

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

Organizator: Towarzystwo Sportowe TRI-SPORT

Data: 2022-08-20

Miejsce: Bydgoszcz

Dystans: 226 km

Wyniki dla punktu pomiaru: 53 km



Klasyfikacja wg czasów netto.

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------------|-----|--------------------------------|--------------------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | NIKOLICS ZORAN | 106 | | KEREPES | HUN | M26 | | 00:57:21 (3) | 00:02:44 | 04:35:02 (1) | 00:02:13 | 03:24:26 (1) |
| 2 | HALAJ DUŠAN | 100 | KPŠ NEREUS ŽILINA | MARTIN-PRIEKOPA | SVK | M36 | | 01:03:18 (5) | 00:02:46 | 04:54:15 (3) | 00:02:17 | 03:44:44 (8) |
| 3 | KAZMIERCZAK ŁUKASZ | 62 | LUKS DWÓJKA STRYKÓW | GŁOWNO | POL | M40 | | 01:06:42 (10) | 00:03:17 | 05:01:38 (8) | 00:02:31 | 03:53:26 (11) |
| 4 | NOSOWSKI JACEK | 36 | TRI.REGRESS | WARSZAWA | POL | M48 | | 01:03:06 (4) | 00:04:19 | 05:20:00 (21) | 00:02:48 | 03:43:52 (6) |
| 5 | PULCINSKI MICHAŁ | 52 | TMT | TORUN | POL | M41 | | 01:04:41 (6) | 00:04:43 | 05:21:41 (24) | 00:03:09 | 03:32:17 (5) |
| 6 | PIEKARSKI PAWEŁ | 20 | | BYDGOSZCZ | POL | M32 | | 01:05:24 (8) | 00:04:37 | 05:37:11 (35) | 00:02:53 | 05:31:23 (79) |
| 7 | SZYMKOWIAK NORBERT | 115 | IM INSPIRATION | PONIEC | POL | M28 | IM INSPIRATION | 01:12:47 (26) | 00:03:24 | 05:00:21 (6) | 00:02:03 | 03:55:36 (12) |
| 8 | ZIĘBA ADAM | 99 | TRISPACE/TREK | BYDGOSZCZ | POL | M49 | TRISPACE/TREK | 01:11:22 (17) | 00:03:32 | 05:01:37 (7) | 00:02:22 | 03:26:21 (2) |
| 9 | SOKÓŁ ADAM | 67 | | RZESZÓW | POL | M46 | | 01:06:13 (9) | 00:04:08 | 05:31:32 (33) | 00:05:10 | 04:28:05 (36) |
| 10 | MALISZEWSKI MICHAŁ | 93 | | STRASZYN | POL | M46 | | 01:09:04 (12) | 00:04:11 | 05:19:14 (17) | 00:04:16 | 03:49:57 (10) |
| 11 | KRASNODĘBSKI SEBASTIAN | 120 | TM IRON TEAM | GRUDZIĄDZ | POL | M40 | TM IRON TEAM | 01:14:24 (28) | 00:03:51 | 05:05:15 (9) | 00:03:29 | 03:48:46 (9) |
| 12 | SWOBODA SEBASTIAN | 81 | FIZJOSPEC | KRAKÓW | POL | M35 | | 01:10:00 (14) | 00:04:19 | 05:32:59 (34) | 00:03:08 | 04:05:23 (16) |
| 13 | KOZMINCZUK-MARKULAK MAREK | 111 | TM IRON TEAM | GLIWICE | POL | M50 | TM IRON TEAM | 01:14:53 (29) | 00:03:20 | 05:27:45 (28) | 00:03:08 | 04:24:41 (32) |
| 14 | JACHIMSKI JAKUB | 92 | TRIWAWA | WARSZAWA | POL | M39 | TRIWAWA | 01:09:09 (13) | 00:02:42 | 05:42:01 (42) | 00:02:20 | 04:25:05 (33) |
| 15 | DURMAJ BARTEK | 27 | | SIECHNICE | POL | M38 | | 01:12:21 (24) | 00:02:54 | 05:20:25 (22) | 00:02:46 | 03:44:36 (7) |
| 16 | NENKAŁA MATEUSZ | 64 | JERZYK TEAM | LESZNO | POL | M29 | | 01:15:30 (32) | 00:03:55 | 05:19:30 (19) | 00:03:11 | 05:02:25 (62) |
| 17 | SKIBA MARIUSZ | 49 | KS IRONMAN SZCZECIN | SZCZECIN | POL | M37 | | 01:16:37 (39) | 00:04:52 | 05:09:43 (10) | 00:02:44 | 04:15:36 (24) |
| 18 | STARZ PAWEŁ | 116 | | ZĄBKI | POL | M41 | | 01:14:57 (30) | 00:03:19 | 05:18:34 (16) | 00:02:45 | 03:32:09 (4) |
| 19 | HUNKIEWICZ WOJCIECH | 78 | MBC TEAM | MARKI | POL | M50 | | 01:12:31 (25) | 00:03:23 | 05:26:20 (27) | 00:03:31 | 04:29:02 (37) |
| 20 | WINIECKI TOMASZ | 44 | IRON HOUSE TRIATHLON WŁOCLĄWEK | WŁOCLĄWEK | POL | M48 | IRON HOUSE TRIATHLON WŁOCLĄWEK | 01:15:31 (33) | 00:05:54 | 05:17:32 (14) | 00:04:28 | 04:30:28 (38) |
| 21 | BUCHALIK ARKADIUSZ | 24 | | CZELADŹ | POL | M49 | | 01:11:31 (18) | 00:04:15 | 05:30:35 (32) | 00:02:38 | 04:14:45 (22) |
| 22 | PRZEDPEŁSKI RADOSŁAW | 40 | SNG WILD DUCKS | ŁÓDŹ | POL | M40 | SNG WILD DUCKS | 01:15:56 (37) | 00:05:32 | 05:15:14 (13) | 00:02:33 | 04:14:40 (21) |
| 23 | RYBAK REMIGIUSZ | 87 | TRISPACE/TREK | BIAŁE BŁOTA | POL | M45 | TRISPACE/TREK | 01:18:06 (44) | 00:03:43 | 05:19:50 (20) | 00:02:49 | 04:14:51 (23) |
| 24 | CHMEL SERGIY | 104 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | M40 | | 01:22:52 (55) | 00:03:56 | 04:59:58 (5) | 00:03:10 | 03:26:57 (3) |
| 25 | LETKOWSKI DARIUSZ | 61 | GAPMONT RUNNING TEAM | WARSZAWA | POL | M44 | | 01:10:37 (15) | 00:04:03 | 05:52:52 (59) | 00:04:55 | 04:56:35 (56) |
| 26 | DYLIK MARCIN | 53 | HTF LUDWIK SIKORSKI | ALEKSANDRÓW ŁÓDZKI | POL | M41 | | 01:14:58 (31) | 00:03:39 | 05:42:17 (43) | 00:05:22 | 05:34:31 (83) |
| 27 | JAGAS RADOSŁAW | 84 | HTF LUDWIK SIKORSKI | GRABINA | POL | M50 | HTF LUDWIK SIKORSKI | 01:15:42 (35) | 00:04:06 | 05:39:01 (38) | 00:04:49 | 04:41:37 (45) |
| 28 | PIESIK DAWID | 17 | IM INSPIRATION | BYDGOSZCZ | POL | M32 | | 01:20:15 (51) | 00:03:18 | 05:21:36 (23) | 00:03:11 | 04:27:26 (35) |
| 29 | BYRTEK GRZEGORZ | 9 | TEAM CASTORAMA | BYDGOSZCZ | POL | M47 | | 01:07:39 (11) | 00:05:42 | 06:10:56 (74) | 00:05:54 | 05:51:57 (85) |
| 30 | WRÓBEL MATEUSZ | 16 | IRON HOUSE TRIATHLON WŁOCLĄWEK | BYDGOSZCZ | POL | M32 | IRON HOUSE TRIATHLON WŁOCLĄWEK | 01:15:35 (34) | 00:04:11 | 05:45:00 (47) | 00:03:05 | 05:33:05 (81) |
| 31 | GERGER LAURENZ | 15 | CRYSTAL PALACE TRIATHLETES | BECKENHAM | GBR | M29 | | 01:17:43 (42) | 00:05:36 | 05:23:21 (26) | 00:02:50 | 04:36:01 (41) |
| 32 | MAZANKA JAKUB | 26 | | BORÓWIEC | POL | M46 | | 01:12:15 (22) | 00:04:19 | 06:21:48 (81) | 00:04:36 | 04:10:56 (17) |
| 33 | ŚLIWA MACIEJ | 107 | PAPRYKA | KRUSZYN | POL | M39 | | 01:20:01 (50) | 00:05:04 | 05:28:44 (29) | 00:05:33 | 04:50:18 (53) |
| 34 | MOJSIEWICZ SŁAWOMIR | 18 | | WARSZAWA | POL | M46 | | 01:16:52 (40) | 00:03:56 | 05:38:26 (36) | 00:04:18 | 04:24:27 (31) |
| 35 | SUPERSON WOJTEK | 25 | | KRAKÓW | POL | M51 | | 01:11:10 (16) | 00:04:04 | 06:10:36 (73) | 00:03:18 | 05:59:08 (87) |
| 36 | MICHALAK LESŁAW | 114 | N-BIKE ACADEMY | OSIELSKO | POL | M46 | | 01:11:49 (20) | 00:07:30 | 06:02:40 (65) | 00:07:10 | 04:44:16 (49) |
| 37 | ZAVEDIUK TANIA | 105 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | K36 | | 01:12:20 (23) | 00:04:52 | 05:49:46 (54) | 00:09:44 | 04:14:25 (20) |
| 38 | KUCIŃSKI ARTUR | 95 | JEBAĆ PIS | DOBRCZ | POL | M47 | | 01:16:30 (38) | 00:05:18 | 05:46:21 (51) | 00:05:04 | 06:10:54 (90) |
| 39 | JĄROSZ HUBERT | 56 | | LUBLIN | POL | M30 | | 01:18:01 (43) | 00:05:59 | 05:55:15 (61) | 00:08:23 | 05:25:18 (76) |
| 40 | KRAKOWSKI JAN | 119 | INVICTUS 3CITY | GDYNIA | POL | M28 | | 01:25:43 (60) | 00:02:43 | 05:30:13 (31) | 00:03:26 | 04:04:16 (15) |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------------|-----|--------------------------------|---------------------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|
| 41 | ZIĘBA MATEUSZ | 55 | FOREVER TEAM | ŚWILCZA | POL | M38 | | 01:19:16 (46) | 00:04:43 | 05:43:40 (45) | 00:02:56 | 04:43:33 (48) |
| 42 | KALIN WLADYSLAW | 29 | TAEKWON-DO GROMOWSKI | UNISLAW | POL | M42 | | 01:19:51 (48) | 00:05:46 | 05:43:46 (46) | 00:05:04 | 04:21:28 (27) |
| 43 | CHOBOT KRZYSZTOF | 80 | | CZĘSTOCHOWA | POL | M44 | | 01:19:22 (47) | 00:06:21 | 05:41:36 (41) | 00:06:18 | 05:14:51 (67) |
