

IX ZIMOWY MARATON BIESZCZADZKI 2023 - 20KM

Organizator: Fundacja Bieg Rzeźnika
 Data: 2023-01-28
 Miejsce: Cisna
 Dystans: 20 km
 Klasyfikacja wg czasów brutto.


IX ZIMOWY MARATON BIESZCZADZKI 2023 - 20KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	Netto	Brutto	min/km	km/h
1	JACHYMIAK ROBERT	2191	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI		POL	M40	1	M 1	00:45:24	01:36:49.30	01:36:49.30	4:12	14.3
2	SIKOŃCZYK MIŁOSZ	2202	ALPIN SPORT TEAM		POL	M30	1	M 2	00:46:29	01:37:53.85	01:37:53.85	4:15	14.1
3	KNAPIK SEBASTIAN	2086	BUTYJANA.PL		POL	M30	2	M 3	00:46:04	01:38:08.10	01:38:08.10	4:16	14.1
4	TRACZ ŁUKASZ	2164	TRENINGFIZJO/AQUAREH/RMT		POL	M30	3	M 4		01:38:57.50	01:38:57.50	4:18	13.9
5	DUDEK KAMIL	2001			POL	M20	1	M 5		01:40:10.20	01:40:10.20	4:21	13.8
6	CIOCH CEZARY	2206	KALLIPSO RUNNERS TEAM		POL	M40	2	M 6		01:41:06.50	01:41:06.50	4:23	13.6
7	SKÓRA TOMEK	2097	GRUPA BIEGACZY SKÓRZEC BIEGA		POL	M40	3	M 7	00:46:54	01:42:06.50	01:42:06.50	4:26	13.5
8	GURGUL SEBASTIAN	2126	AROMAT NÓG		POL	M40	4	M 8		01:46:05.50	01:46:05.50	4:36	13
9	BODANKA PIOTR	2193	APAMA ACOUSTIC PROJECT		POL	M40	5	M 9	00:49:34	01:46:51.10	01:46:51.10	4:38	12.9
10	KARUŚ WALDEMAR	2154	14 DAS JAROSŁAW IM. GEN.BRYG. WACŁAWA WIECZORKIEWICZA		POL	M50	1	M 10	00:48:57	01:47:47.05	01:47:47.05	4:41	12.8
11	HEJNAR JAKUB	2105			POL	M40	6	M 11	00:50:22	01:51:18.90	01:51:18.90	4:50	12.4
12	WASKO PAWEŁ	2019	CENTRUM MASAŻU		POL	M50	2	M 12	00:50:00	01:51:55.45	01:51:55.45	4:51	12.3
13	BEDNARZ JAKUB	2149	MAGAZYN NA SZCZYCIE		POL	M40	7	M 13	00:49:17	01:52:03.60	01:52:03.60	4:52	12.3
14	BOCHENEK MAGDALENA	2115	G.O.A.T. TEAM MICHAŁOWICE		POL	K30	1	K 1	00:50:51	01:52:13.15	01:52:13.15	4:52	12.3
15	WRÓBEL KAMIL	2002			POL	M30	4	M 14	00:51:01	01:53:37.60	01:53:37.60	4:56	12.1
16	MAGIERA JANUSZ	2163	FORMA WODZIŚLAW ŚLĄSKI		POL	M60	1	M 15	00:54:02	01:54:17.15	01:54:17.15	4:58	12.1
17	WETHACZ DARIUSZ	2156	TEAM ULTRABIES / ON RUNNING POLSKA		POL	M30	5	M 16	01:54:51.20	01:54:51.20	01:54:51.20	4:59	12
18	RACHWAŁSKI TOMASZ	2188	BŁĘKITNI ŻEGLCE		POL	M50	3	M 17	00:52:43	01:55:55.70	01:55:55.70	5:02	11.9
19	REPEĆ JAROSŁAW	2028	AHOJ PRZYGODO LUBLIN		POL	M30	6	M 18	00:54:17	01:56:17.30	01:56:17.30	5:03	11.9
20	SYREK WOJCIECH	2133			POL	M40	8	M 19	00:57:35	01:57:08.00	01:57:08.00	5:05	11.8
21	PIĄTEK BEATA	2238	WWW.TRENINGFIZJOTERAPIA/ULTRAŁAŃCU T		POL	K40	1	K 2	00:55:13	01:57:13.95	01:57:13.95	5:05	11.8
22	STAŃKO PAWEŁ	2223	GOPR BIESZCZADY		POL	M40	9	M 20	00:54:07	01:57:29.75	01:57:29.75	5:06	11.7
23	GARCZYŃSKA-WAŚ BOGUSŁAWA	2185	WM TRISELF		POL	K40	2	K 3	00:54:13	01:57:52.35	01:57:52.35	5:07	11.7
