

ZABIEGANA MAMA

Organizator: Fundacja Run Vegan

Data: 2022-10-15

Miejsce: Warszawa

Dystans: 3 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 50 miejsc wg czasu brutto



ZABIEGANA MAMA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
1	TOKARSKI PIOTR	157		KRĘPA	POL	M OPEN	1	M 1	00:03:14	00:06:29	00:09:53.55	00:09:54.40	3:17	18.2
2	KLECZEWSKI PIOTR	64		WARSZAWA	POL	M OPEN	2	M 2	00:03:20	00:06:44	00:10:16.00	00:10:17.00	3:25	17.5
3	HILDEBRAND MARCIN	54		WARSZAWA	POL	M OPEN	3	M 3	00:03:20	00:06:51	00:10:24.40	00:10:25.60	3:28	17.3
4	KĄŻMIERCZAK MARTA	43		WARSZAWA	POL	K OPEN	1	K 1	00:03:39	00:07:28	00:11:15.50	00:11:16.65	3:45	16
5	BUJNOWSKA MAŁGORZATA	22		WARSZAWA	POL	K OPEN	2	K 2	00:03:54	00:08:11	00:12:17.30	00:12:17.70	4:05	14.7
6	KNYCHAS DAREK	69	PZU SPORT TEAM	WARSZAWA	POL	M OPEN	4	M 4	00:04:04	00:08:16	00:12:18.90	00:12:20.40	4:06	14.6
7	SKAWSKI JAN	146	VEGAS WĘGORZEWO RUNNING	WARSZAWA	POL	M OPEN	5	M 5	00:04:11	00:08:25	00:12:33.05	00:12:34.10	4:11	14.3
8	MIĄSKO WOJCIECH	101	12TRI.PL	WARSZAWA	POL	M OPEN	7	M 6	00:04:10	00:08:28	00:12:44.80	00:12:46.95	4:14	14.1
9	TCHÓRZEWSKI JAKUB	154		LIPINKI	POL	M OPEN	6	M 7	00:03:17	00:06:06	00:12:38.85	00:12:49.80	4:12	14.2
10	PILECKI ADRIAN	120		WARSZAWA	POL	M OPEN	8	M 8	00:03:54	00:08:15	00:12:48.00	00:12:49.80	4:16	14.1
11	SZEWCZYK TOMASZ	150		WARSZAWA	POL	M OPEN	9	M 9	00:04:08	00:08:31	00:12:59.10	00:13:02.10	4:19	13.9
12	SZCZERBA ŁUKASZ	149	W POGONI ZA DUCHEM	WARSZAWA	POL	M OPEN	10	M 10	00:04:16	00:08:46	00:13:07.45	00:13:14.90	4:22	13.7
13	BOMBAŁA MATEUSZ	19		WARSZAWA	GBR	M OPEN	11	M 11	00:04:16	00:08:47	00:13:09.55	00:13:16.35	4:23	13.7
14	CHOJNOWSKA MAGDALENA	26		WOŁOMIN	POL	K OPEN	3	K 3	00:04:09	00:08:43	00:13:22.25	00:13:23.90	4:27	13.5
15	PACHNIK KAROL	111		SIEDLCE	POL	M OPEN	12	M 12	00:04:28	00:09:05	00:13:29.20	00:13:36.15	4:29	13.3
16	KUPNIEWSKI SEBASTIAN	79		NOWA SUCHA	POL	M OPEN	15	M 13	00:04:05	00:08:46	00:13:34.90	00:13:36.35	4:31	13.3
17	CHUDZIK SEBASTIAN	32		WARSZAWA	POL	M OPEN	14	M 14	00:04:26	00:08:55	00:13:30.30	00:13:37.65	4:30	13.3
18	APANOWICZ ANGELIKA	11	EKOBIEGI	WARSZAWA	POL	K OPEN	4	K 4	00:04:30	00:08:58	00:13:29.35	00:13:38.30	4:29	13.3
19	PARADOWSKA KRZYSZTOF	116		WARSZAWA	POL	M OPEN	13	M 15	00:04:40	00:09:08	00:13:29.60	00:13:40.90	4:29	13.3
20	SZMIGIELSKI KRYSZTOF	151		PRUSZKÓW	POL	M OPEN	16	M 16	00:04:11	00:08:56	00:13:51.90	00:13:54.80	4:37	13
21	REWERA ROBERT	132	PKO BANK POLSKI	WARSZAWA	POL	M OPEN	17	M 17	00:04:30	00:09:16	00:13:54.20	00:13:56.70	4:38	12.9
22	FILIPOWICZ NATALIA	39		WARSZAWA	POL	K OPEN	5	K 5	00:04:31	00:09:10	00:13:57.65	00:14:01.35	4:39	12.9
23	ZACZYK JAKUB	175	OLYMPUS	WARSZAWA	POL	M OPEN	18	M 18	00:04:41	00:09:16	00:13:58.50	00:14:03.35	4:39	12.9
24	DĘBSKI GRZEGORZ	38		NOWA SUCHA	POL	M OPEN	20	M 19	00:04:33	00:09:32	00:14:03.30	00:14:05.25	4:41	12.8
25	BRZOZOWSKA MAGDALENA	21	BIEGUSTATORZY	WARSZAWA	POL	K OPEN	6	K 6	00:04:30	00:09:17	00:14:04.55	00:14:06.10	4:41	12.8
