:14.65	11:11	5.4
75	DIUWE MARZENA	77	PASTERKA PANY	PASTERKA	POL	K-30	16	K 75	02:02:46	03:47:02	05:34:03	07:18:43	08:34:58	10:14:40.60	10:14:52.70	11:14	5.3
76	BALCERZAK KRYSIA	10	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	51	K 76	02:22:23	04:15:49	05:57:04	07:29:30	08:40:51	10:16:40.25	10:18:08.75	11:16	5.3
77	DUTKOWIAK ALEKSANDRA	86	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	52	K 77	02:06:02	03:13:06	05:39:49	07:26:53	08:41:25	10:25:47.95	10:25:47.95	11:26	5.2
78	FELKEL EWA	94	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	53	K 78	02:05:16	04:00:46	05:39:02	07:26:42	08:40:58	10:25:20.85	10:25:48.70	11:25	5.2
79	CZERNIAK AGNIESZKA	65	PIĄTKOWO NA BIEGOWO - POZNAŃ	POZNAŃ	POL	K-40	54	K 79	02:05:40	04:00:39	05:39:24	07:26:29	08:41:05	10:25:24.05	10:25:48.95	11:25	5.2
80	WINIECKA EWA	518	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K-40	55	K 80	02:05:22	03:51:55	05:35:59	07:20:51	08:42:41	10:28:47.10	10:29:27.90	11:29	5.2

**SGS ULTRA 54KM, OPEN KOBIET c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
81	DOJS ALEKSANDRA	78	NIGHT RUNNERS	POZNAŃ	POL	K-40	56	K 81	02:21:59	04:09:05	05:48:30	07:38:12	08:53:40	10:31:01.60	10:31:53.80	11:32	5.2
82	SZATKOWSKA KASIA	457	DOGOŃ GRODZISK MAZOWIECKI	CHYLICE	POL	K-40	57	K 82	02:04:36	04:00:15	05:48:07	07:36:29	08:51:50	10:32:32.00	10:32:51.10	11:33	5.2
83	WOJNO MAŁGORZATA	528	DROGA DO ULTRA	ŁÓDŹ	POL	K-30	17	K 83	02:10:07	04:01:32	05:50:04	07:32:29	08:46:54	10:32:06.35	10:33:30.10	11:33	5.2
84	PANEK AGATA	351	GRUPA JURA.PL	ZAWIERCIE	POL	K-40	58	K 84	02:10:49	03:56:51	05:41:16	07:34:29	08:54:53	10:34:08.80	10:35:08.40	11:35	5.2
85	JUSZCZAK NATALIA	172	WRODZINIESIŁA	GORZÓW WIELKOPOLSKI	POL	K-40	59	K 85	02:09:56	04:08:59	05:47:49	07:36:54	08:53:33	10:35:20.00	10:35:23.50	11:36	5.2
86	JAMRÓZ MARIOLA	158		KIELCE	POL	K-50	7	K 86	02:09:20	03:58:59	05:48:10	07:36:02	08:51:47	10:37:03.40	10:37:26.15	11:38	5.2
87	SZABLA MAGDALENA	454		GRABOWA	POL	K-40	60	K 87	02:11:19	04:03:26	05:49:02	07:48:16	09:08:33	10:49:52.25	10:50:36.80	11:52	5.1
88	MĘTLAK MAŁGORZATA	301		ZAWIERCIE	POL	K-20	3	K 88	02:11:20	04:03:24	05:49:01	07:48:21	09:08:32	10:49:53.05	10:50:39.05	11:52	5.1
89	OKULICZ ANITA	338	MUD FOXES	BYDGOSZCZ	POL	K-30	18	K 89	02:42:20	04:31:29	06:07:39	07:53:51	09:08:56	10:50:46.70	10:51:07.50	11:53	5
LIM	JAGODZIŃSKA PAULINA	154	ZABIEGANI MIELEC	MIELEC	POL	K-40	LIM	LIM	02:16:55	04:16:09	06:01:34	07:56:47	09:16:33	11:03:30.25	11:04:46.65	0:00	4.9
LIM	SULIGA WIOLETTA	446	AUGUSTEAM	SOSNOWIEC	POL	K-40	LIM	LIM	02:22:08	04:21:25	06:08:13	07:57:56	09:17:23	11:03:57.45	11:04:46.80	0:00	4.9
LIM	KOTLIĆKA BEATA	219	FUDU	BUJNY	POL	K-40	LIM	LIM	02:25:38	04:29:42	06:15:06	08:14:47	09:37:24	11:28:50.20	11:29:29.50	0:00	4.8
LIM	BEŁDOWSKA BEATA	21	FUDU& CO.SPORT.TEAM	PIOTRKÓW TRYBUNALSKI	POL	K-50	LIM	LIM	02:25:40	04:29:47	06:15:34	08:15:23	09:37:24	11:31:21.10	11:31:59.00	0:00	4.7
	GRADKOWSKA MAŁGORZATA	128		BRWINÓW	POL	K-40			02:33:48	04:20:51	05:56:08	07:26:48	DNF	DNF	DNF	-	-
	KARASEK MAGDALENA	186		NIEGOWONICE	POL	K-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FRIEZE TATIANA	99	ULTRALANSIARA	ŁÓDŹ	POL	K-40			02:11:42	04:03:29	05:49:04	07:48:30	DNF	DNF	DNF	-	-
	PIECUCH MAŁGORZATA	363		PRZEWORSK	POL	K-60			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH KAROLINA	362		KRAKÓW	POL	K-30			02:22:29	04:23:43	06:21:03	08:16:06	DNF	DNF	DNF	-	-
	TRZCINA AGATA	483		ŚWIDNICA	POL	K-40			01:48:39	03:30:08	05:41:13	DNF	DNF	DNF	DNF	-	-
	BIAŁECKA SYLWIA	24	EVERRUN	ŁÓDŹ	POL	K-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LEWICKA BOŻENA	262	GONIMY	KĘTY	POL	K-60			02:13:34	04:07:05	05:57:25	DNF	DNF	DNF	DNF	-	-
	WYSZKOWSKA MARZENA	539		TYCHY	POL	K-30			02:25:21	04:29:15	06:24:00	DNF	DNF	DNF	DNF	-	-
	ROMANOWICZ KATARZYNA	399	PODKOWA BIEGA	BRWINÓW	POL	K-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WEBER AGATA	506	VELO ŁOSIE NA SZOSIE	WARSZAWA (WESOŁA)	POL	K-40			02:32:08	03:10:13	DNF	DNF	DNF	DNF	DNF	-	-
	ORACKA AGNIESZKA	341	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	GRODZISK MAZOWIECKI	POL	K-40			02:40:03	04:43:25	DNF	DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKA BEATA	278	BYLEDOPRZODUQ	KONIN	POL	K-30			02:38:11	04:47:37	DNF	DNF	DNF	DNF	DNF	-	-
	PAŁASZYŃSKA BEATA	348	MUD FOXES	BYDGOSZCZ	POL	K-30			02:37:03	04:48:23	DNF	DNF	DNF	DNF	DNF	-	-
									02:44:30	04:54:47	DNF	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						-	-

**SGS ULTRA 54KM, K-20**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	ŁOWICKA MAJA	274	AKTYWNI RAZEM	KOZIEGŁOWY	POL	K-20	1	K 30	01:51:47	03:28:02	05:00:02	06:28:53	07:32:30	08:56:06.80	08:56:36.20	9:48	6.1
2	IZDEBSKA ANNA	148		DĄBROWA GÓRNICZA	POL	K-20	2	K 53	02:10:28	03:59:53	05:42:38	07:08:13	08:13:43	09:42:57.65	09:44:12.90	10:39	5.6
3	MĘTLAK MAŁGORZATA	301		ZAWIERCIE	POL	K-20	3	K 88	02:11:20	04:03:24	05:49:01	07:48:21	09:08:32	10:49:53.05	10:50:39.05	11:52	5.1

**SGS ULTRA 54KM, M-20**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	MASIAREK MACIEJ	292		PIOTRKÓW TRYBUNALSKI	POL	M-20	1	M 3	01:10:08	02:04:52	03:01:57	03:55:04	04:34:49	05:29:16.55	05:29:19.50	6:01	10
2	NEHRING KAROL	323		SULEJÓWEK	POL	M-20	2	M 4	01:14:57	02:13:02	03:13:00	04:08:23	04:48:37	05:42:35.95	05:42:37.75	6:15	9.6
3	NICPOŃ SEBASTIAN	325	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M-20	3	M 5	01:14:33		03:09:39	04:12:51	04:56:49	05:56:00.90	05:56:07.80	6:30	9.2
4	DASZEWSKI FILIP	72	ICT POLAND	DĘBNO	POL	M-20	4	M 29	01:27:54	02:41:32	03:59:15	05:12:02	06:03:19	07:13:06.20	07:13:12.65	7:55	7.6
5	JAKOWSKI MATEUSZ	155		BARDO	POL	M-20	5	M 33	01:21:10	02:32:58	03:49:05	05:03:20	06:01:19	07:16:16.55	07:16:22.25	7:58	7.5
6	GORCZYŃSKI NORBERT	119	KUDOWIANKA RUN	KUDOWA ZDRÓJ	POL	M-20	6	M 40	01:34:44	02:51:21	04:08:32	05:19:43	06:13:20	07:20:20.60	07:20:23.50	8:02	7.5
7	KACZMAREK JĘDRZEJ	173	KP PSP MILICZ	PLESZEW	POL	M-20	7	M 78	01:45:25	03:12:39	04:38:30	05:58:13	06:52:01	07:59:17.05	07:59:29.65	8:45	6.8
8	BUCZKOWSKI KRZYSZTOF	42		POZNAŃ	POL	M-20	8	M 79	01:34:55	02:57:58	04:18:17	05:45:06	06:45:39	08:01:49.80	08:01:54.10	8:48	6.8
9	WOJNAROWSKI DAMIAN	527	KS LENIWIEC	KĘPNO	POL	M-20	9	M 117	01:45:58	03:15:03	04:46:19	06:11:34	07:08:43	08:25:04.30	08:25:51.55	9:14	6.5
10	ZACHARYASZ MIŁOSZ	540	#KOCHAMMONICZKE	POZNAŃ, POW. POZNAŃ	POL	M-20	10	M 128	01:43:45	03:07:48	04:36:33	06:04:53	07:12:11	08:26:38.20	08:28:48.50	9:15	6.5
11	WĄSOWICZ PAWEŁ	505	FIZJOTERAPIA WĄSOWICZ	KALWARIA ZEBRZYDOWSKA	POL	M-20	11	M 218	01:56:44	03:35:50	05:05:17	06:37:15	07:44:58	09:14:54.10	09:17:22.10	10:08	5.9
	SZPAŁA JAKUB	461	BUTTONS TEAM	ZAGAŃ	POL	M-20			01:57:12	03:49:59	05:54:55	07:56:01	DNF	DNF	DNF	-	-
	KÚCHLER PAWEŁ	242	JARBUD	GDYNIA	POL	M-20			02:18:59	04:15:03	06:16:24	DNF	DNF	DNF	DNF	-	-
	ZDEBSKI DAMIAN	547		BRZEG	POL	M-20			01:43:31	03:23:01	DNF	DNF	DNF	DNF	DNF	-	-
	SAJDUDA ADAM	408		WROCŁAW	POL	M-20			01:28:33	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, K-30**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	307	SALMING CZ	NOVÁ PAKA	CZE	K-30	1	K 1	01:25:42	02:36:31	03:47:23	04:51:02	05:37:26	06:41:52.35	06:41:53.60	7:20	8.2
2	WOŹNIAK MARIA	534	SKAWINA BIEGA	SKAWINA	POL	K-30	2	K 5	01:35:30	02:50:52	04:08:35	05:22:21	06:14:09	07:28:52.75	07:28:57.20	8:12	7.3
3	GUZERA JUSTYNA	136	MATNER RUNNING TEAM	WROCŁAW	POL	K-30	3	K 7	01:39:17	03:01:30	04:21:15	05:36:03	06:29:17	07:45:09.35	07:45:16.35	8:30	7.1
4	ORTYL MAGDALENA	342	ZABIEGANI MIELEC	MIELEC	POL	K-30	4	K 11	01:47:05	03:09:25	04:28:49	05:46:31	06:42:08	07:53:52.10	07:55:01.55	8:39	6.9
5	SZYMAŃSKA AGATA	464		GDAŃSK	POL	K-30	5	K 16	01:47:24	03:12:13	04:34:18	06:01:08	06:57:33	08:13:20.70	08:13:59.70	9:01	6.7
6	SOBCZAK ALEKSANDRA	429		WARSZAWA	POL	K-30	6	K 17	01:37:44	02:59:36	04:24:35	05:54:20	06:56:02	08:17:18.85	08:17:26.40	9:05	6.6
7	POTAŚ AGNIESZKA	378	BIEGOWA KUŹNIA	KOMPRACHCICE	POL	K-30	7	K 19	01:46:55	03:14:09	04:38:51	06:06:57	07:04:26	08:20:11.60	08:20:31.95	9:08	6.6
8	RYCHEL-MANTUR DOMINIKA	404		KATOWICE	POL	K-30	8	K 21	01:49:56	03:25:34	04:49:57	06:16:30	07:13:04	08:33:17.30	08:34:43.85	9:23	6.4
9	JASTRZĄBEK AGNIESZKA	167		ŁÓDŹ	POL	K-30	9	K 29	01:59:13	03:31:08	05:00:53	06:33:30	07:32:30	08:51:37.75	08:52:13.70	9:43	6.2
10	OLEKSZYK JOANNA	339	DECARUN	SZYSZKÓW	POL	K-30	10	K 34	02:03:33	03:37:48	05:11:01	06:37:26	07:42:42	09:05:43.50	09:07:13.60	9:58	6
11	PODEMSKA-REJDYCH DOMINIKA	370	AC PAJACE	TYCHY	POL	K-30	11	K 48	02:01:20	03:40:22	05:12:19	06:52:25	08:02:53	09:37:54.20	09:38:45.80	10:33	5.7
12	KROPIAK KATARZYNA	233	VEGE RUNNERS	WARSZAWA	POL	K-30	12	K 51	02:02:52	03:41:36	05:23:47	07:04:54	08:14:34	09:42:59.50	09:43:11.90	10:39	5.6
13	STANKIEWICZ ANNA	437	DOGOŃ GRODZISK MAZOWIECKI	CZARNY LAS	POL	K-30	13	K 55	01:55:48	03:41:17	05:17:57	06:51:03	08:06:22	09:44:13.25	09:44:51.15	10:40	5.6
14	NIEZNAJ BEATA	330	ZABIEGANI MIELEC	MIELEC	POL	K-30	14	K 59	02:03:53	03:51:17	05:33:04	07:08:15	08:18:33	09:49:43.90	09:50:50.10	10:46	5.6
15	RUDAWSKA KAROLINA	401		OLKUSZ	POL	K-30	15	K 62	02:11:00	04:02:32	05:42:49	07:14:59	08:21:51	09:53:22.80	09:54:31.15	10:50	5.5
16	DIUWE MARZENA	77	PASTERKA PANY	PASTERKA	POL	K-30	16	K 75	02:02:46	03:47:02	05:34:03	07:18:43	08:34:58	10:14:40.60	10:14:52.70	11:14	5.3
17	WOJNO MAŁGORZATA	528	DROGA DO ULTRA	ŁÓDŹ	POL	K-30	17	K 83	02:10:07	04:01:32	05:50:04	07:32:29	08:46:54	10:32:06.35	10:33:30.10	11:33	5.2
18	OKULICZ ANITA	338	MUD FOXES	BYDGOSZCZ	POL	K-30	18	K 89	02:42:20	04:31:29	06:07:39	07:53:51	09:08:56	10:50:46.70	10:51:07.50	11:53	5
	PIECUCH KAROLINA	362		KRAKÓW	POL	K-30			01:48:39	03:30:08	05:41:13	DNF	DNF	DNF	DNF	-	-
	WYSZKOWSKA MARZENA	539		TYCHY	POL	K-30			02:27:45	04:25:53	DNF	DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKA BEATA	278	BYLEDOPRZODUQ	KONIN	POL	K-30			02:37:03	04:48:23	DNF	DNF	DNF	DNF	DNF	-	-
	PAŁASZYŃSKA BEATA	348	MUD FOXES	BYDGOSZCZ	POL	K-30			02:44:30	04:54:47	DNF	DNF	DNF	DNF	DNF	-	-

