

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Organizator: Towarzystwo Sportowe TRI-SPORT
 Data: 2022-08-20
 Miejsce: Bydgoszcz
 Dystans: 113 km



Wyniki dla punktu pomiaru: 98.616 km

Klasyfikacja wg czasów netto.

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|--|--------------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 1 | SAWIEŁAJC JAKUB | 560 | TM IRON TEAM | BYDGOSZCZ | POL | M-23 | TM IRON TEAM | 00:28:22 (1) | 00:02:22 | 02:16:43 (1) | 00:02:07 | 01:32:31 (6) |
| 2 | KONIECZNY MARCIN | 501 | K.S. NIEMANIEMOGE | OLSZTYN | POL | M-50 | | 00:33:21 (8) | 00:01:53 | 02:17:42 (2) | 00:01:37 | 01:22:00 (1) |
| 3 | KLYM YURII | 684 | | KYIV | UKR | M-37 | | 00:35:04 (22) | 00:02:00 | 02:18:18 (3) | 00:01:59 | 01:24:16 (2) |
| 4 | BLADOWSKI ARTUR | 695 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:35:03 (21) | 00:00:57 | 02:22:00 (9) | 00:02:00 | 01:24:17 (3) |
| 5 | KOMPA MARCIN | 710 | IM INSPIRATION | WARSZAWA | POL | M-23 | IM INSPIRATION TEAM | 00:30:27 (5) | 00:02:12 | 02:23:01 (12) | 00:00:41 | 01:27:20 (5) |
| 6 | DĄBROWSKI DARIUSZ | 708 | ILABO RACING TEAM POWERED BY CTS | PIASECZNO | POL | M-48 | | 00:30:13 (2) | 00:02:01 | 02:21:38 (8) | 00:01:40 | 01:36:25 (12) |
| 7 | KOWALCZYK PIOTR | 616 | KAZIKI | WARSZAWA | POL | M-41 | KAZIKI | 00:33:30 (11) | 00:02:04 | 02:21:20 (6) | 00:02:01 | 01:25:45 (4) |
| 8 | STARON PIOTR | 541 | STARZYNSKI.COACH | BUDZISZEWICE | POL | M-43 | | 00:33:39 (13) | 00:03:09 | 02:20:34 (5) | 00:01:54 | 01:32:39 (7) |
| 9 | MALINOWSKI JAROSŁAW | 652 | KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY | WARSZAWA | POL | M-40 | KARAŚ TRI&SWIM TEAM | 00:34:09 (14) | 00:02:03 | 02:20:15 (4) | 00:01:56 | 01:40:45 (21) |
| 10 | NOWAK ANDRZEJ | 640 | GT RAT | WROCLAW | POL | M-40 | | 00:36:24 (32) | 00:02:18 | 02:21:32 (7) | 00:01:32 | 01:36:22 (11) |
| 11 | TRZASKA PRZEMYSŁAW | 556 | DREAM TRI TEAM | GDAŃSK | POL | M-37 | | 00:36:31 (33) | 00:01:47 | 02:22:18 (11) | 00:01:51 | 01:39:03 (18) |
| 12 | JEŹEK PETR | 663 | IAMX | PRAHA | CZE | M-45 | | 00:34:30 (18) | 00:02:57 | 02:26:03 (18) | 00:02:21 | 01:33:40 (9) |
| 13 | KRUPICKA TOMAS | 655 | IRONSPORT ELPO | RUDNÁ | CZE | M-35 | | 00:35:27 (26) | 00:02:11 | 02:24:27 (13) | 00:01:37 | 01:36:27 (13) |
| 14 | BYCH MACIEJ | 512 | TRIDEA TEAM | OŁAWA | POL | M-47 | TRIDEA TEAM | 00:34:27 (17) | 00:02:15 | 02:24:49 (14) | 00:02:17 | 01:42:54 (24) |
| 15 | MATUSIAK MATEUSZ | 625 | SNG WILD DUCKS | ZGIERZ | POL | M-35 | SNG WILD DUCKS | 00:33:38 (12) | 00:02:32 | 02:25:58 (17) | 00:02:27 | 01:46:52 (29) |
| 16 | PODWYSOCKI MARCIN | 527 | CTS | SEROCK | POL | M-34 | CTS | 00:30:25 (4) | 00:02:39 | 02:31:29 (33) | 00:01:52 | 01:51:39 (38) |
| 17 | KILIJĄCZYK PIOTR | 658 | | NEKLA | POL | M-42 | | 00:39:15 (56) | 00:02:02 | 02:27:13 (20) | 00:01:23 | 01:33:25 (8) |
| 18 | KAMIŃSKI TOMASZ | 505 | IM INSPIRATION TEAM | MROCZA | POL | M-42 | IM INSPIRATION TEAM | 00:42:52 (87) | 00:02:22 | 02:22:07 (10) | 00:02:28 | 01:35:36 (10) |
| 19 | WIĘCKOWSKI DARIUSZ | 528 | AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS | BYDGOSZCZ | POL | M-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:33:01 (7) | 00:02:19 | 02:31:04 (31) | 00:02:20 | 01:53:36 (42) |
| 20 | KRÓL HUBERT | 669 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-36 | | 00:30:21 (3) | 00:02:00 | 02:32:16 (36) | 00:02:02 | 01:58:21 (60) |
| 21 | MODER BARTŁOMIEJ | 697 | KAZIKI | WARSZAWA | POL | M-33 | KAZIKI | 00:35:16 (24) | 00:02:43 | 02:30:46 (30) | 00:03:21 | 01:41:03 (22) |
| 22 | MODZELEWSKI MACIEJ | 643 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:42:28 (84) | 00:02:43 | 02:26:18 (19) | 00:01:35 | 01:37:36 (14) |
| 23 | KUBANEK ŁUKASZ | 590 | TEAMOCHAL | NIEMCZ | POL | M-39 | TEAM OCHAL | 00:40:13 (68) | 00:03:06 | 02:25:15 (15) | 00:02:55 | 01:50:51 (36) |
| 24 | SZYMAŃSKI PIOTR | 572 | MIELCARKS TEAM | GDYNIA | POL | M-29 | MIELCARKS TEAM | 00:35:42 (27) | 00:03:20 | 02:30:25 (29) | 00:02:12 | 01:47:42 (32) |
| 25 | SOBIK ANDRZEJ | 557 | | CZYŻOWICE | POL | M-44 | | 00:37:18 (37) | 00:03:23 | 02:30:14 (27) | 00:01:38 | 01:46:13 (28) |
| 26 | NOSEK MACIEJ | 628 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-55 | | 00:42:22 (83) | 00:02:11 | 02:25:26 (16) | 00:02:26 | 01:55:08 (50) |
| 27 | SZMIDT JANUSZ | 688 | TRINERGY | KATOWICE | POL | M-52 | | 00:37:39 (41) | 00:03:31 | 02:30:23 (28) | 00:02:46 | 01:38:48 (17) |
| 28 | KLAPUCH MICHAŁ | 573 | EWA BUGDOŁ TEAM | GLIWICE | POL | M-42 | | 00:37:19 (39) | 00:02:55 | 02:33:45 (40) | 00:02:47 | 01:40:34 (20) |
| 29 | KLONOWSKI TOMASZ | 649 | PLATAN | ŚWIECIE | POL | M-44 | | 00:37:24 (40) | 00:02:29 | 02:28:28 (25) | 00:02:06 | 02:09:01 (106) |
| 30 | WIERZYŃSKI DAMIAN | 569 | TRISPACE /TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:40:50 (75) | 00:02:01 | 02:28:08 (22) | 00:02:00 | 01:58:23 (61) |
| 31 | GNIOT JACEK | 539 | TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ | GRUDZIĄDZ | POL | M-51 | TRISPACE/TREK | 00:44:48 (101) | 00:02:06 | 02:28:04 (21) | 00:02:00 | 01:38:39 (16) |
| 32 | MASZEWSKI DARIUSZ | 631 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-44 | TRIATHLON TEAM BOCHNIA | 00:33:25 (9) | 00:03:39 | 02:34:25 (44) | 00:02:35 | 02:00:42 (70) |
| 33 | CELMER MARCIN | 507 | PTT DELTA | PŁOCK | POL | M-41 | PTT DELTA | 00:38:56 (52) | 00:02:24 | 02:28:16 (24) | 00:02:22 | 02:01:58 (77) |
| 34 | KOZŁOWSKI JACEK | 520 | PTT DELTA | PŁOCK | POL | M-45 | PTT DELTA | 00:42:18 (81) | 00:03:24 | 02:31:40 (34) | 00:02:57 | 01:41:45 (23) |
| 35 | KULIK MICHAŁ | 662 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-43 | | 00:39:50 (63) | 00:03:42 | 02:31:23 (32) | 00:03:15 | 01:44:40 (26) |
| 36 | KRAJEWSKI TOMASZ | 677 | KP PSP INOWROCLAW | INOWROCLAW | POL | M-34 | | 00:37:16 (35) | 00:03:09 | 02:39:14 (60) | 00:01:50 | 01:38:17 (15) |
| 37 | SZCZYRBOWSKI MICHAŁ | 543 | TURBOKILLA | RYBNIK | POL | M-41 | | 00:40:45 (73) | 00:03:55 | 02:31:58 (35) | 00:02:01 | 01:53:42 (44) |
| 38 | CZAJKOWSKI KRZYSZTOF | 698 | | KOŁO | POL | M-47 | | 00:39:37 (62) | 00:02:24 | 02:35:29 (47) | 00:02:45 | 01:54:43 (48) |
| 39 | ANDRAŁOJC ANNA | 673 | TM IRON TEAM | BYDGOSZCZ | POL | K-31 | TM IRON TEAM | 00:35:22 (25) | 00:02:38 | 02:37:23 (54) | 00:02:07 | 02:01:37 (76) |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|-------------------------------|-------------------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 40 | DOBOSZ MICHAŁ | 665 | COMEXSPORTS TRIATHLON TEAM | GDYNIA | POL | M-46 | | 00:36:12 (30) | 00:02:46 | 02:37:13 (53) | 00:02:04 | 01:59:24 (64) |
| 41 | JANUSZKIEWICZ PIOTR | 563 | REBELIA UNDERGROUND TRIATHLON | ŁOCHOWO | POL | M-40 | | 00:39:31 (61) | 00:02:52 | 02:38:36 (57) | 00:01:46 | 01:48:51 (33) |
| 42 | PORZYCH RAFAŁ | 607 | RAFSON.TV / PORZYCH.PL | BYDGOSZCZ | POL | M-24 | | 00:39:28 (59) | 00:02:43 | 02:41:24 (67) | 00:01:51 | 01:39:14 (19) |
| 43 | JARMOSZEWICZ ŁUKASZ | 522 | | TORUŃ | POL | M-49 | | 00:43:17 (89) | 00:03:11 | 02:33:45 (41) | 00:02:31 | 01:57:28 (58) |
| 44 | MALINOWSKI MARIUSZ | 653 | KARAŚ TRI&SWIM TEAM | WARSZAWA | POL | M-35 | KARAŚ TRI&SWIM TEAM | 00:34:12 (16) | 00:02:19 | 02:39:48 (63) | 00:02:18 | 02:08:55 (104) |
| 45 | DAWIDOWICZ MACIEJ | 559 | TRISPACE/TREK | BRZOZA | POL | M-44 | TRISPACE/TREK | 00:39:23 (58) | 00:02:43 | 02:33:58 (42) | 00:02:43 | 02:09:33 (107) |
| 46 | KINDLER MACIEJ | 670 | | KRAKÓW | POL | M-36 | | 00:39:06 (54) | 00:03:02 | 02:36:08 (50) | 00:02:22 | 02:04:52 (86) |
| 47 | SKŁADANOWSKI MAREK | 682 | | WŁOCŁAWEK | POL | M-33 | | 00:38:00 (44) | 00:03:19 | 02:39:06 (58) | 00:02:30 | 01:54:02 (45) |
| 48 | MAĆZKA DAWID | 637 | THRIATLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | TRIATHLON TEAM BOCHNIA | 00:33:26 (10) | 00:03:19 | 02:43:40 (77) | 00:02:48 | 02:41:56 (162) |
| 49 | GRZEBYTA MATEUSZ | 619 | MTB START KARTUZY | KARTUZY | POL | M-35 | | 00:39:29 (60) | 00:03:07 | 02:39:25 (61) | 00:02:15 | 02:10:47 (108) |
| 50 | KAPSA DAWID | 538 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:45:28 (111) | 00:02:52 | 02:33:40 (39) | 00:02:38 | 01:47:05 (31) |
| 51 | OGIŃSKI PIOTR | 635 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-45 | TRIATHLON TEAM BOCHNIA | 00:35:13 (23) | 00:03:01 | 02:42:04 (69) | 00:03:22 | 01:57:09 (57) |
| 52 | KWAPIŃSKI DAMIAN | 562 | TEAMOCHAL | BYDGOSZCZ | POL | M-41 | TEAM OCHAL | 00:47:29 (124) | 00:03:46 | 02:32:33 (37) | 00:01:35 | 01:52:15 (40) |
| 53 | MUCHA BARTŁOMIEJ | 636 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | | 00:36:16 (31) | 00:03:49 | 02:40:08 (64) | 00:02:42 | 02:05:34 (89) |
| 54 | SZYNALIK SŁAWOMIR | 690 | KIKATEAM | KRAKÓW | POL | M-49 | | 00:40:15 (69) | 00:03:17 | 02:37:08 (52) | 00:04:16 | 01:59:48 (65) |
| 55 | GÓRZYŃSKI TOMASZ | 529 | TORUŃSKI KLUB TRIATHLONOWY | TORUŃ | POL | M-46 | TORUŃSKI KLUB TRIATHLONOWY | 00:37:51 (42) | 00:04:46 | 02:36:03 (49) | 00:04:03 | 02:13:30 (111) |
| 56 | KOSMATKA PAWEŁ | 503 | | ŁÓDŹ | POL | M-29 | | 00:45:34 (113) | 00:02:29 | 02:34:34 (46) | 00:02:20 | 02:05:38 (90) |
| 57 | SENGER ROBERT | 536 | TRIZARZA | WARSZAWA | POL | M-40 | | 00:36:11 (29) | 00:02:53 | 02:43:40 (78) | 00:01:45 | 02:06:03 (92) |
| 58 | RAAG REEMO | 676 | | TALLINN | EST | M-38 | | 00:38:13 (45) | 00:03:44 | 02:39:11 (59) | 00:02:58 | 02:14:27 (116) |
| 59 | TRUSKOLAWSKA OLA | 638 | TRIDEA TEAM | GDYNIA | POL | K-46 | | 00:47:00 (119) | 00:03:40 | 02:39:36 (62) | 00:02:20 | 01:43:40 (25) |
| 60 | KASTRAU TOMASZ | 574 | | MUROWANIEC | POL | M-41 | RUN4FUN | 00:34:56 (20) | 00:03:22 | 02:47:13 (96) | 00:01:45 | 02:04:35 (85) |
| 61 | KRAUSE SZYMON | 578 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-40 | | 00:44:07 (95) | 00:03:14 | 02:43:01 (72) | 00:03:37 | 01:45:15 (27) |
| 62 | KĄTNIK JACEK | 567 | BUDINVEST | ŁOCHOWO | POL | M-52 | | 00:54:16 (157) | 00:02:46 | 02:34:24 (43) | 00:01:44 | 01:46:56 (30) |
| 63 | PIC DAWID | 586 | | BYDGOSZCZ | POL | M-30 | | 00:39:06 (55) | 00:02:53 | 02:47:25 (98) | 00:01:47 | 02:07:16 (99) |
| 64 | ŁAPAWA DARIUSZ | 641 | MOCNI W GĘBIE | POZNAŃ | POL | M-39 | | 00:38:24 (48) | 00:04:27 | 02:43:32 (74) | 00:02:57 | 02:16:21 (122) |
| 65 | SZCZERBA MACIEJ | 519 | TRITYTKA | NIEMCZ | POL | M-50 | | 00:40:24 (70) | 00:02:32 | 02:41:18 (66) | 00:02:14 | 02:08:08 (102) |
| 66 | FIEGEL WOJCIECH | 518 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:42:48 (86) | 00:02:30 | 02:43:10 (73) | 00:02:20 | 02:18:12 (126) |
| 67 | MULARCZYK JACEK | 687 | RUNPASSION TEAM | BORKOWO | POL | M-52 | | 00:43:42 (91) | 00:03:07 | 02:32:50 (38) | 00:04:59 | 02:04:21 (84) |
| 68 | SZYTTENHOLM OLWIWER | 530 | TRISPACE/TREK | BYDGOSZCZ | POL | M-40 | TRISPACE/TREK | 00:43:22 (90) | 00:02:49 | 02:44:58 (82) | 00:02:35 | 01:59:09 (63) |
| 69 | KŁOSOK WOJCIECH | 683 | CROSS SPORT | RYBNIK | POL | M-43 | | 00:43:53 (93) | 00:03:51 | 02:45:02 (83) | 00:02:35 | 02:00:47 (72) |
| 70 | KAZIMIERCZYK ADAM | 671 | PTT DELTA | PŁOCK | POL | M-42 | PTT DELTA | 00:38:18 (47) | 00:03:27 | 02:40:50 (65) | 00:02:43 | 02:17:37 (124) |
| 71 | BUGALSKI WOJCIECH | 610 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-44 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:40:52 (76) | 00:02:45 | 02:43:37 (75) | 00:02:51 | 02:05:04 (87) |
| 72 | KIEDROWSKI JERZY | 600 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-29 | MIELCARKS TEAM | 00:40:48 (74) | 00:04:53 | 02:45:24 (85) | 00:05:08 | 01:54:24 (47) |
| 73 | SMOCZYŃSKI MAREK | 583 | MBC TEAM | TUCHOLA | POL | M-41 | | 00:43:49 (92) | 00:03:43 | 02:34:33 (45) | 00:02:07 | 02:39:14 (161) |
| 74 | TYSZKA FILIP | 537 | KRISS COACHING | JONKOWO | POL | M-41 | | 00:48:34 (131) | 00:02:37 | 02:36:55 (51) | 00:02:05 | 02:16:56 (123) |
| 75 | BUDZIŁO ADAM | 561 | PTT DELTA | PŁOCK | POL | M-50 | PTT DELTA | 00:40:29 (71) | 00:04:25 | 02:47:22 (97) | 00:02:40 | 01:58:41 (62) |
| 76 | ZAWIEROWSKA EWELINA | 511 | SOCZAKTEAM | USTKA | POL | K-37 | | 00:39:17 (57) | 00:03:01 | 02:50:28 (108) | 00:01:57 | 02:14:33 (117) |
| 77 | WALKOWIAK BARTOSZ | 624 | | NAKŁO NAD NOTECIĄ | POL | M-40 | | 00:44:06 (94) | 00:03:10 | 02:47:04 (93) | 00:02:38 | 02:00:26 (69) |
| 78 | DROŹDŹ MAŁGORZATA | 609 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-43 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:44:36 (98) | 00:03:13 | 02:45:36 (89) | 00:01:57 | 01:55:46 (52) |
| 79 | NOWICKI BARTOSZ | 694 | TRISPACE/TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:34:11 (15) | 00:02:39 | 02:49:23 (105) | 00:02:57 | 02:26:33 (140) |
| 80 | WODA EWELINA | 621 | WYTRZYMAŁI | KRAKÓW | POL | K-38 | | 00:37:19 (38) | 00:03:59 | 02:48:21 (101) | 00:02:19 | 02:08:37 (103) |
| 81 | HIPNAROWICZ GRZEGORZ | 551 | SPORTTREND.PL | BYDGOSZCZ | POL | M-43 | | 00:39:04 (53) | 00:02:52 | 02:42:24 (71) | 00:03:46 | 02:42:58 (163) |
| 82 | GRUSZCZYK GRZEGORZ | 544 | IMPACT BIELSKO-BIAŁA | BIELSKO-BIAŁA | POL | M-40 | | 00:45:03 (106) | 00:04:18 | 02:46:25 (92) | 00:02:32 | 01:50:58 (37) |
| 83 | KONKEL BARTOSZ | 605 | | BYDGOSZCZ | POL | M-36 | | 00:44:38 (99) | 00:04:33 | 02:45:48 (90) | 00:02:38 | 02:02:57 (79) |
| 84 | JONES SHELLEY | 646 | GREENWICH TRITONS | LONDON | GBR | K-42 | GREENWICH TRITONS | 00:31:23 (6) | 00:03:43 | 02:56:37 (135) | 00:03:44 | 01:58:03 (59) |
| 85 | KMIĘC KAROLINA | 707 | TM IRON TEAM | BYDGOSZCZ | POL | K-39 | TM IRON TEAM | 00:40:30 (72) | 00:02:58 | 02:49:53 (107) | 00:04:00 | 02:01:30 (75) |
| 86 | DOMERACKI DAMIAN | 525 | | ŁOCHOWO | POL | M-42 | | 00:46:18 (117) | 00:03:49 | 02:45:20 (84) | 00:02:30 | 02:10:54 (109) |
