

# METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

Organizator: Towarzystwo Sportowe TRI-SPORT

Data: 2022-08-21

Miejsce: Bydgoszcz

Dystans: 25.75 km

**Wyniki dla punktu pomiaru: 0.75 km**

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE



**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja wg czasów netto.

## METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN

| M-ce | Nazwisko i imię     | Nr  | Klub                                  | M-scowość  | Kraj | Kat.   | Drużyna 1                   | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|---------------------|-----|---------------------------------------|------------|------|--------|-----------------------------|--------------------|----------|----------------|----------|----------------|
| 1    | WŁUDARSKI MARCIN    | 128 |                                       | BYDGOSZCZ  | POL  | M30-39 |                             | 00:03:51 (1)       | 00:17:26 | 00:41:15 (130) | 00:00:43 | 00:26:16 (107) |
| 2    | ISKRA PAWEŁ         | 148 | 7PRO TEAM                             | ZIELENIEWO | POL  | M30-39 |                             | 00:10:54 (2)       | 00:02:05 | 00:30:03 (4)   | 00:00:26 | 00:19:34 (7)   |
| 3    | KARSKI KACPER       | 98  |                                       | INOWROCLAW | POL  | M18-29 |                             | 00:11:32 (3)       | 00:02:34 | 00:33:34 (39)  | 00:00:47 | 00:21:12 (24)  |
| 4    | FRUKACZ KAMIL       | 63  | SPORTLEVEL TCZEW                      | TCZEW      | POL  | M18-29 |                             | 00:11:47 (4)       | 00:02:17 | 00:32:40 (22)  | 00:01:07 | 00:20:42 (18)  |
| 5    | RYMER JAKUB         | 162 | ERPLAST/BOGMAR                        | BYDGOSZCZ  | POL  | M30-39 | BOGMAR / ERPLAST            | 00:12:09 (5)       | 00:02:00 | 00:30:21 (6)   | 00:00:31 | 00:19:55 (10)  |
| 6    | PTASZEK TOMASZ      | 157 | WANIEWSKI COACHING                    | GDYNIA     | POL  | M30-39 |                             | 00:12:11 (6)       | 00:02:03 | 00:31:09 (10)  | 00:00:55 | 00:20:30 (15)  |
| 7    | MŁYŃCZAK JAKUB      | 152 | GVT                                   | GLIWICE    | POL  | M18-29 |                             | 00:12:16 (7)       | 00:01:59 | 00:31:20 (11)  | 00:00:42 | 00:18:52 (2)   |
| 8    | BEDNARCZYK TOMASZ   | 41  | BIKE U UP                             | GDYNIA     | POL  | M30-39 |                             | 00:12:19 (8)       | 00:02:02 | 00:30:05 (5)   | 00:00:26 | 00:19:20 (6)   |
| 9    | NOWAK MARTYNA       | 121 | 3 GRAVITY                             | BYDGOSZCZ  | POL  | K18-29 |                             | 00:12:30 (9)       | 00:02:43 | 00:35:23 (59)  | 00:00:56 | 00:22:49 (51)  |
| 10   | MAAS OLIVER         | 159 | SOPREMA TEAM TSV MANNHEIM             | MANNHEIM   | GER  | M18-29 |                             | 00:12:36 (10)      | 00:02:25 | 00:37:48 (101) | 00:00:45 | 00:19:17 (5)   |
| 11   | WIĘCKOWSKI DARIUSZ  | 72  | AKADEMIA MISTRZÓW SPORTU              | BYDGOSZCZ  | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU | 00:12:41 (11)      | 00:02:19 | 00:33:05 (28)  | 00:00:56 | 00:22:42 (47)  |
| 12   | PEKRUL WOJCIECH     | 153 | DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI | GDAŃSK     | POL  | M18-29 |                             | 00:12:46 (12)      | 00:02:16 | 00:32:22 (21)  | 00:01:02 | 00:21:04 (20)  |
| 13   | PLUTA GNIEWOMIR     | 118 | UKS TRS SUSZ                          | BYDGOSZCZ  | POL  | M40-49 |                             | 00:12:59 (13)      | 00:02:21 | 00:31:51 (15)  | 00:00:45 | 00:21:12 (25)  |
| 14   | FÓRMANIAK PIOTR     | 104 | TM IRON TEAM                          | BYDGOSZCZ  | POL  | M40-49 | TM IRON TEAM                | 00:13:13 (14)      | 00:02:08 | 00:32:05 (17)  | 00:01:13 | 00:21:41 (30)  |
| 15   | MAZUR WOJCIECH      | 158 |                                       | BYDGOSZCZ  | POL  | M30-39 |                             | 00:13:16 (15)      | 00:02:30 | 00:31:59 (16)  | 00:01:07 | 00:22:10 (35)  |
| 16   | KOWALIKOWSKI DANIEL | 119 | TM IRON TEAM                          | BYDGOSZCZ  | POL  | M30-39 | TM IRON TEAM                | 00:13:34 (16)      | 00:02:07 | 00:30:57 (8)   | 00:00:49 | 00:21:10 (23)  |
| 17   | LICZNIERSKI MAREK   | 10  | OWOCBIEGATEAM                         | PLEWISKA   | POL  | M30-39 | OWOCBIEGATEAM               | 00:13:43 (17)      | 00:02:35 | 00:32:14 (19)  | 00:01:03 | 00:21:08 (21)  |
| 18   | FRĄCKOWSKI ŁUKASZ   | 4   | THE TRI DOCTOR                        | BYDGOSZCZ  | POL  | M30-39 |                             | 00:13:59 (18)      | 00:03:27 | 00:37:24 (96)  | 00:01:44 | 00:32:07 (144) |
| 19   | ZIELINSKI NICOLAS   | 91  | ELENSPORT.PL SKLEPY SPORTOWE          | OSIELSKO   | POL  | M18-29 | ELENSPORT.PL                | 00:14:00 (19)      | 00:01:55 | 00:32:58 (25)  | 00:00:48 | 00:20:29 (14)  |
| 20   | BISKUPSKI CEZARY    | 27  | TRISPACE/TREK                         |            |      | M30-39 |                             | 00:14:12 (20)      | 00:02:01 | 00:29:46 (2)   | 00:00:47 | 00:20:41 (17)  |
| 21   | DUDKOWIAK MICHAŁ    | 178 | DUDKOWIAK ADWOKACI                    | POZNAŃ     | POL  | M30-39 |                             | 00:14:14 (21)      | 00:02:31 | 00:35:07 (52)  | 00:00:42 | 00:25:19 (96)  |
| 22   | CABAJ MARTYNA       | 11  | IM INSPIRATION                        | BYDGOSZCZ  | POL  | K18-29 |                             | 00:14:19 (22)      | 00:02:42 | 00:35:28 (62)  | 00:01:29 | 00:27:59 (125) |

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| M-ce | Nazwisko i imię        | Nr  | Klub  | M-scowość          | Kraj | Kat.   | Drużyna 1                                | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|------------------------|-----|---|--------------------|------|--------|--|--------------------|----------|----------------|----------|----------------|
| 23   | ŁOPUSZYŃSKI KRZYSZTOF  | 61  | LANGE TRI COACH/H2OSHOP.PL                  | BYDGOSZCZ          | POL  | M30-39 |  | 00:14:20 (23)      | 00:02:11 | 00:29:41 (1)   | 00:00:14 | 00:19:42 (8)   |
| 24   | HIGSON ALEKSANDRA      | 94  | DURHAM UNIVERSITY                           | BYDGOSZCZ          | POL  | K18-29 |  | 00:14:25 (24)      | 00:02:51 | 00:38:42 (112) | 00:00:28 | 00:23:49 (66)  |
| 25   | ŻMICH-FÓRMANIAK JOANNA | 107 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | K40-49 | TM IRON TEAM                             | 00:14:28 (25)      | 00:02:46 | 00:33:00 (26)  | 00:01:01 | 00:22:43 (48)  |
| 26   | AUGUSTYNIAK GRZEGORZ   | 132 | PTTDELTA                                    | SŁUPNO             | POL  | M50-59 |  | 00:14:29 (26)      | 00:03:07 | 00:33:55 (42)  | 00:01:30 | 00:22:35 (44)  |
| 27   | BARTKOWIAK DAWID       | 130 |   | PIŁA               | POL  | M40-49 |  | 00:14:33 (27)      | 00:02:01 | 00:31:48 (14)  | 00:00:47 | 00:21:52 (33)  |
| 28   | SKORECKI ALEKSANDER    | 168 | BYDGOSZCZ TRIATHLON TEAM / WTLENIE          | BYDGOSZCZ          | POL  | M30-39 | BYDGOSZCZ<br>TRIATHLON TEAM /<br>WTLENIE | 00:14:34 (29)      | 00:02:41 | 00:35:22 (58)  | 00:01:01 | 00:22:25 (40)  |
| 29   | SZEWCUK PATRYK         | 55  | SPORT ZDROWIE KONDYCJA                      | ŚWIECIE            | POL  | M30-39 |  | 00:14:34 (28)      | 00:01:46 | 00:31:03 (9)   | 00:00:57 | 00:21:33 (28)  |
| 30   | PRĄDZYŃSKI MARCIN      | 89  | AKADEMIAMISTRZOWSPORTU                      | BYDGOSZCZ          | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU              | 00:14:40 (30)      | 00:02:28 | 00:33:21 (34)  | 00:00:52 | 00:21:19 (26)  |
| 31   | NOWICKI BARTOSZ        | 106 | AQUA+                                       | BYDGOSZCZ          | POL  | M30-39 |  | 00:14:44 (31)      | 00:02:32 | 00:32:53 (23)  | 00:00:56 | 00:22:45 (49)  |
| 32   | WARGACKI PIOTR         | 124 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                             | 00:14:47 (33)      | 00:02:23 | 00:32:21 (20)  | 00:01:09 | 00:23:15 (59)  |
| 33   | BRZEZIŃSKI ŁUKASZ      | 173 | ASSECO ACTIVE TEAM                          | BYDGOSZCZ          | POL  | M30-39 | ASSECO ACTIVE TEAM                       | 00:14:47 (32)      | 00:02:37 | 00:33:28 (35)  | 00:01:00 | 00:21:49 (32)  |
| 34   | PIETRZAK AGATA         | 142 |   | BYDGOSZCZ          | POL  | K30-39 |  | 00:14:57 (34)      | 00:02:57 | 00:38:56 (115) | 00:01:28 | 00:27:27 (119) |
| 35   | PUZIAK MARCIN          | 76  |   | BYDGOSZCZ          | POL  | M40-49 |  | 00:15:04 (35)      | 00:02:50 | 00:37:18 (94)  | 00:01:05 | 00:24:04 (72)  |
| 36   | GOŁATA WOJCIECH        | 163 | AKADEMIA MISTRZÓW SPORTU / BOGMAR           | DĄBROWA CHELMIŃSKA | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR      | 00:15:07 (37)      | 00:01:57 | 00:33:54 (41)  | 00:01:09 | 00:20:39 (16)  |
| 37   | FABROWSKI DAWID        | 125 |   |                    |      | M40-49 | CTS                                      | 00:15:07 (36)      | 00:03:20 | 00:36:55 (84)  | 00:01:36 | 00:26:32 (109) |
| 38   | DEPTUŁA GRZEGORZ       | 35  | VII LICEUM OGÓLNOKSZTAŁCĄCE W<br>BYDGOSZCZY | OSIELSKO           | POL  | M40-49 |  | 00:15:10 (38)      | 00:02:34 | 00:33:14 (32)  | 00:01:06 | 00:20:02 (11)  |
| 39   | SOBCZAK MARCIN         | 174 | ASSECO ACTIVE TEAM                          | BYDGOSZCZ          | POL  | M30-39 |  | 00:15:11 (39)      | 00:02:08 | 00:34:04 (44)  | 00:01:05 | 00:24:06 (74)  |
| 40   | PEZACKI SZYMON         | 57  | NIEMCZ BIKE ACADEMY                         | NIEMCZ             | POL  | M18-29 |  | 00:15:12 (40)      | 00:03:47 | 00:36:38 (80)  | 00:02:16 | 00:25:44 (103) |
| 41   | BOHDANOWICZ PATRYCJA   | 141 |   | BYDGOSZCZ          | POL  | K30-39 |  | 00:15:17 (41)      | 00:02:28 | 00:35:26 (61)  | 00:01:10 | 00:24:42 (84)  |
| 42   | DULIŃSKI BARTOSZ       | 140 | TRISPACE/TREK                               | NIEMCZ             | POL  | M18-29 | TRISPACE/TREK                            | 00:15:20 (42)      | 00:02:13 | 00:33:41 (40)  | 00:01:56 | 00:21:10 (22)  |
| 43   | GÓRNY BARTOSZ          | 133 | TRISPACE/TREK                               | BYDGOSZCZ          | POL  | M30-39 |  | 00:15:26 (43)      | 00:02:43 | 00:33:59 (43)  | 00:01:48 | 00:22:15 (38)  |
| 44   | SUDZIŃSKI HUBERT       | 42  |   | SĘPÓLNO KRAJEŃSKIE |      | M18-29 | TRISPACE/TREK                            | 00:15:31 (44)      | 00:02:04 | 00:31:37 (12)  | 00:01:00 | 00:19:10 (4)   |
| 45   | NOWAK PAWEŁ            | 156 |   | SIEKIERKI WIELKIE  | POL  | M40-49 |  | 00:15:34 (46)      | 00:02:10 | 00:30:35 (7)   | 00:00:58 | 00:19:04 (3)   |
| 46   | ŻELAZNY MARCIN         | 38  |   | BYDGOSZCZ          | POL  | M50-59 |  | 00:15:34 (45)      | 00:04:51 | 00:42:07 (133) | 00:02:04 | 00:30:45 (139) |
| 47   | ŚLIWIŃSKI ŁUKASZ       | 170 | ERPLAST/BOGMAR                              | OSTROMECKO         | POL  | M30-39 | BOGMAR / ERPLAST                         | 00:15:35 (47)      | 00:02:00 | 00:30:01 (3)   | 00:01:03 | 00:19:48 (9)   |
| 48   | MALINOWSKA EWELINA     | 86  |   | WARSZAWA           | POL  | K40-49 |  | 00:15:36 (48)      | 00:02:18 | 00:37:50 (102) | 00:01:23 | 00:25:13 (94)  |
| 49   | BINKOWSKI ADRIAN       | 135 | CTS/CB163                                   | GZIN               | POL  | M40-49 |  | 00:15:39 (49)      | 00:01:56 | 00:32:13 (18)  | 00:01:10 | 00:22:34 (43)  |
| 50   | DROBINSKI DANIEL       | 33  |   | BYDGOSZCZ          | POL  | M30-39 |  | 00:15:40 (50)      | 00:03:06 | 00:32:53 (24)  | 00:01:09 | 00:20:22 (12)  |

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| M-ce | Nazwisko i imię      | Nr  | Klub                              | M-scowość         | Kraj | Kat.   | Drużyna 1                   | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|----------------------|-----|-----------------------------------|-------------------|------|--------|-----------------------------|--------------------|----------|----------------|----------|----------------|
| 51   | KOTŁOWSKI BARTOSZ    | 165 | LKS OSTROMECKO / KOTŁOWSKIRUNTEAM | BYDGOSZCZ         | POL  | M30-39 | BOGMAR / ERPLAST            | 00:15:43 (51)      | 00:02:00 | 00:34:29 (49)  | 00:01:02 | 00:17:24 (1)   |
| 52   | GACKA RAFAL          | 116 | LUPUS TEAM                        | STRZELEWO         | POL  | M40-49 | LUPUS TEAM                  | 00:15:44 (52)      | 00:02:33 | 00:31:46 (13)  | 00:01:28 | 00:20:22 (13)  |
| 53   | WARCZAK KATARZYNA    | 67  | FCNB/TEAMOCHAL                    | BYDGOSZCZ         | POL  | K40-49 | TEAMOCHAL                   | 00:15:49 (53)      | 00:02:40 | 00:36:07 (74)  | 00:00:52 | 00:24:05 (73)  |
| 54   | LEWANDOWSKI OSKAR    | 29  |                                   | KRUSZWICA         | POL  | M18-29 |                             | 00:15:53 (54)      | 00:02:24 | 00:35:09 (53)  | 00:01:30 | 00:22:40 (46)  |
| 55   | WASILEWSKA MARTYNA   | 93  | AMS BYDGOSZCZ                     | BYDGOSZCZ         | POL  | K30-39 | AKADEMIA MISTRZÓW<br>SPORTU | 00:16:07 (55)      | 00:02:46 | 00:37:22 (95)  | 00:01:03 | 00:22:38 (45)  |
| 56   | DAWIDOWSKI MAREK     | 144 | POMIMO TEAM / KARTUZY             | KARTUZY           | POL  | M30-39 |                             | 00:16:10 (58)      | 00:02:16 | 00:36:09 (75)  | 00:01:15 | 00:22:12 (36)  |
| 57   | PALETA ELŻBIETA      | 2   | TM IRON TEAM                      | KATOWICE          | POL  | K18-29 | TM IRON TEAM                | 00:16:10 (57)      | 00:03:03 | 00:38:50 (114) | 00:01:24 | 00:21:48 (31)  |
| 58   | RIINA EDOARDO        | 39  |                                   | ZGORZAŁA          | ITA  | M40-49 |                             | 00:16:10 (56)      | 00:04:35 | 00:39:41 (121) | 00:01:31 | 00:26:59 (116) |
| 59   | SOBCZYŃSKI MICHAŁ    | 99  |                                   | TRYSZCZYN         | POL  | M30-39 |                             | 00:16:12 (59)      | 00:03:01 | 00:37:56 (104) | 00:01:39 | 00:26:44 (113) |
| 60   | TROŚCIANIEC TOMASZ   | 139 | GRAJAN TEAM OŁAWA                 | OŁAWA             | POL  | M30-39 |                             | 00:16:15 (60)      | 00:03:12 | 00:36:10 (76)  | 00:01:56 | 00:25:10 (93)  |
| 61   | ZALEWSKI MARCIN      | 100 |                                   | ŻYRARDÓW          | POL  | M30-39 |                             | 00:16:15 (61)      | 00:02:41 | 00:35:37 (65)  | 00:01:06 | 00:24:08 (75)  |
| 62   | KOJRO FILIP          | 48  | PLCK                              | BYDGOSZCZ         | POL  | M18-29 |                             | 00:16:30 (62)      | 00:06:30 | 00:43:34 (138) | 00:01:07 | 00:31:03 (141) |
| 63   | SKÓRCZEWSKI MARCIN   | 25  |                                   |                   |      | M18-29 |                             | 00:16:31 (63)      | 00:03:13 | 00:36:03 (72)  | 00:01:43 | 00:27:20 (117) |
| 64   | PRZYBYŁA AGNIESZKA   | 83  |                                   | BYDGOSZCZ         | POL  | K40-49 |                             | 00:16:38 (64)      | 00:03:23 | 00:39:45 (124) | 00:00:30 | 00:25:28 (98)  |
| 65   | KNYPIŃSKI WOJCIECH   | 45  |                                   | BYDGOSZCZ         | POL  | M30-39 |                             | 00:16:41 (65)      | 00:03:11 | 00:35:40 (66)  | 00:01:47 | 00:21:54 (34)  |
| 66   | GUMIŃSKI SZYMON      | 160 |                                   | NIWY              | POL  | M30-39 |                             | 00:16:46 (66)      | 00:04:13 | 00:42:46 (135) | 00:02:40 | 00:24:49 (90)  |
| 67   | GILL DANIEL          | 167 | LKS OSTROMECKO                    | BYDGOSZCZ         | POL  | M40-49 |                             | 00:16:47 (67)      | 00:03:00 | 00:33:31 (38)  | 00:01:26 | 00:23:13 (58)  |
| 68   | ŁATKA MARCIN         | 12  |                                   | MYŚLĘCINEK        | POL  | M40-49 |                             | 00:16:50 (68)      | 00:03:00 | 00:40:52 (129) | 00:01:28 | 00:27:41 (121) |
| 69   | OZOROWSKI LUKASZ     | 120 |                                   | SZEMBEKOWO        | POL  | M40-49 |                             | 00:16:53 (69)      | 00:03:54 | 00:35:14 (55)  | 00:01:21 | 00:22:22 (39)  |
| 70   | BOHDANOWICZ JAROSŁAW | 149 | OLIMPIASPORT.PL                   | NIEMCZ            | POL  | M60-69 |                             | 00:16:57 (70)      | 00:03:30 | 00:38:18 (108) | 00:01:39 | 00:29:32 (135) |
| 71   | BRYLL ŁUKASZ         | 77  | BKK TRI TEAM                      | KRUSZYN KRAJEŃSKI | POL  | M30-39 |                             | 00:17:00 (71)      | 00:03:15 | 00:36:58 (86)  | 00:01:26 | 00:24:47 (88)  |
| 72   | WASILEWSKA AGATA     | 92  | AKADEMIA MISTRZÓW SPORTU          | BYDGOSZCZ         | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU | 00:17:01 (72)      | 00:02:51 | 00:36:28 (78)  | 00:01:09 | 00:24:34 (81)  |
| 73   | GALICKI JAKUB        | 171 | AKADEMIA MISTRZÓW SPORTU          | BRZOZA            | POL  | M40-49 |                             | 00:17:07 (73)      | 00:03:03 | 00:37:16 (93)  | 00:01:26 | 00:24:02 (70)  |
| 74   | NOWAK ANIA           | 155 |                                   | SIEKIERKI WIELKIE | POL  | K30-39 |                             | 00:17:13 (74)      | 00:02:09 | 00:33:06 (29)  | 00:01:08 | 00:21:38 (29)  |
| 75   | PACZKOWSKI MIROSŁAW  | 32  |                                   | BYDGOSZCZ         | POL  | M50-59 |                             | 00:17:13 (75)      | 00:04:00 | 00:36:05 (73)  | 00:01:46 | 00:22:33 (42)  |
| 76   | STRYCYŃSKI MAREK     | 71  |                                   |                   |      | M30-39 |                             | 00:17:18 (76)      | 00:03:16 | 00:35:41 (67)  | 00:01:44 | 00:24:29 (80)  |
| 77   | ZIELIŃSKI MACIEJ     | 88  | ELENSPORT.PL                      | BYDGOSZCZ         | POL  | M30-39 | ELENSPORT.PL                | 00:17:23 (78)      | 00:02:58 | 00:33:30 (37)  | 00:01:12 | 00:22:55 (53)  |
| 78   | KLIMEK PRZEMYSŁAW    | 59  | TOYOTA JAWORSKI AUTO              | BYDGOSZCZ         | POL  | M18-29 |                             | 00:17:23 (77)      | 00:02:59 | 00:39:35 (120) | 00:01:03 | 00:29:45 (136) |
| 79   | ZAMOYSKI PIOTR       | 56  |                                   | BRWINÓW           | POL  | M30-39 |                             | 00:17:26 (79)      | 00:02:43 | 00:37:09 (89)  | 00:01:20 | 00:25:01 (92)  |