## SGS ULTRA 54KM, M-30

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	BOULKHALF ABDELLATIF	554	KB WIKON NOWA SÓL	MODRZYCA	POL	M-30	1	M 1	01:10:18	02:04:23	03:00:35	03:51:04	04:29:13	05:22:26.80	05:22:34.05	5:53	10.2
2	SIERADZKI KRZYSZTOF	414	PRZEDWOJEWSKI TEAM	WARSZAWA	POL	M-30	2	M 7	01:16:51	02:17:35	03:21:46	04:25:09	05:10:57	06:12:10.00	06:12:12.30	6:48	8.8
3	MATUSIAK DANIEL	294		KRZYWIEC	POL	M-30	3	M 8	01:18:16	02:20:25	03:25:17	04:24:46	05:10:53	06:15:47.25	06:15:51.75	6:52	8.7
4	SOCHA SEWERYN	431	SII RUNNING TEAM	POZNAŃ	POL	M-30	4	M 9	01:23:25	02:27:39	03:32:41	04:34:57	05:18:26	06:16:52.10	06:16:58.55	6:53	8.7
5	NIEPALA JACEK	327	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	M-30	5	M 10	01:22:41	02:28:52	03:34:19	04:35:38	05:20:31	06:23:14.10	06:23:16.50	7:00	8.6
6	GRZESIEK GÓRAL	132	HEJ HEJ GURALU	KRAKÓW	POL	M-30	6	M 12	01:20:41	02:23:46	03:31:55	04:34:45	05:23:05	06:25:32.05	06:25:37.15	7:02	8.5
7	WIERZBOWY PRZEMEK	513	KOKO DŻAMBO I DO PRZODU	NAMYSŁÓW	POL	M-30	7	M 16	01:22:35	02:27:55	03:33:29	04:48:09	05:37:59	06:42:05.45	06:42:10.20	7:21	8.2
8	BUJAK KRZYSZTOF	46		KRAKÓW	POL	M-30	8	M 17	01:25:23	01:47:55	03:48:49	04:55:11	05:39:44	06:42:05.90	06:42:10.40	7:21	8.2
9	WIECZOREK ŁUKASZ	510		DĄBRÓWKA	POL	M-30	9	M 20	01:23:22	02:30:19	03:41:54	04:51:55	05:45:37	06:50:52.55	06:50:55.35	7:30	8
10	POLAŃSKI SŁAWOMIR	373	LACHO TEAM	KRAKÓW	POL	M-30	10	M 21	01:23:42	02:29:25	03:42:46	04:53:11	05:43:42	06:51:17.60	06:51:23.55	7:31	8
11	DOMAGAŁA GRZEGORZ	80		JAWOR	POL	M-30	11	M 23	01:24:34	02:34:32	03:47:38	04:57:03	05:47:43	06:55:24.85	06:55:34.20	7:35	7.9
12	HOFMAŃSKI RAFAŁ	144		KOTLIN	POL	M-30	12	M 34	01:32:12	02:44:45	04:00:49	05:11:56	06:05:14	07:16:12.00	07:16:23.60	7:58	7.5
13	WIĘCŁAW PAWEŁ	514	WOLSKI KOLEKTYW BIEGOWY	KRAKÓW	POL	M-30	13	M 35	01:39:24	02:53:14	04:07:12	05:19:06	06:10:11	07:16:40.15	07:16:50.90	7:58	7.5
14	KOSECKI KRZYSZTOF	217	SG	ŁOSOSINA DOLNA	POL	M-30	14	M 36	01:34:33	02:50:51	04:05:51	05:16:08	06:08:05	07:17:03.80	07:17:10.40	7:59	7.5
15	PAWLIK JAKUB	358	BARTOSZ GORCZYCA TEAM #1X1	KRAKÓW	POL	M-30	15	M 42	01:26:47	02:38:10	03:52:01	05:05:07	06:03:48	07:22:25.60	07:22:29.10	8:05	7.4
16	MĘDRYKOWSKI DAMIAN	300		ŁÓDŹ	POL	M-30	16	M 44	01:35:38	02:06:15	04:07:04	05:21:38	06:14:24	07:24:33.30	07:24:45.40	8:07	7.4
17	KOZIEŁ PIOTR	230	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	17	M 48	01:28:00	02:44:29	04:03:07	05:19:06	06:14:39	07:29:21.00	07:29:31.60	8:12	7.3
18	POPRAWSKI PAWEŁ	376		MOŚCIENICA	POL	M-30	18	M 51	01:36:47	02:56:27	04:15:53	05:28:38	06:25:42	07:36:59.25	07:37:09.80	8:21	7.2
19	WASILEWSKI MARCIN	502		ZIELONA GÓRA	POL	M-30	19	M 52	01:38:14	02:53:40	04:09:51	05:22:28	06:16:55	07:37:23.15	07:37:35.95	8:21	7.2
20	ANDRUSZKIEWICZ PAWEŁ	2		JELENIA GÓRA	POL	M-30	20	M 54	01:24:28	02:34:25	03:57:00	05:16:07	06:17:02	07:39:09.55	07:39:15.70	8:23	7.1
21	KOCEMBA KAMIL	205	KĘCKIE HARPAGANY	KOBIERNICE	POL	M-30	21	M 55	01:30:19	02:45:55	04:06:05	05:30:38	06:27:13	07:40:04.85	07:40:06.80	8:24	7.1
22	CHMIEŁ PIOTR	54	PTT DELTA	WĘGRÓW	POL	M-30	22	M 58	01:40:48	02:57:32	04:13:08	05:28:58	06:24:43	07:41:43.85	07:42:41.20	8:26	7.1
23	KMIECIAK PIOTR	203	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	23	M 61	01:40:38	03:07:28	04:24:00	05:40:32	06:36:17	07:42:53.45	07:43:58.60	8:27	7.1
24	MARCINIAK JAKUB	290	KOZMIN BIEGA ULTRA RUNNERS	KROTOSZYN	POL	M-30	24	M 64	01:32:06	02:48:26	04:07:39	05:25:46	06:24:34	07:46:54.25	07:47:01.95	8:32	7
25	CHORAZKIEWICZ DAMIAN	55	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	M-30	25	M 66	01:38:47	02:04:23	04:19:29	05:37:27	06:34:12	07:48:52.05	07:49:01.05	8:34	7
26	RUSOŁ TOMASZ	403	TROPEM ULTRA	WROCLAW	POL	M-30	26	M 72	01:31:13	02:48:36	04:16:10	05:38:38	06:38:45	07:53:49.90	07:54:11.75	8:39	6.9
27	ŚWIDERGOŁ PIOTR	468		KATOWICE	POL	M-30	27	M 82	01:31:42	02:50:16	04:11:34	05:37:29	06:38:45	08:04:29.40	08:04:35.65	8:51	6.8
28	PIWKO MATEUSZ	368		SZCZECIN	POL	M-30	28	M 92	01:50:57	03:13:22	04:35:39	05:57:31	06:54:28	08:10:15.30	08:11:56.50	8:57	6.7
29	KULANTY KRZYSZTOF	245	TSUNAMI	KRZYWOPLÓTY	POL	M-30	29	M 96	01:45:50	03:11:50	04:36:39	05:56:23	06:55:27	08:14:13.60	08:14:25.10	9:02	6.6
30	DYSZKIEWICZ TOMASZ	88	ULTRA KUTNO	KUTNO	POL	M-30	30	M 98	01:46:41	03:10:00	04:32:45	05:57:13	06:57:34	08:14:40.95	08:15:17.50	9:02	6.6
31	MIERCZAK DAWID	304	PENDOLINO TEAM	KŁODZKO	POL	M-30	31	M 99	01:47:50	03:10:34	04:33:03	05:59:08	06:58:24	08:13:38.60	08:15:22.90	9:01	6.6
32	PILAREK WOJCIECH	367		WROCLAW	POL	M-30	32	M 102	01:44:50	03:03:34	04:27:45	05:58:40	07:04:02	08:15:01.65	08:16:36.30	9:02	6.6
33	SOBOCZIŃSKI KAROL	430		POZNAŃ	POL	M-30	33	M 103	01:38:43	03:05:37	04:32:42	06:02:47	07:01:44	08:18:10.30	08:18:18.70	9:06	6.6
34	CHEJDYS KRYSZTIAN	53		GLIWICE	POL	M-30	34	M 105	01:53:41	03:15:58	04:38:19	05:35:51	06:58:02	08:16:48.10	08:18:38.50	9:04	6.6
35	JASIAK KAROL	166	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	M-30	35	M 111	01:45:37	03:12:24	04:35:57	05:58:24	06:58:40	08:21:52.40	08:22:32.20	9:10	6.5
36	WITKOWSKI WOJCIECH	521		NIEMODLIN	POL	M-30	36	M 118	01:39:23	03:03:02	04:27:41	06:07:11	07:09:22	08:25:56.45	08:26:22.90	9:14	6.5
37	LIPIŃSKI OSKAR	263		WARSZAWA	POL	M-30	37	M 120	01:43:50	03:09:02	04:31:11	05:59:12	07:02:24	08:26:13.75	08:27:38.00	9:15	6.5
38	WALCZAK ŁUKASZ	497	BYLE DO PRZODUQ	KONIN	POL	M-30	38	M 124	01:46:14	03:13:28	04:38:41	06:05:06	07:03:14	08:27:02.40	08:28:33.85	9:16	6.5
39	BLACHNIO JAKUB	31	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	39	M 129	01:38:09	03:02:45	04:35:49	06:04:07	07:05:55	08:29:52.20	08:29:52.20	9:19	6.4
40	LUBAŃSKI MATEUSZ	269	KS BARYCZ MILICZ	DŁUGOŁĘKA	POL	M-30	40	M 131	01:46:20	03:17:44	04:45:25	06:15:13	07:15:41	08:31:03.40	08:31:21.95	9:20	6.4
41	URBAŃSKI MICHAŁ	491	ŁĄDEK-ZDRÓJ RUNNERS	WROCLAW	POL	M-30	41	M 136	01:57:02	03:26:26	04:51:19	06:13:04	07:11:57	08:31:29.90	08:32:54.00	9:21	6.4
42	ZAWISZ MARIUSZ	545	RADLINIOKI W BIEGU	GASZOWICE	POL	M-30	42	M 147	01:48:43	03:16:45	04:46:27	06:11:33	07:14:41	08:35:24.45	08:36:07.45	9:25	6.4
43	PUDELKO ROMAN	387		CHRÓŚCINA	POL	M-30	43	M 148	01:46:44	03:17:26	04:45:31	06:10:54	07:13:05	08:39:08.30	08:39:20.50	9:29	6.3
44	KŁOSEK JACEK	201	100 MARATHON CLUB POLAND	RACIBÓRZ	POL	M-30	44	M 154	02:03:38	03:30:33	05:02:18	06:19:48	07:21:02	08:39:35.65	08:40:47.45	9:29	6.3
45	ANISZEWSKI BARTŁOMIEJ	3	ROSSMANN	ŁÓDŹ	POL	M-30	45	M 158	01:48:28	03:13:39	04:43:22	06:14:46	07:18:53	08:42:32.60	08:42:58.20	9:33	6.3

