

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM

 Organizator: PFNW
 Data: 2016-10-02
 Miejsce: Wrocław
 Dystans: 5 km
 Klasyfikacja wg czasów netto.

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WOROCZ ROMAN	228	KS METRACO POLKOWICE	DOPIEWO	POL	M50-59	1	M 1	00:15:08	00:30:40.05	6:08	9.8
2	ROŻYNEK MIRON	174		WROCLAW	POL	M50-59	2	M 2	00:15:25	00:31:14.25	6:14	9.6
3	MIELCAREK LESZEK	132	NIERZESZONY	BYTOM	POL	M60-69	1	M 3	00:15:48	00:31:52.30	6:22	9.4
4	KRYŚ ARTUR	106	KS METRACO POLKOWICE	WAŁBRZYCH	POL	M40-49	1	M 4	00:15:44	00:31:53.25	6:22	9.4
5	MATECKI RYSZARD	126		KUDOWA ZDRÓJ	POL	M60-69	2	M 5	00:15:47	00:31:55.65	6:23	9.4
6	ANDRZEJEWSKI MIECZYSLAW	11	MARSZ PO ZDROWIE	CZEMPIŃ	POL	M50-59	3	M 6	00:15:49	00:32:30.50	6:30	9.2
7	TOMCZYK EDWARD	257	MARSZ PO ZDROWIE	POZNAŃ	POL	M60-69	3	M 7	00:16:14	00:32:58.20	6:35	9.1
8	SPYCHAŁA MARZENA	187	WESOŁY BORSUK TEAM	BIAŁA	POL	K40-49	1	K 1	00:16:36	00:33:24.15	6:40	9
9	PARTYKA TERESA	155	WESOŁY BORSUK TEAM	BRZEG	POL	K50-59	1	K 2	00:16:37	00:33:32.50	6:42	8.9
10	ROSADZIŃSKI SŁAWOMIR	173		LESZNO	POL	M40-49	2	M 8	00:16:39	00:33:36.35	6:43	8.9
11	GRYGOROWICZ BOGDAN	77	KS METRACO POLKOWICE	LUBIN	POL	M60-69	4	M 9	00:16:17	00:33:37.80	6:43	8.9
12	GRZEBSKI JANUSZ	78	RAJSPOW ACTIV	ZDUŃSKA WOLA	POL	M40-49	3	M 10	00:16:48	00:34:03.45	6:48	8.8
13	ZAPAŁA DANIEL	235	KIJOWE MORSY WROCLAW	MIRKÓW	POL	M30-39	1	M 11	00:16:43	00:34:05.05	6:49	8.8
14	RACŁAWSKI JAN	170	NIEZRZESZONY	SKARBIMIERZ OSIEDLE	POL	M60-69	5	M 12	00:17:27	00:35:05.35	7:01	8.6
15	MIKOŁAJCZAK JAN	134	KS METRACO POLKOWICE	LEGNICA	POL	M60-69	6	M 13	00:17:25	00:35:09.15	7:01	8.5
16	POLISZCZUK PIOTR	165		TORUŃ	POL	M50-59	4	M 14	00:17:22	00:35:11.35	7:02	8.5
17	SULIKOWSKA AGNIESZKA	196		SIERADZ	POL	K30-39	1	K 3	00:17:24	00:35:13.90	7:02	8.5
18	SITKOWSKI KONRAD	184		DOBRZEŃ	POL	M30-39	2	M 15	00:17:25	00:35:20.50	7:04	8.5
19	PARTYKA TOMASZ	293	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	4	M 16	00:17:45	00:35:27.20	7:05	8.5
20	GIBAS SŁAWOMIR	71		ELBLĄG	POL	M30-39	3	M 17	00:17:36	00:35:30.70	7:06	8.4
21	RYBAŁTOWSKI PAWEŁ	178		OBORNIKI ŚLĄSKIE	POL	M70+	1	M 18	00:17:58	00:35:36.00	7:07	8.4
22	ŁADONSKI RYSZARD	116		WROCLAW	POL	M50-59	5	M 19	00:17:56	00:35:36.85	7:07	8.4
23	FEDECZKO EDYTA	62		TRZEBNICA	POL	K40-49	2	K 4	00:17:25	00:35:38.95	7:07	8.4
24	CIEŚLIKIEWICZ URSZULA	42		RACIBÓRZ	POL	K40-49	3	K 5	00:18:11	00:36:08.20	7:13	8.3
25	KOPIJ GRZEGORZ	97		WROCLAW	POL	M30-39	4	M 20	00:18:16	00:36:12.30	7:14	8.3
26	BEDNARZ KRZYSZTOF	16	SCB	WROCLAW	POL	M30-39	5	M 21	00:17:55	00:36:14.00	7:14	8.3
27	RUTKOWSKI DARIUSZ	177	AZS DSW	WROCLAW	POL	M40-49	5	M 22	00:17:41	00:36:18.80	7:15	8.3
28	KOPCZYŃSKI JAKUB	96	KRUSZYNA	JELCZ-LASKOWICE	POL	M19-29	1	M 23	00:17:46	00:36:22.25	7:16	8.2
29	WOJCIECHOWSKI SZYMON	225	KIJOWE MORSY WROCLAW	WROCLAW	POL	M19-29	2	M 24	00:17:49	00:36:27.80	7:17	8.2
30	WARCZAŁSKA TERESA	215	STADION ŚLĄSKI	KATOWICE	POL	K60-69	1	K 6	00:18:10	00:36:35.25	7:19	8.2
31	ROMIANIUK GRZEGORZ	301	KOLBUSZOWA	KOLBUSZOWA		M50-59	6	M 25	00:17:59	00:36:46.65	7:21	8.2
32	DROZD MARIA	58	NORDIC WALKING KRUSZYNA	KRUSZYNA	POL	K40-49	4	K 7	00:18:16	00:36:49.85	7:22	8.1
33	KLAPETURA WŁADISŁAW	306		KAMIENIEC PODOLSKI		M19-29	3	M 26	00:18:05	00:36:54.45	7:22	8.1
34	CHOŁODECKA MARTA	41		TRZEBNICA	POL	K11-14	1	K 8	00:18:24	00:37:18.05	7:27	8
35	GRZYWOCZ IRENA	79	PROFIT SPORT TEAM	MOSINA	POL	K60-69	2	K 9	00:18:30	00:37:26.40	7:29	8
36	PISAREK KAMILA	161	KIJOWE MORSY WROCLAW	WROCLAW	POL	K19-29	1	K 10	00:18:36	00:37:29.75	7:30	8
37	MUCHA MACIEJ	139	NIEZRZESZONY	GÓRA	POL	M40-49	6	M 27	00:18:23	00:37:31.15	7:30	8
38	DOBROWOLSKA-SWIĄTEK ELŻBIETA	53		KAMIENIEC WROCLAWSKI	POL	K50-59	2	K 11	00:18:45	00:37:43.75	7:32	8
39	GIBKI ŁUKASZ	271	SANTANDER CONSUMER BANK	GROBLICE	POL	M30-39	6	M 28	00:18:45	00:37:45.15	7:33	7.9
40	MATYJA ANNA	127		ŚREM	POL	K40-49	5	K 12	00:18:35	00:37:47.85	7:33	7.9
41	MUCIEK PAWEŁ	142	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	7	M 29	00:18:28	00:37:47.95	7:33	7.9
42	WOJCIECHOWSKA KATARZYNA	223	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K40-49	6	K 13	00:18:44	00:37:50.70	7:34	7.9
43	WOJCIECHOWSKA ANNA	224	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K15-18	1	K 14	00:19:06	00:38:00.25	7:36	7.9
44	SZCZEGIELNIAK JOANNA	198		WROCLAW	POL	K40-49	7	K 15	00:19:05	00:38:06.25	7:37	7.9
45	AGARWAL RITU	7		KAMIENIEC WROCLAWSKI	POL	K40-49	8	K 16	00:18:55	00:38:06.80	7:37	7.9
46	ADAMOWICZ ANDRZEJ	2		ŁÓDŹ	POL	M70+	2	M 30	00:19:01	00:38:17.40	7:39	7.8

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
47	PUZICHOWSKA MAŁGORZATA	169		JELCZ-LASKOWICE	POL	K50-59	3	K 17	00:19:01	00:38:18.75	7:39	7.8
48	BIK PRZEMYSŁAW	21	KS METRACO POLKOWICE	LUBIN	POL	M11-14	1	M 31	00:19:30	00:38:29.45	7:41	7.8
49	DOMATOWICZ DOROTA	55		PRUSZOWICE	POL	K40-49	9	K 18	00:19:23	00:38:41.55	7:44	7.8
50	PIĄTKOWSKI JÓZEF	159	KS METRACO POLKOWICE	POLKOWICE	POL	M70+	3	M 32	00:19:12	00:38:43.95	7:44	7.7
51	WALULIK ANETA	214	NORDIC WALKING WE WROCLAWIU	WROCLAW	POL	K40-49	10	K 19	00:19:16	00:38:56.40	7:47	7.7
52	SZYMAŃSKI MIROSLAW	206	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	8	M 33	00:19:30	00:38:59.50	7:47	7.7
53	ALEKSANDROWICZ MARIA	9	NORDIC WALKING WE WROCLAWIU	CHRZASTAWA WIELKA	POL	K11-14	2	K 20	00:19:46	00:39:00.20	7:48	7.7
54	DZIERZEGA EWA	61		WODZISLAW ŚLĄSKI	POL	K40-49	11	K 21	00:19:35	00:39:01.00	7:48	7.7
55	ADAMSKA DANUTA	3		OPOLE	POL	K60-69	3	K 22	00:19:04	00:39:01.55	7:48	7.7
56	GÓRSKI HENRYK	256		OLEŚNICA	POL	M60-69	7	M 34	00:19:22	00:39:07.20	7:49	7.7
57	PAL ROBERT	153		WROCLAW	POL	M30-39	7	M 35	00:18:58	00:39:07.25	7:49	7.7
58	FEDKO ALEKSANDRA	262	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	3	K 23	00:19:53	00:39:07.75	7:49	7.7
59	BOCHMAN AGATA	268	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	4	K 24	00:19:36	00:39:07.85	7:49	7.7
60	MARKOWSKA ALINA	275	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	5	K 25	00:19:43	00:39:11.50	7:50	7.7
61	DĘBSKA MAŁGORZATA	51	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	2	K 26	00:19:44	00:39:12.55	7:50	7.7
62	NOWACZYK LIDIA	144	PLESZEWSKIE WŁÓCZYKJJE	PLESZEW	POL	K30-39	3	K 27	00:19:34	00:39:13.05	7:50	7.6
63	KLEPACZ NATALIA	284	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	2	K 28	00:19:59	00:39:14.30	7:50	7.6
64	BERNASIEWICZ JÓZEF	17	AKADEMIA MARSZU NORDIC WALKING	ZLOTORYJA	POL	M50-59	7	M 36	00:19:40	00:39:18.40	7:51	7.6
65	NOWAK MAŁGORZATA	145	SANTANDER CONSUMER BANK	SMOLEC	POL	K30-39	4	K 29	00:19:38	00:39:24.10	7:52	7.6
66	WORONKO-ZACZYŃSKA JANINA	229	KS METRACO POLKOWICE	LUBIN	POL	K70+	1	K 30	00:19:40	00:39:26.20	7:53	7.6
67	GOLENIA REINHOLD	72	NIEZRZESZONY	DOBRA	POL	M50-59	8	M 37	00:19:26	00:39:26.30	7:53	7.6
68	NAWELSKI KRZYSZTOF	143		WROCLAW	POL	M40-49	9	M 38	00:19:29	00:39:27.15	7:53	7.6
69	JAKUĆ KRZYSZTOF	85	SANTANDER CONSUMER BANK	STARKOWO	POL	M40-49	10	M 39	00:19:45	00:39:27.45	7:53	7.6
70	MUCIEK KAROLINA	141	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	3	K 31	00:19:43	00:39:27.50	7:53	7.6
71	GRABNA JOANNA	75		RADOMSKO	POL	K30-39	5	K 32	00:19:45	00:39:28.20	7:53	7.6
72	CZERWIŃSKI TOMASZ	46	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	11	M 40	00:20:06	00:39:31.90	7:54	7.6
73	WNĘTRZAK ANETA	222		WROCLAW	POL	K19-29	2	K 33	00:20:00	00:39:39.25	7:55	7.6
74	PAWLUKIEWICZ LENA	263	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	6	K 34	00:19:53	00:39:40.35	7:56	7.6
75	KOSICKA BEATA	98	NORDIC WALKING KIEKRZ	ROKIETNICA	POL	K40-49	12	K 35	00:20:05	00:39:42.05	7:56	7.6
76	FIUK BASIA	312		WROCLAW	POL	K15-18	4	K 36	00:19:49	00:39:46.30	7:57	7.5
77	MORAWIEC ANNA	136	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	13	K 37	00:20:05	00:39:48.15	7:57	7.5
78	RUTKOWSKA MAŁGORZATA	176	AZS DSW	WROCLAW	POL	K40-49	14	K 38	00:20:04	00:39:49.05	7:57	7.5
79	BIELAWSKI ZDZISLAW	20	AKADEMIAMARSZUNORDICWALKING	LWÓWEK ŚLĄSKI	POL	M60-69	8	M 41	00:19:29	00:39:53.10	7:58	7.5
80	SZCZYGIEL ALEKSANDER	200	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	8	M 42	00:19:48	00:39:53.40	7:58	7.5
81	ADAMSKI TOMASZ	5		OPOLE	POL	M50-59	9	M 43	00:19:37	00:39:53.40	7:58	7.5
82	JAGODZIŃSKI ANDRZEJ	83		WROCLAW	POL	M50-59	10	M 44	00:19:37	00:39:58.95	7:59	7.5
83	REMISZEWSKI ADAM	259		OLEŚNICA	POL	M70+	4	M 45	00:19:38	00:39:59.00	7:59	7.5
84	KUBICKA BARBARA	260		WROCLAW	POL	K50-59	4	K 39	00:20:12	00:40:01.20	8:00	7.5
85	MAJ AMELIA	258		WROCLAW	POL	K11-14	7	K 40	00:20:14	00:40:01.75	8:00	7.5
86	CZERWIŃSKA DOMINIKA	45	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	8	K 41	00:19:45	00:40:03.15	8:00	7.5
87	WITKOWSKA ELŻBIETA	221	RIGHT WAY	WROCLAW	POL	K60-69	4	K 42	00:19:43	00:40:06.45	8:01	7.5
88	WOŹNIAKIEWICZ JULIA	230	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	5	K 43	00:19:59	00:40:10.15	8:02	7.5
89	MAJERCZYK-GODLEWSKA JADWIGA	123		WIĄZÓW	POL	K40-49	15	K 44	00:19:57	00:40:12.60	8:02	7.5
90	LENDOR ŻANETA	251		OLEŚNICA	POL	K30-39	6	K 45	00:19:58	00:40:14.70	8:03	7.5
91	BORUCH JOANNA	32	NIEZRZESZONA	SKARBIMIERZ OSIEDLE	POL	K50-59	5	K 46	00:19:51	00:40:15.30	8:03	7.5
92	BIELAWSKA NATALIA	299	SANTANDER CONSUMER BANK	WROCLAW	POL	K19-29	3	K 47	00:20:00	00:40:25.30	8:05	7.4
93	GAŚIOREK DANUTA	70	AKTYWNY WAŁBRZYCH	WAŁBRZYCH	POL	K50-59	6	K 48	00:20:20	00:40:28.65	8:05	7.4
94	KRUPCHENKO OLEKSANDR	104		WROCLAW	UKR	M40-49	12	M 46	00:20:42	00:40:29.45	8:05	7.4
95	KLEPACZ MARIUSZ	92		WROCLAW	POL	M40-49	13	M 47	00:20:57	00:40:30.95	8:06	7.4
96	SZCZEPANIAK JUSTYNA	199	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	7	K 49	00:20:05	00:40:33.85	8:06	7.4
97	FEDKO MAŁGORZATA	261	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	8	K 50	00:20:08	00:40:43.75	8:08	7.4
98	PAPIERNIK JUSTYNA	154		OLEŚNICA	POL	K30-39	9	K 51	00:20:06	00:40:44.25	8:08	7.4
99	POZNYSZ MICHAŁ	166	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	2	M 48	00:20:51	00:40:46.00	8:09	7.4
100	KOWALCZYK MAGDALENA	100		SIECHNICE	POL	K30-39	10	K 52	00:20:26	00:40:46.10	8:09	7.4
101	MĘDRAK JÓZEF	128		WROCLAW	POL	M60-69	9	M 49	00:20:14	00:40:52.05	8:10	7.3
102	WÓJCİK HENRYK	253	UTW OLEŚNICA	OLEŚNICA	POL	M70+	5	M 50	00:20:22	00:40:56.30	8:11	7.3