| 44 | BYRTEK MARCIN | 12 | | BYDGOSZCZ | POL | M45 | | 01:17:12 (41) | 00:08:23 | 06:19:56 (80) | 00:10:40 | 06:23:07 (91) |
| 45 | ŁUCYSZYN ROBERT | 42 | | DOBROSZÓW OLEŚNICKI | POL | M44 | | 01:20:01 (49) | 00:10:34 | 05:23:11 (25) | 00:04:52 | 05:15:19 (68) |
| 46 | RAJCA DANIEL | 96 | IM INSPIRATION | WARSZAWA | POL | M32 | IM INSPIRATION | 01:27:52 (69) | 00:04:37 | 05:40:07 (40) | 00:02:15 | 03:56:57 (13) |
| 47 | MASŁOWSKI MARCIN | 39 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M43 | HTF LUDWIK SIKORSKI | 01:22:13 (54) | 00:04:54 | 05:45:03 (48) | 00:02:38 | 04:22:33 (28) |
| 48 | SĄŁEK DOMINIK | 66 | | RADOM | POL | M26 | | 01:15:54 (36) | 00:05:07 | 06:14:53 (76) | 00:02:21 | 04:30:36 (39) |
| 49 | WASZKIEWICZ DARIUSZ | 45 | IM INSPIRATION / SPORT4LIFE | INOWROCLAW | POL | M46 | | 01:29:49 (77) | 00:05:42 | 05:18:19 (15) | 00:04:20 | 04:42:53 (46) |
| 50 | DUSIŃSKI KRZYSZTOF | 7 | | REDA DUSINSKI@WP.PL | POL | M43 | | 01:26:35 (65) | 00:05:39 | 05:39:59 (39) | 00:06:20 | 03:58:03 (14) |
| 51 | PIASECKI RADOŚLAW | 121 | | BYDGOSZCZ | POL | M28 | | 01:22:53 (56) | 00:05:22 | 05:52:17 (58) | 00:04:48 | 05:01:39 (61) |
| 52 | LASSAK BARTOSZ | 21 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M46 | AKADEMIA MISTRZÓW SPORTU | 01:26:25 (64) | 00:05:15 | 05:49:31 (52) | 00:02:09 | 04:50:38 (54) |
| 53 | MOTYLEWSKA MARTA | 47 | PTT DELTA | PŁOCK | POL | K31 | PTT DELTA | 01:28:10 (70) | 00:03:59 | 05:45:37 (50) | 00:03:33 | 04:22:39 (30) |
| 54 | KUC KRZYSZTOF | 109 | | BYSTRA | POL | M42 | | 01:24:39 (58) | 00:09:53 | 05:29:49 (30) | 00:07:02 | 05:15:39 (69) |
| 55 | GACKOWSKI KRZYSZTOF | 14 | | BYDGOSZCZ | POL | M49 | | 01:23:34 (57) | 00:04:20 | 06:18:16 (79) | 00:05:17 | 05:23:15 (74) |
| 56 | CHRAPKOWSKI MARCEL | 11 | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK | POL | M39 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:20:29 (53) | 00:06:34 | 06:16:35 (78) | 00:16:06 | 05:34:20 (82) |
| 57 | POPEK MACIEJ | 10 | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK | POL | M45 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:29:03 (74) | 00:05:34 | 05:45:06 (49) | 00:05:15 | 05:16:15 (70) |
| 58 | ŁUPIŃSKI DANIEL | 63 | TRIATHLON SIEDLCE CLUB | STARE OPOLE | POL | M44 | | 01:25:53 (61) | 00:06:45 | 06:03:08 (66) | 00:04:00 | 04:47:58 (50) |
| 59 | ZACHWIEJA PIOTR | 37 | | BYDGOSZCZ | POL | M37 | | 01:28:50 (73) | 00:04:02 | 05:58:11 (63) | 00:05:25 | 04:26:34 (34) |
| 60 | KUNKEL MARIUSZ | 86 | SMARUJ NA TRENING | GDĄŃSK | POL | M46 | | 01:31:26 (80) | 00:05:27 | 05:50:53 (56) | 00:03:08 | 04:43:31 (47) |
| 61 | CUPA IRENEUSZ | 113 | TRIATHLON CONSULTING | TORUŃ | POL | M49 | | 01:31:20 (79) | 00:05:31 | 05:49:53 (55) | 00:04:55 | 04:50:00 (52) |
| 62 | KONIEC PIOTR | 13 | IRONTATA / ALETEAM | BYDGOSZCZ | POL | M45 | | 01:32:09 (81) | 00:09:50 | 06:03:26 (67) | 00:08:05 | 06:27:02 (92) |
| 63 | WOJDYŁA PAWEŁ | 77 | UNLIMITED SPORT 2.0 | KOŁACZYCE | POL | M36 | | 01:29:09 (75) | 00:06:32 | 06:05:13 (69) | 00:04:04 | 05:05:53 (66) |
| 64 | FRĄCKOWIAK MARTA | 1 | TEAMOCHAL | MYŚLECINEK | POL | K37 | TEAMOCHAL | 01:29:17 (76) | 00:04:42 | 06:06:42 (70) | 00:05:38 | 04:37:11 (42) |
| 65 | KONIECZNY PRZEMYSŁAW | 83 | VELOCITY | BORÓWIEC | POL | M36 | | 01:28:19 (72) | 00:05:56 | 06:09:41 (72) | 00:03:51 | 04:58:10 (58) |
| 66 | JUSZCZYK MIROŚLAW | 32 | | OSÓWIEC | POL | M32 | | 01:14:10 (27) | 00:08:53 | 06:48:12 (92) | 00:05:52 | 04:48:44 (51) |
| 67 | DREWUSZEWSKI MACIEJ | 50 | 4M | PŁAWNIOWICE | POL | M44 | | 01:28:16 (71) | 00:07:43 | 06:12:02 (75) | 00:05:10 | 04:55:46 (55) |
| 68 | SUBKOWSKI ARTUR | 59 | | ŚWIECIE | POL | M46 | | 01:33:27 (84) | 00:05:23 | 05:42:24 (44) | 00:02:53 | 05:04:06 (63) |
| 69 | KLIMCZAK MARCIN | 103 | | DĄBROWA BISKUPIA | POL | M46 | | 01:38:21 (92) | 00:03:59 | 05:38:59 (37) | 00:03:02 | 04:16:56 (26) |
| 70 | STEFANIAK MATEUSZ | 34 | | KRAKÓW | POL | M32 | | 01:34:49 (86) | 00:07:20 | 05:51:41 (57) | 00:03:19 | 04:31:21 (40) |
| 71 | WIECZOREK BARTOSZ | 71 | | GNIEWKOWO | POL | M36 | | 01:24:56 (59) | 00:10:25 | 06:32:22 (86) | 00:06:29 | 05:30:36 (78) |
| 72 | JANICKA-JAWOR JOANNA | 117 | EMJOT TRI TEAM | MYSŁOWICE | POL | K44 | | 01:26:57 (67) | 00:07:11 | 06:45:50 (91) | 00:02:57 | 04:38:24 (43) |
| 73 | KRAWCZYK DAWID | 112 | SUŁKOWSKA SZKOŁA TRI | WIELICZKA | POL | M39 | | 01:33:09 (83) | 00:06:50 | 05:49:36 (53) | 00:04:14 | 04:16:23 (25) |
| 74 | NIEMCZYK KAZIMIERZ | 108 | | MILANÓWEK | POL | M60 | | 01:35:28 (87) | 00:05:47 | 05:57:52 (62) | 00:05:16 | 04:22:35 (29) |
| 75 | SZCZĘŚNIAK MICHAŁ | 91 | | CHRZANÓW | POL | M38 | | 01:31:04 (78) | 00:07:09 | 06:00:50 (64) | 00:06:07 | 05:04:27 (64) |
| 76 | WRZESZCZ ADRIAN | 75 | ADRIAN! BŁAGAM WOLNIEJ. | ŁÓDŹ | POL | M48 | HTF LUDWIK SIKORSKI | 01:26:48 (66) | 00:04:46 | 06:52:01 (93) | 00:06:15 | 05:54:46 (86) |
| 77 | CZAPIEWSKI KRZYSZTOF | 22 | | WARSZAWA | POL | M37 | | 01:33:34 (85) | 00:08:00 | 06:04:00 (68) | 00:06:48 | 04:14:00 (19) |
| 78 | BURŻACKA-TYC AGNIESZKA | 43 | PTT DELTA | PŁOCK | POL | K50 | PTT DELTA | 01:27:18 (68) | 00:06:11 | 06:36:39 (90) | 00:03:54 | 04:58:07 (57) |
| 79 | WALCZAK KRYSZTOF | 28 | BIEGAJĄCE WALCZAKI | PILA | POL | M40 | | 01:36:18 (89) | 00:05:36 | 06:34:55 (88) | 00:03:43 | 05:00:13 (60) |
| 80 | KUZIEMSKI TOMASZ | 69 | KS MARATON OSTRÓW WLKP | OSTROW WIELKOPOLSKI | POL | M33 | | 01:26:00 (62) | 00:07:09 | 07:06:37 (96) | 00:05:52 | 06:01:51 (89) |
| 81 | JASIŃSKI BOGUSŁAW | 31 | | KARPACZ | POL | M69 | | 01:32:23 (82) | 00:05:49 | 06:59:00 (95) | 00:07:51 | 05:46:03 (84) |
| 82 | SUDOŁ JACEK | 102 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M44 | | 01:35:40 (88) | 00:05:42 | 06:54:23 (94) | 00:04:46 | 04:59:37 (59) |
| 83 | BEŁZAK FILIP | 82 | TRIJET TEAM | KRAKÓW | POL | M30 | | 01:36:41 (90) | 00:06:56 | 06:22:10 (82) | 00:04:51 | 05:23:55 (75) |
| 84 | NAGOW MICHAŁ | 51 | IRON HOUSE TRIATHLON WŁOCŁAWEK | BYDGOSZCZ | POL | M48 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:39:36 (93) | 00:09:48 | 06:15:19 (77) | 00:05:00 | 05:17:16 (72) |
| 85 | JESION REMIGIUSZ | 94 | RUN DMT | DOBRCZ | POL | M39 | | 01:38:12 (91) | 00:07:39 | 06:34:29 (87) | 00:07:00 | 04:40:25 (44) |
| 86 | ZUBEK RAFAŁ | 46 | PTT DELTA | STRÓŻEWKO | POL | M55 | PTT DELTA | 01:41:44 (94) | 00:07:08 | 06:31:02 (85) | 00:07:14 | 05:27:58 (77) |
| 87 | UMIŃSKI ROBERT | 97 | | BYDGOSZCZ | POL | M42 | | 01:45:53 (96) | 00:07:07 | 06:30:42 (84) | 00:05:42 | 04:12:23 (18) |
| 88 | KAZUBOWSKI JACEK | 88 | TRIDARKO | BIAŁE BŁOTA | POL | M55 | | 01:56:02 (98) | 00:04:20 | 06:07:08 (71) | 00:04:12 | 05:05:48 (65) |
| 89 | WARCHOŁ RYSZARD | 65 | CAŁY TWÓJ | ŚWIECIE | POL | M55 | | 02:00:31 (100) | 00:10:27 | 06:30:08 (83) | 00:06:19 | 05:31:43 (80) |

