

### III BYDGOSKI BIEG PO ODDECH

Organizator: Stowarzyszenie Waleczne Serca  
Data: 2022-10-02  
Miejsce: Bydgoszcz  
Dystans: 5 km  
Klasyfikacja wg czasów brutto.



### III BYDGOSKI BIEG PO ODDECH, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	ORCHOLSKI WITOLD	405	TS OPATRUNKI TORUŃ	TORUŃ	POL	BIEG Z PSEM	1	M 1	00:08:09	00:17:09.65	00:17:12.00	3:25	17.5
2	KRYSKE BARTOSZ	358		BIAŁE BŁOTA	POL	M30	1	M 2	00:09:26	00:18:51.00	00:18:54.05	3:46	15.9
3	CZAJKOWSKI ARKADIUSZ	388		BYDGOSZCZ	POL	M20	1	M 3	00:09:18	00:19:10.95	00:19:14.00	3:50	15.7
4	HOŁTYN PATRYK	186		BYDGOSZCZ	POL	M30	2	M 4	00:09:42	00:19:49.25	00:19:53.75	3:57	15.1
5	MACIŃSKI WALDEK	123		BYDGOSZCZ	POL	M40	1	M 5	00:10:08	00:20:42.00	00:20:45.90	4:08	14.5
6	NAGORZYŃSKI AREK	5		BYDGOSZCZ	POL	M30	3	M 6	00:10:18	00:21:07.00	00:21:09.45	4:13	14.2
7	KWAŚNIEWSKI WALDEMAR	338		MROCZA	POL	M50	1	M 7	00:10:24	00:21:03.55	00:21:09.50	4:12	14.3
8	JAGIEŁA ADAM	212		BYDGOSZCZ	POL	M40	2	M 8	00:10:29	00:21:14.90	00:21:21.75	4:14	14.1
9	UMIŃSKI ROBERT	195		BYDGOSZCZ	POL	M40	3	M 9	00:10:24	00:21:08.80	00:21:34.05	4:13	14.2
10	KRYGOWSKI TOMASZ	98		TUCHOLA	POL	M50	2	M 10	00:10:37	00:21:36.25	00:21:39.20	4:19	13.9
11	HADOWSKI PIOTR	336		INOWROCŁAW	POL	M40	4	M 11	00:10:55	00:21:43.15	00:21:49.00	4:20	13.8
12	PIECZKA MARCIN	359		BYSŁAW	POL	M30	4	M 12	00:10:37	00:21:53.30	00:21:57.35	4:22	13.7
13	SZYSZKA RADOSŁAW	308		BYDGOSZCZ	POL	M40	5	M 13	00:10:58	00:22:24.20	00:22:27.05	4:28	13.4
14	BRZESKI SEBASTIAN	366		BYDGOSZCZ	POL	M40	6	M 14	00:11:18	00:22:33.65	00:22:39.10	4:30	13.3
15	KOLIŃSKI DAWID	9		NAKŁO NAD NOTECIĄ	POL	BIEG Z PSEM	2	M 15	00:10:52	00:22:46.75	00:22:56.55	4:33	13.2
16	LEWANDOWSKI SEBASTIAN	12		DOBRCZ	POL	BIEG Z PSEM	3	M 16	00:10:59	00:22:55.15	00:22:59.40	4:35	13.1
17	CHRUŚCIŃSKI ERHARD	133		BYDGOSZCZ	POL	M30	5	M 17	00:10:58	00:22:47.40	00:23:00.75	4:33	13.2
18	DOBZYŃSKA EWA	220		BYDGOSZCZ	POL	K30	1	K 1	00:11:34	00:23:03.40	00:23:07.75	4:36	13
19	KNYPIŃSKI WOJCIECH	164		BYDGOSZCZ	POL	M30	6	M 18	00:10:53	00:23:01.85	00:23:13.60	4:36	13
20	DROCIAK MICHAŁ	302		BYDGOSZCZ	POL	M40	7	M 19	00:11:30	00:23:18.00	00:23:18.00	4:39	12.9
21	ZIELIŃSKI TOMASZ	391		TUCHOLA	POL	M40	8	M 20	00:11:27	00:22:58.10	00:23:28.55	4:35	13.1
22	WÓJCIK PIOTR	75		BYDGOSZCZ	POL	D4 - CHŁOPCY	1	M 21	00:11:30	00:23:25.75	00:23:41.95	4:41	12.8
23	POLAŃCZYK PAULINA	16		ALEKSANDRÓW KUJAWSKI	POL	K30	2	K 2	00:11:42	00:23:37.20	00:23:42.85	4:43	12.7
24	GRECMAŃ ANNA	179		INOWROCŁAW	POL	K40	1	K 3	00:11:41	00:23:38.50	00:23:43.40	4:43	12.7
25	HAN AGNIESZKA	129		BIAŁE BŁOTA	POL	BIEG Z PSEM	4	K 4	00:11:11	00:23:41.70	00:23:49.25	4:44	12.7
26	HAN SŁAWOMIR	128		BIAŁE BŁOTA	POL	BIEG Z PSEM	4	M 22	00:11:12	00:23:42.90	00:23:49.25	4:44	12.7
27	ROSZAK ZBIGNIEW	38		GNIEWKOWO	POL	M30	7	M 23	00:11:44	00:23:43.85	00:23:51.95	4:44	12.6
28	KABACIŃSKI JAROSŁAW	222		BORÓWNO	POL	M30	8	M 24	00:11:42	00:23:47.20	00:23:58.35	4:45	12.6
29	MACIEJEWSKI MACIEJ	280		KCYNIA	POL	M40	9	M 25	00:11:45	00:23:49.70	00:23:59.80	4:45	12.6
30	CHEŁMIŃSKA MONIKA	104		BYDGOSZCZ	POL	K40	2	K 5	00:11:46	00:23:53.15	00:24:00.35	4:46	12.6
31	ZIELIŃSKI MICHAŁ	397		TUCHOLA	POL	M30	9	M 26	00:11:34	00:23:31.95	00:24:02.60	4:42	12.8
32	DEJA MICHAŁ	415		MAKSYMILIANOWO	POL	M30	10	M 27	00:11:45	00:24:08.50	00:24:11.30	4:49	12.4
33	KRUSZYŃSKA ROBERTA	107		DZIEMIONNA	POL	M40	10	M 28	00:11:39	00:24:05.20	00:24:14.05	4:49	12.5
34	BAZAK CEZARY	177		ŻOŁĘDOWO	POL	M50	3	M 29	00:12:17	00:24:28.20	00:24:35.45	4:53	12.3
35	CICHOŃSKA-BAZAK MARZENA	176		BYDGOSZCZ	POL	K40	3	K 6	00:12:18	00:24:29.25	00:24:35.50	4:53	12.3
36	DOBZYŃSKI KACPER	221		BYDGOSZCZ	POL	D4 - CHŁOPCY	2	M 30	00:11:48	00:24:45.35	00:24:49.30	4:57	12.1
37	MAZUR ŁUKASZ	120		BYDGOSZCZ	POL	M20	2	M 31	00:12:00	00:24:46.60	00:24:52.75	4:57	12.1
38	ĆWIKLIŃSKA ANNA	73		BYDGOSZCZ	POL	K40	4	K 7	00:12:02	00:24:52.90	00:24:57.85	4:58	12.1
39	ZAJĄKAŁA WOJCIECH	412		BYDGOSZCZ	POL	M20	3	M 32	00:12:17	00:24:50.15	00:24:59.20	4:58	12.1
40	KRZYWDZIŃSKI TOMASZ	132		BYDGOSZCZ	POL	M20	4	M 33	00:12:19	00:24:26.75	00:25:01.90	4:53	12.3
41	WARLIKOWSKA KAROLINA	148		TORUŃ	POL	K20	1	K 8	00:12:36	00:24:56.70	00:25:06.95	4:59	12
42	LEWANDOWSKI MACIEJ	101		PŁONKOWO	POL	M30	11	M 34	00:12:15	00:25:19.00	00:25:22.80	5:03	11.8
43	SZEIB ROBERT	327		BYDGOSZCZ	POL	M40	11	M 35	00:12:16	00:25:17.65	00:25:26.75	5:03	11.9
44	RACIBORSKI GRZEGORZ	294		BYDGOSZCZ	POL	M40	12	M 36	00:12:36	00:25:11.20	00:25:27.75	5:02	11.9
