

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Organiser: Towarzystwo Sportowe TRI-SPORT

Date: 2022-08-20

Place Bydgoszcz

Distance 113 km

Results for the split 77.15 km

Klasyfikacja wg czasów netto.



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	SAWIEŁAJC JAKUB	560	TM IRON TEAM	BYDGOSZCZ	POL	M-23	TM IRON TEAM	00:28:22 (1)	00:02:22	02:16:43 (1)	00:02:07	01:32:31 (6)
2	KONIECZNY MARCIN	501	K.S. NIEMANIEMOGE	OLSZTYN	POL	M-50		00:33:21 (8)	00:01:53	02:17:42 (2)	00:01:37	01:22:00 (1)
3	DĄBROWSKI DARIUSZ	708	ILABO RACING TEAM POWERED BY CTS	PIASECZNO	POL	M-48		00:30:13 (2)	00:02:01	02:21:38 (8)	00:01:40	01:36:25 (12)
4	KOMPA MARCIN	710	IM INSPIRATION	WARSZAWA	POL	M-23	IM INSPIRATION TEAM	00:30:27 (5)	00:02:12	02:23:01 (12)	00:00:41	01:27:20 (5)
5	KLYM YURI	684		KYIV	UKR	M-37		00:35:04 (22)	00:02:00	02:18:18 (3)	00:01:59	01:24:16 (2)
6	BLADOWSKI ARTUR	695	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:35:03 (21)	00:00:57	02:22:00 (9)	00:02:00	01:24:17 (3)
7	MALINOWSKI JAROSŁAW	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	WARSZAWA	POL	M-40	KARAŚ TRI&SWIM TEAM	00:34:09 (14)	00:02:03	02:20:15 (4)	00:01:56	01:40:45 (21)
8	KOWALCZYK PIOTR	616	KAZIKI	WARSZAWA	POL	M-41	KAZIKI	00:33:30 (11)	00:02:04	02:21:20 (6)	00:02:01	01:25:45 (4)
9	STARON PIOTR	541	STARZYNSKI.COACH	BUDZISZEWICE	POL	M-43		00:33:39 (13)	00:03:09	02:20:34 (5)	00:01:54	01:32:39 (7)
10	TRZASKA PRZEMYSŁAW	556	DREAM TRI TEAM	GDAŃSK	POL	M-37		00:36:31 (33)	00:01:47	02:22:18 (11)	00:01:51	01:39:03 (18)
11	NOWAK ANDRZEJ	640	GT RAT	WROCLAW	POL	M-40		00:36:24 (32)	00:02:18	02:21:32 (7)	00:01:32	01:36:22 (11)
12	MATUSIAK MATEUSZ	625	SNG WILD DUCKS	ZGIERZ	POL	M-35	SNG WILD DUCKS	00:33:38 (12)	00:02:32	02:25:58 (17)	00:02:27	01:46:52 (29)
13	BYCH MACIEJ	512	TRIDEA TEAM	OŁAWA	POL	M-47	TRIDEA TEAM	00:34:27 (17)	00:02:15	02:24:49 (14)	00:02:17	01:42:54 (24)
14	KRUPICKA TOMAS	655	IRONSPORT ELPO	RUDNÁ	CZE	M-35		00:35:27 (26)	00:02:11	02:24:27 (13)	00:01:37	01:36:27 (13)
15	JEZEK PETR	663	IAMX	PRAHA	CZE	M-45		00:34:30 (18)	00:02:57	02:26:03 (18)	00:02:21	01:33:40 (9)
16	PODWYSOCKI MARCIN	527	CTS	SEROCK	POL	M-34	CTS	00:30:25 (4)	00:02:39	02:31:29 (33)	00:01:52	01:51:39 (38)
17	KRÓL HUBERT	669	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M-36		00:30:21 (3)	00:02:00	02:32:16 (36)	00:02:02	01:58:21 (60)
18	WIĘCKOWSKI DARIUSZ	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	BYDGOSZCZ	POL	M-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:33:01 (7)	00:02:19	02:31:04 (31)	00:02:20	01:53:36 (42)
19	KLONOWSKI TOMASZ	649	PLATAN	ŚWIECIE	POL	M-44		00:37:24 (40)	00:02:29	02:28:28 (25)	00:02:06	02:09:01 (106)
20	KILJAŃCZYK PIOTR	658		NEKLA	POL	M-42		00:39:15 (56)	00:02:02	02:27:13 (20)	00:01:23	01:33:25 (8)
21	KAMIŃSKI TOMASZ	505	IM INSPIRATION TEAM	MROCZA	POL	M-42	IM INSPIRATION TEAM	00:42:52 (87)	00:02:22	02:22:07 (10)	00:02:28	01:35:36 (10)
22	MODER BARTŁOMIEJ	697	KAZIKI	WARSZAWA	POL	M-33	KAZIKI	00:35:16 (24)	00:02:43	02:30:46 (30)	00:03:21	01:41:03 (22)
23	KUBANEK ŁUKASZ	590	TEAMOCHAL	NIEMCZ	POL	M-39	TEAM OCHAL	00:40:13 (68)	00:03:06	02:25:15 (15)	00:02:55	01:50:51 (36)
24	SZYMAŃSKI PIOTR	572	MIELCARKS TEAM	GDYNIA	POL	M-29	MIELCARKS TEAM	00:35:42 (27)	00:03:20	02:30:25 (29)	00:02:12	01:47:42 (32)
25	CELMER MARCIN	507	PTT DELTA	PŁOCK	POL	M-41	PTT DELTA	00:38:56 (52)	00:02:24	02:28:16 (24)	00:02:22	02:01:58 (77)
26	MASZEWSKI DARIUSZ	631	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-44	TRIATHLON TEAM BOCHNIA	00:33:25 (9)	00:03:39	02:34:25 (44)	00:02:35	02:00:42 (70)
27	WIERZYŃSKI DAMIAN	569	TRISPACE /TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:40:50 (75)	00:02:01	02:28:08 (22)	00:02:00	01:58:23 (61)
28	SOBIK ANDRZEJ	557		CZYŻOWICE	POL	M-44		00:37:18 (37)	00:03:23	02:30:14 (27)	00:01:38	01:46:13 (28)
29	NOSEK MACIEJ	628	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-55		00:42:22 (83)	00:02:11	02:25:26 (16)	00:02:26	01:55:08 (50)
30	MODZELEWSKI MACIEJ	643	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:42:28 (84)	00:02:43	02:26:18 (19)	00:01:35	01:37:36 (14)
31	SZMIDT JANUSZ	688	TRINERGY	KATOWICE	POL	M-52		00:37:39 (41)	00:03:31	02:30:23 (28)	00:02:46	01:38:48 (17)
32	KŁAPUCH MICHAŁ	573	EWIA BUGDOŁ TEAM	GLIWICE	POL	M-42		00:37:19 (39)	00:02:55	02:33:45 (40)	00:02:47	01:40:34 (20)
33	ANDRAŁOJC ANNA	673	TM IRON TEAM	BYDGOSZCZ	POL	K-31	TM IRON TEAM	00:35:22 (25)	00:02:38	02:37:23 (54)	00:02:07	02:01:37 (76)
34	MALINOWSKI MARIUSZ	653	KARAŚ TRI&SWIM TEAM	WARSZAWA	POL	M-35	KARAŚ TRI&SWIM TEAM	00:34:12 (16)	00:02:19	02:39:48 (63)	00:02:18	02:08:55 (104)
35	DOBOSZ MICHAŁ	665	COMEXSPORTS TRIATHLON TEAM	GDYNIA	POL	M-46		00:36:12 (30)	00:02:46	02:37:13 (53)	00:02:04	01:59:24 (64)
36	KULIK MICHAŁ	662	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-43		00:39:50 (63)	00:03:42	02:31:23 (32)	00:03:15	01:44:40 (26)
37	DAWIDOWICZ MACIEJ	559	TRISPACE/TREK	BRZOZA	POL	M-44	TRISPACE/TREK	00:39:23 (58)	00:02:43	02:33:58 (42)	00:02:43	02:09:33 (107)
38	GNIOŹ JACEK	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	GRUDZIĄDZ	POL	M-51	TRISPACE/TREK	00:44:48 (101)	00:02:06	02:28:04 (21)	00:02:00	01:38:39 (16)