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| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------------------|-----|---------------------------|--------------------|------|------|----------------|-------------------|----------|----------------|----------|-----------------|
| 90 | SZYMKUĆ WOJCIECH | 73 | KRÓL BETONU | POZNAŃ | POL | M33 | | 01:49:13 (97) | 00:09:07 | 07:17:07 (98) | 00:05:15 | 05:17:01 (71) |
| 91 | ANDRAU ANATOLI | 89 | ALTIUS | WARSZAW | BEL | M45 | | 01:59:34 (99) | 00:05:22 | 07:27:07 (100) | 00:02:31 | 06:01:03 (88) |
| 92 | MACIEJOWSKA - BĄCZEK KATARZYNA | 101 | TM IRON TEAM | MIĘDZYRZECZE GÓRNE | POL | K47 | | 02:07:16 (101) | 00:05:56 | 07:12:59 (97) | 00:04:15 | 05:19:10 (73) |
| | MARCINEK TOMASZ | 8 | TM IRON TEAM | RACIBÓRZ | POL | M31 | TM IRON TEAM | 00:48:16 DNF (1) | 00:02:02 | 04:39:42 (2) | 00:01:37 | 00:00:00 () |
| | MAKSYMOWICZ TOMASZ | 48 | IM INSPIRATION / IRON BRO | ELBLĄG | POL | M22 | | 00:51:58 DNF (2) | 00:02:25 | 04:54:29 (4) | 00:01:53 | 00:00:00 (93) |
| | KOŠŤAN TOMÁŠ | 118 | KPŠ NEREUS ŽILINA | ŽILINA | SVK | M30 | | 01:04:45 DNF (7) | 00:03:01 | 05:19:30 (18) | 00:02:42 | 00:00:00 () |
| | LANGE GRZEGORZ | 79 | LANGE TRI COACH | KOSZALIN | POL | M44 | | 01:12:08 DNF (21) | 00:03:31 | 05:15:05 (12) | 00:02:15 | 00:00:00 () |
| | FAJFER ARKADIUSZ | 35 | SNG WILD DUCKS | PODDĘBICE | POL | M38 | SNG WILD DUCKS | 01:18:54 DNF (45) | 00:04:38 | 05:14:37 (11) | 00:03:35 | 00:00:00 () |
| | BUDZANOWSKI MICHAŁ | 85 | | WROCŁAW | POL | M33 | | 01:11:41 DNF (19) | 00:05:25 | | 00:00:00 | 00:00:00 () |
| | FRAĆKIEWICZ PAWEŁ | 41 | | LUDWIKOWO | POL | M23 | | 01:20:21 DNF (52) | 00:08:01 | 06:36:36 (89) | 00:11:48 | 00:00:00 () |
| | KORYTOWSKI MACIEJ | 90 | ROWEROWE LIPNO | LIPNO | POL | M39 | | 01:26:04 DNF (63) | 00:09:57 | 07:23:04 (99) | 00:08:56 | 00:00:00 () |
| | MISZTELA TOMASZ | 6 | PTT DELTA | SŁUPNO | POL | M56 | PTT DELTA | 01:42:20 DNF (95) | 00:04:23 | 05:54:36 (60) | 00:03:15 | 00:00:00 () |
| | CZAJKOWSKI ARKADIUSZ | 57 | | BYDGOSZCZ | POL | M29 | | DNF (0) | 00:00:00 | 00:00:00 (0) | 00:00:00 | 00:00:00 (0) |
| | KĘDZIA JAROSŁAW | 5 | CASTORAMA | BYDGOSZCZ | POL | M43 | | DNF (0) | 01:58:08 | | 00:00:00 | 00:00:00 (0) |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------------------|-----|-------------------|--------------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | ZAVEDIUK TANIA | 105 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | K36 | | 01:12:20 | 00:04:52 | 05:49:46 | 00:09:44 | 04:14:25 |
| 2 | MOTYLEWSKA MARTA | 47 | PTT DELTA | PŁOCK | POL | K31 | PTT DELTA | 01:28:10 | 00:03:59 | 05:45:37 | 00:03:33 | 04:22:39 |
| 3 | FRAĆKOWIAK MARTA | 1 | TEAMOCHAL | MYŚLECINEK | POL | K37 | TEAMOCHAL | 01:29:17 | 00:04:42 | 06:06:42 | 00:05:38 | 04:37:11 |
| 4 | JANICKA-JAWOR JOANNA | 117 | EMJOT TRI TEAM | MYŚLOWICE | POL | K44 | | 01:26:57 | 00:07:11 | 06:45:50 | 00:02:57 | 04:38:24 |
| 5 | BURŻACKA-TYC AGNIESZKA | 43 | PTT DELTA | PŁOCK | POL | K50 | PTT DELTA | 01:27:18 | 00:06:11 | 06:36:39 | 00:03:54 | 04:58:07 |
| 6 | MACIEJOWSKA - BĄCZEK KATARZYNA | 101 | TM IRON TEAM | MIĘDZYRZECZE GÓRNE | POL | K47 | | 02:07:16 | 00:05:56 | 07:12:59 | 00:04:15 | 05:19:10 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------------|-----|---------------------|-----------------|------|------|----------------|-------------------|----------|----------------|----------|-----------------|
| 1 | NIKOLICS ZORAN | 106 | | KEREPEŠ | HUN | M26 | | 00:57:21 | 00:02:44 | 04:35:02 | 00:02:13 | 03:24:26 |
| 2 | HALAJ DUŠAN | 100 | KPŠ NEREUS ŽILINA | MARTIN-PRIEKOPA | SVK | M36 | | 01:03:18 | 00:02:46 | 04:54:15 | 00:02:17 | 03:44:44 |
| 3 | KAŻMIERCZAK ŁUKASZ | 62 | LUKS DWÓJKA STRYKÓW | GŁOWNO | POL | M40 | | 01:06:42 | 00:03:17 | 05:01:38 | 00:02:31 | 03:53:26 |
| 4 | NOSOWSKI JACEK | 36 | TRI.REGRESS | WARSZAWA | POL | M48 | | 01:03:06 | 00:04:19 | 05:20:00 | 00:02:48 | 03:43:52 |
| 5 | PULCINSKI MICHAŁ | 52 | TMT | TORUN | POL | M41 | | 01:04:41 | 00:04:43 | 05:21:41 | 00:03:09 | 03:32:17 |
| 6 | PIEKARSKI PAWEŁ | 20 | | BYDGOSZCZ | POL | M32 | | 01:05:24 | 00:04:37 | 05:37:11 | 00:02:53 | 05:31:23 |
| 7 | SZYMKOWIAK NORBERT | 115 | IM INSPIRATION | PONIEC | POL | M28 | IM INSPIRATION | 01:12:47 | 00:03:24 | 05:00:21 | 00:02:03 | 03:55:36 |
| 8 | ZIĘBA ADAM | 99 | TRISPACE/TREK | BYDGOSZCZ | POL | M49 | TRISPACE/TREK | 01:11:22 | 00:03:32 | 05:01:37 | 00:02:22 | 03:26:21 |
| 9 | SOKÓŁ ADAM | 67 | | RZESZÓW | POL | M46 | | 01:06:13 | 00:04:08 | 05:31:32 | 00:05:10 | 04:28:05 |
| 10 | MALISZEWSKI MICHAŁ | 93 | | STRASZYN | POL | M46 | | 01:09:04 | 00:04:11 | 05:19:14 | 00:04:16 | 03:49:57 |
| 11 | KRASNODEBSKI SEBASTIAN | 120 | TM IRON TEAM | GRUDZIĄDZ | POL | M40 | TM IRON TEAM | 01:14:24 | 00:03:51 | 05:05:15 | 00:03:29 | 03:48:46 |
| 12 | SWOBODA SEBASTIAN | 81 | FIZJOSPEC | KRAKÓW | POL | M35 | | 01:10:00 | 00:04:19 | 05:32:59 | 00:03:08 | 04:05:23 |
| 13 | KOZMINCZUK-MARKULAK MAREK | 111 | TM IRON TEAM | GLIWICE | POL | M50 | TM IRON TEAM | 01:14:53 | 00:03:20 | 05:27:45 | 00:03:08 | 04:24:41 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|----------------------|-----|--------------------------------|---------------------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|
| 14 | JACHIMSKI JAKUB | 92 | TRIWAWA | WARSZAWA | POL | M39 | TRIWAWA | 01:09:09 | 00:02:42 | 05:42:01 | 00:02:20 | 04:25:05 |
| 15 | DURMAJ BARTEK | 27 | | SIECHNICE | POL | M38 | | 01:12:21 | 00:02:54 | 05:20:25 | 00:02:46 | 03:44:36 |
