

## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM

Organizator: APS AGENCY Sp. z o.o. Sp. K  
 Data: 2022-08-28  
 Miejsce: Kalisz  
 Dystans: 56,5 km  
 Klasyfikacja wg czasów netto.



## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
1	TOCHOWICZ KASPER	107	TRIWISE	GOLESZÓW	POL	M 19-29	1	M 1	00:14:13 (1)	00:00:00	00:37:08 (3)	00:01:00	00:37:08 (3)	01:52:17.45
2	GAJ PRZEMYSŁAW	234	KAZIKI TRI	KONIN	POL	M 19-29	2	M 2	00:16:19 (3)	00:00:00	01:07:14 (5)	00:00:47	00:35:38 (2)	01:59:58.00
3	OLSZEWSKI ALEKSANDER	196	TRINERGY	WROCŁAW	POL	M 30-39	1	M 3	00:16:23 (4)	00:00:00	01:06:10 (2)	00:01:06	00:38:16 (7)	02:01:55.60
4	BIRECKI JAKUB	205	RUNANDTRI.PL	OPOLE	POL	M 30-39	2	M 4	00:16:46 (7)	00:00:00	01:06:32 (3)	00:00:58	00:38:01 (6)	02:02:17.90
5	KOŁODZIEJCZAK FILIP	89	IM INSPIRATION	BRZĘZINY	POL	M 19-29	3	M 5	00:14:52 (2)	00:00:00	01:06:49 (4)	00:00:57	00:43:09 (18)	02:05:47.40
6	KARCH TOMASZ	216	ŻELAZNA ŚWIDNICA	ŚWIEBODZICE	POL	M 40-49	1	M 6	00:16:29 (5)	00:00:00	01:11:31 (14)	00:01:20	00:37:32 (5)	02:06:52.55
7	JACKOWIAK PIOTR	142	SZTUKA RUCHU	BRZEG	POL	M 30-39	3	M 7	00:16:47 (8)	00:00:00	01:07:17 (6)	00:00:57	00:42:12 (13)	02:07:13.65
8	BANASZEWSKI WOJCIECH	190		WROCŁAW	POL	M 40-49	2	M 8	00:18:01 (16)	00:00:00	01:09:06 (11)	00:01:13	00:40:17 (10)	02:08:37.70
9	WOJCIESZKO PIOTR	38	CHMURA COACHING	WROCŁAW	POL	M 40-49	3	M 9	00:18:43 (23)	00:00:00	01:09:31 (12)	00:00:56	00:40:13 (9)	02:09:23.65
10	GOŁYS GRZEGORZ	42	ANIA HALSKA COACHING	KNURÓW	POL	M 19-29	4	M 10	00:18:31 (20)	00:00:00	01:09:00 (10)	00:01:16	00:40:56 (11)	02:09:43.80
11	BIELICKI BARTOSZ	177	RUNNING TEAM MILICZ	MILICZ	POL	M 40-49	4	M 11	00:19:37 (35)	00:00:00	01:12:01 (16)	00:01:00	00:38:29 (8)	02:11:07.20
12	MICHNIEWICZ MACIEJ	14	EUROVENT ATHLETICS	OPOLE	POL	M 40-49	5	M 12	00:17:09 (12)	00:00:00	01:11:38 (15)	00:00:51	00:41:41 (12)	02:11:19.30
13	PAŁYSA MAREK	27	TRI NEGU	DAWIDY BANKOWE	POL	M 40-49	6	M 13	00:16:51 (10)	00:00:00	01:07:53 (7)	00:01:14	00:47:02 (58)	02:13:00.75
14	CHATIAN ADAM	188		OSTRÓW WIELKOPOLSKI	POL	M 19-29	5	M 14	00:18:58 (27)	00:00:00	01:08:58 (9)	00:01:24	00:43:48 (24)	02:13:08.25
15	DOMINO KRYSZTOF	5	GVT	GŁOGÓW	POL	M 40-49	7	M 15	00:18:54 (25)	00:00:00	01:08:23 (8)	00:01:04	00:45:05 (36)	02:13:26.80
16	JAGIELSKI ŁUKASZ	2	JAGIELSKI TEAM	POZNAŃ	POL	M 30-39	4	M 16	00:17:54 (15)	00:00:00	01:12:48 (21)	00:00:59	00:43:32 (21)	02:15:13.85
17	TIDE KRZYSZTOF	7		ŻORY	POL	M 19-29	6	M 17	00:17:07 (11)	00:00:00	01:14:15 (38)	00:00:56	00:43:11 (19)	02:15:29.05
18	WYSOCZAŃSKI PAWEŁ	46	TRI GRANDA WOŁÓW / PCC SQUAD	WOŁÓW	POL	M 30-39	5	M 18	00:17:44 (14)	00:00:00	01:12:49 (22)	00:00:48	00:44:23 (29)	02:15:44.10
19	LECH MIROSLAW	225		BRZEG	POL	M 30-39	6	M 19	00:18:04 (17)	00:00:00	01:12:14 (18)	00:01:30	00:46:41 (50)	02:18:29.25
20	CEDROWSKI DANIEL	68		WROCŁAW	POL	M 19-29	7	M 20	00:21:56 (67)	00:00:00	01:10:48 (13)	00:01:21	00:44:41 (33)	02:18:46.85
21	KUŹNIAK JAN	236	7PRO_TEAM	WŁÓKI	POL	M 30-39	7	M 21	00:21:41 (61)	00:00:00	01:13:37 (30)	00:01:37	00:42:38 (14)	02:19:33.25
22	ZWIERZ KRZYSZTOF	94		OPOLE	POL	M 40-49	8	M 22	00:19:19 (30)	00:00:00	01:15:16 (48)	00:02:24	00:42:41 (15)	02:19:40.55
23	WŁODARCZAK MARCIN	40	HELIOS CZEMPIŃ TEAM	CZEMPIŃ	POL	M 40-49	9	M 23	00:22:14 (73)	00:00:00	01:12:02 (17)	00:01:01	00:45:19 (38)	02:20:36.75
24	FRYSKE BARTOSZ	82		WĄGROWIEC	POL	M 30-39	8	M 24	00:23:24 (95)	00:00:00	01:12:25 (19)	00:00:58	00:43:58 (25)	02:20:45.45
25	WRÓBLEWSKI PIOTR	175	LITWIN SPORTS	KRZYŻANOWICE	POL	M 30-39	9	M 25	00:24:02 (108)	00:00:00	01:12:51 (23)	00:00:58	00:43:02 (17)	02:20:53.65
26	KORNES JANUSZ	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	SOSNOWIEC	POL	M 50-59	1	M 26	00:16:47 (9)	00:00:00	01:14:15 (37)	00:01:11	00:48:43 (83)	02:20:56.20
27	TOMASZEWSKI MATEUSZ	217		WROCŁAW	POL	M 40-49	10	M 27	00:20:03 (39)	00:00:00	01:14:59 (46)	00:01:10	00:44:54 (35)	02:21:06.20
28	HYHS JAN	113	AUGUSTYNIAK TRIATHLON TEAM	OSTRÓW WIELKOPOLSKI	POL	M 30-39	10	M 28	00:22:18 (75)	00:00:00	01:13:17 (27)	00:01:48	00:44:01 (26)	02:21:24.65
29	KARGOL PAWEŁ	164		OLEŚNICA	POL	M 40-49	11	M 29	00:20:13 (42)	00:00:00	01:13:14 (26)	00:00:52	00:47:11 (61)	02:21:30.40
30	ZAWADZKI PAWEŁ	19	BPM STUDIO TEAM	KALISZ	POL	M 30-39	11	M 30	00:21:41 (60)	00:00:00	01:13:08 (25)	00:01:16	00:45:48 (42)	02:21:53.85
31	BIELAK ARTUR	139	KAZIKI / ATAK NA TRIATHLON	KALISZ	POL	M 40-49	12	M 31	00:19:17 (29)	00:00:00	01:14:21 (40)	00:01:23	00:46:57 (56)	02:21:58.15
32	SZEWCZYK ROBERT	219		JAROCIN	POL	M 40-49	13	M 32	00:20:06 (40)	00:00:00	01:15:13 (47)	00:00:52	00:46:01 (44)	02:22:12.50
33	DUDELA ADRIAN	207	KAZIKI	WARSZAWA	POL	M 40-49	14	M 33	00:21:51 (65)	00:00:00	01:14:12 (36)	00:02:03	00:44:12 (28)	02:22:18.70
34	BEDNARCYK ROBERT	32	DIAKONOWBEDNARCYK.PL	WARSZAWA	POL	M 30-39	12	M 34	00:24:32 (118)	00:00:00	01:14:01 (35)	00:01:21	00:43:01 (16)	02:22:55.95
35	MOGA PIOTR	154	SPARTA ULTRA TEAM	BARANÓW	POL	M 30-39	13	M 35	00:18:21 (19)	00:00:00	01:13:48 (31)	00:01:03	00:49:45 (94)	02:22:57.45
36	ROMANOWSKI PIOTR	9	TIETO TRIATHLON TEAM	WYSOKA	POL	M 30-39	14	M 36	00:22:53 (84)	00:00:00	01:15:38 (51)	00:01:42	00:43:29 (20)	02:23:42.40
37	SROGA MACIEJ	218	GT KONA	NAMYSŁÓW	POL	M 30-39	15	M 37	00:23:10 (88)	00:00:00	01:13:57 (34)	00:01:08	00:46:23 (48)	02:24:38.85
38	NAJGEBAUER ŁUKASZ	11	FF INWESTYCJE	OPOLE	POL	M 30-39	16	M 38	00:20:09 (41)	00:00:00	01:17:34 (64)	00:01:22	00:45:35 (41)	02:24:40.95
39	SZCZERBAKOWSKI BARTOSZ	1		WROCŁAW	POL	M 40-49	15	M 39	00:21:33 (58)	00:00:00	01:13:56 (33)	00:01:46	00:47:33 (68)	02:24:48.25
40	SIERADZAN GRZEGORZ	72		OLEŚNICA	POL	M 40-49	16	M 40	00:21:35 (59)	00:00:00	01:13:55 (32)	00:01:27	00:48:05 (76)	02:25:02.65
41	CZAPLA ŁUKASZ	264	TRICERATOPS	TYCHY	POL	M 40-49	17	M 41	00:21:57 (69)	00:00:00	01:17:14 (63)	00:01:28	00:44:31 (31)	02:25:10.60
42	DWOJAK MARCIN	179	BMW SMORAWIŃSKI	PRZĘMIEROWO	POL	M 40-49	18	M 42	00:17:15 (13)	00:00:00	01:18:37 (75)	00:01:26	00:48:01 (75)	02:25:19.25
43	PILARCZYK BARTEK	63		OSTRÓW WLKP	POL	M 40-49	19	M 43	00:20:00 (37)	00:00:00	01:16:14 (58)	00:01:43	00:47:25 (66)	02:25:22.10
44	BOCIEK PIOTR	168		GUBIN	POL	M 30-39	17	M 44	00:26:47 (149)	00:00:00	01:12:52 (24)	00:01:15	00:44:32 (32)	02:25:26.90







**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
211	BIAŁOGÓROW MARCIN	78		ŁÓDŹ	POL	M 30-39	66	M 196	00:34:04 (203)	00:00:00	01:43:10 (212)	00:02:20	01:13:07 (213)	03:32:41.50
212	JANIGA-BEDNARZ ALEKSANDRA	156		ZIEMNICE	POL	K 30-39	7	K 16	00:57:47 (215)	00:00:00	01:35:17 (198)	00:02:09	00:59:43 (179)	03:34:56.30
213	GADZINOWSKI ŁUKASZ	140		KOŚCIELNA WIEŚ	POL	M 40-49	88	M 197	00:37:56 (207)	00:00:00	01:51:58 (216)	00:02:49	01:02:54 (190)	03:35:37.40
214	STASZAK AGNIESZKA	261		ZAKRZEWO		K 40-49	6	K 17	00:33:58 (201)	00:00:00	01:46:10 (214)	00:02:00	01:14:36 (214)	03:36:44.60
215	ŚMIECH MARIUSZ	114		KRAKÓW	POL	M 40-49	89	M 198	00:47:26 (212)	00:00:00	01:41:51 (210)	00:02:36	01:06:10 (198)	03:38:03.75
216	OLEJNICZAK WITOLD	245		DOBROSZYCE		M 70+	1	M 199	00:53:23 (214)	00:00:00	01:37:18 (205)	00:02:23	01:08:43 (205)	03:41:47.20
217	GAŁĄŻKA ŁUKASZ	228	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	22	M 200	01:09:19 (217)	00:00:00	01:36:18 (201)	00:02:34	00:57:24 (169)	03:45:35.40
	WILK KAROL	41		LAMKI	POL	M 40-49			01:11:37 DNF (218)	00:00:00		00:00:00	00:00:00 ()	DNF

