

## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM

Organizator: APS AGENCY Sp. z o.o. Sp. K  
 Data: 2022-08-28  
 Miejsce: Kalisz  
 Dystans: 56,5 km  
 Klasyfikacja wg czasów netto.



## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
1	TOCHOWICZ KASPER	107	TRIWISE	GOLESZÓW	POL	M 19-29	1	M 1	00:14:13 (1)	00:00:00	00:37:08 (3)	00:01:00	00:37:08 (3)	01:52:17.45
2	GAJ PRZEMYSŁAW	234	KAZIKI TRI	KONIN	POL	M 19-29	2	M 2	00:16:19 (3)	00:00:00	01:07:14 (5)	00:00:47	00:35:38 (2)	01:59:58.00
3	OLSZEWSKI ALEKSANDER	196	TRINERGY	WROCŁAW	POL	M 30-39	1	M 3	00:16:23 (4)	00:00:00	01:06:10 (2)	00:01:06	00:38:16 (7)	02:01:55.60
4	BIRECKI JAKUB	205	RUNANDTRI.PL	OPOLE	POL	M 30-39	2	M 4	00:16:46 (7)	00:00:00	01:06:32 (3)	00:00:58	00:38:01 (6)	02:02:17.90
5	KOŁODZIEJCZAK FILIP	89	IM INSPIRATION	BRZEZINY	POL	M 19-29	3	M 5	00:14:52 (2)	00:00:00	01:06:49 (4)	00:00:57	00:43:09 (18)	02:05:47.40
6	KARCH TOMASZ	216	ŻELAZNA ŚWIDNICA	ŚWIEBODZICE	POL	M 40-49	1	M 6	00:16:29 (5)	00:00:00	01:11:31 (14)	00:01:20	00:37:32 (5)	02:06:52.55
7	JACKOWIAK PIOTR	142	SZTUKA RUCHU	BRZEG	POL	M 30-39	3	M 7	00:16:47 (8)	00:00:00	01:07:17 (6)	00:00:57	00:42:12 (13)	02:07:13.65
8	BANASZEWSKI WOJCIECH	190		WROCŁAW	POL	M 40-49	2	M 8	00:18:01 (16)	00:00:00	01:09:06 (11)	00:01:13	00:40:17 (10)	02:08:37.70
9	WOJCIESZKO PIOTR	38	CHMURA COACHING	WROCŁAW	POL	M 40-49	3	M 9	00:18:43 (23)	00:00:00	01:09:31 (12)	00:00:56	00:40:13 (9)	02:09:23.65
10	GOŁYS GRZEGORZ	42	ANIA HALSKA COACHING	KNURÓW	POL	M 19-29	4	M 10	00:18:31 (20)	00:00:00	01:09:00 (10)	00:01:16	00:40:56 (11)	02:09:43.80
11	BIELICKI BARTOSZ	177	RUNNING TEAM MILICZ	MILICZ	POL	M 40-49	4	M 11	00:19:37 (35)	00:00:00	01:12:01 (16)	00:01:00	00:38:29 (8)	02:11:07.20
12	MICHNIEWICZ MACIEJ	14	EUROVENT ATHLETICS	OPOLE	POL	M 40-49	5	M 12	00:17:09 (12)	00:00:00	01:11:38 (15)	00:00:51	00:41:41 (12)	02:11:19.30
13	PAŁYSA MAREK	27	TRI NEGU	DAWIDY BANKOWE	POL	M 40-49	6	M 13	00:16:51 (10)	00:00:00	01:07:53 (7)	00:01:14	00:47:02 (58)	02:13:00.75
14	CHATIAN ADAM	188		OSTRÓW WIELKOPOLSKI	POL	M 19-29	5	M 14	00:18:58 (27)	00:00:00	01:08:58 (9)	00:01:24	00:43:48 (24)	02:13:08.25
15	DOMINO KRYSZTIAN	5	GVT	GŁOGÓW	POL	M 40-49	7	M 15	00:18:54 (25)	00:00:00	01:08:23 (8)	00:01:04	00:45:05 (36)	02:13:26.80
16	JAGIELSKI ŁUKASZ	2	JAGIELSKI TEAM	POZNAŃ	POL	M 30-39	4	M 16	00:17:54 (15)	00:00:00	01:12:48 (21)	00:00:59	00:43:32 (21)	02:15:13.85
17	TIDE KRZYSZTOF	7		ŻORY	POL	M 19-29	6	M 17	00:17:07 (11)	00:00:00	01:14:15 (38)	00:00:56	00:43:11 (19)	02:15:29.05
