

V BIEG RYBAKA - 5 KM

Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplunek
 Data: 2022-09-24
 Miejsce: Czaplunek
 Dystans: 5 km
 Klasyfikacja wg czasów brutto.


V BIEG RYBAKA - 5 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|--|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KUŚMIDER ANDRZEJ | 28 | RUNDORFINA | CZAPLINEK | POL | M30-39 | 1 | M 1 | 00:16:48.15 | 00:16:50.50 | 3:21 | 17.9 |
| 2 | FILIPOWSKI DARIUSZ | 97 | FEHLAU RUN TEAM | SZCZECIN | POL | M50-59 | 1 | M 2 | 00:17:43.60 | 00:17:45.50 | 3:32 | 16.9 |
| 3 | WOJTONISZAK ŁUKASZ | 134 | | CHOCIWEL | POL | M30-39 | 2 | M 3 | 00:17:55.10 | 00:17:56.90 | 3:35 | 16.7 |
| 4 | BAZMIEROWSKI SYLWESTER | 85 | STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO | DOLASZEWO | POL | M50-59 | 2 | M 4 | 00:18:29.45 | 00:18:32.00 | 3:41 | 16.2 |
| 5 | KASIELEWSKI RAFAŁ | 150 | TEAM TERMINATORUN | WAŁCZ | POL | M18-29 | 1 | M 5 | 00:19:33.05 | 00:19:35.40 | 3:54 | 15.3 |
| 6 | CHMIELEWSKI TOMASZ | 92 | VO2 MAX RACING TEAM | BARWICE | POL | M40-49 | 1 | M 6 | 00:19:49.65 | 00:19:52.50 | 3:57 | 15.1 |
| 7 | BARAN KRZYSZTOF | 149 | | ZŁOCENIEC | POL | M30-39 | 3 | M 7 | 00:20:28.70 | 00:20:31.40 | 4:05 | 14.7 |
| 8 | KŁUNDUKOWSKA PAULINA | 108 | | TARNÓWKA | POL | K30-39 | 1 | K 1 | 00:20:48.20 | 00:20:51.80 | 4:09 | 14.4 |
| 9 | BIELAK TOMASZ | 87 | | ZŁOCENIEC | POL | M30-39 | 4 | M 8 | 00:20:58.00 | 00:21:00.25 | 4:11 | 14.3 |
| 10 | BIELA JAN | 86 | | WAŁCZ | POL | M40-49 | 2 | M 9 | 00:21:40.25 | 00:21:42.30 | 4:20 | 13.8 |
| 11 | KAPKOWOSKI PAWEŁ | 143 | EL TORO DE ORO | CZAPLINEK | POL | M30-39 | 5 | M 10 | 00:21:45.10 | 00:21:50.40 | 4:21 | 13.8 |
| 12 | WIŚNIEWSKA MAGDALENA | 131 | | DRAWSKO POM | POL | K30-39 | 2 | K 2 | 00:21:49.40 | 00:21:53.15 | 4:21 | 13.8 |
| 13 | KATRYCZ ZBIGNIEW | 105 | STOWARZYSZENIE NASZA ŚWIERCZYNA | ŚWIERCZYNA | POL | M50-59 | 3 | M 11 | 00:22:01.45 | 00:22:05.35 | 4:24 | 13.6 |
| 14 | OLKOWSKI TOMASZ | 119 | | CZAPLINEK | POL | M30-39 | 6 | M 12 | 00:22:08.40 | 00:22:12.50 | 4:25 | 13.6 |
| 15 | BANIA EDWARD | 84 | | TUROWO POM | POL | M40-49 | 3 | M 13 | 00:22:11.95 | 00:22:21.60 | 4:26 | 13.5 |
| 16 | OGONOWSKI MAREK | 118 | OGON TEAM | WAŁCZ | POL | M40-49 | 4 | M 14 | 00:22:31.70 | 00:22:36.75 | 4:30 | 13.3 |
| 17 | PRECA MARIA | 122 | | KALISZ POMORSKI | POL | K40-49 | 1 | K 3 | 00:22:43.35 | 00:22:46.20 | 4:32 | 13.2 |
| 18 | OSTROWSKI MARIAN | 189 | | ZŁOCENIEC | POL | M60-69 | 1 | M 15 | 00:22:53.75 | 00:22:57.35 | 4:34 | 13.1 |
| 19 | HOFFMANN MAŁGORZATA | 101 | TEAM TERMINATORUN | WAŁCZ | POL | K18-29 | 1 | K 4 | 00:23:10.40 | 00:23:15.55 | 4:38 | 12.9 |
| 20 | KOZIARZ MIROSLAW | 109 | | CZAPLINEK | POL | M50-59 | 4 | M 16 | 00:23:11.80 | 00:23:18.15 | 4:38 | 12.9 |
| 21 | KOZIKOWSKI PAWEŁ | 110 | | SZCZECINEK | POL | M30-39 | 7 | M 17 | 00:23:15.75 | 00:23:19.55 | 4:39 | 12.9 |
| 22 | MELON JACEK | 115 | BIEGAM | JASTROWIE | POL | M40-49 | 5 | M 18 | 00:23:22.30 | 00:23:27.60 | 4:40 | 12.8 |
| 23 | AUGUSTOWSKI KRZYSZTOF | 83 | STOWARZYSZENIENASZAŚWIERCZYNA | ŚWIERCZYNA | POL | M40-49 | 6 | M 19 | 00:23:30.65 | 00:23:36.65 | 4:42 | 12.8 |
| 24 | DŁUGA MAGDALENA | 95 | BIEGAM | ZLOTOW | POL | K30-39 | 3 | K 5 | 00:24:06.50 | 00:24:12.10 | 4:49 | 12.4 |
| 25 | GRABCZEWSKA EWA | 99 | | WAŁCZ | POL | K30-39 | 4 | K 6 | 00:24:40.25 | 00:24:45.10 | 4:56 | 12.2 |
| 26 | WOJTONISZAK KAROLINA | 135 | | CHOCIWEL | POL | K30-39 | 5 | K 7 | 00:24:59.75 | 00:25:02.05 | 4:59 | 12 |
| 27 | GRZYB MAGDA | 191 | | CZAPLINEK | POL | K30-39 | 6 | K 8 | 00:25:10.45 | 00:25:14.90 | 5:02 | 11.9 |
| 28 | GZUBICKI PIOTR | 100 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 7 | M 20 | 00:25:25.15 | 00:25:29.25 | 5:05 | 11.8 |
| 29 | BIERNAT TOMASZ | 88 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 8 | M 21 | 00:25:29.20 | 00:25:32.35 | 5:05 | 11.8 |
| 30 | MAKUCH KATARZYNA | 114 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 2 | K 9 | 00:25:29.35 | 00:25:32.50 | 5:05 | 11.8 |
| 31 | ROGOWSKI SZYMON | 124 | ROGAL TEAM | CZAPLINEK | POL | M15-17 | 1 | M 22 | 00:25:33.20 | 00:25:41.00 | 5:06 | 11.7 |
| 32 | RUDZIŃSKI JÓZEF | 125 | | ZŁOCENIEC | POL | M60-69 | 2 | M 23 | 00:25:36.95 | 00:25:42.00 | 5:07 | 11.7 |
| 33 | ANTONIAK KRZYSZTOF | 81 | | CZAPLINEK | POL | M40-49 | 9 | M 24 | 00:25:46.55 | 00:25:52.90 | 5:09 | 11.6 |
| 34 | ZIMNICKI TOMASZ | 136 | | CZAPLINEK | POL | M30-39 | 8 | M 25 | 00:25:42.50 | 00:25:53.30 | 5:08 | 11.7 |
| 35 | ROGOWSKI KAMIL | 123 | ROGAL TEAM | CZAPLINEK | POL | M40-49 | 10 | M 26 | 00:25:51.80 | 00:26:00.05 | 5:10 | 11.6 |
| 36 | HELLER MATEUSZ | 22 | | KOSZALIN | POL | M30-39 | 9 | M 27 | 00:26:01.95 | 00:26:12.15 | 5:12 | 11.5 |
| 37 | LUTYŃSKA EWA | 96 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 3 | K 10 | 00:26:10.75 | 00:26:13.60 | 5:14 | 11.5 |
| 38 | ŁUCZEJKO SŁAWOMIR | 113 | | SZCZECINEK | POL | M50-59 | 5 | M 28 | 00:26:19.00 | 00:26:25.40 | 5:15 | 11.4 |
| 39 | KRYŃSKI ADAM | 111 | | WARSZAWA | POL | M40-49 | 11 | M 29 | 00:26:24.25 | 00:26:27.75 | 5:16 | 11.4 |
| 40 | WOJDAN IWONA | 133 | RUNDORFINA | ŚWIERCZYNA | POL | K30-39 | 7 | K 11 | 00:26:24.30 | 00:26:28.10 | 5:16 | 11.4 |
| 41 | KILJAŃSKI ANDRZEJ | 106 | | WAŁCZ | POL | M40-49 | 12 | M 30 | 00:26:26.05 | 00:26:32.45 | 5:17 | 11.3 |
| 42 | SŁOMKA MACIEJ | 190 | | | POL | M50-59 | 6 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 43 | KACZOR SŁAWOMIR | 104 | | ŚWIERCZYNA | POL | M40-49 | 13 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 44 | RYNKIEWICZ PIOTR | 126 | TB WALDEK | SZCZECINEK | POL | M40-49 | 14 | M 33 | 00:27:41.15 | 00:27:47.35 | 5:32 | 10.8 |
| 45 | WAŚNIEWSKI AREK | 130 | RUNDORFINA CZAPLINEK | BARWICE | POL | M50-59 | 7 | M 34 | 00:27:40.45 | 00:27:49.60 | 5:32 | 10.8 |
| 46 | BUTOWICZ ADAM | 91 | | SZCZECINEK | POL | M60-69 | 3 | M 35 | 00:27:56.70 | 00:28:03.85 | 5:35 | 10.7 |