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
1	RADOMSKA KAROLINA	248		KALISZ		K 40-49	1	K 1	00:19:27	00:00:00	01:23:39	00:01:36	00:50:58	02:35:40.95
2	GAŚSIOR OLIWIA	167	TRIATHLONOWA LEGNICA	LEGNICA	POL	K 20-29	1	K 2	00:16:36	00:00:00	01:25:41	00:01:29	00:55:46	02:39:32.95
3	PAŁYSA JOANNA	55	TRI NEGU	DAWIDY BANKOWE	POL	K 40-49	2	K 3	00:27:08	00:00:00	01:21:15	00:01:48	00:52:21	02:42:32.25
4	WODICZKO WERONIKA	62	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	1	K 4	00:23:14	00:00:00	01:24:41	00:01:07	00:54:41	02:43:43.60
5	TOMCZYK ELŻBIETA	60	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	2	K 5	00:22:29	00:00:00	01:24:59	00:01:26	00:57:06	02:46:00.90
6	HANDZLIK KINGA	253	LABO SPORT TEAM	OLEŚNICA		K 20-29	2	K 6	00:32:43	00:00:00	01:27:24	00:01:41	00:45:33	02:47:21.05
7	PROSOWIECKA SMAK KATARZYNA	106		OPOLE	POL	K 40-49	3	K 7	00:27:29	00:00:00	01:26:02	00:02:40	00:52:24	02:48:35.25
8	SZYMANOWSKA MARTA	45	SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU	KALISZ	POL	K 30-39	3	K 8	00:26:12	00:00:00	01:30:33	00:01:46	00:53:42	02:52:13.80
9	JASINSKA BEATA	238	BULLET TEAM	PIESZYCE	POL	K 40-49	4	K 9	00:25:55	00:00:00	01:33:09	00:01:33	00:52:12	02:52:49.75
10	PIETRUSIAK WIKTORIA	65	ZDUN TRIATHLON TEAM	KALISZ	POL	K 20-29	3	K 10	00:21:09	00:00:00	01:33:26	00:01:28	00:58:24	02:54:27.35
11	SZAGUN AGNIESZKA	260		POZNAŃ		K 30-39	4	K 11	00:23:35	00:00:00	01:30:04	00:01:49	01:00:02	02:55:30.85
12	HOWANIEC AGATA	80	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	K 30-39	5	K 12	00:30:17	00:00:00	01:34:59	00:01:14	00:55:37	03:02:07.85
13	CICHOŃ MAGDALENA	258		OPOLE		K 40-49	5	K 13	00:33:09	00:00:00	01:35:38	00:02:19	00:51:16	03:02:22.50
14	CIESIELSKA EWA	61	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	6	K 14	00:24:40	00:00:00	01:36:30	00:01:53	01:06:10	03:09:13.35
15	DOMINIK ZUZANNA	159		OSTRZESZÓW	POL	K 20-29	4	K 15	00:22:43	00:00:00	01:42:23	00:01:17	01:04:17	03:10:40.20
16	JANIGA-BEDNARZ ALEKSANDRA	156		ZIEMNICE	POL	K 30-39	7	K 16	00:57:47	00:00:00	01:35:17	00:02:09	00:59:43	03:34:56.30
17	STASZAK AGNIESZKA	261		ZAKRZEWO		K 40-49	6	K 17	00:33:58	00:00:00	01:46:10	00:02:00	01:14:36	03:36:44.60

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
1	TOCHOWICZ KASPER	107	TRIWISE	GOLESZÓW	POL	M 19-29	1	M 1	00:14:13	00:00:00	00:59:56	00:01:00	00:37:08	01:52:17.45
2	GAJ PRZEMYSŁAW	234	KAZIKI TRI	KONIN	POL	M 19-29	2	M 2	00:16:19	00:00:00	01:07:14	00:00:47	00:35:38	01:59:58.00
3	OLSZEWSKI ALEKSANDER	196	TRINERGY	WROCŁAW	POL	M 30-39	1	M 3	00:16:23	00:00:00	01:06:10	00:01:06	00:38:16	02:01:55.60
4	BIRECKI JAKUB	205	RUNANDTRI.PL	OPOLE	POL	M 30-39	2	M 4	00:16:46	00:00:00	01:06:32	00:00:58	00:38:01	02:02:17.90
5	KOŁODZIEJCZAK FILIP	89	IM INSPIRATION	BRZĘZINY	POL	M 19-29	3	M 5	00:14:52	00:00:00	01:06:49	00:00:57	00:43:09	02:05:47.40
6	KARCH TOMASZ	216	ŻELAZNA ŚWIDNICA	ŚWIEBODZICE	POL	M 40-49	1	M 6	00:16:29	00:00:00	01:11:31	00:01:20	00:37:32	02:06:52.55
7	JACKOWIAK PIOTR	142	SZTUKA RUCHU	BRZEG	POL	M 30-39	3	M 7	00:16:47	00:00:00	01:07:17	00:00:57	00:42:12	02:07:13.65
8	BANASZEWSKI WOJCIECH	190		WROCŁAW	POL	M 40-49	2	M 8	00:18:01	00:00:00	01:09:06	00:01:13	00:40:17	02:08:37.70
9	WOJCIESZKO PIOTR	38	CHMURA COACHING	WROCŁAW	POL	M 40-49	3	M 9	00:18:43	00:00:00	01:09:31	00:00:56	00:40:13	02:09:23.65
10	GOŁYŚ GRZEGORZ	42	ANIA HALSKA COACHING	KNURÓW	POL	M 19-29	4	M 10	00:18:31	00:00:00	01:09:00	00:01:16	00:40:56	02:09:43.80
11	BIELICKI BARTOSZ	177	RUNNING TEAM MILICZ	MILICZ	POL	M 40-49	4	M 11	00:19:37	00:00:00	01:12:01	00:01:00	00:38:29	02:11:07.20
12	MICHNIEWICZ MACIEJ	14	EUROVENT ATHLETICS	OPOLE	POL	M 40-49	5	M 12	00:17:09	00:00:00	01:11:38	00:00:51	00:41:41	02:11:19.30
13	PAŁYSA MAREK	27	TRI NEGU	DAWIDY BANKOWE	POL	M 40-49	6	M 13	00:16:51	00:00:00	01:07:53	00:01:14	00:47:02	02:13:00.75
14	CHATIAN ADAM	188		OSTRÓW WIELKOPOLSKI	POL	M 19-29	5	M 14	00:18:58	00:00:00	01:08:58	00:01:24	00:43:48	02:13:08.25
15	DOMINO KRYSZTIAN	5	GVT	GŁOGÓW	POL	M 40-49	7	M 15	00:18:54	00:00:00	01:08:23	00:01:04	00:45:05	02:13:26.80

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto	
									0.95km	45km		10.55km			
16	JAGIELSKI ŁUKASZ	2	JAGIELSKI TEAM	POZNAŃ	POL	M 30-39	4	M 16	00:17:54	00:00:00	01:12:48	00:00:59	00:43:32	02:15:13.85	
17	TIDE KRZYSZTOF	7		ŻORY	POL	M 19-29	6	M 17	00:17:07	00:00:00	01:14:15	00:00:56	00:43:11	02:15:29.05	
18	WYSOCZAŃSKI PAWEŁ	46	TRI GRANDA WOŁÓW / PCC SQUAD	WOŁÓW	POL	M 30-39	5	M 18	00:17:44	00:00:00	01:12:49	00:00:48	00:44:23	02:15:44.10	
19	LECH MIROSŁAW	225		BRZEG	POL	M 30-39	6	M 19	00:18:04	00:00:00	01:12:14	00:01:30	00:46:41	02:18:29.25	
20	CEDROWSKI DANIEL	68		WROCŁAW	POL	M 19-29	7	M 20	00:21:56	00:00:00	01:10:48	00:01:21	00:44:41	02:18:46.85	
21	KUŹNIAK JAN	236	7PRO_TEAM	WŁÓKI	POL	M 30-39	7	M 21	00:21:41	00:00:00	01:13:37	00:01:37	00:42:38	02:19:33.25	
22	ZWIERZ KRZYSZTOF	94		OPOLE	POL	M 40-49	8	M 22	00:19:19	00:00:00	01:15:16	00:02:24	00:42:41	02:19:40.55	
23	WŁODARCZAK MARCIN	40	HELIOS CZEMPIŃ TEAM	CZEMPIŃ	POL	M 40-49	9	M 23	00:22:14	00:00:00	01:12:02	00:01:01	00:45:19	02:20:36.75	
24	FRYSKE BARTOSZ	82		WĄGROWIEC	POL	M 30-39	8	M 24	00:23:24	00:00:00	01:12:25	00:00:58	00:43:58	02:20:45.45	
25	WRÓBLEWSKI PIOTR	175	LITWIN SPORTS	KRZYŻANOWICE	POL	M 30-39	9	M 25	00:24:02	00:00:00	01:12:51	00:00:58	00:43:02	02:20:53.65	
26	KORNES JANUSZ	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	SOSNOWIEC	POL	M 50-59	1	M 26	00:16:47	00:00:00	01:14:15	00:01:11	00:48:43	02:20:56.20	
27	TOMASZEWSKI MATEUSZ	217		WROCŁAW	POL	M 40-49	10	M 27	00:20:03	00:00:00	01:14:59	00:01:10	00:44:54	02:21:06.20	
28	HYHS JAN	113	AUGUSTYNIAK TRIATHLON TEAM	OSTRÓW WIELKOPOLSKI	POL	M 30-39	10	M 28	00:22:18	00:00:00	01:13:17	00:01:48	00:44:01	02:21:24.65	
29	KARGOL PAWEŁ	164		OLEŚNICA	POL	M 40-49	11	M 29	00:20:13	00:00:00	01:13:14	00:00:52	00:47:11	02:21:30.40	
30	ZAWADZKI PAWEŁ	19	BPM STUDIO TEAM	KALISZ	POL	M 30-39	11	M 30	00:21:41	00:00:00	01:13:08	00:01:16	00:45:48	02:21:53.85	
31	BIELAK ARTUR	139	KAZIKI / ATAK NA TRIATHLON	KALISZ	POL	M 40-49	12	M 31	00:19:17	00:00:00	01:14:21	00:01:23	00:46:57	02:21:58.15	
32	SZEWCZYK ROBERT	219		JAROCIN	POL	M 40-49	13	M 32	00:20:06	00:00:00	01:15:13	00:00:52	00:46:01	02:22:12.50	
33	DUDELA ADRIAN	207	KAZIKI	WARSZAWA	POL	M 40-49	14	M 33	00:21:51	00:00:00	01:14:12	00:02:03	00:44:12	02:22:18.70	
34	BEDNARCZYK ROBERT	32	DIAKONOWBEDNARCZYK.PL	WARSZAWA	POL	M 30-39	12	M 34	00:24:32	00:00:00	01:14:01	00:01:21	00:43:01	02:22:55.95	
35	MOGA PIOTR	154	SPARTA ULTRA TEAM	BARANÓW	POL	M 30-39	13	M 35	00:18:21	00:00:00	01:13:48	00:01:03	00:49:45	02:22:57.45	
36	ROMANOWSKI PIOTR	9	TIETO TRIATHLON TEAM	WYSOKA	POL	M 30-39	14	M 36	00:22:53	00:00:00	01:15:38	00:01:42	00:43:29	02:23:42.40	
37	SROGA MACIEJ	218	GT KONA	NAMYŚLÓW	POL	M 30-39	15	M 37	00:23:10	00:00:00	01:13:57	00:01:08	00:46:23	02:24:38.85	
38	NAJGEBAUER ŁUKASZ	11	FF INWESTYCJE	OPOLE	POL	M 30-39	16	M 38	00:20:09	00:00:00	01:17:34	00:01:22	00:45:35	02:24:40.95	
39	SZCZERBAKOWSKI BARTOSZ	1		WROCŁAW	POL	M 40-49	15	M 39	00:21:33	00:00:00	01:13:56	00:01:46	00:47:33	02:24:48.25	
40	SIERADZAN GRZEGORZ	72		OLEŚNICA	POL	M 40-49	16	M 40	00:21:35	00:00:00	01:13:55	00:01:27	00:48:05	02:25:02.65	
41	CZAPLA ŁUKASZ	264	TRICERATOPS	TYCHY		M 40-49	17	M 41	00:21:57	00:00:00	01:17:14	00:01:28	00:44:31	02:25:10.60	
42	DWOJAK MARCIN	179	BMW SMORAWIŃSKI	PRZEŹMIEROWO	POL	M 40-49	18	M 42	00:17:15	00:00:00	01:18:37	00:01:26	00:48:01	02:25:19.25	
43	PILARCZYK BARTEK	63		OSTRÓW WLKP	POL	M 40-49	19	M 43	00:20:00	00:00:00	01:16:14	00:01:43	00:47:25	02:25:22.10	
44	BOCIEK PIOTR	168		GUBIN	POL	M 30-39	17	M 44	00:26:47	00:00:00	01:12:52	00:01:15	00:44:32	02:25:26.90	
45	KASPRZAK JACEK	200		KROTOSZYN	POL	M 40-49	20	M 45	00:19:06	00:00:00	01:14:59	00:01:13	00:50:11	02:25:29.80	
46	KUBIAK PRZEMYSŁAW	254		WILCZYCE		M 50-59	2	M 46	00:21:30	00:00:00	01:14:17	00:01:49	00:48:11	02:25:47.20	
47	SZUŁAWA MARCIN	239		ZDUNY	POL	M 40-49	21	M 47	00:23:42	00:00:00	01:14:25	00:01:49	00:46:15	02:26:11.05	
48	SZYNALIK SŁAWOMIR	133	KIKATEAM	KRAKÓW	POL	M 40-49	22	M 48	00:20:54	00:00:00	01:16:32	00:02:03	00:46:47	02:26:16.50	
49	WOJNAROWSKI ADAM	53	TRITON KONIN	BRANNO	POL	M 40-49	22	M 48	00:20:24	00:00:00	01:13:23	00:01:26	00:51:03	02:26:16.50	
50	CECHOWSKI PIOTR	20	BEDNARSKI TRI TEAM	BURZENIN	POL	M 40-49	24	M 50	00:22:36	00:00:00	01:15:47	00:01:14	00:46:52	02:26:29.80	
51	KĄŻMIERCZAK JAN	86		POZNAŃ	POL	M 19-29	8	M 51	00:20:50	00:00:00	01:20:33	00:01:00	00:44:30	02:26:53.00	
52	SKIBA GRZEGORZ	98	TRICERATOPS	TYCHY	POL	M 40-49	25	M 52	00:25:03	00:00:00	01:13:37	00:01:34	00:46:50	02:27:04.75	
53	STODÓŁKA SZYMON	15	LENIWIEC	WILCZYCE	POL	M 30-39	18	M 53	00:21:17	00:00:00	01:12:35	00:01:15	00:52:07	02:27:14.15	
54	SMORAWIŃSKI WOJTEK	178	BMW SMORAWIŃSKI	POKRZYWNICA	POL	M 40-49	26	M 54	00:18:41	00:00:00	01:18:30	00:01:16	00:49:13	02:27:40.15	
55	PAKUŁSKI MARCIN	169	NAGEL GROUP	WARSZAWA	POL	M 30-39	19	M 55	00:22:43	00:00:00	01:15:19	00:01:08	00:48:41	02:27:51.85	
56	BURZAWA GRZEGORZ	111	WARSZTAT FORMY	TYCHY	POL	M 40-49	27	M 56	00:21:28	00:00:00	01:18:31	00:01:50	00:46:03	02:27:52.65	
57	DROZDEK ŁUKASZ	96	TRICERATOPS	TYCHY	POL	M 40-49	28	M 57	00:24:38	00:00:00	01:18:35	00:01:35	00:43:40	02:28:28.40	
58	NASKRĘTSKI ANDRZEJ	255	TRIMP	KRĘPICE		M 40-49	29	M 58	00:22:17	00:00:00	01:16:15	00:01:08	00:48:52	02:28:32.50	
59	GŁUCHOWSKI PRZEMEK	221		ŻYCHLIN	POL	M 40-49	30	M 59	00:23:56	00:00:00	01:15:56	00:01:43	00:47:07	02:28:42.30	
60	ZAKRZEWSKI MICHAŁ	134	SNG WILD DUCKS	ŁÓDŹ	POL	M 40-49	31	M 60	00:22:06	00:00:00	01:14:25	00:02:02	00:50:27	02:29:00.45	
61	URBANIAK KRYSZTOF	231		KROTOSZYN	POL	M 19-29	9	M 61	00:18:20	00:00:00	01:18:24	00:01:37	00:50:51	02:29:12.30	
62	TOKAREK MAREK	206		POZNAŃ	POL	M 40-49	32	M 62	00:19:19	00:00:00	01:18:13	00:01:29	00:50:17	02:29:18.05	
63	STANKIEWICZ JAKUB	36	ZDUN TRIATLON TEAM	KOŚCIELNA WIEŚ	POL	M 40-49	33	M 63	00:21:50	00:00:00	01:19:18	00:01:53	00:47:17	02:30:18.60	
64	PLÓCIENNIK HUBERT	64		RADŁÓW	POL	M 19-29	10	M 64	00:24:39	00:00:00	01:14:41	00:01:55	00:49:16	02:30:31.55	
65	PIETRZAK ROMEK	174	SKS OBORNKI	RAKOWNIA	POL	M 50-59	3	M 65	00:21:22	00:00:00	01:18:47	00:01:42	00:48:49	02:30:40.80	
66	SZYMCZAK PIOTR	191	BRANNO	BRANNO	POL	M 40-49	34	M 66	00:23:37	00:00:00	01:15:54	00:01:20	00:49:53	02:30:44.90	
67	PLUTA JAKUB	194	SWIMMINGLAB	CHRZĄSTAWA MAŁA	POL	M 30-39	20	M 67	00:18:42	00:00:00	01:23:00	00:01:38	00:47:50	02:31:10.10	
68	JASZCZYK ANDRZEJ	166	SSW TEAM KRÓSNICE	WIERZCHOWICE	POL	M 30-39	21	M 68	00:21:55	00:00:00	01:20:13	00:02:03	00:47:01	02:31:12.50	
69	PASTUSZAK KRZYSZTOF	171	TRITIM	OSTROWWLKP	POL	M 60-69	1	M 69	00:22:54	00:00:00	01:17:43	00:01:21	00:49:22	02:31:20.35	
70	BIAŁEK SEBASTIAN	250		SZAŁE		M 40-49	35	M 70	00:24:02	00:00:00	01:15:52	00:01:09	00:50:22	02:31:25.15	

## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
71	KAŁUŻNY ADAM	246		POZNAŃ		M 40-49	36	M 71	00:23:00	00:00:00	01:21:15	00:00:58	00:46:15	02:31:28.30
72	KALISKI PIOTR	99		WROCŁAW	POL	M 40-49	37	M 72	00:21:31	00:00:00	01:19:43	00:01:16	00:48:58	02:31:28.45
73	WIECZOREK RAFAŁ	195		NADOLICE WIELKIE	POL	M 30-39	22	M 73	00:22:13	00:00:00	01:17:02	00:02:01	00:50:56	02:32:12.55
74	SKUBISZ KRZYSZTOF	104	LITWIN SPORTS	KALISZ	POL	M 30-39	23	M 74	00:24:01	00:00:00	01:17:45	00:01:11	00:49:20	02:32:17.95
75	MRUK KRZYSZTOF	56	ZDUN TRIATHLON TEAM	BLASZKI	POL	M 19-29	11	M 75	00:27:06	00:00:00	01:20:01	00:01:43	00:43:34	02:32:24.05
76	BRYŁOWSKI MARCIN	35	NIEMAZAPÓŻNO BRANDBULL JEMAR	KALISZ	POL	M 40-49	38	M 76	00:23:24	00:00:00	01:19:53	00:01:41	00:47:35	02:32:33.45
77	GROBELNY PIOTR	127		KROTOSZYN	POL	M 30-39	24	M 77	00:21:44	00:00:00	01:18:23	00:01:55	00:50:57	02:32:59.80
78	GRODOMIŃSKI HUBERT	47	TRI FOR ME	KŁODAWA	POL	M 40-49	39	M 78	00:24:26	00:00:00	01:15:45	00:02:24	00:50:28	02:33:03.60
79	KUREK GRZEGORZ	183		RĄBIEŃ AB	POL	M 40-49	40	M 79	00:19:32	00:00:00	01:21:17	00:01:41	00:52:10	02:34:40.00
80	MALYS KRZYSZTOF	17	KP PSP OLEŚNICA	SYCÓW	POL	M 30-39	25	M 80	00:25:03	00:00:00	01:18:41	00:01:39	00:49:29	02:34:52.95
81	KACZURBA WITOLD	157	KB SOBÓTKA	WROCŁAW	POL	M 30-39	26	M 81	00:28:36	00:00:00	01:19:02	00:02:10	00:45:10	02:34:58.15
82	BIRECKI WAĆŁAW	150	RUN AND TRI/GT KONA	OPOLE	POL	M 60-69	2	M 82	00:21:13	00:00:00	01:17:47	00:01:47	00:54:19	02:35:06.25
83	JARCZEWSKI DOMINIK	48		KALISZ	POL	M 40-49	41	M 83	00:27:00	00:00:00	01:19:02	00:02:03	00:47:13	02:35:18.00
84	PLEWA ŁUKASZ	88	RUN&BIKE STARY SIELEC	STARY SIELEC	POL	M 30-39	27	M 84	00:28:48	00:00:00	01:21:39	00:00:56	00:44:02	02:35:25.65
85	LOSTER WOJCIECH	230	HEINEKEN KRAKÓW	KRAKOW	POL	M 30-39	28	M 85	00:18:58	00:00:00	01:23:26	00:01:02	00:52:03	02:35:29.00
86	KOWALSKI MARCIN	93	TRICERATOPS	TYCHY	POL	M 40-49	42	M 86	00:23:50	00:00:00	01:20:51	00:01:16	00:49:36	02:35:33.95
87	FIGIEL ARKADIUSZ	67	ARKADIUSZ FIGIEL PHU MAPPOL	KALISZ	POL	M 50-59	4	M 87	00:23:51	00:00:00	01:19:06	00:01:18	00:52:18	02:36:33.10
88	WOŹNIAK DARIUSZ	257		OSTRÓW WIELKOPOLSKI		M 40-49	43	M 88	00:23:11	00:00:00	01:18:54	00:01:45	00:52:50	02:36:40.90
89	LIZIK WALDEMAR	143	TRI POWER TEAM	POSADA	POL	M 50-59	5	M 89	00:21:29	00:00:00	01:25:27	00:01:52	00:48:11	02:36:59.95
90	NOWAK IWO	227		KOMORNIKI	POL	M 16-18	1	M 90	00:23:28	00:00:00	01:19:29	00:02:51	00:51:14	02:37:02.30
91	SZCZEPAŃSKI WOJCIECH	76	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30-39	29	M 91	00:23:11	00:00:00	01:26:56	00:01:08	00:45:50	02:37:05.00
92	MORAWSKI PIOTR	23	DRUŻYNA M	OŁAWA	POL	M 30-39	30	M 92	00:24:13	00:00:00	01:23:04	00:01:14	00:48:37	02:37:08.70
93	JUFFER ROBERT	211	TRIDIVISION	TARNOWSKIE GORY	POL	M 30-39	31	M 93	00:26:00	00:00:00	01:21:27	00:01:40	00:48:06	02:37:13.65
94	WIŚNIEWSKI JAN	212		OPATÓWEK	POL	M 50-59	6	M 94	00:21:57	00:00:00	01:15:55	00:02:21	00:57:01	02:37:14.00
95	PISAREK ŁUKASZ	120		ALEKSANDRÓW ŁÓDZKI	POL	M 40-49	44	M 95	00:20:47	00:00:00	01:19:11	00:00:56	00:56:28	02:37:22.60
96	DUDEK MARIUSZ	10		LUBIN	POL	M 30-39	32	M 96	00:20:03	00:00:00	01:22:34	00:01:32	00:53:52	02:38:01.65
97	MARCINKOWSKI PIOTR	108	OSW TRI TEAM	OSTRÓW WIELKOPOLSKI	POL	M 50-59	7	M 97	00:19:56	00:00:00	01:25:14	00:01:29	00:51:27	02:38:06.40
98	BACIK MATEUSZ	160		OSTRZESZÓW	POL	M 19-29	12	M 98	00:22:51	00:00:00	01:27:26	00:01:00	00:46:50	02:38:07.40
99	NOWAK KONRAD	172	MBC MACIEJ BODNAR COACHING	KROTOSZYN	POL	M 40-49	45	M 99	00:24:58	00:00:00	01:21:01	00:01:59	00:50:21	02:38:19.15
100	MARCZUK MIRON	193	NEON TEAM	WARSZAWA	POL	M 19-29	13	M 100	00:21:25	00:00:00	01:25:19	00:01:04	00:50:37	02:38:25.80
101	POPARDOWSKI JACEK	109	SOKÓŁ GŁUBCZYCE	OPOLE	POL	M 30-39	33	M 101	00:27:51	00:00:00	01:23:50	00:01:20	00:46:37	02:39:38.75
102	CHENCZKE DOMINIK	247	ZDUN TRIATHON TEAM	KOZMIŃEK	POL	M 40-49	46	M 102	00:24:21	00:00:00	01:18:45	00:00:58	00:55:37	02:39:41.75
103	BUCKI PRZEMEK	131		SZCZODRE	POL	M 40-49	47	M 103	00:25:03	00:00:00	01:22:18	00:01:42	00:51:09	02:40:12.10
104	BOROWIAK MARIUSZ	119	SZAŁOWE WĘDKOWANIE	JARY	POL	M 40-49	48	M 104	00:21:44	00:00:00	01:21:26	00:01:50	00:55:12	02:40:12.30
105	MUSIAŁ MATEUSZ	77	DOBRA ENERGIA	OLEŚNICA	POL	M 30-39	34	M 105	00:29:32	00:00:00	01:24:15	00:01:01	00:45:29	02:40:17.75
106	NAWROCKI ARKADIUSZ	130	POWOLI	STARA WIEŚ	POL	M 40-49	49	M 106	00:28:18	00:00:00	01:21:35	00:02:45	00:47:42	02:40:20.20
107	WITKOWSKI PIOTR	118	RUN AND BIKE STARY SIELEC	RAWICZ	POL	M 30-39	35	M 107	00:23:28	00:00:00	01:21:54	00:01:30	00:53:43	02:40:35.20
108	HUBAJ FRANCISZEK	91		MIĘKINIA	POL	M 16-18	2	M 108	00:22:28	00:00:00	01:23:06	00:01:00	00:54:14	02:40:48.05
109	WESOŁOWSKI PIOTR	165	WSTAWAJ I WALCZ	INOWROCŁAW	POL	M 40-49	50	M 109	00:37:54	00:00:00	01:31:38	00:02:08	00:29:30	02:41:10.75
110	URBAŃSKI PIOTR	26	BARAKUDA MASTERS	KALISZ	POL	M 40-49	51	M 110	00:28:48	00:00:00	01:23:28	00:01:23	00:47:32	02:41:11.15
111	RYBACKI PIOTR	146		TOPOLA MAŁA	POL	M 40-49	52	M 111	00:22:51	00:00:00	01:19:40	00:01:41	00:57:20	02:41:32.40
112	CZYŻEWSKI MARIUSZ	210	PIÓRKI	ZŁOTNIKI KUJAWSKIE	POL	M 30-39	36	M 112	00:26:23	00:00:00	01:25:52	00:02:15	00:47:19	02:41:49.60
113	ŚLIWA BOGUMIŁ	128		KALISZ	POL	M 30-39	37	M 113	00:23:36	00:00:00	01:24:03	00:02:33	00:51:54	02:42:06.30
114	TUCKI CYPRIAN	110	PSZCZYŃSKI ORZEŁ	PSZCZYNA	POL	M 30-39	38	M 114	00:29:01	00:00:00	01:21:54	00:01:27	00:49:47	02:42:09.10
115	POWROŹNIK DAWID	223		KALISZ	POL	M 30-39	39	M 115	00:24:40	00:00:00	01:17:55	00:02:19	00:57:17	02:42:11.35
116	RABĘCKI PIOTR	58	CYKLOMANIACY	ŁÓDŹ	POL	M 40-49	53	M 116	00:26:10	00:00:00	01:15:21	00:01:00	00:59:47	02:42:18.10
117	SULKOWSKI PIOTR	59	OKUCHNIE.PL	SZCZYTNIKI	POL	M 40-49	54	M 117	00:27:12	00:00:00	01:25:34	00:01:41	00:48:01	02:42:28.25
118	ADANSKI SŁAWOMIR	39		PŁOCK	POL	M 50-59	8	M 118	00:26:06	00:00:00	01:19:35	00:01:38	00:55:15	02:42:34.90
119	KONARSKI ROBERT	25		KROTOSZYN	POL	M 40-49	55	M 119	00:24:19	00:00:00	01:22:45	00:01:00	00:54:47	02:42:51.70
120	KWACZ PAWEŁ	251		BIELAWA	POL	M 30-39	40	M 120	00:27:29	00:00:00	01:25:17	00:01:47	00:48:37	02:43:10.85
121	SALAMON EMIL	34	ZDUN TRIATHLON TEAM	KALISZ	POL	M 30-39	41	M 121	00:19:32	00:00:00	01:23:06	00:01:46	00:58:54	02:43:18.10
122	CIERNIEJEWSKI ŁUKASZ	149		OSTRÓW WIELKOPOLSKI	POL	M 30-39	42	M 122	00:31:09	00:00:00	01:23:29	00:01:39	00:47:13	02:43:30.80
123	WOJCIECHOWSKI PAWEŁ	8	BPM STUDIO	KALISZ	POL	M 40-49	56	M 123	00:29:58	00:00:00	01:19:55	00:01:05	00:52:42	02:43:40.75
124	PLEWA HUBERT	116	RUN AND BIKE STARY SIELEC	JUTROSIN	POL	M 30-39	43	M 124	00:32:50	00:00:00	01:19:03	00:02:13	00:49:48	02:43:54.70
125	SIKORA RAFAŁ	203		BYSTRE	POL	M 30-39	44	M 125	00:24:58	00:00:00	01:22:45	00:01:19	00:55:01	02:44:03.65
126	JASINSKI TOMASZ	237	BULLET TEAM	BIELAWA	POL	M 40-49	57	M 126	00:23:58	00:00:00	01:19:35	00:02:26	00:58:13	02:44:12.75