18	WYSOCZAŃSKI PAWEŁ	46	TRI GRANDA WOŁÓW / PCC SQUAD	WOŁÓW	POL	M 30-39	5	M 18	00:17:44 (14)	00:00:00	01:12:49 (22)	00:00:48	00:44:23 (29)	02:15:44.10
19	LECH MIROSLAW	225		BRZEG	POL	M 30-39	6	M 19	00:18:04 (17)	00:00:00	01:12:14 (18)	00:01:30	00:46:41 (50)	02:18:29.25
20	CEDROWSKI DANIEL	68		WROCŁAW	POL	M 19-29	7	M 20	00:21:56 (67)	00:00:00	01:10:48 (13)	00:01:21	00:44:41 (33)	02:18:46.85
21	KUŹNIAK JAN	236	7PRO_TEAM	WŁÓKI	POL	M 30-39	7	M 21	00:21:41 (61)	00:00:00	01:13:37 (30)	00:01:37	00:42:38 (14)	02:19:33.25
22	ZWIERZ KRZYSZTOF	94		OPOLE	POL	M 40-49	8	M 22	00:19:19 (30)	00:00:00	01:15:16 (48)	00:02:24	00:42:41 (15)	02:19:40.55
23	WŁODARCZAK MARCIN	40	HELIOS CZEMPIŃ TEAM	CZEMPIŃ	POL	M 40-49	9	M 23	00:22:14 (73)	00:00:00	01:12:02 (17)	00:01:01	00:45:19 (38)	02:20:36.75
24	FRYSKE BARTOSZ	82		WĄGROWIEC	POL	M 30-39	8	M 24	00:23:24 (95)	00:00:00	01:12:25 (19)	00:00:58	00:43:58 (25)	02:20:45.45
25	WRÓBLEWSKI PIOTR	175	LITWIN SPORTS	KRZYŻANOWICE	POL	M 30-39	9	M 25	00:24:02 (108)	00:00:00	01:12:51 (23)	00:00:58	00:43:02 (17)	02:20:53.65
26	KORNES JANUSZ	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	SOSNOWIEC	POL	M 50-59	1	M 26	00:16:47 (9)	00:00:00	01:14:15 (37)	00:01:11	00:48:43 (83)	02:20:56.20
27	TOMASZEWSKI MATEUSZ	217		WROCŁAW	POL	M 40-49	10	M 27	00:20:03 (39)	00:00:00	01:14:59 (46)	00:01:10	00:44:54 (35)	02:21:06.20
28	HYHS JAN	113	AUGUSTYNIAK TRIATHLON TEAM	OSTRÓW WIELKOPOLSKI	POL	M 30-39	10	M 28	00:22:18 (75)	00:00:00	01:13:17 (27)	00:01:48	00:44:01 (26)	02:21:24.65
29	KARGOL PAWEŁ	164		OLEŚNICA	POL	M 40-49	11	M 29	00:20:13 (42)	00:00:00	01:13:14 (26)	00:00:52	00:47:11 (61)	02:21:30.40
30	ZAWADZKI PAWEŁ	19	BPM STUDIO TEAM	KALISZ	POL	M 30-39	11	M 30	00:21:41 (60)	00:00:00	01:13:08 (25)	00:01:16	00:45:48 (42)	02:21:53.85
31	BIELAK ARTUR	139	KAZIKI / ATAK NA TRIATHLON	KALISZ	POL	M 40-49	12	M 31	00:19:17 (29)	00:00:00	01:14:21 (40)	00:01:23	00:46:57 (56)	02:21:58.15
32	SZEWCZYK ROBERT	219		JAROCIN	POL	M 40-49	13	M 32	00:20:06 (40)	00:00:00	01:15:13 (47)	00:00:52	00:46:01 (44)	02:22:12.50
33	DUDELA ADRIAN	207	KAZIKI	WARSZAWA	POL	M 40-49	14	M 33	00:21:51 (65)	00:00:00	01:14:12 (36)	00:02:03	00:44:12 (28)	02:22:18.70
34	BEDNARCYK ROBERT	32	DIAKONOWBEDNARCYK.PL	WARSZAWA	POL	M 30-39	12	M 34	00:24:32 (118)	00:00:00	01:14:01 (35)	00:01:21	00:43:01 (16)	02:22:55.95
35	MOGA PIOTR	154	SPARTA ULTRA TEAM	BARANÓW	POL	M 30-39	13	M 35	00:18:21 (19)	00:00:00	01:13:48 (31)	00:01:03	00:49:45 (94)	02:22:57.45