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
103	HERMAN EWA	297		WROCLAW	POL	K50-59	7	K 53	00:20:32	00:40:57.30	8:11	7.3
104	GOLENIA IRMGARDA	73	NIEZRZESZONA	DOBRA	POL	K50-59	8	K 54	00:20:32	00:41:00.20	8:12	7.3
105	WYSOCKA MAGDALENA	233		PLESZEW	POL	K19-29	4	K 55	00:20:12	00:41:03.30	8:12	7.3
106	WARGOCKA AGNIESZKA	217		WROCLAW	POL	K40-49	16	K 56	00:20:48	00:41:06.85	8:13	7.3
107	ŁADONSKA EWA	115		WROCLAW	POL	K50-59	9	K 57	00:20:36	00:41:12.85	8:14	7.3
108	MUCHA HONORATA	140	NIEZRZESZONA	GÓRA	POL	K40-49	17	K 58	00:20:39	00:41:14.60	8:15	7.3
109	ADAMSKA IWONA	4		WROCLAW	POL	K40-49	18	K 59	00:21:00	00:41:16.50	8:15	7.3
110	TURONEK-PRZYBYSZ ROBERTA	209		WROCLAW	POL	K30-39	11	K 60	00:20:33	00:41:25.25	8:17	7.2
111	ARTYMICZ MARIA	291		WROCLAW	POL	K60-69	5	K 61	00:20:18	00:41:25.55	8:17	7.2
112	BARTUSIK-URBAN JADWIGA	15	SANTANDER CONSUMER BANK	ZACHARZYCE	POL	K40-49	19	K 62	00:20:32	00:41:28.15	8:17	7.2
113	FIUK STAS	313		WROCLAW		M11-14	3	M 51	00:20:12	00:41:32.45	8:18	7.2
114	ROMIANUK KRYSZYNA	300	KOLBUSZOWA	KOLBUSZOWA		K50-59	10	K 63	00:20:44	00:41:41.30	8:20	7.2
115	WARPAS BARBARA	218	SANTANDER CONSUMER BANK	SIECHNICE	POL	K30-39	12	K 64	00:20:30	00:41:42.90	8:20	7.2
116	ŁAMPIKA ANDRZEJ	117		SMOLEC	POL	M60-69	10	M 52	00:20:42	00:41:43.25	8:20	7.2
117	KNOPEK HANNA	93		TURZA ŚLĄSKA	POL	K40-49	20	K 65	00:20:46	00:41:48.50	8:21	7.2
118	KULBAKA MICHAŁ	289	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	9	M 53	00:21:24	00:41:51.95	8:22	7.2
119	PARTYKA ANNA	292	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	9	K 66	00:20:46	00:41:54.80	8:23	7.2
120	JASZCZ ALINA	87	RIGHT WAY	WROCLAW	POL	K60-69	6	K 67	00:20:17	00:41:55.95	8:23	7.2
121	ŁUKASIEWICZ BARBARA	119	TRENUJE Z NAMI	WROCLAW	POL	K30-39	13	K 68	00:20:53	00:41:58.75	8:23	7.1
122	GLAZER NATALIA	314		WROCLAW		K19-29	5	K 69	00:21:54	00:42:00.65	8:24	7.1
123	KUREK MONIKA	110		WROCLAW	POL	K40-49	21	K 70	00:21:57	00:42:02.70	8:24	7.1
124	RUTKOWSKA MONIKA	175	AZS DSW	WROCLAW	POL	K11-14	10	K 71	00:21:01	00:42:04.55	8:24	7.1
125	STADLER JAROSŁAW	192		WROCLAW	POL	M40-49	14	M 54	00:21:07	00:42:06.65	8:25	7.1
126	DĄBROWA KAROLINA	50		WROCLAW	POL	K19-29	6	K 72	00:20:51	00:42:08.65	8:25	7.1
127	PRZYBYLSKA-JOZEFIAK BEATA	168		WROCLAW	POL	K40-49	22	K 73	00:21:03	00:42:09.35	8:25	7.1
128	KOCHAN ROBERT	94		ŁÓDŹ	POL	M40-49	15	M 55	00:20:43	00:42:11.95	8:26	7.1
129	KŁOSAK ŻANETA	307	SANTANDER CONSUMER BANK	WROCLAW	POL	K19-29	7	K 74	00:20:54	00:42:18.05	8:27	7.1
130	BANACH MAJA	274	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	11	K 75	00:20:29	00:42:20.10	8:28	7.1
131	KSIĘŻYK DARIUSZ	108		RUDNIK WIELKI	POL	M40-49	16	M 56	00:21:20	00:42:20.30	8:28	7.1
132	DREISEITEL ANDRZEJ	57		WROCLAW	POL	M50-59	11	M 57	00:21:01	00:42:20.90	8:28	7.1
133	NOWAK DANUTA	146	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	23	K 76	00:21:36	00:42:34.35	8:31	7
134	ANDRZEJEWSKA BOGUSŁAWA	10	MARSZ PO ZDROWIE	CZEMPIŃ	POL	K50-59	11	K 77	00:21:14	00:42:37.30	8:31	7
135	FLAM KATARZYNA	250	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	6	K 78	00:21:03	00:42:39.40	8:32	7
136	ORZECH AGNIESZKA	149	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	14	K 79	00:21:23	00:42:43.15	8:32	7
137	CZERWIŃSKA MAŁGORZATA	44	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	24	K 80	00:21:37	00:42:44.75	8:33	7
138	WÓJCIK IRENA	252	UTW OLEŚNICA	OLEŚNICA	POL	K70+	2	K 81	00:21:23	00:42:52.30	8:34	7
139	KULBAKA GRAŻYNA	288	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	7	K 82	00:21:40	00:42:55.45	8:35	7
140	ADAMIN GRAŻYNA	1	KALISKA GRUPA ROWEROWA G7	KALISZ	POL	K60-69	8	K 83	00:21:44	00:42:57.00	8:35	7
141	TURCZYN LUBOMIR	290		WROCLAW	POL	M70+	6	M 58	00:21:34	00:43:03.80	8:36	7
142	FIGIEL ANNA	63		ZAMOŚĆ	POL	K30-39	15	K 84	00:20:41	00:43:05.60	8:37	7
143	ZIÓLKOWSKI JAN	242	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	4	M 59	00:22:00	00:43:06.70	8:37	7
144	ŻAKIEWICZ MARTA	248	PARTNERZY-UNIwersytet MEDYCZNY WROCLAW	WROCLAW	POL	K40-49	25	K 85	00:21:50	00:43:07.15	8:37	7
145	DYBALSKA TERESA	60	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	9	K 86	00:21:39	00:43:20.25	8:40	6.9
146	KLEPACZ BEATA	283	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	26	K 87	00:21:47	00:43:23.65	8:40	6.9
147	RZEPKA AGNIESZKA	179		WROCLAW	POL	K30-39	16	K 88	00:22:00	00:43:34.65	8:43	6.9
148	KOWALSKA-MAZUR IWONA	101		MALCZYCE	POL	K40-49	27	K 89	00:22:12	00:43:47.10	8:45	6.8
149	KUDLIŃSKA WIKTORIA	109	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	7	K 90	00:21:48	00:43:50.50	8:46	6.8
150	JURCZAK DOMINIKA	88	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	8	K 91	00:21:49	00:43:52.35	8:46	6.8
151	KWACH MAŁGORZATA	311	SANTANDER CONSUMER BANK	WROCLAW		K30-39	17	K 92	00:22:07	00:44:02.55	8:48	6.8
152	JAKUBOWSKA OLGA	84		WROCLAW	POL	K50-59	12	K 93	00:22:02	00:44:07.25	8:49	6.8
153	BOJKO-JARNICKA AGNIESZKA	264		WROCLAW	POL	K30-39	18	K 94	00:21:48	00:44:15.70	8:51	6.8
154	SZUMIŁO KLARA	201		LEGNICA	POL	K19-29	8	K 95	00:22:25	00:44:21.55	8:52	6.8
155	SEKUŁA KAMILA	183	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	19	K 96	00:19:58	00:44:24.00	8:52	6.8
156	ZAWIĘJA ALICJA	238		WROCLAW	POL	K30-39	20	K 97	00:21:50	00:44:27.95	8:53	6.7

