

## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM

Organizator: APS AGENCY Sp. z o.o. Sp. K

Data: 2022-08-28

Miejsce: Kalisz

Dystans: 56,5 km

**Wyniki dla punktu pomiaru: 45.95 km**

Klasyfikacja wg czasów netto.



## 56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                             | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|------------------------|-----|----------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | TOCHOWICZ KASPER       | 107 | TRIWISE                          | GOLESZÓW            | POL  | M 19-29 | 00:14:13 (1)       | 00:00:00 | 00:59:56 (1)  | 00:01:00 | 00:37:08 (3)    |
| 2    | KOŁODZIEJCZAK FILIP    | 89  | IM INSPIRATION                   | BRZESZYN            | POL  | M 19-29 | 00:14:52 (2)       | 00:00:00 | 01:06:49 (4)  | 00:00:57 | 00:43:09 (18)   |
| 3    | OLSZEWSKI ALEKSANDER   | 196 | TRINERGY                         | WROCŁAW             | POL  | M 30-39 | 00:16:23 (4)       | 00:00:00 | 01:06:10 (2)  | 00:01:06 | 00:38:16 (7)    |
| 4    | BIRECKI JAKUB          | 205 | RUNANDTRI.PL                     | OPOLE               | POL  | M 30-39 | 00:16:46 (7)       | 00:00:00 | 01:06:32 (3)  | 00:00:58 | 00:38:01 (6)    |
| 5    | GAJ PRZEMYSŁAW         | 234 | KAZIKI TRI                       | KONIN               | POL  | M 19-29 | 00:16:19 (3)       | 00:00:00 | 01:07:14 (5)  | 00:00:47 | 00:35:38 (2)    |
| 6    | JACKOWIAK PIOTR        | 142 | SZTUKA RUCHU                     | BRZEG               | POL  | M 30-39 | 00:16:47 (8)       | 00:00:00 | 01:07:17 (6)  | 00:00:57 | 00:42:12 (13)   |
| 7    | PAŁYSA MAREK           | 27  | TRI NEGU                         | DAWIDY BANKOWE      | POL  | M 40-49 | 00:16:51 (10)      | 00:00:00 | 01:07:53 (7)  | 00:01:14 | 00:47:02 (58)   |
| 8    | BANASZEWSKI WOJCIECH   | 190 |                                  | WROCŁAW             | POL  | M 40-49 | 00:18:01 (16)      | 00:00:00 | 01:09:06 (11) | 00:01:13 | 00:40:17 (10)   |
| 9    | DOMINO KRYSZTOF        | 5   | GVT                              | GŁOGÓW              | POL  | M 40-49 | 00:18:54 (25)      | 00:00:00 | 01:08:23 (8)  | 00:01:04 | 00:45:05 (36)   |
| 10   | GOŁYŚ GRZEGORZ         | 42  | ANIA HALSKA COACHING             | KNURÓW              | POL  | M 19-29 | 00:18:31 (20)      | 00:00:00 | 01:09:00 (10) | 00:01:16 | 00:40:56 (11)   |
| 11   | CHATIAN ADAM           | 188 |                                  | OSTRÓW WIELKOPOLSKI | POL  | M 19-29 | 00:18:58 (27)      | 00:00:00 | 01:08:58 (9)  | 00:01:24 | 00:43:48 (24)   |
| 12   | KARCH TOMASZ           | 216 | ŻELAZNA ŚWIDNICA                 | ŚWIEBODZICE         | POL  | M 40-49 | 00:16:29 (5)       | 00:00:00 | 01:11:31 (14) | 00:01:20 | 00:37:32 (5)    |
| 13   | WOJCIESZKO PIOTR       | 38  | CHMURA COACHING                  | WROCŁAW             | POL  | M 40-49 | 00:18:43 (23)      | 00:00:00 | 01:09:31 (12) | 00:00:56 | 00:40:13 (9)    |
| 14   | MICHNIEWICZ MACIEJ     | 14  | EUROVENT ATHLETICS               | OPOLE               | POL  | M 40-49 | 00:17:09 (12)      | 00:00:00 | 01:11:38 (15) | 00:00:51 | 00:41:41 (12)   |
| 15   | LECH MIROSLAW          | 225 |                                  | BRZEG               | POL  | M 30-39 | 00:18:04 (17)      | 00:00:00 | 01:12:14 (18) | 00:01:30 | 00:46:41 (50)   |
| 16   | WYSOCZAŃSKI PAWEŁ      | 46  | TRI GRANDA WOŁÓW / PCC SQUAD     | WOŁÓW               | POL  | M 30-39 | 00:17:44 (14)      | 00:00:00 | 01:12:49 (22) | 00:00:48 | 00:44:23 (29)   |
| 17   | JAGIELSKI ŁUKASZ       | 2   | JAGIELSKI TEAM                   | POZNAŃ              | POL  | M 30-39 | 00:17:54 (15)      | 00:00:00 | 01:12:48 (21) | 00:00:59 | 00:43:32 (21)   |
| 18   | KORNES JANUSZ          | 180 | TKKF TRIATHLON DĄBROWA GÓRNICZEJ | SOSNOWIEC           | POL  | M 50-59 | 00:16:47 (9)       | 00:00:00 | 01:14:15 (37) | 00:01:11 | 00:48:43 (83)   |
| 19   | TIDE KRZYSZTOF         | 7   |                                  | ŻORY                | POL  | M 19-29 | 00:17:07 (11)      | 00:00:00 | 01:14:15 (38) | 00:00:56 | 00:43:11 (19)   |
| 20   | BIELICKI BARTOSZ       | 177 | RUNNING TEAM MILICZ              | MILICZ              | POL  | M 40-49 | 00:19:37 (35)      | 00:00:00 | 01:12:01 (16) | 00:01:00 | 00:38:29 (8)    |
| 21   | MOGA PIOTR             | 154 | SPARTA ULTRA TEAM                | BARANÓW             | POL  | M 30-39 | 00:18:21 (19)      | 00:00:00 | 01:13:48 (31) | 00:01:03 | 00:49:45 (94)   |
| 22   | CEDROWSKI DANIEL       | 68  |                                  | WROCŁAW             | POL  | M 19-29 | 00:21:56 (67)      | 00:00:00 | 01:10:48 (13) | 00:01:21 | 00:44:41 (33)   |
| 23   | KARGOL PAWEŁ           | 164 |                                  | OLEŚNICA            | POL  | M 40-49 | 00:20:13 (42)      | 00:00:00 | 01:13:14 (26) | 00:00:52 | 00:47:11 (61)   |
| 24   | BIELAK ARTUR           | 139 | KAZIKI / ATAK NA TRIATHLON       | KALISZ              | POL  | M 40-49 | 00:19:17 (29)      | 00:00:00 | 01:14:21 (40) | 00:01:23 | 00:46:57 (56)   |
| 25   | WOJNAROWSKI ADAM       | 53  | TRITON KONIN                     | BRANNO              | POL  | M 40-49 | 00:20:24 (43)      | 00:00:00 | 01:13:23 (28) | 00:01:26 | 00:51:03 (110)  |
| 26   | STODOLKA SZYMON        | 15  | LENIWIEC                         | WILCZYCE            | POL  | M 30-39 | 00:21:17 (49)      | 00:00:00 | 01:12:35 (20) | 00:01:15 | 00:52:07 (122)  |
| 27   | KASPRZAK JACEK         | 200 |                                  | KROTOSZYN           | POL  | M 40-49 | 00:19:06 (28)      | 00:00:00 | 01:14:59 (45) | 00:01:13 | 00:50:11 (98)   |
| 28   | WŁODARCZAK MARCIN      | 40  | HELIOS CZEMPIŃ TEAM              | CZEMPIŃ             | POL  | M 40-49 | 00:22:14 (73)      | 00:00:00 | 01:12:02 (17) | 00:01:01 | 00:45:19 (38)   |
| 29   | ZWIERZ KRZYSZTOF       | 94  |                                  | OPOLE               | POL  | M 40-49 | 00:19:19 (30)      | 00:00:00 | 01:15:16 (48) | 00:02:24 | 00:42:41 (15)   |
| 30   | ZAWADZKI PAWEŁ         | 19  | BPM STUDIO TEAM                  | KALISZ              | POL  | M 30-39 | 00:21:41 (60)      | 00:00:00 | 01:13:08 (25) | 00:01:16 | 00:45:48 (42)   |
| 31   | TOMASZEWSKI MATEUSZ    | 217 |                                  | WROCŁAW             | POL  | M 40-49 | 00:20:03 (39)      | 00:00:00 | 01:14:59 (46) | 00:01:10 | 00:44:54 (35)   |
| 32   | KUŹNIAK JAN            | 236 | 7PRO_TEAM                        | WŁÓKI               | POL  | M 30-39 | 00:21:41 (61)      | 00:00:00 | 01:13:37 (30) | 00:01:37 | 00:42:38 (14)   |
| 33   | SZEWczyk ROBERT        | 219 |                                  | JAROCIN             | POL  | M 40-49 | 00:20:06 (40)      | 00:00:00 | 01:15:13 (47) | 00:00:52 | 00:46:01 (44)   |
| 34   | SZCZERBAKOWSKI BARTOSZ | 1   |                                  | WROCŁAW             | POL  | M 40-49 | 00:21:33 (58)      | 00:00:00 | 01:13:56 (33) | 00:01:46 | 00:47:33 (68)   |
| 35   | SIERADZAN GRZEGORZ     | 72  |                                  | OLEŚNICA            | POL  | M 40-49 | 00:21:35 (59)      | 00:00:00 | 01:13:55 (32) | 00:01:27 | 00:48:05 (76)   |
| 36   | HYHS JAN               | 113 | AUGUSTYNIAK TRIATHLON TEAM       | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:22:18 (75)      | 00:00:00 | 01:13:17 (27) | 00:01:48 | 00:44:01 (26)   |
| 37   | KUBIAK PRZEMYSŁAW      | 254 |                                  | WILCZYCE            |      | M 50-59 | 00:21:30 (56)      | 00:00:00 | 01:14:17 (39) | 00:01:49 | 00:48:11 (78)   |
| 38   | FRYSKE BARTOSZ         | 82  |                                  | WĄGROWIEC           | POL  | M 30-39 | 00:23:24 (95)      | 00:00:00 | 01:12:25 (19) | 00:00:58 | 00:43:58 (25)   |
| 39   | DWOJAK MARCIN          | 179 | BMW SMORAWIŃSKI                  | PRZĘŻMIEROWO        | POL  | M 40-49 | 00:17:15 (13)      | 00:00:00 | 01:18:37 (75) | 00:01:26 | 00:48:01 (75)   |
| 40   | DUDELA ADRIAN          | 207 | KAZIKI                           | WARSZAWA            | POL  | M 40-49 | 00:21:51 (65)      | 00:00:00 | 01:14:12 (36) | 00:02:03 | 00:44:12 (28)   |
| 41   | PILARCZYK BARTEK       | 63  |                                  | OSTRÓW WLKP         | POL  | M 40-49 | 00:20:00 (37)      | 00:00:00 | 01:16:14 (58) | 00:01:43 | 00:47:25 (66)   |
| 42   | ZAKRZEWSKI MICHAŁ      | 134 | SNG WILD DUCKS                   | ŁÓDŹ                | POL  | M 40-49 | 00:22:06 (70)      | 00:00:00 | 01:14:25 (42) | 00:02:02 | 00:50:27 (102)  |
| 43   | URBANIAK KRYSZTOF      | 231 |                                  | KROTOSZYN           | POL  | M 19-29 | 00:18:20 (18)      | 00:00:00 | 01:18:24 (71) | 00:01:37 | 00:50:51 (105)  |
| 44   | WRÓBLEWSKI PIOTR       | 175 | LITWIN SPORTS                    | KRZYŻANOWICE        | POL  | M 30-39 | 00:24:02 (108)     | 00:00:00 | 01:12:51 (23) | 00:00:58 | 00:43:02 (17)   |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                         | M-scowość           | Kraj    | Kat.           | Pływanie<br>0.95km | T1             | Rower<br>45km  | T2             | Bieg<br>10.55km |
|------|---------------------|-----|------------------------------|---------------------|---------|----------------|--------------------|----------------|----------------|----------------|-----------------|
| 45   | KUNCE DANIEL        | 102 |                              | OSTRZESZÓW          | POL     | M 30-39        | 00:22:08 (71)      | 00:00:00       | 01:14:58 (44)  | 00:01:21       | 01:10:26 (209)  |
| 46   | SROGA MACIEJ        | 218 | GT KONA                      | NAMYSŁÓW            | POL     | M 30-39        | 00:23:10 (88)      | 00:00:00       | 01:13:57 (34)  | 00:01:08       | 00:46:23 (48)   |
| 47   | SMORAWIŃSKI WOJTEK  | 178 | BMW SMORAWIŃSKI              | POKRZYWNICA         | POL     | M 40-49        | 00:18:41 (21)      | 00:00:00       | 01:18:30 (72)  | 00:01:16       | 00:49:13 (88)   |
| 48   | SZYŃALIK SŁAWOMIR   | 133 | KIKATEAM                     | KRAKÓW              | POL     | M 40-49        | 00:20:54 (46)      | 00:00:00       | 01:16:32 (61)  | 00:02:03       | 00:46:47 (52)   |
| 49   | TOKAREK MAREK       | 206 |                              | POZNAN              | POL     | M 40-49        | 00:19:19 (31)      | 00:00:00       | 01:18:13 (69)  | 00:01:29       | 00:50:17 (99)   |
| 50   | NAJGEBAUER ŁUKASZ   | 11  | FF INWESTYCJE                | OPOLE               | POL     | M 30-39        | 00:20:09 (41)      | 00:00:00       | 01:17:34 (64)  | 00:01:22       | 00:45:35 (41)   |
| 51   | WIŚNIEWSKI JAN      | 212 |                              | OPATÓWEK            | POL     | M 50-59        | 00:21:57 (68)      | 00:00:00       | 01:15:55 (56)  | 00:02:21       | 00:57:01 (162)  |
| 52   | PAKUŁSKI MARCIN     | 169 | NAGEL GROUP                  | WARSZAWA            | POL     | M 30-39        | 00:22:43 (81)      | 00:00:00       | 01:15:19 (49)  | 00:01:08       | 00:48:41 (82)   |
| 53   | SZUŁAWA MARCIN      | 239 |                              | ZDUNY               | POL     | M 40-49        | 00:23:42 (102)     | 00:00:00       | 01:14:25 (41)  | 00:01:49       | 00:46:15 (47)   |
| 54   | CECHOWSKI PIOTR     | 20  | BEDNARSKI TRI TEAM           | BURZENIN            | POL     | M 40-49        | 00:22:36 (79)      | 00:00:00       | 01:15:47 (53)  | 00:01:14       | 00:46:52 (55)   |
| 55   | ROMANOWSKI PIOTR    | 9   | TIETO TRIATHLON TEAM         | WYSOKA              | POL     | M 30-39        | 00:22:53 (84)      | 00:00:00       | 01:15:38 (51)  | 00:01:42       | 00:43:29 (20)   |
| 56   | NASKRĘTSKI ANDRZEJ  | 255 | TRIMP                        | KRĘPICE             | M 40-49 | 00:22:17 (74)  | 00:00:00           | 01:16:15 (59)  | 00:01:08       | 00:48:52 (85)  |                 |
| 57   | BEDNARCZYK ROBERT   | 32  | DIAKONOWBEDNARCZYK.PL        | WARSZAWA            | POL     | M 30-39        | 00:24:32 (118)     | 00:00:00       | 01:14:01 (35)  | 00:01:21       | 00:43:01 (16)   |
| 58   | SKIBA GRZEGORZ      | 98  | TRICERATOPS                  | TYCHY               | POL     | M 40-49        | 00:25:03 (128)     | 00:00:00       | 01:13:37 (29)  | 00:01:34       | 00:46:50 (53)   |
| 59   | BIRECKI WACŁAW      | 150 | RUN AND TRI/GT KONA          | OPOLE               | POL     | M 60-69        | 00:21:13 (48)      | 00:00:00       | 01:17:47 (67)  | 00:01:47       | 00:54:19 (141)  |
| 60   | CZAPLA ŁUKASZ       | 264 | TRICERATOPS                  | TYCHY               | M 40-49 | 00:21:57 (69)  | 00:00:00           | 01:17:14 (63)  | 00:01:28       | 00:44:31 (31)  |                 |
| 61   | WIECZOREK RAFAŁ     | 195 |                              | NADOLICE WIELKIE    | POL     | M 30-39        | 00:22:13 (72)      | 00:00:00       | 01:17:02 (62)  | 00:02:01       | 00:50:56 (106)  |
| 62   | PEŁCIENNIK HUBERT   | 64  |                              | RADŁÓW              | POL     | M 19-29        | 00:24:39 (122)     | 00:00:00       | 01:14:41 (43)  | 00:01:55       | 00:49:16 (89)   |
| 63   | SZYMCZAK PIOTR      | 191 | BRANNO                       | BRANNO              | POL     | M 40-49        | 00:23:37 (101)     | 00:00:00       | 01:15:54 (55)  | 00:01:20       | 00:49:53 (97)   |
| 64   | BOCIEK PIOTR        | 168 |                              | GUBIN               | POL     | M 30-39        | 00:26:47 (149)     | 00:00:00       | 01:12:52 (24)  | 00:01:15       | 00:44:32 (32)   |
| 65   | GŁUCHOWSKI PRZEMEK  | 221 |                              | ŻYCHLIN             | POL     | M 40-49        | 00:23:56 (105)     | 00:00:00       | 01:15:56 (57)  | 00:01:43       | 00:47:07 (59)   |
| 66   | BIAŁEK SEBASTIAN    | 250 |                              | SZALE               | M 40-49 | 00:24:02 (109) | 00:00:00           | 01:15:52 (54)  | 00:01:09       | 00:50:22 (101) |                 |
| 67   | PISAREK ŁUKASZ      | 120 |                              | ALEKSANDRÓW ŁÓDZKI  | POL     | M 40-49        | 00:20:47 (44)      | 00:00:00       | 01:19:11 (84)  | 00:00:56       | 00:56:28 (159)  |
| 68   | BURZAWA GRZEGORZ    | 111 | WARSZTAT FORMY               | TYCHY               | POL     | M 40-49        | 00:21:28 (54)      | 00:00:00       | 01:18:31 (73)  | 00:01:50       | 00:46:03 (45)   |
| 69   | GROBELNY PIOTR      | 127 |                              | KROTOSZYN           | POL     | M 30-39        | 00:21:44 (62)      | 00:00:00       | 01:18:23 (70)  | 00:01:55       | 00:50:57 (107)  |
| 70   | PIETRZAK ROMEK      | 174 | SKS OBORNKI                  | RAKOWNIA            | POL     | M 50-59        | 00:21:22 (51)      | 00:00:00       | 01:18:47 (78)  | 00:01:42       | 00:48:49 (84)   |
| 71   | GRODOMIŃSKI HUBERT  | 47  | TRI FOR ME                   | KŁODAWA             | POL     | M 40-49        | 00:24:26 (116)     | 00:00:00       | 01:15:45 (52)  | 00:02:24       | 00:50:28 (103)  |
| 72   | PASTUSZAK KRZYSZTOF | 171 | TRITIM                       | OSTROWWLKP          | POL     | M 60-69        | 00:22:54 (85)      | 00:00:00       | 01:17:43 (65)  | 00:01:21       | 00:49:22 (91)   |
| 73   | KUREK GRZEGORZ      | 183 |                              | RABIEŃ AB           | POL     | M 40-49        | 00:19:32 (34)      | 00:00:00       | 01:21:17 (104) | 00:01:41       | 00:52:10 (123)  |
| 74   | WAWRZYŃIAK BOGUSŁAW | 90  | WAWRZYN TEAM                 | GORZYCE WIELKIE     | POL     | M 50-59        | 00:18:46 (24)      | 00:00:00       | 01:22:08 (113) | 00:01:28       | 01:04:48 (193)  |
| 75   | STANKIEWICZ JAKUB   | 36  | ZDUN TRIATLON TEAM           | KOŚCIELNA WIEŚ      | POL     | M 40-49        | 00:21:50 (64)      | 00:00:00       | 01:19:18 (85)  | 00:01:53       | 00:47:17 (64)   |
| 76   | KALIŃSKI PIOTR      | 99  |                              | WROCŁAW             | POL     | M 40-49        | 00:21:31 (57)      | 00:00:00       | 01:19:43 (93)  | 00:01:16       | 00:48:58 (86)   |
| 77   | KĄŻMIERZAK JAN      | 86  |                              | POZNAŃ              | POL     | M 19-29        | 00:20:50 (45)      | 00:00:00       | 01:20:33 (98)  | 00:01:00       | 00:44:30 (30)   |
| 78   | RABĘCKI PIOTR       | 58  | CYKLOMANIACY                 | ŁÓDŹ                | POL     | M 40-49        | 00:26:10 (143)     | 00:00:00       | 01:15:21 (50)  | 00:01:00       | 00:59:47 (181)  |
| 79   | PLUTA JAKUB         | 194 | SWIMMINGLAB                  | CHRZAŚTAWA MAŁA     | POL     | M 30-39        | 00:18:42 (22)      | 00:00:00       | 01:23:00 (121) | 00:01:38       | 00:47:50 (72)   |
| 80   | SKUBISZ KRZYSZTOF   | 104 | LITWIN SPORTS                | KALISZ              | POL     | M 30-39        | 00:24:01 (107)     | 00:00:00       | 01:17:45 (66)  | 00:01:11       | 00:49:20 (90)   |
| 81   | WOŹNIAK DARIUSZ     | 257 |                              | OSTRÓW WIELKOPOLSKI | M 40-49 | 00:23:11 (91)  | 00:00:00           | 01:18:54 (79)  | 00:01:45       | 00:52:50 (131) |                 |
| 82   | JASZCZYK ANDRZEJ    | 166 | SSW TEAM KROŚNICE            | WIERZCHOWICE        | POL     | M 30-39        | 00:21:55 (66)      | 00:00:00       | 01:20:13 (97)  | 00:02:03       | 00:47:01 (57)   |
| 83   | GAŚSIOR OLIWIA      | 167 | TRIATHLONOWA LEGNICA         | LEGNICA             | POL     | K 20-29        | 00:16:36 (6)       | 00:00:00       | 01:25:41 (150) | 00:01:29       | 00:55:46 (157)  |
| 84   | ŁOSTER WOJCIECH     | 230 | HEINEKEN KRAKÓW              | KRAKOW              | POL     | M 30-39        | 00:18:58 (26)      | 00:00:00       | 01:23:26 (127) | 00:01:02       | 00:52:03 (120)  |
| 85   | RYBACKI PIOTR       | 146 |                              | TOPOLA MAŁA         | POL     | M 40-49        | 00:22:51 (83)      | 00:00:00       | 01:19:40 (92)  | 00:01:41       | 00:57:20 (168)  |
| 86   | POWROŃNIK DAWID     | 223 |                              | KALISZ              | POL     | M 30-39        | 00:24:40 (123)     | 00:00:00       | 01:17:55 (68)  | 00:02:19       | 00:57:17 (166)  |
| 87   | DUDEK MARIUSZ       | 10  |                              | LUBIN               | POL     | M 30-39        | 00:20:03 (38)      | 00:00:00       | 01:22:34 (117) | 00:01:32       | 00:53:52 (137)  |
| 88   | SALAMON EMIL        | 34  | ZDUN TRIATHLON TEAM          | KALISZ              | POL     | M 30-39        | 00:19:32 (33)      | 00:00:00       | 01:23:06 (125) | 00:01:46       | 00:58:54 (176)  |
| 89   | FIGIEL ARKADIUSZ    | 67  | ARKADIUSZ FIGIEL PHU MAFPOL  | KALISZ              | POL     | M 50-59        | 00:23:51 (104)     | 00:00:00       | 01:19:06 (83)  | 00:01:18       | 00:52:18 (125)  |
| 90   | NOWAK IWO           | 227 |                              | KOMORNIKI           | POL     | M 16-18        | 00:23:28 (97)      | 00:00:00       | 01:19:29 (87)  | 00:02:51       | 00:51:14 (112)  |
| 91   | CHENCZKE DOMINIK    | 247 | ZDUN TRIATHON TEAM           | KOŹMINEK            | M 40-49 | 00:24:21 (114) | 00:00:00           | 01:18:45 (77)  | 00:00:58       | 00:55:37 (154) |                 |
| 92   | RADOMSKA KAROLINA   | 248 |                              | KALISZ              | K 40-49 | 00:19:27 (32)  | 00:00:00           | 01:23:39 (130) | 00:01:36       | 00:50:58 (108) |                 |
| 93   | BOROWIAK MARIUSZ    | 119 | SZAŁOWE WĘDKOWANIE           | JARY                | POL     | M 40-49        | 00:21:44 (63)      | 00:00:00       | 01:21:26 (106) | 00:01:50       | 00:55:12 (149)  |
| 94   | DROZDEK ŁUKASZ      | 96  | TRICERATOPS                  | TYCHY               | POL     | M 40-49        | 00:24:38 (120)     | 00:00:00       | 01:18:35 (74)  | 00:01:35       | 00:43:40 (23)   |
| 95   | BRYŁOWSKI MARCIN    | 35  | NIEMAZAPÓŻNO BRANDBULL JEMAR | KALISZ              | POL     | M 40-49        | 00:23:24 (96)      | 00:00:00       | 01:19:53 (94)  | 00:01:41       | 00:47:35 (69)   |
| 96   | JASIŃSKI TOMASZ     | 237 | BULLET TEAM                  | BIELAWA             | POL     | M 40-49        | 00:23:58 (106)     | 00:00:00       | 01:19:35 (90)  | 00:02:26       | 00:58:13 (172)  |
| 97   | MALYS KRZYSZTOF     | 17  | KP PSP OLEŚNICA              | SYCÓW               | POL     | M 30-39        | 00:25:03 (130)     | 00:00:00       | 01:18:41 (76)  | 00:01:39       | 00:49:29 (92)   |
| 98   | KĄŁUŻNY ADAM        | 246 |                              | POZNAŃ              | M 40-49 | 00:23:00 (86)  | 00:00:00           | 01:21:15 (102) | 00:00:58       | 00:46:15 (46)  |                 |
| 99   | KOWALSKI MARCIN     | 93  | TRICERATOPS                  | TYCHY               | POL     | M 40-49        | 00:23:50 (103)     | 00:00:00       | 01:20:51 (99)  | 00:01:16       | 00:49:36 (93)   |
| 100  | STRUSZ KAMIL        | 213 | TRIZARZA                     | KATOWICE            | POL     | M 19-29        | 00:23:10 (89)      | 00:00:00       | 01:21:40 (110) | 00:02:17       | 01:02:48 (189)  |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                       | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km  | T2       | Bieg<br>10.55km |
|------|----------------------------|-----|----------------------------|---------------------|------|---------|--------------------|----------|----------------|----------|-----------------|
| 101  | MARCINKOWSKI PIOTR         | 108 | OSW TRI TEAM               | OSTRÓW WIELKOPOLSKI | POL  | M 50-59 | 00:19:56 (36)      | 00:00:00 | 01:25:14 (144) | 00:01:29 | 00:51:27 (115)  |
| 102  | MIKOŁAJCZYK BARTŁOMIEJ     | 249 | DOOATHLON                  | KALISZ              |      | M 30-39 | 00:24:15 (112)     | 00:00:00 | 01:20:57 (100) | 00:00:57 | 00:59:31 (178)  |
| 103  | WITKOWSKI PIOTR            | 118 | RUN AND BIKE STARY SIELEC  | RAWICZ              | POL  | M 30-39 | 00:23:28 (98)      | 00:00:00 | 01:21:54 (111) | 00:01:30 | 00:53:43 (136)  |
| 104  | HUBAJ FRANCISZEK           | 91  |                            | MIĘKINIA            | POL  | M 16-18 | 00:22:28 (77)      | 00:00:00 | 01:23:06 (124) | 00:01:00 | 00:54:14 (139)  |
| 105  | ŁUKASZEWICZ SZYMON         | 115 |                            | KROTOSZYN           | POL  | M 40-49 | 00:21:21 (50)      | 00:00:00 | 01:24:15 (134) | 00:01:49 | 00:56:49 (160)  |
| 106  | ADANSKI SŁAWOMIR           | 39  |                            | PŁOCK               | POL  | M 50-59 | 00:26:06 (142)     | 00:00:00 | 01:19:35 (91)  | 00:01:38 | 00:55:15 (151)  |
| 107  | NOWAK KONRAD               | 172 | MBC MACIEJ BODNAR COACHING | KROTOSZYN           | POL  | M 40-49 | 00:24:58 (127)     | 00:00:00 | 01:21:01 (101) | 00:01:59 | 00:50:21 (100)  |
| 108  | JARCZEWSKI DOMINIK         | 48  |                            | KALISZ              | POL  | M 40-49 | 00:27:00 (152)     | 00:00:00 | 01:19:02 (81)  | 00:02:03 | 00:47:13 (63)   |
| 109  | BOGDANOWICZ MACIEJ         | 244 | NAGEL GROUP                | ORZESZE             | POL  | M 40-49 | 00:26:29 (147)     | 00:00:00 | 01:19:34 (89)  | 00:01:22 | 00:57:52 (171)  |
