

XX BIEG WENEDÓW - 10 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 2022-10-08

Miejsce: Koszalin

Dystans: 10 km

Wyniki dla punktu pomiaru: 2.75 km

Klasyfikacja wg czasów netto.



XX BIEG WENEDÓW - 10 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|----------------------------|----|------------------------|------------------|------|--------|----------|----------|----------|----------|----------|
| 1 | RUDNIK KRZYSZTOF | 56 | SLUPSK | | POL | M40-49 | 00:17:31 | 00:22:16 | 00:25:04 | 00:29:46 | 00:32:31 |
| 2 | LASAK KONRAD | 37 | SZCZECINEK | | POL | M18-29 | 00:17:31 | 00:22:15 | 00:25:03 | 00:29:46 | 00:32:30 |
| 3 | RYBARCZYK JAN | 57 | ŻYJ Z ENERGIA | DARŁOWO | POL | M50-59 | 00:17:39 | 00:22:26 | 00:25:12 | 00:29:59 | 00:32:45 |
| 4 | NEJMAN JERZY | 45 | KOSZALIN | | POL | M30-39 | 00:18:04 | 00:23:10 | 00:26:10 | 00:31:30 | 00:34:30 |
| 5 | FEDORCZAK ŁUKASZ | 22 | BIEGOLAS KOSZALIN | KONIKOWO | POL | M30-39 | 00:18:01 | 00:22:58 | 00:25:50 | 00:30:48 | 00:33:39 |
| 6 | MACKOJC KRZYSZTOF | 42 | EL-MACKOJC | KOŁOBRZEG | POL | M40-49 | 00:18:02 | 00:22:06 | 00:25:50 | 00:30:48 | 00:33:39 |
| 7 | XXXXXX TOMEK | 69 | KOSZALIN | | POL | M30-39 | 00:18:55 | 00:23:03 | 00:27:27 | 00:33:01 | 00:36:15 |
| 8 | KLIMOWICZ MICHAŁ | 28 | KOSZALIN/WARSZAWA | | POL | M30-39 | 00:18:53 | 00:23:58 | 00:26:55 | 00:32:02 | 00:35:00 |
| 9 | PICK TOMASZ | 51 | BIEGOLAS KOSZALIN | KOSZALIN | POL | M50-59 | 00:18:56 | 00:24:07 | 00:27:07 | 00:32:21 | 00:35:24 |
| 10 | KOZIEŁ PAWEŁ | 32 | KĘPKA TEAM | RĄBINO | POL | M40-49 | 00:19:24 | 00:24:43 | 00:27:51 | 00:33:10 | 00:36:16 |
| 11 | MAZUR JURIS | 77 | | | POL | M40-49 | 00:19:16 | 00:22:15 | 00:27:33 | 00:30:42 | 00:37:00 |
| 12 | KORCZYŃSKI SŁAWOMIR | 29 | SAPKID.PL | KOSZALIN | POL | M30-39 | 00:20:37 | 00:26:13 | 00:29:32 | 00:35:26 | 00:38:52 |
| 13 | MACIEJCZYK MATEUSZ | 40 | POLANOW | | POL | M30-39 | 00:20:26 | 00:26:05 | 00:29:20 | 00:34:50 | 00:38:01 |
| 14 | SUCHANOWSKI ZYGMUNT | 60 | RESPECT LOTYŃ | LOTYŃ | POL | M50-59 | 00:20:54 | 00:26:44 | 00:30:08 | 00:36:03 | 00:39:29 |
| 15 | KOŚCIELNIAK ROBERT | 75 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:20:57 | 00:26:50 | 00:30:17 | 00:36:10 | 00:39:30 |
| 16 | MOSZYŃSKI JACEK | 44 | TKKF KOSZALIN | SIAŃÓW | POL | M50-59 | 00:20:42 | 00:26:14 | 00:29:30 | 00:35:05 | 00:38:20 |
| 17 | OLSZAK JAKUB | 50 | KOSZALIN | | POL | M16-17 | 00:21:17 | 00:27:06 | 00:30:33 | 00:36:29 | 00:39:52 |
| 18 | CHUDY HENRYK | 14 | KS OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60-69 | 00:21:27 | 00:27:32 | 00:31:00 | 00:37:08 | 00:40:39 |
| 19 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLASKOSZALIN | BOBOLICE | POL | M50-59 | 00:22:02 | 00:28:24 | 00:32:05 | 00:38:17 | 00:42:04 |
| 20 | CHWALEBA MACIEK | 16 | 8PPLOT | KOSZALIN | POL | M30-39 | 00:21:05 | 00:27:07 | 00:30:27 | 00:36:36 | 00:39:55 |
| 21 | PIEKUTOWSKI ARTUR | 52 | | NIEKŁONICE | POL | M40-49 | 00:21:57 | 00:28:08 | 00:31:43 | 00:37:57 | 00:41:33 |
| 22 | STENKA RAFAŁ | 59 | KOSZALIN | | POL | M30-39 | 00:22:25 | 00:28:55 | 00:32:37 | 00:39:09 | 00:42:57 |
| 23 | BRZEZIŃSKI PAWEŁ | 9 | IRONDAD | KOSZALIN | POL | M40-49 | 00:22:11 | 00:28:18 | 00:31:47 | 00:37:56 | 00:41:28 |
| 24 | BOREJKO ŁUKASZ | 7 | KOSZALIN | | POL | M30-39 | 00:22:09 | 00:28:08 | 00:31:36 | 00:37:47 | 00:41:26 |
| 25 | SKOWYRSKI JANUSZ | 58 | TKKF BIEGOLAS KOSZALIN | STARE BIELICE | POL | M60-69 | 00:22:29 | 00:28:40 | 00:32:14 | 00:38:30 | 00:42:06 |
| 26 | GRUNWALD KAROLINA | 23 | | BOBOLICE | POL | K30-39 | 00:22:52 | 00:29:30 | 00:33:11 | 00:39:56 | 00:43:38 |
| 27 | DZIKOŃ RAFAŁ | 21 | RAFTER-RUN | KOŁOBRZEG | POL | M40-49 | 00:22:10 | 00:28:14 | 00:31:46 | 00:37:53 | 00:41:24 |
| 28 | SUDER-MAKSYMOWICZ GRZEGORZ | 62 | | USTRONIE MORSKIE | POL | M40-49 | 00:22:40 | 00:28:56 | 00:32:41 | 00:39:14 | 00:42:58 |
| 29 | KRZEWIŃSKA MAŁGORZATA | 33 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:22:35 | 00:28:42 | 00:32:15 | 00:38:14 | 00:41:43 |
| 30 | MAZUR MIROSŁAW | 43 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:22:50 | 00:29:09 | 00:32:50 | 00:39:26 | 00:43:13 |
| 31 | JANKOJC DOMINIK | 25 | | CEWLINO | POL | M40-49 | 00:22:51 | 00:29:02 | 00:32:40 | 00:38:55 | 00:42:32 |
| 32 | CHUDZIK ZBIGNIEW | 15 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 00:23:05 | 00:29:29 | 00:33:10 | 00:39:42 | 00:43:33 |
| 33 | DRELISZAK MARIUSZ | 19 | 17. WOG KOSZALIN | KOSZALIN | POL | M40-49 | 00:24:07 | 00:31:22 | 00:35:33 | 00:42:52 | 00:46:56 |
| 34 | LESZCZEŁOWSKI PIOTR | 38 | SHELTIES RACE | ZŁOCENIEC | POL | M40-49 | 00:22:48 | 00:28:58 | 00:32:35 | 00:38:50 | 00:42:23 |
| 35 | BUKIET PAWEŁ | 11 | KOSZALIN | | POL | M40-49 | 00:23:20 | 00:30:00 | 00:33:52 | 00:40:46 | 00:44:44 |
| 36 | RADZIŃSKI MARCEL | 55 | | ŚWIEMINO | POL | M18-29 | 00:24:31 | 00:32:09 | 00:36:26 | 00:44:19 | 00:48:40 |
| 37 | SZMID TOMASZ | 63 | KOSZALIN | | POL | M30-39 | 00:22:55 | 00:28:48 | 00:32:16 | 00:38:10 | 00:41:30 |
| 38 | DĄBROWSKA ALICJA | 17 | TKKF KOSZALIN | SIAŃÓW | POL | K50-59 | 00:23:22 | 00:29:02 | 00:33:10 | 00:39:22 | 00:42:56 |
| 39 | ŻYSZKIEWICZ PIOTR | 74 | ROZBIEGANA USTKA | USTKA | POL | M50-59 | 00:23:05 | 00:29:05 | 00:32:34 | 00:38:32 | 00:42:00 |
| 40 | WOJDA PAULINA | 66 | | DYGOWO | POL | K30-39 | 00:24:03 | 00:30:44 | 00:34:35 | 00:41:27 | 00:45:15 |
| 41 | KASPRZYK BOGDAN | 27 | | MŚCICE | POL | M40-49 | 00:23:56 | 00:30:28 | 00:34:20 | 00:40:59 | 00:45:00 |
| 42 | ZALIŃSKA ANETA | 70 | ROZBIEGANA USTKA | USTKA | POL | K40-49 | 00:23:36 | 00:30:02 | 00:33:41 | 00:40:04 | 00:43:49 |
| 43 | MACIKW MICHAŁ | 41 | KOSZALIN | | POL | M18-29 | 00:24:42 | 00:31:49 | 00:35:54 | 00:43:11 | 00:47:34 |
| 44 | DRULIK-HOŁUB MARTA | 20 | KOSZALIN | | POL | K40-49 | 00:24:09 | 00:30:48 | 00:34:40 | 00:41:28 | 00:45:20 |
| 45 | WOJCIECHOWSKA KASIA | 65 | | KOŁOBRZEG | POL | K30-39 | 00:24:58 | 00:31:53 | 00:35:57 | 00:42:48 | 00:46:53 |