## SGS ULTRA 54KM, M-30 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
46	WOJNO ARKADIUSZ	529	DROGA DO ULTRA	ŁÓDŹ	POL	M-30	46	M 164	01:42:44	03:15:26	04:51:08	06:20:31	07:24:30	08:44:23.00	08:45:16.20	9:35	6.3
47	WELTER PRZEMYSŁAW	507	KB SZAMOTUŁY	SZAMOTUŁY	POL	M-30	47	M 171	01:33:59	03:02:10	04:35:20	06:18:35	07:26:15	08:47:29.35	08:47:34.25	9:38	6.2
48	CIERCEK RAFAŁ	58		ROGÓW SOBÓCKI	POL	M-30	48	M 174	01:46:29	03:11:41	04:39:49	06:14:30	07:21:53	08:48:45.55	08:49:13.95	9:39	6.2
49	SOKOŁOWSKI TOMASZ	433	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M-30	49	M 176	01:43:14	03:10:15	04:37:34	06:04:25	07:13:16	08:50:01.15	08:50:29.65	9:41	6.2
50	JARZĄBEK MICHAŁ	163		WROCLAW	POL	M-30	50	M 177	01:51:12	03:16:21	04:47:54	06:20:45	07:25:11	08:49:53.35	08:51:01.70	9:41	6.2
51	CZOSKA PRZEMYSŁAW	67	JARBUD	GDYNIA	POL	M-30	51	M 178	01:58:55	03:35:15	05:09:16	06:39:33	07:38:36	08:49:49.80	08:51:05.35	9:41	6.2
52	GACEK MICHAŁ	102	NOA	WROCLAW	POL	M-30	52	M 179	01:45:41	03:13:01	04:41:34	06:12:20	07:17:37	08:51:16.05	08:51:26.60	9:42	6.2
53	ZAKRZEWSKI MACIEJ	544	DROGA DO ULTRA	KOWAL	POL	M-30	53	M 181	01:40:22	03:07:22	04:32:47	06:11:12	07:16:53	08:53:09.90	08:54:16.15	9:44	6.2
54	NIEMIEC BARTŁOMIEJ	326		BAKOWO	POL	M-30	54	M 185	01:41:00	03:09:15	04:37:20	06:12:58	07:24:15	08:54:54.10	08:55:13.20	9:46	6.1
55	SALIŃSKI BARTOSZ	409	AUGUSTEAM/WKURW_TEAM	KATOWICE	POL	M-30	55	M 186	01:53:28	03:28:43	04:59:51	06:31:24	07:30:27	08:54:33.25	08:55:24.15	9:46	6.1
56	TOMCZYK RAFAŁ	480		PODDĘBICE	POL	M-30	56	M 192	01:46:18	03:20:09	04:51:42	06:22:35	07:33:58	09:02:26.65	09:03:13.95	9:54	6.1
57	WAJDA MACIEJ	493	SPELEOCLUB WROCLAW	WROCLAW	POL	M-30	57	M 195	01:48:17	03:23:02	04:53:16	06:25:49	07:31:19	09:04:00.50	09:05:46.30	9:56	6
58	WRÓBEL MATEUSZ	537	IRON HOUSE TRIATHLON WŁOCŁAWEK	FABIANKI	POL	M-30	58	M 206	02:05:04	03:51:52	05:35:37	06:48:46	07:43:51	09:09:16.55	09:10:09.75	10:02	6
59	DZIEMBA WOJCIECH	90	INŻYNIERIA BIEGANIA	KATOWICE	POL	M-30	59	M 217	02:01:33	03:37:52	05:11:56	06:44:27	07:50:24	09:16:27.65	09:17:01.10	10:10	5.9
60	JAKUBIEC TOMASZ "GÓRAL"	156	DOGOŃ GRODZISK MAZOWIECKI	CHRZANÓW MAŁY	POL	M-30	60	M 220	01:53:38	03:35:38	05:08:28	06:45:15	07:49:25	09:18:04.10	09:18:34.60	10:12	5.9
61	BÓBSKI MICHAŁ	37		LUBLIN	POL	M-30	61	M 221	01:57:10	03:35:21	05:06:18	06:38:12	07:45:59	09:18:24.75	09:19:51.95	10:12	5.9
62	JOWSA PAWEŁ	169		POZNAŃ	POL	M-30	62	M 223	02:00:48	03:09:50	05:09:03	06:43:46	07:49:09	09:19:09.10	09:20:59.80	10:13	5.9
63	MAKARENKOV SERGIJ	283	DOGOŃ GRODZISK MAZOWIECKI	MILANÓWEK	POL	M-30	63	M 230	01:53:57	03:35:49	05:16:34	06:52:01	07:58:05	09:26:23.45	09:26:38.30	10:21	5.8
64	CIOCZEK KONRAD	59		WROCLAW	POL	M-30	64	M 233	02:01:07	03:35:03	05:11:10	06:48:06	07:56:54	09:25:08.60	09:27:18.60	10:19	5.8
65	ZAGRAJEK KAMIL	541	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	65	M 237	02:00:34	03:43:23	05:24:16	07:02:23	08:05:58	09:33:25.55	09:33:37.05	10:28	5.7
66	ROGOWSKI TOMASZ	394	UMLAUT	KROSNO ODRZAŃSKIE	POL	M-30	66	M 239	01:54:43	03:33:50	05:11:36	06:48:09	08:00:00	09:32:10.35	09:33:40.40	10:27	5.7
67	ZIOBROWSKI MATEUSZ	550	BIEGOSTACJA ULTRATEAM	ZIELONA GÓRA	POL	M-30	67	M 242	01:47:50	03:17:36	04:52:46	06:36:04	07:57:16	09:38:25.25	09:38:40.55	10:34	5.7
68	STOKŁOSA PIOTR	441	BIKESTATS.PL	KONRADÓW	POL	M-30	68	M 249	02:04:34	03:39:08	05:18:45	07:00:18	08:11:31	09:43:18.65	09:45:12.35	10:39	5.6
69	KIELASZEWSKI KAROL	194	LESZNO LIMITS RUNNERS	LESZNO	POL	M-30	69	M 253	02:03:46	03:51:25	05:33:01	07:09:19	08:19:19	09:49:46.45	09:50:57.10	10:46	5.6
70	PROCHNO PIOTR	379	TRAIL IS OUR WAY	WŁOCŁAWEK	POL	M-30	70	M 258	01:57:58	03:35:43	05:06:11	06:47:07	08:12:07	09:52:26.55	09:53:16.30	10:49	5.5
71	LUTOWSKI WOJCIECH	271		BYDGOSZCZ	POL	M-30	71	M 259	01:39:31	03:21:16	05:08:33	06:59:17	08:17:41	09:54:20.75	09:54:21.80	10:51	5.5
72	BEŁCH MICHAŁ	20	DECARUN	WIDACZ	POL	M-30	72	M 265	02:03:37	03:37:52	05:17:36	06:58:45	08:12:46	09:59:19.95	10:00:50.50	10:57	5.5
73	TREGUB IGOR	482		WROCLAW	POL	M-30	73	M 269	02:05:03	04:06:57	05:48:53	07:28:25	08:40:30	10:06:35.05	10:08:16.10	11:05	5.4
74	MELNYK IVAN	299	KUKURUDZA	OLOMOUC	UKR	M-30	74	M 270	02:05:17	04:07:23	05:48:54	07:28:45	08:40:32	10:06:36.10	10:08:16.60	11:05	5.4
75	BUJAK ŁUKASZ	45	#BIEGAMBOMAMŻONE	WROCLAW	POL	M-30	75	M 272	02:04:49	03:46:44	05:25:24	07:08:27	08:28:39	10:10:38.40	10:12:21.80	11:09	5.4
76	TEKLIŃSKI DAWID	473	WTORKOWY TRENING	GRUDZIĄDZ	POL	M-30	76	M 273	01:53:45	03:31:48	05:20:29	07:02:25	08:25:58	10:12:32.30	10:12:47.45	11:11	5.4
77	JUSZCZAK MICHAŁ	171	WRODZINIESIŁA WIELKOPOLSKI	GORZÓW	POL	M-30	77	M 296	02:07:08	04:09:01	05:47:54	07:37:14	08:53:45	10:35:20.20	10:35:23.10	11:36	5.2
LIM	NIEWIADOMSKI MAREK	329		KRAPKOWICE	POL	M-30	LIM	LIM	02:10:56	04:13:18	06:03:16	07:59:57	09:24:51	11:04:23.55	11:05:54.70	0:00	4.9
LIM	MICHNIEWSKI PIOTR	303	GIT EKIPA!	ZAWIERCIE	POL	M-30	LIM	LIM	02:05:11	03:56:52	05:53:37	07:58:13	09:36:26	11:20:13.20	11:21:16.95	0:00	4.8
LIM	TWARDZIK WOJCIECH	486	FANTASTIC TEAM	ISTEBNA 686/9	POL	M-30	LIM	LIM	02:02:56	03:55:48	05:52:43	07:53:55	09:22:45	11:40:10.75	11:40:44.35	0:00	4.7
	SIŁAKOWSKI ARIEL	418	WTORKOWY TRENING	TORUŃ	POL	M-30			01:37:30	02:16:52	06:12:46	08:16:51	DNF	DNF	DNF	-	-
	RAKOCZY KRZYSZTOF	390		BOCHNIA	POL	M-30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK PATRYK	494		KONIN	POL	M-30			01:24:24	02:38:54	03:57:57	DNF	DNF	DNF	DNF	-	-
	PARANDYK KRYSZTOF	355	MCBIEGACZE	STARA WIEŚ	POL	M-30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

## SGS ULTRA 54KM, K-40

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	KOŁECKA PATRYCJA	209	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	1	K 2	01:34:36	02:50:11	04:03:23	05:18:17	06:10:17	07:17:42.30	07:17:47.65	8:00	7.5
2	ŁAMPIKA KINGA	272	NIGHT RUNNERS WROCLAW	SMOLEC	POL	K-40	2	K 3	01:38:55	02:57:00	04:13:10	05:22:14	06:12:44	07:22:42.80	07:22:50.60	8:05	7.4
3	KRYM KATARZYNA	236	HERCOG RUNNING TEAM	SMOLEC	POL	K-40	3	K 4	01:39:22	02:57:41	04:13:56	05:22:57	06:14:07	07:22:50.20	07:22:57.40	8:05	7.4
4	GRABOŚ NINA	127		WARSZAWA	POL	K-40	4	K 6	01:38:10	02:58:34	04:17:55	05:33:16	06:26:15	07:34:10.35	07:34:34.10	8:18	7.2
5	KOŚCIELNIAK WIOLETTA	218	RUNNERS TEAM NYSA	NYSA	POL	K-40	5	K 8	01:36:44	02:52:17	04:12:13	05:25:31	06:22:48	07:46:21.40	07:46:44.50	8:31	7
6	HAKKE GOSIA	140	BIEGAMDLAZDROWIA.PL	JELEŃ GÓRA	POL	K-40	6	K 9	01:47:24	03:08:06	04:28:33	05:41:52	06:34:52	07:45:30.10	07:47:02.50	8:30	7.1
7	AUGUSTYNIAK MAŁGORZATA	5		ŁÓDŹ	POL	K-40	7	K 10	01:39:00	03:00:34	04:18:49	05:37:09	06:31:15	07:47:21.20	07:47:30.20	8:32	7
8	GRUBIANIN PAULINA	130	LOGWIN	PRUSZKÓW	POL	K-40	8	K 12	01:37:15	03:00:22	04:24:34	05:47:48	06:44:58	07:58:48.75	07:58:55.15	8:45	6.9
9	KANIEWSKA AGNIESZKA	185	DRUŻYNA SZPIKU	POZNAŃ	POL	K-40	9	K 13	01:47:21	03:12:45	04:33:35	05:53:17	06:50:32	08:03:46.85	08:03:51.40	8:50	6.8
10	CHRAPLEWSKA KAROLINA	56		POZNAN	POL	K-40	10	K 14	01:49:50	03:16:24	04:42:46	05:59:54	06:54:52	08:08:40.45	08:08:49.45	8:56	6.7
11	GŁOWACKA EDYTA	108	#SOBASTEAM	WILKSZYN	POL	K-40	11	K 18	01:45:43	03:16:45	04:43:41	06:05:16	07:00:01	08:18:16.75	08:18:28.65	9:06	6.6
12	KUBIAK KAROLINA	241	WEJHEROWO	POL	K-40	K-40	12	K 22	01:51:48	03:21:12	04:56:52	06:18:35	07:21:40	08:35:49.40	08:36:03.20	9:25	6.4
13	WOJTKOWIAK RENATA	530	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	13	K 23	01:54:18	03:30:17	05:01:14	06:27:41	07:26:03	08:43:22.90	08:43:44.50	9:34	6.3
14	KOWALSKA JUSTYNA	223	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	K-40	14	K 24	01:55:01	03:31:24	05:00:54	06:28:51	07:25:35	08:44:06.00	08:45:26.70	9:34	6.3
15	WIZA ANNA	522		SWARZĘDZ	POL	K-40	15	K 25	01:55:51	03:33:35	05:01:03	06:30:33	07:29:10	08:45:44.20	08:46:15.55	9:36	6.2
16	FLORCZAK SYLWIA	96	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	16	K 26	01:54:41	03:28:47	04:56:34	06:26:01	07:25:39	08:45:37.65	08:46:24.60	9:36	6.2
17	KLUZ ANNA	200	FANTASTIC TEAM	USTROŃ	POL	K-40	17	K 27	02:01:57	03:39:03	05:14:14	06:36:16	07:31:16	08:46:57.80	08:47:30.45	9:38	6.2
18	HREK MARTA	145		KYIV	UKR	K-40	18	K 28	01:46:39	03:22:24	04:54:55	06:25:58	07:27:38	08:50:21.70	08:50:32.85	9:41	6.2
19	FARION MARZENA	93		STRZEGOM	POL	K-40	19	K 31	01:46:48	03:19:19	04:54:55	06:26:19	07:29:12	08:56:53.35	08:57:27.20	9:48	6.1
20	KRZYŻIŃSKA SYLWIA	240	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZ	POL	K-40	20	K 32	01:59:20	03:10:40	05:04:20	06:32:20	07:35:18	08:59:15.30	08:59:33.30	9:51	6.1
21	ŻYGIĘŁO MONIKA	552	CH10	CHOSZCZCNO	POL	K-40	21	K 37	02:03:10	03:42:02	05:13:13	06:42:19	07:46:18	09:08:23.70	09:09:54.70	10:01	6
22	MARKOWSKA EWA	291	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	22	K 38	01:58:53	03:29:32	05:00:34	06:35:45	07:43:31	09:13:54.00	09:14:33.90	10:07	5.9
23	JARUZEL EWA	162	SZWLASTARGARD	STARGARD	POL	K-40	23	K 39	01:48:15	03:46:44	05:21:52	06:53:15	07:54:42	09:17:16.00	09:17:20.20	10:11	5.9
24	KUSZTELSKA LUCYNA	253	WLKP MOUNTAINS ULTRA	MOSINA	POL	K-40	24	K 40	01:54:03	03:35:05	05:06:52	06:44:46	07:49:03	09:22:53.80	09:23:45.10	10:17	5.8
25	TOMASZEWSKA EWA	479		OPOLE	POL	K-40	25	K 41	02:01:21	03:47:34	05:21:31	06:55:34	08:04:38	09:27:46.35	09:28:04.60	10:22	5.8
26	CZURYŃSKA WIOLKA	69	TRENUJĘ Z WIOLKĄ	GDYNIA	POL	K-40	26	K 42	01:50:42	03:32:25	05:11:03	06:51:45	08:00:46	09:27:59.65	09:29:27.25	10:23	5.8
27	SIKORSKA AGNIESZKA	416		POGÓRZE	POL	K-40	27	K 43	01:59:19	03:35:17	05:09:25	06:43:48	07:55:56	09:31:59.30	09:33:12.65	10:27	5.7
28	KOZDROJ WIOLETTA	227	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K-40	28	K 44	02:00:25	03:43:24	05:24:15	07:02:24	08:05:49	09:33:26.40	09:33:36.50	10:28	5.7
29	POPPEK DOROTA	375	FANTASTIC TEAM	USTROŃ	POL	K-40	29	K 45	02:02:01	03:39:03	05:17:18	06:53:36	08:01:56	09:35:34.95	09:36:08.40	10:31	5.7
30	RUDOL MAGDALENA	555	PRONATURA	PRĄDOCIN	POL	K-40	30	K 47	01:59:36	03:43:14	05:16:54	06:54:42	07:59:43	09:37:26.70	09:38:44.00	10:33	5.7
31	JÓZEFczyk JUSTYNA	170		POZNAŃ	POL	K-40	31	K 49	02:05:31	04:00:40	05:39:01	07:16:05	08:17:10	09:39:16.85	09:39:45.20	10:35	5.7
32	PAUL WIOLETTA	357	BP RUNNING TEAM GLIWICE	GLIWICE	POL	K-40	32	K 50	01:58:51	03:40:38	05:16:24	06:56:09	08:05:20	09:41:21.10	09:41:51.95	10:37	5.6
33	JAGIEŁŁO JOANNA	152	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	33	K 52	01:55:00	03:40:12	05:20:35	07:05:49	08:16:15	09:43:44.55	09:44:08.70	10:40	5.6
34	PRUCHNIEWSKA AGNIESZKA	380		ROKIETNICA	POL	K-40	34	K 54	01:55:09	03:37:32	05:26:00	07:08:06	08:16:04	09:44:12.15	09:44:35.55	10:40	5.6
35	SERAFIN EWELINA	412		RADKÓW	POL	K-40	35	K 56	01:51:34	03:12:51	05:02:42	06:47:34	08:09:19	09:48:58.40	09:49:36.50	10:46	5.6
36	FAJNAS KATARZYNA	92	DOGOŃ GRODZISK MAZOWIECKI / DANFOSS	MUSUŁY	POL	K-40	36	K 57	01:57:00	03:38:45	05:24:12	07:02:42	08:11:38	09:50:20.05	09:50:31.35	10:47	5.6
37	WOJCIESZAK KLAUDIA	526	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K-40	37	K 58	01:53:53	03:35:44	05:13:59	06:58:07	08:11:36	09:50:18.30	09:50:32.10	10:47	5.6
38	KOPYCZYŃSKA ALEKSANDRA	213		ZIELECICE	POL	K-40	38	K 60	02:01:55	03:42:40	05:29:03	07:06:07	08:15:28	09:49:45.95	09:50:54.90	10:46	5.6
39	DOŁĘGA ANNA	79	ZABIEGANA MAMA	BIALYSTOK	POL	K-40	39	K 61	02:04:41	03:52:22	05:36:17	07:12:10	08:19:28	09:51:06.50	09:51:26.00	10:48	5.6
40	KOCZOROWSKA ANNA	206	TEAM ZABIEGANEDNI	RADIÓWEK	POL	K-40	40	K 64	02:01:32	03:48:41	05:30:33	07:09:14	08:20:35	09:56:36.65	09:57:08.30	10:54	5.5
41	KADZIDŁOWSKA ALEKSANDRA	179	EVERRUN	ŁÓDŹ	POL	K-40	41	K 65	02:04:36	03:52:57	05:37:19	07:21:17	08:29:30	09:59:47.85	10:00:24.40	10:57	5.5
42	KALISZEWICZ EWA	180		CHWARSZCZANY	POL	K-40	42	K 66	02:18:40	04:14:33	05:43:57	07:17:08	08:26:24	10:00:12.90	10:01:49.65	10:58	5.5
43	DYR DOROTA	87		GDAŃSK	POL	K-40	43	K 67	01:59:42	04:01:46	05:41:48	07:21:31	08:32:04	10:01:52.85	10:02:13.50	11:00	5.5
44	KUNKEL ANNA	249	PGB SPORTOWA PACZKA	GDAŃSK	POL	K-40	44	K 68	01:59:52	04:01:38	05:41:45	07:21:31	08:32:08	10:01:54.25	10:02:13.65	11:00	5.5

