

**ENEA POLISH NORDIC WALKING CUP - SĘDZISZÓW MAŁOPOLSKI - 10KM - 7/10**

Organizator: Polskie Zrzeszenie Nordic Walking  
 Data: 2022-07-30  
 Miejsce: SĘDZISZÓW MAŁOPOLSKI  
 Dystans: 10 km  
 Klasyfikacja wg czasów netto.

**ENEA POLISH NORDIC WALKING CUP - SĘDZISZÓW MAŁOPOLSKI - 10KM - 7/10, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-sc owoś	Kraj	Kat.	M. kat	K/M	Żół. kartki	Czer. kartki	1.7km	3.1km	5km	6.7km	8.5km	Netto	min/km	km/h
1	MICHALEC MARCIN	46	KKB MOSIR KROSNO	KROSN O	POL	M30-39	1	M 1	2		00:09:38	00:19:43	00:30:04	00:40:34	00:51:09	01:01:43.10	6:10	9.7
2	MARCZAK TOMASZ	24	NORDIC TEAM CZĘSTOCHOWA	ALEKS ANDRI A 1	POL	M18-29	1	M 2			00:09:42	00:19:54	00:30:15	00:40:47	00:51:30	01:03:12.20	6:19	9.5
3	WOJTOWICZ TOMASZ	47	LT POLAND	WIDAC Z	POL	M30-39	2	M 3	2		00:09:33	00:19:45	00:30:28	00:42:03	00:53:49	01:05:46.40	6:34	9.1
4	SOSNOWSKA AGNIESZKA	36	KABEX PODKOWA JANÓW	STARO POLE	POL	K30-39	1	K 1			00:10:55	00:21:52	00:32:52	00:44:05	00:55:35	01:07:23.15	6:44	8.9
5	BIELECKA ZUZANNA	3	NW CZŁAPSKI TEAM	WARS ZAWA	POL	K40-49	1	K 2			00:10:59	00:22:06	00:33:25	00:44:49	00:56:24	01:08:05.45	6:48	8.8
6	SKIBA KRZYSZTOF	33	KGHM METRACO	LEGNICA	POL	M60-69	1	M 4			00:10:33	00:21:48	00:33:10	00:44:53	00:56:46	01:08:48.95	6:52	8.7
7	KABATA JAROSŁAW	19	NORDIC SPORT 2021	TARNO WSKIE GÓRY	POL	M50-59	1	M 5			00:10:32	00:21:50	00:33:26	00:45:14	00:57:13	01:08:49.35	6:52	8.7
8	ZACZYŃSKA-SK IBA ANNA	44	KGHM METRACO	LEGNICA	POL	K40-49	2	K 3			00:10:59	00:22:14	00:33:38	00:45:23	00:56:59	01:08:52.55	6:53	8.7
9	BIBKO MARTIN	2	SPEEDBAR	KOSICE	SVK	M40-49	1	M 6			00:10:31	00:21:47	00:33:23	00:45:11	00:57:11	01:08:59.20	6:53	8.7
10	BARTOSIEWICZ ŁUKASZ	1	LUKI TEAM POLSKA	BORKOWO	POL	M30-39	3	M 7			00:11:00	00:22:41	00:34:27	00:46:01	00:57:43	01:09:26.20	6:56	8.6
11	JĘDRASIAK RENATA	15	KGHM METRACO	LUBIN	POL	K50-59	1	K 4	2		00:11:00	00:22:16	00:33:46	00:45:28	00:57:27	01:09:34.95	6:57	8.6
12	JUREK ADAM	18	KGHM METRACO	LUBIN	POL	M60-69	2	M 8	2		00:10:59	00:22:28	00:34:10	00:45:52	00:57:45	01:09:36.10	6:57	8.6
13	PRZYSTARZ GRZEGORZ	29	OBORYGENI	OBORNIKI ŚLĄSKI E	POL	M50-59	2	M 9			00:10:51	00:22:22	00:34:08	00:46:01	00:57:56	01:09:38.25	6:57	8.6