24	KOAJ JAKUB	2171			POL	M20	2	M 21	00:54:47	01:58:08.15	01:58:08.15	5:08	11.7
25	TOPOLSKI MARCIN	2170	CZŁOWIEK KTÓRY NA BOI SIĘ CHUCKA NORRISA		POL	M40	10	M 22	00:55:21	01:58:19.05	01:58:19.05	5:08	11.7
26	PELA DARIUSZ	2233			POL	M40	11	M 23	00:55:05	01:58:22.90	01:58:22.90	5:08	11.7
27	KWOLEK JAKUB	2093	DZIUPLA RUNNING TEAM		POL	M20	3	M 24	00:57:12	01:58:40.95	01:58:40.95	5:09	11.6
28	KRZEMIŃSKI MARCIN	2147			POL	M40	12	M 25	00:55:31	01:58:46.25	01:58:46.25	5:09	11.6
29	PARZELSKI MIKOŁAJ	2034	NOWA HUTA TEAM		POL	M30	7	M 26	00:55:42	02:00:11.45	02:00:11.45	5:13	11.5
30	CELMER PIOTR	2095	CTS TRIWAWA		POL	M40	13	M 27	00:54:54	02:01:35.05	02:01:35.05	5:17	11.4
31	KSIĄŻKIEWICZ BARTŁOMIEJ	2130	ROCKY BALBOA		POL	M40	14	M 28	00:56:22	02:02:51.25	02:02:51.25	5:20	11.2
32	RYCHTER MARCIN	2235	THE RYCHTERS		POL	M50	4	M 29	00:55:39	02:02:52.85	02:02:52.85	5:20	11.2
33	MACHNIO BARTOSZ	2225	MUW ON BIKE/POWER TRAINING		POL	M20	4	M 30	00:56:45	02:03:26.80	02:03:26.80	5:22	11.2
34	RUSŁOV VLADYSLAV	2145			UKR	M40	15	M 31	00:56:26	02:03:42.70	02:03:42.70	5:22	11.2
35	BICHAJŁO MACIEK	2158			POL	M30	8	M 32	00:56:52	02:04:24.05	02:04:24.05	5:24	11.1
36	KURZYDŁO MICHAŁ	2099	WARA TEAM		POL	M30	9	M 33	00:54:50	02:05:30.20	02:05:30.20	5:27	11
37	HOŁOWNIA BARTŁOMIEJ	2045			POL	M30	10	M 34	00:54:26	02:05:31.60	02:05:31.60	5:27	11
38	CHOŁAJCZYK MARCIN	2204	GRUNNERS		POL	M30	11	M 35	00:57:31	02:06:06.45	02:06:06.45	5:28	10.9
39	JACNIAK EWA	2139	#NOLIMITS		POL	K30	2	K 4	00:57:24	02:06:09.15	02:06:09.15	5:29	10.9
40	GARUS ŁUKASZ	2168			POL	M40	16	M 36	01:03:04	02:08:19.85	02:08:19.85	5:34	10.8
41	KOPA ARTUR	2236			POL	M30	12	M 37	01:02:56	02:08:52.05	02:08:52.05	5:36	10.7
42	MATUSZ TADEUSZ	2226			POL	M40	17	M 38	00:59:50	02:09:03.65	02:09:03.65	5:36	10.7

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	Netto	Brutto	min/km	km/h
43	SMERKA WOJCIECH	2200			POL	M30	13	M 39	00:59:19	02:09:24.05	02:09:24.05	5:37	10.7
44	ROKOSZ RAFAŁ	2123			POL	M20	5	M 40	00:57:01	02:09:24.35	02:09:24.35	5:37	10.7
45	KRUPA GRZEGORZ	2205	KB SOBÓTKA		POL	M50	5	M 41	00:57:51	02:09:39.45	02:09:39.45	5:38	10.6
46	PEREGRYM TOBIASZ	2012			POL	M30	14	M 42	00:58:07	02:09:53.25	02:09:53.25	5:38	10.6
47	SALAK KRZYSZTOF	2024			POL	M30	15	M 43	00:59:26	02:10:34.50	02:10:34.50	5:40	10.6
48	LEŚNIAK DAWID	2239	LHO		POL	M30	16	M 44		02:10:49.60	02:10:49.60	5:41	10.5
49	WERLE MICHAŁ	2194			POL	M30	17	M 45	00:59:22	02:11:01.80	02:11:01.80	5:41	10.5
50	ZADROŻNY SŁAWOMIR	2058	STOPKA PILAWA		POL	M50	6	M 46	00:59:35	02:11:03.20	02:11:03.20	5:41	10.5
51	PIĘTKA RAFAŁ	2022	STOPKA PILAWA		POL	M30	18	M 47	00:59:29	02:11:05.35	02:11:05.35	5:41	10.5
