

XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2022-12-31
Miejsce: Koszalin
Dystans: 5.1 km
Klasyfikacja wg czasów netto.



XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.35km	Netto	min/km	km/h
1	PYSHNIAK KOSTIANTYN	234			UKR	M18	1	M 1	00:05:08	00:10:31	00:16:03.00	3:08	19.1
2	PROWANCKI PATRYK	318	WILKI POMORSKI	KOSZALIN	POL	M18	2	M 2	00:05:12	00:11:07	00:17:09.75	3:21	17.8
3	RYBARCZYK JAN	168	ŻYJ Z ENERGIĄ	DARŁOWO	POL	M50	1	M 3	00:05:26	00:11:22	00:17:21.60	3:24	17.6
4	KĘPKA ADRIAN	88		WIEKOWO	POL	M18	3	M 4	00:05:29	00:11:31	00:17:35.25	3:26	17.4
5	KOZAK ARKADIUSZ	98	TKKF KOSZALIN	BONIN	POL	M50	2	M 5	00:05:28	00:11:37	00:17:52.25	3:30	17.1
6	MIERZLIKIN NATALIA	128		WARSZAWA	POL	K30	1	K 1	00:05:41	00:11:50	00:17:57.05	3:31	17
7	WOJTKIEWICZ MATEUSZ	215	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M18	4	M 6	00:05:36	00:11:57	00:18:07.15	3:33	16.9
8	GUZOWSKI DARIUSZ	59	TALEX BORZYTUCHOM	CETYŃ	POL	M50	3	M 7	00:05:40	00:11:58	00:18:08.85	3:33	16.9
9	RODZOCH DANIEL	162		WARSZAWA	POL	M30	1	M 8	00:05:42	00:11:58	00:18:10.35	3:33	16.8
10	MAKOWSKI MAREK	117		CHOCIWEL	POL	M18	5	M 9	00:05:25	00:11:31	00:18:32.70	3:38	16.5
11	MICHAŁOWSKI PIOTR	127		PRZECHELEWO	POL	M30	2	M 10	00:05:45	00:12:12	00:18:35.00	3:38	16.5
12	ORZECZOWSKI KAMIL	141	TKKF KOSZALIN	KOSZALIN	POL	M30	3	M 11	00:06:06	00:12:41	00:18:47.45	3:40	16.3
13	RUDNIKOWSKI MACIEJ	165	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWYPL	DARŁOWO	POL	M40	1	M 12	00:05:51	00:12:24	00:18:47.80	3:40	16.3
14	PICK TOMASZ	152	BIEGOLAS / KORONA	KOSZALIN	POL	M50	4	M 13	00:06:00	00:12:33	00:18:51.35	3:41	16.2
15	CYRULEWSKI RAFAŁ	32		GUTOWO MAŁE	POL	M50	5	M 14	00:06:00	00:12:27	00:18:56.05	3:42	16.2
16	WITKIEWICZ ERYK	213		BIAŁOGARD	POL	M40	2	M 15	00:05:56	00:12:32	00:18:57.00	3:42	16.1
17	WALEŃSKI MICHAŁ	204	TKKF KOSZALIN	SKIBIENKO	POL	M40	3	M 16	00:06:00	00:12:33	00:18:59.60	3:43	16.1
18	NEJMAN JERZY	133		KOSZALIN	POL	M30	4	M 17	00:05:45	00:12:15	00:19:02.90	3:43	16.1
19	FOLTYNIEWICZ HANNA	49	7PRO TEAM/LITWIN TRIATHLON ELITE	SZCZECINEK	POL	K14	1	K 2	00:06:05	00:12:37	00:19:03.85	3:44	16.1
20	FEDORCZAK ŁUKASZ	45	BIEGOLAS KOSZALIN	KONIKOWO	POL	M30	5	M 18	00:06:01	00:12:33	00:19:06.30	3:44	16
21	SOBKO MAKSYMILIAN	181		MIELNO	POL	M14	1	M 19	00:05:47	00:12:26	00:19:12.05	3:45	15.9
22	KLIMOWICZ MICHAŁ	92		KOSZALIN	POL	M30	6	M 20	00:05:58	00:12:34	00:19:15.30	3:46	15.9
23	SMAGOWSKI WOJTEK	179	OSP RĄBINO	RĄBINO	POL	M40	4	M 21	00:06:04	00:12:46	00:19:26.80	3:48	15.7