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
157	KAWECKA-JANIK ELŻBIETA	304		WROCLAW		K60-69	10	K 98	00:22:05	00:44:42.00	8:56	6.7
158	WLAZŁO ELŻBIETA	302		KOLBUSZOWA		K70+	3	K 99	00:21:43	00:44:53.50	8:58	6.7
159		294						1	00:22:38	00:44:58.55	8:59	6.7
160	PRĘGOWSKA ILONA	167		WROCLAW	POL	K40-49	28	K 100	00:22:53	00:45:03.40	9:00	6.7
161	ŻAK TERESA	245		WROCLAW	POL	K60-69	11	K 101	00:22:21	00:45:05.40	9:01	6.7
162	JAGODZIŃSKA BOŻENA	82		WROCLAW	POL	K50-59	13	K 102	00:23:02	00:45:13.85	9:02	6.6
163	MOCZARSKI ADAM	135		SOPOC	POL	M70+	7	M 60	00:21:55	00:45:22.55	9:04	6.6
164	CEBRYŃ KATARZYNA	38	KIJOWE MORSY WROCLAW	WROCLAW	POL	K50-59	14	K 103	00:22:34	00:45:27.90	9:05	6.6
165	KSIĘŻYK AGNIESZKA	107		RUDNIK WIELKI	POL	K40-49	29	K 104	00:22:34	00:45:30.10	9:06	6.6
166	SOBCZAK HANNA	308		WROCLAW		K-OPEN	1	K 105	00:21:46	00:45:31.55	9:06	6.6
167	MARCISZEWSKA MAŁGORZATA	125		TRZEBNICA	POL	K40-49	30	K 106	00:23:18	00:45:36.90	9:07	6.6
168	PLUTA KATARZYNA	162	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	21	K 107	00:22:16	00:45:40.65	9:08	6.6
169	KRÓLAK ILONA	103		WROCLAW	POL	K40-49	31	K 108	00:22:33	00:45:41.25	9:08	6.6
170	KWIECIEŃ ELŻBIETA	111	RIGHT WAY	WROCLAW	POL	K50-59	15	K 109	00:23:02	00:45:41.85	9:08	6.6
171	FRĄCZAK MAREK	67	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	10	M 61	00:22:31	00:45:51.85	9:10	6.5
172	SOBCZAK MICHAŁ	185	NAPÓR STARYCH GRZYBÓW	WROCLAW	POL	M30-39	11	M 62	00:22:31	00:45:52.55	9:10	6.5
173	STENCEL BARBARA	305		BOGUSZÓW-GORCE		K40-49	32	K 110	00:23:32	00:46:10.15	9:14	6.5
174	CEGIELSKA EWA	39		WROCLAW	POL	K40-49	33	K 111	00:22:52	00:46:15.85	9:15	6.5
175	WOJCIECHOWSKA SYLWIA	309		NADOLICE WIELKIE		K40-49	34	K 112	00:23:26	00:46:24.80	9:17	6.5
176	ZAPAŁA JAN	236	KIJOWE MORSY WROCLAW	MIRKÓW	POL	M-OPEN	1	M 63	00:22:41	00:46:25.40	9:17	6.5
177	ŁUKASZEWSKA OLGA	120		KATOWICE	POL	K11-14	12	K 113	00:22:53	00:46:29.90	9:18	6.5
178	PANTERA RENATA	303		WROCLAW		K50-59	16	K 114	00:22:48	00:46:36.10	9:19	6.4
179	BIELAWSKA DOROTA	19	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	17	K 115	00:22:49	00:46:36.65	9:19	6.4
180	ADAMSKI DARIUSZ	6	SANTANDER CONSUMER BANK	WROCLAW	POL	M50-59	12	M 64	00:23:22	00:46:46.10	9:21	6.4
181	SZUMIŁO PIOTR	202		LEGNICA	POL	M40-49	17	M 65	00:23:13	00:46:55.15	9:23	6.4
182	SADOWY ROMAN	182	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	18	M 66	00:21:54	00:47:06.45	9:25	6.4
183	FRĄCZAK IGA	68	SANTANDER CONSUMER BANK	WROCLAW	RUS	K11-14	13	K 116	00:24:04	00:47:21.50	9:28	6.3
184	WDOWIAK DANUTA	255	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	K60-69	12	K 117	00:23:25	00:47:27.30	9:29	6.3
185	MANIAKOWSKA MAŁGORZATA	124	SANTANDER CONSUMER BANK	WROCLAW	POL	M15-18	1	M 67	00:21:47	00:47:46.90	9:33	6.3
186	MICHAŁAK ANETA	130		KIEŁCZÓW	POL	K19-29	9	K 118	00:23:49	00:48:30.15	9:42	6.2
187	BISKUPSKA AGNIESZKA	25		WROCLAW	POL	K19-29	10	K 119	00:23:51	00:48:30.45	9:42	6.2
188	NUCKOWSKA ALEKSANDRA	180	PRZYJACIELE UNIwersYTET MEDYCZNY	WROCLAW	POL	K50-59	18	K 120	00:24:23	00:49:06.75	9:49	6.1
189	KOCZENASZ MACIEJ	269	SANTANDER CONSUMER BANK	SZEWCE	POL	M30-39	12	M 68	00:24:38	00:49:08.05	9:49	6.1
190	OLEJCZYK RENATA	148		ZATOR	POL	K40-49	35	K 121	00:24:29	00:49:09.75	9:50	6.1
191	BISKUPSKI GRZEGORZ	26		WROCLAW	POL	M19-29	4	M 69	00:24:32	00:49:26.75	9:53	6.1
192	OSETEK BARTOSZ	151		KIEŁCZÓW	POL	M19-29	5	M 70	00:24:33	00:49:27.10	9:53	6.1
193	KRUPIŃSKA ANITA	295		WROCLAW	POL	K11-14	14	K 122	00:24:24	00:49:45.75	9:57	6
194	SZUREK OLGA	227		WROCLAW	POL	K11-14	15	K 123	00:24:25	00:49:46.40	9:57	6
195	KOCZENASZ EWA	270	SANTANDER CONSUMER BANK	SZEWCE	POL	K30-39	22	K 124	00:24:22	00:49:56.45	9:59	6
196	GAPIŃSKA GABRIELA	69	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	23	K 125	00:24:23	00:49:57.55	9:59	6
197	PATORA-ŁAMPIKA ALEKSANDRA	156		SMOLEC	POL	K60-69	13	K 126	00:25:10	00:50:19.65	10:03	6
198	BIŁYK ANNA	23	SANTANDER CONSUMER BANK	NOWA JABŁONA	POL	K11-14	16	K 127	00:24:32	00:50:34.75	10:07	5.9
199	FILIPEK AGNIESZKA	66	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	24	K 128	00:25:10	00:50:55.15	10:11	5.9
200	SYPIOŁ ZYGMUNT	197	MARSZ PO ZDROWIE	ZŁOTNIKI	POL	M70+	8	M 71	00:25:15	00:51:23.00	10:16	5.8
201	DMYTERKO DOROTA	52		WROCLAW	POL	K50-59	19	K 129	00:26:00	00:51:25.40	10:17	5.8
202	ZIEMLAŃSKA-RZEPKA AGNIESZKA	310		WROCLAW		K40-49	36	K 130	00:26:17	00:52:14.65	10:27	5.7
203	WIDAWSKI ANDRZEJ	220		WROCLAW	POL	M40-49	19	M 72	00:26:15	00:52:24.05	10:28	5.7
204	BIŁYK BARBARA	24	SANTANDER CONSUMER BANK	NOWA JABŁONA	POL	K40-49	37	K 131	00:26:00	00:52:24.75	10:29	5.7
205	WDOWIAK TADEUSZ	296	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	M60-69	11	M 73	00:25:58	00:52:30.35	10:30	5.7
206	KAMPA ADRIANNA	160		WROCLAW	POL	K19-29	11	K 132	00:26:18	00:52:33.70	10:30	5.7
207	SOWIŃSKA ANNA	186		WROCLAW	POL	K19-29	12	K 133	00:26:19	00:52:35.05	10:31	5.7
208	ŁUKOJKO EWA	254		WROCLAW	POL	K50-59	20	K 134	00:26:30	00:53:04.15	10:36	5.7
209	DUDEK-TARNOWSKA IWONA	59	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	21	K 135	00:26:55	00:53:47.85	10:45	5.6
210	BIŁYK KLAUDIA	298	SANTANDER CONSUMER BANK	NOWA JABŁONA	POL	K19-29	13	K 136	00:26:47	00:54:22.95	10:52	5.5
211	LENKIEWICZ AMELIA	276	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	17	K 137	00:25:36	00:56:14.75	11:15	5.3
212	DOROSZ ANTONINA	56		ROŚCISŁAWICE	POL	K70+	4	K 138	00:25:29	00:58:07.95	11:37	5.2
213	JAROSZ-NOWAK JOANNA	86		WROCLAW	POL	K40-49	38	K 139	00:29:11	00:58:20.30	11:40	5.1

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
214	PĘDZICH MAŁGORZATA	158	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	39	K 140	00:35:05	01:08:45.90	13:45	4.4
215	ZAŃ JOLANTA	234	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	25	K 141	00:35:00	01:08:48.60	13:45	4.4
216	BOROWSKA MARTA	30	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	26	K 142	00:35:00	01:08:51.35	13:46	4.4
217	BOROWSKI TOMASZ	31	SANTANDER CONSUMER BANK	WROCLAW	POL	M-OPEN	2	M 74	00:35:08	01:08:51.50	13:46	4.4
218	ŻUK GRAŻYNA	249		ZAMOŚĆ	POL	K30-39	27	K 143	00:46:32	01:10:09.30	14:01	4.3
219	MORAWIEC BARTOSZ	137	SANTANDER CONSUMER BANK	WROCLAW	POL	M-OPEN	3	M 75	00:19:30		7:48	7.7
220	HORNOSTAJ RENATA	80		WROCLAW	POL	K40-49	40	K 144	00:21:24		8:33	7
221	WARCHAŁOWSKI BRUNO	216		WROCLAW	POL	M-OPEN	4	M 76	00:21:57		8:46	6.8
222	SADOWSKI DOMINIK	181		WROCLAW	POL	M30-39	13	M 77	00:41:44		16:41	3.6
223	OCHEJ-SADOWSKA ORIANA	147		WROCLAW	POL	K30-39	28	K 145	00:41:45		16:42	3.6
224	GONET-OCHEJ ELŻBIETA	74		MIEKÓW	POL	K60-69	14	K 146	00:44:32		17:48	3.4
225	CZYŻ MICHAŁ	49		GAJKÓW	POL	M11-14	5	M 78	00:50:29		20:11	3
226	CZYŻ NATALIA	48		GAJKÓW	POL	K40-49	41	K 147	00:50:35		20:14	3
227	CZYŻ RAFAŁ	47		MIEKÓW	POL	M40-49	20	M 79	00:50:35		20:14	3
228	MADERA BOGDAN	122	RUNWALKRUN	ŚWIDNICA	POL	M50-59	13	M 80				
DQ	BADECKI RYSZARD	12	NIEZRZESZONY	NIEZRZESZONY	POL	M50-59	DQ	DQ	00:16:35	00:34:05.00	-	-
									DQ	DQ		
DQ	CHOJNOWSKA MONIKA	40		ROGÓW	POL	K30-39	DQ	DQ	00:19:01	00:37:27.20	-	-
									DQ	DQ		