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39	CZAJKOWSKI KRZYSZTOF	698		KOŁO	POL	M-47		00:39:37 (62)	00:02:24	02:35:29 (47)	00:02:45	01:54:43 (48)
40	SZCZYRBOWSKI MICHAŁ	543	TURBOKILLA	RYBNIK	POL	M-41		00:40:45 (73)	00:03:55	02:31:58 (35)	00:02:01	01:53:42 (44)
41	KOZŁOWSKI JACEK	520	PTT DELTA	PŁOCK	POL	M-45	PTT DELTA	00:42:18 (81)	00:03:24	02:31:40 (34)	00:02:57	01:41:45 (23)
42	KINDLER MACIEJ	670		KRAKÓW	POL	M-36		00:39:06 (54)	00:03:02	02:36:08 (50)	00:02:22	02:04:52 (86)
43	GÓRZYŃSKI TOMASZ	529	TORUŃSKI KLUB TRIATHLONOWY	TORUŃ	POL	M-46	TORUŃSKI KLUB TRIATHLONOWY	00:37:51 (42)	00:04:46	02:36:03 (49)	00:04:03	02:13:30 (111)
44	KRAJEWSKI TOMASZ	677	KP PSP INOWROCŁAW	INOWROCŁAW	POL	M-34		00:37:16 (35)	00:03:09	02:39:14 (60)	00:01:50	01:38:17 (15)
45	MULARCZYK JACEK	687	RUNPASSION TEAM	BORKOWO	POL	M-52		00:43:42 (91)	00:03:07	02:32:50 (38)	00:04:59	02:04:21 (84)
46	MAĆZKA DAWID	637	THRIATLON TEAM BOCHNIA	BOCHNIA	POL	M-25	TRIATHLON TEAM BOCHNIA	00:33:26 (10)	00:03:19	02:43:40 (77)	00:02:48	02:41:56 (162)
47	MUCHA BARTŁOMIEJ	636	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-25		00:36:16 (31)	00:03:49	02:40:08 (64)	00:02:42	02:05:34 (89)
48	JARMOSZEWICZ ŁUKASZ	522		TORUŃ	POL	M-49	TKT	00:43:17 (89)	00:03:11	02:33:45 (41)	00:02:31	01:57:28 (58)
49	RAAG REEMO	676		TALLINN	EST	M-38		00:38:13 (45)	00:03:44	02:39:11 (59)	00:02:58	02:14:27 (116)
50	SMOCZYŃSKI MAREK	583	MBC TEAM	TUCHOLA	POL	M-41		00:43:49 (92)	00:03:43	02:34:33 (45)	00:02:07	02:39:14 (161)
51	SZYNALIK SŁAWOMIR	690	KIKATEAM	KRAKÓW	POL	M-49		00:40:15 (69)	00:03:17	02:37:08 (52)	00:04:16	01:59:48 (65)
52	SKŁADANOWSKI MAREK	682		WŁOCŁAWEK	POL	M-33		00:38:00 (44)	00:03:19	02:39:06 (58)	00:02:30	01:54:02 (45)
53	JANUSZKIEWICZ PIOTR	563	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M-40		00:39:31 (61)	00:02:52	02:38:36 (57)	00:01:46	01:48:51 (33)
54	OGIŃSKI PIOTR	635	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-45	TRIATHLON TEAM BOCHNIA	00:35:13 (23)	00:03:01	02:42:04 (69)	00:03:22	01:57:09 (57)
55	KAZIMIERCZYK ADAM	671	PTT DELTA	PŁOCK	POL	M-42	PTT DELTA	00:38:18 (47)	00:03:27	02:40:50 (65)	00:02:43	02:17:37 (124)
56	SENGER ROBERT	536	TRIZARZA	WARSZAWA	POL	M-40		00:36:11 (29)	00:02:53	02:43:40 (78)	00:01:45	02:06:03 (92)
57	GRZEBYTA MATEUSZ	619	MTB START KARTUZY	KARTUZY	POL	M-35		00:39:29 (60)	00:03:07	02:39:25 (61)	00:02:15	02:10:47 (108)
58	PORZYCH RAFAŁ	607	RAFSON.TV / PORZYCH.PL	BYDGOSZCZ	POL	M-24		00:39:28 (59)	00:02:43	02:41:24 (67)	00:01:51	01:39:14 (19)
59	KOSMATKA PAWEŁ	503		ŁÓDŹ	POL	M-29		00:45:34 (113)	00:02:29	02:34:34 (46)	00:02:20	02:05:38 (90)
60	HIPNAROWICZ GRZEGORZ	551	SPORTTREND.PL	BYDGOSZCZ	POL	M-43		00:39:04 (53)	00:02:52	02:42:24 (71)	00:03:46	02:42:58 (163)
61	KAPSA DAWID	538	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:45:28 (111)	00:02:52	02:33:40 (39)	00:02:38	01:47:05 (31)
62	SZCZERBA MACIEJ	519	TRITYTKA	NIEMCZ	POL	M-50		00:40:24 (70)	00:02:32	02:41:18 (66)	00:02:14	02:08:08 (102)
63	KASTRU TOMASZ	574		MUROWANIEC	POL	M-41	RUN4FUN	00:34:56 (20)	00:03:22	02:47:13 (96)	00:01:45	02:04:35 (85)
64	ŁAPAWA DARIUSZ	641	MOCNI W GĘBIE	POZNAŃ	POL	M-39		00:38:24 (48)	00:04:27	02:43:32 (74)	00:02:57	02:16:21 (122)
65	KWAPIŃSKI DAMIAN	562	TEAMOCHAL	BYDGOSZCZ	POL	M-41	TEAM OCHAL	00:47:29 (124)	00:03:46	02:32:33 (37)	00:01:35	01:52:15 (40)
66	NOWICKI BARTOSZ	694	TRISPACE/TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:34:11 (15)	00:02:39	02:49:23 (105)	00:02:57	02:26:33 (140)
67	POLASIK MICHAŁ	571	RUN4FUN	BYDGOSZCZ	POL	M-35	RUN4FUN	00:36:38 (34)	00:02:47	02:48:29 (102)	00:01:39	02:27:04 (141)
68	JANKOWSKI TOMASZ	565	TRISPACE/TREK	BYDGOSZCZ	POL	M-49	TRISPACE/TREK	00:42:21 (82)	00:03:29	02:42:17 (70)	00:06:10	02:03:17 (80)
69	BUGALSKI WOJCIECH	610	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M-44	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:40:52 (76)	00:02:45	02:43:37 (75)	00:02:51	02:05:04 (87)
70	PIC DAWID	586		BYDGOSZCZ	POL	M-30		00:39:06 (55)	00:02:53	02:47:25 (98)	00:01:47	02:07:16 (99)
71	FIEGEL WOJCIECH	518	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:42:48 (86)	00:02:30	02:43:10 (73)	00:02:20	02:18:12 (126)
72	WODA EWELINA	621	WYTRZYMALI	KRAKÓW	POL	K-38		00:37:19 (38)	00:03:59	02:48:21 (101)	00:02:19	02:08:37 (103)
73	SZYTTHENHOLM OLIWIER	530	TRISPACE/TREK	BYDGOSZCZ	POL	M-40	TRISPACE/TREK	00:43:22 (90)	00:02:49	02:44:58 (82)	00:02:35	01:59:09 (63)
74	TYSZKA FILIP	537	KRISS COACHING	JONKOWO	POL	M-41		00:48:34 (131)	00:02:37	02:36:55 (51)	00:02:05	02:16:56 (123)
75	KRAUSE SZYMON	578	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-40		00:44:07 (95)	00:03:14	02:43:01 (72)	00:03:37	01:45:15 (27)
76	JONES SHELLEY	646	GREENWICH TRITONS	LONDON	GBR	K-42	GREENWICH TRITONS	00:31:23 (6)	00:03:43	02:56:37 (135)	00:03:44	01:58:03 (59)
77	KIEDROWSKI JERZY	600	MIELCARKS TEAM	BYDGOSZCZ	POL	M-29	MIELCARKS TEAM	00:40:48 (74)	00:04:53	02:45:24 (85)	00:05:08	01:54:24 (47)
78	NOWICKI ADAM	553		BYDGOSZCZ	POL	M-49		00:44:48 (100)	00:02:35	02:43:38 (76)	00:02:40	02:26:27 (139)
79	TRUSKOLAWSKA OLA	638	TRIDEA TEAM	GDYNIA	POL	K-46		00:47:00 (119)	00:03:40	02:39:36 (62)	00:02:20	01:43:40 (25)
80	MIELCAREK MACIEJ	597	MIELCARKS TEAM	BARCELONA	ESP	M-32	MIELCARKS TEAM	00:37:58 (43)	00:04:19	02:49:19 (104)	00:05:15	02:15:07 (118)
81	KŁOSOK WOJCIECH	683	CROSS SPORT	RYBNIK	POL	M-43		00:43:53 (93)	00:03:51	02:45:02 (83)	00:02:35	02:00:47 (72)
82	KOSTYGOV PAVEL	702		WARSZAWA	RUS	M-33		00:41:31 (78)	00:05:11	02:45:31 (88)	00:02:57	02:05:40 (91)
83	WOŁK AGATA	691	LITWIN SPORTS	WROCŁAW	POL	K-27		00:40:03 (65)	00:02:25	02:51:44 (117)	00:02:16	02:25:19 (136)
84	LISOWSKI ALEKSANDER	701	AUTODNA	ŁÓDŹ	POL	M-36		00:45:31 (112)	00:02:45	02:44:55 (81)	00:01:41	02:13:32 (113)
85	BUDZIŁO ADAM	561	PTT DELTA	PŁOCK	POL	M-50	PTT DELTA	00:40:29 (71)	00:04:25	02:47:22 (97)	00:02:40	01:58:41 (62)
86	ZAWIEROWSKA EWELINA	511	SOCZAKTEAM	USTKA	POL	K-37		00:39:17 (57)	00:03:01	02:50:28 (108)	00:01:57	02:14:33 (117)
87	KMIĘC KAROLINA	707	TM IRON TEAM	BYDGOSZCZ	POL	K-39	TM IRON TEAM	00:40:30 (72)	00:02:58	02:49:53 (107)	00:04:00	02:01:30 (75)
88	KLIMKOWSKI MATEUSZ	524	DECATHLON TRIATHLON TEAM	WARSZAWA	POL	M-26		00:40:01 (64)	00:02:37	02:52:17 (121)	00:02:06	03:07:50 (174)
89	DROŻDŹ MAŁGORZATA	609	AKADEMIA MISTRZÓW SPORTU	SADKI	POL	K-43	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:44:36 (98)	00:03:13	02:45:36 (89)	00:01:57	01:55:46 (52)

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90	KĄTNIK JACEK	567	BUDINVEST	ŁOCHOWO	POL	M-52		00:54:16 (157)	00:02:46	02:34:24 (43)	00:01:44	01:46:56 (30)
91	TRZASKOWSKI TOMASZ	568		BYDGOSZCZ	POL	M-42		00:42:48 (85)	00:04:35	02:46:07 (91)	00:04:35	02:11:24 (110)
92	DOMERACKI DAMIAN	525		ŁOCHOWO	POL	M-42		00:46:18 (117)	00:03:49	02:45:20 (84)	00:02:30	02:10:54 (109)
93	WALKOWIAK BARTOSZ	624		NAKŁO NAD NOTECIĄ	POL	M-40		00:44:06 (94)	00:03:10	02:47:04 (93)	00:02:38	02:00:26 (69)
94	KRZYSTOLIK MARTA	546		KATOWICE	POL	K-21		00:37:18 (36)	00:03:21	02:55:20 (129)	00:02:30	02:07:44 (101)
95	GRUSZCZYK GRZEGORZ	544	IMPACT BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	M-40		00:45:03 (106)	00:04:18	02:46:25 (92)	00:02:32	01:50:58 (37)
96	KONKEL BARTOSZ	605		BYDGOSZCZ	POL	M-36		00:44:38 (99)	00:04:33	02:45:48 (90)	00:02:38	02:02:57 (79)
97	ZAKRZEWSKI JAROSŁAW	591		BYDGOSZCZ	POL	M-49		00:49:23 (136)	00:02:51	02:41:56 (68)	00:02:33	02:16:20 (121)
98	MARKIEWICZ BARTOSZ	514	PTT DELTA	PŁOCK	POL	M-33	PTT DELTA	00:44:49 (102)	00:04:02	02:47:06 (94)	00:02:46	02:13:51 (114)
99	MAKOWSKI MAREK	660	WTP / EXATEL	PRUSZKÓW	POL	M-39		00:38:30 (49)	00:05:35	02:52:02 (119)	00:06:43	02:25:40 (137)
100	GRUBA MAREK	580	TRISPACE TREK	BRZOZA	POL	M-34	TRISPACE/TREK	00:41:44 (79)	00:03:09	02:53:12 (123)	00:02:28	02:08:56 (105)
101	MIELCAREK JĘDRZEJ	595	MIELCARKS TEAM	POZNAŃ	POL	M-29	MIELCARKS TEAM	00:45:06 (107)	00:05:15	02:47:06 (95)	00:04:02	02:06:18 (93)
102	PAWLIK MARIUSZ	534		KROTOSZYN	POL	M-42		00:38:18 (46)	00:05:24	02:55:46 (131)	00:05:24	03:05:06 (173)
103	STĘPNIAK KRZYSZTOF	594	RUN4FUN	BYDGOSZCZ	POL	M-44	RUN4FUN	00:49:47 (139)	00:04:29	02:44:09 (80)	00:02:22	02:00:08 (67)
104	MACIEJEWSKI GRZEGORZ	692	DANFOSS RACE TEAM	ŁÓDŹ	POL	M-40		00:45:03 (105)	00:03:21	02:50:44 (112)	00:03:13	02:03:45 (82)
105	NOWAK DARIUSZ	626	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-46	TRIATHLON TEAM BOCHNIA	00:56:27 (164)	00:05:00	02:35:59 (48)	00:02:59	02:00:44 (71)
106	KOZMIŃCZUK-MARKULAK AGNIESZKA	679	TM IRON TEAM	GLIWICE	POL	K-40	TM IRON TEAM	00:38:39 (50)	00:03:16	02:59:55 (145)	00:02:17	02:00:19 (68)
107	WISNIEWSKI PIOTR	693	DBR77	TORUŃ	POL	M-45		00:41:17 (77)	00:04:29	02:55:41 (130)	00:04:27	02:19:25 (128)
108	HADASZ EWA	699	TRI&MORE	ZABRZE	POL	K-48		00:44:52 (103)	00:03:06	02:52:12 (120)	00:01:56	01:51:45 (39)
109	PIGUŁA AGNIESZKA	703	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K-44		00:47:50 (125)	00:03:00	02:49:39 (106)	00:02:20	02:06:19 (94)
110	ANDRZEJAK ROBERT	554	VAMOS	POZNAŃ	POL	M-46		00:51:26 (147)	00:03:41	02:45:29 (86)	00:01:58	01:53:38 (43)
111	MOSKAŁ ALEKSANDER MOSKAŁ	542		BORÓWNO	POL	M-60		00:44:14 (96)	00:03:52	02:54:53 (126)	00:02:51	02:38:07 (157)
112	CZERWIAKOWSKI SEBASTIAN	650		BYDGOSZCZ	POL	M-48		00:44:59 (104)	00:05:50	02:50:45 (113)	00:04:05	02:17:58 (125)
113	BRYGIER JACEK	705	PTT DELTA	PŁOCK	POL	M-51	PTT DELTA	00:52:02 (149)	00:03:30	02:45:30 (87)	00:02:37	02:15:22 (119)
114	KULIŃSKI GRZEGORZ	587		BYDGOSZCZ	POL	M-29		00:48:48 (132)	00:03:25	02:50:47 (114)	00:01:52	02:32:18 (150)
115	CAMPOBASSO LUCA	667		ŁÓDŹ	POL	M-31		00:47:12 (121)	00:05:40	02:48:57 (103)	00:02:54	02:00:48 (73)
116	KRYSPIN MARTA	531	RUNPROGRESSTEAM	GRUDZIĄDZ	POL	K-36		00:49:04 (134)	00:03:02	02:50:29 (110)	00:05:06	02:27:09 (142)
117	LIZIK ARKADIUSZ	581		GOWARZEWO	POL	M-43		00:59:17 (170)	00:02:51	02:38:17 (55)	00:01:52	02:03:43 (81)
118	MAŁACHA DAWID	510	KU AZS POLITECHNIKA BYDGOSKA	ŻNIN	POL	M-27		00:49:01 (133)	00:02:24	02:52:58 (122)	00:02:01	02:07:22 (100)
119	WIŚNIEWSKI PIOTR	508	GEOTACH	ZIELONKA	POL	M-40		00:40:10 (67)	00:03:10	03:02:43 (150)	00:03:19	02:39:12 (160)
120	STEFANIAK ASIA	555		KRAKÓW	POL	K-34		00:45:15 (109)	00:03:59	02:54:55 (128)	00:02:29	01:55:00 (49)
121	LIZIK RADOSŁAW	668	TRISPACE/TREK	BYDGOSZCZ	POL	M-47	TRISPACE/TREK	00:49:19 (135)	00:03:49	02:50:28 (109)	00:03:00	02:21:04 (131)
122	GRABAREK KONRAD	620		WROCŁAW	POL	M-47		00:45:23 (110)	00:04:04	02:56:16 (134)	00:02:30	02:33:58 (154)
123	BETLEJ HUBERT	532		KRAKÓW	POL	M-40		00:50:32 (143)	00:04:18	02:50:39 (111)	00:03:02	02:38:13 (158)
124	KĘDZIERSKI MICHAŁ	516	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-37		00:49:39 (137)	00:04:16	02:52:02 (118)	00:04:09	01:57:06 (56)
125	AL-DRAWI JOANNA	674	IM INSPIRATION TEAM	BYDGOSZCZ	POL	K-44	IM INSPIRATION TEAM	00:52:15 (152)	00:05:00	02:48:12 (99)	00:03:06	01:52:54 (41)
126	KOPIŃSKA-KRÓL MAGDALENA	579	IM INSPIRATION	BYDGOSZCZ	POL	K-46	IM INSPIRATION TEAM	00:46:04 (116)	00:02:48	02:57:22 (137)	00:02:44	02:13:31 (112)
127	SIUDA MAREK	585	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M-49		00:43:14 (88)	00:04:40	03:01:14 (147)	00:03:15	02:27:43 (146)
128	CYREK GRZEGORZ	614		KOSZYCE MAŁE	POL	M-48		00:59:53 (172)	00:06:34	02:38:24 (56)	00:03:04	02:03:46 (83)
129	ZALESINSKI MARCIN	634		OSIELSKO	POL	M-42		00:42:13 (80)	00:03:23	03:04:54 (154)	00:03:35	03:01:47 (171)
130	BAŁDYGA PAWEŁ	659	PAWEŁ BAŁDYGA	PRUSZKÓW	POL	M-42		00:54:24 (158)	00:04:29	02:48:20 (100)	00:04:16	02:16:05 (120)
131	CICHONSKA-BAZAK MARZENA	576		ŻOŁĘDOWO	POL	K-49		00:52:12 (151)	00:03:23	02:53:36 (124)	00:02:33	01:56:58 (55)
132	WŁODARCZYK WOJCIECH	602	CZARNE STOPY	BYDGOSZCZ	POL	M-58		00:51:20 (146)	00:04:16	02:54:10 (125)	00:04:21	01:55:57 (53)
133	KROPIDŁOWSKI MARCJUSZ	657	UNLIMITED SPORT 2.0	BOCHNIA	POL	M-39	GLOBAL NATUREON BOCHNIA BIEGA TEAM	00:48:00 (126)	00:05:29	02:57:14 (136)	00:04:39	02:35:04 (155)
134	NEBELING WOJCIECH	651		GDYNIA	POL	M-52		00:52:11 (150)	00:05:42	02:51:19 (116)	00:03:31	02:05:28 (88)
135	SZYMCAK JAKUB	513		GDYNIA	POL	M-34		00:44:24 (97)	00:04:38	03:09:34 (161)	00:04:25	02:45:56 (165)
136	MARCINIAK PRZEMYSŁAW	608		BYDGOSZCZ	POL	M-40		00:50:21 (142)	00:03:33	02:58:50 (143)	00:02:48	02:24:23 (134)
137	ROMAN AGNIESZKA	664	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	K-36	TRIATHLON TEAM BOCHNIA	00:54:26 (159)	00:04:36	02:51:17 (115)	00:03:58	01:56:08 (54)
138	MIĘTEK ZBIGNIEW	545		LEGIONOWO	POL	M-46		00:49:52 (140)	00:03:06	02:58:12 (141)	00:06:16	02:31:33 (148)
139	WIŚNIEWSKI ZBIGNIEW	588	ROWEROWA BRZOZA	OLIMPIN	POL	M-56	ROWEROWA BRZOZA	00:48:24 (129)	00:05:39	02:58:08 (140)	00:03:59	02:25:48 (138)
140	ZIĘBICKI MACIEJ	575		BYDGOSZCZ	POL	M-32		00:49:40 (138)	00:05:13	02:58:21 (142)	00:02:43	02:27:22 (144)
141	PABIN MAKSYMILIAN	550		BRWINÓW	POL	M-26		00:48:32 (130)	00:03:35	03:03:51 (152)	00:02:42	02:23:28 (133)
142	BURSKI FILIP	633		ŁÓDŹ	POL	M-26		00:45:14 (108)	00:05:08	03:06:31 (158)	00:06:42	02:31:52 (149)