| 87 | KOSTYGOV PAVEL | 702 | | WARSZAWA | RUS | M-33 | | 00:41:31 (78) | 00:05:11 | 02:45:31 (88) | 00:02:57 | 02:05:40 (91) |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg | |
|------|-------------------------------|-----|------------------------------|---------------|------|------|------------------------|----------------|----------|----------------|----------|----------------|----|------|--|
| | | | | | | | | 1.9km | 89.9km | | 89.9km | 20.849km | | | |
| 88 | MARKIEWICZ BARTOSZ | 514 | PTT DELTA | PŁOCK | POL | M-33 | PTT DELTA | 00:44:49 (102) | 00:04:02 | 02:47:06 (94) | 00:02:46 | 02:13:51 (114) | | | |
| 89 | POLASIK MICHAŁ | 571 | RUN4FUN | BYDGOSZCZ | POL | M-35 | RUN4FUN | 00:36:38 (34) | 00:02:47 | 02:48:29 (102) | 00:01:39 | 02:27:04 (141) | | | |
| 90 | HADASZ EWA | 699 | TRI&MORE | ZABRZE | POL | K-48 | | 00:44:52 (103) | 00:03:06 | 02:52:12 (120) | 00:01:56 | 01:51:45 (39) | | | |
| 91 | LISOWSKI ALEKSANDER | 701 | AUTODNA | ŁÓDŹ | POL | M-36 | | 00:45:31 (112) | 00:02:45 | 02:44:55 (81) | 00:01:41 | 02:13:32 (113) | | | |
| 92 | TRZASKOWSKI TOMASZ | 568 | BYDGOSZCZ | BYDGOSZCZ | POL | M-42 | | 00:42:48 (85) | 00:04:35 | 02:46:07 (91) | 00:04:35 | 02:11:24 (110) | | | |
| 93 | ANDRZEJAK ROBERT | 554 | VAMOS | POZNAŃ | POL | M-46 | | 00:51:26 (147) | 00:03:41 | 02:45:29 (86) | 00:01:58 | 01:53:38 (43) | | | |
| 94 | GRUBA MAREK | 580 | TRISPACE TREK | BRZOZA | POL | M-34 | TRISPACE/TREK | 00:41:44 (79) | 00:03:09 | 02:53:12 (123) | 00:02:28 | 02:08:56 (105) | | | |
| 95 | NOWAK DARIUSZ | 626 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-46 | TRIATHLON TEAM BOCHNIA | 00:56:27 (164) | 00:05:00 | 02:35:59 (48) | 00:02:59 | 02:00:44 (71) | | | |
| 96 | MIELCAREK JĘDRZEJ | 595 | MIELCARKS TEAM | POZNAŃ | POL | M-29 | MIELCARKS TEAM | 00:45:06 (107) | 00:05:15 | 02:47:06 (95) | 00:04:02 | 02:06:18 (93) | | | |
| 97 | MIELCAREK MACIEJ | 597 | MIELCARKS TEAM | BARCELONA | ESP | M-32 | MIELCARKS TEAM | 00:37:58 (43) | 00:04:19 | 02:49:19 (104) | 00:05:15 | 02:15:07 (118) | | | |
| 98 | KRZYSTOLIK MARTA | 546 | | KATOWICE | POL | K-21 | | 00:37:18 (36) | 00:03:21 | 02:55:20 (129) | 00:02:30 | 02:07:44 (101) | | | |
| 99 | MACIEJEWSKI GRZEGORZ | 692 | DANFOSS RACE TEAM | ŁÓDŹ | POL | M-40 | | 00:45:03 (105) | 00:03:21 | 02:50:44 (112) | 00:03:13 | 02:03:45 (82) | | | |
| 100 | PIGUŁA AGNIESZKA | 703 | UAM TRIATHLON POZNAŃ | POZNAŃ | POL | K-44 | | 00:47:50 (125) | 00:03:00 | 02:49:39 (106) | 00:02:20 | 02:06:19 (94) | | | |
| 101 | NOWICKI ADAM | 553 | BYDGOSZCZ | BYDGOSZCZ | POL | M-49 | | 00:44:48 (100) | 00:02:35 | 02:43:38 (76) | 00:02:40 | 02:26:27 (139) | | | |
| 102 | KOZMIŃCZUK-MARKULAK AGNIESZKA | 679 | TM IRON TEAM | GLIWICE | POL | K-40 | TM IRON TEAM | 00:38:39 (50) | 00:03:16 | 02:59:55 (145) | 00:02:17 | 02:00:19 (68) | | | |
| 103 | STĘPNIAK KRZYSZTOF | 594 | RUN4FUN | BYDGOSZCZ | POL | M-44 | RUN4FUN | 00:49:47 (139) | 00:04:29 | 02:44:09 (80) | 00:02:22 | 02:00:08 (67) | | | |
| 104 | LIZIK ARKADIUSZ | 581 | GOWARZEWO | GOWARZEWO | POL | M-43 | | 00:59:17 (170) | 00:02:51 | 02:38:17 (55) | 00:01:52 | 02:03:43 (81) | | | |
| 105 | JANKOWSKI TOMASZ | 565 | TRISPACE/TREK | BYDGOSZCZ | POL | M-49 | TRISPACE/TREK | 00:42:21 (82) | 00:03:29 | 02:42:17 (70) | 00:06:10 | 02:03:17 (80) | | | |
| 106 | ZAKRZEWSKI JAROSŁAW | 591 | BYDGOSZCZ | BYDGOSZCZ | POL | M-49 | | 00:49:23 (136) | 00:02:51 | 02:41:56 (68) | 00:02:33 | 02:16:20 (121) | | | |
| 107 | CAMPOBASSO LUCA | 667 | | ŁÓDŹ | POL | M-31 | | 00:47:12 (121) | 00:05:40 | 02:48:57 (103) | 00:02:54 | 02:00:48 (73) | | | |
| 108 | MAKOWSKI MAREK | 660 | WTP / EXATEL | PRUSZKÓW | POL | M-39 | | 00:38:30 (49) | 00:05:35 | 02:52:02 (119) | 00:06:43 | 02:25:40 (137) | | | |
| 109 | BRYGIER JACEK | 705 | PTT DELTA | PŁOCK | POL | M-51 | PTT DELTA | 00:52:02 (149) | 00:03:30 | 02:45:30 (87) | 00:02:37 | 02:15:22 (119) | | | |
| 110 | STEFANIAK ASIA | 555 | | KRAKÓW | POL | K-34 | | 00:45:15 (109) | 00:03:59 | 02:54:55 (128) | 00:02:29 | 01:55:00 (49) | | | |
| 111 | WOLK AGATA | 691 | LITWIN SPORTS | WROCŁAW | POL | K-27 | | 00:40:03 (65) | 00:02:25 | 02:51:44 (117) | 00:02:16 | 02:25:19 (136) | | | |
| 112 | KLIMKOWSKI MATEUSZ | 524 | DECATHLON TRIATHLON TEAM | WARSZAWA | POL | M-26 | | 00:40:01 (64) | 00:02:37 | 02:52:17 (121) | 00:02:06 | 03:07:50 (174) | | | |
| 113 | MAŁACHA DAWID | 510 | KU AZS POLITECHNIKA BYDGOSKA | ŻNIN | POL | M-27 | | 00:49:01 (133) | 00:02:24 | 02:52:58 (122) | 00:02:01 | 02:07:22 (100) | | | |
| 114 | AL-DRAWI JOANNA | 674 | IM INSPIRATION TEAM | BYDGOSZCZ | POL | K-44 | IM INSPIRATION TEAM | 00:52:15 (152) | 00:05:00 | 02:48:12 (99) | 00:03:06 | 01:52:54 (41) | | | |
| 115 | KULIŃSKI GRZEGORZ | 587 | BYDGOSZCZ | BYDGOSZCZ | POL | M-29 | | 00:48:48 (132) | 00:03:25 | 02:50:47 (114) | 00:01:52 | 02:32:18 (150) | | | |
| 116 | KĘDZIERSKI MICHAŁ | 516 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-37 | | 00:49:39 (137) | 00:04:16 | 02:52:02 (118) | 00:04:09 | 01:57:06 (56) | | | |
| 117 | CZERWIAKOWSKI SEBASTIAN | 650 | BYDGOSZCZ | BYDGOSZCZ | POL | M-48 | | 00:44:59 (104) | 00:05:50 | 02:50:45 (113) | 00:04:05 | 02:17:58 (125) | | | |
| 118 | CYREK GRZEGORZ | 614 | KOSZYCE MAŁE | KOSZYCE MAŁE | POL | M-48 | | 00:59:53 (172) | 00:06:34 | 02:38:24 (56) | 00:03:04 | 02:03:46 (83) | | | |
| 119 | MOSKAL ALEKSANDER MOSKAL | 542 | BORÓWNO | BORÓWNO | POL | M-60 | | 00:44:14 (96) | 00:03:52 | 02:54:53 (126) | 00:02:51 | 02:38:07 (157) | | | |
| 120 | WŁODARCZYK WOJCIECH | 602 | CZARNE STOPY | BYDGOSZCZ | POL | M-58 | | 00:51:20 (146) | 00:04:16 | 02:54:10 (125) | 00:04:21 | 01:55:57 (53) | | | |
| 121 | CICHOŃSKA-BAZAK MARZENA | 576 | ŻOŁĘDOWO | ŻOŁĘDOWO | POL | K-49 | | 00:52:12 (151) | 00:03:23 | 02:53:36 (124) | 00:02:33 | 01:56:58 (55) | | | |
| 122 | WIŚNIEWSKI PIOTR | 693 | DBR77 | TORUN | POL | M-45 | | 00:41:17 (77) | 00:04:29 | 02:55:41 (130) | 00:04:27 | 02:19:25 (128) | | | |
| 123 | BAŁDYGA PAWEŁ | 659 | PAWEŁ BAŁDYGA | PRUSZKÓW | POL | M-42 | | 00:54:24 (158) | 00:04:29 | 02:48:20 (100) | 00:04:16 | 02:16:05 (120) | | | |
| 124 | ROMAN AGNIESZKA | 664 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | K-36 | TRIATHLON TEAM BOCHNIA | 00:54:26 (159) | 00:04:36 | 02:51:17 (115) | 00:03:58 | 01:56:08 (54) | | | |
| 125 | NEBELING WOJCIECH | 651 | GDYNIA | GDYNIA | POL | M-52 | | 00:52:11 (150) | 00:05:42 | 02:51:19 (116) | 00:03:31 | 02:05:28 (88) | | | |
| 126 | KOPIŃSKA-KRÓL MAGDALENA | 579 | IM INSPIRATION | BYDGOSZCZ | POL | K-46 | IM INSPIRATION TEAM | 00:46:04 (116) | 00:02:48 | 02:57:22 (137) | 00:02:44 | 02:13:31 (112) | | | |
| 127 | LIZIK RADOŚLAW | 668 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | TRISPACE/TREK | 00:49:19 (135) | 00:03:49 | 02:50:28 (109) | 00:03:00 | 02:21:04 (131) | | | |
| 128 | WIŚNIEWSKI PIOTR | 508 | GEOTACH | ZIELONKA | POL | M-40 | | 00:40:10 (67) | 00:03:10 | 03:02:43 (150) | 00:03:19 | 02:39:12 (160) | | | |
| 129 | BETLEJ HUBERT | 532 | KRAKÓW | KRAKÓW | POL | M-40 | | 00:50:32 (143) | 00:04:18 | 02:50:39 (111) | 00:03:02 | 02:38:13 (158) | | | |
| 130 | WRZOSEK JAROSŁAW | 648 | BYDGOSZCZ | BYDGOSZCZ | POL | M-51 | | 00:55:26 (162) | 00:04:44 | 02:54:54 (127) | 00:03:27 | 02:00:02 (66) | | | |
| 131 | GRUBA JACEK | 533 | TRISPACE/TREK | BRZOZA | POL | M-62 | TRISPACE/TREK | 00:50:12 (141) | 00:03:54 | 03:00:25 (146) | 00:02:41 | 02:19:17 (127) | | | |
| 132 | GRABAREK KONRAD | 620 | WROCŁAW | WROCŁAW | POL | M-47 | | 00:45:23 (110) | 00:04:04 | 02:56:16 (134) | 00:02:30 | 02:33:58 (154) | | | |
| 133 | SIUDA MAREK | 585 | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M-49 | | 00:43:14 (88) | 00:04:40 | 03:01:14 (147) | 00:03:15 | 02:27:43 (146) | | | |
| 134 | RAŹNIEWSKI ŁUKASZ | 502 | DYWITY | DYWITY | POL | M-46 | | 00:57:18 (166) | 00:04:12 | 02:55:50 (132) | 00:02:24 | 02:07:00 (98) | | | |
| 135 | MARCINIAK PRZEMYSŁAW | 608 | BYDGOSZCZ | BYDGOSZCZ | POL | M-40 | | 00:50:21 (142) | 00:03:33 | 02:58:50 (143) | 00:02:48 | 02:24:23 (134) | | | |
| 136 | PAWLIK MARIUSZ | 534 | KROTOSZYN | KROTOSZYN | POL | M-42 | | 00:38:18 (46) | 00:05:24 | 02:55:46 (131) | 00:05:24 | 03:05:06 (173) | | | |
| 137 | WIŚNIEWSKI ZBIGNIEW | 588 | ROWEROWA BRZOZA | OLIMPIN | POL | M-56 | ROWEROWA BRZOZA | 00:48:24 (129) | 00:05:39 | 02:58:08 (140) | 00:03:59 | 02:25:48 (138) | | | |
| 138 | BEDYK IRENEUSZ | 506 | PTT DELTA | CEKANOWO | POL | M-65 | PTT DELTA | 00:57:31 (168) | 00:04:23 | 02:57:48 (138) | 00:02:30 | 02:01:04 (74) | | | |
| 139 | ZIĘBICKI MACIEJ | 575 | BYDGOSZCZ | BYDGOSZCZ | POL | M-32 | | 00:49:40 (138) | 00:05:13 | 02:58:21 (142) | 00:02:43 | 02:27:22 (144) | | | |
| 140 | ORŁOWSKI JAKUB | 666 | GÓRA KALWARIA | GÓRA KALWARIA | POL | M-33 | | 00:47:01 (120) | 00:06:01 | 03:09:01 (160) | 00:04:18 | 01:49:54 (35) | | | |
| 141 | PABIN MAKSYMILIAN | 550 | BRWINÓW | BRWINÓW | POL | M-26 | | 00:48:32 (130) | 00:03:35 | 03:03:51 (152) | 00:02:42 | 02:23:28 (133) | | | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------------|-----|---------------------------------------|-----------------|------|------|--|-----------------------|----------|-----------------|----------|------------------|
| 142 | KROPIDŁOWSKI MARCJUSZ | 657 | UNLIMITED SPORT 2.0 | BOCHNIA | POL | M-39 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | 00:48:00 (126) | 00:05:29 | 02:57:14 (136) | 00:04:39 | 02:35:04 (155) |
| 143 | KRYSPIN MARTA | 531 | RUNPROGRESSTEAM | GRUDZIĄDZ | POL | K-36 | | 00:49:04 (134) | 00:03:02 | 02:50:29 (110) | 00:05:06 | 02:27:09 (142) |
| 144 | SIECZKO TOMASZ | 582 | TEAM SIECZKO | BYDGOSZCZ | POL | M-34 | | 00:53:39 (155) | 00:05:49 | 02:59:03 (144) | 00:04:31 | 02:06:31 (96) |
| 145 | ADAMCZEWSKA AGNIESZKA | 678 | IRON HOUSE WŁOCLAWEK | LUBANIE | POL | K-47 | | 00:54:34 (161) | 00:06:04 | 03:06:20 (157) | 00:02:28 | 01:49:36 (34) |
| 146 | GRUDNIEWSKI RAFAŁ | 604 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-42 | | 00:51:03 (144) | 00:03:42 | 03:02:05 (148) | 00:02:27 | 02:53:20 (168) |
| 147 | MIĘTEK ZBIGNIEW | 545 | | LEGIONOWO | POL | M-46 | | 00:49:52 (140) | 00:03:06 | 02:58:12 (141) | 00:06:16 | 02:31:33 (148) |
| 148 | BRULIŃSKA MONIKA | 704 | CELIRONMAN | PŁOCK | POL | K-46 | | 00:57:55 (169) | 00:04:18 | 03:06:18 (156) | 00:03:21 | 01:54:11 (46) |
| 149 | KOMOR BOGDAN | 661 | ROVICKY TEAM | SIEDLCE | POL | M-44 | ROVICKY TEAM | 00:55:38 (163) | 00:04:25 | 02:58:06 (139) | 00:03:32 | 02:32:46 (151) |
| 150 | JARGIŁO MICHAŁ | 509 | | BYDGOSZCZ | POL | M-35 | | 00:54:27 (160) | 00:03:24 | 03:02:38 (149) | 00:04:43 | 02:24:37 (135) |
| 151 | BURSKI FILIP | 633 | | ŁÓDŹ | POL | M-26 | | 00:45:14 (108) | 00:05:08 | 03:06:31 (158) | 00:06:42 | 02:31:52 (149) |
| 152 | ZALESIŃSKI MARCIN | 634 | | OSIELSKO | POL | M-42 | | 00:42:13 (80) | 00:03:23 | 03:04:54 (154) | 00:03:35 | 03:01:47 (171) |
| 153 | KRUCZKOWSKA-LASSAK ANITA | 612 | AKADEMIA MISTRZÓW SPORTU AMS | STRZELCE GÓRNE | POL | K-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:57:31 (167) | 00:03:04 | 03:11:05 (163) | 00:02:36 | 02:02:38 (78) |
| 154 | JASZKOWSKA ANETA | 675 | LANGE TRI COACH | ŚWIESZYNO | POL | K-46 | | 00:45:46 (115) | 00:04:31 | 03:12:32 (166) | 00:03:06 | 02:27:17 (143) |
| 155 | KOSIŃSKI ROBERT | 504 | NOKIA | PAKOŚĆ | POL | M-40 | NOKIA | 00:48:07 (128) | 00:05:30 | 03:03:10 (151) | 00:06:06 | 02:39:09 (159) |
| 156 | NURKIEWICZ JAROSŁAW | 603 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-51 | | 00:57:16 (165) | 00:02:20 | 03:05:45 (155) | 00:04:36 | 02:20:15 (129) |
| 157 | WEIR RUTH | 645 | GREENWICH TRITONS | SIDCUP | GBR | K-37 | GREENWICH TRITONS | 00:47:15 (122) | 00:05:03 | 03:15:38 (169) | 00:03:22 | 02:20:18 (130) |
| 158 | SZYMCZAK JAKUB | 513 | | GDYNIA | POL | M-34 | | 00:44:24 (97) | 00:04:38 | 03:09:34 (161) | 00:04:25 | 02:45:56 (165) |
| 159 | KODZIS PIOTR | 548 | | BOKSZE STARE | POL | M-48 | | 00:54:11 (156) | 00:06:14 | 03:16:04 (170) | 00:04:14 | 01:55:24 (51) |
| 160 | HAYES MARK | 644 | GREENWICH TRITONS | LONDON | GBR | M-47 | GREENWICH TRITONS | 00:51:32 (148) | 00:05:32 | 03:07:54 (159) | 00:02:59 | 02:27:34 (145) |
| 161 | BURSKI PAWEŁ | 632 | | ŁÓDŹ | POL | M-53 | | 00:47:19 (123) | 00:04:15 | 03:10:35 (162) | 00:04:30 | 02:45:05 (164) |
| 162 | GAWRON MARCIN | 615 | CAR-MAN | DOBRCZ | POL | M-46 | | 00:48:06 (127) | 00:04:05 | 03:12:20 (165) | 00:04:16 | 02:37:26 (156) |
| 163 | KOCHANOWSKI MACIEJ | 622 | | BYDGOSZCZ | POL | M-30 | | 00:51:06 (145) | 00:07:43 | 03:16:44 (171) | 00:04:04 | 02:14:00 (115) |
| 164 | LECH MIKOŁAJ | 629 | | BYDGOSZCZ | POL | M-37 | | 01:06:15 (176) | 00:04:58 | 03:13:31 (168) | 00:03:06 | 02:06:23 (95) |
| 165 | WAWRZYŃIAK KACPER | 617 | | PRZYŁĘKI | POL | M-23 | | 01:03:27 (174) | 00:05:16 | 03:12:47 (167) | 00:06:08 | 02:22:14 (132) |
| 166 | KUBOWICZ PIOTR | 606 | QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ | BYDGOSZCZ | POL | M-60 | | 01:07:15 (178) | 00:05:51 | 03:04:04 (153) | 00:05:54 | 02:33:00 (152) |
| 167 | GUDELL RADOSŁAW | 596 | GRUPA MODERATOR | BYDGOSZCZ | POL | M-46 | | 00:52:59 (154) | 00:08:00 | 03:33:39 (177) | 00:03:24 | 02:30:24 (147) |
| 168 | ŁAPIŃSKI JAKUB | 656 | UNLIMITED SPORT 2.0 | GAJ | POL | M-39 | | 01:05:59 (175) | 00:09:17 | 03:11:36 (164) | 00:07:21 | 02:33:01 (153) |
| 169 | GÓRSKI BARTOSZ | 618 | | BYDGOSZCZ | POL | M-48 | | 01:06:58 (177) | 00:05:59 | 03:20:51 (172) | 00:04:27 | 02:47:46 (166) |
| 170 | WALCZAK PAWEŁ | 623 | | BYDGOSZCZ | POL | M-33 | | 01:09:48 (179) | 00:06:41 | 03:24:34 (174) | 00:03:33 | 02:06:44 (97) |
| 171 | BINKOWSKI CZARUŚ | 706 | LKS BOGMAR OSTROMECKO | OSTROMECKO | POL | M-49 | | 01:01:52 (173) | 00:06:53 | 03:32:24 (176) | 00:03:48 | 03:01:36 (170) |