36	ROMANOWSKI PIOTR	9	TIETO TRIATHLON TEAM	WYSOKA	POL	M 30-39	14	M 36	00:22:53 (84)	00:00:00	01:15:38 (51)	00:01:42	00:43:29 (20)	02:23:42.40
37	SROGA MACIEJ	218	GT KONA	NAMYSŁÓW	POL	M 30-39	15	M 37	00:23:10 (88)	00:00:00	01:13:57 (34)	00:01:08	00:46:23 (48)	02:24:38.85
38	NAJGEBAUER ŁUKASZ	11	FF INWESTYCJE	OPOLE	POL	M 30-39	16	M 38	00:20:09 (41)	00:00:00	01:17:34 (64)	00:01:22	00:45:35 (41)	02:24:40.95
39	SZCZERBAKOWSKI BARTOSZ	1		WROCŁAW	POL	M 40-49	15	M 39	00:21:33 (58)	00:00:00	01:13:56 (33)	00:01:46	00:47:33 (68)	02:24:48.25
40	SIERADZAN GRZEGORZ	72		OLEŚNICA	POL	M 40-49	16	M 40	00:21:35 (59)	00:00:00	01:13:55 (32)	00:01:27	00:48:05 (76)	02:25:02.65
41	CZAPLA ŁUKASZ	264	TRICERATOPS	TYCHY	POL	M 40-49	17	M 41	00:21:57 (69)	00:00:00	01:17:14 (63)	00:01:28	00:44:31 (31)	02:25:10.60
42	DWOJAK MARCIN	179	BMW SMORAWIŃSKI	PRZĘMIEROWO	POL	M 40-49	18	M 42	00:17:15 (13)	00:00:00	01:18:37 (75)	00:01:26	00:48:01 (75)	02:25:19.25
43	PILARCZYK BARTEK	63		OSTRÓW WLKP	POL	M 40-49	19	M 43	00:20:00 (37)	00:00:00	01:16:14 (58)	00:01:43	00:47:25 (66)	02:25:22.10
44	BOCIEK PIOTR	168		GUBIN	POL	M 30-39	17	M 44	00:26:47 (149)	00:00:00	01:12:52 (24)	00:01:15	00:44:32 (32)	02:25:26.90





**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto	
									0.95km	45km		10.55km			
157	KRÓL LECH	24	TRIATHLON KROTOSZYN TEAM	KROTOSZYN	POL	M 40-49	71	M 150	00:24:39 (121)	00:00:00	01:27:13 (163)	00:02:00	00:55:20 (153)	02:49:12.40	
158	SZKOPEK PAWEŁ	148		KACZORY	POL	M 30-39	51	M 151	00:24:33 (119)	00:00:00	01:26:57 (159)	00:01:32	00:56:26 (158)	02:49:28.95	
159	STRUSZ KAMIL	213	TRIZARZA	KATOWICE	POL	M 19-29	15	M 152	00:23:10 (89)	00:00:00	01:21:40 (110)	00:02:17	01:02:48 (189)	02:49:55.75	
160	WOJCIECHOWSKI ŁUKASZ	204	GT KONA RUNANDTRI	OPOLE	POL	M 30-39	52	M 153	00:26:24 (146)	00:00:00	01:27:11 (162)	00:01:55	00:54:29 (143)	02:49:59.30	
161	SZYMANOWSKA MARTA	45	SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU	KALISZ	POL	K 30-39	3	K 8	00:26:12 (144)	00:00:00	01:30:33 (179)	00:01:46	00:53:42 (135)	02:52:13.80	
162	RABURSKI CZAREK	73		MILICZ	POL	M 30-39	53	M 154	00:28:14 (162)	00:00:00	01:25:43 (152)	00:01:15	00:57:03 (163)	02:52:15.50	
163	MIAŚKIEWICZ WITOLD	16	ZDUN TRIATHLON TEAM	SZAŁE	POL	M 50-59	11	M 155	00:32:20 (186)	00:00:00	01:26:41 (157)	00:01:24	00:51:59 (118)	02:52:24.05	
164	KOTAS ROMAN	155	KOTASTROFA	WROCŁAW	POL	M 40-49	72	M 156	00:28:17 (163)	00:00:00	01:30:13 (178)	00:01:54	00:52:22 (128)	02:52:46.75	
165	JASINSKA BEATA	238	BULLET TEAM	PIESZYCE	POL	K 40-49	4	K 9	00:25:55 (136)	00:00:00	01:33:09 (190)	00:01:33	00:52:12 (124)	02:52:49.75	
