

MIZUNO NOCNA DYCHA 10KM | TWT 10KM

Organizator: Fundacja Rozwoju Sportu i Promocji Obronności "MURAWA"
Data: 2023-02-11
Miejsce: Nowy Targ
Dystans: 10.5 km
Klasyfikacja wg czasów brutto.



MIZUNO NOCNA DYCHA 10KM | TWT 10KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|--|---------------|------|------------------|--------|------|-------------|-------------|--------|------|
| 1 | KUBICA MARCIN | 538 | BUFF/ SALOMON | BIELSKO-BIAŁA | POL | SENIOR MĘŻCZYZN | 1 | M 1 | 01:02:00.55 | 01:02:02.65 | 5:54 | 10.2 |
| 2 | ŻÓŁTEK GRZEGORZ | 591 | | SPYTKOWICE | POL | SENIOR MĘŻCZYZN | 2 | M 2 | 01:05:47.35 | 01:05:49.15 | 6:15 | 9.6 |
| 3 | DZIERWA MARCIN | 1030 | NOWA HUTA TEAM | | POL | SENIOR MĘŻCZYZN | 3 | M 3 | 01:06:52.50 | 01:06:54.35 | 6:22 | 9.4 |
| 4 | GAŁDYN KAMIL | 520 | GORĄCY POTOK TEAM | SZAFŁARY | POL | SENIOR MĘŻCZYZN | 4 | M 4 | 01:08:28.35 | 01:08:30.75 | 6:31 | 9.2 |
| 5 | JACHYMIAK ROBERT | 596 | SPECJALISTYCZNY GABINET REHABILITACJI DZIECI | NOWY TARG | POL | MASTERS MĘŻCZYZN | 1 | M 5 | 01:10:11.50 | 01:10:13.15 | 6:41 | 9 |
| 6 | TYNUS GRZEGORZ | 584 | | FRYDMAN | POL | MASTERS MĘŻCZYZN | 2 | M 6 | 01:12:08.25 | 01:12:10.95 | 6:52 | 8.7 |
| 7 | TRACZ PAULINA | 578 | TRENINGFIZJO/THE NORTHFACE | RZESZÓW | POL | SENIOR KOBIET | 1 | K 1 | 01:12:55.70 | 01:12:58.25 | 6:56 | 8.6 |
| 8 | OLEKSAK ADAM | 556 | | KRAKÓW | POL | SENIOR MĘŻCZYZN | 5 | M 7 | 01:18:25.40 | 01:18:28.40 | 7:28 | 8 |
| 9 | PŁOCH JAKUB | 559 | | BIELSKO-BIAŁA | POL | SENIOR MĘŻCZYZN | 6 | M 8 | 01:19:50.50 | 01:19:53.05 | 7:36 | 7.9 |
| 10 | MALEC ŁUKASZ | 549 | NIEDZICA TEAM | NIEDZICA | POL | MASTERS MĘŻCZYZN | 3 | M 9 | 01:19:58.55 | 01:20:00.85 | 7:36 | 7.9 |
| 11 | PAŁKA TOMASZ | 557 | KB PARANTELA | LIMANOWA | POL | MASTERS MĘŻCZYZN | 4 | M 10 | 01:20:29.30 | 01:20:33.40 | 7:39 | 7.8 |
| 12 | JUDASZ LESZEK | 529 | | KLIKUSZOWA | POL | SENIOR MĘŻCZYZN | 7 | M 11 | 01:23:21.95 | 01:23:27.90 | 7:56 | 7.6 |
| 13 | BULANDA DAWID | 507 | | NOWY TARG | POL | MASTERS MĘŻCZYZN | 5 | M 12 | 01:25:03.85 | 01:25:07.20 | 8:06 | 7.4 |