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| M-ce | Nazwisko i imię           | Nr  | Klub                              | M-scowość          | Kraj | Kat.   | Drużyna 1                           | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|---------------------------|-----|-----------------------------------|--------------------|------|--------|-------------------------------------|--------------------|----------|----------------|----------|----------------|
| 80   | CHODKIEWICZ TOMASZ        | 31  | GARDENFLORA MTB TEAM              | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:26 (80)      | 00:03:27 | 00:33:10 (30)  | 00:01:19 | 00:21:31 (27)  |
| 81   | KOWALSKI MAREK            | 85  | REKINY OSIELSKO                   | NIEMCZ             | POL  | M50-59 |                                     | 00:17:27 (81)      | 00:06:41 | 00:39:42 (122) | 00:02:23 | 00:27:29 (120) |
| 82   | PIĄTKOWSKI MATEUSZ        | 111 | TRIFECTA                          | BYDGOSZCZ          | POL  | M18-29 | TRIFECTA                            | 00:17:28 (82)      | 00:06:02 | 00:45:06 (143) | 00:00:54 | 00:25:41 (101) |
| 83   | MOJSIEWICZ NATALIA        | 87  |                                   | WARSZAWA           | POL  | K18-29 |                                     | 00:17:29 (83)      | 00:02:56 | 00:36:41 (81)  | 00:01:25 | 00:28:40 (129) |
| 84   | BOIŃSKI BARTOSZ           | 60  |                                   | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:17:30 (84)      | 00:03:14 | 00:37:35 (98)  | 00:02:13 | 00:24:50 (91)  |
| 85   | GIERES WALDEMAR           | 5   | PTT DELTA                         | PŁOCK              | POL  | M50-59 | PTT DELTA                           | 00:17:31 (85)      | 00:02:07 | 00:33:02 (27)  | 00:00:59 | 00:23:04 (56)  |
| 86   | LICHOCKA PATRYCJA         | 154 | BS TRI                            | POZNAŃ             | POL  | K18-29 |                                     | 00:17:33 (86)      | 00:02:33 | 00:37:15 (91)  | 00:01:07 | 00:22:25 (41)  |
| 87   | ZEVALLOS ROBERT           | 58  |                                   | BIGGIN HILL        | GBR  | M18-29 |                                     | 00:17:36 (87)      | 00:03:15 | 00:39:44 (123) | 00:00:59 | 00:26:25 (108) |
| 88   | MALINOWSKI ARTUR          | 115 |                                   | MAKSYMILIANOWO     | POL  | M50-59 |                                     | 00:17:40 (88)      | 00:03:34 | 00:35:11 (54)  | 00:01:27 | 00:24:02 (71)  |
| 89   | SURWIŁO-RUTKOWSKA JUSTYNA | 109 | OLIMPIA SPORT                     | POZNAŃ             | POL  | K30-39 |                                     | 00:17:42 (89)      | 00:04:14 | 00:40:48 (128) | 00:01:10 | 00:28:24 (128) |
| 90   | TOMASZEWSKI MATEUSZ       | 134 | GRAJAN OŁAWA                      | OŁAWA              | POL  | M30-39 |                                     | 00:17:49 (90)      | 00:03:17 | 00:43:11 (137) | 00:01:04 | 00:23:00 (55)  |
| 91   | URBAŃSKI DAWID            | 97  |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:50 (91)      | 00:03:35 | 00:38:12 (106) | 00:01:46 | 00:26:04 (106) |
| 92   | KUŻMA WOJCIECH            | 28  |                                   | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:17:51 (92)      | 00:02:46 | 00:35:20 (56)  | 00:01:11 | 00:25:48 (104) |
| 93   | NOWOTNIK MARIUSZ          | 169 |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:51 (93)      | 00:02:46 | 00:36:01 (71)  | 00:01:09 | 00:24:20 (78)  |
| 94   | CHMURA MACIEJ             | 14  | TRIATHLON KONSULTING              | STRZELCE GÓRNE     | POL  | M40-49 |                                     | 00:17:52 (95)      | 00:04:40 | 00:36:58 (85)  | 00:01:43 | 00:26:33 (110) |
| 95   | DOROTA DULIŃSKA           | 82  | TRISPACE/TREK                     | NIEMCZ             | POL  | K40-49 |                                     | 00:17:52 (94)      | 00:02:50 | 00:35:36 (64)  | 00:01:05 | 00:26:56 (115) |
| 96   | LICA GRZEGORZ             | 103 |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:54 (97)      | 00:03:55 | 00:35:21 (57)  | 00:01:58 | 00:27:42 (123) |
| 97   | GABRYCH MACIEJ            | 34  | CZARNE STOPY                      | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:54 (96)      | 00:03:05 | 00:37:02 (88)  | 00:01:06 | 00:24:21 (79)  |
| 98   | LUDWINIAK BOGDAN          | 65  |                                   | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:17:55 (98)      | 00:02:50 | 00:36:32 (79)  | 00:01:35 | 00:29:25 (134) |
| 99   | SADKIEWICZ JACEK          | 172 | RACING TEAM                       | OSIELSKO           | POL  | M50-59 |                                     | 00:17:56 (99)      | 00:03:40 | 00:36:59 (87)  | 00:01:39 | 00:31:32 (142) |
| 100  | GIEDRYS ROMAN             | 145 |                                   | TUCHOLA            | POL  | M50-59 |                                     | 00:17:57 (100)     | 00:03:18 | 00:34:19 (46)  | 00:01:02 | 00:23:51 (68)  |
| 101  | DÜCHTING BENJAMIN         | 36  |                                   | BERLIN             | GER  | M30-39 |                                     | 00:17:58 (101)     | 00:04:41 | 00:45:34 (146) | 00:01:33 | 00:35:58 (149) |
| 102  | CIUPA JAROSŁAW            | 80  | AKADEMIA MISTRZÓW SPORTU          | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:18:01 (102)     | 00:03:24 | 00:33:29 (36)  | 00:02:00 | 00:23:51 (67)  |
| 103  | GÓRNY BARTŁOMIEJ          | 13  |                                   | KOŚCIELECZKI       | POL  | M40-49 |                                     | 00:18:07 (103)     | 00:02:27 | 00:35:29 (63)  | 00:01:19 | 00:24:42 (83)  |
| 104  | MONTOWSKI JAKUB           | 49  |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:18:07 (104)     | 00:03:45 | 00:37:57 (105) | 00:01:10 | 00:27:22 (118) |
| 105  | PAPIEROWSKI PIOTR         | 50  | ATOS                              | OSIELSKO           | POL  | M30-39 |                                     | 00:18:12 (105)     | 00:04:13 | 00:36:53 (83)  | 00:01:25 | 00:26:46 (114) |
| 106  | KARCZEWSKI FILIP          | 20  |                                   | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:18:14 (106)     | 00:02:54 | 00:33:13 (31)  | 00:00:52 | 00:23:26 (62)  |
| 107  | GOŁATA AGNIESZKA          | 164 | AKADEMIA MISTRZÓW SPORTU / BOGMAR | DĄBROWA CHEŁMIŃSKA | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR | 00:18:17 (107)     | 00:02:58 | 00:38:28 (109) | 00:01:29 | 00:27:48 (124) |
| 108  | KLONOWSKI MARIUSZ         | 179 | PRIMIGENIUS                       | ŁOCHOWO            | POL  | M40-49 |                                     | 00:18:18 (108)     | 00:02:57 | 00:35:23 (60)  | 00:01:26 | 00:23:46 (65)  |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                           | M-scowość      | Kraj | Kat.   | Drużyna 1                      | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|----------------------------|-----|--------------------------------|----------------|------|--------|--------------------------------|--------------------|----------|----------------|----------|----------------|
| 109  | BOROWSKI RADOSŁAW          | 40  | MLKS KRAJNA SEPÓLNO            | BYDGOSZCZ      | POL  | M30-39 |                                | 00:18:19 (109)     | 00:02:58 | 00:36:21 (77)  | 00:01:11 | 00:25:21 (97)  |
| 110  | CZACHOWSKI JACEK           | 176 | KS OPLAWIEC                    | BYDGOSZCZ      | POL  | M30-39 |                                | 00:18:21 (110)     | 00:02:57 | 00:37:32 (97)  | 00:00:43 | 00:24:39 (82)  |
| 111  | KOLASSA ROBERT             | 95  |                                | MUROWANIEC     | POL  | M30-39 |                                | 00:18:27 (111)     | 00:03:29 | 00:39:24 (119) | 00:00:29 | 00:23:17 (60)  |
| 112  | RUCIŃSKI RAFAŁ             | 8   | SELEKCJA NATURALNA             | MAŁE RUDY      | POL  | M30-39 | SELEKCJA NATURALNA             | 00:18:28 (112)     | 00:02:24 | 00:34:56 (51)  | 00:01:33 | 00:24:14 (77)  |
| 113  | BUDZIK IRENEUSZ            | 129 | PETNER TEAM                    | BYDGOSZCZ      | POL  | M50-59 |                                | 00:18:31 (113)     | 00:02:53 | 00:33:20 (33)  | 00:01:14 | 00:23:20 (61)  |
| 114  | ŻEGLICZ MAREK              | 84  | SPÓJNIA BIAŁE BŁOTA            | BIAŁE BŁOTA    | POL  | M18-29 |                                | 00:18:38 (114)     | 00:04:56 | 00:37:15 (92)  | 00:01:43 | 00:24:46 (86)  |
| 115  | PIĄTKOWSKI KRYSZTIAN       | 112 | TRIFECTA                       | BYDGOSZCZ      | POL  | M18-29 | TRIFECTA                       | 00:18:39 (115)     | 00:04:27 | 00:48:34 (151) | 00:00:40 | 00:36:15 (151) |
| 116  | WILAND ADAM                | 101 |                                | GRUDZIĄDZ      | POL  | M18-29 |                                | 00:18:57 (116)     | 00:04:29 | 00:46:57 (148) | 00:01:45 | 00:25:34 (100) |
| 117  | STAŃCZYK KAMIL             | 79  | 83 BLP                         | BAŁTÓW         | POL  | M30-39 |                                | 00:19:02 (117)     | 00:04:23 | 00:38:41 (111) | 00:02:07 | 00:20:54 (19)  |
| 118  | PIĄTKOWSKI MARIUSZ         | 113 | TRIFECTA                       | BYDGOSZCZ      | POL  | M50-59 | TRIFECTA                       | 00:19:21 (118)     | 00:04:24 | 00:47:44 (149) | 00:00:41 | 00:36:15 (150) |
| 119  | WOŹNIAK RADEK              | 143 |                                | BYDGOSZCZ      | POL  | M30-39 |                                | 00:19:24 (120)     | 00:02:33 | 00:34:27 (48)  | 00:01:08 | 00:26:35 (111) |
| 120  | LICZNIERSKA ALINA          | 150 | OWOCBIEGA TEAM                 | PLEWISKA       | POL  | K40-49 |                                | 00:19:24 (119)     | 00:02:06 | 00:36:44 (82)  | 00:00:53 | 00:22:15 (37)  |
| 121  | MISZTELA DARIUSZ           | 73  | PTT DELTA                      | PLOCK          | POL  | M60-69 | PTT DELTA                      | 00:19:27 (121)     | 00:03:25 | 00:39:18 (118) | 00:02:01 | 00:27:41 (122) |
| 122  | NOWAKOWSKA NATALIA         | 53  |                                | BYDGOSZCZ      | POL  | K30-39 |                                | 00:19:29 (122)     | 00:02:27 | 00:44:43 (141) | 00:00:55 | 00:32:24 (145) |
| 123  | WIŚNIEWSKI MIKOŁAJ         | 52  |                                | BYDGOSZCZ      | POL  | M40-49 |                                | 00:19:31 (123)     | 00:02:42 | 00:42:53 (136) | 00:00:58 | 00:29:53 (137) |
| 124  | LISEWSKI PIOTR             | 43  |                                |                |      | M50-59 |                                | 00:19:52 (124)     | 00:03:15 | 00:38:48 (113) | 00:01:47 | 00:25:19 (95)  |
| 125  | RUTKOWSKI TOMASZ           | 110 | OLIMPIA SPORT                  | POZNAŃ         | POL  | M30-39 |                                | 00:19:54 (125)     | 00:03:42 | 00:37:15 (90)  | 00:01:56 | 00:23:38 (63)  |
| 126  | DWOJACZNA-CHRAPKOWSKA ANNA | 9   | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK      | POL  | K30-39 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 00:20:01 (126)     | 00:04:32 | 00:40:40 (127) | 00:01:59 | 00:25:41 (102) |
| 127  | SOLDYGA PAWEŁ              | 96  | SKOWRONEKBIEGA                 | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:03 (127)     | 00:02:50 | 00:35:54 (68)  | 00:01:40 | 00:22:58 (54)  |
| 128  | MODZELEWSKA MARIA          | 108 | TM IRON TEAM                   | BYDGOSZCZ      | POL  | K30-39 | TM IRON TEAM                   | 00:20:10 (128)     | 00:02:46 | 00:39:03 (117) | 00:00:27 | 00:25:31 (99)  |
| 129  | BIBIK ŁUKASZ               | 75  | RUN DMT                        | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:22 (129)     | 00:05:02 | 00:37:45 (100) | 00:02:56 | 00:28:59 (132) |
| 130  | STĘPSKA MAŁGOSIA           | 18  | B3T                            | KRAKÓW         | POL  | K50-59 |                                | 00:20:25 (130)     | 00:03:12 | 00:38:14 (107) | 00:00:59 | 00:28:03 (126) |
| 131  | ZGÓRSKI MACIEJ             | 7   |                                | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:25 (131)     | 00:04:44 | 00:38:28 (110) | 00:01:37 | 00:29:07 (133) |
| 132  | ŻYCHLIŃSKI MIŁO SZ         | 17  | HTF LUDWIK SIKORSKI            | ŁÓDŹ           | POL  | M40-49 |                                | 00:20:41 (132)     | 00:02:52 | 00:34:17 (45)  | 00:01:50 | 00:22:55 (52)  |
| 133  | BŁAŻEJEWSKA AGNIESZKA      | 175 | TM IRON TEAM                   | ŁOCHOWO        | POL  | K30-39 |                                | 00:20:45 (133)     | 00:03:22 | 00:40:17 (125) | 00:00:35 | 00:26:37 (112) |
| 134  | GARBIEC MIROŚLAW           | 16  |                                | BYDGOSZCZ      | POL  | M60-69 |                                | 00:20:46 (134)     | 00:03:37 | 00:35:59 (70)  | 00:02:11 | 00:24:47 (87)  |
| 135  | CIESIELSKI PIOTR           | 105 | TTRI SPRĘCOWO                  | MAKSYMILIANOWO | POL  | M50-59 |                                | 00:20:48 (135)     | 00:05:39 | 00:50:03 (154) | 00:00:35 | 00:32:25 (146) |
| 136  | TOMASZEWSKI MARCIN         | 147 |                                | ŁOCHOWICE      | POL  | M40-49 |                                | 00:20:57 (136)     | 00:03:22 | 00:37:39 (99)  | 00:01:22 | 00:23:09 (57)  |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    |
|------|----------------------|-----|--------------------------|-----------|------|--------|---------------|--------------------|----------|----------------|----------|----------------|
| 137  | FIGLER IWONA         | 151 | TRISPACE/TREK            | NIEMCZ    | POL  | K50-59 |               | 00:21:03 (137)     | 00:02:39 | 00:35:58 (69)  | 00:01:16 | 00:23:58 (69)  |
| 138  | REPKA MAREK          | 66  | LUPUS TEAM               | BYDGOSZCZ | POL  | M40-49 |               | 00:21:20 (138)     | 00:02:28 | 00:34:35 (50)  | 00:01:23 | 00:24:48 (89)  |
| 139  | OSIŃSKI ADAM         | 46  | CHŁOPAKI TO MY           | BYDGOSZCZ | POL  | M50-59 |               | 00:21:33 (139)     | 00:05:00 | 00:37:50 (103) | 00:01:56 | 00:24:44 (85)  |
| 140  | TOMASZ MARIUSZ       | 23  | GRAJAN OŁAWA             | OŁAWA     | POL  | M40-49 |               | 00:21:36 (140)     | 00:03:11 | 00:34:22 (47)  | 00:01:47 | 00:22:47 (50)  |
| 141  | PASTWA DONATA        | 1   |                          |           |      | K50-59 | TRISPACE/TREK | 00:21:39 (141)     | 00:03:42 | 00:43:55 (140) | 00:01:04 | 00:24:11 (76)  |
| 142  | SZABO-MOSKAL IGA     | 123 |                          | BORÓWNO   | POL  | K50-59 |               | 00:21:51 (142)     | 00:03:45 | 00:48:03 (150) | 00:00:56 | 00:31:44 (143) |
| 143  | ANDRZEJEWski RYSZARD | 138 | ŻÓŁTOKRÓLEWscy           | BYDGOSZCZ | POL  | M70-79 |               | 00:22:36 (143)     | 00:06:35 | 00:42:06 (132) | 00:01:53 | 00:28:42 (130) |
| 144  | MORZYŃSKI STANISŁAW  | 90  |                          | KCYNIA    | POL  | M40-49 |               | 00:23:09 (144)     | 00:03:38 | 00:38:59 (116) | 00:02:35 | 00:28:17 (127) |
| 145  | IDZIŃSKA NATALIA     | 78  | BRAK- OS.PRywATNA        | BYDGOSZCZ | POL  | K30-39 |               | 00:23:13 (145)     | 00:04:11 | 00:55:52 (156) | 00:00:30 | 00:30:15 (138) |
| 146  | CZYŻEWski PIOTR      | 3   |                          | BRZOZA    | POL  | M30-39 |               | 00:23:44 (146)     | 00:04:46 | 00:41:38 (131) | 00:02:34 | 00:37:59 (153) |
| 147  | DOBRYŃSKA EWA        | 54  |                          | BYDGOSZCZ | POL  | K30-39 |               | 00:23:53 (147)     | 00:04:33 | 00:45:28 (144) | 00:01:44 | 00:23:42 (64)  |
| 148  | SAWICKI WALDEMAR     | 22  |                          | BYDGOSZCZ | POL  | M80+   |               | 00:23:57 (148)     | 00:04:52 | 00:46:36 (147) | 00:00:57 | 00:42:49 (154) |
| 149  | MONTOWski JAN        | 74  | OPŁAWIEC                 | BYDGOSZCZ | POL  | M60-69 |               | 00:24:03 (149)     | 00:03:57 | 00:40:29 (126) | 00:00:52 | 00:30:51 (140) |
| 150  | KLIN PAULINA         | 69  |                          | CZERSK    | POL  | K30-39 |               | 00:24:16 (150)     | 00:04:15 | 00:45:30 (145) | 00:01:19 | 00:28:48 (131) |
| 151  | BŁASZKIEWICZ MARZENA | 166 | ENEA BYDGOSZCZ TRIATHLON |           | POL  | K30-39 |               | 00:24:34 (151)     | 00:04:30 | 00:49:34 (153) | 00:01:02 | 00:34:24 (148) |
| 152  | FIEGEL KATARZYNA     | 15  | TRISPACE/TREK            | BYDGOSZCZ | POL  | K40-49 | TRISPACE/TREK | 00:25:26 (152)     | 00:02:15 | 00:43:37 (139) | 00:01:14 | 00:26:01 (105) |
| 153  | KOZŁOWSKA MAŁGORZATA | 137 | PTT DELTA                | PŁOCK     | POL  | K40-49 |               | 00:25:28 (153)     | 00:04:57 | 00:44:56 (142) | 00:01:03 | 00:33:43 (147) |
| 154  | MIKA ALDONA          | 102 |                          | BYDGOSZCZ | POL  | K50-59 |               | 00:26:14 (154)     | 00:06:09 | 00:48:44 (152) |          |                |
| 155  | NOWAK ANDRZEJ        | 131 |                          | KORONOWO  | POL  | M60-69 |               | 00:29:30 (155)     | 00:06:01 | 00:55:03 (155) | 00:02:21 | 00:47:00 (155) |
| 156  | WIŚNIEWSKI KRZYSZTOF | 127 | TRISPACE/TREK            | BYDGOSZCZ | POL  | M50-59 | TRISPACE/TREK | 00:36:29 (156)     | 00:04:02 | 00:42:31 (134) | 00:01:44 | 00:36:28 (152) |
|      | NOWAKOWSKI MARCIN    | 114 | TRIFECTA                 | BYDGOSZCZ | POL  | M40-49 | TRIFECTA      | DNF (0)            | 00:00:00 | 00:00:00 (0)   | 00:00:00 | 00:00:00 (0)   |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety**