26	KĄKOL TOMASZ	62		SULEJÓWEK	POL	M OPEN	19	M 20	00:04:30	00:09:11	00:14:02.65	00:14:09.35	4:40	12.8
27	BOGUCKI DARIUSZ	18		WARSZAWA	POL	M OPEN	23	M 21	00:04:37	00:09:30	00:14:10.60	00:14:14.80	4:43	12.7
28	PULAWSKA GABRIELA	126		WOŁOMIN	POL	K OPEN	7	K 7	00:04:36	00:09:24	00:14:11.75	00:14:18.50	4:43	12.7
29	PIOTROWSKI AREK	65		WARSZAWA	POL	M OPEN	22	M 22	00:04:46	00:09:29	00:14:07.85	00:14:19.55	4:42	12.8
30	PUSTY TOMASZ	129		SZCZECIN	POL	M OPEN	21	M 23	00:04:36	00:09:24	00:14:06.10	00:14:20.20	4:42	12.8
31	CHOTKIEWICZ OLA	27		WARSZAWA	POL	K OPEN	8	K 8	00:04:42	00:09:33	00:14:15.20	00:14:21.70	4:45	12.6
32	KONIEC KAMIL	70		WARSZAWA	POL	M OPEN	24	M 24	00:04:28	00:09:18	00:14:25.60	00:14:28.20	4:48	12.5
33	KWIATKOWSKI MACIEJ	81		WARSZAWA	POL	M OPEN	25	M 25	00:04:04	00:09:21	00:14:28.05	00:14:34.90	4:49	12.4
34	RADZIKOWSKI FRANEK	130		CHROŚLA	POL	M OPEN	26	M 26	00:04:39	00:09:37	00:14:34.30	00:14:38.35	4:51	12.4
35	LEWTAK ADAM	86		WARSZAWA	POL	M OPEN	27	M 27	00:05:02	00:10:01	00:14:40.15	00:14:45.90	4:53	12.3
36	FREITES LUIS	25		MARKI	POL	M OPEN	28	M 28	00:04:57	00:09:54	00:14:44.70	00:14:46.00	4:54	12.2
37	BORYSZKOWSKA IWONA	20	12TRI	WARSZAWA	POL	K OPEN	9	K 9	00:04:53	00:09:57	00:14:48.80	00:14:52.40	4:56	12.2
38	NOGAŃSKA ZANETA	106		WARSZAWA	POL	K OPEN	10	K 10	00:04:27	00:09:42	00:14:53.70	00:14:56.30	4:57	12.1
39	LESZCZYŃSKA MAJA	84	KS CZEMPION WARSZAWA	WARSZAWA	POL	K OPEN	12	K 11	00:04:36	00:09:41	00:14:59.85	00:15:02.65	4:59	12
40	SKOWROŃSKI WOJCIECH	147		WARSZAWA	POL	M OPEN	29	M 29	00:04:59	00:10:04	00:14:56.20	00:15:02.65	4:58	12.1
41	CIEŚLIKOWSKA DOMINIKA	33		WARSZAWA	POL	K OPEN	11	K 12	00:04:54	00:10:00	00:14:59.00	00:15:04.80	4:59	12
42	NIEMIEC WOJCIECH	104		PRUSZKÓW	POL	M OPEN	30	M 30	00:04:41	00:09:53	00:15:03.45	00:15:13.25	5:01	12
43	GÓRSKI NORBERT	49		OTWOCK	POL	M OPEN	31	M 31	00:04:51	00:09:54	00:15:06.15	00:15:13.80	5:02	11.9
44	NOWAKOWSKA BEATA	108	RACEFIGHTER GOSIR DĘBE WIELKIE	HIPOLITÓW	POL	K OPEN	13	K 13	00:05:00	00:10:12	00:15:09.55	00:15:16.85	5:03	11.9
45	OLSZEWSKA DOROTA	110	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	K OPEN	14	K 14	00:05:01	00:10:44	00:15:34.00	00:15:34.00	5:11	11.6
46	CHRAPEK KRZYSZTOF	30		WARSZAWA	POL	M OPEN	32	M 32	00:05:43	00:10:46	00:15:25.05	00:15:34.15	5:08	11.7

ZABIEGANA MAMA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
47	STRUDZIŃSKI JAKUB	41		WARSZAWA	POL	M OPEN	33	M 33	00:05:06	00:10:19	00:15:36.60	00:15:44.55	5:12	11.5
48	LEWTAK PIOTR	87		WARSZAWA	POL	M OPEN	35	M 34	00:05:17	00:10:32	00:15:40.20	00:15:44.90	5:13	11.5
49	PULAWSKA RADOSŁAW	127		WARSZAWA	POL	M OPEN	34	M 35	00:04:54	00:10:11	00:15:38.65	00:15:45.80	5:12	11.5
50	ŁOŚ KRZYSZTOF	89	SBRT/BIEGUNI 2022	ŁOMIANKI DOLNE	POL	M OPEN	36	M 36	00:05:06	00:10:27	00:15:43.65	00:15:48.20	5:14	11.5
51	KURZACZ KATARZYNA	80	12TRI.PL	WARSZAWA	POL	K OPEN	15	K 15	00:05:05	00:10:27	00:15:43.85	00:15:49.50	5:14	11.5
52	WIECZORKIEWICZ LECH	167	NIE W SZCZEPIONKĘ TEAM	WARSZAWA	POL	M OPEN	37	M 37	00:04:41	00:10:14	00:15:48.85	00:15:52.55	5:16	11.4
