

NORDIC WALKING - 5 KM

Organizator: Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej
Data: 2023-04-22
Miejsce: Police
Dystans: 5 km
Klasyfikacja wg czasów brutto.



NORDIC WALKING - 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	RAJEWSKI SEBASTIAN	368	NW CZŁAPSKI TEAM	PIŁA	POL	M50	1	M 1	00:16:25	00:33:35.55	00:33:35.55	6:43	8.9
2	MASŁYK MAŁGORZATA	348		PYRZYCE	POL	K50	1	K 1	00:17:38	00:35:24.65	00:35:24.65	7:04	8.5
3	MASŁYK DARIUSZ	349		PYRZYCE	POL	M60+	1	M 2	00:17:47	00:35:39.00	00:35:39.00	7:07	8.4
4	FILIPIAK PRZEMYSŁAW	312		POLICE	POL	M40	1	M 3	00:18:31	00:37:08.15	00:37:08.15	7:25	8.1
5	MURAWSKA WIOLETTA	356	KB DZIK POLICE	POLICE	POL	K50	2	K 2	00:18:32	00:37:26.85	00:37:26.85	7:29	8
6	OLEJNIK MARZENA	361		SZCZECIN	POL	K50	3	K 3	00:18:51	00:37:54.25	00:37:54.25	7:34	7.9
7	SOWISZ ADRIANNA	379	SOWISZ TEAM	SZCZECIN	POL	K20	1	K 4	00:19:02	00:38:22.95	00:38:22.95	7:40	7.8
8	ZDANUK ARTUR	398	EKSPEDYCJA NORDIC TEAM SZCZECIN	PRZĘSOCIN	POL	M50	2	M 4	00:19:01	00:38:45.05	00:38:45.05	7:45	7.7
9	MISIEWICZ BOŻENA	354		CHOJNA	POL	K60+	1	K 5	00:19:13	00:38:53.65	00:38:53.65	7:46	7.7
10	STAŃCZAK MARCIN	380	IDĘ DALEJ	SZCZECIN	POL	M30	1	M 5	00:19:05	00:39:00.55	00:39:00.55	7:48	7.7
11	BŁĄD-WASZKIEWICZ WANDA	306		SZCZECIN	POL	K40	1	K 6	00:19:19	00:39:17.90	00:39:17.90	7:51	7.6
12	WEINAR WOJCIECH	392	OLA & WOJTEK	SZCZECIN	POL	M30	2	M 6	00:19:13	00:39:27.75	00:39:27.75	7:53	7.6
13	WARKOCZYŃSKI MARCIN	393		SZCZECIN	POL	M40	2	M 7	00:19:40	00:40:19.05	00:40:19.05	8:03	7.4
14	SKORNIA KRZYSZTOF	376	GRUPA AZOTY "POLICE"	POLICE	POL	M40	3	M 8	00:19:48	00:40:41.05	00:40:41.05	8:08	7.4
15	KARLIKOWSKI ŁUKASZ	323		SZCZECIN	POL	M30	3	M 9	00:20:00	00:40:52.70	00:40:52.70	8:10	7.3
16	KRUŻBERSKA KATARZYNA	333		SZCZECIN	POL	K20	2	K 7	00:20:57	00:41:07.55	00:41:07.55	8:13	7.3
17	MALINOWSKA MARZENA	346		POLICE	POL	K50	4	K 8	00:20:10	00:41:08.90	00:41:08.90	8:13	7.3
18	SZUBERT-ADAMSKA EWELINA	386	FUTYMKA TEAM	PRZĘSOCIN	POL	K50	5	K 9	00:20:30	00:41:28.45	00:41:28.45	8:17	7.2
19	MARCINKOWSKI TOMASZ	347		SZCZECIN	POL	M30	4	M 10	00:21:07	00:41:33.05	00:41:33.05	8:18	7.2
20	SZYMANEK BOGUSŁAWA	388	WALKING WARRIORS	SZCZECIN	POL	K60+	2	K 10	00:20:41	00:41:53.80	00:41:53.80	8:22	7.2
21	GÓRSKA AGNIESZKA	316		SZCZECIN	POL	K40	2	K 11	00:20:44	00:42:02.55	00:42:02.55	8:24	7.1