45	FRYDRYCH MARCIN	296		BYDGOSZCZ	POL	M40	13	M 37	00:12:40	00:25:21.95	00:25:30.05	5:04	11.8
46	OKULICZ ANITA	192		BYDGOSZCZ	POL	K30	3	K 9	00:12:25	00:25:27.15	00:25:30.40	5:05	11.8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
47	PACHOLSKA JOANNA	328	TUCZNO		POL	K30	4	K 10	00:12:43	00:25:21.65	00:25:30.45	5:04	11.8
48	FIEGEL KATARZYNA	193	BYDGOSZCZ		POL	K40	5	K 11	00:12:51	00:25:27.45	00:25:41.90	5:05	11.8
49	BARCZYK DAWID	330	CHODZIEŻ		POL	M30	12	M 38	00:12:31	00:25:30.45	00:25:43.00	5:06	11.8
50	KANARSKI WOJCIECH	118	TUCHOLA		POL	D5 - CHŁOPCY	1	M 39	00:11:58	00:25:38.10	00:25:50.45	5:07	11.7
51	BIEGAŁA AGNIESZKA	48	INOWROCŁAW		POL	K40	6	K 12	00:12:55	00:25:51.60	00:25:57.30	5:10	11.6
52	KRUSZYNA RENATA	106	DZIEMIONNA		POL	K30	5	K 13	00:12:59	00:25:54.30	00:26:04.25	5:10	11.6
53	ŁEPEK PATRYK	210	BYDGOSZCZ		POL	M20	5	M 40	00:12:28	00:25:35.05	00:26:08.15	5:07	11.7
54	SOBAŃSKI MARIUSZ	390	BYDGOSZCZ		POL	M50	4	M 41	00:12:25	00:25:53.00	00:26:17.35	5:10	11.6
55	SKÓRCZEWSKI JACEK	115	NIEMCZ		POL	M60	1	M 42	00:12:37	00:26:12.35	00:26:22.90	5:14	11.5
56	DOMBROWSKI RAFAŁ	256	BYDGOSZCZ		POL	M30	13	M 43	00:12:53	00:26:23.45	00:26:33.25	5:16	11.4
57	LATTA-SCHIRAKOWSKA ZUZANNA	228	BYDGOSZCZ		POL	BIEG Z PSEM	6	K 14	00:13:12	00:26:00.50	00:26:40.45	5:12	11.5
58	NAGORZYSKA SYLWIA	6	BYDGOSZCZ		POL	K40	7	K 15	00:13:12	00:26:43.00	00:26:46.25	5:20	11.2
59	RUTKOWSKA KAROLINA	143	TORUŃ		POL	K30	6	K 16	00:13:09	00:26:50.45	00:27:02.60	5:22	11.2
60	PIETRZAK EDYTA	249	PAKOŚĆ		POL	K40	8	K 17	00:13:24	00:27:00.50	00:27:06.50	5:24	11.1
61	KUJDA DOROTA	145	OSIELSKO		POL	K40	9	K 18	00:13:06	00:27:00.20	00:27:06.80	5:24	11.1
62	JARZEMBSKI FILIP	381	PAWŁÓWEK, GM.SICIENKO		POL	D5 - CHŁOPCY	2	M 44	00:13:41	00:26:01.05	00:27:10.10	5:12	11.5
63	KOZŁOWSKI KRZYSZTOF	20	TORUŃ		POL	M30	14	M 45	00:13:12	00:27:01.85	00:27:12.05	5:24	11.1
64	RYBAK ŁUKASZ	213	ŻOŁĘDOWO		POL	M30	15	M 46	00:13:18	00:26:44.90	00:27:22.15	5:20	11.2
65	LEWANDOWSKI OSKAR	370	PLEWISKA		POL	D4 - CHŁOPCY	3	M 47	00:13:29	00:27:26.75	00:27:29.20	5:29	10.9
66	STELLER IGOR	178	BYDGOSZCZ		POL	D4 - CHŁOPCY	4	M 48	00:12:52	00:27:00.90	00:27:33.55	5:24	11.1
67	STELLER AGNIESZKA	172	BYDGOSZCZ		POL	K40	10	K 19	00:12:53	00:27:01.75	00:27:33.90	5:24	11.1
68	NALEWAŁSKA JUSTYNA	292	BYDGOSZCZ		POL	K30	7	K 20	00:13:32	00:27:25.50	00:27:39.45	5:29	10.9
69	FIRST ANNA	363	OSIELSKO		POL	K20	2	K 21	00:13:43	00:27:12.95	00:27:40.55	5:26	11
70	RAJKOWSKI MACIEJ	305	SADLINKI		POL	M40	14	M 49	00:13:23	00:27:37.50	00:27:44.30	5:31	10.9
71	WAJER MARITA	414	ŚLESIN		POL	K20	3	K 22	00:13:35	00:27:28.95	00:27:45.50	5:29	10.9
72	SŁOWIŃSKI SŁAWOMIR	356	BYDGOSZCZ		POL	M40	15	M 50	00:13:15	00:27:46.00	00:27:51.25	5:33	10.8
73	SCHMIDT ARTUR	263	BIAŁE BŁOTA		POL	D4 - CHŁOPCY	5	M 51	00:13:29	00:27:50.20	00:27:58.20	5:34	10.8
74	DOLATA RAFAŁ	326	BYDGOSZCZ		POL	M40	16	M 52	00:13:33	00:27:54.50	00:27:58.25	5:34	10.8
75	SCHMIDT MARCIN	262	BIAŁE BŁOTA		POL	M40	17	M 53	00:13:30	00:27:51.35	00:27:58.85	5:34	10.8
76	BAGNIEWSKA MAŁGORZATA	80	TRYSZCZYN		POL	K30	8	K 23	00:13:55	00:27:33.30	00:28:00.90	5:30	10.9
77	OLSZEWSKI SZYMON	200	BYDGOSZCZ		POL	M30	16	M 54	00:14:20	00:27:23.25	00:28:01.70	5:28	11
78	BUTOWSKI MICHAŁ	11	BYDGOSZCZ		POL	M40	18	M 55	00:13:55	00:27:33.85	00:28:01.90	5:30	10.9
79	BOJAŁKOWSKA KRYSZYNA	173	BYDGOSZCZ		POL	K40	11	K 24	00:13:27	00:27:36.15	00:28:02.60	5:31	10.9
80	KORNASZEWSKI WOJCIECH	78	BYDGOSZCZ		POL	M30	17	M 56	00:13:28	00:27:52.50	00:28:02.60	5:34	10.8
81	KARAKIEWICZ MARZENA	323	KCYNIA		POL	K50	1	K 25	00:13:44	00:28:01.30	00:28:10.95	5:36	10.7
82	PRZYBYLSKI DARIUSZ	17	BYDGOSZCZ		POL	M30	18	M 57	00:14:21	00:27:38.45	00:28:16.25	5:31	10.9
83	ŻBIKOWSKA KAS KA	140	TORUŃ		POL	K50	2	K 26	00:13:47	00:28:09.10	00:28:20.35	5:37	10.7
84	BORAKIEWICZ NATALIA	297	GOŁAŃCZ		POL	K30	9	K 27	00:13:53	00:28:08.75	00:28:21.55	5:37	10.7
85	KOLIŃSKA SYLWIA	299	GOŁAŃCZ		POL	K40	12	K 28	00:13:54	00:28:09.90	00:28:21.75	5:37	10.7
86	MURAWIAK AGNIESZKA	329	TUCZNO		POL	K30	10	K 29	00:13:43	00:28:18.70	00:28:27.95	5:39	10.6
87	SŁOWIŃSKI PAWEŁ	252	BYDGOSZCZ		POL	M40	19	M 58	00:14:18	00:27:54.10	00:28:28.35	5:34	10.8
88	KURCZEWSKI MIKOŁAJ	197	BYDGOSZCZ		POL	M40	19	M 58	00:14:16	00:27:53.35	00:28:28.35	5:34	10.8
89	KAJA DOMINIKA	201	BYDGOSZCZ		POL	K30	11	K 30	00:14:09	00:27:54.85	00:28:28.45	5:34	10.8
90	GULKA WOJCIECH	4	WITUNIA		POL	M20	6	M 60	00:13:43	00:28:28.15	00:28:32.05	5:41	10.5
