

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2022-08-21
Place: Bydgoszcz
Distance: 25.75 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



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INTELIĞENTNE ZAWODY SPORTOWE

Results for the split 1 km

Klasyfikacja wg czasów netto.

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ISKRA PAWEŁ	148	7PRO TEAM	ZIELENIEWO	POL	M30-39		00:10:54 (2)	00:02:05	00:30:03 (4)	00:00:26	00:19:34 (7)
2	FRUKACZ KAMIL	63	SPORTLEVEL TCZEW	TCZEW	POL	M18-29		00:11:47 (4)	00:02:17	00:32:40 (22)	00:01:07	00:20:42 (18)
3	KARSKI KACPER	98		INOWROCLAW	POL	M18-29		00:11:32 (3)	00:02:34	00:33:34 (39)	00:00:47	00:21:12 (24)
4	RYMER JAKUB	162	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:12:09 (5)	00:02:00	00:30:21 (6)	00:00:31	00:19:55 (10)
5	PTASZEK TOMASZ	157	WANIEWSKI COACHING	GDYNIA	POL	M30-39		00:12:11 (6)	00:02:03	00:31:09 (10)	00:00:55	00:20:30 (15)
6	MŁYŃCZAK JAKUB	152	GVT	GLIWICE	POL	M18-29		00:12:16 (7)	00:01:59	00:31:20 (11)	00:00:42	00:18:52 (2)
7	BEDNARCZYK TOMASZ	41	BIKE U UP	GDYNIA	POL	M30-39		00:12:19 (8)	00:02:02	00:30:05 (5)	00:00:26	00:19:20 (6)
8	WIĘCKOWSKI DARIUSZ	72	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:12:41 (11)	00:02:19	00:33:05 (28)	00:00:56	00:22:42 (47)
9	MAAS OLIVER	159	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:36 (10)	00:02:25	00:37:48 (101)	00:00:45	00:19:17 (5)
10	PEKRUL WOJCIECH	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29		00:12:46 (12)	00:02:16	00:32:22 (21)	00:01:02	00:21:04 (20)
11	NOWAK MARTYNA	121	3 GRAVITY	BYDGOSZCZ	POL	K18-29		00:12:30 (9)	00:02:43	00:35:23 (59)	00:00:56	00:22:49 (51)
12	PLUTA GNIEWOMIR	118	UKS TRS SUSZ	BYDGOSZCZ	POL	M40-49		00:12:59 (13)	00:02:21	00:31:51 (15)	00:00:45	00:21:12 (25)
13	FÓRMANIAK PIOTR	104	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:13:13 (14)	00:02:08	00:32:05 (17)	00:01:13	00:21:41 (30)
14	KOWALIKOWSKI DANIEL	119	TM IRON TEAM	BYDGOSZCZ	POL	M30-39	TM IRON TEAM	00:13:34 (16)	00:02:07	00:30:57 (8)	00:00:49	00:21:10 (23)
15	MAZUR WOJCIECH	158		BYDGOSZCZ	POL	M30-39		00:13:16 (15)	00:02:30	00:31:59 (16)	00:01:07	00:22:10 (35)
16	ZIELINSKI NICOLAS	91	ELENSPORT.PL SKLEPY SPORTOWE	OSIELSKO	POL	M18-29	ELENSPORT.PL	00:14:00 (19)	00:01:55	00:32:58 (25)	00:00:48	00:20:29 (14)
17	BISKUPSKI CEZARY	27	TRISPACE/TREK			M30-39		00:14:12 (20)	00:02:01	00:29:46 (2)	00:00:47	00:20:41 (17)
18	LICZNIERSKI MAREK	10	OWOCBIEGATEAM	PLEWISKA	POL	M30-39	OWOCBIEGATEAM	00:13:43 (17)	00:02:35	00:32:14 (19)	00:01:03	00:21:08 (21)
19	SZEWCUK PATRYK	55	SPORT ZDROWIE KONDYCJA	ŚWIECIE	POL	M30-39		00:14:34 (28)	00:01:46	00:31:03 (9)	00:00:57	00:21:33 (28)
20	ŁOPUSZYŃSKI KRZYSZTOF	61	LANGE TRI COACH/H2OSHOP.PL	BYDGOSZCZ	POL	M30-39		00:14:20 (23)	00:02:11	00:29:41 (1)	00:00:14	00:19:42 (8)
21	BARTKOWIAK DAWID	130		PIŁA	POL	M40-49		00:14:33 (27)	00:02:01	00:31:48 (14)	00:00:47	00:21:52 (33)
22	DUDKOWIAK MICHAŁ	178	DUDKOWIAK ADWOKACI	POZNAŃ	POL	M30-39		00:14:14 (21)	00:02:31	00:35:07 (52)	00:00:42	00:25:19 (96)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
23	CABAJ MARTYNA	11	IM INSPIRATION	BYDGOSZCZ	POL	K18-29		00:14:19 (22)	00:02:42	00:35:28 (62)	00:01:29	00:27:59 (125)
24	GOŁATA WOJCIECH	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DABROWA CHEŁMIŃSKA	POL	M40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:15:07 (37)	00:01:57	00:33:54 (41)	00:01:09	00:20:39 (16)
25	PRĄDZYŃSKI MARCIN	89	AKADEMIAMISTRZOWSPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:14:40 (30)	00:02:28	00:33:21 (34)	00:00:52	00:21:19 (26)
26	WARGACKI PIOTR	124	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:14:47 (33)	00:02:23	00:32:21 (20)	00:01:09	00:23:15 (59)
27	ŻMICH-FÓRMANIAK JOANNA	107	TM IRON TEAM	BYDGOSZCZ	POL	K40-49	TM IRON TEAM	00:14:28 (25)	00:02:46	00:33:00 (26)	00:01:01	00:22:43 (48)
28	SKORECKI ALEKSANDER	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	BYDGOSZCZ	POL	M30-39	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	00:14:34 (29)	00:02:41	00:35:22 (58)	00:01:01	00:22:25 (40)
29	HIGSON ALEKSANDRA	94	DURHAM UNIVERSITY	BYDGOSZCZ	POL	K18-29		00:14:25 (24)	00:02:51	00:38:42 (112)	00:00:28	00:23:49 (66)
30	NOWICKI BARTOSZ	106	AQUA+	BYDGOSZCZ	POL	M30-39		00:14:44 (31)	00:02:32	00:32:53 (23)	00:00:56	00:22:45 (49)
31	SOBCZAK MARCIN	174	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:15:11 (39)	00:02:08	00:34:04 (44)	00:01:05	00:24:06 (74)
32	BRZEZIŃSKI ŁUKASZ	173	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39	ASSECO ACTIVE TEAM	00:14:47 (32)	00:02:37	00:33:28 (35)	00:01:00	00:21:49 (32)
33	FRĄCKOWSKI ŁUKASZ	4	THE TRI DOCTOR	BYDGOSZCZ	POL	M30-39		00:13:59 (18)	00:03:27	00:37:24 (96)	00:01:44	00:32:07 (144)
34	DULIŃSKI BARTOSZ	140	TRISPACE/TREK	NIEMCZ	POL	M18-29	TRISPACE/TREK	00:15:20 (42)	00:02:13	00:33:41 (40)	00:01:56	00:21:10 (22)
35	ŚLIWIŃSKI ŁUKASZ	170	ERPLAST/BOGMAR	OSTROMECKO	POL	M30-39	BOGMAR / ERPLAST	00:15:35 (47)	00:02:00	00:30:01 (3)	00:01:03	00:19:48 (9)
36	SUDZIŃSKI HUBERT	42		SĘPÓLNO KRAJEŃSKIE		M18-29	TRISPACE/TREK	00:15:31 (44)	00:02:04	00:31:37 (12)	00:01:00	00:19:10 (4)
37	BINKOWSKI ADRIAN	135	CTS/CB163	GZIN	POL	M40-49		00:15:39 (49)	00:01:56	00:32:13 (18)	00:01:10	00:22:34 (43)
38	AUGUSTYŃIAK GRZEGORZ	132	PTDELTA	SŁUPNO	POL	M50-59		00:14:29 (26)	00:03:07	00:33:55 (42)	00:01:30	00:22:35 (44)
39	KOTŁOWSKI BARTOSZ	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:15:43 (51)	00:02:00	00:34:29 (49)	00:01:02	00:17:24 (1)
40	NOWAK PAWEŁ	156		SIEKIERKI WIELKIE	POL	M40-49		00:15:34 (46)	00:02:10	00:30:35 (7)	00:00:58	00:19:04 (3)
41	DEPTUŁA GRZEGORZ	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	OSIELSKO	POL	M40-49		00:15:10 (38)	00:02:34	00:33:14 (32)	00:01:06	00:20:02 (11)
42	BOHDANOWICZ PATRYCJA	141		BYDGOSZCZ	POL	K30-39		00:15:17 (41)	00:02:28	00:35:26 (61)	00:01:10	00:24:42 (84)
43	MALINOWSKA EWELINA	86		WARSZAWA	POL	K40-49		00:15:36 (48)	00:02:18	00:37:50 (102)	00:01:23	00:25:13 (94)
44	PUZIAK MARCIN	76		BYDGOSZCZ	POL	M40-49		00:15:04 (35)	00:02:50	00:37:18 (94)	00:01:05	00:24:04 (72)
45	PIETRZAK AGATA	142		BYDGOSZCZ	POL	K30-39		00:14:57 (34)	00:02:57	00:38:56 (115)	00:01:28	00:27:27 (119)
46	GÓRNY BARTOSZ	133	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:15:26 (43)	00:02:43	00:33:59 (43)	00:01:48	00:22:15 (38)
47	LEWANDOWSKI OSKAR	29		KRUSZWICA	POL	M18-29		00:15:53 (54)	00:02:24	00:35:09 (53)	00:01:30	00:22:40 (46)
48	GACKA RAFAL	116	LUPUS TEAM	STRZELEWO	POL	M40-49	LUPUS TEAM	00:15:44 (52)	00:02:33	00:31:46 (13)	00:01:28	00:20:22 (13)
49	DAWIDOWSKI MAREK	144	POMIMO TEAM / KARTUZY	KARTUZY	POL	M30-39		00:16:10 (58)	00:02:16	00:36:09 (75)	00:01:15	00:22:12 (36)
50	FABROWSKI DAWID	125				M40-49	CTS	00:15:07 (36)	00:03:20	00:36:55 (84)	00:01:36	00:26:32 (109)

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51	WARCZAK KATARZYNA	67	FCNB/TEAMOCHAL	BYDGOSZCZ	POL	K40-49	TEAMOCHAL	00:15:49 (53)	00:02:40	00:36:07 (74)	00:00:52	00:24:05 (73)
52	DROBINSKI DANIEL	33		BYDGOSZCZ	POL	M30-39		00:15:40 (50)	00:03:06	00:32:53 (24)	00:01:09	00:20:22 (12)
53	WASILEWSKA MARTYNA	93	AMS BYDGOSZCZ	BYDGOSZCZ	POL	K30-39	AKADEMIA MISTRZÓW SPORTU	00:16:07 (55)	00:02:46	00:37:22 (95)	00:01:03	00:22:38 (45)
54	ZALEWSKI MARCIN	100		ŻYRARDÓW	POL	M30-39		00:16:15 (61)	00:02:41	00:35:37 (65)	00:01:06	00:24:08 (75)
55	PEZACKI SZYMON	57	NIEMCZ BIKE ACADEMY	NIEMCZ	POL	M18-29		00:15:12 (40)	00:03:47	00:36:38 (80)	00:02:16	00:25:44 (103)
56	PALETA ELŻBIETA	2	TM IRON TEAM	KATOWICE	POL	K18-29	TM IRON TEAM	00:16:10 (57)	00:03:03	00:38:50 (114)	00:01:24	00:21:48 (31)
57	SOBCZYŃSKI MICHAŁ	99		TRYSZCZYN	POL	M30-39		00:16:12 (59)	00:03:01	00:37:56 (104)	00:01:39	00:26:44 (113)
58	NOWAK ANIA	155		SIEKIERKI WIELKIE	POL	K30-39		00:17:13 (74)	00:02:09	00:33:06 (29)	00:01:08	00:21:38 (29)
59	TROŚCIANIEC TOMASZ	139	GRAJAN TEAM OŁAWA	OŁAWA	POL	M30-39		00:16:15 (60)	00:03:12	00:36:10 (76)	00:01:56	00:25:10 (93)
60	GIERES WALDEMAR	5	PTT DELTA	PŁOCK	POL	M50-59	PTT DELTA	00:17:31 (85)	00:02:07	00:33:02 (27)	00:00:59	00:23:04 (56)
61	SKÓRCZEWSKI MARCIN	25				M18-29		00:16:31 (63)	00:03:13	00:36:03 (72)	00:01:43	00:27:20 (117)
62	GILL DANIEL	167	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:16:47 (67)	00:03:00	00:33:31 (38)	00:01:26	00:23:13 (58)
63	ŁATKA MARCIN	12		MYŚLECINEK	POL	M40-49		00:16:50 (68)	00:03:00	00:40:52 (129)	00:01:28	00:27:41 (121)
64	KNYPIŃSKI WOJCIECH	45		BYDGOSZCZ	POL	M30-39		00:16:41 (65)	00:03:11	00:35:40 (66)	00:01:47	00:21:54 (34)
65	WASILEWSKA AGATA	92	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	K40-49	AKADEMIA MISTRZÓW SPORTU	00:17:01 (72)	00:02:51	00:36:28 (78)	00:01:09	00:24:34 (81)
66	PRZYBYŁA AGNIESZKA	83		BYDGOSZCZ	POL	K40-49		00:16:38 (64)	00:03:23	00:39:45 (124)	00:00:30	00:25:28 (98)
67	LICHOCKA PATRYCJA	154	BS TRI	POZNAŃ	POL	K18-29		00:17:33 (86)	00:02:33	00:37:15 (91)	00:01:07	00:22:25 (41)
68	ZAMOYSKI PIOTR	56		BRWINÓW	POL	M30-39		00:17:26 (79)	00:02:43	00:37:09 (89)	00:01:20	00:25:01 (92)
69	GALICKI JAKUB	171	AKADEMIA MISTRZÓW SPORTU	BRZOZA	POL	M40-49		00:17:07 (73)	00:03:03	00:37:16 (93)	00:01:26	00:24:02 (70)
70	BRYLL ŁUKASZ	77	BKK TRI TEAM	KRUSZYN KRAJEŃSKI	POL	M30-39		00:17:00 (71)	00:03:15	00:36:58 (86)	00:01:26	00:24:47 (88)
71	ZIELIŃSKI MACIEJ	88	ELENSPORT.PL	BYDGOSZCZ	POL	M30-39	ELENSPORT.PL	00:17:23 (78)	00:02:58	00:33:30 (37)	00:01:12	00:22:55 (53)
72	KLIMEK PRZEMYSŁAW	59	TOYOTA JAWORSKI AUTO	BYDGOSZCZ	POL	M18-29		00:17:23 (77)	00:02:59	00:39:35 (120)	00:01:03	00:29:45 (136)
73	MOJSIEWICZ NATALIA	87		WARSZAWA	POL	K18-29		00:17:29 (83)	00:02:56	00:36:41 (81)	00:01:25	00:28:40 (129)
74	ŻELAZNY MARCIN	38		BYDGOSZCZ	POL	M50-59		00:15:34 (45)	00:04:51	00:42:07 (133)	00:02:04	00:30:45 (139)
75	BOHDANOWICZ JAROSŁAW	149	OLIMPIASPORT.PL	NIEMCZ	POL	M60-69		00:16:57 (70)	00:03:30	00:38:18 (108)	00:01:39	00:29:32 (135)
76	STRYCYŃSKI MAREK	71				M30-39		00:17:18 (76)	00:03:16	00:35:41 (67)	00:01:44	00:24:29 (80)
77	GÓRNY BARTŁOMIEJ	13		KOŚCIELECZKI	POL	M40-49		00:18:07 (103)	00:02:27	00:35:29 (63)	00:01:19	00:24:42 (83)
78	NOWOTNIK MARIUSZ	169		BYDGOSZCZ	POL	M40-49		00:17:51 (93)	00:02:46	00:36:01 (71)	00:01:09	00:24:20 (78)
79	KUŻMA WOJCIECH	28		BYDGOSZCZ	POL	M50-59		00:17:51 (92)	00:02:46	00:35:20 (56)	00:01:11	00:25:48 (104)