V BIEG RYBAKA - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|----------------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 47 | OGONOWSKA ANNA | 116 | OGON TEAM | WAŁCZ | POL | K15-17 | 1 | K 12 | 00:28:01.25 | 00:28:06.10 | 5:36 | 10.7 |
| 48 | OGONOWSKA RENATA | 117 | | WAŁCZ | POL | K15-17 | 2 | K 13 | 00:28:01.15 | 00:28:06.55 | 5:36 | 10.7 |
| 49 | | 139 | | | | | | 1 | 00:28:11.40 | 00:28:21.45 | 5:38 | 10.6 |
| 50 | CZECH AGNIESZKA | 142 | | CZAPLINEK | POL | K40-49 | 4 | K 14 | 00:28:57.35 | 00:29:01.45 | 5:47 | 10.4 |
| 51 | JAROSZEWICZ JOANNA | 103 | | WAŁCZ | POL | K40-49 | 5 | K 15 | 00:29:14.50 | 00:29:18.25 | 5:50 | 10.3 |
| 52 | KUŚMIDER KATARZYNA | 112 | RUNDORFINA | CZAPLINEK | POL | K30-39 | 8 | K 16 | 00:29:38.30 | 00:29:46.10 | 5:55 | 10.1 |
| 53 | PONICKA IZABELA | 120 | TEAM UJŚCIE | UJŚCIE | POL | K40-49 | 6 | K 17 | 00:29:34.35 | 00:29:47.90 | 5:54 | 10.1 |
| 54 | ANTONIAK JUSTYNA | 82 | | CZAPLINEK | POL | K30-39 | 9 | K 18 | 00:30:09.60 | 00:30:15.10 | 6:01 | 10 |
| 55 | PORĘBSKA KAROLINA | 121 | | ZŁOCIENIEC | POL | K18-29 | 2 | K 19 | 00:30:27.35 | 00:30:35.10 | 6:05 | 9.9 |
| 56 | JANISZEWSKA KAROLINA | 102 | | ZŁOCIENIEC | POL | K30-39 | 10 | K 20 | 00:30:28.10 | 00:30:36.20 | 6:05 | 9.8 |
| 57 | CZEREŚNIAK IWONA | 94 | | SIEMCZYNO | POL | K50-59 | 1 | K 21 | 00:30:54.00 | 00:31:01.00 | 6:10 | 9.7 |
| 58 | SUCHANOWSKA ANNA | 127 | RESPECT LOTYŃ | LOTYŃ | POL | K50-59 | 2 | K 22 | 00:30:54.90 | 00:31:01.90 | 6:10 | 9.7 |
| 59 | WAŚNIEWSKA EWA | 129 | RUNDORFINA CZAPLINEK | BARWICE | POL | K40-49 | 7 | K 23 | 00:31:47.15 | 00:31:56.00 | 6:21 | 9.4 |
| 60 | KILJAŃSKI EWA | 107 | | WAŁCZ | POL | K30-39 | 11 | K 24 | 00:32:11.40 | 00:32:17.50 | 6:26 | 9.3 |
| 61 | DOWAŃSKA MARZENA | 146 | | | POL | K40-49 | 8 | K 25 | 00:35:15.00 | 00:35:20.80 | 7:03 | 8.5 |
| 62 | SZCZERBIŃSKA BARBARA | 128 | - | GRYFINO | POL | K60-69 | 1 | K 26 | 00:38:23.85 | 00:38:32.80 | 7:40 | 7.8 |