91	KRUSZYNA WIKTOR	108	DZIEMIONNA		POL	D4 - CHŁOPCY	6	M 61	00:14:16	00:28:33.85	00:28:43.20	5:42	10.5
92	BAGNIEWSKA SANDRA	202	BYDGOSZCZ		POL	K30	12	K 31	00:14:12	00:28:25.40	00:28:51.65	5:41	10.6
93	CZAPLICKI BARTŁOMIEJ	230	BYDGOSZCZ		POL	M30	19	M 62	00:13:54	00:28:12.00	00:28:54.40	5:38	10.6
94	RYDELSKA MARYSIA	18	TUCHOLA		POL	K30	13	K 32	00:13:57	00:28:31.75	00:28:58.25	5:42	10.5
95	SZCZYGIEL BARTOSZ	279	BYDGOSZCZ		POL	M20	7	M 63	00:13:50	00:28:14.25	00:29:03.05	5:38	10.6
96	RACZKOWSKI PAWEŁ	242	TORUŃ		POL	M30	20	M 64	00:13:42	00:28:34.90	00:29:05.60	5:42	10.5
97	PAWŁOWSKI MAREK	387	BYDGOSZCZ		POL	M30	21	M 65	00:14:14	00:28:31.65	00:29:06.75	5:42	10.5
98	NOWICKI MAREK	183	BYDGOSZCZ		POL	M40	21	M 66	00:14:01	00:28:44.35	00:29:10.05	5:44	10.4
99	KWAŚNIEWSKA ALDONA	337	MROCZA		POL	K40	13	K 33	00:14:32	00:29:01.25	00:29:10.60	5:48	10.3
100	MAKUSZEWSKI MATEUSZ	219	BYDGOSZCZ		POL	M30	22	M 67	00:14:19	00:28:58.75	00:29:12.15	5:47	10.4
101	GLINKOWSKI DARIUSZ	83	BYDGOSZCZ		POL	M30	23	M 68	00:14:08	00:28:59.75	00:29:14.10	5:47	10.4
102	PAPPELBAUM JAROSŁAW	288	BYDGOSZCZ		POL	M40	22	M 69	00:15:01	00:28:47.35	00:29:14.80	5:45	10.4
103	PIECHOWSKA MAGDALENA	99	CHOJNICE		POL	K40	14	K 34	00:14:31	00:29:05.10	00:29:18.85	5:49	10.3

### III BYDGOSKI BIEG PO ODDECH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
104	OKRĘGLICKA BARBARA	144		BYDGOSZCZ	POL	K50	3	K 34	00:14:18	00:29:14.20	00:29:18.85	5:50	10.3
105	GIERCZAK DOROTA	127		BYDGOSZCZ	POL	K30	14	K 36	00:14:46	00:29:08.05	00:29:22.20	5:49	10.3
106	BUREK DOROTA	205		NIEMCZ	POL	K40	15	K 37	00:14:33	00:29:21.30	00:29:25.20	5:52	10.2
107	OKRĘGLICKI ANTONI	146		BYDGOSZCZ	POL	M70	1	M 70	00:14:17	00:29:22.55	00:29:27.35	5:52	10.2
108	KABACIŃSKA KINGA	19		BYDGOSZCZ	POL	K30	15	K 38	00:14:27	00:29:16.05	00:29:34.70	5:51	10.3
109	FRYCA ALEKSANDRA	229		BYDGOSZCZ	POL	K30	16	K 39	00:15:13	00:29:02.90	00:29:35.30	5:48	10.3
110	BUDZIK JUSTYNA	170		BYDGOSZCZ	POL	K40	16	K 40	00:14:28	00:29:33.20	00:29:40.75	5:54	10.2
111	BUDNY EWA	289		BYDGOSZCZ	POL	D5 - DZIEWCZYNI	1	K 41	00:14:14	00:29:24.20	00:29:51.00	5:52	10.2
112	RÓŻYCZKA JOANNA	30		BYDGOSZCZ	POL	K30	17	K 42	00:14:26	00:29:34.55	00:29:55.20	5:54	10.1
113	GARBACZ MICHAŁ	400		BYDGOSZCZ	POL	M20	8	M 71	00:14:09	00:29:51.85	00:29:57.15	5:58	10.1
114	JANULEWICZ JAKUB	181		BYDGOSZCZ	POL	M40	23	M 72	00:14:59	00:29:41.75	00:30:01.20	5:56	10.1
115	KRAWCZAK JAROSŁAW	155		SZKOCJA	POL	M40	24	M 73	00:15:10	00:29:51.90	00:30:05.65	5:58	10.1
116	WOLSZCZAK RAFAŁ	377		BYDGOSZCZ	POL	M40	25	M 74	00:15:08	00:29:52.10	00:30:07.55	5:58	10
117	BAKOWSKI DAWID	26		BYDGOSZCZ	POL	M40	26	M 75	00:14:36	00:30:02.50	00:30:15.30	6:00	10
118	MAŁKIŃSKA-BIEGA DOROTA	24		BYDGOSZCZ	POL	K30	18	K 43	00:14:37	00:30:05.25	00:30:17.40	6:01	10
119	MARSZAŁEK MONIKA	29		BYDGOSZCZ	POL	K20	4	K 44	00:14:13	00:30:09.30	00:30:20.20	6:01	10
120	DOLATA ANETA	325		BYDGOSZCZ	POL	K30	19	K 45	00:15:34	00:30:09.90	00:30:31.60	6:01	10
121	KAMINSKI JAKUB	312		STRZELNO	POL	M20	9	M 76	00:14:16	00:29:48.15	00:30:33.00	5:57	10.1
122	DOMEK KATARZYNA	105		BYDGOSZCZ	POL	K30	20	K 46	00:15:11	00:30:08.20	00:30:35.05	6:01	10
123	CZERNIAK MARCIN	378		BIAŁE BŁOTA	POL	M30	24	M 77	00:15:40	00:30:05.60	00:30:45.55	6:01	10
124	BOROWA AGNIESZKA	233		BYDGOSZCZ	POL	K40	17	K 47	00:14:36	00:30:42.25	00:30:47.40	6:08	9.8
125	LEMANOWICZ MARZENA	167		BYDGOSZCZ	POL	K50	4	K 48	00:14:48	00:30:39.90	00:30:48.65	6:07	9.8
126	WESOŁOWSKA WIKTORIA	389		OSSÓWKA	POL	D5 - DZIEWCZYNI	2	K 49	00:13:54	00:30:26.15	00:30:49.70	6:05	9.9
127	JENERALSKA NATALIA	111		ZĄBKI	POL	K40	18	K 50	00:16:09	00:30:35.25	00:30:51.15	6:07	9.8
128	BEHRENDT ŁUKASZ	340		SZUBIN	POL	M30	25	M 78	00:15:26	00:30:20.75	00:30:54.35	6:04	9.9
129	GAIDA MILENA	90		SZCZEPANOWO	POL	K30	21	K 51	00:15:40	00:30:42.70	00:30:55.35	6:08	9.8
130	DĘBSKI JAN	168		SUCHARZEWO 6	POL	M70	2	M 79	00:14:49	00:30:42.40	00:31:00.55	6:08	9.8
131	JANULEWICZ MONIKA	180		BYDGOSZCZ	POL	K40	19	K 52	00:15:26	00:30:44.40	00:31:03.20	6:08	9.8
132	JANISZAK BEATA	278		GŁĘBOCZEK	POL	K40	20	K 53	00:15:08	00:31:03.95	00:31:08.30	6:12	9.7
133	ZIELIŃSKA AGNIESZKA	185		BYDGOSZCZ	POL	K30	22	K 54	00:15:00	00:30:53.15	00:31:10.15	6:10	9.7
134	JENERALSKI OLIN	113		ZĄBKI	POL	D2 - CHŁOPCY	1	M 80	00:16:15	00:31:03.00	00:31:18.90	6:12	9.7
135	PIĄTEK MONIKA	199		BYDGOSZCZ	POL	BIEG Z PSEM	7	K 55	00:16:05	00:30:44.25	00:31:19.55	6:08	9.8
136	OSTROWSKA JUSTYNA	32		MAMLICZ	POL	K30	23	K 56	00:15:44	00:31:08.90	00:31:21.95	6:13	9.6