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80	DOROTA DULIŃSKA	82	TRISPACE/TREK	NIEMCZ	POL	K40-49		00:17:52 (94)	00:02:50	00:35:36 (64)	00:01:05	00:26:56 (115)
81	BOIŃSKI BARTOSZ	60		BYDGOSZCZ	POL	M30-39		00:17:30 (84)	00:03:14	00:37:35 (98)	00:02:13	00:24:50 (91)
82	RIINA EDOARDO	39		ZGORZAŁA	ITA	M40-49		00:16:10 (56)	00:04:35	00:39:41 (121)	00:01:31	00:26:59 (116)
83	LUDWINIAK BOGDAN	65		BYDGOSZCZ	POL	M50-59		00:17:55 (98)	00:02:50	00:36:32 (79)	00:01:35	00:29:25 (134)
84	OZOROWSKI LUKASZ	120		SZEMBEKOWO	POL	M40-49		00:16:53 (69)	00:03:54	00:35:14 (55)	00:01:21	00:22:22 (39)
85	ZEVALLOS ROBERT	58		BIGGIN HILL	GBR	M18-29		00:17:36 (87)	00:03:15	00:39:44 (123)	00:00:59	00:26:25 (108)
86	RUCIŃSKI RAFAŁ	8	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	SELEKCJA NATURALNA	00:18:28 (112)	00:02:24	00:34:56 (51)	00:01:33	00:24:14 (77)
87	CHODKIEWICZ TOMASZ	31	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:17:26 (80)	00:03:27	00:33:10 (30)	00:01:19	00:21:31 (27)
88	GABRYCH MACIEJ	34	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:54 (96)	00:03:05	00:37:02 (88)	00:01:06	00:24:21 (79)
89	GUMIŃSKI SZYMON	160		NIWY	POL	M30-39		00:16:46 (66)	00:04:13	00:42:46 (135)	00:02:40	00:24:49 (90)
90	TOMASZEWSKI MATEUSZ	134	GRAJAN OŁAWA	OŁAWA	POL	M30-39		00:17:49 (90)	00:03:17	00:43:11 (137)	00:01:04	00:23:00 (55)
91	KARCZEWSKI FILIP	20		BYDGOSZCZ	POL	M30-39		00:18:14 (106)	00:02:54	00:33:13 (31)	00:00:52	00:23:26 (62)
92	PACZKOWSKI MIROSŁAW	32		BYDGOSZCZ	POL	M50-59		00:17:13 (75)	00:04:00	00:36:05 (73)	00:01:46	00:22:33 (42)
93	MALINOWSKI ARTUR	115		MAKSYMILIANOWO	POL	M50-59		00:17:40 (88)	00:03:34	00:35:11 (54)	00:01:27	00:24:02 (71)
94	KLONOWSKI MARIUSZ	179	PRIMIGENIUS	ŁOCHOWO	POL	M40-49		00:18:18 (108)	00:02:57	00:35:23 (60)	00:01:26	00:23:46 (65)
95	GIEDRYS ROMAN	145		TUCHOLA	POL	M50-59		00:17:57 (100)	00:03:18	00:34:19 (46)	00:01:02	00:23:51 (68)
96	GOŁATA AGNIESZKA	164	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	K40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:18:17 (107)	00:02:58	00:38:28 (109)	00:01:29	00:27:48 (124)
97	WŁUDARSKI MARCIN	128		BYDGOSZCZ	POL	M30-39		00:03:51 (1)	00:17:26	00:41:15 (130)	00:00:43	00:26:16 (107)
98	BOROWSKI RADOSŁAW	40	MLKS KRAJNA SĘPÓLNO	BYDGOSZCZ	POL	M30-39		00:18:19 (109)	00:02:58	00:36:21 (77)	00:01:11	00:25:21 (97)
99	CZACHOWSKI JACEK	176	KS OPŁAWIEC	BYDGOSZCZ	POL	M30-39		00:18:21 (110)	00:02:57	00:37:32 (97)	00:00:43	00:24:39 (82)
100	BUDZIK IRENEUSZ	129	PETNER TEAM	BYDGOSZCZ	POL	M50-59		00:18:31 (113)	00:02:53	00:33:20 (33)	00:01:14	00:23:20 (61)
101	CIUPA JAROSŁAW	80	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:01 (102)	00:03:24	00:33:29 (36)	00:02:00	00:23:51 (67)
102	URBAŃSKI DAWID	97		BYDGOSZCZ	POL	M40-49		00:17:50 (91)	00:03:35	00:38:12 (106)	00:01:46	00:26:04 (106)
103	LICZNIERSKA ALINA	150	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:19:24 (119)	00:02:06	00:36:44 (82)	00:00:53	00:22:15 (37)
104	SADKIEWICZ JACEK	172	RACING TEAM	OSIELSKO	POL	M50-59		00:17:56 (99)	00:03:40	00:36:59 (87)	00:01:39	00:31:32 (142)
105	LICA GRZEGORZ	103		BYDGOSZCZ	POL	M40-49		00:17:54 (97)	00:03:55	00:35:21 (57)	00:01:58	00:27:42 (123)
106	MONTOWSKI JAKUB	49		BYDGOSZCZ	POL	M40-49		00:18:07 (104)	00:03:45	00:37:57 (105)	00:01:10	00:27:22 (118)
107	SURWIŁO-RUTKOWSKA JUSTYNA	109	OLIMPIA SPORT	POZNAŃ	POL	K30-39		00:17:42 (89)	00:04:14	00:40:48 (128)	00:01:10	00:28:24 (128)
108	NOWAKOWSKA NATALIA	53		BYDGOSZCZ	POL	K30-39		00:19:29 (122)	00:02:27	00:44:43 (141)	00:00:55	00:32:24 (145)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
109	KOLASSA ROBERT	95		MUROWANIEC	POL	M30-39		00:18:27 (111)	00:03:29	00:39:24 (119)	00:00:29	00:23:17 (60)
110	WOŹNIAK RADEK	143		BYDGOSZCZ	POL	M30-39		00:19:24 (120)	00:02:33	00:34:27 (48)	00:01:08	00:26:35 (111)
111	WIŚNIEWSKI MIKOŁAJ	52		BYDGOSZCZ	POL	M40-49		00:19:31 (123)	00:02:42	00:42:53 (136)	00:00:58	00:29:53 (137)
112	PAPIEROWSKI PIOTR	50	ATOS	OSIELSKO	POL	M30-39		00:18:12 (105)	00:04:13	00:36:53 (83)	00:01:25	00:26:46 (114)
113	CHMURA MACIEJ	14	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:52 (95)	00:04:40	00:36:58 (85)	00:01:43	00:26:33 (110)
114	DÜCHTING BENJAMIN	36		BERLIN	GER	M30-39		00:17:58 (101)	00:04:41	00:45:34 (146)	00:01:33	00:35:58 (149)
115	MISZTELA DARIUSZ	73	PTT DELTA	PLOCK	POL	M60-69	PTT DELTA	00:19:27 (121)	00:03:25	00:39:18 (118)	00:02:01	00:27:41 (122)
116	SOLDYGA PAWEŁ	96	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:20:03 (127)	00:02:50	00:35:54 (68)	00:01:40	00:22:58 (54)
117	MODZELEWSKA MARIA	108	TM IRON TEAM	BYDGOSZCZ	POL	K30-39	TM IRON TEAM	00:20:10 (128)	00:02:46	00:39:03 (117)	00:00:27	00:25:31 (99)
118	KOJRO FILIP	48	PLCK	BYDGOSZCZ	POL	M18-29		00:16:30 (62)	00:06:30	00:43:34 (138)	00:01:07	00:31:03 (141)
119	PIĄTKOWSKI KRYSZTIAN	112	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:18:39 (115)	00:04:27	00:48:34 (151)	00:00:40	00:36:15 (151)
120	LISEWSKI PIOTR	43				M50-59		00:19:52 (124)	00:03:15	00:38:48 (113)	00:01:47	00:25:19 (95)
121	STAŃCZYK KAMIL	79	83 BLP	BAŁTÓW	POL	M30-39		00:19:02 (117)	00:04:23	00:38:41 (111)	00:02:07	00:20:54 (19)
122	WILAND ADAM	101		GRUDZIĄDZ	POL	M18-29		00:18:57 (116)	00:04:29	00:46:57 (148)	00:01:45	00:25:34 (100)
123	PIĄTKOWSKI MATEUSZ	111	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:17:28 (82)	00:06:02	00:45:06 (143)	00:00:54	00:25:41 (101)
124	ZYCHLIŃSKI MIŁOSZ	17	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49		00:20:41 (132)	00:02:52	00:34:17 (45)	00:01:50	00:22:55 (52)
125	ŻEGLICZ MAREK	84	SPÓJNIA BIAŁE BŁOTA	BIAŁE BŁOTA	POL	M18-29		00:18:38 (114)	00:04:56	00:37:15 (92)	00:01:43	00:24:46 (86)
126	RUTKOWSKI TOMASZ	110	OLIMPIA SPORT	POZNAŃ	POL	M30-39		00:19:54 (125)	00:03:42	00:37:15 (90)	00:01:56	00:23:38 (63)
127	STĘPSKA MAŁGOSIA	18	B3T	KRAKÓW	POL	K50-59		00:20:25 (130)	00:03:12	00:38:14 (107)	00:00:59	00:28:03 (126)
128	FIGLER IWONA	151	TRISPACE/TREK	NIEMCZ	POL	K50-59		00:21:03 (137)	00:02:39	00:35:58 (69)	00:01:16	00:23:58 (69)
129	PIĄTKOWSKI MARIUSZ	113	TRIFECTA	BYDGOSZCZ	POL	M50-59	TRIFECTA	00:19:21 (118)	00:04:24	00:47:44 (149)	00:00:41	00:36:15 (150)
130	REPKA MAREK	66	LUPUS TEAM	BYDGOSZCZ	POL	M40-49		00:21:20 (138)	00:02:28	00:34:35 (50)	00:01:23	00:24:48 (89)
131	BŁĄŻEJEWSKA AGNIESZKA	175	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:45 (133)	00:03:22	00:40:17 (125)	00:00:35	00:26:37 (112)
132	KOWALSKI MAREK	85	REKINY OSIELSKO	NIEMCZ	POL	M50-59		00:17:27 (81)	00:06:41	00:39:42 (122)	00:02:23	00:27:29 (120)
133	TOMASZEWSKI MARCIN	147		ŁOCHOWICE	POL	M40-49		00:20:57 (136)	00:03:22	00:37:39 (99)	00:01:22	00:23:09 (57)
134	GARBIEC MIROŚLAW	16		BYDGOSZCZ	POL	M60-69		00:20:46 (134)	00:03:37	00:35:59 (70)	00:02:11	00:24:47 (87)
135	DWOJACZNA-CHRAPKOWSKA ANNA	9	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K30-39	IRON HOUSE TRIATHLON WŁOCLAWEK	00:20:01 (126)	00:04:32	00:40:40 (127)	00:01:59	00:25:41 (102)
136	TOMAŚ MARIUSZ	23	GRAJAN OŁAWA	OŁAWA	POL	M40-49		00:21:36 (140)	00:03:11	00:34:22 (47)	00:01:47	00:22:47 (50)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
137	ZGÓRSKI MACIEJ	7		BYDGOSZCZ	POL	M40-49		00:20:25 (131)	00:04:44	00:38:28 (110)	00:01:37	00:29:07 (133)
138	PASTWA DONATA	1				K50-59	TRISPACE/TREK	00:21:39 (141)	00:03:42	00:43:55 (140)	00:01:04	00:24:11 (76)
139	BIBIK ŁUKASZ	75	RUN DMT	BYDGOSZCZ	POL	M40-49		00:20:22 (129)	00:05:02	00:37:45 (100)	00:02:56	00:28:59 (132)
140	SZABO-MOSKAL IGA	123		BORÓWNO	POL	K50-59		00:21:51 (142)	00:03:45	00:48:03 (150)	00:00:56	00:31:44 (143)
141	CIESIELSKI PIOTR	105	TTRI SPRĘCOWO	MAKSYMILIANOWO	POL	M50-59		00:20:48 (135)	00:05:39	00:50:03 (154)	00:00:35	00:32:25 (146)
142	OSIŃSKI ADAM	46	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M50-59		00:21:33 (139)	00:05:00	00:37:50 (103)	00:01:56	00:24:44 (85)
143	MORZYŃSKI STANISŁAW	90		KCYNIA	POL	M40-49		00:23:09 (144)	00:03:38	00:38:59 (116)	00:02:35	00:28:17 (127)
144	IDZIŃSKA NATALIA	78	BRAK- OS.PRYWATNA	BYDGOSZCZ	POL	K30-39		00:23:13 (145)	00:04:11	00:55:52 (156)	00:00:30	00:30:15 (138)
145	FIEGEL KATARZYNA	15	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	TRISPACE/TREK	00:25:26 (152)	00:02:15	00:43:37 (139)	00:01:14	00:26:01 (105)
146	MONTOWSKI JAN	74	OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:24:03 (149)	00:03:57	00:40:29 (126)	00:00:52	00:30:51 (140)
147	DOBRZYŃSKA EWA	54		BYDGOSZCZ	POL	K30-39		00:23:53 (147)	00:04:33	00:45:28 (144)	00:01:44	00:23:42 (64)
148	CZYŻEWSKI PIOTR	3		BRZOZA	POL	M30-39		00:23:44 (146)	00:04:46	00:41:38 (131)	00:02:34	00:37:59 (153)
149	KLIN PAULINA	69		CZERSK	POL	K30-39		00:24:16 (150)	00:04:15	00:45:30 (145)	00:01:19	00:28:48 (131)
150	SAWICKI WALDEMAR	22		BYDGOSZCZ	POL	M80+		00:23:57 (148)	00:04:52	00:46:36 (147)	00:00:57	00:42:49 (154)
151	BŁASZKIEWICZ MARZENA	166	ENEA BYDGOSZCZ TRIATHLON		POL	K30-39		00:24:34 (151)	00:04:30	00:49:34 (153)	00:01:02	00:34:24 (148)
152	ANDRZEJEWSKI RYSZARD	138	ŻÓŁTOKRÓLEWSCY	BYDGOSZCZ	POL	M70-79		00:22:36 (143)	00:06:35	00:42:06 (132)	00:01:53	00:28:42 (130)
153	KOZŁOWSKA MAŁGORZATA	137	PTT DELTA	PŁOCK	POL	K40-49		00:25:28 (153)	00:04:57	00:44:56 (142)	00:01:03	00:33:43 (147)
154	MIKA ALDONA	102		BYDGOSZCZ	POL	K50-59		00:26:14 (154)	00:06:09	00:48:44 (152)		
155	NOWAK ANDRZEJ	131		KORONOWO	POL	M60-69		00:29:30 (155)	00:06:01	00:55:03 (155)	00:02:21	00:47:00 (155)
156	WIŚNIEWSKI KRZYSZTOF	127	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	TRISPACE/TREK	00:36:29 (156)	00:04:02	00:42:31 (134)	00:01:44	00:36:28 (152)
	NOWAKOWSKI MARCIN	114	TRIFECTA	BYDGOSZCZ	POL	M40-49	TRIFECTA	DNF (0)	00:00:00	00:00:00 (0)	00:00:00	00:00:00 (0)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	NOWAK MARTYNA	121	3 GRAVITY	BYDGOSZCZ	POL	K18-29		00:12:30	00:02:43	00:35:23	00:00:56	00:22:49
2	CABAJ MARTYNA	11	IM INSPIRATION	BYDGOSZCZ	POL	K18-29		00:14:19	00:02:42	00:35:28	00:01:29	00:27:59
3	ŻMICH-FÓRMANIAK JOANNA	107	TM IRON TEAM	BYDGOSZCZ	POL	K40-49	TM IRON TEAM	00:14:28	00:02:46	00:33:00	00:01:01	00:22:43
4	HIGSON ALEKSANDRA	94	DURHAM UNIVERSITY	BYDGOSZCZ	POL	K18-29		00:14:25	00:02:51	00:38:42	00:00:28	00:23:49

