

# WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10KM

Organizator: PFNW  
 Data: 2016-10-02  
 Miejsce: Wrocław  
 Dystans: 10 km  
 Klasyfikacja wg czasów netto.



## WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	KACZMARCZYK ŁUKASZ	633	KLUBROBOTOW.PL	WROCLAW	POL	M19-29	1	M 1	00:08:55	00:18:00	00:27:15	00:36:42.45	3:40	16.3
2	PRZERWA MICHAŁ	662	KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI	ODOLANÓW	POL	M19-29	2	M 2	00:08:56	00:18:09	00:27:41	00:37:19.65	3:44	16.1
3	KRĘŻEL KRZYSZTOF	691	NIGHT RUNNERS WROCLAW	WISZNIA MAŁA	POL	M19-29	3	M 3	00:09:01	00:18:49	00:28:45	00:38:36.30	3:51	15.5
4	KOŁOSIONEK ROMAN	693		WROCLAW	POL	M30-39	1	M 4	00:09:27	00:19:25	00:29:41	00:39:36.55	3:57	15.2
5	BIALOWAŚ PAWEŁ	606		OŁAWA	POL	M30-39	2	M 5	00:09:26	00:19:20	00:29:34	00:39:38.10	3:57	15.1
6	STERMACH IREK	671		SOBÓTKA	POL	M50-59	1	M 6	00:09:38	00:19:40	00:29:54	00:40:07.70	4:00	15
7	POŚLUSZNY PAWEŁ	695	AWF WROCLAW	WROCLAW	POL	M30-39	3	M 7	00:09:39	00:19:47	00:30:05	00:40:16.80	4:01	14.9
8	HANDRYSIAK PRZEMYSŁAW	626	TRENUJZNA.MI.PL/21K.PL	WYSOKA	POL	M19-29	4	M 8	00:09:40	00:20:02	00:30:38	00:41:00.85	4:06	14.6
9	MARTOWSKI MACIEJ	647	EUROPA UBEZPIECZENIA	WROCLAW	POL	M40-49	1	M 9	00:09:53	00:20:28	00:31:11	00:41:12.45	4:07	14.6
10	RZECZKOWSKI DARIUSZ	665	SKY TOWER RUNNERS / SOBAS TEAM	WROCLAW	POL	M40-49	2	M 10	00:10:05	00:20:40	00:31:13	00:41:39.60	4:10	14.4
11	BEDNARSKI ADRIAN	681		OSIECZNICA	POL	M19-29	5	M 11	00:09:59	00:21:14	00:32:20	00:42:50.40	4:17	14
12	BYTNIEWSKI PAWEŁ	614		WROCLAW	POL	M30-39	4	M 12	00:10:01	00:20:52	00:32:07	00:43:31.45	4:21	13.8
13	PYPEĆ TOMASZ	663		WROCLAW	POL	M30-39	5	M 13	00:10:06	00:21:11	00:32:26	00:43:43.00	4:22	13.7
14	DZIEDZIC KRYSZTOF	692		WROCLAW	POL	M30-39	6	M 14	00:10:30	00:21:36	00:33:07	00:43:59.35	4:23	13.6
15	MAZIAKOWSKI ADAM	680	MAZIAKOWSKI RUNNING TEAM	OPOLE	POL	M19-29	6	M 15	00:10:52	00:21:59	00:33:15	00:44:17.15	4:25	13.5
16	HNAT KAMIL	627		WROCLAW	POL	M19-29	7	M 16	00:10:54	00:21:39	00:33:06	00:44:19.05	4:25	13.5
17	ADAMSKA JOANNA	600	MKS MOS WROCLAW	WROCLAW	POL	K19-29	1	K 1	00:10:56	00:22:08	00:33:34	00:44:38.65	4:27	13.4