137	BOROWA ŁUKASZ	234		BYDGOSZCZ	POL	M40	27	M 81	00:14:56	00:31:20.40	00:31:25.40	6:16	9.6
138	WÓJCIK TOMASZ	77		BYDGOSZCZ	POL	M50	5	M 82	00:15:02	00:31:11.20	00:31:27.90	6:14	9.6
139	PRZYBYŁAK MARTA	31		BYDGOSZCZ	POL	K30	24	K 57	00:15:24	00:31:10.80	00:31:28.35	6:14	9.6
140	UMIŃSKA MARZENA	196		BYDGOSZCZ	POL	K30	25	K 58	00:15:33	00:31:03.25	00:31:28.70	6:12	9.7
141	LEWANDOWSKA SYLWIA	25		BYDGOSZCZ	POL	K40	21	K 59	00:15:55	00:31:08.45	00:31:29.40	6:13	9.6
142	MARKIEWICZ KAROLINA	331		BYDGOSZCZ	POL	D0 - DZIEWCZYNI	1	K 60	00:14:57	00:31:26.10	00:31:34.30	6:17	9.5
143	IGNASIAK BERNADETA	355		BYDGOSZCZ	POL	K40	22	K 61	00:15:42	00:31:36.35	00:31:41.65	6:19	9.5
144	KACPERSKA ANNA	271		BYDGOSZCZ	POL	K40	23	K 62	00:15:37	00:31:41.35	00:31:45.00	6:20	9.5
145	KARASZEWSKI ADAM	110		BYDGOSZCZ	POL	D2 - CHŁOPCY	2	M 83	00:16:01	00:31:26.30	00:31:48.25	6:17	9.5
146	JOZWIK JACEK	70		BYDGOSZCZ	POL	M70	3	M 84	00:15:26	00:31:39.30	00:31:48.35	6:19	9.5
147	KARASZEWSKI ALEKSANDER	109		BYDGOSZCZ	POL	M30	26	M 85	00:16:00	00:31:25.80	00:31:48.80	6:17	9.5
148	PRZYBULSKA MAŁGORZATA	21		TORUŃ	POL	K30	26	K 63	00:15:50	00:31:16.05	00:31:52.15	6:15	9.6
149	HADOWSKA ANNA	10		JACEWO	POL	K60	1	K 64	00:15:52	00:31:36.10	00:31:52.65	6:19	9.5
150	DŁONIAK EDMUND	272		GNIEWKOWO	POL	M70	4	M 86	00:15:37	00:31:36.85	00:31:52.75	6:19	9.5
151	WALENTOWICZ ALICJA	281		BYDGOSZCZ	POL	K30	27	K 65	00:15:40	00:31:21.75	00:31:55.70	6:16	9.6
152	GLAZIK JAN	44		MROCZA	POL	BIEG Z PSEM	8	M 87	00:15:22	00:30:59.55	00:31:56.35	6:11	9.7
153	SUCHARA JAN	245		OSSÓWKA	POL	D2 - CHŁOPCY	3	M 88	00:14:47	00:31:35.65	00:31:58.35	6:19	9.5
154	WALENTYN KATARZYNA	22		TORUŃ	POL	K40	24	K 66	00:15:50	00:31:22.20	00:31:58.70	6:16	9.6
155	GIERSZEWSKI DARIUSZ	285		POZNAŃ	POL	M40	28	M 89	00:15:01	00:31:26.35	00:32:04.45	6:17	9.5
156	WIŚNIEWSKI LESZEK	15		BYDGOSZCZ	POL	BIEG Z PSEM	9	M 90	00:15:19	00:31:20.35	00:32:05.00	6:16	9.6
157	SUCHARA DARIUSZ	243		OSSÓWKA	POL	M30	27	M 91	00:14:58	00:31:43.15	00:32:06.45	6:20	9.5
158	WOJCZAKOWSKA PAULINA	42		ZOŁĘDOWO	POL	K30	28	K 67	00:15:26	00:31:58.95	00:32:10.00	6:23	9.4
159	KIEDROWSKI KRYSZTIAN	260		KAMIEŃ KRAJEŃSKI	POL	M20	10	M 92	00:15:18	00:32:13.40	00:32:17.05	6:26	9.3
160	BIEDROŃ ALEKSANDRA	85		BIAŁE BŁOTA	POL	BIEG Z PSEM	10	K 68	00:15:51	00:31:51.35	00:32:19.90	6:22	9.4

### III BYDGOSKI BIEG PO ODDECH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
161	BŁĄŻEK-KOJRO KASIA	14		BIAŁE BŁOTA	POL	K30	29	K 69	00:15:56	00:32:01.85	00:32:21.90	6:24	9.4
162	KUJAWA PRZEMYSŁAW	214		BYDGOSZCZ	POL	M30	28	M 93	00:16:17	00:31:23.35	00:32:22.85	6:16	9.6
163	KUJAWA EMILIA	216		BYDGOSZCZ	POL	D1 - DZIEWCZYNKI	1	K 70	00:16:17	00:31:23.00	00:32:22.95	6:16	9.6
164	KUŹNIA KATARZYNA	28		BYDGOSZCZ	POL	K30	30	K 71	00:15:46	00:31:43.00	00:32:23.95	6:20	9.5
165	SAWICKA MAŁGORZATA	376		GDAŃSK	POL	BIEG Z PSEM	11	K 72	00:15:30	00:31:45.35	00:32:24.55	6:21	9.4
166	BUDNY JOANNA	290		BYDGOSZCZ	POL	BIEG Z PSEM	12	K 73	00:15:32	00:31:55.45	00:32:26.60	6:23	9.4
167	WARKOCZYŃSKA WERONIKA	293		BYDGOSZCZ	POL	K20	5	K 74	00:15:44	00:32:16.75	00:32:29.85	6:27	9.3
168	RĘDZINA MICHAŁ	194		BYDGOSZCZ	POL	BIEG Z PSEM	13	M 94	00:16:16	00:32:03.50	00:32:38.80	6:24	9.4
169	DŁUGOŃSKA BEATA	130		GRUDZIĄDZ	POL	K40	25	K 75	00:15:48	00:32:31.10	00:32:39.65	6:30	9.2
170	STANISZEWSKI KONRAD	23		KUTNO	POL	M30	29	M 95	00:16:31	00:32:29.15	00:32:58.50	6:29	9.2
171	KUKLIŠOVA GABRIELA	147		BYDGOSZCZ	SVK	K40	26	K 76	00:16:13	00:32:47.75	00:33:02.20	6:33	9.2
172	KOMOROWSKI WOJCIECH	49		ŻOŁĘDOWO	POL	M30	30	M 96	00:15:49	00:32:55.60	00:33:05.15	6:35	9.1
173	JANUSZEWSKI MARCIN	223		BYDGOSZCZ	POL	M40	29	M 97	00:16:20	00:32:33.25	00:33:07.30	6:30	9.2
174	WIECZOREK JUSTYNA	27		INOWROCŁAW	POL	BIEG Z PSEM	14	K 77	00:16:25	00:32:47.50	00:33:10.45	6:33	9.2
175	KOTECKI MARCIN	191		BYDGOSZCZ	POL	M40	30	M 98	00:16:18	00:32:38.65	00:33:12.00	6:31	9.2
176	KRZYŻANIAK JOANNA	403		TORUŃ	POL	BIEG Z PSEM	15	K 78	00:16:21	00:32:53.40	00:33:13.40	6:34	9.1
177	DOMAROS MONIKA	418	BKTR GRYF	BYDGOSZCZ	POL	K40	27	K 79	00:16:06	00:33:12.15	00:33:17.30	6:38	9
178	DALKIEWICZ IGOR	206		BYDGOSZCZ	POL	M20	11	M 99	00:16:34	00:32:15.60	00:33:20.25	6:27	9.3
179	KUGLARZ DOMINIK	225		LISEWO KOŚCIELNE	POL	M40	31	M 100	00:17:21	00:32:46.05	00:33:21.05	6:33	9.2
180	MĘŻYKOWSKI KRZYSZTOF	43		SZUBIN	POL	M40	32	M 101	00:16:28	00:32:46.80	00:33:25.50	6:33	9.2
181	PALUCH BARTOSZ	316		CIENCISKO	POL	D5 - CHŁOPCY	3	M 102	00:16:47	00:32:33.30	00:33:26.50	6:30	9.2
