

VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 4KM (AMATORZY)

Organizator: Regionalne Centrum Sportowe Sp. z o.o.
Data: 2016-10-09
Miejsce: Lubin
Dystans: 4 km
Klasyfikacja wg czasów netto.



VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 4KM (AMATORZY), OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | 2km | Netto | min/km | km/h |
|------|-------------------------|-----|-------------------------------------|-------------------|------|--------|--------|------|-------------|----------|-------------|--------|------|
| 1 | CHAMIELEC BOGUSŁAW | 704 | A EMERYT BIEGA/LUBIN | LUBIN | POL | M46+ | 1 | M 1 | | 00:15:57 | 00:31:51.95 | 7:58 | 7.5 |
| 2 | WIERCHANOWSKI BOGDAN | 723 | KS METRACO POLKOWICE | GOLCZEWO | POL | M46+ | 2 | M 2 | | 00:16:07 | 00:32:24.75 | 8:06 | 7.4 |
| 3 | DUSZEŃKO ZYGMUNT | 725 | | LUBIN | POL | M46+ | 3 | M 3 | 1 | 00:16:14 | 00:33:06.75 | 8:16 | 7.2 |
| 4 | CHUDZIŃSKI ANDRZEJ | 701 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | | M46+ | 4 | M 4 | | 00:16:33 | 00:33:15.05 | 8:18 | 7.2 |
| 5 | PASIŃSKA-SKOWRON SYLWIA | 714 | PRUSZYŃSKI NORDIC WALKING | SKAŁA KOŁO OJCOWA | POL | K19-45 | 1 | K 1 | | 00:16:55 | 00:34:12.00 | 8:33 | 7 |
| 6 | MIKOŁAJCZAK JAN | 728 | KS METRACO POLKOWICE | LEGNICA | POL | M46+ | 5 | M 5 | | 00:16:43 | 00:34:28.50 | 8:37 | 7 |
| 7 | KRZYŻANOWSKI WOJCIECH | 709 | | BYDGOSZCZ | POL | M46+ | 6 | M 6 | | 00:17:35 | 00:35:49.35 | 8:57 | 6.7 |
| 8 | BAJ STANISŁAW | 702 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA | POL | M46+ | 7 | M 7 | | 00:17:50 | 00:36:27.85 | 9:07 | 6.6 |
| 9 | KONASZCZUK AGNIESZKA | 696 | KB LEW LEGNICA | LEGNICA | POL | K19-45 | 2 | K 2 | 1 | 00:17:46 | 00:36:31.70 | 9:08 | 6.6 |
| 10 | BAJ DANUTA | 703 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA | POL | K46+ | 1 | K 3 | 1 | 00:18:01 | 00:36:32.10 | 9:08 | 6.6 |
| 11 | PYKA TOMASZ | 726 | | LUBLINIEC | POL | M19-45 | 1 | M 8 | | 00:18:36 | 00:37:37.60 | 9:24 | 6.4 |
| 12 | STRZELECKA MAŁGORZATA | 740 | SAILING TEAM FERAJNA | PIŁA | POL | K19-45 | 3 | K 4 | | 00:19:19 | 00:38:27.50 | 9:37 | 6.2 |
| 13 | KOZŁOWSKA AGNIESZKA | 729 | DYNAMIC | POZNAŃ | POL | K19-45 | 4 | K 5 | | 00:19:17 | 00:38:27.70 | 9:36 | 6.2 |
| 14 | URBAN JACEK | 721 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | M46+ | 8 | M 9 | | 00:19:02 | 00:38:34.05 | 9:38 | 6.2 |