52	MARCHEWICZ MAREK	2069			POL	M30	19	M 48	00:59:46	02:11:43.70	02:11:43.70	5:43	10.5
53	TKACZEWSKI PIOTR	2050	MIECHÓW		POL	M50	7	M 49	00:59:40	02:11:49.75	02:11:49.75	5:43	10.5
54	ROKOSZ ŁUKASZ	2177			POL	M30	20	M 50		02:12:33.40	02:12:33.40	5:45	10.4
55	SKORUPKA LESZEK	2060	GRUPA BIEGACZY SKÓRZEC BIEGA		POL	M40	18	M 51	01:00:53	02:12:40.35	02:12:40.35	5:46	10.4
56	SĄŁUGA BARTŁOMIJ	2120	HARPAGAN SOSNOWIEC		POL	M40	19	M 52	01:02:14	02:13:11.80	02:13:11.80	5:47	10.4
57	ZAWADKA KAMIL	2023	STOPKA PILAWA		POL	M30	21	M 53	00:59:32	02:13:17.75	02:13:17.75	5:47	10.4
58	STANCZYK HUBERT	2031			POL	M30	22	M 54		02:13:36.40	02:13:36.40	5:48	10.3
59	KUTSKO OKSANA	2172	BIEGAMBOLUBIĘ		UKR	K20	1	K 5	00:57:57	02:13:39.50	02:13:39.50	5:48	10.3
60	SZYBIAK JOANNA	2214	PRZEMYSKI KLUB BIEGACZA		POL	K50	1	K 6	00:59:53	02:14:04.90	02:14:04.90	5:49	10.3
61	FALKOWSKI PIOTR	2106	KS PEGAZ PIASECZNO		POL	M50	8	M 55	00:59:04	02:14:10.75	02:14:10.75	5:50	10.3
62	OSIECKI EDWIN	2051	KUZNIA TRIATHLONU		POL	M50	9	M 56	01:01:33	02:14:27.10	02:14:27.10	5:50	10.3
63	CIEŚLA KRZYSZTOF	2038			POL	M40	20	M 57		02:14:58.30	02:14:58.30	5:52	10.2
64	KOT DAWID	2178			POL	M30	23	M 58		02:14:59.10	02:14:59.10	5:52	10.2
65	CHLIPAŁA MAREK	2018			POL	M30	24	M 59	01:01:37	02:15:07.30	02:15:07.30	5:52	10.2
66	KITOWSKI BARTOSZ	2186	GŁOGOVIA 1925 GŁOGÓW MAŁOPOLSKI		POL	M40	21	M 60	01:03:24	02:16:45.50	02:16:45.50	5:56	10.1
67	TABAK ADRIAN	2044			POL	M30	25	M 61	01:02:00	02:17:02.60	02:17:02.60	5:57	10.1
68	SOJKA AGNIESZKA	2174	PRZEMYSKI KLUB BIEGACZA		POL	K40	3	K 7		02:17:03.10	02:17:03.10	5:57	10.1
69	TWARDOWSKI BARTOSZ	2143			POL	M40	22	M 62	01:06:16	02:17:16.65	02:17:16.65	5:58	10.1
70	WASILEWSKI TOMASZ	2127	AROMAT NÓG		POL	M40	23	M 63	01:02:50	02:17:38.80	02:17:38.80	5:59	10
71	PODLEŚ ROBERT	2027	COBI		POL	M60	2	M 64	01:03:14	02:18:16.45	02:18:16.45	6:00	10
72	ŚLIWIŃSKI ANDRZEJ	2053			POL	M60	3	M 65	01:04:39	02:18:42.25	02:18:42.25	6:01	9.9
73	SOWA BOGUSŁAW	2015			POL	M30	26	M 66	01:03:37	02:18:53.15	02:18:53.15	6:02	9.9
74	GMYREK JACEK	2131			POL	M40	24	M 67	01:04:47	02:19:05.65	02:19:05.65	6:02	9.9
75	TARNAWSKI SŁAWOMIR	2039			POL	M40	25	M 68	01:01:53	02:19:14.45	02:19:14.45	6:03	9.9
76	MICHAŁAK JACEK	2117	OVIKUN		POL	M40	26	M 69		02:19:34.45	02:19:34.45	6:04	9.9
77	FEDOR ONDREJ	2141	MARAS TEAM		SVK	M50	10	M 70	01:02:07	02:19:57.05	02:19:57.05	6:05	9.9
78	JELTEMA BASTIN	2234	WM TRISELF		NED	M30	27	M 71	01:02:03	02:20:33.60	02:20:33.60	6:06	9.8
79	STALKA KRZYSZTOF	2173	STANWEX II		POL	M30	28	M 72		02:20:43.55	02:20:43.55	6:07	9.8