14	SIWAK PIOTR	32	KGHM METRACO	RUDNA	POL	M60-69	3	M 10			00:10:58	00:22:22	00:34:05	00:45:59	00:57:54	01:09:41.95	6:58	8.6
15	CZŁAPSKI KRZYSZTOF	6	NW CZŁAPSKI TEAM	WARS ZAWA	POL	M50-59	3	M 11			00:11:06	00:22:44	00:34:28	00:46:18	00:58:06	01:09:43.45	6:58	8.6
16	HAŁAS MARCIN	13		CZECHOWICE -DZIEDZICE	POL	M30-39	4	M 12			00:10:55	00:22:35	00:34:28	00:46:29	00:58:13	01:09:46.75	6:58	8.6
17	ZYCH WITOLD	45		ROGI	POL	M50-59	4	M 13			00:11:27	00:23:10	00:34:54	00:46:44	00:58:29	01:09:48.60	6:58	8.6
18	CHYRA JANUSZ	4	NORDIC SPORT 2021	LUBLIN IEC	POL	M40-49	2	M 14			00:11:25	00:23:03	00:34:45	00:46:26	00:58:13	01:09:58.75	6:59	8.6
19	WOJTASIŃSKI DANIEL	42	NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M40-49	3	M 15			00:11:01	00:22:42	00:34:38	00:46:37	00:58:45	01:10:51.95	7:05	8.5
20	LABUS MARZENA	22	NORDIC SPORT 2021	LUBLIN IEC	POL	K30-39	2	K 5			00:11:12	00:23:04	00:35:01	00:46:58	00:59:07	01:11:07.40	7:06	8.4

**ENEA POLISH NORDIC WALKING CUP - SĘDZISZÓW MAŁOPOLSKI - 10KM - 7/10, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-sc owoś ć	Kraj	Kat.	M. kat	K/M	Żół. kartki	Czer. kartki	1.7km	3.1km	5km	6.7km	8.5km	Netto	min/km	km/h
21	MĄDRY GRZEGORZ	25	KIJKOWE TRZEMESZNO	TRZEM ESZNO	POL	M60-69	4	M 16			00:11:02	00:22:52	00:34:47	00:47:03	00:59:15	01:11:33.30	7:09	8.4
22	RAJEK MAGDALENA	30	NORDIC TEAM CZĘSTOCHOWA	CZĘST OCHO WA	POL	K40-49	3	K 6			00:11:32	00:23:40	00:35:58	00:48:23	01:00:39	01:13:07.55	7:18	8.2
23	SZCZUDLIK MAŁGORZATA	39	KIJKOWE TRZEMESZNO	TRZEM ESZNO	POL	K40-49	4	K 7			00:11:15	00:23:22	00:35:47	00:48:23	01:01:45	01:15:04.20	7:30	8
24	KOWACZ AGATA	20	SPEEDBAR	WAŁBR ZYCH	POL	K40-49	5	K 8			00:11:52	00:24:30	00:37:24	00:50:15	01:03:09	01:16:00.00	7:36	7.9
25	DOMARADZKI TOMASZ	8	ACTIVE TEAM KOZŁÓW	KOZŁÓ W	POL	M40-49	4	M 17			00:11:52	00:24:23	00:37:05	00:50:09	01:03:20	01:16:35.35	7:39	7.8
26	KUŁAKOWSKA HALINA	21	KATOWICKI NORDIC WALKING	OLKUS Z	POL	K40-49	6	K 9			00:12:09	00:24:49	00:37:43	00:50:46	01:03:47	01:16:58.75	7:41	7.8
27	CZAJKA URSZULA	5		RUMIA	POL	K60-69	1	K 10	1		00:12:11	00:24:51	00:37:44	00:50:48	01:04:03	01:17:48.85	7:46	7.7
28	CZMOCH MARIAN	7	PUKS JEDYNKA	ŁOSICE	POL	M70+	1	M 18	2		00:12:23	00:24:59	00:37:54	00:51:06	01:04:27	01:17:51.50	7:47	7.7