XX BIEG WENEDÓW - 10 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|--------------------------|-----|------------------|------------------|------|---------|----------|----------|----------|----------|----------|
| 46 | BOGACKA LUCYNA | 6 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:24:26 | 00:31:01 | 00:34:56 | 00:41:40 | 00:45:36 |
| 47 | OLSZAK GRZEGORZ | 49 | KOSZALIN | KOSZALIN | POL | M40-49 | 00:24:43 | 00:31:39 | 00:35:30 | 00:42:19 | 00:46:10 |
| 48 | WYSOCZAŃSKI DANIEL | 68 | ROZBIEGANA USTKA | USTKA | POL | M40-49 | 00:24:53 | 00:31:48 | 00:35:52 | 00:42:47 | 00:46:48 |
| 49 | ZAWISKA ANNA | 71 | KOSZALIN | KOSZALIN | POL | K30-39 | 00:25:55 | 00:32:54 | 00:37:10 | 00:44:25 | 00:48:22 |
| 50 | ANTKOWIAK JOANNA | 2 | #BIEGAJLESZNO | LESZNO | POL | K40-49 | 00:25:19 | 00:32:04 | 00:35:58 | 00:43:07 | 00:47:03 |
| 51 | KUROWSKI MARCIN | 36 | SHELTIES RACE | SŁUPSK | POL | M40-49 | 00:25:19 | 00:32:05 | 00:35:54 | 00:42:44 | 00:46:39 |
| 52 | KUROWSKA OLGA | 35 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:25:21 | 00:32:06 | 00:35:58 | 00:42:50 | 00:46:51 |
| 53 | WYSOCKA URSZULA | 67 | SPORTOWE BIELICE | KOSZALIN | POL | K30-39 | 00:26:37 | 00:34:11 | 00:38:31 | 00:46:24 | 00:50:44 |
| 54 | PIETRYKA ARTUR | 53 | KARLINOBIEGAJ | KARLINO | POL | M40-49 | 00:26:33 | 00:33:59 | 00:38:22 | 00:46:20 | 00:51:07 |
| 55 | KOZŁOWIECKI WALDEMAR | 76 | KOSZALIN | KOSZALIN | POL | M70+ | 00:26:02 | 00:33:10 | 00:37:15 | 00:44:39 | 00:48:50 |
| 56 | JUSZCZAK KRZYSZTOF | 26 | KOSZALIN | KOSZALIN | POL | M60-69 | 00:26:56 | 00:34:30 | 00:38:54 | 00:46:24 | 00:50:48 |
| 57 | LISZTWAN ANNA | 39 | KOSZALIN | KOSZALIN | POL | K30-39 | 00:26:31 | 00:33:26 | 00:37:26 | 00:44:54 | 00:49:11 |
| 58 | BROWKA ANNA | 8 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:28:13 | 00:36:21 | 00:40:57 | 00:48:39 | 00:53:00 |
| 59 | PLESIEWICZ TOMASZ | 54 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:28:12 | 00:36:20 | 00:40:55 | 00:48:37 | 00:52:59 |
| 60 | BUSZAC PAWEŁ | 12 | KOŁOBRZEG | KOŁOBRZEG | POL | M30-39 | 00:28:09 | 00:35:38 | 00:40:06 | 00:47:35 | 00:51:54 |
| 61 | ŻYSZKIEWICZ IZABELA | 73 | ROZBIEGANA USTKA | USTKA | POL | K50-59 | 00:28:42 | 00:36:45 | 00:41:13 | 00:48:58 | 00:53:26 |
| 62 | BEDNARZ KATARZYNA | 3 | NESSI TEAM | KOŁOBRZEG | POL | K40-49 | 00:28:44 | 00:36:48 | 00:41:23 | 00:49:34 | 00:54:26 |
| 63 | CHRYSZTOFIK JANINA | 13 | KOSZALIN | KOSZALIN | POL | K40-49 | 00:28:09 | 00:35:41 | 00:40:07 | 00:47:33 | 00:51:57 |
| 64 | KUKLIŃSKA BEATA | 34 | DREAM TEAM | BYTÓW | POL | K40-49 | 00:30:01 | 00:39:06 | 00:43:55 | 00:52:59 | 00:58:02 |
| 65 | SUDER-MAKSYMOWICZ MONIKA | 61 | USTRONIE MORSKIE | USTRONIE MORSKIE | POL | K40-49 | 00:28:32 | 00:36:14 | 00:40:58 | 00:48:54 | 00:53:24 |
| 66 | KOSMAN KATARZYNA | 30 | KOMORÓW | KOMORÓW | POL | K40-49 | 00:30:20 | 00:39:06 | 00:44:10 | 00:53:16 | 00:58:27 |
| 67 | KOSMAN PIOTR | 31 | EKIPA Z TARNOWA | KOMORÓW | POL | M40-49 | 00:30:19 | 00:39:04 | 00:44:08 | 00:53:14 | 00:58:25 |
| 68 | OLCZYKOWSKI BARTOSZ | 48 | WILLA BLANKA | DĄBKI | POL | M40-49 | 00:32:31 | 00:41:52 | 00:47:06 | 00:56:07 | 01:01:23 |
| 69 | | 100 | | | POL | DRUŻYNA | | | | | |