| 15 | STRZELECKI SEBASTIAN | 730 | SAILING TEAM FERAJNA | PIŁA | POL | M19-45 | 2 | M 10 | | 00:20:13 | 00:39:22.65 | 9:50 | 6.1 |
| 16 | SZAŁAJ ANNA | 699 | METRACO POLKOWICE | LUBIN | POL | K46+ | 2 | K 6 | | 00:19:33 | 00:39:33.10 | 9:53 | 6.1 |
| 17 | GROBELNA JADWIGA | 705 | KS METRACO POLKOWICE | LUBIN | POL | K46+ | 3 | K 7 | | 00:19:48 | 00:39:45.90 | 9:56 | 6 |
| 18 | JARYSZ AGNIESZKA | 700 | DYNAMIC | OBORNIKI | POL | K19-45 | 5 | K 8 | | 00:19:36 | 00:39:48.30 | 9:57 | 6 |
| 19 | JAŚ JOLANTA | 707 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | K46+ | 4 | K 9 | | 00:19:40 | 00:39:58.60 | 9:59 | 6 |
| 20 | PACYNNA HELENA | 713 | KS METRACO POLKOWICE | POLKOWICE | POL | K46+ | 5 | K 10 | | 00:20:21 | 00:40:48.80 | 10:12 | 5.9 |
| 21 | PRAŁAT GRAŻYNA | 716 | STOWARZYSZENIE AZYMUT MÓRKOWO | ŻAKOWO | POL | K46+ | 6 | K 11 | | 00:20:55 | 00:42:12.20 | 10:33 | 5.7 |
| 22 | SZUMIŁO KLARA | 718 | | LEGNICA | POL | K19-45 | 6 | K 12 | | 00:21:03 | 00:42:27.40 | 10:37 | 5.7 |
| 23 | PACHUCKA KATARZYNA | 712 | | LUBIN | POL | K19-45 | 7 | K 13 | | 00:21:21 | 00:42:33.90 | 10:38 | 5.6 |
| 24 | WIŚNIEWSKA MARIOLA | 724 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | K46+ | 7 | K 14 | | 00:22:05 | 00:44:58.80 | 11:14 | 5.3 |
| 25 | SZUMIŁO PIOTR | 719 | | LEGNICA | POL | M46+ | 9 | M 11 | | 00:22:09 | 00:44:59.25 | 11:14 | 5.3 |
| 26 | IGLIŃSKA MARIA | 706 | STOWARZYSZENIE AZYMUT MÓRKOWO | GONIEMBICE | POL | K46+ | 8 | K 15 | | 00:22:01 | 00:45:18.95 | 11:19 | 5.3 |
| 27 | GRYGOROWICZ TERESA | 695 | KS METRACO POLKOWICE | LUBIN | POL | K46+ | 9 | K 16 | | 00:22:21 | 00:46:51.35 | 11:42 | 5.1 |
| 28 | TYLUTKI ANDRZEJ | 720 | HELLBOY TEAM | TARNOBRZEG | POL | M46+ | 10 | M 12 | | 00:24:21 | 00:49:36.45 | 12:24 | 4.8 |
| 29 | MACHAJEK KRZYSZTOF | 710 | KS METRACO POLKOWICE | POLKOWICE | POL | M46+ | 11 | M 13 | | 00:24:22 | 00:49:36.45 | 12:24 | 4.8 |
| 30 | WIDAWSKI ANDRZEJ | 722 | | WROCŁAW | POL | M46+ | 12 | M 14 | | 00:25:58 | 00:52:42.45 | 13:10 | 4.6 |
| 31 | BIŁYK BARBARA | 727 | SANTANDER CONSUMER BANK | NOWA JABŁONA | POL | K19-45 | 8 | K 17 | | 00:26:10 | 00:52:44.10 | 13:11 | 4.6 |
| 32 | TEODOROWSKA JOANNA | 698 | | LUBIN | POL | K46+ | 10 | K 18 | | 00:26:00 | 00:52:44.50 | 13:11 | 4.5 |
| 33 | MICIUŁA ZBIGNIEW | 711 | | ŚWIDNICA | POL | M46+ | 13 | M 15 | | 00:24:46 | 00:54:01.30 | 13:30 | 4.4 |

VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 4KM (AMATORZY), K19-45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | 2km | Netto | min/km | km/h |
|------|-------------------------|-----|---------------------------|-------------------|------|--------|--------|------|-------------|----------|-------------|--------|------|
| 1 | PASIŃSKA-SKOWRON SYLWIA | 714 | PRUSZYŃSKI NORDIC WALKING | SKAŁA KOŁO OJCOWA | POL | K19-45 | 1 | K 1 | | 00:16:55 | 00:34:12.00 | 8:33 | 7 |
| 2 | KONASZCZUK AGNIESZKA | 696 | KB LEW LEGNICA | LEGNICA | POL | K19-45 | 2 | K 2 | 1 | 00:17:46 | 00:36:31.70 | 9:08 | 6.6 |
| 3 | STRZELECKA MAŁGORZATA | 740 | SAILING TEAM FERAJNA | PIŁA | POL | K19-45 | 3 | K 4 | | 00:19:19 | 00:38:27.50 | 9:37 | 6.2 |
| 4 | KOZŁOWSKA AGNIESZKA | 729 | DYNAMIC | POZNAŃ | POL | K19-45 | 4 | K 5 | | 00:19:17 | 00:38:27.70 | 9:36 | 6.2 |
| 5 | JARYSZ AGNIESZKA | 700 | DYNAMIC | OBORNIKI | POL | K19-45 | 5 | K 8 | | 00:19:36 | 00:39:48.30 | 9:57 | 6 |
| 6 | SZUMIŁO KLARA | 718 | | LEGNICA | POL | K19-45 | 6 | K 12 | | 00:21:03 | 00:42:27.40 | 10:37 | 5.7 |
| 7 | PACHUCKA KATARZYNA | 712 | | LUBIN | POL | K19-45 | 7 | K 13 | | 00:21:21 | 00:42:33.90 | 10:38 | 5.6 |
| 8 | BIŁYK BARBARA | 727 | SANTANDER CONSUMER BANK | NOWA JABŁONA | POL | K19-45 | 8 | K 17 | | 00:26:10 | 00:52:44.10 | 13:11 | 4.6 |

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|------|----------------------|-----|----------------------|-----------|------|--------|--------|------|-------------|----------|-------------|--------|------|
| 1 | PYKA TOMASZ | 726 | | LUBLINIEC | POL | M19-45 | 1 | M 8 | | 00:18:36 | 00:37:37.60 | 9:24 | 6.4 |
| 2 | STRZELECKI SEBASTIAN | 730 | SAILING TEAM FERAJNA | PIŁA | POL | M19-45 | 2 | M 10 | | 00:20:13 | 00:39:22.65 | 9:50 | 6.1 |

VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 4KM (AMATORZY), K46+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | 2km | Netto | min/km | km/h |
|------|--------------------|-----|--------------------------------|------------|------|------|--------|------|-------------|----------|-------------|--------|------|
| 1 | BAJ DANUTA | 703 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA | POL | K46+ | 1 | K 3 | 1 | 00:18:01 | 00:36:32.10 | 9:08 | 6.6 |
| 2 | SZAŁAJ ANNA | 699 | METRACO POLKOWICE | LUBIN | POL | K46+ | 2 | K 6 | | 00:19:33 | 00:39:33.10 | 9:53 | 6.1 |
| 3 | GROBELNA JADWIGA | 705 | KS METRACO POLKOWICE | LUBIN | POL | K46+ | 3 | K 7 | | 00:19:48 | 00:39:45.90 | 9:56 | 6 |
| 4 | JAŚ JOLANTA | 707 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | K46+ | 4 | K 9 | | 00:19:40 | 00:39:58.60 | 9:59 | 6 |
| 5 | PACYNĄ HELENA | 713 | KS METRACO POLKOWICE | POLKOWICE | POL | K46+ | 5 | K 10 | | 00:20:21 | 00:40:48.80 | 10:12 | 5.9 |
| 6 | PRAŁAT GRAŻYNA | 716 | STOWARZYSZENIE AZYMUT MÓRKOWO | ŻAKOWO | POL | K46+ | 6 | K 11 | | 00:20:55 | 00:42:12.20 | 10:33 | 5.7 |
| 7 | WIŚNIEWSKA MARIOLA | 724 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | K46+ | 7 | K 14 | | 00:22:05 | 00:44:58.80 | 11:14 | 5.3 |
| 8 | IGLIŃSKA MARIA | 706 | STOWARZYSZENIE AZYMUT MÓRKOWO | GONIEMBICE | POL | K46+ | 8 | K 15 | | 00:22:01 | 00:45:18.95 | 11:19 | 5.3 |
| 9 | GRYGOROWICZ TERESA | 695 | KS METRACO POLKOWICE | LUBIN | POL | K46+ | 9 | K 16 | | 00:22:21 | 00:46:51.35 | 11:42 | 5.1 |
| 10 | TEODOROWSKA JOANNA | 698 | | LUBIN | POL | K46+ | 10 | K 18 | | 00:26:00 | 00:52:44.50 | 13:11 | 4.5 |

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|------|-----------------------|-----|-------------------------------------|------------|------|------|--------|------|-------------|----------|-------------|--------|------|
| 1 | CHAMIELEC BOGUSŁAW | 704 | A EMERYT BIEGA/LUBIN | LUBIN | POL | M46+ | 1 | M 1 | | 00:15:57 | 00:31:51.95 | 7:58 | 7.5 |
| 2 | WIERCHANOWSKI BOGDAN | 723 | KS METRACO POLKOWICE | GOLCZEWO | POL | M46+ | 2 | M 2 | | 00:16:07 | 00:32:24.75 | 8:06 | 7.4 |
| 3 | DUSZEŃKO ZYGMUNT | 725 | | LUBIN | POL | M46+ | 3 | M 3 | | 00:16:14 | 00:33:06.75 | 8:16 | 7.2 |
| 4 | CHUDZIŃSKI ANDRZEJ | 701 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | | M46+ | 4 | M 4 | 1 | 00:16:33 | 00:33:15.05 | 8:18 | 7.2 |
| 5 | MIKOŁAJCZAK JAN | 728 | KS METRACO POLKOWICE | LEGNICA | POL | M46+ | 5 | M 5 | | 00:16:43 | 00:34:28.50 | 8:37 | 7 |
| 6 | KRZYŻANOWSKI WOJCIECH | 709 | | BYDGOSZCZ | POL | M46+ | 6 | M 6 | | 00:17:35 | 00:35:49.35 | 8:57 | 6.7 |
| 7 | BAJ STANISŁAW | 702 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA | POL | M46+ | 7 | M 7 | | 00:17:50 | 00:36:27.85 | 9:07 | 6.6 |
| 8 | URBAN JACEK | 721 | STOWARZYSZENIE AZYMUT MÓRKOWO | LESZNO | POL | M46+ | 8 | M 9 | | 00:19:02 | 00:38:34.05 | 9:38 | 6.2 |
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| 10 | TYLUTKI ANDRZEJ | 720 | HELLBOY TEAM | TARNOBRZEG | POL | M46+ | 10 | M 12 | | 00:24:21 | 00:49:36.45 | 12:24 | 4.8 |
| 11 | MACHAJEK KRZYSZTOF | 710 | KS METRACO POLKOWICE | POLKOWICE | POL | M46+ | 11 | M 13 | | 00:24:22 | 00:49:36.45 | 12:24 | 4.8 |
| 12 | WIDAWSKI ANDRZEJ | 722 | | WROCŁAW | POL | M46+ | 12 | M 14 | | 00:25:58 | 00:52:42.45 | 13:10 | 4.6 |
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