166	BEDNARZ BARTŁOMIEJ	162		ZIEMNICE	POL	M 30-39	54	M 157	00:47:47 (213)	00:00:00	01:19:22 (86)	00:01:38	00:44:46 (34)	02:53:33.75	
167	MAJCZAK KAMIL	31	ACTIVE RUNNERS ŁÓCK	ŁÓCK	POL	M 40-49	73	M 158	00:26:06 (140)	00:00:00	01:46:36 (215)	00:03:35	00:37:21 (4)	02:53:38.90	
168	GROŃSKI ROBERT	87		WROCŁAW	POL	M 40-49	74	M 159	00:31:27 (183)	00:00:00	01:27:14 (164)	00:02:08	00:52:52 (132)	02:53:41.75	
169	PIETRUSIAK WIKTORIA	65	ZDUN TRIATHLON TEAM	KALISZ	POL	K 20-29	3	K 10	00:21:09 (47)	00:00:00	01:33:26 (192)	00:01:28	00:58:24 (173)	02:54:27.35	
170	HAŁADUS DOMINIK	240	DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS	CZĘSTOCHOWA	POL	M 30-39	55	M 160	00:32:54 (190)	00:00:00	01:24:24 (137)	00:01:32	00:55:44 (156)	02:54:34.10	
171	PAGÓREK RADOŚLAW	3	DURABLE	DOŁUJE	POL	M 50-59	12	M 161	00:27:49 (159)	00:00:00	01:27:50 (169)	00:02:01	00:56:54 (161)	02:54:34.40	
172	DRAJER SEBASTIAN	30		OSTRÓW WIELKOPOLSKI	POL	M 40-49	75	M 162	00:29:59 (177)	00:00:00	01:31:11 (184)	00:01:39	00:51:54 (117)	02:54:43.70	
173	MAJEWSKI WIESŁAW	192	KUŹNIA TRIATHLONU	SZRENIAWA	POL	M 40-49	76	M 163	00:29:18 (171)	00:00:00	01:28:52 (173)	00:02:14	00:54:38 (145)	02:55:02.15	
174	SZAGUN AGNIESZKA	260		POZNAŃ		K 30-39	4	K 11	00:23:35 (99)	00:00:00	01:30:04 (176)	00:01:49	01:00:02 (182)	02:55:30.85	
175	JANKOWSKI JAROSŁAW	215		SADKÓW	POL	M 19-29	16	M 164	00:33:13 (193)	00:00:00	01:25:53 (154)	00:01:30	00:55:15 (150)	02:55:51.85	
176	NAGODZIŃSKI MARCIN	85		BISKUPICE	POL	M 30-39	56	M 165	00:28:41 (166)	00:00:00	01:24:16 (136)	00:02:21	01:01:37 (186)	02:56:55.20	
177	KOCH PRZEMYSŁAW	145	SZWAGIER TEAM	WARSZAWA	POL	M 40-49	77	M 166	00:25:59 (138)	00:00:00	01:28:41 (172)	00:02:44	01:00:51 (184)	02:58:15.15	
178	STANEK DAWID	243		KĄTY WROCŁAWSKIE	POL	M 30-39	57	M 167	00:24:31 (117)	00:00:00	01:24:33 (138)	00:01:50	01:07:53 (204)	02:58:47.95	
179	WOJCIEKIEWICZ MAREK	229		OSTRÓW WIELKOPOLSKI	POL	M 50-59	13	M 168	00:33:56 (200)	00:00:00	01:34:21 (195)	00:02:42	00:47:54 (73)	02:58:53.95	
180	MIŁEK GRZEGORZ	222	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	17	M 169	00:33:17 (194)	00:00:00	01:24:33 (139)	00:02:22	00:59:16 (177)	02:59:28.25	
181	HOFFMANN BARTOSZ	151	COMPUDEC TEAM	WSCHOWA	POL	M 50-59	14	M 170	00:23:06 (87)	00:00:00	01:28:21 (171)	00:01:33	01:06:47 (201)	02:59:47.95	
182	CHOJNACKI KRZYSZTOF	52		OSTRÓW WIELKOPOLSKI	POL	M 30-39	58	M 171	00:33:42 (199)	00:00:00	01:32:21 (187)	00:01:49	00:52:05 (121)	02:59:57.05	
