

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM

Organizator: PFNW
Data: 2016-09-03
Miejsce: Polańczyk
Dystans: 10 km



Wyniki dla punktu pomiaru: 3.34 km

Klasyfikacja wg czasów netto.

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|--------------------------|-----|----------------------------------|------------------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | CYRUS BOGDAN | 185 | SILESIA NORDIC TEAM | STRZEBIŃ | POL | M40-49 | | | 00:09:45 | 00:20:00 | 00:30:18 | 00:40:46 | 00:52:01 |
| 2 | BIŁEK ARTUR | 154 | UNIA MIAST | LUBLINIEC | POL | M30-39 | | | 00:09:51 | 00:20:03 | 00:30:19 | 00:40:35 | 00:51:07 |
| 3 | NIECHWIEJCZYK PIOTR | 173 | UNIA MIAST | ŚWIĘTOCHŁOWICE | POL | M40-49 | | | 00:10:06 | 00:20:38 | 00:31:28 | 00:42:24 | 00:53:28 |
| 4 | BOGACKI SŁAWEK | 155 | ENERGA NW TEAM | BRZOZÓWKA KOŁO TORUNIA | POL | M40-49 | | | 00:10:28 | 00:21:33 | 00:32:50 | 00:43:58 | 00:54:57 |
| 5 | NEMŚ ARKADIUSZ | 172 | OSIR STASZÓW | STASZÓW | POL | M30-39 | | | 00:10:52 | 00:21:49 | 00:32:53 | 00:44:07 | 00:55:04 |
| 6 | KOWALSKI MAREK | 165 | UNIA MIAST | STRZEBIŃ | POL | M50-59 | | | 00:11:11 | 00:22:42 | 00:34:31 | 00:46:28 | 00:58:35 |
| 7 | SOBKOWSKI JANUSZ | 180 | SILESIA NORDIC TEAM | ŁÓDYGOWICE | POL | M60-69 | | | 00:11:18 | 00:22:49 | 00:34:35 | 00:46:38 | 00:58:48 |
| 8 | CIŚLIK-KASZANY ANNA | 156 | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL | K30-39 | | | 00:11:17 | 00:22:53 | 00:34:47 | 00:46:55 | 00:59:26 |
| 9 | KUBISZYN MAŁGORZATA | 167 | | LUBACZÓW | POL | K30-39 | | | 00:11:18 | 00:22:57 | 00:34:47 | 00:46:44 | 00:58:55 |
| 10 | ZIĘBA KRZYSZTOF | 183 | | SZCZECIN | POL | M50-59 | | | 00:11:25 | 00:23:10 | 00:35:16 | 00:47:36 | 00:59:43 |
| 11 | JONDERKO GRZEGORZ | 160 | WŁÓCZYKIJE SKOCZÓW | RYBNIK | POL | M40-49 | | | 00:11:38 | 00:23:16 | 00:35:06 | 00:47:35 | 01:00:12 |
| 12 | STYŚ ELŻBIETA | 186 | | WROCANKA | POL | K40-49 | | | 00:11:27 | 00:23:19 | 00:35:29 | 00:48:04 | 01:00:49 |
| 13 | GUZOWSKI MACIEJ | 158 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | M18-29 | | | 00:11:30 | 00:23:46 | 00:36:37 | 00:49:37 | 01:02:51 |
| 14 | MIERZWA MARIUSZ | 171 | | RZESZÓW | POL | M50-59 | | | 00:11:24 | 00:23:52 | 00:36:37 | 00:49:41 | 01:03:15 |
| 15 | LIS ROBERT | 169 | | KORCZYNA | POL | M50-59 | | | 00:11:52 | 00:23:58 | 00:36:40 | 00:49:23 | 01:02:28 |
| 16 | MARCINKOWSKI WOJCIECH | 170 | UNIA MIAST | LUBLINIEC | POL | M40-49 | | | 00:11:46 | 00:24:20 | 00:37:10 | 00:50:13 | 01:02:58 |
| 17 | REJMAN DOROTA | 177 | UKS SIEDLESZCZANY NORDIC WALKING | TARNOBRZEG | POL | K30-39 | | | 00:12:07 | 00:24:31 | 00:37:12 | 00:49:53 | 01:02:39 |
| 18 | POKRYWKA BOŻENA | 175 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K40-49 | | | 00:12:14 | 00:24:40 | 00:37:18 | 00:49:59 | 01:02:52 |
| 19 | SITKO MAŁGORZATA | 179 | KOLBUSZOWSKI KLUB NORDIC WALKING | KOLBUSZOWA | POL | K40-49 | | | 00:12:21 | 00:25:06 | 00:38:19 | 00:51:46 | 01:05:38 |
| 20 | KUPIBIDA BOGUSŁAWA | 184 | SILESIA NORDIC TEAM | KATOWICE | POL | K50-59 | | | 00:12:32 | 00:25:08 | 00:37:54 | 00:50:57 | 01:04:00 |
| 21 | REJ ANNA | 188 | | HAJNÓWKA | POL | K30-39 | | | 00:12:31 | 00:25:19 | 00:38:01 | 00:51:05 | 01:04:13 |