24	BLOCH RADOSŁAW	15	WITKOWSKI RUNNING TEAM	DOBROWO	POL	M18	6	M 22	00:06:21	00:13:10	00:19:37.35	3:50	15.6
25	MIKODA GRZEGORZ	129		BIAŁOGARD	POL	M40	5	M 23	00:06:07	00:12:52	00:19:46.00	3:52	15.5
26	SZOPIŃSKI TOMASZ	191		NACMIERZ	POL	M30	7	M 24	00:06:00	00:12:48	00:19:48.60	3:52	15.5
27	KALETA SEBASTIAN	79		KOSZALIN	POL	M40	6	M 25	00:06:10	00:13:07	00:20:04.85	3:56	15.2
28	ZWOLIŃSKI JAN	228	TKKF KOSZALIN	WIERCISZEWO	POL	M50	6	M 26	00:06:08	00:13:08	00:20:05.00	3:56	15.2
29	TLUSTEK ŁUKASZ	198	KB BRYZA POSTOMINO	RUSINOWO	POL	M30	8	M 27	00:06:12	00:13:09	00:20:08.00	3:56	15.2
30	WILK DANIEL	212	WILK I ZAJĄC	KRZYŻ WŁKP	POL	M50	7	M 27	00:06:05	00:13:06	00:20:08.00	3:56	15.2
31	WICHER KRZYSZTOF	211	ADWOKATURA	KOSZALIN	POL	M40	7	M 29	00:06:11	00:13:10	00:20:08.80	3:56	15.2
32	BARAN KRZYSZTOF	7		ZŁOCIEINIEC	POL	M30	9	M 30	00:06:06	00:13:04	00:20:18.85	3:58	15.1
33	KOZIEŁ PAWEŁ	99		RĄBINO	POL	M40	8	M 31	00:06:17	00:13:22	00:20:20.75	3:59	15
34	SZNYTER HUBERT	190		POLANÓW	POL	M18	7	M 32	00:06:22	00:13:18	00:20:23.00	3:59	15
35	WENT JAKUB	207		LEBA	POL	M40	9	M 33	00:05:30	00:12:14	00:20:37.20	4:02	14.8
36	HISZCZYŃSKA ALEKSANDRA	65	SPORT GENERATION	KOSZALIN	POL	K18	1	K 3	00:06:21	00:13:25	00:20:42.90	4:03	14.8
37	BARTHA ADRIAN	9		KOŁOBRZEG	POL	M30	10	M 34	00:06:15	00:13:29	00:20:47.75	4:04	14.7
38	PEKAŁA MIKOŁAJ	151		KOSZALIN	POL	M18	8	M 35	00:06:50	00:14:06	00:21:08.05	4:08	14.5
39	MOSZYŃSKI JACEK	132	TKKF KOSZALIN	SIANÓW	POL	M50	8	M 36	00:06:35	00:13:57	00:21:10.95	4:09	14.5
40	KISIELEWICZ KRZYSZTOF	90	KORZYBSKIE REKINY	KORZYBIE	POL	M30	11	M 37	00:06:53	00:14:10	00:21:23.65	4:11	14.3
41	KRACZKOWSKI PRZEMYSŁAW	101		KOSZALIN	POL	M40	10	M 38	00:06:38	00:13:58	00:21:27.95	4:12	14.3
42	WRZESZCZ BARTOSZ	224		BROKĘCINO	POL	M18	9	M 39	00:06:36	00:14:01	00:21:31.00	4:13	14.2
43	MAZUREK MARCIN	124		WARSZAWA	POL	M40	11	M 40	00:06:44	00:14:15	00:21:33.90	4:13	14.2
44	GAWĘDA EMIL	51	DARŁOWSKIE CHARTY/KĘPKA NA TRASIE	STARY JAROSŁAW	POL	M30	12	M 41	00:06:48	00:14:15	00:21:34.15	4:13	14.2
45	HAŁKA JUSTYNA	61		ŁOBEZ	POL	K40	1	K 4	00:06:40	00:14:07	00:21:36.05	4:14	14.2

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.35km	Netto	min/km	km/h
46	SAWIŃSKI JACEK	171		KOSZALIN	POL	M40	12	M 42	00:06:42	00:14:09	00:21:37.60	4:14	14.2
47	KLUCZEWSKA EMILIA	93	RUNASTYCZNI TEAM BYTÓW	BYTÓW	POL	K30	2	K 5	00:06:49	00:14:17	00:21:41.25	4:15	14.1
48	KRUK MARCIN	102	TKKF MASTERS KOSZALIN	KOSZALIN	POL	M40	13	M 43	00:06:33	00:14:06	00:21:51.85	4:17	14
49	LIPIŃSKI SEBASTIAN	111	ZDARTE PODESZWY	BIAŁOGARD	POL	M30	13	M 44	00:06:46	00:14:18	00:21:56.75	4:18	14