53	WIŚNIEWSKI BARTŁOMIEJ	170		WARSZAWA	POL	M OPEN	38	M 38	00:04:56	00:10:30	00:15:55.65	00:15:59.10	5:18	11.3
54	HAWRYLUK-STASIAK EWA	53	BIEGUNI 2022	WARSZAWA	POL	K OPEN	16	K 16	00:04:58	00:10:25	00:15:56.25	00:16:00.25	5:18	11.3
55	WÓJCIKIEWICZ RAFAŁ	173		PRUSZKÓW	POL	M OPEN	39	M 39	00:05:08	00:10:44	00:16:01.35	00:16:10.35	5:20	11.2
56	CHRAPEK ADAM	31		WARSZAWA	POL	M OPEN	40	M 40	00:05:41	00:10:45	00:16:01.75	00:16:11.15	5:20	11.2
57	LULA MAGDALENA	88		WARSZAWA	POL	K OPEN	17	K 17	00:05:16	00:10:50	00:16:10.40	00:16:17.70	5:23	11.1
58	JAWORSKA KAROLINA	60		BABICE NOWE	POL	K OPEN	18	K 18	00:05:27	00:10:53	00:16:12.25	00:16:17.25	5:24	11.1
59	MACIEJEWSKI TOMASZ MIKOŁAJ	91		WARSZAWA	POL	M OPEN	41	M 41	00:05:24	00:10:49	00:16:14.10	00:16:24.80	5:24	11.1
60	PISKORSKA AGNIESZKA	122		WARSZAWA	POL	K OPEN	19	K 19	00:05:22	00:10:53	00:16:15.90	00:16:26.60	5:25	11.1
61	GRZESIAK JAN	52	LEGIA	WARSZAWA	POL	M OPEN	42	M 42	00:05:09	00:10:43	00:16:17.65	00:16:27.05	5:25	11.1
62	NOWAK EDYTA	107		WARSZAWA	POL	K OPEN	20	K 20	00:05:29	00:11:01	00:16:28.55	00:16:32.55	5:29	10.9
63	BUKOWSKI JANUSZ	23	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M OPEN	43	M 43	00:05:38	00:11:01	00:16:28.85	00:16:30.60	5:29	10.9
64	MUZYKA KACPER JOHN	103		WIELISZEW	POL	M OPEN	44	M 44	00:05:15	00:10:56	00:16:38.95	00:16:40.70	5:32	10.8
65	PŁUSA JERZY	123		WARSZAWA	POL	M OPEN	45	M 45	00:05:24	00:11:03	00:16:41.50	00:16:44.20	5:33	10.8
66	LEWTAK EWA	85		WARSZAWA	POL	K OPEN	21	K 21	00:05:31	00:11:06	00:16:43.55	00:16:49.05	5:34	10.8
67	HULANICKI ANDRZEJ	57		WARSZAWA	POL	M OPEN	46	M 46	00:05:30	00:11:06	00:16:45.45	00:16:50.90	5:35	10.7
68	MIĄSKO RENATA	100	12TRI.PL / TEAM ZABIEGANEDNI	WARSZAWA	POL	K OPEN	22	K 22	00:05:32	00:11:15	00:16:45.45	00:16:51.50	5:35	10.7
69	KWIATKOWSKI TOMASZ	42		WARSZAWA	POL	M OPEN	47	M 47	00:06:04	00:11:45	00:16:51.55	00:17:02.50	5:37	10.7
70	RZEPKA MIREK	135	NBRC	WARSZAWA	POL	M OPEN	48	M 48	00:05:37	00:11:22	00:16:59.95	00:17:10.30	5:39	10.6
71	BODALSKI JACEK	16		WARSZAWA	POL	M OPEN	49	M 49	00:05:37	00:11:23	00:17:26.10	00:17:36.00	5:48	10.3
72	CIEŚLIKOWSKA AGATA	34		MARKI	POL	K OPEN	23	K 23	00:05:34	00:11:31	00:17:27.10	00:17:33.20	5:49	10.3
73	ZAKRZEWSKA ANNA	176		JÓZEFOSŁAW	POL	K OPEN	24	K 24	00:05:27	00:11:21	00:17:28.80	00:17:33.15	5:49	10.3
74	MATYSIAK AGNIESZKA	99		WARSZAWA	POL	K OPEN	25	K 25	00:05:28	00:11:25	00:17:31.20	00:17:39.85	5:50	10.3
75	GRABOWSKA KASJA	50		WARSZAWA	GBR	K OPEN	26	K 26	00:05:45	00:11:43	00:17:43.20	00:17:51.10	5:54	10.2
76	JANUSZKIEWICZ PATRYCJA	59		WARSZAWA	POL	K OPEN	27	K 27	00:05:33	00:11:42	00:17:44.20	00:17:47.20	5:54	10.2
77	SIKORA KALINA	144		WARSZAWA	POL	K OPEN	28	K 28	00:05:54	00:12:25	00:18:01.25	00:18:11.40	6:00	10
78	SIKORA ZUZANNA	142	PZU SPORT TEAM	WARSZAWA	POL	K OPEN	29	K 29	00:05:54	00:12:24	00:18:03.65	00:18:13.70	6:01	10
79	ARSENIUK SYLWIA	12		WARSZAWA	POL	K OPEN	30	K 30	00:05:39	00:12:00	00:18:06.45	00:18:12.80	6:02	9.9