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
143	GRUBA JACEK	533	TRISPACE/TREK	BRZOZA	POL	M-62	TRISPACE/TREK	00:50:12 (141)	00:03:54	03:00:25 (146)	00:02:41	02:19:17 (127)
144	KOSIŃSKI ROBERT	504	NOKIA	PAKOŚĆ	POL	M-40	NOKIA	00:48:07 (128)	00:05:30	03:03:10 (151)	00:06:06	02:39:09 (159)
145	WRZOSEK JAROSŁAW	648		BYDGOSZCZ	POL	M-51		00:55:26 (162)	00:04:44	02:54:54 (127)	00:03:27	02:00:02 (66)
146	GRUDNIEWSKI RAFAŁ	604	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-42		00:51:03 (144)	00:03:42	03:02:05 (148)	00:02:27	02:53:20 (168)
147	SIECZKO TOMASZ	582	TEAM SIECZKO	BYDGOSZCZ	POL	M-34		00:53:39 (155)	00:05:49	02:59:03 (144)	00:04:31	02:06:31 (96)
148	JARGIŁO MICHAŁ	509		BYDGOSZCZ	POL	M-35		00:54:27 (160)	00:03:24	03:02:38 (149)	00:04:43	02:24:37 (135)
149	RAŹNIEWSKI ŁUKASZ	502		DYWITY	POL	M-46		00:57:18 (166)	00:04:12	02:55:50 (132)	00:02:24	02:07:00 (98)
150	KOMOR BOGDAN	661	ROVICKY TEAM	SIEDLCE	POL	M-44	ROVICKY TEAM	00:55:38 (163)	00:04:25	02:58:06 (139)	00:03:32	02:32:46 (151)
151	BURSKI PAWEŁ	632		ŁÓDŹ	POL	M-53		00:47:19 (123)	00:04:15	03:10:35 (162)	00:04:30	02:45:05 (164)
152	BEDYK IRENEUSZ	506	PTT DELTA	CEKANOWO	POL	M-65	PTT DELTA	00:57:31 (168)	00:04:23	02:57:48 (138)	00:02:30	02:01:04 (74)
153	JASZKOWSKA ANETA	675	LANGE TRI COACH	ŚWIESZYNO	POL	K-46		00:45:46 (115)	00:04:31	03:12:32 (166)	00:03:06	02:27:17 (143)
154	ORŁOWSKI JAKUB	666		GÓRA KALWARIA	POL	M-33		00:47:01 (120)	00:06:01	03:09:01 (160)	00:04:18	01:49:54 (35)
155	HAYES MARK	644	GREENWICH TRITONS	LONDON	GBR	M-47	GREENWICH TRITONS	00:51:32 (148)	00:05:32	03:07:54 (159)	00:02:59	02:27:34 (145)
156	GAWRON MARCIN	615	CAR-MAN	DOBRCZ	POL	M-46		00:48:06 (127)	00:04:05	03:12:20 (165)	00:04:16	02:37:26 (156)
157	NURKIEWICZ JAROSŁAW	603	KUNG FU PANDY 3	BYDGOSZCZ	POL	M-51		00:57:16 (165)	00:02:20	03:05:45 (155)	00:04:36	02:20:15 (129)
158	WEIR RUTH	645	GREENWICH TRITONS	SIDCUP	GBR	K-37	GREENWICH TRITONS	00:47:15 (122)	00:05:03	03:15:38 (169)	00:03:22	02:20:18 (130)
159	ADAMCZEWSKA AGNIESZKA	678	IRON HOUSE WŁOCŁAWEK	LUBANIE	POL	K-47		00:54:34 (161)	00:06:04	03:06:20 (157)	00:02:28	01:49:36 (34)
160	BRULIŃSKA MONIKA	704	CELIRONMAN	PŁOCK	POL	K-46		00:57:55 (169)	00:04:18	03:06:18 (156)	00:03:21	01:54:11 (46)
161	KRUCZKOWSKA-LASSAK ANITA	612	AKADEMIA MISTRZÓW SPORTU AMS	STRZELCE GÓRNE	POL	K-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:57:31 (167)	00:03:04	03:11:05 (163)	00:02:36	02:02:38 (78)
162	KOCHANOWSKI MACIEJ	622		BYDGOSZCZ	POL	M-30		00:51:06 (145)	00:07:43	03:16:44 (171)	00:04:04	02:14:00 (115)
163	KODZIS PIOTR	548		BOKSZE STARE	POL	M-48		00:54:11 (156)	00:06:14	03:16:04 (170)	00:04:14	01:55:24 (51)
164	KUBOWICZ PIOTR	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	BYDGOSZCZ	POL	M-60		01:07:15 (178)	00:05:51	03:04:04 (153)	00:05:54	02:33:00 (152)
165	WAWRZYŃIAK KACPER	617		PRZYŁĘKI	POL	M-23		01:03:27 (174)	00:05:16	03:12:47 (167)	00:06:08	02:22:14 (132)
166	LECH MIKOŁAJ	629		BYDGOSZCZ	POL	M-37		01:06:15 (176)	00:04:58	03:13:31 (168)	00:03:06	02:06:23 (95)
167	ŁAPIŃSKI JAKUB	656	UNLIMITED SPORT 2.0	GAJ	POL	M-39		01:05:59 (175)	00:09:17	03:11:36 (164)	00:07:21	02:33:01 (153)
168	GUDELL RADOŚŁAW	596	GRUPA MODERATOR	BYDGOSZCZ	POL	M-46		00:52:59 (154)	00:08:00	03:33:39 (177)	00:03:24	02:30:24 (147)
169	GÓRSKI BARTOSZ	618		BYDGOSZCZ	POL	M-48		01:06:58 (177)	00:05:59	03:20:51 (172)	00:04:27	02:47:46 (166)
170	ZAKLIŃSKA KATARZYNA	672		GLIWICE	POL	K-46		00:52:45 (153)	00:07:41	03:38:50 (178)	00:08:21	02:57:58 (169)
171	BINKOWSKI CZARUŚ	706	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M-49		01:01:52 (173)	00:06:53	03:32:24 (176)	00:03:48	03:01:36 (170)
172	MAĆKOWSKA MAGDALENA	696	MAGDALENA_M_TRI	BYDGOSZCZ	POL	K-37		01:13:52 (181)	00:04:36	03:23:29 (173)	00:07:20	02:48:46 (167)
173	WALCZAK PAWEŁ	623		BYDGOSZCZ	POL	M-33		01:09:48 (179)	00:06:41	03:24:34 (174)	00:03:33	02:06:44 (97)
174	GRAUL ROMUALD	686	UNITED GUITARS	DOBRCZ	POL	M-60		01:10:59 (180)	00:09:50	03:32:24 (175)	00:05:49	03:03:52 (172)
	SOBCZAK MARCIN	592	SOBCZAKTEAM	RUMIA	POL	M-51		00:35:46 DNF (28)	00:02:29	02:28:13 (23)	00:02:28	00:00:00 ()
	PARTYKA RAFAŁ	547	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M-45		00:34:53 DNF (19)	00:02:39	02:29:42 (26)	00:01:59	00:00:00 ()
	ŁUCZAK PAWEŁ	526	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	M-53		00:46:57 DNF (118)	00:02:20	02:44:06 (79)	00:02:38	00:00:00 ()
	SPRYSZYŃSKI MICHAŁ	654	TRIRODZINKA	BYDGOSZCZ	POL	M-34		00:45:34 DNF (114)	00:03:33	02:56:01 (133)	00:02:43	00:00:00 ()
	GOSZ MARCIN	680	ENDURE TEAM	ŁĘBORK	POL	M-43		00:38:46 DNF (51)	00:02:44		00:00:00	00:00:00 ()
	KIRKLAND JIM	19	GREENWICH TRITONS	ORPINGTON	GBR	M-67	GREENWICH TRITONS	00:59:42 DNF (171)	00:09:04		00:00:00	00:00:00 ()
	WYSOLIŃSKI RAFAŁ	549		BIERNATKI	POL	M-45		00:40:04 DNF (66)	00:03:13		00:00:00	00:00:00 ()

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	ANDRĄŁOJĆ ANNA	673	TM IRON TEAM	BYDGOSZCZ	POL	K-31	TM IRON TEAM	00:35:22	00:02:38	02:37:23	00:02:07	02:01:37

