

BIEG K-B-L - 110 KM

Organizator: Fundacja MARATONY GÓRSKIE

Data: 2022-07-14

Miejsce: Łądek-Zdrój

Dystans: 110 km

Klasyfikacja wg czasów brutto.

**BIEG K-B-L - 110 KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	NEHRING KAROL	3051	BREAKING3	SULEJÓWEK	POL	SENIOR I M - 20	1	M 1	00:00:03	01:22:34	03:44:14	07:06:18	10:12:13	11:18:16.50	11:18:16.50	6:09	9.7
2	WOLEK SZYMON	3438		TYCHY	POL	SENIOR II M - 30	1	M 2	00:00:02	01:26:44	03:59:35	07:28:47	10:33:33	11:39:10.20	11:39:10.20	6:21	9.4
3	KOMRAUS KRZYSZTOF	3361	PRESS GLASS - BIEGAMY I WSPIERAMY	ŁĄKA	POL	SENIOR II M - 30	2	M 3	00:00:02	01:31:24	04:00:22	07:28:38	10:31:13	11:39:51.85	11:39:51.85	6:21	9.4
4	PERYKASZA PAWEŁ	3477	GRUPALUKTRANS	KRAKÓW	POL	MASTERS M - 40	1	M 4	00:00:03	01:31:23	04:03:13	07:28:37	10:44:49	11:56:30.90	11:56:30.90	6:30	9.2
5	OLEKSIEWICZ MAURZYCY	3030	ALPIN SPORT TEAM	ŁÓDŹ	POL	MASTERS M - 40	2	M 5	00:00:02	01:22:23	03:46:39	07:23:51	10:50:32	12:04:26.05	12:04:26.05	6:35	9.1
6	MORAWA MATEUSZ	3316	LACHO TEAM	KRAKÓW	POL	MASTERS M - 40	3	M 6	00:00:03	01:31:26	04:07:45	07:40:56	11:03:35	12:11:56.05	12:11:56.05	6:39	9
7	KRÓL ADRIAN	3448		SIEPRAW	POL	SENIOR I M - 20	2	M 7	00:00:02	01:32:09	04:07:47	07:48:52	11:03:38	12:15:18.60	12:15:18.60	6:41	9
8	PASTUSZKA PAWEŁ	3188	EX TEAM	ZIEBICE	POL	SENIOR II M - 30	3	M 8	00:00:04	01:22:37	03:52:35	07:29:29	11:18:17	12:38:54.75	12:38:54.75	6:53	8.7
9	STYPEREK JAKUB	3120	VEGE RUNNERS	PSARSKIE	POL	MASTERS M - 40	4	M 9	00:00:03	01:31:54	04:11:26	08:11:10	11:33:29	12:49:20.50	12:49:20.50	6:59	8.6
10	SKORUPA JACEK	3427	EUFORIABIEGACZ	ŚCINAWA	POL	MASTERS M - 40	5	M 10	00:00:01	01:36:25	04:33:31	08:40:12	11:43:51	12:50:01.25	12:50:01.25	7:00	8.6
11	BASISTA WOJCIECH	3404	WILKI MIĘDZYLESKIE	DOMASZKÓW	POL	SENIOR II M - 30	4	M 11	00:00:06	01:41:56	04:30:29	08:23:02	11:45:57	13:02:22.95	13:02:22.95	7:06	8.4
12	BERNAT KATARZYNA	3177	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN K - 50	1	K 1	00:00:02	01:40:43	04:23:44	08:14:17	11:53:49	13:13:25.10	13:13:25.10	7:12	8.3
13	MASTYGA ANDRZEJ	3332	ANDREA TEAM	CHARBIELIN	POL	MASTERS M - 40	6	M 12	00:00:24	01:35:28	04:19:10	08:45:27	11:55:17	13:15:35.00	13:15:35.00	7:13	8.3
14	ZIENTARA ADRIAN	3444	KGHM ZG RUN	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:29	04:19:13	08:30:00	12:01:49	13:20:21.50	13:20:21.50	7:16	8.2
15	RYBIŃSKI RADOSŁAW	3400	VOSS AUTOMOTIVE PL	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:27	04:19:02	08:30:01	12:01:51	13:20:21.50	13:20:21.50	7:16	8.2
16	ZAWADZKI ANDRZEJ	3326	MKS SIECHNICE	SIECHNICE	POL	SENIOR II M - 30	7	M 15	00:00:05	01:32:41	04:22:17	08:25:46	12:06:34	13:31:38.70	13:31:38.70	7:22	8.1
17	SZRAMOWIAT MAREK	3489	BRITA	LWÓWEK ŚLĄSKI	POL	MASTERS M - 40	7	M 15	00:00:03	01:35:23	04:17:06	08:25:33	12:06:36	13:31:38.70	13:31:38.70	7:22	8.1
18	WIECZOREK ŁUKASZ	3353		DĄBRÓWKA	POL	SENIOR II M - 30	8	M 17	01:39:46	01:39:46	04:26:41	08:35:39	12:11:45	13:32:25.50	13:32:25.50	7:23	8.1
19	WIERZBOWY PRZEMEK	3123	KOKO DŻAMBO I DO PRZODU	NAMYSŁÓW	POL	SENIOR II M - 30	9	M 18	00:00:16	01:37:52	04:25:51	08:42:11	12:11:45	13:32:25.75	13:32:25.75	7:23	8.1
20	JANAS KACPER	3288	PUSZCZYK BUKOWY	BEZRZECZE	POL	SENIOR II M - 30	10	M 19	00:00:11	01:37:48	04:22:11	08:25:32	12:12:20	13:35:53.65	13:35:53.65	7:25	8.1
21	ŻEBROWSKI JULIUSZ	3269	CZARNECKI RUN TEAM	POZNAŃ	POL	SENIOR II M - 30	11	M 20	00:00:21	01:42:47	04:22:18	08:20:58	12:17:30	13:37:35.15	13:37:35.15	7:25	8.1
22	ŁUKOMSKI KRZYSZTOF	3270		KAZIMIERZ BISKUPI	POL	SENIOR II M - 30	12	M 21	00:00:21	01:42:49	04:22:19	08:20:58	12:17:32	13:37:35.55	13:37:35.55	7:25	8.1
23	KOGUT STANISŁAW	3457	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	MASTERS M - 40	8	M 22	00:00:02	01:40:47	04:29:27	08:37:12	12:24:53	13:42:02.95	13:42:02.95	7:28	8
24	BERG ALEKSANDER	3267		KŁODZKO	POL	MASTERS M - 40	9	M 23	00:00:04	01:45:06	04:34:19	08:40:12	12:20:42	13:45:21.30	13:45:21.30	7:30	8
25	GREDYS GRZEGORZ	3369		KŁODZKO	POL	MASTERS M - 40	10	M 24	00:00:04	01:45:07	04:34:19	08:40:11	12:20:42	13:45:21.35	13:45:21.35	7:30	8
26	MICHAŁSKI PIOTR	3458		WROCŁAW	POL	SENIOR II M - 30	13	M 25	00:00:18	01:41:06	04:26:25	08:40:51	12:22:44	13:46:02.55	13:46:02.55	7:30	8
27	BEŁDOWSKI SŁAWOMIR	3491		PIOTRKÓW TRYBUNALSKI	POL	WETERAN I M - 50	1	M 26	00:00:02	01:40:24	04:30:30	08:40:12	12:23:08	13:46:02.75	13:46:02.75	7:30	8
28	MISZTAŁ KAMIL	3341		GLIWICE	POL	SENIOR II M - 30	14	M 27	00:00:06	01:50:00	04:46:54	08:55:52	12:30:38	13:46:05.50	13:46:05.50	7:30	8
29	IWAŃCJÓW KATARZYNA	3160		DZIERŻONIÓW	POL	SENIOR II K - 30	1	K 2	00:00:04	01:48:01	04:42:08	08:58:08	12:30:40	13:51:54.10	13:51:54.10	7:33	7.9
30	NIEZGÓDKA TOMASZ	3500	ZALOGA GÓRSKA	WROCŁAW	POL	WETERAN I M - 50	2	M 28	00:00:11	01:48:03	04:47:32	09:03:22	12:36:29	13:58:26.70	13:58:26.70	7:37	7.9
31	HIBNER JACEK	3373		ŁÓDŹ	POL	WETERAN I M - 50	3	M 29	00:00:06	01:39:40	04:25:39	08:39:56	12:38:00	14:05:09.50	14:05:09.50	7:40	7.8
32	MATLOK MAREK	3476	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	11	M 30	00:00:04	01:38:02	04:31:54	08:36:17	12:33:04	14:08:03.10	14:08:03.10	7:42	7.8
33	RYZHYŃSKI VITALII	3442		WIELICZKA	POL	SENIOR II M - 30	15	M 31	00:00:26	01:50:46	04:50:36	09:03:15	12:48:23	14:09:27.65	14:09:27.65	7:43	7.8
34	STEFANIAK ŁUKASZ	3337		SZCZECIN	POL	MASTERS M - 40	12	M 32	00:00:05	01:37:54	04:31:57	08:53:19	12:53:12	14:15:50.25	14:15:50.25	7:46	7.7
35	LUBAŃSKI ROBERT	3437		BUKOWICE	POL	WETERAN I M - 50	4	M 33	00:00:07	01:43:13	04:34:29	08:54:57	12:48:12	14:16:39.05	14:16:39.05	7:47	7.7
36	WOŁOSZYN ARTUR	3173		RZESZÓW	POL	SENIOR II M - 30	16	M 34	00:00:09	02:02:01	05:15:20	09:26:57	12:58:09	14:17:02.25	14:17:02.25	7:47	7.7
37	GŁOWACKI ARTUR	3099	KGHM ZG RUN	GŁOGÓW	POL	MASTERS M - 40	13	M 35	00:00:04	01:41:54	04:50:39	09:22:11	13:01:51	14:18:51.70	14:18:51.70	7:48	7.7
38	WEINERT ARTUR	3061	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	14	M 36	00:00:03	01:40:36	04:36:01	08:54:45	12:53:48	14:21:50.50	14:21:50.50	7:50	7.7
39	LAWRENC ARTUR	3210	MASATEAM	NOWA SÓL	POL	SENIOR II M - 30	17	M 37	00:00:04	01:48:07	04:56:20	09:14:57	13:01:56	14:23:23.30	14:23:23.30	7:50	7.6
40	PODLEŚ RAFAŁ	3309	SPYROSOFT SYNERGY	SZCZECIN	POL	SENIOR I M - 20	3	M 38	00:00:06	01:43:54	04:47:42	08:52:43	12:56:27	14:24:45.50	14:24:45.50	7:51	7.6
41	GEZELA ROBERT	3403	EUFORIA BIEGACZA TEAM	GÓRA	POL	MASTERS M - 40	15	M 39	00:00:01	01:37:52	04:33:33	08:54:44	12:55:41	14:28:35.55	14:28:35.55	7:53	7.6

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
42	SIETKIEWICZ PIOTR	3314	GLEIPNIR	WROCŁAW	POL	SENIOR II M - 30	18	M 40	00:00:17	01:43:13	04:40:29	08:58:08	13:05:12	14:30:24.90	14:30:24.90	7:54	7.6
43	ŁASKARZEWSKI JAROSŁAW	3413		OLSZTYN	POL	WETERAN I M - 50	5	M 41	00:00:05	01:41:24	04:54:41	09:13:20	13:03:33	14:31:03.45	14:31:03.45	7:55	7.6
44	GAŁUSZKA RAFAŁ	3401		GUBIN	POL	MASTERS M - 40	16	M 42	00:00:01	01:42:42	04:40:28	09:09:12	13:06:18	14:31:48.30	14:31:48.30	7:55	7.6
45	BEDNAREK ANNA	3436	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	SENIOR II K - 30	2	K 3	00:00:05	01:48:23	04:47:56	09:16:44	13:04:15	14:32:46.70	14:32:46.70	7:56	7.6
46	POSADOWSKI SZYMON	3164		ZŁOTORYJA	POL	SENIOR II M - 30	19	M 43	00:00:03	01:41:47	04:40:28	08:58:51	13:06:17	14:34:31.30	14:34:31.30	7:57	7.5
47	MAJCHRZAK JACEK	3026	KOŚCIAN TEAM ULTRA	KOŚCIAN	POL	MASTERS M - 40	17	M 44	00:00:09	01:48:04	04:56:57	09:13:14	13:06:31	14:34:35.80	14:34:35.80	7:57	7.5
48	ROSZCZYK KAROL	3190		LUBASZ	POL	MASTERS M - 40	18	M 45	00:00:16	01:46:17	04:40:37	09:08:44	13:13:05	14:38:34.25	14:38:34.25	7:59	7.5
49	CHOŁKA MICHAŁ	3412		RZESZÓW	POL	SENIOR II M - 30	20	M 46	00:00:07	01:48:10	04:51:21	09:07:32	13:08:46	14:39:24.55	14:39:24.55	7:59	7.5
50	CZAJKA TOMASZ	3340		JASTRZEBIE-ZDROJ	POL	MASTERS M - 40	19	M 47	00:00:15	01:50:38	04:54:42	09:18:55	13:14:02	14:40:15.10	14:40:15.10	8:00	7.5
51	MARCINKOWSKA-CHOLEWA KATARZYNA	3468	GÓRAL Z MAZUR RUNNING TEAM	OSTROŁĘKA	POL	MASTERS K - 40	1	K 4	00:00:07	01:57:59	05:21:01	09:42:34	13:18:32	14:40:38.45	14:40:38.45	8:00	7.5
52	KUROWSKI MACIEJ	3343	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	20	M 48	00:00:13	01:56:34	05:02:24	09:36:38	13:20:55	14:44:32.45	14:44:32.45	8:02	7.5
53	RZEŹNICZEK ANNA	3433	STOWARZYSZENIE DZIAŁAMY RAZEM	KOWALEWO POMORSKIE	POL	SENIOR II K - 30	3	K 5	00:00:19	01:52:25	04:58:52	09:16:43	13:17:32	14:45:14.95	14:45:14.95	8:02	7.5
54	PTASIŃSKI TOMASZ	3180	CZAJKERSI - OSAKTRANSPORT	NOWA RUDA	POL	MASTERS M - 40	21	M 49	00:00:02	01:34:10	04:22:12	08:52:00	13:10:09	14:49:16.85	14:49:16.85	8:05	7.4
55	NAPARTY ZBIGNIEW	3056	KĘSY TEAM	OBORNIKI	POL	WETERAN I M - 50	6	M 50	00:00:08	01:53:20	05:22:30	09:42:32	13:31:52	14:50:45.70	14:50:45.70	8:05	7.4
56	BIADASZ ANDRZEJ MICHAŁ	3232	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	22	M 51	00:00:07	01:58:04	05:15:24	09:30:44	13:23:03	14:51:24.25	14:51:24.25	8:06	7.4
57	PASTERNOK MARIAN	3399	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	23	M 52	00:00:23	01:56:07	05:00:52	09:20:41	13:27:36	14:57:47.75	14:57:47.75	8:09	7.4
58	MELLER JOANNA	3391	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS K - 40	2	K 6	00:00:07	01:57:54	05:15:22	09:44:29	13:33:56	14:59:40.80	14:59:40.80	8:10	7.3
59	MŁYNARSKI MATEUSZ	3205	TRITOGO	WROCŁAW	POL	SENIOR II M - 30	21	M 53	00:00:19	01:47:30	04:57:02	09:42:47	13:41:23	15:08:45.55	15:08:45.55	8:15	7.3
60	TIETZ PRZEMYSŁAW	3048		STARGARD	POL	MASTERS M - 40	24	M 54	00:00:56	01:52:30	05:16:18	09:47:47	13:43:34	15:10:20.00	15:10:20.00	8:16	7.3
61	WŁÓDARCZYK MICHAŁ	3425		ŁÓDŹ	POL	MASTERS M - 40	25	M 55	00:00:06	01:43:19	04:54:18	09:32:04	13:41:16	15:10:33.95	15:10:33.95	8:16	7.2
62	LITWIN MICHAŁ	3322	LITEWIN	PASIKUROWICE	POL	MASTERS M - 40	26	M 56	00:00:13	01:42:59	04:41:51	09:19:14	13:46:58	15:13:19.05	15:13:19.05	8:18	7.2
63	ŁUKACKI DANIEL	3243	#SOBASTEAM	DOMASZCZYN	POL	MASTERS M - 40	27	M 57	00:00:16	01:42:50	04:41:51	09:19:15	13:46:58	15:13:19.35	15:13:19.35	8:18	7.2
64	TYLIŃSKI ARKADIUSZ	3263	LESZ NO LIMITS RUNNERS	LESZNO	POL	WETERAN I M - 50	7	M 58	00:00:08	01:52:32	05:01:26	09:32:48	13:46:46	15:13:34.95	15:13:34.95	8:18	7.2
65	KUPCZYK JACEK	3336	MOL RUNNERS	BYTKOWO	POL	WETERAN I M - 50	8	M 59	00:00:25	02:01:58	05:21:04	09:48:08	13:41:21	15:15:03.55	15:15:03.55	8:19	7.2
66	KONIECZNA PAULINA	3396	CH10	CHOSZCZCZNO	POL	SENIOR II K - 30	4	K 7	00:00:28	01:53:53	05:00:48	09:37:37	13:43:00	15:16:28.20	15:16:28.20	8:19	7.2
67	STANISZ MARCIN	3106	GÓRAL Z MAZUR RUNNING TEAM / NR PYSKOWICE	PYSKOWICE	POL	SENIOR II M - 30	22	M 60	00:00:03	01:43:50	04:54:54	09:28:03	13:44:07	15:16:39.05	15:16:39.05	8:19	7.2
68	BURZYŃSKI ŁUKASZ	3101	BIEGAJĄCE KREJZOLE	BOGUCIN	POL	SENIOR II M - 30	23	M 61	00:00:25	01:52:02	05:00:25	09:28:05	13:44:14	15:16:56.25	15:16:56.25	8:20	7.2
69	BIŃCZARSKI PATRYK	3042		WŁOCŁAWEK	POL	MASTERS M - 40	28	M 62	00:00:05	01:54:10	05:14:05	09:49:37	13:46:51	15:22:25.85	15:22:25.85	8:23	7.2
70	BATOR MICHAŁ	3302		NADOLICE WIELKIE	POL	SENIOR II M - 30	24	M 63	00:00:30	01:56:25	04:53:39	09:13:06	13:46:39	15:22:50.95	15:22:50.95	8:23	7.2
71	KOZŁOWSKA IWONA	3129	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS K - 40	3	K 8	00:00:08	01:58:26	05:13:32	09:48:23	13:51:37	15:24:11.30	15:24:11.30	8:24	7.1
72	PIWKO MATEUSZ	3029		SZCZECIN	POL	SENIOR II M - 30	25	M 64	00:00:26	02:10:06	05:24:28	09:49:29	13:52:10	15:25:03.80	15:25:03.80	8:24	7.1
73	MORAWSKI FILIP	3418	KRAKOWIAK ULTRA TEAM	PUSZCZYKOWO	POL	MASTERS M - 40	29	M 65	00:00:09	01:54:17	05:15:19	10:02:02	13:59:32	15:26:13.65	15:26:13.65	8:25	7.1
74	WOJCIECHOWSKI DARIUSZ	3416	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	MASTERS M - 40	30	M 66	00:00:09	01:54:16	05:15:21	10:03:24	14:12:53	15:28:12.75	15:28:12.75	8:26	7.1
75	PAŻUCHA WOJCIECH	3321		LUSÓWKO	POL	MASTERS M - 40	31	M 67	00:00:09	01:54:17	05:15:20	10:03:23	14:12:54	15:29:58.00	15:29:58.00	8:27	7.1
76	MENDYKA ŁUKASZ	3155	KB AKTYWNI ŚRODA WLKP.	ŚRODA WIELKOPOLSKA	POL	SENIOR II M - 30	26	M 68	00:00:33	02:05:07	05:24:42	09:56:25	14:06:55	15:30:04.90	15:30:04.90	8:27	7.1
77	MELLER WOJCIECH	3392	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS M - 40	32	M 69	00:00:07	01:57:44	05:15:23	09:44:30	13:51:30	15:30:29.00	15:30:29.00	8:27	7.1
78	OGŁAZA RAFAŁ	3394		SZCZECIN	POL	SENIOR II M - 30	27	M 70		01:46:20	04:51:47	09:49:15	13:51:42	15:30:57.85	15:30:57.85	8:27	7.1
79	WETHACZ DARIUSZ	3426	GANG BIESA / ON RUNNING POLSKA	CISNA	POL	SENIOR II M - 30	28	M 71	00:00:04	01:43:50	04:51:50	09:37:23	13:51:41	15:30:59.85	15:30:59.85	8:27	7.1

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
80	WOJTYCZKA WOJCIECH	3320	GÓRAL Z MAZUR RUNNING TEAM	RUDA ŚLĄSKA	POL	SENIOR II M - 30	29	M 72	00:00:03	01:54:35	05:15:25	09:59:56	14:05:04	15:31:18.65	15:31:18.65	8:27	7.1
81	MATUSZEWSKI MAREK	3432	RUNNER'S POWER	ŚREM	POL	WETERAN I M - 50	9	M 73		01:48:51	05:01:21	09:53:04	14:05:33	15:34:05.55	15:34:05.55	8:29	7.1
82	ŻARNIEWSKI WOJCIECH	3278	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	MASTERS M - 40	33	M 74	00:00:40	02:06:36	05:18:21	09:42:35	13:58:18	15:34:22.20	15:34:22.20	8:29	7.1
83	GADOMSKI RADOSŁAW	3330	ŻÓRAWSKI TEAM / PKO BP	WARSZAWA	POL	SENIOR II M - 30	30	M 75	00:00:13	01:56:35	05:02:24	09:36:38	14:02:52	15:34:29.15	15:34:29.15	8:29	7.1
84	CZYŚCIAK KRZYSZTOF	3139	KB SOBÓTKA	ŻÓRAWINA	POL	MASTERS M - 40	34	M 76	00:00:07	01:49:51	05:09:53	09:42:02	13:58:15	15:34:43.50	15:34:43.50	8:29	7.1
85	GIL MIROŚLAW	3290	KB GEPARD	BOLECHOWO	POL	MASTERS M - 40	35	M 77	00:00:40	02:04:25	05:24:14	09:53:47	14:12:59	15:35:24.15	15:35:24.15	8:30	7.1
86	PIETRZAK PAWEŁ	3293	MUROWANA GOŚLINA DOGOŃ GRODZISK MAZOWIECKI	OSIEDLE PRUSZKÓW	POL	MASTERS M - 40	36	M 78	00:00:39	02:01:25	05:12:43	09:44:18	14:03:47	15:36:35.50	15:36:35.50	8:30	7
87	MIŚ MATEUSZ	3193	SŁAWA	SŁAWA	POL	MASTERS M - 40	37	M 79	00:00:21	01:57:27	05:18:43	10:01:53	14:16:45	15:43:16.00	15:43:16.00	8:34	7
88	KWIATEK AGNIESZKA	3461		ORZESZE	POL	SENIOR II K - 30	5	K 9	00:00:16	01:55:54	05:14:12	09:47:12	14:03:16	15:43:27.05	15:43:27.05	8:34	7
89	SENDOBRY ARTUR	3239		RUDA ŚLĄSKA	POL	MASTERS M - 40	38	M 80	00:00:02	01:48:55	05:01:51	09:45:04	14:03:58	15:44:44.10	15:44:44.10	8:35	7
90	RUSIN KRZYSZTOF	3298	LECE Z PANTALONEM	SZARÓW	POL	MASTERS M - 40	39	M 81	00:00:10	01:48:25	04:56:11	09:32:49	14:03:26	15:44:49.60	15:44:49.60	8:35	7
91	MISZTAŁ RAFAŁ	3273	LOS PANTALONES ROJOS	CHRZANÓW	POL	WETERAN I M - 50	10	M 82	00:00:12	01:48:28	04:56:13	09:32:48	14:03:27	15:44:49.65	15:44:49.65	8:35	7
92	SOBCZAK ANTONI	3091	CROSSACTIVE NYSA	NYSA	POL	WETERAN I M - 50	11	M 83	00:00:19	01:52:47	05:11:52	09:48:21	14:08:53	15:46:36.45	15:46:36.45	8:36	7
93	PAWLUCZUK TOMASZ	3478	WŚCIEKŁE PIĘŚCI WEŻA	EŁK	POL	WETERAN I M - 50	12	M 84	00:00:15	01:54:59	05:12:58	09:57:38	14:08:20	15:48:34.55	15:48:34.55	8:37	7
94	JEZIORSKI WOJCIECH	3259	MALUTKA ŻMERYNKA	GOLENIOW	POL	SENIOR I M - 20	4	M 85	00:00:37	01:48:52	05:01:03	09:46:50	14:20:43	15:48:53.50	15:48:53.50	8:37	7
95	KASPERKIEWICZ WOJTEK	3096		KOBYLA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:03	01:46:43	05:16:16	09:55:12	14:12:48	15:49:21.20	15:49:21.20	8:37	7
96	KUCHARSKI ADRIAN KUCHARSKI	3103		KOBYLA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:02	01:43:05	05:10:45	09:55:10	14:12:24	15:49:21.20	15:49:21.20	8:37	7
97	GIBAS MICHAŁ	3113		SŁAWNO	POL	SENIOR II M - 30	33	M 88	00:00:22	01:52:07	05:12:30	09:53:48	14:11:42	15:49:34.35	15:49:34.35	8:37	7
98	BUCKZOWSKI KRZYSZTOF	3271		POZNAŃ	POL	SENIOR I M - 20	5	M 89	00:00:16	01:54:30	05:01:24	09:39:10	14:12:55	15:55:04.25	15:55:04.25	8:40	6.9
99	PYREK KRZYSZTOF	3012	1 RBLOG	WAŁCZ	POL	MASTERS M - 40	40	M 90	00:00:05	01:42:45	04:58:14	09:54:27	14:23:39	15:58:17.45	15:58:17.45	8:42	6.9
100	SALAMON MATEUSZ	3473	POWER TRAINING	KIELCE	POL	SENIOR II M - 30	34	M 91	00:00:24	01:50:48	04:40:39	08:42:21	13:43:39	15:59:53.15	15:59:53.15	8:43	6.9
101	BASTRYK TOMASZ	3032		SKARŻYSKO-KAMI ENNA	POL	MASTERS M - 40	41	M 92	00:00:10	01:56:31	05:09:49	09:54:46	14:26:12	16:00:05.90	16:00:05.90	8:43	6.9
102	NAGLAK ŁUKASZ	3095	KOŹMIN BIEGA ULTRA RUNNERS	KOŹMIN WIELKOPOLSKI	POL	MASTERS M - 40	42	M 93	00:00:17	02:04:56	05:21:02	10:25:34	14:32:29	16:02:21.25	16:02:21.25	8:44	6.9
103	GAŁEK WOJCIECH	3049	NO PAIN NO GAIN	WROCŁAW	POL	MASTERS M - 40	43	M 94	00:00:12	02:04:50	05:45:45	10:30:53	14:33:26	16:05:17.30	16:05:17.30	8:46	6.8
104	POLACZEK DANIEL	3131	IZBICKO W BIEGU	OTMICE	POL	SENIOR I M - 20	6	M 95	00:00:28	01:58:24	05:19:22	10:32:13	14:36:16	16:08:04.85	16:08:04.85	8:48	6.8
105	LUTOMSKA DOROTA	3010	OFIX.PL BIKE TEAM	OBORNIKI	POL	MASTERS K - 40	4	K 10	00:00:07	01:53:22	05:22:31	09:42:32	14:39:35	16:11:41.90	16:11:41.90	8:50	6.8
106	DOMERADZKI GRZEGORZ	3256		GLIWICE	POL	SENIOR II M - 30	35	M 96	00:00:19	02:06:30	05:39:26	10:33:31	14:45:47	16:15:01.95	16:15:01.95	8:51	6.8
107	HRONOWSKI KAMIL	3487	BLACK HAT TEAM	OKOCIM	POL	SENIOR I M - 20	7	M 97	00:00:39	02:03:46	05:21:04	10:14:56	14:45:42	16:15:02.05	16:15:02.05	8:51	6.8
108	PARUCKI MICHAŁ	3166	VEGE RUNNERS	POZNAŃ	POL	MASTERS M - 40	44	M 98	00:00:49	02:00:08	05:20:35	10:21:07	14:43:52	16:22:20.40	16:22:20.40	8:55	6.7
109	SIEMIENIŃCZUK ROBERT	3090		WARSZAWA	POL	WETERAN I M - 50	13	M 99	00:00:18	01:58:02	05:16:19	10:01:39	14:48:46	16:22:21.50	16:22:21.50	8:55	6.7
110	MITIS MAREK	3033		KRAKÓW	POL	SENIOR II M - 30	36	M 100	00:00:30	02:10:53	05:37:39	10:30:53	14:45:33	16:23:33.80	16:23:33.80	8:56	6.7
111	ŁYCZKO ANNA	3087	PODIUM	STOBIERNA	POL	SENIOR II K - 30	6	K 11	00:00:11	02:08:54	05:44:15	10:27:47	14:50:50	16:23:47.20	16:23:47.20	8:56	6.7
112	JAGIELSKI JERZY	3346	JKS SALAMANDRA	JAWOR	POL	SENIOR II M - 30	37	M 101	00:00:40	02:03:56	05:37:20	10:27:48	14:50:50	16:23:47.25	16:23:47.25	8:56	6.7
113	MIKRUT REMIGIUSZ	3324		CHELMNO	POL	MASTERS M - 40	45	M 102	00:00:07	01:48:00	05:07:05	10:17:53	15:03:55	16:33:08.90	16:33:08.90	9:01	6.6
114	KAKOSZKA MARCIN	3142	MAŁA PANEW TEAM ZAWADZKIE	ZAWADZKIE	POL	SENIOR II M - 30	38	M 103	00:00:03	01:40:42	05:19:37	10:53:38	15:08:21	16:33:19.85	16:33:19.85	9:01	6.6
115	KRUPA PIOTR	3493	LAF_CAMPERVAN	SZCZYRK	POL	SENIOR II M - 30	39	M 104	00:00:22	02:02:00	05:13:33	10:18:54	15:03:30	16:33:33.45	16:33:33.45	9:01	6.6
116	KOWCZYK ŁUKASZ	3481	DRUŻYNA CHROBREGO	SZPOTAWA	POL	MASTERS M - 40	46	M 105	00:00:33	02:08:51	05:43:06	10:43:03	14:58:52	16:36:14.15	16:36:14.15	9:03	6.6
117	GAŁKA KRZYSZTOF	3409	WKURW_TEAM	WARSZAWA	POL	SENIOR II M - 30	40	M 106	00:00:54	02:09:02	05:19:14	10:15:42	14:48:42	16:37:28.65	16:37:28.65	9:04	6.6
118	PELJAK MARIUSZ	3227	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	SENIOR II M - 30	41	M 107	00:00:16	02:01:23	05:47:52	10:55:08	15:03:30	16:38:25.70	16:38:25.70	9:04	6.6
119	BUDZYŃSKI PRZEMYSŁAW	3127	BUDZYŃSCY TEAM	SZCZECIN	POL	MASTERS M - 40	47	M 108	00:00:10	01:54:28	05:24:17	10:17:47	14:55:56	16:40:17.95	16:40:17.95	9:05	6.6
120	PIETRZAK SŁAWOMIR	3158		PLESZEW	POL	MASTERS M - 40	48	M 109	00:00:11	01:54:48	05:21:29	10:28:52	14:58:51	16:40:19.10	16:40:19.10	9:05	6.6
121	KĘDZIELEWSKI ŁUKASZ	3349	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	49	M 110	00:00:10	01:54:26	05:24:15	10:17:45	14:55:54	16:40:21.55	16:40:21.55	9:05	6.6
122	SZYNAWA MARCIN	3100	ENDURANCE TEAM	SIEMIANOWICE	POL	MASTERS M - 40	50	M 111	00:00:55	02:14:57	05:52:50	10:53:42	15:17:57	16:40:24.35	16:40:24.35	9:05	6.6
123	CHOMA MAREK	3260	PĘDZĄCE LENIWCE	REPKI	POL	MASTERS M - 40	51	M 112	00:00:14	01:56:54	05:29:33	10:18:51	14:56:24	16:41:52.40	16:41:52.40	9:06	6.6

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
124	GAWKOWSKI ARTUR	3255	OSTRÓW BIEGA	OSTRÓW MAZOWIECKA	POL	SENIOR II M - 30	42	M 113	00:00:55	02:16:50	05:50:44	10:46:33	15:05:49	16:42:09.25	16:42:09.25	9:06	6.6
125	JAGNIĄTKOWSKI JACEK	3351	TEAM KURORT ŁADKU ZDRÓJ	OŁDRZYCHOWICE KŁODZKIE	POL	MASTERS M - 40	52	M 114	00:00:20	01:56:45	05:18:12	10:15:07	15:25:22	16:42:16.30	16:42:16.30	9:06	6.6
126	KINOWSKA KATARZYNA	3238	GRUPA BIEGOWA 65	GDAŃSK	POL	MASTERS K - 40	5	K 12	00:00:20	02:05:11	05:24:19	10:01:56	14:52:39	16:42:24.10	16:42:24.10	9:06	6.6
127	KOŁODZIEJ PAWEŁ	3077		CZERNICA	POL	MASTERS M - 40	53	M 115	00:00:07	02:01:41	05:22:33	10:15:41	14:57:03	16:42:54.10	16:42:54.10	9:07	6.6
128	KOSIN MARCIN	3211	PGB SPORTOWA PACZKA	BARCZEWO	POL	SENIOR II M - 30	43	M 116	00:00:16	02:02:13	05:37:47	10:34:59	15:13:01	16:43:11.50	16:43:11.50	9:07	6.6
129	DĄBKOWSKI WOJCIECH	3291	ARP E-VEHICLES	SOLEC KUJAWSKI	POL	MASTERS M - 40	54	M 117	00:00:31	02:04:51	05:33:42	10:28:34	15:04:18	16:44:32.90	16:44:32.90	9:07	6.6
130	PRZYBYŁ PIOTR	3191	EASY RUNNERS	GOSTYŃ	POL	WETERAN I M - 50	14	M 118	00:00:31	02:04:24	05:36:44	10:45:44	15:13:48	16:47:18.35	16:47:18.35	9:09	6.6
131	MIELECKI MACIEJ	3175	PAIN IS MY FRIEND	WARSZAWA	POL	SENIOR II M - 30	44	M 119	00:00:33	02:07:53	05:28:52	10:21:40	15:07:56	16:49:30.20	16:49:30.20	9:10	6.5
132	KANDEFER BEATA	3195	KB „ATHLETIC” ZRĘCIN	KORCZYNA	POL	WETERAN K - 50	2	K 13	00:00:15	02:01:31	05:33:25	10:41:55	15:11:51	16:51:13.35	16:51:13.35	9:11	6.5
133	BIESZCZAD MATEUSZ	3143	KB ATHLETIC ZRĘCIN	WOJASZÓWKA	POL	SENIOR II M - 30	45	M 120	00:00:16	02:01:31	05:33:26	10:43:57	15:11:50	16:51:13.55	16:51:13.55	9:11	6.5
134	BIAŁCZYK MARCIN	3202	MARATOŃCZYK POZNAŃ	ROŚCIMIN	POL	SENIOR II M - 30	46	M 121	00:00:37	01:48:58	05:24:42	10:40:34	15:27:58	16:52:53.65	16:52:53.65	9:12	6.5
135	ŚWIERCZYŃSKI KACPER	3395	STAJNIA CROSSFIT	POZNAŃ	POL	SENIOR II M - 30	47	M 122	00:00:04	01:48:48	05:00:21	10:03:58	15:10:47	16:54:16.35	16:54:16.35	9:13	6.5
136	FRYSIAK ARTUR	3262	WIELUŃ ULTRA	WIELUŃ	POL	WETERAN I M - 50	15	M 123	00:00:09	01:54:24	05:21:09	10:31:05	15:16:31	16:55:29.40	16:55:29.40	9:13	6.5
137	MUCHA ROBERT	3417		OLKUSZ/JERZMANOWICE	POL	MASTERS M - 40	55	M 124	00:00:15	02:08:53	05:42:43	10:34:41	15:12:19	16:55:34.60	16:55:34.60	9:13	6.5
138	KROK SŁAWOMIR	3424		JĘDRZYCHÓW	POL	MASTERS M - 40	56	M 125	00:00:52	02:09:03	05:58:51	10:38:15	15:16:45	16:56:01.00	16:56:01.00	9:14	6.5
139	BRONIEWSKI PIOTR	3011		KUNOWICE	POL	SENIOR II M - 30	48	M 126	00:00:11	01:54:37	05:26:58	10:26:02	15:18:02	16:56:35.85	16:56:35.85	9:14	6.5
140	JASINIAK BARTOSZ	3053		SŁUBICE	POL	MASTERS M - 40	57	M 127	00:00:11	01:54:39	05:26:58	10:26:02	15:19:08	16:56:37.65	16:56:37.65	9:14	6.5
141	KUBICKA MAGDALENA	3389		FLORENTYNÓW	POL	MASTERS K - 40	6	K 14	00:00:43	02:20:28	05:55:31	11:00:23	15:22:27	16:57:35.75	16:57:35.75	9:15	6.5
142	HACHOŁ JUSTYNA	3004		WROCŁAW	POL	MASTERS K - 40	7	K 15	00:00:18	02:04:11	05:42:54	10:38:49	15:22:06	16:59:50.85	16:59:50.85	9:16	6.5
143	KLIĞLICH PAWEŁ	3019		STARE LIPINY	POL	MASTERS M - 40	58	M 128	00:00:13	02:00:21	05:42:51	10:38:49	15:28:37	16:59:51.65	16:59:51.65	9:16	6.5
144	BIECUSZEK TOMASZ	3110	AKTYWNA NOWA RUDA	NOWA RUDA	POL	MASTERS M - 40	59	M 129	00:00:21	01:57:22	05:36:29	10:53:08	15:32:32	17:01:44.45	17:01:44.45	9:17	6.5
145	SIWIEC STANISŁAW	3162		RZESZÓW	POL	WETERAN II M - 60	1	M 130	00:00:10	01:58:21	05:27:00	10:29:30	15:23:22	17:04:27.20	17:04:27.20	9:18	6.4
146	BUCHHOLTZ TOMASZ	3122	PORANNY BESKID RUN	MIĘDZYŚWIEĆ	POL	MASTERS M - 40	60	M 131	00:00:32	02:11:46	05:56:07	11:00:19	15:29:00	17:05:25.55	17:05:25.55	9:19	6.4
147	HELLER KARINA	3258	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	8	K 16	00:00:32	02:11:48	05:56:07	11:00:22	15:28:24	17:05:26.50	17:05:26.50	9:19	6.4
148	BŁASZCZYK MARIUSZ	3308	SNG WILD DUCKS	ZGIERZ	POL	SENIOR II M - 30	49	M 132	00:00:45	01:57:19	05:19:23	10:32:14	15:28:39	17:05:27.30	17:05:27.30	9:19	6.4
149	GIBALSKI TOMASZ	3310	OBORYGENI	ROŚCIŚLAWICE	POL	WETERAN I M - 50	16	M 133	00:00:36	02:24:12	06:47:56	11:31:21	15:41:07	17:07:09.25	17:07:09.25	9:20	6.4
150	PIETRUCHA JAKUB	3453	STG WARSZAWA	WARSZAWA	POL	SENIOR II M - 30	50	M 134	00:00:22	01:48:24	04:54:31	09:54:28	15:02:59	17:07:51.55	17:07:51.55	9:20	6.4
151	KRZYSZTOŃ MACIEJ	3299	KB GEPARD MUROWANA GOŚLINA	MUROWANA GOŚLINA	POL	MASTERS M - 40	61	M 135	00:00:40	02:04:26	05:24:19	10:20:43	15:28:09	17:10:40.30	17:10:40.30	9:22	6.4
152	HOFSTRA TSJEARD	3247	FRYSMAN	WOMMELS	NED	MASTERS M - 40	62	M 136	00:00:33	02:02:03	05:15:22	09:46:46	15:03:09	17:11:23.10	17:11:23.10	9:22	6.4
153	CZERNIACHOWSKI ARTUR	3074	ULTRA TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	MASTERS M - 40	63	M 137	00:00:12	02:04:53	05:45:35	10:45:53	15:32:35	17:11:29.05	17:11:29.05	9:22	6.4
154	DRAGANEK EWELINA	3387		WROCŁAW	POL	MASTERS K - 40	9	K 17	00:00:27	02:00:28	05:33:36	10:40:35	15:28:42	17:11:42.40	17:11:42.40	9:22	6.4
155	PAUL VIOLETTA	3219	BIEGAMY W GÓRACH	GLIWICE	POL	MASTERS K - 40	10	K 18	00:00:29	02:09:10	05:46:01	10:33:58	15:22:44	17:13:13.40	17:13:13.40	9:23	6.4
156	ŻMIJEWSKI DARIUSZ	3488	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	WETERAN I M - 50	17	M 138	00:00:29	02:09:08	05:46:01	10:46:19	15:22:46	17:13:13.55	17:13:13.55	9:23	6.4
157	WIERZCHOŃ MICHAŁ	3439	MR. DOC	ŁÓDŹ	POL	MASTERS M - 40	64	M 139	00:00:16	01:55:06	05:19:00	10:33:00	15:30:20	17:14:57.05	17:14:57.05	9:24	6.4
158	WOJTCZAK KRZYSZTOF	3264	WKB PIAST WROCŁAW	WROCŁAW	POL	WETERAN I M - 50	18	M 140	00:00:13	01:57:01	05:29:36	10:46:46	15:34:02	17:16:56.85	17:16:56.85	9:25	6.4
159	NAWROT ARTUR	3480		KSIĘGINICE	POL	MASTERS M - 40	65	M 141	00:00:22	01:49:03	05:16:15	10:29:21	15:33:59	17:19:34.75	17:19:34.75	9:27	6.3
160	KOSTERA KATARZYNA	3335	VEGE RUNNERS	WARSZAWA	POL	MASTERS K - 40	11	K 19	00:00:09	02:09:20	06:02:20	11:01:00	15:49:22	17:26:13.05	17:26:13.05	9:30	6.3
161	SŁOWIK GRZEGORZ	3144	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	MASTERS M - 40	66	M 142	00:00:03	01:54:47	05:35:23	10:46:30	15:35:06	17:31:59.20	17:31:59.20	9:33	6.3
162	JASIAK KAROL	3141	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	SENIOR II M - 30	51	M 143	00:00:03	01:54:46	05:21:57	10:31:18	15:35:07	17:31:59.35	17:31:59.35	9:33	6.3
163	KOZŁOWSKI ARTUR	3184		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	67	M 144	00:00:08	01:58:25	05:22:43	10:28:55	15:40:37	17:32:35.30	17:32:35.30	9:34	6.3
164	KONS KATARZYNA	3105		KRAKÓW	POL	SENIOR II K - 30	7	K 20	00:00:27	02:17:20	06:04:14	11:29:15	15:57:21	17:35:18.50	17:35:18.50	9:35	6.3
165	PIETRZAK AGNIESZKA	3294	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS K - 40	12	K 21	00:00:37	02:17:05	06:22:00	11:29:12	16:00:11	17:37:26.05	17:37:26.05	9:36	6.2

