

BIEG WALENTYNKOWY

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 2023-02-18

Miejsce: Koszalin

Dystans: 5 km

Wyniki dla punktu pomiaru: 2.3 km

Klasyfikacja wg czasów netto.



BIEG WALENTYNKOWY, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|-----|---|--------------|------|--------------------|----------|----------|----------|
| 1 | PIOTRASCHKE PIOTR | 113 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 KM | 00:04:50 | 00:07:10 | 00:10:28 |
| 2 | CZERNIEWSKI MARCIN | 112 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 KM | 00:04:50 | 00:07:10 | 00:10:25 |
| 3 | WITKOWSKI MATEUSZ | 105 | WITKOWSKI TRENINGI ON-LINE | NOWE BIELICE | POL | PREMIA M - 1 KM | 00:04:51 | 00:07:11 | 00:10:27 |
| 4 | PROWANCKI PATRYK | 79 | WILKI POMORSKIE | KOSZALIN | POL | PREMIA M - 1 KM | 00:04:51 | 00:07:11 | 00:10:27 |
| 5 | KĘPKA ADRIAN | 33 | | WIEKOWO | POL | PREMIA M - 1 KM | 00:05:05 | 00:07:38 | 00:11:08 |
| 6 | RYBARCZYK JAN | 87 | ŻYJ Z ENERGIA | DARŁOWO | POL | PREMIA M - 1 KM | 00:05:05 | 00:07:38 | 00:11:08 |
| 7 | RUDNIK KRZYSZTOF | 82 | | SŁUPSK | POL | PREMIA M - 1 KM | 00:05:06 | 00:07:39 | 00:11:08 |
| 8 | KOZAK ARKADIUSZ | 120 | HERKULES | BONIN | POL | PREMIA M - 1 KM | 00:05:13 | 00:07:48 | 00:11:24 |
| 9 | SIADAK ARKADIUSZ | 89 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:25 | 00:08:06 | 00:11:51 |
| 10 | SMAGOWSKI WOJCIECH | 90 | OSP RĄBINO | RĄBINO | POL | PREMIA M - 1 KM | 00:05:34 | 00:08:19 | 00:12:06 |
| 11 | RUDNIKOWSKI MACIEJ | 83 | DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL | DARŁOWO | POL | PREMIA M - 1 KM | 00:05:33 | 00:08:20 | 00:12:03 |
| 12 | FEDORCZAK ŁUKASZ | 15 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA M - 1 KM | 00:05:35 | 00:08:21 | 00:12:06 |
| 13 | MICHAŁOWSKI PIOTR | 63 | | PRZECHLEWO | POL | PREMIA M - 1 KM | 00:05:33 | 00:08:21 | 00:12:09 |
| 14 | WITKIEWICZ ERYK | 104 | | BIAŁOGARD | POL | PREMIA M - 1 KM | 00:05:41 | 00:08:27 | 00:12:14 |
| 15 | SZNYTER HUBERT | 116 | | POLANÓW | POL | PREMIA M - 1 KM | 00:05:41 | 00:08:27 | 00:12:07 |
| 16 | NOWAK RADOSŁAW | 67 | WEST COAST TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | PREMIA M - 1 KM | 00:05:42 | 00:08:38 | 00:12:46 |
| 17 | KLIMOWICZ MICHAŁ | 35 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:35 | 00:08:39 | 00:12:34 |
| 18 | WRZESZCZ BARTOSZ | 107 | | BROKĘCINO | POL | PREMIA M - 1 KM | 00:05:44 | 00:08:43 | 00:12:50 |
| 19 | KOZIEŁ PAWEŁ | 42 | KĘPKANATRASIE | RĄBINO | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:48 | 00:12:54 |
| 20 | KOZAK GRZEGORZ | 7 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:49 | 00:12:54 |
| 21 | WEBER PAWEŁ | 103 | BIEGOLAS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:49 | 00:12:54 |
| 22 | SZULC ARKADIUSZ ARBUZ | 96 | 7PROTEAM | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:59 | 00:08:53 | 00:12:55 |
| 23 | KONKEL AGNIESZKA | 39 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:05:54 | 00:08:54 | 00:13:02 |

BIEG WALENTYNKOWY, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|----------------------------|-----|------------------------------------|------------------|------|--------------------|----------|----------|----------|
| 24 | SZCZUBLEWSKI MARTIN | 95 | KAMIEŃ RYMAŃSKI | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:03 | 00:09:14 | 00:13:35 |
| 25 | KRUK MARCIN | 45 | TKKF MASTERS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:07 | 00:09:18 | 00:13:43 |
| 26 | MRÓWKA KATARZYNA | 65 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | PREMIA K - 1 KM | 00:06:17 | 00:09:23 | 00:13:37 |
| 27 | GAWĘDA EMIL | 22 | DARŁOWSKIE CHARTY / #KĘPKANATRASIE | STARY JAROSŁAW | POL | PREMIA M - 1 KM | 00:06:21 | 00:09:33 | 00:13:53 |
| 28 | GUDANIEC KATARZYNA | 25 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:06:24 | 00:09:37 | 00:14:03 |
| 29 | WALEŃSKI MICHAŁ | 8 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:34 | 00:09:41 | 00:13:54 |
| 30 | SAWIŃSKI JACEK | 88 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:33 | 00:09:41 | 00:14:00 |
| 31 | CHUDY HENRYK | 10 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | PREMIA M - 1 KM | 00:06:41 | 00:09:58 | 00:14:28 |
| 32 | REDLICKI PIOTR | 80 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:06:37 | 00:10:00 | 00:14:37 |
| 33 | WASYLEWICZ KRZYSTOF | 102 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:39 | 00:10:02 | 00:14:47 |
| 34 | MARCINKOWSKI PATRYK | 57 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:46 | 00:10:03 | 00:14:34 |
| 35 | MAZIEC BEATA | 59 | BIEGOLAS/TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:06:45 | 00:10:03 | 00:14:34 |
| 36 | ADASZYŃSKI WIESŁAW | 3 | BIEGOLAS KOSZALIN | BOBOLICE | POL | PREMIA M - 1 KM | 00:06:41 | 00:10:06 | 00:14:59 |
| 37 | SUDER-MAKSYMOWICZ GRZEGORZ | 94 | | USTRONIE MORSKIE | POL | PREMIA M - 1 KM | 00:06:47 | 00:10:10 | 00:14:54 |
| 38 | MANDZIAK PIOTR | 56 | | KONIKOWO | POL | PREMIA M - 1 KM | 00:06:50 | 00:10:20 | 00:15:08 |
| 39 | MARCINIAK MACIEJ | 58 | KS POGOŃ POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | PREMIA M - 1 KM | 00:06:54 | 00:10:22 | 00:14:44 |
| 40 | KRZEWIŃSKA MAŁGORZATA | 46 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:01 | 00:10:24 | 00:15:04 |
| 41 | MAZUR EMILIUSZ | 60 | GROOT TEAM | DARŁOWO | POL | PREMIA M - 1 KM | 00:06:59 | 00:10:26 | 00:15:03 |
| 42 | KUROWSKI MARCIN | 52 | SHELTIES RACE | SŁUPSK | POL | PREMIA M - 1 KM | 00:07:04 | 00:10:29 | 00:15:06 |
| 43 | KISIELIŃSKI IGOR | 34 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:01 | 00:10:30 | 00:15:20 |
| 44 | BODO RAFAŁ | 6 | ZOKKOSZ KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:05 | 00:10:32 | 00:15:16 |
| 45 | FEDORCZAK JOANNA | 16 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA K - 1 KM | 00:07:01 | 00:10:38 | 00:15:30 |
| 46 | GIEDROWICZ ALEKSANDRA | 23 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:09 | 00:10:41 | 00:15:40 |
| 47 | RYBAK PRZEMYSŁAW | 86 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:13 | 00:10:42 | 00:15:37 |
| 48 | RYBAK DARIA | 85 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:13 | 00:10:42 | 00:15:37 |
| 49 | SCHWARZ LUDWIK | 115 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:19 | 00:10:43 | 00:15:09 |
| 50 | ADAMOWICZ KINGA | 2 | | SZCZECINEK | POL | PREMIA K - 1 KM | 00:07:10 | 00:10:49 | 00:15:51 |
| 51 | MAZUR MIROSLAW | 61 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:11 | 00:10:49 | 00:15:51 |
| 52 | KORNELUK OSKAR | 40 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:33 | 00:10:50 | 00:15:19 |

BIEG WALENTYNKOWY, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|----|----------------------------------|-----------------|------|--------------------|----------|----------|----------|
| 53 | DĄBROWSKI GRZEGORZ | 12 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:17 | 00:10:50 | 00:15:42 |
| 54 | STASZAK PAWEŁ | 91 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:27 | 00:10:56 | 00:15:51 |
| 55 | FOLTYNIEWICZ GRAŻYNA | 19 | | SZCZECINEK | POL | PREMIA K - 1 KM | 00:07:20 | 00:10:57 | 00:16:11 |
| 56 | FOLTYNIEWICZ MACIEJ | 18 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:07:20 | 00:10:57 | 00:16:10 |
| 57 | DRABKOWSKA AGNIESZKA | 13 | CUDAK ♥ | BIAŁOGARD | POL | PREMIA K - 1 KM | 00:07:22 | 00:11:01 | 00:16:02 |
| 58 | DRULIK-HOŁUB MARTA | 14 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:28 | 00:11:08 | 00:15:44 |
| 59 | RUDZIŃSKI BRONISŁAW | 84 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:26 | 00:11:08 | 00:16:21 |
| 60 | BUDZIŃSKI PAWEŁ | 9 | KĘPKA NA TRASIE - DRUŻYNA SZPIKU | KONIKOWO | POL | PREMIA M - 1 KM | 00:07:32 | 00:11:18 | 00:16:16 |
| 61 | KOLIGAT ANNA | 38 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:37 | 00:11:21 | 00:16:32 |
| 62 | MRÓWKA MARIUSZ | 66 | | KAMIENNA GÓRA | POL | PREMIA M - 1 KM | 00:07:24 | 00:11:27 | 00:17:01 |
| 63 | KUROWSKA OLGA | 51 | SHELTIES RACE | SŁUPSK | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:47 |
| 64 | BARTON KRYSZYNA | 4 | PRZECHLEWO | PRZECHLEWO | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:53 |
| 65 | LESZCZEŁOWSKI PIOTR | 53 | SHELTIES RACE | ZŁOCENIEC | POL | PREMIA M - 1 KM | 00:07:46 | 00:11:32 | 00:16:46 |
| 66 | PLESIEWICZ TOMASZ | 78 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:50 | 00:11:39 | 00:16:58 |
| 67 | GANNON JULIA | 21 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:08:16 | 00:12:00 | 00:17:28 |
| 68 | JUSZCZAK KRZYSZTOF | 29 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:57 | 00:12:03 | 00:17:48 |
| 69 | PAWŁOWSKA URSZULA | 71 | | KOŁOBRZEG | POL | PREMIA K - 1 KM | 00:08:06 | 00:12:05 | 00:17:28 |
| 70 | REKSA RADOSŁAW | 81 | | ŁOBEZ | POL | PREMIA M - 1 KM | 00:08:07 | 00:12:06 | 00:17:22 |
| 71 | TOBER-REKSA EDYTA | 98 | | ŁOBEZ | POL | PREMIA K - 1 KM | 00:08:14 | 00:12:07 | 00:17:26 |
| 72 | FLIS ANNA | 17 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:21 | 00:12:15 | 00:17:38 |
| 73 | PIETRZYKOWSKI MATEUSZ | 77 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:21 | 00:12:16 | 00:17:38 |
| 74 | MALISZEWSKA NATALIA | 62 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:07:58 | 00:12:21 | 00:18:37 |
| 75 | PIETRZYK RAFAŁ | 76 | | KALISZ POMORSKI | POL | PREMIA M - 1 KM | 00:08:20 | 00:12:23 | 00:17:55 |
| 76 | PEŁKA IWONA | 72 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:37 | 00:18:17 |
| 77 | KANIEWSKA ANETTA | 30 | | BONIN | POL | PREMIA K - 1 KM | 00:08:27 | 00:12:43 | 00:18:37 |
| 78 | KANIEWSKI PATRYK | 31 | | BONIN | POL | PREMIA M - 1 KM | 00:08:27 | 00:12:43 | 00:18:38 |
| 79 | HELLER ZDZISŁAW | 27 | HERBMARATONOW.PL | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:31 | 00:12:44 | 00:18:33 |
| 80 | KUKLIŃSKA BEATA | 49 | DREAM TEAM | BYTÓW | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:58 | 00:18:48 |

BIEG WALENTYNKOWY, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|--------------------------|-----|-----------------|------------------|------|--------------|----------|----------|----------|
| 81 | MACIEJEWSKI RADOSŁAW | 54 | RADRADTEAM | MANOWO | POL | PREMIA M - 1 | 00:08:51 | 00:13:07 | 00:18:56 |
| 82 | WOLF BEATA | 106 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 | 00:08:52 | 00:13:07 | 00:18:57 |
| 83 | SUDER-MAKSYMOWICZ MONIKA | 93 | | USTRONIE MORSKIE | POL | PREMIA K - 1 | 00:08:57 | 00:13:13 | 00:19:10 |
| 84 | MILEK EMILIA | 64 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 | 00:09:16 | 00:13:13 | 00:19:08 |
| 85 | BEDNARZ KATARZYNA | 5 | | KOŁOBRZEG | POL | PREMIA K - 1 | 00:09:00 | 00:13:24 | 00:19:22 |
| 86 | MAKSYLEWICZ DANIELA | 55 | | ŁOBEZ | POL | PREMIA K - 1 | 00:08:52 | 00:13:34 | 00:19:43 |
| 87 | STĘPIEŃ KAROLINA | 92 | | SŁAWNO | POL | PREMIA K - 1 | 00:09:08 | 00:13:47 | 00:20:22 |
| 88 | KRZYSZTOFIK SEBASTIAN | 48 | | KOSZALIN | POL | PREMIA M - 1 | 00:09:32 | 00:13:51 | 00:19:19 |
| 89 | ADAMEK KAMILA | 1 | | SŁAWNO | POL | PREMIA K - 1 | 00:09:43 | 00:14:33 | 00:21:18 |
| 90 | CICHOSZ JERZY | 11 | | KOSZALIN | POL | PREMIA M - 1 | 00:09:47 | 00:14:34 | 00:20:55 |
| 91 | OLCZYKOWSKI BARTOSZ | 114 | | DĄBKI | POL | PREMIA M - 1 | 00:09:55 | 00:14:44 | 00:21:25 |
| 92 | ZENGOTA DOMINIKA | 109 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 | 00:10:21 | 00:15:11 | 00:22:00 |
| 93 | WALKOWIAK DARIA | 100 | | KOSZALIN | POL | PREMIA K - 1 | 00:09:32 | 00:15:22 | 00:22:33 |
| 94 | KRZYSZTOFIK KATARZYNA | 47 | | KOSZALIN | POL | PREMIA K - 1 | 00:09:32 | 00:15:22 | 00:22:33 |
| 95 | SZYPRYT KAROL | 97 | DREAM TEAM | BYTOW | POL | PREMIA M - 1 | 00:08:32 | | 00:28:30 |

BIEG WALENTYNKOWY, K-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|----|------------------------------|---------------|------|--------------|----------|----------|----------|
| 1 | KONKEL AGNIESZKA | 39 | | KOSZALIN | POL | PREMIA K - 1 | 00:05:54 | 00:08:54 | 00:13:02 |
| 2 | MRÓWKA KATARZYNA | 65 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | PREMIA K - 1 | 00:06:17 | 00:09:23 | 00:13:37 |
| 3 | GUDANIEC KATARZYNA | 25 | | KOSZALIN | POL | PREMIA K - 1 | 00:06:24 | 00:09:37 | 00:14:03 |
| 4 | MAZIEC BEATA | 59 | BIEGOLAS/TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 | 00:06:45 | 00:10:03 | 00:14:34 |
| 5 | KRZEWIŃSKA MAŁGORZATA | 46 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 | 00:07:01 | 00:10:24 | 00:15:04 |
| 6 | FEDORCZAK JOANNA | 16 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA K - 1 | 00:07:01 | 00:10:38 | 00:15:30 |
| 7 | GIEDROWICZ ALEKSANDRA | 23 | | KOSZALIN | POL | PREMIA K - 1 | 00:07:09 | 00:10:41 | 00:15:40 |
| 8 | RYBAK DARIA | 85 | | KOSZALIN | POL | PREMIA K - 1 | 00:07:13 | 00:10:42 | 00:15:37 |
| 9 | ADAMOWICZ KINGA | 2 | | SZCZECINEK | POL | PREMIA K - 1 | 00:07:10 | 00:10:49 | 00:15:51 |
| 10 | FOLTYNIEWICZ GRAŻYNA | 19 | | SZCZECINEK | POL | PREMIA K - 1 | 00:07:20 | 00:10:57 | 00:16:11 |
| 11 | DRABKOWSKA AGNIESZKA | 13 | CUDAK | BIALOGARD | POL | PREMIA K - 1 | 00:07:22 | 00:11:01 | 00:16:02 |

BIEG WALENTYNKOWY, K-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|--------------------------|-----|-----------------|------------------|------|--------------------|----------|----------|----------|
| 12 | DRULIK-HOŁUB MARTA | 14 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:28 | 00:11:08 | 00:15:44 |
| 13 | KOLIGAT ANNA | 38 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:37 | 00:11:21 | 00:16:32 |
| 14 | KUROWSKA OLGA | 51 | SHELTIES RACE | SŁUPSK | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:47 |
| 15 | BARTON KRYSZYNA | 4 | PRZECHLEWO | PRZECHLEWO | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:53 |
| 16 | GANNON JULIA | 21 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:08:16 | 00:12:00 | 00:17:28 |
| 17 | PAWŁOWSKA URSZULA | 71 | | KOŁOBRZEG | POL | PREMIA K - 1 KM | 00:08:06 | 00:12:05 | 00:17:28 |
| 18 | TOBER-REKSA EDYTA | 98 | | ŁOBEZ | POL | PREMIA K - 1 KM | 00:08:14 | 00:12:07 | 00:17:26 |
| 19 | FLIS ANNA | 17 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:21 | 00:12:15 | 00:17:38 |
| 20 | MALISZEWSKA NATALIA | 62 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:07:58 | 00:12:21 | 00:18:37 |
| 21 | PEŁKA IWONA | 72 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:37 | 00:18:17 |
| 22 | KANIEWSKA ANETTA | 30 | | BONIN | POL | PREMIA K - 1 KM | 00:08:27 | 00:12:43 | 00:18:37 |
| 23 | KUKLIŃSKA BEATA | 49 | DREAM TEAM | BYTÓW | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:58 | 00:18:48 |
| 24 | WOLF BEATA | 106 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:52 | 00:13:07 | 00:18:57 |
| 25 | SUDER-MAKSYMOWICZ MONIKA | 93 | | USTRONIE MORSKIE | POL | PREMIA K - 1 KM | 00:08:57 | 00:13:13 | 00:19:10 |
| 26 | MIŁEK EMILIA | 64 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:09:16 | 00:13:13 | 00:19:08 |
| 27 | BEDNARZ KATARZYNA | 5 | | KOŁOBRZEG | POL | PREMIA K - 1 KM | 00:09:00 | 00:13:24 | 00:19:22 |
| 28 | MAKSYLEWICZ DANIELA | 55 | | ŁOBEZ | POL | PREMIA K - 1 KM | 00:08:52 | 00:13:34 | 00:19:43 |
| 29 | STĘPIEŃ KAROLINA | 92 | | SŁAWNO | POL | PREMIA K - 1 KM | 00:09:08 | 00:13:47 | 00:20:22 |
| 30 | ADAMEK KAMILA | 1 | | SŁAWNO | POL | PREMIA K - 1 KM | 00:09:43 | 00:14:33 | 00:21:18 |
| 31 | ZENGOTA DOMINIKA | 109 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:10:21 | 00:15:11 | 00:22:00 |
| 32 | KRZYSZTOFIK KATARZYNA | 47 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:09:32 | 00:15:22 | 00:22:33 |
| 33 | WALKOWIAK DARIA | 100 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:09:32 | 00:15:22 | 00:22:33 |

BIEG WALENTYNKOWY, M-OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|--------------------|-----|----------------------------|--------------|------|--------------------|----------|----------|----------|
| 1 | CZERNIEWSKI MARCIN | 112 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 KM | 00:04:50 | 00:07:10 | 00:10:25 |
| 2 | PIOTRASCHKE PIOTR | 113 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 KM | 00:04:50 | 00:07:10 | 00:10:28 |
| 3 | PROWANCKI PATRYK | 79 | WILKI POMORSKIE | KOSZALIN | POL | PREMIA M - 1 KM | 00:04:51 | 00:07:11 | 00:10:27 |
| 4 | WITKOWSKI MATEUSZ | 105 | WITKOWSKI TRENINGI ON-LINE | NOWE BIELICE | POL | PREMIA M - 1 KM | 00:04:51 | 00:07:11 | 00:10:27 |

BIEG WALENTYNKOWY, M-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|----------------------------|-----|---|------------------|------|--------------------|----------|----------|----------|
| 5 | KĘPKA ADRIAN | 33 | | WIEKOWO | POL | PREMIA M - 1 KM | 00:05:05 | 00:07:38 | 00:11:08 |
| 6 | RYBARCZYK JAN | 87 | ŻYJ Z ENERGIA | DARŁOWO | POL | PREMIA M - 1 KM | 00:05:05 | 00:07:38 | 00:11:08 |
| 7 | RUDNIK KRZYSZTOF | 82 | | SŁUPSK | POL | PREMIA M - 1 KM | 00:05:06 | 00:07:39 | 00:11:08 |
| 8 | KOZAK ARKADIUSZ | 120 | HERKULES | BONIN | POL | PREMIA M - 1 KM | 00:05:13 | 00:07:48 | 00:11:24 |
| 9 | SIADAK ARKADIUSZ | 89 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:25 | 00:08:06 | 00:11:51 |
| 10 | SMAGOWSKI WOJCIECH | 90 | OSP RĄBINO | RĄBINO | POL | PREMIA M - 1 KM | 00:05:34 | 00:08:19 | 00:12:06 |
| 11 | RUDNIKOWSKI MACIEJ | 83 | DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL | DARŁOWO | POL | PREMIA M - 1 KM | 00:05:33 | 00:08:20 | 00:12:03 |
| 12 | FEDORCZAK ŁUKASZ | 15 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA M - 1 KM | 00:05:35 | 00:08:21 | 00:12:06 |
| 13 | MICHAŁOWSKI PIOTR | 63 | | PRZECHELEWO | POL | PREMIA M - 1 KM | 00:05:33 | 00:08:21 | 00:12:09 |
| 14 | WITKIEWICZ ERYK | 104 | | BIALOGARD | POL | PREMIA M - 1 KM | 00:05:41 | 00:08:27 | 00:12:14 |
| 15 | SZNYTER HUBERT | 116 | | POLANÓW | POL | PREMIA M - 1 KM | 00:05:41 | 00:08:27 | 00:12:07 |
| 16 | NOWAK RADOSŁAW | 67 | WEST COAST TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | PREMIA M - 1 KM | 00:05:42 | 00:08:38 | 00:12:46 |
| 17 | KLIMOWICZ MICHAŁ | 35 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:35 | 00:08:39 | 00:12:34 |
| 18 | WRZESZCZ BARTOSZ | 107 | | BROKĘCINO | POL | PREMIA M - 1 KM | 00:05:44 | 00:08:43 | 00:12:50 |
| 19 | KOZIEŁ PAWEŁ | 42 | KĘPKANATRASIE | RĄBINO | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:48 | 00:12:54 |
| 20 | KOZAK GRZEGORZ | 7 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:49 | 00:12:54 |
| 21 | WEBER PAWEŁ | 103 | BIEGOLAS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:53 | 00:08:49 | 00:12:54 |
| 22 | SZULC ARKADIUSZ ARBUZ | 96 | 7PROTEAM | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:59 | 00:08:53 | 00:12:55 |
| 23 | SZCZUBLEWSKI MARTIN | 95 | KAMIEŃ RYMAŃSKI | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:03 | 00:09:14 | 00:13:35 |
| 24 | KRUK MARCIN | 45 | TKKF MASTERS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:07 | 00:09:18 | 00:13:43 |
| 25 | GAWĘDA EMIL | 22 | DARŁOWSKIE CHARTY / #KĘPKANATRASIE | STARY JAROSŁAW | POL | PREMIA M - 1 KM | 00:06:21 | 00:09:33 | 00:13:53 |
| 26 | WALEŃSKI MICHAŁ | 8 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:34 | 00:09:41 | 00:13:54 |
| 27 | SAWIŃSKI JACEK | 88 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:33 | 00:09:41 | 00:14:00 |
| 28 | CHUDY HENRYK | 10 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | PREMIA M - 1 KM | 00:06:41 | 00:09:58 | 00:14:28 |
| 29 | REDLICKI PIOTR | 80 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:06:37 | 00:10:00 | 00:14:37 |
| 30 | WASYLEWICZ KRZYSTOF | 102 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:39 | 00:10:02 | 00:14:47 |
| 31 | MARCINKOWSKI PATRYK | 57 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:46 | 00:10:03 | 00:14:34 |
| 32 | ADASZYŃSKI WIESŁAW | 3 | BIEGOLAS KOSZALIN | BOBOLICE | POL | PREMIA M - 1 KM | 00:06:41 | 00:10:06 | 00:14:59 |
| 33 | SUDER-MAKSYMOWICZ GRZEGORZ | 94 | | USTRONIE MORSKIE | POL | PREMIA M - 1 KM | 00:06:47 | 00:10:10 | 00:14:54 |

BIEG WALENTYNKOWY, M-OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|-----|----------------------------------|-----------------|------|--------------------|----------|----------|----------|
| 34 | MANDZIAK PIOTR | 56 | | KONIKOWO | POL | PREMIA M - 1 KM | 00:06:50 | 00:10:20 | 00:15:08 |
| 35 | MARCINIAK MACIEJ | 58 | KS POGOŃ POŁCZYŃ ZDRÓJ | POŁCZYŃ ZDRÓJ | POL | PREMIA M - 1 KM | 00:06:54 | 00:10:22 | 00:14:44 |
| 36 | MAZUR EMILIUSZ | 60 | GROOT TEAM | DARŁOWO | POL | PREMIA M - 1 KM | 00:06:59 | 00:10:26 | 00:15:03 |
| 37 | KUROWSKI MARCIN | 52 | SHELTIES RACE | SŁUPSK | POL | PREMIA M - 1 KM | 00:07:04 | 00:10:29 | 00:15:06 |
| 38 | KISIELIŃSKI IGOR | 34 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:01 | 00:10:30 | 00:15:20 |
| 39 | BODO RAFAŁ | 6 | ZOKKOSZ KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:05 | 00:10:32 | 00:15:16 |
| 40 | RYBAK PRZEMYSŁAW | 86 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:13 | 00:10:42 | 00:15:37 |
| 41 | SCHWARZ LUDWIK | 115 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:19 | 00:10:43 | 00:15:09 |
| 42 | MAZUR MIROSLAW | 61 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:11 | 00:10:49 | 00:15:51 |
| 43 | DĄBROWSKI GRZEGORZ | 12 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:17 | 00:10:50 | 00:15:42 |
| 44 | KORNELUK OSKAR | 40 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:33 | 00:10:50 | 00:15:19 |
| 45 | STASZAK PAWEŁ | 91 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:27 | 00:10:56 | 00:15:51 |
| 46 | FOLTYNIEWICZ MACIEJ | 18 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:07:20 | 00:10:57 | 00:16:10 |
| 47 | RUDZIŃSKI BRONISŁAW | 84 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:26 | 00:11:08 | 00:16:21 |
| 48 | BUDZIŃSKI PAWEŁ | 9 | KĘPKA NA TRASIE - DRUŻYNA SZPIKU | KONIKOWO | POL | PREMIA M - 1 KM | 00:07:32 | 00:11:18 | 00:16:16 |
| 49 | MRÓWKA MARIUSZ | 66 | | KAMIENNA GÓRA | POL | PREMIA M - 1 KM | 00:07:24 | 00:11:27 | 00:17:01 |
| 50 | LESZCZEŁOWSKI PIOTR | 53 | SHELTIES RACE | ZŁOCIENIEC | POL | PREMIA M - 1 KM | 00:07:46 | 00:11:32 | 00:16:46 |
| 51 | PLESIEWICZ TOMASZ | 78 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:50 | 00:11:39 | 00:16:58 |
| 52 | JUSZCZAK KRZYSZTOF | 29 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:57 | 00:12:03 | 00:17:48 |
| 53 | REKSA RADOSŁAW | 81 | | ŁOBEZ | POL | PREMIA M - 1 KM | 00:08:07 | 00:12:06 | 00:17:22 |
| 54 | PIETRZYKOWSKI MATEUSZ | 77 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:21 | 00:12:16 | 00:17:38 |
| 55 | PIETRZYK RAFAŁ | 76 | | KALISZ POMORSKI | POL | PREMIA M - 1 KM | 00:08:20 | 00:12:23 | 00:17:55 |
| 56 | KANIEWSKI PATRYK | 31 | | BONIN | POL | PREMIA M - 1 KM | 00:08:27 | 00:12:43 | 00:18:38 |
| 57 | HELLER ZDZISŁAW | 27 | HERBMARATONOW.PL | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:31 | 00:12:44 | 00:18:33 |
| 58 | MACIEJEWSKI RADOSŁAW | 54 | RADRADTEAM | MANOWO | POL | PREMIA M - 1 KM | 00:08:51 | 00:13:07 | 00:18:56 |
| 59 | KRZYSZTOFIK SEBASTIAN | 48 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:09:32 | 00:13:51 | 00:19:19 |
| 60 | CICHOSZ JERZY | 11 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:09:47 | 00:14:34 | 00:20:55 |
| 61 | OLCZYKOWSKI BARTOSZ | 114 | | DĄBK | POL | PREMIA M - 1 KM | 00:09:55 | 00:14:44 | 00:21:25 |
| 62 | SZYPRYT KAROL | 97 | DREAM TEAM | BYTOW | POL | PREMIA M - 1 KM | 00:08:32 | | 00:28:30 |

BIEG WALENTYNKOWY, Premia K - 1 km

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|--------------------------|-----|------------------------------|------------------|------|-----------------|----------|----------|----------|
| 1 | KONKEL AGNIESZKA | 39 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:05:54 | 00:08:54 | 00:13:02 |
| 2 | MRÓWKA KATARZYNA | 65 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | PREMIA K - 1 KM | 00:06:17 | 00:09:23 | 00:13:37 |
| 3 | GUDANIEC KATARZYNA | 25 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:06:24 | 00:09:37 | 00:14:03 |
| 4 | MAZIEC BEATA | 59 | BIEGOLAS/TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:06:45 | 00:10:03 | 00:14:34 |
| 5 | KRZEWIŃSKA MAŁGORZATA | 46 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:01 | 00:10:24 | 00:15:04 |
| 6 | FEDORCZAK JOANNA | 16 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA K - 1 KM | 00:07:01 | 00:10:38 | 00:15:30 |
| 7 | GIEDROWICZ ALEKSANDRA | 23 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:09 | 00:10:41 | 00:15:40 |
| 8 | RYBAK DARIA | 85 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:13 | 00:10:42 | 00:15:37 |
| 9 | ADAMOWICZ KINGA | 2 | | SZCZECINEK | POL | PREMIA K - 1 KM | 00:07:10 | 00:10:49 | 00:15:51 |
| 10 | FOLTYNIEWICZ GRAŻYNA | 19 | | SZCZECINEK | POL | PREMIA K - 1 KM | 00:07:20 | 00:10:57 | 00:16:11 |
| 11 | DRABKOWSKA AGNIESZKA | 13 | CUDAK ♥ | BIĄŁOGARD | POL | PREMIA K - 1 KM | 00:07:22 | 00:11:01 | 00:16:02 |
| 12 | DRULIK-HOŁUB MARTA | 14 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:28 | 00:11:08 | 00:15:44 |
| 13 | KOLIGAT ANNA | 38 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:07:37 | 00:11:21 | 00:16:32 |
| 14 | KUROWSKA OLGA | 51 | SHELTIES RACE | SŁUPSK | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:47 |
| 15 | BARTON KRYSZYNA | 4 | PRZECHLEWO | PRZECHLEWO | POL | PREMIA K - 1 KM | 00:07:44 | 00:11:32 | 00:16:53 |
| 16 | GANNON JULIA | 21 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:08:16 | 00:12:00 | 00:17:28 |
| 17 | PAWŁOWSKA URSZULA | 71 | | KOŁOBRZEG | POL | PREMIA K - 1 KM | 00:08:06 | 00:12:05 | 00:17:28 |
| 18 | TOBER-REKSA EDYTA | 98 | | ŁOBEZ | POL | PREMIA K - 1 KM | 00:08:14 | 00:12:07 | 00:17:26 |
| 19 | FLIS ANNA | 17 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:21 | 00:12:15 | 00:17:38 |
| 20 | MALISZEWSKA NATALIA | 62 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:07:58 | 00:12:21 | 00:18:37 |
| 21 | PEŁKA IWONA | 72 | | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:37 | 00:18:17 |
| 22 | KANIEWSKA ANETTA | 30 | | BONIN | POL | PREMIA K - 1 KM | 00:08:27 | 00:12:43 | 00:18:37 |
| 23 | KUKLIŃSKA BEATA | 49 | DREAM TEAM | BYTÓW | POL | PREMIA K - 1 KM | 00:08:31 | 00:12:58 | 00:18:48 |
| 24 | WOLF BEATA | 106 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA K - 1 KM | 00:08:52 | 00:13:07 | 00:18:57 |
| 25 | SUDER-MAKSYMOWICZ MONIKA | 93 | | USTRONIE MORSKIE | POL | PREMIA K - 1 KM | 00:08:57 | 00:13:13 | 00:19:10 |
| 26 | MIŁEK EMILIA | 64 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 KM | 00:09:16 | 00:13:13 | 00:19:08 |
| 27 | BEDNARZ KATARZYNA | 5 | | KOŁOBRZEG | POL | PREMIA K - 1 KM | 00:09:00 | 00:13:24 | 00:19:22 |
| 28 | MAKSYLEWICZ DANIELA | 55 | | ŁOBEZ | POL | PREMIA K - 1 KM | 00:08:52 | 00:13:34 | 00:19:43 |

BIEG WALENTYNKOWY, Premia K - 1 km c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|-----|-----------------|-----------|------|--------------|----------|----------|----------|
| 29 | STĘPIEŃ KAROLINA | 92 | | SŁAWNO | POL | PREMIA K - 1 | 00:09:08 | 00:13:47 | 00:20:22 |
| 30 | ADAMEK KAMILA | 1 | | SŁAWNO | POL | PREMIA K - 1 | 00:09:43 | 00:14:33 | 00:21:18 |
| 31 | ZENGOTA DOMINIKA | 109 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA K - 1 | 00:10:21 | 00:15:11 | 00:22:00 |
| 32 | KRZYSZTOFIK KATARZYNA | 47 | | KOSZALIN | POL | PREMIA K - 1 | 00:09:32 | 00:15:22 | 00:22:33 |
| 33 | WALKOWIAK DARIA | 100 | | KOSZALIN | POL | PREMIA K - 1 | 00:09:32 | 00:15:22 | 00:22:33 |

BIEG WALENTYNKOWY, Premia M - 1 km

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|--------------------|-----|---|--------------|------|--------------|----------|----------|----------|
| 1 | CZERNIEWSKI MARCIN | 112 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 | 00:04:50 | 00:07:10 | 00:10:25 |
| 2 | PIOTRASCHKE PIOTR | 113 | AML SŁUPSK | SŁUPSK | POL | PREMIA M - 1 | 00:04:50 | 00:07:10 | 00:10:28 |
| 3 | PROWANCKI PATRYK | 79 | WILKI POMORSKIE | KOSZALIN | POL | PREMIA M - 1 | 00:04:51 | 00:07:11 | 00:10:27 |
| 4 | WITKOWSKI MATEUSZ | 105 | WITKOWSKI TRENINGI ON-LINE | NOWE BIELICE | POL | PREMIA M - 1 | 00:04:51 | 00:07:11 | 00:10:27 |
| 5 | KĘPKA ADRIAN | 33 | | WIEKOWO | POL | PREMIA M - 1 | 00:05:05 | 00:07:38 | 00:11:08 |
| 6 | RYBARCZYK JAN | 87 | ŻYJ Z ENERGIA | DARŁOWO | POL | PREMIA M - 1 | 00:05:05 | 00:07:38 | 00:11:08 |
| 7 | RUDNIK KRZYSZTOF | 82 | | SŁUPSK | POL | PREMIA M - 1 | 00:05:06 | 00:07:39 | 00:11:08 |
| 8 | KOZAK ARKADIUSZ | 120 | HERKULES | BONIN | POL | PREMIA M - 1 | 00:05:13 | 00:07:48 | 00:11:24 |
| 9 | SIADAK ARKADIUSZ | 89 | | KOSZALIN | POL | PREMIA M - 1 | 00:05:25 | 00:08:06 | 00:11:51 |
| 10 | SMAGOWSKI WOJCIECH | 90 | OSP RĄBINO | RĄBINO | POL | PREMIA M - 1 | 00:05:34 | 00:08:19 | 00:12:06 |
| 11 | RUDNIKOWSKI MACIEJ | 83 | DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL | DARŁOWO | POL | PREMIA M - 1 | 00:05:33 | 00:08:20 | 00:12:03 |
| 12 | FEDORCZAK ŁUKASZ | 15 | BIEGOLAS KOSZALIN | KONIKOWO | POL | PREMIA M - 1 | 00:05:35 | 00:08:21 | 00:12:06 |
| 13 | MICHAŁOWSKI PIOTR | 63 | | PRZECHLEWO | POL | PREMIA M - 1 | 00:05:33 | 00:08:21 | 00:12:09 |
| 14 | WITKIEWICZ ERYK | 104 | | BIALOGARD | POL | PREMIA M - 1 | 00:05:41 | 00:08:27 | 00:12:14 |
| 15 | SZNYTER HUBERT | 116 | | POLANÓW | POL | PREMIA M - 1 | 00:05:41 | 00:08:27 | 00:12:07 |
| 16 | NOWAK RADOSŁAW | 67 | WEST COAST TEAM ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | PREMIA M - 1 | 00:05:42 | 00:08:38 | 00:12:46 |
| 17 | KLIMOWICZ MICHAŁ | 35 | | KOSZALIN | POL | PREMIA M - 1 | 00:05:35 | 00:08:39 | 00:12:34 |
| 18 | WRZESZCZ BARTOSZ | 107 | | BROKĘCINO | POL | PREMIA M - 1 | 00:05:44 | 00:08:43 | 00:12:50 |
| 19 | KOZIEŁ PAWEŁ | 42 | KĘPKANATRASIE | RĄBINO | POL | PREMIA M - 1 | 00:05:53 | 00:08:48 | 00:12:54 |
| 20 | KOZAK GRZEGORZ | 7 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 | 00:05:53 | 00:08:49 | 00:12:54 |
| 21 | WEBER PAWEŁ | 103 | BIEGOLAS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 | 00:05:53 | 00:08:49 | 00:12:54 |

BIEG WALENTYNKOWY, Premia M - 1 km c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|----------------------------|-----|------------------------------------|------------------|------|-----------------|----------|----------|----------|
| 22 | SZULC ARKADIUSZ ARBUZ | 96 | 7PROTEAM | KOSZALIN | POL | PREMIA M - 1 KM | 00:05:59 | 00:08:53 | 00:12:55 |
| 23 | SZCZUBLEWSKI MARTIN | 95 | KAMIEŃ RYMAŃSKI | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:03 | 00:09:14 | 00:13:35 |
| 24 | KRUK MARCIN | 45 | TKKF MASTERS KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:07 | 00:09:18 | 00:13:43 |
| 25 | GAWĘDA EMIL | 22 | DARŁOWSKIE CHARTY / #KĘPKANATRASIE | STARY JAROSŁAW | POL | PREMIA M - 1 KM | 00:06:21 | 00:09:33 | 00:13:53 |
| 26 | WALEŃSKI MICHAŁ | 8 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:34 | 00:09:41 | 00:13:54 |
| 27 | SAWIŃSKI JACEK | 88 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:06:33 | 00:09:41 | 00:14:00 |
| 28 | CHUDY HENRYK | 10 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | PREMIA M - 1 KM | 00:06:41 | 00:09:58 | 00:14:28 |
| 29 | REDLICKI PIOTR | 80 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:06:37 | 00:10:00 | 00:14:37 |
| 30 | WASYLEWICZ KRZYSTOF | 102 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:39 | 00:10:02 | 00:14:47 |
| 31 | MARCINKOWSKI PATRYK | 57 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:06:46 | 00:10:03 | 00:14:34 |
| 32 | ADASZYŃSKI WIESŁAW | 3 | BIEGOLAS KOSZALIN | BOBOLICE | POL | PREMIA M - 1 KM | 00:06:41 | 00:10:06 | 00:14:59 |
| 33 | SUDER-MAKSYMOWICZ GRZEGORZ | 94 | | USTRONIE MORSKIE | POL | PREMIA M - 1 KM | 00:06:47 | 00:10:10 | 00:14:54 |
| 34 | MANDZIAK PIOTR | 56 | | KONIKOWO | POL | PREMIA M - 1 KM | 00:06:50 | 00:10:20 | 00:15:08 |
| 35 | MARCINIAK MACIEJ | 58 | KS POGOŃ POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | PREMIA M - 1 KM | 00:06:54 | 00:10:22 | 00:14:44 |
| 36 | MAZUR EMILIUSZ | 60 | GROOT TEAM | DARŁOWO | POL | PREMIA M - 1 KM | 00:06:59 | 00:10:26 | 00:15:03 |
| 37 | KUROWSKI MARCIN | 52 | SHELTIES RACE | SŁUPSK | POL | PREMIA M - 1 KM | 00:07:04 | 00:10:29 | 00:15:06 |
| 38 | KISIELIŃSKI IGOR | 34 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:01 | 00:10:30 | 00:15:20 |
| 39 | BODO RAFAŁ | 6 | ZOKKOSZ KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:05 | 00:10:32 | 00:15:16 |
| 40 | RYBAK PRZEMYSŁAW | 86 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:13 | 00:10:42 | 00:15:37 |
| 41 | SCHWARZ LUDWIK | 115 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:19 | 00:10:43 | 00:15:09 |
| 42 | MAZUR MIROSLAW | 61 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:11 | 00:10:49 | 00:15:51 |
| 43 | DĄBROWSKI GRZEGORZ | 12 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:17 | 00:10:50 | 00:15:42 |
| 44 | KORNELUK OSKAR | 40 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:33 | 00:10:50 | 00:15:19 |
| 45 | STASZAK PAWEŁ | 91 | KAMIEŃ RYMAŃSKI | RYMAŃ | POL | PREMIA M - 1 KM | 00:07:27 | 00:10:56 | 00:15:51 |
| 46 | FOLTYNIEWICZ MACIEJ | 18 | | SZCZECINEK | POL | PREMIA M - 1 KM | 00:07:20 | 00:10:57 | 00:16:10 |
| 47 | RUDZIŃSKI BRONISŁAW | 84 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:26 | 00:11:08 | 00:16:21 |
| 48 | BUDZIŃSKI PAWEŁ | 9 | KĘPKA NA TRASIE - DRUŻYNA SZPIKU | KONIKOWO | POL | PREMIA M - 1 KM | 00:07:32 | 00:11:18 | 00:16:16 |
| 49 | MRÓWKA MARIUSZ | 66 | | KAMIENNA GÓRA | POL | PREMIA M - 1 KM | 00:07:24 | 00:11:27 | 00:17:01 |
| 50 | LESZCZEŁOWSKI PIOTR | 53 | SHELTIES RACE | ZŁOCIENIEC | POL | PREMIA M - 1 KM | 00:07:46 | 00:11:32 | 00:16:46 |

BIEG WALENTYNKOWY, Premia M - 1 km c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 1.6km | 2.3km | 3.3km |
|------|-----------------------|-----|------------------|-----------------|------|--------------------|----------|----------|----------|
| 51 | PLESIEWICZ TOMASZ | 78 | TKKF KOSZALIN | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:50 | 00:11:39 | 00:16:58 |
| 52 | JUSZCZAK KRZYSZTOF | 29 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:07:57 | 00:12:03 | 00:17:48 |
| 53 | REKSA RADOSŁAW | 81 | | ŁOBEZ | POL | PREMIA M - 1 KM | 00:08:07 | 00:12:06 | 00:17:22 |
| 54 | PIETRZYKOWSKI MATEUSZ | 77 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:21 | 00:12:16 | 00:17:38 |
| 55 | PIETRZYK RAFAŁ | 76 | | KALISZ POMORSKI | POL | PREMIA M - 1 KM | 00:08:20 | 00:12:23 | 00:17:55 |
| 56 | KANIEWSKI PATRYK | 31 | | BONIN | POL | PREMIA M - 1 KM | 00:08:27 | 00:12:43 | 00:18:38 |
| 57 | HELLER ZDZISŁAW | 27 | HERBMARATONOW.PL | KOSZALIN | POL | PREMIA M - 1 KM | 00:08:31 | 00:12:44 | 00:18:33 |
| 58 | MACIEJEWSKI RADOSŁAW | 54 | RADRADTEAM | MANOWO | POL | PREMIA M - 1 KM | 00:08:51 | 00:13:07 | 00:18:56 |
| 59 | KRZYSZTOFIK SEBASTIAN | 48 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:09:32 | 00:13:51 | 00:19:19 |
| 60 | CICHOSZ JERZY | 11 | | KOSZALIN | POL | PREMIA M - 1 KM | 00:09:47 | 00:14:34 | 00:20:55 |
| 61 | OLCZYKOWSKI BARTOSZ | 114 | | DĄBKI | POL | PREMIA M - 1 KM | 00:09:55 | 00:14:44 | 00:21:25 |
| 62 | SZYPRYT KAROL | 97 | DREAM TEAM | BYTOW | POL | PREMIA M - 1 KM | 00:08:32 | | 00:28:30 |