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
2	WODA EWELINA	621	WYTRZYMALI	KRAKÓW	POL	K-38		00:37:19	00:03:59	02:48:21	00:02:19	02:08:37
3	JONES SHELLEY	646	GREENWICH TRITONS	LONDON	GBR	K-42	GREENWICH TRITONS	00:31:23	00:03:43	02:56:37	00:03:44	01:58:03
4	TRUSKOLAWSKA OLA	638	TRIDEA TEAM	GDYNIA	POL	K-46		00:47:00	00:03:40	02:39:36	00:02:20	01:43:40
5	WOLK AGATA	691	LITWIN SPORTS	WROCŁAW	POL	K-27		00:40:03	00:02:25	02:51:44	00:02:16	02:25:19
6	ZAWIEROWSKA EWELINA	511	SOCZAKTEAM	USTKA	POL	K-37		00:39:17	00:03:01	02:50:28	00:01:57	02:14:33
7	KMIEĆ KAROLINA	707	TM IRON TEAM	BYDGOSZCZ	POL	K-39	TM IRON TEAM	00:40:30	00:02:58	02:49:53	00:04:00	02:01:30
8	DROŻDŻ MAŁGORZATA	609	AKADEMIA MISTRZÓW SPORTU	SADKI	POL	K-43	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:44:36	00:03:13	02:45:36	00:01:57	01:55:46
9	KRZYSTOLIK MARTA	546		KATOWICE	POL	K-21		00:37:18	00:03:21	02:55:20	00:02:30	02:07:44
10	KOZMIŃCZUK-MARKULAK AGNIESZKA	679	TM IRON TEAM	GLIWICE	POL	K-40	TM IRON TEAM	00:38:39	00:03:16	02:59:55	00:02:17	02:00:19
11	HADASZ EWA	699	TRI&MORE	ZABRZE	POL	K-48		00:44:52	00:03:06	02:52:12	00:01:56	01:51:45
12	PIGUŁA AGNIESZKA	703	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K-44		00:47:50	00:03:00	02:49:39	00:02:20	02:06:19
13	KRYSPIN MARTA	531	RUNPROGRESSTEAM	GRUDZIĄDZ	POL	K-36		00:49:04	00:03:02	02:50:29	00:05:06	02:27:09
14	STEFANIAK ASIA	555		KRAKÓW	POL	K-34		00:45:15	00:03:59	02:54:55	00:02:29	01:55:00
15	AL-DRAWI JOANNA	674	IM INSPIRATION TEAM	BYDGOSZCZ	POL	K-44	IM INSPIRATION TEAM	00:52:15	00:05:00	02:48:12	00:03:06	01:52:54
16	KOPIŃSKA-KRÓL MAGDALENA	579	IM INSPIRATION	BYDGOSZCZ	POL	K-46	IM INSPIRATION TEAM	00:46:04	00:02:48	02:57:22	00:02:44	02:13:31
17	CICHONSKA-BAZAK MARZENA	576		ŻOŁĘDOWO	POL	K-49		00:52:12	00:03:23	02:53:36	00:02:33	01:56:58
18	ROMAN AGNIESZKA	664	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	K-36	TRIATHLON TEAM BOCHNIA	00:54:26	00:04:36	02:51:17	00:03:58	01:56:08
19	JASZKOWSKA ANETA	675	LANGE TRI COACH	ŚWIESZYNO	POL	K-46		00:45:46	00:04:31	03:12:32	00:03:06	02:27:17
20	WEIR RUTH	645	GREENWICH TRITONS	SIDCUP	GBR	K-37	GREENWICH TRITONS	00:47:15	00:05:03	03:15:38	00:03:22	02:20:18
21	ADAMCZEWSKA AGNIESZKA	678	IRON HOUSE WŁOCŁAWEK	LUBANIE	POL	K-47		00:54:34	00:06:04	03:06:20	00:02:28	01:49:36
22	BRUŁIŃSKA MONIKA	704	CELIRONMAN	PŁOCK	POL	K-46		00:57:55	00:04:18	03:06:18	00:03:21	01:54:11
23	KRUCZKOWSKA-LASSAK ANITA	612	AKADEMIA MISTRZÓW SPORTU AMS	STRZELCE GÓRNE	POL	K-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:57:31	00:03:04	03:11:05	00:02:36	02:02:38
24	ZAKLIŃSKA KATARZYNA	672		GLIWICE	POL	K-46		00:52:45	00:07:41	03:38:50	00:08:21	02:57:58
25	MAĆKOWSKA MAGDALENA	696	MAGDALENA_M_TRI	BYDGOSZCZ	POL	K-37		01:13:52	00:04:36	03:23:29	00:07:20	02:48:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	SAWIEŁAJC JAKUB	560	TM IRON TEAM	BYDGOSZCZ	POL	M-23	TM IRON TEAM	00:28:22	00:02:22	02:16:43	00:02:07	01:32:31
2	KONIECZNY MARCIN	501	K.S. NIEMANIEMOGE	OLSZTYN	POL	M-50		00:33:21	00:01:53	02:17:42	00:01:37	01:22:00
3	DĄBROWSKI DARIUSZ	708	ILABO RACING TEAM POWERED BY CTS	PIASECZNO	POL	M-48		00:30:13	00:02:01	02:21:38	00:01:40	01:36:25
4	KOMPA MARCIN	710	IM INSPIRATION	WARSZAWA	POL	M-23	IM INSPIRATION TEAM	00:30:27	00:02:12	02:23:01	00:00:41	01:27:20
5	KLYM YURI	684		KYIV	UKR	M-37		00:35:04	00:02:00	02:18:18	00:01:59	01:24:16
6	BLADOWSKI ARTUR	695	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:35:03	00:00:57	02:22:00	00:02:00	01:24:17
7	MALINOWSKI JAROSŁAW	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	WARSZAWA	POL	M-40	KARAŚ TRI&SWIM TEAM	00:34:09	00:02:03	02:20:15	00:01:56	01:40:45
8	KOWALCZYK PIOTR	616	KAZIKI	WARSZAWA	POL	M-41	KAZIKI	00:33:30	00:02:04	02:21:20	00:02:01	01:25:45
9	STARON PIOTR	541	STARZYŃSKI.COACH	BUDZISZEWICE	POL	M-43		00:33:39	00:03:09	02:20:34	00:01:54	01:32:39
10	TRZASKA PRZEMYSŁAW	556	DREAM TRI TEAM	GDAŃSK	POL	M-37		00:36:31	00:01:47	02:22:18	00:01:51	01:39:03
11	NOWAK ANDRZEJ	640	GT RAT	WROCŁAW	POL	M-40		00:36:24	00:02:18	02:21:32	00:01:32	01:36:22
12	MATUSIAK MATEUSZ	625	SNG WILD DUCKS	ZGIERZ	POL	M-35	SNG WILD DUCKS	00:33:38	00:02:32	02:25:58	00:02:27	01:46:52
13	BYCH MACIEJ	512	TRIDEA TEAM	OLAWA	POL	M-47	TRIDEA TEAM	00:34:27	00:02:15	02:24:49	00:02:17	01:42:54
14	KRUPICKA TOMAS	655	IRONSPORT ELPO	RUDNÁ	CZE	M-35		00:35:27	00:02:11	02:24:27	00:01:37	01:36:27
15	JEŹEK PETR	663	IAMX	PRAHA	CZE	M-45		00:34:30	00:02:57	02:26:03	00:02:21	01:33:40
16	PODWYSOCKI MARCIN	527	CTS	SEROCK	POL	M-34	CTS	00:30:25	00:02:39	02:31:29	00:01:52	01:51:39
17	KRÓL HUBERT	669	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M-36		00:30:21	00:02:00	02:32:16	00:02:02	01:58:21
18	WIĘCKOWSKI DARIUSZ	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	BYDGOSZCZ	POL	M-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:33:01	00:02:19	02:31:04	00:02:20	01:53:36

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
19	KLONOWSKI TOMASZ	649	PLATAN	ŚWIECIE	POL	M-44		00:37:24	00:02:29	02:28:28	00:02:06	02:09:01
20	KILJANCIK PIOTR	658		NEKLA	POL	M-42		00:39:15	00:02:02	02:27:13	00:01:23	01:33:25
21	KAMIŃSKI TOMASZ	505	IM INSPIRATION TEAM	MROČA	POL	M-42	IM INSPIRATION TEAM	00:42:52	00:02:22	02:22:07	00:02:28	01:35:36
22	MODER BARTŁOMIEJ	697	KAZIKI	WARSZAWA	POL	M-33	KAZIKI	00:35:16	00:02:43	02:30:46	00:03:21	01:41:03
23	KUBANEK ŁUKASZ	590	TEAMOCHAL	NIEMCZ	POL	M-39	TEAM OCHAL	00:40:13	00:03:06	02:25:15	00:02:55	01:50:51
24	SZYMAŃSKI PIOTR	572	MIELCARKS TEAM	GDYNIA	POL	M-29	MIELCARKS TEAM	00:35:42	00:03:20	02:30:25	00:02:12	01:47:42
25	CELMER MARCIN	507	PTT DELTA	PŁOCK	POL	M-41	PTT DELTA	00:38:56	00:02:24	02:28:16	00:02:22	02:01:58
26	MASZEWSKI DARIUSZ	631	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-44	TRIATHLON TEAM BOCHNIA	00:33:25	00:03:39	02:34:25	00:02:35	02:00:42
27	WIERZYŃSKI DAMIAN	569	TRISPACE /TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:40:50	00:02:01	02:28:08	00:02:00	01:58:23
28	SOBIK ANDRZEJ	557		CZYŻOWICE	POL	M-44		00:37:18	00:03:23	02:30:14	00:01:38	01:46:13
29	NOSEK MACIEJ	628	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-55		00:42:22	00:02:11	02:25:26	00:02:26	01:55:08
30	MODZELEWSKI MACIEJ	643	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:42:28	00:02:43	02:26:18	00:01:35	01:37:36
31	SZMIDT JANUSZ	688	TRINERGY	KATOWICE	POL	M-52		00:37:39	00:03:31	02:30:23	00:02:46	01:38:48
32	KLAPUCH MICHAŁ	573	EWA BUGDOŁ TEAM	GLIWICE	POL	M-42		00:37:19	00:02:55	02:33:45	00:02:47	01:40:34
33	MALINOWSKI MARIUSZ	653	KARAŚ TRI&SWIM TEAM	WARSZAWA	POL	M-35	KARAŚ TRI&SWIM TEAM	00:34:12	00:02:19	02:39:48	00:02:18	02:08:55
34	DOBOSZ MICHAŁ	665	COMEXSPORTS TRIATHLON TEAM	GDYNIA	POL	M-46		00:36:12	00:02:46	02:37:13	00:02:04	01:59:24
35	KULIK MICHAŁ	662	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-43		00:39:50	00:03:42	02:31:23	00:03:15	01:44:40
36	DAWIDOWICZ MACIEJ	559	TRISPCE/TREK	BRZOZA	POL	M-44	TRISPACE/TREK	00:39:23	00:02:43	02:33:58	00:02:43	02:09:33
37	GNIOT JACEK	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	GRUDZIĄDZ	POL	M-51	TRISPACE/TREK	00:44:48	00:02:06	02:28:04	00:02:00	01:38:39
38	CZAJKOWSKI KRZYSZTOF	698		KOŁO	POL	M-47		00:39:37	00:02:24	02:35:29	00:02:45	01:54:43
39	SZCZYRBOWSKI MICHAŁ	543	TURBOKILLA	RYBNIK	POL	M-41		00:40:45	00:03:55	02:31:58	00:02:01	01:53:42
40	KINDLER MACIEJ	670		KRAKÓW	POL	M-36		00:39:06	00:03:02	02:36:08	00:02:22	02:04:52
41	KOZŁOWSKI JACEK	520	PTT DELTA	PŁOCK	POL	M-45	PTT DELTA	00:42:18	00:03:24	02:31:40	00:02:57	01:41:45
42	GÓRZYŃSKI TOMASZ	529	TORUŃSKI KLUB TRIATHLONOWY	TORUŃ	POL	M-46	TORUŃSKI KLUB TRIATHLONOWY	00:37:51	00:04:46	02:36:03	00:04:03	02:13:30
43	KRAJEWSKI TOMASZ	677	KP PSP INOWROCŁAW	INOWROCŁAW	POL	M-34		00:37:16	00:03:09	02:39:14	00:01:50	01:38:17
44	MULARCZYK JACEK	687	RUNPASSION TEAM	BORKOWO	POL	M-52		00:43:42	00:03:07	02:32:50	00:04:59	02:04:21
45	MĄCZKA DAWID	637	THRIATLON TEAM BOCHNIA	BOCHNIA	POL	M-25	TRIATHLON TEAM BOCHNIA	00:33:26	00:03:19	02:43:40	00:02:48	02:41:56
46	MUCHA BARTŁOMIEJ	636	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-25		00:36:16	00:03:49	02:40:08	00:02:42	02:05:34
47	JARMOSZEWICZ ŁUKASZ	522		TORUŃ	POL	M-49	TKT	00:43:17	00:03:11	02:33:45	00:02:31	01:57:28
48	RAAG REEMO	676		TALLINN	EST	M-38		00:38:13	00:03:44	02:39:11	00:02:58	02:14:27
49	SMOCZYŃSKI MAREK	583	MBC TEAM	TUCHOLA	POL	M-41		00:43:49	00:03:43	02:34:33	00:02:07	02:39:14
50	SZYNALIK SŁAWOMIR	690	KIKATEAM	KRAKÓW	POL	M-49		00:40:15	00:03:17	02:37:08	00:04:16	01:59:48
51	JANUSZKIEWICZ PIOTR	563	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M-40		00:39:31	00:02:52	02:38:36	00:01:46	01:48:51
52	SKŁADANOWSKI MAREK	682		WŁOCŁAWEK	POL	M-33		00:38:00	00:03:19	02:39:06	00:02:30	01:54:02
53	OGIŃSKI PIOTR	635	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-45	TRIATHLON TEAM BOCHNIA	00:35:13	00:03:01	02:42:04	00:03:22	01:57:09
54	KAZIMIERCZYK ADAM	671	PTT DELTA	PŁOCK	POL	M-42	PTT DELTA	00:38:18	00:03:27	02:40:50	00:02:43	02:17:37
55	SENGER ROBERT	536	TRIZARZA	WARSZAWA	POL	M-40		00:36:11	00:02:53	02:43:40	00:01:45	02:06:03
56	GRZEBYTA MATEUSZ	619	MTB START KARTUZY	KARTUZY	POL	M-35		00:39:29	00:03:07	02:39:25	00:02:15	02:10:47
57	PORZYCH RAFAŁ	607	RAFSON.TV / PORZYCH.PL	BYDGOSZCZ	POL	M-24		00:39:28	00:02:43	02:41:24	00:01:51	01:39:14
58	KOSMATKA PAWEŁ	503		ŁÓDŹ	POL	M-29		00:45:34	00:02:29	02:34:34	00:02:20	02:05:38
59	HIPNAROWICZ GRZEGORZ	551	SPORTTREND.PL	BYDGOSZCZ	POL	M-43		00:39:04	00:02:52	02:42:24	00:03:46	02:42:58
60	KAPSA DAWID	538	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:45:28	00:02:52	02:33:40	00:02:38	01:47:05
61	SZCZERBA MACIEJ	519	TRITYTKA	NIEMCZ	POL	M-50		00:40:24	00:02:32	02:41:18	00:02:14	02:08:08
62	ŁAPAWA DARIUSZ	641	MOCNI W GĘBIE	POZNAŃ	POL	M-39		00:38:24	00:04:27	02:43:32	00:02:57	02:16:21
63	KASTRAU TOMASZ	574		MUROWANIEC	POL	M-41	RUN4FUN	00:34:56	00:03:22	02:47:13	00:01:45	02:04:35
64	KWAPIŃSKI DAMIAN	562	TEAMOCHAL	BYDGOSZCZ	POL	M-41	TEAM OCHAL	00:47:29	00:03:46	02:32:33	00:01:35	01:52:15
65	NOWICKI BARTOSZ	694	TRISPACE/TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:34:11	00:02:39	02:49:23	00:02:57	02:26:33
66	POLASIK MICHAŁ	571	RUN4FUN	BYDGOSZCZ	POL	M-35	RUN4FUN	00:36:38	00:02:47	02:48:29	00:01:39	02:27:04
67	JANKOWSKI TOMASZ	565	TRISPACE/TREK	BYDGOSZCZ	POL	M-49	TRISPACE/TREK	00:42:21	00:03:29	02:42:17	00:06:10	02:03:17
68	BUGAŁSKI WOJCIECH	610	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M-44	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:40:52	00:02:45	02:43:37	00:02:51	02:05:04