18	KASZUBA JAKUB	635		DEBRZNO	POL	M30-39	7	M 17	00:10:53	00:22:32	00:34:17	00:45:13.90	4:31	13.3
19	MŁYNARCZYK ARKADIUSZ	651		WROCLAW	POL	M30-39	8	M 18	00:11:29	00:22:53	00:34:23	00:45:20.10	4:32	13.2
20	MORAŃSKI WOJCIECH	652		WROCLAW	POL	M30-39	9	M 19	00:10:35	00:22:09	00:34:09	00:45:28.45	4:32	13.2
21	CZERWIŃSKI RAFAŁ	619	KB LUPUS OLEŚNICA	OLEŚNICA	POL	M30-39	10	M 20	00:11:21	00:22:48	00:34:22	00:45:43.95	4:34	13.1
22	BYŚ MATEUSZ	679		WROCLAW	POL	M19-29	8	M 21	00:11:16	00:22:52	00:34:36	00:45:47.95	4:34	13.1
23	CIESIELSKI MACIEJ	685	CIESIN TEAM	WROCLAW	POL	M30-39	11	M 22	00:11:03	00:22:38	00:34:30	00:45:53.90	4:35	13.1
24	STAWIŃSKI ADAM	670	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	3	M 23	00:10:56	00:22:28	00:34:18	00:46:05.15	4:36	13
25	POLAK MICHALINA	686	MAZIOWSKI RUNNING TEAM	OPOLE	POL	K19-29	2	K 2	00:11:07	00:22:52	00:34:43	00:46:31.55	4:39	12.9
26	BIK STANISŁAW	608	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M50-59	2	M 24	00:11:08	00:22:54	00:34:52	00:46:36.95	4:39	12.9
27	PACIOREK MARCIN	654		WOJSŁAW	POL	M30-39	12	M 25	00:10:52	00:22:57	00:35:06	00:46:43.50	4:40	12.8
28	AUGUSTYN ADAM	601		STRZELIN	POL	M30-39	13	M 26	00:11:32	00:23:17	00:35:23	00:47:13.55	4:43	12.7
29	FEDKO MARIUSZ	677	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	14	M 27	00:11:17	00:23:26	00:35:57	00:48:01.25	4:48	12.5
30	KORFA MACIEJ	687	NAPÓR STARYCH GRZYBÓW	WROCLAW	POL	M30-39	15	M 28	00:11:47	00:23:50	00:36:04	00:48:03.05	4:48	12.5
31	PLEŚNIARSKI JAKUB	659		WROCLAW	POL	M19-29	9	M 29	00:11:32	00:23:40	00:36:00	00:48:03.60	4:48	12.5
32	PETRYNA JAGODA	657		WROCLAW	POL	K19-29	3	K 3	00:11:50	00:23:54	00:36:11	00:48:17.05	4:49	12.4
33	LENK KRZYSZTOF	644		WROCLAW	POL	M30-39	16	M 30	00:11:15	00:23:41	00:36:31	00:49:07.30	4:54	12.2
34	KMIECIK ŁUKASZ	697		WROCLAW	POL	M30-39	17	M 31	00:12:03	00:24:29	00:37:13	00:49:17.45	4:55	12.2
35	WOLIŃSKI ANDRZEJ	683	DAMLEN	WROCLAW	POL	M30-39	18	M 32	00:11:58	00:24:12	00:36:51	00:49:29.40	4:57	12.1
36	MINKOWSKI KAMIL	650	SANTANDER CONSUMER BANK	WROCLAW	POL	M19-29	10	M 33	00:10:58	00:23:53	00:37:09	00:49:29.45	4:57	12.1
37	LECHOWSKI JAN	643	VOLVO POLSKA	JELCZ-LASKOWICE	POL	M50-59	3	M 34	00:11:54	00:24:18	00:37:10	00:49:40.15	4:58	12.1