| 22 | KOTULA JAKUB | 164 | | KATOWICE | POL | M30-39 | | | 00:12:28 | 00:25:39 | 00:38:59 | 00:52:23 | 01:05:45 |
| 23 | BARAN MAREK | 151 | KLUBSPORTU.PL | RZESZÓW | POL | M40-49 | | | 00:12:40 | 00:25:54 | 00:39:23 | 00:53:12 | 01:06:32 |
| 24 | KORCZAK MONIKA | 162 | OSIR STASZÓW | STASZÓW | POL | K40-49 | | | 00:12:52 | 00:25:55 | 00:39:20 | 00:52:59 | 01:06:28 |
| 25 | SIMKO ZBIGNIEW | 178 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | M60-69 | | | 00:12:44 | 00:25:59 | 00:40:10 | 00:54:55 | 01:09:20 |
| 26 | POCALUŃ ADAM | 187 | | ZAGÓRZ | POL | M70+ | | | 00:12:53 | 00:26:11 | 00:40:05 | 00:54:08 | 01:08:06 |
| 27 | POPIELSKA-NEMŚ DOROTA | 176 | OSIR STASZÓW | STASZÓW | POL | K40-49 | | | 00:13:04 | 00:26:27 | 00:39:54 | 00:53:36 | 01:07:26 |
| 28 | SURDEJ BARBARA | 181 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | K50-59 | | | 00:13:01 | 00:26:34 | 00:40:14 | 00:53:58 | 01:08:06 |
| 29 | KOSIŃSKA MARIA | 163 | MOSIR RYPIN | RYPIN | POL | K60-69 | | | 00:13:04 | 00:26:38 | 00:40:20 | 00:54:23 | 01:08:23 |
| 30 | KUBALSKI DARIUSZ | 166 | OSIR STASZÓW | STASZÓW | POL | M40-49 | | | 00:13:21 | 00:26:48 | 00:39:58 | 00:53:18 | 01:05:58 |
| 31 | KUŹMA ELŻBIETA | 168 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K50-59 | | | 00:13:10 | 00:26:50 | 00:40:45 | 00:55:01 | 01:09:21 |
| 32 | WORONKO-ZACZYŃSKA JANINA | 182 | KS METRACO POLKOWICE | LUBIEŃ | POL | K70+ | | | 00:13:34 | 00:27:17 | 00:41:10 | 00:55:18 | 01:09:32 |
| 33 | OLEŚ-FERFECKA EDYTA | 174 | | ROPCZYCE | POL | K18-29 | | | 00:13:31 | 00:27:17 | 00:41:06 | 00:55:18 | 01:09:33 |
| 34 | JAROSZ ANNA | 159 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K60-69 | | | 00:13:41 | 00:27:27 | 00:41:27 | 00:55:20 | 01:09:36 |
| 35 | GERLE-KOTULA ANNA | 157 | | KATOWICE | POL | K30-39 | | | 00:13:35 | 00:27:49 | 00:41:51 | 00:55:50 | 01:09:59 |
| 36 | CYBRUCH KAMILA | 189 | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL | K50-59 | | | 00:13:51 | 00:28:20 | 00:43:10 | 00:58:25 | 01:14:07 |
| 37 | BARAN EWA | 152 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | K40-49 | | | 00:14:10 | 00:29:35 | 00:44:43 | 01:00:20 | 01:15:54 |
| 38 | BARAN LESZEK | 153 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | M50-59 | | | 00:14:30 | 00:29:55 | 00:45:02 | 01:00:39 | 01:16:12 |
| 39 | KONIECZNA-ZUPLET IZABELA | 190 | | PRZEMYSŁ | POL | K40-49 | | | 00:15:04 | 00:31:10 | 00:47:12 | 01:03:27 | 01:19:56 |
| 40 | JÓZWIAK DOMINIK | 161 | WTW.WŁOCLAWEK | WŁOCLAWEK | POL | M18-29 | | | 00:15:50 | 00:31:59 | 00:47:56 | 01:03:30 | 01:19:23 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|---------------------|-----|------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | OLEŚ-FERFECKA EDYTA | 174 | | ROPCZYCE | POL | K18-29 | | | 00:13:31 | 00:27:17 | 00:41:06 | 00:55:18 | 01:09:33 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------|-----|------------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | GUZOWSKI MACIEJ | 158 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | M18-29 | | | 00:11:30 | 00:23:46 | 00:36:37 | 00:49:37 | 01:02:51 |