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto	
									0.95km	45km		10.55km			
127	ŁUKASZEWICZ SZYMON	115		KROTOSZYN	POL	M 40-49	58	M 127	00:21:21	00:00:00	01:24:15	00:01:49	00:56:49	02:44:14.80	
128	SOPEL KRZYSZTOF	241		ŻARY	POL	M 30-39	45	M 128	00:26:32	00:00:00	01:29:37	00:01:11	00:47:09	02:44:29.15	
129	MALINOWSKI ŁUKASZ	173		TARNOWSKIE GÓRY	POL	M 40-49	59	M 129	00:25:54	00:00:00	01:22:30	00:01:53	00:54:19	02:44:36.90	
130	JANIAK PIOTR	259		OSTRÓW WIELKOPOLSKI		M 40-49	60	M 130	00:26:53	00:00:00	01:21:17	00:01:13	00:55:19	02:44:42.05	
131	JĘDRZEJAK MARCIN	235		OSTRÓW WIELKOPOLSKI	POL	M 19-29	14	M 131	00:25:20	00:00:00	01:25:22	00:01:08	00:52:54	02:44:44.05	
132	JANKOWSKI ARKADIUSZ	242	NAGEL GROUP	GLIWICE	POL	M 40-49	61	M 132	00:25:31	00:00:00	01:23:17	00:01:30	00:54:28	02:44:46.50	
133	BOGDANOWICZ MACIEJ	244	NAGEL GROUP	ORZESZE	POL	M 40-49	62	M 133	00:26:29	00:00:00	01:19:34	00:01:22	00:57:52	02:45:17.30	
134	GRUZ ROBERT	197		WROCŁAW	POL	M 30-39	46	M 134	00:23:21	00:00:00	01:22:58	00:01:45	00:57:15	02:45:19.00	
135	MIKOŁAJCZYK BARTŁOMIEJ	249	DOOATHLON	KALISZ		M 30-39	47	M 135	00:24:15	00:00:00	01:20:57	00:00:57	00:59:31	02:45:40.25	
136	GUZEK MARIUSZ	163	LOS BIEGANEROS KUTNO	KUTNO	POL	M 40-49	63	M 136	00:24:25	00:00:00	01:26:58	00:02:22	00:52:22	02:46:07.95	
137	SZKOEK SEBASTIAN	147		ODOLANÓW	POL	M 40-49	64	M 137	00:26:06	00:00:00	01:25:05	00:01:47	00:53:13	02:46:11.30	
138	LECHOWSKI JAN	74	KB HARCOWNIK JELCZ-LASKOWICE	JELCZ-LASKOWICE	POL	M 60-69	3	M 138	00:28:13	00:00:00	01:25:42	00:01:39	00:51:00	02:46:34.75	
139	SZYMCZAK BARTŁOMIEJ	83		KALISZ	POL	M 40-49	65	M 139	00:25:40	00:00:00	01:27:55	00:01:42	00:51:18	02:46:35.75	
140	DAWIDOWICZ WOJCIECH	137	ŚLĘZAKTEAM	DOBROSZYCE	POL	M 30-39	48	M 140	00:32:02	00:00:00	01:19:34	00:01:29	00:53:56	02:47:01.45	
141	WAWRZYNIAK BOGUSŁAW	90	WAWRZYN TEAM	GORZYCE WIELKIE	POL	M 50-59	9	M 141	00:18:46	00:00:00	01:22:08	00:01:28	01:04:48	02:47:10.40	
142	FRANKOWSKI LESZEK	75	FRANKI	OSTRZESZÓW	POL	M 40-49	66	M 142	00:24:47	00:00:00	01:26:08	00:01:53	00:54:33	02:47:21.60	
143	STĘPNIEWSKI DARIUSZ	189	PROMYK CIECHANÓW	CIECHANÓW	POL	M 50-59	10	M 143	00:30:44	00:00:00	01:27:02	00:02:20	00:47:37	02:47:43.15	
144	GUSS BARTOSZ	220	MOCNI W GENIE	POZNAŃ	POL	M 40-49	67	M 144	00:29:02	00:00:00	01:27:46	00:02:03	00:49:03	02:47:54.85	
145	WÓJCIK JAKUB	117	TRIDIVISION	GLIWICE	POL	M 40-49	68	M 145	00:22:19	00:00:00	01:24:12	00:01:17	01:00:31	02:48:19.80	
146	KOWALCZYK RAFAŁ	112	GEO-PRO.PL	KALISZ	POL	M 40-49	69	M 146	00:33:18	00:00:00	01:16:22	00:01:14	00:57:29	02:48:23.50	
147	KMIEĆ SŁAWOMIR	187	LUBASZ	LUBASZ	POL	M 40-49	70	M 147	00:24:11	00:00:00				02:48:28.00	
148	KUNCE DANIEL	102		OSTRZESZÓW	POL	M 30-39	49	M 148	00:22:08	00:00:00	01:14:58	00:01:21	01:10:26	02:48:53.25	
149	TOMCZUK BARTOSZ	97		KALISZ	POL	M 30-39	49	M 148	00:26:50	00:00:00	01:22:31	00:02:13	00:57:19	02:48:53.25	
150	KRÓL LECH	24	TRIATHLON KROTOSZYN TEAM	KROTOSZYN	POL	M 40-49	71	M 150	00:24:39	00:00:00	01:27:13	00:02:00	00:55:20	02:49:12.40	
151	SZKOEK PAWEŁ	148		KACZORY	POL	M 30-39	51	M 151	00:24:33	00:00:00	01:26:57	00:01:32	00:56:26	02:49:28.95	
152	STRUSZ KAMIL	213	TRIZARZA	KATOWICE	POL	M 19-29	15	M 152	00:23:10	00:00:00	01:21:40	00:02:17	01:02:48	02:49:55.75	
153	WOJCIECHOWSKI ŁUKASZ	204	GT KONA RUNANDTRI	OPOLE	POL	M 30-39	52	M 153	00:26:24	00:00:00	01:27:11	00:01:55	00:54:29	02:49:59.30	
154	RABURSKI CZAREK	73		MILICZ	POL	M 30-39	53	M 154	00:28:14	00:00:00	01:25:43	00:01:15	00:57:03	02:52:15.50	
155	MIAŚKIEWICZ WITOLD	16	ZDUN TRIATHLON TEAM	SZAŁE	POL	M 50-59	11	M 155	00:32:20	00:00:00	01:26:41	00:01:24	00:51:59	02:52:24.05	
156	KOTAS ROMAN	155	KOTASTROFA	WROCŁAW	POL	M 40-49	72	M 156	00:28:17	00:00:00	01:30:13	00:01:54	00:52:22	02:52:46.75	
157	BEDNARZ BARTŁOMIEJ	162		ZIEMNICE	POL	M 30-39	54	M 157	00:47:47	00:00:00	01:19:22	00:01:38	00:44:46	02:53:33.75	
158	MAJCZAK KAMIL	31	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M 40-49	73	M 158	00:26:06	00:00:00	01:46:36	00:03:35	00:37:21	02:53:38.90	
159	GRÓŃSKI ROBERT	87		WROCŁAW	POL	M 40-49	74	M 159	00:31:27	00:00:00	01:27:14	00:02:08	00:52:52	02:53:41.75	
160	HAŁADUS DOMINIK	240	DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS	CZĘSTOCHOWA	POL	M 30-39	55	M 160	00:32:54	00:00:00	01:24:24	00:01:32	00:55:44	02:54:34.10	
161	PAGÓREK RADOSŁAW	3	DURABLE	DOŁUJE	POL	M 50-59	12	M 161	00:27:49	00:00:00	01:27:50	00:02:01	00:56:54	02:54:34.40	
162	DRAJER SEBASTIAN	30		OSTRÓW WIELKOPOLSKI	POL	M 40-49	75	M 162	00:29:59	00:00:00	01:31:11	00:01:39	00:51:54	02:54:43.70	
163	MAJEWSKI WIESŁAW	192	KUŹNIA TRIATHLONU	SZRENIAWA	POL	M 40-49	76	M 163	00:29:18	00:00:00	01:28:52	00:02:14	00:54:38	02:55:02.15	
164	JANKOWSKI JAROSŁAW	215		SADKÓW	POL	M 19-29	16	M 164	00:33:13	00:00:00	01:25:53	00:01:30	00:55:15	02:55:51.85	
165	NAGODZIŃSKI MARCIN	85		BISKUPICE	POL	M 30-39	56	M 165	00:28:41	00:00:00	01:24:16	00:02:21	01:01:37	02:56:55.20	
166	KOCH PRZEMYSŁAW	145	SZWAGIER TEAM	WARSZAWA	POL	M 40-49	77	M 166	00:25:59	00:00:00	01:28:41	00:02:44	01:00:51	02:58:15.15	
167	STANEK DAWID	243		KĄTY WROCŁAWSKIE	POL	M 30-39	57	M 167	00:24:31	00:00:00	01:24:33	00:01:50	01:07:53	02:58:47.95	
168	WOJCIEKIEWICZ MAREK	229		OSTRÓW WIELKOPOLSKI	POL	M 50-59	13	M 168	00:33:56	00:00:00	01:34:21	00:02:42	00:47:54	02:58:53.95	
169	MILEK GRZEGORZ	222	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	17	M 169	00:33:17	00:00:00	01:24:33	00:02:22	00:59:16	02:59:28.25	
170	HOFFMANN BARTOSZ	151	COMPUTEC TEAM	WSCHOWA	POL	M 50-59	14	M 170	00:23:06	00:00:00	01:28:21	00:01:33	01:06:47	02:59:47.95	
171	CHOJNACKI KRZYSZTOF	52		OSTRÓW WIELKOPOLSKI	POL	M 30-39	58	M 171	00:33:42	00:00:00	01:32:21	00:01:49	00:52:05	02:59:57.05	
172	KOSIARSKI BARTOSZ	181	AA TRIATHLON TEAM KROTOSZYN	KROTOSZYN	POL	M 40-49	78	M 172	00:21:22	00:00:00	01:36:55	00:02:01	00:59:46	03:00:04.90	
173	ŚPIEWAK MICHAŁ	208		ŁÓDŹ	POL	M 30-39	59	M 173	00:33:35	00:00:00	01:30:36	00:04:42	00:52:01	03:00:54.85	
174	TACIK PRZEMYSŁAW	224	TRIMP	SOŚNIE	POL	M 19-29	18	M 174	00:33:06	00:00:00	01:24:42	00:01:10	01:05:24	03:04:22.35	
175	PRUSKI MARIUSZ	141		ŁÓDŹ	POL	M 30-39	60	M 175	00:25:54	00:00:00	01:30:59	00:02:48	01:05:46	03:05:27.80	
176	PAŃKÓW PIOTR	153	FUNDACJA NAKOLE	NIWKI	POL	M 50-59	15	M 176	00:25:55	00:00:00	01:30:59	00:03:33	01:05:11	03:05:38.80	
177	WITA RADEK	161		KROTOSZYN	POL	M 40-49	79	M 177	00:34:01	00:00:00	01:33:11	00:01:50	00:58:25	03:07:27.25	
178	KANTECKI DAWID	233	SIERADZKI GRZMOT	SIERADZ	POL	M 19-29	19	M 178	00:33:19	00:00:00	01:29:57	00:01:11	01:03:05	03:07:32.30	
179	GRALAK KAROL	105		KALISZ	POL	M 40-49	80	M 179	00:31:46	00:00:00	01:23:01	00:03:56	01:09:19	03:08:02.30	
180	ŚWITOŃ DARIUSZ	21	AKTYWNY OSTRZESZÓW	ROGASZYCE	POL	M 40-49	81	M 180	00:41:04	00:00:00	01:27:41	00:01:23	00:58:47	03:08:55.50	
181	SZKOEK ROBERT	232		GLIŚNICA	POL	M 19-29	20	M 181	00:23:15	00:00:00	01:36:07	00:01:25	01:08:53	03:09:40.85	