50	ŁUKAWSKI MARIUSZ	115	JW 1223	CHALUPY	POL	M30	14	M 45	00:06:32	00:14:16	00:22:02.35	4:19	13.9
51	PODŁYSKA TADEUSZ	157	ZASAPANI HYDRO	TRZCIANKA	POL	M40	14	M 46	00:06:57	00:14:33	00:22:05.90	4:19	13.9
52	IWANIEC DARIUSZ	69	TKKF KOSZALIN	SJERAKOWO	POL	M40	15	M 47	00:06:43	00:14:24	00:22:08.30	4:20	13.8
53	ZUKAL PIOTR	227	7PRO SIÓDZIAK TEAM	KOSZALIN	POL	M40	16	M 48	00:07:08	00:14:46	00:22:10.65	4:20	13.8
54	SŁUPCZEWSKI KRZYSZTOF	177	SDROG KOSZALIN	SJANÓW	POL	M40	17	M 49	00:07:13	00:14:58	00:22:23.65	4:23	13.7
55	PŁOSKI KRZYSZTOF	156	DOM RYBAKA BOBOLIN	BOBOLIN	POL	M40	18	M 50	00:07:19	00:14:55	00:22:27.60	4:24	13.6
56	KRUPIŃSKI KRZYSZTOF	104	E-UROLOG.EU	KOSZALIN	POL	M50	9	M 51	00:07:01	00:14:46	00:22:28.90	4:24	13.6
57	MOKRZYCKI MICHAŁ	130		KOSZALIN	POL	M18	10	M 52	00:07:09	00:15:09	00:22:36.25	4:25	13.5
58	BOREJKO ŁUKASZ	21		KOSZALIN	POL	M30	15	M 53	00:07:44	00:15:47	00:22:37.20	4:26	13.5
59	BARUTOWICZ GRZEGORZ	12		KOSZALIN	POL	M40	19	M 54	00:07:01	00:14:45	00:22:50.50	4:28	13.4
60	MAZUR EMILIUSZ	123		DARŁOWO	POL	M40	20	M 55	00:06:55	00:14:51	00:22:55.35	4:29	13.4
61	DĄBROWSKA ALICJA	35	TKKF KOSZALIN	SJANÓW	POL	K50	1	K 6	00:07:13	00:15:13	00:22:58.40	4:30	13.3
62	CZERŃIAK GRACJAN	33		KOSZALIN	POL	M40	21	M 56	00:07:13	00:15:11	00:22:59.35	4:30	13.3
63	CHUDY HENRYK	27	K SOLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60	1	M 57	00:07:02	00:14:58	00:23:05.05	4:31	13.3
64	BRZEZIŃSKI PAWEŁ	22	IRON DAD	KOSZALIN	POL	M40	22	M 58	00:07:14	00:15:23	00:23:15.75	4:33	13.2
65	PEKAŁA PIOTR	150	SOSW KOSZALIN	KOSZALIN	POL	M50	10	M 59	00:07:22	00:15:26	00:23:16.65	4:33	13.2
66	MAZIEC BEATA	122	BIEGOLAS / TKKF KOSZALIN	KOSZALIN	POL	K30	3	K 7	00:07:33	00:15:31	00:23:18.15	4:34	13.1
67	ADASZYŃSKI WIESŁAW	2	BIEGOLAS KOSZALIN	BOBOLICE	POL	M50	11	M 60	00:06:59	00:15:10	00:23:27.45	4:35	13
68	NOSAL MARIUSZ	134		SZCZECINEK	POL	M40	23	M 61	00:07:25	00:15:32	00:23:29.50	4:36	13
69	BOJANOWSKI MICHAŁ	20	KOŁOBRZESKI KLUB MORSÓW	KOŁOBRZEG	POL	M40	24	M 62	00:07:15	00:15:18	00:23:35.70	4:37	13
70	ŚNIEŻKO MARCIN	196		KOSZALIN	POL	M30	16	M 63	00:07:23	00:15:35	00:23:37.25	4:37	13
71	MICERSKI TOMASZ	126	TKKF KOSZALIN	KOSZALIN	POL	M40	25	M 64	00:07:31	00:15:41	00:23:38.05	4:38	12.9
72	OWCZARZ MARCIN	142	FIGA PRACOWNIA PROJEKTOWA	BIAŁOGARD	POL	M30	17	M 65	00:07:18	00:15:32	00:23:38.90	4:38	12.9
73	KALINOWSKI KRZYSZTOF	240		KOSZALIN	POL	M40	26	M 66	00:06:54	00:14:59	00:23:43.65	4:39	12.9
74	CHUDZIK ZBIGNIEW	28	TKKF KOSZALIN	STARE BIELICE	POL	M60	2	M 67	00:07:32	00:15:43	00:23:46.60	4:39	12.9
