

## PÓLMARATON Z GÓRKĄ

Organizator: FUNDACJA PROFIT MARATON  
Data: 2022-09-03  
Miejsce: Sobieszów  
Dystans: 29 km  
Klasyfikacja wg czasów brutto.



### PÓLMARATON Z GÓRKĄ, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	GORZELAŃCZYK JAKUB	759	MKS SIECHNICE	GOŁĘCZEWO	POL	M30	1	M 1	00:26:28	00:45:26	01:52:48	02:21:49.05	02:21:49.05	4:53	12.3
2	LESNIAK KAMIL	1050	HDKIA GARMIN TEAM	POZNAŃ	POL	M18	1	M 2	00:28:18	00:49:20	02:03:30	02:37:31.10	02:37:31.10	5:25	11
3	FRANCZAK MARIUSZ	1013	DTR TRZEBNICA BIEGA / MARIO TEAM	KSIĘGINICE	POL	M40	1	M 3	00:30:16	00:51:48	02:12:08	02:46:46.20	02:46:46.20	5:45	10.4
4	ANDRUSZKIEWICZ PAWEŁ	706		JELEŃ GÓRA	POL	M30	2	M 4	00:32:01	00:54:24	02:13:58	02:50:13.55	02:50:13.55	5:52	10.2
5	WŁODARCZYK JAROSŁAW	992		JELEŃ GÓRA	POL	M40	2	M 5	00:32:01	00:54:25	02:15:47	02:56:56.15	02:56:56.15	6:06	9.8
6	OLCZYK GRZEGORZ	1009	DRÄXLMAIER	JELEŃ GÓRA	POL	M30	3	M 6	00:32:14	00:55:11	02:20:40	02:59:05.40	02:59:05.40	6:10	9.7
7	BAJAN FILIP	708	LAB-BUD.COM	ZIELONA GÓRA	POL	M18	2	M 7	00:31:01	00:53:30	02:21:37	03:00:38.90	03:00:38.90	6:13	9.6
8	GOMOŁYSEK KINGA	758		WROCŁAW	POL	K30	1	K 1	00:32:03	00:54:26	02:23:37	03:00:39.70	03:00:39.70	6:13	9.6
9	BOSAKIEWICZ TOMASZ	725		ZŁOTORYJA	POL	M30	4	M 8	00:34:49	00:59:31	02:26:42	03:02:36.50	03:02:36.50	6:17	9.5
10	POLACZEK DANIEL	900		OTMICE	POL	M18	3	M 9	00:34:20	00:58:08	02:25:24	03:03:15.20	03:03:15.20	6:19	9.5
11	KNACH TOMASZ	801	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	M40	3	M 10	00:31:31	00:54:12	02:22:39	03:04:59.10	03:04:59.10	6:22	9.4
12	ŁABUZ MAŁGORZATA	835		WROCŁAW	POL	K30	2	K 2	00:34:49	00:59:38	02:28:39	03:06:32.75	03:06:32.75	6:25	9.3
13	CZARNY JAROSŁAW	733		WROCŁAW	POL	M30	5	M 11	00:32:18	00:55:15	02:24:26	03:07:57.30	03:07:57.30	6:28	9.3
14	NOWAK PAWEŁ	877		WROCŁAW	POL	M30	6	M 12	00:32:04	00:54:28	02:27:40	03:08:04.15	03:08:04.15	6:29	9.3
15	KOŹBIELSKI SZYMON	813	BŁK	WROCŁAW	POL	M30	7	M 13	00:36:39	00:59:48	02:33:40	03:11:14.75	03:11:14.75	6:35	9.1
16	ANANICH ANDREY	705	BIAŁ.TM	WROCŁAW	BLR	M18	4	M 14	00:36:25	01:02:18	02:33:12	03:11:48.10	03:11:48.10	6:36	9.1
17	KACZMAREK MACIEJ	786	POLEOHEL	BARANOWO	POL	M30	8	M 15	00:34:00	00:58:06	02:29:44	03:14:16.75	03:14:16.75	6:41	9
18	SAJDUDA ADAM	925		WROCŁAW	POL	M18	5	M 16	00:34:03	00:58:14	02:30:01	03:15:05.65	03:15:05.65	6:43	8.9
19	HOJAN ŁUKASZ	773	FEHLAU RUN TEAM	CHOMEĆICE	POL	M30	9	M 17	00:36:22	01:02:37	02:35:54	03:15:20.10	03:15:20.10	6:44	8.9
20	MORAWSKI FILIP	871		PUSZCZYKOWO	POL	M40	4	M 18	00:35:54	01:00:05	02:32:28	03:15:43.55	03:15:43.55	6:44	8.9
21	SZCZEPARA WOJCIECH	956		WROCŁAW	POL	M18	6	M 19	00:34:12	00:58:27	02:33:26	03:16:14.75	03:16:14.75	6:46	8.9
22	KUTYBA MARIUSZ	825	WOLNE ŚLIMAKI	POZNAŃ	POL	M40	5	M 20	00:35:16	01:00:10	02:36:40	03:16:46.20	03:16:46.20	6:47	8.8
23	WINTER PIOTR	988	NIGHT RUNNERS	CHOMEĆICE	POL	M30	10	M 21	00:35:28	01:00:42	02:35:12	03:16:55.40	03:16:55.40	6:47	8.8
24	WALCZAK ADELA	981	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	3	K 3	00:36:33	01:02:03	02:34:58	03:16:56.00	03:16:56.00	6:47	8.8
25	GOLEC MARCIN	756	PREDATORS WAŁBRZYCH	BOGUSZÓW GORCE	POL	M40	6	M 22	00:36:28	01:01:23	02:35:00	03:16:59.15	03:16:59.15	6:47	8.8
26	ŚCISŁO PRZEMYSŁAW	1042		POLKOWICE	POL	M50	1	M 23	00:34:04		02:34:14	03:17:02.80	03:17:02.80	6:47	8.8
27	GOŁĘBIEWSKI TYTUS	757	ULTRA FALUBAZ	ZIELONA GÓRA	POL	M30	11	M 24	00:32:23	00:55:32	02:32:17	03:17:24.75	03:17:24.75	6:48	8.8
28	BOROWSKA KAROLINA	724	KGHM ZG RUN	LUBIN	POL	K30	4	K 4	00:36:24	01:02:23	02:36:30	03:17:47.95	03:17:47.95	6:49	8.8
29	ŁUKACKI DANIEL	841	#SOBASTEAM	DOMASZCZYN	POL	M40	7	M 25	00:36:11	01:01:04	02:38:35	03:18:38.30	03:18:38.30	6:50	8.8
30	ODOLAK PIOTR	881	STANWEX II	SULEJÓWEK	POL	M18	7	M 26	00:35:46	01:00:06	02:34:53	03:18:51.85	03:18:51.85	6:51	8.8
31	MACHOWICZ MACIEJ	1012	#BIEGAJLESZNO	LESZNO	POL	M30	12	M 27	00:35:15	01:00:09	02:35:15	03:19:19.35	03:19:19.35	6:52	8.7
32	SALEJ KRZYSZTOF	926	REDKOT	ZIELONA GÓRA	POL	M30	13	M 28	00:35:15	01:01:03	02:36:53	03:20:42.95	03:20:42.95	6:55	8.7
33	MAJEWSKI MACIEJ	846		ŚWIDNICA	POL	M40	8	M 29	00:34:54	00:59:31	02:37:06	03:20:46.50	03:20:46.50	6:55	8.7
34	GÓRECKI KRZYSZTOF	762		GRYFÓW ŚLĄSK	POL	M18	8	M 30	00:39:40	01:07:14	02:39:58	03:21:09.15	03:21:09.15	6:56	8.7
35	IDCZAK AGNIESZKA	775		LEGNICA	POL	K30	5	K 5	00:36:11	01:01:07	02:37:07	03:21:55.60	03:21:55.60	6:57	8.6
36	WIERZBICKI KRZYSZTOF	987	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	M30	14	M 31	00:34:19	00:58:05	02:39:10	03:23:08.20	03:23:08.20	7:00	8.6
37	WNUK TOMASZ	994	NAPRZÓD MŁOCINY	WARSZAWA	POL	M40	9	M 32	00:34:53	00:59:46	02:39:20	03:25:08.15	03:25:08.15	7:04	8.5
38	PLUCHA MICHAŁ	898	KOWARY BIEGAJĄ	KOWARY	POL	M40	10	M 33	00:35:52	01:01:07	02:38:06	03:25:48.30	03:25:48.30	7:05	8.5
39	DOMAŃ JOANNA	737	FEHLAU RUN TEAM	KIEKRZ	POL	K40	1	K 6	00:36:41	01:02:01	02:42:08	03:26:15.50	03:26:15.50	7:06	8.4
40	SZUTA MACIEJ	965		GNIEZNO	POL	M30	15	M 34	00:36:31	01:01:13	02:41:00	03:26:43.30	03:26:43.30	7:07	8.4
41	PAWLIŃSKI ADAM	893	PRO-RUN WROCŁAW	WROCŁAW	POL	M40	11	M 35	00:38:59	01:06:13	02:42:50	03:27:00.75	03:27:00.75	7:08	8.4
42	PIECHOWIAK MAREK	894		POZNAŃ	POL	M40	12	M 36	00:35:02	01:00:01	02:41:39	03:27:59.45	03:27:59.45	7:10	8.4
43	ADAMSKA ZOFIA	702	RUN EXPLORE TEAM	SUCHY LAS	POL	K30	6	K 7	00:38:33	01:04:46	02:43:51	03:28:29.90	03:28:29.90	7:11	8.3
44	MIELNIK MICHAŁ	860		POZNAŃ	POL	M30	16	M 37	00:39:40	01:06:35	02:42:30	03:30:17.65	03:30:17.65	7:15	8.3

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
45	KNACH MARTA	800	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	K40	2	K 8	00:38:38		02:48:33	03:30:50.55	03:30:50.55	7:16	8.3
46	TKOCZ ADAM	973		PODGÓRZYN	POL	M30	17	M 38	00:37:08	01:03:37	02:40:06	03:31:49.25	03:31:49.25	7:18	8.2
47	BOBORYCKI RAFAŁ	719	MOCNA GRUPA CEZARA	ŚRODA ŚLĄSKA	POL	M30	18	M 39	00:39:51	01:06:45	02:47:36	03:32:39.75	03:32:39.75	7:19	8.2
48	KOŁAKOWSKI TOMASZ	805		BYDGOSZCZ	POL	M30	19	M 40	00:35:58	01:00:11	02:45:54	03:32:53.00	03:32:53.00	7:20	8.2
49	KIELAR DANIEL	795	SIEMANKO_KARKONOSKI_PORAN KU	KRZEMIENICA	POL	M30	20	M 41	00:37:57	01:04:21	02:49:45	03:34:15.55	03:34:15.55	7:23	8.1
50	DREWNIAK MARIUSZ	739		JELEŃ GÓRA	POL	M40	13	M 42	00:41:03	01:09:00	02:46:16	03:34:31.45	03:34:31.45	7:23	8.1
51	PAPROCKI KRZYSZTOF	890		POLKOWICE	POL	M40	14	M 43	00:38:20	01:04:39	02:47:30	03:34:39.25	03:34:39.25	7:24	8.1
52	MARIN ALBERTO	850		POZNAN	POL	M30	21	M 44	00:38:25	01:04:51	02:48:33	03:34:39.70	03:34:39.70	7:24	8.1
53	ZBOROWSKI MARCIN	1006	ADIENT RUNNING TEAM	ŁĄGÓW	POL	M30	22	M 45	00:39:59	01:05:54	02:48:03	03:35:40.05	03:35:40.05	7:26	8.1
54	WOJCIECHOWSKI DARIUSZ	995	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	15	M 46	00:38:21	01:04:39	02:49:37	03:36:22.40	03:36:22.40	7:27	8
55	JĘDRZEJCZAK WOJCIECH	784		ŁÓDŹ	POL	M50	2	M 47	00:39:37	01:07:20	02:51:25	03:36:44.60	03:36:44.60	7:28	8
56	TOMKOWIAK SŁAWOMIR	977		POZNAŃ	POL	M30	23	M 48	00:39:41	01:06:34	02:49:37	03:38:32.30	03:38:32.30	7:32	8.8
57	MALINA MICHAŁ	847		KRAKÓW	POL	M30	24	M 49	00:39:23	01:06:32	02:51:01	03:39:02.95	03:39:02.95	7:33	7.9
58	RATAJCZAK PAWEŁ	916	RATAJCZAKTEAM	ZIELONA GÓRA	POL	M40	16	M 50	00:40:11	01:07:13	02:50:56	03:40:35.00	03:40:35.00	7:36	7.9
59	PODGRUSZECKI MICHAŁ	1011		WROCŁAW	POL	M30	25	M 51	00:42:13	01:09:52	02:52:34	03:41:31.25	03:41:31.25	7:38	7.9
60	RATAJCZAK DOROTA	915	RATAJCZAK RUN	ZIELONA GÓRA	POL	K40	3	K 9	00:40:04	01:08:11	02:56:27	03:41:38.35	03:41:38.35	7:38	7.9
61	PAŁYSA ROBERT	888	STANWEX II	JÓZEFÓW	POL	M18	9	M 52	00:39:59	01:08:31	02:53:50	03:42:11.35	03:42:11.35	7:39	7.8
62	DOMAŃ LESZEK	738	FEHLAU RUN TEAM	KIEKRZ	POL	M40	17	M 53	00:40:02	01:07:05	02:56:20	03:43:08.30	03:43:08.30	7:41	7.8
63	KUBICKI MARIUSZ	820	DOBRA FORMA	KLUCZBORK	POL	M40	18	M 54	00:37:01	01:03:43	02:51:18	03:43:34.05	03:43:34.05	7:42	7.8
64	GRELAK ADAM	766	WOLSZTYN BIEGA	KARPICKO	POL	M30	26	M 55	00:39:04	01:04:23	02:57:10	03:44:21.45	03:44:21.45	7:44	7.8
65	MAZUREK ARTUR	855	TREMONTI SKI&BIKE RESORT	CZARNY BÓR	POL	M50	3	M 56	00:38:39	01:05:51	02:54:52	03:44:33.90	03:44:33.90	7:44	7.7
66	STĘSIK TOMASZ	951		NOWE TŁOKI	POL	M30	27	M 57	00:47:03	01:19:07	02:59:12	03:45:27.00	03:45:27.00	7:46	7.7
67	TOMCZUK KRZYSZTOF	975		WROCŁAW	POL	M40	19	M 58	00:39:41	01:06:52	02:54:29	03:46:20.90	03:46:20.90	7:48	7.7
68	SZCZĘSNY PAWEŁ	959		WROCŁAW	POL	M30	28	M 59	00:40:40	01:09:49	02:57:15	03:46:51.95	03:46:51.95	7:49	7.7
69	POLAK BARTOSZ	901		WROCŁAW	POL	M30	29	M 60	00:39:50	01:06:53	02:56:06	03:47:23.85	03:47:23.85	7:50	7.7
70	SZERMENT ERYK	961	MAZURTEAM	GÓRZÓW WIELKOPOLSKI	POL	M40	20	M 61	00:40:28	01:08:29	02:57:15	03:47:26.45	03:47:26.45	7:50	7.7
71	SASIN DOMINIKA	927	ŻELAZNA ŚWIDNICA	ŚWIDNICA	POL	K18	1	K 10	00:39:52	01:07:38	02:54:15	03:47:34.45	03:47:34.45	7:50	7.6
72	LUBELCZYK GRZEGORZ	834	SPELEOCLUB WROCŁAW	MIĘKINIA	POL	M50	4	M 62	00:42:43	01:11:34	02:59:50	03:48:16.75	03:48:16.75	7:52	7.6
73	LISOWICZ KRZYSZTOF	1049		POZNAŃ	POL	M40	21	M 63	00:42:16	01:10:22	02:59:12	03:48:23.90	03:48:23.90	7:52	7.6
74	SOWIŃSKA ALEKSANDRA	939		SZCZECIN	POL	K18	2	K 11	00:41:28	01:09:13	02:59:41	03:48:37.85	03:48:37.85	7:53	7.6
75	SKOWYRSKI JANUSZ	935		STARE BIELICE	POL	M60	1	M 64	00:38:27	01:05:58	02:55:59	03:48:59.85	03:48:59.85	7:53	7.6
76	KUBIAK DARIUSZ	818	KKKLEGNICA	LEGNICA	POL	M60	2	M 65	00:39:34	01:07:31	02:57:57	03:49:10.05	03:49:10.05	7:54	7.6
77	ADAMSKI ANDRZEJ	704	SZYNSZYLA GNIEZNO	GNIEZNO	POL	M18	10	M 66	00:36:07	01:02:39	02:54:04	03:49:20.30	03:49:20.30	7:54	7.6
78	NIŻEWSKI PAWEŁ	874	KRAKOWIAK ULTRA TEAM	CZAPURY	POL	M40	22	M 67	00:39:39	01:08:55	03:01:24	03:50:25.75	03:50:25.75	7:56	7.6
79	SOBAŃSKI BARTOSZ	937	DZIKIE ŻYCIE RUNTEAM	POZNAŃ	POL	M30	30	M 68	00:42:43	01:10:35	03:03:23	03:50:53.65	03:50:53.65	7:57	7.5
80	MROCEK MARTA	872	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	K40	4	K 12	00:39:58	01:08:43	03:03:18	03:50:55.55	03:50:55.55	7:57	7.5
81	BATOR PAULA	715		JANOWICE WIELKIE	POL	K30	7	K 13	00:42:27	01:11:16	03:01:21	03:50:58.45	03:50:58.45	7:57	7.5
82	DECHNIK ŁUKASZ	735	I W GÓRE I W DÓŁ	WROCŁAW	POL	M40	23	M 69	00:41:14	01:11:03	03:02:05	03:51:36.70	03:51:36.70	7:59	7.5
83	LEWANDOWSKI PIOTR	832	AKTYWNY DOLNOŚLĄZAK	OLAWA	POL	M30	31	M 70	00:40:56	01:08:50	03:03:24	03:54:05.65	03:54:05.65	8:04	7.4
84	PAWELCZYK KRZYSZTOF	891	SOBASTEAM	KIELCE	POL	M40	24	M 71	00:39:41	01:07:26	03:03:25	03:54:13.80	03:54:13.80	8:04	7.4
85	ROKSELA PAWEŁ	919		WROCŁAW	POL	M30	32	M 72	00:42:18	01:09:48	03:05:28	03:54:34.25	03:54:34.25	8:05	7.4
86	SZUMIŃSKI ARTUR	963		PIELGRZYMKI	POL	M40	25	M 73	00:42:42	01:10:15	03:06:49	03:54:52.00	03:54:52.00	8:05	7.4
87	JAKUBCZAK WOJCIECH	778		STRZYKULY	POL	M40	26	M 74	00:42:25	01:09:46	03:04:58	03:55:52.00	03:55:52.00	8:08	7.4
88	TORZEWSKI PRZEMYSŁAW	978		WĄGROWIEC	POL	M30	33	M 75	00:42:25	01:10:50	03:04:30	03:56:10.80	03:56:10.80	8:08	7.4
89	KACZMAREK DOROTA	787	RADZIKI	WROCŁAW	POL	K40	5	K 14	00:43:55	01:13:52	03:06:05	03:57:07.80	03:57:07.80	8:10	7.3
90	ROMANIUK BARTOSZ	921		WROCŁAW	POL	M30	34	M 76	00:44:40	01:15:10	03:08:29	03:57:35.60	03:57:35.60	8:11	7.3
91	TOMIAK PAULINA	976	WOLSZTYŃSKA AKADEMIA BIEGOWA	WRONIAWY	POL	K30	8	K 15	00:40:36	01:09:04	03:05:07	03:59:24.30	03:59:24.30	8:15	7.3
92	ŚLIPKO SZYMON	969		JELEŃ GÓRA	POL	M30	35	M 77	00:41:43	01:10:09	03:04:39	03:59:39.65	03:59:39.65	8:15	7.3
93	BUGAJ ALAN	726		CZARNY BÓR	POL	M30	36	M 78	00:44:26	01:15:20	03:06:17	03:59:44.30	03:59:44.30	8:16	7.3
94	WIŚNICKI MICHAŁ	989		SOSNOWKA	POL	M30	37	M 79	00:44:10	01:17:22	03:12:13	03:59:54.25	03:59:54.25	8:16	7.3
95	STARCZEWSKA IZABELA	947	ULTRA DIABLY TEM LUBRZA	ŚWIEBODZIN	POL	K50	1	K 16	00:41:53	01:11:43	03:10:07	03:59:59.45	03:59:59.45	8:16	7.3
96	BARTOSIEWICZ ADAM	713		GRYFINO	POL	M40	27	M 80	00:42:42	01:13:09	03:11:03	04:00:07.70	04:00:07.70	8:16	7.2
97	GROBELNY SZYMON	767		BYDGOSZCZ	POL	M30	38	M 81	00:39:35	01:06:01	03:02:28	04:00:12.15	04:00:12.15	8:16	7.2

