

ZŁOTY MARATON - 45 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-07-14
Miejsce: Łądek-Zdrój
Dystans: 45 km
Klasyfikacja wg czasów brutto.



ZŁOTY MARATON - 45 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
1	BOULKHALF ABDELLATIF	5630	KB WIKON	MODRZYCA	MAR	SENIOR II M - 30	1	M 1	00:00:03	00:54:41	02:00:00	02:58:34	03:49:37.75	03:49:37.75	5:06	11.8
2	KASZUBA MICHAŁ	5668	GRUPA NOMAX	PIEKARY ŚLĄSKIE	POL	MASTERS M - 40	1	M 2	00:00:05	00:57:32	02:04:19	02:58:21	03:53:51.05	03:53:51.05	5:11	11.5
3	WILK MACIEJ	5584	RAMBO 3	BYTOM	POL	MASTERS M - 40	2	M 3	00:00:02	00:54:43	02:00:20	03:00:39	03:58:39.00	03:58:39.00	5:18	11.3
4	SZKOŁUDA MIŁOSZ	5390	BIEGOLAS KOSZALIN	KOSZALIN	POL	SENIOR I M - 20	1	M 4	00:00:05	00:54:45	02:02:29	03:05:58	04:06:13.70	04:06:13.70	5:28	11
5	MÜLLER CHRISTOPH	5447	ŁĄDEK-ZDRÓJ RUNNERS	ZEULENRODA-TRIEBES	GER	SENIOR II M - 30	2	M 5	00:00:03	00:58:27	02:09:51	03:11:25	04:12:55.90	04:12:55.90	5:37	10.7
6	WRÓBLEWSKI ROBERT	5628		LUBLIN	POL	SENIOR II M - 30	3	M 6	00:00:07	00:54:44	02:02:32	03:13:10	04:18:19.05	04:18:19.05	5:44	10.5
7	WIECZOREK NINA	5375	MOCNA GRUPA CEZARA/SBRT WROCŁAW	OLEŚNICA	POL	SENIOR I K - 20	1	K 1	00:00:15	01:03:37	02:15:04	03:17:24	04:19:43.55	04:19:43.55	5:46	10.4
8	SZAFRANEK PAWEŁ	5252	STAŃCZAK TEAM	USTROŃ	POL	SENIOR II M - 30	4	M 7	00:00:47	01:02:28	02:14:46	03:17:52	04:21:11.60	04:21:11.60	5:48	10.3
9	MIELEWCZYK TOMASZ	5139	VERGE RUNNING TEAM	JELEŃ GÓRA	POL	MASTERS M - 40	3	M 8	00:00:06	01:02:39	02:18:08	03:24:57	04:32:10.35	04:32:10.35	6:02	9.9
10	TOMASIAK NATALIA	5686	SALOMON TEAM	KRYNICA	POL	SENIOR II K - 30	1	K 2	00:00:03	01:02:34	02:15:04	03:23:54	04:32:24.50	04:32:24.50	6:03	9.9
11	SZYMAŃCZUK JACEK	5535	#BIEGIEMWLAS/NARAMOWI CE BIEGAJĄ	POZNAŃ	POL	SENIOR II M - 30	5	M 9	00:00:04	00:57:25	02:11:12	03:24:56	04:34:53.50	04:34:53.50	6:06	9.8
12	WALKOSZ MATEUSZ	5303	#SOBASTEAM	SZAFŁARY	POL	SENIOR II M - 30	6	M 10	00:00:04	01:02:41	02:20:42	03:27:52	04:35:12.50	04:35:12.50	6:06	9.8
13	BEDNARCZYK MAGDALENA	5534	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	SENIOR II K - 30	2	K 3	00:00:14	01:04:45	02:22:17	03:29:54	04:36:09.65	04:36:09.65	6:08	9.8
14	FISZER SEBASTIAN	5162		OPOROWO	POL	MASTERS M - 40	4	M 11	00:00:28	01:02:39	02:19:15	03:31:30	04:38:55.35	04:38:55.35	6:11	9.7
15	KUPCZYK SŁAWOMIR	5555		POLKOWICE	POL	MASTERS M - 40	5	M 12	00:00:36	01:03:54	02:20:43	03:33:38	04:43:00.15	04:43:00.15	6:17	9.5
16	BIAŁOŁOCKI MARCIN	5660		WROCŁAW	POL	MASTERS M - 40	6	M 13	00:00:21	01:03:22	02:18:03	03:32:06	04:43:24.00	04:43:24.00	6:17	9.5
17	GREGORCZYK LUKASZ	5608	VEGE RUNNERS	WARSZAWA	POL	SENIOR II M - 30	7	M 14	00:00:05	01:01:57	02:21:06	03:33:14	04:43:46.75	04:43:46.75	6:18	9.5
18	BRZOZA ADAM	5449	NG POLAND	ZAKOPANE	POL	WETERAN I M - 50	1	M 15	00:00:06	01:08:26	02:28:05	03:37:33	04:44:09.60	04:44:09.60	6:18	9.5
19	BIAŁOŁOCKA ALICJA	5218		WROCŁAW	POL	SENIOR II K - 30	3	K 4	00:00:16	01:05:54	02:25:08	03:41:06	04:44:57.90	04:44:57.90	6:19	9.5
20	GREIVELDINGER GILLES	5622	FEHLAU RUN TEAM	KORNIK	POL	WETERAN I M - 50	2	M 16	00:00:14	01:04:50	02:25:12	03:41:31	04:45:33.35	04:45:33.35	6:20	9.5
21	FLOREK KATARZYNA	5206	140MINUT.PL	WROCŁAW	POL	SENIOR II K - 30	4	K 5	00:00:06	01:05:53	02:25:04	03:39:10	04:45:48.90	04:45:48.90	6:21	9.4
22	KRAJKA JAROSŁAW	5241	AZS UMCS BIEGA	LUBLIN	POL	MASTERS M - 40	7	M 17	00:00:07	01:09:47	02:32:34	03:42:36	04:48:48.60	04:48:48.60	6:25	9.3
23	STASIUKAITIS SIMAS	5673	BĖGIMO KLUBAS	KARMĖLAVA	LTU	SENIOR II M - 30	8	M 18	00:01:09	01:13:01	02:32:42	03:42:35	04:50:08.40	04:50:08.40	6:26	9.3
24	SZKODA KASIA	5010	TATERNIKTEAM	ZALASEWO	POL	SENIOR II K - 30	5	K 6	00:00:17	01:11:14	02:34:19	03:46:36	04:50:31.75	04:50:31.75	6:27	9.3