29	FRANCZAK MAŁGORZATA	9	NW CZŁAPSKI TEAM	WARS ZAWA	POL	K18-29	1	K 11			00:11:52	00:24:51	00:37:57	00:51:13	01:04:40	01:18:01.85	7:48	7.7
30	GIELBAGA ANETA	12	ACTIVE TEAM KOZŁÓW	KOZŁÓ W	POL	K40-49	7	K 12			00:12:29	00:25:15	00:38:06	00:51:18	01:04:49	01:18:38.60	7:51	7.6
31	SZCZEŚNIAK ZBIGNIEW	38	NORDIC TEAM CZĘSTOCHOWA	CZĘST OCHO WA	POL	M60-69	5	M 19			00:12:31	00:25:41	00:39:12	00:52:56	01:06:34	01:19:58.45	7:59	7.5
32	PAPROCKI MICHAŁ	27	ARIDA SILVA ATHLETICA	GORLI CE	POL	M40-49	5	M 20	2		00:13:04	00:26:21	00:39:49	00:53:16	01:06:37	01:20:04.55	8:00	7.5
33	FRANCZAK DARIUSZ	11	NW CZŁAPSKI TEAM	WARS ZAWA	POL	M50-59	5	M 21			00:13:05	00:26:30	00:39:52	00:53:31	01:07:11	01:20:50.45	8:05	7.4
34	JARUGA BEATA	14		OLAWA	POL	K40-49	8	K 13			00:12:29	00:25:30	00:39:01	00:53:09	01:07:34	01:21:38.75	8:09	7.3
35	WITALEC ANNA	48			POL	K30-39	3	K 14	2		00:13:03	00:27:10	00:41:16	00:55:22	01:08:41	01:22:04.30	8:12	7.3
36	SZUKAŁA RAFAŁ	40	ACTIVE TEAM KOZŁÓW	KOZŁÓ W	POL	M40-49	6	M 22	1		00:13:08	00:26:31	00:40:15	00:54:10	01:08:20	01:22:36.85	8:15	7.3
37	ŚLUSARCZYK ANDRZEJ	41	WESOŁY BORSUK TEAM	PRUDN IK	POL	M70+	2	M 23			00:12:44	00:26:26	00:40:38	00:54:34	01:08:46	01:23:07.50	8:18	7.2
38	SOROKA-MITUŁA GRAŻYNA	35		SZCZECIN	POL	K40-49	9	K 15			00:12:59	00:26:17	00:40:13	00:54:36	01:09:14	01:24:16.90	8:25	7.1
39	JÓŻWIAK ŁUKASZ	17	SERCE NORDICA WŁOCLAWEK	WŁOCL AWEK	POL	M50-59	6	M 24			00:13:19	00:27:13	00:41:15	00:55:37	01:10:04	01:24:49.25	8:28	7.1
40	SAPUŁA WIKTORIA	31	NORDIC TEAM CZĘSTOCHOWA	LUBLIN	POL	K18-29	2	K 16			00:13:30	00:27:49	00:42:12	00:56:51	01:11:35	01:26:14.40	8:37	7
41	STANKOWSKA MARZENA	37	KIJKOWE TRZEMESZNO	TRZEM ESZNO	POL	K40-49	10	K 17			00:13:55	00:28:33	00:43:16	00:59:09	01:14:29	01:30:13.55	9:01	6.7
42	FRANCZAK ANNA	10	NW CZŁAPSKI TEAM	WARS ZAWA	POL	K50-59	2	K 18			00:14:16	00:29:21	00:44:41	01:00:13	01:15:54	01:31:25.65	9:08	6.6
43	WOJTYCZKA ALICJA	43	NORDIC SPORT 2021	MYSŁO WICE	POL	K60-69	2	K 19			00:14:28	00:29:36	00:45:04	01:00:47	01:16:35	01:32:12.95	9:13	6.5
44	MITUŁA ALEKSANDRA	26		SZCZECIN	POL	K18-29	3	K 20	2		00:13:28	00:28:15	00:43:38	00:59:25	01:16:02	01:33:06.55	9:18	6.4