V BIEG RYBAKA - 5 KM, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|----------------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KŁUNDUKOWSKA PAULINA | 108 | | TARNÓWKA | POL | K30-39 | 1 | K 1 | 00:20:48.20 | 00:20:51.80 | 4:09 | 14.4 |
| 2 | WIŚNIEWSKA MAGDALENA | 131 | | DRAWSKO POM | POL | K30-39 | 2 | K 2 | 00:21:49.40 | 00:21:53.15 | 4:21 | 13.8 |
| 3 | PRECA MARIA | 122 | | KALISZ POMORSKI | POL | K40-49 | 1 | K 3 | 00:22:43.35 | 00:22:46.20 | 4:32 | 13.2 |
| 4 | HOFFMANN MAŁGORZATA | 101 | TEAM TERMINATORUN | WAŁCZ | POL | K18-29 | 1 | K 4 | 00:23:10.40 | 00:23:15.55 | 4:38 | 12.9 |
| 5 | DŁUGA MAGDALENA | 95 | BIEGAM | ZLOTOW | POL | K30-39 | 3 | K 5 | 00:24:06.50 | 00:24:12.10 | 4:49 | 12.4 |
| 6 | GRABCZEWSKA EWA | 99 | | WAŁCZ | POL | K30-39 | 4 | K 6 | 00:24:40.25 | 00:24:45.10 | 4:56 | 12.2 |
| 7 | WOJTONISZAK KAROLINA | 135 | | CHOCIWEL | POL | K30-39 | 5 | K 7 | 00:24:59.75 | 00:25:02.05 | 4:59 | 12 |
| 8 | GRZYB MAGDA | 191 | | CZAPLINEK | POL | K30-39 | 6 | K 8 | 00:25:10.45 | 00:25:14.90 | 5:02 | 11.9 |
| 9 | MAKUCH KATARZYNA | 114 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 2 | K 9 | 00:25:29.35 | 00:25:32.50 | 5:05 | 11.8 |
| 10 | LUTYŃSKA EWA | 96 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 3 | K 10 | 00:26:10.75 | 00:26:13.60 | 5:14 | 11.5 |
| 11 | WOJDAN IWONA | 133 | RUNDORFINA | ŚWIERCZYNA | POL | K30-39 | 7 | K 11 | 00:26:24.30 | 00:26:28.10 | 5:16 | 11.4 |
| 12 | OGONOWSKA ANNA | 116 | OGON TEAM | WAŁCZ | POL | K15-17 | 1 | K 12 | 00:28:01.25 | 00:28:06.10 | 5:36 | 10.7 |
| 13 | OGONOWSKA RENATA | 117 | | WAŁCZ | POL | K15-17 | 2 | K 13 | 00:28:01.15 | 00:28:06.55 | 5:36 | 10.7 |
| 14 | CZECH AGNIESZKA | 142 | | CZAPLINEK | POL | K40-49 | 4 | K 14 | 00:28:57.35 | 00:29:01.45 | 5:47 | 10.4 |
| 15 | JAROSZEWICZ JOANNA | 103 | | WAŁCZ | POL | K40-49 | 5 | K 15 | 00:29:14.50 | 00:29:18.25 | 5:50 | 10.3 |
| 16 | KUŚMIDER KATARZYNA | 112 | RUNDORFINA | CZAPLINEK | POL | K30-39 | 8 | K 16 | 00:29:38.30 | 00:29:46.10 | 5:55 | 10.1 |
| 17 | PONICKA IZABELA | 120 | TEAM UJŚCIE | UJŚCIE | POL | K40-49 | 6 | K 17 | 00:29:34.35 | 00:29:47.90 | 5:54 | 10.1 |
| 18 | ANTONIAK JUSTYNA | 82 | | CZAPLINEK | POL | K30-39 | 9 | K 18 | 00:30:09.60 | 00:30:15.10 | 6:01 | 10 |
| 19 | PORĘBSKA KAROLINA | 121 | | ZŁOCIENIEC | POL | K18-29 | 2 | K 19 | 00:30:27.35 | 00:30:35.10 | 6:05 | 9.9 |
| 20 | JANISZEWSKA KAROLINA | 102 | | ZŁOCIENIEC | POL | K30-39 | 10 | K 20 | 00:30:28.10 | 00:30:36.20 | 6:05 | 9.8 |
| 21 | CZEREŚNIAK IWONA | 94 | | SIEMCZYNO | POL | K50-59 | 1 | K 21 | 00:30:54.00 | 00:31:01.00 | 6:10 | 9.7 |
| 22 | SUCHANOWSKA ANNA | 127 | RESPECT LOTYŃ | LOTYŃ | POL | K50-59 | 2 | K 22 | 00:30:54.90 | 00:31:01.90 | 6:10 | 9.7 |
| 23 | WAŚNIEWSKA EWA | 129 | RUNDORFINA CZAPLINEK | BARWICE | POL | K40-49 | 7 | K 23 | 00:31:47.15 | 00:31:56.00 | 6:21 | 9.4 |
| 24 | KILJAŃSKI EWA | 107 | | WAŁCZ | POL | K30-39 | 11 | K 24 | 00:32:11.40 | 00:32:17.50 | 6:26 | 9.3 |
| 25 | DOWAŃSKA MARZENA | 146 | | | POL | K40-49 | 8 | K 25 | 00:35:15.00 | 00:35:20.80 | 7:03 | 8.5 |
| 26 | SZCZERBIŃSKA BARBARA | 128 | - | GRYFINO | POL | K60-69 | 1 | K 26 | 00:38:23.85 | 00:38:32.80 | 7:40 | 7.8 |

V BIEG RYBAKA - 5 KM, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|-----|--|-----------|------|--------|--------|-----|-------------|-------------|--------|------|
| 1 | KUŚMIDER ANDRZEJ | 28 | RUNDORFINA | CZAPLINEK | POL | M30-39 | 1 | M 1 | 00:16:48.15 | 00:16:50.50 | 3:21 | 17.9 |
| 2 | FILIPOWSKI DARIUSZ | 97 | FEHLAU RUN TEAM | SZCZECIN | POL | M50-59 | 1 | M 2 | 00:17:43.60 | 00:17:45.50 | 3:32 | 16.9 |
| 3 | WOJTONISZAK ŁUKASZ | 134 | | CHOCIWEL | POL | M30-39 | 2 | M 3 | 00:17:55.10 | 00:17:56.90 | 3:35 | 16.7 |
| 4 | BAZIMIEROWSKI SYLWESTER | 85 | STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO | DOLASZEWO | POL | M50-59 | 2 | M 4 | 00:18:29.45 | 00:18:32.00 | 3:41 | 16.2 |