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	SPYCHAŁA MARZENA	187	WESOŁY BORSUK TEAM	BIAŁA	POL	K40-49	1	K 1	00:16:36	00:33:24.15	6:40	9
2	PARTYKA TERESA	155	WESOŁY BORSUK TEAM	BRZEG	POL	K50-59	1	K 2	00:16:37	00:33:32.50	6:42	8.9
3	SULIKOWSKA AGNIESZKA	196		SIERADZ	POL	K30-39	1	K 3	00:17:24	00:35:13.90	7:02	8.5
4	FEDECZKO EDYTA	62		TRZEBNICA	POL	K40-49	2	K 4	00:17:25	00:35:38.95	7:07	8.4
5	CIEŚLIKIEWICZ URSZULA	42		RACIBÓRZ	POL	K40-49	3	K 5	00:18:11	00:36:08.20	7:13	8.3
6	WARCHAŁSKA TERESA	215	STADION ŚLAŃSKI	KATOWICE	POL	K60-69	1	K 6	00:18:10	00:36:35.25	7:19	8.2
7	DROZD MARIA	58	NORDIC WALKING KRUSZYNA	KRUSZYNA	POL	K40-49	4	K 7	00:18:16	00:36:49.85	7:22	8.1
8	CHOŁODECKA MARTA	41		TRZEBNICA	POL	K11-14	1	K 8	00:18:24	00:37:18.05	7:27	8
9	GRZYWOCZ IRENA	79	PROFIT SPORT TEAM	MOSINA	POL	K60-69	2	K 9	00:18:30	00:37:26.40	7:29	8
10	PISAREK KAMILA	161	KIJOWE MORSY WROCLAW	WROCLAW	POL	K19-29	1	K 10	00:18:36	00:37:29.75	7:30	8
11	DOBROWOLSKA-ŚWIĄTEK ELŻBIETA	53		KAMIENIEC WROCLAWSKI	POL	K50-59	2	K 11	00:18:45	00:37:43.75	7:32	8
12	MATYJA ANNA	127		ŚREM	POL	K40-49	5	K 12	00:18:35	00:37:47.85	7:33	7.9
13	WOJCIECHOWSKA KATARZYNA	223	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K40-49	6	K 13	00:18:44	00:37:50.70	7:34	7.9
14	WOJCIECHOWSKA ANNA	224	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K15-18	1	K 14	00:19:06	00:38:00.25	7:36	7.9
15	SZCZEGIELNIAK JOANNA	198		WROCLAW	POL	K40-49	7	K 15	00:19:05	00:38:06.25	7:37	7.9
16	AGARWAL RITU	7		KAMIENIEC WROCLAWSKI	POL	K40-49	8	K 16	00:18:55	00:38:06.80	7:37	7.9
17	PUZICHOWSKA MAŁGORZATA	169		JELCZ-LASKOWICE	POL	K50-59	3	K 17	00:19:01	00:38:18.75	7:39	7.8
18	DOMATOWICZ DOROTA	55		PRUSZOWICE	POL	K40-49	9	K 18	00:19:23	00:38:41.55	7:44	7.8
19	WALULIK ANETA	214	NORDIC WALKING WE WROCLAWIU	WROCLAW	POL	K40-49	10	K 19	00:19:16	00:38:56.40	7:47	7.7
20	ALEKSANDROWICZ MARIA	9	NORDIC WALKING WE WROCLAWIU	CHRZAŚTAWA WIELKA	POL	K11-14	2	K 20	00:19:46	00:39:00.20	7:48	7.7
21	DZIERZEGA EWA	61		WODZISŁAW ŚLAŃSKI	POL	K40-49	11	K 21	00:19:35	00:39:01.00	7:48	7.7
22	ADAMSKA DANUTA	3		OPOLE	POL	K60-69	3	K 22	00:19:04	00:39:01.55	7:48	7.7
23	FEDKO ALEKSANDRA	262	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	3	K 23	00:19:53	00:39:07.75	7:49	7.7
24	BOCHMAN AGATA	268	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	4	K 24	00:19:36	00:39:07.85	7:49	7.7
25	MARKOWSKA ALINA	275	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	5	K 25	00:19:43	00:39:11.50	7:50	7.7
26	DĘBSKA MAŁGORZATA	51	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	2	K 26	00:19:44	00:39:12.55	7:50	7.7
27	NOWACZYK LIDIA	144	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K30-39	3	K 27	00:19:34	00:39:13.05	7:50	7.6
28	KLEPACZ NATALIA	284	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	2	K 28	00:19:59	00:39:14.30	7:50	7.6
29	NOWAK MAŁGORZATA	145	SANTANDER CONSUMER BANK	SMOLEC	POL	K30-39	4	K 29	00:19:38	00:39:24.10	7:52	7.6
30	WORONKO-ZACZYŃSKA JANINA	229	KS METRACO POLKOWICE	LUBIN	POL	K70+	1	K 30	00:19:40	00:39:26.20	7:53	7.6
31	MUCIEK KAROLINA	141	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	3	K 31	00:19:43	00:39:27.50	7:53	7.6
32	GRABNA JOANNA	75		RADOMSKO	POL	K30-39	5	K 32	00:19:45	00:39:28.20	7:53	7.6
33	WNĘTRZAK ANETA	222		WROCLAW	POL	K19-29	2	K 33	00:20:00	00:39:39.25	7:55	7.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
34	PAWLUKIEWICZ LENA	263	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	6	K 34	00:19:53	00:39:40.35	7:56	7.6
35	KOSICKA BEATA	98	NORDIC WALKING KIEKRZ	ROKIETNICA	POL	K40-49	12	K 35	00:20:05	00:39:42.05	7:56	7.6
36	FIUK BASIA	312		WROCLAW		K15-18	4	K 36	00:19:49	00:39:46.30	7:57	7.5
37	MORAWIEC ANNA	136	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	13	K 37	00:20:05	00:39:48.15	7:57	7.5
38	RUTKOWSKA MAŁGORZATA	176	AZS DSW	WROCLAW	POL	K40-49	14	K 38	00:20:04	00:39:49.05	7:57	7.5
39	KUBICKA BARBARA	260		WROCLAW	POL	K50-59	4	K 39	00:20:12	00:40:01.20	8:00	7.5
40	MAJ AMELIA	258		WROCLAW	POL	K11-14	7	K 40	00:20:14	00:40:01.75	8:00	7.5
41	CZERWIŃSKA DOMINIKA	45	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	8	K 41	00:19:45	00:40:03.15	8:00	7.5
42	WITKOWSKA ELŻBIETA	221	RIGHT WAY	WROCLAW	POL	K60-69	4	K 42	00:19:43	00:40:06.45	8:01	7.5
43	WOŹNIAKIEWICZ JULIA	230	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	5	K 43	00:19:59	00:40:10.15	8:02	7.5
44	MAJERCZYK-GODLEWSKA JADWIGA	123		WIĄZÓW	POL	K40-49	15	K 44	00:19:57	00:40:12.60	8:02	7.5
45	LENDOR ŻANETA	251		OLEŚNICA	POL	K30-39	6	K 45	00:19:58	00:40:14.70	8:03	7.5
46	BORUCH JOANNA	32	NIEZRZESZONA	SKARBIMIERZ OSIEDLE	POL	K50-59	5	K 46	00:19:51	00:40:15.30	8:03	7.5
47	BIELAWSKA NATALIA	299	SANTANDER CONSUMER BANK	WROCLAW		K19-29	3	K 47	00:20:00	00:40:25.30	8:05	7.4
48	GAŚIOREK DANUTA	70	AKTYWNY WAŁBRZYCH	WAŁBRZYCH	POL	K50-59	6	K 48	00:20:20	00:40:28.65	8:05	7.4
49	SZCZEPANIAK JUSTYNA	199	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	7	K 49	00:20:05	00:40:33.85	8:06	7.4
50	FEDKO MAŁGORZATA	261	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	8	K 50	00:20:08	00:40:43.75	8:08	7.4
51	PAPIERNIK JUSTYNA	154		OLEŚNICA	POL	K30-39	9	K 51	00:20:06	00:40:44.25	8:08	7.4
52	KOWALCZYK MAGDALENA	100		SIECHNICE	POL	K30-39	10	K 52	00:20:26	00:40:46.10	8:09	7.4
53	HERMAN EWA	297		WROCLAW	POL	K50-59	7	K 53	00:20:32	00:40:57.30	8:11	7.3
54	GOLENIA IRMGARDA	73	NIEZRZESZONA	DOBRA	POL	K50-59	8	K 54	00:20:32	00:41:00.20	8:12	7.3
55	WYSOCKA MAGDALENA	233		PLESZEW	POL	K19-29	4	K 55	00:20:12	00:41:03.30	8:12	7.3
56	WARGOCKA AGNIESZKA	217		WROCLAW	POL	K40-49	16	K 56	00:20:48	00:41:06.85	8:13	7.3
57	ŁADOŃSKA EWA	115		WROCLAW	POL	K50-59	9	K 57	00:20:36	00:41:12.85	8:14	7.3
58	MUCHA HONORATA	140	NIEZRZESZONA	GÓRA	POL	K40-49	17	K 58	00:20:39	00:41:14.60	8:15	7.3
59	ADAMSKA IWONA	4		WROCLAW	POL	K40-49	18	K 59	00:21:00	00:41:16.50	8:15	7.3
60	TURONEK-PRZYBYSZ ROBERTA	209		WROCLAW	POL	K30-39	11	K 60	00:20:33	00:41:25.25	8:17	7.2
61	ARTYMICZ MARIA	291		WROCLAW	POL	K60-69	5	K 61	00:20:18	00:41:25.55	8:17	7.2
62	BARTUSIK-URBAN JADWIGA	15	SANTANDER CONSUMER BANK	ZACHARZYCE	POL	K40-49	19	K 62	00:20:32	00:41:28.15	8:17	7.2
63	ROMIANIUK KRYSZYNA	300	KOLBUSZOWA	KOLBUSZOWA		K50-59	10	K 63	00:20:44	00:41:41.30	8:20	7.2
64	WARPAS BARBARA	218	SANTANDER CONSUMER BANK	SIECHNICE	POL	K30-39	12	K 64	00:20:30	00:41:42.90	8:20	7.2
65	KNOPEK HANNA	93		TURZA ŚLĄSKA	POL	K40-49	20	K 65	00:20:46	00:41:48.50	8:21	7.2
66	PARTYKA ANNA	292	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	9	K 66	00:20:46	00:41:54.80	8:23	7.2
67	JASZCZ ALINA	87	RIGHT WAY	WROCLAW	POL	K60-69	6	K 67	00:20:17	00:41:55.95	8:23	7.2
68	ŁUKASIEWICZ BARBARA	119	TRENUJE Z NAMI	WROCLAW	POL	K30-39	13	K 68	00:20:53	00:41:58.75	8:23	7.1
69	GLAZER NATALIA	314		WROCLAW		K19-29	5	K 69	00:21:54	00:42:00.65	8:24	7.1
70	KUREK MONIKA	110		WROCLAW	POL	K40-49	21	K 70	00:21:57	00:42:02.70	8:24	7.1
71	RUTKOWSKA MONIKA	175	AZS DSW	WROCLAW	POL	K11-14	10	K 71	00:21:01	00:42:04.55	8:24	7.1
72	DĄBROWA KAROLINA	50		WROCLAW	POL	K19-29	6	K 72	00:20:51	00:42:08.65	8:25	7.1
73	PRZYBYLSKA-JÓZEFIAK BEATA	168		WROCLAW	POL	K40-49	22	K 73	00:21:03	00:42:09.35	8:25	7.1
74	KŁOSAK ŻANETA	307	SANTANDER CONSUMER BANK	WROCLAW		K19-29	7	K 74	00:20:54	00:42:18.05	8:27	7.1
75	BANACH MAJA	274	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	11	K 75	00:20:29	00:42:20.10	8:28	7.1
76	NOWAK DANUTA	146	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	23	K 76	00:21:36	00:42:34.35	8:31	7
77	ANDRZEJEWSKA BOGUSŁAWA	10	MARSZ PO ZDROWIE	CZEMPIŃ	POL	K50-59	11	K 77	00:21:14	00:42:37.30	8:31	7
78	FLAM KATARZYNA	250	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	6	K 78	00:21:03	00:42:39.40	8:32	7
79	ORZECH AGNIESZKA	149	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	14	K 79	00:21:23	00:42:43.15	8:32	7
80	CZERWIŃSKA MAŁGORZATA	44	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	24	K 80	00:21:37	00:42:44.75	8:33	7
81	WÓJCIK IRENA	252	UTW OLEŚNICA	OLEŚNICA	POL	K70+	2	K 81	00:21:23	00:42:52.30	8:34	7
82	KULBAKA GRAŻYNA	288	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	7	K 82	00:21:40	00:42:55.45	8:35	7
83	ADAMIN GRAŻYNA	1	KALISKA GRUPA ROWEROWA G7	KALISZ	POL	K60-69	8	K 83	00:21:44	00:42:57.00	8:35	7
84	FIGIEL ANNA	63		ZAMOŚĆ	POL	K30-39	15	K 84	00:20:41	00:43:05.60	8:37	7
85	ŻAKIEWICZ MARTA	248	PARTNERZY-UNIWERSYTET MEDYCZNY WROCLAW	WROCLAW	POL	K40-49	25	K 85	00:21:50	00:43:07.15	8:37	7
86	DYBALSKA TERESA	60	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	9	K 86	00:21:39	00:43:20.25	8:40	6.9
87	KLEPACZ BEATA	283	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	26	K 87	00:21:47	00:43:23.65	8:40	6.9
88	RZEPKA AGNIESZKA	179		WROCLAW	POL	K30-39	16	K 88	00:22:00	00:43:34.65	8:43	6.9