| 172 | MAĆKOWSKA MAGDALENA | 696 | MAGDALENA_M_TRI | BYDGOSZCZ | POL | K-37 | | 01:13:52 (181) | 00:04:36 | 03:23:29 (173) | 00:07:20 | 02:48:46 (167) |
| 173 | ZAKLIŃSKA KATARZYNA | 672 | | GLIWICE | POL | K-46 | | 00:52:45 (153) | 00:07:41 | 03:38:50 (178) | 00:08:21 | 02:57:58 (169) |
| 174 | GRAUL ROMUALD | 686 | UNITED GUITARS | DOBRCZ | POL | M-60 | | 01:10:59 (180) | 00:09:50 | 03:32:24 (175) | 00:05:49 | 03:03:52 (172) |
| | PARTYKA RAFAŁ | 547 | RAFAL AGAINST THE MACHINE | BYDGOSZCZ | POL | M-45 | | 00:34:53 DNF (19) | 00:02:39 | 02:29:42 (26) | 00:01:59 | 00:00:00 () |
| | SOBCZAK MARCIN | 592 | SOBCZAKTEAM | RUMIA | POL | M-51 | | 00:35:46 DNF (28) | 00:02:29 | 02:28:13 (23) | 00:02:28 | 00:00:00 () |
| | ŁUCZAK PAWEŁ | 526 | TKKF KOLEJARZ BYDGOSZCZ | BYDGOSZCZ | POL | M-53 | | 00:46:57 DNF (118) | 00:02:20 | 02:44:06 (79) | 00:02:38 | 00:00:00 () |
| | KIRKLAND JIM | 19 | GREENWICH TRITONS | ORPINGTON | GBR | M-67 | GREENWICH TRITONS | 00:59:42 DNF (171) | 00:09:04 | | 00:00:00 | 00:00:00 () |
| | SPRYSZYŃSKI MICHAŁ | 654 | TRIRODZINKA | BYDGOSZCZ | POL | M-34 | | 00:45:34 DNF (114) | 00:03:33 | 02:56:01 (133) | 00:02:43 | 00:00:00 () |
| | GOSZ MARCIN | 680 | ENDURE TEAM | ŁĘBORK | POL | M-43 | | 00:38:46 DNF (51) | 00:02:44 | | 00:00:00 | 00:00:00 () |
| | WYSMOLIŃSKI RAFAŁ | 549 | | BIERNATKI | POL | M-45 | | 00:40:04 DNF (66) | 00:03:13 | | 00:00:00 | 00:00:00 () |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg |
|------|-------------------------------|-----|------------------------------|----------------|------|------|--|----------|----------|----------|----------|----------|----|------|
| | | | | | | | | 1.9km | 89.9km | | 20.849km | | | |
| 1 | ANDRAŁOJC ANNA | 673 | TM IRON TEAM | BYDGOSZCZ | POL | K-31 | TM IRON TEAM | 00:35:22 | 00:02:38 | 02:37:23 | 00:02:07 | 02:01:37 | | |
| 2 | TRUSKOLAWSKA OLA | 638 | TRIDEA TEAM | GDYNIA | POL | K-46 | | 00:47:00 | 00:03:40 | 02:39:36 | 00:02:20 | 01:43:40 | | |
| 3 | ZAWIEROWSKA EWELINA | 511 | SOCZAKTEAM | USTKA | POL | K-37 | | 00:39:17 | 00:03:01 | 02:50:28 | 00:01:57 | 02:14:33 | | |
| 4 | DRODZ MAŁGORZATA | 609 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-43 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:44:36 | 00:03:13 | 02:45:36 | 00:01:57 | 01:55:46 | | |
| 5 | WODA EWELINA | 621 | WYTRZYMALI | KRAKÓW | POL | K-38 | | 00:37:19 | 00:03:59 | 02:48:21 | 00:02:19 | 02:08:37 | | |
| 6 | JONES SHELLEY | 646 | GREENWICH TRITONS | LONDON | GBR | K-42 | GREENWICH TRITONS | 00:31:23 | 00:03:43 | 02:56:37 | 00:03:44 | 01:58:03 | | |
| 7 | KMIEĆ KAROLINA | 707 | TM IRON TEAM | BYDGOSZCZ | POL | K-39 | TM IRON TEAM | 00:40:30 | 00:02:58 | 02:49:53 | 00:04:00 | 02:01:30 | | |
| 8 | HADASZ EWA | 699 | TRI&MORE | ZABRZE | POL | K-48 | | 00:44:52 | 00:03:06 | 02:52:12 | 00:01:56 | 01:51:45 | | |
| 9 | KRZYSTOLIK MARTA | 546 | | KATOWICE | POL | K-21 | | 00:37:18 | 00:03:21 | 02:55:20 | 00:02:30 | 02:07:44 | | |
| 10 | PIGUŁA AGNIESZKA | 703 | UAM TRIATHLON POZNAŃ | POZNAŃ | POL | K-44 | | 00:47:50 | 00:03:00 | 02:49:39 | 00:02:20 | 02:06:19 | | |
| 11 | KOZMIŃCZUK-MARKULAK AGNIESZKA | 679 | TM IRON TEAM | GLIWICE | POL | K-40 | TM IRON TEAM | 00:38:39 | 00:03:16 | 02:59:55 | 00:02:17 | 02:00:19 | | |
| 12 | STEFANIAK ASIA | 555 | | KRAKÓW | POL | K-34 | | 00:45:15 | 00:03:59 | 02:54:55 | 00:02:29 | 01:55:00 | | |
| 13 | WOŁK AGATA | 691 | LITWIN SPORTS | WROCLAW | POL | K-27 | | 00:40:03 | 00:02:25 | 02:51:44 | 00:02:16 | 02:25:19 | | |
| 14 | AL-DRAWI JOANNA | 674 | IM INSPIRATION TEAM | BYDGOSZCZ | POL | K-44 | IM INSPIRATION TEAM | 00:52:15 | 00:05:00 | 02:48:12 | 00:03:06 | 01:52:54 | | |
| 15 | CICHOŃSKA-BAZAK MARZENA | 576 | | ŻOŁĘDOWO | POL | K-49 | | 00:52:12 | 00:03:23 | 02:53:36 | 00:02:33 | 01:56:58 | | |
| 16 | ROMAN AGNIESZKA | 664 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | K-36 | TRIATHLON TEAM BOCHNIA | 00:54:26 | 00:04:36 | 02:51:17 | 00:03:58 | 01:56:08 | | |
| 17 | KOPIŃSKA-KRÓL MAGDALENA | 579 | IM INSPIRATION | BYDGOSZCZ | POL | K-46 | IM INSPIRATION TEAM | 00:46:04 | 00:02:48 | 02:57:22 | 00:02:44 | 02:13:31 | | |
| 18 | KRYSPIN MARTA | 531 | RUNPROGRESSTEAM | GRUDZIĄDZ | POL | K-36 | | 00:49:04 | 00:03:02 | 02:50:29 | 00:05:06 | 02:27:09 | | |
| 19 | ADAMCZEWSKA AGNIESZKA | 678 | IRON HOUSE WŁOCŁAWEK | LUBANIE | POL | K-47 | | 00:54:34 | 00:06:04 | 03:06:20 | 00:02:28 | 01:49:36 | | |
| 20 | BRULIŃSKA MONIKA | 704 | CELRONMAN | PŁOCK | POL | K-46 | | 00:57:55 | 00:04:18 | 03:06:18 | 00:03:21 | 01:54:11 | | |
| 21 | KRUCZKOWSKA-LASSAK ANITA | 612 | AKADEMIA MISTRZÓW SPORTU AMS | STRZELCE GÓRNE | POL | K-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:57:31 | 00:03:04 | 03:11:05 | 00:02:36 | 02:02:38 | | |
| 22 | JASZKOWSKA ANETA | 675 | LANGE TRI COACH | ŚWIESZYNO | POL | K-46 | | 00:45:46 | 00:04:31 | 03:12:32 | 00:03:06 | 02:27:17 | | |
| 23 | WEIR RUTH | 645 | GREENWICH TRITONS | SIDCUP | GBR | K-37 | GREENWICH TRITONS | 00:47:15 | 00:05:03 | 03:15:38 | 00:03:22 | 02:20:18 | | |
| 24 | MAĆKOWSKA MAGDALENA | 696 | MAGDALENA_M_TRI | BYDGOSZCZ | POL | K-37 | | 01:13:52 | 00:04:36 | 03:23:29 | 00:07:20 | 02:48:46 | | |
| 25 | ZAKLIŃSKA KATARZYNA | 672 | | GLIWICE | POL | K-46 | | 00:52:45 | 00:07:41 | 03:38:50 | 00:08:21 | 02:57:58 | | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg |
|------|---------------------|-----|---------------------------------------|--------------|------|------|---------------------|----------|----------|----------|----------|----------|----|------|
| | | | | | | | | 1.9km | 89.9km | | 20.849km | | | |
| 1 | SAWIEŁAJC JAKUB | 560 | TM IRON TEAM | BYDGOSZCZ | POL | M-23 | TM IRON TEAM | 00:28:22 | 00:02:22 | 02:16:43 | 00:02:07 | 01:32:31 | | |
| 2 | KONIECZNY MARCIN | 501 | K.S. NIEMANIEMOGE | OLSZTYN | POL | M-50 | | 00:33:21 | 00:01:53 | 02:17:42 | 00:01:37 | 01:22:00 | | |
| 3 | KLYM YURIJ | 684 | | KYIV | UKR | M-37 | | 00:35:04 | 00:02:00 | 02:18:18 | 00:01:59 | 01:24:16 | | |
| 4 | BLADOWSKI ARTUR | 695 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:35:03 | 00:00:57 | 02:22:00 | 00:02:00 | 01:24:17 | | |
| 5 | KOMPA MARCIN | 710 | IM INSPIRATION | WARSZAWA | POL | M-23 | IM INSPIRATION TEAM | 00:30:27 | 00:02:12 | 02:23:01 | 00:00:41 | 01:27:20 | | |
| 6 | DĄBROWSKI DARIUSZ | 708 | ILABO RACING TEAM POWERED BY CTS | PIASECZNO | POL | M-48 | | 00:30:13 | 00:02:01 | 02:21:38 | 00:01:40 | 01:36:25 | | |
| 7 | KOWALCZYK PIOTR | 616 | KAZIKI | WARSZAWA | POL | M-41 | KAZIKI | 00:33:30 | 00:02:04 | 02:21:20 | 00:02:01 | 01:25:45 | | |
| 8 | STARON PIOTR | 541 | STARZYŃSKI.COACH | BUDZISZEWICE | POL | M-43 | | 00:33:39 | 00:03:09 | 02:20:34 | 00:01:54 | 01:32:39 | | |
| 9 | MALINOWSKI JAROSŁAW | 652 | KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY | WARSZAWA | POL | M-40 | KARAŚ TRI&SWIM TEAM | 00:34:09 | 00:02:03 | 02:20:15 | 00:01:56 | 01:40:45 | | |
| 10 | NOWAK ANDRZEJ | 640 | GT RAT | WROCLAW | POL | M-40 | | 00:36:24 | 00:02:18 | 02:21:32 | 00:01:32 | 01:36:22 | | |
| 11 | TRZASKA PRZEMYSŁAW | 556 | DREAM TRI TEAM | GDAŃSK | POL | M-37 | | 00:36:31 | 00:01:47 | 02:22:18 | 00:01:51 | 01:39:03 | | |
| 12 | JEZEK PETR | 663 | IAMX | PRAHA | CZE | M-45 | | 00:34:30 | 00:02:57 | 02:26:03 | 00:02:21 | 01:33:40 | | |
| 13 | KRUPICKA TOMAS | 655 | IRONSPOORT ELPO | RUDNÁ | CZE | M-35 | | 00:35:27 | 00:02:11 | 02:24:27 | 00:01:37 | 01:36:27 | | |
| 14 | BYCH MACIEJ | 512 | TRIDEA TEAM | OŁAWA | POL | M-47 | TRIDEA TEAM | 00:34:27 | 00:02:15 | 02:24:49 | 00:02:17 | 01:42:54 | | |
| 15 | MATUSIAK MATEUSZ | 625 | SNG WILD DUCKS | ZGIERZ | POL | M-35 | SNG WILD DUCKS | 00:33:38 | 00:02:32 | 02:25:58 | 00:02:27 | 01:46:52 | | |
| 16 | PODWYSOCKI MARCIN | 527 | CTS | SEROCK | POL | M-34 | CTS | 00:30:25 | 00:02:39 | 02:31:29 | 00:01:52 | 01:51:39 | | |
| 17 | KILJAŃCZYK PIOTR | 658 | | NEKLA | POL | M-42 | | 00:39:15 | 00:02:02 | 02:27:13 | 00:01:23 | 01:33:25 | | |
| 18 | KAMIŃSKI TOMASZ | 505 | IM INSPIRATION TEAM | MROCZA | POL | M-42 | IM INSPIRATION TEAM | 00:42:52 | 00:02:22 | 02:22:07 | 00:02:28 | 01:35:36 | | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|--|-----------------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 19 | WIĘCKOWSKI DARIUSZ | 528 | AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS | BYDGOSZCZ | POL | M-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:33:01 | 00:02:19 | 02:31:04 | 00:02:20 | 01:53:36 |
| 20 | KRÓL HUBERT | 669 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-36 | | 00:30:21 | 00:02:00 | 02:32:16 | 00:02:02 | 01:58:21 |
| 21 | MODER BARTŁOMIEJ | 697 | KAZIKI | WARSZAWA | POL | M-33 | KAZIKI | 00:35:16 | 00:02:43 | 02:30:46 | 00:03:21 | 01:41:03 |
| 22 | MODZELEWSKI MACIEJ | 643 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:42:28 | 00:02:43 | 02:26:18 | 00:01:35 | 01:37:36 |
| 23 | KUBANEK ŁUKASZ | 590 | TEAMOCHAL | NIEMCZ | POL | M-39 | TEAM OCHAL | 00:40:13 | 00:03:06 | 02:25:15 | 00:02:55 | 01:50:51 |
| 24 | SZYMAŃSKI PIOTR | 572 | MIELCARKS TEAM | GDYNIA | POL | M-29 | MIELCARKS TEAM | 00:35:42 | 00:03:20 | 02:30:25 | 00:02:12 | 01:47:42 |
| 25 | SOBIK ANDRZEJ | 557 | | CZYŻOWICE | POL | M-44 | | 00:37:18 | 00:03:23 | 02:30:14 | 00:01:38 | 01:46:13 |
| 26 | NOSEK MACIEJ | 628 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-55 | | 00:42:22 | 00:02:11 | 02:25:26 | 00:02:26 | 01:55:08 |
| 27 | SZMIDT JANUSZ | 688 | TRINERGY | KATOWICE | POL | M-52 | | 00:37:39 | 00:03:31 | 02:30:23 | 00:02:46 | 01:38:48 |
| 28 | KLAPUCH MICHAŁ | 573 | EWA BUGDOŁ TEAM | GLIWICE | POL | M-42 | | 00:37:19 | 00:02:55 | 02:33:45 | 00:02:47 | 01:40:34 |
| 29 | KLONOWSKI TOMASZ | 649 | PLATAN | ŚWIECIE | POL | M-44 | | 00:37:24 | 00:02:29 | 02:28:28 | 00:02:06 | 02:09:01 |
| 30 | WIERZYŃSKI DAMIAN | 569 | TRISPACE /TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:40:50 | 00:02:01 | 02:28:08 | 00:02:00 | 01:58:23 |
| 31 | GNIOT JACEK | 539 | TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ | GRUDZIĄDZ | POL | M-51 | TRISPACE/TREK | 00:44:48 | 00:02:06 | 02:28:04 | 00:02:00 | 01:38:39 |
| 32 | MASZEWSKI DARIUSZ | 631 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-44 | TRIATHLON TEAM BOCHNIA | 00:33:25 | 00:03:39 | 02:34:25 | 00:02:35 | 02:00:42 |
| 33 | CELMER MARCIN | 507 | PTT DELTA | PŁOCK | POL | M-41 | PTT DELTA | 00:38:56 | 00:02:24 | 02:28:16 | 00:02:22 | 02:01:58 |
| 34 | KOZŁOWSKI JACEK | 520 | PTT DELTA | PŁOCK | POL | M-45 | PTT DELTA | 00:42:18 | 00:03:24 | 02:31:40 | 00:02:57 | 01:41:45 |
| 35 | KULIK MICHAŁ | 662 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-43 | | 00:39:50 | 00:03:42 | 02:31:23 | 00:03:15 | 01:44:40 |
| 36 | KRAJEWSKI TOMASZ | 677 | KP PSP INOWROCŁAW | INOWROCŁAW | POL | M-34 | | 00:37:16 | 00:03:09 | 02:39:14 | 00:01:50 | 01:38:17 |
| 37 | SZCZYRBOWSKI MICHAŁ | 543 | TURBOKILLA | RYBNIK | POL | M-41 | | 00:40:45 | 00:03:55 | 02:31:58 | 00:02:01 | 01:53:42 |
| 38 | CZAJKOWSKI KRZYSZTOF | 698 | | KOŁO | POL | M-47 | | 00:39:37 | 00:02:24 | 02:35:29 | 00:02:45 | 01:54:43 |
| 39 | DOBOSZ MICHAŁ | 665 | COMEXSPORTS TRIATHLON TEAM | GDYNIA | POL | M-46 | | 00:36:12 | 00:02:46 | 02:37:13 | 00:02:04 | 01:59:24 |
| 40 | JANUSZKIEWICZ PIOTR | 563 | REBELIA UNDERGROUND TRIATHLON | ŁOCHOWO | POL | M-40 | | 00:39:31 | 00:02:52 | 02:38:36 | 00:01:46 | 01:48:51 |
| 41 | PORZYCH RAFAŁ | 607 | RAFSON.TV / PORZYCH.PL | BYDGOSZCZ | POL | M-24 | | 00:39:28 | 00:02:43 | 02:41:24 | 00:01:51 | 01:39:14 |
| 42 | JARMOSZEWICZ ŁUKASZ | 522 | | TORUŃ | POL | M-49 | TKT | 00:43:17 | 00:03:11 | 02:33:45 | 00:02:31 | 01:57:28 |
| 43 | MALINOWSKI MARIUSZ | 653 | KARAŚ TRI&SWIM TEAM | WARSZAWA | POL | M-35 | KARAŚ TRI&SWIM TEAM | 00:34:12 | 00:02:19 | 02:39:48 | 00:02:18 | 02:08:55 |
| 44 | DAWIDOWICZ MACIEJ | 559 | TRISPACE/TREK | BRZOZA | POL | M-44 | TRISPACE/TREK | 00:39:23 | 00:02:43 | 02:33:58 | 00:02:43 | 02:09:33 |
| 45 | KINDLER MACIEJ | 670 | | KRAKÓW | POL | M-36 | | 00:39:06 | 00:03:02 | 02:36:08 | 00:02:22 | 02:04:52 |
| 46 | SKŁADANOWSKI MAREK | 682 | | WŁOCŁAWEK | POL | M-33 | | 00:38:00 | 00:03:19 | 02:39:06 | 00:02:30 | 01:54:02 |
| 47 | MĄCZKA DAWID | 637 | THRIATLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | TRIATHLON TEAM BOCHNIA | 00:33:26 | 00:03:19 | 02:43:40 | 00:02:48 | 02:41:56 |
| 48 | GRZEBYTA MATEUSZ | 619 | MTB START KARTUZY | KARTUZY | POL | M-35 | | 00:39:29 | 00:03:07 | 02:39:25 | 00:02:15 | 02:10:47 |
| 49 | KAPSA DAWID | 538 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:45:28 | 00:02:52 | 02:33:40 | 00:02:38 | 01:47:05 |
| 50 | OGIŃSKI PIOTR | 635 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-45 | TRIATHLON TEAM BOCHNIA | 00:35:13 | 00:03:01 | 02:42:04 | 00:03:22 | 01:57:09 |
| 51 | KWAPIŃSKI DAMIAN | 562 | TEAMOCHAL | BYDGOSZCZ | POL | M-41 | TEAM OCHAL | 00:47:29 | 00:03:46 | 02:32:33 | 00:01:35 | 01:52:15 |
| 52 | MUCHA BARTŁOMIEJ | 636 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | | 00:36:16 | 00:03:49 | 02:40:08 | 00:02:42 | 02:05:34 |
| 53 | SZYNALIK SŁAWOMIR | 690 | KIKATEAM | KRAKÓW | POL | M-49 | | 00:40:15 | 00:03:17 | 02:37:08 | 00:04:16 | 01:59:48 |
| 54 | GÓRZYŃSKI TOMASZ | 529 | TORUŃSKI KLUB TRIATHLONOWY | TORUŃ | POL | M-46 | TORUŃSKI KLUB TRIATHLONOWY | 00:37:51 | 00:04:46 | 02:36:03 | 00:04:03 | 02:13:30 |
| 55 | KOSMATKA PAWEŁ | 503 | | ŁÓDŹ | POL | M-29 | | 00:45:34 | 00:02:29 | 02:34:34 | 00:02:20 | 02:05:38 |
| 56 | SENGER ROBERT | 536 | TRIZARZA | WARSZAWA | POL | M-40 | | 00:36:11 | 00:02:53 | 02:43:40 | 00:01:45 | 02:06:03 |
| 57 | RAAG REEMO | 676 | | TALLINN | EST | M-38 | | 00:38:13 | 00:03:44 | 02:39:11 | 00:02:58 | 02:14:27 |