| 110  | GRUZ ROBERT                | 197 |                            | WROCŁAW             | POL  | M 30-39 | 00:23:21 (94)      | 00:00:00 | 01:22:58 (120) | 00:01:45 | 00:57:15 (165)  |
| 111  | WÓJCIK JAKUB               | 117 | TRIDIVISION                | GLIWICE             | POL  | M 40-49 | 00:22:19 (76)      | 00:00:00 | 01:24:12 (133) | 00:01:17 | 01:00:31 (183)  |
| 112  | MARCZUK MIRON              | 193 | NEON TEAM                  | WARSZAWA            | POL  | M 19-29 | 00:21:25 (53)      | 00:00:00 | 01:25:19 (146) | 00:01:04 | 00:50:37 (104)  |
| 113  | LIZIK WALDEMAR             | 143 | TRI POWER TEAM             | POSADA              | POL  | M 50-59 | 00:21:29 (55)      | 00:00:00 | 01:25:27 (148) | 00:01:52 | 00:48:11 (79)   |
| 114  | KONARSKI ROBERT            | 25  |                            | KROTOSZYN           | POL  | M 40-49 | 00:24:19 (113)     | 00:00:00 | 01:22:45 (118) | 00:01:00 | 00:54:47 (147)  |
| 115  | MРУK KRZYSZTOF             | 56  | ZDUN TRIATHLON TEAM        | BŁASZKI             | POL  | M 19-29 | 00:27:06 (153)     | 00:00:00 | 01:20:01 (96)  | 00:01:43 | 00:43:34 (22)   |
| 116  | MORAWSKI PIOTR             | 23  | DRUŻYNA M                  | OŁAWA               | POL  | M 30-39 | 00:24:13 (111)     | 00:00:00 | 01:23:04 (123) | 00:01:14 | 00:48:37 (81)   |
| 117  | BUCKI PRZEMEK              | 131 |                            | SZCZODRE            | POL  | M 40-49 | 00:25:03 (129)     | 00:00:00 | 01:22:18 (114) | 00:01:42 | 00:51:09 (111)  |
| 118  | JUFFER ROBERT              | 211 | TRIDIVISION                | TARNOWSKIE GORY     | POL  | M 30-39 | 00:26:00 (139)     | 00:00:00 | 01:21:27 (107) | 00:01:40 | 00:48:06 (77)   |
| 119  | TOMCZYK ELŻBIETA           | 60  | ZDUN TRIATHLON TEAM        | KALISZ              | POL  | K 30-39 | 00:22:29 (78)      | 00:00:00 | 01:24:59 (142) | 00:01:26 | 00:57:06 (164)  |
| 120  | KACZURBA WITOLD            | 157 | KB SOBÓTKA                 | WROCŁAW             | POL  | M 30-39 | 00:28:36 (165)     | 00:00:00 | 01:19:02 (80)  | 00:02:10 | 00:45:10 (37)   |
| 121  | ŚLIWA BOGUMIŁ              | 128 |                            | KALISZ              | POL  | M 30-39 | 00:23:36 (100)     | 00:00:00 | 01:24:03 (132) | 00:02:33 | 00:51:54 (116)  |
| 122  | SIKORA RAFAŁ               | 203 |                            | BYSTRE              | POL  | M 30-39 | 00:24:58 (126)     | 00:00:00 | 01:22:45 (119) | 00:01:19 | 00:55:01 (148)  |
| 123  | WODICZKO WERONIKA          | 62  | ZDUN TRIATHLON TEAM        | KALISZ              | POL  | K 30-39 | 00:23:14 (92)      | 00:00:00 | 01:24:41 (140) | 00:01:07 | 00:54:41 (146)  |
| 124  | JANIAK PIOTR               | 259 |                            | OSTRÓW WIELKOPOLSKI |      | M 40-49 | 00:26:53 (151)     | 00:00:00 | 01:21:17 (105) | 00:01:13 | 00:55:19 (152)  |
| 125  | PAŁYSA JOANNA              | 55  | TRI NEGU                   | DAWIDY BANKOWE      | POL  | K 40-49 | 00:27:08 (154)     | 00:00:00 | 01:21:15 (103) | 00:01:48 | 00:52:21 (126)  |
| 126  | MALINOWSKI ŁUKASZ          | 173 |                            | TARNOWSKIE GÓRY     | POL  | M 40-49 | 00:25:54 (135)     | 00:00:00 | 01:22:30 (115) | 00:01:53 | 00:54:19 (140)  |
| 127  | JANKOWSKI ARKADIUSZ        | 242 | NAGEL GROUP                | GLIWICE             | POL  | M 40-49 | 00:25:31 (132)     | 00:00:00 | 01:23:17 (126) | 00:01:30 | 00:54:28 (142)  |
| 128  | STANEK DAWID               | 243 |                            | KĄTY WROCŁAWSKIE    | POL  | M 30-39 | 00:24:31 (117)     | 00:00:00 | 01:24:33 (138) | 00:01:50 | 01:07:53 (204)  |
| 129  | TOMCZUK BARTOSZ            | 97  |                            | KALISZ              | POL  | M 30-39 | 00:26:50 (150)     | 00:00:00 | 01:22:31 (116) | 00:02:13 | 00:57:19 (167)  |
| 130  | KOWALCZYK RAFAŁ            | 112 | GEO-PRO.PL                 | KALISZ              | POL  | M 40-49 | 00:33:18 (195)     | 00:00:00 | 01:16:22 (60)  | 00:01:14 | 00:57:29 (170)  |
| 131  | WOJCIECHOWSKI PAWEŁ        | 8   | BPM STUDIO                 | KALISZ              | POL  | M 40-49 | 00:29:58 (176)     | 00:00:00 | 01:19:55 (95)  | 00:01:05 | 00:52:42 (130)  |
| 132  | NAWROCKI ARKADIUSZ         | 130 | POWOLI                     | STARA WIEŚ          | POL  | M 40-49 | 00:28:18 (164)     | 00:00:00 | 01:21:35 (108) | 00:02:45 | 00:47:42 (71)   |
| 133  | SZCZEPAŃSKI WOJCIECH       | 76  | ŁÓDŹ KOCHA SPORT           | ŁÓDŹ                | POL  | M 30-39 | 00:23:11 (90)      | 00:00:00 | 01:26:56 (158) | 00:01:08 | 00:45:50 (43)   |
| 134  | BACIK MATEUSZ              | 160 |                            | OSTRZESZÓW          | POL  | M 19-29 | 00:22:51 (82)      | 00:00:00 | 01:27:26 (166) | 00:01:00 | 00:46:50 (54)   |
| 135  | PLEWA ŁUKASZ               | 88  | RUN&BIKE STARY SIELEC      | STARY SIELEC        | POL  | M 30-39 | 00:28:48 (167)     | 00:00:00 | 01:21:39 (109) | 00:00:56 | 00:44:02 (27)   |
| 136  | JĘDRZEJAK MARCIN           | 235 |                            | OSTRÓW WIELKOPOLSKI | POL  | M 19-29 | 00:25:20 (131)     | 00:00:00 | 01:25:22 (147) | 00:01:08 | 00:52:54 (133)  |
| 137  | TUCKI CYPRIAN              | 110 | PSZCZYŃSKI ORZEŁ           | PSZCZYNA            | POL  | M 30-39 | 00:29:01 (169)     | 00:00:00 | 01:21:54 (112) | 00:01:27 | 00:49:47 (95)   |
| 138  | FRANKOWSKI LESZEK          | 75  | FRANKI                     | OSTRZESZÓW          | POL  | M 40-49 | 00:24:47 (125)     | 00:00:00 | 01:26:08 (156) | 00:01:53 | 00:54:33 (144)  |
| 139  | SZKOPEK SEBASTIAN          | 147 |                            | ODOLANÓW            | POL  | M 40-49 | 00:26:06 (141)     | 00:00:00 | 01:25:05 (143) | 00:01:47 | 00:53:13 (134)  |
| 140  | GUZEK MARIUSZ              | 163 | LOS BIEGANEROS KUTNO       | KUTNO               | POL  | M 40-49 | 00:24:25 (115)     | 00:00:00 | 01:26:58 (160) | 00:02:22 | 00:52:22 (127)  |
| 141  | HOFFMANN BARTOSZ           | 151 | COMPUTEC TEAM              | WSCHOWA             | POL  | M 50-59 | 00:23:06 (87)      | 00:00:00 | 01:28:21 (171) | 00:01:33 | 01:06:47 (201)  |
| 142  | SZKOPEK PAWEŁ              | 148 |                            | KACZORY             | POL  | M 30-39 | 00:24:33 (119)     | 00:00:00 | 01:26:57 (159) | 00:01:32 | 00:56:26 (158)  |
| 143  | DAWIDOWICZ WOJCIECH        | 137 | ŚLĘZAKTEAM                 | DOBROSZYCE          | POL  | M 30-39 | 00:32:02 (185)     | 00:00:00 | 01:19:34 (88)  | 00:01:29 | 00:53:56 (138)  |
| 144  | POPARDOWSKI JACEK          | 109 | SOKÓŁ GŁUBCZYCE            | OPOLE               | POL  | M 30-39 | 00:27:51 (160)     | 00:00:00 | 01:23:50 (131) | 00:01:20 | 00:46:37 (49)   |
| 145  | KRÓL LECH                  | 24  | TRIATHLON KROTOSZYN TEAM   | KROTOSZYN           | POL  | M 40-49 | 00:24:39 (121)     | 00:00:00 | 01:27:13 (163) | 00:02:00 | 00:55:20 (153)  |
| 146  | PLEWA HUBERT               | 116 | RUN AND BIKE STARY SIELEC  | JUTROSIN            | POL  | M 30-39 | 00:32:50 (189)     | 00:00:00 | 01:19:03 (82)  | 00:02:13 | 00:49:48 (96)   |
| 147  | CZYŻEWSKI MARIUSZ          | 210 | PIÓRKI                     | ZŁOTNIKI KUJAWSKIE  | POL  | M 30-39 | 00:26:23 (145)     | 00:00:00 | 01:25:52 (153) | 00:02:15 | 00:47:19 (65)   |
| 148  | URBAŃSKI PIOTR             | 26  | BARAKUDA MASTERS           | KALISZ              | POL  | M 40-49 | 00:28:48 (168)     | 00:00:00 | 01:23:28 (128) | 00:01:23 | 00:47:32 (67)   |
| 149  | SULKOWSKI PIOTR            | 59  | OKUCHNIE.PL                | SZCZYTNIKI          | POL  | M 40-49 | 00:27:12 (155)     | 00:00:00 | 01:25:34 (149) | 00:01:41 | 00:48:01 (74)   |
| 150  | KWACZ PAWEŁ                | 251 |                            | BIELAWA             |      | M 30-39 | 00:27:29 (156)     | 00:00:00 | 01:25:17 (145) | 00:01:47 | 00:48:37 (80)   |
| 151  | NAGODZIŃSKI MARCIN         | 85  |                            | BISKUPICE           | POL  | M 30-39 | 00:28:41 (166)     | 00:00:00 | 01:24:16 (136) | 00:02:21 | 01:01:37 (186)  |
| 152  | PROSOWIECKA SMAK KATARZYNA | 106 |                            | OPOLE               | POL  | K 40-49 | 00:27:29 (157)     | 00:00:00 | 01:26:02 (155) | 00:02:40 | 00:52:24 (129)  |
| 153  | SZYMCAK BARTŁOMIEJ         | 83  |                            | KALISZ              | POL  | M 40-49 | 00:25:40 (133)     | 00:00:00 | 01:27:55 (170) | 00:01:42 | 00:51:18 (114)  |
| 154  | WOJCIECHOWSKI ŁUKASZ       | 204 | GT KONA RUNANDTRI          | OPOLE               | POL  | M 30-39 | 00:26:24 (146)     | 00:00:00 | 01:27:11 (162) | 00:01:55 | 00:54:29 (143)  |
| 155  | SZAGUN AGNIESZKA           | 260 |                            | POZNAŃ              |      | K 30-39 | 00:23:35 (99)      | 00:00:00 | 01:30:04 (176) | 00:01:49 | 01:00:02 (182)  |
| 156  | MUSIAŁ MATEUSZ             | 77  | DOBRA ENERGIA              | OLEŚNICA            | POL  | M 30-39 | 00:29:32 (173)     | 00:00:00 | 01:24:15 (135) | 00:01:01 | 00:45:29 (39)   |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                                                       | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km  | T2       | Bieg<br>10.55km |
|------|----------------------|-----|------------------------------------------------------------|---------------------|------|---------|--------------------|----------|----------------|----------|-----------------|
| 157  | LECHOWSKI JAN        | 74  | KB HARCOWNIK JELCZ-LASKOWICE                               | JELCZ-LASKOWICE     | POL  | M 60-69 | 00:28:13 (161)     | 00:00:00 | 01:25:42 (151) | 00:01:39 | 00:51:00 (109)  |
| 158  | RABURSKI CZAREK      | 73  |                                                            | MILICZ              | POL  | M 30-39 | 00:28:14 (162)     | 00:00:00 | 01:25:43 (152) | 00:01:15 | 00:57:03 (163)  |
| 159  | PIETRUSIAK WIKTORIA  | 65  | ZDUN TRIATHLON TEAM                                        | KALISZ              | POL  | K 20-29 | 00:21:09 (47)      | 00:00:00 | 01:33:26 (192) | 00:01:28 | 00:58:24 (173)  |
| 160  | CIERNIEJEWSKI ŁUKASZ | 149 |                                                            | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:31:09 (181)     | 00:00:00 | 01:23:29 (129) | 00:01:39 | 00:47:13 (62)   |
| 161  | KOCH PRZEMYSŁAW      | 145 | SZWAGIER TEAM                                              | WARSZAWA            | POL  | M 40-49 | 00:25:59 (138)     | 00:00:00 | 01:28:41 (172) | 00:02:44 | 01:00:51 (184)  |
| 162  | GRALAK KAROL         | 105 |                                                            | KALISZ              | POL  | M 40-49 | 00:31:46 (184)     | 00:00:00 | 01:23:01 (122) | 00:03:56 | 01:09:19 (207)  |
| 163  | PAGÓREK RADOSŁAW     | 3   | DURABLE                                                    | DOŁUJE              | POL  | M 50-59 | 00:27:49 (159)     | 00:00:00 | 01:27:50 (169) | 00:02:01 | 00:56:54 (161)  |
| 164  | SOPEL KRZYSZTOF      | 241 |                                                            | ŻARY                | POL  | M 30-39 | 00:26:32 (148)     | 00:00:00 | 01:29:37 (174) | 00:01:11 | 00:47:09 (60)   |
| 165  | SZYMANOWSKA MARTA    | 45  | SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU                | KALISZ              | POL  | K 30-39 | 00:26:12 (144)     | 00:00:00 | 01:30:33 (179) | 00:01:46 | 00:53:42 (135)  |
| 166  | GUSS BARTOSZ         | 220 | MOCNI W GĘNIE                                              | POZNAŃ              | POL  | M 40-49 | 00:29:02 (170)     | 00:00:00 | 01:27:46 (168) | 00:02:03 | 00:49:03 (87)   |
| 167  | PRUSKI MARIUSZ       | 141 |                                                            | ŁÓDŹ                | POL  | M 30-39 | 00:25:54 (134)     | 00:00:00 | 01:30:59 (183) | 00:02:48 | 01:05:46 (197)  |
| 168  | PAŃKÓW PIOTR         | 153 | FUNDACJA NAKOLE                                            | NIWKI               | POL  | M 50-59 | 00:25:55 (137)     | 00:00:00 | 01:30:59 (182) | 00:03:33 | 01:05:11 (195)  |
| 169  | HAŁADUS DOMINIK      | 240 | DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS | CZĘSTOCHOWA         | POL  | M 30-39 | 00:32:54 (190)     | 00:00:00 | 01:24:24 (137) | 00:01:32 | 00:55:44 (156)  |
| 170  | STĘPNIEWSKI DARIUSZ  | 189 | PROMYK CIECHANÓW                                           | CIECHANÓW           | POL  | M 50-59 | 00:30:44 (180)     | 00:00:00 | 01:27:02 (161) | 00:02:20 | 00:47:37 (70)   |
| 171  | TACIK PRZEMYSŁAW     | 224 | TRIMP                                                      | SOŚNIE              | POL  | M 19-29 | 00:33:06 (191)     | 00:00:00 | 01:24:42 (141) | 00:01:10 | 01:05:24 (196)  |
| 172  | MILEK GRZEGORZ       | 222 | SIERADZKIGRZMOT                                            | SIERADZ             | POL  | M 19-29 | 00:33:17 (194)     | 00:00:00 | 01:24:33 (139) | 00:02:22 | 00:59:16 (177)  |
| 173  | MAJEWSKI WIESŁAW     | 192 | KUŹNIA TRIATHLONU                                          | SZRENIAWA           | POL  | M 40-49 | 00:29:18 (171)     | 00:00:00 | 01:28:52 (173) | 00:02:14 | 00:54:38 (145)  |
| 174  | KOSIARSKI BARTOSZ    | 181 | AA TRIATHLON TEAM KROTOSZYN                                | KROTOSZYN           | POL  | M 40-49 | 00:21:22 (52)      | 00:00:00 | 01:36:55 (203) | 00:02:01 | 00:59:46 (180)  |
| 175  | KOTAS ROMAN          | 155 | KOTASTROFA                                                 | WROCŁAW             | POL  | M 40-49 | 00:28:17 (163)     | 00:00:00 | 01:30:13 (178) | 00:01:54 | 00:52:22 (128)  |
| 176  | GROŃSKI ROBERT       | 87  |                                                            | WROCŁAW             | POL  | M 40-49 | 00:31:27 (183)     | 00:00:00 | 01:27:14 (164) | 00:02:08 | 00:52:52 (132)  |
| 177  | MIAŚKIEWICZ WITOLD   | 16  | ZDUN TRIATHLON TEAM                                        | SZALE               | POL  | M 50-59 | 00:32:20 (186)     | 00:00:00 | 01:26:41 (157) | 00:01:24 | 00:51:59 (118)  |
| 178  | JASIŃSKA BEATA       | 238 | BULLET TEAM                                                | PIESZYCE            | POL  | K 40-49 | 00:25:55 (136)     | 00:00:00 | 01:33:09 (190) | 00:01:33 | 00:52:12 (124)  |
| 179  | JANKOWSKI JAROSŁAW   | 215 |                                                            | SADKÓW              | POL  | M 19-29 | 00:33:13 (193)     | 00:00:00 | 01:25:53 (154) | 00:01:30 | 00:55:15 (150)  |
| 180  | SZKOPEK ROBERT       | 232 |                                                            | GLIŚNICA            | POL  | M 19-29 | 00:23:15 (93)      | 00:00:00 | 01:36:07 (200) | 00:01:25 | 01:08:53 (206)  |
| 181  | HANDZLIK KINGA       | 253 | LABO SPORT TEAM                                            | OLEŚNICA            |      | K 20-29 | 00:32:43 (187)     | 00:00:00 | 01:27:24 (165) | 00:01:41 | 00:45:33 (40)   |
| 182  | WILK DAWID           | 214 |                                                            | POZNAŃ              | POL  | M 40-49 | 00:29:51 (175)     | 00:00:00 | 01:30:58 (181) | 00:02:22 | 01:16:41 (216)  |
| 183  | DRAJER SEBASTIAN     | 30  |                                                            | OSTRÓW WIELKOPOLSKI | POL  | M 40-49 | 00:29:59 (177)     | 00:00:00 | 01:31:11 (184) | 00:01:39 | 00:51:54 (117)  |
| 184  | CIESIELSKA EWA       | 61  | ZDUN TRIATHLON TEAM                                        | KALISZ              | POL  | K 30-39 | 00:24:40 (124)     | 00:00:00 | 01:36:30 (202) | 00:01:53 | 01:06:10 (199)  |
| 185  | DUDEK MICHAŁ ANTONI  | 226 |                                                            | SIEROSŁAW           | POL  | M 16-18 | 00:29:49 (174)     | 00:00:00 | 01:32:16 (186) | 00:01:43 | 01:09:45 (208)  |
| 186  | KANTECKI DAWID       | 233 | SIERADZKI GRZMOT                                           | SIERADZ             | POL  | M 19-29 | 00:33:19 (196)     | 00:00:00 | 01:29:57 (175) | 00:01:11 | 01:03:05 (191)  |
| 187  | ROGACKI ADAM         | 263 |                                                            | KALISZ              |      | M 40-49 | 00:31:17 (182)     | 00:00:00 | 01:32:50 (188) | 00:03:06 | 01:04:54 (194)  |
| 188  | ŚPIEWAK MICHAŁ       | 208 |                                                            | ŁÓDŹ                | POL  | M 30-39 | 00:33:35 (198)     | 00:00:00 | 01:30:36 (180) | 00:04:42 | 00:52:01 (119)  |
| 189  | WCISŁEK MATEUSZ      | 66  | ZDUN TRIATHLON TEAM                                        | KALISZ              | POL  | M 40-49 | 00:30:10 (178)     | 00:00:00 | 01:34:36 (196) | 00:02:26 | 01:14:38 (215)  |
| 190  | TURKOWSKI ADRIAN     | 101 |                                                            | KAZIMIERZ BISKUPI   | POL  | M 19-29 | 00:27:40 (158)     | 00:00:00 | 01:37:06 (204) | 00:01:44 | 01:06:43 (200)  |
| 191  | DOMINIK ZUZANNA      | 159 |                                                            | OSTRZESZÓW          | POL  | K 20-29 | 00:22:43 (80)      | 00:00:00 | 01:42:23 (211) | 00:01:17 | 01:04:17 (192)  |
| 192  | HOWANIEC AGATA       | 80  | ŁÓDŹ KOCHA SPORT                                           | ŁÓDŹ                | POL  | K 30-39 | 00:30:17 (179)     | 00:00:00 | 01:34:59 (197) | 00:01:14 | 00:55:37 (155)  |
| 193  | CHOJNACKI KRZYSZTOF  | 52  |                                                            | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:33:42 (199)     | 00:00:00 | 01:32:21 (187) | 00:01:49 | 00:52:05 (121)  |
| 194  | BEDNARZ BARTŁOMIEJ   | 162 |                                                            | ZIEMNICE            | POL  | M 30-39 | 00:47:47 (213)     | 00:00:00 | 01:19:22 (86)  | 00:01:38 | 00:44:46 (34)   |
| 195  | WITA RADEK           | 161 |                                                            | KROTOSZYN           | POL  | M 40-49 | 00:34:01 (202)     | 00:00:00 | 01:33:11 (191) | 00:01:50 | 00:58:25 (174)  |
| 196  | WALISZEWSKI JAKUB    | 79  |                                                            | ŁÓDŹ                | POL  | M 30-39 | 00:33:19 (197)     | 00:00:00 | 01:33:57 (194) | 00:03:14 | 01:12:09 (212)  |
| 197  | WOJCIEKIEWICZ MAREK  | 229 |                                                            | OSTRÓW WIELKOPOLSKI | POL  | M 50-59 | 00:33:56 (200)     | 00:00:00 | 01:34:21 (195) | 00:02:42 | 00:47:54 (73)   |
| 198  | ŚWITOŃ DARIUSZ       | 21  | AKTYWNY OSTRZESZÓW                                         | ROGAŚZYCE           | POL  | M 40-49 | 00:41:04 (210)     | 00:00:00 | 01:27:41 (167) | 00:01:23 | 00:58:47 (175)  |
| 199  | CICHOŃ MAGDALENA     | 258 |                                                            | OPOLE               |      | K 40-49 | 00:33:09 (192)     | 00:00:00 | 01:35:38 (199) | 00:02:19 | 00:51:16 (113)  |
| 200  | WESOŁOWSKI PIOTR     | 165 | WSTAWAJ I WALCZ                                            | INOWROCŁAW          | POL  | M 40-49 | 00:37:54 (206)     | 00:00:00 | 01:31:38 (185) | 00:02:08 | 00:29:30 (1)    |
| 201  | OLEKSIUK MICHAŁ      | 51  |                                                            | WARSZAWA            | POL  | M 30-39 | 00:29:20 (172)     | 00:00:00 | 01:41:47 (209) | 00:02:37 | 01:02:21 (187)  |
| 202  | BADURA PIOTR         | 184 |                                                            | GORZYCE WIELKIE     | POL  | M 30-39 | 00:32:48 (188)     | 00:00:00 | 01:39:18 (207) | 00:02:05 | 01:07:36 (203)  |
| 203  | PODOLSKI PRZEMYSŁAW  | 28  | KSKS PODOLSKI DOJO                                         | KALISZ              | POL  | M 30-39 | 00:42:16 (211)     | 00:00:00 | 01:30:11 (177) | 00:02:24 | 01:12:08 (211)  |
| 204  | MAJCZAK KAMIL        | 31  | ACTIVE RUNNERS PŁOCK                                       | PŁOCK               | POL  | M 40-49 | 00:26:06 (140)     | 00:00:00 | 01:46:36 (215) | 00:03:35 | 00:37:21 (4)    |
| 205  | MARCINIAK ŁUKASZ     | 132 | KS WIKINGOWIE                                              | KALISZ              | POL  | M 30-39 | 00:38:53 (208)     | 00:00:00 | 01:33:49 (193) | 00:02:34 | 01:11:28 (210)  |
| 206  | SULKOWSKI TOMASZ     | 81  |                                                            | CZEKANÓW            | POL  | M 40-49 | 00:35:48 (204)     | 00:00:00 | 01:37:28 (206) | 00:02:30 | 01:07:23 (202)  |
| 207  | BIAŁOGÓROW MARCIN    | 78  |                                                            | ŁÓDŹ                | POL  | M 30-39 | 00:34:04 (203)     | 00:00:00 | 01:43:10 (212) | 00:02:20 | 01:13:07 (213)  |
| 208  | SZYMANOWSKI DAMIAN   | 71  |                                                            | NARATÓW             | POL  | M 40-49 | 00:37:25 (205)     | 00:00:00 | 01:40:56 (208) | 00:02:15 | 01:00:52 (185)  |
| 209  | STASZAK AGNIESZKA    | 261 |                                                            | ZAKRZEWO            |      | K 40-49 | 00:33:58 (201)     | 00:00:00 | 01:46:10 (214) | 00:02:00 | 01:14:36 (214)  |
| 210  | GALEWSKI PIOTR       | 185 | TRENUJ Z NAMI                                              | WROCŁAW             | POL  | M 50-59 | 00:39:16 (209)     | 00:00:00 | 01:43:59 (213) | 00:02:04 | 01:02:25 (188)  |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr  | Klub                 | M-scowość      | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km  | T2       | Bieg<br>10.55km |
|------|---------------------------|-----|----------------------|----------------|------|---------|--------------------|----------|----------------|----------|-----------------|
| 211  | ŚMIECH MARIUSZ            | 114 |                      | KRAKÓW         | POL  | M 40-49 | 00:47:26 (212)     | 00:00:00 | 01:41:51 (210) | 00:02:36 | 01:06:10 (198)  |
| 212  | GADZINOWSKI ŁUKASZ        | 140 |                      | KOŚCIELNA WIEŚ | POL  | M 40-49 | 00:37:56 (207)     | 00:00:00 | 01:51:58 (216) | 00:02:49 | 01:02:54 (190)  |
| 213  | OLEJNICZAK WITOLD         | 245 |                      | DOBROSZYCE     |      | M 70+   | 00:53:23 (214)     | 00:00:00 | 01:37:18 (205) | 00:02:23 | 01:08:43 (205)  |
| 214  | JANIGA-BEDNARZ ALEKSANDRA | 156 |                      | ZIEMNICE       | POL  | K 30-39 | 00:57:47 (215)     | 00:00:00 | 01:35:17 (198) | 00:02:09 | 00:59:43 (179)  |
| 215  | KOSTKA BOGUMIŁ            | 201 | KS KROTOSZ KROTOSZYN | KROTOSZYN      | POL  | M 40-49 | 01:04:07 (216)     | 00:00:00 | 01:33:00 (189) | 00:03:03 | 00:46:44 (51)   |
| 216  | GAŁĄZKA ŁUKASZ            | 228 | SIERADZKIGRZMOT      | SIERADZ        | POL  | M 19-29 | 01:09:19 (217)     | 00:00:00 | 01:36:18 (201) | 00:02:34 | 00:57:24 (169)  |
| 217  | KMIEĆ SŁAWOMIR            | 187 | LUBASZ               | LUBASZ         | POL  | M 40-49 | 00:24:11 (110)     | 00:00:00 |                |          |                 |
|      | WILK KAROL                | 41  |                      | LAMKI          | POL  | M 40-49 | 01:11:37 DNF       | 00:00:00 |                | 00:00:00 | 00:00:00 ()     |
|      |                           |     |                      |                |      |         | (218)              |          |                |          |                 |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K-Open**