| 16 | NENKAŁA MATEUSZ | 64 | JERZYK TEAM | LESZNO | POL | M29 | | 01:15:30 | 00:03:55 | 05:19:30 | 00:03:11 | 05:02:25 |
| 17 | SKIBA MARIUSZ | 49 | KS IRONMAN SZCZECIN | SZCZECIN | POL | M37 | | 01:16:37 | 00:04:52 | 05:09:43 | 00:02:44 | 04:15:36 |
| 18 | STARZ PAWEŁ | 116 | | ZĄBK | POL | M41 | | 01:14:57 | 00:03:19 | 05:18:34 | 00:02:45 | 03:32:09 |
| 19 | HUNKIEWICZ WOJCIECH | 78 | MBC TEAM | MARKI | POL | M50 | | 01:12:31 | 00:03:23 | 05:26:20 | 00:03:31 | 04:29:02 |
| 20 | WINIECKI TOMASZ | 44 | IRON HOUSE TRIATHLON WŁOCLAWEK | WŁOCLAWEK | POL | M48 | IRON HOUSE TRIATHLON WŁOCLAWEK | 01:15:31 | 00:05:54 | 05:17:32 | 00:04:28 | 04:30:28 |
| 21 | BUCHALIK ARKADIUSZ | 24 | | CZELADŹ | POL | M49 | | 01:11:31 | 00:04:15 | 05:30:35 | 00:02:38 | 04:14:45 |
| 22 | PRZEDPEŁSKI RADOSŁAW | 40 | SNG WILD DUCKS | ŁÓDŹ | POL | M40 | SNG WILD DUCKS | 01:15:56 | 00:05:32 | 05:15:14 | 00:02:33 | 04:14:40 |
| 23 | RYBAK REMIGIUSZ | 87 | TRISPACE/TREK | BIAŁE BŁOTA | POL | M45 | TRISPACE/TREK | 01:18:06 | 00:03:43 | 05:19:50 | 00:02:49 | 04:14:51 |
| 24 | CHMEL SERGIY | 104 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | M40 | | 01:22:52 | 00:03:56 | 04:59:58 | 00:03:10 | 03:26:57 |
| 25 | LETKOWSKI DARIUSZ | 61 | GAPMONT RUNNING TEAM | WARSZAWA | POL | M44 | | 01:10:37 | 00:04:03 | 05:52:52 | 00:04:55 | 04:56:35 |
| 26 | DYLIK MARCIN | 53 | HTF LUDWIK SIKORSKI | ALEKSANDRÓW ŁÓDZKI | POL | M41 | | 01:14:58 | 00:03:39 | 05:42:17 | 00:05:22 | 05:34:31 |
| 27 | JAGAS RADOSŁAW | 84 | HTF LUDWIK SIKORSKI | GRABINA | POL | M50 | HTF LUDWIK SIKORSKI | 01:15:42 | 00:04:06 | 05:39:01 | 00:04:49 | 04:41:37 |
| 28 | PIESIK DAWID | 17 | IM INSPIRATION | BYDGOSZCZ | POL | M32 | | 01:20:15 | 00:03:18 | 05:21:36 | 00:03:11 | 04:27:26 |
| 29 | BYRTEK GRZEGORZ | 9 | TEAM CASTORAMA | BYDGOSZCZ | POL | M47 | | 01:07:39 | 00:05:42 | 06:10:56 | 00:05:54 | 05:51:57 |
| 30 | WRÓBEL MATEUSZ | 16 | IRON HOUSE TRIATHLON WŁOCLAWEK | BYDGOSZCZ | POL | M32 | IRON HOUSE TRIATHLON WŁOCLAWEK | 01:15:35 | 00:04:11 | 05:45:00 | 00:03:05 | 05:33:05 |
| 31 | GERGER LAURENZ | 15 | CRYSTAL PALACE TRIATHLETES | BECKENHAM | GBR | M29 | | 01:17:43 | 00:05:36 | 05:23:21 | 00:02:50 | 04:36:01 |
| 32 | MAZANKA JAKUB | 26 | | BORÓWIEC | POL | M46 | | 01:12:15 | 00:04:19 | 06:21:48 | 00:04:36 | 04:10:56 |
| 33 | ŚLIWA MACIEJ | 107 | PAPRYKA | KRUSZYN | POL | M39 | | 01:20:01 | 00:05:04 | 05:28:44 | 00:05:33 | 04:50:18 |
| 34 | MOJSIEWICZ SŁAWOMIR | 18 | | WARSZAWA | POL | M46 | | 01:16:52 | 00:03:56 | 05:38:26 | 00:04:18 | 04:24:27 |
| 35 | SUPERSON WOJTEK | 25 | | KRAKÓW | POL | M51 | | 01:11:10 | 00:04:04 | 06:10:36 | 00:03:18 | 05:59:08 |
| 36 | MICHAŁAK LESŁAW | 114 | N-BIKE ACADEMY | OSIELSKO | POL | M46 | | 01:11:49 | 00:07:30 | 06:02:40 | 00:07:10 | 04:44:16 |
| 37 | KUCIŃSKI ARTUR | 95 | JEBAC PIS | DOBRCZ | POL | M47 | | 01:16:30 | 00:05:18 | 05:46:21 | 00:05:04 | 06:10:54 |
| 38 | JAROSZ HUBERT | 56 | | LUBLIN | POL | M30 | | 01:18:01 | 00:05:59 | 05:55:15 | 00:08:23 | 05:25:18 |
| 39 | ZIĘBA MATEUSZ | 55 | FOREVER TEAM | ŚWILCZA | POL | M38 | | 01:19:16 | 00:04:43 | 05:43:40 | 00:02:56 | 04:43:33 |
| 40 | KRAKOWSKI JAN | 119 | INVICTUS 3CITY | GDYNIA | POL | M28 | | 01:25:43 | 00:02:43 | 05:30:13 | 00:03:26 | 04:04:16 |
| 41 | KALIN WLADYSŁAW | 29 | TAEKWON-DO GROMOWSKI | UNISLAW | POL | M42 | | 01:19:51 | 00:05:46 | 05:43:46 | 00:05:04 | 04:21:28 |
| 42 | CHOBOT KRZYSZTOF | 80 | | CZĘSTOCHOWA | POL | M44 | | 01:19:22 | 00:06:21 | 05:41:36 | 00:06:18 | 05:14:51 |
| 43 | BYRTEK MARCIN | 12 | | BYDGOSZCZ | POL | M45 | | 01:17:12 | 00:08:23 | 06:19:56 | 00:10:40 | 06:23:07 |
| 44 | ŁUCYSZYN ROBERT | 42 | | DOBROSZÓW OLEŚNICKI | POL | M44 | | 01:20:01 | 00:10:34 | 05:23:11 | 00:04:52 | 05:15:19 |
| 45 | RAJCA DANIEL | 96 | IM INSPIRATION | WARSZAWA | POL | M32 | IM INSPIRATION | 01:27:52 | 00:04:37 | 05:40:07 | 00:02:15 | 03:56:57 |
| 46 | MASŁOWSKI MARCIN | 39 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M43 | HTF LUDWIK SIKORSKI | 01:22:13 | 00:04:54 | 05:45:03 | 00:02:38 | 04:22:33 |
| 47 | SĄLEK DOMINIK | 66 | | RADOM | POL | M26 | | 01:15:54 | 00:05:07 | 06:14:53 | 00:02:21 | 04:30:36 |
| 48 | WASZKIEWICZ DARIUSZ | 45 | IM INSPIRATION / SPORT4LIFE | INOWROCLAW | POL | M46 | | 01:29:49 | 00:05:42 | 05:18:19 | 00:04:20 | 04:42:53 |
| 49 | DUSIŃSKI KRZYSZTOF | 7 | | REDA DUSIŃSKI@WP.PL | POL | M43 | | 01:26:35 | 00:05:39 | 05:39:59 | 00:06:20 | 03:58:03 |
| 50 | PIASECKI RADOSŁAW | 121 | | BYDGOSZCZ | POL | M28 | | 01:22:53 | 00:05:22 | 05:52:17 | 00:04:48 | 05:01:39 |
| 51 | LASSAK BARTOSZ | 21 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M46 | AKADEMIA MISTRZÓW SPORTU | 01:26:25 | 00:05:15 | 05:49:31 | 00:02:09 | 04:50:38 |
| 52 | KUC KRZYSZTOF | 109 | | BYSTRA | POL | M42 | | 01:24:39 | 00:09:53 | 05:29:49 | 00:07:02 | 05:15:39 |
| 53 | GACKOWSKI KRZYSZTOF | 14 | | BYDGOSZCZ | POL | M49 | | 01:23:34 | 00:04:20 | 06:18:16 | 00:05:17 | 05:23:15 |
| 54 | CHRAPKOWSKI MARCEL | 11 | IRON HOUSE TRIATHLON WŁOCLAWEK | WŁOCLAWEK | POL | M39 | IRON HOUSE TRIATHLON WŁOCLAWEK | 01:20:29 | 00:06:34 | 06:16:35 | 00:16:06 | 05:34:20 |
| 55 | POPEK MACIEJ | 10 | IRON HOUSE TRIATHLON WŁOCLAWEK | WŁOCLAWEK | POL | M45 | IRON HOUSE TRIATHLON WŁOCLAWEK | 01:29:03 | 00:05:34 | 05:45:06 | 00:05:15 | 05:16:15 |
| 56 | ŁUPIŃSKI DANIEL | 63 | TRIATHLON SIEDLCE CLUB | STARE OPOLE | POL | M44 | | 01:25:53 | 00:06:45 | 06:03:08 | 00:04:00 | 04:47:58 |