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
89	KOWALSKA-MAZUR IWONA	101		MALCZYCE	POL	K40-49	27	K 89	00:22:12	00:43:47.10	8:45	6.8
90	KUDLIŃSKA WIKTORIA	109	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	7	K 90	00:21:48	00:43:50.50	8:46	6.8
91	JURCZAK DOMINIKA	88	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	8	K 91	00:21:49	00:43:52.35	8:46	6.8
92	KWACH MAŁGORZATA	311	SANTANDER CONSUMER BANK	WROCLAW		K30-39	17	K 92	00:22:07	00:44:02.55	8:48	6.8
93	JAKUBOWSKA OLGA	84		WROCLAW	POL	K50-59	12	K 93	00:22:02	00:44:07.25	8:49	6.8
94	BOJKO-JARNICKA AGNIESZKA	264		WROCLAW	POL	K30-39	18	K 94	00:21:48	00:44:15.70	8:51	6.8
95	SZUMIŁO KLARA	201		LEGNICA	POL	K19-29	8	K 95	00:22:25	00:44:21.55	8:52	6.8
96	SEKUŁA KAMILA	183	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	19	K 96	00:19:58	00:44:24.00	8:52	6.8
97	ZAWIEJA ALICJA	238		WROCLAW	POL	K30-39	20	K 97	00:21:50	00:44:27.95	8:53	6.7
98	KAWECKA-JANIK ELŻBIETA	304		WROCLAW		K60-69	10	K 98	00:22:05	00:44:42.00	8:56	6.7
99	WLAZŁO ELŻBIETA	302		KOLBUSZOWA		K70+	3	K 99	00:21:43	00:44:53.50	8:58	6.7
100	PRĘGOWSKA ILONA	167		WROCLAW	POL	K40-49	28	K 100	00:22:53	00:45:03.40	9:00	6.7
101	ŻAK TERESA	245		WROCLAW	POL	K60-69	11	K 101	00:22:21	00:45:05.40	9:01	6.7
102	JAGODZIŃSKA BOŻENA	82		WROCLAW	POL	K50-59	13	K 102	00:23:02	00:45:13.85	9:02	6.6
103	CEBRYŃ KATARZYNA	38	KIJOWE MORSY WROCLAW	WROCLAW	POL	K50-59	14	K 103	00:22:34	00:45:27.90	9:05	6.6
104	KSIĘŻYK AGNIESZKA	107		RUDNIK WIELKI	POL	K40-49	29	K 104	00:22:34	00:45:30.10	9:06	6.6
105	SOBCZAK HANNA	308		WROCLAW		K-OPEN	1	K 105	00:21:46	00:45:31.55	9:06	6.6
106	MARCISZEWSKA MAŁGORZATA	125		TRZEBNICA	POL	K40-49	30	K 106	00:23:18	00:45:36.90	9:07	6.6
107	PLUTA KATARZYNA	162	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	21	K 107	00:22:16	00:45:40.65	9:08	6.6
108	KRÓLAK ILONA	103		WROCLAW	POL	K40-49	31	K 108	00:22:33	00:45:41.25	9:08	6.6
109	KWIECIEN ELŻBIETA	111	RIGHT WAY	WROCLAW	POL	K50-59	15	K 109	00:23:02	00:45:41.85	9:08	6.6
110	STENCEL BARBARA	305		BOGUSZÓW-GORCE		K40-49	32	K 110	00:23:32	00:46:10.15	9:14	6.5
111	CEGIELSKA EWA	39		WROCLAW	POL	K40-49	33	K 111	00:22:52	00:46:15.85	9:15	6.5
112	WOJCIECHOWSKA SYLWIA	309		NADOLICE WIELKIE		K40-49	34	K 112	00:23:26	00:46:24.80	9:17	6.5
113	ŁUKASZEWSKA OLGA	120		KATOWICE	POL	K11-14	12	K 113	00:22:53	00:46:29.90	9:18	6.5
114	PANTERA RENATA	303		WROCLAW		K50-59	16	K 114	00:22:48	00:46:36.10	9:19	6.4
115	BIELAWSKA DOROTA	19	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	17	K 115	00:22:49	00:46:36.65	9:19	6.4
116	FRĄTCZAK IGA	68	SANTANDER CONSUMER BANK	WROCLAW	RUS	K11-14	13	K 116	00:24:04	00:47:21.50	9:28	6.3
117	WDOWIAK DANUTA	255	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	K60-69	12	K 117	00:23:25	00:47:27.30	9:29	6.3
118	MICHAŁAK ANETA	130		KIEŁCZÓW	POL	K19-29	9	K 118	00:23:49	00:48:30.15	9:42	6.2
119	BISKUPSKA AGNIESZKA	25		WROCLAW	POL	K19-29	10	K 119	00:23:51	00:48:30.45	9:42	6.2
120	NUCKOWSKA ALEKSANDRA	180	PRZYJACIELE UNIwersYTET MEDYCZNY	WROCLAW	POL	K50-59	18	K 120	00:24:23	00:49:06.75	9:49	6.1
121	OLEJCZYK RENATA	148		ZATOR	POL	K40-49	35	K 121	00:24:29	00:49:09.75	9:50	6.1
122	KRUPIŃSKA ANITA	295		WROCLAW	POL	K11-14	14	K 122	00:24:24	00:49:45.75	9:57	6
123	SZUREK OLGA	227		WROCLAW	POL	K11-14	15	K 123	00:24:25	00:49:46.40	9:57	6
124	KOCZENASZ EWA	270	SANTANDER CONSUMER BANK	SZEWCE	POL	K30-39	22	K 124	00:24:22	00:49:56.45	9:59	6
125	GAPIŃSKA GABRIELA	69	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	23	K 125	00:24:23	00:49:57.55	9:59	6
126	PATORA-ŁAMPIKA ALEKSANDRA	156		SMOLEC	POL	K60-69	13	K 126	00:25:10	00:50:19.65	10:03	6
127	BIŁYK ANNA	23	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K11-14	16	K 127	00:24:32	00:50:34.75	10:07	5.9
128	FILIPEK AGNIESZKA	66	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	24	K 128	00:25:10	00:50:55.15	10:11	5.9
129	DMYTERKO DOROTA	52		WROCLAW	POL	K50-59	19	K 129	00:26:00	00:51:25.40	10:17	5.8
130	ZIEMLAŃSKA-RZEPKA AGNIESZKA	310		WROCLAW	POL	K40-49	36	K 130	00:26:17	00:52:14.65	10:27	5.7
131	BIŁYK BARBARA	24	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K40-49	37	K 131	00:26:00	00:52:24.75	10:29	5.7
132	KAMPA ADRIANNA	160		WROCLAW	POL	K19-29	11	K 132	00:26:18	00:52:33.70	10:30	5.7
133	SOWIŃSKA ANNA	186		WROCLAW	POL	K19-29	12	K 133	00:26:19	00:52:35.05	10:31	5.7
134	ŁUKOJKO EWA	254		WROCLAW	POL	K50-59	20	K 134	00:26:30	00:53:04.15	10:36	5.7
135	DUDEK-TARNOWSKA IWONA	59	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	21	K 135	00:26:55	00:53:47.85	10:45	5.6
136	BIŁYK KLAUDIA	298	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K19-29	13	K 136	00:26:47	00:54:22.95	10:52	5.5
137	LENKIEWICZ AMELIA	276	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	17	K 137	00:25:36	00:56:14.75	11:15	5.3
138	DOROSZ ANTONINA	56		ROŚCISŁAWICE	POL	K70+	4	K 138	00:25:29	00:58:07.95	11:37	5.2
139	JAROSZ-NOWAK JOANNA	86		WROCLAW	POL	K40-49	38	K 139	00:29:11	00:58:20.30	11:40	5.1
140	PĘDZICH MAŁGORZATA	158	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	39	K 140	00:35:05	01:08:45.90	13:45	4.4
141	ZAŃ JOLANTA	234	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	25	K 141	00:35:00	01:08:48.60	13:45	4.4
142	BOROWSKA MARTA	30	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	26	K 142	00:35:00	01:08:51.35	13:46	4.4
143	ŻUK GRAŻYNA	249		ZAMOŚĆ	POL	K30-39	27	K 143	00:46:32	01:10:09.30	14:01	4.3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
144	HORNOSTAJ RENATA	80		WROCLAW	POL	K40-49	40	K 144	00:21:24		8:33	7
145	OCHEJ-SADOWSKA ORIANA	147		WROCLAW	POL	K30-39	28	K 145	00:41:45		16:42	3.6
146	GONET-OCHEJ ELŻBIETA	74		MILKÓW	POL	K60-69	14	K 146	00:44:32		17:48	3.4
147	CZYŻ NATALIA	48		GAJKÓW	POL	K40-49	41	K 147	00:50:35		20:14	3
DQ	CHOJNOWSKA MONIKA	40		ROGÓW	POL	K30-39	DQ	DQ	00:19:01	DQ	-	-
									DQ			

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WOROCZ ROMAN	228	KS METRACO POLKOWICE	DOPIEWO	POL	M50-59	1	M 1	00:15:08	00:30:40.05	6:08	9.8
2	ROŻYNEK MIRON	174		WROCLAW	POL	M50-59	2	M 2	00:15:25	00:31:14.25	6:14	9.6
3	MIELCAREK LESZEK	132	NIEZRZESZONY	BYTOM	POL	M60-69	1	M 3	00:15:48	00:31:52.30	6:22	9.4
4	KRYŚ ARTUR	106	KS METRACO POLKOWICE	WAŁBRZYCH	POL	M40-49	1	M 4	00:15:44	00:31:53.25	6:22	9.4
5	MATECKI RYSZARD	126		KUDOWA ZDRÓJ	POL	M60-69	2	M 5	00:15:47	00:31:55.65	6:23	9.4
6	ANDRZEJEWSKI MIECZYSLAW	11	MARSZ PO ZDROWIE	CZEMPIŃ	POL	M50-59	3	M 6	00:15:49	00:32:30.50	6:30	9.2
7	TOMCZYK EDWARD	257	MARSZ PO ZDROWIE	POZNAŃ	POL	M60-69	3	M 7	00:16:14	00:32:58.20	6:35	9.1
8	ROSADZIŃSKI SŁAWOMIR	173		LESZNO	POL	M40-49	2	M 8	00:16:39	00:33:36.35	6:43	8.9
9	GRYGOROWICZ BOGDAN	77	KS METRACO POLKOWICE	LUBIN	POL	M60-69	4	M 9	00:16:17	00:33:37.80	6:43	8.9
10	GRZEBSKI JANUSZ	78	RAJSPOORT ACTIV	ZDUŃSKA WOLA	POL	M40-49	3	M 10	00:16:48	00:34:03.45	6:48	8.8
11	ZAPAŁA DANIEL	235	KIJOWE MORSY WROCLAW	MIRKÓW	POL	M30-39	1	M 11	00:16:43	00:34:05.05	6:49	8.8
12	RACŁAWSKI JAN	170	NIEZRZESZONY	SKARBIMIERZ OSIEDLE	POL	M60-69	5	M 12	00:17:27	00:35:05.35	7:01	8.6
13	MIKOŁAJCZAK JAN	134	KS METRACO POLKOWICE	LEGNICA	POL	M60-69	6	M 13	00:17:25	00:35:09.15	7:01	8.5
14	POLISZCZUK PIOTR	165		TORUŃ	POL	M50-59	4	M 14	00:17:22	00:35:11.35	7:02	8.5
15	SITKOWSKI KONRAD	184		DOBRZEŃ	POL	M30-39	2	M 15	00:17:25	00:35:20.50	7:04	8.5
16	PARTYKA TOMASZ	293	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	4	M 16	00:17:45	00:35:27.20	7:05	8.5
17	GIBAS SŁAWOMIR	71		ELBLĄG	POL	M30-39	3	M 17	00:17:36	00:35:30.70	7:06	8.4
18	RYBAŁTOWSKI PAWEŁ	178		OBORNIKI ŚLĄSKIE	POL	M70+	1	M 18	00:17:58	00:35:36.00	7:07	8.4
19	ŁADOŃSKI RYSZARD	116		WROCLAW	POL	M50-59	5	M 19	00:17:56	00:35:36.85	7:07	8.4
20	KOPIJ GRZEGORZ	97		WROCLAW	POL	M30-39	4	M 20	00:18:16	00:36:12.30	7:14	8.3
21	BEDNARZ KRZYSZTOF	16	SCB	WROCLAW	POL	M30-39	5	M 21	00:17:55	00:36:14.00	7:14	8.3
22	RUTKOWSKI DARIUSZ	177	AZS DSW	WROCLAW	POL	M40-49	5	M 22	00:17:41	00:36:18.80	7:15	8.3
23	KOPCZYŃSKI JAKUB	96	KRUSZYNA	JELCZ-LASKOWICE	POL	M19-29	1	M 23	00:17:46	00:36:22.25	7:16	8.2
24	WOJCIECHOWSKI SZYMON	225	KIJOWE MORSY WROCLAW	WROCLAW	POL	M19-29	2	M 24	00:17:49	00:36:27.80	7:17	8.2
25	ROMIANUK GRZEGORZ	301	KOLBUSZOWA	KOLBUSZOWA		M50-59	6	M 25	00:17:59	00:36:46.65	7:21	8.2
26	KLAPETURA WŁADISŁAW	306		KAMIEŃCIEC PODOLSKI		M19-29	3	M 26	00:18:05	00:36:54.45	7:22	8.1
27	MUCHA MACIEJ	139	NIEZRZESZONY	GÓRA	POL	M40-49	6	M 27	00:18:23	00:37:31.15	7:30	8
28	GIBKI ŁUKASZ	271	SANTANDER CONSUMER BANK	GROBLICE	POL	M30-39	6	M 28	00:18:45	00:37:45.15	7:33	7.9
29	MUCIEK PAWEŁ	142	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	7	M 29	00:18:28	00:37:47.95	7:33	7.9
30	ADAMOWICZ ANDRZEJ	2		ŁÓDŹ	POL	M70+	2	M 30	00:19:01	00:38:17.40	7:39	7.8
31	BIK PRZEMYSŁAW	21	KS METRACO POLKOWICE	LUBIN	POL	M11-14	1	M 31	00:19:30	00:38:29.45	7:41	7.8
32	PIĄTKOWSKI JÓZEF	159	KS METRACO POLKOWICE	POLKOWICE	POL	M70+	3	M 32	00:19:12	00:38:43.95	7:44	7.7
33	SZYMAŃSKI MIROSLAW	206	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	8	M 33	00:19:30	00:38:59.50	7:47	7.7
34	GÓRSKI HENRYK	256		OLEŚNICA	POL	M60-69	7	M 34	00:19:22	00:39:07.20	7:49	7.7
35	PAL ROBERT	153		WROCLAW	POL	M30-39	7	M 35	00:18:58	00:39:07.25	7:49	7.7
36	BERNASIEWICZ JÓZEF	17	AKADEMIA MARSZU NORDIC WALKING	ZŁOTORYJA	POL	M50-59	7	M 36	00:19:40	00:39:18.40	7:51	7.6
37	GOLENIA REINHOLD	72	NIEZRZESZONY	DOBRA	POL	M50-59	8	M 37	00:19:26	00:39:26.30	7:53	7.6
38	NAWELSKI KRZYSZTOF	143		WROCLAW	POL	M40-49	9	M 38	00:19:29	00:39:27.15	7:53	7.6
39	JAKUĆ KRZYSZTOF	85	SANTANDER CONSUMER BANK	STARKOWO	POL	M40-49	10	M 39	00:19:45	00:39:27.45	7:53	7.6
40	CZERWIŃSKI TOMASZ	46	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	11	M 40	00:20:06	00:39:31.90	7:54	7.6
41	BIELAWSKI ZDZISŁAW	20	AKADEMIAMARSZUNORDICWALKING	LWÓWEK ŚLĄSKI	POL	M60-69	8	M 41	00:19:29	00:39:53.10	7:58	7.5
42	SZCZYGIĘŁ ALEKSANDER	200	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	8	M 42	00:19:48	00:39:53.40	7:58	7.5
43	ADAMSKI TOMASZ	5		OPOLE	POL	M50-59	9	M 43	00:19:37	00:39:53.40	7:58	7.5
44	JAGODZIŃSKI ANDRZEJ	83		WROCLAW	POL	M50-59	10	M 44	00:19:37	00:39:58.95	7:59	7.5
45	REMISZEWSKI ADAM	259		OLEŚNICA	POL	M70+	4	M 45	00:19:38	00:39:59.00	7:59	7.5
46	KRUPCHENKO OLEKSANDR	104		WROCLAW	UKR	M40-49	12	M 46	00:20:42	00:40:29.45	8:05	7.4