80	ŚMIETAŃSKA BEATA	153		WARSZAWA	POL	K OPEN	31	K 31	00:05:33	00:11:57	00:18:08.80	00:18:11.95	6:02	9.9
81	CHRAPEK AGNIESZKA	29		WARSZAWA	POL	K OPEN	32	K 32	00:05:57	00:12:11	00:18:09.10	00:18:19.60	6:03	9.9
82	CHRAPEK PIOTR	28		WARSZAWA	POL	M OPEN	50	M 50	00:05:57	00:12:11	00:18:09.15	00:18:19.30	6:03	9.9
83	VALIEVA ALIIA	159		DZIEKANÓW LEŚNY	POL	K OPEN	33	K 33	00:05:43	00:12:13	00:18:30.80	00:18:39.60	6:10	9.7
84	BAJOREK JACEK	13		WYSZKÓW	POL	M OPEN	51	M 51	00:05:36	00:12:06	00:18:59.05	00:19:07.95	6:19	9.5
85	ZAWADZKA ALEKSANDRA	178		WARSZAWA	POL	K OPEN	34	K 34	00:06:22	00:12:34	00:19:01.10	00:19:17.90	6:20	9.5
86	ZAWADZKI KONRAD	179		WARSZAWA	POL	M OPEN	52	M 52	00:06:23	00:12:34	00:19:01.20	00:19:17.80	6:20	9.5
87	PARADOWSKA ALEKSANDRA	115		WARSZAWA	POL	K OPEN	35	K 35	00:06:05	00:12:42	00:19:13.40	00:19:25.70	6:24	9.4
88	KISIELEWICZ BOŻENA	63	BIEGOWY WARIAT RUNNING TEAM	NADMA	POL	K OPEN	36	K 36	00:06:13	00:12:42	00:19:23.10	00:19:34.80	6:27	9.3
89	LESZCZYŃSKA MONIKA	83	TEAMZABIEGANEDNI	WARSZAWA	POL	K OPEN	37	K 37	00:06:13	00:13:08	00:19:48.60	00:19:51.65	6:36	9.1
90	KOWALCZYK BOGDAN	72	WARSZAWA-BRÓDNO	WARSZAWA	POL	M OPEN	53	M 53	00:06:37	00:13:18	00:19:53.85	00:20:03.65	6:37	9.1
91	WRÓBLEWSKI MARIUSZ	66	NASZA PAKA BIEGA	WOŁOMIN	POL	M OPEN	54	M 54	00:06:11	00:13:14	00:20:26.45	00:20:35.85	6:48	8.8
92	KLUSEK JOLANTA	68		WARSZAWA	POL	K OPEN	38	K 38	00:06:55	00:14:02	00:21:08.95	00:21:12.85	7:02	8.5
93	SZYSZKA URSZULA	152		WARSZAWA	POL	K OPEN	39	K 39	00:06:51	00:14:07	00:21:16.30	00:21:28.20	7:05	8.5
94	WRÓBLEWSKA JOANNA	174		WARSZAWA	POL	K OPEN	40	K 40	00:07:07	00:14:46	00:22:21.45	00:22:29.25	7:27	8.1
95	PARADOWSKA MALGORZATA	114		WARSZAWA	POL	K OPEN	41	K 41	00:06:50	00:14:50	00:22:56.05	00:23:09.15	7:38	7.8
96	PARADOWSKA ANNA	113		WARSZAWA	POL	K OPEN	42	K 42	00:06:50	00:14:51	00:22:56.60	00:23:09.10	7:38	7.8
97	REDA ALICJA	131	TZD	WARSZAWA	POL	K OPEN	43	K 43	00:07:40	00:15:49	00:23:55.70	00:24:07.40	7:58	7.5
	MAŁEK STANISŁAW	93		GŁUSK	POL	M OPEN			00:06:13	00:13:18	DNF	DNF	-	-
	MAŁEK ZUZIA	94		GŁUSK	POL	K OPEN			00:06:13	00:13:18	DNF	DNF	-	-
	GONTAREK ANTONINA	46		WARSZAWA	POL	K OPEN			00:06:40	00:13:29	DNF	DNF	-	-

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
	PULAWSKI PAWEŁ	128		WOŁOMIN	POL	M OPEN			00:04:36 DNF	00:14:11 DNF	DNF	DNF	-	-
	CZESZEJKO SOCHACKA KATARZYNA	109		WARSZAWA	POL	K OPEN			00:06:35 DNF	00:14:49 DNF	DNF	DNF	-	-
	CZESZEJKO SOCHACKI FILIP	24		WARSZAWA	POL	M OPEN			00:06:38 DNF	00:14:51 DNF	DNF	DNF	-	-
	PRZELASKOWSKA DOROTA	125		WARSZAWA	POL	K OPEN			00:06:58 DNF	00:15:20 DNF	DNF	DNF	-	-
	SIKORA KAJA	143		WARSZAWA	POL	K OPEN			00:06:58 DNF	00:15:20 DNF	DNF	DNF	-	-
	STANICKA GRAŻYNA	148	SAN	WARSZAWA	POL	K OPEN			00:09:12 DNF	DNF	DNF	DNF	-	-
	MAŁEK MARYSIA	95		GŁUSK	POL	K OPEN			00:17:10 DNF	DNF	DNF	DNF	-	-
	MAŁEK KAROLINA	96		GŁUSK	POL	K OPEN			00:17:11 DNF	DNF	DNF	DNF	-	-

ZABIEGANA MAMA, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
