

## VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA

Organizator: TKKF Koszalin  
Data: 2022-12-06  
Miejsce: Koszalin  
Dystans: 5 km



### Wyniki dla punktu pomiaru: 0.6 km

Klasyfikacja wg czasów netto.

### VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, OPEN

| M-ce | Nazwisko i imię      | Nr | Klub                    | M-scowość  | Kraj | Kat.    | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|----------------------|----|-------------------------|------------|------|---------|-------|----------|----------|----------|----------|----------|
| 1    | KONKEL AGNIESZKA     | 30 |                         | KOSZALIN   | POL  | K16-39  |       | 00:11:45 | 00:13:22 | 00:15:01 | 00:16:40 | 00:18:19 |
| 2    | FOLTYNIEWICZ HANNA   | 11 | LITWIN TRIATHLON ELIT   | SZCZECINEK | POL  | K16-39  |       | 00:11:23 | 00:12:55 | 00:14:26 | 00:15:58 | 00:17:29 |
| 3    | CHUDY HENRYK         | 8  | K SOLSZEWSKI I SYNOWIE  | SŁAWSKO    | POL  | M60+    |       | 00:12:45 | 00:14:30 | 00:16:16 | 00:18:01 | 00:19:45 |
| 4    | BRZEZIŃSKI PAWEŁ     | 6  |                         | KOSZALIN   | POL  | OPEN -M |       | 00:13:28 | 00:15:22 | 00:17:18 | 00:19:10 | 00:21:04 |
| 5    | DRABKOWSKA AGNIESZKA | 9  | CUDAKI♥                 | BIAŁOGARD  | POL  | K40-49  |       | 00:15:07 | 00:17:14 | 00:19:24 | 00:21:32 | 00:23:37 |
| 6    | DRULIK-HOŁUB MARTA   | 10 |                         | KOSZALIN   | POL  | K40-49  |       | 00:14:49 | 00:16:49 | 00:18:49 | 00:20:49 | 00:22:48 |
| 7    | JUSZCZAK KRZYSZTOF   | 23 |                         | KOSZALIN   | POL  | M60+    |       | 00:16:13 | 00:18:31 | 00:20:54 | 00:23:16 | 00:25:38 |
| 8    | GUDANIEC RADEK       | 13 | TKKF TRIATHLON KOSZALIN | KOSZALIN   | POL  | OPEN -M |       | 00:15:47 | 00:17:54 | 00:20:05 | 00:22:16 | 00:24:23 |
| 9    | KUKLIŃSKA BEATA      | 36 | DREAM TEAM              | BYTÓW      | POL  | K40-49  |       | 00:16:54 | 00:19:14 | 00:21:35 | 00:23:47 | 00:26:09 |
| 10   | BEDNARZ KATARZYNA    | 4  |                         | KOŁOBRZEG  | POL  | K40-49  |       | 00:18:55 | 00:21:28 | 00:24:01 | 00:26:31 | 00:29:01 |

### VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, OPEN -K

| M-ce | Nazwisko i imię      | Nr | Klub                  | M-scowość  | Kraj | Kat.   | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|----------------------|----|-----------------------|------------|------|--------|-------|----------|----------|----------|----------|----------|
| 1    | FOLTYNIEWICZ HANNA   | 11 | LITWIN TRIATHLON ELIT | SZCZECINEK | POL  | K16-39 |       | 00:11:23 | 00:12:55 | 00:14:26 | 00:15:58 | 00:17:29 |
| 2    | KONKEL AGNIESZKA     | 30 |                       | KOSZALIN   | POL  | K16-39 |       | 00:11:45 | 00:13:22 | 00:15:01 | 00:16:40 | 00:18:19 |
| 3    | DRABKOWSKA AGNIESZKA | 9  | CUDAKI♥               | BIAŁOGARD  | POL  | K40-49 |       | 00:15:07 | 00:17:14 | 00:19:24 | 00:21:32 | 00:23:37 |
| 4    | DRULIK-HOŁUB MARTA   | 10 |                       | KOSZALIN   | POL  | K40-49 |       | 00:14:49 | 00:16:49 | 00:18:49 | 00:20:49 | 00:22:48 |
| 5    | KUKLIŃSKA BEATA      | 36 | DREAM TEAM            | BYTÓW      | POL  | K40-49 |       | 00:16:54 | 00:19:14 | 00:21:35 | 00:23:47 | 00:26:09 |
| 6    | BEDNARZ KATARZYNA    | 4  |                       | KOŁOBRZEG  | POL  | K40-49 |       | 00:18:55 | 00:21:28 | 00:24:01 | 00:26:31 | 00:29:01 |

### VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, OPEN -M

| M-ce | Nazwisko i imię    | Nr | Klub                    | M-scowość | Kraj | Kat.    | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|--------------------|----|-------------------------|-----------|------|---------|-------|----------|----------|----------|----------|----------|
| 1    | CHUDY HENRYK       | 8  | K SOLSZEWSKI I SYNOWIE  | SŁAWSKO   | POL  | M60+    |       | 00:12:45 | 00:14:30 | 00:16:16 | 00:18:01 | 00:19:45 |
| 2    | BRZEZIŃSKI PAWEŁ   | 6  |                         | KOSZALIN  | POL  | OPEN -M |       | 00:13:28 | 00:15:22 | 00:17:18 | 00:19:10 | 00:21:04 |
| 3    | JUSZCZAK KRZYSZTOF | 23 |                         | KOSZALIN  | POL  | M60+    |       | 00:16:13 | 00:18:31 | 00:20:54 | 00:23:16 | 00:25:38 |
| 4    | GUDANIEC RADEK     | 13 | TKKF TRIATHLON KOSZALIN | KOSZALIN  | POL  | OPEN -M |       | 00:15:47 | 00:17:54 | 00:20:05 | 00:22:16 | 00:24:23 |

### VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, K16-39

| M-ce | Nazwisko i imię    | Nr | Klub                  | M-scowość  | Kraj | Kat.   | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|--------------------|----|-----------------------|------------|------|--------|-------|----------|----------|----------|----------|----------|
| 1    | FOLTYNIEWICZ HANNA | 11 | LITWIN TRIATHLON ELIT | SZCZECINEK | POL  | K16-39 |       | 00:11:23 | 00:12:55 | 00:14:26 | 00:15:58 | 00:17:29 |
| 2    | KONKEL AGNIESZKA   | 30 |                       | KOSZALIN   | POL  | K16-39 |       | 00:11:45 | 00:13:22 | 00:15:01 | 00:16:40 | 00:18:19 |

**VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, K40-49**

| M-ce | Nazwisko i imię      | Nr | Klub       | M-scowość | Kraj | Kat.   | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|----------------------|----|------------|-----------|------|--------|-------|----------|----------|----------|----------|----------|
| 1    | DRABKOWSKA AGNIESZKA | 9  | CUDAKI♥    | BIAŁOGARD | POL  | K40-49 |       | 00:15:07 | 00:17:14 | 00:19:24 | 00:21:32 | 00:23:37 |
| 2    | DRULIK-HOŁUB MARTA   | 10 |            | KOSZALIN  | POL  | K40-49 |       | 00:14:49 | 00:16:49 | 00:18:49 | 00:20:49 | 00:22:48 |
| 3    | KUKLIŃSKA BEATA      | 36 | DREAM TEAM | BYTÓW     | POL  | K40-49 |       | 00:16:54 | 00:19:14 | 00:21:35 | 00:23:47 | 00:26:09 |
| 4    | BEDNARZ KATARZYNA    | 4  |            | KOŁOBRZEG | POL  | K40-49 |       | 00:18:55 | 00:21:28 | 00:24:01 | 00:26:31 | 00:29:01 |

**VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - I SERIA, M60+**

| M-ce | Nazwisko i imię    | Nr | Klub                   | M-scowość | Kraj | Kat. | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    |
|------|--------------------|----|------------------------|-----------|------|------|-------|----------|----------|----------|----------|----------|
| 1    | CHUDY HENRYK       | 8  | K SOLSZEWSKI I SYNOWIE | SŁAWSKO   | POL  | M60+ |       | 00:12:45 | 00:14:30 | 00:16:16 | 00:18:01 | 00:19:45 |
| 2    | JUSZCZAK KRZYSZTOF | 23 |                        | KOSZALIN  | POL  | M60+ |       | 00:16:13 | 00:18:31 | 00:20:54 | 00:23:16 | 00:25:38 |