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
69	PIC DAWID	586		BYDGOSZCZ	POL	M-30		00:39:06	00:02:53	02:47:25	00:01:47	02:07:16
70	FIEGEL WOJCIECH	518	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:42:48	00:02:30	02:43:10	00:02:20	02:18:12
71	SZYTTENHOLM OLIEWIER	530	TRISPACE/TREK	BYDGOSZCZ	POL	M-40	TRISPACE/TREK	00:43:22	00:02:49	02:44:58	00:02:35	01:59:09
72	TYSZKA FILIP	537	KRISS COACHING	JONKOWO	POL	M-41		00:48:34	00:02:37	02:36:55	00:02:05	02:16:56
73	KRAUSE SZYMON	578	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-40		00:44:07	00:03:14	02:43:01	00:03:37	01:45:15
74	KIEDROWSKI JERZY	600	MIELCARKS TEAM	BYDGOSZCZ	POL	M-29	MIELCARKS TEAM	00:40:48	00:04:53	02:45:24	00:05:08	01:54:24
75	NOWICKI ADAM	553		BYDGOSZCZ	POL	M-49		00:44:48	00:02:35	02:43:38	00:02:40	02:26:27
76	MIELCAREK MACIEJ	597	MIELCARKS TEAM	BARCELONA	ESP	M-32	MIELCARKS TEAM	00:37:58	00:04:19	02:49:19	00:05:15	02:15:07
77	KŁOSOK WOJCIECH	683	CROSS SPORT	RYBNIK	POL	M-43		00:43:53	00:03:51	02:45:02	00:02:35	02:00:47
78	KOSTYGOV PAVEL	702		WARSZAWA	RUS	M-33		00:41:31	00:05:11	02:45:31	00:02:57	02:05:40
79	LISOWSKI ALEKSANDER	701	AUTODNA	ŁÓDŹ	POL	M-36		00:45:31	00:02:45	02:44:55	00:01:41	02:13:32
80	BUDZIŁO ADAM	561	PTT DELTA	PŁOCK	POL	M-50	PTT DELTA	00:40:29	00:04:25	02:47:22	00:02:40	01:58:41
81	KLIMKOWSKI MATEUSZ	524	DECATHLON TRIATHLON TEAM	WARSZAWA	POL	M-26		00:40:01	00:02:37	02:52:17	00:02:06	03:07:50
82	KĄTNIK JACEK	567	BUDINVEST	ŁOCHOWO	POL	M-52		00:54:16	00:02:46	02:34:24	00:01:44	01:46:56
83	TRZASKOWSKI TOMASZ	568		BYDGOSZCZ	POL	M-42		00:42:48	00:04:35	02:46:07	00:04:35	02:11:24
84	DOMERACKI DAMIAN	525		ŁOCHOWO	POL	M-42		00:46:18	00:03:49	02:45:20	00:02:30	02:10:54
85	WALKOWIAK BARTOSZ	624		NAKŁO NAD NOTECIĄ	POL	M-40		00:44:06	00:03:10	02:47:04	00:02:38	02:00:26
86	GRUSZCZYK GRZEGORZ	544	IMPACT BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	M-40		00:45:03	00:04:18	02:46:25	00:02:32	01:50:58
87	KONKEL BARTOSZ	605		BYDGOSZCZ	POL	M-36		00:44:38	00:04:33	02:45:48	00:02:38	02:02:57
88	ZAKRZEWSKI JAROSŁAW	591		BYDGOSZCZ	POL	M-49		00:49:23	00:02:51	02:41:56	00:02:33	02:16:20
89	MARKIEWICZ BARTOSZ	514	PTT DELTA	PŁOCK	POL	M-33	PTT DELTA	00:44:49	00:04:02	02:47:06	00:02:46	02:13:51
90	MAKOWSKI MAREK	660	WTP / EXATEL	PRUSZKÓW	POL	M-39		00:38:30	00:05:35	02:52:02	00:06:43	02:25:40
91	GRUBA MAREK	580	TRISPACE TREK	BRZOZA	POL	M-34	TRISPACE/TREK	00:41:44	00:03:09	02:53:12	00:02:28	02:08:56
92	MIELCAREK JĘDRZEJ	595	MIELCARKS TEAM	POZNAŃ	POL	M-29	MIELCARKS TEAM	00:45:06	00:05:15	02:47:06	00:04:02	02:06:18
93	PAWLIK MARIUSZ	534		KROTOSZYN	POL	M-42		00:38:18	00:05:24	02:55:46	00:05:24	03:05:06
94	STĘPNIAK KRZYSZTOF	594	RUN4FUN	BYDGOSZCZ	POL	M-44	RUN4FUN	00:49:47	00:04:29	02:44:09	00:02:22	02:00:08
95	MACIEJEWSKI GRZEGORZ	692	DANFOSS RACE TEAM	ŁÓDŹ	POL	M-40		00:45:03	00:03:21	02:50:44	00:03:13	02:03:45
96	NOWAK DARIUSZ	626	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-46	TRIATHLON TEAM BOCHNIA	00:56:27	00:05:00	02:35:59	00:02:59	02:00:44
97	WISNIEWSKI PIOTR	693	DBR77	TORUN	POL	M-45		00:41:17	00:04:29	02:55:41	00:04:27	02:19:25
98	ANDRZEJAK ROBERT	554	VAMOS	POZNAŃ	POL	M-46		00:51:26	00:03:41	02:45:29	00:01:58	01:53:38
99	MOSKAL ALEKSANDER MOSKAL	542		BORÓWNO	POL	M-60		00:44:14	00:03:52	02:54:53	00:02:51	02:38:07
100	CZERWIAKOWSKI SEBASTIAN	650		BYDGOSZCZ	POL	M-48		00:44:59	00:05:50	02:50:45	00:04:05	02:17:58
101	BRYGIER JACEK	705	PTT DELTA	PŁOCK	POL	M-51	PTT DELTA	00:52:02	00:03:30	02:45:30	00:02:37	02:15:22
102	KULIŃSKI GRZEGORZ	587		BYDGOSZCZ	POL	M-29		00:48:48	00:03:25	02:50:47	00:01:52	02:32:18
103	CAMPOBASSO LUCA	667		ŁÓDŹ	POL	M-31		00:47:12	00:05:40	02:48:57	00:02:54	02:00:48
104	LIZIK ARKADIUSZ	581		GOWARZEWO	POL	M-43		00:59:17	00:02:51	02:38:17	00:01:52	02:03:43
105	MAŁACHA DAWID	510	KU AZS POLITECHNIKA BYDGOSKA	ŻNIN	POL	M-27		00:49:01	00:02:24	02:52:58	00:02:01	02:07:22
106	WIŚNIEWSKI PIOTR	508	GEOTACH	ZIELONKA	POL	M-40		00:40:10	00:03:10	03:02:43	00:03:19	02:39:12
107	LIZIK RADOSŁAW	668	TRISPACE/TREK	BYDGOSZCZ	POL	M-47	TRISPACE/TREK	00:49:19	00:03:49	02:50:28	00:03:00	02:21:04
108	GRABAREK KONRAD	620		WROCŁAW	POL	M-47		00:45:23	00:04:04	02:56:16	00:02:30	02:33:58
109	BETLEJ HUBERT	532		KRAKÓW	POL	M-40		00:50:32	00:04:18	02:50:39	00:03:02	02:38:13
110	KĘDZIERSKI MICHAŁ	516	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-37		00:49:39	00:04:16	02:52:02	00:04:09	01:57:06
111	SIUDA MAREK	585	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M-49		00:43:14	00:04:40	03:01:14	00:03:15	02:27:43
112	CYREK GRZEGORZ	614		KOSZYCE MAŁE	POL	M-48		00:59:53	00:06:34	02:38:24	00:03:04	02:03:46
113	ZALESINSKI MARCIN	634		OSIELSKO	POL	M-42		00:42:13	00:03:23	03:04:54	00:03:35	03:01:47
114	BAŁDYGA PAWEŁ	659	PAWEŁ BAŁDYGA	PRUSZKÓW	POL	M-42		00:54:24	00:04:29	02:48:20	00:04:16	02:16:05
115	WŁODARCZYK WOJCIECH	602	CZARNE STOPY	BYDGOSZCZ	POL	M-58		00:51:20	00:04:16	02:54:10	00:04:21	01:55:57
116	KROPIDŁOWSKI MARCJUSZ	657	UNLIMITED SPORT 2.0	BOCHNIA	POL	M-39	GLOBAL NATUREON BOCHNIA BIEGA TEAM	00:48:00	00:05:29	02:57:14	00:04:39	02:35:04
117	NEBELING WOJCIECH	651		GDYNIA	POL	M-52		00:52:11	00:05:42	02:51:19	00:03:31	02:05:28
118	SZYMCAK JAKUB	513		GDYNIA	POL	M-34		00:44:24	00:04:38	03:09:34	00:04:25	02:45:56
119	MARCINIAK PRZEMYSŁAW	608		BYDGOSZCZ	POL	M-40		00:50:21	00:03:33	02:58:50	00:02:48	02:24:23
120	MIĘTEK ZBIGNIEW	545		LEGIONOWO	POL	M-46		00:49:52	00:03:06	02:58:12	00:06:16	02:31:33
121	WIŚNIEWSKI ZBIGNIEW	588	ROWEROWA BRZOZA	OLIMPIN	POL	M-56	ROWEROWA BRZOZA	00:48:24	00:05:39	02:58:08	00:03:59	02:25:48
122	ZIĘBICKI MACIEJ	575		BYDGOSZCZ	POL	M-32		00:49:40	00:05:13	02:58:21	00:02:43	02:27:22