| 57 | ZACHWIEJA PIOTR | 37 | | BYDGOSZCZ | POL | M37 | | 01:28:50 | 00:04:02 | 05:58:11 | 00:05:25 | 04:26:34 |
| 58 | KUNKEL MARIUSZ | 86 | SMARUJ NA TRENING | GDAŃSK | POL | M46 | | 01:31:26 | 00:05:27 | 05:50:53 | 00:03:08 | 04:43:31 |
| 59 | CUPA IRENEUSZ | 113 | TRIATHLON KONSULTING | TORUŃ | POL | M49 | | 01:31:20 | 00:05:31 | 05:49:53 | 00:04:55 | 04:50:00 |
| 60 | WOJDYŁA PAWEŁ | 77 | UNLIMITED SPORT 2.0 | KOŁACZYCE | POL | M36 | | 01:29:09 | 00:06:32 | 06:05:13 | 00:04:04 | 05:05:53 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km | |
|------|----------------------|-----|--------------------------------|---------------------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|----------|
| 61 | KONIEC PIOTR | 13 | IRONTATA / ALETEAM | BYDGOSZCZ | POL | M45 | | 01:32:09 | 00:09:50 | 06:03:26 | 00:08:05 | 06:27:02 | |
| 62 | KONIECZNY PRZEMYSŁAW | 83 | VELOCITY | BORÓWIEC | POL | M36 | | 01:28:19 | 00:05:56 | 06:09:41 | 00:03:51 | 04:58:10 | |
| 63 | JUSZCZYK MIROSŁAW | 32 | | OSÓWIEC | POL | M32 | | 01:14:10 | 00:08:53 | 06:48:12 | 00:05:52 | 04:48:44 | |
| 64 | DREWUSZEWSKI MACIEJ | 50 | 4M | PŁAWNIOWICE | POL | M44 | | 01:28:16 | 00:07:43 | 06:12:02 | 00:05:10 | 04:55:46 | |
| 65 | SUBKOWSKI ARTUR | 59 | | ŚWIECIE | POL | M46 | | 01:33:27 | 00:05:23 | 05:42:24 | 00:02:53 | 05:04:06 | |
| 66 | KLIMCZAK MARCIN | 103 | | DĄBROWA BISKUPIA | POL | M46 | | 01:38:21 | 00:03:59 | 05:38:59 | 00:03:02 | 04:16:56 | |
| 67 | STEFANIAK MATEUSZ | 34 | | KRAKÓW | POL | M32 | | 01:34:49 | 00:07:20 | 05:51:41 | 00:03:19 | 04:31:21 | |
| 68 | WIECZOREK BARTOSZ | 71 | | GNIEWKOWO | POL | M36 | | 01:24:56 | 00:10:25 | 06:32:22 | 00:06:29 | 05:30:36 | |
| 69 | KRAWCZYK DAWID | 112 | SUŁKOWSKA SZKOŁA TRI | WIELICZKA | POL | M39 | | 01:33:09 | 00:06:50 | 05:49:36 | 00:04:14 | 04:16:23 | |
| 70 | NIEMCZYK KAZIMIERZ | 108 | | MILANÓWEK | POL | M60 | | 01:35:28 | 00:05:47 | 05:57:52 | 00:05:16 | 04:22:35 | |
| 71 | SZCZĘŚNIAK MICHAŁ | 91 | | CHRZANÓW | POL | M38 | | 01:31:04 | 00:07:09 | 06:00:50 | 00:06:07 | 05:04:27 | |
| 72 | WRZESZCZ ADRIAN | 75 | ADRIAN! BŁAGAM WOLNIEJ. | ŁÓDŹ | POL | M48 | HTF LUDWIK SIKORSKI | 01:26:48 | 00:04:46 | 06:52:01 | 00:06:15 | 05:54:46 | |
| 73 | CZAPIEWSKI KRZYSZTOF | 22 | | WARSZAWA | POL | M37 | | 01:33:34 | 00:08:00 | 06:04:00 | 00:06:48 | 04:14:00 | |
| 74 | WALCZAK KRYSZTOF | 28 | BIEGAJĄCE WALCZAKI | PILA | POL | M40 | | 01:36:18 | 00:05:36 | 06:34:55 | 00:03:43 | 05:00:13 | |
| 75 | KUZIEMSKI TOMASZ | 69 | KS MARATON OSTRÓW WLKP | OSTROW WIELKOPOLSKI | POL | M33 | | 01:26:00 | 00:07:09 | 07:06:37 | 00:05:52 | 06:01:51 | |
| 76 | JASIŃSKI BOGUSŁAW | 31 | | KARPACZ | POL | M69 | | 01:32:23 | 00:05:49 | 06:59:00 | 00:07:51 | 05:46:03 | |
| 77 | SUDOŁ JACEK | 102 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M44 | | 01:35:40 | 00:05:42 | 06:54:23 | 00:04:46 | 04:59:37 | |
| 78 | BEŁZAK FILIP | 82 | TRIJET TEAM | KRAKÓW | POL | M30 | | 01:36:41 | 00:06:56 | 06:22:10 | 00:04:51 | 05:23:55 | |
| 79 | NAGOW MICHAŁ | 51 | IRON HOUSE TRIATHLON WŁOCLAWEK | BYDGOSZCZ | POL | M48 | IRON HOUSE TRIATHLON WŁOCLAWEK | 01:39:36 | 00:09:48 | 06:15:19 | 00:05:00 | 05:17:16 | |
| 80 | JESION REMIGIUSZ | 94 | RUN DMT | DOBRCZ | POL | M39 | | 01:38:12 | 00:07:39 | 06:34:29 | 00:07:00 | 04:40:25 | |
| 81 | ZUBEK RAFAŁ | 46 | PTT DELTA | STRÓŻEWKO | POL | M55 | PTT DELTA | 01:41:44 | 00:07:08 | 06:31:02 | 00:07:14 | 05:27:58 | |
| 82 | UMIŃSKI ROBERT | 97 | | BYDGOSZCZ | POL | M42 | | 01:45:53 | 00:07:07 | 06:30:42 | 00:05:42 | 04:12:23 | |
| 83 | KAZUBOWSKI JACEK | 88 | TRIDARKO | BIAŁE BŁOTA | POL | M55 | | 01:56:02 | 00:04:20 | 06:07:08 | 00:04:12 | 05:05:48 | |
| 84 | WARCHOŁ RYSZARD | 65 | CAŁY TWÓJ | ŚWIECIE | POL | M55 | | 02:00:31 | 00:10:27 | 06:30:08 | 00:06:19 | 05:31:43 | |
| 85 | SZYMKUĆ WOJCIECH | 73 | KRÓL BETONU | POZNAŃ | POL | M33 | | 01:49:13 | 00:09:07 | 07:17:07 | 00:05:15 | 05:17:01 | |
| 86 | ANDRAU ANATOLI | 89 | ALTIUS | WARSZAWA | BEL | M45 | | 01:59:34 | 00:05:22 | 07:27:07 | 00:02:31 | 06:01:03 | |
| | MARCINEK TOMASZ | 8 | TM IRON TEAM | RACIBÓRZ | POL | M31 | TM IRON TEAM | 00:48:16 | DNF | 00:02:02 | 04:39:42 | 00:01:37 | 00:00:00 |
| | MAKSYMOWICZ TOMASZ | 48 | IM INSPIRATION / IRON BRO | ELBLĄG | POL | M22 | | 00:51:58 | DNF | 00:02:25 | 04:54:29 | 00:01:53 | 00:00:00 |
| | KOŠŤAN TOMÁŠ | 118 | KPŠ NEREUS ŽILINA | ŽILINA | SVK | M30 | | 01:04:45 | DNF | 00:03:01 | 05:19:30 | 00:02:42 | 00:00:00 |
| | LANGE GRZEGORZ | 79 | LANGE TRI COACH | KOSZALIN | POL | M44 | | 01:12:08 | DNF | 00:03:31 | 05:15:05 | 00:02:15 | 00:00:00 |
| | FAJFER ARKADIUSZ | 35 | SNG WILD DUCKS | PODDĘBICE | POL | M38 | SNG WILD DUCKS | 01:18:54 | DNF | 00:04:38 | 05:14:37 | 00:03:35 | 00:00:00 |
| | BUDZANOWSKI MICHAŁ | 85 | | WROCLAW | POL | M33 | | 01:11:41 | DNF | 00:05:25 | 00:00:00 | 00:00:00 | |
| | FRĄCKIEWICZ PAWEŁ | 41 | | LUDWIKOWO | POL | M23 | | 01:20:21 | DNF | 00:08:01 | 06:36:36 | 00:11:48 | 00:00:00 |
| | KORYTOWSKI MACIEJ | 90 | ROWEROWE LIPNO | LIPNO | POL | M39 | | 01:26:04 | DNF | 00:09:57 | 07:23:04 | 00:08:56 | 00:00:00 |
| | MISZTELA TOMASZ | 6 | PTT DELTA | SŁUPNO | POL | M56 | PTT DELTA | 01:42:20 | DNF | 00:04:23 | 05:54:36 | 00:03:15 | 00:00:00 |
| | KĘDZIA JAROSŁAW | 5 | CASTORAMA | BYDGOSZCZ | POL | M43 | | DNF | 01:58:08 | 00:00:00 | 00:00:00 | 00:00:00 | |
| | CZAJKOWSKI ARKADIUSZ | 57 | | BYDGOSZCZ | POL | M29 | | DNF | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M22