V BIEG RYBAKA - 5 KM, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|-----|---------------------------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 5 | KASIELEWSKI RAFAŁ | 150 | TEAM TERMINATORUN | WAŁCZ | POL | M18-29 | 1 | M 5 | 00:19:33.05 | 00:19:35.40 | 3:54 | 15.3 |
| 6 | CHMIELEWSKI TOMASZ | 92 | VO2 MAX RACING TEAM | BARWICE | POL | M40-49 | 1 | M 6 | 00:19:49.65 | 00:19:52.50 | 3:57 | 15.1 |
| 7 | BARAN KRZYSZTOF | 149 | | ZŁOCENIEC | POL | M30-39 | 3 | M 7 | 00:20:28.70 | 00:20:31.40 | 4:05 | 14.7 |
| 8 | BIELAK TOMASZ | 87 | | ZŁOCENIEC | POL | M30-39 | 4 | M 8 | 00:20:58.00 | 00:21:00.25 | 4:11 | 14.3 |
| 9 | BIELA JAN | 86 | | WAŁCZ | POL | M40-49 | 2 | M 9 | 00:21:40.25 | 00:21:42.30 | 4:20 | 13.8 |
| 10 | KAPKOWOSKI PAWEŁ | 143 | EL TORO DE ORO | CZAPLINEK | POL | M30-39 | 5 | M 10 | 00:21:45.10 | 00:21:50.40 | 4:21 | 13.8 |
| 11 | KATRYCZ ZBIGNIEW | 105 | STOWARZYSZENIE NASZA ŚWIERCZYNA | ŚWIERCZYNA | POL | M50-59 | 3 | M 11 | 00:22:01.45 | 00:22:05.35 | 4:24 | 13.6 |
| 12 | OLKOWSKI TOMASZ | 119 | | CZAPLINEK | POL | M30-39 | 6 | M 12 | 00:22:08.40 | 00:22:12.50 | 4:25 | 13.6 |
| 13 | BANIA EDWARD | 84 | | TUROWO POM | POL | M40-49 | 3 | M 13 | 00:22:11.95 | 00:22:21.60 | 4:26 | 13.5 |
| 14 | OGONOWSKI MAREK | 118 | OGON TEAM | WAŁCZ | POL | M40-49 | 4 | M 14 | 00:22:31.70 | 00:22:36.75 | 4:30 | 13.3 |
| 15 | OSTROWSKI MARIAN | 189 | | ZŁOCENIEC | POL | M60-69 | 1 | M 15 | 00:22:53.75 | 00:22:57.35 | 4:34 | 13.1 |
| 16 | KOZIARZ MIROŚLAW | 109 | | CZAPLINEK | POL | M50-59 | 4 | M 16 | 00:23:11.80 | 00:23:18.15 | 4:38 | 12.9 |
| 17 | KOZIKOWSKI PAWEŁ | 110 | | SZCZECINEK | POL | M30-39 | 7 | M 17 | 00:23:15.75 | 00:23:19.55 | 4:39 | 12.9 |
| 18 | MELON JACEK | 115 | BIEGAM | JASTROWIE | POL | M40-49 | 5 | M 18 | 00:23:22.30 | 00:23:27.60 | 4:40 | 12.8 |
| 19 | AUGUSTOWSKI KRZYSZTOF | 83 | STOWARZYSZENIENASZAŚWIERCZYNA | ŚWIERCZYNA | POL | M40-49 | 6 | M 19 | 00:23:30.65 | 00:23:36.65 | 4:42 | 12.8 |
| 20 | GZUBICKI PIOTR | 100 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 7 | M 20 | 00:25:25.15 | 00:25:29.25 | 5:05 | 11.8 |
| 21 | BIERNAT TOMASZ | 88 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 8 | M 21 | 00:25:29.20 | 00:25:32.35 | 5:05 | 11.8 |
| 22 | ROGOWSKI SZYMON | 124 | ROGAL TEAM | CZAPLINEK | POL | M15-17 | 1 | M 22 | 00:25:33.20 | 00:25:41.00 | 5:06 | 11.7 |
| 23 | RUDZIŃSKI JÓZEF | 125 | | ZŁOCENIEC | POL | M60-69 | 2 | M 23 | 00:25:36.95 | 00:25:42.00 | 5:07 | 11.7 |
| 24 | ANTONIAK KRZYSZTOF | 81 | | CZAPLINEK | POL | M40-49 | 9 | M 24 | 00:25:46.55 | 00:25:52.90 | 5:09 | 11.6 |
| 25 | ZIMNICKI TOMASZ | 136 | | CZAPLINEK | POL | M30-39 | 8 | M 25 | 00:25:42.50 | 00:25:53.30 | 5:08 | 11.7 |
| 26 | ROGOWSKI KAMIL | 123 | ROGAL TEAM | CZAPLINEK | POL | M40-49 | 10 | M 26 | 00:25:51.80 | 00:26:00.05 | 5:10 | 11.6 |
| 27 | HELLER MATEUSZ | 22 | | KOSZALIN | POL | M30-39 | 9 | M 27 | 00:26:01.95 | 00:26:12.15 | 5:12 | 11.5 |
| 28 | ŁUCZEJKO SŁAWOMIR | 113 | | SZCZECINEK | POL | M50-59 | 5 | M 28 | 00:26:19.00 | 00:26:25.40 | 5:15 | 11.4 |
| 29 | KRYŃSKI ADAM | 111 | | WARSZAWA | POL | M40-49 | 11 | M 29 | 00:26:24.25 | 00:26:27.75 | 5:16 | 11.4 |
| 30 | KILIJANSKI ANDRZEJ | 106 | | WAŁCZ | POL | M40-49 | 12 | M 30 | 00:26:26.05 | 00:26:32.45 | 5:17 | 11.3 |
| 31 | KACZOR SŁAWOMIR | 104 | | ŚWIERCZYNA | POL | M40-49 | 13 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 32 | SŁOMKA MACIEJ | 190 | | | POL | M50-59 | 6 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 33 | RYNKIEWICZ PIOTR | 126 | TB WALDEK | SZCZECINEK | POL | M40-49 | 14 | M 33 | 00:27:41.15 | 00:27:47.35 | 5:32 | 10.8 |
| 34 | WAŚNIEWSKI AREK | 130 | RUNDORFINA CZAPLINEK | BARWICE | POL | M50-59 | 7 | M 34 | 00:27:40.45 | 00:27:49.60 | 5:32 | 10.8 |
| 35 | BUTOWICZ ADAM | 91 | | SZCZECINEK | POL | M60-69 | 3 | M 35 | 00:27:56.70 | 00:28:03.85 | 5:35 | 10.7 |