| 14 | PACHUT MAKSYMILIAN | 599 | MY ENDURANCE COACHING TEAM | SŁOPNICE | POL | SENIOR MĘŻCZYZN | 8 | M 13 | 01:25:12.70 | 01:25:15.15 | 8:06 | 7.4 |
| 15 | WALKOSZ MATEUSZ | 585 | #SOBASTEAM | SZAFŁARY | POL | SENIOR MĘŻCZYZN | 9 | M 14 | 01:25:43.05 | 01:25:45.75 | 8:09 | 7.3 |
| 16 | BOLECHOWSKA DOMINIKA | 1018 | ALPIN SPORT | RABKA | POL | MASTERS KOBIET | 1 | K 2 | 01:26:13.35 | 01:26:16.75 | 8:12 | 7.3 |
| 17 | TOMICA NATALIA | 577 | | USTROŃ | POL | SENIOR KOBIET | 2 | K 3 | 01:29:42.05 | 01:29:44.50 | 8:32 | 7 |
| 18 | WALTER MICHAŁ | 586 | SRKS MIOTŁA | TYCHY | POL | SENIOR MĘŻCZYZN | 10 | M 15 | 01:29:37.30 | 01:29:45.05 | 8:32 | 7 |
| 19 | MIKULEWICZ PRZEMYSŁAW | 551 | MOVE. TEAM | WŁOCŁAWEK | POL | SENIOR MĘŻCZYZN | 11 | M 16 | 01:31:45.15 | 01:31:48.55 | 8:44 | 6.9 |
| 20 | MACH OLEŚ | 548 | | KRAKÓW | POL | MASTERS MĘŻCZYZN | 6 | M 17 | 01:32:55.85 | 01:33:07.40 | 8:50 | 6.8 |
| 21 | SURMACZ TOMASZ | 569 | | DOBZYCE | POL | SENIOR MĘŻCZYZN | 12 | M 18 | 01:33:51.40 | 01:33:58.15 | 8:56 | 6.7 |
| 22 | MAŚLANKA EWA | 595 | MEGKURSYV | NOWY TARG | POL | MASTERS KOBIET | 2 | K 4 | 01:35:12.55 | 01:35:15.45 | 9:04 | 6.6 |
| 23 | KULA PAWEŁ | 541 | | KRAKÓW | POL | MASTERS MĘŻCZYZN | 7 | M 19 | 01:35:28.90 | 01:35:36.35 | 9:05 | 6.6 |
| 24 | KURP BARTŁOMIEJ | 543 | | KIELCE | POL | SENIOR MĘŻCZYZN | 13 | M 20 | 01:36:44.00 | 01:36:54.65 | 9:12 | 6.5 |
| 25 | KOLEGOWICZ KLAUDIA | 536 | BEFIT24TEAM | KRAKÓW | POL | SENIOR KOBIET | 3 | K 5 | 01:36:56.15 | 01:37:04.65 | 9:13 | 6.5 |
| 26 | BRYK DOMINIK | 505 | | TARNÓW | POL | SENIOR MĘŻCZYZN | 14 | M 21 | 01:36:55.75 | 01:37:04.90 | 9:13 | 6.5 |
| 27 | GWIZDALSKA MARTYNIKA | 525 | MOVE. TEAM | WŁOCŁAWEK | POL | MASTERS KOBIET | 3 | K 6 | 01:37:30.80 | 01:37:34.00 | 9:17 | 6.5 |
| 28 | DĘBSKA NATALIA | 1003 | | LIMANOWA | POL | SENIOR KOBIET | 4 | K 7 | 01:37:32.90 | 01:37:35.60 | 9:17 | 6.5 |
| 29 | ŁAPA PIOTR | 224 | AKTYWNA PSZCZYNA RUNNERS TEAM | PSZCZYNA | POL | MASTERS MĘŻCZYZN | 8 | M 22 | 01:37:36.55 | 01:37:38.65 | 9:17 | 6.5 |
| 30 | ŻÓŁTEK PRZEMYSŁAW | 590 | | KLIKUSZOWA | POL | SENIOR MĘŻCZYZN | 15 | M 23 | 01:38:59.25 | 01:39:03.80 | 9:25 | 6.4 |