22	BUJNOWSKA ANITA	307		SZCZECIN	POL	K30	1	K 12	00:21:10	00:42:10.10	00:42:10.10	8:26	7.1
23	MUSZKIET-SOBAŃSKA AGNIESZKA	357	MUFFINKOWE MORSY	SZCZECIN	POL	K40	3	K 13	00:21:06	00:42:59.85	00:42:59.85	8:35	7
24	SOWISZ DANUTA	378	SOWISZ TEAM	SZCZECIN	POL	K50	6	K 14	00:21:40	00:43:01.00	00:43:01.00	8:36	7
25	SOROCZYŃSKA MAJA	377		POLICE	POL	K20	3	K 15	00:21:29	00:43:01.15	00:43:01.15	8:36	7
26	SAJEWICZ MAGDALENA	371	WALKING WARRIORS	PRZECŁAW	POL	K30	2	K 16	00:21:22	00:43:15.35	00:43:15.35	8:39	6.9
27	LEWANDOWSKA DOROTA	336		POLICE	POL	K40	4	K 17	00:21:29	00:43:16.40	00:43:16.40	8:39	6.9
28	JURCZYK ANNA	322	FUTYMKA TEAM	PRZĘSOCIN	POL	K30	3	K 18	00:21:21	00:43:33.80	00:43:33.80	8:42	6.9
29	FUTYMA KAROLINA	314	FUTYMKA TEAM	POLICE	POL	K30	4	K 19	00:21:29	00:43:47.95	00:43:47.95	8:45	6.9
30	PARCHIMOWICZ JANUSZ	365		PRZECŁAW	POL	M60+	2	M 11	00:21:23	00:44:10.35	00:44:10.35	8:50	6.8
31	FALEŃSKI RAFAŁ	311		SZCZECIN	POL	M40	4	M 12	00:21:28	00:44:11.80	00:44:11.80	8:50	6.8
32	KARPOW ADRIANA	325		SZCZECIN	POL	K40	5	K 20	00:21:52	00:44:13.35	00:44:13.35	8:50	6.8
33	MATWIEJCZUK AGNIESZKA	350	FUTYMKA TEAM	SZCZECIN	POL	K40	6	K 21	00:21:51	00:44:17.80	00:44:17.80	8:51	6.8
34	BETKER ADAM	302	NSP ELAN VITAL	POLICE	POL	M20	1	M 13	00:22:12	00:44:19.55	00:44:19.55	8:51	6.8
35	NOWAK ANETA	360		POLICE	POL	K50	7	K 22	00:22:53	00:44:20.75	00:44:20.75	8:52	6.8
36	MAZIUK ELŻBIETA	351		SZCZECIN	POL	K50	8	K 23	00:22:04	00:44:42.35	00:44:42.35	8:56	6.7
37	ŁUKOMSKA-MOCYDLARZ ANNA	342		SZCZECIN	POL	K40	7	K 24	00:22:27	00:44:53.35	00:44:53.35	8:58	6.7
38	PIŁAWSKA MAŁGORZATA	366		POLICE	POL	K50	9	K 25	00:22:06	00:45:00.10	00:45:00.10	9:00	6.7
39	KAROL AGNIESZKA	324	TEAM KAROLKI	POLICE	POL	K50	10	K 26	00:22:03	00:45:24.80	00:45:24.80	9:04	6.6
40	ORLIŃSKA NATALIA	363		SZCZECIN	POL	K40	8	K 27	00:23:15	00:45:25.60	00:45:25.60	9:05	6.6
41	ORLIŃSKA MAGDALENA	364		POLICE	POL	K40	9	K 28	00:23:19	00:45:34.90	00:45:34.90	9:06	6.6
42	KONDIOLA MARIA	330	NIE DOTYCZY	SZCZECIN	POL	K60+	3	K 29	00:23:02	00:45:35.85	00:45:35.85	9:07	6.6
43	ZEMANKIEWICZ ŁUKASZ	399	DRUŻYNA KORCZAKA	SZCZECIN	POL	M40	5	M 14	00:22:29	00:45:47.80	00:45:47.80	9:09	6.6
44	JANEK JUSTYNA	320		SZCZECIN	POL	K30	5	K 30	00:23:19	00:46:04.00	00:46:04.00	9:12	6.5
45	STEINKA BOŻKA	381		SZCZECIN	POL	K60+	4	K 31	00:22:57	00:46:04.25	00:46:04.25	9:12	6.5