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
47	KLEPACZ MARIUSZ	92		WROCLAW	POL	M40-49	13	M 47	00:20:57	00:40:30.95	8:06	7.4
48	POZNYSZ MICHAŁ	166	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	2	M 48	00:20:51	00:40:46.00	8:09	7.4
49	MĘDRAK JÓZEF	128		WROCLAW	POL	M60-69	9	M 49	00:20:14	00:40:52.05	8:10	7.3
50	WÓJCIK HENRYK	253	UTW OLEŚNICA	OLEŚNICA	POL	M70+	5	M 50	00:20:22	00:40:56.30	8:11	7.3
51	FIUK STAŚ	313		WROCLAW	POL	M11-14	3	M 51	00:20:12	00:41:32.45	8:18	7.2
52	ŁAMPIKA ANDRZEJ	117		SMOLEC	POL	M60-69	10	M 52	00:20:42	00:41:43.25	8:20	7.2
53	KULBAKA MICHAŁ	289	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	9	M 53	00:21:24	00:41:51.95	8:22	7.2
54	STADLER JAROSŁAW	192		WROCLAW	POL	M40-49	14	M 54	00:21:07	00:42:06.65	8:25	7.1
55	KOCHAN ROBERT	94		ŁÓDŹ	POL	M40-49	15	M 55	00:20:43	00:42:11.95	8:26	7.1
56	KSIĘŻYK DARIUSZ	108		RUDNIK WIELKI	POL	M40-49	16	M 56	00:21:20	00:42:20.30	8:28	7.1
57	DREISEITEL ANDRZEJ	57		WROCLAW	POL	M50-59	11	M 57	00:21:01	00:42:20.90	8:28	7.1
58	TURCZYŃ LUBOMIR	290		WROCLAW	POL	M70+	6	M 58	00:21:34	00:43:03.80	8:36	7
59	ZIÓŁKOWSKI JAN	242	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	4	M 59	00:22:00	00:43:06.70	8:37	7
60	MOCZARSKI ADAM	135		SOPOT	POL	M70+	7	M 60	00:21:55	00:45:22.55	9:04	6.6
61	FRĄTCZAK MAREK	67	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	10	M 61	00:22:31	00:45:51.85	9:10	6.5
62	SOBCZAK MICHAŁ	185	NAPÓR STARYCH GRZYBÓW	WROCLAW	POL	M30-39	11	M 62	00:22:31	00:45:52.55	9:10	6.5
63	ZAPAŁA JAN	236	KIJOWE MORSY WROCLAW	MIRKÓW	POL	M-OPEN	1	M 63	00:22:41	00:46:25.40	9:17	6.5
64	ADAMSKI DARIUSZ	6	SANTANDER CONSUMER BANK	WROCLAW	POL	M50-59	12	M 64	00:23:22	00:46:46.10	9:21	6.4
65	SZUMIŁO PIOTR	202		LEGNICA	POL	M40-49	17	M 65	00:23:13	00:46:55.15	9:23	6.4
66	SADOWY ROMAN	182	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	18	M 66	00:21:54	00:47:06.45	9:25	6.4
67	MANIAKOWSKA MAŁGORZATA	124	SANTANDER CONSUMER BANK	WROCLAW	POL	M15-18	1	M 67	00:21:47	00:47:46.90	9:33	6.3
68	KOCZENASZ MACIEJ	269	SANTANDER CONSUMER BANK	SZEWCE	POL	M30-39	12	M 68	00:24:38	00:49:08.05	9:49	6.1
69	BISKUPSKI GRZEGORZ	26		WROCLAW	POL	M19-29	4	M 69	00:24:32	00:49:26.75	9:53	6.1
70	OSETEK BARTOSZ	151		KIEŁCZÓW	POL	M19-29	5	M 70	00:24:33	00:49:27.10	9:53	6.1
71	SYPIOŁ ZYGMUNT	197	MARSZ PO ZDROWIE	ZŁOTNIKI	POL	M70+	8	M 71	00:25:15	00:51:23.00	10:16	5.8
72	WIDAWSKI ANDRZEJ	220		WROCLAW	POL	M40-49	19	M 72	00:26:15	00:52:24.05	10:28	5.7
73	WDOWIAK TADEUSZ	296	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	M60-69	11	M 73	00:25:58	00:52:30.35	10:30	5.7
74	BOROWSKI TOMASZ	31	SANTANDER CONSUMER BANK	WROCLAW	POL	M-OPEN	2	M 74	00:35:08	01:08:51.50	13:46	4.4
75	MORAWIEC BARTOSZ	137	SANTANDER CONSUMER BANK	WROCLAW	POL	M-OPEN	3	M 75	00:19:30		7:48	7.7
76	WARCHAŁOWSKI BRUNO	216		WROCLAW	POL	M-OPEN	4	M 76	00:21:57		8:46	6.8
77	SADOWSKI DOMINIK	181		WROCLAW	POL	M30-39	13	M 77	00:41:44		16:41	3.6
78	CZYŻ MICHAŁ	49		GAJKÓW	POL	M11-14	5	M 78	00:50:29		20:11	3
79	CZYŻ RAFAŁ	47		MIAKÓW	POL	M40-49	20	M 79	00:50:35		20:14	3
80	MADERA BOGDAN	122	RUNWALKRUN	ŚWIDNICA	POL	M50-59	13	M 80				
DQ	BADECKI RYSZARD	12	NIEZRZESZONY	NIESZCZYCE	POL	M50-59	DQ	DQ	00:16:35	DQ	-	-

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K11-14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	CHOŁODECKA MARTA	41		TRZEBNICA	POL	K11-14	1	K 8	00:18:24	00:37:18.05	7:27	8
2	ALEKSANDROWICZ MARIA	9	NORDIC WALKING WE WROCLAWIU	CHRZĄSTAWA WIELKA	POL	K11-14	2	K 20	00:19:46	00:39:00.20	7:48	7.7
3	FEDKO ALEKSANDRA	262	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	3	K 23	00:19:53	00:39:07.75	7:49	7.7
4	BOCHMAN AGATA	268	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	4	K 24	00:19:36	00:39:07.85	7:49	7.7
5	MARKOWSKA ALINA	275	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	5	K 25	00:19:43	00:39:11.50	7:50	7.7
6	PAWLUKIEWICZ LENA	263	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	6	K 34	00:19:53	00:39:40.35	7:56	7.6
7	MAJ AMELIA	258		WROCLAW	POL	K11-14	7	K 40	00:20:14	00:40:01.75	8:00	7.5
8	CZERWIŃSKA DOMINIKA	45	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	8	K 41	00:19:45	00:40:03.15	8:00	7.5
9	PARTYKA ANNA	292	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	9	K 66	00:20:46	00:41:54.80	8:23	7.2
10	RUTKOWSKA MONIKA	175	AZS DSW	WROCLAW	POL	K11-14	10	K 71	00:21:01	00:42:04.55	8:24	7.1
11	BANACH MAJA	274	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	11	K 75	00:20:29	00:42:20.10	8:28	7.1
12	ŁUKASZEWSKA OLGA	120		KATOWICE	POL	K11-14	12	K 113	00:22:53	00:46:29.90	9:18	6.5
13	FRĄTCZAK IGA	68	SANTANDER CONSUMER BANK	WROCLAW	RUS	K11-14	13	K 116	00:24:04	00:47:21.50	9:28	6.3
14	KRUPIŃSKA ANITA	295		WROCLAW	POL	K11-14	14	K 122	00:24:24	00:49:45.75	9:57	6
15	SZUREK OLGA	227		WROCLAW	POL	K11-14	15	K 123	00:24:25	00:49:46.40	9:57	6
16	BIŁYK ANNA	23	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K11-14	16	K 127	00:24:32	00:50:34.75	10:07	5.9

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K11-14 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
17	LENKIEWICZ AMELIA	276	SANTANDER CONSUMER BANK	WROCLAW	POL	K11-14	17	K 137	00:25:36	00:56:14.75	11:15	5.3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M11-14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	BIK PRZEMYSŁAW	21	KS METRACO POLKOWICE	LUBIN	POL	M11-14	1	M 31	00:19:30	00:38:29.45	7:41	7.8
2	POZNYSZ MICHAŁ	166	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	2	M 48	00:20:51	00:40:46.00	8:09	7.4
3	FIUK STAS	313		WROCLAW		M11-14	3	M 51	00:20:12	00:41:32.45	8:18	7.2
4	ZIÓLKOWSKI JAN	242	SANTANDER CONSUMER BANK	WROCLAW	POL	M11-14	4	M 59	00:22:00	00:43:06.70	8:37	7
5	CZYŻ MICHAŁ	49		GAJKÓW	POL	M11-14	5	M 78	00:50:29		20:11	3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K15-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WOJCIECHOWSKA ANNA	224	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K15-18	1	K 14	00:19:06	00:38:00.25	7:36	7.9
2	KLEPACZ NATALIA	284	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	2	K 28	00:19:59	00:39:14.30	7:50	7.6
3	MUCIEK KAROLINA	141	SANTANDER CONSUMER BANK	WROCLAW	POL	K15-18	3	K 31	00:19:43	00:39:27.50	7:53	7.6
4	FIUK BASIA	312		WROCLAW		K15-18	4	K 36	00:19:49	00:39:46.30	7:57	7.5
5	WOŹNIAKIEWICZ JULIA	230	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	5	K 43	00:19:59	00:40:10.15	8:02	7.5
6	FLAM KATARZYNA	250	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	6	K 78	00:21:03	00:42:39.40	8:32	7
7	KUDLIŃSKA WIKTORIA	109	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	7	K 90	00:21:48	00:43:50.50	8:46	6.8
8	JURCZAK DOMINIKA	88	LICEUM OGÓLNOKSZTAŁCĄCE NR XV WE WROCLAWIU	WROCLAW	POL	K15-18	8	K 91	00:21:49	00:43:52.35	8:46	6.8

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M15-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	MANIAKOWSKA MAŁGORZATA	124	SANTANDER CONSUMER BANK	WROCLAW	POL	M15-18	1	M 67	00:21:47	00:47:46.90	9:33	6.3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K19-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	PISAREK KAMILA	161	KIJOWE MORSY WROCLAW	WROCLAW	POL	K19-29	1	K 10	00:18:36	00:37:29.75	7:30	8
2	WNĘTRZAK ANETA	222		WROCLAW		K19-29	2	K 33	00:20:00	00:39:39.25	7:55	7.6
3	BIELAWSKA NATALIA	299	SANTANDER CONSUMER BANK	WROCLAW		K19-29	3	K 47	00:20:00	00:40:25.30	8:05	7.4
4	WYSOCKA MAGDALENA	233		PLESZEW	POL	K19-29	4	K 55	00:20:12	00:41:03.30	8:12	7.3
5	GLAZER NATALIA	314		WROCLAW		K19-29	5	K 69	00:21:54	00:42:00.65	8:24	7.1
6	DĄBROWA KAROLINA	50		WROCLAW	POL	K19-29	6	K 72	00:20:51	00:42:08.65	8:25	7.1
7	KŁOSAK ŻANETA	307	SANTANDER CONSUMER BANK	WROCLAW		K19-29	7	K 74	00:20:54	00:42:18.05	8:27	7.1
8	SZUMIŁO KLARA	201		LEGNICA	POL	K19-29	8	K 95	00:22:25	00:44:21.55	8:52	6.8
9	MICHALAK ANETA	130		KIEŁCZÓW	POL	K19-29	9	K 118	00:23:49	00:48:30.15	9:42	6.2
10	BISKUPSKA AGNIESZKA	25		WROCLAW	POL	K19-29	10	K 119	00:23:51	00:48:30.45	9:42	6.2
11	KAMPA ADRIANNA	160		WROCLAW	POL	K19-29	11	K 132	00:26:18	00:52:33.70	10:30	5.7
12	SOWIŃSKA ANNA	186		WROCLAW	POL	K19-29	12	K 133	00:26:19	00:52:35.05	10:31	5.7
13	BIŁYK KLAUDIA	298	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K19-29	13	K 136	00:26:47	00:54:22.95	10:52	5.5

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M19-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	KOPCZYŃSKI JAKUB	96	KRUSZYNA	JELCZ-LASKOWICE	POL	M19-29	1	M 23	00:17:46	00:36:22.25	7:16	8.2
2	WOJCIECHOWSKI SZYMON	225	KIJOWE MORSY WROCLAW	WROCLAW	POL	M19-29	2	M 24	00:17:49	00:36:27.80	7:17	8.2
3	KLAPETURA WLADISLAW	306		KAMIENIEC PODOLSKI		M19-29	3	M 26	00:18:05	00:36:54.45	7:22	8.1
4	BISKUPSKI GRZEGORZ	26		WROCLAW	POL	M19-29	4	M 69	00:24:32	00:49:26.75	9:53	6.1
5	OSETEK BARTOSZ	151		KIELCZÓW	POL	M19-29	5	M 70	00:24:33	00:49:27.10	9:53	6.1