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
5	BOHDANOWICZ PATRYCJA	141		BYDGOSZCZ	POL	K30-39		00:15:17	00:02:28	00:35:26	00:01:10	00:24:42
6	PIETRZAK AGATA	142		BYDGOSZCZ	POL	K30-39		00:14:57	00:02:57	00:38:56	00:01:28	00:27:27
7	MALINOWSKA EWELINA	86		WARSZAWA	POL	K40-49		00:15:36	00:02:18	00:37:50	00:01:23	00:25:13
8	WARCZAK KATARZYNA	67	FCNB/TEAMOCHAL	BYDGOSZCZ	POL	K40-49	TEAMOCHAL	00:15:49	00:02:40	00:36:07	00:00:52	00:24:05
9	WASILEWSKA MARTYNA	93	AMS BYDGOSZCZ	BYDGOSZCZ	POL	K30-39	AKADEMIA MISTRZÓW SPORTU	00:16:07	00:02:46	00:37:22	00:01:03	00:22:38
10	PALETA ELŻBIETA	2	TM IRON TEAM	KATOWICE	POL	K18-29	TM IRON TEAM	00:16:10	00:03:03	00:38:50	00:01:24	00:21:48
11	NOWAK ANIA	155		SIEKIERKI WIELKIE	POL	K30-39		00:17:13	00:02:09	00:33:06	00:01:08	00:21:38
12	WASILEWSKA AGATA	92	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	K40-49	AKADEMIA MISTRZÓW SPORTU	00:17:01	00:02:51	00:36:28	00:01:09	00:24:34
13	PRZYBYŁA AGNIESZKA	83		BYDGOSZCZ	POL	K40-49		00:16:38	00:03:23	00:39:45	00:00:30	00:25:28
14	LICHOCKA PATRYCJA	154	BS TRI	POZNAŃ	POL	K18-29		00:17:33	00:02:33	00:37:15	00:01:07	00:22:25
15	MOJSIEWICZ NATALIA	87		WARSZAWA	POL	K18-29		00:17:29	00:02:56	00:36:41	00:01:25	00:28:40
16	DOROTA DULIŃSKA	82	TRISPACE/TREK	NIEMCZ	POL	K40-49		00:17:52	00:02:50	00:35:36	00:01:05	00:26:56
17	GOLATA AGNIESZKA	164	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	K40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:18:17	00:02:58	00:38:28	00:01:29	00:27:48
18	LICZNIERSKA ALINA	150	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:19:24	00:02:06	00:36:44	00:00:53	00:22:15
19	NOWAKOWSKA NATALIA	53		BYDGOSZCZ	POL	K30-39		00:19:29	00:02:27	00:44:43	00:00:55	00:32:24
20	SURWIŁO-RUTKOWSKA JUSTYNA	109	OLIMPIA SPORT	POZNAŃ	POL	K30-39		00:17:42	00:04:14	00:40:48	00:01:10	00:28:24
21	MODZELEWSKA MARIA	108	TM IRON TEAM	BYDGOSZCZ	POL	K30-39	TM IRON TEAM	00:20:10	00:02:46	00:39:03	00:00:27	00:25:31
22	STĘPSKA MAŁGOSIA	18	B3T	KRAKÓW	POL	K50-59		00:20:25	00:03:12	00:38:14	00:00:59	00:28:03
23	FIGLER IWONA	151	TRISPACE/TREK	NIEMCZ	POL	K50-59		00:21:03	00:02:39	00:35:58	00:01:16	00:23:58
24	BŁĄŻEJEWSKA AGNIESZKA	175	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:45	00:03:22	00:40:17	00:00:35	00:26:37
25	DWOJACZNA-CHRAPKOWSKA ANNA	9	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K30-39	IRON HOUSE TRIATHLON WŁOCŁAWEK	00:20:01	00:04:32	00:40:40	00:01:59	00:25:41
26	PASTWA DONATA	1				K50-59	TRISPACE/TREK	00:21:39	00:03:42	00:43:55	00:01:04	00:24:11
27	SZABO-MOSKAL IGA	123		BORÓWNO	POL	K50-59		00:21:51	00:03:45	00:48:03	00:00:56	00:31:44
28	IDZIŃSKA NATALIA	78	BRAK- OS.PRYWATNA	BYDGOSZCZ	POL	K30-39		00:23:13	00:04:11	00:55:52	00:00:30	00:30:15
29	FIEGEL KATARZYNA	15	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	TRISPACE/TREK	00:25:26	00:02:15	00:43:37	00:01:14	00:26:01
30	DOBRZYŃSKA EWA	54		BYDGOSZCZ	POL	K30-39		00:23:53	00:04:33	00:45:28	00:01:44	00:23:42
31	KLIN PAULINA	69		CZERSK	POL	K30-39		00:24:16	00:04:15	00:45:30	00:01:19	00:28:48
32	BŁASZKIEWICZ MARZENA	166	ENEA BYDGOSZCZ TRIATHLON		POL	K30-39		00:24:34	00:04:30	00:49:34	00:01:02	00:34:24

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
33	KOZŁOWSKA MAŁGORZATA	137	PTT DELTA	ŁÓDŹ	POL	K40-49		00:25:28	00:04:57	00:44:56	00:01:03	00:33:43
34	MIKA ALDONA	102		BYDGOSZCZ	POL	K50-59		00:26:14	00:06:09	00:48:44		

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ISKRA PAWEŁ	148	7PRO TEAM	ZIELENIEWO	POL	M30-39		00:10:54	00:02:05	00:30:03	00:00:26	00:19:34
2	FRUKACZ KAMIL	63	SPORTLEVEL TCZEW	TCZEW	POL	M18-29		00:11:47	00:02:17	00:32:40	00:01:07	00:20:42
3	KARSKI KACPER	98		INOWROCŁAW	POL	M18-29		00:11:32	00:02:34	00:33:34	00:00:47	00:21:12
4	RYMER JAKUB	162	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:12:09	00:02:00	00:30:21	00:00:31	00:19:55
5	PTASZEK TOMASZ	157	WANIEWSKI COACHING	GDYNIA	POL	M30-39		00:12:11	00:02:03	00:31:09	00:00:55	00:20:30
6	MŁYŃCZAK JAKUB	152	GVT	GLIWICE	POL	M18-29		00:12:16	00:01:59	00:31:20	00:00:42	00:18:52
7	BEDNARCZYK TOMASZ	41	BIKE U UP	GDYNIA	POL	M30-39		00:12:19	00:02:02	00:30:05	00:00:26	00:19:20
8	WIĘCKOWSKI DARIUSZ	72	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:12:41	00:02:19	00:33:05	00:00:56	00:22:42
9	MAAS OLIVER	159	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:36	00:02:25	00:37:48	00:00:45	00:19:17
10	PEKRUL WOJCIECH	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29		00:12:46	00:02:16	00:32:22	00:01:02	00:21:04
11	PLUTA GNIEWOMIR	118	UKS TRS SUSZ	BYDGOSZCZ	POL	M40-49		00:12:59	00:02:21	00:31:51	00:00:45	00:21:12
12	FÓRMANIAK PIOTR	104	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:13:13	00:02:08	00:32:05	00:01:13	00:21:41
13	KOWALIKOWSKI DANIEL	119	TM IRON TEAM	BYDGOSZCZ	POL	M30-39	TM IRON TEAM	00:13:34	00:02:07	00:30:57	00:00:49	00:21:10
14	MAZUR WOJCIECH	158		BYDGOSZCZ	POL	M30-39		00:13:16	00:02:30	00:31:59	00:01:07	00:22:10
15	ZIELINSKI NICOLAS	91	ELENSPORT.PL SKLEPY SPORTOWE	OSIELSKO	POL	M18-29	ELENSPORT.PL	00:14:00	00:01:55	00:32:58	00:00:48	00:20:29
16	BISKUPSKI CEZARY	27	TRISPACE/TREK			M30-39		00:14:12	00:02:01	00:29:46	00:00:47	00:20:41
17	LICZNIERSKI MAREK	10	OWOCBIEGATEAM	PLEWISKA	POL	M30-39	OWOCBIEGATEAM	00:13:43	00:02:35	00:32:14	00:01:03	00:21:08
18	SZEWCUK PATRYK	55	SPORT ZDROWIE KONDYCJA	ŚWIECIE	POL	M30-39		00:14:34	00:01:46	00:31:03	00:00:57	00:21:33
19	ŁOPUSZYŃSKI KRZYSZTOF	61	LANGE TRI COACH/H2OSHOP.PL	BYDGOSZCZ	POL	M30-39		00:14:20	00:02:11	00:29:41	00:00:14	00:19:42
20	BARTKOWIAK DAWID	130		PIŁA	POL	M40-49		00:14:33	00:02:01	00:31:48	00:00:47	00:21:52
21	DUDKOWIAK MICHAŁ	178	DUDKOWIAK ADWOKACI	POZNAŃ	POL	M30-39		00:14:14	00:02:31	00:35:07	00:00:42	00:25:19
22	GOŁATA WOJCIECH	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	M40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:15:07	00:01:57	00:33:54	00:01:09	00:20:39
23	PRĄDZYŃSKI MARCIN	89	AKADEMIAMISTRZOWSPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:14:40	00:02:28	00:33:21	00:00:52	00:21:19