46	GÓRSKI MICHAŁ	317		SZCZECIN	POL	M30	5	M 15	00:23:19	00:46:04.85	00:46:04.85	9:12	6.5

NORDIC WALKING - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
47	SAJEWICZ PIOTR	372	WALKING WARRIORS	PRZECLAW	POL	M50	3	M 16	00:22:52	00:46:07.95	00:46:07.95	9:13	6.5
48	BIERNACKA HELENA BIERNACKA	305	NIEZRZESZONA	POLICE	POL	K60+	5	K 32	00:22:59	00:46:15.55	00:46:15.55	9:15	6.5
49	ŁUKOJĆ BERNADETTA	341		SZCZECIN	POL	K50	11	K 33	00:23:02	00:46:23.60	00:46:23.60	9:16	6.5
50	UFNIARZ GRZEGORZ	391		POLICE	POL	M40	6	M 17	00:23:28	00:46:31.45	00:46:31.45	9:18	6.4
51	ROSIŃSKA KAROLINA	370		TANOWO	POL	K30	6	K 34	00:23:25	00:46:43.65	00:46:43.65	9:20	6.4
52	MIKLAS ALEKSANDRA	353	WALKING WARRIORS	PRZECLAW	POL	K30	7	K 35	00:23:16	00:46:51.00	00:46:51.00	9:22	6.4
53	KOZA JOANNA	331		POLICE	POL	K40	10	K 36	00:23:44	00:46:53.45	00:46:53.45	9:22	6.4
54	WOLSKA SYLWIA	395		SZCZECIN	POL	K40	11	K 37	00:23:12	00:47:16.75	00:47:16.75	9:27	6.3
55	FORCZMAŃSKA ANGELIKA	313	SOSW NR 1 DNR	SZCZECIN	POL	K20	4	K 38	00:23:15	00:47:25.15	00:47:25.15	9:29	6.3
56	ZAJĄC BOŻENA	396	LEGENDARY POWER SZEWC	DALESZEWO	POL	K60+	6	K 39	00:24:42	00:47:57.95	00:47:57.95	9:35	6.3
57	KRAWCZYK BARBARA	332	FUTYMKA TEAM	POLICE	POL	K50	12	K 40	00:23:43	00:48:48.05	00:48:48.05	9:45	6.1
58	KLITYŃSKA AGNIESZKA	328		DOBRA	POL	K40	12	K 41	00:24:06	00:49:02.40	00:49:02.40	9:48	6.1
59	LITWINIAK IZABELA	338	FUTYMKA TEAM	GOLENIÓW	POL	K40	13	K 42	00:24:51	00:49:28.30	00:49:28.30	9:53	6.1
60	MICHAŁAK MONIKA	352	FUTYMKA TEAM	POLICE	POL	K40	14	K 43	00:24:41	00:49:28.55	00:49:28.55	9:53	6.1
61	ZDANKIEWICZ OLGA	397		MIERZYN	POL	K40	15	K 44	00:23:53	00:49:33.45	00:49:33.45	9:54	6.1
62	KASPRZAK ELŻBIETA	326		POLICE	POL	K60+	7	K 45	00:24:17	00:49:34.85	00:49:34.85	9:54	6.1
63	GAZECKA KRYSZYNA	315		POLICE	POL	K60+	8	K 46	00:24:25	00:49:38.35	00:49:38.35	9:55	6
64	STRZELCZAK-CYBULSKA AGNIESZKA	382		SZCZECIN	POL	K40	16	K 47	00:24:43	00:49:43.25	00:49:43.25	9:56	6
65	SEK DOMINIK	374	SOSW NR 1 DNR	STARGARD	POL	M20	2	M 18	00:23:12	00:49:57.50	00:49:57.50	9:59	6
66	SWJATECKI JERZY	400	ZESPOL SZKOL ELEKTRYCZNIK ELEKTRONICZNY	SZCZECIN	POL	M60+	3	M 19	00:24:37	00:49:59.90	00:49:59.90	9:59	6
67	PRZYBYSZ URSZULA	367		SZCZECIN	POL	K20	5	K 48	00:24:53	00:50:03.70	00:50:03.70	10:00	6
68	JAGUSZEWSKA SYLWIA	319		POLICE	POL	K40	17	K 49	00:24:37	00:50:31.10	00:50:31.10	10:06	5.9