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
123	PABIN MAKSYMILIAN	550		BRWINÓW	POL	M-26		00:48:32	00:03:35	03:03:51	00:02:42	02:23:28
124	BURSKI FILIP	633		ŁÓDŹ	POL	M-26		00:45:14	00:05:08	03:06:31	00:06:42	02:31:52
125	GRUBA JACEK	533	TRISPACE/TREK	BRZOZA	POL	M-62	TRISPACE/TREK	00:50:12	00:03:54	03:00:25	00:02:41	02:19:17
126	KOSIŃSKI ROBERT	504	NOKIA	PAKOŚĆ	POL	M-40	NOKIA	00:48:07	00:05:30	03:03:10	00:06:06	02:39:09
127	WRZOSEK JAROSŁAW	648		BYDGOSZCZ	POL	M-51		00:55:26	00:04:44	02:54:54	00:03:27	02:00:02
128	GRUDNIEWSKI RAFAŁ	604	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-42		00:51:03	00:03:42	03:02:05	00:02:27	02:53:20
129	SIECZKO TOMASZ	582	TEAM SIECZKO	BYDGOSZCZ	POL	M-34		00:53:39	00:05:49	02:59:03	00:04:31	02:06:31
130	JARGIŁO MICHAŁ	509		BYDGOSZCZ	POL	M-35		00:54:27	00:03:24	03:02:38	00:04:43	02:24:37
131	RAŹNIEWSKI ŁUKASZ	502		DYWITY	POL	M-46		00:57:18	00:04:12	02:55:50	00:02:24	02:07:00
132	KOMOR BOGDAN	661	ROVICKY TEAM	SIEDLCE	POL	M-44	ROVICKY TEAM	00:55:38	00:04:25	02:58:06	00:03:32	02:32:46
133	BURSKI PAWEŁ	632		ŁÓDŹ	POL	M-53		00:47:19	00:04:15	03:10:35	00:04:30	02:45:05
134	BEDYK IRENEUSZ	506	PTT DELTA	CEKANOWO	POL	M-65	PTT DELTA	00:57:31	00:04:23	02:57:48	00:02:30	02:01:04
135	ORLOWSKI JAKUB	666		GÓRA KALWARIA	POL	M-33		00:47:01	00:06:01	03:09:01	00:04:18	01:49:54
136	HAYES MARK	644	GREENWICH TRITONS	LONDON	GBR	M-47	GREENWICH TRITONS	00:51:32	00:05:32	03:07:54	00:02:59	02:27:34
137	GAWRON MARCIN	615	CAR-MAN	DOBRCZ	POL	M-46		00:48:06	00:04:05	03:12:20	00:04:16	02:37:26
138	NURKIEWICZ JAROSŁAW	603	KUNG FU PANDY 3	BYDGOSZCZ	POL	M-51		00:57:16	00:02:20	03:05:45	00:04:36	02:20:15
139	KOCHANOWSKI MACIEJ	622		BYDGOSZCZ	POL	M-30		00:51:06	00:07:43	03:16:44	00:04:04	02:14:00
140	KODZIS PIOTR	548		BOKSZE STARE	POL	M-48		00:54:11	00:06:14	03:16:04	00:04:14	01:55:24
141	KUBOWICZ PIOTR	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	BYDGOSZCZ	POL	M-60		01:07:15	00:05:51	03:04:04	00:05:54	02:33:00
142	WAWRZYNIAK KACPER	617		PRZYŁĘKI	POL	M-23		01:03:27	00:05:16	03:12:47	00:06:08	02:22:14
143	LECH MIKOŁAJ	629		BYDGOSZCZ	POL	M-37		01:06:15	00:04:58	03:13:31	00:03:06	02:06:23
144	ŁAPIŃSKI JAKUB	656	UNLIMITED SPORT 2.0	GAJ	POL	M-39		01:05:59	00:09:17	03:11:36	00:07:21	02:33:01
145	GUDELL RADOŚLAW	596	GRUPA MODERATOR	BYDGOSZCZ	POL	M-46		00:52:59	00:08:00	03:33:39	00:03:24	02:30:24
146	GÓRSKI BARTOSZ	618		BYDGOSZCZ	POL	M-48		01:06:58	00:05:59	03:20:51	00:04:27	02:47:46
147	BINKOWSKI CZARUŚ	706	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M-49		01:01:52	00:06:53	03:32:24	00:03:48	03:01:36
148	WALCZAK PAWEŁ	623		BYDGOSZCZ	POL	M-33		01:09:48	00:06:41	03:24:34	00:03:33	02:06:44
149	GRAUL ROMUALD	686	UNITED GUITARS	DOBRCZ	POL	M-60		01:10:59	00:09:50	03:32:24	00:05:49	03:03:52
	SOBCZAK MARCIN	592	SOBCZAKTEAM	RUMIA	POL	M-51		00:35:46 DNF	00:02:29	02:28:13	00:02:28	00:00:00
	PARTYKA RAFAŁ	547	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M-45		00:34:53 DNF	00:02:39	02:29:42	00:01:59	00:00:00
	ŁUCZAK PAWEŁ	526	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	M-53		00:46:57 DNF	00:02:20	02:44:06	00:02:38	00:00:00
	SPRYSZYŃSKI MICHAŁ	654	TRIRODZINKA	BYDGOSZCZ	POL	M-34		00:45:34 DNF	00:03:33	02:56:01	00:02:43	00:00:00
	WYSOLIŃSKI RAFAŁ	549		BIERNATKI	POL	M-45		00:40:04 DNF	00:03:13		00:00:00	00:00:00
	KIRKLAND JIM	19	GREENWICH TRITONS	ORPINGTON	GBR	M-67	GREENWICH TRITONS	00:59:42 DNF	00:09:04		00:00:00	00:00:00
	GOSZ MARCIN	680	ENDURE TEAM	ŁĘBORK	POL	M-43		00:38:46 DNF	00:02:44		00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-21

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KRZYSTOLIK MARTA	546		KATOWICE	POL	K-21		00:37:18	00:03:21	02:55:20	00:02:30	02:07:44

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-23

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	SAWIEŁAJC JAKUB	560	TM IRON TEAM	BYDGOSZCZ	POL	M-23	TM IRON TEAM	00:28:22	00:02:22	02:16:43	00:02:07	01:32:31
2	KOMPA MARCIN	710	IM INSPIRATION	WARSZAWA	POL	M-23	IM INSPIRATION TEAM	00:30:27	00:02:12	02:23:01	00:00:41	01:27:20
3	WAWRZYNIAK KACPER	617		PRZYŁĘKI	POL	M-23		01:03:27	00:05:16	03:12:47	00:06:08	02:22:14

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-24

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	PORZYCH RAFAŁ	607	RAFSON.TV / PORZYCH.PL	BYDGOSZCZ	POL	M-24		00:39:28	00:02:43	02:41:24	00:01:51	01:39:14

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-25

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MAĆZKA DAWID	637	THRIATLON TEAM BOCHNIA	BOCHNIA	POL	M-25	TRIATHLON TEAM BOCHNIA	00:33:26	00:03:19	02:43:40	00:02:48	02:41:56
2	MUCHA BARTŁOMIEJ	636	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-25		00:36:16	00:03:49	02:40:08	00:02:42	02:05:34

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-26

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KLIMKOWSKI MATEUSZ	524	DECATHLON TRIATHLON TEAM	WARSZAWA	POL	M-26		00:40:01	00:02:37	02:52:17	00:02:06	03:07:50
2	PABIN MAKSYMILIAN	550		BRWINÓW	POL	M-26		00:48:32	00:03:35	03:03:51	00:02:42	02:23:28
3	BURSKI FILIP	633		ŁÓDŹ	POL	M-26		00:45:14	00:05:08	03:06:31	00:06:42	02:31:52

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-27

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	WOŁK AGATA	691	LITWIN SPORTS	WROCŁAW	POL	K-27		00:40:03	00:02:25	02:51:44	00:02:16	02:25:19

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-27

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MAŁACHA DAWID	510	KU AZS POLITECHNIKA BYDGOSKA	ŻNIN	POL	M-27		00:49:01	00:02:24	02:52:58	00:02:01	02:07:22

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-29

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	SZYMAŃSKI PIOTR	572	MIELCARKS TEAM	GDYNIA	POL	M-29	MIELCARKS TEAM	00:35:42	00:03:20	02:30:25	00:02:12	01:47:42
2	KOSMATKA PAWEŁ	503		ŁÓDŹ	POL	M-29		00:45:34	00:02:29	02:34:34	00:02:20	02:05:38
3	KIEDROWSKI JERZY	600	MIELCARKS TEAM	BYDGOSZCZ	POL	M-29	MIELCARKS TEAM	00:40:48	00:04:53	02:45:24	00:05:08	01:54:24
4	MIELCAREK JĘDRZEJ	595	MIELCARKS TEAM	POZNAŃ	POL	M-29	MIELCARKS TEAM	00:45:06	00:05:15	02:47:06	00:04:02	02:06:18
5	KULIŃSKI GRZEGORZ	587		BYDGOSZCZ	POL	M-29		00:48:48	00:03:25	02:50:47	00:01:52	02:32:18

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-30

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	PIC DAWID	586		BYDGOSZCZ	POL	M-30		00:39:06	00:02:53	02:47:25	00:01:47	02:07:16
2	KOCHANOWSKI MACIEJ	622		BYDGOSZCZ	POL	M-30		00:51:06	00:07:43	03:16:44	00:04:04	02:14:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-31

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	ANDRAŁOJC ANNA	673	TM IRON TEAM	BYDGOSZCZ	POL	K-31	TM IRON TEAM	00:35:22	00:02:38	02:37:23	00:02:07	02:01:37

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-31

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	CAMPOBASSO LUCA	667		ŁÓDŹ	POL	M-31		00:47:12	00:05:40	02:48:57	00:02:54	02:00:48

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-32

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MIELCAREK MACIEJ	597	MIELCARKS TEAM	BARCELONA	ESP	M-32	MIELCARKS TEAM	00:37:58	00:04:19	02:49:19	00:05:15	02:15:07
2	ZIĘBICKI MACIEJ	575		BYDGOSZCZ	POL	M-32		00:49:40	00:05:13	02:58:21	00:02:43	02:27:22

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-33

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MODER BARTŁOMIEJ	697	KAZIKI	WARSZAWA	POL	M-33	KAZIKI	00:35:16	00:02:43	02:30:46	00:03:21	01:41:03
2	SKŁADANOWSKI MAREK	682		WŁOCŁAWEK	POL	M-33		00:38:00	00:03:19	02:39:06	00:02:30	01:54:02
3	KOSTYGOV PAVEL	702		WARSZAWA	RUS	M-33		00:41:31	00:05:11	02:45:31	00:02:57	02:05:40
4	MARKIEWICZ BARTOSZ	514	PTT DELTA	PŁOCK	POL	M-33	PTT DELTA	00:44:49	00:04:02	02:47:06	00:02:46	02:13:51
5	ORLOWSKI JAKUB	666		GÓRA KALWARIA	POL	M-33		00:47:01	00:06:01	03:09:01	00:04:18	01:49:54
6	WALCZAK PAWEŁ	623		BYDGOSZCZ	POL	M-33		01:09:48	00:06:41	03:24:34	00:03:33	02:06:44

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-34

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	STEFANIAK ASIA	555		KRAKÓW	POL	K-34		00:45:15	00:03:59	02:54:55	00:02:29	01:55:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-34

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	PODWYSOCKI MARCIN	527	CTS	SEROCK	POL	M-34	CTS	00:30:25	00:02:39	02:31:29	00:01:52	01:51:39

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-34 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
2	WIERZYŃSKI DAMIAN	569	TRISPACE /TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:40:50	00:02:01	02:28:08	00:02:00	01:58:23
3	KRAJEWSKI TOMASZ	677	KP PSP INOWROCŁAW	INOWROCŁAW	POL	M-34		00:37:16	00:03:09	02:39:14	00:01:50	01:38:17
4	NOWICKI BARTOSZ	694	TRISPACE/TREK	BYDGOSZCZ	POL	M-34	TRISPACE/TREK	00:34:11	00:02:39	02:49:23	00:02:57	02:26:33
5	GRUBA MAREK	580	TRISPACE TREK	BRZOZA	POL	M-34	TRISPACE/TREK	00:41:44	00:03:09	02:53:12	00:02:28	02:08:56
6	SZYMCZAK JAKUB	513		GDYNIA	POL	M-34		00:44:24	00:04:38	03:09:34	00:04:25	02:45:56
7	SIECZKO TOMASZ	582	TEAM SIECZKO	BYDGOSZCZ	POL	M-34		00:53:39	00:05:49	02:59:03	00:04:31	02:06:31
	SPRYSZYŃSKI MICHAŁ	654	TRIRODZINKA	BYDGOSZCZ	POL	M-34		00:45:34 DNF	00:03:33	02:56:01	00:02:43	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-35