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
166	SZCZEPAŃSKI MARCIN	3246	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	SENIOR II M - 30	52	M 145	00:00:27	02:04:28	05:36:34	10:35:50	15:36:10	17:37:26.35	17:37:26.35	9:36	6.2
167	GŁOWACKI RAFAŁ	3098		GDAŃSK	POL	MASTERS M - 40	68	M 146	00:00:20	02:01:54	05:47:44	11:14:14	15:58:48	17:37:33.30	17:37:33.30	9:36	6.2
168	WALASZCZYK ANNA	3266		GLIWICE	POL	MASTERS K - 40	13	K 22	00:00:10	02:05:02	05:51:23	10:44:33	15:53:59	17:39:05.15	17:39:05.15	9:37	6.2
169	SMIESZKOŁ BRYKOWSKA SONIA	3244		KIELCZA	POL	MASTERS K - 40	14	K 23	00:00:10	02:05:03	05:51:24	10:44:34	15:53:59	17:39:05.35	17:39:05.35	9:37	6.2
170	MARKOWSKI MAREK	3490	KS LENIWIEC	KĘPNO	POL	MASTERS M - 40	69	M 147	00:00:27	02:06:59	05:44:17	11:00:17	15:59:47	17:42:45.40	17:42:45.40	9:39	6.2
171	SMOLAK AGATA	3133		WOLSZTYN	POL	MASTERS K - 40	15	K 24	00:00:31	02:14:18	06:02:28	11:15:15	16:02:36	17:42:47.65	17:42:47.65	9:39	6.2
172	DECHNIK ŁUKASZ	3297	I W GÓRĘ I W DÓŁ	WROCLAW	POL	MASTERS M - 40	70	M 148	00:00:17	02:02:16	05:42:03	10:48:54	15:57:04	17:47:35.05	17:47:35.05	9:42	6.2
173	JĘDRYCHOWSKI BARTŁOMIEJ	3485		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	53	M 149	00:00:33	01:58:50	05:13:13	09:58:57	15:30:25	17:48:14.95	17:48:14.95	9:42	6.2
174	PĘCHRA MATEUSZ	3281		TURAWA	POL	SENIOR II M - 30	54	M 150	00:00:19	02:11:03	06:04:15	11:43:13	15:58:21	17:48:30.20	17:48:30.20	9:42	6.2
175	CHRZANOWSKI PAWEŁ	3431		ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	71	M 151	00:00:31	02:09:46	05:37:52	11:11:04	15:54:10	17:49:36.20	17:49:36.20	9:43	6.2
176	GRZELAK JUSTYNA	3486	MARATON LESZNO	LESZNO	POL	MASTERS K - 40	16	K 25	00:00:32	02:24:31	06:13:14	11:29:16	16:17:23	17:50:51.55	17:50:51.55	9:44	6.2
177	SUSZ MARIAN	3338	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	MASTERS M - 40	72	M 152	00:00:17	02:01:26	05:48:26	11:06:43	15:59:39	17:51:55.35	17:51:55.35	9:44	6.2
178	SZNAJDER JOANNA	3088		GŁUCHOŁAZY	POL	MASTERS K - 40	17	K 26	00:00:25	02:06:58	05:59:20	11:00:16	15:58:00	17:51:59.85	17:51:59.85	9:44	6.2
179	FILIPIAK HIERONIM	3209	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS M - 40	73	M 153	00:00:18	02:00:11	05:33:37	11:18:53	16:19:49	17:53:04.55	17:53:04.55	9:45	6.2
180	KADŁUBOWSKI PIOTR	3494	RUN100LOVE / GÓRYLASY / KOTWICA BRZEG	BRZEG	POL	MASTERS M - 40	74	M 154	00:00:01	02:07:31	05:50:23	11:33:28	16:22:41	17:53:35.00	17:53:35.00	9:45	6.1
181	GRYCMAN MAGDALENA	3440	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	18	K 27	00:00:23	02:06:10	06:10:01	11:16:33	16:13:48	17:56:23.75	17:56:23.75	9:47	6.1
182	GRYCMAN ŁUKASZ	3441		TRZCINICA	POL	MASTERS M - 40	75	M 155	00:00:23	02:07:01	06:10:01	11:16:33	16:13:47	17:56:23.80	17:56:23.80	9:47	6.1
183	KRÓŁAK KRYSZTIAN	3374	#TEAMKRÓŁAK	POBIEDZISKA	POL	SENIOR I M - 20	8	M 156	00:00:55	02:11:53	05:52:48	11:11:14	16:09:46	17:58:17.65	17:58:17.65	9:48	6.1
184	BERNAT ARKADIUSZ	3178	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN I M - 50	19	M 157	00:00:06	01:58:13	05:12:41	10:07:31	16:08:59	17:59:02.30	17:59:02.30	9:48	6.1
185	HORŁUKOWICZ KAMIL	3483	KPP ŚWIDNICA	ŚWIDNICA	POL	SENIOR I M - 20	9	M 158	00:00:08	01:57:56	05:47:49	11:26:13	16:23:42	18:00:26.15	18:00:26.15	9:49	6.1
186	PANTOŁ MIROSLAW	3194		RZESZÓW	POL	MASTERS M - 40	76	M 159	00:00:09	02:14:51	06:05:02	11:01:27	16:18:36	18:03:08.65	18:03:08.65	9:50	6.1
187	SZYSZŁOWSKI WALDEMAR	3345	GÓRAL Z MAZUR RUNNING TEAM	POZNAŃ	POL	SENIOR II M - 30	55	M 160	00:00:02	02:05:59	05:44:15	11:09:31	16:25:17	18:08:49.85	18:08:49.85	9:53	6.1
188	ZAWADZKI PAWEŁ	3187		WROCLAW	POL	SENIOR II M - 30	56	M 161	00:00:40	02:20:10	06:35:32	12:30:05	16:47:00	18:16:41.50	18:16:41.50	9:58	6
189	ANDRZEJCZUK MARZENA	3398		WROCLAW	POL	MASTERS K - 40	19	K 28	00:00:17	02:05:57	05:50:44	11:12:58	16:33:14	18:16:54.75	18:16:54.75	9:58	6
190	STELMACH KRZYSZTOF	3407		WIELUŃ	POL	MASTERS M - 40	77	M 162	00:00:09	02:05:27	05:56:44	11:12:58	16:33:30	18:16:55.95	18:16:55.95	9:58	6
191	ZACHARYASZ MIŁOSZ	3312	KOCHAM MONICZKE	POZNAŃ	POL	SENIOR I M - 20	10	M 163	00:00:57	02:08:38	05:33:18	10:45:15	16:40:58	18:17:36.15	18:17:36.15	9:58	6
192	LEWANDOWSKI GRZEGORZ	3009	GOLENIÓW	GOLENIÓW	POL	MASTERS M - 40	78	M 164	00:00:22	02:11:55	05:56:46	11:15:18	16:31:55	18:18:24.90	18:18:24.90	9:59	6
193	PASIEKA AGNIESZKA	3072	KB ATHLETIC ZRĘCIN	KROSNO	POL	MASTERS K - 40	20	K 29	00:00:09	02:09:40	06:05:07	11:42:19	16:44:27	18:19:07.45	18:19:07.45	9:59	6
194	WITUSIK DOROTA	3450		JASŁO	POL	MASTERS K - 40	21	K 30	00:00:09	02:09:44	06:05:08	11:42:19	16:44:28	18:19:07.75	18:19:07.75	9:59	6
195	NICPOŃ SEBASTIAN	3430	PATOBIEGACZE	PIŁA	POL	MASTERS M - 40	79	M 165	00:00:02	02:05:58	05:44:16	11:09:31	16:25:17	18:20:46.00	18:20:46.00	10:00	6
196	WELTER PRZEMYSŁAW	3306	KB SZAMOTUŁY	SZAMOTUŁY	POL	SENIOR II M - 30	57	M 166	00:00:13	01:58:30	05:43:03	11:18:19	16:33:46	18:22:36.65	18:22:36.65	10:01	6
197	BIENČAK ZUZANNA	3295	ASICS FRONTRUNNER POLAND	WARSZAWA	POL	SENIOR II K - 30	8	K 31	00:00:14	02:00:03	05:46:48	11:18:16	16:33:45	18:22:36.75	18:22:36.75	10:01	6
198	CZYRNIA ANDRZEJ	3242		TURAWA	POL	SENIOR II M - 30	58	M 167	00:00:19	02:11:04	06:04:16	11:15:31	16:34:44	18:27:35.45	18:27:35.45	10:04	6
199	KARCZ ANNA	3475		BYDGOSZCZ	POL	SENIOR II K - 30	9	K 32	00:00:24	02:00:33	05:52:40	11:14:49	16:40:55	18:27:52.50	18:27:52.50	10:04	6
200	KANIA PAWEŁ	3479	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	WETERAN I M - 50	20	M 168	00:00:47	02:22:25	06:14:15	11:40:34	16:49:05	18:29:55.75	18:29:55.75	10:05	5.9
201	BRZozowski RAFAŁ	3474		KŁODZKO	POL	MASTERS M - 40	80	M 169	00:00:39	02:15:18	05:58:59	11:21:21	16:41:23	18:30:22.05	18:30:22.05	10:05	5.9
202	GAWŁAS PRZEMYSŁAW	3495		KŁODZKO	POL	WETERAN I M - 50	21	M 170	00:00:14	02:06:52	05:54:33	11:17:41	16:44:30	18:33:09.00	18:33:09.00	10:07	5.9
203	MIKUŁAN MIKOŁAJ	3024		POZNAŃ	POL	SENIOR II M - 30	59	M 171	00:00:28	02:23:11	06:31:40	12:11:03	16:58:43	18:34:43.35	18:34:43.35	10:08	5.9
204	JAROSIŃSKI ŁUKASZ	3132	TANŃCZACE MUCHOMORKI	KRZEWINA	POL	MASTERS M - 40	81	M 172	00:00:12	02:01:39	05:50:45	11:49:20	16:51:35	18:36:10.60	18:36:10.60	10:08	5.9
205	BRAUN ZBIGNIEW	3362	WKB MARATONCZYK	WLOCLAWEK	POL	MASTERS M - 40	82	M 173	00:00:06	01:54:16	05:14:11	10:22:58	16:31:57	18:37:09.40	18:37:09.40	10:09	5.9
206	DAWIDZIAK JAROSŁAW	3414	MARATON LESZNO /AMBIT	LESZNO	POL	WETERAN I M - 50	22	M 174	00:00:32	02:07:43	05:43:26	10:51:54	16:35:38	18:37:12.75	18:37:12.75	10:09	5.9
207	SKRZYPIŃSKI ARKADIUSZ	3102	PSI PATROL	LESZNO	POL	MASTERS M - 40	83	M 175	00:00:32	02:07:45	05:43:27	11:21:20	16:35:39	18:37:13.10	18:37:13.10	10:09	5.9
208	JUSZCZAK ZBIGNIEW	3350	PKB KMP KALISZ	OPATÓWEK	POL	WETERAN I M - 50	23	M 176	00:00:38	02:26:28	06:58:33	11:52:42	16:17:04	18:41:00.20	18:41:00.20	10:11	5.9
209	RAFA ASIA	3280	RUNNERS TEAM NYSA	OPOLE	POL	MASTERS K - 40	22	K 33	00:00:25	02:22:27	06:21:54	11:44:37	16:41:53	18:41:57.05	18:41:57.05	10:11	5.9
210	STANGIERSKI ADAM	3231	KORNELCIA TEAM	POZNAŃ	POL	SENIOR II M - 30	60	M 177	00:00:34	02:10:58	06:10:11	11:22:10	16:58:21	18:42:13.45	18:42:13.45	10:12	5.9
211	NIEMIRO PAWEŁ	3421	JĄGODOWO-KALINOW Y TEAM	POLICE	POL	MASTERS M - 40	84	M 178	00:00:34	02:13:53	06:19:39	11:57:32	16:54:08	18:46:30.25	18:46:30.25	10:14	5.9

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
212	PAWLIK JOANNA	3054		POZNAŃ	POL	SENIOR II K - 30	10	K 34	00:00:29	02:15:13	06:19:43	11:37:58	16:54:07	18:46:30.65	18:46:30.65	10:14	5.9
213	KRACZKOWSKI PRZEMYSŁAW	3251	142BLP TRZEBIATÓW	KOSZALIN	POL	MASTERS M - 40	85	M 179	00:00:20	02:14:40	06:19:47	11:37:59	16:54:06	18:46:31.10	18:46:31.10	10:14	5.9
214	TALAR MAREK	3017	KĘSY TEAM	DĄBRÓWKA LEŚNA	POL	SENIOR II M - 30	61	M 180	00:00:29	02:15:07	06:19:41	11:37:52	16:54:56	18:46:31.40	18:46:31.40	10:14	5.9
215	KRAUSE KUBA	3364	NATURAL BORN RUNNERS	POZNAŃ	POL	MASTERS M - 40	86	M 181	00:00:26	01:58:48	05:20:57	11:33:11	16:55:11	18:48:30.45	18:48:30.45	10:15	5.8
216	MALKOWSKI KRZYSZTOF	3163		POZNAŃ	POL	MASTERS M - 40	87	M 182	00:00:26	01:58:49	05:20:58	11:33:13	16:55:14	18:48:33.05	18:48:33.05	10:15	5.8
217	DADELSKI MARIUSZ	3045	RUNCROSS ROZGARTY	TORUŃ	POL	MASTERS M - 40	88	M 183	00:00:36	02:24:32	06:26:30	11:39:50	16:52:59	18:49:38.95	18:49:38.95	10:16	5.8
218	GOKIERT-SKRENTNA JUSTYNA	3047	GÓRSKIE KOZICE	ZŁOTÓW	POL	MASTERS K - 40	23	K 35	00:00:18	02:05:25	05:48:32	11:15:17	16:43:37	18:54:08.80	18:54:08.80	10:18	5.8
219	OLSZAŃSKI KRZYSZTOF	3108	RUNNING FREE	WARSZAWA	POL	MASTERS M - 40	89	M 184	00:01:04	02:30:21	06:45:15	12:41:16	17:07:54	18:55:21.70	18:55:21.70	10:19	5.8
220	RACZYŃSKI BOGUSZ	3446	ZEMAT TECHNOLOGY GROUP	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	62	M 185	00:00:06	02:01:37	05:49:35	11:46:15	17:15:25	18:56:08.30	18:56:08.30	10:19	5.8
221	GUMIENNY GRZEGORZ	3411		KOBYLNICIA	POL	MASTERS M - 40	90	M 186	00:00:24	01:41:28	04:36:31	09:33:20	15:34:14	18:56:45.75	18:56:45.75	10:20	5.8
222	CIECIELĄG PIOTR	3149		PIASECZNO	POL	WETERAN I M - 50	24	M 187	00:00:47	02:31:02	06:16:47	11:42:14	17:08:26	18:57:37.90	18:57:37.90	10:20	5.8
223	KOREK KRYSZTIAN	3174		POZNAŃ	POL	MASTERS M - 40	91	M 188	00:00:52	02:31:56	06:44:59	11:53:55	17:03:24	18:59:17.05	18:59:17.05	10:21	5.8
224	PIGUŁA DARIA	3435	CARBON SILESIA SPORT	CZELADŹ	POL	MASTERS K - 40	24	K 36	00:00:30	02:13:57	06:11:31	11:53:43	17:11:48	18:59:37.55	18:59:37.55	10:21	5.8
225	ZATAJ IGOR	3015	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	92	M 189	00:00:44	02:18:13	06:32:04	12:07:17	17:21:49	18:59:56.05	18:59:56.05	10:21	5.8
226	WRÓBEL MACIEJ	3167	VEGERUNNERS	POZNAŃ	POL	SENIOR II M - 30	63	M 190	00:00:50	02:24:29	06:16:12	11:45:01	16:55:33	19:00:06.10	19:00:06.10	10:21	5.8
227	BOGUCKA ZUZANNA	3296		POZNAŃ	POL	SENIOR II K - 30	11	K 37	00:00:42	02:25:28	06:46:22	12:18:13	17:13:22	19:00:46.20	19:00:46.20	10:22	5.8
228	LUTY MARIUSZ	3140	KĘSY TEAM	OBORNIKI	POL	MASTERS M - 40	93	M 191	00:00:07	01:53:24	05:22:31	11:45:38	17:10:56	19:01:45.75	19:01:45.75	10:22	5.8
229	KWIECIEŃ KRZYSZTOF	3196	MEGAWONSZ	KRAKÓW	POL	MASTERS M - 40	94	M 192	00:00:38	02:21:22	05:55:44	11:14:41	16:40:45	19:02:30.65	19:02:30.65	10:23	5.8
230	SZCZUREK MARIUSZ	3492	AGROAS TEAM	GRODKÓW	POL	MASTERS M - 40	95	M 193	00:00:07	02:02:10	06:07:04	11:49:25	17:09:49	19:03:24.95	19:03:24.95	10:23	5.8
231	LESZCZYŃOWICZ JACEK	3114	POLACY BIEGAJĄ W UK	BOLESŁAWIEC	POL	SENIOR II M - 30	64	M 194	00:00:09	02:13:29	06:21:46	12:16:31	17:26:11	19:04:43.20	19:04:43.20	10:24	5.8
232	PALIŃSKI BARTŁOMIEJ	3275	ROZBIEGANI CHOJNÓW	CHOJNÓW	POL	SENIOR I M - 20	11	M 195	00:00:16	02:07:28	06:08:02	12:04:01	17:20:18	19:05:52.20	19:05:52.20	10:25	5.8
233	SZPYT ANDRZEJ	3402		GUBIN	POL	WETERAN I M - 50	25	M 196	00:00:15	02:00:32	05:42:01	11:50:11	17:16:58	19:07:47.85	19:07:47.85	10:26	5.8
234	ZIELIŃSKI TOMASZ	3031	ULTRAPIOTRKÓW	KARLIN	POL	MASTERS M - 40	96	M 197	00:00:04	02:28:59	06:37:04	12:11:27	17:20:18	19:10:55.85	19:10:55.85	10:27	5.7
235	KUŚMIDER MICHAŁ	3348	TANČĄCE MUCHOMORKI	HALINÓW	POL	MASTERS M - 40	97	M 198	00:00:15	02:01:41	05:50:42	11:59:59	17:37:08	19:11:49.15	19:11:49.15	10:28	5.7
236	MARCINIAK RAFAŁ	3128	8A.PL	GLIWICE	POL	SENIOR II M - 30	65	M 199	00:00:33	02:17:58	06:00:09	11:29:40	17:15:24	19:13:40.15	19:13:40.15	10:29	5.7
237	KOTYCZKA DOMINIK	3375	ASICS FRONTRUNNER POLAND	KATOWICE	POL	SENIOR I M - 20	12	M 200	00:00:15	02:05:06	06:05:12	11:48:55	17:38:56	19:13:42.60	19:13:42.60	10:29	5.7
238	STRAMOWSKA-JARCEWSKA SANDRA	3451	MONSTER CROSS TEAM WOŁCZYN	WOŁCZYN	POL	SENIOR II K - 30	12	K 38	00:00:13	02:06:22	06:03:03	11:55:47	17:27:40	19:14:19.15	19:14:19.15	10:29	5.7
239	SZYROCKI KRZYSZTOF	3347	ONE PERSON TEAM	MARKŁOWICE	POL	SENIOR II M - 30	66	M 201	00:00:41	02:18:01	06:03:05	11:55:48	17:27:41	19:14:33.30	19:14:33.30	10:29	5.7
240	WIATER TOMASZ	3130		CHORZÓW	POL	MASTERS M - 40	98	M 202	00:00:42	02:24:25	06:31:35	12:21:11	17:37:12	19:15:23.90	19:15:23.90	10:30	5.7
241	OLSCHIMKE-MARMUROWICZ BARBARA	3151	ZALOGA GÓRSKA	KATOWICE	POL	MASTERS K - 40	25	K 39	00:00:42	02:24:28	06:31:35	12:21:10	17:37:14	19:15:24.90	19:15:24.90	10:30	5.7
242	PASZKIEWICZ MACIEJ	3408	DZIADEK BIEGA ULTRA	MUROWANA GOŚLINA	POL	WETERAN II M - 60	2	M 203	00:00:17	02:20:24	06:14:22	11:59:15	17:17:50	19:16:16.25	19:16:16.25	10:30	5.7
243	PIWOWARZYK WOJCIECH	3135	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	SENIOR II M - 30	67	M 204	00:00:05	01:55:46	05:33:41	10:39:17	16:42:36	19:18:00.30	19:18:00.30	10:31	5.7
244	ŚMICHURSKI KRZYSZTOF	3044	FIZJOTERAPIA BIEGACZA	CEREKWICA	POL	SENIOR II M - 30	68	M 205	00:00:06	01:55:57	05:33:40	10:39:17	16:42:35	19:18:07.55	19:18:07.55	10:31	5.7
245	CAŁKA KRYSZTIAN	3038	ULTRINO AMATEUR	POZNAŃ	POL	SENIOR II M - 30	69	M 206	00:00:47	02:24:15	06:31:51	12:08:24	17:27:04	19:20:32.95	19:20:32.95	10:33	5.7
246	HAAS PRZEMYSŁAW	3065	BACKPACKING OKAPI TEAM	WROCŁAW	POL	SENIOR II M - 30	70	M 207	00:00:46	02:20:51	06:21:45	12:11:29	17:26:54	19:20:10.40	19:20:10.40	10:32	5.7
247	KOCIÓŁEK ZBIGNIEW	3331		WOŁÓW	POL	MASTERS M - 40	99	M 208	00:00:47	02:24:15	06:31:51	12:08:24	17:27:04	19:20:32.95	19:20:32.95	10:33	5.7
248	POPCZYK EWELINA	3388	HEALTHY BODY	SOSNOWIEC	POL	MASTERS K - 40	26	K 40	00:00:31	02:16:47	06:18:30	11:53:44	17:48:01	19:20:37.70	19:20:37.70	10:33	5.7
249	KLĄK WOJCIECH	3327	ŻELAZNY&ŻELAZNY SZYBKIE ŻÓŁWIE OPATÓW	PIASKI 38	POL	MASTERS M - 40	100	M 209	00:00:36	02:26:13	06:56:22	12:27:35	17:42:03	19:21:17.15	19:21:17.15	10:33	5.7
250	SITAK ADAM	3146	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	MASTERS M - 40	101	M 210	00:00:20	01:59:55	05:35:24	11:55:59	17:37:32	19:21:38.75	19:21:38.75	10:33	5.7
251	ADAMCZEWSKI JAKUB	3081	NIGHT RUNNERS / NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	71	M 211	00:00:41	02:10:55	06:13:16	12:06:48	17:41:53	19:23:29.60	19:23:29.60	10:34	5.7

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
252	CWOJZDZIŃSKI PIOTR	3274	NIGHT RUNNERS / NO PROBLAMA TEAM	POZNAŃ	POL	MASTERS M - 40	102	M 212	00:00:41	02:10:57	06:13:15	12:06:47	17:41:57	19:23:29.90	19:23:29.90	10:34	5.7
253	KIERZEK ARTUR	3094	BIEGACZE KOSMOSU	ŁÓDŹ	POL	MASTERS M - 40	103	M 213	00:00:44	02:26:45	06:31:31	12:03:58	17:00:04	19:26:36.85	19:26:36.85	10:36	5.7
254	KIERZEK EWA	3093	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	AFG	MASTERS K - 40	27	K 41	00:00:43	02:26:49	06:31:33	12:18:57	17:00:09	19:26:37.30	19:26:37.30	10:36	5.7
255	ROSOŁOWSKI GRZEGORZ	3283	NADAKTYWNI NOWE MIASTECKO	NOWE MIASTECKO	POL	WETERAN I M - 50	26	M 214	00:00:45	02:21:53	06:21:44	12:28:38	17:35:54	19:33:04.60	19:33:04.60	10:39	5.6
256	CIPORA KATARZYNA	3377	K&M TEAM	WROCŁAW	POL	MASTERS K - 40	28	K 42	00:00:11	02:35:17	06:50:57	12:10:10	17:42:31	19:35:18.55	19:35:18.55	10:41	5.6
257	CIPORA MACIEJ	3376	K&M TEAM	WROCŁAW	POL	WETERAN I M - 50	27	M 215	00:00:11	02:35:52	06:50:59	12:10:17	17:42:50	19:35:20.15	19:35:20.15	10:41	5.6
258	ŚWIĘTONIOWSKA JUSTYNA	3016	PODIUM	RZESZÓW	POL	MASTERS K - 40	29	K 43	00:00:11	02:18:35	06:27:30	12:06:48	17:46:03	19:36:29.35	19:36:29.35	10:41	5.6
259	WÓJCIAK EWELINA	3393	WARRIORS ŁÓDŹ	RAWA MAZOWIECKA	POL	SENIOR II K - 30	13	K 44	00:00:46	02:26:01	06:30:02	11:44:38	17:26:51	19:37:46.55	19:37:46.55	10:42	5.6
260	MADALIŃSKI MARIUSZ	3223		SOBÓTKA	POL	SENIOR I M - 20	13	M 216	00:00:44	02:11:34	06:05:32	11:42:01	17:12:50	19:39:14.15	19:39:14.15	10:43	5.6
261	JANIA PRZEMYSŁAW	3147	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	72	M 217	00:00:20	02:07:32	06:21:47	12:01:38	17:45:09	19:39:59.65	19:39:59.65	10:43	5.6
262	BARTOSIK MICHAŁ	3157	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	73	M 218	00:00:20	02:07:31	06:21:48	12:01:37	17:45:11	19:39:59.85	19:39:59.85	10:43	5.6
263	ŻYWICA MARCIN	3237	CORORUN	BYTOM	POL	SENIOR II M - 30	74	M 219	00:00:08	02:02:11	05:49:00	11:41:51	17:33:29	19:40:50.55	19:40:50.55	10:44	5.6
264	RYCHEL-MANTUR DOMINIKA	3018		KATOWICE	POL	SENIOR II K - 30	14	K 45	00:00:48	02:06:02	05:54:41	11:36:21	17:26:26	19:43:06.90	19:43:06.90	10:45	5.6
265	BOROWIEC BARTEK	3315	ATLAS RUNNIG TEAM	WROCŁAW	POL	SENIOR II M - 30	75	M 220	00:00:39	02:07:35	06:16:54	12:38:36	18:05:46	19:44:57.20	19:44:57.20	10:46	5.6
266	SUT IWONA	3248		GŁOWNO	POL	MASTERS K - 40	30	K 46	00:00:46	02:31:17	06:59:43	12:36:57	17:56:00	19:45:36.00	19:45:36.00	10:46	5.6
267	ROŹNIATA IWONA	3467	SNG WILD DUCKS	GŁOWNO	POL	MASTERS K - 40	31	K 47	00:00:46	02:31:23	06:59:42	12:36:57	17:55:44	19:45:36.50	19:45:36.50	10:46	5.6
268	BLIŹNIEWSKI MAREK	3126		GŁOWNO	POL	WETERAN I M - 50	28	M 221	00:00:46	02:31:25	06:59:49	12:36:58	17:56:12	19:45:36.50	19:45:36.50	10:46	5.6
269	JAKRZEWSKI MIKOŁAJ	3057		GOLA	POL	SENIOR II M - 30	76	M 222	00:00:18	02:12:11	06:22:54	12:06:56	17:40:21	19:47:09.30	19:47:09.30	10:47	5.6
270	WEWIOR TOMASZ	3121		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	104	M 223	00:00:08	02:09:01	06:18:59	12:16:05	17:59:31	19:49:34.35	19:49:34.35	10:48	5.5
271	RADOMSKI GRZEGORZ	3059	MOKRE RUN	MIKOŁÓW	POL	MASTERS M - 40	105	M 224	00:00:05	01:54:52	05:46:41	11:34:07	17:26:43	19:50:05.65	19:50:05.65	10:49	5.5
272	WOSZYŁ ALICJA	3043	FOR-REST-RUN	KOSZALIN	POL	SENIOR II K - 30	15	K 48	00:00:19	02:04:32	05:47:11	11:37:58	17:49:05	19:51:55.80	19:51:55.80	10:50	5.5
273	PODAWCA ŁUKASZ	3041		SWARZĘDZ	POL	SENIOR II M - 30	77	M 225	00:00:19	02:04:29	05:47:12	12:17:01	17:49:06	19:51:56.15	19:51:56.15	10:50	5.5
274	MILEJSKA JOANNA	3279	BBL OPOLE	OPOLE	POL	MASTERS K - 40	32	K 49	00:00:13	02:26:01	06:33:50	12:29:03	17:54:05	19:52:19.35	19:52:19.35	10:50	5.5
275	ZAWADZKA MARZENA	3070		PILA	POL	WETERAN K - 50	3	K 50	00:00:13	02:26:01	06:53:57	12:38:10	17:52:44	19:52:52.05	19:52:52.05	10:50	5.5
276	SZARF PAWEŁ	3040	ZALOGA GÓRSKA	KĘDZIERZYN-KOŹL E	POL	SENIOR II M - 30	78	M 226	00:00:01	02:05:24	05:58:24	11:38:03	17:37:58	19:53:58.70	19:53:58.70	10:51	5.5
277	STAJNIAK-STELIGA IZABELA	3313	OBORYGENI	WILCZYN	POL	MASTERS K - 40	33	K 51	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	10:53	5.5
278	MACKIEWICZ MACIEJ	3008	KRM LAW	WARSZAWA	POL	SENIOR II M - 30	79	M 227	00:00:22	02:14:26	06:23:17	12:18:17	18:02:46	19:58:08.20	19:58:08.20	10:53	5.5
279	KNAP DAMIAN	3236	PGB SPORTOWA PACZKA	CZELADŹ	POL	SENIOR II M - 30	80	M 228	00:00:31	02:16:50	06:18:32	11:54:50	17:48:05	19:59:24.55	19:59:24.55	10:54	5.5
280	KOCHANOWSKI JERZY	3249	OSTRÓW BIEGA	OSTRÓW MAZOWIECKA	POL	WETERAN I M - 50	29	M 229	00:00:57	02:16:49	05:51:34	11:30:48	17:33:41	20:00:45.60	20:00:45.60	10:54	5.5
281	ISKRA ARKADIUSZ	3241	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	MASTERS M - 40	106	M 230	00:00:44	02:16:41	06:50:56	12:41:35	18:06:54	20:01:08.40	20:01:08.40	10:55	5.5
282	BUJALSKA AGATA	3172		WARSZAWA	POL	SENIOR II K - 30	16	K 52	00:00:21	02:18:19	06:14:18	12:10:04	18:13:34	20:07:40.45	20:07:40.45	10:58	5.5
283	BUJALSKI SZYMON	3171		WARSZAWA	POL	MASTERS M - 40	107	M 231	00:00:21	02:18:15	06:14:19	12:09:57	18:13:30	20:07:40.60	20:07:40.60	10:58	5.5
284	KOBIERSKI RADOŚLAW	3154	TANČAZĄCE MUCHOMORKI	HALINÓW	POL	WETERAN I M - 50	30	M 232	00:00:15	02:04:22	05:56:45	11:53:56	18:14:01	20:18:05.45	20:18:05.45	11:04	5.4
285	PASZKOWSKI PIOTR	3063	WKURW_TEAM	SZCZECIN	POL	MASTERS M - 40	108	M 233	00:00:14	01:39:43	05:26:17	12:33:11	18:42:35	20:18:39.20	20:18:39.20	11:04	5.4
286	SMYKOWSKA MAGDALENA	3198	RYKOWISKOTEAM	PŁOCK	POL	SENIOR II K - 30	17	K 53	00:00:24	01:58:27	06:52:16	13:16:39	18:28:46	20:22:03.65	20:22:03.65	11:06	5.4
287	SIKORSKI GRZEGORZ	3076		BORYSŁAWICE ZAMKOWE	POL	WETERAN I M - 50	31	M 234	00:00:14	02:17:48	06:38:00	12:34:59	18:09:30	20:22:11.20	20:22:11.20	11:06	5.4
288	DZIADOŃ ŁUKASZ	3455	BITKA O ZIVOT	KRAKOW	POL	SENIOR II M - 30	81	M 235	00:00:56	02:37:15	06:50:44	12:34:05	18:41:56	20:26:06.55	20:26:06.55	11:08	5.4
289	TROJAN PAWEŁ	3460	SZCZYTNA BIEGA	SZCZYTNA	POL	SENIOR II M - 30	82	M 236	00:00:44	02:23:54	07:00:05	12:54:04	18:59:05	20:31:16.65	20:31:16.65	11:11	5.4
290	SKRYNKOWSKI MICHAŁ	3466		STARA ŁOMNICA	POL	MASTERS M - 40	109	M 237	00:00:43	02:20:35	07:00:03	12:54:03	18:59:18	20:31:16.80	20:31:16.80	11:11	5.4
291	NOWAKOWSKI MIROŚLAW	3055		WIELEN	POL	WETERAN I M - 50	32	M 238	00:00:40	02:23:06	06:49:11	12:58:22	18:45:51	20:34:26.60	20:34:26.60	11:13	5.3
292	STOŁOWSKI ROBERT	3257	AMICA	WIELEŃ	POL	MASTERS M - 40	110	M 239	00:00:41	02:23:08	06:49:13	12:58:36	18:45:51	20:34:26.65	20:34:26.65	11:13	5.3
293	NIKOLIN ANDRZEJ	3261	TRITOGO	WROCŁAW	POL	SENIOR II M - 30	83	M 240	00:00:18	02:08:13	06:50:03	12:58:06	18:47:59	20:34:58.30	20:34:58.30	11:13	5.3
294	PIÓRKOWSKI MAREK	3034	BIEGOWA KUŹNIA	BĘDZIN	POL	WETERAN I M - 50	33	M 241	00:00:22	02:21:59	06:43:06	12:42:14	18:42:46	20:37:00.40	20:37:00.40	11:14	5.3
295	ZACHARIASZ AGNIESZKA	3282	BIEGOWA KUŹNIA	GRÓDKÓW	POL	SENIOR II K - 30	18	K 54	00:00:22	02:21:57	06:43:06	12:42:19	18:42:45	20:37:00.55	20:37:00.55	11:14	5.3
296	ŻOŁDAK MAGDALENA	3225	#BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	34	K 55	00:00:27	02:23:12	06:31:39	12:11:24	18:26:15	20:37:49.65	20:37:49.65	11:15	5.3
297	DOLNY MARCIN	3213	FOREST GANG	BYDGOSZCZ	POL	MASTERS M - 40	111	M 242	00:00:35	02:25:21	06:37:35	12:54:37	18:43:14	20:39:34.95	20:39:34.95	11:16	5.3

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
298	KAMYSZ ROBERT	3339	KW KRAKÓW	KRAKÓW	POL	WETERAN I M - 50	34	M 243	00:00:14	02:13:35	06:23:24	12:19:49	18:22:26	20:39:42.55	20:39:42.55	11:16	5.3
299	FILIPAK SEBASTIAN	3118	EKIPA LIPA	LIPA	POL	MASTERS M - 40	112	M 244	00:00:21	02:20:40	06:36:18	12:30:25	18:37:42	20:40:23.95	20:40:23.95	11:16	5.3
300	GONERA KAZIMIERZ	3035	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOŚZYCE	POL	WETERAN II M - 60	3	M 245	00:00:30	02:27:17	07:00:18	13:09:57	18:47:34	20:41:43.75	20:41:43.75	11:17	5.3
301	WALAC JACEK	3217	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	SENIOR II M - 30	84	M 246	00:00:24	02:22:34	06:28:29	12:34:45	18:23:11	20:42:20.20	20:42:20.20	11:17	5.3
302	KURKUS ALEKSANDER	3229	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	WETERAN I M - 50	35	M 247	00:00:24	02:22:32	06:28:21	12:34:43	18:24:10	20:42:20.55	20:42:20.55	11:17	5.3
303	KUSY RAFAŁ	3325	PBRUN	MIĘDZYŚWIEĆ	POL	MASTERS M - 40	113	M 248	00:00:32	02:11:51	06:16:41	12:45:50	18:41:22	20:43:18.80	20:43:18.80	11:18	5.3
304	BURY MAREK	3212		KATOWICE	POL	WETERAN I M - 50	36	M 249	00:00:54	02:26:03	06:37:41	12:49:33	18:46:53	20:44:56.05	20:44:56.05	11:19	5.3
305	TOMASZEWSKA EWA	3039		OPOLE	POL	MASTERS K - 40	35	K 56	00:00:31	02:24:17	06:27:25	12:38:08	18:46:25	20:45:45.55	20:45:45.55	11:19	5.3
306	GRABCZAK JAROSŁAW	3005		OPOLE	POL	SENIOR II M - 30	85	M 250	00:00:31	02:22:29	06:26:30	12:37:32	18:48:25	20:45:49.80	20:45:49.80	11:19	5.3
307	HOJCZYK KAROL	3014	EXPLORADOR & WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	114	M 251	00:00:37	02:32:17	06:56:21	12:27:33	18:41:28	20:46:29.65	20:46:29.65	11:19	5.3
308	WIJAS MARIUSZ	3405		KRAKÓW	POL	MASTERS M - 40	115	M 252	00:00:23	02:26:50	06:47:33	12:41:57	18:43:22	20:46:45.70	20:46:45.70	11:20	5.3
309	KWIATKOWSKA ZUZANNA	3109	RNB TEAM POLANICA ZDRÓJ	SZCZYTNA	POL	MASTERS K - 40	36	K 57	00:00:44	02:20:37	07:00:02	12:54:01	18:59:06	20:46:48.50	20:46:48.50	11:20	5.3
310	KUTRZYK PRZEMYSŁAW	3073		SOSNOWIEC	POL	MASTERS M - 40	116	M 253	00:00:13	02:08:23	06:35:52	14:00:00	18:45:30	20:47:28.30	20:47:28.30	11:20	5.3
311	MAGOCZY JUSTYNA	3069		KRAKOW	POL	SENIOR II K - 30	19	K 58	00:00:15	02:33:39	06:47:35	13:11:21	18:35:52	20:50:39.70	20:50:39.70	11:22	5.3
312	MAGOCZY ADAM	3228		KRAKÓW	POL	SENIOR II M - 30	86	M 254	00:00:15	02:33:32	06:47:34	13:07:34	18:34:56	20:50:40.25	20:50:40.25	11:22	5.3
313	DRYMEL PIOTR	3368		ŚW. KATARZYNA	POL	SENIOR II M - 30	87	M 255	00:00:39	02:33:22	06:53:56	13:00:10	18:35:59	20:53:18.20	20:53:18.20	11:23	5.3
314	BARANIAK BEATA	3136	DRUŻYNA SZPIKU	DASZEWICE	POL	MASTERS K - 40	37	K 59	00:00:53	02:43:54	07:28:04	13:07:08	18:57:12	20:54:28.55	20:54:28.55	11:24	5.3
315	WSUŁ MONIA	3415		POZNAŃ	POL	MASTERS K - 40	38	K 60	00:00:28	02:01:49	05:34:39	12:15:41	18:26:44	20:55:00.35	20:55:00.35	11:24	5.3
316	JASIŃSKI MIKOŁAJ	3469		TRUSKAW	POL	WETERAN I M - 50	37	M 256	00:00:17	02:18:32	06:34:55	12:43:18	19:02:43	21:05:33.70	21:05:33.70	11:30	5.2
317	KOSZAREK ANDRZEJ	3023		POZNAŃ	POL	WETERAN I M - 50	38	M 257	00:00:54	02:43:56	07:00:13	13:01:23	19:05:37	21:05:36.85	21:05:36.85	11:30	5.2
318	STODULSKI TOMASZ	3197	GÓRAL Z MAZUR RUNNING TEAM	PRUSZKÓW	POL	MASTERS M - 40	117	M 258	00:00:38	02:17:07	06:49:47	12:50:00	18:47:25	21:06:25.05	21:06:25.05	11:30	5.2
319	BOCHM SZYMON	3182		KOBYLA GÓRA	POL	SENIOR II M - 30	88	M 259	00:00:05	02:19:31	06:45:28	12:52:00	18:47:26	21:06:25.40	21:06:25.40	11:30	5.2
320	AMANOWICZ LUKASZ	3459		LADEK-ZDRÓJ	POL	MASTERS M - 40	118	M 260	00:00:26	02:12:50	06:19:38	12:06:40	19:20:08	21:06:47.65	21:06:47.65	11:30	5.2
321	LENART JOANNA	3111	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	WETERAN K - 50	4	K 61	00:00:08	02:09:05	06:06:48	13:08:39	19:03:37	21:08:27.15	21:08:27.15	11:31	5.2
322	KADECKI MAREK	3272		KARGOSZYN	POL	MASTERS M - 40	119	M 261	00:00:13	02:24:37	06:52:28	12:52:10	18:58:18	21:08:40.45	21:08:40.45	11:32	5.2
323	DOLSKI MARCIN	3115		POZNAŃ	POL	SENIOR II M - 30	89	M 262	00:00:52	02:31:42	06:51:32	13:02:26	19:16:22	21:09:09.95	21:09:09.95	11:32	5.2
324	FRYBES AGNIESZKA	3079		GIŻYCKO	POL	SENIOR II K - 30	20	K 62	00:00:40	02:25:53	07:01:55	14:27:16	19:34:56	21:14:39.65	21:14:39.65	11:35	5.2
325	KUNERT KRZYSZTOF	3358		KATOWICE	POL	MASTERS M - 40	120	M 263	00:00:09	02:16:33	06:31:20	12:50:32	18:56:11	21:15:25.50	21:15:25.50	11:35	5.2
326	ZIENIEWICZ WOJCIECH	3221		WROCŁAW	POL	MASTERS M - 40	121	M 264	00:00:04	02:03:40	06:14:09	12:47:54	19:13:16	21:16:57.70	21:16:57.70	11:36	5.2
327	SKOCZYŁAS PIOTR	3104	ENDURANCE TEAM	CHORZÓW	POL	MASTERS M - 40	122	M 265	00:00:54	02:19:30	06:44:54	12:58:05	19:11:17	21:18:23.45	21:18:23.45	11:37	5.2
328	STEFAŃSKI MARCIN	3075		BOCZKÓW	POL	SENIOR II M - 30	90	M 266	00:00:38	02:26:31	06:58:34	13:05:36	19:22:00	21:26:00.85	21:26:00.85	11:41	5.1
329	WICIAK ZIEMOWIT	3185	AKTYWNI KOCIEWIACY	STAROGARD GDAŃSKI	POL	WETERAN I M - 50	39	M 267	00:00:48	02:31:26	07:23:51	13:26:35	19:12:00	21:26:36.15	21:26:36.15	11:41	5.1
330	KACZYŃSKI JANUSZ	3183	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	WETERAN II M - 60	4	M 267	00:00:48	02:31:28	07:24:06	13:26:34	19:12:01	21:26:36.15	21:26:36.15	11:41	5.1
331	KROLS HILDE	3406	HAMOK	MOL	BEL	WETERAN K - 50	5	K 63	00:00:39	02:23:44	07:03:30	13:24:04	19:23:48	21:27:08.90	21:27:08.90	11:42	5.1
332	MICHAŁOWSKI TOMASZ	3304		SZCZECIN	POL	MASTERS M - 40	123	M 269	00:00:29	02:13:26	06:33:34	13:47:44	19:24:43	21:28:17.90	21:28:17.90	11:42	5.1
333	PACZUSZKA ANNA	3220	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	SENIOR II K - 30	21	K 64	00:00:20	02:11:58	06:57:40	13:23:18	19:25:45	21:29:03.95	21:29:03.95	11:43	5.1
334	GRABOWY MATEUSZ	3169	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	SENIOR II M - 30	91	M 270	00:00:45	02:21:51	06:23:23	13:41:35	19:35:16	21:37:28.05	21:37:28.05	11:47	5.1
335	CIOSEK BEATA	3329	AUGUSTEAM	CHORZÓW	POL	WETERAN K - 50	6	K 65	00:00:37	02:19:21	06:27:27	12:56:18	18:48:46	21:38:32.10	21:38:32.10	11:48	5.1
336	MURCHA PAWEŁ	3328	AUGUSTEAM	SIEMIENOWICE ŚLĄSKIE	POL	MASTERS M - 40	124	M 271	00:00:38	02:19:19	06:27:28	12:39:26	18:47:38	21:38:32.35	21:38:32.35	11:48	5.1
337	KILIAN MARIUSZ	3463		BIAŁYSTOK	POL	WETERAN I M - 50	40	M 272	00:00:48	02:13:58	06:21:52	12:36:03	19:20:20	21:38:54.65	21:38:54.65	11:48	5.1
338	JAKÓBCZYK EWELINA	3454		GORZÓW WLKP.	POL	SENIOR II K - 30	22	K 66	00:00:51	02:16:03	06:37:15	12:24:14	19:26:07	21:48:06.95	21:48:06.95	11:53	5
339	PIKUŁA SEBASTAIN	3470		GORZÓW WLKP.	POL	MASTERS M - 40	125	M 273	00:00:51	02:16:02	06:37:16	12:24:14	19:26:06	21:48:06.95	21:48:06.95	11:53	5
340	HALINIAK MAREK	3064	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	MASTERS M - 40	126	M 274	00:00:34	02:25:11	07:08:53	13:12:58	19:56:05	21:51:53.35	21:51:53.35	11:55	5
341	DARSKI RAFAŁ	3083	RECAMIERE	WARSZAWA	POL	WETERAN I M - 50	41	M 275	00:00:11	02:08:57	06:32:34	13:29:08	19:56:05	21:51:53.65	21:51:53.65	11:55	5
342	OWCZARZAK TOMASZ	3276	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II M - 30	92	M 276	00:00:35	02:25:56	07:03:29	13:14:27	19:35:32	21:56:45.80	21:56:45.80	11:58	5

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
343	OWCZARZAK KATARZYNA	3277	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II K - 30	23	K 67	00:00:35	02:25:58	07:03:28	13:14:27	19:35:32	21:56:46.00	21:56:46.00	11:58	5
344	ŚWIĄTEK ARKADIUSZ	3419		WARSZAWA	POL	SENIOR II M - 30	93	M 277	00:00:24	02:15:10	06:19:44	13:32:49	19:44:19	21:58:02.15	21:58:02.15	11:58	5
345	ŁYCZKOWSKI ŁUKASZ	3420		WARSZAWA	POL	SENIOR II M - 30	94	M 278	00:00:24	02:15:25	06:53:27	13:09:46	19:44:28	21:58:12.55	21:58:12.55	11:59	5
346	PLASZCZYK BARTŁOMIEJ	3464		GŁOGÓW	POL	SENIOR II M - 30	95	M 279	00:00:32	02:26:23	07:06:26	13:21:50	19:39:37	21:58:14.95	21:58:14.95	11:59	5
347	SAMBORSKI DANIEL	3020	KBKS RADOMSKO	OPOLE	POL	MASTERS M - 40	127	M 280	00:00:32	02:24:36	06:36:03	12:37:28	19:28:36	22:06:38.15	22:06:38.15	12:03	5
348	SAMBORSKA MONIKA	3027	KBKS RADOMSKO	OPOLE	POL	MASTERS K - 40	39	K 68	00:00:32	02:24:37	06:36:05	12:38:00	19:28:35	22:06:38.20	22:06:38.20	12:03	5
349	ROGUT KATARZYNA	3382	AGB TORFY	RABIEŃ AB	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:58	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	12:06	5
350	ZIMINSKA JOANNA	3384	HAPPYRUNNERS	ŁÓDŹ	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:56	07:25:16	13:42:33	19:59:45	22:12:39.85	22:12:39.85	12:06	5
351	KOPKA ELŻBIETA	3381		KOLONIA BRUZYCA	POL	MASTERS K - 40	40	K 71	00:00:41	02:34:55	07:25:15	13:42:41	20:00:13	22:12:40.15	22:12:40.15	12:06	5
352	KOPKA TOMASZ	3397		KOLONIA BRUZYCA	POL	WETERAN I M - 50	42	M 281	00:00:43	02:34:39	07:25:14	13:42:45	20:00:47	22:12:40.45	22:12:40.45	12:06	5
353	BĘDŹKOWSKI MAREK	3456	GÓRAL Z MAZUR RUNNING TEAM - SIWY ULTRA MORS	OSTROŁĘKA	POL	WETERAN I M - 50	43	M 282	00:00:12	02:31:13	07:22:28	13:42:51	19:35:12	22:22:45.25	22:22:45.25	12:12	4.9
354	HORAK LESŁAW	3371	KRYZYS WIEKU ŚREDNIEGO	MNICH	POL	MASTERS M - 40	128	M 283	00:00:41	02:32:58	07:19:50	14:03:47	20:18:07	22:28:33.35	22:28:33.35	12:15	4.9
355	PIEKAROWICZ MAGDALENA	3357		PRACE DUŻE	POL	WETERAN K - 50	9	K 72	00:00:27	02:33:00	07:27:50	14:03:48	20:13:48	22:29:43.95	22:29:43.95	12:16	4.9
356	SZEWCZYK MARIUSZ	3222		KRAKÓW	POL	WETERAN I M - 50	44	M 284	00:00:51	02:40:47	07:38:13	14:08:30	20:34:18	22:29:59.85	22:29:59.85	12:16	4.9
357	KLUZA-HOWIL LILA	3153	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS K - 40	41	K 73	00:00:34	02:25:59	07:21:36	13:52:12	20:02:00	22:30:53.65	22:30:53.65	12:16	4.9
358	HOWIL WALDEMAR	3152	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS M - 40	129	M 285	00:00:35	02:25:57	07:21:36	13:52:16	20:02:02	22:30:54.95	22:30:54.95	12:16	4.9
359	KOPYRA TOMASZ	3058	#BIEGAMWOLNOALED OKŁADNIE	OBORNIKI ŚLĄSKIE	POL	MASTERS M - 40	130	M 286	00:00:52	02:21:43	06:30:38	13:17:22	19:47:59	22:31:07.10	22:31:07.10	12:16	4.9
360	LEWICKA BOŻENA	3168	GONIMY	KĘTY	POL	WETERAN II K - 60	1	K 74	00:00:36	02:43:53	07:33:59	13:51:26	20:08:41	22:32:02.20	22:32:02.20	12:17	4.9
361	MATYSZKOWICZ JANUSZ	3071	GONIMY	KĘTY	POL	WETERAN II M - 60	5	M 287	00:00:36	02:43:52	07:34:00	13:51:26	20:08:02	22:32:03.15	22:32:03.15	12:17	4.9
362	RZESZOT ŁUKASZ	3379	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ.	ĆMIŃSK	POL	SENIOR II M - 30	96	M 288	00:00:39	02:26:33	06:20:29	13:39:24	20:54:03	22:35:05.20	22:35:05.20	12:19	4.9
363	HACZKIEWICZ BARTOSZ	3447	HOLIMO	STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	97	M 289	00:00:09	02:35:33	07:28:42	13:43:08	20:04:05	22:35:34.95	22:35:34.95	12:19	4.9
364	BEDNARSKA KAŚKA	3380	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	MASTERS K - 40	42	K 75	00:00:39	02:30:02	06:43:01	13:39:22	20:54:03	22:38:28.30	22:38:28.30	12:20	4.9
365	SZURKOWSKI MICHAŁ	3410	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	98	M 290	00:00:40	02:25:49	07:01:57	14:27:16	20:43:04	22:50:57.75	22:50:57.75	12:27	4.8
366	ŻOŁYNIAK SZYMON	3036		SIERADZ	POL	MASTERS M - 40	131	M 291	00:00:10	02:15:51	06:31:00	13:05:34	20:08:14	22:51:01.15	22:51:01.15	12:27	4.8
367	ŁASKAWSKA JUSTYNA	3434		WARSZAWA	POL	MASTERS K - 40	43	K 76	00:00:10	02:15:53	06:31:01	13:05:33	20:08:05	22:51:12.15	22:51:12.15	12:27	4.8
368	CUPIAŁ DARIUSZ	3204	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN I M - 50	45	M 292	00:00:55	02:20:30	07:13:29	13:59:04	20:40:15	23:04:34.05	23:04:34.05	12:35	4.8
369	ŻABA JACEK	3137		GORZÓW WLKP.	POL	WETERAN I M - 50	46	M 293	00:00:33	02:31:50	07:26:20	13:44:22	20:35:28	23:11:49.05	23:11:49.05	12:39	4.7
370	OLECHNOWICZ MAGDA	3138	BBL GORZÓW	GORZÓW WLKP	POL	MASTERS K - 40	44	K 77	00:00:33	02:31:53	07:26:17	13:44:31	20:35:29	23:11:49.45	23:11:49.45	12:39	4.7
371	LUBIŃSKI MIKOŁAJ	3086	BIEGAM BO NIE LUBIE...	CZAPURY	POL	SENIOR II M - 30	99	M 294	00:00:26	02:08:11	06:03:05	12:59:53	20:27:39	23:16:02.25	23:16:02.25	12:41	4.7
372	ADAMSKI ŁUKASZ	3284	CAFFE DEL SUD/BIEGAM BO NIE LUBIE	ŚREM	POL	SENIOR II M - 30	100	M 295	00:00:26	02:08:09	06:03:03	12:59:55	20:27:41	23:16:02.60	23:16:02.60	12:41	4.7
373	MYRCIK PAWEŁ	3334		BORONÓW	POL	SENIOR II M - 30	101	M 296	00:00:47	02:56:03	08:27:28	15:12:15	21:11:16	23:16:09.15	23:16:09.15	12:41	4.7
374	SURDACKI JERZY	3107	DRUŻYNA SZPIKU	GRYFINO	POL	WETERAN I M - 50	47	M 297	00:00:53	02:38:50	07:31:49	14:25:21	21:13:18	23:17:48.80	23:17:48.80	12:42	4.7
375	STRZELEC TOMASZ	3208	KB HERMES GRYPINO	GRYPINO	POL	MASTERS M - 40	132	M 298	00:00:53	02:38:46	07:32:18	14:25:23	21:13:21	23:17:52.90	23:17:52.90	12:42	4.7
376	FUNKA ANDRZEJ	3046	NKB CHYŻY	NOWY TOMYŚL	POL	WETERAN II M - 60	6	M 299	00:00:33	02:42:01	07:44:17	14:38:41	20:56:20	23:18:17.55	23:18:17.55	12:42	4.7
377	KAMIŃSKI TOMASZ	3050		CHOJNÓW	POL	MASTERS M - 40	133	M 300	00:00:17	02:30:00	07:47:53	14:38:43	20:54:29	23:18:17.90	23:18:17.90	12:42	4.7
378	RESPONDEK DARIUSZ	3170		WROCŁAW	POL	MASTERS M - 40	134	M 301	00:00:39	02:20:43	06:54:43	14:13:47	21:08:37	23:18:51.15	23:18:51.15	12:43	4.7
379	RUSINEK PIOTREK	3240		KOBYŁKA	POL	SENIOR II M - 30	102	M 302	00:00:47	02:26:21	07:13:30	14:37:20	21:12:29	23:19:32.10	23:19:32.10	12:43	4.7
380	GAWORECKI SŁAWOMIR	3116	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	MASTERS M - 40	135	M 303	00:00:23	02:26:33	07:23:17	14:52:03	21:12:30	23:20:16.15	23:20:16.15	12:43	4.7
381	GRAFENDER MICHAŁ	3203		CZAPURY	POL	MASTERS M - 40	136	M 304	00:00:37	02:31:46	07:32:31	14:54:38	20:58:11	23:20:59.60	23:20:59.60	12:44	4.7
382	TUREK PAWEŁ	3028		NOWA IWICZNA	POL	WETERAN I M - 50	48	M 305	00:00:48	02:39:11	07:31:03	14:37:13	20:48:33	23:21:10.90	23:21:10.90	12:44	4.7
383	PRZYBYŁA ADAM	3292	WOLFOTO TEAM	ŁÓDŹ	POL	MASTERS M - 40	137	M 306	00:00:44	02:27:18	07:11:54	13:42:56	20:50:18	23:22:43.45	23:22:43.45	12:45	4.7
384	POPCZYK MAGDALENA	3021	BIEGOWA KUŹNIA	BĘDZIN	POL	SENIOR II K - 30	24	K 78	00:00:22	02:51:51	08:02:34	14:53:41	21:10:06	23:30:07.60	23:30:07.60	12:49	4.7