25	DASZEWSKI FILIP	5048	ICT POLAND	DĘBNO	POL	SENIOR I M - 20	2	M 19	00:00:06	01:06:48	02:28:32	03:46:54	04:53:16.85	04:53:16.85	6:31	9.2
26	KARCZMARCZYK MATEUSZ	5406		BYDGOSZCZ	POL	SENIOR II M - 30	9	M 20	00:00:06	01:08:45	02:31:36	03:46:37	04:53:25.55	04:53:25.55	6:31	9.2
27	GAWROŃSKI PAWEŁ	5637		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	8	M 21	00:01:21	01:14:40	02:36:26	03:53:14	04:53:32.10	04:53:32.10	6:31	9.2
28	GALUSKIN ALEXEY	5591	GRUPA NOMAX	TARNOWSKIE GÓRY	POL	SENIOR II M - 30	10	M 22	00:00:12	01:11:05	02:31:52	03:46:27	04:53:54.65	04:53:54.65	6:31	9.2
29	SKRZYPCZYK PAULINA	5035	TEAM FRUN / 42K PRO TEAM	TYCHY	POL	SENIOR II K - 30	6	K 7	00:00:03	01:08:52	02:32:11	03:45:01	04:54:07.10	04:54:07.10	6:32	9.2
30	WALASIK JAROSŁAW	5054	42K PRO TEAM	JAWORZNO	POL	WETERAN I M - 50	3	M 23	00:00:04	01:07:10	02:30:05	03:45:03	04:54:22.45	04:54:22.45	6:32	9.2
31	WINIARCZYK KRZYSZTOF	5185		ŚWIEBODZICE	POL	MASTERS M - 40	9	M 24	00:00:46	01:08:55	02:29:28	03:46:19	04:55:19.25	04:55:19.25	6:33	9.1
32	SPYCHALSKI ADAM	5199		RUDA ŚLĄSKA	POL	MASTERS M - 40	10	M 25	00:00:37	01:07:44	02:31:36	03:46:58	04:56:03.35	04:56:03.35	6:34	9.1
33	PIEKARSKI JAKUB	5116	HURAGAN LIGOTA	KATOWICE	POL	SENIOR I M - 20	3	M 26	00:00:12	01:04:29	02:21:42	03:39:29	04:56:21.45	04:56:21.45	6:35	9.1
34	LUZAR RAFAL	5180		OPOLE	POL	MASTERS M - 40	11	M 27	00:00:29	01:11:03	02:31:57	03:47:29	04:57:30.35	04:57:30.35	6:36	9.1
35	BIENIEK DAMIAN	5538	AZYMUT TEAM	PIOTRKÓW TRYBUNALSKI	POL	SENIOR II M - 30	11	M 28	00:00:01	01:06:40	02:29:26	03:45:39	04:57:50.45	04:57:50.45	6:37	9.1
36	GORSIAK PAWEŁ	5250		PŁOCK	POL	SENIOR II M - 30	12	M 29	00:00:12	01:11:02	02:39:23	03:51:49	04:59:47.50	04:59:47.50	6:39	9
37	WEŁNIAK PRZEMYSŁAW	5023	MOGILNO TEAM	ZALASEWO	POL	MASTERS M - 40	12	M 30	00:00:18	01:11:15	02:34:33	03:49:52	05:01:37.05	05:01:37.05	6:42	9
38	ANDRZEJEWSKI TOMASZ	5585	MOGILNO TEAM	ZALASEWO	POL	MASTERS M - 40	13	M 31	00:00:45	01:11:09	02:32:41	03:52:44	05:01:55.70	05:01:55.70	6:42	8.9
39	TALAGA DAWID	5220	KGHM ZG RUN	OLKUSZ	POL	SENIOR II M - 30	13	M 32	00:00:20	01:11:09	02:32:01	03:50:14	05:03:51.75	05:03:51.75	6:45	8.9
40	GALLAMOVA JEKATERINA	5600	SUPERVARONI	RIGA	LAT	SENIOR II K - 30	7	K 8	00:00:28	01:12:29	02:38:59	03:54:51	05:04:13.60	05:04:13.60	6:45	8.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
253	GOŁOWICZ ANIA	5657		TORUŃ	POL	SENIOR II K - 30	29	K 56	00:02:40	01:37:58	03:21:42	05:00:33	06:26:19.45	06:26:19.45	8:35	7
254	BIK ANDRZEJ	5165		ZABRZE	POL	WETERAN I M - 50	22	M 198	00:01:05	01:31:09	03:14:44	04:56:29	06:26:20.75	06:26:20.75	8:35	7
255	OLIŃSKI PAWEŁ	5117		POZNAŃ	POL	SENIOR II M - 30	87	M 199	00:01:17	01:29:02	03:11:25	04:52:11	06:26:54.05	06:26:54.05	8:35	7
256	BOCIĄGA PAWEŁ	5559	RODZINNA GRUPA ROWEROWA Z MIASTA ŁODZI	ŁÓDŹ	POL	MASTERS M - 40	71	M 200	00:02:08	01:36:30	03:20:57	05:02:23	06:27:19.85	06:27:19.85	8:36	7
257	SMORAWSKA LIDIA	5137	ZAKŁADKA TEAM / TARNOWO PODGÓRNE BIEGA	SIEROSŁAW	POL	SENIOR II K - 30	30	K 57	00:01:01	01:29:35	03:17:02	04:54:26	06:27:42.15	06:27:42.15	8:36	7
258	BURMISTRZ BARTOSZ	5140	ZAKŁADKA TEAM / TARNOWO PODGÓRNE BIEGA	SIEROSŁAW	POL	SENIOR II M - 30	88	M 201	00:01:01	01:29:34	03:17:03	04:54:27	06:27:42.50	06:27:42.50	8:36	7
259	KODZIS LESŁAW	5403		SIEDLCE	POL	MASTERS M - 40	72	M 202	00:02:00	01:41:28	03:26:43	05:06:39	06:29:14.50	06:29:14.50	8:38	6.9
260	SZARADOWSKI PIOTR	5101	140 MINUT	ŚWIDNICA	POL	WETERAN I M - 50	23	M 203	00:01:16	01:29:10	03:24:36	05:04:30	06:29:24.85	06:29:24.85	8:39	6.9
261	SITEK PIOTR	5486		GORZÓW WLKP.	POL	MASTERS M - 40	73	M 204	00:00:13	01:20:03	03:10:30	04:56:32	06:29:26.40	06:29:26.40	8:39	6.9
262	KACZOR MARCIN	5385	ADJ	ŚWIĘCICHOWA	POL	MASTERS M - 40	74	M 205	00:01:39	01:28:21	03:12:48	04:59:28	06:29:41.40	06:29:41.40	8:39	6.9