38	JACH PAWEŁ MACIEK	696	MACIEK BIEGA!	WROCLAW	POL	M50-59	4	M 35	00:11:54	00:24:20	00:37:06	00:49:51.80	4:59	12
39	HRYŃCZUK PIOTR	628		WROCLAW	POL	M19-29	11	M 36	00:12:14	00:24:58	00:37:58	00:49:54.40	4:59	12
40	ROTKO TOMASZ	688		WROCLAW	POL	M40-49	4	M 37	00:12:10	00:24:43	00:37:19	00:50:01.00	5:00	12
41	BIAZIK ANETA	607		WROCLAW	POL	K30-39	1	K 4	00:12:09	00:24:42	00:37:24	00:50:17.60	5:01	11.9
42	CZAJKOWSKI STANISŁAW	690		JELCZ-LASKOWICE	POL	M60-69	1	M 38	00:12:02	00:24:52	00:37:57	00:50:47.80	5:04	11.8
43	PÓŁTORZYCKI PIOTR	661		WROCLAW	POL	M30-39	19	M 39	00:12:32	00:25:25	00:38:26	00:50:54.25	5:05	11.8
44	UNIEJEWSKI PIOTR	673		KIEŁCZÓW	POL	M30-39	20	M 40	00:12:14	00:24:59	00:38:04	00:51:08.35	5:06	11.7

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
45	DOBOSZ ŁUKASZ	620	SANTANDER CONSUMER BANK	DOBRZYKOWICE	POL	M30-39	21	M 41	00:12:12	00:24:58	00:38:06	00:51:16.35	5:07	11.7
46	BASZYŃSKA AGNIESZKA	605		WROCŁAW	POL	K30-39	2	K 5	00:12:39	00:25:39	00:38:39	00:51:29.70	5:08	11.7
47	JÓZEFIAK DARIUSZ	632		WROCŁAW	POL	M40-49	5	M 42	00:12:12	00:24:55	00:38:18	00:52:10.65	5:13	11.5
48	CEGIELSKI PAWEŁ	615		WROCŁAW	POL	M40-49	6	M 43	00:12:39	00:25:36	00:38:57	00:52:43.70	5:16	11.4
49	MARTOWSKA BARBARA	646		WROCŁAW	POL	K30-39	3	K 6	00:12:56	00:26:01	00:39:28	00:52:52.35	5:17	11.3
50	FILIPCZAK WŁODZIMIERZ	622		TUREK	POL	M50-59	5	M 44	00:12:43	00:26:15	00:39:42	00:53:06.30	5:18	11.3
51	JANICKI WOJCIECH	629		WROCŁAW	POL	M40-49	7	M 45	00:12:33	00:25:33	00:39:32	00:53:24.05	5:20	11.2
52	BAJURA SARA	602		BIERUŃ	POL	K19-29	4	K 7	00:13:43	00:26:57	00:41:00	00:53:53.40	5:23	11.1
53	TWARÓG WOJCIECH	672		WROCŁAW	POL	M19-29	12	M 46	00:12:43	00:26:04	00:40:21	00:53:55.00	5:23	11.1
54	CHOMA KATARZYNA	616		JELENIA GÓRA	POL	K30-39	4	K 8	00:12:56	00:26:38	00:40:54	00:54:29.25	5:27	11
55	GROCHOWSKI ŁUKASZ	625		WROCŁAW	POL	M30-39	22	M 47	00:12:49	00:26:32	00:41:11	00:55:42.75	5:34	10.8
56	RYCERZ-PAL MAGDALENA	664		WROCŁAW	POL	K30-39	5	K 9	00:13:13	00:27:20	00:41:55	00:55:54.25	5:35	10.7
57	BRYCHCY KAROL	612		WROCŁAW	POL	M30-39	23	M 48	00:13:01	00:27:32	00:41:58	00:56:12.60	5:37	10.7