1	KĄZMIERCZAK MARTA	43		WARSZAWA	POL	K OPEN	1	K 1	00:03:39	00:07:28	00:11:15.50	00:11:16.65	3:45	16
2	BUJNOWSKA MAŁGORZATA	22		WARSZAWA	POL	K OPEN	2	K 2	00:03:54	00:08:11	00:12:17.30	00:12:17.70	4:05	14.7
3	CHOJNOWSKA MAGDALENA	26		WOŁOMIN	POL	K OPEN	3	K 3	00:04:09	00:08:43	00:13:22.25	00:13:23.90	4:27	13.5
4	APANOWICZ ANGELIKA	11	EKOBIEGI	WARSZAWA	POL	K OPEN	4	K 4	00:04:30	00:08:58	00:13:29.35	00:13:38.30	4:29	13.3
5	FILIPOWICZ NATALIA	39		WARSZAWA	POL	K OPEN	5	K 5	00:04:31	00:09:10	00:13:57.65	00:14:01.35	4:39	12.9
6	BRZOZOWSKA MAGDALENA	21	BIEGUSTATORZY	WARSZAWA	POL	K OPEN	6	K 6	00:04:30	00:09:17	00:14:04.55	00:14:06.10	4:41	12.8
7	PULAWSKA GABRIELA	126		WOŁOMIN	POL	K OPEN	7	K 7	00:04:36	00:09:24	00:14:11.75	00:14:18.50	4:43	12.7
8	CHOTKIEWICZ OLA	27		WARSZAWA	POL	K OPEN	8	K 8	00:04:42	00:09:33	00:14:15.20	00:14:21.70	4:45	12.6
9	BORYSKOWSKA IWONA	20	12TRI	WARSZAWA	POL	K OPEN	9	K 9	00:04:53	00:09:57	00:14:48.80	00:14:52.40	4:56	12.2
10	NOGAŃSKA ŻANETA	106		WARSZAWA	POL	K OPEN	10	K 10	00:04:27	00:09:42	00:14:53.70	00:14:56.30	4:57	12.1
11	LESZCZYŃSKA MAJA	84	KS CZEMPION WARSZAWA	WARSZAWA	POL	K OPEN	12	K 11	00:04:36	00:09:41	00:14:59.85	00:15:02.65	4:59	12
12	CIEŚLIKOWSKA DOMINIKA	33		WARSZAWA	POL	K OPEN	11	K 12	00:04:54	00:10:00	00:14:59.00	00:15:04.80	4:59	12
13	NOWAKOWSKA BEATA	108	RACEFIGHTER GOSIR DĘBE WIELKIE	HIPOLITÓW	POL	K OPEN	13	K 13	00:05:00	00:10:12	00:15:09.55	00:15:16.85	5:03	11.9
14	OLSZEWSKA DOROTA	110	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K OPEN	14	K 14	00:05:01	00:10:44	00:15:34.00	00:15:34.00	5:11	11.6
15	KURZACZ KATARZYNA	80	12TRI.PL	WARSZAWA	POL	K OPEN	15	K 15	00:05:05	00:10:27	00:15:43.85	00:15:49.50	5:14	11.5
16	HAWRYLUK-STASIAK EWA	53	BIEGUNI 2022	WARSZAWA	POL	K OPEN	16	K 16	00:04:58	00:10:25	00:15:56.25	00:16:00.25	5:18	11.3
17	LULA MAGDALENA	88		WARSZAWA	POL	K OPEN	17	K 17	00:05:16	00:10:50	00:16:10.40	00:16:17.70	5:23	11.1
18	JAWORSKA KAROLINA	60	BABICE NOWE	WARSZAWA	POL	K OPEN	18	K 18	00:05:27	00:10:53	00:16:12.25	00:16:17.25	5:24	11.1
19	PISKORSKA AGNIESZKA	122		WARSZAWA	POL	K OPEN	19	K 19	00:05:22	00:10:53	00:16:15.90	00:16:26.60	5:25	11.1
20	NOWAK EDYTA	107		WARSZAWA	POL	K OPEN	20	K 20	00:05:29	00:11:01	00:16:28.55	00:16:32.55	5:29	10.9
21	LEWTAK EWA	85		WARSZAWA	POL	K OPEN	21	K 21	00:05:31	00:11:06	00:16:43.55	00:16:49.05	5:34	10.8
22	MIĄSKO RENATA	100	12TRI.PL / TEAM ZABIEGANEDNI	WARSZAWA	POL	K OPEN	22	K 22	00:05:32	00:11:15	00:16:45.45	00:16:51.50	5:35	10.7
23	CIEŚLIKOWSKA AGATA	34	MARKI	MARKI	POL	K OPEN	23	K 23	00:05:34	00:11:31	00:17:27.10	00:17:33.20	5:49	10.3
24	ZAKRZEWSKA ANNA	176		JÓZEFOSŁAW	POL	K OPEN	24	K 24	00:05:27	00:11:21	00:17:28.80	00:17:33.15	5:49	10.3
25	MATYSIAK AGNIESZKA	99		WARSZAWA	POL	K OPEN	25	K 25	00:05:28	00:11:25	00:17:31.20	00:17:39.85	5:50	10.3
26	GRABOWSKA KASJA	50		WARSZAWA	GBR	K OPEN	26	K 26	00:05:45	00:11:43	00:17:43.20	00:17:51.10	5:54	10.2