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
98	WEGNER PATRYCJA	985		POZNAŃ	POL	K30	9	K 17	00:41:26	01:10:43	03:08:58	04:00:44.85	04:00:44.85	8:18	7.2
99	STACHERSKI ŁUKASZ	944		PLEWISKA	POL	M40	28	M 82	00:43:36	01:14:14	03:11:13	04:02:40.95	04:02:40.95	8:22	7.2
100	ZAGROBELNY RADOSŁAW	1002	MONKO COFFEE	WROCŁAW	POL	M50	5	M 83	00:40:15	01:08:36	03:06:33	04:03:06.95	04:03:06.95	8:22	7.2
101	KACZOR PAWEŁ	788		KOMORNIKI	POL	M30	39	M 84	00:40:53	01:07:25	03:06:22	04:03:33.10	04:03:33.10	8:23	7.1
102	ABULEWICZ WOJCIECH	701	TRENING STUDIO 17	WROCŁAW	POL	M50	6	M 85	00:42:25	01:13:37	03:12:33	04:04:31.95	04:04:31.95	8:25	7.1
103	MOCZULSKI JAREK	866		ŻARÓW	POL	M50	7	M 86	00:38:29	01:07:27	03:11:35	04:04:36.55	04:04:36.55	8:26	7.1
104	PISKORSKI ŁUKASZ	897		POZNAŃ	POL	M30	40	M 87	00:41:59	01:12:26	03:10:44	04:05:32.45	04:05:32.45	8:28	7.1
105	WALKOWIAK DAMIAN	1017	#BIEGAJESZNO	LESZNO	POL	M30	41	M 88	00:41:35	01:09:55	03:12:15	04:05:32.50	04:05:32.50	8:28	7.1
106	MASALSKA-PAWLAK AGATA	852		RADWANICE	POL	K40	6	K 18	00:45:04	01:16:31	03:11:40	04:05:39.45	04:05:39.45	8:28	7.1
107	GAJLEWICZ PIOTR	747		SZCZECIN	POL	M40	29	M 89	00:40:17	01:08:14	03:06:19	04:05:50.05	04:05:50.05	8:28	7.1
108	STASIAK ŁUKASZ	949		LUBIN	POL	M30	42	M 90	00:44:11	01:17:08	03:14:42	04:06:33.85	04:06:33.85	8:30	7.1
109	MACIEJEWSKI WOJCIECH	845	WOLFTEK WOJCIECH MACIEJEWSKI	POZNAŃ	POL	M18	11	M 91	00:40:04	01:08:30	03:13:23	04:07:06.45	04:07:06.45	8:31	7
110	HISZPAŃSKA ANNA	772		OPOLE	POL	K18	3	K 19	00:43:39	01:12:54	03:16:02	04:07:11.35	04:07:11.35	8:31	7
111	WRÓBLEWSKI WOJCIECH	1001		WROCŁAW	POL	M30	43	M 92	00:39:08	01:07:43	03:10:45	04:07:33.45	04:07:33.45	8:32	7
112	GRAMALA MATEUSZ	765		KRAPKOWICE	POL	M18	12	M 93	00:43:29	01:13:54	03:14:41	04:07:40.75	04:07:40.75	8:32	7
113	OLSZEWSKI PIOTR	884		LWÓWEK ŚLĄSKI	POL	M40	30	M 94	00:42:35	01:11:49	03:01:01	04:08:07.60	04:08:07.60	8:33	7
114	BUSZEWSKI ZBYSZEK	728		KARPICKO	POL	M30	44	M 95	00:45:12	01:16:34	03:12:33	04:08:15.95	04:08:15.95	8:33	7
115	FARION MARZENA	742		STRZEGOM	POL	K40	7	K 20	00:42:17	01:12:48	03:13:22	04:08:21.35	04:08:21.35	8:33	7
116	BORCZYŃSKA-GŁÓMSKA ALEKSANDRA	721		MIEKOWO	POL	K30	10	K 21	00:42:39	01:12:44	03:14:43	04:08:29.00	04:08:29.00	8:34	7
117	FIJAL ANNA	743		WROCŁAW	POL	K30	11	K 22	00:45:46	01:15:32	03:15:20	04:08:57.25	04:08:57.25	8:35	7
118	PRUSZCZYŃSKI PIOTR	905		WROCŁAW	POL	M40	31	M 96	00:42:26	01:11:58	03:12:45	04:08:57.40	04:08:57.40	8:35	7
119	GIMZICKA EWA	754		POZNAŃ	POL	K40	8	K 23	00:44:11	01:14:59	03:17:57	04:09:22.25	04:09:22.25	8:35	7
120	BIELAWSKI PAWEŁ	717		JELEŃSKA GÓRA	POL	M30	45	M 97	00:40:44	01:11:13	03:13:17	04:09:24.35	04:09:24.35	8:36	7
121	PUSZCZYKOWSKI GRZEGORZ	909		INOWŁÓDZ	POL	M50	8	M 98	00:45:42	01:17:13	03:17:29	04:09:51.10	04:09:51.10	8:36	7
122	ŁOBOS MARIUSZ	837		WAŁBRZYCH	POL	M50	9	M 99	00:40:38	01:10:26	03:14:33	04:10:09.25	04:10:09.25	8:37	7
123	PIETKUN NORBERT	895	HERNIK TEAM	CZŁOPA	POL	M18	13	M 100	00:43:25	01:12:03	03:14:07	04:11:28.30	04:11:28.30	8:40	6.9
124	KĘDZIEŃSKI MICHAŁ	792		KLENICA	POL	M30	46	M 101	00:43:25	01:12:03	03:14:07	04:11:28.40	04:11:28.40	8:40	6.9
125	KONIECZNY MARCIN	806	NOA	KSIĘGINICE	POL	M30	47	M 102	00:45:46	01:16:07	03:15:30	04:11:31.25	04:11:31.25	8:40	6.9
126	ROKSELA WOJCIECH	920		OSTRÓW WIELKOPOLSKI	POL	M60	3	M 103	00:43:40	01:13:59	03:14:02	04:11:37.45	04:11:37.45	8:40	6.9
127	ŁUCZAK MACIEJ	840	BANDA RYCHA	MROWINO	POL	M40	32	M 104	00:42:06	01:11:41	03:06:26	04:12:29.85	04:12:29.85	8:42	6.9
128	MATYSKIEWICZ MATEUSZ	854		JELEŃSKA GÓRA	POL	M30	48	M 105	00:46:33	01:17:10	03:16:01	04:12:38.40	04:12:38.40	8:42	6.9
129	SZUBERT-WALENCZAK MAGDALENA	962	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	9	K 24	00:42:29	01:13:22	03:24:03	04:13:14.05	04:13:14.05	8:43	6.9
130	RADOSZ FILIP	913		WROCŁAW	POL	M30	49	M 106	00:45:43	01:15:07	03:16:59	04:14:01.85	04:14:01.85	8:45	6.8
131	HARAŻNY ŁUKASZ	1043		ŚWIDNICA	POL	M40	33	M 107	00:42:55	01:14:41	03:14:56	04:14:21.90	04:14:21.90	8:46	6.8
132	BAKSALARY LIDIA	1018	#BIEGAJESZNO	LESZNO	POL	K40	10	K 25	00:39:58	01:09:24	03:18:28	04:15:24.15	04:15:24.15	8:48	6.8
133	ADAMSKA PAULINA	703	SZYSZYLA GNIEZNO	GNIEZNO	POL	K18	4	K 26	00:42:32	01:11:51	03:16:17	04:15:49.75	04:15:49.75	8:49	6.8
134	ORLIKOWSKI JACEK	885		POZNAŃ	POL	M40	34	M 108	00:42:44	01:11:48	03:20:59	04:16:30.45	04:16:30.45	8:50	6.8
135	MORAWSKI WOJCIECH	870		WROCŁAW	POL	M30	50	M 109	00:43:59	01:14:50	03:12:39	04:16:40.00	04:16:40.00	8:51	6.8
136	KALEŃSKI-JAŚKIEWICZ ŁUKASZ	790	J&J	WARSZAWA	POL	M30	51	M 110	00:43:19	01:13:03	03:18:51	04:16:45.70	04:16:45.70	8:51	6.8
137	KRAJEWSKA EWELINA	814	GRUPA BIEGOWA BEZ GRANIC	GOCZAŁKÓW	POL	K40	11	K 27	00:44:42	01:16:09	03:23:44	04:16:52.10	04:16:52.10	8:51	6.8
138	FURMANOWSKI PAWEŁ	746		WARSZAWA	POL	M18	14	M 111	00:44:08	01:14:38	03:17:46	04:17:14.30	04:17:14.30	8:52	6.8
139	SZCZEPANSKI BARTOSZ	954	REBELS SOFTWARE	WROCŁAW	POL	M30	52	M 112	00:40:24	01:09:53	03:19:57	04:17:32.75	04:17:32.75	8:52	6.8
140	PRYMUŁA KRYSZTYAN	906		POZNAŃ	POL	M18	15	M 113	00:44:47	01:14:37	03:18:17	04:18:08.65	04:18:08.65	8:54	6.7
141	RADZIWANOWSKI AGATA	914		LOBEZ	POL	K30	12	K 28	00:41:57	01:14:00	03:23:11	04:18:21.05	04:18:21.05	8:54	6.7
142	WACHOWSKA KATARZYNA	980	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	13	K 29	00:49:20	01:23:12	03:29:17	04:18:25.85	04:18:25.85	8:54	6.7
143	KALICZAK-SZWAJA MONIKA	791		MAŁOMICE	POL	K40	12	K 30	00:48:28	01:20:52	03:29:32	04:18:27.80	04:18:27.80	8:54	6.7
144	ZINÓW MICHAŁ	1008		MIRSK	POL	M18	16	M 114	00:44:54	01:15:53	03:20:15	04:18:33.75	04:18:33.75	8:54	6.7
145	BANDUROWSKA AGNIESZKA	711	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	13	K 31	00:43:24	01:14:17	03:22:31	04:18:43.65	04:18:43.65	8:55	6.7
146	MOKRZYCKI BOGDAN	868		KROSTOSZOWICE	POL	M40	35	M 115	00:40:33	01:09:03	03:17:22	04:18:56.20	04:18:56.20	8:55	6.7
147	MACHNICKA WIKTORIA	844		GOŁĘCZEWO	POL	K18	5	K 32	00:44:40	01:14:28	03:18:07	04:19:05.75	04:19:05.75	8:56	6.7
148	IGNASZEWSKI ŁUKASZ	776		ZIELONA GÓRA	POL	M30	53	M 116	00:42:22	01:12:53	03:23:42	04:19:59.80	04:19:59.80	8:57	6.7
149	PURCZYŃSKI GRZEGORZ	907		ZIELONA GÓRA	POL	M40	36	M 117	00:42:23	01:12:53	03:23:57	04:19:59.95	04:19:59.95	8:57	6.7
150	WALIGÓRSKI ŁUKASZ	982		WOLSZTYN	POL	M30	54	M 118	00:47:15	01:17:44	03:25:03	04:20:45.75	04:20:45.75	8:59	6.7
151	CYBULSKI PIOTR	730		GÓRA	POL	M40	37	M 119	00:43:38	01:12:41	03:23:22	04:21:34.50	04:21:34.50	9:01	6.7
152	ZAPOTOCZNY MARIUSZ	1004		WROCŁAW	POL	M40	38	M 120	00:42:20	01:11:42	03:17:46	04:22:46.55	04:22:46.55	9:03	6.6
153	DERDICH MARIUSZ	1047			POL	M40	39	M 121	00:47:11	01:20:28	03:27:56	04:22:59.50	04:22:59.50	9:04	6.6

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
154	REDEK SYLWIA	917	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K40	14	K 33	00:47:12	01:19:36	03:31:50	04:24:49.30	04:24:49.30	9:07	6.6
155	PIETRZAK MAREK	896		ZALASEWO	POL	M40	40	M 122	00:44:28	01:14:44	03:23:47	04:25:01.75	04:25:01.75	9:08	6.6
156	GADOWSKA GABRIELA	751		JELEŃ GÓRA	POL	K18	6	K 34	00:44:06	01:16:51	03:26:32	04:25:36.30	04:25:36.30	9:09	6.6
157	RABENDA PAWEŁ	912		WARSZAWA	POL	M30	55	M 123	00:44:07	01:14:20	03:25:38	04:25:45.05	04:25:45.05	9:09	6.5
158	NOWACZYŃSKA KATARZYNA	875	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	15	K 35	00:48:08	01:22:10	03:30:58	04:25:58.50	04:25:58.50	9:10	6.5
159	WOŹNIAK SEBASTIAN	1000		BOLESŁAWIEC	POL	M40	41	M 124	00:46:09	01:17:17	03:26:25	04:26:42.00	04:26:42.00	9:11	6.5
160	SZUMSKI ZBIGNIEW	964		ŚWIEBODZIN	AFG	M50	10	M 125	00:43:53	01:14:30	03:30:50	04:27:04.70	04:27:04.70	9:12	6.5
161	ŁOPATA WITOLD	839	WOLSZTYŃSKI KLUB BIEGOWY	WOLSZTYN	POL	M40	42	M 126	00:44:41	01:13:16	03:22:55	04:27:23.30	04:27:23.30	9:13	6.5
162	SZCZĘSNY MACIEJ	958		ŚWIEBODZIN	POL	M60	4	M 127	00:42:09	01:13:57	03:28:12	04:27:41.45	04:27:41.45	9:13	6.5
163	KRYCZEK PIOTR	816		WARSZAWA	POL	M50	11	M 128	00:46:55	01:21:42	03:33:03	04:28:03.70	04:28:03.70	9:14	6.5
164	KWIECIŃSKI ŁUKASZ	826	J&J&J	WARSZAWA	POL	M40	43	M 129	00:46:55	01:19:51	03:29:01	04:28:09.45	04:28:09.45	9:14	6.5
165	KOWNACKI KRZYSZTOF	810	KISZOL TEAM	POZNAŃ	POL	M30	56	M 130	00:42:34	01:11:53	03:18:05	04:28:54.55	04:28:54.55	9:16	6.5
166	MODZELEWSKA AGNIESZKA	867		OPALENICA	POL	K40	16	K 36	00:47:34	01:20:32	03:29:41	04:29:01.15	04:29:01.15	9:16	6.5
167	KORNOWICZ MARTYNA MAJKA	807		POZNAŃ	POL	K18	7	K 37	00:47:59	01:21:05	03:34:06	04:29:04.75	04:29:04.75	9:16	6.5
168	JANOWSKA AGNIESZKA	780		POZNAŃ	POL	K30	14	K 38	00:46:52	01:19:53	03:31:41	04:29:19.05	04:29:19.05	9:17	6.5
169	LIS WOJCIECH	833	WIERZBICKI RUNNING PROJECT	WAWRÓW	POL	M40	44	M 131	00:43:56	01:14:42	03:29:16	04:30:05.35	04:30:05.35	9:18	6.4
170	JĘDRZEJAK ARKADIUSZ	783		KOMORNIKI	POL	M40	45	M 132	00:44:02	01:16:23	03:27:07	04:30:39.60	04:30:39.60	9:19	6.4
171	SOWIŃSKI KONRAD	940		SZCZECIN	POL	M30	57	M 133	00:42:23	01:12:09	03:22:49	04:30:49.45	04:30:49.45	9:20	6.4
172	WOJTAS GABRIELA	996		NIEPOŁOMICE	POL	K30	15	K 39	00:46:03	01:19:05	03:33:48	04:31:44.35	04:31:44.35	9:22	6.4
173	MACHNICKA ADRIANNA	843	LOCA PEOPLE	POZNAŃ	POL	K30	16	K 40	00:46:03	01:19:04	03:33:48	04:31:44.50	04:31:44.50	9:22	6.4
174	KNABER PIOTR	802		WARSZAWA	POL	M30	58	M 134	00:48:08	01:21:18	03:34:43	04:33:09.90	04:33:09.90	9:25	6.4
175	BURZYŃSKA EMILIA	727	BIEGAJĄCE KREJZOLE / LOCO SPORT	BOGUCIN	POL	K30	17	K 41	00:47:51	01:21:02	03:38:26	04:33:51.60	04:33:51.60	9:26	6.4
176	WIŚNIEWSKI IWONA	990	BIEGAMBOLUBIĘ	KRAJENKA	POL	K30	18	K 42	00:44:15	01:15:29	03:32:25	04:34:00.05	04:34:00.05	9:26	6.4
177	WIŚNIEWSKI RAFAŁ	991	KWP POZNAŃ	KRAJENKA	POL	M30	59	M 135	00:44:14	01:15:30	03:32:24	04:34:01.15	04:34:01.15	9:26	6.3
178	KIKUT MARCIN	796		LUSOWKO	POL	M30	60	M 136	00:52:50	01:28:00	03:40:08	04:34:25.40	04:34:25.40	9:27	6.3
179	MARCZEWSKI TOMASZ	849		GORZÓW WLKP.	POL	M50	12	M 137	00:44:29	01:15:22	03:33:59	04:35:07.90	04:35:07.90	9:29	6.3
180	WASILEWSKA JOANNA	984		WARSZAWA	POL	K50	2	K 43	00:48:17	01:21:23	03:38:57	04:35:16.35	04:35:16.35	9:29	6.3
181	PAPROCKA NATALIA	889		POLKOWICE	POL	K40	17	K 44	00:47:58	01:21:59	03:34:36	04:35:19.35	04:35:19.35	9:29	6.3
182	SZCZUREK MICHAŁ	960		WROCŁAW	POL	M30	61	M 138	00:47:37	01:19:44	03:34:45	04:37:06.55	04:37:06.55	9:33	6.3
183	CHABER TOMASZ	729	TOMASZ CHABER	POZNAŃ	POL	M30	62	M 139	00:47:48	01:22:05	03:38:44	04:37:39.20	04:37:39.20	9:34	6.3
184	KUCZYŃSKA ANETTA	822	STAJNIA CROSSFIT	POZNAŃ	AFG	K40	18	K 45	00:47:48	01:21:24	03:38:50	04:38:24.55	04:38:24.55	9:36	6.3
185	GRZEGRZÓŁKA ANNA	768	ZABIEGANI Z LEŚNEJ	LUBAŃ	POL	K40	19	K 46	00:46:11	01:19:10	03:36:21	04:38:34.05	04:38:34.05	9:36	6.2
186	MIŁOSZEWSKA KATARZYNA	862	IZERY BOGATYNIA	BOGATYNIA	POL	K40	20	K 47	00:46:11	01:19:10	03:36:21	04:38:35.85	04:38:35.85	9:36	6.2
187	SERAFIN MICHAŁ	929	HWBC	WROCŁAW	POL	M40	46	M 140	00:47:32	01:21:15	03:39:18	04:38:41.00	04:38:41.00	9:36	6.2
188	R JUSTYNA	1044		BOGUSZÓW GORCE	POL	K40	21	K 48	00:47:05	01:20:32	03:40:52	04:39:01.40	04:39:01.40	9:37	6.2
189	MIŚTA GRZEGORZ	864	DTR TRZEBNICA BIEGA / MARIO TEAM	ŚWIĄTNIKI	POL	M40	47	M 141	00:47:16	01:18:09	03:37:32	04:39:37.80	04:39:37.80	9:38	6.2
190	KUBIK MATEUSZ	821	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	63	M 142	00:46:07	01:19:00	03:38:27	04:40:21.85	04:40:21.85	9:40	6.2
191	RUDZIEWICZ URSZULA	924		SZCZECIN	POL	K30	19	K 49	00:47:28	01:18:40	03:41:30	04:40:38.05	04:40:38.05	9:40	6.2
192	WALCZAK MICHAŁ	1041		LISOWICE	POL	M40	48	M 143	00:44:51	01:18:41	03:35:26	04:41:10.85	04:41:10.85	9:41	6.2
193	POMIANOWSKA ANNA	902		WRONKI	POL	K40	22	K 50	00:49:14	01:24:26	03:43:33	04:41:45.85	04:41:45.85	9:42	6.2
194	GIDASZEWSKA JOLANTA	752	LESZNO	LESZNO	POL	K40	23	K 51	00:46:27	01:20:45	03:46:53	04:42:01.35	04:42:01.35	9:43	6.2
195	MATKOWSKI WIKTOR	1045	RENA WYKROTY	LWÓWEK ŚLĄSKI	POL	M30	64	M 144	00:41:41	01:12:57	03:26:46	04:42:51.30	04:42:51.30	9:45	6.2
196	LATOS JOANNA	828		ZIELONA GÓRA	POL	K40	24	K 52	00:47:00	01:20:01	03:44:28	04:43:01.15	04:43:01.15	9:45	6.1
197	PRAGACZ ADAM	904		WARSZAWA	POL	M18	17	M 145	00:48:55	01:23:58	03:40:45	04:44:12.65	04:44:12.65	9:48	6.1
198	KĘPSKI GRZEGORZ	1046		BARANOWO	POL	M30	65	M 146	00:47:06	01:21:00	03:40:06	04:44:52.60	04:44:52.60	9:49	6.1
199	BALIŃSKI WIKTOR	709	#ALWAYS_HARDCORE	POZNAŃ	POL	M18	18	M 147	00:43:22	01:13:49	03:39:40	04:46:04.95	04:46:04.95	9:51	6.1
200	PACIULON KRZYSZTOF	887	ONE MAN RUNNING	KARWIANY	POL	M40	49	M 148	00:44:38	01:16:15	03:43:02	04:46:20.85	04:46:20.85	9:52	6.1
201	LEDNICKA LIDIA	829		SKÓRZEWO	POL	K40	25	K 53	00:47:26	01:20:19	03:43:53	04:46:21.10	04:46:21.10	9:52	6.1
202	OKONIEWSKA AGNIESZKA	883		ŚMIGIEL	POL	K40	26	K 54	00:47:14	01:19:57	03:45:10	04:46:34.80	04:46:34.80	9:52	6.1
203	NOWAK MACIEJ	878	SPEED FEET '16	POZNAŃ	POL	M40	50	M 149	00:43:09	01:13:30	03:38:55	04:46:47.00	04:46:47.00	9:53	6.1
204	PUSZCZYKOWSKA MAŁGORZATA	908		INOWŁÓDZ	POL	K50	3	K 55	00:49:30	01:24:42	03:46:44	04:48:18.15	04:48:18.15	9:56	6
205	POPIEL JAN	903		WROCŁAW	POL	M40	51	M 150	00:41:19	01:11:20	03:36:20	04:48:51.40	04:48:51.40	9:57	6
206	KOZŁOWSKA ALICJA	811		LESZNO	POL	K50	4	K 56	00:50:25	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
207	KOZŁOWSKI TOMASZ	812	LESZNO LIMITS RUNNERS	LESZNO	POL	M50	13	M 151	00:50:24	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
208	ŚWIATŁOWSKI KRZYSZTOF	971		NOWA SÓL	POL	M40	52	M 152	00:43:27	01:13:49	03:38:21	04:50:26.10	04:50:26.10	10:00	6

**PÓLMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
209	SKÓRA LESZEK	936	IZBICKO W BIEGU	IZBICKO	POL	M40	53	M 153	00:48:51	01:23:24	03:47:16	04:50:47.50	04:50:47.50	10:01	6
210	MARKOWSKA LILIANA	851		JELEŃ GÓRA	POL	K50	5	K 57	00:49:23	01:25:07	03:53:34	04:53:53.95	04:53:53.95	10:08	5.9
211	SKOWRONEK TOMASZ	934		POZNAŃ	POL	M30	66	M 154	00:42:40	01:12:20	03:41:16	04:54:12.15	04:54:12.15	10:08	5.9
212	ŚMIECHOWSKA MAŁGORZATA	970		RECZ	POL	K40	27	K 58	00:48:40		03:48:55	04:55:24.80	04:55:24.80	10:11	5.9
213	GOSZ MAGDALENA	760		ZAKOPANE	POL	K30	20	K 59	00:53:40	01:30:42	03:53:42	04:55:29.30	04:55:29.30	10:11	5.9
214	LEŚNIAK GRZEGORZ	831		OSTRÓW WIELKOPOLSKI	POL	M40	54	M 155	00:47:21	01:19:44	03:45:13	04:56:47.75	04:56:47.75	10:14	5.9
215	NOWORYTA ELIZA	1010	ULTRA DIABLY TEAM LUBRZA	NOWA WIOSKA	POL	K40	28	K 60	00:48:07	01:22:18	03:53:26	04:58:19.40	04:58:19.40	10:17	5.8
216	BĘBAS PAWEŁ	716		WROCŁAW	POL	M40	55	M 156	00:49:24	01:23:17	03:54:47	04:58:46.85	04:58:46.85	10:18	5.8
217	GARCZYK PRZEMEK	749		KOZIEGŁOWY	AFG	M30	67	M 157	00:45:45	01:19:34	03:48:39	04:59:09.70	04:59:09.70	10:18	5.8
218	PLUTA TOMASZ	899	LEAD-UP BEATA PLUTA	SZCZECIN	POL	M50	14	M 158	00:48:04	01:23:42	03:57:34	04:59:46.05	04:59:46.05	10:20	5.8
219	RĘBECKA VIOLETTA	918	BIEGAMDLAZDROWIA. PL	JELEŃ GÓRA	POL	K40	29	K 61	00:49:26	01:25:42	03:58:25	05:00:17.55	05:00:17.55	10:21	5.8
220	JAKUBCZAK MAGDALENA	779	WARSZAWSKIE BYKI	STRZYKUŁY	POL	K30	21	K 62	00:52:17	01:28:53	03:55:00	05:01:49.75	05:01:49.75	10:24	5.8
221	SIELUTIN WADIM	930	KB LEW LEGNICA 2000	LEGNICA	POL	M60	5	M 159	00:47:17	01:20:31	03:56:35	05:02:12.55	05:02:12.55	10:25	5.8
222	ROSZKOWSKI MARCIN	922		WROCŁAW	POL	M30	68	M 160	00:50:04	01:25:18	03:51:47	05:02:16.80	05:02:16.80	10:25	5.8
223	BORKOWSKI KRZYSZTOF	722		GORZÓW WIELKOPOLSKI	POL	M40	56	M 161	00:47:55	01:23:13	03:55:20	05:02:20.15	05:02:20.15	10:25	5.8
224	JAROCH MICHAŁ	782	MARKOWI BIEGACZE	MARKI	POL	M40	57	M 162	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
225	STRADOMSKA AGNIESZKA	952		WARSZAWA	POL	K40	30	K 63	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
226	MARCINKIEWICZ MARTA	848		WROCŁAW	POL	K50	6	K 64	00:52:01	01:27:36	03:55:44	05:04:12.95	05:04:12.95	10:29	5.7
227	HARASZCZUK KRYSZTIAN	769		SZCZECIN	POL	M30	69	M 163	00:49:41	01:23:38	03:52:46	05:05:10.05	05:05:10.05	10:31	5.7
228	NOWAK MONIKA	876		POZNAŃ	POL	K40	31	K 65	00:53:17	01:32:09	04:00:41	05:05:27.65	05:05:27.65	10:31	5.7
229	GOTTFRIED LESZEK	761	EY RUN4FUN	DOBRZYKOWICE	POL	M30	70	M 164	00:52:20	01:27:44	03:51:02	05:05:37.75	05:05:37.75	10:32	5.7
230	MAZURKIEWICZ MARIUSZ	856		KĘDZIERZYN-KOZŁE	POL	M50	15	M 165	00:47:32	01:21:15	03:50:39	05:07:47.80	05:07:47.80	10:36	5.7
231	ZIAJA ALEKSANDRA	1007		WARSZAWA	POL	K30	22	K 66	00:52:44	01:32:01	04:00:18	05:09:17.10	05:09:17.10	10:39	5.6
232	KRZECZKOWSKI ROMAN	817	CUDO KOMBUCHA TEAM	ŚWIDNICA	POL	M50	16	M 166	00:52:37	01:29:08	03:59:07	05:10:47.50	05:10:47.50	10:43	5.6
233	MISIAK ULA	863		WROCŁAW	POL	K30	23	K 67	00:49:13	01:25:03	03:53:09	05:11:00.15	05:11:00.15	10:43	5.6
234	GÓRNA MAŁGORZATA	763		POZNAŃ	POL	K30	24	K 68	00:53:05	01:31:30	04:11:14	05:19:20.90	05:19:20.90	11:00	5.4
235	SPRINGER MARTA	941	NIGHT RUNNERS	POZNAŃ	POL	K30	25	K 69	00:57:57	01:38:24	04:16:07	05:19:53.85	05:19:53.85	11:01	5.4
236	STAŃCZYK JOANNA	946	SWARZĘDZ	SWARZĘDZ	POL	K40	32	K 70	00:52:53	01:30:56	04:11:25	05:20:51.50	05:20:51.50	11:03	5.4
237	KŁUJSZO DAREK	799		KWIRYNÓW	POL	M30	71	M 167	00:52:21	01:29:32	04:11:00	05:20:56.45	05:20:56.45	11:04	5.4
238	GŁUCHOWSKI JACEK	755	BB RUNNERS	BIELSKO-BIAŁA	POL	M40	58	M 168	00:53:40	01:30:48	04:14:48	05:21:43.05	05:21:43.05	11:05	5.4
239	STARCZEWSKI KRZYSZTOF	948	ULTRA DIABLY TEAM LUBRZA	ŚWIEBODZIN	POL	M50	17	M 169	00:49:54	01:26:34	04:02:36	05:22:05.05	05:22:05.05	11:06	5.4
240	MORAWSKA ANNA	869		WARSZAWA	POL	K60	1	K 71	00:54:52	01:34:03	04:13:49	05:23:26.05	05:23:26.05	11:09	5.4
241	RUDZIEWICZ MICHAŁ	923		SZCZECIN	POL	M40	59	M 170	00:47:29	01:18:39	04:08:32	05:24:21.05	05:24:21.05	11:11	5.4
242	MENZEL ZOFIA	857	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	K60	2	K 72	00:49:55	01:25:03	04:15:46	05:25:48.55	05:25:48.55	11:14	5.3
243	CZACZYK LUKASZ	731		POZNAŃ	POL	M30	72	M 171	00:48:55	01:23:25	04:08:02	05:26:15.10	05:26:15.10	11:15	5.3
244	STRYCZEK EWA	953	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K30	26	K 73	00:50:30	01:28:39	04:15:29	05:28:19.35	05:28:19.35	11:19	5.3
245	KACIUPA AGNIESZKA	785	FARTY PUSZCZY	SZCZECIN	POL	K40	33	K 74	00:55:22	01:34:24	04:17:51	05:28:51.25	05:28:51.25	11:20	5.3
246	FINKOWIAT - SZYMCZAK KATARZYNA	744	FARTY PUSZCZY	SZCZECIN	POL	K30	27	K 75	00:55:30	01:34:44	04:17:59	05:28:51.60	05:28:51.60	11:20	5.3
247	SZYMCZAK ŁUKASZ	966	FARTY PUSZCZY	SZCZECIN	POL	M40	60	M 172	00:55:30	01:34:32	04:17:52	05:28:51.95	05:28:51.95	11:20	5.3
248	HARASZCZUK JOANNA	770		SZCZECIN	POL	K30	28	K 76	00:52:47	01:30:00	04:23:52	05:30:45.00	05:30:45.00	11:24	5.3
249	ŁOGIN MARTA	838		SZCZECIN	POL	K30	29	K 77	00:52:13	01:30:00	04:28:21	05:32:03.60	05:32:03.60	11:27	5.2
250	SOBIERAJSKA PAULINA	938		BOLESŁAWIEC	POL	K40	34	K 78	00:54:32	01:35:30	04:18:08	05:32:22.80	05:32:22.80	11:27	5.2
251	KUBIAK IZABELA	819	LOCCO SPORT	SWARZĘDZ	POL	K30	30	K 79	00:48:00	01:22:05	04:23:07	05:33:13.50	05:33:13.50	11:29	5.2
252	HARASZCZUK JERZY	771		ZĄŁOM	POL	M50	18	M 173	00:52:47	01:29:48	04:23:52	05:34:20.30	05:34:20.30	11:31	5.2
253	BORODYN ANDRZEJ	723	FARTY PUSZCZY	SZCZECIN	POL	M40	61	M 174	00:55:31	01:35:09	04:21:50	05:36:08.55	05:36:08.55	11:35	5.2
254	GARSTKA PAWEŁ	750	KAMA RUN CZARNKÓW	ROMANOWO DOLNE	POL	M30	73	M 175	00:52:12	01:29:51	04:28:24	05:40:37.25	05:40:37.25	11:44	5.1
255	BILAS-HETMAN ANNA	718		BARLINEK	POL	K40	35	K 80	00:54:25	01:35:16	04:32:47	05:43:34.30	05:43:34.30	11:50	5.1
256	WIECZOREK NORBERT	986	ROZBIEGANE WIECZORKI	BOGATYNIA	POL	M40	62	M 176	01:00:36	01:42:41	04:34:50	05:43:53.75	05:43:53.75	11:51	5.1
257	SIWA MICHAŁ	932		ŚWIEBODZIN	POL	M30	74	M 177	00:53:04	01:31:45	04:27:40	05:45:21.20	05:45:21.20	11:54	5
258	GARCZEWSKA-PASZKO JOANNA	748		WARSZAWA	POL	K50	7	K 81	00:51:43	01:29:15	04:35:27	05:45:45.25	05:45:45.25	11:55	5
259	KŁOC MACIEJ	797	ORTHOS TEAM	WROCŁAW	POL	M18	19	M 178	00:52:36	01:31:59	04:21:06	05:45:57.25	05:45:57.25	11:55	5
260	CZECHOWICZ JAROSŁAW	1016		GORZÓW WIELKOPOLSKI	POL	M50	19	M 179	00:51:32	01:25:44	04:33:31	05:50:47.55	05:50:47.55	12:05	5
261	DZIĘCIELSKA AGNIESZKA	741		POZNAŃ	POL	K40	36	K 82	00:54:40	01:32:26	04:47:00	05:53:52.15	05:53:52.15	12:12	4.9
262	ŁADONSKA AGATA	836		WROCŁAW	POL	K30	31	K 83	00:56:59	01:38:35	04:40:32	05:56:53.05	05:56:53.05	12:18	4.9
263	BASTA GRZEGORZ	714		GORZÓW WIELKOPOLSKI	POL	M40	63	M 180	00:53:02	01:32:44	04:39:37	05:59:28.65	05:59:28.65	12:23	4.8
264	KUMOR PRZEMYSŁAW	824	KUMFLO SNAILS INC	DOBRZYKOWICE	POL	M40	64	M 181	00:48:50	01:24:22	04:29:32	06:00:18.10	06:00:18.10	12:25	4.8
265	ZARĘBA KONRAD	1005	GRUBA KRASNOLUDY	DOBRZYKOWICE	POL	M40	65	M 182	00:48:49	01:24:24	04:29:33	06:00:19.00	06:00:19.00	12:25	4.8

**PÓLMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
266	WOJTECZEK JÓZEF	997	KGHM O/LEGNICA	BOLESŁAWIEC	POL	M50	20	M 183	00:53:50	01:28:48	04:48:09	06:05:19.80	06:05:19.80	12:35	4.8
267	SREBRO MICHAŁ	942		POZNAŃ	POL	M50	21	M 184	00:54:24	01:37:26	04:47:35	06:05:34.45	06:05:34.45	12:36	4.8
268	ZAJĄCZKOWSKA PAULINA	1003	POWER TRAINING	WARSZAWA	POL	K30	32	K 84	00:59:15	01:42:42	04:48:02	06:05:39.10	06:05:39.10	12:36	4.8
269	KRAKOWIAK WIESŁAW	815	KRAKOWIAK TEAM	MOSINA	POL	M50	22	M 185	00:50:14	01:27:32	04:43:21	06:06:57.00	06:06:57.00	12:39	4.7
270	BARAŃSKI STANISŁAW	712	HUSARIA NIEGOSŁAWICE	NIEGOSŁAWICE	POL	M50	23	M 186	00:57:00	01:38:36	04:43:38	06:13:58.00	06:13:58.00	12:53	4.7
271	WOJTECZEK TERESA	998	BIEGAM BO LUBIĘ	BOLESŁAWIEC	POL	K50	8	K 85	00:54:21	01:34:36	04:49:31	06:14:14.70	06:14:14.70	12:54	4.6
272	LACH JAKUB	827		JELEŃ GÓRA	POL	M40	66	M 187	00:57:33	01:41:12	04:59:34	06:15:34.95	06:15:34.95	12:57	4.6
273	JARMUŁO AGNIESZKA	781		BOLESŁAWIEC	POL	K40	37	K 86	00:54:35	01:36:03	04:53:24	06:17:03.40	06:17:03.40	13:00	4.6
274	WŁODARCZYK ANNA	993		KŁAJ	POL	K30	33	K 87	01:00:10	01:42:37	04:50:27	06:19:39.90	06:19:39.90	13:05	4.6
275	NOWAKOWSKI PAWEŁ	880		JANKOWA ŻAGANSKA	POL	M40	67	M 188	01:00:08	01:42:35	04:50:27	06:19:40.05	06:19:40.05	13:05	4.6
276	NOWAKOWSKI SŁAWOMIR	879		HIPOLITÓW	POL	M40	68	M 189	01:00:07	01:42:37	04:50:31	06:19:40.20	06:19:40.20	13:05	4.6
277	SREBRO KACPER	943		POZNAŃ	POL	M18	20	M 190	00:58:20		05:00:03	06:22:33.45	06:22:33.45	13:11	4.5
278	WALNY AGATA	983	WILD GOOSE CHASE	WROCLAW	POL	K30	34	K 88	00:58:31	01:42:54	05:02:44	06:23:03.70	06:23:03.70	13:12	4.5
279	SZCZEPAŃSKI SŁAWOMIR	955	GALVARINO RUN TEAM	WROCLAW	POL	M40	69	M 191	00:48:51	01:23:01	03:51:54	06:28:35.20	06:28:35.20	13:23	4.5
280	KOWNACKI ARKADIUSZ	809	DRUŻYNA SZPIKU / WATAHA	WITKOWO	POL	M50	24	M 192	01:02:03	01:46:54	05:07:46	06:31:11.95	06:31:11.95	13:29	4.4
281	ANIOŁ LAURA	707	DLA ZBYSZKA	WROCLAW	POL	K30	35	K 89	00:58:31	01:42:55	05:02:44	06:31:23.85	06:31:23.85	13:29	4.4
282	FLOREK KRZYSZTOF	745	GRUBE KRASNOLUDY	DOBRZYKOWICE	POL	M40	70	M 193	00:48:52	01:23:01	03:51:56	06:37:30.45	06:37:30.45	13:42	4.4
283	PNIEWSKI SŁAWOMIR	1015		GORZÓW WIELKOPOLSKI	POL	M30	75	M 194	01:01:23		05:07:47	06:50:40.80	06:50:40.80	14:09	4.2
284	KSIĄŻKIEWICZ ELŻBIETA	1014			POL	K30	36	K 90	01:01:29	01:47:20	05:30:38	06:54:12.65	06:54:12.65	14:16	4.2
285	MERKLINGHAUS-KOBER MONIKA	858	SPEED FEET '16	KOŚCIAN	POL	K40	38	K 91	01:02:03	01:46:56	05:39:48	06:59:02.70	06:59:02.70	14:26	4.2
286	SZYPULSKA KATARZYNA	967	SKS CHMIELOWICE	POPOLE	POL	K40	39	K 92	00:59:30	01:42:10	05:36:50	07:03:11.00	07:03:11.00	14:35	4.1
287	PYTEL ANNA	910	IZBICKO W BIEGU	OTMICE	POL	K40	40	K 93	00:59:30	01:42:07	05:36:48	07:03:11.90	07:03:11.90	14:35	4.1
288	JÓZEFIACIUK WIESŁAW	1048		ŁÓDŹ	POL	M60	6	M 195	01:08:34	01:56:34	05:50:02	07:26:46.45	07:26:46.45	15:24	3.9
	HUDASZEK MAGDA	774		KRAKÓW	POL	K30			00:36:32	01:02:39	02:42:48	DNF	DNF	-	-
	STACHOWIAK TOMASZ	945		WOLSZTYN	POL	M40			DNF	DNF	DNF	DNF	DNF	-	-
	MĘŻYKOWSKI MICHAŁ	859	FORMA NA SZCZYT	WARSZAWA	POL	M40			00:35:37	01:01:17	DNF	DNF	DNF	-	-

**PÓLMARATON Z GÓRKĄ, K-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	GOMOLYSEK KINGA	758		WROCLAW	POL	K30	1	K 1	00:32:03	00:54:26	02:23:37	03:00:39.70	03:00:39.70	6:13	9.6
2	ŁABUZ MAŁGORZATA	835		WROCLAW	POL	K30	2	K 2	00:34:49	00:59:38	02:28:39	03:06:32.75	03:06:32.75	6:25	9.3
3	WALCZAK ADELA	981	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	3	K 3	00:36:33	01:02:03	02:34:58	03:16:56.00	03:16:56.00	6:47	8.8
4	BOROWSKA KAROLINA	724	KGHM ZG RUN	LUBIN	POL	K30	4	K 4	00:36:24	01:02:23	02:36:30	03:17:47.95	03:17:47.95	6:49	8.8
5	IDCZAK AGNIESZKA	775		LEGNICA	POL	K30	5	K 5	00:36:11	01:01:07	02:37:07	03:21:55.60	03:21:55.60	6:57	8.6
6	DOMAŃ JOANNA	737	FEHLAU RUN TEAM	KIEKRZ	POL	K40	1	K 6	00:36:41	01:02:01	02:42:08	03:26:15.50	03:26:15.50	7:06	8.4
7	ADAMSKA ZOFIA	702	RUN EXPLORE TEAM	SUCHY LAS	POL	K30	6	K 7	00:38:33	01:04:46	02:43:51	03:28:29.90	03:28:29.90	7:11	8.3
8	KNACH MARTA	800	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	K40	2	K 8	00:38:38		02:48:33	03:30:50.55	03:30:50.55	7:16	8.3
9	RATAJCZAK DOROTA	915	RATAJCZAK RUN	ZIELONA GÓRA	POL	K40	3	K 9	00:40:04	01:08:11	02:56:27	03:41:38.35	03:41:38.35	7:38	7.9
10	SASIN DOMINIKA	927	ŻELAZNA ŚWIDNICA	ŚWIDNICA	POL	K18	1	K 10	00:39:52	01:07:38	02:54:15	03:47:34.45	03:47:34.45	7:50	7.6
11	SOWIŃSKA ALEKSANDRA	939		SZCZECIN	POL	K18	2	K 11	00:41:28	01:09:13	02:59:41	03:48:37.85	03:48:37.85	7:53	7.6
12	MROCZEK MARTA	872	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	K40	4	K 12	00:39:58	01:08:43	03:03:18	03:50:55.55	03:50:55.55	7:57	7.5
13	BATOR PAULA	715		JANOWICE WIELKIE	POL	K30	7	K 13	00:42:27	01:11:16	03:01:21	03:50:58.45	03:50:58.45	7:57	7.5
14	KACZMAREK DOROTA	787	RADZIKI	WROCLAW	POL	K40	5	K 14	00:43:55	01:13:52	03:06:05	03:57:07.80	03:57:07.80	8:10	7.3
15	TOMIAK PAULINA	976	WOLSZTYŃSKA AKADEMIA BIEGOWA	WRONIAWY	POL	K30	8	K 15	00:40:36	01:09:04	03:05:07	03:59:24.30	03:59:24.30	8:15	7.3
16	STARCZEWSKA IZABELA	947	ULTRA DIABŁY TEM LUBRZA	ŚWIEBODZIN	POL	K50	1	K 16	00:41:53	01:11:43	03:10:07	03:59:59.45	03:59:59.45	8:16	7.3
17	WEGNER PATRYCJA	985		POZNAŃ	POL	K30	9	K 17	00:41:26	01:10:43	03:08:58	04:00:44.85	04:00:44.85	8:18	7.2