80	BEŻKOWSKI HUBERT	2049			POL	M30	29	M 73	01:04:41	02:22:08.85	02:22:08.85	6:10	9.7
81	MATUSZAK JAKUB	2166	NOWOCZESNYSPORT.PL		POL	M30	30	M 74	01:04:27	02:22:34.05	02:22:34.05	6:11	9.7
82	OSZYWA DAMIAN	2212	DAMCZI RUN		POL	M40	27	M 75	01:04:35	02:22:58.25	02:22:58.25	6:12	9.7
83	PSZONAK DAMIAN	2181			POL	M30	31	M 76	01:07:59	02:25:33.55	02:25:33.55	6:19	9.5
84	STASZCZYK MICHAŁ	2219	BKB CZARNA PERŁA		POL	M30	32	M 77	01:06:13	02:25:55.05	02:25:55.05	6:20	9.5
85	DRZEWIECKI JAKUB	2075			POL	M30	33	M 78	01:06:10	02:26:03.35	02:26:03.35	6:21	9.4
86	WIŚNIEWSKI MICHAŁ	2046			POL	M20	6	M 79	01:07:19	02:29:03.90	02:29:03.90	6:28	9.3
87	JAROCKA MAŁGORZATA	2135			POL	K50	2	K 8	01:09:40	02:29:22.60	02:29:22.60	6:29	9.2
88	KRĘPA AGNIESZKA	2037	NOWA HUTA TEAM		POL	K30	3	K 9	01:09:06	02:29:37.15	02:29:37.15	6:30	9.2
89	PIOTROWSKI PRZEMYSŁAW	2035	NOWA HUTA TEAM		POL	M40	28	M 80	01:09:11	02:29:39.15	02:29:39.15	6:30	9.2
90	KUBIK MICHAŁ	2216	ATTYLA		POL	M30	34	M 81		02:30:02.95	02:30:02.95	6:31	9.2
91	KARDASZ JACEK	2036	ATTYLA		POL	M40	29	M 82	01:06:35	02:30:04.50	02:30:04.50	6:31	9.2
92	KONIECZNY MARIUSZ	2231			POL	M50	11	M 83	01:10:53	02:30:09.90	02:30:09.90	6:31	9.2
93	LALEWICZ WERONIKA	2121			POL	K20	2	K 10		02:30:12.15	02:30:12.15	6:31	9.2
94	DZIADUS MARCIN	2042			POL	M30	35	M 84	01:04:54	02:30:18.35	02:30:18.35	6:32	9.2
95	PIETRZAK RAFAŁ	2096			POL	M30	36	M 85	01:06:46	02:30:23.65	02:30:23.65	6:32	9.2
96	SOBOL LUDWIK	2230			POL	M50	12	M 86	01:07:40	02:30:36.90	02:30:36.90	6:32	9.2
97	DRABIK PAWEŁ	2068			POL	M40	30	M 87	01:07:09	02:30:42.00	02:30:42.00	6:33	9.2
98	SZCZUR IWONA	2207			POL	K40	4	K 11	01:07:13	02:30:56.05	02:30:56.05	6:33	9.1
99	LEŃCZUK ANDRZEJ	2167			POL	M50	13	M 88	01:07:04	02:31:06.00	02:31:06.00	6:34	9.1

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100	MATUSIK-SKALSKA RENATA	2079			POL	K50	3	K 12	01:06:32	02:31:07.45	02:31:07.45	6:34	9.1
101	WARZECHA SŁAWEK	2082	NH TEAM		POL	M30	37	M 89	01:08:03	02:31:13.05	02:31:13.05	6:34	9.1
102	HOŁODY ŁUKASZ	2081	NOWA HUTA TEAM		POL	M30	38	M 90	01:03:47	02:31:21.85	02:31:21.85	6:34	9.1
103	TROJNAR DANIEL	2179			POL	M30	39	M 91	01:06:24	02:31:29.65	02:31:29.65	6:35	9.1
104	KOWALUNAS-BEM OLGA	2184	LPP TEAM		POL	K40	5	K 13	01:06:40	02:31:36.10	02:31:36.10	6:35	9.1
105	JEŻ PAWEŁ	2180			POL	M50	14	M 92	02:31:46.90	02:31:46.90	02:31:46.90	6:35	9.1
106	MĄKA WOJCIECH	2020	CTS		POL	M40	31	M 93	01:09:02	02:31:49.25	02:31:49.25	6:36	9.1
107	WÓJCIK JERZY	2203			POL	M30	40	M 94	01:13:12	02:32:54.65	02:32:54.65	6:38	9
108	JAWORSKI TOMASZ	2155			POL	M50	15	M 95	01:11:10	02:33:39.10	02:33:39.10	6:40	9