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
24	WARGACKI PIOTR	124	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:14:47	00:02:23	00:32:21	00:01:09	00:23:15
25	SKORECKI ALEKSANDER	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	BYDGOSZCZ	POL	M30-39	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	00:14:34	00:02:41	00:35:22	00:01:01	00:22:25
26	NOWICKI BARTOSZ	106	AQUA+	BYDGOSZCZ	POL	M30-39		00:14:44	00:02:32	00:32:53	00:00:56	00:22:45
27	SOBCZAK MARCIN	174	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:15:11	00:02:08	00:34:04	00:01:05	00:24:06
28	BRZEZINSKI ŁUKASZ	173	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39	ASSECO ACTIVE TEAM	00:14:47	00:02:37	00:33:28	00:01:00	00:21:49
29	FRĄCKOWSKI ŁUKASZ	4	THE TRI DOCTOR	BYDGOSZCZ	POL	M30-39		00:13:59	00:03:27	00:37:24	00:01:44	00:32:07
30	DULIŃSKI BARTOSZ	140	TRISPACE/TREK	NIEMCZ	POL	M18-29	TRISPACE/TREK	00:15:20	00:02:13	00:33:41	00:01:56	00:21:10
31	ŚLIWIŃSKI ŁUKASZ	170	ERPLAST/BOGMAR	OSTROMECKO	POL	M30-39	BOGMAR / ERPLAST	00:15:35	00:02:00	00:30:01	00:01:03	00:19:48
32	SUDZIŃSKI HUBERT	42		SĘPÓLNO KRAJEŃSKIE		M18-29	TRISPACE/TREK	00:15:31	00:02:04	00:31:37	00:01:00	00:19:10
33	BINKOWSKI ADRIAN	135	CTS/CB163	GZIN	POL	M40-49		00:15:39	00:01:56	00:32:13	00:01:10	00:22:34
34	AUGUSTYNIAK GRZEGORZ	132	PTTDELTA	SŁUPNO	POL	M50-59		00:14:29	00:03:07	00:33:55	00:01:30	00:22:35
35	KOTŁOWSKI BARTOSZ	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:15:43	00:02:00	00:34:29	00:01:02	00:17:24
36	DEPTUŁA GRZEGORZ	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	OSIELSKO	POL	M40-49		00:15:10	00:02:34	00:33:14	00:01:06	00:20:02
37	NOWAK PAWEŁ	156		SIEKIERKI WIELKIE	POL	M40-49		00:15:34	00:02:10	00:30:35	00:00:58	00:19:04
38	PUZIAK MARCIN	76		BYDGOSZCZ	POL	M40-49		00:15:04	00:02:50	00:37:18	00:01:05	00:24:04
39	GÓRNY BARTOSZ	133	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:15:26	00:02:43	00:33:59	00:01:48	00:22:15
40	GACKA RAFAL	116	LUPUS TEAM	STRZELEWO	POL	M40-49	LUPUS TEAM	00:15:44	00:02:33	00:31:46	00:01:28	00:20:22
41	LEWANDOWSKI OSKAR	29		KRUSZWICA	POL	M18-29		00:15:53	00:02:24	00:35:09	00:01:30	00:22:40
42	DAWIDOWSKI MAREK	144	POMIMO TEAM / KARTUZY	KARTUZY	POL	M30-39		00:16:10	00:02:16	00:36:09	00:01:15	00:22:12
43	FABROWSKI DAWID	125				M40-49	CTS	00:15:07	00:03:20	00:36:55	00:01:36	00:26:32
44	DROBINSKI DANIEL	33		BYDGOSZCZ	POL	M30-39		00:15:40	00:03:06	00:32:53	00:01:09	00:20:22
45	ZALEWSKI MARCIN	100		ŻYRARDÓW	POL	M30-39		00:16:15	00:02:41	00:35:37	00:01:06	00:24:08
46	PEZACKI SZYMON	57	NIEMCZ BIKE ACADEMY	NIEMCZ	POL	M18-29		00:15:12	00:03:47	00:36:38	00:02:16	00:25:44
47	SOBCZYŃSKI MICHAŁ	99		TRYSZCZYN	POL	M30-39		00:16:12	00:03:01	00:37:56	00:01:39	00:26:44
48	TROŚCIANIEC TOMASZ	139	GRAJAN TEAM OŁAWA	OŁAWA	POL	M30-39		00:16:15	00:03:12	00:36:10	00:01:56	00:25:10
49	GIERES WALDEMAR	5	PTT DELTA	PŁOCK	POL	M50-59	PTT DELTA	00:17:31	00:02:07	00:33:02	00:00:59	00:23:04
50	SKÓRCZEWSKI MARCIN	25				M18-29		00:16:31	00:03:13	00:36:03	00:01:43	00:27:20
51	GILL DANIEL	167	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:16:47	00:03:00	00:33:31	00:01:26	00:23:13

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
52	ŁATKA MARCIN	12		MYŚLECINEK	POL	M40-49		00:16:50	00:03:00	00:40:52	00:01:28	00:27:41
53	KNYPIŃSKI WOJCIECH	45		BYDGOSZCZ	POL	M30-39		00:16:41	00:03:11	00:35:40	00:01:47	00:21:54
54	ZAMOYSKI PIOTR	56		BRWINÓW	POL	M30-39		00:17:26	00:02:43	00:37:09	00:01:20	00:25:01
55	GALICKI JAKUB	171	AKADEMIA MISTRZÓW SPORTU	BRZOZA	POL	M40-49		00:17:07	00:03:03	00:37:16	00:01:26	00:24:02
56	BRYLL ŁUKASZ	77	BKK TRI TEAM	KRUSZYN KRAJEŃSKI	POL	M30-39		00:17:00	00:03:15	00:36:58	00:01:26	00:24:47
57	ZIELIŃSKI MACIEJ	88	ELENSPORT.PL	BYDGOSZCZ	POL	M30-39	ELENSPORT.PL	00:17:23	00:02:58	00:33:30	00:01:12	00:22:55
58	KLIMEK PRZEMYSŁAW	59	TOYOTA JAWORSKI AUTO	BYDGOSZCZ	POL	M18-29		00:17:23	00:02:59	00:39:35	00:01:03	00:29:45
59	ŻELAZNY MARCIN	38		BYDGOSZCZ	POL	M50-59		00:15:34	00:04:51	00:42:07	00:02:04	00:30:45
60	BOHDANOWICZ JAROSŁAW	149	OLIMPIASPORT.PL	NIEMCZ	POL	M60-69		00:16:57	00:03:30	00:38:18	00:01:39	00:29:32
61	STRYCZYŃSKI MAREK	71				M30-39		00:17:18	00:03:16	00:35:41	00:01:44	00:24:29
62	GÓRNY BARTŁOMIEJ	13		KOŚCIELECZKI	POL	M40-49		00:18:07	00:02:27	00:35:29	00:01:19	00:24:42
63	KUŹMA WOJCIECH	28		BYDGOSZCZ	POL	M50-59		00:17:51	00:02:46	00:35:20	00:01:11	00:25:48
64	NOWOTNIK MARIUSZ	169		BYDGOSZCZ	POL	M40-49		00:17:51	00:02:46	00:36:01	00:01:09	00:24:20
65	BOIŃSKI BARTOSZ	60		BYDGOSZCZ	POL	M30-39		00:17:30	00:03:14	00:37:35	00:02:13	00:24:50
66	LUDWINIAK BOGDAN	65		BYDGOSZCZ	POL	M50-59		00:17:55	00:02:50	00:36:32	00:01:35	00:29:25
67	RIINA EDOARDO	39		ZGORZAŁA	ITA	M40-49		00:16:10	00:04:35	00:39:41	00:01:31	00:26:59
68	OZOROWSKI LUKASZ	120		SZEMBEKOWO	POL	M40-49		00:16:53	00:03:54	00:35:14	00:01:21	00:22:22
69	ZEVALLOS ROBERT	58		BIGGIN HILL	GBR	M18-29		00:17:36	00:03:15	00:39:44	00:00:59	00:26:25
70	RUCIŃSKI RAFAŁ	8	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	SELEKCJA NATURALNA	00:18:28	00:02:24	00:34:56	00:01:33	00:24:14
71	CHODKIEWICZ TOMASZ	31	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:17:26	00:03:27	00:33:10	00:01:19	00:21:31
72	GABRYCH MACIEJ	34	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:54	00:03:05	00:37:02	00:01:06	00:24:21
73	GUMIŃSKI SZYMON	160		NIWY	POL	M30-39		00:16:46	00:04:13	00:42:46	00:02:40	00:24:49
74	TOMASZEWSKI MATEUSZ	134	GRAJAN OŁAWA	OŁAWA	POL	M30-39		00:17:49	00:03:17	00:43:11	00:01:04	00:23:00
75	KARCZEWSKI FILIP	20		BYDGOSZCZ	POL	M30-39		00:18:14	00:02:54	00:33:13	00:00:52	00:23:26
76	PACZKOWSKI MIROŚŁAW	32		BYDGOSZCZ	POL	M50-59		00:17:13	00:04:00	00:36:05	00:01:46	00:22:33
77	MALINOWSKI ARTUR	115		MAKSYMILIANOWO	POL	M50-59		00:17:40	00:03:34	00:35:11	00:01:27	00:24:02
78	GIEDRYS ROMAN	145		TUCHOLA	POL	M50-59		00:17:57	00:03:18	00:34:19	00:01:02	00:23:51
79	KLONOWSKI MARIUSZ	179	PRIMIGENIUS	ŁOCHOWO	POL	M40-49		00:18:18	00:02:57	00:35:23	00:01:26	00:23:46
80	BOROWSKI RADOSŁAW	40	MLKS KRAJNA SĘPÓLNO	BYDGOSZCZ	POL	M30-39		00:18:19	00:02:58	00:36:21	00:01:11	00:25:21

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
81	WŁUDARSKI MARCIN	128		BYDGOSZCZ	POL	M30-39		00:03:51	00:17:26	00:41:15	00:00:43	00:26:16
82	CZACHOWSKI JACEK	176	KS OPLAWIEC	BYDGOSZCZ	POL	M30-39		00:18:21	00:02:57	00:37:32	00:00:43	00:24:39
83	BUDZIK IRENEUSZ	129	PETNER TEAM	BYDGOSZCZ	POL	M50-59		00:18:31	00:02:53	00:33:20	00:01:14	00:23:20
84	CIUPA JAROSŁAW	80	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:01	00:03:24	00:33:29	00:02:00	00:23:51
85	URBAŃSKI DAWID	97		BYDGOSZCZ	POL	M40-49		00:17:50	00:03:35	00:38:12	00:01:46	00:26:04
86	SADKIEWICZ JACEK	172	RACING TEAM	OSIELSKO	POL	M50-59		00:17:56	00:03:40	00:36:59	00:01:39	00:31:32
87	LICA GRZEGORZ	103		BYDGOSZCZ	POL	M40-49		00:17:54	00:03:55	00:35:21	00:01:58	00:27:42
88	MONTOWSKI JAKUB	49		BYDGOSZCZ	POL	M40-49		00:18:07	00:03:45	00:37:57	00:01:10	00:27:22
89	KOLASSA ROBERT	95		MUROWANIEC	POL	M30-39		00:18:27	00:03:29	00:39:24	00:00:29	00:23:17
90	WOŹNIAK RADEK	143		BYDGOSZCZ	POL	M30-39		00:19:24	00:02:33	00:34:27	00:01:08	00:26:35
91	WIŚNIEWSKI MIKOŁAJ	52		BYDGOSZCZ	POL	M40-49		00:19:31	00:02:42	00:42:53	00:00:58	00:29:53
92	PAPIEROWSKI PIOTR	50	ATOS	OSIELSKO	POL	M30-39		00:18:12	00:04:13	00:36:53	00:01:25	00:26:46
93	CHMURA MACIEJ	14	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:52	00:04:40	00:36:58	00:01:43	00:26:33
94	DÜCHTING BENJAMIN	36		BERLIN	GER	M30-39		00:17:58	00:04:41	00:45:34	00:01:33	00:35:58
95	MISZTELA DARIUSZ	73	PTT DELTA	PLOCK	POL	M60-69	PTT DELTA	00:19:27	00:03:25	00:39:18	00:02:01	00:27:41
96	SOŁDYGA PAWEŁ	96	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:20:03	00:02:50	00:35:54	00:01:40	00:22:58
97	KOJRO FILIP	48	PLCK	BYDGOSZCZ	POL	M18-29		00:16:30	00:06:30	00:43:34	00:01:07	00:31:03
98	PIĄTKOWSKI KRYSZTIAN	112	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:18:39	00:04:27	00:48:34	00:00:40	00:36:15
99	LISEWSKI PIOTR	43				M50-59		00:19:52	00:03:15	00:38:48	00:01:47	00:25:19
100	STAŃCZYK KAMIL	79	83 BLP	BAŁTÓW	POL	M30-39		00:19:02	00:04:23	00:38:41	00:02:07	00:20:54
101	WILAND ADAM	101		GRUDZIĄDZ	POL	M18-29		00:18:57	00:04:29	00:46:57	00:01:45	00:25:34
102	PIĄTKOWSKI MATEUSZ	111	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:17:28	00:06:02	00:45:06	00:00:54	00:25:41
103	ŻYCHLIŃSKI MIŁOSZ	17	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49		00:20:41	00:02:52	00:34:17	00:01:50	00:22:55
104	ŻEGLICZ MAREK	84	SPÓJNIA BIAŁE BŁOTA	BIAŁE BŁOTA	POL	M18-29		00:18:38	00:04:56	00:37:15	00:01:43	00:24:46
105	RUTKOWSKI TOMASZ	110	OLIMPIA SPORT	POZNAŃ	POL	M30-39		00:19:54	00:03:42	00:37:15	00:01:56	00:23:38
106	PIĄTKOWSKI MARIUSZ	113	TRIFECTA	BYDGOSZCZ	POL	M50-59	TRIFECTA	00:19:21	00:04:24	00:47:44	00:00:41	00:36:15
107	REPKA MAREK	66	LUPUS TEAM	BYDGOSZCZ	POL	M40-49		00:21:20	00:02:28	00:34:35	00:01:23	00:24:48
108	KOWALSKI MAREK	85	REKINY OSIELSKO	NIEMCZ	POL	M50-59		00:17:27	00:06:41	00:39:42	00:02:23	00:27:29
109	TOMASZEWSKI MARCIN	147		ŁOCHOWICE	POL	M40-49		00:20:57	00:03:22	00:37:39	00:01:22	00:23:09