**SGS ULTRA 54KM, K-40 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
45	DALECKA DOROTA	71		GDYNIA	POL	K-40	45	K 69	01:59:28	04:01:47	05:41:43	07:21:31	08:32:07	10:01:55.45	10:02:14.00	11:00	5.5
46	CZEKALSKA MAGDALENA	64	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	K-40	46	K 70	02:00:10	03:46:03	05:30:24	07:16:38	08:29:29	10:01:41.05	10:02:18.85	10:59	5.5
47	WIERZBIŃSKA EDYTA	511	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	K-40	47	K 71	02:04:47	03:56:24	05:35:39	07:23:41	08:32:08	10:04:28.40	10:05:47.50	11:03	5.4
48	WALCZAK AGNIESZKA	496	PKO BP SA	BOLESŁAW	POL	K-40	48	K 72	01:55:55	03:41:53	05:33:55	07:19:16	08:34:50	10:09:55.15	10:10:02.65	11:09	5.4
49	BARCZAK KATARZYNA	17	RUN TEAM MILEJÓW	MILEJÓW	POL	K-40	49	K 73	02:03:12	03:54:08	05:38:07	07:24:30	08:35:08	10:11:16.00	10:11:41.90	11:10	5.4
50	TYŃSKA - SITEK ALEKSANDRA	489	DROGA DO ULTRA	ŁÓDŹ	POL	K-40	50	K 74	02:07:00	03:57:12	05:37:09	07:20:35	08:34:08	10:11:56.25	10:13:14.65	11:11	5.4
51	BALCERZAK KRYSIA	10	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K-40	51	K 76	02:22:23	04:15:49	05:57:04	07:29:30	08:40:51	10:16:40.25	10:18:08.75	11:16	5.3
52	DUTKOWIAK ALEKSANDRA	86	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	52	K 77	02:06:02	03:13:06	05:39:49	07:26:53	08:41:25	10:25:47.95	10:25:47.95	11:26	5.2
53	FELKEL EWA	94	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	K-40	53	K 78	02:05:16	04:00:46	05:39:02	07:26:42	08:40:58	10:25:20.85	10:25:48.70	11:25	5.2
54	CZERNAK AGNIESZKA	65	PIĄTKOWO NA BIEGOWO - POZNAŃ	POZNAŃ	POL	K-40	54	K 79	02:05:40	04:00:39	05:39:24	07:26:29	08:41:05	10:25:24.05	10:25:48.95	11:25	5.2
55	WINIECKA EWA	518	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K-40	55	K 80	02:05:22	03:51:55	05:35:59	07:20:51	08:42:41	10:28:47.10	10:29:27.90	11:29	5.2
56	DOJS ALEKSANDRA	78	NIGHT RUNNERS	POZNAŃ	POL	K-40	56	K 81	02:21:59	04:09:05	05:48:30	07:38:12	08:53:40	10:31:01.60	10:31:53.80	11:32	5.2
57	SZATKOWSKA KASIA	457	DOGOŃ GRODZISK MAZOWIECKI	CHYLICE	POL	K-40	57	K 82	02:04:36	04:00:15	05:48:07	07:36:29	08:51:50	10:32:32.00	10:32:51.10	11:33	5.2
58	PANEK AGATA	351	GRUPA JURA.PL	ZAWIERCIE	POL	K-40	58	K 84	02:10:49	03:56:51	05:41:16	07:34:29	08:54:53	10:34:08.80	10:35:08.40	11:35	5.2
59	JUSZCZAK NATALIA	172	WRODZINIĘSIA	GORZÓW WIELKOPOLSKI	POL	K-40	59	K 85	02:09:56	04:08:59	05:47:49	07:36:54	08:53:33	10:35:20.00	10:35:23.50	11:36	5.2
60	SZABLA MAGDALENA	454		GRABOWA	POL	K-40	60	K 87	02:11:19	04:03:26	05:49:02	07:48:16	09:08:33	10:49:52.25	10:50:36.80	11:52	5.1
LIM	JAGODZIŃSKA PAULINA	154	ZABIEGANI MIELEC	MIELEC	POL	K-40	LIM	LIM	02:16:55	04:16:09	06:01:34	07:56:47	09:16:33	11:03:30.25	11:04:46.65	0:00	4.9
LIM	SULIGA WIOLETTA	446	AUGUSTEAM	SOSNOWIEC	POL	K-40	LIM	LIM	02:22:08	04:21:25	06:08:13	07:57:56	09:17:23	11:03:57.45	11:04:46.80	0:00	4.9
LIM	KOTLIĆKA BEATA	219	FUDU	BUJNY	POL	K-40	LIM	LIM	02:25:38	04:29:42	06:15:06	08:14:47	09:37:24	11:28:50.20	11:29:29.50	0:00	4.8
	GRADKOWSKA MAŁGORZATA	128		BRWINÓW	POL	K-40			02:33:48	04:20:51	05:56:08	07:26:48	DNF	DNF	DNF	-	-
	KARASEK MAGDALENA	186		NIEGOWONICE	POL	K-40			02:11:42	04:03:29	05:49:04	07:48:30	DNF	DNF	DNF	-	-
	FRIEZE TATIANA	99	ULTRALANSIARA	ŁÓDŹ	POL	K-40			02:23:04	04:24:29	06:23:06	08:09:29	DNF	DNF	DNF	-	-
	TRZCINA AGATA	483		ŚWIDNICA	POL	K-40			02:13:34	04:07:05	05:57:25	DNF	DNF	DNF	DNF	-	-
	BIAŁECKA SYLWIA	24	EVERRUN	ŁÓDŹ	POL	K-40			02:25:21	04:29:15	06:24:00	DNF	DNF	DNF	DNF	-	-
	ROMANOWICZ KATARZYNA	399	PODKOWA BIEGA	BRWINÓW	POL	K-40			02:33:46	04:33:42	DNF	DNF	DNF	DNF	DNF	-	-
	WEBER AGATA	506	VELO ŁOSIE NA SZOSIE	WARSZAWA (WESOŁA)	POL	K-40			02:40:03	04:43:25	DNF	DNF	DNF	DNF	DNF	-	-
	ORACKA AGNIESZKA	341	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	GRODZISK MAZOWIECKI	POL	K-40			02:38:11	04:47:37	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, M-40**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	PAWŁOWSKI MARCIN	359		WILKÓW-OSIEDLE	POL	M-40	1	M 2	01:13:28	02:07:02	03:01:50	03:52:43	04:33:57	05:27:20.40	05:27:21.90	5:59	10
2	MAŃCZAK FILIP	289	AKTYWNI RAZEM	KICIN	POL	M-40	2	M 6	01:16:47	02:17:59	03:22:21	04:24:12	05:10:49	06:09:26.40	06:09:28.65	6:45	8.9
3	TARNOWSKI MACIEJ	472	MM POWER / KOLIBER TEAM	KRAKÓW	POL	M-40	3	M 11	01:23:34	02:28:41	03:34:57	04:36:48	05:22:44	06:24:16.70	06:24:22.10	7:01	8.5
4	BARTOSZEWSKI GRZEGORZ	18	TEAM RÓŻOWEJ PELERYNKI	DĘGÓŁĘKA	POL	M-40	4	M 13	01:23:24	02:28:34	03:36:01	04:42:49	05:29:40	06:31:24.35	06:31:43.75	7:09	8.4
5	ROGÓRZ PIOTR	396		WROCLAW (WROCLAW-PSIE POLE)	POL	M-40	5	M 14	01:27:48	02:34:33	03:38:33	04:45:59	05:35:53	06:35:20.65	06:35:25.75	7:13	8.3