XX BIEG WENEDÓW - 10 KM, K-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|--------------------------|----|------------------|------------------|------|--------|----------|----------|----------|----------|----------|
| 1 | GRUNWALD KAROLINA | 23 | | BOBOLICE | POL | K30-39 | 00:22:52 | 00:29:30 | 00:33:11 | 00:39:56 | 00:43:38 |
| 2 | KRZEWIŃSKA MAŁGORZATA | 33 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:22:35 | 00:28:42 | 00:32:15 | 00:38:14 | 00:41:43 |
| 3 | DĄBROWSKA ALICJA | 17 | TKKF KOSZALIN | SIANÓW | POL | K50-59 | 00:23:22 | 00:29:02 | 00:33:10 | 00:39:22 | 00:42:56 |
| 4 | WOJDA PAULINA | 66 | DYGOWO | DYGOWO | POL | K30-39 | 00:24:03 | 00:30:44 | 00:34:35 | 00:41:27 | 00:45:15 |
| 5 | ZALIŃSKA ANETA | 70 | ROZBIEGANA USTKA | USTKA | POL | K40-49 | 00:23:36 | 00:30:02 | 00:33:41 | 00:40:04 | 00:43:49 |
| 6 | DRULIK-HOŁUB MARTA | 20 | KOSZALIN | KOSZALIN | POL | K40-49 | 00:24:09 | 00:30:48 | 00:34:40 | 00:41:28 | 00:45:20 |
| 7 | WOJCIECHOWSKA KASIA | 65 | KOŁOBRZEG | KOŁOBRZEG | POL | K30-39 | 00:24:58 | 00:31:53 | 00:35:57 | 00:42:48 | 00:46:53 |
| 8 | BOGACKA LUCYNA | 6 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:24:26 | 00:31:01 | 00:34:56 | 00:41:40 | 00:45:36 |
| 9 | ZAWISKA ANNA | 71 | KOSZALIN | KOSZALIN | POL | K30-39 | 00:25:55 | 00:32:54 | 00:37:10 | 00:44:25 | 00:48:22 |
| 10 | ANTKOWIAK JOANNA | 2 | #BIEGAJLESZNO | LESZNO | POL | K40-49 | 00:25:19 | 00:32:04 | 00:35:58 | 00:43:07 | 00:47:03 |
| 11 | KUROWSKA OLGA | 35 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:25:21 | 00:32:06 | 00:35:58 | 00:42:50 | 00:46:51 |
| 12 | WYSOCKA URSZULA | 67 | SPORTOWE BIELICE | KOSZALIN | POL | K30-39 | 00:26:37 | 00:34:11 | 00:38:31 | 00:46:24 | 00:50:44 |
| 13 | LISZTWAN ANNA | 39 | KOSZALIN | KOSZALIN | POL | K30-39 | 00:26:31 | 00:33:26 | 00:37:26 | 00:44:54 | 00:49:11 |
| 14 | BROWKA ANNA | 8 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:28:13 | 00:36:21 | 00:40:57 | 00:48:39 | 00:53:00 |
| 15 | BEDNARZ KATARZYNA | 3 | NESSI TEAM | KOŁOBRZEG | POL | K40-49 | 00:28:44 | 00:36:48 | 00:41:23 | 00:49:34 | 00:54:26 |
| 16 | ŻYSZKIEWICZ IZABELA | 73 | ROZBIEGANA USTKA | USTKA | POL | K50-59 | 00:28:42 | 00:36:45 | 00:41:13 | 00:48:58 | 00:53:26 |
| 17 | CHRYSZTOFIK JANINA | 13 | KOSZALIN | KOSZALIN | POL | K40-49 | 00:28:09 | 00:35:41 | 00:40:07 | 00:47:33 | 00:51:57 |
| 18 | KUKLIŃSKA BEATA | 34 | DREAM TEAM | BYTÓW | POL | K40-49 | 00:30:01 | 00:39:06 | 00:43:55 | 00:52:59 | 00:58:02 |
| 19 | SUDER-MAKSYMOWICZ MONIKA | 61 | USTRONIE MORSKIE | USTRONIE MORSKIE | POL | K40-49 | 00:28:32 | 00:36:14 | 00:40:58 | 00:48:54 | 00:53:24 |
| 20 | KOSMAN KATARZYNA | 30 | KOMORÓW | KOMORÓW | POL | K40-49 | 00:30:20 | 00:39:06 | 00:44:10 | 00:53:16 | 00:58:27 |