263	STACHAK KRZYSZTOF	5090	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	MASTERS M - 40	75	M 206	00:00:25	01:33:09	03:26:35	05:03:25	06:30:14.90	06:30:14.90	8:40	6.9
264	RUKUSZEWICZ WAWRZYNIEC	5364	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	MASTERS M - 40	76	M 207	00:00:53	01:23:44	03:09:05	04:55:13	06:30:34.55	06:30:34.55	8:40	6.9
265	KRZYŻYK AGNIESZKA	5678	TRIO FORTIS	ZIELONA GÓRA	POL	MASTERS K - 40	19	K 58	00:00:24	01:27:31	03:18:30	04:59:55	06:31:06.75	06:31:06.75	8:41	6.9
266	GAWROŃSKI ROMAN	5025		WRZEŚNIA	POL	MASTERS M - 40	77	M 208	00:01:04	01:31:07	03:15:25	05:02:41	06:31:29.45	06:31:29.45	8:41	6.9
267	WRÓBEL MAŁGORZATA	5144	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	SENIOR II K - 30	31	K 59	00:00:49	01:33:28	03:19:47	05:09:01	06:31:38.00	06:31:38.00	8:42	6.9
268	ZIELONKA WITOLD	5295	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	78	M 209	00:00:40	01:26:31	03:20:48	05:07:33	06:32:15.00	06:32:15.00	8:43	6.9
269	POŁĘC LESZEK	5357	MOCNA GRUPA CEZARA	WROCŁAW	POL	SENIOR II M - 30	89	M 210	00:01:43	01:31:30	03:12:12	04:57:36	06:32:20.40	06:32:20.40	8:43	6.9
270	ZIAJA WOJCIECH	5548	JAWORZNO RUNNERS	JAWORZNO	POL	MASTERS M - 40	79	M 211	00:00:19	01:23:04	03:11:00	05:09:28	06:32:48.00	06:32:48.00	8:43	6.9
271	KĘDZIOR JAREK	5462	PORANNY BESKID RUN	RUDNIK	POL	MASTERS M - 40	80	M 212	00:01:40	01:36:38	03:28:07	05:06:03	06:32:49.05	06:32:49.05	8:43	6.9
272	KAFKA EWELINA	5176	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	20	K 60	00:01:32	01:34:39	03:28:04	05:09:27	06:32:49.10	06:32:49.10	8:43	6.9
273	SPOCHANOWSKI KRZYSZTOF	5433		WROCŁAW	POL	SENIOR II M - 30	90	M 213	00:00:26	01:26:25	03:19:13	05:10:15	06:33:04.60	06:33:04.60	8:44	6.9
274	MUSIAŁSKI TOMASZ	5400	TKM KANCELARIA	TYCHY	POL	MASTERS M - 40	81	M 214	00:00:13	01:23:59	03:16:05	05:00:00	06:33:21.05	06:33:21.05	8:44	6.9
275	DOMAŃ LESZEK	5122	FEHLAU RUN TEAM	KIEKRZ	POL	MASTERS M - 40	82	M 215	00:00:55	01:27:06	03:15:47	05:02:39	06:33:32.20	06:33:32.20	8:44	6.9
276	STACHOWIAK MAREK	5047	ROKIETNICA BIEGA	ROKIETNICA	POL	MASTERS M - 40	82	M 215	00:00:40	01:22:53	03:11:13	05:02:39	06:33:32.20	06:33:32.20	8:44	6.9
277	DALECKA DOROTA	5508		GDYNIA	POL	MASTERS K - 40	21	K 61	00:02:00	01:42:23	03:33:41	05:07:02	06:33:49.05	06:33:49.05	8:45	6.9
278	SZYDŁOWSKI ROBERT	5640		KAMIENIEC ZĄBKOWICKI	POL	MASTERS M - 40	84	M 217	00:00:50	01:33:23	03:17:14	05:09:02	06:33:58.50	06:33:58.50	8:45	6.9
279	KOGUT MACIEJ	5641		DUSZNIKI ZDROJ	POL	MASTERS M - 40	85	M 218	00:01:43	01:19:04	02:56:30	05:03:57	06:34:18.80	06:34:18.80	8:45	6.8
280	MATYSIAK MACIEJ	5274	OSH	POZNAŃ	POL	MASTERS M - 40	86	M 219	00:01:51	01:33:10	03:21:10	05:03:19	06:34:24.75	06:34:24.75	8:45	6.8
281	GŁOWACKA RENATA	5189	ULTRA PIOTRKÓW	PIOTRKÓW TRYBUNAŁSKI	POL	WETERAN K - 50	2	K 62	00:00:41	01:29:02	03:20:32	05:06:49	06:34:28.75	06:34:28.75	8:45	6.8
282	WERESZCZYŃSKI TOMASZ	5270	SZWAGRY TEAM	PŁOCK	POL	MASTERS M - 40	87	M 220	00:00:58	01:37:04	03:24:35	05:09:37	06:34:29.80	06:34:29.80	8:45	6.8
283	POMIANOWSKI SZYMON	5356		WROCŁAW	POL	SENIOR II M - 30	91	M 221	00:00:25	01:20:12	03:09:52	05:03:12	06:34:50.90	06:34:50.90	8:46	6.8
284	DUBILIS MATEUSZ	5525		MIKOŁÓW	POL	SENIOR I M - 20	20	M 222	00:02:12	01:36:48	03:19:47	05:03:15	06:35:32.90	06:35:32.90	8:47	6.8
285	WOLNY KRZYSZTOF	5687	ULTRA KREW	ZABRZE	POL	MASTERS M - 40	88	M 223	00:00:14	01:23:29	03:16:29	05:01:42	06:35:36.60	06:35:36.60	8:47	6.8
286	GIER SZEWSKA ANNA	5017	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS K - 40	22	K 63	00:01:07	01:35:06	03:29:36	05:07:13	06:36:09.40	06:36:09.40	8:48	6.8
287	TARNOWSKI BARTOSZ	5419		ŁÓDŹ	POL	MASTERS M - 40	89	M 224	00:01:14	01:34:11	03:18:32	05:01:11	06:36:26.50	06:36:26.50	8:48	6.8