**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
182	ROGACKI ADAM	263		KALISZ		M 40-49	82	M 182	00:31:17	00:00:00	01:32:50	00:03:06	01:04:54	03:12:07.00
183	TURKOWSKI ADRIAN	101		KAZIMIERZ BISKUPI	POL	M 19-29	21	M 183	00:27:40	00:00:00	01:37:06	00:01:44	01:06:43	03:13:13.10
184	DUDEK MICHAŁ ANTONI	226		SIEROSŁAW	POL	M 16-18	3	M 184	00:29:49	00:00:00	01:32:16	00:01:43	01:09:45	03:13:33.10
185	OLEKSIUK MICHAŁ	51		WARSZAWA	POL	M 30-39	61	M 185	00:29:20	00:00:00	01:41:47	00:02:37	01:02:21	03:16:05.85
186	WILK DAWID	214		POZNAŃ	POL	M 40-49	83	M 186	00:29:51	00:00:00	01:30:58	00:02:22	01:16:41	03:19:52.60
187	SZYMANOWSKI DAMIAN	71		NARATÓW	POL	M 40-49	84	M 187	00:37:25	00:00:00	01:40:56	00:02:15	01:00:52	03:21:28.60
188	BADURA PIOTR	184		GORZYCE WIELKIE	POL	M 30-39	62	M 188	00:32:48	00:00:00	01:39:18	00:02:05	01:07:36	03:21:47.10
189	WCISŁEK MATEUSZ	66	ZDUN TRIATHLON TEAM	KALISZ	POL	M 40-49	85	M 189	00:30:10	00:00:00	01:34:36	00:02:26	01:14:38	03:21:50.60
190	WALISZEWSKI JAKUB	79		ŁÓDŹ	POL	M 30-39	63	M 190	00:33:19	00:00:00	01:33:57	00:03:14	01:12:09	03:22:39.70
191	SULKOWSKI TOMASZ	81		CZEKANÓW	POL	M 40-49	86	M 191	00:35:48	00:00:00	01:37:28	00:02:30	01:07:23	03:23:09.50
192	MARCINIAK ŁUKASZ	132	KS WIKINGOWIE	KALISZ	POL	M 30-39	64	M 192	00:38:53	00:00:00	01:33:49	00:02:34	01:11:28	03:26:44.80
193	KOSTKA BOGUMIŁ	201	KS KROTOSZ KROTOSZYN	KROTOSZYN	POL	M 40-49	87	M 193	01:04:07	00:00:00	01:33:00	00:03:03	00:46:44	03:26:54.65
194	PODOLSKI PRZEMYSŁAW	28	KKSK PODOLSKI DOJO	KALISZ	POL	M 30-39	65	M 194	00:42:16	00:00:00	01:30:11	00:02:24	01:12:08	03:26:59.45
195	GALEWSKI PIOTR	185	TRENUJ Z NAMI	WROCŁAW	POL	M 50-59	16	M 195	00:39:16	00:00:00	01:43:59	00:02:04	01:02:25	03:27:44.55
196	BIAŁOGÓROW MARCIN	78		ŁÓDŹ	POL	M 30-39	66	M 196	00:34:04	00:00:00	01:43:10	00:02:20	01:13:07	03:32:41.50
197	GADZINOWSKI ŁUKASZ	140		KOŚCIELNA WIEŚ	POL	M 40-49	88	M 197	00:37:56	00:00:00	01:51:58	00:02:49	01:02:54	03:35:37.40
198	ŚMIECH MARIUSZ	114		KRAKÓW	POL	M 40-49	89	M 198	00:47:26	00:00:00	01:41:51	00:02:36	01:06:10	03:38:03.75
199	OLEJNICZAK WITOLD	245		DOBROSZYCE		M 70+	1	M 199	00:53:23	00:00:00	01:37:18	00:02:23	01:08:43	03:41:47.20
200	GAŁĄŻKA ŁUKASZ	228	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	22	M 200	01:09:19	00:00:00	01:36:18	00:02:34	00:57:24	03:45:35.40
	WILK KAROL	41		LAMKI	POL	M 40-49			01:11:37 DNF	00:00:00		00:00:00	00:00:00	DNF

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 16-18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
1	NOWAK IWO	227		KOMORNIKI	POL	M 16-18	1	M 90	00:23:28	00:00:00	01:19:29	00:02:51	00:51:14	02:37:02.30
2	HUBAJ FRANCISZEK	91		MIĘKINIA	POL	M 16-18	2	M 108	00:22:28	00:00:00	01:23:06	00:01:00	00:54:14	02:40:48.05
3	DUDEK MICHAŁ ANTONI	226		SIEROSŁAW	POL	M 16-18	3	M 184	00:29:49	00:00:00	01:32:16	00:01:43	01:09:45	03:13:33.10

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 20-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
1	GAŚSIOR OLIWIA	167	TRIATHLONOWA LEGNICA	LEGNICA	POL	K 20-29	1	K 2	00:16:36	00:00:00	01:25:41	00:01:29	00:55:46	02:39:32.95
2	HANDZLIK KINGA	253	LABO SPORT TEAM	OLEŚNICA		K 20-29	2	K 6	00:32:43	00:00:00	01:27:24	00:01:41	00:45:33	02:47:21.05
3	PIETRUSIAK WIKTORIA	65	ZDUN TRIATHLON TEAM	KALISZ	POL	K 20-29	3	K 10	00:21:09	00:00:00	01:33:26	00:01:28	00:58:24	02:54:27.35
4	DOMINIK ZUZANNA	159		OSTRZESZÓW	POL	K 20-29	4	K 15	00:22:43	00:00:00	01:42:23	00:01:17	01:04:17	03:10:40.20

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 19-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
1	TOCHOWICZ KASPER	107	TRIWISE	GOLESZÓW	POL	M 19-29	1	M 1	00:14:13	00:00:00	00:59:56	00:01:00	00:37:08	01:52:17.45
2	GAJ PRZEMYSŁAW	234	KAZIKI TRI	KONIN	POL	M 19-29	2	M 2	00:16:19	00:00:00	01:07:14	00:00:47	00:35:38	01:59:58.00
3	KOŁODZIEJCZAK FILIP	89	IM INSPIRATION	BRZEZINY	POL	M 19-29	3	M 5	00:14:52	00:00:00	01:06:49	00:00:57	00:43:09	02:05:47.40
4	GOŁYŚ GRZEGORZ	42	ANIA HALSKA COACHING	KNURÓW	POL	M 19-29	4	M 10	00:18:31	00:00:00	01:09:00	00:01:16	00:40:56	02:09:43.80
5	CHATIAN ADAM	188		OSTRÓW WIELKOPOLSKI	POL	M 19-29	5	M 14	00:18:58	00:00:00	01:08:58	00:01:24	00:43:48	02:13:08.25
6	TIDE KRZYSZTOF	7		ŻORY	POL	M 19-29	6	M 17	00:17:07	00:00:00	01:14:15	00:00:56	00:43:11	02:15:29.05
7	CEDROWSKI DANIEL	68		WROCŁAW	POL	M 19-29	7	M 20	00:21:56	00:00:00	01:10:48	00:01:21	00:44:41	02:18:46.85
8	KĄŻMIERCZAK JAN	86		POZNAŃ	POL	M 19-29	8	M 51	00:20:50	00:00:00	01:20:33	00:01:00	00:44:30	02:26:53.00

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 19-29 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km	10.55km			
9	URBANIAK KRYSZTOF	231		KROTOSZYN	POL	M 19-29	9	M 61	00:18:20	00:00:00	01:18:24	00:01:37	00:50:51	02:29:12.30
10	PLÓCIENNIK HUBERT	64		RADŁÓW	POL	M 19-29	10	M 64	00:24:39	00:00:00	01:14:41	00:01:55	00:49:16	02:30:31.55
11	M RUK KRZYSZTOF	56	ZDUN TRIATHLON TEAM	BŁASZKI	POL	M 19-29	11	M 75	00:27:06	00:00:00	01:20:01	00:01:43	00:43:34	02:32:24.05
12	BACIK MATEUSZ	160		OSTRZESZÓW	POL	M 19-29	12	M 98	00:22:51	00:00:00	01:27:26	00:01:00	00:46:50	02:38:07.40
13	MARCZUK MIRON	193	NEON TEAM	WARSZAWA	POL	M 19-29	13	M 100	00:21:25	00:00:00	00:50:37	00:01:04	00:50:37	02:38:25.80
14	JĘDRZEJAK MARCIN	235		OSTRÓW WIELKOPOLSKI	POL	M 19-29	14	M 131	00:25:20	00:00:00	01:25:22	00:01:08	00:52:54	02:44:44.05
15	STRUSZ KAMIL	213	TRIZARZA	KATOWICE	POL	M 19-29	15	M 152	00:23:10	00:00:00	01:21:40	00:02:17	01:02:48	02:49:55.75
16	JANKOWSKI JAROSŁAW	215		SADKÓW	POL	M 19-29	16	M 164	00:33:13	00:00:00	01:25:53	00:01:30	00:55:15	02:55:51.85
17	MIŁEK GRZEGORZ	222	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	17	M 169	00:33:17	00:00:00	01:24:33	00:02:22	00:59:16	02:59:28.25
18	TACIK PRZEMYSŁAW	224	TRIMP	SOŚNIE	POL	M 19-29	18	M 174	00:33:06	00:00:00	01:24:42	00:01:10	01:05:24	03:04:22.35
19	KANTECKI DAWID	233	SIERADZKI GRZMOT	SIERADZ	POL	M 19-29	19	M 178	00:33:19	00:00:00	01:29:57	00:01:11	01:03:05	03:07:32.30
20	SZKOPEK ROBERT	232		GLIŚNICA	POL	M 19-29	20	M 181	00:23:15	00:00:00	01:36:07	00:01:25	01:08:53	03:09:40.85
21	TURKOWSKI ADRIAN	101		KAZIMIERZ BISKUPI	POL	M 19-29	21	M 183	00:27:40	00:00:00	01:37:06	00:01:44	01:06:43	03:13:13.10
22	GAŁĄŻKA ŁUKASZ	228	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	22	M 200	01:09:19	00:00:00	01:36:18	00:02:34	00:57:24	03:45:35.40

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 30-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km	10.55km			
1	WODICZKO WERONIKA	62	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	1	K 4	00:23:14	00:00:00	01:24:41	00:01:07	00:54:41	02:43:43.60
2	TOMCZYK ELŻBIETA	60	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	2	K 5	00:22:29	00:00:00	01:24:59	00:01:26	00:57:06	02:46:00.90
3	SZYMANOWSKA MARTA	45	SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU	KALISZ	POL	K 30-39	3	K 8	00:26:12	00:00:00	01:30:33	00:01:46	00:53:42	02:52:13.80
4	SZAGUN AGNIESZKA	260		POZNAŃ		K 30-39	4	K 11	00:23:35	00:00:00	01:30:04	00:01:49	01:00:02	02:55:30.85
5	HOWANIEC AGATA	80	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	K 30-39	5	K 12	00:30:17	00:00:00	01:34:59	00:01:14	00:55:37	03:02:07.85
6	CIESIELSKA EWA	61	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	6	K 14	00:24:40	00:00:00	01:36:30	00:01:53	01:06:10	03:09:13.35
7	JANIGA-BEDNARZ ALEKSANDRA	156		ZIEMNICE	POL	K 30-39	7	K 16	00:57:47	00:00:00	01:35:17	00:02:09	00:59:43	03:34:56.30