182	NOWICKA TATIANA	84		ŚWIECIE	POL	BIEG Z PSEM	16	K 80	00:16:27	00:33:05.10	00:33:27.05	6:37	9.1
183	NOWICKA MAŁGORZATA	207		BYDGOSZCZ	POL	BIEG Z PSEM	17	K 81	00:16:34	00:32:26.00	00:33:29.50	6:29	9.2
184	ASTUKIEWICZ TOMASZ	410		BYDGOSZCZ	POL	M50	6	M 103	00:16:37	00:33:35.05	00:33:43.60	6:43	8.9
185	ASTUKIEWICZ AGNIESZKA	409		BYDGOSZCZ	POL	K50	5	K 82	00:16:34	00:33:34.75	00:33:43.70	6:42	8.9
186	NOWIŃSKI JAROSŁAW	283		BYDGOSZCZY	POL	M40	33	M 104	00:15:43	00:33:31.25	00:33:49.10	6:42	9
187	PODRALSKA MONIKA	208		BYDGOSZCZ	POL	BIEG Z PSEM	18	K 83	00:16:38	00:32:44.60	00:33:50.25	6:32	9.2
188	PANFIL PAULINA	7		INOWROCŁAW	POL	K20	6	K 84	00:16:07	00:33:36.75	00:33:53.65	6:43	8.9
189	TYBORSKI MICHAŁ	386		BYDGOSZCZ	POL	M40	34	M 105	00:16:52	00:33:19.00	00:33:56.80	6:39	9
190	KRZYWAŃSKA ALEKSANDRA	268		BYDGOSZCZ	POL	K40	28	K 85	00:16:42	00:33:55.00	00:33:59.80	6:47	8.8
191	ZBIRANEK REMIGIUSZ	361		BYDGOSZCZ	POL	M40	35	M 106	00:16:40	00:33:54.10	00:33:59.95	6:46	8.8
192	ZBIRANEK BEATA	267		BYDGOSZCZ	POL	K40	29	K 86	00:16:43	00:33:55.15	00:33:59.95	6:47	8.8
193	MILEWSKA VIOLETTA	258		BYDGOSZCZ	POL	BIEG Z PSEM	19	K 87	00:16:42	00:33:53.40	00:34:08.55	6:46	8.9
194	JAWORSKA MIROŚŁAWA	394		INOWROCŁAW	POL	K60	2	K 88	00:16:51	00:34:00.40	00:34:10.80	6:48	8.8
195	SKOWRON-BAJERSKA PAULINA	264		RYNARZEWO	POL	K30	31	K 89	00:16:32	00:33:54.70	00:34:18.25	6:46	8.8
196	PACHOLSKI TADEUSZ	45		BYDGOSZCZ	POL	BIEG Z PSEM	20	M 107	00:17:15	00:33:45.70	00:34:30.45	6:45	8.9
197	MACINKIEWICZ NATALIA	241		BYDGOSZCZ	POL	K30	32	K 90	00:17:23	00:34:06.80	00:34:39.15	6:49	8.8
198	CHUDECKA BEATA	87		GRÓDEK	POL	BIEG Z PSEM	21	K 91	00:16:25	00:34:14.80	00:34:43.65	6:50	8.8
199	ŚCIESIŃSKA JUSTYNA	158		BYDGOSZCZ	POL	K50	6	K 92	00:16:31	00:34:29.35	00:34:50.30	6:53	8.7
200	KANARSKI JÓZEF	117		TUCHOLA	POL	M50	7	M 108	00:16:47	00:34:29.00	00:35:01.50	6:53	8.7
201	CIEŚLIK MAREK	395		MICHALIN	POL	BIEG Z PSEM	22	M 109	00:15:49	00:33:55.55	00:35:05.95	6:47	8.8
202	KULIŃSKA SYLWIA	300		BYDGOSZCZ	POL	K20	7	K 93	00:16:58	00:34:57.55	00:35:14.85	6:59	8.6
203	PIWECKA KAROLINA	237		BYDGOSZCZ	POL	K40	30	K 94	00:17:24	00:34:51.30	00:35:15.45	6:58	8.6
204	DECOWSKA SYLWIA	125		BYDGOSZCZ	POL	BIEG Z PSEM	23	K 95	00:15:30	00:35:21.60	00:35:26.20	7:04	8.5
205	RAJKOWSKA JOWITA	304		SADLINKI	POL	K40	31	K 96	00:17:20	00:35:04.60	00:35:31.55	7:00	8.6
206	MACIEJEWSKI JAKUB	64		OSIELSKO	POL	D3 - CHŁOPCY	1	M 110	00:17:54	00:35:31.95	00:35:37.05	7:06	8.4
207	MACIEJEWSKA MAGDALENA	63		OSIELSKO	POL	K40	32	K 97	00:17:53	00:35:33.35	00:35:38.90	7:06	8.4
208	DOMARACKI ALEKSANDER	62		BYDGOSZCZ	POL	D1 - CHŁOPCY	1	M 111	00:17:53	00:35:35.40	00:35:41.75	7:07	8.4
209	DOMARACKI WOJCIECH	61		BYDGOSZCZ	POL	M30	31	M 112	00:17:54	00:35:36.25	00:35:42.40	7:07	8.4
210	BUDZISZ PIOTR	100		PUCK	POL	M20	12	M 113	00:18:06	00:35:35.55	00:35:47.30	7:07	8.4
211	KACZMAREK PAULINA	13		BYDGOSZCZ	POL	K30	33	K 98	00:18:00	00:35:39.30	00:35:48.25	7:07	8.4
212	SOŁDYGA PAWEŁ	295		BYDGOSZCZ	POL	M40	36	M 114	00:17:18	00:35:21.55	00:35:52.85	7:04	8.5
213	WAWRZYŃIAK SANDRA	55		BYDGOSZCZ	POL	BIEG Z PSEM	24	K 99	00:17:33	00:35:17.30	00:36:00.30	7:03	8.5
214	ŚREDNIAWSKA ELŻBIETA	291		BORÓWNO	POL	K30	34	K 100	00:18:01	00:35:44.60	00:36:03.25	7:08	8.4
215	ZIELIŃSKA AGNIESZKA	247		TORUŃ	POL	K50	7	K 101	00:17:52	00:35:34.30	00:36:10.40	7:06	8.4
216	OSTANIEWICZ KAMILA	141		BYDGOSZCZ	POL	K30	35	K 102	00:17:30	00:36:00.70	00:36:13.95	7:12	8.3
217	TRYNKIEWICZ-KUGLARZ KAROLINA	224		LISEWO KOŚCIELNE	POL	K40	33	K 103	00:17:25	00:35:44.00	00:36:16.80	7:08	8.4

### III BYDGOSKI BIEG PO ODDECH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
218	WAJCHERT ŁUKASZ	406		INOWROCLAW	POL	NORDIC WALKING	1	M 115	00:17:55	00:36:07.50	00:36:25.65	7:13	8.3
219	ŚLAZIŃSKA KATARZYNA	282		BYDGOSZCZ	POL	K40	34	K 104	00:18:02	00:36:12.85	00:36:30.45	7:14	8.3
220	PARADOWSKA ANNA	371		CIBÓRZ	POL	K40	35	K 105	00:16:11	00:36:27.85	00:36:31.00	7:17	8.2
221	LEWANDOWSKI ROBERT	369		PLEWISKA	POL	M40	37	M 116	00:16:10	00:36:28.20	00:36:31.55	7:17	8.2
222	LEWANDOWSKA SYLWIA	93		BYDGOSZCZ	POL	BIEG Z PSEM	25	K 106	00:16:11	00:36:28.10	00:36:31.55	7:17	8.2
223	WOJCZAKOWSKI JAREK	41		ŻOŁĘDOWO	POL	M40	37	M 116	00:16:57	00:36:19.80	00:36:31.55	7:15	8.3
224	LEWANDOWSKA KORNELIA	1		BYDGOSZCZ	POL	D2 - DZIEWCZYŃKI	1	K 107	00:16:12	00:36:29.20	00:36:31.85	7:17	8.2
225	OLECHNOWICZ TOMASZ	346		BYDGOSZCZ	POL	BIEG Z PSEM	26	M 118	00:25:45	00:36:31.85	00:36:31.85	7:18	8.2