27	JANUSZKIEWICZ PATRYCJA	59		WARSZAWA	POL	K OPEN	27	K 27	00:05:33	00:11:42	00:17:44.20	00:17:47.20	5:54	10.2
28	SIKORA KALINA	144		WARSZAWA	POL	K OPEN	28	K 28	00:05:54	00:12:25	00:18:01.25	00:18:11.40	6:00	10
29	SIKORA ZUZANNA	142	PZU SPORT TEAM	WARSZAWA	POL	K OPEN	29	K 29	00:05:54	00:12:24	00:18:03.65	00:18:13.70	6:01	10
30	ARSENIUK SYLWIA	12		WARSZAWA	POL	K OPEN	30	K 30	00:05:39	00:12:00	00:18:06.45	00:18:12.80	6:02	9.9
31	ŚMIETAŃSKA BEATA	153		WARSZAWA	POL	K OPEN	31	K 31	00:05:33	00:11:57	00:18:08.80	00:18:11.95	6:02	9.9
32	CHRAPEK AGNIESZKA	29		WARSZAWA	POL	K OPEN	32	K 32	00:05:57	00:12:11	00:18:09.10	00:18:19.60	6:03	9.9
33	VALIEVA ALIIA	159		DZIEKANÓW LEŚNY	POL	K OPEN	33	K 33	00:05:43	00:12:13	00:18:30.80	00:18:39.60	6:10	9.7
34	ZAWADZKA ALEKSANDRA	178		WARSZAWA	POL	K OPEN	34	K 34	00:06:22	00:12:34	00:19:01.10	00:19:17.90	6:20	9.5
35	PARADOWSKA ALEKSANDRA	115		WARSZAWA	POL	K OPEN	35	K 35	00:06:05	00:12:42	00:19:13.40	00:19:25.70	6:24	9.4
36	KISIELEWICZ BOŻENA	63	BIEGOWY WARIAT RUNNING TEAM	NADMA	POL	K OPEN	36	K 36	00:06:13	00:12:42	00:19:23.10	00:19:34.80	6:27	9.3

ZABIEGANA MAMA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
37	LESZCZYŃSKA MONIKA	83	TEAMZABIEGANEDNI	WARSZAWA	POL	K OPEN	37	K 37	00:06:13	00:13:08	00:19:48.60	00:19:51.65	6:36	9.1
38	KLUSEK JOLANTA	68		WARSZAWA	POL	K OPEN	38	K 38	00:06:55	00:14:02	00:21:08.95	00:21:12.85	7:02	8.5
39	SZYSZKA URSZULA	152		WARSZAWA	POL	K OPEN	39	K 39	00:06:51	00:14:07	00:21:16.30	00:21:28.20	7:05	8.5
40	WRÓBLEWSKA JOANNA	174		WARSZAWA	POL	K OPEN	40	K 40	00:07:07	00:14:46	00:22:21.45	00:22:29.25	7:27	8.1
41	PARADOWSKA MALGORZATA	114		WARSZAWA	POL	K OPEN	41	K 41	00:06:50	00:14:50	00:22:56.05	00:23:09.15	7:38	7.8
42	PARADOWSKA ANNA	113		WARSZAWA	POL	K OPEN	42	K 42	00:06:50	00:14:51	00:22:56.60	00:23:09.10	7:38	7.8
43	REDA ALICJA	131	TZD	WARSZAWA	POL	K OPEN	43	K 43	00:07:40	00:15:49	00:23:55.70	00:24:07.40	7:58	7.5
	MAŁEK ZUZIA	94		GŁUSK	POL	K OPEN			00:06:13	00:13:18	DNF	DNF	-	-
									DNF	DNF				
	GONTAREK ANTONINA	46		WARSZAWA	POL	K OPEN			00:06:40	00:13:29	DNF	DNF	-	-
									DNF	DNF				
	CZESZEJKO SOCHACKA KATARZYNA	109		WARSZAWA	POL	K OPEN			00:06:35	00:14:49	DNF	DNF	-	-
									DNF	DNF				
	PRZELASKOWSKA DOROTA	125		WARSZAWA	POL	K OPEN			00:06:58	00:15:20	DNF	DNF	-	-
									DNF	DNF				
	SIKORA KAJA	143		WARSZAWA	POL	K OPEN			00:06:58	00:15:20	DNF	DNF	-	-
									DNF	DNF				
	STANICKA GRAŻYNA	148	SAN	WARSZAWA	POL	K OPEN			00:09:12	DNF	DNF	DNF	-	-
									DNF					
	MAŁEK MARYSIA	95		GŁUSK	POL	K OPEN			00:17:10	DNF	DNF	DNF	-	-
									DNF					
	MAŁEK KAROLINA	96		GŁUSK	POL	K OPEN			00:17:11	DNF	DNF	DNF	-	-
									DNF					

ZABIEGANA MAMA, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
1	TOKARSKI PIOTR	157		KRĘPA	POL	M OPEN	1	M 1	00:03:14	00:06:29	00:09:53.55	00:09:54.40	3:17	18.2
2	KLECZEWSKI PIOTR	64		WARSZAWA	POL	M OPEN	2	M 2	00:03:20	00:06:44	00:10:16.00	00:10:17.00	3:25	17.5
3	HILDEBRAND MARCIN	54		WARSZAWA	POL	M OPEN	3	M 3	00:03:20	00:06:51	00:10:24.40	00:10:25.60	3:28	17.3