| M-ce | Nazwisko i imię        | Nr  | Klub              | M-scowość | Kraj | Kat.   | Drużyna 1    | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------------|-----|-------------------|-----------|------|--------|--------------|--------------------|----------|---------------|----------|-------------|
| 1    | NOWAK MARTYNA          | 121 | 3 GRAVITY         | BYDGOSZCZ | POL  | K18-29 |              | 00:12:30           | 00:02:43 | 00:35:23      | 00:00:56 | 00:22:49    |
| 2    | CABAJ MARTYNA          | 11  | IM INSPIRATION    | BYDGOSZCZ | POL  | K18-29 |              | 00:14:19           | 00:02:42 | 00:35:28      | 00:01:29 | 00:27:59    |
| 3    | HIGSON ALEKSANDRA      | 94  | DURHAM UNIVERSITY | BYDGOSZCZ | POL  | K18-29 |              | 00:14:25           | 00:02:51 | 00:38:42      | 00:00:28 | 00:23:49    |
| 4    | ŻMICH-FÓRMANIAK JOANNA | 107 | TM IRON TEAM      | BYDGOSZCZ | POL  | K40-49 | TM IRON TEAM | 00:14:28           | 00:02:46 | 00:33:00      | 00:01:01 | 00:22:43    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                              | M-scowość          | Kraj | Kat.   | Drużyna 1                            | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------------|-----|-----------------------------------|--------------------|------|--------|--------------------------------------|--------------------|----------|---------------|----------|-------------|
| 5    | PIETRZAK AGATA             | 142 |                                   | BYDGOSZCZ          | POL  | K30-39 |                                      | 00:14:57           | 00:02:57 | 00:38:56      | 00:01:28 | 00:27:27    |
| 6    | BOHDANOWICZ PATRYCJA       | 141 |                                   | BYDGOSZCZ          | POL  | K30-39 |                                      | 00:15:17           | 00:02:28 | 00:35:26      | 00:01:10 | 00:24:42    |
| 7    | MALINOWSKA EWELINA         | 86  |                                   | WARSZAWA           | POL  | K40-49 |                                      | 00:15:36           | 00:02:18 | 00:37:50      | 00:01:23 | 00:25:13    |
| 8    | WARCZAK KATARZYNA          | 67  | FCNB/TEAMOCHAL                    | BYDGOSZCZ          | POL  | K40-49 | TEAMOCHAL                            | 00:15:49           | 00:02:40 | 00:36:07      | 00:00:52 | 00:24:05    |
| 9    | WASILEWSKA MARTYNA         | 93  | AMS BYDGOSZCZ                     | BYDGOSZCZ          | POL  | K30-39 | AKADEMIA MISTRZÓW<br>SPORTU          | 00:16:07           | 00:02:46 | 00:37:22      | 00:01:03 | 00:22:38    |
| 10   | PALETA ELŻBIETA            | 2   | TM IRON TEAM                      | KATOWICE           | POL  | K18-29 | TM IRON TEAM                         | 00:16:10           | 00:03:03 | 00:38:50      | 00:01:24 | 00:21:48    |
| 11   | PRZYBYŁA AGNIESZKA         | 83  |                                   | BYDGOSZCZ          | POL  | K40-49 |                                      | 00:16:38           | 00:03:23 | 00:39:45      | 00:00:30 | 00:25:28    |
| 12   | WASILEWSKA AGATA           | 92  | AKADEMIA MISTRZÓW SPORTU          | BYDGOSZCZ          | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU          | 00:17:01           | 00:02:51 | 00:36:28      | 00:01:09 | 00:24:34    |
| 13   | NOWAK ANIA                 | 155 |                                   | SIEKIERKI WIELKIE  | POL  | K30-39 |                                      | 00:17:13           | 00:02:09 | 00:33:06      | 00:01:08 | 00:21:38    |
| 14   | MOJSIEWICZ NATALIA         | 87  |                                   | WARSZAWA           | POL  | K18-29 |                                      | 00:17:29           | 00:02:56 | 00:36:41      | 00:01:25 | 00:28:40    |
| 15   | LICHOCKA PATRYCJA          | 154 | BS TRI                            | POZNAŃ             | POL  | K18-29 |                                      | 00:17:33           | 00:02:33 | 00:37:15      | 00:01:07 | 00:22:25    |
| 16   | SURWIŁO-RUTKOWSKA JUSTYNA  | 109 | OLIMPIA SPORT                     | POZNAŃ             | POL  | K30-39 |                                      | 00:17:42           | 00:04:14 | 00:40:48      | 00:01:10 | 00:28:24    |
| 17   | DOROTA DULIŃSKA            | 82  | TRISPACE/TREK                     | NIEMCZ             | POL  | K40-49 |                                      | 00:17:52           | 00:02:50 | 00:35:36      | 00:01:05 | 00:26:56    |
| 18   | GOŁATA AGNIESZKA           | 164 | AKADEMIA MISTRZÓW SPORTU / BOGMAR | DĄBROWA CHEŁMIŃSKA | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR  | 00:18:17           | 00:02:58 | 00:38:28      | 00:01:29 | 00:27:48    |
| 19   | LICZNIERSKA ALINA          | 150 | OWOCBIEGA TEAM                    | PLEWISKA           | POL  | K40-49 |                                      | 00:19:24           | 00:02:06 | 00:36:44      | 00:00:53 | 00:22:15    |
| 20   | NOWAKOWSKA NATALIA         | 53  |                                   | BYDGOSZCZ          | POL  | K30-39 |                                      | 00:19:29           | 00:02:27 | 00:44:43      | 00:00:55 | 00:32:24    |
| 21   | DWOJACZNA-CHRAPKOWSKA ANNA | 9   | IRON HOUSE TRIATHLON WŁOCLAWEK    | WŁOCLAWEK          | POL  | K30-39 | IRON HOUSE<br>TRIATHLON<br>WŁOCLAWEK | 00:20:01           | 00:04:32 | 00:40:40      | 00:01:59 | 00:25:41    |
| 22   | MODZELEWSKA MARIA          | 108 | TM IRON TEAM                      | BYDGOSZCZ          | POL  | K30-39 | TM IRON TEAM                         | 00:20:10           | 00:02:46 | 00:39:03      | 00:00:27 | 00:25:31    |
| 23   | STĘPSKA MAŁGOSIA           | 18  | B3T                               | KRAKÓW             | POL  | K50-59 |                                      | 00:20:25           | 00:03:12 | 00:38:14      | 00:00:59 | 00:28:03    |
| 24   | BŁĄŻEJEWSKA AGNIESZKA      | 175 | TM IRON TEAM                      | ŁOCHOWO            | POL  | K30-39 |                                      | 00:20:45           | 00:03:22 | 00:40:17      | 00:00:35 | 00:26:37    |
| 25   | FIGLER IWONA               | 151 | TRISPACE/TREK                     | NIEMCZ             | POL  | K50-59 |                                      | 00:21:03           | 00:02:39 | 00:35:58      | 00:01:16 | 00:23:58    |
| 26   | PASTWA DONATA              | 1   |                                   |                    |      | K50-59 | TRISPACE/TREK                        | 00:21:39           | 00:03:42 | 00:43:55      | 00:01:04 | 00:24:11    |
| 27   | SZABO-MOSKAL IGA           | 123 |                                   | BORÓWNO            | POL  | K50-59 |                                      | 00:21:51           | 00:03:45 | 00:48:03      | 00:00:56 | 00:31:44    |
| 28   | IDZIŃSKA NATALIA           | 78  | BRAK- OS.PRYWATNA                 | BYDGOSZCZ          | POL  | K30-39 |                                      | 00:23:13           | 00:04:11 | 00:55:52      | 00:00:30 | 00:30:15    |
| 29   | DOBRYŃSKA EWA              | 54  |                                   | BYDGOSZCZ          | POL  | K30-39 |                                      | 00:23:53           | 00:04:33 | 00:45:28      | 00:01:44 | 00:23:42    |
| 30   | KLIN PAULINA               | 69  |                                   | CZERSK             | POL  | K30-39 |                                      | 00:24:16           | 00:04:15 | 00:45:30      | 00:01:19 | 00:28:48    |
| 31   | BŁASZKIEWICZ MARZENA       | 166 | ENEA BYDGOSZCZ TRIATHLON          |                    | POL  | K30-39 |                                      | 00:24:34           | 00:04:30 | 00:49:34      | 00:01:02 | 00:34:24    |
| 32   | FIEGEL KATARZYNA           | 15  | TRISPACE/TREK                     | BYDGOSZCZ          | POL  | K40-49 | TRISPACE/TREK                        | 00:25:26           | 00:02:15 | 00:43:37      | 00:01:14 | 00:26:01    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub      | M-scowość | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|-----------|-----------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 33   | KOZŁOWSKA MAŁGORZATA | 137 | PTT DELTA | PŁOCK     | POL  | K40-49 |           | 00:25:28           | 00:04:57 | 00:44:56      | 00:01:03 | 00:33:43    |
| 34   | MIKA ALDONA          | 102 |           | BYDGOSZCZ | POL  | K50-59 |           | 00:26:14           | 00:06:09 | 00:48:44      |          |             |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni**

| M-ce | Nazwisko i imię       | Nr  | Klub                                  | M-scowość  | Kraj | Kat.   | Drużyna 1                   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|-----------------------|-----|---------------------------------------|------------|------|--------|-----------------------------|--------------------|----------|---------------|----------|-------------|
| 1    | WŁUDARSKI MARCIN      | 128 |                                       | BYDGOSZCZ  | POL  | M30-39 |                             | 00:03:51           | 00:17:26 | 00:41:15      | 00:00:43 | 00:26:16    |
| 2    | ISKRA PAWEŁ           | 148 | 7PRO TEAM                             | ZIELENIEWO | POL  | M30-39 |                             | 00:10:54           | 00:02:05 | 00:30:03      | 00:00:26 | 00:19:34    |
| 3    | KARSKI KACPER         | 98  |                                       | INOWROCŁAW | POL  | M18-29 |                             | 00:11:32           | 00:02:34 | 00:33:34      | 00:00:47 | 00:21:12    |
| 4    | FRUKACZ KAMIL         | 63  | SPORTLEVEL TCZEW                      | TCZEW      | POL  | M18-29 |                             | 00:11:47           | 00:02:17 | 00:32:40      | 00:01:07 | 00:20:42    |
| 5    | RYMER JAKUB           | 162 | ERPLAST/BOGMAR                        | BYDGOSZCZ  | POL  | M30-39 | BOGMAR / ERPLAST            | 00:12:09           | 00:02:00 | 00:30:21      | 00:00:31 | 00:19:55    |
| 6    | PTASZEK TOMASZ        | 157 | WANIEWSKI COACHING                    | GDYNIA     | POL  | M30-39 |                             | 00:12:11           | 00:02:03 | 00:31:09      | 00:00:55 | 00:20:30    |
| 7    | MŁYŃCZAK JAKUB        | 152 | GVT                                   | GLIWICE    | POL  | M18-29 |                             | 00:12:16           | 00:01:59 | 00:31:20      | 00:00:42 | 00:18:52    |
| 8    | BEDNARCZYK TOMASZ     | 41  | BIKE U UP                             | GDYNIA     | POL  | M30-39 |                             | 00:12:19           | 00:02:02 | 00:30:05      | 00:00:26 | 00:19:20    |
| 9    | MAAS OLIVER           | 159 | SOPREMA TEAM TSV MANNHEIM             | MANNHEIM   | GER  | M18-29 |                             | 00:12:36           | 00:02:25 | 00:37:48      | 00:00:45 | 00:19:17    |
| 10   | WIĘCKOWSKI DARIUSZ    | 72  | AKADEMIA MISTRZÓW SPORTU              | BYDGOSZCZ  | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU | 00:12:41           | 00:02:19 | 00:33:05      | 00:00:56 | 00:22:42    |
| 11   | PEKRUL WOJCIECH       | 153 | DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI | GDAŃSK     | POL  | M18-29 |                             | 00:12:46           | 00:02:16 | 00:32:22      | 00:01:02 | 00:21:04    |
| 12   | PLUTA GNIEWOMIR       | 118 | UKS TRS SUSZ                          | BYDGOSZCZ  | POL  | M40-49 |                             | 00:12:59           | 00:02:21 | 00:31:51      | 00:00:45 | 00:21:12    |
| 13   | FÓRMANIAK PIOTR       | 104 | TM IRON TEAM                          | BYDGOSZCZ  | POL  | M40-49 | TM IRON TEAM                | 00:13:13           | 00:02:08 | 00:32:05      | 00:01:13 | 00:21:41    |
| 14   | MAZUR WOJCIECH        | 158 |                                       | BYDGOSZCZ  | POL  | M30-39 |                             | 00:13:16           | 00:02:30 | 00:31:59      | 00:01:07 | 00:22:10    |
| 15   | KOWALIKOWSKI DANIEL   | 119 | TM IRON TEAM                          | BYDGOSZCZ  | POL  | M30-39 | TM IRON TEAM                | 00:13:34           | 00:02:07 | 00:30:57      | 00:00:49 | 00:21:10    |
| 16   | LICZNIERSKI MAREK     | 10  | OWOCBIEGATEAM                         | PLEWISKA   | POL  | M30-39 | OWOCBIEGATEAM               | 00:13:43           | 00:02:35 | 00:32:14      | 00:01:03 | 00:21:08    |
| 17   | FRĄCKOWSKI ŁUKASZ     | 4   | THE TRI DOCTOR                        | BYDGOSZCZ  | POL  | M30-39 |                             | 00:13:59           | 00:03:27 | 00:37:24      | 00:01:44 | 00:32:07    |
| 18   | ZIELINSKI NICOLAS     | 91  | ELENSPORT.PL SKLEPY SPORTOWE          | OSIELSKO   | POL  | M18-29 | ELENSPORT.PL                | 00:14:00           | 00:01:55 | 00:32:58      | 00:00:48 | 00:20:29    |
| 19   | BISKUPSKI CEZARY      | 27  | TRISPACE/TREK                         |            |      | M30-39 |                             | 00:14:12           | 00:02:01 | 00:29:46      | 00:00:47 | 00:20:41    |
| 20   | DUDKOWIAK MICHAŁ      | 178 | DUDKOWIAK ADWOKACI                    | POZNAŃ     | POL  | M30-39 |                             | 00:14:14           | 00:02:31 | 00:35:07      | 00:00:42 | 00:25:19    |
| 21   | ŁOPUSZYŃSKI KRZYSZTOF | 61  | LANGE TRI COACH/H2OSHOP.PL            | BYDGOSZCZ  | POL  | M30-39 |                             | 00:14:20           | 00:02:11 | 00:29:41      | 00:00:14 | 00:19:42    |
| 22   | AUGUSTYNIAK GRZEGORZ  | 132 | PTTDELTA                              | SŁUPNO     | POL  | M50-59 |                             | 00:14:29           | 00:03:07 | 00:33:55      | 00:01:30 | 00:22:35    |
| 23   | BARTKOWIAK DAWID      | 130 |                                       | PIŁA       | POL  | M40-49 |                             | 00:14:33           | 00:02:01 | 00:31:48      | 00:00:47 | 00:21:52    |