XX BIEG WENEDÓW - 10 KM, M-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|------------------|----|------------|------------|------|--------|----------|----------|----------|----------|----------|
| 1 | RUDNIK KRZYSZTOF | 56 | SŁUPSK | SŁUPSK | POL | M40-49 | 00:17:31 | 00:22:16 | 00:25:04 | 00:29:46 | 00:32:31 |
| 2 | LASAK KONRAD | 37 | SZCZECINEK | SZCZECINEK | POL | M18-29 | 00:17:31 | 00:22:15 | 00:25:03 | 00:29:46 | 00:32:30 |

XX BIEG WENEDÓW - 10 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|----------------------------|----|------------------------|-------------------|------|--------|----------|----------|----------|----------|----------|
| 3 | RYBARCZYK JAN | 57 | ŻYJ Z ENERGIA | DARŁOWO | POL | M50-59 | 00:17:39 | 00:22:26 | 00:25:12 | 00:29:59 | 00:32:45 |
| 4 | FEDORCZAK ŁUKASZ | 22 | BIEGOLAS KOSZALIN | KONIKOWO | POL | M30-39 | 00:18:01 | 00:22:58 | 00:25:50 | 00:30:48 | 00:33:39 |
| 5 | NEJMAN JERZY | 45 | | KOSZALIN | POL | M30-39 | 00:18:04 | 00:23:10 | 00:26:10 | 00:31:30 | 00:34:30 |
| 6 | MACKOJC KRZYSZTOF | 42 | EL-MACKOJC | KOŁOBRZEG | POL | M40-49 | 00:18:02 | 00:22:06 | 00:25:50 | 00:30:48 | 00:33:39 |
| 7 | XXXXXXX TOMEK | 69 | | KOSZALIN | POL | M30-39 | 00:18:55 | 00:23:03 | 00:27:27 | 00:33:01 | 00:36:15 |
| 8 | KLIMOWICZ MICHAŁ | 28 | | KOSZALIN/WARSZAWA | POL | M30-39 | 00:18:53 | 00:23:58 | 00:26:55 | 00:32:02 | 00:35:00 |
| 9 | PICK TOMASZ | 51 | BIEGOLAS KOSZALIN | KOSZALIN | POL | M50-59 | 00:18:56 | 00:24:07 | 00:27:07 | 00:32:21 | 00:35:24 |
| 10 | KOZIEŁ PAWEŁ | 32 | KĘPKA TEAM | RABINO | POL | M40-49 | 00:19:24 | 00:24:43 | 00:27:51 | 00:33:10 | 00:36:16 |
| 11 | MAZUR JURIR | 77 | | | POL | M40-49 | 00:19:16 | 00:22:15 | 00:27:33 | 00:30:42 | 00:37:00 |
| 12 | KORCZYŃSKI SŁAWOMIR | 29 | SAPKID.PL | KOSZALIN | POL | M30-39 | 00:20:37 | 00:26:13 | 00:29:32 | 00:35:26 | 00:38:52 |
| 13 | MACIEJCZYK MATEUSZ | 40 | | POLANOW | POL | M30-39 | 00:20:26 | 00:26:05 | 00:29:20 | 00:34:50 | 00:38:01 |
| 14 | SUCHANOWSKI ZYGMUNT | 60 | RESPECT LOTYŃ | LOTYŃ | POL | M50-59 | 00:20:54 | 00:26:44 | 00:30:08 | 00:36:03 | 00:39:29 |
| 15 | MOSZYŃSKI JACEK | 44 | TKKF KOSZALIN | SIANÓW | POL | M50-59 | 00:20:42 | 00:26:14 | 00:29:30 | 00:35:05 | 00:38:20 |
| 16 | KOŚCIELNIAK ROBERT | 75 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:20:57 | 00:26:50 | 00:30:17 | 00:36:10 | 00:39:30 |
| 17 | OLSZAK JAKUB | 50 | | KOSZALIN | POL | M16-17 | 00:21:17 | 00:27:06 | 00:30:33 | 00:36:29 | 00:39:52 |
| 18 | CHUDY HENRYK | 14 | KS OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60-69 | 00:21:27 | 00:27:32 | 00:31:00 | 00:37:08 | 00:40:39 |
| 19 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLASKOSZALIN | BOBOLICE | POL | M50-59 | 00:22:02 | 00:28:24 | 00:32:05 | 00:38:17 | 00:42:04 |
| 20 | CHWALEBA MACIEK | 16 | 8PPLOT | KOSZALIN | POL | M30-39 | 00:21:05 | 00:27:07 | 00:30:27 | 00:36:36 | 00:39:55 |
| 21 | PIEKUTOWSKI ARTUR | 52 | | NIEKLONICE | POL | M40-49 | 00:21:57 | 00:28:08 | 00:31:43 | 00:37:57 | 00:41:33 |
| 22 | STENKA RAFAŁ | 59 | | KOSZALIN | POL | M30-39 | 00:22:25 | 00:28:55 | 00:32:37 | 00:39:09 | 00:42:57 |