4	KNYCHAS DAREK	69	PZU SPORT TEAM	WARSZAWA	POL	M OPEN	4	M 4	00:04:04	00:08:16	00:12:18.90	00:12:20.40	4:06	14.6
5	SKAWSKI JAN	146	VEGAS WĘGORZEWU RUNNING	WARSZAWA	POL	M OPEN	5	M 5	00:04:11	00:08:25	00:12:33.05	00:12:34.10	4:11	14.3
6	MIĄSKO WOJCIECH	101	12TRI.PL	WARSZAWA	POL	M OPEN	7	M 6	00:04:10	00:08:28	00:12:44.80	00:12:46.95	4:14	14.1
7	TCHÓRZEWSKI JAKUB	154		LIPINKI	POL	M OPEN	6	M 7	00:03:17	00:06:06	00:12:38.85	00:12:49.80	4:12	14.2
8	PILECKI ADRIAN	120		WARSZAWA	POL	M OPEN	8	M 8	00:03:54	00:08:15	00:12:48.00	00:12:49.80	4:16	14.1
9	SZEWczyk TOMASZ	150		WARSZAWA	POL	M OPEN	9	M 9	00:04:08	00:08:31	00:12:59.10	00:13:02.10	4:19	13.9
10	SZCZERBA ŁUKASZ	149	W POGONI ZA DUCHEM	WARSZAWA	POL	M OPEN	10	M 10	00:04:16	00:08:46	00:13:07.45	00:13:14.90	4:22	13.7
11	BOMBAŁA MATEUSZ	19		WARSZAWA	GBR	M OPEN	11	M 11	00:04:16	00:08:47	00:13:09.55	00:13:16.35	4:23	13.7
12	PACHNIK KAROL	111		SIEDLCE	POL	M OPEN	12	M 12	00:04:28	00:09:05	00:13:29.20	00:13:36.15	4:29	13.3
13	KUPIEWSKI SEBASTIAN	79		NOWA SUCHA	POL	M OPEN	15	M 13	00:04:05	00:08:46	00:13:34.90	00:13:36.35	4:31	13.3
14	CHUDZIK SEBASTIAN	32		WARSZAWA	POL	M OPEN	14	M 14	00:04:26	00:08:55	00:13:30.30	00:13:37.65	4:30	13.3
15	PARADOWSKA KRZYSZTOF	116		WARSZAWA	POL	M OPEN	13	M 15	00:04:40	00:09:08	00:13:29.60	00:13:40.90	4:29	13.3
16	SZMIGIELSKI KRYSZTOF	151		PRUSZKÓW	POL	M OPEN	16	M 16	00:04:11	00:08:56	00:13:51.90	00:13:54.80	4:37	13
17	REWERA ROBERT	132	PKO BANK POLSKI	WARSZAWA	POL	M OPEN	17	M 17	00:04:30	00:09:16	00:13:54.20	00:13:56.70	4:38	12.9
18	ZACZYK JAKUB	175	OLYMPUS	WARSZAWA	POL	M OPEN	18	M 18	00:04:41	00:09:16	00:13:58.50	00:14:03.35	4:39	12.9
19	DĘBSKI GRZEGORZ	38		NOWA SUCHA	POL	M OPEN	20	M 19	00:04:33	00:09:32	00:14:03.30	00:14:05.25	4:41	12.8
20	KĄKOL TOMASZ	62		SULEJÓWEK	POL	M OPEN	19	M 20	00:04:30	00:09:11	00:14:02.65	00:14:09.35	4:40	12.8
21	BOGUCKI DARIUSZ	18		WARSZAWA	POL	M OPEN	23	M 21	00:04:37	00:09:30	00:14:10.60	00:14:14.80	4:43	12.7
22	PIOTROWSKI AREK	65		WARSZAWA	POL	M OPEN	22	M 22	00:04:46	00:09:29	00:14:07.85	00:14:19.55	4:42	12.8
23	PUSTY TOMASZ	129		SZCZECIN	POL	M OPEN	21	M 23	00:04:36	00:09:24	00:14:06.10	00:14:20.20	4:42	12.8
24	KONIEC KAMIL	70		WARSZAWA	POL	M OPEN	24	M 24	00:04:28	00:09:18	00:14:25.60	00:14:28.20	4:48	12.5
25	KWIATKOWSKI MACIEJ	81		WARSZAWA	POL	M OPEN	25	M 25	00:04:04	00:09:21	00:14:28.05	00:14:34.90	4:49	12.4
26	RADZIKOWSKI FRANEK	130		CHROŚLA	POL	M OPEN	26	M 26	00:04:39	00:09:37	00:14:34.30	00:14:38.35	4:51	12.4
27	LEWTAK ADAM	86		WARSZAWA	POL	M OPEN	27	M 27	00:05:02	00:10:01	00:14:40.15	00:14:45.90	4:53	12.3
28	FREITES LUIS	25		MARKI	POL	M OPEN	28	M 28	00:04:57	00:09:54	00:14:44.70	00:14:46.00	4:54	12.2
29	SKOWROŃSKI WOJCIECH	147		WARSZAWA	POL	M OPEN	29	M 29	00:04:59	00:10:04	00:14:56.20	00:15:02.65	4:58	12.1

ZABIEGANA MAMA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	Netto	Brutto	min/km	km/h
30	NIEMIEC WOJCIECH	104		PRUSZKÓW	POL	M OPEN	30	M 30	00:04:41	00:09:53	00:15:03.45	00:15:13.25	5:01	12