| M-ce | Nazwisko i imię            | Nr  | Klub                                        | M-scowość      | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|----------------------------|-----|---------------------------------------------|----------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | GAŚSIOR OLIWIA             | 167 | TRIATHLONOWA LEGNICA                        | LEGNICA        | POL  | K 20-29 | 00:16:36           | 00:00:00 | 01:25:41      | 00:01:29 | 00:55:46        |
| 2    | RADOMSKA KAROLINA          | 248 |                                             | KALISZ         |      | K 40-49 | 00:19:27           | 00:00:00 | 01:23:39      | 00:01:36 | 00:50:58        |
| 3    | TOMCZYK ELŻBIETA           | 60  | ZDUN TRIATHLON TEAM                         | KALISZ         | POL  | K 30-39 | 00:22:29           | 00:00:00 | 01:24:59      | 00:01:26 | 00:57:06        |
| 4    | WODICZKO WERONIKA          | 62  | ZDUN TRIATHLON TEAM                         | KALISZ         | POL  | K 30-39 | 00:23:14           | 00:00:00 | 01:24:41      | 00:01:07 | 00:54:41        |
| 5    | PAŁYSA JOANNA              | 55  | TRI NEGU                                    | DAWIDY BANKOWE | POL  | K 40-49 | 00:27:08           | 00:00:00 | 01:21:15      | 00:01:48 | 00:52:21        |
| 6    | PROSOWIECKA SMAK KATARZYNA | 106 |                                             | OPOLE          | POL  | K 40-49 | 00:27:29           | 00:00:00 | 01:26:02      | 00:02:40 | 00:52:24        |
| 7    | SZAGUN AGNIESZKA           | 260 |                                             | POZNAŃ         |      | K 30-39 | 00:23:35           | 00:00:00 | 01:30:04      | 00:01:49 | 01:00:02        |
| 8    | PIETRUSIAK WIKTORIA        | 65  | ZDUN TRIATHLON TEAM                         | KALISZ         | POL  | K 20-29 | 00:21:09           | 00:00:00 | 01:33:26      | 00:01:28 | 00:58:24        |
| 9    | SZYMANOWSKA MARTA          | 45  | SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU | KALISZ         | POL  | K 30-39 | 00:26:12           | 00:00:00 | 01:30:33      | 00:01:46 | 00:53:42        |
| 10   | JASINSKA BEATA             | 238 | BULLET TEAM                                 | PIESZYCE       | POL  | K 40-49 | 00:25:55           | 00:00:00 | 01:33:09      | 00:01:33 | 00:52:12        |
| 11   | HANDZLIK KINGA             | 253 | LABO SPORT TEAM                             | OLEŚNICA       |      | K 20-29 | 00:32:43           | 00:00:00 | 01:27:24      | 00:01:41 | 00:45:33        |
| 12   | CIESIELSKA EWA             | 61  | ZDUN TRIATHLON TEAM                         | KALISZ         | POL  | K 30-39 | 00:24:40           | 00:00:00 | 01:36:30      | 00:01:53 | 01:06:10        |
| 13   | DOMINIK ZUZANNA            | 159 |                                             | OSTRZESZÓW     | POL  | K 20-29 | 00:22:43           | 00:00:00 | 01:42:23      | 00:01:17 | 01:04:17        |
| 14   | HOWANIEC AGATA             | 80  | ŁÓDŹ KOCHA SPORT                            | ŁÓDŹ           | POL  | K 30-39 | 00:30:17           | 00:00:00 | 01:34:59      | 00:01:14 | 00:55:37        |
| 15   | CICHON MAGDALENA           | 258 |                                             | OPOLE          |      | K 40-49 | 00:33:09           | 00:00:00 | 01:35:38      | 00:02:19 | 00:51:16        |
| 16   | STASZAK AGNIESZKA          | 261 |                                             | ZAKRZEWO       |      | K 40-49 | 00:33:58           | 00:00:00 | 01:46:10      | 00:02:00 | 01:14:36        |
| 17   | JANIGA-BEDNARZ ALEKSANDRA  | 156 |                                             | ZIEMNICE       | POL  | K 30-39 | 00:57:47           | 00:00:00 | 01:35:17      | 00:02:09 | 00:59:43        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open**

