

34KM ZIMNY WDŻAR - GUT WINTER

Organiser: Fundacja Run Vegan
Date: 2023-02-25
Place: Ochotnica Górna
Distance: 34.6 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



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34KM ZIMNY WDŻAR - GUT WINTER , OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Drużyna 1	20km	24km	Netto	Brutto	min/km	km/h
1	ZBOZIEN JAROSŁAW	172	ALPIN SPORT TEAM	ŁĄCKO	POL	M-OPEN	1	M 1		02:08:39	02:47:50	03:46:16.45	03:46:16.45	6:32	9.2
2	DUDZIK ŁUKASZ	111		KAMIENICA	POL	M-OPEN	2	M 2		02:08:20	02:48:02	03:48:02.70	03:48:02.70	6:35	9.1
3	GRUND MAREK	116	MAFIA TEAM LUBLINIEC	STRZEBIŃ	POL	M-OPEN	3	M 3		02:13:11	02:56:38	03:58:42.35	03:58:42.35	6:53	8.7
4	FLOREK SEBASTIAN	114		PTASZKOWA	POL	M-OPEN	4	M 4		02:15:19	02:56:47	04:00:07.80	04:00:07.80	6:56	8.6
5	BANIAK MARCIN	102	G.O.A.T. TEAM MICHAŁOWICE/MŁYN TRAIL MICHAŁOWICE	MICHAŁOWICE	POL	M-OPEN	5	M 5	TRAIL RUN KRAKÓW	02:14:35	02:56:40	04:02:46.15	04:02:46.15	7:00	8.6
6	MAZUR PAWEŁ	133	PROJEKT1000UP	ŁĄCKO	POL	M-OPEN	6	M 6	PROJEKT1000UP	02:17:22	03:00:04	04:07:38.25	04:07:38.25	7:09	8.4
7	CIOCH CEZARY	109	KALLIPSO RUNNERS TEAM	SKARYSZEW	POL	M-OPEN	7	M 7		02:15:53	03:03:11	04:07:49.65	04:07:49.65	7:09	8.4
8	ŁOZA MATEUSZ	130	ZWIEDZANIE PRZEZ BIEGANIE	WIELICZKA	POL	M-OPEN	8	M 8		02:20:19	03:04:33	04:08:34.35	04:08:34.35	7:11	8.4
9	PAŁKA MARIUSZ	141	KB PARANTELA	LIMANOWA	POL	M-OPEN	9	M 9	KB PARANTELA	02:23:30	03:11:01	04:22:37.05	04:22:37.05	7:35	7.9
10	CIEPIELA PATRYK	108	NOWA HUTA TEAM	KRAKÓW	POL	M-OPEN	10	M 10	NOWA HUTA TEAM	02:17:20	03:05:39	04:24:20.95	04:24:20.95	7:38	7.9
11	BAROS DANIEL	103	KB FALSTART RUDNIKI	RUDNIKI	POL	M-OPEN	11	M 11		02:29:03	03:14:30	04:24:31.75	04:24:31.75	7:38	7.8
12	SENDEK SYLWIA	150		KOSZYCE	POL	K-OPEN	1	K 1		02:29:40	03:16:16	04:25:37.65	04:25:37.65	7:40	7.8
13	KLONOWSKI JACEK	121		GRODEK	POL	M-OPEN	12	M 12		02:22:02	03:11:37	04:27:42.30	04:27:42.30	7:44	7.8
14	STACHURSKI PAWEŁ	175			POL	M-OPEN	13	M 13		02:29:50		04:35:25.30	04:35:25.30	7:57	7.5
15	ADAMEK DARIUSZ	100	#ADAMCZERWIŃSKITEAM	KRAKÓW	POL	M-OPEN	14	M 14		02:32:43	03:19:41	04:35:46.55	04:35:46.55	7:58	7.5
16	WIERZBA MICHAŁ	174	RUM KLINY TEAM	GŁOGOCZÓW	POL	M-OPEN	15	M 15		02:31:50	03:22:08	04:35:50.80	04:35:50.80	7:58	7.5
17	NIEDŹWIĄDEK PIOTR	136	#ADAMCZERWIŃSKITEAM	KRAKÓW	POL	M-OPEN	16	M 16		02:32:43	03:19:44	04:35:55.20	04:35:55.20	7:58	7.5
18	LEŚNIAK ANNA	128	SALT RUNNERS BOCHNIA	BOCHNIA	POL	K-OPEN	2	K 2		02:32:04	03:24:43	04:37:59.35	04:37:59.35	8:02	7.5
19	HAJDA JUSTYNA	117	MAFIA TEAM LUBLINIEC	RADZIONKÓW	POL	K-OPEN	3	K 3		02:35:13	03:26:29	04:44:16.15	04:44:16.15	8:12	7.3