| 31 | CYGAN ŁUKASZ | 511 | POLPLAST BIEGA | NOWE SIOŁO | POL | MASTERS MĘŻCZYZN | 9 | M 24 | 01:40:36.80 | 01:40:43.05 | 9:34 | 6.3 |
| 32 | KANCIRUK PAWEŁ | 532 | NIGHT RUNNERS KRAKÓW | KRAKÓW | POL | SENIOR MĘŻCZYZN | 16 | M 25 | 01:43:15.45 | 01:43:28.00 | 9:50 | 6.1 |
| 33 | WÓJCIK SYLWIA | 588 | NIE WIEM, NIE OBCHODZI MNIE TO | KRAKÓW | POL | SENIOR KOBIET | 5 | K 8 | 01:43:18.90 | 01:43:33.70 | 9:50 | 6.1 |
| 34 | BIELAK DANIEL | 594 | #ZYCIOWIAMATORZY | GŁOGOCZÓW | POL | SENIOR MĘŻCZYZN | 17 | M 26 | 01:43:52.85 | 01:43:59.65 | 9:53 | 6.1 |
| 35 | STRYCHARZ SŁAWOMIR | 308 | STRYCHARZ FUN CLUB | NOWY TARG | POL | MASTERS MĘŻCZYZN | 10 | M 27 | 01:45:04.10 | 01:45:08.95 | 10:00 | 6 |
| 36 | CZERWIEC MACIEJ | 514 | MIZUNO TEAM | KIELCE | POL | SENIOR MĘŻCZYZN | 18 | M 28 | 01:45:22.20 | 01:45:33.25 | 10:02 | 6 |
| 37 | KUROWSKA MONIKA | 542 | | KRAKÓW | POL | SENIOR KOBIET | 6 | K 9 | 01:45:31.90 | 01:45:43.30 | 10:02 | 6 |
| 38 | SZOT DOROTA | 574 | | KRAKÓW | POL | MASTERS KOBIET | 4 | K 10 | 01:47:23.70 | 01:47:33.95 | 10:13 | 5.9 |
| 39 | CABAŁA TOMASZ | 508 | PRZYSZOWA NAPIERDZIELA | PRZYSZOWA 244 | POL | MASTERS MĘŻCZYZN | 11 | M 29 | 01:47:40.55 | 01:47:44.65 | 10:15 | 5.9 |
| 40 | KALETA ANNA | 531 | GORĄCY POTOK TEAM | KRAKÓW | POL | SENIOR KOBIET | 7 | K 11 | 01:47:43.35 | 01:47:46.85 | 10:15 | 5.8 |
| 41 | KUKLA KATARZYNA | 540 | | KRAKÓW | POL | MASTERS KOBIET | 5 | K 12 | 01:47:46.20 | 01:47:50.25 | 10:15 | 5.8 |
| 42 | KUKLA GRZEGORZ | 539 | | KRAKÓW | POL | WETERAN MĘŻCZYZN | 1 | M 30 | 01:47:46.20 | 01:47:50.55 | 10:15 | 5.8 |
| 43 | CIEPŁY PATRYK | 1007 | | GLIWICE | POL | SENIOR MĘŻCZYZN | 19 | M 31 | 01:47:50.05 | 01:47:55.20 | 10:16 | 5.8 |
| 44 | SZKLARCZYK PIOTR | 572 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | MASTERS MĘŻCZYZN | 12 | M 32 | 01:49:31.00 | 01:49:31.00 | 10:25 | 5.8 |
| 45 | FALKIEWICZ ARKADIUSZ | 518 | NIGHT RUNNERS | KRAKÓW | POL | MASTERS MĘŻCZYZN | 13 | M 33 | 01:49:44.05 | 01:49:57.45 | 10:27 | 5.7 |