288	NIKODEM KLAUDIUSZ	5115	CZAJKERSI	NOWA RUDA	POL	MASTERS M - 40	90	M 225	00:01:31	01:32:13	03:17:27	05:02:22	06:36:39.85	06:36:39.85	8:48	6.8
289	DEBSKI MARCIN	5428		WROCŁAW	POL	SENIOR II M - 30	92	M 226	00:01:33	01:33:14	03:25:10	05:11:26	06:36:45.95	06:36:45.95	8:49	6.8
290	MICHON KACPER	5527	NIGHT RUNNERS	KONIN	POL	SENIOR I M - 20	21	M 227	00:00:04	01:30:25	03:19:57	05:02:29	06:37:14.65	06:37:14.65	8:49	6.8
291	BURA TOMASZ	5276		KRZYCKO WIELKIE	POL	SENIOR II M - 30	93	M 228	00:00:49	01:29:19	03:21:04	05:07:03	06:37:25.55	06:37:25.55	8:49	6.8
292	RZEPKA ALEKSANDRA	5615		WARSZAWA	POL	SENIOR II K - 30	32	K 64	00:01:15	01:28:30	03:22:13	05:02:09	06:37:35.45	06:37:35.45	8:50	6.8
293	KUREK DAMIAN	5324		KAZIMIERZ BISKUPI	POL	SENIOR I M - 20	22	M 229	00:02:29	01:38:06	03:27:26	05:13:18	06:38:35.20	06:38:35.20	8:51	6.8
294	KORBUS PIOTR	5226	PORANNY BESKID RUN	GOLESZOW	POL	MASTERS M - 40	91	M 230	00:01:37	01:30:37	03:24:32	05:05:27	06:39:08.55	06:39:08.55	8:52	6.8
295	MOKRZYCKA WERONIKA	5430		STARA ŁOMNICA	POL	SENIOR II K - 30	33	K 65	00:00:23	01:36:28	03:32:22	05:13:22	06:40:02.00	06:40:02.00	8:53	6.7
296	MAGIERA PRZEMYSŁAW	5345	NOWOSOLSKA GRUPA BIEGOWA	GŁOGÓW	POL	MASTERS M - 40	92	M 231	00:01:02	01:22:39	03:10:29	05:03:44	06:40:09.95	06:40:09.95	8:53	6.7
297	ŚMIGIELSKI ARKADIUSZ	5038		GDYNIA	POL	MASTERS M - 40	93	M 232	00:02:04	01:29:31	03:08:04	05:03:46	06:40:23.90	06:40:23.90	8:53	6.7
298	KURCZEK TOMASZ	5452	RUN FORREST RUN!	GLIWICE	POL	MASTERS M - 40	94	M 233	00:02:20	01:36:39	03:22:54	05:13:21	06:40:33.35	06:40:33.35	8:54	6.7
299	CISZEK BARTOSZ	5202	8A TEAM	ZABRZE	POL	SENIOR II M - 30	94	M 234	00:01:43	01:37:28	03:28:04	05:12:31	06:40:36.60	06:40:36.60	8:54	6.7
300	WAWRZYŃAK KRYSZTIAN	5493	KB ODRA OPOLE	OPOLE	POL	SENIOR II M - 30	95	M 235	00:01:47	01:45:38	03:38:10	05:17:56	06:41:20.25	06:41:20.25	8:55	6.7

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
452	SAMBORSKA ANNA	5620	ROSSMANN	ŁÓDŹ	POL	SENIOR II K - 30	53	K 119	00:01:59	01:48:06	03:49:46	05:46:26	07:25:03.25	07:25:03.25	9:53	6.1
453	GRYGIER TOMASZ	5530		OSIECZNA	POL	MASTERS M - 40	142	M 334	00:00:28	01:28:03	03:26:35	05:44:15	07:25:04.30	07:25:04.30	9:53	6.1
454	BOBER SEBASTIAN	5580	SPORTOWY KAŻMIERZ	KAZMIERZ	POL	SENIOR I M - 20	27	M 335	00:01:50	01:42:38	03:48:09	05:47:31	07:25:42.60	07:25:42.60	9:54	6.1
455	SZYSZKOWSKI WŁODZIMIERZ	5550	DUKE NUKEM PRINCE OF WARSZAWA	WARSZAWA	POL	WETERAN I M - 50	37	M 336	00:00:55	01:36:20	03:41:10	05:36:31	07:26:02.95	07:26:02.95	9:54	6.1
456	OKULICZ ANITA	5431	MUD FOXES	BYDGOSZCZ	POL	SENIOR II K - 30	54	K 120	00:00:21	01:40:53	03:47:14	05:51:07	07:26:06.00	07:26:06.00	9:54	6.1
457	SZTURC KLAUDIA	5518	ING	JAWORZNO	POL	SENIOR II K - 30	55	K 121	00:00:01	01:49:49	04:00:31	05:52:55	07:27:00.55	07:27:00.55	9:56	6
458	SZOPA GRZEGORZ	5183		ZAWIERCIE	POL	WETERAN I M - 50	38	M 337	00:00:30	01:37:29	03:46:05	05:47:03	07:27:06.85	07:27:06.85	9:56	6
459	LISIECKI PRZEMYSLAW	5542		ZAROW	POL	MASTERS M - 40	143	M 338	00:01:38	01:31:08	03:24:51	05:47:53	07:27:11.15	07:27:11.15	9:56	6
460	WŁODARCZYK PAWEŁ	5063	KB ODRA OPOLE	OPOLE	POL	MASTERS M - 40	144	M 339	00:01:45	01:37:05	03:30:09	05:41:22	07:27:12.80	07:27:12.80	9:56	6
461	MORAWSKA ANNA	5084		WARSZAWA	POL	WETERAN II K - 60	2	K 122	00:01:41	01:46:00	03:56:17	05:47:38	07:27:16.95	07:27:16.95	9:56	6
462	DUDEK MARIUSZ	5455		GOSTYŃ	POL	MASTERS M - 40	145	M 340	00:00:01	01:33:24	03:38:58	05:46:09	07:27:33.45	07:27:33.45	9:56	6
463	NIEMYT MICHAŁ	5201	8A TEAM	KATOWICE	POL	SENIOR II M - 30	126	M 341	00:01:42	01:40:55	03:36:13	05:58:06	07:27:35.00	07:27:35.00	9:56	6
464	HUDZIAK-OWCZAREK EWA	5448	DZIKI BRZEG DOLNY	BRZEG DOLNY	POL	MASTERS K - 40	55	K 123	00:01:00	01:41:09	03:45:37	05:47:00	07:27:38.10	07:27:38.10	9:56	6