**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                                     | M-scowość          | Kraj | Kat.   | Drużyna 1                         | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|---------------------|-----|--|--------------------|------|--------|-----------------------------------|--------------------|----------|---------------|----------|-------------|
| 24   | SKORECKI ALEKSANDER | 168 | BYDGOSZCZ TRIATHLON TEAM / WTLNIE        | BYDGOSZCZ          | POL  | M30-39 | BYDGOSZCZ TRIATHLON TEAM / WTLNIE | 00:14:34           | 00:02:41 | 00:35:22      | 00:01:01 | 00:22:25    |
| 25   | SZEWCZUK PATRYK     | 55  | SPORT ZDROWIE KONDYCJA                   | ŚWIECIE            | POL  | M30-39 |                                   | 00:14:34           | 00:01:46 | 00:31:03      | 00:00:57 | 00:21:33    |
| 26   | PRĄDZYŃSKI MARCIN   | 89  | AKADEMIAMISTRZOWSPORTU                   | BYDGOSZCZ          | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU          | 00:14:40           | 00:02:28 | 00:33:21      | 00:00:52 | 00:21:19    |
| 27   | NOWICKI BARTOSZ     | 106 | AQUA+                                    | BYDGOSZCZ          | POL  | M30-39 |                                   | 00:14:44           | 00:02:32 | 00:32:53      | 00:00:56 | 00:22:45    |
| 28   | WARGACKI PIOTR      | 124 | TM IRON TEAM                             | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                      | 00:14:47           | 00:02:23 | 00:32:21      | 00:01:09 | 00:23:15    |
| 29   | BRZEZINSKI ŁUKASZ   | 173 | ASSECO ACTIVE TEAM                       | BYDGOSZCZ          | POL  | M30-39 | ASSECO ACTIVE TEAM                | 00:14:47           | 00:02:37 | 00:33:28      | 00:01:00 | 00:21:49    |
| 30   | PUZIAK MARCIN       | 76  |  | BYDGOSZCZ          | POL  | M40-49 |                                   | 00:15:04           | 00:02:50 | 00:37:18      | 00:01:05 | 00:24:04    |
| 31   | FABROWSKI DAWID     | 125 |  |                    |      | M40-49 | CTS                               | 00:15:07           | 00:03:20 | 00:36:55      | 00:01:36 | 00:26:32    |
| 32   | GOLATA WOJCIECH     | 163 | AKADEMIA MISTRZÓW SPORTU / BOGMAR        | DĄBROWA CHEŁMIŃSKA | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU/ BOGMAR  | 00:15:07           | 00:01:57 | 00:33:54      | 00:01:09 | 00:20:39    |
| 33   | DEPTUŁA GRZEGORZ    | 35  | VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY | OSIELSKO           | POL  | M40-49 |                                   | 00:15:10           | 00:02:34 | 00:33:14      | 00:01:06 | 00:20:02    |
| 34   | SOBCZAK MARCIN      | 174 | ASSECO ACTIVE TEAM                       | BYDGOSZCZ          | POL  | M30-39 |                                   | 00:15:11           | 00:02:08 | 00:34:04      | 00:01:05 | 00:24:06    |
| 35   | PEZACKI SZYMON      | 57  | NIEMCZ BIKE ACADEMY                      | NIEMCZ             | POL  | M18-29 |                                   | 00:15:12           | 00:03:47 | 00:36:38      | 00:02:16 | 00:25:44    |
| 36   | DULIŃSKI BARTOSZ    | 140 | TRISPACE/TREK                            | NIEMCZ             | POL  | M18-29 | TRISPACE/TREK                     | 00:15:20           | 00:02:13 | 00:33:41      | 00:01:56 | 00:21:10    |
| 37   | GÓRNY BARTOSZ       | 133 | TRISPACE/TREK                            | BYDGOSZCZ          | POL  | M30-39 |                                   | 00:15:26           | 00:02:43 | 00:33:59      | 00:01:48 | 00:22:15    |
| 38   | SUDZIŃSKI HUBERT    | 42  |  | SĘPÓLNO KRAJEŃSKIE |      | M18-29 | TRISPACE/TREK                     | 00:15:31           | 00:02:04 | 00:31:37      | 00:01:00 | 00:19:10    |
| 39   | ŻELAZNY MARCIN      | 38  |  | BYDGOSZCZ          | POL  | M50-59 |                                   | 00:15:34           | 00:04:51 | 00:42:07      | 00:02:04 | 00:30:45    |
| 40   | NOWAK PAWEŁ         | 156 |  | SIEKIERKI WIELKIE  | POL  | M40-49 |                                   | 00:15:34           | 00:02:10 | 00:30:35      | 00:00:58 | 00:19:04    |
| 41   | ŚLIWIŃSKI ŁUKASZ    | 170 | ERPLAST/BOGMAR                           | OSTROMECKO         | POL  | M30-39 | BOGMAR / ERPLAST                  | 00:15:35           | 00:02:00 | 00:30:01      | 00:01:03 | 00:19:48    |
| 42   | BINKOWSKI ADRIAN    | 135 | CTS/CB163                                | GZIN               | POL  | M40-49 |                                   | 00:15:39           | 00:01:56 | 00:32:13      | 00:01:10 | 00:22:34    |
| 43   | DROBINSKI DANIEL    | 33  |  | BYDGOSZCZ          | POL  | M30-39 |                                   | 00:15:40           | 00:03:06 | 00:32:53      | 00:01:09 | 00:20:22    |
| 44   | KOTŁOWSKI BARTOSZ   | 165 | LKS OSTROMECKO / KOTŁOWSKIRUNTEAM        | BYDGOSZCZ          | POL  | M30-39 | BOGMAR / ERPLAST                  | 00:15:43           | 00:02:00 | 00:34:29      | 00:01:02 | 00:17:24    |
| 45   | GACKA RAFAL         | 116 | LUPUS TEAM                               | STRZELEWO          | POL  | M40-49 | LUPUS TEAM                        | 00:15:44           | 00:02:33 | 00:31:46      | 00:01:28 | 00:20:22    |
| 46   | LEWANDOWSKI OSKAR   | 29  |  | KRUSZWICA          | POL  | M18-29 |                                   | 00:15:53           | 00:02:24 | 00:35:09      | 00:01:30 | 00:22:40    |
| 47   | DAWIDOWSKI MAREK    | 144 | POMIMO TEAM / KARTUZY                    | KARTUZY            | POL  | M30-39 |                                   | 00:16:10           | 00:02:16 | 00:36:09      | 00:01:15 | 00:22:12    |
| 48   | RIINA EDOARDO       | 39  |  | ZGORZAŁA           | ITA  | M40-49 |                                   | 00:16:10           | 00:04:35 | 00:39:41      | 00:01:31 | 00:26:59    |
| 49   | SOBCZYŃSKI MICHAŁ   | 99  |  | TRYSZCZYN          | POL  | M30-39 |                                   | 00:16:12           | 00:03:01 | 00:37:56      | 00:01:39 | 00:26:44    |
| 50   | TROŚCIANIEC TOMASZ  | 139 | GRAJAN TEAM OŁAWA                        | OŁAWA              | POL  | M30-39 |                                   | 00:16:15           | 00:03:12 | 00:36:10      | 00:01:56 | 00:25:10    |
| 51   | ZALEWSKI MARCIN     | 100 |  | ŻYRARDÓW           | POL  | M30-39 |                                   | 00:16:15           | 00:02:41 | 00:35:37      | 00:01:06 | 00:24:08    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość         | Kraj | Kat.   | Drużyna 1    | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|--------------------------|-------------------|------|--------|--------------|--------------------|----------|---------------|----------|-------------|
| 52   | KOJRO FILIP          | 48  | PLCK                     | BYDGOSZCZ         | POL  | M18-29 |              | 00:16:30           | 00:06:30 | 00:43:34      | 00:01:07 | 00:31:03    |
| 53   | SKÓRCZEWSKI MARCIN   | 25  |                          |                   |      | M18-29 |              | 00:16:31           | 00:03:13 | 00:36:03      | 00:01:43 | 00:27:20    |
| 54   | KNYPIŃSKI WOJCIECH   | 45  |                          | BYDGOSZCZ         | POL  | M30-39 |              | 00:16:41           | 00:03:11 | 00:35:40      | 00:01:47 | 00:21:54    |
| 55   | GUMIŃSKI SZYMON      | 160 |                          | NIWY              | POL  | M30-39 |              | 00:16:46           | 00:04:13 | 00:42:46      | 00:02:40 | 00:24:49    |
| 56   | GILL DANIEL          | 167 | LKS OSTROMECKO           | BYDGOSZCZ         | POL  | M40-49 |              | 00:16:47           | 00:03:00 | 00:33:31      | 00:01:26 | 00:23:13    |
| 57   | ŁATKA MARCIN         | 12  |                          | MYŚLECINEK        | POL  | M40-49 |              | 00:16:50           | 00:03:00 | 00:40:52      | 00:01:28 | 00:27:41    |
| 58   | OZOROWSKI LUKASZ     | 120 |                          | SZEMBEKOWO        | POL  | M40-49 |              | 00:16:53           | 00:03:54 | 00:35:14      | 00:01:21 | 00:22:22    |
| 59   | BOHDANOWICZ JAROSŁAW | 149 | OLIMPIASPORT.PL          | NIEMCZ            | POL  | M60-69 |              | 00:16:57           | 00:03:30 | 00:38:18      | 00:01:39 | 00:29:32    |
| 60   | BRYLL ŁUKASZ         | 77  | BKK TRI TEAM             | KRUSZYN KRAJEŃSKI | POL  | M30-39 |              | 00:17:00           | 00:03:15 | 00:36:58      | 00:01:26 | 00:24:47    |
| 61   | GALICKI JAKUB        | 171 | AKADEMIA MISTRZÓW SPORTU | BRZOZA            | POL  | M40-49 |              | 00:17:07           | 00:03:03 | 00:37:16      | 00:01:26 | 00:24:02    |
| 62   | PACZKOWSKI MIROŚLAW  | 32  |                          | BYDGOSZCZ         | POL  | M50-59 |              | 00:17:13           | 00:04:00 | 00:36:05      | 00:01:46 | 00:22:33    |
| 63   | STRYCZYŃSKI MAREK    | 71  |                          |                   |      | M30-39 |              | 00:17:18           | 00:03:16 | 00:35:41      | 00:01:44 | 00:24:29    |
| 64   | ZIELIŃSKI MACIEJ     | 88  | ELENSPORT.PL             | BYDGOSZCZ         | POL  | M30-39 | ELENSPORT.PL | 00:17:23           | 00:02:58 | 00:33:30      | 00:01:12 | 00:22:55    |
| 65   | KLIMEK PRZEMYSŁAW    | 59  | TOYOTA JAWORSKI AUTO     | BYDGOSZCZ         | POL  | M18-29 |              | 00:17:23           | 00:02:59 | 00:39:35      | 00:01:03 | 00:29:45    |
| 66   | ZAMOYSKI PIOTR       | 56  |                          | BRWINÓW           | POL  | M30-39 |              | 00:17:26           | 00:02:43 | 00:37:09      | 00:01:20 | 00:25:01    |
| 67   | CHODKIEWICZ TOMASZ   | 31  | GARDENFLORA MTB TEAM     | BYDGOSZCZ         | POL  | M40-49 |              | 00:17:26           | 00:03:27 | 00:33:10      | 00:01:19 | 00:21:31    |
| 68   | KOWALSKI MAREK       | 85  | REKINY OSIELSKO          | NIEMCZ            | POL  | M50-59 |              | 00:17:27           | 00:06:41 | 00:39:42      | 00:02:23 | 00:27:29    |
| 69   | PIĄTKOWSKI MATEUSZ   | 111 | TRIFECTA                 | BYDGOSZCZ         | POL  | M18-29 | TRIFECTA     | 00:17:28           | 00:06:02 | 00:45:06      | 00:00:54 | 00:25:41    |
| 70   | BOIŃSKI BARTOSZ      | 60  |                          | BYDGOSZCZ         | POL  | M30-39 |              | 00:17:30           | 00:03:14 | 00:37:35      | 00:02:13 | 00:24:50    |
| 71   | GIERES WALDEMAR      | 5   | PTT DELTA                | PŁOCK             | POL  | M50-59 | PTT DELTA    | 00:17:31           | 00:02:07 | 00:33:02      | 00:00:59 | 00:23:04    |
| 72   | ZEVALLOS ROBERT      | 58  |                          | BIGGIN HILL       | GBR  | M18-29 |              | 00:17:36           | 00:03:15 | 00:39:44      | 00:00:59 | 00:26:25    |
| 73   | MALINOWSKI ARTUR     | 115 |                          | MAKSYMILIANOWO    | POL  | M50-59 |              | 00:17:40           | 00:03:34 | 00:35:11      | 00:01:27 | 00:24:02    |
| 74   | TOMASZEWSKI MATEUSZ  | 134 | GRAJAN OŁAWA             | OŁAWA             | POL  | M30-39 |              | 00:17:49           | 00:03:17 | 00:43:11      | 00:01:04 | 00:23:00    |
| 75   | URBAŃSKI DAWID       | 97  |                          | BYDGOSZCZ         | POL  | M40-49 |              | 00:17:50           | 00:03:35 | 00:38:12      | 00:01:46 | 00:26:04    |
| 76   | KUŹMA WOJCIECH       | 28  |                          | BYDGOSZCZ         | POL  | M50-59 |              | 00:17:51           | 00:02:46 | 00:35:20      | 00:01:11 | 00:25:48    |
| 77   | NOWOTNIK MARIUSZ     | 169 |                          | BYDGOSZCZ         | POL  | M40-49 |              | 00:17:51           | 00:02:46 | 00:36:01      | 00:01:09 | 00:24:20    |
| 78   | CHMURA MACIEJ        | 14  | TRIATHLON KONSULTING     | STRZELCE GÓRNE    | POL  | M40-49 |              | 00:17:52           | 00:04:40 | 00:36:58      | 00:01:43 | 00:26:33    |
| 79   | GABRYCH MACIEJ       | 34  | CZARNE STOPY             | BYDGOSZCZ         | POL  | M40-49 |              | 00:17:54           | 00:03:05 | 00:37:02      | 00:01:06 | 00:24:21    |
| 80   | LICA GRZEGORZ        | 103 |                          | BYDGOSZCZ         | POL  | M40-49 |              | 00:17:54           | 00:03:55 | 00:35:21      | 00:01:58 | 00:27:42    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość    | Kraj | Kat.   | Drużyna 1          | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|--------------------------|--------------|------|--------|--------------------|--------------------|----------|---------------|----------|-------------|
| 81   | LUDWINIAK BOGDAN     | 65  |                          | BYDGOSZCZ    | POL  | M50-59 |                    | 00:17:55           | 00:02:50 | 00:36:32      | 00:01:35 | 00:29:25    |
| 82   | SADKIEWICZ JACEK     | 172 | RACING TEAM              | OSIELSKO     | POL  | M50-59 |                    | 00:17:56           | 00:03:40 | 00:36:59      | 00:01:39 | 00:31:32    |
| 83   | GIEDRYS ROMAN        | 145 |                          | TUCHOLA      | POL  | M50-59 |                    | 00:17:57           | 00:03:18 | 00:34:19      | 00:01:02 | 00:23:51    |
| 84   | DÜCHTING BENJAMIN    | 36  |                          | BERLIN       | GER  | M30-39 |                    | 00:17:58           | 00:04:41 | 00:45:34      | 00:01:33 | 00:35:58    |
| 85   | CIUPA JAROSŁAW       | 80  | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ    | POL  | M50-59 |                    | 00:18:01           | 00:03:24 | 00:33:29      | 00:02:00 | 00:23:51    |
| 86   | GÓRNY BARTŁOMIEJ     | 13  |                          | KOŚCIELECZKI | POL  | M40-49 |                    | 00:18:07           | 00:02:27 | 00:35:29      | 00:01:19 | 00:24:42    |
| 87   | MONTOWSKI JAKUB      | 49  |                          | BYDGOSZCZ    | POL  | M40-49 |                    | 00:18:07           | 00:03:45 | 00:37:57      | 00:01:10 | 00:27:22    |
| 88   | PAPIEROWSKI PIOTR    | 50  | ATOS                     | OSIELSKO     | POL  | M30-39 |                    | 00:18:12           | 00:04:13 | 00:36:53      | 00:01:25 | 00:26:46    |
| 89   | KARCZEWSKI FILIP     | 20  |                          | BYDGOSZCZ    | POL  | M30-39 |                    | 00:18:14           | 00:02:54 | 00:33:13      | 00:00:52 | 00:23:26    |
| 90   | KLONOWSKI MARIUSZ    | 179 | PRIMIGENIUS              | ŁOCHOWO      | POL  | M40-49 |                    | 00:18:18           | 00:02:57 | 00:35:23      | 00:01:26 | 00:23:46    |
| 91   | BOROWSKI RADOSŁAW    | 40  | MLKS KRAJNA SEPÓLNO      | BYDGOSZCZ    | POL  | M30-39 |                    | 00:18:19           | 00:02:58 | 00:36:21      | 00:01:11 | 00:25:21    |
| 92   | CZACHOWSKI JACEK     | 176 | KS OPŁAWIEC              | BYDGOSZCZ    | POL  | M30-39 |                    | 00:18:21           | 00:02:57 | 00:37:32      | 00:00:43 | 00:24:39    |
| 93   | KOLASSA ROBERT       | 95  |                          | MUROWANIEC   | POL  | M30-39 |                    | 00:18:27           | 00:03:29 | 00:39:24      | 00:00:29 | 00:23:17    |
| 94   | RUCIŃSKI RAFAŁ       | 8   | SELEKCJA NATURALNA       | MAŁE RUDY    | POL  | M30-39 | SELEKCJA NATURALNA | 00:18:28           | 00:02:24 | 00:34:56      | 00:01:33 | 00:24:14    |
| 95   | BUDZIK IRENEUSZ      | 129 | PETNER TEAM              | BYDGOSZCZ    | POL  | M50-59 |                    | 00:18:31           | 00:02:53 | 00:33:20      | 00:01:14 | 00:23:20    |
| 96   | ŻEGLICZ MAREK        | 84  | SPÓJNIA BIAŁE BŁOTA      | BIAŁE BŁOTA  | POL  | M18-29 |                    | 00:18:38           | 00:04:56 | 00:37:15      | 00:01:43 | 00:24:46    |
| 97   | PIĄTKOWSKI KRYSZTIAN | 112 | TRIFECTA                 | BYDGOSZCZ    | POL  | M18-29 | TRIFECTA           | 00:18:39           | 00:04:27 | 00:48:34      | 00:00:40 | 00:36:15    |
| 98   | WILAND ADAM          | 101 |                          | GRUDZIĄDZ    | POL  | M18-29 |                    | 00:18:57           | 00:04:29 | 00:46:57      | 00:01:45 | 00:25:34    |
| 99   | STAŃCZYK KAMIL       | 79  | 83 BLP                   | BAŁTÓW       | POL  | M30-39 |                    | 00:19:02           | 00:04:23 | 00:38:41      | 00:02:07 | 00:20:54    |
| 100  | PIĄTKOWSKI MARIUSZ   | 113 | TRIFECTA                 | BYDGOSZCZ    | POL  | M50-59 | TRIFECTA           | 00:19:21           | 00:04:24 | 00:47:44      | 00:00:41 | 00:36:15    |
| 101  | WOŹNIAK RADEK        | 143 |                          | BYDGOSZCZ    | POL  | M30-39 |                    | 00:19:24           | 00:02:33 | 00:34:27      | 00:01:08 | 00:26:35    |
| 102  | MISZTELA DARIUSZ     | 73  | PTT DELTA                | PLOCK        | POL  | M60-69 | PTT DELTA          | 00:19:27           | 00:03:25 | 00:39:18      | 00:02:01 | 00:27:41    |
| 103  | WIŚNIEWSKI MIKOŁAJ   | 52  |                          | BYDGOSZCZ    | POL  | M40-49 |                    | 00:19:31           | 00:02:42 | 00:42:53      | 00:00:58 | 00:29:53    |
| 104  | LISEWSKI PIOTR       | 43  |                          |              |      | M50-59 |                    | 00:19:52           | 00:03:15 | 00:38:48      | 00:01:47 | 00:25:19    |
| 105  | RUTKOWSKI TOMASZ     | 110 | OLIMPIA SPORT            | POZNAŃ       | POL  | M30-39 |                    | 00:19:54           | 00:03:42 | 00:37:15      | 00:01:56 | 00:23:38    |
| 106  | SOŁDYGA PAWEŁ        | 96  | SKOWRONEKBIEGA           | BYDGOSZCZ    | POL  | M40-49 |                    | 00:20:03           | 00:02:50 | 00:35:54      | 00:01:40 | 00:22:58    |
| 107  | BIBIK ŁUKASZ         | 75  | RUN DMT                  | BYDGOSZCZ    | POL  | M40-49 |                    | 00:20:22           | 00:05:02 | 00:37:45      | 00:02:56 | 00:28:59    |
| 108  | ZGÓRSKI MACIEJ       | 7   |                          | BYDGOSZCZ    | POL  | M40-49 |                    | 00:20:25           | 00:04:44 | 00:38:28      | 00:01:37 | 00:29:07    |
| 109  | ŻYCHLIŃSKI MIŁOSZ    | 17  | HTF LUDWIK SIKORSKI      | ŁÓDŹ         | POL  | M40-49 |                    | 00:20:41           | 00:02:52 | 00:34:17      | 00:01:50 | 00:22:55    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub           | M-scowość      | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|----------------|----------------|------|--------|---------------|--------------------|----------|---------------|----------|-------------|
| 110  | GARBIEC MIROSŁAW     | 16  |                | BYDGOSZCZ      | POL  | M60-69 |               | 00:20:46           | 00:03:37 | 00:35:59      | 00:02:11 | 00:24:47    |
| 111  | CIESIELSKI PIOTR     | 105 | TTRI SPRĘCOWO  | MAKSYMILIANOWO | POL  | M50-59 |               | 00:20:48           | 00:05:39 | 00:50:03      | 00:00:35 | 00:32:25    |
| 112  | TOMASZEWSKI MARCIN   | 147 |                | ŁOCHOWICE      | POL  | M40-49 |               | 00:20:57           | 00:03:22 | 00:37:39      | 00:01:22 | 00:23:09    |
| 113  | REPKA MAREK          | 66  | LUPUS TEAM     | BYDGOSZCZ      | POL  | M40-49 |               | 00:21:20           | 00:02:28 | 00:34:35      | 00:01:23 | 00:24:48    |
| 114  | OSIŃSKI ADAM         | 46  | CHŁOPAKI TO MY | BYDGOSZCZ      | POL  | M50-59 |               | 00:21:33           | 00:05:00 | 00:37:50      | 00:01:56 | 00:24:44    |
| 115  | TOMASZ MARIUSZ       | 23  | GRAJAN OŁAWA   | OŁAWA          | POL  | M40-49 |               | 00:21:36           | 00:03:11 | 00:34:22      | 00:01:47 | 00:22:47    |
| 116  | ANDRZEJEWSKI RYSZARD | 138 | ŻÓŁTOKRÓLEWSCY | BYDGOSZCZ      | POL  | M70-79 |               | 00:22:36           | 00:06:35 | 00:42:06      | 00:01:53 | 00:28:42    |
| 117  | MORZYŃSKI STANISŁAW  | 90  |                | KCYNIA         | POL  | M40-49 |               | 00:23:09           | 00:03:38 | 00:38:59      | 00:02:35 | 00:28:17    |
| 118  | CZYŻEWSKI PIOTR      | 3   |                | BRZOZA         | POL  | M30-39 |               | 00:23:44           | 00:04:46 | 00:41:38      | 00:02:34 | 00:37:59    |
| 119  | SAWICKI WALDEMAR     | 22  |                | BYDGOSZCZ      | POL  | M80+   |               | 00:23:57           | 00:04:52 | 00:46:36      | 00:00:57 | 00:42:49    |
| 120  | MONTOWSKI JAN        | 74  | OPŁAWIEC       | BYDGOSZCZ      | POL  | M60-69 |               | 00:24:03           | 00:03:57 | 00:40:29      | 00:00:52 | 00:30:51    |
| 121  | NOWAK ANDRZEJ        | 131 |                | KORONOWO       | POL  | M60-69 |               | 00:29:30           | 00:06:01 | 00:55:03      | 00:02:21 | 00:47:00    |
| 122  | WIŚNIEWSKI KRZYSZTOF | 127 | TRISPACE/TREK  | BYDGOSZCZ      | POL  | M50-59 | TRISPACE/TREK | 00:36:29           | 00:04:02 | 00:42:31      | 00:01:44 | 00:36:28    |
|      | NOWAKOWSKI MARCIN    | 114 | TRIFECTA       | BYDGOSZCZ      | POL  | M40-49 | TRIFECTA      | DNF                | 00:00:00 | 00:00:00      | 00:00:00 | 00:00:00    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala**