V BIEG RYBAKA - 5 KM, K-Czaplinek

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|-------------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KŁUNDUKOWSKA PAULINA | 108 | | TARNÓWKA | POL | K30-39 | 1 | K 1 | 00:20:48.20 | 00:20:51.80 | 4:09 | 14.4 |
| 2 | WIŚNIEWSKA MAGDALENA | 131 | | DRAWSKO POM | POL | K30-39 | 2 | K 2 | 00:21:49.40 | 00:21:53.15 | 4:21 | 13.8 |
| 3 | PRECA MARIA | 122 | | KALISZ POMORSKI | POL | K40-49 | 1 | K 3 | 00:22:43.35 | 00:22:46.20 | 4:32 | 13.2 |
| 4 | HOFFMANN MAŁGORZATA | 101 | TEAM TERMINATORUN | WAŁCZ | POL | K18-29 | 1 | K 4 | 00:23:10.40 | 00:23:15.55 | 4:38 | 12.9 |
| 5 | DŁUGA MAGDALENA | 95 | BIEGAM | ZŁOTOW | POL | K30-39 | 3 | K 5 | 00:24:06.50 | 00:24:12.10 | 4:49 | 12.4 |
| 6 | GRABCZEWSKA EWA | 99 | | WAŁCZ | POL | K30-39 | 4 | K 6 | 00:24:40.25 | 00:24:45.10 | 4:56 | 12.2 |
| 7 | WOJTONISZAK KAROLINA | 135 | | CHOCIWEL | POL | K30-39 | 5 | K 7 | 00:24:59.75 | 00:25:02.05 | 4:59 | 12 |
| 8 | GRZYB MAGDA | 191 | | CZAPLINEK | POL | K30-39 | 6 | K 8 | 00:25:10.45 | 00:25:14.90 | 5:02 | 11.9 |
| 9 | MAKUCH KATARZYNA | 114 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 2 | K 9 | 00:25:29.35 | 00:25:32.50 | 5:05 | 11.8 |
| 10 | LUTYŃSKA EWA | 96 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 3 | K 10 | 00:26:10.75 | 00:26:13.60 | 5:14 | 11.5 |
| 11 | WOJDAN IWONA | 133 | RUNDORFINA | ŚWIERCZYNA | POL | K30-39 | 7 | K 11 | 00:26:24.30 | 00:26:28.10 | 5:16 | 11.4 |
| 12 | OGONOWSKA ANNA | 116 | OGON TEAM | WAŁCZ | POL | K15-17 | 1 | K 12 | 00:28:01.25 | 00:28:06.10 | 5:36 | 10.7 |
| 13 | OGONOWSKA RENATA | 117 | | WAŁCZ | POL | K15-17 | 2 | K 13 | 00:28:01.15 | 00:28:06.55 | 5:36 | 10.7 |
| 14 | CZECH AGNIESZKA | 142 | | CZAPLINEK | POL | K40-49 | 4 | K 14 | 00:28:57.35 | 00:29:01.45 | 5:47 | 10.4 |
| 15 | JAROSZEWICZ JOANNA | 103 | | WAŁCZ | POL | K40-49 | 5 | K 15 | 00:29:14.50 | 00:29:18.25 | 5:50 | 10.3 |
| 16 | KUŚMIDER KATARZYNA | 112 | RUNDORFINA | CZAPLINEK | POL | K30-39 | 8 | K 16 | 00:29:38.30 | 00:29:46.10 | 5:55 | 10.1 |
| 17 | PONICKA IZABELA | 120 | TEAM UJŚCIE | UJŚCIE | POL | K40-49 | 6 | K 17 | 00:29:34.35 | 00:29:47.90 | 5:54 | 10.1 |
| 18 | ANTONIAK JUSTYNA | 82 | | CZAPLINEK | POL | K30-39 | 9 | K 18 | 00:30:09.60 | 00:30:15.10 | 6:01 | 10 |
| 19 | PORĘBSKA KAROLINA | 121 | | ZŁOCENIEC | POL | K18-29 | 2 | K 19 | 00:30:27.35 | 00:30:35.10 | 6:05 | 9.9 |
| 20 | JANISZEWSKA KAROLINA | 102 | | ZŁOCENIEC | POL | K30-39 | 10 | K 20 | 00:30:28.10 | 00:30:36.20 | 6:05 | 9.8 |
| 21 | CZEREŚNIAK IWONA | 94 | | SIEMCZYNO | POL | K50-59 | 1 | K 21 | 00:30:54.00 | 00:31:01.00 | 6:10 | 9.7 |

V BIEG RYBAKA - 5 KM, K-Czaplinek c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|----------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 22 | SUCHANOWSKA ANNA | 127 | RESPECT LOTYŃ | LOTYŃ | POL | K50-59 | 2 | K 22 | 00:30:54.90 | 00:31:01.90 | 6:10 | 9.7 |
| 23 | WAŚNIEWSKA EWA | 129 | RUNDORFINA CZAPLINEK | BARWICE | POL | K40-49 | 7 | K 23 | 00:31:47.15 | 00:31:56.00 | 6:21 | 9.4 |
| 24 | KILJAŃSKI EWA | 107 | | WAŁCZ | POL | K30-39 | 11 | K 24 | 00:32:11.40 | 00:32:17.50 | 6:26 | 9.3 |
| 25 | DOWAŃSKA MARZENA | 146 | | | POL | K40-49 | 8 | K 25 | 00:35:15.00 | 00:35:20.80 | 7:03 | 8.5 |
| 26 | SZCZERBIŃSKA BARBARA | 128 | - | GRYFINO | POL | K60-69 | 1 | K 26 | 00:38:23.85 | 00:38:32.80 | 7:40 | 7.8 |