226	BERTLING MONIKA	301		BYDGOSZCZ	POL	K30	36	K 108	00:17:49	00:36:17.70	00:36:33.00	7:15	8.3
227	ŻYWICA JOANNA	103		BYDGOSZCZ	POL	K40	36	K 109	00:17:47	00:36:16.70	00:36:33.25	7:15	8.3
228	DŁUGOŃSKA AGNIESZKA	131		GRUDZIĄDZ	POL	K20	8	K 110	00:17:47	00:36:39.40	00:36:47.30	7:19	8.2
229	WNUKIEWICZ RÓŻA	350		NIEMCZ	POL	K30	37	K 111	00:19:06	00:36:28.65	00:36:47.55	7:17	8.2
230	KUKLA JULIA	139		CEKCYN	POL	K20	9	K 112	00:18:11	00:36:13.35	00:36:49.75	7:14	8.3
231	KUKLA KRYSZTIAN	138		CEKCYN	POL	M20	13	M 119	00:18:11	00:36:13.70	00:36:50.15	7:14	8.3
232	LAMENT LIDIA	190		INOWROCLAW	POL	K60	3	K 113	00:18:33	00:36:36.90	00:36:50.35	7:19	8.2
233	LEWANDOWSKI ROBERT	56		BYDGOSZCZ, POLAND	POL	M50	8	M 120	00:17:32	00:36:44.25	00:36:56.35	7:20	8.2
234	PRYBIŃSKA-MARCINIAK ANNA	401		KCYNIA	POL	K40	37	K 114	00:18:21	00:36:44.80	00:37:07.60	7:20	8.2
235	KAWSKA ANETA	413		BYDGOSZCZ	POL	K30	38	K 115	00:17:22	00:36:37.60	00:37:08.55	7:19	8.2
236	RUDNIKOWSKI ANDRZEJ	52		BYDGOSZCZ	POL	M50	9	M 121	00:17:39	00:36:55.15	00:37:11.35	7:23	8.1
237	OLECHNOWICZ MACIEJ	348		BYDGOSZCZ	POL	D4 - CHŁOPCY	7	M 122	00:18:17	00:36:42.10	00:37:13.40	7:20	8.2
238	WOJTANIS MAGDALENA	57		TORUŃ	POL	NORDIC WALKING	2	K 116	00:18:09	00:36:57.55	00:37:17.00	7:23	8.1
239	WRZESIŃSKA MAGDA	248		BYDGOSZCZ	POL	K20	10	K 117	00:19:11	00:36:57.65	00:37:19.75	7:23	8.1
240	ZALEWSKA JOANNA	209		MICHALIN	POL	K20	11	K 118	00:19:11	00:36:58.05	00:37:20.25	7:23	8.1
241	LIGMAN-STASIAK OLIWIA	339		BYDGOSZCZ	POL	K30	39	K 119	00:18:21	00:36:37.50	00:37:22.15	7:19	8.2
242	WESOŁOWSKA-ŁUKOMSKA EDYTA	69		OSSÓWKA	POL	K30	40	K 120	00:17:41	00:37:04.90	00:37:29.55	7:24	8.1
243	PSTRĄGOWSKA ALICJA	65		BYDGOSZCZ	POL	K40	38	K 121	00:18:05	00:36:46.80	00:37:32.85	7:21	8.2
244	PRZYBORSKI ŁUKASZ	259		KRUSZYN KRAJEŃSKI	POL	M20	14	M 123	00:18:06	00:36:47.30	00:37:33.05	7:21	8.2
245	WRÓBEL MAGDALENA	265		PRUSZCZ GDAŃSKI	POL	K20	12	K 122	00:18:27	00:37:40.10	00:37:53.35	7:32	8
246	WITKOWICZ ALEKSANDRA	182		MAKSYMILIANOWO	POL	K30	41	K 123	00:19:06	00:38:02.05	00:38:12.95	7:36	7.9
247	KOMOROWSKA MAŁGORZATA	39		ŻOŁĘDOWO	POL	K30	42	K 124	00:19:06	00:38:02.90	00:38:13.15	7:36	7.9
248	SIATKOWSKA ANNA	375		BYDGOSZCZ	POL	K40	39	K 125	00:18:24	00:37:54.15	00:38:16.65	7:34	7.9
249	GRZEMPA JOANNA	81		BYDGOSZCZ	POL	K30	43	K 126	00:19:31	00:37:39.90	00:38:23.40	7:31	8
250	WALCZYNA-WELC WERONIKA	384		BYDGOSZCZ	POL	K30	44	K 127	00:19:12	00:38:13.05	00:38:24.80	7:38	7.8
251	FRASZ ROBERT	88		BYDGOSZCZ	POL	M30	32	M 124	00:19:11	00:38:12.95	00:38:24.80	7:38	7.9
252	WELC MICHAŁ	374		BYDGOSZCZ	POL	M30	33	M 125	00:19:10	00:38:12.00	00:38:24.95	7:38	7.9
253	ADAM ADAM	203		BYDGOSZCZ	POL	M30	34	M 126	00:18:06	00:38:16.15	00:38:26.35	7:39	7.8
254	TARCZYŃSKI KAMIL	95		KOSTRZYN NAD ODRĄ	POL	BIEG Z PSEM	27	M 127	00:18:03	00:37:36.75	00:38:32.90	7:31	8
255	KUJAWA ANNA	217		BYDGOSZCZ	POL	D0 - DZIEWCZYŃKI	2	K 128	00:18:32	00:37:37.85	00:38:36.30	7:31	8
256	MATUSZEWSKA-KUJAWA NATALIA	215		BYDGOSZCZ	POL	K30	45	K 129	00:18:31	00:37:37.45	00:38:36.60	7:31	8
257	PUCHAŁSKA JOANNA	399		BYDGOSZCZ	POL	K30	46	K 130	00:18:34	00:38:28.95	00:38:37.35	7:41	7.8
258	NOWICKA RENATA	91		BIAŁE BŁOTA	POL	K50	8	K 131	00:18:35	00:38:28.30	00:38:37.95	7:41	7.8
259	NOWICKA ALDONA	92		BIAŁE BŁOTA	POL	K30	47	K 132	00:18:44	00:38:38.45	00:38:38.45	7:43	7.8
260	ZYBER-TARCZYŃSKA ZUZANNA	96		KOSTRZYN NAD ODRĄ	POL	BIEG Z PSEM	28	K 133	00:18:02	00:37:43.05	00:38:39.55	7:32	8
261	KULIGOWSKA BARBARA	59		BYDGOSZCZ	POL	K30	48	K 134	00:18:50	00:38:12.30	00:38:44.15	7:38	7.9
262	SZULWIC NATALIA	157		BYDGOSZCZ	POL	K30	49	K 135	00:18:48	00:38:11.10	00:38:44.25	7:38	7.9
263	OKOŃSKA ŻANETA	204		BYDGOSZCZ	POL	K30	50	K 136	00:18:40	00:38:19.10	00:38:45.25	7:39	7.8
264	WENCKA JUSTYNA	169		KOŁACZKOWO	POL	K40	40	K 137	00:17:41	00:38:37.70	00:38:46.00	7:43	7.8
265	KRYSTOWCZYK SYLWIA	411		BYDGOSZCZ	POL	K40	41	K 138	00:18:47	00:38:34.95	00:38:52.50	7:42	7.8
266	BEKIER AGATA	163		PRUSZCZ	POL	K20	13	K 139	00:18:59	00:38:42.10	00:39:11.70	7:44	7.8
267	GRUSZCZYŃSKA-ORACZ MARIOLA	68		NIEMCZ	POL	K40	42	K 140	00:19:00	00:38:43.10	00:39:11.85	7:44	7.7
268	WIRSZYŁO KARINA	257		NIEMCZ	POL	K30	51	K 141	00:19:50	00:39:10.05	00:39:29.50	7:50	7.7
269	KULAKOWSKI ROBERT	344		TORUŃ	POL	M40	39	M 128	00:19:18	00:39:17.20	00:39:36.20	7:51	7.6
270	SMOLIŃSKA IWONA	114		SZKOCJA	POL	K40	43	K 142	00:18:35	00:39:22.85	00:39:38.00	7:52	7.6