| 23 | BRZEZIŃSKI PAWEŁ | 9 | IRONDAD | KOSZALIN | POL | M40-49 | 00:22:11 | 00:28:18 | 00:31:47 | 00:37:56 | 00:41:28 |
| 24 | BOREJKO ŁUKASZ | 7 | | KOSZALIN | POL | M30-39 | 00:22:09 | 00:28:08 | 00:31:36 | 00:37:47 | 00:41:26 |
| 25 | SKOWYRSKI JANUSZ | 58 | TKKF BIEGOLAS KOSZALIN | STARE BIELICE | POL | M60-69 | 00:22:29 | 00:28:40 | 00:32:14 | 00:38:30 | 00:42:06 |
| 26 | DZIKOŃ RAFAŁ | 21 | RAFTER-RUN | KOŁOBRZEG | POL | M40-49 | 00:22:10 | 00:28:14 | 00:31:46 | 00:37:53 | 00:41:24 |
| 27 | SUDER-MAKSYMOWICZ GRZEGORZ | 62 | | USTRONIE MORSKIE | POL | M40-49 | 00:22:40 | 00:28:56 | 00:32:41 | 00:39:14 | 00:42:58 |
| 28 | MAZUR MIROSLAW | 43 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:22:50 | 00:29:09 | 00:32:50 | 00:39:26 | 00:43:13 |
| 29 | JANKOJC DOMINIK | 25 | | CEWLINO | POL | M40-49 | 00:22:51 | 00:29:02 | 00:32:40 | 00:38:55 | 00:42:32 |
| 30 | CHUDZIK ZBIGNIEW | 15 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 00:23:05 | 00:29:29 | 00:33:10 | 00:39:42 | 00:43:33 |
| 31 | DRELISZAK MARIUSZ | 19 | 17. WOG KOSZALIN | KOSZALIN | POL | M40-49 | 00:24:07 | 00:31:22 | 00:35:33 | 00:42:52 | 00:46:56 |
| 32 | LESZCZEŁOWSKI PIOTR | 38 | SHELTIES RACE | ZŁOCENIEC | POL | M40-49 | 00:22:48 | 00:28:58 | 00:32:35 | 00:38:50 | 00:42:23 |
| 33 | BUKIET PAWEŁ | 11 | | KOSZALIN | POL | M40-49 | 00:23:20 | 00:30:00 | 00:33:52 | 00:40:46 | 00:44:44 |
| 34 | RADZIŃSKI MARCEL | 55 | | ŚWIEMINO | POL | M18-29 | 00:24:31 | 00:32:09 | 00:36:26 | 00:44:19 | 00:48:40 |
| 35 | SZMID TOMASZ | 63 | | KOSZALIN | POL | M30-39 | 00:22:55 | 00:28:48 | 00:32:16 | 00:38:10 | 00:41:30 |
| 36 | ŻYSZKIEWICZ PIOTR | 74 | ROZBIEGANA USTKA | USTKA | POL | M50-59 | 00:23:05 | 00:29:05 | 00:32:34 | 00:38:32 | 00:42:00 |
| 37 | KASPRZYK BOGDAN | 27 | | MŚCICE | POL | M40-49 | 00:23:56 | 00:30:28 | 00:34:20 | 00:40:59 | 00:45:00 |
| 38 | MACKIŃ MICHAŁ | 41 | | KOSZALIN | POL | M18-29 | 00:24:42 | 00:31:49 | 00:35:54 | 00:43:11 | 00:47:34 |
| 39 | OLSZAK GRZEGORZ | 49 | | KOSZALIN | POL | M40-49 | 00:24:43 | 00:31:39 | 00:35:30 | 00:42:19 | 00:46:10 |
| 40 | WYSOCCAŃSKI DANIEL | 68 | ROZBIEGANA USTKA | USTKA | POL | M40-49 | 00:24:53 | 00:31:48 | 00:35:52 | 00:42:47 | 00:46:48 |
| 41 | KUROWSKI MARCIN | 36 | SHELTIES RACE | SŁUPSK | POL | M40-49 | 00:25:19 | 00:32:05 | 00:35:54 | 00:42:44 | 00:46:39 |
| 42 | PIETRYKA ARTUR | 53 | KARLINOBIEGAJ | KARLINO | POL | M40-49 | 00:26:33 | 00:33:59 | 00:38:22 | 00:46:20 | 00:51:07 |
| 43 | KOZŁOWIECKI WALDEMAR | 76 | | KOSZALIN | POL | M70+ | 00:26:02 | 00:33:10 | 00:37:15 | 00:44:39 | 00:48:50 |
| 44 | JUSZCZAK KRZYSZTOF | 26 | | KOSZALIN | POL | M60-69 | 00:26:56 | 00:34:30 | 00:38:54 | 00:46:24 | 00:50:48 |
| 45 | PLESIEWICZ TOMASZ | 54 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:28:12 | 00:36:20 | 00:40:55 | 00:48:37 | 00:52:59 |
| 46 | BUSZAC PAWEŁ | 12 | | KOŁOBRZEG | POL | M30-39 | 00:28:09 | 00:35:38 | 00:40:06 | 00:47:35 | 00:51:54 |
| 47 | KOSMAN PIOTR | 31 | EKIPA Z TARNOWA | KOMORÓW | POL | M40-49 | 00:30:19 | 00:39:04 | 00:44:08 | 00:53:14 | 00:58:25 |
| 48 | OLCZYKOWSKI BARTOSZ | 48 | WILLA BLANKA | DĄBKI | POL | M40-49 | 00:32:31 | 00:41:52 | 00:47:06 | 00:56:07 | 01:01:23 |