V BIEG RYBAKA - 5 KM, M-Czaplinek

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|-----|--|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KUŚMIDER ANDRZEJ | 28 | RUNDORFINA | CZAPLINEK | POL | M30-39 | 1 | M 1 | 00:16:48.15 | 00:16:50.50 | 3:21 | 17.9 |
| 2 | FILIPOWSKI DARIUSZ | 97 | FEHLAU RUN TEAM | SZCZECIN | POL | M50-59 | 1 | M 2 | 00:17:43.60 | 00:17:45.50 | 3:32 | 16.9 |
| 3 | WOJTONISZAK ŁUKASZ | 134 | | CHOCIWEL | POL | M30-39 | 2 | M 3 | 00:17:55.10 | 00:17:56.90 | 3:35 | 16.7 |
| 4 | BAZIMIEROWSKI SYLWESTER | 85 | STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO | DOLASZEWO | POL | M50-59 | 2 | M 4 | 00:18:29.45 | 00:18:32.00 | 3:41 | 16.2 |
| 5 | KASIELEWSKI RAFAŁ | 150 | TEAM TERMINATORUN | WAŁCZ | POL | M18-29 | 1 | M 5 | 00:19:33.05 | 00:19:35.40 | 3:54 | 15.3 |
| 6 | CHMIELEWSKI TOMASZ | 92 | VO2 MAX RACING TEAM | BARWICE | POL | M40-49 | 1 | M 6 | 00:19:49.65 | 00:19:52.50 | 3:57 | 15.1 |
| 7 | BARAN KRZYSZTOF | 149 | | ZŁOCIENIEC | POL | M30-39 | 3 | M 7 | 00:20:28.70 | 00:20:31.40 | 4:05 | 14.7 |
| 8 | BIELAK TOMASZ | 87 | | ZŁOCIENIEC | POL | M30-39 | 4 | M 8 | 00:20:58.00 | 00:21:00.25 | 4:11 | 14.3 |
| 9 | BIELA JAN | 86 | | WAŁCZ | POL | M40-49 | 2 | M 9 | 00:21:40.25 | 00:21:42.30 | 4:20 | 13.8 |
| 10 | KAPKOWOSKI PAWEŁ | 143 | EL TORO DE ORO | CZAPLINEK | POL | M30-39 | 5 | M 10 | 00:21:45.10 | 00:21:50.40 | 4:21 | 13.8 |
| 11 | KATRYCZ ZBIGNIEW | 105 | STOWARZYSZENIE NASZA ŚWIERCZYNA | ŚWIERCZYNA | POL | M50-59 | 3 | M 11 | 00:22:01.45 | 00:22:05.35 | 4:24 | 13.6 |
| 12 | OLKOWSKI TOMASZ | 119 | | CZAPLINEK | POL | M30-39 | 6 | M 12 | 00:22:08.40 | 00:22:12.50 | 4:25 | 13.6 |
| 13 | BANIA EDWARD | 84 | | TUROWO POM | POL | M40-49 | 3 | M 13 | 00:22:11.95 | 00:22:21.60 | 4:26 | 13.5 |
| 14 | OGONOWSKI MAREK | 118 | OGON TEAM | WAŁCZ | POL | M40-49 | 4 | M 14 | 00:22:31.70 | 00:22:36.75 | 4:30 | 13.3 |
| 15 | OSTROWSKI MARIAN | 189 | | ZŁOCIENIEC | POL | M60-69 | 1 | M 15 | 00:22:53.75 | 00:22:57.35 | 4:34 | 13.1 |
| 16 | KOZIARZ MIROŚŁAW | 109 | | CZAPLINEK | POL | M50-59 | 4 | M 16 | 00:23:11.80 | 00:23:18.15 | 4:38 | 12.9 |
| 17 | KOZIKOWSKI PAWEŁ | 110 | | SZCZECINEK | POL | M30-39 | 7 | M 17 | 00:23:15.75 | 00:23:19.55 | 4:39 | 12.9 |
| 18 | MELON JACEK | 115 | BIEGAM | JASTROWIE | POL | M40-49 | 5 | M 18 | 00:23:22.30 | 00:23:27.60 | 4:40 | 12.8 |
| 19 | AUGUSTOWSKI KRZYSZTOF | 83 | STOWARZYSZENIENASZAŚWIERCZYNA | ŚWIERCZYNA | POL | M40-49 | 6 | M 19 | 00:23:30.65 | 00:23:36.65 | 4:42 | 12.8 |
| 20 | GZUBICKI PIOTR | 100 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 7 | M 20 | 00:25:25.15 | 00:25:29.25 | 5:05 | 11.8 |
| 21 | BIERNAT TOMASZ | 88 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 8 | M 21 | 00:25:29.20 | 00:25:32.35 | 5:05 | 11.8 |
| 22 | ROGOWSKI SZYMON | 124 | ROGAL TEAM | CZAPLINEK | POL | M15-17 | 1 | M 22 | 00:25:33.20 | 00:25:41.00 | 5:06 | 11.7 |
| 23 | RUDZIŃSKI JÓZEF | 125 | | ZŁOCIENIEC | POL | M60-69 | 2 | M 23 | 00:25:36.95 | 00:25:42.00 | 5:07 | 11.7 |
| 24 | ANTONIAK KRZYSZTOF | 81 | | CZAPLINEK | POL | M40-49 | 9 | M 24 | 00:25:46.55 | 00:25:52.90 | 5:09 | 11.6 |
| 25 | ZIMNICKI TOMASZ | 136 | | CZAPLINEK | POL | M30-39 | 8 | M 25 | 00:25:42.50 | 00:25:53.30 | 5:08 | 11.7 |
| 26 | ROGOWSKI KAMIL | 123 | ROGAL TEAM | CZAPLINEK | POL | M40-49 | 10 | M 26 | 00:25:51.80 | 00:26:00.05 | 5:10 | 11.6 |
| 27 | HELLER MATEUSZ | 22 | | KOSZALIN | POL | M30-39 | 9 | M 27 | 00:26:01.95 | 00:26:12.15 | 5:12 | 11.5 |
| 28 | ŁUCZEJKO SŁAWOMIR | 113 | | SZCZECINEK | POL | M50-59 | 5 | M 28 | 00:26:19.00 | 00:26:25.40 | 5:15 | 11.4 |
| 29 | KRYŃSKI ADAM | 111 | | WARSZAWA | POL | M40-49 | 11 | M 29 | 00:26:24.25 | 00:26:27.75 | 5:16 | 11.4 |
| 30 | KILJAŃSKI ANDRZEJ | 106 | | WAŁCZ | POL | M40-49 | 12 | M 30 | 00:26:26.05 | 00:26:32.45 | 5:17 | 11.3 |
| 31 | KACZOR SŁAWOMIR | 104 | | ŚWIERCZYNA | POL | M40-49 | 13 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 32 | SŁOMKA MACIEJ | 190 | | M50-59 | POL | M50-59 | 6 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 33 | RYNKIEWICZ PIOTR | 126 | TB WALDEK | SZCZECINEK | POL | M40-49 | 14 | M 33 | 00:27:41.15 | 00:27:47.35 | 5:32 | 10.8 |
| 34 | WAŚNIEWSKI AREK | 130 | RUNDORFINA CZAPLINEK | BARWICE | POL | M50-59 | 7 | M 34 | 00:27:40.45 | 00:27:49.60 | 5:32 | 10.8 |
| 35 | BUTOWICZ ADAM | 91 | | SZCZECINEK | POL | M60-69 | 3 | M 35 | 00:27:56.70 | 00:28:03.85 | 5:35 | 10.7 |

V BIEG RYBAKA - 5 KM, K15-17

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------|-----|-----------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | OGONOWSKA ANNA | 116 | OGON TEAM | WAŁCZ | POL | K15-17 | 1 | K 12 | 00:28:01.25 | 00:28:06.10 | 5:36 | 10.7 |
| 2 | OGONOWSKA RENATA | 117 | | WAŁCZ | POL | K15-17 | 2 | K 13 | 00:28:01.15 | 00:28:06.55 | 5:36 | 10.7 |

V BIEG RYBAKA - 5 KM, M15-17

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | ROGOWSKI SZYMON | 124 | ROGAL TEAM | CZAPLINEK | POL | M15-17 | 1 | M 22 | 00:25:33.20 | 00:25:41.00 | 5:06 | 11.7 |