465	ADAMCZYK GRZEGORZ	5374	OŁAWSKA GRUPA BIEGOWA / TIM.PL	OŁAWA	POL	MASTERS M - 40	146	M 342	00:01:29	01:40:29	03:48:30	05:51:54	07:27:55.85	07:27:55.85	9:57	6
466	GROMADZKA JUSTYNA	5574	KOBIETY WATAHA	BYTOM	POL	MASTERS K - 40	56	K 124	00:00:08	01:42:41	03:51:50	05:50:10	07:28:25.60	07:28:25.60	9:57	6
467	BEDNARCZYK MAGDALENA	5225	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS K - 40	57	K 125	00:02:18	01:52:10	03:59:57	05:54:44	07:28:26.15	07:28:26.15	9:57	6
468	BRZÓZKA NORBERT	5612	POGORIA BIEGA	DĄBRÓWA GÓRNICZA	POL	MASTERS M - 40	147	M 343	00:02:19	01:52:11	03:59:58	05:54:44	07:28:26.30	07:28:26.30	9:57	6
469	MROZOWSKA-KLAJNERT AGATA	5520	NIE Poddam Cię	GDAŃSK OSOWA	POL	SENIOR II K - 30	56	K 126	00:00:57	01:41:55	03:48:55	05:54:06	07:29:14.00	07:29:14.00	9:58	6
470	LATOSIŃSKA KAMILA	5690	O-SOWA BIEGA	GDAŃSK	POL	SENIOR II K - 30	57	K 127	00:00:57	01:41:53	03:48:55	05:47:49	07:29:14.45	07:29:14.45	9:58	6
471	CZECH DOROTA	5334	ASICSFRONTUNER POLAND	WROCŁAW	POL	MASTERS K - 40	58	K 128	00:00:39	01:42:52	03:55:30	05:52:23	07:29:46.85	07:29:46.85	9:59	6
472	JUSKOWIAK MIKOŁAJ	5149	WKURW_TEAM	LESZNO	POL	SENIOR II M - 30	127	M 344	00:02:18	01:45:29	03:53:19	05:51:09	07:30:04.75	07:30:04.75	10:00	6
473	STACHOWIAK MAGDA	5653	RUN TEAM RYDZYNA	RYDZYNA	POL	SENIOR II K - 30	58	K 129	00:02:11	01:44:36	03:53:31	05:51:08	07:30:56.60	07:30:56.60	10:01	6
474	KONIECZNY JUSTYNA	5327	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	SENIOR II K - 30	59	K 130	00:00:53	01:44:00	03:54:22	05:52:11	07:31:25.90	07:31:25.90	10:01	6
475	TYMOREK MACIEJ	5398		WROCŁAW	POL	SENIOR II M - 30	128	M 345	00:02:32	01:45:24	03:43:07	05:38:32	07:31:29.15	07:31:29.15	10:01	6
476	GRABOWSKA ZUZANNA	5460	IZBICKO W BIEGU	KROŚNICA	POL	SENIOR I K - 20	9	K 131	00:01:37	01:47:01	03:56:32	06:00:17	07:31:30.55	07:31:30.55	10:02	6
477	ŁOJEWSKI MARIUSZ	5011	1 BRYGADA LOGISTYCZNA	SOLEC KUJAWSKI	POL	MASTERS M - 40	148	M 346	00:00:28	01:36:21	03:40:48	05:49:10	07:31:44.90	07:31:44.90	10:02	6
478	WOŹNY KRZYSZTOF	5636	SPORTOWY KAŻMIERZ	KAZMIERZ	POL	MASTERS M - 40	149	M 347	00:01:50	01:42:05	03:38:01	05:43:02	07:32:37.40	07:32:37.40	10:03	6
479	ZEIDLER ALEKSANDER	5562	MIRAZRACETEAM	ZABRZE	POL	MASTERS M - 40	150	M 348	00:00:26	01:36:29	03:39:05	05:49:06	07:33:22.20	07:33:22.20	10:04	6
480	HALESZCZUK TOMASZ	5261	PRO-RUN WROCŁAW	WROCŁAW	POL	MASTERS M - 40	151	M 349	00:02:15	01:52:32	03:56:05	05:56:53	07:33:50.65	07:33:50.65	10:05	5.9
481	BOŹKIEWICZ JACEK	5341		MUROWANA GOŚLINA	POL	MASTERS M - 40	152	M 350	00:00:34	01:43:01	03:55:23	05:55:19	07:34:01.10	07:34:01.10	10:05	5.9
482	BOŹKIEWICZ PATRYCJA	5338	PIEKIELNIE ZGRANI/ WWW.AZYLBIEGACZA.PL	GLEBOCKO	POL	MASTERS K - 40	59	K 132	00:00:33	01:43:00	03:55:26	05:55:31	07:34:01.35	07:34:01.35	10:05	5.9
483	SIBIELAK TOMASZ	5164	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS M - 40	153	M 351	00:02:19	01:44:03	03:51:49	05:49:08	07:34:35.40	07:34:35.40	10:06	5.9
484	LISOWSKI MACIEJ	5332	DESTYLATOR RUNNING TEAM	KIEŁCZÓW	POL	MASTERS M - 40	154	M 352	00:02:22	01:41:46	03:39:02	06:00:50	07:34:38.55	07:34:38.55	10:06	5.9
485	BAJER KAROL	5266		LESZNO	POL	MASTERS M - 40	155	M 353	00:02:37	01:44:58	03:54:15	05:55:08	07:35:11.35	07:35:11.35	10:06	5.9
486	OLECH WITOLD	5572		STRAŻÓW	POL	WETERAN I M - 50	39	M 354	00:01:05	01:43:39	03:50:34	05:52:13	07:35:28.30	07:35:28.30	10:07	5.9
487	SROKA LUCYNA	5578		TRZEBOWNISKO	POL	MASTERS K - 40	60	K 133	00:01:05	01:43:40	03:50:32	05:52:10	07:35:28.55	07:35:28.55	10:07	5.9
488	ŚLUSAREK GRZEGORZ	5387		GOŁUSKI	POL	MASTERS M - 40	156	M 355	00:01:31	01:48:56	03:56:45	05:58:22	07:35:35.00	07:35:35.00	10:07	5.9
489	OCHREMIĄK JĘDRZEJ	5125		WARSZAWA	POL	SENIOR II M - 30	129	M 356	00:01:30	01:37:28	03:42:39	05:49:50	07:35:35.55	07:35:35.55	10:07	5.9