109	ZAJĄC KATARZYNA	2161			POL	K30	4	K 14	01:10:06	02:34:28.30	02:34:28.30	6:42	8.9
110	KORNET PRZEMYSŁAW	2142			POL	M30	41	M 96	01:06:03	02:34:35.05	02:34:35.05	6:43	8.9
111	FIGIEL MICHAŁ	2026	AHOJ PRZYGODO LUBLIN		POL	M40	32	M 97	01:06:28	02:34:47.55	02:34:47.55	6:43	8.9
112	OLECH JAKUB	2153			POL	M20	7	M 98	01:04:51	02:34:56.20	02:34:56.20	6:44	8.9
113	TADLA IZABELA	2003	#NOLIMITS		POL	K30	5	K 15	01:08:13	02:35:41.15	02:35:41.15	6:46	8.9
114	ŁĄCZNY MARCIN	2213	GALOPUJĄCE DŹDŹOWNICE		POL	M30	42	M 99	01:10:43	02:35:55.45	02:35:55.45	6:46	8.9
115	FERKO-CZAJKOWSKA STANISŁAWA	2107	NIEZSZESZONY		POL	K50	4	K 16	01:15:01	02:36:06.80	02:36:06.80	6:47	8.8
116	MAZEK ŁUKASZ	2116	STOPKA PILAWA		POL	M30	43	M 100	01:08:37	02:37:12.40	02:37:12.40	6:50	8.8
117	WYBRANIEC WOJCIECH	2232	SKL SUCHA BESKIDZKA MASTERS		POL	M40	33	M 101		02:39:15.80	02:39:15.80	6:55	8.7
118	POPIELA-KAWA SYLWIA	2192	KS RYGLICE SEKCJA BIEGOWA		POL	K40	6	K 17	01:06:20	02:39:15.95	02:39:15.95	6:55	8.7
119	STERNIK DANIEL	2094	NAJWIEKSZA ARMIA ŚWIATA		POL	M40	34	M 102	01:12:33	02:39:34.15	02:39:34.15	6:56	8.6
120	MĄCZYŃSKA ANNA	2218			POL	K30	6	K 18	01:14:42	02:40:28.90	02:40:28.90	6:58	8.6
121	KRYSIAK KRZYSZTOF	2009			POL	M50	16	M 103	01:13:41	02:40:29.35	02:40:29.35	6:58	8.6
122	KIEPAS MARCIN	2187			POL	M40	35	M 104		02:41:18.60	02:41:18.60	7:00	8.6
123	CICHORACKI PATRYK	2032	INTO THE WILD		POL	M30	44	M 105	01:08:06	02:41:26.05	02:41:26.05	7:01	8.5
124	DYLAĞ KATARZYNA	2199	GORLICKA GRUPA BIEGOWA		POL	K40	7	K 19	01:09:55	02:41:41.75	02:41:41.75	7:01	8.5
125	HOLIK IWONA	2110	GORLICKA GRUPA BIEGOWA		POL	K40	8	K 20	01:09:59	02:41:41.85	02:41:41.85	7:01	8.5
126	BOROWSKI ROBERT	2196			POL	M30	45	M 106	01:08:33	02:41:52.85	02:41:52.85	7:02	8.5
127	KISZA ANNA	2062			POL	K30	7	K 21	01:08:23	02:41:53.65	02:41:53.65	7:02	8.5
128	GRYNIENKO PAWEŁ	2063			POL	M30	46	M 107	01:08:26	02:41:55.40	02:41:55.40	7:02	8.5
129	WOŻNY ŁUKASZ	2175			POL	M30	47	M 108	01:13:30	02:42:15.65	02:42:15.65	7:03	8.5
130	WINIARCZYK ŁUKASZ	2043	MIKI&OLEK&JEREMI		POL	M40	36	M 109	01:15:14	02:42:20.45	02:42:20.45	7:03	8.5
131	GADOMSKI GRZEGORZ	2017			POL	M30	48	M 110	01:11:45	02:42:23.85	02:42:23.85	7:03	8.5
132	MACHNIKOWSKA GRAŻYNA	2021			POL	K30	8	K 22	01:16:07	02:42:27.00	02:42:27.00	7:03	8.5
133	MACHNIKOWSKI PAWEŁ	2016			POL	M30	49	M 111	01:16:09	02:42:27.35	02:42:27.35	7:03	8.5
134	FIECEK PAWEŁ	2176	ŚWINKI TRZY		POL	M40	37	M 112		02:42:36.45	02:42:36.45	7:04	8.5
135	RĘKAS MAGDALENA	2071	RAPTOWNI		POL	K40	9	K 23	01:14:51	02:42:39.10	02:42:39.10	7:04	8.5
136	RĘKAS MICHAŁ	2070	RAPTOWNI		POL	M30	50	M 113	01:14:54	02:42:40.65	02:42:40.65	7:04	8.5