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
110	GARBIEC MIROSLAW	16		BYDGOSZCZ	POL	M60-69		00:20:46	00:03:37	00:35:59	00:02:11	00:24:47
111	TOMASZ MARIUSZ	23	GRAJAN OŁAWA	OŁAWA	POL	M40-49		00:21:36	00:03:11	00:34:22	00:01:47	00:22:47
112	ZGÓRSKI MACIEJ	7		BYDGOSZCZ	POL	M40-49		00:20:25	00:04:44	00:38:28	00:01:37	00:29:07
113	BIBIK ŁUKASZ	75	RUN DMT	BYDGOSZCZ	POL	M40-49		00:20:22	00:05:02	00:37:45	00:02:56	00:28:59
114	CIESIELSKI PIOTR	105	TTRI SPRĘCOWO	MAKSYMILIANOWO	POL	M50-59		00:20:48	00:05:39	00:50:03	00:00:35	00:32:25
115	OSIŃSKI ADAM	46	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M50-59		00:21:33	00:05:00	00:37:50	00:01:56	00:24:44
116	MORZYŃSKI STANISŁAW	90		KCYNIA	POL	M40-49		00:23:09	00:03:38	00:38:59	00:02:35	00:28:17
117	MONTOWSKI JAN	74	OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:24:03	00:03:57	00:40:29	00:00:52	00:30:51
118	CZYŻEWSKI PIOTR	3		BRZOZA	POL	M30-39		00:23:44	00:04:46	00:41:38	00:02:34	00:37:59
119	SAWICKI WALDEMAR	22		BYDGOSZCZ	POL	M80+		00:23:57	00:04:52	00:46:36	00:00:57	00:42:49
120	ANDRZEJEWSKI RYSZARD	138	ŻÓŁTOKRÓLEWCY	BYDGOSZCZ	POL	M70-79		00:22:36	00:06:35	00:42:06	00:01:53	00:28:42
121	NOWAK ANDRZEJ	131		KORONOWO	POL	M60-69		00:29:30	00:06:01	00:55:03	00:02:21	00:47:00
122	WIŚNIEWSKI KRZYSZTOF	127	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	TRISPACE/TREK	00:36:29	00:04:02	00:42:31	00:01:44	00:36:28
	NOWAKOWSKI MARCIN	114	TRIFECTA	BYDGOSZCZ	POL	M40-49	TRIFECTA	DNF	00:00:00	00:00:00	00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ISKRA PAWEŁ	148	7PRO TEAM	ZIELENIEWO	POL	M30-39		00:10:54	00:02:05	00:30:03	00:00:26	00:19:34
2	FRUKACZ KAMIL	63	SPORTLEVEL TCZEW	TCZEW	POL	M18-29		00:11:47	00:02:17	00:32:40	00:01:07	00:20:42
3	KARSKI KACPER	98		INOWROCLAW	POL	M18-29		00:11:32	00:02:34	00:33:34	00:00:47	00:21:12
4	RYMER JAKUB	162	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:12:09	00:02:00	00:30:21	00:00:31	00:19:55
5	PTASZEK TOMASZ	157	WANIEWSKI COACHING	GDYNIA	POL	M30-39		00:12:11	00:02:03	00:31:09	00:00:55	00:20:30
6	MŁYŃCZAK JAKUB	152	GVT	GLIWICE	POL	M18-29		00:12:16	00:01:59	00:31:20	00:00:42	00:18:52
7	BEDNARCZYK TOMASZ	41	BIKE U UP	GDYNIA	POL	M30-39		00:12:19	00:02:02	00:30:05	00:00:26	00:19:20
8	WIĘCKOWSKI DARIUSZ	72	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:12:41	00:02:19	00:33:05	00:00:56	00:22:42
9	MAAS OLIVER	159	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:36	00:02:25	00:37:48	00:00:45	00:19:17
10	PEKRUL WOJCIECH	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29		00:12:46	00:02:16	00:32:22	00:01:02	00:21:04
11	NOWAK MARTYNA	121	3 GRAVITY	BYDGOSZCZ	POL	K18-29		00:12:30	00:02:43	00:35:23	00:00:56	00:22:49

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
12	PLUTA GNIEWOMIR	118	UKS TRS SUSZ	BYDGOSZCZ	POL	M40-49		00:12:59	00:02:21	00:31:51	00:00:45	00:21:12
13	FÓRMANIAK PIOTR	104	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:13:13	00:02:08	00:32:05	00:01:13	00:21:41
14	KOWALIKOWSKI DANIEL	119	TM IRON TEAM	BYDGOSZCZ	POL	M30-39	TM IRON TEAM	00:13:34	00:02:07	00:30:57	00:00:49	00:21:10
15	MAZUR WOJCIECH	158		BYDGOSZCZ	POL	M30-39		00:13:16	00:02:30	00:31:59	00:01:07	00:22:10
16	ZIELINSKI NICOLAS	91	ELENSPORT.PL SKLEPY SPORTOWE	OSIELSKO	POL	M18-29	ELENSPORT.PL	00:14:00	00:01:55	00:32:58	00:00:48	00:20:29
17	BISKUPSKI CEZARY	27	TRISPACE/TREK			M30-39		00:14:12	00:02:01	00:29:46	00:00:47	00:20:41
18	LICZNIERSKI MAREK	10	OWOCBIEGATEAM	PLEWISKA	POL	M30-39	OWOCBIEGATEAM	00:13:43	00:02:35	00:32:14	00:01:03	00:21:08
19	SZEWCUK PATRYK	55	SPORT ZDROWIE KONDYCJA	ŚWIECIE	POL	M30-39		00:14:34	00:01:46	00:31:03	00:00:57	00:21:33
20	ŁOPUSZYŃSKI KRZYSZTOF	61	LANGE TRI COACH/H2OSHOP.PL	BYDGOSZCZ	POL	M30-39		00:14:20	00:02:11	00:29:41	00:00:14	00:19:42
21	BARTKOWIAK DAWID	130		PIŁA	POL	M40-49		00:14:33	00:02:01	00:31:48	00:00:47	00:21:52
22	DUDKOWIAK MICHAŁ	178	DUDKOWIAK ADWOKACI	POZNAŃ	POL	M30-39		00:14:14	00:02:31	00:35:07	00:00:42	00:25:19
23	CABAJ MARTYNA	11	IM INSPIRATION	BYDGOSZCZ	POL	K18-29		00:14:19	00:02:42	00:35:28	00:01:29	00:27:59
24	GOLATA WOJCIECH	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	M40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:15:07	00:01:57	00:33:54	00:01:09	00:20:39
25	PRĄDZYŃSKI MARCIN	89	AKADEMIAMISTRZOWSPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:14:40	00:02:28	00:33:21	00:00:52	00:21:19
26	WARGACKI PIOTR	124	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:14:47	00:02:23	00:32:21	00:01:09	00:23:15
27	ŻMICH-FÓRMANIAK JOANNA	107	TM IRON TEAM	BYDGOSZCZ	POL	K40-49	TM IRON TEAM	00:14:28	00:02:46	00:33:00	00:01:01	00:22:43
28	SKORECKI ALEKSANDER	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	BYDGOSZCZ	POL	M30-39	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	00:14:34	00:02:41	00:35:22	00:01:01	00:22:25
29	NOWICKI BARTOSZ	106	AQUA+	BYDGOSZCZ	POL	M30-39		00:14:44	00:02:32	00:32:53	00:00:56	00:22:45
30	HIGSON ALEKSANDRA	94	DURHAM UNIVERSITY	BYDGOSZCZ	POL	K18-29		00:14:25	00:02:51	00:38:42	00:00:28	00:23:49
31	SOBCZAK MARCIN	174	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:15:11	00:02:08	00:34:04	00:01:05	00:24:06
32	BRZEZIŃSKI ŁUKASZ	173	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39	ASSECO ACTIVE TEAM	00:14:47	00:02:37	00:33:28	00:01:00	00:21:49
33	FRĄCKOWSKI ŁUKASZ	4	THE TRI DOCTOR	BYDGOSZCZ	POL	M30-39		00:13:59	00:03:27	00:37:24	00:01:44	00:32:07
34	DULIŃSKI BARTOSZ	140	TRISPACE/TREK	NIEMCZ	POL	M18-29	TRISPACE/TREK	00:15:20	00:02:13	00:33:41	00:01:56	00:21:10
35	ŚLIWIŃSKI ŁUKASZ	170	ERPLAST/BOGMAR	OSTROMECKO	POL	M30-39	BOGMAR / ERPLAST	00:15:35	00:02:00	00:30:01	00:01:03	00:19:48
36	SUDZIŃSKI HUBERT	42		SĘPÓLNO KRAJEŃSKIE		M18-29	TRISPACE/TREK	00:15:31	00:02:04	00:31:37	00:01:00	00:19:10
37	BINKOWSKI ADRIAN	135	CTS/CB163	GZIN	POL	M40-49		00:15:39	00:01:56	00:32:13	00:01:10	00:22:34
38	AUGUSTYŃIAK GRZEGORZ	132	PTTDELTA	SŁUPNO	POL	M50-59		00:14:29	00:03:07	00:33:55	00:01:30	00:22:35
39	KOTŁOWSKI BARTOSZ	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:15:43	00:02:00	00:34:29	00:01:02	00:17:24

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
40	DEPTUŁA GRZEGORZ	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	OSIELSKO	POL	M40-49		00:15:10	00:02:34	00:33:14	00:01:06	00:20:02
41	NOWAK PAWEŁ	156		SIEKIERKI WIELKIE	POL	M40-49		00:15:34	00:02:10	00:30:35	00:00:58	00:19:04
42	BOHDANOWICZ PATRYCJA	141		BYDGOSZCZ	POL	K30-39		00:15:17	00:02:28	00:35:26	00:01:10	00:24:42
43	PIETRZAK AGATA	142		BYDGOSZCZ	POL	K30-39		00:14:57	00:02:57	00:38:56	00:01:28	00:27:27
44	PUZIAK MARCIN	76		BYDGOSZCZ	POL	M40-49		00:15:04	00:02:50	00:37:18	00:01:05	00:24:04
45	MALINOWSKA EWELINA	86		WARSZAWA	POL	K40-49		00:15:36	00:02:18	00:37:50	00:01:23	00:25:13
46	GÓRNY BARTOSZ	133	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:15:26	00:02:43	00:33:59	00:01:48	00:22:15
47	GACKA RAFAL	116	LUPUS TEAM	STRZELEWO	POL	M40-49	LUPUS TEAM	00:15:44	00:02:33	00:31:46	00:01:28	00:20:22
48	LEWANDOWSKI OSKAR	29		KRUSZWICA	POL	M18-29		00:15:53	00:02:24	00:35:09	00:01:30	00:22:40
49	DAWIDOWSKI MAREK	144	POMIMO TEAM / KARTUZY	KARTUZY	POL	M30-39		00:16:10	00:02:16	00:36:09	00:01:15	00:22:12
50	FABROWSKI DAWID	125				M40-49	CTS	00:15:07	00:03:20	00:36:55	00:01:36	00:26:32
51	WARCZAK KATARZYNA	67	FCNB/TEAMOCHAL	BYDGOSZCZ	POL	K40-49	TEAMOCHAL	00:15:49	00:02:40	00:36:07	00:00:52	00:24:05
52	DROBINSKI DANIEL	33		BYDGOSZCZ	POL	M30-39		00:15:40	00:03:06	00:32:53	00:01:09	00:20:22
53	WASILEWSKA MARTYNA	93	AMS BYDGOSZCZ	BYDGOSZCZ	POL	K30-39	AKADEMIA MISTRZÓW SPORTU	00:16:07	00:02:46	00:37:22	00:01:03	00:22:38
54	ZALEWSKI MARCIN	100		ŻYRARDÓW	POL	M30-39		00:16:15	00:02:41	00:35:37	00:01:06	00:24:08
55	PEZACKI SZYMON	57	NIEMCZ BIKE ACADEMY	NIEMCZ	POL	M18-29		00:15:12	00:03:47	00:36:38	00:02:16	00:25:44
56	SOBCZYŃSKI MICHAŁ	99		TRYSZCZYN	POL	M30-39		00:16:12	00:03:01	00:37:56	00:01:39	00:26:44
57	PALETA ELŻBIETA	2	TM IRON TEAM	KATOWICE	POL	K18-29	TM IRON TEAM	00:16:10	00:03:03	00:38:50	00:01:24	00:21:48
58	NOWAK ANIA	155		SIEKIERKI WIELKIE	POL	K30-39		00:17:13	00:02:09	00:33:06	00:01:08	00:21:38
59	TROŚCIANIEC TOMASZ	139	GRAJAN TEAM OŁAWA	OŁAWA	POL	M30-39		00:16:15	00:03:12	00:36:10	00:01:56	00:25:10
60	GIERES WALDEMAR	5	PTT DELTA	PŁOCK	POL	M50-59	PTT DELTA	00:17:31	00:02:07	00:33:02	00:00:59	00:23:04
61	SKÓRCZEWSKI MARCIN	25				M18-29		00:16:31	00:03:13	00:36:03	00:01:43	00:27:20
62	GILL DANIEL	167	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:16:47	00:03:00	00:33:31	00:01:26	00:23:13
63	ŁATKA MARCIN	12		MYŚLECINEK	POL	M40-49		00:16:50	00:03:00	00:40:52	00:01:28	00:27:41
64	KNYPIŃSKI WOJCIECH	45		BYDGOSZCZ	POL	M30-39		00:16:41	00:03:11	00:35:40	00:01:47	00:21:54
65	WASILEWSKA AGATA	92	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	K40-49	AKADEMIA MISTRZÓW SPORTU	00:17:01	00:02:51	00:36:28	00:01:09	00:24:34
66	PRZYBYŁA AGNIESZKA	83		BYDGOSZCZ	POL	K40-49		00:16:38	00:03:23	00:39:45	00:00:30	00:25:28
67	LICHOCKA PATRYCJA	154	BS TRI	POZNAŃ	POL	K18-29		00:17:33	00:02:33	00:37:15	00:01:07	00:22:25