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
385	POŚPIECH ANNA	3462	BIEGOWA KUŹNIA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	25	K 79	00:00:21	02:51:54	08:02:35	14:53:41		23:30:07.70	23:30:07.70	12:49	4.7
386	BIAŁEK MIROSLAW	3085	WRONIECKI KLUB BIEGACZA / PANDA TEAM	WRONKI	POL	SENIOR II M - 30	103	M 307	00:00:18	02:16:44	06:44:53	13:10:30	20:46:42	23:32:22.15	23:32:22.15	12:50	4.7
387	HOFFMANN MARIUSZ	3254	WRONIECKI KLUB BIEGACZA	WRONKI	POL	WETERAN I M - 50	49	M 308	00:00:17	02:16:46	06:44:55	13:10:31	20:46:51	23:32:22.55	23:32:22.55	12:50	4.7
388	KRUPA DANIEL	3200		STARGARD	POL	MASTERS M - 40	138	M 309	00:00:36	02:45:52	07:37:50	14:20:45	21:16:14	23:39:30.50	23:39:30.50	12:54	4.6
389	RADOŹYCKI RADEK	3201		SZCZECIN	POL	MASTERS M - 40	139	M 310	00:00:37	02:45:53	07:37:48	14:20:44	21:16:17	23:39:37.75	23:39:37.75	12:54	4.6
390	DOMINIAK-LESZCZYŃSKA ELŻBIETA	3422	LASY WAWERSKIE	WARSZAWA	POL	WETERAN II K - 60	2	K 80	00:00:28	03:12:20	08:47:33	15:38:35	21:26:53	23:49:29.20	23:49:29.20	12:59	4.6
391	WIŚNIEWSKI SŁAWOMIR	3285	KS LENIWIEC	KĘPNO	POL	SENIOR II M - 30	104	M 311	00:00:28	02:53:05	07:54:36	15:08:26	21:47:57	24:06:10.80	24:06:10.80	13:08	4.6
392	MRÓWCZYŃSKI TOMASZ	3207		SARBINOWO	POL	MASTERS M - 40	140	M 312	00:00:57	02:26:10	06:38:12	13:32:51	21:01:22	24:12:21.65	24:12:21.65	13:12	4.5
393	KURENDA RADOŚLAW	3265	KLUB BIEGACZA RTVEUROAGD	OPOLE	POL	SENIOR II M - 30	105	M 313	00:00:28	02:14:42	06:35:11	13:32:42	21:02:51	24:12:22.95	24:12:22.95	13:12	4.5
394	MALIGA KATARZYNA	3006		WROCŁAW	POL	MASTERS K - 40	45	K 81	00:00:41	02:39:15	07:31:05	15:06:34	21:51:20	24:14:21.05	24:14:21.05	13:13	4.5
395	KOPCZYŃSKA MARTA	3181	BIEGAJĄCE KREJZOLE	SWARZĘDZ	POL	SENIOR II K - 30	26	K 82	00:00:54	02:36:09	07:06:27	13:28:22	21:21:28	24:30:12.05	24:30:12.05	13:21	4.5
396	SZMANIA JAKUB	3179	HKT AZYMUT	SWARZĘDZ	POL	MASTERS M - 40	141	M 314	00:01:20	02:31:08	06:56:51	14:23:29	21:21:30	24:30:13.80	24:30:13.80	13:21	4.5
397	KUCHMECKI MACIEJ	3189		POZNAŃ	POL	SENIOR II M - 30	106	M 315	00:00:55	02:24:26	07:05:56	13:22:28	21:21:19	24:30:13.95	24:30:13.95	13:21	4.5
398	KANDORA PIOTR	3253	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	WETERAN I M - 50	50	M 316	00:00:35	02:32:11	07:23:50	14:19:59	21:51:17	24:31:41.90	24:31:41.90	13:22	4.5
399	KANDORA JOANNA	3252	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	46	K 83	00:00:35	02:32:13	07:23:49	14:19:59	21:51:16	24:31:42.15	24:31:42.15	13:22	4.5
400	DZIERGWA AGNIESZKA	3354	PRZEDWOJEWSKI TEAM	SIECHNICE	POL	SENIOR II K - 30	27	K 84	00:00:30	02:34:33	08:03:06	15:37:20	22:15:01	24:38:55.65	24:38:55.65	13:26	4.5
401	IWAŃCZUK ZBIGNIEW	3062		BRZEG	POL	WETERAN I M - 50	51	M 317	00:00:49	02:29:15	07:53:32	15:22:55	22:29:39	24:39:47.50	24:39:47.50	13:27	4.5
402	ZAMOJSKA IWONA	3216	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	47	K 85	00:00:35	02:34:21	07:47:53	15:27:55	22:14:44	24:44:31.20	24:44:31.20	13:29	4.4
403	DOWNAR-ZAPOLSKA LAURA	3003	@MD_RUN	WROCŁAW	POL	SENIOR I K - 20	1	K 86	00:00:29	02:34:32	08:03:10	15:37:22	22:18:02	24:48:23.25	24:48:23.25	13:31	4.4
404	DOWNAR-ZAPOLSKA RITA	3001	@MD_RUN	WROCŁAW	POL	MASTERS K - 40	48	K 87	00:00:31	02:34:38	08:03:11	15:37:30	22:18:06	24:48:23.55	24:48:23.55	13:31	4.4
405	DOWNAR-ZAPOLSKI BOLESŁAW	3002		WROCŁAW	POL	WETERAN I M - 50	52	M 318	00:00:30	02:34:34	08:03:08	15:37:24	22:18:08	24:48:25.75	24:48:25.75	13:31	4.4
406	CZECHOSKA MAGDALENA	3230	64 BATALION LEKKIEJ PIECHOTY	WARSZAWA	POL	MASTERS K - 40	49	K 88	00:00:44	02:35:30	07:28:35	14:54:45	22:29:17	25:06:18.65	25:06:18.65	13:41	4.4
407	KOBLAŃSKI TOMASZ	3022		LEGNICA	POL	MASTERS M - 40	142	M 319	00:00:51	02:23:16	07:00:33	15:49:01	22:44:18	25:11:40.70	25:11:40.70	13:44	4.4
408	BEDNARSKA-KOZIOŁ DANUTA	3052	NIENAWIDZĘ BUBICZA	ZIELEŃCICE	POL	MASTERS K - 40	50	K 89	00:00:50	02:59:27	08:53:39	16:39:43	22:50:08	25:11:48.35	25:11:48.35	13:44	4.4
409	GNIELKA DAWID	3372	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20	14	M 320	00:00:59	02:43:59	07:50:19	15:51:39	22:49:21	25:15:48.90	25:15:48.90	13:46	4.4
410	WALCZAK-WOJTKOWSKA IWONA	3317		WARSZAWA	POL	WETERAN II K - 60	3	K 90	00:00:29	03:13:54	08:54:53	16:17:13	22:42:23	25:16:07.55	25:16:07.55	13:46	4.4
411	PIGŁA MICHAŁ	3303	SPORTOWY KAŻMIERZ	KIĄCZYN	POL	MASTERS M - 40	143	M 321	00:00:50	02:35:18	07:24:33	14:21:52	22:27:39	25:16:52.55	25:16:52.55	13:47	4.4
412	OWCZARCZAK MONIKA	3305	SPORTOWY KAŻMIERZ	POZNAŃ	POL	SENIOR II K - 30	28	K 91	00:00:49	02:35:27	07:24:32	14:22:08	22:27:38	25:16:56.65	25:16:56.65	13:47	4.4
413	KAŻMIERCZAK ALEKSANDRA	3199	SKORUPA TEAM	WOLA	POL	MASTERS K - 40	51	K 92	00:00:45	03:12:24	09:26:29	17:55:26	23:29:36	25:20:06.45	25:20:06.45	13:49	4.3
414	SCHLAPPA SEBASTIAN	3215	IZBICKO W BIEGU	IZBICKO	POL	MASTERS M - 40	144	M 322	00:00:29	02:35:48	07:28:38	15:17:55	22:58:47	25:20:40.10	25:20:40.10	13:49	4.3
415	SYPIEWSKA HANNA	3218	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	GDYNIA	POL	WETERAN II K - 60	4	K 93	00:00:45	03:12:44	10:02:12	16:51:38	23:27:35	25:27:27.95	25:27:27.95	13:53	4.3
416	OBARSKA MAŁGORZATA	3124		STARACHOWICE	POL	WETERAN II K - 60	5	K 94	00:00:43	02:56:06	08:27:25	15:51:48	23:07:49	25:38:59.35	25:38:59.35	13:59	4.3
417	OBARSKI NORBERT	3125		KIELCE	POL	WETERAN II M - 60	7	M 323	00:00:43	02:55:35	08:27:26	15:51:38	23:07:47	25:38:59.65	25:38:59.65	13:59	4.3
418	ROSÓŁ ROMAN	3013	WYBIEGAĆ MARZENIA TEAM	POZNAŃ	POL	WETERAN I M - 50	53	M 324	00:00:19	02:36:25	07:47:50	16:39:42	23:30:29	25:48:04.15	25:48:04.15	14:04	4.3
419	NIZIOŁ MARIAN	3289		PIASECZNO	POL	WETERAN II M - 60	8	M 325	00:00:42	03:28:31	09:54:58	17:21:54	23:36:02	25:48:18.50	25:48:18.50	14:04	4.3
	ŁOPATYŃSKI IRENEUSZ	3286	REMA SPORT TEAM	ŁĄDEK ZDRÓJ	POL	WETERAN I M - 50			00:00:26	01:40:22	04:19:10	08:37:35	DNF	DNF	DNF	-	-
	PENIOWICZ JUSTYNA	3224	ASICS FRONTRUNNER POLAND	SUŁÓW	POL	SENIOR II K - 30			00:00:14	01:51:27	04:41:57	08:56:32	DNF	DNF	DNF	-	-
	PTASZYŃSKI WOJCIECH	3428		FROMBORK	POL	MASTERS M - 40			00:00:19	01:40:24	04:31:54	09:40:09	DNF	DNF	DNF	-	-
	WAGNER KRYSZTIAN	3383		BOBOWA	POL	SENIOR I M - 20			00:00:17	01:58:29	05:20:26	10:31:19	DNF	DNF	DNF	-	-
	MIRSKI JERZY	3268	WATAHA	KIELCZÓW	POL	SENIOR I M - 20			00:00:42	02:09:11	05:49:37	11:24:41	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
	POŁCZYŃSKI PAWEŁ	3037	STALOWA ŁYDA	CEREKWICA	POL	SENIOR II M - 30			00:00:52 DNF	02:10:24 DNF	05:52:55 DNF	11:30:19 DNF	DNF	DNF	DNF	-	-
	KOWAL SEBASTIAN	3301		RADOM	POL	SENIOR I M - 20			00:00:14 DNF	01:53:58 DNF	05:25:12 DNF	11:33:16 DNF	DNF	DNF	DNF	-	-
	CHROMIEC MATEUSZ	3300	MEGA BOYS	LEGIONOWO	POL	SENIOR II M - 30			00:00:15 DNF	01:55:42 DNF	05:40:49 DNF	11:46:14 DNF	DNF	DNF	DNF	-	-
	NOWACKI ADAM	3443	STG WARSZAWA	WARSZAWA	POL	SENIOR I M - 20			00:00:23 DNF	01:59:47 DNF	05:43:37 DNF	11:56:03 DNF	DNF	DNF	DNF	-	-
	DY CZKOWSKI ANDRZEJ	3360	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:24 DNF	02:20:48 DNF	06:43:05 DNF	12:52:27 DNF	DNF	DNF	DNF	-	-
	WITLICKI KACPER	3025	KROŚNIENSKIE WYDARZENIA	KROSNO	POL	SENIOR I M - 20			00:00:28 DNF	02:18:01 DNF	06:35:36 DNF	13:00:11 DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI PIOTR	3112	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:23 DNF	02:29:36 DNF	07:23:18 DNF	14:52:02 DNF	DNF	DNF	DNF	-	-
	SUŁEK ALDONA	3471	KLUB ZOELLER TECH	WEJHEROWO	POL	MASTERS K - 40			00:00:18 DNF	02:26:23 DNF	07:33:41 DNF	14:54:38 DNF	DNF	DNF	DNF	-	-
	SZUMLAS MARCIN	3352	ULTRA WAY TEAM	POŁCHOWO	POL	MASTERS M - 40			00:00:45 DNF	02:35:28 DNF	07:34:01 DNF	14:54:47 DNF	DNF	DNF	DNF	-	-
	POSYNIAK ANNA	3449	NIENAWIDZĘ BUBICZA	BRZEG	POL	MASTERS K - 40			00:00:50 DNF	02:59:29 DNF	08:53:41 DNF	17:55:26 DNF	DNF	DNF	DNF	-	-
	KŁOS ANETA	3359		POZNAŃ	POL	MASTERS K - 40			00:00:45 DNF	03:12:29 DNF	09:26:31 DNF	17:55:37 DNF	DNF	DNF	DNF	-	-
	WAŚKO PAWEŁ	3082	CENTRUM MASAŻU	BIELSKO-BIAŁA	POL	MASTERS M - 40			00:00:01 DNF	01:27:07 DNF	04:23:01 DNF	DNF	DNF	DNF	DNF	-	-
	GAWLIK SŁAWEK	3366	DYNAFIT POLARSPORT.PL	KRAKÓW	POL	SENIOR II M - 30			00:00:01 DNF	01:27:18 DNF	04:23:58 DNF	DNF	DNF	DNF	DNF	-	-
	BANAŚ RADOSŁAW	3355	IZERY BOGATYNIA	CIEPŁOWODY	POL	MASTERS M - 40			00:00:11 DNF	01:40:00 DNF	04:29:43 DNF	DNF	DNF	DNF	DNF	-	-
	ZBORUCKI JAN	3068	PRZEDWOJEWSKI TEAM	KRAKOW	POL	SENIOR II M - 30			00:00:04 DNF	01:39:39 DNF	04:43:54 DNF	DNF	DNF	DNF	DNF	-	-
	RŹIĆKA LUKAŚ	3385	RUNSPORT TEAM	JAVORNICE	CZE	SENIOR II M - 30			00:00:18 DNF	01:51:55 DNF	05:03:28 DNF	DNF	DNF	DNF	DNF	-	-
	STRUK AGNIESZKA	3066	W POGONI ZA DUCHEM	BĘDZIN	POL	SENIOR II K - 30			00:00:05 DNF	02:01:29 DNF	05:29:31 DNF	DNF	DNF	DNF	DNF	-	-
	JAKIMIEC TADEUSZ	3423	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	WETERAN I M - 50			00:00:05 DNF	01:51:00 DNF	05:37:09 DNF	DNF	DNF	DNF	DNF	-	-
	MISZTAL TOMASZ	3150	WIELISZEW HERON TEAM	WIELISZEW	POL	SENIOR II M - 30			00:00:05 DNF	01:46:56 DNF	05:43:01 DNF	DNF	DNF	DNF	DNF	-	-
	WALKOWIAK JACEK	3484	SPORT2002.PL	ZIELONA GÓRA	AFG	WETERAN I M - 50			00:00:11 DNF	02:04:54 DNF	05:59:01 DNF	DNF	DNF	DNF	DNF	-	-
	WÓJCİK ARTUR	3250	W POGONI ZA DUCHEM	DOBROWA GORNICZA	POL	MASTERS M - 40			00:00:06 DNF	01:58:23 DNF	06:09:10 DNF	DNF	DNF	DNF	DNF	-	-
	WIERZBICKI MATEUSZ	3472		PRUDNIK	POL	SENIOR II M - 30			00:00:25 DNF	02:02:00 DNF	06:09:37 DNF	DNF	DNF	DNF	DNF	-	-
	GRUNDKOWSKI OSKAR	3089		SOLEC KUJAWSKI	POL	SENIOR I M - 20			00:00:04 DNF	02:00:34 DNF	06:24:43 DNF	DNF	DNF	DNF	DNF	-	-
	BARTKIEWICZ LECH	3117		ZIELONA GÓRA	POL	MASTERS M - 40			00:00:12 DNF	02:09:01 DNF	07:02:23 DNF	DNF	DNF	DNF	DNF	-	-
	KULA SEBASTIAN	3148		SYCÓW	POL	MASTERS M - 40			00:00:45 DNF	02:25:56 DNF	07:19:53 DNF	DNF	DNF	DNF	DNF	-	-
	KRAJEWSKA-KŁODA KATARZYNA	3092	DRUŻYNA SZPIKU	CZAPURY	POL	MASTERS K - 40			00:00:53 DNF	02:43:55 DNF	07:28:04 DNF	DNF	DNF	DNF	DNF	-	-
	KOCHOWICZ FILIP	3007	WLKP MOUNTAINS ULTRA	CZAPURY	POL	SENIOR II M - 30			00:00:36 DNF	02:31:44 DNF	07:32:32 DNF	DNF	DNF	DNF	DNF	-	-
	BUBEL SEBASTIAN	3333		TWARDOWICE	POL	MASTERS M - 40			00:00:47 DNF	02:56:08 DNF	08:54:55 DNF	DNF	DNF	DNF	DNF	-	-
	JAZY SZYMON	3234		POZNAŃ	POL	SENIOR II M - 30			00:00:29 DNF	02:30:17 DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
	PIOTROWSKI KAROL	3161	ŁOCHOWO I OKOLICE BIEGAJĄ	DRZEWCE	POL	SENIOR II M - 30			00:00:25 DNF	02:30:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRANZ GRZEGORZ	3390		CZAPURY	POL	WETERAN I M - 50			00:00:53 DNF	02:31:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BĄDZIUL DOROTA	3482		RZESZÓW	POL	SENIOR II K - 30			00:00:48 DNF	03:05:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TEJWAN LESZEK	3452	STG WARSZAWA	WARSZAWA	POL	MASTERS M - 40			00:00:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIAZEK ŁUKASZ	3067		SOCHACZEW	POL	MASTERS M - 40			00:00:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
0	NEHRING KAROL	3051	BREAKING3	SULEJÓWEK	POL	SENIOR I M - 20	1	M 1	00:00:03	01:22:34	03:44:14	07:06:18	10:12:13	11:18:16.50	11:18:16.50	6:09	9.7
1	WOLEK SZYMON	3438		TUCHY	POL	SENIOR II M - 30	1	M 2	00:00:02	01:26:44	03:59:35	07:28:47	10:33:33	11:39:10.20	11:39:10.20	6:21	9.4
2	KOMRAUS KRZYSZTOF	3361	PRESS GLASS - BIEGAMY I WSPIERAMY	ŁĄKA	POL	SENIOR II M - 30	2	M 3	00:00:02	01:31:24	04:00:22	07:28:38	10:31:13	11:39:51.85	11:39:51.85	6:21	9.4
3	PERYKASZA PAWEŁ	3477	GRUPALUKTRANS	KRAKÓW	POL	MASTERS M - 40	1	M 4	00:00:03	01:31:23	04:03:13	07:28:37	10:44:49	11:56:30.90	11:56:30.90	6:30	9.2
4	OLEKSIEWICZ MAURYCY	3030	ALPIN SPORT TEAM	ŁÓDŹ	POL	MASTERS M - 40	2	M 5	00:00:02	01:22:23	03:46:39	07:23:51	10:50:32	12:04:26.05	12:04:26.05	6:35	9.1
5	MORAWA MATEUSZ	3316	LACHO TEAM	KRAKÓW	POL	MASTERS M - 40	3	M 6	00:00:03	01:31:26	04:07:45	07:40:56	11:03:35	12:11:56.05	12:11:56.05	6:39	9
6	KRÓL ADRIAN	3448		SIEPRAW	POL	SENIOR I M - 20	2	M 7	00:00:02	01:32:09	04:07:47	07:48:52	11:03:38	12:15:18.60	12:15:18.60	6:41	9
7	PASTUSZKA PAWEŁ	3188	EX TEAM	ZIEBICE	POL	SENIOR II M - 30	3	M 8	00:00:04	01:22:37	03:52:35	07:29:29	11:18:17	12:38:54.75	12:38:54.75	6:53	8.7
8	STYPEREK JAKUB	3120	VEGE RUNNERS	PSARSKIE	POL	MASTERS M - 40	4	M 9	00:00:03	01:31:54	04:11:26	08:11:10	11:33:29	12:49:20.50	12:49:20.50	6:59	8.6
9	SKORUPA JACEK	3427	EUFORIABIEGACZ	ŚCINAWA	POL	MASTERS M - 40	5	M 10	00:00:01	01:36:25	04:33:31	08:40:12	11:43:51	12:50:01.25	12:50:01.25	7:00	8.6
10	BASISTA WOJCIECH	3404	WILKI MIĘDZYLESKIE	DOMASZKÓW	POL	SENIOR II M - 30	4	M 11	00:00:06	01:41:56	04:30:29	08:23:02	11:45:57	13:02:22.95	13:02:22.95	7:06	8.4
11	BERNAT KATARZYNA	3177	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN K - 50	1	K 1	00:00:02	01:40:43	04:23:44	08:14:17	11:53:49	13:13:25.10	13:13:25.10	7:12	8.3
12	MASTYGA ANDRZEJ	3332	ANDREA TEAM	CHARBIELIN	POL	MASTERS M - 40	6	M 12	00:00:24	01:35:28	04:19:10	08:45:27	11:55:17	13:15:35.00	13:15:35.00	7:13	8.3
13	RYBIŃSKI RADOSŁAW	3400	VOSS AUTOMOTIVE PL	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:27	04:19:02	08:30:01	12:01:51	13:20:21.50	13:20:21.50	7:16	8.2
14	ZIENTARA ADRIAN	3444	KGHM ZG RUN	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:29	04:19:13	08:30:00	12:01:49	13:20:21.50	13:20:21.50	7:16	8.2
15	ZAWADZKI ANDRZEJ	3326	MKS SIECHNICE	SIECHNICE	POL	SENIOR II M - 30	7	M 15	00:00:05	01:32:41	04:22:17	08:25:46	12:06:34	13:31:38.70	13:31:38.70	7:22	8.1
16	SZRAMOWIAT MAREK	3489	BRITA	LWÓWEK ŚLĄSKI	POL	MASTERS M - 40	7	M 15	00:00:03	01:35:23	04:17:06	08:25:33	12:06:36	13:31:38.70	13:31:38.70	7:22	8.1
17	WIECZOREK ŁUKASZ	3353		DĄBRÓWKA	POL	SENIOR II M - 30	8	M 17	00:00:03	01:39:46	04:26:41	08:35:39	12:11:45	13:32:25.50	13:32:25.50	7:23	8.1
18	WIERZBOWY PRZEMEK	3123	KOKO DŻAMBO I DO PRZODU	NAMYŚLÓW	POL	SENIOR II M - 30	9	M 18	00:00:16	01:37:52	04:25:51	08:42:11	12:11:45	13:32:25.75	13:32:25.75	7:23	8.1
19	JANAS KACPER	3288	PUSZCZYK BUKOWY	BEZRZECZE	POL	SENIOR II M - 30	10	M 19	00:00:11	01:37:48	04:22:11	08:25:32	12:12:20	13:35:53.65	13:35:53.65	7:25	8.1
20	ŻEBROWSKI JULIUSZ	3269	CZARNECKI RUN TEAM	POZNAŃ	POL	SENIOR II M - 30	11	M 20	00:00:21	01:42:47	04:22:18	08:20:58	12:17:30	13:37:35.15	13:37:35.15	7:25	8.1
21	ŁUKOMSKI KRZYSZTOF	3270		KAZIMIERZ BISKUPI	POL	SENIOR II M - 30	12	M 21	00:00:21	01:42:49	04:22:19	08:20:58	12:17:32	13:37:35.55	13:37:35.55	7:25	8.1
22	KOGUT STANISŁAW	3457	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	MASTERS M - 40	8	M 22	00:00:02	01:40:47	04:29:27	08:37:12	12:24:53	13:42:02.95	13:42:02.95	7:28	8
23	BERG ALEKSANDER	3267		KŁODZKO	POL	MASTERS M - 40	9	M 23	00:00:04	01:45:06	04:34:19	08:40:12	12:20:42	13:45:21.30	13:45:21.30	7:30	8
24	GREDYS GRZEGORZ	3369		KŁODZKO	POL	MASTERS M - 40	10	M 24	00:00:04	01:45:07	04:34:19	08:40:11	12:20:42	13:45:21.35	13:45:21.35	7:30	8
25	MICHAŁSKI PIOTR	3458		WROCŁAW	POL	SENIOR II M - 30	13	M 25	00:00:18	01:41:06	04:26:25	08:40:51	12:22:44	13:46:02.55	13:46:02.55	7:30	8
26	BEŁDOWSKI SŁAWOMIR	3491		PIOTRKÓW TRYBUNALSKI	POL	WETERAN I M - 50	1	M 26	00:00:02	01:40:24	04:30:30	08:40:12	12:23:08	13:46:02.75	13:46:02.75	7:30	8
27	MISZTAŁ KAMIL	3341		GLIWICE	POL	SENIOR II M - 30	14	M 27	00:00:06	01:50:00	04:46:54	08:55:52	12:30:38	13:46:05.50	13:46:05.50	7:30	8
28	IWAŃCÓW KATARZYNA	3160		DZIERŻONIÓW	POL	SENIOR II K - 30	1	K 2	00:00:04	01:48:01	04:42:08	08:58:08	12:30:40	13:51:54.10	13:51:54.10	7:33	7.9
29	NIEZGÓDKA TOMASZ	3500	ZĄLOGA GÓRSKA	WROCŁAW	POL	WETERAN I M - 50	2	M 28	00:00:11	01:48:03	04:47:32	09:03:22	12:36:29	13:58:26.70	13:58:26.70	7:37	7.9
30	HIBNER JACEK	3373		ŁÓDŹ	POL	WETERAN I M - 50	3	M 29	00:00:06	01:39:40	04:25:39	08:39:56	12:38:00	14:05:09.50	14:05:09.50	7:40	7.8
31	MATŁOK MAREK	3476	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	11	M 30	00:00:04	01:38:02	04:31:54	08:36:17	12:33:04	14:08:03.10	14:08:03.10	7:42	7.8
32	RYZHYNYSKYI VITALII	3442		WIELICZKA	POL	SENIOR II M - 30	15	M 31	00:00:26	01:50:46	04:50:36	09:03:15	12:48:23	14:09:27.65	14:09:27.65	7:43	7.8
33	STEFANIAK ŁUKASZ	3337		SZCZECIN	POL	MASTERS M - 40	12	M 32	00:00:05	01:37:54	04:31:57	08:53:19	12:53:12	14:15:50.25	14:15:50.25	7:46	7.7
34	LUBAŃSKI ROBERT	3437		BUKOWICE	POL	WETERAN I M - 50	4	M 33	00:00:07	01:43:13	04:34:29	08:54:57	12:48:12	14:16:39.05	14:16:39.05	7:47	7.7
35	WOŁOSZYN ARTUR	3173		RZESZÓW	POL	SENIOR II M - 30	16	M 34	00:00:09	02:02:01	05:15:20	09:26:57	12:58:09	14:17:02.25	14:17:02.25	7:47	7.7
36	GŁOWACKI ARTUR	3099	KGHM ZG RUN	GŁOGÓW	POL	MASTERS M - 40	13	M 35	00:00:04	01:41:54	04:50:39	09:22:11	13:01:51	14:18:51.70	14:18:51.70	7:48	7.7
37	WEINERT ARTUR	3061	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	14	M 36	00:00:03	01:40:36	04:36:01	08:54:45	12:53:48	14:21:50.50	14:21:50.50	7:50	7.6
38	LAWRENC ARTUR	3210	MASATEAM	NOWA SÓL	POL	SENIOR II M - 30	17	M 37	00:00:04	01:48:07	04:56:20	09:14:57	13:01:56	14:23:23.30	14:23:23.30	7:50	7.6
39	PODLEŚ RAFAŁ	3309	SPYROSOFT SYNERGY	SZCZECIN	POL	SENIOR I M - 20	3	M 38	00:00:06	01:43:54	04:47:42	08:52:43	12:56:27	14:24:45.50	14:24:45.50	7:51	7.6
40	GEZELA ROBERT	3403	EUFORIA BIEGACZA TEAM	GÓRA	POL	MASTERS M - 40	15	M 39	00:00:01	01:37:52	04:33:33	08:54:44	12:55:41	14:28:35.55	14:28:35.55	7:53	7.6
41	SIETKIEWICZ PIOTR	3314	GLEIPNIR	WROCŁAW	POL	SENIOR II M - 30	18	M 40	00:00:17	01:43:13	04:40:29	08:58:08	13:05:12	14:30:24.90	14:30:24.90	7:54	7.6

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
42	ŁASKARZEWSKI JAROSŁAW	3413		OLSZTYN	POL	WETERAN I M - 50	5	M 41	00:00:05	01:41:24	04:54:41	09:13:20	13:03:33	14:31:03.45	14:31:03.45	7:55	7.6
43	GAŁUSZKA RAFAŁ	3401		GUBIN	POL	MASTERS M - 40	16	M 42	00:00:01	01:42:42	04:40:28	09:09:12	13:06:18	14:31:48.30	14:31:48.30	7:55	7.6
44	BEDNAREK ANNA	3436	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	SENIOR II K - 30	2	K 3	00:00:05	01:48:23	04:47:56	09:16:44	13:04:15	14:32:46.70	14:32:46.70	7:56	7.6
45	POSADOWSKI SZYMON	3164		ZŁOTORYJA	POL	SENIOR II M - 30	19	M 43	00:00:03	01:41:47	04:40:28	08:58:51	13:06:17	14:34:31.30	14:34:31.30	7:57	7.5
46	MAJCHRZAK JACEK	3026	KOŚCIAN TEAM ULTRA	KOŚCIAN	POL	MASTERS M - 40	17	M 44	00:00:09	01:48:04	04:56:57	09:13:14	13:06:31	14:34:35.80	14:34:35.80	7:57	7.5
47	ROSZCZYK KAROL	3190		LUBASZ	POL	MASTERS M - 40	18	M 45	00:00:16	01:46:17	04:40:37	09:08:44	13:13:05	14:38:34.25	14:38:34.25	7:59	7.5
48	CHOŁKA MICHAŁ	3412		RZESZÓW	POL	SENIOR II M - 30	20	M 46	00:00:07	01:48:10	04:51:21	09:07:32	13:08:46	14:39:24.55	14:39:24.55	7:59	7.5
49	CZAJKA TOMASZ	3340		JASTRZEBIE-ZDROJ	POL	MASTERS M - 40	19	M 47	00:00:15	01:50:38	04:54:42	09:18:55	13:14:02	14:40:15.10	14:40:15.10	8:00	7.5
50	MARCINKOWSKA-CHOLEWA KATARZYNA	3468	GÓRAL Z MAZUR RUNNING TEAM	OSTROŁĘKA	POL	MASTERS K - 40	1	K 4	00:00:07	01:57:59	05:21:01	09:42:34	13:18:32	14:40:38.45	14:40:38.45	8:00	7.5
51	KUROWSKI MACIEJ	3343	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	20	M 48	00:00:13	01:56:34	05:02:24	09:36:38	13:20:55	14:44:32.45	14:44:32.45	8:02	7.5
52	RZEŹNICZEK ANNA	3433	STOWARZYSZENIE DZIAŁAMY RAZEM	KOWALEWO POMORSKIE	POL	SENIOR II K - 30	3	K 5	00:00:19	01:52:25	04:58:52	09:16:43	13:17:32	14:45:14.95	14:45:14.95	8:02	7.5
53	PTASIŃSKI TOMASZ	3180	CZAJKERSI - OSAKTRANSPORT	NOWA RUDA	POL	MASTERS M - 40	21	M 49	00:00:02	01:34:10	04:22:12	08:52:00	13:10:09	14:49:16.85	14:49:16.85	8:05	7.4
54	NAPARTY ZBIGNIEW	3056	KĘSY TEAM	OBORNIKI	POL	WETERAN I M - 50	6	M 50	00:00:08	01:53:20	05:22:30	09:42:32	13:31:52	14:50:45.70	14:50:45.70	8:05	7.4
55	BIADASZ ANDRZEJ MICHAŁ	3232	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	22	M 51	00:00:07	01:58:04	05:15:24	09:30:44	13:23:03	14:51:24.25	14:51:24.25	8:06	7.4
56	PASTERNOK MARIAN	3399	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	23	M 52	00:00:23	01:56:07	05:00:52	09:20:41	13:27:36	14:57:47.75	14:57:47.75	8:09	7.4
57	MELLER JOANNA	3391	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS K - 40	2	K 6	00:00:07	01:57:54	05:15:22	09:44:29	13:33:56	14:59:40.80	14:59:40.80	8:10	7.3
58	MŁYNARSKI MATEUSZ	3205	TRITOGO	WROCŁAW	POL	SENIOR II M - 30	21	M 53	00:00:19	01:47:30	04:57:02	09:42:47	13:41:23	15:08:45.55	15:08:45.55	8:15	7.3
59	TIETZ PRZEMYSŁAW	3048		STARGARD	POL	MASTERS M - 40	24	M 54	00:00:56	01:52:30	05:16:18	09:47:47	13:43:34	15:10:20.00	15:10:20.00	8:16	7.3
60	WŁODARCZYK MICHAŁ	3425		ŁÓDŹ	POL	MASTERS M - 40	25	M 55	00:00:06	01:43:19	04:54:18	09:32:04	13:41:16	15:10:33.95	15:10:33.95	8:16	7.2
61	LITWIN MICHAŁ	3322	LITEWIN	PASIKUROWICE	POL	MASTERS M - 40	26	M 56	00:00:13	01:42:59	04:41:51	09:19:14	13:46:58	15:13:19.05	15:13:19.05	8:18	7.2
62	ŁUKACKI DANIEL	3243	#SOBASTEAM	DOMASZCZYN	POL	MASTERS M - 40	27	M 57	00:00:16	01:42:50	04:41:51	09:19:15	13:46:58	15:13:19.35	15:13:19.35	8:18	7.2
63	TYLIŃSKI ARKADIUSZ	3263	LESZ NO LIMITS RUNNERS	LESZNO	POL	WETERAN I M - 50	7	M 58	00:00:08	01:52:32	05:01:26	09:32:48	13:46:46	15:13:34.95	15:13:34.95	8:18	7.2
64	KUPCZYK JACEK	3336	MOL RUNNERS	BYTKOWO	POL	WETERAN I M - 50	8	M 59	00:00:25	02:01:58	05:21:04	09:48:08	13:41:21	15:15:03.55	15:15:03.55	8:19	7.2
65	KONIECZNA PAULINA	3396	CH10	CHOSZCZCZO	POL	SENIOR II K - 30	4	K 7	00:00:28	01:53:53	05:00:48	09:37:37	13:43:00	15:16:28.20	15:16:28.20	8:19	7.2
66	STANISZ MARCIN	3106	GÓRAL Z MAZUR RUNNING TEAM / NR PYSKOWICE	PYSKOWICE	POL	SENIOR II M - 30	22	M 60	00:00:03	01:43:50	04:54:54	09:28:03	13:44:07	15:16:39.05	15:16:39.05	8:19	7.2
67	BURZYŃSKI ŁUKASZ	3101	BIEGAJĄCE KREJZOLE	BOGUCIN	POL	SENIOR II M - 30	23	M 61	00:00:25	01:52:02	05:00:25	09:28:05	13:44:14	15:16:56.25	15:16:56.25	8:20	7.2
68	BIŃCZARSKI PATRYK	3042		WŁOCŁAWEK	POL	MASTERS M - 40	28	M 62	00:00:05	01:54:10	05:14:05	09:49:37	13:46:51	15:22:25.85	15:22:25.85	8:23	7.2
69	BATOR MICHAŁ	3302		NADOLICE WIELKIE	POL	SENIOR II M - 30	24	M 63	00:00:30	01:56:25	04:53:39	09:13:06	13:46:39	15:22:50.95	15:22:50.95	8:23	7.2
70	KOZŁOWSKA IWONA	3129	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS K - 40	3	K 8	00:00:08	01:58:26	05:13:32	09:48:23	13:51:37	15:24:11.30	15:24:11.30	8:24	7.1
71	PIWKO MATEUSZ	3029		SZCZECIN	POL	SENIOR II M - 30	25	M 64	00:00:26	02:10:06	05:24:28	09:49:29	13:52:10	15:25:03.80	15:25:03.80	8:24	7.1
72	MORAWSKI FILIP	3418	KRAKOWIAK ULTRA TEAM	PUSZCZYKOWO	POL	MASTERS M - 40	29	M 65	00:00:09	01:54:17	05:15:19	10:02:02	13:59:32	15:26:13.65	15:26:13.65	8:25	7.1
73	WOJCIECHOWSKI DARIUSZ	3416	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	MASTERS M - 40	30	M 66	00:00:09	01:54:16	05:15:21	10:03:24	14:12:53	15:28:12.75	15:28:12.75	8:26	7.1
74	PAŻUCHA WOJCIECH	3321		LUSÓWKO	POL	MASTERS M - 40	31	M 67	00:00:09	01:54:17	05:15:20	10:03:23	14:12:54	15:29:58.00	15:29:58.00	8:27	7.1
75	MENDYKA ŁUKASZ	3155	KB AKTYWNI ŚRODA WLKP.	ŚRODA WIELKOPOLSKA	POL	SENIOR II M - 30	26	M 68	00:00:33	02:05:07	05:24:42	09:56:25	14:06:55	15:30:04.90	15:30:04.90	8:27	7.1
76	MELLER WOJCIECH	3392	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS M - 40	32	M 69	00:00:07	01:57:44	05:15:23	09:44:30	13:51:30	15:30:29.00	15:30:29.00	8:27	7.1
77	OGŁAZA RAFAŁ	3394		SZCZECIN	POL	SENIOR II M - 30	27	M 70		01:46:20	04:51:47	09:49:15	13:51:42	15:30:57.85	15:30:57.85	8:27	7.1
78	WETHACZ DARIUSZ	3426	GANG BIESA / ON RUNNING POLSKA	CISNA	POL	SENIOR II M - 30	28	M 71	00:00:04	01:43:50	04:51:50	09:37:23	13:51:41	15:30:59.85	15:30:59.85	8:27	7.1
79	WOJTYCZKA WOJCIECH	3320	GÓRAL Z MAZUR RUNNING TEAM	RUDA ŚLĄSKA	POL	SENIOR II M - 30	29	M 72	00:00:03	01:54:35	05:15:25	09:59:56	14:05:04	15:31:18.65	15:31:18.65	8:27	7.1