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km | |
|------|--------------------|----|---------------------------|-----------|------|------|-----------|-------------------|-----|----------------|----------|-----------------|----------|
| | MAKSYMOWICZ TOMASZ | 48 | IM INSPIRATION / IRON BRO | ELBLĄG | POL | M22 | | 00:51:58 | DNF | 00:02:25 | 04:54:29 | 00:01:53 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M23

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km | |
|------|-------------------|----|------|-----------|------|------|-----------|-------------------|-----|----------------|----------|-----------------|----------|
| | FRĄCKIEWICZ PAWEŁ | 41 | | LUDWIKOWO | POL | M23 | | 01:20:21 | DNF | 00:08:01 | 06:36:36 | 00:11:48 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M26

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|-----|------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | NIKOLICS ZORAN | 106 | | KEREPES | HUN | M26 | | 00:57:21 | 00:02:44 | 04:35:02 | 00:02:13 | 03:24:26 |
| 2 | SĄŁEK DOMINIK | 66 | | RADOM | POL | M26 | | 01:15:54 | 00:05:07 | 06:14:53 | 00:02:21 | 04:30:36 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M28

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------|-----|----------------|-----------|------|------|----------------|-------------------|----------|----------------|----------|-----------------|
| 1 | SZYMKOWIAK NORBERT | 115 | IM INSPIRATION | PONIEC | POL | M28 | IM INSPIRATION | 01:12:47 | 00:03:24 | 05:00:21 | 00:02:03 | 03:55:36 |
| 2 | KRAKOWSKI JAN | 119 | INVICTUS 3CITY | GDYNIA | POL | M28 | | 01:25:43 | 00:02:43 | 05:30:13 | 00:03:26 | 04:04:16 |
| 3 | PIASECKI RADOŚLAW | 121 | | BYDGOSZCZ | POL | M28 | | 01:22:53 | 00:05:22 | 05:52:17 | 00:04:48 | 05:01:39 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|----------------------|----|----------------------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | NENKAŁA MATEUSZ | 64 | JERZYK TEAM | LESZNO | POL | M29 | | 01:15:30 | 00:03:55 | 05:19:30 | 00:03:11 | 05:02:25 |
| 2 | GERGER LAURENZ | 15 | CRYSTAL PALACE TRIATHLETES | BECKENHAM | GBR | M29 | | 01:17:43 | 00:05:36 | 05:23:21 | 00:02:50 | 04:36:01 |
| | CZAJKOWSKI ARKADIUSZ | 57 | | BYDGOSZCZ | POL | M29 | | DNF | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km | |
|------|-----------------|-----|-------------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|----------|
| 1 | JAROSZ HUBERT | 56 | | LUBLIN | POL | M30 | | 01:18:01 | 00:05:59 | 05:55:15 | 00:08:23 | 05:25:18 | |
| 2 | BĘŁZAK FILIP | 82 | TRIJET TEAM | KRAKÓW | POL | M30 | | 01:36:41 | 00:06:56 | 06:22:10 | 00:04:51 | 05:23:55 | |
| | KOŠŤAN TOMÁŠ | 118 | KPŠ NEREUS ŽILINA | ŽILINA | SVK | M30 | | 01:04:45 | DNF | 00:03:01 | 05:19:30 | 00:02:42 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K31

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------|----|-----------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | MOTYLEWSKA MARTA | 47 | PTT DELTA | PŁOCK | POL | K31 | PTT DELTA | 01:28:10 | 00:03:59 | 05:45:37 | 00:03:33 | 04:22:39 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M31

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km | |
|------|-----------------|----|--------------|-----------|------|------|--------------|-------------------|-----|----------------|----------|-----------------|----------|
| | MARCINEK TOMASZ | 8 | TM IRON TEAM | RACIBÓRZ | POL | M31 | TM IRON TEAM | 00:48:16 | DNF | 00:02:02 | 04:39:42 | 00:01:37 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M32

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | PIEKARSKI PAWEŁ | 20 | | BYDGOSZCZ | POL | M32 | | 01:05:24 | 00:04:37 | 05:37:11 | 00:02:53 | 05:31:23 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M32 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-------------------|----|--------------------------------|-----------|------|------|--------------------------------------|-------------------|----------|----------------|----------|-----------------|
| 2 | PIESIK DAWID | 17 | IM INSPIRATION | BYDGOSZCZ | POL | M32 | | 01:20:15 | 00:03:18 | 05:21:36 | 00:03:11 | 04:27:26 |
| 3 | WRÓBEL MATEUSZ | 16 | IRON HOUSE TRIATHLON WŁOCŁAWEK | BYDGOSZCZ | POL | M32 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:15:35 | 00:04:11 | 05:45:00 | 00:03:05 | 05:33:05 |
| 4 | RAJCA DANIEL | 96 | IM INSPIRATION | WARSZAWA | POL | M32 | IM INSPIRATION | 01:27:52 | 00:04:37 | 05:40:07 | 00:02:15 | 03:56:57 |
| 5 | JUSZCZYK MIROSŁAW | 32 | | OSÓWIEC | POL | M32 | | 01:14:10 | 00:08:53 | 06:48:12 | 00:05:52 | 04:48:44 |
| 6 | STEFANIAK MATEUSZ | 34 | | KRAKÓW | POL | M32 | | 01:34:49 | 00:07:20 | 05:51:41 | 00:03:19 | 04:31:21 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M33