58	KOWALCZYK BOGUSŁAWA	638		WROCŁAW	POL	K50-59	1	K 10	00:13:20	00:27:36	00:42:11	00:56:47.10	5:40	10.6
59	DZIEDZIC PAWEŁ	621		WROCŁAW	POL	M40-49	8	M 49	00:13:59	00:28:15	00:43:12	00:57:58.10	5:47	10.4
60	KISIELEWSKA-BORGUL ANETA	636		WROCŁAW	POL	K19-29	5	K 11	00:13:15	00:28:06	00:43:41	00:59:00.40	5:54	10.2
61	KOZAK MONIKA	640	WROCŁAW MARATHON TEAM	KAMIEN	POL	K19-29	6	K 12	00:13:59	00:28:55	00:44:05	00:59:00.60	5:54	10.2
62	WITTENBECK PATRYCJA	694	WROCŁAW MARATHON TEAM	WROCŁAW	POL	K19-29	7	K 13	00:14:00	00:28:56	00:44:07	00:59:00.85	5:54	10.2
63	DROBNIK KRZYSZTOF	684	SANTANDER CONSUMER BANK	WROCŁAW	POL	M30-39	24	M 50	00:14:23	00:28:49	00:43:53	00:59:04.80	5:54	10.2
64	BARYSKI MACIEJ	603		WROCŁAW	POL	M30-39	25	M 51	00:13:10	00:27:56	00:43:25	00:59:18.55	5:55	10.1
65	KOWALSKI PIOTR	639	SANTANDER CONSUMER BANK	WROCŁAW	POL	M19-29	13	M 52	00:13:56	00:28:50	00:44:24	00:59:29.00	5:56	10.1
66	STAPIŃSKA CELINA	669		WROCŁAW	POL	K40-49	1	K 14	00:14:31	00:29:19	00:44:46	00:59:44.85	5:58	10
67	BIŁENKIJ JOANNA	609		LUBLINIEC	POL	K19-29	8	K 15	00:15:02	00:30:26	00:45:48	01:00:20.15	6:02	9.9
68	ROSGA ANNA	689		RACIBÓRZ	POL	K40-49	2	K 16	00:14:22	00:29:57	00:47:00	01:00:22.40	6:02	9.9
69	CHORZĘPA JOANNA	618		JELCZ-LASKOWICE	POL	K19-29	9	K 17	00:13:56	00:28:57	00:44:32	01:00:35.25	6:03	9.9
70	CHORZĘPA MARCIN	617		JELCZ-LASKOWICE	POL	M19-29	14	M 53	00:13:55	00:28:56	00:44:31	01:00:35.35	6:03	9.9
71	WIECZOREK MARIAN	682	DOLAMEL WROCŁAW	WROCŁAW	POL	M50-59	6	M 54	00:13:14	00:28:06	00:44:58	01:01:12.30	6:07	9.8
72	BUBNOWICZ ELA	613		GRODZISK WLKP.	POL	K30-39	6	K 18	00:14:07	00:29:45	00:45:53	01:01:28.20	6:08	9.8
73	KOZAKIEWICZ MARZENA	641		WROCŁAW	POL	K30-39	7	K 19	00:14:09	00:29:28	00:45:38	01:01:42.55	6:10	9.7
74	BIŁYK RYSZARD	610	SANTANDER CONSUMER BANK	NOWA JABŁONA	POL	M40-49	9	M 55	00:14:07	00:30:49	00:47:44	01:05:13.15	6:31	9.2
75	WAWRZYŃIAK KRZYSZTOF	675		WROCŁAW	POL	M30-39	26	M 56	00:15:19	00:31:04	00:48:27	01:05:34.90	6:33	9.1
76	JANUS MAGDALENA	631		WROCŁAW	POL	K30-39	8	K 20	00:16:47	00:35:56	00:56:26	01:16:35.55	7:39	7.8
77	BŁASZCZYK RÓŻA	611	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K19-29	10	K 21	00:18:59	00:39:20	00:59:19	01:18:59.60	7:54	7.6