75	HOREGLAD PAWEŁ	68	SPEEDY GONZALES	KOSZALIN	POL	M18	11	M 68	00:07:25	00:15:48	00:23:52.25	4:40	12.8
76	LUBLEWSKI DAWID	112	MARNI BIEGACZE	KOSZALIN	POL	M30	18	M 69	00:07:45	00:15:53	00:23:55.60	4:41	12.8
77	MAZUR MIROSŁAW	238	TKKF KOSZALIN	KOSZALIN	POL	M50	12	M 70	00:07:34	00:15:50	00:23:56.80	4:41	12.8
78	SKOWYRSKI JANUSZ	175	TKKF KOSZALIN	STARE BIELICE	POL	M60	3	M 71	00:07:30	00:15:43	00:24:02.50	4:42	12.7
79	ZACHARSKI JERZY	226	FABRYKA NORDICA TRZCIANKA	TRZCIANKA	POL	M60	4	M 72	00:07:21	00:15:44	00:24:03.85	4:42	12.7
80	KISIELIŃSKI IGOR	91		KOSZALIN	POL	M50	13	M 73	00:07:37	00:15:55	00:24:04.95	4:43	12.7
81	DIDŁUCH JACEK	37	KARLINOBIEGAJ	POBŁOCIE WIELKIE	POL	M40	27	M 74	00:07:44	00:15:54	00:24:05.55	4:43	12.7
82	BOGACKI TOMASZ	19	TKKF KOSZALIN	KOSZALIN	POL	M60	5	M 75	00:07:37	00:15:56	00:24:07.80	4:43	12.7
83	SUDER-MAKSYMOWICZ GRZEGORZ	187	:-)	USTRONIE MORSKIE	POL	M40	28	M 76	00:07:15	00:15:39	00:24:08.85	4:43	12.7
84	SCHWARZ LUDWIK	233		KOSZALIN	POL	M50	14	M 77	00:07:36	00:15:57	00:24:16.05	4:45	12.6
85	SZULTKA MARIUSZ	193		KOSZALIN	POL	M30	19	M 78	00:07:38	00:16:02	00:24:19.15	4:46	12.6
86	DĄBROWSKI GRZEGORZ	36		KOSZALIN	POL	M40	29	M 79	00:07:50	00:16:08	00:24:19.60	4:46	12.6
87	BODO RAFAŁ	17	ZOZKOSZ KOSZALIN	KOSZALIN	POL	M40	30	M 80	00:07:39	00:16:03	00:24:20.75	4:46	12.6
88	BARTHA TOMASZ	10		KOŁOBRZEG	POL	M14	2	M 81	00:07:32	00:16:13	00:24:25.00	4:47	12.5
89	STRZELECKI GRZEGORZ	185	FIGA PRACOWNIA PROJEKTOWA	BIAŁOGARD	POL	M40	31	M 82	00:07:19	00:15:53	00:24:27.65	4:47	12.5
90	SARBIEWSKI PRZEMYSŁAW	170		TRZEBIATÓW	POL	M40	32	M 83	00:08:08	00:16:34	00:24:33.25	4:48	12.5
91	PAWŁOWSKI GRZEGORZ	148	GAMMAX	MIELNO	POL	M40	33	M 84	00:07:47	00:16:29	00:24:35.60	4:49	12.4
92	RYBAK PRZEMYSŁAW	167		KOSZALIN	POL	M40	34	M 85	00:07:56	00:16:29	00:24:38.55	4:49	12.4
93	FEDORCZAK JOANNA	46	BIEGOLAS KOSZALIN	ŚWIESZYNO	POL	K40	2	K 8	00:07:38	00:16:16	00:24:40.50	4:50	12.4
94	BURKIET PAWEŁ	23		KOSZALIN	POL	M40	35	M 86	00:07:42	00:16:14	00:24:41.75	4:50	12.4
95	KRUPIŃSKA BEATA	103	E-UROLOG.EU	KOSZALIN	POL	K50	2	K 9	00:07:42	00:16:18	00:24:49.20	4:51	12.3
96	DRABKOWSKA AGNIESZKA	40	CUDAKI♥	BIAŁOGARD	POL	K40	3	K 10	00:07:36	00:16:08	00:24:49.35	4:51	12.3
97	ORLIKOWSKI ROBERT	139	POŁCZYN BIEGA♥	POŁCZYN ZDRÓJ	POL	M30	20	M 87	00:07:36	00:16:07	00:24:49.75	4:51	12.3

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98	FIGARSKI LESZEK	47		KOSZALIN	POL	M30	21	M 88	00:07:15	00:15:53	00:24:55.65	4:53	12.3