| 58 | KASTRU TOMASZ | 574 | | MUROWANIEC | POL | M-41 | RUN4FUN | 00:34:56 | 00:03:22 | 02:47:13 | 00:01:45 | 02:04:35 |
| 59 | KRAUSE SZYMON | 578 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-40 | | 00:44:07 | 00:03:14 | 02:43:01 | 00:03:37 | 01:45:15 |
| 60 | KĄTNIK JACEK | 567 | BUDINVEST | ŁOCHOWO | POL | M-52 | | 00:54:16 | 00:02:46 | 02:34:24 | 00:01:44 | 01:46:56 |
| 61 | PIC DAWID | 586 | | BYDGOSZCZ | POL | M-30 | | 00:39:06 | 00:02:53 | 02:47:25 | 00:01:47 | 02:07:16 |
| 62 | ŁAPAWA DARIUSZ | 641 | MOCNI W GĘBIE | POZNAŃ | POL | M-39 | | 00:38:24 | 00:04:27 | 02:43:32 | 00:02:57 | 02:16:21 |
| 63 | SZCZERBA MACIEJ | 519 | TRITYTKA | NIEMCZ | POL | M-50 | | 00:40:24 | 00:02:32 | 02:41:18 | 00:02:14 | 02:08:08 |
| 64 | FIEGEL WOJCIECH | 518 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:42:48 | 00:02:30 | 02:43:10 | 00:02:20 | 02:18:12 |
| 65 | MULARCZYK JACEK | 687 | RUNPASSION TEAM | BORKOWO | POL | M-52 | | 00:43:42 | 00:03:07 | 02:32:50 | 00:04:59 | 02:04:21 |
| 66 | SZYTTHENHOLM OLIVIER | 530 | TRISPACE/TREK | BYDGOSZCZ | POL | M-40 | TRISPACE/TREK | 00:43:22 | 00:02:49 | 02:44:58 | 00:02:35 | 01:59:09 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | T1 | Rower | T2 | Bieg |
|------|--------------------------|-----|------------------------------|-------------------|------|------|--|----------|----------|----------|----------|----------|
| | | | | | | | | 1.9km | | 89.9km | | 20.849km |
| 67 | KŁOSOK WOJCIECH | 683 | CROSS SPORT | RYBNIK | POL | M-43 | | 00:43:53 | 00:03:51 | 02:45:02 | 00:02:35 | 02:00:47 |
| 68 | KAZIMIERCZYK ADAM | 671 | PTT DELTA | PŁOCK | POL | M-42 | PTT DELTA | 00:38:18 | 00:03:27 | 02:40:50 | 00:02:43 | 02:17:37 |
| 69 | BUGALSKI WOJCIECH | 610 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-44 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:40:52 | 00:02:45 | 02:43:37 | 00:02:51 | 02:05:04 |
| 70 | KIEDROWSKI JERZY | 600 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-29 | MIELCARKS TEAM | 00:40:48 | 00:04:53 | 02:45:24 | 00:05:08 | 01:54:24 |
| 71 | SMOCZYŃSKI MAREK | 583 | MBC TEAM | TUCHOLA | POL | M-41 | | 00:43:49 | 00:03:43 | 02:34:33 | 00:02:07 | 02:39:14 |
| 72 | TYSZKA FILIP | 537 | KRISS COACHING | JONKOWO | POL | M-41 | | 00:48:34 | 00:02:37 | 02:36:55 | 00:02:05 | 02:16:56 |
| 73 | BUDZIŁO ADAM | 561 | PTT DELTA | PŁOCK | POL | M-50 | PTT DELTA | 00:40:29 | 00:04:25 | 02:47:22 | 00:02:40 | 01:58:41 |
| 74 | WALKOWIAK BARTOSZ | 624 | | NAKŁO NAD NOTECIĄ | POL | M-40 | | 00:44:06 | 00:03:10 | 02:47:04 | 00:02:38 | 02:00:26 |
| 75 | NOWICKI BARTOSZ | 694 | TRISPACE/TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:34:11 | 00:02:39 | 02:49:23 | 00:02:57 | 02:26:33 |
| 76 | HIPNAROWICZ GRZEGORZ | 551 | SPORTTREND.PL | BYDGOSZCZ | POL | M-43 | | 00:39:04 | 00:02:52 | 02:42:24 | 00:03:46 | 02:42:58 |
| 77 | GRUSZCZYK GRZEGORZ | 544 | IMPACT BIELSKO-BIAŁA | BIELSKO-BIAŁA | POL | M-40 | | 00:45:03 | 00:04:18 | 02:46:25 | 00:02:32 | 01:50:58 |
| 78 | KONKEL BARTOSZ | 605 | | BYDGOSZCZ | POL | M-36 | | 00:44:38 | 00:04:33 | 02:45:48 | 00:02:38 | 02:02:57 |
| 79 | DOMERACKI DAMIAN | 525 | | ŁOCHOWO | POL | M-42 | | 00:46:18 | 00:03:49 | 02:45:20 | 00:02:30 | 02:10:54 |
| 80 | KOSTYGOV PAVEL | 702 | | WARSZAWA | RUS | M-33 | | 00:41:31 | 00:05:11 | 02:45:31 | 00:02:57 | 02:05:40 |
| 81 | MARKIEWICZ BARTOSZ | 514 | PTT DELTA | PŁOCK | POL | M-33 | PTT DELTA | 00:44:49 | 00:04:02 | 02:47:06 | 00:02:46 | 02:13:51 |
| 82 | POLASIK MICHAŁ | 571 | RUN4FUN | BYDGOSZCZ | POL | M-35 | RUN4FUN | 00:36:38 | 00:02:47 | 02:48:29 | 00:01:39 | 02:27:04 |
| 83 | LISOWSKI ALEKSANDER | 701 | AUTODNA | ŁÓDŹ | POL | M-36 | | 00:45:31 | 00:02:45 | 02:44:55 | 00:01:41 | 02:13:32 |
| 84 | TRZASKOWSKI TOMASZ | 568 | | BYDGOSZCZ | POL | M-42 | | 00:42:48 | 00:04:35 | 02:46:07 | 00:04:35 | 02:11:24 |
| 85 | ANDRZEJAK ROBERT | 554 | VAMOS | POZNAŃ | POL | M-46 | | 00:51:26 | 00:03:41 | 02:45:29 | 00:01:58 | 01:53:38 |
| 86 | GRUBA MAREK | 580 | TRISPACE TREK | BRZOZA | POL | M-34 | TRISPACE/TREK | 00:41:44 | 00:03:09 | 02:53:12 | 00:02:28 | 02:08:56 |
| 87 | NOWAK DARIUSZ | 626 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-46 | TRIATHLON TEAM BOCHNIA | 00:56:27 | 00:05:00 | 02:35:59 | 00:02:59 | 02:00:44 |
| 88 | MIELCAREK JĘDRZEJ | 595 | MIELCARKS TEAM | POZNAŃ | POL | M-29 | MIELCARKS TEAM | 00:45:06 | 00:05:15 | 02:47:06 | 00:04:02 | 02:06:18 |
| 89 | MIELCAREK MACIEJ | 597 | MIELCARKS TEAM | BARCELONA | ESP | M-32 | MIELCARKS TEAM | 00:37:58 | 00:04:19 | 02:49:19 | 00:05:15 | 02:15:07 |
| 90 | MACIEJEWSKI GRZEGORZ | 692 | DANFOSS RACE TEAM | ŁÓDŹ | POL | M-40 | | 00:45:03 | 00:03:21 | 02:50:44 | 00:03:13 | 02:03:45 |
| 91 | NOWICKI ADAM | 553 | | BYDGOSZCZ | POL | M-49 | | 00:44:48 | 00:02:35 | 02:43:38 | 00:02:40 | 02:26:27 |
| 92 | STĘPNIAK KRZYSZTOF | 594 | RUN4FUN | BYDGOSZCZ | POL | M-44 | RUN4FUN | 00:49:47 | 00:04:29 | 02:44:09 | 00:02:22 | 02:00:08 |
| 93 | LIZIK ARKADIUSZ | 581 | | GOWARZEWO | POL | M-43 | | 00:59:17 | 00:02:51 | 02:38:17 | 00:01:52 | 02:03:43 |
| 94 | JANKOWSKI TOMASZ | 565 | TRISPACE/TREK | BYDGOSZCZ | POL | M-49 | TRISPACE/TREK | 00:42:21 | 00:03:29 | 02:42:17 | 00:06:10 | 02:03:17 |
| 95 | ZAKRZEWSKI JAROSŁAW | 591 | | BYDGOSZCZ | POL | M-49 | | 00:49:23 | 00:02:51 | 02:41:56 | 00:02:33 | 02:16:20 |
| 96 | CAMPOBASSO LUCA | 667 | | ŁÓDŹ | POL | M-31 | | 00:47:12 | 00:05:40 | 02:48:57 | 00:02:54 | 02:00:48 |
| 97 | MAKOWSKI MAREK | 660 | WTP / EXATEL | PRUSZKÓW | POL | M-39 | | 00:38:30 | 00:05:35 | 02:52:02 | 00:06:43 | 02:25:40 |
| 98 | BRYGIER JACEK | 705 | PTT DELTA | PŁOCK | POL | M-51 | PTT DELTA | 00:52:02 | 00:03:30 | 02:45:30 | 00:02:37 | 02:15:22 |
| 99 | KLIMKOWSKI MATEUSZ | 524 | DECATHLON TRIATHLON TEAM | WARSZAWA | POL | M-26 | | 00:40:01 | 00:02:37 | 02:52:17 | 00:02:06 | 03:07:50 |
| 100 | MAŁACHA DAWID | 510 | KU AZS POLITECHNIKA BYDGOSKA | ŻNIN | POL | M-27 | | 00:49:01 | 00:02:24 | 02:52:58 | 00:02:01 | 02:07:22 |
| 101 | KULIŃSKI GRZEGORZ | 587 | | BYDGOSZCZ | POL | M-29 | | 00:48:48 | 00:03:25 | 02:50:47 | 00:01:52 | 02:32:18 |
| 102 | KĘDZIERSKI MICHAŁ | 516 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-37 | | 00:49:39 | 00:04:16 | 02:52:02 | 00:04:09 | 01:57:06 |
| 103 | CZERWIAKOWSKI SEBASTIAN | 650 | | BYDGOSZCZ | POL | M-48 | | 00:44:59 | 00:05:50 | 02:50:45 | 00:04:05 | 02:17:58 |
| 104 | CYREK GRZEGORZ | 614 | | KOSZYCE MAŁE | POL | M-48 | | 00:59:53 | 00:06:34 | 02:38:24 | 00:03:04 | 02:03:46 |
| 105 | MOSKAL ALEKSANDER MOSKAL | 542 | | BORÓWNO | POL | M-60 | | 00:44:14 | 00:03:52 | 02:54:53 | 00:02:51 | 02:38:07 |
| 106 | WŁODARCZYK WOJCIECH | 602 | CZARNE STOPY | BYDGOSZCZ | POL | M-58 | | 00:51:20 | 00:04:16 | 02:54:10 | 00:04:21 | 01:55:57 |
| 107 | WISNIEWSKI PIOTR | 693 | DBR77 | TORUN | POL | M-45 | | 00:41:17 | 00:04:29 | 02:55:41 | 00:04:27 | 02:19:25 |
| 108 | BALDYGA PAWEŁ | 659 | PAWEŁ BALDYGA | PRUSZKÓW | POL | M-42 | | 00:54:24 | 00:04:29 | 02:48:20 | 00:04:16 | 02:16:05 |
| 109 | NEBELING WOJCIECH | 651 | | GDYŃIA | POL | M-52 | | 00:52:11 | 00:05:42 | 02:51:19 | 00:03:31 | 02:05:28 |
| 110 | LIZIK RADOŚLAW | 668 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | TRISPACE/TREK | 00:49:19 | 00:03:49 | 02:50:28 | 00:03:00 | 02:21:04 |
| 111 | WIŚNIEWSKI PIOTR | 508 | GEOTACH | ZIELONKA | POL | M-40 | | 00:40:10 | 00:03:10 | 03:02:43 | 00:03:19 | 02:39:12 |
| 112 | BETLEJ HUBERT | 532 | | KRAKÓW | POL | M-40 | | 00:50:32 | 00:04:18 | 02:50:39 | 00:03:02 | 02:38:13 |
| 113 | WRZOSEK JAROSŁAW | 648 | | BYDGOSZCZ | POL | M-51 | | 00:55:26 | 00:04:44 | 02:54:54 | 00:03:27 | 02:00:02 |
| 114 | GRUBA JACEK | 533 | TRISPACE/TREK | BRZOZA | POL | M-62 | TRISPACE/TREK | 00:50:12 | 00:03:54 | 03:00:25 | 00:02:41 | 02:19:17 |
| 115 | GRABAREK KONRAD | 620 | | WROCLAW | POL | M-47 | | 00:45:23 | 00:04:04 | 02:56:16 | 00:02:30 | 02:33:58 |
| 116 | SIUDA MAREK | 585 | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M-49 | | 00:43:14 | 00:04:40 | 03:01:14 | 00:03:15 | 02:27:43 |
| 117 | RAŹNIEWSKI ŁUKASZ | 502 | | DYWITY | POL | M-46 | | 00:57:18 | 00:04:12 | 02:55:50 | 00:02:24 | 02:07:00 |
| 118 | MARCINIAK PRZEMYSŁAW | 608 | | BYDGOSZCZ | POL | M-40 | | 00:50:21 | 00:03:33 | 02:58:50 | 00:02:48 | 02:24:23 |
| 119 | PAWLIK MARIUSZ | 534 | | KROTOSZYN | POL | M-42 | | 00:38:18 | 00:05:24 | 02:55:46 | 00:05:24 | 03:05:06 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg |
|------|-----------------------|-----|---------------------------------------|-----------------|------|------|---------------------------------------|----------|-----|----------|----------|--|----------|----------|
| | | | | | | | | 1.9km | | | 89.9km | | | |
| 120 | WIŚNIEWSKI ZBIGNIEW | 588 | ROWEROWA BRZOZA | OLIMPIN | POL | M-56 | ROWEROWA BRZOZA | 00:48:24 | | 00:05:39 | 02:58:08 | | 00:03:59 | 02:25:48 |
| 121 | BEDYK IRENEUSZ | 506 | PTT DELTA | CEKANOWO | POL | M-65 | PTT DELTA | 00:57:31 | | 00:04:23 | 02:57:48 | | 00:02:30 | 02:01:04 |
| 122 | ZIĘBICKI MACIEJ | 575 | | BYDGOSZCZ | POL | M-32 | | 00:49:40 | | 00:05:13 | 02:58:21 | | 00:02:43 | 02:27:22 |
| 123 | ORŁOWSKI JAKUB | 666 | | GÓRA KALWARIA | POL | M-33 | | 00:47:01 | | 00:06:01 | 03:09:01 | | 00:04:18 | 01:49:54 |
| 124 | PABIN MAKSYMILIAN | 550 | | BRWINÓW | POL | M-26 | | 00:48:32 | | 00:03:35 | 03:03:51 | | 00:02:42 | 02:23:28 |
| 125 | KROPIDŁOWSKI MARCJUSZ | 657 | UNLIMITED SPORT 2.0 | BOCHNIA | POL | M-39 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | 00:48:00 | | 00:05:29 | 02:57:14 | | 00:04:39 | 02:35:04 |
| 126 | SIECZKO TOMASZ | 582 | TEAM SIECZKO | BYDGOSZCZ | POL | M-34 | | 00:53:39 | | 00:05:49 | 02:59:03 | | 00:04:31 | 02:06:31 |
| 127 | GRUDNIEWSKI RAFAŁ | 604 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-42 | | 00:51:03 | | 00:03:42 | 03:02:05 | | 00:02:27 | 02:53:20 |
| 128 | MIĘTEK ZBIGNIEW | 545 | | LEGIONOWO | POL | M-46 | | 00:49:52 | | 00:03:06 | 02:58:12 | | 00:06:16 | 02:31:33 |
| 129 | KOMOR BOGDAN | 661 | ROVICKY TEAM | SIEDLCE | POL | M-44 | ROVICKY TEAM | 00:55:38 | | 00:04:25 | 02:58:06 | | 00:03:32 | 02:32:46 |
| 130 | JARGIŁO MICHAŁ | 509 | | BYDGOSZCZ | POL | M-35 | | 00:54:27 | | 00:03:24 | 03:02:38 | | 00:04:43 | 02:24:37 |
| 131 | BURSKI FILIP | 633 | | ŁÓDŹ | POL | M-26 | | 00:45:14 | | 00:05:08 | 03:06:31 | | 00:06:42 | 02:31:52 |
| 132 | ZALESIŃSKI MARCIN | 634 | | OSIELSKO | POL | M-42 | | 00:42:13 | | 00:03:23 | 03:04:54 | | 00:03:35 | 03:01:47 |
| 133 | KOŚIŃSKI ROBERT | 504 | NOKIA | PAKOŚĆ | POL | M-40 | NOKIA | 00:48:07 | | 00:05:30 | 03:03:10 | | 00:06:06 | 02:39:09 |
| 134 | NURKIEWICZ JAROSŁAW | 603 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-51 | | 00:57:16 | | 00:02:20 | 03:05:45 | | 00:04:36 | 02:20:15 |
| 135 | SZYM CZAK JAKUB | 513 | | GDYNIA | POL | M-34 | | 00:44:24 | | 00:04:38 | 03:09:34 | | 00:04:25 | 02:45:56 |
| 136 | KODZIS PIOTR | 548 | | BOKSZE STARE | POL | M-48 | | 00:54:11 | | 00:06:14 | 03:16:04 | | 00:04:14 | 01:55:24 |
| 137 | HAYES MARK | 644 | GREENWICH TRITONS | LONDON | GBR | M-47 | GREENWICH TRITONS | 00:51:32 | | 00:05:32 | 03:07:54 | | 00:02:59 | 02:27:34 |
| 138 | BURSKI PAWEŁ | 632 | | ŁÓDŹ | POL | M-53 | | 00:47:19 | | 00:04:15 | 03:10:35 | | 00:04:30 | 02:45:05 |
| 139 | GAWRON MARCIN | 615 | CAR-MAN | DOBRCZ | POL | M-46 | | 00:48:06 | | 00:04:05 | 03:12:20 | | 00:04:16 | 02:37:26 |
| 140 | KOCHANOWSKI MACIEJ | 622 | | BYDGOSZCZ | POL | M-30 | | 00:51:06 | | 00:07:43 | 03:16:44 | | 00:04:04 | 02:14:00 |
| 141 | LECH MIKOŁAJ | 629 | | BYDGOSZCZ | POL | M-37 | | 01:06:15 | | 00:04:58 | 03:13:31 | | 00:03:06 | 02:06:23 |
| 142 | WAWRZYŃIAK KACPER | 617 | | PRZYŁĘKI | POL | M-23 | | 01:03:27 | | 00:05:16 | 03:12:47 | | 00:06:08 | 02:22:14 |
| 143 | KUBOWICZ PIOTR | 606 | QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ | BYDGOSZCZ | POL | M-60 | | 01:07:15 | | 00:05:51 | 03:04:04 | | 00:05:54 | 02:33:00 |
| 144 | GUDELL RADOŚLAW | 596 | GRUPA MODERATOR | BYDGOSZCZ | POL | M-46 | | 00:52:59 | | 00:08:00 | 03:33:39 | | 00:03:24 | 02:30:24 |
| 145 | ŁAPIŃSKI JAKUB | 656 | UNLIMITED SPORT 2.0 | GAJ | POL | M-39 | | 01:05:59 | | 00:09:17 | 03:11:36 | | 00:07:21 | 02:33:01 |
| 146 | GÓRSKI BARTOSZ | 618 | | BYDGOSZCZ | POL | M-48 | | 01:06:58 | | 00:05:59 | 03:20:51 | | 00:04:27 | 02:47:46 |
| 147 | WALCZAK PAWEŁ | 623 | | BYDGOSZCZ | POL | M-33 | | 01:09:48 | | 00:06:41 | 03:24:34 | | 00:03:33 | 02:06:44 |
| 148 | BINKOWSKI CZARUŚ | 706 | LKS BOGMAR OSTROMECKO | OSTROMECKO | POL | M-49 | | 01:01:52 | | 00:06:53 | 03:32:24 | | 00:03:48 | 03:01:36 |
| 149 | GRAUL ROMUALD | 686 | UNITED GUITARS | DOBRCZ | POL | M-60 | | 01:10:59 | | 00:09:50 | 03:32:24 | | 00:05:49 | 03:03:52 |
| | PARTYKA RAFAŁ | 547 | RAFAL AGAINST THE MACHINE | BYDGOSZCZ | POL | M-45 | | 00:34:53 | DNF | 00:02:39 | 02:29:42 | | 00:01:59 | 00:00:00 |
| | SOBCZAK MARCIN | 592 | SOBCZAKTEAM | RUMIA | POL | M-51 | | 00:35:46 | DNF | 00:02:29 | 02:28:13 | | 00:02:28 | 00:00:00 |
| | ŁUCZAK PAWEŁ | 526 | TKKF KOLEJARZ BYDGOSZCZ | BYDGOSZCZ | POL | M-53 | | 00:46:57 | DNF | 00:02:20 | 02:44:06 | | 00:02:38 | 00:00:00 |
| | WYSMOLIŃSKI RAFAŁ | 549 | | BIERNATKI | POL | M-45 | | 00:40:04 | DNF | 00:03:13 | | | 00:00:00 | 00:00:00 |
| | KIRKLAND JIM | 19 | GREENWICH TRITONS | ORPINGTON | GBR | M-67 | GREENWICH TRITONS | 00:59:42 | DNF | 00:09:04 | | | 00:00:00 | 00:00:00 |
| | GOSZ MARCIN | 680 | ENDURE TEAM | ŁĘBORK | POL | M-43 | | 00:38:46 | DNF | 00:02:44 | | | 00:00:00 | 00:00:00 |
| | SPRYSZYŃSKI MICHAŁ | 654 | TRIRODZINKA | BYDGOSZCZ | POL | M-34 | | 00:45:34 | DNF | 00:03:33 | 02:56:01 | | 00:02:43 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-21