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 30-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km	10.55km			
1	OLSZEWSKI ALEKSANDER	196	TRINERGY	WROCŁAW	POL	M 30-39	1	M 3	00:16:23	00:00:00	01:06:10	00:01:06	00:38:16	02:01:55.60
2	BIRECKI JAKUB	205	RUNANDTRI.PL	OPOLE	POL	M 30-39	2	M 4	00:16:46	00:00:00	01:06:32	00:00:58	00:38:01	02:02:17.90
3	JACKOWIAK PIOTR	142	SZTUKA RUCHU	BRZEG	POL	M 30-39	3	M 7	00:16:47	00:00:00	01:07:17	00:00:57	00:42:12	02:07:13.65
4	JAGIELSKI ŁUKASZ	2	JAGIELSKI TEAM	POZNAŃ	POL	M 30-39	4	M 16	00:17:54	00:00:00	01:12:48	00:00:59	00:43:32	02:15:13.85
5	WYSOCHAŃSKI PAWEŁ	46	TRI GRANDA WOŁÓW / PCC SQUAD	WOŁÓW	POL	M 30-39	5	M 18	00:17:44	00:00:00	01:12:49	00:00:48	00:44:23	02:15:44.10
6	LECH MIROSLAW	225		BRZEG	POL	M 30-39	6	M 19	00:18:04	00:00:00	01:12:14	00:01:30	00:46:41	02:18:29.25
7	KUŹNIAK JAN	236	7PRO_TEAM	WŁÓKI	POL	M 30-39	7	M 21	00:21:41	00:00:00	01:13:37	00:01:37	00:42:38	02:19:33.25
8	FRYSKE BARTOSZ	82		WĄGROWIEC	POL	M 30-39	8	M 24	00:23:24	00:00:00	01:12:25	00:00:58	00:43:58	02:20:45.45
9	WRÓBLEWSKI PIOTR	175	LITWIN SPORTS	KRZYŻANOWICE	POL	M 30-39	9	M 25	00:24:02	00:00:00	01:12:51	00:00:58	00:43:02	02:20:53.65
10	HYHS JAN	113	AUGUSTYNAK TRIATHLON TEAM	OSTRÓW WIELKOPOLSKI	POL	M 30-39	10	M 28	00:22:18	00:00:00	01:13:17	00:01:48	00:44:01	02:21:24.65
11	ZAWADZKI PAWEŁ	19	BPM STUDIO TEAM	KALISZ	POL	M 30-39	11	M 30	00:21:41	00:00:00	01:13:08	00:01:16	00:45:48	02:21:53.85
12	BEDNARCZYK ROBERT	32	DIAKONOWBEDNARCZYK.PL	WARSZAWA	POL	M 30-39	12	M 34	00:24:32	00:00:00	01:14:01	00:01:21	00:43:01	02:22:55.95
13	MOGA PIOTR	154	SPARTA ULTRA TEAM	BARANÓW	POL	M 30-39	13	M 35	00:18:21	00:00:00	01:13:48	00:01:03	00:49:45	02:22:57.45
14	ROMANOWSKI PIOTR	9	TIETO TRIATHLON TEAM	WYSOKA	POL	M 30-39	14	M 36	00:22:53	00:00:00	01:15:38	00:01:42	00:43:29	02:23:42.40
15	SROGA MACIEJ	218	GT KONA	NAMYSŁÓW	POL	M 30-39	15	M 37	00:23:10	00:00:00	01:13:57	00:01:08	00:46:23	02:24:38.85
16	NAJGEBAUER ŁUKASZ	11	FF INWESTYCJE	OPOLE	POL	M 30-39	16	M 38	00:20:09	00:00:00	01:17:34	00:01:22	00:45:35	02:24:40.95
17	BOCIEK PIOTR	168		GUBIN	POL	M 30-39	17	M 44	00:26:47	00:00:00	01:12:52	00:01:15	00:44:32	02:25:26.90
18	STODÓŁKA SZYMON	15	LENIWIEC	WILCZYCE	POL	M 30-39	18	M 53	00:21:17	00:00:00	01:12:35	00:01:15	00:52:07	02:27:14.15
19	PAKULSKI MARCIN	169	NAGEL GROUP	WARSZAWA	POL	M 30-39	19	M 55	00:22:43	00:00:00	01:15:19	00:01:08	00:48:41	02:27:51.85
20	PLUTA JAKUB	194	SWIMMINGLAB	CHRZĄSTAWA MAŁA	POL	M 30-39	20	M 67	00:18:42	00:00:00	01:23:00	00:01:38	00:47:50	02:31:10.10

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
21	JASZCZYK ANDRZEJ	166	SSW TEAM KROŚNICE	WIERZCHOWICE	POL	M 30-39	21	M 68	00:21:55	00:00:00	01:20:13	00:02:03	00:47:01	02:31:12.50
22	WIECZOREK RAFAŁ	195		NADOLICE WIELKIE	POL	M 30-39	22	M 73	00:22:13	00:00:00	01:17:02	00:02:01	00:50:56	02:32:12.55
23	SKUBISZ KRZYSZTOF	104	LITWIN SPORTS	KALISZ	POL	M 30-39	23	M 74	00:24:01	00:00:00	01:17:45	00:01:11	00:49:20	02:32:17.95
24	GROBELNY PIOTR	127		KROTOSZYN	POL	M 30-39	24	M 77	00:21:44	00:00:00	01:18:23	00:01:55	00:50:57	02:32:59.80
25	MALYS KRZYSZTOF	17	KP PSP OLEŚNICA	SYCÓW	POL	M 30-39	25	M 80	00:25:03	00:00:00	01:18:41	00:01:39	00:49:29	02:34:52.95
26	KACZURBA WITOLD	157	KB SOBÓTKA	WROCŁAW	POL	M 30-39	26	M 81	00:28:36	00:00:00	01:19:02	00:02:10	00:45:10	02:34:58.15
27	PLEWA ŁUKASZ	88	RUN&BIKE STARY SIELEC	STARY SIELEC	POL	M 30-39	27	M 84	00:28:48	00:00:00	01:21:39	00:00:56	00:44:02	02:35:25.65
28	LOSTER WOJCIECH	230	HEINEKEN KRAKÓW	KRAKOW	POL	M 30-39	28	M 85	00:18:58	00:00:00	01:23:26	00:01:02	00:52:03	02:35:29.00
29	SZCZEPAŃSKI WOJCIECH	76	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30-39	29	M 91	00:23:11	00:00:00	01:26:56	00:01:08	00:45:50	02:37:05.00
30	MORAWSKI PIOTR	23	DRUŻYNA M	OŁAWA	POL	M 30-39	30	M 92	00:24:13	00:00:00	01:23:04	00:01:14	00:48:37	02:37:08.70
31	JUFFER ROBERT	211	TRIDIVISION	TARNOWSKIE GORY	POL	M 30-39	31	M 93	00:26:00	00:00:00	01:21:27	00:01:40	00:48:06	02:37:13.65
32	DUDEK MARIUSZ	10		LUBIN	POL	M 30-39	32	M 96	00:20:03	00:00:00	01:22:34	00:01:32	00:53:52	02:38:01.65
33	POPARDOWSKI JACEK	109	SOKÓŁ GŁĘBCZYCE	OPOLE	POL	M 30-39	33	M 101	00:27:51	00:00:00	01:23:50	00:01:20	00:46:37	02:39:38.75
34	MUSIAŁ MATEUSZ	77	DOBRA ENERGIA	OLEŚNICA	POL	M 30-39	34	M 105	00:29:32	00:00:00	01:24:15	00:01:01	00:45:29	02:40:17.75
35	WITKOWSKI PIOTR	118	RUN AND BIKE STARY SIELEC	RAWICZ	POL	M 30-39	35	M 107	00:23:28	00:00:00	01:21:54	00:01:30	00:53:43	02:40:35.20
36	CZYŻEWSKI MARIUSZ	210	PIÓRKI	ZŁOTNIKI KUJAWSKIE	POL	M 30-39	36	M 112	00:26:23	00:00:00	01:25:52	00:02:15	00:47:19	02:41:49.60
37	ŚLIWA BOGUMIŁ	128		KALISZ	POL	M 30-39	37	M 113	00:23:36	00:00:00	01:24:03	00:02:33	00:51:54	02:42:06.30
38	TUCKI CYPRIAN	110	PSZCZYŃSKI ORZEŁ	PSZCZYNA	POL	M 30-39	38	M 114	00:29:01	00:00:00	01:21:54	00:01:27	00:49:47	02:42:09.10
39	POWROŹNIK DAWID	223		KALISZ	POL	M 30-39	39	M 115	00:24:40	00:00:00	01:17:55	00:02:19	00:57:17	02:42:11.35
40	KWACZ PAWEŁ	251		BIELAWA		M 30-39	40	M 120	00:27:29	00:00:00	01:25:17	00:01:47	00:48:37	02:43:10.85
41	SALAMON EMIL	34	ZDUN TRIATHLON TEAM	KALISZ	POL	M 30-39	41	M 121	00:19:32	00:00:00	01:23:06	00:01:46	00:58:54	02:43:18.10
42	CIERNIEJEWSKI ŁUKASZ	149		OSTRÓW WIELKOPOLSKI	POL	M 30-39	42	M 122	00:31:09	00:00:00	01:23:29	00:01:39	00:47:13	02:43:30.80
43	PLEWA HUBERT	116	RUN AND BIKE STARY SIELEC	JUTROSIN	POL	M 30-39	43	M 124	00:32:50	00:00:00	01:19:03	00:02:13	00:49:48	02:43:54.70
44	SIKORA RAFAŁ	203		BYSTRE	POL	M 30-39	44	M 125	00:24:58	00:00:00	01:22:45	00:01:19	00:55:01	02:44:03.65
45	SOPEL KRZYSZTOF	241		ŻARY	POL	M 30-39	45	M 128	00:26:32	00:00:00	01:29:37	00:01:11	00:47:09	02:44:29.15
46	GRUZ ROBERT	197		WROCŁAW	POL	M 30-39	46	M 134	00:23:21	00:00:00	01:22:58	00:01:45	00:57:15	02:45:19.00
47	MIKOŁAJCZYK BARTŁOMIEJ	249	DOOATHLON	KALISZ		M 30-39	47	M 135	00:24:15	00:00:00	01:20:57	00:00:57	00:59:31	02:45:40.25
48	DAWIDOWICZ WOJCIECH	137	ŚLĘZAKTEAM	DOBROSZYCE	POL	M 30-39	48	M 140	00:32:02	00:00:00	01:19:34	00:01:29	00:53:56	02:47:01.45
49	KUNCE DANIEL	102		OSTRZESZÓW	POL	M 30-39	49	M 148	00:22:08	00:00:00	01:14:58	00:01:21	01:10:26	02:48:53.25
50	TOMCZUK BARTOSZ	97		KALISZ	POL	M 30-39	49	M 148	00:26:50	00:00:00	01:22:31	00:02:13	00:57:19	02:48:53.25
51	SZKOEK PAWEŁ	148		KACZORY	POL	M 30-39	51	M 151	00:24:33	00:00:00	01:26:57	00:01:32	00:56:26	02:49:28.95
52	WOJCIECHOWSKI ŁUKASZ	204	GT KONA RUNANDTRI	OPOLE	POL	M 30-39	52	M 153	00:26:24	00:00:00	01:27:11	00:01:55	00:54:29	02:49:59.30
53	RABURSKI CZAREK	73		MILICZ	POL	M 30-39	53	M 154	00:28:14	00:00:00	01:25:43	00:01:15	00:57:03	02:52:15.50
54	BEDNARZ BARTŁOMIEJ	162		ZIEMNICE	POL	M 30-39	54	M 157	00:47:47	00:00:00	01:19:22	00:01:38	00:44:46	02:53:33.75
55	HAŁADUS DOMINIK	240	DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS	CZĘSTOCHOWA	POL	M 30-39	55	M 160	00:32:54	00:00:00	01:24:24	00:01:32	00:55:44	02:54:34.10
56	NAGODZIŃSKI MARCIN	85		BISKUPICE	POL	M 30-39	56	M 165	00:28:41	00:00:00	01:24:16	00:02:21	01:01:37	02:56:55.20
57	STANEK DAWID	243		KĄTY WROCŁAWSKIE	POL	M 30-39	57	M 167	00:24:31	00:00:00	01:24:33	00:01:50	01:07:53	02:58:47.95
58	CHOJNACKI KRZYSZTOF	52		OSTRÓW WIELKOPOLSKI	POL	M 30-39	58	M 171	00:33:42	00:00:00	01:32:21	00:01:49	00:52:05	02:59:57.05
59	ŚPIEWAK MICHAŁ	208		ŁÓDŹ	POL	M 30-39	59	M 173	00:33:35	00:00:00	01:30:36	00:04:42	00:52:01	03:00:54.85
60	PRUSKI MARIUSZ	141		ŁÓDŹ	POL	M 30-39	60	M 175	00:25:54	00:00:00	01:30:59	00:02:48	01:05:46	03:05:27.80
61	OLEKSIUK MICHAŁ	51		WARSZAWA	POL	M 30-39	61	M 185	00:29:20	00:00:00	01:41:47	00:02:37	01:02:21	03:16:05.85
62	BADURA PIOTR	184		GORZYCE WIELKIE	POL	M 30-39	62	M 188	00:32:48	00:00:00	01:39:18	00:02:05	01:07:36	03:21:47.10
63	WALISZEWSKI JAKUB	79		ŁÓDŹ	POL	M 30-39	63	M 190	00:33:19	00:00:00	01:33:57	00:03:14	01:12:09	03:22:39.70
64	MARCINIAK ŁUKASZ	132	KS WIKINGOWIE	KALISZ	POL	M 30-39	64	M 192	00:38:53	00:00:00	01:33:49	00:02:34	01:11:28	03:26:44.80
65	PODOLSKI PRZEMYSŁAW	28	KKSK PODOLSKI DOJO	KALISZ	POL	M 30-39	65	M 194	00:42:16	00:00:00	01:30:11	00:02:24	01:12:08	03:26:59.45
66	BIAŁOGÓROW MARCIN	78		ŁÓDŹ	POL	M 30-39	66	M 196	00:34:04	00:00:00	01:43:10	00:02:20	01:13:07	03:32:41.50