99	KASPRZYK BOGDAN	84		MŚCICE	POL	M40	36	M 89	00:16:33	00:25:01.15	4:54	12.2	
100	ANGRYS MACIEJ	3	FUNDACJA ZASTOPIJ	SIANÓW	POL	M30	22	M 90	00:08:08	00:16:50	00:25:06.50	4:55	12.2
101	WALCZAK ANNA	203		MALECHÓWKO	POL	K30	4	K 11	00:07:51	00:16:25	00:25:09.65	4:55	12.2
102	WALCZAK RAFAŁ	202		KOSZALIN	POL	M40	37	M 91	00:07:12	00:16:05	00:25:11.20	4:56	12.2
103	RYBAK DARIA	166		KOSZALIN	POL	K40	4	K 12	00:08:11	00:17:11	00:25:14.50	4:56	12.1
104	JASIENIECKI PIOTR	75		KOSZALIN	POL	M50	15	M 92	00:08:17	00:16:59	00:25:14.50	4:56	12.1
105	GIEDROWICZ ALEKSANDRA	239		KOSZALIN	POL	K30	5	K 13	00:07:19	00:16:00	00:25:15.00	4:57	12.1
106	FLIS ANNA	48		KRETOMINO	POL	K30	6	K 14	00:08:18	00:16:36	00:25:16.00	4:57	12.1
107	BUTRYM WIKTOR	25	BAŁTYK KOSZALIN	KOSZALIN	POL	M40	38	M 93	00:07:43	00:16:25	00:25:17.95	4:57	12.1
108	DRULIK-HOŁUB MARTA	42		KOSZALIN	POL	K40	5	K 15	00:07:59	00:16:44	00:25:24.90	4:58	12
109	MENDELSKI LUKASZ	125		KOSZALIN	POL	M30	23	M 94	00:06:45	00:12:54	00:25:25.00	4:59	12
110	ZAREMBA TOMASZ	231		KOSZALIN	POL	M30	24	M 95	00:08:09	00:17:03	00:25:27.95	4:59	12
111	ORŁOWSKI PAWEŁ	140		SIANÓW	POL	M40	39	M 96	00:08:05	00:16:47	00:25:29.10	4:59	12
112	WAŚOWICZ ANNA	206		KOŁOBRZEG/STRAMNICA 29	POL	K40	6	K 16	00:07:48	00:16:37	00:25:29.30	4:59	12
113	GRABAREK EWELINA	53		WIERCISZEWO	POL	K30	7	K 17	00:07:54	00:16:42	00:25:29.80	4:59	12
114	KANIEWSKI JACEK	82	W. P. K. SŁOŃ TEAM USTKA	SŁAWNO	POL	M40	40	M 97	00:07:52	00:16:34	00:25:30.10	5:00	12
115	KUBIAK KATARZYNA	106		GNIEZNO	POL	K40	7	K 18	00:08:10	00:16:57	00:25:32.30	5:00	12
116	ANTKOWIAK SEBASTIAN	4	DB - ACTIVE	KOSZALIN	POL	M40	41	M 98	00:07:26	00:16:21	00:25:34.75	5:00	12
117	MONGIAŁO MARCIN	131		KOSZALIN	POL	M40	42	M 99	00:08:07	00:17:01	00:25:39.85	5:01	11.9
118	KINOWSKI KAROL	89	CHRUPI, CHRUPI...	KOSZALIN	POL	M40	43	M 100	00:08:21	00:17:16	00:25:44.85	5:02	11.9
119	PANASZEWSKI PRZEMYSŁAW	143		KOSZALIN	POL	M30	25	M 101	00:07:57	00:16:54	00:25:46.85	5:03	11.9
120	RETERSKI DAMIAN	161		SKWIERZYŃKA	POL	M18	12	M 102	00:07:48	00:16:50	00:25:47.25	5:03	11.9
121	RADZIMSKI MARCEL	160		ŚWIEMINO	POL	M18	13	M 103	00:07:01	00:16:07	00:25:49.15	5:03	11.9
122	GUDANIEC KATARZYNA	56	TKKF TRIATHLON KOSZALIN	KOSZALIN KRETOMINO	POL	K30	8	K 19	00:08:33	00:17:35	00:25:50.50	5:03	11.8
123	GRABOWSKA-LESISZ ANETA	54		KOSZALIN	POL	K40	8	K 20	00:07:50	00:16:56	00:25:51.40	5:04	11.8
124	ORŁOWSKI BARTOSZ	34	51050942	KOSZALIN	POL	M40	44	M 104	00:07:51	00:16:57	00:25:52.70	5:04	11.8
125	BOGACKA LUCYNA	18	TKKF KOSZALIN	KOSZALIN	POL	K60+	1	K 21	00:08:10	00:16:58	00:25:54.15	5:04	11.8