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------|----|------------------------|---------------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | KUZIEMSKI TOMASZ | 69 | KS MARATON OSTRÓW WLKP | OSTROW WIELKOPOLSKI | POL | M33 | | 01:26:00 | 00:07:09 | 07:06:37 | 00:05:52 | 06:01:51 |
| 2 | SZYMKUĆ WOJCIECH | 73 | KRÓL BETONU | POZNAŃ | POL | M33 | | 01:49:13 | 00:09:07 | 07:17:07 | 00:05:15 | 05:17:01 |
| | BUDZANOWSKI MICHAŁ | 85 | | WROCLAW | POL | M33 | | 01:11:41 | DNF | 00:05:25 | 00:00:00 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-------------------|----|-----------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | SWOBODA SEBASTIAN | 81 | FIZJOSPEC | KRAKÓW | POL | M35 | | 01:10:00 | 00:04:19 | 05:32:59 | 00:03:08 | 04:05:23 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|-----|-------------------|-----------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | ZAVEDIUK TANIA | 105 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | K36 | | 01:12:20 | 00:04:52 | 05:49:46 | 00:09:44 | 04:14:25 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|----------------------|-----|---------------------|-----------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | HALAJ DUŠAN | 100 | KPŠ NEREUS ŽILINA | MARTIN-PRIEKOPA | SVK | M36 | | 01:03:18 | 00:02:46 | 04:54:15 | 00:02:17 | 03:44:44 |
| 2 | WOJDYŁA PAWEŁ | 77 | UNLIMITED SPORT 2.0 | KOŁACZYCE | POL | M36 | | 01:29:09 | 00:06:32 | 06:05:13 | 00:04:04 | 05:05:53 |
| 3 | KONIECZNY PRZEMYSŁAW | 83 | VELOCITY | BORÓWIEC | POL | M36 | | 01:28:19 | 00:05:56 | 06:09:41 | 00:03:51 | 04:58:10 |
| 4 | WIECZOREK BARTOSZ | 71 | | GNIEWKOWO | POL | M36 | | 01:24:56 | 00:10:25 | 06:32:22 | 00:06:29 | 05:30:36 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------|----|-----------|------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | FRĄCKOWIAK MARTA | 1 | TEAMOCHAL | MYŚLECINEK | POL | K37 | TEAMOCHAL | 01:29:17 | 00:04:42 | 06:06:42 | 00:05:38 | 04:37:11 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|----------------------|----|---------------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | SKIBA MARIUSZ | 49 | KS IRONMAN SZCZECIN | SZCZECIN | POL | M37 | | 01:16:37 | 00:04:52 | 05:09:43 | 00:02:44 | 04:15:36 |
| 2 | ZACHWIEJA PIOTR | 37 | | BYDGOSZCZ | POL | M37 | | 01:28:50 | 00:04:02 | 05:58:11 | 00:05:25 | 04:26:34 |
| 3 | CZAPIEWSKI KRZYSZTOF | 22 | | WARSZAWA | POL | M37 | | 01:33:34 | 00:08:00 | 06:04:00 | 00:06:48 | 04:14:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M38

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-------------------|----|----------------|-----------|------|------|----------------|-------------------|----------|----------------|----------|-----------------|
| 1 | DURMAJ BARTEK | 27 | | SIECHNICE | POL | M38 | | 01:12:21 | 00:02:54 | 05:20:25 | 00:02:46 | 03:44:36 |
| 2 | ZIĘBA MATEUSZ | 55 | FOREVER TEAM | ŚWILCZA | POL | M38 | | 01:19:16 | 00:04:43 | 05:43:40 | 00:02:56 | 04:43:33 |
| 3 | SZCZĘŚNIAK MICHAŁ | 91 | | CHRZANÓW | POL | M38 | | 01:31:04 | 00:07:09 | 06:00:50 | 00:06:07 | 05:04:27 |
| | FAJFER ARKADIUSZ | 35 | SNG WILD DUCKS | PODDĘBICE | POL | M38 | SNG WILD DUCKS | 01:18:54 DNF | 00:04:38 | 05:14:37 | 00:03:35 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------|-----|--------------------------------|-----------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | JACHIMSKI JAKUB | 92 | TRIWAWA | WARSZAWA | POL | M39 | TRIWAWA | 01:09:09 | 00:02:42 | 05:42:01 | 00:02:20 | 04:25:05 |
| 2 | ŚLIWA MACIEJ | 107 | PAPRYKA | KRUSZYN | POL | M39 | | 01:20:01 | 00:05:04 | 05:28:44 | 00:05:33 | 04:50:18 |
| 3 | CHRAPKOWSKI MARCEL | 11 | IRON HOUSE TRIATHLON WŁOCLĄWEK | WŁOCLĄWEK | POL | M39 | IRON HOUSE TRIATHLON WŁOCLĄWEK | 01:20:29 | 00:06:34 | 06:16:35 | 00:16:06 | 05:34:20 |
| 4 | KRAWCZYK DAWID | 112 | SUŁKOWSKA SZKOŁA TRI | WIELICZKA | POL | M39 | | 01:33:09 | 00:06:50 | 05:49:36 | 00:04:14 | 04:16:23 |
| 5 | JESION REMIGIUSZ | 94 | RUN DMT | DOBRCZ | POL | M39 | | 01:38:12 | 00:07:39 | 06:34:29 | 00:07:00 | 04:40:25 |
| | KORYTOWSKI MACIEJ | 90 | ROWEROWE LIPNO | LIPNO | POL | M39 | | 01:26:04 DNF | 00:09:57 | 07:23:04 | 00:08:56 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------------|-----|---------------------|-----------------|------|------|----------------|-------------------|----------|----------------|----------|-----------------|
| 1 | KĄŻMIERCZAK ŁUKASZ | 62 | LUKS DWÓJKA STRYKÓW | GŁOWNO | POL | M40 | | 01:06:42 | 00:03:17 | 05:01:38 | 00:02:31 | 03:53:26 |
| 2 | KRASNODEBSKI SEBASTIAN | 120 | TM IRON TEAM | GRUDZIĄDZ | POL | M40 | TM IRON TEAM | 01:14:24 | 00:03:51 | 05:05:15 | 00:03:29 | 03:48:46 |
| 3 | PRZEDPEŁSKI RADOSŁAW | 40 | SNG WILD DUCKS | ŁÓDŹ | POL | M40 | SNG WILD DUCKS | 01:15:56 | 00:05:32 | 05:15:14 | 00:02:33 | 04:14:40 |
| 4 | CHMEL SERGIY | 104 | IRON TEAM CADENCE | IVANO-FRANKIVSK | UKR | M40 | | 01:22:52 | 00:03:56 | 04:59:58 | 00:03:10 | 03:26:57 |
| 5 | WALCZAK KRYSYAN | 28 | BIEGAJĄCE WALCZAKI | PIŁA | POL | M40 | | 01:36:18 | 00:05:36 | 06:34:55 | 00:03:43 | 05:00:13 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M41

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------|-----|---------------------|--------------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | PULCINSKI MICHAŁ | 52 | TMT | TORUN | POL | M41 | | 01:04:41 | 00:04:43 | 05:21:41 | 00:03:09 | 03:32:17 |
| 2 | STARZ PAWEŁ | 116 | | ZĄBKI | POL | M41 | | 01:14:57 | 00:03:19 | 05:18:34 | 00:02:45 | 03:32:09 |
| 3 | DYLIK MARCIN | 53 | HTF LUDWIK SIKORSKI | ALEKSANDRÓW ŁÓDZKI | POL | M41 | | 01:14:58 | 00:03:39 | 05:42:17 | 00:05:22 | 05:34:31 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M42

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|-----|----------------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | KALIN WLADYSLAW | 29 | TAEKWON-DO GROMOWSKI | UNISLAW | POL | M42 | | 01:19:51 | 00:05:46 | 05:43:46 | 00:05:04 | 04:21:28 |
| 2 | KUC KRZYSZTOF | 109 | | BYSTRA | POL | M42 | | 01:24:39 | 00:09:53 | 05:29:49 | 00:07:02 | 05:15:39 |
| 3 | UMIŃSKI ROBERT | 97 | | BYDGOSZCZ | POL | M42 | | 01:45:53 | 00:07:07 | 06:30:42 | 00:05:42 | 04:12:23 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M43

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------|----|---------------------|-----------|------|------|---------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | MASŁOWSKI MARCIN | 39 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M43 | HTF LUDWIK SIKORSKI | 01:22:13 | 00:04:54 | 05:45:03 | 00:02:38 | 04:22:33 |
| 2 | DUSIŃSKI KRZYSZTOF | 7 | | BYDGOSZCZ | POL | M43 | REDA DUSIŃSKI@WP.PL | 01:26:35 | 00:05:39 | 05:39:59 | 00:06:20 | 03:58:03 |
| | KĘDZIA JAROSŁAW | 5 | CASTORAMA | BYDGOSZCZ | POL | M43 | | DNF | 01:58:08 | | 00:00:00 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|----------------------|-----|----------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | JANICKA-JAWOR JOANNA | 117 | EMJOT TRI TEAM | MYSŁOWICE | POL | K44 | | 01:26:57 | 00:07:11 | 06:45:50 | 00:02:57 | 04:38:24 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------|-----|------------------------|---------------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | LETKOWSKI DARIUSZ | 61 | GAPMONT RUNNING TEAM | WARSZAWA | POL | M44 | | 01:10:37 | 00:04:03 | 05:52:52 | 00:04:55 | 04:56:35 |
| 2 | CHOBOT KRZYSZTOF | 80 | | CZĘSTOCHOWA | POL | M44 | | 01:19:22 | 00:06:21 | 05:41:36 | 00:06:18 | 05:14:51 |
| 3 | ŁUCYSZYN ROBERT | 42 | | DOBROSZÓW OLEŚNICKI | POL | M44 | | 01:20:01 | 00:10:34 | 05:23:11 | 00:04:52 | 05:15:19 |
| 4 | ŁUPIŃSKI DANIEL | 63 | TRIATHLON SIEDLCE CLUB | STARE OPOLE | POL | M44 | | 01:25:53 | 00:06:45 | 06:03:08 | 00:04:00 | 04:47:58 |
| 5 | DREWUSZEWSKI MACIEJ | 50 | 4M | PŁAWNIOWICE | POL | M44 | | 01:28:16 | 00:07:43 | 06:12:02 | 00:05:10 | 04:55:46 |
| 6 | SUDOŁ JACEK | 102 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M44 | | 01:35:40 | 00:05:42 | 06:54:23 | 00:04:46 | 04:59:37 |
| | LANGE GRZEGORZ | 79 | LANGE TRI COACH | KOSZALIN | POL | M44 | | 01:12:08 DNF | 00:03:31 | 05:15:05 | 00:02:15 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|--------------------------------|-------------|------|------|--------------------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | RYBAK REMIGIUSZ | 87 | TRISPACE/TREK | BIAŁE BŁOTA | POL | M45 | TRISPACE/TREK | 01:18:06 | 00:03:43 | 05:19:50 | 00:02:49 | 04:14:51 |
| 2 | BYRTEK MARCIN | 12 | | BYDGOSZCZ | POL | M45 | | 01:17:12 | 00:08:23 | 06:19:56 | 00:10:40 | 06:23:07 |
| 3 | POPEK MACIEJ | 10 | IRON HOUSE TRIATHLON WŁOCLĄWEK | WŁOCLĄWEK | POL | M45 | IRON HOUSE TRIATHLON WŁOCLĄWEK | 01:29:03 | 00:05:34 | 05:45:06 | 00:05:15 | 05:16:15 |
| 4 | KONIEC PIOTR | 13 | IRON TATA / ALETEAM | BYDGOSZCZ | POL | M45 | | 01:32:09 | 00:09:50 | 06:03:26 | 00:08:05 | 06:27:02 |
| 5 | ANDRAU ANATOLI | 89 | ALTIUS | WARSZAWA | BEL | M45 | | 01:59:34 | 00:05:22 | 07:27:07 | 00:02:31 | 06:01:03 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M46