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km		45km		10.55km	
1	RADOMSKA KAROLINA	248		KALISZ		K 40-49	1	K 1	00:19:27	00:00:00	01:23:39	00:01:36	00:50:58	02:35:40.95
2	PAŁYSA JOANNA	55	TRI NEGU	DAWIDY BANKOWE	POL	K 40-49	2	K 3	00:27:08	00:00:00	01:21:15	00:01:48	00:52:21	02:42:32.25

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km			10.55km	
3	PROSOWIECKA SMAK KATARZYNA	106		OPOLE	POL	K 40-49	3	K 7	00:27:29	00:00:00	01:26:02	00:02:40	00:52:24	02:48:35.25
4	JASINSKA BEATA	238	BULLET TEAM	PIESZYCE	POL	K 40-49	4	K 9	00:25:55	00:00:00	01:33:09	00:01:33	00:52:12	02:52:49.75
5	CICHOŃ MAGDALENA	258		OPOLE		K 40-49	5	K 13	00:33:09	00:00:00	01:35:38	00:02:19	00:51:16	03:02:22.50
6	STASZAK AGNIESZKA	261		ZAKRZEWO		K 40-49	6	K 17	00:33:58	00:00:00	01:46:10	00:02:00	01:14:36	03:36:44.60

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km			10.55km	
1	KARCH TOMASZ	216	ŻELAZNA ŚWIDNICA	ŚWIEBODZICE	POL	M 40-49	1	M 6	00:16:29	00:00:00	01:11:31	00:01:20	00:37:32	02:06:52.55
2	BANASZEWSKI WOJCIECH	190		WROCŁAW	POL	M 40-49	2	M 8	00:18:01	00:00:00	01:09:06	00:01:13	00:40:17	02:08:37.70
3	WOJCIESZKO PIOTR	38	CHMURA COACHING	WROCŁAW	POL	M 40-49	3	M 9	00:18:43	00:00:00	01:09:31	00:00:56	00:40:13	02:09:23.65
4	BIELICKI BARTOSZ	177	RUNNING TEAM MILICZ	MILICZ	POL	M 40-49	4	M 11	00:19:37	00:00:00	01:12:01	00:01:00	00:38:29	02:11:07.20
5	MICHNIEWICZ MACIEJ	14	EUROVENT ATHLETICS	OPOLE	POL	M 40-49	5	M 12	00:17:09	00:00:00	01:11:38	00:00:51	00:41:41	02:11:19.30
6	PAŁYSA MAREK	27	TRI NEGU	DAWIDY BANKOWE	POL	M 40-49	6	M 13	00:16:51	00:00:00	01:07:53	00:01:14	00:47:02	02:13:00.75
7	DOMINO KRYSZTYAN	5	GVT	GŁOGÓW	POL	M 40-49	7	M 15	00:18:54	00:00:00	01:08:23	00:01:04	00:45:05	02:13:26.80
8	ZWIERZ KRZYSZTOF	94		OPOLE	POL	M 40-49	8	M 22	00:19:19	00:00:00	01:15:16	00:02:24	00:42:41	02:19:40.55
9	WŁODARCZAK MARCIN	40	HELIOS CZEMPIŃ TEAM	CZEMPIŃ	POL	M 40-49	9	M 23	00:22:14	00:00:00	01:12:02	00:01:01	00:45:19	02:20:36.75
10	TOMASZEWSKI MATEUSZ	217		WROCŁAW	POL	M 40-49	10	M 27	00:20:03	00:00:00	01:14:59	00:01:10	00:44:54	02:21:06.20
11	KARGOL PAWEŁ	164		OLEŚNICA	POL	M 40-49	11	M 29	00:20:13	00:00:00	01:13:14	00:00:52	00:47:11	02:21:30.40
12	BIELAK ARTUR	139	KAZIKI / ATAK NA TRIATHLON	KALISZ	POL	M 40-49	12	M 31	00:19:17	00:00:00	01:14:21	00:01:23	00:46:57	02:21:58.15
13	SZEWczyk ROBERT	219		JAROCIN	POL	M 40-49	13	M 32	00:20:06	00:00:00	01:15:13	00:00:52	00:46:01	02:22:12.50
14	DUDELA ADRIAN	207	KAZIKI	WARSZAWA	POL	M 40-49	14	M 33	00:21:51	00:00:00	01:14:12	00:02:03	00:44:12	02:22:18.70
15	SZCZERBAKOWSKI BARTOSZ	1		WROCŁAW	POL	M 40-49	15	M 39	00:21:33	00:00:00	01:13:56	00:01:46	00:47:33	02:24:48.25
16	SIERADZAN GRZEGORZ	72		OLEŚNICA	POL	M 40-49	16	M 40	00:21:35	00:00:00	01:13:55	00:01:27	00:48:05	02:25:02.65
17	CZAPLA ŁUKASZ	264	TRICERATOPS	TYCHY		M 40-49	17	M 41	00:21:57	00:00:00	01:17:14	00:01:28	00:44:31	02:25:10.60
18	DWOJAK MARCIN	179	BMW SMORAWIŃSKI	PRZEŻMIEROWO	POL	M 40-49	18	M 42	00:17:15	00:00:00	01:18:37	00:01:26	00:48:01	02:25:19.25
19	PILARCZYK BARTEK	63		OSTRÓW WLKP	POL	M 40-49	19	M 43	00:20:00	00:00:00	01:16:14	00:01:43	00:47:25	02:25:22.10
20	KASPRZAK JACEK	200		KROTOSZYŃ	POL	M 40-49	20	M 45	00:19:06	00:00:00	01:14:59	00:01:13	00:50:11	02:25:29.80
21	SZUŁAWA MARCIN	239		ZDUNY	POL	M 40-49	21	M 47	00:23:42	00:00:00	01:14:25	00:01:49	00:46:15	02:26:11.05
22	SZYNALIK SŁAWOMIR	133	KIKATEAM	KRAKÓW	POL	M 40-49	22	M 48	00:20:54	00:00:00	01:16:32	00:02:03	00:46:47	02:26:16.50
23	WOJNAROWSKI ADAM	53	TRITON KONIN	BRANNO	POL	M 40-49	22	M 48	00:20:24	00:00:00	01:13:23	00:01:26	00:51:03	02:26:16.50
24	CECHOWSKI PIOTR	20	BEDNARSKI TRI TEAM	BURZENIN	POL	M 40-49	24	M 50	00:22:36	00:00:00	01:15:47	00:01:14	00:46:52	02:26:29.80
25	SKIBA GRZEGORZ	98	TRICERATOPS	TYCHY	POL	M 40-49	25	M 52	00:25:03	00:00:00	01:13:37	00:01:34	00:46:50	02:27:04.75
26	SMORAWIŃSKI WOJTEK	178	BMW SMORAWIŃSKI	POKRZYWNICA	POL	M 40-49	26	M 54	00:18:41	00:00:00	01:18:30	00:01:16	00:49:13	02:27:40.15
27	BURZAWA GRZEGORZ	111	WARSZTAT FORMY	TYCHY	POL	M 40-49	27	M 56	00:21:28	00:00:00	01:18:31	00:01:50	00:46:03	02:27:52.65
28	DROZDEK ŁUKASZ	96	TRICERATOPS	TYCHY	POL	M 40-49	28	M 57	00:24:38	00:00:00	01:18:35	00:01:35	00:43:40	02:28:28.40
29	NASKRĘTSKI ANDRZEJ	255	TRIMP	KRĘPICE		M 40-49	29	M 58	00:22:17	00:00:00	01:16:15	00:01:08	00:48:52	02:28:32.50
30	GŁUCHOWSKI PRZEMEK	221		ŻYCHLIN	POL	M 40-49	30	M 59	00:23:56	00:00:00	01:15:56	00:01:43	00:47:07	02:28:42.30
31	ZAKRZEWSKI MICHAŁ	134	SNG WILD DUCKS	ŁÓDŹ	POL	M 40-49	31	M 60	00:22:06	00:00:00	01:14:25	00:02:02	00:50:27	02:29:00.45
32	TOKAREK MAREK	206		POZNAN	POL	M 40-49	32	M 62	00:19:19	00:00:00	01:18:13	00:01:29	00:50:17	02:29:18.05
33	STANKIEWICZ JAKUB	36	ZDUN TRIATLON TEAM	KOŚCIELNA WIEŚ	POL	M 40-49	33	M 63	00:21:50	00:00:00	01:19:18	00:01:53	00:47:17	02:30:18.60
34	SZYMCZAK PIOTR	191	BRANNO	BRANNO	POL	M 40-49	34	M 66	00:23:37	00:00:00	01:15:54	00:01:20	00:49:53	02:30:44.90
35	BIAŁEK SEBASTIAN	250		SZAŁE		M 40-49	35	M 70	00:24:02	00:00:00	01:15:52	00:01:09	00:50:22	02:31:25.15
36	KĄLŹNY ADAM	246		POZNAŃ		M 40-49	36	M 71	00:23:00	00:00:00	01:21:15	00:00:58	00:46:15	02:31:28.30
37	KALISKI PIOTR	99		WROCŁAW	POL	M 40-49	37	M 72	00:21:31	00:00:00	01:19:43	00:01:16	00:48:58	02:31:28.45
38	BRYŁOWSKI MARCIN	35	NIEMAZAPÓŻNO BRANDBULL JEMAR	KALISZ	POL	M 40-49	38	M 76	00:23:24	00:00:00	01:19:53	00:01:41	00:47:35	02:32:33.45
39	GRODOMIŃSKI HUBERT	47	TRI FOR ME	KŁODAWA	POL	M 40-49	39	M 78	00:24:26	00:00:00	01:15:45	00:02:24	00:50:28	02:33:03.60
40	KUREK GRZEGORZ	183		RĄBIEŃ AB	POL	M 40-49	40	M 79	00:19:32	00:00:00	01:21:17	00:01:41	00:52:10	02:34:40.00
41	JARCZEWSKI DOMINIK	48		KALISZ	POL	M 40-49	41	M 83	00:27:00	00:00:00	01:19:02	00:02:03	00:47:13	02:35:18.00
42	KOWALSKI MARCIN	93	TRICERATOPS	TYCHY	POL	M 40-49	42	M 86	00:23:50	00:00:00	01:20:51	00:01:16	00:49:36	02:35:33.95
43	WOŹNIAK DARIUSZ	257		OSTRÓW WIELKOPOLSKI		M 40-49	43	M 88	00:23:11	00:00:00	01:18:54	00:01:45	00:52:50	02:36:40.90
44	PISAREK ŁUKASZ	120		ALEKSANDRÓW ŁÓDZKI	POL	M 40-49	44	M 95	00:20:47	00:00:00	01:19:11	00:00:56	00:56:28	02:37:22.60
45	NOWAK KONRAD	172	MBC MACIEJ BODNAR COACHING	KROTOSZYŃ	POL	M 40-49	45	M 99	00:24:58	00:00:00	01:21:01	00:01:59	00:50:21	02:38:19.15