XX BIEG WENEDÓW - 10 KM, M16-17

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|-----------------|----|------|-----------|------|--------|----------|----------|----------|----------|----------|
| 1 | OLSZAK JAKUB | 50 | | KOSZALIN | POL | M16-17 | 00:21:17 | 00:27:06 | 00:30:33 | 00:36:29 | 00:39:52 |

XX BIEG WENEDÓW - 10 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|------------------|----|------|------------|------|--------|----------|----------|----------|----------|----------|
| 1 | LASAK KONRAD | 37 | | SZCZECINEK | POL | M18-29 | 00:17:31 | 00:22:15 | 00:25:03 | 00:29:46 | 00:32:30 |
| 2 | RADZIMSKI MARCEL | 55 | | ŚWIEMINO | POL | M18-29 | 00:24:31 | 00:32:09 | 00:36:26 | 00:44:19 | 00:48:40 |
| 3 | MACKIW MICHAŁ | 41 | | KOSZALIN | POL | M18-29 | 00:24:42 | 00:31:49 | 00:35:54 | 00:43:11 | 00:47:34 |

XX BIEG WENEDÓW - 10 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|---------------------|----|------------------|-----------|------|--------|----------|----------|----------|----------|----------|
| 1 | GRUNWALD KAROLINA | 23 | | BOBOLICE | POL | K30-39 | 00:22:52 | 00:29:30 | 00:33:11 | 00:39:56 | 00:43:38 |
| 2 | WOJDA PAULINA | 66 | | DYGOWO | POL | K30-39 | 00:24:03 | 00:30:44 | 00:34:35 | 00:41:27 | 00:45:15 |
| 3 | WOJCIECHOWSKA KASIA | 65 | | KOŁOBRZEG | POL | K30-39 | 00:24:58 | 00:31:53 | 00:35:57 | 00:42:48 | 00:46:53 |
| 4 | ZAWISKA ANNA | 71 | | KOSZALIN | POL | K30-39 | 00:25:55 | 00:32:54 | 00:37:10 | 00:44:25 | 00:48:22 |
| 5 | WYSOCKA URSZULA | 67 | SPORTOWE BIELICE | KOSZALIN | POL | K30-39 | 00:26:37 | 00:34:11 | 00:38:31 | 00:46:24 | 00:50:44 |
| 6 | LISZTAN ANNA | 39 | | KOSZALIN | POL | K30-39 | 00:26:31 | 00:33:26 | 00:37:26 | 00:44:54 | 00:49:11 |

XX BIEG WENEDÓW - 10 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|---------------------|----|-------------------|-------------------|------|--------|----------|----------|----------|----------|----------|
| 1 | FEDORCZAK ŁUKASZ | 22 | BIEGOLAS KOSZALIN | KONIKOWO | POL | M30-39 | 00:18:01 | 00:22:58 | 00:25:50 | 00:30:48 | 00:33:39 |
| 2 | NEJMAN JERZY | 45 | | KOSZALIN | POL | M30-39 | 00:18:04 | 00:23:10 | 00:26:10 | 00:31:30 | 00:34:30 |
| 3 | XXXXXX Tomek | 69 | | KOSZALIN | POL | M30-39 | 00:18:55 | 00:23:03 | 00:27:27 | 00:33:01 | 00:36:15 |
| 4 | KLIMOWICZ MICHAŁ | 28 | | KOSZALIN/WARSZAWA | POL | M30-39 | 00:18:53 | 00:23:58 | 00:26:55 | 00:32:02 | 00:35:00 |
| 5 | KORCZYŃSKI SŁAWOMIR | 29 | SAPKID.PL | KOSZALIN | POL | M30-39 | 00:20:37 | 00:26:13 | 00:29:32 | 00:35:26 | 00:38:52 |
| 6 | MACIEJCZYK MATEUSZ | 40 | | POLANOW | POL | M30-39 | 00:20:26 | 00:26:05 | 00:29:20 | 00:34:50 | 00:38:01 |
| 7 | CHWALEBA MACIEK | 16 | 8PLOT | KOSZALIN | POL | M30-39 | 00:21:05 | 00:27:07 | 00:30:27 | 00:36:36 | 00:39:55 |
| 8 | STENKA RAFAŁ | 59 | | KOSZALIN | POL | M30-39 | 00:22:25 | 00:28:55 | 00:32:37 | 00:39:09 | 00:42:57 |
| 9 | BOREJKO ŁUKASZ | 7 | | KOSZALIN | POL | M30-39 | 00:22:09 | 00:28:08 | 00:31:36 | 00:37:47 | 00:41:26 |
| 10 | SZMID TOMASZ | 63 | | KOSZALIN | POL | M30-39 | 00:22:55 | 00:28:48 | 00:32:16 | 00:38:10 | 00:41:30 |
| 11 | BUSZAC PAWEŁ | 12 | | KOŁOBRZEG | POL | M30-39 | 00:28:09 | 00:35:38 | 00:40:06 | 00:47:35 | 00:51:54 |