69	ŁACINA KAROLINA	339		POLICE	POL	K40	18	K 50	00:25:04	00:50:45.20	00:50:45.20	10:09	5.9
70	WOJDAK ŻANETA	394		POLICE	POL	K30	8	K 51	00:25:08	00:50:50.35	00:50:50.35	10:10	5.9
71	CEBEREK-PŁOTCZYK MARCELINA	308		SZCZECIN	POL	K60+	9	K 52	00:25:12	00:50:52.15	00:50:52.15	10:10	5.9
72	SZYDELSKA KRYSZYNA	387	NORDICOWELOVE	POLICE	POL	K60+	10	K 53	00:25:11	00:51:06.65	00:51:06.65	10:13	5.9
73	SWINARSKI JAN	385	NORDICOWE LOVE	POLICE	POL	M60+	4	M 20	00:25:11	00:51:07.75	00:51:07.75	10:13	5.9
74	KNAP SYLWIA	329		SZCZECIN	POL	K30	9	K 54	00:25:38	00:51:41.70	00:51:41.70	10:20	5.8
75	KWIATKOWSKA ANGELIKA	335	SOSW NR 1 DNR	POLICE	POL	K20	6	K 55	00:25:49	00:52:06.90	00:52:06.90	10:25	5.8
76	ROSIK JOANNA	369		SZCZECIN	POL	K60+	11	K 56	00:25:59	00:52:11.65	00:52:11.65	10:26	5.7
77	MACIASZCZYK ZBIGNIEW	343		SZCZECIN	POL	M60+	5	M 21	00:25:59	00:52:13.50	00:52:13.50	10:26	5.7
78	MAJCHROWSKA MAGDALENA	344		SZCZECIN	POL	K30	10	K 57	00:25:54	00:52:23.15	00:52:23.15	10:28	5.7
79	TARGOSIŃSKA WIOLETTA	389		POLICE	POL	K40	19	K 58	00:25:54	00:52:24.40	00:52:24.40	10:28	5.7
80	CIEŚLAK ADAM	309	LEGENDARY POWER SZEWC	GRYFINO	POL	M60+	6	M 22	00:26:06	00:52:41.20	00:52:41.20	10:32	5.7
81	CIEŚLAK HELENA	310	LEGENDARY POWER SZEWC	GRYFINO	POL	K50	13	K 59	00:26:02	00:52:42.00	00:52:42.00	10:32	5.7
82	BETKER ANNA	303	KS ZADYSZKA	POLICE	POL	K40	20	K 60	00:26:05	00:53:04.05	00:53:04.05	10:36	5.7
83	AMBROZIEWICZ MONIKA	300		SZCZECIN	POL	K40	21	K 61	00:26:49	00:54:09.45	00:54:09.45	10:49	5.5
84	OLSZEWSKA KAMILA	362		SZCZECIN	POL	K30	11	K 62	00:26:48	00:54:10.90	00:54:10.90	10:50	5.5
85	GURGACZ GABRIELA	318	WALKING WARRIORS	BEZRZECZE	POL	K40	22	K 63	00:28:06	00:56:32.00	00:56:32.00	11:18	5.3
86	SAJEWICZ BOŻENA	373	WALKING WARRIORS	PRZECLAW	POL	K60+	12	K 64	00:28:58	00:57:50.40	00:57:50.40	11:34	5.2
87	BAK KATARZYNA	301	FUTYMKA TEAM	PRZESOCIN	POL	K40	23	K 65	00:28:29	00:58:03.30	00:58:03.30	11:36	5.2
88	JANOWSKA-PASZKOWSKA JOANNA	321		SZCZECIN	POL	K40	24	K 66	00:28:37	00:58:43.25	00:58:43.25	11:44	5.1
89	SUSZCZEWSKA BOGUMIŁA	384	WALKING WARRIORS	PRZECLAW	POL	K60+	13	K 67	00:29:15	01:00:29.35	01:00:29.35	12:05	5
90	NAZIMEK MIECZYŚLAWA	358	WALKING WARRIORS	WARZYMICE	POL	K60+	14	K 68	00:29:17	01:00:30.90	01:00:30.90	12:06	5
91	NOWAK MIROSLAW	359	WALKING WARRIORS	PRZECLAW	POL	M60+	7	M 23	00:29:16	01:00:31.20	01:00:31.20	12:06	5