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------|-----|-----------------------------|------------------|------|------|-----------------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | SOKÓŁ ADAM | 67 | | RZESZÓW | POL | M46 | | 01:06:13 | 00:04:08 | 05:31:32 | 00:05:10 | 04:28:05 |
| 2 | MALISZEWSKI MICHAŁ | 93 | | STRASZYN | POL | M46 | | 01:09:04 | 00:04:11 | 05:19:14 | 00:04:16 | 03:49:57 |
| 3 | MAZANKA JAKUB | 26 | | BORÓWIEC | POL | M46 | | 01:12:15 | 00:04:19 | 06:21:48 | 00:04:36 | 04:10:56 |
| 4 | MOJSIEWICZ SŁAWOMIR | 18 | | WARSZAWA | POL | M46 | | 01:16:52 | 00:03:56 | 05:38:26 | 00:04:18 | 04:24:27 |
| 5 | MICHALAK LESŁAW | 114 | N-BIKE ACADEMY | OSIELSKO | POL | M46 | | 01:11:49 | 00:07:30 | 06:02:40 | 00:07:10 | 04:44:16 |
| 6 | WASZKIEWICZ DARIUSZ | 45 | IM INSPIRATION / SPORT4LIFE | INOWROCŁAW | POL | M46 | | 01:29:49 | 00:05:42 | 05:18:19 | 00:04:20 | 04:42:53 |
| 7 | LASSAK BARTOSZ | 21 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M46 | AKADEMIA MISTRZÓW SPORTU | 01:26:25 | 00:05:15 | 05:49:31 | 00:02:09 | 04:50:38 |
| 8 | KUNKEL MARIUSZ | 86 | SMARUJ NA TRENING | GDAŃSK | POL | M46 | | 01:31:26 | 00:05:27 | 05:50:53 | 00:03:08 | 04:43:31 |
| 9 | SUBKOWSKI ARTUR | 59 | | ŚWIECIE | POL | M46 | | 01:33:27 | 00:05:23 | 05:42:24 | 00:02:53 | 05:04:06 |
| 10 | KLIMCZAK MARCIN | 103 | | DĄBROWA BISKUPIA | POL | M46 | | 01:38:21 | 00:03:59 | 05:38:59 | 00:03:02 | 04:16:56 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------------------|-----|--------------|--------------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | MACIEJOWSKA - BĄCZEK KATARZYNA | 101 | TM IRON TEAM | MIĘDZYRZECZE GÓRNE | POL | K47 | | 02:07:16 | 00:05:56 | 07:12:59 | 00:04:15 | 05:19:10 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|----------------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | BYRTEK GRZEGORZ | 9 | TEAM CASTORAMA | BYDGOSZCZ | POL | M47 | | 01:07:39 | 00:05:42 | 06:10:56 | 00:05:54 | 05:51:57 |
| 2 | KUCIŃSKI ARTUR | 95 | JEBĄC PIS | DOBRCZ | POL | M47 | | 01:16:30 | 00:05:18 | 05:46:21 | 00:05:04 | 06:10:54 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M48

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|--------------------------------|-----------|------|------|--------------------------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | NOSOWSKI JACEK | 36 | TRI.REGRESS | WARSZAWA | POL | M48 | | 01:03:06 | 00:04:19 | 05:20:00 | 00:02:48 | 03:43:52 |
| 2 | WINIECKI TOMASZ | 44 | IRON HOUSE TRIATHLON WŁOCŁAWEK | WŁOCŁAWEK | POL | M48 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:15:31 | 00:05:54 | 05:17:32 | 00:04:28 | 04:30:28 |
| 3 | WRZESZCZ ADRIAN | 75 | ADRIAN! BŁAGAM WOLNIEJ. | ŁÓDŹ | POL | M48 | HTF LUDWIK SIKORSKI | 01:26:48 | 00:04:46 | 06:52:01 | 00:06:15 | 05:54:46 |
| 4 | NAGOW MICHAŁ | 51 | IRON HOUSE TRIATHLON WŁOCŁAWEK | BYDGOSZCZ | POL | M48 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 01:39:36 | 00:09:48 | 06:15:19 | 00:05:00 | 05:17:16 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------|-----|----------------------|-----------|------|------|---------------|-------------------|----------|----------------|----------|-----------------|
| 1 | ZIĘBA ADAM | 99 | TRISPACE/TREK | BYDGOSZCZ | POL | M49 | TRISPACE/TREK | 01:11:22 | 00:03:32 | 05:01:37 | 00:02:22 | 03:26:21 |
| 2 | BUCHALIK ARKADIUSZ | 24 | | CZELADŹ | POL | M49 | | 01:11:31 | 00:04:15 | 05:30:35 | 00:02:38 | 04:14:45 |
| 3 | GACKOWSKI KRZYSZTOF | 14 | | BYDGOSZCZ | POL | M49 | | 01:23:34 | 00:04:20 | 06:18:16 | 00:05:17 | 05:23:15 |
| 4 | CUPA IRENEUSZ | 113 | TRIATHLON KONSULTING | TORUŃ | POL | M49 | | 01:31:20 | 00:05:31 | 05:49:53 | 00:04:55 | 04:50:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------------|----|-----------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | BURŻACKA-TYC AGNIESZKA | 43 | PTT DELTA | PŁOCK | POL | K50 | PTT DELTA | 01:27:18 | 00:06:11 | 06:36:39 | 00:03:54 | 04:58:07 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|---------------------------|-----|---------------------|-----------|------|------|---------------------|-------------------|----------|----------------|----------|-----------------|
| 1 | KOZMINCZUK-MARKULAK MAREK | 111 | TM IRON TEAM | GLIWICE | POL | M50 | TM IRON TEAM | 01:14:53 | 00:03:20 | 05:27:45 | 00:03:08 | 04:24:41 |
| 2 | HUNKIEWICZ WOJCIECH | 78 | MBC TEAM | MARKI | POL | M50 | | 01:12:31 | 00:03:23 | 05:26:20 | 00:03:31 | 04:29:02 |
| 3 | JAGAS RADOŚLAW | 84 | HTF LUDWIK SIKORSKI | GRABINA | POL | M50 | HTF LUDWIK SIKORSKI | 01:15:42 | 00:04:06 | 05:39:01 | 00:04:49 | 04:41:37 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M51

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | SUPERSON WOJTEK | 25 | | KRAKÓW | POL | M51 | | 01:11:10 | 00:04:04 | 06:10:36 | 00:03:18 | 05:59:08 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M55

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|------------------|----|-----------|-------------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | ZUBEK RAFAŁ | 46 | PTT DELTA | STRÓŻEWKO | POL | M55 | PTT DELTA | 01:41:44 | 00:07:08 | 06:31:02 | 00:07:14 | 05:27:58 |
| 2 | KAZUBOWSKI JACEK | 88 | TRIDARKO | BIAŁE BŁOTA | POL | M55 | | 01:56:02 | 00:04:20 | 06:07:08 | 00:04:12 | 05:05:48 |
| 3 | WARCHOŁ RYSZARD | 65 | CAŁY TWÓJ | ŚWIECIE | POL | M55 | | 02:00:31 | 00:10:27 | 06:30:08 | 00:06:19 | 05:31:43 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M56

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-----------------|----|-----------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| | MISZTELA TOMASZ | 6 | PTT DELTA | SŁUPNO | POL | M56 | PTT DELTA | 01:42:20 DNF | 00:04:23 | 05:54:36 | 00:03:15 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|--------------------|-----|------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | NIEMCZYK KAZIMIERZ | 108 | | MILANÓWEK | POL | M60 | | 01:35:28 | 00:05:47 | 05:57:52 | 00:05:16 | 04:22:35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 3.8km | T1 | Rower 180km | T2 | Bieg 42.37km |
|------|-------------------|----|------|-----------|------|------|-----------|-------------------|----------|----------------|----------|-----------------|
| 1 | JASIŃSKI BOGUSŁAW | 31 | | KARPACZ | POL | M69 | | 01:32:23 | 00:05:49 | 06:59:00 | 00:07:51 | 05:46:03 |