V BIEG RYBAKA - 5 KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|-------------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | HOFFMANN MAŁGORZATA | 101 | TEAM TERMINATORUN | WAŁCZ | POL | K18-29 | 1 | K 4 | 00:23:10.40 | 00:23:15.55 | 4:38 | 12.9 |
| 2 | PORĘBSKA KAROLINA | 121 | | ZŁOCIENIEC | POL | K18-29 | 2 | K 19 | 00:30:27.35 | 00:30:35.10 | 6:05 | 9.9 |

V BIEG RYBAKA - 5 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------|-----|-------------------|-----------|------|--------|--------|-----|-------------|-------------|--------|------|
| 1 | KASIELEWSKI RAFAŁ | 150 | TEAM TERMINATORUN | WAŁCZ | POL | M18-29 | 1 | M 5 | 00:19:33.05 | 00:19:35.40 | 3:54 | 15.3 |

V BIEG RYBAKA - 5 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|------------|-------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KŁUNDUKOWSKA PAULINA | 108 | | TARNÓWKA | POL | K30-39 | 1 | K 1 | 00:20:48.20 | 00:20:51.80 | 4:09 | 14.4 |
| 2 | WIŚNIEWSKA MAGDALENA | 131 | | DRAWSKO POM | POL | K30-39 | 2 | K 2 | 00:21:49.40 | 00:21:53.15 | 4:21 | 13.8 |
| 3 | DŁUGA MAGDALENA | 95 | BIEGAM | ZLOTOW | POL | K30-39 | 3 | K 5 | 00:24:06.50 | 00:24:12.10 | 4:49 | 12.4 |
| 4 | GRABCZEWSKA EWA | 99 | | WAŁCZ | POL | K30-39 | 4 | K 6 | 00:24:40.25 | 00:24:45.10 | 4:56 | 12.2 |
| 5 | WOJTONISZAK KAROLINA | 135 | | CHOCIWEL | POL | K30-39 | 5 | K 7 | 00:24:59.75 | 00:25:02.05 | 4:59 | 12 |
| 6 | GRZYB MAGDA | 191 | | CZAPLINEK | POL | K30-39 | 6 | K 8 | 00:25:10.45 | 00:25:14.90 | 5:02 | 11.9 |
| 7 | WOJDAN IWONA | 133 | RUNDORFINA | ŚWIERCZYNA | POL | K30-39 | 7 | K 11 | 00:26:24.30 | 00:26:28.10 | 5:16 | 11.4 |
| 8 | KUŚMIDER KATARZYNA | 112 | RUNDORFINA | CZAPLINEK | POL | K30-39 | 8 | K 16 | 00:29:38.30 | 00:29:46.10 | 5:55 | 10.1 |
| 9 | ANTONIAK JUSTYNA | 82 | | CZAPLINEK | POL | K30-39 | 9 | K 18 | 00:30:09.60 | 00:30:15.10 | 6:01 | 10 |
| 10 | JANISZEWSKA KAROLINA | 102 | | ZŁOCIENIEC | POL | K30-39 | 10 | K 20 | 00:30:28.10 | 00:30:36.20 | 6:05 | 9.8 |
| 11 | KILJJAŃSKI EWA | 107 | | WAŁCZ | POL | K30-39 | 11 | K 24 | 00:32:11.40 | 00:32:17.50 | 6:26 | 9.3 |

V BIEG RYBAKA - 5 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|----------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KUŚMIDER ANDRZEJ | 28 | RUNDORFINA | CZAPLINEK | POL | M30-39 | 1 | M 1 | 00:16:48.15 | 00:16:50.50 | 3:21 | 17.9 |
| 2 | WOJTONISZAK ŁUKASZ | 134 | | CHOCIWEL | POL | M30-39 | 2 | M 3 | 00:17:55.10 | 00:17:56.90 | 3:35 | 16.7 |
| 3 | BARAN KRZYSZTOF | 149 | | ZŁOCIENIEC | POL | M30-39 | 3 | M 7 | 00:20:28.70 | 00:20:31.40 | 4:05 | 14.7 |
| 4 | BIELAK TOMASZ | 87 | | ZŁOCIENIEC | POL | M30-39 | 4 | M 8 | 00:20:58.00 | 00:21:00.25 | 4:11 | 14.3 |
| 5 | KAPKOWOSKI PAWEŁ | 143 | EL TORO DE ORO | CZAPLINEK | POL | M30-39 | 5 | M 10 | 00:21:45.10 | 00:21:50.40 | 4:21 | 13.8 |
| 6 | OLKOWSKI TOMASZ | 119 | | CZAPLINEK | POL | M30-39 | 6 | M 12 | 00:22:08.40 | 00:22:12.50 | 4:25 | 13.6 |
| 7 | KOZIKOWSKI PAWEŁ | 110 | | SZCZECINEK | POL | M30-39 | 7 | M 17 | 00:23:15.75 | 00:23:19.55 | 4:39 | 12.9 |
| 8 | ZIMNICKI TOMASZ | 136 | | CZAPLINEK | POL | M30-39 | 8 | M 25 | 00:25:42.50 | 00:25:53.30 | 5:08 | 11.7 |
| 9 | HELLER MATEUSZ | 22 | | KOSZALIN | POL | M30-39 | 9 | M 27 | 00:26:01.95 | 00:26:12.15 | 5:12 | 11.5 |

V BIEG RYBAKA - 5 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|----------------|-----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | PRECA MARIA | 122 | | KALISZ POMORSKI | POL | K40-49 | 1 | K 3 | 00:22:43.35 | 00:22:46.20 | 4:32 | 13.2 |
| 2 | MAKUCH KATARZYNA | 114 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 2 | K 9 | 00:25:29.35 | 00:25:32.50 | 5:05 | 11.8 |
| 3 | LUTYŃSKA EWA | 96 | EL TORO DE ORO | CZAPLINEK | POL | K40-49 | 3 | K 10 | 00:26:10.75 | 00:26:13.60 | 5:14 | 11.5 |
| 4 | CZECH AGNIESZKA | 142 | | CZAPLINEK | POL | K40-49 | 4 | K 14 | 00:28:57.35 | 00:29:01.45 | 5:47 | 10.4 |
| 5 | JAROSZEWICZ JOANNA | 103 | | WAŁCZ | POL | K40-49 | 5 | K 15 | 00:29:14.50 | 00:29:18.25 | 5:50 | 10.3 |

V BIEG RYBAKA - 5 KM, K40-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------|-----|----------------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 6 | PONICKA IZABELA | 120 | TEAM UJŚCIE | UJŚCIE | POL | K40-49 | 6 | K 17 | 00:29:34.35 | 00:29:47.90 | 5:54 | 10.1 |
| 7 | WAŚNIEWSKA EWA | 129 | RUNDORFINA CZAPLINEK | BARWICE | POL | K40-49 | 7 | K 23 | 00:31:47.15 | 00:31:56.00 | 6:21 | 9.4 |
| 8 | DOWAŃSKA MARZENA | 146 | | | POL | K40-49 | 8 | K 25 | 00:35:15.00 | 00:35:20.80 | 7:03 | 8.5 |