271	GRZEMPA BARTOSZ	82		BYDGOSZCZ	POL	M30	35	M 129	00:19:31	00:38:54.45	00:39:38.90	7:46	7.7
272	SNOPEK EDYTA	313		BYDGOSZCZ	POL	K30	52	K 143	00:18:48	00:39:49.35	00:40:03.10	7:57	7.5
273	MARCINKOWSKI SZYMON	253		KACZORY	POL	M30	36	M 130	00:22:00	00:39:46.90	00:40:12.30	7:57	7.5
274	MLICKA AGNIESZKA	86		BYDGOSZCZ	POL	K40	44	K 144	00:19:47	00:40:38.80	00:41:04.50	8:07	7.4

### III BYDGOSKI BIEG PO ODDECH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
275	KOCHANOWSKA KATARZYNA	314		WITOLDOWO	POL	K30	53	K 145	00:20:13	00:40:47.60	00:41:07.50	8:09	7.4
276	MATUSZEWSKA WERONIKA	303		NIEMCZ	POL	K20	14	K 146	00:21:40	00:40:46.45	00:41:15.15	8:09	7.4
277	MATUSZEWSKA MONIKA	218		BYDGOSZCZ	POL	BIEG Z PSEM	29	K 147	00:21:39	00:40:44.90	00:41:15.35	8:08	7.4
278	LASOTA AGATA	33		STARY DWÓR	POL	K30	54	K 148	00:20:02	00:41:24.85	00:41:31.95	8:16	7.2
279	WÓJCIK MIKOŁAJ	76		BYDGOSZCZ	POL	D2 - CHŁOPCY	4	M 131	00:19:46	00:41:22.30	00:41:37.00	8:16	7.3
280	WÓJCIK ANNA	74		BYDGOSZCZ	POL	K40	45	K 149	00:19:46	00:41:31.95	00:41:46.20	8:18	7.2
281	POLAK PAWEŁ	136		INOWROCŁAW	POL	NORDIC WALKING	3	M 132	00:20:27	00:41:40.80	00:42:01.90	8:20	7.2
282	ŻBIKOWSKI RYSZARD	142		TORUŃ	POL	NORDIC WALKING	4	M 133	00:20:30	00:41:59.55	00:42:17.50	8:23	7.1
283	ZACHORSKI TYMON	365		BYDGOSZCZ	POL	D1 - CHŁOPCY	2	M 134	00:19:24	00:42:41.50	00:42:49.50	8:32	7
284	TYKWIŃSKA AGNIESZKA	364		BYDGOSZCZ	POL	K30	55	K 150	00:19:25	00:42:42.50	00:42:49.85	8:32	7
285	ŻURAWSKI PATRYK	345		BYDGOSZCZ	POL	M30	37	M 135	00:19:23	00:42:41.95	00:42:52.70	8:32	7
286	SCHMELTER KAROL	341		BYDGOSZCZ	POL	M30	37	M 135	00:19:27	00:42:41.15	00:42:52.70	8:32	7
287	MINCZYŃSKI TOMASZ	124		BYDGOSZCZ	POL	BIEG Z PSEM	30	M 137	00:20:27	00:42:42.75	00:43:08.60	8:32	7
288	MINCZYŃSKA ANNA	122		BYDGOSZCZ	POL	BIEG Z PSEM	30	K 151	00:20:26	00:42:43.20	00:43:08.60	8:32	7
289	FIEREK BERNADETA	332		TUCHOLA	POL	NORDIC WALKING	5	K 152	00:21:44	00:42:46.15	00:43:15.45	8:33	7
290	PYPKOWSKA AGNIESZKA	211		NIESZAWA	POL	K50	9	K 153	00:20:55	00:42:45.60	00:43:19.75	8:33	7
291	RUTKOWSKA KAROLINA	419		TORUŃ	POL	K30	56	K 154	00:20:06	00:43:16.80	00:43:21.35	8:39	6.9
292	IWANIUK JACEK	36		BYDGOSZCZ	POL	M40	40	M 138	00:21:01	00:43:10.15	00:43:26.65	8:38	6.9
293	IWANIUK ANITA	37		BYDGOSZCZ	POL	K40	46	K 155	00:20:59	00:43:08.70	00:43:27.15	8:37	7
294	PIERZGAŁSKI JAREK	166		BYDGOSZCZ	POL	M50	10	M 139	00:20:58	00:43:07.85	00:43:27.30	8:37	7
295	PIERZGAŁSKA ANITA	165		BYDGOSZCZ	POL	K40	47	K 156	00:20:58	00:43:08.00	00:43:27.55	8:37	7
296	PRZYBYŁA AGATA	134		BYDGOSZCZ	POL	BIEG Z PSEM	32	K 157	00:20:30	00:43:12.55	00:44:06.55	8:38	6.9
297	KĘDZIERSKI SZYMON	317		CIENCISKO	POL	M20	15	M 140	00:19:28	00:43:14.70	00:44:08.45	8:38	6.9
298	NOWICKA NATALIA	135		BYDGOSZCZ	POL	K30	57	K 158	00:20:31	00:43:24.30	00:44:19.20	8:40	6.9
299	ZIELINSKA HELENA	275		BYDGOSZCZ	POL	NORDIC WALKING	6	K 159	00:19:14	00:44:26.60	00:44:26.60	8:53	6.8
300	DUSZYŃSKA KATARZYNA	161		SIENNO	POL	BIEG Z PSEM	33	K 160	00:21:00	00:43:44.50	00:44:44.85	8:44	6.9
301	DECOWSKI ADAM	126		BYDGOSZCZ	POL	BIEG Z PSEM	34	M 141	00:20:46	00:44:50.90	00:44:56.35	8:58	6.7
302	MINCZYŃSKA PAULINA	121		BYDGOSZCZ	POL	BIEG Z PSEM	35	K 161	00:20:27	00:44:32.10	00:44:56.75	8:54	6.7
303	DAMRATH MAJA	232		BYDGOSZCZ	POL	K30	58	K 162	00:21:39	00:44:30.05	00:45:00.40	8:54	6.7
304	WESOŁOWSKI MATEUSZ	417		OSSÓWKA	POL	D4 - CHŁOPCY	8	M 142	00:19:30	00:44:33.90	00:45:00.55	8:54	6.7
305	WESOŁOWSKI SŁAWOMIR	416		OSSÓWKA	POL	M40	41	M 142	00:19:31	00:44:34.30	00:45:00.55	8:54	6.7
306	KIEŁCZYŃSKA JUSTYNA	407		ŻOŁĘDOWO	POL	NORDIC WALKING	7	K 163	00:21:35	00:44:41.45	00:45:13.95	8:56	6.7
307	RYMASZEWSKA JOLANTA	66		SIENNO	POL	NORDIC WALKING	8	K 164	00:22:00	00:44:48.70	00:45:17.75	8:57	6.7
308	ŚMIATACZ KRZYSZTOF	188			POL	NORDIC WALKING	9	M 144	00:21:40	00:44:46.70	00:45:23.55	8:57	6.7
309	GOŁATA JOANNA	189		BYDGOSZCZ	POL	K50	10	K 165	00:21:40	00:44:47.20	00:45:23.70	8:57	6.7
310	KULIGOWSKI DAMIAN	58		BYDGOSZCZ	POL	D2 - CHŁOPCY	5	M 145	00:19:38	00:46:01.50	00:46:33.15	9:12	6.5
311	ORCZYK KATARZYNA	60		INOWROCŁAW	POL	NORDIC WALKING	10	K 166	00:22:49	00:45:47.45	00:46:42.55	9:09	6.6
312	WRUK JUSTYNA	89		GRÓDEK	POL	NORDIC WALKING	11	K 167	00:23:23	00:46:38.85	00:47:03.55	9:19	6.4
313	ZALEWSKA OLIWIA	396		SIEROŚLAW	POL	NORDIC WALKING	12	K 168	00:23:22	00:46:35.30	00:47:04.05	9:19	6.4
314	NOWAK DANIEL	238		AUGUŚCIN	POL	D3 - CHŁOPCY	2	M 146	00:21:53	00:47:09.50	00:47:34.15	9:25	6.4