**PÓŁMARATON Z GÓRKĄ, K-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
18	MASALSKA-PAWLAK AGATA	852		RADWANICE	POL	K40	6	K 18	00:45:04	01:16:31	03:11:40	04:05:39.45	04:05:39.45	8:28	7.1
19	HISZPAŃSKA ANNA	772		OPOLE	POL	K18	3	K 19	00:43:39	01:12:54	03:16:02	04:07:11.35	04:07:11.35	8:31	7
20	FARION MARZENA	742		STRZEGOM	POL	K40	7	K 20	00:42:17	01:12:48	03:13:22	04:08:21.35	04:08:21.35	8:33	7
21	BORCZYŃSKA-GŁÓMSKA ALEKSANDRA	721		MIEKOWO	POL	K30	10	K 21	00:42:39	01:12:44	03:14:43	04:08:29.00	04:08:29.00	8:34	7
22	FIJAL ANNA	743		WROCLAW	POL	K30	11	K 22	00:45:46	01:15:32	03:15:20	04:08:57.25	04:08:57.25	8:35	7
23	GIMZICKA EWA	754		POZNAŃ	POL	K40	8	K 23	00:44:11	01:14:59	03:17:57	04:09:22.25	04:09:22.25	8:35	7
24	SZUBERT-WALENCZAK MAGDALENA	962	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	9	K 24	00:42:29	01:13:22	03:24:03	04:13:14.05	04:13:14.05	8:43	6.9
25	BAKSALARY LIDIA	1018	#BIEGAJLESZNO	LESZNO	POL	K40	10	K 25	00:39:58	01:09:24	03:18:28	04:15:24.15	04:15:24.15	8:48	6.8
26	ADAMSKA PAULINA	703	SZYSZYLA GNIEZNO	GNIEZNO	POL	K18	4	K 26	00:42:32	01:11:51	03:16:17	04:15:49.75	04:15:49.75	8:49	6.8
27	KRAJEWSKA EWELINA	814	GRUPA BIEGOWA BEZ GRANIC	GOCZAŁKÓW	POL	K40	11	K 27	00:44:42	01:16:09	03:23:44	04:16:52.10	04:16:52.10	8:51	6.8
28	RADZIWANOWSKI AGATA	914		LOBEZ	POL	K30	12	K 28	00:41:57	01:14:00	03:23:11	04:18:21.05	04:18:21.05	8:54	6.7
29	WACHOWSKA KATARZYNA	980	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	13	K 29	00:49:20	01:23:12	03:29:17	04:18:25.85	04:18:25.85	8:54	6.7
30	KALICZAK-SZWAJA MONIKA	791		MAŁOMICE	POL	K40	12	K 30	00:48:28	01:20:52	03:29:32	04:18:27.80	04:18:27.80	8:54	6.7
31	BANDUROWSKA AGNIESZKA	711	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	13	K 31	00:43:24	01:14:17	03:22:31	04:18:43.65	04:18:43.65	8:55	6.7
32	MACHNICKA WIKTORIA	844		GOLECZEWO	POL	K18	5	K 32	00:44:40	01:14:28	03:18:07	04:19:05.75	04:19:05.75	8:56	6.7
33	REDEK SYLWIA	917	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K40	14	K 33	00:47:12	01:19:36	03:31:50	04:24:49.30	04:24:49.30	9:07	6.6
34	GDOWSKA GABRIELA	751		JELENIA GÓRA	POL	K18	6	K 34	00:44:06	01:16:51	03:26:32	04:25:36.30	04:25:36.30	9:09	6.6
35	NOWACZYŃSKA KATARZYNA	875	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	15	K 35	00:48:08	01:22:10	03:30:58	04:25:58.50	04:25:58.50	9:10	6.5
36	MODZELEWSKA AGNIESZKA	867		OPALENICA	POL	K40	16	K 36	00:47:34	01:20:32	03:29:41	04:29:01.15	04:29:01.15	9:16	6.5
37	KORNOWICZ MARTYNA MAJKA	807		POZNAŃ	POL	K18	7	K 37	00:47:59	01:21:05	03:34:06	04:29:04.75	04:29:04.75	9:16	6.5
38	JANOWSKA AGNIESZKA	780		POZNAŃ	POL	K30	14	K 38	00:46:52	01:19:53	03:31:41	04:29:19.05	04:29:19.05	9:17	6.5
39	WOJTAS GABRIELA	996		NIEPOŁOMICE	POL	K30	15	K 39	00:46:03	01:19:05	03:33:48	04:31:44.35	04:31:44.35	9:22	6.4
40	MACHNICKA ADRIANNA	843	LOCA PEOPLE	POZNAŃ	POL	K30	16	K 40	00:46:03	01:19:04	03:33:48	04:31:44.50	04:31:44.50	9:22	6.4
41	BURZYŃSKA EMILIA	727	BIEGAJĄCE KREJZOLE / LOCO SPORT	BOGUCIN	POL	K30	17	K 41	00:47:51	01:21:02	03:38:26	04:33:51.60	04:33:51.60	9:26	6.4
42	WIŚNIEWSKI IWONA	990	BIEGAMBOLUBIĘ	KRAJENKA	POL	K30	18	K 42	00:44:15	01:15:29	03:32:25	04:34:00.05	04:34:00.05	9:26	6.4
43	WASILEWSKA JOANNA	984		WARSZAWA	POL	K50	2	K 43	00:48:17	01:21:23	03:38:57	04:35:16.35	04:35:16.35	9:29	6.3
44	PAPROCKA NATALIA	889		POLKOWICE	POL	K40	17	K 44	00:47:58	01:21:59	03:34:36	04:35:19.35	04:35:19.35	9:29	6.3
45	KUCZYŃSKA ANETTA	822	STAJNIA CROSSFIT	POZNAŃ	AFG	K40	18	K 45	00:47:48	01:21:24	03:38:50	04:38:24.55	04:38:24.55	9:36	6.3
46	GRZEGRZÓŁKA ANNA	768	ZABIEGANI Z LEŚNEJ	LUBAN	POL	K40	19	K 46	00:46:11	01:19:10	03:36:21	04:38:34.05	04:38:34.05	9:36	6.2
47	MŁOSZEWSKA KATARZYNA	862	IZERY BOGATYNIA	BOGATYNIA	POL	K40	20	K 47	00:46:11	01:19:10	03:36:21	04:38:35.85	04:38:35.85	9:36	6.2
48	R JUSTYNA	1044		BOGUSZÓW GORCE	POL	K40	21	K 48	00:47:05	01:20:32	03:40:52	04:39:01.40	04:39:01.40	9:37	6.2
49	RUDZIEWICZ URSZULA	924		SZCZECIN	POL	K30	19	K 49	00:47:28	01:18:40	03:41:30	04:40:38.05	04:40:38.05	9:40	6.2
50	POMIANOWSKA ANNA	902		WRONKI	POL	K40	22	K 50	00:49:14	01:24:26	03:43:33	04:41:45.85	04:41:45.85	9:42	6.2
51	GIDASZEWSKA JOLANTA	752	LESZNO	LESZNO	POL	K40	23	K 51	00:46:27	01:20:45	03:46:53	04:42:01.35	04:42:01.35	9:43	6.2
52	LATOS JOANNA	828		ZIELONA GÓRA	POL	K40	24	K 52	00:47:00	01:20:01	03:44:28	04:43:01.15	04:43:01.15	9:45	6.1
53	LEDNICKA LIDIA	829		SKÓRZEWO	POL	K40	25	K 53	00:47:26	01:20:19	03:43:53	04:46:21.10	04:46:21.10	9:52	6.1
54	OKONIEWSKA AGNIESZKA	883		ŚMIGIEL	POL	K40	26	K 54	00:47:14	01:19:57	03:45:10	04:46:34.80	04:46:34.80	9:52	6.1
55	PUSZCZYKOWSKA MAŁGORZATA	908		INOWŁÓDZ	POL	K50	3	K 55	00:49:30	01:24:42	03:46:44	04:48:18.15	04:48:18.15	9:56	6
56	KOZŁOWSKA ALICJA	811		LESZNO	POL	K50	4	K 56	00:50:25	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
57	MARKOWSKA LILIANNA	851		JELENIA GÓRA	POL	K50	5	K 57	00:49:23	01:25:07	03:53:34	04:53:53.95	04:53:53.95	10:08	5.9
58	ŚMIECHOWSKA MAŁGORZATA	970		RECCZ	POL	K40	27	K 58	00:48:40		03:48:55	04:55:24.80	04:55:24.80	10:11	5.9
59	GOSZ MAGDALENA	760		ZAKOPANE	POL	K30	20	K 59	00:53:40	01:30:42	03:53:42	04:55:29.30	04:55:29.30	10:11	5.9
60	NOWORYTA ELIZA	1010	ULTRA DIABLY TEAM LUBRZA	NOWA WIOSKA	POL	K40	28	K 60	00:48:07	01:22:18	03:53:26	04:58:19.40	04:58:19.40	10:17	5.8
61	RĘBECKA VIOLETTA	918	BIEGAMDLAZDROWIA. PL	JELENIA GÓRA	POL	K40	29	K 61	00:49:26	01:25:42	03:58:25	05:00:17.55	05:00:17.55	10:21	5.8
62	JAKUBCZAK MAGDALENA	779	WARSZAWSKIE BYKI	STRZYKULY	POL	K30	21	K 62	00:52:17	01:28:53	03:55:00	05:01:49.75	05:01:49.75	10:24	5.8
63	STRADOMSKA AGNIESZKA	952		WARSZAWA	POL	K40	30	K 63	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
64	MARCINKIEWICZ MARTA	848		WROCLAW	POL	K50	6	K 64	00:52:01	01:27:36	03:55:44	05:04:12.95	05:04:12.95	10:29	5.7
65	NOWAK MONIKA	876		POZNAŃ	POL	K40	31	K 65	00:53:17	01:32:09	04:00:41	05:05:27.65	05:05:27.65	10:31	5.7
66	ZIAJA ALEKSANDRA	1007		WARSZAWA	POL	K30	22	K 66	00:52:44	01:32:01	04:00:18	05:09:17.10	05:09:17.10	10:39	5.6
67	MISIAK ULA	863		WROCLAW	POL	K30	23	K 67	00:49:13	01:25:03	03:53:09	05:11:00.15	05:11:00.15	10:43	5.6
68	GÓRNA MAŁGORZATA	763		POZNAŃ	POL	K30	24	K 68	00:53:05	01:31:30	04:11:14	05:19:20.90	05:19:20.90	11:00	5.4
69	SPRINGER MARTA	941	NIGHT RUNNERS	POZNAŃ	POL	K30	25	K 69	00:57:57	01:38:24	04:16:07	05:19:53.85	05:19:53.85	11:01	5.4
70	STAŃCZYK JOANNA	946	SWARZĘDZ	SWARZĘDZ	POL	K40	32	K 70	00:52:53	01:30:56	04:11:25	05:20:51.50	05:20:51.50	11:03	5.4
71	MORAWSKA ANNA	869		WARSZAWA	POL	K60	1	K 71	00:54:52	01:34:03	04:13:49	05:23:26.05	05:23:26.05	11:09	5.4
72	MENZEL ZOFIA	857	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	K60	2	K 72	00:49:55	01:25:03	04:15:46	05:25:48.55	05:25:48.55	11:14	5.3
73	STRYCZEK EWA	953	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K30	26	K 73	00:50:30	01:28:39	04:15:29	05:28:19.35	05:28:19.35	11:19	5.3

## PÓŁMARATON Z GÓRKĄ, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
74	KACIUPA AGNIESZKA	785	FARTY PUSZCZY	SZCZECIN	POL	K40	33	K 74	00:55:22	01:34:24	04:17:51	05:28:51.25	05:28:51.25	11:20	5.3
75	FINKOWIAT - SZYMCZAK KATARZYNA	744	FARTY PUSZCZY	SZCZECIN	POL	K30	27	K 75	00:55:30	01:34:44	04:17:59	05:28:51.60	05:28:51.60	11:20	5.3
76	HARASZCZUK JOANNA	770		SZCZECIN	POL	K30	28	K 76	00:52:47	01:30:00	04:23:52	05:30:45.00	05:30:45.00	11:24	5.3
77	ŁOGIN MARTA	838		SZCZECIN	POL	K30	29	K 77	00:52:13	01:30:00	04:28:21	05:32:03.60	05:32:03.60	11:27	5.2
78	SOBIERAJSKA PAULINA	938		BOLESŁAWIEC	POL	K40	34	K 78	00:54:32	01:35:30	04:18:08	05:32:22.80	05:32:22.80	11:27	5.2
79	KUBIAK IZABELA	819	LOCCO SPORT	SWARZĘDZ	POL	K30	30	K 79	00:48:00	01:22:05	04:23:07	05:33:13.50	05:33:13.50	11:29	5.2
80	BILAS-HETMAN ANNA	718		BARLINEK	POL	K40	35	K 80	00:54:25	01:35:16	04:32:47	05:43:34.30	05:43:34.30	11:50	5.1
81	GARCZEWSKA-PASZKO JOANNA	748		WARSZAWA	POL	K50	7	K 81	00:51:43	01:29:15	04:35:27	05:45:45.25	05:45:45.25	11:55	5
82	DZIĘCIELSKA AGNIESZKA	741		POZNAŃ	POL	K40	36	K 82	00:54:40	01:32:26	04:47:00	05:53:52.15	05:53:52.15	12:12	4.9
83	ŁADOŃSKA AGATA	836		WROCŁAW	POL	K30	31	K 83	00:56:59	01:38:35	04:40:32	05:56:53.05	05:56:53.05	12:18	4.9
84	ZAJĄCZKOWSKA PAULINA	1003	POWER TRAINING	WARSZAWA	POL	K30	32	K 84	00:59:15	01:42:42	04:48:02	06:05:39.10	06:05:39.10	12:36	4.8
85	WOJTECZEK TERESA	998	BIEGAM BO LUBIĘ BOLESŁAWIEC	BOLESŁAWIEC	POL	K50	8	K 85	00:54:21	01:34:36	04:49:31	06:14:14.70	06:14:14.70	12:54	4.6
86	JARMUŁO AGNIESZKA	781		BOLESŁAWIEC	POL	K40	37	K 86	00:54:35	01:36:03	04:53:24	06:17:03.40	06:17:03.40	13:00	4.6
87	WŁODARCZYK ANNA	993		KŁAJ	POL	K30	33	K 87	01:00:10	01:42:37	04:50:27	06:19:39.90	06:19:39.90	13:05	4.6
88	WALNY AGATA	983	WILD GOOSE CHASE	WROCŁAW	POL	K30	34	K 88	00:58:31	01:42:54	05:02:44	06:23:03.70	06:23:03.70	13:12	4.5
89	ANIOL LAURA	707	DLA ZBYSZKA	WROCŁAW	POL	K30	35	K 89	00:58:31	01:42:55	05:02:44	06:31:23.85	06:31:23.85	13:29	4.4
			♥												
90	KSIĄŻKIEWICZ ELŻBIETA	1014			POL	K30	36	K 90	01:01:29	01:47:20	05:30:38	06:54:12.65	06:54:12.65	14:16	4.2
91	MERKLINGHAUS-KOBER MONIKA	858	SPEED FEET '16	KOŚCIAN	POL	K40	38	K 91	01:02:03	01:46:56	05:39:48	06:59:02.70	06:59:02.70	14:26	4.2
92	SZYPULSKA KATARZYNA	967	SKS CHMIELOWICE	OPOLE	POL	K40	39	K 92	00:59:30	01:42:10	05:36:50	07:03:11.00	07:03:11.00	14:35	4.1
93	PYTEL ANNA	910	IZBICKO W BIEGU	OTMICE	POL	K40	40	K 93	00:59:30	01:42:07	05:36:48	07:03:11.90	07:03:11.90	14:35	4.1
	HUDASZEK MAGDA	774		KRAKÓW	POL	K30			00:36:32	01:02:39	02:42:48	DNF	DNF	-	-
									DNF	DNF	DNF				

## PÓŁMARATON Z GÓRKĄ, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	GORZELAŃCZYK JAKUB	759	MKS SIECHNICE	GOLECZEWÓ	POL	M30	1	M 1	00:26:28	00:45:26	01:52:48	02:21:49.05	02:21:49.05	4:53	12.3
2	LESNIAK KAMIL	1050	HDKIA GARMIN TEAM	POZNAŃ	POL	M18	1	M 2	00:28:18	00:49:20	02:03:30	02:37:31.10	02:37:31.10	5:25	11
3	FRANCZAK MARIUSZ	1013	DTR TRZEBNICA BIEGA / MARIO TEAM	KSIĘGINICE	POL	M40	1	M 3	00:30:16	00:51:48	02:12:08	02:46:46.20	02:46:46.20	5:45	10.4
4	ANDRUSZKIEWICZ PAWEŁ	706		JELEŃSKA GÓRA	POL	M30	2	M 4	00:32:01	00:54:24	02:13:58	02:50:13.55	02:50:13.55	5:52	10.2
5	WŁODARCZYK JAROSŁAW	992		JELEŃSKA GÓRA	POL	M40	2	M 5	00:32:01	00:54:25	02:15:47	02:56:56.15	02:56:56.15	6:06	9.8
6	OLCZYK GRZEGORZ	1009	DRÄXLMAIER	JELEŃSKA GÓRA	POL	M30	3	M 6	00:32:14	00:55:11	02:20:40	02:59:05.40	02:59:05.40	6:10	9.7
7	BAJAN FILIP	708	LAB-BUD.COM	ZIELONA GÓRA	POL	M18	2	M 7	00:31:01	00:53:30	02:21:37	03:00:38.90	03:00:38.90	6:13	9.6
8	BOSAKIEWICZ TOMASZ	725		ZŁOTORYJA	POL	M30	4	M 8	00:34:49	00:59:31	02:26:42	03:02:36.50	03:02:36.50	6:17	9.5
9	POLACZEK DANIEL	900		OTMICE	POL	M18	3	M 9	00:34:20	00:58:08	02:25:24	03:03:15.20	03:03:15.20	6:19	9.5
10	KNACH TOMASZ	801	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	M40	3	M 10	00:31:31	00:54:12	02:22:39	03:04:59.10	03:04:59.10	6:22	9.4
11	CZARNY JAROSŁAW	733		WROCŁAW	POL	M30	5	M 11	00:32:18	00:55:15	02:24:26	03:07:57.30	03:07:57.30	6:28	9.3
12	NOWAK PAWEŁ	877		WROCŁAW	POL	M30	6	M 12	00:32:04	00:54:28	02:27:40	03:08:04.15	03:08:04.15	6:29	9.3
13	KOŹBIELSKI SZYMON	813	BŁK	WROCŁAW	POL	M30	7	M 13	00:36:39	00:59:48	02:33:40	03:11:14.75	03:11:14.75	6:35	9.1
14	ANANICH ANDREY	705	BIAŁ.TM	WROCŁAW	BLR	M18	4	M 14	00:36:25	01:02:18	02:33:12	03:11:48.10	03:11:48.10	6:36	9.1
15	KACZMAREK MACIEJ	786	POLEOHEL	BARANOWO	POL	M30	8	M 15	00:34:00	00:58:06	02:29:44	03:14:16.75	03:14:16.75	6:41	9
16	SAJDUDA ADAM	925		WROCŁAW	POL	M18	5	M 16	00:34:03	00:58:14	02:30:01	03:15:05.65	03:15:05.65	6:43	8.9
17	HOJAN ŁUKASZ	773	FEHLAU RUN TEAM	CHOMECCICE	POL	M30	9	M 17	00:36:22	01:02:37	02:35:54	03:15:20.10	03:15:20.10	6:44	8.9
18	MORAWSKI FILIP	871		PUSZCZYKOWO	POL	M40	4	M 18	00:35:54	01:00:05	02:32:28	03:15:43.55	03:15:43.55	6:44	8.9
19	SZCZEPARA WOJCIECH	956		WROCŁAW	POL	M18	6	M 19	00:34:12	00:58:27	02:33:26	03:16:14.75	03:16:14.75	6:46	8.9
20	KUTYBA MARIUSZ	825	WOLNE ŚLIMAKI	POZNAŃ	POL	M40	5	M 20	00:35:16	01:00:10	02:36:40	03:16:46.20	03:16:46.20	6:47	8.8
21	WINTER PIOTR	988	NIGHT RUNNERS	CHOMECCICE	POL	M30	10	M 21	00:35:28	01:00:42	02:35:12	03:16:55.40	03:16:55.40	6:47	8.8
22	GOLEC MARCIN	756	PREDATORS WAŁBRZYCH	BOGUSZÓW GORCE	POL	M40	6	M 22	00:36:28	01:01:23	02:35:00	03:16:59.15	03:16:59.15	6:47	8.8
23	ŚCISŁO PRZEMYSŁAW	1042		POLKOWICE	POL	M50	1	M 23	00:34:04		02:34:14	03:17:02.80	03:17:02.80	6:47	8.8
24	GOŁĘBIOWSKI TYTUS	757	ULTRA FALUBAZ	ZIELONA GÓRA	POL	M30	11	M 24	00:32:23	00:55:32	02:32:17	03:17:24.75	03:17:24.75	6:48	8.8
25	ŁUKACKI DANIEL	841	#SOBASTEAM	DOMASZCZYN	POL	M40	7	M 25	00:36:11	01:01:04	02:38:35	03:18:38.30	03:18:38.30	6:50	8.8



**PÓLMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
26	ODOLAK PIOTR	881	STANWEX II	SULEJÓWEK	POL	M18	7	M 26	00:35:46	01:00:06	02:34:53	03:18:51.85	03:18:51.85	6:51	8.8
27	MACHOWICZ MACIEJ	1012	#BIEGAJLESZNO	LESZNO	POL	M30	12	M 27	00:35:15	01:00:09	02:35:15	03:19:19.35	03:19:19.35	6:52	8.7
28	SALEJ KRZYSZTOF	926	REDKOT	ZIELONA GÓRA	POL	M30	13	M 28	00:35:15	01:01:03	02:36:53	03:20:42.95	03:20:42.95	6:55	8.7
29	MAJEWSKI MACIEJ	846		ŚWIDNICA	POL	M40	8	M 29	00:34:54	00:59:31	02:37:06	03:20:46.50	03:20:46.50	6:55	8.7
30	GÓRECKI KRZYSZTOF	762		GRYFÓW ŚLĄSK	POL	M18	8	M 30	00:39:40	01:07:14	02:39:58	03:21:09.15	03:21:09.15	6:56	8.7
31	WIERZBICKI KRZYSZTOF	987	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	M30	14	M 31	00:34:19	00:58:05	02:39:10	03:23:08.20	03:23:08.20	7:00	8.6
32	WNUK TOMASZ	994	NAPRZÓD MŁOCINY	WARSZAWA	POL	M40	9	M 32	00:34:53	00:59:46	02:39:20	03:25:08.15	03:25:08.15	7:04	8.5
33	PLUCHA MICHAŁ	898	KOWARY BIEGAJĄ	KOWARY	POL	M40	10	M 33	00:35:52	01:01:07	02:38:06	03:25:48.30	03:25:48.30	7:05	8.5
34	SZUTA MACIEJ	965		GNIEZNO	POL	M30	15	M 34	00:36:31	01:01:13	02:41:00	03:26:43.30	03:26:43.30	7:07	8.4
35	PAWLIŃSKI ADAM	893	PRO-RUN WROCŁAW	WROCŁAW	POL	M40	11	M 35	00:38:59	01:06:13	02:42:50	03:27:00.75	03:27:00.75	7:08	8.4
36	PIECHOWIAK MAREK	894		POZNAŃ	POL	M40	12	M 36	00:35:02	01:00:01	02:41:39	03:27:59.45	03:27:59.45	7:10	8.4
37	MIELNIK MICHAŁ	860		POZNAŃ	POL	M30	16	M 37	00:39:40	01:06:35	02:42:30	03:30:17.65	03:30:17.65	7:15	8.3
38	TKOCZ ADAM	973		PODGÓRZYN	POL	M30	17	M 38	00:37:08	01:03:37	02:40:06	03:31:49.25	03:31:49.25	7:18	8.2
39	BOBORYCKI RAFAŁ	719	MOCNA GRUPA CEZARA	ŚRODA ŚLĄSKA	POL	M30	18	M 39	00:39:51	01:06:45	02:47:36	03:32:39.75	03:32:39.75	7:19	8.2
40	KOŁAKOWSKI TOMASZ	805		BYDGOSZCZ	POL	M30	19	M 40	00:35:58	01:00:11	02:45:54	03:32:53.00	03:32:53.00	7:20	8.2
41	KIELAR DANIEL	795	SIEMANKO_KARKONOSKI_PORAN KU	KRZEMIENICA	POL	M30	20	M 41	00:37:57	01:04:21	02:49:45	03:34:15.55	03:34:15.55	7:23	8.1
42	DREWNIAK MARIUSZ	739		JELEŃ GÓRA	POL	M40	13	M 42	00:41:03	01:09:00	02:46:16	03:34:31.45	03:34:31.45	7:23	8.1
43	PAPROCKI KRZYSZTOF	890		POLKOWICE	POL	M40	14	M 43	00:38:20	01:04:39	02:47:30	03:34:39.25	03:34:39.25	7:24	8.1
44	MARIN ALBERTO	850		POZNAŃ	POL	M30	21	M 44	00:38:25	01:04:51	02:48:33	03:34:39.70	03:34:39.70	7:24	8.1
45	ZBOROWSKI MARCIN	1006	ADIENT RUNNING TEAM	ŁAGÓW	POL	M30	22	M 45	00:39:59	01:05:54	02:48:03	03:35:40.05	03:35:40.05	7:26	8.1
46	WOJCIECHOWSKI DARIUSZ	995	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	15	M 46	00:38:21	01:04:39	02:49:37	03:36:22.40	03:36:22.40	7:27	8
47	JĘDRZEJCZAK WOJCIECH	784		ŁÓDŹ	POL	M50	2	M 47	00:39:37	01:07:20	02:51:25	03:36:44.60	03:36:44.60	7:28	8
48	TOMKOWIAK SŁAWOMIR	977		POZNAŃ	POL	M30	23	M 48	00:39:41	01:06:34	02:49:37	03:38:32.30	03:38:32.30	7:32	8
49	MALINA MICHAŁ	847		KRAKÓW	POL	M30	24	M 49	00:39:23	01:06:32	02:51:01	03:39:02.95	03:39:02.95	7:33	7.9
50	RATAJCZAK PAWEŁ	916	RATAJCZAKTEAM	ZIELONA GÓRA	POL	M40	16	M 50	00:40:11	01:07:13	02:50:56	03:40:35.00	03:40:35.00	7:36	7.9
51	PODGRUSZECKI MICHAŁ	1011		WROCŁAW	POL	M30	25	M 51	00:42:13	01:09:52	02:52:34	03:41:31.25	03:41:31.25	7:38	7.9
52	PAŁYSA ROBERT	888	STANWEX II	JÓZEFÓW	POL	M18	9	M 52	00:39:59	01:08:31	02:53:50	03:42:11.35	03:42:11.35	7:39	7.8
53	DOMAŃ LESZEK	738	FEHLAU RUN TEAM	KIEKRZ	POL	M40	17	M 53	00:40:02	01:07:05	02:56:20	03:43:08.30	03:43:08.30	7:41	7.8
54	KUBICKI MARIUSZ	820	DOBRA FORMA	KLUCZBORK	POL	M40	18	M 54	00:37:01	01:03:43	02:51:18	03:43:34.05	03:43:34.05	7:42	7.8
55	GREŁAK ADAM	766	WOLSZTYN BIEGA	KARPICKO	POL	M30	26	M 55	00:39:04	01:04:23	02:57:10	03:44:21.45	03:44:21.45	7:44	7.8
56	MAZUREK ARTUR	855	TREMONTI SKI&BIKE RESORT	CZARNY BÓR	POL	M50	3	M 56	00:38:39	01:05:51	02:54:52	03:44:33.90	03:44:33.90	7:44	7.7
57	STĘSIK TOMASZ	951		NOWE TŁOKI	POL	M30	27	M 57	00:47:03	01:19:07	02:59:12	03:45:27.00	03:45:27.00	7:46	7.7
58	TOMCZUK KRZYSZTOF	975		WROCŁAW	POL	M40	19	M 58	00:39:41	01:06:52	02:54:29	03:46:20.90	03:46:20.90	7:48	7.7
59	SZCZĘSNY PAWEŁ	959		WROCŁAW	POL	M30	28	M 59	00:40:40	01:09:49	02:57:15	03:46:51.95	03:46:51.95	7:49	7.7
60	POLAK BARTOSZ	901		WROCŁAW	POL	M30	29	M 60	00:39:50	01:06:53	02:56:06	03:47:23.85	03:47:23.85	7:50	7.7
61	SZERMENT ERYK	961	MAZURTEAM	GORZÓW WIELKOPOLSKI	POL	M40	20	M 61	00:40:28	01:08:29	02:57:15	03:47:26.45	03:47:26.45	7:50	7.7
62	LUBELCZYK GRZEGORZ	834	SPELEOCLUB WROCŁAW	MIEKINIA	POL	M50	4	M 62	00:42:43	01:11:34	02:59:50	03:48:16.75	03:48:16.75	7:52	7.6
63	LISOWICZ KRZYSZTOF	1049		POZNAŃ	POL	M40	21	M 63	00:42:16	02:59:12	03:48:23.90	03:48:23.90	03:48:23.90	7:52	7.6
64	SKOWYRSKI JANUSZ	935		STARE BIELICE	POL	M60	1	M 64	00:38:27	01:05:58	02:55:59	03:48:59.85	03:48:59.85	7:53	7.6
65	KUBIAK DARIUSZ	818	KKKLEGNICA	LEGNICA	POL	M60	2	M 65	00:39:34	01:07:31	02:57:57	03:49:10.05	03:49:10.05	7:54	7.6
66	ADAMSKI ANDRZEJ	704	SZYNSZYLA GNIEZNO	GNIEZNO	POL	M18	10	M 66	00:36:07	01:02:39	02:54:04	03:49:20.30	03:49:20.30	7:54	7.6
67	NIŻEWSKI PAWEŁ	874	KRAKOWIAK ULTRA TEAM	CZAPURY	POL	M40	22	M 67	00:39:39	01:08:55	03:01:24	03:50:25.75	03:50:25.75	7:56	7.6
68	SOBAŃSKI BARTOSZ	937	DZIKIE ŻYCIE RUNTEAM	POZNAŃ	POL	M30	30	M 68	00:42:43	01:10:35	03:03:23	03:50:53.65	03:50:53.65	7:57	7.5
69	DECHNIK ŁUKASZ	735	I W GÓRE I W DÓŁ	WROCŁAW	POL	M40	23	M 69	00:41:14	01:11:03	03:02:05	03:51:36.70	03:51:36.70	7:59	7.5
70	LEWANDOWSKI PIOTR	832	AKTYWNY DOLNOŚLĄZAK	OLAWA	POL	M30	31	M 70	00:40:56	01:08:50	03:03:24	03:54:05.65	03:54:05.65	8:04	7.4
71	PAWEŁCZYK KRZYSZTOF	891	SOBASTEAM	KIELCE	POL	M40	24	M 71	00:39:41	01:07:26	03:03:25	03:54:13.80	03:54:13.80	8:04	7.4
72	SZUMIŃSKI ARTUR	963		PIELGRZYMKI	POL	M40	25	M 72	00:42:42	01:10:15	03:06:49	03:54:52.00	03:54:52.00	8:05	7.4
73	JAKUBCZAK WOJCIECH	778		STRZYKUŁY	POL	M40	26	M 73	00:42:25	01:09:46	03:04:58	03:55:52.00	03:55:52.00	8:08	7.4
74	TORZEWSKI PRZEMYSŁAW	978		WĄGROWIEC	POL	M30	33	M 74	00:42:25	01:10:50	03:04:30	03:56:10.80	03:56:10.80	8:08	7.4
75	ROMANIUK BARTOSZ	921		WROCŁAW	POL	M30	34	M 75	00:44:40	01:15:10	03:08:29	03:57:35.60	03:57:35.60	8:11	7.3
76	ŚLIPKO SZYMON	969		JELEŃ GÓRA	POL	M30	35	M 76	00:41:43	01:10:09	03:04:39	03:59:39.65	03:59:39.65	8:15	7.3
77	BUGAJ ALAN	726		CZARNY BÓR	POL	M30	36	M 77	00:44:26	01:15:20	03:06:17	03:59:44.30	03:59:44.30	8:16	7.3
78	WIŚNICKI MICHAŁ	989		SOSNOWKA	POL	M30	37	M 78	00:44:10	01:17:22	03:12:13	03:59:54.25	03:59:54.25	8:16	7.3
79	BARTOSIEWICZ ADAM	713		GRYFINO	POL	M40	27	M 79	00:42:42	01:13:09	03:11:03	04:00:07.70	04:00:07.70	8:16	7.2
80	GROBELNY SZYMON	767		BYDGOSZCZ	POL	M30	38	M 80	00:39:35	01:06:01	03:02:28	04:00:12.15	04:00:12.15	8:16	7.2

**PÓŁMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
81	STACHERSKI ŁUKASZ	944		PLEWISKA	POL	M40	28	M 82	00:43:36	01:14:14	03:11:13	04:02:40.95	04:02:40.95	8:22	7.2
82	ZAGROBELNY RADOSŁAW	1002	MONKO COFFEE	WROCŁAW	POL	M50	5	M 83	00:40:15	01:08:36	03:06:33	04:03:06.95	04:03:06.95	8:22	7.2
83	KACZOR PAWEŁ	788		KOMORNIKI	POL	M30	39	M 84	00:40:53	01:07:25	03:06:22	04:03:33.10	04:03:33.10	8:23	7.1
84	ABULEWICZ WOJCIECH	701	TRENING STUDIO 17	WROCŁAW	POL	M50	6	M 85	00:42:25	01:13:37	03:12:33	04:04:31.95	04:04:31.95	8:25	7.1
85	MOCZULSKI JAREK	866		ŻARÓW	POL	M50	7	M 86	00:38:29	01:07:27	03:11:35	04:04:36.55	04:04:36.55	8:26	7.1
86	PISKORSKI ŁUKASZ	897		POZNAŃ	POL	M30	40	M 87	00:41:59	01:12:26	03:10:44	04:05:32.45	04:05:32.45	8:28	7.1
87	WALKOWIAK DAMIAN	1017	#BIEGAJLESZNO	LESZNO	POL	M30	41	M 88	00:41:35	01:09:55	03:12:15	04:05:32.50	04:05:32.50	8:28	7.1
88	GAJLEWICZ PIOTR	747		SZCZECIN	POL	M40	29	M 89	00:40:17	01:08:14	03:06:19	04:05:50.05	04:05:50.05	8:28	7.1
89	STASIAK ŁUKASZ	949		LUBIN	POL	M30	42	M 90	00:44:11	01:17:08	03:14:42	04:06:33.85	04:06:33.85	8:30	7.1
90	MACIEJEWSKI WOJCIECH	845	WOLFKTEK WOJCIECH MACIEJEWSKI	POZNAŃ	POL	M18	11	M 91	00:40:04	01:08:30	03:13:23	04:07:06.45	04:07:06.45	8:31	7
91	WRÓBLEWSKI WOJCIECH	1001		WROCŁAW	POL	M30	43	M 92	00:39:08	01:07:43	03:10:45	04:07:33.45	04:07:33.45	8:32	7
92	GRAMALA MATEUSZ	765		KRAPKOWICE	POL	M18	12	M 93	00:43:29	01:13:54	03:14:41	04:07:40.75	04:07:40.75	8:32	7
93	OLSZEWSKI PIOTR	884		LWÓWEK ŚLĄSKI	POL	M40	30	M 94	00:42:35	01:11:49	03:01:01	04:08:07.60	04:08:07.60	8:33	7
94	BUSZEWSKI ZBYSZEK	728		KARPICKO	POL	M30	44	M 95	00:45:12	01:16:34	03:12:33	04:08:15.95	04:08:15.95	8:33	7
95	PRUSZCZYŃSKI PIOTR	905		WROCŁAW	POL	M40	31	M 96	00:42:26	01:11:58	03:12:45	04:08:57.40	04:08:57.40	8:35	7
96	BIELAWSKI PAWEŁ	717		JELEŃ GÓRA	POL	M30	45	M 97	00:40:44	01:11:13	03:13:17	04:09:24.35	04:09:24.35	8:36	7
97	PUSZCZYKOWSKI GRZEGORZ	909		INOWŁÓDZ	POL	M50	8	M 98	00:45:42	01:17:13	03:17:29	04:09:51.10	04:09:51.10	8:36	7
98	ŁOBOS MARIUSZ	837		WAŁBRZYCH	POL	M50	9	M 99	00:40:38	01:10:26	03:14:33	04:10:09.25	04:10:09.25	8:37	7
99	PIETKUN NORBERT	895	HERNIK TEAM	CZŁOPA	POL	M18	13	M 100	00:43:25	01:12:03	03:14:07	04:11:28.30	04:11:28.30	8:40	6.9
100	KĘDZIERSKI MICHAŁ	792		KLENICA	POL	M30	46	M 101	00:43:25	01:12:03	03:14:07	04:11:28.40	04:11:28.40	8:40	6.9
101	KONIECZNY MARCIN	806	NOA	KSIĘGINICE	POL	M30	47	M 102	00:45:46	01:16:07	03:15:30	04:11:31.25	04:11:31.25	8:40	6.9
102	ROKSELA WOJCIECH	920		OSTRÓW WIELKOPOLSKI	POL	M60	3	M 103	00:43:40	01:13:59	03:14:02	04:11:37.45	04:11:37.45	8:40	6.9
103	ŁUCZAK MACIEJ	840	BANDA RYCHA	MROWINO	POL	M40	32	M 104	00:42:06	01:11:41	03:06:26	04:12:29.85	04:12:29.85	8:42	6.9
104	MATYSKIEWICZ MATEUSZ	854		JELEŃ GÓRA	POL	M30	48	M 105	00:46:33	01:17:10	03:16:01	04:12:38.40	04:12:38.40	8:42	6.9
105	RADOSZ FILIP	913		WROCŁAW	POL	M30	49	M 106	00:45:43	01:15:07	03:16:59	04:14:01.85	04:14:01.85	8:45	6.8
106	HARAŻNY ŁUKASZ	1043		ŚWIDNICA	POL	M40	33	M 107	00:42:55	01:14:41	03:14:56	04:14:21.90	04:14:21.90	8:46	6.8
107	ORLIKOWSKI JACEK	885		POZNAŃ	POL	M40	34	M 108	00:42:44	01:11:48	03:20:59	04:16:30.45	04:16:30.45	8:50	6.8
108	MORAWSKI WOJCIECH	870		WROCŁAW	POL	M30	50	M 109	00:43:59	01:14:50	03:12:39	04:16:40.00	04:16:40.00	8:51	6.8
109	KALEŃSKI-JAŚKIEWICZ ŁUKASZ	790	J&J	WARSZAWA	POL	M30	51	M 110	00:43:19	01:13:03	03:18:51	04:16:45.70	04:16:45.70	8:51	6.8
110	FURMANOWSKI PAWEŁ	746		WARSZAWA	POL	M18	14	M 111	00:44:08	01:14:38	03:17:46	04:17:14.30	04:17:14.30	8:52	6.8
111	SZCZEPANSKI BARTOSZ	954	REBELS SOFTWARE	WROCŁAW	POL	M30	52	M 112	00:40:24	01:09:53	03:19:57	04:17:32.75	04:17:32.75	8:52	6.8
112	PRYMULA KRYSZTOF	906		POZNAŃ	POL	M18	15	M 113	00:44:47	01:14:37	03:18:17	04:18:08.65	04:18:08.65	8:54	6.7
113	MOKRZYCKI BOGDAN	868		KRZOSZOWICE	POL	M40	35	M 115	00:40:33	01:09:03	03:17:22	04:18:56.20	04:18:56.20	8:55	6.7
114	IGNASZEWSKI ŁUKASZ	776		ZIELONA GÓRA	POL	M30	53	M 116	00:42:22	01:12:53	03:23:42	04:19:59.80	04:19:59.80	8:57	6.7
115	PURCZYŃSKI GRZEGORZ	907		ZIELONA GÓRA	POL	M40	36	M 117	00:42:23	01:12:53	03:23:57	04:19:59.95	04:19:59.95	8:57	6.7
116	WALIGÓRSKI ŁUKASZ	982		WOLSZTYN	POL	M30	54	M 118	00:47:15	01:17:44	03:25:03	04:20:45.75	04:20:45.75	8:59	6.7
117	CYBULSKI PIOTR	730		GÓRA	POL	M40	37	M 119	00:43:38	01:12:41	03:23:22	04:21:34.50	04:21:34.50	9:01	6.7
118	ZAPOTOCZNY MARIUSZ	1004		WROCŁAW	POL	M40	38	M 120	00:42:20	01:11:42	03:17:46	04:22:46.55	04:22:46.55	9:03	6.6
119	DERDICH MARIUSZ	1047			POL	M40	39	M 121	00:47:11	01:20:28	03:27:56	04:22:59.50	04:22:59.50	9:04	6.6
120	PIETRZAK MAREK	896		ZALASEWO	POL	M40	40	M 122	00:44:28	01:14:44	03:23:47	04:25:01.75	04:25:01.75	9:08	6.6
121	RABENDA PAWEŁ	912		WARSZAWA	POL	M30	55	M 123	00:44:07	01:14:20	03:25:38	04:25:45.05	04:25:45.05	9:09	6.5
122	WOŹNIAK SEBASTIAN	1000		BOLESŁAWIEC	POL	M40	41	M 124	00:46:09	01:17:17	03:26:25	04:26:42.00	04:26:42.00	9:11	6.5
123	SZUMSKI ZBIGNIEW	964		ŚWIEBODZIN	AFG	M50	10	M 125	00:43:53	01:14:30	03:30:50	04:27:04.70	04:27:04.70	9:12	6.5
124	ŁOPATA WITOLD	839	WOLSZTYŃSKI KLUB BIEGOWY	WOLSZTYN	POL	M40	42	M 126	00:44:41	01:13:16	03:22:55	04:27:23.30	04:27:23.30	9:13	6.5
125	SZCZĘSNY MACIEJ	958		ŚWIEBODZIN	POL	M60	4	M 127	00:42:09	01:13:57	03:28:12	04:27:41.45	04:27:41.45	9:13	6.5
126	KRYCZEK PIOTR	816		WARSZAWA	POL	M50	11	M 128	00:46:55	01:21:42	03:33:03	04:28:03.70	04:28:03.70	9:14	6.5
127	KWIECIŃSKI ŁUKASZ	826	J&J	WARSZAWA	POL	M40	43	M 129	00:46:55	01:19:51	03:29:01	04:28:09.45	04:28:09.45	9:14	6.5
128	KOWNACKI KRZYSZTOF	810	KISZOL TEAM	POZNAŃ	POL	M30	56	M 130	00:42:34	01:11:53	03:18:05	04:28:54.55	04:28:54.55	9:16	6.5
129	LIS WOJCIECH	833	WIERZBICKI RUNNING PROJECT	WAWRÓW	POL	M40	44	M 131	00:43:56	01:14:42	03:29:16	04:30:05.35	04:30:05.35	9:18	6.4
130	JĘDRZEJAK ARKADIUSZ	783		KOMORNIKI	POL	M40	45	M 132	00:44:02	01:16:23	03:27:07	04:30:39.60	04:30:39.60	9:19	6.4
131	SOWIŃSKI KONRAD	940		SZCZECIN	POL	M30	57	M 133	00:42:23	01:12:09	03:22:49	04:30:49.45	04:30:49.45	9:20	6.4
132	KNĄBER PIOTR	802		WARSZAWA	POL	M30	58	M 134	00:48:08	01:21:18	03:34:43	04:33:09.90	04:33:09.90	9:25	6.4
133	WIŚNIEWSKI RAFAŁ	991	KWP POZNAŃ	KRAJENKA	POL	M30	59	M 135	00:44:14	01:15:30	03:32:24	04:34:01.15	04:34:01.15	9:26	6.3
134	KIKUT MARCIN	796		LUSOWKO	POL	M30	60	M 136	00:52:50	01:28:00	03:40:08	04:34:25.40	04:34:25.40	9:27	6.3
135	MARCZEWSKI TOMASZ	849		GORZÓW WLKP.	POL	M50	12	M 137	00:44:29	01:15:22	03:33:59	04:35:07.90	04:35:07.90	9:29	6.3
136	SZCZUREK MICHAŁ	960		WROCŁAW	POL	M30	61	M 138	00:47:37	01:19:44	03:34:45	04:37:06.55	04:37:06.55	9:33	6.3

**PÓLMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
137	CHABER TOMASZ	729	TOMASZ CHABER	POZNAŃ	POL	M30	62	M 139	00:47:48	01:22:05	03:38:44	04:37:39.20	04:37:39.20	9:34	6.3
138	SERAFIN MICHAŁ	929	HWBC	WROCŁAW	POL	M40	46	M 140	00:47:32	01:21:15	03:39:18	04:38:41.00	04:38:41.00	9:36	6.2
139	MIASTA GRZEGORZ	864	DTR TRZEBNICA BIEGA / MARIO TEAM	ŚWIĄTNIKI	POL	M40	47	M 141	00:47:16	01:18:09	03:37:32	04:39:37.80	04:39:37.80	9:38	6.2
140	KUBIK MATEUSZ	821	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	63	M 142	00:46:07	01:19:00	03:38:27	04:40:21.85	04:40:21.85	9:40	6.2
141	WALCZAK MICHAŁ	1041		LISOWICE		M40	48	M 143	00:44:51	01:18:41	03:35:26	04:41:10.85	04:41:10.85	9:41	6.2
142	MATKOWSKI WIKTOR	1045	RENA WYKROTY	LWÓWEK ŚLĄSKI	POL	M30	64	M 144	00:41:41	01:12:57	03:26:46	04:42:51.30	04:42:51.30	9:45	6.2
143	PRAGACZ ADAM	904		WARSZAWA	POL	M18	17	M 145	00:48:55	01:23:58	03:40:45	04:44:12.65	04:44:12.65	9:48	6.1
144	KĘPSKI GRZEGORZ	1046		BARANOWO	POL	M30	65	M 146	00:47:06	01:21:00	03:40:06	04:44:52.60	04:44:52.60	9:49	6.1
145	BALIŃSKI WIKTOR	709	#ALWAYS_HARDCORE	POZNAŃ	POL	M18	18	M 147	00:43:22	01:13:49	03:39:40	04:46:04.95	04:46:04.95	9:51	6.1
146	PACIULON KRZYSZTOF	887	ONE MAN RUNNING	KARWIANY	POL	M40	49	M 148	00:44:38	01:16:15	03:43:02	04:46:20.85	04:46:20.85	9:52	6.1
147	NOWAK MACIEJ	978	SPEED FEET '16	POZNAŃ	POL	M40	50	M 149	00:43:09	01:13:30	03:38:55	04:46:47.00	04:46:47.00	9:53	6.1
148	POPIEL JAN	803		WROCŁAW	POL	M40	51	M 150	00:41:19	01:11:20	03:36:20	04:48:51.40	04:48:51.40	9:57	6
149	KOZŁOWSKI TOMASZ	812	LESZNO LIMITS RUNNERS	LESZNO	POL	M50	13	M 151	00:50:24	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
150	ŚWIATŁOWSKI KRZYSZTOF	971		NOWA SÓL	POL	M40	52	M 152	00:43:27	01:13:49	03:38:21	04:50:26.10	04:50:26.10	10:00	6
151	SKÓRA LESZEK	936	IZBICKO W BIEGU	IZBICKO	POL	M40	53	M 153	00:48:51	01:23:24	03:47:16	04:50:47.50	04:50:47.50	10:01	6
152	SKOWRONEK TOMASZ	934		POZNAŃ	POL	M30	66	M 154	00:42:40	01:12:20	03:41:16	04:54:12.15	04:54:12.15	10:08	5.9
153	LEŚNIAK GRZEGORZ	831		OSTRÓW WIELKOPOLSKI	POL	M40	54	M 155	00:47:21	01:19:44	03:45:13	04:56:47.75	04:56:47.75	10:14	5.9
154	BĘBAS PAWEŁ	716		WROCŁAW	POL	M40	55	M 156	00:49:24	01:23:17	03:54:47	04:58:46.85	04:58:46.85	10:18	5.8
155	GARCZYK PRZEMEK	749		KOZIEGŁOWY	AFG	M30	67	M 157	00:45:45	01:19:34	03:48:39	04:59:09.70	04:59:09.70	10:18	5.8
156	PLUTA TOMASZ	899	LEAD-UP BEATA PLUTA	SZCZECIN	POL	M50	14	M 158	00:48:04	01:23:42	03:57:34	04:59:46.05	04:59:46.05	10:20	5.8
157	SIELUTIN WADIM	930	KB LEW LEGNICA 2000	LEGNICA	POL	M60	5	M 159	00:47:17	01:20:31	03:56:35	05:02:12.55	05:02:12.55	10:25	5.8
158	ROSZKOWSKI MARCIN	922		WROCŁAW	POL	M30	68	M 160	00:50:04	01:25:18	03:51:47	05:02:16.80	05:02:16.80	10:25	5.8
159	BORKOWSKI KRZYSZTOF	722		GORZÓW WIELKOPOLSKI	POL	M40	56	M 161	00:47:55	01:23:13	03:55:20	05:02:20.15	05:02:20.15	10:25	5.8
160	JAROCH MICHAŁ	782	MARKOWI BIEGACZE	MARKI	POL	M40	57	M 162	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
161	HARASZCZUK KRYSZTIAN	769		SZCZECIN	POL	M30	69	M 163	00:49:41	01:23:38	03:52:46	05:05:10.05	05:05:10.05	10:31	5.7
162	GOTTFRIED LESZEK	761	EY RUN4FUN	DOBRYKOWICE	POL	M30	70	M 164	00:52:20	01:27:44	03:51:02	05:05:37.75	05:05:37.75	10:32	5.7
163	MAZURKIEWICZ MARIUSZ	856		KĘDZIERZYN-KOZŁE	POL	M50	15	M 165	00:47:32	01:21:15	03:50:39	05:07:47.80	05:07:47.80	10:36	5.7
164	KRZECZKOWSKI ROMAN	817	CUDO KOMBUCHA TEAM	ŚWIDNICA	POL	M50	16	M 166	00:52:37	01:29:08	03:59:07	05:10:47.50	05:10:47.50	10:43	5.6
165	KŁUJSZO DAREK	799		KWIRYNÓW	POL	M30	71	M 167	00:52:21	01:29:32	04:11:00	05:20:56.45	05:20:56.45	11:04	5.4
166	GŁUCHOWSKI JACEK	755	BB RUNNERS	BIELSKO-BIAŁA	POL	M40	58	M 168	00:53:40	01:30:48	04:14:48	05:21:43.05	05:21:43.05	11:05	5.4
167	STARCZEWSKI KRZYSZTOF	948	ULTRA DIABLY TEAM LUBRZA	ŚWIEBODZIN	POL	M50	17	M 169	00:49:54	01:26:34	04:02:36	05:22:05.05	05:22:05.05	11:06	5.4
168	RUDZIEWICZ MICHAŁ	923		SZCZECIN	POL	M40	59	M 170	00:47:29	01:18:39	04:08:32	05:24:21.05	05:24:21.05	11:11	5.4
169	CZACZYK LUKASZ	731		POZNAŃ	POL	M30	72	M 171	00:48:55	01:23:25	04:08:02	05:26:15.10	05:26:15.10	11:15	5.3
170	SZYMCZAK ŁUKASZ	966	FARTY PUSZCZY	SZCZECIN	POL	M40	60	M 172	00:55:30	01:34:32	04:17:52	05:28:51.95	05:28:51.95	11:20	5.3
171	HARASZCZUK JERZY	771		ZĄŁOM	POL	M50	18	M 173	00:52:47	01:29:48	04:23:52	05:34:20.30	05:34:20.30	11:31	5.2
172	BORODYN ANDRZEJ	723	FARTY PUSZCZY	SZCZECIN	POL	M40	61	M 174	00:55:31	01:35:09	04:21:50	05:36:08.55	05:36:08.55	11:35	5.2
173	GARSTKA PAWEŁ	750	KAMA RUN CZARNKÓW	ROMANOWO DOLNE	POL	M30	73	M 175	00:52:12	01:29:51	04:28:24	05:40:37.25	05:40:37.25	11:44	5.1
174	WIECZOREK NORBERT	986	ROZBIEGANE WIECZORKI	BOGATYNIA	POL	M40	62	M 176	01:00:36	01:42:41	04:34:50	05:43:53.75	05:43:53.75	11:51	5.1
175	SIWA MICHAŁ	932		ŚWIEBODZIN	POL	M30	74	M 177	00:53:04	01:31:45	04:27:40	05:45:21.20	05:45:21.20	11:54	5
176	KLOC MACIEJ	797	ORTHOS TEAM	WROCŁAW	POL	M18	19	M 178	00:52:36	01:31:59	04:21:06	05:45:57.25	05:45:57.25	11:55	5
177	CZECHOWICZ JAROSŁAW	1016		GORZÓW WIELKOPOLSKI	POL	M50	19	M 179	00:51:32	01:25:44	04:33:31	05:50:47.55	05:50:47.55	12:05	5
178	BASTA GRZEGORZ	714		GORZÓW WIELKOPOLSKI	POL	M40	63	M 180	00:53:02	01:32:44	04:39:37	05:59:28.65	05:59:28.65	12:23	4.8
179	KUMOR PRZEMYSŁAW	824	KUMFLO SNAILS INC	DOBRYKOWICE	POL	M40	64	M 181	00:48:50	01:24:22	04:29:32	06:00:18.10	06:00:18.10	12:25	4.8
180	ZARĘBA KONRAD	1005	GRUBA KRASNOLUDY	DOBRYKOWICE	POL	M40	65	M 182	00:48:49	01:24:24	04:29:33	06:00:19.00	06:00:19.00	12:25	4.8
181	WOJTECZEK JÓZEF	997	KGHM O/LEGNICA	BOLESŁAWIEC	POL	M50	20	M 183	00:53:50	01:28:48	04:48:09	06:05:19.80	06:05:19.80	12:35	4.8
182	SREBRO MICHAŁ	942		POZNAŃ	POL	M50	21	M 184	00:54:24	01:37:26	04:47:35	06:05:34.45	06:05:34.45	12:36	4.8
183	KRAKOWIAK WIESŁAW	815	KRAKOWIAK TEAM	MOSINA	POL	M50	22	M 185	00:50:14	01:27:32	04:43:21	06:06:57.00	06:06:57.00	12:39	4.7
184	BARAŃSKI STANISŁAW	712	HUSARIA NIEGOSŁAWICE	NIEGOSŁAWICE	POL	M50	23	M 186	00:57:00	01:38:36	04:43:38	06:13:58.00	06:13:58.00	12:53	4.7
185	LACH JAKUB	827		JELENIA GÓRA	POL	M40	66	M 187	00:57:33	01:41:12	04:59:34	06:15:34.95	06:15:34.95	12:57	4.6
186	NOWAKOWSKI PAWEŁ	880		JANKOWA ŻAGANSKA	POL	M40	67	M 188	01:00:08	01:42:35	04:50:27	06:19:40.05	06:19:40.05	13:05	4.6
187	NOWAKOWSKI SŁAWOMIR	879		HIPOLITÓW	POL	M40	68	M 189	01:00:07	01:42:37	04:50:31	06:19:40.20	06:19:40.20	13:05	4.6
188	SREBRO KACPER	943		POZNAŃ	POL	M18	20	M 190	00:58:20		05:00:03	06:22:33.45	06:22:33.45	13:11	4.5
189	SZCZEPAŃSKI SŁAWOMIR	955	GALVARINO RUN TEAM	WROCŁAW	POL	M40	69	M 191	00:48:51	01:23:01	03:51:54	06:28:35.20	06:28:35.20	13:23	4.5
190	KOWNACKI ARKADIUSZ	809	DRUŻYNA SZPIKU / WATAHA ŁĄCZY NAS BIEGANIE	WITKOWO	POL	M50	24	M 192	01:02:03	01:46:54	05:07:46	06:31:11.95	06:31:11.95	13:29	4.4
191	FLOREK KRZYSZTOF	745	GRUBE KRASNOLUDY	DOBRYKOWICE	POL	M40	70	M 193	00:48:52	01:23:01	03:51:56	06:37:30.45	06:37:30.45	13:42	4.4

**PÓŁMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
192	PNIEWSKI SŁAWOMIR	1015		GORZÓW WIELKOPOLSKI	POL	M30	75	M 194	01:01:23		05:07:47	06:50:40.80	06:50:40.80	14:09	4.2
193	JÓZEFIACIUK WIESŁAW	1048		ŁÓDŹ	POL	M60	6	M 195	01:08:34	01:56:34	05:50:02	07:26:46.45	07:26:46.45	15:24	3.9
	STACHOWIAK TOMASZ	945		WOLSZTYN	POL	M40			00:39:04	01:05:11	03:17:28	DNF	DNF	-	-
									DNF	DNF	DNF				
	MĘŻYKOWSKI MICHAŁ	859	FORMA NA SZCZYT	WARSZAWA	POL	M40			00:35:37	01:01:17	DNF	DNF	DNF	-	-
									DNF	DNF					

**PÓŁMARATON Z GÓRKĄ, K18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	SASIN DOMINIKA	927	ŻELAZNA ŚWIDNICA	ŚWIDNICA	POL	K18	1	K 10	00:39:52	01:07:38	02:54:15	03:47:34.45	03:47:34.45	7:50	7.6
2	SOWIŃSKA ALEKSANDRA	939		SZCZECIN	POL	K18	2	K 11	00:41:28	01:09:13	02:59:41	03:48:37.85	03:48:37.85	7:53	7.6
3	HISZPAŃSKA ANNA	772		OPOLE	POL	K18	3	K 19	00:43:39	01:12:54	03:16:02	04:07:11.35	04:07:11.35	8:31	7
4	ADAMSKA PAULINA	703	SZYSZYLA GNIEZNO	GNIEZNO	POL	K18	4	K 26	00:42:32	01:11:51	03:16:17	04:15:49.75	04:15:49.75	8:49	6.8
5	MACHNICKA WIKTORIA	844		GOLECZEWO	POL	K18	5	K 32	00:44:40	01:14:28	03:18:07	04:19:05.75	04:19:05.75	8:56	6.7
6	GDOWSKA GABRIELA	751		JELENIA GÓRA	POL	K18	6	K 34	00:44:06	01:16:51	03:26:32	04:25:36.30	04:25:36.30	9:09	6.6
7	KORNOWICZ MARTYNA MAJKA	807		POZNAŃ	POL	K18	7	K 37	00:47:59	01:21:05	03:34:06	04:29:04.75	04:29:04.75	9:16	6.5

**PÓŁMARATON Z GÓRKĄ, M18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h	
1	LESNIAK KAMIL	1050	HDKIA GARMIN TEAM	POZNAŃ	POL	M18	1	M 2	00:28:18	00:49:20	02:03:30	02:37:31.10	02:37:31.10	5:25	11	
2	BAJAN FILIP	708	LAB-BUD.COM	ZIELONA GÓRA	POL	M18	2	M 7	00:31:01	00:53:30	02:21:37	03:00:38.90	03:00:38.90	6:13	9.6	
3	POLACZEK DANIEL	900		OTMICE	POL	M18	3	M 9	00:34:20	00:58:08	02:25:24	03:03:15.20	03:03:15.20	6:19	9.5	
4	ANANICH ANDREY	705	BIAŁ.TM	WROCŁAW	BLR	M18	4	M 14	00:36:25	01:02:18	02:33:12	03:11:48.10	03:11:48.10	6:36	9.1	
5	SAJDUDA ADAM	925		WROCŁAW	POL	M18	5	M 16	00:34:03	00:58:14	02:30:01	03:15:05.65	03:15:05.65	6:43	8.9	
6	SZCZEPARA WOJCIECH	956		WROCŁAW	POL	M18	6	M 19	00:34:12	00:58:27	02:33:26	03:16:14.75	03:16:14.75	6:46	8.9	
7	ODOLAK PIOTR	881	STANWEX II	SULEJÓWEK	POL	M18	7	M 26	00:35:46	01:00:06	02:34:53	03:18:51.85	03:18:51.85	6:51	8.8	
8	GÓRECKI KRZYSZTOF	762		GRYFÓW ŚLĄSK	POL	M18	8	M 30	00:39:40	01:07:14	02:39:58	03:21:09.15	03:21:09.15	6:56	8.7	
9	PAŁYSA ROBERT	888	STANWEX II	JÓZEFÓW	POL	M18	9	M 52	00:39:59	01:08:31	02:53:50	03:42:11.35	03:42:11.35	7:39	7.8	
10	ADAMSKI ANDRZEJ	704	SZYSZYLA GNIEZNO	GNIEZNO	POL	M18	10	M 66	00:36:07	01:02:39	02:54:04	03:49:20.30	03:49:20.30	7:54	7.6	
11	MACIEJEWSKI WOJCIECH	845	MACIEJEWSKI	WOLFTEK WOJCIECH	POZNAŃ	POL	M18	11	M 91	00:40:04	01:08:30	03:13:23	04:07:06.45	04:07:06.45	8:31	7
12	GRAMALA MATEUSZ	765		KRAPKOWICE	POL	M18	12	M 93	00:43:29	01:13:54	03:14:41	04:07:40.75	04:07:40.75	8:32	7	
13	PIETKUN NORBERT	895	HERNIK TEAM	CZŁOPA	POL	M18	13	M 100	00:43:25	01:12:03	03:14:07	04:11:28.30	04:11:28.30	8:40	6.9	
14	FURMANOWSKI PAWEŁ	746		WARSZAWA	POL	M18	14	M 111	00:44:08	01:14:38	03:17:46	04:17:14.30	04:17:14.30	8:52	6.8	
15	PRYMUŁA KRYSZTOF	906		POZNAŃ	POL	M18	15	M 113	00:44:47	01:14:37	03:18:17	04:18:08.65	04:18:08.65	8:54	6.7	
16	ZINÓW MICHAŁ	1008		MIRSK	POL	M18	16	M 114	00:44:54	01:15:53	03:20:15	04:18:33.75	04:18:33.75	8:54	6.7	
17	PRAGACZ ADAM	904		WARSZAWA	POL	M18	17	M 145	00:48:55	01:23:58	03:40:45	04:44:12.65	04:44:12.65	9:48	6.1	
18	BALIŃSKI WIKTOR	709	#ALWAYS_HARDCORE	POZNAŃ	POL	M18	18	M 147	00:43:22	01:13:49	03:39:40	04:46:04.95	04:46:04.95	9:51	6.1	
19	KLOC MACIEJ	797	ORTHOS TEAM	WROCŁAW	POL	M18	19	M 178	00:52:36	01:31:59	04:21:06	05:45:57.25	05:45:57.25	11:55	5	
20	SREBRO KACPER	943		POZNAŃ	POL	M18	20	M 190	00:58:20		05:00:03	06:22:33.45	06:22:33.45	13:11	4.5	

**PÓŁMARATON Z GÓRKĄ, K30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	GOMOŁYSEK KINGA	758		WROCŁAW	POL	K30	1	K 1	00:32:03	00:54:26	02:23:37	03:00:39.70	03:00:39.70	6:13	9.6
2	ŁABUZ MAŁGORZATA	835		WROCŁAW	POL	K30	2	K 2	00:34:49	00:59:38	02:28:39	03:06:32.75	03:06:32.75	6:25	9.3
3	WALCZAK ADELA	981	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	3	K 3	00:36:33	01:02:03	02:34:58	03:16:56.00	03:16:56.00	6:47	8.8
4	BOROWSKA KAROLINA	724	KGHM ZG RUN	LUBIN	POL	K30	4	K 4	00:36:24	01:02:23	02:36:30	03:17:47.95	03:17:47.95	6:49	8.8
5	IDCZAK AGNIESZKA	775		LEGNICA	POL	K30	5	K 5	00:36:11	01:01:07	02:37:07	03:21:55.60	03:21:55.60	6:57	8.6
6	ADAMSKA ZOFIA	702	RUN EXPLORE TEAM	SUCHY LAS	POL	K30	6	K 7	00:38:33	01:04:46	02:43:51	03:28:29.90	03:28:29.90	7:11	8.3

**PÓŁMARATON Z GÓRKĄ, K30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
7	BATOR PAULA	715		JANOWICE WIELKIE	POL	K30	7	K 13	00:42:27	01:11:16	03:01:21	03:50:58.45	03:50:58.45	7:57	7.5
8	TOMIAK PAULINA	976	WOLSZTYŃSKA AKADEMIA BIEGOWA	WRONIAWY	POL	K30	8	K 15	00:40:36	01:09:04	03:05:07	03:59:24.30	03:59:24.30	8:15	7.3
9	WEGNER PATRYCJA	985		POZNAŃ	POL	K30	9	K 17	00:41:26	01:10:43	03:08:58	04:00:44.85	04:00:44.85	8:18	7.2
10	BORCZYŃSKA-GŁOMSKA ALEKSANDRA	721		MIĘKOWO	POL	K30	10	K 21	00:42:39	01:12:44	03:14:43	04:08:29.00	04:08:29.00	8:34	7
11	FIJAL ANNA	743		WROCŁAW	POL	K30	11	K 22	00:45:46	01:15:32	03:15:20	04:08:57.25	04:08:57.25	8:35	7
12	RADZIWANOWSKI AGATA	914		LOBEZ	POL	K30	12	K 28	00:41:57	01:14:00	03:23:11	04:18:21.05	04:18:21.05	8:54	6.7
13	WACHOWSKA KATARZYNA	980	SMOK TRÓJGŁOWY	POZNAŃ	POL	K30	13	K 29	00:49:20	01:23:12	03:29:17	04:18:25.85	04:18:25.85	8:54	6.7
14	JANOWSKA AGNIESZKA	780		POZNAŃ	POL	K30	14	K 38	00:46:52	01:19:53	03:31:41	04:29:19.05	04:29:19.05	9:17	6.5
15	WOJTAS GABRIELA	996		NIEPOŁOMICE	POL	K30	15	K 39	00:46:03	01:19:05	03:33:48	04:31:44.35	04:31:44.35	9:22	6.4
16	MACHNICKA ADRIANNA	843	LOCA PEOPLE	POZNAŃ	POL	K30	16	K 40	00:46:03	01:19:04	03:33:48	04:31:44.50	04:31:44.50	9:22	6.4
17	BURZYŃSKA EMILIA	727	BIEGAJĄCE KREJZOLE / LOCO SPORT	BOGUCIN	POL	K30	17	K 41	00:47:51	01:21:02	03:38:26	04:33:51.60	04:33:51.60	9:26	6.4
18	WIŚNIEWSKI IWONA	990	BIEGAMBOLUBIĘ	KRAJENKA	POL	K30	18	K 42	00:44:15	01:15:29	03:32:25	04:34:00.05	04:34:00.05	9:26	6.4
19	RUDZIEWICZ URSZULA	924		SZCZECIN	POL	K30	19	K 49	00:47:28	01:18:40	03:41:30	04:40:38.05	04:40:38.05	9:40	6.2
20	GOSZ MAGDALENA	760		ZAKOPANE	POL	K30	20	K 59	00:53:40	01:30:42	03:53:42	04:55:29.30	04:55:29.30	10:11	5.9
21	JAKUBCZAK MAGDALENA	779	WARSZAWSKIE BYKI	STRZYKUŁY	POL	K30	21	K 62	00:52:17	01:28:53	03:55:00	05:01:49.75	05:01:49.75	10:24	5.8
22	ZIAJA ALEKSANDRA	1007		WARSZAWA	POL	K30	22	K 66	00:52:44	01:32:01	04:00:18	05:09:17.10	05:09:17.10	10:39	5.6
23	MISIAK ULA	863		WROCŁAW	POL	K30	23	K 67	00:49:13	01:25:03	03:53:09	05:11:00.15	05:11:00.15	10:43	5.6
24	GÓRNA MAŁGORZATA	763		POZNAŃ	POL	K30	24	K 68	00:53:05	01:31:30	04:11:14	05:19:20.90	05:19:20.90	11:00	5.4
25	SPRINGER MARTA	941	NIGHT RUNNERS	POZNAŃ	POL	K30	25	K 69	00:57:57	01:38:24	04:16:07	05:19:53.85	05:19:53.85	11:01	5.4
26	STRYCZEK EWA	953	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K30	26	K 73	00:50:30	01:28:39	04:15:29	05:28:19.35	05:28:19.35	11:19	5.3
27	FINKOWIAT - SZYMCZAK KATARZYNA	744	FARTY PUSZCZY	SZCZECIN	POL	K30	27	K 75	00:55:30	01:34:44	04:17:59	05:28:51.60	05:28:51.60	11:20	5.3
28	HARASZCZUK JOANNA	770		SZCZECIN	POL	K30	28	K 76	00:52:47	01:30:00	04:23:52	05:30:45.00	05:30:45.00	11:24	5.3
29	ŁOGIN MARTA	838		SZCZECIN	POL	K30	29	K 77	00:52:13	01:30:00	04:28:21	05:32:03.60	05:32:03.60	11:27	5.2
30	KUBIAK IZABELA	819	LOCCO SPORT	SWARZĘDZ	POL	K30	30	K 79	00:48:00	01:22:05	04:23:07	05:33:13.50	05:33:13.50	11:29	5.2
31	ŁADOŃSKA AGATA	836		WROCŁAW	POL	K30	31	K 83	00:56:59	01:38:35	04:40:32	05:56:53.05	05:56:53.05	12:18	4.9
32	ZAJĄCZKOWSKA PAULINA	1003	POWER TRAINING	WARSZAWA	POL	K30	32	K 84	00:59:15	01:42:42	04:48:02	06:05:39.10	06:05:39.10	12:36	4.8
33	WŁODARCZYK ANNA	993		KŁAJ	POL	K30	33	K 87	01:00:10	01:42:37	04:50:27	06:19:39.90	06:19:39.90	13:05	4.6
34	WALNY AGATA	983	WILD GOOSE CHASE	WROCŁAW	POL	K30	34	K 88	00:58:31	01:42:54	05:02:44	06:23:03.70	06:23:03.70	13:12	4.5
35	ANIOL LAURA	707	DLA ZBYSZKA	WROCŁAW	POL	K30	35	K 89	00:58:31	01:42:55	05:02:44	06:31:23.85	06:31:23.85	13:29	4.4
			♥												
36	KSIAŻKIEWICZ ELŻBIETA	1014			POL	K30	36	K 90	01:01:29	01:47:20	05:30:38	06:54:12.65	06:54:12.65	14:16	4.2
	HUDASZEK MAGDA	774		KRAKÓW	POL	K30			00:36:32	01:02:39	02:42:48	DNF	DNF	-	-
									DNF	DNF	DNF				

**PÓŁMARATON Z GÓRKĄ, M30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	GORZELAŃCZYK JAKUB	759	MKS SIECHNICE	GOLECZEWO	POL	M30	1	M 1	00:26:28	00:45:26	01:52:48	02:21:49.05	02:21:49.05	4:53	12.3
2	ANDRUSZKIEWICZ PAWEŁ	706		JELEŃSKA GÓRA	POL	M30	2	M 4	00:32:01	00:54:24	02:13:58	02:50:13.55	02:50:13.55	5:52	10.2
3	OLCZYK GRZEGORZ	1009	DRĄXLMAIER	JELEŃSKA GÓRA	POL	M30	3	M 6	00:32:14	00:55:11	02:20:40	02:59:05.40	02:59:05.40	6:10	9.7
4	BOSAKIEWICZ TOMASZ	725		ZŁOTORYJA	POL	M30	4	M 8	00:34:49	00:59:31	02:26:42	03:02:36.50	03:02:36.50	6:17	9.5
5	CZARNY JAROSŁAW	733		WROCŁAW	POL	M30	5	M 11	00:32:18	00:55:15	02:24:26	03:07:57.30	03:07:57.30	6:28	9.3
6	NOWAK PAWEŁ	877		WROCŁAW	POL	M30	6	M 12	00:32:04	00:54:28	02:27:40	03:08:04.15	03:08:04.15	6:29	9.3
7	KOŻBIELSKI SZYMON	813	BŁK	WROCŁAW	POL	M30	7	M 13	00:36:39	00:59:48	02:33:40	03:11:14.75	03:11:14.75	6:35	9.1
8	KACZMAREK MACIEJ	786	POLEOHEL	BARANOWO	POL	M30	8	M 15	00:34:00	00:58:06	02:29:44	03:14:16.75	03:14:16.75	6:41	9
9	HOJAN ŁUKASZ	773	FEHLAU RUN TEAM	CHOMEĆICE	POL	M30	9	M 17	00:36:22	01:02:37	02:35:54	03:15:20.10	03:15:20.10	6:44	8.9
10	WINTER PIOTR	988	NIGHT RUNNERS	CHOMEĆICE	POL	M30	10	M 21	00:35:28	01:00:42	02:35:12	03:16:55.40	03:16:55.40	6:47	8.8
11	GOŁĘBIOWSKI TYTUS	757	ULTRA FALUBAZ	ZIELONA GÓRA	POL	M30	11	M 24	00:32:23	00:55:32	02:32:17	03:17:24.75	03:17:24.75	6:48	8.8
12	MACHOWICZ MACIEJ	1012	#BIEGAJLESZNO	LESZNO	POL	M30	12	M 27	00:35:15	01:00:09	02:35:15	03:19:19.35	03:19:19.35	6:52	8.7
13	SALEJ KRZYSZTOF	926	REDKOT	ZIELONA GÓRA	POL	M30	13	M 28	00:35:15	01:01:03	02:36:53	03:20:42.95	03:20:42.95	6:55	8.7
14	WIERZBICKI KRZYSZTOF	987	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	M30	14	M 31	00:34:19	00:58:05	02:33:40	03:23:08.20	03:23:08.20	7:00	8.6
15	SZUTA MACIEJ	965		GNIEZNO	POL	M30	15	M 34	00:36:31	01:01:13	02:41:00	03:26:43.30	03:26:43.30	7:07	8.4