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
80	MATUSZEWSKI MAREK	3432	RUNNER'S POWER	ŚREM	POL	WETERAN I M - 50	9	M 73		01:48:51	05:01:21	09:53:04	14:05:33	15:34:05.55	15:34:05.55	8:29	7.1
81	ŻARNIEWSKI WOJCIECH	3278	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	MASTERS M - 40	33	M 74	00:00:40	02:06:36	05:18:21	09:42:35	13:58:18	15:34:22.20	15:34:22.20	8:29	7.1
82	GADOMSKI RADOSŁAW	3330	ŻÓRAWSKI TEAM / PKO BP	WARSZAWA	POL	SENIOR II M - 30	30	M 75	00:00:13	01:56:35	05:02:24	09:36:38	14:02:52	15:34:29.15	15:34:29.15	8:29	7.1
83	CZYŚCIAK KRZYSZTOF	3139	KB SOBÓTKA	ŻÓRAWINA	POL	MASTERS M - 40	34	M 76	00:00:07	01:49:51	05:09:53	09:42:02	13:58:15	15:34:43.50	15:34:43.50	8:29	7.1
84	GIL MIROSLAW	3290	KB GEPARD MUROWANA GOŚLINA	BOLECHOWO OSIEDLE	POL	MASTERS M - 40	35	M 77	00:00:40	02:04:25	05:24:14	09:53:47	14:12:59	15:35:24.15	15:35:24.15	8:30	7.1
85	PIETRZAK PAWEŁ	3293	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS M - 40	36	M 78	00:00:39	02:01:25	05:12:43	09:44:18	14:03:47	15:36:35.50	15:36:35.50	8:30	7
86	MÍŚ MATEUSZ	3193	SŁAWA	SŁAWA	POL	MASTERS M - 40	37	M 79	00:00:21	01:57:27	05:18:43	10:01:53	14:16:45	15:43:16.00	15:43:16.00	8:34	7
87	KWIATEK AGNIESZKA	3461		ORZESZE	POL	SENIOR II K - 30	5	K 9	00:00:16	01:55:54	05:14:12	09:47:12	14:03:16	15:43:27.05	15:43:27.05	8:34	7
88	SENDOBRY ARTUR	3239		RUĐA ŚLĄSKA	POL	MASTERS M - 40	38	M 80	00:00:02	01:48:55	05:01:51	09:45:04	14:03:58	15:44:44.10	15:44:44.10	8:35	7
89	RUSIN KRZYSZTOF	3298	LECE Z PANTALONEM	SZARÓW	POL	MASTERS M - 40	39	M 81	00:00:10	01:48:25	04:56:11	09:32:49	14:03:26	15:44:49.60	15:44:49.60	8:35	7
90	MISZTAŁ RAFAŁ	3273	LOS PANTALONES ROJOS	CHRZANÓW	POL	WETERAN I M - 50	10	M 82	00:00:12	01:48:28	04:56:13	09:32:48	14:03:27	15:44:49.65	15:44:49.65	8:35	7
91	SOBCZAK ANTONI	3091	CROSSACTIVE NYSA	NYSA	POL	WETERAN I M - 50	11	M 83	00:00:19	01:52:47	05:11:52	09:48:21	14:08:53	15:46:36.45	15:46:36.45	8:36	7
92	PAWLUCZUK TOMASZ	3478	WŚCIEKŁE PIĘŚCI WĘŻA	EŁK	POL	WETERAN I M - 50	12	M 84	00:00:15	01:54:59	05:12:58	09:57:38	14:08:20	15:48:34.55	15:48:34.55	8:37	7
93	JEZIORSKI WOJCIECH	3259	MALUTKA ŻMERYNKA	GOLENIÓW	POL	SENIOR I M - 20	4	M 85	00:00:37	01:48:52	05:01:03	09:46:50	14:20:43	15:48:53.50	15:48:53.50	8:37	7
94	KASPERKIEWICZ WOJTEK	3096		KOBYLA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:03	01:46:43	05:16:16	09:55:12	14:12:48	15:49:21.20	15:49:21.20	8:37	7
95	KUCHARSKI ADRIAN KUCHARSKI	3103		KOBYLA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:02	01:43:05	05:10:45	09:55:10	14:12:24	15:49:21.20	15:49:21.20	8:37	7
96	GIBAS MICHAŁ	3113		SŁAWNO	POL	SENIOR II M - 30	33	M 88	00:00:22	01:52:07	05:12:30	09:53:48	14:11:42	15:49:34.35	15:49:34.35	8:37	7
97	BUCZKOWSKI KRZYSZTOF	3271		POZNAŃ	POL	SENIOR I M - 20	5	M 89	00:00:16	01:54:30	05:01:24	09:39:10	14:12:55	15:55:04.25	15:55:04.25	8:40	6.9
98	PYREK KRZYSZTOF	3012	1 RBLOG	WAŁCZ	POL	MASTERS M - 40	40	M 90	00:00:05	01:42:45	04:58:14	09:54:27	14:23:39	15:58:17.45	15:58:17.45	8:42	6.9
99	SALAMON MATEUSZ	3473	POWER TRAINING	KIELCE	POL	SENIOR II M - 30	34	M 91	00:00:24	01:50:48	04:40:39	08:42:21	13:43:39	15:59:53.15	15:59:53.15	8:43	6.9
100	BASTRZYK TOMASZ	3032		SKARŻYSKO-KAMI ENNA	POL	MASTERS M - 40	41	M 92	00:00:10	01:56:31	05:09:49	09:54:46	14:26:12	16:00:05.90	16:00:05.90	8:43	6.9
101	NAGŁAK ŁUKASZ	3095	KOŹMIN BIEGA ULTRA RUNNERS	KOŹMIN WIELKOPOLSKI	POL	MASTERS M - 40	42	M 93	00:00:17	02:04:56	05:21:02	10:25:34	14:32:29	16:02:21.25	16:02:21.25	8:44	6.9
102	GAŁEK WOJCIECH	3049	NO PAIN NO GAIN	WROCŁAW	POL	MASTERS M - 40	43	M 94	00:00:12	02:04:50	05:45:45	10:30:53	14:33:26	16:05:17.30	16:05:17.30	8:46	6.8
103	POLACZEK DANIEL	3131	IZBICKO W BIEGU	OTMICE	POL	SENIOR I M - 20	6	M 95	00:00:28	01:58:24	05:19:22	10:32:13	14:36:16	16:08:04.85	16:08:04.85	8:48	6.8
104	LUTOMSKA DOROTA	3010	OFIX.PL BIKE TEAM	OBORNIKI	POL	MASTERS K - 40	4	K 10	00:00:07	01:53:22	05:22:31	09:42:32	14:39:35	16:11:41.90	16:11:41.90	8:50	6.8
105	DOMERADZKI GRZEGORZ	3256		GLIWICE	POL	SENIOR II M - 30	35	M 96	00:00:19	02:06:30	05:39:26	10:33:31	14:45:47	16:15:01.95	16:15:01.95	8:51	6.8
106	HRONOWSKI KAMIL	3487	BLACK HAT TEAM	OKOCIM	POL	SENIOR I M - 20	7	M 97	00:00:39	02:03:46	05:21:04	10:14:56	14:45:42	16:15:02.05	16:15:02.05	8:51	6.8
107	PARUCKI MICHAŁ	3166	VEGE RUNNERS	POZNAŃ	POL	MASTERS M - 40	44	M 98	00:00:49	02:00:08	05:20:35	10:21:07	14:43:52	16:22:20.40	16:22:20.40	8:55	6.7
108	SIEMIENCZUK ROBERT	3090		WARSZAWA	POL	WETERAN I M - 50	13	M 99	00:00:18	01:58:02	05:16:19	10:01:39	14:48:46	16:22:21.50	16:22:21.50	8:55	6.7
109	MITIS MAREK	3033		KRAKÓW	POL	SENIOR II M - 30	36	M 100	00:00:30	02:10:53	05:37:39	10:30:53	14:45:33	16:23:33.80	16:23:33.80	8:56	6.7
110	ŁYCZKO ANNA	3087	PODIUM	STOBIERNA	POL	SENIOR II K - 30	6	K 11	00:00:11	02:08:54	05:44:15	10:27:47	14:50:50	16:23:47.20	16:23:47.20	8:56	6.7
111	JAGIELSKI JERZY	3346	JKS SALAMANDRA	JAWÓR	POL	SENIOR II M - 30	37	M 101	00:00:40	02:03:56	05:37:20	10:27:48	14:50:50	16:23:47.25	16:23:47.25	8:56	6.7
112	MIKRUT REMIGIUSZ	3324		CHELMNO	POL	MASTERS M - 40	45	M 102	00:00:07	01:48:00	05:07:05	10:17:53	15:03:55	16:33:08.90	16:33:08.90	9:01	6.6
113	KAKOSZKA MARCIN	3142	MAŁA PANEW TEAM ZAWADZKIE	ZAWADZKIE	POL	SENIOR II M - 30	38	M 103	00:00:03	01:40:42	05:19:37	10:53:38	15:08:21	16:33:19.85	16:33:19.85	9:01	6.6
114	KRUPA PIOTR	3493	LAF_CAMPERVAN	SZCZYRK	POL	SENIOR II M - 30	39	M 104	00:00:22	02:02:00	05:13:33	10:18:54	15:03:30	16:33:33.45	16:33:33.45	9:01	6.6
115	KOWCZYK ŁUKASZ	3481	DRUŻYNA CHROBREGO	SZPROTAWA	POL	MASTERS M - 40	46	M 105	00:00:33	02:08:51	05:43:06	10:43:03	14:58:52	16:36:14.15	16:36:14.15	9:03	6.6
116	GAŁKA KRZYSZTOF	3409	WKURW_TEAM	WARSZAWA	POL	SENIOR II M - 30	40	M 106	00:00:54	02:09:02	05:19:14	10:15:42	14:48:42	16:37:28.65	16:37:28.65	9:04	6.6
117	PELJAK MARIUSZ	3227	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	SENIOR II M - 30	41	M 107	00:00:16	02:01:23	05:47:52	10:55:08	15:03:30	16:38:25.70	16:38:25.70	9:04	6.6
118	BUDZYŃSKI PRZEMYSŁAW	3127	BUDZYŃSCY TEAM	SZCZECIN	POL	MASTERS M - 40	47	M 108	00:00:10	01:54:28	05:24:17	10:17:47	14:55:56	16:40:17.95	16:40:17.95	9:05	6.6
119	PIETRZAK SŁAWOMIR	3158		PLESZEW	POL	MASTERS M - 40	48	M 109	00:00:11	01:54:48	05:21:29	10:28:52	14:58:51	16:40:19.10	16:40:19.10	9:05	6.6
120	KĘDZIELEWSKI ŁUKASZ	3349	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	49	M 110	00:00:10	01:54:26	05:24:15	10:17:45	14:55:54	16:40:21.55	16:40:21.55	9:05	6.6
121	SZYNAWA MARCIN	3100	ENDURANCE TEAM	SIEMIANOWICE	POL	MASTERS M - 40	50	M 111	00:00:55	02:14:57	05:52:50	10:53:42	15:17:57	16:40:24.35	16:40:24.35	9:05	6.6
122	CHOMA MAREK	3260	PĘDZĄCE LENIWCE	REPKI	POL	MASTERS M - 40	51	M 112	00:00:14	01:56:54	05:29:33	10:18:51	14:56:24	16:41:52.40	16:41:52.40	9:06	6.6
123	GAWKOWSKI ARTUR	3255	OSTRÓW BIEGA MAZOWIECKA	OSTRÓW MAZOWIECKA	POL	SENIOR II M - 30	42	M 113	00:00:55	02:16:50	05:50:44	10:46:33	15:05:49	16:42:09.25	16:42:09.25	9:06	6.6

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
124	JAGNIĄTKOWSKI JACEK	3351	TEAM KURORT ŁADKU ZDRÓJ	OŁDRZYCHOWICE KŁODZKIE	POL	MASTERS M - 40	52	M 114	00:00:20	01:56:45	05:18:12	10:15:07	15:25:22	16:42:16.30	16:42:16.30	9:06	6.6
125	KINOWSKA KATARZYNA	3238	GRUPA BIEGOWA 65	GDAŃSK	POL	MASTERS K - 40	5	K 12	00:00:20	02:05:11	05:24:19	10:01:56	14:52:39	16:42:24.10	16:42:24.10	9:06	6.6
126	KOŁODZIEJ PAWEŁ	3077		CZERNICA	POL	MASTERS M - 40	53	M 115	00:00:07	02:01:41	05:22:33	10:15:41	14:57:03	16:42:54.10	16:42:54.10	9:07	6.6
127	KOSIN MARCIN	3211	PGB SPORTOWA PACZKA	BARCZEWO	POL	SENIOR II M - 30	43	M 116	00:00:16	02:02:13	05:37:47	10:34:59	15:13:01	16:43:11.50	16:43:11.50	9:07	6.6
128	DĄBKOWSKI WOJCIECH	3291	ARP E-VEHICLES	SOLEC KUJAWSKI	POL	MASTERS M - 40	54	M 117	00:00:31	02:04:51	05:33:42	10:28:34	15:04:18	16:44:32.90	16:44:32.90	9:07	6.6
129	PRZYBYŁ PIOTR	3191	EASY RUNNERS	GOSTYŃ	POL	WETERAN I M - 50	14	M 118	00:00:31	02:04:24	05:36:44	10:45:44	15:13:48	16:47:18.35	16:47:18.35	9:09	6.6
130	MIELECKI MACIEJ	3175	PAIN IS MY FRIEND	WARSZAWA	POL	SENIOR II M - 30	44	M 119	00:00:33	02:07:53	05:28:52	10:21:40	15:07:56	16:49:30.20	16:49:30.20	9:10	6.5
131	KANDEFER BEATA	3195	KB „ATHLETIC” ZRĘCIN	KORCZYNA	POL	WETERAN K - 50	2	K 13	00:00:15	02:01:31	05:33:25	10:41:55	15:11:51	16:51:13.35	16:51:13.35	9:11	6.5
132	BIESZCZAD MATEUSZ	3143	KB ATHLETIC ZRĘCIN	WOJASZÓWKA	POL	SENIOR II M - 30	45	M 120	00:00:16	02:01:31	05:33:26	10:43:57	15:11:50	16:51:13.55	16:51:13.55	9:11	6.5
133	BIAŁCZYK MARCIN	3202	MARATOŃCZYK POZNAŃ	ROŚCIMIN	POL	SENIOR II M - 30	46	M 121	00:00:37	01:48:58	05:24:42	10:40:34	15:27:58	16:52:53.65	16:52:53.65	9:12	6.5
134	ŚWIERCZYŃSKI KACPER	3395	STAJNIA CROSSFIT	POZNAŃ	POL	SENIOR II M - 30	47	M 122	00:00:04	01:48:48	05:00:21	10:03:58	15:10:47	16:54:16.35	16:54:16.35	9:13	6.5
135	FRYSIAK ARTUR	3262	WIELUŃ ULTRA	WIELUŃ	POL	WETERAN I M - 50	15	M 123	00:00:09	01:54:24	05:21:09	10:31:05	15:16:31	16:55:29.40	16:55:29.40	9:13	6.5
136	MUCHA ROBERT	3417		OLKUSZ/JERZMAN OWICE	POL	MASTERS M - 40	55	M 124	00:00:15	02:08:53	05:42:43	10:34:41	15:12:19	16:55:34.60	16:55:34.60	9:13	6.5
137	KROK SŁAWOMIR	3424		JĘDRZYCHÓW	POL	MASTERS M - 40	56	M 125	00:00:52	02:09:03	05:58:51	10:38:15	15:16:45	16:56:01.00	16:56:01.00	9:14	6.5
138	BRONIEWSKI PIOTR	3011		KUNOWICE	POL	SENIOR II M - 30	48	M 126	00:00:11	01:54:37	05:26:58	10:26:02	15:18:02	16:56:35.85	16:56:35.85	9:14	6.5
139	JASINIAK BARTOSZ	3053		SŁUBICE	POL	MASTERS M - 40	57	M 127	00:00:11	01:54:39	05:26:58	10:26:02	15:19:08	16:56:37.65	16:56:37.65	9:14	6.5
140	KUBICKA MAGDALENA	3389		FLORENTYNÓW	POL	MASTERS K - 40	6	K 14	00:00:43	02:20:28	05:55:31	11:00:23	15:22:27	16:57:35.75	16:57:35.75	9:15	6.5
141	HACHOŁ JUSTYNA	3004		WROCŁAW	POL	MASTERS K - 40	7	K 15	00:00:18	02:04:11	05:42:54	10:38:49	15:22:06	16:59:50.85	16:59:50.85	9:16	6.5
142	KLIGLICH PAWEŁ	3019		STARE LIPINY	POL	MASTERS M - 40	58	M 128	00:00:13	02:00:21	05:42:51	10:38:49	15:28:37	16:59:51.65	16:59:51.65	9:16	6.5
143	BIECUSZEK TOMASZ	3110	AKTYWNA NOWA RUDA	NOWA RUDA	POL	MASTERS M - 40	59	M 129	00:00:21	01:57:22	05:36:29	10:53:08	15:32:32	17:01:44.45	17:01:44.45	9:17	6.5
144	SIWIEC STANISŁAW	3162		RZESZÓW	POL	WETERAN II M - 60	1	M 130	00:00:10	01:58:21	05:27:00	10:29:30	15:23:22	17:04:27.20	17:04:27.20	9:18	6.4
145	BUCHHOLTZ TOMASZ	3122	PORANNY BESKID RUN	MIEDZYŚWIEĆ	POL	MASTERS M - 40	60	M 131	00:00:32	02:11:46	05:56:07	11:00:19	15:29:00	17:05:25.55	17:05:25.55	9:19	6.4
146	HELLER KARINA	3258	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	8	K 16	00:00:32	02:11:48	05:56:07	11:00:22	15:28:24	17:05:26.50	17:05:26.50	9:19	6.4
147	BŁASZCZYK MARIUSZ	3308	SNG WILD DUCKS	ZGIERZ	POL	SENIOR II M - 30	49	M 132	00:00:45	01:57:19	05:19:23	10:32:14	15:28:39	17:05:27.30	17:05:27.30	9:19	6.4
148	GIBALSKI TOMASZ	3310	OBORYGENI	ROŚCIŚLAWICE	POL	WETERAN I M - 50	16	M 133	00:00:36	02:24:12	06:47:56	11:31:21	15:41:07	17:07:09.25	17:07:09.25	9:20	6.4
149	PIETRUCHA JAKUB	3453	STG WARSZAWA	WARSZAWA	POL	SENIOR II M - 30	50	M 134	00:00:22	01:48:24	04:54:31	09:54:28	15:02:59	17:07:51.55	17:07:51.55	9:20	6.4
150	KRZYSZTOŃ MACIEJ	3299	KB GEPARD MUROWANA GOŚLINA	MUROWANA GOŚLINA	POL	MASTERS M - 40	61	M 135	00:00:40	02:04:26	05:24:19	10:20:43	15:28:09	17:10:40.30	17:10:40.30	9:22	6.4
151	HOFSTRA TSJEARD	3247	FRYSMAN	WOMMELS	NED	MASTERS M - 40	62	M 136	00:00:33	02:02:03	05:15:22	09:46:46	15:03:09	17:11:23.10	17:11:23.10	9:22	6.4
152	CZERNIACHOWSKI ARTUR	3074	ULTRA TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	MASTERS M - 40	63	M 137	00:00:12	02:04:53	05:45:35	10:45:53	15:32:35	17:11:29.05	17:11:29.05	9:22	6.4
153	DRAGANEK EWELINA	3387		WROCŁAW	POL	MASTERS K - 40	9	K 17	00:00:27	02:00:28	05:33:36	10:40:35	15:28:42	17:11:42.40	17:11:42.40	9:22	6.4
154	PAUL VIOLETTA	3219	BIEGAMY W GÓRACH	GLIWICE	POL	MASTERS K - 40	10	K 18	00:00:29	02:09:10	05:46:01	10:33:58	15:22:44	17:13:13.40	17:13:13.40	9:23	6.4
155	ŻMIJEWSKI DARIUSZ	3488	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	WETERAN I M - 50	17	M 138	00:00:29	02:09:08	05:46:01	10:46:19	15:22:46	17:13:13.55	17:13:13.55	9:23	6.4
156	WIERZCHOŃ MICHAŁ	3439	MR. DOC	ŁÓDŹ	POL	MASTERS M - 40	64	M 139	00:00:16	01:55:06	05:19:00	10:33:00	15:30:20	17:14:57.05	17:14:57.05	9:24	6.4
157	WOJTCAK KRZYSZTOF	3264	WKB PIAST WROCŁAW	WROCŁAW	POL	WETERAN I M - 50	18	M 140	00:00:13	01:57:01	05:29:36	10:46:46	15:34:02	17:16:56.85	17:16:56.85	9:25	6.4
158	NAWROT ARTUR	3480		KSIĘGINICE	POL	MASTERS M - 40	65	M 141	00:00:22	01:49:03	05:16:15	10:29:21	15:33:59	17:19:34.75	17:19:34.75	9:27	6.3
159	KOSTERA KATARZYNA	3335	VEGE RUNNERS	WARSZAWA	POL	MASTERS K - 40	11	K 19	00:00:09	02:09:20	06:02:20	11:01:00	15:49:22	17:26:13.05	17:26:13.05	9:30	6.3
160	SŁOWIK GRZEGORZ	3144	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	MASTERS M - 40	66	M 142	00:00:03	01:54:47	05:35:23	10:46:30	15:35:06	17:31:59.20	17:31:59.20	9:33	6.3
161	JASIAK KAROL	3141	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	SENIOR II M - 30	51	M 143	00:00:03	01:54:46	05:21:57	10:31:18	15:35:07	17:31:59.35	17:31:59.35	9:33	6.3
162	KOZŁOWSKI ARTUR	3184		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	67	M 144	00:00:08	01:58:25	05:22:43	10:28:55	15:40:37	17:32:35.30	17:32:35.30	9:34	6.3
163	KONS KATARZYNA	3105		KRAKÓW	POL	SENIOR II K - 30	7	K 20	00:00:27	02:17:20	06:04:14	11:29:15	15:57:21	17:35:18.50	17:35:18.50	9:35	6.3
164	PIETRZAK AGNIESZKA	3294	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS K - 40	12	K 21	00:00:37	02:17:05	06:22:00	11:29:12	16:00:11	17:37:26.05	17:37:26.05	9:36	6.2
165	SZCZEPAŃSKI MARCIN	3246	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	SENIOR II M - 30	52	M 145	00:00:27	02:04:28	05:36:34	10:35:50	15:36:10	17:37:26.35	17:37:26.35	9:36	6.2

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
166	GŁOWACKI RAFAŁ	3098		GDAŃSK	POL	MASTERS M - 40	68	M 146	00:00:20	02:01:54	05:47:44	11:14:14	15:58:48	17:37:33.30	17:37:33.30	9:36	6.2
167	WALASZCZYK ANNA	3266		GLIWICE	POL	MASTERS K - 40	13	K 22	00:00:10	02:05:02	05:51:23	10:44:33	15:53:59	17:39:05.15	17:39:05.15	9:37	6.2
168	SMIESZKOŁ BRYKOWSKA SONIA	3244		KIELCZA	POL	MASTERS K - 40	14	K 23	00:00:10	02:05:03	05:51:24	10:44:34	15:53:59	17:39:05.35	17:39:05.35	9:37	6.2
169	MARKOWSKI MAREK	3490	KS LENIWIEC	KEPNO	POL	MASTERS M - 40	69	M 147	00:00:27	02:06:59	05:44:17	11:00:17	15:59:47	17:42:45.40	17:42:45.40	9:39	6.2
170	SMOLAK AGATA	3133		WOLSZTYN	POL	MASTERS K - 40	15	K 24	00:00:31	02:14:18	06:02:28	11:15:15	16:02:36	17:42:47.65	17:42:47.65	9:39	6.2
171	DECHNIK ŁUKASZ	3297	I W GÓRĘ I W DÓŁ	WROCLAW	POL	MASTERS M - 40	70	M 148	00:00:17	02:02:16	05:42:03	10:48:54	15:57:04	17:47:35.05	17:47:35.05	9:42	6.2
172	JĘDRYCHOWSKI BARTŁOMIEJ	3485		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	53	M 149	00:00:33	01:58:50	05:13:13	09:58:57	15:30:25	17:48:14.95	17:48:14.95	9:42	6.2
173	PĘCHRA MATEUSZ	3281		TURAWA	POL	SENIOR II M - 30	54	M 150	00:00:19	02:11:03	06:04:15	11:43:13	15:58:21	17:48:30.20	17:48:30.20	9:42	6.2
174	CHRZANOWSKI PAWEŁ	3431		ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	71	M 151	00:00:31	02:09:46	05:37:52	11:11:04	15:54:10	17:49:36.20	17:49:36.20	9:43	6.2
175	GRZELAK JUSTYNA	3486	MARATON LESZNO	LESZNO	POL	MASTERS K - 40	16	K 25	00:00:32	02:24:31	06:13:14	11:29:16	16:17:23	17:50:51.55	17:50:51.55	9:44	6.2
176	SUSZ MARIAN	3338	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	MASTERS M - 40	72	M 152	00:00:17	02:01:26	05:48:26	11:06:43	15:59:39	17:51:55.35	17:51:55.35	9:44	6.2
177	SZNAJDER JOANNA	3088		GLEUCHOŁAZY	POL	MASTERS K - 40	17	K 26	00:00:25	02:06:58	05:59:20	11:00:16	15:58:00	17:51:59.85	17:51:59.85	9:44	6.2
178	FILIPIAK HIERONIM	3209	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS M - 40	73	M 153	00:00:18	02:00:11	05:33:37	11:18:53	16:19:49	17:53:04.55	17:53:04.55	9:45	6.2
179	KADŁUBOWSKI PIOTR	3494	RUN100LOVE / GÓRYLASY / KOTWICA BRZEG	BRZEG	POL	MASTERS M - 40	74	M 154	00:00:01	02:07:31	05:50:23	11:33:28	16:22:41	17:53:35.00	17:53:35.00	9:45	6.1
180	GRYCMAN MAGDALENA	3440	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	18	K 27	00:00:23	02:06:10	06:10:01	11:16:33	16:13:48	17:56:23.75	17:56:23.75	9:47	6.1
181	GRYCMAN ŁUKASZ	3441		TRZCINICA	POL	MASTERS M - 40	75	M 155	00:00:23	02:07:01	06:10:01	11:16:33	16:13:47	17:56:23.80	17:56:23.80	9:47	6.1
182	KRÓŁAK KRYSZTIAN	3374	#TEAMKRÓŁAK	POBIEDZISKA	POL	SENIOR I M - 20	8	M 156	00:00:55	02:11:53	05:52:48	11:11:14	16:09:46	17:58:17.65	17:58:17.65	9:48	6.1
183	BERNAT ARKADIUSZ	3178	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN I M - 50	19	M 157	00:00:06	01:58:13	05:12:41	10:07:31	16:08:59	17:59:02.30	17:59:02.30	9:48	6.1
184	HORŁUKOWICZ KAMIL	3483	KPP ŚWIDNICA	ŚWIDNICA	POL	SENIOR I M - 20	9	M 158	00:00:08	01:57:56	05:47:49	11:26:13	16:23:42	18:00:26.15	18:00:26.15	9:49	6.1
185	PANTOŁ MIROŚŁAW	3194		RZESZÓW	POL	MASTERS M - 40	76	M 159	00:00:09	02:14:51	06:05:02	11:01:27	16:18:36	18:03:08.65	18:03:08.65	9:50	6.1
186	SZYSZŁOWSKI WALDEMAR	3345	GÓRAL Z MAZUR RUNNING TEAM	POZNAŃ	POL	SENIOR II M - 30	55	M 160	00:00:02	02:05:59	05:44:15	11:09:31	16:25:17	18:08:49.85	18:08:49.85	9:53	6.1
187	ZAWADZKI PAWEŁ	3187		WROCLAW	POL	SENIOR II M - 30	56	M 161	00:00:40	02:20:10	06:35:32	12:30:05	16:47:00	18:16:41.50	18:16:41.50	9:58	6
188	ANDRZEJCZUK MARZENA	3398		WROCLAW	POL	MASTERS K - 40	19	K 28	00:00:17	02:05:57	05:50:44	11:12:58	16:33:14	18:16:54.75	18:16:54.75	9:58	6
189	STELMACH KRZYSZTOF	3407		WIELUŃ	POL	MASTERS M - 40	77	M 162	00:00:09	02:05:27	05:56:44	11:12:58	16:33:30	18:16:55.95	18:16:55.95	9:58	6
190	ZACHARYASZ MIŁOSZ	3312	KOCHAM MONICZKE	POZNAŃ	POL	SENIOR I M - 20	10	M 163	00:00:57	02:08:38	05:33:18	10:45:15	16:40:58	18:17:36.15	18:17:36.15	9:58	6
191	LEWANDOWSKI GRZEGORZ	3009	GOLENIÓW	GOLENIÓW	POL	MASTERS M - 40	78	M 164	00:00:22	02:11:55	05:56:46	11:15:18	16:31:55	18:18:24.90	18:18:24.90	9:59	6
192	PASIEKA AGNIESZKA	3072	KB ATHLETIC ZRĘCIN	KROSNO	POL	MASTERS K - 40	20	K 29	00:00:09	02:09:40	06:05:07	11:42:19	16:44:27	18:19:07.45	18:19:07.45	9:59	6
193	WITUSIK DOROTA	3450		JASŁO	POL	MASTERS K - 40	21	K 30	00:00:09	02:09:44	06:05:08	11:42:19	16:44:28	18:19:07.75	18:19:07.75	9:59	6
194	NICPOŃ SEBASTIAN	3430	PATOBIEGACZE	PIŁA	POL	MASTERS M - 40	79	M 165	00:00:02	02:05:58	05:44:16	11:09:31	16:25:17	18:20:46.00	18:20:46.00	10:00	6
195	WELTER PRZEMYSŁAW	3306	KB SZAMOTUŁY	SZAMOTUŁY	POL	SENIOR II M - 30	57	M 166	00:00:13	01:58:30	05:43:03	11:18:19	16:33:46	18:22:36.65	18:22:36.65	10:01	6
196	BIENCZAK ZUZANNA	3295	ASICS FRONTRUNNER POLAND	WARSZAWA	POL	SENIOR II K - 30	8	K 31	00:00:14	02:00:03	05:46:48	11:18:16	16:33:45	18:22:36.75	18:22:36.75	10:01	6
197	CZYRNIA ANDRZEJ	3242		TURAWA	POL	SENIOR II M - 30	58	M 167	00:00:19	02:11:04	06:04:16	11:15:31	16:34:44	18:27:35.45	18:27:35.45	10:04	6
198	KARCZ ANNA	3475		BYDGOSZCZ	POL	SENIOR II K - 30	9	K 32	00:00:24	02:00:33	05:52:40	11:14:49	16:40:55	18:27:52.50	18:27:52.50	10:04	6
199	KANIA PAWEŁ	3479	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	WETERAN I M - 50	20	M 168	00:00:47	02:22:25	06:14:15	11:40:34	16:49:05	18:29:55.75	18:29:55.75	10:05	5.9
200	BRZozowski RAFAŁ	3474		KŁODZKO	POL	MASTERS M - 40	80	M 169	00:00:39	02:15:18	05:58:59	11:21:21	16:41:23	18:30:22.05	18:30:22.05	10:05	5.9
201	GAWŁAS PRZEMYSŁAW	3495		KŁODZKO	POL	WETERAN I M - 50	21	M 170	00:00:14	02:06:52	05:54:33	11:17:41	16:44:30	18:33:09.00	18:33:09.00	10:07	5.9
202	MIKUŁAN MIKOŁAJ	3024		POZNAŃ	POL	SENIOR II M - 30	59	M 171	00:00:28	02:23:11	06:31:40	12:11:03	16:58:43	18:34:43.35	18:34:43.35	10:08	5.9
203	JAROSIŃSKI ŁUKASZ	3132	TĄNCZACE MUCHOMORKI	KRZEWINA	POL	MASTERS M - 40	81	M 172	00:00:12	02:01:39	05:50:45	11:49:20	16:51:35	18:36:10.60	18:36:10.60	10:08	5.9
204	BRAUN ZBIGNIEW	3362	WKB MARATONCZYK	WLOCLAWEK	POL	MASTERS M - 40	82	M 173	00:00:06	01:54:16	05:14:11	10:22:58	16:31:57	18:37:09.40	18:37:09.40	10:09	5.9
205	DAWIDZIAK JAROSŁAW	3414	MARATON LESZNO /AMBIT	LESZNO	POL	WETERAN I M - 50	22	M 174	00:00:32	02:07:43	05:43:26	10:51:54	16:35:38	18:37:12.75	18:37:12.75	10:09	5.9
206	SKRZYPIŃSKI ARKADIUSZ	3102	PSI PATROL	LESZNO	POL	MASTERS M - 40	83	M 175	00:00:32	02:07:45	05:43:27	11:21:20	16:35:39	18:37:13.10	18:37:13.10	10:09	5.9
207	JUSZCZAK ZBIGNIEW	3350	PKB KMP KALISZ	OPATÓWEK	POL	WETERAN I M - 50	23	M 176	00:00:38	02:26:28	06:58:33	11:52:42	16:17:04	18:41:00.20	18:41:00.20	10:11	5.9
208	RAFA ASIA	3280	RUNNERS TEAM NYSA	OPOLE	POL	MASTERS K - 40	22	K 33	00:00:25	02:22:27	06:21:54	11:44:37	16:41:53	18:41:57.05	18:41:57.05	10:11	5.9
209	STANGIERSKI ADAM	3231	KORNELCIA TEAM	POZNAŃ	POL	SENIOR II M - 30	60	M 177	00:00:34	02:10:58	06:10:11	11:22:10	16:58:21	18:42:13.45	18:42:13.45	10:12	5.9
210	NIEMIRO PAWEŁ	3421	JĄGODOWO-KALINOW Y TEAM	POLICE	POL	MASTERS M - 40	84	M 178	00:00:34	02:13:53	06:19:39	11:57:32	16:54:08	18:46:30.25	18:46:30.25	10:14	5.9
211	PAWLIK JOANNA	3054		POZNAŃ	POL	SENIOR II K - 30	10	K 34	00:00:29	02:15:13	06:19:43	11:37:58	16:54:07	18:46:30.65	18:46:30.65	10:14	5.9
212	KRACZKOWSKI PRZEMYSŁAW	3251	142BLP TRZEBIATÓW	KOSZALIN	POL	MASTERS M - 40	85	M 179	00:00:20	02:14:40	06:19:47	11:37:59	16:54:06	18:46:31.10	18:46:31.10	10:14	5.9

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
213	TALAR MAREK	3017	KĘSY TEAM	DĄBRÓWKA LEŚNA	POL	SENIOR II M - 30	61	M 180	00:00:29	02:15:07	06:19:41	11:37:52	16:54:56	18:46:31.40	18:46:31.40	10:14	5.9
214	KRAUSE KUBA	3364	NATURAL BORN RUNNERS	POZNAŃ	POL	MASTERS M - 40	86	M 181	00:00:26	01:58:48	05:20:57	11:33:11	16:55:11	18:48:30.45	18:48:30.45	10:15	5.8
215	MAŁKOWSKI KRZYSZTOF	3163		POZNAŃ	POL	MASTERS M - 40	87	M 182	00:00:26	01:58:49	05:20:58	11:33:13	16:55:14	18:48:33.05	18:48:33.05	10:15	5.8
216	DADELSKI MARIUSZ	3045	RUNCROSS ROZGARTY	TORUŃ	POL	MASTERS M - 40	88	M 183	00:00:36	02:24:32	06:26:30	11:39:50	16:52:59	18:49:38.95	18:49:38.95	10:16	5.8
217	GOKIERT-SKRENTNA JUSTYNA	3047	GÓRSKIE KOZICE	ZŁOTÓW	POL	MASTERS K - 40	23	K 35	00:00:18	02:05:25	05:48:32	11:15:17	16:43:37	18:54:08.80	18:54:08.80	10:18	5.8
218	OLSZAŃSKI KRZYSZTOF	3108	RUNNING FREE	WARSZAWA	POL	MASTERS M - 40	89	M 184	00:01:04	02:30:21	06:45:15	12:41:16	17:07:54	18:55:21.70	18:55:21.70	10:19	5.8
219	RACZYŃSKI BOGUSZ	3446	ZEMAT TECHNOLOGY GROUP	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	62	M 185	00:00:06	02:01:37	05:49:35	11:46:15	17:15:25	18:56:08.30	18:56:08.30	10:19	5.8
220	GUMIENNY GRZEGORZ	3411		KOBYLNICZA	POL	MASTERS M - 40	90	M 186	00:00:24	01:41:28	04:36:31	09:33:20	15:34:14	18:56:45.75	18:56:45.75	10:20	5.8
221	CIECIELĄG PIOTR	3149		PIASECZNO	POL	WETERAN I M - 50	24	M 187	00:00:47	02:31:02	06:16:47	11:42:14	17:08:26	18:57:37.90	18:57:37.90	10:20	5.8
222	KOREK KRYSZTIAN	3174		POZNAŃ	POL	MASTERS M - 40	91	M 188	00:00:52	02:31:56	06:44:59	11:53:55	17:03:24	18:59:17.05	18:59:17.05	10:21	5.8
223	PIGUŁA DARIA	3435	CARBON SILESIA SPORT	CZELADŹ	POL	MASTERS K - 40	24	K 36	00:00:30	02:13:57	06:11:31	11:53:43	17:11:48	18:59:37.55	18:59:37.55	10:21	5.8
224	ZATAJ IGOR	3015	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	92	M 189	00:00:44	02:18:13	06:32:04	12:07:17	17:21:49	18:59:56.05	18:59:56.05	10:21	5.8
225	WRÓBEL MACIEJ	3167	VEGERUNNERS	POZNAŃ	POL	SENIOR II M - 30	63	M 190	00:00:50	02:24:29	06:16:12	11:45:01	16:55:33	19:00:06.10	19:00:06.10	10:21	5.8
226	BOGUCKA ZUZANNA	3296		POZNAŃ	POL	SENIOR II K - 30	11	K 37	00:00:42	02:25:28	06:46:22	12:18:13	17:13:22	19:00:46.20	19:00:46.20	10:22	5.8
227	LUTY MARIUSZ	3140	KĘSY TEAM	OBORNIKI	POL	MASTERS M - 40	93	M 191	00:00:07	01:53:24	05:22:31	11:45:38	17:10:56	19:01:45.75	19:01:45.75	10:22	5.8
228	KWIECIEŃ KRZYSZTOF	3196	MEGAWONSZ	KRAKÓW	POL	MASTERS M - 40	94	M 192	00:00:38	02:21:22	05:55:44	11:14:41	16:40:45	19:02:30.65	19:02:30.65	10:23	5.8
229	SZCZUREK MARIUSZ	3492	AGROAS TEAM	GRODKÓW	POL	MASTERS M - 40	95	M 193	00:00:07	02:02:10	06:07:04	11:49:25	17:09:49	19:03:24.95	19:03:24.95	10:23	5.8
230	LESZCZYNOWICZ JACEK	3114	POLACY BIEGAJĄ W UK	BOLESŁAWIEC	POL	SENIOR II M - 30	64	M 194	00:00:09	02:13:29	06:21:46	12:16:31	17:26:11	19:04:43.20	19:04:43.20	10:24	5.8
231	PALIŃSKI BARTŁOMIEJ	3275	ROZBIEGANI CHOJNÓW	CHOJNÓW	POL	SENIOR I M - 20	11	M 195	00:00:16	02:07:28	06:08:02	12:04:01	17:20:18	19:05:52.20	19:05:52.20	10:25	5.8
232	SZPYT ANDRZEJ	3402		GUBIN	POL	WETERAN I M - 50	25	M 196	00:00:15	02:00:32	05:42:01	11:50:11	17:16:58	19:07:47.85	19:07:47.85	10:26	5.8
233	ZIELIŃSKI TOMASZ	3031	ULTRAPIOTRKÓW	KARLIN	POL	MASTERS M - 40	96	M 197	00:00:04	02:28:59	06:37:04	12:11:27	17:20:18	19:10:55.85	19:10:55.85	10:27	5.7
234	KUŚMIDER MICHAŁ	3348	TANČAZCE MUCHOMORKI	HALINÓW	POL	MASTERS M - 40	97	M 198	00:00:15	02:01:41	05:50:42	11:59:59	17:37:08	19:11:49.15	19:11:49.15	10:28	5.7
235	MARCINIAK RAFAŁ	3128	8A.PL	GLIWICE	POL	SENIOR II M - 30	65	M 199	00:00:33	02:17:58	06:00:09	11:29:40	17:15:24	19:13:40.15	19:13:40.15	10:29	5.7
236	KOTYCZKA DOMINIK	3375	ASICS FRONTRUNNER POLAND	KATOWICE	POL	SENIOR I M - 20	12	M 200	00:00:15	02:05:06	06:05:12	11:48:55	17:38:56	19:13:42.60	19:13:42.60	10:29	5.7
237	STRAMOWSKA-JARCZEWSKA SANDRA	3451	MONSTER CROSS TEAM WOŁCZYN	WOŁCZYN	POL	SENIOR II K - 30	12	K 38	00:00:13	02:06:22	06:03:03	11:55:47	17:27:40	19:14:19.15	19:14:19.15	10:29	5.7
238	SZYROCKI KRZYSZTOF	3347	ONE PERSON TEAM	MARKŁOWICE	POL	SENIOR II M - 30	66	M 201	00:00:41	02:18:01	06:03:05	11:55:48	17:27:41	19:14:33.30	19:14:33.30	10:29	5.7
239	WIATER TOMASZ	3130		CHORZÓW	POL	MASTERS M - 40	98	M 202	00:00:42	02:24:25	06:31:35	12:21:11	17:37:12	19:15:23.90	19:15:23.90	10:30	5.7
240	OLSCHIMKE-MARMUROWICZ BARBARA	3151	ZALOGA GÓRSKA	KATOWICE	POL	MASTERS K - 40	25	K 39	00:00:42	02:24:28	06:31:35	12:21:10	17:37:14	19:15:24.90	19:15:24.90	10:30	5.7
241	PASZKIEWICZ MACIEJ	3408	DZIADEK BIEGA ULTRA	MUROWANA GOŚLINA	POL	WETERAN II M - 60	2	M 203	00:00:17	02:20:24	06:14:22	11:59:15	17:17:50	19:16:16.25	19:16:16.25	10:30	5.7
242	PIWOWARCZYK WOJCIECH	3135	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	SENIOR II M - 30	67	M 204	00:00:05	01:55:46	05:33:41	10:39:17	16:42:36	19:18:00.30	19:18:00.30	10:31	5.7
243	ŚMICHURSKI KRZYSZTOF	3044	FIZJOTERAPIA BIEGACZA	CEREKWICA	POL	SENIOR II M - 30	68	M 205	00:00:06	01:55:57	05:33:40	10:39:17	16:42:35	19:18:07.55	19:18:07.55	10:31	5.7
244	CAŁKA KRYSZTIAN	3038	ULTRINO AMATEUR	POZNAŃ	POL	SENIOR II M - 30	69	M 206		01:55:48	05:34:28	10:39:14	16:42:35	19:18:08.75	19:18:08.75	10:31	5.7
245	HAAS PRZEMYSŁAW	3065	BACKPACKING OKAPI TEAM	WROCŁAW	POL	SENIOR II M - 30	70	M 207	00:00:46	02:20:51	06:21:45	12:11:29	17:26:54	19:20:10.40	19:20:10.40	10:32	5.7
246	KOCIOŁEK ZBIGNIEW	3331		WOŁÓW	POL	MASTERS M - 40	99	M 208	00:00:47	02:24:15	06:31:51	12:08:24	17:27:04	19:20:32.95	19:20:32.95	10:33	5.7
247	POPCZYK EWELINA	3388	HEALTHY BODY ŻELAZNY&ŻELAZNY	SOSNOWIEC	POL	MASTERS K - 40	26	K 40	00:00:31	02:16:47	06:18:30	11:53:44	17:48:01	19:20:37.70	19:20:37.70	10:33	5.7
248	KŁAK WOJCIECH	3327	SZYBKIE ŻÓŁWIE OPATÓW	PIASKI 38	POL	MASTERS M - 40	100	M 209	00:00:36	02:26:13	06:56:22	12:27:35	17:42:03	19:21:17.15	19:21:17.15	10:33	5.7
249	SITAK ADAM	3146	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	MASTERS M - 40	101	M 210	00:00:20	01:59:55	05:35:24	11:55:59	17:37:32	19:21:38.75	19:21:38.75	10:33	5.7
250	ADAMCZEWSKI JAKUB	3081	NIGHT RUNNERS / NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	71	M 211	00:00:41	02:10:55	06:13:16	12:06:48	17:41:53	19:23:29.60	19:23:29.60	10:34	5.7
251	CWOJDZIŃSKI PIOTR	3274	NIGHT RUNNERS / NO PROBLAMA TEAM	POZNAŃ	POL	MASTERS M - 40	102	M 212	00:00:41	02:10:57	06:13:15	12:06:47	17:41:57	19:23:29.90	19:23:29.90	10:34	5.7