126	KOLIGAT ANNA	95		KOSZALIN	POL	K40	9	K 22	00:08:17	00:17:06	00:25:56.65	5:05	11.8
127	NOSAL MARTYNA	135	KS PENTATHLON SZCZECINEK	SZCZECINEK	POL	K14	2	K 23	00:07:55	00:17:03	00:25:56.75	5:05	11.8
128	MANDZIAK PIOTR	316		KOSZALIN	POL	M30	26	M 105	00:08:16	00:17:27	00:26:03.70	5:06	11.7
129	ZUCHELKOWSKI HENRYK	230	NEPTUN KOŁOBRZEG	KOŁOBRZEG	POL	M30	27	M 106	00:08:14	00:17:18	00:26:11.00	5:08	11.7
130	KARASIEWICZ ROBERT	83		KOSZALIN	POL	M40	45	M 107	00:08:04	00:17:01	00:26:19.85	5:09	11.6
131	PAWŁOWSKA MAGDALENA	147	GAMMAX	MIELNO	POL	K40	10	K 24	00:08:11	00:17:12	00:26:23.50	5:10	11.6
132	KOZŁOWIECKI WALDEMAR	100	TKKF KOSZALIN	KOSZALIN	POL	M70+	1	M 108	00:08:16	00:17:19	00:26:23.70	5:10	11.6
133	LEWKOWICZ KAROL	232		KOSZALIN	POL	M30	28	M 109	00:08:02	00:17:10	00:26:28.25	5:11	11.6
134	MAJEWSKI KAMIL	116		GDAŃSK	POL	M30	29	M 110	00:08:03	00:17:13	00:26:28.40	5:11	11.6
135	MALINOWSKA MAŁGORZATA	118		ŚWIDWIN	POL	K60+	2	K 25	00:08:40	00:17:44	00:26:33.50	5:12	11.5
136	JĘDRZEJCZYK FRANCISZEK	77		TRZEBIATÓW	POL	M50	16	M 111	00:08:34	00:17:36	00:26:35.00	5:12	11.5
137	KANIEWSKI PAWEŁ	81		BONIN	POL	M40	46	M 112	00:08:08	00:17:19	00:26:38.85	5:13	11.5
138	PIECHOTA ROBERT	153		KOSZALIN	POL	M50	17	M 113	00:08:16	00:17:33	00:26:42.05	5:14	11.5
139	STOCKA-PODŁYSKA ŻANETA	184	ZASAPANI HYDRO	TRZCIANKA	POL	K40	11	K 26	00:08:39	00:17:45	00:26:42.90	5:14	11.5
140	SIERGIEJ IWONA	173		SIANÓW	POL	K40	12	K 27	00:08:33	00:17:36	00:26:44.75	5:14	11.4
141	GUDANIEC DOROTA	57	TKKF TRIATHLON KOSZALIN	KOSZALIN KRETOMINO	POL	K60+	3	K 28	00:08:33	00:17:35	00:26:45.20	5:14	11.4
142	ROGAŁA JACEK	163	FUNDACJA ZASTOPIJ	SIANÓW	POL	M50	18	M 114	00:08:18	00:17:26	00:26:48.60	5:15	11.4
143	PLESIEWICZ TOMASZ	155	TKKF KOSZALIN	KOSZALIN	POL	M50	19	M 115	00:08:35	00:17:46	00:26:55.00	5:16	11.4
144	JANUSZEWSKI JACEK	71	NIEZRZESZONY	KOSZALIN	POL	M60	6	M 116	00:08:25	00:17:39	00:26:58.85	5:17	11.3
145	SOCZA EWA	182		WROCŁAW	POL	K30	9	K 29	00:08:42	00:18:16	00:27:07.30	5:19	11.3
146	JASIAKIEWICZ-JELEN NATALIA	74		KOSZALIN	POL	K30	10	K 30	00:08:31	00:17:49	00:27:08.95	5:19	11.3
147	WRÓBLEWSKI MATEUSZ	223		KOSZALIN	POL	M14	3	M 117	00:09:07	00:18:44	00:27:19.05	5:21	11.2
148	BUTOWICZ ADAM	24		SZCZECINEK	POL	M60	7	M 118	00:08:20	00:17:51	00:27:21.75	5:21	11.2
149	GUTOWSKI MAREK	58		KOSZALIN	POL	M40	47	M 119	00:08:47	00:18:15	00:27:46.65	5:26	11
150	OLEJARCZYK SYLWIA	137		ŻYDOWK	POL	K18	2	K 31	00:08:38	00:18:02	00:27:54.00	5:28	11
151	PEŁKA IWONA PEŁKA	149		KOSZALIN	POL	K50	3	K 32	00:08:54	00:18:47	00:28:03.65	5:30	10.9