137	JANAS PIOTR	2217			POL	M20	8	M 114	01:14:57	02:43:10.75	02:43:10.75	7:05	8.5
138	BOZA BEATA	2098	PADŁ NA RYJ		POL	K50	5	K 24	01:16:25	02:43:19.60	02:43:19.60	7:06	8.4
139	RĘKOSIEWICZ-TOKARZ MONIKA	2138	STOWARZYSZENIE BIEGNIJ Z POMOCĄ		POL	K40	10	K 25	01:12:59	02:43:52.60	02:43:52.60	7:07	8.4
140	KHUDIAKOVA VALERIJA	2144	LEBEDEVRUN		UKR	K30	9	K 26	01:09:28	02:44:06.40	02:44:06.40	7:08	8.4
141	TOMASZEK MARCIN	2047			POL	M40	38	M 115	01:10:17	02:45:50.60	02:45:50.60	7:12	8.3
142	LEWICKI WOJCIECH	2221	WŹW RZESZÓW		POL	M30	51	M 116	01:18:35	02:46:35.30	02:46:35.30	7:14	8.3
143	SZYMANOWSKA MONIKA	2111			POL	K40	11	K 27	01:10:39	02:47:14.75	02:47:14.75	7:16	8.3
144	ŁABUZ PAWEŁ	2085	INTERNATIONAL POLICE ASSOCIATION IPA REGION PRZEMYSŁ		POL	M40	39	M 117	01:14:13	02:47:15.95	02:47:15.95	7:16	8.3
145	BĘTKOWSKI TOMASZ	2229	NIEZALEŻNY		POL	M40	40	M 118	01:18:55	02:47:38.40	02:47:38.40	7:17	8.2
146	GUZEK KAMIL	2125	WARRIORS ŁÓDŹ		POL	M20	9	M 119	01:09:23	02:47:47.55	02:47:47.55	7:17	8.2
147	HEBANOWSKI ŁUKASZ	2215			POL	M40	41	M 120	01:15:36	02:47:57.10	02:47:57.10	7:18	8.2
148	BIEDROŃ ARTUR	2119	ERP HEART TEAM		POL	M40	42	M 121	01:17:22	02:48:25.15	02:48:25.15	7:19	8.2
149	PIĄSTKA DANIEL	2134			POL	M40	43	M 122	01:10:47	02:48:44.30	02:48:44.30	7:20	8.2
150	ZDEB PIOTR	2025	AHOJ PRZYGODO LUBLIN		POL	M40	44	M 123	01:07:32	02:49:12.90	02:49:12.90	7:21	8.2
151	CZACHOWSKI MICHAŁ	2151			POL	M50	17	M 124	01:26:26	02:49:31.30	02:49:31.30	7:22	8.1
152	ZIĘTEK KRZYSZTOF	2183	ADIDAS RUNNERS		POL	M50	18	M 125	01:18:12	02:49:53.35	02:49:53.35	7:23	8.1
153	OSADNIK ANNA	2137	MAFIA TEAM LUBLINIEC		POL	K40	12	K 28	01:20:34	02:50:05.30	02:50:05.30	7:23	8.1
154	PASTWA GRZEGORZ	2092			POL	M30	52	M 126	01:21:35	02:51:03.20	02:51:03.20	7:26	8.1
155	WABNO WOJCIECH	2057	PORANNY PATROL		POL	M20	10	M 127	01:20:44	02:51:26.55	02:51:26.55	7:27	8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	Netto	Brutto	min/km	km/h
156	ADAMOWICZ AGNIESZKA	2064	ZWOLENNICY BIEGANIA		POL	K40	13	K 29	01:17:02	02:51:47.85	02:51:47.85	7:28	8
157	BOBYK PAWEŁ	2157	SANOK BIEGA		POL	M40	45	M 128	01:19:17	02:52:01.60	02:52:01.60	7:28	8
158	OSIECKA BEATA	2128	KUŹNIA TRIATLONU		POL	K50	6	K 30	01:19:13	02:53:15.40	02:53:15.40	7:31	8
159	STACHOWIAK ANETA	2122			POL	K40	14	K 31	01:19:38	02:53:33.00	02:53:33.00	7:32	8
160	PAŹDZIOR PATRYCJA	2237			POL	K30	10	K 32	01:11:15	02:53:38.95	02:53:38.95	7:32	7.9
161	WASZKIEWICZ JOANNA	2076	NIGHT RUNNERS		POL	K40	15	K 33	01:20:48	02:53:42.50	02:53:42.50	7:33	7.9
162	RYBKA ZUZANNA	2067			POL	K20	3	K 34	01:15:08	02:54:01.15	02:54:01.15	7:33	7.9