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
252	KIERZEK ARTUR	3094	BIEGACZE KOSMOSU	ŁÓDŹ	POL	MASTERS M - 40	103	M 213	00:00:44	02:26:45	06:31:31	12:03:58	17:00:04	19:26:36.85	19:26:36.85	10:36	5.7
253	KIERZEK EWA	3093	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	AFG	MASTERS K - 40	27	K 41	00:00:43	02:26:49	06:31:33	12:18:57	17:00:09	19:26:37.30	19:26:37.30	10:36	5.7
254	ROSOŁOWSKI GRZEGORZ	3283	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	WETERAN I M - 50	26	M 214	00:00:45	02:21:53	06:21:44	12:28:38	17:35:54	19:33:04.60	19:33:04.60	10:39	5.6
255	CIPORA KATARZYNA	3377	K&M TEAM	WROCLAW	POL	MASTERS K - 40	28	K 42	00:00:11	02:35:17	06:50:57	12:10:10	17:42:31	19:35:18.55	19:35:18.55	10:41	5.6
256	CIPORA MACIEJ	3376	K&M TEAM	WROCLAW	POL	WETERAN I M - 50	27	M 215	00:00:11	02:35:52	06:50:59	12:10:17	17:42:50	19:35:20.15	19:35:20.15	10:41	5.6
257	ŚWIĘTONIOWSKA JUSTYNA	3016	PODIUM	RZESZÓW	POL	MASTERS K - 40	29	K 43	00:00:11	02:18:35	06:27:30	12:06:48	17:46:03	19:36:29.35	19:36:29.35	10:41	5.6
258	WÓJCIAK EWELINA	3393	WARRIORS ŁÓDŹ	RAWA MAZOWIECKA	POL	SENIOR II K - 30	13	K 44	00:00:46	02:26:01	06:30:02	11:44:38	17:26:51	19:37:46.55	19:37:46.55	10:42	5.6
259	MADALIŃSKI MARIUSZ	3223		SOBÓTKA	POL	SENIOR I M - 20	13	M 216	00:00:44	02:11:34	06:05:32	11:42:01	17:12:50	19:39:14.15	19:39:14.15	10:43	5.6
260	JANIA PRZEMYSŁAW	3147	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	72	M 217	00:00:20	02:07:32	06:21:47	12:01:38	17:45:09	19:39:59.65	19:39:59.65	10:43	5.6
261	BARTOSIK MICHAŁ	3157	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	73	M 218	00:00:20	02:07:31	06:21:48	12:01:37	17:45:11	19:39:59.85	19:39:59.85	10:43	5.6
262	ŻYWICA MARCIN	3237	CORORUN	BYTOM	POL	SENIOR II M - 30	74	M 219	00:00:08	02:02:11	05:49:00	11:41:51	17:33:29	19:40:50.55	19:40:50.55	10:44	5.6
263	RYCHEL-MANTUR DOMINIKA	3018		KATOWICE	POL	SENIOR II K - 30	14	K 45	00:00:48	02:06:02	05:54:41	11:36:21	17:26:26	19:43:06.90	19:43:06.90	10:45	5.6
264	BOROWIEC BARTEK	3315	ATLAS RUNNIG TEAM	WROCLAW	POL	SENIOR II M - 30	75	M 220	00:00:39	02:07:35	06:16:54	12:38:36	18:05:46	19:44:57.20	19:44:57.20	10:46	5.6
265	SUT IWONA	3248		GŁOWNO	POL	MASTERS K - 40	30	K 46	00:00:46	02:31:17	06:59:43	12:36:57	17:56:00	19:45:36.00	19:45:36.00	10:46	5.6
266	BLIŹNIEWSKI MAREK	3126		GŁOWNO	POL	WETERAN I M - 50	28	M 221	00:00:46	02:31:25	06:59:49	12:36:58	17:56:12	19:45:36.50	19:45:36.50	10:46	5.6
267	ROŹNIATA IWONA	3467	SNG WILD DUCKS	GŁOWNO	POL	MASTERS K - 40	31	K 47	00:00:46	02:31:23	06:59:42	12:36:57	17:55:44	19:45:36.50	19:45:36.50	10:46	5.6
268	JAKRZEWSKI MIKOŁAJ	3057		GOLA	POL	SENIOR II M - 30	76	M 222	00:00:18	02:12:11	06:22:54	12:06:56	17:40:21	19:47:09.30	19:47:09.30	10:47	5.6
269	WEWIOR TOMASZ	3121		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	104	M 223	00:00:08	02:09:01	06:18:59	12:16:05	17:59:31	19:49:34.35	19:49:34.35	10:48	5.5
270	RADOMSKI GRZEGORZ	3059	MOKRE RUN	MIKOŁÓW	POL	MASTERS M - 40	105	M 224	00:00:05	01:54:52	05:46:41	11:34:07	17:26:43	19:50:05.65	19:50:05.65	10:49	5.5
271	WOSZTYL ALICJA	3043	FOR-REST-RUN	KOSZALIN	POL	SENIOR II K - 30	15	K 48	00:00:19	02:04:32	05:47:11	11:37:58	17:49:05	19:51:55.80	19:51:55.80	10:50	5.5
272	PODAWCA ŁUKASZ	3041		SWARZĘDZ	POL	SENIOR II M - 30	77	M 225	00:00:19	02:04:29	05:47:12	12:17:01	17:49:06	19:51:56.15	19:51:56.15	10:50	5.5
273	MILEJSKA JOANNA	3279	BBL OPOLE	OPOLE	POL	MASTERS K - 40	32	K 49	06:33:50	12:29:03	17:54:05	19:52:19.35	19:52:19.35	10:50	5.5		
274	ZAWADZKA MARZENA	3070		PILA	POL	WETERAN K - 50	3	K 50	00:00:13	02:26:01	06:53:57	12:38:10	17:52:44	19:52:52.05	19:52:52.05	10:50	5.5
275	SZARF PAWEŁ	3040	ZAŁOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR II M - 30	78	M 226	00:00:01	02:05:24	05:58:24	11:38:03	17:37:58	19:53:58.70	19:53:58.70	10:51	5.5
276	STAJNIAK-STELIGA IZABELA	3313	OBORYGENI	WILCZYN	POL	MASTERS K - 40	33	K 51	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	10:53	5.5
277	MACKIEWICZ MACIEJ	3008	KRM LAW	WARSZAWA	POL	SENIOR II M - 30	79	M 227	00:00:22	02:14:26	06:23:17	12:18:17	18:02:46	19:58:08.20	19:58:08.20	10:53	5.5
278	KNAP DAMIAN	3236	PGB SPORTOWA PACZKA	CZELADŹ	POL	SENIOR II M - 30	80	M 228	00:00:31	02:16:50	06:18:32	11:54:50	17:48:05	19:59:24.55	19:59:24.55	10:54	5.5
279	KOCHANOWSKI JERZY	3249	OSTRÓW BIEGA	OSTRÓW MAZOWIECKA	POL	WETERAN I M - 50	29	M 229	00:00:57	02:16:49	05:51:34	11:30:48	17:33:41	20:00:45.60	20:00:45.60	10:54	5.5
280	ISKRA ARKADIUSZ	3241	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	MASTERS M - 40	106	M 230	00:00:44	02:16:41	06:50:56	12:41:35	18:06:54	20:01:08.40	20:01:08.40	10:55	5.5
281	BUJALSKA AGATA	3172		WARSZAWA	POL	SENIOR II K - 30	16	K 52	00:00:21	02:18:19	06:14:18	12:10:04	18:13:34	20:07:40.45	20:07:40.45	10:58	5.5
282	BUJAŁSKI SZYMON	3171		WARSZAWA	POL	MASTERS M - 40	107	M 231	00:00:21	02:18:15	06:14:19	12:09:57	18:13:30	20:07:40.60	20:07:40.60	10:58	5.5
283	KOBIERSKI RADOSŁAW	3154	TANCUJĄCE MUCHOMORKI	HALINÓW	POL	WETERAN I M - 50	30	M 232	00:00:15	02:04:22	05:56:45	11:53:56	18:14:01	20:18:05.45	20:18:05.45	11:04	5.4
284	PASZKOWSKI PIOTR	3063	WKURW_TEAM	SZCZECIN	POL	MASTERS M - 40	108	M 233	00:00:14	01:39:43	05:26:17	12:33:11	18:42:35	20:18:39.20	20:18:39.20	11:04	5.4
285	SMYKOWSKA MAGDALENA	3198	RYKOWISKOTEAM	PŁOCK	POL	SENIOR II K - 30	17	K 53	00:00:24	01:58:27	06:52:16	13:16:39	18:28:46	20:22:03.65	20:22:03.65	11:06	5.4
286	SIKORSKI GRZEGORZ	3076		BORYSLAWICE ZAMKOWE	POL	WETERAN I M - 50	31	M 234	00:00:14	02:17:48	06:38:00	12:34:59	18:09:30	20:22:11.20	20:22:11.20	11:06	5.4
287	DZIADOŃ ŁUKASZ	3455	BITKA O ZIVOT	KRAKOW	POL	SENIOR II M - 30	81	M 235	00:00:56	02:37:15	06:50:44	12:34:05	18:41:56	20:26:06.55	20:26:06.55	11:08	5.4
288	TROJAN PAWEŁ	3460	SZCZYRNA BIEGA	SZCZYRNA	POL	SENIOR II M - 30	82	M 236	00:00:44	02:23:54	07:00:05	12:54:04	18:59:05	20:31:16.65	20:31:16.65	11:11	5.4
289	SKRYNKOWSKI MICHAŁ	3466		STARA ŁOMNICA	POL	MASTERS M - 40	109	M 237	00:00:43	02:20:35	07:00:03	12:54:03	18:59:18	20:31:16.80	20:31:16.80	11:11	5.4
290	NOWAKOWSKI MIROSLAW	3055		WIELEN	POL	WETERAN I M - 50	32	M 238	00:00:40	02:23:06	06:49:11	12:58:22	18:45:51	20:34:26.60	20:34:26.60	11:13	5.3
291	STOŁOWSKI ROBERT	3257	AMICA	WIELEN	POL	MASTERS M - 40	110	M 239	00:00:41	02:23:08	06:49:13	12:58:36	18:45:51	20:34:26.65	20:34:26.65	11:13	5.3
292	NIKOLIN ANDRZEJ	3261	TRITOGO	WROCLAW	POL	SENIOR II M - 30	83	M 240	00:00:18	02:08:13	06:50:03	12:58:06	18:47:59	20:34:58.30	20:34:58.30	11:13	5.3
293	PIÓRKOWSKI MAREK	3034	BIEGOWA KUŹNIA	BĘDZIN	POL	WETERAN I M - 50	33	M 241	00:00:22	02:21:59	06:43:06	12:42:14	18:42:46	20:37:00.40	20:37:00.40	11:14	5.3
294	ZACHARIASZ AGNIESZKA	3282	BIEGOWA KUŹNIA	GRÓDKÓW	POL	SENIOR II K - 30	18	K 54	00:00:22	02:21:57	06:43:06	12:42:19	18:42:45	20:37:00.55	20:37:00.55	11:14	5.3
295	ŻOŁDAK MAGDALENA	3225	#BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	34	K 55	00:00:27	02:23:12	06:31:39	12:11:24	18:26:15	20:37:49.65	20:37:49.65	11:15	5.3
296	DOLNY MARCIN	3213	FOREST GANG	BYDGOSZCZ	POL	MASTERS M - 40	111	M 242	00:00:35	02:25:21	06:37:35	12:54:37	18:43:14	20:39:34.95	20:39:34.95	11:16	5.3
297	KAMYSZ ROBERT	3339	KW KRAKÓW	KRAKÓW	POL	WETERAN I M - 50	34	M 243	00:00:14	02:13:35	06:23:24	12:19:49	18:22:26	20:39:42.55	20:39:42.55	11:16	5.3
298	FILIPIAK SEBASTIAN	3118	EKIPA LIPA	LIPA	POL	MASTERS M - 40	112	M 244	00:00:21	02:20:40	06:36:18	12:30:25	18:37:42	20:40:23.95	20:40:23.95	11:16	5.3

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
299	GONERA KAZIMIERZ	3035	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOSZYCE	POL	WETERAN II M - 60	3	M 245	00:00:30	02:27:17	07:00:18	13:09:57	18:47:34	20:41:43.75	20:41:43.75	11:17	5.3
300	WALAC JACEK	3217	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	SENIOR II M - 30	84	M 246	00:00:24	02:22:34	06:28:29	12:34:45	18:23:11	20:42:20.20	20:42:20.20	11:17	5.3
301	KURKUS ALEKSANDER	3229	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	WETERAN I M - 50	35	M 247	00:00:24	02:22:32	06:28:21	12:34:43	18:24:10	20:42:20.55	20:42:20.55	11:17	5.3
302	KUSY RAFAŁ	3325	PBRUN	MIĘDZYŚWIEĆ	POL	MASTERS M - 40	113	M 248	00:00:32	02:11:51	06:16:41	12:45:50	18:41:22	20:43:18.80	20:43:18.80	11:18	5.3
303	BURY MAREK	3212	KATOWICE	KATOWICE	POL	WETERAN I M - 50	36	M 249	00:00:54	02:26:03	06:37:41	12:49:33	18:46:53	20:44:56.05	20:44:56.05	11:19	5.3
304	TOMASZEWSKA EWA	3039	OPOLE	OPOLE	POL	MASTERS K - 40	35	K 56	00:00:31	02:24:17	06:27:25	12:38:08	18:46:25	20:45:45.55	20:45:45.55	11:19	5.3
305	GRABCZAK JAROSŁAW	3005	OPOLE	OPOLE	POL	SENIOR II M - 30	85	M 250	00:00:31	02:22:29	06:26:30	12:37:32	18:48:25	20:45:49.80	20:45:49.80	11:19	5.3
306	HOJCZYK KAROL	3014	EXPLORADOR & WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	114	M 251	00:00:37	02:32:17	06:56:21	12:27:33	18:41:28	20:46:29.65	20:46:29.65	11:19	5.3
307	WIJAS MARIUSZ	3405		KRAKÓW	POL	MASTERS M - 40	115	M 252	00:00:23	02:26:50	06:47:33	12:41:57	18:43:22	20:46:45.70	20:46:45.70	11:20	5.3
308	KWIATKOWSKA ZUZANNA	3109	RNB TEAM POLANICA ZDRÓJ	SZCZYTNA	POL	MASTERS K - 40	36	K 57	00:00:44	02:20:37	07:00:02	12:54:01	18:59:06	20:46:48.50	20:46:48.50	11:20	5.3
309	KUTRZYK PRZEMYSŁAW	3073		SOSNOWIEC	POL	MASTERS M - 40	116	M 253	00:00:13	02:08:23	06:35:52	14:00:00	18:45:30	20:47:28.30	20:47:28.30	11:20	5.3
310	MAGOCYSZ JUSTYNA	3069		KRAKOW	POL	SENIOR II K - 30	19	K 58	00:00:15	02:33:39	06:47:35	13:11:21	18:35:52	20:50:39.70	20:50:39.70	11:22	5.3
311	MAGOCYSZ ADAM	3228		KRAKÓW	POL	SENIOR II M - 30	86	M 254	00:00:15	02:33:32	06:47:34	13:07:34	18:34:56	20:50:40.25	20:50:40.25	11:22	5.3
312	DRYMEL PIOTR	3368		ŚW. KATARZYNA	POL	SENIOR II M - 30	87	M 255	00:00:39	02:33:22	06:53:56	13:00:10	18:35:59	20:53:18.20	20:53:18.20	11:23	5.3
313	BARANIAK BEATA	3136	DRUŻYNA SZPIKU	DASZEWICE	POL	MASTERS K - 40	37	K 59	00:00:53	02:43:54	07:28:04	13:07:08	18:57:12	20:54:28.55	20:54:28.55	11:24	5.3
314	WSUŁ MONIA	3415		POZNAŃ	POL	MASTERS K - 40	38	K 60	00:00:28	02:01:49	05:34:39	12:15:41	18:26:44	20:55:00.35	20:55:00.35	11:24	5.3
315	JASIŃSKI MIKOŁAJ	3469		TRUSKAW	POL	WETERAN I M - 50	37	M 256	00:00:17	02:18:32	06:34:55	12:43:18	19:02:43	21:05:33.70	21:05:33.70	11:30	5.2
316	KOSZAREK ANDRZEJ	3023		POZNAŃ	POL	WETERAN I M - 50	38	M 257	00:00:54	02:43:56	07:00:13	13:01:23	19:05:37	21:05:36.85	21:05:36.85	11:30	5.2
317	STODULSKI TOMASZ	3197	GÓRAL Z MAZUR RUNNING TEAM	PRUSZKÓW	POL	MASTERS M - 40	117	M 258	00:00:38	02:17:07	06:49:47	12:50:00	18:47:25	21:06:25.05	21:06:25.05	11:30	5.2
318	BOCHM SZYMON	3182		KOBYLA GÓRA	POL	SENIOR II M - 30	88	M 259	00:00:05	02:19:31	06:45:28	12:52:00	18:47:26	21:06:25.40	21:06:25.40	11:30	5.2
319	AMANOWICZ LUKASZ	3459		ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	118	M 260	00:00:26	02:12:50	06:19:38	12:06:40	19:20:08	21:06:47.65	21:06:47.65	11:30	5.2
320	LENART JOANNA	3111	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	WETERAN K - 50	4	K 61	00:00:08	02:09:05	06:06:48	13:08:39	19:03:37	21:08:27.15	21:08:27.15	11:31	5.2
321	KADECKI MAREK	3272		KARGOSZYN	POL	MASTERS M - 40	119	M 261	00:00:13	02:24:37	06:52:28	12:52:10	18:58:18	21:08:40.45	21:08:40.45	11:32	5.2
322	DOLSKI MARCIN	3115		POZNAŃ	POL	SENIOR II M - 30	89	M 262	00:00:52	02:31:42	06:51:32	13:02:26	19:16:22	21:09:09.95	21:09:09.95	11:32	5.2
323	FRYBES AGNIESZKA	3079		GIŻYCKO	POL	SENIOR II K - 30	20	K 62	00:00:40	02:25:53	07:01:55	14:27:16	19:34:56	21:14:39.65	21:14:39.65	11:35	5.2
324	KUNERT KRZYSZTOF	3358		KATOWICE	POL	MASTERS M - 40	120	M 263	00:00:09	02:16:33	06:31:20	12:50:32	18:56:11	21:15:25.50	21:15:25.50	11:35	5.2
325	ZIENIEWICZ WOJCIECH	3221		WROCŁAW	POL	MASTERS M - 40	121	M 264	00:00:04	02:03:40	06:14:09	12:47:54	19:13:16	21:16:57.70	21:16:57.70	11:36	5.2
326	SKOCZYŁAS PIOTR	3104	ENDURANCE TEAM	CHORZÓW	POL	MASTERS M - 40	122	M 265	00:00:54	02:19:30	06:44:54	12:58:05	19:11:17	21:18:23.45	21:18:23.45	11:37	5.2
327	STEFAŃSKI MARCIN	3075		BOCZKÓW	POL	SENIOR II M - 30	90	M 266	00:00:38	02:26:31	06:58:34	13:05:36	19:22:00	21:26:00.85	21:26:00.85	11:41	5.1
328	WICIAK ZIEMOWIT	3185	AKTYWNI KOCIEWIACY	STAROGARD GDAŃSKI	POL	WETERAN I M - 50	39	M 267	00:00:48	02:31:26	07:23:51	13:26:35	19:12:00	21:26:36.15	21:26:36.15	11:41	5.1
329	KACZYŃSKI JANUSZ	3183	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	WETERAN II M - 60	4	M 267	00:00:48	02:31:28	07:24:06	13:26:34	19:12:01	21:26:36.15	21:26:36.15	11:41	5.1
330	KROLS HILDE	3406	HAMOK	MOL	BEL	WETERAN K - 50	5	K 63	00:00:39	02:23:44	07:03:30	13:24:04	19:23:48	21:27:08.90	21:27:08.90	11:42	5.1
331	MICHAŁOWSKI TOMASZ	3304		SZCZECIN	POL	MASTERS M - 40	123	M 269	00:00:29	02:13:26	06:33:34	13:47:44	19:24:43	21:28:17.90	21:28:17.90	11:42	5.1
332	PACZUSZKA ANNA	3220	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	SENIOR II K - 30	21	K 64	00:00:20	02:11:58	06:57:40	13:23:18	19:25:45	21:29:03.95	21:29:03.95	11:43	5.1
333	GRABOWY MATEUSZ	3169	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	SENIOR II M - 30	91	M 270	00:00:45	02:21:51	06:23:23	13:41:35	19:35:16	21:37:28.05	21:37:28.05	11:47	5.1
334	CIOSEK BEATA	3329	AUGUSTEAM	CHORZÓW	POL	WETERAN K - 50	6	K 65	00:00:37	02:19:21	06:27:27	12:56:18	18:48:46	21:38:32.10	21:38:32.10	11:48	5.1
335	MURCHA PAWEŁ	3328	AUGUSTEAM	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS M - 40	124	M 271	00:00:38	02:19:19	06:27:28	12:39:26	18:47:38	21:38:32.35	21:38:32.35	11:48	5.1
336	KILIAN MARIUSZ	3463		BIALYSTOK	POL	WETERAN I M - 50	40	M 272	00:00:48	02:13:58	06:21:52	12:36:03	19:20:20	21:38:54.65	21:38:54.65	11:48	5.1
337	JAKÓBCZYK EWELINA	3454		GORZÓW WLKP.	POL	SENIOR II K - 30	22	K 66	00:00:51	02:16:03	06:37:15	12:24:14	19:26:07	21:48:06.95	21:48:06.95	11:53	5
338	PIKUŁA SEBASTAIN	3470		GORZÓW WLKP.	POL	MASTERS M - 40	125	M 273	00:00:51	02:16:02	06:37:16	12:24:14	19:26:06	21:48:06.95	21:48:06.95	11:53	5
339	HALINIAK MAREK	3064	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	MASTERS M - 40	126	M 274	00:00:34	02:25:11	07:08:53	13:12:58	19:56:05	21:51:53.35	21:51:53.35	11:55	5
340	DARSKI RAFAŁ	3083	RECAMIERE	WARSZAWA	POL	WETERAN I M - 50	41	M 275	00:00:11	02:08:57	06:32:34	13:29:08	19:56:05	21:51:53.65	21:51:53.65	11:55	5
341	OWCZARZAK TOMASZ	3276	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II M - 30	92	M 276	00:00:35	02:25:56	07:03:29	13:14:27	19:35:32	21:56:45.80	21:56:45.80	11:58	5
342	OWCZARZAK KATARZYNA	3277	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II K - 30	23	K 67	00:00:35	02:25:58	07:03:28	13:14:27	19:35:32	21:56:46.00	21:56:46.00	11:58	5

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
343	ŚWIĄTEK ARKADIUSZ	3419		WARSZAWA	POL	SENIOR II M - 30	93	M 277	00:00:24	02:15:10	06:19:44	13:32:49	19:44:19	21:58:02.15	21:58:02.15	11:58	5
344	ŁYCZKOWSKI ŁUKASZ	3420		WARSZAWA	POL	SENIOR II M - 30	94	M 278	00:00:24	02:15:25	06:53:27	13:09:46	19:44:28	21:58:12.55	21:58:12.55	11:59	5
345	PLASZCZYK BARTŁOMIEJ	3464		GŁOGÓW	POL	SENIOR II M - 30	95	M 279	00:00:32	02:26:23	07:06:26	13:21:50	19:39:37	21:58:14.95	21:58:14.95	11:59	5
346	SAMBORSKI DANIEL	3020	KBKS RADOMSKO	OPOLE	POL	MASTERS M - 40	127	M 280	00:00:32	02:24:36	06:36:03	12:37:28	19:28:36	22:06:38.15	22:06:38.15	12:03	5
347	SAMBORSKA MONIKA	3027	KBKS RADOMSKO	OPOLE	POL	MASTERS K - 40	39	K 68	00:00:32	02:24:37	06:36:05	12:38:00	19:28:35	22:06:38.20	22:06:38.20	12:03	5
348	ROGUT KATARZYNA	3382	AGB TORFY	RABIEŃ AB	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:58	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	12:06	5
349	ZIMINSKA JOANNA	3384	HAPPYRUNNERS	ŁÓDŹ	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:56	07:25:16	13:42:33	19:59:45	22:12:39.85	22:12:39.85	12:06	5
350	KOPKA ELŻBIETA	3381		KOLONIA BRUŻYCA	POL	MASTERS K - 40	40	K 71	00:00:41	02:34:55	07:25:15	13:42:41	20:00:13	22:12:40.15	22:12:40.15	12:06	5
351	KOPKA TOMASZ	3397		KOLONIA BRUŻYCA	POL	WETERAN I M - 50	42	M 281	00:00:43	02:34:39	07:25:14	13:42:45	20:00:47	22:12:40.45	22:12:40.45	12:06	5
352	BĘDŹKOWSKI MAREK	3456	GÓRAL Z MAZUR RUNNING TEAM - SIWY ULTRA MORS	OSTROLEKA	POL	WETERAN I M - 50	43	M 282	00:00:12	02:31:13	07:22:28	13:42:51	19:35:12	22:22:45.25	22:22:45.25	12:12	4.9
353	HORAK LESŁAW	3371	KRYZYS WIEKU ŚREDNIEGO	MNICH	POL	MASTERS M - 40	128	M 283	00:00:41	02:32:58	07:19:50	14:03:47	20:18:07	22:28:33.35	22:28:33.35	12:15	4.9
354	PIEKAROWICZ MAGDALENA	3357		PRACE DUŻE	POL	WETERAN K - 50	9	K 72	00:00:27	02:33:00	07:27:50	14:03:48	20:13:48	22:29:43.95	22:29:43.95	12:16	4.9
355	SZEWczyk MARIUSZ	3222		KRAKÓW	POL	WETERAN I M - 50	44	M 284	00:00:51	02:40:47	07:38:13	14:08:30	20:34:18	22:29:59.85	22:29:59.85	12:16	4.9
356	KLUZA-HOWIL LILA	3153	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS K - 40	41	K 73	00:00:34	02:25:59	07:21:36	13:52:12	20:02:00	22:30:53.65	22:30:53.65	12:16	4.9
357	HOWIL WALDEMAR	3152	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS M - 40	129	M 285	00:00:35	02:25:57	07:21:36	13:52:16	20:02:02	22:30:54.95	22:30:54.95	12:16	4.9
358	KOPYRA TOMASZ	3058	#BIEGAMWOLNOALED OKŁADNIE	OBORNIKI ŚLĄSKIE	POL	MASTERS M - 40	130	M 286	00:00:52	02:21:43	06:30:38	13:17:22	19:47:59	22:31:07.10	22:31:07.10	12:16	4.9
359	LEWICKA BOŻENA	3168		KĘTY	POL	WETERAN II K - 60	1	K 74	00:00:36	02:43:53	07:33:59	13:51:26	20:08:41	22:32:02.20	22:32:02.20	12:17	4.9
360	MATYSZKOWICZ JANUSZ	3071		KĘTY	POL	WETERAN II M - 60	5	M 287	00:00:36	02:43:52	07:34:00	13:51:26	20:08:02	22:32:03.15	22:32:03.15	12:17	4.9
361	RZESZOT ŁUKASZ	3379	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ.	CMIŃSK	POL	SENIOR II M - 30	96	M 288	00:00:39	02:26:33	06:20:29	13:39:24	20:54:03	22:35:05.20	22:35:05.20	12:19	4.9
362	HACZKIEWICZ BARTOSZ	3447	HOLIMO	STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	97	M 289	00:00:09	02:35:33	07:28:42	13:43:08	20:04:05	22:35:34.95	22:35:34.95	12:19	4.9
363	BEDNARSKA KAŚKA	3380	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	MASTERS K - 40	42	K 75	00:00:39	02:30:02	06:43:01	13:39:22	20:54:03	22:38:28.30	22:38:28.30	12:20	4.9
364	SZURKOWSKI MICHAŁ	3410	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	98	M 290	00:00:40	02:25:49	07:01:57	14:27:16	20:43:04	22:50:57.75	22:50:57.75	12:27	4.8
365	ŻOŁYNIAK SZYMON	3036		SIERADZ	POL	MASTERS M - 40	131	M 291	00:00:10	02:15:51	06:31:00	13:05:34	20:08:14	22:51:01.15	22:51:01.15	12:27	4.8
366	ŁASKAWSKA JUSTYNA	3434		WARSZAWA	POL	MASTERS K - 40	43	K 76	00:00:10	02:15:53	06:31:01	13:05:33	20:08:05	22:51:12.15	22:51:12.15	12:27	4.8
367	CUPIAŁ DARIUSZ	3204	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN I M - 50	45	M 292	00:00:55	02:20:30	07:13:29	13:59:04	20:40:15	23:04:34.05	23:04:34.05	12:35	4.8
368	ŻABA JACEK	3137		GORZÓW WLKP.	POL	WETERAN I M - 50	46	M 293	00:00:33	02:31:50	07:26:20	13:44:22	20:35:28	23:11:49.05	23:11:49.05	12:39	4.7
369	OLECHNOWICZ MAGDA	3138	BBL GORZÓW	GORZÓW WLKP	POL	MASTERS K - 40	44	K 77	00:00:33	02:31:53	07:26:17	13:44:31	20:35:29	23:11:49.45	23:11:49.45	12:39	4.7
370	LUBIŃSKI MIKOŁAJ	3086	BIEGAM BO NIE LUBIE...	CZAPURY	POL	SENIOR II M - 30	99	M 294	00:00:26	02:08:11	06:03:05	12:59:53	20:27:39	23:16:02.25	23:16:02.25	12:41	4.7
371	ADAMSKI ŁUKASZ	3284	CAFFE DEL SUD/BIEGAM BO NIE LUBIE	ŚREM	POL	SENIOR II M - 30	100	M 295	00:00:26	02:08:09	06:03:03	12:59:55	20:27:41	23:16:02.60	23:16:02.60	12:41	4.7
372	MYRCIK PAWEŁ	3334		BORONÓW	POL	SENIOR II M - 30	101	M 296	00:00:47	02:56:03	08:27:28	15:12:15	21:11:16	23:16:09.15	23:16:09.15	12:41	4.7
373	SURDACKI JERZY	3107	DRUŻYNA SZPIKU	GRYFINO	POL	WETERAN I M - 50	47	M 297	00:00:53	02:38:50	07:31:49	14:25:21	21:13:18	23:17:48.80	23:17:48.80	12:42	4.7
374	STRZELEC TOMASZ	3208	KB HERMES GRZYFINO	GRYFINO	POL	MASTERS M - 40	132	M 298	00:00:53	02:38:46	07:32:18	14:25:23	21:13:21	23:17:52.90	23:17:52.90	12:42	4.7
375	FUNKA ANDRZEJ	3046	NKB CHYŻY	NOWY TOMYŚL	POL	WETERAN II M - 60	6	M 299	00:00:33	02:42:01	07:44:17	14:38:41	20:56:20	23:18:17.55	23:18:17.55	12:42	4.7
376	KAMIŃSKI TONASZ	3050		CHOJNÓW	POL	MASTERS M - 40	133	M 300	00:00:17	02:30:00	07:47:53	14:38:43	20:54:29	23:18:17.90	23:18:17.90	12:42	4.7
377	RESPONDEK DARIUSZ	3170		WROCLAW	POL	MASTERS M - 40	134	M 301	00:00:39	02:20:43	06:54:43	14:13:47	21:08:37	23:18:51.15	23:18:51.15	12:43	4.7
378	RUSINEK PIOTREK	3240		KOBYŁKA	POL	SENIOR II M - 30	102	M 302	00:00:47	02:26:21	07:13:30	14:37:20	21:12:29	23:19:32.10	23:19:32.10	12:43	4.7
379	GAWORECKI SŁAWOMIR	3116	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	MASTERS M - 40	135	M 303	00:00:23	02:26:33	07:23:17	14:52:03	21:12:30	23:20:16.15	23:20:16.15	12:43	4.7
380	GRAFENDER MICHAŁ	3203		CZAPURY	POL	MASTERS M - 40	136	M 304	00:00:37	02:31:46	07:32:31	14:54:38	20:58:11	23:20:59.60	23:20:59.60	12:44	4.7
381	TUREK PAWEŁ	3028		NOWA IWICZNA	POL	WETERAN I M - 50	48	M 305	00:00:48	02:39:11	07:31:03	14:37:13	20:48:33	23:21:10.90	23:21:10.90	12:44	4.7
382	PRZYBYŁA ADAM	3292	WOLFMOTO TEAM	ŁÓDŹ	POL	MASTERS M - 40	137	M 306	00:00:44	02:27:18	07:11:54	13:42:56	20:50:18	23:22:43.45	23:22:43.45	12:45	4.7
383	POPCZYK MAGDALENA	3021	BIEGOWA KUŹNIA	BĘDZIN	POL	SENIOR II K - 30	24	K 78	00:00:22	02:51:51	08:02:34	14:53:41	21:10:06	23:30:07.60	23:30:07.60	12:49	4.7
384	POŚPIECH ANNA	3462	BIEGOWA KUŹNIA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	25	K 79	00:00:21	02:51:54	08:02:35	14:53:41	21:10:06	23:30:07.70	23:30:07.70	12:49	4.7
385	BIAŁEK MIROSLAW	3085	WRONIECKI KLUB BIEGACZA / PANDA TEAM	WRONKI	POL	SENIOR II M - 30	103	M 307	00:00:18	02:16:44	06:44:53	13:10:30	20:46:42	23:32:22.15	23:32:22.15	12:50	4.7

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
386	HOFFMANN MARIUSZ	3254	WRONIECKI KLUB BIEGACZA	WRONKI	POL	WETERAN I M - 50	49	M 308	00:00:17	02:16:46	06:44:55	13:10:31	20:46:51	23:32:22.55	23:32:22.55	12:50	4.7
387	KRUPA DANIEL	3200		STARGARD	POL	MASTERS M - 40	138	M 309	00:00:36	02:45:52	07:37:50	14:20:45	21:16:14	23:39:30.50	23:39:30.50	12:54	4.6
388	RADOZYCKI RADEK	3201		SZCZECIN	POL	MASTERS M - 40	139	M 310	00:00:37	02:45:53	07:37:48	14:20:44	21:16:17	23:39:37.75	23:39:37.75	12:54	4.6
389	DOMINIAK-LESZCZYŃSKA ELŻBIETA	3422	LASY WAWERSKIE	WARSZAWA	POL	WETERAN II K - 60	2	K 80	00:00:28	03:12:20	08:47:33	15:38:35	21:26:53	23:49:29.20	23:49:29.20	12:59	4.6
390	WIŚNIEWSKI SŁAWOMIR	3285	KS LENIWIEC	KĘPNO	POL	SENIOR II M - 30	104	M 311	00:00:28	02:53:05	07:54:36	15:08:26	21:47:57	24:06:10.80	24:06:10.80	13:08	4.6
391	MRÓWCZYŃSKI TOMASZ	3207		SARBINOWO	POL	MASTERS M - 40	140	M 312	00:00:57	02:26:10	06:38:12	13:32:51	21:01:22	24:12:21.65	24:12:21.65	13:12	4.5
392	KURENDA RADOŚLAW	3265	KLUB BIEGACZA RTVEUROAGD	OPOLE	POL	SENIOR II M - 30	105	M 313	00:00:28	02:14:42	06:35:11	13:32:42	21:02:51	24:12:22.95	24:12:22.95	13:12	4.5
393	MALIGA KATARZYNA	3006		WROCŁAW	POL	MASTERS K - 40	45	K 81	00:00:41	02:39:15	07:31:05	15:06:34	21:51:20	24:14:21.05	24:14:21.05	13:13	4.5
394	KOPCZYŃSKA MARTA	3181	BIEGAJĄCE KREJZOLE	SWARZĘDZ	POL	SENIOR II K - 30	26	K 82	00:00:54	02:36:09	07:06:27	13:28:22	21:21:28	24:30:12.05	24:30:12.05	13:21	4.5
395	SZMANIA JAKUB	3179	HKT AZYMUT	SWARZĘDZ	POL	MASTERS M - 40	141	M 314	00:01:20	02:31:08	06:56:51	14:23:29	21:21:30	24:30:13.80	24:30:13.80	13:21	4.5
396	KUCHMECKI MACIEJ	3189		POZNAŃ	POL	SENIOR II M - 30	106	M 315	00:00:55	02:24:26	07:05:56	13:22:28	21:21:19	24:30:13.95	24:30:13.95	13:21	4.5
397	KANDORA PIOTR	3253	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	WETERAN I M - 50	50	M 316	00:00:35	02:32:11	07:23:50	14:19:59	21:51:17	24:31:41.90	24:31:41.90	13:22	4.5
398	KANDORA JOANNA	3252	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	46	K 83	00:00:35	02:32:13	07:23:49	14:19:59	21:51:16	24:31:42.15	24:31:42.15	13:22	4.5
399	DZIERGWA AGNIESZKA	3354	PRZEDWOJEWSKI TEAM	SIECHNICE	POL	SENIOR II K - 30	27	K 84	00:00:30	02:34:33	08:03:06	15:37:20	22:15:01	24:38:55.65	24:38:55.65	13:26	4.5
400	IWAŃCZUK ZBIGNIEW	3062		BRZEG	POL	WETERAN I M - 50	51	M 317	00:00:49	02:29:15	07:53:32	15:22:55	22:29:39	24:39:47.50	24:39:47.50	13:27	4.5
401	ZAMOJSKA IWONA	3216	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	47	K 85	00:00:35	02:34:21	07:47:53	15:27:55	22:14:44	24:44:31.20	24:44:31.20	13:29	4.4
402	DOWNAR-ZAPOLSKA LAURA	3003	@MD_RUN	WROCŁAW	POL	SENIOR I K - 20	1	K 86	00:00:29	02:34:32	08:03:10	15:37:22	22:18:02	24:48:23.25	24:48:23.25	13:31	4.4
403	DOWNAR-ZAPOLSKA RITA	3001	@MD_RUN	WROCŁAW	POL	MASTERS K - 40	48	K 87	00:00:31	02:34:38	08:03:11	15:37:30	22:18:06	24:48:23.55	24:48:23.55	13:31	4.4
404	DOWNAR-ZAPOLSKI BOLESŁAW	3002		WROCŁAW	POL	WETERAN I M - 50	52	M 318	00:00:30	02:34:34	08:03:08	15:37:24	22:18:08	24:48:25.75	24:48:25.75	13:31	4.4
405	CZECHOSKA MAGDALENA	3230	64 BATALION LEKKIEJ PIECHOTY	WARSZAWA	POL	MASTERS K - 40	49	K 88	00:00:44	02:35:30	07:28:35	14:54:45	22:29:17	25:06:18.65	25:06:18.65	13:41	4.4
406	KOBLAŃSKI TOMASZ	3022		LEGNICA	POL	MASTERS M - 40	142	M 319	00:00:51	02:23:16	07:00:33	15:49:01	22:44:18	25:11:40.70	25:11:40.70	13:44	4.4
407	BEDNARSKA-KOZIOŁ DANUTA	3052	NIENAWIDZĘ BUBICZA	ZIELEŃCICE	POL	MASTERS K - 40	50	K 89	00:00:50	02:59:27	08:53:39	16:39:43	22:50:08	25:11:48.35	25:11:48.35	13:44	4.4
408	GNIELKA DAWID	3372	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20	14	M 320	00:00:59	02:43:59	07:50:19	15:51:39	22:49:21	25:15:48.90	25:15:48.90	13:46	4.4
409	WALCZAK-WOJKOWSKA IWONA	3317		WARSZAWA	POL	WETERAN II K - 60	3	K 90	00:00:29	03:13:54	08:54:53	16:17:13	22:42:23	25:16:07.55	25:16:07.55	13:46	4.4
410	PIGŁA MICHAŁ	3303	SPORTOWY KAŻMIERZ	KIĄCZYN	POL	MASTERS M - 40	143	M 321	00:00:50	02:35:18	07:24:33	14:21:52	22:27:39	25:16:07.55	25:16:07.55	13:47	4.4
411	OWCZARCZAK MONIKA	3305	SPORTOWY KAŻMIERZ	POZNAŃ	POL	SENIOR II K - 30	28	K 91	00:00:49	02:35:27	07:24:32	14:22:08	22:27:38	25:16:56.65	25:16:56.65	13:47	4.4
412	KAŻMIERCZAK ALEKSANDRA	3199	SKORUPA TEAM	WOLA	POL	MASTERS K - 40	51	K 92	00:00:45	03:12:24	09:26:29	17:55:26	23:29:36	25:20:06.45	25:20:06.45	13:49	4.3
413	SCHLAPPA SEBASTIAN	3215	IZBICKO W BIEGU	IZBICKO	POL	MASTERS M - 40	144	M 322	00:00:29	02:35:48	07:28:38	15:17:55	22:58:47	25:20:40.10	25:20:40.10	13:49	4.3
414	SYPNIEWSKA HANNA	3218	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	GDYNIA	POL	WETERAN II K - 60	4	K 93	00:00:45	03:12:44	10:02:12	16:51:38	23:27:35	25:27:27.95	25:27:27.95	13:53	4.3
415	OBARSKA MAŁGORZATA	3124		STARACHOWICE	POL	WETERAN II K - 60	5	K 94	00:00:43	02:56:06	08:27:25	15:51:48	23:07:49	25:38:59.35	25:38:59.35	13:59	4.3
416	OBARSKI NORBERT	3125		KIELCE	POL	WETERAN II M - 60	7	M 323	00:00:43	02:55:35	08:27:26	15:51:38	23:07:47	25:38:59.65	25:38:59.65	13:59	4.3
417	ROSÓŁ ROMAN	3013	WYBIEGAĆ MARZENIA TEAM	POZNAŃ	POL	WETERAN I M - 50	53	M 324	00:00:19	02:36:25	07:47:50	16:39:42	23:30:29	25:48:04.15	25:48:04.15	14:04	4.3
418	NIZIOŁ MARIAN	3289		PIASECZNO	POL	WETERAN II M - 60	8	M 325	00:00:42	03:28:31	09:54:58	17:21:54	23:36:02	25:48:18.50	25:48:18.50	14:04	4.3
	ŁOPATYŃSKI IRENEUSZ	3286	REMA SPORT TEAM	ŁADEK ZDRÓJ	POL	WETERAN I M - 50			00:00:26	01:40:22	04:19:10	08:37:35	DNF	DNF	DNF	-	-
	PENIOWICZ JUSTYNA	3224	ASICS FRONTRUNNER POLAND	SUŁÓW	POL	SENIOR II K - 30			00:00:14	01:51:27	04:41:57	08:56:32	DNF	DNF	DNF	-	-
	PTASZYŃSKI WOJCIECH	3428		FROMBORK	POL	MASTERS M - 40			00:00:19	01:40:24	04:31:54	09:40:09	DNF	DNF	DNF	-	-
	WAGNER KRYSZTIAN	3383		BOBOWA	POL	SENIOR I M - 20			00:00:17	01:58:29	05:20:26	10:31:19	DNF	DNF	DNF	-	-
	MIRSKI JERZY	3268	WATAHA	KIEŁCZÓW	POL	SENIOR I M - 20			00:00:42	02:09:11	05:49:37	11:24:41	DNF	DNF	DNF	-	-
	POŁCZYŃSKI PAWEŁ	3037	STALOWA ŁYDA	CEREKWICA	POL	SENIOR II M - 30			00:00:52	02:10:24	05:52:55	11:30:19	DNF	DNF	DNF	-	-
	KOWAL SEBASTIAN	3301		RADOM	POL	SENIOR I M - 20			00:00:14	01:53:58	05:25:12	11:33:16	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
	CHROMIEC MATEUSZ	3300	MEGA BOYS	LEGIONOWO	POL	SENIOR II M - 30			00:00:15 DNF	01:55:42 DNF	05:40:49 DNF	11:46:14 DNF	DNF	DNF	DNF	-	-
	NOWACKI ADAM	3443	STG WARSZAWA	WARSZAWA	POL	SENIOR I M - 20			00:00:23 DNF	01:59:47 DNF	05:43:37 DNF	11:56:03 DNF	DNF	DNF	DNF	-	-
	DYCKOWSKI ANDRZEJ	3360	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:24 DNF	02:20:48 DNF	06:43:05 DNF	12:52:27 DNF	DNF	DNF	DNF	-	-
	WITLICKI KACPER	3025	KROŚNIENSKIE WYDARZENIA	KROSNO ODRZAŃSKIE	POL	SENIOR I M - 20			00:00:28 DNF	02:18:01 DNF	06:35:36 DNF	13:00:11 DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI PIOTR	3112	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:23 DNF	02:29:36 DNF	07:23:18 DNF	14:52:02 DNF	DNF	DNF	DNF	-	-
	SUŁEK ALDONA	3471	KLUB ZOELLER TECH	WEJHEROWO	POL	MASTERS K - 40			00:00:18 DNF	02:26:23 DNF	07:33:41 DNF	14:54:38 DNF	DNF	DNF	DNF	-	-
	SZUMLAS MARCIN	3352	ULTRA WAY TEAM	POŁCHOWO	POL	MASTERS M - 40			00:00:45 DNF	02:35:28 DNF	07:34:01 DNF	14:54:47 DNF	DNF	DNF	DNF	-	-
	POSYNIAK ANNA	3449	NIENAWIDZĘ BUBICZA	BRZEG	POL	MASTERS K - 40			00:00:50 DNF	02:59:29 DNF	08:53:41 DNF	17:55:26 DNF	DNF	DNF	DNF	-	-
	KŁOS ANETA	3359		POZNAŃ	POL	MASTERS K - 40			00:00:45 DNF	03:12:29 DNF	09:26:31 DNF	17:55:37 DNF	DNF	DNF	DNF	-	-
	WAŚKO PAWEŁ	3082	CENTRUM MASAŻU	BIELSKO-BIAŁA	POL	MASTERS M - 40			00:00:01 DNF	01:27:07 DNF	04:23:01 DNF	DNF	DNF	DNF	DNF	-	-
	GAWLIK SŁAWEK	3366	DYNAFIT POLARSPORT.PL	KRAKÓW	POL	SENIOR II M - 30			00:00:01 DNF	01:27:18 DNF	04:23:58 DNF	DNF	DNF	DNF	DNF	-	-
	BANAŚ RADOSŁAW	3355	IZERY BOGATYNIA	CIEPŁOWODY	POL	MASTERS M - 40			00:00:11 DNF	01:40:00 DNF	04:29:43 DNF	DNF	DNF	DNF	DNF	-	-
	ZBORUCKI JAN	3068	PRZEDWOJEWSKI TEAM	KRAKOW	POL	SENIOR II M - 30			00:00:04 DNF	01:39:39 DNF	04:43:54 DNF	DNF	DNF	DNF	DNF	-	-
	RŹIČKA LUKÁŠ	3385	RUNSPORT TEAM	JAVORNICE	CZE	SENIOR II M - 30			00:00:18 DNF	01:51:55 DNF	05:03:28 DNF	DNF	DNF	DNF	DNF	-	-
	STRUK AGNIESZKA	3066	W POGONI ZA DUCHEM	BĘDZIN	POL	SENIOR II K - 30			00:00:05 DNF	02:01:29 DNF	05:29:31 DNF	DNF	DNF	DNF	DNF	-	-
	JAKIMIEC TADEUSZ	3423	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	WETERAN I M - 50			00:00:05 DNF	01:51:00 DNF	05:37:09 DNF	DNF	DNF	DNF	DNF	-	-
	MISZTAL TOMASZ	3150	WIELISZEW HERON TEAM	WIELISZEW	POL	SENIOR II M - 30			00:00:05 DNF	01:46:56 DNF	05:43:01 DNF	DNF	DNF	DNF	DNF	-	-
	WALKOWIAK JACEK	3484	SPORT2002.PL	ZIELONA GÓRA	AFG	WETERAN I M - 50			00:00:11 DNF	02:04:54 DNF	05:59:01 DNF	DNF	DNF	DNF	DNF	-	-
	WÓJCIK ARTUR	3250	W POGONI ZA DUCHEM	DOBROWA GORNICZA PRUDNIK	POL	MASTERS M - 40			00:00:06 DNF	01:58:23 DNF	06:09:10 DNF	DNF	DNF	DNF	DNF	-	-
	WIERZBICKI MATEUSZ	3472		PRUDNIK	POL	SENIOR II M - 30			00:00:25 DNF	02:02:00 DNF	06:09:37 DNF	DNF	DNF	DNF	DNF	-	-
	GRUNDKOWSKI OSKAR	3089		SOLEC KUJAWSKI	POL	SENIOR I M - 20			00:00:04 DNF	02:00:34 DNF	06:24:43 DNF	DNF	DNF	DNF	DNF	-	-
	BARTKIEWICZ LECH	3117		ZIELONA GÓRA	POL	MASTERS M - 40			00:00:12 DNF	02:09:01 DNF	07:02:23 DNF	DNF	DNF	DNF	DNF	-	-
	KULA SEBASTIAN	3148		SYCÓW	POL	MASTERS M - 40			00:00:45 DNF	02:25:56 DNF	07:19:53 DNF	DNF	DNF	DNF	DNF	-	-
	KRAJEWSKA-KŁODA KATARZYNA	3092	DRUŻYNA SZPIKU	CZAPURY	POL	MASTERS K - 40			00:00:53 DNF	02:43:55 DNF	07:28:04 DNF	DNF	DNF	DNF	DNF	-	-
	KOCHOWICZ FILIP	3007	WLKP MOUNTAINS ULTRA	CZAPURY	POL	SENIOR II M - 30			00:00:36 DNF	02:31:44 DNF	07:32:32 DNF	DNF	DNF	DNF	DNF	-	-
	BUBEL SEBASTIAN	3333		TWARDOWICE	POL	MASTERS M - 40			00:00:47 DNF	02:56:08 DNF	08:54:55 DNF	DNF	DNF	DNF	DNF	-	-
	JAZY SZYMON	3234		POZNAŃ	POL	SENIOR II M - 30			00:00:29 DNF	02:30:17 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIOTROWSKI KAROL	3161	ŁOCHOWO I OKOLICE BIEGAJĄ	DRZEWCZE	POL	SENIOR II M - 30			00:00:25 DNF	02:30:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRANZ GRZEGORZ	3390		CZAPURY	POL	WETERAN I M - 50			00:00:53 DNF	02:31:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
	BĄDZIUL DOROTA	3482		RZESZÓW	POL	SENIOR II K - 30			00:00:48 DNF	03:05:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TEJWAN LESZEK	3452	STG WARSZAWA	WARSZAWA	POL	MASTERS M - 40			00:00:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIAZEK ŁUKASZ	3067		SOCHACZEW	POL	MASTERS M - 40			00:00:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN Kobiet