| M-ce | Nazwisko i imię    | Nr  | Klub                      | M-scowość  | Kraj | Kat.   | Drużyna 1                | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|--------------------|-----|---------------------------|------------|------|--------|--------------------------|--------------------|----------|---------------|----------|-------------|
| 1    | WŁUDARSKI MARCIN   | 128 |                           | BYDGOSZCZ  | POL  | M30-39 |                          | 00:03:51           | 00:17:26 | 00:41:15      | 00:00:43 | 00:26:16    |
| 2    | ISKRA PAWEŁ        | 148 | 7PRO TEAM                 | ZIELENIEWO | POL  | M30-39 |                          | 00:10:54           | 00:02:05 | 00:30:03      | 00:00:26 | 00:19:34    |
| 3    | KARSKI KACPER      | 98  |                           | INOWROCŁAW | POL  | M18-29 |                          | 00:11:32           | 00:02:34 | 00:33:34      | 00:00:47 | 00:21:12    |
| 4    | FRUKACZ KAMIL      | 63  | SPORTLEVEL TCZEW          | TCZEW      | POL  | M18-29 |                          | 00:11:47           | 00:02:17 | 00:32:40      | 00:01:07 | 00:20:42    |
| 5    | RYMER JAKUB        | 162 | ERPLAST/BOGMAR            | BYDGOSZCZ  | POL  | M30-39 | BOGMAR / ERPLAST         | 00:12:09           | 00:02:00 | 00:30:21      | 00:00:31 | 00:19:55    |
| 6    | PTASZEK TOMASZ     | 157 | WANIEWSKI COACHING        | GDYNIA     | POL  | M30-39 |                          | 00:12:11           | 00:02:03 | 00:31:09      | 00:00:55 | 00:20:30    |
| 7    | MŁYŃCZAK JAKUB     | 152 | GVT                       | GLIWICE    | POL  | M18-29 |                          | 00:12:16           | 00:01:59 | 00:31:20      | 00:00:42 | 00:18:52    |
| 8    | BEDNARCZYK TOMASZ  | 41  | BIKE U UP                 | GDYNIA     | POL  | M30-39 |                          | 00:12:19           | 00:02:02 | 00:30:05      | 00:00:26 | 00:19:20    |
| 9    | NOWAK MARTYNA      | 121 | 3 GRAVITY                 | BYDGOSZCZ  | POL  | K18-29 |                          | 00:12:30           | 00:02:43 | 00:35:23      | 00:00:56 | 00:22:49    |
| 10   | MAAS OLIVER        | 159 | SOPREMA TEAM TSV MANNHEIM | MANNHEIM   | GER  | M18-29 |                          | 00:12:36           | 00:02:25 | 00:37:48      | 00:00:45 | 00:19:17    |
| 11   | WIĘCKOWSKI DARIUSZ | 72  | AKADEMIA MISTRZÓW SPORTU  | BYDGOSZCZ  | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU | 00:12:41           | 00:02:19 | 00:33:05      | 00:00:56 | 00:22:42    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub  | M-scowość          | Kraj | Kat.   | Drużyna 1                                | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------------|-----|---|--------------------|------|--------|--|--------------------|----------|---------------|----------|-------------|
| 12   | PEKRUL WOJCIECH        | 153 | DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI       | GDAŃSK             | POL  | M18-29 |  | 00:12:46           | 00:02:16 | 00:32:22      | 00:01:02 | 00:21:04    |
| 13   | PLUTA GNIEWOMIR        | 118 | UKS TRS SUSZ                                | BYDGOSZCZ          | POL  | M40-49 |  | 00:12:59           | 00:02:21 | 00:31:51      | 00:00:45 | 00:21:12    |
| 14   | FÓRMANIAK PIOTR        | 104 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                             | 00:13:13           | 00:02:08 | 00:32:05      | 00:01:13 | 00:21:41    |
| 15   | MAZUR WOJCIECH         | 158 |   | BYDGOSZCZ          | POL  | M30-39 |  | 00:13:16           | 00:02:30 | 00:31:59      | 00:01:07 | 00:22:10    |
| 16   | KOWALIKOWSKI DANIEL    | 119 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | M30-39 | TM IRON TEAM                             | 00:13:34           | 00:02:07 | 00:30:57      | 00:00:49 | 00:21:10    |
| 17   | LICZNIERSKI MAREK      | 10  | OWOCBIEGATEAM                               | PLEWISKA           | POL  | M30-39 | OWOCBIEGATEAM                            | 00:13:43           | 00:02:35 | 00:32:14      | 00:01:03 | 00:21:08    |
| 18   | FRAĆKOWSKI ŁUKASZ      | 4   | THE TRI DOCTOR                              | BYDGOSZCZ          | POL  | M30-39 |  | 00:13:59           | 00:03:27 | 00:37:24      | 00:01:44 | 00:32:07    |
| 19   | ZIELINSKI NICOLAS      | 91  | ELENSPORT.PL SKLEPY SPORTOWE                | OSIELSKO           | POL  | M18-29 | ELENSPORT.PL                             | 00:14:00           | 00:01:55 | 00:32:58      | 00:00:48 | 00:20:29    |
| 20   | BISKUPSKI CEZARY       | 27  | TRISPACE/TREK                               |                    |      | M30-39 |  | 00:14:12           | 00:02:01 | 00:29:46      | 00:00:47 | 00:20:41    |
| 21   | DUDKOWIAK MICHAŁ       | 178 | DUDKOWIAK ADWOKACI                          | POZNAŃ             | POL  | M30-39 |  | 00:14:14           | 00:02:31 | 00:35:07      | 00:00:42 | 00:25:19    |
| 22   | CABAJ MARTYNA          | 11  | IM INSPIRATION                              | BYDGOSZCZ          | POL  | K18-29 |  | 00:14:19           | 00:02:42 | 00:35:28      | 00:01:29 | 00:27:59    |
| 23   | ŁOPUSZYŃSKI KRZYSZTOF  | 61  | LANGE TRI COACH/H2OSHOP.PL                  | BYDGOSZCZ          | POL  | M30-39 |  | 00:14:20           | 00:02:11 | 00:29:41      | 00:00:14 | 00:19:42    |
| 24   | HIGSON ALEKSANDRA      | 94  | DURHAM UNIVERSITY                           | BYDGOSZCZ          | POL  | K18-29 |  | 00:14:25           | 00:02:51 | 00:38:42      | 00:00:28 | 00:23:49    |
| 25   | ŻMICH-FÓRMANIAK JOANNA | 107 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | K40-49 | TM IRON TEAM                             | 00:14:28           | 00:02:46 | 00:33:00      | 00:01:01 | 00:22:43    |
| 26   | AUGUSTYNIAK GRZEGORZ   | 132 | PTTDELTA                                    | SŁUPNO             | POL  | M50-59 |  | 00:14:29           | 00:03:07 | 00:33:55      | 00:01:30 | 00:22:35    |
| 27   | BARTKOWIAK DAWID       | 130 |   | PIŁA               | POL  | M40-49 |  | 00:14:33           | 00:02:01 | 00:31:48      | 00:00:47 | 00:21:52    |
| 28   | SKORECKI ALEKSANDER    | 168 | BYDGOSZCZ TRIATHLON TEAM / WTLENIE          | BYDGOSZCZ          | POL  | M30-39 | BYDGOSZCZ<br>TRIATHLON TEAM /<br>WTLENIE | 00:14:34           | 00:02:41 | 00:35:22      | 00:01:01 | 00:22:25    |
| 29   | SZEWCZUK PATRYK        | 55  | SPORT ZDROWIE KONDYCJA                      | ŚWIECIE            | POL  | M30-39 |  | 00:14:34           | 00:01:46 | 00:31:03      | 00:00:57 | 00:21:33    |
| 30   | PRĄDZYŃSKI MARCIN      | 89  | AKADEMIAMISTRZOWSPORTU                      | BYDGOSZCZ          | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU              | 00:14:40           | 00:02:28 | 00:33:21      | 00:00:52 | 00:21:19    |
| 31   | NOWICKI BARTOSZ        | 106 | AQUA+                                       | BYDGOSZCZ          | POL  | M30-39 |  | 00:14:44           | 00:02:32 | 00:32:53      | 00:00:56 | 00:22:45    |
| 32   | WARGACKI PIOTR         | 124 | TM IRON TEAM                                | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                             | 00:14:47           | 00:02:23 | 00:32:21      | 00:01:09 | 00:23:15    |
| 33   | BRZEZIŃSKI ŁUKASZ      | 173 | ASSECO ACTIVE TEAM                          | BYDGOSZCZ          | POL  | M30-39 | ASSECO ACTIVE TEAM                       | 00:14:47           | 00:02:37 | 00:33:28      | 00:01:00 | 00:21:49    |
| 34   | PIETRZAK AGATA         | 142 |   | BYDGOSZCZ          | POL  | K30-39 |  | 00:14:57           | 00:02:57 | 00:38:56      | 00:01:28 | 00:27:27    |
| 35   | PUZIAK MARCIN          | 76  |   | BYDGOSZCZ          | POL  | M40-49 |  | 00:15:04           | 00:02:50 | 00:37:18      | 00:01:05 | 00:24:04    |
| 36   | FABROWSKI DAWID        | 125 |   |                    |      | M40-49 | CTS                                      | 00:15:07           | 00:03:20 | 00:36:55      | 00:01:36 | 00:26:32    |
| 37   | GOŁATA WOJCIECH        | 163 | AKADEMIA MISTRZÓW SPORTU / BOGMAR           | DĄBROWA CHEŁMIŃSKA | POL  | M40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR      | 00:15:07           | 00:01:57 | 00:33:54      | 00:01:09 | 00:20:39    |
| 38   | DEPTUŁA GRZEGORZ       | 35  | VII LICEUM OGÓLNOKSZTAŁCĄCE W<br>BYDGOSZCZY | OSIELSKO           | POL  | M40-49 |  | 00:15:10           | 00:02:34 | 00:33:14      | 00:01:06 | 00:20:02    |
| 39   | SOBCZAK MARCIN         | 174 | ASSECO ACTIVE TEAM                          | BYDGOSZCZ          | POL  | M30-39 |  | 00:15:11           | 00:02:08 | 00:34:04      | 00:01:05 | 00:24:06    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                              | M-scowość          | Kraj | Kat.   | Drużyna 1                   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|-----------------------------------|--------------------|------|--------|-----------------------------|--------------------|----------|---------------|----------|-------------|
| 40   | PEZACKI SZYMON       | 57  | NIEMCZ BIKE ACADEMY               | NIEMCZ             | POL  | M18-29 |                             | 00:15:12           | 00:03:47 | 00:36:38      | 00:02:16 | 00:25:44    |
| 41   | BOHDANOWICZ PATRYCJA | 141 |                                   | BYDGOSZCZ          | POL  | K30-39 |                             | 00:15:17           | 00:02:28 | 00:35:26      | 00:01:10 | 00:24:42    |
| 42   | DULIŃSKI BARTOSZ     | 140 | TRISPACE/TREK                     | NIEMCZ             | POL  | M18-29 | TRISPACE/TREK               | 00:15:20           | 00:02:13 | 00:33:41      | 00:01:56 | 00:21:10    |
| 43   | GÓRNY BARTOSZ        | 133 | TRISPACE/TREK                     | BYDGOSZCZ          | POL  | M30-39 |                             | 00:15:26           | 00:02:43 | 00:33:59      | 00:01:48 | 00:22:15    |
| 44   | SUDZIŃSKI HUBERT     | 42  |                                   | SĘPÓLNO KRAJEŃSKIE |      | M18-29 | TRISPACE/TREK               | 00:15:31           | 00:02:04 | 00:31:37      | 00:01:00 | 00:19:10    |
| 45   | ŻELAZNY MARCIN       | 38  |                                   | BYDGOSZCZ          | POL  | M50-59 |                             | 00:15:34           | 00:04:51 | 00:42:07      | 00:02:04 | 00:30:45    |
| 46   | NOWAK PAWEŁ          | 156 |                                   | SIEKIERKI WIELKIE  | POL  | M40-49 |                             | 00:15:34           | 00:02:10 | 00:30:35      | 00:00:58 | 00:19:04    |
| 47   | ŚLIWIŃSKI ŁUKASZ     | 170 | ERPLAST/BOGMAR                    | OSTROMECKO         | POL  | M30-39 | BOGMAR / ERPLAST            | 00:15:35           | 00:02:00 | 00:30:01      | 00:01:03 | 00:19:48    |
| 48   | MALINOWSKA EWELINA   | 86  |                                   | WARSZAWA           | POL  | K40-49 |                             | 00:15:36           | 00:02:18 | 00:37:50      | 00:01:23 | 00:25:13    |
| 49   | BINKOWSKI ADRIAN     | 135 | CTS/CB163                         | GZIN               | POL  | M40-49 |                             | 00:15:39           | 00:01:56 | 00:32:13      | 00:01:10 | 00:22:34    |
| 50   | DROBINSKI DANIEL     | 33  |                                   | BYDGOSZCZ          | POL  | M30-39 |                             | 00:15:40           | 00:03:06 | 00:32:53      | 00:01:09 | 00:20:22    |
| 51   | KOTŁOWSKI BARTOSZ    | 165 | LKS OSTROMECKO / KOTŁOWSKIRUNTEAM | BYDGOSZCZ          | POL  | M30-39 | BOGMAR / ERPLAST            | 00:15:43           | 00:02:00 | 00:34:29      | 00:01:02 | 00:17:24    |
| 52   | GACKA RAFAL          | 116 | LUPUS TEAM                        | STRZELEWO          | POL  | M40-49 | LUPUS TEAM                  | 00:15:44           | 00:02:33 | 00:31:46      | 00:01:28 | 00:20:22    |
| 53   | WARCZAK KATARZYNA    | 67  | FCNB/TEAMOCHAL                    | BYDGOSZCZ          | POL  | K40-49 | TEAMOCHAL                   | 00:15:49           | 00:02:40 | 00:36:07      | 00:00:52 | 00:24:05    |
| 54   | LEWANDOWSKI OSKAR    | 29  |                                   | KRUSZWICA          | POL  | M18-29 |                             | 00:15:53           | 00:02:24 | 00:35:09      | 00:01:30 | 00:22:40    |
| 55   | WASILEWSKA MARTYNA   | 93  | AMS BYDGOSZCZ                     | BYDGOSZCZ          | POL  | K30-39 | AKADEMIA MISTRZÓW<br>SPORTU | 00:16:07           | 00:02:46 | 00:37:22      | 00:01:03 | 00:22:38    |
| 56   | DAWIDOWSKI MAREK     | 144 | POMIMO TEAM / KARTUZY             | KARTUZY            | POL  | M30-39 |                             | 00:16:10           | 00:02:16 | 00:36:09      | 00:01:15 | 00:22:12    |
| 57   | PALETA ELŻBIETA      | 2   | TM IRON TEAM                      | KATOWICE           | POL  | K18-29 | TM IRON TEAM                | 00:16:10           | 00:03:03 | 00:38:50      | 00:01:24 | 00:21:48    |
| 58   | RIINA EDOARDO        | 39  |                                   | ZGORZAŁA           | ITA  | M40-49 |                             | 00:16:10           | 00:04:35 | 00:39:41      | 00:01:31 | 00:26:59    |
| 59   | SOBCZYŃSKI MICHAŁ    | 99  |                                   | TRYSZCZYN          | POL  | M30-39 |                             | 00:16:12           | 00:03:01 | 00:37:56      | 00:01:39 | 00:26:44    |
| 60   | TROŚCIANIEC TOMASZ   | 139 | GRAJAN TEAM OŁAWA                 | OŁAWA              | POL  | M30-39 |                             | 00:16:15           | 00:03:12 | 00:36:10      | 00:01:56 | 00:25:10    |
| 61   | ZALEWSKI MARCIN      | 100 |                                   | ŻYRARDÓW           | POL  | M30-39 |                             | 00:16:15           | 00:02:41 | 00:35:37      | 00:01:06 | 00:24:08    |
| 62   | KOJRO FILIP          | 48  | PLCK                              | BYDGOSZCZ          | POL  | M18-29 |                             | 00:16:30           | 00:06:30 | 00:43:34      | 00:01:07 | 00:31:03    |
| 63   | SKÓRCZEWSKI MARCIN   | 25  |                                   |                    |      | M18-29 |                             | 00:16:31           | 00:03:13 | 00:36:03      | 00:01:43 | 00:27:20    |
| 64   | PRZYBYŁA AGNIESZKA   | 83  |                                   | BYDGOSZCZ          | POL  | K40-49 |                             | 00:16:38           | 00:03:23 | 00:39:45      | 00:00:30 | 00:25:28    |
| 65   | KNYPIŃSKI WOJCIECH   | 45  |                                   | BYDGOSZCZ          | POL  | M30-39 |                             | 00:16:41           | 00:03:11 | 00:35:40      | 00:01:47 | 00:21:54    |
| 66   | GUMIŃSKI SZYMON      | 160 |                                   | NIWY               | POL  | M30-39 |                             | 00:16:46           | 00:04:13 | 00:42:46      | 00:02:40 | 00:24:49    |
| 67   | GILL DANIEL          | 167 | LKS OSTROMECKO                    | BYDGOSZCZ          | POL  | M40-49 |                             | 00:16:47           | 00:03:00 | 00:33:31      | 00:01:26 | 00:23:13    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię           | Nr  | Klub                     | M-scowość         | Kraj | Kat.   | Drużyna 1                   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|---------------------------|-----|--------------------------|-------------------|------|--------|-----------------------------|--------------------|----------|---------------|----------|-------------|
| 68   | ŁATKA MARCIN              | 12  |                          | MYŚLECINEK        | POL  | M40-49 |                             | 00:16:50           | 00:03:00 | 00:40:52      | 00:01:28 | 00:27:41    |
| 69   | OZOROWSKI LUKASZ          | 120 |                          | SZEMBEKOWO        | POL  | M40-49 |                             | 00:16:53           | 00:03:54 | 00:35:14      | 00:01:21 | 00:22:22    |
| 70   | BOHDANOWICZ JAROSŁAW      | 149 | OLIMPIASPORT.PL          | NIEMCZ            | POL  | M60-69 |                             | 00:16:57           | 00:03:30 | 00:38:18      | 00:01:39 | 00:29:32    |
| 71   | BRYLL ŁUKASZ              | 77  | BKK TRI TEAM             | KRUSZYN KRAJEŃSKI | POL  | M30-39 |                             | 00:17:00           | 00:03:15 | 00:36:58      | 00:01:26 | 00:24:47    |
| 72   | WASILEWSKA AGATA          | 92  | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ         | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU | 00:17:01           | 00:02:51 | 00:36:28      | 00:01:09 | 00:24:34    |
| 73   | GALICKI JAKUB             | 171 | AKADEMIA MISTRZÓW SPORTU | BRZOZA            | POL  | M40-49 |                             | 00:17:07           | 00:03:03 | 00:37:16      | 00:01:26 | 00:24:02    |
| 74   | NOWAK ANIA                | 155 |                          | SIEKIERKI WIELKIE | POL  | K30-39 |                             | 00:17:13           | 00:02:09 | 00:33:06      | 00:01:08 | 00:21:38    |
| 75   | PACZKOWSKI MIROSŁAW       | 32  |                          | BYDGOSZCZ         | POL  | M50-59 |                             | 00:17:13           | 00:04:00 | 00:36:05      | 00:01:46 | 00:22:33    |
| 76   | STRYCYŃSKI MAREK          | 71  |                          |                   |      | M30-39 |                             | 00:17:18           | 00:03:16 | 00:35:41      | 00:01:44 | 00:24:29    |
| 77   | ZIELIŃSKI MACIEJ          | 88  | ELENSPORT.PL             | BYDGOSZCZ         | POL  | M30-39 | ELENSPORT.PL                | 00:17:23           | 00:02:58 | 00:33:30      | 00:01:12 | 00:22:55    |
| 78   | KLIMEK PRZEMYSŁAW         | 59  | TOYOTA JAWORSKI AUTO     | BYDGOSZCZ         | POL  | M18-29 |                             | 00:17:23           | 00:02:59 | 00:39:35      | 00:01:03 | 00:29:45    |
| 79   | ZAMOYSKI PIOTR            | 56  |                          | BRWINÓW           | POL  | M30-39 |                             | 00:17:26           | 00:02:43 | 00:37:09      | 00:01:20 | 00:25:01    |
| 80   | CHODKIEWICZ TOMASZ        | 31  | GARDENFLORA MTB TEAM     | BYDGOSZCZ         | POL  | M40-49 |                             | 00:17:26           | 00:03:27 | 00:33:10      | 00:01:19 | 00:21:31    |
| 81   | KOWALSKI MAREK            | 85  | REKINY OSIELSKO          | NIEMCZ            | POL  | M50-59 |                             | 00:17:27           | 00:06:41 | 00:39:42      | 00:02:23 | 00:27:29    |
| 82   | PIĄTKOWSKI MATEUSZ        | 111 | TRIFECTA                 | BYDGOSZCZ         | POL  | M18-29 | TRIFECTA                    | 00:17:28           | 00:06:02 | 00:45:06      | 00:00:54 | 00:25:41    |
| 83   | MOJSIEWICZ NATALIA        | 87  |                          | WARSZAWA          | POL  | K18-29 |                             | 00:17:29           | 00:02:56 | 00:36:41      | 00:01:25 | 00:28:40    |
| 84   | BOIŃSKI BARTOSZ           | 60  |                          | BYDGOSZCZ         | POL  | M30-39 |                             | 00:17:30           | 00:03:14 | 00:37:35      | 00:02:13 | 00:24:50    |
| 85   | GIERES WALDEMAR           | 5   | PTT DELTA                | PŁOCK             | POL  | M50-59 | PTT DELTA                   | 00:17:31           | 00:02:07 | 00:33:02      | 00:00:59 | 00:23:04    |
| 86   | LICHOCKA PATRYCJA         | 154 | BS TRI                   | POZNAŃ            | POL  | K18-29 |                             | 00:17:33           | 00:02:33 | 00:37:15      | 00:01:07 | 00:22:25    |
| 87   | ZEVALLOS ROBERT           | 58  |                          | BIGGIN HILL       | GBR  | M18-29 |                             | 00:17:36           | 00:03:15 | 00:39:44      | 00:00:59 | 00:26:25    |
| 88   | MALINOWSKI ARTUR          | 115 |                          | MAKSYMILIANOWO    | POL  | M50-59 |                             | 00:17:40           | 00:03:34 | 00:35:11      | 00:01:27 | 00:24:02    |
| 89   | SURWIŁO-RUTKOWSKA JUSTYNA | 109 | OLIMPIA SPORT            | POZNAŃ            | POL  | K30-39 |                             | 00:17:42           | 00:04:14 | 00:40:48      | 00:01:10 | 00:28:24    |
| 90   | TOMASZEWSKI MATEUSZ       | 134 | GRAJAN OŁAWA             | OŁAWA             | POL  | M30-39 |                             | 00:17:49           | 00:03:17 | 00:43:11      | 00:01:04 | 00:23:00    |
| 91   | URBAŃSKI DAWID            | 97  |                          | BYDGOSZCZ         | POL  | M40-49 |                             | 00:17:50           | 00:03:35 | 00:38:12      | 00:01:46 | 00:26:04    |
| 92   | KUŹMA WOJCIECH            | 28  |                          | BYDGOSZCZ         | POL  | M50-59 |                             | 00:17:51           | 00:02:46 | 00:35:20      | 00:01:11 | 00:25:48    |
| 93   | NOWOTNIK MARIUSZ          | 169 |                          | BYDGOSZCZ         | POL  | M40-49 |                             | 00:17:51           | 00:02:46 | 00:36:01      | 00:01:09 | 00:24:20    |
| 94   | DOROTA DULIŃSKA           | 82  | TRISPACE/TREK            | NIEMCZ            | POL  | K40-49 |                             | 00:17:52           | 00:02:50 | 00:35:36      | 00:01:05 | 00:26:56    |
| 95   | CHMURA MACIEJ             | 14  | TRIATHLON KONSULTING     | STRZELCE GÓRNE    | POL  | M40-49 |                             | 00:17:52           | 00:04:40 | 00:36:58      | 00:01:43 | 00:26:33    |
| 96   | GABRYCH MACIEJ            | 34  | CZARNE STOPY             | BYDGOSZCZ         | POL  | M40-49 |                             | 00:17:54           | 00:03:05 | 00:37:02      | 00:01:06 | 00:24:21    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                              | M-scowość          | Kraj | Kat.   | Drużyna 1                           | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|-----------------------------------|--------------------|------|--------|-------------------------------------|--------------------|----------|---------------|----------|-------------|
| 97   | LICA GRZEGORZ        | 103 |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:17:54           | 00:03:55 | 00:35:21      | 00:01:58 | 00:27:42    |
| 98   | LUDWINIAK BOGDAN     | 65  |                                   | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:17:55           | 00:02:50 | 00:36:32      | 00:01:35 | 00:29:25    |
| 99   | SADKIEWICZ JACEK     | 172 | RACING TEAM                       | OSIELSKO           | POL  | M50-59 |                                     | 00:17:56           | 00:03:40 | 00:36:59      | 00:01:39 | 00:31:32    |
| 100  | GIEDRYS ROMAN        | 145 |                                   | TUCHOLA            | POL  | M50-59 |                                     | 00:17:57           | 00:03:18 | 00:34:19      | 00:01:02 | 00:23:51    |
| 101  | DÜCHTING BENJAMIN    | 36  |                                   | BERLIN             | GER  | M30-39 |                                     | 00:17:58           | 00:04:41 | 00:45:34      | 00:01:33 | 00:35:58    |
| 102  | CIUPA JAROSŁAW       | 80  | AKADEMIA MISTRZÓW SPORTU          | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:18:01           | 00:03:24 | 00:33:29      | 00:02:00 | 00:23:51    |
| 103  | GÓRNY BARTŁOMIEJ     | 13  |                                   | KOŚCIELECZKI       | POL  | M40-49 |                                     | 00:18:07           | 00:02:27 | 00:35:29      | 00:01:19 | 00:24:42    |
| 104  | MONTOWSKI JAKUB      | 49  |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:18:07           | 00:03:45 | 00:37:57      | 00:01:10 | 00:27:22    |
| 105  | PAPIEROWSKI PIOTR    | 50  | ATOS                              | OSIELSKO           | POL  | M30-39 |                                     | 00:18:12           | 00:04:13 | 00:36:53      | 00:01:25 | 00:26:46    |
| 106  | KARCZEWSKI FILIP     | 20  |                                   | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:18:14           | 00:02:54 | 00:33:13      | 00:00:52 | 00:23:26    |
| 107  | GOŁATA AGNIESZKA     | 164 | AKADEMIA MISTRZÓW SPORTU / BOGMAR | DĄBROWA CHEŁMIŃSKA | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR | 00:18:17           | 00:02:58 | 00:38:28      | 00:01:29 | 00:27:48    |
| 108  | KLONOWSKI MARIUSZ    | 179 | PRIMIGENIUS                       | ŁOCHOWO            | POL  | M40-49 |                                     | 00:18:18           | 00:02:57 | 00:35:23      | 00:01:26 | 00:23:46    |
| 109  | BOROWSKI RADOSŁAW    | 40  | MLKS KRAJNA SĘPÓLNO               | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:18:19           | 00:02:58 | 00:36:21      | 00:01:11 | 00:25:21    |
| 110  | CZACHOWSKI JACEK     | 176 | KS OPŁAWIEC                       | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:18:21           | 00:02:57 | 00:37:32      | 00:00:43 | 00:24:39    |
| 111  | KOLASSA ROBERT       | 95  |                                   | MUROWANIEC         | POL  | M30-39 |                                     | 00:18:27           | 00:03:29 | 00:39:24      | 00:00:29 | 00:23:17    |
| 112  | RUCIŃSKI RAFAŁ       | 8   | SELEKCJA NATURALNA                | MAŁE RUDY          | POL  | M30-39 | SELEKCJA NATURALNA                  | 00:18:28           | 00:02:24 | 00:34:56      | 00:01:33 | 00:24:14    |
| 113  | BUDZIK IRENEUSZ      | 129 | PETNER TEAM                       | BYDGOSZCZ          | POL  | M50-59 |                                     | 00:18:31           | 00:02:53 | 00:33:20      | 00:01:14 | 00:23:20    |
| 114  | ŻEGLICZ MAREK        | 84  | SPÓJNIA BIAŁE BŁOTA               | BIAŁE BŁOTA        | POL  | M18-29 |                                     | 00:18:38           | 00:04:56 | 00:37:15      | 00:01:43 | 00:24:46    |
| 115  | PIĄTKOWSKI KRYSZTIAN | 112 | TRIFECTA                          | BYDGOSZCZ          | POL  | M18-29 | TRIFECTA                            | 00:18:39           | 00:04:27 | 00:48:34      | 00:00:40 | 00:36:15    |
| 116  | WILAND ADAM          | 101 |                                   | GRUDZIĄDZ          | POL  | M18-29 |                                     | 00:18:57           | 00:04:29 | 00:46:57      | 00:01:45 | 00:25:34    |
| 117  | STAŃCZYK KAMIL       | 79  | 83 BLP                            | BAŁTÓW             | POL  | M30-39 |                                     | 00:19:02           | 00:04:23 | 00:38:41      | 00:02:07 | 00:20:54    |
| 118  | PIĄTKOWSKI MARIUSZ   | 113 | TRIFECTA                          | BYDGOSZCZ          | POL  | M50-59 | TRIFECTA                            | 00:19:21           | 00:04:24 | 00:47:44      | 00:00:41 | 00:36:15    |
| 119  | LICZNIERSKA ALINA    | 150 | OWOCBIEGA TEAM                    | PLEWISKA           | POL  | K40-49 |                                     | 00:19:24           | 00:02:06 | 00:36:44      | 00:00:53 | 00:22:15    |
| 120  | WOŹNIAK RADEK        | 143 |                                   | BYDGOSZCZ          | POL  | M30-39 |                                     | 00:19:24           | 00:02:33 | 00:34:27      | 00:01:08 | 00:26:35    |
| 121  | MISZTELA DARIUSZ     | 73  | PTT DELTA                         | PLOCK              | POL  | M60-69 | PTT DELTA                           | 00:19:27           | 00:03:25 | 00:39:18      | 00:02:01 | 00:27:41    |
| 122  | NOWAKOWSKA NATALIA   | 53  |                                   | BYDGOSZCZ          | POL  | K30-39 |                                     | 00:19:29           | 00:02:27 | 00:44:43      | 00:00:55 | 00:32:24    |
| 123  | WIŚNIEWSKI MIKOŁAJ   | 52  |                                   | BYDGOSZCZ          | POL  | M40-49 |                                     | 00:19:31           | 00:02:42 | 00:42:53      | 00:00:58 | 00:29:53    |
| 124  | LISEWSKI PIOTR       | 43  |                                   |                    |      | M50-59 |                                     | 00:19:52           | 00:03:15 | 00:38:48      | 00:01:47 | 00:25:19    |
| 125  | RUTKOWSKI TOMASZ     | 110 | OLIMPIA SPORT                     | POZNAŃ             | POL  | M30-39 |                                     | 00:19:54           | 00:03:42 | 00:37:15      | 00:01:56 | 00:23:38    |