XX BIEG WENEDÓW - 10 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|--------------------------|----|------------------|------------------|------|--------|----------|----------|----------|----------|----------|
| 1 | ZALIŃSKA ANETA | 70 | ROZBIEGANA USTKA | USTKA | POL | K40-49 | 00:23:36 | 00:30:02 | 00:33:41 | 00:40:04 | 00:43:49 |
| 2 | DRULIK-HOŁUB MARTA | 20 | | KOSZALIN | POL | K40-49 | 00:24:09 | 00:30:48 | 00:34:40 | 00:41:28 | 00:45:20 |
| 3 | ANTKOWIAK JOANNA | 2 | #BIEGAJLESZNO | LESZNO | POL | K40-49 | 00:25:19 | 00:32:04 | 00:35:58 | 00:43:07 | 00:47:03 |
| 4 | KUROWSKA OLGA | 35 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:25:21 | 00:32:06 | 00:35:58 | 00:42:50 | 00:46:51 |
| 5 | BROWKA ANNA | 8 | SHELTIES RACE | SŁUPSK | POL | K40-49 | 00:28:13 | 00:36:21 | 00:40:57 | 00:48:39 | 00:53:00 |
| 6 | BEDNARZ KATARZYNA | 3 | NESSI TEAM | KOŁOBRZEG | POL | K40-49 | 00:28:44 | 00:36:48 | 00:41:23 | 00:49:34 | 00:54:26 |
| 7 | CHRYSZTOFIK JANINA | 13 | | KOSZALIN | POL | K40-49 | 00:28:09 | 00:35:41 | 00:40:07 | 00:47:33 | 00:51:57 |
| 8 | KUKLIŃSKA BEATA | 34 | DREAM TEAM | BYTÓW | POL | K40-49 | 00:30:01 | 00:39:06 | 00:43:55 | 00:52:59 | 00:58:02 |
| 9 | SUDER-MAKSYMOWICZ MONIKA | 61 | | USTRONIE MORSKIE | POL | K40-49 | 00:28:32 | 00:36:14 | 00:40:58 | 00:48:54 | 00:53:24 |
| 10 | KOSMAN KATARZYNA | 30 | | KOMORÓW | POL | K40-49 | 00:30:20 | 00:39:06 | 00:44:10 | 00:53:16 | 00:58:27 |

XX BIEG WENEDÓW - 10 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|-------------------|----|------------|------------|------|--------|----------|----------|----------|----------|----------|
| 1 | RUDNIK KRZYSZTOF | 56 | | SŁUPSK | POL | M40-49 | 00:17:31 | 00:22:16 | 00:25:04 | 00:29:46 | 00:32:31 |
| 2 | MACKOJC KRZYSZTOF | 42 | EL-MACKOJC | KOŁOBRZEG | POL | M40-49 | 00:18:02 | 00:22:06 | 00:25:50 | 00:30:48 | 00:33:39 |
| 3 | KOZIEŁ PAWEŁ | 32 | KĘPKA TEAM | RĄBINO | POL | M40-49 | 00:19:24 | 00:24:43 | 00:27:51 | 00:33:10 | 00:36:16 |
| 4 | MAZUR JURIR | 77 | | | POL | M40-49 | 00:19:16 | 00:22:15 | 00:27:33 | 00:30:42 | 00:37:00 |
| 5 | PIEKUTOWSKI ARTUR | 52 | | NIEKLONICE | POL | M40-49 | 00:21:57 | 00:28:08 | 00:31:43 | 00:37:57 | 00:41:33 |

XX BIEG WENEDÓW - 10 KM, M40-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|----------------------------|----|------------------|------------------|------|--------|----------|----------|----------|----------|----------|
| 6 | BRZEZIŃSKI PAWEŁ | 9 | IRONDAD | KOSZALIN | POL | M40-49 | 00:22:11 | 00:28:18 | 00:31:47 | 00:37:56 | 00:41:28 |
| 7 | DZIKOŃ RAFAŁ | 21 | RAFTER-RUN | KOŁOBRZEG | POL | M40-49 | 00:22:10 | 00:28:14 | 00:31:46 | 00:37:53 | 00:41:24 |
| 8 | SUDER-MAKSYMOWICZ GRZEGORZ | 62 | | USTRONIE MORSKIE | POL | M40-49 | 00:22:40 | 00:28:56 | 00:32:41 | 00:39:14 | 00:42:58 |
| 9 | JANKOJC DOMINIK | 25 | | CEWLINO | POL | M40-49 | 00:22:51 | 00:29:02 | 00:32:40 | 00:38:55 | 00:42:32 |
| 10 | DRELISZAK MARIUSZ | 19 | 17. WOG KOSZALIN | KOSZALIN | POL | M40-49 | 00:24:07 | 00:31:22 | 00:35:33 | 00:42:52 | 00:46:56 |
| 11 | LESZCZEŁOWSKI PIOTR | 38 | SHELTIES RACE | ZŁOCIEŃC | POL | M40-49 | 00:22:48 | 00:28:58 | 00:32:35 | 00:38:50 | 00:42:23 |
| 12 | BUKIET PAWEŁ | 11 | | KOSZALIN | POL | M40-49 | 00:23:20 | 00:30:00 | 00:33:52 | 00:40:46 | 00:44:44 |
| 13 | KASPRZYK BOGDAN | 27 | | MŚCICE | POL | M40-49 | 00:23:56 | 00:30:28 | 00:34:20 | 00:40:59 | 00:45:00 |
| 14 | OLSZAK GRZEGORZ | 49 | | KOSZALIN | POL | M40-49 | 00:24:43 | 00:31:39 | 00:35:30 | 00:42:19 | 00:46:10 |
| 15 | WYSOCZAŃSKI DANIEL | 68 | ROZBIEGANA USTKA | USTKA | POL | M40-49 | 00:24:53 | 00:31:48 | 00:35:52 | 00:42:47 | 00:46:48 |
| 16 | KUROWSKI MARCIN | 36 | SHELTIES RACE | SŁUPSK | POL | M40-49 | 00:25:19 | 00:32:05 | 00:35:54 | 00:42:44 | 00:46:39 |
| 17 | PIETRYKA ARTUR | 53 | KARLINOBIEGAJ | KARLINO | POL | M40-49 | 00:26:33 | 00:33:59 | 00:38:22 | 00:46:20 | 00:51:07 |
| 18 | KOSMAN PIOTR | 31 | EKIPA Z TARNOWA | KOMORÓW | POL | M40-49 | 00:30:19 | 00:39:04 | 00:44:08 | 00:53:14 | 00:58:25 |
| 19 | OLCZYKOWSKI BARTOSZ | 48 | WILLA BLANKA | DAŃKI | POL | M40-49 | 00:32:31 | 00:41:52 | 00:47:06 | 00:56:07 | 01:01:23 |