183	KOSIARSKI BARTOSZ	181	AA TRIATHLON TEAM KROTOSZYN	KROTOSZYN	POL	M 40-49	78	M 172	00:21:22 (52)	00:00:00	01:36:55 (203)	00:02:01	00:59:46 (180)	03:00:04.90	
184	SPIEWAK MICHAŁ	208		ŁÓDŹ	POL	M 30-39	59	M 173	00:33:35 (198)	00:00:00	01:30:36 (180)	00:04:42	00:52:01 (119)	03:00:54.85	
185	HOWANIEC AGATA	80	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	K 30-39	5	K 12	00:30:17 (179)	00:00:00	01:34:59 (197)	00:01:14	00:55:37 (155)	03:02:07.85	
186	CICHON MAGDALENA	258		OPOLE		K 40-49	5	K 13	00:33:09 (192)	00:00:00	01:35:38 (199)	00:02:19	00:51:16 (113)	03:02:22.50	
187	TACIK PRZEMYSŁAW	224	TRIMP	SOŚNIE	POL	M 19-29	18	M 174	00:33:06 (191)	00:00:00	01:24:42 (141)	00:01:10	01:05:24 (196)	03:04:22.35	
188	PRUSKI MARIUSZ	141		ŁÓDŹ	POL	M 30-39	60	M 175	00:25:54 (134)	00:00:00	01:30:59 (183)	00:02:48	01:05:46 (197)	03:05:27.80	
189	PAŃKÓW PIOTR	153	FUNDACJA NAKOLE	NIWKI	POL	M 50-59	15	M 176	00:25:55 (137)	00:00:00	01:30:59 (182)	00:03:33	01:05:11 (195)	03:05:38.80	
190	WITA RADEK	161		KROTOSZYN	POL	M 40-49	79	M 177	00:34:01 (202)	00:00:00	01:33:11 (191)	00:01:50	00:58:25 (174)	03:07:27.25	
191	KANTECKI DAWID	233	SIERADZKI GRZMOT	SIERADZ	POL	M 19-29	19	M 178	00:33:19 (196)	00:00:00	01:29:57 (175)	00:01:11	01:03:05 (191)	03:07:32.30	
192	GRALAK KAROL	105		KALISZ	POL	M 40-49	80	M 179	00:31:46 (184)	00:00:00	01:23:01 (122)	00:03:56	01:09:19 (207)	03:08:02.30	
193	ŚWITON DARIUSZ	21	AKTYWNY OSTRZESZÓW	ROGASZYCE	POL	M 40-49	81	M 180	00:41:04 (210)	00:00:00	01:27:41 (167)	00:01:23	00:58:47 (175)	03:08:55.50	
194	CIESIELSKA EWA	61	ZDUN TRIATHLON TEAM	KALISZ	POL	K 30-39	6	K 14	00:24:40 (124)	00:00:00	01:36:30 (202)	00:01:53	01:06:10 (199)	03:09:13.35	
195	SZKOPEK ROBERT	232		GLIŚNICA	POL	M 19-29	20	M 181	00:23:15 (93)	00:00:00	01:36:07 (200)	00:01:25	01:08:53 (206)	03:09:40.85	
196	DOMINIK ZUZANNA	159		OSTRZESZÓW	POL	K 20-29	4	K 15	00:22:43 (80)	00:00:00	01:42:23 (211)	00:01:17	01:04:17 (192)	03:10:40.20	
197	ROGACKI ADAM	263		KALISZ	POL	M 40-49	82	M 182	00:31:17 (182)	00:00:00	01:32:50 (188)	00:03:06	01:04:54 (194)	03:12:07.00	
198	TURKOWSKI ADRIAN	101		KAZIMIERZ BISKUPI	POL	M 19-29	21	M 183	00:27:40 (158)	00:00:00	01:37:06 (204)	00:01:44	01:06:43 (200)	03:13:13.10	
199	DUDEK MICHAŁ ANTONI	226		SIEROSŁAW	POL	M 16-18	3	M 184	00:29:49 (174)	00:00:00	01:32:16 (186)	00:01:43	01:09:45 (208)	03:13:33.10	
200	OLEKSIUK MICHAŁ	51		WARSZAWA	POL	M 30-39	61	M 185	00:29:20 (172)	00:00:00	01:41:47 (209)	00:02:37	01:02:21 (187)	03:16:05.85	