152	HAŁAJKO MAGDALENA	60		KOSZALIN	POL	K40	13	K 33	00:08:54	00:18:28	00:28:12.20	5:31	10.9
153	SKRZYPCZYK JOANNA	176	DARŁOWSKIE CHARTY	KOSZALIN	POL	K40	14	K 34	00:08:20	00:17:56	00:28:18.20	5:32	10.8
154	BARTON KRYSZYNA	11	PRZECHLEWO	PRZECHLEWO	POL	K60+	4	K 35	00:08:20	00:18:08	00:28:30.70	5:35	10.7

XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.35km	Netto	min/km	km/h
155	PIETRYKA ARTUR	154	KARLINOBIEGAJ	KARLINO	POL	M40	48	M 120	00:08:58	00:18:44	00:28:36.25	5:36	10.7
156	JEWSTAFIEW ADAM	76	BIEGAJ KAROLINA	KARLINO	POL	M30	30	M 121	00:08:58	00:18:44	00:28:36.50	5:36	10.7
157	SOBKO KRZYSZTOF	180		MIELNO	POL	M50	20	M 122	00:08:42	00:18:40	00:28:38.60	5:36	10.7
158	HELLER ZDZISŁAW	64	HERBMARATONOW.PL	KOSZALIN	POL	M60	8	M 123	00:08:47	00:18:47	00:28:43.65	5:37	10.7
159	WÓJCIK EDYTA	220		POZNAŃ	POL	K30	11	K 36	00:08:59	00:18:52	00:28:45.45	5:38	10.6
160	KOS JANEK	97	FUNDACJA ZASTOPIJ	SIANÓW	POL	M50	21	M 124	00:08:59	00:19:11	00:28:53.75	5:39	10.6
161	KANIEWSKA ANETTA	80		BONIN	POL	K40	15	K 37	00:08:45	00:18:54	00:28:58.50	5:40	10.6
162	SUDER-MAKSYMOWICZ MONIKA	186	:-)	USTRONIE MORSKIE	POL	K40	16	K 38	00:09:20	00:19:24	00:28:59.10	5:40	10.6
163	WRÓBLEWSKA MARTA	222		KOSZALIN	POL	K40	17	K 39	00:09:17	00:19:20	00:29:01.60	5:41	10.5
164	SŁUPECKA ANETA	178		KOSZALIN	POL	K30	12	K 40	00:09:34	00:19:52	00:29:25.45	5:46	10.4
165	BEDNARZ KATARZYNA	13		KOŁOBRZEG	POL	K40	18	K 41	00:09:18	00:19:29	00:29:30.40	5:47	10.4
166	DZIESZUK DARIUSZ	44		KOSZALIN	POL	M50	22	M 125	00:09:34	00:19:51	00:29:35.55	5:48	10.3
167	URBAN EWELINA	200	ANANASY Z 3 FAL	DĘBNICA KASZUBSKA	POL	K30	13	K 42	00:10:05	00:20:11	00:29:49.00	5:50	10.3
168	SAGAŁA PATRYCJA	169	ANANASY Z 3 FAL	SŁUPSK	POL	K40	19	K 43	00:10:05	00:20:11	00:29:53.05	5:51	10.2
169	ANDRZEJCZYK EWELINA	236	ANANASY Z 3 FAL	SŁUPSK	POL	K30	14	K 44	00:10:04	00:20:11	00:29:55.35	5:51	10.2
170	SEREJ DARIA	172		ZGORZELEC	POL	K18	3	K 45	00:09:14	00:19:18	00:30:01.60	5:53	10.2
171	PAWLIK MARCIN	146		BIAŁOGARD	POL	M30	31	M 126	00:09:35	00:19:56	00:30:03.50	5:53	10.2
172	TOMCZYK KRZYSZTOF	199		KOSZALIN	POL	M40	49	M 127	00:09:36	00:19:55	00:30:03.60	5:53	10.2
173	WÓJCIK ANNA	218		KOSZALIN	POL	K30	15	K 46	00:09:35	00:19:55	00:30:03.90	5:53	10.2
174	SZULTKA SYLWIA	194		KOSZALIN	POL	K30	15	K 46	00:08:59	00:19:15	00:30:03.90	5:53	10.2
175	SZOPKA JAKUB	192		HELMOND	NED	M30	32	M 128	00:09:39	00:20:09	00:30:15.65	5:55	10.1
176	ŁUBNIEWSKI ARKADIUSZ	114		KOSZALIN	POL	M30	33	M 129	00:11:11	00:20:56	00:30:27.35	5:58	10