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
68	ZAMOYSKI PIOTR	56		BRWINÓW	POL	M30-39		00:17:26	00:02:43	00:37:09	00:01:20	00:25:01
69	GALICKI JAKUB	171	AKADEMIA MISTRZÓW SPORTU	BRZOZA	POL	M40-49		00:17:07	00:03:03	00:37:16	00:01:26	00:24:02
70	BRYLL ŁUKASZ	77	BKK TRI TEAM	KRUSZYN KRAJEŃSKI	POL	M30-39		00:17:00	00:03:15	00:36:58	00:01:26	00:24:47
71	ZIELIŃSKI MACIEJ	88	ELENSPORT.PL	BYDGOSZCZ	POL	M30-39	ELENSPORT.PL	00:17:23	00:02:58	00:33:30	00:01:12	00:22:55
72	KLIMEK PRZEMYSŁAW	59	TOYOTA JAWORSKI AUTO	BYDGOSZCZ	POL	M18-29		00:17:23	00:02:59	00:39:35	00:01:03	00:29:45
73	ŻELAZNY MARCIN	38		BYDGOSZCZ	POL	M50-59		00:15:34	00:04:51	00:42:07	00:02:04	00:30:45
74	MOJSIEWICZ NATALIA	87		WARSZAWA	POL	K18-29		00:17:29	00:02:56	00:36:41	00:01:25	00:28:40
75	BOHDANOWICZ JAROSŁAW	149	OLIMPIASPORT.PL	NIEMCZ	POL	M60-69		00:16:57	00:03:30	00:38:18	00:01:39	00:29:32
76	STRYCZYŃSKI MAREK	71				M30-39		00:17:18	00:03:16	00:35:41	00:01:44	00:24:29
77	GÓRNY BARTŁOMIEJ	13		KOŚCIELECZKI	POL	M40-49		00:18:07	00:02:27	00:35:29	00:01:19	00:24:42
78	KUŹMA WOJCIECH	28		BYDGOSZCZ	POL	M50-59		00:17:51	00:02:46	00:35:20	00:01:11	00:25:48
79	NOWOTNIK MARIUSZ	169		BYDGOSZCZ	POL	M40-49		00:17:51	00:02:46	00:36:01	00:01:09	00:24:20
80	DOROTA DULIŃSKA	82	TRISPACE/TREK	NIEMCZ	POL	K40-49		00:17:52	00:02:50	00:35:36	00:01:05	00:26:56
81	BOIŃSKI BARTOSZ	60		BYDGOSZCZ	POL	M30-39		00:17:30	00:03:14	00:37:35	00:02:13	00:24:50
82	LUDWINIAK BOGDAN	65		BYDGOSZCZ	POL	M50-59		00:17:55	00:02:50	00:36:32	00:01:35	00:29:25
83	RIINA EDOARDO	39		ZGORZAŁA	ITA	M40-49		00:16:10	00:04:35	00:39:41	00:01:31	00:26:59
84	OZOROWSKI LUKASZ	120		SZEMBEKOWO	POL	M40-49		00:16:53	00:03:54	00:35:14	00:01:21	00:22:22
85	ZEVALLOS ROBERT	58		BIGGIN HILL	GBR	M18-29		00:17:36	00:03:15	00:39:44	00:00:59	00:26:25
86	RUCIŃSKI RAFAŁ	8	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	SELEKCJA NATURALNA	00:18:28	00:02:24	00:34:56	00:01:33	00:24:14
87	CHODKIEWICZ TOMASZ	31	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:17:26	00:03:27	00:33:10	00:01:19	00:21:31
88	GABRYCH MACIEJ	34	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:54	00:03:05	00:37:02	00:01:06	00:24:21
89	GUMIŃSKI SZYMON	160		NIWY	POL	M30-39		00:16:46	00:04:13	00:42:46	00:02:40	00:24:49
90	TOMASZEWSKI MATEUSZ	134	GRAJAN OŁAWA	OŁAWA	POL	M30-39		00:17:49	00:03:17	00:43:11	00:01:04	00:23:00
91	KARCZEWSKI FILIP	20		BYDGOSZCZ	POL	M30-39		00:18:14	00:02:54	00:33:13	00:00:52	00:23:26
92	PACZKOWSKI MIROSŁAW	32		BYDGOSZCZ	POL	M50-59		00:17:13	00:04:00	00:36:05	00:01:46	00:22:33
93	MALINOWSKI ARTUR	115		MAKSYMILIANOWO	POL	M50-59		00:17:40	00:03:34	00:35:11	00:01:27	00:24:02
94	GIEDRYS ROMAN	145		TUCHOLA	POL	M50-59		00:17:57	00:03:18	00:34:19	00:01:02	00:23:51
95	KLONOWSKI MARIUSZ	179	PRIMIGENIUS	ŁOCHOWO	POL	M40-49		00:18:18	00:02:57	00:35:23	00:01:26	00:23:46
96	GOŁATA AGNIESZKA	164	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHELIŃSKA	POL	K40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:18:17	00:02:58	00:38:28	00:01:29	00:27:48

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming	T1	Cycling	T2	Race
								0.75km		20km		5km
97	BOROWSKI RADOSŁAW	40	MLKS KRAJNA SEPÓLNO	BYDGOSZCZ	POL	M30-39		00:18:19	00:02:58	00:36:21	00:01:11	00:25:21
98	WŁUDARSKI MARCIN	128		BYDGOSZCZ	POL	M30-39		00:03:51	00:17:26	00:41:15	00:00:43	00:26:16
99	CZACHOWSKI JACEK	176	KS OPŁAWIEC	BYDGOSZCZ	POL	M30-39		00:18:21	00:02:57	00:37:32	00:00:43	00:24:39
100	BUDZIK IRENEUSZ	129	PETNER TEAM	BYDGOSZCZ	POL	M50-59		00:18:31	00:02:53	00:33:20	00:01:14	00:23:20
101	CIUPA JAROSŁAW	80	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:01	00:03:24	00:33:29	00:02:00	00:23:51
102	URBAŃSKI DAWID	97		BYDGOSZCZ	POL	M40-49		00:17:50	00:03:35	00:38:12	00:01:46	00:26:04
103	LICZNIERSKA ALINA	150	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:19:24	00:02:06	00:36:44	00:00:53	00:22:15
104	SADKIEWICZ JACEK	172	RACING TEAM	OSIELSKO	POL	M50-59		00:17:56	00:03:40	00:36:59	00:01:39	00:31:32
105	LICA GRZEGORZ	103		BYDGOSZCZ	POL	M40-49		00:17:54	00:03:55	00:35:21	00:01:58	00:27:42
106	MONTOWSKI JAKUB	49		BYDGOSZCZ	POL	M40-49		00:18:07	00:03:45	00:37:57	00:01:10	00:27:22
107	KOLASSA ROBERT	95		MUROWANIEC	POL	M30-39		00:18:27	00:03:29	00:39:24	00:00:29	00:23:17
108	NOWAKOWSKA NATALIA	53		BYDGOSZCZ	POL	K30-39		00:19:29	00:02:27	00:44:43	00:00:55	00:32:24
109	SURWIŁO-RUTKOWSKA JUSTYNA	109	OLIMPIA SPORT	POZNAŃ	POL	K30-39		00:17:42	00:04:14	00:40:48	00:01:10	00:28:24
110	WOŹNIAK RADEK	143		BYDGOSZCZ	POL	M30-39		00:19:24	00:02:33	00:34:27	00:01:08	00:26:35
111	WIŚNIEWSKI MIKOŁAJ	52		BYDGOSZCZ	POL	M40-49		00:19:31	00:02:42	00:42:53	00:00:58	00:29:53
112	PAPIEROWSKI PIOTR	50	ATOS	OSIELSKO	POL	M30-39		00:18:12	00:04:13	00:36:53	00:01:25	00:26:46
113	CHMURA MACIEJ	14	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:52	00:04:40	00:36:58	00:01:43	00:26:33
114	DÜCHTING BENJAMIN	36		BERLIN	GER	M30-39		00:17:58	00:04:41	00:45:34	00:01:33	00:35:58
115	MISZTELA DARIUSZ	73	PTT DELTA	PLOCK	POL	M60-69	PTT DELTA	00:19:27	00:03:25	00:39:18	00:02:01	00:27:41
116	SOLDYGA PAWEŁ	96	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:20:03	00:02:50	00:35:54	00:01:40	00:22:58
117	MODZELEWSKA MARIA	108	TM IRON TEAM	BYDGOSZCZ	POL	K30-39	TM IRON TEAM	00:20:10	00:02:46	00:39:03	00:00:27	00:25:31
118	KOJRO FILIP	48	PLCK	BYDGOSZCZ	POL	M18-29		00:16:30	00:06:30	00:43:34	00:01:07	00:31:03
119	PIĄTKOWSKI KRYSZTIAN	112	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:18:39	00:04:27	00:48:34	00:00:40	00:36:15
120	LISEWSKI PIOTR	43				M50-59		00:19:52	00:03:15	00:38:48	00:01:47	00:25:19
121	STAŃCZYK KAMIL	79	83 BLP	BAŁTÓW	POL	M30-39		00:19:02	00:04:23	00:38:41	00:02:07	00:20:54
122	WILAND ADAM	101		GRUDZIĄDZ	POL	M18-29		00:18:57	00:04:29	00:46:57	00:01:45	00:25:34
123	PIĄTKOWSKI MATEUSZ	111	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:17:28	00:06:02	00:45:06	00:00:54	00:25:41
124	ŻYCHLIŃSKI MIŁOSZ	17	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49		00:20:41	00:02:52	00:34:17	00:01:50	00:22:55
125	ŻEGLICZ MAREK	84	SPÓJNIA BIAŁE BŁOTA	BIAŁE BŁOTA	POL	M18-29		00:18:38	00:04:56	00:37:15	00:01:43	00:24:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
126	RUTKOWSKI TOMASZ	110	OLIMPIA SPORT	POZNAŃ	POL	M30-39		00:19:54	00:03:42	00:37:15	00:01:56	00:23:38
127	STĘPSKA MAŁGOSIA	18	B3T	KRAKÓW	POL	K50-59		00:20:25	00:03:12	00:38:14	00:00:59	00:28:03
128	FIGLER IWONA	151	TRISPACE/TREK	NIEMCZ	POL	K50-59		00:21:03	00:02:39	00:35:58	00:01:16	00:23:58
129	PIĄTKOWSKI MARIUSZ	113	TRIFECTA	BYDGOSZCZ	POL	M50-59	TRIFECTA	00:19:21	00:04:24	00:47:44	00:00:41	00:36:15
130	REPKA MAREK	66	LUPUS TEAM	BYDGOSZCZ	POL	M40-49		00:21:20	00:02:28	00:34:35	00:01:23	00:24:48
131	BŁĄŻEJEWSKA AGNIESZKA	175	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:45	00:03:22	00:40:17	00:00:35	00:26:37
132	KOWALSKI MAREK	85	REKINY OSIELSKO	NIEMCZ	POL	M50-59		00:17:27	00:06:41	00:39:42	00:02:23	00:27:29
133	TOMASZEWSKI MARCIN	147		ŁOCHOWICE	POL	M40-49		00:20:57	00:03:22	00:37:39	00:01:22	00:23:09
134	GARBIEC MIROSLAW	16		BYDGOSZCZ	POL	M60-69		00:20:46	00:03:37	00:35:59	00:02:11	00:24:47
135	DWOJACZNA-CHRAPKOWSKA ANNA	9	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K30-39	IRON HOUSE TRIATHLON WŁOCLAWEK	00:20:01	00:04:32	00:40:40	00:01:59	00:25:41
136	TOMASZ MARIUSZ	23	GRAJAN OŁAWA	OŁAWA	POL	M40-49		00:21:36	00:03:11	00:34:22	00:01:47	00:22:47
137	ZGÓRSKI MACIEJ	7		BYDGOSZCZ	POL	M40-49		00:20:25	00:04:44	00:38:28	00:01:37	00:29:07
138	PASTWA DONATA	1				K50-59	TRISPACE/TREK	00:21:39	00:03:42	00:43:55	00:01:04	00:24:11
139	BIBIK ŁUKASZ	75	RUN DMT	BYDGOSZCZ	POL	M40-49		00:20:22	00:05:02	00:37:45	00:02:56	00:28:59
140	SZABO-MOSKAL IGA	123		BORÓWNO	POL	K50-59		00:21:51	00:03:45	00:48:03	00:00:56	00:31:44
141	CIESIELSKI PIOTR	105	TTRI SPRĘCOWO	MAKSYMILIANOWO	POL	M50-59		00:20:48	00:05:39	00:50:03	00:00:35	00:32:25
142	OSIŃSKI ADAM	46	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M50-59		00:21:33	00:05:00	00:37:50	00:01:56	00:24:44
143	MORZYŃSKI STANISŁAW	90		KCYNIA	POL	M40-49		00:23:09	00:03:38	00:38:59	00:02:35	00:28:17
144	IDZIŃSKA NATALIA	78	BRAK- OS.PRYWATNA	BYDGOSZCZ	POL	K30-39		00:23:13	00:04:11	00:55:52	00:00:30	00:30:15
145	FIEGEL KATARZYNA	15	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	TRISPACE/TREK	00:25:26	00:02:15	00:43:37	00:01:14	00:26:01
146	MONTOWSKI JAN	74	OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:24:03	00:03:57	00:40:29	00:00:52	00:30:51
147	DOBRZYŃSKA EWA	54		BYDGOSZCZ	POL	K30-39		00:23:53	00:04:33	00:45:28	00:01:44	00:23:42
148	CZYŻEWSKI PIOTR	3		BRZOZA	POL	M30-39		00:23:44	00:04:46	00:41:38	00:02:34	00:37:59
149	KLIN PAULINA	69		CZERSK	POL	K30-39		00:24:16	00:04:15	00:45:30	00:01:19	00:28:48
150	SAWICKI WALDEMAR	22		BYDGOSZCZ	POL	M80+		00:23:57	00:04:52	00:46:36	00:00:57	00:42:49
151	BŁASZKIEWICZ MARZENA	166	ENEA BYDGOSZCZ TRIATHLON		POL	K30-39		00:24:34	00:04:30	00:49:34	00:01:02	00:34:24
152	ANDRZEJEWSKI RYSZARD	138	ŻÓŁTOKRÓLEWSCY	BYDGOSZCZ	POL	M70-79		00:22:36	00:06:35	00:42:06	00:01:53	00:28:42
153	KOZŁOWSKA MAŁGORZATA	137	PTT DELTA	PŁOCK	POL	K40-49		00:25:28	00:04:57	00:44:56	00:01:03	00:33:43