315	KUREK DAMIAN	97		RYNARZEWO	POL	BIEG Z PSEM	36	M 147	00:21:59	00:47:02.45	00:47:50.70	9:24	6.4
316	SZCZESIK DAMIAN	35		BYDGOSZCZ	POL	BIEG Z PSEM	37	M 148	00:22:02	00:47:05.15	00:47:51.00	9:25	6.4
317	WAWRZYŃSKI KATARZYNA	250		SIENNO	POL	BIEG Z PSEM	38	K 169	00:23:29	00:47:24.75	00:48:07.95	9:28	6.3
318	DOMBROWSKA KAROLINA	184		BYDGOSZCZ	POL	K30	59	K 170	00:23:44	00:47:59.10	00:48:23.05	9:35	6.3
319	NOWAK NATALIA	160		AUGUŚCIN	POL	NORDIC WALKING	13	K 171	00:23:43	00:47:58.45	00:48:23.40	9:35	6.3
320	ZALEWSKA ALINA	334		SIEROŚLAW	POL	NORDIC WALKING	14	K 172	00:23:50	00:47:58.95	00:48:26.85	9:35	6.3
321	KARŁOWSKA RENATA	335		GRÓDEK	POL	NORDIC WALKING	15	K 173	00:23:50	00:47:58.80	00:48:27.05	9:35	6.3
322	KANARSKA EDYTA	116		TUCHOLA	POL	K50	11	K 174	00:23:42	00:48:14.35	00:48:29.20	9:38	6.2
323	OLECHNOWICZ ANETA	349		BYDGOSZCZ	POL	D5 - DZIEWCZYŃKI	3	K 175	00:24:47	00:47:42.75	00:48:33.25	9:32	6.3
324	SUCHARA MARIA	246		OSSÓWKA	POL	D1 - DZIEWCZYŃKI	2	K 176	00:23:58	00:48:15.85	00:48:36.85	9:39	6.2
325	SUCHARA MAGDALENA	244		OSSÓWKA	POL	K30	60	K 176	00:23:58	00:48:15.55	00:48:36.85	9:39	6.2
326	BORAKIEWICZ MARIA	298		GOŁAŃCZ	POL	NORDIC WALKING	16	K 178	00:23:57	00:49:26.15	00:49:53.55	9:53	6.1
327	LEWANDOWSKA BOŻENA	276		TURZYNEK	POL	K60	4	K 179	00:24:02	00:49:36.05	00:49:59.80	9:55	6
328	WOJCIECHOWSKA MONIKA	198		ŁOCHOWICE	POL	NORDIC WALKING	17	K 180	00:24:49	00:50:19.05	00:50:25.50	10:03	6
329	ZIELIŃSKA HANNA	274		BYDGOSZCZ	POL	NORDIC WALKING	18	K 181	00:24:53	00:50:27.30	00:50:33.30	10:05	5.9
330	TRAFAS ALEKSANDRA	261		LISI OGON	POL	NORDIC WALKING	19	K 182	00:24:50	00:50:29.15	00:50:35.75	10:05	5.9
331	LASOTA FILIP	34		STARY DWÓR	POL	D3 - CHŁOPCY	3	M 149	00:23:56	00:51:29.15	00:51:36.10	10:17	5.8

**III BYDGOSKI BIEG PO ODDECH, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
332	OLECHNOWICZ ANA	347		BYDGOSZCZ	POL	K40	48	K 183	00:25:08	00:50:45.95	00:51:36.45	10:09	5.9
333	DUSZKIEWICZ ADAM	255		BYDGOSZCZ	POL	M30	39	M 150	00:25:29	00:53:02.05	00:53:13.10	10:36	5.7
334	JUSZCZAK MAŁGORZATA	51		INOWROCŁAW	POL	BIEG Z PSEM	39	K 184	00:27:32	00:53:10.35	00:53:30.95	10:38	5.6
335	HUZAKOWSKI ZBIGNIEW	353		TORUŃ	POL	M50	11	M 151	00:25:04	00:53:01.40	00:53:41.25	10:36	5.7
336	WOJTYŁA RAFAŁ	362		TORUŃ	POL	M30	40	M 152	00:25:03	00:53:00.65	00:53:41.30	10:36	5.7
337	FIK MAREK	235		BYDGOSZCZ	POL	M30	41	M 153	00:26:16	00:53:36.45	00:54:18.45	10:43	5.6
338	FIK AGATA	236		BYDGOSZCZ	POL	D3 - DZIEWCZYNKI	1	K 185	00:26:13	00:53:33.25	00:54:18.45	10:42	5.6
339	DOLNY ANTONI	385		BYDGOSZCZ	POL	M60	2	M 154	00:26:10	00:53:50.10	00:54:27.90	10:46	5.6
340	KANARSKA MARTA	119		TUCHOLA	POL	D5 - DZIEWCZYNKI	4	K 186	00:28:12	00:54:39.70	00:54:52.35	10:55	5.5
341	PERLIK WIESŁAW	162		ZIELONKA	POL	NORDIC WALKING	20	M 155	00:27:25	00:54:20.50	00:55:08.25	10:52	5.5
342	SMARUJ - SADOWSKA JANINA	383		BYDGOSZCZ	POL	NORDIC WALKING	21	K 187	00:27:22	00:54:20.65	00:55:08.30	10:52	5.5
343	CZERNAK MALACHOWSKA ANNA	379		BIALE BLOTA	POL	BIEG Z PSEM	40	K 188	00:26:49	00:54:48.35	00:55:29.75	10:57	5.5
344	RĘDZINA AGNIESZKA	53		BYDGOSZCZ	POL	BIEG Z PSEM	41	K 189	00:26:50	00:54:48.55	00:55:29.85	10:57	5.5
345	KĘDZIERSKI MICHAŁ	310		MŁYNICE	POL	D2 - CHŁOPCY	6	M 156	00:26:41	00:54:53.00	00:55:43.15	10:58	5.5
346	KĘDZIERSKA JULIA	311		STRZELNO	POL	K20	15	K 190	00:26:39	00:55:06.80	00:55:59.15	11:01	5.4
347	KĘDZIERSKI FLORIAN	321		WRONOWY 39	POL	D0 - CHŁOPCY	1	M 157	00:26:47	00:55:09.60	00:56:00.50	11:01	5.4
348	PASTERNAK OLIWIER	322		WRONOWY 39	POL	D0 - CHŁOPCY	2	M 158	00:26:47	00:55:09.80	00:56:00.60	11:01	5.4
349	KĘDZIERSKA JOLANTA	309		MŁYNICE	POL	NORDIC WALKING	22	K 191	00:27:13	00:55:11.25	00:56:01.25	11:02	5.4
350	KĘDZIERSKA LIDIA	320		WRONOWY 39	POL	K20	16	K 192	00:26:47	00:55:10.80	00:56:01.65	11:02	5.4
351	KĘDZIERSKA KINGA	307		MŁYNICE	POL	K30	61	K 193	00:26:45	00:55:14.20	00:56:06.65	11:02	5.4
352	RYSIEWSKA DIANA	306		BYDGOSZCZ	POL	K20	17	K 194	00:26:53			10:45	5.6
353	PALUCH AGNIESZKA	319		BYDGOSZCZ	POL	K20	18	K 195	00:30:41			12:16	4.9
354	KĘDZIERSKA NATALIA	315		CIENCISKO	POL	K20	19	K 196	00:30:41			12:16	4.9
355	SZPAKOWSKI WOJCIECH	318		BYDGOSZCZ	POL	D0 - CHŁOPCY	3	M 159	00:30:44			12:17	4.9
356	MATUSZEWSKA EMILIA	402		BYDGOSZCZ	POL	D3 - DZIEWCZYNKI	2	K 197	00:40:44			16:17	3.7
357	PARADOWSKI JAKUB	372		NOWY DWÓR	POL	BIEG Z PSEM	42	M 160					
358	WNUKIEWICZ MIKOŁAJ	351		NIEMCZ	POL	D2 - CHŁOPCY	7	M 161					
359	WNUKIEWICZ PIOTR	352		NIEMCZ	POL	M30	42	M 162					