490	GAŚSIOR PAWEŁ	5135	ROZBIEGANY SUSZ	SUSZ	POL	SENIOR II M - 30	130	M 357	00:01:44	01:43:50	03:46:12	05:49:19	07:35:36.40	07:35:36.40	10:07	5.9
491	BEREZIUK MICHAŁ	5588		DZIEWIĘTLICE	POL	MASTERS M - 40	157	M 358	00:02:40	01:38:03	03:30:45	05:45:00	07:35:53.55	07:35:53.55	10:07	5.9
492	JOŃCZYK JERZY	5248	TUP TUP	ŁADEK ZDRÓJ	POL	WETERAN I M - 50	40	M 359	00:01:34	01:44:15	03:57:18	05:59:35	07:36:18.60	07:36:18.60	10:08	5.9
493	TASZAREK EWA	5487		ROKIETNICA	POL	MASTERS K - 40	61	K 134	00:01:22	01:46:42	04:07:38	06:04:28	07:36:33.70	07:36:33.70	10:08	5.9
494	ZARANEK BARBARA	5105	KĘSY TEAM	KOWANÓWKO	POL	WETERAN K - 50	4	K 135	00:02:35	01:54:18	04:05:07	05:58:31	07:36:56.85	07:36:56.85	10:09	5.9
495	TALAR ZENON	5036	KĘSY TEAM	DĄBRÓWKA LEŚNA	POL	WETERAN II M - 60	6	M 360	00:02:35	01:54:17	04:04:46	05:58:39	07:36:57.10	07:36:57.10	10:09	5.9
496	JANKOWSKA BARBARA	5642		POZNAŃ	POL	MASTERS K - 40	62	K 136	00:01:16	02:00:22	04:25:17	06:10:07	07:37:03.00	07:37:03.00	10:09	5.9
497	BUGAJNY DAMIAN	5394	SUPERMARATON KALISZ	KALISZ	POL	MASTERS M - 40	158	M 361	00:01:44	01:37:18	03:37:21	05:51:37	07:37:04.15	07:37:04.15	10:09	5.9
498	KĘDZIA EDYTA	5296		GDAŃSK	POL	WETERAN K - 50	5	K 137	00:02:17	01:55:45	04:10:56	06:01:19	07:37:09.35	07:37:09.35	10:09	5.9
499	CHUDA JOANNA	5412		POZNAŃ	AFG	SENIOR II K - 30	60	K 138	00:01:30	01:42:24	03:48:39	06:01:12	07:39:12.80	07:39:12.80	10:12	5.9
500	SWĘDZIŁO MONIKA	5489	W POGONI ZA DUCHEM	SOSNOWIEC	POL	SENIOR II K - 30	61	K 139	00:01:56	01:52:40	04:02:24	06:05:20	07:40:53.70	07:40:53.70	10:14	5.9
501	LACH AGNIESZKA	5533		WROCŁAW	POL	MASTERS K - 40	63	K 140	00:00:32	01:41:51	03:54:58	06:01:57	07:40:55.60	07:40:55.60	10:14	5.9
502	KUBICA ANNA	5313		POZNAŃ	POL	SENIOR II K - 30	62	K 141	00:00:54	01:37:03	03:49:33	05:51:46	07:41:06.85	07:41:06.85	10:14	5.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
556	MROZIŃSKA RENATA	5378		ALEKSADRÓW ŁÓDZKI	POL	MASTERS K - 40	80	K 169	00:01:03	01:49:45	04:16:38	06:24:33	08:08:29.90	08:08:29.90	10:51	5.5
557	ZACZYŃSKI MARIUSZ	5052		LUBIN	POL	SENIOR II M - 30	134	M 388	00:02:37		03:50:36	06:17:23	08:09:00.50	08:09:00.50	10:52	5.5
558	GRABOWIECKA MARTA	5134	NULL	ZIELONA GÓRA	POL	MASTERS K - 40	81	K 170	00:02:10	01:53:49	04:20:50	06:30:07	08:09:53.90	08:09:53.90	10:53	5.5
559	BOGACKA ANETA	5150	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	SENIOR II K - 30	69	K 171	00:02:10	01:53:50	04:20:51	06:30:08	08:09:54.70	08:09:54.70	10:53	5.5
560	BARTKIEWICZ HALINA	5064		ZIELONA GÓRA	POL	MASTERS K - 40	82	K 172	00:02:12	01:53:48	04:22:12	06:30:10	08:09:55.95	08:09:55.95	10:53	5.5
561	PYZIO MAGDALENA	5317		KOMORNIKI	POL	SENIOR II K - 30	70	K 173	00:02:02	01:51:37	04:12:06	06:24:09	08:10:32.25	08:10:32.25	10:54	5.5
562	KAŁŁAUR KRZYSZTOF	5358		WARSZAWA	POL	SENIOR II M - 30	135	M 389	00:01:26	01:55:35	03:58:18	06:10:04	08:10:34.75	08:10:34.75	10:54	5.5
563	KAMIŃSKI MAREK	5418	KLUB BIEGACZA STRZELIN	STRZELIN	POL	SENIOR II M - 30	136	M 390	00:02:32	01:52:28	04:13:48	06:22:27	08:10:36.70	08:10:36.70	10:54	5.5
564	KEGEL ZBIGNIEW	5684	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	WETERAN II M - 60	7	M 391	00:02:04	01:55:44	04:18:44	06:23:39	08:11:41.90	08:11:41.90	10:55	5.5
565	WALKOWIAK MAREK	5264	PECNA TEAM	PECNA	POL	MASTERS M - 40	170	M 392	00:00:44	01:42:29	04:04:30	06:17:39	08:12:54.35	08:12:54.35	10:57	5.5
566	KOŁDA HALINA	5294	BORKOWSKI TEAM /PCH_RUN	CHODZIEŻ	POL	WETERAN II K - 60	4	K 174	00:01:15	01:55:32	04:21:18	06:29:25	08:13:12.00	08:13:12.00	10:57	5.5
567	RUBINOWSKI JAREK	5304		STARGARD	POL	MASTERS M - 40	171	M 393	00:01:18	01:55:33	04:20:43	06:29:20	08:13:12.10	08:13:12.10	10:57	5.5
568	KONIECZNY JACEK	5326	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	MASTERS M - 40	172	M 394	00:00:48	01:55:47	04:10:26	06:18:46	08:14:12.50	08:14:12.50	10:58	5.5