MIZUNO NOCNA DYCHA 10KM | TWT 10KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|------|----------------------------------|-------------------------|------|------------------|--------|------|-------------|-------------|--------|------|
| 46 | MOLITORYS MAREK | 552 | | KACWIN | POL | MASTERS MĘZCZYZN | 14 | M 34 | 01:49:54.90 | 01:49:59.45 | 10:28 | 5.7 |
| 47 | CHOWANIEC SEBASTIAN | 509 | SUNFIT STUDIO | NOWY DWÓR MAZOWIECKI | POL | MASTERS MĘZCZYZN | 15 | M 35 | 01:50:19.05 | 01:50:23.25 | 10:30 | 5.7 |
| 48 | SZCZĘŚNIAK JANUSZ | 571 | BEFIT24TEAM | KRAKÓW | POL | WETERAN MĘZCZYZN | 2 | M 36 | 01:50:56.60 | 01:51:05.50 | 10:33 | 5.7 |
| 49 | SIWINSKA GOSIA | 563 | | TYCHY | POL | MASTERS KOBIET | 6 | K 13 | 01:51:10.95 | 01:51:14.75 | 10:35 | 5.7 |
| 50 | KURZAK ANDRZEJ | 544 | | BIEGUNKA | POL | WETERAN MĘZCZYZN | 3 | M 37 | 01:52:13.90 | 01:52:21.95 | 10:41 | 5.6 |
| 51 | FILAS RAFAŁ | 519 | | BIEGAMBOLUBIĘ | POL | MASTERS MĘZCZYZN | 16 | M 38 | 01:52:20.40 | 01:52:33.50 | 10:41 | 5.6 |
| 52 | STACHURA BEATA | 712 | | | POL | MASTERS KOBIET | 7 | K 14 | 01:53:52.50 | 01:54:03.65 | 10:50 | 5.5 |
| 53 | KRZYŻANOWSKI MIKOŁAJ | 537 | OBIDOWA GŁUSZEC | LUDŹMIERZ | POL | MASTERS MĘZCZYZN | 17 | M 39 | 01:54:03.00 | 01:54:08.35 | 10:51 | 5.5 |
| 54 | BROCIK DAMIAN | 504 | | OSTROWIEC ŚWIĘTOKRZYSKI | POL | MASTERS MĘZCZYZN | 18 | M 40 | 01:55:25.10 | 01:55:34.10 | 10:59 | 5.5 |
| 55 | DZIMIRA SŁAWOMIR | 517 | BROWAR POGÓRZA | DUBIECKO | POL | SENIOR MĘZCZYZN | 20 | M 41 | 01:56:11.15 | 01:56:19.95 | 11:03 | 5.4 |
| 56 | WRÓBLEWSKA PAULINA | 589 | BEFIT24TEAM | KRAKÓW | POL | MASTERS KOBIET | 8 | K 15 | 01:57:05.75 | 01:57:13.35 | 11:09 | 5.4 |
| 57 | TROJAN ANNA | 579 | BEFIT24TEAM | KRAKOW | POL | WETERAN KOBIET | 1 | K 16 | 02:00:14.90 | 02:00:17.75 | 11:27 | 5.2 |
| 58 | BIECUSZEK MARLENA | 502 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | SENIOR KOBIET | 8 | K 17 | 02:00:31.90 | 02:00:35.35 | 11:28 | 5.2 |
| 59 | KALEMBA TOMASZ | 530 | | WIELICZKA | POL | SENIOR MĘZCZYZN | 21 | M 42 | 02:00:55.00 | 02:01:00.35 | 11:30 | 5.2 |
| 60 | SARNA JOANNA | 561 | | NOWY TARG | POL | MASTERS KOBIET | 9 | K 18 | 02:01:37.60 | 02:01:44.15 | 11:34 | 5.2 |
| 61 | MRUGACZ ANNA | 555 | 44 | NOWY TARG | POL | MASTERS KOBIET | 10 | K 19 | 02:01:37.20 | 02:01:44.25 | 11:34 | 5.2 |
| 62 | MRUGACZ JACEK | 554 | | NOWY TARG | POL | MASTERS MĘZCZYZN | 19 | M 43 | 02:02:55.45 | 02:03:01.95 | 11:42 | 5.1 |
| 63 | PAŁKA EWA | 593 | KB PARANTELA | LIMANOWA | POL | MASTERS KOBIET | 11 | K 20 | 02:03:02.95 | 02:03:06.95 | 11:43 | 5.1 |
| 64 | WŁODARCZYK PATRYK | 587 | | GARBY | POL | MASTERS MĘZCZYZN | 20 | M 44 | 02:03:24.00 | 02:03:29.75 | 11:45 | 5.1 |
| 65 | TRZCIŃSKI MACIEJ | 580 | | NOWY TARG | POL | WETERAN MĘZCZYZN | 4 | M 45 | 02:04:09.10 | 02:04:21.35 | 11:49 | 5.1 |
| 66 | RAKOWSKI ŁUKASZ | 560 | MOVE. TEAM | FABIANKI | POL | MASTERS MĘZCZYZN | 21 | M 46 | 02:05:12.70 | 02:05:19.05 | 11:55 | 5 |
| 67 | KŁONOWSKI KONRAD | 535 | MOVE. TEAM | WŁOCLAWEK | POL | SENIOR MĘZCZYZN | 22 | M 47 | 02:07:50.35 | 02:07:55.95 | 12:10 | 4.9 |
| 68 | KANIA-STANACH BEATA | 533 | | MYŚLENICE | POL | SENIOR KOBIET | 9 | K 21 | 02:08:12.30 | 02:08:17.75 | 12:12 | 4.9 |
| 69 | STANACH TOMASZ | 566 | | MYŚLENICE | POL | SENIOR MĘZCZYZN | 23 | M 48 | 02:08:12.10 | 02:08:18.15 | 12:12 | 4.9 |
| 70 | LEWANDOWSKA MARZENA | 546 | MOVE. TEAM | WŁOCLAWEK | POL | MASTERS KOBIET | 12 | K 22 | 02:11:00.85 | 02:11:06.70 | 12:28 | 4.8 |
| 71 | MORAWSKA KATARZYNA | 553 | MOVE. TEAM | WŁOCLAWEK | POL | MASTERS KOBIET | 13 | K 23 | 02:11:05.10 | 02:11:09.75 | 12:29 | 4.8 |
| 72 | STANKIEWICZ ILONA | 567 | MOVE | WŁOCLAWEK | POL | MASTERS KOBIET | 14 | K 24 | 02:11:07.05 | 02:11:12.20 | 12:29 | 4.8 |
| 73 | HADAM JAN | 527 | HADZIE-DZIADZIE | NIEPOŁOMICE | POL | SENIOR MĘZCZYZN | 24 | M 49 | 02:11:52.70 | 02:12:04.55 | 12:33 | 4.8 |
| 74 | BUJAS KACPER | 506 | SIEPRAWKA 5 | SIEPRAW | POL | SENIOR MĘZCZYZN | 25 | M 50 | 02:14:16.00 | 02:14:16.00 | 12:47 | 4.7 |
| 75 | BUJAS AGNIESZKA | 592 | SIEPRAWKA 5 | SIEPRAW | POL | MASTERS KOBIET | 15 | K 25 | 02:14:26.00 | 02:14:26.00 | 12:48 | 4.7 |
| 76 | GRYMEK DAGMARA | 524 | BEFIT24TEAM | KRAKÓW | POL | MASTERS KOBIET | 16 | K 26 | 02:16:59.95 | 02:17:10.10 | 13:02 | 4.6 |