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	BERNAT KATARZYNA	3177	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN K - 50	1	K 1	00:00:02	01:40:43	04:23:44	08:14:17	11:53:49	13:13:25.10	13:13:25.10	7:12	8.3
2	IWAŃCÍÓW KATARZYNA	3160		DZIERŻONIÓW	POL	SENIOR II K - 30	1	K 2	00:00:04	01:48:01	04:42:08	08:58:08	12:30:40	13:51:54.10	13:51:54.10	7:33	7.9
3	BEDNAREK ANNA	3436	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	SENIOR II K - 30	2	K 3	00:00:05	01:48:23	04:47:56	09:16:44	13:04:15	14:32:46.70	14:32:46.70	7:56	7.6
4	MARCINKOWSKA-CHOLEWA KATARZYNA	3468	GÓRAL Z MAZUR RUNNING TEAM	OSTROŁĘKA	POL	MASTERS K - 40	1	K 4	00:00:07	01:57:59	05:21:01	09:42:34	13:18:32	14:40:38.45	14:40:38.45	8:00	7.5
5	RZEŹNICZEK ANNA	3433	STOWARZYSZENIE DZIAŁAMY RAZEM	KOWALEWO POMORSKIE	POL	SENIOR II K - 30	3	K 5	00:00:19	01:52:25	04:58:52	09:16:43	13:17:32	14:45:14.95	14:45:14.95	8:02	7.5
6	MELLER JOANNA	3391	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS K - 40	2	K 6	00:00:07	01:57:54	05:15:22	09:44:29	13:33:56	14:59:40.80	14:59:40.80	8:10	7.3
7	KONIECZNA PAULINA	3396	CH10	CHOSZCZNO	POL	SENIOR II K - 30	4	K 7	00:00:28	01:53:53	05:00:48	09:37:37	13:43:00	15:16:28.20	15:16:28.20	8:19	7.2
8	KOZŁOWSKA IWONA	3129	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS K - 40	3	K 8	00:00:08	01:58:26	05:13:32	09:48:23	13:51:37	15:24:11.30	15:24:11.30	8:24	7.1
9	KWIATEK AGNIESZKA	3461		ORZESZE	POL	SENIOR II K - 30	5	K 9	00:00:16	01:55:54	05:14:12	09:47:12	14:03:16	15:43:27.05	15:43:27.05	8:34	7
10	LUTOMSKA DOROTA	3010	OFIX.PL BIKE TEAM	OBORNIKI	POL	MASTERS K - 40	4	K 10	00:00:07	01:53:22	05:22:31	09:42:32	14:39:35	16:11:41.90	16:11:41.90	8:50	6.8
11	ŁYCZKO ANNA	3087	PODIUM	STOBIERNA	POL	SENIOR II K - 30	6	K 11	00:00:11	02:08:54	05:44:15	10:27:47	14:50:50	16:23:47.20	16:23:47.20	8:56	6.7
12	KINOWSKA KATARZYNA	3238	GRUPA BIEGOWA 65	GDAŃSK	POL	MASTERS K - 40	5	K 12	00:00:20	02:05:11	05:24:19	10:01:56	14:52:39	16:42:24.10	16:42:24.10	9:06	6.6
13	KANDEFER BEATA	3195	KB „ATHLETIC” ZRĘCIN	KORCZYNA	POL	WETERAN K - 50	2	K 13	00:00:15	02:01:31	05:33:25	10:41:55	15:11:51	16:51:13.35	16:51:13.35	9:11	6.5
14	KUBICKA MAGDALENA	3389		FLORENTYNÓW	POL	MASTERS K - 40	6	K 14	00:00:43	02:20:28	05:55:31	11:00:23	15:22:27	16:57:35.75	16:57:35.75	9:15	6.5
15	HACHOŁ JUSTYNA	3004		WROCŁAW	POL	MASTERS K - 40	7	K 15	00:00:18	02:04:11	05:42:54	10:38:49	15:22:06	16:59:50.85	16:59:50.85	9:16	6.5
16	HELLER KARINA	3258	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	8	K 16	00:00:32	02:11:48	05:56:07	11:00:22	15:28:24	17:05:26.50	17:05:26.50	9:19	6.4
17	DRAGANEK EWELINA	3387		WROCŁAW	POL	MASTERS K - 40	9	K 17	00:00:27	02:00:28	05:33:36	10:40:35	15:28:42	17:11:42.40	17:11:42.40	9:22	6.4
18	PAUL VIOLETTA	3219	BIEGAMY W GÓRACH	GLIWICE	POL	MASTERS K - 40	10	K 18	00:00:29	02:09:10	05:46:01	10:33:58	15:22:44	17:13:13.40	17:13:13.40	9:23	6.4
19	KOSTERA KATARZYNA	3335	VEGE RUNNERS	WARSZAWA	POL	MASTERS K - 40	11	K 19	00:00:09	02:09:20	06:02:20	11:01:00	15:49:22	17:26:13.05	17:26:13.05	9:30	6.3
20	KONS KATARZYNA	3105		KRAKÓW	POL	SENIOR II K - 30	7	K 20	00:00:27	02:17:20	06:04:14	11:29:15	15:57:21	17:35:18.50	17:35:18.50	9:35	6.3
21	PIETRZAK AGNIESZKA	3294	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS K - 40	12	K 21	00:00:37	02:17:05	06:22:00	11:29:12	16:00:11	17:37:26.05	17:37:26.05	9:36	6.2
22	WALASZCZYK ANNA	3266		GLIWICE	POL	MASTERS K - 40	13	K 22	00:00:10	02:05:02	05:51:23	10:44:33	15:53:59	17:39:05.15	17:39:05.15	9:37	6.2
23	SMIESZKOŁ BRYKOWSKA SONIA	3244		KIELCZA	POL	MASTERS K - 40	14	K 23	00:00:10	02:05:03	05:51:24	10:44:34	15:53:59	17:39:05.35	17:39:05.35	9:37	6.2
24	SMOLAK AGATA	3133		WOLSZTYN	POL	MASTERS K - 40	15	K 24	00:00:31	02:14:18	06:02:28	11:15:15	16:02:36	17:42:47.65	17:42:47.65	9:39	6.2
25	GRZELAK JUSTYNA	3486	MARATON LESZNO	LESZNO	POL	MASTERS K - 40	16	K 25	00:00:32	02:24:31	06:13:14	11:29:16	16:17:23	17:50:51.55	17:50:51.55	9:44	6.2
26	SZNAJDER JOANNA	3088		GŁUCHOŁAZY	POL	MASTERS K - 40	17	K 26	00:00:25	02:06:58	05:59:20	11:00:16	15:58:00	17:51:59.85	17:51:59.85	9:44	6.2
27	GRYCMAN MAGDALENA	3440	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	18	K 27	00:00:23	02:06:10	06:10:01	11:16:33	16:13:48	17:56:23.75	17:56:23.75	9:47	6.1
28	ANDRZEJCZUK MARZENA	3398		WROCŁAW	POL	MASTERS K - 40	19	K 28	00:00:17	02:05:57	05:50:44	11:12:58	16:33:14	18:16:54.75	18:16:54.75	9:58	6
29	PASIEKA AGNIESZKA	3072	KB ATHLETIC ZRĘCIN	KROSNO	POL	MASTERS K - 40	20	K 29	00:00:09	02:09:40	06:05:07	11:42:19	16:44:27	18:19:07.45	18:19:07.45	9:59	6
30	WITUSIK DOROTA	3450		JASŁO	POL	MASTERS K - 40	21	K 30	00:00:09	02:09:44	06:05:08	11:42:19	16:44:28	18:19:07.75	18:19:07.75	9:59	6
31	BIENCZAK ZUZANNA	3295	ASICS FRONTRUNNER POLAND	WARSZAWA	POL	SENIOR II K - 30	8	K 31	00:00:14	02:00:03	05:46:48	11:18:16	16:33:45	18:22:36.75	18:22:36.75	10:01	6
32	KARCZ ANNA	3475		BYDGOSZCZ	POL	SENIOR II K - 30	9	K 32	00:00:24	02:00:33	05:52:40	11:14:49	16:40:55	18:27:52.50	18:27:52.50	10:04	6
33	RAFA ASIA	3280	RUNNERS TEAM NYSA	OPOLE	POL	MASTERS K - 40	22	K 33	00:00:25	02:22:27	06:21:54	11:44:37	16:41:53	18:41:57.05	18:41:57.05	10:11	5.9
34	PAWLIK JOANNA	3054		POZNAŃ	POL	SENIOR II K - 30	10	K 34	00:00:29	02:15:13	06:19:43	11:37:58	16:54:07	18:46:30.65	18:46:30.65	10:14	5.9
35	GOKIERT-SKRENTNA JUSTYNA	3047	GÓRSKIE KOZICE	ZŁOTÓW	POL	MASTERS K - 40	23	K 35	00:00:18	02:05:25	05:48:32	11:15:17	16:43:37	18:54:08.80	18:54:08.80	10:18	5.8
36	PIGUŁA DARIA	3435	CARBON SILESIA SPORT	CZELADŹ	POL	MASTERS K - 40	24	K 36	00:00:30	02:13:57	06:11:31	11:53:43	17:11:48	18:59:37.55	18:59:37.55	10:21	5.8
37	BOGUCA ZUZANNA	3296		POZNAŃ	POL	SENIOR II K - 30	11	K 37	00:00:42	02:25:28	06:46:22	12:18:13	17:13:22	19:00:46.20	19:00:46.20	10:22	5.8

BIEG K-B-L - 110 KM, OPEN Kobiet c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
38	STRAMOWSKA-JARCZEWSKA SANDRA	3451	MONSTER CROSS TEAM WOŁCZYN	WOŁCZYN	POL	SENIOR II K - 30	12	K 38	00:00:13	02:06:22	06:03:03	11:55:47	17:27:40	19:14:19.15	19:14:19.15	10:29	5.7
39	OLSCHIMKE-MARMUROWICZ BARBARA	3151	ZALOGA GÓRSKA	KATOWICE	POL	MASTERS K - 40	25	K 39	00:00:42	02:24:28	06:31:35	12:21:10	17:37:14	19:15:24.90	19:15:24.90	10:30	5.7
40	POPCZYK EWELINA	3388	HEALTHY BODY ŻELAZNY&ŻELAZNY	SOSNOWIEC	POL	MASTERS K - 40	26	K 40	00:00:31	02:16:47	06:18:30	11:53:44	17:48:01	19:20:37.70	19:20:37.70	10:33	5.7
41	KIERZEK EWA	3093	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	AFG	MASTERS K - 40	27	K 41	00:00:43	02:26:49	06:31:33	12:18:57	17:00:09	19:26:37.30	19:26:37.30	10:36	5.7
42	CIPORA KATARZYNA	3377	K&M TEAM	WROCLAW	POL	MASTERS K - 40	28	K 42	00:00:11	02:35:17	06:50:57	12:10:10	17:42:31	19:35:18.55	19:35:18.55	10:41	5.6
43	ŚWIĘTONIOWSKA JUSTYNA	3016	PODIUM	RZESZÓW	POL	MASTERS K - 40	29	K 43	00:00:11	02:18:35	06:27:30	12:06:48	17:46:03	19:36:29.35	19:36:29.35	10:41	5.6
44	WÓJCIAK EWELINA	3393	WARRIORS ŁÓDŹ	RAWA MAZOWIECKA	POL	SENIOR II K - 30	13	K 44	00:00:46	02:26:01	06:30:02	11:44:38	17:26:51	19:37:46.55	19:37:46.55	10:42	5.6
45	RYCHEL-MANTUR DOMINIKA	3018		KATOWICE	POL	SENIOR II K - 30	14	K 45	00:00:48	02:06:02	05:54:41	11:36:21	17:26:26	19:43:06.90	19:43:06.90	10:45	5.6
46	SUT IWONA	3248		GŁOWNO	POL	MASTERS K - 40	30	K 46	00:00:46	02:31:17	06:59:43	12:36:57	17:56:00	19:45:36.00	19:45:36.00	10:46	5.6
47	ROŹNIATA IWONA	3467	SNG WILD DUCKS	GŁOWNO	POL	MASTERS K - 40	31	K 47	00:00:46	02:31:23	06:59:42	12:36:57	17:55:44	19:45:36.50	19:45:36.50	10:46	5.6
48	WOSZTYL ALICJA	3043	FOR-REST-RUN	KOSZALIN	POL	SENIOR II K - 30	15	K 48	00:00:19	02:04:32	05:47:11	11:37:58	17:49:05	19:51:55.80	19:51:55.80	10:50	5.5
49	MILEJSKA JOANNA	3279	BBL OPOLE	OPOLE	POL	MASTERS K - 40	32	K 49	00:00:35	02:29:03	06:33:50	12:29:03	17:54:05	19:52:19.35	19:52:19.35	10:50	5.5
50	ZAWADZKA MARZENA	3070		PILA	POL	WETERAN K - 50	3	K 50	00:00:13	02:26:01	06:53:57	12:38:10	17:52:44	19:52:52.05	19:52:52.05	10:50	5.5
51	STAJNIAK-STELIGA IZABELA	3313	OBORYGENI	WILCZYN	POL	MASTERS K - 40	33	K 51	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	10:53	5.5
52	BUJALSKA AGATA	3172		WARSZAWA	POL	SENIOR II K - 30	16	K 52	00:00:21	02:18:19	06:14:18	12:10:04	18:13:34	20:07:40.45	20:07:40.45	10:58	5.5
53	SMYKOWSKA MAGDALENA	3198	RYKOWISKOTEAM	PŁOCK	POL	SENIOR II K - 30	17	K 53	00:00:24	01:58:27	06:52:16	13:16:39	18:28:46	20:22:03.65	20:22:03.65	11:06	5.4
54	ZACHARIASZ AGNIESZKA	3282	BIEGOWA KUŹNIA	GRÓDKÓW	POL	SENIOR II K - 30	18	K 54	00:00:22	02:21:57	06:43:06	12:42:19	18:42:45	20:37:00.55	20:37:00.55	11:14	5.3
55	ŻÓŁDAK MAGDALENA	3225	#BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	34	K 55	00:00:27	02:23:12	06:31:39	12:11:24	18:26:15	20:37:49.65	20:37:49.65	11:15	5.3
56	TOMASZEWSKA EWA	3039		OPOLE	POL	MASTERS K - 40	35	K 56	00:00:31	02:24:17	06:27:25	12:38:08	18:46:25	20:45:45.55	20:45:45.55	11:19	5.3
57	KWIATKOWSKA ZUZANNA	3109	RNB TEAM POLANICA ZDRÓJ	SZCZYTNA	POL	MASTERS K - 40	36	K 57	00:00:44	02:20:37	07:00:02	12:54:01	18:59:06	20:46:48.50	20:46:48.50	11:20	5.3
58	MAGOCZY JUSTYNA	3069		KRAKOW	POL	SENIOR II K - 30	19	K 58	00:00:15	02:33:39	06:47:35	13:11:21	18:35:52	20:50:39.70	20:50:39.70	11:22	5.3
59	BARANIAK BEATA	3136	DRUŻYNA SZPIKU	DASZEWICE	POL	MASTERS K - 40	37	K 59	00:00:53	02:43:54	07:28:04	13:07:08	18:57:12	20:54:28.55	20:54:28.55	11:24	5.3
60	WSUŁ MONIA	3415		POZNAŃ	POL	MASTERS K - 40	38	K 60	00:00:28	02:01:49	05:34:39	12:15:41	18:26:44	20:55:00.35	20:55:00.35	11:24	5.3
61	LENART JOANNA	3111	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	WETERAN K - 50	4	K 61	00:00:08	02:09:05	06:06:48	13:08:39	19:03:37	21:08:27.15	21:08:27.15	11:31	5.2
62	FRYBES AGNIESZKA	3079		GIZYCKO	POL	SENIOR II K - 30	20	K 62	00:00:40	02:25:53	07:01:55	14:27:16	19:34:56	21:14:39.65	21:14:39.65	11:35	5.2
63	KROLS HILDE	3406	HAMOK	MOL	BEL	WETERAN K - 50	5	K 63	00:00:39	02:23:44	07:03:30	13:24:04	19:23:48	21:27:08.90	21:27:08.90	11:42	5.1
64	PACZUSZKA ANNA	3220	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	SENIOR II K - 30	21	K 64	00:00:20	02:11:58	06:57:40	13:23:18	19:25:45	21:29:03.95	21:29:03.95	11:43	5.1
65	CIOSEK BEATA	3329	AUGUSTEAM	CHORZÓW	POL	WETERAN K - 50	6	K 65	00:00:37	02:19:21	06:27:27	12:56:18	18:48:46	21:38:32.10	21:38:32.10	11:48	5.1
66	JAKÓBCZYK EWELINA	3454		GORZÓW WLKP.	POL	SENIOR II K - 30	22	K 66	00:00:51	02:16:03	06:37:15	12:24:14	19:26:07	21:48:06.95	21:48:06.95	11:53	5
67	OWCZARZAK KATARZYNA	3277	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II K - 30	23	K 67	00:00:35	02:25:58	07:03:28	13:14:27	19:35:32	21:56:46.00	21:56:46.00	11:58	5
68	SAMBORSKA MONIKA	3027	KBKS RADOMSKO	OPOLE	POL	MASTERS K - 40	39	K 68	00:00:32	02:24:37	06:36:05	12:38:00	19:28:35	22:06:38.20	22:06:38.20	12:03	5
69	ROGUT KATARZYNA	3382	AGB TORFY	RABIEŃ AB	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:58	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	12:06	5
70	ZIMINSKA JOANNA	3384	HAPPYRUNNERS	ŁÓDŹ	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:56	07:25:16	13:42:33	19:59:45	22:12:39.85	22:12:39.85	12:06	5
71	KOPKA ELŻBIETA	3381		KOLONIA BRUŻYCA	POL	MASTERS K - 40	40	K 71	00:00:41	02:34:55	07:25:15	13:42:41	20:00:13	22:12:40.15	22:12:40.15	12:06	5
72	PIEKAROWICZ MAGDALENA	3357		PRACE DUŻE	POL	WETERAN K - 50	9	K 72	00:00:27	02:33:00	07:27:50	14:03:48	20:13:48	22:29:43.95	22:29:43.95	12:16	4.9
73	KLUZA-HOWIL LILA	3153	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS K - 40	41	K 73	00:00:34	02:25:59	07:21:36	13:52:12	20:02:00	22:30:53.65	22:30:53.65	12:16	4.9
74	LEWICKA BOŻENA	3168	GONIMY	KĘTY	POL	WETERAN II K - 60	1	K 74	00:00:36	02:43:53	07:33:59	13:51:26	20:08:41	22:32:02.20	22:32:02.20	12:17	4.9
75	BEDNARSKA KAŚKA	3380	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	MASTERS K - 40	42	K 75	00:00:39	02:30:02	06:43:01	13:39:22	20:54:03	22:38:28.30	22:38:28.30	12:20	4.9
76	ŁASKAWSKA JUSTYNA	3434		WARSZAWA	POL	MASTERS K - 40	43	K 76	00:00:10	02:15:53	06:31:01	13:05:33	20:08:05	22:51:12.15	22:51:12.15	12:27	4.8
77	OLECHNOWICZ MAGDA	3138	BBL GORZÓW	GORZÓW WLKP	POL	MASTERS K - 40	44	K 77	00:00:33	02:31:53	07:26:17	13:44:31	20:35:29	23:11:49.45	23:11:49.45	12:39	4.7
78	POPCZYK MAGDALENA	3021	BIEGOWA KUŹNIA	BĘDZIN	POL	SENIOR II K - 30	24	K 78	00:00:22	02:51:51	08:02:34	14:53:41	21:10:06	23:30:07.60	23:30:07.60	12:49	4.7
79	POŚPIECH ANNA	3462	BIEGOWA KUŹNIA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	25	K 79	00:00:21	02:51:54	08:02:35	14:53:41	21:10:06	23:30:07.70	23:30:07.70	12:49	4.7
80	DOMINIAK-LESZCZYŃSKA ELŻBIETA	3422	LASY WAWERSKIE	WARSZAWA	POL	WETERAN II K - 60	2	K 80	00:00:28	03:12:20	08:47:33	15:38:35	21:26:53	23:49:29.20	23:49:29.20	12:59	4.6
81	MALIGA KATARZYNA	3006		WROCLAW	POL	MASTERS K - 40	45	K 81	00:00:41	02:39:15	07:31:05	15:06:34	21:51:20	24:14:21.05	24:14:21.05	13:13	4.5
82	KOPCZYŃSKA MARTA	3181	BIEGAJĄCE KREJZOLE	SWARZĘDZ	POL	SENIOR II K - 30	26	K 82	00:00:54	02:36:09	07:06:27	13:28:22	21:21:28	24:30:12.05	24:30:12.05	13:21	4.5
83	KANDORA JOANNA	3252	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	46	K 83	00:00:35	02:32:13	07:23:49	14:19:59	21:51:16	24:31:42.15	24:31:42.15	13:22	4.5

BIEG K-B-L - 110 KM, OPEN KOBIEC c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
84	DZIERGWA AGNIESZKA	3354	PRZEDWOJEWSKI TEAM	SIECHNICE	POL	SENIOR II K - 30	27	K 84	00:00:30	02:34:33	08:03:06	15:37:20	22:15:01	24:38:55.65	24:38:55.65	13:26	4.5
85	ZAMOJSKA IWONA	3216	MIECHOWICKA GRUPA BUEGOWA	BYTOM	POL	MASTERS K - 40	47	K 85	00:00:35	02:34:21	07:47:53	15:27:55	22:14:44	24:44:31.20	24:44:31.20	13:29	4.4
86	DOWNAR-ZAPOLSKA LAURA	3003	@MD_RUN	WROCLAW	POL	SENIOR I K - 20	1	K 86	00:00:29	02:34:32	08:03:10	15:37:22	22:18:02	24:48:23.25	24:48:23.25	13:31	4.4
87	DOWNAR-ZAPOLSKA RITA	3001	@MD_RUN	WROCLAW	POL	MASTERS K - 40	48	K 87	00:00:31	02:34:38	08:03:11	15:37:30	22:18:06	24:48:23.55	24:48:23.55	13:31	4.4
88	CZECHOSKA MAGDALENA	3230	64 BATALION LEKKIEJ PIECHOTY	WARSZAWA	POL	MASTERS K - 40	49	K 88	00:00:44	02:35:30	07:28:35	14:54:45	22:29:17	25:06:18.65	25:06:18.65	13:41	4.4
89	BEDNARSKA-KOZIOŁ DANUTA	3052	NIENAWIDZĘ BUBICZA	ZIELEĆCICE	POL	MASTERS K - 40	50	K 89	00:00:50	02:59:27	08:53:39	16:39:43	22:50:08	25:11:48.35	25:11:48.35	13:44	4.4
90	WALCZAK-WOJTKOWSKA IWONA	3317		WARSZAWA	POL	WETERAN II K - 60	3	K 90	00:00:29	03:13:54	08:54:53	16:17:13	22:42:23	25:16:07.55	25:16:07.55	13:46	4.4
91	OWCZARCZAK MONIKA	3305	SPORTOWY KAŻMIERZ	POZNAŃ	POL	SENIOR II K - 30	28	K 91	00:00:49	02:35:27	07:24:32	14:22:08	22:27:38	25:16:56.65	25:16:56.65	13:47	4.4
92	KAŻMIERCZAK ALEKSANDRA	3199	SKORUPA TEAM	WOLA	POL	MASTERS K - 40	51	K 92	00:00:45	03:12:24	09:26:29	17:55:26	23:29:36	25:20:06.45	25:20:06.45	13:49	4.3
93	SYPNIEWSKA HANNA	3218	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	GDYNIA	POL	WETERAN II K - 60	4	K 93	00:00:45	03:12:44	10:02:12	16:51:38	23:27:35	25:27:27.95	25:27:27.95	13:53	4.3
94	OBARSKA MAŁGORZATA	3124		STARACHOWICE	POL	WETERAN II K - 60	5	K 94	00:00:43	02:56:06	08:27:25	15:51:48	23:07:49	25:38:59.35	25:38:59.35	13:59	4.3
	PENIOWICZ JUSTYNA	3224	ASICS FRONTRUNNER POLAND	SUŁÓW	POL	SENIOR II K - 30			00:00:14	01:51:27	04:41:57	08:56:32	DNF	DNF	DNF	-	-
	SULEK ALDONA	3471	KLUB ZOELLER TECH	WEJHEROWO	POL	MASTERS K - 40			00:00:18	02:26:23	07:33:41	14:54:38	DNF	DNF	DNF	-	-
	POSYNIAK ANNA	3449	NIENAWIDZĘ BUBICZA	BRZEG	POL	MASTERS K - 40			00:00:50	02:59:29	08:53:41	17:55:26	DNF	DNF	DNF	-	-
	KŁOS ANETA	3359		POZNAŃ	POL	MASTERS K - 40			00:00:45	03:12:29	09:26:31	17:55:37	DNF	DNF	DNF	-	-
	STRUK AGNIESZKA	3066	W POGONI ZA DUCHEM	BĘDZIN	POL	SENIOR II K - 30			00:00:05	02:01:29	05:29:31	DNF	DNF	DNF	DNF	-	-
	KRAJEWSKA-KŁODA KATARZYNA	3092	DRUŻYNA SZPIKU	CZAPURY	POL	MASTERS K - 40			00:00:53	02:43:55	07:28:04	DNF	DNF	DNF	DNF	-	-
	BĄDZIUL DOROTA	3482		RZESZÓW	POL	SENIOR II K - 30			00:00:48	03:05:37	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior I K - 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	DOWNAR-ZAPOLSKA LAURA	3003	@MD_RUN	WROCLAW	POL	SENIOR I K - 20	1	K 86	00:00:29	02:34:32	08:03:10	15:37:22	22:18:02	24:48:23.25	24:48:23.25	13:31	4.4

BIEG K-B-L - 110 KM, Senior I M - 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	NEHRING KAROL	3051	BREAKING3	SULEJÓWEK	POL	SENIOR I M - 20	1	M 1	00:00:03	01:22:34	03:44:14	07:06:18	10:12:13	11:18:16.50	11:18:16.50	6:09	9.7
2	KRÓL ADRIAN	3448		SIEPRAW	POL	SENIOR I M - 20	2	M 7	00:00:02	01:32:09	04:07:47	07:48:52	11:03:38	12:15:18.60	12:15:18.60	6:41	9
3	PODLEŚ RAFAŁ	3309	SPYROSOFT SYNERGY	SZCZECIN	POL	SENIOR I M - 20	3	M 38	00:00:06	01:43:54	04:47:42	08:52:43	12:56:27	14:24:45.50	14:24:45.50	7:51	7.6
4	JEZIORSKI WOJCIECH	3259	MALUTKA ŻMERYNKA	GOLENIOW	POL	SENIOR I M - 20	4	M 85	00:00:37	01:48:52	05:01:03	09:46:50	14:20:43	15:48:53.50	15:48:53.50	8:37	7
5	BUCZKOWSKI KRZYSZTOF	3271		POZNAŃ	POL	SENIOR I M - 20	5	M 89	00:00:16	01:54:30	05:01:24	09:39:10	14:12:55	15:55:04.25	15:55:04.25	8:40	6.9
6	POLACZEK DANIEL	3131	IZBICKO W BIEGU	OTMICE	POL	SENIOR I M - 20	6	M 95	00:00:28	01:58:24	05:19:22	10:32:13	14:36:16	16:08:04.85	16:08:04.85	8:48	6.8
7	HRONOWSKI KAMIL	3487	BLACK HAT TEAM	OKOCIM	POL	SENIOR I M - 20	7	M 97	00:00:39	02:03:46	05:21:04	10:14:56	14:45:42	16:15:02.05	16:15:02.05	8:51	6.8
8	KRÓLAK KRYSZTOF	3374	#TEAMKRÓLAK	POBIEZISKA	POL	SENIOR I M - 20	8	M 156	00:00:55	02:11:53	05:52:48	11:11:14	16:09:46	17:58:17.65	17:58:17.65	9:48	6.1
9	HORŁUKOWICZ KAMIL	3483	KPP ŚWIDNICA	ŚWIDNICA	POL	SENIOR I M - 20	9	M 158	00:00:08	01:57:56	05:47:49	11:26:13	16:23:42	18:00:26.15	18:00:26.15	9:49	6.1
10	ZACHARYASZ MIŁOSZ	3312	KOCHAM MONICZKE	POZNAŃ	POL	SENIOR I M - 20	10	M 163	00:00:57	02:08:38	05:33:18	10:45:15	16:40:58	18:17:36.15	18:17:36.15	9:58	6
11	PALIŃSKI BARTŁOMEJ	3275	ROZBIEGANI CHOJNÓW	CHOJNÓW	POL	SENIOR I M - 20	11	M 195	00:00:16	02:07:28	06:08:02	12:04:01	17:20:18	19:05:52.20	19:05:52.20	10:25	5.8
12	KOTYCZKA DOMINIK	3375	ASICS FRONTRUNNER POLAND	KATOWICE	POL	SENIOR I M - 20	12	M 200	00:00:15	02:05:06	06:05:12	11:48:55	17:38:56	19:13:42.60	19:13:42.60	10:29	5.7
13	MADALIŃSKI MARIUSZ	3223		SOBÓTKA	POL	SENIOR I M - 20	13	M 216	00:00:44	02:11:34	06:05:32	11:42:01	17:12:50	19:39:14.15	19:39:14.15	10:43	5.6

BIEG K-B-L - 110 KM, Senior I M - 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
14	GNIELKA DAWID	3372	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20	14	M 320	00:00:59	02:43:59	07:50:19	15:51:39	22:49:21	25:15:48.90	25:15:48.90	13:46	4.4
	WAGNER KRYSZTIAN	3383		BOBOWA	POL	SENIOR I M - 20			00:00:17	01:58:29	05:20:26	10:31:19	DNF	DNF	DNF	-	-
	MIRSKI JERZY	3268	WATAHA	KIEŁCZÓW	POL	SENIOR I M - 20			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOWAL SEBASTIAN	3301		RADOM	POL	SENIOR I M - 20			00:00:14	01:53:58	05:25:12	11:33:16	DNF	DNF	DNF	-	-
	NOWACKI ADAM	3443	STG WARSZAWA	WARSZAWA	POL	SENIOR I M - 20			00:00:23	01:59:47	05:43:37	11:56:03	DNF	DNF	DNF	-	-
	WITLICKI KACPER	3025	KROŚNIEŃSKIE WYDARZENIA	KROSNO ODRZAŃSKIE	POL	SENIOR I M - 20			00:00:28	02:18:01	06:35:36	13:00:11	DNF	DNF	DNF	-	-
	GRUNDKOWSKI OSKAR	3089		SOLEC KUJAWSKI	POL	SENIOR I M - 20			00:00:04	02:00:34	06:24:43	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior II K - 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	IWAŃCÍÓW KATARZYNA	3160		DZIERŻONIÓW	POL	SENIOR II K - 30	1	K 2	00:00:04	01:48:01	04:42:08	08:58:08	12:30:40	13:51:54.10	13:51:54.10	7:33	7.9
2	BEDNAREK ANNA	3436	SPARTAN TRAINING GROUP WARSZAWA	WARSZAWA	POL	SENIOR II K - 30	2	K 3	00:00:05	01:48:23	04:47:56	09:16:44	13:04:15	14:32:46.70	14:32:46.70	7:56	7.6
3	RZEŹNICZEK ANNA	3433	STOWARZYSZENIE DZIAŁAMY RAZEM	KOWALEWO POMORSKIE	POL	SENIOR II K - 30	3	K 5	00:00:19	01:52:25	04:58:52	09:16:43	13:17:32	14:45:14.95	14:45:14.95	8:02	7.5
4	KONIECZNA PAULINA	3396	CH10	CHOSZCZNO	POL	SENIOR II K - 30	4	K 7	00:00:28	01:53:53	05:00:48	09:37:37	13:43:00	15:16:28.20	15:16:28.20	8:19	7.2
5	KWIATEK AGNIESZKA	3461		ORZESZE	POL	SENIOR II K - 30	5	K 9	00:00:16	01:55:54	05:14:12	09:47:12	14:03:16	15:43:27.05	15:43:27.05	8:34	7
6	ŁYCZKO ANNA	3087	PODIUM	STOBIERNA	POL	SENIOR II K - 30	6	K 11	00:00:11	02:08:54	05:44:15	10:27:47	14:50:50	16:23:47.20	16:23:47.20	8:56	6.7
7	KONS KATARZYNA	3105		KRAKÓW	POL	SENIOR II K - 30	7	K 20	00:00:27	02:17:20	06:04:14	11:29:15	15:57:21	17:35:18.50	17:35:18.50	9:35	6.3
8	BIENCZAK ZUZANNA	3295	ASICS FRONTRUNNER POLAND	WARSZAWA	POL	SENIOR II K - 30	8	K 31	00:00:14	02:00:03	05:46:48	11:18:16	16:33:45	18:22:36.75	18:22:36.75	10:01	6
9	KARCZ ANNA	3475		BYDGOSZCZ	POL	SENIOR II K - 30	9	K 32	00:00:24	02:00:33	05:52:40	11:14:49	16:40:55	18:27:52.50	18:27:52.50	10:04	6
10	PAWLIK JOANNA	3054		POZNAŃ	POL	SENIOR II K - 30	10	K 34	00:00:29	02:15:13	06:19:43	11:37:58	16:54:07	18:46:30.65	18:46:30.65	10:14	5.9
11	BOGUĆKA ZUZANNA	3296		POZNAŃ	POL	SENIOR II K - 30	11	K 37	00:00:42	02:25:28	06:46:22	12:18:13	17:13:22	19:00:46.20	19:00:46.20	10:22	5.8
12	STRAMOWSKA-JARCZEWSKA SANDRA	3451	MONSTER CROSS TEAM WOŁCZYŃ	WOŁCZYŃ	POL	SENIOR II K - 30	12	K 38	00:00:13	02:06:22	06:03:03	11:55:47	17:27:40	19:14:19.15	19:14:19.15	10:29	5.7
13	WÓJCIAK EWELINA	3393	WARRIORS ŁÓDŹ	RAWA MAZOWIECKA	POL	SENIOR II K - 30	13	K 44	00:00:46	02:26:01	06:30:02	11:44:38	17:26:51	19:37:46.55	19:37:46.55	10:42	5.6
14	RYCHEL-MANTUR DOMINIKA	3018		KATOWICE	POL	SENIOR II K - 30	14	K 45	00:00:48	02:06:02	05:54:41	11:36:21	17:26:26	19:43:06.90	19:43:06.90	10:45	5.6
15	WOSZTYL ALICJA	3043	FOR-REST-RUN	KOSZALIN	POL	SENIOR II K - 30	15	K 48	00:00:19	02:04:32	05:47:11	11:37:58	17:49:05	19:51:55.80	19:51:55.80	10:50	5.5
16	BUJAŁSKA AGATA	3172		WARSZAWA	POL	SENIOR II K - 30	16	K 52	00:00:21	02:18:19	06:14:18	12:10:04	18:13:34	20:07:40.45	20:07:40.45	10:58	5.5
17	SMYKOWSKA MAGDALENA	3198	RYKOWISKOTEAM	PŁOCK	POL	SENIOR II K - 30	17	K 53	00:00:24	01:58:27	06:52:16	13:16:39	18:28:46	20:22:03.65	20:22:03.65	11:06	5.4
18	ZACHARIASZ AGNIESZKA	3282	BIEGOWA KUŹNIA	GRÓDKÓW	POL	SENIOR II K - 30	18	K 54	00:00:22	02:21:57	06:43:06	12:42:19	18:42:45	20:37:00.55	20:37:00.55	11:14	5.3
19	MAGOCZY JUSTYNA	3069		KRAKÓW	POL	SENIOR II K - 30	19	K 58	00:00:15	02:33:39	06:47:35	13:11:21	18:35:52	20:50:39.70	20:50:39.70	11:22	5.3
20	FRYBES AGNIESZKA	3079		GIŻYCKO	POL	SENIOR II K - 30	20	K 62	00:00:40	02:25:53	07:01:55	14:27:16	19:34:56	21:14:39.65	21:14:39.65	11:35	5.2
21	PACZUSZKA ANNA	3220	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	SENIOR II K - 30	21	K 64	00:00:20	02:11:58	06:57:40	13:23:18	19:25:45	21:29:03.95	21:29:03.95	11:43	5.1
22	JAKÓBCZYK EWELINA	3454		GORZÓW WLKP.	POL	SENIOR II K - 30	22	K 66	00:00:51	02:16:03	06:37:15	12:24:14	19:26:07	21:48:06.95	21:48:06.95	11:53	5
23	OWCZARZAK KATARZYNA	3277	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II K - 30	23	K 67	00:00:35	02:25:58	07:03:28	13:14:27	19:35:32	21:56:46.00	21:56:46.00	11:58	5
24	POPCZYK MAGDALENA	3021	BIEGOWA KUŹNIA	BĘDZIN	POL	SENIOR II K - 30	24	K 78	00:00:22	02:51:51	08:02:34	14:53:41	21:10:06	23:30:07.60	23:30:07.60	12:49	4.7
25	POŚPIECH ANNA	3462	BIEGOWA KUŹNIA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	25	K 79	00:00:21	02:51:54	08:02:35	14:53:41		23:30:07.70	23:30:07.70	12:49	4.7
26	KOPCZYŃSKA MARTA	3181	BIEGAJĄCE KREJZOLE	SWARZĘDZ	POL	SENIOR II K - 30	26	K 82	00:00:54	02:36:09	07:06:27	13:28:22	21:21:28	24:30:12.05	24:30:12.05	13:21	4.5
27	DZIERGWA AGNIESZKA	3354	PRZEDWOJEWSKI TEAM	SIECHNICE	POL	SENIOR II K - 30	27	K 84	00:00:30	02:34:33	08:03:06	15:37:20	22:15:01	24:38:55.65	24:38:55.65	13:26	4.5
28	OWCZARZAK MONIKA	3305	SPORTOWY KAŻMIERZ	POZNAŃ	POL	SENIOR II K - 30	28	K 91	00:00:49	02:35:27	07:24:32	14:22:08	22:27:38	25:16:56.65	25:16:56.65	13:47	4.4
	PENIOWICZ JUSTYNA	3224	ASICS FRONTRUNNER POLAND	SUŁÓW	POL	SENIOR II K - 30			00:00:14	01:51:27	04:41:57	08:56:32	DNF	DNF	DNF	-	-
	STRUK AGNIESZKA	3066	W POGONI ZA DUCHEM	BĘDZIN	POL	SENIOR II K - 30			00:00:05	02:01:29	05:29:31	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior II K - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
	BĄDZIUL DOROTA	3482		RZESZÓW	POL	SENIOR II K - 30			00:00:48 DNF	03:05:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior II M - 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	WOLEK SZYMON	3438		TYCHY	POL	SENIOR II M - 30	1	M 2	00:00:02	01:26:44	03:59:35	07:28:47	10:33:33	11:39:10.20	11:39:10.20	6:21	9.4
2	KOMRAUS KRZYSZTOF	3361	PRESS GLASS - BIEGAMY I WSPIERAMY	ŁĄKA	POL	SENIOR II M - 30	2	M 3	00:00:02	01:31:24	04:00:22	07:28:38	10:31:13	11:39:51.85	11:39:51.85	6:21	9.4
3	PASTUSZKA PAWEŁ	3188	EX TEAM	ZIĘBICE	POL	SENIOR II M - 30	3	M 8	00:00:04	01:22:37	03:52:35	07:29:29	11:18:17	12:38:54.75	12:38:54.75	6:53	8.7
4	BASISTA WOJCIECH	3404	WILKI MIĘDZYLESKIE	DOMASZKÓW	POL	SENIOR II M - 30	4	M 11	00:00:06	01:41:56	04:30:29	08:23:02	11:45:57	13:02:22.95	13:02:22.95	7:06	8.4
5	RYBIŃSKI RADOŚLAW	3400	VOSS AUTOMOTIVE PL	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:27	04:19:02	08:30:01	12:01:51	13:20:21.50	13:20:21.50	7:16	8.2
6	ZIENTARA ADRIAN	3444	KGHM ZG RUN	LEGNICA	POL	SENIOR II M - 30	5	M 13	00:00:02	01:39:29	04:19:13	08:30:00	12:01:49	13:20:21.50	13:20:21.50	7:16	8.2
7	ZAWADZKI ANDRZEJ	3326	MKS SIECHNICE	SIECHNICE	POL	SENIOR II M - 30	7	M 15	00:00:05	01:32:41	04:22:17	08:25:46	12:06:34	13:31:38.70	13:31:38.70	7:22	8.1
8	WIECZOREK ŁUKASZ	3353		DĄBRÓWKA	POL	SENIOR II M - 30	8	M 17	00:00:05	01:39:46	04:26:41	08:35:39	12:11:45	13:32:25.50	13:32:25.50	7:23	8.1
9	WIERZBOWY PRZEMEK	3123	KOKO DŻAMBO I DO PRZODU	NAMYŚLÓW	POL	SENIOR II M - 30	9	M 18	00:00:16	01:37:52	04:25:51	08:42:11	12:11:45	13:32:25.75	13:32:25.75	7:23	8.1
10	JANAS KACPER	3288	PUSZCZYK BUKOWY	BEZRZECZE	POL	SENIOR II M - 30	10	M 19	00:00:11	01:37:48	04:22:11	08:25:32	12:12:20	13:35:53.65	13:35:53.65	7:25	8.1
11	ŻEBROWSKI JULIUSZ	3269	CZARNECKI RUN TEAM	POZNAŃ	POL	SENIOR II M - 30	11	M 20	00:00:21	01:42:47	04:22:18	08:20:58	12:17:30	13:37:35.15	13:37:35.15	7:25	8.1
12	ŁUKOMSKI KRZYSZTOF	3270		KAZIMIERZ BISKUPI	POL	SENIOR II M - 30	12	M 21	00:00:21	01:42:49	04:22:19	08:20:58	12:17:32	13:37:35.55	13:37:35.55	7:25	8.1
13	MICHALSKI PIOTR	3458		WROCŁAW	POL	SENIOR II M - 30	13	M 25	00:00:18	01:41:06	04:26:25	08:40:51	12:22:44	13:46:02.55	13:46:02.55	7:30	8
14	MISZTAŁ KAMIL	3341		GLIWICE	POL	SENIOR II M - 30	14	M 27	00:00:06	01:50:00	04:46:54	08:55:52	12:30:38	13:46:05.50	13:46:05.50	7:30	8
15	RYZHYŃSKI VITALII	3442		WIELICZKA	POL	SENIOR II M - 30	15	M 31	00:00:26	01:50:46	04:50:36	09:03:15	12:48:23	14:09:27.65	14:09:27.65	7:43	7.8
16	WOŁOŻYŃ ARTUR	3173		RZESZÓW	POL	SENIOR II M - 30	16	M 34	00:00:09	02:02:01	05:15:20	09:26:57	12:58:09	14:17:02.25	14:17:02.25	7:47	7.7
17	LAWRENC ARTUR	3210	MASATEAM	NOWA SÓL	POL	SENIOR II M - 30	17	M 37	00:00:04	01:48:07	04:56:20	09:14:57	13:01:56	14:23:23.30	14:23:23.30	7:50	7.6
18	SIETKIEWICZ PIOTR	3314	GLEIPNIR	WROCŁAW	POL	SENIOR II M - 30	18	M 40	00:00:17	01:43:13	04:40:29	08:58:08	13:05:12	14:30:24.90	14:30:24.90	7:54	7.6
19	POSADOWSKI SZYMON	3164		ZŁOTORYJA	POL	SENIOR II M - 30	19	M 43	00:00:03	01:41:47	04:40:28	08:58:51	13:06:17	14:34:31.30	14:34:31.30	7:57	7.5
20	CHOŁKA MICHAŁ	3412		RZESZÓW	POL	SENIOR II M - 30	20	M 46	00:00:07	01:48:10	04:51:21	09:07:32	13:08:46	14:39:24.55	14:39:24.55	7:59	7.5
21	MŁYŃSKI MATEUSZ	3205	TRITOGO	WROCŁAW	POL	SENIOR II M - 30	21	M 53	00:00:19	01:47:30	04:57:02	09:42:47	13:41:23	15:08:45.55	15:08:45.55	8:15	7.3
22	STANISZ MARCIN	3106	GÓRAL Z MAZUR RUNNING TEAM / NR PYSKOWICE	PYSKOWICE	POL	SENIOR II M - 30	22	M 60	00:00:03	01:43:50	04:54:54	09:28:03	13:44:07	15:16:39.05	15:16:39.05	8:19	7.2
23	BURZYŃSKI ŁUKASZ	3101	BIEGAJĄCE KREJZOLE	BOGUCIN	POL	SENIOR II M - 30	23	M 61	00:00:25	01:52:02	05:00:25	09:28:05	13:44:14	15:16:56.25	15:16:56.25	8:20	7.2
24	BATOR MICHAŁ	3302		NADOLICE WIELKIE	POL	SENIOR II M - 30	24	M 63	00:00:30	01:56:25	04:53:39	09:13:06	13:46:39	15:22:50.95	15:22:50.95	8:23	7.2
25	PIWKO MATEUSZ	3029		SZCZECIN	POL	SENIOR II M - 30	25	M 64	00:00:26	02:10:06	05:24:28	09:49:29	13:52:10	15:25:03.80	15:25:03.80	8:24	7.1
26	MENDYKA ŁUKASZ	3155	KB AKTYWNI ŚRODA WLKP.	ŚRODA WIELKOPOLSKA	POL	SENIOR II M - 30	26	M 68	00:00:33	02:05:07	05:24:42	09:56:25	14:06:55	15:30:04.90	15:30:04.90	8:27	7.1
27	OGŁAŻA RAFAŁ	3394		SZCZECIN	POL	SENIOR II M - 30	27	M 70	00:00:04	01:46:20	04:51:47	09:49:15	13:51:42	15:30:57.85	15:30:57.85	8:27	7.1
28	WETHACZ DARIUSZ	3426	GANG BIESA / ON RUNNING POLSKA	CISNA	POL	SENIOR II M - 30	28	M 71	00:00:04	01:43:50	04:51:50	09:37:23	13:51:41	15:30:59.85	15:30:59.85	8:27	7.1
29	WOJTYCZKA WOJCIECH	3320	GÓRAL Z MAZUR RUNNING TEAM	RUDA ŚLĄSKA	POL	SENIOR II M - 30	29	M 72	00:00:03	01:54:35	05:15:25	09:59:56	14:05:04	15:31:18.65	15:31:18.65	8:27	7.1
30	GADOMSKI RADOŚLAW	3330	ŻÓRAWSKI TEAM / PKO BP	WARSZAWA	POL	SENIOR II M - 30	30	M 75	00:00:13	01:56:35	05:02:24	09:36:38	14:02:52	15:34:29.15	15:34:29.15	8:29	7.1
31	KASPERKIEWICZ WOJTEK	3096		KOBYŁA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:03	01:46:43	05:16:16	09:55:12	14:12:48	15:49:21.20	15:49:21.20	8:37	7
32	KUCHARSKI ADRIAN KUCHARSKI	3103		KOBYŁA GÓRA	POL	SENIOR II M - 30	31	M 86	00:00:02	01:43:05	05:10:45	09:55:10	14:12:24	15:49:21.20	15:49:21.20	8:37	7
33	GIBAS MICHAŁ	3113		SŁAWNO	POL	SENIOR II M - 30	33	M 88	00:00:22	01:52:07	05:12:30	09:53:48	14:11:42	15:49:34.35	15:49:34.35	8:37	7
34	SALAMON MATEUSZ	3473	POWER TRAINING	KIELCE	POL	SENIOR II M - 30	34	M 91	00:00:24	01:50:48	04:40:39	08:42:21	13:43:39	15:59:53.15	15:59:53.15	8:43	6.9
35	DOMERADZKI GRZEGORZ	3256		GLIWICE	POL	SENIOR II M - 30	35	M 96	00:00:19	02:06:30	05:39:26	10:33:31	14:45:47	16:15:01.95	16:15:01.95	8:51	6.8
36	MITIS MAREK	3033		KRAKÓW	POL	SENIOR II M - 30	36	M 100	00:00:30	02:10:53	05:37:39	10:30:53	14:45:33	16:23:33.80	16:23:33.80	8:56	6.7
37	JAGIELSKI JERZY	3346	JKS SALAMANDRA	JAWOR	POL	SENIOR II M - 30	37	M 101	00:00:40	02:03:56	05:37:20	10:27:48	14:50:50	16:23:47.25	16:23:47.25	8:56	6.7
38	KAKOSZKA MARCIN	3142	MAŁA PANEW TEAM ZAWADZKIE	ZAWADZKIE	POL	SENIOR II M - 30	38	M 103	00:00:03	01:40:42	05:19:37	10:53:38	15:08:21	16:33:19.85	16:33:19.85	9:01	6.6
39	KRUPA PIOTR	3493	LAF_CAMPERVAN	SZCZYRK	POL	SENIOR II M - 30	39	M 104	00:00:22	02:02:00	05:13:33	10:18:54	15:03:30	16:33:33.45	16:33:33.45	9:01	6.6