## SGS ULTRA 54KM, M-40 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
6	RYŁKO KRZYSZTOF	406	ZADYSZKA OŚWIĘCIM/KS KANDAHAR	OŚWIĘCIM	POL	M-40	6	M 15	01:28:02	02:36:43	03:45:32	04:52:03	05:37:07	06:38:19.85	06:38:21.20	7:16	8.2
7	TOPOLSKI MARCIN	481	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADOWNIKI	POL	M-40	7	M 18	01:27:56	02:36:07	03:45:29	04:52:03	05:39:16	06:43:37.60	06:43:45.90	7:22	8.1
8	GRZESICA PAWEŁ	131	BOŻY ULTRAS	ŁĘDZINY	POL	M-40	8	M 19	01:20:35	02:01:07	03:42:32	04:54:34	05:44:43	06:48:52.25	06:48:54.85	7:28	8
9	WŁODARCZYK JAROSŁAW	524	KARKONOSZ RUNNING TEAM	JELEŃ GÓRA	POL	M-40	9	M 22	01:20:03	02:24:12	03:40:06	04:48:54	05:43:35	06:52:37.70	06:52:43.40	7:32	8
10	CIURASZKIEWICZ ANDRZEJ	60		WROCŁAW	POL	M-40	10	M 24	01:34:56	02:48:53	04:04:49	05:11:34	05:59:50	07:03:08.95	07:03:19.35	7:44	7.8
11	SKRZYNIARZ MAREK	423		KIELCE	POL	M-40	11	M 25	01:27:49	02:41:34	03:54:29	05:04:59	05:54:58	07:05:43.10	07:05:48.20	7:46	7.7
12	KRUPA MARCIN	207	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	12	M 26	01:19:00	02:25:36	03:43:51	05:06:50	06:03:20	07:10:48.80	07:10:51.10	7:52	7.6
13	JARZĘBOWICZ PAWEŁ	164	ZADYSZKA OŚWIĘCIM	ZABORZE	POL	M-40	13	M 27	01:43:20	03:00:32	04:09:06	05:19:00	06:08:50	07:12:21.30	07:12:25.40	7:54	7.6
14	WINIECKI TOMASZ	519	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M-40	14	M 28	01:27:24	02:33:51	03:44:52	04:58:55	05:56:49	07:12:57.70	07:13:02.00	7:54	7.6
15	CARUK DAMIAN	51	PGN NIERUCHOMOŚCI	KAMIEN POMORSKI	POL	M-40	15	M 30	01:33:43	02:49:34	04:03:24	05:15:28	06:06:52	07:13:43.85	07:13:50.55	7:55	7.6
16	GŁOWACKI STEFAN	110		WARSAW	POL	M-40	16	M 31	01:25:14	02:38:46	03:57:05	05:10:23	06:03:25	07:15:30.80	07:15:35.55	7:57	7.5
17	GŁOWACKI ARTUR	109	KGHM ZG RUN	GŁOGÓW	POL	M-40	17	M 32	01:26:01	02:38:55	03:54:12	05:08:52	06:04:42	07:15:56.55	07:16:00.65	7:58	7.5
18	HEŁMECKI ARTUR	558		KRAKÓW	POL	M-40	18	M 37	01:32:38	02:49:05	04:04:51	05:19:20	06:09:59	07:18:45.40	07:18:52.00	8:01	7.5
19	BUDYNEK TADEUSZ	43	ALVO RACING TEAM	DABROWA	POL	M-40	19	M 38	01:35:59	03:00:45	04:09:25	05:15:07	06:06:16	07:18:52.90	07:19:08.95	8:01	7.5
20	SUPERNAK ŁUKASZ	447	BIEGAJ Z BANANEM	ŁAZY	POL	M-40	20	M 43	01:35:33	02:50:47	04:03:18	05:19:37	06:11:12	07:24:13.65	07:24:15.60	8:07	7.4
21	KRZESINSKI DARIUSZ	239	ORANGE POLSKA	WROCŁAW	POL	M-40	21	M 45	01:34:59	02:50:40	04:07:01	05:21:12	06:13:54	07:24:51.20	07:25:05.70	8:07	7.4
22	WANDEL PIOTR	499	NOA	DOMASŁAW	POL	M-40	22	M 46	01:27:37	02:43:35	04:03:54	05:19:42	06:14:24	07:27:44.25	07:27:49.10	8:11	7.3
23	KUTYBA MARIUSZ	255	WOLNE ŚLIMAKI	POZNAŃ	POL	M-40	23	M 50	01:33:48	02:49:41	04:07:10	05:24:17	06:23:47	07:36:39.85	07:36:46.85	8:20	7.2
24	KUSZKA MICHAŁ	252	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	M-40	24	M 53	01:35:10	02:50:45	04:07:52	05:26:08	06:22:55	07:37:35.70	07:37:52.70	8:21	7.2
25	KRÓL MARCIN	234		OBORNIKI ŚLĄSKIE	POL	M-40	25	M 56	01:40:31	02:56:31	04:15:58	05:34:15	06:29:05	07:40:24.20	07:40:24.20	8:25	7.1
26	BŁĘDOWSKI MARIUSZ	33	COYOTE TEAM	WŁOCŁAWEK	POL	M-40	26	M 57	01:33:59	02:54:38	04:18:02	05:31:34	06:26:30	07:41:39.95	07:41:39.95	8:26	7.1
27	MIKOŁAJCZYK TOMASZ	308	EXPLORADOR	DOPIEWIEC	POL	M-40	27	M 59	01:34:55	02:57:29	04:17:26	05:40:40	06:36:01	07:42:48.35	07:42:56.05	8:27	7.1
28	KOZIEŁ KRZYSZTOF	229	BARANOWO	BARANOWO	POL	M-40	28	M 62	01:34:00	02:50:13	04:10:25	05:34:36	06:30:01	07:44:43.25	07:44:56.00	8:29	7.1
29	CYBULSKI PIOTR	62	WĄGROWIEC	WĄGROWIEC	POL	M-40	29	M 63	01:45:27	03:13:09	04:31:07	05:46:28	06:35:58	07:44:31.00	07:45:12.45	8:29	7.1
30	KRZEMINSKI TOMASZ	238		ŁÓDŹ	POL	M-40	30	M 65	01:35:27	02:50:49	04:10:17	05:34:36	06:32:01	07:48:32.05	07:48:54.90	8:33	7
31	RYCHTYK DAWID	405	140MINUT.PL	WROCŁAW	POL	M-40	31	M 67	01:38:50	03:01:02	04:21:50	05:41:53	06:38:57	07:50:25.10	07:50:35.95	8:35	7
32	JAŚKIEWICZ RAFAŁ	168	COYOTE TEAM	WŁOCŁAWEK	POL	M-40	32	M 68	01:38:12	03:01:09	04:19:51	05:40:24	06:36:47	07:50:58.40	07:50:56.50	8:36	7
33	WOŁOŻYŃ KONRAD	532	ADRENALINA TEAM	STEPNICA	POL	M-40	33	M 73	01:37:21	02:56:11	04:17:59	05:38:56	06:36:51	07:54:34.15	07:56:07.45	8:40	6.9
34	NIEWIADA MACIEJ	328	EXPLORADOR	DOPIEWO	POL	M-40	34	M 74	01:34:27	02:51:27	04:16:51	05:38:58	06:38:14	07:57:04.40	07:57:13.55	8:43	6.9
35	ŁUKOMSKI MACIEJ	275	ŁÓDZKI KLUB WYSOKOGÓRSKI/ SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	35	M 75	01:30:15	02:50:39	04:11:36	05:37:33	06:38:40	07:57:46.60	07:57:50.60	8:44	6.9
36	MIKOŁAJCZYK MIROSLAW	309	MIRAZ RACE TEAM	ZABRZE	POL	M-40	36	M 76	01:25:54	02:54:40	04:18:08	05:45:26	06:45:24	07:58:49.15	07:58:56.10	8:45	6.9
37	KACZOR PIOTR	175	SAMOTNY WILK Z KOTOWIC	KOTOWICE	POL	M-40	37	M 77	01:38:17	02:58:10	04:18:01	05:35:30	06:35:58	07:58:37.60	07:59:02.20	8:44	6.9
38	AZAREWICZ GRZEGORZ	6		GDAŃSK	POL	M-40	38	M 80	01:47:48	03:08:37	04:29:35	05:48:33	06:47:23	08:02:41.65	08:03:02.60	8:49	6.8
39	POCHYLSKI PRZEMYSŁAW	369	ZGRUPKA TEAM	LUBOŃ	POL	M-40	39	M 81	01:44:48	03:06:03	04:30:17	05:52:42	06:53:30	08:02:40.95	08:04:30.05	8:49	6.8
40	LISIECKI TOMASZ	265		LUBOŃ	POL	M-40	40	M 85	01:33:59	02:52:28	04:26:00	05:56:22	06:54:37	08:06:43.30	08:06:59.65	8:53	6.7
41	SZYDLIK ARKADIUSZ	463	DOGÓŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-40	41	M 88	01:35:15	02:56:36	04:19:43	05:41:53	06:49:32	08:09:42.95	08:10:06.35	8:57	6.7
42	RATAJCZAK MARCIN	391		KOTLIN	POL	M-40	42	M 90	01:40:58	03:00:26	04:26:55	05:53:48	06:55:08	08:11:38.25	08:11:51.85	8:59	6.7
43	CZERWINSKI DOMINIK	66	ALVO RACING TEAM	KOMORNIKI	POL	M-40	43	M 91	01:36:08	03:00:46	04:24:55	05:50:44	06:50:36	08:11:39.60	08:11:53.70	8:59	6.7
44	CZYŚCIAK KRZYSZTOF	70	KB SOBÓTKA	ZÓRAWINA	POL	M-40	44	M 93	01:40:59	03:06:38	04:32:12	05:57:57	06:55:31	08:12:44.65	08:12:44.65	9:00	6.7
45	GAŚCZCZAK MARIUSZ	105	KS LENIWIEC /STAJNIAK TEM	KĘPNO	POL	M-40	45	M 94	01:46:42	03:14:58	04:37:29	05:56:22	06:54:23	08:12:46.05	08:12:46.05	9:00	6.7
46	DUDA DAWID	85	REHAU CROSSACTIVE	ŚREM	POL	M-40	46	M 97	01:34:40	02:57:57	04:22:32	05:48:07	06:50:27	08:14:13.60	08:14:25.80	9:02	6.6
47	ROŚLIICKI JAROSŁAW	400	UBEZPIECZENIA DLA AKTYWNYCH/OBORYG ENI	OZOROWICE	POL	M-40	47	M 100	01:44:55	03:16:16	04:45:14	06:03:17	06:59:31	08:15:47.50	08:15:57.55	9:03	6.6



**SGS ULTRA 54KM, M-40 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
48	MALINOWSKI MAREK	285		KRAKÓW	POL	M-40	48	M 101	01:50:58	03:15:05	04:39:03	06:01:11	06:58:19	08:14:59.00	08:15:58.30	9:02	6.6
49	BULKOWSKI TOMASZ	47		SZCZECIN	POL	M-40	49	M 106	01:34:46	02:50:04	04:36:19	05:59:22	06:57:27	08:19:20.90	08:20:04.35	9:07	6.6
50	CAJLER DARIUSZ	50		KOMPRACHCICE	POL	M-40	50	M 107	01:46:13	03:14:03	04:38:53	06:07:00	07:04:28	08:19:54.60	08:20:14.80	9:08	6.6
51	MAJCHRZAK TYMOTEUSZ	280	ZAPIERDALACZE	KATOWICE	POL	M-40	51	M 108	01:42:41	03:10:15	04:28:26	05:56:54	06:57:45	08:20:32.95	08:20:58.25	9:09	6.6
52	WOWK ROBERT	533	SKL	STARGARD	POL	M-40	52	M 109	01:38:07	03:08:45	04:38:25	06:10:02	07:06:28	08:21:00.80	08:21:05.35	9:09	6.6
53	ZYDRÓN TYMOTEUSZ	551	VISEGRAD MARATON RYTRO	KRAKÓW	POL	M-40	53	M 112	01:43:21	03:08:11	04:36:44	06:02:01	07:00:43	08:22:47.00	08:24:00.90	9:12	6.5
54	JANIEC ROBERT	159	RATOWNIK GÓRNICZY	CZELADŹ	POL	M-40	54	M 113	01:42:06	03:10:05	04:32:36	05:59:19	07:02:33	08:22:34.20	08:24:04.85	9:11	6.5
55	JAMROZIAK GRZEGORZ	157	AARSLEFF.BIZ RUNNING TEAM	KAMIEN POMORSKI	POL	M-40	55	M 114	01:45:12	03:10:18	04:36:07	06:00:23	07:01:52	08:23:58.75	08:24:16.65	9:12	6.5
56	FUKS SZYMON	101	MCBIEGACZE	WARSZAWA	POL	M-40	56	M 115	01:35:45	02:59:52	04:25:03	05:53:09	06:59:33	08:24:59.45	08:25:08.30	9:13	6.5
57	KOWALCZYK PAWEŁ	220	KĘCKIE HARPAGANY	KĘTY	POL	M-40	57	M 116	01:35:03	03:01:26	04:28:25	06:00:09	07:02:40	08:25:32.40	08:25:34.05	9:14	6.5
58	MARKOWSKI MAREK	559	KS LENIWIEC	KĘPNO	POL	M-40	58	M 119	01:45:29	03:12:20	04:37:55	06:07:11	07:09:34	08:26:46.75	08:27:07.40	9:15	6.5
59	SYPRIEWSKI KRYSZTOF	453		POZNAŃ	POL	M-40	59	M 121	01:42:35	03:10:11	04:36:55	06:03:35	07:08:06	08:26:32.80	08:27:39.10	9:15	6.5
60	TOMASZEK SEBASTIAN	478		BRZEZINKA SREDZKA	POL	M-40	60	M 122	01:37:45	03:00:24	04:28:56	05:59:47	07:03:51	08:28:22.95	08:28:28.90	9:17	6.5
61	KUSTRA TOMASZ	251		STARGARD	POL	M-40	61	M 125	01:36:59	03:02:36	04:27:06	06:00:30	07:07:03	08:28:29.55	08:28:34.75	9:17	6.5
62	WIŚNIEWSKI WOJCIECH	520		BYDGOSZCZ	POL	M-40	62	M 126	01:42:48	03:10:52	04:38:17	06:02:54	07:02:33	08:28:32.20	08:28:36.65	9:17	6.5
63	JACHYMEK BARTŁOMIEJ	150	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M-40	63	M 130	01:45:07	03:13:51	04:41:23	06:04:55	07:07:17	08:30:56.20	08:31:16.10	9:20	6.4
64	SIKORSKI DARIUSZ	417	INSERT TEAM	DZIERŻONIÓW	POL	M-40	64	M 132	01:47:55	03:21:55	04:43:07	06:11:21	07:11:44	08:29:56.20	08:31:35.10	9:19	6.4
65	BABIARZ ANDRZEJ	7	A NA CO TO KOMU POTRZEBNE	ZIELONKA	POL	M-40	65	M 133	01:40:38	03:08:56	04:42:59	06:14:09	07:14:52	08:32:19.95	08:32:28.95	9:21	6.4
66	GRABKOWSKI RAFAŁ	126	DOGOŃ GRODZISK MAZOWIECKI	ODRANO-WOLA	POL	M-40	66	M 135	01:40:54	03:06:16	04:35:52	06:03:59	07:05:46	08:32:44.05	08:32:52.45	9:22	6.4
67	KURZAWIAK GRZEGORZ	250	KUDOWIANKA RUN	KARŁÓW	POL	M-40	67	M 137	01:36:52	02:58:39	04:24:47	05:53:56	07:01:49	08:32:55.35	08:32:55.35	9:22	6.4
68	POKRYWKA ARKADIUSZ	372		DĄBRÓWKA	POL	M-40	68	M 138	01:46:55	03:14:37	04:38:28	06:08:05	07:12:21	08:33:13.95	08:34:01.95	9:22	6.4
69	KOZAR MARCIN	226	BRAK	TOMASZÓW MAZOWIECKI	POL	M-40	69	M 139	01:38:59	03:08:16	04:34:34	06:04:03	07:09:38	08:34:37.60	08:34:55.80	9:24	6.4
70	KEJNA MACIEK	193		TOMASZÓW MAZOWIECKI	POL	M-40	70	M 140	01:38:53	03:08:10	04:34:30	06:04:02	07:09:33	08:34:35.90	08:34:57.50	9:24	6.4
71	JARUS ANDRZEJ	160	POLISH WINGS	GALLSPACH	AUT	M-40	71	M 141	01:46:23	03:13:34	04:42:21	06:08:40	07:09:29	08:35:01.10	08:35:07.05	9:24	6.4
72	JARZĘBOWICZ ADAM	165	YAZOMBS	KATOWICE	POL	M-40	72	M 142	01:43:15	03:14:51	04:40:46	06:07:24	07:11:15	08:35:09.35	08:35:15.80	9:25	6.4
73	NAPIERAŁA MARCIN	322		KOZIEGŁOWY	POL	M-40	73	M 143	01:46:26	03:17:18	04:49:07	06:17:28	07:19:20	08:35:07.15	08:35:35.95	9:25	6.4
74	PAPROCKI KRZYSZTOF	352		POLKOWICE	POL	M-40	74	M 144	01:45:21	03:13:19	04:44:53	06:12:14	07:14:10	08:35:32.90	08:35:40.90	9:25	6.4
75	PIETRZAK SŁAWOMIR	366		PLESZEW	POL	M-40	75	M 146	01:48:04	03:16:25	04:43:09	06:06:30	07:08:28	08:35:38.15	08:36:05.35	9:25	6.4
76	SŁOWIK GRZEGORZ	427	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	M-40	76	M 149	01:46:01	03:13:05	04:40:10	06:15:05	07:18:05	08:39:04.00	08:39:21.65	9:29	6.3
77	KORBUT RADOŚLAW	214		SIEDLCE	POL	M-40	77	M 150	01:46:31	03:17:33	04:50:24	06:16:37	07:17:55	08:39:35.50	08:39:44.50	9:29	6.3
78	KOŁODZIEJ ADRIAN	210	GRUPA BIEGOWA "BEZ GRANIC"	STRZEGOM	POL	M-40	78	M 151	01:46:04	03:08:55	04:34:36	06:09:12	07:13:28	08:39:11.60	08:39:53.05	9:29	6.3
79	SZYRNER SZYMON	467	KS KROTOSZ KROTOSZYN	ZDUNY	POL	M-40	79	M 152	01:45:42	03:16:42	04:43:52	06:13:56	07:15:30	08:40:08.40	08:40:12.00	9:30	6.3
80	WIERZBIŃSKI KAROL	512	ULTRADZICZKI I ULTRALISICZKI	PIASECZNO	POL	M-40	80	M 153	01:54:19	03:24:45	04:53:44	06:22:33	07:24:41	08:39:30.20	08:40:41.05	9:29	6.3
81	KADŁUBOWSKI PIOTR	178	RUN100LOVE / KOTWICA BRZEG	BRZEG	POL	M-40	81	M 156	01:38:36	03:03:23	04:36:50	06:09:48	07:21:08	08:42:23.90	08:42:27.80	9:32	6.3
82	NOWAK ŁUKASZ	336	MARTYNA KANTOR RUNNING TEAM	POZNAŃ	POL	M-40	82	M 157	01:49:27	03:23:22	04:55:21	06:22:53	07:22:32	08:42:14.85	08:42:32.40	9:32	6.3
83	GOSTYŃSKI KRZYSZTOF	121	RUCZAJ ULTRA TEAM	KRAKÓW	POL	M-40	83	M 160	01:43:34	03:10:27	04:50:39	06:23:56	07:26:16	08:42:23.70	08:43:18.90	9:32	6.3
84	WOJTKOWIAK STEFAN	531	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40	84	M 161	01:54:13	03:30:15	05:01:13	06:27:40	07:26:02	08:43:22.95	08:43:45.20	9:34	6.3
85	WIZA TOMASZ	523		POZNAŃ	POL	M-40	85	M 163	01:56:41	03:34:13	05:01:34	06:31:04	07:29:39	08:44:24.60	08:44:24.60	9:35	6.3
86	BIECHONSKI JAROSŁAW	28		POZNAŃ	POL	M-40	86	M 166	01:47:20	03:15:51	04:44:10	06:16:57	07:20:44	08:45:05.50	08:45:25.90	9:35	6.3
87	ABUCEWICZ MAREK	1	SILESIA MARATON CLUB /WATAHA ŁĄCZY NAS BIEGANIE	SZTUM	POL	M-40	87	M 167	01:37:09	01:51:51	04:22:46	05:56:15	07:05:29	08:46:21.40	08:46:21.40	9:37	6.2