| M-ce | Nazwisko i imię      | Nr  | Klub                 | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|----------------------|-----|----------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | TOCHOWICZ KASPER     | 107 | TRIWISE              | GOLESZÓW            | POL  | M 19-29 | 00:14:13           | 00:00:00 | 00:59:56      | 00:01:00 | 00:37:08        |
| 2    | KOŁODZIEJCZAK FILIP  | 89  | IM INSPIRATION       | BRZĘZINY            | POL  | M 19-29 | 00:14:52           | 00:00:00 | 01:06:49      | 00:00:57 | 00:43:09        |
| 3    | OLSZEWSKI ALEKSANDER | 196 | TRINERGY             | WROCŁAW             | POL  | M 30-39 | 00:16:23           | 00:00:00 | 01:06:10      | 00:01:06 | 00:38:16        |
| 4    | BIRECKI JAKUB        | 205 | RUNANDTRI.PL         | OPOLE               | POL  | M 30-39 | 00:16:46           | 00:00:00 | 01:06:32      | 00:00:58 | 00:38:01        |
| 5    | GAJ PRZEMYSŁAW       | 234 | KAZIKI TRI           | KONIN               | POL  | M 19-29 | 00:16:19           | 00:00:00 | 01:07:14      | 00:00:47 | 00:35:38        |
| 6    | JACKOWIAK PIOTR      | 142 | SZTUKA RUCHU         | BRZEG               | POL  | M 30-39 | 00:16:47           | 00:00:00 | 01:07:17      | 00:00:57 | 00:42:12        |
| 7    | PAŁYSA MAREK         | 27  | TRI NEGU             | DAWIDY BANKOWE      | POL  | M 40-49 | 00:16:51           | 00:00:00 | 01:07:53      | 00:01:14 | 00:47:02        |
| 8    | BANASZEWSKI WOJCIECH | 190 |                      | WROCŁAW             | POL  | M 40-49 | 00:18:01           | 00:00:00 | 01:09:06      | 00:01:13 | 00:40:17        |
| 9    | DOMINO KRYSZTIAN     | 5   | GVT                  | GŁOGÓW              | POL  | M 40-49 | 00:18:54           | 00:00:00 | 01:08:23      | 00:01:04 | 00:45:05        |
| 10   | GOŁYŚ GRZEGORZ       | 42  | ANIA HALSKA COACHING | KNURÓW              | POL  | M 19-29 | 00:18:31           | 00:00:00 | 01:09:00      | 00:01:16 | 00:40:56        |
| 11   | CHATIAN ADAM         | 188 |                      | OSTRÓW WIELKOPOLSKI | POL  | M 19-29 | 00:18:58           | 00:00:00 | 01:08:58      | 00:01:24 | 00:43:48        |
| 12   | KARCH TOMASZ         | 216 | ŻELAZNA ŚWIDNICA     | ŚWIEBODZICE         | POL  | M 40-49 | 00:16:29           | 00:00:00 | 01:11:31      | 00:01:20 | 00:37:32        |
| 13   | WOJCIESZKO PIOTR     | 38  | CHMURA COACHING      | WROCŁAW             | POL  | M 40-49 | 00:18:43           | 00:00:00 | 01:09:31      | 00:00:56 | 00:40:13        |
| 14   | MICHNIEWICZ MACIEJ   | 14  | EUROVENT ATHLETICS   | OPOLE               | POL  | M 40-49 | 00:17:09           | 00:00:00 | 01:11:38      | 00:00:51 | 00:41:41        |
| 15   | LECH MIROSLAW        | 225 |                      | BRZEG               | POL  | M 30-39 | 00:18:04           | 00:00:00 | 01:12:14      | 00:01:30 | 00:46:41        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                             | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|------------------------|-----|----------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 16   | WYSOCHAŃSKI PAWEŁ      | 46  | TRI GRANDA WOŁÓW / PCC SQUAD     | WOŁÓW               | POL  | M 30-39 | 00:17:44           | 00:00:00 | 01:12:49      | 00:00:48 | 00:44:23        |
| 17   | JAGIELSKI ŁUKASZ       | 2   | JAGIELSKI TEAM                   | POZNAŃ              | POL  | M 30-39 | 00:17:54           | 00:00:00 | 01:12:48      | 00:00:59 | 00:43:32        |
| 18   | KORNES JANUSZ          | 180 | TKKF TRIATHLON DĄBROWA GÓRNICZEJ | SOSNOWIEC           | POL  | M 50-59 | 00:16:47           | 00:00:00 | 01:14:15      | 00:01:11 | 00:48:43        |
| 19   | TIDE KRZYSZTOF         | 7   |                                  | ŻORY                | POL  | M 19-29 | 00:17:07           | 00:00:00 | 01:14:15      | 00:00:56 | 00:43:11        |
| 20   | BIELICKI BARTOSZ       | 177 | RUNNING TEAM MILICZ              | MILICZ              | POL  | M 40-49 | 00:19:37           | 00:00:00 | 01:12:01      | 00:01:00 | 00:38:29        |
| 21   | MOGA PIOTR             | 154 | SPARTA ULTRA TEAM                | BARANÓW             | POL  | M 30-39 | 00:18:21           | 00:00:00 | 01:13:48      | 00:01:03 | 00:49:45        |
| 22   | CEDROWSKI DANIEL       | 68  |                                  | WROCŁAW             | POL  | M 19-29 | 00:21:56           | 00:00:00 | 01:10:48      | 00:01:21 | 00:44:41        |
| 23   | KARGOL PAWEŁ           | 164 |                                  | OLEŚNICA            | POL  | M 40-49 | 00:20:13           | 00:00:00 | 01:13:14      | 00:00:52 | 00:47:11        |
| 24   | BIELAK ARTUR           | 139 | KAZIKI / ATAK NA TRIATHLON       | KALISZ              | POL  | M 40-49 | 00:19:17           | 00:00:00 | 01:14:21      | 00:01:23 | 00:46:57        |
| 25   | WOJNAROWSKI ADAM       | 53  | TRITON KONIN                     | BRANNO              | POL  | M 40-49 | 00:20:24           | 00:00:00 | 01:13:23      | 00:01:26 | 00:51:03        |
| 26   | STODÓŁKA SZYMON        | 15  | LENIWIEC                         | WILCZYCE            | POL  | M 30-39 | 00:21:17           | 00:00:00 | 01:12:35      | 00:01:15 | 00:52:07        |
| 27   | KASPRZAK JACEK         | 200 |                                  | KROTOSZYN           | POL  | M 40-49 | 00:19:06           | 00:00:00 | 01:14:59      | 00:01:13 | 00:50:11        |
| 28   | WŁODARCZAK MARCIN      | 40  | HELIOS CZEMPIŃ TEAM              | CZEMPIŃ             | POL  | M 40-49 | 00:22:14           | 00:00:00 | 01:12:02      | 00:01:01 | 00:45:19        |
| 29   | ZWIERZ KRZYSZTOF       | 94  |                                  | OPOLE               | POL  | M 40-49 | 00:19:19           | 00:00:00 | 01:15:16      | 00:02:24 | 00:42:41        |
| 30   | ZAWADZKI PAWEŁ         | 19  | BPM STUDIO TEAM                  | KALISZ              | POL  | M 30-39 | 00:21:41           | 00:00:00 | 01:13:08      | 00:01:16 | 00:45:48        |
| 31   | TOMASZEWSKI MATEUSZ    | 217 |                                  | WROCŁAW             | POL  | M 40-49 | 00:20:03           | 00:00:00 | 01:14:59      | 00:01:10 | 00:44:54        |
| 32   | KUŹNIAK JAN            | 236 | 7PRO_TEAM                        | WŁÓKI               | POL  | M 30-39 | 00:21:41           | 00:00:00 | 01:13:37      | 00:01:37 | 00:42:38        |
| 33   | SZEWczyk ROBERT        | 219 |                                  | JAROCIN             | POL  | M 40-49 | 00:20:06           | 00:00:00 | 01:15:13      | 00:00:52 | 00:46:01        |
| 34   | SZCZERBAKOWSKI BARTOSZ | 1   |                                  | WROCŁAW             | POL  | M 40-49 | 00:21:33           | 00:00:00 | 01:13:56      | 00:01:46 | 00:47:33        |
| 35   | SIERADZAN GRZEGORZ     | 72  |                                  | OLEŚNICA            | POL  | M 40-49 | 00:21:35           | 00:00:00 | 01:13:55      | 00:01:27 | 00:48:05        |
| 36   | HYHS JAN               | 113 | AUGUSTYNIAK TRIATHLON TEAM       | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:22:18           | 00:00:00 | 01:13:17      | 00:01:48 | 00:44:01        |
| 37   | KUBIAK PRZEMYSŁAW      | 254 |                                  | WILCZYCE            |      | M 50-59 | 00:21:30           | 00:00:00 | 01:14:17      | 00:01:49 | 00:48:11        |
| 38   | FRYSKE BARTOSZ         | 82  |                                  | WĄGROWIEC           | POL  | M 30-39 | 00:23:24           | 00:00:00 | 01:12:25      | 00:00:58 | 00:43:58        |
| 39   | DWOJAK MARCIN          | 179 | BMW SMORAWIŃSKI                  | PRZĘŻMIEROWO        | POL  | M 40-49 | 00:17:15           | 00:00:00 | 01:18:37      | 00:01:26 | 00:48:01        |
| 40   | DUDELA ADRIAN          | 207 | KAZIKI                           | WARSZAWA            | POL  | M 40-49 | 00:21:51           | 00:00:00 | 01:14:12      | 00:02:03 | 00:44:12        |
| 41   | PILARCZYK BARTEK       | 63  |                                  | OSTRÓW WLKP         | POL  | M 40-49 | 00:20:00           | 00:00:00 | 01:16:14      | 00:01:43 | 00:47:25        |
| 42   | ZAKRZEWSKI MICHAŁ      | 134 | SNG WILD DUCKS                   | ŁÓDŹ                | POL  | M 40-49 | 00:22:06           | 00:00:00 | 01:14:25      | 00:02:02 | 00:50:27        |
| 43   | URBANIAK KRYSZTIAN     | 231 |                                  | KROTOSZYN           | POL  | M 19-29 | 00:18:20           | 00:00:00 | 01:18:24      | 00:01:37 | 00:50:51        |
| 44   | WRÓBLEWSKI PIOTR       | 175 | LITWIN SPORTS                    | KRZYŻANOWICE        | POL  | M 30-39 | 00:24:02           | 00:00:00 | 01:12:51      | 00:00:58 | 00:43:02        |
| 45   | KUNCE DANIEL           | 102 |                                  | OSTRZESZÓW          | POL  | M 30-39 | 00:22:08           | 00:00:00 | 01:14:58      | 00:01:21 | 01:10:26        |
| 46   | SROGA MACIEJ           | 218 | GT KONA                          | NAMYSŁÓW            | POL  | M 30-39 | 00:23:10           | 00:00:00 | 01:13:57      | 00:01:08 | 00:46:23        |
| 47   | SMORAWIŃSKI WOJTEK     | 178 | BMW SMORAWIŃSKI                  | POKRZYWNICA         | POL  | M 40-49 | 00:18:41           | 00:00:00 | 01:18:30      | 00:01:16 | 00:49:13        |
| 48   | SZYNALIK SŁAWOMIR      | 133 | KIKATEAM                         | KRAKÓW              | POL  | M 40-49 | 00:20:54           | 00:00:00 | 01:16:32      | 00:02:03 | 00:46:47        |
| 49   | TOKAREK MAREK          | 206 |                                  | POZNAN              | POL  | M 40-49 | 00:19:19           | 00:00:00 | 01:18:13      | 00:01:29 | 00:50:17        |
| 50   | NAJGEBAUER ŁUKASZ      | 11  | FF INWESTYCJE                    | OPOLE               | POL  | M 30-39 | 00:20:09           | 00:00:00 | 01:17:34      | 00:01:22 | 00:45:35        |
| 51   | WIŚNIEWSKI JAN         | 212 |                                  | OPATÓWEK            | POL  | M 50-59 | 00:21:57           | 00:00:00 | 01:15:55      | 00:02:21 | 00:57:01        |
| 52   | PAKUŁSKI MARCIN        | 169 | NAGEL GROUP                      | WARSZAWA            | POL  | M 30-39 | 00:22:43           | 00:00:00 | 01:15:19      | 00:01:08 | 00:48:41        |
| 53   | SZUŁAWA MARCIN         | 239 |                                  | ZDUNY               | POL  | M 40-49 | 00:23:42           | 00:00:00 | 01:14:25      | 00:01:49 | 00:46:15        |
| 54   | CECHOWSKI PIOTR        | 20  | BEDNARSKI TRI TEAM               | BURZENIN            | POL  | M 40-49 | 00:22:36           | 00:00:00 | 01:15:47      | 00:01:14 | 00:46:52        |
| 55   | ROMANOWSKI PIOTR       | 9   | TIETO TRIATHLON TEAM             | WYSOKA              | POL  | M 30-39 | 00:22:53           | 00:00:00 | 01:15:38      | 00:01:42 | 00:43:29        |
| 56   | NASKRĘTSKI ANDRZEJ     | 255 | TRIMP                            | KRĘPICE             |      | M 40-49 | 00:22:17           | 00:00:00 | 01:16:15      | 00:01:08 | 00:48:52        |
| 57   | BEDNARCZYK ROBERT      | 32  | DIAKONOWBEDNARCZYK.PL            | WARSZAWA            | POL  | M 30-39 | 00:24:32           | 00:00:00 | 01:14:01      | 00:01:21 | 00:43:01        |
| 58   | SKIBA GRZEGORZ         | 98  | TRICERATOPS                      | TYCHY               | POL  | M 40-49 | 00:25:03           | 00:00:00 | 01:13:37      | 00:01:34 | 00:46:50        |
| 59   | BIRECKI WACŁAW         | 150 | RUN AND TRI/GT KONA              | OPOLE               | POL  | M 60-69 | 00:21:13           | 00:00:00 | 01:17:47      | 00:01:47 | 00:54:19        |
| 60   | CZAPLA ŁUKASZ          | 264 | TRICERATOPS                      | TYCHY               |      | M 40-49 | 00:21:57           | 00:00:00 | 01:17:14      | 00:01:28 | 00:44:31        |
| 61   | WIECZOREK RAFAŁ        | 195 |                                  | NADOLICE WIELKIE    | POL  | M 30-39 | 00:22:13           | 00:00:00 | 01:17:02      | 00:02:01 | 00:50:56        |
| 62   | PLÓCIENNIK HUBERT      | 64  |                                  | RADŁÓW              | POL  | M 19-29 | 00:24:39           | 00:00:00 | 01:14:41      | 00:01:55 | 00:49:16        |
| 63   | SZYMczAK PIOTR         | 191 | BRANNO                           | BRANNO              | POL  | M 40-49 | 00:23:37           | 00:00:00 | 01:15:54      | 00:01:20 | 00:49:53        |
| 64   | BOCIEK PIOTR           | 168 |                                  | GUBIN               | POL  | M 30-39 | 00:26:47           | 00:00:00 | 01:12:52      | 00:01:15 | 00:44:32        |
| 65   | GŁUCHOWSKI PRZEMEK     | 221 |                                  | ŻYCHLIN             | POL  | M 40-49 | 00:23:56           | 00:00:00 | 01:15:56      | 00:01:43 | 00:47:07        |
| 66   | BIAŁEK SEBASTIAN       | 250 |                                  | SZALE               |      | M 40-49 | 00:24:02           | 00:00:00 | 01:15:52      | 00:01:09 | 00:50:22        |
| 67   | PISAREK ŁUKASZ         | 120 |                                  | ALEKSANDRÓW ŁÓDZKI  | POL  | M 40-49 | 00:20:47           | 00:00:00 | 01:19:11      | 00:00:56 | 00:56:28        |
| 68   | BURZAWA GRZEGORZ       | 111 | WARSZTAT FORMY                   | TYCHY               | POL  | M 40-49 | 00:21:28           | 00:00:00 | 01:18:31      | 00:01:50 | 00:46:03        |
| 69   | GROBELNY PIOTR         | 127 |                                  | KROTOSZYN           | POL  | M 30-39 | 00:21:44           | 00:00:00 | 01:18:23      | 00:01:55 | 00:50:57        |
| 70   | PIETRZAK ROMEK         | 174 | SKS OBORNKI                      | RAKOWNIA            | POL  | M 50-59 | 00:21:22           | 00:00:00 | 01:18:47      | 00:01:42 | 00:48:49        |
| 71   | GRODOMIŃSKI HUBERT     | 47  | TRI FOR ME                       | KŁODAWA             | POL  | M 40-49 | 00:24:26           | 00:00:00 | 01:15:45      | 00:02:24 | 00:50:28        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                         | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|------------------------|-----|------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 72   | PASTUSZAK KRZYSZTOF    | 171 | TRITIM                       | OSTROWWLKP          | POL  | M 60-69 | 00:22:54           | 00:00:00 | 01:17:43      | 00:01:21 | 00:49:22        |
| 73   | KUREK GRZEGORZ         | 183 |                              | RABIEN AB           | POL  | M 40-49 | 00:19:32           | 00:00:00 | 01:21:17      | 00:01:41 | 00:52:10        |
| 74   | WAWRZYNAK BOGUSŁAW     | 90  | WAWRZYN TEAM                 | GORZYCE WIELKIE     | POL  | M 50-59 | 00:18:46           | 00:00:00 | 01:22:08      | 00:01:28 | 01:04:48        |
| 75   | STANKIEWICZ JAKUB      | 36  | ZDUN TRIATLON TEAM           | KOŚCIELNA WIEŚ      | POL  | M 40-49 | 00:21:50           | 00:00:00 | 01:19:18      | 00:01:53 | 00:47:17        |
| 76   | KALISKI PIOTR          | 99  |                              | WROCLAW             | POL  | M 40-49 | 00:21:31           | 00:00:00 | 01:19:43      | 00:01:16 | 00:48:58        |
| 77   | KĄŻMIERCZAK JAN        | 86  |                              | POZNAŃ              | POL  | M 19-29 | 00:20:50           | 00:00:00 | 01:20:33      | 00:01:00 | 00:44:30        |
| 78   | RABĘCKI PIOTR          | 58  | CYKLOMANIACY                 | ŁÓDŹ                | POL  | M 40-49 | 00:26:10           | 00:00:00 | 01:15:21      | 00:01:00 | 00:59:47        |
| 79   | PLUTA JAKUB            | 194 | SWIMMINGLAB                  | CHRZĄSTAWA MAŁA     | POL  | M 30-39 | 00:18:42           | 00:00:00 | 01:23:00      | 00:01:38 | 00:47:50        |
| 80   | SKUBISZ KRZYSZTOF      | 104 | LITWIN SPORTS                | KALISZ              | POL  | M 30-39 | 00:24:01           | 00:00:00 | 01:17:45      | 00:01:11 | 00:49:20        |
| 81   | WOŹNIAK DARIUSZ        | 257 |                              | OSTRÓW WIELKOPOLSKI |      | M 40-49 | 00:23:11           | 00:00:00 | 01:18:54      | 00:01:45 | 00:52:50        |
| 82   | JASZCZYK ANDRZEJ       | 166 | SSW TEAM KROŚNICE            | WIERZCHOWICE        | POL  | M 30-39 | 00:21:55           | 00:00:00 | 01:20:13      | 00:02:03 | 00:47:01        |
| 83   | ŁOSTER WOJCIECH        | 230 | HEINEKEN KRAKÓW              | KRAKOW              | POL  | M 30-39 | 00:18:58           | 00:00:00 | 01:23:26      | 00:01:02 | 00:52:03        |
| 84   | RYBACKI PIOTR          | 146 |                              | TOPOLA MAŁA         | POL  | M 40-49 | 00:22:51           | 00:00:00 | 01:19:40      | 00:01:41 | 00:57:20        |
| 85   | POWROŹNIK DAWID        | 223 |                              | KALISZ              | POL  | M 30-39 | 00:24:40           | 00:00:00 | 01:17:55      | 00:02:19 | 00:57:17        |
| 86   | DUDEK MARIUSZ          | 10  |                              | LUBIN               | POL  | M 30-39 | 00:20:03           | 00:00:00 | 01:22:34      | 00:01:32 | 00:53:52        |
| 87   | SALAMON EMIL           | 34  | ZDUN TRIATHLON TEAM          | KALISZ              | POL  | M 30-39 | 00:19:32           | 00:00:00 | 01:23:06      | 00:01:46 | 00:58:54        |
| 88   | FIGIEL ARKADIUSZ       | 67  | ARKADIUSZ FIGIEL PHU MAFPOL  | KALISZ              | POL  | M 50-59 | 00:23:51           | 00:00:00 | 01:19:06      | 00:01:18 | 00:52:18        |
| 89   | NOWAK IWO              | 227 |                              | KOMORNIKI           | POL  | M 16-18 | 00:23:28           | 00:00:00 | 01:19:29      | 00:02:51 | 00:51:14        |
| 90   | CHENCZKE DOMINIK       | 247 | ZDUN TRIATHON TEAM           | KOŹMINEK            |      | M 40-49 | 00:24:21           | 00:00:00 | 01:18:45      | 00:00:58 | 00:55:37        |
| 91   | BOROWIAK MARIUSZ       | 119 | SZAŁOWE WĘDKOWANIE           | JARY                | POL  | M 40-49 | 00:21:44           | 00:00:00 | 01:21:26      | 00:01:50 | 00:55:12        |
| 92   | DROZDEK ŁUKASZ         | 96  | TRICERATOPS                  | TYCHY               | POL  | M 40-49 | 00:24:38           | 00:00:00 | 01:18:35      | 00:01:35 | 00:43:40        |
| 93   | BRYŁOWSKI MARCIN       | 35  | NIEMAZAPÓŻNO BRANDBULL JEMAR | KALISZ              | POL  | M 40-49 | 00:23:24           | 00:00:00 | 01:19:53      | 00:01:41 | 00:47:35        |
| 94   | JASINSKI TOMASZ        | 237 | BULLET TEAM                  | BIELAWA             | POL  | M 40-49 | 00:23:58           | 00:00:00 | 01:19:35      | 00:02:26 | 00:58:13        |
| 95   | MALYS KRZYSZTOF        | 17  | KP PSP OLEŚNICA              | SYCÓW               | POL  | M 30-39 | 00:25:03           | 00:00:00 | 01:18:41      | 00:01:39 | 00:49:29        |
| 96   | KĄŁUŻNY ADAM           | 246 |                              | POZNAŃ              |      | M 40-49 | 00:23:00           | 00:00:00 | 01:21:15      | 00:00:58 | 00:46:15        |
| 97   | KOWALSKI MARCIN        | 93  | TRICERATOPS                  | TYCHY               | POL  | M 40-49 | 00:23:50           | 00:00:00 | 01:20:51      | 00:01:16 | 00:49:36        |
| 98   | STRUSZ KAMIL           | 213 | TRIZARZA                     | KATOWICE            | POL  | M 19-29 | 00:23:10           | 00:00:00 | 01:21:40      | 00:02:17 | 01:02:48        |
| 99   | MARCINKOWSKI PIOTR     | 108 | OSW TRI TEAM                 | OSTRÓW WIELKOPOLSKI | POL  | M 50-59 | 00:19:56           | 00:00:00 | 01:25:14      | 00:01:29 | 00:51:27        |
| 100  | MIKOŁAJCZYK BARTŁOMIEJ | 249 | DOOATHLON                    | KALISZ              |      | M 30-39 | 00:24:15           | 00:00:00 | 01:20:57      | 00:00:57 | 00:59:31        |
| 101  | WITKOWSKI PIOTR        | 118 | RUN AND BIKE STARY SIELEC    | RAWICZ              | POL  | M 30-39 | 00:23:28           | 00:00:00 | 01:21:54      | 00:01:30 | 00:53:43        |
| 102  | HUBAJ FRANCISZEK       | 91  |                              | MIĘKINIA            | POL  | M 16-18 | 00:22:28           | 00:00:00 | 01:23:06      | 00:01:00 | 00:54:14        |
| 103  | ŁUKASZEWICZ SZYMON     | 115 |                              | KROTOSZYN           | POL  | M 40-49 | 00:21:21           | 00:00:00 | 01:24:15      | 00:01:49 | 00:56:49        |
| 104  | ADANSKI SŁAWOMIR       | 39  |                              | PŁOCK               | POL  | M 50-59 | 00:26:06           | 00:00:00 | 01:19:35      | 00:01:38 | 00:55:15        |
| 105  | NOWAK KONRAD           | 172 | MBC MACIEJ BODNAR COACHING   | KROTOSZYN           | POL  | M 40-49 | 00:24:58           | 00:00:00 | 01:21:01      | 00:01:59 | 00:50:21        |
| 106  | JARCZEWSKI DOMINIK     | 48  |                              | KALISZ              | POL  | M 40-49 | 00:27:00           | 00:00:00 | 01:19:02      | 00:02:03 | 00:47:13        |
| 107  | BOGDANOWICZ MACIEJ     | 244 | NAGEL GROUP                  | ORZESZE             | POL  | M 40-49 | 00:26:29           | 00:00:00 | 01:19:34      | 00:01:22 | 00:57:52        |
| 108  | GRUZ ROBERT            | 197 |                              | WROCLAW             | POL  | M 30-39 | 00:23:21           | 00:00:00 | 01:22:58      | 00:01:45 | 00:57:15        |
| 109  | WÓJCIK JAKUB           | 117 | TRIDIVISION                  | GLIWICE             | POL  | M 40-49 | 00:22:19           | 00:00:00 | 01:24:12      | 00:01:17 | 01:00:31        |
| 110  | MARCZUK MIRON          | 193 | NEON TEAM                    | WARSZAWA            | POL  | M 19-29 | 00:21:25           | 00:00:00 | 01:25:19      | 00:01:04 | 00:50:37        |
| 111  | LIZIK WALDEMAR         | 143 | TRI POWER TEAM               | POSADA              | POL  | M 50-59 | 00:21:29           | 00:00:00 | 01:25:27      | 00:01:52 | 00:48:11        |
| 112  | KONARSKI ROBERT        | 25  |                              | KROTOSZYN           | POL  | M 40-49 | 00:24:19           | 00:00:00 | 01:22:45      | 00:01:00 | 00:54:47        |
| 113  | MRUK KRZYSZTOF         | 56  | ZDUN TRIATHLON TEAM          | BŁASZKI             | POL  | M 19-29 | 00:27:06           | 00:00:00 | 01:20:01      | 00:01:43 | 00:43:34        |
| 114  | MORAWSKI PIOTR         | 23  | DRUŻYNA M                    | OŁAWA               | POL  | M 30-39 | 00:24:13           | 00:00:00 | 01:23:04      | 00:01:14 | 00:48:37        |
| 115  | BUCKI PRZEMEK          | 131 |                              | SZCZODRE            | POL  | M 40-49 | 00:25:03           | 00:00:00 | 01:22:18      | 00:01:42 | 00:51:09        |
| 116  | JUFFER ROBERT          | 211 | TRIDIVISION                  | TARNOWSKIE GORY     | POL  | M 30-39 | 00:26:00           | 00:00:00 | 01:21:27      | 00:01:40 | 00:48:06        |
| 117  | KACZURBA WITOLD        | 157 | KB SOBÓTKA                   | WROCLAW             | POL  | M 30-39 | 00:28:36           | 00:00:00 | 01:19:02      | 00:02:10 | 00:45:10        |
| 118  | ŚLIWA BOGUMIŁ          | 128 |                              | KALISZ              | POL  | M 30-39 | 00:23:36           | 00:00:00 | 01:24:03      | 00:02:33 | 00:51:54        |
| 119  | SIKORA RAFAŁ           | 203 |                              | BYSTRE              | POL  | M 30-39 | 00:24:58           | 00:00:00 | 01:22:45      | 00:01:19 | 00:55:01        |
| 120  | JANIAK PIOTR           | 259 |                              | OSTRÓW WIELKOPOLSKI |      | M 40-49 | 00:26:53           | 00:00:00 | 01:21:17      | 00:01:13 | 00:55:19        |
| 121  | MALINOWSKI ŁUKASZ      | 173 |                              | TARNOWSKIE GÓRY     |      | M 40-49 | 00:25:54           | 00:00:00 | 01:22:30      | 00:01:53 | 00:54:19        |
| 122  | JANKOWSKI ARKADIUSZ    | 242 | NAGEL GROUP                  | GLIWICE             | POL  | M 40-49 | 00:25:31           | 00:00:00 | 01:23:17      | 00:01:30 | 00:54:28        |
| 123  | STANEK DAWID           | 243 |                              | KĄTY WROCŁAWSKIE    | POL  | M 30-39 | 00:24:31           | 00:00:00 | 01:24:33      | 00:01:50 | 01:07:53        |
| 124  | TOMCZUK BARTOSZ        | 97  |                              | KALISZ              | POL  | M 30-39 | 00:26:50           | 00:00:00 | 01:22:31      | 00:02:13 | 00:57:19        |
| 125  | KOWALCZYK RAFAŁ        | 112 | GEO-PRO.PL                   | KALISZ              | POL  | M 40-49 | 00:33:18           | 00:00:00 | 01:16:22      | 00:01:14 | 00:57:29        |
| 126  | WOJCIECHOWSKI PAWEŁ    | 8   | BPM STUDIO                   | KALISZ              | POL  | M 40-49 | 00:29:58           | 00:00:00 | 01:19:55      | 00:01:05 | 00:52:42        |
| 127  | NAWROCKI ARKADIUSZ     | 130 | POWOLI                       | STARA WIEŚ          | POL  | M 40-49 | 00:28:18           | 00:00:00 | 01:21:35      | 00:02:45 | 00:47:42        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                                       | M-scowość           | Kraj    | Kat.     | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|----------------------|-----|--------------------------------------------|---------------------|---------|----------|--------------------|----------|---------------|----------|-----------------|
| 128  | SZCZEPAŃSKI WOJCIECH | 76  | ŁÓDŹ KOCHA SPORT                           | ŁÓDŹ                | POL     | M 30-39  | 00:23:11           | 00:00:00 | 01:26:56      | 00:01:08 | 00:45:50        |
| 129  | BACIK MATEUSZ        | 160 |                                            | OSTRZESZÓW          | POL     | M 19-29  | 00:22:51           | 00:00:00 | 01:27:26      | 00:01:00 | 00:46:50        |
| 130  | PLEWA ŁUKASZ         | 88  | RUN&BIKE STARY SIELEC                      | STARY SIELEC        | POL     | M 30-39  | 00:28:48           | 00:00:00 | 01:21:39      | 00:00:56 | 00:44:02        |
| 131  | JĘDRZEJAK MARCIN     | 235 |                                            | OSTRÓW WIELKOPOLSKI | POL     | M 19-29  | 00:25:20           | 00:00:00 | 01:25:22      | 00:01:08 | 00:52:54        |
| 132  | FRANKOWSKI LESZEK    | 75  | FRANKI                                     | OSTRZESZÓW          | POL     | M 40-49  | 00:24:47           | 00:00:00 | 01:26:08      | 00:01:53 | 00:54:33        |
| 133  | TUCKI CYPRIAN        | 110 | PSZCZYŃSKI ORZEŁ                           | PSZCZYNA            | POL     | M 30-39  | 00:29:01           | 00:00:00 | 01:21:54      | 00:01:27 | 00:49:47        |
| 134  | SZKOPEK SEBASTIAN    | 147 |                                            | ODOLANÓW            | POL     | M 40-49  | 00:26:06           | 00:00:00 | 01:25:05      | 00:01:47 | 00:53:13        |
| 135  | GUZEK MARIUSZ        | 163 | LOS BIEGANEROS KUTNO                       | KUTNO               | POL     | M 40-49  | 00:24:25           | 00:00:00 | 01:26:58      | 00:02:22 | 00:52:22        |
| 136  | HOFFMANN BARTOSZ     | 151 | COMPUTEC TEAM                              | WSCHOWA             | POL     | M 50-59  | 00:23:06           | 00:00:00 | 01:28:21      | 00:01:33 | 01:06:47        |
| 137  | SZKOPEK PAWEŁ        | 148 |                                            | KACZORY             | POL     | M 30-39  | 00:24:33           | 00:00:00 | 01:26:57      | 00:01:32 | 00:56:26        |
| 138  | DAWIDOWICZ WOJCIECH  | 137 | ŚLĘZAKTEAM                                 | DOBROSZYCE          | POL     | M 30-39  | 00:32:02           | 00:00:00 | 01:19:34      | 00:01:29 | 00:53:56        |
| 139  | POPARDOWSKI JACEK    | 109 | SOKÓŁ GŁUBCZYCE                            | OPOLE               | POL     | M 30-39  | 00:27:51           | 00:00:00 | 01:23:50      | 00:01:20 | 00:46:37        |
| 140  | KRÓL LECH            | 24  | TRIATHLON KROTOSZYN TEAM                   | KROTOSZYN           | POL     | M 40-49  | 00:24:39           | 00:00:00 | 01:27:13      | 00:02:00 | 00:55:20        |
| 141  | PLEWA HUBERT         | 116 | RUN AND BIKE STARY SIELEC                  | JUTROSIN            | POL     | M 30-39  | 00:32:50           | 00:00:00 | 01:19:03      | 00:02:13 | 00:49:48        |
| 142  | CZYŻEWSKI MARIUSZ    | 210 | PIÓRKI                                     | ZŁOTNIKI KUJAWSKIE  | POL     | M 30-39  | 00:26:23           | 00:00:00 | 01:25:52      | 00:02:15 | 00:47:19        |
| 143  | URBAŃSKI PIOTR       | 26  | BARAKUDA MASTERS                           | KALISZ              | POL     | M 40-49  | 00:28:48           | 00:00:00 | 01:23:28      | 00:01:23 | 00:47:32        |
| 144  | SULKOWSKI PIOTR      | 59  | OKUCHNIE.PL                                | SZCZYTNIKI          | POL     | M 40-49  | 00:27:12           | 00:00:00 | 01:25:34      | 00:01:41 | 00:48:01        |
| 145  | KWACZ PAWEŁ          | 251 |                                            | BIELAWA             | M 30-39 | 00:27:29 | 00:00:00           | 01:25:17 | 00:01:47      | 00:48:37 |                 |
| 146  | NAGODZIŃSKI MARCIN   | 85  |                                            | BISKUPICE           | POL     | M 30-39  | 00:28:41           | 00:00:00 | 01:24:16      | 00:02:21 | 01:01:37        |
| 147  | SZYMCAK BARTŁOŃMIJ   | 83  |                                            | KALISZ              | POL     | M 40-49  | 00:25:40           | 00:00:00 | 01:27:55      | 00:01:42 | 00:51:18        |
| 148  | WOJCIECHOWSKI ŁUKASZ | 204 | GT KONA RUNANDTRI                          | OPOLE               | POL     | M 30-39  | 00:26:24           | 00:00:00 | 01:27:11      | 00:01:55 | 00:54:29        |
| 149  | MUSIAŁ MATEUSZ       | 77  | DOBRA ENERGIA                              | OLEŚNICA            | POL     | M 30-39  | 00:29:32           | 00:00:00 | 01:24:15      | 00:01:01 | 00:45:29        |
| 150  | LECHOWSKI JAN        | 74  | KB HARCOWNIK JELCZ-LASKOWICE               | JELCZ-LASKOWICE     | POL     | M 60-69  | 00:28:13           | 00:00:00 | 01:25:42      | 00:01:39 | 00:51:00        |
| 151  | RABURSKI CZAREK      | 73  |                                            | MILICZ              | POL     | M 30-39  | 00:28:14           | 00:00:00 | 01:25:43      | 00:01:15 | 00:57:03        |
| 152  | CIERNIEJEWSKI ŁUKASZ | 149 |                                            | OSTRÓW WIELKOPOLSKI | POL     | M 30-39  | 00:31:09           | 00:00:00 | 01:23:29      | 00:01:39 | 00:47:13        |
| 153  | KOCH PRZEMYSŁAW      | 145 | SZWAGIER TEAM                              | WARSZAWA            | POL     | M 40-49  | 00:25:59           | 00:00:00 | 01:28:41      | 00:02:44 | 01:00:51        |
| 154  | GRALAK KAROL         | 105 |                                            | KALISZ              | POL     | M 40-49  | 00:31:46           | 00:00:00 | 01:23:01      | 00:03:56 | 01:09:19        |
| 155  | PAGÓREK RADOSŁAW     | 3   | DURABLE                                    | DOŁUJE              | POL     | M 50-59  | 00:27:49           | 00:00:00 | 01:27:50      | 00:02:01 | 00:56:54        |
| 156  | SOPEL KRZYSZTOF      | 241 |                                            | ŻARY                | POL     | M 30-39  | 00:26:32           | 00:00:00 | 01:29:37      | 00:01:11 | 00:47:09        |
| 157  | GUSS BARTOSZ         | 220 | MOCNI W GĘNIE                              | POZNAŃ              | POL     | M 40-49  | 00:29:02           | 00:00:00 | 01:27:46      | 00:02:03 | 00:49:03        |
| 158  | PRUSKI MARIUSZ       | 141 |                                            | ŁÓDŹ                | POL     | M 30-39  | 00:25:54           | 00:00:00 | 01:30:59      | 00:02:48 | 01:05:46        |
| 159  | PAŃKÓW PIOTR         | 153 | FUNDACJA NAKOLE                            | NIWKI               | POL     | M 50-59  | 00:25:55           | 00:00:00 | 01:30:59      | 00:03:33 | 01:05:11        |
| 160  | HAŁADUS DOMINIK      | 240 | DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO | CZĘSTOCHOWA         | POL     | M 30-39  | 00:32:54           | 00:00:00 | 01:24:24      | 00:01:32 | 00:55:44        |
| 161  | STĘPNIEWSKI DARIUSZ  | 189 | PROMYK CIECHANÓW                           | CIECHANÓW           | POL     | M 50-59  | 00:30:44           | 00:00:00 | 01:27:02      | 00:02:20 | 00:47:37        |
| 162  | TACIK PRZEMYSŁAW     | 224 | TRIMP                                      | SOŚNIE              | POL     | M 19-29  | 00:33:06           | 00:00:00 | 01:24:42      | 00:01:10 | 01:05:24        |
| 163  | MILEK GRZEGORZ       | 222 | SIERADZKIGRZMOT                            | SIERADZ             | POL     | M 19-29  | 00:33:17           | 00:00:00 | 01:24:33      | 00:02:22 | 00:59:16        |
| 164  | MAJEWSKI WIESŁAW     | 192 | KUŹNIA TRIATHLONU                          | SZRENIAWA           | POL     | M 40-49  | 00:29:18           | 00:00:00 | 01:28:52      | 00:02:14 | 00:54:38        |
| 165  | KOSIARSKI BARTOSZ    | 181 | AA TRIATHLON TEAM KROTOSZYN                | KROTOSZYN           | POL     | M 40-49  | 00:21:22           | 00:00:00 | 01:36:55      | 00:02:01 | 00:59:46        |
| 166  | KOTAS ROMAN          | 155 | KOTASTROFA                                 | WROCŁAW             | POL     | M 40-49  | 00:28:17           | 00:00:00 | 01:30:13      | 00:01:54 | 00:52:22        |
| 167  | GROŃSKI ROBERT       | 87  |                                            | WROCŁAW             | POL     | M 40-49  | 00:31:27           | 00:00:00 | 01:27:14      | 00:02:08 | 00:52:52        |
| 168  | MIAŚKIEWICZ WITOLD   | 16  | ZDUN TRIATHLON TEAM                        | SZALE               | POL     | M 50-59  | 00:32:20           | 00:00:00 | 01:26:41      | 00:01:24 | 00:51:59        |
| 169  | JANKOWSKI JAROSŁAW   | 215 |                                            | SADKÓW              | POL     | M 19-29  | 00:33:13           | 00:00:00 | 01:25:53      | 00:01:30 | 00:55:15        |
| 170  | SZKOPEK ROBERT       | 232 |                                            | GLIŚNICA            | POL     | M 19-29  | 00:23:15           | 00:00:00 | 01:36:07      | 00:01:25 | 01:08:53        |
| 171  | WILK DAWID           | 214 |                                            | POZNAŃ              | POL     | M 40-49  | 00:29:51           | 00:00:00 | 01:30:58      | 00:02:22 | 01:16:41        |
| 172  | DRAJER SEBASTIAN     | 30  |                                            | OSTRÓW WIELKOPOLSKI | POL     | M 40-49  | 00:29:59           | 00:00:00 | 01:31:11      | 00:01:39 | 00:51:54        |
| 173  | DUDEK MICHAŁ ANTONI  | 226 |                                            | SIEROŚŁAW           | POL     | M 16-18  | 00:29:49           | 00:00:00 | 01:32:16      | 00:01:43 | 01:09:45        |
| 174  | KANTECKI DAWID       | 233 | SIERADZKI GRZMOT                           | SIERADZ             | POL     | M 19-29  | 00:33:19           | 00:00:00 | 01:29:57      | 00:01:11 | 01:03:05        |
| 175  | ROGACKI ADAM         | 263 |                                            | KALISZ              | M 40-49 | 00:31:17 | 00:00:00           | 01:32:50 | 00:03:06      | 01:04:54 |                 |
| 176  | ŚPIEWAK MICHAŁ       | 208 |                                            | ŁÓDŹ                | POL     | M 30-39  | 00:33:35           | 00:00:00 | 01:30:36      | 00:04:42 | 00:52:01        |
| 177  | TURKOWSKI ADRIAN     | 101 |                                            | KAZIMIERZ BISKUPI   | POL     | M 19-29  | 00:27:40           | 00:00:00 | 01:37:06      | 00:01:44 | 01:06:43        |
| 178  | WCISŁEK MATEUSZ      | 66  | ZDUN TRIATHLON TEAM                        | KALISZ              | POL     | M 40-49  | 00:30:10           | 00:00:00 | 01:34:36      | 00:02:26 | 01:14:38        |
| 179  | CHOJNACKI KRZYSZTOF  | 52  |                                            | OSTRÓW WIELKOPOLSKI | POL     | M 30-39  | 00:33:42           | 00:00:00 | 01:32:21      | 00:01:49 | 00:52:05        |
| 180  | BEDNARZ BARTŁOŃMIJ   | 162 |                                            | ZIEMNICE            | POL     | M 30-39  | 00:47:47           | 00:00:00 | 01:19:22      | 00:01:38 | 00:44:46        |
| 181  | WITA RADEK           | 161 |                                            | KROTOSZYN           | POL     | M 40-49  | 00:34:01           | 00:00:00 | 01:33:11      | 00:01:50 | 00:58:25        |
| 182  | WALISZEWSKI JAKUB    | 79  |                                            | ŁÓDŹ                | POL     | M 30-39  | 00:33:19           | 00:00:00 | 01:33:57      | 00:03:14 | 01:12:09        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M-Open c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                 | M-scowość           | Kraj  | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|----------------------|---------------------|-------|---------|--------------------|----------|---------------|----------|-----------------|
| 183  | WOJCIEKIEWICZ MAREK | 229 |                      | OSTRÓW WIELKOPOLSKI | POL   | M 50-59 | 00:33:56           | 00:00:00 | 01:34:21      | 00:02:42 | 00:47:54        |
| 184  | ŚWITOŃ DARIUSZ      | 21  | AKTYWNY OSTRZESZÓW   | ROGASZYCE           | POL   | M 40-49 | 00:41:04           | 00:00:00 | 01:27:41      | 00:01:23 | 00:58:47        |
| 185  | WESOŁOWSKI PIOTR    | 165 | WSTAWAJ I WALCZ      | INOWROCŁAW          | POL   | M 40-49 | 00:37:54           | 00:00:00 | 01:31:38      | 00:02:08 | 00:29:30        |
| 186  | OLEKSIUK MICHAŁ     | 51  |                      | WARSZAWA            | POL   | M 30-39 | 00:29:20           | 00:00:00 | 01:41:47      | 00:02:37 | 01:02:21        |
| 187  | BADURA PIOTR        | 184 |                      | GORZYCE WIELKIE     | POL   | M 30-39 | 00:32:48           | 00:00:00 | 01:39:18      | 00:02:05 | 01:07:36        |
| 188  | PODOLSKI PRZEMYSŁAW | 28  | KKSK PODOLSKI DOJO   | KALISZ              | POL   | M 30-39 | 00:42:16           | 00:00:00 | 01:30:11      | 00:02:24 | 01:12:08        |
| 189  | MAJCZAK KAMIL       | 31  | ACTIVE RUNNERS PŁOCK | PŁOCK               | POL   | M 40-49 | 00:26:06           | 00:00:00 | 01:46:36      | 00:03:35 | 00:37:21        |
| 190  | MARCINIAK ŁUKASZ    | 132 | KS WIKINGOWIE        | KALISZ              | POL   | M 30-39 | 00:38:53           | 00:00:00 | 01:33:49      | 00:02:34 | 01:11:28        |
| 191  | SULKOWSKI TOMASZ    | 81  |                      | CZEKANÓW            | POL   | M 40-49 | 00:35:48           | 00:00:00 | 01:37:28      | 00:02:30 | 01:07:23        |
| 192  | BIAŁOGÓROW MARCIN   | 78  |                      | ŁÓDŹ                | POL   | M 30-39 | 00:34:04           | 00:00:00 | 01:43:10      | 00:02:20 | 01:13:07        |
| 193  | SZYMANOWSKI DAMIAN  | 71  |                      | NARATÓW             | POL   | M 40-49 | 00:37:25           | 00:00:00 | 01:40:56      | 00:02:15 | 01:00:52        |
| 194  | GALEWSKI PIOTR      | 185 | TRENUJ Z NAMI        | WROCŁAW             | POL   | M 50-59 | 00:39:16           | 00:00:00 | 01:43:59      | 00:02:04 | 01:02:25        |
| 195  | ŚMIECH MARIUSZ      | 114 |                      | KRAKÓW              | POL   | M 40-49 | 00:47:26           | 00:00:00 | 01:41:51      | 00:02:36 | 01:06:10        |
| 196  | GADZINOWSKI ŁUKASZ  | 140 |                      | KOŚCIELNA WIEŚ      | POL   | M 40-49 | 00:37:56           | 00:00:00 | 01:51:58      | 00:02:49 | 01:02:54        |
| 197  | OLEJNICZAK WITOLD   | 245 |                      | DOBROSZYCE          | M 70+ |         | 00:53:23           | 00:00:00 | 01:37:18      | 00:02:23 | 01:08:43        |
| 198  | KOSTKA BOGUMIŁ      | 201 | KS KROTOSZ KROTOSZYN | KROTOSZYN           | POL   | M 40-49 | 01:04:07           | 00:00:00 | 01:33:00      | 00:03:03 | 00:46:44        |
| 199  | GAŁĄŻKA ŁUKASZ      | 228 | SIERADZKIGRZMOT      | SIERADZ             | POL   | M 19-29 | 01:09:19           | 00:00:00 | 01:36:18      | 00:02:34 | 00:57:24        |
| 200  | KMIEĆ SŁAWOMIR      | 187 | LUBASZ               | LUBASZ              | POL   | M 40-49 | 00:24:11           | 00:00:00 |               |          |                 |
|      | WILK KAROL          | 41  |                      | LAMKI               | POL   | M 40-49 | 01:11:37 DNF       | 00:00:00 |               | 00:00:00 | 00:00:00        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 16-18**