569	KAMIŃSKA BEATA	5073		SIEMIANOWICE ŚLĄSKIE	POL	WETERAN K - 50	8	K 175	00:01:12	01:46:45	04:09:40	06:34:24	08:17:50.90	08:17:50.90	11:03	5.4
570	LEDWOCH WIOLETA	5094		SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II K - 30	71	K 176	00:01:11	01:48:55	04:21:21	06:34:25	08:18:47.30	08:18:47.30	11:05	5.4
571	WALIŃSKA AGATA	5316	WWW.SPRAWDZAMY-NIERU CHOMOSCI.PL	KOMORNIKI	POL	SENIOR II K - 30	72	K 177	00:02:02	01:51:41	04:12:06	06:24:09	08:21:18.20	08:21:18.20	11:08	5.4
572	SZYMAŃSKI KAMIL	5322		CHORZÓW	POL	SENIOR II M - 30	137	M 395	00:02:43	01:50:08	04:01:39	06:29:41	08:21:42.45	08:21:42.45	11:08	5.4
573	JÓZEFIAK MAGDALENA	5298	ASSECO ACTIVE TEAM	OŚIELSKO	POL	WETERAN K - 50	9	K 178	00:01:23	01:55:34	04:21:33	06:30:06	08:21:53.15	08:21:53.15	11:09	5.4
574	JÓZEFIAK GRZEGORZ	5297		OŚIELSKO	POL	WETERAN I M - 50	52	M 396	00:01:23	01:55:29	04:20:30	06:30:10	08:21:53.25	08:21:53.25	11:09	5.4
575	KOTLIŃSKI TOMASZ	5030	KB SZAMOTUŁY	OBRZYCKO	POL	WETERAN I M - 50	53	M 397	00:01:11	01:55:11	04:19:36	06:27:57	08:23:15.20	08:23:15.20	11:11	5.4
576	KUŹNIAK JUSTYNA	5022	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS K - 40	83	K 179	00:01:08	01:55:10	04:19:40	06:28:11	08:23:15.60	08:23:15.60	11:11	5.4
577	KUNA KASIA	5563	BIEGOWA KUŹNIA	DĄBROWA GÓRNICZA	POL	MASTERS K - 40	84	K 180	00:02:23	01:59:53	04:33:14	06:38:08	08:24:29.70	08:24:29.70	11:12	5.4
578	LEWANDOWSKA EWA	5561		TARNOWSKIE GÓRY	POL	MASTERS K - 40	85	K 181	00:02:34	02:00:27	04:27:37	06:36:01	08:25:00.25	08:25:00.25	11:13	5.3
579	POŁĘC GRZEGORZ	5305		PRZYGON	POL	WETERAN II M - 60	8	M 398	00:00:35	01:57:06	04:26:29	06:33:36	08:25:06.55	08:25:06.55	11:13	5.3
580	MACULEWICZ NORBERT	5596	RYCERZE HARDCORU	SZCZECIN	POL	SENIOR II M - 30	138	M 399	00:01:58	01:53:44	04:18:44	06:33:21	08:25:30.90	08:25:30.90	11:14	5.3
581	KROMER LUDWIK	5026		GDAŃSK	POL	WETERAN II M - 60	9	M 400	00:00:12	01:49:55	04:18:48	06:37:36	08:26:44.50	08:26:44.50	11:15	5.3
582	NAWROT KATARZYNA	5301	MIRAZ RACE TEAM	NIEPOŁOVICE	POL	SENIOR II K - 30	73	K 182	00:00:25	01:57:07	04:28:24	06:35:09	08:27:52.00	08:27:52.00	11:17	5.3
583	ŁUSIAK EWA	5280	KNEIPTTEAM	GŁOWNO	POL	MASTERS K - 40	86	K 183	00:02:16	01:53:57	04:18:11	06:29:38	08:31:09.85	08:31:09.85	11:21	5.3
584	CHOJNACKI JAKUB	5383		POZNAŃ	POL	MASTERS M - 40	173	M 401	00:02:25	01:44:56	04:11:25	06:31:52	08:31:51.05	08:31:51.05	11:22	5.3
585	SZWEJK KRZYSZTOF	5384	STARE DZIADY	POZNAŃ	POL	MASTERS M - 40	174	M 402	00:02:26	01:44:57	04:11:25	06:31:51	08:31:51.75	08:31:51.75	11:22	5.3
586	KUCHARCZYK MARCIN	5370	3:33 TEAM	POZNAŃ	POL	MASTERS M - 40	175	M 403	00:02:27	01:46:03	04:20:42	06:42:13	08:34:43.65	08:34:43.65	11:26	5.2
587	CUPIAŁ MARIOLA	5284	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN K - 50	10	K 184	00:01:57	02:06:05	04:40:33	06:44:38	08:35:56.50	08:35:56.50	11:27	5.2
588	ROSIŃSKA AGNIESZKA	5028	ŚWIERCZEWO RUN/ #BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	87	K 185	00:02:15	01:58:27	04:30:50	06:41:58	08:37:06.35	08:37:06.35	11:29	5.2
589	DRAJERCZAK MARLENA	5172	MUAY RUNNING TEAM	POZNAŃ	POL	MASTERS K - 40	88	K 186	00:02:16	01:57:41	04:30:47	06:42:01	08:37:06.60	08:37:06.60	11:29	5.2
590	SARNOWSKI MACIEJ	5067	TKKF MPK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	176	M 404	00:01:27	01:57:10	04:29:19	06:45:32	08:39:51.95	08:39:51.95	11:33	5.2
591	LUTOMSKI DARIUSZ	5427		MAGDALENKA	POL	WETERAN I M - 50	54	M 405	00:01:33	01:58:06	04:32:11	06:54:32	08:44:10.80	08:44:10.80	11:38	5.2
592	PAKUŁA MARTA	5233		GŁOWNO	POL	MASTERS K - 40	89	K 187	00:00:36	01:49:43	04:29:19	06:48:07	08:47:03.55	08:47:03.55	11:42	5.1
593	KUGLER KAMILA	5354		JAWORZNO	POL	SENIOR II K - 30	74	K 188	00:00:01		04:17:11		08:47:12.00	08:47:12.00	11:42	5.1