201	WILK DAWID	214		POZNAŃ	POL	M 40-49	83	M 186	00:29:51 (175)	00:00:00	01:30:58 (181)	00:02:22	01:16:41 (216)	03:19:52.60	
202	SZYMANOWSKI DAMIAN	71		NARATÓW	POL	M 40-49	84	M 187	00:37:25 (205)	00:00:00	01:40:56 (208)	00:02:15	01:00:52 (185)	03:21:28.60	
203	BADURA PIOTR	184		GORZYCE WIELKIE	POL	M 30-39	62	M 188	00:32:48 (188)	00:00:00	01:39:18 (207)	00:02:05	01:07:36 (203)	03:21:47.10	
204	WCISŁEK MATEUSZ	66	ZDUN TRIATHLON TEAM	KALISZ	POL	M 40-49	85	M 189	00:30:10 (178)	00:00:00	01:34:36 (196)	00:02:26	01:14:38 (215)	03:21:50.60	
205	WALISZEWSKI JAKUB	79		ŁÓDŹ	POL	M 30-39	63	M 190	00:33:19 (197)	00:00:00	01:33:57 (194)	00:03:14	01:12:09 (212)	03:22:39.70	
206	SULKOWSKI TOMASZ	81		CZEKANÓW	POL	M 40-49	86	M 191	00:35:48 (204)	00:00:00	01:37:28 (206)	00:02:30	01:07:23 (202)	03:23:09.50	
207	MARCINIAK ŁUKASZ	132	KS WIKINGOWIE	KALISZ	POL	M 30-39	64	M 192	00:38:53 (208)	00:00:00	01:33:49 (193)	00:02:34	01:11:28 (210)	03:26:44.80	
208	KOSTKA BOGUMIŁ	201	KS KROTOSZ KROTOSZYN	KROTOSZYN	POL	M 40-49	87	M 193	01:04:07 (216)	00:00:00	01:33:00 (189)	00:03:03	00:46:44 (51)	03:26:54.65	
209	PODOLSKI PRZEMYSŁAW	28	KKS PODOLSKI DOJO	KALISZ	POL	M 30-39	65	M 194	00:42:16 (211)	00:00:00	01:30:11 (177)	00:02:24	01:12:08 (211)	03:26:59.45	
210	GALEWSKI PIOTR	185	TRENUJ Z NAMI	WROCŁAW	POL	M 50-59	16	M 195	00:39:16 (209)	00:00:00	01:43:59 (213)	00:02:04	01:02:25 (188)	03:27:44.55	

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.95km	T1	Rower 45km	T2	Bieg 10.55km	Netto
211	BIAŁOGÓROW MARCIN	78		ŁÓDŹ	POL	M 30-39	66	M 196	00:34:04 (203)	00:00:00	01:43:10 (212)	00:02:20	01:13:07 (213)	03:32:41.50
212	JANIGA-BEDNARZ ALEKSANDRA	156		ZIEMNICE	POL	K 30-39	7	K 16	00:57:47 (215)	00:00:00	01:35:17 (198)	00:02:09	00:59:43 (179)	03:34:56.30
213	GADZINOWSKI ŁUKASZ	140		KOŚCIELNA WIEŚ	POL	M 40-49	88	M 197	00:37:56 (207)	00:00:00	01:51:58 (216)	00:02:49	01:02:54 (190)	03:35:37.40
214	STASZAK AGNIESZKA	261		ZAKRZEWO		K 40-49	6	K 17	00:33:58 (201)	00:00:00	01:46:10 (214)	00:02:00	01:14:36 (214)	03:36:44.60
215	ŚMIECH MARIUSZ	114		KRAKÓW	POL	M 40-49	89	M 198	00:47:26 (212)	00:00:00	01:41:51 (210)	00:02:36	01:06:10 (198)	03:38:03.75
216	OLEJNICZAK WITOLD	245		DOBROSZYCE		M 70+	1	M 199	00:53:23 (214)	00:00:00	01:37:18 (205)	00:02:23	01:08:43 (205)	03:41:47.20
217	GAŁĄZKA ŁUKASZ	228	SIERADZKIGRZMOT	SIERADZ	POL	M 19-29	22	M 200	01:09:19 (217)	00:00:00	01:36:18 (201)	00:02:34	00:57:24 (169)	03:45:35.40
	WILK KAROL	41		LAMKI	POL	M 40-49			01:11:37 DNF (218)	00:00:00		00:00:00	00:00:00 ()	DNF