| 2 | JÓZWIAK DOMINIK | 161 | WTW.WŁOCLAWEK | WŁOCLAWEK | POL | M18-29 | | | 00:15:50 | 00:31:59 | 00:47:56 | 01:03:30 | 01:19:23 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|---------------------|-----|----------------------------------|----------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | CIŚLIK-KASZANY ANNA | 156 | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL | K30-39 | | | 00:11:17 | 00:22:53 | 00:34:47 | 00:46:55 | 00:59:26 |
| 2 | KUBISZYN MAŁGORZATA | 167 | | LUBACZÓW | POL | K30-39 | | | 00:11:18 | 00:22:57 | 00:34:47 | 00:46:44 | 00:58:55 |
| 3 | REJMAN DOROTA | 177 | UKS SIEDLESZCZANY NORDIC WALKING | TARNOBRZEG | POL | K30-39 | | | 00:12:07 | 00:24:31 | 00:37:12 | 00:49:53 | 01:02:39 |
| 4 | REJ ANNA | 188 | | HAJNÓWKA | POL | K30-39 | | | 00:12:31 | 00:25:19 | 00:38:01 | 00:51:05 | 01:04:13 |
| 5 | GERLE-KOTULA ANNA | 157 | | KATOWICE | POL | K30-39 | | | 00:13:35 | 00:27:49 | 00:41:51 | 00:55:50 | 01:09:59 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------|-----|--------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | BIŁEK ARTUR | 154 | UNIA MIAST | LUBLINIEC | POL | M30-39 | | | 00:09:51 | 00:20:03 | 00:30:19 | 00:40:35 | 00:51:07 |
| 2 | NEMŚ ARKADIUSZ | 172 | OSIR STASZÓW | STASZÓW | POL | M30-39 | | | 00:10:52 | 00:21:49 | 00:32:53 | 00:44:07 | 00:55:04 |
| 3 | KOTULA JAKUB | 164 | | KATOWICE | POL | M30-39 | | | 00:12:28 | 00:25:39 | 00:38:59 | 00:52:23 | 01:05:45 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|--------------------------|-----|----------------------------------|------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | STYŚ ELŻBIETA | 186 | | WROCANKA | POL | K40-49 | | | 00:11:27 | 00:23:19 | 00:35:29 | 00:48:04 | 01:00:49 |
| 2 | POKRYWKA BOŻENA | 175 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K40-49 | | | 00:12:14 | 00:24:40 | 00:37:18 | 00:49:59 | 01:02:52 |
| 3 | SITKO MAŁGORZATA | 179 | KOLBUSZOWSKI KLUB NORDIC WALKING | KOLBUSZOWA | POL | K40-49 | | | 00:12:21 | 00:25:06 | 00:38:19 | 00:51:46 | 01:05:38 |
| 4 | KORCZAK MONIKA | 162 | OSIR STASZÓW | STASZÓW | POL | K40-49 | | | 00:12:52 | 00:25:55 | 00:39:20 | 00:52:59 | 01:06:28 |
| 5 | POPIELSKA-NEMŚ DOROTA | 176 | OSIR STASZÓW | STASZÓW | POL | K40-49 | | | 00:13:04 | 00:26:27 | 00:39:54 | 00:53:36 | 01:07:26 |
| 6 | BARAN EWA | 152 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | K40-49 | | | 00:14:10 | 00:29:35 | 00:44:43 | 01:00:20 | 01:15:54 |
| 7 | KONIECZNA-ZUPLET IZABELA | 190 | | PRZEMYŚL | POL | K40-49 | | | 00:15:04 | 00:31:10 | 00:47:12 | 01:03:27 | 01:19:56 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------------|-----|---------------------|---------------------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | CYRUS BOGDAN | 185 | SILESIA NORDIC TEAM | STRZEBIŃ | POL | M40-49 | | | 00:09:45 | 00:20:00 | 00:30:18 | 00:40:46 | 00:52:01 |
| 2 | NIECHWIJCZYK PIOTR | 173 | UNIA MIAST | ŚWIĘTOCHŁOWICE | POL | M40-49 | | | 00:10:06 | 00:20:38 | 00:31:28 | 00:42:24 | 00:53:28 |
| 3 | BOGACKI SŁAWEK | 155 | ENERGA NW TEAM | BRZOZÓWKA KOŁO TORUNIA | POL | M40-49 | | | 00:10:28 | 00:21:33 | 00:32:50 | 00:43:58 | 00:54:57 |
| 4 | JONDERKO GRZEGORZ | 160 | WŁÓCZYKIJE SKOCZÓW | RYBNIK | POL | M40-49 | | | 00:11:38 | 00:23:16 | 00:35:06 | 00:47:35 | 01:00:12 |
| 5 | MARCINKOWSKI WOJCIECH | 170 | UNIA MIAST | LUBLINIEC | POL | M40-49 | | | 00:11:46 | 00:24:20 | 00:37:10 | 00:50:13 | 01:02:58 |