BIEG K-B-L - 110 KM, Senior II M - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
40	GAŁKA KRZYSZTOF	3409	WKURW_TEAM	WARSZAWA	POL	SENIOR II M - 30	40	M 106	00:00:54	02:09:02	05:19:14	10:15:42	14:48:42	16:37:28.65	16:37:28.65	9:04	6.6
41	PEŁAJAK MARIUSZ	3227	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	SENIOR II M - 30	41	M 107	00:00:16	02:01:23	05:47:52	10:55:08	15:03:30	16:38:25.70	16:38:25.70	9:04	6.6
42	GAWKOWSKI ARTUR	3255	OSTRÓW BIEGA	OSTRÓW MAZOWIECKA	POL	SENIOR II M - 30	42	M 113	00:00:55	02:16:50	05:50:44	10:46:33	15:05:49	16:42:09.25	16:42:09.25	9:06	6.6
43	KOSIN MARCIN	3211	PGB SPORTOWA PACZKA	BARCZEWO	POL	SENIOR II M - 30	43	M 116	00:00:16	02:02:13	05:37:47	10:34:59	15:13:01	16:43:11.50	16:43:11.50	9:07	6.6
44	MIELECKI MACIEJ	3175	PAIN IS MY FRIEND	WARSZAWA	POL	SENIOR II M - 30	44	M 119	00:00:33	02:07:53	05:28:52	10:21:40	15:07:56	16:49:30.20	16:49:30.20	9:10	6.5
45	BIESZCZAD MATEUSZ	3143	KB ATHLETIC ZRĘCIN	WOJASZÓWKA	POL	SENIOR II M - 30	45	M 120	00:00:16	02:01:31	05:33:26	10:43:57	15:11:50	16:51:13.55	16:51:13.55	9:11	6.5
46	BIAŁCZYK MARCIN	3202	MARATOŃCZYK POZNAŃ	ROŚCIMIN	POL	SENIOR II M - 30	46	M 121	00:00:37	01:48:58	05:24:42	10:40:34	15:27:58	16:52:53.65	16:52:53.65	9:12	6.5
47	ŚWIERCZYŃSKI KACPER	3395	STAJNIA CROSSFIT	POZNAŃ	POL	SENIOR II M - 30	47	M 122	00:00:04	01:48:48	05:00:21	10:03:58	15:10:47	16:54:16.35	16:54:16.35	9:13	6.5
48	BRONIEWSKI PIOTR	3011		KUNOWICE	POL	SENIOR II M - 30	48	M 126	00:00:11	01:54:37	05:26:58	10:26:02	15:18:02	16:56:35.85	16:56:35.85	9:14	6.5
49	BŁASZCZYK MARIUSZ	3308	SNG WILD DUCKS	ZGIERZ	POL	SENIOR II M - 30	49	M 132	00:00:45	01:57:19	05:19:23	10:32:14	15:28:39	17:05:27.30	17:05:27.30	9:19	6.4
50	PIETRUCHA JAKUB	3453	STG WARSZAWA	WARSZAWA	POL	SENIOR II M - 30	50	M 134	00:00:22	01:48:24	04:54:31	09:54:28	15:02:59	17:07:51.55	17:07:51.55	9:20	6.4
51	JASIAK KAROL	3141	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	SENIOR II M - 30	51	M 143	00:00:03	01:54:46	05:21:57	10:31:18	15:35:07	17:31:59.35	17:31:59.35	9:33	6.3
52	SZCZEPAŃSKI MARCIN	3246	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	SENIOR II M - 30	52	M 145	00:00:27	02:04:28	05:36:34	10:35:50	15:36:10	17:37:26.35	17:37:26.35	9:36	6.2
53	JĘDRYCHOWSKI BARTŁOMIEJ	3485		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	53	M 149	00:00:33	01:58:50	05:13:13	09:58:57	15:30:25	17:48:14.95	17:48:14.95	9:42	6.2
54	PECHRA MATEUSZ	3281		TURAWA	POL	SENIOR II M - 30	54	M 150	00:00:19	02:11:03	06:04:15	11:43:13	15:58:21	17:48:30.20	17:48:30.20	9:42	6.2
55	SZYSZŁOWSKI WALDEMAR	3345	GÓRAL Z MAZUR RUNNING TEAM	POZNAŃ	POL	SENIOR II M - 30	55	M 160	00:00:02	02:05:59	05:44:15	11:09:31	16:25:17	18:08:49.85	18:08:49.85	9:53	6.1
56	ZAWADZKI PAWEŁ	3187		WROCŁAW	POL	SENIOR II M - 30	56	M 161	00:00:40	02:20:10	06:35:32	12:30:05	16:47:00	18:16:41.50	18:16:41.50	9:58	6
57	WELTER PRZEMYSŁAW	3306	KB SZAMOTUŁY	SZAMOTUŁY	POL	SENIOR II M - 30	57	M 166	00:00:13	01:58:30	05:43:03	11:18:19	16:33:46	18:22:36.65	18:22:36.65	10:01	6
58	CZYRNA ANDRZEJ	3242		TURAWA	POL	SENIOR II M - 30	58	M 167	00:00:19	02:11:04	06:04:16	11:15:31	16:34:44	18:27:35.45	18:27:35.45	10:04	6
59	MIKUŁAN MIKOŁAJ	3024		POZNAŃ	POL	SENIOR II M - 30	59	M 171	00:00:28	02:23:11	06:31:40	12:11:03	16:58:43	18:34:43.35	18:34:43.35	10:08	5.9
60	STANGIERSKI ADAM	3231	KORNELCIA TEAM	POZNAŃ	POL	SENIOR II M - 30	60	M 177	00:00:34	02:10:58	06:10:11	11:22:10	16:58:21	18:42:13.45	18:42:13.45	10:12	5.9
61	TALAR MAREK	3017	KĘSY TEAM	DĄBRÓWKA LEŚNA	POL	SENIOR II M - 30	61	M 180	00:00:29	02:15:07	06:19:41	11:37:52	16:54:56	18:46:31.40	18:46:31.40	10:14	5.9
62	RACZYŃSKI BOGUSZ	3446	ZEMAT TECHNOLOGY GROUP	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	62	M 185	00:00:06	02:01:37	05:49:35	11:46:15	17:15:25	18:56:08.30	18:56:08.30	10:19	5.8
63	WRÓBEL MACIEJ	3167	VEGERUNNERS	POZNAŃ	POL	SENIOR II M - 30	63	M 190	00:00:50	02:24:29	06:16:12	11:45:01	16:55:33	19:00:06.10	19:00:06.10	10:21	5.8
64	LESZCZYŃOWICZ JACEK	3114	POLACY BIEGAJĄ W UK	BOLESŁAWIEC	POL	SENIOR II M - 30	64	M 194	00:00:09	02:13:29	06:21:46	12:16:31	17:26:11	19:04:43.20	19:04:43.20	10:24	5.8
65	MARCINIAK RAFAŁ	3128	8A.PL	GLIWICE	POL	SENIOR II M - 30	65	M 199	00:00:33	02:17:58	06:00:09	11:29:40	17:15:24	19:13:40.15	19:13:40.15	10:29	5.7
66	SZYROCKI KRZYSZTOF	3347	ONE PERSON TEAM	MARKLOWICE	POL	SENIOR II M - 30	66	M 201	00:00:41	02:18:01	06:03:05	11:55:48	17:27:41	19:14:33.30	19:14:33.30	10:29	5.7
67	PIWOWARCZYK WOJCIECH	3135	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	SENIOR II M - 30	67	M 204	00:00:05	01:55:46	05:33:41	10:39:17	16:42:36	19:18:00.30	19:18:00.30	10:31	5.7
68	ŚMICHURSKI KRZYSZTOF	3044	FIZJOTERAPIA BIEGACZA	CEREKWICA	POL	SENIOR II M - 30	68	M 205	00:00:06	01:55:57	05:33:40	10:39:17	16:42:35	19:18:07.55	19:18:07.55	10:31	5.7
69	CAŁKA KRYSZTIAN	3038	ULTRINO AMATEUR	POZNAŃ	POL	SENIOR II M - 30	69	M 206		01:55:48	05:34:28	10:39:14	16:42:35	19:18:08.75	19:18:08.75	10:31	5.7
70	HAAS PRZEMYSŁAW	3065	BACKPACKING OKAPI TEAM	WROCŁAW	POL	SENIOR II M - 30	70	M 207	00:00:46	02:20:51	06:21:45	12:11:29	17:26:54	19:20:10.40	19:20:10.40	10:32	5.7
71	ADAMCZEWSKI JAKUB	3081	NIGHT RUNNERS / NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	71	M 211	00:00:41	02:10:55	06:13:16	12:06:48	17:41:53	19:23:29.60	19:23:29.60	10:34	5.7
72	JANIA PRZEMYSŁAW	3147	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	72	M 217	00:00:20	02:07:32	06:21:47	12:01:38	17:45:09	19:39:59.65	19:39:59.65	10:43	5.6
73	BARTOSIK MICHAŁ	3157	CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	SENIOR II M - 30	73	M 218	00:00:20	02:07:31	06:21:48	12:01:37	17:45:11	19:39:59.85	19:39:59.85	10:43	5.6
74	ŻYWICA MARCIN	3237	CORORUN	BYTOM	POL	SENIOR II M - 30	74	M 219	00:00:08	02:02:11	05:49:00	11:41:51	17:33:29	19:40:50.55	19:40:50.55	10:44	5.6
75	BOROWIEC BARTEK	3315	ATLAS RUNNIG TEAM	WROCŁAW	POL	SENIOR II M - 30	75	M 220	00:00:39	02:07:35	06:16:54	12:38:36	18:05:46	19:44:57.20	19:44:57.20	10:46	5.6
76	JAKRZEWSKI MIKOŁAJ	3057		GOLA	POL	SENIOR II M - 30	76	M 222	00:00:18	02:12:11	06:22:54	12:06:56	17:40:21	19:47:09.30	19:47:09.30	10:47	5.6
77	PODAWCA ŁUKASZ	3041		SWARZĘDZ	POL	SENIOR II M - 30	77	M 225	00:00:19	02:04:29	05:47:12	12:17:01	17:49:06	19:51:56.15	19:51:56.15	10:50	5.5
78	SZARF PAWEŁ	3040	ZALOGA GÓRSKA	KĘDZIERZYN-KOZŁE	POL	SENIOR II M - 30	78	M 226	00:00:01	02:05:24	05:58:24	11:38:03	17:37:58	19:53:58.70	19:53:58.70	10:51	5.5
79	MACKIEWICZ MACIEJ	3008	KRM LAW	WARSZAWA	POL	SENIOR II M - 30	79	M 227	00:00:22	02:14:26	06:23:17	12:18:17	18:02:46	19:58:08.20	19:58:08.20	10:53	5.5
80	KNAP DAMIAN	3236	PGB SPORTOWA PACZKA	CZELADŹ	POL	SENIOR II M - 30	80	M 228	00:00:31	02:16:50	06:18:32	11:54:50	17:48:05	19:59:24.55	19:59:24.55	10:54	5.5

BIEG K-B-L - 110 KM, Senior II M - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
81	DZIADON ŁUKASZ	3455	BITKA O ZIVOT	KRAKOW	POL	SENIOR II M - 30	81	M 235	00:00:56	02:37:15	06:50:44	12:34:05	18:41:56	20:26:06.55	20:26:06.55	11:08	5.4
82	TROJAN PAWEŁ	3460	SZCZYTNA BIEGA	SZCZYTNA	POL	SENIOR II M - 30	82	M 236	00:00:44	02:23:54	07:00:05	12:54:04	18:59:05	20:31:16.65	20:31:16.65	11:11	5.4
83	NIKOLIN ANDRZEJ	3261	TRITOGO	WROCLAW	POL	SENIOR II M - 30	83	M 240	00:00:18	02:08:13	06:50:03	12:58:06	18:47:59	20:34:58.30	20:34:58.30	11:13	5.3
84	WALAC JACEK	3217	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	SENIOR II M - 30	84	M 246	00:00:24	02:22:34	06:28:29	12:34:45	18:23:11	20:42:20.20	20:42:20.20	11:17	5.3
85	GRABCZAK JAROSŁAW	3005		OPOLE	POL	SENIOR II M - 30	85	M 250	00:00:31	02:22:29	06:26:30	12:37:32	18:48:25	20:45:49.80	20:45:49.80	11:19	5.3
86	MAGOCZY ADAM	3228		KRAKÓW	POL	SENIOR II M - 30	86	M 254	00:00:15	02:33:32	06:47:34	13:07:34	18:34:56	20:50:40.25	20:50:40.25	11:22	5.3
87	DRYMEL PIOTR	3368		ŚW. KATARZYNA	POL	SENIOR II M - 30	87	M 255	00:00:39	02:33:22	06:53:56	13:00:10	18:35:59	20:53:18.20	20:53:18.20	11:23	5.3
88	BOCHM SZYMON	3182		KOBYLA GÓRA	POL	SENIOR II M - 30	88	M 259	00:00:05	02:19:31	06:45:28	12:52:00	18:47:26	21:06:25.40	21:06:25.40	11:30	5.2
89	DOLSKI MARCIN	3115		POZNAŃ	POL	SENIOR II M - 30	89	M 262	00:00:52	02:31:42	06:51:32	13:02:26	19:16:22	21:09:09.95	21:09:09.95	11:32	5.2
90	STEFAŃSKI MARCIN	3075		BOCZKÓW	POL	SENIOR II M - 30	90	M 266	00:00:38	02:26:31	06:58:34	13:05:36	19:22:00	21:26:00.85	21:26:00.85	11:41	5.1
91	GRABOWY MATEUSZ	3169	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	SENIOR II M - 30	91	M 270	00:00:45	02:21:51	06:23:23	13:41:35	19:35:16	21:37:28.05	21:37:28.05	11:47	5.1
92	OWCZARZAK TOMASZ	3276	OWCE NA WYPASIE	MUROWANA GOŚLINA	POL	SENIOR II M - 30	92	M 276	00:00:35	02:25:56	07:03:29	13:14:27	19:35:32	21:56:45.80	21:56:45.80	11:58	5
93	ŚWIĄTEK ARKADIUSZ	3419		WARSZAWA	POL	SENIOR II M - 30	93	M 277	00:00:24	02:15:10	06:19:44	13:32:49	19:44:19	21:58:02.15	21:58:02.15	11:58	5
94	ŁYCZKOWSKI ŁUKASZ	3420		WARSZAWA	POL	SENIOR II M - 30	94	M 278	00:00:24	02:15:25	06:53:27	13:09:46	19:44:28	21:58:12.55	21:58:12.55	11:59	5
95	PLASZCZYK BARTŁOMIEJ	3464		GŁOGÓW	POL	SENIOR II M - 30	95	M 279	00:00:32	02:26:23	07:06:26	13:21:50	19:39:37	21:58:14.95	21:58:14.95	11:59	5
96	RZESZOT ŁUKASZ	3379	BIEGNE, ŻEBY BARTEK MÓGL BIEGAĆ.	ĆMIŃSK	POL	SENIOR II M - 30	96	M 288	00:00:39	02:26:33	06:20:29	13:39:24	20:54:03	22:35:05.20	22:35:05.20	12:19	4.9
97	HACZKIEWICZ BARTOSZ	3447	HOLIMO	STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	97	M 289	00:00:09	02:35:33	07:28:42	13:43:08	20:04:05	22:35:34.95	22:35:34.95	12:19	4.9
98	SZURKOWSKI MICHAŁ	3410	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	98	M 290	00:00:40	02:25:49	07:01:57	14:27:16	20:43:04	22:50:57.75	22:50:57.75	12:27	4.8
99	LUBIŃSKI MIKOŁAJ	3086	BIEGAM BO NIE LUBIE...	CZAPURY	POL	SENIOR II M - 30	99	M 294	00:00:26	02:08:11	06:03:05	12:59:53	20:27:39	23:16:02.25	23:16:02.25	12:41	4.7
100	ADAMSKI LUKASZ	3284	CAFFE DEL SUD/BIEGAM BO NIE LUBIE	ŚREM	POL	SENIOR II M - 30	100	M 295	00:00:26	02:08:09	06:03:03	12:59:55	20:27:41	23:16:02.60	23:16:02.60	12:41	4.7
101	MYRCIK PAWEŁ	3334		BORONÓW	POL	SENIOR II M - 30	101	M 296	00:00:47	02:56:03	08:27:28	15:12:15	21:11:16	23:16:09.15	23:16:09.15	12:41	4.7
102	RUSINEK PIOTREK	3240		KOBYŁKA	POL	SENIOR II M - 30	102	M 302	00:00:47	02:26:21	07:13:30	14:37:20	21:12:29	23:19:32.10	23:19:32.10	12:43	4.7
103	BIAŁEK MIROSLAW	3085	WRONIECKI KLUB BIEGACZA / PANDA TEAM	WRONKI	POL	SENIOR II M - 30	103	M 307	00:00:18	02:16:44	06:44:53	13:10:30	20:46:42	23:32:22.15	23:32:22.15	12:50	4.7
104	WIŚNIEWSKI SŁAWOMIR	3285	KS LENIWIEC	KĘPNO	POL	SENIOR II M - 30	104	M 311	00:00:28	02:53:05	07:54:36	15:08:26	21:47:57	24:06:10.80	24:06:10.80	13:08	4.6
105	KURENDA RADOSŁAW	3265	KLUB BIEGACZA RTVEUROAGD	OPOLE	POL	SENIOR II M - 30	105	M 313	00:00:28	02:14:42	06:35:11	13:32:42	21:02:51	24:12:22.95	24:12:22.95	13:12	4.5
106	KUCHMECKI MACIEJ	3189		POZNAŃ	POL	SENIOR II M - 30	106	M 315	00:00:55	02:24:26	07:05:56	13:22:28	21:21:19	24:30:13.95	24:30:13.95	13:21	4.5
	POŁCZYŃSKI PAWEŁ	3037	STALOWA ŁYDA	CEREKWICA	POL	SENIOR II M - 30			00:00:52	02:10:24	05:52:55	11:30:19	DNF	DNF	DNF	-	-
	CHROMIEC MATEUSZ	3300	MEGA BOYS	LEGIONOWO	POL	SENIOR II M - 30			00:00:15	01:55:42	05:40:49	11:46:14	DNF	DNF	DNF	-	-
	GAWLIK SŁAWEK	3366	DYNAFIT POLARSPORT.PL	KRAKÓW	POL	SENIOR II M - 30			00:00:01	01:27:18	04:23:58	DNF	DNF	DNF	DNF	-	-
	ZBORUCKI JAN	3068	PRZEDWOJEWSKI TEAM	KRAKOW	POL	SENIOR II M - 30			00:00:04	01:39:39	04:43:54	DNF	DNF	DNF	DNF	-	-
	RŮZIČKA LUKÁŠ	3385	RUNSPORT TEAM	JAVORNICE	CZE	SENIOR II M - 30			00:00:18	01:51:55	05:03:28	DNF	DNF	DNF	DNF	-	-
	MISZTAŁ TOMASZ	3150	WIELISZEW HERON TEAM	WIELISZEW	POL	SENIOR II M - 30			00:00:05	01:46:56	05:43:01	DNF	DNF	DNF	DNF	-	-
	WIERZBICKI MATEUSZ	3472		PRUDNIK	POL	SENIOR II M - 30			00:00:25	02:02:00	06:09:37	DNF	DNF	DNF	DNF	-	-
	KOCHOWICZ FILIP	3007	WLKP MOUNTAINS ULTRA	CZAPURY	POL	SENIOR II M - 30			00:00:36	02:31:44	07:32:32	DNF	DNF	DNF	DNF	-	-
	JAZY SZYMON	3234		POZNAŃ	POL	SENIOR II M - 30			00:00:29	02:30:17	DNF	DNF	DNF	DNF	DNF	-	-
	PIOTROWSKI KAROL	3161	ŁOCHOWO I OKOLICE BIEGAJA	DRZEWCE	POL	SENIOR II M - 30			00:00:25	02:30:41	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Masters K - 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	MARCINKOWSKA-CHOLEWA KATARZYNA	3468	GÓRAL Z MAZUR RUNNING TEAM	OSTROŁĘKA	POL	MASTERS K - 40	1	K 4	00:00:07	01:57:59	05:21:01	09:42:34	13:18:32	14:40:38.45	14:40:38.45	8:00	7.5
2	MELLER JOANNA	3391	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS K - 40	2	K 6	00:00:07	01:57:54	05:15:22	09:44:29	13:33:56	14:59:40.80	14:59:40.80	8:10	7.3
3	KOZŁOWSKA IWONA	3129	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS K - 40	3	K 8	00:00:08	01:58:26	05:13:32	09:48:23	13:51:37	15:24:11.30	15:24:11.30	8:24	7.1
4	LUTOMSKA DOROTA	3010	OFIX.PL BIKE TEAM	OBORNIKI	POL	MASTERS K - 40	4	K 10	00:00:07	01:53:22	05:22:31	09:42:32	14:39:35	16:11:41.90	16:11:41.90	8:50	6.8
5	KINOWSKA KATARZYNA	3238	GRUPA BIEGOWA 65	GDAŃSK	POL	MASTERS K - 40	5	K 12	00:00:20	02:05:11	05:24:19	10:01:56	14:52:39	16:42:24.10	16:42:24.10	9:06	6.6
6	KUBICKA MAGDALENA	3389		FLORENTYNÓW	POL	MASTERS K - 40	6	K 14	00:00:43	02:20:28	05:55:31	11:00:23	15:22:27	16:57:35.75	16:57:35.75	9:15	6.5
7	HACHOŁ JUSTYNA	3004		WROCŁAW	POL	MASTERS K - 40	7	K 15	00:00:18	02:04:11	05:42:54	10:38:49	15:22:06	16:59:50.85	16:59:50.85	9:16	6.5
8	HELLER KARINA	3258	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	8	K 16	00:00:32	02:11:48	05:56:07	11:00:22	15:28:24	17:05:26.50	17:05:26.50	9:19	6.4
9	DRAGANEK EWELINA	3387		WROCŁAW	POL	MASTERS K - 40	9	K 17	00:00:27	02:00:28	05:33:36	10:40:35	15:28:42	17:11:42.40	17:11:42.40	9:22	6.4
10	PAUL VIOLETTA	3219	BIEGAMY W GÓRACH	GLIWICE	POL	MASTERS K - 40	10	K 18	00:00:29	02:09:10	05:46:01	10:33:58	15:22:44	17:13:13.40	17:13:13.40	9:23	6.4
11	KOSTERA KATARZYNA	3335	VEGE RUNNERS	WARSZAWA	POL	MASTERS K - 40	11	K 19	00:00:09	02:09:20	06:02:20	11:01:00	15:49:22	17:26:13.05	17:26:13.05	9:30	6.3
12	PIETRZAK AGNIESZKA	3294	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS K - 40	12	K 21	00:00:37	02:17:05	06:22:00	11:29:12	16:00:11	17:37:26.05	17:37:26.05	9:36	6.2
13	WALASZCZYK ANNA	3266		GLIWICE	POL	MASTERS K - 40	13	K 22	00:00:10	02:05:02	05:51:23	10:44:33	15:53:59	17:39:05.15	17:39:05.15	9:37	6.2
14	SMIESZKOŁ BRYKOWSKA SONIA	3244		KIELCZA	POL	MASTERS K - 40	14	K 23	00:00:10	02:05:03	05:51:24	10:44:34	15:53:59	17:39:05.35	17:39:05.35	9:37	6.2
15	SMOLAK AGATA	3133		WOLSZTYN	POL	MASTERS K - 40	15	K 24	00:00:31	02:14:18	06:02:28	11:15:15	16:02:36	17:42:47.65	17:42:47.65	9:39	6.2
16	GRZELAK JUSTYNA	3486	MARATON LESZNO	LESZNO	POL	MASTERS K - 40	16	K 25	00:00:32	02:24:31	06:13:14	11:29:16	16:17:23	17:50:51.55	17:50:51.55	9:44	6.2
17	SZNAJDER JOANNA	3088		GŁUCHOŁAZY	POL	MASTERS K - 40	17	K 26	00:00:25	02:06:58	05:59:20	11:00:16	15:58:00	17:51:59.85	17:51:59.85	9:44	6.2
18	GRYCMAN MAGDALENA	3440	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	18	K 27	00:00:23	02:06:10	06:10:01	11:16:33	16:13:48	17:56:23.75	17:56:23.75	9:47	6.1
19	ANDRZEJCZUK MARZENA	3398		WROCŁAW	POL	MASTERS K - 40	19	K 28	00:00:17	02:05:57	05:50:44	11:12:58	16:43:14	18:16:54.75	18:16:54.75	9:58	6
20	PASIEKA AGNIESZKA	3072	KB ATHLETIC ZREĆIN	KROSNO	POL	MASTERS K - 40	20	K 29	00:00:09	02:09:40	06:05:07	11:42:19	16:44:27	18:19:07.45	18:19:07.45	9:59	6
21	WITUSIK DOROTA	3450		JASŁO	POL	MASTERS K - 40	21	K 30	00:00:09	02:09:44	06:05:08	11:42:19	16:44:28	18:19:07.75	18:19:07.75	9:59	6
22	RAFA ASIA	3280	RUNNERS TEAM NYSA	OPOLE	POL	MASTERS K - 40	22	K 33	00:00:25	02:22:27	06:21:54	11:44:37	16:41:53	18:41:57.05	18:41:57.05	10:11	5.9
23	GOKIERT-SKRENTNA JUSTYNA	3047	GÓRSKIE KOZICE	ZŁOTÓW	POL	MASTERS K - 40	23	K 35	00:00:18	02:05:25	05:48:32	11:15:17	16:43:37	18:54:08.80	18:54:08.80	10:18	5.8
24	PIGĘŁA DARIA	3435	CARBON SILESIA SPORT	CZELADŹ	POL	MASTERS K - 40	24	K 36	00:00:30	02:13:57	06:11:31	11:53:43	17:11:48	18:59:37.55	18:59:37.55	10:21	5.8
25	OLSCHIMKE-MARMUROWICZ BARBARA	3151	ZĄLOGA GÓRSKA	KATOWICE	POL	MASTERS K - 40	25	K 39	00:00:42	02:24:28	06:31:35	12:21:10	17:37:14	19:15:24.90	19:15:24.90	10:30	5.7
26	POPCZYK EWELINA	3388	HEALTHY BODY ŻELAZNY&ŻELAZNY	SOSNOWIEC	POL	MASTERS K - 40	26	K 40	00:00:31	02:16:47	06:18:30	11:53:44	17:48:01	19:20:37.70	19:20:37.70	10:33	5.7
27	KIERZEK EWA	3093	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	AFG	MASTERS K - 40	27	K 41	00:00:43	02:26:49	06:31:33	12:18:57	17:00:09	19:26:37.30	19:26:37.30	10:36	5.7
28	CIPORA KATARZYNA	3377	K&M TEAM	WROCŁAW	POL	MASTERS K - 40	28	K 42	00:00:11	02:35:17	06:50:57	12:10:10	17:42:31	19:35:18.55	19:35:18.55	10:41	5.6
29	ŚWIĘTONIOWSKA JUSTYNA	3016	PODIUM	RZESZÓW	POL	MASTERS K - 40	29	K 43	00:00:11	02:18:35	06:27:30	12:06:48	17:46:03	19:36:29.35	19:36:29.35	10:41	5.6
30	SUT IWONA	3248		GŁOWNO	POL	MASTERS K - 40	30	K 46	00:00:46	02:31:17	06:59:43	12:36:57	17:56:00	19:45:36.00	19:45:36.00	10:46	5.6
31	ROŹNIATA IWONA	3467	SNG WILD DUCKS	GŁOWNO	POL	MASTERS K - 40	31	K 47	00:00:46	02:31:23	06:59:42	12:36:57	17:55:44	19:45:36.50	19:45:36.50	10:46	5.6
32	MILEJSKA JOANNA	3279	BBL OPOLE	OPOLE	POL	MASTERS K - 40	32	K 49	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	10:53	5.5
33	STAJNIAK-STELIGA IZABELA	3313	OBORYGENI	WILCZYN	POL	MASTERS K - 40	33	K 51	00:00:36	02:24:12	06:51:42	12:27:16	17:47:48	19:58:03.05	19:58:03.05	10:53	5.5
34	ŻOŁDAK MAGDALENA	3225	#BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	34	K 55	00:00:27	02:23:12	06:31:39	12:11:24	18:26:15	20:37:49.65	20:37:49.65	11:15	5.3
35	TOMASZEWSKA EWA	3039		OPOLE	POL	MASTERS K - 40	35	K 56	00:00:31	02:24:17	06:27:25	12:38:08	18:46:25	20:45:45.55	20:45:45.55	11:19	5.3
36	KWIATKOWSKA ZUZANNA	3109	RNB TEAM POLANICA ZDRÓJ	SZCZYTNA	POL	MASTERS K - 40	36	K 57	00:00:44	02:20:37	07:00:02	12:54:01	18:59:06	20:46:48.50	20:46:48.50	11:20	5.3
37	BARANIAK BEATA	3136	DRUŻYNA SZPIKU	DASZEWICE	POL	MASTERS K - 40	37	K 59	00:00:53	02:43:54	07:28:04	13:07:08	18:57:12	20:54:28.55	20:54:28.55	11:24	5.3
38	WSUŁ MONIA	3415		POZNAŃ	POL	MASTERS K - 40	38	K 60	00:00:28	02:01:49	05:34:39	12:15:41	18:26:44	20:55:00.35	20:55:00.35	11:24	5.3
39	SAMBORSKA MONIKA	3027	KBKS RADOMSKO	OPOLE	POL	MASTERS K - 40	39	K 68	00:00:32	02:24:37	06:36:05	12:38:00	19:28:35	22:06:38.20	22:06:38.20	12:03	5
40	KOPKA ELŻBIETA	3381		KOLONIA BRUZYCA	POL	MASTERS K - 40	40	K 71	00:00:41	02:34:55	07:25:15	13:42:41	20:00:13	22:12:40.15	22:12:40.15	12:06	5
41	KLUZA-HOWIL LILA	3153	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS K - 40	41	K 73	00:00:34	02:25:59	07:21:36	13:52:12	20:02:00	22:30:53.65	22:30:53.65	12:16	4.9
42	BEDNARSKA KAŚKA	3380	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	MASTERS K - 40	42	K 75	00:00:39	02:30:02	06:43:01	13:39:22	20:54:03	22:38:28.30	22:38:28.30	12:20	4.9
43	ŁASKAWSKA JUSTYNA	3434		WARSZAWA	POL	MASTERS K - 40	43	K 76	00:00:10	02:15:53	06:31:01	13:05:33	20:08:05	22:51:12.15	22:51:12.15	12:27	4.8
44	OLECHNOWICZ MAGDA	3138	BBL GORZÓW	GORZÓW WLKP	POL	MASTERS K - 40	44	K 77	00:00:33	02:31:53	07:26:17	13:44:31	20:35:29	23:11:49.45	23:11:49.45	12:39	4.7
45	MALIGA KATARZYNA	3006		WROCŁAW	POL	MASTERS K - 40	45	K 81	00:00:41	02:39:15	07:31:05	15:06:34	21:51:20	24:14:21.05	24:14:21.05	13:13	4.5
46	KANDORA JOANNA	3252	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS K - 40	46	K 83	00:00:35	02:32:13	07:23:49	14:19:59	21:51:16	24:31:42.15	24:31:42.15	13:22	4.5

BIEG K-B-L - 110 KM, Masters K - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
47	ZAMOJSKA IWONA	3216	MIECHOWICKA GRUPA BUEGOWA	BYTOM	POL	MASTERS K - 40	47	K 85	00:00:35	02:34:21	07:47:53	15:27:55	22:14:44	24:44:31.20	24:44:31.20	13:29	4.4
48	DOWNAR-ZAPOLSKA RITA	3001	@MD_RUN	WROCLAW	POL	MASTERS K - 40	48	K 87	00:00:31	02:34:38	08:03:11	15:37:30	22:18:06	24:48:23.55	24:48:23.55	13:31	4.4
49	CZECHOSKA MAGDALENA	3230	64 BATALION LEKKIEJ PIECHOTY	WARSZAWA	POL	MASTERS K - 40	49	K 88	00:00:44	02:35:30	07:28:35	14:54:45	22:29:17	25:06:18.65	25:06:18.65	13:41	4.4
50	BEDNARSKA-KOZIOŁ DANUTA	3052	NIENAWIDZĘ BUBICZA	ZIELĘCICE	POL	MASTERS K - 40	50	K 89	00:00:50	02:59:27	08:53:39	16:39:43	22:50:08	25:11:48.35	25:11:48.35	13:44	4.4
51	KAŻMIERCZAK ALEKSANDRA	3199	SKORUPA TEAM	WOLA	POL	MASTERS K - 40	51	K 92	00:00:45	03:12:24	09:26:29	17:55:26	23:29:36	25:20:06.45	25:20:06.45	13:49	4.3
	SUŁEK ALDONA	3471	KLUB ZOELLER TECH	WEJHEROWO	POL	MASTERS K - 40			00:00:18	02:26:23	07:33:41	14:54:38	DNF	DNF	DNF	-	-
	POSYNIAK ANNA	3449	NIENAWIDZĘ BUBICZA	BRZEG	POL	MASTERS K - 40			00:00:50	02:59:29	08:53:41	17:55:26	DNF	DNF	DNF	-	-
	KŁOS ANETA	3359		POZNAŃ	POL	MASTERS K - 40			00:00:45	03:12:29	09:26:31	17:55:37	DNF	DNF	DNF	-	-
	KRAJEWSKA-KŁODA KATARZYNA	3092	DRUŻYNA SZPIKU	CZAPURY	POL	MASTERS K - 40			00:00:53	02:43:55	07:28:04	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Masters M - 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	PERYKASZA PAWEŁ	3477	GRUPALUKTRANS	KRAKÓW	POL	MASTERS M - 40	1	M 4	00:00:03	01:31:23	04:03:13	07:28:37	10:44:49	11:56:30.90	11:56:30.90	6:30	9.2
2	OLEKSIEWICZ MAURYCY	3030	ALPIN SPORT TEAM	ŁÓDŹ	POL	MASTERS M - 40	2	M 5	00:00:02	01:22:23	03:46:39	07:23:51	10:50:32	12:04:26.05	12:04:26.05	6:35	9.1
3	MORAWA MATEUSZ	3316	LACHO TEAM	KRAKÓW	POL	MASTERS M - 40	3	M 6	00:00:03	01:31:26	04:07:45	07:40:56	11:03:35	12:11:56.05	12:11:56.05	6:39	9
4	STYPEREK JAKUB	3120	VEGE RUNNERS	PSARSKIE	POL	MASTERS M - 40	4	M 9	00:00:03	01:31:54	04:11:26	08:11:10	11:33:29	12:49:20.50	12:49:20.50	6:59	8.6
5	SKORUPA JACEK	3427	EUFORABIEGACZ	ŚCINAWA	POL	MASTERS M - 40	5	M 10	00:00:01	01:36:25	04:33:31	08:40:12	11:43:51	12:50:01.25	12:50:01.25	7:00	8.6
6	MASTYGA ANDRZEJ	3332	ANDREA TEAM	CHARBIELIN	POL	MASTERS M - 40	6	M 12	00:00:24	01:35:28	04:19:10	08:45:27	11:55:17	13:15:35.00	13:15:35.00	7:13	8.3
7	SZRAMOWIAT MAREK	3489	BRITA	LWÓWEK ŚLĄSKI	POL	MASTERS M - 40	7	M 15	00:00:03	01:35:23	04:17:06	08:25:33	12:06:36	13:31:38.70	13:31:38.70	7:22	8.1
8	KOGUT STANISŁAW	3457	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	MASTERS M - 40	8	M 22	00:00:02	01:40:47	04:29:27	08:37:12	12:24:53	13:42:02.95	13:42:02.95	7:28	8
9	BERG ALEKSANDER	3267		KŁODZKO	POL	MASTERS M - 40	9	M 23	00:00:04	01:45:06	04:34:19	08:40:12	12:20:42	13:45:21.30	13:45:21.30	7:30	8
10	GREDEYS GRZEGORZ	3369		KŁODZKO	POL	MASTERS M - 40	10	M 24	00:00:04	01:45:07	04:34:19	08:40:11	12:20:42	13:45:21.35	13:45:21.35	7:30	8
11	MATLOK MAREK	3476	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	11	M 30	00:00:04	01:38:02	04:31:54	08:36:17	12:33:04	14:08:03.10	14:08:03.10	7:42	7.8
12	STEFANIAK ŁUKASZ	3337		SZCZECIN	POL	MASTERS M - 40	12	M 32	00:00:05	01:37:54	04:31:57	08:53:19	12:53:12	14:15:50.25	14:15:50.25	7:46	7.7
13	GŁOWACKI ARTUR	3099	KGHM ZG RUN	GŁOGÓW	POL	MASTERS M - 40	13	M 35	00:00:04	01:41:54	04:50:39	09:22:11	13:01:51	14:18:51.70	14:18:51.70	7:48	7.7
14	WEINERT ARTUR	3061	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	14	M 36	00:00:03	01:40:36	04:36:01	08:54:45	12:53:48	14:21:50.50	14:21:50.50	7:50	7.7
15	GEZELA ROBERT	3403	EUFORIA BIEGACZA TEAM	GÓRA	POL	MASTERS M - 40	15	M 39	00:00:01	01:37:52	04:33:33	08:54:44	12:55:41	14:28:35.55	14:28:35.55	7:53	7.6
16	GAŁUSZKA RAFAŁ	3401		GUBIN	POL	MASTERS M - 40	16	M 42	00:00:01	01:42:42	04:40:28	09:09:12	13:06:18	14:31:48.30	14:31:48.30	7:55	7.6
17	MAJCHRZAK JACEK	3026	KOŚCIAN TEAM ULTRA	KOŚCIAN	POL	MASTERS M - 40	17	M 44	00:00:09	01:48:04	04:56:57	09:13:14	13:06:31	14:34:35.80	14:34:35.80	7:57	7.5
18	ROSZCZYK KAROL	3190		LUBASZ	POL	MASTERS M - 40	18	M 45	00:00:16	01:46:17	04:40:37	09:08:44	13:13:05	14:38:34.25	14:38:34.25	7:59	7.5
19	CZAJKA TOMASZ	3340		JASTRZEBIE-ZDROJ	POL	MASTERS M - 40	19	M 47	00:00:15	01:50:38	04:54:42	09:18:55	13:14:02	14:40:15.10	14:40:15.10	8:00	7.5
20	KUROWSKI MACIEJ	3343	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	20	M 48	00:00:13	01:56:34	05:02:24	09:36:38	13:20:55	14:44:32.45	14:44:32.45	8:02	7.5
21	PTASIŃSKI TOMASZ	3180	CZAJKERSI - OSAKTRANSPORT	NOWA RUDA	POL	MASTERS M - 40	21	M 49	00:00:02	01:34:10	04:22:12	08:52:00	13:10:09	14:49:16.85	14:49:16.85	8:05	7.4
22	BIADASZ ANDRZEJ MICHAŁ	3232	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	22	M 51	00:00:07	01:58:04	05:15:24	09:30:44	13:23:03	14:51:24.25	14:51:24.25	8:06	7.4
23	PASTERNOK MARIAN	3399	RESHAPE RUNNERS	ZABRZE	POL	MASTERS M - 40	23	M 52	00:00:23	01:56:07	05:00:52	09:20:41	13:27:36	14:57:47.75	14:57:47.75	8:09	7.4
24	TIETZ PRZEMYSŁAW	3048		STARGARD	POL	MASTERS M - 40	24	M 54	00:00:56	01:52:30	05:16:18	09:47:47	13:43:34	15:10:20.00	15:10:20.00	8:16	7.3
25	WŁÓDARCZYK MICHAŁ	3425		ŁÓDŹ	POL	MASTERS M - 40	25	M 55	00:00:06	01:43:19	04:54:18	09:32:04	13:41:16	15:10:33.95	15:10:33.95	8:16	7.2
26	LITWIN MICHAŁ	3322	LITWIN	PASIKUROWICE	POL	MASTERS M - 40	26	M 56	00:00:13	01:42:59	04:41:51	09:19:14	13:46:58	15:13:19.05	15:13:19.05	8:18	7.2
27	ŁUKACKI DANIEL	3243	#SOBASTEAM	DOMASZCZYN	POL	MASTERS M - 40	27	M 57	00:00:16	01:42:50	04:41:51	09:19:15	13:46:58	15:13:19.35	15:13:19.35	8:18	7.2
28	BIŃCZARSKI PATRYK	3042		WŁOCLAWEK	POL	MASTERS M - 40	28	M 62	00:00:05	01:54:10	05:14:05	09:49:37	13:46:51	15:22:25.85	15:22:25.85	8:23	7.2
29	MORAWSKI FILIP	3418	KRAKOWIAK ULTRA TEAM	PUSZCZYKOWO	POL	MASTERS M - 40	29	M 65	00:00:09	01:54:17	05:15:19	10:02:02	13:59:32	15:26:13.65	15:26:13.65	8:25	7.1
30	WOJCIECHOWSKI DARIUSZ	3416	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	MASTERS M - 40	30	M 66	00:00:09	01:54:16	05:15:21	10:03:24	14:12:53	15:28:12.75	15:28:12.75	8:26	7.1

BIEG K-B-L - 110 KM, Masters M - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
31	PAŻUCHA WOJCIECH	3321		LUSÓWKO	POL	MASTERS M - 40	31	M 67	00:00:09	01:54:17	05:15:20	10:03:23	14:12:54	15:29:58.00	15:29:58.00	8:27	7.1
32	MELLER WOJCIECH	3392	GÓRAL Z MAZUR RUNNING TEAM	DYWITY	POL	MASTERS M - 40	32	M 69	00:00:07	01:57:44	05:15:23	09:44:30	13:51:30	15:30:29.00	15:30:29.00	8:27	7.1
33	ŻARNIEWSKI WOJCIECH	3278	DOGOŃ GRODZISK MAZOWIECKI	BRWINÓW	POL	MASTERS M - 40	33	M 74	00:00:40	02:06:36	05:18:21	09:42:35	13:58:18	15:34:22.20	15:34:22.20	8:29	7.1
34	CZYŚCIAK KRZYSZTOF	3139	KB SOBÓTKA	ŻÓRAWINA	POL	MASTERS M - 40	34	M 76	00:00:07	01:49:51	05:09:53	09:42:02	13:58:15	15:34:43.50	15:34:43.50	8:29	7.1
35	GIL MIROSLAW	3290	KB GEPARD MUROWANA GOŚLINA	BOLECHOWO OSIEDLE	POL	MASTERS M - 40	35	M 77	00:00:40	02:04:25	05:24:14	09:53:47	14:12:59	15:35:24.15	15:35:24.15	8:30	7.1
36	PIETRZAK PAWEŁ	3293	DOGOŃ GRODZISK MAZOWIECKI	PRUSZKÓW	POL	MASTERS M - 40	36	M 78	00:00:39	02:01:25	05:12:43	09:44:18	14:03:47	15:36:35.50	15:36:35.50	8:30	7
37	MÍŚ MATEUSZ	3193	SŁAWA	SŁAWA	POL	MASTERS M - 40	37	M 79	00:00:21	01:57:27	05:18:43	10:01:53	14:16:45	15:43:16.00	15:43:16.00	8:34	7
38	SENDOBRY ARTUR	3239	RUDA SŁĄSKA	RUDA SŁĄSKA	POL	MASTERS M - 40	38	M 80	00:00:02	01:48:55	05:01:51	09:45:04	14:03:58	15:44:44.10	15:44:44.10	8:35	7
39	RUSIN KRZYSZTOF	3298	LECE Z PANTALONEM	SZARÓW	POL	MASTERS M - 40	39	M 81	00:00:10	01:48:25	04:56:11	09:32:49	14:03:26	15:44:49.60	15:44:49.60	8:35	7
40	PYREK KRZYSZTOF	3012	1 RBLOG	WAŁCZ	POL	MASTERS M - 40	40	M 90	00:00:05	01:42:45	04:58:14	09:54:27	14:23:39	15:58:17.45	15:58:17.45	8:42	6.9
41	BASTRZYK TOMASZ	3032		SKARŻYSKO-KAMI ENNA	POL	MASTERS M - 40	41	M 92	00:00:10	01:56:31	05:09:49	09:54:46	14:26:12	16:00:05.90	16:00:05.90	8:43	6.9
42	NAGLAK ŁUKASZ	3095	KOŹMIN BIEGA ULTRA RUNNERS	KOŹMIN WIELKOPOLSKI	POL	MASTERS M - 40	42	M 93	00:00:17	02:04:56	05:21:02	10:25:34	14:32:29	16:02:21.25	16:02:21.25	8:44	6.9
43	GAŁEK WOJCIECH	3049	NO PAIN NO GAIN	WROCŁAW	POL	MASTERS M - 40	43	M 94	00:00:12	02:04:50	05:45:45	10:30:53	14:33:26	16:05:17.30	16:05:17.30	8:46	6.8
44	PARUCKI MICHAŁ	3166	VEGE RUNNERS	POZNAŃ	POL	MASTERS M - 40	44	M 98	00:00:49	02:00:08	05:20:35	10:21:07	14:43:52	16:22:20.40	16:22:20.40	8:55	6.7
45	MIKRUT REMIGIUSZ	3324		CHELMNO	POL	MASTERS M - 40	45	M 102	00:00:07	01:48:00	05:07:05	10:17:53	15:03:55	16:33:08.90	16:33:08.90	9:01	6.6
46	KOWCZYK ŁUKASZ	3481	DRUŻYNA CHROBREGO	SZPROTAWA	POL	MASTERS M - 40	46	M 105	00:00:33	02:08:51	05:43:06	10:43:03	14:58:52	16:36:14.15	16:36:14.15	9:03	6.6
47	BUDZYŃSKI PRZEMYSŁAW	3127	BUDZYŃSCY TEAM	SZCZECIN	POL	MASTERS M - 40	47	M 108	00:00:10	01:54:28	05:24:17	10:17:47	14:55:56	16:40:17.95	16:40:17.95	9:05	6.6
48	PIETRZAK SŁAWOMIR	3158		PLESZEW	POL	MASTERS M - 40	48	M 109	00:00:11	01:54:48	05:21:29	10:28:52	14:58:51	16:40:19.10	16:40:19.10	9:05	6.6
49	KĘDZIELEWSKI ŁUKASZ	3349	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	49	M 110	00:00:10	01:54:26	05:24:15	10:17:45	14:55:54	16:40:21.55	16:40:21.55	9:05	6.6
50	SZYNAWA MARCIN	3100	ENDURANCE TEAM	SIEMIANOWICE	POL	MASTERS M - 40	50	M 111	00:00:55	02:14:57	05:52:50	10:53:42	15:17:57	16:40:24.35	16:40:24.35	9:05	6.6
51	CHOMA MAREK	3260	PĘDZĄCE LENIWCE	REPKI	POL	MASTERS M - 40	51	M 112	00:00:14	01:56:54	05:29:33	10:18:51	14:56:24	16:41:52.40	16:41:52.40	9:06	6.6
52	JAGNIĄTKOWSKI JACEK	3351	TEAM KURORT ŁĄDKU ZDRÓJ	OŁDRZYCHOWICE KŁODZKIE	POL	MASTERS M - 40	52	M 114	00:00:20	01:56:45	05:18:12	10:15:07	15:25:22	16:42:16.30	16:42:16.30	9:06	6.6
53	KOŁODZIEJ PAWEŁ	3077		CZERNICA	POL	MASTERS M - 40	53	M 115	00:00:07	02:01:41	05:22:33	10:15:41	14:57:03	16:42:54.10	16:42:54.10	9:07	6.6
54	DĄBKOWSKI WOJCIECH	3291	ARP E-VEHICLES	SOLEC KUJAWSKI	POL	MASTERS M - 40	54	M 117	00:00:31	02:04:51	05:33:42	10:28:34	15:04:18	16:44:32.90	16:44:32.90	9:07	6.6
55	MUCHA ROBERT	3417		OLKUSZ/JERZMAN OWICE	POL	MASTERS M - 40	55	M 124	00:00:15	02:08:53	05:42:43	10:34:41	15:12:19	16:55:34.60	16:55:34.60	9:13	6.5
56	KROK SŁAWOMIR	3424		JĘDRZYCHÓW	POL	MASTERS M - 40	56	M 125	00:00:52	02:09:03	05:58:51	10:38:15	15:16:45	16:56:01.00	16:56:01.00	9:14	6.5
57	JASINIAK BARTOSZ	3053		SŁUBICE	POL	MASTERS M - 40	57	M 127	00:00:11	01:54:39	05:26:58	10:26:02	15:19:08	16:56:37.65	16:56:37.65	9:14	6.5
58	KLIGLICH PAWEŁ	3019		STARE LIPINY	POL	MASTERS M - 40	58	M 128	00:00:13	02:00:21	05:42:51	10:38:49	15:28:37	16:59:51.65	16:59:51.65	9:16	6.5
59	BIECUSZEK TOMASZ	3110	AKTYWNA NOWA RUDA	NOWA RUDA	POL	MASTERS M - 40	59	M 129	00:00:21	01:57:22	05:36:29	10:53:08	15:32:32	17:01:44.45	17:01:44.45	9:17	6.5
60	BUCHHOLTZ TOMASZ	3122	PORANNY BESKID RUN	MIĘDZYŚWIEĆ	POL	MASTERS M - 40	60	M 131	00:00:32	02:11:46	05:56:07	11:00:19	15:29:00	17:05:25.55	17:05:25.55	9:19	6.4
61	KRZYSZTOŃ MACIEJ	3299	KB GEPARD MUROWANA GOŚLINA	MUROWANA GOŚLINA	POL	MASTERS M - 40	61	M 135	00:00:40	02:04:26	05:24:19	10:20:43	15:28:09	17:10:40.30	17:10:40.30	9:22	6.4
62	HOFSTRA TSJEARD	3247	FRYSMAN	WOMMELS	NED	MASTERS M - 40	62	M 136	00:00:33	02:02:03	05:15:22	09:46:46	15:03:09	17:11:23.10	17:11:23.10	9:22	6.4
63	CZERNIACHOWSKI ARTUR	3074	ULTRA TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	MASTERS M - 40	63	M 137	00:00:12	02:04:53	05:45:35	10:45:53	15:32:35	17:11:29.05	17:11:29.05	9:22	6.4
64	WIERZCHOŃ MICHAŁ	3439	MR. DOC	ŁÓDŹ	POL	MASTERS M - 40	64	M 139	00:00:16	01:55:06	05:19:00	10:33:00	15:30:20	17:14:57.05	17:14:57.05	9:24	6.4
65	NAWROT ARTUR	3480		KSIĘGINICE	POL	MASTERS M - 40	65	M 141	00:00:22	01:49:03	05:16:15	10:29:21	15:33:59	17:19:34.75	17:19:34.75	9:27	6.3
66	SŁOWIK GRZEGORZ	3144	NIE WIEM GDZIE JESTEM	OSTRZESZÓW	POL	MASTERS M - 40	66	M 142	00:00:03	01:54:47	05:35:23	10:46:30	15:35:06	17:31:59.20	17:31:59.20	9:33	6.3
67	KOZŁOWSKI ARTUR	3184		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	67	M 144	00:00:08	01:58:25	05:22:43	10:28:55	15:40:37	17:32:35.30	17:32:35.30	9:34	6.3
68	GŁOWACKI RAFAŁ	3098		GDAŃSK	POL	MASTERS M - 40	68	M 146	00:00:20	02:01:54	05:47:44	11:14:14	15:58:48	17:37:33.30	17:37:33.30	9:36	6.2
69	MARKOWSKI MAREK	3490	KS LENIWIEC	KĘPNO	POL	MASTERS M - 40	69	M 147	00:00:27	02:06:59	05:44:17	11:00:17	15:59:47	17:42:45.40	17:42:45.40	9:39	6.2
70	DECHNIK ŁUKASZ	3297	I W GÓRĘ I W DÓŁ	WROCŁAW	POL	MASTERS M - 40	70	M 148	00:00:17	02:02:16	05:42:03	10:48:54	15:57:04	17:47:35.05	17:47:35.05	9:42	6.2
71	CHRZANOWSKI PAWEŁ	3431		ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	71	M 151	00:00:31	02:09:46	05:37:52	11:11:04	15:54:10	17:49:36.20	17:49:36.20	9:43	6.2
72	SUSZ MARIAN	3338	GRZMOTOMOCNI SOBÓTKA	SOBÓTKA	POL	MASTERS M - 40	72	M 152	00:00:17	02:01:26	05:48:26	11:06:43	15:59:39	17:51:55.35	17:51:55.35	9:44	6.2