163	WASIEWICZ MICHAŁ	2101			POL	M40	46	M 129	01:20:51	02:54:43.65	02:54:43.65	7:35	7.9
164	KASPEREK IRENEUSZ	2078	#THEWINEFEELS		POL	M40	47	M 130	01:22:27	02:55:39.35	02:55:39.35	7:38	7.9
165	KASPEREK MAGDALENA	2077	#THEWINEFEELS		POL	K40	16	K 35	00:59:44	02:55:39.70	02:55:39.70	7:38	7.9
166	MATYSEK IRENEUSZ	2132	KOMANDOS WAŁECKI		POL	M60	4	M 131	01:23:18	02:56:26.45	02:56:26.45	7:40	7.8
167	GORAJEK MICHAŁ	2040	LILA&ALA		POL	M40	48	M 132	01:22:18	02:57:03.60	02:57:03.60	7:41	7.8
168	RYŻYŃSKI TOMASZ	2104	CHEŁM BIEGA		POL	M40	49	M 133	01:22:32	02:57:20.75	02:57:20.75	7:42	7.8
169	MANCZAK RAFAŁ	2011			POL	M40	50	M 134	01:29:52	02:57:59.60	02:57:59.60	7:44	7.8
170	DONART MICHAŁ	2228			POL	M30	53	M 135	01:19:42	02:58:33.70	02:58:33.70	7:45	7.7
171	OLEKSY PRZEMYSŁAW	2209			POL	M40	51	M 136	01:19:45	02:58:54.30	02:58:54.30	7:46	7.7
172	KOZIARA PATRYK	2162	DZIKIE MUSTANGI		POL	M30	54	M 137	01:17:26	03:00:13.80	03:00:13.80	7:50	7.7
173	TOKARZ ADRIAN	2007	DZIKIE MUSTANGI		POL	M40	52	M 138	01:17:11	03:00:16.45	03:00:16.45	7:50	7.7
174	CHMIEL BOŻENA	2010	DZIKIE MUSTANGI		POL	K40	17	K 36		03:00:16.85	03:00:16.85	7:50	7.7
175	ZIELIŃSKI KONRAD	2224			POL	M20	11	M 139	01:22:05	03:00:45.45	03:00:45.45	7:51	7.6
176	SZCZUREK ALEKSANDRA	2102			POL	K20	4	K 37	01:22:01	03:00:46.50	03:00:46.50	7:51	7.6
177	KRZEMINSKI MATEUSZ	2033			POL	M30	55	M 140	01:18:31	03:01:15.25	03:01:15.25	7:52	7.6
178	ROSOWSKI ROBERT	2227			POL	M40	53	M 141	01:18:59	03:01:53.15	03:01:53.15	7:54	7.6
179	PIOTROWSKA EWA	2222	META NADARZYN		POL	K50	7	K 38	01:23:46	03:03:25.00	03:03:25.00	7:58	7.5
180	ŚWIERŻEWSKA SYLWIA	2136			POL	K40	18	K 39	01:21:56	03:04:24.15	03:04:24.15	8:01	7.5
181	KURCZUK-SAMODULSKA AGNIESZKA	2048	HEŃTEAM		POL	K30	11	K 40	01:21:45	03:04:24.35	03:04:24.35	8:01	7.5
182	RADYK JOANNA	2195	PRZEMYSKI KLUB BIEGACZA		POL	K40	19	K 41	01:21:10	03:05:24.10	03:05:24.10	8:03	7.4
183	PACIOREK HUBERT	2113	COBRA TEAM		POL	M30	56	M 142	01:24:59	03:05:34.35	03:05:34.35	8:04	7.4
184	HANGIEL URSZULA	2150	ŻWAWĘ ŻÓŁWIE		POL	K40	20	K 42	01:26:22	03:05:40.30	03:05:40.30	8:04	7.4
185	PIOTROWSKA ANNA	2148	META NADARZYN/ SPARTANIE DZIECIOM		POL	K50	8	K 43	01:27:25	03:06:41.80	03:06:41.80	8:07	7.4
186	MACHNIKOWSKI IRENEUSZ	2005	LUBARTOWSKI BEERGACZ		POL	M50	19	M 143	01:28:42	03:06:50.05	03:06:50.05	8:07	7.4
187	DRAB MAGDA	2201	CHCE CI SIE		POL	K30	12	K 44	00:46:46	03:07:15.65	03:07:15.65	8:08	7.4
188	GUMNY GRZEGORZ	2073			POL	M40	54	M 144	01:11:30	03:07:20.75	03:07:20.75	8:08	7.4
189	TOMASZEWSKI ROBERT	2056	BRACIAT		POL	M40	55	M 145	01:20:38	03:08:17.10	03:08:17.10	8:11	7.3
190	TOMAKA JADWIGA	2013	SZKÓŁKA ROLKOWA WODZU		POL	K40	21	K 45	01:26:01	03:09:48.85	03:09:48.85	8:15	7.3