**PÓŁMARATON Z GÓRKĄ, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
16	MIELNIK MICHAŁ	860		POZNAŃ	POL	M30	16	M 37	00:39:40	01:06:35	02:42:30	03:30:17.65	03:30:17.65	7:15	8.3
17	TKOCZ ADAM	973		PODGÓRZYN	POL	M30	17	M 38	00:37:08	01:03:37	02:40:06	03:31:49.25	03:31:49.25	7:18	8.2
18	BOBORYCKI RAFAŁ	719	MOCNA GRUPA CEZARA	ŚRODA ŚLĄSKA	POL	M30	18	M 39	00:39:51	01:06:45	02:47:36	03:32:39.75	03:32:39.75	7:19	8.2
19	KOŁAKOWSKI TOMASZ	805		BYDGOSZCZ	POL	M30	19	M 40	00:35:58	01:00:11	02:45:54	03:32:53.00	03:32:53.00	7:20	8.2
20	KIELAR DANIEL	795	SIEMANKO_KARKONOSKI_PORAN KU	KRZEMIENICA	POL	M30	20	M 41	00:37:57	01:04:21	02:49:45	03:34:15.55	03:34:15.55	7:23	8.1
21	MARIN ALBERTO	850		POZNAN	POL	M30	21	M 44	00:38:25	01:04:51	02:48:33	03:34:39.70	03:34:39.70	7:24	8.1
22	ZBOROWSKI MARCIN	1006	ADIENT RUNNING TEAM	ŁĄGÓW	POL	M30	22	M 45	00:39:59	01:05:54	02:48:03	03:35:40.05	03:35:40.05	7:26	8.1
23	TOMKOWIAK SŁAWOMIR	977		POZNAŃ	POL	M30	23	M 48	00:39:41	01:06:34	02:49:37	03:38:32.30	03:38:32.30	7:32	8
24	MALINA MICHAŁ	847		KRAKÓW	POL	M30	24	M 49	00:39:23	01:06:32	02:51:01	03:39:02.95	03:39:02.95	7:33	7.9
25	PODGRUSZECKI MICHAŁ	1011		WROCŁAW	POL	M30	25	M 51	00:42:13	01:09:52	02:52:34	03:41:31.25	03:41:31.25	7:38	7.9
26	GRELAK ADAM	766	WOLSZTYN BIEGA	KARPICKO	POL	M30	26	M 55	00:39:04	01:04:23	02:57:10	03:44:21.45	03:44:21.45	7:44	7.8
27	STĘSIK TOMASZ	951		NOWE TŁOKI	POL	M30	27	M 57	00:47:03	01:19:07	02:59:12	03:45:27.00	03:45:27.00	7:46	7.7
28	SZCZĘSNY PAWEŁ	959		WROCŁAW	POL	M30	28	M 59	00:40:40	01:09:49	02:57:15	03:46:51.95	03:46:51.95	7:49	7.7
29	POLAK BARTOSZ	901		WROCŁAW	POL	M30	29	M 60	00:39:50	01:06:53	02:56:06	03:47:23.85	03:47:23.85	7:50	7.7
30	SOBAŃSKI BARTOSZ	937	DZIKIE ŻYCIE RUNTEAM	POZNAŃ	POL	M30	30	M 68	00:42:43	01:10:35	03:03:23	03:50:53.65	03:50:53.65	7:57	7.5
31	LEWANDOWSKI PIOTR	832	AKTYWNY DOLNOŚLĄZAK	OŁAWA	POL	M30	31	M 70	00:40:56	01:08:50	03:03:24	03:54:05.65	03:54:05.65	8:04	7.4
32	ROKSELA PAWEŁ	919		WROCŁAW	POL	M30	32	M 72	00:42:18	01:09:48	03:05:28	03:54:34.25	03:54:34.25	8:05	7.4
33	TORZEWSKI PRZEMYSŁAW	978		WĄGROWIEC	POL	M30	33	M 75	00:42:25	01:10:50	03:04:30	03:56:10.80	03:56:10.80	8:08	7.4
34	ROMANIUK BARTOSZ	921		WROCŁAW	POL	M30	34	M 76	00:44:40	01:15:10	03:08:29	03:57:35.60	03:57:35.60	8:11	7.3
35	ŚLIPKO SZYMON	969		JELEŃ GÓRA	POL	M30	35	M 77	00:41:43	01:10:09	03:04:39	03:59:39.65	03:59:39.65	8:15	7.3
36	BUGAJ ALAN	726		CZARNY BÓR	POL	M30	36	M 78	00:44:26	01:15:20	03:06:17	03:59:44.30	03:59:44.30	8:16	7.3
37	WIŚNICKI MICHAŁ	989		SOSNOWKA	POL	M30	37	M 79	00:44:10	01:17:22	03:12:13	03:59:54.25	03:59:54.25	8:16	7.3
38	GROBELNY SZYMON	767		BYDGOSZCZ	POL	M30	38	M 81	00:39:35	01:06:01	03:02:28	04:00:12.15	04:00:12.15	8:16	7.2
39	KACZOR PAWEŁ	788		KOMORNIKI	POL	M30	39	M 84	00:40:53	01:07:25	03:06:22	04:03:33.10	04:03:33.10	8:23	7.1
40	PISKORSKI ŁUKASZ	897		POZNAŃ	POL	M30	40	M 87	00:41:59	01:12:26	03:10:44	04:05:32.45	04:05:32.45	8:28	7.1
41	WALKOWIAK DAMIAN	1017	#BIEGAJLESZNO	LESZNO	POL	M30	41	M 88	00:41:35	01:09:55	03:12:15	04:05:32.50	04:05:32.50	8:28	7.1
42	STASIAK ŁUKASZ	949		LUBIN	POL	M30	42	M 90	00:44:11	01:17:08	03:14:42	04:06:33.85	04:06:33.85	8:30	7.1
43	WRÓBLEWSKI WOJCIECH	1001		WROCŁAW	POL	M30	43	M 92	00:39:08	01:07:43	03:10:45	04:07:33.45	04:07:33.45	8:32	7
44	BUSZEWSKI ZBYSZEK	728		KARPICKO	POL	M30	44	M 95	00:45:12	01:16:34	03:12:33	04:08:15.95	04:08:15.95	8:33	7
45	BIELAWSKI PAWEŁ	717		JELEŃ GÓRA	POL	M30	45	M 97	00:40:44	01:11:13	03:13:17	04:09:24.35	04:09:24.35	8:36	7
46	KĘDZIERSKI MICHAŁ	792		KLENICA	POL	M30	46	M 101	00:43:25	01:12:03	03:14:07	04:11:28.40	04:11:28.40	8:40	6.9
47	KONIECZNY MARCIN	806	NOA	KSIĘGINICE	POL	M30	47	M 102	00:45:46	01:16:07	03:15:30	04:11:31.25	04:11:31.25	8:40	6.9
48	MATYŚKIEWICZ MATEUSZ	854		JELEŃ GÓRA	POL	M30	48	M 105	00:46:33	01:17:10	03:16:01	04:12:38.40	04:12:38.40	8:42	6.9
49	RADOSZ FILIP	913		WROCŁAW	POL	M30	49	M 106	00:45:43	01:15:07	03:16:59	04:14:01.85	04:14:01.85	8:45	6.8
50	MORAWSKI WOJCIECH	870		WROCŁAW	POL	M30	50	M 109	00:43:59	01:14:50	03:12:39	04:16:40.00	04:16:40.00	8:51	6.8
51	KALEŃSKI-JAŚKIEWICZ ŁUKASZ	790	J&J	WARSZAWA	POL	M30	51	M 110	00:43:19	01:13:03	03:18:51	04:16:45.70	04:16:45.70	8:51	6.8
52	SZCZEPANSKI BARTOSZ	954	REBELS SOFTWARE	WROCŁAW	POL	M30	52	M 112	00:40:24	01:09:53	03:19:57	04:17:32.75	04:17:32.75	8:52	6.8
53	IGNASZEWSKI ŁUKASZ	776		ZIELONA GÓRA	POL	M30	53	M 116	00:42:22	01:12:53	03:23:42	04:19:59.80	04:19:59.80	8:57	6.7
54	WALIGÓRSKI ŁUKASZ	982		WOLSZTYN	POL	M30	54	M 118	00:47:15	01:17:44	03:25:03	04:20:45.75	04:20:45.75	8:59	6.7
55	RABENDA PAWEŁ	912		WARSZAWA	POL	M30	55	M 123	00:44:07	01:14:20	03:25:38	04:25:45.05	04:25:45.05	9:09	6.5
56	KOWNACKI KRZYSZTOF	810	KISZOL TEAM	POZNAŃ	POL	M30	56	M 130	00:42:34	01:11:53	03:18:05	04:28:54.55	04:28:54.55	9:16	6.5
57	SOWIŃSKI KONRAD	940		SZCZECIN	POL	M30	57	M 133	00:42:23	01:12:09	03:22:49	04:30:49.45	04:30:49.45	9:20	6.4
58	KNĄBER PIOTR	802		WARSZAWA	POL	M30	58	M 134	00:48:08	01:21:18	03:34:43	04:33:09.90	04:33:09.90	9:25	6.4
59	WIŚNIEWSKI RAFAŁ	991	KWP POZNAŃ	KRAJENKA	POL	M30	59	M 135	00:44:14	01:15:30	03:32:24	04:34:01.15	04:34:01.15	9:26	6.3
60	KIKUT MARCIN	796		LUSOWKO	POL	M30	60	M 136	00:52:50	01:28:00	03:40:08	04:34:25.40	04:34:25.40	9:27	6.3
61	SZCZUREK MICHAŁ	960		WROCŁAW	POL	M30	61	M 138	00:47:37	01:19:44	03:34:45	04:37:06.55	04:37:06.55	9:33	6.3
62	CHABER TOMASZ	729	TOMASZ CHABER	POZNAŃ	POL	M30	62	M 139	00:47:48	01:22:05	03:38:44	04:37:39.20	04:37:39.20	9:34	6.3
63	KUBIK MATEUSZ	821	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	63	M 142	00:46:07	01:19:00	03:38:27	04:40:21.85	04:40:21.85	9:40	6.2
64	MATKOWSKI WIKTOR	1045	RENA WYKROTY	ŁWÓWEK ŚLĄSKI	POL	M30	64	M 144	00:41:41	01:12:57	03:26:46	04:42:51.30	04:42:51.30	9:45	6.2
65	KĘPSKI GRZEGORZ	1046		BARANOWO	POL	M30	65	M 146	00:47:06	01:21:00	03:40:06	04:44:52.60	04:44:52.60	9:49	6.1
66	SKOWRONEK TOMASZ	934		POZNAŃ	POL	M30	66	M 154	00:42:40	01:12:20	03:41:16	04:54:12.15	04:54:12.15	10:08	5.9
67	GARCZYK PRZEMEK	749		KOZIEGLÓWY	AFG	M30	67	M 157	00:45:45	01:19:34	03:48:39	04:59:09.70	04:59:09.70	10:18	5.8
68	ROSZKOWSKI MARCIN	922		WROCŁAW	POL	M30	68	M 160	00:50:04	01:25:18	03:51:47	05:02:16.80	05:02:16.80	10:25	5.8
69	HARASZCZUK KRYSZTOF	769		SZCZECIN	POL	M30	69	M 163	00:49:41	01:23:38	03:52:46	05:05:10.05	05:05:10.05	10:31	5.7
70	GOTTFRIED LESZEK	761	EY RUN4FUN	DOBRYKOWICE	POL	M30	70	M 164	00:52:20	01:27:44	03:51:02	05:05:37.75	05:05:37.75	10:32	5.7
71	KLUSZKO DAREK	799		KWIRYNÓW	POL	M30	71	M 167	00:52:21	01:29:32	04:11:00	05:20:56.45	05:20:56.45	11:04	5.4

**PÓŁMARATON Z GÓRKĄ, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
72	CZACZYK LUKASZ	731		POZNAŃ	POL	M30	72	M 171	00:48:55	01:23:25	04:08:02	05:26:15.10	05:26:15.10	11:15	5.3
73	GARSTKA PAWEŁ	750	KAMA RUN CZARNKÓW	ROMANOWO DOLNE	POL	M30	73	M 175	00:52:12	01:29:51	04:28:24	05:40:37.25	05:40:37.25	11:44	5.1
74	SIWA MICHAŁ	932		ŚWIEBODZIN	POL	M30	74	M 177	00:53:04	01:31:45	04:27:40	05:45:21.20	05:45:21.20	11:54	5
75	PNIEWSKI SŁAWOMIR	1015		GORZÓW WIELKOPOLSKI	POL	M30	75	M 194	01:01:23		05:07:47	06:50:40.80	06:50:40.80	14:09	4.2

**PÓŁMARATON Z GÓRKĄ, K40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	DOMAŃ JOANNA	737	FEHLAU RUN TEAM	KIEKRZ	POL	K40	1	K 6	00:36:41	01:02:01	02:42:08	03:26:15.50	03:26:15.50	7:06	8.4
2	KNACH MARTA	800	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	K40	2	K 8	00:38:38		02:48:33	03:30:50.55	03:30:50.55	7:16	8.3
3	RATAJCZAK DOROTA	915	RATAJCZAK RUN	ZIELONA GÓRA	POL	K40	3	K 9	00:40:04	01:08:11	02:56:27	03:41:38.35	03:41:38.35	7:38	7.9
4	MROZCEK MARTA	872	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	K40	4	K 12	00:39:58	01:08:43	03:03:18	03:50:55.55	03:50:55.55	7:57	7.5
5	KACZMAREK DOROTA	787	RADZIKI	WROCŁAW	POL	K40	5	K 14	00:43:55	01:13:52	03:06:05	03:57:07.80	03:57:07.80	8:10	7.3
6	MASALSKA-PAWLAK AGATA	852		RADWANICE	POL	K40	6	K 18	00:45:04	01:16:31	03:11:40	04:05:39.45	04:05:39.45	8:28	7.1
7	FARION MARZENA	742		STRZEGOM	POL	K40	7	K 20	00:42:17	01:12:48	03:13:22	04:08:21.35	04:08:21.35	8:33	7
8	GIMZICKA EWA	754		POZNAŃ	POL	K40	8	K 23	00:44:11	01:14:59	03:17:57	04:09:22.25	04:09:22.25	8:35	7
9	SZUBERT-WALENCZAK MAGDALENA	962	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	9	K 24	00:42:29	01:13:22	03:24:03	04:13:14.05	04:13:14.05	8:43	6.9
10	BAKSALARY LIDIA	1018	#BIEGAJLESZNO	LESZNO	POL	K40	10	K 25	00:39:58	01:09:24	03:18:28	04:15:24.15	04:15:24.15	8:48	6.8
11	KRAJEWSKA EVELINA	814	GRUPA BIEGOWA BEZ GRANIC	GOCZAŁKÓW	POL	K40	11	K 27	00:44:42	01:16:09	03:23:44	04:16:52.10	04:16:52.10	8:51	6.8
12	KALICZAK-SZWAJA MONIKA	791		MAŁOMICE	POL	K40	12	K 30	00:48:28	01:20:52	03:29:32	04:18:27.80	04:18:27.80	8:54	6.7
13	BANDUROWSKA AGNIESZKA	711	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	13	K 31	00:43:24	01:14:17	03:22:31	04:18:43.65	04:18:43.65	8:55	6.7
14	REDEK SYLWIA	917	TEAM ZABIEGANEDNI	WIĄZOWNIA	POL	K40	14	K 33	00:47:12	01:19:36	03:31:50	04:24:49.30	04:24:49.30	9:07	6.6
15	NOWACZYŃSKA KATARZYNA	875	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	15	K 35	00:48:08	01:22:10	03:30:58	04:25:58.50	04:25:58.50	9:10	6.5
16	MODZELEWSKA AGNIESZKA	867		OPALENICA	POL	K40	16	K 36	00:47:34	01:20:32	03:29:41	04:29:01.15	04:29:01.15	9:16	6.5
17	PAPROCKA NATALIA	889		POLKOWICE	POL	K40	17	K 44	00:47:58	01:21:59	03:34:36	04:35:19.35	04:35:19.35	9:29	6.3
18	KUCZYŃSKA ANETTA	822	STAJNIA CROSSFIT	POZNAŃ	AFG	K40	18	K 45	00:47:48	01:21:24	03:38:50	04:38:24.55	04:38:24.55	9:36	6.3
19	GRZEGRZÓŁKA ANNA	768	ZABIEGANI Z LEŚNEJ	LUBAŃ	POL	K40	19	K 46	00:46:11	01:19:10	03:36:21	04:38:34.05	04:38:34.05	9:36	6.2
20	MIŁOSZEWSKA KATARZYNA	862	IZERY BOGATYNIA	BOGATYNIA	POL	K40	20	K 47	00:46:11	01:19:10	03:36:21	04:38:35.85	04:38:35.85	9:36	6.2
21	R JUSTYNA	1044		BOGUSZÓW GORCE	POL	K40	21	K 48	00:47:05	01:20:32	03:40:52	04:39:01.40	04:39:01.40	9:37	6.2
22	POMIANOWSKA ANNA	902		WRONKI	POL	K40	22	K 50	00:49:14	01:24:26	03:43:33	04:41:45.85	04:41:45.85	9:42	6.2
23	GIDASZEWSKA JOLANTA	752	LESZNO	LESZNO	POL	K40	23	K 51	00:46:27	01:20:45	03:46:53	04:42:01.35	04:42:01.35	9:43	6.2
24	LATOS JOANNA	828		ZIELONA GÓRA	POL	K40	24	K 52	00:47:00	01:20:01	03:44:28	04:43:01.15	04:43:01.15	9:45	6.1
25	LEDNICKA LIDIA	829		SKÓRZEWO	POL	K40	25	K 53	00:47:26	01:20:19	03:43:53	04:46:21.10	04:46:21.10	9:52	6.1
26	OKONIEWSKA AGNIESZKA	883		ŚMIGIEL	POL	K40	26	K 54	00:47:14	01:19:57	03:45:10	04:46:34.80	04:46:34.80	9:52	6.1
27	ŚMIECHOWSKA MAŁGORZATA	970		RECZ	POL	K40	27	K 58	00:48:40		03:48:55	04:55:24.80	04:55:24.80	10:11	5.9
28	NOWORYTA ELIZA	1010	ULTRA DIABŁY TEAM LUBRZA	NOWA WIOSKA	POL	K40	28	K 60	00:48:07	01:22:18	03:53:26	04:58:19.40	04:58:19.40	10:17	5.8
29	RĘBECKA VIOLETTA	918	BIEGAMDLAZDROWIA. PL	JELEŃ GÓRA	POL	K40	29	K 61	00:49:26	01:25:42	03:58:25	05:00:17.55	05:00:17.55	10:21	5.8
30	STRADOMSKA AGNIESZKA	952		WARSZAWA	POL	K40	30	K 63	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
31	NOWAK MONIKA	876		POZNAŃ	POL	K40	31	K 65	00:53:17	01:32:09	04:00:41	05:05:27.65	05:05:27.65	10:31	5.7
32	STAŃCZYK JOANNA	946	SWARZĘDZ	SWARZĘDZ	POL	K40	32	K 70	00:52:53	01:30:56	04:11:25	05:20:51.50	05:20:51.50	11:03	5.4
33	KACIUPA AGNIESZKA	785	FARTY PUSZCZY	SZCZECIN	POL	K40	33	K 74	00:55:22	01:34:24	04:17:51	05:28:51.25	05:28:51.25	11:20	5.3
34	SOBIERAJSKA PAULINA	938		BOLESŁAWIEC	POL	K40	34	K 78	00:54:32	01:35:30	04:18:08	05:32:22.80	05:32:22.80	11:27	5.2
35	BILAS-HETMAN ANNA	718		BARLINEK	POL	K40	35	K 80	00:54:25	01:35:16	04:32:47	05:43:34.30	05:43:34.30	11:50	5.1
36	DZIĘCIELSKA AGNIESZKA	741		POZNAŃ	POL	K40	36	K 82	00:54:40	01:32:26	04:47:00	05:53:52.15	05:53:52.15	12:12	4.9
37	JARMUŁO AGNIESZKA	781		BOLESŁAWIEC	POL	K40	37	K 86	00:54:35	01:36:03	04:53:24	06:17:03.40	06:17:03.40	13:00	4.6
38	MERKLINGHAUS-KOBER MONIKA	858	SPEED FEET '16	KOŚCIAN	POL	K40	38	K 91	01:02:03	01:46:56	05:39:48	06:59:02.70	06:59:02.70	14:26	4.2
39	SZYPULSKA KATARZYNA	967	SKS CHMIELOWICE	OPOLE	POL	K40	39	K 92	00:59:30	01:42:10	05:36:50	07:03:11.00	07:03:11.00	14:35	4.1
40	PYTEL ANNA	910	IZBICKO W BIEGU	OTMICE	POL	K40	40	K 93	00:59:30	01:42:07	05:36:48	07:03:11.90	07:03:11.90	14:35	4.1