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg |
|------|------------------|-----|------|-----------|------|------|-----------|----------|--|----------|----------|--|----------|----------|
| | | | | | | | | 1.9km | | | 89.9km | | | |
| 1 | KRZYSTOLIK MARTA | 546 | | KATOWICE | POL | K-21 | | 00:37:18 | | 00:03:21 | 02:55:20 | | 00:02:30 | 02:07:44 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-23

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie | | T1 | Rower | | T2 | Bieg |
|------|-------------------|-----|----------------|-----------|------|------|---------------------|----------|--|----------|----------|--|----------|----------|
| | | | | | | | | 1.9km | | | 89.9km | | | |
| 1 | SAWIEŁAJC JAKUB | 560 | TM IRON TEAM | BYDGOSZCZ | POL | M-23 | TM IRON TEAM | 00:28:22 | | 00:02:22 | 02:16:43 | | 00:02:07 | 01:32:31 |
| 2 | KOMPA MARCIN | 710 | IM INSPIRATION | WARSZAWA | POL | M-23 | IM INSPIRATION TEAM | 00:30:27 | | 00:02:12 | 02:23:01 | | 00:00:41 | 01:27:20 |
| 3 | WAWRZYŃIAK KACPER | 617 | | PRZYŁĘKI | POL | M-23 | | 01:03:27 | | 00:05:16 | 03:12:47 | | 00:06:08 | 02:22:14 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-24