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km	10.55km			
46	CHENCZKE DOMINIK	247	ZDUN TRIATHLON TEAM	KOŹMINEK		M 40-49	46	M 102	00:24:21	00:00:00	01:18:45	00:00:58	00:55:37	02:39:41.75
47	BUCKI PRZEMEK	131		SZCZODRE	POL	M 40-49	47	M 103	00:25:03	00:00:00	01:22:18	00:01:42	00:51:09	02:40:12.10
48	BOROWIAK MARIUSZ	119	SZAŁOWE WĘDKOWANIE	JARY	POL	M 40-49	48	M 104	00:21:44	00:00:00	01:21:26	00:01:50	00:55:12	02:40:12.30
49	NAWROCKI ARKADIUSZ	130	POWOLI	STARA WIEŚ	POL	M 40-49	49	M 106	00:28:18	00:00:00	01:21:35	00:02:45	00:47:42	02:40:20.20
50	WESOŁOWSKI PIOTR	165	WSTAWAJ I WALCZ	INOWROCŁAW	POL	M 40-49	50	M 109	00:37:54	00:00:00	01:31:38	00:02:08	00:29:30	02:41:10.75
51	URBAŃSKI PIOTR	26	BARAKUDA MASTERS	KALISZ	POL	M 40-49	51	M 110	00:28:48	00:00:00	01:23:28	00:01:23	00:47:32	02:41:11.15
52	RYBACKI PIOTR	146		TOPOLA MAŁA	POL	M 40-49	52	M 111	00:22:51	00:00:00	01:19:40	00:01:41	00:57:20	02:41:32.40
53	RABĘCKI PIOTR	58	CYKLOMANIACY	ŁÓDŹ	POL	M 40-49	53	M 116	00:26:10	00:00:00	01:15:21	00:01:00	00:59:47	02:42:18.10
54	SULKOWSKI PIOTR	59	OKUCHNIE.PL	SZCZYTNIKI	POL	M 40-49	54	M 117	00:27:12	00:00:00	01:25:34	00:01:41	00:48:01	02:42:28.25
55	KONARSKI ROBERT	25		KROTOSZYN	POL	M 40-49	55	M 119	00:24:19	00:00:00	01:22:45	00:01:00	00:54:47	02:42:51.70
56	WOJCIECHOWSKI PAWEŁ	8	BPM STUDIO	KALISZ	POL	M 40-49	56	M 123	00:29:58	00:00:00	01:19:55	00:01:05	00:52:42	02:43:40.75
57	JASIŃSKI TOMASZ	237	BULLET TEAM	BIELAWA	POL	M 40-49	57	M 126	00:23:58	00:00:00	01:19:35	00:02:26	00:58:13	02:44:12.75
58	ŁUKASZEWICZ SZYMON	115		KROTOSZYN	POL	M 40-49	58	M 127	00:21:21	00:00:00	01:24:15	00:01:49	00:56:49	02:44:14.80
59	MALINOWSKI ŁUKASZ	173		TARNOWSKIE GÓRY	POL	M 40-49	59	M 129	00:25:54	00:00:00	01:22:30	00:01:53	00:54:19	02:44:36.90
60	JANIAK PIOTR	259		OSTRÓW WIELKOPOLSKI		M 40-49	60	M 130	00:26:53	00:00:00	01:21:17	00:01:13	00:55:19	02:44:42.05
61	JANKOWSKI ARKADIUSZ	242	NAGEL GROUP	GLIWICE	POL	M 40-49	61	M 132	00:25:31	00:00:00	01:23:17	00:01:30	00:54:28	02:44:46.50
62	BOGDANOWICZ MACIEJ	244	NAGEL GROUP	ORZESZE	POL	M 40-49	62	M 133	00:26:29	00:00:00	01:19:34	00:01:22	00:57:52	02:45:17.30
63	GUZEK MARIUSZ	163	LOS BIEGANEROS KUTNO	KUTNO	POL	M 40-49	63	M 136	00:24:25	00:00:00	01:26:58	00:02:22	00:52:22	02:46:07.95
64	SZKOPEK SEBASTIAN	147		ODOLANÓW	POL	M 40-49	64	M 137	00:26:06	00:00:00	01:25:05	00:01:47	00:53:13	02:46:11.30
65	SZYMCZAK BARTŁOMIEJ	83		KALISZ	POL	M 40-49	65	M 139	00:25:40	00:00:00	01:27:55	00:01:42	00:51:18	02:46:35.75
66	FRANKOWSKI LESZEK	75	FRANKI	OSTRZESZÓW	POL	M 40-49	66	M 142	00:24:47	00:00:00	01:26:08	00:01:53	00:54:33	02:47:21.60
67	GUSS BARTOSZ	220	MOCNI W GĘNIE	POZNAŃ	POL	M 40-49	67	M 144	00:29:02	00:00:00	01:27:46	00:02:03	00:49:03	02:47:54.85
68	WÓJCIK JAKUB	117	TRIDIVISION	GLIWICE	POL	M 40-49	68	M 145	00:22:19	00:00:00	01:24:12	00:01:17	01:00:31	02:48:19.80
69	KOWALCZYK RAFAŁ	112	GEO-PRO.PL	KALISZ	POL	M 40-49	69	M 146	00:33:18	00:00:00	01:16:22	00:01:14	00:57:29	02:48:23.50
70	KMIĘC SŁAWOMIR	187	LUBASZ	LUBASZ	POL	M 40-49	70	M 147	00:24:11	00:00:00				02:48:28.00
71	KRÓL LECH	24	TRIATHLON KROTOSZYN TEAM	KROTOSZYN	POL	M 40-49	71	M 150	00:24:39	00:00:00	01:27:13	00:02:00	00:55:20	02:49:12.40
72	KOTAS ROMAN	155	KOTASTROFA	WROCŁAW	POL	M 40-49	72	M 156	00:28:17	00:00:00	01:30:13	00:01:54	00:52:22	02:52:46.75
73	MAJCZAK KAMIL	31	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M 40-49	73	M 158	00:26:06	00:00:00	01:46:36	00:03:35	00:37:21	02:53:38.90
74	GROŃSKI ROBERT	87		WROCŁAW	POL	M 40-49	74	M 159	00:31:27	00:00:00	01:27:14	00:02:08	00:52:52	02:53:41.75
75	DRAJER SEBASTIAN	30		OSTRÓW WIELKOPOLSKI	POL	M 40-49	75	M 162	00:29:59	00:00:00	01:31:11	00:01:39	00:51:54	02:54:43.70
76	MAJEWSKI WIESŁAW	192	KUŹNIA TRIATHLONU	SZRENIAWA	POL	M 40-49	76	M 163	00:29:18	00:00:00	01:28:52	00:02:14	00:54:38	02:55:02.15
77	KOCH PRZEMYSŁAW	145	SZWAGIER TEAM	WARSZAWA	POL	M 40-49	77	M 166	00:25:59	00:00:00	01:28:41	00:02:44	01:00:51	02:58:15.15
78	KOSIARSKI BARTOSZ	181	AA TRIATHLON TEAM KROTOSZYN	KROTOSZYN	POL	M 40-49	78	M 172	00:21:22	00:00:00	01:36:55	00:02:01	00:59:46	03:00:04.90
79	WITA RADEK	161		KROTOSZYN	POL	M 40-49	79	M 177	00:34:01	00:00:00	01:33:11	00:01:50	00:58:25	03:07:27.25
80	GRALAŁ KAROL	105		KALISZ	POL	M 40-49	80	M 179	00:31:46	00:00:00	01:23:01	00:03:56	01:09:19	03:08:02.30
81	ŚWIŃOŃ DARIUSZ	21	AKTYWNY OSTRZESZÓW	ROGASZYCE	POL	M 40-49	81	M 180	00:41:04	00:00:00	01:27:41	00:01:23	00:58:47	03:08:55.50
82	ROGACKI ADAM	263		KALISZ		M 40-49	82	M 182	00:31:17	00:00:00	01:32:50	00:03:06	01:04:54	03:12:07.00
83	WILK DAWID	214		POZNAŃ	POL	M 40-49	83	M 186	00:29:51	00:00:00	01:30:58	00:02:22	01:16:41	03:19:52.60
84	SZYMANOWSKI DAMIAN	71		NARATÓW	POL	M 40-49	84	M 187	00:37:25	00:00:00	01:40:56	00:02:15	01:00:52	03:21:28.60
85	WCISŁEK MATEUSZ	66	ZDUN TRIATHLON TEAM	KALISZ	POL	M 40-49	85	M 189	00:30:10	00:00:00	01:34:36	00:02:26	01:14:38	03:21:50.60
86	SULKOWSKI TOMASZ	81		CZEKANÓW	POL	M 40-49	86	M 191	00:35:48	00:00:00	01:37:28	00:02:30	01:07:23	03:23:09.50
87	KOSTKA BOGUMIŁ	201	KS KROTOSZ KROTOSZYN	KROTOSZYN	POL	M 40-49	87	M 193	01:04:07	00:00:00	01:33:00	00:03:03	00:46:44	03:26:54.65
88	GADZINOWSKI ŁUKASZ	140		KOŚCIELNA WIEŚ	POL	M 40-49	88	M 197	00:37:56	00:00:00	01:51:58	00:02:49	01:02:54	03:35:37.40
89	ŚMIECH MARIUSZ	114		KRAKÓW	POL	M 40-49	89	M 198	00:47:26	00:00:00	01:41:51	00:02:36	01:06:10	03:38:03.75
	WILK KAROL	41		LAMKI	POL	M 40-49			01:11:37 DNF	00:00:00		00:00:00	00:00:00	DNF

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto
									0.95km	45km	10.55km			
1	KORNES JANUSZ	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	SOSNOWIEC	POL	M 50-59	1	M 26	00:16:47	00:00:00	01:14:15	00:01:11	00:48:43	02:20:56.20
2	KUBIAK PRZEMYSŁAW	254		WILCZYCE		M 50-59	2	M 46	00:21:30	00:00:00	01:14:17	00:01:49	00:48:11	02:25:47.20
3	PIETRZAK ROMEK	174	SKS OBORNKI	RAKOWNIA	POL	M 50-59	3	M 65	00:21:22	00:00:00	01:18:47	00:01:42	00:48:49	02:30:40.80

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 50-59 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto			
									0.95km			45km			10.55km		
4	FIGIEL ARKADIUSZ	67	ARKADIUSZ FIGIEL PHU MAFPOL	KALISZ	POL	M 50-59	4	M 87	00:23:51	00:00:00	01:19:06	00:01:18	00:52:18	02:36:33.10			
5	LIZIK WALDEMAR	143	TRI POWER TEAM	POSADA	POL	M 50-59	5	M 89	00:21:29	00:00:00	01:25:27	00:01:52	00:48:11	02:36:59.95			
6	WIŚNIEWSKI JAN	212		OPATÓWEK	POL	M 50-59	6	M 94	00:21:57	00:00:00	01:15:55	00:02:21	00:57:01	02:37:14.00			
7	MARCINKOWSKI PIOTR	108	OSW TRI TEAM	OSTRÓW WIELKOPOLSKI	POL	M 50-59	7	M 97	00:19:56	00:00:00	01:25:14	00:01:29	00:51:27	02:38:06.40			
8	ADANSKI SŁAWOMIR	39		PŁOCK	POL	M 50-59	8	M 118	00:26:06	00:00:00	01:19:35	00:01:38	00:55:15	02:42:34.90			
9	WAWRZYŃIAK BOGUSŁAW	90	WAWRZYN TEAM	GORZYCE WIELKIE	POL	M 50-59	9	M 141	00:18:46	00:00:00	01:22:08	00:01:28	01:04:48	02:47:10.40			
10	STĘPNIEWSKI DARIUSZ	189	PROMYK CIECHANÓW	CIECHANÓW	POL	M 50-59	10	M 143	00:30:44	00:00:00	01:27:02	00:02:20	00:47:37	02:47:43.15			
11	MIAŚKIEWICZ WITOLD	16	ZDUN TRIATHLON TEAM	SZAŁE	POL	M 50-59	11	M 155	00:32:20	00:00:00	01:26:41	00:01:24	00:51:59	02:52:24.05			
12	PAGÓREK RADOSŁAW	3	DURABLE	DOŁUJE	POL	M 50-59	12	M 161	00:27:49	00:00:00	01:27:50	00:02:01	00:56:54	02:54:34.40			
13	WOJCIEKIEWICZ MAREK	229		OSTRÓW WIELKOPOLSKI	POL	M 50-59	13	M 168	00:33:56	00:00:00	01:34:21	00:02:42	00:47:54	02:58:53.95			
14	HOFFMANN BARTOSZ	151	COMPUTEC TEAM	WSCHOWA	POL	M 50-59	14	M 170	00:23:06	00:00:00	01:28:21	00:01:33	01:06:47	02:59:47.95			
15	PAŃKÓW PIOTR	153	FUNDACJA NAKOLE	NIWKI	POL	M 50-59	15	M 176	00:25:55	00:00:00	01:30:59	00:03:33	01:05:11	03:05:38.80			
16	GALEWSKI PIOTR	185	TRENUJ Z NAMI	WROCŁAW	POL	M 50-59	16	M 195	00:39:16	00:00:00	01:43:59	00:02:04	01:02:25	03:27:44.55			

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 60-69**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto			
									0.95km			45km			10.55km		
1	PASTUSZAK KRZYSZTOF	171	TRITIM	OSTROWWLKP	POL	M 60-69	1	M 69	00:22:54	00:00:00	01:17:43	00:01:21	00:49:22	02:31:20.35			
2	BIRECKI WAĆŁAW	150	RUN AND TRI/GT KONA	OPOLE	POL	M 60-69	2	M 82	00:21:13	00:00:00	01:17:47	00:01:47	00:54:19	02:35:06.25			
3	LECHOWSKI JAN	74	KB HARCOWNIK JELCZ-LASKOWICE	JELCZ-LASKOWICE	POL	M 60-69	3	M 138	00:28:13	00:00:00	01:25:42	00:01:39	00:51:00	02:46:34.75			

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 70+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto			
									0.95km			45km			10.55km		
1	OLEJNICZAK WITOLD	245		DOBROSZYCE		M 70+	1	M 199	00:53:23	00:00:00	01:37:18	00:02:23	01:08:43	03:41:47.20			