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	SULIKOWSKA AGNIESZKA	196		SIERADZ	POL	K30-39	1	K 3	00:17:24	00:35:13.90	7:02	8.5
2	DEBSKA MAŁGORZATA	51	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	2	K 26	00:19:44	00:39:12.55	7:50	7.7
3	NOWACZYK LIDIA	144	PLESZEWSKIE WLÓCZYKIJE	PLESZEW	POL	K30-39	3	K 27	00:19:34	00:39:13.05	7:50	7.6
4	NOWAK MAŁGORZATA	145	SANTANDER CONSUMER BANK	SMOLEC	POL	K30-39	4	K 29	00:19:38	00:39:24.10	7:52	7.6
5	GRABNA JOANNA	75		RADOMSKO	POL	K30-39	5	K 32	00:19:45	00:39:28.20	7:53	7.6
6	LENDOR ŻANETA	251		OLEŚNICA	POL	K30-39	6	K 45	00:19:58	00:40:14.70	8:03	7.5
7	SZCZEPANIAK JUSTYNA	199	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	7	K 49	00:20:05	00:40:33.85	8:06	7.4
8	FEDKO MAŁGORZATA	261	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	8	K 50	00:20:08	00:40:43.75	8:08	7.4
9	PAPIERNIK JUSTYNA	154		OLEŚNICA	POL	K30-39	9	K 51	00:20:06	00:40:44.25	8:08	7.4
10	KOWALCZYK MAGDALENA	100		SIECHNICE	POL	K30-39	10	K 52	00:20:26	00:40:46.10	8:09	7.4
11	TURONEK-PRZYBYSZ ROBERTA	209		WROCLAW	POL	K30-39	11	K 60	00:20:33	00:41:25.25	8:17	7.2
12	WARPAS BARBARA	218	SANTANDER CONSUMER BANK	SIECHNICE	POL	K30-39	12	K 64	00:20:30	00:41:42.90	8:20	7.2
13	ŁUKASIEWICZ BARBARA	119	TRENUJE Z NAMI	WROCLAW	POL	K30-39	13	K 68	00:20:53	00:41:58.75	8:23	7.1
14	ORZECH AGNIESZKA	149	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	14	K 79	00:21:23	00:42:43.15	8:32	7
15	FIGIEL ANNA	63		ZAMOŚĆ	POL	K30-39	15	K 84	00:20:41	00:43:05.60	8:37	7
16	RZEPKA AGNIESZKA	179		WROCLAW	POL	K30-39	16	K 88	00:22:00	00:43:34.65	8:43	6.9
17	KWACH MAŁGORZATA	311	SANTANDER CONSUMER BANK	WROCLAW		K30-39	17	K 92	00:22:07	00:44:02.55	8:48	6.8
18	BOJKO-JARNICKA AGNIESZKA	264		WROCLAW	POL	K30-39	18	K 94	00:21:48	00:44:15.70	8:51	6.8
19	SEKUŁA KAMILA	183	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	19	K 96	00:19:58	00:44:24.00	8:52	6.8
20	ZAWIEJA ALICJA	238		WROCLAW	POL	K30-39	20	K 97	00:21:50	00:44:27.95	8:53	6.7
21	PLUTA KATARZYNA	162	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	21	K 107	00:22:16	00:45:40.65	9:08	6.6
22	KOCZENASZ EWA	270	SANTANDER CONSUMER BANK	SZEWCZE	POL	K30-39	22	K 124	00:24:22	00:49:56.45	9:59	6
23	GAPIŃSKA GABRIELA	69	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	23	K 125	00:24:23	00:49:57.55	9:59	6
24	FILIPEK AGNIESZKA	66	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	24	K 128	00:25:10	00:50:55.15	10:11	5.9
25	ZAŃ JOLANTA	234	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	25	K 141	00:35:00	01:08:48.60	13:45	4.4
26	BOROWSKA MARTA	30	SANTANDER CONSUMER BANK	WROCLAW	POL	K30-39	26	K 142	00:35:00	01:08:51.35	13:46	4.4
27	ŻUK GRAŻYNA	249		ZAMOŚĆ	POL	K30-39	27	K 143	00:46:32	01:10:09.30	14:01	4.3
28	OCHEJ-SADOWSKA ORIANA	147		WROCLAW	POL	K30-39	28	K 145	00:41:45		16:42	3.6
DQ	CHOJNOWSKA MONIKA	40		ROGÓW	POL	K30-39	DQ	DQ	00:19:01	DQ	-	-

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	ZAPAŁA DANIEL	235	KIJOWE MORSY WROCLAW	MIRKÓW	POL	M30-39	1	M 11	00:16:43	00:34:05.05	6:49	8.8
2	SITKOWSKI KONRAD	184		DOBRZEŃ	POL	M30-39	2	M 15	00:17:25	00:35:20.50	7:04	8.5
3	GIBAS SŁAWOMIR	71		ELBLĄG	POL	M30-39	3	M 17	00:17:36	00:35:30.70	7:06	8.4
4	KOPIJ GRZEGORZ	97		WROCLAW	POL	M30-39	4	M 20	00:18:16	00:36:12.30	7:14	8.3
5	BEDNARZ KRZYSZTOF	16	SCB	WROCLAW	POL	M30-39	5	M 21	00:17:55	00:36:14.00	7:14	8.3
6	GIBKI ŁUKASZ	271	SANTANDER CONSUMER BANK	GROBLICE	POL	M30-39	6	M 28	00:18:45	00:37:45.15	7:33	7.9
7	PAL ROBERT	153		WROCLAW	POL	M30-39	7	M 35	00:18:58	00:39:07.25	7:49	7.7
8	SZCZYGIEL ALEKSANDER	200	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	8	M 42	00:19:48	00:39:53.40	7:58	7.5
9	KULBAKA MICHAŁ	289	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	9	M 53	00:21:24	00:41:51.95	8:22	7.2
10	FRĄTCZAK MAREK	67	SANTANDER CONSUMER BANK	WROCLAW	POL	M30-39	10	M 61	00:22:31	00:45:51.85	9:10	6.5
11	SOBCZAK MICHAŁ	185	NAPÓR STARYCH GRZYBÓW	WROCLAW	POL	M30-39	11	M 62	00:22:31	00:45:52.55	9:10	6.5

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
12	KOCZENASZ MACIEJ	269	SANTANDER CONSUMER BANK	SZEWCE	POL	M30-39	12	M 68	00:24:38	00:49:08.05	9:49	6.1
13	SADOWSKI DOMINIK	181		WROCLAW	POL	M30-39	13	M 77	00:41:44		16:41	3.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	SPYCHAŁA MARZENA	187	WESOŁY BORSUK TEAM	BIAŁA	POL	K40-49	1	K 1	00:16:36	00:33:24.15	6:40	9
2	FEDECZKO EDYTA	62		TRZEBNICA	POL	K40-49	2	K 4	00:17:25	00:35:38.95	7:07	8.4
3	CIEŚLIKIEWICZ URSZULA	42		RACIBÓRZ	POL	K40-49	3	K 5	00:18:11	00:36:08.20	7:13	8.3
4	DROZD MARIA	58	NORDIC WALKING KRUSZYNA	KRUSZYNA	POL	K40-49	4	K 7	00:18:16	00:36:49.85	7:22	8.1
5	MATYJA ANNA	127		ŚREM	POL	K40-49	5	K 12	00:18:35	00:37:47.85	7:33	7.9
6	WOJCIECHOWSKA KATARZYNA	223	PLESZEWSKIE WŁÓCZYKIJE	PLESZEW	POL	K40-49	6	K 13	00:18:44	00:37:50.70	7:34	7.9
7	SZCZEGIELNIAK JOANNA	198		WROCLAW	POL	K40-49	7	K 15	00:19:05	00:38:06.25	7:37	7.9
8	AGARWAL RITU	7		KAMIENIEC WROCLAWSKI	POL	K40-49	8	K 16	00:18:55	00:38:06.80	7:37	7.9
9	DOMATOWICZ DOROTA	55		PRUSZOWICE	POL	K40-49	9	K 18	00:19:23	00:38:41.55	7:44	7.8
10	WALULIK ANETA	214	NORDIC WALKING WE WROCLAWIU	WROCLAW	POL	K40-49	10	K 19	00:19:16	00:38:56.40	7:47	7.7
11	DZIERZEGA EWA	61		WODZISLAW ŚLĄSKI	POL	K40-49	11	K 21	00:19:35	00:39:01.00	7:48	7.7
12	KOSICKA BEATA	98	NORDIC WALKING KIEKRZ	ROKIETNICA	POL	K40-49	12	K 35	00:20:05	00:39:42.05	7:56	7.6
13	MORAWIEC ANNA	136	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	13	K 37	00:20:05	00:39:48.15	7:57	7.5
14	RUTKOWSKA MAŁGORZATA	176	AZS DSW	WROCLAW	POL	K40-49	14	K 38	00:20:04	00:39:49.05	7:57	7.5
15	MAJERCZYK-GODLEWSKA JADWIGA	123		WIAZÓW	POL	K40-49	15	K 44	00:19:57	00:40:12.60	8:02	7.5
16	WARGOCKA AGNIESZKA	217		WROCLAW	POL	K40-49	16	K 56	00:20:48	00:41:06.85	8:13	7.3
17	MUCHA HONORATA	140	NIEZRZESZONA	GÓRA	POL	K40-49	17	K 58	00:20:39	00:41:14.60	8:15	7.3
18	ADAMSKA IWONA	4		WROCLAW	POL	K40-49	18	K 59	00:21:00	00:41:16.50	8:15	7.3
19	BARTUSIK-URBAN JADWIGA	15	SANTANDER CONSUMER BANK	ZACHARZYCE	POL	K40-49	19	K 62	00:20:32	00:41:28.15	8:17	7.2
20	KNOPEK HANNA	93		TURZA ŚLĄSKA	POL	K40-49	20	K 65	00:20:46	00:41:48.50	8:21	7.2
21	KUREK MONIKA	110		WROCLAW	POL	K40-49	21	K 70	00:21:57	00:42:02.70	8:24	7.1
22	PRZYBYLSKA-JÓZEFIAK BEATA	168		WROCLAW	POL	K40-49	22	K 73	00:21:03	00:42:09.35	8:25	7.1
23	NOWAK DANUTA	146	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	23	K 76	00:21:36	00:42:34.35	8:31	7
24	CZERWIŃSKA MAŁGORZATA	44	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	24	K 80	00:21:37	00:42:44.75	8:33	7
25	ŻAKIEWICZ MARTA	248	PARTNERZY-UNIWERSYTET MEDYCZNY WROCLAW	WROCLAW	POL	K40-49	25	K 85	00:21:50	00:43:07.15	8:37	7
26	KLEPACZ BEATA	283	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	26	K 87	00:21:47	00:43:23.65	8:40	6.9
27	KOWALSKA-MAZUR IWONA	101		MALCZYCE	POL	K40-49	27	K 89	00:22:12	00:43:47.10	8:45	6.8
28	PRĘGOWSKA ILONA	167		WROCLAW	POL	K40-49	28	K 100	00:22:53	00:45:03.40	9:00	6.7
29	KSIĘŻYK AGNIESZKA	107		RUDNIK WIELKI	POL	K40-49	29	K 104	00:22:34	00:45:30.10	9:06	6.6
30	MARCISZEWSKA MAŁGORZATA	125		TRZEBNICA	POL	K40-49	30	K 106	00:23:18	00:45:36.90	9:07	6.6
31	KRÓLAK ILONA	103		WROCLAW	POL	K40-49	31	K 108	00:22:33	00:45:41.25	9:08	6.6
32	STENCEL BARBARA	305		BOGUSZÓW-GORCE	POL	K40-49	32	K 110	00:23:32	00:46:10.15	9:14	6.5
33	CEGIELSKA EWA	39		WROCLAW	POL	K40-49	33	K 111	00:22:52	00:46:15.85	9:15	6.5
34	WOJCIECHOWSKA SYLWIA	309		NADOLICE WIELKIE		K40-49	34	K 112	00:23:26	00:46:24.80	9:17	6.5
35	OLEJCZYK RENATA	148		ZATOR	POL	K40-49	35	K 121	00:24:29	00:49:09.75	9:50	6.1
36	ZIEMLAŃSKA-RZEPKA AGNIESZKA	310		WROCLAW		K40-49	36	K 130	00:26:17	00:52:14.65	10:27	5.7
37	BIŁYK BARBARA	24	SANTANDER CONSUMER BANK	NOWA JABLONA	POL	K40-49	37	K 131	00:26:00	00:52:24.75	10:29	5.7
38	JAROSZ-NOWAK JOANNA	86		WROCLAW	POL	K40-49	38	K 139	00:29:11	00:58:20.30	11:40	5.1
39	PĘDZICH MAŁGORZATA	158	SANTANDER CONSUMER BANK	WROCLAW	POL	K40-49	39	K 140	00:35:05	01:08:45.90	13:45	4.4
40	HORNOSTAJ RENATA	80		WROCLAW	POL	K40-49	40	K 144	00:21:24		8:33	7
41	CZYŻ NATALIA	48		GAJKÓW	POL	K40-49	41	K 147	00:50:35		20:14	3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	KRYŚ ARTUR	106	KS METRACO POLKOWICE	WAŁBRZYCH	POL	M40-49	1	M 4	00:15:44	00:31:53.25	6:22	9.4
2	ROSADZIŃSKI SŁAWOMIR	173		LESZNO	POL	M40-49	2	M 8	00:16:39	00:33:36.35	6:43	8.9
3	GRZEBSKI JANUSZ	78	RAJSPORT ACTIV	ZDUŃSKA WOLA	POL	M40-49	3	M 10	00:16:48	00:34:03.45	6:48	8.8