V BIEG RYBAKA - 5 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|-----|-------------------------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | CHMIELEWSKI TOMASZ | 92 | VO2 MAX RACING TEAM | BARWICE | POL | M40-49 | 1 | M 6 | 00:19:49.65 | 00:19:52.50 | 3:57 | 15.1 |
| 2 | BIELA JAN | 86 | | WAŁCZ | POL | M40-49 | 2 | M 9 | 00:21:40.25 | 00:21:42.30 | 4:20 | 13.8 |
| 3 | BANIA EDWARD | 84 | | TUROWO POM | POL | M40-49 | 3 | M 13 | 00:22:11.95 | 00:22:21.60 | 4:26 | 13.5 |
| 4 | OGONOWSKI MAREK | 118 | OGON TEAM | WAŁCZ | POL | M40-49 | 4 | M 14 | 00:22:31.70 | 00:22:36.75 | 4:30 | 13.3 |
| 5 | MELON JACEK | 115 | BIEGAM | JASTROWIE | POL | M40-49 | 5 | M 18 | 00:23:22.30 | 00:23:27.60 | 4:40 | 12.8 |
| 6 | AUGUSTOWSKI KRZYSZTOF | 83 | STOWARZYSZENIENASZAŚWIERCZYNA | ŚWIERCZYNA | POL | M40-49 | 6 | M 19 | 00:23:30.65 | 00:23:36.65 | 4:42 | 12.8 |
| 7 | GZUBICKI PIOTR | 100 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 7 | M 20 | 00:25:25.15 | 00:25:29.25 | 5:05 | 11.8 |
| 8 | BIERNAT TOMASZ | 88 | EL TORO DE ORO | CZAPLINEK | POL | M40-49 | 8 | M 21 | 00:25:29.20 | 00:25:32.35 | 5:05 | 11.8 |
| 9 | ANTONIAK KRZYSZTOF | 81 | | CZAPLINEK | POL | M40-49 | 9 | M 24 | 00:25:46.55 | 00:25:52.90 | 5:09 | 11.6 |
| 10 | ROGOWSKI KAMIL | 123 | ROGAL TEAM | CZAPLINEK | POL | M40-49 | 10 | M 26 | 00:25:51.80 | 00:26:00.05 | 5:10 | 11.6 |
| 11 | KRYŃSKI ADAM | 111 | | WARSZAWA | POL | M40-49 | 11 | M 29 | 00:26:24.25 | 00:26:27.75 | 5:16 | 11.4 |
| 12 | KILJAŃSKI ANDRZEJ | 106 | | WAŁCZ | POL | M40-49 | 12 | M 30 | 00:26:26.05 | 00:26:32.45 | 5:17 | 11.3 |
| 13 | KACZOR SŁAWOMIR | 104 | | ŚWIERCZYNA | POL | M40-49 | 13 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 14 | RYNKIEWICZ PIOTR | 126 | TB WALDEK | SZCZECINEK | POL | M40-49 | 14 | M 33 | 00:27:41.15 | 00:27:47.35 | 5:32 | 10.8 |

V BIEG RYBAKA - 5 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------|-----|---------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | CZEREŚNIAK IWONA | 94 | | SIEMCZYNO | POL | K50-59 | 1 | K 21 | 00:30:54.00 | 00:31:01.00 | 6:10 | 9.7 |
| 2 | SUCHANOWSKA ANNA | 127 | RESPECT LOTYŃ | LOTYŃ | POL | K50-59 | 2 | K 22 | 00:30:54.90 | 00:31:01.90 | 6:10 | 9.7 |

V BIEG RYBAKA - 5 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|-----|--|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | FILIPOWSKI DARIUSZ | 97 | FEHLAU RUN TEAM | SZCZECIN | POL | M50-59 | 1 | M 2 | 00:17:43.60 | 00:17:45.50 | 3:32 | 16.9 |
| 2 | BAZIMIEROWSKI SYLWESTER | 85 | STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO | DOLASZEWO | POL | M50-59 | 2 | M 4 | 00:18:29.45 | 00:18:32.00 | 3:41 | 16.2 |
| 3 | KATRYCZ ZBIGNIEW | 105 | STOWARZYSZENIE NASZA ŚWIERCZYNA | ŚWIERCZYNA | POL | M50-59 | 3 | M 11 | 00:22:01.45 | 00:22:05.35 | 4:24 | 13.6 |
| 4 | KOZIARZ MIROSLAW | 109 | | CZAPLINEK | POL | M50-59 | 4 | M 16 | 00:23:11.80 | 00:23:18.15 | 4:38 | 12.9 |
| 5 | ŁUCZEJKO SŁAWOMIR | 113 | | SZCZECINEK | POL | M50-59 | 5 | M 28 | 00:26:19.00 | 00:26:25.40 | 5:15 | 11.4 |
| 6 | SŁOMKA MACIEJ | 190 | | | POL | M50-59 | 6 | M 31 | 00:26:42.55 | 00:26:48.15 | 5:20 | 11.2 |
| 7 | WAŚNIEWSKI AREK | 130 | RUNDORFINA CZAPLINEK | BARWICE | POL | M50-59 | 7 | M 34 | 00:27:40.45 | 00:27:49.60 | 5:32 | 10.8 |

V BIEG RYBAKA - 5 KM, K60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | SZCZERBIŃSKA BARBARA | 128 | - | GRYFINO | POL | K60-69 | 1 | K 26 | 00:38:23.85 | 00:38:32.80 | 7:40 | 7.8 |

V BIEG RYBAKA - 5 KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------|-----|------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | OSTROWSKI MARIAN | 189 | | ZŁOCIENIEC | POL | M60-69 | 1 | M 15 | 00:22:53.75 | 00:22:57.35 | 4:34 | 13.1 |
| 2 | RUDZIŃSKI JÓZEF | 125 | | ZŁOCIENIEC | POL | M60-69 | 2 | M 23 | 00:25:36.95 | 00:25:42.00 | 5:07 | 11.7 |

V BIEG RYBAKA - 5 KM, M60-69 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|----|------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 3 | BUTOWICZ ADAM | 91 | | SZCZECINEK | POL | M60-69 | 3 | M 35 | 00:27:56.70 | 00:28:03.85 | 5:35 | 10.7 |

V BIEG RYBAKA - 5 KM,

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|------|-----------|------|------|--------|-----|-------------|-------------|--------|------|
| 1 | | 139 | | | | | | 1 | 00:28:11.40 | 00:28:21.45 | 5:38 | 10.6 |