| 6 | BARAN MAREK | 151 | KLUBSPORTU.PL | RZESZÓW | POL | M40-49 | | | 00:12:40 | 00:25:54 | 00:39:23 | 00:53:12 | 01:06:32 |
| 7 | KUBALSKI DARIUSZ | 166 | OSIR STASZÓW | STASZÓW | POL | M40-49 | | | 00:13:21 | 00:26:48 | 00:39:58 | 00:53:18 | 01:05:58 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|--------------------|-----|----------------------------------|----------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KUPIBIDA BOGUSŁAWA | 184 | SILESIA NORDIC TEAM | KATOWICE | POL | K50-59 | | | 00:12:32 | 00:25:08 | 00:37:54 | 00:50:57 | 01:04:00 |
| 2 | SURDEJ BARBARA | 181 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | K50-59 | | | 00:13:01 | 00:26:34 | 00:40:14 | 00:53:58 | 01:08:06 |
| 3 | KUŹMA ELŻBIETA | 168 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K50-59 | | | 00:13:10 | 00:26:50 | 00:40:45 | 00:55:01 | 01:09:21 |
| 4 | CYBRUCH KAMILA | 189 | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL | K50-59 | | | 00:13:51 | 00:28:20 | 00:43:10 | 00:58:25 | 01:14:07 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------|-----|----------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KOWALSKI MAREK | 165 | UNIA MIAST | STRZEBIŃ | POL | M50-59 | | | 00:11:11 | 00:22:42 | 00:34:31 | 00:46:28 | 00:58:35 |
| 2 | ZIĘBA KRZYSZTOF | 183 | | SZCZECIN | POL | M50-59 | | | 00:11:25 | 00:23:10 | 00:35:16 | 00:47:36 | 00:59:43 |
| 3 | MIERZWA MARIUSZ | 171 | | RZESZÓW | POL | M50-59 | | | 00:11:24 | 00:23:52 | 00:36:37 | 00:49:41 | 01:03:15 |
| 4 | LIS ROBERT | 169 | | KORCZYNA | POL | M50-59 | | | 00:11:52 | 00:23:58 | 00:36:40 | 00:49:23 | 01:02:28 |
| 5 | BARAN LESZEK | 153 | RZESZOWSKA AKADEMIA SPORTU | RZESZÓW | POL | M50-59 | | | 00:14:30 | 00:29:55 | 00:45:02 | 01:00:39 | 01:16:12 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------|-----|------------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KOSIŃSKA MARIA | 163 | MOSIR RYPIN | RYPIN | POL | K60-69 | | | 00:13:04 | 00:26:38 | 00:40:20 | 00:54:23 | 01:08:23 |
| 2 | JAROSZ ANNA | 159 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | K60-69 | | | 00:13:41 | 00:27:27 | 00:41:27 | 00:55:20 | 01:09:36 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|------------------|-----|------------------------------|------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | SOBKOWSKI JANUSZ | 180 | SILESIA NORDIC TEAM | ŁODYGOWICE | POL | M60-69 | | | 00:11:18 | 00:22:49 | 00:34:35 | 00:46:38 | 00:58:48 |
| 2 | SIMKO ZBIGNIEW | 178 | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | LEŻAJSK | POL | M60-69 | | | 00:12:44 | 00:25:59 | 00:40:10 | 00:54:55 | 01:09:20 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, K70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|--------------------------|-----|----------------------|-----------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | WORONKO-ZACZYŃSKA JANINA | 182 | KS METRACO POLKOWICE | LUBIEŃ | POL | K70+ | | | 00:13:34 | 00:27:17 | 00:41:10 | 00:55:18 | 01:09:32 |

POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 1.67km | 3.34km | 5km | 6.67km | 8.34km |
|------|-----------------|-----|------|-----------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | POCAŁUŃ ADAM | 187 | | ZAGÓRZ | POL | M70+ | | | 00:12:53 | 00:26:11 | 00:40:05 | 00:54:08 | 01:08:06 |