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | PORZYCH RAFAŁ | 607 | RAFSON.TV / PORZYCH.PL | BYDGOSZCZ | POL | M-24 | | 00:39:28 | 00:02:43 | 02:41:24 | 00:01:51 | 01:39:14 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-25

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|------------------|-----|------------------------|-----------|------|------|---------------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | MĄCZKA DAWID | 637 | THRIATLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | TRIATHLON TEAM BOCHNIA | 00:33:26 | 00:03:19 | 02:43:40 | 00:02:48 | 02:41:56 |
| 2 | MUCHA BARTŁOMIEJ | 636 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-25 | | 00:36:16 | 00:03:49 | 02:40:08 | 00:02:42 | 02:05:34 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-26

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|--------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | KLIMKOWSKI MATEUSZ | 524 | DECATHLON TRIATHLON TEAM | WARSZAWA | POL | M-26 | | 00:40:01 | 00:02:37 | 02:52:17 | 00:02:06 | 03:07:50 |
| 2 | PABIN MAKSYMILIAN | 550 | | BRWINÓW | POL | M-26 | | 00:48:32 | 00:03:35 | 03:03:51 | 00:02:42 | 02:23:28 |
| 3 | BURSKI FILIP | 633 | | ŁÓDŹ | POL | M-26 | | 00:45:14 | 00:05:08 | 03:06:31 | 00:06:42 | 02:31:52 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-27

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|---------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | WOŁK AGATA | 691 | LITWIN SPORTS | WROCŁAW | POL | K-27 | | 00:40:03 | 00:02:25 | 02:51:44 | 00:02:16 | 02:25:19 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-27

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | MAŁACHA DAWID | 510 | KU AZS POLITECHNIKA BYDGOSKA | ŻNIN | POL | M-27 | | 00:49:01 | 00:02:24 | 02:52:58 | 00:02:01 | 02:07:22 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|----------------|-----------|------|------|----------------|-------------------|----------|-----------------|----------|------------------|
| 1 | SZYMAŃSKI PIOTR | 572 | MIELCARKS TEAM | GDYNIA | POL | M-29 | MIELCARKS TEAM | 00:35:42 | 00:03:20 | 02:30:25 | 00:02:12 | 01:47:42 |
| 2 | KOSMATKA PAWEŁ | 503 | | ŁÓDŹ | POL | M-29 | | 00:45:34 | 00:02:29 | 02:34:34 | 00:02:20 | 02:05:38 |
| 3 | KIEDROWSKI JERZY | 600 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-29 | MIELCARKS TEAM | 00:40:48 | 00:04:53 | 02:45:24 | 00:05:08 | 01:54:24 |
| 4 | MIELCAREK JĘDRZEJ | 595 | MIELCARKS TEAM | POZNAŃ | POL | M-29 | MIELCARKS TEAM | 00:45:06 | 00:05:15 | 02:47:06 | 00:04:02 | 02:06:18 |
| 5 | KULIŃSKI GRZEGORZ | 587 | | BYDGOSZCZ | POL | M-29 | | 00:48:48 | 00:03:25 | 02:50:47 | 00:01:52 | 02:32:18 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | PIC DAWID | 586 | | BYDGOSZCZ | POL | M-30 | | 00:39:06 | 00:02:53 | 02:47:25 | 00:01:47 | 02:07:16 |
| 2 | KOCHANOWSKI MACIEJ | 622 | | BYDGOSZCZ | POL | M-30 | | 00:51:06 | 00:07:43 | 03:16:44 | 00:04:04 | 02:14:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-31

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|--------------|-----------|------|------|--------------|-------------------|----------|-----------------|----------|------------------|
| 1 | ANDRAŁOJC ANNA | 673 | TM IRON TEAM | BYDGOSZCZ | POL | K-31 | TM IRON TEAM | 00:35:22 | 00:02:38 | 02:37:23 | 00:02:07 | 02:01:37 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-31

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | CAMPOBASSO LUCA | 667 | | ŁÓDŹ | POL | M-31 | | 00:47:12 | 00:05:40 | 02:48:57 | 00:02:54 | 02:00:48 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-32

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|------------------|-----|----------------|-----------|------|------|----------------|-------------------|----------|-----------------|----------|------------------|
| 1 | MIELCAREK MACIEJ | 597 | MIELCARKS TEAM | BARCELONA | ESP | M-32 | MIELCARKS TEAM | 00:37:58 | 00:04:19 | 02:49:19 | 00:05:15 | 02:15:07 |
| 2 | ZIĘBICKI MACIEJ | 575 | | BYDGOSZCZ | POL | M-32 | | 00:49:40 | 00:05:13 | 02:58:21 | 00:02:43 | 02:27:22 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-33

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|-----------|---------------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | MODER BARTŁOMIEJ | 697 | KAZIKI | WARSZAWA | POL | M-33 | KAZIKI | 00:35:16 | 00:02:43 | 02:30:46 | 00:03:21 | 01:41:03 |
| 2 | SKŁADANOWSKI MAREK | 682 | | WŁOCŁAWEK | POL | M-33 | | 00:38:00 | 00:03:19 | 02:39:06 | 00:02:30 | 01:54:02 |
| 3 | KOSTYGOV PAVEL | 702 | | WARSZAWA | RUS | M-33 | | 00:41:31 | 00:05:11 | 02:45:31 | 00:02:57 | 02:05:40 |
| 4 | MARKIEWICZ BARTOSZ | 514 | PTT DELTA | PŁOCK | POL | M-33 | PTT DELTA | 00:44:49 | 00:04:02 | 02:47:06 | 00:02:46 | 02:13:51 |
| 5 | ORLOWSKI JAKUB | 666 | | GÓRA KALWARIA | POL | M-33 | | 00:47:01 | 00:06:01 | 03:09:01 | 00:04:18 | 01:49:54 |
| 6 | WALCZAK PAWEŁ | 623 | | BYDGOSZCZ | POL | M-33 | | 01:09:48 | 00:06:41 | 03:24:34 | 00:03:33 | 02:06:44 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-34

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | STEFANIAK ASIA | 555 | | KRAKÓW | POL | K-34 | | 00:45:15 | 00:03:59 | 02:54:55 | 00:02:29 | 01:55:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-34

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | PODWYSOCKI MARCIN | 527 | CTS | SEROCK | POL | M-34 | CTS | 00:30:25 | 00:02:39 | 02:31:29 | 00:01:52 | 01:51:39 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-34 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|-------------------|------------|------|------|---------------|-------------------|----------|-----------------|----------|------------------|
| 2 | WIERZYŃSKI DAMIAN | 569 | TRISPACE /TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:40:50 | 00:02:01 | 02:28:08 | 00:02:00 | 01:58:23 |
| 3 | KRAJEWSKI TOMASZ | 677 | KP PSP INOWROCŁAW | INOWROCŁAW | POL | M-34 | | 00:37:16 | 00:03:09 | 02:39:14 | 00:01:50 | 01:38:17 |
| 4 | NOWICKI BARTOSZ | 694 | TRISPACE/TREK | BYDGOSZCZ | POL | M-34 | TRISPACE/TREK | 00:34:11 | 00:02:39 | 02:49:23 | 00:02:57 | 02:26:33 |
| 5 | GRUBA MAREK | 580 | TRISPACE TREK | BRZOZA | POL | M-34 | TRISPACE/TREK | 00:41:44 | 00:03:09 | 02:53:12 | 00:02:28 | 02:08:56 |
| 6 | SIECZKO TOMASZ | 582 | TEAM SIECZKO | BYDGOSZCZ | POL | M-34 | | 00:53:39 | 00:05:49 | 02:59:03 | 00:04:31 | 02:06:31 |
| 7 | SZYMCZAK JAKUB | 513 | | GDYNIA | POL | M-34 | | 00:44:24 | 00:04:38 | 03:09:34 | 00:04:25 | 02:45:56 |
| | SPRYSZYŃSKI MICHAŁ | 654 | TRIRODZINKA | BYDGOSZCZ | POL | M-34 | | 00:45:34 DNF | 00:03:33 | 02:56:01 | 00:02:43 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|---------------------|-----------|------|------|---------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | KRUPICKA TOMAS | 655 | IRONSPORT ELPO | RUDNÁ | CZE | M-35 | | 00:35:27 | 00:02:11 | 02:24:27 | 00:01:37 | 01:36:27 |
| 2 | MATUSIAK MATEUSZ | 625 | SNG WILD DUCKS | ZGIERZ | POL | M-35 | SNG WILD DUCKS | 00:33:38 | 00:02:32 | 02:25:58 | 00:02:27 | 01:46:52 |
| 3 | MALINOWSKI MARIUSZ | 653 | KARAŚ TRI&SWIM TEAM | WARSZAWA | POL | M-35 | KARAŚ TRI&SWIM TEAM | 00:34:12 | 00:02:19 | 02:39:48 | 00:02:18 | 02:08:55 |
| 4 | GRZEBYTA MATEUSZ | 619 | MTB START KARTUZY | KARTUZY | POL | M-35 | | 00:39:29 | 00:03:07 | 02:39:25 | 00:02:15 | 02:10:47 |
| 5 | POLASIK MICHAŁ | 571 | RUN4FUN | BYDGOSZCZ | POL | M-35 | RUN4FUN | 00:36:38 | 00:02:47 | 02:48:29 | 00:01:39 | 02:27:04 |
| 6 | JARGIŁO MICHAŁ | 509 | | BYDGOSZCZ | POL | M-35 | | 00:54:27 | 00:03:24 | 03:02:38 | 00:04:43 | 02:24:37 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------------------------|-----------|------|------|------------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | ROMAN AGNIESZKA | 664 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | K-36 | TRIATHLON TEAM BOCHNIA | 00:54:26 | 00:04:36 | 02:51:17 | 00:03:58 | 01:56:08 |
| 2 | KRYSPIŃ MARTA | 531 | RUNPROGRESSTEAM | GRUDZIĄDZ | POL | K-36 | | 00:49:04 | 00:03:02 | 02:50:29 | 00:05:06 | 02:27:09 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|-------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | KRÓL HUBERT | 669 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-36 | | 00:30:21 | 00:02:00 | 02:32:16 | 00:02:02 | 01:58:21 |
| 2 | KINDLER MACIEJ | 670 | | KRAKÓW | POL | M-36 | | 00:39:06 | 00:03:02 | 02:36:08 | 00:02:22 | 02:04:52 |
| 3 | KONKEL BARTOSZ | 605 | | BYDGOSZCZ | POL | M-36 | | 00:44:38 | 00:04:33 | 02:45:48 | 00:02:38 | 02:02:57 |
| 4 | LISOWSKI ALEKSANDER | 701 | AUTODNA | ŁÓDŹ | POL | M-36 | | 00:45:31 | 00:02:45 | 02:44:55 | 00:01:41 | 02:13:32 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|-------------------|-----------|------|------|-------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | ZAWIEROWSKA EWELINA | 511 | SOCZAKTEAM | USTKA | POL | K-37 | | 00:39:17 | 00:03:01 | 02:50:28 | 00:01:57 | 02:14:33 |
| 2 | WEIR RUTH | 645 | GREENWICH TRITONS | SIDCUP | GBR | K-37 | GREENWICH TRITONS | 00:47:15 | 00:05:03 | 03:15:38 | 00:03:22 | 02:20:18 |
| 3 | MAĆKOWSKA MAGDALENA | 696 | MAGDALENA_M_TRI | BYDGOSZCZ | POL | K-37 | | 01:13:52 | 00:04:36 | 03:23:29 | 00:07:20 | 02:48:46 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|---------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | KLYM YURII | 684 | | KYIV | UKR | M-37 | | 00:35:04 | 00:02:00 | 02:18:18 | 00:01:59 | 01:24:16 |
| 2 | TRZASKA PRZEMYSŁAW | 556 | DREAM TRI TEAM | GDAŃSK | POL | M-37 | | 00:36:31 | 00:01:47 | 02:22:18 | 00:01:51 | 01:39:03 |
| 3 | KĘDZIERSKI MICHAŁ | 516 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-37 | | 00:49:39 | 00:04:16 | 02:52:02 | 00:04:09 | 01:57:06 |
| 4 | LECH MIKOŁAJ | 629 | | BYDGOSZCZ | POL | M-37 | | 01:06:15 | 00:04:58 | 03:13:31 | 00:03:06 | 02:06:23 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-38