**SGS ULTRA 54KM, M-40 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
88	GAJEWSKI JACEK	103	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-40	88	M 168	01:49:03	03:24:32	04:52:57	06:22:44	07:26:35	08:45:39.90	08:46:22.55	9:36	6.2
89	WOŹNIAK ŁUKASZ	535	PORANNY PATROL	KRAKÓW	POL	M-40	89	M 169	01:48:59	03:38:04	05:11:30	06:38:20	07:33:51	08:45:57.55	08:46:53.45	9:36	6.2
90	HALADYN ŁUKASZ	141		OSTRZESZÓW	POL	M-40	90	M 170	01:41:06	03:04:31	04:33:46	06:11:36	07:18:20	08:47:11.30	08:47:28.60	9:38	6.2
91	SZCZEPAŃSKI MARCIN	459	BEAUTY SPORT RUN	ŁÓDŹ	POL	M-40	91	M 172	01:47:12	03:19:00	04:46:27	06:26:37	07:28:46	08:47:27.45	08:48:05.95	9:38	6.2
92	SZAREK RAFAŁ	456	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	92	M 173	01:34:17	02:59:38	04:27:53	06:08:21	07:21:57	08:48:17.30	08:48:33.40	9:39	6.2
93	PARA JAKUB	354	LESZ NO LIMITS RUNNERS	LESZNO	POL	M-40	93	M 175	01:49:30	03:24:25	04:53:57	06:24:49	07:30:48	08:50:03.10	08:50:29.00	9:41	6.2
94	WÓJCIO HUBERT	536		SZCZAWNICA	POL	M-40	94	M 180	01:56:38	03:28:19	04:56:14	06:19:43	07:25:16	08:50:50.95	08:52:00.10	9:42	6.2
95	WINIAREK LESZEK	517	TEAM DKMS	WARSZAWA	POL	M-40	95	M 184	01:39:05	03:07:48	04:38:58	06:18:59	07:29:54	08:54:47.20	08:55:09.05	9:46	6.1
96	GOS PIOTR	120	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	M-40	96	M 188	01:51:33	03:27:53	05:06:51	06:38:27	07:37:20	08:57:59.50	08:58:08.05	9:50	6.1
97	ŻYŁOWSKI TOMASZ	553		WARSZAWA	POL	M-40	97	M 189	01:51:46	03:25:40	04:54:16	06:27:17	07:31:33	08:58:04.40	08:58:23.60	9:50	6.1
98	KÓZKA PRZEMO	231		SKÓRZEWO	POL	M-40	98	M 190	01:50:04	03:19:45	04:58:51	06:30:17	07:33:33	09:00:01.15	09:01:48.60	9:52	6.1
99	PARZONKA PAWEŁ	356	KS LENIWIEC	KEPNO	POL	M-40	99	M 191	01:45:55	03:13:35	04:46:52	06:17:36	07:37:23	09:02:14.10	09:03:06.10	9:54	6.1
100	O REGAN MARK	347		KRAKOW	POL	M-40	100	M 193	01:59:46	03:32:09	04:59:37	06:23:29	07:31:58	09:02:46.85	09:04:47.15	9:55	6
101	JARUZEL ROBERT	161	SZWLA STARGARD	STARGARD	POL	M-40	101	M 196	01:45:15	03:19:05	04:47:38	06:24:56	07:37:01	09:05:54.30	09:05:58.10	9:58	6
102	GAWROŃSKI ADRIAN	104	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M-40	102	M 197	01:45:27	03:14:57	04:54:06	06:28:49	07:32:22	09:04:34.25	09:05:59.10	9:57	6
103	MANEL MARIUSZ	288	DRUŻYNA SZPIKU	KĄKOLEWO	POL	M-40	103	M 198	01:44:49	03:17:32	04:53:47	06:35:23	07:42:54	09:05:02.45	09:06:00.60	9:57	6
104	TURLEJ WOJCIECH	485		ŚRODA ŚLĄSKA	POL	M-40	104	M 199	01:54:41	03:32:51	05:04:50	06:35:22	07:41:28	09:04:49.00	09:06:35.45	9:57	6
105	NOWAK KRZYSZTOF	335		WARSZAWA	POL	M-40	105	M 202	01:46:03	03:34:22	05:13:33	06:46:32	07:46:50	09:09:01.50	09:09:24.15	10:02	6
106	DOMIŃCZYK RAFAŁ	81	ULTRAS Z ŁAZ	DĄBROWA GÓRNICZA	POL	M-40	106	M 204	01:56:53	03:29:06	04:59:37	06:36:24	07:42:43	09:08:41.45	09:09:28.70	10:01	6
107	SURDAK PIOTR	448		SZCZECIN	POL	M-40	107	M 205	02:03:05	03:41:49	05:13:11	06:42:17	07:46:36	09:08:22.60	09:09:55.10	10:01	6
108	KONARSKI MACIEJ	211	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M-40	108	M 208	01:58:56	03:37:39	05:11:56	06:44:13	07:47:23	09:10:58.55	09:11:08.50	10:04	6
109	STRZYŻEWSKI PAWEŁ	443	SZCZYT ZA SZCZYTEM	WARSZAWA	POL	M-40	109	M 211	01:55:58	03:29:50	05:01:26	06:38:06	07:45:58	09:12:54.95	09:14:12.75	10:06	5.9
110	KACZOR MARCIN	174	ADJ	ŚWIĘCIECHOWA	POL	M-40	110	M 212	01:48:02	03:22:09	04:51:12	06:30:22	07:39:35	09:14:01.55	09:15:10.65	10:07	5.9
111	MEDEJSZO MARIUSZ	298	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	POL	M-40	111	M 214	01:56:09	03:40:53	05:06:57	06:46:56	07:51:04	09:15:29.15	09:15:36.20	10:09	5.9
112	SKRZYPCZAK HUBERT DANIEL	424	RUNNINGPOWERPLAY	PRUSZKÓW	POL	M-40	112	M 216	02:00:46	03:43:19	05:19:30	06:51:41	08:00:51	09:15:35.95	09:16:40.20	10:09	5.9
113	MIERZEJEWSKI ROBERT	305	CENTRUM SZKOLENIA WOJSK LĄDOWYCH	SKÓRZEWO	POL	M-40	113	M 219	01:54:41	03:28:11	05:05:32	06:41:12	07:50:40	09:17:44.15	09:18:07.25	10:11	5.9
114	OSAKOWICZ MATEUSZ OSAKOWICZ	344		WARSZAWA	POL	M-40	114	M 224	01:45:53	03:18:20	04:56:20	06:37:21	07:46:41	09:19:33.75	09:21:10.70	10:13	5.9
115	MAZUR EMILIUSZ	296		DARŁOWO	POL	M-40	115	M 225	01:46:41	03:26:04	05:01:30	06:36:11	07:41:30	09:22:55.20	09:23:23.90	10:17	5.8
116	BARCZAK TOMASZ	16	RUN TEAM MILEJÓW	MILEJÓW	POL	M-40	116	M 226	01:42:44	03:23:34	05:08:21	06:44:48	07:49:52	09:22:59.50	09:23:24.40	10:17	5.8
117	SŁABOŃ MARIUSZ	426	KIWK-A BIEGA	WOLBROM	POL	M-40	117	M 227	01:56:29	03:27:48	05:02:33	06:39:57	07:51:29	09:22:17.95	09:23:25.55	10:16	5.8
118	SZYMCZAK MARCIN	465		MOSINA	POL	M-40	118	M 228	01:53:33	03:28:21	05:06:52	06:44:47	07:49:04	09:23:06.75	09:23:57.95	10:17	5.8
119	ČERVENÝ DAVID	52		STÁRKOV	CZE	M-40	119	M 232	01:51:39	03:31:58	05:08:48	06:47:28	07:54:06	09:26:45.80	09:27:10.30	10:21	5.8
120	KLIMKOWSKI TOMASZ	198		BYTOM	POL	M-40	120	M 235	01:42:45	03:39:11	05:11:36	06:57:42	07:58:40	09:29:18.15	09:29:43.80	10:24	5.8
121	UGOREK JAROSŁAW	490		GORZÓW WLKP.	POL	M-40	121	M 240	01:51:35	03:27:08	05:00:49	06:50:15	08:05:06	09:35:53.85	09:35:56.50	10:31	5.7
122	RUDOL SEBASTIANA	402	PRONATURA	PRĄDOCIN	POL	M-40	122	M 243	01:59:36	03:43:19	05:16:53	06:54:43	07:59:46	09:37:29.60	09:38:45.30	10:33	5.7
123	BALCERZAK MARIUSZ	9	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40	123	M 244	01:55:38	03:37:03	05:10:50	06:54:22	08:04:33	09:39:10.15	09:40:43.35	10:35	5.7
124	BIECUSZEK TOMASZ	29	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	124	M 247	01:46:30	03:32:18	05:14:32	07:06:21	08:15:59	09:42:00.15	09:42:03.10	10:38	5.6
125	DRANICKI ŁUKASZ	83		BYDGOSZCZ	POL	M-40	125	M 250	01:54:51	03:38:54	05:17:33	07:00:19	08:13:11	09:46:24.75	09:46:24.75	10:43	5.6
126	KACZOREK ROBERT	176		WARSZAWA	POL	M-40	126	M 252	01:45:30	03:17:30	04:57:08	06:42:32	08:07:13	09:50:23.05	09:50:36.40	10:47	5.6
127	PYZIK TOMASZ	388	DRUŻYNA MOJACUKRZYCA.PL	GLIWICE	POL	M-40	127	M 254	01:55:36	03:41:40	05:18:19	07:04:09	08:15:59	09:52:15.00	09:52:38.90	10:49	5.5
128	KAMIŃSKI MARCIN	182	WTORKOWY TRENING	GRUDZIĄDZ	POL	M-40	128	M 256	01:48:07	03:27:36	05:05:35	06:53:18	08:14:25	09:52:42.20	09:52:59.20	10:50	5.5
129	ŚWIETEK TOMASZ	471		STANISŁAWICE	POL	M-40	129	M 257	01:57:35	03:32:35	05:05:16	06:53:51	08:13:43	09:52:00.10	09:52:59.35	10:49	5.5
130	KOCZOROWSKI MARCIN	208	TEAM ZABIEGANEDNI	RADIÓWEK	POL	M-40	130	M 261	02:01:22	03:48:44	05:30:30	07:09:12	08:20:32	09:56:34.60	09:57:07.80	10:54	5.5
131	KARPIŃSKI RAFAŁ	189		KIELCE	POL	M-40	131	M 263	02:01:03	03:40:25	05:18:12	07:07:09	08:21:53	09:58:15.20	10:00:11.25	10:56	5.5
132	KALISZEWICZ PIOTR	181	MALINY KALINY CHWARSZCZANY	CHWARSZCZANY	POL	M-40	132	M 264	02:05:11	03:57:12	05:35:00	07:16:31	08:26:25	09:58:47.60	10:00:23.30	10:56	5.5