594	WIŚNIEWSKA DOROTA	5337	METAL CHERRY	ALEKSADRÓW KUJAWSKI	POL	MASTERS K - 40	90	K 189	00:01:14	02:09:53	04:43:53	06:55:18	08:49:23.65	08:49:23.65	11:45	5.1
595	MUCHA-KRUCZYŃSKI WACŁAW	5621	MUKK ENPI	OSTRZESZÓW	POL	WETERAN II M - 60	10	M 406	00:02:42	01:57:25	04:28:08	06:56:51	08:50:36.25	08:50:36.25	11:47	5.1
596	NOSKOWIAK-BAJNO ALICJA	5118		BORÓWNO	POL	MASTERS K - 40	91	K 190	00:01:53	02:02:20	04:43:06	07:07:22	08:50:41.45	08:50:41.45	11:47	5.1
597	NOWAK PIOTR	5524		MIŃSK MAZOWIECKI	POL	WETERAN I M - 50	55	M 407	00:00:01		04:25:01		08:53:03.00	08:53:03.00	11:50	5.1
598	GOZDZICKA IWONA	5141	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	MASTERS K - 40	92	K 191	00:02:11	01:57:11	04:35:24	06:59:27	08:54:48.15	08:54:48.15	11:53	5
599	SKRZYŃSKA MARLENA	5683	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	SENIOR II K - 30	75	K 192	00:02:10	01:57:12	04:35:26	06:59:30	08:54:50.60	08:54:50.60	11:53	5
600	DENKOWSKI WOJCIECH	5169	BP RUNNING TEAM GLIWICE	GLIWICE	POL	WETERAN I M - 50	56	M 408	00:02:23	02:20:15	04:57:21	07:19:43	08:57:27.45	08:57:27.45	11:56	5
601	BARZAK JUSTYNA	5263		STRZELIN	POL	SENIOR II K - 30	76	K 193	00:02:31	02:00:25	04:40:08	06:57:44	08:57:47.35	08:57:47.35	11:57	5
602	SABOK-MUSZYŃSKA KATARZYNA	5253		GOŚCIECICE	POL	SENIOR II K - 30	77	K 194	00:02:31	02:00:25	04:40:09	06:57:45	08:57:47.80	08:57:47.80	11:57	5
603	BŁASZKIEWICZ MARZENA	5091	CHOŁĘ KLÓLIKI	BORÓWNO	POL	MASTERS K - 40	93	K 195	00:01:54	02:11:44	04:56:16	07:12:56	09:06:57.30	09:06:57.30	12:09	4.9
604	DZIECIŁSKA AGNIESZKA	5016		POZNAŃ	POL	MASTERS K - 40	94	K 196	00:02:17	02:09:04	04:50:44	07:08:54	09:08:00.20	09:08:00.20	12:10	4.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
605	GIZELSKA AGNIESZKA	5589	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	WETERAN K - 50	11	K 197	00:02:13	02:12:32	05:01:52	07:25:57	09:24:33.60	09:24:33.60	12:32	4.8
606	STAJER MAŁGORZATA	5598		LESZNO	POL	WETERAN K - 50	12	K 198	00:02:13	02:14:02	05:03:08	07:25:58	09:24:34.10	09:24:34.10	12:32	4.8
607	SCHICKENDANTZ LISELORE	5579	FRYSMAN	LEMMER	NED	MASTERS K - 40	95	K 199	00:00:41	02:15:40	05:09:47	07:31:28	09:38:18.25	09:38:18.25	12:51	4.7
608	PROCHOŃ KRZYSZTOF	5231		KATOWICE	POL	WETERAN I M - 50	57	M 409	00:00:40	02:19:41	05:16:15		09:39:11.00	09:39:11.00	12:52	4.7
609	LEWANDOWSKA-JACKOWSKA KATARZYNA	5290	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	MASTERS K - 40	96	K 200	00:00:54	02:12:08	05:30:16	07:56:59	09:57:45.95	09:57:45.95	13:17	4.5
610	PYZIO DOMINIK	5481	KAPRYZ	SIECHNICE	POL	SENIOR II M - 30	139	M 410	00:01:12	01:58:10	04:37:26	07:24:55	09:58:38.05	09:58:38.05	13:18	4.5
	PODGÓRNY MARIUSZ	5540	TEAM OZIMEK	DYLAKI	POL	SENIOR I M - 20			00:00:30	01:21:40	03:09:27	05:33:28	DNF	DNF	-	-
	WALCZAK GRZEGORZ	5310	BIEGAJĄCE KREJZOLE	POZNAŃ	POL	MASTERS M - 40			00:00:45	01:43:36	05:51:58	09:25:57	DNF	DNF	-	-
	BOCHYŃSKI ADAM	5347		KRAKÓW	POL	SENIOR I M - 20			00:02:42	01:50:07	04:03:57	DNF	DNF	DNF	-	-
	GOŁĘBIEWSKI SEBASTIAN	5386	EBIEGI.PL	KŁODZKO	POL	MASTERS M - 40			00:02:36	01:45:08	04:23:31	DNF	DNF	DNF	-	-
	POKORNY TOMASZ	5256		WROCLAW	POL	WETERAN I M - 50			00:01:34	01:59:47	04:51:04	DNF	DNF	DNF	-	-
	GARCZEWSKA-PASZKO JOANNA	5024		WARSZAWA	POL	WETERAN K - 50			00:01:36	01:55:35	05:11:33	DNF	DNF	DNF	-	-
	KROGULECKI MICHAŁ	5188		ZABRZE	POL	SENIOR II M - 30			00:00:05	01:50:30	DNF	DNF	DNF	DNF	-	-
	NOWICKI JAROSŁAW	5442		CZECHÓW	POL	WETERAN I M - 50			00:01:54	02:14:45	DNF	DNF	DNF	DNF	-	-
	DADAŚ ELŻBIETA	5088	BP RUNNING TEAM GLIWICE	GLIWICE	POL	MASTERS K - 40			00:02:24	02:20:16	DNF	DNF	DNF	DNF	-	-
	GRYGORUK CEZARY	5360		SZCZECIN	POL	WETERAN I M - 50			00:00:05	DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK AGNIESZKA	5099		WROCLAW	POL	MASTERS K - 40			00:02:38	DNF	DNF	DNF	DNF	DNF	-	-