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | WODA EWELINA | 621 | WYTRZYMALI | KRAKÓW | POL | K-38 | | 00:37:19 | 00:03:59 | 02:48:21 | 00:02:19 | 02:08:37 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-38

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|----------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | BLADOWSKI ARTUR | 695 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:35:03 | 00:00:57 | 02:22:00 | 00:02:00 | 01:24:17 |
| 2 | MODZELEWSKI MACIEJ | 643 | KLUB KOLARSKI ŁOWICZ | ŁOWICZ | POL | M-38 | | 00:42:28 | 00:02:43 | 02:26:18 | 00:01:35 | 01:37:36 |
| 3 | RAAG REEMO | 676 | | TALLINN | EST | M-38 | | 00:38:13 | 00:03:44 | 02:39:11 | 00:02:58 | 02:14:27 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|--------------|-----------|------|------|--------------|-------------------|----------|-----------------|----------|------------------|
| 1 | KMIEĆ KAROLINA | 707 | TM IRON TEAM | BYDGOSZCZ | POL | K-39 | TM IRON TEAM | 00:40:30 | 00:02:58 | 02:49:53 | 00:04:00 | 02:01:30 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------------|-----|---------------------|-----------|------|------|---------------------------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | KUBANEK ŁUKASZ | 590 | TEAMOCHAL | NIEMCZ | POL | M-39 | TEAM OCHAL | 00:40:13 | 00:03:06 | 02:25:15 | 00:02:55 | 01:50:51 |
| 2 | ŁAPAWA DARIUSZ | 641 | MOCNI W GĘBIE | POZNAŃ | POL | M-39 | | 00:38:24 | 00:04:27 | 02:43:32 | 00:02:57 | 02:16:21 |
| 3 | MAKOWSKI MAREK | 660 | WTP / EXATEL | PRUSZKÓW | POL | M-39 | | 00:38:30 | 00:05:35 | 02:52:02 | 00:06:43 | 02:25:40 |
| 4 | KROPIDŁOWSKI MARCJUSZ | 657 | UNLIMITED SPORT 2.0 | BOCHNIA | POL | M-39 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | 00:48:00 | 00:05:29 | 02:57:14 | 00:04:39 | 02:35:04 |
| 5 | ŁAPIŃSKI JAKUB | 656 | UNLIMITED SPORT 2.0 | GAJ | POL | M-39 | | 01:05:59 | 00:09:17 | 03:11:36 | 00:07:21 | 02:33:01 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------------------|-----|--------------|-----------|------|------|--------------|-------------------|----------|-----------------|----------|------------------|
| 1 | KOZMIŃCZUK-MARKULAK AGNIESZKA | 679 | TM IRON TEAM | GLIWICE | POL | K-40 | TM IRON TEAM | 00:38:39 | 00:03:16 | 02:59:55 | 00:02:17 | 02:00:19 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|---------------------------------------|-------------------|------|------|---------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | MALINOWSKI JAROSŁAW | 652 | KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY | WARSZAWA | POL | M-40 | KARAŚ TRI&SWIM TEAM | 00:34:09 | 00:02:03 | 02:20:15 | 00:01:56 | 01:40:45 |
| 2 | NOWAK ANDRZEJ | 640 | GT RAT | WROCLAW | POL | M-40 | | 00:36:24 | 00:02:18 | 02:21:32 | 00:01:32 | 01:36:22 |
| 3 | JANUSZKIEWICZ PIOTR | 563 | REBELIA UNDERGROUND TRIATHLON | ŁOCHOWO | POL | M-40 | | 00:39:31 | 00:02:52 | 02:38:36 | 00:01:46 | 01:48:51 |
| 4 | SENGER ROBERT | 536 | TRIZARZA | WARSZAWA | POL | M-40 | | 00:36:11 | 00:02:53 | 02:43:40 | 00:01:45 | 02:06:03 |
| 5 | KRAUSE SZYMON | 578 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-40 | | 00:44:07 | 00:03:14 | 02:43:01 | 00:03:37 | 01:45:15 |
| 6 | SZYTTENHOLM OLIWIER | 530 | TRISPACE/TREK | BYDGOSZCZ | POL | M-40 | TRISPACE/TREK | 00:43:22 | 00:02:49 | 02:44:58 | 00:02:35 | 01:59:09 |
| 7 | WALKOWIAK BARTOSZ | 624 | | NAKŁO NAD NOTECIĄ | POL | M-40 | | 00:44:06 | 00:03:10 | 02:47:04 | 00:02:38 | 02:00:26 |
| 8 | GRUSZCZYK GRZEGORZ | 544 | IMPACT BIELSKO-BIAŁA | BIELSKO-BIAŁA | POL | M-40 | | 00:45:03 | 00:04:18 | 02:46:25 | 00:02:32 | 01:50:58 |
| 9 | MACIEJEWSKI GRZEGORZ | 692 | DANFOSS RACE TEAM | ŁÓDŹ | POL | M-40 | | 00:45:03 | 00:03:21 | 02:50:44 | 00:03:13 | 02:03:45 |
| 10 | WIŚNIEWSKI PIOTR | 508 | GEOTACH | ZIELONKA | POL | M-40 | | 00:40:10 | 00:03:10 | 03:02:43 | 00:03:19 | 02:39:12 |
| 11 | BETLEJ HUBERT | 532 | | KRAKÓW | POL | M-40 | | 00:50:32 | 00:04:18 | 02:50:39 | 00:03:02 | 02:38:13 |
| 12 | MARCINIAK PRZEMYSŁAW | 608 | | BYDGOSZCZ | POL | M-40 | | 00:50:21 | 00:03:33 | 02:58:50 | 00:02:48 | 02:24:23 |
| 13 | KOSIŃSKI ROBERT | 504 | NOKIA | PAKOŚĆ | POL | M-40 | NOKIA | 00:48:07 | 00:05:30 | 03:03:10 | 00:06:06 | 02:39:09 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-41

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|----------------|------------|------|------|------------|-------------------|----------|-----------------|----------|------------------|
| 1 | KOWALCZYK PIOTR | 616 | KAZIKI | WARSZAWA | POL | M-41 | KAZIKI | 00:33:30 | 00:02:04 | 02:21:20 | 00:02:01 | 01:25:45 |
| 2 | CELMER MARCIN | 507 | PTT DELTA | PŁOCK | POL | M-41 | PTT DELTA | 00:38:56 | 00:02:24 | 02:28:16 | 00:02:22 | 02:01:58 |
| 3 | SZCZYRBOWSKI MICHAŁ | 543 | TURBOKILLA | RYBNIK | POL | M-41 | | 00:40:45 | 00:03:55 | 02:31:58 | 00:02:01 | 01:53:42 |
| 4 | KWAPIŃSKI DAMIAN | 562 | TEAMOCHAL | BYDGOSZCZ | POL | M-41 | TEAM OCHAL | 00:47:29 | 00:03:46 | 02:32:33 | 00:01:35 | 01:52:15 |
| 5 | KASTRAU TOMASZ | 574 | MUROWANIEC | MUROWANIEC | POL | M-41 | RUN4FUN | 00:34:56 | 00:03:22 | 02:47:13 | 00:01:45 | 02:04:35 |
| 6 | SMOCZYŃSKI MAREK | 583 | MBC TEAM | TUCHOLA | POL | M-41 | | 00:43:49 | 00:03:43 | 02:34:33 | 00:02:07 | 02:39:14 |
| 7 | TYSZKA FILIP | 537 | KRISS COACHING | JONKOWO | POL | M-41 | | 00:48:34 | 00:02:37 | 02:36:55 | 00:02:05 | 02:16:56 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-42

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------------|-----|------------------------------|----------------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 1 | JONES SHELLEY | 646 | GREENWICH TRITONS | LONDON | GBR | K-42 | GREENWICH TRITONS | 00:31:23 | 00:03:43 | 02:56:37 | 00:03:44 | 01:58:03 |
| 2 | KRUCZKOWSKA-LASSAK ANITA | 612 | AKADEMIA MISTRZÓW SPORTU AMS | STRZELCE GÓRNE | POL | K-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:57:31 | 00:03:04 | 03:11:05 | 00:02:36 | 02:02:38 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-42

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|--|-----------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 1 | KILJAŃCZYK PIOTR | 658 | | NEKLA | POL | M-42 | | 00:39:15 | 00:02:02 | 02:27:13 | 00:01:23 | 01:33:25 |
| 2 | KAMIŃSKI TOMASZ | 505 | IM INSPIRATION TEAM | MROCHA | POL | M-42 | IM INSPIRATION TEAM | 00:42:52 | 00:02:22 | 02:22:07 | 00:02:28 | 01:35:36 |
| 3 | WIĘCKOWSKI DARIUSZ | 528 | AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS | BYDGOSZCZ | POL | M-42 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:33:01 | 00:02:19 | 02:31:04 | 00:02:20 | 01:53:36 |
| 4 | KLAPUCH MICHAŁ | 573 | EWA BUGDOŁ TEAM | GLIWICE | POL | M-42 | | 00:37:19 | 00:02:55 | 02:33:45 | 00:02:47 | 01:40:34 |
| 5 | KAZIMIERCZYK ADAM | 671 | PTT DELTA | PŁOCK | POL | M-42 | PTT DELTA | 00:38:18 | 00:03:27 | 02:40:50 | 00:02:43 | 02:17:37 |
| 6 | DOMERACKI DAMIAN | 525 | | ŁOCHOWO | POL | M-42 | | 00:46:18 | 00:03:49 | 02:45:20 | 00:02:30 | 02:10:54 |
| 7 | TRZASKOWSKI TOMASZ | 568 | | BYDGOSZCZ | POL | M-42 | | 00:42:48 | 00:04:35 | 02:46:07 | 00:04:35 | 02:11:24 |
| 8 | BAŁDYGA PAWEŁ | 659 | PAWEŁ BAŁDYGA | PRUSZKÓW | POL | M-42 | | 00:54:24 | 00:04:29 | 02:48:20 | 00:04:16 | 02:16:05 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-42 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|-------------|-----------------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 9 | PAWLIK MARIUSZ | 534 | | KROTOSZYN | POL | M-42 | | 00:38:18 | 00:05:24 | 02:55:46 | 00:05:24 | 03:05:06 |
| 10 | GRUDNIEWSKI RAFAŁ | 604 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-42 | | 00:51:03 | 00:03:42 | 03:02:05 | 00:02:27 | 02:53:20 |
| 11 | ZALESINSKI MARCIN | 634 | | OSIELSKO | POL | M-42 | | 00:42:13 | 00:03:23 | 03:04:54 | 00:03:35 | 03:01:47 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-43

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|--------------------------|-----------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 1 | DROŹDŹ MAŁGORZATA | 609 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-43 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:44:36 | 00:03:13 | 02:45:36 | 00:01:57 | 01:55:46 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-43

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|---------------------|--------------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | STARON PIOTR | 541 | STARZYNSKI.COACH | BUDZISZEWICE | POL | M-43 | | 00:33:39 | 00:03:09 | 02:20:34 | 00:01:54 | 01:32:39 |
| 2 | KULIK MICHAŁ | 662 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-43 | | 00:39:50 | 00:03:42 | 02:31:23 | 00:03:15 | 01:44:40 |
| 3 | KŁOSOK WOJCIECH | 683 | CROSS SPORT | RYBNIK | POL | M-43 | | 00:43:53 | 00:03:51 | 02:45:02 | 00:02:35 | 02:00:47 |
| 4 | HIPNAROWICZ GRZEGORZ | 551 | SPORTTREND.PL | BYDGOSZCZ | POL | M-43 | | 00:39:04 | 00:02:52 | 02:42:24 | 00:03:46 | 02:42:58 |
| 5 | LIZIK ARKADIUSZ | 581 | | GOWARZEWO | POL | M-43 | | 00:59:17 | 00:02:51 | 02:38:17 | 00:01:52 | 02:03:43 |
| | GOSZ MARCIN | 680 | ENDURE TEAM | ŁĘBORK | POL | M-43 | | 00:38:46 DNF | 00:02:44 | | 00:00:00 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|------------------|-----|----------------------|-----------|------|------|---------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | PIGUŁA AGNIESZKA | 703 | UAM TRIATHLON POZNAŃ | POZNAŃ | POL | K-44 | | 00:47:50 | 00:03:00 | 02:49:39 | 00:02:20 | 02:06:19 |
| 2 | AL-DRAWI JOANNA | 674 | IM INSPIRATION TEAM | BYDGOSZCZ | POL | K-44 | IM INSPIRATION TEAM | 00:52:15 | 00:05:00 | 02:48:12 | 00:03:06 | 01:52:54 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------|-----|--------------------------|-----------|------|------|--|-------------------|----------|-----------------|----------|------------------|
| 1 | SOBIK ANDRZEJ | 557 | | CZYŻOWICE | POL | M-44 | | 00:37:18 | 00:03:23 | 02:30:14 | 00:01:38 | 01:46:13 |
| 2 | KLONOWSKI TOMASZ | 649 | PLATAN | ŚWIECIE | POL | M-44 | | 00:37:24 | 00:02:29 | 02:28:28 | 00:02:06 | 02:09:01 |
| 3 | MASZEWSKI DARIUSZ | 631 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-44 | TRIATHLON TEAM BOCHNIA | 00:33:25 | 00:03:39 | 02:34:25 | 00:02:35 | 02:00:42 |
| 4 | DAWIDOWICZ MACIEJ | 559 | TRISPCE/TREK | BRZOZA | POL | M-44 | TRISPACE/TREK | 00:39:23 | 00:02:43 | 02:33:58 | 00:02:43 | 02:09:33 |
| 5 | KAPSA DAWID | 538 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:45:28 | 00:02:52 | 02:33:40 | 00:02:38 | 01:47:05 |
| 6 | FIEGEL WOJCIECH | 518 | TRISPACE/TREK | BYDGOSZCZ | POL | M-44 | TRISPACE/TREK | 00:42:48 | 00:02:30 | 02:43:10 | 00:02:20 | 02:18:12 |
| 7 | BUGALSKI WOJCIECH | 610 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-44 | AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON | 00:40:52 | 00:02:45 | 02:43:37 | 00:02:51 | 02:05:04 |
| 8 | STĘPNIAK KRZYSZTOF | 594 | RUN4FUN | BYDGOSZCZ | POL | M-44 | RUN4FUN | 00:49:47 | 00:04:29 | 02:44:09 | 00:02:22 | 02:00:08 |
| 9 | KOMOR BOGDAN | 661 | ROVICKY TEAM | SIEDLCE | POL | M-44 | ROVICKY TEAM | 00:55:38 | 00:04:25 | 02:58:06 | 00:03:32 | 02:32:46 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|---------------------------|-----------|------|------|---------------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | JEŹEK PETR | 663 | IAMX | PRAHA | CZE | M-45 | | 00:34:30 | 00:02:57 | 02:26:03 | 00:02:21 | 01:33:40 |
| 2 | KOZŁOWSKI JACEK | 520 | PTT DELTA | PŁOCK | POL | M-45 | PTT DELTA | 00:42:18 | 00:03:24 | 02:31:40 | 00:02:57 | 01:41:45 |
| 3 | OGIŃSKI PIOTR | 635 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-45 | TRIATHLON TEAM BOCHNIA | 00:35:13 | 00:03:01 | 02:42:04 | 00:03:22 | 01:57:09 |
| 4 | WISNIEWSKI PIOTR | 693 | DBR77 | TORUN | POL | M-45 | | 00:41:17 | 00:04:29 | 02:55:41 | 00:04:27 | 02:19:25 |
| | PARTYKA RAFAŁ | 547 | RAFAL AGAINST THE MACHINE | BYDGOSZCZ | POL | M-45 | | 00:34:53 DNF | 00:02:39 | 02:29:42 | 00:01:59 | 00:00:00 |
| | WYSMOLIŃSKI RAFAŁ | 549 | | BIERNATKI | POL | M-45 | | 00:40:04 DNF | 00:03:13 | | 00:00:00 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-46