| M-ce | Nazwisko i imię     | Nr  | Klub | M-scowość | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|------|-----------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | NOWAK IWO           | 227 |      | KOMORNIKI | POL  | M 16-18 | 00:23:28           | 00:00:00 | 01:19:29      | 00:02:51 | 00:51:14        |
| 2    | HUBAJ FRANCISZEK    | 91  |      | MIĘKINIA  | POL  | M 16-18 | 00:22:28           | 00:00:00 | 01:23:06      | 00:01:00 | 00:54:14        |
| 3    | DUDEK MICHAŁ ANTONI | 226 |      | SIEROŚŁAW | POL  | M 16-18 | 00:29:49           | 00:00:00 | 01:32:16      | 00:01:43 | 01:09:45        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 20-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                 | M-scowość  | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|----------------------|------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | GAŚSIOR OLIVIA      | 167 | TRIATHLONOWA LEGNICA | LEGNICA    | POL  | K 20-29 | 00:16:36           | 00:00:00 | 01:25:41      | 00:01:29 | 00:55:46        |
| 2    | PIETRUSIAK WIKTORIA | 65  | ZDUN TRIATHLON TEAM  | KALISZ     | POL  | K 20-29 | 00:21:09           | 00:00:00 | 01:33:26      | 00:01:28 | 00:58:24        |
| 3    | HANDZLIK KINGA      | 253 | LABO SPORT TEAM      | OLEŚNICA   |      | K 20-29 | 00:32:43           | 00:00:00 | 01:27:24      | 00:01:41 | 00:45:33        |
| 4    | DOMINIK ZUZANNA     | 159 |                      | OSTRZESZÓW | POL  | K 20-29 | 00:22:43           | 00:00:00 | 01:42:23      | 00:01:17 | 01:04:17        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 19-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                 | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|----------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | TOCHOWICZ KASPER    | 107 | TRIWISE              | GOLESZÓW            | POL  | M 19-29 | 00:14:13           | 00:00:00 | 00:59:56      | 00:01:00 | 00:37:08        |
| 2    | KOŁODZIEJCZAK FILIP | 89  | IM INSPIRATION       | BRZEZINY            | POL  | M 19-29 | 00:14:52           | 00:00:00 | 01:06:49      | 00:00:57 | 00:43:09        |
| 3    | GAJ PRZEMYSŁAW      | 234 | KAZIKI TRI           | KONIN               | POL  | M 19-29 | 00:16:19           | 00:00:00 | 01:07:14      | 00:00:47 | 00:35:38        |
| 4    | GOŁYŚ GRZEGORZ      | 42  | ANIA HALSKA COACHING | KNURÓW              | POL  | M 19-29 | 00:18:31           | 00:00:00 | 01:09:00      | 00:01:16 | 00:40:56        |
| 5    | CHATIAN ADAM        | 188 |                      | OSTRÓW WIELKOPOLSKI | POL  | M 19-29 | 00:18:58           | 00:00:00 | 01:08:58      | 00:01:24 | 00:43:48        |
| 6    | TIDE KRZYSZTOF      | 7   |                      | ŻORY                | POL  | M 19-29 | 00:17:07           | 00:00:00 | 01:14:15      | 00:00:56 | 00:43:11        |
| 7    | CEDROWSKI DANIEL    | 68  |                      | WROCŁAW             | POL  | M 19-29 | 00:21:56           | 00:00:00 | 01:10:48      | 00:01:21 | 00:44:41        |
| 8    | URBANIAK KRYSZTIAN  | 231 |                      | KROTOSZYN           | POL  | M 19-29 | 00:18:20           | 00:00:00 | 01:18:24      | 00:01:37 | 00:50:51        |
| 9    | PLÓCIENNIK HUBERT   | 64  |                      | RADEŁÓW             | POL  | M 19-29 | 00:24:39           | 00:00:00 | 01:14:41      | 00:01:55 | 00:49:16        |