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MATUSIAK MATEUSZ	625	SNG WILD DUCKS	ZGIERZ	POL	M-35	SNG WILD DUCKS	00:33:38	00:02:32	02:25:58	00:02:27	01:46:52
2	KRUPICKA TOMAS	655	IRONSPORT ELPO	RUDNÁ	CZE	M-35		00:35:27	00:02:11	02:24:27	00:01:37	01:36:27
3	MALINOWSKI MARIUSZ	653	KARAŚ TRI&SWIM TEAM	WARSZAWA	POL	M-35	KARAŚ TRI&SWIM TEAM	00:34:12	00:02:19	02:39:48	00:02:18	02:08:55
4	GRZEBYTA MATEUSZ	619	MTB START KARTUZY	KARTUZY	POL	M-35		00:39:29	00:03:07	02:39:25	00:02:15	02:10:47
5	POLASIK MICHAŁ	571	RUN4FUN	BYDGOSZCZ	POL	M-35	RUN4FUN	00:36:38	00:02:47	02:48:29	00:01:39	02:27:04
6	JARGIŁO MICHAŁ	509		BYDGOSZCZ	POL	M-35		00:54:27	00:03:24	03:02:38	00:04:43	02:24:37

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-36

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KRYSPIŃ MARTA	531	RUNPROGRESSTEAM	GRUDZIĄDZ	POL	K-36		00:49:04	00:03:02	02:50:29	00:05:06	02:27:09
2	ROMAN AGNIESZKA	664	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	K-36	TRIATHLON TEAM BOCHNIA	00:54:26	00:04:36	02:51:17	00:03:58	01:56:08

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-36

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KRÓL HUBERT	669	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M-36		00:30:21	00:02:00	02:32:16	00:02:02	01:58:21
2	KINDLER MACIEJ	670		KRAKÓW	POL	M-36		00:39:06	00:03:02	02:36:08	00:02:22	02:04:52
3	LISOWSKI ALEKSANDER	701	AUTODNA	ŁÓDŹ	POL	M-36		00:45:31	00:02:45	02:44:55	00:01:41	02:13:32
4	KONKEL BARTOSZ	605		BYDGOSZCZ	POL	M-36		00:44:38	00:04:33	02:45:48	00:02:38	02:02:57

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-37

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	ZAWIEROWSKA EWELINA	511	SOCZAKTEAM	USTKA	POL	K-37		00:39:17	00:03:01	02:50:28	00:01:57	02:14:33
2	WEIR RUTH	645	GREENWICH TRITONS	SIDCUP	GBR	K-37	GREENWICH TRITONS	00:47:15	00:05:03	03:15:38	00:03:22	02:20:18
3	MAĆKOWSKA MAGDALENA	696	MAGDALENA_M_TRI	BYDGOSZCZ	POL	K-37		01:13:52	00:04:36	03:23:29	00:07:20	02:48:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-37

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KLYM YURIJ	684		KYIV	UKR	M-37		00:35:04	00:02:00	02:18:18	00:01:59	01:24:16
2	TRZASKA PRZEMYSŁAW	556	DREAM TRI TEAM	GDAŃSK	POL	M-37		00:36:31	00:01:47	02:22:18	00:01:51	01:39:03
3	KĘDZIERSKI MICHAŁ	516	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-37		00:49:39	00:04:16	02:52:02	00:04:09	01:57:06
4	LECH MIKOŁAJ	629		BYDGOSZCZ	POL	M-37		01:06:15	00:04:58	03:13:31	00:03:06	02:06:23

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-38

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	WODA EWELINA	621	WYTRZYMALI	KRAKÓW	POL	K-38		00:37:19	00:03:59	02:48:21	00:02:19	02:08:37

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-38

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	BLADOWSKI ARTUR	695	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:35:03	00:00:57	02:22:00	00:02:00	01:24:17
2	MODZELEWSKI MACIEJ	643	KLUB KOLARSKI ŁOWICZ	ŁOWICZ	POL	M-38		00:42:28	00:02:43	02:26:18	00:01:35	01:37:36
3	RAAG REEMO	676		TALLINN	EST	M-38		00:38:13	00:03:44	02:39:11	00:02:58	02:14:27

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-39

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KMIEĆ KAROLINA	707	TM IRON TEAM	BYDGOSZCZ	POL	K-39	TM IRON TEAM	00:40:30	00:02:58	02:49:53	00:04:00	02:01:30

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-39

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KUBANEK ŁUKASZ	590	TEAMOCHAL	NIEMCZ	POL	M-39	TEAM OCHAL	00:40:13	00:03:06	02:25:15	00:02:55	01:50:51
2	ŁAPAWA DARIUSZ	641	MOCNI W GĘBIE	POZNAŃ	POL	M-39		00:38:24	00:04:27	02:43:32	00:02:57	02:16:21
3	MAKOWSKI MAREK	660	WTP / EXATEL	PRUSZKÓW	POL	M-39		00:38:30	00:05:35	02:52:02	00:06:43	02:25:40
4	KROPIDŁOWSKI MARCJUSZ	657	UNLIMITED SPORT 2.0	BOCHNIA	POL	M-39	GLOBAL NATUREON BOCHNIA BIEGA TEAM	00:48:00	00:05:29	02:57:14	00:04:39	02:35:04
5	ŁAPIŃSKI JAKUB	656	UNLIMITED SPORT 2.0	GAJ	POL	M-39		01:05:59	00:09:17	03:11:36	00:07:21	02:33:01

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-40

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KOZMIŃCZUK-MARKULAK AGNIESZKA	679	TM IRON TEAM	GLIWICE	POL	K-40	TM IRON TEAM	00:38:39	00:03:16	02:59:55	00:02:17	02:00:19

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-40

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MALINOWSKI JAROSŁAW	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	WARSZAWA	POL	M-40	KARAŚ TRI&SWIM TEAM	00:34:09	00:02:03	02:20:15	00:01:56	01:40:45
2	NOWAK ANDRZEJ	640	GT RAT	WROCLAW	POL	M-40		00:36:24	00:02:18	02:21:32	00:01:32	01:36:22
3	JANUSZKIEWICZ PIOTR	563	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M-40		00:39:31	00:02:52	02:38:36	00:01:46	01:48:51
4	SENGER ROBERT	536	TRIZARZA	WARSZAWA	POL	M-40		00:36:11	00:02:53	02:43:40	00:01:45	02:06:03
5	SZYTENHOLM OLIWIER	530	TRISPACE/TREK	BYDGOSZCZ	POL	M-40	TRISPACE/TREK	00:43:22	00:02:49	02:44:58	00:02:35	01:59:09
6	KRAUSE SZYMON	578	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-40		00:44:07	00:03:14	02:43:01	00:03:37	01:45:15
7	WALKOWIAK BARTOSZ	624		NAKŁO NAD NOTECIĄ	POL	M-40		00:44:06	00:03:10	02:47:04	00:02:38	02:00:26
8	GRUSZCZYK GRZEGORZ	544	IMPACT BIELSKO-BIAŁA	BIELSKO-BIAŁĄ	POL	M-40		00:45:03	00:04:18	02:46:25	00:02:32	01:50:58
9	MACIEJEWSKI GRZEGORZ	692	DANFOSS RACE TEAM	ŁÓDŹ	POL	M-40		00:45:03	00:03:21	02:50:44	00:03:13	02:03:45
10	WIŚNIEWSKI PIOTR	508	GEOTACH	ZIELONKA	POL	M-40		00:40:10	00:03:10	03:02:43	00:03:19	02:39:12
11	BETLEJ HUBERT	532		KRAKÓW	POL	M-40		00:50:32	00:04:18	02:50:39	00:03:02	02:38:13
12	MARCINIAK PRZEMYSŁAW	608		BYDGOSZCZ	POL	M-40		00:50:21	00:03:33	02:58:50	00:02:48	02:24:23
13	KOSIŃSKI ROBERT	504	NOKIA	PAKOŚĆ	POL	M-40	NOKIA	00:48:07	00:05:30	03:03:10	00:06:06	02:39:09

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-41

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KOWALCZYK PIOTR	616	KAZIKI	WARSZAWA	POL	M-41	KAZIKI	00:33:30	00:02:04	02:21:20	00:02:01	01:25:45
2	CELMER MARCIN	507	PTT DELTA	PŁOCK	POL	M-41	PTT DELTA	00:38:56	00:02:24	02:28:16	00:02:22	02:01:58
3	SZCZYRBOWSKI MICHAŁ	543	TURBOKILLA	RYBNIK	POL	M-41		00:40:45	00:03:55	02:31:58	00:02:01	01:53:42
4	SMOCZYŃSKI MAREK	583	MBC TEAM	TUCHOLA	POL	M-41		00:43:49	00:03:43	02:34:33	00:02:07	02:39:14
5	KASTRAU TOMASZ	574		MUROWANIEC	POL	M-41	RUN4FUN	00:34:56	00:03:22	02:47:13	00:01:45	02:04:35
6	KWAPIŃSKI DAMIAN	562	TEAMOCHAL	BYDGOSZCZ	POL	M-41	TEAM OCHAL	00:47:29	00:03:46	02:32:33	00:01:35	01:52:15
7	TYSZKA FILIP	537	KRISS COACHING	JONKOWO	POL	M-41		00:48:34	00:02:37	02:36:55	00:02:05	02:16:56

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-42

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	JONES SHELLEY	646	GREENWICH TRITONS	LONDON	GBR	K-42	GREENWICH TRITONS	00:31:23	00:03:43	02:56:37	00:03:44	01:58:03
2	KRUCZKOWSKA-LASSAK ANITA	612	AKADEMIA MISTRZÓW SPORTU AMS	STRZELCE GÓRNE	POL	K-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:57:31	00:03:04	03:11:05	00:02:36	02:02:38

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-42

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	WIĘCKOWSKI DARIUSZ	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	BYDGOSZCZ	POL	M-42	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:33:01	00:02:19	02:31:04	00:02:20	01:53:36
2	KILIJAŃCZYK PIOTR	658		NEKLA	POL	M-42		00:39:15	00:02:02	02:27:13	00:01:23	01:33:25
3	KAMIŃSKI TOMASZ	505	IM INSPIRATION TEAM	MROČZA	POL	M-42	IM INSPIRATION TEAM	00:42:52	00:02:22	02:22:07	00:02:28	01:35:36
4	KŁAPUCH MICHAŁ	573	EWA BUGDOŁ TEAM	GLIWICE	POL	M-42		00:37:19	00:02:55	02:33:45	00:02:47	01:40:34
5	KAZIMIERCZYK ADAM	671	PTT DELTA	PŁOCK	POL	M-42	PTT DELTA	00:38:18	00:03:27	02:40:50	00:02:43	02:17:37
6	TRZASKOWSKI TOMASZ	568		BYDGOSZCZ	POL	M-42		00:42:48	00:04:35	02:46:07	00:04:35	02:11:24
7	DOMERACKI DAMIAN	525		ŁOCHOWO	POL	M-42		00:46:18	00:03:49	02:45:20	00:02:30	02:10:54
8	PAWLIK MARIUSZ	534		KROTOSZYN	POL	M-42		00:38:18	00:05:24	02:55:46	00:05:24	03:05:06

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-42 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
9	ZALESINSKI MARCIN	634		OSIELSKO	POL	M-42		00:42:13	00:03:23	03:04:54	00:03:35	03:01:47
10	BAŁDYGA PAWEŁ	659	PAWEŁ BAŁDYGA	PRUSZKÓW	POL	M-42		00:54:24	00:04:29	02:48:20	00:04:16	02:16:05
11	GRUDNIEWSKI RAFAŁ	604	SREBRNI TRI	TARNOWSKIE GÓRY	POL	M-42		00:51:03	00:03:42	03:02:05	00:02:27	02:53:20

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-43

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	DROŹDŹ MAŁGORZATA	609	AKADEMIA MISTRZÓW SPORTU	SADKI	POL	K-43	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:44:36	00:03:13	02:45:36	00:01:57	01:55:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-43

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	STARON PIOTR	541	STARZYNSKI.COACH	BUDZISZEWICE	POL	M-43		00:33:39	00:03:09	02:20:34	00:01:54	01:32:39
2	KULIK MICHAŁ	662	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M-43		00:39:50	00:03:42	02:31:23	00:03:15	01:44:40
3	HIPNAROWICZ GRZEGORZ	551	SPORTTREND.PL	BYDGOSZCZ	POL	M-43		00:39:04	00:02:52	02:42:24	00:03:46	02:42:58
4	KŁOSOK WOJCIECH	683	CROSS SPORT	RYBNIK	POL	M-43		00:43:53	00:03:51	02:45:02	00:02:35	02:00:47
5	LIZIK ARKADIUSZ	581		GOWARZEWO	POL	M-43		00:59:17	00:02:51	02:38:17	00:01:52	02:03:43
	GOSZ MARCIN	680	ENDURE TEAM	ŁĘBORK	POL	M-43		00:38:46 DNF	00:02:44		00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-44

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	PIGUŁA AGNIESZKA	703	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K-44		00:47:50	00:03:00	02:49:39	00:02:20	02:06:19
2	AL-DRAWI JOANNA	674	IM INSPIRATION TEAM	BYDGOSZCZ	POL	K-44	IM INSPIRATION TEAM	00:52:15	00:05:00	02:48:12	00:03:06	01:52:54