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
154	MIKA ALDONA	102		BYDGOSZCZ	POL	K50-59		00:26:14	00:06:09	00:48:44		
155	NOWAK ANDRZEJ	131		KORONOWO	POL	M60-69		00:29:30	00:06:01	00:55:03	00:02:21	00:47:00
156	WIŚNIEWSKI KRZYSZTOF	127	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	TRISPACE/TREK	00:36:29	00:04:02	00:42:31	00:01:44	00:36:28
	NOWAKOWSKI MARCIN	114	TRIFECTA	BYDGOSZCZ	POL	M40-49	TRIFECTA	DNF	00:00:00	00:00:00	00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	NOWAK MARTYNA	121	3 GRAVITY	BYDGOSZCZ	POL	K18-29		00:12:30	00:02:43	00:35:23	00:00:56	00:22:49
2	CABAJ MARTYNA	11	IM INSPIRATION	BYDGOSZCZ	POL	K18-29		00:14:19	00:02:42	00:35:28	00:01:29	00:27:59
3	HIGSON ALEKSANDRA	94	DURHAM UNIVERSITY	BYDGOSZCZ	POL	K18-29		00:14:25	00:02:51	00:38:42	00:00:28	00:23:49
4	PALETA ELŻBIETA	2	TM IRON TEAM	KATOWICE	POL	K18-29	TM IRON TEAM	00:16:10	00:03:03	00:38:50	00:01:24	00:21:48
5	LICHOCKA PATRYCJA	154	BS TRI	POZNAŃ	POL	K18-29		00:17:33	00:02:33	00:37:15	00:01:07	00:22:25
6	MOJSIEWICZ NATALIA	87		WARSZAWA	POL	K18-29		00:17:29	00:02:56	00:36:41	00:01:25	00:28:40

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	FRUKACZ KAMIL	63	SPORTLEVEL TCZEW	TCZEW	POL	M18-29		00:11:47	00:02:17	00:32:40	00:01:07	00:20:42
2	KARSKI KACPER	98		INOWROCLAW	POL	M18-29		00:11:32	00:02:34	00:33:34	00:00:47	00:21:12
3	MŁYŃCZAK JAKUB	152	GVT	GLIWICE	POL	M18-29		00:12:16	00:01:59	00:31:20	00:00:42	00:18:52
4	MAAS OLIVER	159	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:36	00:02:25	00:37:48	00:00:45	00:19:17
5	PEKRUL WOJCIECH	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29		00:12:46	00:02:16	00:32:22	00:01:02	00:21:04
6	ZIELINSKI NICOLAS	91	ELENSPORT.PL SKLEPY SPORTOWE	OSIELSKO	POL	M18-29	ELENSPORT.PL	00:14:00	00:01:55	00:32:58	00:00:48	00:20:29
7	DULIŃSKI BARTOSZ	140	TRISPACE/TREK	NIEMCZ	POL	M18-29	TRISPACE/TREK	00:15:20	00:02:13	00:33:41	00:01:56	00:21:10
8	SUDZIŃSKI HUBERT	42		SĘPÓLNO KRAJEŃSKIE		M18-29	TRISPACE/TREK	00:15:31	00:02:04	00:31:37	00:01:00	00:19:10
9	LEWANDOWSKI OSKAR	29		KRUSZWICA	POL	M18-29		00:15:53	00:02:24	00:35:09	00:01:30	00:22:40
10	PEZACKI SZYMON	57	NIEMCZ BIKE ACADEMY	NIEMCZ	POL	M18-29		00:15:12	00:03:47	00:36:38	00:02:16	00:25:44
11	SKÓRCZEWSKI MARCIN	25				M18-29		00:16:31	00:03:13	00:36:03	00:01:43	00:27:20

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
12	KLIMEK PRZEMYSŁAW	59	TOYOTA JAWORSKI AUTO	BYDGOSZCZ	POL	M18-29		00:17:23	00:02:59	00:39:35	00:01:03	00:29:45
13	ZEVALLOS ROBERT	58		BIGGIN HILL	GBR	M18-29		00:17:36	00:03:15	00:39:44	00:00:59	00:26:25
14	KOJRO FILIP	48	PLCK	BYDGOSZCZ	POL	M18-29		00:16:30	00:06:30	00:43:34	00:01:07	00:31:03
15	PIĄTKOWSKI KRYSZTIAN	112	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:18:39	00:04:27	00:48:34	00:00:40	00:36:15
16	WILAND ADAM	101		GRUDZIĄDZ	POL	M18-29		00:18:57	00:04:29	00:46:57	00:01:45	00:25:34
17	PIĄTKOWSKI MATEUSZ	111	TRIFECTA	BYDGOSZCZ	POL	M18-29	TRIFECTA	00:17:28	00:06:02	00:45:06	00:00:54	00:25:41
18	ŻEGLICZ MAREK	84	SPÓJNIA BIAŁE BŁOTA	BIAŁE BŁOTA	POL	M18-29		00:18:38	00:04:56	00:37:15	00:01:43	00:24:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	BOHDANOWICZ PATRYCJA	141		BYDGOSZCZ	POL	K30-39		00:15:17	00:02:28	00:35:26	00:01:10	00:24:42
2	PIETRZAK AGATA	142		BYDGOSZCZ	POL	K30-39		00:14:57	00:02:57	00:38:56	00:01:28	00:27:27
3	WASILEWSKA MARTYNA	93	AMS BYDGOSZCZ	BYDGOSZCZ	POL	K30-39	AKADEMIA MISTRZÓW SPORTU	00:16:07	00:02:46	00:37:22	00:01:03	00:22:38
4	NOWAK ANIA	155		SIEKIERKI WIELKIE	POL	K30-39		00:17:13	00:02:09	00:33:06	00:01:08	00:21:38
5	NOWAKOWSKA NATALIA	53		BYDGOSZCZ	POL	K30-39		00:19:29	00:02:27	00:44:43	00:00:55	00:32:24
6	SURWIŁO-RUTKOWSKA JUSTYNA	109	OLIMPIA SPORT	POZNAŃ	POL	K30-39		00:17:42	00:04:14	00:40:48	00:01:10	00:28:24
7	MODZELEWSKA MARIA	108	TM IRON TEAM	BYDGOSZCZ	POL	K30-39	TM IRON TEAM	00:20:10	00:02:46	00:39:03	00:00:27	00:25:31
8	BŁĄŻEJEWSKA AGNIESZKA	175	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:45	00:03:22	00:40:17	00:00:35	00:26:37
9	DWOJACZNA-CHRAPKOWSKA ANNA	9	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K30-39	IRON HOUSE TRIATHLON WŁOCLAWEK	00:20:01	00:04:32	00:40:40	00:01:59	00:25:41
10	IDZIŃSKA NATALIA	78	BRAK- OS.PRYWATNA	BYDGOSZCZ	POL	K30-39		00:23:13	00:04:11	00:55:52	00:00:30	00:30:15
11	DOBRYŃSKA EWA	54		BYDGOSZCZ	POL	K30-39		00:23:53	00:04:33	00:45:28	00:01:44	00:23:42
12	KLIN PAULINA	69		CZERSK	POL	K30-39		00:24:16	00:04:15	00:45:30	00:01:19	00:28:48

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ISKRA PAWEŁ	148	7PRO TEAM	ZIELENIEWO	POL	M30-39		00:10:54	00:02:05	00:30:03	00:00:26	00:19:34
2	RYMER JAKUB	162	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:12:09	00:02:00	00:30:21	00:00:31	00:19:55

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
3	PTASZEK TOMASZ	157	WANIEWSKI COACHING	GDYNIA	POL	M30-39		00:12:11	00:02:03	00:31:09	00:00:55	00:20:30
4	BEDNARCZYK TOMASZ	41	BIKE U UP	GDYNIA	POL	M30-39		00:12:19	00:02:02	00:30:05	00:00:26	00:19:20
5	KOWALIKOWSKI DANIEL	119	TM IRON TEAM	BYDGOSZCZ	POL	M30-39	TM IRON TEAM	00:13:34	00:02:07	00:30:57	00:00:49	00:21:10
6	MAZUR WOJCIECH	158		BYDGOSZCZ	POL	M30-39		00:13:16	00:02:30	00:31:59	00:01:07	00:22:10
7	BISKUPSKI CEZARY	27	TRISPACE/TREK			M30-39		00:14:12	00:02:01	00:29:46	00:00:47	00:20:41
8	LICZNIERSKI MAREK	10	OWOCBIEGATEAM	PLEWISKA	POL	M30-39	OWOCBIEGATEAM	00:13:43	00:02:35	00:32:14	00:01:03	00:21:08
9	SZEWCZUK PATRYK	55	SPORT ZDROWIE KONDYCJA	ŚWIECIE	POL	M30-39		00:14:34	00:01:46	00:31:03	00:00:57	00:21:33
10	ŁOPUSZYŃSKI KRZYSZTOF	61	LANGE TRI COACH/H2OSHOP.PL	BYDGOSZCZ	POL	M30-39		00:14:20	00:02:11	00:29:41	00:00:14	00:19:42
11	DUDKOWIAK MICHAŁ	178	DUDKOWIAK ADWOKACI	POZNAŃ	POL	M30-39		00:14:14	00:02:31	00:35:07	00:00:42	00:25:19
12	SKORECKI ALEKSANDER	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	BYDGOSZCZ	POL	M30-39	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	00:14:34	00:02:41	00:35:22	00:01:01	00:22:25
13	NOWICKI BARTOSZ	106	AQUA+	BYDGOSZCZ	POL	M30-39		00:14:44	00:02:32	00:32:53	00:00:56	00:22:45
14	SOBCZAK MARCIN	174	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:15:11	00:02:08	00:34:04	00:01:05	00:24:06
15	BRZEZINSKI ŁUKASZ	173	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39	ASSECO ACTIVE TEAM	00:14:47	00:02:37	00:33:28	00:01:00	00:21:49
16	FRĄCKOWSKI ŁUKASZ	4	THE TRI DOCTOR	BYDGOSZCZ	POL	M30-39		00:13:59	00:03:27	00:37:24	00:01:44	00:32:07
17	ŚLIWIŃSKI ŁUKASZ	170	ERPLAST/BOGMAR	OSTROMECKO	POL	M30-39	BOGMAR / ERPLAST	00:15:35	00:02:00	00:30:01	00:01:03	00:19:48
18	KOTŁOWSKI BARTOSZ	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	BYDGOSZCZ	POL	M30-39	BOGMAR / ERPLAST	00:15:43	00:02:00	00:34:29	00:01:02	00:17:24
19	GÓRNY BARTOSZ	133	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:15:26	00:02:43	00:33:59	00:01:48	00:22:15
20	DAWIDOWSKI MAREK	144	POMIMO TEAM / KARTUZY	KARTUZY	POL	M30-39		00:16:10	00:02:16	00:36:09	00:01:15	00:22:12
21	DROBINSKI DANIEL	33		BYDGOSZCZ	POL	M30-39		00:15:40	00:03:06	00:32:53	00:01:09	00:20:22
22	ZALEWSKI MARCIN	100		ŻYRARDÓW	POL	M30-39		00:16:15	00:02:41	00:35:37	00:01:06	00:24:08
23	SOBCZYŃSKI MICHAŁ	99		TRYSZCZYN	POL	M30-39		00:16:12	00:03:01	00:37:56	00:01:39	00:26:44
24	TROŚCIANIEC TOMASZ	139	GRAJAN TEAM OŁAWA	OŁAWA	POL	M30-39		00:16:15	00:03:12	00:36:10	00:01:56	00:25:10
25	KNYPIŃSKI WOJCIECH	45		BYDGOSZCZ	POL	M30-39		00:16:41	00:03:11	00:35:40	00:01:47	00:21:54
26	ZAMOYSKI PIOTR	56		BRWINÓW	POL	M30-39		00:17:26	00:02:43	00:37:09	00:01:20	00:25:01
27	BRYLL ŁUKASZ	77	BKK TRI TEAM	KRUSZYN KRAJEŃSKI	POL	M30-39		00:17:00	00:03:15	00:36:58	00:01:26	00:24:47
28	ZIELIŃSKI MACIEJ	88	ELENSPORT.PL	BYDGOSZCZ	POL	M30-39	ELENSPORT.PL	00:17:23	00:02:58	00:33:30	00:01:12	00:22:55
29	STRYCZYŃSKI MAREK	71				M30-39		00:17:18	00:03:16	00:35:41	00:01:44	00:24:29
30	BOIŃSKI BARTOSZ	60		BYDGOSZCZ	POL	M30-39		00:17:30	00:03:14	00:37:35	00:02:13	00:24:50

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
31	RUCIŃSKI RAFAŁ	8	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	SELEKCJA NATURALNA	00:18:28	00:02:24	00:34:56	00:01:33	00:24:14
32	GUMIŃSKI SZYMON	160		NIWY	POL	M30-39		00:16:46	00:04:13	00:42:46	00:02:40	00:24:49
33	TOMASZEWSKI MATEUSZ	134	GRAJAN OŁAWA	OŁAWA	POL	M30-39		00:17:49	00:03:17	00:43:11	00:01:04	00:23:00
34	KARCZEWSKI FILIP	20		BYDGOSZCZ	POL	M30-39		00:18:14	00:02:54	00:33:13	00:00:52	00:23:26
35	BOROWSKI RADOSŁAW	40	MLKS KRAJNA SEPÓLNO	BYDGOSZCZ	POL	M30-39		00:18:19	00:02:58	00:36:21	00:01:11	00:25:21
36	WŁUDARSKI MARCIN	128		BYDGOSZCZ	POL	M30-39		00:03:51	00:17:26	00:41:15	00:00:43	00:26:16
37	CZACHOWSKI JACEK	176	KS OPŁAWIEC	BYDGOSZCZ	POL	M30-39		00:18:21	00:02:57	00:37:32	00:00:43	00:24:39
38	KOLASSA ROBERT	95		MUROWANIEC	POL	M30-39		00:18:27	00:03:29	00:39:24	00:00:29	00:23:17
39	WOŹNIAK RADEK	143		BYDGOSZCZ	POL	M30-39		00:19:24	00:02:33	00:34:27	00:01:08	00:26:35
40	PAPIEROWSKI PIOTR	50	ATOS	OSIELSKO	POL	M30-39		00:18:12	00:04:13	00:36:53	00:01:25	00:26:46
41	DÜCHTING BENJAMIN	36		BERLIN	GER	M30-39		00:17:58	00:04:41	00:45:34	00:01:33	00:35:58
42	STAŃCZYK KAMIL	79	83 BLP	BAŁTÓW	POL	M30-39		00:19:02	00:04:23	00:38:41	00:02:07	00:20:54
43	RUTKOWSKI TOMASZ	110	OLIMPIA SPORT	POZNAŃ	POL	M30-39		00:19:54	00:03:42	00:37:15	00:01:56	00:23:38
44	CZYŻEWSKI PIOTR	3		BRZOZA	POL	M30-39		00:23:44	00:04:46	00:41:38	00:02:34	00:37:59