20	SZEWCZYK WIESŁAW	159	ŁUKOWICA TO MY.	ŁUKOWICA	POL	M-OPEN	17	M 17		02:32:55	03:26:22	04:45:41.35	04:45:41.35	8:15	7.3
21	OPAŁKA DAMIAN	139	MYRACE	WARSZAWA	POL	M-OPEN	18	M 18		02:31:55	03:26:57	04:47:59.85	04:47:59.85	8:19	7.2
22	TOKARSKI TOMASZ	162	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M-OPEN	19	M 19	OSTROBIEC 2	02:43:01	03:32:20	04:48:09.05	04:48:09.05	8:19	7.2
23	WARZECHA KAMIL	167	RMT TEAM	JAWORZNO	POL	M-OPEN	20	M 20		02:33:47	03:25:26	04:48:54.85	04:48:54.85	8:20	7.2
24	KUBIAK MARCIN	126	KUBIAK	CZECHOWICE-DZIEDZICE	POL	M-OPEN	21	M 21		02:36:01	03:28:58	04:50:37.25	04:50:37.25	8:23	7.1
25	KRUPA ROMAN	247		DZIANISZ	POL	M-OPEN	22	M 22		02:35:21	03:28:49	04:50:48.80	04:50:48.80	8:24	7.1
26	PUDZISZ PIOTR	146		KRAKÓW	POL	M-OPEN	23	M 23		02:36:25	03:30:10	04:50:55.25	04:50:55.25	8:24	7.1
27	KOPACZ KATARZYNA	123		KATOWICE	POL	K-OPEN	4	K 4		02:33:53	03:29:49	04:51:57.85	04:51:57.85	8:26	7.1
28	MATUSZ TADEUSZ	131		ROKIETNICA	POL	M-OPEN	24	M 24		02:35:50	03:30:26	04:55:33.10	04:55:33.10	8:32	7
29	RECLIK PIOTR	148		RYBNIK	POL	M-OPEN	25	M 25		02:40:08	03:32:27	04:56:34.60	04:56:34.60	8:34	7
30	DZIERŻAK ELŻBIETA	113	WWW.TRENINGFIZJOTERAPIA.PL	GŁOGÓW MAŁOPOLSKI	POL	K-OPEN	5	K 5		02:44:35	03:37:44	04:59:40.60	04:59:40.60	8:39	6.9
31	MOSIO GRZEGORZ	134		ŻELICHÓW	POL	M-OPEN	26	M 26		02:39:35	03:34:32	05:01:57.20	05:01:57.20	8:43	6.9
32	BARTYKOWSKA MARTA	104		ŁĄJSKI	POL	K-OPEN	6	K 6		02:45:52	03:45:02	05:09:22.45	05:09:22.45	8:56	6.7
33	SOBCZAK MAGDALENA	152	WIELISZEW HERON TEAM	WIELISZEW	POL	K-OPEN	7	K 7		02:45:52	03:44:48	05:10:00.60	05:10:00.60	8:57	6.7
34	MUSIAŁ EWELINA	135		KRAKÓW	POL	K-OPEN	8	K 8		02:46:13	03:44:44	05:12:50.10	05:12:50.10	9:02	6.6
35	PAWELCZYK KRZYSZTOF	142	SOBAS TEAM	KIELCE	POL	M-OPEN	27	M 27		02:50:06	03:45:24	05:20:18.40	05:20:18.40	9:15	6.5
36	TOKARZ MARCIN	163		LIBERTÓW	POL	M-OPEN	28	M 28		02:55:19	03:50:47	05:21:02.00	05:21:02.00	9:16	6.5
37	NOWIŃSKI JAKUB	138	ŁÓDŹRUNCREW/JAKOTEAM	ŁÓDŹ	POL	M-OPEN	29	M 29		02:49:24	03:50:01	05:26:55.95	05:26:55.95	9:26	6.4
38	JĘDZURA DANIEL	119		GLIWICE	POL	M-OPEN	30	M 30		02:43:35	03:37:10	05:28:16.65	05:28:16.65	9:29	6.3
39	RECLIK JACEK	147	SMAKI BIEGANIA	RYBNIK	POL	M-OPEN	31	M 31		02:53:42	03:50:11	05:29:50.90	05:29:50.90	9:31	6.3
40	KOWALCZYK KAZIMIERZ	124	KS MURZASICHLE	WITÓW	POL	M-OPEN	32	M 32		02:20:25	03:09:24	05:30:24.65	05:30:24.65	9:32	6.3
41	DZIADURA DAMIAN	112	BIEGAM BO LUBIĘ	TARNOBRZEG	POL	M-OPEN	33	M 33		02:55:24	03:54:36	05:32:40.20	05:32:40.20	9:36	6.2

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							cat.								