**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                           | M-scowość      | Kraj | Kat.   | Drużyna 1                      | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------------|-----|--------------------------------|----------------|------|--------|--------------------------------|--------------------|----------|---------------|----------|-------------|
| 126  | DWOJACZNA-CHRAPKOWSKA ANNA | 9   | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK      | POL  | K30-39 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 00:20:01           | 00:04:32 | 00:40:40      | 00:01:59 | 00:25:41    |
| 127  | SOŁDYGA PAWEŁ              | 96  | SKOWRONEKBIEGA                 | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:03           | 00:02:50 | 00:35:54      | 00:01:40 | 00:22:58    |
| 128  | MODZELEWSKA MARIA          | 108 | TM IRON TEAM                   | BYDGOSZCZ      | POL  | K30-39 | TM IRON TEAM                   | 00:20:10           | 00:02:46 | 00:39:03      | 00:00:27 | 00:25:31    |
| 129  | BIBIK ŁUKASZ               | 75  | RUN DMT                        | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:22           | 00:05:02 | 00:37:45      | 00:02:56 | 00:28:59    |
| 130  | ZGÓRSKI MACIEJ             | 7   |                                | BYDGOSZCZ      | POL  | M40-49 |                                | 00:20:25           | 00:04:44 | 00:38:28      | 00:01:37 | 00:29:07    |
| 131  | STĘPSKA MAŁGOSIA           | 18  | B3T                            | KRAKÓW         | POL  | K50-59 |                                | 00:20:25           | 00:03:12 | 00:38:14      | 00:00:59 | 00:28:03    |
| 132  | ŻYCHLIŃSKI MIŁOSZ          | 17  | HTF LUDWIK SIKORSKI            | ŁÓDŹ           | POL  | M40-49 |                                | 00:20:41           | 00:02:52 | 00:34:17      | 00:01:50 | 00:22:55    |
| 133  | BŁĄŻEJEWSKA AGNIESZKA      | 175 | TM IRON TEAM                   | ŁOCHOWO        | POL  | K30-39 |                                | 00:20:45           | 00:03:22 | 00:40:17      | 00:00:35 | 00:26:37    |
| 134  | GARBIEC MIROSŁAW           | 16  |                                | BYDGOSZCZ      | POL  | M60-69 |                                | 00:20:46           | 00:03:37 | 00:35:59      | 00:02:11 | 00:24:47    |
| 135  | CIESIELSKI PIOTR           | 105 | TTRI SPRĘCOWO                  | MAKSYMILIANOWO | POL  | M50-59 |                                | 00:20:48           | 00:05:39 | 00:50:03      | 00:00:35 | 00:32:25    |
| 136  | TOMASZEWSKI MARCIN         | 147 |                                | ŁOCHOWICE      | POL  | M40-49 |                                | 00:20:57           | 00:03:22 | 00:37:39      | 00:01:22 | 00:23:09    |
| 137  | FIGLER IWONA               | 151 | TRISPACE/TREK                  | NIEMCZ         | POL  | K50-59 |                                | 00:21:03           | 00:02:39 | 00:35:58      | 00:01:16 | 00:23:58    |
| 138  | REPKA MAREK                | 66  | LUPUS TEAM                     | BYDGOSZCZ      | POL  | M40-49 |                                | 00:21:20           | 00:02:28 | 00:34:35      | 00:01:23 | 00:24:48    |
| 139  | OSIŃSKI ADAM               | 46  | CHŁOPAKI TO MY                 | BYDGOSZCZ      | POL  | M50-59 |                                | 00:21:33           | 00:05:00 | 00:37:50      | 00:01:56 | 00:24:44    |
| 140  | TOMAŚ MARIUSZ              | 23  | GRAJAN OŁAWA                   | OŁAWA          | POL  | M40-49 |                                | 00:21:36           | 00:03:11 | 00:34:22      | 00:01:47 | 00:22:47    |
| 141  | PASTWA DONATA              | 1   |                                |                |      | K50-59 | TRISPACE/TREK                  | 00:21:39           | 00:03:42 | 00:43:55      | 00:01:04 | 00:24:11    |
| 142  | SZABO-MOSKAL IGA           | 123 |                                | BORÓWNO        | POL  | K50-59 |                                | 00:21:51           | 00:03:45 | 00:48:03      | 00:00:56 | 00:31:44    |
| 143  | ANDRZEJEWSKI RYSZARD       | 138 | ŻÓŁTOKRÓLEWSCY                 | BYDGOSZCZ      | POL  | M70-79 |                                | 00:22:36           | 00:06:35 | 00:42:06      | 00:01:53 | 00:28:42    |
| 144  | MORZYŃSKI STANISŁAW        | 90  |                                | KCYNIA         | POL  | M40-49 |                                | 00:23:09           | 00:03:38 | 00:38:59      | 00:02:35 | 00:28:17    |
| 145  | IDZIŃSKA NATALIA           | 78  | BRAK- OS.PRYWATNA              | BYDGOSZCZ      | POL  | K30-39 |                                | 00:23:13           | 00:04:11 | 00:55:52      | 00:00:30 | 00:30:15    |
| 146  | CZYŻEWSKI PIOTR            | 3   |                                | BRZOZA         | POL  | M30-39 |                                | 00:23:44           | 00:04:46 | 00:41:38      | 00:02:34 | 00:37:59    |
| 147  | DOBRZYŃSKA EWA             | 54  |                                | BYDGOSZCZ      | POL  | K30-39 |                                | 00:23:53           | 00:04:33 | 00:45:28      | 00:01:44 | 00:23:42    |
| 148  | SAWICKI WALDEMAR           | 22  |                                | BYDGOSZCZ      | POL  | M80+   |                                | 00:23:57           | 00:04:52 | 00:46:36      | 00:00:57 | 00:42:49    |
| 149  | MONTOWSKI JAN              | 74  | OPŁAWIEC                       | BYDGOSZCZ      | POL  | M60-69 |                                | 00:24:03           | 00:03:57 | 00:40:29      | 00:00:52 | 00:30:51    |
| 150  | KLIN PAULINA               | 69  |                                | CZERSK         | POL  | K30-39 |                                | 00:24:16           | 00:04:15 | 00:45:30      | 00:01:19 | 00:28:48    |
| 151  | BŁASZKIEWICZ MARZENA       | 166 | ENEA BYDGOSZCZ TRIATHLON       |                | POL  | K30-39 |                                | 00:24:34           | 00:04:30 | 00:49:34      | 00:01:02 | 00:34:24    |
| 152  | FIEGEL KATARZYNA           | 15  | TRISPACE/TREK                  | BYDGOSZCZ      | POL  | K40-49 | TRISPACE/TREK                  | 00:25:26           | 00:02:15 | 00:43:37      | 00:01:14 | 00:26:01    |
| 153  | KOZŁOWSKA MAŁGORZATA       | 137 | PTT DELTA                      | PŁOCK          | POL  | K40-49 |                                | 00:25:28           | 00:04:57 | 00:44:56      | 00:01:03 | 00:33:43    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub          | M-scowość | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|---------------|-----------|------|--------|---------------|--------------------|----------|---------------|----------|-------------|
| 154  | MIKA ALDONA          | 102 |               | BYDGOSZCZ | POL  | K50-59 |               | 00:26:14           | 00:06:09 | 00:48:44      |          |             |
| 155  | NOWAK ANDRZEJ        | 131 |               | KORONOWO  | POL  | M60-69 |               | 00:29:30           | 00:06:01 | 00:55:03      | 00:02:21 | 00:47:00    |
| 156  | WIŚNIEWSKI KRZYSZTOF | 127 | TRISPACE/TREK | BYDGOSZCZ | POL  | M50-59 | TRISPACE/TREK | 00:36:29           | 00:04:02 | 00:42:31      | 00:01:44 | 00:36:28    |
|      | NOWAKOWSKI MARCIN    | 114 | TRIFECTA      | BYDGOSZCZ | POL  | M40-49 | TRIFECTA      | DNF                | 00:00:00 | 00:00:00      | 00:00:00 | 00:00:00    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29**