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ŻMICH-FÓRMANIAK JOANNA	107	TM IRON TEAM	BYDGOSZCZ	POL	K40-49	TM IRON TEAM	00:14:28	00:02:46	00:33:00	00:01:01	00:22:43
2	MALINOWSKA EWELINA	86		WARSZAWA	POL	K40-49		00:15:36	00:02:18	00:37:50	00:01:23	00:25:13
3	WARCZAK KATARZYNA	67	FCNB/TEAMOCHAL	BYDGOSZCZ	POL	K40-49	TEAMOCHAL	00:15:49	00:02:40	00:36:07	00:00:52	00:24:05
4	WASILEWSKA AGATA	92	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	K40-49	AKADEMIA MISTRZÓW SPORTU	00:17:01	00:02:51	00:36:28	00:01:09	00:24:34
5	PRZYBYŁA AGNIESZKA	83		BYDGOSZCZ	POL	K40-49		00:16:38	00:03:23	00:39:45	00:00:30	00:25:28
6	DOROTA DULIŃSKA	82	TRISPACE/TREK	NIEMCZ	POL	K40-49		00:17:52	00:02:50	00:35:36	00:01:05	00:26:56
7	GOŁATA AGNIESZKA	164	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	K40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:18:17	00:02:58	00:38:28	00:01:29	00:27:48
8	LICZNIERSKA ALINA	150	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:19:24	00:02:06	00:36:44	00:00:53	00:22:15
9	FIEGEL KATARZYNA	15	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	TRISPACE/TREK	00:25:26	00:02:15	00:43:37	00:01:14	00:26:01
10	BŁASZKIEWICZ MARZENA	166	ENEA BYDGOSZCZ TRIATHLON		POL	K30-39		00:24:34	00:04:30	00:49:34	00:01:02	00:34:24
11	KOZŁOWSKA MAŁGORZATA	137	PTT DELTA	PŁOCK	POL	K40-49		00:25:28	00:04:57	00:44:56	00:01:03	00:33:43

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	WIĘCKOWSKI DARIUSZ	72	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:12:41	00:02:19	00:33:05	00:00:56	00:22:42
2	PLUTA GNIEWOMIR	118	UKS TRS SUSZ	BYDGOSZCZ	POL	M40-49		00:12:59	00:02:21	00:31:51	00:00:45	00:21:12
3	FÓRMANIAK PIOTR	104	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:13:13	00:02:08	00:32:05	00:01:13	00:21:41
4	BARTKOWIAK DAWID	130		PIŁA	POL	M40-49		00:14:33	00:02:01	00:31:48	00:00:47	00:21:52
5	GOŁATA WOJCIECH	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	DĄBROWA CHEŁMIŃSKA	POL	M40-49	AKADEMIA MISTRZÓW SPORTU/ BOGMAR	00:15:07	00:01:57	00:33:54	00:01:09	00:20:39
6	PRĄDZYŃSKI MARCIN	89	AKADEMIAMISTRZOWSPORTU	BYDGOSZCZ	POL	M40-49	AKADEMIA MISTRZÓW SPORTU	00:14:40	00:02:28	00:33:21	00:00:52	00:21:19
7	WARGACKI PIOTR	124	TM IRON TEAM	BYDGOSZCZ	POL	M40-49	TM IRON TEAM	00:14:47	00:02:23	00:32:21	00:01:09	00:23:15
8	BINKOWSKI ADRIAN	135	CTS/CB163	GZIN	POL	M40-49		00:15:39	00:01:56	00:32:13	00:01:10	00:22:34
9	DEPTUŁA GRZEGORZ	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	OSIELSKO	POL	M40-49		00:15:10	00:02:34	00:33:14	00:01:06	00:20:02
10	NOWAK PAWEŁ	156		SIEKIERKI WIELKIE	POL	M40-49		00:15:34	00:02:10	00:30:35	00:00:58	00:19:04
11	PUZIAK MARCIN	76		BYDGOSZCZ	POL	M40-49		00:15:04	00:02:50	00:37:18	00:01:05	00:24:04
12	GACKA RAFAL	116	LUPUS TEAM	STRZELEWO	POL	M40-49	LUPUS TEAM	00:15:44	00:02:33	00:31:46	00:01:28	00:20:22
13	FABROWSKI DAWID	125				M40-49	CTS	00:15:07	00:03:20	00:36:55	00:01:36	00:26:32
14	GILL DANIEL	167	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:16:47	00:03:00	00:33:31	00:01:26	00:23:13
15	ŁATKA MARCIN	12		MYŚLECINEK	POL	M40-49		00:16:50	00:03:00	00:40:52	00:01:28	00:27:41
16	GALICKI JAKUB	171	AKADEMIA MISTRZÓW SPORTU	BRZOZA	POL	M40-49		00:17:07	00:03:03	00:37:16	00:01:26	00:24:02
17	GÓRNY BARTŁOMIEJ	13		KOŚCIELECZKI	POL	M40-49		00:18:07	00:02:27	00:35:29	00:01:19	00:24:42
18	NOWOTNIK MARIUSZ	169		BYDGOSZCZ	POL	M40-49		00:17:51	00:02:46	00:36:01	00:01:09	00:24:20
19	RIINA EDOARDO	39		ZGORZAŁA	ITA	M40-49		00:16:10	00:04:35	00:39:41	00:01:31	00:26:59
20	OZOROWSKI LUKASZ	120		SZEMBEKOWO	POL	M40-49		00:16:53	00:03:54	00:35:14	00:01:21	00:22:22
21	CHODKIEWICZ TOMASZ	31	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:17:26	00:03:27	00:33:10	00:01:19	00:21:31
22	GABRYCH MACIEJ	34	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:54	00:03:05	00:37:02	00:01:06	00:24:21
23	KLONOWSKI MARIUSZ	179	PRIMIGENIUS	ŁOCHOWO	POL	M40-49		00:18:18	00:02:57	00:35:23	00:01:26	00:23:46
24	URBAŃSKI DAWID	97		BYDGOSZCZ	POL	M40-49		00:17:50	00:03:35	00:38:12	00:01:46	00:26:04
25	LICA GRZEGORZ	103		BYDGOSZCZ	POL	M40-49		00:17:54	00:03:55	00:35:21	00:01:58	00:27:42
26	MONTOWSKI JAKUB	49		BYDGOSZCZ	POL	M40-49		00:18:07	00:03:45	00:37:57	00:01:10	00:27:22
27	WIŚNIEWSKI MIKOŁAJ	52		BYDGOSZCZ	POL	M40-49		00:19:31	00:02:42	00:42:53	00:00:58	00:29:53
28	CHMURA MACIEJ	14	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:52	00:04:40	00:36:58	00:01:43	00:26:33
29	SOŁDYGA PAWEŁ	96	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:20:03	00:02:50	00:35:54	00:01:40	00:22:58

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
30	ŻYCHLIŃSKI MIŁOSZ	17	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49		00:20:41	00:02:52	00:34:17	00:01:50	00:22:55
31	REPKA MAREK	66	LUPUS TEAM	BYDGOSZCZ	POL	M40-49		00:21:20	00:02:28	00:34:35	00:01:23	00:24:48
32	TOMASZEWSKI MARCIN	147		ŁOCHOWICE	POL	M40-49		00:20:57	00:03:22	00:37:39	00:01:22	00:23:09
33	TOMASZ MARIUSZ	23	GRAJAN OŁAWA	OŁAWA	POL	M40-49		00:21:36	00:03:11	00:34:22	00:01:47	00:22:47
34	ZGÓRSKI MACIEJ	7		BYDGOSZCZ	POL	M40-49		00:20:25	00:04:44	00:38:28	00:01:37	00:29:07
35	BIBIK ŁUKASZ	75	RUN DMT	BYDGOSZCZ	POL	M40-49		00:20:22	00:05:02	00:37:45	00:02:56	00:28:59
36	MORZYŃSKI STANISŁAW	90		KCYNIA	POL	M40-49		00:23:09	00:03:38	00:38:59	00:02:35	00:28:17
	NOWAKOWSKI MARCIN	114	TRIFECTA	BYDGOSZCZ	POL	M40-49	TRIFECTA	DNF	00:00:00	00:00:00	00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	STĘPSKA MAŁGOSIA	18	B3T	KRAKÓW	POL	K50-59		00:20:25	00:03:12	00:38:14	00:00:59	00:28:03
2	FIGLER IWONA	151	TRISPACE/TREK	NIEMCZ	POL	K50-59		00:21:03	00:02:39	00:35:58	00:01:16	00:23:58
3	PASTWA DONATA	1				K50-59	TRISPACE/TREK	00:21:39	00:03:42	00:43:55	00:01:04	00:24:11
4	SZABO-MOSKAL IGA	123		BORÓWNO	POL	K50-59		00:21:51	00:03:45	00:48:03	00:00:56	00:31:44
5	MIKA ALDONA	102		BYDGOSZCZ	POL	K50-59		00:26:14	00:06:09	00:48:44		

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	AUGUSTYNIAK GRZEGORZ	132	PTTDELTA	SŁUPNO	POL	M50-59		00:14:29	00:03:07	00:33:55	00:01:30	00:22:35
2	GIERES WALDEMAR	5	PTT DELTA	PŁOCK	POL	M50-59	PTT DELTA	00:17:31	00:02:07	00:33:02	00:00:59	00:23:04
3	ŻELAZNY MARCIN	38		BYDGOSZCZ	POL	M50-59		00:15:34	00:04:51	00:42:07	00:02:04	00:30:45
4	KUŹMA WOJCIECH	28		BYDGOSZCZ	POL	M50-59		00:17:51	00:02:46	00:35:20	00:01:11	00:25:48
5	LUDWINIAK BOGDAN	65		BYDGOSZCZ	POL	M50-59		00:17:55	00:02:50	00:36:32	00:01:35	00:29:25
6	PACZKOWSKI MIROSŁAW	32		BYDGOSZCZ	POL	M50-59		00:17:13	00:04:00	00:36:05	00:01:46	00:22:33
7	MALINOWSKI ARTUR	115		MAKSYMILIANOWO	POL	M50-59		00:17:40	00:03:34	00:35:11	00:01:27	00:24:02
8	GIEDRYS ROMAN	145		TUCHOLA	POL	M50-59		00:17:57	00:03:18	00:34:19	00:01:02	00:23:51

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
9	BUDZIK IRENEUSZ	129	PETNER TEAM	BYDGOSZCZ	POL	M50-59		00:18:31	00:02:53	00:33:20	00:01:14	00:23:20
10	CIUPA JAROSŁAW	80	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:01	00:03:24	00:33:29	00:02:00	00:23:51
11	SADKIEWICZ JACEK	172	RACING TEAM	OSIELSKO	POL	M50-59		00:17:56	00:03:40	00:36:59	00:01:39	00:31:32
12	LISEWSKI PIOTR	43				M50-59		00:19:52	00:03:15	00:38:48	00:01:47	00:25:19
13	PIĄTKOWSKI MARIUSZ	113	TRIFECTA	BYDGOSZCZ	POL	M50-59	TRIFECTA	00:19:21	00:04:24	00:47:44	00:00:41	00:36:15
14	KOWALSKI MAREK	85	REKINY OSIELSKO	NIEMCZ	POL	M50-59		00:17:27	00:06:41	00:39:42	00:02:23	00:27:29
15	CIESIELSKI PIOTR	105	TTRI SPRĘCOWO	MAKSYMILIANOWO	POL	M50-59		00:20:48	00:05:39	00:50:03	00:00:35	00:32:25
16	OSIŃSKI ADAM	46	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M50-59		00:21:33	00:05:00	00:37:50	00:01:56	00:24:44
17	WIŚNIEWSKI KRZYSZTOF	127	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	TRISPACE/TREK	00:36:29	00:04:02	00:42:31	00:01:44	00:36:28

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M60-69

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	BOHDANOWICZ JAROSŁAW	149	OLIMPIASPORT.PL	NIEMCZ	POL	M60-69		00:16:57	00:03:30	00:38:18	00:01:39	00:29:32
2	MISZTELA DARIUSZ	73	PTT DELTA	PLOCK	POL	M60-69	PTT DELTA	00:19:27	00:03:25	00:39:18	00:02:01	00:27:41
3	GARBIEC MIROŚŁAW	16		BYDGOSZCZ	POL	M60-69		00:20:46	00:03:37	00:35:59	00:02:11	00:24:47
4	MONTOWSKI JAN	74	OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:24:03	00:03:57	00:40:29	00:00:52	00:30:51
5	NOWAK ANDRZEJ	131		KORONOWO	POL	M60-69		00:29:30	00:06:01	00:55:03	00:02:21	00:47:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M70-79

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	ANDRZEJEWSKI RYSZARD	138	ŻÓŁTOKRÓLEWSCY	BYDGOSZCZ	POL	M70-79		00:22:36	00:06:35	00:42:06	00:01:53	00:28:42

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M80+

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 0.75km	T1	Cycling 20km	T2	Race 5km
1	SAWICKI WALDEMAR	22		BYDGOSZCZ	POL	M80+		00:23:57	00:04:52	00:46:36	00:00:57	00:42:49