31	GÓRSKI NORBERT	49		OTWOCK	POL	M OPEN	31	M 31	00:04:51	00:09:54	00:15:06.15	00:15:13.80	5:02	11.9
32	CHRAPEK KRZYSZTOF	30		WARSZAWA	POL	M OPEN	32	M 32	00:05:43	00:10:46	00:15:25.05	00:15:34.15	5:08	11.7
33	STRUDZIŃSKI JAKUB	41		WARSZAWA	POL	M OPEN	33	M 33	00:05:06	00:10:19	00:15:36.60	00:15:44.55	5:12	11.5
34	LEWTAK PIOTR	87		WARSZAWA	POL	M OPEN	35	M 34	00:05:17	00:10:32	00:15:40.20	00:15:44.90	5:13	11.5
35	PULAWSKA RADOSŁAW	127		WARSZAWA	POL	M OPEN	34	M 35	00:04:54	00:10:11	00:15:38.65	00:15:45.80	5:12	11.5
36	ŁOŚ KRZYSZTOF	89	SBRT/BIEGUNI 2022	ŁOMIANKI DOLNE	POL	M OPEN	36	M 36	00:05:06	00:10:27	00:15:43.65	00:15:48.20	5:14	11.5
37	WIECZORKIEWICZ LECH	167	NIE W SZCZEPIONKĘ TEAM	WARSZAWA	POL	M OPEN	37	M 37	00:04:41	00:10:14	00:15:48.85	00:15:52.55	5:16	11.4
38	WIŚNIEWSKI BARTŁOMIEJ	170		WARSZAWA	POL	M OPEN	38	M 38	00:04:56	00:10:30	00:15:55.65	00:15:59.10	5:18	11.3
39	WÓJCIKIEWICZ RAFAŁ	173		PRUSZKÓW	POL	M OPEN	39	M 39	00:05:08	00:10:44	00:16:01.35	00:16:10.35	5:20	11.2
40	CHRAPEK ADAM	31		WARSZAWA	POL	M OPEN	40	M 40	00:05:41	00:10:45	00:16:01.75	00:16:11.15	5:20	11.2
41	MACIEJEWSKI TOMASZ MIKOŁAJ	91		WARSZAWA	POL	M OPEN	41	M 41	00:05:24	00:10:49	00:16:14.10	00:16:24.80	5:24	11.1
42	GRZESIAK JAN	52	LEGIA	WARSZAWA	POL	M OPEN	42	M 42	00:05:09	00:10:43	00:16:17.65	00:16:27.05	5:25	11.1
43	BUKOWSKI JANUSZ	23	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M OPEN	43	M 43	00:05:38	00:11:01	00:16:28.85	00:16:30.60	5:29	10.9
44	MUZYKA KACPER JOHN	103		WIELISZEW	POL	M OPEN	44	M 44	00:05:15	00:10:56	00:16:38.95	00:16:40.70	5:32	10.8
45	PŁUSA JERZY	123		WARSZAWA	POL	M OPEN	45	M 45	00:05:24	00:11:03	00:16:41.50	00:16:44.20	5:33	10.8
46	HULANICKI ANDRZEJ	57		WARSZAWA	POL	M OPEN	46	M 46	00:05:30	00:11:06	00:16:45.45	00:16:50.90	5:35	10.7
47	KWIATKOWSKI TOMASZ	42		WARSZAWA	POL	M OPEN	47	M 47	00:06:04	00:11:45	00:16:51.55	00:17:02.50	5:37	10.7
48	RZEPKA MIREK	135	NBRC	WARSZAWA	POL	M OPEN	48	M 48	00:05:37	00:11:22	00:16:59.95	00:17:10.30	5:39	10.6
49	BODALSKI JACEK	16		WARSZAWA	POL	M OPEN	49	M 49	00:05:37	00:11:23	00:17:26.10	00:17:36.00	5:48	10.3
50	CHRAPEK PIOTR	28		WARSZAWA	POL	M OPEN	50	M 50	00:05:57	00:12:11	00:18:09.15	00:18:19.30	6:03	9.9
51	BAJOREK JACEK	13		WYSZKÓW	POL	M OPEN	51	M 51	00:05:36	00:12:06	00:18:59.05	00:19:07.95	6:19	9.5
52	ZAWADZKI KONRAD	179		WARSZAWA	POL	M OPEN	52	M 52	00:06:23	00:12:34	00:19:01.20	00:19:17.80	6:20	9.5
53	KOWALCZYK BOGDAN	72	WARSZAWA-BRÓDNO	WARSZAWA	POL	M OPEN	53	M 53	00:06:37	00:13:18	00:19:53.85	00:20:03.65	6:37	9.1
54	WRÓBLEWSKI MARIUSZ	66	NASZA PAKA BIEGA	WOŁOMIN	POL	M OPEN	54	M 54	00:06:11	00:13:14	00:20:26.45	00:20:35.85	6:48	8.8
	MAŁEK STANISŁAW	93		GŁUSK	POL	M OPEN			00:06:13	00:13:18	DNF	DNF	-	-
									DNF	DNF				
	PULAWSKI PAWEŁ	128		WOŁOMIN	POL	M OPEN			00:04:36	00:14:11	DNF	DNF	-	-
									DNF	DNF				
	CZESZEJKO SOCHACKI FILIP	24		WARSZAWA	POL	M OPEN			00:06:38	00:14:51	DNF	DNF	-	-
									DNF	DNF				