**PÓŁMARATON Z GÓRKĄ, M40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	FRANCZAK MARIUSZ	1013	DTR TRZEBNICA BIEGA / MARIO TEAM	KSIĘGINICE	POL	M40	1	M 3	00:30:16	00:51:48	02:12:08	02:46:46.20	02:46:46.20	5:45	10.4
2	WŁODARCZYK JAROSŁAW	992		JELEŃ GÓRA	POL	M40	2	M 5	00:32:01	00:54:25	02:15:47	02:56:56.15	02:56:56.15	6:06	9.8
3	KNACH TOMASZ	801	BLUE COMPUTERS SERWIS LAPTOPÓW ŚWIEBODZICE	ŚWIEBODZICE	POL	M40	3	M 10	00:31:31	00:54:12	02:22:39	03:04:59.10	03:04:59.10	6:22	9.4
4	MORAWSKI FILIP	871		PUSZCZYKOWO	POL	M40	4	M 18	00:35:54	01:00:05	02:32:28	03:15:43.55	03:15:43.55	6:44	8.9
5	KUTYBA MARIUSZ	825	WOLNE ŚLIMAKI	POZNAŃ	POL	M40	5	M 20	00:35:16	01:00:10	02:36:40	03:16:46.20	03:16:46.20	6:47	8.8
6	GOLEC MARCIN	756	PREDATORS WAŁBRZYCH	BOGUSZÓW GORCE	POL	M40	6	M 22	00:36:28	01:01:23	02:35:00	03:16:59.15	03:16:59.15	6:47	8.8
7	ŁUKACKI DANIEL	841	#SOBASTEAM	DOMASZCZYN	POL	M40	7	M 25	00:36:11	01:01:04	02:38:35	03:18:38.30	03:18:38.30	6:50	8.8
8	MAJEWSKI MACIEJ	846		ŚWIDNICA	POL	M40	8	M 29	00:34:54	00:59:31	02:37:06	03:20:46.50	03:20:46.50	6:55	8.7
9	WNUK TOMASZ	994	NAPRZÓD MŁOCINY	WARSZAWA	POL	M40	9	M 32	00:34:53	00:59:46	02:39:20	03:25:08.15	03:25:08.15	7:04	8.5
10	PLUCHA MICHAŁ	898	KOWARY BIEGAJĄ	KOWARY	POL	M40	10	M 33	00:35:52	01:01:07	02:38:06	03:25:48.30	03:25:48.30	7:05	8.5
11	PAWLIŃSKI ADAM	893	PRO-RUN WROCŁAW	WROCŁAW	POL	M40	11	M 35	00:38:59	01:06:13	02:42:50	03:27:00.75	03:27:00.75	7:08	8.4
12	PIECHOWIAK MAREK	894		POZNAŃ	POL	M40	12	M 36	00:35:02	01:00:01	02:41:39	03:27:59.45	03:27:59.45	7:10	8.4
13	DREWNIAK MARIUSZ	739		JELEŃ GÓRA	POL	M40	13	M 42	00:41:03	01:09:00	02:46:16	03:34:31.45	03:34:31.45	7:23	8.1
14	PAPROCKI KRZYSZTOF	890		POLKOWICE	POL	M40	14	M 43	00:38:20	01:04:39	02:47:30	03:34:39.25	03:34:39.25	7:24	8.1
15	WOJCIECHOWSKI DARIUSZ	995	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	M40	15	M 46	00:38:21	01:04:39	02:49:37	03:36:22.40	03:36:22.40	7:27	8
16	RATAJCZAK PAWEŁ	916	RATAJCZAKTEAM	ZIELONA GÓRA	POL	M40	16	M 50	00:40:11	01:07:13	02:50:56	03:40:35.00	03:40:35.00	7:36	7.9
17	DOMAŃ LESZEK	738	FEHLAU RUN TEAM	KIEKRZ	POL	M40	17	M 53	00:40:02	01:07:05	02:56:20	03:43:08.30	03:43:08.30	7:41	7.8
18	KUBICKI MARIUSZ	820	DOBRA FORMA	KLUCZBORK	POL	M40	18	M 54	00:37:01	01:03:43	02:51:18	03:43:34.05	03:43:34.05	7:42	7.8
19	TOMCZUK KRZYSZTOF	975		WROCŁAW	POL	M40	19	M 58	00:39:41	01:06:52	02:54:29	03:46:20.90	03:46:20.90	7:48	7.7
20	SZERMENT ERYK	961	MAZURTEAM	GORZÓW WIELKOPOLSKI	POL	M40	20	M 61	00:40:28	01:08:29	02:57:15	03:47:26.45	03:47:26.45	7:50	7.7
21	LISOWICZ KRZYSZTOF	1049		POZNAŃ	POL	M40	21	M 63	00:42:16		02:59:12	03:48:23.90	03:48:23.90	7:52	7.6
22	NIŻEWSKI PAWEŁ	874	KRAKOWIAK ULTRA TEAM	CZAPURY	POL	M40	22	M 67	00:39:39	01:08:55	03:01:24	03:50:25.75	03:50:25.75	7:56	7.6
23	DECHNIK ŁUKASZ	735	I W GÓRE I W DÓŁ	WROCŁAW	POL	M40	23	M 69	00:41:14	01:11:03	03:02:05	03:51:36.70	03:51:36.70	7:59	7.5
24	PAWELCZYK KRZYSZTOF	891	SOBASTEAM	KIELCE	POL	M40	24	M 71	00:39:41	01:07:26	03:03:25	03:54:13.80	03:54:13.80	8:04	7.4
25	SZUMIŃSKI ARTUR	963		PIELGRZYMKI	POL	M40	25	M 73	00:42:42	01:10:15	03:06:49	03:54:52.00	03:54:52.00	8:05	7.4
26	JAKUBCZAK WOJCIECH	778		STRZYKUŁY	POL	M40	26	M 74	00:42:25	01:09:46	03:04:58	03:55:52.00	03:55:52.00	8:08	7.4
27	BARTOSIEWICZ ADAM	713		GRYFINO	POL	M40	27	M 80	00:42:42	01:13:09	03:11:03	04:00:07.70	04:00:07.70	8:16	7.2
28	STACHERSKI ŁUKASZ	944		PLEWISKA	POL	M40	28	M 82	00:43:36	01:14:14	03:11:13	04:02:40.95	04:02:40.95	8:22	7.2
29	GAJLEWICZ PIOTR	747		SZCZECIN	POL	M40	29	M 89	00:40:17	01:08:14	03:06:19	04:05:50.05	04:05:50.05	8:28	7.1
30	OLSZEWSKI PIOTR	884		LWÓWEK ŚLĄSKI	POL	M40	30	M 94	00:42:35	01:11:49	03:01:01	04:08:07.60	04:08:07.60	8:33	7
31	PRUSZCZYŃSKI PIOTR	905		WROCŁAW	POL	M40	31	M 96	00:42:26	01:11:58	03:12:45	04:08:57.40	04:08:57.40	8:35	7
32	ŁUCZAK MACIEJ	840	BANDA RYCHA	MROWINO	POL	M40	32	M 104	00:42:06	01:11:41	03:06:26	04:12:29.85	04:12:29.85	8:42	6.9
33	HARAŻNY ŁUKASZ	1043		ŚWIDNICA	POL	M40	33	M 107	00:42:55	01:14:41	03:14:56	04:14:21.90	04:14:21.90	8:46	6.8
34	ORLIKOWSKI JACEK	885		POZNAŃ	POL	M40	34	M 108	00:42:44	01:11:48	03:20:59	04:16:30.45	04:16:30.45	8:50	6.8
35	MOKRZYCKI BOGDAN	868		KROSTOSZOWICE	POL	M40	35	M 115	00:40:33	01:09:03	03:17:22	04:18:56.20	04:18:56.20	8:55	6.7
36	PURCZYŃSKI GRZEGORZ	907		ZIELONA GÓRA	POL	M40	36	M 117	00:42:23	01:12:53	03:23:57	04:19:59.95	04:19:59.95	8:57	6.7
37	CYBULSKI PIOTR	730		GÓRA	POL	M40	37	M 119	00:43:38	01:12:41	03:23:22	04:21:34.50	04:21:34.50	9:01	6.7
38	ZAPOTOCZNY MARIUSZ	1004		WROCŁAW	POL	M40	38	M 120	00:42:20	01:11:42	03:17:46	04:22:46.55	04:22:46.55	9:03	6.6
39	DERDICH MARIUSZ	1047			POL	M40	39	M 121	00:47:11	01:20:28	03:27:56	04:22:59.50	04:22:59.50	9:04	6.6
40	PIETRZAK MAREK	896		ZALASEWO	POL	M40	40	M 122	00:44:28	01:14:44	03:23:47	04:25:01.75	04:25:01.75	9:08	6.6
41	WOŹNIAK SEBASTIAN	1000		BOLESŁAWIEC	POL	M40	41	M 124	00:46:09	01:17:17	03:26:25	04:26:42.00	04:26:42.00	9:11	6.5
42	ŁOPATA WITOLD	839	WOLSZTYŃSKI KLUB BIEGOWY	WOLSZTYN	POL	M40	42	M 126	00:44:41	01:13:16	03:22:55	04:27:23.30	04:27:23.30	9:13	6.5
43	KWIECIŃSKI ŁUKASZ	826	J&j&j	WARSZAWA	POL	M40	43	M 129	00:46:55	01:19:51	03:29:01	04:28:09.45	04:28:09.45	9:14	6.5
44	LIS WOJCIECH	833	WIERZBICKI RUNNING PROJECT	WAWRÓW	POL	M40	44	M 131	00:43:56	01:14:42	03:29:16	04:30:05.35	04:30:05.35	9:18	6.4
45	JĘDRZEJAK ARKADIUSZ	783		KOMORNIKI	POL	M40	45	M 132	00:44:02	01:16:23	03:27:07	04:30:39.60	04:30:39.60	9:19	6.4
46	SERAFIN MICHAŁ	929	HWBC	WROCŁAW	POL	M40	46	M 140	00:47:32	01:21:15	03:39:18	04:38:41.00	04:38:41.00	9:36	6.2
47	MIŚTA GRZEGORZ	864	DTR TRZEBNICA BIEGA / MARIO TEAM	ŚWIĄTNIKI	POL	M40	47	M 141	00:47:16	01:18:09	03:37:32	04:39:37.80	04:39:37.80	9:38	6.2
48	WALCZAK MICHAŁ	1041		LISOWICE		M40	48	M 143	00:44:51	01:18:41	03:35:26	04:41:10.85	04:41:10.85	9:41	6.2
49	PACIULON KRZYSZTOF	887	ONE MAN RUNNING	KARWIANY	POL	M40	49	M 148	00:44:38	01:16:15	03:43:02	04:46:20.85	04:46:20.85	9:52	6.1
50	NOWAK MACIEJ	878	SPEED FEET '16	POZNAŃ	POL	M40	50	M 149	00:43:09	01:13:30	03:38:55	04:46:47.00	04:46:47.00	9:53	6.1
51	POPIEL JAN	903		WROCŁAW	POL	M40	51	M 150	00:41:19	01:11:20	03:36:20	04:48:51.40	04:48:51.40	9:57	6
52	ŚWIATŁOWSKI KRZYSZTOF	971		NOWA SÓL	POL	M40	52	M 152	00:43:27	01:13:49	03:38:21	04:50:26.10	04:50:26.10	10:00	6
53	SKÓRA LESZEK	936	IZBICKO W BIEGU	IZBICKO	POL	M40	53	M 153	00:48:51	01:23:24	03:47:16	04:50:47.50	04:50:47.50	10:01	6



## PÓŁMARATON Z GÓRKĄ, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
54	LEŚNIAK GRZEGORZ	831		OSTRÓW WIELKOPOLSKI	POL	M40	54	M 155	00:47:21	01:19:44	03:45:13	04:56:47.75	04:56:47.75	10:14	5.9
55	BĘBAS PAWEŁ	716		WROCŁAW	POL	M40	55	M 156	00:49:24	01:23:17	03:54:47	04:58:46.85	04:58:46.85	10:18	5.8
56	BORKOWSKI KRZYSZTOF	722		GORZÓW WIELKOPOLSKI	POL	M40	56	M 161	00:47:55	01:23:13	03:55:20	05:02:20.15	05:02:20.15	10:25	5.8
57	JAROCH MICHAŁ	782	MARKOWI BIEGACZE	MARKI	POL	M40	57	M 162	00:50:12	01:24:47	04:01:15	05:02:57.30	05:02:57.30	10:26	5.7
58	GLUCHOWSKI JACEK	755	BB RUNNERS	BIELSKO-BIAŁA	POL	M40	58	M 168	00:53:40	01:30:48	04:14:48	05:21:43.05	05:21:43.05	11:05	5.4
59	RUDZIEWICZ MICHAŁ	923		SZCZECIN	POL	M40	59	M 170	00:47:29	01:18:39	04:08:32	05:24:21.05	05:24:21.05	11:11	5.4
60	SZYMCZAK ŁUKASZ	966	FARTY PUSZCZY	SZCZECIN	POL	M40	60	M 172	00:55:30	01:34:32	04:17:52	05:28:51.95	05:28:51.95	11:20	5.3
61	BORODYN ANDRZEJ	723	FARTY PUSZCZY	SZCZECIN	POL	M40	61	M 174	00:55:31	01:35:09	04:21:50	05:36:08.55	05:36:08.55	11:35	5.2
62	WIECZOREK NORBERT	986	ROZBIEGANE WIECZORKI	BOGATYNIA	POL	M40	62	M 176	01:00:36	01:42:41	04:34:50	05:43:53.75	05:43:53.75	11:51	5.1
63	BASTA GRZEGORZ	714		GORZÓW WIELKOPOLSKI	POL	M40	63	M 180	00:53:02	01:32:44	04:39:37	05:59:28.65	05:59:28.65	12:23	4.8
64	KUMOR PRZEMYSŁAW	824	KUMFLO SNAILS INC	DOBRYKOWICE	POL	M40	64	M 181	00:48:50	01:24:22	04:29:32	06:00:18.10	06:00:18.10	12:25	4.8
65	ZARĘBA KONRAD	1005	GRUBA KRASNOLUDY	DOBRYKOWICE	POL	M40	65	M 182	00:48:49	01:24:24	04:29:33	06:00:19.00	06:00:19.00	12:25	4.8
66	LACH JAKUB	827		JELEŃ GÓRA	POL	M40	66	M 187	00:57:33	01:41:12	04:59:34	06:15:34.95	06:15:34.95	12:57	4.6
67	NOWAKOWSKI PAWEŁ	880		JANKOWA ŻAGANSKA	POL	M40	67	M 188	01:00:08	01:42:35	04:50:27	06:19:40.05	06:19:40.05	13:05	4.6
68	NOWAKOWSKI SŁAWOMIR	879		HIPOLITÓW	POL	M40	68	M 189	01:00:07	01:42:37	04:50:31	06:19:40.20	06:19:40.20	13:05	4.6
69	SZCZEPAŃSKI SŁAWOMIR	955	GALVARINO RUN TEAM	WROCŁAW	POL	M40	69	M 191	00:48:51	01:23:01	03:51:54	06:28:35.20	06:28:35.20	13:23	4.5
70	FLOREK KRZYSZTOF	745	GRUBE KRASNOLUDY	DOBRYKOWICE	POL	M40	70	M 193	00:48:52	01:23:01	03:51:56	06:37:30.45	06:37:30.45	13:42	4.4
	STACHOWIAK TOMASZ	945		WOLSZTYN	POL	M40			00:39:04	01:05:11	03:17:28	DNF	DNF	-	-
									DNF	DNF	DNF				
	MĘŻYKOWSKI MICHAŁ	859	FORMA NA SZCZYT	WARSZAWA	POL	M40			00:35:37	01:01:17	DNF	DNF	DNF	-	-
									DNF	DNF					

## PÓŁMARATON Z GÓRKĄ, K50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	STARCZEWSKA IZABELA	947	ULTRA DIABLY TEM LUBRZA	ŚWIEBODZIN	POL	K50	1	K 16	00:41:53	01:11:43	03:10:07	03:59:59.45	03:59:59.45	8:16	7.3
2	WASILEWSKA JOANNA	984		WARSZAWA	POL	K50	2	K 43	00:48:17	01:21:23	03:38:57	04:35:16.35	04:35:16.35	9:29	6.3
3	PUSZCZYKOWSKA MAŁGORZATA	908		INOWŁÓDZ	POL	K50	3	K 55	00:49:30	01:24:42	03:46:44	04:48:18.15	04:48:18.15	9:56	6
4	KOZŁOWSKA ALICJA	811		LESZNO	POL	K50	4	K 56	00:50:25	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
5	MARKOWSKA LILIANNA	851		JELEŃ GÓRA	POL	K50	5	K 57	00:49:23	01:25:07	03:53:34	04:53:53.95	04:53:53.95	10:08	5.9
6	MARCINKIEWICZ MARTA	848		WROCŁAW	POL	K50	6	K 64	00:52:01	01:27:36	03:55:44	05:04:12.95	05:04:12.95	10:29	5.7
7	GARCZEWSKA-PASZKO JOANNA	748		WARSZAWA	POL	K50	7	K 81	00:51:43	01:29:15	04:35:27	05:45:45.25	05:45:45.25	11:55	5
8	WOJTECZEK TERESA	998	BIEGAM BO LUBIĘ BOLESŁAWIEC	BOLESŁAWIEC	POL	K50	8	K 85	00:54:21	01:34:36	04:49:31	06:14:14.70	06:14:14.70	12:54	4.6

## PÓŁMARATON Z GÓRKĄ, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	ŚCISŁO PRZEMYSŁAW	1042		POLKOWICE	POL	M50	1	M 23	00:34:04		02:34:14	03:17:02.80	03:17:02.80	6:47	8.8
2	JĘDRZEJCZAK WOJCIECH	784		ŁÓDŹ	POL	M50	2	M 47	00:39:37	01:07:20	02:51:25	03:36:44.60	03:36:44.60	7:28	8
3	MAZUREK ARTUR	855	TREMONTI SKI&BIKE RESORT	CZARNY BÓR	POL	M50	3	M 56	00:38:39	01:05:51	02:54:52	03:44:33.90	03:44:33.90	7:44	7.7
4	LUBELCZYK GRZEGORZ	834	SPELEOCLUB WROCŁAW	MIĘKINIA	POL	M50	4	M 62	00:42:43	01:11:34	02:59:50	03:48:16.75	03:48:16.75	7:52	7.6
5	ZAGROBELNY RADOSŁAW	1002	MONKO COFFEE	WROCŁAW	POL	M50	5	M 83	00:40:15	01:08:36	03:06:33	04:03:06.95	04:03:06.95	8:22	7.2
6	ABULEWICZ WOJCIECH	701	TRENING STUDIO 17	WROCŁAW	POL	M50	6	M 85	00:42:25	01:13:37	03:12:33	04:04:31.95	04:04:31.95	8:25	7.1
7	MOCZULSKI JAREK	866		ŻARÓW	POL	M50	7	M 86	00:38:29	01:07:27	03:11:35	04:04:36.55	04:04:36.55	8:26	7.1
8	PUSZCZYKOWSKI GRZEGORZ	909		INOWŁÓDZ	POL	M50	8	M 98	00:45:42	01:17:13	03:17:29	04:09:51.10	04:09:51.10	8:36	7
9	ŁOBOS MARIUSZ	837		WAŁBRZYCH	POL	M50	9	M 99	00:40:38	01:10:26	03:14:33	04:10:09.25	04:10:09.25	8:37	7
10	SZUMSKI ZBIGNIEW	964		ŚWIEBODZIN	AFG	M50	10	M 125	00:43:53	01:14:30	03:30:50	04:27:04.70	04:27:04.70	9:12	6.5
11	KRYCZEK PIOTR	816		WARSZAWA	POL	M50	11	M 128	00:46:55	01:21:42	03:33:03	04:28:03.70	04:28:03.70	9:14	6.5
12	MARCZEWSKI TOMASZ	849		GORZÓW WLKP.	POL	M50	12	M 137	00:44:29	01:15:22	03:33:59	04:35:07.90	04:35:07.90	9:29	6.3
13	KOZŁOWSKI TOMASZ	812	LESZNO LIMITS RUNNERS	LESZNO	POL	M50	13	M 151	00:50:24	01:26:56	03:48:06	04:49:23.65	04:49:23.65	9:58	6
14	PLUTA TOMASZ	899	LEAD-UP BEATA PLUTA	SZCZECIN	POL	M50	14	M 158	00:48:04	01:23:42	03:57:34	04:59:46.05	04:59:46.05	10:20	5.8
15	MAZURKIEWICZ MARIUSZ	856		KĘDZIERZYN-KOŹLE	POL	M50	15	M 165	00:47:32	01:21:15	03:50:39	05:07:47.80	05:07:47.80	10:36	5.7
16	KRZECZKOWSKI ROMAN	817	CUDO KOMBUCHA TEAM	ŚWIDNICA	POL	M50	16	M 166	00:52:37	01:29:08	03:59:07	05:10:47.50	05:10:47.50	10:43	5.6
17	STARCZEWSKI KRZYSZTOF	948	ULTRA DIABLY TEAM LUBRZA	ŚWIEBODZIN	POL	M50	17	M 169	00:49:54	01:26:34	04:02:36	05:22:05.05	05:22:05.05	11:06	5.4

**PÓŁMARATON Z GÓRKĄ, M50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
18	HARASZCZUK JERZY	771		ZĄŁOM	POL	M50	18	M 173	00:52:47	01:29:48	04:23:52	05:34:20.30	05:34:20.30	11:31	5.2
19	CZECHOWICZ JAROSŁAW	1016		GORZÓW WIELKOPOLSKI	POL	M50	19	M 179	00:51:32	01:25:44	04:33:31	05:50:47.55	05:50:47.55	12:05	5
20	WOJTECZEK JÓZEF	997	KGHM O/LEGNICA	BOLESŁAWIEC	POL	M50	20	M 183	00:53:50	01:28:48	04:48:09	06:05:19.80	06:05:19.80	12:35	4.8
21	SREBRO MICHAŁ	942		POZNAŃ	POL	M50	21	M 184	00:54:24	01:37:26	04:47:35	06:05:34.45	06:05:34.45	12:36	4.8
22	KRAKOWIAK WIESŁAW	815	KRAKOWIAK TEAM	MOSINA	POL	M50	22	M 185	00:50:14	01:27:32	04:43:21	06:06:57.00	06:06:57.00	12:39	4.7
23	BARAŃSKI STANISŁAW	712	HUSARIA NIEGOSŁAWICE	NIEGOSŁAWICE	POL	M50	23	M 186	00:57:00	01:38:36	04:43:38	06:13:58.00	06:13:58.00	12:53	4.7
24	KOWNACKI ARKADIUSZ	809	DRUŻYNA SZPIKU / WATAHA ŁĄCZY NAS BIEGANIE	WITKOWO	POL	M50	24	M 192	01:02:03	01:46:54	05:07:46	06:31:11.95	06:31:11.95	13:29	4.4

**PÓŁMARATON Z GÓRKĄ, K60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	MORAWSKA ANNA	869		WARSZAWA	POL	K60	1	K 71	00:54:52	01:34:03	04:13:49	05:23:26.05	05:23:26.05	11:09	5.4
2	MENZEL ZOFIA	857	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	K60	2	K 72	00:49:55	01:25:03	04:15:46	05:25:48.55	05:25:48.55	11:14	5.3

**PÓŁMARATON Z GÓRKĄ, M60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	Brutto	min/km	km/h
1	SKOWYRSKI JANUSZ	935		STARE BIELICE	POL	M60	1	M 64	00:38:27	01:05:58	02:55:59	03:48:59.85	03:48:59.85	7:53	7.6
2	KUBIAK DARIUSZ	818	KKKLEGNICA	LEGNICA	POL	M60	2	M 65	00:39:34	01:07:31	02:57:57	03:49:10.05	03:49:10.05	7:54	7.6
3	ROKSELA WOJCIECH	920		OSTRÓW WIELKOPOLSKI	POL	M60	3	M 103	00:43:40	01:13:59	03:14:02	04:11:37.45	04:11:37.45	8:40	6.9
4	SZCZĘSNY MACIEJ	958		ŚWIEBODZIN	POL	M60	4	M 127	00:42:09	01:13:57	03:28:12	04:27:41.45	04:27:41.45	9:13	6.5
5	SIELUTIN WADIM	930	KB LEW LEGNICA 2000	LEGNICA	POL	M60	5	M 159	00:47:17	01:20:31	03:56:35	05:02:12.55	05:02:12.55	10:25	5.8
6	JÓZEFIACIUK WIESŁAW	1048		ŁÓDŹ	POL	M60	6	M 195	01:08:34	01:56:34	05:50:02	07:26:46.45	07:26:46.45	15:24	3.9