BIEG K-B-L - 110 KM, Masters M - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
73	FILIPIAK HIERONIM	3209	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	MASTERS M - 40	73	M 153	00:00:18	02:00:11	05:33:37	11:18:53	16:19:49	17:53:04.55	17:53:04.55	9:45	6.2
74	KADŁUBOWSKI PIOTR	3494	RUN100LOVE / GÓRYLASY / KOTWICA BRZEG	BRZEG	POL	MASTERS M - 40	74	M 154	00:00:01	02:07:31	05:50:23	11:33:28	16:22:41	17:53:35.00	17:53:35.00	9:45	6.1
75	GRYCMAN ŁUKASZ	3441		TRZCINICA	POL	MASTERS M - 40	75	M 155	00:00:23	02:07:01	06:10:01	11:16:33	16:13:47	17:56:23.80	17:56:23.80	9:47	6.1
76	PANTOŁ MIROSŁAW	3194		RZESZÓW	POL	MASTERS M - 40	76	M 159	00:00:09	02:14:51	06:05:02	11:01:27	16:18:36	18:03:08.65	18:03:08.65	9:50	6.1
77	STELMACH KRZYSZTOF	3407		WIELUŃ	POL	MASTERS M - 40	77	M 162	00:00:09	02:05:27	05:56:44	11:12:58	16:33:30	18:16:55.95	18:16:55.95	9:58	6
78	LEWANDOWSKI GRZEGORZ	3009		GOLENIÓW	POL	MASTERS M - 40	78	M 164	00:00:22	02:11:55	05:56:46	11:15:18	16:31:55	18:18:24.90	18:18:24.90	9:59	6
79	NICPOŃ SEBASTIAN	3430		PATOBIEGACZE	POL	MASTERS M - 40	79	M 165	00:00:02	02:05:58	05:44:16	11:09:31	16:25:17	18:20:46.00	18:20:46.00	10:00	6
80	BRZozowski RAFAŁ	3474		KŁODZKO	POL	MASTERS M - 40	80	M 169	00:00:39	02:15:18	05:58:59	11:21:21	16:41:23	18:30:22.05	18:30:22.05	10:05	5.9
81	JAROSIŃSKI ŁUKASZ	3132		TANŃCZACE MUCHOMORKI	POL	MASTERS M - 40	81	M 172	00:00:12	02:01:39	05:50:45	11:49:20	16:51:35	18:36:10.60	18:36:10.60	10:08	5.9
82	BRAUN ZBIGNIEW	3362		WKB MARATONCZYK	POL	MASTERS M - 40	82	M 173	00:00:06	01:54:16	05:14:11	10:22:58	16:31:57	18:37:09.40	18:37:09.40	10:09	5.9
83	SKRZYPIŃSKI ARKADIUSZ	3102		PSI PATROL	POL	MASTERS M - 40	83	M 175	00:00:32	02:07:45	05:43:27	11:21:20	16:35:39	18:37:13.10	18:37:13.10	10:09	5.9
84	NIEMIRO PAWEŁ	3421		JAGODOWO-KALINOW Y TEAM	POL	MASTERS M - 40	84	M 178	00:00:34	02:13:53	06:19:39	11:57:32	16:54:08	18:46:30.25	18:46:30.25	10:14	5.9
85	KRACZKOWSKI PRZEMYSŁAW	3251		142BLP TRZEBIATÓW	POL	MASTERS M - 40	85	M 179	00:00:20	02:14:40	06:19:47	11:37:59	16:54:06	18:46:31.10	18:46:31.10	10:14	5.9
86	KRAUSE KUBA	3364		NATURAL BORN RUNNERS	POL	MASTERS M - 40	86	M 181	00:00:26	01:58:48	05:20:57	11:33:11	16:55:11	18:48:30.45	18:48:30.45	10:15	5.8
87	MALKOWSKI KRZYSZTOF	3163			POL	MASTERS M - 40	87	M 182	00:00:26	01:58:49	05:20:58	11:33:13	16:55:14	18:48:33.05	18:48:33.05	10:15	5.8
88	DADELSKI MARIUSZ	3045		RUNCROSS ROZGARTY	POL	MASTERS M - 40	88	M 183	00:00:36	02:24:32	06:26:30	11:39:50	16:52:59	18:49:38.95	18:49:38.95	10:16	5.8
89	OLSZAŃSKI KRZYSZTOF	3108		RUNNING FREE	POL	MASTERS M - 40	89	M 184	00:01:04	02:30:21	06:45:15	12:41:16	17:07:54	18:55:21.70	18:55:21.70	10:19	5.8
90	GUMIENNY GRZEGORZ	3411			POL	MASTERS M - 40	90	M 186	00:00:24	01:41:28	04:36:31	09:33:20	15:34:14	18:56:45.75	18:56:45.75	10:20	5.8
91	KOREK KRYSZTIAN	3174			POL	MASTERS M - 40	91	M 188	00:00:52	02:31:56	06:44:59	11:53:55	17:03:24	18:59:17.05	18:59:17.05	10:21	5.8
92	ZATAJ IGOR	3015		KB MANIAC POZNAŃ	POL	MASTERS M - 40	92	M 189	00:00:44	02:18:13	06:32:04	12:07:17	17:21:49	18:59:56.05	18:59:56.05	10:21	5.8
93	LUTY MARIUSZ	3140		KĘSY TEAM	POL	MASTERS M - 40	93	M 191	00:00:07	01:53:24	05:22:31	11:45:38	17:10:56	19:01:45.75	19:01:45.75	10:22	5.8
94	KWIECIEŃ KRZYSZTOF	3196		MEGAWONSZ	POL	MASTERS M - 40	94	M 192	00:00:38	02:21:22	05:55:44	11:14:41	16:40:45	19:02:30.65	19:02:30.65	10:23	5.8
95	SZCZUREK MARIUSZ	3492		AGROAS TEAM	POL	MASTERS M - 40	95	M 193	00:00:07	02:02:10	06:07:04	11:49:25	17:09:49	19:03:24.95	19:03:24.95	10:23	5.8
96	ZIELIŃSKI TOMASZ	3031		ULTRAPIOTRKÓW	POL	MASTERS M - 40	96	M 197	00:00:04	02:28:59	06:37:04	12:11:27	17:20:18	19:10:55.85	19:10:55.85	10:27	5.7
97	KUŚMIDER MICHAŁ	3348		TANŃCZĄCE MUCHOMORKI	POL	MASTERS M - 40	97	M 198	00:00:15	02:01:41	05:50:42	11:59:59	17:37:08	19:11:49.15	19:11:49.15	10:28	5.7
98	WIATER TOMASZ	3130			POL	MASTERS M - 40	98	M 202	00:00:42	02:24:25	06:31:35	12:21:11	17:37:12	19:15:23.90	19:15:23.90	10:30	5.7
99	KOCIOŁEK ZBIGNIEW	3331			POL	MASTERS M - 40	99	M 208	00:00:47	02:24:15	06:31:51	12:08:24	17:27:04	19:20:32.95	19:20:32.95	10:33	5.7
100	KŁAK WOJCIECH	3327		SZYBKIE ŻÓŁWIE OPATÓW	POL	MASTERS M - 40	100	M 209	00:00:36	02:26:13	06:56:22	12:27:35	17:42:03	19:21:17.15	19:21:17.15	10:33	5.7
101	SITAK ADAM	3146		CZEWKA ULTRA SQUAD	POL	MASTERS M - 40	101	M 210	00:00:20	01:59:55	05:35:24	11:55:59	17:37:32	19:21:38.75	19:21:38.75	10:33	5.7
102	CWOJDZIŃSKI PIOTR	3274		NIGHT RUNNERS / NO PROBLAMA TEAM	POL	MASTERS M - 40	102	M 212	00:00:41	02:10:57	06:13:15	12:06:47	17:41:57	19:23:29.90	19:23:29.90	10:34	5.7
103	KIERZEK ARTUR	3094		BIEGACZE KOSMOSU	POL	MASTERS M - 40	103	M 213	00:00:44	02:26:45	06:31:31	12:03:58	17:00:04	19:26:36.85	19:26:36.85	10:36	5.7
104	WEWIOR TOMASZ	3121		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	104	M 223	00:00:08	02:09:01	06:18:59	12:16:05	17:59:31	19:49:34.35	19:49:34.35	10:48	5.5
105	RADOMSKI GRZEGORZ	3059		MOKRE RUN	POL	MASTERS M - 40	105	M 224	00:00:05	01:54:52	05:46:41	11:34:07	17:26:43	19:50:05.65	19:50:05.65	10:49	5.5
106	ISKRA ARKADIUSZ	3241		SZAKALE BAŁUT ŁÓDŹ	POL	MASTERS M - 40	106	M 230	00:00:44	02:16:41	06:50:56	12:41:35	18:06:54	20:01:08.40	20:01:08.40	10:55	5.5
107	BUJAŁSKI SZYMON	3171			POL	MASTERS M - 40	107	M 231	00:00:21	02:18:15	06:14:19	12:09:57	18:13:30	20:07:40.60	20:07:40.60	10:58	5.5
108	PASZKOWSKI PIOTR	3063		WKURW_TEAM	POL	MASTERS M - 40	108	M 233	00:00:14	01:39:43	05:26:17	12:33:11	18:42:35	20:18:39.20	20:18:39.20	11:04	5.4
109	SKRYNKOWSKI MICHAŁ	3466		STARA ŁOMNICA	POL	MASTERS M - 40	109	M 237	00:00:43	02:20:35	07:00:03	12:54:03	18:59:18	20:31:16.80	20:31:16.80	11:11	5.4
110	STOŁOWSKI ROBERT	3257		AMICA	POL	MASTERS M - 40	110	M 239	00:00:41	02:23:08	06:49:13	12:58:36	18:45:51	20:34:26.65	20:34:26.65	11:13	5.3
111	DOLNY MARCIN	3213		FOREST GANG	POL	MASTERS M - 40	111	M 242	00:00:35	02:25:21	06:37:35	12:54:37	18:43:14	20:39:34.95	20:39:34.95	11:16	5.3
112	FILIPIAK SEBASTIAN	3118		EKIPA LIPA	POL	MASTERS M - 40	112	M 244	00:00:21	02:20:40	06:36:18	12:30:25	18:37:42	20:40:23.95	20:40:23.95	11:16	5.3
113	KUSY RAFAŁ	3325		PBRUN	POL	MASTERS M - 40	113	M 248	00:00:32	02:11:51	06:16:41	12:45:50	18:41:22	20:43:18.80	20:43:18.80	11:18	5.3
114	HOJCZYK KAROL	3014		EXPLORADOR & WOLNE ŚLIMAKI	POL	MASTERS M - 40	114	M 251	00:00:37	02:32:17	06:56:21	12:27:33	18:41:28	20:46:29.65	20:46:29.65	11:19	5.3
115	WIJAS MARIUSZ	3405			POL	MASTERS M - 40	115	M 252	00:00:23	02:26:50	06:47:33	12:41:57	18:43:22	20:46:45.70	20:46:45.70	11:20	5.3
116	KUTRZYK PRZEMYSŁAW	3073		SOSNOWIEC	POL	MASTERS M - 40	116	M 253	00:00:13	02:08:23	06:35:52	14:00:00	18:45:30	20:47:28.30	20:47:28.30	11:20	5.3
117	STODULSKI TOMASZ	3197		GÓRAL Z MAZUR RUNNING TEAM	POL	MASTERS M - 40	117	M 258	00:00:38	02:17:07	06:49:47	12:50:00	18:47:25	21:06:25.05	21:06:25.05	11:30	5.2

BIEG K-B-L - 110 KM, Masters M - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
118	AMANOWICZ LUKASZ	3459		ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	118	M 260	00:00:26	02:12:50	06:19:38	12:06:40	19:20:08	21:06:47.65	21:06:47.65	11:30	5.2
119	KADECKI MAREK	3272		KARGOSZYN	POL	MASTERS M - 40	119	M 261	00:00:13	02:24:37	06:52:28	12:52:10	18:58:18	21:08:40.45	21:08:40.45	11:32	5.2
120	KUNERT KRZYSZTOF	3358		KATOWICE	POL	MASTERS M - 40	120	M 263	00:00:09	02:16:33	06:31:20	12:50:32	18:56:11	21:15:25.50	21:15:25.50	11:35	5.2
121	ZIENIEWICZ WOJCIECH	3221		WROCŁAW	POL	MASTERS M - 40	121	M 264	00:00:04	02:03:40	06:14:09	12:47:54	19:13:16	21:16:57.70	21:16:57.70	11:36	5.2
122	SKOCZYŁAS PIOTR	3104	ENDURANCE TEAM	CHORZÓW	POL	MASTERS M - 40	122	M 265	00:00:54	02:19:30	06:44:54	12:58:05	19:11:17	21:18:23.45	21:18:23.45	11:37	5.2
123	MICHAŁOWSKI TOMASZ	3304		SZCZECIN	POL	MASTERS M - 40	123	M 269	00:00:29	02:13:26	06:33:34	13:47:44	19:24:43	21:28:17.90	21:28:17.90	11:42	5.1
124	MURCHA PAWEŁ	3328	AUGUSTEAM	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS M - 40	124	M 271	00:00:38	02:19:19	06:27:28	12:39:26	18:47:38	21:38:32.35	21:38:32.35	11:48	5.1
125	PIKUŁA SEBASTAIN	3470		GORZÓW WLKP.	POL	MASTERS M - 40	125	M 273	00:00:51	02:16:02	06:37:16	12:24:14	19:26:06	21:48:06.95	21:48:06.95	11:53	5
126	HALINIAK MAREK	3064	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	MASTERS M - 40	126	M 274	00:00:34	02:25:11	07:08:53	13:12:58	19:56:05	21:51:53.35	21:51:53.35	11:55	5
127	SAMBORSKI DANIEL	3020	KBKS RADOMSKO	OPOLE	POL	MASTERS M - 40	127	M 280	00:00:32	02:24:36	06:36:03	12:37:28	19:28:36	22:06:38.15	22:06:38.15	12:03	5
128	HORAK LESŁAW	3371	KRYZYS WIEKU ŚREDNIEGO	MNICH	POL	MASTERS M - 40	128	M 283	00:00:41	02:32:58	07:19:50	14:03:47	20:18:07	22:28:33.35	22:28:33.35	12:15	4.9
129	HOWIL WALDEMAR	3152	BIEGOWE KAIZEN	GRYFINO	POL	MASTERS M - 40	129	M 285	00:00:35	02:25:57	07:21:36	13:52:16	20:02:02	22:30:54.95	22:30:54.95	12:16	4.9
130	KOPYRA TOMASZ	3058	#BIEGAMWOLNOALED OKŁADNIE	OBORNIKI ŚLĄSKIE	POL	MASTERS M - 40	130	M 286	00:00:52	02:21:43	06:30:38	13:17:22	19:47:59	22:31:07.10	22:31:07.10	12:16	4.9
131	ŻOŁYNIAK SZYMON	3036		SIERADZ	POL	MASTERS M - 40	131	M 291	00:00:10	02:15:51	06:31:00	13:05:34	20:08:14	22:51:01.15	22:51:01.15	12:27	4.8
132	STRZELEC TOMASZ	3208	KB HERMES GRYPINO	GRYPINO	POL	MASTERS M - 40	132	M 298	00:00:53	02:38:46	07:32:18	14:25:23	21:13:21	23:17:52.90	23:17:52.90	12:42	4.7
133	KAMIŃSKI TONASZ	3050		CHOJNÓW	POL	MASTERS M - 40	133	M 300	00:00:17	02:30:00	07:47:53	14:38:43	20:54:29	23:18:17.90	23:18:17.90	12:42	4.7
134	RESPONDEK DARIUSZ	3170		WROCŁAW	POL	MASTERS M - 40	134	M 301	00:00:39	02:20:43	06:54:43	14:13:47	21:08:37	23:18:51.15	23:18:51.15	12:43	4.7
135	GAWORECKI SŁAWOMIR	3116	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	MASTERS M - 40	135	M 303	00:00:23	02:26:33	07:23:17	14:52:03	21:12:30	23:20:16.15	23:20:16.15	12:43	4.7
136	GRAFENDER MICHAŁ	3203		CZAPURY	POL	MASTERS M - 40	136	M 304	00:00:37	02:31:46	07:32:31	14:54:38	20:58:11	23:20:59.60	23:20:59.60	12:44	4.7
137	PRZYBYŁA ADAM	3292	WOLFOMOTO TEAM	ŁÓDŹ	POL	MASTERS M - 40	137	M 306	00:00:44	02:27:18	07:11:54	13:42:56	20:50:18	23:22:43.45	23:22:43.45	12:45	4.7
138	KRUPA DANIEL	3200		STARGARD	POL	MASTERS M - 40	138	M 309	00:00:36	02:45:52	07:37:50	14:20:45	21:16:14	23:39:30.50	23:39:30.50	12:54	4.6
139	RADOZYCKI RADEK	3201		SZCZECIN	POL	MASTERS M - 40	139	M 310	00:00:37	02:45:53	07:37:48	14:20:44	21:16:17	23:39:37.75	23:39:37.75	12:54	4.6
140	MRÓWCZYŃSKI TOMASZ	3207		SARBINOWO	POL	MASTERS M - 40	140	M 312	00:00:57	02:26:10	06:38:12	13:32:51	21:01:22	24:12:21.65	24:12:21.65	13:12	4.5
141	SZMANIA JAKUB	3179	HKT AZYMUT	SWARZĘDZ	POL	MASTERS M - 40	141	M 314	00:01:20	02:31:08	06:56:51	14:23:29	21:21:30	24:30:13.80	24:30:13.80	13:21	4.5
142	KOBLAŃSKI TOMASZ	3022		LEGNICA	POL	MASTERS M - 40	142	M 319	00:00:51	02:23:16	07:00:33	15:49:01	22:44:18	25:11:40.70	25:11:40.70	13:44	4.4
143	PIGŁA MICHAŁ	3303	SPORTOWY KAŻMIERZ	KIĄCZYŃ	POL	MASTERS M - 40	143	M 321	00:00:50	02:35:18	07:24:33	14:21:52	22:27:39	25:16:52.55	25:16:52.55	13:47	4.4
144	SCHLAPPA SEBASTIAN	3215	IZBICKO W BIEGU	IZBICKO	POL	MASTERS M - 40	144	M 322	00:00:29	02:35:48	07:28:38	15:17:55	22:58:47	25:20:40.10	25:20:40.10	13:49	4.3
	PTASZYŃSKI WOJCIECH	3428		FROMBORK	POL	MASTERS M - 40			00:00:19	01:40:24	04:31:54	09:40:09	DNF	DNF	DNF	-	-
	DYCZKOWSKI ANDRZEJ	3360	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:24	02:20:48	06:43:05	12:52:27	DNF	DNF	DNF	-	-
	KOZŁOWSKI PIOTR	3112	KLUB SPORTOWY HUSARIA SZCZECINEK	JASTROWIE	POL	MASTERS M - 40			00:00:23	02:29:36	07:23:18	14:52:02	DNF	DNF	DNF	-	-
	SZUMLAS MARCIN	3352	ULTRA WAY TEAM	POŁCHOWO	POL	MASTERS M - 40			00:00:45	02:35:28	07:34:01	14:54:47	DNF	DNF	DNF	-	-
	WAŚKO PAWEŁ	3082	CENTRUM MASAŻU	BIELSKO-BIAŁA	POL	MASTERS M - 40			00:00:01	01:27:07	04:23:01	DNF	DNF	DNF	DNF	-	-
	BANAŚ RADOSŁAW	3355	IZERY BOGATYNIA	CIEPŁOWODY	POL	MASTERS M - 40			00:00:11	01:40:00	04:29:43	DNF	DNF	DNF	DNF	-	-
	WÓJCİK ARTUR	3250	W POGONI ZA DUCHEM	DOBROWA GORNICZA	POL	MASTERS M - 40			00:00:06	01:58:23	06:09:10	DNF	DNF	DNF	DNF	-	-
	BARTKIEWICZ LECH	3117		ZIELONA GÓRA	POL	MASTERS M - 40			00:00:12	02:09:01	07:02:23	DNF	DNF	DNF	DNF	-	-
	KULA SEBASTIAN	3148		SYCÓW	POL	MASTERS M - 40			00:00:45	02:25:56	07:19:53	DNF	DNF	DNF	DNF	-	-
	BUBEL SEBASTIAN	3333		TWARDOWICE	POL	MASTERS M - 40			00:00:47	02:56:08	08:54:55	DNF	DNF	DNF	DNF	-	-
	TEJWAN LESZEK	3452	STG WARSZAWA	WARSZAWA	POL	MASTERS M - 40			00:00:23	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MIAZEK ŁUKASZ	3067		SOCHACZEW	POL	MASTERS M - 40			00:00:35	DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Weteran K - 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	BERNAT KATARZYNA	3177	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN K - 50	1	K 1	00:00:02	01:40:43	04:23:44	08:14:17	11:53:49	13:13:25.10	13:13:25.10	7:12	8.3
2	KANDEFER BEATA	3195	KB „ATHLETIC” ZRĘCIN	KORCZYNA	POL	WETERAN K - 50	2	K 13	00:00:15	02:01:31	05:33:25	10:41:55	15:11:51	16:51:13.35	16:51:13.35	9:11	6.5
3	ZAWADZKA MARZENA	3070		PILA	POL	WETERAN K - 50	3	K 50	00:00:13	02:26:01	06:53:57	12:38:10	17:52:44	19:52:52.05	19:52:52.05	10:50	5.5
4	LENART JOANNA	3111	ZADYSZKA OŚWIĘCIM	CHELMEK	POL	WETERAN K - 50	4	K 61	00:00:08	02:09:05	06:06:48	13:08:39	19:03:37	21:08:27.15	21:08:27.15	11:31	5.2
5	KROLS HILDE	3406	HAMOK	MOL	BEL	WETERAN K - 50	5	K 63	00:00:39	02:23:44	07:03:30	13:24:04	19:23:48	21:27:08.90	21:27:08.90	11:42	5.1
6	CIOSEK BEATA	3329	AUGUSTEAM	CHORZÓW	POL	WETERAN K - 50	6	K 65	00:00:37	02:19:21	06:27:27	12:56:18	18:48:46	21:38:32.10	21:38:32.10	11:48	5.1
7	ROGUT KATARZYNA	3382	AGB TORFY	RABIEŃ AB	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:58	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	12:06	5
8	ZIMINSKA JOANNA	3384	HAPPYRUNNERS	ŁÓDŹ	POL	WETERAN K - 50	7	K 69	00:00:41	02:34:56	07:25:16	13:42:33	19:59:35	22:12:39.85	22:12:39.85	12:06	5
9	PIEKAROWICZ MAGDALENA	3357		PRACE DUŻE	POL	WETERAN K - 50	9	K 72	00:00:27	02:33:00	07:27:50	14:03:48	20:13:48	22:29:43.95	22:29:43.95	12:16	4.9

BIEG K-B-L - 110 KM, Weteran I M - 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	BEŁDOWSKI SŁAWOMIR	3491		PIOTRKÓW TRYBUNALSKI	POL	WETERAN I M - 50	1	M 26	00:00:02	01:40:24	04:30:30	08:40:12	12:23:08	13:46:02.75	13:46:02.75	7:30	8
2	NIEZGÓDKA TOMASZ	3500	ZALOGA GÓRSKA	WROCŁAW	POL	WETERAN I M - 50	2	M 28	00:00:11	01:48:03	04:47:32	09:03:22	12:36:29	13:58:26.70	13:58:26.70	7:37	7.9
3	HIBNER JACEK	3373		ŁÓDŹ	POL	WETERAN I M - 50	3	M 29	00:00:06	01:39:40	04:25:39	08:39:56	12:38:00	14:05:09.50	14:05:09.50	7:40	7.8
4	LUBAŃSKI ROBERT	3437		BUKOWICE	POL	WETERAN I M - 50	4	M 33	00:00:07	01:43:13	04:34:29	08:54:57	12:48:12	14:16:39.05	14:16:39.05	7:47	7.7
5	ŁASKARZEWSKI JAROSŁAW	3413		WETERAN I M - 50	POL	WETERAN I M - 50	5	M 41	00:00:05	01:41:24	04:54:41	09:13:20	13:03:33	14:31:03.45	14:31:03.45	7:55	7.6
6	NAPARTY ZBIGNIEW	3056	KĘSY TEAM	OBORNIKI	POL	WETERAN I M - 50	6	M 50	00:00:08	01:53:20	05:22:30	09:42:32	13:31:52	14:50:45.70	14:50:45.70	8:05	7.4
7	TYLIŃSKI ARKADIUSZ	3263	LESZ NO LIMITS RUNNERS	LESZNO	POL	WETERAN I M - 50	7	M 58	00:00:08	01:52:32	05:01:26	09:32:48	13:46:46	15:13:34.95	15:13:34.95	8:18	7.2
8	KUPCZYK JACEK	3336	MOL RUNNERS	BYTKOWO	POL	WETERAN I M - 50	8	M 59	00:00:25	02:01:58	05:21:04	09:48:08	13:41:21	15:15:03.55	15:15:03.55	8:19	7.2
9	MATUSZEWSKI MAREK	3432	RUNNER'S POWER	ŚREM	POL	WETERAN I M - 50	9	M 73	00:00:12	01:48:51	05:01:21	09:53:04	14:05:33	15:34:05.55	15:34:05.55	8:29	7.1
10	MISZTAŁ RAFAŁ	3273	LOS PANTALONES ROJOS	CHRZANÓW	POL	WETERAN I M - 50	10	M 82	00:00:12	01:48:28	04:56:13	09:32:48	14:03:27	15:44:49.65	15:44:49.65	8:35	7
11	SOBCZAK ANTONI	3091	CROSSACTIVE NYSA	NYSA	POL	WETERAN I M - 50	11	M 83	00:00:19	01:52:47	05:11:52	09:48:21	14:08:53	15:46:36.45	15:46:36.45	8:36	7
12	PAWLUCZUK TOMASZ	3478	WŚCIEKŁE PIĘŚCI WEŻA	EŁK	POL	WETERAN I M - 50	12	M 84	00:00:15	01:54:59	05:12:58	09:57:38	14:08:20	15:48:34.55	15:48:34.55	8:37	7
13	SIEMIENIĄCZUK ROBERT	3090		WARSZAWA	POL	WETERAN I M - 50	13	M 99	00:00:18	01:58:02	05:16:19	10:01:39	14:48:46	16:22:21.50	16:22:21.50	8:55	6.7
14	PRZYBYŁ PIOTR	3191	EASY RUNNERS	GOSTYŃ	POL	WETERAN I M - 50	14	M 118	00:00:31	02:04:24	05:36:44	10:45:44	15:13:48	16:47:18.35	16:47:18.35	9:09	6.6
15	FRYSIAK ARTUR	3262	WIELUŃ ULTRA	WIELUŃ	POL	WETERAN I M - 50	15	M 123	00:00:09	01:54:24	05:21:09	10:31:05	15:16:31	16:55:29.40	16:55:29.40	9:13	6.5
16	GIBAŁSKI TOMASZ	3310	OBORYGENI	ROŚCISŁAWICE	POL	WETERAN I M - 50	16	M 133	00:00:36	02:24:12	06:47:56	11:31:21	15:41:07	17:07:09.25	17:07:09.25	9:20	6.4
17	ŻMIJEWSKI DARIUSZ	3488	EXTREMALNI RZEŹNICY NA RELAKSIE	GLIWICE	POL	WETERAN I M - 50	17	M 138	00:00:29	02:09:08	05:46:01	10:46:19	15:22:46	17:13:13.55	17:13:13.55	9:23	6.4
18	WOJTCZAK KRZYSZTOF	3264	WKB PIAST WROCŁAW	WROCŁAW	POL	WETERAN I M - 50	18	M 140	00:00:13	01:57:01	05:29:36	10:46:46	15:34:02	17:16:56.85	17:16:56.85	9:25	6.4
19	BERNAT ARKADIUSZ	3178	BIEGOWA ŚWIDNICA	ŚWIDNICA	POL	WETERAN I M - 50	19	M 157	00:00:06	01:58:13	05:12:41	10:07:31	16:08:59	17:59:02.30	17:59:02.30	9:48	6.1
20	KANIA PAWEŁ	3479	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	WETERAN I M - 50	20	M 168	00:00:47	02:22:25	06:14:15	11:40:34	16:49:05	18:29:55.75	18:29:55.75	10:05	5.9
21	GAWLAS PRZEMYSŁAW	3495		KŁODZKO	POL	WETERAN I M - 50	21	M 170	00:00:14	02:06:52	05:54:33	11:17:41	16:44:30	18:33:09.00	18:33:09.00	10:07	5.9
22	DAWIDZIAK JAROSŁAW	3414	MARATON LESZNO /AMBIT	LESZNO	POL	WETERAN I M - 50	22	M 174	00:00:32	02:07:43	05:43:26	10:51:54	16:35:38	18:37:12.75	18:37:12.75	10:09	5.9
23	JUSZCZAK ZBIGNIEW	3350	PKB KMP KALISZ	OPATÓWEK	POL	WETERAN I M - 50	23	M 176	00:00:38	02:26:28	06:58:33	11:52:42	16:17:04	18:41:00.20	18:41:00.20	10:11	5.9
24	CIECIELĄG PIOTR	3149		PIASECZNO	POL	WETERAN I M - 50	24	M 187	00:00:47	02:31:02	06:16:47	11:42:14	17:08:26	18:57:37.90	18:57:37.90	10:20	5.8
25	SZPYT ANDRZEJ	3402		GUBIN	POL	WETERAN I M - 50	25	M 196	00:00:15	02:00:32	05:42:01	11:50:11	17:16:58	19:07:47.85	19:07:47.85	10:26	5.8
26	ROSOŁOWSKI GRZEGORZ	3283	NADAKTYWNI NOWE MIASTECZKO	MIASTECZKO	POL	WETERAN I M - 50	26	M 214	00:00:45	02:21:53	06:21:44	12:28:38	17:35:54	19:33:04.60	19:33:04.60	10:39	5.6
27	CIPORA MACIEJ	3376	K&M TEAM	WROCŁAW	POL	WETERAN I M - 50	27	M 215	00:00:11	02:35:52	06:50:59	12:10:17	17:42:50	19:35:20.15	19:35:20.15	10:41	5.6
28	BLIŹNIEWSKI MAREK	3126		GŁOWNO	POL	WETERAN I M - 50	28	M 221	00:00:46	02:31:25	06:59:49	12:36:58	17:56:12	19:45:36.50	19:45:36.50	10:46	5.6
29	KOCHANOWSKI JERZY	3249	OSTRÓW BIEGA MAZOWIECKA	OSTRÓW	POL	WETERAN I M - 50	29	M 229	00:00:57	02:16:49	05:51:34	11:30:48	17:33:41	20:00:45.60	20:00:45.60	10:54	5.5
30	KOBIERSKI RADOSŁAW	3154	TANŹCĄCE MUCHOMORKI	HALINÓW	POL	WETERAN I M - 50	30	M 232	00:00:15	02:04:22	05:56:45	11:53:56	18:14:01	20:18:05.45	20:18:05.45	11:04	5.4
31	SIKORSKI GRZEGORZ	3076		BORYSŁAWICE ZAMKOWE	POL	WETERAN I M - 50	31	M 234	00:00:14	02:17:48	06:38:00	12:34:59	18:09:30	20:22:11.20	20:22:11.20	11:06	5.4

BIEG K-B-L - 110 KM, Weteran I M - 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
32	NOWAKOWSKI MIROSŁAW	3055		WIELEN	POL	WETERAN I M - 50	32	M 238	00:00:40	02:23:06	06:49:11	12:58:22	18:45:51	20:34:26.60	20:34:26.60	11:13	5.3
33	PIÓRKOWSKI MAREK	3034	BIEGOWA KUŹNIA	BĘDZIN	POL	WETERAN I M - 50	33	M 241	00:00:22	02:21:59	06:43:06	12:42:14	18:42:46	20:37:00.40	20:37:00.40	11:14	5.3
34	KAMYSZ ROBERT	3339	KW KRAKÓW	KRAKÓW	POL	WETERAN I M - 50	34	M 243	00:00:14	02:13:35	06:23:24	12:19:49	18:22:26	20:39:42.55	20:39:42.55	11:16	5.3
35	KURKUS ALEKSANDER	3229	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	WETERAN I M - 50	35	M 247	00:00:24	02:22:32	06:28:21	12:34:43	18:24:10	20:42:20.55	20:42:20.55	11:17	5.3
36	BURY MAREK	3212		KATOWICE	POL	WETERAN I M - 50	36	M 249	00:00:54	02:26:03	06:37:41	12:49:33	18:46:53	20:44:56.05	20:44:56.05	11:19	5.3
37	JASIŃSKI MIKOŁAJ	3469		TRUSKAW	POL	WETERAN I M - 50	37	M 256	00:00:17	02:18:32	06:34:55	12:43:18	19:02:43	21:05:33.70	21:05:33.70	11:30	5.2
38	KOSZAREK ANDRZEJ	3023		POZNAŃ	POL	WETERAN I M - 50	38	M 257	00:00:54	02:43:56	07:00:13	13:01:23	19:05:37	21:05:36.85	21:05:36.85	11:30	5.2
39	WICIAK ZIEMOWIT	3185	AKTYWNI KOCIEWIACY	STAROGARD GDAŃSKI	POL	WETERAN I M - 50	39	M 267	00:00:48	02:31:26	07:23:51	13:26:35	19:12:00	21:26:36.15	21:26:36.15	11:41	5.1
40	KILIAN MARIUSZ	3463		BIALYSTOK	POL	WETERAN I M - 50	40	M 272	00:00:48	02:13:58	06:21:52	12:36:03	19:20:20	21:38:54.65	21:38:54.65	11:48	5.1
41	DARSKI RAFAŁ	3083	RECAMIERE	WARSZAWA	POL	WETERAN I M - 50	41	M 275	00:00:11	02:08:57	06:32:34	13:29:08	19:56:05	21:51:53.65	21:51:53.65	11:55	5
42	KOPKA TOMASZ	3397		KOLONIA BRUZYCA	POL	WETERAN I M - 50	42	M 281	00:00:43	02:34:39	07:25:14	13:42:45	20:00:47	22:12:40.45	22:12:40.45	12:06	5
43	BĘDŹKOWSKI MAREK	3456	GÓRAL Z MAZUR RUNNING TEAM - SIWY ULTRA MORS	OSTROŁĘKA	POL	WETERAN I M - 50	43	M 282	00:00:12	02:31:13	07:22:28	13:42:51	19:35:12	22:22:45.25	22:22:45.25	12:12	4.9
44	SZEWCZYK MARIUSZ	3222		KRAKÓW	POL	WETERAN I M - 50	44	M 284	00:00:51	02:40:47	07:38:13	14:08:30	20:34:18	22:29:59.85	22:29:59.85	12:16	4.9
45	CUPIAŁ DARIUSZ	3204	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN I M - 50	45	M 292	00:00:55	02:20:30	07:13:29	13:59:04	20:40:15	23:04:34.05	23:04:34.05	12:35	4.8
46	ŻABA JACEK	3137		GORZÓW WLKP.	POL	WETERAN I M - 50	46	M 293	00:00:33	02:31:50	07:26:20	13:44:22	20:35:28	23:11:49.05	23:11:49.05	12:39	4.7
47	SURDACKI JERZY	3107	DRUŻYNA SZPIKU	GRYFINO	POL	WETERAN I M - 50	47	M 297	00:00:53	02:38:50	07:31:49	14:25:21	21:13:18	23:17:48.80	23:17:48.80	12:42	4.7
48	TUREK PAWEŁ	3028		NOWA IWICZNA	POL	WETERAN I M - 50	48	M 305	00:00:48	02:39:11	07:31:03	14:37:13	20:48:33	23:21:10.90	23:21:10.90	12:44	4.7
49	HOFFMANN MARIUSZ	3254	WRONIECKI KLUB BIEGACZA	WRONKI	POL	WETERAN I M - 50	49	M 308	00:00:17	02:16:46	06:44:55	13:10:31	20:46:51	23:32:22.55	23:32:22.55	12:50	4.7
50	KANDORA PIOTR	3253	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	WETERAN I M - 50	50	M 316	00:00:35	02:32:11	07:23:50	14:19:59	21:51:17	24:31:41.90	24:31:41.90	13:22	4.5
51	IWAŃCZUK ZBIGNIEW	3062		BRZEG	POL	WETERAN I M - 50	51	M 317	00:00:49	02:29:15	07:53:32	15:22:55	22:29:39	24:39:47.50	24:39:47.50	13:27	4.5
52	DOWNAR-ZAPOLSKI BOLESŁAW	3002		WROCŁAW	POL	WETERAN I M - 50	52	M 318	00:00:30	02:34:34	08:03:08	15:37:24	22:18:08	24:48:25.75	24:48:25.75	13:31	4.4
53	ROSÓŁ ROMAN	3013	WYBIEGAĆ MARZENIA TEAM	POZNAŃ	POL	WETERAN I M - 50	53	M 324	00:00:19	02:36:25	07:47:50	16:39:42	23:30:29	25:48:04.15	25:48:04.15	14:04	4.3
	ŁOPATYŃSKI IRENEUSZ	3286	REMA SPORT TEAM	ŁĄDEK ZDRÓJ	POL	WETERAN I M - 50			00:00:26 DNF	01:40:22 DNF	04:19:10 DNF	08:37:35 DNF	DNF	DNF	DNF	-	-
	JAKIMIEC TADEUSZ	3423	KLUB SPORTOWY HUSARIA SZCZECINEK	SZCZECINEK	POL	WETERAN I M - 50			00:00:05 DNF	01:51:00 DNF	05:37:09 DNF	DNF	DNF	DNF	DNF	-	-
	WALKOWIAK JACEK	3484	SPORT2002.PL	ZIELONA GÓRA	AFG	WETERAN I M - 50			00:00:11 DNF	02:04:54 DNF	05:59:01 DNF	DNF	DNF	DNF	DNF	-	-
	KRANZ GRZEGORZ	3390		CZAPURY	POL	WETERAN I M - 50			00:00:53 DNF	02:31:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Weteran II K - 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	LEWICKA BOŻENA	3168	GONIMY	KĘTY	POL	WETERAN II K - 60	1	K 74	00:00:36	02:43:53	07:33:59	13:51:26	20:08:41	22:32:02.20	22:32:02.20	12:17	4.9
2	DOMINIAK-LESZCZYŃSKA ELŻBIETA	3422	LASY WAWERSKIE	WARSZAWA	POL	WETERAN II K - 60	2	K 80	00:00:28	03:12:20	08:47:33	15:38:35	21:26:53	23:49:29.20	23:49:29.20	12:59	4.6
3	WALCZAK-WOJTKOWSKA IWONA	3317		WARSZAWA	POL	WETERAN II K - 60	3	K 90	00:00:29	03:13:54	08:54:53	16:17:13	22:42:23	25:16:07.55	25:16:07.55	13:46	4.4
4	SYPIŃSKA HANNA	3218	SPARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	GDYŃIA	POL	WETERAN II K - 60	4	K 93	00:00:45	03:12:44	10:02:12	16:51:38	23:27:35	25:27:27.95	25:27:27.95	13:53	4.3
5	OBARSKA MAŁGORZATA	3124		STARACHOWICE	POL	WETERAN II K - 60	5	K 94	00:00:43	02:56:06	08:27:25	15:51:48	23:07:49	25:38:59.35	25:38:59.35	13:59	4.3

BIEG K-B-L - 110 KM, Weteran II M - 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	15km	40km	70km	98km	Netto	Brutto	min/km	km/h
1	SIWIEC STANISŁAW	3162		RZESZÓW	POL	WETERAN II M - 60	1	M 130	00:00:10	01:58:21	05:27:00	10:29:30	15:23:22	17:04:27.20	17:04:27.20	9:18	6.4
2	PASZKIEWICZ MACIEJ	3408	DZIADEK BIEGA ULTRA	MUROWANA GOŚLINA	POL	WETERAN II M - 60	2	M 203	00:00:17	02:20:24	06:14:22	11:59:15	17:17:50	19:16:16.25	19:16:16.25	10:30	5.7
3	GONERA KAZIMIERZ	3035	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOSZYCE	POL	WETERAN II M - 60	3	M 245	00:00:30	02:27:17	07:00:18	13:09:57	18:47:34	20:41:43.75	20:41:43.75	11:17	5.3
4	KACZYŃSKI JANUSZ	3183	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	WETERAN II M - 60	4	M 267	00:00:48	02:31:28	07:24:06	13:26:34	19:12:01	21:26:36.15	21:26:36.15	11:41	5.1
5	MATYSZKOWICZ JANUSZ	3071	GONIMY	KĘTY	POL	WETERAN II M - 60	5	M 287	00:00:36	02:43:52	07:34:00	13:51:26	20:08:02	22:32:03.15	22:32:03.15	12:17	4.9
6	FUNKA ANDRZEJ	3046	NKB CHYŻY	NOWY TOMYŚL	POL	WETERAN II M - 60	6	M 299	00:00:33	02:42:01	07:44:17	14:38:41	20:56:20	23:18:17.55	23:18:17.55	12:42	4.7
7	OBARSKI NORBERT	3125		KIELCE	POL	WETERAN II M - 60	7	M 323	00:00:43	02:55:35	08:27:26	15:51:38	23:07:47	25:38:59.65	25:38:59.65	13:59	4.3
8	NIZIOŁ MARIAN	3289		PIASECZNO	POL	WETERAN II M - 60	8	M 325	00:00:42	03:28:31	09:54:58	17:21:54	23:36:02	25:48:18.50	25:48:18.50	14:04	4.3