56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 19-29 c.d.

| M-ce | Nazwisko i imię    | Nr  | Klub                | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|--------------------|-----|---------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 10   | KĄZMIERCZAK JAN    | 86  |                     | POZNAŃ              | POL  | M 19-29 | 00:20:50           | 00:00:00 | 01:20:33      | 00:01:00 | 00:44:30        |
| 11   | STRUSZ KAMIL       | 213 | TRIZARZA            | KATOWICE            | POL  | M 19-29 | 00:23:10           | 00:00:00 | 01:21:40      | 00:02:17 | 01:02:48        |
| 12   | MARCZUK MIRON      | 193 | NEON TEAM           | WARSZAWA            | POL  | M 19-29 | 00:21:25           | 00:00:00 | 01:25:19      | 00:01:04 | 00:50:37        |
| 13   | MRUK KRZYSZTOF     | 56  | ZDUN TRIATHLON TEAM | BŁASZKI             | POL  | M 19-29 | 00:27:06           | 00:00:00 | 01:20:01      | 00:01:43 | 00:43:34        |
| 14   | BACIK MATEUSZ      | 160 |                     | OSTRZESZÓW          | POL  | M 19-29 | 00:22:51           | 00:00:00 | 01:27:26      | 00:01:00 | 00:46:50        |
| 15   | JĘDRZEJAK MARCIN   | 235 |                     | OSTRÓW WIELKOPOLSKI | POL  | M 19-29 | 00:25:20           | 00:00:00 | 01:25:22      | 00:01:08 | 00:52:54        |
| 16   | TACIK PRZEMYSŁAW   | 224 | TRIMP               | SOŚNIE              | POL  | M 19-29 | 00:33:06           | 00:00:00 | 01:24:42      | 00:01:10 | 01:05:24        |
| 17   | MILEK GRZEGORZ     | 222 | SIERADZKIGRZMOT     | SIERADZ             | POL  | M 19-29 | 00:33:17           | 00:00:00 | 01:24:33      | 00:02:22 | 00:59:16        |
| 18   | JANKOWSKI JAROSŁAW | 215 |                     | SADKÓW              | POL  | M 19-29 | 00:33:13           | 00:00:00 | 01:25:53      | 00:01:30 | 00:55:15        |
| 19   | SZKOPEK ROBERT     | 232 |                     | GLIŚNICA            | POL  | M 19-29 | 00:23:15           | 00:00:00 | 01:36:07      | 00:01:25 | 01:08:53        |
| 20   | KANTECKI DAWID     | 233 | SIERADZKI GRZMOT    | SIERADZ             | POL  | M 19-29 | 00:33:19           | 00:00:00 | 01:29:57      | 00:01:11 | 01:03:05        |
| 21   | TURKOWSKI ADRIAN   | 101 |                     | KAZIMIERZ BISKUPI   | POL  | M 19-29 | 00:27:40           | 00:00:00 | 01:37:06      | 00:01:44 | 01:06:43        |
| 22   | GAŁĄŻKA ŁUKASZ     | 228 | SIERADZKIGRZMOT     | SIERADZ             | POL  | M 19-29 | 01:09:19           | 00:00:00 | 01:36:18      | 00:02:34 | 00:57:24        |

56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 30-39

| M-ce | Nazwisko i imię           | Nr  | Klub                                        | M-scowość | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------------|-----|---------------------------------------------|-----------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | TOMCZYK ELŻBIETA          | 60  | ZDUN TRIATHLON TEAM                         | KALISZ    | POL  | K 30-39 | 00:22:29           | 00:00:00 | 01:24:59      | 00:01:26 | 00:57:06        |
| 2    | WODICZKO WERONIKA         | 62  | ZDUN TRIATHLON TEAM                         | KALISZ    | POL  | K 30-39 | 00:23:14           | 00:00:00 | 01:24:41      | 00:01:07 | 00:54:41        |
| 3    | SZAGUN AGNIESZKA          | 260 |                                             | POZNAŃ    | POL  | K 30-39 | 00:23:35           | 00:00:00 | 01:30:04      | 00:01:49 | 01:00:02        |
| 4    | SZYMANOWSKA MARTA         | 45  | SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU | KALISZ    | POL  | K 30-39 | 00:26:12           | 00:00:00 | 01:30:33      | 00:01:46 | 00:53:42        |
| 5    | CIESIELSKA EWA            | 61  | ZDUN TRIATHLON TEAM                         | KALISZ    | POL  | K 30-39 | 00:24:40           | 00:00:00 | 01:36:30      | 00:01:53 | 01:06:10        |
| 6    | HOWANIEC AGATA            | 80  | ŁÓDŹ KOCHA SPORT                            | ŁÓDŹ      | POL  | K 30-39 | 00:30:17           | 00:00:00 | 01:34:59      | 00:01:14 | 00:55:37        |
| 7    | JANIGA-BEDNARZ ALEKSANDRA | 156 |                                             | ZIEMNICE  | POL  | K 30-39 | 00:57:47           | 00:00:00 | 01:35:17      | 00:02:09 | 00:59:43        |