191	CZERWIŃSKA WĘGRZYN JULIA	2089			POL	K20	5	K 46	01:27:37	03:10:08.25	03:10:08.25	8:16	7.3
192	IZDEBSKA RENATA	2074			POL	K60	1	K 47	01:01:58	03:10:22.20	03:10:22.20	8:16	7.2
193	SIKORSKA AGNIESZKA	2198			POL	K40	22	K 48	01:30:02	03:10:55.05	03:10:55.05	8:18	7.2
194	KUŁAKOWSKI PIOTR	2052	CZŁAPACZE		POL	M60	5	M 146	01:30:05	03:11:00.05	03:11:00.05	8:18	7.2
195	LEŚNICZAK BARBARA	2197	#WKURWTEAM		POL	K40	23	K 49	01:25:08	03:13:30.90	03:13:30.90	8:24	7.1
196	LARA NATALIA	2118	WARRIORS ŁÓDŹ		POL	K30	13	K 50	01:25:58	03:16:18.90	03:16:18.90	8:32	7
197	KOCOT MAGDALENA	2220	META NADARZYN		POL	K40	24	K 51		03:17:51.85	03:17:51.85	8:36	7
198	RAKOWSKI PRZEMYSŁAW	2059			POL	M50	20	M 147	01:59:04	03:17:56.10	03:17:56.10	8:36	7
199	BIENIARZ IŁONA	2114	PEPPARUNNINGTEAM		POL	K30	14	K 52	01:29:38	03:18:12.90	03:18:12.90	8:37	7
200	KOŃKA MARIUSZ	2066	BOGDAN TEAM		POL	M50	21	M 148	01:22:14	03:19:18.10	03:19:18.10	8:39	6.9
201	JURKIAN MICHAŁ JAN	2091	BOGDAN TEAM		POL	M50	22	M 149	01:23:40	03:19:22.00	03:19:22.00	8:40	6.9
202	JEŻEWSKA ANGELIKA	2004			POL	K40	25	K 53	01:26:18	03:20:02.50	03:20:02.50	8:41	6.9
203	RYŚIAWA JOANNA	2152			POL	K40	26	K 54	01:28:08	03:22:53.25	03:22:53.25	8:49	6.8
204	OBARSKI NORBERT	2087			POL	M60	6	M 150	01:36:59	03:36:03.00	03:36:03.00	9:23	6.4
205	ŁASZKIEWICZ PIOTR	2103	ATHLETICS TEAM PRUSICE		POL	M60	7	M 151	01:36:49	03:37:31.30	03:37:31.30	9:27	6.3
206	DZIURUŃ PAWEŁ	2112			POL	M40	56	M 152	02:01:40	03:37:36.15	03:37:36.15	9:27	6.3
207	KILJAN ANNA	2061			POL	K30	15	K 55	01:37:10	03:38:45.75	03:38:45.75	9:30	6.3
208	KACZKIEWICZ DAMIAN	2211	NIGHT RUNNERS GLIWICE		POL	M40	57	M 153		03:43:04.80	03:43:04.80	9:41	6.2
209	WANDEL AGNIESZKA	2072	NIGHT RUNNERS		POL	K40	27	K 56	01:36:53	03:55:36.75	03:55:36.75	10:14	5.9
210	LECIEJEWSKA MAŁGORZATA	2080	NIGHT RUNNERS POZNAŃ		POL	K40	28	K 57	01:37:06	03:55:41.05	03:55:41.05	10:14	5.9
211	OBARSKA MAŁGORZATA	2088			POL	K60	2	K 58	01:43:01	04:02:57.65	04:02:57.65	10:33	5.7
212	REY ANDRZEJ	2100	REYRUNNINGTEAM		POL	M40	58	M 154	01:49:41	04:35:25.75	04:35:25.75	11:58	5

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	Netto	Brutto	min/km	km/h
213	BORKOWSKA EWA	2090			POL	K60	3	K 59	01:49:40	04:35:37.80	04:35:37.80	11:59	5
214	PLICH AGNIESZKA	2129	WANDA PANFIL TEAM		POL	K40	29	K 60	00:47:53			5:19	11.3
215	DUDA IWONA	2160			POL	K30	16	K 61	01:08:41			7:37	7.9
216	ZĄBEK PAWEŁ	2124			POL	M40	59	M 155	01:12:28			8:03	7.5
217	TOMASZEWSKI PIOTR	2055	BRACIAT		POL	M40	60	M 156	01:20:41			8:57	6.7
218	TOMASZEWSKI WOJTEK	2210	BRACIAT		POL	M40	61	M 157	01:22:36			9:10	6.5