177	WOLF BEATA	217	TKKF KOSZALIN	KOSZALIN	POL	K40	20	K 48	00:09:19	00:20:00	00:30:30.80	5:58	10
178	HARASYM MATEUSZ	63	FUNDACJA ZASTOPIJ	SIANÓW	POL	M14	4	M 130	00:08:10	00:19:49	00:30:43.00	6:01	10
179	BURMAN TOMASZ	237	ANANASY Z 3 FAL	SŁUPSK	POL	M30	34	M 131	00:10:05	00:20:11	00:30:45.00	6:01	10
180	KEPKA MIROSLAW	87		ŚWIDWIN	POL	M50	23	M 132	00:09:11	00:19:41	00:30:45.80	6:01	10
181	KOŁAKOWSKI DARIUSZ	96		ŚWIDWIN	POL	M50	24	M 133	00:09:11	00:19:41	00:30:45.85	6:01	10
182	PUDEKO DARIUSZ	159	STELLANTIS ACTIVE TEAM	KOZŁÓW	GBR	M50	25	M 134	00:10:14	00:20:34	00:31:02.05	6:05	9.9
183	MARSZAŁKOWSKA DOROTA	121	TKKF KOSZALIN	KOSZALIN	POL	K50	4	K 49	00:09:36	00:20:30	00:31:23.20	6:09	9.8
184	KWOLEK MACIEJ	109		KOSZALIN	POL	M40	50	M 135	00:09:16	00:20:27	00:31:41.80	6:12	9.7
185	MARCZAK MAŁGORZATA	120		ŻELKOWO	POL	K60+	5	K 50	00:09:26	00:20:26	00:31:56.20	6:15	9.6
186	HARASYM DANIEL	62	FUNDACJA ZASTOPIJ	SIANÓW	POL	M40	51	M 136	00:09:54	00:20:51	00:32:10.90	6:18	9.5
187	WALCZAK MAGDALENA	201		KOSZALIN	POL	K40	21	K 51	00:10:11	00:21:13	00:32:44.45	6:25	9.3
188	PAŃCZYK JUSTYNA	144		KOSZALIN	POL	K40	22	K 52	00:10:11	00:21:13	00:32:44.70	6:25	9.3
189	SIWAK KINGA	174		GORZÓW WIELKOPOLSKI	POL	K18	4	K 53	00:09:56	00:21:22	00:33:23.80	6:32	9.2
190	ŚWIĄTEK DANIEL	197		GORZÓW WIELKOPOLSKI	POL	M18	14	M 137	00:09:56	00:21:21	00:33:24.40	6:32	9.2
191	CICHOSZ JERZY	29	----	KOSZALIN	POL	M70+	2	M 138	00:10:30	00:22:04	00:33:50.45	6:38	9
192	CHRYSSTOFIAK JANINA	26		KOSZALIN	POL	K40	23	K 54	00:08:58	00:21:52	00:33:54.00	6:38	9
193	DOBRZAŃSKI MATEUSZ	38		GORZÓW WIELKOPOLSKI	POL	M18	15	M 139	00:10:46	00:24:06	00:35:57.30	7:02	8.5
194	DROZDA SANDRA	41		GORZÓW WIELKOPOLSKI	POL	K18	5	K 55	00:10:46	00:24:07	00:35:57.70	7:02	8.5
195	WÓJCIK KAROLINA	219		BIAŁOGARD	POL	K18	6	K 56	00:10:57	00:23:44	00:37:26.90	7:20	8.2
196	ŁASYCIA KRZYSZTOF	113		BIAŁOGARD	POL	M30	35	M 140	00:10:58	00:23:44	00:37:27.30	7:20	8.2
197	WESOŁOWSKI ŁUKASZ	209		KOSZALIN	POL	M30	36	M 141	00:11:13	00:24:42	00:37:42.15	7:23	8.1
198	WESOŁOWSKA JUSTYNA	208		KOSZALIN	POL	K30	17	K 57	00:11:13	00:24:43	00:37:42.40	7:23	8.1
199	WESOŁOWSKI KRZYSZTOF	210		KOSZALIN	POL	M14	5	M 142	00:11:13	00:24:43	00:37:43.00	7:23	8.1
200	WOJTKOWIAK AGATA	216		GORZÓW WIELKOPOLSKI	POL	K18	7	K 58	00:10:09	00:24:48	00:38:59.30	7:38	7.8
201	JUSZCZYK AGNIESZKA	78		KOSZALIN	POL	K40	24	K 59	00:11:17	00:25:09	00:39:10.45	7:40	7.8
202	KOZŁOWIECKA MAŁGORZATA	255	TKKF KOSZALIN	KOSZALIN	POL	K60+	6	K 60	00:11:47	00:25:33	00:39:38.85	7:46	7.7