| M-ce | Nazwisko i imię    | Nr  | Klub              | M-scowość | Kraj | Kat.   | Drużyna 1    | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|--------------------|-----|-------------------|-----------|------|--------|--------------|--------------------|----------|---------------|----------|-------------|
| 1    | NOWAK MARTYNA      | 121 | 3 GRAVITY         | BYDGOSZCZ | POL  | K18-29 |              | 00:12:30           | 00:02:43 | 00:35:23      | 00:00:56 | 00:22:49    |
| 2    | CABAJ MARTYNA      | 11  | IM INSPIRATION    | BYDGOSZCZ | POL  | K18-29 |              | 00:14:19           | 00:02:42 | 00:35:28      | 00:01:29 | 00:27:59    |
| 3    | HIGSON ALEKSANDRA  | 94  | DURHAM UNIVERSITY | BYDGOSZCZ | POL  | K18-29 |              | 00:14:25           | 00:02:51 | 00:38:42      | 00:00:28 | 00:23:49    |
| 4    | PALETA ELŻBIETA    | 2   | TM IRON TEAM      | KATOWICE  | POL  | K18-29 | TM IRON TEAM | 00:16:10           | 00:03:03 | 00:38:50      | 00:01:24 | 00:21:48    |
| 5    | MOJSIEWICZ NATALIA | 87  |                   | WARSZAWA  | POL  | K18-29 |              | 00:17:29           | 00:02:56 | 00:36:41      | 00:01:25 | 00:28:40    |
| 6    | LICHOCKA PATRYCJA  | 154 | BS TRI            | POZNAŃ    | POL  | K18-29 |              | 00:17:33           | 00:02:33 | 00:37:15      | 00:01:07 | 00:22:25    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29**

| M-ce | Nazwisko i imię   | Nr  | Klub                                  | M-scowość          | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|-------------------|-----|---------------------------------------|--------------------|------|--------|---------------|--------------------|----------|---------------|----------|-------------|
| 1    | KARSKI KACPER     | 98  |                                       | INOWROCLAW         | POL  | M18-29 |               | 00:11:32           | 00:02:34 | 00:33:34      | 00:00:47 | 00:21:12    |
| 2    | FRUKACZ KAMIL     | 63  | SPORTLEVEL TCZEW                      | TCZEW              | POL  | M18-29 |               | 00:11:47           | 00:02:17 | 00:32:40      | 00:01:07 | 00:20:42    |
| 3    | MŁYŃCZAK JAKUB    | 152 | GVT                                   | GLIWICE            | POL  | M18-29 |               | 00:12:16           | 00:01:59 | 00:31:20      | 00:00:42 | 00:18:52    |
| 4    | MAAS OLIVER       | 159 | SOPREMA TEAM TSV MANNHEIM             | MANNHEIM           | GER  | M18-29 |               | 00:12:36           | 00:02:25 | 00:37:48      | 00:00:45 | 00:19:17    |
| 5    | PEKRUL WOJCIECH   | 153 | DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI | GDAŃSK             | POL  | M18-29 |               | 00:12:46           | 00:02:16 | 00:32:22      | 00:01:02 | 00:21:04    |
| 6    | ZIELINSKI NICOLAS | 91  | ELENSPORT.PL SKLEPY SPORTOWE          | OSIELSKO           | POL  | M18-29 | ELENSPORT.PL  | 00:14:00           | 00:01:55 | 00:32:58      | 00:00:48 | 00:20:29    |
| 7    | PEZACKI SZYMON    | 57  | NIEMCZ BIKE ACADEMY                   | NIEMCZ             | POL  | M18-29 |               | 00:15:12           | 00:03:47 | 00:36:38      | 00:02:16 | 00:25:44    |
| 8    | DULIŃSKI BARTOSZ  | 140 | TRISPACE/TREK                         | NIEMCZ             | POL  | M18-29 | TRISPACE/TREK | 00:15:20           | 00:02:13 | 00:33:41      | 00:01:56 | 00:21:10    |
| 9    | SUDZIŃSKI HUBERT  | 42  |                                       | SĘPÓLNO KRAJEŃSKIE |      | M18-29 | TRISPACE/TREK | 00:15:31           | 00:02:04 | 00:31:37      | 00:01:00 | 00:19:10    |
| 10   | LEWANDOWSKI OSKAR | 29  |                                       | KRUSZWICA          | POL  | M18-29 |               | 00:15:53           | 00:02:24 | 00:35:09      | 00:01:30 | 00:22:40    |
| 11   | KOJRO FILIP       | 48  | PLCK                                  | BYDGOSZCZ          | POL  | M18-29 |               | 00:16:30           | 00:06:30 | 00:43:34      | 00:01:07 | 00:31:03    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                 | M-scowość   | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|----------------------|-------------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 12   | SKÓRCZEWSKI MARCIN   | 25  |                      |             |      | M18-29 |           | 00:16:31           | 00:03:13 | 00:36:03      | 00:01:43 | 00:27:20    |
| 13   | KLIMEK PRZEMYSŁAW    | 59  | TOYOTA JAWORSKI AUTO | BYDGOSZCZ   | POL  | M18-29 |           | 00:17:23           | 00:02:59 | 00:39:35      | 00:01:03 | 00:29:45    |
| 14   | PIĄTKOWSKI MATEUSZ   | 111 | TRIFECTA             | BYDGOSZCZ   | POL  | M18-29 | TRIFECTA  | 00:17:28           | 00:06:02 | 00:45:06      | 00:00:54 | 00:25:41    |
| 15   | ZEVALLS ROBERT       | 58  |                      | BIGGIN HILL | GBR  | M18-29 |           | 00:17:36           | 00:03:15 | 00:39:44      | 00:00:59 | 00:26:25    |
| 16   | ŻEGLICZ MAREK        | 84  | SPÓJNIA BIAŁE BŁOTA  | BIAŁE BŁOTA | POL  | M18-29 |           | 00:18:38           | 00:04:56 | 00:37:15      | 00:01:43 | 00:24:46    |
| 17   | PIĄTKOWSKI KRYSZTIAN | 112 | TRIFECTA             | BYDGOSZCZ   | POL  | M18-29 | TRIFECTA  | 00:18:39           | 00:04:27 | 00:48:34      | 00:00:40 | 00:36:15    |
| 18   | WILAND ADAM          | 101 |                      | GRUDZIĄDZ   | POL  | M18-29 |           | 00:18:57           | 00:04:29 | 00:46:57      | 00:01:45 | 00:25:34    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39**

| M-ce | Nazwisko i imię            | Nr  | Klub                           | M-scowość         | Kraj | Kat.   | Drużyna 1                            | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------------|-----|--------------------------------|-------------------|------|--------|--------------------------------------|--------------------|----------|---------------|----------|-------------|
| 1    | PIETRZAK AGATA             | 142 |                                | BYDGOSZCZ         | POL  | K30-39 |                                      | 00:14:57           | 00:02:57 | 00:38:56      | 00:01:28 | 00:27:27    |
| 2    | BOHDANOWICZ PATRYCJA       | 141 |                                | BYDGOSZCZ         | POL  | K30-39 |                                      | 00:15:17           | 00:02:28 | 00:35:26      | 00:01:10 | 00:24:42    |
| 3    | WASILEWSKA MARTYNA         | 93  | AMS BYDGOSZCZ                  | BYDGOSZCZ         | POL  | K30-39 | AKADEMIA MISTRZÓW<br>SPORTU          | 00:16:07           | 00:02:46 | 00:37:22      | 00:01:03 | 00:22:38    |
| 4    | NOWAK ANIA                 | 155 |                                | SIEKIERKI WIELKIE | POL  | K30-39 |                                      | 00:17:13           | 00:02:09 | 00:33:06      | 00:01:08 | 00:21:38    |
| 5    | SURWIŁO-RUTKOWSKA JUSTYNA  | 109 | OLIMPIA SPORT                  | POZNAŃ            | POL  | K30-39 |                                      | 00:17:42           | 00:04:14 | 00:40:48      | 00:01:10 | 00:28:24    |
| 6    | NOWAKOWSKA NATALIA         | 53  |                                | BYDGOSZCZ         | POL  | K30-39 |                                      | 00:19:29           | 00:02:27 | 00:44:43      | 00:00:55 | 00:32:24    |
| 7    | DWOJACZNA-CHRAPKOWSKA ANNA | 9   | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK         | POL  | K30-39 | IRON HOUSE<br>TRIATHLON<br>WŁOCŁAWEK | 00:20:01           | 00:04:32 | 00:40:40      | 00:01:59 | 00:25:41    |
| 8    | MODZELEWSKA MARIA          | 108 | TM IRON TEAM                   | BYDGOSZCZ         | POL  | K30-39 | TM IRON TEAM                         | 00:20:10           | 00:02:46 | 00:39:03      | 00:00:27 | 00:25:31    |
| 9    | BŁAŻEJEWSKA AGNIESZKA      | 175 | TM IRON TEAM                   | ŁOCHOWO           | POL  | K30-39 |                                      | 00:20:45           | 00:03:22 | 00:40:17      | 00:00:35 | 00:26:37    |
| 10   | IDZIŃSKA NATALIA           | 78  | BRAK- OS.PRYWATNA              | BYDGOSZCZ         | POL  | K30-39 |                                      | 00:23:13           | 00:04:11 | 00:55:52      | 00:00:30 | 00:30:15    |
| 11   | DOBRYŃSKA EWA              | 54  |                                | BYDGOSZCZ         | POL  | K30-39 |                                      | 00:23:53           | 00:04:33 | 00:45:28      | 00:01:44 | 00:23:42    |
| 12   | KLIN PAULINA               | 69  |                                | CZERSK            | POL  | K30-39 |                                      | 00:24:16           | 00:04:15 | 00:45:30      | 00:01:19 | 00:28:48    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39**

| M-ce | Nazwisko i imię  | Nr  | Klub      | M-scowość  | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------|-----|-----------|------------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 1    | WŁUDARSKI MARCIN | 128 |           | BYDGOSZCZ  | POL  | M30-39 |           | 00:03:51           | 00:17:26 | 00:41:15      | 00:00:43 | 00:26:16    |
| 2    | ISKRA PAWEŁ      | 148 | 7PRO TEAM | ZIELENIEWO | POL  | M30-39 |           | 00:10:54           | 00:02:05 | 00:30:03      | 00:00:26 | 00:19:34    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                               | M-scowość         | Kraj | Kat.   | Drużyna 1                                | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|-----------------------|-----|------------------------------------|-------------------|------|--------|--|--------------------|----------|---------------|----------|-------------|
| 3    | RYMER JAKUB           | 162 | ERPLAST/BOGMAR                     | BYDGOSZCZ         | POL  | M30-39 | BOGMAR / ERPLAST                         | 00:12:09           | 00:02:00 | 00:30:21      | 00:00:31 | 00:19:55    |
| 4    | PTASZEK TOMASZ        | 157 | WANIEWSKI COACHING                 | GDYNIA            | POL  | M30-39 |  | 00:12:11           | 00:02:03 | 00:31:09      | 00:00:55 | 00:20:30    |
| 5    | BEDNARCZYK TOMASZ     | 41  | BIKE U UP                          | GDYNIA            | POL  | M30-39 |  | 00:12:19           | 00:02:02 | 00:30:05      | 00:00:26 | 00:19:20    |
| 6    | MAZUR WOJCIECH        | 158 |                                    | BYDGOSZCZ         | POL  | M30-39 |  | 00:13:16           | 00:02:30 | 00:31:59      | 00:01:07 | 00:22:10    |
| 7    | KOWALIKOWSKI DANIEL   | 119 | TM IRON TEAM                       | BYDGOSZCZ         | POL  | M30-39 | TM IRON TEAM                             | 00:13:34           | 00:02:07 | 00:30:57      | 00:00:49 | 00:21:10    |
| 8    | LICZNIERSKI MAREK     | 10  | OWOCBIEGATEAM                      | PLEWISKA          | POL  | M30-39 | OWOCBIEGATEAM                            | 00:13:43           | 00:02:35 | 00:32:14      | 00:01:03 | 00:21:08    |
| 9    | FRAĆKOWSKI ŁUKASZ     | 4   | THE TRI DOCTOR                     | BYDGOSZCZ         | POL  | M30-39 |  | 00:13:59           | 00:03:27 | 00:37:24      | 00:01:44 | 00:32:07    |
| 10   | BISKUPSKI CEZARY      | 27  | TRISPACE/TREK                      |                   |      | M30-39 |  | 00:14:12           | 00:02:01 | 00:29:46      | 00:00:47 | 00:20:41    |
| 11   | DUDKOWIAK MICHAŁ      | 178 | DUDKOWIAK ADWOKACI                 | POZNAŃ            | POL  | M30-39 |  | 00:14:14           | 00:02:31 | 00:35:07      | 00:00:42 | 00:25:19    |
| 12   | ŁOPUSZYŃSKI KRZYSZTOF | 61  | LANGE TRI COACH/H2OSHOP.PL         | BYDGOSZCZ         | POL  | M30-39 |  | 00:14:20           | 00:02:11 | 00:29:41      | 00:00:14 | 00:19:42    |
| 13   | SKORECKI ALEKSANDER   | 168 | BYDGOSZCZ TRIATHLON TEAM / WTLENIE | BYDGOSZCZ         | POL  | M30-39 | BYDGOSZCZ<br>TRIATHLON TEAM /<br>WTLENIE | 00:14:34           | 00:02:41 | 00:35:22      | 00:01:01 | 00:22:25    |
| 14   | SZEWCZUK PATRYK       | 55  | SPORT ZDROWIE KONDYCJA             | ŚWIECIE           | POL  | M30-39 |  | 00:14:34           | 00:01:46 | 00:31:03      | 00:00:57 | 00:21:33    |
| 15   | NOWICKI BARTOSZ       | 106 | AQUA+                              | BYDGOSZCZ         | POL  | M30-39 |  | 00:14:44           | 00:02:32 | 00:32:53      | 00:00:56 | 00:22:45    |
| 16   | BRZEZIŃSKI ŁUKASZ     | 173 | ASSECO ACTIVE TEAM                 | BYDGOSZCZ         | POL  | M30-39 | ASSECO ACTIVE TEAM                       | 00:14:47           | 00:02:37 | 00:33:28      | 00:01:00 | 00:21:49    |
| 17   | SOBCZAK MARCIN        | 174 | ASSECO ACTIVE TEAM                 | BYDGOSZCZ         | POL  | M30-39 |  | 00:15:11           | 00:02:08 | 00:34:04      | 00:01:05 | 00:24:06    |
| 18   | GÓRNY BARTOSZ         | 133 | TRISPACE/TREK                      | BYDGOSZCZ         | POL  | M30-39 |  | 00:15:26           | 00:02:43 | 00:33:59      | 00:01:48 | 00:22:15    |
| 19   | ŚLIWIŃSKI ŁUKASZ      | 170 | ERPLAST/BOGMAR                     | OSTROMECKO        | POL  | M30-39 | BOGMAR / ERPLAST                         | 00:15:35           | 00:02:00 | 00:30:01      | 00:01:03 | 00:19:48    |
| 20   | DROBINSKI DANIEL      | 33  |                                    | BYDGOSZCZ         | POL  | M30-39 |  | 00:15:40           | 00:03:06 | 00:32:53      | 00:01:09 | 00:20:22    |
| 21   | KOTŁOWSKI BARTOSZ     | 165 | LKS OSTROMECKO / KOTŁOWSKIRUNTEAM  | BYDGOSZCZ         | POL  | M30-39 | BOGMAR / ERPLAST                         | 00:15:43           | 00:02:00 | 00:34:29      | 00:01:02 | 00:17:24    |
| 22   | DAWIDOWSKI MAREK      | 144 | POMIMO TEAM / KARTUZY              | KARTUZY           | POL  | M30-39 |  | 00:16:10           | 00:02:16 | 00:36:09      | 00:01:15 | 00:22:12    |
| 23   | SOBCZYŃSKI MICHAŁ     | 99  |                                    | TRYSZCZYN         | POL  | M30-39 |  | 00:16:12           | 00:03:01 | 00:37:56      | 00:01:39 | 00:26:44    |
| 24   | TROŚCIANIEC TOMASZ    | 139 | GRAJAN TEAM OŁAWA                  | OŁAWA             | POL  | M30-39 |  | 00:16:15           | 00:03:12 | 00:36:10      | 00:01:56 | 00:25:10    |
| 25   | ZALEWSKI MARCIN       | 100 |                                    | ŻYRARDÓW          | POL  | M30-39 |  | 00:16:15           | 00:02:41 | 00:35:37      | 00:01:06 | 00:24:08    |
| 26   | KNYPIŃSKI WOJCIECH    | 45  |                                    | BYDGOSZCZ         | POL  | M30-39 |  | 00:16:41           | 00:03:11 | 00:35:40      | 00:01:47 | 00:21:54    |
| 27   | GUMIŃSKI SZYMON       | 160 |                                    | NIWY              | POL  | M30-39 |  | 00:16:46           | 00:04:13 | 00:42:46      | 00:02:40 | 00:24:49    |
| 28   | BRYLL ŁUKASZ          | 77  | BKK TRI TEAM                       | KRUSZYN KRAJEŃSKI | POL  | M30-39 |  | 00:17:00           | 00:03:15 | 00:36:58      | 00:01:26 | 00:24:47    |
| 29   | STRYCZYŃSKI MAREK     | 71  |                                    |                   |      | M30-39 |  | 00:17:18           | 00:03:16 | 00:35:41      | 00:01:44 | 00:24:29    |
| 30   | ZIELIŃSKI MACIEJ      | 88  | ELENSPORT.PL                       | BYDGOSZCZ         | POL  | M30-39 | ELENSPORT.PL                             | 00:17:23           | 00:02:58 | 00:33:30      | 00:01:12 | 00:22:55    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                | M-scowość  | Kraj | Kat.   | Drużyna 1          | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|---------------------|-----|---------------------|------------|------|--------|--------------------|--------------------|----------|---------------|----------|-------------|
| 31   | ZAMOYSKI PIOTR      | 56  |                     | BRWINÓW    | POL  | M30-39 |                    | 00:17:26           | 00:02:43 | 00:37:09      | 00:01:20 | 00:25:01    |
| 32   | BOIŃSKI BARTOSZ     | 60  |                     | BYDGOSZCZ  | POL  | M30-39 |                    | 00:17:30           | 00:03:14 | 00:37:35      | 00:02:13 | 00:24:50    |
| 33   | TOMASZEWSKI MATEUSZ | 134 | GRAJAN OŁAWA        | OŁAWA      | POL  | M30-39 |                    | 00:17:49           | 00:03:17 | 00:43:11      | 00:01:04 | 00:23:00    |
| 34   | DÜCHTING BENJAMIN   | 36  |                     | BERLIN     | GER  | M30-39 |                    | 00:17:58           | 00:04:41 | 00:45:34      | 00:01:33 | 00:35:58    |
| 35   | PAPIEROWSKI PIOTR   | 50  | ATOS                | OSIELSKO   | POL  | M30-39 |                    | 00:18:12           | 00:04:13 | 00:36:53      | 00:01:25 | 00:26:46    |
| 36   | KARCZEWSKI FILIP    | 20  |                     | BYDGOSZCZ  | POL  | M30-39 |                    | 00:18:14           | 00:02:54 | 00:33:13      | 00:00:52 | 00:23:26    |
| 37   | BOROWSKI RADOSŁAW   | 40  | MLKS KRAJNA SEPÓLNO | BYDGOSZCZ  | POL  | M30-39 |                    | 00:18:19           | 00:02:58 | 00:36:21      | 00:01:11 | 00:25:21    |
| 38   | CZACHOWSKI JACEK    | 176 | KS OPŁAWIEC         | BYDGOSZCZ  | POL  | M30-39 |                    | 00:18:21           | 00:02:57 | 00:37:32      | 00:00:43 | 00:24:39    |
| 39   | KOLASSA ROBERT      | 95  |                     | MUROWANIEC | POL  | M30-39 |                    | 00:18:27           | 00:03:29 | 00:39:24      | 00:00:29 | 00:23:17    |
| 40   | RUCIŃSKI RAFAŁ      | 8   | SELEKCJA NATURALNA  | MAŁE RUDY  | POL  | M30-39 | SELEKCJA NATURALNA | 00:18:28           | 00:02:24 | 00:34:56      | 00:01:33 | 00:24:14    |
| 41   | STAŃCZYK KAMIL      | 79  | 83 BLP              | BAŁTÓW     | POL  | M30-39 |                    | 00:19:02           | 00:04:23 | 00:38:41      | 00:02:07 | 00:20:54    |
| 42   | WOŹNIAK RADEK       | 143 |                     | BYDGOSZCZ  | POL  | M30-39 |                    | 00:19:24           | 00:02:33 | 00:34:27      | 00:01:08 | 00:26:35    |
| 43   | RUTKOWSKI TOMASZ    | 110 | OLIMPIA SPORT       | POZNAŃ     | POL  | M30-39 |                    | 00:19:54           | 00:03:42 | 00:37:15      | 00:01:56 | 00:23:38    |
| 44   | CZYŻEWSKI PIOTR     | 3   |                     | BRZOZA     | POL  | M30-39 |                    | 00:23:44           | 00:04:46 | 00:41:38      | 00:02:34 | 00:37:59    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49**