XX BIEG WENEDÓW - 10 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|---------------------|----|------------------|-----------|------|--------|----------|----------|----------|----------|----------|
| 1 | DĄBROWSKA ALICJA | 17 | TKKF KOSZALIN | SIAŃÓW | POL | K50-59 | 00:23:22 | 00:29:02 | 00:33:10 | 00:39:22 | 00:42:56 |
| 2 | ŻYSZKIEWICZ IZABELA | 73 | ROZBIEGANA USTKA | USTKA | POL | K50-59 | 00:28:42 | 00:36:45 | 00:41:13 | 00:48:58 | 00:53:26 |

XX BIEG WENEDÓW - 10 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|---------------------|----|-------------------|-----------|------|--------|----------|----------|----------|----------|----------|
| 1 | RYBARCZYK JAN | 57 | ŻYJ Z ENERGIA | DARŁOWO | POL | M50-59 | 00:17:39 | 00:22:26 | 00:25:12 | 00:29:59 | 00:32:45 |
| 2 | PICK TOMASZ | 51 | BIEGOLAS KOSZALIN | KOSZALIN | POL | M50-59 | 00:18:56 | 00:24:07 | 00:27:07 | 00:32:21 | 00:35:24 |
| 3 | SUCHANOWSKI ZYGMUNT | 60 | RESPECT LOTYŃ | LOTYŃ | POL | M50-59 | 00:20:54 | 00:26:44 | 00:30:08 | 00:36:03 | 00:39:29 |
| 4 | MOSZYŃSKI JACEK | 44 | TKKF KOSZALIN | SIAŃÓW | POL | M50-59 | 00:20:42 | 00:26:14 | 00:29:30 | 00:35:05 | 00:38:20 |
| 5 | KOŚCIELNIAK ROBERT | 75 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:20:57 | 00:26:50 | 00:30:17 | 00:36:10 | 00:39:30 |
| 6 | ADASZYŃSKI WIESŁAW | 1 | BIEGOLASKOSZALIN | BOBOLICE | POL | M50-59 | 00:22:02 | 00:28:24 | 00:32:05 | 00:38:17 | 00:42:04 |
| 7 | MAZUR MIROŚŁAW | 43 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:22:50 | 00:29:09 | 00:32:50 | 00:39:26 | 00:43:13 |
| 8 | ŻYSZKIEWICZ PIOTR | 74 | ROZBIEGANA USTKA | USTKA | POL | M50-59 | 00:23:05 | 00:29:05 | 00:32:34 | 00:38:32 | 00:42:00 |
| 9 | PLESIEWICZ TOMASZ | 54 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 00:28:12 | 00:36:20 | 00:40:55 | 00:48:37 | 00:52:59 |

XX BIEG WENEDÓW - 10 KM, K60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|-----------------------|----|---------------|-----------|------|------|----------|----------|----------|----------|----------|
| 1 | KRZEWIŃSKA MAŁGORZATA | 33 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:22:35 | 00:28:42 | 00:32:15 | 00:38:14 | 00:41:43 |
| 2 | BOGACKA LUCYNA | 6 | TKKF KOSZALIN | KOSZALIN | POL | K60+ | 00:24:26 | 00:31:01 | 00:34:56 | 00:41:40 | 00:45:36 |

XX BIEG WENEDÓW - 10 KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|--------------------|----|------------------------|---------------|------|--------|----------|----------|----------|----------|----------|
| 1 | CHUDY HENRYK | 14 | KS OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60-69 | 00:21:27 | 00:27:32 | 00:31:00 | 00:37:08 | 00:40:39 |
| 2 | SKOWYRSKI JANUSZ | 58 | TKKF BIEGOLAS KOSZALIN | STARE BIELICE | POL | M60-69 | 00:22:29 | 00:28:40 | 00:32:14 | 00:38:30 | 00:42:06 |
| 3 | CHUDZIK ZBIGNIEW | 15 | TKKF KOSZALIN | STARE BIELICE | POL | M60-69 | 00:23:05 | 00:29:29 | 00:33:10 | 00:39:42 | 00:43:33 |
| 4 | JUSZCZAK KRZYSZTOF | 26 | | KOSZALIN | POL | M60-69 | 00:26:56 | 00:34:30 | 00:38:54 | 00:46:24 | 00:50:48 |

XX BIEG WENEDÓW - 10 KM, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 4.75km | 6km | 6.75km | 8km | 8.75km |
|------|----------------------|----|------|-----------|------|------|----------|----------|----------|----------|----------|
| 1 | KOZŁOWIECKI WALDEMAR | 76 | | KOSZALIN | POL | M70+ | 00:26:02 | 00:33:10 | 00:37:15 | 00:44:39 | 00:48:50 |

XX BIEG WENEDÓW - 10 KM, Drużyna

| Miejsce | Drużyna | Zawodnicy klasyfikowani | Czas | Czas drużyny |
|---------|------------------|--|--|--------------|
| 1 | TKKF KOSZALIN | JACEK MOSZYŃSKI ROBERT KOŚCIELNIAK MAŁGORZATA KRZEWIŃSKA ALICJA DĄBROWSKA | 00:43:38.7500:44:53.0500:47:40.1000:48:42.95 | 03:04:50 |
| 2 | ROZBIEGANA USTKA | PIOTR ŻYSZKIEWICZ ANETA ZALIŃSKA DANIEL WYSOCZAŃSKI IZABELA ŻYSZKIEWICZ | 00:47:41.3500:50:01.4500:53:24.4001:00:59.85 | 03:32:00 |
| 3 | SHELTIES RACE | PIOTR LESZCZEŁOWSKI MARCIN KUROWSKI OLGA KUROWSKA ANNA BROWKA | 00:48:04.3000:52:50.1500:53:16.1501:00:29.70 | 03:34:30 |