56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 30-39

| M-ce | Nazwisko i imię      | Nr  | Klub                         | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|----------------------|-----|------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | OLSZEWSKI ALEKSANDER | 196 | TRINERGY                     | WROCŁAW             | POL  | M 30-39 | 00:16:23           | 00:00:00 | 01:06:10      | 00:01:06 | 00:38:16        |
| 2    | BIRECKI JAKUB        | 205 | RUNANDTRI.PL                 | OPOLE               | POL  | M 30-39 | 00:16:46           | 00:00:00 | 01:06:32      | 00:00:58 | 00:38:01        |
| 3    | JACKOWIAK PIOTR      | 142 | SZTUKA RUCHU                 | BRZEG               | POL  | M 30-39 | 00:16:47           | 00:00:00 | 01:07:17      | 00:00:57 | 00:42:12        |
| 4    | LECH MIROSLAW        | 225 |                              | BRZEG               | POL  | M 30-39 | 00:18:04           | 00:00:00 | 01:12:14      | 00:01:30 | 00:46:41        |
| 5    | WYSOCZAŃSKI PAWEŁ    | 46  | TRI GRANDA WOŁÓW / PCC SQUAD | WOŁÓW               | POL  | M 30-39 | 00:17:44           | 00:00:00 | 01:12:49      | 00:00:48 | 00:44:23        |
| 6    | JAGIELSKI ŁUKASZ     | 2   | JAGIELSKI TEAM               | POZNAŃ              | POL  | M 30-39 | 00:17:54           | 00:00:00 | 01:12:48      | 00:00:59 | 00:43:32        |
| 7    | MOGA PIOTR           | 154 | SPARTA ULTRA TEAM            | BARANÓW             | POL  | M 30-39 | 00:18:21           | 00:00:00 | 01:13:48      | 00:01:03 | 00:49:45        |
| 8    | STODÓŁKA SZYMON      | 15  | LENIWIEC                     | WILCZYCE            | POL  | M 30-39 | 00:21:17           | 00:00:00 | 01:12:35      | 00:01:15 | 00:52:07        |
| 9    | ZAWADZKI PAWEŁ       | 19  | BPM STUDIO TEAM              | KALISZ              | POL  | M 30-39 | 00:21:41           | 00:00:00 | 01:13:08      | 00:01:16 | 00:45:48        |
| 10   | KUŹNIAK JAN          | 236 | 7PRO_TEAM                    | WŁÓKI               | POL  | M 30-39 | 00:21:41           | 00:00:00 | 01:13:37      | 00:01:37 | 00:42:38        |
| 11   | HYHS JAN             | 113 | AUGUSTYNIAK TRIATHLON TEAM   | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:22:18           | 00:00:00 | 01:13:17      | 00:01:48 | 00:44:01        |
| 12   | FRYSKE BARTOSZ       | 82  |                              | WĄGROWIEC           | POL  | M 30-39 | 00:23:24           | 00:00:00 | 01:12:25      | 00:00:58 | 00:43:58        |
| 13   | WRÓBLEWSKI PIOTR     | 175 | LITWIN SPORTS                | KRZYŻANOWICE        | POL  | M 30-39 | 00:24:02           | 00:00:00 | 01:12:51      | 00:00:58 | 00:43:02        |
| 14   | KUNCE DANIEL         | 102 |                              | OSTRZESZÓW          | POL  | M 30-39 | 00:22:08           | 00:00:00 | 01:14:58      | 00:01:21 | 01:10:26        |
| 15   | SROGA MACIEJ         | 218 | GT KONA                      | NAMYSŁÓW            | POL  | M 30-39 | 00:23:10           | 00:00:00 | 01:13:57      | 00:01:08 | 00:46:23        |
| 16   | NAJGEBAUER ŁUKASZ    | 11  | FF INWESTYCJE                | OPOLE               | POL  | M 30-39 | 00:20:09           | 00:00:00 | 01:17:34      | 00:01:22 | 00:45:35        |
| 17   | PAKUŁSKI MARCIN      | 169 | NAGEL GROUP                  | WARSZAWA            | POL  | M 30-39 | 00:22:43           | 00:00:00 | 01:15:19      | 00:01:08 | 00:48:41        |
| 18   | ROMANOWSKI PIOTR     | 9   | TIETO TRIATHLON TEAM         | WYSOKA              | POL  | M 30-39 | 00:22:53           | 00:00:00 | 01:15:38      | 00:01:42 | 00:43:29        |
| 19   | BEDNARCZYK ROBERT    | 32  | DIAKONOWBEDNARCZYK.PL        | WARSZAWA            | POL  | M 30-39 | 00:24:32           | 00:00:00 | 01:14:01      | 00:01:21 | 00:43:01        |
| 20   | WIECZOREK RAFAŁ      | 195 |                              | NADOLICE WIELKIE    | POL  | M 30-39 | 00:22:13           | 00:00:00 | 01:17:02      | 00:02:01 | 00:50:56        |
| 21   | BOCIEK PIOTR         | 168 |                              | GUBIN               | POL  | M 30-39 | 00:26:47           | 00:00:00 | 01:12:52      | 00:01:15 | 00:44:32        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 30-39 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                                       | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|------------------------|-----|--------------------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 22   | GROBELNY PIOTR         | 127 |                                            | KROTOSZYN           | POL  | M 30-39 | 00:21:44           | 00:00:00 | 01:18:23      | 00:01:55 | 00:50:57        |
| 23   | PLUTA JAKUB            | 194 | SWIMMINGLAB                                | CHRZAŚTAWA MAŁA     | POL  | M 30-39 | 00:18:42           | 00:00:00 | 01:23:00      | 00:01:38 | 00:47:50        |
| 24   | SKUBISZ KRZYSZTOF      | 104 | LITWIN SPORTS                              | KALISZ              | POL  | M 30-39 | 00:24:01           | 00:00:00 | 01:17:45      | 00:01:11 | 00:49:20        |
| 25   | JASZCZYK ANDRZEJ       | 166 | SSW TEAM KROŚNICE                          | WIERZCHOWICE        | POL  | M 30-39 | 00:21:55           | 00:00:00 | 01:20:13      | 00:02:03 | 00:47:01        |
| 26   | LOSTER WOJCIECH        | 230 | HEINEKEN KRAKÓW                            | KRAKOW              | POL  | M 30-39 | 00:18:58           | 00:00:00 | 01:23:26      | 00:01:02 | 00:52:03        |
| 27   | POWROŹNIK DAWID        | 223 |                                            | KALISZ              | POL  | M 30-39 | 00:24:40           | 00:00:00 | 01:17:55      | 00:02:19 | 00:57:17        |
| 28   | DUDEK MARIUSZ          | 10  |                                            | LUBIN               | POL  | M 30-39 | 00:20:03           | 00:00:00 | 01:22:34      | 00:01:32 | 00:53:52        |
| 29   | SALAMON EMIL           | 34  | ZDUN TRIATHLON TEAM                        | KALISZ              | POL  | M 30-39 | 00:19:32           | 00:00:00 | 01:23:06      | 00:01:46 | 00:58:54        |
| 30   | MALYS KRZYSZTOF        | 17  | KP PSP OLEŚNICA                            | SYCÓW               | POL  | M 30-39 | 00:25:03           | 00:00:00 | 01:18:41      | 00:01:39 | 00:49:29        |
| 31   | MIKOŁAJCZYK BARTŁOMIEJ | 249 | DOOATHLON                                  | KALISZ              |      | M 30-39 | 00:24:15           | 00:00:00 | 01:20:57      | 00:00:57 | 00:59:31        |
| 32   | WITKOWSKI PIOTR        | 118 | RUN AND BIKE STARY SIELEC                  | RAWICZ              | POL  | M 30-39 | 00:23:28           | 00:00:00 | 01:21:54      | 00:01:30 | 00:53:43        |
| 33   | GRUZ ROBERT            | 197 |                                            | WROCŁAW             | POL  | M 30-39 | 00:23:21           | 00:00:00 | 01:22:58      | 00:01:45 | 00:57:15        |
| 34   | MORAWSKI PIOTR         | 23  | DRUŻYNA M                                  | OŁAWA               | POL  | M 30-39 | 00:24:13           | 00:00:00 | 01:23:04      | 00:01:14 | 00:48:37        |
| 35   | JUFFER ROBERT          | 211 | TRIDIVISION                                | TARNOWSKIE GORY     | POL  | M 30-39 | 00:26:00           | 00:00:00 | 01:21:27      | 00:01:40 | 00:48:06        |
| 36   | KACZURBA WITOLD        | 157 | KB SOBÓTKA                                 | WROCŁAW             | POL  | M 30-39 | 00:28:36           | 00:00:00 | 01:19:02      | 00:02:10 | 00:45:10        |
| 37   | ŚLIWA BOGUMIŁ          | 128 |                                            | KALISZ              | POL  | M 30-39 | 00:23:36           | 00:00:00 | 01:24:03      | 00:02:33 | 00:51:54        |
| 38   | SIKORA RAFAŁ           | 203 |                                            | BYSTRE              | POL  | M 30-39 | 00:24:58           | 00:00:00 | 01:22:45      | 00:01:19 | 00:55:01        |
| 39   | STANEK DAWID           | 243 |                                            | KĄTY WROCŁAWSKIE    | POL  | M 30-39 | 00:24:31           | 00:00:00 | 01:24:33      | 00:01:50 | 01:07:53        |
| 40   | TOMCZUK BARTOSZ        | 97  |                                            | KALISZ              | POL  | M 30-39 | 00:26:50           | 00:00:00 | 01:22:31      | 00:02:13 | 00:57:19        |
| 41   | SZCZEPAŃSKI WOJCIECH   | 76  | ŁÓDŹ KOCHA SPORT                           | ŁÓDŹ                | POL  | M 30-39 | 00:23:11           | 00:00:00 | 01:26:56      | 00:01:08 | 00:45:50        |
| 42   | PLEWA ŁUKASZ           | 88  | RUN&BIKE STARY SIELEC                      | STARY SIELEC        | POL  | M 30-39 | 00:28:48           | 00:00:00 | 01:21:39      | 00:00:56 | 00:44:02        |
| 43   | TUCKI CYPRIAN          | 110 | PSZCZYŃSKI ORZEŁ                           | PSZCZYNA            | POL  | M 30-39 | 00:29:01           | 00:00:00 | 01:21:54      | 00:01:27 | 00:49:47        |
| 44   | SZKOPEK PAWEŁ          | 148 |                                            | KACZORY             | POL  | M 30-39 | 00:24:33           | 00:00:00 | 01:26:57      | 00:01:32 | 00:56:26        |
| 45   | DAWIDOWICZ WOJCIECH    | 137 | ŚLĘZAKTEAM                                 | DOBROSZYCE          | POL  | M 30-39 | 00:32:02           | 00:00:00 | 01:19:34      | 00:01:29 | 00:53:56        |
| 46   | POPARDOWSKI JACEK      | 109 | SOKÓŁ GŁUBCZYCE                            | OPOLE               | POL  | M 30-39 | 00:27:51           | 00:00:00 | 01:23:50      | 00:01:20 | 00:46:37        |
| 47   | PLEWA HUBERT           | 116 | RUN AND BIKE STARY SIELEC                  | JUTROSIN            | POL  | M 30-39 | 00:32:50           | 00:00:00 | 01:19:03      | 00:02:13 | 00:49:48        |
| 48   | CZYŻEWSKI MARIUSZ      | 210 | PIÓRKI                                     | ZŁOTNIKI KUJAWSKIE  | POL  | M 30-39 | 00:26:23           | 00:00:00 | 01:25:52      | 00:02:15 | 00:47:19        |
| 49   | KWACZ PAWEŁ            | 251 |                                            | BIELAWA             |      | M 30-39 | 00:27:29           | 00:00:00 | 01:25:17      | 00:01:47 | 00:48:37        |
| 50   | NAGODZIŃSKI MARCIN     | 85  |                                            | BISKUPICE           | POL  | M 30-39 | 00:28:41           | 00:00:00 | 01:24:16      | 00:02:21 | 01:01:37        |
| 51   | WOJCIECHOWSKI ŁUKASZ   | 204 | GT KONA RUNANDTRI                          | OPOLE               | POL  | M 30-39 | 00:26:24           | 00:00:00 | 01:27:11      | 00:01:55 | 00:54:29        |
| 52   | MUSIAŁ MATEUSZ         | 77  | DOBRA ENERGIA                              | OLEŚNICA            | POL  | M 30-39 | 00:29:32           | 00:00:00 | 01:24:15      | 00:01:01 | 00:45:29        |
| 53   | RABURSKI CZAREK        | 73  |                                            | MILICZ              | POL  | M 30-39 | 00:28:14           | 00:00:00 | 01:25:43      | 00:01:15 | 00:57:03        |
| 54   | CIERNIEJEWSKI ŁUKASZ   | 149 |                                            | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:31:09           | 00:00:00 | 01:23:29      | 00:01:39 | 00:47:13        |
| 55   | SOPEL KRZYSZTOF        | 241 |                                            | ŻARY                | POL  | M 30-39 | 00:26:32           | 00:00:00 | 01:29:37      | 00:01:11 | 00:47:09        |
| 56   | PRUSKI MARIUSZ         | 141 |                                            | ŁÓDŹ                | POL  | M 30-39 | 00:25:54           | 00:00:00 | 01:30:59      | 00:02:48 | 01:05:46        |
| 57   | HAŁADUS DOMINIK        | 240 | DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO | CZĘSTOCHOWA         | POL  | M 30-39 | 00:32:54           | 00:00:00 | 01:24:24      | 00:01:32 | 00:55:44        |
| 58   | ŚPIEWAK MICHAŁ         | 208 |                                            | ŁÓDŹ                | POL  | M 30-39 | 00:33:35           | 00:00:00 | 01:30:36      | 00:04:42 | 00:52:01        |
| 59   | CHOJNACKI KRZYSZTOF    | 52  |                                            | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 00:33:42           | 00:00:00 | 01:32:21      | 00:01:49 | 00:52:05        |
| 60   | BEDNARZ BARTŁOMIEJ     | 162 |                                            | ZIEMNICE            | POL  | M 30-39 | 00:47:47           | 00:00:00 | 01:19:22      | 00:01:38 | 00:44:46        |
| 61   | WALISZEWSKI JAKUB      | 79  |                                            | ŁÓDŹ                | POL  | M 30-39 | 00:33:19           | 00:00:00 | 01:33:57      | 00:03:14 | 01:12:09        |
| 62   | OLEKSIUK MICHAŁ        | 51  |                                            | WARSZAWA            | POL  | M 30-39 | 00:29:20           | 00:00:00 | 01:41:47      | 00:02:37 | 01:02:21        |
| 63   | BADURA PIOTR           | 184 |                                            | GORZYCE WIELKIE     | POL  | M 30-39 | 00:32:48           | 00:00:00 | 01:39:18      | 00:02:05 | 01:07:36        |
| 64   | PODOLSKI PRZEMYSŁAW    | 28  | KKS PODOLSKI DOJO                          | KALISZ              | POL  | M 30-39 | 00:42:16           | 00:00:00 | 01:30:11      | 00:02:24 | 01:12:08        |
| 65   | MARCINIAK ŁUKASZ       | 132 | KS WIKINGOWIE                              | KALISZ              | POL  | M 30-39 | 00:38:53           | 00:00:00 | 01:33:49      | 00:02:34 | 01:11:28        |
| 66   | BIAŁOGÓROW MARCIN      | 78  |                                            | ŁÓDŹ                | POL  | M 30-39 | 00:34:04           | 00:00:00 | 01:43:10      | 00:02:20 | 01:13:07        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 40-49**

| M-ce | Nazwisko i imię            | Nr  | Klub     | M-scowość      | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|----------------------------|-----|----------|----------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | RADOMSKA KAROLINA          | 248 |          | KALISZ         |      | K 40-49 | 00:19:27           | 00:00:00 | 01:23:39      | 00:01:36 | 00:50:58        |
| 2    | PAŁYSA JOANNA              | 55  | TRI NEGU | DAWIDY BANKOWE | POL  | K 40-49 | 00:27:08           | 00:00:00 | 01:21:15      | 00:01:48 | 00:52:21        |
| 3    | PROSOWIECKA SMAK KATARZYNA | 106 |          | OPOLE          | POL  | K 40-49 | 00:27:29           | 00:00:00 | 01:26:02      | 00:02:40 | 00:52:24        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, K 40-49 c.d.**

| M-ce | Nazwisko i imię   | Nr  | Klub        | M-scowość | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|-------------------|-----|-------------|-----------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 4    | JASINSKA BEATA    | 238 | BULLET TEAM | PIESZYCE  | POL  | K 40-49 | 00:25:55           | 00:00:00 | 01:33:09      | 00:01:33 | 00:52:12        |
| 5    | CICHON MAGDALENA  | 258 |             | OPOLE     |      | K 40-49 | 00:33:09           | 00:00:00 | 01:35:38      | 00:02:19 | 00:51:16        |
| 6    | STASZAK AGNIESZKA | 261 |             | ZAKRZEWO  |      | K 40-49 | 00:33:58           | 00:00:00 | 01:46:10      | 00:02:00 | 01:14:36        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 40-49**