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
4	PARTYKA TOMASZ	293	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	4	M 16	00:17:45	00:35:27.20	7:05	8.5
5	RUTKOWSKI DARIUSZ	177	AZS DSW	WROCLAW	POL	M40-49	5	M 22	00:17:41	00:36:18.80	7:15	8.3
6	MUCHA MACIEJ	139	NIEZRZESZONY	GORA	POL	M40-49	6	M 27	00:18:23	00:37:31.15	7:30	8
7	MUCIEK PAWEŁ	142	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	7	M 29	00:18:28	00:37:47.95	7:33	7.9
8	SZYMAŃSKI MIROSLAW	206	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	8	M 33	00:19:30	00:38:59.50	7:47	7.7
9	NAWELSKI KRZYSZTOF	143		WROCLAW	POL	M40-49	9	M 38	00:19:29	00:39:27.15	7:53	7.6
10	JAKUĆ KRZYSZTOF	85	SANTANDER CONSUMER BANK	STARKOWO	POL	M40-49	10	M 39	00:19:45	00:39:27.45	7:53	7.6
11	CZERWIŃSKI TOMASZ	46	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	11	M 40	00:20:06	00:39:31.90	7:54	7.6
12	KRUPCHENKO OLEKSANDR	104		WROCLAW	UKR	M40-49	12	M 46	00:20:42	00:40:29.45	8:05	7.4
13	KLEPACZ MARIUSZ	92		WROCLAW	POL	M40-49	13	M 47	00:20:57	00:40:30.95	8:06	7.4
14	STADLER JAROSŁAW	192		WROCLAW	POL	M40-49	14	M 54	00:21:07	00:42:06.65	8:25	7.1
15	KOCHAN ROBERT	94		LÓDŹ	POL	M40-49	15	M 55	00:20:43	00:42:11.95	8:26	7.1
16	KSIĘŻYK DARIUSZ	108		RUDNIK WIELKI	POL	M40-49	16	M 56	00:21:20	00:42:20.30	8:28	7.1
17	SZUMIŁO PIOTR	202		LEGNICA	POL	M40-49	17	M 65	00:23:13	00:46:55.15	9:23	6.4
18	SADOWY ROMAN	182	SANTANDER CONSUMER BANK	WROCLAW	POL	M40-49	18	M 66	00:21:54	00:47:06.45	9:25	6.4
19	WIDAWSKI ANDRZEJ	220		WROCLAW	POL	M40-49	19	M 72	00:26:15	00:52:24.05	10:28	5.7
20	CZYŻ RAFAŁ	47		MILKÓW	POL	M40-49	20	M 79	00:50:35		20:14	3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	PARTYKA TERESA	155	WESOŁY BORSUK TEAM	BRZEG	POL	K50-59	1	K 2	00:16:37	00:33:32.50	6:42	8.9
2	DOBROWOLSKA-ŚWIĄTEK ELŻBIETA	53		KAMIENIEC WROCLAWSKI	POL	K50-59	2	K 11	00:18:45	00:37:43.75	7:32	8
3	PUZICHOWSKA MAŁGORZATA	169		JELCZ-LASKOWICE	POL	K50-59	3	K 17	00:19:01	00:38:18.75	7:39	7.8
4	KUBICKA BARBARA	260		WROCLAW	POL	K50-59	4	K 39	00:20:12	00:40:01.20	8:00	7.5
5	BORUCH JOANNA	32	NIEZRZESZONA	SKARBIMIERZ OSIEDLE	POL	K50-59	5	K 46	00:19:51	00:40:15.30	8:03	7.5
6	GAŚIOREK DANUTA	70	AKTYWNY WAŁBRZYCH	WAŁBRZYCH	POL	K50-59	6	K 48	00:20:20	00:40:28.65	8:05	7.4
7	HERMAN EWA	297		WROCLAW	POL	K50-59	7	K 53	00:20:32	00:40:57.30	8:11	7.3
8	GOLENIA IRMGARDA	73	NIEZRZESZONA	DOBRA	POL	K50-59	8	K 54	00:20:32	00:41:00.20	8:12	7.3
9	ŁADOŃSKA EWA	115		WROCLAW	POL	K50-59	9	K 57	00:20:36	00:41:12.85	8:14	7.3
10	ROMIANIUK KRYSZYNA	300	KOLBUSZOWA	KOLBUSZOWA	POL	K50-59	10	K 63	00:20:44	00:41:41.30	8:20	7.2
11	ANDRZEJEWSKA BOGUSŁAWA	10	MARSZ PO ZDROWIE	CZEMPIŃ	POL	K50-59	11	K 77	00:21:14	00:42:37.30	8:31	7
12	JAKUBOWSKA OLGA	84		WROCLAW	POL	K50-59	12	K 93	00:22:02	00:44:07.25	8:49	6.8
13	JAGODZIŃSKA BOŻENA	82		WROCLAW	POL	K50-59	13	K 102	00:23:02	00:45:13.85	9:02	6.6
14	CEBRYŃ KATARZYNA	38	KIJOWE MORSY WROCLAW	WROCLAW	POL	K50-59	14	K 103	00:22:34	00:45:27.90	9:05	6.6
15	KWIECIEŃ ELŻBIETA	111	RIGHT WAY	WROCLAW	POL	K50-59	15	K 109	00:23:02	00:45:41.85	9:08	6.6
16	PANTERA RENATA	303		WROCLAW	POL	K50-59	16	K 114	00:22:48	00:46:36.10	9:19	6.4
17	BIELAWSKA DOROTA	19	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	17	K 115	00:22:49	00:46:36.65	9:19	6.4
18	NUCKOWSKA ALEKSANDRA	180	PRZYJACIELE UNIwersYTET MEDYCZNY	WROCLAW	POL	K50-59	18	K 120	00:24:23	00:49:06.75	9:49	6.1
19	DMYTERKO DOROTA	52		WROCLAW	POL	K50-59	19	K 129	00:26:00	00:51:25.40	10:17	5.8
20	ŁUKOJKO EWA	254		WROCLAW	POL	K50-59	20	K 134	00:26:30	00:53:04.15	10:36	5.7
21	DUDEK-TARNOWSKA IWONA	59	SANTANDER CONSUMER BANK	WROCLAW	POL	K50-59	21	K 135	00:26:55	00:53:47.85	10:45	5.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WOROCZ ROMAN	228	KS METRACO POLKOWICE	DOPIEWO	POL	M50-59	1	M 1	00:15:08	00:30:40.05	6:08	9.8
2	ROŻYNEK MIRON	174		WROCLAW	POL	M50-59	2	M 2	00:15:25	00:31:14.25	6:14	9.6
3	ANDRZEJEWSKI MIECZYSLAW	11	MARSZ PO ZDROWIE	CZEMPIŃ	POL	M50-59	3	M 6	00:15:49	00:32:30.50	6:30	9.2
4	POLISZCZUK PIOTR	165		TORUŃ	POL	M50-59	4	M 14	00:17:22	00:35:11.35	7:02	8.5
5	ŁADOŃSKI RYSZARD	116		WROCLAW	POL	M50-59	5	M 19	00:17:56	00:35:36.85	7:07	8.4
6	ROMIANIUK GRZEGORZ	301	KOLBUSZOWA	KOLBUSZOWA	POL	M50-59	6	M 25	00:17:59	00:36:46.65	7:21	8.2
7	BERNASIEWICZ JÓZEF	17	AKADEMIA MARSZU NORDIC WALKING	ZŁOTORYJA	POL	M50-59	7	M 36	00:19:40	00:39:18.40	7:51	7.6
8	GOLENIA REINHOLD	72	NIEZRZESZONY	DOBRA	POL	M50-59	8	M 37	00:19:26	00:39:26.30	7:53	7.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M50-59 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
9	ADAMSKI TOMASZ	5		OPOLE	POL	M50-59	9	M 43	00:19:37	00:39:53.40	7:58	7.5
10	JAGODZIŃSKI ANDRZEJ	83		WROCLAW	POL	M50-59	10	M 44	00:19:37	00:39:58.95	7:59	7.5
11	DREISEITEL ANDRZEJ	57		WROCLAW	POL	M50-59	11	M 57	00:21:01	00:42:20.90	8:28	7.1
12	ADAMSKI DARIUSZ	6	SANTANDER CONSUMER BANK	WROCLAW	POL	M50-59	12	M 64	00:23:22	00:46:46.10	9:21	6.4
13	MADERA BOGDAN	122	RUNWALKRUN	ŚWIDNICA	POL	M50-59	13	M 80				
DQ	BADECKI RYSZARD	12	NIEZRZESZONY	NIESZCZYCE	POL	M50-59	DQ	DQ	00:16:35	DQ	-	-
									DQ			

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WARCZALSKA TERESA	215	STADION ŚLĄSKI	KATOWICE	POL	K60-69	1	K 6	00:18:10	00:36:35.25	7:19	8.2
2	GRZYWOCZ IRENA	79	PROFIT SPORT TEAM	MOSINA	POL	K60-69	2	K 9	00:18:30	00:37:26.40	7:29	8
3	ADAMSKA DANUTA	3		OPOLE	POL	K60-69	3	K 22	00:19:04	00:39:01.55	7:48	7.7
4	WITKOWSKA ELŻBIETA	221	RIGHT WAY	WROCLAW	POL	K60-69	4	K 42	00:19:43	00:40:06.45	8:01	7.5
5	ARTYMICZ MARIA	291		WROCLAW	POL	K60-69	5	K 61	00:20:18	00:41:25.55	8:17	7.2
6	JASZCZ ALINA	87	RIGHT WAY	WROCLAW	POL	K60-69	6	K 67	00:20:17	00:41:55.95	8:23	7.2
7	KULBAKA GRAŻYNA	288	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	7	K 82	00:21:40	00:42:55.45	8:35	7
8	ADAMIN GRAŻYNA	1	KALISKA GRUPA ROWEROWA G7	KALISZ	POL	K60-69	8	K 83	00:21:44	00:42:57.00	8:35	7
9	DYBALSKA TERESA	60	SANTANDER CONSUMER BANK	WROCLAW	POL	K60-69	9	K 86	00:21:39	00:43:20.25	8:40	6.9
10	KAWECKA-JANIK ELŻBIETA	304		WROCLAW		K60-69	10	K 98	00:22:05	00:44:42.00	8:56	6.7
11	ŻAK TERESA	245		WROCLAW	POL	K60-69	11	K 101	00:22:21	00:45:05.40	9:01	6.7
12	WDOWIAK DANUTA	255	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	K60-69	12	K 117	00:23:25	00:47:27.30	9:29	6.3
13	PATORA-ŁAMPIKA ALEKSANDRA	156		SMOLEC	POL	K60-69	13	K 126	00:25:10	00:50:19.65	10:03	6
14	GONET-OCHEJ ELŻBIETA	74		MIAKÓW	POL	K60-69	14	K 146	00:44:32		17:48	3.4

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	MIELCAREK LESZEK	132	NIEZRZESZONY	BYTOM	POL	M60-69	1	M 3	00:15:48	00:31:52.30	6:22	9.4
2	MATECKI RYSZARD	126		KUDOWA ZDRÓJ	POL	M60-69	2	M 5	00:15:47	00:31:55.65	6:23	9.4
3	TOMCZYK EDWARD	257	MARSZ PO ZDROWIE	POZNAŃ	POL	M60-69	3	M 7	00:16:14	00:32:58.20	6:35	9.1
4	GRYGOROWICZ BOGDAN	77	KS METRACO POLKOWICE	LUBIN	POL	M60-69	4	M 9	00:16:17	00:33:37.80	6:43	8.9
5	RACŁAWSKI JAN	170	NIEZRZESZONY	SKARBIMIERZ OSIEDLE	POL	M60-69	5	M 12	00:17:27	00:35:05.35	7:01	8.6
6	MIKOŁAJCZAK JAN	134	KS METRACO POLKOWICE	LEGNICA	POL	M60-69	6	M 13	00:17:25	00:35:09.15	7:01	8.5
7	GÓRSKI HENRYK	256		OLEŚNICA	POL	M60-69	7	M 34	00:19:22	00:39:07.20	7:49	7.7
8	BIELAWSKI ZDZISŁAW	20	AKADEMIAMARSZUNORDICWALKING	LWÓWEK ŚLĄSKI	POL	M60-69	8	M 41	00:19:29	00:39:53.10	7:58	7.5
9	MĘDRAK JÓZEF	128		WROCLAW	POL	M60-69	9	M 49	00:20:14	00:40:52.05	8:10	7.3
10	ŁAMPIKA ANDRZEJ	117		SMOLEC	POL	M60-69	10	M 52	00:20:42	00:41:43.25	8:20	7.2
11	WDOWIAK TADEUSZ	296	ŚCINAWSKA GRUPA NORDIC WALKING	ŚCINAWA	POL	M60-69	11	M 73	00:25:58	00:52:30.35	10:30	5.7

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, K70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	WORONKO-ZACZYŃSKA JANINA	229	KS METRACO POLKOWICE	LUBIN	POL	K70+	1	K 30	00:19:40	00:39:26.20	7:53	7.6
2	WÓJCIK IRENA	252	UTW OLEŚNICA	OLEŚNICA	POL	K70+	2	K 81	00:21:23	00:42:52.30	8:34	7
3	WLAZŁO ELŻBIETA	302		KOLBUSZOWA		K70+	3	K 99	00:21:43	00:44:53.50	8:58	6.7
4	DOROSZ ANTONINA	56		ROŚCISŁAWICE	POL	K70+	4	K 138	00:25:29	00:58:07.95	11:37	5.2

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM, M70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1	RYBAŁTOWSKI PAWEŁ	178		OBORNIKI ŚLĄSKIE	POL	M70+	1	M 18	00:17:58	00:35:36.00	7:07	8.4
2	ADAMOWICZ ANDRZEJ	2		ŁÓDŹ	POL	M70+	2	M 30	00:19:01	00:38:17.40	7:39	7.8
3	PIĄTKOWSKI JÓZEF	159	KS METRACO POLKOWICE	POLKOWICE	POL	M70+	3	M 32	00:19:12	00:38:43.95	7:44	7.7
4	REMISZEWSKI ADAM	259		OLEŚNICA	POL	M70+	4	M 45	00:19:38	00:39:59.00	7:59	7.5
5	WÓJCIK HENRYK	253	UTW OLEŚNICA	OLEŚNICA	POL	M70+	5	M 50	00:20:22	00:40:56.30	8:11	7.3
6	TURCZYN LUBOMIR	290		WROCLAW	POL	M70+	6	M 58	00:21:34	00:43:03.80	8:36	7
7	MOCZARSKI ADAM	135		SOPOT	POL	M70+	7	M 60	00:21:55	00:45:22.55	9:04	6.6
8	SYPIOŁ ZYGMUNT	197	MARSZ PO ZDROWIE	ZŁOTNIKI	POL	M70+	8	M 71	00:25:15	00:51:23.00	10:16	5.8

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 5 KM,

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	min/km	km/h
1		294					1		00:22:38	00:44:58.55	8:59	6.7