**SGS ULTRA 54KM, M-40 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
133	BARCIK MACIEJ	15		BIELSKO-BIAŁA	POL	M-40	133	M 266	01:59:20	03:45:33	05:33:54	07:17:22	08:29:54	10:00:52.05	10:01:50.50	10:59	5.5
134	TEODOREK MARCELI	474	ORANGE POLSKA	WARSZAWA (BEMOWO)	POL	M-40	134	M 268	02:04:36	03:56:20	05:35:29	07:23:40	08:32:00	10:05:52.20	10:07:20.40	11:04	5.4
135	KANIA MACIEJ	184		WARSZAWA	POL	M-40	135	M 271	01:47:00	03:31:07	05:23:44	07:09:31	08:23:16	10:10:44.30	10:10:47.20	11:09	5.4
136	GUZIK DANIEL	137		GRABOWA	POL	M-40	136	M 274	02:00:13	03:57:00	05:40:10	07:28:31	08:44:08	10:12:27.55	10:13:20.30	11:11	5.4
137	SKRZYPIŃSKI ARKADIUSZ	425	PSI PATROL	LESZNO	POL	M-40	137	M 275	02:00:14	03:47:25	05:25:57	07:19:32	08:37:07	10:12:43.70	10:13:41.75	11:12	5.4
138	PIDANTY GRZEGORZ	361	ZHR STRZEGOM	STRZEGOM	POL	M-40	138	M 276	02:02:19	03:53:30	05:40:45	07:24:11	08:36:59	10:12:22.80	10:13:43.50	11:11	5.4
139	GUZEK MARIUSZ	135	LOSBIEGANEROSKUTN O	KUTNO	POL	M-40	139	M 277	01:52:01	03:35:13	05:25:38	07:14:39	08:31:07	10:13:33.45	10:14:02.95	11:12	5.3
140	ZIELIŃSKI ADAM	548	DROGA DO ULTRA / EVERRUN	ŁÓDŹ	POL	M-40	140	M 278	01:56:14	03:44:18	05:23:39	07:16:00	08:33:46	10:13:03.90	10:14:32.40	11:12	5.4
141	SIWEK GRZEGORZ	420	LANRUNS	LANCKORONA	POL	M-40	141	M 280	01:57:17	03:42:42	05:20:59	07:16:51	08:33:10	10:15:53.85	10:18:22.05	11:15	5.3
142	KULAK PAWEŁ	244		PRUSZKÓW	POL	M-40	142	M 281	02:02:48	03:54:56	05:41:10	07:26:25	08:39:38	10:19:43.05	10:20:00.65	11:19	5.3
143	KRAWIETZ TOMASZ	232	IZERSKI NIEDŹWIEDŹ FESTIVAL INDUSTRIAL	SZKLARSKA PORĘBA	POL	M-40	143	M 283	02:05:01	03:56:56	05:44:43	07:27:15	08:44:49	10:22:44.20	10:23:56.20	11:23	5.3
144	MALEŃCZYK JACEK	284		PYSKOWICE	POL	M-40	144	M 284	02:01:18	03:54:12	05:41:07	07:24:23	08:43:06	10:22:14.75	10:24:06.50	11:22	5.3
145	DUBOVYI PAVLO	84	ENDURANCE SCHOOL	GDAŃSK	POL	M-40	145	M 286	02:01:26	03:40:47	05:22:25	07:13:41	08:38:02	10:24:56.05	10:25:37.25	11:25	5.3
146	NALEWAJKO JACEK	321	#BIEGAJLESZNO	LESZNO	POL	M-40	146	M 287	01:57:57	03:39:28	05:24:17	07:17:30	08:41:40	10:26:08.85	10:26:43.00	11:26	5.2
147	KOWALSKI KRZYSZTOF	225	STS BIEGATON	MIKOŁÓW	POL	M-40	147	M 288	02:04:51	03:59:10	05:42:40	07:28:34	08:43:38	10:26:44.85	10:26:59.80	11:27	5.2
148	MACEK MARCIN	276	DOGOŃ GRODZISK MAZOWIECKI	KSIĄŻENICE	POL	M-40	148	M 289	02:00:30	03:43:24	05:25:23	07:14:57	08:35:55	10:26:55.70	10:27:07.15	11:27	5.2
149	JAGIEŁŁO KONRAD	153	RAN TEAM MILEJÓW	MILEJÓW	POL	M-40	149	M 290	01:40:39	03:07:04	05:40:34	07:30:35	08:48:41	10:28:39.85	10:29:21.40	11:29	5.2
150	FRANKIEWICZ JAKUB	98		KRAKÓW	POL	M-40	150	M 292	02:00:16	03:42:57	05:22:23	07:32:49	08:52:39	10:32:45.15	10:33:31.55	11:34	5.2
151	HAIDA MARCIN	139		ŚWIĘTOCHŁOWICE	POL	M-40	151	M 293	01:59:18	03:38:41	05:26:40	07:19:13	08:40:28	10:32:16.90	10:33:57.45	11:33	5.2
152	SOCHACKI MARIUSZ	432	GRUPA JURA.PL	LGOTA MUROWANA	POL	M-40	152	M 295	02:10:52	03:56:53	05:41:42	07:34:32	08:54:55	10:34:09.70	10:35:08.60	11:35	5.2
153	MIGDAŁ ADRIAN	306		KŁAJ	POL	M-40	153	M 297	02:05:36	03:56:04	05:46:32	07:32:46	08:52:36	10:36:16.65	10:37:05.00	11:37	5.2
154	GOLEK SEWERYN GOLEK	115		LONDON	GBR	M-40	154	M 299	01:53:31	03:34:16	05:20:20	07:13:01	08:43:37	10:38:59.50	10:40:57.55	11:40	5.1
155	ŚWIERCZEWSKI KRZYSZTOF	470	BIEGOWA KUŹNIA	SOSNOWIEC	POL	M-40	155	M 300	02:00:41	03:52:26	05:40:02	07:35:52	08:58:57	10:43:03.25	10:43:17.85	11:45	5.1
156	MODERSKI MATEUSZ	313		LEGNICA	POL	M-40	156	M 302	02:02:43	03:54:15	05:37:48	07:28:23	08:55:12	10:42:03.95	10:43:19.40	11:44	5.1
157	PUCHAŁA MARIUSZ	386	NAPRZÓD MŁOCINY	WARSZAWA	POL	M-40	157	M 303	02:03:02	03:57:58	05:50:19	07:48:34	09:04:53	10:44:03.55	10:44:56.50	11:46	5.1
158	SZABLA MARCIN	455	SAINT GOBAIN SQUAD	GRABOWA	POL	M-40	158	M 304	02:11:05	04:03:24	05:47:43	07:48:33	09:09:30	10:49:50.35	10:50:39.20	11:52	5.1
LIM	GÓRNIK JAROSŁAW	123	JARBUD	POGÓRZE	POL	M-40	LIM	LIM	02:19:15	04:15:20	06:05:54	07:53:28	09:16:45	11:01:35.10	11:02:48.40	0:00	5
LIM	KLIMOWSKI DANIEL	199	FANTASTIC TEAM	PIERŚCIEC	POL	M-40	LIM	LIM	02:03:01	03:55:45	05:52:32	07:56:51	09:26:44	11:19:43.25	11:20:19.20	0:00	4.8
	GOŁEK ROBERT	116	FORZA ŁĘKAWICA	ŁĘKAWICA	POL	M-40			01:30:48	02:45:29	04:06:19	05:28:01	DNF	DNF	DNF	-	-
	KARASEK GRZEGORZ	187		NIEGOWONICE	POL	M-40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIŁKOWSKI MARCIN	310		SOCHACZEW	POL	M-40			02:34:49	04:35:38	DNF	08:02:44	DNF	DNF	DNF	-	-
	FRIEZE KRZYSZTOF	100	ORANGE POLSKA	ŁÓDŹ	POL	M-40			02:22:53	04:24:17	06:23:09	08:08:08	DNF	DNF	DNF	-	-
	WILK MACIEJ	516	RAMBO 3	BYTOM	POL	M-40			01:10:22	02:04:51	03:04:37	DNF	DNF	DNF	DNF	-	-
	KITA MICHAŁ	197	PĘDZĄCY W MIEJSCU	WROCŁAW	POL	M-40			01:22:34	01:49:46	03:56:32	DNF	DNF	DNF	DNF	-	-
	PAŁCZYŃSKI PAWEŁ	349		GRZĘDZICE	POL	M-40			01:40:52	03:21:07	05:21:22	DNF	DNF	DNF	DNF	-	-
	BARAŃSKI PIOTR	14		JÓZEFOSŁAW	POL	M-40			01:55:40	02:13:07	05:45:10	DNF	DNF	DNF	DNF	-	-
	GÓRSKI MARCIN	124		WARSZAWA	POL	M-40			02:03:18	03:57:15	05:47:24	DNF	DNF	DNF	DNF	-	-
	KRYSIAK ŁUKASZ	237	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M-40			02:05:20	03:59:20	05:54:44	DNF	DNF	DNF	DNF	-	-
	PRZESPOLEWSKI RAFAŁ	381	ŁUDZIE Z WIOCHY	STUDZIENIEC	POL	M-40			02:18:08	04:14:42	05:59:00	DNF	DNF	DNF	DNF	-	-
	NOWAK MARCIN	333	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-40			02:09:23	04:15:23	05:59:58	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, M-40 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
	POPEK MACIEJ	374	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M-40			02:12:05 DNF	04:06:11 DNF	06:02:47 DNF	DNF	DNF	DNF	DNF	-	-
	SIKORA MICHAŁ	415	PASTERKA PANY	PUŁAWY	POL	M-40			02:04:13 DNF	04:03:18 DNF	06:10:28 DNF	DNF	DNF	DNF	DNF	-	-
	HOFFMANN GRZEGORZ	143	KOŚCIAN TEAM	CZEMPIŃ	POL	M-40			01:55:47 DNF	02:11:25 DNF	06:20:08 DNF	DNF	DNF	DNF	DNF	-	-
	PRZEWŁOKA WOJCIECH	382	SAINT GOBAIN SQUAD	KOLBARK	POL	M-40			02:02:15 DNF	03:54:57 DNF	06:21:52 DNF	DNF	DNF	DNF	DNF	-	-
	JABŁOŃSKI ARTUR	557	DREAM RUN / NATIONALE-NEDERLANDEN	WARSZAWA	POL	M-40			01:11:27 DNF	02:14:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUMELA MICHAŁ	247		ŻÓŁWIN	POL	M-40			02:16:35 DNF	04:20:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SIEKIERSKI TOMASZ	413	PRONATURA BYDGOSZCZ	SOLEC KUJAWSKI	POL	M-40			02:25:02 DNF	04:24:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRUSZKA STANISŁAW	235		WŁOCŁAWEK	POL	M-40			02:23:30 DNF	04:35:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DONAJ ADAM	82		KOŚCIAN	POL	M-40			02:29:23 DNF	04:36:51 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC ANDRZEJ	542	DRUŻYNA SZPIKU	CZŁUCHÓW	POL	M-40			02:29:10 DNF	04:38:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KADECKI MAREK	177		KARGOSZYN	POL	M-40			02:39:59 DNF	04:43:36 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MASTALERSKI DARIUSZ	293		GRODZISK MAZOWIECKI	POL	M-40			02:38:01 DNF	04:47:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KUJAWIŃSKI KRZYSZTOF	243		KALISZ	POL	M-40			02:34:55 DNF	04:51:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KMERA RAFAŁ	202	BIG YELLOW FOOT	GDAŃSK	POL	M-40			02:43:26 DNF	04:51:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	543	BEZULTRADZIKI/WKURW_TEAM	POZNAŃ	POL	M-40			02:37:45 DNF	04:52:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, K-50**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	STRAUCHOLD ANNA	442	NOA	KAMIENIEC WROCLAWSKI	POL	K-50	1	K 20	01:45:15	03:13:36	04:43:32	06:08:58	07:09:25	08:30:20.65	08:30:37.30	9:19	6.4
2	SKRĘTEK MONIKA	422	BIEGAMDLAZDROWIA.PL	JELENIA GÓRA	POL	K-50	2	K 33	02:00:32	03:40:29	05:09:56	06:43:04	07:44:22	09:05:05.25	09:06:46.50	9:57	6
3	MOLIŃSKA MARLENA	314		WROCLAW	POL	K-50	3	K 35	01:57:38	03:32:22	05:02:51	06:32:20	07:35:39	09:05:16.80	09:07:14.20	9:58	6
4	LENART JOANNA	260	ZADYSZKA OŚWIĘCIM	CHEŁMEK	POL	K-50	4	K 36	01:59:47	03:34:51	05:09:30	06:38:16	07:38:09	09:07:20.75	09:07:46.30	10:00	6
5	TOCZEWSKA ANNA	476	KS STASZEWSKY	WARSZAWA	POL	K-50	5	K 46	02:02:35	03:45:06	05:25:45	07:05:53	08:14:05	09:36:12.40	09:36:38.90	10:32	5.7
6	GŁOWACKA RENATA	107	PANTERA	PIOTRKÓW TRYBUNALSKI	POL	K-50	6	K 63	02:02:22	03:50:46	05:32:54	07:12:05	08:22:45	09:53:55.95	09:54:37.10	10:51	5.5
7	JAMRÓZ MARIOLA	158		KIELCE	POL	K-50	7	K 86	02:09:20	03:58:59	05:48:10	07:36:02	08:51:47	10:37:03.40	10:37:26.15	11:38	5.2
	LIM BEŁDOWSKA BEATA	21	FUDU&CO.SPORT.TEAM	PIOTRKÓW TRYBUNALSKI	POL	K-50	LIM	LIM	02:25:40	04:29:47	06:15:34	08:15:23	09:37:24	11:31:21.10	11:31:59.00	0:00	4.7

**SGS ULTRA 54KM, M-50**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	BOROWCZYK JACEK	36	ANTEK TEAM	TOMASZÓW MAZOWIECKI	POL	M-50	1	M 39	01:34:25	02:48:41	04:03:26	05:16:05	06:07:38	07:18:55.85	07:19:38.10	8:01	7.5