| 77 | BABICZ-SZCZĘŚNIAK ANETA | 500 | BEFIT24TEAM | KRAKÓW | POL | MASTERS KOBIET | 17 | K 27 | 02:17:38.00 | 02:17:38.00 | 13:06 | 4.6 |
| 78 | GAWENDA DARIUSZ | 521 | DISCO RUNNERS | KOBIOR | POL | MASTERS MĘZCZYZN | 22 | M 51 | 02:18:19.30 | 02:18:29.00 | 13:10 | 4.6 |
| 79 | DZIAŁACH ADAM | 516 | | RUDA ŚLĄSKA | POL | MASTERS MĘZCZYZN | 23 | M 52 | 02:18:18.85 | 02:18:29.10 | 13:10 | 4.6 |
| 80 | GŁÓW EDYTA | 522 | DYNADYNA TEAM | WARSZAWA | POL | SENIOR KOBIET | 10 | K 28 | 02:18:25.55 | 02:18:33.65 | 13:10 | 4.6 |
| 81 | SZUMIEC JOANNA | 575 | | KRAKÓW | POL | MASTERS KOBIET | 18 | K 29 | 02:18:24.70 | 02:18:34.00 | 13:10 | 4.6 |
| 82 | SROKA MONIKA | 564 | MOVE. TEAM | CHOCEŃ | POL | MASTERS KOBIET | 19 | K 30 | 02:21:01.60 | 02:21:07.50 | 13:25 | 4.5 |
| 83 | GRABOWSKA BEATA | 523 | MOVE. TEAM | WŁOCLAWEK | POL | WETERAN KOBIET | 2 | K 31 | 02:21:01.45 | 02:21:07.60 | 13:25 | 4.5 |
| 84 | SUPERSON-RADECKA AGATA | 568 | | KRAKÓW | POL | MASTERS KOBIET | 20 | K 32 | 02:25:39.65 | 02:25:47.30 | 13:52 | 4.3 |
| 85 | SZAFRAN ADRIAN | 570 | AMATORSKA GRUPA BIEGOWA BIEGUNKA | LIBIAŻ | POL | MASTERS MĘZCZYZN | 24 | M 53 | 02:25:41.55 | 02:25:49.75 | 13:52 | 4.3 |
| 86 | SZMYCIŃSKI WOJCIECH | 573 | MOVE. TEAM | ŚWIEDZIEBNA | POL | WETERAN MĘZCZYZN | 5 | M 54 | 02:43:31.00 | 02:43:36.45 | 15:34 | 3.9 |
| 87 | KIERYS RENATA | 534 | | CICHE | POL | MASTERS KOBIET | 21 | K 33 | 02:53:50.55 | 02:53:55.10 | 16:33 | 3.6 |
| 88 | PASEK MARIA | 558 | | ZAKOPANE | POL | MASTERS KOBIET | 22 | K 34 | 02:53:51.05 | 02:53:55.80 | 16:33 | 3.6 |
| 89 | ŁAPA JULIA | 547 | AKTYWNA PSZCZYNA RUNNERS TEAM | PSZCZYNA | POL | SENIOR KOBIET | 11 | K 35 | 03:10:39.95 | 03:10:42.85 | 18:09 | 3.3 |
| 90 | HADAM PAWEŁ | 526 | HADZIE-DZIADZIE | NIEPOŁOMICE | POL | SENIOR MĘZCZYZN | 26 | M 55 | 03:34:07.85 | 03:34:21.90 | 20:23 | 2.9 |
| 91 | KLAMERUS IZABELA | 1004 | | ZAKOPANE | POL | WETERAN KOBIET | 3 | K 36 | 03:37:15.80 | 03:37:25.85 | 20:41 | 2.9 |
| | KLAMERUS MACIEJ | 1005 | | ZAKOPANE | POL | WETERAN MĘZCZYZN | | | DNF | DNF | - | - |