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-44

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KLONOWSKI TOMASZ	649	PLATAN	ŚWIECIE	POL	M-44		00:37:24	00:02:29	02:28:28	00:02:06	02:09:01
2	MASZEWSKI DARIUSZ	631	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-44	TRIATHLON TEAM BOCHNIA	00:33:25	00:03:39	02:34:25	00:02:35	02:00:42
3	SOBIK ANDRZEJ	557		CZYŻOWICE	POL	M-44		00:37:18	00:03:23	02:30:14	00:01:38	01:46:13
4	DAWIDOWICZ MACIEJ	559	TRISPACE/TREK	BRZOZA	POL	M-44	TRISPACE/TREK	00:39:23	00:02:43	02:33:58	00:02:43	02:09:33
5	KAPSA DAWID	538	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:45:28	00:02:52	02:33:40	00:02:38	01:47:05
6	BUGALSKI WOJCIECH	610	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M-44	AKADEMIA MISTRZÓW SPORTU AMS TRIATHLON	00:40:52	00:02:45	02:43:37	00:02:51	02:05:04
7	FIEGEL WOJCIECH	518	TRISPACE/TREK	BYDGOSZCZ	POL	M-44	TRISPACE/TREK	00:42:48	00:02:30	02:43:10	00:02:20	02:18:12
8	STĘPNIAK KRZYSZTOF	594	RUN4FUN	BYDGOSZCZ	POL	M-44	RUN4FUN	00:49:47	00:04:29	02:44:09	00:02:22	02:00:08
9	KOMOR BOGDAN	661	ROVICKY TEAM	SIEDLCE	POL	M-44	ROVICKY TEAM	00:55:38	00:04:25	02:58:06	00:03:32	02:32:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-45

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	JEŹEK PETR	663	IAMX	PRAHA	CZE	M-45		00:34:30	00:02:57	02:26:03	00:02:21	01:33:40
2	KOZŁOWSKI JACEK	520	PTT DELTA	PŁOCK	POL	M-45	PTT DELTA	00:42:18	00:03:24	02:31:40	00:02:57	01:41:45
3	OGIŃSKI PIOTR	635	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-45	TRIATHLON TEAM BOCHNIA	00:35:13	00:03:01	02:42:04	00:03:22	01:57:09
4	WISNIEWSKI PIOTR	693	DBR77	TORUN	POL	M-45		00:41:17	00:04:29	02:55:41	00:04:27	02:19:25
	PARTYKA RAFAŁ	547	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M-45		00:34:53	DNF	02:29:42	00:01:59	00:00:00
	WYSMOLIŃSKI RAFAŁ	549		BIERNATKI	POL	M-45		00:40:04	DNF		00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-46

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	TRUSKOLAWSKA OLA	638	TRIDEA TEAM	GDYNIA	POL	K-46		00:47:00	00:03:40	02:39:36	00:02:20	01:43:40
2	KOPIŃSKA-KRÓL MAGDALENA	579	IM INSPIRATION	BYDGOSZCZ	POL	K-46	IM INSPIRATION TEAM	00:46:04	00:02:48	02:57:22	00:02:44	02:13:31
3	JASZKOWSKA ANETA	675	LANGE TRI COACH	ŚWIESZYNO	POL	K-46		00:45:46	00:04:31	03:12:32	00:03:06	02:27:17
4	BRULIŃSKA MONIKA	704	CELIRONMAN	PŁOCK	POL	K-46		00:57:55	00:04:18	03:06:18	00:03:21	01:54:11
5	ZAKLIŃSKA KATARZYNA	672		GLIWICE	POL	K-46		00:52:45	00:07:41	03:38:50	00:08:21	02:57:58

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-46

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	DOBOSZ MICHAŁ	665	COMEXSPORTS TRIATHLON TEAM	GDYNIA	POL	M-46		00:36:12	00:02:46	02:37:13	00:02:04	01:59:24
2	GÓRZYŃSKI TOMASZ	529	TORUŃSKI KLUB TRIATHLONOWY	TORUŃ	POL	M-46	TORUŃSKI KLUB TRIATHLONOWY	00:37:51	00:04:46	02:36:03	00:04:03	02:13:30
3	NOWAK DARIUSZ	626	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-46	TRIATHLON TEAM BOCHNIA	00:56:27	00:05:00	02:35:59	00:02:59	02:00:44
4	ANDRZEJAK ROBERT	554	VAMOS	POZNAŃ	POL	M-46		00:51:26	00:03:41	02:45:29	00:01:58	01:53:38
5	MIĘTEK ZBIGNIEW	545		LEGIONOWO	POL	M-46		00:49:52	00:03:06	02:58:12	00:06:16	02:31:33
6	RAŹNIEWSKI ŁUKASZ	502		DYWITY	POL	M-46		00:57:18	00:04:12	02:55:50	00:02:24	02:07:00
7	GAWRON MARCIN	615	CAR-MAN	DOBRCZ	POL	M-46		00:48:06	00:04:05	03:12:20	00:04:16	02:37:26
8	GUDELL RADOŚŁAW	596	GRUPA MODERATOR	BYDGOSZCZ	POL	M-46		00:52:59	00:08:00	03:33:39	00:03:24	02:30:24

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-47

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	ADAMCZEWSKA AGNIESZKA	678	IRON HOUSE WŁOCŁAWEK	LUBANIE	POL	K-47		00:54:34	00:06:04	03:06:20	00:02:28	01:49:36

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-47

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	BYCH MACIEJ	512	TRIDEA TEAM	OLAWA	POL	M-47	TRIDEA TEAM	00:34:27	00:02:15	02:24:49	00:02:17	01:42:54
2	CZAJKOWSKI KRZYSZTOF	698		KOŁO	POL	M-47		00:39:37	00:02:24	02:35:29	00:02:45	01:54:43
3	LIZIK RADOŚŁAW	668	TRISPACE/TREK	BYDGOSZCZ	POL	M-47	TRISPACE/TREK	00:49:19	00:03:49	02:50:28	00:03:00	02:21:04
4	GRABAREK KONRAD	620		WROCŁAW	POL	M-47		00:45:23	00:04:04	02:56:16	00:02:30	02:33:58
5	HAYES MARK	644	GREENWICH TRITONS	LONDON	GBR	M-47	GREENWICH TRITONS	00:51:32	00:05:32	03:07:54	00:02:59	02:27:34

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-48

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	HADASZ EWA	699	TRI&MORE	ZABRZE	POL	K-48		00:44:52	00:03:06	02:52:12	00:01:56	01:51:45

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-48

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	DĄBROWSKI DARIUSZ	708	ILABO RACING TEAM POWERED BY CTS	PIASECZNO	POL	M-48		00:30:13	00:02:01	02:21:38	00:01:40	01:36:25
2	CZERWIAKOWSKI SEBASTIAN	650		BYDGOSZCZ	POL	M-48		00:44:59	00:05:50	02:50:45	00:04:05	02:17:58
3	CYREK GRZEGORZ	614		KOSZYCE MAŁE	POL	M-48		00:59:53	00:06:34	02:38:24	00:03:04	02:03:46
4	KODZIS PIOTR	548		BOKSZE STARE	POL	M-48		00:54:11	00:06:14	03:16:04	00:04:14	01:55:24
5	GÓRSKI BARTOSZ	618		BYDGOSZCZ	POL	M-48		01:06:58	00:05:59	03:20:51	00:04:27	02:47:46

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-49

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	CICHONSKA-BAZAK MARZENA	576		ŻOŁĘDOWO	POL	K-49		00:52:12	00:03:23	02:53:36	00:02:33	01:56:58

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-49

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	JARMOSZEWICZ ŁUKASZ	522		TORUŃ	POL	M-49	TKT	00:43:17	00:03:11	02:33:45	00:02:31	01:57:28
2	SZYNALIK SŁAWOMIR	690	KIKATEAM	KRAKÓW	POL	M-49		00:40:15	00:03:17	02:37:08	00:04:16	01:59:48
3	JANKOWSKI TOMASZ	565	TRISPACE/TREK	BYDGOSZCZ	POL	M-49	TRISPACE/TREK	00:42:21	00:03:29	02:42:17	00:06:10	02:03:17
4	NOWICKI ADAM	553		BYDGOSZCZ	POL	M-49		00:44:48	00:02:35	02:43:38	00:02:40	02:26:27
5	ZAKRZEWSKI JAROSŁAW	591		BYDGOSZCZ	POL	M-49		00:49:23	00:02:51	02:41:56	00:02:33	02:16:20
6	SIUDA MAREK	585	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M-49		00:43:14	00:04:40	03:01:14	00:03:15	02:27:43
7	BINKOWSKI CZARUŚ	706	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M-49		01:01:52	00:06:53	03:32:24	00:03:48	03:01:36

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-50

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	KONIECZNY MARCIN	501	K.S. NIEMANIEMOGE	OLSZTYN	POL	M-50		00:33:21	00:01:53	02:17:42	00:01:37	01:22:00
2	SZCZERBA MACIEJ	519	TRITYTKA	NIEMCZ	POL	M-50		00:40:24	00:02:32	02:41:18	00:02:14	02:08:08
3	BUDZIŁO ADAM	561	PTT DELTA	PŁOCK	POL	M-50	PTT DELTA	00:40:29	00:04:25	02:47:22	00:02:40	01:58:41

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-51

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	GNIOT JACEK	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	GRUDZIĄDZ	POL	M-51	TRISPACE/TREK	00:44:48	00:02:06	02:28:04	00:02:00	01:38:39
2	BRYGIER JACEK	705	PTT DELTA	PŁOCK	POL	M-51	PTT DELTA	00:52:02	00:03:30	02:45:30	00:02:37	02:15:22
3	WRZOSEK JAROSŁAW	648		BYDGOSZCZ	POL	M-51		00:55:26	00:04:44	02:54:54	00:03:27	02:00:02

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-51 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
4	NURKIEWICZ JAROSŁAW	603	KUNG FU PANDY 3	BYDGOSZCZ	POL	M-51		00:57:16	00:02:20	03:05:45	00:04:36	02:20:15
	SOBCZAK MARCIN	592	SOBCZAKTEAM	RUMIA	POL	M-51		00:35:46 DNF	00:02:29	02:28:13	00:02:28	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-52

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	SZMIDT JANUSZ	688	TRINERGY	KATOWICE	POL	M-52		00:37:39	00:03:31	02:30:23	00:02:46	01:38:48
2	MULARCZYK JACEK	687	RUNPASSION TEAM	BORKOWO	POL	M-52		00:43:42	00:03:07	02:32:50	00:04:59	02:04:21
3	KĄTNIK JACEK	567	BUDINVEST	ŁOCHOWO	POL	M-52		00:54:16	00:02:46	02:34:24	00:01:44	01:46:56
4	NEBELING WOJCIECH	651		GDYNIA	POL	M-52		00:52:11	00:05:42	02:51:19	00:03:31	02:05:28

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-53

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	BURSKI PAWEŁ	632		ŁÓDŹ	POL	M-53		00:47:19	00:04:15	03:10:35	00:04:30	02:45:05
	ŁUCZAK PAWEŁ	526	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	M-53		00:46:57 DNF	00:02:20	02:44:06	00:02:38	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-55

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	NOSEK MACIEJ	628	TRIATHLON TEAM BOCHNIA	BOCHNIA	POL	M-55		00:42:22	00:02:11	02:25:26	00:02:26	01:55:08

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-56

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	WIŚNIEWSKI ZBIGNIEW	588	ROWEROWA BRZOZA	OLIMPIN	POL	M-56	ROWEROWA BRZOZA	00:48:24	00:05:39	02:58:08	00:03:59	02:25:48

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-58

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	WŁODARCZYK WOJCIECH	602	CZARNE STOPY	BYDGOSZCZ	POL	M-58		00:51:20	00:04:16	02:54:10	00:04:21	01:55:57

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-60

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MOSKAL ALEKSANDER MOSKAL	542		BORÓWNO	POL	M-60		00:44:14	00:03:52	02:54:53	00:02:51	02:38:07
2	KUBOWICZ PIOTR	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	BYDGOSZCZ	POL	M-60		01:07:15	00:05:51	03:04:04	00:05:54	02:33:00
3	GRAUL ROMUALD	686	UNITED GUITARS	DOBRCZ	POL	M-60		01:10:59	00:09:50	03:32:24	00:05:49	03:03:52

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-62

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	GRUBA JACEK	533	TRISPACE/TREK	BRZOZA	POL	M-62	TRISPACE/TREK	00:50:12	00:03:54	03:00:25	00:02:41	02:19:17

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-65

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	BEDYK IRENEUSZ	506	PTT DELTA	CEKANOWO	POL	M-65	PTT DELTA	00:57:31	00:04:23	02:57:48	00:02:30	02:01:04

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-67

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna 1	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
	KIRKLAND JIM	19	GREENWICH TRITONS	ORPINGTON	GBR	M-67	GREENWICH TRITONS	00:59:42 DNF	00:09:04		00:00:00	00:00:00