| M-ce | Nazwisko i imię        | Nr  | Klub                              | M-scowość          | Kraj | Kat.   | Drużyna 1                           | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------------|-----|-----------------------------------|--------------------|------|--------|-------------------------------------|--------------------|----------|---------------|----------|-------------|
| 1    | ŻMICH-FÓRMANIAK JOANNA | 107 | TM IRON TEAM                      | BYDGOSZCZ          | POL  | K40-49 | TM IRON TEAM                        | 00:14:28           | 00:02:46 | 00:33:00      | 00:01:01 | 00:22:43    |
| 2    | MALINOWSKA EWELINA     | 86  |                                   | WARSZAWA           | POL  | K40-49 |                                     | 00:15:36           | 00:02:18 | 00:37:50      | 00:01:23 | 00:25:13    |
| 3    | WARCZAK KATARZYNA      | 67  | FCNB/TEAMOCHAL                    | BYDGOSZCZ          | POL  | K40-49 | TEAMOCHAL                           | 00:15:49           | 00:02:40 | 00:36:07      | 00:00:52 | 00:24:05    |
| 4    | PRZYBYŁA AGNIESZKA     | 83  |                                   | BYDGOSZCZ          | POL  | K40-49 |                                     | 00:16:38           | 00:03:23 | 00:39:45      | 00:00:30 | 00:25:28    |
| 5    | WASILEWSKA AGATA       | 92  | AKADEMIA MISTRZÓW SPORTU          | BYDGOSZCZ          | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU         | 00:17:01           | 00:02:51 | 00:36:28      | 00:01:09 | 00:24:34    |
| 6    | DOROTA DULIŃSKA        | 82  | TRISPACE/TREK                     | NIEMCZ             | POL  | K40-49 |                                     | 00:17:52           | 00:02:50 | 00:35:36      | 00:01:05 | 00:26:56    |
| 7    | GOŁATA AGNIESZKA       | 164 | AKADEMIA MISTRZÓW SPORTU / BOGMAR | DĄBROWA CHEŁMIŃSKA | POL  | K40-49 | AKADEMIA MISTRZÓW<br>SPORTU/ BOGMAR | 00:18:17           | 00:02:58 | 00:38:28      | 00:01:29 | 00:27:48    |
| 8    | LICZNIERSKA ALINA      | 150 | OWOCBIEGA TEAM                    | PLEWISKA           | POL  | K40-49 |                                     | 00:19:24           | 00:02:06 | 00:36:44      | 00:00:53 | 00:22:15    |
| 9    | BŁASZKIEWICZ MARZENA   | 166 | ENEA BYDGOSZCZ TRIATHLON          |                    | POL  | K30-39 |                                     | 00:24:34           | 00:04:30 | 00:49:34      | 00:01:02 | 00:34:24    |
| 10   | FIEGEL KATARZYNA       | 15  | TRISPACE/TREK                     | BYDGOSZCZ          | POL  | K40-49 | TRISPACE/TREK                       | 00:25:26           | 00:02:15 | 00:43:37      | 00:01:14 | 00:26:01    |
| 11   | KOZŁOWSKA MAŁGORZATA   | 137 | PTT DELTA                         | PŁOCK              | POL  | K40-49 |                                     | 00:25:28           | 00:04:57 | 00:44:56      | 00:01:03 | 00:33:43    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49**

| M-ce | Nazwisko i imię    | Nr  | Klub                                     | M-scowość          | Kraj | Kat.   | Drużyna 1                        | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|--------------------|-----|--|--------------------|------|--------|----------------------------------|--------------------|----------|---------------|----------|-------------|
| 1    | WIĘCKOWSKI DARIUSZ | 72  | AKADEMIA MISTRZÓW SPORTU                 | BYDGOSZCZ          | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU         | 00:12:41           | 00:02:19 | 00:33:05      | 00:00:56 | 00:22:42    |
| 2    | PLUTA GNIEWOMIR    | 118 | UKS TRS SUSZ                             | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:12:59           | 00:02:21 | 00:31:51      | 00:00:45 | 00:21:12    |
| 3    | FÓRMANIAK PIOTR    | 104 | TM IRON TEAM                             | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                     | 00:13:13           | 00:02:08 | 00:32:05      | 00:01:13 | 00:21:41    |
| 4    | BARTKOWIAK DAWID   | 130 |  | PIŁA               | POL  | M40-49 |                                  | 00:14:33           | 00:02:01 | 00:31:48      | 00:00:47 | 00:21:52    |
| 5    | PRĄDZYŃSKI MARCIN  | 89  | AKADEMIAMISTRZOWSPORTU                   | BYDGOSZCZ          | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU         | 00:14:40           | 00:02:28 | 00:33:21      | 00:00:52 | 00:21:19    |
| 6    | WARGACKI PIOTR     | 124 | TM IRON TEAM                             | BYDGOSZCZ          | POL  | M40-49 | TM IRON TEAM                     | 00:14:47           | 00:02:23 | 00:32:21      | 00:01:09 | 00:23:15    |
| 7    | PUZIAK MARCIN      | 76  |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:15:04           | 00:02:50 | 00:37:18      | 00:01:05 | 00:24:04    |
| 8    | FABROWSKI DAWID    | 125 |  |                    |      | M40-49 | CTS                              | 00:15:07           | 00:03:20 | 00:36:55      | 00:01:36 | 00:26:32    |
| 9    | GOŁATA WOJCIECH    | 163 | AKADEMIA MISTRZÓW SPORTU / BOGMAR        | DĄBROWA CHEŁMIŃSKA | POL  | M40-49 | AKADEMIA MISTRZÓW SPORTU/ BOGMAR | 00:15:07           | 00:01:57 | 00:33:54      | 00:01:09 | 00:20:39    |
| 10   | DEPTUŁA GRZEGORZ   | 35  | VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY | OSIELSKO           | POL  | M40-49 |                                  | 00:15:10           | 00:02:34 | 00:33:14      | 00:01:06 | 00:20:02    |
| 11   | NOWAK PAWEŁ        | 156 |  | SIEKIERKI WIELKIE  | POL  | M40-49 |                                  | 00:15:34           | 00:02:10 | 00:30:35      | 00:00:58 | 00:19:04    |
| 12   | BINKOWSKI ADRIAN   | 135 | CTS/CB163                                | GZIN               | POL  | M40-49 |                                  | 00:15:39           | 00:01:56 | 00:32:13      | 00:01:10 | 00:22:34    |
| 13   | GACKA RAFAL        | 116 | LUPUS TEAM                               | STRZELEWO          | POL  | M40-49 | LUPUS TEAM                       | 00:15:44           | 00:02:33 | 00:31:46      | 00:01:28 | 00:20:22    |
| 14   | RIINA EDOARDO      | 39  |  | ZGORZAŁA           | ITA  | M40-49 |                                  | 00:16:10           | 00:04:35 | 00:39:41      | 00:01:31 | 00:26:59    |
| 15   | GILL DANIEL        | 167 | LKS OSTROMECKO                           | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:16:47           | 00:03:00 | 00:33:31      | 00:01:26 | 00:23:13    |
| 16   | ŁATKA MARCIN       | 12  |  | MYŚLECINEK         | POL  | M40-49 |                                  | 00:16:50           | 00:03:00 | 00:40:52      | 00:01:28 | 00:27:41    |
| 17   | OZOROWSKI LUKASZ   | 120 |  | SZEMBEKOWO         | POL  | M40-49 |                                  | 00:16:53           | 00:03:54 | 00:35:14      | 00:01:21 | 00:22:22    |
| 18   | GALICKI JAKUB      | 171 | AKADEMIA MISTRZÓW SPORTU                 | BRZOZA             | POL  | M40-49 |                                  | 00:17:07           | 00:03:03 | 00:37:16      | 00:01:26 | 00:24:02    |
| 19   | CHODKIEWICZ TOMASZ | 31  | GARDENFLORA MTB TEAM                     | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:17:26           | 00:03:27 | 00:33:10      | 00:01:19 | 00:21:31    |
| 20   | URBAŃSKI DAWID     | 97  |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:17:50           | 00:03:35 | 00:38:12      | 00:01:46 | 00:26:04    |
| 21   | NOWOTNIK MARIUSZ   | 169 |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:17:51           | 00:02:46 | 00:36:01      | 00:01:09 | 00:24:20    |
| 22   | CHMURA MACIEJ      | 14  | TRIATHLON KONSULTING                     | STRZELCE GÓRNE     | POL  | M40-49 |                                  | 00:17:52           | 00:04:40 | 00:36:58      | 00:01:43 | 00:26:33    |
| 23   | GABRYCH MACIEJ     | 34  | CZARNE STOPY                             | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:17:54           | 00:03:05 | 00:37:02      | 00:01:06 | 00:24:21    |
| 24   | LICA GRZEGORZ      | 103 |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:17:54           | 00:03:55 | 00:35:21      | 00:01:58 | 00:27:42    |
| 25   | GÓRNY BARTŁOMIEJ   | 13  |  | KOŚCIELECZKI       | POL  | M40-49 |                                  | 00:18:07           | 00:02:27 | 00:35:29      | 00:01:19 | 00:24:42    |
| 26   | MONTOWSKI JAKUB    | 49  |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:18:07           | 00:03:45 | 00:37:57      | 00:01:10 | 00:27:22    |
| 27   | KLONOWSKI MARIUSZ  | 179 | PRIMIGENIUS                              | ŁOCHOWO            | POL  | M40-49 |                                  | 00:18:18           | 00:02:57 | 00:35:23      | 00:01:26 | 00:23:46    |
| 28   | WIŚNIEWSKI MIKOŁAJ | 52  |  | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:19:31           | 00:02:42 | 00:42:53      | 00:00:58 | 00:29:53    |
| 29   | SOŁDYGA PAWEŁ      | 96  | SKOWRONEKBIEGA                           | BYDGOSZCZ          | POL  | M40-49 |                                  | 00:20:03           | 00:02:50 | 00:35:54      | 00:01:40 | 00:22:58    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                | M-scowość | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|---------------------|-----|---------------------|-----------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 30   | BIBIK ŁUKASZ        | 75  | RUN DMT             | BYDGOSZCZ | POL  | M40-49 |           | 00:20:22           | 00:05:02 | 00:37:45      | 00:02:56 | 00:28:59    |
| 31   | ZGÓRSKI MACIEJ      | 7   |                     | BYDGOSZCZ | POL  | M40-49 |           | 00:20:25           | 00:04:44 | 00:38:28      | 00:01:37 | 00:29:07    |
| 32   | ŻYCHLIŃSKI MIŁOSZ   | 17  | HTF LUDWIK SIKORSKI | ŁÓDŹ      | POL  | M40-49 |           | 00:20:41           | 00:02:52 | 00:34:17      | 00:01:50 | 00:22:55    |
| 33   | TOMASZEWSKI MARCIN  | 147 |                     | ŁOCHOWICE | POL  | M40-49 |           | 00:20:57           | 00:03:22 | 00:37:39      | 00:01:22 | 00:23:09    |
| 34   | REPKA MAREK         | 66  | LUPUS TEAM          | BYDGOSZCZ | POL  | M40-49 |           | 00:21:20           | 00:02:28 | 00:34:35      | 00:01:23 | 00:24:48    |
| 35   | TOMASZ MARIUSZ      | 23  | GRAJAN OŁAWA        | OŁAWA     | POL  | M40-49 |           | 00:21:36           | 00:03:11 | 00:34:22      | 00:01:47 | 00:22:47    |
| 36   | MORZYŃSKI STANISŁAW | 90  |                     | KCYNIA    | POL  | M40-49 |           | 00:23:09           | 00:03:38 | 00:38:59      | 00:02:35 | 00:28:17    |
|      | NOWAKOWSKI MARCIN   | 114 | TRIFECTA            | BYDGOSZCZ | POL  | M40-49 | TRIFECTA  | DNF                | 00:00:00 | 00:00:00      | 00:00:00 | 00:00:00    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K50-59**

| M-ce | Nazwisko i imię  | Nr  | Klub          | M-scowość | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------|-----|---------------|-----------|------|--------|---------------|--------------------|----------|---------------|----------|-------------|
| 1    | STĘPSKA MAŁGOSIA | 18  | B3T           | KRAKÓW    | POL  | K50-59 |               | 00:20:25           | 00:03:12 | 00:38:14      | 00:00:59 | 00:28:03    |
| 2    | FIGLER IWONA     | 151 | TRISPACE/TREK | NIEMCZ    | POL  | K50-59 |               | 00:21:03           | 00:02:39 | 00:35:58      | 00:01:16 | 00:23:58    |
| 3    | PASTWA DONATA    | 1   |               |           |      | K50-59 | TRISPACE/TREK | 00:21:39           | 00:03:42 | 00:43:55      | 00:01:04 | 00:24:11    |
| 4    | SZABO-MOSKAL IGA | 123 |               | BORÓWNO   | POL  | K50-59 |               | 00:21:51           | 00:03:45 | 00:48:03      | 00:00:56 | 00:31:44    |
| 5    | MIKA ALDONA      | 102 |               | BYDGOSZCZ | POL  | K50-59 |               | 00:26:14           | 00:06:09 | 00:48:44      |          |             |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59**

| M-ce | Nazwisko i imię      | Nr  | Klub            | M-scowość      | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|-----------------|----------------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 1    | AUGUSTYNIAK GRZEGORZ | 132 | PTTDELTA        | SŁUPNO         | POL  | M50-59 |           | 00:14:29           | 00:03:07 | 00:33:55      | 00:01:30 | 00:22:35    |
| 2    | ŻELAZNY MARCIN       | 38  |                 | BYDGOSZCZ      | POL  | M50-59 |           | 00:15:34           | 00:04:51 | 00:42:07      | 00:02:04 | 00:30:45    |
| 3    | PACZKOWSKI MIROSLAW  | 32  |                 | BYDGOSZCZ      | POL  | M50-59 |           | 00:17:13           | 00:04:00 | 00:36:05      | 00:01:46 | 00:22:33    |
| 4    | KOWALSKI MAREK       | 85  | REKINY OSIELSKO | NIEMCZ         | POL  | M50-59 |           | 00:17:27           | 00:06:41 | 00:39:42      | 00:02:23 | 00:27:29    |
| 5    | GIERES WALDEMAR      | 5   | PTT DELTA       | PŁOCK          | POL  | M50-59 | PTT DELTA | 00:17:31           | 00:02:07 | 00:33:02      | 00:00:59 | 00:23:04    |
| 6    | MALINOWSKI ARTUR     | 115 |                 | MAKSYMILIANOWO | POL  | M50-59 |           | 00:17:40           | 00:03:34 | 00:35:11      | 00:01:27 | 00:24:02    |
| 7    | KUŹMA WOJCIECH       | 28  |                 | BYDGOSZCZ      | POL  | M50-59 |           | 00:17:51           | 00:02:46 | 00:35:20      | 00:01:11 | 00:25:48    |
| 8    | LUDWINIAK BOGDAN     | 65  |                 | BYDGOSZCZ      | POL  | M50-59 |           | 00:17:55           | 00:02:50 | 00:36:32      | 00:01:35 | 00:29:25    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość      | Kraj | Kat.   | Drużyna 1     | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|--------------------------|----------------|------|--------|---------------|--------------------|----------|---------------|----------|-------------|
| 9    | SADKIEWICZ JACEK     | 172 | RACING TEAM              | OSIELSKO       | POL  | M50-59 |               | 00:17:56           | 00:03:40 | 00:36:59      | 00:01:39 | 00:31:32    |
| 10   | GIEDRYS ROMAN        | 145 |                          | TUCHOLA        | POL  | M50-59 |               | 00:17:57           | 00:03:18 | 00:34:19      | 00:01:02 | 00:23:51    |
| 11   | CIUPA JAROSŁAW       | 80  | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ      | POL  | M50-59 |               | 00:18:01           | 00:03:24 | 00:33:29      | 00:02:00 | 00:23:51    |
| 12   | BUDZIK IRENEUSZ      | 129 | PETNER TEAM              | BYDGOSZCZ      | POL  | M50-59 |               | 00:18:31           | 00:02:53 | 00:33:20      | 00:01:14 | 00:23:20    |
| 13   | PIĄTKOWSKI MARIUSZ   | 113 | TRIFECTA                 | BYDGOSZCZ      | POL  | M50-59 | TRIFECTA      | 00:19:21           | 00:04:24 | 00:47:44      | 00:00:41 | 00:36:15    |
| 14   | LISEWSKI PIOTR       | 43  |                          |                |      | M50-59 |               | 00:19:52           | 00:03:15 | 00:38:48      | 00:01:47 | 00:25:19    |
| 15   | CIESIELSKI PIOTR     | 105 | TTRI SPRĘCOWO            | MAKSYMILIANOWO | POL  | M50-59 |               | 00:20:48           | 00:05:39 | 00:50:03      | 00:00:35 | 00:32:25    |
| 16   | OSIŃSKI ADAM         | 46  | CHŁOPAKI TO MY           | BYDGOSZCZ      | POL  | M50-59 |               | 00:21:33           | 00:05:00 | 00:37:50      | 00:01:56 | 00:24:44    |
| 17   | WIŚNIEWSKI KRZYSZTOF | 127 | TRISPACE/TREK            | BYDGOSZCZ      | POL  | M50-59 | TRISPACE/TREK | 00:36:29           | 00:04:02 | 00:42:31      | 00:01:44 | 00:36:28    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M60-69**

| M-ce | Nazwisko i imię      | Nr  | Klub            | M-scowość | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|-----------------|-----------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 1    | BOHDANOWICZ JAROSŁAW | 149 | OLIMPIASPORT.PL | NIEMCZ    | POL  | M60-69 |           | 00:16:57           | 00:03:30 | 00:38:18      | 00:01:39 | 00:29:32    |
| 2    | MISZTELA DARIUSZ     | 73  | PTT DELTA       | PLOCK     | POL  | M60-69 | PTT DELTA | 00:19:27           | 00:03:25 | 00:39:18      | 00:02:01 | 00:27:41    |
| 3    | GARBIEC MIROŚŁAW     | 16  |                 | BYDGOSZCZ | POL  | M60-69 |           | 00:20:46           | 00:03:37 | 00:35:59      | 00:02:11 | 00:24:47    |
| 4    | MONTOWSKI JAN        | 74  | OPŁAWIEC        | BYDGOSZCZ | POL  | M60-69 |           | 00:24:03           | 00:03:57 | 00:40:29      | 00:00:52 | 00:30:51    |
| 5    | NOWAK ANDRZEJ        | 131 |                 | KORONOWO  | POL  | M60-69 |           | 00:29:30           | 00:06:01 | 00:55:03      | 00:02:21 | 00:47:00    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M70-79**

| M-ce | Nazwisko i imię      | Nr  | Klub           | M-scowość | Kraj | Kat.   | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|----------------------|-----|----------------|-----------|------|--------|-----------|--------------------|----------|---------------|----------|-------------|
| 1    | ANDRZEJEWSKI RYSZARD | 138 | ŻÓŁTOKRÓLEWSCY | BYDGOSZCZ | POL  | M70-79 |           | 00:22:36           | 00:06:35 | 00:42:06      | 00:01:53 | 00:28:42    |

**METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M80+**

| M-ce | Nazwisko i imię  | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km |
|------|------------------|----|------|-----------|------|------|-----------|--------------------|----------|---------------|----------|-------------|
| 1    | SAWICKI WALDEMAR | 22 |      | BYDGOSZCZ | POL  | M80+ |           | 00:23:57           | 00:04:52 | 00:46:36      | 00:00:57 | 00:42:49    |