| M-ce | Nazwisko i imię        | Nr  | Klub                         | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|------------------------|-----|------------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | PAŁYSA MAREK           | 27  | TRI NEGU                     | DAWIDY BANKOWE      | POL  | M 40-49 | 00:16:51           | 00:00:00 | 01:07:53      | 00:01:14 | 00:47:02        |
| 2    | BANASZEWSKI WOJCIECH   | 190 |                              | WROCŁAW             | POL  | M 40-49 | 00:18:01           | 00:00:00 | 01:09:06      | 00:01:13 | 00:40:17        |
| 3    | DOMINO KRYSZTIAN       | 5   | GVT                          | GŁOGÓW              | POL  | M 40-49 | 00:18:54           | 00:00:00 | 01:08:23      | 00:01:04 | 00:45:05        |
| 4    | KARCH TOMASZ           | 216 | ŻELAZNA ŚWIDNICA             | ŚWIEBODZICE         | POL  | M 40-49 | 00:16:29           | 00:00:00 | 01:11:31      | 00:01:20 | 00:37:32        |
| 5    | WOJCIESZKO PIOTR       | 38  | CHMURA COACHING              | WROCŁAW             | POL  | M 40-49 | 00:18:43           | 00:00:00 | 01:09:31      | 00:00:56 | 00:40:13        |
| 6    | MICHNIEWICZ MACIEJ     | 14  | EUROVENT ATHLETICS           | OPOLE               | POL  | M 40-49 | 00:17:09           | 00:00:00 | 01:11:38      | 00:00:51 | 00:41:41        |
| 7    | BIELICKI BARTOSZ       | 177 | RUNNING TEAM MILICZ          | MILICZ              | POL  | M 40-49 | 00:19:37           | 00:00:00 | 01:12:01      | 00:01:00 | 00:38:29        |
| 8    | KARGOL PAWEŁ           | 164 |                              | OLEŚNICA            | POL  | M 40-49 | 00:20:13           | 00:00:00 | 01:13:14      | 00:00:52 | 00:47:11        |
| 9    | BIELAK ARTUR           | 139 | KAZIKI / ATAK NA TRIATHLON   | KALISZ              | POL  | M 40-49 | 00:19:17           | 00:00:00 | 01:14:21      | 00:01:23 | 00:46:57        |
| 10   | WOJNAROWSKI ADAM       | 53  | TRITON KONIN                 | BRANNO              | POL  | M 40-49 | 00:20:24           | 00:00:00 | 01:13:23      | 00:01:26 | 00:51:03        |
| 11   | KASPRZAK JACEK         | 200 |                              | KROTOSZYN           | POL  | M 40-49 | 00:19:06           | 00:00:00 | 01:14:59      | 00:01:13 | 00:50:11        |
| 12   | WŁODARCZAK MARCIN      | 40  | HELIOS CZEMPIŃ TEAM          | CZEMPIŃ             | POL  | M 40-49 | 00:22:14           | 00:00:00 | 01:12:02      | 00:01:01 | 00:45:19        |
| 13   | ZWIERZ KRZYSZTOF       | 94  |                              | OPOLE               | POL  | M 40-49 | 00:19:19           | 00:00:00 | 01:15:16      | 00:02:24 | 00:42:41        |
| 14   | TOMASZEWSKI MATEUSZ    | 217 |                              | WROCŁAW             | POL  | M 40-49 | 00:20:03           | 00:00:00 | 01:14:59      | 00:01:10 | 00:44:54        |
| 15   | SZEWczyk ROBERT        | 219 |                              | JAROCIN             | POL  | M 40-49 | 00:20:06           | 00:00:00 | 01:15:13      | 00:00:52 | 00:46:01        |
| 16   | SZCZERBAKOWSKI BARTOSZ | 1   |                              | WROCŁAW             | POL  | M 40-49 | 00:21:33           | 00:00:00 | 01:13:56      | 00:01:46 | 00:47:33        |
| 17   | SIERADZAN GRZEGORZ     | 72  |                              | OLEŚNICA            | POL  | M 40-49 | 00:21:35           | 00:00:00 | 01:13:55      | 00:01:27 | 00:48:05        |
| 18   | DWOJAK MARCIN          | 179 | BMW SMORAWIŃSKI              | PRZEŻMIEROWO        | POL  | M 40-49 | 00:17:15           | 00:00:00 | 01:18:37      | 00:01:26 | 00:48:01        |
| 19   | DUDELA ADRIAN          | 207 | KAZIKI                       | WARSZAWA            | POL  | M 40-49 | 00:21:51           | 00:00:00 | 01:14:12      | 00:02:03 | 00:44:12        |
| 20   | PILARCZYK BARTEK       | 63  |                              | OSTRÓW WLKP         | POL  | M 40-49 | 00:20:00           | 00:00:00 | 01:16:14      | 00:01:43 | 00:47:25        |
| 21   | ZAKRZEWSKI MICHAŁ      | 134 | SNG WILD DUCKS               | ŁÓDŹ                | POL  | M 40-49 | 00:22:06           | 00:00:00 | 01:14:25      | 00:02:02 | 00:50:27        |
| 22   | SMORAWIŃSKI WOJTEK     | 178 | BMW SMORAWIŃSKI              | POKRZYWNICA         | POL  | M 40-49 | 00:18:41           | 00:00:00 | 01:18:30      | 00:01:16 | 00:49:13        |
| 23   | SZYNALIK SŁAWOMIR      | 133 | KIKATEAM                     | KRAKÓW              | POL  | M 40-49 | 00:20:54           | 00:00:00 | 01:16:32      | 00:02:03 | 00:46:47        |
| 24   | TOKAREK MAREK          | 206 |                              | POZNAN              | POL  | M 40-49 | 00:19:19           | 00:00:00 | 01:18:13      | 00:01:29 | 00:50:17        |
| 25   | SZUŁAWA MARCIN         | 239 |                              | ZDUNY               | POL  | M 40-49 | 00:23:42           | 00:00:00 | 01:14:25      | 00:01:49 | 00:46:15        |
| 26   | CECHOWSKI PIOTR        | 20  | BEDNARSKI TRI TEAM           | BURZENIN            | POL  | M 40-49 | 00:22:36           | 00:00:00 | 01:15:47      | 00:01:14 | 00:46:52        |
| 27   | NASKRĘTSKI ANDRZEJ     | 255 | TRIMP                        | KRĘPICE             |      | M 40-49 | 00:22:17           | 00:00:00 | 01:16:15      | 00:01:08 | 00:48:52        |
| 28   | SKIBA GRZEGORZ         | 98  | TRICERATOPS                  | TYCHY               | POL  | M 40-49 | 00:25:03           | 00:00:00 | 01:13:37      | 00:01:34 | 00:46:50        |
| 29   | CZAPLA ŁUKASZ          | 264 | TRICERATOPS                  | TYCHY               |      | M 40-49 | 00:21:57           | 00:00:00 | 01:17:14      | 00:01:28 | 00:44:31        |
| 30   | SZYMCZAK PIOTR         | 191 | BRANNO                       | BRANNO              | POL  | M 40-49 | 00:23:37           | 00:00:00 | 01:15:54      | 00:01:20 | 00:49:53        |
| 31   | GŁUCHOWSKI PRZEMEK     | 221 |                              | ŻYCHLIN             | POL  | M 40-49 | 00:23:56           | 00:00:00 | 01:15:56      | 00:01:43 | 00:47:07        |
| 32   | BIAŁEK SEBASTIAN       | 250 |                              | SZAŁE               |      | M 40-49 | 00:24:02           | 00:00:00 | 01:15:52      | 00:01:09 | 00:50:22        |
| 33   | PISAREK ŁUKASZ         | 120 |                              | ALEKSANDRÓW ŁÓDZKI  | POL  | M 40-49 | 00:20:47           | 00:00:00 | 01:19:11      | 00:00:56 | 00:56:28        |
| 34   | BURZAWA GRZEGORZ       | 111 | WARSZTAT FORMY               | TYCHY               | POL  | M 40-49 | 00:21:28           | 00:00:00 | 01:18:31      | 00:01:50 | 00:46:03        |
| 35   | GRODOMIŃSKI HUBERT     | 47  | TRI FOR ME                   | KŁODAWA             | POL  | M 40-49 | 00:24:26           | 00:00:00 | 01:15:45      | 00:02:24 | 00:50:28        |
| 36   | KUREK GRZEGORZ         | 183 |                              | RĄBIEN AB           | POL  | M 40-49 | 00:19:32           | 00:00:00 | 01:21:17      | 00:01:41 | 00:52:10        |
| 37   | STANKIEWICZ JAKUB      | 36  | ZDUN TRIATLON TEAM           | KOŚCIELNA WIEŚ      | POL  | M 40-49 | 00:21:50           | 00:00:00 | 01:19:18      | 00:01:53 | 00:47:17        |
| 38   | KALISKI PIOTR          | 99  |                              | WROCŁAW             | POL  | M 40-49 | 00:21:31           | 00:00:00 | 01:19:43      | 00:01:16 | 00:48:58        |
| 39   | RABĘCKI PIOTR          | 58  | CYKLOMANIACY                 | ŁÓDŹ                | POL  | M 40-49 | 00:26:10           | 00:00:00 | 01:15:21      | 00:01:00 | 00:59:47        |
| 40   | WOŹNIAK DARIUSZ        | 257 |                              | OSTRÓW WIELKOPOLSKI |      | M 40-49 | 00:23:11           | 00:00:00 | 01:18:54      | 00:01:45 | 00:52:50        |
| 41   | RYBACKI PIOTR          | 146 |                              | TOPOLA MAŁA         | POL  | M 40-49 | 00:22:51           | 00:00:00 | 01:19:40      | 00:01:41 | 00:57:20        |
| 42   | CHENCZKE DOMINIK       | 247 | ZDUN TRIATHON TEAM           | KOŹMINEK            |      | M 40-49 | 00:24:21           | 00:00:00 | 01:18:45      | 00:00:58 | 00:55:37        |
| 43   | BOROWIAK MARIUSZ       | 119 | SZAŁOWE WĘDKOWANIE           | JARY                | POL  | M 40-49 | 00:21:44           | 00:00:00 | 01:21:26      | 00:01:50 | 00:55:12        |
| 44   | DROZDEK ŁUKASZ         | 96  | TRICERATOPS                  | TYCHY               | POL  | M 40-49 | 00:24:38           | 00:00:00 | 01:18:35      | 00:01:35 | 00:43:40        |
| 45   | BRYŁOWSKI MARCIN       | 35  | NIEMAZAPÓŻNO BRANDBULL JEMAR | KALISZ              | POL  | M 40-49 | 00:23:24           | 00:00:00 | 01:19:53      | 00:01:41 | 00:47:35        |
| 46   | JASIŃSKI TOMASZ        | 237 | BULLET TEAM                  | BIELAWA             | POL  | M 40-49 | 00:23:58           | 00:00:00 | 01:19:35      | 00:02:26 | 00:58:13        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 40-49 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                        | M-scowość           | Kraj | Kat.    | Pływanie | T1       | Rower    | T2       | Bieg     |
|------|---------------------|-----|-----------------------------|---------------------|------|---------|----------|----------|----------|----------|----------|
|      |                     |     |                             |                     |      |         | 0.95km   |          | 45km     |          | 10.55km  |
| 47   | KĄŁUŻNY ADAM        | 246 |                             | POZNAŃ              |      | M 40-49 | 00:23:00 | 00:00:00 | 01:21:15 | 00:00:58 | 00:46:15 |
| 48   | KOWALSKI MARCIN     | 93  | TRICERATOPS                 | TYCHY               | POL  | M 40-49 | 00:23:50 | 00:00:00 | 01:20:51 | 00:01:16 | 00:49:36 |
| 49   | ŁUKASZEWICZ SZYMON  | 115 |                             | KROTOSZYN           | POL  | M 40-49 | 00:21:21 | 00:00:00 | 01:24:15 | 00:01:49 | 00:56:49 |
| 50   | NOWAK KONRAD        | 172 | MBC MACIEJ BODNAR COACHING  | KROTOSZYN           | POL  | M 40-49 | 00:24:58 | 00:00:00 | 01:21:01 | 00:01:59 | 00:50:21 |
| 51   | JARCZEWSKI DOMINIK  | 48  |                             | KALISZ              | POL  | M 40-49 | 00:27:00 | 00:00:00 | 01:19:02 | 00:02:03 | 00:47:13 |
| 52   | BOGDANOWICZ MACIEJ  | 244 | NAGEL GROUP                 | ORZESZE             | POL  | M 40-49 | 00:26:29 | 00:00:00 | 01:19:34 | 00:01:22 | 00:57:52 |
| 53   | WÓJCIK JAKUB        | 117 | TRIDIVISION                 | GLIWICE             | POL  | M 40-49 | 00:22:19 | 00:00:00 | 01:24:12 | 00:01:17 | 01:00:31 |
| 54   | KONARSKI ROBERT     | 25  |                             | KROTOSZYN           | POL  | M 40-49 | 00:24:19 | 00:00:00 | 01:22:45 | 00:01:00 | 00:54:47 |
| 55   | BUCKI PRZEMEK       | 131 |                             | SZCZODRE            | POL  | M 40-49 | 00:25:03 | 00:00:00 | 01:22:18 | 00:01:42 | 00:51:09 |
| 56   | JANIAK PIOTR        | 259 |                             | OSTRÓW WIELKOPOLSKI |      | M 40-49 | 00:26:53 | 00:00:00 | 01:21:17 | 00:01:13 | 00:55:19 |
| 57   | MALINOWSKI ŁUKASZ   | 173 |                             | TARNOWSKIE GÓRY     | POL  | M 40-49 | 00:25:54 | 00:00:00 | 01:22:30 | 00:01:53 | 00:54:19 |
| 58   | JANKOWSKI ARKADIUSZ | 242 | NAGEL GROUP                 | GLIWICE             | POL  | M 40-49 | 00:25:31 | 00:00:00 | 01:23:17 | 00:01:30 | 00:54:28 |
| 59   | KOWALCZYK RAFAŁ     | 112 | GEO-PRO.PL                  | KALISZ              | POL  | M 40-49 | 00:33:18 | 00:00:00 | 01:16:22 | 00:01:14 | 00:57:29 |
| 60   | WOJCIECHOWSKI PAWEŁ | 8   | BPM STUDIO                  | KALISZ              | POL  | M 40-49 | 00:29:58 | 00:00:00 | 01:19:55 | 00:01:05 | 00:52:42 |
| 61   | NAWROCKI ARKADIUSZ  | 130 | POWOLI                      | STARA WIEŚ          | POL  | M 40-49 | 00:28:18 | 00:00:00 | 01:21:35 | 00:02:45 | 00:47:42 |
| 62   | FRANKOWSKI LESZEK   | 75  | FRANKI                      | OSTRZESZÓW          | POL  | M 40-49 | 00:24:47 | 00:00:00 | 01:26:08 | 00:01:53 | 00:54:33 |
| 63   | SZKOPEK SEBASTIAN   | 147 |                             | ODOLANÓW            | POL  | M 40-49 | 00:26:06 | 00:00:00 | 01:25:05 | 00:01:47 | 00:53:13 |
| 64   | GUZEK MARIUSZ       | 163 | LOS BIEGANEROS KUTNO        | KUTNO               | POL  | M 40-49 | 00:24:25 | 00:00:00 | 01:26:58 | 00:02:22 | 00:52:22 |
| 65   | KRÓL LECH           | 24  | TRIATHLON KROTOSZYN TEAM    | KROTOSZYN           | POL  | M 40-49 | 00:24:39 | 00:00:00 | 01:27:13 | 00:02:00 | 00:55:20 |
| 66   | URBAŃSKI PIOTR      | 26  | BARAKUDA MASTERS            | KALISZ              | POL  | M 40-49 | 00:28:48 | 00:00:00 | 01:23:28 | 00:01:23 | 00:47:32 |
| 67   | SULKOWSKI PIOTR     | 59  | OKUCHNIE.PL                 | SZCZYTNIKI          | POL  | M 40-49 | 00:27:12 | 00:00:00 | 01:25:34 | 00:01:41 | 00:48:01 |
| 68   | SZYMCAK BARTŁOMIEJ  | 83  |                             | KALISZ              | POL  | M 40-49 | 00:25:40 | 00:00:00 | 01:27:55 | 00:01:42 | 00:51:18 |
| 69   | KOCH PRZEMYSŁAW     | 145 | SZWAGIER TEAM               | WARSZAWA            | POL  | M 40-49 | 00:25:59 | 00:00:00 | 01:28:41 | 00:02:44 | 01:00:51 |
| 70   | GRALAK KAROL        | 105 |                             | KALISZ              | POL  | M 40-49 | 00:31:46 | 00:00:00 | 01:23:01 | 00:03:56 | 01:09:19 |
| 71   | GUSS BARTOSZ        | 220 | MOCNI W GĘNIE               | POZNAŃ              | POL  | M 40-49 | 00:29:02 | 00:00:00 | 01:27:46 | 00:02:03 | 00:49:03 |
| 72   | MAJEWSKI WIESŁAW    | 192 | KUŹNIA TRIATHLONU           | SZRENIAWA           | POL  | M 40-49 | 00:29:18 | 00:00:00 | 01:28:52 | 00:02:14 | 00:54:38 |
| 73   | KOSIARSKI BARTOSZ   | 181 | AA TRIATHLON TEAM KROTOSZYN | KROTOSZYN           | POL  | M 40-49 | 00:21:22 | 00:00:00 | 01:36:55 | 00:02:01 | 00:59:46 |
| 74   | KOTAS ROMAN         | 155 | KOTASTROFA                  | WROCŁAW             | POL  | M 40-49 | 00:28:17 | 00:00:00 | 01:30:13 | 00:01:54 | 00:52:22 |
| 75   | GROŃSKI ROBERT      | 87  |                             | WROCŁAW             | POL  | M 40-49 | 00:31:27 | 00:00:00 | 01:27:14 | 00:02:08 | 00:52:52 |
| 76   | WILK DAWID          | 214 |                             | POZNAŃ              | POL  | M 40-49 | 00:29:51 | 00:00:00 | 01:30:58 | 00:02:22 | 01:16:41 |
| 77   | DRAJER SEBASTIAN    | 30  |                             | OSTRÓW WIELKOPOLSKI | POL  | M 40-49 | 00:29:59 | 00:00:00 | 01:31:11 | 00:01:39 | 00:51:54 |
| 78   | ROGACKI ADAM        | 263 |                             | KALISZ              |      | M 40-49 | 00:31:17 | 00:00:00 | 01:32:50 | 00:03:06 | 01:04:54 |
| 79   | WCISŁEK MATEUSZ     | 66  | ZDUN TRIATHLON TEAM         | KALISZ              | POL  | M 40-49 | 00:30:10 | 00:00:00 | 01:34:36 | 00:02:26 | 01:14:38 |
| 80   | WITA RADEK          | 161 |                             | KROTOSZYN           | POL  | M 40-49 | 00:34:01 | 00:00:00 | 01:33:11 | 00:01:50 | 00:58:25 |
| 81   | ŚWITOŃ DARIUSZ      | 21  | AKTYWNY OSTRZESZÓW          | ROGAŚZYCE           | POL  | M 40-49 | 00:41:04 | 00:00:00 | 01:27:41 | 00:01:23 | 00:58:47 |
| 82   | WESOŁOWSKI PIOTR    | 165 | WSTAWAJ I WALCZ             | INOWROCŁAW          | POL  | M 40-49 | 00:37:54 | 00:00:00 | 01:31:38 | 00:02:08 | 00:29:30 |
| 83   | MAJCZAK KAMIL       | 31  | ACTIVE RUNNERS PŁOCK        | PŁOCK               | POL  | M 40-49 | 00:26:06 | 00:00:00 | 01:46:36 | 00:03:35 | 00:37:21 |
| 84   | SULKOWSKI TOMASZ    | 81  |                             | CZEKANÓW            | POL  | M 40-49 | 00:35:48 | 00:00:00 | 01:37:28 | 00:02:30 | 01:07:23 |
| 85   | SZYMANOWSKI DAMIAN  | 71  |                             | NARATÓW             | POL  | M 40-49 | 00:37:25 | 00:00:00 | 01:40:56 | 00:02:15 | 01:00:52 |
| 86   | ŚMIECH MARIUSZ      | 114 |                             | KRAKÓW              | POL  | M 40-49 | 00:47:26 | 00:00:00 | 01:41:51 | 00:02:36 | 01:06:10 |
| 87   | GADZINOWSKI ŁUKASZ  | 140 |                             | KOŚCIELNA WIEŚ      | POL  | M 40-49 | 00:37:56 | 00:00:00 | 01:51:58 | 00:02:49 | 01:02:54 |
| 88   | KOSTKA BOGUMIŁ      | 201 | KS KROTOSZ KROTOSZYN        | KROTOSZYN           | POL  | M 40-49 | 01:04:07 | 00:00:00 | 01:33:00 | 00:03:03 | 00:46:44 |
| 89   | KMIEĆ SŁAWOMIR      | 187 | LUBASZ                      | LUBASZ              | POL  | M 40-49 | 00:24:11 | 00:00:00 |          |          |          |
|      | WILK KAROL          | 41  |                             | LAMKI               | POL  | M 40-49 | 01:11:37 | DNF      | 00:00:00 | 00:00:00 | 00:00:00 |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 50-59**

| M-ce | Nazwisko i imię     | Nr  | Klub                             | M-scowość       | Kraj | Kat.    | Pływanie | T1       | Rower    | T2       | Bieg     |
|------|---------------------|-----|----------------------------------|-----------------|------|---------|----------|----------|----------|----------|----------|
|      |                     |     |                                  |                 |      |         | 0.95km   |          | 45km     |          | 10.55km  |
| 1    | KORNES JANUSZ       | 180 | TKKF TRIATHLON DĄBROWA GÓRNICZEJ | SOSNOWIEC       | POL  | M 50-59 | 00:16:47 | 00:00:00 | 01:14:15 | 00:01:11 | 00:48:43 |
| 2    | KUBIAK PRZEMYSŁAW   | 254 |                                  | WILCZYCE        |      | M 50-59 | 00:21:30 | 00:00:00 | 01:14:17 | 00:01:49 | 00:48:11 |
| 3    | WIŚNIEWSKI JAN      | 212 |                                  | OPATÓWEK        | POL  | M 50-59 | 00:21:57 | 00:00:00 | 01:15:55 | 00:02:21 | 00:57:01 |
| 4    | PIETRZAK ROMEK      | 174 | SKS OBORNKI                      | RAKOWNIA        | POL  | M 50-59 | 00:21:22 | 00:00:00 | 01:18:47 | 00:01:42 | 00:48:49 |
| 5    | WAWRZYNIAK BOGUSŁAW | 90  | WAWRZYN TEAM                     | GORZYCE WIELKIE | POL  | M 50-59 | 00:18:46 | 00:00:00 | 01:22:08 | 00:01:28 | 01:04:48 |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 50-59 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                        | M-scowość           | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|-----------------------------|---------------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 6    | FIGIEL ARKADIUSZ    | 67  | ARKADIUSZ FIGIEL PHU MAFPOL | KALISZ              | POL  | M 50-59 | 00:23:51           | 00:00:00 | 01:19:06      | 00:01:18 | 00:52:18        |
| 7    | MARCINKOWSKI PIOTR  | 108 | OSW TRI TEAM                | OSTRÓW WIELKOPOLSKI | POL  | M 50-59 | 00:19:56           | 00:00:00 | 01:25:14      | 00:01:29 | 00:51:27        |
| 8    | ADANSKI SŁAWOMIR    | 39  |                             | PŁOCK               | POL  | M 50-59 | 00:26:06           | 00:00:00 | 01:19:35      | 00:01:38 | 00:55:15        |
| 9    | LIZIK WALDEMAR      | 143 | TRI POWER TEAM              | POSADA              | POL  | M 50-59 | 00:21:29           | 00:00:00 | 01:25:27      | 00:01:52 | 00:48:11        |
| 10   | HOFFMANN BARTOSZ    | 151 | COMPUTEC TEAM               | WSCHOWA             | POL  | M 50-59 | 00:23:06           | 00:00:00 | 01:28:21      | 00:01:33 | 01:06:47        |
| 11   | PAGÓREK RADOŚŁAW    | 3   | DURABLE                     | DOŁUJE              | POL  | M 50-59 | 00:27:49           | 00:00:00 | 01:27:50      | 00:02:01 | 00:56:54        |
| 12   | PANKÓW PIOTR        | 153 | FUNDACJA NAKOLE             | NIWKI               | POL  | M 50-59 | 00:25:55           | 00:00:00 | 01:30:59      | 00:03:33 | 01:05:11        |
| 13   | STĘPNIEWSKI DARIUSZ | 189 | PROMYK CIECHANÓW            | CIECHANÓW           | POL  | M 50-59 | 00:30:44           | 00:00:00 | 01:27:02      | 00:02:20 | 00:47:37        |
| 14   | MIAŚKIEWICZ WITOLD  | 16  | ZDUN TRIATHLON TEAM         | SZAŁE               | POL  | M 50-59 | 00:32:20           | 00:00:00 | 01:26:41      | 00:01:24 | 00:51:59        |
| 15   | WOJCIEKIEWICZ MAREK | 229 |                             | OSTRÓW WIELKOPOLSKI | POL  | M 50-59 | 00:33:56           | 00:00:00 | 01:34:21      | 00:02:42 | 00:47:54        |
| 16   | GALEWSKI PIOTR      | 185 | TRENUJ Z NAMI               | WROCŁAW             | POL  | M 50-59 | 00:39:16           | 00:00:00 | 01:43:59      | 00:02:04 | 01:02:25        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 60-69**

| M-ce | Nazwisko i imię     | Nr  | Klub                         | M-scowość       | Kraj | Kat.    | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|---------------------|-----|------------------------------|-----------------|------|---------|--------------------|----------|---------------|----------|-----------------|
| 1    | BIRECKI WACŁAW      | 150 | RUN AND TRI/GT KONA          | OPOLE           | POL  | M 60-69 | 00:21:13           | 00:00:00 | 01:17:47      | 00:01:47 | 00:54:19        |
| 2    | PASTUSZAK KRZYSZTOF | 171 | TRITIM                       | OSTROWWLKP      | POL  | M 60-69 | 00:22:54           | 00:00:00 | 01:17:43      | 00:01:21 | 00:49:22        |
| 3    | LECHOWSKI JAN       | 74  | KB HARCOWNIK JELCZ-LASKOWICE | JELCZ-LASKOWICE | POL  | M 60-69 | 00:28:13           | 00:00:00 | 01:25:42      | 00:01:39 | 00:51:00        |

**56,5 KM - 1/4 DYSTANSU PEŁNEGO IM, M 70+**

| M-ce | Nazwisko i imię   | Nr  | Klub | M-scowość  | Kraj | Kat.  | Pływanie<br>0.95km | T1       | Rower<br>45km | T2       | Bieg<br>10.55km |
|------|-------------------|-----|------|------------|------|-------|--------------------|----------|---------------|----------|-----------------|
| 1    | OLEJNICZAK WITOLD | 245 |      | DOBROSZYCE |      | M 70+ | 00:53:23           | 00:00:00 | 01:37:18      | 00:02:23 | 01:08:43        |