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------------|-----|-----------------|-----------|------|------|---------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | TRUSKOLAWSKA OLA | 638 | TRIDEA TEAM | GDYNIA | POL | K-46 | | 00:47:00 | 00:03:40 | 02:39:36 | 00:02:20 | 01:43:40 |
| 2 | KOPIŃSKA-KRÓL MAGDALENA | 579 | IM INSPIRATION | BYDGOSZCZ | POL | K-46 | IM INSPIRATION TEAM | 00:46:04 | 00:02:48 | 02:57:22 | 00:02:44 | 02:13:31 |
| 3 | BRULIŃSKA MONIKA | 704 | CELIRONMAN | PŁOCK | POL | K-46 | | 00:57:55 | 00:04:18 | 03:06:18 | 00:03:21 | 01:54:11 |
| 4 | JASZKOWSKA ANETA | 675 | LANGE TRI COACH | ŚWIESZYNO | POL | K-46 | | 00:45:46 | 00:04:31 | 03:12:32 | 00:03:06 | 02:27:17 |
| 5 | ZAKLIŃSKA KATARZYNA | 672 | | GLIWICE | POL | K-46 | | 00:52:45 | 00:07:41 | 03:38:50 | 00:08:21 | 02:57:58 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-46

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|----------------------------|-----------|------|------|-------------------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | DOBOSZ MICHAŁ | 665 | COMEXSPORTS TRIATHLON TEAM | GDYNIA | POL | M-46 | | 00:36:12 | 00:02:46 | 02:37:13 | 00:02:04 | 01:59:24 |
| 2 | GÓRZYŃSKI TOMASZ | 529 | TORUŃSKI KLUB TRIATHLONOWY | TORUŃ | POL | M-46 | TORUŃSKI KLUB TRIATHLONOWY | 00:37:51 | 00:04:46 | 02:36:03 | 00:04:03 | 02:13:30 |
| 3 | ANDRZEJAK ROBERT | 554 | VAMOS | POZNAŃ | POL | M-46 | | 00:51:26 | 00:03:41 | 02:45:29 | 00:01:58 | 01:53:38 |
| 4 | NOWAK DARIUSZ | 626 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-46 | TRIATHLON TEAM BOCHNIA | 00:56:27 | 00:05:00 | 02:35:59 | 00:02:59 | 02:00:44 |
| 5 | RAŹNIEWSKI ŁUKASZ | 502 | | DYWITY | POL | M-46 | | 00:57:18 | 00:04:12 | 02:55:50 | 00:02:24 | 02:07:00 |
| 6 | MIĘTEK ZBIGNIEW | 545 | | LEGIONOWO | POL | M-46 | | 00:49:52 | 00:03:06 | 02:58:12 | 00:06:16 | 02:31:33 |
| 7 | GAWRON MARCIN | 615 | CAR-MAN | DOBRCZ | POL | M-46 | | 00:48:06 | 00:04:05 | 03:12:20 | 00:04:16 | 02:37:26 |
| 8 | GUDELL RADOSŁAW | 596 | GRUPA MODERATOR | BYDGOSZCZ | POL | M-46 | | 00:52:59 | 00:08:00 | 03:33:39 | 00:03:24 | 02:30:24 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------------|-----|----------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | ADAMCZEWSKA AGNIESZKA | 678 | IRON HOUSE WŁOCŁAWEK | LUBANIE | POL | K-47 | | 00:54:34 | 00:06:04 | 03:06:20 | 00:02:28 | 01:49:36 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|----------------------|-----|-------------------|-----------|------|------|-------------------|-------------------|----------|-----------------|----------|------------------|
| 1 | BYCH MACIEJ | 512 | TRIDEA TEAM | OŁAWA | POL | M-47 | TRIDEA TEAM | 00:34:27 | 00:02:15 | 02:24:49 | 00:02:17 | 01:42:54 |
| 2 | CZAJKOWSKI KRZYSZTOF | 698 | | KOŁO | POL | M-47 | | 00:39:37 | 00:02:24 | 02:35:29 | 00:02:45 | 01:54:43 |
| 3 | LIZIK RADOSŁAW | 668 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | TRISPACE/TREK | 00:49:19 | 00:03:49 | 02:50:28 | 00:03:00 | 02:21:04 |
| 4 | GRABAREK KONRAD | 620 | | WROCŁAW | POL | M-47 | | 00:45:23 | 00:04:04 | 02:56:16 | 00:02:30 | 02:33:58 |
| 5 | HAYES MARK | 644 | GREENWICH TRITONS | LONDON | GBR | M-47 | GREENWICH TRITONS | 00:51:32 | 00:05:32 | 03:07:54 | 00:02:59 | 02:27:34 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-48

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|----------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | HADASZ EWA | 699 | TRI&MORE | ZABRZE | POL | K-48 | | 00:44:52 | 00:03:06 | 02:52:12 | 00:01:56 | 01:51:45 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-48

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------------|-----|----------------------------------|--------------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | DĄBROWSKI DARIUSZ | 708 | ILABO RACING TEAM POWERED BY CTS | PIASECZNO | POL | M-48 | | 00:30:13 | 00:02:01 | 02:21:38 | 00:01:40 | 01:36:25 |
| 2 | CZERWIAKOWSKI SEBASTIAN | 650 | | BYDGOSZCZ | POL | M-48 | | 00:44:59 | 00:05:50 | 02:50:45 | 00:04:05 | 02:17:58 |
| 3 | CYREK GRZEGORZ | 614 | | KOSZYCE MAŁE | POL | M-48 | | 00:59:53 | 00:06:34 | 02:38:24 | 00:03:04 | 02:03:46 |
| 4 | KODZIS PIOTR | 548 | | BOKSZE STARE | POL | M-48 | | 00:54:11 | 00:06:14 | 03:16:04 | 00:04:14 | 01:55:24 |
| 5 | GÓRSKI BARTOSZ | 618 | | BYDGOSZCZ | POL | M-48 | | 01:06:58 | 00:05:59 | 03:20:51 | 00:04:27 | 02:47:46 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------------|-----|------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | CICHONSKA-BAZAK MARZENA | 576 | | ZOŁĘDOWO | POL | K-49 | | 00:52:12 | 00:03:23 | 02:53:36 | 00:02:33 | 01:56:58 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|------------------------------|------------|------|------|---------------|-------------------|----------|-----------------|----------|------------------|
| 1 | JARMOSZEWICZ ŁUKASZ | 522 | | TORUŃ | POL | M-49 | TKT | 00:43:17 | 00:03:11 | 02:33:45 | 00:02:31 | 01:57:28 |
| 2 | SZYNALIK SŁAWOMIR | 690 | KIKATEAM | KRAKÓW | POL | M-49 | | 00:40:15 | 00:03:17 | 02:37:08 | 00:04:16 | 01:59:48 |
| 3 | NOWICKI ADAM | 553 | | BYDGOSZCZ | POL | M-49 | | 00:44:48 | 00:02:35 | 02:43:38 | 00:02:40 | 02:26:27 |
| 4 | JANKOWSKI TOMASZ | 565 | TRISPACE/TREK | BYDGOSZCZ | POL | M-49 | TRISPACE/TREK | 00:42:21 | 00:03:29 | 02:42:17 | 00:06:10 | 02:03:17 |
| 5 | ZAKRZEWSKI JAROSŁAW | 591 | | BYDGOSZCZ | POL | M-49 | | 00:49:23 | 00:02:51 | 02:41:56 | 00:02:33 | 02:16:20 |
| 6 | SIUDA MAREK | 585 | KLINIKA TRIATHLONU BYDGOSZCZ | BYDGOSZCZ | POL | M-49 | | 00:43:14 | 00:04:40 | 03:01:14 | 00:03:15 | 02:27:43 |
| 7 | BINKOWSKI CZARUŚ | 706 | LKS BOGMAR OSTROMECKO | OSTROMECKO | POL | M-49 | | 01:01:52 | 00:06:53 | 03:32:24 | 00:03:48 | 03:01:36 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|------------------|-----|-------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | KONIECZNY MARCIN | 501 | K.S. NIEMANIEMOGE | OLSZTYN | POL | M-50 | | 00:33:21 | 00:01:53 | 02:17:42 | 00:01:37 | 01:22:00 |
| 2 | SZCZERBA MACIEJ | 519 | TRITYTKA | NIEMCZ | POL | M-50 | | 00:40:24 | 00:02:32 | 02:41:18 | 00:02:14 | 02:08:08 |
| 3 | BUDZIŁO ADAM | 561 | PTT DELTA | PŁOCK | POL | M-50 | PTT DELTA | 00:40:29 | 00:04:25 | 02:47:22 | 00:02:40 | 01:58:41 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-51

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|------------------|-----|---|-----------|------|------|---------------|-------------------|----------|-----------------|----------|------------------|
| 1 | GNIOT JACEK | 539 | TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ | GRUDZIĄDZ | POL | M-51 | TRISPACE/TREK | 00:44:48 | 00:02:06 | 02:28:04 | 00:02:00 | 01:38:39 |
| 2 | BRYGIER JACEK | 705 | PTT DELTA | PŁOCK | POL | M-51 | PTT DELTA | 00:52:02 | 00:03:30 | 02:45:30 | 00:02:37 | 02:15:22 |
| 3 | WRZOSEK JAROSŁAW | 648 | | BYDGOSZCZ | POL | M-51 | | 00:55:26 | 00:04:44 | 02:54:54 | 00:03:27 | 02:00:02 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-51 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|-----------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 4 | NURKIEWICZ JAROSŁAW | 603 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-51 | | 00:57:16 | 00:02:20 | 03:05:45 | 00:04:36 | 02:20:15 |
| | SOBCZAK MARCIN | 592 | SOBCZAKTEAM | RUMIA | POL | M-51 | | 00:35:46 DNF | 00:02:29 | 02:28:13 | 00:02:28 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-52

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-------------------|-----|-----------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | SZMIDT JANUSZ | 688 | TRINERGY | KATOWICE | POL | M-52 | | 00:37:39 | 00:03:31 | 02:30:23 | 00:02:46 | 01:38:48 |
| 2 | KĄTNIK JACEK | 567 | BUDINVEST | ŁOCHOWO | POL | M-52 | | 00:54:16 | 00:02:46 | 02:34:24 | 00:01:44 | 01:46:56 |
| 3 | MULARCZYK JACEK | 687 | RUNPASSION TEAM | BORKOWO | POL | M-52 | | 00:43:42 | 00:03:07 | 02:32:50 | 00:04:59 | 02:04:21 |
| 4 | NEBELING WOJCIECH | 651 | | GDYNIA | POL | M-52 | | 00:52:11 | 00:05:42 | 02:51:19 | 00:03:31 | 02:05:28 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-53

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|-------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | BURSKI PAWEŁ | 632 | | ŁÓDŹ | POL | M-53 | | 00:47:19 | 00:04:15 | 03:10:35 | 00:04:30 | 02:45:05 |
| | ŁUCZAK PAWEŁ | 526 | TKKF KOLEJARZ BYDGOSZCZ | BYDGOSZCZ | POL | M-53 | | 00:46:57 DNF | 00:02:20 | 02:44:06 | 00:02:38 | 00:00:00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-55

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | NOSEK MACIEJ | 628 | TRIATHLON TEAM BOCHNIA | BOCHNIA | POL | M-55 | | 00:42:22 | 00:02:11 | 02:25:26 | 00:02:26 | 01:55:08 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-56

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|-----------------|-----------|------|------|-----------------|-------------------|----------|-----------------|----------|------------------|
| 1 | WIŚNIEWSKI ZBIGNIEW | 588 | ROWEROWA BRZOZA | OLIMPIN | POL | M-56 | ROWEROWA BRZOZA | 00:48:24 | 00:05:39 | 02:58:08 | 00:03:59 | 02:25:48 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-58

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|---------------------|-----|--------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | WŁODARCZYK WOJCIECH | 602 | CZARNE STOPY | BYDGOSZCZ | POL | M-58 | | 00:51:20 | 00:04:16 | 02:54:10 | 00:04:21 | 01:55:57 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|--------------------------|-----|---------------------------------------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | MOSKAL ALEKSANDER MOSKAL | 542 | | BORÓWNO | POL | M-60 | | 00:44:14 | 00:03:52 | 02:54:53 | 00:02:51 | 02:38:07 |
| 2 | KUBOWICZ PIOTR | 606 | QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ | BYDGOSZCZ | POL | M-60 | | 01:07:15 | 00:05:51 | 03:04:04 | 00:05:54 | 02:33:00 |
| 3 | GRAUL ROMUALD | 686 | UNITED GUITARS | DOBRCZ | POL | M-60 | | 01:10:59 | 00:09:50 | 03:32:24 | 00:05:49 | 03:03:52 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-62

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|---------------|-----------|------|------|---------------|-------------------|----------|-----------------|----------|------------------|
| 1 | GRUBA JACEK | 533 | TRISPACE/TREK | BRZOZA | POL | M-62 | TRISPACE/TREK | 00:50:12 | 00:03:54 | 03:00:25 | 00:02:41 | 02:19:17 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-65

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|-----|-----------|-----------|------|------|-----------|-------------------|----------|-----------------|----------|------------------|
| 1 | BEDYK IRENEUSZ | 506 | PTT DELTA | CEKANOWO | POL | M-65 | PTT DELTA | 00:57:31 | 00:04:23 | 02:57:48 | 00:02:30 | 02:01:04 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-67

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.9km | T2 | Bieg 20.849km |
|------|-----------------|----|-------------------|-----------|------|------|-------------------|-------------------|----------|-----------------|----------|------------------|
| | KIRKLAND JIM | 19 | GREENWICH TRITONS | ORPINGTON | GBR | M-67 | GREENWICH TRITONS | 00:59:42 DNF | 00:09:04 | | 00:00:00 | 00:00:00 |