## SGS ULTRA 54KM, M-50 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
2	LUBAŃSKI ROBERT	268		BUKOWICE	POL	M-50	2	M 41	01:34:27	02:51:12	04:09:43	05:22:26	06:12:58	07:22:19.20	07:22:24.90	8:05	7.4
3	BROK JACEK	39		PLEWISKA	POL	M-50	3	M 47	01:34:35	02:46:16	04:04:37	05:23:13	06:16:14	07:27:41.40	07:27:50.85	8:11	7.3
4	SWĘDZIÓŁ ROBERT	451	OLKUSZBIEGA.PL	OLKUSZ	POL	M-50	4	M 49	01:34:55	02:49:02	04:03:16	05:19:01	06:18:30	07:36:05.95	07:36:12.25	8:20	7.2
5	PAPUGA DARIUSZ	353	ZADYSZKA OŚWIĘCIM	JAWISZOWICE	POL	M-50	5	M 60	01:34:01	02:54:56	04:13:03	05:36:44	06:29:56	07:43:56.25	07:43:58.10	8:28	7.1
6	SYMULA PIOTR	452	SAN ESCOBAR	BIELSKO-BIALA	POL	M-50	6	M 69	01:36:08	02:55:09	04:18:44	05:32:17	06:26:45	07:51:39.70	07:51:59.55	8:37	7
7	BANDUROWSKI ANDRZEJ	11	KB SPOCENI NOWA SÓL	NOWA SÓL	POL	M-50	7	M 70	01:38:05	02:58:01	04:18:50	05:36:00	06:31:48	07:52:15.40	07:52:24.80	8:38	6.9
8	BONIKOWSKI TOMASZ	34		GRODZISK MAZ	POL	M-50	8	M 71	01:40:54	03:01:34	04:21:04	05:37:40	06:37:06	07:52:09.50	07:52:39.40	8:37	7
9	BEŁDOWSKI SŁAWOMIR	22	FUDU&CO.	PIOTRKÓW TRYBUNALSKI	POL	M-50	9	M 84	01:36:07	02:55:34	04:19:44	05:43:08	06:44:43	08:05:02.65	08:05:45.90	8:52	6.8
10	NOGA ADAM	331	ZADYSZKA	BIERUŃ	POL	M-50	10	M 86	01:38:45	02:57:35	04:22:29	05:47:27	06:47:11	08:09:20.65	08:09:25.40	8:56	6.7
11	ŚWIERCZEK GRZEGORZ	469	JURA.PL	ZAWIERCIE	POL	M-50	11	M 87	01:45:16	03:11:10	04:33:09	05:58:15	06:56:39	08:09:28.35	08:09:56.40	8:56	6.7
12	OLSZAK ZENON	340	OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M-50	12	M 89	01:41:14	03:10:04	04:32:30	05:55:58	06:54:32	08:11:17.70	08:11:17.70	8:58	6.7
13	PRZYBYŁ PIOTR	383	EASY RUNNERS	GOSTYŃ	POL	M-50	13	M 95	01:36:55	03:02:30	04:25:52	05:57:33	06:55:39	08:13:08.75	08:13:16.75	9:00	6.7
14	BIELECKI ROBERT	30	KEEN ON RUNNING	BIAŁA PODLASKA	POL	M-50	14	M 110	01:44:51	03:13:38	04:40:32	06:04:30	07:04:40	08:21:41.95	08:21:45.55	9:10	6.5
15	KARWACKI GRZEGORZ	191	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M-50	15	M 123	01:45:19	03:06:55	04:33:16	06:00:44	07:03:23	08:28:12.95	08:28:33.35	9:17	6.5
16	MOSZKOWSKI BOGDAN	318		KOBIERZYCE	POL	M-50	16	M 134	01:49:17	03:19:16	04:47:55	06:11:43	07:14:29	08:30:44.30	08:32:46.80	9:20	6.4
17	WALCZAK DARIUSZ	495	OLKUSZBIEGA	BOLESŁAW	POL	M-50	17	M 145	01:49:29	03:20:07	04:51:32	06:16:52	07:15:13	08:36:04.60	08:36:04.60	9:26	6.4
18	SUCHANEK RADOSŁAW	444		KŁOBUCK	POL	M-50	18	M 159	01:46:34	03:16:15	04:46:24	06:13:26	07:16:25	08:43:02.95	08:43:17.80	9:33	6.3
19	RZEPKA REMIGIUSZ	407	GREENBUD	MIKOŁÓW	POL	M-50	19	M 162	01:48:22	03:10:34	04:42:54	06:09:16	07:14:21	08:42:50.85	08:44:18.25	9:33	6.3
20	SZMAGAJ MARCIN	460	SKL	STARGARD	POL	M-50	20	M 165	01:45:11	03:18:59	04:47:33	06:17:03	07:19:10	08:45:15.90	08:45:21.55	9:36	6.2
21	MIĄSKO WOJCIECH	302	12TRI.PL	WARSZAWA	POL	M-50	21	M 182	01:50:02	03:18:38	04:53:04	06:27:09	07:28:19	08:52:17.00	08:54:23.00	9:43	6.2
22	GOCAŁ MAREK	114		LODZ	POL	M-50	22	M 183	01:51:16	03:29:29	04:56:49	06:27:24	07:30:35	08:54:26.05	08:55:02.30	9:46	6.1
23	GMITEREK TOMASZ	113	BIŁGORAJ ULTRA TRAIL	LUBLIN	POL	M-50	23	M 187	01:53:28	03:30:58	05:01:03	06:33:00	07:37:22	08:56:14.80	08:56:45.00	9:48	6.1
24	LENART ARTUR	259	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	M-50	24	M 201	01:59:45	03:34:50	05:09:27	06:38:15	07:38:07	09:07:20.50	09:07:47.55	10:00	6
25	BARAŃ STANISŁAW	13	SAINT GOBAIN SQUAD	CIEŚLIN	POL	M-50	25	M 203	01:57:01	03:29:05	04:59:35	06:36:23	07:42:43	09:08:39.90	09:09:28.55	10:01	6
26	MAŁKOWSKI BOGDAN	287	SPARTANIE DZIECIOM	MURÓW	POL	M-50	26	M 209	01:50:37	03:32:52	05:05:28	06:41:28	07:46:08	09:10:34.00	09:11:53.65	10:03	6
27	KILIŃSKI JACEK	196		OSTROWY NAD OKSZĄ	POL	M-50	27	M 210	01:38:06	03:12:38	04:54:20	06:34:29	07:41:25	09:13:29.20	09:13:32.20	10:07	5.9
28	SZWEDKA PIOTR	462	PRZEMYSKI KLUB BIEGACZA	GDYNIA	POL	M-50	28	M 215	01:40:59	03:09:14	04:37:18	06:30:12	07:43:20	09:16:09.55	09:16:26.35	10:10	5.9
29	DESSELBERGER ANDRZEJ	76	ENERGY TRI	WŁOCLAWEK	POL	M-50	29	M 222	01:57:23	03:31:36	05:10:10	06:43:20	07:52:55	09:19:35.25	09:20:14.15	10:13	5.9
30	ROLIŃSKI RADOSŁAW	397		OLEŚNICA	POL	M-50	30	M 229	02:05:56	03:33:58	05:22:25	06:35:10	07:49:37	09:25:04.20	09:25:38.35	10:19	5.8
31	INDRASZAK ADAM	147	SILESIA MARATHON CLUB	KATOWICE	POL	M-50	31	M 231	01:55:27	03:38:14	05:11:59	06:44:36	07:51:39	09:26:07.45	09:26:47.35	10:20	5.8
32	KOWALEWSKI JAROSŁAW	221	PROJEKT1000UP	GDYNIA	POL	M-50	32	M 234	01:46:24	03:27:43	05:10:01	06:52:39	08:01:09	09:27:35.50	09:27:45.55	10:22	5.8
33	DZICZEK IRENEUSZ	89	RAZ SZCZECIN	SZCZECIN	POL	M-50	33	M 238	01:49:31	03:31:59	05:12:28	06:53:07	08:03:17	09:33:31.80	09:33:37.65	10:29	5.7
34	LASKOWSKI TOMASZ	257		KRAKÓW	POL	M-50	34	M 241	01:52:41	03:20:38	04:49:02	06:38:52	08:03:12	09:34:26.20	09:36:26.70	10:30	5.7
35	MAJEWSKI MACIEJ	281		POZNAŃ	POL	M-50	35	M 245	02:03:32	03:46:08	05:22:28	06:56:31	08:03:02	09:41:29.80	09:41:40.05	10:37	5.6
36	CZAPIGA ROBERT	63	ZAWSZE Z GŁOWĄ...	WROCLAW	POL	M-50	36	M 246	02:00:49	03:40:41	05:19:48	06:56:56	08:04:54	09:40:10.95	09:41:46.20	10:36	5.7
37	MONIAKOWSKI ADAM	315	BUTTONTEAM	ŻARY	POL	M-50	37	M 251	02:02:13	03:40:10	05:21:00	06:59:28	08:11:00	09:47:22.30	09:48:54.60	10:44	5.6
38	BEBEN ROBERT	23	OSTROBIEC	OSTROWIEC SWIETOKRZYSKI	POL	M-50	38	M 255	02:19:57	04:05:57	05:42:22	07:14:26	08:18:59	09:51:37.20	09:52:58.80	10:48	5.5
39	CZUBA ROBERT	68	ORANGE POLSKA	PUSZCZYKOWO	POL	M-50	39	M 260	02:00:32	03:48:21	05:26:51	07:06:56	08:17:39	09:54:18.60	09:54:29.35	10:51	5.5
40	TOKARZ ROBERT	477		TARNÓW	POL	M-50	40	M 262	01:49:45	03:32:10	05:11:41	07:02:13	08:18:20	09:57:04.55	09:59:43.90	10:54	5.5
41	SZYŃKLEWSKI MACIEJ	466	QUAY POZNAŃ	POZNAŃ	POL	M-50	41	M 267	01:31:09	02:00:13	05:28:28	07:11:00	08:28:34	10:06:17.30	10:06:55.05	11:05	5.4
42	BUDZIŃSKI KRZYSZTOF	44	STOWARZYSZENIE SPORTOWE FENIKS	OPOLE	POL	M-50	42	M 279	02:01:02	03:45:49	05:30:01	07:18:32	08:31:50	10:14:31.20	10:16:04.40	11:14	5.3
43	WICHEREK MACIEJ	509	ITMBW	KRAKÓW	POL	M-50	43	M 282	02:00:01	04:08:02	05:43:00	07:39:41	09:01:00	10:19:37.65	10:20:41.30	11:19	5.3
44	LEWANDOWSKI ARTUR	556	***** ***	WŁOCLAWEK	POL	M-50	44	M 285	02:01:38	03:46:20	05:37:09	07:22:33	08:49:33	10:23:04.55	10:24:15.70	11:23	5.3
45	LEŚNIEWSKI SŁAWOMIR	261	PARKRUN SŁODOWO, WŁOCLAWEK	WŁOCLAWEK	POL	M-50	45	M 291	01:55:21	03:41:19	05:31:09	07:24:15	08:52:14	10:32:11.10	10:32:39.25	11:33	5.2
46	SUCHENIA DANIEL	445	KAT CROSS	WAŁBRZYCH	POL	M-50	46	M 298	02:03:36	03:48:15	05:35:30	07:29:21	08:51:42	10:36:24.80	10:37:26.70	11:38	5.2
47	KNUROWSKI MARCIN	204		PRZEDMOŚCIE	POL	M-50	47	M 305	01:45:52	02:04:54	05:48:55	07:49:42	09:12:41	10:51:41.20	10:53:26.60	11:54	5
48	SERAFIN ROBERT	411		RADKÓW	POL	M-50	48	M 307	01:54:15	03:42:44	05:46:19	07:37:43	09:03:44	10:56:42.30	10:57:21.10	12:00	5

**SGS ULTRA 54KM, M-50 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
49	WARA-WĄSOWSKI MACIEJ	500	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	M-50	49	M 308	02:04:37	04:00:20	05:56:38	07:55:07	09:17:03	10:57:01.90	10:57:46.15	12:00	5
	BORKOWSKI KRZYSZTOF	35		WROCŁAW	POL	M-50			01:40:36	03:05:38	04:43:52	06:36:21	DNF	DNF	DNF	-	-
	COLAUTTI ENRICO	61	BAD ORGANIZER TEAM	WARSZAWA	POL	M-50			02:03:35	03:52:53	DNF	08:02:07	DNF	DNF	DNF	-	-
	DĄBROWSKI MICHAŁ	75	CINCLUS	ŚWIĘTOCHŁOWICE	POL	M-50			01:39:10	03:10:29	04:50:02	DNF	DNF	DNF	DNF	-	-
	GRZYMSKI JERZY	133	SG	LIPNIK	POL	M-50			01:52:31	03:35:02	05:20:34	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI PAWEŁ	183		MUROWANIEC	POL	M-50			02:00:57	03:50:10	05:43:57	DNF	DNF	DNF	DNF	-	-
	WAŁEK PIOTR	498	VELO ŁOSIE NA SZOSIE	WARSZAWA	POL	M-50			02:12:07	04:27:35	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, K-60**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	WARZECHA TERESA	501	RUNNERS TEAM NYSA	PACZKÓW	POL	K-60	1	K 15	01:44:24	03:12:57	04:36:19	06:00:14	06:57:42	08:13:34.95	08:13:56.20	9:01	6.6
	PIECUCH MAŁGORZATA	363		PRZEWORSK	POL	K-60			02:22:29	04:23:43	06:21:03	08:16:06	DNF	DNF	DNF	-	-
	LEWICKA BOŻENA	262	GONIMY	KĘTY	POL	K-60			02:32:08	03:10:13	DNF	DNF	DNF	DNF	DNF	-	-

**SGS ULTRA 54KM, M-60**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	13.9km	22.9km	33.7km	40.9km	47.7km	Netto	Brutto	min/km	km/h
1	SOWA DARIUSZ	434	CZARNECKI RUN TEAM/RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M-60	1	M 83	01:47:08	03:12:11	04:29:56	05:22:05	06:50:30	08:04:17.90	08:04:41.35	8:51	6.8
2	KORZYCKI TADEUSZ	216		SOSNÓWKA	POL	M-60	2	M 104	01:45:56	03:10:30	04:32:46	05:56:50	06:58:33	08:18:01.60	08:18:27.00	9:06	6.6
3	KOWALSKI ANDRZEJ	224		WROCŁAW	POL	M-60	3	M 127	01:44:46	03:10:46	04:36:29	06:07:44	07:09:08	08:27:43.70	08:28:39.90	9:16	6.5
4	RAJTAR ZBIGNIEW	389	RONTIL-COMPASS	KRAKÓW	POL	M-60	4	M 155	01:45:34	03:18:16	04:49:01	06:17:08	07:19:14	08:41:24.20	08:41:32.80	9:31	6.3
5	PIETROWSKI MARIUSZ	364		POZNAŃ	POL	M-60	5	M 194	01:55:36	03:24:36	05:03:55	06:34:37	07:40:29	09:03:33.55	09:05:18.55	9:56	6
6	LISZKA PIOTR	266		BYTOM	POL	M-60	6	M 200	02:05:51	03:45:59	05:13:24	06:41:16	07:40:25	09:06:52.00	09:07:13.00	9:59	6
7	NĘDZUSIAK DARIUSZ	324		ALEKSANDRÓW KUJAWSKI	POL	M-60	7	M 207	01:59:54	03:33:37	05:02:22	06:36:10	07:42:22	09:10:05.15	09:11:07.50	10:03	6
8	MATYSZKOWICZ JANUSZ	295	GONIMY	KĘTY	POL	M-60	8	M 213	01:55:40	03:30:26	05:05:50	06:40:34	07:47:21	09:14:54.95	09:15:24.60	10:08	5.9
9	JACHYMSKI JACEK	151	AKADEMICKI KLUB GÓRSKI W ŁÓDZI	ŁÓDŹ	POL	M-60	9	M 236	02:04:13	03:41:33	05:17:11	05:19:10	08:00:54	09:30:54.00	09:30:54.00	10:26	5.7
10	TURLEJ DARIUSZ	484	BEZ KONDYCJI	WARSZAWA	POL	M-60	10	M 248	02:01:15	03:42:20	05:17:13	06:56:22	08:08:01	09:40:15.20	09:42:57.50	10:36	5.7
11	GONCIARZ ANDRZEJ	118		LGOTA	POL	M-60	11	M 294	01:57:56	03:38:45	05:24:59	07:35:54	08:54:27	10:32:56.20	10:34:28.70	11:34	5.2
12	MIREK WALDEMAR	312		KUŹNIA RACIBORSKA	POL	M-60	12	M 301	02:04:39	03:52:41	05:41:45	07:29:13	08:54:57	10:42:33.60	10:43:19.10	11:44	5.1
13	IGRAS MIECZYŚLAW	146	RUNNERSTEAMNYSA	NYSA	POL	M-60	13	M 306	02:05:07	03:53:51	05:38:19	07:31:47	09:03:48	10:55:12.20	10:55:45.25	11:58	5
	GŁUSZCZAK JERZY	111		ŁÓDŹ	POL	M-60			02:29:42	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF