

**LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM**

 Organiser: PFNW  
 Date: 2016-10-08  
 Place: Legnica  
 Distance: 5 km  
 Klasyfikacja wg czasów netto.

**LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM, OPEN**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h
1	STILLER KAROL	399		CZĘSTOCHOWA	POL	M30-39	1	M 1				00:14:26	00:29:22.10	5:52	10.2
2	BOGDAN CYRUS	217		STRZEBIN	POL	M45-49	1	M 2				00:14:18	00:29:24.10	5:52	10.2
3	SCHOLZ WOLFGANG	380		REGENSBURG	GER	M40-44	1	M 3				00:14:29	00:29:36.55	5:55	10.1
4	KLICZKA KAMIL	290		SZCZECIN	POL	M45-49	2	M 4				00:14:36	00:29:55.65	5:59	10
5	DEŁĄG JAKUB	231		PIOTRKÓW TRYBUNALSKI	POL	M18-29	1	M 5				00:14:52	00:30:10.05	6:02	9.9
6	KORDOWSKI PIOTR	299		KRAKÓW	POL	M45-49	3	M 6				00:15:04	00:30:26.10	6:05	9.9
7	WALENDZIAK RYSZARD	206		MALBORK	POL	M40-44	2	M 7		1		00:14:57	00:30:36.90	6:07	9.8
8	NIECHWIEJCZYK PIOTR	348		ŚWIĘTOCHŁOWICE	POL	M40-44	3	M 8				00:15:08	00:30:37.90	6:07	9.8
9	WOROCH ROMAN	445		DOPIEWO	POL	M55-59	1	M 9				00:15:10	00:30:47.65	6:09	9.7
10	GAJEWSKI EUGENIUSZ	247		GORZÓW WIELKOPOLSKI	POL	M55-59	2	M 10				00:15:13	00:30:58.55	6:11	9.7
11	MICHALSKI ANDRZEJ	340		SANOK	POL	M55-59	3	M 11				00:15:19	00:31:02.10	6:12	9.7
12	KUBIAK TOMASZ	310		JELCZ-LASKOWICE	POL	M40-44	4	M 12				00:15:11	00:31:11.30	6:14	9.6
13	ROŻYNEK MIRON	374		WROCLAW	POL	M50-54	1	M 13				00:15:32	00:31:16.65	6:15	9.6
14	PUSZKIEL LESZEK	363		ZIELONA GÓRA	POL	M55-59	4	M 14		1		00:15:16	00:31:17.05	6:15	9.6
15	HELWICH STEFAN	266		WIELEN	POL	M60-64	1	M 15				00:15:32	00:31:20.70	6:16	9.6
16	BOGACKI SŁAWEK	216		BRZOZÓWKA KOŁO TORUNIA	POL	M40-44	5	M 16				00:15:38	00:31:44.40	6:21	9.4
17	SŁOMIAN LESZEK	385		KATOWICE	POL	M55-59	5	M 17				00:15:42	00:31:58.85	6:23	9.4
18	GŁOWA MICHAŁ	254		CIESZYN	POL	M-JUN.	1	M 18				00:15:47	00:32:01.20	6:24	9.4
19	WOJTASIŃSKI DANIEL	443		CZĘSTOCHOWA	POL	M30-39	2	M 19				00:15:34	00:32:05.50	6:25	9.3
20	BIK STANISŁAW	213		LUBIN	POL	M50-54	2	M 20				00:15:54	00:32:08.85	6:25	9.3
21	CZŁAPSKI KRZYSZTOF	462		CIECHANÓW	POL	M50-54	3	M 21				00:15:47	00:32:17.20	6:27	9.3
22	WOLEK WALDEMAR	444		GNIEZNO	POL	M40-44	6	M 22				00:15:51	00:32:23.95	6:28	9.3
23	ROSIŃSKI MICHAŁ	373		TORUŃ / CHELMNO	POL	M-DISABLED	1	M 23		1		00:15:59	00:32:34.45	6:31	9.2
24	MIELCAREK LESZEK	341		BYTOM	POL	M60-64	2	M 24				00:16:03	00:32:36.55	6:31	9.2
25	KŁACZYŃSKA DANUTA	292		SZCZECIN	POL	K40-44	1	K 1				00:16:10	00:32:36.60	6:31	9.2
26	ZAUNER JOHANN	456		NULL	AUT	M50-54	4	M 25		1		00:15:56	00:32:41.05	6:32	9.2
27	ÜBELLEITNER MANFRED	432		DEUTSCHFEISTRITZ	AUT	M50-54	5	M 26				00:16:04	00:32:49.55	6:34	9.1
28	ADAMUS MARIAN	203		BYTOM	POL	M65-69	1	M 27				00:16:14	00:32:56.95	6:35	9.1
29	KROMSKI PAWEŁ	306		KIEKRZ	POL	M45-49	4	M 28				00:16:12	00:33:00.10	6:36	9.1
30	GRAML GÜNTHER	259		RODING-WETTERF ELD	GER	M55-59	6	M 29				00:16:17	00:33:02.10	6:36	9.1
31	JĘDRASIAK RENATA	281		LUBIN	POL	K50-54	1	K 2		1		00:16:27	00:33:02.85	6:36	9.1
32	ZYGMUNT GRACJAN	460		PIŁA	POL	M-JUN.	2	M 30				00:16:33	00:33:04.60	6:36	9.1
33	KACPRZAK PAWEŁ	283		JUSTYNÓW	POL	M-JUN.	3	M 31				00:16:38	00:33:05.30	6:37	9.1
34	TOMCZYK EDWARD	427		POZNAŃ	POL	M65-69	2	M 32				00:16:29	00:33:13.05	6:38	9
35	SMUL ANDRZEJ	388		TARNOWO PODGÓRNE	POL	M60-64	3	M 33		1		00:16:06	00:33:16.05	6:39	9
36	SKRYCKA KATARZYNA	384		LUBIN	POL	K30-39	1	K 3				00:16:44	00:33:18.40	6:39	9

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h
37	HOŁUBKA MARIUSZ	268		LEGNICA	POL	M40-44	7	M 34				00:16:29	00:33:21.70	6:40	9
38	GAPIŃSKI LESZEK	251		TRZEBINA	POL	M55-59	7	M 35				00:16:44	00:33:27.00	6:41	9
39	DRAPIKOWSKI MAREK	236		LEGNICA	POL	M55-59	8	M 36				00:16:37	00:33:34.75	6:43	8.9
40	GAŁĘZA MACIEJ	248		LEGNICA	POL	M40-44	8	M 37				00:16:23	00:33:37.40	6:43	8.9
41	PUSZKIEL ADRIAN	362		ZIELONA GÓRA	POL	M18-29	2	M 38				00:15:59	00:33:41.85	6:44	8.9
42	CIERZNIEMSKI DARIUSZ	225		LEGNICA	POL	M50-54	6	M 39				00:16:28	00:33:44.50	6:45	8.9
43	MACIEJEWSKI ROBERT	333		WAŁBRZYCH	POL	M30-39	3	M 40				00:16:37	00:33:45.30	6:45	8.9
44	PARTYKA TERESA	358		BRZEG	POL	K55-59	1	K 4				00:16:40	00:33:45.50	6:45	8.9
45	KASPRZYK LILIANA	287		POZNAŃ	POL	K55-59	2	K 5				00:16:50	00:33:46.60	6:45	8.9
46	ZMACZYŃSKI BOGUSŁAW	459		LUBIN	POL	M60-64	4	M 41				00:16:39	00:33:47.85	6:45	8.9
47	BORKOWSKA LIDIA	218		SIEDLCE	POL	K45-49	1	K 6				00:16:49	00:33:48.30	6:45	8.9
48	WYSOCKI PAWEŁ	449		AUGUSTÓW	POL	M18-29	3	M 42				00:16:45	00:33:48.85	6:45	8.9
49	SIKORA BRONISŁAW	382		LESZNO	POL	M60-64	5	M 43				00:16:40	00:33:49.35	6:45	8.9
50	BASSO DANIELA	209		COMO	ITA	K55-59	3	K 7				00:16:50	00:33:51.70	6:46	8.9
51	WILCZAK KAJA	474		CZELADŹ	POL	K-JUN.	1	K 8				00:16:49	00:33:52.90	6:46	8.9
52	KOWALCZYK TADEUSZ	302		KRAKÓW	POL	M-DISABLED	2	M 44		1		00:16:45	00:33:54.55	6:46	8.8
53	GRYGOROWICZ BOGDAN	463		LUBIN	POL	M65-69	3	M 45				00:16:39	00:33:56.70	6:47	8.8
54	SPYCHAŁA MARZENA	392		BIAŁA	POL	K45-49	2	K 9				00:16:47	00:34:02.40	6:48	8.8
55	OLEKSYK MALGORZTA	354		USTRZYKI DOLNE	POL	K50-54	2	K 10				00:16:40	00:34:03.45	6:48	8.8
56	ŁUKASZEWICZ JOANNA	331		ZIELONA GÓRA	POL	K45-49	3	K 11				00:16:52	00:34:09.90	6:50	8.8
57	ZAŃKO KATARZYNA	455		RADZYŃ PODLASKI	POL	K40-44	2	K 12				00:16:46	00:34:10.15	6:50	8.8
58	DUDEK EDWARD	238		GŁOGÓW	POL	M65-69	4	M 46				00:16:42	00:34:14.60	6:51	8.8
59	LESIŃSKA MARZENNA	323		OLSZANY	POL	K50-54	3	K 13				00:17:08	00:34:24.95	6:53	8.7
60	CHAMIELEC BOGUSŁAW	222		LUBIN	POL	M45-49	5	M 47				00:17:14	00:34:34.20	6:54	8.7
61	WIERCHANOWSKI BOGDAN	436		POLKOWICE	POL	M55-59	9	M 48		1		00:17:20	00:34:40.05	6:56	8.7
62	CHUDZIŃSKI ANDRZEJ	468		ELBLĄG	POL	M65-69	5	M 49		1		00:17:15	00:34:49.10	6:57	8.6
63	KOŁODZIEJCZAK BEATA	294		SOCHACZEW	POL	K40-44	3	K 14				00:17:09	00:34:49.25	6:57	8.6
64	WESOŁOWSKI WOJCIECH	343		GNIEZNO	POL	M60-64	6	M 50				00:17:11	00:34:49.65	6:57	8.6
65	NETKOWSKI WOJCIECH	347		WARSZAWA	POL	M55-59	10	M 51				00:17:03	00:34:53.60	6:58	8.6
66	RAKOWIECKI ZBIGNIEW	368		GDAŃSK	POL	M50-54	7	M 52				00:17:17	00:34:54.15	6:58	8.6
67	PUSZKIEL JAN	364		ZIELONA GÓRA	POL	M55-59	11	M 53				00:17:19	00:34:57.20	6:59	8.6
68	SCHNEIDER HELMUT	379		WALDMÜNCHEN	GER	M70+	1	M 54				00:17:23	00:34:57.35	6:59	8.6
69	JERNEJ ANNA MARIA	280		BLEIBURGER	AUT	K55-59	4	K 15				00:17:11	00:35:03.10	7:00	8.6
70	RYBAŁTOWSK PAWEŁ	376		OBORNIKI ŚLĄSKIE	POL	M70+	2	M 55				00:17:38	00:35:03.40	7:00	8.6
71	ROMANOWSKI MARCIN	484		LEGNICA	POL	M30-39	4	M 56				00:17:15	00:35:05.50	7:01	8.5
72	KUCZYK JAROSŁAW	314		LEGNICA	POL	M55-59	12	M 57				00:17:16	00:35:11.85	7:02	8.5
73	MIKOŁAJCZAK JAN	342		LEGNICA	POL	M-DISABLED	3	M 58		1		00:17:19	00:35:17.15	7:03	8.5
74	ŚLUSARCZYK MARCIN	416		PRUDNIK	POL	M30-39	5	M 59				00:17:15	00:35:19.00	7:03	8.5
75	SŁOWIK DARIUSZ	386		NOWY SĄCZ	POL	M30-39	6	M 60				00:17:28	00:35:23.75	7:04	8.5
76	KWAPIS MARIUSZ	483		LEGNICA	POL	M18-29	4	M 61				00:17:17	00:35:30.50	7:06	8.5
77	KURZAWSKA JOLANTA	316		LUBIN	POL	K65-69	1	K 16				00:17:41	00:35:34.25	7:06	8.4
78	MALCZYK ANNA	335		SOSNOWIEC	POL	K30-39	2	K 17				00:17:54	00:35:35.10	7:07	8.4
79	NOWROTEK ROMAN	351		CIESZYN	POL	M65-69	6	M 62				00:17:18	00:35:37.30	7:07	8.4

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h
80	BIK PRZEMYSŁAW	214		LUBIN	POL	M-CHILD	1	M 63				00:16:56	00:35:40.35	7:08	8.4
81	GAPIŃSKA JANINA	250		TRZEBINA	POL	K55-59	5	K 18				00:17:42	00:35:44.80	7:09	8.4
82	KOWALCZYK EDYTA	482		WAŁBRZYCH	POL	K45-49	4	K 19				00:17:41	00:35:52.90	7:10	8.4
83	TOMASIK MARTA	426		JERZMANOWA	POL	K30-39	3	K 20				00:17:54	00:35:53.60	7:10	8.4
84	JANECKI DARIUSZ	278		PIŁA	POL	M55-59	13	M 64				00:17:37	00:35:55.05	7:11	8.4
85	STOLARSKA JOANNA	400		CZĘSTOCHOWA	POL	K-JUN.	2	K 21				00:17:43	00:36:00.65	7:12	8.3
86	CZYCZ KAZIMIERZ	230		ZIELONA GÓRA	POL	M60-64	7	M 65				00:17:51	00:36:02.30	7:12	8.3
87	LASOTA KAROLINA	322		JUSTYNÓW	POL	K18-29	1	K 22				00:17:52	00:36:10.30	7:14	8.3
88	SULECKA GABRIELA	405		ŚWIECIE	POL	K-DISABLED	1	K 23	1			00:17:51	00:36:10.60	7:14	8.3
89	KOPCZYŃSKI JAKUB	297		JELCZ-LASKOWICE	POL	M18-29	5	M 66				00:17:43	00:36:12.05	7:14	8.3
90	ŻOŁNO MAGDALENA	461		GORZÓW WIELKOPOLSKI	POL	K50-54	4	K 24				00:17:53	00:36:12.20	7:14	8.3
91	STECYK MARCIN	395		OŁAWA	POL	M18-29	6	M 67				00:17:45	00:36:14.35	7:14	8.3
92	JANECKA AGNIESZKA	277		PIŁA	POL	K40-44	4	K 25				00:17:45	00:36:18.85	7:15	8.3
93	MORAWSKI JAROSŁAW	345		LEGNICA	POL	M40-44	9	M 68				00:17:53	00:36:20.10	7:16	8.3
94	CZYCZ EMILIA	229		ZIELONA GÓRA	POL	K65-69	2	K 26				00:17:58	00:36:20.75	7:16	8.3
95	STYGA KRYSZYNA	403		KOLBUSZOWA	POL	K50-54	5	K 27				00:18:01	00:36:21.55	7:16	8.2
96	TUCZYŃSKA BARBARA	430		JERZMANOWA	POL	K30-39	4	K 28		1		00:17:56	00:36:21.90	7:16	8.2
97	DONIGIEWICZ JANUSZ	234		KRUSZYNA	POL	M60-64	8	M 69				00:17:56	00:36:23.40	7:16	8.2
98	KOTULA JAKUB	300		KATOWICE	POL	M30-39	7	M 70				00:17:55	00:36:24.55	7:17	8.2
99	SYKISZ MAKSYM	409		LESZNO	POL	M30-39	8	M 71		1		00:18:01	00:36:25.55	7:17	8.2
100	TRATTNIG CLAUDIA	429		BLEIBURGER	AUT	K40-44	5	K 29				00:18:04	00:36:26.20	7:17	8.2
101	WILDAUER INGO	439		MALSCH	GER	M55-59	14	M 72				00:18:08	00:36:33.70	7:18	8.2
102	SOWA JAN	391		GLIWICE	POL	M70+	3	M 73				00:18:10	00:36:34.15	7:18	8.2
103	KONASZCZUK AGNIESZKA	295		LEGNICA	POL	K30-39	5	K 30		1		00:18:00	00:36:46.65	7:21	8.2
104	ŁOPIŃSKI ALEKSY	329		PIŁA	POL	M65-69	7	M 74				00:18:30	00:36:51.30	7:22	8.1
105	GAŁĘZA MARTA	249		LEGNICA	POL	K30-39	6	K 31				00:18:40	00:36:58.55	7:23	8.1
106	CIESIELSKI KRZYSZTOF	226		GNIEZNO	POL	M60-64	9	M 75				00:18:23	00:37:01.75	7:24	8.1
107	NIEDL MARGOT	350		EGGENFELDEN	GER	K45-49	5	K 32				00:18:11	00:37:03.50	7:24	8.1
108	WIERZCHOSŁAWSKI MATEUSZ	438		BRZOZA	POL	M18-29	7	M 76				00:18:22	00:37:07.80	7:25	8.1
109	WALENDZIAK JAN	457		MALBORK	POL	M-CHILD	2	M 77				00:17:13	00:37:10.30	7:26	8.1
110	KORDOWSKA BOGUSŁAWA	298		KRAKÓW	POL	K40-44	6	K 33				00:18:43	00:37:11.10	7:26	8.1
111	KRZYŻANOWSKI WOJCIECH	309		BYDGOSZCZ	POL	M45-49	6	M 78				00:18:21	00:37:16.75	7:27	8.1
112	PIKSA KAZIMIERZ	473		BRZEG	POL	M65-69	8	M 79				00:18:33	00:37:18.80	7:27	8
113	ŚLUSARCZYK ANDRZEJ	417		PRUDNIK	POL	M65-69	9	M 80				00:18:43	00:37:19.65	7:27	8
114	ŻUCHOWICZ ELŻBIETA	472		DĄBROWA GÓRNICZA	POL	K55-59	6	K 34				00:18:29	00:37:25.10	7:29	8
115	TIPPMANN RONNY	425		RETTENBACH	GER	M40-44	10	M 81				00:18:02	00:37:28.25	7:29	8
116	PTAŚ JOLANTA	477		CZELADŹ	POL	K45-49	6	K 35				00:18:42	00:37:33.40	7:30	8
117	FIGURSKA DOMINIKA	241		ŁÓDŹ	POL	K18-29	2	K 36				00:18:41	00:37:37.25	7:31	8
118	WIERZCHOSŁAWSKA AGNIESZKA	437		BYDGOSZCZ	POL	K18-29	3	K 37				00:18:34	00:37:37.75	7:31	8
119	RUDOLF NATALIA	375		NADOLICE WIELKIE	POL	K30-39	7	K 38				00:18:38	00:37:41.50	7:32	8
120	LASOTA DOROTA	321		JUSTYNÓW	POL	K45-49	7	K 39				00:18:41	00:37:43.05	7:32	8
121	ILLITSCH EWALD	270		BLEIBURGER	AUT	M60-64	10	M 82				00:18:44	00:37:43.15	7:32	8
122	RIZZI GIORGIO	370		COMO	ITA	M60-64	11	M 83				00:18:35	00:37:44.75	7:33	7.9
123	STARZYŃSKA EWA	393		LUBIN	POL	K60-64	1	K 40				00:18:53	00:37:55.85	7:35	7.9
124	STERN DELIA	397		BLEIBURGER	AUT	K-JUN.	3	K 41				00:19:15	00:37:56.90	7:35	7.9

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125	GOGÓŁ JOLANTA	255		LEGNICA	POL	K50-54	6	K 42				00:18:43	00:37:57.10	7:35	7.9
126	OLENDRZYŃSKI MATEUSZ	355		BYDGOSZCZ	POL	M-DISABLED	4	M 84	1	2		00:18:52	00:37:57.35	7:35	7.9
127	SIERACKA KATARZYNA	381		LESZNO	POL	K50-54	7	K 43				00:18:53	00:37:57.60	7:35	7.9
128	BAJ DANUTA	207		LEGNICA	POL	K55-59	7	K 44				00:18:57	00:37:59.90	7:36	7.9
129	KUCZYK JOLANTA	313		LEGNICA	POL	K50-54	8	K 45				00:18:56	00:38:02.00	7:36	7.9
130	GABERT BEATA	244		SZCZECIN	POL	K45-49	8	K 46				00:19:07	00:38:03.40	7:36	7.9
131	DROZD MARIA	237		KRUSZYNA	POL	K45-49	9	K 47				00:19:02	00:38:04.05	7:37	7.9
132	SUSKA DANUTA	407		ŚREM	POL	K-DISABLED	2	K 48	1			00:18:52	00:38:08.65	7:37	7.9
133	AGARWAL RITU	320		KAMIENIEC WROCLAWSKI	POL	K40-44	7	K 49				00:19:06	00:38:09.60	7:38	7.9
134	MAJCHERCZYK KRZYSZTOF	478		CZELADŹ	POL	M60-64	12	M 85				00:18:56	00:38:16.40	7:39	7.8
135	KUBIAK DORIAN	311		WROCLAW	POL	M-CHILD	3	M 86		1		00:18:54	00:38:18.50	7:39	7.8
136	GWAREK ANITA	264		WARSZAWA	POL	K45-49	10	K 50				00:19:02	00:38:29.50	7:42	7.8
137	DOMIN KRYSZYNA	233		SIEMIANOWICE ŚLĄSKIE	POL	K60-64	2	K 51				00:19:10	00:38:29.65	7:42	7.8
138	KOWALCZYK JOANNA	303		KRAKÓW	POL	K40-44	8	K 52				00:19:08	00:38:32.50	7:42	7.8
139	FASOLA RAFFAELLA	240		COMO	ITA	K45-49	11	K 53				00:19:10	00:38:32.60	7:42	7.8
140	STRZELECKA MAŁGORZATA	401		PIŁA	POL	K40-44	9	K 54				00:19:26	00:38:32.90	7:42	7.8
141	MANKOWSKA DOROTA	336		ZIELONA GÓRA	POL	K50-54	9	K 55				00:19:07	00:38:36.00	7:43	7.8
142	CHARCZUK ZENON	223		OPOLE	POL	M55-59	15	M 87				00:19:18	00:38:40.65	7:44	7.8
143	GERLE-KOTULA ANNA	253		KATOWICE	POL	K30-39	8	K 56				00:19:18	00:38:45.60	7:45	7.7
144	JANIAK JAROSŁAW	467		LEGNICA	POL	M-DISABLED	5	M 88	1			00:17:53	00:38:47.65	7:45	7.7
145	ŚLUSARCZYK GRZEGORZ	418		PRUDNIK	POL	M40-44	11	M 89				00:19:21	00:38:51.40	7:46	7.7
146	PAKMUR ANNA	357		CHELMNO	POL	K50-54	10	K 57		1		00:19:05	00:39:04.85	7:49	7.7
147	BANASZAK AGATA	208		ZIELONA GÓRA	POL	K18-29	4	K 58				00:19:27	00:39:09.40	7:49	7.7
148	WORONKO-ZACZYŃSK A JANINA	446		LUBIN	POL	K70+	1	K 59				00:18:57	00:39:10.35	7:50	7.7
149	TIAN QINGHUA	424		BEIJING	CHN	M30-39	9	M 90				00:19:25	00:39:19.45	7:51	7.6
150	SZYJKA IZABELA	415		KAMIENIEC WROCLAWSKI	POL	K30-39	9	K 60				00:19:17	00:39:22.80	7:52	7.6
151	THOMALLA BOGDAN	423		ZABRZE	POL	M70+	4	M 91				00:20:07	00:39:30.50	7:54	7.6
152	BABUSKA MARIOLA	205		WROCLAW	POL	K50-54	11	K 61				00:19:36	00:39:39.00	7:55	7.6
153	RACZYŃSKA ALEKSANDRA	365		CHORZÓW	POL	K70+	2	K 62				00:19:27	00:39:41.15	7:56	7.6
154	KLIMCZAK PIOTR	291		BYDGOSZCZ	POL	M-DISABLED	6	M 92	1			00:19:23	00:39:45.40	7:57	7.5
155	BŁASZCZYK MONIKA	215		JUSTYNÓW	POL	K30-39	10	K 63				00:19:19	00:39:48.00	7:57	7.5
156	MARCZYK JERZY	337		WARSZAWA	POL	M55-59	16	M 93				00:19:37	00:39:49.30	7:57	7.5
157	RADKA IWONA	366		BOLESŁAWIEC	POL	K45-49	12	K 64				00:19:43	00:39:51.60	7:58	7.5
158	MOŹDŹEŃ BARBARA	346		GNIEZNO	POL	K55-59	8	K 65				00:19:26	00:39:53.10	7:58	7.5
159	ZAKRZEWSKA HENRYKA	454		GNIEZNO	POL	K70+	3	K 66				00:19:38	00:39:57.20	7:59	7.5
160	CZARNECKA MARIA	228		BYDGOSZCZ	POL	K-DISABLED	3	K 67	1			00:19:40	00:39:57.60	7:59	7.5
161	MĄDRY ZDZIŚŁAW	338		CZĘSTOCHOWA	POL	M60-64	13	M 94		1		00:19:29	00:40:05.00	8:01	7.5
162	KARPIŃSKI RAFAŁ	286		GRĄBCZEWO	POL	M40-44	12	M 95				00:19:55	00:40:06.15	8:01	7.5
163	KOWALCZYK-LACHOW SKA MARTA	304		KAMIENIEC WROCLAWSKI	POL	K30-39	11	K 68				00:19:24	00:40:07.40	8:01	7.5
164	BIELAWSKI ZDZIŚŁAW	211		LWÓWEK ŚLĄSKI	POL	M60-64	14	M 96				00:20:03	00:40:10.80	8:02	7.5
165	OMARSKA GRAŻYNA	356		WARSZAWA	POL	K55-59	9	K 69				00:19:56	00:40:11.45	8:02	7.5
166	CIEŚLIK MAGDALENA	227		LEGNICA	POL	K30-39	12	K 70				00:20:11	00:40:13.00	8:02	7.5
167	GASYNA JOANNA	252		LEGNICA	POL	K30-39	13	K 71				00:20:11	00:40:18.90	8:03	7.4

**LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h
168	SZAŁAJ ANNA	411		LUBIN	POL	K60-64	3	K 72				00:20:10	00:40:29.40	8:05	7.4
169	BERNASIEWICZ JÓZEF	210		ZŁOTORYJA	POL	M55-59	17	M 97				00:20:32	00:40:32.45	8:06	7.4
170	URBAN JACEK	433		LESZNO	POL	M65-69	10	M 98				00:20:11	00:40:33.05	8:06	7.4
171	STRZELECKI SEBASTIAN 'KASZANA'	402		PIŁA	POL	M40-44	13	M 99				00:20:12	00:40:35.95	8:07	7.4
172	REMISZEWSKI ADAM	369		OLEŚNICA	POL	M70+	5	M 100				00:20:03	00:40:41.25	8:08	7.4
173	TRYBEK WANDA	476		CZELADŹ	POL	K70+	4	K 73				00:20:31	00:40:49.00	8:09	7.3
174	LEWANDOWSKA MAŁGORZATA	324		SZCZECIN	POL	K40-44	10	K 74				00:20:08	00:40:51.60	8:10	7.3
175	KRAMER LESZEK	305		OLEŚNICA	POL	M70+	6	M 101				00:20:13	00:40:54.10	8:10	7.3
176	HOŁDA JOLANTA	267		OLEŚNICA	POL	K60-64	4	K 75				00:20:25	00:40:54.90	8:11	7.3
177	ZAGRAJEK KATARZYNA	453		ŻYRARDÓW	POL	K40-44	11	K 76				00:20:26	00:41:01.05	8:12	7.3
178	GORZELA IZABELA	256		JUSTYNÓW	POL	K30-39	14	K 77				00:20:28	00:41:08.20	8:13	7.3
179	TATARYNOWICZ NAMYSŁAW	422		LESZNO	POL	M30-39	10	M 102				00:20:09	00:41:08.50	8:13	7.3
180	SAWINIEC PIOTR	378		ZGORZELEC	POL	M30-39	11	M 103				00:20:18	00:41:16.05	8:15	7.3
181	SULMA EDYTA	406		BOLEŚLAWIEC	POL	K40-44	12	K 78				00:20:38	00:41:19.05	8:15	7.3
182	TRATTNIG MANFRED	428		BLEIBURGER	AUT	M45-49	7	M 104				00:20:22	00:41:20.75	8:16	7.3
183	WÓJCIK HENRYK	448		OLEŚNICA	POL	M70+	7	M 105				00:20:39	00:41:24.10	8:16	7.2
184	JAGODZIŃSKI ANDRZEJ	274		WROCŁAW	POL	M55-59	18	M 106				00:20:27	00:41:24.70	8:17	7.2
185	HAUSNER DARIUSZ	479		LUBIN	POL	M45-49	8	M 107				00:20:14	00:41:34.60	8:19	7.2
186	SŁOWIK ADAM	387		BYDGOSZCZ	POL	M-DISABLED	7	M 108	1			00:20:12	00:41:34.85	8:19	7.2
187	PACYNA HELENA	481		POLKOWICE	POL	K65-69	3	K 79				00:20:46	00:41:37.95	8:19	7.2
188	ADAMEK KLAUDIUSZ	201		BYDGOSZCZ	POL	M-DISABLED	8	M 109	1	1		00:20:33	00:41:44.60	8:20	7.2
189	KRÓL WŁADYSŁAW	307		STRZEGOM	POL	M60-64	15	M 110				00:20:46	00:41:44.60	8:21	7.2
190	ARTYMICZ MARIA	204		GŁOGÓW	POL	K60-64	5	K 80				00:20:25	00:41:44.65	8:20	7.2
191	SOJA JOLANTA	389		BOLEŚLAWIEC	POL	K55-59	10	K 81				00:20:42	00:41:51.60	8:22	7.2
192	SUDOŁ IRENA	404		SKOCZÓW	POL	K50-54	12	K 82				00:20:45	00:41:57.40	8:23	7.1
193	NIECHWIEJCZYK KINGA	349		ŚWIĘTOCHŁOWICE	POL	K-CHILD	1	K 83				00:20:48	00:41:59.00	8:23	7.1
194	GROBELNA JADWIGA	262		LUBIN	POL	K60-64	6	K 84				00:20:33	00:42:01.60	8:24	7.1
195	KULESZA MONIKA	315		JUSTYNÓW	POL	K40-44	13	K 85				00:21:01	00:42:08.40	8:25	7.1
196	HARTMAN JADWIGA	265		SZCZYTNA	POL	K60-64	7	K 86				00:21:06	00:42:15.30	8:27	7.1
197	KAPECKI KAZIMIERZ	285		SZCZYTNA	POL	M-DISABLED	9	M 111	1			00:20:54	00:42:17.90	8:27	7.1
198	LIPOWSKI ZDZISŁAW	327		LEGNICA	POL	M70+	8	M 112				00:20:47	00:42:26.60	8:29	7.1
199	ROMANIUK GRZEGORZ	371		KOLBUSZOWA	POL	M50-54	8	M 113				00:20:26	00:42:29.05	8:29	7.1
200	LIKOWSKA LIDIA	326		KOBYLARNIA	POL	K40-44	14	K 87				00:21:05	00:42:33.55	8:30	7.1
201	KUBIE DOMINIK	312		BYDGOSZCZ	POL	M-DISABLED	10	M 114	1			00:20:58	00:42:41.60	8:32	7
202	WIŚNIEWSKI KRYSZTIAN	440		BYDGOSZCZ	POL	M-DISABLED	11	M 115	1			00:20:42	00:42:43.25	8:32	7
203	ŚWIRNIAK KRYSZYNA	420		STRZEGOM	POL	K60-64	8	K 88				00:21:23	00:42:50.45	8:34	7
204	LUDWICZAK OSKAR	328		BYDGOSZCZ	POL	M-DISABLED	12	M 116	1			00:20:44	00:43:03.50	8:36	7
205	ZŁAKOWSKA KORINA	458		ZIELONA GÓRA	POL	K40-44	15	K 89				00:21:17	00:43:18.50	8:39	6.9
206	WÓJCIK IRENA	447		OLEŚNICA	POL	K70+	5	K 90				00:21:37	00:43:21.65	8:40	6.9
207	YANG LIQIANG	450		BEIJING	CHN	M50-54	9	M 117				00:21:07	00:43:22.95	8:40	6.9
208	GWÓZDŹ DANUTA	308		SZCZYTNA	POL	K60-64	9	K 91				00:21:21	00:43:25.75	8:41	6.9
209	GABIS ELŻBIETA	245		NYSA	POL	K55-59	11	K 92				00:21:27	00:43:27.35	8:41	6.9
210	BŁĘDOWSKA AGATA	470		LEGNICA	POL	K30-39	15	K 93				00:22:13	00:43:52.20	8:46	6.8
211	WOJNAROWSKA MAŁGORZATA	442		KAMIENIEC WROCŁAWSKI	POL	K30-39	16	K 94				00:21:59	00:43:58.15	8:47	6.8
212	KOLBUSZ JANINA	293		LUBIN	POL	K65-69	4	K 95		1		00:21:50	00:44:01.25	8:48	6.8
213	KULBAS-LEŚNA ALEKSANDRA	471		LEGNICA	POL	K30-39	17	K 96				00:22:15	00:44:03.20	8:48	6.8

**LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h
214	PUSTELNIK ELŻBIETA	361		LEGNICA	POL	K30-39	18	K 97				00:21:40	00:44:09.15	8:49	6.8
215	BOSEK GRZEGORZ	220		BYDGOSZCZ	POL	M-DISABLED	13	M 118	1			00:22:23	00:44:11.10	8:50	6.8
216	BOSEK EWA	219		BYDGOSZCZ	POL	K-DISABLED	4	K 98	1			00:22:23	00:44:11.30	8:50	6.8
217	JAGODZIŃSKA BOŻENA	275		WROCLAW	POL	K55-59	12	K 99				00:21:45	00:44:12.80	8:50	6.8
218	SOKOŁOWSKA WERONIKA	390		AUGUSTÓW	POL	K18-29	5	K 100				00:21:46	00:44:15.20	8:51	6.8
219	KOWALCZYK MAGDALENA	301		WROCLAW JELENIA GÓRA	POL	K18-29	6	K 101				00:22:10	00:44:15.85	8:51	6.8
220	TABOŁA MARTA	485		LEGNICA	POL	K30-39	19	K 102				00:21:58	00:44:25.35	8:53	6.8
221	SZAŁAJ ALEKSANDRA	410		WROCLAW	POL	K30-39	20	K 103		1		00:21:58	00:44:29.10	8:53	6.7
222	ŚLUSARCZYK KAROLINA	419		PRUDNIK	POL	K-CHILD	2	K 104				00:21:37	00:44:42.80	8:56	6.7
223	GORZELA MARCIN	257		JUSTYNÓW	POL	M40-44	14	M 119				00:22:08	00:44:50.30	8:58	6.7
224	MIKITIUK BEATA	344		KOSZALIN	POL	K40-44	16	K 105				00:22:36	00:44:50.50	8:58	6.7
225	GAJEWSKA ALEKSANDRA	246		GORZÓW WIELKOPOLSKI	POL	K55-59	13	K 106				00:22:14	00:44:56.40	8:59	6.7
226	ZABŁOTNA KATARZYNA	451		LEGNICA	POL	K40-44	17	K 107				00:22:26	00:44:59.00	8:59	6.7
227	ROMANIUK KRYSZYNA	372		KOLBUSZOWA	POL	K50-54	13	K 108				00:22:22	00:44:59.90	9:00	6.7
228	ŁUCZYSZYN STANISŁAWA	330		KRUSZYNA	POL	K65-69	5	K 109				00:21:58	00:45:15.40	9:03	6.6
229	SUPERNAT JAN	464		LEGNICA	POL	M70+	9	M 120				00:22:21	00:45:23.45	9:04	6.6
230	KONOPIŃSKA DARIA	296		LUBIN	POL	K30-39	21	K 110				00:22:35	00:45:34.15	9:06	6.6
231	PIERZCHAŁA IZABELA	359		LUBIN	POL	K30-39	22	K 111				00:22:37	00:45:35.65	9:07	6.6
232	PLEBAŃCZYK ANNA	360		LEGNICA	POL	K30-39	23	K 112				00:22:51	00:45:36.90	9:07	6.6
233	CHOLEWA MARIA	224		SZCZYTNA	POL	K65-69	6	K 113				00:22:42	00:45:41.35	9:08	6.6
234	WLAZLO ELŻBIETA	441		KOLBUSZOWA	POL	K70+	6	K 114		1		00:22:30	00:45:41.90	9:08	6.6
235	GÓRAL PAULA	258		BYDGOSZCZ	POL	K-DISABLED	5	K 115	1			00:21:37	00:45:48.35	9:09	6.5
236	MACHAJEK KRZYSZTOF	332		POLKOWICE	POL	M60-64	16	M 121				00:22:36	00:46:03.80	9:12	6.5
237	TYSIAK CZESŁAWA	431		SZCZYTNA	POL	K70+	7	K 116				00:22:30	00:46:20.00	9:16	6.5
238	GRYGOROWICZ TERESA	269		LUBIN	POL	K60-64	10	K 117				00:22:44	00:46:24.55	9:17	6.5
239	FOLLHER JAGODA	242		BYDGOSZCZ	POL	K-DISABLED	6	K 118	1			00:21:40	00:47:37.00	9:31	6.3
240	LOBERT-SUPERNAT EWA	465		LEGNICA	POL	K60-64	11	K 119				00:23:24	00:47:38.60	9:31	6.3
241	FRAGER ANTON	243		BLEIBURGER	AUT	M65-69	11	M 122				00:23:23	00:47:48.25	9:33	6.3
242	BIJAK EWA	212		SZCZYTNA	POL	K65-69	7	K 120				00:23:26	00:47:50.80	9:34	6.3
243	KAPECKA KRYSZYNA	284		SZCZYTNA	POL	K65-69	8	K 121				00:23:27	00:47:51.65	9:34	6.3
244	TYLUTKI ANDRZEJ	469		TARNOBRZEG	POL	M45-49	9	M 123				00:24:11	00:48:34.90	9:43	6.2
245	DORUCH EWA	480		LUBIN	POL	K55-59	14	K 122				00:23:54	00:48:54.85	9:47	6.1
246	TATARYNOWICZ EUGENIUSZ	421		NOWE MIASTECZKO	POL	M70+	10	M 124		1		00:24:24	00:49:26.20	9:53	6.1
247	WIDAWSKI ANDRZEJ	435		WROCLAW	POL	M45-49	10	M 125				00:25:41	00:51:53.70	10:22	5.8
248	JANYST BARBARA	279		JUSTYNÓW	POL	K60-64	12	K 123				00:24:28		9:47	6.1
249	JANCZAK-NALEWAJ KRYSZYNA	276		JUSTYNÓW	POL	M65-69	12	M 126				00:24:28		9:47	6.1
250	OLEJCZYK RENATA	353		ZATOR	POL	K45-49	13	K 124				00:26:12		10:28	5.7
DQ	GRASSL JOHANN	260		BISCHOFSWIESEN	GER	M60-64	DQ	DQ			1	00:16:33	00:33:28.80	-	-
DQ	SIWAK PIOTR	383		RUDNA	POL	M55-59	DQ	DQ			1	00:15:11	00:33:37.70	-	-
DQ	MAJCHERCZYK WACŁAW	475		CZELADŹ	POL	M70+	DQ	DQ			1	00:19:59	00:39:49.10	-	-
DQ	ZACZYŃSKA ANNA	452		LUBIN	POL	K30-39	DQ	DQ			1	00:15:39	DQ	-	-

**LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Disabled	Żół. kartki	Czer. kartki	2.5km	Netto	min/km	km/h	
DQ	GRIMM DIRK	261		RODING	GER	M30-39	DQ	DQ				1	DQ	DQ	-	-
DQ	RZEPKA ARTUR	377		BYDGOSZCZ	POL	M-DISABLED	DQ	DQ	1			1	DQ	DQ	-	-
DQ	LICKIEWICZ EWA	325		BOLESŁAWIEC	POL	K40-44	DQ	DQ				1	DQ	DQ	-	-