42	SZCZEPANEK KAMIL	158		TARNOBRZEG	POL	M-OPEN	34	M 34		02:55:25	03:54:39	05:32:40.45	05:32:40.45	9:36	6.2
43	WROBLEWSKI MATEUSZ	171		GLIWICE	POL	M-OPEN	35	M 35		02:57:35	03:58:05	05:33:15.25	05:33:15.25	9:37	6.2
44	KUCZYŃSKI GRZEGORZ	127	BIALYSTOK BIEGA TEAM	IGNATKI	POL	M-OPEN	36	M 36		02:59:54	03:57:46	05:41:11.10	05:41:11.10	9:51	6.1
45	PAWELEC KRYSZYNA	143	DOGOŃ GRODZISK MAZOWIECKI	PIASTÓW	POL	K-OPEN	9	K 9		03:05:40	04:02:36	05:41:31.40	05:41:31.40	9:52	6.1
46	NOWAK EWELINA	137	SPARTAN TRAINING GROUP TARNÓW	GROMNIK	POL	K-OPEN	10	K 10		02:56:43	03:57:40	05:41:31.85	05:41:31.85	9:52	6.1
47	UCIŃSKI GRZEGORZ	166		ŁÓDŹ	POL	M-OPEN	37	M 37		03:04:25	04:06:30	05:44:53.20	05:44:53.20	9:58	6
48	ŚWIETLIK PAWEŁ	160		ŁBISKA	POL	M-OPEN	38	M 38		03:03:37	04:05:35	05:48:34.30	05:48:34.30	10:04	6
49	MATYSZCZAK MATEUSZ	132		TYCHY	POL	M-OPEN	39	M 39		03:00:15	03:58:14	05:49:22.10	05:49:22.10	10:05	5.9
50	WOJTCZAK MATEUSZ	170		WARSZAWA	POL	M-OPEN	40	M 40		03:00:04	04:05:33	05:50:41.85	05:50:41.85	10:08	5.9
51	STALOWSKA JOLANTA	154	OSTROBIEC	GROMADZICE	POL	K-OPEN	11	K 11	OSTROBIEC	02:57:12	04:12:49	05:51:51.50	05:51:51.50	10:10	5.9
52	STALOWSKI PAWEŁ	155	OSTROBIEC	GROMADZICE	POL	M-OPEN	41	M 41		02:57:13	04:01:18	05:54:53.10	05:54:53.10	10:15	5.8
53	BUDZIASZEK AGNIESZKA	106	EFFI RUN TEAM	KRAKOW	POL	K-OPEN	12	K 12		03:05:04	04:06:33	06:00:25.10	06:00:25.10	10:25	5.8
54	PUDŁO SEBASTIAN	145	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M-OPEN	42	M 42	OSTROBIEC 2	03:11:31		06:04:40.80	06:04:40.80	10:32	5.7
55	SKOCZEK TOMASZ	151		KIELCE	POL	M-OPEN	43	M 43		03:10:16		06:07:35.70	06:07:35.70	10:37	5.6
56	WNUK PRZEMYSŁAW	169	KALINA FOREVER	LUBLIN	POL	M-OPEN	44	M 44		03:29:09	04:29:37	06:08:06.75	06:08:06.75	10:38	5.6
57	BUKOWIEC JUSTYNA	107	KKM KALORYFER	KRAKÓW	POL	K-OPEN	13	K 13		03:15:00		06:12:19.50	06:12:19.50	10:45	5.6
58	TADLA IZABELA	161	#NOLIMITS	LUBLIN	POL	K-OPEN	14	K 14		03:10:12		06:15:35.15	06:15:35.15	10:51	5.5
59	PATEREK ADA	173	12TRI.PL	WARSZAWA	POL	K-OPEN	15	K 15		03:15:05	04:26:02	06:19:49.55	06:19:49.55	10:58	5.5
60	TRYCH DOROTA	164		WARSZAWA	POL	K-OPEN	16	K 16	MOKATO FALUSY	03:23:22	04:32:29	06:26:11.20	06:26:11.20	11:09	5.4
61	WARZOCHA PAWEŁ	168	NIECHBIEGA	RZESZÓW	POL	M-OPEN	45	M 45		03:28:23	04:27:13	06:26:36.15	06:26:36.15	11:10	5.4
62	DABROWSKI DARIUSZ	110	KALINA FOREVER	JÓZEFOSŁAW	POL	M-OPEN	46	M 46		03:29:09	04:38:33	06:35:40.05	06:35:40.05	11:26	5.2
63	TUSIŃSKI SEWERYN	165	OSTROBIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M-OPEN	47	M 47		03:23:11	04:35:37	06:36:36.90	06:36:36.90	11:27	5.2
64	BOGUSZ TOMASZ	105	PROGRAMISTA W RUCHU	LUSZOWICE	POL	M-OPEN	48	M 48		03:29:08	04:44:46	06:39:39.10	06:39:39.10	11:33	5.2
65	STERNIK DANIEL	156		LUBLIN	POL	M-OPEN	49	M 49		03:19:10	04:40:21	07:04:35.35	07:04:35.35	12:16	4.9
66	KIERUS ŁUKASZ	120	BIALYSTOK BIEGA TEAM	OGRODNICZKI	POL	M-OPEN	50	M 50		03:32:55	04:43:49	07:13:04.45	07:13:04.45	12:30	4.8
	GARUS ŁUKASZ	115		BYTOM	POL	M-OPEN				02:36:56	03:25:32	DNF	DNF	-	-
										DNF	DNF	DNF	DNF	-	-
	LIŚKIEWICZ HUBERT	129	MY ENDURANCE COACHING	MICHAŁÓW	POL	M-OPEN				02:38:29	DNF	DNF	DNF	-	-
										DNF					